HUMBER t Cetera

IGNITE Real Talks on International Women's Day focuses on self-esteem on pg 2



HUMBERETC.COM FRIDAY, MARCH 10, 2017 **VOLUME 55, ISSUE 6**



IGNITE presidential candidates (from left) Ryan Watt, Maja Jocson, D'Andra Montaque and Lance Constantine debate at the IGNITE Student Centre, North campus, on Tuesday.

ll-candidates forum draws only 20 students

Neha Lobana

LIFE EDITOR

The annual student council election arrived on Tuesday as IGNITE, formerly known as Humber Students' Federation, hosted an all-candidates forum at the North campus.

Despite IGNITE's \$400,000 rebranding exercise in the last year to draw more attention to the work of student government, only about 20 people showed up for the discussion while another 16 tuned in to Facebook to watch the forum online.

Competing in this year's election were all candidates for IGNITE office except the Vice-Presidential candidates for Lakeshore campus. Forum participants included the four presidential candidates: Maja Jocson, Ryan Watt, D'Andra Montaque and Lance Constantine; five North campus Vice-Presidential candidates: Asha Shiddo, Chris Karas, Lovepreet Kahlon, Roxanne Smith and Stokely Lindo; and eight nominees for Board of Directors: Graeme Hardie, Henry Gonzalez, Matthew Hodge, Navdeep Singh, Nish Patel, Osman Beyle, Samuel Mitchell and Sara McCormick.

The candidates sat centre stage in the cafeteria sharing their platforms and what they would focus on if

Popular topics of coverage were mental health and wellness, providing better food on campus, and raising awareness about IGNITE services to the student population. The forum consisted of a question panel formed by Ahmed Tahir, current IGNITE President, and Anna Bilan, Vice President of Student Affairs Lakeshore. Each asked a candidate what they would do if they were selected and how they would handle specific situations.

PRESIDENTIAL SHOWDOWN

As in previous years, IGNITE was not shy of having tensions arise, specifically during the rebuttal period for the presidential candidates when Maja Jocson and Lance Constantine went head-to-head.

When Constantine was questioned by a member of the audience on what he had done for North campus other than setting up an event with the Black Students Association for Black History Month, he said he had held a focus group for international students recently and that his ideas were made for the best interest of all students.

"I think number one, I held a focus group for international students recently. I'll give you this as well, when you are elected as VP, some of the conversations that we have is when you begin to plan, you have all the students in mind and that includes Lakeshore, Orangeville, Guelph-Humber, so in the thought process behind this, or focus, is all students," said Constantine.

Jocson rebutted Constantine's statement, saying a Vice President should primarily be honing their skills and establishing themselves within their home campus.

"What Lance is saying is although that is true, you have to keep everyone in mind. That's why even though I'm the Guelph-Humber VP, I have helped Humber and Lakeshore students but you have to focus on the campus you were elected for," said Jocson.

Cont'd pg 6

Kaitlyn Bristowe, Arlene Dickinson speak on International Women's Day

Jimmy Kakish

IGNITE held an event yesterday to celebrate women on International Women's Day and invited businesswoman and Dragon's Den star Arlene Dickinson and former Bachelor contestant and Bachelorette lead Kaitlyn Bristowe to speak.

Bristowe shared what her experience on the show was like, warning the crowd that it's not what it's cracked up to be.

"I know it seems glorious to date a bunch of guys on TV and wear these beautiful dresses, but it was really stressful. By the end of the show, I lost chunks of hair from stress," she said. "No friends, no family, no phone. You can't talk to anybody."

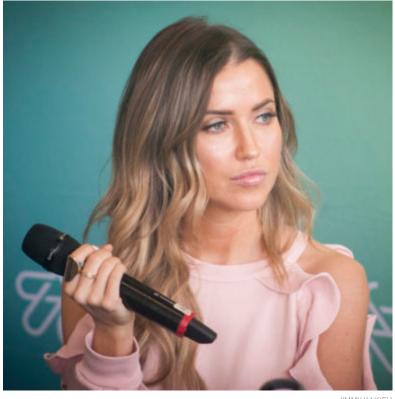
Bristowe also opened up about the female role models in her life, crediting her best friend for helping her be more confident.

"I'd wear these little tiny dresses and heels and she was always in flip flops and a backwards hat. She just was exactly who she was and she taught me so much about having confidence," said Bristowe.

It seems that lesson was forwarded to women like Valeri Palumbo, a second-year creative photography student at Humber.

"It gives confidence to show that (she) looks good, can do this and this and (is) confident in herself," said Palumbo.

Having confidence is something Bristowe said she had to work for. But even today, she admits she sometimes compares herself to other women on social media, although she urges young women to do the



Kaitlyn Bristowe speaks about self esteem at IGNITE's Real Talk event.

"Everybody has to know that they're putting that on social media because everyone paints this pretty picture. But you have to know, everybody also has their struggles, they just don't put it on Instagram," said Bristowe.

Bristowe also said that she has been cyberbullied in the past, but eventually learned to brush it off.

Ammar Abdul-Raheem, the IG-NITE Vice President of Student Life for North campus said this one of the reasons Bristowe was chosen to speak at the International Women's Day event.

"Too many girls and too many women experience things like social media backlash and we need to have role models that have tackled that issue in a positive way," he said. "This is someone with very good intentions, with a very good heart, speaking up."

Businesswoman and television personality Arlene Dickinson followed Bristowe's talk with a speech of her own, touching on her roots, what it was like once having an abusive husband and everything she had to put up with coming up as a woman in the business realm.

She also revealed that in high school, she was voted "most likely to be a candlestick maker."

"I love high school reunions, now," said Dickinson, laughing.

Guelph-Humber students vote for fall reading week but results need approval from U of Guelph Senate

Kayzia Boilard

NEWS REPORTER

Nearly 70 per cent of University of Guelph-Humber students want a fall reading break, according to results of a vote conducted at the campus.

Last month, IGNITE held a debate on the matter, later conducting a survey with almost one third of the student body participating, and then a vote. The results are 69 per cent of Guelph-Humber students are in favour of the interval, offered at many post-secondary institutions in Canada.

"The vote from the survey will only help us to show the Guelph Senate what the collective student opinion is regarding the fall reading break," said Maja Jocson, Vice President of Student Affairs at Guelph-Humber.

The survey also revealed that 71 percent of students believe a fall reading break would benefit their mental health, with 65 per cent of students believing the recess should be five days long.

Jocson reminds students that the vote doesn't necessarily mean that the fall reading break will happen.

"Guelph-Humber is under the University of Guelph's Senate, therefore any academic calendar changes that occur at Guelph-Humber have to go through the Guelph Senate.

"What we can do on our end is to make recommendations for them and ensure we are doing our best to advocate on behalf of students," she continued. "We will be using the results and research we did for this campaign to strengthen our case when we do present it to the Senate."

If the Senate does grant the break, "it would take two to three years for this to be implemented because of the process of changing academic calendars."

Nineteen-year-old Priya Rajkumar, a student in Media Studies at Guelph-Humber, isn't surprised by student support for a fall reading week.

"I expected the outcome of the election results. Almost all schools in Ontario have one and November can be a stressful time of the year for students."

