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News

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pages 11-15

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1971 **25 YEARS** 1996

For Oct. 10-16, 1996 vol. 25 issue 5

Inside NEWS

A & E

LIFE

## Golfers pot gold at OCAA

Team formed on Monday, wins Ont. gold on Thursday

by Pam Fawcett  
Sports Editor

This is one group of guys who's into the swing of things.

After an 11-year hiatus, Humber has a gold medal winning golf team. Patrick Treude, Jon Kerr, Todd Williams and Ian Carabine were the four chosen to represent Humber at the Ontario College Athletic Association (OCAA) golf championship held at the Roseland Golf Course in Windsor last weekend. Not only did they bring home a team championship but Treude captured the gold in the men's individuals with a score of 152 in two rounds.

Treude shot a 73 the first day to give him a five stroke lead over the closest competitor. On the second day, Treude bogeyed the first four holes but held on to win the tournament with a three stroke lead over Shawn Beatty from Sir Sandford Fleming.

"I really didn't think about it," said Treude about his gold medal win. "I was thinking more of the team as a whole. You want to concentrate more on the people you're playing with."

The team captured the championship with an eight stroke lead over second-place Sir Sandford Fleming. Georgian College took

the bronze.

"We played as a team and that's the only way to win," said Carabine. "Patrick shot a good round [on the first day] and that gave us a good lead. We relied on his experience."

Athletic Director and head coach Doug Fox said there was some concern from other colleges about the experience Humber brought into the tournament.

"Going in, many [other colleges] thought we had an unfair advantage because we have a golf management program, but the level of competition was so much higher than I thought it would be," said Fox.

Fox put the team together very quickly. He sent out a promotional flyer in early September to see if there was any interest in creating a golf team, as Humber hasn't participated in the sport in 11 years.

The opportunity was open to second year students in the golf management program here at the school. Last Monday, 15 people showed interest and by lunchtime the group had been narrowed down to the four players who would be heading to Windsor first thing Tuesday morning.

"It was a last minute thing. Deciding on the team was kind of tricky. We had it picked the day before," said Treude, who has been playing golf for 20 years. "It was basically chosen on past experience. Three were nominated and the fourth was picked."

"We spent all of last year



The Humber golf team was formed early Monday before heading to the OCAA championships Tuesday. They captured gold three days later.

together in class," said Williams, about how quickly the team was put together. "So it wasn't much of a shock."

Kerr was thrilled to have been picked for the team.

"It was an honor. Athletics treated us great. They definitely went the whole nine yards," said Kerr.

Next year's championship will be held in Barrie and Fox hopes to have his winning team back.

"As a result of this [winning the championship] we're thinking of turning the arboretum into a nine-hole golf course," joked Fox.

The team has been named the OCAA team of the week for its accomplishments last weekend.

see our band schedule on page 18

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# Dews

SAC BOG Residence Lakeshore

## Residence vandalized

R2 residents vow to be more wary of outsiders after lounge damaged

by Sean Hamilton  
News Reporter

Vandals trashed a second-floor lounge in residence on Saturday, leaving a huge mess and some new worries for those who live there.

Between 3 a.m. and 5 a.m. the R2 lounge had peanut butter, mustard and ketchup poured over the furnishings. A fire extinguisher was emptied all over the room.

"It could have been pure vandalism, or a food fight that got out of control, and they were looking for something that could spray more of an area," said Jamie Goillemette, a third-year business administration student who saw the lounge before it had been cleaned.

Humber Security discovered the mess during their rounds.

"It's very rare that somebody was not around to see or hear it," said Derek Maharaj, manager of facility services (student residence). "We rely a lot on floors to patrol their own floor. I think from now on they will do a better job to make sure their floor is patrolled."

There are no suspects yet but Maharaj is working with the campus security to put out a Crime Stoppers alert.

Maharaj added there was no real damage done to the lounge, and only the furniture and carpets will have to be cleaned.

However, Peter Bremner, the floor's resident assistant, said the television set has been damaged



R2 resident assistant Peter Bremner with the fire extinguisher used to trash his floor's lounge.

and will need repairs. The extinguisher was fired directly into the set.

Maharaj hasn't received the bill yet and doesn't know how much the cleaning will cost since a cleaning company had to be contracted from outside the school. However, he estimated the bill would come in under \$5,000.

Students on the floor were concerned about who was going to pay for the damages and sent Maharaj a petition saying they didn't feel they should have to pay for the damage.

Bremner said Maharaj has considered the petition and decided against laying the bill at the students' feet.

"He agreed that it wasn't fair for us to pay for something we didn't do," he said.

Kevin Millan, a first-year industrial design student, was not surprised damage happened because there were two floor parties going on that evening. He said it was not somebody from his floor who trashed the lounge.

"Most people think it was just someone acting stupid. There is no way it was someone on the floor. Everybody loves the lounge," said Millan.

Third-year safety engineering student Dave Nagel said the temporary loss of the lounge has been disruptive to the floor.

They now have to go to other

floors to cook and do their dishes. "The lounge is a place to socialize, talk and watch TV, and people are beginning to take notice of not having it," he said.

Nagel also said he has lost trust in people and will be more wary of people he does not recognize.

Nagel said there is talk of getting keys made and keeping the lounge locked at all times.

But he said he feels there is too much liability with a key.

"If something goes wrong it will be the people who have the keys that will be blamed," he said. "We have to be more diligent to watch out and see who is on the floor."

-with files from Travis Mealing

### Upcoming Events



Oct. 10, 1996

#### SAC By-election

Last day to vote for your divisional representatives. Elections are being held for Schools of Media Studies; Business; Information Technology and Accounting; and Horticulture, Fashion and Design.

Oct. 15, 1996

#### IYO Telefest

Student broadcasting competition, co-hosted by Sandra Shamas and Rick Green at The Joker nightclub. Entertainment by Gypsy Soul. Reception at 7 pm, Awards at 8 pm, Party at 9 pm. Call (416) 484-2820 for more.

Oct. 17, 1996

#### Academic Council Meeting

## Alomar poster still hangs in Caps

by Andy Devlin  
News Reporter

Baseball's salivating superstar Roberto Alomar continues to grace the walls of local taverns, including Humber College's Caps.

The hitter turned spitter was featured on a Labatt's anti-drinking and driving poster, with the slogan "Know when to draw the line."

Many establishments continue to display it.

Caps patrons have complained about the poster, one of which hangs in the pub's entrance.

Labatt spokesperson Rob

McCarthy said they don't know where all the posters are.

McCarthy has left the onus for removal on bar owners.

"It is the proprietor's responsibility to take it down," he said.

Caps' Manager Steve Portt said, "People have expressed concern since the spitting incident."

He added that Labatt's has not contacted him about the issue.

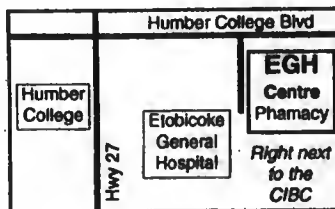
Caps employee Darren Sawyer said, "It would be nice to plan on a night when we'll all come in and spit on the poster."

No such plans are in the works.

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# Humber prez, unions differ over Metro day of protest

by Cheryl Waugh  
Labor Reporter

The countdown has started. In three weeks Humber professors will decide what they'll do on Friday, Oct. 25: do they come in and teach, or do they stay away from classrooms as the organizers of the Metro Days of Action protest would like?

Humber President Robert Gordon said if professors decide not to attend classes, an "appropriate decision" would have to be made by the college in response.

"The teachers are under contract to do a certain job. They can't start making their own rules. We're running a college and have a responsibility to the students. So do the

professors who teach here," said Gordon.

However Faculty Union President Maureen Wall said each teacher will have to make his or her own decision.

"We can't make a decision for faculty. They will have to decide individually whether or not to participate in that day's events. We expect there will be quite a number of teachers taking part, though," said Wall.

The Metro Days of Action is a series of protests between Oct. 22 and 26, to demonstrate both labor and community groups' displeasure with the Ontario government's social spending cuts.

On Oct. 25, the Ontario Federation of Labour will encourage all unions in the metro area to stop working, including the Toronto Transit Commission union and the union for college professors.

"The actions of that day are intended to draw attention to the fact serious damage has been done to the education system and the public service system in general," said Wall.

**"Teachers are under contract to do a certain job. They can't start making their own rules."**

**-Robert Gordon,  
Humber College president**

SAC President Steve Virtue said the professors should be at Humber teaching on that day, but also said he would understand if they don't show.

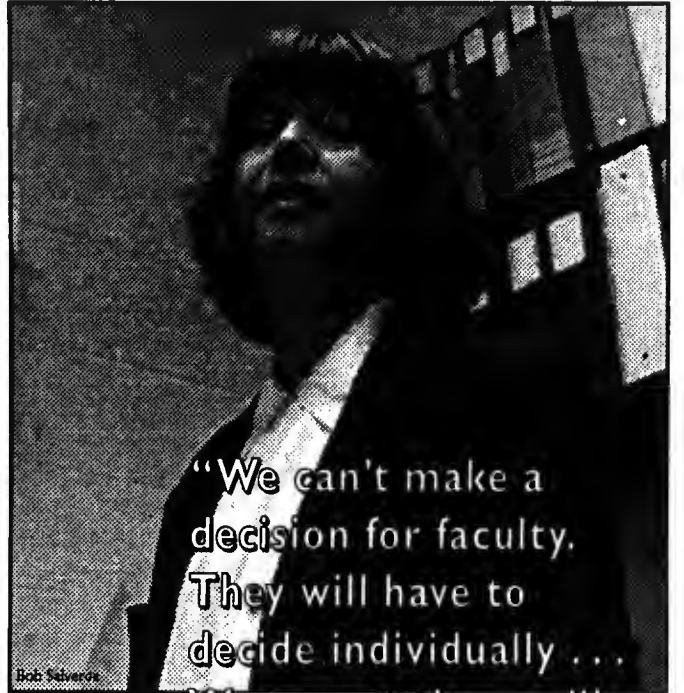
"I can't condemn them. I would rather they be here because it's a part of their job, but they're also fighting for what they believe," said Virtue. "In a few short years we've gone from a very socialist to a very fiscal government, and that's been tough on everybody."

The day of protest is also the day that teachers are to hand in mid-term marks to the administration. Wall said it will be up to teachers to decide on when they'll submit them.

"If they're not showing up on Friday they have two choices: either get the marks in on Thursday or get them in on Monday," said Wall.

Wall also suggested the college administration not schedule anything that students can't afford to miss on that day.

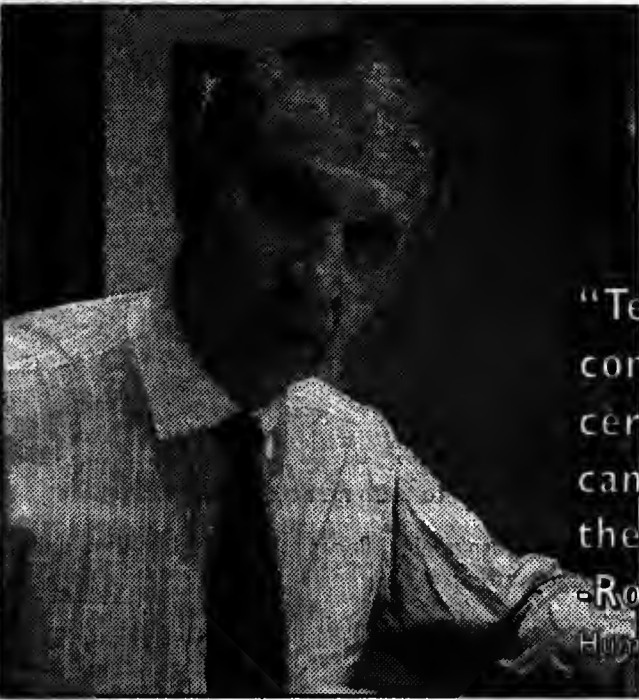
"It's very, very important that the administration understands that it will not be business as usual on that day. Students shouldn't be penalized if they can't make it to school," said Wall.



**"We can't make a decision for faculty. They will have to decide individually ..."**

**We expect there will be quite a number of teachers taking part, though."**

**-Maureen Wall,  
Faculty union president**



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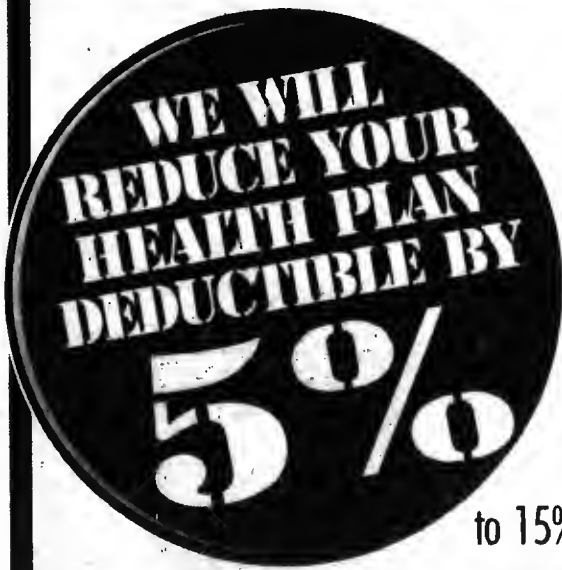
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## Canadian Federation of Students plans week of protest

by Patricia Wilkinson  
News Editor

As unions across Ontario gear up for the Oct. 25 day of protest, the Canadian Federation of Students is planning its own rally.

The federation is holding its Pan-Canadian Week of Action from Oct. 21 to 25.

"The momentum is building for the Week of Action," said Brad Lavigne, the federation's national chairperson, in a news release. "From Newfoundland to British Columbia to the Yukon, students and their supporters are mobilizing for the campaign."

Lavigne said the federation,

**"We had an incredible response from students, many of whom are worried they can't afford to begin or complete their education."**

— Brad Lavigne  
Federation chairperson

which has 400,000 members in 60 different colleges and universities across Canada, is trying to draw attention to the growing number of students who can't afford an education.

"We've had an incredible response from students, many of whom are worried they can't afford to begin or complete their education," said Lavigne.

Students are planning demonstrations and lobby sessions with MPs and MLAs.

"When you combine increasing tuition fees and spiralling debt loans with the bleak job market which exists right now, it becomes clear that we need fundamental changes to our system of post-secondary education," said Lavigne. "Through the campaign, we'll be presenting some alternatives to the current system."

The week will also launch a year-long commission of inquiry into tuition fees and students' debt as a barrier to access to post-secondary education.

"Federation members are using this campaign to call for a freeze on tuition fees, and an end to federal cuts to post-secondary education. The campaign is also calling for a national system of student grants and a student loans program which suits the needs of students," said Lavigne.

# Program enters digital age

## New advanced photography program first in Canada

by Jessica Lyall  
News Reporter

Humber College has moved to the head of the class in the field of photography training.

A new advanced photography program, the first of its kind in Canada, will train students in portfolio development and digital imaging, said instructor Neil Fox.

"In this day and age, traditional methods are still strong, but students need to be familiar with digital," said Fox.

Fox proposed the idea for the program a few years ago, but didn't get approval until near the end of the last school year. Money was tight, so the proposal and budget had to be reworked before it was finally successful, he said.

Program Coordinator Jim Chambers said, "When the whole college system was cutting programs, to get a new program started was quite a coup. That was a vote of confidence for the photography program."

The school has installed a senior photography studio and a digital imaging lab. Money for the construction came mostly from a fund allocated for such projects.

"The college has a fund for new program development. So the expectation is that the college adds programs every year, if not every semester," said Michael Hutton, the director of the School of Media Studies.

There are about 20 people in the program this year because it was felt necessary to keep the teacher/student ratio at a good level. Fox is confident that enrolment will continue to be good because of the interest and feedback that has been received from students in the past.

"There were always students who felt they needed to go on longer," said Fox.

The program is open to college



A new photography lab has been built to accompany an advanced photo course Humber started this year.

or university graduates from media-related programs, as well as mature students with five years of

**"In this day and age, traditional methods are still strong, but students need to be familiar with digital,"**  
— Neil Fox  
Photography instructor

photographic experience.

There are three-year programs available at other schools, but only Humber has a separate one-year course geared towards portfolio development and digital imaging.

Chambers explained that many photography studios and newspapers are moving toward digital, which involves taking a traditional image and changing it to a format a computer will accept.

Because it's so new, Chambers

expects interest from people south of the border. Admission to the program is based on merit, but priority may be given to Humber grads.

The program also involves a field placement that runs all year, once a week, in a number of different studios. This will allow stu-

dents to network and meet people in their field.

