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Humber remembers, again

After a one year absence, staff and students crowd together to honor Canada's war dead

BY DEBORAH PATTISON
News Reporter

Staccato gunfire echoed through the air. Bullets flew, their path stopped only by the

obstruction of human flesh. Men and women gave their lives for the future, for us.

At the eleventh hour of the eleventh day of the eleventh month of every year, Canadians

observe a moment of silence as a tribute to the enormous sacrifice that hundreds of thousands of our relatives made decades ago.

Tuesday was Remembrance Day, and Humber College hosted a ceremony in the Concourse at 11 a.m. that honored those who died in the two great World Wars.

Because of an extremely poor turnout (20 people) to the ceremony in 1995, Humber College North campus did not offer a Remembrance Day service last year. That action led to an outcry by students and faculty alike, and it was decided that this year the Remembrance Day service would continue.

Tuesday had the Concourse packed, four and five people deep. Observers looked over the railing from the second level, and at 11 a.m. the crowd silenced.

Students and faculty alike had gathered together to stand for the minute of silence, listening with heavy hearts as Tom Browne, a Humber Public Relations teacher, led the service.

"It's hard to measure the sacrifice of others. Their gift to us comes from the youth of earlier generations, forged in distant wars and United Nations missions, under hardships that are foreign to our experience," Browne said.

Caroline Yetman sang an a capella version of "Amazing Grace" that touched the crowd that had congregated in the Concourse.

Reverend Randy Galloway, the Humber College Chaplain, spoke.

"Why remember?" he asked. "Because over 100,000 Canadians died in battle to preserve freedom in our world. They left the comforts of home, country, wives and children and sacrificed their own future for our freedom."

"Why remember? Because if we forget, we may allow the same forces of human nature that produced the first, second and other wars - the desire to rule, to cause harm to others ... in some human hearts may rise again."

"We must remember. If we do not, the sacrifice of those 100,000 Canadian lives will be meaningless. They died for us, for their homes and families and friends, for a collection of traditions they cherished and a future they believed in. They died for Canada. The meaning of their sacrifice rests with our collective national consciousness, our future is their monument."

Remembrance Day is more than thinking of who died in the wars years ago. It's also about realizing that without their brave actions, our lives today would be very different.

Browne said it best when he reminded the crowd that "every generation since owes (the soldiers) a debt - for the quality of life they enjoy, for freedom, for the opportunities that are our legacy from those heroes for whom we wear the poppy."



PHOTO BY SCOTT MIDDLETON

Lakeshore Music student Jeff Vise plays Taps as students and staff gather at Tuesday's Remembrance Day service.

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On Campus

Computer error kicks students out

BY MATHEW BARBEAU
News Reporter

Students wishing to use Humber's facilities may find their privileges revoked and their student I.D. numbers invalidated because of a computer error.

According to Judy Harvey, dean of services for students, the error occurred when an updated report regarding current student enrolment was requested.

The computer program in Student Records is complex because of Humber's high enrolment. It sorted through the names of thousands of students and chose those who had changed programs, courses, student status (full or part-time) or who had dropped out completely.

Students who alter their schedules by dropping courses or changing programs are subject to this type of mistake. The report was then passed around to Humber's facilities.

Most of the problem is centered in the library where the report was first requested. Students whose names appeared on this list were not allowed to sign out library materials. After the error was discovered, faculty and library employees began to review the names on the list. Students will be allowed to borrow material until the list is fully revised.

"We asked for a report to be generated regarding withdrawals from student records," stated Lynne Bentley, senior coordinator for the library.

"We assumed it to be accurate but unfortunately it wasn't. There is a problem with the record system and we are hugely embarrassed by this incident."

"What we asked the computer for and what it is programmed for are not compatible. Sometimes we get other information that is related to what we're looking for," said Harvey. "The list was intended in the spirit of safeguarding resources for the use of Humber students. The report is to stop people who are not Humber students from using resources, facilities and services."

There are people who attend classes who have not paid their

tuition or haven't registered or been accepted into Humber College. Others may owe the school money for outstanding library books or fines.

Students whose names are on the list may be enrolled and have



PHOTO BY PAUL VAN HOODONK
Inside the Humber Library.

no marks on their records, but they have been withdrawn from this year's register.

The computer error has left some students wondering why they aren't currently registered. For the students on this list, their attempts to use any of Humber's facilities may result in them being denied access.

"We can look into the computers and find that students were registered from a certain date until whenever they left. If the student comes back to Humber, we have their records," said Martha Casson, dean of Registrarial Services.

The point stressed by almost all faculty members is that the facilities are there for the students.

"There are some (students) who do pay their fees and there are some who don't. They sit in class, write tests, attend labs and basically get a free education. They don't, however, have any courses on record and no indication that they are students," said Casson.

As far as Judy Harvey is concerned, "a Humber student is a Humber student. Students who find that their privileges have been revoked should go see the Manager of Registration or the program clerk. If the problem surfaces in the library, students should go to registration for a printout with their student I.D. number.

Education cuts

The hidden agenda behind Bill 160

BY SEAN HAMILTON
News Reporter

The proposed changes to postsecondary schools by the provincial government came as no surprise to Humber's administration, or faculty union.

More than a week ago, the confidential performance contract of the Deputy Minister of Education, Veronica Lacey, was leaked to the media.

The performance contract set specific purposes and goals which Lacey must meet to qualify for annual bonuses. The 16 page performance contract was a clear outline of what the ministry plans to achieve regarding elementary, secondary and postsecondary school systems for 1997-98.

Robert Gordon, president of Humber College, said he was not surprised by the leaked document. What Gordon said he didn't know was how detailed a plan the government had.

"What we didn't know was how very prescribed it was when it came down to the sub-units, in our case postsecondary education," he said.

Faculty President Maureen Wall said she was also not surprised by the leaked papers.

"There was this ominous feeling that something was going to happen when Bill 160 was introduced," said Wall.

Gordon criticized the provincial government for how it is going about the changes. "Usually you hire senior people to have some vision, to have some specific suggestions as to what to do and some strategies to carry it out," he said adding, "That is not leadership, that's administrative."

Gordon has given thought to the proposed changes but believes the government will not implement many of the plans it has for colleges and universities because it will be too busy with the teachers in the elementary and secondary systems.

Gordon said privatizing could be a positive for the colleges as long as there is a balance between privatization and non-privatization. "We do it in some areas we think are guaranteed jobs, therefore students can afford to put up the money for a fast track program."

"Privatization is of some interest as long as we can balance it out with what people can afford," he said.

Wall does not agree.

"By privatizing chunks of the college they could operate outside standards. This could have an effect on students because they could raise tuition based on what the market could bear," she said.

"Usually you hire senior people to have some vision, to have some specific suggestions as to what to do and some strategies to carry it out," he said adding, "That is not leadership, that's administrative."

—Robert Gordon

Another proposed change is to OSAP that would make it harder for students to qualify for loans, and would force schools to crack down on students who default on their loans.

Gordon said it is ridiculous to punish students who can work part-time and still carry a full-time course load, adding the changes to OSAP is a very serious issue. He said he hopes the government will ask for input, especially from students.

"Hopefully they will come up with some interesting things like the government (income) contingent plan or five years with no interest," said Gordon.

Another reason Gordon feels the government should think carefully before making huge changes to the OSAP system is many students drop out because of financial problems. The province wants to start holding schools accountable for retention rates.

Besides students dropping out because of financial woes, Gordon said many drop from full to part time studies because of other commitments or responsibilities, and a lot of students leave school because of job opportunities.

"Should we be penalized because an out standing student took an out standing job?" he asked.

Gordon said that is when retention gets tricky. "It's not just holding them until they all graduate. There are other ways of measuring."

Wall agrees with Gordon, saying schools should deliver but there has to be a better way to measure it.

"The colleges should be delivering quality but there aren't very many details about how that quality would be measured. So it seems as though what is suggested in the document and the findings would be based on retention of students and also employer satisfaction and I think both of those are very dangerous things to measure."

Among the proposed changes for the postsecondary system are:

Accountability:

The documents calls for the Ministry to work with colleges and universities to improve accountability to students for the teaching and learning opportunities.

- Degree Granting Status:
- Limited degree granting status for colleges to be introduced.

Student Assistance:

An income-contingent loan repayment program is to be in place by September 1998. This is to ensure that students pay a reasonable share of the cost of their education. The cost of loans will be reduced and default control for OSAP will be implemented. Forcing students to pay an extra \$1.2 million for the use of open learning centres and \$4.5 million in fees for apprentice programs.

The privatization of some college programs, which would result in charging students the full cost of tuition.



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The impact of ethnic nationalism

BY ANDREW MCKAY
News Reporter

Thomas Wolfe once said, "You can't go home again." For Gordana Knezevic, the saying has a very literal meaning.

Knezevic, who now lives in Toronto, hails from the former Yugoslavia. She was at Humber to give a lecture on the impact of "ethnic nationalism."

"It's a funny feeling to say that I'm from a country that doesn't exist anymore," she told the audience. "My country was basically erased from the European map without anybody caring."

"We wondered who could shoot his own cousin? Or his neighbor?"

- Gordana Knezevic

Knezevic was the deputy editor-in-chief for Sarajevo's largest daily newspaper. She received a Courage in Journalism award for her efforts in maintaining a free press while the war raged between Serbs and Croats. She moved to Toronto last year with her children, who had been living in England and the U.S. during the war.

She now works for the Canadian Committee to Protect Journalists, and occasionally gives lectures on the realities of war and ethnic fighting.

"(Yugoslavs) couldn't imagine who could turn peace into war," she said. "We wondered who could shoot his own cousin? Or his neighbor?"

Knezevic outlined the simplicity in beginning such a war. She said Yugoslavia's first election, dominated by ethnic nationalist parties, combined with "an idle army" to create a volatile situation.

"We had a big army because of the Cold War. We needed it to protect us from the East and West. Once the cold war was over, we had this big professional army, 80 per cent Serb, doing nothing. You can't just wake up and say 'today, we have democracy', so the Serbs used the army to make their case."

The result was a war based on ethnicity, in a country populated by Serbs, Croats, and Muslims. The lines of loyalty became blurred.

"In one famous story, a Serb man was married to a Muslim woman. While the man was at work, the Serb army came to recruit the family's son. The wife refused, so the army shot the boy. When the husband came home, he saw his dead son. When the wife told him she had refused to let the army take him, the man shot his wife."

Knezevic said afterwards that Canada can learn from the war. She notices parallels in the ongoing animosity between Quebec and the rest of Canada.

"I am concerned, because I recognize the way people in Quebec are threatened by the surrounding English," she said. "It's



COURTESY PHOTOS
Serb soldiers rest before renewing full-scale assault on the enclave of Gorazde.

an irrational fear, but Canadians should do whatever they can to make Quebecers comfortable."

But Knezevic doesn't think Canada could ever see the type of battles she witnessed. She said, "maybe I'm naive or optimist. The army was so important. Even if you have an unhappy course of events, there's less danger without a large force to create disaster," she said.



Jamaican Connection

Humber aids Jamaican students

BY BROOKE FONTYN
News Reporter

As of January, Jamaican students will be able to take Humber College courses without leaving Jamaica.

Humber's School of Hospitality, Recreation and Tourism and the HRT Alliance are creating tourism courses in Jamaica.

"It is designed for Jamaican students who cannot afford to come to Canada," said Hotel and Restaurant Management Co-ordinator Rosemary Grivich.

The Jamaica Alliance was developed by a team of co-ordinators and teachers from Humber. Grivich, the project leader, Dan Reeves, program coordinator for sectoral diploma (a program offering generic and transferable skills in Hospitality, Recreation and Tourism) and Travel and Tourism professor Dawn Atkins.

The project team developed the programs, planned the curriculum and selected textbooks and instructors. The courses will first be offered out of Club Jamaica in Ochos Rios.

"We are starting there and then hopefully expanding with a satellite campus in Montego Bay," Grivich said.

"We are hiring someone from Jamaica in the business, who is familiar with the culture and familiar with our needs as well," he said.

From November 26 to 28 workshops will take place at Club Jamaica in Ochos Rios to generate interest and awareness of the program.

The courses are held in four week modules with classes two to three times a week. Course costs range from \$130 US to \$195

US. The two introductory courses being offered are Service Excellence and Foundations of Tourism.

After completing these courses, Jamaican students can choose an area of specialization such as Recreation and Leisure Services Management, Hotel and Restaurant Management, Sectoral/Multiskilling, and Travel and Tourism Management.

"This is a unique and exciting program. Results in January will determine what will be done in the future," Grivich said.

"Jamaica is a hot spot right now in terms of education," Reeves said. "Traditionally, Jamaican people were given a certain amount of service, now the market has shifted with European and North American investors. Service is critical to attract and keep customers."

According to Reeves, the international companies in Jamaica have service-oriented training programs available for their staff, like on-site universities. Local companies have to compete with this and find themselves without the same type of training.

Grivich said the program is the result of HRT's director John Walker's successful visit last March. She said he went down for information sessions and found that there was a great interest for a program of this sort.

"From there we generated a database and an information package for those interested," Grivich said.

Instructors and plans were finalized late last week and the launch is scheduled for January 6, 1998.

Bankruptcy no longer an option

BY MATTHEW BARBEAU
News Reporter

If "debt free is the way to be", then about 6,000 Humber students face a dismal future. Student loans quickly accumulate, leaving even first year students feeling the crunch.

As colleges increase tuition to compensate for provincial funding cuts to education, a decrease in enrolment and a record number of students who didn't follow up on loan applications has raised questions about the state of student aid programs.

Most students are aware of how much they have borrowed, but many aren't sure how much they will be expected to pay back. Students in Ontario are forced to deal directly with banks, which could mean paying prime interest rates plus two or three per cent on top of their continuously growing debts.

"I don't know how much I'll owe by the time I'm done," said Patrick Biggar, a second-year Marketing student at Humber. "It'll be some outrageous amount that will take me a few decades to pay off. I'm broke enough already and the bank still insists on charging students extra."

Sharon, a representative for Canadian Imperial Bank of Commerce, Student Loans Division, said they have to remain within the government guidelines. "They (guidelines) vary from province to province. Here, we charge students our regular prime rates plus 2.5 per cent."

According to an article in the *Toronto Star*, the average university student's debt upon graduation is expected to be \$25,000. This means new graduates would be responsible for monthly payments of \$305 for almost 10 years.

Margaret Antonides, manager of Financial Aid at Humber, said she

thinks the numbers students face are horrendous. In order to cope with costly payments, she recommends the Interest Relief Program which allows a student to suspend their interest for up to three years. Of course, there are restrictions.

"You're eligible if you don't get a job or get a low paying job," Antonides said. "What we have to make clear to the students is that they have to go to the bank and negotiate that (interest relief). Once they leave here and take their documents, it is between them and the financial institute."

As for trying to make money while collecting OSAP, forget it. In previous years students could earn up to \$2,000 before their loans were affected. This year, students are allowed to earn only \$600.

"It's a very low amount and a big point of argument with the ministry," Antonides said. "It is making our jobs very difficult because a lot of students are very nervous about it. We still don't know how they are going to track it, so if you think you're going to make \$2,000, you won't really know until April."

The Canada Student Loans Program (CSLP) was established in 1964 to provide easier access to post-secondary education. The CLSP has provided more than \$12 billion dollars in loans to more than two million students since it began. It is subsidized by the federal government which pays the interest on loans while the student is in full-time studies.

Financial Aid for students consists of money from both federal and provincial governments. Many, if not most, provinces have installed programs that provide money up front and forgiveness of a portion of the loan after graduation. Some provinces will even forgive debts above certain levels.

Provincial education ministers are lobbying the federal government to do the same, an idea that could cost hundreds of millions of dollars.

Regardless of the total debt students may have accumulated, they are obligated to repay their loans. Since the CLSP can directly affect one's credit rating, defaulting on payments or claiming bankruptcy is considered a poor choice. Loans must be repaid whether or not studies have been completed or if the student drops out of school. Once the loan is given to the student, there is nothing they can do to avoid repaying it.

Beginning this school year, students will be required to maintain an average grade of 60 per cent.

Contrary to popular belief, OSAP is not meant to replace a student's income nor is it to completely fund the student's education. OSAP loans are meant to supplement a student's financial resources. Those students without extra resources have very few options to remedy their situations.

Hollie Mielke, a first-year Pharmacy Assistant student, believes her loan to total around \$16,000.

