

Colleges/Universities face tuition hike

Cash crunch for students as fees rise again

BY ANDREW MCKAY
News Reporter

Ontario's colleges and universities face a massive tuition hike over the next two years, with the provincial government expecting loans and families to make up the difference.

The Ontario government announced on December 19 that schools will be able to raise tuition fees by an average of 10 per cent in each of the next two years. That number is flexible, meaning some programs may be subject to a higher increase, as long as the overall hike remains at 10 per cent per year. In addition, fees for post-diploma courses may be raised at the discretion of the school, with no maximum level.

Wayne Poirier, Ontario chairperson of the Canadian Federation of Students, said the increase will keep some people from attending school, and will financially cripple others.

"Middle and higher-income kids are the ones getting the greatest benefit out of university."

-Mike Harris

"(Tuition hikes) will lead to a deterrent education system," Poirier said. "There will be programs available only to wealthy people, and other programs for poor people."

The new guidelines call for a freeze on operating grants to Ontario schools next year, and a 1 per cent increase in 1999-2000. By that time, an additional \$50 million will be allocated by the province for the Ontario Student Assistance Plan (OSAP), as the province prepares for a greater reliance by students on the loan program.

Premier Mike Harris told reporters that people with money benefit from post-secondary education, and they should be expected to pay for it.

"Students can afford it"

"Middle and higher-income kids are the ones getting the greatest benefit out of university, the ones most likely to be able to earn higher incomes as a result (of

education) and our goal here is to apportion the costs fairly," Harris said after the hikes were announced. Harris said the money families save through the provincial income tax cut, nearing 30 per cent, should offset the cost of extra tuition fees.

SAC president Shirley Forde disagreed. Forde said the government is ignoring the other costs involved with school; as well, as families often have more than one child in the post-secondary system.

"A family with three kids in university can be paying \$10,000 a year, just for tuition," Forde said. "If the parents had to pay for books, transportation, and paid for it all, they wouldn't be middle class for very long."

Humber student Roi Gonsalves said the provincial government

already have enough financial concerns, and rising tuition only hurts.

"If you're paying for yourself, you have to go through financial aid. We do what we can, but it's to the downfall of everyone if we can't afford it anymore."

Humber's Vice-president of Administration, Rod Rork, said the fee hike should not be seen as a money grab by the school. He said that almost a third of the increase will go towards the work-study program, which sets up jobs for students within the school.

"Students will benefit"

"It's a key component of the school," Rork said. "Our payroll for work-study is approaching \$1 million a year."

Rork also said the provincial guidelines do not guarantee that

matters as reducing class sizes, hiring more staff, and improving laboratories and computer labs.

But Poirier said the guidelines are unmanageable, not specific, and open to abuse.

"Every administration has found a way, with this kind of hike, to maximize the increase to the highest allowable level," Poirier said. "The government puts in vague regulations, and doesn't have the means to follow up."

Poirier used the Ontario Student Opportunity Trust Fund as an example. A year and a half after the OSOTF program was implemented, Poirier said his organization still has not seen the accounting from the province on the fund's management.

"They can't give us any stats on how the schools are using our

will not have repaid their loans," Poirier said. He said that because women and minorities generally have lower-paying jobs, they are stuck with their loans for a longer time, all the while paying interest on the remaining amount. Poirier also claimed that the introduction of ICRPs has always been related to fee hikes.

Students stage protests

The CFS is calling for an immediate freeze on tuition, as well as a national system of grants. Poirier said the grant program is the only way to reduce student debts, rather than just manage them.

Poirier disagrees with the Premier's statement that middle and higher-class students benefit from school, and should pay for it.

"That's the most ridiculous thing I've ever heard," Poirier said. "High tuition does the exact opposite; it prevents the lower-class from getting ahead, and creates unnatural barriers. If the middle and upper-class are benefiting, then that should be addressed through the tax system."

"That's the most ridiculous thing I've ever heard."

**-Wayne Poirier,
responding to Mike
Harris' claim**

CFS has organized a city-wide protest for January 28. Plans call for separate student walkouts at area universities, as well as a high school walkout and rally at Queen's Park at 1 p.m. There will be a joint walkout at King and Bay at 2 p.m..

SAC's view

Humber SAC has no plans to organize a similar demonstration. Shirley Forde said the council does not advocate such rallies, which she said amount to screaming and vandalism, without doing anything constructive. SAC Vice-president external Cameron Swimm, who is also the acting president of the Ontario

Community Colleges Student Parliamentary Association (OCCSPA), is instead arranging letter-writing campaigns, and has been meeting with local MPP's to explain OCCSPA's position on the hikes. Forde expects the matter to be raised at the next SAC meeting on January 21, but has little hope that any changes can be made.

"There's not much you can really do about it at this time," Forde said.

Boards of governors at universities and colleges may, where they deem it necessary to improve the quality of students' programs, choose to increase average tuition fees by up to five per cent in 1998-99 and up to a further five per cent in 1999-2000.

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If boards of governors decide to invest in additional educational program improvements, they may choose to approve an additional increase of up to five per cent in each of these two years.

Individual institutions will also have discretion to set tuition fees for graduate and professional programs at universities, for post-diploma programs at colleges, and for other college programs where job opportunities for graduates are virtually guaranteed and income after graduation is substantial.

Students will be queuing up for more tuition fees at the Admissions and Registration desks in Ontario colleges and universities

should be encouraging students to continue their education, but reliance on loans dissuades prospective candidates from enrolling.

"I feel that, as the future of the business, they should be trying to help us," the second-year Marketing student said. "Some people who might be good entrepreneurs end up dropping out, because the loans are too difficult to pay when they get out of school."

Gonsalves said students

Humber's tuition fees will increase by the maximum amount. Rork said that similar guidelines were attached to the last tuition increase in February 1997.

"With the last increase, none of the programs' fees went up by more than 10 per cent," Rork said. Only half the 10 per cent hike will be across the board; the other half is contingent on the school enriching programs and the curriculum. The guidelines state that the extra increase must be used for such

money," Poirier said.

Poirier also disputed the government's assertion that, through the Income-Contingent Recovery Program, Ontario students can affordably borrow money for their education. Under the proposed ICRP, students will repay their loans based on their salary after graduation. Poirier said the program leads to an endless debt load, and adversely affects minorities.

"Our studies have shown that after 25 years, a quarter of women

Et Cetera



PHOTO BY GREGORY DI CRESCA

Humber Faculty Union Representative Maureen Wall still ready to negotiate for the Union's original bargaining mandate.

Union claims colleges bargaining in bad faith

The Union's top priorities include salary increase and job security

BY GREGORY DI CRESCA
News Reporter

The beat goes on and on and on.

Negotiations between the faculty union and college management have found yet another way to run aground, when on December 5, the union bargaining team filed an allegation of Bargaining in Bad Faith against the management team to the College Relations Commission. The Commission began dealing with the charge on January 8.

"We are doing this because we believe their actions are hindering the bargaining process. Maybe they think that by spreading misinformation they can undermine the union's position," said the Chair of the Academic Negotiating Team, Ted Montgomery. "They just don't seem able to negotiate with the elected union team."

What sparked the charge was the attempt by the management team to attach an "explanation" to its October 16 concession package, which the faculty were being asked to vote on. And though the document didn't end up being

attached to the concession offer it was still distributed through regular management channels to faculty.

The October 16 package was rejected by 95 per cent of the faculty.

"We were surprised at this action [the charge of bargaining in bad faith]," said Co-Chair of the Management Bargaining Team, Roy Murray.

"We have proposed on three occasions that a mediator be invited to join the bargaining process to assist the parties in resolving their differences."

Montgomery said a mediator has been rejected thus far by the faculty union because no significant movement has been made on the part of management to address any of the union's top priorities.

"It's all take and no give," said Humber's Faculty Union Representative Maureen Wall. "As it stands now we have made absolutely no progress on our demands."

The union's top priorities as outlined in their original bargaining mandate include: job security, increasing the academic role of the professor, a salary increase, and no concessions, especially with regards to the Standard Work Formula – the formula which defines how faculty's work time is to be used.

The "no concessions" man-

date of the union seems to indicate to management that the union never really had any intention of negotiating in the first place, said Humber's Director of Human Resources, Nancy Hood.

"No concession," said Montgomery, "doesn't mean no movement, we have told them this over and over and over again."

"We have proposed on three occasions that a mediator be invited to join the bargaining process."

-Roy Murray

If the conclusions drawn at the informal January 8 meeting at the Commission do not come through, then a formal proceeding will begin at the end of the month or early February. While this charge is before the Commission, no negotiation will take place.

And so, the beat still goes on.

Humber rez refuge for a storm victim from Queen's University

Student stays at Humber rez as shelters are overcrowded in Kingston

BY LOUISE SHERIDAN

News Reporter

A resident of Humber College has given one Queen's University student refuge as the "ice storm of the century" forces thousands in Eastern Ontario and Quebec to take cover.

"We were just sitting around talking and the power went out. We had no idea why the power went out. About 12:30 a.m. on Wednesday night, we saw a bright green flash out in the sky. It was a transformer that had blown," said Melissa Whitfield, a first-year Consecutive Education student at Queen's University in Kingston.

Whitfield is originally from Sault Ste. Marie and arrived in Etobicoke Saturday night to stay with Danielle Potvin, a first-year Humber journalist student living in the Humber College residence.

Whitfield decided to stay with Potvin as the mood turned somber and the shelters overcrowded in Kingston. She has been at Humber College for five days and heads home today.

"The first night, Wednesday, everyone was really excited because the power was out. The next night everyone went out to the pub. As it went on, people got really depressed. They wanted to be able to go back to residence and listen to CD's and take a shower," said Whitfield.

Most students left their residences by Saturday and Whitfield says the school chartered a bus to Toronto at a cost of \$15 per student.

The ice storm that has ravaged the picturesque landscape of Queen's University has forced thousands of students to head home as residences across campus were evacuated due to loss of heat, hydro and food facilities.

For those left behind, Queen's is offering refuge to students and the community at large in the school gym where people can take a shower and eat hot meals.

"No one noticed anything till the next morning. We went out and trees were down everywhere.

It was really messy but really beautiful at the same time. Trees were coated in ice, like crystals. There were tree branches hanging from power lines," said Whitfield.

The damage in Kingston is extensive and for those in the "ghetto", a strip of student housing close to the university, many are saying it could be over week before heat and hydro are restored.

Security is another issue plaguing Queen's students. Residences were evacuated Saturday night and many students say they felt uneasy about leaving behind computers and other expensive equipment.

"Our residence was completely accessible. When the power went out, the magnet locks shut off. People could get in and out



PHOTO BY LOUISE SHERIDAN

The ice storm forced Melissa Whitfield to seek refuge at Humber Residence for five days.

of the building easily. I locked my bedroom door," said Whitfield.

Classes are expected to resume today but it is unknown whether power supply will be restored by then.

"In terms of money, they have to rebuild the entire electrical infrastructure of Kingston," said Whitfield.

Whitfield says she doesn't know what she will be returning to as she heads back to a city covered in ice and scattered tree branches.