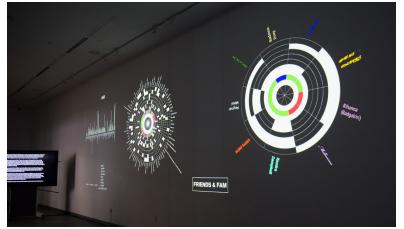
Rajkumar added, however, "I personally did not want a fall reading week. I did not want to run the risk of ending the fall semester later since that is the time where I usually go on vacation."

John Mendoza, also a 19-year-old student in Guelph-Humber's Media Studies program, agreed: "By not having a fall reading break, I'm able to have a longer winter break and take a longer leave for a vacation or other time."

While believing a break is always good, Jocson is unsure "adding this break will ultimately answer the underlying problem of mental health.

Maintaining communication, she says, was the goal of the multi-pronged IGNITE effort on the matter.

"Before jumping into big decisions, the most important thing that we can do is to ensure that we cover all of our grounds and communicate with everyone who will be affected.



Rexdale high school students explore social identity in exhibit

Hiba Traboulsi

NEWS REPORTER

From Facebook and Twitter to Instagram and Snapchat, youth face new challenges to manifest their identities in virtual space and relate them to the physical and social realities of their community.

mAPPing the Territory, a digital exhibition at Humber's North Space Gallery, explores such questions by storytelling through data mapping and social media.

Wednesday's launch unveiled a show by Grade 9 Rexdale students from Pathways to Education, a program that helps youth transition from high school to post-secondary education or employment.

"This is a project that aligns perfectly with Humber's strategic plan, academic goals, and priorities," Laurie Rancourt, Humber's senior vice-president, academic, told the gathering.

Participants were mentored by the creative studio Department of Unusual Certainties (DoUC) in making the content for this exhibition. Over the course of six weeks, each student created a persona and a fictional story to go along with it.

"The first couple of weeks were about hand sketching and drawing," said Christopher Pandolfi, co-founder of DoUC. "In the third week we introduced iPads, where we asked students to take the stories they created to now make fake social media accounts with them and build them."

"For us, we wanted to see what it was like for them to have the tool of the internet to look up images. Are they going to continue to build on the story that they made or are they going to completely change it up?"

After working with students around classic design techniques, storyboarding, persona development, journey mapping and geographical mapping, the final product took over the wall of the North Space Gallery at the Learning Resource Commons. Each persona was digitally screened with its own social media handles (Facebook, Instagram, Twitter and Snapchat) along with a timeline of the persona's story. Persona names included "Badmon Drey(isha)," "Rihanna Jones" and "Neymar Messi" and their stories revolved around the themes of identity, family, gender, religion and money.

Salomeh Ahmedi, program facilita-

tor of mAPPing the Territory, emphasized the importance of storytelling.

"Whether they are funny or silly or serious, it's really important to tell stories, otherwise someone will tell your story for you," she said in addressing the Grade 9 participants attending the launch.

Asked about the effectiveness of storytelling, Ahmedi stressed the importance of the source in telling their story.

"When people are able to share a story through a medium or a platform that they are comfortable with, they can be creative and uninhibited, because you can write a story through just writing on a piece of paper or maybe you can visualize it through, whether it's painting, digital, data or through film or through articles or different forms of expression," she said.

City councillor Vincent Crisanti also shared his insights at the gathering.

"Our neighborhood is as unique as the youth who live here and it's exciting to see this reflected in contemporary art here at the North Gallery. Gaining your perspective from a unique and creative lens contributes greatly to community well-being and identity," he said.

As the room filled with students eager to see their final product on the wall, many took to their cellphones to capture the moment.

Ayni Mohamad, a Grade 9 student from West Humber Collegiate Institute, said that she favours Instagram over any other social media outlet.

"There's celebrities on there and we can see what they're doing. There's also interesting pretty pictures, like hair pictures, and it's generally stuff that catches people's attention," Mohamad said. "Social media affects my day to day life because it's where I socialize with my friends and post pictures. I probably spend about five hours on social media each day."

Rashad Hakim and Nehal Patel, fellow Grade 9 students from West Humber, also said they enjoy Insta gram as their favorite social media medium, along with Snapchat.

"There's many different ways to use it," Patel said.

mAPPing the Territory is supported by Humber College Community Partnership Fund and is a part of Myseum Intersections, an annual exhibit festival that explores the different perspectives of Toronto's cultural and historic diversity.

ELECTION: Presidential Race



Lance Constantine

Constantine is a motivational speaker and author. He founded Speakers University with satellite locations worldwide. He is a current Vice-President of Student Affairs, North.

Why are you running for president?

I think in life it's all about timing. Once your timing is right, I think you can make significant changes. I feel like I'm already operating with the mindset of a president. Through my Vice-Presidency, I was able to negotiate for space at the A168 location at Lakeshore for marginalized communities.

What are you advocating for?

The first thing on my platform is personal development. For personal development, I'm going to be opening up two spaces: one at Lakeshore and one at the North campus. That will be a location where students can go for personal development training, communication, leadrship and teambuilding.

There will also be a space for international students to learn how to integrate within Canadian society more effectively.

For mental health activities, I want to be able to do something every week for students. Whether it's activities, workshops, wellness days to help students to destress and increase in their performance academically.

Name three characteristics that make you a good contender for president.

I'm a visionary. I think that's important because I think a leader should be able to foresee the future before it comes, and that is a quality I possess

A sense of optimism. It's so easy to be discouraged by looking at the challenges that face us.

The team building component to myself. Working with other gifted individuals and talents, and leveraging towards a specific goal.

In a sentence or two, what is something you'd like to tell the student body?

I think my Vice-Presidency speaks for itself. If anyone who has contacted me and got to know me for myself, and sees the track record of what I'm building...I think that's the reason to vote me in. I know that through my Presidency, a lot of changes will be made.



Maja Jocson

Jocson, a fourth year Kinesiology student at University of Guelph-Humber, is a program representative at Guelph-Humber and Vice-President of Student Affairs, Guelph-Humber.

Why are you running for president?

I've been involved for three years. I started as a program rep for Guelph-Humber, moved in to become a VP for student activity. So more like the student life, hosting social events at the Guelph-Humber side, and now I'm focusing on student affairs. Specifically fixing each program there and making sure it's good for students. I'm also part of the sexual violence committee.

I want to keep helping students. I'm not here for the money because really, I can leave when I want to, but I like helping students. It feels great to be able to help someone and then see them actually flourish.

What are you advocating for?

Academic advocacy. At Guelph-Humber, we have program reps, so they don't do social events for their programs, they advocate for actual academic things.

I wanted to transition that to Humber because we're all students here. We're all here to graduate, but I want to make sure we're getting the best out of the money that we pay for education.

I still want to continue working on a fall reading week for Guelph-Humber and make an action plan.

I also want to make sure that students know about the Health Centre at the (North campus) LRC is available to them.

Name three characteristics that make you a good contender for president.

I'm simple and stright-forward. I just get the things I need to do done, and I'm very pro-active.

I make relationships with people. It's not just a one time offer of grabbing someone to say 'vote for me, I'm the best' because actions speak louder than words.

In a sentence or two, what is something you'd like to tell the student body?

I was watching this Ted Talk with Simon Sinek, and he said 'leadership is not a rank, it's a choice.' Just do it- stop saying things, and just do it



D'Andra Montaque

Montaque is a second-year Public Relations student at Humber Lakeshore. She works part-time for IGNITE.

Why are you running for president?

