

Monday, October 15, 2012

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Volume 46, Issue 4

Trudeau seeking to engage youth

ALEX LAMBERT Senior Reporter

Justin Trudeau officially launched his campaign for the federal Liberal leadership on Oct. 4 at a rally in Mississauga.

Former Mississauga Liberal MPs Navdeep Bains and Omar Alghabra hosted the event, where Trudeau spoke to a crowd of more than 1,000 people.

Trudeau's message at the rally focused primarily on strengthening the middle class.

"A thriving middle class provides realistic hope and a ladder of opportunity for the less fortunate, a robust market for our businesses and a sense of common interest for all," he said during his speech.

"There's a hollowing out of the middle class that I think is directly related to the challenges that we are facing as an economy," Trudeau told reporters during a scrum after his speech.

The talk also dealt with another central Trudeau theme, the need to engage apathetic young Canadian voters.

"Now looking around a room like this, one might be tempted to say that young people are our future," Trudeau said during his speech. "I believe they are an essential element of our present. We need to empower young Canadians."

"I'm going to talk about the issues, I'm going to listen to (young people), I'm going to give them a voice. I'm going to allow them to actually participate in the building of the future that we keep saying is theirs but don't give them enough stake in or enough voice in," Trudeau told the *Et Cetera* in response to a question on how he would engage young voters.

Kirsty Duncan, Liberal MP for Etobicoke North and Trudeau's seatmate in the House of Commons, said that since he is the Liberal's youth critic, is-



Justin Trudeau giving a speech Oct. 4 at Mississauga's Versailles Convention Centre where he officially launched his campaign for Liberal party leader.

sues concerning young Canadians are important to Trudeau.

"Justin has spent the last several years going across the country actually listening to youth, hearing what their issues are and he's really paid attention and I think he will do everything in his power to empower them," she said. "His campaign is being run by young people. He wants young, energetic, new ideas," she added.

Carolyn Burns, 23, a University of Western Ontario political science grad who attended the rally, said although Trudeau is 40 years old, she still identifies with him and his policies and felt compelled to attend the event.

"I'm not 100 per cent sure I'd per-

sonally label him as a youth candidate considering he's in the prime years of his working adult life," she said.

"I think we just look to him as someone who can really inspire a lot of youth to become involved in politics." Burns said she thinks Trudeau will

be the kind of candidate who will be able to get young people to "care about what's going on in their country, as opposed to what's going on on MTV."

Trudeau faces a number of candidates in this race, including Jonathan Mousley, Shane Geschiere and Deborah Coyne, mother of a child with his father Pierre Elliott Trudeau.

Voting to elect the next Liberal leader will take place April 14.



LIFE PG 9 How school stress is contributing to student smoking. PHOTO BY CHARLOTTE ANKETELL

Ontario launches \$21-million campus mental health fund

JOSHUA SHERMAN JESSICA LAWS News Reporters

The Ministry of Training, Colleges and Universities has created a three-year, \$21 million Mental Health Innovation Fund to improve support services on campuses across Ontario.

According to the ministry, the fund has been established to address gaps in mental health care on campuses and to promote new and innovative ways of providing services to those in need.

Instead of distributing the money evenly between post-secondary institutions, the ministry issued a provincewide call for proposals from universities, colleges and student organizations to fund initiatives on an individual basis.

"Humber's proposal will build on

its Mental Health First-Aid program," said dean of students Jason Hunter.

The program was implemented in May and so far has trained 211 faculty, students and staff in dealing with mental-health issues, Hunter said.

"The idea of the training is that it equips Humber employees with the skills to intervene and support students who might be struggling in some way, and then get them connected to appropriate supports," said Jen Mc-Millen, training organizer and director of student access, wellness and development at Humber.

"We know that students struggle with a variety of issues, and many are attending school while living with a mental health problem or illness," she said.

If Humber's proposal for the new provincial grant is approved the goal

would be to have Humber staff ultimately providing mental health firstaid training to colleges province-wide, Hunter said.

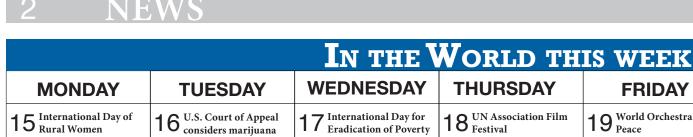
The fund's announcement received support from the Ontario Undergraduate Student Alliance.

OUSA executive director Rylan Kinnon said the fund was something the student alliance had proposed earlier this year.

"We were really happy to see that the government actually took that idea and put it into practice," said Kinnon.

"We'd like to see the government provide more funding for [mental health services], but regardless, we'd like to see institutions as well prioritize funding for mental health services on campuses."

The announcement of approved proposals is expected by Oct. 31.



Created by the United Nations to celebrate women in rural societies, including indigenous groups. It's been running since 2008.

The United States courtwill look at the legal classification of cannibas. The result could be treating possession as a lesser crime.

17 International Day for Eradication of Poverty This United Nations occasion has been in effect since 1993. The goal is to bring more awareness to global poverty.

FRIDAY SATURDAY $19^{World Orchestra for}_{Peace}$ The start of the 10 day festival The concert takes place at in Paolo Alto, Calif. carries Carnegie Hall with musicians from all around the world participating. conference.

SUNDAY 21 Harold Camping's end 20 Upper Canada College Model United Nations of world prediction The U.S. Christian The third annual event at the prominent Toronto private broadcaster has announced school for boys features a this as the date of the apocalypse and will be taking comprehensive one-day billboards and radio ads.

the theme this year of human dignity. TTC to operate light rail lines **GLYN BOWERMAN** News Reporter

experience operating multiple modes of transit within a single station would be necessary to integrate the LRT system with existing city transit.

According to Jamie Robinson, Metrolinx's director of community relations and communications for Toronto transit projects, there was a misconception in the media that a Sept. 19 letter from Metrolinx to Toronto city staff was the final word on the new lines.

Metrolinx provided the Et Cetera with a copy of a letter it had addressed to TTC chief capital officer Sameh Ghaly.

In it, Metrolinx's vice president of rapid transit implementation Jack Collins advises Ghaly of the intention to contract-out the design, building, financing, operation, and maintenance of the LRT lines. The above option, Robinson said, was suggested by the TTC.

'We, at that time, were responding to a letter from the TTC," said Robinson. "That became public, and that's sort of what people thought the deal was."

The misconception nearly reached the floor of City Hall, with a motion by Ward 21 councillor Joe Mihevc. It was scheduled to be introduced during the Oct. 2 council meeting, until Mihevc himself withdrew it.

Mihevc's motion proposed that the city only enter an agreement on the LRT lines with the understanding they be fully operated by the TTC.

"I withdrew it because I got word that things were going in a good direction and I didn't want to jeopardize those conversations," said Mihevc. "Every national, international observer that comes to Toronto says the great thing that you have about this city is that you have one, unified, local public transit system."

The Finch LRT, one of the four LRT lines under construction, will service Humber College and is scheduled for completion in 2020.

Peel's first female police chief alters face of force

Jennifer Evans worked from cadet to Paul Bernardo case

CLAIRE RUSH News Reporter

From breaking up bar fights, to being seconded to assist in the judicial review of the Paul Bernardo case and the British Columbia Missing Women Commission of Inquiry, Jennifer Evans has had many roles over her 29year career in the police force.

Metrolinx has agreed to let the TTC

run four new light rail transit lines,

reversing its position two weeks ago that the lines would be operated by a

rector of corporate communications,

said the reversal announced jointly

by the two agencies on Oct. 3, was the result of discussions between Metro-

linx's CEO Bruce McCuaig and TTC

try and reach some kind of an agree-

ment, whereby TTC would operate,"

LRT lines, including one projected to

link to Humber College North cam-

pus, to ensure coordinated fare collec-

tion, he said. The transit commission's

'We reached out to Metrolinx to

The TTC wanted control over the

Brad Ross, the TTC's executive di-

private company.

CEO Andy Byford.

said Ross

Now she will be taking on her latest role as Peel Region's first-ever female chief of police.

The announcement came from Peel Region's Police Services Board after they unanimously voted in Evans over five other potential candidates. "I was hoping," Evans said about get-

ting the job. "It took a while to sink in." Starting her career as a cadet with

Peel Regional Police at age 19, Evans' resume includes homicide detective, staff sergeant, and duty inspector. She even worked in the coroner's office.

When she was hired as a cadet in 983, Evans was one of only two women in the class.

"I was the only female on my shift in uniform. In the detectives office I was the only female on shift. As staff sergeant, I had five women on my shift. We are progressing...Peel Regional Police is so strong because of its diver-

sity," she said. "Women in the police force represent approximately 20 percent in Canada," said Mike Gamble, a criminal

PHOTO BY CLAIRE RUSH Peel Region's first ever female chief of police, Jennifer Evans, started as a cadet in 1983 at age 19 after being one of just two women in her class.

justice professor at Humber. "Female there can be strengths." representation in the police foundations program at Humber is 17 per cent, so about 1 in 5 students are female."

A former Peel police officer, Gamble said that in 1973 women made up one per cent of the region's police force.

The biggest gains have been in the last 20 years," he said. "It's still a male-dominated environment, but they[females] have come to expect equality. Where there are differences

Sarah Grier, 25, in her first semester in Humber's Police Foundations program, said a strong female role model is exactly what women in her program need.

"To actually see a woman in my community taking on that powerful role makes me believe times have changed for females in policing. Maybe I could be chief one day."



Members of the Toronto Police are warning students to make sure their cars are locked up and items hidden to avoid having thieves break in.