"An important aspect of this [program] is to get our students out there into the workplace," said Chambers.

Spaces for the course are limited. The proposed number for next year is 26 students.

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# Voice mail sales slow

by Renae Jarrett  
News Reporter

The committee responsible for Humber's voice mail system is beginning to question its viability.

The decision to offer the service to students followed the completion of a pilot project, which began in October 1995 and ended this August.

Voice mail was designed to provide students with a professional means of communicating with possible employers, as well as with those within the school.

It costs \$10 for one semester and \$20 for two. If a student signs up for the summer semester as well, there's no extra cost.

Shirley Forde, vice-president of the Students' Association Council, served on the voice mail committee. She is one person who has expressed doubts about the service.

"To buy something you have to know you're going to use it. If teachers are not telling you you're going to need it, you're not going to buy it," said Forde.

According to Campus Services Coordinator Garry Shaw, only a "handful" of students have purchased it so far.

Telecommunications Manager Sharon Baker, who also sat on the committee, said, "If we were pro-



SAC Vice-president Shirley Forde is one of the new voice mail's critics.

moting voice mail, saying it's a great way for faculty-student communication, but the faculty member wasn't using it, the students are really wasting their money."

A survey distributed to 300 students involved in the project showed 19 per cent said it was difficult to log on to the system.

Jennifer Leonard, a professor in the School of Media Studies, served on the committee as well. She does not see the survey results as a serious problem.

"They had a manual. You just had to follow instructions," she said. "So if they didn't follow instructions, I guess they had problems logging on."

Baker said the committee

learned from its mistakes.

"Because of the pilot project, we did make some changes to the user guide, and we came up with a little quick reference guide for students, recognizing that they're not going to carry the big guide with them," she said.

Forde said the reason few students have purchased voice mail is the growing use of pagers, cellular phones and answering machines.

The only people who would benefit from the service, she said, are those "who are in contact with the school on a regular basis, who do extracurricular activities for the school, or whose teachers leave their assignments over their voice mail."

# Et Cetera Briefs

## By-election draws thirteen candidates

Students in four of nine schools at Humber College will have a choice of representatives on Students' Association Council this year.

Only three schools had such a choice last year.

Elections will take place in the Schools of Media Studies; Business; Information Technology and Accounting; and Horticulture, Fashion and Design.

Chief Returning Officer Katina Constantinou said she was pleased to have 13 people hoping to represent their school on SAC.

Only four seats will be filled without a vote this year.

Two schools that do not usually have any representation did have seats acclaimed.

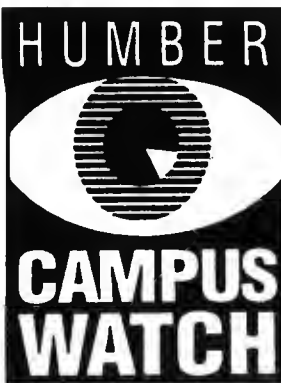
The only division that will not have any representation is the School of Architecture.

Constantinou said she is hoping the increased interest in the student elections will be reflected in the voter turnout.

Et Cetera will publish the by-election results in next week's paper.

- Sean Hamilton

## Break-ins continue



Another rash of car break-ins has occurred in Humber's parking lots.

The latest series of thefts took place Wednesday Oct. 2 and Thursday Oct. 3, in various lots around the campus.

A news release from Crime Stoppers said stereos are the most common items stolen from the vehicles.

Crime Stoppers is warning all

students to secure their cars by keeping valuables locked in the trunk or out of sight.

All incidents have been reported to the police, and students with any information are being asked to call Crime Stoppers at 222-TIPS.

Callers will remain anonymous and do not have to testify in court. Information might also earn up to a \$100 reward.

- Patricia Wilkinson



# Banks offer loans, credit lines to cash-strapped students

by Darren Leroux  
News Reporter

For students who can't get OSAP, a student loan or line of credit might be the answer.

With only 25 per cent of students qualifying to receive OSAP, there is that 75 per cent who require assistance. Knowing this, banks now offer students the options of either student loans or a line of credit.

"Students have been hit by a combination of rising tuition costs [and] dim job prospects," said Alberta Cefis, vice-president of personal credit services for the Royal Bank.

Depending on the bank, students can borrow as little as \$3,000 or as much as \$6,000 per year.

The repayment process for student loans is something that banks are pretty flexible with.

Banks will usually require students who are still in school to make payments on the interest.

Once students graduate banks won't hit them right away. They give students time to find employ-

ment of some sort.

For this they allow a six to 12 month grace period where students continue to pay on the interest then the full payment process begins.

TD Bank Representative Zelia Gouveia said, "With a loan, you have to pay on the interest that can be anywhere from 11 to 13 per cent. On a \$5,000 loan, that can add up to a lot for a student."

There are also now a few banks that offer a student line of credit as opposed to a student loan. A line of credit allows students to withdraw money at their leisure and pay interest only on what they borrow from their line of credit. Instead of a lump sum, students have money "in storage" that they can use only when they need it.

Gouveia said, "Loans are good, but you end up getting everything at once. With a line of credit you get money that you can use as needed."

When students get a loan, they are tempted "to spend the money a little too quickly," said Cefis.



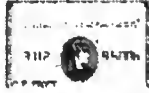
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## Marijuana highs and lows

The 1936 movie *Reefer Madness* depicted pot as the catalyst to insanity; the 1993 movie *Dazed and Confused* depicted pot as the catalyst to a good time. Clearly, attitudes towards marijuana use have evolved; however its legal status has hardly changed.

'50s beats, '60s hippies, and environmentalists of the '70s, '80s and '90s have deeply rooted marijuana in popular culture. Scare tactics, fines, and even the threat of imprisonment from the powers that have hitherto kept marijuana illegal have not succeeded in weeding the plant out of society. Why are they still trying?

Those who do oppose the smoking of marijuana are, for the most part, motivated by the very reasonable (and very western) love for reason and order. When the mind is sacred, mind-altering drugs can only be profane. It is ironic, however, that the very reason marijuana should be legal, for sale and for personal use, follows directly from the principles of those who oppose it.

If individuals are as the western tradition has conceived them, if they are rational, autonomous beings, endowed with rights to life and to property, either by their nature or by their creator; if they are able to choose their vocation and religion, then why should they not be allowed to choose marijuana?

Yes, marijuana is a drug. Yes, it is probably harmful to the body and mind, and yes, to many its effects are more of a low than a high. But cars aren't illegal because 12-year-olds make bad drivers. In other words, the guidelines under which marijuana should be produced and sold are vitally important legal questions (just as they are for acquiring a driver's license or buying alcohol), but morally and politically, a rational adult should have the choice to smoke or not to smoke.

Instead of wasting time arguing about how harmful marijuana is compared to alcohol or cigarettes, those who want it legalized should stick to fundamental principles. In Canadian society the right to choose should mean the right to choose abortion, religion, vocation, hallucinogen. It's an all or nothing argument. We are either free, autonomous beings or we aren't.

There is also an important and often ignored distinction between legalizing and advocating marijuana use. Voltaire said, "I may disagree with what you say, but I will nevertheless defend your right to say it." With marijuana, he might have disagreed with what you smoke, but by extension, he should have agreed with your right to smoke it.

Finally, for legislators who have never inhaled, a few words from Bob Dylan: "Don't criticize what you can't understand."

## Teacher protest a drag

In two weeks labor groups will try to shut down Toronto as a way to protest the Ontario government's slice-and-dice spending policies.

Humber Faculty Union President Maureen Wall has urged professors and students to join in the demonstration by picketing the college on Friday, Oct. 25.

College President Robert Gordon has stated that such action by employees would be met with an "appropriate" response.

Looks like we have a little difference of opinion here. And who's caught in the middle? Who else? The students.

Students' Association Council President Steve Virtue is trying to walk a fine line and does not appear to take sides. He said he would like the teachers to be here on the 25th, but he would probably understand if they weren't.

Very presidential of him.

But Humber students, the same people who elected Virtue to represent their interests, deserve more than fence-sitting platitudes.

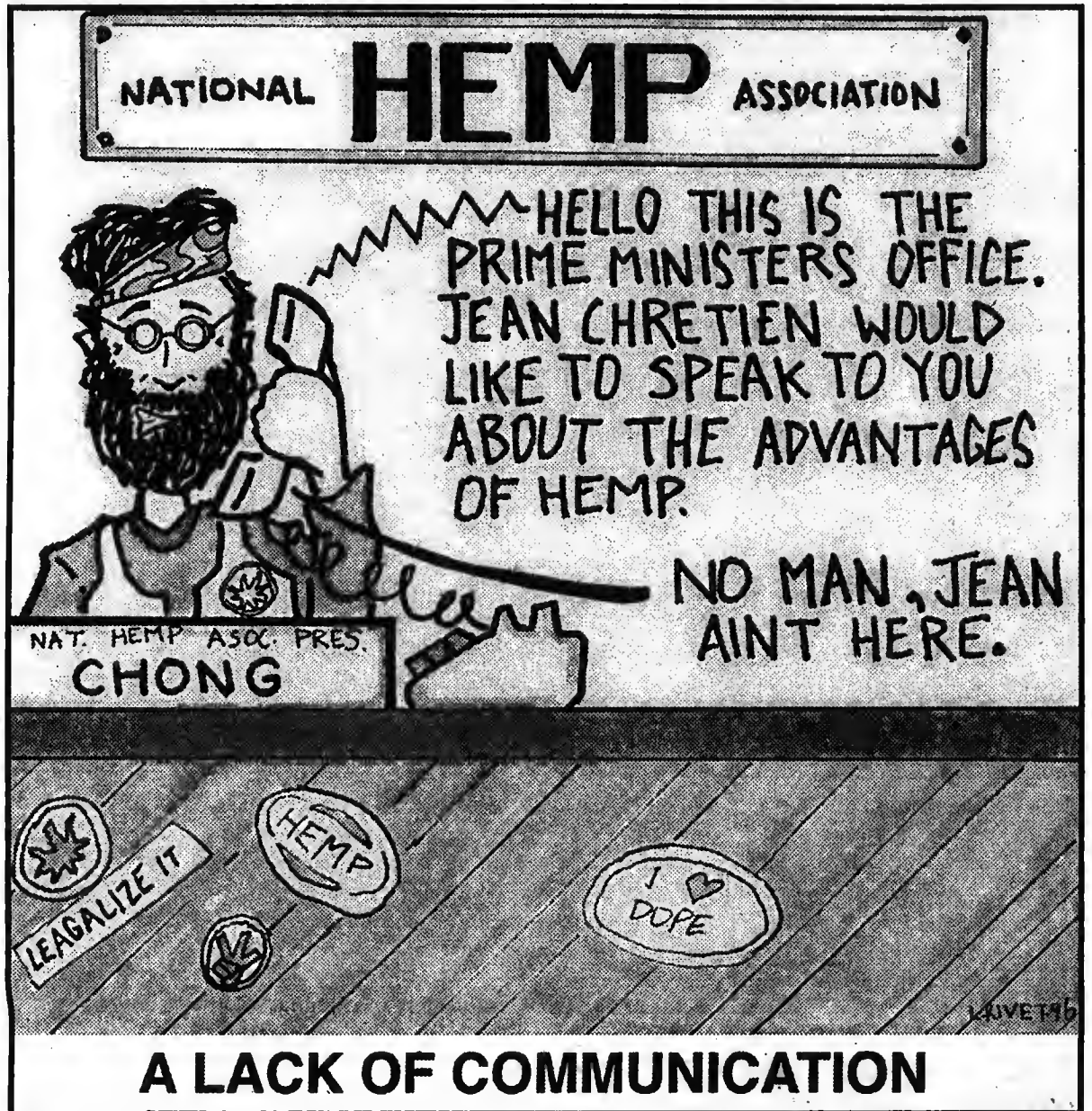
Our president should have come out squarely on the side of the students, who have little to gain and much to lose from a wasted day of school.

Wall said she is representing student interests by opposing Mike Harris's policies. Thanks, Maureen, but we can stand up for ourselves. If and when we decide to protest, we'll do so — and not during school hours, either.

The faculty union seems to have forgotten that what they do is more than a job — it's a responsibility. Their priority should be teaching students, not walking picket lines. A group of teachers chanting protest ditties while warming their hands over a trash-can fire is not an image students relish.

We know the vast majority of teachers are dedicated, caring people, deeply concerned with their students' well-being.

And we sympathize with their desire to get the best deal for themselves that they can. But when it starts to get in the way of our education, that's where the sympathy ends.



## LETTERS TO THE EDITOR

### Student upset over poor women's soccer coverage

In regards to the coverage of men's and women's soccer in the October 3rd to 9th issue.

As a Humber College journalism student and a member of the women's soccer team, I was offended by Jeff Richardson's coverage or lack of coverage of the women's soccer team.

After many years of not having a women's soccer team, Humber College has finally put together a team, with talent, determination and a winning spirit, and you at Humber Et Cetera are not giving them adequate coverage.

The Humber Et Cetera issue for the week of Oct. 3 to 9, 1996 has a full front-page photo of the men's soccer team. This was taken during the first regular season game for the soccer team, a game in which the men unfortunately lost. That same week the women played their first game of their inaugural season and beat George Brown 2 - 1.

The article inside on the front page of the sports

section was again of the men and how they lost to George Brown. This article included two action photos of the team. The article of the women was on the second page of the sports section, accompanied by a photo of an injured player being carried off the field.

Your article was about Nancy Woegerer, the women's striker who scored both goals during the game.

Why was there not a photo of her or of the team celebrating after one of the goals?

I understand that the men are the National Champions from last year, and that the women's team is new and fairly unknown, but since when is a men's soccer team losing their first game of the season, bigger than the women winning their first game ever?

Jennifer Morris  
 Advanced Journalism (two-year program)

In response to this letter it should be made clear that there were no good clear photos that could be used, so there were no options.



We welcome letters to the editor. Letters must include the author's name, phone number, signature and program. Letters of a libelous, racist or obscene nature will not be published. Bring letters to room L231 marked: Attention: Jason Hopps.



# Humber swings through the '70s

## Pub problems

On Sept. 17, 1974, notices were placed throughout the college declaring the Tuesday pub was going to be cancelled; vandalism and rowdiness were listed as the cause. This was after numerous threats were issued in the weeks prior to the closure.

Sound modules that were being erected by the music department near the Student Union Lounge were damaged on Sept. 13, 1974.

The frame of the booth was damaged in such a way that it couldn't have been an accident.

The Student Union decided to cancel the pub to demonstrate that this type of irresponsible behavior would not be tolerated.

"A few students are causing the problems but because the others allow it, through non-involvement and apathy; everyone will suffer," stated pub manager Rob Kellaway.

## Believe it or not

In 1975 bodies were disappearing from Humber's Corpse and Casket division at an amazing rate.

Rob Graves, head of the division, found one body missing from the storage room every day for a week.

He noticed the first body gone when he went down to check on the storage room.

"I really didn't think anything was wrong then. I thought there was a mistake in counting," said Graves. "Then when I went down the next day and found another body gone, I began to worry."

Normally, 15 bodies are kept on hand for corpse and casket students to practice on.

The bodies continued to disappear and Graves reported his losses to police.

Investigations at the time had shown no clues to the missing bodies. "I just don't know where they are going. I mean, after all, they can't just get up and walk away. This story was

published in *Sloven*, Humber College's more humorous publication, which didn't always publish the truth.

## Smokers butt out

It seems this debate will never end. In the early '70s students were allowed to smoke anywhere at any time.

By the mid-'70s the school banned smoking in areas that were carpeted, explaining that the cost of replacing carpet was getting too expensive.

Then, in the late '70s, smoking was banned from the classrooms.

Now, 25 years later, the only spot students are allowed to smoke is in CAPS. (Although we know some people still do in the Pipe.)



# Varsity Rag

notable news from other schools

## Sheridan College

And we thought the parking situation at Humber was bad. Students at Sheridan College pay \$230 for a parking spot, which aren't even guaranteed. Apparently, this year, the number of parking passes sold surpassed the number of spaces available on the school property.

## University of Arizona

Sowing the seeds of pot. Back in 1977, Fleetwood Mac held a concert at the campus stadium. People were sitting on the lawns and many were smoking marijuana. They must have spread it around pretty well, because a few days after the concert thousands of marijuana plants were popping up throughout the field. It took three days and many workers to walk the entire field to get rid of all the plants.

