

HUMBER

Et Cetera

HUMBER'S STUDENT NEWSPAPER

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'NO MORE SILENCE'

P 3

ORANGEVILLE CAMPUS
CLOSING 2021
P 2

STUDENTS FEEL THE PINCH OF
OSAP CUTS
P 4-5

RX MACHINE
IN LRC
P 9

Commuters tour new Finch LRT vehicle at North

Eli Ridder

NEWS REPORTER

Students, faculty and staff got their first look Tuesday at a mock-up of a new light rail vehicle (LRV) that's expected to reach North campus within four years.

The new line will bring commuters from Finch West subway station to Humber College Boulevard.

The \$2.5-billion light rail transit line, a Toronto first, will not be completed until 2023.

Gurjaspal Singh, a first-year business management student, was one of the first students to enter the mock-up vehicle.

He said he appreciated the speed and cleanliness of the LRV.

Singh commutes from Finch West station every day and for now takes crowded bus routes. He said he is among the few students that will benefit from the LRT four years from now as he plans to pursue postgraduate studies after his two-year diploma.



ELI RIDDER

Metrolinx's light rail vehicle was built by the French company Alstom and will be operated by the TTC.

Sofia Fernandes, a CICE student at Humber, said although she would not still be on campus to use the new rail service, she appreciates the progress.

Fernandes wondered how snow

will be cleared from the rails during winter.

The journey from the drawing board to the mock-up has taken a decade of community input and

city planning, as well as delays from various levels of government.

However, construction is starting this year along Finch Avenue West, Metrolinx officials said.

Luiza Sadowski, senior manager of Metrolinx community relations, said the project is more than just a railway from one station to the next but the expansion of an "integrated system."

The project is funded with \$330 million from the federal government and the rest is from the province, Sadowski said.

Alstom of France is building the light rail vehicles. The light rail service will be operated by the TTC and will use Presto.

Humber College's communications department confirmed it has been working closely with Metrolinx during the planning and initial stages of construction of the Finch project.

The Humber College station will have an underground rail loop in the northeastern area of the college grounds at Hwy. 27 and Humber College Boulevard, officials said.

Sadowski said the LRT could be extended to Woodbine Racetrack where a GO Transit station will be built.

Finances force Orangeville shutdown

Galvin Zaldivar

SENIOR REPORTER

After 15 years of operation, Humber announced its Orangeville campus, located in the Alder Street Community Centre, will be closing at the end of the 2020-21 academic year.

Andrew Leopold, Humber's director of Communications, said the move came after months of careful deliberation but it had been losing money.

"The campus has been operating at a net loss in recent years, along with increased operating costs," Leopold said.

He said the decision to close the Orangeville campus was a difficult one for the college to make.

"It affects all of our students who are currently in Orangeville," he

said. "It affects any prospective student who was looking forward to studying Orangeville."

"It affects our employees who work at our Orangeville campus, and it affects the local community," Leopold said.

He said that for many years the college has tried to increase enrollment by offering different programs. There are about 200 students now enrolled at the campus.

"Colleges [and] universities are all faced with a 10 per cent tuition reduction ... and that's one of the contributing factors that has led to this decision," Leopold said.

Leopold also said the campus closing in spring 2021 allows the campus's current cohort of students, which is also the last, to complete their programs.

The timing also coincides with the end of the lease for the facilities in the Alder Street Community Centre which the campus occupies.

"When we made the decision to close the campus, we then had to look at what would be the best situation or best scenario for closing a campus," Leopold said.

The Orangeville campus only had two full-time faculty, but Leopold said their jobs will not be lost because of the closure, and will instead be offered new roles.

Leopold said the college is now doing all it can to allow students to complete their programs.

Among the programs offered by the Orangeville campus are the Social Services and Early Childhood Education programs. Leopold said other institutions have told Hum-



PHOTO PROVIDED BY WIRESERVICE.CA

ber they are willing to fill the gap.

"Georgian College will also be offering some programs in Orangeville come fall 2020," he said.