"OSAP gave me enough money for tuition, rent, about 50 bucks a month for food and that's it," Mielke said. "I don't have anyone giving me money for books or lab fees. I'm on my own and I have been for a few years. If they (OSAP) don't give students enough, and we can't get jobs because OSAP will give us even less money, then what the hell are we supposed to do?"

It would seem that the problems with student debts are their amounts. Enormous debts continue to grow and graduates around Canada are left to deal with banks while the government sits back and watches.

Large corporations brainwash students

By COREY KEEGAN
News Reporter

Welcome to McWorld. It's big, rich, full of successful people and, according to a leading American academic, a dangerous place to live.

Dr. Benjamin Barber told a crowd at an Association for General and Liberal Studies conference, co-hosted by Humber and York University, all North Americans are citizens of McWorld.

Barber, an author, Rutgers University Political Science professor, and director of the Walt Whitman Centre for Culture and Politics of Democracy, described McWorld as a homogeneous global culture where huge companies like Microsoft, Coca-Cola, and McDonalds rule, unchecked by democratic institutions.

"If (Americans) don't like what Bill Clinton is doing, (Americans) can de-elect him, but if you don't like what Michael Eisner (head of Disney Corporation) is doing, there isn't a damn thing you can do about it," Barber told the crowd of teachers, administrators and a handful of Humber students.

Barber's speech reflected on his 1992 book *Jihad vs. McWorld*, where he identified two global forces at work; McWorld, the growth and increasing power of large corporations, and the splintering of nations into small ethnic and tribal groups.

"What the two have in com-

mon is anarchy. Each eschews civil society, belittles democratic citizenship and is indifferent to civil liberty," Barber said.

The students who attended largely agreed with Barber's analysis, but also thought he had his head in the clouds.

"The whole concept was very interesting, but I was bothered by parts of it," said Kerrie-Anne Gunn, a second-year pre-university General Arts and Science student.

Although thankful for being "alerted" to the ways of McWorld, Gunn doesn't see how she can do anything about it. "When somebody graduates, people are concerned about making money. Maybe, once you're in it, there's something you can do," she said.

This attitude was reflected by other Humber students. "I thought he was a dreamer," said Dorian Logan, a first-year Public Relations student. "He confirmed my suspicion, that I have had for a long time, that corporations are controlling everyone. I don't think it's right, but I don't see we have any choice," Logan said.

After his speech, Barber spoke directly with the students. He was asked how else, if not by corporate partnership, schools could get the computers they need to train on and maintain competitiveness in the job market. "You should try to create a world where you don't have to make

that choice," Barber said.

Barber warned of the dangers of allowing McWorld into the classroom. When public institutions, like schools, are privatized, then people no longer have control over them, Barber said. "Privatization is a recipe for the destruction of our civic identity, of our communities, of our commonality, of our very sovereignty - the power to shape our common lives. Wholesale privatization is not about the limitation of government, but the termination of democracy."

"Hopefully, Dr. Barber will tweak their interest and provide us with an opportunity to reflect on the possibility of education being controlled by corporate interests,"

-Wendy O'Brien-Ewara

Barber contends McWorld isn't interested in democracy. When people believe what is good for business is good for everyone, and what is bad for business is

bad for everyone, it is no longer hard to imagine if democracy becomes bad for business, it may vanish.

In McWorld, capitalism and democracy have lost their traditional connection, according to Barber.

China is an example. "It's not an accident that the world's last huge communist political system, without surrendering an iota of totalitarian control, has become the world's fastest growing market economy," Barber said.

That may sound scary, but Barber is optimistic. He suggested to teachers the best place to fight McWorld is in their classrooms. He added, however, they have a formidable task ahead of them because McWorld, via television, spends a lot more time with students' minds.

"Think of the children being born right now, who will grow up, and their best friend will be that flickering screen," Barber said.

Humber philosophy professor Wendy O'Brien-Ewara said one of her problems is getting students to read.

"Hopefully, Dr. Barber will tweak their interest and provide us with an opportunity to reflect on the possibility of education

being controlled by corporate interests (IBM and Chrysler) and what implications it might have," O'Brien-Ewara said.

She admits Humber has ties to businesses, something that should be approached with caution. "We have to carefully venture into corporate partnerships," she said.

One of her philosophy students isn't concerned. "It's (McWorld) a threat, but a minor threat at best. By joining them you can get rich, by fighting them you're shooting yourself in the foot," said Amar Bains, a second-year advertising student.

"We're not here to get an education. We're here to get training so we can get jobs and make money."

Barber told students that possessing skills alone left people with a narrow view of things. He said some American companies now recruit people with philosophy and classics degrees to fill in high ranking positions he said.

John Alias, a Humber professor of General Arts and Sciences agreed that training without education is not enough.

"They'll work in McWorld but they'll be selling the hamburgers, or if they're lucky, become managers of the restaurant."

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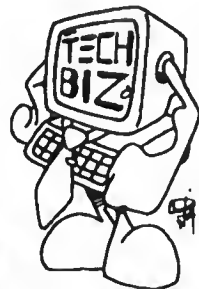
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Grey Monday causes panic

But some investment professionals say there's no need to panic

BY PATRICK BIRIKORANG
Business Reporter

When stock markets crash, investors panic and some sell their shares for fear of losing their money when company stocks fall.

But the senior investment professional at Toronto Dominion Bank (TD) told *Humber Et Cetera* that when a crash comes you don't have to panic, and you don't have to sell, because you will not know at which point in the market you will be selling.

"If you panic and say you want to sell your shares to your broker, potentially you could be selling at the lowest point on the market," said Dave Sypher, senior manager of Client Services at TD. "In other words, you could be selling low and buying high, which is in contrary to the old stock market saying, 'buy low and sell high'."

Sypher said a crash is a brokerage industry term used for a significant drop in the value of stocks and/or bonds on a particular exchange or group of exchanges. North American markets suffered their biggest point decline in history on Monday, October 27. It was also the worst drop in percentage terms since October 1987. Black Monday was



Hong Kong investors monitor share prices.

COURTESY PHOTO

the worst crash since the crash of 1929, which ushered in the Great Depression.

The most recent fall, dubbed "Grey Monday" by some, saw important U.S. and Canadian stock indexes fall dramatically. The Dow Jones Industrial Index dropped 7.18 percent, while the Toronto Stock Exchange's 300 index fell 6.17. In points, the Dow dropped 554.26 to end the day at 7161.15 and Toronto's 300 Index sank 434.25 to end at 6599.24.

Sypher said crashes affect the

ability of companies to reap new capital from the markets to finance their activities.

"If the market crashes, then investors are not willing to buy more shares in companies because they are afraid of not making enough (profit gains on their investments)," he said.

"So the ability for companies to go to the market to get additional capital to run their businesses or take over other businesses is

diminished."

Sypher said a stock market crash can injure an economy by restricting business and consumer spending on new goods and materials. This can mean less revenues for manufacturing companies and retailers.

He said higher inflation and a weaker Hong Kong dollar as a result of the crash could hurt the North American economy by reducing sales of companies which export to Asia.

"A lot of our economy is based on exports to very hot markets like Japan and Hong Kong," he said. "Companies like Northern Telecom Ltd. have big contracts in Hong Kong. Also our pulp and paper industries and forest product companies in Canada sell a lot of wood for house construction in Hong Kong."

He said such a cycle causes doubt in the minds of investment professionals that companies like Northern Telecom and Macmillan Bloedel Ltd. can sustain sales in Asia.

"So a crash in Hong Kong and currency devaluation has caused a lot of doubt amongst investment analysts here in Canada, that companies like Nortel and our forest product companies will not be able to sell in Hong Kong, thus the effect (on North American markets and the economy)," he said.

The price of shares in Canadian telecommunications giant Northern Telecom fell \$12.40 on the Toronto exchange on October 27, as a result of the crash, to end the day worth \$117.50 a share, while Canadian forestry company Macmillan Bloedel Ltd. shares dropped \$2.10 a share to \$17.65.

Video games go online

BY NATHIAN GORMLEY
Tech. Reporter

The next step in video games has arrived: online gaming.

Seen as the next logical step by many, online gaming has slowly increased over the past two years. As advanced video games and Internet access become available to more and more people, the combination of the two was inevitable. But now it is headed for heights only dreamed of in the past.

One month there were only a few players and games, the next there were thousands.

— Lesley Mansford

At first, Web sites were established to allow (for a fee) any game to be played that supported two-player modem games. Games like *Duke Nukem 3D*, *Warcraft 2*, and *Command and Conquer* were the most popular, with thousands of gamers from across the world jumping online to battle it out against their friends, both local and foreign.

For example, a gamer at

Humber could play *Quake* against someone across the road, or someone in Singapore. Web sites such as Ten Online (www.ten.net), and Mplayer (www.mplayer.com) flourished, allowing for more games and players.

"The interest in online games came in a total rush," said Lesley Mansford, a spokesperson for Ten Online. "One month there were only a few players and games, the next there were thousands. The more people that play online games, the more developers realize the growing popularity of this option in their games. Now, the majority of new PC games have Internet capabilities."

Now Internet-compatibility has become the standard in PC games, and some console games. Sega Saturn released a modem peripheral last year, the Netlink, which allowed many of its games to be played with fellow Saturn owners on the television. The most popular games out now have built-in Internet features and compatibility. *Quake* set the precedent with its rich multiplayer modes, while games like *Diablo* and *Ultima Online* established a new kind of gaming experience: longevity and character building.

In *Diablo*, players create a character which they watch grow into



COURTESY PHOTOS

Point and click your way to a new computer experience.

a powerful monster hunter. A simple premise, but when taken onto the Internet becomes an epic adventure. Players can team up with each other to fight the demons, trade items, barter, fight each other, etc. Players form guilds (a nice way of saying medieval gangs) together: guilds of wizards, warriors, or thieves. There are even bounty hunters, players who receive gold or special items from one player by killing another player on contract.

Ultima Online, a game created to be played specifically on the Internet, has taken *Diablo's* multiplayer premise to new heights. Gamers can actually build their

own houses, create towns together, hire guards to protect their towns, adventure for treasure ... the possibilities are almost endless.

Tom Holtrust, an employee at Electronics Boutique, said online games are definitely more popular. "Ultima Online has become one of our top-selling games recently. You can definitely see a trend in the sales: games that can be played on the Internet, as well as by yourself, are selling way more than other games," he said.

Developers take note. The Internet has once again become the stepping stone to the next level of entertainment. Where will it go next?

SOUTHPARK

<http://www.comcentral.com/southpark>

If you're a fan of the craziest



new, cartoon Southpark, well then you better check out their site on the Net. Visit the gang of Southpark, listen to the theme song, check out the show, or play games like playcart man, wordjumble, or Southpark stackup.

100 HOT JOKES

<http://www1.web21.com/jokes>

What do you get when you put 100 hot jokes on the Net? Exactly that, 100 hot jokes on the net. If you want to laugh or make someone else laugh, then check out some jokes ranging from Italian priests, three drunk mice, to rednecks.

VIRTUAL ARCADE

<http://www.thearcade.com>

Play the celebrity slug fest and beat up Madonna, Fabio, Tori Spelling, or the bad guy, OJ. Play your old time favorites like Frogger, Asteroids, or be a sumo wrestler, or just lounge around and play darts, or one of the many other games at the arcade.

THE CONCERT WEB

<http://www.theconcertweb.com>

This is a pretty cool site filled with thousands of pages related to bands, record labels, and all styles of music from all over the world. No matter what kind of music you're looking for, Italian, Spanish, Ukrainian, you'll find it here.

OVI'S WORLD OF THE BIZARRE

<http://netmar.com/users/ovigher/ovi.htm>

Weird, bizarre and funny is what you'll find here. Twenty-five weird U.S. sex laws, wacky trivia, cartoons, and a collection of shocking but true news stories about stupid criminals and others. Also check out the bizarre and fun page of the week.

CFL

www.cfl.ca

This site makes it feel like the CFL is on top of the world. Visit past links or find out everything about the Grey Cup.

BOB MARLEY

www.BobMarley.com



This site explores "The Legend's" life, music and philosophies. The site includes interviews, photos, everything you want to know about the man, the myth, the legend.

WICKED WEBSITES IS COMPILED BY DAVID ACETO

Editorial

Colleges pussyfoot about

Like the mouse that doesn't squeak while watching the cat devour his mate, college administrators, students, and faculty have been awfully quiet during the recent elementary and high school teachers' strike.

What the mouse doesn't understand is it'll be his scent that kills him once the cat decides to turn in his direction.

The beady little eyes of Johnson and Harris will turn towards the colleges once they finish this nasty business with secondary and elementary school teachers, which, with the way things are going, won't be long now.

In a 12-page document leaked to reporters, the Ontario government shows it has definite plans to restructure colleges, both financially and organizationally.

The myriad plans the government has in store for colleges include changes to the Ontario Student Loan Program that will make it harder for students to qualify for aid, and a further crackdown on those who default on loans.

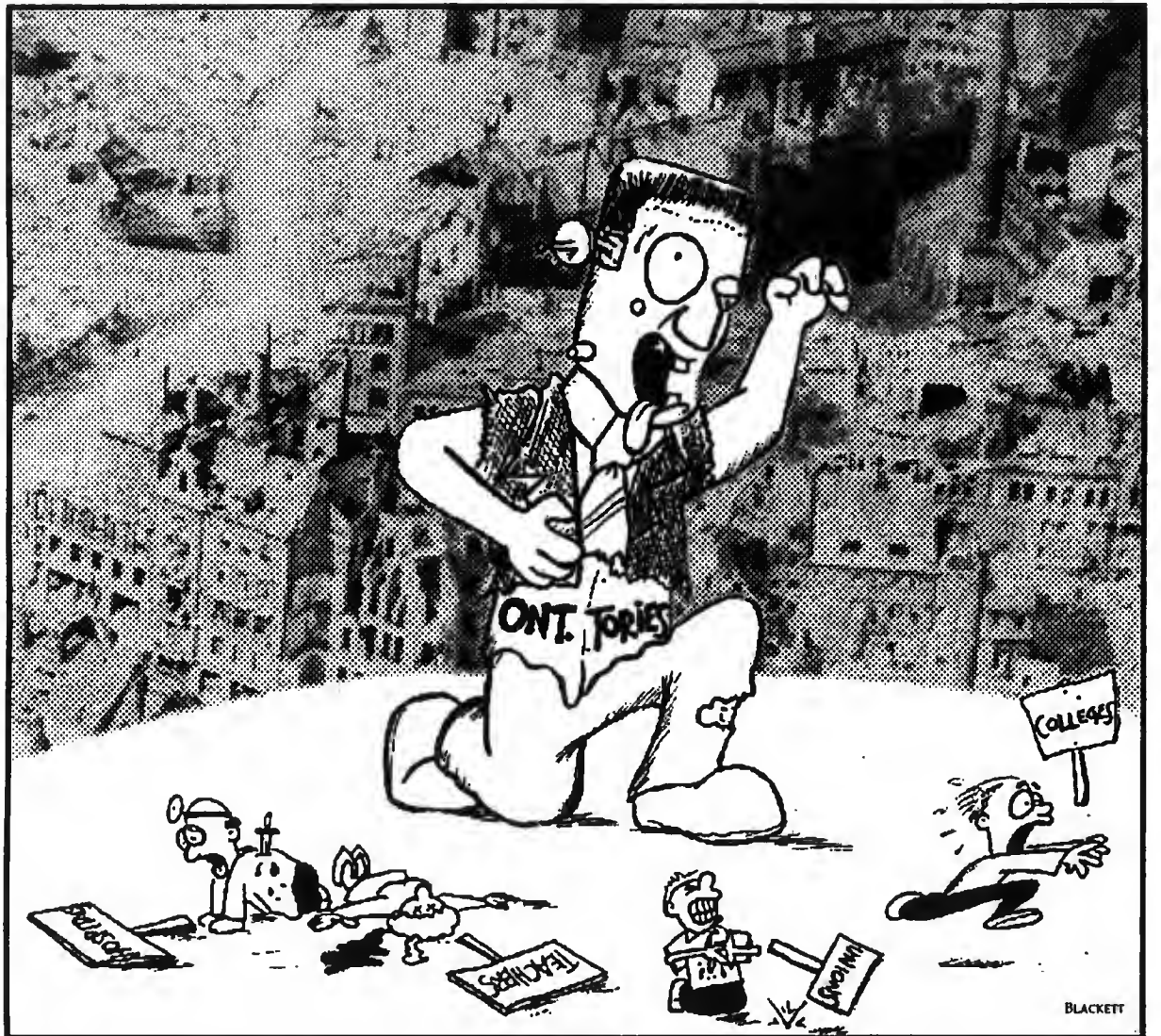
Other changes include a new funding system for colleges based on keeping students through graduation, and the quality of their employment afterwards. The Tories also plan to deregulate the current fee structure, which could see students pick up the full cost of some courses.