## University of California - Berkeley

Band members play sour tune. Two members of the California Marching Band were asked to leave the Los Angeles Memorial Coliseum after one member threw an apple at the University of Southern California's "Tommy Trojan" mascot. The police threw out the other musician for tossing apples to his fellow band members, which were then to be tossed at the mascot.

compiled by Shannon Williams

# Q&A

This week with **Lynne Thokelsson**, pharmacy assistant program, health sciences division.

**Q: Are discussions about illegal drugs part of the Pharmacy Assistant program?**

**A:** Yes, we do talk about drugs of abuse and potentially how a pharmacy technician would have to deal with someone who comes in who is referred to as a drug-seeking individual, who might be looking for legitimate drugs, but might be trying to obtain them illegitimately, or someone who is on street drugs and has to be dealt with on an interpersonal basis.

**Q: Have you dealt with people who have forged prescriptions to obtain drugs?**

**A:** I think every pharmacist has seen that. You have to be alert to adjustments on a prescription, where they've tried to increase the numbers or strength from what the doctor wrote, and that's pretty common, and we teach students to watch for that.

**Q: Let's talk about marijuana. Some people take it for cancer or arthritis pain or to control epileptic seizures. Should people be using other drugs for this?**

**A:** Yes, there are better drugs that have fewer side effects and will have a better effect for the patient. The problem with a product that doesn't come through the whole drug system is that you can't control the strength of it, you can't control the purity of it, and you're going to get a lot more adverse effects.

**Q: So there's no condition where there's just no substitute for a joint?**

**A:** There might have been a day before other drugs were available that marijuana was the most useful you could get, but certainly with arthritis and asthma and epilepsy and glaucoma, there's better things for all of those.

**Q: Can you sum up how marijuana affects the brain?**

**A:** There's a lot of changes happening with brain waves, but the general thing is to decrease the ability of the brain to function efficiently.

**Q: Is there any evidence for permanent change to the brain?**

**A:** I do know that in the very long term the memory is affected. How long it would take to recover from regular use, I don't know.

**Q: Why should marijuana be illegal? Is there something so baneful about it that justifies this?**

**A:** I think it's an accident of history, especially if you compare it to alcohol. It's an accident of history that alcohol is sold and marijuana isn't. There's no specific difference between them that would make one legal and one illegal. If I were designing the laws I don't know of any physical reason why it would be illegal, compared to say alcohol.

**Q: Compare marijuana to harder drugs like cocaine or acid.**

**A:** There's less chance of physical damage. Some of those other drugs are very damaging physically to genes and chromosomes. Marijuana isn't as bad as some of the others. I would agree with that.

**Q: People obviously smoke marijuana for a reason. How would you describe the effects?**

**A:** It does produce euphoria and certain people would be going for that. A lot of people are simply trying to avoid facing reality, and that's true with alcohol too.

**Q: Is there a scientific explanation for why people who smoke marijuana describe feelings of clarity, of having their real consciousness coming through?**

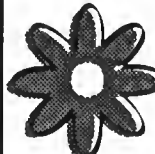

**A:** It's probably just a kind of a disinhibition and it's probably more a perception than a reality. You're really not thinking as clearly, giving your imagination time to run free. In fact marijuana slows down all of the activity of the brain and decreases the ability to handle any mental tasks, for sure.

Interview by Jason Hopps

# THE BOTTOM LINES

The *Kentucky Kernel* newspaper on the subject of hemp legalization for industrial use.

We can no longer pretend that our way of life will continue into the next millennium. We need to make changes that will help our environment and they need to be done now. The sooner we get some solid evidence that industrial hemp is the way of the future, the sooner we can debunk the myth that the only ones pushing for its legislation are the ones smoking it.

 Bouquets	 Bombs
<ul style="list-style-type: none"> <li>• Edwin Alonzo Boyd now a reformed '50s bank robber.</li> <li>• Humber golf team wins provincial and individual gold medals.</li> <li>• Toronto is one of the top 20 cities in the world to travel to.</li> </ul>	<ul style="list-style-type: none"> <li>• Robert Bourassa, [the last voice of reason in Quebec], dies.</li> <li>• Possibility of city shut-down on Oct. 25.</li> <li>• Two wasp nests in the <i>Et Cetera</i> news-room.</li> </ul>





Et Cetera

# Lifestyles

Cancer

Impotence

Safe Sex

## EVENTS

**Oct. 14-**

**Afro-Caribbean Club presents Annual Talent Show**  
Anyone interested in participating should fill out application at the SAC office by the 14th.

**Oct. 16-**

**102.1, the Edge, presents 10th Annual Kitchener-Waterloo Oktoberfest**

Join in games of chance, carnival games, German food, Bavarian Music.

Tickets are \$15, and include guaranteed admission and return transportation.

**Time:** Bus leaves at 6:30 p.m. from Rez

**Where:** Bingham's  
1380 Victoria St. N., Kitchener.  
For more information call  
(519) 744-1555

**Oct. 17-**

**Toronto Public Library Northern District Branch hosts Jan Wong**

Take part in Wong's discussions on her experiences in China as one of the first North Americans to study in Beijing University, as Beijing correspondent of *The Globe and Mail* and also as a novelist.

**Time:** 7 p.m.

**Where:** 40 Orchardview Blvd. one block north of Eglinton Avenue, west of Yonge St.

**Oct. 22-27**

**Metro Days of Action**

Communities are gathering on these days to build a powerful movement against the Harris government.

**Friday, 25,** join Workplace Actions and Community Events.

**Saturday, 26,** join the march and rally.

**Time:** 10:30 a.m.

**Where:** Lakeshore Boulevard, west of Bathurst

For more information call (416) 512-8890

**Oct. 27-**

**1996 Honda Run For The Cure**

Join 7,000 others in a major fundraising event for breast cancer research at the Royal Ontario Museum in Toronto. To register go to the Breast Cancer Foundation at 790 Bay St., Suite 1000, or Druxy's Famous Deli locations in Metro Toronto.

For more information, contact Sue Ann Lewis at (416) 461-5265 or Patty Winsa at (416) 869-4301.

## Safer sex, fewer deaths

Experts stress the use of condoms to prevent sexual diseases

by Kris Scheuer  
Health Reporter

Pauline, a 25-year-old Mississauga resident, has had unprotected intercourse with more than half of the 104 men she has had sex with in 12 years.

"I've killed four babies in the past three years and I'm scheduled for the fifth [abortion]," said Pauline.

Pauline is among the 75 per cent of Canadians, according to an international survey, who do not use condoms when having casual sex. The risk of pregnancy is only one of the chances they take.

They also increase their chances of getting Human Immunodeficiency Virus (HIV), Acquired Immune Deficiency Syndrome (AIDS), syphilis, Chlamydia, gonorrhoea, non-gonococcal urethritis, hepatitis B, herpes, painful urination, hair loss, heart disease, brain damage and a death sentence.

Canadians were rated 14 out of 15 as the most irresponsible (unprotected) lovers in the world, while South Africans and Mexicans were rated as having a better record.

There are ways for people to protect themselves.

To lessen the chance of getting HIV and AIDS, Tulio Neves, a needle exchange outreach worker from the Etobicoke department of health, said you can protect yourself by "avoiding three bodily fluids: semen, vaginal fluids, and

**"When you get high and stoned on alcohol and drugs, you are more likely to say 'Let's forget about condoms.' You are less likely to play safer sex because of impaired sense."**

-Tulio Neves, outreach worker from the Department of Health



Condoms such as these reduce the risks of pregnancy and sexually transmitted diseases like HIV, and AIDS. They are also very accessible, free at clinics like the one at Humber, and easy to use.

blood. If you are involved in sexual activity you need to create a barrier, so use condoms."

To prevent pregnancy as well as HIV, women can benefit from using condoms. They are 90 per cent effective when used alone and that can be increased when combined with a spermicide. There is only a 10 per cent protection rate against pregnancy when left to chance.

Women who use the pill to prevent pregnancy are not protecting themselves from HIV. According to the Canadian Contraceptive Study issued this summer, more than 90,000 Canadian women who are taking the pill to prevent pregnancies also believe it will protect them from sexually transmitted diseases (STDs). It will not.

To avoid the transmission of HIV during oral sex use a condom on a man or a dental dam—a square piece of latex—for women. It is best not to brush your teeth directly before or after oral sex, but to rinse your mouth instead, said Neves. This is because a person's gums can bleed and provide small openings for the virus.

Compared to vaginal and anal sex, Neves said, "Oral sex is low risk [for HIV]. If a woman is performing oral sex on a man and he ejaculates in her mouth, saliva kills the virus. If she swallows semen then the acids in her stomach will kill the virus. If he is HIV-positive she'd have to have an opening on her [lips or gums] for the semen to go into her system."

"Vaginal fluids are high in virus concentration," said Neves. If a

man is performing oral sex on a woman with HIV and "he has an abrasion and opening on his mouth, it is like a door."

Condoms can also help people using intravenous drugs, to protect their sexual partners from getting hepatitis and HIV.

With smokable drugs like marijuana there is a lower risk from HIV when shared because "one guy would have to be bleeding out of his lip and infected and the second person would also have to have an opening as well," said Neves.

Condoms can also reduce the risks of getting STDs such as Chlamydia, which can cause serious infection of the womb in women, or syphilis, which can cause insanity or death if left untreated.

STDs can be detected early in their development by visiting a doctor or gynecologist regularly or, at Humber, dropping into the health clinic. Condoms cannot help stop the transfer of all STDs, such as genital herpes, as some are transmitted by bodily contact, not bodily fluids. Herpes is passed along by contact with the infected area. A person with a cold sore, a form of herpes, can give it to his or her partner by kissing an area not covered by a condom such as the testicles.

Once a person gets herpes it is for life; there is no cure. A pregnant woman who has an outbreak of genital herpes during delivery can pass it on to her baby. It is recommended that sexual encounters be avoided when either partner has an outbreak.

Condoms also cannot help if you forget to use them. "When you get high and stoned on alcohol or drugs you are more likely to say 'Let's forget about condoms,'" Neves said. "You are less likely to play safer sex because of impaired sense [of judgement]." Those who stay sober also increase their chances of having sex they have consented to.

### Suggestions to remember:

\*STD will not go away on their own, and left untreated can lead to sterility, heart disease, and even death.

\*Do not store condoms near heat, including glove compartments, wallets and tight pockets.

\*Do not use oil based lubricants with a condom, as they break down latex.

### For further information call

\*Humber's Health Clinic  
(416) 657-6222 ext.4533

\*Etobicoke Sexual Health Program  
(416) 394-8312

\*Etobicoke Department of Health  
(416) 394-8885

\*STD Hotline  
(416) 974-7400

\*Addiction and Research Foundation, [ARF]  
(416) 595-6078

\*Ontario Ministry of Health's AID Hotline  
1-800-668-2437

\*Toronto AIDS Hotline  
(416) 392-AIDS

• With files from Andrea Wadsworth.



# Drug addiction and casual sex make deadly combination

by Kris Scheuer  
Health Reporter

Terrence Beal has AIDS. "I'm not dying of HIV. I'm living with it," he said at Etobicoke City Hall, Oct. 1. Beal told a group of about 20 who had gathered there to discuss AIDS awareness that "being able to express myself is keeping me alive."

Beal has had the HIV virus for 10 to 12 years before it progressed to AIDS last month. Beal doesn't know exactly when he got HIV, but he does remember the day he found out he had it. He was in prison serving time for heroin possession. He was asked to participate in some health tests for which he was paid \$6.

Beal said, "About two weeks later I was awakened by two guards wearing gloves. They escorted me down to the infirmary. The physician there said, 'Good morning, Mr. Beal, you are HIV-positive. Have a good day.' Then he closed the door in my face." Beal was not told how he got HIV, or how to stop from spreading. He received no counselling.

Beal started drug use early. Even when he learned about his condition, he never stopped using heroin or sharing needles to shoot up.

"I didn't believe I had [AIDS]. It

**"I didn't believe I had [AIDS]. It conflicted with my [heroin] habits."**  
-Terrence Beal, AIDS victim

conflicted with my [heroin] habits."

"I was not clean one day of my eight-and-half-year sentence," he said.

Beal said the lowest point in his life was a year and a half ago when, "I woke up in a blackout and didn't know where I was. I was face-down, sitting on my motorcycle and I was covered in blood. I had no money or drugs in my pocket. I was going into withdrawal. Four hours later when I got into town I went into ARF [Addiction Research Foundation]."

Graham Vardy, who works at the ARF, was sitting up front with Beal at Tuesday's awareness session. Vardy, one of the organizers of this event, talked about the harm reduction program that started in Liverpool, England.

Harm reduction is a non-judgmental way of helping people who are sexually active, or drug or alcohol users to make real and

safe choices. Instead of just saying "Don't do it," those who support harm reduction will provide clean needles, condoms, and "softer and safer" drugs until users are ready to be drug-free.

Programs like needle exchange give users clean needles for used ones. This decreases the need to share needles and minimizes the spread of AIDS through the transfer of blood. It cuts down the number of stray needles that can be picked up by a child playing in a park. The Ontario Public Health Department has a needle exchange program called Works. There is also a program through the department of health in Etobicoke.

Beal supports the ARF and needle exchange programs. He said he is now "accepting responsibility" for his addiction. He attends Alcoholics Anonymous, is on a 12-step program, and has done detox. He works with Street Life Awareness Plan (SLAP) and a support group for prisoners with HIV. He is off heroin.

Beal said, "When the fear to change is less than the fear of remaining the same, you change." Beal said he doesn't worry about what others say when he tells his story because "I'll judge myself more than anyone else would. If I can help one person to fuck safe and shoot clean I will have done some good."

# Drugs can leave you limp

by Scott Middleton  
Men's Issues Reporter

Impotence. It's a scary word. Impotency is defined as a condition of the male generative organs which prevents sexual intercourse. One in eight men will experience severe impotency and more than half of all men will experience a form of impotency at some point in their lives, not necessarily when they are old.

Use and abuse of drugs such as alcohol, tobacco, marijuana, steroids, cocaine, aspirin and about 200 prescription drugs can cause impotence.

Although most impotency occurs in men aged 50 and above there are a number of men in their late teens and early twenties who are impotent. Type one diabetes, major circulatory problems, clinical depression, hypertension, injuries and drug use and abuse can all cause impotence.

Many of the young men who attend urology clinics in Toronto have impotency caused by the use of drugs, including steroids.

"I often think if they knew what they were doing to themselves in the name of a good time they would stop," said Carolyn Morauriec, who runs the Sunnybrook Health Science Centre's Impotence Information and Support Clinic.

"Cocaine is the absolute worst thing for causing impotence," said Joan Graham, general manager of the Male Health Clinic. "It severely damages the circulatory sys-

tem." Physical injuries can cause impotence. Morauriec pointed out the number of auto accidents that lead to spinal cord injuries and explained that paraplegic are affected by impotency because of major damage to the nerves in the lower region of the spine.

"Occasionally you can fracture the penis during sexual intercourse," said Graham. She explained that if the woman is on top and comes down wrong it can cause injury.

Impotence caused by organic reasons such as circulatory problems or injuries can sometimes be cured. Yohimbine pills or different injections that are administered directly into the penile tissue are sometimes prescribed.

Current research indicates at least 50 per cent of impotence can be traced to organic causes (relating to the physical body). The rest can be traced to psychological factors.

One psychological cause is performance anxiety, which causes the man's attention to be taken away from the senses that cause arousal and place stress on the ability to gain an erection.

"Sex has to be relaxed and fun. Concentrating on the erection is concentrating on the wrong thing," said Morauriec. "Concentration should be on caring and enjoying what you are doing."

The Male Health Clinic at Sunnybrook tries to cure impotence caused by performance anxiety by showing the patient what happens to him physiologically and psychologically to help the patient solve his own problems.

The clinic suggests not focusing on the erection and tries to get rid of the anxiety. Sometimes all it takes to cure a man of anxiety-induced impotence is to prove to him that he gets erections "every 90 minutes in his sleep," said Morauriec. "It's as normal as breathing. It's to keep circulation in the organ."

Sometimes, however, the root of the problem is deeper than performance anxiety. The loss of a job or status, a large life change, depression and stress can cause impotence, in which cases the patient is referred to counselling.

Impotence is not to be confused with sterility. Sterile men cannot produce viable sperm. Impotent men can orgasm and ejaculate without an erection. Specialists dealing in sexual dysfunction, educate patients on how both partners can achieve orgasm without an erection.

Graham advises men facing impotence that they may not want to wait to have children. Impotent men can still have children but it becomes more difficult.

"The important thing is that they know they are not alone," said Graham.

"There are certainly more people coming to the clinic," said Morauriec. "Education eliminates ignorance and fear."