Humber president Chris Whitaker and former Orangeville Mayor Rob Adams cut the ribbon to re-open Orangeville's fitness room in 2014.

HUMBER
Et Cetera

Humber Et Cetera is the Humber College journalism program laboratory newspaper, publishing 12 times per term in fall and winter. Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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JEREMY YUDIN

Nichole White, Student Conduct Assistant (right), led the march across the front of the Learning Resource Commons, around the southern tip of North campus Thursday and back up by the residence buildings. More than 40 people took part in the fourth annual Take Back the Night march. Protesters banged noisemakers and drummed their way around the school.

‘No more silence, no more violence’

Jeremy Yudin
SENIOR REPORTER

More than 40 people marched in support of victims of sexual assault and other forms of sexual violence in Humber’s fourth annual Take Back the Night event Thursday.

Yamikani Msosa, the Student Diversity and Inclusion Initiative Coordinator (BASE), said she’s been marching with Take Back the Night for 13 years.

“I can’t tell you how empowering it was as a survivor to be amongst other like-minded people who care and who believe in my story,” Msosa said.

The first Take Back the Night march to protest sexual violence in Canada was in 1980 in Vancouver, and in the following year the Canadian Association of Sexual Assault Centres announced the third Friday in September as TBTN march day, according to the TBTN Foundation.

Statistics Canada said sexual assaults reported to police spiked af-



JEREMY YUDIN

Liz Osawamick (left) and Jaida Ponce (right) performed two Indigenous songs as part of Take Back The Night event Thursday at North campus.

ter the #MeToo Movement began.

It reported an average of 74 sexual assault victims filed a report to Canadian police per day, up from 59 per day, between Jan. 1, 2016, and Sept. 30, 2017, the time span studied.

Before Humber’s march started, attendees were invited into the Barrett Centre for Technology for performances, including an Indigenous Drumming Ceremony.

The ceremony was in part a land acknowledgment announcement

by the Aboriginal Resource Centre (ARC).

“As a settler, for me, it’s always important to reflect on the way that the land was taken without consent from Indigenous communities,” Msosa said.

Jaida Ponce, who performed in the Indigenous Drumming Ceremony, chanted an Anishanwe song called “The Strong Woman’s Song.”

“To me, it’s a song of empowerment. It’s to spread strength and I feel like people will really understand it when they hear it,” she said.

Along with the performance, booths were set up by community partners who have experienced sexual violence and organizations that provide related services.

Resources from the Elspeth Heyworth Centre for Women, Youth Without Shelter, Native Child and Family Services of Toronto, and The Sexual Assault and Violence Intervention Services of Halton (SAVIS) were made available.

Humber Security and Peel Re-

gional Police officers also joined the march.

“They’re supporting the event and sharing what their services have to offer all people in this area,” said Caitlin Feere, the Student Support and Intervention coordinator at Humber.

Jason Hunter, the vice-president of Student and Community Engagement, was pleased with the event overall.

“We are really fortunate to have the amazing leadership of so many of you who are here tonight, as organizers, as service providers, as volunteers, as performers, and as participants,” he said.

“As an educational institution, we are proud to take an active role and acknowledge our responsibility to being a part of ending sexual violence,” Hunter said.

“I want to thank you for doing all that you can and all you’re doing not only to take back the night, but to give the back night to those who don’t even know that it has been lost,” he said.

Students' wallets shocked by OSAP cuts, high rents

Emily Wilson

NEWS REPORTER

Some Humber College students are putting up with shared rooms and bad landlords in the current Toronto housing crisis.

Edward, a 21-year-old Bachelor of Paralegal Studies student who didn't want his full name revealed for fear of eviction, said he had been looking for four months in 2018 until he found his current residence that is a 20-minute walk from school.

However the \$725-a-month room in the nine-bedroom house comes with a cost, he said.

Edward said he faces strict rules such as a no-noise, no-guest policy and faces eviction if caught.

His landlord cleans the house herself which apparently allows her to get around the 24-hour notice requirement to enter rooms and apartments, he said.