In a recent *Globe and Mail* article, Humber President Robert Gordon, Chairman of the Committee of Presidents for the colleges, said the revelation did not come as a surprise.

"They've been so tied down with the elementary-secondary side that they haven't made much of a start with what they've proposed for the post-secondary sector," Gordon said. "It's quite a list of activities. But, it's easier said than done."

No doubt, that's exactly what secondary-elementary teachers thought too when Bill 160 was still in the planning stages. Perhaps they were also thinking that the sheer bureaucratic enormity of restructuring public education, along with a teachers' battle, would force the government to back off. Instead the battle has shown that this Ontario government will not waiver from their steadfast position of cost-cutting and restructuring of Ontario's public programs.

One public education fight is coming to an end, but another is on the horizon, and the losers will be the students once again.



Killing in the name of love

Did Robert Latimer commit murder? Legally and morally, yes.

Should he spend, at the least, 10 years in prison? No.

Latimer and family have been serving a life sentence since his daughter Tracy's death. His remaining children, ages 14, 12, and four will live with pointing fingers, stares and whispers for years to come. Latimer is forever branded a murderer.

A jail term would serve no purpose other than cause more suffering for children who need their father's love, and a wife who needs her husband's support.

Should others be encouraged to kill those with severe disabilities? Absolutely not.

His is a unique case with no Canadian precedents. He cannot be compared to the likes of Clifford Olson. Latimer killed because he loved, possibly too much. He saw no end to, or solution for, his daughter's pain.

Truly believing he was doing the right and best thing for Tracy, he placed her in his truck and allowed carbon monoxide to painlessly end her life four years ago.

It's easy to judge him for his crime and demand justice. It's not so easy to judge ourselves if put in his place, or to determine the severity of Tracy's pain.

She endured several surgeries said to add to her pain. Just days before her death, doctors recommended removing her right thigh bone. Her mother cried, and remarked that now they wanted to start mutilating Tracy.

Her pain was difficult to ease. Medication was limited to regular strength Tylenol. Other drugs interfered with her anti-seizure medication, repressed her breathing, and limited her already poor gag reflex, increasing the risk of her choking to death. As a father, Latimer was helpless. All he could do was watch her suffer.

Parental love for Tracy was obvious. She was once placed in a group home, where she quickly lost one-sixth of her body weight. Because she was loved, Tracy was taken home and regained weight. The Latimers said any thought of institutionalizing her again was out of the question. If they had placed her in an institution, critics would have labeled them as cold and uncaring.

Euthanasia and mercy killing are unpleasant subjects. But they are issues that must be addressed by both the medical and legal communities soon. If legislation does come to pass, it must contain very specific guidelines for who can be considered for merciful death to prevent other Robert Latimer situations.

The message has been made clear. Mercy killing constitutes second-degree murder, and will not be condoned or exempted.

Tuning in to Fascists

The Canadian Radio and Television Commission (CRTC) is imposing a seven second delay on the Howard Stern show, in an effort to curb his anti-francophone rhetoric.

After raising the ire of Quebec listeners many times for calling the French "Nazi collaborators", for their fraternization with Hitler's army in WW II after being invaded, Stern rants regularly on how the French are unappreciative of North America's efforts in liberating them.

Anyone who listens to Stern knows the man is nothing more than a loud mouthed moron who should not be taken literally.

It is Stern's plan to evoke a negative reaction from the general public. It is his type of radio trash talking that made him the celebrity he is today.

Despite the fact Stern's comments are tasteless and irrelevant, censorship on any level, is not a constructive solution.

The CRTC's decision to censor Stern's show, is a victory for both Stern, and for a Fascist, self indulgent governing body that already boasts too much power. This is the same CRTC that denied the black community in Toronto the opportunity to operate their own radio station on the FM band, choosing instead to grant the Canadian Broadcasting Corporation (CBC) a third radio frequency in southern Ontario.

If, as a listener, you find Stern's comments offensive, change the channel. A dramatic drop in Q107's ratings during the morning show wars is far more damaging to Stern than censorship.

Censorship can only hurt democracy. Hitler showed us that.

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HUMBER ET CETERA ONLINE:

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Opinion

CFL a thrilling ride

BY VINCE VERSACE

Let's get one thing straight. CFL football is superior to NFL football.

The proof is in the pudding, last Sunday's thrilling Eastern Final between the Montreal Alouettes and the Toronto Argonauts, a CFL classic. It was a colossal battle that went back and forth between the two powerhouses. The game's outcome was never clear, just like the majority of CFL games. When Doug Flutie hooked up with Mike "Pinball" Clemons with less than a minute left in the game, the rollercoaster game ended. It left the 32,000 plus fans breathless. How often do you see truly classic NFL games? Other than a few odd Monday night games earlier this year, NFL games are a great cure for insomnia.

That same Sunday, the NFL

brought you such classic games as Tennessee pounding the New York Giants 10-6 and New Orleans scorching the Oakland Raiders 13-10.

The CFL provides games that are decided by special teams and offence. Yes, offence, a novel idea for a football game. The NFL does not seem to grasp this concept. CFL games tend to go down to the wire and actually have teams scoring touchdowns. There are no 9-6 games or field goal kicking contests on a weekly basis. The NFL wants you to think this is attributed to great defensive play. They are just using smoke and mirrors to sell you this along with their league.

They sell the glitz and the glam of their game but where's the substance? I'll admit the NFL has the superior athletes but not the superior games. They hinder their

athletes with their small playing field and four down brand of football. Imagine how great Barry Sanders, Jerry Rice and Brett Favre would be if they were pressed to move the ball in three downs, instead of four. Our game may not have the best football athletes on the planet, but they play the purest brand of football.

"Our players are so tough they only need three downs to play," is an advertising slogan used by CFL marketers. Unfortunately, the CFL needs to sell their exciting game in a glitzy package to the MuchMusic generation. The game once sold itself. But, our obsessiveness with all that is American is cheapening something that should be an integral part of our national heritage. The CFL says another reason it is better is because, "Our balls are bigger." Now that I agree with.

Bring in the clown

BY ANTONIO TEDESCO

Let's see if I can understand this.

The Megacity is a reality and so is its first Megamayor. But unlike the other candidates, Mel Lastman is a real pleasure to look at.



COURTESY

Everyone loves the circus and with good ol' Mel's grey clown wig (wait a minute, that's his real hair!), Toronto can look forward to some fun times ahead. Damn, that hair is funny.

The clothes he wears, and the way he belts out those "NOOO-BODIES", must be the ramblings

of a once-prosperous circus clown. His gleaming eyes and dopey look bring a smile to my face. And if the comparison to a circus clown isn't clear yet, remember that he appears with a monkey on those ever-annoying Bad Boy commercials. In the greater scheme of things, Lastman didn't win by a landslide, but he did win.

With Barbara Hall out and our Barnum & Bailey reject, in there's one question that still troubles me. Will he climb out of a small car with the rest of his staff?

Finding reason for the season

BY VICTORIA JACKSON

If you've been wandering the malls this past week, you've probably noticed that it's beginning to look a lot like a certain holiday season.

"That's right. 'Tis the season of lineups. Looking for a furry red guy who vibrates and laughs.

No not Santa Claus, but "Tickle-me-Elmo" or whatever toy will wreak havoc on every parents' sanity and pocketbook this year.

I'm not against commercialism at all.

I'm an employee in the wonderful world of retail, so commercialism has me pretty much gainfully employed.

I also believe most people understand the holiday season is a time for family. Most of us enjoy that part.

But I don't understand the person who whines, "The holi-



BLACKETT

days are too commercialized," while waiting in line to buy presents.

This season is only as commercialized as you make it. Each of us makes the choice — do I sit and make all my gifts, do I brave the crowds and shop for presents, or do I sit at home and order gifts over the phone?

I honestly believe that if you have more fun selecting gifts for other people than for yourself, no one can label you materialistic.

As for me, I am a real present hound. Like buying 'em. Like giving 'em. And admittedly I really like opening 'em. I love the surprise. I never peeked (intentionally) in my life.

But, I also consider a card a present. If someone took the time to fill out a card especially for me, then I got a gift of their time.

However, since I wish to keep the retail world healthy on the bucks side, and thus my own income, I encourage everyone to make their way through the crowds.

But smile, sing along with the tunes, relax and don't let the grumps get you down. This is supposed to be a holiday after all.

wire campus

Brock University

Students at the DeCew Residence of Brock University have come up with a creative way to spend Tuesday evenings.

Students have started a club entitled BATH or Brock Arts Theme House. The club is for those who have an interest in many different forms of art, but also those who are interested in meeting people. So far, the club has been painting around campus and is planning an 'open mike' night for those wishing to express their creative talents.

Huron College

Remembrance Day had extra special meaning at Huron College this year as the college unveiled a plaque honoring former students who died while serving in the two World Wars. The names of deceased students were obtained from the Commonwealth War Graves Commission, the national archives in Ottawa, and the Public Records Office in Britain.

compiled by Paul Richardson

The editors of the Et Cetera want to hear from you. Letters can be dropped off in the newsroom at L231 (North Campus), or by e-mail at: humberetc@hotmail.com. All letters must include the writer's name, signature, and phone number.

Good Canadian, Bad Canadian is brought to you by LIAM LAHEY

Good Canadian



War Veteran Tom Ducette



Whitby resident Tom Doucette fought for his country for six years in World War II.

In a letter to a Toronto daily newspaper two days ago, Doucette recalled his most vivid memory during his time in Europe in 1944. It was the heroic efforts of Raymond Jang, a Canadian of Chinese lineage.

Jang had his leg blown off below the left knee by a land mine, yet forced Doucette to drag him from a military hospital back into battle to find a fallen comrade.

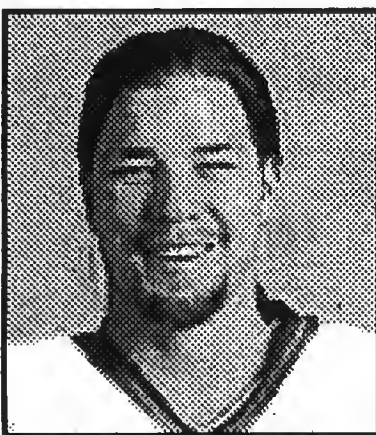
Doucette said he served with "many men of different racial backgrounds who all had one thing in common: We were all Canadians".

Doucette's memory of his brother in arms is a touching reminder of how we, as Canadians, can pull together when it matters most, despite our differences.

Bad Canadian



Hockey Player Chris Simon



Spewing racial epithets at others is not only disgusting, it's especially shocking when it comes from an individual who has endured similar ignorance.

Washington Capitals forward Chris Simon, a native Indian from Wawa, Ontario, called Edmonton Oilers' Mike Grier a less than flattering name in the heat of battle last week. Grier is an African-American.

Considering the adversity that faces native Canadians, Simon admitted he knows better than to use derogatory comments towards others.

Although he has apologized, the "pride" of Wawa has only succeeded in shaming himself and his hockey club.

Et Cetera Health

Government deems melatonin unsafe

BY PHILIP HAHN
Health Reporter

I walk up to the man behind the counter.

"Are you Jack?" I ask.

"Yes," he says suspiciously. But then a smile and a look of relief comes over his face, as he's figured out who I am. A trusted, long time customer of his, who's also a friend of mine, called him an hour ago to say that I'm okay.

"You're here to pick something up, right?" he asks.

I nod. He looks left, then right, reaches behind the counter, and retrieves something in a small paper bag. He opens the bag and lets me see inside: a small brown bottle filled with 60 white, three milligram melatonin tablets.



PHOTO BY JOANNA WILSON

Melatonin is synthetically produced and is commonly used as a sleeping aid.

Melatonin is widely available in the U.S. and across Europe, where it has become a popular natural sleeping aid. The U.S. Food and Drug Administration reports that there have been virtually no side effects in the two years that melatonin has been selling over the counter. So why is it illegal in Canada?

The Health Protection Branch (HPB) of Health Canada composed a list of more than 40 natural and synthetic products to be banned — products available without a prescription in the U.S., Japan and the UK. The HPB said they would enforce fines or imprisonment on any proprietor or health care professional caught

selling these products.

So Canadians who want melatonin either have to find someone like Jack who sells it illegally, or obtain it by mail order from the U.S. The HPB states the latter method is legal, as long as the melatonin is for personal use.

Dr. Zoltan Rona, a practitioner of nutritional medicine in Toronto and past president of the Canadian Holistic Medical Association, said that "all this really results in is a bias against Canadian small business."

"If the HPB considers it safe for a Canadian to use such products,

why is it unsafe then to purchase the exact same product in a Canadian health food store?" Rona asked.

The public has put a lot of pressure on the government to ease up on their strict regulations. The government's response was to send Health Minister Allan Rock, to speak in Toronto on October 4.

In a crowded courtyard, in front of The Big Carrot health food store, Rock introduced a moratorium on the HPB's regulations, which would delay their implementation until January 1, 1998. In the meantime, he said he would

make recommendations to the Standing Committee on Health, which includes "Respecting the maturity of Canadian citizens to make their own choices, but at the same time maintaining a reasonable amount of regulation."

"I'm going to ask this committee to listen to the whole spectrum of people who are knowledgeable about natural products," Rock said. But to Rona, this is all a hoax.

"[Rock] is very vague. He'll impress people who don't know a lot about medicine. But what he's proposing is useless," Rona said.

"The only thing he's promised is to hold a moratorium, but that still doesn't bring back the products. It's a meaningless exercise."

Rona added that "the end result may be that we'll have restricted access to these products. And what I'm afraid of is that smaller manufacturers may be run out of business. They can't afford quality control, DIN [Drug Identification Number], and other regulations."

If Rona's fear becomes reality, Canadians will end up buying their natural health products and herbal remedies in large chain drug stores, with a limited choice

of brand names, and a narrower range of products to choose from.

And I may be buying my Melatonin from Jack in his basement instead of under the table at a health food store.

- Jack is a fictional name in order to protect the proprietor's identity.

What exactly is melatonin?

When our eyes see darkness, the pineal gland, a small pea-sized organ which lies at the center of the brain, secretes melatonin.

As we get older, we produce less, which is why scientists believe younger people fall asleep more easily.

The majority of melatonin supplements are synthetically produced, but are chemically identical to what we produce in the brain.

In fact, scientists prefer the synthetic melatonin because of greater control and quality.

Oops...we goofed!

In the November 5 issue of *Humber Et Cetera*, the story "Hepatitis A common in the U.S." said there was an isolation period of 20 to 50 days... It should have read incubation period.

We apologize for any inconvenience this may have caused.

CKHC FM 91.7

Hits of
yesterday
and today

Doulas helping new mothers

BY VICTORIA JACKSON
Health Reporter

The baby's coming! So you go to the hospital, you have the baby. Not even 24 hours later, you're checked out. Now what?

There was a time when a new mother stayed in the hospital for a few days and had a nurse who would assist her with all the new chores.

Not anymore.

But, there is a ray of hope. A postpartum doula (doo-la). She is specifically trained to help you and instruct you on the care of your newborn.

Cathy McSorley of Newmarket has been a postpartum doula for one year.

"There are actually two types of doulas. There are labor support, or birth doulas or there are postpartum doulas," McSorley said.

As a postpartum doula, McSorley provides a helping hand for new mothers.

"We give lessons on bathing and feeding the baby, but we also help out around the house. We'll do small chores like some laundry, or preparing a meal, or babysitting any other children. We just want to make sure the mother is resting," she said.

McSorley, 35, and the mother of three children, said she originally wanted to be a midwife.

"With small children, there was no way I could do it. A midwife has to be on call at all times. But my instructor told me about doulas," McSorley said.

Doula is a Greek word meaning the top female care provider for the female of the house. Another translation of the word is a slave or a woman's handmaiden.

Cheryl Stewart, a birth doula, compares it to

being a female valet.

"A doula doesn't try to run the woman's day for her, she just helps it run smoothly and supports the woman in her choices," Stewart said.

A birth doula supports the woman and her partner throughout the birth.

"It's our job to provide the woman with emotional support. When you're in labor, it's good to have a person there who can interpret the information. It gives the woman control," she said.

She added that she really wants new mothers to leave the hospital with a positive memory.

Stewart is also part owner of Pre-Natal Plus, a pre and postnatal education clinic.

The clinic offers classes for expectant and new mothers on caring for their baby.

