



HUMBER ET CETERA

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**SPECIAL
FOUR-PAGE
EDITION
INSIDE**



Squee you later

courtesy



College survey results PAGE 2



Student savings PAGE 9



Beer guy PAGE 25



"At this special place ... let us together listen to the final prayer of those whose sacrifice we are honouring today." – Prime Minister Stephen Harper at Vimy Ridge

Artful glass of success

Stephanie Zolis
NEWS REPORTER

Industrial design student Andrew Jepson is creating a limited edition set of martini glasses based on the third place model he entered in the Bombay Sapphire designer glass competition.

"Bombay Sapphire keeps the glass as part of their design collection," Jepson said. "However, I've had a number of requests from people wanting a set of my martini glasses for themselves."

The glass, Stacked, took third place out of 175 entries in the gin brand's sixth annual martini glass concept competition in Canada. The event took place March 21 at Toronto's Gardiner Museum.

The 22-year-old native of Richmond Hill is in his third-year of industrial design at Humber and has also taken classes at Sheridan College.

"The course that helped me the most was a glassblowing course I took at Sheridan. Working with molten glass was a very inspiring experience."

When creating his glasses, Jepson said there were a number of elements he kept in mind.

"There are so many different sources of inspiration for me that it's difficult to pinpoint just one. But, one idea that gave me a lot of inspiration was the idea of taking layers of glass and fusing them together to create a design."

Jepson said he entered the contest for the challenge and exposure.

"It was a great honour to be in the top three," he said. "Having my design chosen by a number of famous designers meant a lot to me."

One of the judges was Jeff Sansone, resident mixologist at Canoe Restaurant in Toronto.

"I thought it was a very sexy

glass. I thought the use of light was incredibly innovative. I would love to have a drink out of that glass – it's very Manhattan. If they ever make them for sale I would love to have one."

Sansone said the winner was

chosen based on the inside structure of the glass which allows the drink to be stirred after poured.

Industrial design program coordinator Glenn Moffatt said his students were encouraged to participate in the competition.

"It was extra-curricular. Bombay Sapphire came into school and made a presentation during class, but it wasn't graded or anything."

The winner, Ron Bauer of Thornhill, will participate in the global finals in Milan next week.



courtesy from optimum

Andrew Jepson's third-place martini glass concept caused quite the stir at the competition.

Students tight in space crunch

Jeff Lewis
NEWS REPORTER

Incoming president John Davies is counting on the new B building to improve a 65.9 per cent rating of student satisfaction for Humber's facilities and resources, as detailed in the Key Performance Indicators (KPI) released Tuesday.

"The new building will make a huge difference," he said. "Because we've pretty well come to the conclusion that North Campus is maxed out in terms of the number of students that we can put onto this campus."

Currently, Humber operates at about 68 square feet per student, while the average Ontario college functions at 120 square feet per student.

"The question is keeping the

financial resources available to keep the facilities moving along because it's very crowded here," Davies said.

Davies estimates B building will house 1,000 students upon completion, which will satisfy the current need for classrooms.

The KPI results, based on student assessments of campus resources, facilities and services, had a 70 per cent student response rate.

"Humber performed within the range as it has year over year," said Carlo Mandarino, a research associate for the planning and development office. "(We had) fairly strong results, particularly in comparison to the larger metropolitan colleges."

The graduate employment rate topped out at 90 per cent, with the graduate satisfaction rate coming

in at 82 per cent – both a hair's breadth above provincial averages.

At 85 per cent, the majority of students said their respective programs are providing them with useful knowledge and skills, while about 80 per cent were satisfied with the quality of learning.

"On the whole, we lead and that's good news," Davies said. "The only one that we don't lead in really is the graduation rates."

Based on last year's graduates, Humber's graduation rate is 62 per cent – one per cent below the provincial average.

Davies said a college like Sheridan – with a graduation rate of 69 per cent – flies higher than the average because many of its programs are short-term.

"The differences there are really not in my view a straight forward

comparison," he said. "What I look at is where we are compared to prior years – that it's continuing to increase and I'm pretty pleased about that."

Davies pointed to larger colleges like Seneca and George Brown as a more accurate basis for comparison.

George Brown's graduation rate was 70 per cent, while Seneca's was 53 per cent.

"You notice a very large increase in George Brown, which I don't understand at all," Davies said. "I think that must be a data issue."

Beginning next year, students can expect a slew of renovations – including the development of more learning spaces – as Davies assumes Humber's top job.

See Editorial on p 10

the
Skinny

● University of Western Ontario's campus paper, *The Gazette*, is under scrutiny after running a satire photo illustration of a student feminist's vagina giggling as police teach a lesson with a night stick. The photo drew fire from London Police, and staff and students for trivializing sexual assault.

– cbc.ca

● Queen's Park is trying to find a solution to a poop and scoop problem. A recent test showed 25 per cent of waste in park garbage cans are dog droppings, about 2,500 tonnes a year, and the city doesn't have room to dispose of it. City councillors couldn't come to a consensus, but one suggested to carry the poop home with you.

– cbc.ca



● Liberal MP Belinda Stronach said she is stepping down from politics to return to Magna International. Stronach will continue to represent her riding in Newmarket and Aurora, until a federal election is called.

– cbc.ca

Corrections

On page 12 and 13 in the April 5 issue, the photos should be credited to Crissandra Ayroso and Dennis Chung.

On page 20, the top story should be credited to Alex Green.

On page 20 the photo was not Hilario Duran.

We apologize for the mistakes.



"I understand there's no room for it, but it isn't logical for people to carry it home." – Pam McConnell, Ward 28 Councillor on the idea of carrying dog poop

ECE petitions for more funds

Ryan Vella
NEWS REPORTER

Students in Early Childhood Education (ECE) program are circulating a petition calling on Premier Dalton McGuinty to add more funding for early learning and childcare programs.

The final-year students said the Liberals broke a campaign promise to allocate \$300 million for early childhood education while last month's provincial budget contained only \$25 million for such programs.

The group sent messages of protest to the premier and plan to personally deliver a similar letter to the office of Finance Minister Greg Sorbara, said ECE student Daniella De Simone.

The petition came from a discussion in Laura Oyama's administrative procedures course, when the students decided to change their strategy from advocacy to activism.

"Wouldn't it be a great idea of we created a petition and got signatures that we could send to Dalton

McGuinty?" Oyama, a professor for the ECE program, told the class. "My hope is, as I say to my class, is that 'you will make a difference. Stand up and do something about it.'"

On Monday of last week, the students drew up the petition and began collecting signatures at North Campus. As of last Tuesday, they had collected 215 signatures and will continue for the remainder of the week.

Oyama said the issue is important to the students in her class because their future and everyone's future, is tied to the viability of early childhood education.

"One of the biggest problems is trying to convince people who have no children why they should care," she said. "But, if you really care about the world you live in today, and who the citizen is of tomorrow, you'll pay attention to the types of environments and experiences that these children have."

Noting that the "average childcare centre's operating budget alone is about \$1.5 million per year," Oyama said the \$25 million

budget announcement doesn't come close to the amount needed. "It's really a drop in the bucket," she said.

Her students said they will

remember McGuinty's broken promise when they vote in the next election, expected this fall.

"We are the next voting generation, so if he wants us to elect him

again, then he obviously has to keep his promises," said first-year ECE student Amanda Severino. "Or else we're going to find someone else that will."

"One of the biggest problems is trying to convince people who have no children why they should care"

– Rosita Lee
Humber APICS president



photo by ryan vella

ECE instructor Laura Oyama (from left) gather signatures with final-year students Amanda Comeau, Aida Hasanovic and Daniela De Simone to support increase child care funding.

Gang bust cuts into Jamestown crime

Patrick Soltysiak
NEWS REPORTER

North Campus's neighbourhood community is feeling the positive effects of Project XXX, a crack-down on Jamestown's gangs that ended last May.

"The project was very successful even almost a year later. The gang activities seem to have decreased substantially," said Supt. Ron Taverner of 23 Division. "The level of violence is much better than it was."

The number of homicides in 23 Division dropped to two last year from 11 in 2005, said Const. Victor Kwong.

Shootings and robberies also took a dive. Shootings dropped by 40 per cent and robberies went down 30 per cent from 2006-2007, Kwong said.

Project XXX was the largest anti-gang sweep in Toronto's history

and targeted the neighbourhood's notorious Jamestown Crew.

It lasted six months and led to over 100 arrests and more than 1,000 charges being filed in one of the city's most dangerous neighbourhoods.

It was executed on the heels of the September 2005 Project Flicker in the Jane and Finch area, which focused on the Ardwick Blood Crew. It involved 300 police officers and concluded with 40 plus arrests.

Twice the number of officers took part in Project XXX, including members of Toronto Police, Ontario Provincial Police, RCMP and forces from York, Durham, Peel, Brantford and Montreal regions.

"They helped us arrest them," Kwong said.

Auto theft and theft over \$5,000 have seen a slight decline so far this year, while sexual and physical

assaults have gone up by 20 and 15 per cent respectively, while break-and-enter crimes are at the same level.

"It's still too early in the year to establish some type of accurate trend," Kwong said, referring to several of the statistics.

Director of Public Safety Gary Jaynes said significant crimes have also declined at the college, but exact numbers are not available.

"Their (the police) actions have rippled into the (college) community,"

Some of the fallout from Project XXX includes the eviction of 13 families of alleged gang members by the Toronto Community Housing Corporation (TCHC).

Eight of the families have appealed the ruling and the case was brought before the Ontario Landlord and Tenant Board on March 12, however a judgment has

not been made yet, said Frank Clarke of the TCHC.

"Our council has informed us that there certainly won't be a decision, he anticipates for about a month. It's going to be about mid-point next month before we have an idea whether the tribunal will issue a ruling or if they're going to have another hearing with both parties so, at the moment we're still waiting."

Overall, Kwong said the community responded well to Project XXX.

"We had a lot of people, neighbours call in to say that they were absolutely grateful that Toronto Police went in and arrested what they would call the 'bad apples' that ruined it for the rest of them."

"The thing is, even though we have all those reports of crimes, and that is true, a lot of it is the people are targeted," Kwong said. "It's one gang member targeting

another gang member in a lot of the cases. If you're not part of any gang, if you're not part of any illegal enterprise there are many decent people who live in the area."

"In terms of students, if you have a purpose to be there, definitely. It's part of our city," Kwong added.

Gun-related homicides have seen a drop all throughout Toronto, with 29 in 2006, compared to a record 52 in 2005.

Taverner added even though the project was a success, there is still work to be done.

"We have to continue to do the things that we need to do: community outreach programs, community mobilization and things like that."

There are still crime hot spots in the city, including areas in Scarborough, 31 Division (along Jane) and Eglinton and Oakwood, Kwong said.

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"The gift of an organ is so big, people shouldn't have to be penalized on their day-to-day expenses." — Lorraine Gerard, Kidney Foundation of Canada executive director

Picture perfect hair cut

Erica Timmerman
NEWS REPORTER

Humber Design Foundation student Laura Fumagalli is turning heads after her hair stylist won the Best Hair award at a competition last week.

She and 24 other models sat still for an hour while judges from the Allied Beauty Association scrutinized different angles of their faces to see how the cut suited their profile.

"If you moved your head at all then they would disqualify you for ruining the look," Fumagalli said.

"I'm a fidgety person so I was wondering how I'd manage to sit still for so long, but when I got there I was so confident about the cut that the hour felt more like five minutes."

Hairstylist Alessandra Loconte created the cut and discovered Fumagalli while he was at work a week before the show.

"Her facial features and personality best suited the haircut I had in mind. I just went up to her and asked if she would be interested in modeling for me," Loconte said.

It took three days for Loconte to change Fumagalli's hair into a multitude of blue, red, green and black colours.

On the day of the competition, stylists were given 45 minutes to cut and style their model's hair.

"There were many rules the judges made, like there had to be two or more colours and we had to create an asymmetrical look for the face," Loconte said.

For winning first place in the

Woman's Professional Fashion Cut and Style, Laconte was given a trophy and a \$1,000 dollar cheque.

Fumagalli received a year of free haircuts, colour and style from Ohair Salon in downtown Toronto as well as free MAC makeup and the outfit she wore for the show.

"It's great. I get to go to the salon whenever I want so they can style my hair. I just went today before coming to school," Fumagalli said.

At Humber, classmates were shocked by Fumagalli's dramatic transformation.

"Wow, she totally looks different now," said Mike Hume.

"No one else has something like that here, but she has the confidence to pull it off. Maybe she'll start a trend and you'll see everyone wearing it."



photos from erica timmerman and courtesy
Laura Fumagalli has become a mini-celebrity after modelling the Best Hair award at the AGA show and getting free cuts.

Newhouse new boss of Rez houses

Patrick Soltysiak
NEWS REPORTER

The new manager of Residence, Lynn Newhouse, is facing the challenge of temporarily running both North and Lakeshore Campuses.

"It's (the workload) all increased substantially when you're in a large facility like this, but the general principles are the same in terms of running a great Residence," she said. "You want to have the right staff and make sure you have the right people for the right jobs."

Newhouse, who was the Lakeshore Residence manager for the past three years, has been running the two Residences since the beginning of February.

She said she's unsure if this will be a permanent position, but she's trying to make improvements in the way things are run and working on increasing the efficiency of both the staff and the buildings.

Newhouse recently met with an expert who recommended changes that will reduce water and energy consumption. A new cooling system will be put in place this summer and in the near future the aging boilers will have to be changed.

She would also like to make the application process less "paper-heavy" and more automated.

Those working with her have already noticed a difference.

"Things have been great since she's been added to our staff, more efficient, she's a great manager, she really understands students' needs," said Nadia Rosemond, a Residence Life co-ordinator.

Some of the things Newhouse said she would like to work on include reducing vandalism, having a better recycling program, cleanliness and monitoring building access points.

She plans to install security cameras on more floors and wants to hire additional security and staff in the T building to have two access points.

Some residents, like Andrew Tam, a radio broadcasting student, have said that cleanliness has been an issue in the past.

Newhouse said she wants to have cleaning crews working from 8 a.m. to 8 p.m. as opposed to the current nine-to-five system.

"I think that if we have a good system and a good supervisor, we'll be able to do it," she said.

Newhouse became manager of Residence after Todd Coomber, the former manager of the North Residence left and Derek Maharaj, the associate director of Ancillary Services fell ill and is still on sick leave.

Customized funeral services

Expanding staff and practices to include more ethnic accommodations

Kate Wilson
NEWS REPORTER

Students in the college's funeral services program are learning how the business of death is making more room for ethnic diversity.

While there has long been a need

for culturally specific funeral services, funeral service professor Jeff Caldwell said the shift to cater to minority groups is a recent one.

Funeral homes are making changes to accommodate client requests. For example, Japanese and Tibetan funerals are based on

a lucky day, not on the day a person dies.

"The funeral might be a week or 10 days down the road," Caldwell said, where the body may need to be preserved for a longer period of time.

In another example, Caldwell said Buddhist funerals burn a lot of incense, so funeral homes need to

install proper exhaust systems.

To help with this shift, Caldwell said funeral homes are hiring members of visible minority groups to serve as a go-between for families and the funeral home.

"Funeral directors aren't aware of the best ways

that they need to serve people from other faiths or other cultures," he said. "Over time, they have developed an interest in the business where they actually want to come to get their own license."