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Humber students catch crooks

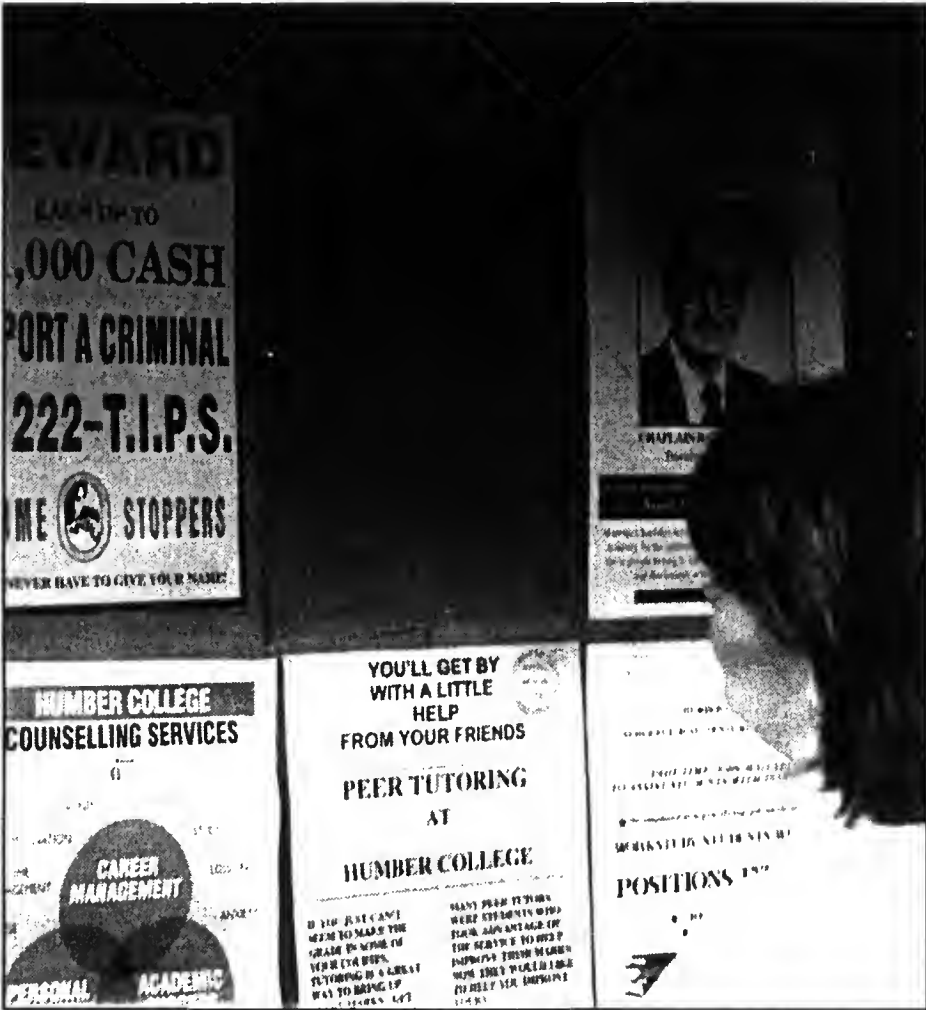


Photo By Jennifer McLaughlin

Student tipsters helped lead Crime Stoppers to over 400 arrests in the greater Toronto area during 1997.

Tipsters help Metro police take a bite out of crime

BY JENNIFER McLAUGHLIN
News Reporter

January is Crime Stoppers Month at Humber and this year Crime Stoppers announced a very successful student program.

Humber College implemented the first student Crime Stoppers program in 1995.

In a news conference at Police Headquarters on Monday, Phillip Glavin, co-ordinator of the Toronto Crime Stoppers, said the student program is now in place at 43 schools in the Toronto area including public, secondary and post-secondary schools.

In an interview, Student Crime Stoppers Co-ordinator, Lou Zeni explained how schools get involved.

"Normally, I approach the school with a booklet of infor-

mation. I leave my business card for them to call or I call them back," he said.

It was a conversation between Zeni and Gary Jeynes, director of Physical Resources and Services at Humber, that got the Student Crime Stoppers program started.

"We thought it was a good opportunity to assist us within the college," Jeynes said.

Jeynes is also the chair of the Toronto program.

"It creates an awareness and allows us to publish crimes on campus.

Crime Stoppers can offer a cash reward for information."

Cash rewards don't have to be for published crimes either.

Crime Stoppers also relies on the media to aid them in solving crimes.

On Wednesday Jan. 14, Crime Stoppers held their media appreciation night.

"Humber's radio station [received] an award for its 'crime of the week' reports," said Lorne Simon, Humber faculty member and Crime Stoppers board member.

Humber has also been instrumental in helping other

schools get involved in Student Crime Stoppers by hosting two Student Crime Stoppers conferences attended by more than 500 students from the Toronto area.

If students see criminal action, they can call Crime Stoppers with a tip. That tip is then passed on to a liaison officer who decides what action should be taken.

"Crime Stoppers allows students the choice to make their school a better place. They can call from the privacy of their own home or from a pay phone. We don't have call display or anything like that. They know when they call that they'll never have to go to court to testify," Zeni said.

Tipsters are given a secret number they can use on a later date to find out what happened with their tip.

This year Crime Stoppers received over 2,600 tips.

These tips led to over 400 arrests across the greater Metropolitan area.

Anyone with information about a crime can report it to Crime Stoppers by calling (416) 222 - TIPS.

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SAC Notice of Co-options

Make the most of your time at Humber! Get involved in the Students' Association Council by planning events, voting on important student issues, meeting new friends and having lots of fun. Co-option is a process that entitles members of the student body to join SAC. You must have and maintain a 65 per cent grade point average and be nominated by classmates. For more information, please visit the SAC office.

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School of Hospitality, Recreation & Tourism	2

Lakeshore Campus

Reps Required

School of Liberal Arts & Sciences	1
School of Business	1
School of Performing Arts	3
School of Social & Community Services	3



Courtesy Photo

Meet John Gribben: He's the new chair on the Board of Governors.

New BOG Chair

BY JORDAN H. GREEN
News Reporter

Humber College has a new face on the Board of Governors (BOG).

John Gribben was elected the new BOG chair in September. He replaced past chair Michael Lishnak.

Gribben, appointed to the board in 1993 and in his second three year term, was a vice-chair for the City of York as a public school trustee and has been involved in recent negotiations between the teachers and the Metro and York school boards.

"Gribben emerged as a logical choice through the other members of the board," said Humber's president Robert Gordon.

Humber's volunteer board is made of 17 members, chosen by the provincial Council of Regents and the administration, according to Doris Tallon, the associate to the president.

All other BOG members are elected for three year terms, except the student representative who is elected every year.

The chair position is also a one year term, with elections held

every September.

Although every year there is a new board chair, Gordon doesn't expect Gribben to take the board in any new directions.

"I don't think so," said Gordon, but added "I'm sure he'll put his own stamp on it."

The chair's job is simply to maintain the structure of the board, keep the meetings interesting and moving, according to Gordon.

"They have to be capable of running meetings," commented Gordon on the characteristics of a good board chair. "They have to be interesting, so they have to have a sense of humor."

Gribben is "a good chair," according to Gordon, who also said all the chairs he's worked with have been good chairs.

Gribben says the big issue BOG will deal with this year is the budget.

"I think we'll have to wrestle with the budget issue again, and the fee structure," said Gribben.

Gribben's second term on the board expires this year in September.

Bright prospects for theatre arts grads

BY JANE DIORRETTA P. TAGUICANA
News Reporter

Humber College Theatre Arts graduates who would like to pursue a career in teaching, can now acquire a degree with only two more years of university.

In a new partnership between the University of Windsor and the college, graduates can now advance to the third year of a Bachelor of Fine Arts program.

To be accepted a graduate needs to be in good standing, needs to complete an audition, should have been out of school for a year or less and should have a recommendation from Humber's Artistic Director, Mark

Schoenberg.

"It is for someone who's interested in broadening their employment scope," Schoenberg said. Although Schoenberg admits that it is not for everyone, "it is still a terrific opportunity."

The partnership started last April and allows students to acquire both a degree and a diploma in five years. In order to teach, a Masters degree or Bachelor in Fine Arts degree is required.

Schoenberg said Humber's Theatre program is rated in the top ten among Canadian colleges and universities and he hopes it will stay that way.

"I would like to think that as we continue to build and to develop that, our graduates will be recognized as being the best in Canada, and that's an ongoing work for us—the search for recognition," Schoenberg said.

Despite all these advancements, Schoenberg admitted something is still missing.

"We would like Humber College students to support us more than they do. Although the administration recognizes the importance of our program, our plays are not attended even when it's cheaper than a movie. We'd like to welcome people. Come and see what we do."

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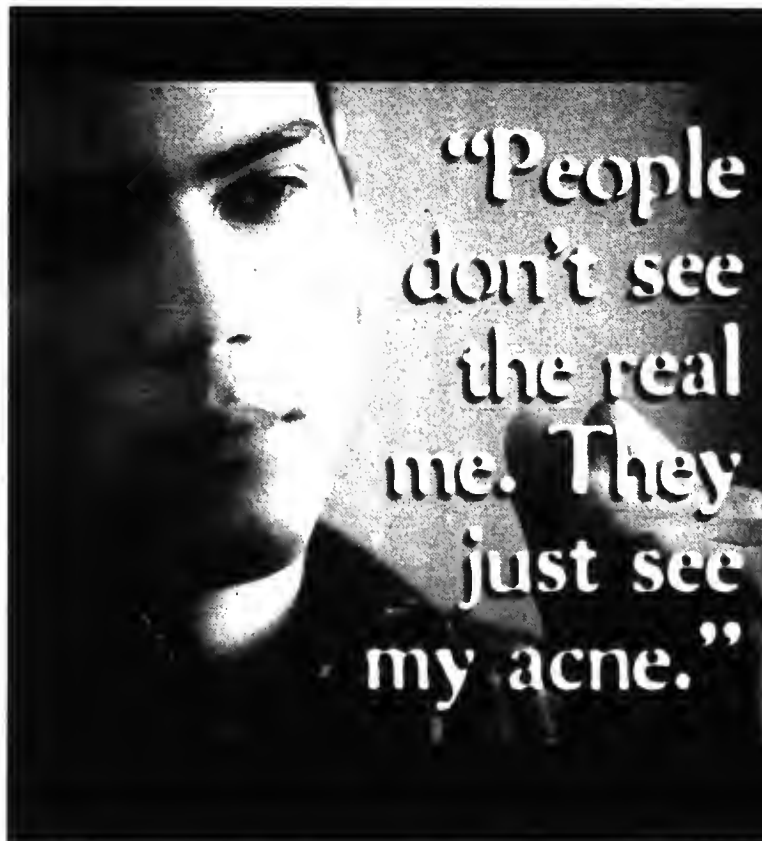
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Et Cetera Editorial

Another 20 per cent!

Ernie Eves, the Ontario Minister of Finance, still doesn't know what he's doing. But he does know he won't be giving the province's colleges and universities enough to survive.

To cover cuts in education spending students will have to pick up the slack to the tune of an additional 20 per cent in tuition fees. This increment is on top of the 30 per cent increase imposed since the conservative government took office three years ago.

With college tuition more than doubling in the last decade, statistics show middle and upper income students are over represented in Ontario's stellar centres of higher learning. An additional increase in individual education expenses will only enhance this stratification and higher education will be even less accessible, in a province that prides itself on a classless society.

Although Eves says he will divide up 30 per cent of the most recent increase to help needy students, it will not help students employed full time and others who do not qualify for loans and grants. More students will drop out because they just don't have the money.

Even those who do qualify for government handouts, will have an increased debt load. The bill for post secondary graduates already averages \$25,000. Perhaps Eves thinks that just because his stats tell us the economy is booming, everyone will find jobs in their fields of study immediately and be able to pay it back before they are 40 years old.

The institutions themselves will suffer as less qualified students who can pay will be chosen over the more qualified, who can't.

Ernie, do you really not know what you are doing? Or do you not have the "common sense" to tell us?

Eagleson done you wrong

Canadians live and breath hockey.

That's why, when Alan Eagleson put a black mark on the sport the country dropped its gloves. But what about the players he banished to oblivion?

As president of the National Hockey League Players Association (NHLPA), Eagleson swindled dozens of players from 1967 to 1991. Last week the US Courts imposed a CDN \$1 million fine and a year's probation, while Canadian courts put Eagleson in jail for 18 months. Though satisfying to see him finally brought to justice, it's by no means a final victory for the victims. As it is, it took almost six years for Eagleson to accept plea bargains in both countries. The most shocking part of the story may be yet to come. Lawyers for the class action suit, filed by former players, claim Eagleson was in collusion with NHL team owners to artificially suppress salaries. This from a man paid to look out for the players' best interests.

Canadians are happy to see that, once again, the "system" worked. But where was the system for the players 10 years ago? As early as 1976 Eagleson's handling of the NHLPA's cash flow was suspect. In 1988 player agent Rich Winter wrote the paper credited with starting the downfall of the hockey czar. While Eagleson was misappropriating funds, players suffered.

This is where the "real" story lies, behind the headlines.

Behind names like Gordie Howe, Bobby Orr, Phil Esposito, and Brad Park are names like Dallas Green, Dave Forbes, Rick Hampton, and Glen Sharpley. Unlike the stars, they didn't profit from their names and images. They were unable to make up money stolen from them by signing autographs and making personal appearances, because no one cared. Just like now. No one cares about Green or Forbes because their images don't sell and won't make people turn on the nightly news.

Alan Eagleson is a crook who disgraced an entire country and sport. He embezzled money from the NHLPA. He embezzled money from the players he represented and he will pay for it.

But so will the players we forget. Gordie Howe has been vindicated. But what about Rick Hampton? He'll stand in the shadows and get by, because the spotlight just isn't big enough.



Professional baseball is not my game

BY NANCY LARIN

At this time of year, thoughts turn to spring. Don't rush it. I love the winter. I love the snow and ice. And, there's no baseball!