Auto smash 'n' grab

doors are locked can all help," he con-

tinued. "To prevent thieves from steal-

ing you car, try to park in well lit areas

and don't leave a spare key in your car.'

ins are a crime of opportunity and

chances are if there is a vehicle that is

easier to break into than your own, the

stickers that can be put on your vehicle that say police traceable. These are to

fool thieves into thinking that the po-

probably the safest place to park your

vehicle in Rexdale," said Wayne Em-

mons, 22, a first-year Humber indus-

Emmons lives on campus and parks

That being said, some of the park-

ing lots aren't as well lit as I would

like," Emmons said. "But security on

campus make themselves known and I

For further information, contact

lice can find your vehicle if stolen. "I feel that parking at Humber is

his vehicle overnight on campus.

think that keeps thieves honest."

Division 23 at 1-416-808-2300.

Willmer suggested that there are

thieves will choose that one.

trial design student.

Hendricks said that vehicle break-

COREY WEIR

News Reporter When Humber students kill the ignition on their vehicle, they should be looking for ways to kill the chances of an auto break-in as well.

Const. Bart Hendricks of 23 Division, Toronto Police, said that auto thefts and break-ins are pretty well spread out all over the precinct.

"Because we are close to the airport, it's the park and fly rule," said Hendricks. "People are leaving for a week's vacation, say, and come back to find their car stolen. Meanwhile it's been gone for most of their vacation but they are just finding out about it now.'

Constable Ryan Willmer, crime prevention officer for 23 Division, said some thieves will even smash a window, just to grab a couple of bucks that are visible.

"Smash and grabs happen everyday, but there are things that you can do to prevent them from happening to you," said Willmer

Things like putting your valuables in the trunk and making sure your



Up to 2,000 people in Mississauga have MS

www.humberetc.com

NEWS

Online courses gain more ground in universities

KELLY KHIZAKIA News Reporter

The Council of Ontario Universities is proposing more online courses and programs to make education more accessible for students who have trouble attending in-class sessions.

Constance Adamson, the president of the Ontario Confederation of University Faculty Associations, said that the COU paper *Transforming Ontario Universities* is a way of "strengthening and promoting much more of online courses and learning."

"We feel that online courses are very useful tools and are important for students who cannot attend actual classes," Adamson said. "It's a dynamic, developing thing and we're working globally to see what works and what doesn't."

Adamson said the courses must be presented in the right way, and adding flexibility to students' schedules can be beneficial to their education.

Adamson also said students have frontline experience of what's being promoted and should be well informed about what's being implemented.

"Students should read the minister's paper and speak about it amongst themselves," she said.

Some online courses are provided for Humber students.

Jey Sadat, support staff for Humber's online learning courses for the Business School, said students enrolled in the online courses have the same expectations as those attending classes in the school rooms.

"Assignments are due weekly depending on the courses and final exams can be done at home, but you are given a final exam either way," Sadat said.

First year fashion management student, Crystal Oscar-Few, 17, said she would rather be in class than on a computer.

"I feel that if I go to class, I'll be more informed of what's being taught," she said.

Students can apply for classes and courses either online, in person or by phone. For more information, visit onlinelearning.humber.ca or call 416-675-5049.

The COU paper, *Transforming Ontario Universities*, as submitted to the provincial government, is online at cou.on.ca.

Advertising

For advertising inquires contact us at: 416.675.6622 x 4153 Mediasales@humber.ca



Immigration policy tightens

AMALIA DEL CID News Reporter

Humber College is an example of Canada's multiculturalism, but recent changes to immigration policies could negatively affect this, according to a report by Maytree Foundation.

Maytree, a non-profit that fights for human rights through leadership building, recently released a report that outlines all the changes made to immigration policies throughout the last decade.

Naomi Alboim, the writer of the paper "Shaping the Future: Canada's Rapidly Changing Immigration Policies," said that changes made within the past couple of months will transform the diverse culture we see across Canada.

"As for permanent residence, these

which they feel more comfortable with
in terms of their education and language abilities. It will change the diversity in the future of Canada as many
people will be recruited from Western
Europe, America and the UK."
The report indicates that due to
be higher scores harder tests and stricter

higher scores, harder tests and stricter rules regarding academics and language abilities, many who apply for citizenship will either be unable to pass or go through a much longer process to do so.

policies will change the source coun-

tries that bring the majority of our

immigrants such as China, India, and

South Korea," said Alboim. "Employ-

ers will be looking towards countries,

According to Alboim, setting a high standard for English speaking abilities before entrance to the country

may increase the amount of immigration from anglophone nations, but decrease the amount from all other countries for those who fail the tests.

"I think the government is looking at people who will have a short term impact and be able to benefit the economy as of now but are not looking at who could have the capability to be a long term benefit, and that is the families, the second generation of those who move here" said Alboim.

At Humber a large population of students are from abroad, and many stay after graduation according to Dalyce Newby, an international student advisor.

It only took three days for 18-yearold first year Business Management student Adita Sharma to receive her visa after scoring an eight out of nine on her international language exam, but this is not the case for applicants who to do not meet the academics standards.

"Changes to the rules for obtaining citizenship are also weakening Canada's democracy as growing numbers of people either will not be able to obtain citizenship, will have to wait longer, or go through more hoops to do so" said Alboim in her report.

Adita is taking full advantage of the diversity and feels like it is beneficial for her and many other students to be in a multicultural environment.

"I am from India but I don't stick to my community, I am meeting other people. I can learn so much from other people and get to know what they do, what they celebrate and there are so interested in my culture as well."

Festival celebrates diversity in education

ALEX KOZUSZKO News Reporter

Humber College's student ambassadors represented the school at the second annual International Students Festival in early October, in an effort to encourage diversity in Ontario's post secondary schools.

Held at Nathan Phillips Square, the festival promotes better recognition of the diversity of students who attend Ontario colleges and universities, as well as bringing awareness to their accomplishments. Students are also able to make new friends and network with those from other schools, helping to ease the transition into a new country.

Councillor Michael Thompson of Ward 37 Scarborough Centre, represented Mayor Rob Ford, and was on hand to address those in attendance. He gave words of praise to the city's diversity and to its colleges and universities. Thompson said the post secondary institutions deliver one of the "highest standards in the world when it comes to education."

"Toronto's colleges and universities annually attract more than 26,000 students from over 130 countries," said Thompson, "International students are



Ryerson students Hasheel Lodha and DJ Alkaloid at the Internation Students Festival at Nathan Phillips Square on Oct. 6.

important to Toronto, (they) contribute significantly to the diversity and dynamic nature of our city and to our city's economy."

Toronto Centre MPP Glenn Murray was also a featured speaker. Murray spoke to celebration, rather than recognition, of multiculturalism nationwide, a concept that very few other countries can boast, he said.

"We are trying to build a very different kind of country in Canada," said Murray, who is also the Ontario Minister of Training in Colleges and Universities. "We see ourselves as people of this Earth before we call ourselves Canadian."

Amish Kapoor and Jessica Teckson

are both students and international ambassadors at Humber. Kapoor, is a post-grad global business management student who emigrated from India a little over a year ago.

Teckson, 20, is a first-year interior decorating student from Mauritius who came to Canada within the last year.

As ambassadors, it is their job to help new Canadian students get organized and help improve their integration into a new country.

Whether it is through trips to Niagara Falls, or offering support at school, the ambassadors are ready to help those who may face the same struggles they faced coming to Canada.

"It's a good idea," said Teckson about the student ambassador program. "We are also international students, so we know what it's like, the problems, the issues, and what to do, so we can help them."

International Centres can be found at both the Humber College North campus in D224 and Lakeshore campus in H100A. Teckson and Kapoor urge any new students in Canada to visit and get involved with any of the upcoming events.

3



A study from Farmers Feed Cities has concluded that although we care about what we ingest, we have many misconceptions about labels like 'local' and 'organic'.

We care about food labels, not facts: study

RAQUELLE COLLINS News Reporter

According to a recent news release, Canadians do care about what they put in their bodies, but many lack the facts about how their food gets on their plates.

Farmers Feed Cities, an agricultural awareness organization in Guelph, released the Informed Food Philosophy on Oct. 1. The study indicated there are several misconceptions people have when it comes to their food choices, such as the difference between organic and local food.

Jenny Van Rooy, the campaign coordinator for Farmers Feed Cities, said the inspiration for conducting the study came from simple curiosity.

"We wanted to learn about people's purchase decisions and their food interests," Van Rooy said.

The study revealed Canadians are much more interested in buying local than organic. Less than two per cent of Canadian farms are organic and the lack of local organic farms means the majority of organic food is imported. It also makes it difficult to eat both local and organic at once, according to the report. Less than half of Canadians are aware of the challenge.

Evelyne Dufour, a local shopper, buys organic food because it is not genetically modified and there is little to no pesticide used.

"I know that a lot of organically grown food is imported to Canada. For example, exotic fruits which are not grown in North America like bananas, kiwis and mangoes," Dufour said.

"Buying local doesn't necessarily mean you're getting organically grown food," she said.

According to the study, most consumers are certain meat tends to have high levels of artificial hormones or antibiotics, which make their way into the food we eat.

Sharon Nobbie, 21, a first-year media communications student, feels meat is loaded with unhealthy chemicals that put people at risk for various types of cancer, and can be the root of many problems.

"I know that the foods we eat are loaded with hormones and chemicals that make its way into the animals' blood streams," Nobbie said.

The study asserts that livestock animals only receive antibiotics when they are sick. Prior to sale, the meat undergoes a flushing period and tests for high levels of hormones and antibiotics. If the meat tests with high hormone levels, it is supposed to be declared unfit for consumption, the study reported.