Whether students are a visible minority or not, the program is teaching them to value their clients' beliefs and preferences.

"You may not understand what these rituals are or these practices or these requirements are, but you have to respect that they are important to this group," Caldwell said.

First-year funeral services stu-

dent Emerson Jaime, said his parents are from El Salvador. He works part-time at a funeral home serving the Caribbean community.

"There's more singing, more hymns, more involvement with the people in attendance," Jaime said. "The

"There is not just a cookie-cutter way of managing. You have to know exactly what clients want"

— Emerson Jaime
First-year funeral services student

the family all had shovels and everyone helped pour dirt over the casket. Having the family fill the grave with soil is part of a traditional West Indian funeral.

To help students prepare for a changing industry, they watch presentations from funeral homes about how to accommodate wishes and the reasons behind them.

"There is not just a cookie-cutter way of managing (a funeral)," Jaime said. "You have to know exactly what clients want."

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"CN and the union are working together to make sure our service is not interrupted, and that's what we are telling our customers." – Stephanie Sorensen, GO Transit



photo by david hamilton

Construction crews put the finishing touches on the new 23 Division station located across the street from the Albion Centre.

New home for division cops

David Hamilton
NEWS REPORTER

Toronto Police's 23 Division is moving into a new, high-tech building equipped with more cells for women and youth detainees. "We have to separate young offenders from adults, and women from men," said 23 Division Sgt. Richard Blanchard. He said it is hard to do when there are only a handful of cells available. The new station will have 25 holding cells, while the current station has three cells and a bullpen for the overflow of detainees, he said. The new station

will be 56,000 square feet. The old one was 12,000 square feet. "We're basically moving from a small facility to a large one," said Insp. Kimberly Greenwood. "We will ensure that every desk has a work space. "We are now able to house prisoners in temporary facilities," Greenwood said. "We could house women and youth before, but it was not ideal." She said women would be transferred to 55 Division and youth offenders to 33. She said there are about 240 officers in the division and the new facilities will allow them to work more productively and tackle a

wider variety of crimes. "The new facilities will be equipped with great information technology," she said. New equipment include officer workstations, forensics and computer crime technology that will allow them to analyze evidence in-house and not have to depend so much on other divisions for help solving crimes. The increased use of computers will reduce the amount of paper generated and comply with the police's environmental initiatives. The division is moving from Kipling, just north of Rexdale Blvd., to 5230 Finch Ave. W., near Albion Mall and closer to Humber

College. "It's a great facility," said Gary Jaynes, the college's director of public security. "Police in 23 Division are fantastic." He said the new facility will not increase response time to the college because officers already can get around the neighbourhood quickly by car. Over the past year, Toronto Police have reported almost 150 auto thefts, 15 sexual assaults and more than 240 physical assaults in 23 Division, which accounts for more than six per cent of criminal offences in all of Toronto. The new facility opens May 7.

College goes to camp for children

Michelle Singerman
NEWS REPORTER

Disadvantaged children are getting summer relief from Humber. The college and the Humber Students' Federation contribute \$40,000 each year to various services to help run a summer camp for children between the ages of three and 15 from the poor and often violent Jamestown neighbourhood. About 500 people will attend Camps United from July 3 to Aug. 31 at the Elmbank Community Centre, with activities like sporting events in the Humber Arboretum. "It helps to give them a place to go during the summer and keep them busy while parents are at work," said HSF's vice-president of administration, Alan Desimpel. "We sponsor some of the events on campus because it's a local community group and we feel it's important to reach out to our community." The camp was started in 2003 by a community group called It's In Me Education and Training Programs. "We have these creative women and moms who are used to going in the kitchen and just grabbing something and making nothing and that's exactly what they did for the camp and so it wasn't always healthy food," said Tracy Cato, executive director of the program. "And so I went to John (Davies) with that cry." Davies, the vice-president of Humber who will take over as president in July, said the college's biggest role is providing the food and money to keep the camp going. "We will raise the \$40,000," he said. "HSF has contributed, the college has contributed, some of our major suppliers contribute, our food services people do it at minimum cost. So essentially what we do is patch together the funding to make sure that this program is well supported," Davies said. Breakfasts and lunches are prepared each weekday at Humber and delivered to the campers at the community centre. "I think if you went out to talk to the community leaders, they would say without any question that Humber has become a major player in helping building the community capacity in the North-Etobicoke area, which is really what I think we should be doing," Davies said. Humber has provided relief to Camps United since 2004.

Mingling with moguls for work



photo by anupa mistry

The event held by Humber APICS showed students the value of networking with industry representatives and employers.

Anupa Mistry
NEWS REPORTER

Students from the college's supply-chain program met potential employers at a networking and academic development meeting at North Campus. Supply-chain is an industry that co-ordinates everything from planning and controlling good and services to projecting inventory needs. "In a nutshell, (it's) how the potato gets from P.E.I. to the fries in the McDonald's restaurant," said post-graduate supply-chain management student Gurjeet Thandi. Thandi, the vice-president of Humber Association for Operations Management (APICS), said the student group co-ordinated the event for networking. Siddhartha Pandey, director of communications and corporate relations for APICS Toronto and a supply-chain analyst for Frito Lay Canada, spoke to attendees about the rising profile of the supply-

chain industry. "Networking (is) especially important and should be developed as a business skill for future growth," Pandey said. He said it was important for him to attend the event and meet with students in order to scope out potential talent. "These people have tremendous experience," Thandi said. "(They) know this event is for networking and that the post-graduates are graduating at the end of April. This is an opportunity for students to get contacts." Rosita Lee, president of Humber APICS, said it is important for students to realize supply-chain is a growing industry and they have nothing to lose by networking. "The main purpose (of networking) is that it is helpful in the long-run, not just to get jobs in the short-term," she said. Lee said that attendees spoke to her about the valuable contacts they have made with other supply-chain students and professionals from Molson and Air Canada Jazz.

"The main purpose is that it is helpful in the long-run, not just to get jobs in the short-term."

– Rosita Lee
Humber APICS president

One of the six Canadian soldiers killed Sunday in Kandahar had earlier told the CBC his military family supported his dedication to the mission. — www.cbc.ca



photo by kate wilson

Melodie Downey, who works for the YMCA, will be director of the new centre, located at Albion Road and Finch Avenue. It will officially open its doors in June.

Media room to open in Rexdale

College partners up with city, YMCA and Toronto Community Housing to mentor youth

Kate Wilson
NEWS REPORTER

The college is one of the partners in a new media centre to help young people in the city's north-end get ahead.

The new media centre located at Albion Road and Finch Avenue will open this summer and will provide daytime, evening and drop-in programs to help youth get some valuable skills and keep out of trouble.

Other partners include the city

of Toronto, Toronto Community Housing, Microsoft Canada and the YMCA.

YMCA director of the media centre Melodie Downey said the project will serve youth aged 13 to 25 from the Rexdale area, many who have limited access to computers outside of school.

"We want to focus on youth who have been expelled or are graduates who have not found work," she said.

Director of new media at Humber Gary Lima has been

involved with planning the centre.

"When I was that age, living where I lived, it would have been easy to get into trouble, but I'm lucky because I played guitar," he said. "So, I got in a band and we all took that really seriously . . . That distraction of making music with people was a lot better distraction than going around and doing silly things, so we're hoping that is the same principle (with the centre) — to get people excited about new media."

Participants will be introduced

to a variety of new media subjects, including a four-day introductory series of workshops looking at graphic design, video, web design and 3D animation and design.

Humber faculty will be involved in teaching the workshops and has already come up with ideas for the curriculum.

"We've also gathered all kinds of books and DVD resources for them," Lima said. "We're going to stock their library nicely for them."

HSF will also get involved in the project. HSF executive director Ercole Perrone said \$25,000 has been set aside for the project, but that no one has committed anything yet.

Perrone said computers were stuck at the U.S.-Canada border — meaning HSF's role remains unclear — but it is eager to get involved in the project.

"We're excited," Perrone said. "We want our students to get involved."

He said new media students could help deliver some of the programs to youth at the centre.

Humber's vice-president of administration and incumbent president John Davies said the college will match whatever amount HSF commits to the program.

"I see it as a way of getting students involved in philanthropy," he said.

Davies said he wants HSF and other students to get involved at the centre in other ways too.

"If there are young people going to a new media centre and getting some training in new media, doesn't it make sense to have a way of connecting them to the college and connecting them to students at the college — students that care in the college?" he said.

The centre officially opens June 21 with Mayor David Miller.

"Everyone's done a lot of work in this," Lima said. "It's one of the best partnership teams I've ever been on."

A Humber for All

Humber wants to remind you that

- ❖ All members of our community are entitled to participate fully in College life free from any barriers that contribute to a poisoned environment
- ❖ We strive to promote a culture of inclusiveness among our increasingly diverse community
- ❖ Our Human Rights/Complaint Process Policy is readily available in hard copy from the Human Resources Department or online at <http://humanresources.humber.ca/downloads/HumanRights.pdf>
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Four Serb paramilitaries seen gunning down Bosnian Muslims near Srebrenia in 1995 were convicted of war crimes against civilians Tuesday. – www.cbc.ca

Filming 40 years frame by frame

Lauren Denhartog
NEWS REPORTER

The film and television production program at the college will celebrate a monumental feat on May 10 – its 40th anniversary – by hosting an extravagant gala in the film studios at the North Campus.

Frame by Frame, the official name given to the reunion of alumni and staff, is a way to honour the work of past graduates and instructors to create networking opportunities for those working in the industry.

Michael Glassbourg, a film teacher at Humber for 15 years, recently attended a 10-year reunion of film and television graduates. He was surprised by how many graduates had kept in touch over the years.

“It was wonderful,” he said. “It really made me think – gotta get them all together.”

Glassbourg said around 80 per cent of graduates find work in the

business.

“When I think about why people will be coming, and the response has been excellent . . . I think they’re coming because they want to rekindle those relationships,” he said. “I think also people are coming because in their travels in the industry they’ve met people from different years and there’s a kinship there.”

The program has seen many changes since its inception in the 1960s. Originally called the creative photography and cinematography program, it later changed its name to advanced cinematography before its current name, film and television production.

The event will officially establish the film and television alumni association and allow guests to register on the spot.

“I’ve been thinking for years, we don’t have an alumni association, where is everybody?” asked Donna O’Brien-Sokic, co-ordinator for the film and television production

program and an event planner. “I just thought we need to formalize this, we need to find out who our people are and we need to connect to them.”

She said the industry has had a rough couple of years and it’s one that is often based on who you know.

“I think that if you’re out there working and you know people who have come from Humber and what kind of training they’ve had – they’ve had good solid training, you’ll want to hire or work with those people.”

O’Brien-Sokic, who graduated in the early 80s, said the event will feature tours of the facilities, including the new broadcasting centre.

“I was really excited about the opportunity to bring this community of people together and introduce them to each other and formalize the film and television alumni association.”

Post-graduate public relations students have overseen every detail of the reunion from designing and mailing out invitations to deciding what type of food to serve.

“There has been a lot of buzz in the industry about it,” said Onika Dainty, 24, a student on the executive board for the event. “We’ve sent out a least 150-200 invitations already and more are coming.”

Dainty said she is looking forward to seeing their hard work pay off.

“It’s fast-paced and could be stressful but the end product, standing there on the evening of May 10 is going to be really exciting for our class,” she said. “This is the first time that most of us are planning events.”



photo by lauren denhartog

PR student Onika Dainty with an invite to the film and TV gala.

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WORK & PLAY

"A bicycle is the long-sought means of transportation for all of us who have runaway hearts." – Lance Armstrong, seven-time winner of the Tour de France



file photo by dennis chung

Rows of bikes at the Toronto International Bicycle Show at the Direct Energy Centre in March.

Pedal power

Judy McNeil
BUSINESS REPORTER

As the spring weather arrives, students are rolling out their bikes as another option for the daily commute.

"If I have to take the bus, I have to take two buses and it takes me 40 minutes, and so instead of that I bicycle it in, in just 20 minutes," said Ketan Walse, a first-year electromechanical engineering student who bikes to school

from Mississauga at least five months out of the school year.

Not only does it save him time, he also enjoys the health benefit from riding. Walse said riding increases his stamina and as a result he feels he is more resistant to illnesses.

For some students, biking to school is a cost-efficient alternative to public transportation.

"I didn't want to pay \$2.75 again and again," said Deepak Sharma, a first-year computer science student.

Keith Elliott, a manager at Sporting Life in Etobicoke, said he sees people from all walks of life choosing to ride at this time of year.

"Everything from somebody

who hasn't ridden their bike in years and is finally getting it out because we have a week of nice weather to people that commute to work and students that commute to school and your serious off-road enthusiast," Elliott said. "We have them all come at this time of the year."

But after a winter spent in storage, bicycles may not be ready for use. Elliott said bicycles should receive a tune-up at the beginning of the riding season.

"We recommend you bring it in and

have a full tune-up done to it," he said. "Basically that consists of making sure that everything is working properly in terms of your tires being inflated properly, all your gears being adjusted properly and properly lubricated."

He also said brakes should be properly adjusted and the pads should be thick enough to ensure safe deceleration.

According to Elliott, cyclists should take note of their personal safety. "You want to wear a helmet, a properly fitted helmet that's certified, you want to make sure you are visible on the bike and make sure you have lights on," he said.

"At the minimum you should have reflectors on your bike and wear bright clothing."

"At the minimum you should have reflectors on your bike and wear bright clothing."

— Keith Elliott
department manager of Sporting Life

This article has been rated 'E' for everyone

Will Cottingham
BUSINESS REPORTER

Humber computer design students who go into the video game industry should be prepared to bow to a company's efforts to market its products, said program coordinator of visual and digital arts, Gary Richardson.

"In the business, art departments get a briefing about the parameters of the project, and if marketing departments are doing their jobs correctly, their end is already covered," Richardson said.

"But occasionally, there are revised briefings, and it is necessary to do a new piece of work."

But some in the business said the quality of video games is suffering because marketing strategies are taking over.

"The problem stems from producers going after attractive game ratings," said Brad Schreiber, man-

ager of Gameworks, a Richmond Hill based video game store.

"For example, the focus of *Super Mario Sunshine* was originally meant to be a water-gun and because that is considered to be a weapon, the game received a teen rating by reviewers. But that wasn't acceptable for Nintendo, so the water-gun was changed into a jet-pack."

"Personally, I believe it's the (mature) rating that attracts people ... those games attract kids like cigarettes do."

— Shawn Avery
EB Games employee

Video games are given ratings by the Entertainment Software Review Board. The ESRB uses a system that mirrors the one used for film.

"Xbox wanted an 'everyone' rating for all of their racing games, so crashes simply don't happen," Schreiber said. "They were taken right out of the game."

"The infuriating part is that most people dismiss the game ratings automatically," Schreiber said. "So, the games are suffering needlessly."

Shawn Avery, an employee of an EB Games in Richmond Hill, said he thinks producers are right to market games to receive more specific ratings.

"Personally, I believe it's the (mature) rating that attracts people," Avery said. "Those games attract kids like cigarettes do. They're cool."

The mature rating can also act as free advertising, Avery explained.

"Game sales increased when the media began talking about the extreme violence associated with *Grand Theft Auto*, not the opposite," he said.

Rafal Krawczykiewicz, a 3D animation student, said he is fully aware of the marketing issues within the industry, but isn't too concerned with them.