Now, I want an unbiased opinion. You don't have to tell me your real name or worry about reprisals, but don't you think watching pro baseball is boring?

I mean the game, not the carnival in the stands.

SkyDome encourages the festival by limiting beer sales to two at a time, forcing spectators to get up for more, and party. Action on the field occurs only in long intervals so fans needn't worry about jiving on the way back. Occasionally an adult male will traipse around a diamond, but, more often, bored fans raise their arms and stand up in alternating rows to form a human wave.

And fans who leave after the seventh inning stretch get the best

bar seats at Gretzky's.

Many a day is made when a player attacks an umpire. But, if I need mayhem and treachery I will set my kids to cleaning their room.

Admittedly the city benefits from baseball. Hotels, Labatts, and McDonalds take in a few dollars. Even Taiwanese sweat shops benefit from the trinkets and trash sold. That's okay, as long as it isn't my cash and I don't have to store the stuff.

But this is small potatoes

Players get the big bucks. No one deserves a seven figure income for playing ball. I'm not alone in this thinking. Baseball lost a lot of fans when players struck a few years ago, demanding exponential increases.

But, what really digs in is the Jays' players are not born, raised or trained in Toronto. A Canadian Blue Jay is a rare bird. Where do the millions of dollars

paid in salaries go?

Still, broadcasters fill the airwaves, journalists fill the papers, and players fill their wallets as the media makes these guys celebrities. Media copywriters use the personalities in their ads, graphic designers design the trinkets and t-shirts, and public relations professionals pick up the pieces.

On Victoria Day, I too absorb the outfield sun at the local diamond, until someone yells: "Come on in!" when we run to the coolers by the net. Once in a while we stand in the dirt waving a three-foot stick at a three-inch sphere. The game is over when a) the pitcher gets hungry or b) the kids have to go to the bathroom.

Baseball is how we celebrate spring. It's also an excuse to get together.

Just like professional sports. Give me an ice storm.

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The more things change, the more they stay the same

BY ANDREW MCKAY

The new Toronto megacity is like an old Steven Wright joke: "I woke up this morning and everything I owned had been stolen and replaced with an exact replica."

Whether or not you stayed in the GTA during the holidays, Etobicoke disappeared. At the stroke of midnight on January 1, Etobians were assimilated into the City of Toronto. But not alone. People in Scarborough, North York, East York and York became citizens of the fifth largest city in North America. Only New York, Los Angeles, Chicago and Mexico City are bigger.

But has anything really changed?

The answer, in a nutshell, is ... kinda.

The Toronto Transition Team, headed by former Metro Chair Alan Tonks, issued a report to serve as a guideline for the new council in their restructuring of city services and bylaws. But,

besides the council voting itself pay hikes and increased staff levels, things in Toronto will continue much as they were before amalgamation; at least in the foreseeable future.

Emergency Services

The interim Toronto website says there will be no change in fire, ambulance, or police services, at least for now. However, the police will be called Toronto Police Services.

Infrastructure

Infrastructure issues will be handled through the new council. Previously, Metro council was responsible for major roads and expressways, while other issues were handled by the local municipalities.

Bylaws, Licences, etc.

Even though Etobicoke is gone, services such as marriage licences, birth and death registrations, or questions relating to local bylaws are handled through the Etobicoke Civic Service Centre, at 399 the West Mall, co-

incidentally the old City Hall.

The New Council

Your councillor will meet with the other 54 councillors at Metro Hall, unless the meeting is ceremonial (citizenship rites, baby-kissing, etc.), in which case they'll meet at Toronto City Hall. However, this is only until Toronto builds a new city hall, to be erected next to Toronto City Hall; just to confuse tourists.

Local Government

Etobicoke city council suffered the same fate as the city hall. Day-to-day operations, formerly administered by the cities themselves, will be taken care of by a community council, headed by one of the new councillors. This means the new Etobicoke Civic Service Centre, which used to be called City Hall, will hold community council meetings, doing what the old city council did, and will likely be administered by Doug Holyday, the former mayor of Etobicoke. But really, everything has changed. Honest.

Other Issues

Snow removal and garbage pickup will continue to be handled by the community, until Toronto council decides to make them a city-wide program. Any questions should be directed to the Civic Service Centre.

Bylaw Enforcement

Bylaw infractions may provide the steepest challenge to a "seamless" transition. Nobody knows how tickets are going to be effected. Will a city of Etobicoke parking ticket hold up in court, if there is no city of Etobicoke? Councillor Howard Mosco said Toronto council is waiting for the first court challenge to see how the situation will be handled.

"We don't expect there will be any problems, but a judge might want to play around with this thing," he said. "We'll see how it goes."

Money

Ah, the real issue. Piggybacked with the amalgamation process was a mass down-

loading of services from the provincial to municipal level. Our new mayor, Mel Lastman, estimates this will cost Toronto \$164 million. Trying to save his election credibility, the mayor struck a deal with the provincial government. The new Toronto will receive an interest-free loan of over \$200 million so that tax levels won't change. The loan is to be repaid with savings from the amalgamation. Still, it must be repaid in three years. No interest, no money down until 2001. Who's better than the Tories? Noobody.

There you have it. A thousand monkeys locked in a room of typewriters may not produce the collected works of William Shakespeare, but a hundred politicians arguing about the Megacity for a year have managed to toss six cities and a borough around so often, they came out looking almost exactly the same, except Etobicoke no longer exists. Really.

Resolution evolution

BY BETHANY LEE

What will be different about this year for you?

No doubt, you promised yourself this will be the year you get in shape, quit smoking, recycle diligently or tip the socially appropriate 20 per cent.

Staring endlessly at images on CNN a short time after New Year's day, I tried to imagine how my year will be better than last.

I could only recall the night before, when I walked up Spadina from a bar, complaining that I was cold, drunk and wishing I could be under my fluffy duvet. I had work to do the next morning.

My partner in crime walked fast, then slow. He couldn't make up his mind about something, it seemed. We'd just blown tons of money at a swanky bar; felt fabulously rich. We spoiled ourselves and were happy to be flirting

with the rest of Toronto. We had fun shirts on with raging collars. What more could we want?

In the early morning scene we saw vendors ending their night of hot dog selling. We talked to street kids, from Quebec, happily walking their dogs. They told us they were happy to be here because Toronto streets had fewer problems. We talked to as many people as we could along the way. A group of kids loaded their van after playing a gig. "No," they said, they didn't make enough to pay the bills, but played their music, because it mattered.

We asked ourselves "why?" Why did we, day in and day out, do the same thing? Did we go to our jobs because we care about what we do, or because we made a real difference in someone's life? Or is it because we are cogs, and it's just easier to keep doing the same thing over and over,

avoiding the painful dip of the toe into the pool of change?

Eventually we landed in a cab, heading north. Our cab driver was from Somalia. We wanted his story. Wasn't he angry about the "Somalia Affair"? I felt sick as I realized we used a catch phrase to describe Canadian military atrocities in Africa. But it was simplified, and it was what we knew.

Lying on my couch the next day, I winced as I thought of the previous night. I'd been through this before. Other years I promised I would do something, only to fall right back into my routine.

I resolved I would not change my mind this time. I would not fall into my routine. I vowed that I wouldn't forget what I said and felt, talking to all the people the night before.

I know this year will be different.

wire

campus

University of New Hampshire

Where He is queen and She is king. The University of New Hampshire is holding a drag queen contest. Contestants don't have to be gay to dress up. Just have fun.

Organizer Jill Wolski says "It's kind of outrageous; it's fun, and it's a big part of the gay culture."

University of California at San Diego

Call it one wicked brew. Six researchers at the University of California at San Diego were rushed to the hospital after drinking coffee laced with the neurotoxic chemical acrylamide. Police are investigating.

University of California at Davis

Yitzak Rabin's Widow, Lea Rabin spoke on "Perspectives on Peace and the Future of the Middle East." She said the peace process is underway but is dependant on the encouragement of future leaders.

"Today we are witnessing European countries drawing together mutual organizations that would be there to protect the peace and not let war happen."

Good Canadian



Mr./Ms. Anonymous

When 16-year-old Drew Jurecka left his prized violin on a TTC car he never thought he'd see it again. As a student at the Royal Conservatory of Music, his \$10,000 violin was everything to him.

Jurecka advertised a \$500 reward in papers and on news stations across Toronto, but things were looking pretty grim.

However, on Sunday he learned his beloved violin had been returned to the Conservatory and was locked in the Dean's office until he could confirm it was the right one.

It was, but the person who returned it remains a mystery and whoever that person is, he or she hasn't claimed the reward or made his or her identity public. Whoever the person is, he or she is definitely a "Good Canadian."



Bad Canadian



Alan Eagleson



After bilking the NHLPA and the NHL of millions of dollars Eagleson is now going to pay for his crimes. His smug little, "I haven't done anything wrong" attitude came crashing down last Wednesday as he pleaded "guilty" to a packed courtroom.

Eagleson is looking at 18 months in jail. He cannot pass Go and collect two hundred dollars. Not only that, there's talk that his Order of Canada will be revoked (appropriately so) and his plaque in the Hockey Hall of Fame removed.

All that befalls him, no matter how harsh, is what he deserves. There are only so many people a person can swindle before someone catches on and nails you for it.

Eagleson brought this upon himself and has no one but himself to blame for losing the game.

Good Canadian, Bad Canadian is brought to you by Darren Leroux

Et Cetera

January 15 - 21, 1998

On Campus

Winners on the web

BY JORDAN H. GREEN
Campus Reporter

Five Humber students walked away with contracts from a major corporation this month.

Students Fran Grasso, Jeremy Littler, Margaret Gdyczynski, Attilio Porretta and



PHOTO BY JORDAN H. GREEN

Joseph Marrello didn't see much future in design until the Internet caught on.

Joseph Marrello, of the new one-year Multimedia and Internet Management Program placed in the top ten of Stentor's Multimedia '98 competition held late last year. Stentor is the alliance of 11 Canadian telecommunications companies including heavy weights Bell Canada, BC TEL and SaskTel.

Each of the ten finalist groups won a \$2,500 design contract with Stentor.

"They [Stentor] organized a competition where they sought the best of new talent in Canada," said James Cullin, Humber's program coordinator.

The students, who were paired in teams, had to design and create web pages about disaster relief.

"In a nation-wide contest, three of the 10 finalists [teams] came from Humber," boasted Cullin. "[This] speaks to the high calibre of students that we

attract."

Other schools with winners in the top ten include Concordia University, Red River Community College, Confederation College and Seneca College.

Red River and Humber College boast the most winners, with three teams placing in the top ten.

"This sort of recognition can only highlight Humber's leading edge status as a provider of media arts training in Canada," said Cullin.

Gdyczynski said "I was pretty excited about having work right away," when she heard about her success in the competition.

Disbelief was Marrello's first reaction upon hearing he was one of the finalists.



PHOTO BY JORDAN H. GREEN

Margaret Gdyczynski got into the digital age at the Ontario College of Art, before coming to Humber.

"I was away from home when I got the e-mail from my brother and he just left it on my bed. It felt all right, it felt good."

The winning entries can be found at:
www.stentor.ca/mm98/mmwin.htm

Students paying for students

BY JEN CARTER
Campus Reporter

Service fees, paid by every Humber College student, are being used to help finance the education of students in financial need. The Ontario Student Opportunity Trust Fund (OSOTF) is a grant program created by the Ontario government, colleges and universities to help students finance their education.

Judy Harvey, Dean of Student Services at Humber College, said student money accounts for nearly 70 per cent of the funds raised by the college for the OSOTF. "\$178,880 was student money - making students the largest donor."

The Student Council (SAC) and the Council of Student

Affairs (CSA) donated \$178,880 to the OSOTF in 1994, the first year of the program. "Most of what we have in hand is from them," said Harvey.

The provincial government has matched dollar for dollar giving Humber College a grand total of \$526,837 for the OSOTF.

Twenty-six Humber students have received grants of \$500 each; two per cent of the money raised - \$13,405.

"It's a pittance!" said Ashkon Hashemi, a researcher with the Canadian Federation of Students. "The money being [given out] doesn't even cover the tuition increase!"

Harvey explained, "We can only use the interest on that money [raised]," she said. "So, that's why the actual number of

bursaries and the actual dollar amount we've given out seems small, compared to what's endowed."

Hashemi called the provincial OSOTF program "propaganda" and said the government and the colleges are not dealing

with the real problem.

"Students are going into massive debt!" he said. "It's like giving five cents to a homeless person, then saying, 'We're solving poverty!'"

