

Humber Et Cetera

tech

life

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Metro panhandlers will receive support from demonstrators this Saturday, after police proposed that the city needs vagrancy laws.

Panhandling, an issue begging for change

by **Simone A. Brown**
News Reporter

Social activists are planning a mass panhandling demonstration on Saturday to protest any attempts by the Metro Police Chief to put a ban on street begging.

The demonstration is being organized by the Ontario Coalition Against Poverty (OCAP).

The demonstration is in response to comments made by Metro Police Chief David Boothby to the *Toronto Star*. Boothby said he wants Ottawa to bring back vagrancy laws to get people off the street "for their own protection" and to allow them to get panhandlers off the street.

He added that panhandling has become a "nuisance" to downtown workers and shoppers which he claimed is not necessary given the wide variety of social programs.

Jason Baines, an activist at the OCAP, said homeless people and panhandlers are being unfairly targeted by the police and welfare cuts by the provincial government

have forced people to beg for money on the street in order to survive.

"The provincial government is starving people to the point where they have to beg on the streets and now with this the police are coming by to get them off the street and put them in jail," he said.

About 100 people are expected to attend the demonstration, including members of OCAP and homeless people. Labor unions are being encouraged to participate as well, said Baines.

Devin Kealey, constable of media relations for the Metro Police, said the police are not trying to crack down on the poor.

"The police are dealing with homeless people every night, trying to get them food and shelter but the police can't do anything so they need vagrancy laws," he said.

There are two kinds of panhandlers, he explained, those who have no choice and are unable to make proper decisions because of a medical condition, and those who do it as a business.

Boothby's comments were only directed towards stopping the latter, he said.

Over the years, there has been an increase in the number of panhandlers who do it as a business,

"The provincial government is starving people to the point where they have to beg on the streets... now the police are coming by to get them off the street and put them in jail."

- Jason Baines
OCAP activist

Kealey said. They impede business entrances and block the sidewalks.

"Some are very low key and some will follow you down the

streets," he said. There has also been an increase in the number of complaints against them.

"We get business people calling to complain that these people are targeting their business and people not feeling comfortable to come down because they are tired of always being asked for change," he said.

Baines said panhandling may be disturbing but many people are starving on the streets and have no choice.

"The problem is people have to beg on the streets because they're so poor. Vagrancy laws won't resolve it. The problem is people have to beg," he said.

Kealey disagreed. He said there are many businesses that are looking for part-time workers and there are many services like food banks and shelters available for the poor.

"There are choices. It's just that [panhandling] is the choice they are making," he said.

The mass panhandling demonstration will be held at Yonge and Queen Streets, Saturday at 11:00 a.m.

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News

Upcoming Events

January 25

• Protest against panhandling ban at Queen and Yonge at 11 a.m.

January 26

• Superbowl Sunday at Caps at 4 p.m.

January 30

• Hypnotist Mike Mandell will be at Lakeshore 1:45 p.m.

SAC considers axing copy service to save \$32,000

by John Wright
News Reporter

A student service initiated earlier this year to provide cheaper text materials for courses at Humber, may be discontinued unless more teachers start using it.

Cancopy, which costs about \$32,000 a year and is purchased with money from student fees allows institutions to legally photocopy up to 15 per cent of a textbook to be used in the classroom.

This license, was made available to post-secondary institutions by the publishers of texts who realized that colleges and universities were photocopying sections of text for classes without permission or payment for its usage.

"With the high price of new texts, and the poor return on used

texts, it would be economically more viable for students to purchase only chapters of text imperative to their courses, which is essentially what Cancopy is set up for," Steve Virtue, Students' Association Council (SAC) president said.

The lack of interest in making use of the Cancopy license has raised suggestions that students shouldn't be forced to pay for it again next year unless there is a significant increase in the number of teachers making use of the service.

"I'm not satisfied with the amount of use we're getting out of Cancopy at the present time," said Virtue. "We purchased this license to make things cheaper for students. Although it isn't costing

them a huge amount of money, a buck is a buck, and it's not fair to Humber's student body to be paying for something that isn't being made available to most of them."

Kim Seifried, manager of the Humber bookstore, said Cancopy makes up about seven to eight per cent of the course material in the store.

"I think that percentage is quite high for a school of this size," said Seifried. "Cancopy isn't applicable to all courses because the majority of the teachers are effectively making use of just one text.

Teachers who use Cancopy usually have a number of different texts they want to use, but instead of making the students buy each text, they photocopy several chapters from each and put them

together to form a unique package for the course."

Judy Harvey, dean of Student Services, is working with Seifried to create a promotional campaign to increase awareness about Cancopy so the number of courses making use of it will be higher next year.

"Cancopy at Humber is at a reasonable ratio (7-8 per cent) for its first year, but we'll have to up the percentage quickly so that we can continue to offer it to teachers and students next year," said Harvey.

She added that teachers could come to her for information on the service.

Course packages should be prepared by spring, but packages can be prepared on short notice.

Lakeshore

Red Cross turns away 20 blood donors due to colds

by Mary Quicker
News Reporter

The common cold's high incidence rate this season caused a huge deferral of blood donors at the Red Cross clinic held at Humber's Lakeshore campus last Wednesday.

According to Clinic Co-ordinator for the Red Cross Faye Roberts, the results showed 20 of the 78 people attending to donate blood had to be turned away because of the cold season.

"We want our donors to have a great donation experience, so that they will tell their friends that giving blood can save up to four lives with only one unit of blood," Roberts said.

Kim Heroux, 20, a Child and Youth Work student at Humber's Lakeshore campus, gave blood for the third time.

"I give blood because someday I don't want to be stuck. So, if I ever need blood, my little donation is a way of guaranteeing I did my part," she said.

It's a simple process and it doesn't take a lot of time out of your day, Heroux added.

Heroux's classmate and friend, Lisa McFadden, 20, gave blood for the first time.

"It was my first time and

because Kim was, I thought why not and I tried it," she said.

According to McFadden, it wasn't as bad as she thought.

"It's such a simple thing and if it helps someone live, I think I've done a good thing," she said.

McFadden said promoting the \$5 lunch discount, when a student gives blood, could attract more people to the idea.

Lois Thompson has volunteered for the Red Cross for 16 years.

"It's very successful at Humber, but there is a shortage of blood unfortunately. Most people give blood because they want to help someone else," Thompson said.

"Blood type O's are specifically critical at hospitals. In fact, hospitals are still receiving a portion of what they need, but we're still struggling to get the units in," Roberts said.

"There are no blood substitutes and unfortunately people still need blood. We're responsible for about 600 units a day to supply 61 hospitals," she added.

Roberts said the Red Cross doesn't take much blood; your body can reproduce it in less than four weeks. Giving blood takes 45 minutes and is painless.

"So if you're healthy, between the ages of 17 and 70 and are feel-



Red Cross workers had to turn away 20 donors last Wednesday.

ing good, then definitely try to get out and donate, because people out there need you," she said.

For more information about giving blood, call the Red Cross office at (416) 974-9900. They will be pleased to answer your questions and inform you of the nearest blood donor clinic.

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Ads may invade Humber

Ad agency offers SAC \$90,000 for space on Humber's walls

by **W.P. Lahey**
News Reporter

Zoom Media, a Montreal-based advertising agency has offered the Students' Association Council (SAC) \$90,000 to rent wall space within Humber College.

The company has been soliciting SAC President Steve Virtue since last June to allow the company to set up 15 illuminated display boards, which Zoom refers to as "megazoom" boards, in high traffic areas at both the North and Lakeshore campuses. The boards are approximately the size of bus shelter display boards.

Speaking at the Jan. 15 Council of Student Affairs meeting, Virtue expressed concern over the company's offer and the commercialization of Humber College.

"When Zoom first approached us (SAC) in June, they were offering \$20,000 to set up here," he said. "We hesitated and in November they increased their offer to \$90,000. The question here isn't just one of money, but where do we draw the line on advertising in an educational institution."

Humber's Athletic Director Doug Fox added that the CSA should act carefully in this matter, citing how other colleges and universities across Canada have "sold" wall and floor space to large conglomerates for advertising purposes.

"I've been to many schools around this country and you'd be surprised at how many gymnasiums I've seen that have a corporation's logo on their floor or walls," Fox said.

Zoom Media salesman Martin Poitras said he recognized the concern students and faculty may have about advertising in school. But he added of the 22 post-secondary institutions that Zoom currently

services, he has not received one complaint.

"The goal of Zoom Media is to make money and help schools generate revenue while helping our advertisers reach an audience (18 to 26 year olds) that is very difficult to reach," Poitras said. "The reactions we have gotten from the colleges and universities that we serve have all been positive. Our billboards are a beauty."

Poitras also mentioned that students and faculty should not be alarmed over the types of advertisements they would be seeing.

"We're not advertising in the classrooms and your student council has the final say on what kind of advertisements would be placed in your school," he said. "We would not place ads that may be offensive to anyone."

But Sheridan College Student Union president Mike Bauers said there have been some complaints at the college's Oakville campus.

Sheridan is running a test project that allows the company to advertise in Sheridan's washrooms, student centre, and on computer screens in the classrooms.

"As far as the ads on the computers go, it's been totally beneficial," Bauers said. "The only complaints that we've received dealt with two advertisements in the washrooms. One ad was basically a 'pro-drug ad', the other was just pathetic. It was full of sexual innuendo."

Bauers said Sheridan was uncertain of how much Zoom Media would work at its campuses, and opted to give them an eight-month trial period.

"We've got another four

Zoom Media Client List

Ontario Colleges and Universities

- | | |
|----------------------|------------------------|
| Carleton University | Northern College |
| Conestoga College | Ryerson University |
| Durham College | Sheridan College |
| Fanshawe College | University of Toronto |
| Georgian College | University of Waterloo |
| George Brown College | Wilfrid Laurier Univ. |
| Guelph University | York University |

Also 26 schools in Quebec and one in British Columbia

months to go and then we'll sit down and review the situation before proceeding further," Bauers said. "It is a shame that the college has to sell itself to generate the money it needs to survive, but that's the reality of it all. It's the Americanization of the Canadian educational system."

Virtue echoed Bauers' comments, adding that there will be no advertising in Humber's classrooms as long as he's here.

"I don't want to jump the gun on this thing," he said. "Many of my questions have not yet been answered. For example, if we were to allow Zoom Media to set up its megazoom boards wherever they want, are we turning Humber College into a shopping mall? And

second, we are the second largest college in Canada, surely our advertising dollars and our location should be worth more than what a smaller school in Northern Ontario is being offered. Zoom is going to make millions on this!"

Although no decision has been made by SAC or the Board of Governors on whether Zoom Media will be allowed to advertise at Humber College, the issue is under careful review.

A decision was expected at the CSA meeting on Jan. 22. That meeting was held at the North Campus gymnasium and students were encouraged to attend.

The decision has now been postponed for a private meeting of the CSA at the end of January.

Safety of express toll route still questionable

by **Sherri Platt**
News Reporter

An independent engineering committee is reviewing the safety of the new Highway 407 express toll route.

Concerns regarding the safety of the highway arose when a provincial auditor's report revealed that over \$300 million was shaved off of construction costs.

"The committee is going to do some evaluations. Their focus is going to be looking at the standards used in the construction, and whether they are appropriate," said David Fletcher, director of public affairs for the Professional Engineers of Ontario.

Fletcher estimated the review will take two months to complete and will cost taxpayers \$300,000.

The 69 kilometre expressway is a means to connect Highway 403 in Oakville to Highway 48 in Markham and was to be completed in late 1996.

The primary issue delaying the opening is the length of connect-

ing ramps, which critics said were shorter than a safe distance. The committee will also be looking into the lack of medians, a move that is opposed by police.

The highway will not be opened until any changes suggested by the committee have been passed along to the Ministry of Transportation.

"Our role is looking at this from an engineering standpoint. We will be giving the findings to the Ministry. It will be in their hands to proceed as they see fit," said Fletcher.

In the meantime, Humber commuters who would benefit from the route will have to wait.

"The highway opening would be a huge advantage to students coming from north of the 401," said Kathleen Rowlands, manager of student recruitment at Humber.

"The 407 is right in our pathway for students, especially for those coming from the west, and it'll be great for people who work here too," Rowlands added.

CORRECTION

In the Jan. 16-22 issue of the Humber Et Cetera, some type was missing from the second paragraph of the front page story, "Smokers leave kids coughing."

It should have read: "During an annual party for Humber's staff and their kids, a few parents complained about the stench and then left with their children, because of the air or lack thereof" said Students' Association Council (SAC) president Steve Virtue.

We apologize for any embarrassment this may have caused.

In the December 5 issue, in a story on page 2, Grant Fraser, coordinator of the professional golf management program, says he should be quoted as "The college owes it to the students to be in a safe and comfortable environment" referring to housing of the students in a portable.

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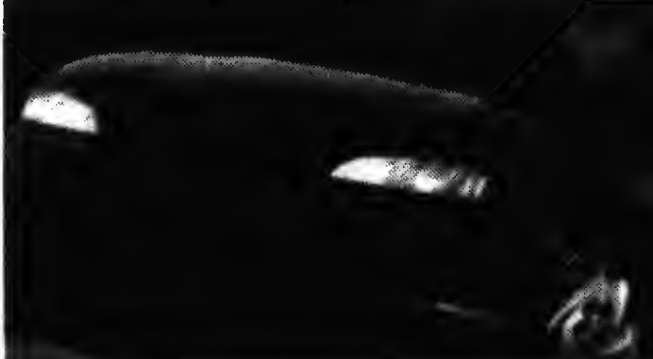
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Rags to riches - students start company

by Cheryl Waugh
News Reporter

From rags to riches. Bill Gates did it. Microsoft was started in the bedroom of his college dorm. Now, a Humber College student and four of his friends are trying it.