"I don't really think it matters," he said. "As long as I'm doing what I like, I'm happy."

just played

Guitar Hero II hits a chord on Xbox 360

Andrew Stewart
SENIOR REPORTER

This month saw the release of the smash hit *Guitar Hero II* on the Xbox 360, which has added a great deal of incentives to lure people away from the Playstation 2 version.

For anyone who hasn't played the game before, the objective is simple – play some of guitar-dom's greatest songs with a special controller designed in the shape of a guitar.

The Xbox 360 version comes with a controller shaped like the Gibson X-plorer guitar, which is a little more awkward to hold than the Gibson SG model the PS2 offers.

There is also a new port on the controller that, according to the manual, is reserved for a pedal add-on, though there has been no word on when it will be available.

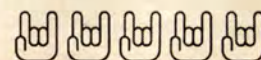
Aside from the different controller, the 360 version features

ten new songs from bands such as Pearl Jam, My Chemical Romance and Iron Maiden.

Gamers with Xbox Live accounts will also be able, in the future, to purchase and download new songs to play. This is a great feature to include, as it increases the replay value of the game substantially.

The 360 version of *Guitar Hero II* proves that a great game can always find room for improvement. New songs, options to download more songs in the future and plans to add a pedal controller keep the game fun. *Guitar Hero II* allows people without musical talent to at least get a feel for what it's like to rock out.

Take a great game and make it better. Overall, *Guitar Hero II* for the Xbox 360 gets five devil horns out of five.



Lives are cheap. It's money that's dear. You have to work days and sit up nights thinking how to make money. — John Dos Passos, U.S. novelist, poet, playwright



photo by katarina ilic

Coupons give students another way to pinch their pennies.

Low cost education

Katarina Ilic
LIFE REPORTER

According to two Humber business school experts, students can save money by budgeting to pay for essentials first and by shopping smartly.

The co-ordinator of financial services at Lakeshore's business school Richard Kingston suggested students make a budget listing all income and all discretionary and non-discretionary expenses.

"You list your sources of revenue when they occur," he said. "You list your non-discretionary expenses, those are fixed expenses that need to be paid out, or you can't continue living. Those would include rent, tuition, books and sometimes replacement of clothes, definitely food.

"Whatever is left over is discretionary income and then they could spend that in different

ways," Kingston said.

Manager of the business school at Lakeshore Belinda Cunha agrees budgets are important but added there are other ways that students can save money.

"Smart shopping — it goes a lot farther than just price comparison. If the item that you need is cheaper but the location where you've got to go and pick it up is further away then you have to consider the cost of gas," she said.

Cunha added that price comparison also includes looking at weekly flyers.

"By looking at the flyers," she said, "you know that if your daily vitamin was on sale a few weeks ago and today it costs like \$11 for the bottle that it may come down in price in the near future so you plan to buy it when it's on sale and never at full price.

"If something is on sale and there is no expiry ... pick up more

of it and let it last until the next time it's on sale," she said.

Such lessons are not lost on Nishanthi Nehru, a second-year court and tribunal agent student.

She works over the summer to save for tuition, works during the year part-time for spending money and takes advantage of sales.

"I don't go shopping as much," she said about times when money gets tight. "I usually go for what is cheap and what I can afford. I tend to set a limit on how much I can spend at school or during the week."

Nehru also said when she does have some extra money to spend, she sets a shopping limit.

"I buy tuna containers and fruits and veggies so I don't spend money at school on junk food. I also pack water from home." She also uses coupons for certain grocery items when she can.

Push for fitness credit

Will Cottingham
BUSINESS REPORTER

Students who want to see the federal government's tax credit for participating in active sports extended to adults are being encouraged to contact their MPs, said Frank Jorge, a fitness trainer and former Humber student.

Starting this January, parents can take advantage of a children's fitness tax credit of up to \$500 for each child involved in year-round sports. The conditions stipulate the child is under 16, and the sport contributes to cardio-respiratory endurance.

Jorge, who works at Complete

Fitness in Richmond Hill, said he thinks it's a good start, but wants to see more.

Jorge is a strong supporter of an Adult Fitness Tax Credit campaign that aims to inform the federal government that active Canadians deserve a tax break for being part of a trend that lowers national health care costs.

"I would like to see students get behind this issue," Jorge said. "People need help, and this can be a step in the right direction ... It's a win-win situation," he explained.

"People, young and old, will have an incentive to get healthy, and the government will get its money back in healthcare savings."

Humber athletic director Doug Fox said he doesn't think highly of an adult tax credit, or even the existing one for children.

"When I heard about it, I just thought it was a waste of time," Fox said. "When I see policies like that, it just seems like a quick fix. The reality is I don't see it improving anything.

"My preference is that the government continue educating people in the value of fitness," he said. "The average 30-year-old Canadian is in the same shape as the average 60-year-old Swede. They have educated these people — we don't do that."

Humber could stand to take a larger role in promoting health education, Fox said.

"We don't do a thing at the college for anybody," he said. "We provide a recreation centre. We provide a fitness centre, and we hope people partake."

Fox said he would like to see more students take an interest in their health and make use of school facilities.

THE WIRE

Thailand bans YouTube
Government officials in Thailand have blocked access to YouTube because of a video that mocked King Bhumibol Adulyadej.
— www.pcworld.com

Gotta catch'em all
The next generation of Pokemon games are scheduled for an April 22 release. Pokemon Diamond and Pokemon Pearl, the first games in the series on the Nintendo DS, will let players trade and battle with other trainers over the Internet.
— www.nintendo.com

China limits gaming
The Chinese government will limit children under the age of 18 to only five hours a day in an effort to combat videogame addiction. On April 15, the government will require online game operators to use a system that penalizes registered players under 18 for playing too long.
— www.wired.com

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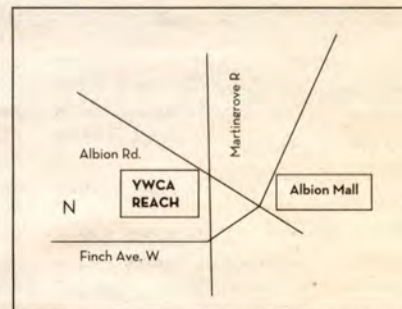
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EDITORIAL

"A lot of people quit looking for work as soon as they find a job." – Zig Zigler, American author and motivational speaker (late 20th century)

Farewell to 'Squee'

President retires after his silver anniversary and his sterling service will be missed by college

Dr Robert 'Squee' Gordon is retiring from his career at Humber after guiding the ship as president of the college for 25 years, and is leaving behind a litany of accomplishments. While he remains close to invisible to the average Humber student, his legacy couldn't be clearer.

Humber has exploded from 6,000 full-time students in Gordon's early days to triple that number today. The college is now made up of two campuses and a third is on the way. Humber has also successfully pursued relationships with two universities. Our college has several schools which are perceived by many as leaders in the industry

This legacy doesn't even take Gordon's life after hours into account, in which he serves as

While he remains close to invisible to the average student, his legacy couldn't be clearer.

president of Canada Basketball, among other pursuits. His ongoing love of athletics is the stuff of legend, even at an age where many would assume he'd find it time to pack it in.

As many of us look for employment this summer, it should serve as a memorial of another time when Gordon spent a full two-and-a-half decades in one job. In a world in which company loyalty is becoming a seldom-used term, it's great to see a man who has become as synonymous with his position as Gordon did as the president of Humber College.

We wish incoming president John Davies the best. He has some big shoes to fill.



World rosy for grads

Key Performance Indicator results show employers are satisfied with Humber alumni

With the end of the academic year in sight and summer job opportunities dwindling, you might start feeling the immense pressure of finding a decent paying job. But don't worry. If you've studied hard and completed all your credits then graduation should be on the horizon for you. And the recent KPI results show, Humber students should be confident about their future.

Every year, each college in Ontario is required to have its students fill out a Key Performance Indicator (KPI) evaluation sheet. The process is initiated by the Ministry of Training, Colleges and Universities to monitor the quality of education students receive along with the quality of employees entering the workforce.

This year the provincial average graduate employment rate was 90.1 per cent and Humber scored with 90.5 per cent. The number of graduates employed in their field of study increased from last year's 55.92 per cent to 55.96 per cent this year.

Employers across the province rated their satisfaction with former college students/current employees overall at 92.6 per cent and Humber alumni scored a whopping 94.1 per cent, above

the overall rate.

The Schools of Health Sciences, Liberal Arts and Science and Media Studies and Information Technology have had more of their graduates find full-time employment in their fields than in previous years. Unfortunately, the other schools at Humber have had seen their numbers drop this year.

**"Get out there because employers aren't going to come to you."
– Terry Bridge, Journalism student**

Persistence and a bit of luck helped Terry Bridge, a final year journalism student, land his job. "I emailed them first thing at 9 a.m., then I called them to make sure they got it and at that point we set up an interview," Bridge said. After the interview went well, Bridge was told he got the job. He said new grads should "get out there because the employers aren't going to come to you."

The dips and peaks in the stats vary from year to year, but the overall trend indicates Humber grads are in a good overall position. So the next time panic floods your brain and you begin searching feverishly for a job, any job – remember Humber grads are doing better than most in the province. The odds are in your favour, so relax.

**word
ON THE
street**

the question:
**What are your job plans
for the summer?**

**kareen▼
khan18
LAW CLERK**
"I currently have a job right now (as a market researcher), but I'll be looking for other summer opportunities too."



**gillian▼
stewart20
CREATIVE
PHOTOGRAPHY**
"I already have a job back home at a (steel production) factory, just doing shift work."



**petagr▼
minott18
DESIGN
FOUNDATIONS**
"Well, I'm planning on getting a job with my dad. He's an accountant."



So far, probably McDonalds. I've worked there for probably four years. I don't really want to go back, but I might have to."

**CHEMICAL
ENGINEERING
& TECHNOLOGY**

**michael22▼
briere**



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"It's hard to decide if TV makes morons out of everyone or if it mirrors Americans who really are morons to begin with." – Martin Mull, actor and comedian

TV series losing their edge

Shows should end on high note instead of dragging on



Andrew Stewart
Senior Reporter

One of the cardinal rules of show business is always leave them wanting more.

With that in mind, one has to wonder why some television shows are being run into the ground when plot ideas have quite obviously run dry.

Television genres, ranging from the classic sitcom to today's reality TV craze all suffer from this.

Quite often, a show will start up and be a huge success, such as *24*, *The Simpsons*, and *Survivor*. They were amongst the first of their respective genres and set a high standard of quality in television shows. But after a number of seasons, these shows have lost their initial freshness and are ruining their own uniqueness.

The Simpsons started with critics giving it thumbs up in December of 1989 after its pilot appeared on primetime television. Within the first few seasons the show really hit its stride and became the leading comedy on television.

Now in its 17th season, the show is sorely lacking the freshness it carried through much of the 90s. This can only be attributed to the show playing heavily on pop culture, and exhausting most comedic angles over its long run. The writers constantly re-create events that overlap one another, as if each episode is a do-over of the last.

Survivor brought reality television into the mainstream but quickly became the same old deal.

Leave audiences wanting more, and avoid running an idea into the ground.

Attempts to keep the show fresh included last season's "race card," where four teams of survivors from different ethnic backgrounds became tribes.

This revitalized the show in the media, simply because it was controversial. Once the show had been on a few weeks, no one gave it a second thought.

Kiefer Sutherland's *24* is another example of how ideas fall short

after a few well-written seasons. Season six, airing now, is made up of recycled ideas from past seasons and seems to be struggling to find fresh ideas to keep audiences interest.

The simple solution to help all of these shows is to pull the plug on them. Leave audiences wanting more, and avoid running an idea into the ground.

This idea worked very well for *Seinfeld*. After nine years, Jerry Seinfeld ended his show on a high note in 1998, highlighting the show's span with the inclusion of countless characters that had appeared on the show.

Viewers wanted the show to continue producing new episodes, which made syndicating the show easy, and it made enormous amounts of cash in the process.

In the end, the best thing a good television show can do for itself is to pull itself out of production, leave people wanting more, and allow room for fresh shows to come in.

The only show that has the right to stay on for decades is *The Price Is Right*. And that show should be ended when Bob Barker retires this June. It just hasn't been the same since Rod Roddy passed away anyways.

Staying connected puts private life out in public



Jaclyn Newman
Copy Editor

help but feel sorry for today's generation of adolescents.

Teenagers certainly aren't the only people affected by technology, but they seem to spend a lot of time using it to spread private information.

I realized how much worse it could have been to find out my boyfriend was cheating if I had been in Grade 12 today.

Eight years ago, when it happened, all we had were phones and ICQ, one of the first forms of instant messaging. I didn't have to deal with much more than a few glances across the cafeteria and whispers in class.

How awful would it have been if I had to delete him as my

When I found out my Grade 12 boyfriend was seeing another girl behind my back, I was hurt, obviously – but more so, I was embarrassed that other classmates knew what was happening long before I did.

I was reminded of this ex-boyfriend when I read an article in the *Globe and Mail* a couple of weekends ago. The piece addressed the downsides of being an adolescent in today's digital age, especially when it comes to getting your heart broken.

High-tech forms of staying connected such like Facebook and MySpace, text and instant messaging and video-sharing sites like YouTube are second nature to today's teens and those in their early 20s.

But as the article made clear, people are realizing there is a price to pay for living so publicly. A break-up will shortly be online news, text messages have become an easy (though disgraceful) way to bail on a date, or you might find out your best friend is now dating the guy who broke your heart last week when you log onto Facebook. These are the perils that adolescents face today.

As I read the article, I couldn't

boyfriend on Facebook, announcing to my whole world I was now single? Or maybe I would have found out by watching a video of him and the other girl hooking up on YouTube or through a classmate I barely knew via the Internet?

Being young is hard enough without your worst days and embarrassing moments being public knowledge and fodder for gossip – I know I wouldn't want to live the way today's teens do.

We spend so much time praising the technological advancements that have allowed us to stay constantly connected, but every now and again we really should stop to think about the negative impact that living in this hooked-up world has on our lives.

People are realizing there is a price to pay for living so publicly.

Future looks bleak for Leafs fans



Rui Gomes
Sports Editor

Darcy Tucker to a respectable 4-year extension, but decisions still need to be made on 12 Leafs set to become unrestricted free agents. Nik Antropov and Bates Bataglia may re-sign but they're not top-line players.



Mike Peca would have undoubtedly improved the Leafs 27th-ranked penalty killing had he not been injured for more than half the season, but don't expect him or the other free agents back.

Andrew Raycroft rebounded from a disastrous year in Boston, to post 37 wins. At \$2 million and a year and a half experience, that's not a bad return. But he was

knocked for not carrying a lack-luster team into the playoffs.

Then there's the defence – four of them locked in for at least two more years at close to \$20 million, the only worthwhile contract being that of Tomas Kaberle.

Bryan McCabe's contract structure has him earning \$7.15 million again next year, a figure he failed to live up to.

After a desperate attempt to improve defensively, Ferguson handcuffed himself by giving Pavel Kubina and Hal Gill hugely inflated deals. He couldn't trade them away for nothing now if he tried.

The team would have been better off in the long-run giving Carlo Colaiacovo, Ian White and the other young prospects the added minutes.