The federal government has released statistics that show students graduating in 1998 will likely face an average student loan debt of \$25,000.

According to the latest Task Force on Youth, entitled Renewing Student Assistance in Canada, "Canada's undergraduate students now owe more than students of any American or European country... Even at Yale University, one of the most expensive and prestigious universities in the U.S., the average undergraduate debt is only \$18,225 Canadian."

Japan and Canada are the only countries in the world that don't have a national system of grants for students.

"Most low income students who go to school in the United States get grants which cover their tuition and expenses," said Hashemi. "We don't have endowments like that in Canada which is why the debt loads are so high."

what's up?

Counselling Department

Humber's Counselling Department is offering five free seminars entitled, Successful Learning Strategies, on five consecutive Fridays starting January 16. Topics include time management, taking notes and preparing for exams. Register in room D128 or by calling (416) 675-5090.

Intermural Sports Teams

The last day to sign up for intermural Floor Hockey, Co-ed Volleyball, Indoor Soccer, Basketball, Singles Badminton and/or Ice Hockey is January 20. See Jim Bialek, in Athletics, for details on Curling.

SAC

SAC declares Jan. 21, Weedless Wednesday. Meet members of the Lung Association and the Etobicoke Health Department in the Concourse.

Culinary Management

The 2nd year Culinary students are celebrating traditional Japanese cuisine in the Humber Room on January 19 at 6 p.m. Tickets are \$25.

Caps

The Campus pub will make you laugh at their comedy afternoon from 2 p.m. January 21.

Humber Environmental Action Team

Free food and drink in the student centre on Jan 21 from 10 a.m. to 2 p.m. as you become acquainted with HEAT.

Women's Volleyball

Humber plays against Durham College on January 21, starting at 6 p.m.

Men's Volleyball

The team plays Mohawk college at 8 p.m. Jan 22.

How to Apply?

Applications for an Ontario Student Opportunity Trust Fund grant are available at the Financial Aid, Student Services and SAC offices.

Et Cetera Biz/Tech

9

Save money: Stay in school

Loan official says no grace period if not returning

BY PATRICK BIRIKORANG
News Reporter

Students with federal and provincial loans who keep their full-time status don't have to worry if interest rates go up.

However, students who don't return to school full-time will be affected by higher rates during their six month grace period if interest rates keep going up, said Pamela Hill, team support specialist at CIBC's National Student Center.

The Bank of Canada has been raising interest rates recently to bolster a weak Canadian dollar. The Canadian dollar is now worth around 69 cents U.S.

Hill said the government pays any interest that is accumulated on the loans while students are in school full time, so students don't have to worry about interest accumulating on their loans.

"Students will have to send us the appropriate forms from their Financial Aid Offices to confirm that they are back in school. That will let us keep their loans in student status. As long as we know they are in school full time, the government pays the interest on

their loans," she said.

Hill said, however, students not returning to school will have a grace period of six months before they have to start repaying their loans.

"But what will happen is that during that period, interest will accumulate on both their federal and provincial loans which they will be responsible for," she said.

Hill said, on federal loans interest will accumulate at the prime rate at the time the loan was taken out plus 2.5 per cent. She said people in repayment of their loans have a current interest rate of 8.5 per cent because prime rate is at six per cent.

"This is when you've finished classes and when you do not advise us that you will be back to school full time," she said.

Hill said, student loans attract a floating interest rate. However, once a student formally goes into repayment he can opt for a fixed prime rate plus 5 per cent.

"Several clients prefer to take advantage of the floating interest rate because it is prime rate plus 2.5 per cent and they would rather have any extra payment that they make go to pay down the principal of their loans," she said.

Hill also said student loans are open loans, so if for example, during the six months grace period a



PHOTO BY PATRICK BIRIKORANG

Students wait in line to pick up their OSAP cheques.

student gets a job right away, he or she can make early voluntary payments on their loans.

"There is no penalty for that and it is a very effective way of managing the interest that has accumulated on your loans," said Hill.

In reaction to the issue, second-year Humber Architectural Technician student, Josephine Mensa believes if interest rates go up students should be exempted.

"Students already have problems in securing jobs after their education. This makes the repayment of their loans very difficult. The burden will be greater on students, because they are being asked to pay more," she said.

Second-year Chemical Lab-

oratory Technician student, Ebenezer Amenia, said governments and the banks should come up with a fixed interest rate on student loans.

"After all, it's not as if there are a lot of jobs for students immediately after school.

Also, students don't take loans from the banks to do business, but they still generate a lot of profits for them," he said.

Amenya said if the banks make it difficult for students to pay their loans after school, many students will not be able to pay and the banks will become the ultimate losers.

Tech prices falling but not making a difference

Affordable tech still out of reach for students

BY DAVID ACETO
News reporter

The new year is looking like it'll be the year when decent computers and accessories become more affordable for students while new technologies will still be out of their price range for now.

In the later half of '97 and now in '98, prices for computers and accessories have significantly gone down and the future is showing more of the same.

Students can purchase a computer to satisfy their needs for around \$1,000.

"If you're looking to buy a really nice computer, expect to spend around \$3,000, but if you're looking for something for school, depending on your needs, expect to spend \$1,000 to \$2,000," said Humber's Mark Mooley, SAAC-NET lab monitor and student.

Accessories have also been dropping in price. At the beginning of last year, inkjet printers and scanners ranged from \$400 to \$500 and ended the year selling for under \$200. Random Access

Memory (RAM) and hard drives were also being sold for a fraction of the price by year's end.

In '98 prices are predicted to drop to around \$350 for 17-inch monitors. Shoppers should definitely keep their eyes open for falling computer prices.

But students may want to avoid investing in costly cable modems and upgraded hardware. Satellite and wireless technologies are just too expensive right now for most students.

"...if you're looking to buy something for school ... expect to spend \$1,000 to \$2,000."

- Mark Mooley

Rogers and Bell have started to provide a Digital Subscriber Line (DSL) in hopes of creating a high-speed internet system. The cost of the service alone is \$55 a month.

Rogers and its cable partners are providing the Wave Internet Service in Canada, but the problem is that netizens still aren't prepared to pay \$55 a month -

even if it's six times faster than accessing the net through a regular Internet Service Provider. Rogers claims to have 100,000 subscribers but that is still below its projection of 250,000.

Both Rogers and Bell have their good points along with their faults, but it's too soon to say what the future will hold for these two new internet technologies.

"It's nice if you have the money to spend on the Wave service, but if you don't, stick to paying \$20 a month for internet service," said Mooley.

As for the internet itself, netizens found greater speed, privacy and security in '97.

Because of all these changes in internet technologies, there was a modest, if not dramatic, progress in the number of internet users.

According to a study published by ComQUEST research the number of Canadian adults using the net has jumped from 9.7 per cent to 19.3 per cent over the past year.

Yet the internet still hasn't become as mainstream as television or the telephone. Its popularity is still growing even though the public would like cheaper access.

WICKED WEB SITES

TITANIC
www.titanicmovie.com

Check out the hottest new movie right now on its official website page. It has everything from interviews with creators to the actors. The site also has tons of clips and images from the movie and everything you wanted to know about the Titanic.

FANTASY STOCK MARKET
fantasy.co.nz

Try your hand at this fantasy stock market game based on buying and selling shares on the New Zealand stock market. Play for free and see how much you can make in this simulated six-month game.

BERT IS EVIL
fractalcow.com/bert/

I always knew he was evil and now the truth is out about Bert of Bert and Ernie fame. Special interviews with his best buddy Ernie as well as Kermit the Frog, and Elmo are also featured. This site also offers great jokes and song parodies.

URINAL ETIQUETTE
gpu.srv.ualberta.ca/~msykes/thome.html

This site answers all the really important questions about proper urinal etiquette. It spells out the rules regarding talking in the bathroom and tells you what to say in those awkward moments when eye contact is made when you're both, ahem, exercising your franchise, so to speak.

HUMOR COLLECTION
www.concentric.net/~Dcashman/humor

Find out what your car reveals about you. Check out the top ten ways the Bible would be different if it were written by college students. You can also find out how to keep an idiot busy, read some wicked jokes and song parodies and a whole lot more.

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Et Cetera Lifestyles

Schizophrenia: not as crazy as you think

College students need to know the symptoms of schizophrenia

BY TAMMY SEDORE.

Lifestyles Reporter

Why is everyone looking at me? What did I do? Is there something on my face?

These questions are on a lot of people's minds when they feel nervous. For schizophrenics, however, these questions are always on their minds.

Unknown to the majority of people, schizophrenia is a fairly common illness which affects approximately one in every 100 people in Canada, according to the Schizophrenia Society of Canada.

It is a brain disorder. Symptoms include disorganized thinking, delusions, visual and auditory hallucinations and changes in emotions and behavior. It can put a huge strain on a person's life. In fact, according to the Schizophrenia Society of Canada, one in every 10 people with the illness will commit suicide.

Schizophrenia mainly hits people between 16 and 25. It's known as one of "youth's greatest disabilities", and is happening all over the world.

Claudia Tindall, a Clarke Institute of Psychology social worker, agrees. She said college students should educate themselves on schizophrenia, since it can affect them.

Tindall said college students should be aware of schizophrenic symptoms because they typically are in the high risk age range for developing the disorder. Also, students may meet other students with the illness.

Although a lot of people aren't really aware of what schizophrenia is and the large toll it has on a person's life, Cheryl Gilson knows.

Gilson, a 46-year-old customer service representative, had schizophrenia in 1978. She remembers feeling afraid and alone, even though her husband and two children were constantly by her side. She also remembers thinking her husband was a clone and was trying to kill her.

"I think I'm trying to block those two years out of my mind. All I do know is that I missed a critical time in my children's lives," Gilson said.

Gilson's children were young at the time of her schizophrenia. Her mother had recently passed away. Her daughter was only six months old, and her son was three.

Gilson stayed in the hospital for two years, while her husband stayed at home with them.

Now the big question for sufferers, like Gilson, and for doctors is what causes this illness?

"People believe certain things might be the cause of it, but it's not as definite as other illnesses. For example, there is a lot of research going on in the area of genetics because certain types of schizophrenia seem to run in families. They're trying to figure out

more about that," said Tindall.

Tindall said one of the main problems regarding schizophrenia is the lack of social acceptance. Society just labels schizophrenics as being crazy or even dangerous. They figure they are stupid, which they are not. In fact, most people with schizophrenia have a very high IQ and are less dangerous than the average person because they're afraid.

"The population in general, needs to know more about it because there is a great deal of stigma attached to it and it is both hurtful for the people affected by it and their family members, too," Tindall said.

"People know more now, but attitudes towards people with schizophrenia still need to change."

-Diane Frog-Gatt

Mary Irwin, the president of the Mississauga Chapter of the Schizophrenia Society of Ontario, said that victims are not accepted.

"There is still a lot of stigma against people with mental illness, though it's becoming a bit more accepted," she said.

Diane Frog-Gatt, the president of the Toronto Chapter of the Schizophrenia Society of Ontario, agrees.

"If they're not taking medication and are out to lunch so to speak, society is very leery of

them. But if someone is treated, you may not even know they have the illness," Frog-Gatt explained.

The reason they're not accepted, according to Frog-Gatt, is the misconceptions people still have about schizophrenia. The main one, she explained, is the split personality myth. Also, once you've had schizophrenia, people assume you're crazy, and don't want to talk to you even after you're cured.

"After I had my breakdown and felt well enough to go to work, my doctor told me not to tell anyone. She said that if I told my boss, or co-workers they may treat me differently, and may not want to deal with me, fearing I'll go crazy on them. It was really hard on me," said Gilson.

According to the the Schizophrenia Society of Canada the lack of research is another reason for the ignorance about the disease. Less research is done on schizophrenia than on any other major disease.

Even though the total cost to treat schizophrenics in Canada is more than \$4 billion each year and it takes up more hospital beds in Canada (8%) than any other medical condition, there is not much money spent on researching this disease. In fact, money spent on research into other major diseases is eight times greater than money spent on schizophrenia research, according to the British Columbia Schizophrenia Society, updated March 1997.

"In Toronto it's getting better, but 10 years ago people thought it was multiple personalities. Today,

if you ask most people what schizophrenia is they can describe it," said Frog-Gatt.

This is due in part to chapters, like the Mississauga and Toronto ones, which are trying to make people aware of schizophrenia and what the consequences are.

"I think it's getting better through work of organizations like our own hammering away at trying to get schizophrenia noticed as a mental illness," Frog-Gatt said.