McSorley agreed education is the most important thing a new mother can have.

But as a postpartum doula, she is there for other things as well.

"It can be lonely to have a baby. If you are a career woman, and suddenly you're away from work and the only person with you can't talk, you can get starved for adult interaction," she said.

McSorley said loneliness and isolation from other people can sometimes lead to postpartum depression.

"A doula is there to give a mother someone to lean on, but also someone to talk to. A doula can also recognize the symptoms of postpartum depression and suggest therapy for the mother," McSorley said.

Doulas are trained by DONA (Doulas Of North America).

The perfect penis in about an hour

The operation men are having to boost their self-esteem

BY DANA JAMES
Health Reporter

Everyone is talking about the prosthesis that Marky Mark Wahlberg used in the movie *Boogie Nights*, but little do they know he could have avoided the whole embarrassing situation with a 55-minute outpatient operation.

Penis enlargement surgery has been available since 1991. Of all the men who have this procedure, 95 per cent have done it to boost their self-esteem and confidence. The surgery involves two separate procedures, both completely natural and do not involve implants or other foreign materials. The first is a lengthening procedure, originally developed more than 20 years ago to treat boys suffering from "microphallus", an abnormally small penis. The second procedure is a fat transplant process adapting traditional plastic surgery techniques.

The amount the penis can be lengthened depends on the man's anatomy. The results generally range from one to two-and-a-half inches. The lengthening is achieved by making an incision in the pubic region and removing the fundiform and suspensory ligaments of the penis. This allows the part of the penis which is contained inside the body, to move forward. There is no way of knowing what the length increase will be prior to the operation.

No actual length is created since the penis is not divided or added to. This procedure allows the penis to be repositioned so it sticks out further from the body and allows greater flaccid and erect lengths.

Director of Patient Services at Cosmetic Surgery International Scott Clark said, "Cosmetic care, unlike any other surgery, is to enhance a body part."

Unlike breast augmentation surgery, in which patients see immediate results, penile lengthening requires the use of medications to prevent scar tissue and weights to increase the length of the penis.

After the surgery, a lengthening device is

used. This specialized stainless steel weight is worn from the end of the penis. The weight helps the penis to heal at its new length and helps to achieve the longest penis possible.

The most immediate increase will be noticed in the flaccid state but with the use of the weights, the erect length will develop over the following months.

The widening process involves a transfer of fat cells from the patient's lower abdomen into the tissue between the skin and the erectile tissue of the penis.

The patient's own fat cells are used for the augmentation because they have a lesser risk of rejection from the body. The circumference can be increased by 30 to 50 per cent, depending on the results desired by the patient.

Some surgeons feel the transfer of fat cells is not the most effective way to widen the penis. There is a new procedure called Dermal Graft Augmentation, which involves taking the dermal grafts from the crease where the thigh meets the buttocks. The doctor inserts the dermal strips on each side of the penile shaft. The graft is then

positioned and tucked into the penis. The patient may experience discomfort in the buttocks region for two to three weeks after the surgery is performed.

DR. BROSS PENIS ENLARGEMENT



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COURTESY PHOTO

This ad in *Men's Journal* promotes penile pumps.

Surgery involving both procedures is recommended to be performed six to 12 months apart. This is the best combination for proper healing.

There are approximately 50 surgeons in North America who have performed more than 15,000 penis enlargements a year. But some surgeons are opposed to the operation. "There aren't a lot of doctors who are

qualified to perform the operation," Clark said.

Some side effects of the operation are scarring, infection, numbness and loss of function, irritation or loss of skin, tightness, and bleeding. After the lengthening procedure, a patient should have three days of bed-rest. After the penis widening procedure, the patient is required to stay in bed for five days. Patients are also advised to abstain from sexual contact for six weeks until the penis has properly healed.

In Toronto, Dr. Robert Stubbs performs the majority of penile enlargements. The lengthening procedure costs \$4,345 and a girth enhancement by fat transfer costs \$1,872.50. To have the dermal graft procedure done, the cost is \$4,547.50.

"Most cosmetic surgeons refer their patients to Dr. Stubbs. He has done the most penile enlargements in the area and is the most experienced," said Dr. M. Bederman, a cosmetic surgeon. Dr. Stubbs was unable to comment because he was in surgery at the time.

"Since it is a relatively new procedure, it hasn't had ample time to become common," Clark said.

Judging by the number of advertisements in the November issue of *Men's Journal* magazine, penis enlargements are in demand. Men considering surgery should take time to look into every aspect of the procedure and find a good surgeon.

"There are pumps and cheap devices that are selling all over North America. They're gimmicks," Clark said. "The pump restricts the blood flow of the penis, like tying a string around the finger. Your finger swells up because it has so much blood trapped in a small place but as soon as you take the string off the finger returns back to its normal size."

If you're not one for surgery, pain, or abstaining from sex for six weeks, remember the old saying, "It's not the size of the boat, it's the motion in the ocean."

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SAC

The perfect penis in about an hour

The operation men are having to boost their self-esteem

BY DANA JAMES
Health Reporter

Everyone is talking about the prosthesis that Marky Mark Wahlberg used in the movie *Boogie Nights*, but little do they know he could have avoided the whole embarrassing situation with a 55-minute outpatient operation.

Penis enlargement surgery has been available since 1991. Of all the men who have this procedure, 95 per cent have done it to boost their self-esteem and confidence. The surgery involves two separate procedures, both completely natural and do not involve implants or other foreign materials. The first is a lengthening procedure, originally developed more than 20 years ago to treat boys suffering from "microphallus", an abnormally small penis. The second procedure is a fat transplant process adapting traditional plastic surgery techniques.

The amount the penis can be lengthened depends on the man's anatomy. The results generally range from one to two-and-a-half inches. The lengthening is achieved by making an incision in the pubic region and removing the fundiform and suspensory ligaments of the penis. This allows the part of the penis which is contained inside the body, to move forward. There is no way of knowing what the length increase will be prior to the operation.

No actual length is created since the penis is not divided or added to. This procedure allows the penis to be repositioned so it sticks out further from the body and allows greater flaccid and erect lengths.

Director of Patient Services at Cosmetic Surgery International Scott Clark said, "Cosmetic care, unlike any other surgery, is to enhance a body part."

Unlike breast augmentation surgery, in which patients see immediate results, penile lengthening requires the use of medications to prevent scar tissue and weights to increase the length of the penis.

After the surgery, a lengthening device is

used. This specialized stainless steel weight is worn from the end of the penis. The weight helps the penis to heal at its new length and helps to achieve the longest penis possible.

The most immediate increase will be noticed in the flaccid state but with the use of the weights, the erect length will develop over the following months.

The widening process involves a transfer of fat cells from the patient's lower abdomen into the tissue between the skin and the erectile tissue of the penis.

The patient's own fat cells are used for the augmentation because they have a lesser risk of rejection from the body. The circumference can be increased by 30 to 50 per cent, depending on the results desired by the patient.

Some surgeons feel the transfer of fat cells is not the most effective way to widen the penis. There is a new procedure called Dermal Graft Augmentation, which involves taking the dermal grafts from the crease where the thigh meets the buttocks. The doctor inserts the dermal strips on each side of the penile shaft. The graft is then

positioned and tucked into the penis. The patient may experience discomfort in the buttocks region for two to three weeks after the surgery is performed.

DR. BROSS PENIS ENLARGEMENT



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COURTESY PHOTO

This ad in *Men's Journal* promotes penile pumps.

Surgery involving both procedures is recommended to be performed six to 12 months apart. This is the best combination for proper healing.

There are approximately 50 surgeons in North America who have performed more than 15,000 penis enlargements a year. But some surgeons are opposed to the operation. "There aren't a lot of doctors who are

qualified to perform the operation," Clark said.

Some side effects of the operation are scarring, infection, numbness and loss of function, irritation or loss of skin, tightness, and bleeding. After the lengthening procedure, a patient should have three days of bed-rest. After the penis widening procedure, the patient is required to stay in bed for five days. Patients are also advised to abstain from sexual contact for six weeks until the penis has properly healed.

In Toronto, Dr. Robert Stubbs performs the majority of penile enlargements. The lengthening procedure costs \$4,345 and a girth enhancement by fat transfer costs \$1,872.50. To have the dermal graft procedure done, the cost is \$4,547.50.

"Most cosmetic surgeons refer their patients to Dr. Stubbs. He has done the most penile enlargements in the area and is the most experienced," said Dr. M. Bederman, a cosmetic surgeon. Dr. Stubbs was unable to comment because he was in surgery at the time.

"Since it is a relatively new procedure, it hasn't had ample time to become common," Clark said.

Judging by the number of advertisements in the November issue of *Men's Journal* magazine, penis enlargements are in demand. Men considering surgery should take time to look into every aspect of the procedure and find a good surgeon.

"There are pumps and cheap devices that are selling all over North America. They're gimmicks," Clark said. "The pump restricts the blood flow of the penis, like tying a string around the finger. Your finger swells up because it has so much blood trapped in a small place but as soon as you take the string off the finger returns back to its normal size."

If you're not one for surgery, pain, or abstaining from sex for six weeks, remember the old saying, "It's not the size of the boat, it's the motion in the ocean."

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What the eyes know

The 'eyes' have it. Or they at least hold a clue, according to Julie Jazwinski, co-owner of the new Shamrock Health Centre in Newmarket.

Jazwinski and her daughter Kelly have opened an iridology clinic on Bayview Ave.

"Iridology is the study of the iris, or the colored part of the eye. You study the different shapes and colors in the iris to find out where a person's problem areas are," Jazwinski said.

Julie, 48, and Kelly, 20, studied iridology and meditation therapy together at The Canadian Institute of Iridology.

"I enjoy the physical side of iridology, where Kelly likes the psychological side of it. She uses creative visualization in her therapy," Jazwinski said.

Kelly says she starts with iridology to see what physical symptoms are shown in the iris and then relates that to emotional and spiritual problems.

"Each physical symptom has an equal emotional symptom. I help people work through those problems through meditation and relaxation," she said.

"For instance, if a person shows a tendency toward kidney problems, I can relate that to an emotional area such as self-esteem."

Mother and daughter both stress that iridology does not allow them to diagnose actual illness.

"Iridology allows us to show someone which areas have an inherent tendency to be weak. Then we can offer preventative therapy and suggestions," Jazwinski said.

Clinical iridology began in the early 1800s, according



COURTESY PHOTO

Iridologists study the different shapes and colors in the iris to determine where a physical problem could genetically lie.

to the Jazwinskis. Ignatz Von Peczely, a Hungarian doctor, observed the irises of his patients pre-surgery, post-surgery, after accidents, and during and after illness.

He proved that changes in the human body were reflected in the iris and the change in the iris coincided with injury, illness or surgery.

"There's a story that when Dr. Peczely was a young boy, he was trying to catch an owl and when the owl was struggling to get away, its leg was accidentally broken," Jazwinski said.

"When he heard the snap, Dr. Peczely was looking in the owl's eyes and a dark line appeared in one iris. He kept the bird and healed it, and he noticed that the line

in the eye got lighter, but never went away."

She added that lasting scars on the human body show up on the iris as well.

"It's interesting because we can say 'Did you ever break your arm? That scar shows on your eye.'"

Julie first read about iridology in *Chrysalis Magazine*, a new-age magazine offering alternative health care choices.

"So we signed up for the course. During the classes we were really enjoying it and both of us could see this becoming an occupation."

The course lasted six months and involved doing 10 case studies and studying anatomy, Jazwinski said. When they finished, they started looking for an office.

"I think we are the first clinic of this type. I know there are other iridologists in the area, but we're the only full clinic," Jazwinski said.

Now they're looking for other specialists to fill up the three vacant offices in the clinic.

"We're looking for someone like a massage therapist or a reflexologist. Someone that we can recommend patients to and vice versa," Jazwinski said. "We're really hoping the business will grow."

Both women also like to suggest herbal remedies and other alternative therapies to clients.

"I don't know if I believe in all of them, but I haven't tried them all. I only suggest the ones that have worked for me," Jazwinski said.

The clinic is open Monday to Friday from 9 a.m. to 6 p.m. For more information call (905) 895-5900.

VICTORIA JACKSON

Heal thy feet

Oh, my aching feet.

If these words sound familiar, reflexology might be the answer for you.

Reflexology is more than a relaxing foot massage. It is defined by the Reflexology Association of Canada (RAC) as "a natural healing art based on the principle that there are reflexes in the hands and feet. These correspond to every part, gland and organ of the body

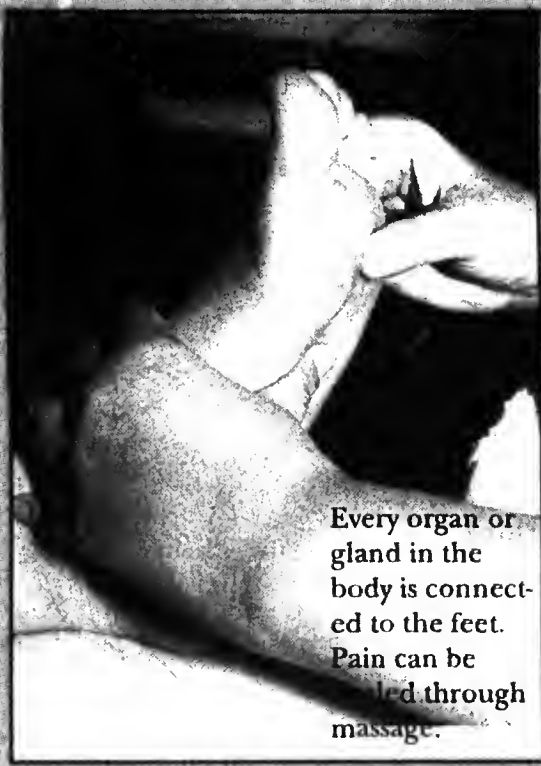


PHOTO BY JENNIFER OXLEY

Every organ or gland in the body is connected to the feet. Pain can be relieved through massage.

through application of pressure on these reflexes."

For example, stimulating the fingertips directly corresponds to parts of the brain.

According to RAC licensed reflexologist Lorraine LaHay, reflexology has many other benefits besides making people feel good.

It relaxes and balances muscle tension throughout the body and helps the body to normalize itself naturally without adverse side effects. It also has the benefit of improving blood circulation.

LaHay is quick to say that

reflexologists are not medical doctors. They cannot diagnose conditions or prescribe medication.

They can, however, give recommendations such as bathing in Epsom salt.

Reflexologists will not treat specific problem areas such as backaches or headaches.

"If you only work on specific areas, your client leaves unbalanced," LaHay said.

Reflexology affects seven specific systems of the body. The lymphatic, respiratory, skeletal, nervous, endocrine, reproductive and elimination systems. It

also affects the circulatory and immune systems.

It is believed reflexology was practiced 4,000 years ago in India, China and Egypt. Reflexology can be practiced without even knowing it, by walking barefoot, biting fingernails, pacing or rubbing your hands together.

LaHay says reflexology has had a hard time being accepted medically.

"It is slow in being accepted in the medical community, although chiropractors are now getting involved with massage therapy and reflexology."

If you're planning to visit a reflexologist there are a few things you should know. Clients are required to arrive with clean feet and hands.

Most reflexologists work from their homes, but some will travel to clients' homes. A full session should last between 45 minutes and one hour. The cost per session is from \$25 to \$60.

If you are a little squeamish about having your feet touched, don't worry, reflexology doesn't tickle.

It can sometimes hurt, but LaHay says it's always the client's responsibility to let the reflexologist know if they are experiencing discomfort.

"Pain does not heal" she said. But according to the RAC, reflexology does.

LOUISE BROWN

Cure for the common cold?

The common cold has been attacking our systems long enough, and herbal remedies are being used more and more as alternative medicine.

Echinacea, an extract from the Purple Cone flower, is now being used to treat a variety of afflictions but is most popular during cold and flu season.

The herb works by stimulating the body's own defences against minor bacterial and viral infections.

It increases the activity of the cells that consume bacteria and disease. The cells then travel through inflamed or infected tissue, consuming bacteria.

While this isn't a real cure for the common cold it certainly goes down better than any cough syrup.

This extract comes in many forms. Scanning the shelves of the health food stores, it becomes obvious that there is a little decision-making to be done.

Liquids, lozenges, tablets and capsules are the most popular choices. The capsules seem to be



PHOTO BY JENNIFER OXLEY

Capsules cost \$10 - \$15 for 380 mg.

the most convenient.

Just take two capsules when a cold is starting and continue until it starts to fade.

But Echinacea should not be taken on a continuous basis. It can affect the body's ability to absorb the herb.