Now there's no quick fix. Leafs Nation will be wallowing in mediocrity for another two or three years unless Ferguson can pull what Bryan Colangelo – and Wayne Embry – did for the Toronto Raptors.

But if they tank in two years and the lottery balls fall in place, they could draft John Tavares of the Oshawa Generals. By then maybe Justin Pogge will be taking the heat between the pipes.

On the last day of the regular season, the Toronto Maple Leafs hoped for a goal from New Jersey Devil Sergei Brylin as he skated in on the New York Islanders third string goalie Wade Dubielewicz. It didn't happen.

For the second year in a row, Toronto watched helplessly as its playoff berth was snatched away in a game between two other teams.

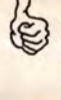
One point was the difference. Countless third period leads were blown and the Leafs finished two games below .500.


And with the current blueprint in place, the future holds much of the same.


The franchise failed to bring in a top winger – Alex Mogilny was the closest – to play alongside captain Mats Sundin, who is now 36. With his career winding down, the team holds an option on the final year of his contract, which Leafs GM John Ferguson hopes to rework to be more salary cap friendly.


Ferguson did sign gritty winger


PROPS & BURNS


 To film students Hailey Kean and Lev Lukins whose documentary *Stuffed* won an award at the Canadian Film Festival in London, Ontario.


 To the Ontario government for breaking an election promise about the amount of ECE funding that would be provided.


 To third-year industrial design student Andrew Jepson whose martini glasses placed third in a recent design competition.

 To the one in nine Canadian-trained doctors who leave to go to the U.S. when we need them here.

 To Robert 'Squee' Gordon for his 25 years as president of Humber.

 To everyone who keeps voting for Sanjaya Malakar on *American Idol*.

 To HSF for offering free massages to stressed out students.

 To the Leafs for missing the playoffs by one measly point.

This is our last issue. Et Cetera will return in September.
Good luck with exams and congratulations graduates!

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IN FOCUS ROBERT GORDON



Squee...

You're sprung!



Gordon gets cuffed as his assistant Doris Tallon (left) watches during the 1985 Jail & Bail fundraiser which helped raise \$68,000 for Etobicoke General Hospital.



Gordon during the 1989 opening of the NC daycare centre.

Dr. Gordon retires after 25 years

Sean Fitzgerald
IN FOCUS REPORTER

Dr. Robert 'Squee' Gordon has just returned from the gym where he shot baskets in a game of horse against a Humber applicant 42 years his junior. His opponent didn't know he was up against the president of Canada Basketball, and Humber College.

"Yeah, I beat him," Gordon, 67, said with a laugh, wiping the sweat from his forehead before adding, "this is just as much a locker room as it is my office."

Gordon, the longest serving college president in Canada, will retire at the end of June. He will wrap up 25 years at Humber with a final board meeting on June 25. After that, he plans to clean out his office to make way for incoming president John Davies.

Gordon arrived at Humber in July 1982, when smoking was allowed indoors, a beer at Caps cost \$1.25 and full-time student enrolment was 6,000. When founding president Gordon Wragg retired that June, he didn't offer any advice to his successor.

"I had been running Dawson College in Montreal and he knew that," Gordon said. "I think he didn't feel it was his role to give advice. I'm not giving John Davies advice."

Gordon said Wragg ran the college in a warm, paternal way.

"I knew that Humber had a good reputation," Gordon said. "But, I don't think he was quite as adventurous as I am, so we took that base and tried to make it better."

"I wasn't terribly motivated in terms of academic work, but I loved life - I was into sports, singing, and parties."

- Robert Gordon,
Humber College President

Under Gordon's leadership, the school has grown to 18,000 full-time students. His tenure includes the development of post-graduate certificates, partnerships with the universities of Guelph and New Brunswick and Humber's presence as the only Canadian college in the League for Innovation.

Gordon said his wife Mary is looking forward to a life with fewer early morning breakfasts and late night meetings. After a "pretty fair run," he said he's ready for a change.

"I'm also not that young," he added. "I see people dying around

me who aren't that old."

Gordon's post-Humber life will involve more than just golf, he said. He plans to continue acting as the president of Canada Basketball and he said he wants to volunteer more.

"The thing about volunteering is, you don't have to feel guilty if you miss a meeting," he explained. "If I want to go to Europe, I don't have to phone back to Humber - with my wife saying, 'we're in Italy, can't you get off the phone?' - to see how things are going."

Gordon, known to Humber staff and students as Squee, received his nickname more than 50 years-ago.

When he was six years old, Gordon came to Canada from England. At Lower Canada College in Montreal, he was placed a grade ahead of his class. His classmates called him 'Pipsqueak' because he was younger and smaller.

When he was 14, he grew from five-foot-six to over six feet in one summer.

"Then they started calling me Squee, and it just stuck," he said.

He went on to Bishop's University in Lennoxville, Que., where he was a self-described "poor" student.

Continued on Page 16



IN FOCUS ROBERT GORDON



courtesy

John Elias Program Co-ordinator General Education

"I think a lot of people mean it when they say nice things about him, it's not just that he's retiring."

John Sousa Associate Dean Allied Health

"He set the footing for us to be one of the best, if not the best, college in Canada."

Gordon takes a jog on his first day at Humber College.



courtesy Toronto Star Archives



Debby Martin Bookstore Manager

"He really improved the college and it has grown under his leadership."

Alan Desimpel VP Administration, HSF

"Without Squee's leadership, Humber would not have grown to where we are now. We would not offer as many programs as we do, and Humber would not have an outstanding reputation throughout Ontario and Canada."

Dr. Robert "Squee" Gordon is appointed president of Humber College and begins his 25-year stay as Canada's longest running college president.

Humber changes marking system making 60 per cent the passing grade instead of 50 per cent.

Full-time faculty go on strike for 18 days as part of a province-wide dispute about workload.

Student Center opens at North Campus. Humber develops specialized programs for post university graduates.

Library, technology building and daycare centre open at North Campus. Business & Industry Service Centre opens with corporate training as priority.

Two new residence buildings open at North Campus. Full-time faculty on strike for 20 days as part of province-wide dispute.

Bob Ray's NPD government announces the Social Contract to be in effect for two years, freezing salaries and leaving staff required to take unpaid leave days. Robert Gordon elected President of the League of Innovation in the Community College.

Community swimming pool opens at North Campus.

Mike Harris' Tory government cuts public-sector operating budgets by 15 per cent resulting in a \$13-million loss for Humber. Robert A. Gordon Learning Centre opens at Lakeshore Campus on the site of the former Lakeshore Psychiatric Hospital.

Humber embarks on the DaimlerChrysler Project in partnership with British Columbia University to help DaimlerChrysler employees with degree completion.

1982 1984 1986 1987 1989 1990 1991 1993 1995 1997

IN FOCUS ROBERT GORDON



Dr. Robert Gordon

"It won't be World War Three. World wars come about as a result of one dictator with a huge army trying to take over something."

In reference to Sept. 11

courtesy

Through Tallon's eyes

Elaine Mitropoulos
IN FOCUS REPORTER

Doris Tallon's photo collection is a glimpse at Humber College's 40-year history, with particular emphasis on a particular man.

"There he is in his kilt," she said nostalgically, referring to a photo of Dr. Robert "Squee" Gordon when Humber hosted the Highland Games in the early 1980s.

"And that's when he participated as a convict in a fundraiser," she said, showing a picture of the young president dressed as a jailbird and in handcuffs.

The 1985 Jail and Bail fundraiser raised \$68,000 for the Etobicoke General Hospital.

In bidding farewell to Humber's retiring president, faculty and students will also say goodbye to Tallon, his long-time associate and friend.

"Doris was here before I was. She was here from 1967. We're very close," Gordon said. "Here's someone with all this background, and seems to be highly regarded by everyone."

Up until about ten years ago, Tallon was Gordon's full-time assistant. She now works at the school part-time and on special assignments.

"I'll be sailing into the sunset when he's gone," Tallon said, who has served as associate to the president for 25 years and formally retired in 1997. "When he's gone, I'll go."

Tallon has been a fixture in

Humber's history for some time. She's seen both of the college's presidents through to retirement.

Gordon Wragg, the founding president, was a "grower," Tallon said. "Dedicated to the growth of people. He put down roots, built a solid foundation and created a family atmosphere. He was the right man for the times."

When Wragg retired in 1982, Humber faculty, staff and students set out criteria for the school's next president, Tallon said, adding that different skills were required to build upon Wragg's legacy.

"Dr. Gordon was the unanimous choice. It was felt that he represented the needs of the new diversity in the student population," she said.

Tallon describes Gordon as being a risk-taker, innovative and who is passionate about everything he does. What impresses her most about Gordon, she said, is his integrity, outstanding leadership and charisma.

"He is well-known for his witty one liners. He's a fun guy really," she said. "And a lot of students know him. He's just come back from the gym - he's all over the place."

Gordon is known around the college for his athleticism, is the president and chair of the board of Canada Basketball.

"And he's a perfect pitch," she said. "He's a good singer."

Gordon was in a production of *The Music Man* in 1985. He sang the song *Seventy-six Trombones*.

"I don't think there's another president in the whole country who would do that," Tallon said. "They probably don't have the voice for one thing, but to give the time - he takes an interest in everything."

Tallon said one of the greatest legacies Gordon will leave behind is the extraordinary and positive working environment Humber enjoys.

"I don't know what we're going to do without him," she said. "And of course, I won't be here."

As far as Tallon's own retirement plans go, "It'll be a big shock," she said. "I haven't given it much thought really."



Highland Games

Dr. Robert Gordon

"We're all part of this bigger Humber. I think there was some flak at first. People don't like change."

In reference to the unveiling of Humber's new logo in 2000

courtesy



The 1978 Feel the Wheel charity event

courtesy

New logo and colours unveiled as part of new branding strategy for the college. Planning begins for the University of Guelph Humber.

Partnership with the University of New Brunswick established to create the Humber/UNB Bachelor of Nursing program. Humber is selected as one of 12 Vanguard Learning Colleges in Canada and the United States.

Humber officially becomes an Institute of Technology and Advanced Learning. New state-of-the-art University of Guelph Humber building opens welcoming students to six diploma/degree programs.

Ground broken for new campus in Orangeville. Humber receives \$23 million over 10 years for a new building on North Campus.

Board of Governors appoints Vice-President Administration John Davies as Humber's new president.

Humber ranks first among GTA colleges in Key Performance Indicators (KPI) rankings.

Toronto Fire Services and Humber College design and build a monument in the Humber River valley in honour of the victims of the Sept. 11 terrorist attacks.

The University of Guelph Humber opens its doors to 214 students in three programs.

Full-time faculty on strike for 14 days as part of a province-wide dispute. President Robert 'Squee' Gordon sets date for his retirement in a year.

1998 1999 2000 2001 2002 2003 2005 2006 2007



IN FOCUS ROBERT GORDON



courtesy

Squee presents Doris Tallon with a multi-cultural award in 1992.

All the president's friends

Daria Locke
IN FOCUS REPORTER

The man known affectionately as 'Squee' has many personal and professional relationships.

John Elias, a philosophy instructor in Liberal Arts and Sciences created one such professional relationship with Gordon.

"It began back in 1992 when I was on the academic council," Elias said. "I approached Squee to fund a lecture series and we began to discuss funding for it."

Gordon said to Elias, "If you run it, I'll fund it."

"That says a lot about him as a president and as a person," Elias said. "He had a real confidence in people. He'll support people's ideas and take that leadership role of really empowering people – it doesn't have to go through that whole bureaucracy thing."

Elias said Gordon created a different environment at Humber.

"He created the Liberal Arts and Science department. He saw very early on that by having this department it would contribute to the college as a whole and support the other programs," Elias said. "Squee did many things like that in the 25 years he was here."

"Squee is unbelievably athletic"

– Dale Vanclieaf,
computer engineering instructor

Squee has many great qualities known to those around the college but Elias said his best quality was his ability to communicate.

"He's a great communicator. Communication is the lifeblood of any organization," Elias said. "But he also acted on the things he talked about. You don't build trust by lip service – you have to

demonstrate it and I think our president has done that. He has done tangible things to support the faculty, not just saying he will."

Dale Vanclieaf, a computer engineering instructor, has had a more personal relationship with Gordon – on the squash court.

"We played squash once or twice a week for about 10 years," Vanclieaf said. "Squee is unbelievably athletic. I played about three to four times a week but he didn't need to play that often to keep up with us."

Vanclieaf said Gordon always brought his best game. He never gave up and always put in 110 per cent.

"We had very intense games. Squee was very competitive," Vanclieaf said. "Some of my colleagues said I should let him win if I cared about my job but he didn't care about winning. For him, it was all about the competition."

Future of Humber in Davies' hands

Incoming president brings over 35 years of experience to the table starting July 1, 2007

Moya Dillon
IN FOCUS REPORTER

Incoming president John Davies said the college will grow while building on the legacy of his predecessor's two decades of leadership at Humber.

"The polytechnic vision that spans all the way from apprentices, to diplomas, to post-graduate diplomas, to applied degrees has been driven centrally and extremely successfully by Squee over (Gordon's) 25-year period," said Davies, who takes over the position in July. "Humber will continue to push ahead on that polytechnic vision. We need to get more applied degrees and push ahead with development of buildings, particularly at Lakeshore and Orangeville."

The Humber Board of Governors announced in January that Davies had been chosen to succeed Gordon. Having served as the vice-president of administration for five years, Davies also has experience in both the elementary and secondary school systems, including being director of the Toronto Board of Education.

"I think I come at it immensely enriched having worked with Squee over the last five years,"

Davies said of his new appointment. "I've learned from him a lot about the kind of issues that need to be central to a president's thinking to be successful."

Gordon said Davies is "experienced and he will have a little bit of a different style. There will inevitably be some changes and he'll push the envelope further his way."

Gordon said he maintains a vision for Humber. "We're probably moving inevitably toward polytechnic status.... There will be pressure on us to grow, and that's a very interesting problem because we haven't got any space here."

Gordon cited a recent Toronto census as one of the pressures to expand, since it indicated that the population of greater Toronto will grow to eight million people. "I think it's putting some pressure on Humber to play some sort of role in that, and inevitably, I think we will."

Some other elements of Davies' plans for Humber include expanding the applied degrees to gain leverage in the marketplace and continuing to maintain a high degree of quality for Humber's programs across the board.

Davies said that reaching out to the North-Etobicoke community has become a passion of his over the past few years.

"We live in an area that many people don't know. They drive here, they study here and they leave. We are the biggest institution in North-Etobicoke and we are right next to some of the most challenged communities in this city," Davies said.

"We run homework clubs for students in high school to help them with math and science, we do training for community volunteers in the area. HSF is a strong contributor to some of the programming that happens. And I'm working on a scholarship program with a group of people called Pathways to Education."



photo by moya dillon



courtesy

John Davies (far right) with Robert Gordon and Toronto Police.

Dr. Gordon moves it along

Continued from Page 13

"I wasn't terribly motivated, in terms of academic work," he said. "But I loved life – I was into sports, singing, and parties."

He played football and basketball and won the school's Best All Around Athlete Award in 1960. He also sang in the university's glee club and in productions of Gilbert and Sullivan musicals.

"My mother and father met at a Gilbert and Sullivan (show) in England in 1932," Gordon said. "So, I guess I grew up with music."

After he attained an Honours Bachelor of Arts in history, he started to get serious about a career in higher education. His wedding

may have also been a factor.