Even though organizations such as the Schizophrenia society of Ontario, and the Schizophrenia Society of Canada are working hard at getting their message across that this illness does affect students, and does affect everyone, Frog-Gatt says they still have a long way to go.

"People know more now, but attitudes towards people with schizophrenia still need to change."

SCHIZOPHRENIA IS NOT:

- a split personality
- caused by childhood trauma
- caused by lack of parenting skills
- caused by any guilts, acts or failures of the person
- caused by poverty
- the person's fault

SCHIZOPHRENIA IS:

- a real disease (or group of diseases)
- different from other mental illnesses with concrete and specific symptoms
- result from faulty brain biochemistry
- normally treatable by medication
- everybody's concern

Information provided by the Schizophrenia Society of Canada.

Chill out in the student centre

BY ANDREA CLENNON

Lifestyles Reporter

There's a big chill spreading across Humber's campus, and it has nothing to do with the weather.

The Big Chill is the new ice cream and frozen yogurt cart located in the student centre outside the Pipe cafeteria.

"Up here in Canada with the winters that we have, the ice-cream frozen yogurt season outdoors is only five or six months. What I tried to do was design something that was going to be flexible year round," said John Jones, founder and owner of The Big Chill.

Jones, a Humber grad, started The Big Chill in 1992 with a store in Bolton. He has since opened another store in Orangeville and developed this unique "store on wheels" that can be moved from

location to location.

"This cart allows someone to use a space that was useless to others and make it useful," said Jones.

The secret of success is in the product itself. The ice cream and frozen yogurt are welcomed changes from some of the other food options available on campus.

"I tried it and liked it. I think it's a good idea because it's different," said Michael Jost, a Humber student.

The ice cream and frozen yogurt come in two base flavors, vanilla and chocolate. You can also chose from a variety of different fruits and have it mixed in with your base flavor. For those who want to indulge a little an Oreo cookie mix is also available. Having these choices is a big attraction.

"I like being able to have ice-

cream or yogurt when I want. It's great," said Christine Strumos, a Humber student. "I was walking by and it smelled so good, I decided I wanted one."

The fresh waffles tend to have that effect on many people. Each day, Jones makes the waffles so they not only smell good, but taste even better. The frozen yogurt is proving to be very popular so far with 70 per cent of the customers ordering it. Having only 125 calories per serving, the frozen yogurt is a healthy choice for a quick, yet satisfying, snack.

The Big Chill is also involved with a youth fund it has set up. It provides volleyball and basketball camps for youths. The fund has also built new outdoor courts for the kids. Jones believes this helps youth develop the social skills they will need in life while they enjoy playing team sports.



PHOTO BY ANDREA CLENNON

Humber students have more variety since the Big Chill has blown in to the student centre.

More beer for your buck

BY LUKE McCANN
Lifestyles Reporter

Heineken, Guinness and Grolsch are all wonderful beers, but they're not cheap. Even premium beers from Upper Canada, Sleeman's and other micro breweries cost a pretty penny.

However, there is another option for the beer drinker: make your own beer. Access to brewing your own beer has been around for years, but it has never been as convenient, easy, cheap and in many cases, as good as it is now.

There are two methods of brewing your own beer. You can buy a brew kit and starter equipment that will allow you to set up your still at home, or you can choose a beer recipe at one of your local brew houses and use their equipment. There are benefits to both.

Glenn Esch, who has been



PHOTO BY JASON HOPPS

Now the average beer drinker won't have to pay premium beer prices.

brewing beer for three years said, "When I first started making beer I was looking at it in terms of saving money like anybody else. But it's almost become a hobby with me now."

To brew at home you'll need to buy a starter kit, which costs about \$75, a brew kit which costs about \$25, and reusable bottles and caps. This will produce 23 litres of beer and the next time you'll only have to purchase the brew kit.

Beer is made by mixing malt, water and yeast. When the yeast mixes with the sugars from the malt it produces alcohol. The brewing occurs at room temperature. Hops are then added to preserve the beer and add bitterness and aroma.

To brew your first batch, bring three litres of water to a boil in a large pot, add the brew kit (contents of the can) and stir to dissolve. Reheat the mixture to a boil, and while the malt is boiling, put three gallons of water in a pail. Add the mixture to the water in the pail and stir briefly, then let stand for ten minutes. Now attach the lid affixing a stopper and airlock. You now have a closed system that will permit fermentation gases to escape while preventing any contamination from outside sources.

Allow the contents to ferment for about seven days and then you will be ready to bottle. The beer should be aged for a week at room temperature and then for another three weeks in a cool area, preferably a refrigerator.

Some people might be afraid of a disastrous first attempt but Esch assured the Et Cetera there's noth-

ing to worry about.

"I did it at home for the first time and didn't have any problems. Although the odd batch might not live up to your taste it's never bad enough that you can't drink 'em."

Anthony Morra of Fermentation Plus and Esch both agree that, as far as brewing at home, the best advice is cleanliness.

"I started out doing preserves like jams, pickles and relishes, and cleanliness meant everything," said Esch. "It's a little extra work that makes a whole lot of difference."

If you are not committed to investing in, or lugging around the equipment, you can have 23 litres of home brew made at the store for \$65 to \$80, which includes the brew kit. All you have to do is choose your recipe of beer and stir the original contents.

"Usually first timers will come in and make it here, then see how easy it is and decide to brew their next batch at home," said Chris Thompson who works at Home Brewer's Retail. "The advantage of brewing in the store is that we use CO₂ tanks that do in a day what natural carbonation does in a week. The CO₂ tanks also eliminate the sediment at the bottom of the beer, while natural carbonation won't. The sediment won't hurt you, it just doesn't look as nice."

You can purchase a CO₂ tank which Thompson estimated is about \$400. No doubt, brewing can be expensive if you buy all the extras, but they are not necessary in order to brew and enjoy your own good beer.

Secrets to your success

Innovative ideas may help you get the job you want

BY ACE McLEAN
Lifestyles Reporter

Congratulations! You've graduated. You made it through at least two or more years of "higher" learning. You survived several all-nighters and some occasional studying as well. You've jumped through all the flaming hoops that university or college bureaucrats could throw at you and you've emerged slightly injured, but still intact.

The decision about what to do next is not as earth-shattering as it's made out to be. The way the world works now, you'll do a lot of different things in the next few decades and, according to Faye Kennedy the academic advisor at the University of Windsor, your first job, non-job, or lifestyle choice isn't likely to resemble your last.

Kennedy's words of advice to graduation students are: "As good as your professors may have been, few professors have extensive

experience in the non-academic job market. You may have learned a lot in university or college, but you have no way of knowing what kind of work you like to do, and what you're good at doing, until you've tried a few things."

Kennedy has researched current employment trends which suggest that organizations use many new and innovative approaches to hiring and employing individuals.

"Graduates as job seekers must, therefore, be as flexible and innovative in their work expectations as employers are becoming in their approaches to the services of employees. This flexibility can be seen where overqualified graduates take temporary jobs such as retail clerks or servers in the fast-food industry. This allows them to generate some income while continuing to look for work more consistent with their educational background," said Kennedy.

Even though most jobs aren't listed in the paper, job seekers should go through the drill of reading the want ads and responding. Kennedy tells graduating students that they should also read the articles in the paper, as well as the ads, for clues about

jobs. And most importantly, talk to everyone they know, and meet, about their jobs. Ask them how they like what they do and how they got started doing it. And don't be shy about telling them that you're looking for a job. Talking to people is the only way job seekers are going to have a chance at the majority of jobs - the ones that aren't listed, said Kennedy.

Graduating students who have yet to decide what they want to do, probably don't know what they want to do. Interest alone, although a good starting point in making choices about what they want to do, is insufficient. Authorities in self-improvement and personal motivation agree that if we are to be successful in any given activity, our interest must approach the point of passion.

If our primary choices are to help us successfully achieve our goals, we must feel passionately about the results that we will be striving to achieve. When we look at successful people in all fields, we find that they are passionate about what they are doing. If we love what we are doing, we will likely succeed at it.

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Health

Meningitis creeps closer to home

BY LISA RAINFORD
Health Reporter

The meningitis outbreak is spreading outside the Kitchener-Waterloo region. Awareness of the disease has spread across Canada and panic has sprouted, causing a kissing ban at more than 100 schools outside Edmonton.

Two of seven victims in Waterloo have died. Two have recovered while three remain in the hospital. One of the victims has had both legs and most of his right hand amputated as a result of complications from the disease.

As of January 8th, three cases of meningitis have been diagnosed in the Peel region, one of them the same type that killed the two girls in Waterloo.

A 23-year-old Mississauga man who contracted the disease at a New Year's eve party is in stable condition at Credit Valley Hospital and is expected to make a full recovery. Peel health officials say they have traced the individuals who came in close contact with the sick man and vaccinated them. There is no chance of cases going unnoticed by the public as doctors are required to report every case of meningitis they encounter.

"He has to report it to public health officials in the person's area," said Tina Proctor, a nurse at Etobicoke Health Centre.

"Once the disease is diag-

nosed, the patient goes through contact screening," said Proctor. The screenings determine the number of people he or she came in contact with and vaccinations are given. The patient receives preventative antibiotics.

Meningitis is especially dangerous because it is rare. People may not consider the possibilities of catching the disease and therefore ignore the early signs and symptoms. It can also be deceptive. What starts off as minor cold symptoms can progress very quickly. Proctor said that meningitis differs from the common

cold by the greyness of the skin and the stiff neck.

Brenda Taylor, whose son survived meningitis a few years ago, said that if she had put her son to sleep the night he came home with what seemed to be the flu, he would have died.

"It doesn't just happen to strangers, it happens to the people in your own backyard," she said.

Taylor explained that Josh came home from hockey practice with the flu and a high fever and it wasn't until they noticed a rash that they took him to the hospital.

At the hospital, Josh was isolated in an examining room where the doctor drew blood. Josh's joints and internal organs were so sore that he couldn't walk.

The doctors gave him antibiotics to fight the disease. Taylor said that bacteria is sensitive and responds well to antibiotics. Still it wasn't until a week later that he started to feel better. His spleen stayed large and his stomach was sore for some time after that.

"The doctors didn't know if it was through contact that he became sick or if his immune system turned on his body," said Taylor.

Five to 10 per cent of the population carry bacteria in the nose and throat in a harmless state. The carrier state may last for days and can actually prevent developing the disease. During epidemics of meningococcal meningitis (the most serious of three kinds) the carrier state can reach 95 per cent, yet less than one per cent develop the disease. The strength and weakness of a person's immune system rather than bacterial factors play an important determining role.

Meningococcal meningitis requires early detection and treatment because it is fatal. Kissing, sharing eating utensils and things like lip balm can spread the disease.

If anyone has any questions or concerns, contact Humber College Health Services at ext. 4533 or the Etobicoke Department of Health at 394-8886.

The basics on Meningococcal Meningitis

By SATHYA ACHIA
Health Reporter

• Meningitis is a bacteria that attacks the protective sheath around the spinal cord and brain.

• College students comprise the age category most prone to the disease.

• Meningitis is spread through direct contact; mostly through saliva.

• Sneezing, coughing, kissing, sharing drinks, sharing food utensils or even sharing a cigarette with an infected individual can put you at risk.

• Symptoms occur within two to 10 days of exposure to the meningococcus.

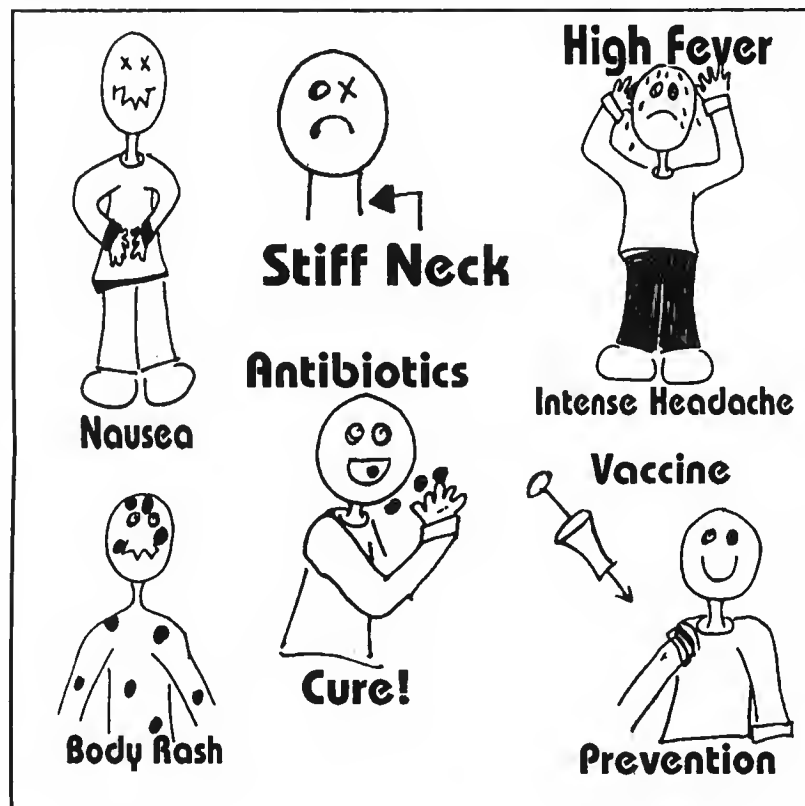
• The vaccine available is 90 per cent effective and lasts for a period of two years.