It's something I've been thinking about since last year at Humber.

There's a lot of things going on around the world last year. Something that I wanted to do is fundraise at Humber for the Flint, Michigan water crisis. I contacted the Bridge program at Humber, and they let me know they only deal with internal things and not external. I thought: "Why can't we raise for events around campus and see if we can donate to causes – things going on around the world?

So this semester, I had a lot of motivation from the people in my life, and I thought, 'you know what, I'm just going to do it!' More of a go, just do it, don't even look back.

What are you advocating for?

Love, peace and Humber.

Peace stands for taking care of your mind, body and soul. That includes mental health and wellness which is very important. A lot of people are unaware of different mental health issues and they don't even know they are even dealing with a mental issue.

Love is love for your student body. You have such a diverse multi-cultural school, but there's a lack of representation of that. IGNITE has really made sure they've started to include different events for different cultures. But I don't think people know about those events except people who are part of those cultures, and it's important for us to learn about different cultures.

Humber stands for Humber pride.

Name three characteristics that make you a good contender for president.

I'm very caring and when I want to do something, I go 100 per cent. Thirdly, I'm a people person. I like to meet new people and talk to people. I'm always constantly pushing myself and find a way to keep pushing through.

In a sentence or two, what is something you'd like to tell the student body?

I'm all about peace for yourself, love for one another and I'm all about making Humber a better community.



Ryan Watt

Watt is a second-year Business Management student. He was born in raised in Jamaica and a member of the Jamaica Combined Cadet Force which acts as a volunteer military force.

Why are you running for president?

Inspiration and curiosity.

(Someone on) my board of directors was saying I have the opportunity, and I was saying why not, I should do it, I am curious about what goes on in there.

Growing up I have seen politicians come out and ask people to vote and they're asking people what they want to see done. However, in most cases the people don't see the progress that they want to see.

Is it about me trying to sell myself or is it me being given the opportunity to lead people and do as they ask? Because I relate to people a lot and I listen to their views and their opinions on things.

What are you advocating for?

I would like to see a lot of people get to elevate themselves. People get to socialize, get more connected and interact, for people to become more open minded and see a greater view in the world.

Every day people come to school, they're enrolled in school with a one-track mind, get in and get out and get a job.

People don't even see it as being a community. I would like to be the one to start a process where people who come in with a one-track mind and leave with an open mind, and how we can guide student financials.

Name three characteristics that make you a good contender for president.

I have a mind for leadership, strong loyalty and (am) sociable.

In a sentence or two, what is something you'd like to tell the student body?

Rise to the occasion – look at yourself and be strong.

Profiles by Chris Besik, Ruth Escarlan and Javon Walker

ELECTION: Vice-President North

This year IGNITE has consolidated the Vice President positions from five to three. In previous years there has been VP Student Life North, VP Student Life Lakshore, VP Student Affairs North, VP Student Affairs Lakshore and VP Guelph Humber.

North profiles by Alanna Fairey Lakeshore and GH profiles by Samantha Berdini All photos courtesy IGNITE unless otherwise noted

Christopher Karas

Karas is a fourth-year Paralegal student.

What inspired your decision to run?

I've been inspired to run for student elections since high school. My school board in high school barred my peers and I from creating a safer space, better known as a Gender and Sexuality Alliance, and tore down posters I put up of Harvey Milk, a civil rights hero of mine. I was able to hold my school board accountable for their actions. Since then, I have learned that I have a voice. I learned that I could affect change if I were to speak up and advocate for those of us who are often silenced. I learned that this could inspire others to do the same.

What would you improve about Humber?

I will improve mental health and wellness by advocating for more counseling services and peer support groups. I will improve the services we offer for LGBTTIQQ2SA+ students who are disproportionality affected by mental health. I will lower the cost of tuition. Offer greater financial relief through the financial relief program at Humber.



What is your favourite thing about Humber?

Our diverse community. I would like to make our community more inclusive and do more to include folks who are being left out. What is one fun fact about you?

I'm now challenging Canada's gay blood ban at the Canadian Human Rights Commission to change our Canadian blood policy.

Asha Shiddo

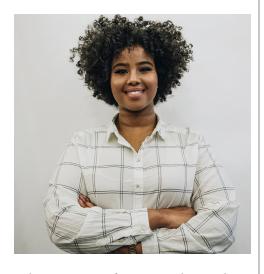
Shiddo is a third year Business Administration student.

What inspired your decision to run?

I work as a frontline staff member at IGNITE as a customer service representative. Many of the times when student come in to our office with a problem it's either me or one of my coworkers they speak with. I try to help them to the best of my ability with the resources that I have and or connect them with someone that may be better suited to help them. If I'm elected VP of Humber North I hope to engage more with students and see how I can impact their experience at Humber in a positive way.

What would you improve about Humber?

I hope to improve the study and social spaces on campus by making the area more inviting. During my campaigning many students have mentioned places being too loud. Also, I hope to get more printers on campus. Many students along with myself have had to wait in line to print an assignment and class starts in 5 minutes.



What is your favourite thing about Humber?

I feel like there is a sense of community here. People are so welcoming and friendly. It's nice seeing familiar faces around campus in between classes.

What is one fun fact about you?

I love make-up and playing around with different looks. I would call myself a make-up enthusiast.

Lovepreet Kahlon

Kahlon is a second-year Business Management student.

What inspired your decision to run?

The facilities that the innocent students didn't get inspired me to run for the position. What would you improve about Humber?

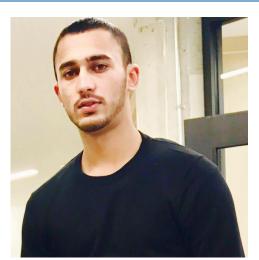
I would like to promote a clean and healthy environment in the college.

What is your favourite thing about Humber?

[Having] students from all continents and culture is the best thing about Humber.

What is one fun fact about you?

Fun fact about me is that I am down to earth and I also have friends who are from other countries.



FACEBOOK/LOVEPREET KAHLON

Stokely Lindo

Lindo is a first-year Business Management student.

What inspired your decision to run?

I first met with the Vice President when I first came to Humber and I assumed that he was the President because of how jovial he was and how approachable he was. I was really impressed with how he came across and I thought, "this is definitely something that I want to do." In one of my courses, the teacher brought out a form and the message was a quote by Nelson Mandela that said, "May your choices reflect your hopes, not your fears." And I was like, "I have been doing this wrong my whole life." I decided that this year I was going to make a difference.

What would you improve about Humber?

My primary concern is for the mental health of the students and faculty here. Primarily for students that are facing stress, they don't want to talk about it. They hide it and don't come to class. That is my primary focus.

What is your favourite thing about Humber?



First-Year Experience. Hands-down. The First Year Experience is something that I would encourage every student to get. I call them a great bunch of bananas, because you have a bunch of excellent folks interested in getting to know students.

What is one fun fact about you?

I love exotic creatures. I actually caught a scorpion at one point in time. I love scorpions and I love seeing what they do.

Roxanne Smith

Smith is a second-year student of the Nursing program.

What inspired your decision to run?

I currently serve as the chairperson for the Board of Directors and my interactions with the current executive members, seeing how their advocacy, creativity and innovation affected the realities of students on campus was very instrumental in my decision to run.

What would you improve about Humber?