JENNIFER OXLEY

Leap of Faith



PHOTO BY ALICJA PARLAK

A headache disappears almost instantly; a bruise fades dramatically within minutes; swelling goes down quickly — all with the touch of a hand. Sound like a fantasy or the plot of a new science fiction movie? Is it just simply wishful thinking?

To the people who practice the art of faith healing, it's reality.

Healer Jack Gawronski said "Faith, or energy healing, as it is sometimes called, is a transfer of energy into another person. This energy allows their own energy, which we all have, to start to work positively in their bodies. It helps to create a balance. When the energy is balanced, the person is usually well."

"(The energy) comes through the healer," Gawronski said. "He doesn't possess the healing energy, which comes from the planet and space, but he has the ability to store and transfer that energy to people."

Gawronski has taken a three part course on the subject, taught by other healers, and has received a diploma in energy healing from the Crystal Centre.

To discover an illness or physical problem, he checks the energy levels in a person's body.

"You can check a person's energy by using the hand. You feel hot and cold spots. Sometimes you feel when energy flows faster or slower and you know where something has happened in the body. Then you must clear it or give more energy to that spot," Gawronski said.

Hairdresser Elizabeth Ilczyszyn said she didn't believe in this type of healing until she tried it. "I had a very, very bad headache. Jack helped me. He put his hands on my head, for less than a minute, and the pain was gone. I was in shock. You don't believe it will work."

There is not one clear-cut process of healing. "Each healer has a different philosophy and a different technique," Gawronski said.

Raul Vargas, a Design Arts student at

Georgian College in Barrie, is learning to be a faith healer. He sees faith healing in a slightly different light than Gawronski does.

"Faith healing, to me, is a course of taking on someone else's pain and letting them experience what it's like not to feel pain. This, in turn, lets them see what it is they might want to feel," Vargas said.

He said he believes there is an exchange of energy between the healer and the patient, but also believes that by healing emotional scars, you can help heal the person physically.

"With faith healing, you have to regress and experience mostly emotional pain that might be blocked out," Vargas said. "But once it's seen and dealt with, it's a very positive experience."

This experience may or may not cost you. Some healers charge for their services and some choose not to. There is no set price for the healing.

Both Gawronski and Vargas said a connection has to be established with the patient before healing can take place.

Gawronski said, "Because a person's aura extends some distance from the body, your energy and theirs mix, so the connection is automatically established. That's why we can always feel the mood of another person."

Esthetician Nina Kucharska, one of Gawronski's clients, said "It's known that some people do have energy and some people you like on sight and some not. That's tied in with that energy."

Both said they believe in the use of prayer in healing.

"Prayer brings high energy through the

"Each healer has a different philosophy and a different technique."

- Jack Gawronski, Faith Healer

Energy flows through faith healer's hands to ease clients' pain.

healer to the patient," Gawronski said.

Vargas said "At one point into the healing, the healer will usually channel energies and speak things of prayer, of faith, to try to give the person faith."

How is it possible to tell if the energy the healer is using is working and that it isn't just a positive attitude working?

Ilczyszyn said "Because I always feel good after a healing. And you can feel the energy. If someone has a hand over you, but not touching you, you can feel heat coming from the hand. It feels hotter than your body temperature. You also feel pressure and tingly chills. It's like a tickle."

Vargas said, "There'll be almost like a jolt, and that's when the first transfer of energy happens, when the pain is transferred to the healer."

Results can usually be felt or seen quickly. Gawronski said, "I had a patient that had a bad fall. Her leg was badly bruised and swollen. After the healing, the bruise was very faint and the swelling was almost gone."

Gawronski, most of his clients, and Vargas all said they still believe in conventional medicine to one degree or another.

"For emergencies, or for a specific illness, you don't have better medicine than the conventional kind, but they use antibiotics too much," Gawronski said.

Ilczyszyn said, "In some ways I believe in conventional medicine, in some ways I don't. People over-use antibiotics, we become resistant to them. Herbs often help and we return more often to natural medicine."

ALICJA PARLAK

Reaching out with reiki

Despite the never-ending advancement of medical technology, many people are turning to ancient techniques when something ails them.

The healing powers of the hands are gaining popularity, especially among those seeking a safe and efficient method of healing.

Reiki is one alternative form gaining popularity.

Reiki (ray-key) is an ancient Japanese healing technique performed by trained practitioners who allow energy to travel through their hands to the client.

All the practitioner does is place his hands on a part of your body. Then he or she draws energy, not from you, but through you.

Skeptical? A lot of people are, until they try it.

Peter Dennis practices reiki, and has completed the second of three training levels.

"Physicists say that everything is energy. All I'm doing is channeling that," Dennis said. "I don't feel drained or anything, although my hands will heat up. If anything, I actually feel charged."

Reiki allows the practitioner to help energy flow by removing any blocks that are pre-

sent. It is an energy balancing technique that is spiritual, not physical.

"Healing is something that a person does for himself," Dennis said. "A practitioner helps to do it. People either heal or make themselves sick through emotions. For example, anger or resentment can eat at you and lead to an illness. Reiki balances some of your emotions."

The healing powers of touch can be found in our everyday lives, Dennis pointed out. Take, for example, a crying child.

"If the mother picks up the child, and places her hand on his forehead, he feels better. Even hugging has a healing effect," he said.

Reiki is not a cure for what ails. It doesn't affect the cause. For example, it could not eliminate a tumor. But it does allow people to get their emotions under control, to help advance the healing process.

Presently, reiki is not government-regulated in Ontario. Practitioners do not require licensing to perform this technique.

Shiatsu and reflexology, other popular techniques, aren't regulated either.

Skeptical? A lot of people are, until they try it.

"That doesn't mean that reiki is less efficient," Dennis said. "It just means that it hasn't yet been recognized by the government."

Despite lack of government backing, there is a significant increase in the number of people who seek out the help of reiki practitioners.

"If people didn't think it worked, they wouldn't use this method of healing," Dennis said. "Compare the phone book listings now to previous years. People are concerned with their health."

Most of these people are looking for a more natural way to be healed.

Anca Martalog, a naturopathic doctor, said certain people are apt to seek out this type of treatment.

"People who use these forms are usually very sensitive," she said. Practitioners can be easily located at various centres in the greater Toronto area.

Most centres accommodate anyone interested in reiki, shiatsu, reflexology or homeopathy.

CINDY STEINMAN

TALKING

Do you think homeopathic remedies are better than traditional or prescribed therapies?



"No, because people usually use things like Tylenol. It's normal."

- SANDRA DINIZ
TRAVEL AND TOURISM



"I'd much rather use herbal remedies. It's more natural. Everything prescribed affects your body in one way or another."

- MIKE LABA
HOTEL AND RESTAURANT
MANAGEMENT

Yes. There's no chemicals or stuff to make you sick the way medical pills can."

- JENNIFER CZARNOWAS
TRAVEL AND TOURISM



"I prefer natural cures. I don't like putting medication in my body. You never know what's in it."

- SHAN JAUQUES
PERSONAL SUPPORT WORKER

"It's easier to just have the doctor advise you. I just use tylenol."

- MOHAMED MOHAMED
ACCOUNTING



"Yes, herbal remedies are better. Something from nature is going to be better for your body. But after, if it doesn't work, then I go to the doctor."

- DOROTA BIEDRZYCKA
COMPUTER INFORMATION
SYSTEMS

Psychics conjure crowds



Do you believe in ESP, psychics, reincarnation, ghosts, or aliens? If so, you may find enlightenment at a psychic fair.

In a small room at the Ramada Inn, Etobicoke, an assortment of mediums, from clairvoyants and guardian angel consultants to signature analysis consultants, met to help those seeking advice.

In one corner, lectures and seminars were ongoing. The psychics talked to a large group on topics such as how to find your sixth sense, past lives, and dream analysis.

The seminars were free with the \$4 student admission.

Karen Fate, a reader, explained why only a select few have psychic power.

"It's all derived from the Goddess. Feminine energy is the creator of the universe. Masculine energy helped it out. Psychic power is energy," Fate said. "It's always been here. In fact, we were more psychic thousands of years ago than we are now."

She added people are taught to go against the flow of their psychic energy.

"The child is toned down, made to be practical, punch a clock,

drive a car, but the energy remains," Fate said.

Tony Uberoi, a clairvoyant who studied in India, said the sixth sense is in everyone. You just have to know when to listen.

"Everyone has psychic ability, but most people don't obey the messages, so they remain blocked," Uberoi said. "But if you start listening to the messages, more and more start coming to you."

Debbie Dyer offered something a little different from the rest. She had a large glass table with a picture of a palm on it. The palm was

hooked up to a large computer and when a person placed their hand on the palm, the computer would give an electronic palm reading.

Dyer stressed that this is just a starting point. For specific questions a person would have to go to an actual reader.

Laura Basset came to the fair for more than just a reading. She came to learn more about her own psychic power. Basset thinks she may have tapped into her own psychic ability.

"Sometimes I get a feeling or an image of someone being hurt or something happening and when I check up on it, I'm always right," Basset said.

The highlight of the show was the psychic and paranormal museum. It was an interactive display meant to entertain and educate.

You could test your ESP ability, by guessing whether a circle, square, star or plus sign was on the other side of flash cards.

Or you could try to see the future in a crystal ball, or conjure up spirits with an Ouija board.

In the museum, an alien exhibit featured a replica of the alleged alien body found in Roswell, New Mexico, near the infamous Area 51.

The idea that someone can know who you are or where you've been and sometimes where you're going to, intrigues and fascinates people. It also keeps psychic fairs popular and profitable.

Most readings cost between \$40 and \$60 for a one hour session. Psychic fairs are often held in the Toronto area, usually at conference centres.

ANDREA HOUSTON

The future is divine

Man has been seeking answers to questions in every shape and form since the beginning of time.

Be it gazing into a black bowl filled with water, listening to "voices" in the wind, reading the future from a deck of cards, or interpreting a passage from the Bible, the practice of divination (predicting the future through supernatural powers) is as old as we are.

When people first started trying to divine the future, shapes seen in a fire or voices heard in the wind were interpreted.

In time, divination became more and more elaborate. Crystal was polished into smooth balls, cards with beautiful art work were created and other intricate tools were used for divining the future.

Gail Wilson, a Wiccan from Kingston, uses tarot cards on a regular basis. Wicca is the religion of witches.

"The tarot analyzes forces surrounding a query in detail. You get more than just a yes or no answer," Wilson said.

Gladys Bacon, a Wiccan from the Montreal area, said she only reads for herself.

"It never really turns out when I read for others. It's a very personal thing for me," she said. "It's a nice way of bringing a little balance into your life. I, myself, am an herbalist, so I use herbal cards. Others never give me a clear enough reading."

Not every reading is a success, regardless of the form of divination used.

Wilson says sometimes a lack of concentration can be the cause, sometimes a lack of trust and belief.

"Tea leaves are very interesting as well," she said. "Drinking from the cup establishes a direct line between the person and the leaves."

The leaves at the bottom of the cup are swirled in the remaining liquid, then drained. The shapes or symbols formed are interpreted and foresee a possible outcome of the specific query.

When reading for someone, a card is chosen to best represent oneself. The cards are then spread out in a pattern and read.

There are many different spreads. The simplest is a single card which can answer your question.

There are other, more intricate spreads, such as the Celtic cross, a detailed reading giving the background, the present situation and the possible outcome in detail, Wilson said.

"The reading is always subject to interpretation."

Wilson says readings help her find stability in her life, not because they tell her the answers to all her problems, but because they point her in the right direction.

Wilson added that divination has become commercialized. Psychic networks on television claim they can give you answers to all life's problems.

"Many people don't realize that these networks are just a scam,"

Wilson said. "They promise you this and that, but usually they give very general answers. Most of the time, they just tell the people what they want to hear, and people end up believing it on the basis of a few similarities between their situation and the answers they got."

For an accurate reading, Bacon and Wilson suggest properly preparing yourself.

There are many good books about divination, such as *Zolara's Encyclopedia of Ancient and Forbidden Knowledge* or *Book of Fortune Telling* by Angus M. Miall.

ANDREA FRIEDLI

Not every reading is a success

Scrying

A general term for crystal gazing. The tool used for scrying is called a speculum. This can be a crystal ball, a magic mirror, a black bowl filled with water or a "witch ball." In the days when witchcraft was forbidden, many witches used glass globes used by fishermen as floats, for a specula. The globes brought no danger to a witch, for they were common around fishing towns. They are now sold by antique dealers as witch balls.

Tarot

There are many different sets of tarot cards, such as the tarot of the cat people, the Russian tarot of St. Petersburg, the William Blake tarot, or the Rider-Waite tarot. Choosing the type of tarot is a personal choice, according to one's personality.

Stichomancy

Achieving metaphysical insight by concentrating on a topic or question, then selecting a passage from a book. The interpretation of the passage is applicable to one's query. Bibliomancy is an important form of Stichomancy. Passages of the bible are randomly chosen, interpreted and applied.

I-Ching

An ancient Chinese form of divination. Narrow sticks or, more often, three coins are tossed. Tossing the coins six times generates the six lines of a hexagram. Each line and combination has a meaning and text connected to it. This usually reflects a current situation and the evaluation is open to interpretation.

Runes

Stones or blocks of clay or ceramic, inscribed with ancient letters belonging to the Germanic languages. Runes are used for divination as well as for casting spells. Using runes to cast spells involves a different process than casting runes as an oracle. They are tossed, much like the I Ching, and read in relation to one another.

Did you know?

Humber has its own homeopathic clinic at the student Health Centre. Clinic hours are every Wednesday and Thursday from 4:45 p.m. to 9:30 p.m. The first visit is free. Subsequent visits are \$30 for each session. For an appointment call (416) 674-2427.

Youth seek profits Many choose self-employment

BY JEN CARTER
Lifestyle Reporter

Youth unemployment is like describing a glass of water: is it half empty or half full?

Opportunities for young entrepreneurs have never been greater, but youth unemployment has skyrocketed.

According to a study, conducted by the Canadian Imperial Bank of Commerce and the Canadian Youth Foundation, one in five full-time jobs filled by young people in 1989 has disappeared. Youth unemployment is 50 per cent higher than the national average and youth underemployment is extensive.

Corporate downsizing, government cutbacks and technological change have drastically altered the Canadian economy.

Many young people are taking control of their futures by starting their own companies.

"I thought I could do a better job than the company I was working for," said John Warrillow, the 26-year-old founder of Brass Tacts Communications.

"Many would-be entrepreneurs

suffer from paralysis by analysis," Warrillow said.

"Often, people think things through too much and talk themselves out of starting their own business."

According to the CIBC study, entitled Youth Unemployment: Canada's Hidden Deficit, the government has not been able to tackle the issue because of a lack of funds.

Some Canadians are looking to the corporate sector to show leadership.

"The economic success of young people is critical to Canada's future," said Holger Kluge, president of CIBC's Personal & Commercial Bank. "Canadian business recognizes its responsibility to take action to ensure youth has the opportunity to reach their full potential."

The young movers and shakers in this country should not wait for a cheque to come from the government. "Just get out there and do it!" Warrillow said.

Decor lures shoppers Festive season makes stores very merry

BY MARK LEWICKI
Lifestyle Reporter

Christmas may officially be December 25th, but festive preparations start months earlier for retailers.

Department stores, like Sears and Eaton's, begin planning for Christmas in the spring.

"The marketing program meets months before to discuss events and the theme," said Wilf MacIsaac, Sears assistant store manager, Erin Mills Town Centre.

Eaton's thinks of Santa Claus and Christmas trees long before the special day in December.

"We usually start thinking about it in the spring," said Anne Fenton, Eaton's store manager.

If you've ever wondered why Christmas decorations go up early in stores, the answer is simple. Christmas is the biggest spending time of year, according to MacIsaac. All department stores want to put you in the mood to spend money.

Sears starts decorating the first Monday of November, while Eaton's usually decorates a few days before the end of October.

How early is too early for consumers?

Eva Faryno, a former OHIP clerk, thinks having decorations up too soon spoils the holiday season a little. "When stores show their decorations that early, it seems to me that it is too commercial," Faryno said. She's not alone.

Helen Roumeliotis, an administrative assistant at St. Joseph's Hospital, said stores should wait to put up Christmas decorations until the beginning of December.

"Everything should start December 1st. It gives me just enough time to shop. The only thing is, I start worrying about Christmas shopping a couple of months before Christmas," Roumeliotis said.