"I got serious at 22, when I got married," he said with a smile. "I think marriage takes on a certain responsibility, the kind you don't have when you're a free agent."

Gordon taught English and history at Lower Canada College for five-years and then worked in administrative positions at Bishop's University. In 1970, he arrived at Dawson College in Montreal, where he eventually became president. He served in that position for seven years before coming to Humber in 1982.

At Humber, his job is done well, he said, if the college creates an environment where people can do

their best professional work. He added that students should identify with the faculty in their program, not necessarily with their president.

"We have 18,000 students and most of them don't know who the hell I am," Gordon said. "Nor should they."

After he retires, Gordon will be given "president emeritus" status. This means that he will have an office "tucked away somewhere, probably on the top floor of the GH building," he said.

"I'm retiring with no regrets and with some considerable satisfaction that I'm leaving a college that is in very good shape."

"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity." – John F. Kennedy

Crossing the fitness finish line

Student Bodies

Suzan Park
LIFE REPORTER

In the beginning of the term when Michael Mitchell and Priscilla Daviau signed up for Student Bodies, they signed away some of their right to privacy.

They endured excruciating workouts with their Humber Athletics personal trainer, Monique Haan, had to re-evaluate and adjust their Rez meal-plan diets and have it chronicled in these pages.

After three months and countless hours in the gym, the end of the road is here for the Student Bodies.

"It's been a one hell of a ride," Mitchell said.

He entered the program full of the optimism you would expect of an 18-year-old.

His goal was simple: get "jacked", or in other words, gain a lot of muscle.

It was that determination that made this once "chubby kid" push himself in the gym.

Haan said, "at first all Mike wanted to do was work on his arms and shoulders. He likes to get things done and see fast results."

After a few fumbles during his initial workouts, he quickly adapted to the program.

He started improving his technique and starting engaging his core muscles.

Mitchell's biggest hurdle was

first-year Residence life that took over many of his nights.

Believing partying is a requirement meant a few drunken nights and sometimes not enough time for schoolwork and the gym.

"Managing my time is something I learned only toward the end of the program," he said.

Daviau knew she'd have to push herself in the program and courteously warned Haan she would complain about it.

Haan believes Daviau has progressed extremely well even though she did not lose the weight she had hoped.

"The saying goes that you shouldn't ask a woman her age and weight. But now I just feel proud."

Priscilla didn't gain any weight and she is so much more defined, stronger and

has more of a shape," Haan said. "Muscle weighs more than fat and she has gained more muscle."

Daviau, who wanted to get in shape because she didn't want to be hypocritical in her profession as a nurse, has become more comfortable in her skin despite what her scale says.

Daviau's best motivation to stay on the dreaded treadmill was from the most unlikely sources.

"Professors and students would walk up to me and say such nice things," Daviau said. "I didn't want to let them down."

Both Mitchell and Daviau said Haan has been the best part of the program.

"She worked me to the bone," Mitchell said. "But, she is well respected by others in Athletics and comes in with 100 per cent

enthusiasm."

Daviau shares Mitchell's sentiment.

"Monique has a lot of knowledge," she said. "She would distract me when I did an exercise I didn't like."

Haan has even encouraged both to enter the Fun Five Kilometre



Priscilla Daviau

Goal: "I want to not be as self-conscious about how others perceive me based on my appearance."

Height: 5'9"

Weight
Jan. – 310 lbs
Now – 298 lbs
Total loss
– 12 lbs



Michael Mitchell

Goal: "I'd like to gain muscle mass, definition and endurance . . . and impress girls."

Height: 5'9"

Weight
Jan. – 148 lbs
Now – 154 lbs
Total gain
– 6 lbs



photos by suzan park

Massage Day rubs students the right way



photo by krista cyr

Students take a relaxing break from class and get a massage.

Relaxing event helps with stressful time of year

Krista Cyr
LIFE REPORTER

Students can get a free 15-minute chair massage today from 11 a.m. to 2 p.m. at the North Campus Students Centre.

"At the end of the year people start to get stressed over exams, looking for potential jobs and this gives them the opportunity to relax for 15 minutes," said HSF event co-ordinator Aaron Miller. "It is costly and it is great that we can have free massages for students."

Carrie Rubel, from Massage on Wheels, said the massages are a great way to get people to relax.

"The massage will . . . increase blood circulation and reduce stress levels," she said. "After the massage, students should have more body awareness and will be able to sit up straight with proper posture."

"We use less energy when sitting straight over slouching," Rubel

said. "Computers are usually positioned too high and it raises your shoulders. This can cause a fair amount of pain."

During Rubel's previous visits to Humber she noticed students had a lot of stress and tension.

"There has been some element of study-desk posture which impacts on all muscles causing fatigue and muscle strain," Rubel said. "We ease aches and pains."

"It is relaxing and it makes you want to go to sleep."

– Giselle Benn
third-year paralegal studies student

Rubel's advice is to continue to breathe properly.

"Be mindful of it (breathing) by trying not to breathe too shallow, it helps keep your stress down."

The massage practitioners always screen the client before the massage by asking if they have had any

recent injuries or are in any pain.

Massage on Wheels has certified chair massage practitioners that specialize in relaxation massage.

It costs \$65 an hour for a chair massage and they also create a nice environment with candles accompanied by music, depending on the event.

In addition, Massage on Wheels offers a mobile pop-up spa, which includes reflexology, foot massage, hot stone massage, hand and arm massage, aromatherapy oils for hand and arm and table massages.

Third-year paralegal studies student Giselle Benn thought the massages were a great stress reliever.

"I thought it was awesome," she said. "It is relaxing and it makes you want to go to sleep."

Tamara Small, another third-year paralegal student, agreed.

"If I didn't have to go to class I wouldn't because it was so relaxing," she said. "I would definitely come back for another massage."

"We live in the midst of alarms; anxiety beclouds the future; we expect some new disaster with each newspaper we read." – Abraham Lincoln, U.S. president

End of the year anxiety

College faculty gives tips on how to stay stress-free

Jordana Stier
LIFE REPORTER

Time management, deep breathing, exercise, eating well and taking 15 minute breaks every hour are vital in maintaining a low-anxiety level during the end-of-year exam period, Humber counselors said.

Melissa Gallo, an adviser for

International Student Services and co-ordinator for the peer mentor program, emphasizes that students need to balance their schedule ahead of time in order to feel less anxiety during hectic times.

"It's good to take breaks. We tend to remember information in 45-minute chunks and then its time to take a 15 minute break," she said. The peer mentor program

consists of students from every program in their senior years who help new students with the transition of starting a new school and program. It helps students manage stress "by introducing them to the college," Gallo said.

As for suggestions on how to handle anxiety, Gallo said everyone is different, but concentrating on one task at a time, eating well and going to class really helps, rather than just focusing on the negative.

Andrew Poulos, a psychological counsellor and co-ordinator for counselling services, said a certain amount of anxiety can actually be beneficial to students because it gives them energy. "It sort of boosts us, it helps with clarity in our mind and in a way it can be seen as a performance enhancer."

"When the anxiety becomes so intense that somebody becomes paralyzed by it and their thinking becomes so clouded they can't even concentrate on questions being asked on the exam, then that becomes a problem," Poulos said.

Although anxiety prevention can't go farther than time management, according to Poulos, it can be managed. Counsellors help students talk about what their anxiety is really about.

"Sometimes the things we're afraid of are unfounded so, it's ultimately about finding evidence to disprove that fear. The other

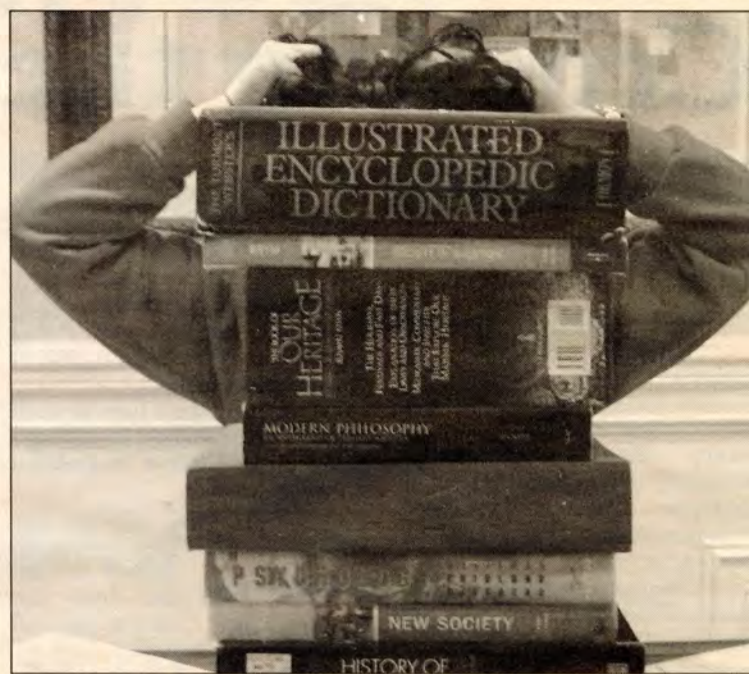


photo by jordana stier

With the end of the semester just weeks away, students are feeling the pressure of last minute assignments and exams.

thing we do is deep breathing," he said. "Often when we're anxious, our breath gets very short and very shallow and we're not breathing properly. So, we help (students) focus on their breath. This is also good before an exam or if you're doing a presentation, to take a few minutes and really slow your breath down."

Since any form of anxiety is connected to fear, said Poulos, there is no simple answer in managing it.

"It's best to meet with a counsellor and they can help identify what the source of the anxiety is and how that can be treated and managed."

Sidra Choudhry, an ECE student, said she's a last-minute studier. "The tension's there, but it's not killing me," she said. When struggling with anxiety "you feel like giving up, but then you know you have to get through it, just do the best you can, but most of the time its like 'its too much, I can't deal with it,'" she said.

Choudhry said taking five-minute breaks during study sessions relaxes her a lot, whether its watching TV or listening to music while taking notes, or having something in the background to distract her alleviates the pressure.

Becoming a student sommelier

Brittany Gogo
LIFE REPORTER

Swirl, smell, sip, swish and swallow. Students can learn how to properly taste wine in the food and beverage courses offered at the college.

"We discuss the principles of food and wine pairing, we look at each grape variety and look at the wine that is made from those grapes and look at how we can match these wines with the right foods," said Ramesh Srinivasan, co-ordinator of academic program development for the School of Hospitality, Recreation and Tourism.

"We also discuss how the grapes are grown, and the wine-making process."

These courses are offered through the hospitality, recreation and tourism program and include wine appreciation, food and wine pairing.

Srinivasan said during every class, students sample four to six different wines to learn about different tastes and characteristics.

Since such jargon is confusing to most people, there are a few basic principles to tasting and appreciating wine.

"There is a wine out there for everyone. If you think you don't like wine it's because you just haven't tried the right one," said

April Michon from Cave Spring Cellars winery in Niagara. "A great way to start out drinking wine is to take advantage of the wine tastings that places offer. It's a great way to sample new things and discover your preference without spending a lot of money."

Most novice wine drinkers will prefer a white wine to start, Michon said.

"They (whites) tend to be a little lighter, such as Pinot Grigio or Riesling, and many are on the sweeter side such as a gewurztraminir. Within the whites you can advance towards more complex styles and ease into the reds that way," Michon said. "If you want to jump right into reds, Pinot Noir and Gamay Noir tend to be the lightest."

Niagara's wine country has many wineries that provide demonstrations for proper tasting technique.

"Cave Spring Cellars offers wine education seminars every Saturday at the winery," Michon said. "Aside from touring or attending classes there is a great deal of literature out there. Two of my favourites are *Canadian Wine for Dummies* and *The Wine Bible*."

There are many ways to enjoy and learn about wine while on a student budget, Michon said.

"It is important to take advantage of the complimentary tastings offered through some of the wine stores because you can discover what you like without putting out all the cash for a taste."

The LCBO and stores like the Wine Rack and Vineyards Estate Wines also offer complementary tastings as well as informational seminars and classes.



photo by brittany gogo

There are many kinds of wine that fit a variety of tastes.

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*monthly rates available

For more information visit us at www.residence.humber.ca

"The Internet is the most important single development in the history of human communication since the invention of call waiting." – Dave Barry, columnist

Internet courses help students

Justine Lewkowicz
LIFE REPORTER

Online curriculum can give students an edge in employment if taken in addition to on-campus classes, the manager of the career centre said.

"The online courses indicate a strong motivation, independent thought and being resourceful and up-to-date with technology," said Karen Fast. "They're a bonus."

She said students should mention at interviews that they have taken online courses because it will help them stand out.

Employment adviser Angella Nunes said "for employers, it shows the flexibility you're bringing to the table."

Humber offers over 175 online courses from various departments, including liberal arts, business, health sciences and hospitality.

Ruth Hickey, manager of the Open Learning Centre said they support students studying online, said the general education courses required for graduation are the first ones to fill up.

"All courses can work online," Hickey said. "We have everything from breastfeeding basics to computer courses. It's limitless in terms of what you can do now with the different types of technology that's out there."

Hickey said the electronic form of learning has grown in popularity, from 500 to over 4,000 registrants in the past five years.

"Students are looking for a more flexible way to complete courses," she said. "The majority of our online learners are part-time students who have full-time jobs. So, we're accommodating their needs."

Fast said online learning builds interpersonal skills even though there is no face-to-face contact with instructors and other students.

"You may be doing it electronically, but you still have to work as a group," she said. "I think it's probably more challenging to work as a group online."

Online learning requires discipline and time management, but anyone can adapt to the environment if scheduling conflicts prevent them from being able to attend class, Hickey said.

"Ultimately, you need all the same skills, just at a different level," she said. "Can you function in that type of environment where you communicate electronically?"

First-year heating, ventilation and air conditioning student Adam Taylor, 22, took a career management course online and said it did not work for him. He had friends in the course and they decided to meet in person to discuss assignments rather than chat online.

"They're two different environments," Taylor said. "It's not bad if you know people in the course because you can actually sit down and work together. It's hard to discipline yourself to sit down and do the work online."



photo by justine lewkowicz

Ruth Hickey said the college offers a variety of online courses.

WHISK




Pecan Brittle
Chief: Andy MacNeil

Prep time: 25-30 minutes
Cost: \$2.00

Ingredients:
Sugar 300g
Salt tsp.
Corn syrup 200g
Vinegar 100ml
Pecan 200g
Butter 25g
Baking Soda 1 tsp.

Directions:
Take sugar, salt, corn syrup, vinegar and pecans and put it in a pot. Boil ingredients to 120 C. Using a candy thermometer, add pecans, stir and bring contents to 145 C. Turn off heat and add butter and baking soda. It will start to froth, then spread it out on a sheet to cool to a crisp.

Makes one pound of peanut brittle and serves 10-12 people.



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"One of the symptoms of an approaching nervous breakdown is the belief that one's work is terribly important." – *Bertrand Russell, British philosopher*

Spruce up your room

Little things can make a big difference in decor

Natasha Fall
SENIOR REPORTER

Decorating a room on a budget is possible, if you know where to go and how to shop.

Elizabeth Metcalfe, interior decorator of Elizabeth Metcalfe Interiors and Design gave some advice and tips on what works and what doesn't when decorating.