Humber College really is a great space to learn, but there is always room for improvement. I aim to improve the camaraderie on campus and each student's sense of belonging. What is your favourite thing about Humber?

It's definitely a tie between my Nursing program that I absolutely love and the opportunities available to become involved on campus.



What is one fun fact about you?

One fun fact about me is that I'm friends with two Olympic gold medalists!

ELECTION: Vice-President Lakeshore

Ryan Endoh

Endoh is a second-year Paralegal Studies student.

How did you get your start in IGNITE?

I'm sort of an outsider when it comes to IGNITE. I work part-time whilst studying full time, and I have maintained a very competitive GPA. That being said, I have not been able to get involved in IGNITE. I have however, acted as an ambassador for Lakeshore Campus as well as the Paralegal program.

What inspired your decision to run for Vice-President?

As a student with a lot of responsibilities and aspirations, I feel as though IGNITE opts to host flashy, expensive events over establishing a meaningful presence at Lakeshore and starting initiatives for issues affecting students.

What would you improve at Humber?

IGNITE puts too much emphasis on events and event promotion. My intention isn't to end events, but to create meaningful campaigns for students.



What is your favourite thing about Humber?

The wide range of programs and faculty are very impressive. As a graduate of another post-secondary institution, I did not anticipate that Humber would inspire me to aspire. What is one fun fact about you?

I used to shop at Goodwill quite often. I have created entire outfits with less than \$10, while still looking sharp.

Jason Gool

Gool was the 2016-2017 Vice President of Student Life, Lakeshore.

He remained unavailable for comment as of press time.



Allisa Lim

Lim is a second-year Business Administrative student

How did you get your start in IGNITE?

I applied for a part-time position as an events assistant. This is my favourite job! It has allowed me to talk and interact with so many students. What inspired your decision to run for

Vice-President?

My motto in life is, 'I would rather die helping others than die doing nothing.' This position allows me to have a platform to advocate and support students on their behalf.

What would to improve at Humber?

I would like to implement free contraceptive and feminine hygiene products.

What is your favourite thing about Humber?

You can go up to anyone and freely have a conversation. The culture and environment is so friendly it makes it very easy to make friends. I also love hanging out in the Games Room! You can make long-lasting friendships

and it's a great place to blow off steam. What is one fun fact about you?

I love fashion and cannot wait to get into the industry. One day, I hope to start a non-profit business that links fashion with growing problems in the world.

Tori Salton

Salton is a second-year student with a major in accounting.

How did you get your start in IGNITE?

This is my first year running for student government! I contemplated running last year, but I wanted to get to know the students more and grow as a person.

What inspired your decision to run for Vice-President?

My passion for Humber and my passion for the students. It's not an easy decision to put myself in front of 15,000 students, but I believe the higher the risk, the higher the return.

What would you improve at Humber?

Unity, community and equal opportunity. I want to bring the student body together again by establishing a common platform of goals and giving equal opportunity to every student on campus.

I also want to introduce bike rentals. They are eco-friendly and leave space for more parking.



What is your favourite thing about Humber?

The way it makes me feel. It is a place where powerful minds and different backgrounds can come together. I love that.

What is one fun fact about you?

My glasses make me look smarter.

Karen Urrego

Urrego is a first-year International Business student.

How did you get your start in IGNITE?

In my first semester I saw all the opportunities, events, workshops and activities IGNITE offers to students. Humber became more than a college for me, it is an experience.

What inspired your decision to run for Vice-President?

I want to make sure students feel that they belong, that they're important and that they're where they're supposed to be. I also want to make sure students have the experience, knowledge and skills they will need after Humber.

What would you improve at Humber?

Change cafeteria hours. Earlier openings for those who come in without breakfast, and later closings for those who like to study late.

I want to make sure Humber students receive preferential treatment when it comes to the cafeteria. This means that the Humber



community would get served first.

What is your favourite thing about

Humber?
What can I say? I am a Humber fan. My favourite things are the community and the

experiences offered. What is one fun fact about you?

I am an animal lover. I have rescued four cats, one rat and two guinea pigs.

Josh Welsh

Welsh is a third-year Film and Media Production student.

How did you get your start in IGNITE?

Without having worked for or knowing anyone in IGNITE, I ran for Vice-President two years ago when I first came to Humber.

What inspired your decision to run for

What inspired your decision to run for Vice-President?

I've always considered myself a leader and a generally fun guy, so I decided to run when the elections came around. Now that I am a third year student and I know what Lakeshore is lacking, I have a lot more insight and experience to qualify and run again.

What would you improve at Humber?

My main goal is to work towards bringing a café/bar to campus that caters to both of age and underage students.

What is your favourite thing about Humber?

The diversity Humber has. Students and



staff from all over the world with different backgrounds and ethnicities, it makes me think of a little Toronto.

What is one fun fact about you?

I was in the Acting for Film & Television program before coming into my current program. I'm a movie buff, so I love to act, quote movies and lip-sync along to movies and songs. I'm a pretty good celebrity impersonator as well.

ELECTION: Vice-President Guelph-Humber

Rose Bonello

Bonello is a first-year Early Childhood Studies student.

How did you get your start in IGNITE?

When I first came to Humber I participated in first year events, and from there I looked into more opportunities to get involved.

What inspired your decision to run for Vice-President?

I decided this would be a great way for me to help develop our school and implement more of the students' ideas.

What would you like to improve at Humber?

I want to create a welcoming environment even as the school grows. I want to ensure that all students feel included in part of a community that they helped create.



What is your favourite thing about GH?

The humble and welcoming environment created by the students, faculty and guests.

What is one fun fact about you? I love travelling and exploring new things.

Josh Kokkoros

Kokkoros is a third-year Media Studies student.

How did you get your start in IGNITE?

I always knew about IGNITE and the amazing things they did for all of our campuses. What inspired your decision to run for

Vice-President?

While working at IGNITE I got to know and become close with the current VP's for North and Guelph-Humber campus. They knew I was interested in running, [and] pushed for me to do it. What would you like to improve at

I want to improve food on campus to better represent our diverse community. There are a lot of students unhappy with the Guelph-Humber Café. What is your favourite thing about GH?

The community. We are such a tight-knit



school where we have the ability to know so many people and build close relationships with our professors.

What is one fun fact about you?

I currently hold four (Canadian Powerlifting Federation) records for 18-19 year olds.

Lack of transparency key topic at IGNITE forum

CONT'D FROM PG 1

"If you're not able to say that who you're representing, your home campus, I don't know then. It seems that you have to strengthen your campus first before you reach out to other campuses. That's why it's important to have those teammates of those campuses," said Jocson.

Constantine responded by clarifying that he is currently advocating for a learning space for marginalized communities on North campus, similar to what he had established this past year at Lakeshore campus.

"This is why I'm perfect for president because I'm not only able to impact the students, but I'm able to currently in my role, affect people at the Lakeshore and I think it speaks for itself. So what I'm currently doing, just to answer, I'm advocating for the space I have at the Lakeshore to North," said Constantine.

The first head to head with Constantine and Jocson ended with Jocson saying students should vote for someone who will make things happen rather than just constantly advocating for them.

"There's a difference with advocating and implementing. So if you have to vote for someone who's able to actually do something and not just say 'I'm going to do this,' 'I'm going to advocate' because while avocation is really good, you need to see the results. How are you going to be able to defend someone who can't show what they're advocating for?" asked Jocson.