• It takes 10 to 14 days for the vaccine to become effective in your body.

• You can not contract meningitis through casual contact with family, roommates or classmates because the bacteria can only live outside the body for a limited amount of time.

• Those who become infected should seek immediate medical attention.

• Prompt diagnosis and treatment can lead to full recovery.



ILLUSTRATIONS BY SATHYA ACHIA

Now's the time to battle the bone bandit

BY VICTORIA PATTISON
Health Reporter

If you don't want osteoporosis later you must prevent it now. This is the message being sent out by the Osteoporosis Society of Canada and other health organizations.

Osteoporosis is a debilitating disease that affects one in four Canadian women. The disease, which usually strikes post-menopausal women, can cause them to "shrink" in stature and their bones to become so brittle that the simplest activity may cause breakage.

Studies have shown that preventive measures are most effective in young adulthood. Dr. Linda Wykes who has a PhD in nutrition and works at McGill University explained, "We are building bone up until 25-years-old. After that both genders lose bone."

In order to prevent osteoporosis later in life people under the age of 25 are encouraged to exercise regularly.

"Weight activity is most effective," said Joyce Gordon, executive director of the Osteoporosis Society of Canada. If we build muscle, we build bone density, which in turn heads off osteoporosis.

Gordon stressed that people shouldn't be scared off by the idea of a sweaty gym. Even little changes help.

"Take the stairs instead of the elevator. Don't look for the closest parking stall, walk a little further instead. Maybe take a stroll after dinner."

Dr. Wykes pointed out that eating right goes hand and hand with exercising. Calcium and vitamin D are incredibly helpful in preventing the disease. Dr. Wykes shunned the idea that calcium has to be linked with fat.

"You can consume dairy products without consuming a lot of fat," said Wykes. "Low fat yogurt, skimmed and 1% milk are your best choices."

Lactose intolerant people need not resort to supplements.

"Even lactose intolerant people can get calcium through food sources such sardines, canned salmon and broccoli."

Vitamin D is calcium's silent partner. The body can't absorb calcium without it. Vitamin D is manufactured by the skin when exposed to sunlight. Canadians are particularly susceptible to vitamin D deficiency because of our long cold winters that tend to keep us bundled up or indoors. It then becomes important to know the food sources for vitamin D. Dr. Wykes recommended cereals and, once again, milk.

Last, but certainly not least in preventive measures, are lifestyle changes to fight the disease known as the bone bandit. Gordon suggested cutting down on caffeine and alcohol consumption and quitting smoking.

"There have been a lot of conclusive studies lately that show people who smoke have less bone density," said Gordon.

If several risk factors for the disease fit your lifestyle, you may want to consult your doctor for a risk assessment, Gordon suggested. Your doctor can help you plan preven-

tive measures if he feels you are at high risk.

"Sometimes it all comes down to conscious choices," said Gordon. "It's never too late to stop smoking or start exercising. You just have to consider the benefits and make the decision."

Women most at risk for osteoporosis

- Caucasian or Asian women
- Small boned or thin women
- Women who smoke
- Women who consume alcohol or caffeine in excess
- Women who ignore daily calcium requirements
- Women with a family history of osteoporosis

But you have such a pretty face...

Keeping off the frosh 15 can mean keeping your self-esteem

BY WENDY INKSTER
Health Reporter

While away at university or college there are few things more offensive than having someone hand you a book about weight loss.

They claim concern for your health, as if it justifies their rudeness. Many times they will slide in the old phrase, "but you have such a pretty face". At no time in history have the pressures to be thin been more severe than now.

For many young adults living in residence, the "freshman 15" is a familiar phenomenon. On average, each student will gain approximately 15 pounds in their first year, often eating from the mandatory food service program.

Monica Gray, a registered Dietician from McMaster University, said, "meal plans at residence buildings have a history of offering foods that are high in fat and not in fibre, and although it may be difficult and expensive to provide a fresh salad bar in the dead of winter, it really comes down to the fact that fried food is cheap."

It is the fried food that leads to the dramatic weight gain and the

weight gain in turn results in negative characteristics such as a lack of self-esteem, self-hate and depression.

"If a student increases their daily caloric intake by 50 calories a day for one year they will gain 15 pounds," says Gray.

So what kinds of foods are being offered? In the simplest terms, most foods are "off the grill". These foods are high in fat and cheap. Many cafeterias, like the one found in Humber



PHOTO BY VICTORIA PATTISON

Students who avoid fried food will keep weight off.

College's residence, are trying to incorporate a healthy eating program where an apple icon is used to highlight the healthy choices of the day. For example, a bagel with 1.5 grams of fat is given an apple. This is a step forward, but variety in these meal plans still does not exist.

Don Henriques, the Residence Food Service Manager at Humber College, vows that his team is fighting hard to "gain the confidence" of the 750 students they feed. He hopes to erase the stereotype that all residence food

is fattening. A new vegetarian menu has been put together and remains successful due to regular meetings between the staff and vegetarians. For meat eaters, the fare is often baked or roasted, offering a lower fat count.

Vegetables are steamed and light salad dressing is still around. But if these changes are occurring why are students still gaining weight?

"If a student is going to eat chicken fingers and fries for every meal, we can't control their weight for them," admitted Henriques.

The fundamental question, however, still exists. "What happens to these students after they gain weight?" The worst case scenario are eating disorders such as anorexia nervosa, bulimia and depression.

There is a national emphasis on weight loss and Canadians have a compelling fear of fat. According to a national study done by the U.S. Food and Drug Administration, 50 per cent of Canadians are overweight, a statistic that has changed from 33 per cent in previous years. At any given moment, about 40 per cent of women and 25 per cent of men are trying to lose weight. This is an obvious indication that the psychological costs of this epic struggle are high.

It doesn't matter if you gain five or 50 pounds, because any amount of weight gain can do damage to a person's body image and self-esteem.

Weedless Wednesday

Health Centre wants you to butt out

BY BETHANY LEE

Health Reporter

The Health Centre wants you to butt out next week.

As part of national no-smoking week, both of Humber's campuses will host "Weedless Wednesday".

The Health Centre encourages Lakeshore smokers to avoid the temptation of lighting up on Tuesday, January 20 and North campus smokers on Wednesday, January 21.

Displays in the cafeteria at Lakeshore campus, and the concourse at North campus, will feature information from the Lung Association, the Canadian Cancer Society and the Etobicoke Health Department.

Some displays will be interactive. For example, smokers will be able to test the carbon monoxide levels in their lungs. Information will focus on the health benefits of quitting smoking.

"The event is also about not starting to smoke," said Penny Ecclestone, a health counselor at the Centre.

Prevention is key, Ecclestone

said, adding that displays will cater to everyone, encouraging students to pick up information for someone they may be concerned about.

"One of the reasons we're concerned is because when girls are on the pill, your risk of cardiovascular problems is greatly increased when you smoke," said Cheryl Deszpoth, also a Health Counselor at the Centre. The Health Centre sees a lot of women who are on the pill, or who are going to go on it, so this is a potential problem for Humber students.

The Health Centre will also be on hand with some alternatives for when you feel the urge. Free popcorn will be given out, a healthy low-cal and low-fat alternative.

In the past, the Health Centre has heard good feedback about Weedless Wednesdays. For many people who are trying to quit, butting out for a day may just be the impetus to quit forever.

"You have to be ready to quit," said Deszpoth. "Talk to your doctor."

There are many different ways to quit smoking, however, "the most successful have just gone ahead and done it," Deszpoth said.

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SAC

Entertainment

Adams unplugged

The patriotic rocker talks about his new album and new cross-Canada tour

BY VICTORIA PATTISON
Entertainment Reporter

Bryan Adams is ready to unplug a Canadian tour.

Canadian rocker icon Bryan Adams, 38, who hasn't had a cross-Canada tour in over three years, and who resides in London, England, announced his Canadian tour in mid-December of last year.

"We haven't played Vancouver in a while and we certainly haven't played the East in a long time. I just thought it would be a cool thing to do. I've got to keep myself occupied."

"I kind of feel like an ambassador to this country. I want to make people proud."

- Bryan Adams

The album behind the tour is the latest in the popular *MTV Unplugged* series, that was created by the American music-video station. Doing the album was a major decision, explained the singer from a conference room in

the Four Seasons hotel in downtown Toronto.

"I didn't want it to be Greatest Hits Live ... I wanted it to be a little retrospective, a little obscure and a little bit about the future."

Adams has made it quite clear that Greatest Hits albums are on his pet peeve list. He made his disdain for his own Greatest Hits album apparent by refusing to use his face on the cover.

"It was a record company decision. I didn't really want to do it and I still wouldn't have minded if it hadn't been there."

And Adams admits this wasn't the first time MTV has invited him into their unplugged venue.

"I always hesitated because I didn't think I had the repertoire. If the songs couldn't be different or taken into a different direction than what was there, then I didn't want to do it. Because it was already what it was."

Sticking true to his word, the album is an eclectic ensemble of classics like *Summer of 69* and *Cuts Like A Knife*, as well as new works such as *Back To You*, which is quickly climbing the rock and roll charts. It's impossible not to notice that Adams' biggest hit, the longest running single in British music history, *Everything I Do I Do It For You* is absent. Adams is quick with a witty explanation.

"We had a version of *Everything I Do*, just with me and a cello, but it sounded like a funeral parlor so it got ditched."

Still, the popular ballad is hardly missed when such nostalgic hits as *Heaven* are on the album. The unplugged sound

does justice to his old lyrics and style.

Most of the new tunes stick true to the style and lyrical verses that Adams fans have come to know and love; a lot of words about love gone wrong and a lot of good old-fashioned guitar. Still, Adams used this album as an opportunity to have some fun with new sounds, like a Kentucky twang in *I Think About You*.

Though he hasn't been living in Canada, Adams is quick to remind us that the Maple Leaf never leaves his heart or mind.

"I kind of feel like an ambassador to this country. I want to make people proud. I do want people to think about me as Canadian," Adams said.

Adams hasn't forgotten Canadian causes either. Last year, he performed on an album benefiting the Canadian

Breast Cancer Foundation. On February 15, with super-model Linda Evangelista, he will perform at a benefit in her home town of St. Catharines, Ontario.



With the release of his new album, Adams starts a tour across Canada.

The concert will raise money for a local Breast Cancer Clinic to be named after the model.

Adams' Canadian tour begins February 7 in Charlottetown, P.E.I. On February 13, he'll be at

Maple Leaf Gardens. Tickets are available through TicketMaster in Canada. No American dates or European dates have been set. For now, Bryan Adams is sticking to his roots.

Wide Mouth Mason opens wide across the country

Canada's best live act spawns great musical success

BY MICHELE STEFANCIC
Entertainment Reporter

Wide Mouth Mason could very well be the next big thing.

The band, made up of Shaun Verreault on guitar/vocals, bassist Earl Pereira, and drummer Safwan Javed hailing from Saskatoon, Saskatchewan, was signed to Warner in early 1997. Since then, success has sky-rocketed for them.

Wide Mouth Mason officially formed in 1995. Their self-titled release has spawned such hits as *Midnight Rain*, *My Old Self*, and their current single *This Mourning*. The band is wrapping up a tour in the U.S. which has received rave reviews. They were in Toronto for a few sold out shows supporting *Great Big Sea*.

Despite coming from the relative solitude of Saskatoon, the band had little difficulty breaking into the music industry.

"It wasn't difficult for us, our goal in forming this band

was to play original music, that's always been our goal. The lines on a map have become invisible to us. Saskatoon will always be home for us, we make that clear," said Pereira.

Like the band's name, their sound is difficult to describe. They have been labeled everything from a rock band, to an alternative bluesy thang with a twist.