Pablo Narayan, 21, a business administration student, along with four childhood pals, is starting up a talent promotion and production company for amateur athletes and performers.

"We want to give exposure to people, who for whatever reasons, have talent but haven't been able to use it effectively," said Narayan. "We've all been affected by prejudices, either because of height, weight, skin color, age, the list goes on. We will judge people by what they do and not by what they look like."

Narayan, Dave McColl, 16, Marc Lombardi, 16, Shane Cosgrove, 19, and Amit Varma, 17, all of Malton, are developing a promotions company called The Falcons that would shine the spotlight on amateur musicians and athletes by offering them a forum to perform.

"At a club once, a band wasn't allowed to play because one of the guys had a tattoo on his cheek. That's not right. If they can play, why not let them?" said Cosgrove.

Starting the first weekend in May, the organization plans to hold free outdoor concerts, plays, comedy acts and sporting tournaments at area parks and invite talented amateurs to come and participate.

"It'll give the participants exposure and the audience a good time," said Cosgrove. "It will also



Humber student Pablo Narayan started The Falcons with four childhood friends.

give us some exposure," added Lombardi.

Bands will be free to set up booths to sell CD's, tapes or T-shirts. Any money needed to hold the event will come from vendors and sponsorship.

"We don't need a lot of money to get started, but money is the difference between high quality and low quality. We want to be high quality," said Narayan, who wants the organization to be non-profit. Any profit made would go to various charities. "We don't have to be non-profit, but right now that's the type of organization we want to be."

The Falcons are currently organizing a three-on-three basketball tournament for a weekend around March break. They're looking at Humber College as a potential site and will be negotiating for the use of the gym this week.

"It's our testing event," said Narayan. "We'll learn about the kinds of problems that develop when you try to do stuff like this. It'll help when we put on more events this summer."

Incredibly, baseball is the venue that helped bring the promotions company idea in to being.

Narayan and McColl wanted to play baseball together. There was

only one major problem, McColl is five years younger. Unable to play together in any provincial sanctioned league, they formed their own sandlot team.

McColl brought along third partner Marc Lombardi and, with fourth member Cosgrove, the unlikely foursome challenged other sandlot teams to baseball and football games. They chose Falcons as their team name.

In the summer of '96, they extended the challenges beyond their community and found success. But problems arose when other teams failed to show for planned games. Even in their own foursome both Lombardi and Cosgrove started to drift from the group as other interests took over.

"I have a real love for music," said Cosgrove. "I became less interested in sports and thought more and more about music. It started to affect my concentration during games. I didn't want to do it anymore."

To bring their wandering

friends back into the fold, Narayan and McColl decided to extend their idea of organizing baseball and football games to organizing music and comedy events.

A business plan, with a mission statement, has been developed, a business license is going through the bureaucratic process, and an investigation is being made in to any municipal permits or regulations needed for the events The Falcons want to hold.

"I have great pride in our group," said Narayan. "We've all had rocky backgrounds. We've been told we're worthless. But we're not worthless. We all have our passions and it's nice to have something good happen for us."

The Falcons organization is calling out to other inspired athletes, actors, comedians, and artists who are looking for a little public notice. The Falcons are looking for someone to design a logo for them to use on all official notices. Their business number is (905) 678-3458.

Faculty union still in negotiations

by Cheryl Waugh
News Reporter

The direction teacher's negotiations take will be determined after both sides review a recent fact-finders survey.

The survey was completed and the results given to both sides as bargaining for a new teacher's contract gets rolling.

A fact-finder is usually appointed when negotiations are at an impasse and legally must be done

before a lock-out or strike can proceed. The fact-finder examines the positions of both parties and reports back to the parties.

Maureen Wall, president of the faculty union, said it would be impossible to speculate on the potential result of the report.

"It's all still under review. But, I can say I've never had a round of negotiations that have gone quite this way," said Wall.

The fact-finding report was

given to both parties Jan. 10. The parties have 15 days to review it before it is made public. Both parties are obligated to wait another 15 days before taking any action.

In early February, management will be able to legally lock teachers out and the teachers will have the legal right to strike.

Complicating matters further is the salary structure disagreement that has been ordered to arbitration on Feb. 11. At this time, both parties will have higher bargaining power. Two more dates are set for Mar. 3 and 24.

The Colleges Collective Bargaining Act, which governs negotiations, fact-finding only once.

Business School cuts mean bigger classes

by Jennifer Oxley
News Reporter

School of Business students will likely see changes in the way they are taught, in an effort to reduce costs, according to the chair of the School of Business.

Chair Toby Fletcher said, although the budget for the school won't be ready until the end of February, it's obvious there is a need to cut costs and increase revenue.

"The revenue the school is receiving this year, will be the same as last year, so we are going to have to make some changes."

Fletcher said he sees larger classes, more computer based instruction and an increase in independent learning as some obvious alternatives.

"Quality has got to be the most important thing. I've got to look at my options and make changes based on what I think will give students the best education possible within the school's budget," Fletcher said.

"I think it's going to cost more for students and therefore quality can't be compromised," he said.

Stelios Kypri, one of the

Student Association Council representatives for the School of Business said he thinks the education students will be getting won't be the same.

"If I have some difficulty with something and the teacher has 15 or 20 other students to deal with, chances are I won't get 'seen,'" Kypri said.

He said students will have to rely on themselves much more than in the past.

Fletcher said he recognized fee-for-service programs as another alternative, but he thinks they should only be directed to students who can afford them.

He said a good example is the fire fighting program where the students pay a larger sum of money. But, they are being trained in a field where there is a specific need for them.


"The key is having students feel they are still getting quality education," Fletcher said.

"There will be less in class time but the learning process should continue for students independently."

Kypri said he disagreed with the computer based instruction method.

"We have one hour of instruction and if I have questions in a class of 30 or 40 students, there isn't enough time to get everyone's answered," Kypri said. "Then, when we have lab time, the teacher isn't even there to answer any questions that come up."

"Teaching and everything we do in education has to be current, relevant and challenging," Fletcher said.



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Design students showcase their talent

by **Shallene Holley**
News Reporter

The Packaging Portfolio Show, held earlier this month, has resulted in many opportunities for students who participated.

One of those opportunities was possible job placements. One hundred and thirty to 160 people from the packaging, graphics and structural design industry came to view third-year Package and Design students' creations.

The show took place Jan. 3 and 4 in Humber's Community Room.

They set up their displays and each student came equipped with their own business card to properly introduce themselves to industry representatives.

"It gives the industry people a chance to look at the students' work, see the students, speak to the students and also maybe take one of their business cards, call them up and ask them to come down for an interview," said Vass Klymenko, coordinator of Package Design.

He said quite a lot of their placements come as a result of the show. By organizing their own show and networking with representatives from the industry, students learn to put their best work forward because they are competing with other students. It also gives the students a chance to be seen by people in the industry, instead of just a chosen few.

Each year the students choose a design for a poster to introduce their show. The poster is printed free of charge by a variety of graphic design companies. By printing free posters for the students, the different companies save the college thousands of dollars.

This year Global Graphics printed the show's introductory poster.

"Every year we try to pick a different company, so we don't feel like we're imposing on the same person every year," said Klymenko. "We've been lucky that the industry does help us out."

The show, which featured 25 third-year Package Design students, proved to be a success.

Although it is not yet known how many students have received job placements, Klymenko said he had quite a few people call him back or contact the students directly for interviews.



Humber writers will compete with top Americans

by **Tonya Costoff**
Features Reporter

Humber College students will have a chance to show off their literary talents and win some money in the second annual literary contest.

The contest gives students a chance to do something different and expand their writing abilities.

"If you have been toying around with an idea in your head, now is your chance to use it," said Communications Coordinator Joan Pilz.

"It encourages writing among students, most are coming here for another goal and this is an opportunity for students and faculty to show what you are capable of in another forum," said Pilz.

The contest is run by the League for Innovation and Humber College is the only non-U.S. member invited to participate in the event.

The contest consists of two different sections; the short-story contest and the personal essay contest.

The short story must not exceed 3,000 words and the personal essay must not exceed 2,000 words. The piece must be original work written while the student was at Humber College.

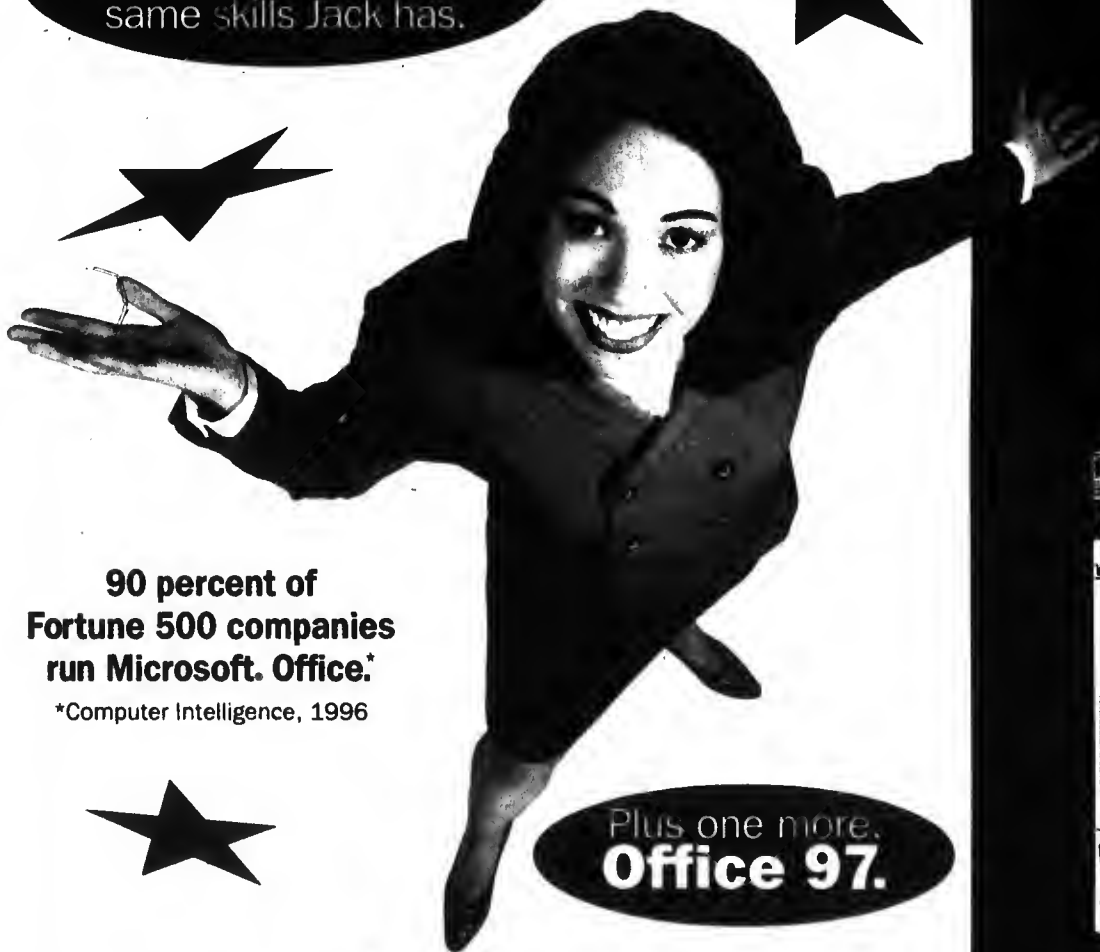
Only 12 entries were submitted during the first year, but last year that number jumped to 40.

"Participation is growing. Humber College is growing and encouraging all different types of writing," said Pilz.

The deadline for submissions is Jan. 31, and the local winners will be announced Feb. 28.

First, second and third place winners will go on to compete with other winners throughout the U.S. and the final winners of the national competition will be announced May 1.

Information is available from Pilz in H*20.



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Zoom advertising looms SAC President should sell out now

Zoom Media, a Montreal-based advertising agency is offering \$90,000 to cover wall space at Humber's North and Lakeshore campuses. This most recent bid is up \$70,000 from the original which was offered last June. So, why doesn't Students' Association Council President Steve Virtue quit bargaining and get to business?

It appears Virtue is concerned about where to draw the line on advertising in an educational institution. At first glance, that made sense, 15 illuminated display boards (each the size of bus shelter display boards) may, indeed, be a little too enlightening.

However, with all the recent education cuts — \$90,000 could be invaluable. If 41 colleges and universities across Canada (14 in Ontario alone) are able to tolerate neon marketing in exchange for some cash maybe Humber should be grabbing at a Zoom cheque as well.

Zoom would give SAC the final say on what ads could be used and have agreed not to advertise in classrooms. For some reason, having no classroom propaganda is important to Virtue, even though it already exists. For example, most of Humber's computer labs are already loaded with Internet advertising.

Virtue's other concern is that Humber is the second largest college in Canada, therefore, deserves bigger bucks. Humber is an incredible college, but this is \$90,000 — how much are you expecting?

The notion that Zoom Media is going to make millions on this deal, or so Virtue has said, may be striking a raw nerve and, now, has him scrambling for a piece of the pie. But, realistically, how much is ours for the taking?