Negative feelings about the early Christmas push could slow down spending, but don't appear to. Roumeliotis spends about \$1,000 each Christmas. "I love Christmas shopping. But sometimes you feel obligated in having to buy gifts," she said.

"I start shopping at the last minute because I might get a bargain. I spend about \$2,000 each year for Christmas gifts," Faryno said. "Usually I start thinking about Christmas shopping a few months before, but I really don't like spending all that time shopping."

Both stores reported that during the week before Christmas, there is the typical group of shoppers, scrambling to catch up on gift buying.

"We have more men shopping in the last week before Christmas than any other time," MacIsaac said.

There is life after Christmas. Both Eaton's and Sears say they get a lot of shoppers on Boxing Day. These sales aren't just for people looking for bargains. Some shoppers start buying gifts for next year. There's nothing like beating the Christmas rush.

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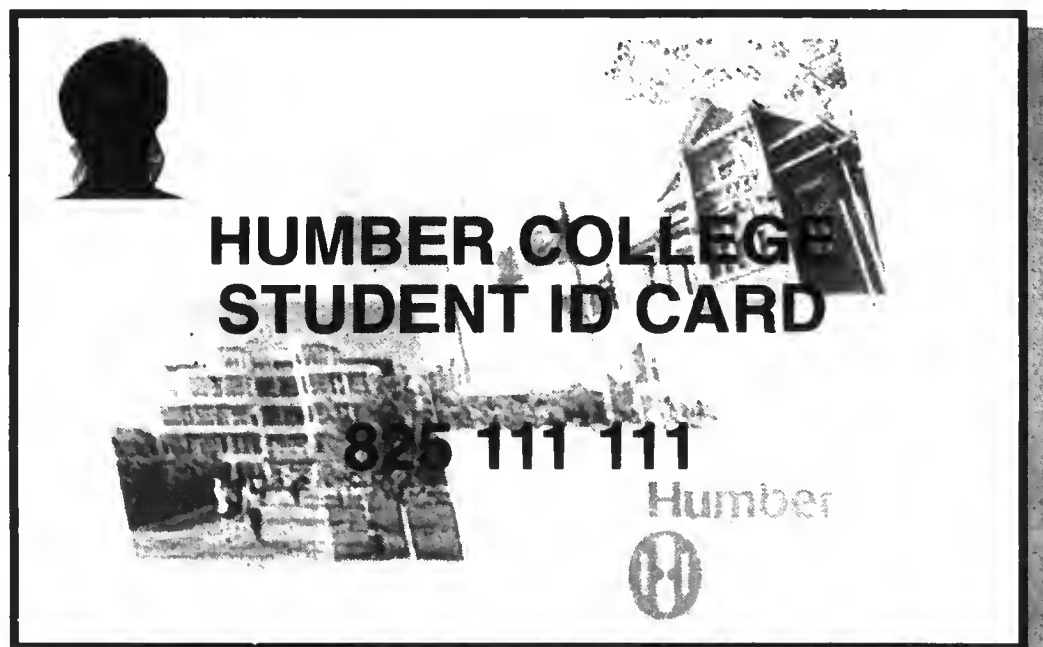
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Entertainment

The Devil you didn't know

BY TREVOR HICKEY
Entertainment Reporter

Vancouver's Econoline Crush is adding a little spice to the recent Canadian Tea Party tour with their overwhelming intensity and straight from the heart lyrics.

While promoting their new album, *The Devil You Know*, lead singer Trevor Hurst said he is having a hard time keeping his clothes on during their performance.

"Sometimes you just get so into it! For me it's what you wait for everyday. It's so much fun that I can't wait to play. It's hard to describe, I've done a lot of drugs in my life and never felt anything like you feel when you play a good show," said Hurst.

The album contains electronic computer sampling that gives them techno as an instrument instead of being a techno band.

"It's not as hard as everyone thinks, it's just a matter of sequencing keyboard sounds, we don't really know when we're going to use it, it just kind of happens," said Hurst.

The Devil You Know is attracting an enormous amount of attention around Canada with its diverse musical landscape. This is partly because Hurst writes meaningful lyrics that are about serious real life incidents that he's had to deal with. *Deeper*, a song about a friend of his who died of AIDS, means so much that he has a hard time playing it in front of people.

"We don't play it on the Tea Party tour and rarely do we play it live. When we do, it's sort of a celebration because I hope there's a spirituality that comes out after you die and I think the song's about that. No matter what, I'll always care about that friend and will always be thinking of him," said Hurst.

Razorblades and Band-aids is another song that is about the loss of a loved one, and



PHOTO BY SCOTT MIDDLETON

Vancouver's Econoline Crush and the Tea Party blew the roof off of The Warehouse.

took almost two months to record.

"Lyrically when I finished it I felt pretty weird about it and said to the guys, 'man, this is really personal what do you think?' They thought it was great. I know what this song's about and I'm not worried if it's personal. When people leave your life you're not necessarily ready for it and you

miss them tremendously and that's what this song is about," said Hurst.

Hurst's intensity and emotion gave the band some great opportunities, such as touring with music legend KISS. This was a boost for Hurst and the rest of Crush as it created a lot of new fans. As Hurst nervously shook hands with Gene Simmons,

one of his major music influences, Simmons reportedly whispered in his ear, 'Everyone who steps on stage is a star.' This relaxed Hurst a little bit.

"I chuckled under my breath. I wanted to do a good job with KISS. Gene feels that he has to have that persona about him. I know that under that persona there's a pretty interesting guy, but unfortunately he's been putting on that act for a long time and I bet he has a hard time turning the switch off," said Hurst.

Simmons is not the only person who noticed Hurst. According to an article in the *Vancouver Province*, their producer Bruce Allen told Hurst that when he first discovered him he saw some of the same qualities in him that he saw in Bryan Adams.

"That's flattering, Bryan was a hungry artist when he started out and I guess he still is and maybe that's what Allen sees in me. I really think we have something to offer to the world, not just Canada, and I want an opportunity to play all over the place with Bruce. He's a passionate manager, it's flattering," he said.

Hurst said he still gets nervous when he's playing in front of a crowd, but feels that it's normal.

"I think if we stopped getting nervous it would probably be time to get out. I think everyone gets nervous. You want to do the best job possible, I mean anything could go wrong. Holy shit, guitar strings could break, an amp could blow up, the sequencer could fuck up, the drummer could fall off his stool, anything, so you've got to be nervous," said Hurst.

After the Tea Party tour Crush plans on heading to the States, so be ready for a big tour, considering they've only played Seattle and New York in the past.

What's On

Nov. 13 - 19

Thursday

Forever Plaid, opens at Aquarius Theatre, \$22.50/\$39

Friday

The Crystal Method, Opera House, \$14.50, All Ages

Saturday

Sassy Lingerie, Triple Hot Dance Party, DJ Dave Campbell, Subtonic Monks, The Warehouse, \$15/\$20

Sunday

Duran Duran, The Warehouse, \$34.50

Monday

G Love and Special Sauce, Opera House, \$12.50, All Ages

Tuesday

The Buddy Holly Story, The Princess of Wales Theatre, \$21.50/\$71.50

Wednesday

Green Day, Phoenix, \$21, All Ages

Back under the sea

BY STEVEN ALEGRIAS
Entertainment Reporter

Walt Disney Pictures wants to take you under the sea again.

Running until November 30, *The Little Mermaid* will once again be on the silver screen for a whole new generation to watch.

The Little Mermaid, an adaptation of the Hans Christian Anderson story about a teenage mermaid named Ariel, is a classic among Disney's animated films.

Ariel, who is the daughter of King Triton, King of the Oceans, has a fascination with humans, who are outlawed. When she saves the life of a human, Prince Eric, and falls in love with him, Triton is not pleased.

Ariel, who is forbidden to ever go to the surface again, makes a deal with the evil sea witch Ursula: her beautiful voice for legs and a chance to be with the prince.

While the film does not feature any new content, it has been revamped for its new release.

Originally released in four-track analog, Disney moved *The Little Mermaid's* sound into the '90s by digitizing it and making it available on four different sound formats, including six-track digital stereo, or DTS.



COURTESY PHOTO

Ariel in Walt Disney's *The Little Mermaid*, at theatres for the first time in eight years.

Also digitized was the film's entire visual aspect so that cell dirt and other imperfections could be electronically painted out on the original camera negative, giving the movie a crisper look.

"Under the Sea," a song that won an Academy Award for Best Original Song,

comes to life in its new digitized format. The animation looks smoother and the song sounds better, making an already memorable moment unforgettable.

If you've only seen *The Little Mermaid* on video, do yourself a favor and watch this classic on the silver screen.

Yawn in the *New World*

BY RYAN SIMPER
Entertainment Reporter

Who would have thought discovering a new world would be so boring?

John Murrell's *New World* is a sophisticated comedy about generational, familial and philosophical tensions.

Except for the occasional punchline or silly act of physical comedy, *New World* fails to make the audience laugh, or even develop deep relationships with its characters.

Murrell places the characters of *New World* on China Beach, on the tip of Vancouver Island. As

the characters play out their stories, we see they are at the boundaries of their lives, both geographically and emotionally.

Bob Rennie, an internationally known photographer has built himself a home on China Beach. Bob, originally from England, has recently been joined by his sister Bet, an artist who has felt her old world disappearing, and the new one descending upon her.

Bob and Bet are joined by their brother Larry, a music producer from Los Angeles, his American wife Carla and her daughter Linda. Also present are Jean, Bob's French-Canadian assistant of 15 years, and Peter, Bob's

young apprentice and would-be poet.

What looks like a pleasant family gathering quickly turns into a chaotic romp as the characters' nerves have been stretched rather thin. Old family rivalries and new alliances and tensions play out their course.

New World is greatly overacted as the characters try to punctuate the "joke" in a line, or try to express anger with constant swearing, which is totally unnecessary.

New World plays until December 7 at the Tarragon theatre.



Jason Cadieux and Karen Glave in John Murrell's *New World*, playing at Tarragon Theatre until December 7.

Classical Competition

BY MARK SUBRYAN
Entertainment Reporter

Why pay \$100 to see professional classical music, when the next best thing costs only five dollars?

The 27th annual Contemporary Showcase will be held during the week of November 17 to 21 at the First Unitarian Church in Toronto.

The Contemporary Showcase is a non-competitive festival of contemporary Canadian classical music.

"We're pretty much like the Kiwanis festival except for the competitive part," said Jean Collins, of the Alliance for Canadian New Music Projects (ACNMP). "The week long show is a venue for local musicians, opera singers, or ensembles to display their talents to the public."

To be in the event each musician, singer, or ensemble applies to the festival and is chosen by the board.

The Contemporary Showcase is a major project for the ACNMP, which usually holds workshops for young musicians and singers to learn from past participants.

This event will be held in conjunction with Canada music week which is being held across the country in Charlottetown, London, Mississauga, North Bay, Ottawa, St. Catharines, Windsor, Calgary, and Edmonton.

The event will culminate with a Gala concert at the church on Friday, November 28.

"In order for the musicians to

play in the Gala concert, they have to be chosen from the showcase week," Collins said.

Many of the musicians who have been a part of past showcase weeks have gone on to successful careers in the arts.

Some musicians have received

scholarships from the ACNMP, while some singers have gone on to sing opera professionally.

Tickets for the Gala concert can be purchased by phoning (416) 963-5937.

General admission is \$8, members and students \$5.

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Refreshments serve up change

BY JEFF HEATHERINGTON
Entertainment Reporter

Looking for a change from alternative music? Try a cool dose of the Refreshments.

Bursting onto the music scene from Tempe, Arizona, The Refreshments are putting a new spin on the music industry.

Getting away from the grunge scene where the music was sounding more and more dark and cynical, The Refreshments are full of positive energy and, like their name suggests, they are a refreshing change to alternative music.

"The Presidents of the U.S.A really started the switch from negative grunge rock to a more positive upbeat sound, which really inspired us," said bassist Arthur "Buddy" Edwards.

The Refreshments have been described as both a pop band and a rock band, but there is no doubt what they consider themselves as.

"Our music is rock n' roll with a smile," Edwards said. "We like to be that perfect medium where you can play one of our songs in between a grunge band and a pop



COURTESY PHOTO

Arizona's Refreshments offer a light hearted change to today's dark and cynical post-grunge scene.

band and not hear the difference."

The band likes to incorporate humor into their live performances, but seem to be past the days of wearing shower caps, water wings and sunglasses on stage.

"Those were mainly attention getting devices," said Edwards. "We had all said that we were going to wear dresses during a

show, but thankfully we outgrew that stage before it actually happened."

One of their more memorable accomplishments was writing and recording the theme to Mike Judge's (*Beavis and Butthead*) FOX-TV hit *King of the Hill*.

"Having watched cartoons as a kid, it's kind of hard to believe that it's really our music when we

watch the show," Edwards said. "It was a lot of fun and we'd love to do it again."

All of the Refreshments' songs tell a story that seem to inspire and enlighten their listeners. Roger Clyne's songs are written from his own experiences.

Other members of the Refreshments include Roger Clyne (vocals, rhythm guitar),

Brian Blush (guitar) and P.H. Naffah (drums).

Clyne, the only Arizona native, was one of the original members of the band in 1993, which consisted of himself, Edwards and drummer Dusty Denham. By the winter of '93, guitarist Brian Blush auditioned for the band and impressed them enough to crack the lineup.

Two years later, following their label signing, Denham decided to quit the band in order to pursue his lifelong obsession with the theatre. Shortly thereafter, the band signed on local drummer P.H. Naffah solidifying the lineup.

Edwards credits a lot of the band's recent success to their fellow Tempe compadres Dead Hot Workshop and the Gin Blossoms.

"They are definitely our favorite bands to play with," said Edwards. "The Gin Blossoms are the best club band I've ever seen. They have so much energy. Ever since I was young I wanted to be in a band who could have fun and be able to turn the place upside down."

ON DISC

REVIEWS BY SCOTT MIDDLETON



David Bowie
The Best of David Bowie
1969/1974
EMI

There are two kinds of "Greatest Hits" albums: fans-only and music for cheap people. The latter meaning that you like a few of the hits but not enough to buy the multiple albums the hits are on. Both are put out by record companies to make money on old material. This album is great for the cheap with songs like *Space Oddity* and *Ziggy Stardust* but it also contains fan favorites. My only complaint is that it wasn't remastered.

(etc. etc. etc. etc. etc.)

David Holmes
Lets Get Killed
Go! Beat

Creative but long winded. Easy but intense. *Lets Get Killed* is a collection of gritty urban monologues set to what might be described as ambient rave or a nice, mellow trip. It's alright in the background but good to groove to at the same time. Just listening to this album will give you the pasties.

(etc. etc. etc. etc.)



Jane's Addiction
Kettle Whistle
Warner

All the hard core fans out there, the self confessed cool people wet their pants when they heard another Addiction CD was in the making. Fringe fans could give a shit. This is a fans only album containing 15 tracks, four you've never heard and a few you haven't heard like this. It's classic Addiction that won't surprise but ought to make you smile. Any guesses at why it was put out now?

(etc. etc. etc.)

Baby Bird
Ugly Beautiful
Atlantic

How we never heard of these guys until recently is beyond thought. This is Brit-Pop at its best. A yummy sound without pomposity. Actual intelligent lyrics without coming off heavy or cliché. Atlantic bought the rights to take over where Echo dropped the ball. They have backlog of great material so go get what you've been missing.

(etc. etc. etc. etc.)

Afro Nubians and fries

BY MICHAEL STAFFORD
Entertainment Reporter

While Humber's populace slobberingly masticated burgers and fries directly behind them, Tarig Abubakar and the Afro Nubians served up a wide variety of international flavors in the student centre.

The music played by the Afro Nubians was as eclectic as the band members themselves, with just about every player being from a different country.

They opened their first 45 minute set, half an hour late, with a pace setting upbeat song which Abubakar said was of African origin.

The seemingly ever affable Abubakar pleasantly thanked the

near silence before moving on to the next tune.

The set maintained its high energy, not dropping once. By the fourth song a substantial crowd had gathered, even being coerced into clapping along with one song.

The Afro Nubians' line up—two guitars, bass, saxophones, drums, percussion, and vocals—relies on its strong rhythm section to keep the songs alive, adding catchy melody lines from the saxophone.

The main musical focus was on African dance music and reggae. However, they never fell back on using any of the standard formulae of pop music, sometimes using time signatures which (in this country) are uncommon,

proving that it is possible to make danceable music that isn't nauseatingly banal.

The most impressive performance came from the percussionist, who beat frantically on an assortment of hand drums.