Edward said this is a compromise for being able to pay less than his originally budgeted amount of \$1,100 and living a short distance from the school.

Being careful about accommodation costs follows a cut to the financial help he received from the provincial government.

"OSAP didn't even cover tuition this year," Edward said.

He said OSAP last year gave him



EMILY WILSON

Students struggling to make ends meet after OSAP cuts face terrible living conditions and longer commutes.

around \$12,000 to cover his tuition and some books, but this year the student assistant program offered only about \$6,000.

The second-year student said he would have been unable to return to his studies if his parents were not helping him significantly while he's receiving workers' compensation.

"I just have to be a lot more frugal," and to find a job, he said.

International students are also feeling the pressure of finding affordable housing.

Ritaban Das, a 30-year-old from Kolkata, India, which is near the border with Bangladesh, found his room

just before arriving in Toronto to study in the 3D Modelling and Visual Effects Production grad program.

He said he planned to share a room with a friend from India but it didn't work out, making it difficult to find something within his budget. He is currently looking for a roommate to share the \$1,050-a-month room tucked behind the North campus.

Das said his rent is a significant leap from his \$400 to \$500 budget before leaving India.

"I have seen three or four basements that really are not a good place to stay," he said. "I'm in a lot

of groups so I'll keep posting to find a roommate."

The Canada Mortgage and Housing Corporation noted the average 2018 monthly rental in the GTA is \$1,359.

Ankit Khurana, another international student from New Delhi, India, in his second-year of Supply Chain Management, also had a rough time.

Khurana, 23, said he was looking into AirBnB and Homestay programs before coming to Toronto until he realized they were too expensive.

Luckily, he was able to get in contact with a friend moving from

Calgary to Brampton, although it is much farther from the school than he wanted, he said.

"[Brampton is] far but to get something, you need to lose something," Khurana said.

He said he had a budget before he left but it was unreasonable.

While searching blogs two or three months prior to moving, he read that \$350 to \$450 was enough to sustain him each month, Khurana said.

Edward said he wants students to "educate yourself on your rights," an exact point made by Suze Morrison, the provincial NDP's Critic for Tenant Rights and former critic for Housing.

The Toronto Centre MPP said "there are a lot of rules out there that protect tenants, but with the housing crisis that we're in tenants often get taken advantage of by their landlords" and that is often due to language barriers.

"[For example] if you, all of a sudden get a rent increase from your landlord and you don't know the rules but are given a five per cent increase and the guideline is only two per cent, that's an illegal increase and you don't have to pay that," Morrison said.

Provincial rental guidelines limited increases to 2.2 per cent in 2020, and 1.8 per cent in 2019.

School reorganization causes confusion for faculty, students

Donna Akbari

NEWS REPORTER

The reorganization and renaming of Humber College's faculties at the beginning of the school year caused a bit of confusion and a minor identity crisis.

A chief reason for the transition from "schools" to "faculties" was to provide students with greater opportunity to collaborate with other programs and faculties, said Alvina Cassiani, Humber's senior dean of the Faculty of Business.

"If our programs are narrow and don't have opportunities to work with other programs, to work with industry, to bring multiple perspectives, to do applied research, then we are not preparing our students for the reality of how work is going to be," she told Et Cetera.

"They'll need to work with others, they need to have the ability to be flexible and listen to other per-

spectives," Cassiani said.

Dawn Macaulay, Humber's associate dean of Liberal Arts, said a primary goal was to create a more collaborative learning environment.

One of the first concerns that arose when Humber's academic plan began was the terminology change from college to university level, she said.

Some students expressed concern about what the change means for their workload and professors.

Deanna Defrancesca, a creative photography student, said college has certain benefits that university does not and she hoped Humber does not become a university.

"I like the slower place that college provides and I know that I can handle it better," Defrancesca said.

"The reason why I didn't want to go to university, to begin with, was because of the workload."

Despite her worries, she said it is important for programs to be able

to collaborate through research and other projects so students can collaborate with those who do not have a similar mindset.