A good gamble has already pushed you ahead \$70,000. How much more do you think Zoom is going to give? What are you going to do when they put their foot down, throw it all away because it's not enough?

Humber desperately needs the money to enhance its programs and facilities (and possibly lower SAC fees). Virtue, this is an auction where there is only one card waving in the air. Don't wait for a higher bidder.

PRESIDENT VIRTUE, DON'T YOU THINK
PUTTING ADVERTISEMENTS IN OUR CLASS
ROOMS IS SELLING OUT OUR STUDENT'S?

SPEAKING OF SELLING, NOBODY
SELLS MORE FURNITURE THAN BAD
BOY, NOO-BODY!!



Cigarette issue still smoking

Editor,

The article on the smokers being fined for smoking in the student centre was a good article.

It's about time that someone in the college said something about it.

However, I disagree with the statement by the anonymous "Sal V." when he or she said, "It's also our right to smoke where we please without freezing our (butts) off."

First of all, the smokers are being forced outside because non-smokers cannot stand the stench that smoking creates. It's really disgusting to walk through the student centre and breathe in that fresh smoke scent. I walk through it several times a day and I cannot stand the stench.

We got a complaint in the Students' Associated Council (SAC) office once and I went down to security to talk to them about it.

I was told that short of SAC paying for a security guard being down there, nothing would be

done. I was also told that the people smoking in that area have a "code" that they yell when security is coming.

Security then told me that the only way that they would charge or fine someone is if someone went down with them (or any other complainant) and pointed out the offender.

Tell me, how many students are going to do that? If security can tell me, I'd like to know.

Sure, increasing patrols and putting up more no smoking signs might help to curb the problem, but it probably won't.

Studies have shown that people don't read signs.

I have no sympathy for the smokers, and to tell you the truth, I really don't give a damn if they have to go outside "to freeze their asses off to have a smoke." They made this choice (to smoke). Let them suffer the consequences.

However, non-smokers made a choice too — not to smoke. Why should we suffer at the expense of the smokers who want a cigarette?

Scott Mitchell
Director of Student Issues,
SAC North.



Letters to the Editor

The Et Cetera is your college paper and a forum to express your opinion. We always welcome letters to the editor. Each letter must include the author's name, phone number, signature and program name. Letters of a libelous, racist or obscene nature will not be published. Send your letters to us by mail, e-mail, (humber_etcetera@hotmail.com) or bring them in to room L231. Please mark all letters attention: Ryan-Anthony Trotman.

Humber goes plastic, cash becomes history

by Nancy Larin
Technology Reporter

A \$1.50 will be added to the 1996-1997 Student Ancillary fees to cover the cost of a new "stupid card".

Nothing is certain yet, but "the idea is to put in the student's hand one card that does multiple things instead of multiple cards that do one thing," said David Griffin, manager of Business Process Development.

"The card is as stupid as the plastic it is made from," Griffin said. A smart card has a computer chip and can do its own arithmetic. The card Humber is considering can not do math.

Information will be carried on the new card on two magnetic stripes, one narrower than the other. In order to activate the narrow "cash stripe" the student must pay into it. The card is then given a cash credit that can be used for photocopying, printing and in vending machines. It is similar to the ITC cash system currently operating in the library and the SAC photocopy room.

"We could expand (the existing debit card) to encompass vending and laser print credits," Griffin said.

The new cards' uses include a color photo I.D. card (with student number), the ITC card currently used for photocopying and laser printing services, the library

card and the residence and meal plan card. It may eventually include parking passes and provide

credit for vending machines. They have talked about using it in the community, President of

SAC Steve Virtue said, "at McDonald's up the road" from the North Campus.

Lise Dube, district manager for Beaver Foods, said they are expecting to use the new card.

"If students buy certain packages they can save the GST and PST. It can also be tax deductible," she said.

A swipe of the card might also be used to allow access to the residence and eventually to labs or other areas of the college, Virtue said.

Griffin said that the card is not going to be used for access to laboratories, Caps, or certain areas of the building, although it may someday. Decisions still have to be made about what the needs are and what is going to work.

"There are hundreds of thousands of square feet to cover, and at night there are only three or four security guards," Virtue said. "Residence has had a lot of problems, problems they don't talk about, people are getting into people's rooms."

To install the swiping system it would cost about \$300 for the hardware for each door.

"Card access is great, but it doesn't do any good if someone props the door open. Sometimes having a person in the room is cheaper than buying the software. We don't have those answers today," Griffin said.

Seneca College has had a "one card" system in place for four years, said John Telford, manager of Media, Products, Printing and Debit One Card Services at Seneca.

Griffin doesn't think a lot of students will buy into the card.

"If you buy a \$2,600 meal plan you don't want to be walking around with a card with \$2,600 on it," he said. When it is swiped the account or access is verified. This is the information contained on the wide stripe.

"For \$1.50 you won't have to buy a new system for five or six years," said Virtue. It will pay for the start up costs and will purchase the equipment and software.

The fee was approved by the Fee Protocol Committee which consists of the Board of Governors and student executive representatives from the North and Lakeshore campuses, Virtue said.

In addition to the potential for door access, a student no longer has to carry cash.

"Is someone going to stick you up for your card without knowing how much cash is on it?" Griffin asked.

Neither Griffin nor Virtue said what the start up costs will be or what are the anticipated long term and short term savings.



True colors shining through

by Robert Dutt
Technology Reporter

To celebrate the launch of their new Office '97 productivity software, Microsoft Canada and Decima Research conducted a 24-hour poll of Canadian Internet users on January 15 and 16.

Over 55,000 Canadians surfed <http://www.internetpoll97.com/win/> to answer such important and relevant questions as "Does your boss remind you more of Amanda Woodward (Melrose Place), the Skipper from Gilligan's Island, Murphy Brown, Charlie of Charlie's Angels, or Hogan's Heroes' bumbling Colonel Klink. In case you were wondering, the mysterious and never-present Charlie slightly nudged out Murphy Brown in the poll.

Everyone who completed the poll was entered into a draw for over \$500,000 in prizes ranging from a copy of Microsoft Office '97, to a trip to any Air Canada destination in the world and \$1,997 in spending money.

In a press release dated Jan. 16, David Jamieson, a senior consultant at Decima, said despite the somewhat irreverent nature of the questions, the poll was significant.

"Internet Poll '97 is a first step, but a significant one, towards understanding how to effectively use the Internet for commercial and public opinion research," said Jamieson.

"The capability to collect and analyze data so quickly via the Internet opens the door to a range of new applications. This poll provides some intriguing data, which will help guide our efforts to learn more about Web enthusiasts and the Internet itself."

Results of the poll and a list of winners can be found on the

'Slightly more than a quarter of those polled hoped that by 2010 their computer would be able to "clean, organize and feed" them.'
- Microsoft '97 Decima Research Poll

Internet Poll '97 home page mentioned earlier.

Be sure to stop by. Where else can you find out how the average Canadian Internet user would react if a talking puppy from Microsoft showed up at their office, spewing computer advice?

Some results of the poll:

- Four men completed the poll for every one woman.
- More than half of the participants were from

Ontario.

- Men were 50 per cent more likely than women to "swear, and give (their computer) a whack" when technical difficulties arose.

- Over 75 per cent of Canadians would rather spend time working at home than in the office. 20 per cent of them would prefer to never go into the office again.

- How violent you are depends on where you live. In event of computer troubles, British Columbians are the most likely to take their frustrations out on the monitor, Quebecois are more likely to consult with on-line help, and Atlantic Canadians are more likely to "sweet talk the office computer geek" into helping out.

- Almost 60 per cent of Canadians said that the Internet is best used for "doing research (to prove I'm always right)."

- Slightly more than a quarter of those polled hoped that by 2010, their computer would be able to "clean, organize and feed" them.

- Canadians don't worry too much about major changes. If the Earth were to shift its axis, resulting in an extra hour a day, less than 20 per cent of Canadians would be concerned about the change. Over 40 per cent would use the time to pursue romance with that someone special "or the really weird guy in accounting".

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How to make big bucks on the net

by Ian C. Karleff

Technology Reporter

The popularity of the Internet is exploding, but electronic commerce is being held back by limited access and security concerns. This questions the validity of the

Internet as an effective marketing tool for business.

"Household penetration of consumer Internet users is about 11 per cent in Canada. It's hard to justify a market that is 11 per cent penetrated when you're looking at

TV as being 90 [per cent]," said Edward Boyd, director of new media, Young & Rubicam.

However, the future looks brighter for companies who want to use the internet as a cost effective marketing tool. A recent study by Neilson, a major U.S. polling company found that the number of people performing electronic commerce transactions had doubled over last year and over 90 per cent of people would do it again, said Boyd. Once the hurdle of the first transaction is over, it's all downhill from there, he said.

Companies can spend up to \$30,000 to develop a website. The more expensive the site, the more 'interactivity' the business has with the customer. The problem lies in attracting and bringing back those first customers, said Boyd.

For niche market industries, the Internet is a perfect place to post a brochure which can attract foreign markets and raise a small Canadian companies' prestige.

"We continue to get queries internationally—people in South America, in Europe, the Far East," said Ross Cochran, president of Securitex Inc. Montreal based fire-

fighter equipment manufacturer.

Securitex receives over 700 hits a week to its web site, mainly to a section devoted to providing technical industry information, said Cochran. The bulletin board has proven to get more hits than the product sections, but the site is attracting a loyal following, he said.

Securitex has overcome the problem of attracting hits and has decided to participate in a virtual reality fire trade expo in February, complete with guest speakers and a chat forum. Cochran believes the Internet has "tremendous potential" to be an effective marketing tool in the not-too-distant future.

"I still think that the Internet is going to be the main communication tool somewhere down the line, two years, three years," said Cochran.

Companies are also getting to know about their customers in this new world of cyberspace transactions.

Communities of interest are forming around a brand which reflect the lifestyle of their customer demographic, said Boyd. Toyota has created a lifestyles

magazine on their web site which was designed to help their customers in every aspect of their lives, he said. While this does not directly sell cars, it creates a brand awareness that people can relate to in every aspect of their lives. Something which Boyd said is "the coolest thing I have ever seen."

Terroni Inc., a Toronto restaurant chain and pottery maker, uses their web site as an informational tool for people to learn about Italy and not necessarily as a money maker, said owner, Cosimo Mammoliti.

"My friend runs a company that does web sites and he suggested I do it. Maybe in the future we will use it for orders but right now it's just something good to have," he said.

A web site can also save business money because customers can play more of a role in servicing themselves.

"The internet puts power back into your customers hands by allowing them to go back to the web site and help themselves, and you're saving a lot of money, too, because you don't have a huge support staff," said Boyd.

Wicked WEB Sites

by Robert Dutt and Darren Leroux

The Nun Bun.

www.qecmedia.com/nunbun/index.html

Is it a sacred image of Mother Theresa, or just another tasty treat that goes great with a cup of coffee? You be the judge. It just popped up in a Nashville coffee shop one day and now it's on the web. Be sure to check out the animation that morphs a picture of the real Holy Mother of Calcutta into her cinnamon-coated counterpart. Mmmmmmm.

Virtual Pizza.

www2.ecst.csuchico.edu/~pizza/

Have a virtual pizza delivered to your e-mail address, or pick it up on the web. Toppings range from the traditional (pepperoni, mushrooms, green peppers) to the bizarre (beetles, baseballs, kittens, hammers, road signs, or the ever-popular Lego.) Your virtual pizza is just nanoseconds away, always free, and always delicious. Unless you get the nuts and bolts toppings.

Dismember Me Elmo.

miso.www.com/~jvitous/elmo.htm

Apparently, not everyone is sold on the idea of '96's Christmas craze, Tickle Me Elmo. In fact, some people are so against rampant consumerism that they've come up with their own version, complete with detachable body parts. Not as demented as you might think, this site aims to make you laugh, not to cruelly seek revenge on an annoying children's idol. That fate is permanently reserved for Barney.

The Corporation.

www.thecorporation.com/

The humor archives of a corporation known only as 'The Corporation.' Take a look at their friendly children's companion, Cyber Bear—just read their disclaimers first and don't let your kids near it! Check out a review of a new video game, KittyLick III. Kind of like DOOM, except you're living the life of a cat, complete with all the genuine feline traumas! Clean, but not for those with a strong sense of political correctness—especially the coalition against Kitty Porn.

BUSINESS

Selling the dream

by Chantal Delevo

Business Reporter

Retail has become state-of-the-art in downtown Toronto as retail stores compete for original-

ity and customers. Koolhaus is a sleek, new mini department store on 50 Bloor St. intended for 1990's fashion modernists.

"We want to be different and basically, what other retailers have done, we will not do," said Brian Shaughnessy, corporate client development of Koolhaus.

The Koolhaus philosophy is a breath of fresh air. As it opened its doors on Nov. 28, 1996, owners promised "a full-service fashion store, a la 1940's, with a strong atmosphere of service," said Elisa Turner, one of four partners at Koolhaus.

Retailers are trying to change their image in ways that will entice shoppers to come into their store. Quality service will always be in demand, but with economic instability and wise consumers—originality also comes into play. Koolhaus feels they have it. With a concierge in the store, clientele can use Koolhaus's contacts throughout the city.

After buying "that outfit" from one of Koolhaus's exclusive collections and you decide you want to go to a restaurant, "you call us and we ask you where you want to sit, we phone and get you that special table, etc. If you want flowers delivered to the table or a box of cigars, whatever it is you want we can do for you," said Shaughnessy.