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**280 Carlingview Dr. Etobicoke (416) 798-8200**



## Runners raise cash for cancer

by Sarah Birrell

Lifestyles reporter

On Oct. 27, runners will take part in the Run For The Cure.

This major fundraising event is a campaign of the Canadian Breast Cancer Foundation, which supports breast cancer research, treatment, education and awareness.

"It's a great cause that brings the whole community together," said Angela Ginsberg, Ontario special events co-ordinator for the Canadian Breast Cancer Foundation.

"People bring their whole family, even their dog, to show their support for the cause."

Mayor Barbara Hall has also declared Oct. 16th as Breast Cancer Awareness Day.

This major health problem has touched the lives of many people; working together and supporting such organizations helps fight this disease, said Hall.

Breast cancer is the leading cause of death in women and one in nine women will develop breast cancer in her lifetime. The risk increases with age.

At the first run in 1992, organizers expected about 300 people to show.

They were surprised by a turnout of 1,500.

"People love this race," said Ginsberg. "It is very emotional. Everyone knows someone who has suffered from this disease."

Race officials expect more than 7,000 participants to gather at the Royal Ontario Museum on Oct. 27 for the 1996 Honda Run For The Cure.

To sign up to Run For The Cure, interested participants can go to any Running Room retail store and pick up a registration and pledge form.

There are three Running Room locations:

- 2100 #8 Bloor Street in High Park.
- 1977 Queen St. East in the Beaches.
- 2629 Yonge St. corner of Yonge and Eglinton.

You can also register by phoning 1-800-618-CURE, or if you already have a registration form you can mail or fax your form to:

790 Bay Street, Suite 1000  
Toronto, Ontario M5G 1N8  
Fax # 1-888-810-8888

The registration fee is \$25.

This price includes a T-shirt, and a light breakfast after the run, which is your race kit.

These kits are sold at all three Running Room locations from Oct. 23 to Oct. 25 from 8 a.m. to 10 p.m., and on Oct. 26 from 10 a.m. to 6 p.m.

## Cervical cancer second most common in women

Women should have check-ups performed twice a year

by Theresa L. Vokey

Lifestyles reporter

Carcinoma of the cervix is one of many fatal cancers that women can develop, and it is the "second most common malignancy in both incidence and mortality," according to a consensus development conference statement on cervical cancer.

Dr. Winnie Lee, M.D., a doctor at the Humber Medical Centre, said that as soon as a young woman becomes sexually active she is at risk of developing cervical cancer. She said women are at a much higher risk if they have had sex before age 20 and have two or more partners.

Smoking also increases the risk of developing cervical cancer, said Lee.

Every woman is at risk of developing ovarian, vulva (genitalia), breast and endometrium (the lining of the uterus) cancer, according to a pamphlet from the Synphasic Patient Education Series.

Dysplasia is the medical term for the early detection of changing cells before they become cancerous and need immediate medical attention.

Lee said dysplasia is associated with a virus, and once a woman has the virus it stays in her body.

Because of this, women who have already had a case of dysplasia should go back for regular pap tests to ensure they receive treatment right away. Lee said changing cells in the dysplasia stage are curable.

"A pap smear should be done every year. If you get a regular pap done, you will be able to pick

it with laser therapy or liquid nitrogen to cure it.

Two other procedures used to cure dysplasia are carbon dioxide laser surgery and cryosurgery.

Lee said the laser surgery is done by using a laser beam that destroys the changing cells by dissolving thin layers of the cervix.

Cryosurgery requires a probe, which is put over the infected area. Nitrous oxide gas cools the probe, which creates an iceball. This freezes the cervix and kills the cervical intraepithelial neoplasia (the area of changing cells or dysplasia) before the cells become cancerous.

The Canadian Cancer Society lists recommended preventative measures for cancers that women should be familiar with in the Synphasic Patient Education Series pamphlet.

Pamphlets can be obtained from any health centre or hospital.

For more information on cervical or other cancers visit your family doctor. At school, visit the campus health clinic or health centre located at 100 Humber College Boulevard.

For further information 1-800-4 CANCER.

**"A pap smear should be done every year. If you get a regular pap done, you will be able to pick up changes of the cells before they actually turn cancerous."**

**- Dr. Winnie Lee,  
Humber medical centre**

up changes of the cells before they actually turn cancerous," explained Lee.

"Once we have detected dysplasia, we send them to a gynecologist for a procedure called a colposcopy."

The gynecologist would look at the cervical cells under a microscope and use a vinegar-like acid to stain the cells. If it is dysplasia, then it will show up.

Next, the gynecologist either does a biopsy of the site or treats

## Cervical cancer can be detected at an early stage

In the United States, cervical cancer accounts for 6 per cent of all malignancies in women, according to the National Cancer Institute.

There are an estimated 16,000 new cases of invasive cancer of the cervix and 5,000 deaths in the U.S. each year.

Ninety per cent of these cases should be detected early through the use of pap smears. The current death rate is far higher than it should be.

Unfortunately this reflects that, even today, approximately one-third of women do not have regular pap smears.

**Avoiding cancer is difficult to do but your risk of getting it can be reduced by following some simple recommendations by the Canadian Cancer Society:**

- undergo a medical and dental examination yearly
- pay attention to any change in your health status
- visit your doctor immediately as soon as you detect a lump or have a wound that does not heal
- avoid excessive sun exposure
- avoid smoking
- undergo a pap test every six months or yearly
- perform a breast self-examination monthly

# TVO TELEFEST 1996

Be there to celebrate the extraordinary talent of the next generation of directors, writers, and producers at Telefest '96—Canada's premier student broadcasting competition. Mingle with celebrities and industry luminaries at the evening's kickoff reception. Cheer our rising stars at the awards ceremony, co-hosted by comedians Sandra Shamas and Rick Green. Then party 'til dawn to the tunes of Gypsy Soul at the post-award bash.

It's not the Oscars...it's better.

Tuesday, October 15, 1996  
7:00 p.m. Reception  
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at (416) 484-2820 or  
email us at telefest@tvo.org.










# Cannabis



Natalie Tarnowecy

## It's a debate that has raged for decades: should marijuana be legalized in Canada?

Whether you hold an opinion or are undecided on the issue, there's a lot of information to consider.

Hemp, marijuana and hashish all come from the same plant, cannabis, but each has a different purpose.

Hemp is creating a "multi-purpose" industry, producing items such as clothes, rope, jewelry and paper.

Marijuana's psychoactive component THC [tetrahydrocannabinol] is supposed to hold medicinal properties, helping people who have illnesses ranging from arthritis to AIDS.

Then there's the social side to the cannabis plant - smoking up.

It's been suggested by some that marijuana is safer than using alcohol or tobacco.

Others take a stronger stand against "weed", saying any drug use is wrong. They say marijuana's known to cause bronchitis and emphysema.

Whatever the stance, the reality is one in 12 Canadians have used some form of the plant in the last year.

While federal laws prohibit the distribution and use of marijuana, some government officials are beginning to take a fresh look at hemp.

This section is intended to offer an insightful look into an age old question.

I'm not in a position to be judgemental. I've had a beer or two in my life. - Jean Chretien

## What's Inside

• Should hemp be legalized? Et Cetera talks to the Drug Abuse Resistance Education (DARE). Their motto is "dare to keep kids off drugs." - page 12

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• A look at the many industrial uses for the cannabis plant. - page 13

• Smoke two of these and call me in the morning. A medicinal look at the cannabis plant and its possible health uses. - page 14

• How do Canada's marijuana laws compare to countries around the world? The Netherlands, Sweden, Singapore and Colombia are examined. - page 14

• If marijuana is to be legalized education is needed. It takes a long time to reverse upwards of 70 years of misinformation. - page 15

• There are thousands of hemp related web-sites on the Internet. Check our website for a list of links to pro and anti-marijuana sites.

## Sweet nothings

Ben Truyens  
Features Reporter

Recent reports of chocolate enhancing a cannabis high might not be so sweet.

According to scientist Daniele Piomelli at the Neurosciences Institute in San Diego, many papers, including the *Globe and Mail*, have exaggerated his statements relating to substances he found in chocolate and their possible intensification of the cannabis high.

These misconceptions resulted from studies that Piomelli and two other colleagues were recently conducting.

The trio discovered some interesting substances including the recently discovered brain cannabinoid anandamide.

Named anandamide from "ananda", an Indian word for bliss, the chemical was first discovered in 1992 by Israeli scientists looking for substances in the brain that would bind to the same receptors as THC, the active ingredient in cannabis. Anandamide did just that.

The tip-off? Look for chemicals like THC that are soluble in fat. Piomelli and his crew had similar clues in mind for their research.

"It was a long shot, more a hunch. Chocolate is rich in fat and has been known to produce psychological effects,"

Piomelli said. "We thought chocolate might contain chemicals similar to anandamide, which is a fatty substance itself."

Piomelli admitted in principle there could be synergy between the effects of anandamide, which mimics the psychological effects of some plant drugs, and cannabis, but the effects would be slight.

"Although true in theory, the effects would be so little compared to the THC-induced high," said Piomelli. "It's like weighing the ship with and without the captain. It makes little difference to the final result."



Matthew Blackett

A related article from the *Globe and Mail* stated Piomelli acknowledged "a combination of chocolate and hashish might intensify the experience".

When asked about this statement, Piomelli said, "I would go as far as to say that is completely wrong. It would more or less prolong it slightly."

This prolonging of effects might occur because of two inhibitor chemicals also found in the chocolate that have been observed to slow the breakdown of the anandamide by enzymes, said Piomelli.

There is also a significant dif-

ference in the quantity of anandamide found in the various chocolates analyzed.

"There are varied amounts in the different chocolates, but of course we don't even know the source of the anandamide. It could be the cacao tree," said Piomelli.

Piomelli's crew's research was published last month in *Nature* magazine and explains a possible theory of the famous "chocolate buzz" and non-drug cravings, as opposed to sweetening the marijuana high.

In fact, there is not one specific reference to cannabis in the entire report.

The scientists concluded that higher anandamide levels in the brain that could be associat-

ed with chocolate craving and combined with caffeine and other chocolate components could "produce a transient feeling of well-being".

"About 20 per cent of women in the U.S. experience chocolate cravings. I believe this goes beyond personal preference," said Piomelli. He added there could be some medicinal value to his findings such as making better drugs for depression.

Chocolate drugs? Piomelli likes the idea. "It would definitely be a popular item with me."



# No pot of gold if dope legalized

by Chris Attard  
Features Reporter

Constable Jodi Hughes has been teaching grade six students about the dangers of drugs for only nine months.

But from what she's seen, she said she may have to start even earlier.

"It's definitely getting harder to talk to them. We may have to go as low as grade three."

Hughes is a member of Drug Abuse Resistance Education (DARE). The organization was formed in California during the mid '80s, when drugs in Los Angeles made their strongest appearance.

Their motto, "Dare to keep kids off drugs", inspires Hughes to keep warning young students about abusing alcohol, tobacco, marijuana and other illicit drugs.

"We call [marijuana] the gateway drug," said Hughes. "They're not aware how it affects them, so they'll keep on trying it. Then they try other drugs."

"We only teach students [about drugs] when they're 11 years old. We feel that they haven't made those lasting friendships where peer pressure takes affect. But I think we should start earlier," she said.

The debate to legalize marijuana stretches back to 1936, when Kentucky was the highest crop-producing state. According to the National Organization for

Reform of Marijuana Laws, marijuana is California's number-one crop, bringing in an estimated \$2.5 billion a year. It is the second highest cash crop in the United States behind corn. There is now an estimated 25 million regular pot smokers in North America alone.

"I think we should be very concerned of any statistic showing a rise in drug use," said Charlie O'Day, a drug addictions counsellor at St. Michael's Hospital in Toronto. O'Day said he believes in the gateway drug theory.

"It's not regarded as a particularly hard drug, compared to cocaine and heroin, but what we really have to say is, 'Can this drug lead to other things?'"

O'Day said if marijuana was legalized, "it would shake the nature of the legal system," and

would change everything from its decriminalization to its medical use.

"We have 8,000 or 9,000 people die each year from alcohol and related accidents, and it's legal," said O'Day, "but I

in Washington D.C. rear-ended another train, killing 16 passengers. Police found traces of marijuana in blood samples taken from several engineers.

"A death is a death," said Fred Burford, president of the Council On Drug Abuse (CODA). "It's enough to show that people aren't in control of their bodies."

Burford was the principal of two North York high schools for 15 years before he retired in 1982. He said he became concerned with the effects of marijuana on his students' learning abilities, and has been involved with CODA ever since.

In a survey of 14 schools, CODA asked 4,400 students if legal restrictions on cannabis were removed, would they begin to use marijuana or use more of it. Over 30 per cent of the students said they would.

Burford said if it were legalized, "We would see an estimated 750,000 new users."

Burford's main claim against marijuana is that cannabis smoke attacks the body in adverse ways. It contains 50 per cent more tar and cancer-causing chemicals than cigarettes. It's also been known to cause bronchitis and emphysema.

"It also affects short term memory and coordination. You don't really need a longer list to show how this drug takes effect."

Burford believes the reason for the rise in cannabis use is that schools were complacent towards drugs in the late '80s. He said schools today don't spend enough on a drug curriculum that should be as common as math or English.

"Kids should be able to express their views in the programs," Burford suggests. "They should have peer assistance from older students and take-home assignments for the parents."

Hughes said whenever she drives the DARE van, people frequently walk up and argue for hemp's legalization.

"It's amazing," she said. "The people who want it legalized are the ones who have obviously been smoking it for a while."



Illustration by Sara Bishop

haven't heard of one single death directly from marijuana use."

But people have died from other people's use of marijuana. In January 1987, an Amtrak train

# The celebrity token

by Lauren Buck  
Features Reporter

Cannabis is the drug of creativity. It distorts, excites, and intensifies the mind and senses. It is no wonder that this drug has been enjoyed by musicians from the birth of blues and the dawn of jazz, straight through to modern-day rockers.

"Grass was always there in the jazz clubs and in the folk music clubs," explained Bob Dylan in a 1978 interview with Sarah Wight, author of *The Rock'n'Rollers*. "That's where I first came into contact with it, I'm sure. I forgot when

or where, really."

The drug scene of the '60s was embraced by those who believed true wealth was calculated in terms of love, peace and the drug-enhanced consciousness being taught by the American scholar turned acid guru, Timothy Leary.

While Leary was identified as an extreme drug advocate and activist in the book, *Confessions of a Hope Fiend*, he saw his role in a different light.

"The pioneering, the real work in spreading the word about psychedelic vegetables, [was done by] the rock n'

**"System don't agree with herb because herb make ya too solid."**  
-Bob Marley

rollers," said Leary. "Electronic amplification messages going around the world at the speed of light. Bob Dylan and John Lennon and The Beatles and The Rolling Stones. They spread the word around. I'm not a leader, I'm a cheerleader, urging people to be careful and think for yourself."

As the influence of flower power and the bands became more pervasive, so did pot smoking, so much so, that at the large outdoor rock festivals smoking pot became almost obligatory.

A more recent musician and marijuana user was Bob Marley. His group, The Wailers, were among the first musicians to overtly adopt the trappings of Rastafarianism. Characteristically, Rastas revere cannabis as the sacramental herb and believe it will lead to "the healing of the nations."

Marley summed up the influence of ganja, the Jamaican term for marijuana, in an interview cited in *Soul Rebel—Natural Mystic*, shortly before his death.

"Rastaman sit down and

smoke some herb, with good meditation, and a policeman come see him, stick him up, search him, beat him, and put him in prison. Now, what is this guy doing these things for? Herb grows like yams and cabbage. Just grow. Policemen do these things fe evil...System don't agree with herb because herb make ya too solid. Y'see, when ya smoke herb ya conscience come right in front of ya. Ya see it?"

Pot also became the subject of a seminal pro-pot rap by Tone Loc. Loc is short for loco, one who is partial to the loco-weed. The lyrics to his 1991 song "Mean Green" explain his stand on the issue.

Widely known for their view on marijuana is controversial group Cypress Hill. They included 19 points about the history and uses of cannabis in the record sleeve of their second album, *Black Sunday*. The songs are student pro-pot anthems with titles including, "I Wanna Get High" and "Legalize It".

In 1994, Cypress Hill was one of many performers at the 25th anniversary of Woodstock, which was predicted to be the "festival that won't inhale." It turned out to be much like the first time, though. Rain turned the site into a mud bath, but commentators reported most people seemed to be "too stoned to care."