"I find that people who are in the same program, though they have different mindsets, they still have their similarities that are a little uncanny," Defrancesca said.

"The only time that we are able to collaborate in a professional setting with those who are in completely different programs is during our general electives courses," she said.

Macaulay explained the same faculty members are reporting to the same associate deans and that students are unlikely to notice differences under the changes.

"It impacts the professors' sense of identity more than the students," Macaulay said. "Students usually talk about my program, not my school, I go to Humber and this is my program."

Shay Kedroe, vice-president of



DONNA AKBARI

Dawn Macaulay, Humber's associate dean of Liberal Arts, said the goal of the reorganization was to create a collaborative learning environment.

IGNITE, said it's too early to determine the impact of Humber's academic plan.

"I know anything that Humber

does, they've thought long and hard about, so it benefits the school in the long run, it's just too early to see the results as of this time," she said.

Cuts in OSAP leaves students with hard decisions for their education

Jared Dodds

NEWS REPORTER

Michael Wilson, a second-year Game Programming student, had one thought when he heard about the changes coming to the Ontario Student Assistance Program.

“I was freaking pissed,” he said

It was apparently also the reaction of many post-secondary students when the Conservative government of Premier Doug Ford announced the sweeping shifts to OSAP in January.

“It was basically the government saying screw off to low-income families,” Wilson said. “The way that he [Doug Ford] goes on about money for education really baffles my mind.”

The new policy eliminated the tuition grant for low-income families and changed the way most of the money is given to students from grants to loans.

This means that more students will leave college and university with more debt, a fact that is not lost on Wilson.

“I’m probably going to end up in debt, because I can’t pay the money back,” he said.

Wilson said wondering how he

was going to pay back his debt after finishing school was one of the biggest sources of stress for him.

While some students are thinking about the future, others are concerned with simply getting through day to day without the support from the grants.

Matthew Wood, a second-year Culinary Management student, said his first thought when he heard about the changes was that he wouldn’t be able to pay his transit fees.

“At the start of last semester, OSAP was a great base for me to pay for my Presto [Card] and my food,” Wood said.

“I considered taking another gap year just to make more money so I would actually have enough to pay for everything,” he said.

Fear of being in debt after graduation was heightened by the elimination of the grace period, which gave students six months before their loans started collecting interest.

Wilson said he had to enter this year knowing that his debt would start collecting the moment he graduated because he couldn’t get a job right away.

The elimination of the grace period is one of the biggest concerns for Chris Glover, the NDP



JARED DODDS

Michael Wilson, a second-year programming student, said continuing his education could drown him in debt.

Universities’ critic. “It means the government is going to be taking more money from these students and that’s what’s really wrong,” he said. Glover, who represents Spadina-Fort York, has major concerns after hearing students talk about how these changes affect them.

“From the students in the riding and students across the province ... just devastation and shock,” he said.

“There was one student, for example, a PhD student, when she did the calculation in March, she was told she was going to be getting \$20,000,” Glover said. “When she actually got her final letter, she was getting nothing.”

Meanwhile, HumberNews reported enrollment at Humber College appears to be up this semester despite the murkiness of OSAP’s

future.

Glover took it a step further, saying the NDP’s plan was to transform all loans into grants and forgive interest on student debt.

He said it’s important students realize they are members of a democracy who have influence if they raise their voices.

“It’s important that everybody stand up,” he said.

Student Choice Initiative leaves clubs concerned over funding

Kristen Cussen

NEWS REPORTER

The \$55.95 worth of optional fees might be pocket change compared to the thousands of dollars students already pay in tuition, program materials and living expenses.

But in the face of OSAP cuts and delays, students are eager to save money where they can this year.

A new school year means new classes, new professors and now, new optional fees implemented by Premier Doug Ford’s government, calling it the Student Choice Initiative. Students can now opt-out of ancillary fees deemed non-mandatory by the provincial government.

“I just don’t have money to put towards their services right now,” said Sarah Keane, a first-year nursing student.