The retail store which looks and ranks with the likes of European boutiques is one of the

first in Canada.

"All lines are exclusive, with the exception of Paul Smith, and we're working on that," said Shaughnessy.

All Koolhaus's clothes are imported from Europe and if you see something you like in a magazine, chances are Koolhaus can get it and will go to great lengths to do it.

Koolhaus may have a leading edge against other retailers because they are also pro Canadian. The front of the store has a unique gallery design that will exhibit budding Canadian artists work and photography.

"We don't want to be just another store on Bloor Street. We want culture, academics, learning, gradually getting to be an intricate part of the community," said Shaughnessy.

"We hope to create a onestop shop destination, but nothing is written in stone here at Koolhaus."

With nothing written in stone, it shows consumers this store is receptive and willing to create a shop of uncommon character in Toronto.

"So far business has been good, and we will do anything to keep our clientele happy," Shaughnessy said.

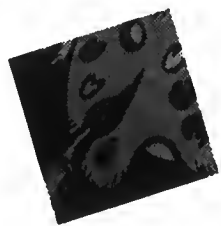
Now, the true test is for the consumer. Will they come in, come back and talk about it? Will other retailers catch on to the newest trend?



- Pick-up an application at your campus SAC or Athletics office.(after January 24, 1997)
- Submit artwork at either Room KX 105 at North campus or Athletics at Lakeshore by February 17, 1997.
- Prizes will be awarded to the winning applicants.

Criteria

- Artwork must have been created within the past year
- Contestant must be a full- time or part-time Humber Student



For more information, please contact SAC or Athletics.

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ART SHOW

Et Cetera Lifestyles

High food prices blamed on competition

by Tricia Douglas
Lifestyle Reporter

Students looking for a break won't get it with the fast food prices here at Humber.

Restaurants like Harvey's, Mr. Sub and Taco Bell charge students more money for certain food items than the same restaurants located off-campus.

Harvey's at Humber charges students \$2.59 for an "Ultra Burger," compared to \$1.88 at Harvey's restaurants elsewhere. Similarly, at Taco Bell, students pay \$1.09 for a taco that would only cost 99¢ at other locations.

"That's true, I've seen the signs," said Susan Waller, a student here at Humber. "I think that's pretty bad because you would think, for college students, it would be a little bit cheaper because life's a little harder."

"It's because of how discount packages are put together by the franchiser," said John Mason, director of ancillary services and customer relations at Humber.

"Sometimes, street restaurants will discount at a certain time of day in order to attract additional volume. On campus here, we may or may not honor those types of discounts."

Mason said price increases can be blamed on the school calendar. "It may be based on the fact that these restaurants are not open 12

"Mr. Sub seems to be more expensive, but I still [have to] eat here"

-Maya Piko, student

months a year, as opposed to street restaurants, and therefore, they operate on a somewhat smaller margin based on the fact that they have to close for four months."

Although these restaurants have to recoup their losses, students seem to be getting the raw

end of the deal.

"Mr. Sub here seems to be more expensive, but I still eat here," said Maya Piko, a Film and Video Production student.

There have been other complaints made about the food prices on campus but Mason said, "Whenever there is a variance in price between street restaurants in a franchise and an institutionally franchised restaurant, people notice that and it concerns them."

The restaurants pay either a flat rent or a percentage of their sales for their spot on campus through an agreement with Humber and Beaver Foods. The restaurants have a range of prices to choose from to charge their customers in addition to following other requirements made by the college.

"We want to ensure that the prices are competitive either with other educational institutions or [that] they're competitive with restaurants in the area," said Mason.



It's a tough world - Humber's restaurants compete for your hard earned dollars.

Apartment hunting - dream or nightmare

Hunting for an apartment can be a pleasant experience by just following a few easy tips

by Kris Scheuer
Lifestyle Reporter

Finding a suitable apartment is not unlike finding a compatible mate.

Apartment hunting can be very frustrating and time consuming. Students should consider a few things before looking through ads. In fact, it may be a good idea to make up a list of criteria. This will help students focus on what to look for. Deciding on issues such as living alone or sharing a place will help students know if they should scan ads for shared accom-

modations, or ones for private and separate living spaces.

Broadcasting student Wanda Majocha, said she could only live with family. "I could not live with a stranger. I wouldn't trust them."

Majocha also said students should consider a location near a convenience store that is open 24 hours, seven days a week - and is in a good area.

Once students have decided what they want they can start searching for a place. There are two ways to do this. One is to look through ads and the other is to walk or drive through a particular area and keep an eye open

for rent signs.

Students who use Humber's off-campus boards can take advantage of their information cards. They contain the landlord's name and phone number, how many bedrooms are for rent, and how close it is to the college. Other information available is if the place has a shared bathroom and kitchen, laundry facilities and parking. As well, students can find out if it is furnished and how much it will cost and whether that includes utilities.

Angela King, a housing registry officer said, "Prices for a room can run between \$325 to \$400 a

month, including utilities. A flat or one bedroom [apartment] is \$475 to \$600, two bedrooms are \$700 to \$800 and houses are between \$1000 to \$1200."

There is also a map of the city and each card is color coded to indicate how close it is to Humber's North and Lakeshore campuses. King said students who attend Lakeshore are better off going down to that campus and looking at their housing list.

She said that there are no restrictions on the listings, but will suggest to landlords to lower their price if she thinks it's unreasonable.

Once students have considered their options, they should check the apartment to see if it needs repairs by making sure all electrical units work and if furniture is provided, that it is in good condition.

"When you are looking through the place, you should flush all the toilets and turn on all the lights and see the place in daylight and at night," said Majocha.

"Don't be afraid to ask the landlord questions and to look around. Ask your [future] neighbors what the landlord is like," said Trimble.

After students have decided on a place, they have to make the arrangements with the landlord.

"If you aren't going to stay [long], then don't sign a lease. Even if you don't have a lease, it is

still a verbal agreement. If you are paying rent, they can't just kick you out," said King.

There are certain things that

"When you are looking through the place, you should flush all the toilets and turn on all the lights and see the place in daylight and at night"

-Wanda Majocha, student

students can do to protect themselves. Always get a receipt for your rent when paying by cash or cheque. Students should not sign anything without looking it over carefully.

King said that students should write down a list of the condition of the walls, stove, refrigerator and washer and dryer when they first move in, making sure that it is signed by the landlord and tenant. This can prevent any future disagreements.

"I love that. Buying your own T.V. and furniture and saying 'this is mine' and personalizing your apartment. You feel that you have conquered something. You can do what you want," Majocha said.

"Don't be afraid to ask the landlord questions and to look around. Ask your [future] neighbors what the landlord is like"

-Trace Trimble, student



Students can see signs like the one above by taking a walk around the neighborhood.

Do's and don'ts on buying a new suit



Just another fashion casualty.

by Carlos Puster-Bergero

Lifestyle Reporter

When a man has to buy a suit the thought of it is almost as exciting as getting your wisdom teeth pulled.

How much should a man spend? What color should he buy? Should he buy a single or double breasted suit? Does he buy one suit for summer and one for the winter?

What he requires is some professional advice to facilitate his quest towards fashion enlightenment.

"I can't tell you what color you like, or what to wear, otherwise we would all be wearing green suits, like they do in China," said Mike Curmo, the assistant manager for Moores-The Suit People, a factory outlet in Oakville.

Curmo said men should avoid discussing fashion in absolute terms. The most important aspect of buying a suit is feeling comfortable and secure in the one you choose.

Sean Mitchell, manager of Jack Fraser's Quality Menswear in the Woodbine Centre, said that most salespeople are willing to offer their suggestions on style and color.

Keep in mind there are some fashion rules you must adhere to:

"If you are going to wear a suit all year round, you have to work on the dark side of the color

spectrum," said Michael Aceto, proprietor and designer for Ephyn Clothier in North York.

Aceto said light colors are appropriate for summer use but not winter, noting that colors such as black, blue, burgundy and brown can be worn all year round.

More important than the color of the suit is the fabric, Aceto said.

Curmo said he believes that wrinkle resistant wool is the best fabric for someone who wants a durable year-round garment.

"Every time you hang [it] up, the wrinkle - if you get some on the back of the leg or crotch - will fall out," he said.

The three and four buttoned single breasted suits are very popular.

However, Aceto recommends a two buttoned suit and describes it as "something that you wear all the time - it never goes out of style and you can wear it for years."

According to Curmo, the double breasted suit is much more formal and less adaptable than the single breasted suit. Also, the double breasted suit can be uncomfortable to wear during summer heat waves.

Like every other sector of our economy, the competition among the numerous men's clothing

"If you are going to wear a suit all year round, you have to work on the dark side of the color spectrum,"
- Michael Aceto designer

retailers is fierce.

The price of a single breasted, Canadian tailored, year-round suit, ranges from \$150 to \$350. Mitchell said in his opinion anything below that price range is of poor quality and anything above is intended for the corporate type who can afford to buy a foreign made suit.

Curmo said the first time buyer must keep in mind that when a suit is purchased off the rack, it will need alterations. All of the major retailers charge alteration fees. Moores charges: \$3 for taking in the waist and seam; a plain bottom pant is \$3 and a cuff plain bottom pant is another \$2.

Ovid, an ancient Roman poet, once said, "men should not care too much for good looks; neglect is becoming." Clearly, Ovid never had to purchase a suit!

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Writing program may get grants

by Maureen McReavy

Lifestyle Reporter

Some promising writers at Humber's School for Writers may soon be able to receive \$1,000 dollar grants.

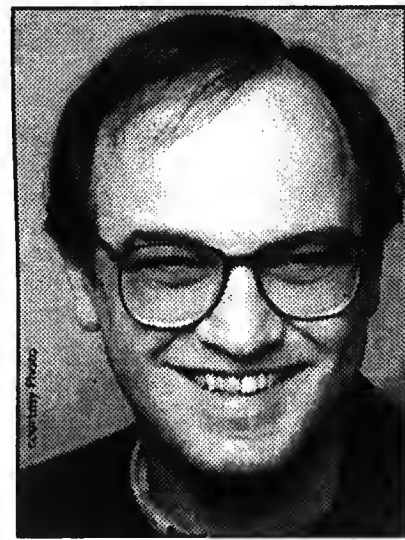
Last week, Joe Kertes, the director of the Humber School for Writers, met with the Writers Development Trust, an organization with a mandate to promote Canadian literature and support the development of Canadian writers. They may offer the School five \$1,000 scholarships.

Kertes, is an award winning author. It was his vision and drive that launched the highly successful program. He had been an English professor at Humber College for 15 years when he co-founded the program with Dr. Robert Gordon in 1991.

Joanna Zuk, a spokesman for the Trust, said that a decision had not yet been reached by the authors' committee. If the idea is given approval, the financial assistance would help make courses accessible for those who are talented but can't afford the fees for the correspondence course.

Kertes' motivation comes from the fact that he never got to attend a workshop himself.

"I wish I'd known about them when I started. You can't be given talent at a workshop but there's so many things you can learn not to do in writing. It is a long



Director of Humber School for Writers Joe Kertes, has a reason to smile.

apprenticeship. You really have to learn the craft," he said.

What could be better than to learn from a writer such as Timothy Findley or Paul Quarrington? That's exactly what the 30-week correspondence course offers to promising writers. The popular program starts every January with the deadline for submissions in mid-November.

The idea of the program is to allow students to finish a book within the time frame. "You can be anywhere and work at your own pace, on your own schedule. If you work at your own pace and your author-mentor can work at his own pace, then you've got a very good editorial relationship going," he said.

Enrolment is limited to 90-100 participants, even though several hundred apply each year.

What does Kertes look for in manuscripts?

"I look for real life going on in the work. You can tell a real writer at work within a page. There is a kind of way with mastery of style, a way the characters are handled, the way they speak is authentic."

Kertes said that while styles range tremendously, certain fundamental things are always the same.

Writing the book is only half the battle for a potential new writer, getting it published is the other half. Kertes addressed the problem of new writers getting the attention of a serious editor. Part of the correspondence course is a built-in recommendation from the established, well-respected authors who teach Humber's programs. For example, with the Doubleday-Humber Discovery Program, if an author recommends a book, it will be sent to the office of the Editor-in-chief of Doubleday for serious consideration.

As well, Humber has established its own literary agency to assist students in getting published. The commission the agency earns is put back into the School to help establish a scholarship and awards program in creative writing.

Self-mutilators learning to cope

by Lauren Buck
Lifestyles Reporter

Renae* is an abuser at just 16 years of age. Her weapon, clenched tightly between forefinger and thumb, is a thin-sharp razor-blade. Slowly she drags the cool metal blade over the skin of her prey drawing a thin line of blood to the surface. Taking a deep breath she forces it in deeper and watches the blood drip down. Renae's only victim, herself.

Self-mutilation affects nearly one per cent of the population. It refers to a person who repeatedly inflicts physical pain on themselves over a period of time. It is usually done to relieve or distract themselves from emotional pain brought on by anger, depression, and in some cases even boredom.

"It's kind of like externalizing your (emotional) pain," explained Renae. "This is my way of making me feel. Even if it has to be pain, it can show that I'm alive and I'm real."

Karen Conterio, creator of the American based S.A.F.E. (Self-Abuse Finally Ends) alternatives program for self-injurers, said she believed that Renae's situation is not unique. She said that many of the teenagers and adults that attend her in-patient program commonly report that they feel empty inside.