Lyrical, the songs were filled with messages of harmony, both racial and spiritual. Geography also found its way into much of the lyrical content with songs conveying Abubakar's love for his mother land, and the places he has traveled.

The harmony portrayed in the lyrics was reflected on the stage throughout the show, whether through the band's performance, or in Abubakar's constant smile as he danced through the jams.

Funny Flemming

BY ANDERSON KHAN
Entertainment Reporter

Wayne Flemming's comedy comes from the heart, not from the head.

Flemming, who recently headlined at Yuk Yuk's at Yonge and Eglinton, has a standup routine that always changes.

"I walk it like I talk it. If I talk about it on stage, you know it comes from my soul. I don't sit down and contrive," Flemming said.

Flemming, a Nova Scotia native, describes himself as a guy with "a great job, not a career."

"I'm a good-time guy. I have things other than comedy in my life, none of which make me money, but they excite me and they are what I'm about. That is,

being the best person I can be."

In his 23 years as a comedian, Flemming has performed shows across Canada, along with shows in Los Angeles, Florida, Bermuda and The Bahamas. Flemming's most memorable show was in the French Riviera.

"When I performed there, my audience consisted of about ten people, none of whom understood a word I said. At the end of the show, everyone clapped and cheered which made me feel great because I felt I had communicated with the crowd through my expressions."

Flemming said he will never forget the performance he did at the Montreal Just for Laughs festival, ten years ago. He received an encore as well as some compliments from a person who wasn't

very well-known at the time.

"Jay Leno came up to me after the show and said he loved it. Mind you, this wasn't Jay Leno from *The Tonight Show*. It was the Jay Leno who was simply the most worked comic of his time doing 300 shows a year."

Flemming got into the comedy industry in an unusual way. A friend of his dared him to enter an amateur contest for a \$50 first prize. Flemming ended up winning the contest and things evolved from there.

"After that contest, I started doing little gigs in hospitals and senior's homes and stuff like that. Next thing I knew, I was performing in clubs between bands where comedians hadn't performed before. Now, here I am."

Edison Machine running at Caps

BY LISA RAINFORD
Entertainment Reporter

Roll over Beethoven. Who would have guessed that a seventeenth century composer would have a profound effect on four guys in a twentieth century rock band?

Adam Bowhey, lead singer and guitarist of Edison Machine, said if he could play with anyone it would be Beethoven. This band from Simcoe is trying to separate itself from every other up-and-coming band.

"We don't try to be like one specific band," said Brad Voetle, the group's rhythm guitarist and back up vocalist. "There are so many bands out there that sound so much the same."

What makes this group different is that Edison Machine's songs have hints of jazz, rock, blues, and pop. They say they are influenced more by Pink Floyd than Green Day or The Smashing Pumpkins. No two songs are alike.

This month just may determine the band's future. Edison Machine played at Caps November 5 to a small but enthusiastic crowd, and played Lee's Palace November 6. With shows at The Fuel Station on the November 14, and 15, and at Lunch November 22, in Hamilton, they are gaining more

and more exposure.

"We have to come up with the funds to record an album," said bass player, Jason Coates.

Three members of the group have a similar goal. Jesse "The Duke" Ayers said that he would be content to play the clubs they've been playing, as did Voetle, and Coates. It's Bowhey who wants superstardom. The guys all agree though that they want to pursue this as a career.

Even though there was a small crowd at Caps, the band remained optimistic.

"We've played before when there's only been five people," Coates said.

It seems that the group is conditioning themselves to go on tour. They live in the same house, they rehearse three to four times a week, and not only do they work at the same place, but thanks to the management of Canadian Tire, they work the same shift.

"Kudos to my mother," said Bowhey, about the support he gets from his family. Bowhey's mother manages the Canadian Tire where the guys work and makes sure that their schedule does not interfere with the band's commitments.

Edison Machine has a number of faithful fans in Simcoe and Hamilton, with dates in Toronto, their following is sure to grow.

Upski bombs the burbs

BY JEREMY RELPH
Entertainment Reporter

Writer, b-boy, leading racial theorist, nice guy, white guy and grounded kid. These are some of the labels that are relevant to William Upski Wimsatt. If you've read *The Source*, *Rappages*, *Beatdown*, *OnTheGo*, *Vibe* or the newly minted *XXL* over the past few years, then chances are you've read his work. If you haven't, well, keep reading.

Home-slice was a little reluctant to impart stories on his first bright moments as a writer. "Until sixth grade, no one ever said anything about my writing. I was in Jewish Sunday School and for a story we had to write about the Holocaust, I wrote about a family escaping from Europe. When I turned it in, no one believed I wrote it."

Don't consider this bragging though, Upski is quick to point out "the reason I don't like to share that story is that people are intimidated enough about writing

and feel that they can't write. People will think 'oh, that mofo just has it naturally,' it reinforces the idea that (writing) is not just a skill you develop."

Years passed, and Upski's skill as a writer grew.

He worked at it in classes, like a journalism class he took with Wayne Brassler (a recognized journalism teacher in the US).

Through all of this, Upski found himself enjoying life on the wrong side of town, in bad neighborhoods.

Upski treated the pen like his

friend through all of his experiences — writing graffiti, participating in Chicago's hip-hop scene and traveling around the U.S. After paying plenty of dues, he turned out *Bomb The Suburbs: Graffiti, Freight Hopping, Race, and*

the Search for Hip-hop's Moral Center back in 1994.

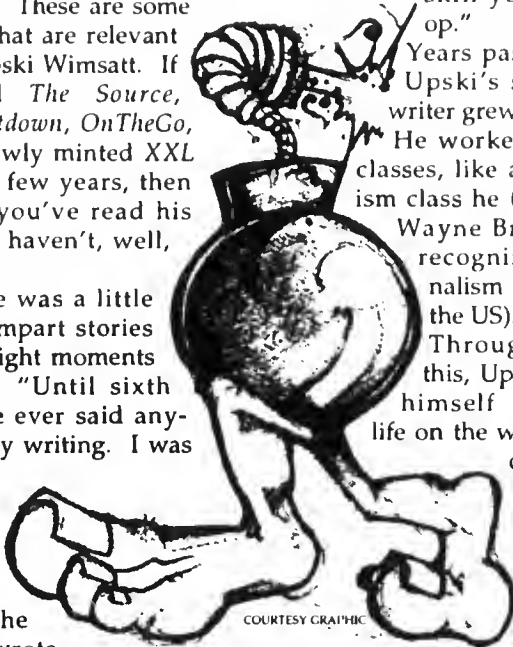
For some time after his book came out, Upski had crazy people knocking on his door for the "Hip-hop/graffiti/wigger" expert opinion. Oprah's people came knocking, but they weren't too interested in a balanced mind.

"I hate the word expert, it bugs the shit outta me. I'm not an expert on hip-hop or graffiti anymore, if I ever was, and I'm not really an expert on white kids into hip-hop anymore, if I ever was. Since the book came out I've been kinda boycotting the shit because it's so much a part of my life that I have to get away from it to learn about anything else."

What I'm trying to become an expert on is how to do good in the world."

A nice sentiment that's not exactly conducive to our sound-byte society.

Not one to rest on his laurels, Upski is looking to the future. "I'd like to have five different regular columns in publications of different tastes. Major newspapers, hip-hop magazines, a variety that would allow me to funnel what I know into a format tailored for a certain reader."



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Et Cetera Sports

Volleyball team serves up ace in season opener

BY KRISTI SMITH
Sports Reporter

Spurred on by their home crowd, the Humber women's volleyball team needed just four sets to dispatch a lackluster Confederation College Thunderhawk squad in their season opener.

Christine Rudics served up the final four points to lead the Hawks to victory.

"It was an all round good effort," said assistant coach Chris Wilkins. "We got the chance to play everyone, while working on the things that needed to be worked on."

Despite being a young team, there was no evidence of rookie jitters on this night.

The Hawks took control, after breaking an early 1-1 tie in the first set, and never looked back.

Suzanne Smith drove in the winning point in a 15-2 effort.

The Thunderhawks were overwhelmed by Humber's powerful offence that set a blistering pace, and was unrelentless in its attack.

The Hawk's serving was

impressive, typified by Cindy Ross, who executed several aces.

While the Thunderhawks may not have been a hard hitting team, the Hawks really dug in and played tight, giving their defence a chance to shine.

"There's no doubt we have an excellent offence," Jennifer DeMiranda said. "But our defence is really coming along."

It was much the same story in the second set, which Humber easily took 15-4.

The Thunderhawks were not willing to hand the game over so they battled hard in the third set.

They capitalized on Humber's inability to mount an aggressive offensive attack, and took the set 15-9.

"We were experimenting with new things," explained Lindsay Anderson. "But it shows we have to come out strong and focus no matter which team we play. We have to play to our level."

The Hawks got off to a slow start in the fourth set. But once they got the lead, they never gave it up. They went on to take the set 15-4 to secure the victory.

Player of the Game honors went to Christine Rudics, who continues to be a dynamo on the court, both offensively and defensively. An All-Canadian who also owns several provincial records, Rudics is bound to be a force to be reckoned with this season.

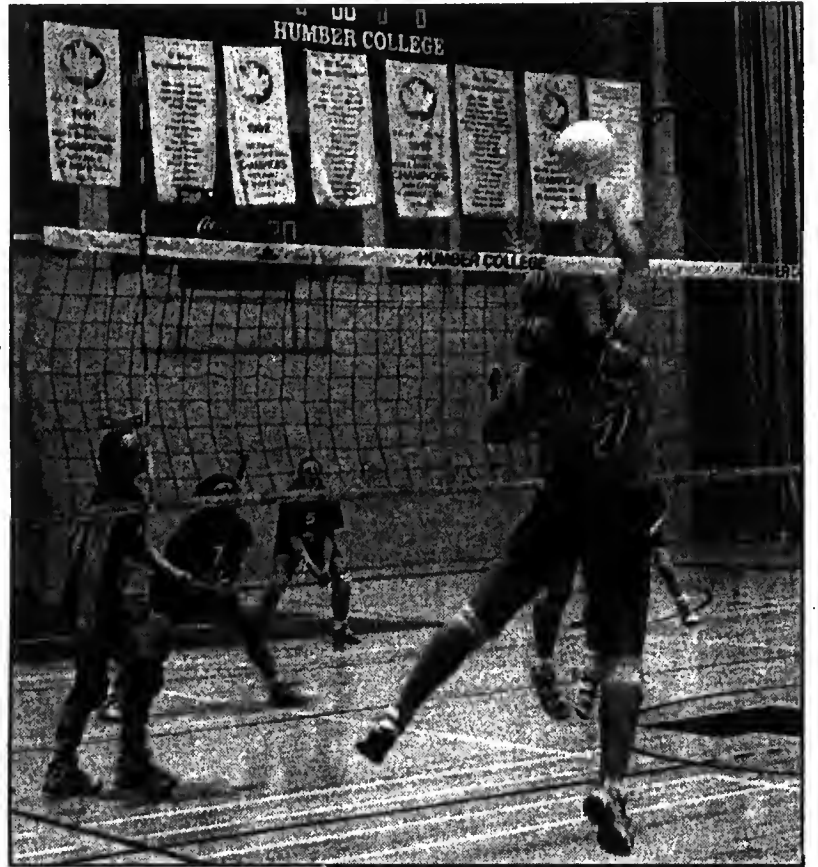
The Hawks put forth a team effort on this night. Everyone played their positions, and good communication seemed to be the key to success.

Honorable mentions should also go out to Cindy Ross, Jennifer DeMiranda, and Lindsay Anderson who really turned it on in the second half of the match.

"Lindsay played consistently throughout the game," said Wilkins.

As with any young team, there is always room for learning and growth, but this is something that will come with experience.

"If we stay at our tournament pace, we have the capability of finishing high this season," head coach Dave Hood said. "This is one of the most talented teams we've ever had at Humber."



The Hawks start the season with a win over Confederation College.

Women win Humber Cup

BY CINDY STEINMAN
Sports Reporter

The varsity women's volleyball team captured the Humber Cup last weekend, showing just exactly what they're made of.

There were a total of four teams in the Humber Cup tournament, including Humber, Durham, Loyalist and Cambridge were the other schools in attendance, but in the end, none of them could match the Hawks.

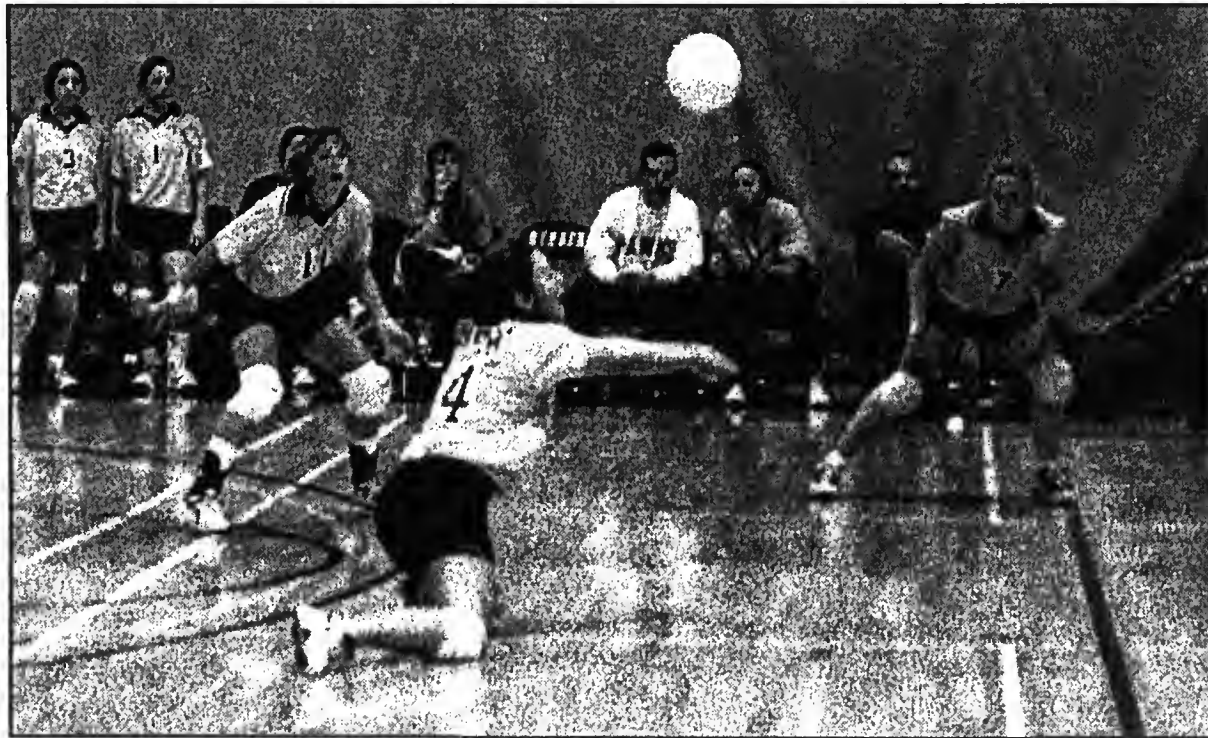
The Hawks' first game was against Durham, who proved to be a worthy opponent. Humber won the first set 15-11. Durham came back strong in the second set, and won 15-5. The third and final set was a tight one, but Durham came out victorious, winning 17-15.

The women's next challenge was Cambrian. But it wasn't much of a challenge for the Hawks. In the first set, Cambrian was scoring first. Humber quickly caught up and passed them in points, their impressive defence out in full force. Humber won 15-8.

In the second set, the Hawks were even more impressive. They came out strong, and had quite a few rallies. Although it was close for a while, the Hawks won again, 15-9.

A pattern developed for the Hawks, and it worked.

"We had a great ability today



The volleyball team in tournament action against Cambrian. The Hawks would win the game and tournament.

to come from behind," said Dave Hood, the women's head coach. "We'd get ahead, we'd let the other team back into the game so they'd get up on us by a couple of points. We'd stop that, and continue on. We finished off like that."

And it happened in the next game against Loyalist. Once again, the game was close, but only for a while. Humber kicked

it into high gear, and won 15-8. While Christine Rudics was dazzling them with her kills, Jen DeMiranda's serves seemed to scare them.

This continued in the second set, when Humber demolished Loyalist 15-2. The Hawks' offence was strong, as usual, and they played great defence. It just wasn't Loyalist's day.

It was on to the finals, where

the Hawks faced Cambrian once again. The first set was close in the beginning, but Cambrian's defence just wasn't there. Humber finished off with a score of 15-6, going into the second set confident.