Van Rooy encourages Canadians to better inform themselves about food production through social media.

"I always encourage people to visit a farm and talk to a farmer. If people can't get out to a farm, there is a link on our website to virtually tour different types of farms," Van Rooy said.

"People can also follow us on Twitter. People can learn a lot through simple blurbs of information from tweets."

LGBT support club at Humber

LAURA TEMPLETON News Reporter

Humber counselors are organizing a new LGBT support group for students.

The group for queer-identified students will provide a space where they can connect, talk about issues, be heard and have fun, said Maureen Carnegie, a disability consultant at the college who created the group and identifies as lesbian.

The support group will be run at North campus by Carnegie and Andrew Tibbett, a Humber counselor who identifies as gay.

The group will meet an hour each week – the times based on student availability, which are pending, Tibbett said.

Posters are up around the school and both organizers encourage all students to participate in the group.

Last year, Carnegie ran the Coming Out group. She replaced it with the new support group because she felt Humber needed a broader approach.

"Coming out is only one part of sexuality," she said. Young LGBT people may also

struggle with societal and internalized

homophobia, transphobia, and reactions from family or friends. They are also at higher risk for suicide and substance abuse, Carnegie said.

This year, a topic might be brought to the group, but mostly "it'll be providing the students with a place to just talk," Tibbett said. "We're just going to facilitate that."

It's important to have a safe place where people don't feel like they have to hide who they are, said Stacey Dunn 22, an occupational and physiotherapy assistant student at Humber.

"It's not easy (to meet LGBT people) in a school or a small town," Dunn said, who identifies as a bisexual. "They can go there and kind of open up about it and feel more comfortable about themselves."

It's important to create an environment where everyone feels safe, included, welcome, and appreciated, Tibbett said. He stressed the importance of straight allies, whose voices tend to have more power in discriminatory situations.

"You can feel all alone with some things and it can be quite anxietyprovoking," Tibbett said. "There is still discrimination."



Andrew Tibbett, a Humber counselor helping create a new LGBT support group to succeed previous efforts at pride clubs and coming out groups.



New Venture Seed Fund gives business students a head start

Ashley Cowell Business Reporter

Humber is helping its young entrepreneurs get their foot in the door.

The New Seed Venture Fund is a program offered at Humber to soonto-be and recent grads that are looking to start their own business

to start their own business. Students who are approved can receive up to \$8,000 for their small business and are also offered assistance from both an industry and faculty member to help them with their busi-

ness plan. "As far as I know, this is a program exclusive to Humber," said Elaine Popp, associate vice president of academic operations at the college.

Students at Humber who are graduating between June 30, 2012 and April 30, 2013 are eligible for the grant, with applications due on Dec. 6, 2012. Marty Bernie, who graduated from the Bachelor of Music program at Lakeshore campus last year, received the Venture Seed Fund last year for his Film tion Business.

Bernie said he heard about the fund when a professor mentioned it in class. From there, he decided to start his business plan and apply for the grant.

"I received the \$8,000 and got to work with the president of the Screen Composition of Canada, which was amazing," Bernie said.

Rebecca Reuber, business professor at the University of Toronto, says an opportunity like this is a good way for students to start their business, especially in a time when a record number of people are venturing off with new business plans.

"It's an exciting initiative," Reuber said.

The fund has been at Humber for

the past three years, with six students receiving it the first year. Popp said this year, eight to 12 students would be receiving the grant.

Bernie said there was a big focus on business and industry in his music program. He said he went into his program for improving his music skills but started to get worried about a job after school.

"In third year I started freaking about what I was going to do after I graduated," Bernie said. "The business focus helped a lot."

Bernie said his business is going well. "

A business like this takes time because it is based on credibility but it is off to a great start," he said.

There are information sessions for students who are interested, the next one being on Monday October 15 at the Lakeshore campus.

<u>ARTS & ENTERTAINMENT</u>

This Week in Entertainment							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
15 Alanis Morissette @Sound Academy TIME: 8:00 p.m. Performing live at the Sound Academy, 11 Polson St., Toronto. Tickets \$40-\$60.	Zombie/Monster 16 Makeup Workshop @Complections Art Studio TIME: 6:30 p.m. Held at Complections of Art & Make Up Design Studio, 110 Lombard St.	17 Battle of the Bands @LinX Lounge, North campus TIME: 7:00 p.m. See live musical acts try to impress the judges at this year's competition.	18 Music at Metropolitan United Church TIME: 12:00 p.m. Cello recital by Kathleen Long at 56 Queen St. East, near Queen Station.	19 Bobby Keys @Sound Academy TIME: 8:00 p.m. Hosted by Q107 at 11 Polson St. Tickets \$26.75, or starting at \$14.71 for the Q Offer.	20 Flow 93.5 Live To Air @Cocktail House Nightclub and Lounge TIME: 11:00 p.m. Hosted by Peter Kash and music provided by DJ Little S, Ladies free before 11 p.m. 19+ event. 2200 Brock Rd.	21 Guided ROM Walk @the Annex, Toronto TIME: 2 p.m. FREE, for more details contact 416-586-5000. See www.rom.on.ca.	

Indo-jazz instructor invents instrument



Humber instructor Justin Gray playing his invention, the bass veena.

MEGAN RACH A&E Reporter

Humber College graduate Justin Gray has returned to his alma mater to teach students the eclectic musical style of Indo-jazz.

Indo-jazz is a blend of Indian classical music and jazz.

Gray focuses on the North Indian classical tradition fused with contemporary jazz. In an ensemble of nine musicians, students practice the art of Indo-jazz with Gray's own compositions.

Gray's introduction to Indian music and Indo-jazz came from his experience performing in the first such ensemble at Humber in his second year. He studied with internationally renowned artist and music faculty member, Ravi Naimpally, who still teaches at the college.

"During that year and being part of

that ensemble, I got really interested in learning more about the classical tradition," said Gray.

Gray is also involved in bands in Toronto.

With him are brothers and saxophone players Andrew and Jonathan Kay. The three have been back and forth to India for six years, becoming heavily influenced and inspired by the music heard while there, particularly while watching performances.

"I'll never forget that feeling of being in the audience, and at every moment I was getting so drawn in to the way that they were developing the music and telling the story. By the end of the concert I was just completely drained, I had just been taken through a journey through music that I had never experienced before," Jonathan Kay said.

The trio have been performing in Toronto in Indo-jazz band Monsoon

and Monsoon Trio, which focuses more on Indian classical music with the use of saxophones and Gray's invention, the bass veena.

"That's a great reward. We've been able to play with some of the best musicians in India and the world, and have a chance to share that while we're in India, but also while we're in Canada and Toronto," Andrew Kay said. "We've also been able to share this music that we've fallen in love with."

He said he treasured the opportunity to expose the Toronto community to music they likely wouldn't have heard otherwise."

Justin Gray and Andrew and Jonathan Kay perform regularly in venues like The Rex on Queen Street West and Lula Lounge on Dundas Street West. Their music can be found on websites, www.justin-gray.com and www.monsoon-music.com.



Remix Project provides guidance to students

NICOLE CAMPEA A&E Reporter

The Remix Project was created to help marginalized, disadvantaged, and talented youth and young adults across the GTA.

Located in downtown Toronto, Remix provides resources and mentorship to youth interested in having a career in the creative and media industries.

The program assists Remix participants in re-

of Remix.

fining their raw talent by pairing them with a professional mentor in their chosen field who can help them further their creative career. The Remix

Project boasts a

5,000 square foot facility, which includes a photography studio, business development center and editing suites all under the same roof.

"People leave the program with a sense of accomplishment and entitlement over their own craft," said Remix Project director of resources Derek Jancar. "You become part of the Remix family. You have access to all the staff, you're also a part of a large network of over 500 graduates.

Anyone interested in applying can find the application online, Jancar said.

"We're looking for the need to be in the program. Some people are

Music

lucky and have great families, or their education is paid for by their parents, or they have a studio in their house so they don't really need the resources that we have to offer." Humber students are always welcomed to apply.

Hopeton Latouche applied to the program because of his composing talents on the guitar and piano.

After graduating within his second semester at Remix, Hopeton has obtained a scholarship for the Architecture program at Humber.

"I've heard about the program before at school. A few of my friends know people who have either graduated from the program or applied," said Melissa Gerbasi a third-year child and youth worker at Ryerson University. "It's definitely known around Toronto for its amazing ability to help teens who have talent, but don't have the resources to expose their talent to the world.'

Irrlu Buhain, Remix graduate and fasion designer, said his experience at the program has enhanced his business ideas and image conhis business rates siderably since attending. "My life

of

has changed My life has changed drastically because drastically because Remix. I've become much more better at design in

Irrlu Buhain clothing and Remix Project graduate have a better mind set of

where I want to take my clothing brand. I have successfully launched my brand July 15th 2012, and am going into the fall season with confidence," said Buhain.

The Remix accepts co-op students, volunteers and mentors, Jancar said.

'We have mentors that walk you through things and talk about their experiences by giving not just advice professionally, but also personally," added Jancar. "Professionally, everyone is introduced to the industry and given the equipment needed, software, and skill sets.

McEnery went from shy guy to comedy regular

ALYSSA CAPISTRANO A&E Reporter

Humber comedy graduate Jeff McEnery is living out his dream as a regular member of Yuk Yuk's International Stand Up Comedy in Vancouver.

A full-time comedian for nine years and counting, McEnery said no matter where his career takes him, he'd always be thankful for what he's learned during his time at Humber.