A recent study conducted by the New York Department of

releasing her frustrations by punishing poking and slicing her body with pins and razors, Sandra* finally sought therapy. It was with her therapist that the 32-year-old was finally able to get to the root of the problem and find the answers about why she abused herself.

"Somebody had abused me," Sandra said as she settled back into her seat.

"So you just go and abuse yourself because you're not worth anything to anybody, right?"

The study suggested that self-mutilation may constitute an attempt to compensate the uncomfortable emptiness or "numbness" that accompanies such dissociation.

"I had this little thing where I'd carve the word 'dying' on my leg every time I felt a little emptier, so eventually I'd have 'dying-dying-dead'," said Renae. The young girl doesn't remember most of her past, and doesn't care to remember.

The grade eleven student admits to abusing herself as much as 10-15 times a month.

Renae has the word "help" carved twice into her 5'6" body, but insists that her scars are anything but a cry for help.

"I don't exactly see it as a big problem," she said.

Anna Schmit, a nurse and counsellor at the Hospital for Sick Children's Adolescent Medicine Clinic, sees self-abuse as an expression of poor coping skills.

"They need to move from one coping strategy to another until they find one that is acceptable socially and works for them," explained Schmit.

For Sandra, coping with her depression meant pulling her hair out at the age of seven, cutting and pricking herself by age 12,

leading into numerous suicide attempts and a drug overdose. At 19, after the birth of her son, Sandra went from cutting herself daily, to weekly, and eventually quit doing it altogether.

"You've got to deal with what's inside of you first, find out what it is, cope with that, put it in your past, and then move on," she

way, self destructive. She drinks and smokes a little marijuana, and "anything to give me the feeling that I'm not who I am."

"I care about myself to the extent that I want to do good in class," said Renae. But she stressed that, "I don't care about myself as a kind of [worthy] person."



Self-mutilators carve their feelings in to their flesh.

Self-abuse is a very big problem, with a very long recovery period. It is not abuse that can be cured by taking medication or just stopping altogether. It is an emotional and mental issue in which the abuse brings on temporary relief. A self-destructive cycle can often develop without proper treatment.

Effective treatment of self-injury, according to

S.A.F.E., is most often a combination of medication, behavioral therapy, and interpersonal therapy. The medication is useful in helping the victim manage feelings of depression, anxiety, obsessive-compulsive behaviors, and the racing thoughts that may accompany self-injury. Therapy helps individuals understand and manage their

"You've got to deal with what's inside of you first, find out what it is, cope with that, put it in your past, then move on."
- 32-year-old former self-abuser.

destructive thoughts and behaviors, and gain skills to help maintain relationships. A useful tool for habitual self-injurers during the therapeutic stage is to make contracts and keep journals to see what they must do and how far they have come on the journey to regain self-control.

Sandra appeared tense after hearing Renae's story. She has been through it all, and is still going through it years later. Like Renae, she used to hate everything about herself. Sandra has worked all her life to get rid of her memories and her problems, but they seem to flood back to her every time she looks down at her arms and sees the scars. She has learned how to cope with her feelings, and she has learned about who she is inside, but is only now beginning to feel positive about it all.

"I'm an okay person," she smiled awkwardly. "I think I'm okay."

(*Names have been changed to protect the privacy of each individual.)

"This is my way of making me feel. Even if it has to be pain. It can show than I'm alive and I'm real."
- 16-year-old self-abuser.

Psychology revealed that this shared emptiness may be the body's way of blocking out traumatic life experiences related to childhood sexual and physical abuse, which nearly half the population of self-mutilators are reported to be a victim.

After years of hating herself,

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Better bets for bad breath

Clinics offer best methods to freshen breath.

by Simone A. Brown
Lifestyles Reporter

For those who suffer from bad breath and want to fight it, the solution won't be found in a bottle of mouthwash, breath mints, gums or breath sprays. The solution is in how well you take care of your mouth.

Anne Bosy, a hygienist at the Fresh Breath Clinic, said the best way to fight bad breath is through good oral hygiene. People must make sure that both their teeth and gums are in good health.

"Brush and floss daily. Always be in good dental health and make sure you have check ups every six months or whatever is feasible," said Bosy, who has a medical degree in dentistry and did her thesis on bad breath.

According to Leslie Mah, a hygienist at the Better Breath Clinic, people should also make sure they use "deep tongue cleaning" when brushing their tongues to remove the bacteria that can get trapped underneath the tongue's taste buds.

Good oral hygiene is one of the most important steps in fighting bad breath because it helps to kill bacteria that can build in the mouth and produce volatile sulfur compounds which are the primary cause of bad breath, Bosy said.

In addition to good oral



Bad breath doesn't have to be a stinker.

hygiene, Bosy said people should also avoid garlic or spicy foods, especially at a party or on a date when people are most conscious of their breath.

"People should design their diets to fit their schedules. You don't eat 'garlicky' or spicy foods if you're going to meet someone. You can enjoy [these foods] on the weekends or when it's feasi-

ble," she said.

People should also eat regularly and avoid skipping meals whenever possible.

"If you skip meals the digestive enzymes break down themselves and you get what's called a hunger odor. It's a very unpleasant odor that doesn't go away with simply brushing. You need to have food in your stomach."

bacteria to build up faster," she said.

Bosy said there are many causes of bad breath. It's not only caused by sulfur compounds, it can be caused by medical conditions, sinus problems, infections, gum diseases and certain medications. It can even be caused by menstruation, she added.

"Some women have an edge to their breath during ovulation and menstruation [but] it's only for a couple of days," Bosy said.

Those who have serious bad breath problems should seek professional help from a doctor, a dentist, hygienist or at breath freshening clinics, Bosy said.

At breath freshening clinics, hygienists run special tests to identify the specific causes of an individual's breath problem and then use appropriate treatments to address it.

Mah said the most common treatments used at their clinic are mouth washes and toothpastes that contain special ingredients called stabilized chlorine dioxide. They help to eliminate sulfur compounds in the mouth.

As for the countless commercial products that claim to fight bad breath, Bosy says most of them don't work because they don't eliminate the sulfur compounds in your mouth.

These products only flavor the mouth or cover up bad breath which makes the problem worse. And, if they do work, they tend only to have short-term results, she added.

Mah said a person should always keep his/her mouth moist by drinking a lot of water or other liquids. She said having a dry mouth can lead to bad breath.

"I ask people to drink a lot of water because it helps with the natural washing of the mouth [and] keeps the mouth moist. When the mouth is dry...the saliva glands slow down, allowing

UPCOMING EVENTS

#31 "All Female Review"
Comedy Nooner in Caps

Ha! Ha! Ha! Ha! Ha! Ha!

Thanks to Beaver Foods and Mr. Sub for supplying the subs at our sub eating contest last week.

winner: Domenic Monardo
(inhaled 3 1/2 subs.)

SAC'S PRE-SPRING VENDORS FAIR

Our next vendors fair is February 3-7. If you are interested or know anyone (aunts, brothers) who would be interested in renting a booth during this week, please call Lisa Kramer @ ext. 4411

SAC & the Health Centre extend their thanks to the following participants and sponsors who made "Needless Wednesday" a huge success.

Lung Association
Etobicoke Health Department
Heart & Stroke Association
Wrigley's Gum
Beaver Foods & Caps

COMING SOON
SAC
Carnival Madness

Vegging at the Pipe

by Jae Burns
Lifestyles Reporter

Are you a vegetarian who has been staying away from the Pipe because you don't think it has anything to offer?

Lacto vegetarians (those who eat dairy products) have many choices at the Pipe. There are stir fries, bean burritos, macaroni and cheese dishes, pizza, panzerotti, cheesy bread, veggie and cheese subs and, of course, the salad bar.

"I try to bring my lunch, but if I could plan ahead knowing there was going to be a veggie meal, then I would probably buy it," said Rachel Brown, a public relations student and vegetarian.

Lacto-ovo (those who consume dairy products and eggs) have a choice of all the items listed above, plus any dish made with eggs.

"There are a lot of different vegetarian items offered at the Pipe," said Lise Dube, manager of Food Services at Humber.

Vegans (vegetarians who eat no animal bi-products) don't have as many choices. The Pipe's daily menu for vegans includes a stir fry, bean burritos, and the veggie pasta dish-of-the-day.

Third-year Chemical Engineering student Shobha Patel said she eats fried rice, pizza, veggie and cheese subs, or fries with no gravy when she buys lunch at the Pipe.

"It takes time to prepare food at home, sometimes you need a change," Patel said.

There are weekly specials for vegetarians just as there are for meat-eaters.

"We had vegetarian chili last Wednesday and it was great," Dube said.

Dube and the Food Services staff have decided to serve veggie chili every second Wednesday until the cold weather disappears.

The people at Food services are eager to take your suggestions and answer any questions you might have.

Dube said that the cafeteria is committed to working with Humber vegetarians to discover ways of labeling foods. She added that the cafeteria is willing to discuss menu plans with vegetarian students and staff.

Vegetarians can talk to Dube at 675-1111 ext. 4916, if they have any concerns.



Et Cetera

Entertainment

Music Movies Theatre Comedy

Happenings

Thursday

Lee's Palace
Honeycut
10 p.m.

Friday

JJQ's
Hotel California
9 p.m.

Saturday

Top O' The Senator
Timewarp
9:30 and 11:30 p.m.

Sunday

Opera House
Charity Casino

Monday

Montreal 9 p.m.
Elders Are Listening
[Humber Jazz Faculty]

Tuesday

Cheapy Night at a
theatre near you

Wednesday

The Lion (349
College @ Agusta):
The Electric Disco
(60's, Funk, Disco
Glam,
Brit-pop)
9 p.m.

"Man of steel" make over

by Antonio Tedesco
Entertainment Reporter

There's a new Superman. Well, it's the same old Superman, but with a whole array of new powers and a new costume.

No longer a being that defends the light and conquers the darkness, Superman is now pure energy—he is, literally, light itself.

The last son of Krypton's new powers and capeless look will first manifest themselves this February in *Adventures of Superman* #545 and *Action Comic's* #732. The story continues in March with *Superman: Man of Steel* #67, leading up to the debut of the new costume in *Superman* #123, where the mysterious changes to *The Man of Steel* will alter both his life and the lives of those around him forever.

Since being revealed to the mainstream press at the end of December, the news of Superman's new look travelled faster than a speeding bullet. According to Superman writer Karl Kesel, the rising interest in a radical change to one of pop-culture's oldest icons shouldn't be surprising.

"Say the words 'faster than a speeding bullet' or 'more powerful than a locomotive' and people know you're talking about Superman.

To most people, Superman is defined by his powers and that's exactly why we wanted to change some of the most basic elements of the *Man of Steel*," said Kesel in a DC on-line news letter.

"One of the big goals of this new direction is to show that it takes something else, something more, to really deserve the name 'Superman'. In a way, this is a long-term story showing Superman trying to live up to his own legend."

According to DC Comics, the

"The way you screw up a character is to change his personality, his motivations and his mind, for no reason... We've changed everything else, but he's still Superman inside."

-Superman writer Dan Jurgens

"new" Superman no longer flies. He "transports" from place to place and he can't touch anything except, maybe, things made of pure energy, like himself.

In the coming months, Superman will have to adjust to his new powers, determine their limits as well as his own. Superman is taken to the brink of humanity, where his ability to switch to Clark Kent is more than putting on a pair of glasses and a suit. As a result of Superman's new powers, Clark Kent will become more human. He will chug along at "human" speeds; a somewhat novel thing for Superman to do.



Superman posing in his new duds.

The idea to make over Superman emerged during one of the twice-yearly meetings of the four Superman writers: Dan Jurgens, David Micheline, Louise Simonson and Kesel. Jurgens wanted to radically redesign the costume, while Kesel wanted to redesign Superman's powers. They decided to do both.

"The powers were contributed by everyone," Kesel said. "I came in saying, 'Let's redesign his powers', but I didn't have a specific idea what those new powers would be. I've actually been writing him that way already." Superman will treat all situations the same way, "he will

always do the best and the most correct thing he can, right out of the gate. He doesn't stumble around a lot," Kesel said.

Jurgens and Kesel agreed that the new Superman is "the same guy" in a

radically different package.

"The way you screw up a character is to change his personality, his motivations and his mind, for no reason," said Jurgens. "We've changed everything else, but he's still Superman inside."

Superman must now be more cautious of what he is doing; his powers are, at present, uncontrollable, as well as extremely dangerous.

He is a menace to both villains and the innocent citizens of Metropolis.

"Metropolis knows he's still a good guy, but they're afraid because he's obviously not in control of what's happening to him," Jurgens said. "Old villains who had a pretty good idea how to defeat the old Superman will back off and wait to see what happens because the rules have all changed. In fact, old villains who used to have no chance against Superman might have a serious shot now, but they'll be cautious if they know what's good for them."

Initially, neither Superman nor the readers will know what caused his transformation, but the writers have it worked out and will be dropping clues leading up to a gradual unmasking of the improved super hero.

The new look and powers are definitely long-term, if not a permanent, agreed Jurgens and Kesel.

"We have absolutely no plans or timetable at present to say, 'okay, time for the red cape to come back'," Jurgens said. "As far as we're concerned, this is the new Superman, period."

Quote of the Week

"When I was a little boy, I wanted to become a drag racer. Instead I became a drag queen."

-Rupaul

(as told to US magazine)

The Relic: creepy, slimy, dark horror

by Bernice Barth
Entertainment Reporter

Horror movie fans will get spine chilling goosebumps from *The Relic*, which scared its way to the top of the box-office this weekend.