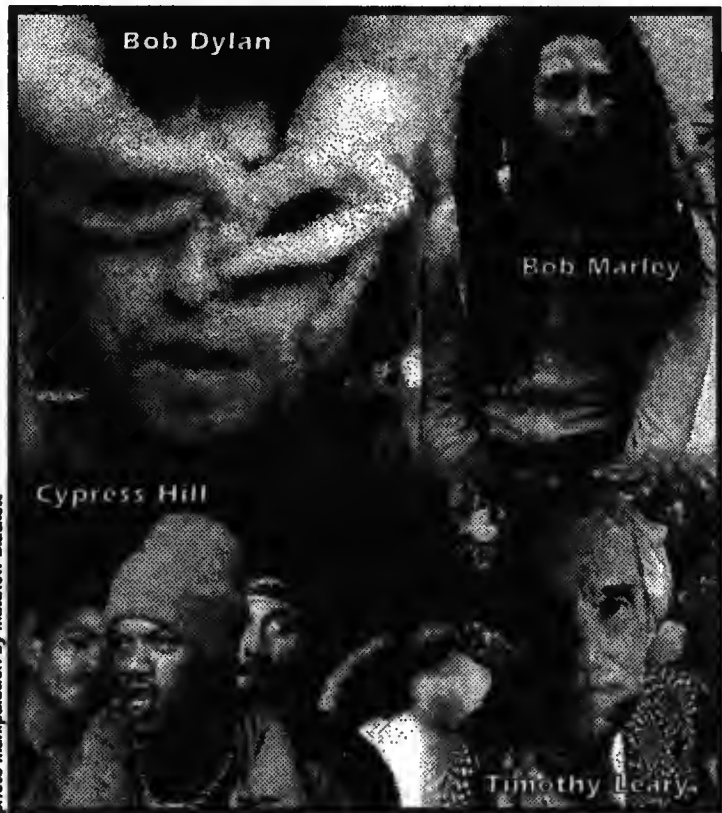
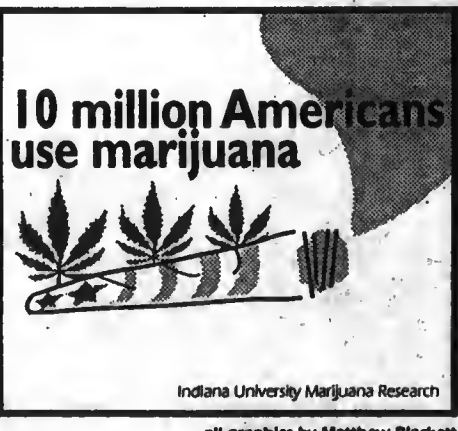
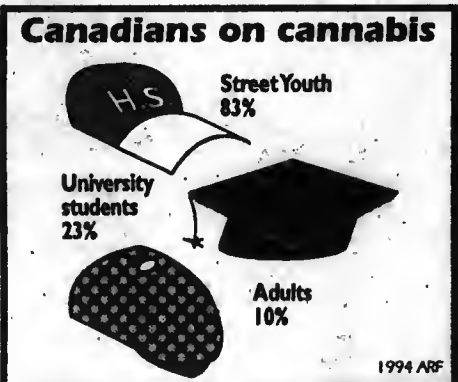
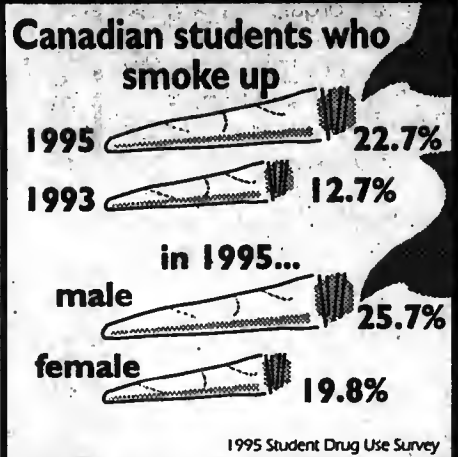


photo manipulation by Matthew Blackett

## Pot Thoughts





# Hip on hemp

by Denise Lockhart  
Features Reporter

**H**emp is predicted to be the next big multi-purpose product according to Robin Ellins, owner of The Friendly Stranger store in Toronto.

"As long as people educate themselves and keep an open mind, the industry will boom."

From teenagers to senior citizens, people of all ages are visiting hemp stores.

Hemp belongs to the plant species Cannabis Sativa, as does marijuana. However, they have different uses and different characteristics.

Hemp refers to the fibre-producing stream of cannabis. Thousands of products are made with hemp, including fine lace, rope, dynamite, diapers, cosmetics, jewelry, lingerie, cellophane and animal feed.

According to Hemptech, the Industrial Hemp Information Specialists, once firmly rooted, a rotational crop like hemp will choke out all existing weeds. It requires very little attention and because of its chemistry, it eliminates the need for pesticides and herbicides.

"Hemp is the answer to the environmental problem. It is an organic, renewable resource that can be used in virtually anything," said Ellins.

Stores such as The Friendly Stranger and Shakedown Street in Kitchener have realized the usefulness of the cannabis plant by specializing in 100 per cent hemp products. Jeans, knapsacks, bath and cooking oils made from hemp, along with literature are available at the stores.

Currently, there are only seven farms in Canada that have

**"We have these farms for research purposes and we can't do anything with them."**

**- Derek Wildfong of Shakedown Street**

been given permits to grow hemp by the Bureau of Dangerous Drugs Research.

Derek Wildfong, an employee of Shakedown Street, thinks the current status of the hemp

industry in Canada is "a load of crap!"

"We have these farms for research purposes and we can't do anything with it. We sell our hemp to foreign coun-

**"It takes a long time to reverse upwards of 70 years of misinformation... The main thing is to get informed and get involved."**

**-Robin Ellins, The Friendly Stranger owner**

tries, they make it into cloth and sell it back for three times its worth. What is with that?" said Wildfong.

He also said that as long as commercial hemp is kept under control by the Department of Health, the industry won't go anywhere.

"It has to go back to the farmers and the family farm. It has nothing to do with health and everything to do with agriculture," said Wildfong.

The hemp plant, an organic renewable resource which grows six to 16 feet in 70 to 110 days, produces four times more pulp per acre than trees and is cheaper to grow.

"We understand our desperate situation and the answer to it. Now we just have to use it," said Ellins.

Major clothing labels like Calvin Klein, Ralph Lauren, J. Crew and Converse are using hemp fibres in their clothing to make it more durable and to save money. Even Walt Disney is using hemp in the hats that will be sold at the Indiana Jones gift shop.

Adidas will also be cashing in. According to the *New York Times*, a sneaker made of hemp and recycled rubber called the Chronic will be out in January.

Hemp can play an important role in rural economic development, by creating new jobs and businesses for both local consumption and marketing to other regions.

The real influence on the Canadian hemp market comes from countries such as China, Romania and Hungary, who have never criminalized the use of hemp.

"It takes a long time to reverse upwards of 70 years of misinformation," said Ellins. "The main thing is to get informed and get involved."

## A few words on hemp culture

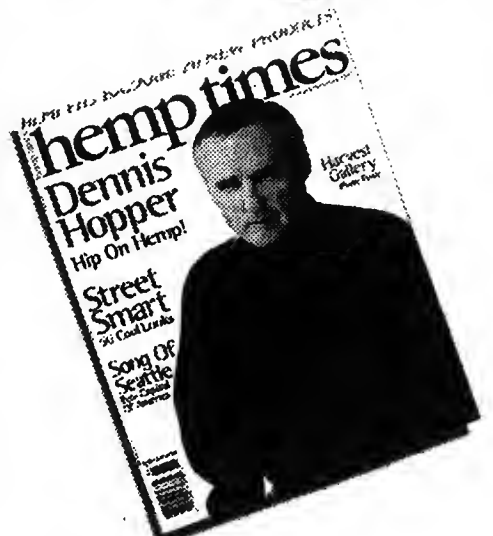


Illustration by Laurie Rivet

## Tale of the joint

**8000 B.C.** - Hemp textile industry begins in Europe and Asia.

**1400 B.C.** - Cultural and religious use of ganja recorded by Hindus in India.

**1619** - Residents of Jamestown Colony, VA. could be incarcerated for not growing hemp.

**1776** - U.S. Declaration of Independence drafted on hemp paper.

**1960s** - Marijuana adopted by hippies, pop music and Vietnam vets.

**1996** - Bill C-8, a sweeping reform of drug legislation, passed by Canadian government.

**1500 B.C.** - Cannabis smoking sweeps Europe and Asia.

**1150** - Muslims use hemp to start Europe's first paper mill.

**1631** - Hemp used as money throughout American colonies.

**1937** - U.S. Marijuana Tax Act forbids hemp farming - banned again in 1955.

**1993** - England eases restrictions on hemp farming.



Compiled by Tonya Costoff  
Illustration by Laurie Rivet



# Marijuana: a leaf of faith?

Joanna Wilson  
Features Reporter

The controversy surrounding the medicinal use of marijuana is a hazy one.

There is a long-standing history that people have used marijuana to alleviate their ailments, but today, the possession and use of the substance is illegal.

Because there is no medical research being funded in Canada, evidence to indicate whether cannabis is truly a medicinal wonder is non-existent.

According to some, the illegal drug helps patients deal with illness, from arthritis to AIDS.

David Malmo-Levine, a drug peace activist at HempBC in Vancouver, said marijuana is one of the safest drugs out there on the market today.

"There have been no reports of anyone dying of a marijuana overdose," said Malmo-Levine. "You would have to smoke a pound a minute for 15 minutes to die of overdose."

Malmo-Levine said marijuana is not physically addictive and he has heard of people using the plant on their cuts and sores, as well as to relieve stress. He believes more people will use marijuana not only for medicinal use but also recreational use, substituting alcohol and tobacco.

Dr. Harold Kalant, a University of Toronto professor emeritus of pharmacology, said there is some evidence of at least some mild physical withdrawal symptoms for users who stop abruptly. But the reactions are not severe. Because the substance is eliminated so slowly from the body, the body has time to readapt as the drug level falls.

According to Kalant, who also

works for the Addiction Research Foundation, the physical dependence is not the major aspect of addiction; it is the behavioral dependence which can happen.

Kalant said cannabis is generally accepted as a drug for relieving nausea and vomiting for patients undergoing chemotherapy for cancer, but overall, it is no better than any other medications used for the same purposes.

If patients don't respond to the medications, said Kalant, they can be prescribed 9THC [Tetrahydrocannabinol], the principal psychoactive ingredient of cannabis. It is not illegal to use pure synthetic 9THC, or synthetic derivatives, which are more potent for relieving nausea and less likely to produce the psychoactive side effects.

"The down side of using cannabis is that many of the

**You would have to smoke a pound a minute for 15 minutes to die of overdose.**

patients with cancer are older patients who dislike the psychoactive effects, such as the change in perception and the "high," said Kalant. They also dislike the "drowsiness that follows in the later stage of the action of the dose."

One use that has been recently supported by clinical trials is stimulating the appetite of AIDS patients who are physically weakened from "wasting syn-



John Wright

drome", a condition where a patient's weight drops drastically.

Marijuana has also been said to stop seizures in epileptic patients, relieve symptoms such as impaired vision, muscle spasms, weakness and depression for people with multiple sclerosis (MS), and reduce intraocular pressure for glaucoma patients.

Why isn't this drug legalized?

According to Bendikt Fischer, the coordinator of the drug policy research group at ARF, there is social and legal tension around the substance.

"Since possession and use are generally illegal, followed by heavy criminal sentences, nobody would really want to get in the hot waters of allowing or explicitly supporting and promoting the medicinal use," said Fischer. "It is just too complicated an issue to govern."

Fischer, who is a criminologist by training, said there would be too many issues to decide if marijuana was to be legalized for medicinal purposes.

For instance: Who would be able to use it for medicinal pur-

poses? How would distribution be controlled? Who would watch and be sure the substance is available for medicinal purposes and not fall into the hands of abusers?

Marijuana is classified as a "Schedule 1" drug. It is a drug that cannot be prescribed and

**"It's ... too complicated an issue to govern."**

**-Bendikt Fischer**  
of ARF

research into medical uses is prohibited. People who are caught for the first time with marijuana spend a maximum of six months in jail and must pay a \$1,000 fine.

Grant Krieger, an MS sufferer from Regina, Sask., has tried a number of prescription drugs to ease the pain of muscle spasms, but none of them worked. He went to Amsterdam, where he

obtained a prescription from a doctor for marijuana, but was arrested for possession of an illegal drug in Canada. Aaron Harnett, Krieger's lawyer, said Krieger was not charged for importation by the Canadian government. Krieger is now in Regina facing unrelated charges of possession and distribution of an illegal substance.

"I think the law that [it] infringes freedom is overbroad," said Harnett. "It doesn't allow for exceptions, for people who can demonstrate a legitimate, medical use to possess it."

According to Malmo-Levine, marijuana is still the primary medicinal healer. He said it is ignorance that keeps people from seeing the beneficial side of marijuana and the best solution is to research the possibilities.

Fischer said Canada has been extremely cautious of the United Nations conventions on psychoactive substances.

"Since Canada has been an obedient follower of international regulations, I don't see any possibilities in the near future that these restrictions will loosen up."

## Is Canada uptight?

Victoria Jackson  
Features Reporter

Imagine walking into a cafe, sitting down, ordering a coffee and to go with it - a joint. This probably isn't an everyday experience, unless you're living in Amsterdam, where there are close to 2,000 cafes that offer marijuana on the menu.

According to *Time* magazine, a person can purchase 30 grams of marijuana from an Amsterdam coffee shop.

The Netherlands legalized hemp-produced drugs in the

'60s, allowing authorities to concentrate enforcement on "hard drugs."

The Swedish government "re-criminalized" drugs and took a radical stand against drug use.

In 1994, when Supreme Court judges in Germany decided possession of small amounts of hashish and marijuana for personal use should not be punished by law, the Swedish government fought the decision within the European Union.

The European Parliament voted to decriminalize the pos-

session of drugs for personal use in 1995, but the Swedish government's goal is to reverse this decision and the trend toward legalization.

According to Singapore's Central Narcotics Bureau, anyone carrying more than 15 grams of cannabis is presumed to be trafficking the drug; anyone possessing more than 500 grams of cannabis and who is convicted of trafficking will be given the death penalty.

In the Netherlands, the age to buy pot was recently raised from 15 to 18. According to *U.S. News*, the government also plans to cut the number of drug-selling coffee bars in half.

The Dutch are also cracking down on hard drug users and sellers. Any coffee bar that is suspected of selling hard drugs is immediately closed down. The owners, and even patrons, of the cafes will ask known drug users to leave.

As for Colombia, the possession of small amounts of hashish, marijuana, cocaine and hallucinogens is legal, according to the Colorado Hemp Initiative Project.



courtesy of HempBC

Jamaican kids puff on ganga, a religious gift from their god, Jah.

<http://sms.humber.ca/etcetera.htm>

**You think this section is packed with information? Check out our Web site. Articles, links and graphics you won't find in the paper.**

**hemp@humber**



# Education with legalization

**John Wright**  
Features Reporter

While more than two million Canadians regularly smoke marijuana, over 600,000 have criminal records for taking part in its illegal usage.

Robin Ellins, owner of The Friendly Stranger on Queen Street, said that although current numbers of pot smokers are high, it would be even higher if people could speak freely about pot use without facing discrimination or fear of prosecution.

"Pot smokers come from all walks of life. They're doctors, lawyers and other professionals, as well as students, parents and grandparents, who may not be able to openly admit that they participate in recreational drug

ally," said MacLeod.

Ellins said that marijuana has no physical addiction associated with prolonged use, unlike alcohol or tobacco. However, there is a psychological craving linked to it, which is why Ellins and MacLeod say moderation is the key to the safe use of any drug.

"Any drug dependency in our society should be worried about," said MacLeod.

Although Ellins is currently fighting for the decriminalization of marijuana, he doesn't believe it's necessary to promote cannabis consumption. Rather, he advocates educating people about it so they can make logical decisions.

"The 'Just Say No' approach to drugs simply doesn't work," said Ellins. "It creates too much of a curiosity towards it, which makes people want to try it. The public needs to be educated, not lied to."

"When you make something off-limits, you automatically make it a forbidden fruit that is very attractive to people rebelling against their parents, school, authority or society in general," said MacLeod.

The government doesn't agree with MacLeod's opinion, and has made marijuana and users of the drug even more of a target for penalty.

Bill C-8, which has been passed but has not yet been put into full effect, is being called the Controlled Drugs and Substances Act. This act takes existing drug laws and makes them harsher and increases the power of the police.