But that wasn't the end of that as things got more heated when the current Vice President of Student Affairs, North campus, Ammar Abdul-Raheem joined in on the question period that was open to the audience at the end of each panel.

"I can say that seeing someone like Maja, I've seen how many changes she's done more than what she's being paid. Lance, to be honest, you haven't done enough for students," said Abdul-Raheem, who then went on to ask all four candidates what makes them better than the others. This triggered a second rebuttal battle to occur between Jocson and Constantine.

Jocson described herself as simple person who strongly believes in getting things done rather than talking about making things happen.

Constantine retorted, "going back to actions speaking louder than words itself. You as a student can physically go to Lakeshore in room A168 and see what I have advocated to get for Humber students."

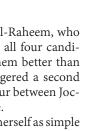
no candidate right now, whether elected or running, has achieved what he has at Lakeshore campus through his term as Vice President.

in work that can benefit all students.

"We have put forward at Guelph Humber a student leader hub that's available for every student, not just if you're related to IGNITE. If you're a society, club, a Humber student who wants to be involved, you can come in and this is for everyone. And it's a physical space, if we're talking about physical spaces, you can go to Guelph-Humber, it's in front of the Guelph-Humber café," said Jocson.

ADDRESSING LACK OF

Jocson and Constantine weren't the only ones butting heads as Vice President nominee, Chris Karas had quite a tilt with current President Ahmed



"Actions speak louder than words. If you want to do something, do it, just do it and the rest, people will talk for you. People will support you if they see you're doing something good for other people.'

Constantine went on to say that

Jocson flared her red card immediately stating that she may not have done anything at Lakeshore as for having a physical space there but she's put

TRANSPARENCY



VP North Vice-Presidential candidates, from left, Asha Shiddo, Roxanne Smith, Lovepreet Kahlon, Christopher Karas and Stokely Lindo debate at IGNITE's All-Candidates Forum Tuesday at Humber North campus.

Karas, who is focusing the majority of his platform on the LGBTQ+ community, mentioned that trans people are not getting their hormones replacement treatments fully covered under the insurance plans that IGNITE currently has available. When Tahir heard this, he questioned whether Karas is willing to commit to having premiums go up to cover full coverage for such needs. This prompted Karas to charge IG-NITE with a lack of transparency in its financial management.

"IGNITE actually has a \$10 million budget, and IGNITE has done a very poor job of actually being transparent where our money goes and I think that it's very important for us to have that information so we can do more to support our students and I hope that we will do that."

Similarly, during question period, audience member Amelia Sovie, a second-year Business student at Guelph-Humber, stated birth control does not have full coverage and that affects at least half of Humber's population. She questioned Karas how his inclusive health plan would benefit other communities such as international, mature and Aboriginal students.

"So, actually LGBTTIQQ2SA+ stu-

dents are students with an intersexuality of identity and experiences so when I talk about LGBT folks, I'm talking about all students because I think that's what's really important is what we support students here at Humber and reproductive health is actually one of the things I want to advocate for and want to pay in full," said Karas.

This prompted Tahir to ask Karas again whether he is willing to commit to raising premium costs. In response, Karas repeated the budget is not transparent to students and questioned why it was not on the website, to which Tahir said it was.

HIGHLIGHTS FROM QUESTION PERIOD

As the question period was coming to a close and tensions were dying down, Sovie was at the mic again, this time to ask presidential candidate, D'Andra Montaque why Humber does not have a shuttle bus service for students from North to Lakeshore campus.

"Coming from someone who currently works at Lakeshore and used to be a Lakeshore student, I 100 per cent understand the struggle of being a Lakeshore student and how we are excluded out of a lot of things. For example, the Real Talks event is happening at North. I haven't seen an event like this at Lakeshore and there's not even any sort of shuttle bus that brings students from Lakeshore to North. Would you implement something like that?" Sovie asked.

Montaque responded, "Thank you for bringing that up, that's something I definitely want to see if it's possible. I know that every school has a shuttle bus except for Humber," said Montaque.

"I know that the reason, from what I've heard why something like that hasn't happened yet is because they were fighting with the TTC to have an express Lakeshore bus. That is great but it's still hard for students to get in between school to school. I don't know why it's so hard to make this happen and I think it's something I'm definitely going to make happen. There are a lot of things that need to be done and that's something of importance."

As the campaigning process is coming to an end, candidates are gearing up for voting week, starting Monday and running until March 17, when polls close and the winners will be announced.

Hottest Girl In School troupe stars at fest

Anna O'Brien

ARTS REPORTER

The country's largest sketch comedy festival is this continuing through Sunday, and it features Humber alums led by a troupe called The Hottest Girl in School.

Toronto Comedy Sketch Festival, being held at the Theatre Centre on Queen Street West and several other downtown locations, is key among the forums that have highlighted success stories from Humber's Comedy Writing and Performance program.

Along with appearing on highly rated shows such as *The Beaverton*, Humber graduates from comedy troupes Hottest Girl and A Tribe Called Sketch are amongst the most anticipated shows of the festival.

Bruce Perrie, the sketch professor at Humber, originally taught the Hottest Girl in School troupe and helped shape their writing through his After School Sketch seminars.

"The After School Sketch was for anyone in the program who wanted to run sketches or do a table read, and he would give feedback," said Rachel Mc-Latchie, a member of ensemble.

"This helped a lot for us because what we think is funny as writers may not come across to an audience. Our troupe went to the seminar almost every week because we found it really helpful getting that second, third and fourth opinion on all our material," said McLatchie.

Alongside other Humber alums Zach Berge, Mike Scott and Brogan Caulfield, The Hottest Girl In School



COURTESY A TRIBE CALLED SKETCH

A Tribe Called Sketch, comedy troupe that formed at Humber College, also stars at SketchfestT.O.

has been writing and performing together for three years as a high energy sketch group.

"Humber put us all in the same class at random, and we immediately had amazing chemistry," says McLatchie. "We became a really tight foursome of friends, always feeding off of each other's bits in class and outside of class. We help each other with our weaknesses and write for everyone's individual strengths."

As for what the audiences have to expect at Sketchfest, McLatchie says they are "in for a treat."

"We have been planning this show to be a very crazy character-filled show," she said. "We want to give people the comedic ride of their lives with over-the-top sketches and characters that have one foot based in reality and the other somewhere pretty wild and fun. We hope to get on stage and just have fun, try to make each other laugh and hopefully leave the stage after our bow feeling really proud of what we accomplished."

Another troupe that met at Humber called A Tribe Called Sketch credits Humber teacher Robin Duke for putting them together randomly. They have been writing and performing together for almost two years. Marisa Bettino, a member of

the group, says the college has provided them a well-rounded taste of all things comedy.

"We found the program most beneficial for finding like-minded people to work with, to support, and to be supported by," says Bettino. "Our performance at Sketch-Fest T.O. will be high energy and dynamic. We're into using music to make our sketches huge, and we're really excited for the show."

More information on the Toronto Comedy Sketch Festival can found at the box office at The Theatre Centre, 1115 Queen Street West in Toronto, or online at www.torontosketchfest.com

First generation students may lack support from family

Genia Kuypers

LIFE REPORTER

Students often face a lot of confusion when embarking on post-secondary studies. But what if those students had to do it all alone?

First-generation students often don't have the same at-home support of students whose parents have attended post-secondary education. They are typically faced with learning the application process, as well as the school systems, on their own.