The movie co-stars Penelope Ann Miller (*The Shadow*) as Dr. Margo Green and Tom Sizemore (*Heat*) as Chicago police lieutenant Vincent D'Agosta.

Special effects and the monster are provided by Stan Winston (*The Terminator*).

The chills start when a creature,

known as a Kothoga, is brought to the Chicago Museum of Natural History where it begins to stalk and slaughter the employees and patrons in order to feed on the hypothalamus part of their brains.

In the murky museum, there are plenty of dark corridors and creepy exhibits—especially when the building is closed and most of the lights are out.

Completing this scenery is an underground tunnel system, dripping and filled with slimy, stagnant water and, is dark enough that

viewers can't see beyond the pool of light cast by a flashlight.

Though the movie bends to the traditional horror-genre tricks, there are some refreshing treats in the storyline that make the movie a worthwhile trip to the theatre.

Although Miller runs through most of the movie in the standard Hollywood "little black dress", the script makes a point of showing her take off her high-heeled shoes—an omen that she will not be messed with, even if she's up against a demon monster from hell.

As a result, women can watch this movie without the typical frustration of a "damsel in distress".

Much of the story-line is given to making the Kothoga a believable monster, suggesting that given the right set of circumstances, this creature might exist.

Although the explanations get somewhat tedious, the background allows a depth that horror movies usually just don't have. In the end, tons of action and special effects make the movie a good ride on the fright rollercoaster.

Humber grad jazzes it up

Student gives credit for his success to Humber Jazz program and its teachers

by Scott Middleton
Entertainment Reporter

Humber Jazz graduate Andrew McUllen graduated last spring and is already working professionally with a band called Jake and The Blue Midnights.

McUllen gives credit to Humber's Jazz Program and its teachers.

"People come from all over the country to go to Humber," said McUllen. "It prepared me to play professionally. The teachers were great too. That Don Vickery (Humber music teacher), he's a swinger."

Jake and The Blue Midnights, in which McUllen is the drummer, played The Cameron House, on Jan. 13 in the small front room. The band played to an enthusiastic audience, even prompting one couple to get up and dance between tables to some swing-jazz.

However the band doesn't just

play swing-jazz. Band leader and guitarist, Jake Chisolm, led the band through the blues, boogie-woogie and traditional jazz.

Bass player Mike Carson provided driving bass for the most part, but he and the rest of the band aren't afraid to soften the tones or slow the pace when necessary. And, alternatively, they let loose blaring solos as smokin' saxophone player Chris Gale aptly demonstrated throughout the night.

The band members added to the excitement and ambience of the night by playing while standing on the bar, except for guest pianist Tyler Yarema.

With a feeling of energy that came through in his solos, Yarema electrified the audience.

With his sleeves rolled up, hair falling in his face and cigarette dangling like Humphrey Bogart, he also looked the part of the stereotypical jazz musician.

As a group, the band has an excellent sense of dynamics and they aren't afraid to take risks and if they messed up, no one caught it.

Jake and The Blue Midnights will be playing at the Cameron House every Monday night.

Don't cry for me Argen-Tango

by Bernice Barth
Entertainment Reporter

Intense and passionate, *Forever Tango*, sweeps the audience into a breathtaking world that vibrates with energy and resounds with Argentine culture.

The celebrated cellist, Luis Bravo is the creator, director and choreographer of *Forever Tango*. Bravo met the show's musical director, Lisandro Adrover, when he performed at the world premiere of Adrover's Double Concerto for Cello, Bandoneon and Orchestra. Together, these two world renowned talents created an unforgettable show of music, singing and dancing.

The music of *Forever Tango* is soulful and heart-wrenching.

The audience feels the melodies and instinctively knows what the traditional Argentine scores are about, even when the music is performed alone in between the dance sets. Victor Lavallen directs and performs in the genuine Argentine eleven man band comprised of bandoneons, string instruments, a piano and a keyboard.

Some of the musical scores are accompanied by the Argentine singer, Alfredo Saez, whose voice is as powerful as his songs are poignant. Saez's solos add fuel to the already fiery mix on stage.

The most riveting part of *Forever Tango*, however, is the dancing, which is nothing short of sensational.

Tiffany, one of the principal dancers of the show, described the company's dancing as much more than the standard social tango, called the milonga.

"A lot of what we're doing on stage and what the people are doing, it's more enhancement and embellishment for tango, you don't see that in milonga. That's what's nice about the show. It's more for stage and it's fancy footwork, fancy steps, characters and facial expressions," she said.

Tiffany and her partner Sandor also said that the show is never exactly the same from performance to performance. They said there are always different nuances or a different timing to their dancing, because the tango is such an expressive introspective dance form.

Bravo recently told Susan Walker of *The Toronto Star* that the tango not only reflects an internal dance, but also tells the tragic history of a country:

"Like any art form it is the testament of the time in which the artist is living," Bravo said.

History and inner emotion are clearly represented in *Forever Tango* in which, according to



Miriam Lariai and Fabio Narvaez dance the Tango.

Sandor, the tango is a subtle way to express emotions and culture that are true to life.

The tango first began to develop as a dance around 1880 in the streets and bordellos of Buenos Aires.

Men left their families, lovers or wives behind to emigrate to America, only to find themselves virtual slaves in the packing houses along the Riachuelo in Buenos Aires. At night, knife fights, often over women, would erupt in the 'conventillos' where they lived. The early tangos tell of this sad and violent history. In *Forever Tango*, the dance number 'El Suburbio' represents this time period, during which two 'campadritos' fight over a woman in a brothel.

The history of the tango unfolds as the show progresses, reflecting the evolution of the dance through the 1920s, in the Parisian ballrooms and the modern era in the 1940s. Each dance number is unique, having its own personal style and tone. Sandor points out that for every three minute tango the audience lives a new experience. Because of this variety, the show remains powerfully enthralling.

Among the many choreographed numbers is the set called 'La Tablada', danced by Marcelo and Veronica. This tango is hilarious and the characters make the

audience laugh outright, especially at Marcelo's facial expressions.

The dance set reflects the era when the tango was taken over by the narcissistic Argentine middle class. He puts on an exaggerated macho act, while she plays a coquette role.

Another dance set, called 'Libertango', shows the dark seduction of the tango as the male dancer hypnotizes his partner and compels her to do his bidding.

Sandra and Gabriel have a fluidity to their dancing that almost makes the audience believe that magic is really being cast.

Framing the numerous dance sets is a two part tango performed by Sandor and Tiffany called 'Romance del Bandoneon y la Noche'. This performance is the most spectacular of the show.

Essentially, the bandoneon, represented by the male dancer, creates a woman from his passion but loses her to the night where he searches for her. Later, she returns to the emotions of the bandoneon.

Sandor and Tiffany execute the most intricate and spectacular moves in this two part set, making the audience gasp and murmur with appreciation and amazement.

If you enjoy the spellbinding power of Latin American dance, the seduction of *Forever Tango* is a must see.

PIG Skin Flick OF THE Year

Sunday, January 26
11am at the...

Puck'n Ball

...of course we're talking **SUPERBOWL PARTY**. The Mix. 99.9 will be doing live to air broadcasts featuring Bruce Barker. Tickets are just \$15. For this you will receive a football t-shirt and chances to win a recliner and a trip for two to Hawaii for the pro-bowl.

(some restrictions apply, more details at the bar)

The party kicks off with a tailgate party and food specials such as New England clam chowder and chilli. Who knows, maybe you will even see a Flee-Flicker!



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Club isn't X-actly rocking

by **Trish Ragbirsingh**
Entertainment Reporter

Students looking for a party who prefer the smaller, cozier place to hang out could try a new lounge club in Brampton.

Generation X Restaurant and Bar, located at Hwy 10 and Queen St. in Brampton is the newest attempt to bring night life into Brampton's downtown core.

"It's a nice place with good atmosphere," said Mike, the manager of Generation X. "My friends and I like smaller clubs: they have more atmosphere."

Also called the Aqua Lounge, Generation X offers a \$5 cover after 10:30 p.m. The music is a combination of R&B, House and Old-School played by DJ's from Energy 108 and 103.5.

On the downside, you tend to

get what you pay for; the dance floor is small and most times empty, and the drinks are weak.

"(Generation X) is a good place if you have no where else to go," said Adam Walden, a first time patron of the club. "Personally, I won't go back unless it's some sort of special occasion."

"For New Years we packed about 600 people into this place," said Mike, "but after that, things

have dropped off."

Compared to places like The Rocks in Barrie and TO's Whiskey Saigon, Generation X does nothing to draw attention to itself.

Generation X is decidedly not the place to go for a night out on the town, but if you're looking for a local hangout to meet friends for a drink, then Generation X is what you may be looking for.

Videophile

Beautiful Girls

This "ultimate guy movie" manages to entertain the female half of the population as well. The cast members, which include almost every under thirty star in Hollywood today, fight a little and drink a lot, but in their spare time, they talk about their feelings.

-Maryann Florio



David Usher (left) and Kevin Young sign autographs after their I & I show at MuchMusic studio.

Intimately Moist

by **Renee Buchanan**
Entertainment Reporter

The MuchMusic studio was the place to be last Thursday (Jan. 16) for fans of the band Moist.

The group, five unique Vancouver musicians, are singer/lyricist David Usher, guitarist Mark Makoway, bassist Jeff Pearce, keyboardist Kevin Young, and drummer Paul Wilcox.

The MuchMusic Intimate and Interactive show allowed fans of Moist to listen to songs from their new release *Creature*, the second CD following the band's triple platinum first effort, *Silver*.

In between songs, MuchMusic V.J. Sook Yin Lee asked the band questions, took calls and read e-mail from inquisitive Moist fans.

Audience questions and comments ranged from impassioned cries of "I love you David!" from the dozens of teenage girls, to the more serious questions on how the band is inspired to write and develop music for their albums.

During commercial breaks, the band tuned instruments, answered questions from the audience and received gifts from many of the girls in the studio.

Outside, on Queen Street, dozens of fans who could not get into the event watched in the

bone-chilling cold, noses pressed against the huge plexiglass window.

Just how intimate was the live concert?

"The capacity here (the area of the taping) is 200 people," said Don Dixon, security employee at MuchMusic. "However, because of the layout of the environment, it looks bigger. People fill the room well. Plus, you have to factor in all the instruments and even a grand piano."

Why would the band choose this type of venue? What is in it for them?

An agent representing the band's management, Sam Touma, from S.L. Feldman and Associates, explained.

"MuchMusic had a key part in [Moist] making it as a band," Touma said. "We are living in an age where television visuals and video are very important to kids. I'd say most kids between the ages of 14 and 20 are watching this either on TV, or are down here instead of doing their homework."

The band played several tracks from *Creature*, including the single "Leave it Alone". However, Moist fans would not be satisfied until "Push", the hit single from *Silver* was played. This song ended the set on a high note as the audience

cheered and bounced along to its strains.

The band seemed genuinely impressed with the enthusiastic audience. They constantly grinned and looked at each other in amazement as the audience screamed and danced.

The show was truly an intimate concert. The audience sat a few feet from the band as they were captivated by the piano driven music. Moist played passionately; a different concert from their rock show performance at Copps Coliseum venue in October of last year.

Following the show, Moist chatted on-line with fans via an American Online e-mail site. They met briefly with a long line of fans and signed autographs and agreeably posed for pictures.

As the lights turned on, and a production staff began to pull down the set, a young girl turned to her friend and said "this was amazing, I don't want to leave." Judging from the dozens of fans who lingered around the MuchMusic environment, she was not alone in her thoughts.

Moist can be seen in a co-headline tour with I Mother Earth next month.

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Et Cetera

Sports

Soccer Volleyball Basketball Hockey

Women continue to be perfect

by David Critelli

Sports Reporter

Unbeaten and unmatched, the Humber Hawks women's basketball team tallied two more victories to run their season record up to a perfect 9-0.

In the first contest, Humber travelled to George Brown College to face the 3-4 Huskies. A tight, see-saw battle ensued, as the hard working George Brown club rallied before half-time to keep within two points (33-31) of the visitors.

The second half saw Humber implement a new offensive scheme, causing a mismatch to follow, allowing the women to shake the pesky George Brown squad.

But with the highlights, also came problems.

A three player collision took place under the basket with approximately one minute to play. Star forward Tanya Sadler and two George Brown teammates had to be helped off the court. Fortunately, the injuries were minor and both teams resumed play.

With both clubs visibly shaken from the incident, the match quietly ended 68-57, in favor of the Hawks.

Standout efforts in the contest were put forth by Tanya Sadler, Tina Botterill, Amy Lewis and Heather Curran.

While the women prevailed in a hard fought game, the after-effects of a long layoff from competition showed.

Sadler, with a team high of 23 points, said she felt a better effort could have been put forth.

"Basically, we didn't play up to standards," she said. "We didn't play the game we're used to tonight."

Head Coach Jim Henderson echoed those sentiments.

"The first half affected us," he said. "I thought we outplayed them, but we shot very poorly."

Even with the Christmas layoff, co-captain Heather Curran emphasized the team's ability to adapt to new situations.

"We were implementing a new offense and it worked," she said. "We played well, but we can play better."

The next game at Niagara College, pitted the undefeated Hawks against the 2-4 Knights.

After a slow start, the women pounced on a sloppy Niagara squad and took an early commanding lead, with the score 11-3 after only five minutes of play.