Changes to current laws include stronger search and seizure powers. It also gives police the power to sell drugs to infiltrate drug circles.



A dried marijuana bud. It could yield a street value of over \$500.

"What these new laws are basically doing is turning Canada into a slightly lesser version of Singapore," said David Malmo-Levine, a drug peace activist with Hemp BC in Vancouver. "It's the same mas-

making money off the laws here. It's fascism, pure and simple."

One group, the Canadian Foundation for Drug Policy (CFDP), is challenging Bill C-8 in hopes of changing it from a "brutally prohibitionist bill" into a "tolerant compassionate piece of legislation."

The CFDP is suggesting amendments to the Act believed to help lessen its impact, and are urging supporters to write to the Senate and Ministry of Health.

Malmo-Levine recommends education because it "is the only way to turn things around."

"We need to encourage safer, smarter smoking," he said. "The hemp stores are doing a great job by distributing information, but it's not enough. More people need to get involved."

## Getting involved with hemp

For information about the fight for decriminalization of marijuana or other issues, contact:

Cannabis Canada at 1-800-330-HEMP

The Friendly Stranger on Queen St. West and pick up some information pamphlets, books and bong.

HempBC on the web at: [www.hempbc.com](http://www.hempbc.com)



**"Any drug dependency... should be worried about."  
- Morry MacLeod**

use due to fear of penalty," said Ellins.

"It doesn't make sense to criminalize people who make a personal choice to smoke marijuana. The reality of the issue is that if marijuana was even close to being as dangerous as alcohol or tobacco, the death toll from it would be plainly visible."

Morry MacLeod, a sociologist at Humber College, agrees that "pot" is basically a social drug, which isn't as harmful as booze or cigarettes.

"Smoking anything isn't healthy, but somebody who smokes a pack of cigarettes a day is definitely at more of a health risk than a recreational drug user who smokes occasion-

**"It's fascism, pure and simple."  
-David Malmo-Levine HempBC activist on Canadian marijuana laws**

sive companies that are making money over there off the strict drug laws that are going to be

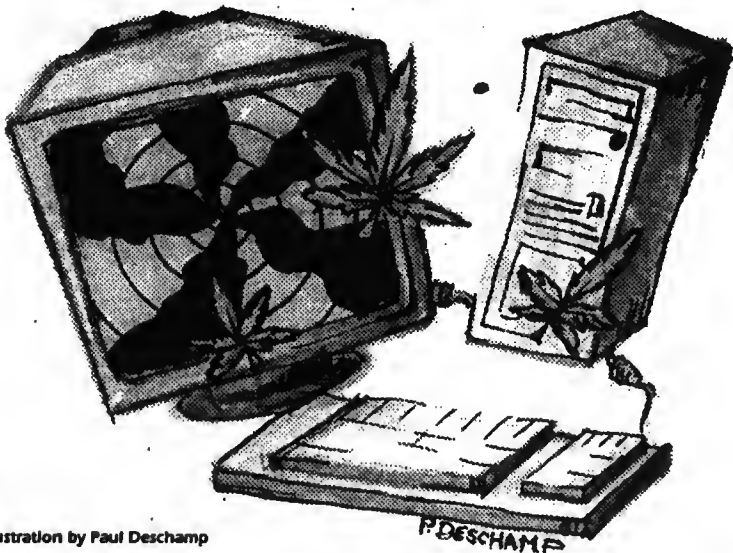


Illustration by Paul Deschamp

<http://sms.humberc.on.ca/etcetera.htm>

## High on the 'Net

**by Matthew Blackett**  
Features Reporter

Is it possible that the recent explosion of marijuana consumption can be linked to the explosion of the Internet?

The interest in both recreations are probably coincidental. But both are causing debates in each of their respective circles.

Marijuana and hemp related web-sites are growing like weeds on the 'Net.

You can find literature on many sites as well as plant growing instructions. Most sights provide national and international

laws regarding marijuana.

On *Et Cetera's* own Web site we provide an extensive link list to as many related hemp sites as we could find.



The Green Panthers web site

<http://www.greenpanthers.org>



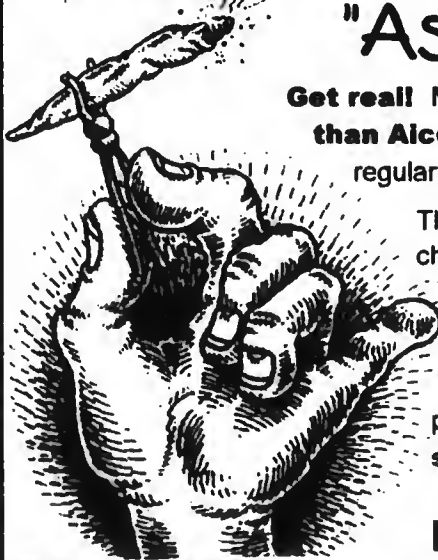
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# Marijuana

## "Assassin of Youth"

Get real! Marijuana use causes **far less harm** than Alcohol or Tobacco, and is enjoyed regularly by over **3 Million Canadians.**



The most harmful side effect from cannabis use, is the chance of a **criminal record, or jail.**

Of the **50,000+** drug related charges each year in Canada, **2/3 are for Marijuana**, and of these **65% are for simple possession.** For the most part these are otherwise **law abiding, caring, socially productive individuals** who have made an **educated choice** as to the libation they prefer.

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MIDI the Web Interactive Banking

## New lab can't bring in students

by Robert Dutt

Lakeshore Reporter

Lakeshore Campus' Musical Instrument Digital Interface (MIDI) Lab underwent some big changes this summer. But has anyone noticed? According to Don Baird, the lab's director, not many have.

The MIDI program added 12 workstations over the summer, totalling \$50,000 of state-of-the-art Power Mac computers, mixers, software and other equipment, but fewer students are benefitting from the equipment. The number of students involved in the MIDI lab is down from 58 last year to 12, despite the fact the lab is no longer restricted to music students.

A new fee-for-service system

means students have to pay \$395 for a course, and \$3.50 an hour for independent lab time. Lack of advertising for the lab might also account for the decline in student involvement.

"The only advertising we've done is me walking around handing out 4,000 flyers," said Baird.

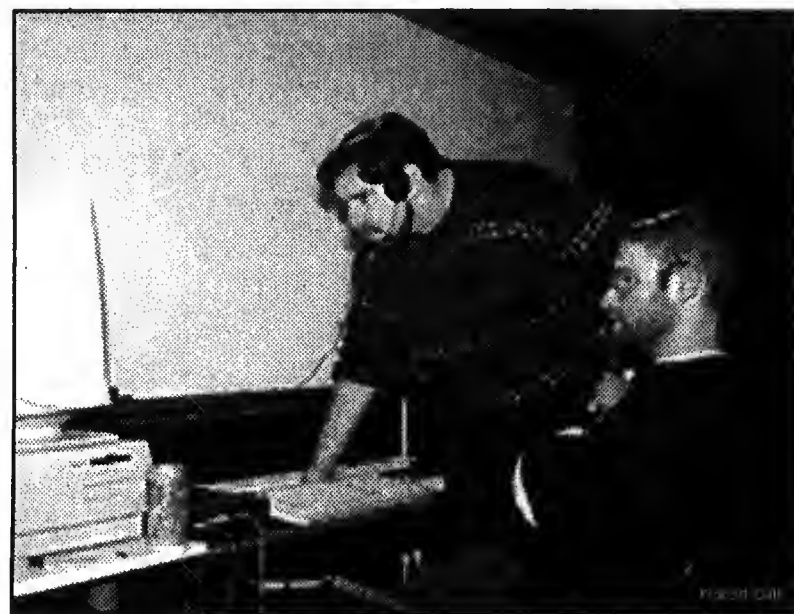
MIDI allows musicians to record music onto a computer using their instruments, then edit and mix that music on the computer. The MIDI format is universal, so a file originally created with one brand of keyboard on a Macintosh could later be edited on a different brand of keyboard with the help of a Windows-based PC.

Until last year, the MIDI program was offered as an elective in the music program, with three or four students sharing a computer. But the music program was forced to cut back.

"The Harris government has been trashing the program," said Baird. "[The college] had to cut 40 hours from the music program, and MIDI went with it because it was considered expendable."

To keep the lab alive, Baird and Pat Ferbyack, director of the School of Performing Arts, acquired funds through both capital and loans to purchase the new equipment. The lab is now available to anyone willing to pay what Baird calls a very competitive rate.

"Other colleges are running programs with inferior equipment,



The Lakeshore Campus hopes more students will take advantage of the newly updated MIDI Lab after spending close to \$50,000.

for almost twice as much," said Baird.

The lab offers three levels of training in MIDI. Each course includes 24 hours of training with Baird, and six hours of independent work time in the lab. The maximum class size is 12, so each student has a computer workstation to him or herself. Baird said he'd like to see more students from outside the music program getting involved, and more students within music taking advantage of the chance to learn MIDI.

"There's more to being a professional musician than just knowing how to play your instrument," said Baird. "You have to have an

understanding of technology if you want to survive in the studio."

Both Baird and Ferbyack see the technology as a key to the future of music, and would like to see the program's new format grow.

"It should be its own department like guitar, like keyboard, like brass," said Baird. "It's relevant enough. Ninety per cent of the stuff you hear on TV or on radio is done with a computer."

"This is the beginning of something that can become separate and strong. We just got the equipment late in the summer, so we're just in the progress of getting the word out now," said Ferbyack.



First-year music student Jason Nausbaum uses the MIDI Lab.

**NET**  
interesting

**Radically Canadian,**  
the official site of the CFL  
at: <http://www.cfl.ca>

**USA Today NFL**  
Info

check out the latest NFL  
tidbits from the States'  
largest paper at  
<http://web.usatoday.com/sports/football/sfn/nflstad.htm>

**The Late Show Top**  
Ten Archive

Letterman's list of every-  
thing good.  
<http://www.cbs.com/lateshow/tl10list.html>

**Mr. Bean goes**  
Internet

Check out British funny-  
man Rowan Atkinson  
<http://www.dsv.su.se/~mats-bjo/bean/bean.htm>

## Web browsers battle it out

After controlling  
80 per cent of the  
market, Netscape  
has competition

by Darren Leroux

Staff Reporter

Who has the best Web browser: Netscape or Microsoft?

In recent newsgroup polls there was an overwhelming five-to-one vote in favor of Netscape. Many continually referred to Microsoft as "Microslot".

Both programs have a lot going for them. On their own both are excellent programs.

In the early '90s Netscape saturated the market free to download and took an 80 per cent share of the market. Suddenly, the small com-

pany had the number-one Web browser out there.

Netscape was an easy-to-use program. It was something anyone could learn to use without having

Microsoft  
**Internet Explorer**  
with  
ActiveX Technology

someone over their shoulder telling them how to do everything.

Then, the software giant Microsoft jumped into the market with Microsoft Internet Explorer.

IE was a program not altogether different from Netscape's. Both shared many similar features in their early editions.

Now, with the introduction of

Netscape Navigator Gold (Version 3.0) and Microsoft's IE 3.0, the contest is even stronger.

Netscape has changed tactics and those who aren't fortunate enough to be affiliated with a college or university can download it, but must pay for it later. Microsoft allows anyone to download any version of its browser for free, using Netscape's original approach.

In comparing the two, the new version of IE is marginally better.

IE 3.0 surpasses Navigator Gold in many areas, but not by much. It has better Java implementation. (Java is programming language, which has become very popular. It functions on programs called "applets". Java allows for the easy sharing of programs and data on the Web). Another feature is its History file. It's like a bookmark, which IE has as well, but it remem-

bers the last 300 Web sites visited. This is a feature that Navigator doesn't have.

IE also has a broader HTML support. The main reason IE is



better is because it allows for style sheets. Style sheets allow page designers to have more control over the presentation of the page, i.e. fonts, spacing and effects. Style sheets are supposed to be the next big thing in HTML, and right now IE 3.0 is the only browser that supports them.

Navigator Gold is an excellent program; it is better than IE 3.0 in some areas. One of its best features is its built-in HTML editor, something IE doesn't have. Navigator is also a faster browser, and has the better setup for mail and news. It is also supported by more programs: Windows, Macintosh, and Unix.

IE 3.0 is supported only by Windows and has only one version of IE for Macintosh. This version is an old 2.0 version and the 3.0 version is still far from ready.

Probably the best thing that IE 3.0 has going for it right now is the cost. It's free. Navigator, on the other hand, isn't free to the general public. It only offers free packages for students and educators.

Students and Humber, who primarily use Navigator Gold, aren't missing much.



# Students join "Digital Revolution"

by Kristan Jones

Tech Reporter

With continuous developments in information technology, the classroom is becoming much more than four walls, a chalk board and a teacher.

Forty five students at Lakeshore Campus will be part of the modern classroom in the first general education course at Humber College to be offered via the Internet.

"The Digital Revolution" is a course designed to help students understand technological changes and how they affect them. The course also gives students the knowledge and that they will need for the future in information technology.

"I view the course as an odyssey," said David Warrick, teacher and creator of the course.

The course invites students to surf the Web and experience the changes in information technology.

They share their research and ideas with their classmates through class discussions and debates through computer-mediated conferencing.

Each class is spent with the first hour dedicated to a classroom lecture. The final two hours are used for working in the lab, using the home page and answering questions with e-mail. Students can work all week on assignments and send them to Warrick by e-mail. All marking is done directly on the computer.

Any information students will need during the course is on the home page, which is constantly being revised and expanded. The home page consists of the course outline, the course schedule, a list of books to review, Internet information resources, the Alta Vista search engine, a class photograph and a place at the bottom of each page to e-mail Warrick.

The course was created to

teach students the basic skills to allow them to participate in the changes in information technology, but also to give them the opportunity to see how it affects them.

"Students at Humber College require the knowledge and skills in this area because job opportunities require these skills," said Warrick. "Courses that offer using computers aren't only interesting, but necessary to their future."

Warrick said about three-quarters of the students in the class had never been on the Internet. By the end of the class, students will be able to understand the new information technology and will also have the skills to be able to use it to their advantage.

The units of study in the course are: History of Technology, the Digital Revolution and Discovering Your Future. During the course students interpret readings about different views on information technology,

write an essay about it and their vocational future, and create their own Web pages.

"This course is a balanced look at both the benefits and shortcomings of information technology. The readings are balanced both for and against the change occurring in our society as a result of information technology."

Warrick will be on a new instructional technologies panel with three other Humber teachers at the League for Innovation Conference in Phoenix, Arizona from Nov. 14 to 16. He will be talking about new instructional technologies.

"I enjoy talking about the "Digital Revolution" creator David Warrick, far right, and his class explore the world of technology.



## Plug into online banking

Canada's major banks offer change to regular banking.

by Kristan Jones

Tech Reporter

With the combination of technological advances and the Internet online or PC banking is a new service banks are offering their customers.

Canada Trust, Toronto Dominion and The Royal Bank offer online banking to their customers 24 hours a day.

Those using the service are generally university or college students and professionals.

"It's a younger group of people, people between the ages of 18 to 35 or 40," said Tracy Nguien, senior customer service officer at Canada Trust.

With this service, customers can access their personal and busi-

ness accounts, transfer money, pay bills, check balances and interest rates.

"Online banking is relatively safe. To enter your accounts you need a password," said Nguien when asked about the risk of doing banking online.

The banks use a variety of encryption techniques, which scramble customer information, making it readable by only customers and the bank. All information exchanged between customers and the bank is scrambled the same way.

Lisa Sleightholm, a customer service representative at Canada Trust, said, "Even if a hacker got through, they would run into a bunch of scrambled numbers that they wouldn't be able to understand or decode."

Canada Trust offers the software for the program on CD-ROM or floppy disk.

The Toronto Dominion Bank offers similar services. To use their service you need at least an

IBM-compatible 386 PC with eight megabytes of RAM, Windows (3.1 minimum) and a modem.

The Royal Bank offers online banking, but only to authorized Royal Bank clients. It is not for personal account information.

Another service the Royal Bank offers is its Internet Payment Solution. This service allows customers to purchase products and services over the World Wide Web using credit cards. Consumers can access a participating retailer's Web site or online store and select a product or service, paying by credit card.

The cost for the online service varies from bank to bank. Canada Trust charges \$7.95 a month for 10 connects. Each transaction is considered a connect. After 10, the cost is 75 cents per connect. In comparison, a chequing account costs \$7.95 per month for a flat-fee account with 25 transactions. But if you don't pay the flat fee it will cost 50 cents per withdrawal and 60 cents per cheque.