In recognition of that, the second of two workshops surrounding first generation students was held Tuesday at Humber College North campus with a panel discussion featuring current students and faculty.

Almost one in three students registered with the First Year Experience are first generation students within their families, 53 per cent of them being mature students and 59 per cent international. Not only do these students often face logistical issues, according to the panel members, but the culture shock, academic struggle and financial confusion can be difficult.

"I can relate to the students being a first gen, but I also try and relate to the international students since I studied abroad. It only really hit me when I finally got to Sweden and realized I had to figure everything out on my own," said George Paravantes, program coordinator for Multimedia Design and Development.

Paravantes thinks it's important to enable his first year students.

"I physically walk them down to the Career and Academic Advising Center. If they have questions I go with them and try and get them answered."

Davi Lall, a first gen student at Humber, felt similar difficulties voiced through the panel.

"I had to find my own drive. My parents weren't pushing me to go further in my studies so I never had a push. I found it within," said Lall.

She remembers having to convince her mother of the value of her education: "She didn't understand why I had to do homework until late into the night, or commuting two hours."

Chantal Joy, director of Advising and Student Academic support, is familiar with such challenges although notes that in her own case, "I was pushed from all sides in my family, there was a lot of expectations that I could be one of the two people in my family to go on in school."

Even when there was family pressure to go on in school, however, people at the workshop learned that navigating everything still often came without much help.

Winter Stations turns Beaches lifeguard posts into art







Toronto beaches are being renovated to highlight the city's artistic sense.

The Third Annual Winter Stations Design Competition, features eight different art pieces; overall, the contest received 350 design ideas.

The event takes eight different vacant lifeguard stations on Toronto beaches and transforms them into elaborate pieces of art.

From Woodbine Avenue to the Balmy Beach Club, the stations add

aesthetic flair to the area.

The designs were inspired by water, the environment or the human condition. They remain on display until March 27.

Top right is Flotsam and Jetsam by the University of Waterloo

Top left is "The Illusory" which was created and designed by Humber students.

Bottom is "North", by studio PERCH, which depicts Christmas trees hung upside down.

ALL PHOTOS BY SVETLANA SOLOVEVA

EDITORIAL

Voter turnout for IGNITE embarrassing

n order for any government to work, whether it be a school or Lthe federal government, significant voter turnout is vital.

Here at Humber College, we annually have an under 25 per cent voter participation rate for IGNITE elections; indeed, it's typically below 20 per cent. That's really embarrassing. It's not like there aren't a gazillion posters around the school making us aware that there is an election in a week. No, it seems that the vast majority of people at Humber aren't even fully aware that there is an election.

Think about this: less than a quarter of Humber students even care about the election. And considering that there are some 13 candidates running for vice-presidential roles alone, all one candidate needs is their friends to show up and they win. Automatically that means that only a tiny minority of the student population will be represented. Again, it's not like this is a one off, it is a regular occurrence.

The significance of voting in any election stretches far beyond personal responsibility. There is a direct correlation between participation and representation. If less students vote, then in turn their interests are not going to be represented in their student government. However, the more people that vote, the more the government will represent a larger group of people.

It really is that simple.

After all, IGNITE is a beast when it comes to funding. In fact, their annual budget this past year was \$10,325,000. Look at that again: it's over \$10-million. And all of that is from our tuition money. That money is being used for services such as financial and legal counseling and health insurance, as well as social events like Frosh. Maybe these particular things don't matter to you, but that is just a snapshot of what IGNITE offers. Even if nothing that IGNITE does that matters to you, it certainly affects someone else's time at Humber, which is simply unfair. No one should have less of a service that is essential to them simply because students didn't take the time to educate themselves.

One thing that students have been telling Humber Et Cetera is that they have been too busy with classes to really pay attention to IG-NITE's election. Especially, they feel that there is too much to vote for and are often confused as to who is actually running. That's a fair point. IGNITE has to do a much better job at being transparent in its dealings and making sure students are aware of important events. There is no sugar-coating that in order to engage with voters you need to literally engage with them. Posters won't cut it. However, just because candidates are failing on their end to captivate the student base, doesn't mean that students should just ignore them.

It is the responsibility of every student, as it is with every citizen of the province or country, to research each candidate and their positions by themselves and vote according to their beleifs. There has never been a candidate who people can simply rely on to get them interested. That's all on us.

If you don't care about what IGNITE does, then you are essentially throwing your money away, plain and simple.

Popular culture battles over Trump set to dismantle U.S. environmental safeguards



nothing really tick me off

Javon Walker ONLINE EDITOR

'always find something to complain about after getting triggered ■by some stupidity or another in popular culture. So, what happened this time that has my knots tied?

Well, just recently the internet almost overheated because self-proclaimed Queen of Rap Nicki Minaj was on the receiving end of a diss song from Remy Ma called 'shEther'. The song itself was a really good diss song, with a lot of personal insults thrown around and some quotable lines sprinkled here and there. It's the type of song that could go down in history.

People have been craving for a good rap beef ever since Meek Mill got bodybagged by Toronto's own Drake. With Nicki Minaj being one of the best in the game, we all thought this back and forth was going to climb to new heights. However, Minaj decided to moonwalk away from the conflict so quick that I accidentally mixed her up with track star Usain Bolt, meaning in rap circles she lost by default. While she might respond at a later date, the damage has already been done.

However, Minaj fans couldn't ac-

cept that. They launched a full-court press attack against Remy Ma and her fans, digging through numbers and records to show why Nicki Minaj is too far above Remy Ma to respond. When that didn't work, they escalated things by trying to ruin Ma. Long story short, Ma spent six years in jail after being sentenced in 2008 for assault involving a firearm. Minaj superfans decided to call her probation officer to get her back to jail over something she never did. Drake fans did the exact same thing to Meek Mill when Drake was having his problems with Mill.

This is what has ticked me off this week. I'm tired of people living their lives vicariously through celebrities. I don't want to judge someone who passes their days adoring Kim Kardashian and Beyonce. I've come to accept it, and there's a million other things to be bothered by instead. But what's ticking me off is when these fans go so far to support their artists that they're willing to ruin the lives of others to maintain the image of their favourite. That's very evil.

All forms of music are about entertainment, and these artists are entertainers. Once upon a time they were regular people just like you and me, and now they're regular people with a lot of money. As such, fans should be looking at these songs as their mother was insulted. It's a sad day when an artist of Adele's caliber spends her entire Grammy acceptance speech thanking Beyonce because she doesn't want the #Beyhive destroying her career. Like geez, I thought it was Kanye's job to force awards on Beyonce.

Long story short: keep your entertainers as just that. Don't ruin things for everybody else.



NEWS EDITOR

The environmental views of former U.S. President Barack Obama and current U.S. President Donald Trump can be compared to the antithesis of oil and vinegar or fire and water: complete opposites.

A glance at the White House website hints at Trump's version of environmental policy. The omission of two words from the website, climate change, and the removal of Obama's Climate Change webpage - in its stead is Trump's page An America First Energy Plan - have made obvious Trump's stance on climate change.

If deletion of the words climate change isn't glaringly enough to persuade a skeptical mind, Trump has appointed Myron Ebell, a climate change denier who tries to discredit scientists working on understanding global climate, as the head of the transition team for the United States Environmental Protection Agency. The agency focuses on protecting human health and the environment from such problems air and water pollution.