Good defence, combined with countless missed opportunities by the Knights, led to a 35-21 Hawk lead at half-time.

By reeling off seven straight points to start the second half, the women put the game on ice and out of reach for the struggling Niagara Knights.

Sound rebounding and shot-blocking forced the home team to scramble in desperation. With good ball movement and hustle, the Hawks totally dominated the competition. The final score saw the women Hawks almost double the Knights 75-38.

Prime-time players included Sadler and Botterill, with 19 and 18 points each respectively. Melissa McCutcheon added 16 points, while Curran chipped in with 10 points.

Satisfied with the total team effort McCutcheon said, "We started off really slowly and really didn't pick things up to the sec-

ond half."

Amidst high expectations, coach Jim Henderson is constantly looking at ways to better the team.

"We have to improve to maintain our hustle and intensity," he said. "To be successful, the team has to have both an inside and outside game."

As teams become more familiar with and adjust to the Hawk's

style of play, Henderson said he feels it is important to adapt.

"We have to be more aggressive and quicker. We can't turn it on and off," he said.

The women will get a chance to improve on their success as crunch time begins. Upcoming matches include a game at home versus Mohawk College, followed by an away contest against Fanshawe College.



Humber's Melissa McCutcheon controls the offense in OCAA Women's basketball action. McCutcheon racked up 16 points in the win over Niagara.

Hawks too much for winless Huskies

by Vince Versace

Sports Reporter

Good teams win any way they can. Sometimes they win pretty and other times they win ugly — just as long as they win.

The Humber Hawks men's basketball team did exactly that last Wednesday when they faced off against the George Brown Huskies.

The Hawks defeated the Huskies 82-70 at George Brown in a fast-paced and physical affair which tested the stamina of some Humber players.

"You're looking at guys going to the wall and over for the team," said Athletic Director Doug Fox.

Players like Jason Daley, Adrian Clarke, Al St. Louis and

Rowan Beckford appeared to not only play the entire game, but it seemed as though they would never let up, playing hard and aggressive in every aspect.

Beckford, as he did during the first half of the season, led the team in scoring with 20 points and had another strong performance under the basket.

Daley turned in another stellar performance with 14 points. He also pulled down some crucial rebounds both at the beginning and end of the game, helping snuff out any

Huskie momentum.

"When Jason scores early, gets rebounds and applies pressure defense like he did during the game, I know we will be all right," Fox said.

The game's tone was set by Humber alternating from their tough zone — to — zone defense to man — to — man defense, denying any George Brown attempt to work the inside game, which proved to be the important key to

victory.

"We are winning playing tough defense, and having all the players picking it up."

Chuma Nwobosi was one of

these players that was "picking it up" against the Huskies. Nwobosi started the game and turned in his best performance to date. He hit four times from three-point land to rack up 12 points and also contributed to the strong defensive effort.

Clarke also added 12 points and Al St. Louis had 10, helping round out Humber's balanced attack.

However, the defensive contributions made by all the players



Rowan Beckford pumped in 20 points to lead the Hawks past George Brown.

are what contributed to the most important statistic, another win.

During the winter holidays the Hawks defeated both Cambrian and Algonquin College, the latter by two points in double overtime.

The Hawks also won a bronze medal defeating Centennial

College at the 18th Annual Colt Classic Tournament.

sports quote of the week!

New Jersey Nets coach John Calipari, on how rookie guard Kerry Kittles should play Michael Jordan:

"Do not make him mad, do not talk junk, and if you score on him, just say: Excuse me, I'm sorry about that. Just let him play his game and leave the building."

Et Cetera

INSIDE the NUMBERS

11-number of games "The Worm" Dennis Rodman received for kicking a camera man.

00-number of brain cells Dennis Rodman has left.

24-number of wins the Leafs need to get out of their final 35 games to reach .500 for the season.

01-number of baskets made out of the first 11 shots by the Raptors against Vancouver.

01-number of years All-star catcher Ivan Rodriguez signed with Texas. The pay off? \$6.65 million

Indoor women's soccer alive and kickin'

Jennifer Morris

Sports Reporter

Soccer returned to Humber College this week with a vengeance. Members of the first ever Humber women's outdoor soccer team reunited this week to try out their luck in the gym.

The women's season consists of two scheduled weekend tournaments with some other possibilities for games and tournaments. The team will have some changes to make to their game - plans in order to adjust to being inside.

"Indoor soccer is much different from the outdoor game," said Mauro Ongaro, the coach of the women's team. "But we are still going to be working on the same skills and tactics."

The indoor season is much

anticipated by the players, with the men starting their practices before the winter holidays and the women holding tryouts last Tuesday.

"I'm really looking forward to the indoor season," said Heather Walton, the women's outdoor team's goalie.

"We've got a lot of work ahead of us," said Nancy Woegerer, the team's leading scorer during the outdoor season.

The team hopes the indoor games will be a continuation to the success of the outdoor season.

"We're looking to win, but more importantly, we're looking for the girls to continue to develop their skills and gain more confidence, and carry that to the out-

door season this fall," said Vince Pileggi coach of the team. "We're using the indoor season as a springboard to the fall season."

Coaches Ongaro and Pileggi, will likely return for the fall 1997 season, much to the delight of the team.

"I like Vince and Mauro, (because) they don't have favorites. They treat everybody equally," said Suzanne Poirier, a player from the team this fall.

"As far as we know we will be back. We've signed a one year contract and we're looking to extend it," said Pileggi.

But for now, the coaches and players will be focusing on getting in shape for the indoor season, and improving their skills for the up -- and -- coming outdoor season this fall.



Anticipated women's indoor soccer season has arrived to Humber, and the team is hoping their outdoor success will carry over onto the hardwood.

Canada makes history with Special Olympics

by Marcel Watier

Sports Reporter

When the 1997 Special Olympic World Winter Games come to Collingwood and Toronto in February, it will be only the second time in the games' history that they will be held outside of the U.S.

The 1993 winter games were held in Austria and hosted Canada's largest delegation with about 130 athletes. While this year's games are smaller - 113 Canadian athletes - Canada is still looking to do well.

"We are looking for the Canadian team to do well from a podium perspective," said Debbie Bright, the national program director for the Canadian Special Olympics. "Our biggest objective is for these athletes to show their talents from training."

Bright said that if the team can improve on their personal best, then that would be great.

"When we do see the medal podium I think that it will be a great experience for the Canadian team," said Bright.

Canada's best medal hopes come from floor hockey, figure skating and speed skating.

"We tend to do really well in these events," said Bright. "We think that we should fare fairly strong, because the winter sports are our strength."

The games were created by Dr. Frank Hayden and Harry "Red" Foster both of Canada and



Canada's highest medal hopes are in the winter sports, including floor hockey, figure skating, and speed skating.

Eunice Kennedy Shriver of the U.S. in 1968, with the first games held in Soldier Field at Chicago. The games were created so that athletes with mental disabilities could participate and enjoy the spirit of competition. Their oath; "Let me win, but if I cannot win, let me be brave in the attempt," remains with them today.

The games which will be held Feb. 1-8 in various locations around Toronto and Collingwood are being billed as the largest international multi-sport event for 1997. They will be host to 90 countries and 550 athletes will be participating in five sports and two demonstration events.

The sports are alpine and nordic skiing, floor hockey, speed

skating, figure skating and demonstration sports; snowshoeing, and Eisstock - a type of hockey.

The opening ceremonies will take place at the SkyDome and the closing ceremonies will be held at the Molson Amphitheatre.

The Special Olympic games take place every two years, alternating between the summer and winter. The Canadian Special Olympics is funded solely by corporate sponsors and personal donations. Funding for team Canada was done by corporate sponsors that include Royal Bank, Toyota and The Foster Foundation.

"Our funding base is solely related to Team Canada and the operations of Canadian Special

Olympics," said Bright. "When the Canadian Special Olympics began, it was not an issue that the federal government wanted to put money towards. We, therefore, as an organization, through Mr. Foster built a very strong corporate team."

The money they do receive from the government adds up to less than five per cent of the operating budget.

"The money is not directed towards the national team. It's directed towards a small portion of a staff position in here," said Bright. "So that is what I mean when there's no federal money supporting team Canada athletes."

Nearly 2,000 media representatives have been invited, including television, radio and print reporters from all around the world.

Humber College has also been included in this year's games.

"Humber public relation (PR) students have written the biographies for all the Canadian athletes and coaches," said Humber PR Professor Jennifer Leonard. "The

biographies were written as part of a class assignment and will be published for all the media at the games."

In addition to writing the biographies, Humber students will also volunteer at the games. Second-year journalism students will be working in Collingwood and Toronto in the media centres. Third-year Humber PR student Katina Sideris has been placed

with DBA

Communications, the main public relations firm for the games.

Third-year Humber journalism student Sean McGrillen is also connected with the Special Olympics. He is currently working for the bi-weekly Collingwood paper and for the Special Olympic media office in Collingwood.

In addition,

Humber students from Ambulance services will be volunteering at the games in Collingwood. They will be in charge of emergency response in Olympic Town, covering the floor hockey games, and they will also be working at the opening and closing ceremonies.

"Let me win; but if I cannot win, let me be brave in the attempt."

-Athletes' oath

The Canadiens still Canada's favorite team

by Carlos Puster-Bergero
Sports Reporter

Once a year a red wave converges on Maple Leaf Gardens as Torontonians pay homage to their favorite hockey team — the Montreal Canadiens.

"There are a lot of people in Toronto who are fans of the Montreal Canadiens," said David Shulist, whose web site, Dave the Slave and the Canadiens is accessed by "Hab fanatics" from across North America.

Shulist said when Toronto plays Montreal at the Gardens, the crowd's loyalties are divided evenly between both teams.

"You hear a lot of noise when Montreal scores a goal against Toronto at Maple Leaf Gardens," said Shulist.

According to Rick Cluff, a sports journalist on CBC radio, there is a natural affinity in Toronto for the "original six teams", particularly Montreal.

"That's when hockey was hockey," Shulist said, in reference to the years subsequent to expansion, when only six teams — Toronto, Montreal, Boston, Chicago, Detroit, New York — battled for the Stanley Cup.

In the days of the original six, Montreal and Toronto played a 14 game home and away series during the regular season and it was considered blasphemy to cheer for an American team.

Predictably, a heated rivalry fermented among the followers of the only Canadian teams in the National Hockey League (NHL) for "national bragging rights."

"Toronto and Montreal have been rivals forever," said Shulist. "You either loved them [Toronto and Montreal] or you hated them."

Chris Clark, the producer of Prime Time Sports on the Fan 590, said hockey patrons in Toronto are like sports fans anywhere else; they tend to gravitate towards successful teams.

"Montreal always seemed to have good teams and a lot of great players," he said.

Shulist, 45, and his six brothers, who are all fans of the Canadiens, became avid followers of the team during the '50s, when a number of legendary hockey players graced the ice of the old Montreal Forum: Maurice (Rocket) Richard, Jean Beliveau, Boom Boom Geoffrion and Doug Harvey.

From 1955 to 1960, with legendary coach Toe Blake at the helm, Montreal won five Stanley Cups in succession — an unequaled record.

"Oh, the good old days," said Shulist. "When Jean Beliveau and crew hit the ice."

Shulist blamed Harold Ballard, the former tyrannical owner of Toronto in the '70s and '80s, for a dramatic upsurge in support for Montreal in the last 20 years.

"Ballard did them in real bad," Shulist said.

While a generation of hockey fans in Toronto grew up with the likes of Guy Lafleur and Ken Dryden leading the Montreal Canadiens to five Stanley Cup victories in the 1970s, the Maple Leafs were scraping the bottom of the standings with forgettable players such as Fred Boimistruck and Jack Valiquette.

Richard Uhalde, 27, has been cheering for the Montreal Canadiens since the age of six, when he was given a Canadiens' jersey with the number ten on the back.

"Guy Lafleur was the best player that ever lived, and the Montreal team that won the five Stanley Cups was a powerhouse," said Uhalde.

"Toronto had some really bad teams in those years ['70s and '80s]," Uhalde added.

Because of the intense rivalry between Toronto and Montreal, Clark said "a lot of people without allegiances to either team, cheer for the Canadiens because they know it angers Leaf fans."

What irks the Leaf faithful is the arrogant nature of Montreal fans.

"They are arrogant," said Clark. "Tell them that they are having a bad year and they respond: 'better than the Leafs' or 'who has more Stanley Cups'." But, he added, "that's called bragging rights, and you can't take that away from us."

According to Cluff, the Montreal Canadiens are the "best organization in hockey; after winning so many Stanley Cups (24), they [Montreal fans] have a right to be arrogant."

"The fact is that Torontonians are just jealous — the Leafs haven't won a Stanley Cup in 30 years."

On the future of the basement dwelling Leafs, Cluff said: "Bleak!"

Can a new generation of Torontonians wearing Saku Koivu jerseys be far behind?

Proper clothing may be the most important equipment you put on

by Jenn Hoeschen

Sports Reporter

Skiers are excited with all the snow that has fallen recently and are waxing their skis and heading out to the slopes. Here are some tips on what to wear and where to go for an enjoyable day on the hills.

In sub-zero temperatures, it is important to cover all skin areas and take warm-up breaks often.

Michael Johnston, of Sporting Life on Yonge Street, said skiers should use the "three layer system."

"There are three basic layers, each with a specific job. The first layer is long underwear, called the inner layer; the next layer is the mid [layer] which is a wool or fleecy sweater and the third layer is a warm jacket, insulated jacket, or a shell jacket," said Johnston.