'Humber has helped me so much," McEnery, who graduated in 2005, said. "I'm a very shy person offstage and the teachers pretty much make you go up on stage. If it wasn't for Humber I wouldn't be where I am today. They helped me face my fears. Also, the atmosphere is great. It's safe to say the friends I've made at Humber are my friends for life.

His audition for Humber's comedy program was not one of his best performances, he said.

"I chose to write a sketch for my audition because sketch comedy was what I was aiming to get into. It was a parody of American Idol where I was trying to make fun of Canadian musicians," said McEnery. "The execution was horrible, and I was so surprised that they admitted me into the program.'

Andrew Clark, the program coordinator of the comedy program and McEnery's teacher during his second year, said his student was always talPHOTO COURTESY OF JEFF MCENERY Humber comedy graduate Jeff McEnery is working professionally as a comedian.

ented despite the rough start.

"Jeff possessed a lot of natural gifts as a comic. He was already funny, but Humber's goal was to make him funny professionally," said Clark. "I taught him in the history of comedy course, in which he was an A student. I've recently heard that he's doing big things and has enrolled into film school. I'm interested to see where he goes next. Jeff has worked a long time to be good what he's doing."

Kyle Andrews, 25, a second-year student in the same program, said aspires to achieve McEnery's success in sketch comedy.

"In the program, you learn how to write and do stand-up comedy, and to present them in a way that people find funny," said Andrews.

"My favourite class is sketch and sitcom class. When I graduate, I hope to be writing for television shows and to be on Saturday Night Live," said Andrews. McEnery has advice for current students in the program.

"Work hard at it when you graduate. Get those resumes in, get an agent and sign up for local sketch shows. It's really hard to make a name for yourself in this industry, so work hard and never give up on it."

Talent agent opens stage door

JESSICA PAIVA A&E Reporter

Some aspiring performers are guided by talent agents while on the journey to becoming recognized.

Kristine Marchese, 35, a talent agent for children and youth, said she entered the field because of her experience as an actress and knowledge of the business.

in the interactive stage play Tony N' Tina's Wedding, produced by Second City Toronto, and has appeared on The Comedy Network in the past.

"Due to being an actress and working for several theatres in Toronto, I was able to gain a lot of insight into casting and how to be casted in a play," said Marchese.

Upon taking the job as a talent agent at Jana Abrams Talent Agency last January, Marchese had to close down Do Your Thing (DYT) Productions in June.

Marchese created DYT Productions in September 2007 to educate young artists and have them perfect

"As an agent for children and youth, I provide guidance. I help guide the young artist to make good choices in order to build their career. I also direct them to



"It definitely helps to have somebody there to help you in terms of booking shows and helping you further your career," said Miller.

"I would consider getting a talent agent in the future. Basically every conversation I have with my dad ends up with 'we should find you an agent'," said Miller.

Jana Abrams Talent Agency is located at 45 Charles St. East in Toronto.



"Right now I'm listening to Deadmau5. The song is called Channel 42."

What's your preference?

"I really like House, Trance, 90s Euro, you know, the playbacks. I like it mostly because of the beats, it's good to dance to, and girls love it."

rancko Ricci, 19 **Electrical Mechanical Engineering**, year 2



PHOTO BY JESSICA PAIVA Kane Miller, fourth-year Humber Film and Media student jams on the stair-case at the Lakeshore campus.

Marchese worked as an actress

their craft.

good coaches, workshops, training op-

chology student at the University of Toronto in Mississauga, said she has always been involved in music and drama.

"I used to be part of a vocal group called Rock Candy that was managed by Kristine Marchese," said Sabbah.

"The company ended once Kristine got a job as a talent agent. Since she knew me already, she asked me if I wanted to be on her roster, so I agreed to it," said Sabbah.

Sabbah said having a talent agent helped her network with individuals in the acting and music field as well as honing her talent by attending workshops.

"Kristine has helped me through a lot," said Sabbah.

There has been a lot of success, although there's slow periods. Many times everything goes really well and there are a lot of jobs. I keep building connections and getting more opportunities," added Sabbah.



Find out more: Information Sessions will be held:

Thursday, October 11 9:00 - 10:30 am Thursday, October 11 2:00 - 3:30 pm Monday, October 15 Monday, October 15

10:30 am - 12:00 noon 3:30 - 5:00 pm

B101, North Campus B101, North Campus L1017, Lakeshore Campus L1017, Lakeshore Campus

With support from the Ontario Centres of Excellence and the Ontario Ministry of Research and Innovation

New dating site restricted to students

VICTORIA QUIROZ Life Reporter

Students looking for ways to meet people have a new option at classmatecatch.com.

The website founded by young Ottawa entrepreneurs Marc Chouinard and Christopher Gimmer is a unique online dating service that caters exclusively to college and university students.

While it's currently only available at four schools -- Carleton Universitty, University of Ottawa, Queen's University and Algonquin Colllege -- Gimmer says they're looking to expand.

Toronto schools are definitely the next on the list. Humber College would be on phase two of the expansion," said Gimmer, a Carleton commerce graduate.

He said the idea for the student-only restriction came from friends who were not satisfied with the dating sites they used.

"We thought if we made a dating website that was student specific it would give a chance for just students to meet people outside of their program without having to open up to everyone that's on a generic dating site," said Gimmer.

He said the Classmate Catch validation process finds users through school emails.

"It ensures there's only one person per account," Gimmer said. "It decreases the likelihood of fake profiles and spamming."

Gimmer added the more the younger generation starts using online dating services, the more the stigma against online dating will decrease.

"This student generation is much more at ease with online dating than previous generations," said Humber philosophy professor Suzanne Senay.

"Students are busier now," said Senay. "The old fashioned ways of meeting someone are a little less common and a little harder to do.'

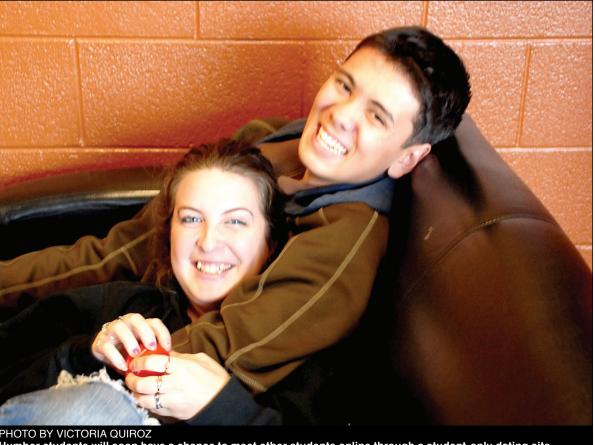
A Humber student, who asked to remain anonymous, said she thinks Classmate Catch "would be a safer environment."

She said she does not want to use online dating services again after unpleasant experiences with PlentyofFish.com.

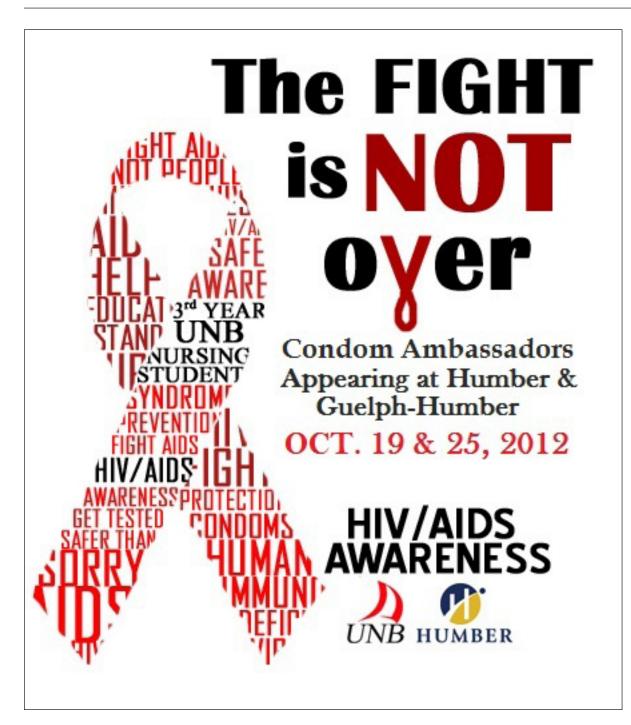
"If you're a somewhat attractive girl you will get a lot of attention," she said. "It can be overwhelming."

Humber students interested in Classmate Catch will soon be able to try it out for themselves, Gimmer said.

Although there isn't a precise date, the classmate.com partners are working towards launching in Toronto schools sometime this winter.



Humber students will soon have a chance to meet other students online through a student-only dating site.





IOTO COURTESY OF AMANDA KOSKI group of visitors from Venezuela and a current student from Mexico Humber College

Humber mounts top fair display

CHARLOTTE HILLYARD Life Reporter

Students looking to enrol at colleges in Ontario can attend a college fair at the Direct Energy Centre on Oct. 23.

The Ontario College Fair comes to Toronto every year and will give high school students a chance to see what each college in the province has to offer them.

Twenty-seven colleges in Ontario will set up booths to recruit students to enrol in their school.

Humber College will have the largest display area at this year's fair, show casing 16 booths with over 100 representatives from Humber attending.

"Humber College has a lot of benefits for high school students, we have 150 programs for students to choose from, and most of the programs we offer have a 14-week paid placement," said student recruitment event co-ordinator Jessica Laing.

Humber has a career finder, which helps students who are still unsure of

what program they want to get into, Laing said.

The Ontario College Fair not only caters to those who live in Canada, but international students looking to enrol at an Ontario college can attend a fair in their region.