"I think it's best to keep to something contemporary, something with clean lines, simple lines," she said. "In a small space . . . clutter visually eats up a lot of space so you want to keep the clutter to a minimum and you want to keep your furniture as minimal as possible."

Metcalfe said some of the best places to shop are EQ3 in Toronto and Ikea.

She said shoppers should look for flexible furniture pieces that can be used in a number of ways.

"Look for an ottoman that will give you storage. You can use it to put your feet up, you can use it as an extra place for someone to sit and they are small enough that

you can tuck them away."

At Ikea in Vaughn, Val Staka, local PR and marketing specialist, suggested many different items, including the Ektorp Bromma storage ottoman, priced at \$149 and the functional Klippan sofa, with changeable slip covers for different looks, for \$339.

Reflective surfaces, such as glass coffee tables or full-length mirrors will also make a room seem bigger.

"It's (the sofa) nice, it's compact, but it still offers a lot of seating, you can interchange the slip covers, so certainly if it gets dirty, you can take it off and clean it, or you can upgrade," Staka said. "I think it's a nice piece to start off with and it's also a nice transitional piece."

At EQ3, sales associate Andrea Ignas suggested a desk as her favorite piece for students, because of how easily it could be tucked aside, and it was priced at \$229.

"It's an end table, but it can function as a desk. It can be used for so many purposes and it takes up so little space, it's called the 2morrow Desk," Ignas said.

Metcalfe said painting all the walls in a room a neutral colour such as beige, white or cream, except for one feature wall to add a splash of colour.

She suggested using the feature colour in accents around the room, such as cushions, lamps and an ottoman.

"The . . . key thing is be very disciplined about clutter, have only what you need and nothing more. Clutter will creep up on you before you know it and take over a room," Metcalfe said.

She added that measuring your room before shopping, picking colours that fit the feeling you're looking for when entering that room and buying storage that can minimize the clutter and open up the room are all good tips.

Metcalfe said reflective surfaces, such as glass coffee tables or full length mirrors will also make a room seem bigger.



photo by natasha fall

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Dating site caters to the hot enough

Deniz Izzet
LIFE REPORTER

Many students who are going to college or working, may lack the time in their daily lives to go out to bars or dance clubs to connect with someone new and have turned to online dating.

Hotenough.org is the online dating site that is designed for attractive, fit singles, and it's definitely not for everyone.

American Jason Pellegrino and his business partner created the site where prospective members must submit three pictures and must be rated an eight or higher by people who are already members.

If they get in, they are permitted to e-mail other members for \$9.95 per month.

"We are all superficial when it comes to the people who we chose to be intimate with," said Pellegrino from his office in Trenton, New Jersey. "All relationships start on physical attraction. It's what sparks a relationship."

Humber sociology professor Jim Jackson said he finds the site "totally sexist."

"You might be attracted to a person who you think you like or looks (like) . . . what you consider to be attractive," he said. "But after

the first 20 minutes you start to judge the content of a person by their character. Physical attraction is not everything."

HotEnough.org also keeps young adults connected within large urban cities like Toronto.

It also helps link singles with the club scene in most major urban centres in North America by providing special offers from local clubs and restaurants, including

VIP admission and drink specials.

Although online dating is an easy way to connect with people, not all young adults are embracing it.

First-year radio broadcasting student Shane Button doesn't trust online dating.

"I don't know what to expect," he said. "I won't trust the Internet because it has a lot of problems. I don't think I would trust finding somebody on the Internet. Also a lot of times people can put up fake pictures of themselves. You never know what you are getting on online dating."

First-year media studies student Sarah Thompson has tried the online matchmaking site *plentyoffish.com*.

"It is so much easier to talk to someone online than it is in person," Thompson said. "You can ask them anything, and you don't have to have those awkward silences."

"We are all superficial when it comes to the people who we chose to be intimate with."

– Jason Pellegrino
HotEnough.org creator

"To all my little Hulkamaniacs, say your prayers, take your vitamins and you will never go wrong." – Hulk Hogan, wrestling legend and reality TV star.

Supplements not necessary

Proper diet as good, therapist says

Justine Lewkowicz
LIFE REPORTER

Athletes do not require any performance enhancing supplements if they are following a proper diet, said Humber's athletic therapist.

Jennifer Bell said energy drinks containing caffeine, like Red Bull, Cheetah and Full Throttle, which some athletes drink before games for a boost, can increase their heart rate to a dangerous level.

"They already have an exercise heart rate and then they take something that elevates it even more," Bell said. "I've had one of my hockey players take an energy drink and he had heart palpitations. We had to pull him out of the game."

Mazen Hamadeh, a York University professor who has a doctorate in human nutrition, said athletes should not consume energy drinks even though caffeine has been shown in some cases to improve performance.

"It increases your metabolic rate and heart rate so you don't really have to exert yourself to get your heart pumping fast," Hamadeh said. "But, I absolutely do not recommend them."

The OCAA follows the rules of Sport Canada that tests athletes for banned substances like anabolic steroids and ephedrine.

College athletic director Doug Fox said certain supplements should be avoided because they can contain traces of these substances.

"There's no law that says you have to list everything that's in those products," Fox said.

Bell said whey proteins can contain traces of steroids because the manufacturers may not always clean the machines they use to make various products.

Sports drinks like Gatorade, PowerAde and All Sport can help athletes stay hydrated and prevent muscle cramping because they replace electrolytes involved in muscle contraction.



photo by justine lewkowicz

A variety of supplement products are on the market.

But they should only be consumed during high-intensity exercise that lasts 45 minutes or longer, Bell said. That includes sports like hockey or football and long-distance running.

"I see a lot of people at the gym drinking them," Hamadeh said. "And drinking while they're walking and while they're sitting at a friend's house. You don't need that."

Creatine is also a supplement that most athletes should avoid, Bell said, because although it helps build muscle mass, it does so through fluid retention. This places pressure on the liver and kidneys and can cause health problems.

Hamadeh said that creatine is advantageous for extreme sports that require sudden bursts of energy.

"But for the person who goes to the gym three times a week, they're not competing, they're not looking for that two-second advantage," he said, "they don't need it."

First-year early childhood education student, Hassani Borrice, 22, who used to play basketball with the Louisiana-Lafayette team in the NCAA, said he does not consume energy drinks or popular supplements like creatine and whey proteins.

"During games, I never felt any superb difference compared to drinking just water," Borrice said.

Hamadeh said athletes do not need whey proteins because the regular diet includes double the amount of protein that is required during exercise. And many athletes consume higher protein levels than those of the common diet.

"So automatically, if you do not take the supplements into account," Hamadeh said, "they're already increasing their intake above and beyond what they need."

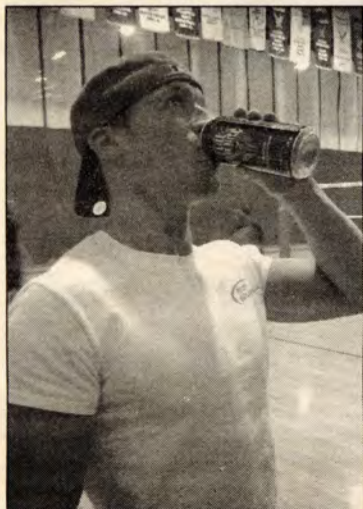


photo by justine lewkowicz

Some athletes take energy drinks for that extra boost.



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Electronic gods, The Chemical Brothers will release their sixth album, *We are the Night*, with Astralwerks records on June 19. — www.pitchforkmedia.com



courtesy



courtesy

(Top) Ilan Rosenberg flexes with *300* star Gerard Butler. (Bottom) Scene from *300*. (Cut-out) Member of Ryouko team in a compromising position at CAPS during his performance.

Warriors come out and play

Ilan Rosenberg and XSD martial arts team drop-kick Caps

Jeremy Dickson
ENTERTAINMENT REPORTER

A fight broke out at CAPS last week and a group of martial artists took the pub by storm. But no bones were broken and no blood was shed — it was all for show.

Ilan Rosenberg treated students to a re-enactment of a Spartan fight scene from the blockbuster film *300* and members of the X-treme Skills Development program (XSD) martial arts team gave a high-flying performance to help raise money for diabetes.

Rosenberg, a martial arts instructor and movie stuntman from Toronto, played a Spartan warrior in the hit film shot in Montreal.

The team of martial artists showcased an array of backflips, kicks, swordplay, acrobatics and even some breakdancing to entertain the crowd. All proceeds and donations from the HSF-sponsored event went to support diabetes research.

"We promote

health and fitness and raising money for diabetes is a noble cause," said Chris Mark, choreographer and co-ordinator of the team.

"We introduce the (XSD) program at traditional karate or Tae Kwon Do schools and right now it's taught at five locations across the GTA."

Mark and Rosenberg are also members of a martial arts entertainment group called Ryouko.

"XSD is like a promotional team for the Ryouko team," Mark said, who holds a first-degree black belt. "Ryouko does all the film work, television, commercials and music videos."

One Ryouko member recently performed stunts in *Rush Hour 3* with Jackie Chan, while Mark and his brother were stunt doubles in *Juniper*, a film shot recently in Toronto starring Samuel L. Jackson.

"We took a lot of hard hits, but it's part of a stuntman's job. It's what we get paid to do, so, it's hard to complain," Mark said.

When the casting call went out for *300*, all members of the Ryouko team tried out, but only three made it.

"Our bigger guys, Ilan Rosenberg, Louis Paquette and Jeff Ong, got it, but I guess they deemed me too small to be a Spartan," Mark laughed.

Rosenberg has been involved with stunt-work, martial arts and bodybuilding for over 20 years. He runs his own school, Reality Combat Fitness, in Newmarket, Ont., and teaches eight martial arts disciplines, but is best known for his skills in Commando Krav-Maga — the Israeli military's hand-to-hand fighting system.

"I'm the only licensed instructor in Toronto," said the five-foot-10, 200-plus pound stuntman.

He said working on *300* was an amazing experience and the opportunity to use shields and swords presented a new challenge.

"It was a little different but I liked it and now I want to use them all the time."

First-year film student Steve Harris, 21, said he was impressed by Rosenberg and the martial artists. "It's great that these guys from *Rush Hour 3* and *300* are here. I've heard of the Ryouko team and they don't disappoint."

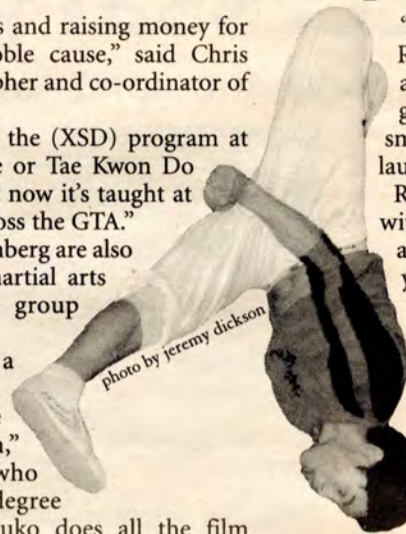


photo by jeremy dickson

learning to sing

Anastasiya Jogal
ENTERTAINMENT REPORTER

Humber students have an opportunity to improve their singing ability by taking lessons called The Singer's Body with college vocal professor Orville Heyn.

Heyn, who has been teaching since 1988, and composing since 1979, said he felt the need to start private classes because at one point in his teaching career he had up to 18 students on a waiting list.

Some of Heyn's students are in awe of his innovative teaching ability. "This has arguably been one of the most transformable experiences of my life," said Chayim Newman.

"He is truly one of the most gifted teachers I've studied with in my life," Newman said.

Heyn has a particular way of teaching his students to sing by incorporating a number of exercises

he has learned over the years. "It is a combination of techniques I've learned, I bring them together in a way that no one in the country does," Heyn said.

"We all have the same equipment."

He said it is a matter of being "sensitive to the way the voice, as vibration, feels within the body."

One of his students Lauren Eyton Jones said, "I definitely have a lot more control over

my voice now and there is still a lot to learn."

She said that by taking the classes she not only learned how to sing better, but how to live better.

Heyn covers the foundation thoroughly, but he also teaches a specific exercise that helps students pay attention to their voice and their body.

"My way of teaching is physical and holistic, you have to view yourself in a positive light rather than a negative light which slows down our development," Heyn said.

He not only sings but writes music too,

he has composed film scores for *Nice Car* and for *Trip*, starring Tara Samuel (of *Sue Thomas: F.B. Eye*), as well as for the TV pilot *Welcome To Harmony*, starring Fred Penner.

He has also arranged and orchestrated the song *The Broken* for Suzie McNeil, who was a finalist on the hit TV reality series *INXS Rockstar*.

The Singer's Body classes are divided into two levels, and students have to complete the first level no matter how experienced they are as a musician.

The classes are two hours each held in small groups and last for ten weeks and cost just under \$400.

"He is truly one of the most gifted teachers I've studied with in my life."

— Chayim Newman
vocal student



courtesy



Halle Berry has announced she will be shaving her head for her new film. The actress hopes it will be a liberating example for women to follow. — www.starpulse.com

Taking the laughs to T.O.

Hit comedy festival becomes a reality close to home

Adrienne Huen
ENTERTAINMENT REPORTER

Some of the funniest comedians come to Toronto this summer when Montreal's Just For Laughs comedy festival brings its show here.

"This will be the first year that Just for Laughs will be holding a comedy festival outside of Montreal," said Mark Breslin, chair of the Humber School of Comedy Advisory Committee. "It's their 25th anniversary this year, so it's going to be a great event with big venues and big name performers."

The three-day festival, which will be held from July 26 to 28, will happen on a much smaller scale than the Montreal festival. While the line-up has not yet been announced, the festival will feature six ticketed indoor shows, in addition to free outdoor performances at Dundas Square in downtown Toronto.

"The prestige of the festival alone will increase the comedy profile in the city," said Charlotte Empey, associate dean of the School of Creative and Performing Arts. "It will give our students a great opportunity to see great comedians, as well if it becomes a yearly

event will provide our students with great employment opportunities in the future."

While the Toronto festival will concentrate on bigger performances this year, Humber students in the School of Comedy Writing and Performance, will have the opportunity to showcase their talents on amateur nights at smaller unrelated venues across the city, like Yuk Yuk's and the Laugh Factory.

"Just For Laughs has taken a lot of comedians over the years and made them huge," said first-year comedy student Peter Shields. "It would be a tremendous experience

to perform at the festival...or even just be given the chance to work at the festival for experience."

Just For Laughs organizers have said if the Toronto festival proves to be a success, plans to make the festival a yearly event might be in the works with the city of Toronto and the provincial government.



photo by alex green

Hailey Kean sees her big win with *Stuffed* as the beginning of her film career. She hopes to nab more awards in the future.

Film students have the right *Stuff*

Alex Green
ENTERTAINMENT REPORTER

Two second-year Humber film and television production students took home the award for best exploration of documentary elements at the Canadian Film Festival in London, Ont. last month.

Director Hailey Kean and production manager Ley Lukins of *Stuffed* decided to take a school assignment to the next level by submitting the short film that features the extreme lengths people would go to take care of their pets.

The seven and a half minute short documentary was praised at

the festival last month and both Kean and Lukins won a certificate and a small cash prize.

"I think it's a really good starting point," Kean said. "It gave us the confidence in ourselves that we can go and do other things."

The intensive three-day shoot and the month of editing required, demanded a lot of teamwork.