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# Entertainment

Music Movies Theatre Fashion

## Hey, hip hop hooray

by Dionne Francis

Entertainment Reporter

Until recently, all of those who craved the booming bass and energetic rhymes of urban music had very few places to turn to hear what they loved. In the past three years it seems as if hip hop has exploded all over Canada, with Toronto being the capital. It all started when radio stations, MuchMusic, and record companies began to take notice. Canada realized there was a market waiting to be discovered.

"You can't deny the popularity. It's amazing," said Paul "Mastermind" Parhar, one of Toronto's premier DJs. Toronto has always had a hip hop following, but until recently, it was largely underground.

In 1984, when hip hop became popular in the United States, Canadian kids began to take notice as well.

"Being in Canada, it was hard to get access to the music," Parhar said. He began listening to an urban music radio program on Ryerson's CKLN 88.1 when he was still in high school.

In grade 10 he was approached by York University's radio station CHRY 105.5 and asked to do a show. His show became an instant hit. It was one of only two shows that showcased urban music.

"I heard that people would drive into the area [North York], just so they could hear my show," said Parhar.

His show gained popularity just as Canadian hip hop artists began to emerge. Parhar said that in 1988 Maestro Fresh Wes, Michie Mee and Dream Warriors were the first rap artists to be signed to a major record label.

"I credit Maestro [Fresh Wes] for bringing this music to the public," Parhar said.

The Toronto-based rapper was the first artist to have a major record company pay for his video.

Parhar said he believes hip hop took off in Toronto when the video was picked up by MuchMusic.

Parhar's show "The Mastermind Street Jam" on Energy 108 surprised the station's owners with the popular response.

"There are many requests for

urban music. Commercial radio is jumping on it," said Parhar.

"The listenership in Canada is more racially diverse. Here there are so many nationalities," he said. The radio station gets numerous requests by phone as well as e-mail. People don't relate the music to the kind of people who use computers.

"We need to escape the stereotypes associated with this music. It's not just the nerdy kids that use computers. It's the ordinary kids that want to hear this music." It needs to be understood that middle-class people are interested in the urban scene, said Parhar.

He added that it is fear that has slowed hip hop music's progression to the mainstream public.

Parhar himself encountered this when his popular show was moved from Saturday afternoons to the midnight time slot on Mondays and Tuesdays.

Even though his station manager tried to explain that the show had high ratings, the owner didn't yield. Although he was upset at first about the drastic change in



DJ 'Mastermind' Parhar takes some risks and spins his discs.

time slot, Parhar now enjoys the freedom that he has.

"I have to edit less. I can play more hardcore stuff." In fact it was this new-found freedom that got Parhar into trouble. He tells of an MPP who wrote a letter to the Canadian Radio-television and Telecommunications Commission because he heard a swear word in one of the songs played on the show.

"The people that listen to my show stay up late purposely. It was just a fluke that he happened

to catch my show. Anyway, kids today hear and see much worse stuff."

He said he feels white Canada is still afraid of the urban scene, just as the Americans were.

"When people get scared they try to push it away."

Parhar thinks Toronto is ready for its own urban dance station, and possibly a music channel.

"The music will take off if it can support itself. Everyone should have access."

## Trekking through the Science Centre

by Paul Richardson

Entertainment Reporter

Beam into the Ontario Science Centre for an energizing *Star Trek* experience.

The exhibit *Star Trek: Federation Science* opened at the Science Centre on September 28.

"There had been a lot of requests for something *Star Trek* related," said Laura Brillinger, media representative for the exhibit. "So they [the Science Centre] followed through on that."

At each display, the exhibit incorporates mock-ups of the *Enterprise* bridge, Engineering, and Sick Bay. Visitors can not only learn about science in general but

the science associated with each part of the *Star Trek* universe.

While on the bridge, visitors can learn about orbits and asteroids. They can train a voice recog-

**"Klingons are fun. They're everybody's favorite villains or good guys..."**  
- Marc Okrand

nition system to recognize their voice. Visitors can also call up the file of their favorite *Star Trek* character, and watch a video on the future hosted by actor Patrick

Stewart.

At Engineering, you learn about the scientific principles behind the systems that are important to the present and future of living in space. Visitors can feel what it's like to walk on a planet with the same mass and gravity as the moon.

Guests to Sick Bay can learn about viruses by manipulating a basic biological system to destroy the intruder. There are also videos describing modern medicine and comparing it to its *Star Trek* counterpart.

*Star Trek: Federation Science* also includes a Transporter Room mock-up where visitors can watch themselves be "beamed out", or a display where they can merge your features with those of a Klingon warrior.

"I think it's a wonderful exhibit," said Trekker Derwin Mak, of Toronto. "I'm really impressed with the authenticity of a lot of the costumes and displays. And in true Ontario Science Centre tradition they have hands-on displays for the physics and the science."

In town as part of the opening weekend festivities was *Star Trek* linguist Marc Okrand, the creator of the Vulcan and Klingon languages.

Okrand talked about the Klingon language and culture.

"Klingons are fun," said Okrand. "They're everybody's favorite villains or good guy depending on what the status of the treaty [between the Federation and the Klingon Empire] is."

The exhibit *Star Trek: Federation Science* runs at The Ontario Science Centre until Jan. 5, 1997.



Marc Okrand hangs out with a Klingon and a Cardassian.



Sections of the *Star Ship Enterprise* are on display at the Science Centre to help make learning science more fun.

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—That Thing You Do! Review

# That movie Hanks did

By Bernice Barth

Entertainment Reporter

If you're looking for sheer feel-good entertainment, loaded with rose-tinted visions of sentimentality, *That Thing You Do!* will deliver. And then some.

Last year, everyone wondered how Tom Hanks would try to top winning back-to-back Best Actor Oscars. This year, Hanks returned with *That Thing You Do!* Not only does Hanks make his directorial debut with the film, but he also wrote, starred in and composed some of the musical scores for the movie. It's the kind of make-believe, feel-good movie that Hanks is known for acting in (*Bonfire of the Vanities* and *Philadelphia* being the exceptions-maybe).

Everything is pristine in the film. The streets of Erie, Pennsylvania, where the film begins, don't have a speck of litter on them. All the cars in the film, even those in the background, are in mint condition. Even the "bad guys" are clean-cut and are allowed happy endings. A brief, pathetic attempt to show the nasty, seedy side of rock and roll in the '60s is made when the band meets Playtone Records owner Sol Siler, but the point falls short of making any kind of serious

impression on the audience. Ignoring these typical failings of a Tom Hanks movie, there can only be praise left for *That Thing You Do!*

The movie is a parody of the 60s, borrowing scenes and much of the story line from The Beatles and their movies, with a difference. As the name suggests, The Wonders are only a one-hit wonder. The story centres around Guy Patterson (Tom Everett Scott) who helps out with the family appliance business by day and plays jazz in the basement of the store after hours. He joins a local group, later to be named The Wonders, when their drummer breaks his arm.

The group of unknowns who head the cast of this movie shine. Tom Everett Scott (Guy Patterson), Steve Zahn (Lenny) and Liv Tyler (Faye Dolan) especially work the screen like pros. The unknowns are so good that they carry the movie for over 45 minutes before Hanks even makes an appearance.

The pace of *That Thing You Do!* is snappy, an adjective Hanks's character constantly uses throughout the film. The soundtrack is good, filled with original musical scores. They just manage not to overplay the band's hit "That

Thing You Do!" The reconstruction of the '60s is fabulous (even if it's too clean). The integration of real film footage lends the film an authentic quality the content lacks. Look for cameos by Rita Wilson, Chris Isaak and Kevin Pollak.

Although Tom Hanks's *That Thing You Do!* has faults, it also has much to offer in the way of new faces, comedy, a good soundtrack and what the heck—you can't help but smile at the end of it.



(L-R) Tom Hanks, Johnathon Schaech, Liv Tyler, Ehan Embry, Tom Everett Scott, and Steve Zahn star in Twentieth Century Fox film.

## Prescribing the Knockout Pill

by Monica Dogra

Entertainment Reporter

Toronto's Knockout Pill opened their big present in front of a capacity crowd at The Horseshoe Oct. 2.

Their debut CD, *can i open the*

*big present first?* is "so diverse it is hard to define the songs as one particular sound," said singer-guitarist Shannon Fitzgerald.

However, guitarist Debbie Lillico said the music was "Pop in

a good way, pop with an edge."

Drummer Kirk Hudson, a Humber College film and television grad, and bassist Mark Gabriel joined the band after responding to an ad in *Now*.

Fitzgerald writes most of the songs, but everyone creates his or her own parts. "We jam on it and we start creating ideas. It's a four-way creative band," said Fitzgerald.

The most aggressive songs on the CD include "Tinker Boy", "Curse and vorus" and "Galaxy craze". More ethereal tracks include "Janet twists the road" and "Navy, Brown and Bottle Green".

The song "S.E. Hinton" inspired by Led Zepelin's "Stairway to Heaven" is our heaviest and rock-sounding song. But despite all the heavy guitar and thumping rhythm section, there still are melodic and sweet vocals on top," said Fitzgerald.

The band has a Cranberries sound to them, but they still maintain a distinctive style.

"We just write songs and they are open to interpretation. It's left open to the listener, you get what you want," said Hudson.

Fitzgerald believes you can't worry about what other people think. "You just have to write what you know about and hope people will take something positive from it."

### Reviews

#### Crash Alliance

Sex, sex, and more sex probably would have been a more appropriate title for David Cronenberg's controversial film, *Crash*.

This movie, which was shot entirely in Toronto with the city's major highways as a backdrop, is about people getting sexually aroused by car crashes.

The movie is a collision course of fun.

It's wild, original, daring, exotic and disturbing.

It stars James Spader, who plays a man drawn into a bizarre underworld when a near-fatal crash leads him and his wife, played by Deborah Unger, to explore the connections between danger, sex, and death. Rosanna Arquette and Holly Hunter portray accident survivors, who also get drawn into the group.

It remains to be seen whether the sex-packed flick will drive people in or out of the theatre.

This is one crash test you're going to have to take for yourself.

-Rita Salerno

#### Philip Sayce Group Self-Titled MCA

Philip Sayce is a name we're going to get to know really fast. This 21-year-old bluesman from Wales, inspired by the likes of Eric Clapton and Stevie Ray Vaughan, uses a combination of alternative, blues, fusion, and traditional music in his premiere CD entitled *Philip Sayce Group*.

"You Can Run But You Can't Hide" showcases distorted guitar riffs, which would have helped the track "Already Gone." Here he features more of a funk-fusion style with a three-member horn section and a real technical style of rhythm guitar. One will find similarities to the smooth sounds of B.B. King in his rendition of Bessie Smith's "Backwater Blues". The grunge blues sound of Toronto's Big Sugar is evident in the ten-minute live version of "Wrong Time Wrong Place" where Sayce's real strength appears to be.

-Corey Schacter

#### Sloan - Concert Hall Oct. 3

Halifax popsters Sloan invaded the Concert Hall last Thursday, for a second sold-out show in as many nights. Sloan are back with a new musical outlook after "next Nirvana" hype caused them to go on a self-imposed hiatus. The band showcased tunes from their new album *One Chord To Another*, and played relatively old favorites for the 2,000 in attendance. The crowd was stomping to Beatlesque favorites "Good In Everyone" and "Everything You've Done Wrong", and high energy versions of "People of the Sky" and "Coax Me".

-John Williams



courtesy photo

Knockout Pill (L-R: Kirk, Shannon, Mark, Debbie) will be doing a free concert at the Horseshoe on Oct. 15.



# Et Cetera Sports

Soccer Volleyball Basketball



## Men's soccer:

Hawks 5 Redeemer 0  
Hawks 1 Mohawk 0

Hawks defeated George Brown 3-1 on Tuesday to clinch playoff berth.

## Women's soccer:

Hawks 0 Mohawk 2

Hawks played to a scoreless tie against George Brown Tuesday night.

The men's golf team travelled to Windsor last week and captured the team and individual gold medals after an 11 year hiatus.



The women's soccer team host the Redeemer Royals Thursday, Oct. 10 at 4:30 p.m. in Humber's valley field.

The men's soccer team is travelling to Redeemer College Tuesday, Oct. 15 to face the Royals in a 3:30 p.m. start.

## Hawks clinch playoff berth

Victory vaults Hawks into first place tie in Central West division

by Jeff Richardson  
Sports Reporter

The men's varsity soccer team dumped the George Brown Huskies 3-1 on Tuesday night, moving into first place in the Central West division and guaranteeing the Hawks a spot in the playoffs.

The win comes just 12 days after the Huskies upset Humber in the season opener.

"We were playing a different system the first game and for the last three games we've gone to a different system getting more players involved," said Assistant Coach Vito Colangelo.

The Hawks dominated the first half of play scoring two goals and shutting down the Huskies' attack. However, the Huskies answered back at around the 15th minute of the second half to cut the Hawk lead to just one goal.

The Huskies had several opportunities to tie the game in the second half, but OCAA and CCAA all-star goalie, Adam Morandini stepped up and made several key saves to preserve the victory for the Hawks.

"It was 2-1 [and there was a] big scramble in front of the net



A Hawk pursues the ball as two Mohawk players attempt to gain possession during last Friday's game. The Hawks beat the Mountaineers in a 1-0 decision. Humber and Mohawk share first place in their division.

and he [Morandini] made about three really great saves. [The Huskies] could have tied it up, but we survived that and we made it 3-1 and that was the game," said Colangelo.

The Hawks spent most of the second half in their own end of the field. With only five minutes to go in the half they managed to score an insurance goal, putting the game out of reach for the Huskies.

"Everybody fell asleep," said Morandini. "The second half was probably the worst half that we've played in about two years."

The season series between the Hawks and the Huskies is tied at a game each. Both teams took

advantage of an early two goal spread to knock the other team off balance in their respective wins.

"A team goes down two nothing within the first 15 minutes, and then you [have to] battle to get back," said the Huskies head coach Rick Morandini, father of the Hawks' goalkeeper.

"We made some adjustments and they worked. We got rewarded by scoring a goal and then at 2-1 we pressured and were very unlucky not to score. By us opening up to go after the goal we got caught," said Coach Morandini.

Goals for the Hawks were scored by Walter Martins, Rob Marcucci, and Eric Ranaldo, while

Jorge Rodrigues answered for the Huskies.

The Hawks are now on a three game winning streak which started with their 5-0 win over Redeemer last Wednesday. They also beat the Mohawk Mountaineers 1-0 last Friday.

Steve Spizzirri had a goal in both games and Adam Morandini recorded both shutouts for the Hawks.

The Hawks have now improved their league record to three and one with two more regular season games remaining.

The Hawks' next game is against the Redeemer Royals Tuesday, Oct. 15 at 4 p.m. in Ancaster.

## Playoffs are in sight

by Jeff Richardson  
Sports Reporter

The women's soccer team played to a scoreless tie against the George Brown Huskies on Tuesday night and improved their chances of making the playoffs.

This game was a rematch from the season opener when the Hawks beat the Huskies 2-0 with both goals coming from striker Nancy Woegerer, the OCAA scoring leader.

The Hawks had many chances to score early in the first half, but strikers Dyane Layne and Woegerer had to contend with being double-teamed for most of the game. This held the Hawks attack at bay.

"I think they were more concerned with Dyane Layne today," said co-coach Vince Pileggi. "I think they realized that she was very fast and that they had to put



Humber player battles a George Brown Huskie for position in Tuesday night's game. The teams played to a scoreless tie, placing Humber in second place in the Central West division.

two girls on her and that kind of gave Nancy the room she needed but unfortunately she couldn't get one in today."

"They knew that we had the speed so they put two (defenders) on each of us," said Layne.

The Hawks have now played

each team in their division at least once and have a record of one win, two ties and a loss.

"We have a wonderful team for a first year team," said Lisa Hogin of the Hawks. "I think we're going to go to the playoffs and do really well because we're improving a great deal."

The Hawks are now in second place in the Central West division and will play George Brown or Redeemer in the first round of the playoffs.

The first place Mohawk Mountaineers are the only team to beat the Hawks winning 2-0 last Thursday.

The Hawks play the final two games of the regular season at home against the Redeemer Royals today and Mohawk next Thursday with both games starting at 4:30p.m.



# Raptors roar into season

by Joe Mercer  
Sports Reporter

The Toronto Raptors may not yet be ready to claim the World Championship but General Manager Isiah Thomas has made the appropriate steps to bring it to Toronto in the future.

Training camp opened up in Barrie on Monday at the new Molson Centre.