International recruitment and market development manager, Amanda Koski said, "We do fairs overseas. We also work with a network of representatives who recruit and promote with Humber overseas and we also do school visits, newspaper and web advertising, a number of different methods."

Second-year architectural technol ogies student Li Wejian had never been to a college fair before he enrolled at Humber, but said he decided that the programs that interested him the most are at Humber.

"I applied to Humber College through the company that I worked for back in China," he said.

"I have heard about George Brown and Seneca and also York University," said Wejian.



PHOTO BY SAUDIA MOHAMED Lack of microwave ovens poses problem for students.

Microwave ovens on campus in low supply

SAUDIA MOHAMED Life Reporter

The lack of microwave ovens on campus has posed an issue for students, creating a dilemma on safety versus convenience.

Running out of class on a 10-minute break to heat up a meal can be tricky when the microwaves are all the way in the Food Emporium and lines are longer than anticipated.

One of the reasons why we keep our microwaves in such a small scale is so that we can manage it better," said Paul Iskander, director of campus services.

Due to the lack of space in various areas of the school, more microwaves would not solve anything, Iskander said.

'It would just cause more traffic in the hallways for students, so we keep it in the Food Emporium and the reason for that is because of the safety issue and cleaning management," he said.

Dylan Dass, 20, a second-year Media Animations student feels that there needs to be more done with microwaves in the school.

"I bring my lunch every day to school. Best way to save money but sometimes I'd rather buy now than wait in that line," said Dass.

'In the future there could be a possibility of having microwaves by the Athletic Center because of the space given," Iskander said.

Dave Jhodhan, 20, is a secondyear electrical engineering controls systems student at Humber, said that an increase in microwaves would be beneficial for students and staff.

'My philosophy is, the more the better, and the more there is the easier it will be for everyone," said Jhodhan.

'We are looking into more areas right now as we grow, but as of right now we cater more for safety and management, and that's what the students need to realize," said Iskander.

Gluten free diet goes mainstream

SARAH STINCHCOMBE Life Reporter

A gluten-free diet used to be for people with celiac disease, but now it's becoming a lifestyle choice.

According to Health Canada, celiac is recognized as one of the most common chronic diseases in the world and it is estimated to affect one in every 100-200 people in North America.

"Celiac disease is when your body can't take wheat or gluten. You can't break it down when you eat it," said Melonie Raffa, 19, a second-year media studies student at Guelph Humber who has celiac disorder.

Although Raffa stays with a glutenfree diet because of her celiac disease, she recommends that people who don't have celiac do the same.

"I support it, I did research, and I think a lot of the wheat people eat today is not as good as, say, 20 years ago," said Raffa.

'Your metabolism is faster for most people, you feel lighter usually (on a gulten-free diet). When people eat a lot of bread or pasta you feel bloated, (while a gluten-free approach) cuts down bloating. People notice a lot of weight loss when they go gluten-free. Even when you get gluten-free bread you're still eating bread, it's just a lot



lighter," Raffa said.

Raffa said that eating gluten-free can be expensive, but there are always substitutes.

"Rice chips instead of potato chips,

they're the same price but rice chips have half the calories," said Raffa. Francisco Rivera, a Humber culinary arts instructor also sees the benefits of a gluten-free diet

"A gluten free-diet is healthier than eating wheat. It also cuts down on calories," said Rivera.

Yet Jessica Watchorn, a baker at a gluten-free bakery in Kensington Market does not feel a gluten free diet is beneficial. Watchhorn said that many people come who do not have celiac disease but just want to eat gluten-free.

"Just recently everyone has become more concerned with eating gluten free. Gluten is the protein of wheat, and there's nothing wrong with eating that, "said Watchorn.

Student smoking rises at midterms

CHARLOTTE ANKETELL Life Reporter

Students say their smoking habits are increasing with mid-terms approaching.

With exams and mid-terms on the way, the stress of the school year has students reaching for another smoke at North campus.

Joshua Vivena, 19, a culinary management student, said this is an intense time of year for students.

The pressure is on for us. We need to be organized and keep ourselves together for these upcoming exams,"

said Vivena. "During school is by far the most I have smoked and I did quit for a year-and-a-half."

Sandra DePooter, 33, a second-year aesthetics spa management student, said students are socially overwhelmed right now.

"Everyone has their own ways of dealing with stress, this [smoking] is a way for many of us," said DePooter. "There is no doubt that students start smoking more around this time of year. I certainly have increased my habits.'

The prospect of quitting has been an ongoing battle, DePooter said.

'I am not exaggerating when I say I probably try to quit once a month, or maybe ten times a year," DePooter said.

Kristine Murray, a representative from the Ontario Smoker's Helpline, said 21 per cent of adults aged 20 to 24 smoke, which is higher than the provincial all-ages average of 16 per cent.

"Many students can start as seasonal smokers, only on weekends or out with friends," said Murray. "Those weekends turn to every day, and they become more prone to addiction."

Currently more people come forward explaining that they don't want smoke anymore, Murray said.

"People are approaching us saying they want to quit. There is no one specific way, everyone has different methods," said Murray. "We have a suggestion called the Four D's: Delay, Distract, Deep Breathes and Drink water. This is one of our ways to get people to begin that step of not craving."

The social acceptance of smoking has decreased with so many places prohibiting smoking, Murray said.



shopping, what is your budget?

Anywhere from \$100 to \$300.

Where is your favourite place to shop?

H&M

Do you have a style icon, or theme to your clothes?

I really like wearing fall clothes such as coats, blazers, long sleeves, you know the layering of fall outfits.

If you could describe your style in one word, what would it be?

Elegant.

Andrei Yuzon, 20 **Tourism Management**, 2nd

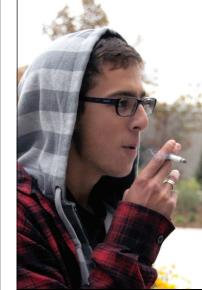


PHOTO BY CHARLOTTE ANKETELL First-year Humber culinary student Nathan Goulart, 19.

DITORIA

Movie Night in Canada a bust for NHL fans

CBC and other networks are filling their timeslots with broadcasts of movies and television re-runs

With the NHL pre-season and the first two weeks of the regular season already cancelled, the lockout has networks like the CBC and CTV scrambling for content and holding their breath that a new agreement can be reached.

Nobody knows how long the lockout will last. As conversations between the NHL owners and players continue to stall, broadcasters now stand to lose millions in revenue and advertisement deals.

For hockey fans the taste of disappointment still lingers, especially those who remember the 2004-05 lockout. The entire season was lost and it marked the first time since 1920 that the Stanley Cup was not handed out.

The difficulty for sports fans and broadcasters is that lockouts are a recurring problem in the professional sports world, especially in the NHL, which has seen four strikes since 1992.

The strike in 1992 lasted only eleven days before a two-year contract was hatched out. However, once that agreement expired, the second longest strike in NHL history shortened the 1994-95 season and stretched out over 104 days. Other signigicant sports lockouts

include the 2011-12 National Basketball Association strike that cut the regular season in half, while owners and players worked out a new deal.

Major League Baseball's strike of 1994-95 robbed its fans of an entire season, including the World Series.

The NHL regular season was supposed to begin last week but with both sides refusing to compromise, the rest of the season hangs in limbo and its not clear at what point the owners will call off the entire year.

The players aren't waiting around for sides to settle. Many players are signing contracts with teams in Europe and in the Russian KHL league.

The tragedy in all this is the lack of concern for the fans, the ones who pack the arenas, wear the colours and cheer no matter what.

If the lockout goes into March, Hockey Night in Canada will be left with over 300 hours of programming to fill.

CTV have made plans to fill their Saturday night time-slot with re-run marathons of Big Bang Theory. A plan as defunct as the CBC's 2004 flop where they morphed Hockey Night in

EDITORIAL CARTOON

Đ EA B

Canada, into Movie Night in Canada. The Saturday night broadcast of old cheesy movies, like, Happy Gilmore, Raiders of the Lost Ark, Jaws, Toy Story

and Harry Potter, helped people get through the long winter. The CBC's programming schedule still shows Hockey Night in Canada but what it will run is still uncertain, but

time will tell. TSN hasn't released a schedule beyond October 19th but will have an easier time filling program slots with exclusive contracts for European soccer and the World Junior Hockey tournament

So if we can't get our NHL hockey fix this winter, why don't broadcasters like the CBC go to Russia like a lot of NHL talent and broadcast the KHL games? That might get Don Cherry's head spinning. Remember the '72 Summit series?

But if you're the CBC why not try doing something different, like showing collegiate games or even high school sports? The major networks in the US do it with their NCAA coverage. Canadian collegiate sports could use a boost and these athletes play for the love of the game, a refreshing take from the monetary issues that hang over professional leagues.

The CBC's national broadcast contract is set to expire at the end of the 2014 season and some outsiders believe the contract will fall into the hands of private broadcasters like Bell or Rog-

Perhaps networks should try some-

ers's media.

something they can have a beer with. Live music could be a good fit. The Canadian music scene is bursting with talent, and a Saturday night CBC concert series might just hit the spot. Either way it would be better than watching re-runs of Free Willy and Godzilla.

thing new. Movies are boring and on a

Saturday night people are looking for

Do you think it's okay to use the word "gay" to make fun of something? Rita Thompson, 17 Business, 1st

"I don't think so. You might offend somebody."

Ramen Sidhu, 19 Architecture, 2nd

"Of course it is. Why not? If you want to use it, why not?"

Kasia Niemieca, 18 Criminal Justice, 1st

"Not really. It's kind of rude."