It was mostly a game of catch up in the second and final set. Humber and Cambrian were neck and neck, but the Hawks won 15-12, walking away with their own

Humber Cup. Christine Rudics won the tournament MVP title, and Cindy Ross also won an MVP award. But it all definitely wasn't without hard work.

"We have a really good work ethic," Hood said. "We don't let balls just hit the court. We're starting to communicate better, and things are starting to gel for us."

Richelle Elder, Humber's middle, said she was happy with the way the team played.

"We have a great offence, excellent coaching staff," Elder said. "Our defence came together today a lot better than it has been. Our movement was better today."

Saturday's success isn't going to anyone's head, though:

"This is one of the steps in our plateau of success," Hood said. "We have a long way to go still, but it's a very nice step to take."

"I think we're always going to have our work cut out for us," Elder agreed.

And while the women won the cup, they also won the respect of their opponents.

"We couldn't have asked for better," Elder said. "It was great winning the Humber Cup. This was a tournament to show who we were and what we could do. I think we did that."

The Hawks play Georgian and will be in the St. Clair tournament on November 15.

WWF a "Hart" breaking success

BY SHAWN GIBSON
Sports Reporter

TORONTO - Last Friday, November 7, the World Wrestling Federation invaded the SkyDome and put on a "showstopping, headlining, main event" card that couldn't have been done by anyone else.



Bret "The Hitman" Hart took Toronto and Montreal by storm.

The WWF has been coming to Toronto since the days of Whipper Billy Watson, Sweet Daddy Siki and the great Lou Thesz. Nowadays, the fans are cheering wrestlers like The Undertaker, Ken Shamrock and "Stone Cold" Steve Austin, who enjoys giving anyone the finger then "serving up a can of whoop-ass".

Before the event started, a press conference was held by Hunter Hearst Helmsley and his female bodyguard, Chyna. The question and answer period was mostly directed towards rival wrestling promoters World Championship Wrestling. The WCW basically employs washed-

up-has-beens (excluding The Wolfpack and Ric Flair) who, as Helmsley said, "don't earn their money, they merely collect it."

"Who do I think has better talent? Let's take an age ratio. The average number of wrestlers in WCW that are on top and are way into their 40's, near 50, is way higher than ours," Helmsley said. "I'd rather watch two guys in the ring that are 30 years old and can still move than watch two people that are damn near 50, one with a plastic hip the other without incentive, stand around in a cage and move around like two geriatrics. I was embarrassed by both Hulk Hogan and Roddy Piper. They embarrassed the sport."

Helmsley also commented on the huge news that surrounded Friday's event about Canadian Bret Hart. It is rumoured that he will join the rival promotion because of differences with the direction the WWF is taking. They are trying to reach out to the adult crowd. Hart's real life hatred for Helmsley's best friend, newly crowned champion Shawn Michaels, is motivating his desire to move.

"He's a legend. It has nothing to do with him being Canadian or American, he's a legend. If he goes to WCW, I wish him all the luck in the world, and if he stays here then I wish all the luck in the world until he gets to Degeneration X and then he'll

fail," Helmsley said.

What about Helmsley's loyalty? He said that if you cut him open he would bleed WWF.

The card itself featured some great matches that had the 25,000 in attendance rockin' the Dome. Toronto native Tiger Ali Singh (son of legendary wrestler Tiger Jeet Singh) got things rolling with a victory over Miguel Perez. Helmsley lost his match with Ken Shamrock who ABC called "the world's most dangerous man". Former CFL star Glen Kulka assisted Ahmed Johnson in his win over NOD's Rocky Maivia. Due to injuries, neither The Patriot nor Goldust could wrestle which altered the card a bit.

Finally, the main event arrived. The Undertaker, Steve Austin and Mankind battled Jim Neidhart, The British Bulldog and Bret Hart. With this match possibly being Hart's last at the Dome with the WWF, many cheered him wildly. However, there were a few spectators who knew what a deserter deserved for even thinking of jumping ship to "the enemy". Eventually the chants of "sellout" and "coward" were directed at Hart.

Even an appearance by Undertaker's evil brother Cain (not the best plot ever but it gives for some good pyrotechnics) couldn't help The Hart Foundation, and Austin pinned Neidhart for the victory.

The recent success of WWF cards in Toronto makes it obvious that owner Vince McMahon plans to give Torontonians the pleasure of a Pay Per View event, possibly in 1998. If you were never, a wrestling fan or you stopped because it looked "too fake", the flood of events at the SkyDome and the war between the WWF and WCW (who quite frankly can't match what McMahon has done in the business) are sure to make a fanatic out of you.

The WWF will back at the SkyDome next on Saturday, Feb. 21, 1998.

Rocket wins Cy

BY JEFF HEATHERINGTON
Sports Reporter

For the second consecutive season, the American League's top pitcher award went to a Blue Jays pitcher.

Last year, Jays' pitcher Pat Hentgen was the recipient of the Cy Young award as the AL's best. On Tuesday, 'Rocket' Roger Clemens was named this year's winner, the fourth time in his career that he has won.

"Being the second year that the Blue Jays have won the award, our pitching is starting to get a lot more recognition," said Assistant Public Relations Director Jay Stenhouse.

After signing with Toronto last year following a bitter contract dispute with his former team, the Boston Red Sox, Clemens was out to prove people wrong.

Not only did he surprise a lot of people this year following two average seasons, but he went on to have one of the best seasons of his career.

"It's safe to say that the Blue Jays are obviously quite proud of Roger and his remarkable season," Stenhouse said.

Clemens is one of three pitchers to win the Cy Young four times. The others are Greg Maddux and Steve Carlton.

He also is the first pitcher since Detroit's Hal Newhouser in 1945 to win the AL triple crown for pitching, which includes leading the league in wins, strikeouts and ERA (earned run average).

Clemens finished his incredible season with a 21-7 record, a 2.05 ERA and set a career high in strikeouts with 292.

His 21 wins equals the Blue Jays club record set by Jack

Morris in 1993. Clemens ERA was consistently under two runs most of the season while his 292 strikeouts came on the final day of the season, surpassing Seattle's Randy Johnson for the lead.

Clemens received 25 of 28 first place votes in the balloting by the Baseball Writer's Association of America, compiling 134 points in total.

Clemens will receive a \$100,000 bonus for winning the Cy Young.

The 'Rocket' also won the award with the Boston Red Sox in 1986, 1987 and 1991. One of Clemens' best games this season was in June during his return to Fenway Park, where he struck out 16 Red Sox batters. He showed Boston what they missed out on.

The next stop for Clemens should be the Hall of Fame where his induction looks to be a lock.

BY DUSTIN DINOFF
Sports Reporter

MONTREAL - Bret 'Hitman' Hart, arguably the World Wrestling Federation's most famous and bankable superstar, lost his world title and let the outraged fans know that he was leaving the organization.

The 10th anniversary of one of pro-wrestling's premiere pay-per-view events, the Survivor Series, was held at the Molson Centre in Montreal this past weekend, with surprising results.

Hart lost his title to personal and professional rival Shawn Michaels and was beaten with his own finishing maneuver the Sharpshooter.

The crowd, a half francophone and half anglophone, united to cheer their countryman, Hart, who hails from Calgary. He brought a Canadian flag to the ring, which he placed proudly in his corner as he battled Michaels for about 20 minutes. Suddenly Michaels slapped on the sharpshooter and was declared the winner - before the Hitman could say that he quit.

The Molson Centre was

almost ready for a riot as police rushed down to ringside to help Michaels escape from the 20,000 angry wrestling fans. Michaels made it away safely, and the pay-per-view cameras were shut off. However, what happened afterwards will never be forgotten by anyone in attendance.

Bret Hart, after spitting on WWF owner Vince McMahon, circled the ringside area to slap the hands of his fans one last time. Once he got to the broadcast booth, Hart grabbed the monitors off of the tables and smashed them.

He climbed back into the ring and traced the letters "W-C-W" (World Championship Wrestling), the WWF's rival organization as an indication of where he was headed, tired of the backroom politics in the WWF.

The question remains, however, is this for real, or just an elaborate rouse to get fans interested again? Time will tell, but it looks like this wrestling angle, for once, is for real.

Bret Hart will be missed by the WWF, and will definitely make his presence felt in WCW.

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The Official-Languages Monitor Program is funded by the federal Department of Canadian Heritage and administered by the Ontario Ministry of Education and Training in conjunction with the Council of Ministers of Education, Canada.



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Hawk coaches soar at Humber



PHOTO BY JOE SILVA

Ongaro and Pileggi help to mold the women's soccer team into strong playoff contenders. This year marked the team's first visit to the playoffs.

BY JOE SILVA
Sports Reporter

Eight weeks, six regular season games, three hour practices, and 19 players is what the coaches of the women's soccer team have to deal with year in and year out.

Three years ago, Vince Pileggi and Mauro Ongaro were hired to build a women's soccer program at Humber College. September of 1995 was supposed to be the coaching debut of both men, but budget cuts forced the coaches to wait one more year.

Last year, the program was resurrected and both men finally had a chance to put a team on the field. The team finished the season with a 2-2-2 record and missed the play-offs.

"We were first-year coaches and didn't know what to expect. This year we were better prepared right from training camp," Pileggi said. He couldn't have been more right.

The 1997 team finished with a 4-2 record and won the final play-off position in the Central West Division.

Each coach played soccer at many different levels during their careers. They both coached teams at the high school level, so they know the do's and don'ts of the sport and they like their jobs.

"The interaction with the play-

ers, and the sharing of our knowledge with them is great," Ongaro said.

He wants to see the game of soccer played the way it should be played.

"The interaction with the players, and the sharing of our knowledge with them is great."

- Mauro Ongaro

Pileggi likes working at this level because the players are more mature and come to play hard every game. Pileggi credits the organization of Humber's Athletic Department for making his job that much more enjoyable.

"Doug Fox [Humber's Athletic Director] provided us with a manager who is extremely organized. Our responsibility is to come out and coach the team. We don't have to worry about filling out game sheets, and worry about booking buses for road trips, or players washing their jerseys," Pileggi said.

Pileggi and Ongaro coach soccer, so naturally the coach that they would like to emulate would be one from the world of soccer. Wrong. Surprisingly, both men

picked basketball coaches.

Pileggi likes John Wooden, the legendary coach of the UCLA Bruins, who won 10 NCAA basketball championships.

"He understood the way the game of basketball was played. From a coaching perspective, he is definitely the master. His accomplishment is definitely a measuring stick of success for all coaches," Pileggi said.

Ongaro's pick is the Miami Heat's Pat Riley. "He is your prototype coach. He presents a certain image and knows when to be tough with the players. The philosophy of the team game is very important," Ongaro said.

With Pileggi and Ongaro at the helm, an OCAA championship and shot at a national title isn't too far down the road.

Oops... we goofed

In last week's *Athletes of the Week* and "John Abbott falls to the Hawks" we misspelled the names of women's soccer coach Mauro Ongaro and women's assistant basketball coach Denise Perrier. We apologize for the error.

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Warriors take down Hawks Humber loses 70-57 to Daemen College

BY MARK SUBRYAN
Sports Reporter

There is nothing like playing an NCAA Division II team to bring a team that is riding high crashing back to earth.

On the heels of an emotionally charged victory over John Abbott College two weeks ago, the women's basketball team were beaten by the Daemen Warriors 70-57 in an exhibition game.

"This was good for our team," said coach Jim Henderson. "Just because we won the tournament last weekend doesn't mean that we're out of the woods as yet. Having big heads because of that victory would be bad."

The 13-point loss is not as bad as it seems.

"Last year, they beat us by 40 points in Buffalo. That was our worst loss ever," Henderson said. "At the Seneca tournament in January, they beat us in the finals by 19. I look at this as a great improvement and we'll get another chance at them next January at the Seneca tournament. Who knows, maybe we'll beat them by five then."

The game showed the team is

not the finely tuned machine Henderson hoped it to be.

"This game showed that improvements are needed," Henderson said. "Maybe the team is still tired from the weekend because they played three games in three days. Our offence didn't really click until the end of the (both halves). In the last four minutes of the second half, we

The excellent defence that won the John Abbott tournament was missing from last Thursday's game.

played a 3-2 zone game for the first time ever and it was effective."

The excellent defence that won the John Abbott tournament was missing from last Thursday's game.

"I was not happy with our guarding," Henderson said. "I'm not too concerned about it at this time. We will need to step up our defence for the Durham tournament this weekend."

The Hawks player of the game was second-year guard, Aman Hasebenebi, who scored 15 points and played an aggressive game.

"I was not too happy with today's game," Hasebenebi said of the game. "I think we were tired from Montreal and that took a lot of energy out of us. We need to play better defense. We should have been faster out there."

Other Hawks who had a good game were forward, Tanya Sadler and centre, Heather Curran, both scoring nine points.

Daemen was simply too strong. They were aggressive and were strong on defence.

The Warriors shot from the perimeter with pinpoint accuracy. However, the Hawks were never really out of this game.

Hawks assistant coach, Denise Perrier, remembers last year's game with disdain.

"Last year, we were short-handed and outplayed," she said. "Not only did we get beaten badly, but we lost Tina Botterill to a concussion when she collided with one of their players."

The Hawks will host George Brown next Wednesday, November 19.

Humber tops at the "Big Six"

BY JOHN CHICK
Sports Reporter

Two tournaments played, two tournaments won. The Humber Hawks women's basketball team won their second tournament in as many weeks with an impressive performance at the Big Six Classic at Durham College in Oshawa last weekend.

All four victories came against U.S. schools, something coach Jim Henderson has to be happy about.

"Were looking pretty good - I'm really pleased how we started running the transition and playing defense," he said.

With the team gelling, Humber won the final game 64-55 over Mott College from Flint, Michigan despite a 42 per cent performance at the free throw line.

"Our shooting has been up and down," Henderson said. "We shot really well in the first three games, but by the fourth game it was our legs - four games in three days, you get a little tired."

Guard Tanya Sadler was

named Big Six Classic Tournament MVP, averaging 17.5 points over the four games. Tina Botterill tied Sadler with 14 points in the clincher, while Amani Hasebenebi chipped in with 11.

"Were looking pretty good - I'm really pleased how we started running..."

- Coach Henderson

The Hawks hadn't won a tournament in four years coming into this season. Henderson was especially happy for fourth-year senior Heather Curran, who's now won two tournaments in two weeks.

"They can be few and far between to have two weekends back to back," Henderson said.

Humber looks to be in good shape for the start of league play this week, with only one injury to Ernestine Dunkley, out at least two weeks with an ankle sprain.

Attention Hockey Fans

So you think you know your hockey, eh??? Well, on December 1, 1997, the Canadian Olympic Hockey team will be announced. Do you think you could pick this team??? Send in your selections, pick three goalies, thirteen forwards, and seven defencemen. The deadline for entries is Friday, November 29, 1997. You can e-mail your picks to sportsgod@yahoo.com or Hab-fan@rocketmail.com.

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The Last Word

Do I make
ya horny?!?

Oh my baby, Oh my!

It's all sex
...baby!

Answers on page 10

1. A college student loved showing off his sex organ, which he called Jumbo. He became United States President:

- Bill Clinton
- John F. Kennedy
- Lyndon Johnson

2. According to Playgirl magazine, how many wives have had sex at least once when they didn't want it?

- 48%
- 72%
- 96%

3. Aphrodite, the Greek goddess of love and sexual intercourse:

- was born of her father's castrated sex organ
- governed sex but never partook of it personally
- had sexual intercourse with every major God

4. How much was Marilyn Monroe paid for her nude calendar photo?

- \$50
- \$500
- \$50,000

5. The one intellectual giant who did not die a virgin was:

- mathematical genius Sir Isaac Newton
- philosopher genius Immanuel Kant
- physicist genius Albert Einstein

6. To be a member of the Mile High Club you must make love:

- in an airplane
- under the influence of LSD
- during a mountain climb

7. Who is more likely to listen through a motel wall to a couple making love?

- a young man alone
- a young woman alone
- a young man alone and a young woman alone are about equally likely

8. Associated with witchcraft, a succubus is:

- a female demon who has sex with men
- a demon who forces women into prostitution
- a demon who shows his genitals during church services

9. Who was the top pinup sex queen of the 1970s?

- Jane Fonda
- Dolly Parton
- Farrah Fawcett

10. Who helps the pornographic movie actor maintain his sexual readiness while the camera is not on?

- the cookie girl
- the sweet girl
- the fluff girl

Women are more than twice as likely to climax during intercourse if their partner has extremely symmetrical features. Men with extremely symmetrical features are less attentive to their partners and more inclined to cheat on them.