Ski wear is made so that the layers can be worn comfortably, allowing for a full range of motion. The inner layer, which is the most important, is designed to fit close to the body.

"It is the closest layer to the heat source and it will keep you from getting wet and sweaty and cold," said Johnston.

There are many brands of long underwear to choose from including Lifa, Hot Chillis and Patagonia.

This layering system is important for maintaining warmth for both the upper and lower body.

Skiers need to keep the top of their heads warm because this is where all the heat escapes. About 80 per cent of heat loss occurs in this area.

"All the heat that is going to your brain has to pass this area first and if it's all being radiated out, the heat is not getting to the brain," said Johnston.

Keeping your hands warm is also important.

"Mitts are warmer but dexterity is lost. At Sporting Life we sell half and half (mitts and gloves) to women but men almost always buy gloves," Johnston said.

Skiers should also invest in a good pair of socks.

"The most important thing in a ski sock is not to wear cotton socks. [They] act like a sponge. Your feet will be wet and cold for the rest of the day — We recommend wearing socks made of wool for warmth, blended either with silk or polypropylene or with thermostat," said Johnston.

Layering socks is not a good idea. It creates extra pressure in the boot, causing poor circulation.

All these clothing tips apply for not only children, but adults as well.

InsideSports

by Robert Amoroso
Sports Editor

Acting on anger and frustration and the will to win, Dennis 'The Worm' Rodman blatantly, without cause, kicked a cameraman (Eugene Amos) during a game at the Target Center and due to his gross misconduct on the court, he was handed an 11-game suspension by the National Basketball Association.

David Stern, the commissioner of the NBA, handled the Rodman situation with an iron fist and resolved the problem immediately. The consequences of Rodman's actions were: an 11-game suspension, \$25,000 fine and mandatory counselling. This is an indication that the NBA is not willing to tolerate such behavior. The message and statement delivered: 'enough was enough!'

The punishment is warranted and Rodman must comply to the NBA demands or this could be the end of his basketball career!

The Chicago Bulls badboy, cross-dresser has been suspended eight times prior to this incident for his on-court antics, which speak volumes: head-butting an official and numerous other altercations with other NBA players.

The media portrays Rodman as a 'loose cannon' and one who is 'hot-headed' and 'temperamental'.

However, the direct opposite is evident in Rodman. He possesses a 'rebellious' attitude of one who goes against the grain at all costs.

The colored hair, the body piercing, the numerous tattoos and the various profanity-laced interviews are evidence of his unique style. This is what Rodman is all about — it's the image he has carried with him throughout his career.

Rodman continually thrusts himself into the spotlight on and off the court, all in the name of controversy. Ironically, in many respects, this is what 'The Worm' thrives on.

Rodman's off-court game has taken him to a height of popularity which is arguably greater than Michael Jordan's.

In a recent survey conducted by SportsMart on the sales of professional jerseys, Rodman was in the top five.

We can't forget the abilities Rodman possesses on the court, he's one of the premier rebounders (he pulled down his 10,000 in his career) and he is one of the best defensive players of all time. He has personality and there is no mistaking his popularity.

The NBA has its hands full in trying to change Rodman's attitude. Who knows if he ever will?

One thing is for sure, love or hate him, he doesn't care, he isn't out to make anyone happy, except one person, and that's Mr. Rodman.

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Athletes of the week



Eugene Selva #14 rightside

Eugene was named the West team MUP in this year's OCAA Men's Volleyball All star game. His number will be retired this year in a ceremony on Feb. 6.



Caroline Fletcher #5 setter

Caroline was named the MUP of the OCAA Women's volleyball West All-star team.

Each athlete of the week receives a \$25 gift certificate from Fox and Fiddle, 171 Carlingview Dr, Etobicoke, (416) 798-3203.

Ontario College Athletic Association standings

Men's Basketball Central Region

	GP	W	L	FOR	AGT	PTS
Humber	4	3	1	269	248	6
Sheridan	2	2	0	180	153	4
Durham	4	2	2	310	275	4
Seneca	4	2	2	274	258	4
Centennial	4	2	2	299	335	4
George Brown	4	0	4	240	303	0

Women's Basketball

	GP	W	L	FOR	AGT	PTS
Humber	9	9	0	729	458	18
Durham	7	6	1	489	329	12
Seneca	7	5	2	533	382	10
Fanshawe	7	3	4	411	361	6
George Brown	8	3	5	445	482	6
Niagara	7	2	5	321	456	4
Mohawk	6	1	5	243	394	2
Redeemer	7	0	7	218	527	0

Men's Volleyball West Region

	MP	MW	ML	GW	GL	PTS
Humber	6	6	0	18	3	12
Cambrian	8	6	2	21	12	12
Niagara	6	4	2	13	9	8
Georgian	7	4	3	16	15	8
Mohawk	8	4	4	17	14	8
Redeemer	6	0	6	2	18	0
Seneca	7	0	7	5	21	0

Women's Volleyball Central Region

	MP	MW	ML	GW	GL	PTS
Cambrian	7	7	0	21	1	14
Georgian	7	4	3	15	11	8
Humber	4	3	1	9	6	6
Seneca	6	3	3	12	10	6
Centennial	6	1	5	4	16	2
Confederation	6	0	6	1	18	0

Serious snowboarding styles

by Kristan Jones
Sports Reporter

Not only have attitudes changed towards snowboarding, but the fashion and equipment have become more functional without compromising style.

Jamie Sinyard, sales clerk at Hogtown Skateboard and Snowboard Shop located on Danforth Avenue, said, "The styles keep changing and the attitudes go with the styles."

Sinyard, a seven-year veteran of the sport, has noticed that what started out as a hot dogging, show-off sport is now becoming more serious. He added that the bad rap that snowboarders carry around with them is starting to die down as the sport is becoming more accepted by the public and resorts.

"It's getting better because more of the people who had had negative attitudes, mostly skiers, are turning to boarding, but it's mostly the age," he said.

Sinyard went on to explain that with the ages of snowboarders being between 13 and 24, the younger boarders tend to cause havoc on the hills along with their skiing counterparts.

Alon Rimon, sales clerk at Equilibrium Sports Inc., and member of their snowboarding team said, "Resorts are starting to cater to boarders by building more trails and designing half pipes and fun parks."

The fashion in the beginning was bright - like skiers, said Sinyard, and then the grunge and street gangster styles emerged as more skate boarders started getting in to it. They wore baggy jeans over track pants and plaid and flannel shirts.

"It was a mix of grunge and gangster," Sinyard said. "Now the clothing is clean and more functional."

The pants are made of light, durable water and wind-proof material. They are tapered, but still give you room to ride comfortably. The jackets are made

from the same type of material as the pants, but are more roomy so you can add layers. You won't see anymore of the bright colors; they have been traded in for tan, white and khaki, explained Sinyard.

Some popular names in snowboarding garb are Burton, Twist, Rewind and West Beach. These companies carry a full line of "girlie" wear for the female boarders who invade the hills.

Good snowboarding garb can run you \$300 and up.

Along with the attitudes and fashion, the equipment has evolved from a skateboard feel to more performance.

"Once guys started jumping higher, they needed more support, so now it's going back to still looking good, but actually working," said Sinyard. "Some young guys still have goofy skater set ups with low cut bindings and wide stances, but most people now are reading up on the sport and know more about the equipment."

There is also a larger variety of companies to choose your equipment from.

"There are a lot more companies out there with more variety and better equipment. There are boards for every type of rider," Rimon said.

There are four different classifications, freeriding, freecarving, freestyle and technical freestyle.

Freeriders are those who just enjoy riding any terrain in any snow condition and are just content with staying on the ground, while freecarvers are those who enjoy make the type of deep wide turn that brings out jealousy in any skier.

A freestyle boarder is best described as someone who will tackle just about anything from powder, hardpack, jumps to between the trees. A technical freestyler is the one you see perfecting complicated moves in the half pipes and fun parks.

Snowboard companies include



Attitudes and clothes are changing.

Burton, Sims, Silence, K2, Libtech and Winterstick. The cost of a board and binding package is \$500 and up and the boots are about \$100.

Sinyard said that not too long after (resorts) started allowing snowboarding they went from

building half pipes by hand to buying special groomers to do the work.

"All the resorts are buying them now because that's the biggest attraction, who has the best half pipe."

When asked where the hot spots are Sinyard said, "all over, because most resorts have half pipes and fun parks now."

Blue Mountain is one of the biggest with two fun parks and three half pipes, but Sinyard favors Lakeridge, with one half pipe and a fun park. Rimon favors Mount St. Louis Moonstone's terrain over all.

Some other hot spots in Ontario are Horseshoe Valley with one half pipe and a fun park, and The Ranch, which boasts four jumps, a half pipe and a black hole.

Regardless what has happened in the past, snowboarding is quickly becoming the sport of choice for many.

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Hawks disappointed at SPAD tournament

by Sean Hamilton

Sports Reporter

The Humber Hawks may not have won the Sports Advertising (SPAD) hockey tournament in Sudbury but they walked away with their heads up.

After losing the semi-final game to last year's champion the Laurentian Winter Hawks, there were no cheap shots or any fighting - they simply took the loss in stride.

Head coach Jim Bialek was proud of his team's conduct.

"Other teams tried to start fights when they knew it was over but Humber kept their cool." "Some of the teams had the police come to their hotel's because of the damage they caused to the rooms," said Bialek.

Humber vs Winter Hawks (semi-final)

The semi-final match against the Laurentian Winter Hawks was Humber's second time playing them in the tournament.

During the first game, Humber

had a great opportunity to score in the opening minute, but both goalies played well, keeping both teams at zero.

This game was less physical than their first, but the action went end to end.

It looked as though the period was going to end with neither team in the lead, when the Winter Hawks took advantage of Humber not being able to clear the puck and put one past goalie Duane Crocker with less than 30 seconds on the clock.

Humber was ready to tie things up, putting lots of pressure on the Winter Hawks goalie and with, four minutes gone in the second period, did just that with winger Corbie Kent putting the puck in the top corner.

The rest of the period had the same end to end action when the Winter Hawks scored a questionable goal, once again giving them the lead.

With just over five minutes gone in the third period, the

Winter Hawks added to their 2-1 lead, ending the Hawks' bid for a spot in the finals. Final 3-1.

"We couldn't score. I think we dominated the game, we just couldn't finish. I think the hardest thing to do is to play the team that won last year," Bialek said.

Humber vs University of Sudbury

Despite scoring first against the University of Sudbury, in their first game of the tournament, it took the Hawks the better part of two periods to get into gear.

Bialek defended the team's play saying there were uncontrollable conditions.

"They had a long trip here and they were playing on an Olympic sized surface. It took them then two periods to realize they had more ice to use."

The beginning of the second period was much like the first with both teams being shutout.

Things turned around after Crocker made a big save, stoning a rushing Sudbury attacker.

Humber geared up again, after forward Blair Ceolin received a pass from defence-man Trevor Boulanger and netted a goal.

Sudbury scored in the third period cutting Humber's lead in half.

Humber responded by putting the pressure back on Sudbury with more big saves by Crocker and Ceolin got the game winning goal, his second of the night.

"Coming into second period we knew we were the better team. We generated more chances and capitalized on them," said Ceolin, the game's Most Valuable Player.

Beside Crocker and Ceolin helping Humber get the win, forward Morgan Matthews was the team's unsung hero. He played a solid game by working hard and moving the puck around.

"He played an excellent game and really, really worked hard," said Bialek.

Humber vs Royal Military College

Right from the drop of the puck, the game against Royal Military College was a much more physical game, and bad officiating made the Hawks play even harder.

Chris McFadyen scored early in the first period from a picture-perfect pass by Jeff Bain.

In the second period, Humber was more determined to prove they were the better team.

RMC was held scoreless with some great goaltending by Crocker and lots of checking by Page, giving Mike Groff a chance to put the Hawks further in the lead.

The Hawks had a lot of scoring chances in the third, while Crocker stood on his head between the pipes.

Halfway through the second period Dave Haughton scored the third and final goal, for a 3-0 victory.

Bialek was happy but not surprised by the calibre of play by Crocker who was named the game's MVP. Bialek said captain Paul Masotti raised his game to another level, controlling the game both on and off the ice.

"The first period started to look like a boxing match instead of a hockey game. You don't win games that way," Bialek said. "I just had to calm them down and get them to play hockey."

Humber vs Winter Hawks (quarter-final)

It may have taken 45 minutes to play a game but it only took the Winter Hawks three minutes to win the game.

Into the third period, the Hawks were ahead by two goals from Bart Iskra and Brenden Dunkley, but soon after the Winter Hawks pumped in three goals in a three minutes, to win the game 3-2.

It looked like the Hawks were finished after being scored on one minute into the game and being down two goals after the first period of the quarter-final match against Guelph.

Quarter-final Humber 3 Guelph 2.

But, the Hawks came back, winning the second period and knotting the game with goals from Houghton and McFadyen.

The Hawks carried the momentum into the third period, adding an extra goal by Charlie Gunn for a 3-2 win.

"Because of the loss this morning everybody was down. I don't think guys were ready to play and got down on each other. We started to play physical and took them out of the game, and opened up the ice for our goal scorers," said Gunn, the game's MVP.

"I think it was good for the guys to have a tournament of such a caliber for so many days," Paige said, commenting on the playing experience the team gained by being in the tournament. "It brought us together."

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