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The Et Cetera serves to inform the Humber community and give its people well rounded coverage on the things that matter to them.

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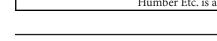
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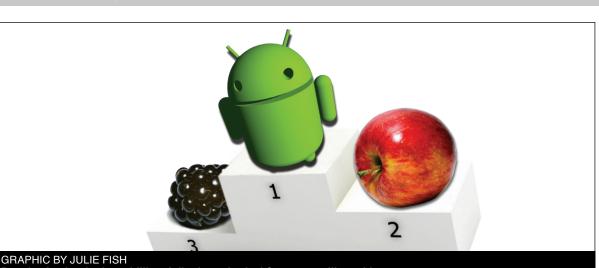
EDITORIAL CARTOON: Carter Kee EDITORIAL ADVISOR: Salem Alaton CREATIVE ADVISOR: Miguel Agawin **DISTRIBUTION:** Andre Martelli

Humber Etc. is a publication of the Humber College School of Media Studies & Information Technology. 205 Humber College Blvd., Etobicoke, ON, M9W 5L7









Despite Apple winning a billion dollar lawsuit, rival Samsung still outshines.

Apple wages patent war on technology



RYAN SAUNDERCOOK Biz/Tech Editor

Apple, a company that is recognized world-wide as being "innovative", and "revolutionary" has become a key player in a massive patent war that has done nothing but stifle creativity, kill innovation, and upset consumers.

Last year, Google and Apple spent more money on patent disputes than they did in the development of new products, marking a sad day for two companies that pride themselves on delivering the future.

At the core of the issue lays Apple's ludicrous copyright claims and their tendency to force its patent war on its rivals in order to stifle competition.

According to a *New York Times* report, former Apple employees say senior executives have made a deliberate decision over the last decade to use patents as a weapon against any competitors to Apple's biggest money maker, the iPhone.

Instead of technology companies competing in a healthy manner, creating innovative products for their consumers, their efforts have devolved into a sort of stagnant feud. They are fighting amongst themselves for the rights to own things like magnetic cases, square icons, or a slide to unlock a screen.

Richard Posner, a U.S. circuit judge who teaches at the University of Chicago and often sits on the highest Courts of Appeal, actually got himself assigned to a lower court to hear a case wherein Apple was suing Motorola for alleged copyright infringements.

Posner, in a dramatic move, threw out the case "with extreme prejudice" because he believed neither side could prove any damages done by infringements on the other side.

Perhaps most surprising were Posner's comments regarding specific patent claims, like Apple's "swipe to unlock" feature.

He said the arguments were silly. The hyper-aggressive approach towards copyright law is not a new thing for Apple. In the late 1980's Apple pursued a suit against the Microsoft operating system, claiming it stole the look and feel of the Mac desktop. Rather than competing, Apple made the decision to litigate. They lost.

Nearly 30 years later, a similar case with Samsung has arisen concerning phone design. This time Apple won, and took \$1.05 billion out of Samsung's pockets. Samsung has also been banned from selling certain products in some countries.

But who does this help? It certainly hasn't helped fans of Android phones who now won't be able to get the device they want. It can't have helped Apple very much either. Yes, they made a massive amount of money but it seems like hatred for Apple is at an all time high.

One thing's for sure, the consumer has lost. When companies that build the future stop revolutionizing and instead choose to fight amongst themselves, nobody wins.

When companies stop focusing on how to do something better, but instead focus on what was done first, it stalls natural technological progression.

Perhaps the company that once told the world to "think different" should create a new motto. Maybe along the lines of, "we thought of it first."

"That's so gay" shows ignorance



SHALENI McBAIN Life Editor

Want to know what really grinds my gears? Ignorant, degrading vocabulary from "adults."

Now, I put the word adults in quotations due to the fact that if these people were really adults, they would not be speaking the way they do.

I was walking through the Humber halls with my peers the other day when I heard a kid say, "Nice f***ing backpack, you fag, that's so gay!"

Really? You are a 20-something human being and you are still debasing yourself with that language? Don't get me

Don't get wrong: being a farm girl, and a trucker's daughter, I swear worse than Romney around

tax-time. But this type of derogatory language that is disrespectful

and hurts others is just unacceptable, uneducated and frankly makes you look ignorant.

I am not just talking about the phrase "that's so gay." There is a handful of phrases that I strongly believe educated adults need to obliterate from their daily vocabulary. These phrases/ words include, but are not limited to:

-You're retarded/that's retarded, frankly any usage of the word "retard" in a derogatory manner.

-You're gay/that's gay, and any usage of the word gay/queer/fag/dyke etc. that is not used in a positive, uplifting, appropriate way.

-I just "raped" that exam. Or any usage of the term rape unless referring to a sexual assault.

In reality, maybe people using these terms are just uneducated and can't think of other adjectives to use. Or, maybe these people don't realize what they are saying is wrong. I would like to think that our education system is a little better than that, though. If you are in your twenties – hell, if you are over 15 – you should know better than using these words in a derogatory manner.

When in public, even when conversing with you friends, you should think before you speak. You would assume that this is a basic concept, but it's shocking how many people don't exercise an awareness of it. Also, if you have made it to a post-secondary institution, you must have at least a decent grasp of language use.

A lesson I remember learning in kindergarten was, "think about the way your words affect those around you." A basic

concept you'd think most could understand.

understand. So why do I keep hearing these terms tossed around? You may not think that it is a big

deal to call someone a "retard" but did you ever wonder what sort of relationship that person has with people with mental and physical disabilities? Did you ever think of who may overhear your comment and how it may affect them?

I have spent much time working with adults with mental and physical disabilities. I once had a client of mine tell me she heard two women talking at the mall about some "retard" they knew. The pain my client felt just by hearing that word in a derogatory manner is enough to make my eyes water and heart ache.

Even when you are just throwing the shit around with your friends, people can overhear what you say. Think before you speak. It's simple.

Republican Romney is stuck in 19th century



Congratulations America, you have officially baffled the rest of the world living in the 21st century. Well, almost officially.

The latest polls show Republican Mitt Romney narrowly leading President Obama 49 per cent to 47 after the first Presidential debate. How ironic, considering Romney's brain-dead comment about 47 per cent of his cocitizens being selfish and lazy people who mooch off the government.

What's even more worrying – besides this guy potentially running one of the world's powerhouses – is the 49 per cent who actually support him.

Roughly half our neighbours to the south are willing to literally stop progress, and revert back to the days of grey-haired old men ruling the country with an immoral moral code.

Under the first black president, the United-States finally produced a national health care plan so every citizen would have access to medical aid, regardless of status or income. Yes, I realize that the plan is probably not perfect, but at least Barack Obama has a plan. It only took until the 21st century, but the last industrialized country to have universal health care has at long last come around.

And to nearly half their citizens, that's a bad thing.

One in two Americans believe that they shouldn't have to pay out of their pockets to support their own. No, those freeloaders need to stop playing the victim, get off their butts and get a job. After all, even in an economic recession, if you can support yourself, then so can they, right?

Wrong.

And there lies the problem. Romney has highlighted the "me vs. them" attitude, the upper class vs. lower class social separation.

You can't call yourself one nation, under God, indivisible, if the majority of you clearly see your country as two separate nations: the rich, and the poor.

Now, that's just the class system. With the abortion debate, arguments over right to birth control, and Rush Limbaugh's shameless slut bashing of Sandra Fluke, women are starting to be viewed as second-class citizens to men.

Mitt Romney has made it clear that he is anti-abortion. So if, heaven forbid, a woman has an unexpected pregnancy, she will be reverting back to the days of the dark alleys and clothes hangers.

But let's pretend for a second that everyone is responsible, and accidents don't happen. Using birth control then seems like an easy and effective solution. Except Romney wants to cut all funding to Planned Parenthood – which provides birth control to many women across the nation. Romney also believes that all states should be allowed to outlaw all forms of female contraceptives. Brilliant.

Women are not allowed to decide what to do with their own bodies, and they also have to be celibate unless they want a child.

But hey, at least men can decide for us women if we are to get impregnated or not, because they'll be the only ones left with contraceptive control, the condom. And if a man decides to get too vigorous, and commit rape, the woman needn't worry about getting pregnant. According to fellow Republican Todd Atkin, if a woman is "legitimately raped" then it rarely leads to pregnancy. It's only the promiscuous woman who is illegitimately raped that'll get knocked up afterwards.

Perhaps I am being too harsh in my criticism of Americans who vote for Romney. However, it definitely sounds like an America under Romney's rule would be an America regressing back to the 19th century.

Fortunately, it's not over until the American people cast their votes on Nov. 6.

Maybe Americans will surprise the world next month like they did in 2008 when they elected the first black president of the United States. Maybe progress will continue.

You should think before you speak. It's simple.

OPINION

SINESS & TECHNOLO

Canadian Internet access is inadequate

JARED CLINTON Biz/Tech Reporter

When it comes to Internet access, Canadians aren't getting the bang for their buck when compared to countries of similar economic standing. Canadian Internet access is, "al-

most a human rights violation," Netflix chief content officer Ted Sarandos told reporters during a September Merrill Lynch Media, Communications and Entertainment conference in Los Angeles

'Canada does pay some of the highest prices for some of the worst Internet in the industrialized world," said Lindsey Pinto, the communications manager for OpenMedia.ca, a company working towards affordable Internet service for all Canadians.

Canadians see the some of the steepest pricing in bandwidth overages and can face throttling – a process in which Internet providers control the speed of a user's Internet.

Pinto said "Big Telecom" has a "strong ability to price gouge" because with little competition, they can afford to.