"It was difficult at times but it was worthwhile," Lukins said. "It was stress that still came with a really great reward."

Lukins said that by the time they had finished making the documentary, the results were different than her original expectations.

"Making a documentary is really process-driven," Lukins said. "You really don't know what you're going to have until you get into the editing room."

Lukins came up with the concept and name *Stuffed* wanting to do something a little bit different and light-hearted.

"The greatest reward is having it played for people and having it exposed to a different audience than just your peers at Humber," Lukins said.

Showing off the brush

Tyler Kekewich
ENTERTAINMENT REPORTER

Humber artists have the chance to show off their work and make some serious cash by selling it in the process.

"If they've got something that they think is worth \$10,000 then go ahead," said Basil Guinane, associate dean of the media school and an event organizer.

The Humber College Community Art Show will open June 6 in the Guelph-Humber Art Gallery and will run until June 22.

A four-member jury will judge the artwork and \$500 will be awarded for first place. The exhibition is open to the entire Humber community and submissions will be accepted from students, staff

and faculty.

The theme of the exhibition is "community" and Guinane said it gives people an opportunity to show off their creative side.

"It's a chance for people to get to know other members of the community in a different light," Guinane said. "There might be a staff member working in the registrars office that might be a great collage artist."

Artists can submit original pieces in the areas of drawing, painting and photography on June 1 and 4 in the art gallery. All entries must have been produced after Jan. 1, 2005.

Submissions should include a title, the artist's name, type of media, date of creation, sale price and artist's contact information.

—Basil Guinane
Associate dean of the media school



photo by tyler kekewich

Pool guru Gerry Watson teaches students all the tricks of the trade at the Games Room yesterday at North Campus.

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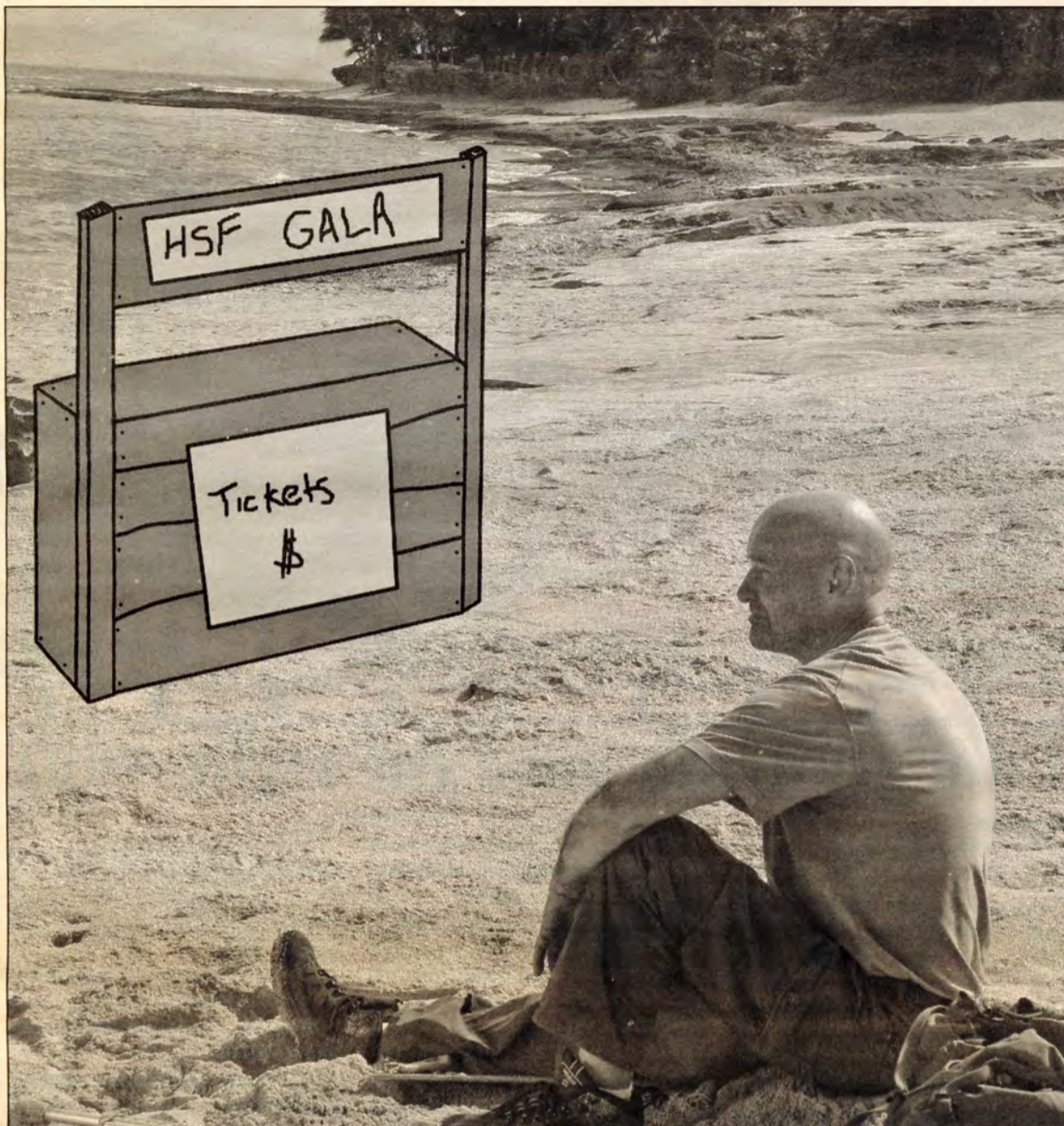


photo courtesy / illustration by drew seale

Don't expect to see John Locke or any other cast members at the HSF Gala on April 27.

GET LOST

HSF annual gala uses deserted island theme

Priya Mann
NEWS REPORTER

Imagine wearing your finest ball gown or hottest tux – and being left for dead, alone on island with 700 other students.

That's the goal of HSF organizers as they present LOST, an annual gala on Friday, April 27.

The formal event of the year is based on the popular TV show by the same name, said HSF program director Aaron Miller.

"This year it's the shipwrecked idea, where people are stranded. There will be a crashed plane out in the lobby and tribal things. But, I don't want to give too much away."

Excitement is building as tickets are almost sold out. Tickets cost \$45 and cover a full meal, entertainment and dancing. Formal dress code is in effect.

"In years past, people have come in tuxedos or full gowns. Usually the girls wear cocktail dresses and guys come in suits or a shirt and tie at least."

The gala is being held at Le Jardin, located at 8440 Highway in Woodbridge.

"The hall is very nice," said

Marylou Perruzza, event co-ordinator at Le Jardin.

The evening begins at 7 p.m. with cocktails and hors d'oeuvres. The dinner begins at 8 p.m.

"The menu is first-class," Perruzza said. "The dinner starts off with a garden salad served with balsamic vinaigrette, followed by penne pasta served with a rose sauce, scaloppini veal, grilled chicken and vegetables and potatoes. For dessert, a crepe filled with vanilla icing, drizzled in strawberry, orange or chocolate sauce."

Students from both Lakeshore and North Campus are invited.

"There are two shuttle buses, one for each campus," Miller said. Buses will leave three times from North Campus at 5:45 p.m., 6:45 p.m. and 7 p.m. Buses will leave twice from Lakeshore campus at 5:45 p.m. and 6:45 p.m.

Farris Green, a third-year journalism student at Guelph-Humber went last year.

"It was my first time and the experience was amazing," she said. "The décor was beautiful and I went with a bunch of friends. The food was great, the music was awesome and it was a good way to end off a busy year."

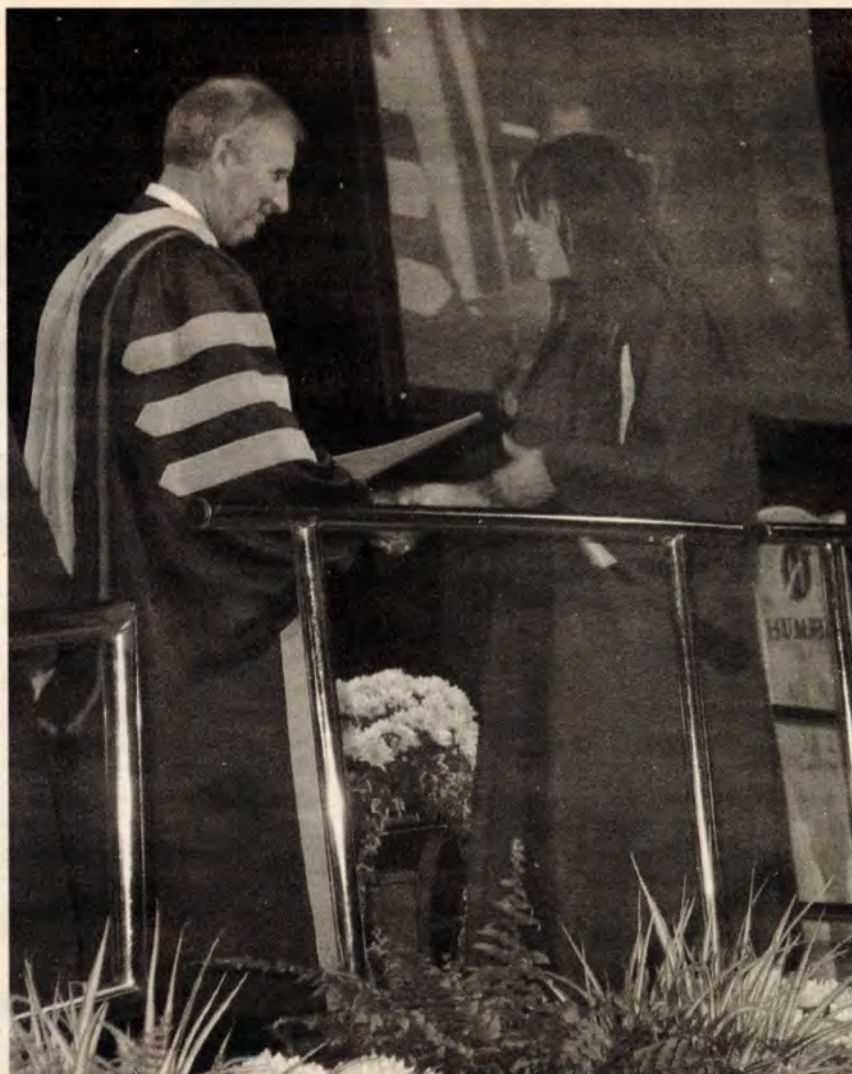
Congratulations Graduates!

Convocation is the annual celebration which gives us all an opportunity to applaud, and reward your hard work. Please join us as we celebrate this special occasion.

Humber's Convocation Ceremonies will be held during the week of June 18th, 2007.

Remember the deadline to apply to attend is Friday, May 11th, 2007.

For more information regarding dates and times for each program and school, please visit our website at:
<http://convocation.humber.ca>





"You miss by a point, then every single point given away is the reason." – Leafs coach Paul Maurice, reminding reporters of games they had no business winning.

Singleton scores off pitch

Soccer alum has big dreams for small screen comedy

Brigid Aiken
SPORTS REPORTER

Nathaniel 'Single Foot' Singleton has already made a name for himself in the entertainment industry with a series of Molson Canadian commercials and as an emcee with hip-hop group Baby Blue Soundcrew, but the Brampton native is just getting started.

"I'm creating Canadian history," said Singleton, 31, a former Hawks soccer player, who's in the process of creating a new show which he describes as "SCTV meets a clean Dave Chappelle."

Singleton's program, called *Single Foot Presents*, is a kind of sketch comedy meets magazine format show and will showcase creative Canadian talent from coast to coast as they're interviewed by his various characters.

"It hasn't been picked up yet, but there's no show like it," Singleton said. "There are programs that emulate different spectrums of Canadian culture, your *Corner Gas*, *Trailer Park Boys*, *Air Farce*, but there isn't anything that represents my Canada. My Canada is much more creative, much more diverse. My Canada is a lot funnier."

Singleton said he hopes his show will air on network television and

is also considering basing it on the web but is confident it will find a place with viewers.

"It's not a matter of dreaming, it's a matter of what I choose," he said. "I'm proud to be Canadian and I don't know why no one else is screaming that. It's a little bit baffling for me so I'm like, 'well dude, Canada is cool and no one is saying it, so maybe it's time.'"

While he attended Centennial College for a semester, Singleton switched to Humber in the winter of '99 and graduated in 2002 from recreation and leisure services.

"He puts the fear of God into people on the field."

– Cesare Tripodo
men's soccer coach

A strong soccer player, Singleton knew he was going to play for the Hawks before the semester began.

"I knew I was going to make the team," he said. "There was an exhibition game where Centennial College played Humber, so after the game I walked up to (athletic director) Doug Fox and introduced myself and said, 'I'm coming here next semester' and just walked off. And lo and behold I was there next semester and I was on the team. They knew my game. Triple A game and they remem-

bered that."

Singleton began playing soccer as a child and earned the nickname 'Single Foot' which he still goes by today.

"When I was younger my left foot was really, really bad," he said. "But my right foot was golden so everyone called me Single Foot."

He still makes time for soccer, playing for a Toronto Ontario Soccer League team, as well as getting together with other Humber alum for pick-up games.

"Single Foot is a motivator," said soccer coach Cesare Tripodo. "He puts the fear of God into people on the field. His attitude is, 'I'm coming after you.' He's like a Darcy Tucker (Toronto Maple Leafs right winger). He always works 150 per cent."

Singleton said he would love to come back to Humber for a chance to coach and give back to the school.

"I think if you had to ask me what's on my list of things to do, it would be to create an award for the kid that hustles the most. Sometimes the kid that hustles the most isn't the most improved and isn't the most valuable player, but he puts a lot of heart into it, and for me when you put your heart into something that's what matters."



photo by brigid aiken

Nathaniel Singleton shows his soccer skills in a January tournament at Humber. His team won gold, dusting off Ryerson 1-0.



"I FOUND SIX CANADIAN"

"30S ARE THE NEW 20S"

CRUNCH TIME

Humber varsity athletes will be recognized by their peers and coaches at the annual athletic awards banquet tomorrow evening at Humber College.

Two players will be chosen from each varsity team – most outstanding player and rookie of the year – as voted by the players and coaches.

Athletic director Doug Fox will present the overall men's and women's Athlete of the Year and Freshman Athlete of the Year awards.

Other awards – based on votes by coaches and athletic department administration – include: the Hawk Spirit Award, to the athlete who has exhibited the most enthusiasm for the entire varsity program; the Hawk Heart award, to the athlete who overcame the most adversity; the Academic Excellence award for the athlete who showed high performance in sport and in the classroom and the Good Sportsmanship award.

The Athletic Therapy award will be presented by the training staff for the most outstanding work by a student therapist and the Coaching Excellence award will be presented by the entire coaching staff to one of their colleagues.

– Michael Clegg

OCAA aims for competitive new schedule

Jesse Kinosh-Goodin
SPORTS REPORTER

Ontario college athletic directors met last week to consider ways of making their teams more competitive.

"There are problems in competition between big schools and small schools," OCAA president Ray Sarkis said, after its annual meeting last Thursday. "We're looking for realignment so people are

actually playing meaningful competition."

Humber athletic director Doug Fox said the lack of competition in Ontario has larger consequences.