"It's hard for someone to label our band as a specific sound. We're open minded, that's our sound."

- Earl Pereira, bassist

"When you're a trio, people automatically picture a power trio. A big sound is not an easy thing to do. I like the fact that it's hard for someone to label our band as a specific sound. We're open minded, that's our sound," said Pereira.

The band is known for their amazing stage performance

which has earned them the title of Canada's best live act. When the band first hit the road they played cover songs by their musical influences, ranging from B.B. King and Jimi Hendrix, to Stevie Wonder. Once they started to throw in their own material the response was great.

Wide Mouth Mason played their first show in Toronto over a year ago, opening for *Big Sugar* at the Warehouse.

Pereira remembers, "Playing that show was the first time we played Toronto, we played for two thousand people. They didn't know who we were, to them we were the opening band. They stood there with their arms crossed."

Ironically enough, the band was back at the end of '97 to play the very same venue, opening for *Great Big Sea*. This time the crowd was there to support them.

Last year held many memorable moments for Wide Mouth Mason. Perhaps the most memorable was playing the *Montreux Jazz Festival* in Switzerland, over the summer. They were the first band to represent Canada at the Festival. Once the set was over, the band received a standing ovation. Pretty impressive for a young up-and-coming band from Canada.

If you missed Wide Mouth Mason in December, don't despair, they are touring across Canada in January.

The Boxer is a knockout

Superb direction and acting are a devastating k.o.

BY BERNICE BARTH
Entertainment Reporter

There's something about Daniel Day-Lewis that sets each of his on-screen performances apart.

The Boxer is no exception.

As the movie starts, Day-Lewis immediately gives the audience a sense of who his character is without saying a word; shadow boxing alone in a prison yard, the hood of his jacket hiding his face from the audience as he defiantly dances and jabs at the air.

When the prison guard comes, Day-Lewis ignores him while continuing with his routine until the end. The guard snidely

remarks that he'd think Day-Lewis' character, Danny, would be in a hurry to get out of prison.

Segue to Danny slowly, calmly walking through the prison halls to his freedom, juxtaposed with a wedding party that's joyous, happy and yet at odds with the depressing prison scene. Danny leaves prison at the same moment the new bride — minus her prisoner husband — departs for her wedding reception.

Women in the departing entourage recognize Danny, but don't call out to him. In turn, Danny barely looks at them and purposely avoids them. Immediately the audience knows that Danny is an outsider, a stubborn loner, inside and out of prison.

This brilliant introduction to the film, thanks to director Jim Sheridan and Day-Lewis himself,

leaves no doubt in the audience's mind about what to expect from Danny. The first scenes also gives them a taste of the theme that is at the centre of the movie: "Prisoners' Wives" who have an elevated pseudo-virginal status in the tight-knit Irish Republican Army (IRA) community in which they live.

These wives dutifully wait for their husbands, POW's as the IRA calls them, to be released.

Again the team of Sheridan and Day-Lewis (*My Left Foot* and *In the Name of the Father*) brings us another side to the story of the Irish-English conflict that is unknown to most of us. As the movie unfolds, the story of the hardships Irish women are forced to face, because of the IRA war for independence, is made glaringly real to the audience, leaving them as shell shocked as the Irish peo-

ple themselves.

The intensity of Day-Lewis' acting is largely responsible for our frayed nerves. His magic is not mere acting but becoming the person he depicts, completely, without reservation.

Unfortunately, this method of acting has earned Day-Lewis, and others like Val Kilmer and Jennifer Jason Leigh, criticism from many as a difficult actor to work with. It was rumoured that during the shooting of *The Crucible*, Day-Lewis refused to speak with anyone on the set because his character was so hated by most of the other characters in the movie.

This may be difficult for his co-workers to deal with, but it's pure magic for the audience.

The supporting cast in *The Boxer* also adds to the high quality of storytelling in the movie. Emily

Watson *Breaking the Waves*, playing Danny's married love interest, Maggie, has amazing chemistry with Day-Lewis.

Ciaran Fitzgerald *Into the West* plays Maggie's confused son whose adolescent jealousy of Danny's growing relationship with his forbidden mother throws into stark reality the IRA's rule of putting a bullet in the head of any man caught fooling around with a "prisoner's wife."

Brian Cox *Manhunter* gives a stellar performance as her father, Joe, a high ranking IRA leader who tries to bring reason and peace to an out of control situation.

The Boxer is a commanding film, with the right director, script, star and supporting cast which makes the audience believe the story is true to real life in war torn Ireland.

Book: Whoopi puts out her funny pages

With typical Whoopi-esque wit, Goldberg gives her take on everything from welfare to masturbation

BY ANDREA HOUSTON
Entertainment Reporter

If you didn't get Whoopi Goldberg's book from Santa this year, go directly to your nearest bookstore and pick it up.

Book is a collection of Goldberg's essays. Much like her stand-up comedy, she says it like it is and doesn't even try to be politically correct. She furiously

stomps on what Tim Allen quietly tiptoes across and then picks it up and puts it right in your face.

Goldberg simply put her views on topics such as, racism, sexism, religion, politics, family and masturbation on paper and drives them home with Whoopi-esque wit. *Book* made me laugh and look at issues through Goldberg's eyes, which I must say are very colourful in contrast to my own. She writes about everything from farts to the Pope, and leaves no controversial stone unturned.

She shed some humorous light on the continuing war between men and women for bathroom dominance and looks at the welfare problem from both sides. She even comes up with a solution. In fact, she has solutions on every topic raised, all the while asking, "why couldn't everyone just be as smart as me?"



Have you got questions about life? Goldberg has answers, sort of.

ever watched her stand-up comedy. Her book can be compared to some of her raunchier shows like *Live at the Apollo*, which is not quite as tame as *Comic Relief*.

She recently took some heat for her sex chapter in which she explains how women should masturbate and teach their daughters to masturbate. Goldberg told her own daughter that, "It's fine to go out with your boyfriend and have those wonderful feelings, but instead of having sex, come home and touch that spot."

Goldberg's book is a refreshing change from the usual "comedian tries her hand at a book, but it really sucks" scenario.

In fact, my only problem with this book is that it's too American. The average Canadian probably won't have a clue about some of the political issues Goldberg brings up, but at 240 pages, *Book* is an easy read and well worth the time.

Goldberg didn't actually write this book, not in the manner of conventional literature. She didn't put pen to paper or fingers to computer and type away. But we are not talking about a conventional lady. Instead, she hired a court reporter and recited the content as if she were doing a performance on *Comic Relief*.

What Whoopi says, and the fact she's incredibly blunt about it, should come as no surprise if you've

AUDITIONS



WONDERLAND

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Sports



PHOTO BY MARK SUBRYAN

Tamara Cummings helps her team by laying in two of her 12 points during Humber's crushing defeat of Georgian College last Wednesday.

Hawks keep the ball rolling

Top-ranked women's hoop team continue their dominance in a 106-11 drubbing of Georgian College

BY ERIKA FORD
Women's Basketball Reporter

Humber's Women's Basketball team held practice at Georgian College last week. No — wait, it was a regular season game. Sorry, honest mistake.

In their first league game of '98, the Hawks pulverized the Georgian Grizzlies 106-11.

The good news for the Grizzlies is they scored more than the last time they faced the Hawks, three points more. The bad news is, they didn't score their first field goal until six-and-a-half-minutes into the second half.

"They've got potential. They're a brand new team. They're just building

now, give them a couple years," Co-Captain Heather Curran said.

Georgian did show flashes of improvement. They stole the ball, ran through offensive plays and worked as a team.

"They've actually gotten better," guard Aman Hasebenebi said. "They're defence was a lot better, they used their speed and they were more aggressive."

But nothing the Grizzlies did stopped the Hawks.

Coming from the Seneca Scouts Tournament, which reaffirmed their national number one ranking, the Hawks were fresh and ready to play, while Georgian hadn't played since early December.

To challenge her team and to keep the slaughter to a minimum, assistant coach Denise Perrier set goals. No more than 10 fouls were allowed. Everyone had to have at least one rebound. Guards were permitted a maximum of two turnovers, and post players were to have no more than one turnover. Baskets off fast breaks weren't allowed in the second half.

Everyone on the Hawks scored, five players in double figures. Hasebenebi had 15, Tanya Sadler had 14, Tina Botterill and Tamara Cummings 12, and Kristen Adams, 11.

It was the first time this year the team had scored more than 100 points.

At Niagara College, in a game before the winter break, the Hawks won 91-20. Games like these make the players wish they had stronger competition.

Hasebenebi would like to play in more exhibition games against tougher teams.

"Practice can only do so much. We need to see university teams and American teams," she said.

Assistant coach Denise Perrier agreed. "Next year we want more exhibition games. The girls would definitely benefit by playing in those games," Perrier said.

Until then, the Hawks will just have to be satisfied with beating opponents by more points than some teams score in a game.

The Women return to the court next Wednesday (Jan. 22) when they host the Durham Lords. Tip-off time is 6 p.m.

Hawks Strike Gold

BY ERIKA FORD
Women's Basketball Reporter

At the annual Seneca Scouts Tournament, Humber's Women's Basketball team proved they are the best of the best.

The Hawks played games against three teams, all ranked in the top ten of the nation, and won by at least 12 points in each game taking home the gold.

After winning games against Victoriaville and Seneca, the Hawks went on to face John Abbott College in the championship game.

Humber quickly jumped out to a 20 point lead and never looked back. Aman Hasebenebi had 15; Tanya Sadler helped out with 13, and was named Player of the Game.

Hasebenebi was named to the tournament All-Star team, while Sadler earned tournament MVP honors.

Men's b-ball send Grizz into deep sleep

Hawks start new year with a big win against Georgian

BY MARK SUBRYAN
Men's Basketball Reporter

For about 10 seconds, the Humber men's basketball team was in complete awe of Georgian - the college's brand new gym - that is.

But after snapping back to reality, they destroyed the Georgian Grizzlies 115 - 33.

The Hawks, now 3 - 1, in league play, put on a shooting clinic as eight players finished with 10 or more points in the game.

Veteran Al St. Louis led the way with 17 points.

Two other veterans, Rowan Beckford and Greg Grant, had 13 and 10 points respectively.

Five rookies gained points. Keffrin Dunson, 12, Wayne Fairclough, 11, Shawn Carrington, 14, Marcel Lawrence, 13, and Paul Mangat, 13, played up to their potential.

"It was great and it was nice to play this way," Mangat said. "Every game means something to us. Tonight, I thought we executed well and got to do things that we don't normally get to do."

Coach Mike Katz is more skeptical about his team.

"I still don't think we're very good. We're not being consistent," Katz said. "I don't think we're a confident team. The indications aren't there yet."

The expansion Grizzlies looked lost against the Hawks, who beat them by 61 points the last time they met in November.

The Hawks played aggressive basketball forcing turnover after turnover, leading to basket after basket.

In order for the Hawks to be successful again this season, they must continue to play this way.

"If everyone comes off the



PHOTO BY MARK SUBRYAN

Rowan Beckford (55) adds two more to the total during the Hawks blowout win against the Grizzlies last week.

bench and goes hard for 10 to 15 minutes, we can win more games," Dunson said. "This was a moral win for us in that sense because we showed ourselves we could do it."

The Hawks, winners of two in a row, raised their overall record to 2-9 in their last 11 games. Incredibly they are in good shape at this point in the season. Of those nine losses, only one count-

ed toward their regular season record.

The real test for the team comes in the next six weeks when the team faces some stiff competition: Durham, the number one team in Canada; Sheridan who destroyed them at the Centennial Classic during the Christmas break; Seneca who humbled them at the CanAm Classic last November; and George Brown

and Centennial who they have beaten already this year.

"If we can go 6 - 1 or 5 - 2 at home, then we have a chance at going to the provincials," Katz said of his team, currently with a 2-0 home record. "After the three games, we're on the road for the rest of the season."

The players agreed with their coach.

"Coach said that we're hitting

the important part of our season," Mangat said. "I think we can finish in the top two in our division."

"It's simple," Dunson said. "We have to win the rest of the way to get to the playoffs."

The team's next game will be against the defending national champions and number one ranked team, Durham College on January 21 here at Humber.

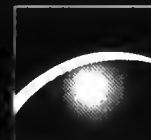
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Hawks come flying out of the gate

Hockey team wins with simplicity

BY NEIL BECKER
Hockey Reporter

The Men's Hockey team turned on the scoring in the second period to breeze by Scarborough's AMP squad 8-3 last Thursday night at the Ice Sports Arena.