'One of the key things that we need to do is push back against Big Telecom, in order to create competition and to create a competitive check," said Pinto, adding that Open-Media's Stop the Meter campaign is a good way for Canadians to fight for their Internet rights.

Michelle Noorenberghe, 18, a firstyear kinesiology student at Guelph-Humber and resident of North Campus's residences, said the available options are a concern.

The internet bandwidth cap in residence - which limits her ability to download files, watch videos, and browse the internet to five gigabytes

per week - can make completing school work difficult, she said.

"You find when you actually have to do your work, you have to ask friends to use their Internet," said Noorenberghe.

Steve Lilley, an application developer for Union Gas Limited and freelance developer, uses Bell as his provider and said bandwidth caps can have an affect on his ability to complete his freelance work.

"There are times when I'm moving large documents to clients and it can concern me that I'm going to end up going over the bandwidth limit," said Lilley.

Lilley has gone over his bandwidth limit before, and said that he had no idea that it had happened.

'My eyes just about popped out of my head," he said. "There was no warning. I had to threaten to cancel my service just to get them to reduce the bill."



OpenMedia.ca works toward improving Internet access for people across Canada. Their "Stop the Meter" campaign tackles usage based biilling.



The Bant app lets people track their meals, insulin intake, and more. Users can share information through the Bant community and keep up with friends who might also use the app.

Canadian app assists diabetics track levels

CAMERON DA SILVA Biz/Tech Reporter

A new Canadian app is looking to change how people control their diabetes.

Bant, a free app, allows diabetics to connect wirelessly to medical devices and offers suggestions based on the readings. The device indicates if users need to adjust insulin levels after pricking themselves.

Dr. Joseph Cafazzo, senior director the Centre for Global eHealth Inno vation at Toronto's University Health Network, said they were developing apps for patients to care for themselves independently.

"Its more patient self-care more than anything else," said Cafazzo. "It's an opportunity for people to take a little bit more control and independence in managing their care. We try to make it fun for people to connect with other people with diabetes and to reward them if they take their measurements on a regular basses." In a clinical trial, users were reward-

ed with iTunes credits if they logged their tests regularly said Cafazzo. Humber HVAC graduate Kyle Brown, who was diagnosed with diabetes when he was 10, said technology makes things easier.

"As soon as I became a diabetic I was given a bunch of log books where I would record my blood sugar level four s a day each day," said Brown.

"I just have piles of books at home. I was at my last diabetic appointment and I asked them if they had any more log books I could grab. They asked if I used any apps, which shows that doctors are aware that these apps are out there."

The app is named after Canadian medical scientist Frederick Banting, who discovered insulin treatment for diabetes. Banting became the first Canadian to be awarded the Nobel Prize.

George Paravantes, program coordinator for web design and interactive media at Humber College, said much of the information that is being managed on smart phones can be shared with medical facilities so they can keep a tab on the person remotely.

"There's a big movement for mobile technology to be leveraged to be used in health assessment and it's helping the average person understand how to manage their health," says Paravantes.

"It's a device that you carry around with you all the time so you're more likely to engage with it if you have it installed on your phone," he said.

Bant is available for download on iTunes. However, because Bant is regulated as a medical device, the full version of the app is only available to patients who suffer from diabetes. The full version comes equipped with it's own micro-blogging feature and communicates remotely with hospital monitors.

Humber WiFi woes a matter of traffic

Alessandra Micieli Biz/Tech Reporter

Humber's WiFi is getting on the nerves of students at both North and Lakeshore campuses.

Many times, students find themselves disconnected to the Internet while using their laptops or mobile devices.

"I don't mind it, but it kind of upsets me because I constantly have to reconnect the WiFi to my phone every 15 minutes," said Elena Vasquez, 18, a first-year graphic arts student at Lakeshore Campus.

Vasquez said she uses the WiFi daily and it is somewhat manageable for her, but not reliable as it should be.

If students are paying for their education, then they deserve a better service, she said.

Ryan Burton, director of IT planning and client services at Humber, said school's WiFi is a complex network that must work together in order to provide good, equal coverage around the community.

'You gotta think about it like our highway systems. By in large, it's fairly good, but when everyone's on it all at the same time hammering the same resources, it may not work as perfectly as people would like," said Burton.

There are access points all around both campuses, so accessibility is relatively easy, said Burton. However, the physicality of the signal is weak when a number of people are picking up the same access point, making the WiFi run slower.

Stefanie McFadden, 18, a secondyear early childhood studies student at Guelph-Humber, said she opted for more Internet bandwidth for her room in residence after reaching her limit in the previous year.

McFadden knows others from residence who also got more Internet for their personal use. "It makes it impossible to download stuff" said McFadden on the WiFi the school provides.

Not only are access points the cause of weak WiFi signals. Sometimes, even devices can be an issue. An older computer may not accept the WiFi as smoothly as a newer operating system.

"There's a multitude of factors that need to be worked into any speed assessments, and to say that wireless is slow is an oversimplification of a very complex network of devices that all need to work together, and in by large, do," said Burton.

He said that students should report places where WiFi is weak to the Information Technology Services so they can take a look into the issue so they can improve it.

As for the overall credibility of Humber's WiFi services, Burton said there is always room for improvement.

"We are constantly making improvements to the network to provide a better service for everyone. Is it perfect? We're working towards it."

App of the Week

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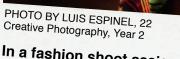
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In a fashion shoot assignment for Humber College, photographer Luis Espinel captured model Alma Campana.

Photo of the week



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IKGO

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.IBKA

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Do not forget the impor-

tance of meandering, and

the benefits of getting lost.

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Apr. 21 - May 21 Take solace, your luck





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Try to act as though Eternal recurrence were true. See where it takes you.





Yousif Yousif moves the ball past two Fanshawe players

Men's soccer closes season with victory

Rookie scores hat-trick to help secure win over Fanshawe

Tyrrell Meertins Sports Reporter

A first half hat trick from Humber rookie Marcos Nunes' led Humber to a 3-2 victory against the Fanshawe Falcons.

Hawks have struggled to score goals this soccer season, but the sudden emergence of Nunes could solve their problems heading into playoffs.

"I'm always happy to score goals as well as assist them, but what's most important is that we keep winning," says Nunes, 20, a first year Recreation & Leisure student.

"I think the team played well collectively and I'm happy we got the result, but now we must focus on the playoffs," Nunes said.

Humber head coach Germain Sanchez hailed Nunes' remarkable performance that saw him score three goals within fifteen minutes.

Sanchez' decision to put Nunes as Hawks' lone striker paid off, as his speed and technical skill caused Fanshawe's defenders problems throughout the match.

"We were waiting for Marcos to perform at this level because he has the potential to score goals," Sanchez said. We put him in a position that allowed him to use his speed and he played an excellent game for us."

Overall, the game wasn't one to remember, but Sanchez's tactical changes throughout the game helped Humber fend off a resilient Fanshawe side.

Despite losing two games this season, Sanchez believes this win can give the Hawks the confidence they need to win a third straight OCAA title.

"I'm very happy with the way we played, I think we finally showed what it takes to become a provincial champion," Sanchez said. "Beating the top team in the division...has the team motivated and we're ready to take on the world."

Fanshawe head coach Paul D'Hollander believes the result was disappointing because it was a game of two halves.

"We were giving Humber too much respect and unfortunately we made some defensive miscues and gave up some easy goals," D'Hollander said. "Humber are no better than we are and I thought they faded in the second half."

D'Hollander added an extra man into the midfield at half time and that allowed Fanshawe to dictate the game in the second half.

With the win, the Hawks will finish no lower than second in the OCAA West division, and it guarantees them a bye in the first round of the playoffs.

HUMBER

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Women's rugby shuts out Condors

George Halim Sports Reporter

The Humber Hawks women's rugby team remained a perfect 4-0-0 on the season, crushing the Conestoga Condors 89-0.

Kelly Broderick, 22, a second-year marketing student and team captain, felt as though this was a great win, despite the lopsided score.

'We thought this was going to be our most competitive game of the year, so we wanted to come at them hard," Broderick said. "We came out strong, we executed everything we wanted to and we came out with a win."

The Hawks got rolling early and never let up. Ten different players found the score sheet, with 24 points ored by third-year massage therapy student Lindsey Bradbury.

"We keep improving game by game," Bradbury, 25, said. "Our team motto is to stay strong, stay true, stay humble, and we did that for sure."

As the end of the first half approached, Conestoga made a run for goal, but was quickly denied by Humber's top-notch defense.

Without missing a step, the Hawks countered, handing the ball to reigning OCAA rookie of the year Kelsey Bardy, who stormed her way across the pitch to score another try. At the half, the score was 74-0 in

Humber's favour.

With the game well in hand, the second half featured more of the same. Humber dominated, tacking on a few more points, with player of the game Lauren Mueller scoring her gameleading fifth try of the game.

Conestoga couldn't muster up much of anything, and with 15 minutes left in the game, the visiting squad threw in the towel.

Although Humber put up 89 points, third-year assistant coach Dale Essue felt this was a good test for the girls, especially with the playoffs just around the corner.

We knew we were in for a good game against a good team," Essue said. "We knew they were coming prepared, but we came in extra prepared. We didn't play a full 80 but that's okay, we did well in the time we had."

The girls will be on their home pitch one last time next Saturday Oct. 20 against Mohawk College at 1 p.m. before rounding out their season at Sheridan on Sunday Oct. 28.