"We're not ready for the nationals the way we are," he said. "We need to be prepared to play for every single point, and when half the games you play don't have any meaningful competition, we end up being not very competitive at a national level."

Sarkis, also the athletic director at Niagara College, said he would also like to move to a system that would allow colleges to play against universities.

"That's what I would personally like to see," Sarkis said. "We have integrated programs, degrees and credits – so why not sports?"

But the executive director of Ontario University Athletics Ward Delsie said that's not going to happen any time soon.

"The OUA is already very large ... and to expand it would be to make our current issues more significant and we don't need that right now," Delsie said.

In the meantime, the OCAA will have to come up with ideas to improve sports for the 30 colleges.

"We have a strategic committee on that now," Sarkis said. "We're coming up with a four-year strategic plan which will be presented this summer."

SPORTS

"There's a lot of body on top of that heel." - Jays manager John Gibbons on 6-foot-5, 240-pound Troy Glaus missing one game due to a bone spur in his heel.

Vball teams try to improve

Radmila Malobabic
SPORTS REPORTER

The Hawks volleyball teams are already working to bring home gold next year.

"Next season is all about recruitment," said women's head coach Chris Wilkins. "We have two girls coming from Western, one from Lakehead, one from Ryerson and a few from club teams."

As for the men's team, head coach Wayne Wilkins said, "our focus is on hosting the nationals here at Humber (next February). We obviously want to win gold, and with six new recruits coming on, we just may."

The men's team is bringing on members from the Pakmen Volleyball Club of Toronto and students from Toronto and Ottawa's universities.

"For the most part our team needs a lot of persistence," Wayne said. "With hosting the nationals and having other schools here, we need to be at our best."

Chris said next year is going to be the year of the gold.

"We will definitely be starting sooner than later this year. In the summer the girls have to be playing volleyball so when they come back from the break they aren't rusty. Plus, we'll have a meet and greet in August so the team is

familiar with everyone and it's not awkward when we start playing in September."

Third-year Hawk Robyn Stafford said her dream is going to the nationals next season and landing a top spot in the country.

"I want to prove to the team that I can be a good leader," Stafford said. "Someone they can look to when we need to get things done in a game."

The women placed second in Ontario this year and Chris knows the team can do better.

"We want to increase our volleyball skills," he said. "No position is safe. But, we have a strong team this season and I know if we start early we can go far."

Stafford said she will try to lead through what the coach says.

"Play as a team and work hard no matter what. Even if we don't win games, we will be the hardest working team out there."

The men placed eighth at this year's Ontario Championships. Although it was a disappointing loss, Wayne is optimistic.

"We want to be our best next season," he said. "We want to bring out the best in everybody and every year we have to up our competition. We have to be prepared to get out there and put all our hard work into winning the games."



photo by radmila malobabic

Both the men's and women's volleyball teams are aiming to smash the competition next year with some off-season conditioning and an early meet and greet to introduce the new players.

Hawks serve up nationals

Hosting 2008 men's championships means automatic entry

Jesse Kinosh-Goodin
SPORTS REPORTER

Humber has been chosen to host the men's volleyball national championships next year.

"It's just not running a tournament, it's a whole festival," said athletic director Doug Fox. "We run tournaments in our sleep."

The nationals would see college teams from all across Canada converge at Humber from March 6-9 2008.

"We're known as running the most profile events around," Fox said. "I wasn't looking to do it because we had already done basketball, women's volleyball and we had some other commitments, and to tell you the truth, it's a lot of work."

The preparation usually takes two years, but due to lack of interest from other colleges the offer has been on the table since last May. As a result, Humber only has one year to get the event together.

There will be logos, branding, marketing, award banquets, rental vans, hotels and a closing social. And then there's the money.

The event doesn't generate any revenue, which poses a problem because, "women's volleyball last year cost about \$75,000," Fox said. "About \$30,000 of that was our own and the rest was fundraising." So why host a time-consuming, expensive tournament?

"It's just not running a tournament, it's a whole festival. We run tournaments in our sleep."

-Doug Fox
athletic director

"It's not everyday you get to play in the nationals," said head coach Wayne Wilkins. "There are two wild cards in the tournament and because we're the host we automatically get one of those. But we're not backing our way in. We want to go and represent the school. We don't get a bye just because we're hosting it."

In order to prepare the team, the volleyball program is going to get a big incentive next year, according

to Fox.

"We'll travel across the country, play some tournaments in Quebec, Alberta and the States," he said.

Also, just the fact that Humber will be hosting the nationals, "really helps with recruiting," Fox said.

"We've been recruiting three months now," Wilkins said. "We're also trying to get a few guys to come back. We're looking at key players who need half credits, or guys who are working jobs they're not happy in and would like to get another diploma."

The Hawks will only lose one player next year, but even with the addition of some previous impact players they will still be seen as a dark horse when compared to stronger teams from Alberta, like Grant McEwen and Mount Royal. Red Deer College is the favourite, having won the tournament for the last six years.

"People underestimate us," Wilkins said. "We're definitely not favored to win. We've got to play like we have nothing to lose. We've got to play like that dark horse."

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"We'll just try to make it an ugly game." – Calgary Flame Craig Conroy on his team's game plan heading into Game 1 against the Detroit Red Wings on Thursday.

Dynamic dynasties of Hawk history

Jesse Kinosh-Goodin
SPORTS REPORTER

When the Humber men's indoor soccer team lost the final at the Ontario championships last month, it ended a six-year streak. But soccer has hardly been Humber's only dominant sport. *Et Cetera* takes a look back at some other dynasties.

1985-1990 Men's Hockey

In the 1980s, hockey was "the strongest sport in college athletics, right up there with basketball," said former athletic director and hockey coach Peter Maybury.

"Basically, Humber's team right through the '80s was the team to beat," he said.

"In 11 years we took eight provincial titles – five of them in a row from 1985-1990."

Within that time the team would also go on to capture three national silver medals and one bronze. But the game that stands out in Maybury's mind was in 1978, when Humber beat St. Clair for the provincial championship in a best of three series. It only took two games as Humber won 7-3 the first game, and 10-0 the second.

"St. Clair had been a huge hockey school," Maybury said. "We beat them badly in a pretty big crowd at Westwood Arena. It's what really put Humber over the hump and

on the top, and from then on we were regarded as the hockey school among colleges."

Former player Dana Shutt would take over as head coach in 1985 and lead the Hawks to their league record setting five championships in a row.

"What was the demise?" Maybury said. "Loss of funding for a national championship hurt. When you don't have a national championship to play for, it takes a lot away from it. Also, hockey became so costly and we had just hired Mike Katz (Humber hall of fame basketball coach). We couldn't offer scholarships for all sports, so one of my last recommendations when I left as athletic director was to scrap hockey."

1990-1996 Men's Basketball

The demise of hockey at Humber led to the supremacy of basketball with new coach Mike Katz, who led the team to six provincial championships in a row, claiming four national championships within that time. In one decade, Humber basketball would claim league records for most OCAA championships (10 in total) and the most consecutive OCAA championships (6).

"The pivotal game was in '90-'91 against Sheridan for the OCAA championship," Katz said. "We were down 15 with six minutes to

go. There were no wild cards back then so we needed that game and it ended up coming out of nowhere. We won in the final seconds by one basket from Patrick Rhodd ('90-'91 OCAA MVP, OCAA all-star and seventh all time OCAA scoring leader). That got us to Kamloops for the Nationals."

That was the first year Humber would win both the provincial and the national championships. The team would continue the provincial/national double gold streak for three more years and claim provincial gold for another three years after that.

"Basically, Humber's team right through the '80s was the team to beat, in 11 years we took eight provincial titles – five of them in a row from 1985-1990."

– Peter Maybury
former hockey coach

"That game was the catalyst, the turning point," Katz said. "If we didn't go to the nationals who knows what would have happened. In those days we were always close but just never made it. But after 1991 the guys got their confidence and there was no stopping them. Humber was the place to come play basketball."

1997-2006 Women's Volleyball

Since 1997, the women's volleyball team has taken home four provincial championships, three silver medals and one bronze. They also had three all-Canadian all star players and 22 Ontario all-stars. Former player Christine Rudics (1995-99) leads the league in all-time scoring with 873.

"We're well known in the volleyball community for being a strong program," said head coach Chris Wilkins.

"It started in the mid-90s. We got lucky with a couple of good walk-on players, Christine Rudics and Caroline Fletcher (both were OCAA all-stars). From then on we started getting better, and once we got a taste of winning we didn't want to go back."

This was made easier once athletics really got behind the team.

"We had travel expenses, meal expenses, we'd go to Alberta, Quebec and the U.S. for tournaments. The girls had a clothing sponsor. It makes you feel like you're on a first class team, and this made it a lot easier to recruit young club players."

With all the gold medals the highlight for Wilkins was when Humber hosted the national championships in 2004 and lost.

"We lost in five games of the semi-finals, but that's not what made this game stand out,"

Wilkins said. "A week before we had to cut one of our best players, Elizabeth Salas, due to an internal team matter. She was the top hitter in Ontario and it was a tough decision. Just the fact that we made it as far as we did was great. We took a lot of pride in having a strong team even though we lost," he said.

"Until this day I still use that as a rallying call – that a team can accomplish anything when they come together."

2004-2006 Men's Basketball

"When you think dynasties you think repeats," said athletic director Doug Fox. "You think the basketball team."

Head coach Darrell Glenn is in his third year in the position – he was assistant coach the two years prior – and has left a lasting impression. This year's OCAA central coach of the year, Glenn and his team were provincial champions in the 2004-2005 and the 2005-2006 seasons. In both of those years they made it to the final four of the national championships and named six players to the OCAA all-star list.

"We have a lot to sell," he said. "There's a lot of basketball tradition at Humber. We have a well-recognized, youthful team sponsor (Nike) and basketball is really treated like a high profile game."

Glenn's highlight is from last season. "In 2005-2006 we had 11 brand new players," he said. "We basically lost the entire team and were rebuilding. Nobody expected much from us."

This team would go on to successfully defend the provincial championship, taking Sheridan



courtesy

The Hawks won several championships through the 1980s.

83-76.

"Sheridan was really big in the front court and we were small," he said. "I knew my guys would have to shoot to win, but I thought we would have trouble. When we played Sheridan was favoured to win. Jose Araujo ended up hitting eight three-pointers that game for us, five of them in the first half."

There are two reasons why that victory stands out in coach Glenn's mind.

"Not only was it a great team building year," he said, "but we had lost the previous series to Sheridan 2-1."



courtesy

The 1991 men's basketball team won the first of six in a row.

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We are Et Cetera

The editors are moving on to bigger things. Working in a newsroom is intense because most of us spend around 40 hours a week together. We've laughed hysterically and fought intensely. But at the end of the day we are a bunch of hardworking, adrenaline junkies who love what we do.

We accept the fact that we had to sacrifice an entire semester in the newsroom...What we found out is that each one of us is a princess – most of us can throw quite the fit when things don't go our way. An athlete – we've all done sports (writing, of course). A criminal is few and far between in this class but at times society has labeled journalists as scum. But in the end we full heartedly believe each and every one of us at the core is a basket case with brains.



We are the 2007 masthead of *Humber Et Cetera*:

Shaun Archer 1

Nickname: P-Magnet.
If I were a superhero, I'd be: Xena.
I've always had a crush on: Judy Charles.
Most likely to wear a superhero outfit.

Ferry Bridge 2

Favourite book: The newspaper.
I've always had a crush on: Jaclyn Newman.
Most likely to end up on *Without a Trace*.

Justin Holmes 3

Favourite saying: Yeaah.
Celeb look-a-like? Corey Feldman.
Most likely to wind up naked in Pat Border's bed.

Dennis Chung 4

Nickname: D-diddles, Den-Den.
Favourite pastime: Dancing like a jellyfish.
Most likely to lurk around and touch you with a 'tickle stick'.

Mark Guilherme 5

Nickname: The Third K, Marky Mark.
Least favourite quote: "Mark... come on. Come, come on." - Dennis Chung.
Most likely to ruin their kid's life by missing their kid's championship game.

Chris Halliday 6

Nickname: 1Pac, Paco, Pacs, Christovsky.
Favourite saying: You Donkey.
Most likely to say "Do you know who I am?"

Drew Seale 7

Nickname: Drew, K-One, Drew Downs.
Person you have a crush on: D. Gilchrist.
Most likely to shop in the kid's section.

Adam Trinh 8

Nickname: Trinh, K2, Trinhity, Trinidad.
Favourite saying: "That's hip-hop, that's the struggle."
Most likely to open a gadget store.

Vernon Williston 9

Nickname: V-Dub.
Dream journalism job: Freelancing for a newspaper in Latin America.
Most likely to lead a communist movement.

Andrew Stewart 10

Pet peeve: Level 8 of *Super Mario Bros. 3*.
Dream journalism job: To be the kid from *Almost Famous*.
Most likely to play *Contra* instead of work.

Rui Gomes 11

Nickname: Ru-dawg.
Dream journalism job: Hockey writer.
If I were a superhero, I'd be: More awesome.
Most likely to manscape daily.

Marlene Benedicto 12

Pet peeve: Things that are sticky.
Dream journalism job: Working as a reporter for *Rolling Stone* magazine.
Most likely to become an online gossip columnist.

Leigh Blenkhorn 13

Nickname: Blenky.
I've always had a crush on: Fred Flintstone.
Celeb look-a-like? Rory from *Gilmore Girls*.
Most likely to be a NYC tour guide.

Sarah Lanni 14

Pet peeve: People who eat with open mouths.
Person you'd like to interview, dead or alive: Hitler.
Most likely to not be a journalist.

Samantha Wu 15

Favourite book: *The Vampire Lestat*.
Dream journalism job: Photojournalist for *National Geographic*.
Most likely to cast a spell on you.

Doug Gilchrist 16

Nickname: "The" Doug Gilchrist.
Favourite saying: "You're the brightest cookie in the bottom of a cereal box."
Most likely to edit the 'Most Likely' list.

Jaclyn Newman 17

Favourite pastime: Rocking *Guitar Hero*, watching hockey and Thomas Kaberle.
Most likely to run screaming from a condiment stand.

Michelle DiPardo 18

Nickname: Mish.
Dream journalism job: EIC of *Puppies Monthly*.
Most likely to kidnap Jack Bauer.

Crissandra Ayrosa 19

Favourite saying: "This is why we can't have nice things." "I'm going to the moon!"
Arch nemesis: David Blaine.
Most likely to hug it out.

Eileen Koftyzer 20

Nickname: Slick (but don't ask why).
Dream journalism job: Editor of *National Geographic*.
Most likely to break an arm playing Nintendo Wii.

Zoe Szuch 21

Nickname: Zo, Zeeboba, Zsu-Zsu, Zooooye
Person you'd like to interview, dead or alive: Che Guevara.
Most likely to be ganked by a level 49 Rogue Orc.

Natasha Fall 22

Nickname: Tasha, Tash, Nat, Bambie.
Dream journalism job: Community newspaper.
Favourite pastime: Painting, drawing and creative writing.
Most likely to sneeze during a meeting.

Alister MacLusky 23

Nickname: Sleepy.
Pet peeve: stale, overpriced muffins.
Arch nemesis: Procrastination.
Most likely to get in to a stranger's van for candy.

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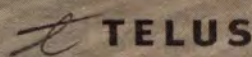
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