Humber was in control since the opening face-off, peppering the opposition's goalie by shooting at every opportunity in a fast paced end-to-end first period. Despite dominating the play, the score was only 2-0 for the Hawks at the end of the period.

They turned on the offence in the second period notching five goals, including three within 20 seconds, putting the game out of reach 7-2 at the end of two. The penalty killing unit was highly effective for the Hawks. They had numerous scoring opportunities while killing off penalties.

Scoring goals for Humber were: Richard Wand, 2, Brendon Dunkley, 2, Jeff Bain, 2, and Silvio Arrone with 2. One

goal by Dunkley was scored while short-handed.

Forward Dunkley was quick to give credit to the entire team for their victory.

"Everybody played well. It was a team effort," said Dunkley.

He also said that the game strategy was to keep it simple.

"Coach wanted us to keep it simple. To dump and create some opportunities," said a modest Dunkley, who described his play as "nothing special. A little luck."

When asked about the scoring surge in the second period, coach Paul Masotti was very candid.

"There are no restrictions offensively. Once the puck is in deep, scoring chances happen," said Masotti, giving credit to the players action away from the puck.

"We played tight defence. We played strong defensively all night."

Humber goaltender, Duane Crocker, said despite the score, the AMP team didn't give up, even after Humber padded their lead in the middle of the game.

The Hawks see action Thursday, Jan. 15, at the Ice Sports Arena. The puck drops at 6:15 p.m.



Silvio Arrone carries the puck out of harm's way during the Hawks 8-3 win last week.

Hawks get serious

BY NEIL BECKER

Humber's hockey coach, Paul Masotti, has two goals for his team going into the second half of the season.

"The ultimate goal is to win the Canadian championship and the Ontario championship," said Masotti.

According to the coach, when training camp opened up in the fall, there was a lot of competition for a roster spot.

"We had practices and scrimmages. Seventy two guys came out," he said.

Masotti, who played hockey at Carleton, said that his biggest surprise of the first half of the season was all the close games the Hawks were losing in the final minute of play.

"I did not think we would lose so many close games. Every game was close. We lost all the one goal games in the last minute," said Masotti.

The two most important aspects of the team are their practice routines and academics.

"I don't like pee-wee drills. We do three on twos, two on ones-line drills in game situations," he said.

"We make corrections when they [the players] come back to the bench," said Masotti.

Just like all the other Humber teams, academics come first. The attitude is if you don't pass in school, then you cannot play on the team.

"You have to pass all subjects in order to continue playing," said Masotti. Before Thursday night's game, Masotti reminded the players to hand in their report cards to him for inspection of their grades.

When asked about the other teams that Humber played over the first half, Doug Campbell, one of Masotti's assistant coaches replied, "Everybody beats everybody. The league leader is only up by two points."

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Women's v-ball gets it done with rookie squad

Coach pleased with play from newcomers

BY ALDO PETRONE
Women's Volleyball Reporter

Every coach dreams of the results Humber's Women's Volleyball team has been able to put together in the first half of their season.

The performance of the Hawks so far is simply amazing. The squad stands undefeated in their first seven games.

They're the fifth ranked team in the nation. Ranked first in the Ontario Colleges Athletic Association's Central division, Humber also boasts the top offence and top two scorers in the OCAA—impressive results considering the squad has just two returning players. The team's dominance is accomplished by these two veterans and 12 rookies.

For this reason, Coach David Hood and his staff still see room for improvement, despite their solid season.

Hood emphasized the need for more teamwork, improvement on the basics and avoiding simple mistakes.

"We have to learn to work more as a unit. Players who were stand outs at the high school level are now only average at the college level. This is the best of the best so they have to learn to work together," said Hood. "There's a tendency as a young team to play in peaks and valleys. But now we are finally starting to show the consistency."

His one frustration has been the inability to use the entire roster due to the new league format and setup.

"We have to play our best players," he said referring to the new one tier, three division setup where only the top two teams in each six-team division make the post-season.

This is why Hood has looked forward to the tournaments at Sheridan, Durham and St. Clair Colleges this season, which allowed him to play the entire roster.

Hood also credits Athletic

Director Doug Fox for allowing the team to travel to more challenging tournaments in Montreal and Buffalo this year.

"Once we see the higher level of competition, we can aspire to it," said Hood. He also views the last match versus Cambrian as an important step for his young team.

A solid Cambrian team was second place in the division and only one game back of the Hawks.

Humber, however, withstood the pressure and beat their opponents 16-14, 16-8, 16-14, sweeping the season series and increasing their divisional lead by two games.

Hood doesn't credit himself for the team's success, however.

"Without a doubt, I have the best two assistant coaches in the league. I can sit back and become less involved and concentrate more at the physical skills."

Assistant Coaches Colleen Gray and Chris Wilkins have been on staff for three years each. Gray was a former all-Canadian and Wilkins plays on the men's team.

Gray adds that despite early successes and a team with tons of talent, the women must not forget the basics at this point in the season.

"What I see is that because we have a lot of rookies, they don't know that the playoffs are a whole different ball game. Anybody can beat anybody."

Gray says the coaches have discussed creating more intensity and faster moving skills during the practices.

"How do you tell a bunch of new players that it's different? It's a total mental thing."

Both Hood and Gray agree, however, that this team has been one of the most talented and athletic they've seen in the past few years.

Returning player Christine

Rudics was provincial all-star, league scoring champion and all-Canadian in 1995-96. She is presently tops in league scoring with 137 points in total offence.

Cindy Ross is second with 115 points and is the lead candidate for rookie-of-the-year honours.

The other returning player, Carolyn Fletcher, is also a provincial all-star.

With five games remaining on the schedule, the team is looking to sweep the season, remain undefeated and grab the top seed in the post-season.

With Hood and his staff doing a fine job, look for this rookie squad to make a solid run in the playoffs.

The Hawks are on the court at 6:15 p.m. Thursday, Jan. 15 at Seneca.

Men's v-ball look to settle unfinished business

BY KRISTI SMITH
Men's Volleyball Reporter

The future is looking bright for the Humber's Men's Volleyball Team.

Boasting a 5-1 record, they're heading into the second half of the season in sole possession of second place in the Ontario West Division. They trail division-leading Niagara College (6-1) by just two points.

"We have the capability of winning it all," said Hawks Captain Chris Wilkins. But our main goal right now is making the medal round of the Ontario (Ontario Colleges Athletic Association) Championship.

The Hawks were not idle over the Christmas break. They participated in a number of tournaments. They had an impressive showing in the Ryerson University Tournament this past weekend, where they finished a strong fourth.

"We've played a lot of volleyball over the past two weeks," said Wilkins. "We faced several high calibre teams, which has really helped to fine tune our game."

The Hawks are a young team with plenty of potential. They're strong offensively, particularly the middles, and they've really started to come together. All-stars Matt Cunliffe, Tim Pennefather, and Matthew Tim have been the stand outs on the team so far. Tim and Pennefather are currently 1-2 in the West Division scoring.

Their main weakness, however, also stems from the fact that they are a young team, and are still learning. It will be important not to let the pressure get to them

as may have happened last year.

"We were expected to win the gold last season, but we ended up fourth in Ontario. We could've done a lot better," said Wilkins.

Niagara remains their main

challenger in the West Division, but Loyalist is the team to beat.

The Hawks are not daunted by the task of toppling the men's volleyball giants. They actually seem to be looking forward to it.

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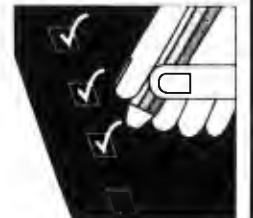
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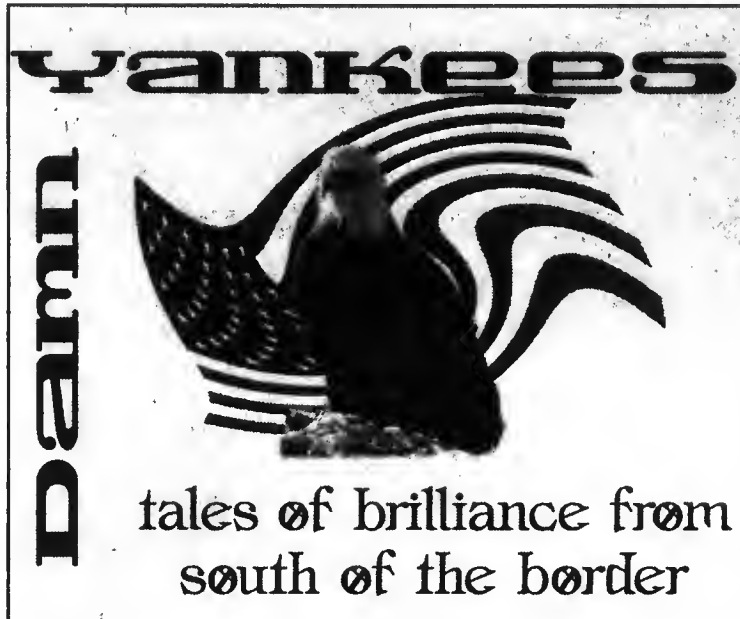
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Et Cetera The Last Word



Crazy Celeb Skiers

THROUGHOUT THE U.S. (ETC.) -- The new year has barely arrived and already celebrities are dropping like flies. Better yet, they're falling like trees.

The Kennedy's lost a clan member when Michael ran into a tree on the slopes. Ouch.

Sonny Bono also bit the bark when he suffered the same fate less than a week later.

It seems to be a theme with American celebs, Tony Danza did the same thing four years back. He nearly killed himself when he smacked into a tree as well.

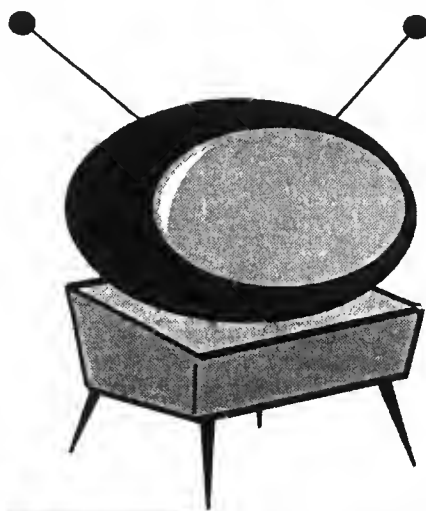
Who will be next in this killer ski season? Well one thing's for sure, it won't be Jim Carrey, Will J. Fox, William Shatner, or any other celeb.

They'd know better, being on the slopes.

In the words of George Costanza: "I'm out for that tree!"

Philosophies for the New Year

1. If at first you don't succeed, destroy all evidence that you ever tried.
2. For every action there is an equal and opposite criticism.
3. Success always occurs in private, and failure in full view.
4. To steal ideas from one person is plagiarism; to steal from many is research.
5. If at first you don't succeed, then skydiving isn't for you.
6. If you have to choose between two evils, pick the one you've never tried.
7. Change is inevitable, except from vending machines.
8. The problem with the gene pool is that there is no life-guard.
9. A conclusion is the point where you got tired of thinking.
10. He who hesitates is probably right.
11. Monday is an awful way to spend 1/7th of your life.
12. The severity of the itch is inversely proportional to the reach.



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Ten Predictions for 1998

1. Bill Gates will hit the trillion mark in net worth and start his plot to take over the entire world.
2. Michael Jackson will have his second child and he will be the proud papa of a 5 lb baby resembling Bubbles his pet chimp.
3. Tony Danza will have another sitcom that gets cancelled six shows into the season.
4. Seinfeld will end his show this season, oh wait, he already announced that.
5. Sonny Bono won't be re-elected to Congress.
6. There will be a 20 per cent tuition hike this year.
7. The Backstreet Boys will call it quits and thousands of girls 14 and under will commit suicide, leaving the Girl Guides of Canada without support and financially bankrupt.
8. El Niño will be blamed for more than just the bizarre weather.
9. The Green Bay Packers will win Superbowl XXXII.
10. After seeing all the tragedy on the slopes, American celebrities decide to take ski lessons in an effort to save their species. Aspen's profits go through the roof.

Silly Little Lightbulbs

Q. How many Lakehead students does it take to change a lightbulb?

A. None, Thunder Bay doesn't have electricity.

Q. How many York students does it take to change a lightbulb?

A. Three, one to take directions from the "science" student, the science student and one to philosophize about life as a lightbulb.

Q. How many University of Manitoba students does it take to change a lightbulb?

A. There's a University in Manitoba?

Q. How many Brock students does it take to change a lightbulb?

A. Seven, one to change the light bulb and six to throw a party because he didn't screw it in upside down this time.