To add salt to the wound, Trump selected Scott Pruitt, previously the Attorney General for Oklahoma, as EPA's administrator. Pruitt has led or taken part in 14 lawsuits against EPA's major regulations. In addition, Trump's energy secretary, Rick Perry, has advocated the destruction of the department he now leads.

So far, the Trump Administration plans to undo two of Obama's environmental regulations: Clean Power Plan and Clean Water Rule.

An America First Energy Plan states that "President Trump is committed to eliminating harmful and unnecessary policies such as the Climate Action Plan and the Waters of the U.S. rule."

Last Tuesday, Trump signed an executive order to repeal Obama's Clean Water Rule. Although it may be tough since the latter supports the 1972 Clean Water Act that protects bodies of water from being a sewer waste for farmlands and industries which can harm human health and aquatic life.

In the near future, Trump is also expected to sign another executive order for Pruitt to repeal the Clean Power Plan which aims to reduce carbon dioxide and other atmospheric emissions from power plants.

He also plans to revive the coal industry using "clean coal technology" even though the name itself is an oxymoron since there is nothing clean about the mining, production and use of coal.

But despite all his work, Trump never fails to leave minds spinning with contradictory statements as seen from further reading on his energy plan:

"Protecting clean air and clean water, conserving our natural habitats, and preserving our natural reserves and resources will remain a high priority. President Trump will refocus the EPA on its essential mission of protecting our air and water."

Already, Trump has proposed to cut the EPA's budget by 24 per cent



Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

Editorial Team

.....

Chris Besik

Hunter Crowther

Ruth Escarlan

Neha Lobana

David Tuchman

Javon Walker

Faculty Adviser

Salem Alaton

Creative Adviser

Marlee Greig

© 2017 All rights reserved Humber Et Cetera is a publication of the School of Media Studies & Information Technology at Humber Institute of Technology & Advanced Learning 205 Humber College Blvd., Etobicoke, ON, M9W 5L7

Email: etc.humber@gmail.com

> **Twitter:** @humberetc

and reduce its staff by 20 per cent. In protest, an EPA veteran resigned after 24 years. Mustafa Ali was the assistant associate administrator for environmental justice. He told CNN he would wait and see what Trump's administration would focus on.

"...but I have not seen or heard any indication the administration plans to work with vulnerable communities as it relates to environmental protection," Ali told CNN.

If Trump does plan on protecting US "clean air and clean water, conserving our natural habits, and preserving our natural reserves and resources," then budget cuts and staff reductions do not support his claim. He should increase funding and staff, create more programs and not remove essential environmental programs. Most of all, he should not have an EPA head who denies the urgent and scientifically-supported knowledge that human activity significantly causes global warming.

Bachelorette for Women's Day? Hmm



Jimmy Kakish HUMBER NEWS

Rosa Parks. Frida Kahlo.
Oprah. These are strong women.

They've overcome adversity and scoffed in the faces of ignorant people everywhere. They came out on top. As did Arlene Dickinson, the Canadian businesswoman, investor and *Dragon's Den* venture capitalist who spoke at Humber College Thursday for an International Women's Day event.

She poured her heart out to the North campus student audience, recalling tales of immigration, poverty and her challenges as a woman coming up in the business world, going so far as to admit she has been "cornered" by men in the past.

Kaitlyn Bristowe also spoke. You may know her from television's dating shows *The Bachelor* and *The Bachelorette*. During her talk, she just scratched the surface of social media, cyberbullying, not wearing makeup and her husband, former *Bachelorette* contestant Shawn Booth. It seems like the only thing she spoke in-depth about was the reality shows she's been on. Go figure.

She went on to whine that being on *The Bachelorette* was "stressful," and that it was "hell" for her. I can't wrap my head around this.

Fighting in a war is stressful. Working 24 hour shifts in a hospital is stressful. Being a single mother is stressful. Christ, even putting change in your wallet while a line of people wait behind you is stressful. But being a star on The Bachelorette? There are not enough easy buttons in the world to push. But hey. I don't really have too much of an issue with the show. I watch it sometimes, much like other people. But only to laugh at stupid things and turn my mind to mush for a few hours. The more I watch the show and think of Bristowe's visit to our school, the more I think to myself: "This is all Humber could come up with?"

We have Dickinson, a self-made



Arlene Dickinson speaks to Humber students in the LRC.

woman who escaped a life of poverty and dysfunction and became successful only by working hard and not taking shit from anybody, which

was great.

But on the other hand we have Bristowe, who simply wouldn't have been booked to speak if she wasn't famously on that show.

I mean, come on. For International Women's Day, Ryerson University had a self-care workshop, headed by Vaishali Patel, a registered psychotherapist. York U had a sale from which all of proceeds went to women's shelters. We had

the Bachelorette.

The women of Humber deserved a better speaker to accompany Dickinson. Somebody who had more to offer than insight on a reality show that markets women as prizes and objects of lust. Somebody who's not just there to draw a crowd.

To my surprise, though, the audience loved it and they loved her. Many told Bristowe how much of an inspiration she was and that they were happy she was speaking at Humber.

Bristowe's turnout was significantly larger than Dickinson's, as were Humber's cheers for her. This was a bit concerning.

Occasionally, you could see a young woman in the crowd tearing up a bit, or jumping at the chance to speak with Bristowe during the Q&A period.

My eyes have never been so far into the back of my head.

But maybe the world is going crazy. Maybe the world is changing. Maybe I'm just being a prick. One thing is for sure, though; if she makes women feel happy and inspired, who am I to judge?

At the end of the day, she *is* a woman and every woman deserves to have her voice heard.

Wynne's hydro 'savings' a costly ploy



Hunter Crowther *ASSOCIATE NEWS EDITOR*

Pifteen months before Ontario voters decide whether or not to re-elect Kathleen Wynne and the provincial Liberals in government, the premier made a last-ditch effort to curb enthusiasm for change in office.

In a plan introduced to Queen's Park on March 1, the Grits are set on lowering residential hydro bills by 25 per cent from where they were this time last year. To reach this goal, the government will relieve billions of dollars in costs off consumers this year, tacking them onto future hydro bills and future taxpayers.

"Over time, it will cost a bit more. That's true," Wynne said when explaining the plan. "And it will take longer to pay off. That's also true.

"But it is fairer, because it doesn't ask this generation of hydro customers alone to pay the freight for everyone before and after," she said.

The Globe and Mail reported last

week that in November 2007, the highest rate for households, during peak hours, was 8.7 cents per kilowatt/hour. Less than a decade later, that rate has ballooned to 18 cents per kWh.

It was admirable of Wynne to admit fault for skyrocketing hydro bills last November – at least sort of, saying "I take responsibility as leader for not paying close enough attention to some of the daily stresses in Ontarians' lives."

Saying that to nearly 1,000 party delegates is one thing. Facing a press scrum and answering to your constituents is another.

Also, what is your job, if not to pay attention to the struggles your constituents face? Voters trust in elected officials to make economically smart decisions, write effective policy and make life easier. That's the entire purpose of government in a working democracy.

In our country, Liberals are elected with the expectation they will make investments in infrastructure and plan for the future. Where Conservatives are considered fickle with spending and keeping taxes low, Liberals have campaigned on the ideology that taxes can be used for good.