DARRYN O'MALLEY

A big ballpark and cold weather are among the factors preventing the home

The Humber Hawks men's varsity

Humber's trio of home runs came

in 18 games this season. Colin Ging-

erich hit a home run early this season

in Windsor and Jordan Castaldo hit vo in the recent playoff series against

the St. Clair Saints, including the only

home field, Connorvale Park, is deeper

than other parks in the league, stretch-

ing 400 feet to centre and 325 feet

time of year affects his team's hitting.

DePoe also said the cold weather this

"The wood bats at this time of year af-

fect the hitting," said DePoe, "It's colder."

According to DePoe, Humber's

one on home turf at Connorvale.

run tally from climbing the charts.

a league where home runs are scarce.

Sports Reporter

league."

down the lines.

Profile

Rookie goalkeeper steps up big for men's soccer team

MARK MCKELVIE Sports Reporter

The goalkeeper on the soccer pitch is the last line of defense and for a rookie goalkeeper this can be a tough role.

Eugenio Garro, 19, a first year HVAC student, has been a key role to the Hawks success, posting three wins including two shutouts in four games while only allowing one goal.

A graduate of the Woodbridge Strikers soccer club, Garro has seen plenty of action in his first season at Humber, although the school was not in his original plans.

"I was originally planning to go to Seneca," he said. "They didn't have my program and Humber did."

Garro knew coming to play at Humber would come with big respon-

sibility but the school felt like home for the young keeper.

"I came in a bit nervous because I knew I had big shoes to fill but they welcomed me in," he said. "I felt instantly a part of the Humber family."

Blake Jones, 18, a first-year sports management student and a rookie midfielder for the Hawks, agrees.

"I felt like we got welcomed to the team very well," said Jones. "All the returning players were good guys and got to know everyone.'

To this point Garro said the season has been one he will never forget.

"It's been a season full of great experiences and lessons learned." he said. Jason Mesa, an assistant coach for

the Hawks, felt confident about Garro heading into the season.

"To have Garro being one of the top

keepers out there and seeing him perform and his work ethic has given the coaching staff a lot of confidence in his abilities." said Mesa.

SPORTS

Mesa praised Garro's ability to communicate with his teammates. Garro says that although the season

may end, the work continues. "There is always areas to improve in your game, you're never good enough that's why you go to training and give it your all every time," he said. "Nobody is perfect, not even Lionel Messi or my idol Gianluigi Buffon."

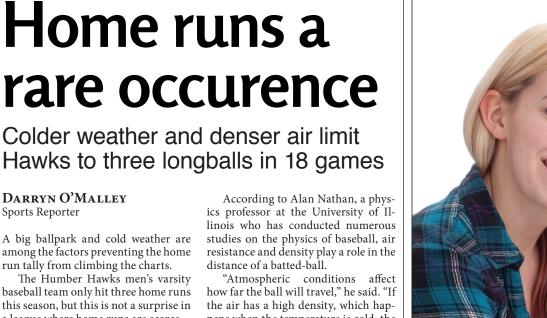
The Hawks look to be strong in net with Garro only in his first year but he has bigger plans down the road.

"My goal is to play professional soccer, I think I have the talent to do so but it just comes down to being given the chance."

Accelerated Studies

School of Media Studies & Information Technology

HUMBER



baseball team only hit three home runs this season, but this is not a surprise in the air has a high density, which happens when the temperature is cold, the We have never really hit many ball won't travel as far." home runs in this league," said Hawks In order to hit a home run, a batter wants to achieve a high batted-ball pitching and assistant coach James De-Poe. "It's hard to hit home runs in this

speed at a launch angle of about 25 to 35 degrees, and with a decent amount of backspin on the baseball, Nathan said. To attain a high batted-ball speed,

a batter needs to swing fast and impact the ball with the 'sweet spot' on the bat, which is four to six inches from the tip, Nathan said.

Mechanics aside, perhaps the best way to knock the ball out of the park is to avoid doing so.

"Growing up, I was always told that if you hit a home run, it's a mistake," said Humber's Jordan Castaldo, 23, a first-year business student. "If you hit one, it's a good thing, but what you should aim to do is hit the ball up the middle."



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ORTS

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- 1. Humber 20 Pts.
- 2. Georgian 12 Pts. 3. Conestoga 7 Pts.
- 4. Sheridan 4 Pts.

WOMEN'S RUGBY

- 1. Humber 20 Pts.
- 2. Conestoga 9 Pts.
- 3. Seneca 9 Pts. 4. Sheridan 6 Pts.

MEN'S SOCCER

1. St.Clair 19 Pts. 2. Humber 18 Pts.

- 3. Fanshawe 16 Pts.
- 4. Conestoga 16 Pts.

WOMEN'S SOCCER

1. Sheridan 21 Pts.

- 2. Fanshawe 21 Pts. 3. Humber 21 Pts.
- 4. Conestoga 9 Pts.

MEN'S BASEBALL

1.	St.Clair	14-2
2.	Durham	9-7
3.	Windsor	8-8
4.	Humber	7-9

WOMEN'S FASTBALL

1. Humber 20 Pts. 2. St.Clair 18 Pts. 3. Durham 18 Pts. 4. Conestoga 8Pts.

HUMBER BASKETBALL

SEASON BEGINS OCTOBER 30, 2012

HUMBER VOLLEYBALL

SEASON BEGINS NOVEMBER 1, 2012

STANDINGS Hawks repeat as Dawson champs

Humber defeats Sheridan Bruins basketball exhibition tournament in Montreal

ALEX COOP Sports Reporter

The Humber men's varsity basketball preseason is off to a good start, going undefeated at the Dawson College tournament in Montreal over the Thanksgiving weekend.

'Our guys played hard and deserved to win it," said Humber head coach Shawn Collins, after defeating Sheridan College 64-55 in the championship game.

Humber's Ancil Martin, 21, a second-year general arts and science student, received the Most Valuable Player award for Humber, while teammate and sports management student Tyron Dickson, walked away with the tournament all-star.

We're having fun, beating teams by 30, hanging out together off the court," said Martin. "The team chemistry is great so far.'

In their opening game Humber defeated the host, Dawson College, 54-49. Dawson head coach Wayne Yearwood said he was disappointed because he knew they've played better in the past, and the many missed opportuni-

ties at the foul line hurt the team greatly. "Humber's a good team." Yearwood said. "They're coached well, they have some talented players, and they're probably going to get better."

Dawson has hosted the tournament

PHOTO BY ALEX COOF Montreal has hosted the Dawson Tournament for over 30 years

for over 30 years, and Humber has been a consistent favourite, winning

back-to-back titles. "Our team defense is great for this

time of the year," said coach Collins. "Our offense will take longer to develop as a team, but our defense is already on the right track."

Humber took game two, doubling up on Vanier College 87-46. Fitness and health student Cam-

eron Robertson scored a game high 16 points for the Hawks

Humber cruised to a 76-39 victory over Ahuntsic College.

The Hawks smothering defense forced Ahuntsic into five shot-clock violations in the second quarter, and from then on Humber took control of the game. Sheldon Moore's threepoint buzzer beater at the end of the third quarter put Humber up 57-30.

Martin, and fitness and health student Andrew Skiperis, both scored 13 points for Humber.

After a narrow 69-62 victory against St. Foy College, Humber went on to face Sheridan College in the finals.

The Hawks jumped on the Bruins early with a couple three-pointers and a big put-back dunk by business marketing student Ryan Ejim.

After holding a small lead early in the fourth quarter, Sheridan fell 64-55. Collins said that Humber's inside

scoring was a big attributing factor for the win.

"The level of communication is very high with this group," said Collins. "Guys are calling each other out on their mistakes, but they're very respectful of one another."

Humber's season opener will be on Oct. 30, against Fanshawe College.

Badminton star to represent Canada



PHOTO BY NATALIE HANNIMAN Tracy Wong, 19, will represent Canada at the 2012 World University Championship in Korea.

Tracy Wong, 19, will be competing internationally in Korea this November

NATALIE HANNIMAN Sports Reporter

Tracy Wong is one of the top badminton players at Humber, and this fall she'll be recognized on the international stage.

Wong, 19, a third year fitness and health promotion student, will represent Canada at the 2012 World Univer-Championsity

ship in Korea this November.

Wong, who has been playing badminton competitively since 2004, is getting ready for the tournament overseas.

> "I've been

training a lot," said Wong. "I've been working out a lot, I work out or train at least six times a week.'

This is not Wong's first tournament outside Canada. She competed at the Youth Olympics in Singapore, and other tournaments in Puerto Rico and Mexico among others.

Wong's Humber badminton coach Raymond Wong said he has confidence in her and thinks she can do well.

"At this level, everyone's skill level is the same so it's mainly mental," he said. "She has to think and chase what she wants to get."

Wong qualified for the tournament after finishing second in singles and third in mixed, with partner Nathan Lee, at the 2012 Canadian National College/ University Badminton Championships in Mississauga last March.

Wong is one of the most decorated badminton players in Ontario. She is the two time reigning OCAA Badmin-

ton Player of the Year, she has gone undefeated for two seasons, and was was named an All-Canadian. "She's a role model for the team, she's a really big part of the team," said teammate Raymond

Wong. "Especially to all the female players here.' Jim Bialek, Humber's sports infor-

mation director, said wong competing internationally will help not only the badminton team, but Humber as well.

"It's not only a win for our athletic department, but a win for the college, and badminton in the area as well," said Bialek. "Any time you can have someone represent your country in an international event, it's all good stuff."

The tournament takes place Nov. 6-11 and hosts 250 badminton athletes and officials from over 20 countries.

She's a role model for the team...especially to all the female players. Raymond Wong

Teammate

www.humberetc.com