First-round draft pick Marcus

Camby is probably the best big player the Raptors managed to pick up in the off season. But many critics feel Camby, last season's NCAA player of the year, lacks the size to play in the NBA. However, only three practices into training camp he has already begun to click with his teammates, most importantly Damon Stoudamire.

A notable big man on this year's squad is Popeye Jones. The 6'8" foward is a rebounding phenom, something the Raptors desperately needed last season.

"I'll bring the team experience as well as rebounding," Jones said. "I can help young players who have to play against players I have faced before."

The Raptors have added some three-point bombers to the new team as well. Hubert Davis, a former New York Knick, has a

career .449 three-point percentage, to the .395 percentage of team captain Stoudamire.

"I think that we'll have great chemistry," Davis said on the possibility of starting next to teammate Stoudamire. "We have roles to accept and as long as we accept those roles, we'll have a good team."

Another long range shooter who has made his new home in Toronto is four year veteran for-

ward Walt "the Wizard" Williams. Though Williams is only a .346 career three-point percentage, his ability to score from both beyond the three-point line and inside the

paint makes Williams one of the most important additions.

Although the team's nucleus is still intact - with only Tracy Murray and Oliver Miller opting for free agency - the starting line-up is open to all 17 players in camp.

"We gave up 105 points a game," new Head Ccoach Darrell

Walker said. "Players who want to play defense will play for me. If they don't want to play defense, they can play else-

where." The team's first cut came earlier this week, sending second year player Duane Cooper packing, leaving 17 players fighting for one of the team's 12 spots.

Harold Miner is one of the players on the bubble.

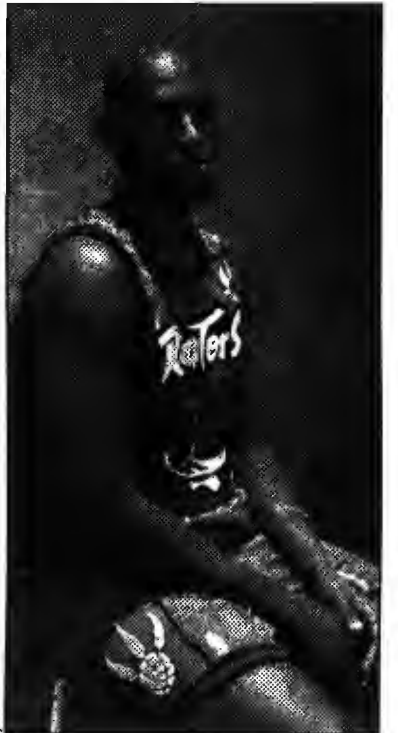
"I'm going to make the best of it and do what I do best, and that's

**"Players who want to play defense will play for me. If they don't want to play defense, they can play elsewhere."**

-Darrell Walker, new head coach of the Toronto Raptors

**"I'm going to make the best of it and do what I do best, and that's score."**

-Harold Miner, ex-Cleveland Cavalier and Toronto Raptor hopeful

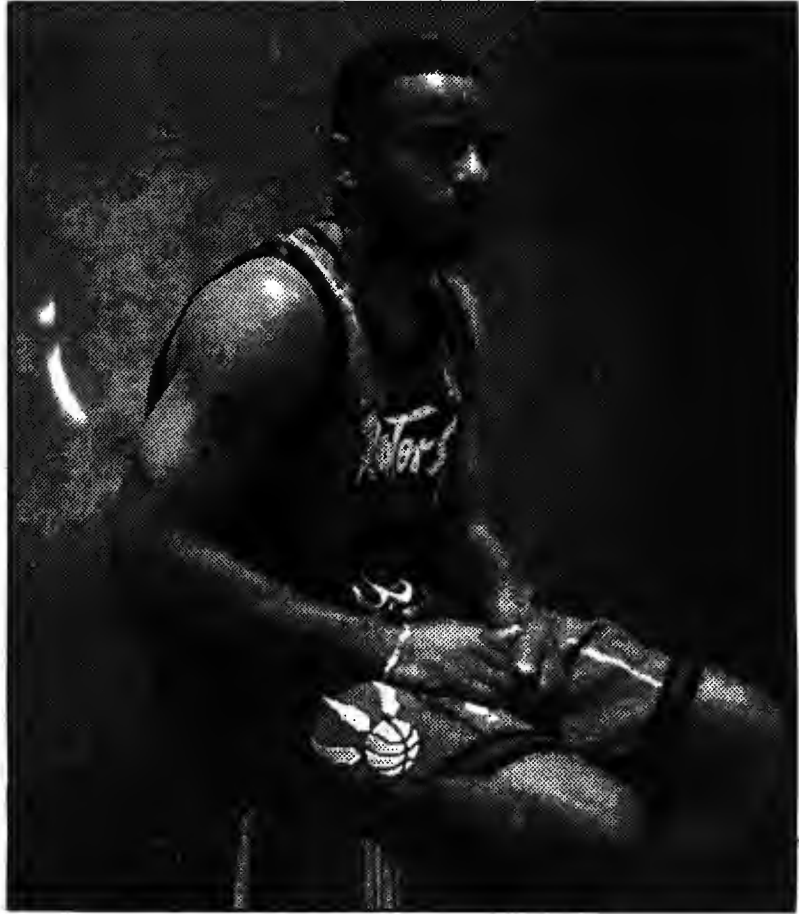


Popeye Jones was acquired this season for the Raptors' second round draft pick Jimmy King.

score," said Miner. Miner, who is most noted for his 1993 slam dunk championship, said he's just going to take everything in stride.

"I'll just pretty much let the pieces fall where they may and do what I have to do to help the team win."

Other players who are at camp include: Corey Gaines, a 6'4" guard; Mark Hughes, a 6'8" forward; Michael McDonald, a 6'10" forward-centre; Mike Smerk, a Port Robinson, Ontario native and seven-foot centre and point guard B.J. Tyler.



Damon Stoudamire was named the National Basketball Association's rookie of the year last year. Stoudamire has been made the Raptors' captain for the '96-97 season.

## Student activity fees help athletic budget

by Marcel Watier  
Sports Reporter

At Humber, students pay to play.

Athletic Director Doug Fox said the budget for the athletic department is paid for by every Humber student's activity fees. Each student pays \$21.63 of their activity fee to the school's Athletic Department whether or not they participate in the school's sports programs. This money is used to run the varsity teams and for the fitness centre and intramural sports.

The department's annual budget is about \$468,000, with \$128,000 used for both campuses to run the recreation and intramural programs and \$170,000 used for the operation of the varsity teams.

Included in this varsity budget are travel accomodations, uniforms and provincial championships.

"I build the provincial championships into the budget and the Council of Student Affairs now

has a fund in the reserve," said Fox. "They will pay for up to two national championships a year."

Another \$10,000 is used by the Student's Athletic Association to promote school sporting events. The association meets with Fox annually to discuss the allocation of funds for the teams.

"The intent is to have them receive the same amount," said Fox. "Although soccer is cheaper because it is not a year long sport."

Fox said that in order to get the money for the new women's soccer program, changes to the divisions needed to be made.

"Our league structure used to be based on the best playing the best. If you were the best you played no matter where you were placed," said Fox. "We went regional as a league this year. Now we're playing Centennial and Sheridan."

Another area of savings came from the coaches for the men's soccer team. They said that they would not get new team uniforms

this year, instead they would continue to use the three-year old black and white ones.

"Their uniforms are quite outdated, but they were willing to go for another year without anything," said Fox. "That helped me buy uniforms for the women's team."

Fox said the reason the school brought the program back was because, "In every case that I have a men's program I try to have a women's program as well. I had an indoor [soccer] program a few years ago and there just wasn't enough of a commitment from the girls so I dropped it."

There are no immediate plans to bring back the other programs that have been cut. Badminton and skiing were both cancelled last year.

"If I can get these other leagues [basketball and volleyball] to be cheaper, then that frees up money for more sports. The ones that I'd get back into are the ones we were in before," said Fox.

### *From the Horse's Mouth*

"It's more than a black cloud, it's an entire ecosystem."

- New York Jets' place kicker Nick Lowry on the Jets' 0-6 start.

"We need to look ourselves in the mirror because some of us need to go see the wizard. We don't have a lot of heart."

- Chicago Bears linebacker Bryan Cox after the Bears 37-6 loss to Green Bay on Sunday.

"I'm not going to question the coaches. I have babies to feed."

- Chicago linebacker Joe Cain, when asked if Bears' should have gambled on fourth down Sunday.



# Sanchez equals soccer success

by Kris Harvey

Sports Reporter

The success of the men's soccer team here at Humber is undeniable. Many would say this success stems from the great coaching of Germaine Sanchez.

But Sanchez is much more than just the men's varsity soccer coach. He is also an educator, a father, and a friend.

Sanchez received the national coach of the year award last year after leading the Hawks to a Canadian gold medal.

"It was beautiful," said Sanchez. "It was the end of a long process of three years of working toward this goal."

Sanchez seemed the natural choice for Humber when they were looking for a coach six years ago.

"At the time we were looking for a coach who would be player oriented, and take the time to get to know the players," said Athletic Director Doug Fox.

Fox said the men's basketball

coach recommended Sanchez who was working at York Memorial Collegiate at the time.

"We want to keep the national level, keep the program at its best, and keep the reputation of having one of the top program's in the country," said Sanchez.

Sanchez has played soccer competitively as well in Chile and at Laurentian. Sanchez said he used to be a skillful player but a knee injury at the age of 21 prevented him from playing anymore after that. This is his sixth year at Humber College, and his fourth season of coaching the men's varsity soccer team.

Sanchez has a physical education degree from Laurentian University and teaches special education at York Memorial.

"I have had chances to go full time into professional soccer, but it's not realistic for me," said Sanchez. "I'm a professional teacher."

At home, Sanchez enjoys spending his time with his two children.

"My youngest is quite a good soccer player, my other is into my second love of music," he said.

Over the years, Sanchez said



Sanchez has his sights set on another national title this season with a very new Hawks soccer team.

he's developed an excellent group of friends on the soccer team. He said he feels quite comfortable and privileged to be at Humber.

"I've taught at other schools, but I've never felt the support and organization that I have at Humber."

Steve Spizzirri, captain of this year's Hawks, describes Sanchez as a very good and understanding coach who knows when to put his foot down.

"He's respected, blunt, and open-minded," said Spizzirri.

Co-captain Luigi Dellarovere also had positive words about Sanchez.

"He is a good coach, easy to get along with, easy to talk to, fair and funny," said Dellarovere.

When asked what Sanchez thought his best qualities as a coach were he said, "I'm a very disciplined person, I'm very strong in getting the best out of each player and positioning them in the best positions to help the team."

"It was not a personal or individual award," said Sanchez about being named national coach of the year. "It was a reflection of the team, and our hard work over the years. It is also from [Assistant Coach Vito Colangelo] hard work."

Coach Sanchez has taken his team to the nationals, so what now? Sanchez said this year's team is a younger team and they need a lot of fitness and training, but they have been responding well. Assistant Coach Colangelo wants to go back to the nationals even though they have lost a lot of players.

"The team doesn't think they are as strong as last year but Germaine and I do," said

**"The team doesn't think they are as strong as last year but Germaine and I do."**

**-Vito Colangelo, assistant coach for men's soccer**



Coach Sanchez looks on as his Hawks battle it out in Humber's valley field. Sanchez has coached the Hawks for six years now and led them to two consecutive provincial titles.

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# The Final Say

Hot off the Wire

Issues Stats Quips

## WIN TICKETS Butthole Surfers



The first person to tell Matt Blackett (Art Director) on Tuesday morning the name of the new Butthole Surfers CD will win tickets to the B-holes concert that night.

## Humber's Index

Longest jail sentence:  
384,912 years

Longest underwater swim  
by one person: 78.92 km

Longest paragliding trip:  
229.7 km

Fastest Rapper: 528 syllables in 60 sec (Daddy Freddy)

Oldest Soldier: 113 yrs, 1 day (John B. Salling, U.S.)

Highest funeral attendance: 15 million people (C.N. Annadurai, Madras Chief Minister)



Not Big Bill

Jack Nicholson's worth based on percentage of Batman box-office receipts: \$60 million

Heaviest woman: 827lbs

The heaviest pig ever: 2,552lbs. (Big Bill)

Fastest speed a water skier has travelled: 230.26 km/h

Source: 1993 Guinness Book of World Records

Largest release of pigeons: 215,000

-compiled by Luke Hendry

## Hot off the wire

### Fans threaten to strip players

BUCHAREST (Reuter) - A Romanian junior team, trailing 16-0, fled from the field two minutes before the end of their game after fans threatened to strip them naked if they gave up two more goals.

### Youth jailed for throwing shoe at judge

JAKARTA, Indonesia (AP) - A university student has been sentenced to five months in jail for throwing a shoe at a judge in court, a newspaper reported.

Ignatius Pujianto threw his shoe at the judge after the judge sentenced a former legislator accused of insulting President Suhartot.



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# Do you have the "write" stuff?

School for Writers  
Correspondence Program links  
promising authors and world-  
renowned novelists

by John Wright  
News Reporter

A publishable manuscript in 30 weeks is the goal of students involved in Humber's School for Writers Correspondence Program.

The School for Writers continues to be directly involved with publishing company Doubleday Canada, and it has also established its own literary agency.

This gives students a better shot at getting their writing

published.

The relationship between Doubleday and Humber is unique. Manuscripts are sent directly to the office of the Editor-in-Chief at Doubleday, said Joe Kertes, who started the program five years ago.

"The odds of Doubleday selecting all pieces of work submitted to them for publishing just isn't realistic," said Kertes. "We've developed this aspect of the program so that if Doubleday isn't interested in a project that we feel shows promise, students now have the option of being represented by Humber."

Students sign a standard author-agent agreement. Any commission made from a project is put towards a scholarship fund for the program.

The correspondence program, which has drawn acclaim for its unique approach to putting unpublished writers in contact with well-respected and recognized authors, continues to attract many talented student writers.

"If the student is serious and intent, we'll develop their abilities," said Kertes. "Part of our program is to help people along with their writing. It's an exploration of each individual's talents."

Dolly Reisman, a student writer who's been through the correspondence program twice, said the program provided her with the opportunity and tools she needed to write her novel.

"It was great to have a mentor to correspond with and help guide me through the process of writing a novel," said Reisman. "It was helpful to have someone with experience there to say, 'This is great, keep going.'"

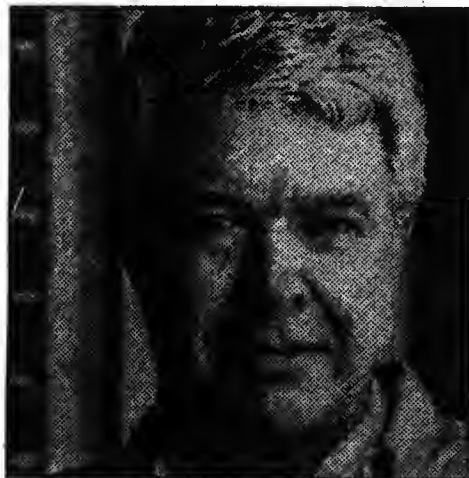
Timothy Findley, Carol Shields and many other renowned authors have taken part in the program.

"I contacted Stephen King to see if he'd be interested," said Kertes. "But he said he was too busy this year. Maybe next year I'll be able to get him involved with some of the students from Humber."

"I found the program to be very professional and exciting," Reisman said. "I don't know of any other program that has such a well-rounded group of authors involved, that are so helpful and knowledgeable."



Best-selling Canadian authors Carol Shields and Timothy Findley are among those who have lent their talents to the Humber School for Writers in past years. Shields is a Pulitzer Prize winner for her novel *The Stone Diaries*. Findley won the Governor General's Award for his novel *The Wars*.



Elizabeth Fern

Kertes said the authors play a large part in helping the student produce a novel, volume of poetry or short story collection.

"It's very rare that a student's manuscript is ready to go," said Kertes. "They usually need more than punctuation correction. That's where the authors come in and help polish the project. They help with things like character development and the flow of the story."

At the end of the 30-week program, projects that the selected authors feel show promise are forwarded to Doubleday or Humber's literary agency.

The program costs \$979.20, and interested writers must enrol by Nov. 15, 1996. A sample of writing, along with a project proposal for the 30-week period should be submitted at the time of enrolment.

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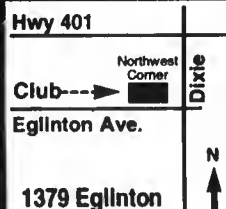
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