This latest move in appeasing voters is a direct contradiction of that.

Nearly \$28 billion in projected costs over the next decade will be refinanced, paid by Ontarians down the road. It's fodder for political pundits to joke about Liberal spending and always being in debt, and

this sequence is a prime example of why certain stereotypes exist.

"I've got two teenage girls at home," PC energy critic Todd Smith said on March 2. "Their kids are going to be paying for this."

Yes, they will. As will the readers of this newspaper when they get older and if they stay in the province. The Ontario Liberals have saddled future generations with endless months of hydro bills that will soak up their paychecks.

Never mind the province spending \$4 billion more this year than projected two years ago, or that Ontario relies on the federal government for nearly \$25 billion annually, twice what it received a decade ago.

What's most alarming is how Ontario's net debt (the subtraction of total liabilities and debts from total value of all assets) is the largest, relative to GDP, of any jurisdiction in North America, save for Quebec.

That's right: all the states and broken communities down south have a better financial outlook on things than we do.

The data website "ThreeHundredEight" released a Feb. 26 poll where Wynne's Liberals trail Patrick Brown's Ontario Progressive Conservatives by nearly 14 points. Andrea Horwath's provincial New Democrats are barely a percentage point behind Wynne in the same poll.

Voters only have to look back at Wynne's predecessor should they need guidance a year and change before they vote for Queen's Park.



HUMBER NEW:

 $Kathleen\ Wynne\ speaks\ to\ Humber\ Reporter\ Jane\ Burke\ in\ January.$

The very scandal that handed Wynne her job as premier foreshadowed the Liberals' ongoing issue with energy. The Ontario power plant scandal led to the cancellation of two natural gas power plants being constructed: one in Mississauga, another in Oakville.

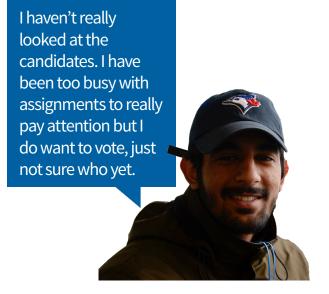
The government promised the cost of cancelling the plants would not exceed \$230 million. The Auditor General of Ontario released a re-

port stating the total cost was nearly a billion dollars.

The fallout led to the resignation of Dalton McGuinty, clearing the path for Wynne. But McGuinty's approval rating, even before resigning, was never lower than Wynne's 13 per cent in a Forum poll from last November.

Nails on a chalkboard for Ontario's rosy reds, music to the ears for the boys in blue.

QUOTED Are you planning to vote in the IGNITE election?



Shiv Sharma, *KINESIOLOGY GUELPH HUMBER*



Jisun Lee,
INTERIOR DECORATING



Kristopher Philips,

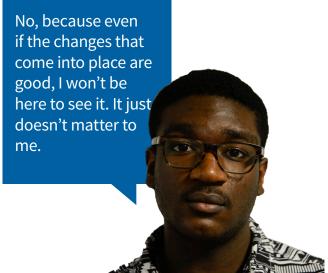
MEDIA STUDIES



Loveleen Singh,
TRAVEL AND TOURISM



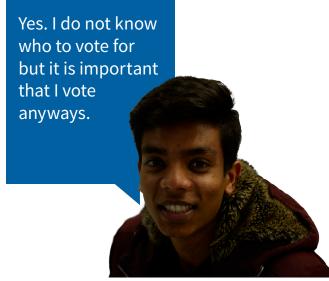
Shannon Plant LAW CLERK



O'Niel BlairJOURNALISM



Kwasi Asanti GAME PROGRAMMING



Suleman Zafar, *BUSINESS ACCOUNTING*



Richard Zhao, WEB DESIGN

Hawks sweep indoor Regionals



ANALIA SORDI

Humber's Joe Tituana (12) chases down a live ball against St. Lawrence-Cornwall at the Ontario Soccer Centre on Tuesday.

Analia Sordi SPORTS REPORTER

The Humber Hawks men's indoor soccer team advanced to the OCAA championship after sweeping the regional championships at the Ontario Soccer Centre on Tuesday.

The Hawks opened up the day with a 9-0 thrashing of the Sault Ste Marie Cougars. The next match saw Humber setting the record for most goals scored in a regional championship in an 11-1 win over St. Lawrence Cornwall.

In their last game, Humber found themselves a worthy opponent with the Durham Lords, who had also won their two prior matches. The Lords were the first opponents to challenge the Hawks' high-powered offence, but still lost 4-0.

"It always feels good to score goals, but as long as our team is successful, it doesn't matter to me who puts the ball in the net," says Hawks' midfielder Gerardo Magno, a message that was echoed throughout the team. "We are a group that has been together for a while now, so we are just trying to gel into this indoor game."

All but four players from Humber's 16-man roster were able to get on the score sheet.

Teammate Joe Tituana shared the same sentiment about adjusting from outdoor soccer to indoor, describing the indoor game to be of "quicker pace." Tituana was happy to participate in this year indoor soccer regionals since an injury kept him away from the turf last year.

"We don't go in thinking we are going to win every game. We pre-



ANALIA SORDI

Bradley Fenton (17) prepares to center ball to a teammate against St Lawrence Cornwall at Ontario Soccer Centre. After 11-1 win in that game and other wins, Hawks now advance to OCAA championship.

pare ourselves and take it game by game," said Tituana, speaking to a Hawks theme in the team's humble approach to opponents and possibly a secret to their success.

Similarly, assistant coach Jason Mesa praised the individual talent on the team but emphasized the importance of teamwork. He recognized that Durham would be one of the tougher opponents, but knew Hawks had the talent to win.

"Now I want these guys to get some rest and recover. We have a couple training sessions leading up to the (provincial championship round) and we will continue to do what we do," says Mesa.

Humber will start the OCAA title defence on March 23 in Ancaster at Redeemer College, where they will play the other top regional teams over the course of three days.

Stairs vs Elevators challenge raises heart health awareness

Justin Dominic

NEWS REPORTER

The month of February was observed nationwide as Heart Health Month, where colleges joined a myriad of organizations to promote awareness of the importance of a healthy heart.

At Humber, a Stairs vs Elevators event was held three times last month in the Learning Resource Commons at North campus. Students were made to climb six floors for an awareness activity organized by Athletics, Recreation and Leisure Education.

"We came up with this challenge and were glad to view a large number of participants from both students as well as a few members of the faculty," said Leanne Henwood-Adam, fitness facility manager.

The event was intended in part to help people recognize what extent of bodily activity they could endure out of their customary comfort zones.

"It's lazy to see individuals taking the elevator even to the second floor and since the gym is not precisely for everyone, these simple measures of cardio can be exercised," Henwood-Adam said.

Participants received complimentary gifts and entry in a draw where the students had a chance to win a Fitbit, Humber t-shirts or gift cards worth \$10 and more. The event drew some 30 to 50 participants each week.

Michka Lee, a third-year student of Kinesiology, said, "Nearly all of the participants were astounded by having to be in utter breathlessness after reaching the top where they were then required to obtain a password from one of the coordinators."

Event coordinators Spencer Lynch and Nikita Ramdial, both from the Humber School of Hospitality, Recreation and Tourism majoring in fitness and health promotion, quickly interviewed students before and after their participation, asking why they wouldn't take the stairs. Replies ranged from, "I'm lazy," to saying the elevator is "way faster."