For Matt Galang, a second-year sports management student, opting out was “just to save money. [IGNITE] doesn’t do a lot for me day-to-day anyway.”

For the first time, students can

view a breakdown of the optional student activity fees.

The fees are divided into six categories, including alumni, student governance, social programming, future skills development, student leadership and development, and financial support.

Now, students can opt-in or out of some fee as they see fit, instead of paying the total amount. Humber estimates 80 per cent of students opted in.

The Embassy campus church is one of Humber’s oldest clubs and its facing new changes in funding.

“We’ve been asked to cut back on snacks and beverages, but nothing else will change. We don’t need much,” said Sophie Martin, a fourth-year Family and Community Social Services student and an executive member of the campus church.

IGNITE has not disclosed its final budget, but the 11-year-old club is sure to continue regardless of the outcome. Members brought homemade treats for Monday worship and attendees are not required to



KRISTEN CUSSEN

Matt Galang, a second-year sports management student, is among the 20 per cent of students who opted out.

opt-in unless they’re part of the executive team.

Outside of clubs, some students aren’t sure what IGNITE is about.

“Being in my first year, I didn’t

know [certain] fees were optional. I’m not in a club or anything, so I would have opted-out if I had known,” Keane said.

“I haven’t used any services, and

I don’t know what they offer,” she said. “I’m already paying a \$100 late fee for tuition because my OSAP money hasn’t come in yet and even \$55 could make all the difference.”



MELANIE VALENTE-LEITE

By launching a five-year strategic plan, the Arboretum staff hope to improve the quality of life in the Arb and create opportunities for students to demonstrate leadership in sustainability.

Arboretum reveals its strategic plans for the future

Melanie Valente-Leite

NEWS REPORTER

Lynn Short is so concerned about the fate of the Earth that she wept as she spoke about Humber Arboretum's five-year plan to raise awareness about the environment.

"I get really emotional when talking about the earth. Every day is a gift, even if it's raining. Water is life and the rain is our liquid sunshine," said Short, Humber's Environmental Stewardship coordinator.

Alexandra Link, director of the Arboretum, said on Sept. 23 the five-year strategic plan hopes to create opportunities for Humber students to demonstrate leadership in sustainability and increase participation in Arboretum programs, such as beekeeping, children's day camps and a gardening program.

"As I stand in front of you, I am confident that we created a plan that reflects the needs of our community and provides a map for our

future," Link said.

Short launched the annual Earth cleanup tradition for picking up trash throughout the Humber Arboretum a year ago, gathering up to 88 bags of trash to help restore its beauty because people were carelessly littering, not thinking about the environment.

As the Arboretum launched its plan for 2019-2024, staff spoke about how important it was that everyone contributed because with-out volunteers and countless hours

of work under the hot, summer sun, the Arboretum wouldn't be what it is today.

"I want to thank the residents, the staff and students that contributed to this over the last almost 14 months," said Darrell Gray, director of Training and Outreach at the Toronto Region Conservation Authority. "It's really their contribution that is most important.

"It was their contributions that formed the foundation of this," he

said.

Another step to increasing awareness about the environment that aids the Arboretum is planting trees. Trees absorb carbon dioxide and potentially harmful gases then releases oxygen back into the air, acting as a filter.

Humber's Arboretum team, the City of Toronto, corporate sponsor H.B. Fuller and volunteers planted more than 250 trees along a pond near the college residence building facing the Humber River.

Service fair raises awareness among students of campus services

Su Kuštríc

SENIOR REPORTER

Humber College's fall services fair provided an opportunity for new and returning students to learn more about different services and resources available to them on campus.

There were more than 20 booths at the fair hosted by the Student Success and Engagement Office that offered information about careers, schooling and life on campus that are available mostly for first year students who have any questions about their career, schooling or their future life on campus.

"Here they can volunteer for clubs on campus and things that they're interested in, but it's also for resources that they might need

throughout the year or that they might not know about," said Seeret Samra, who works for Student Success and Engagement.

Students were able to get information about the student union IGNITE, and about resource groups on campus, such as LGBTQ+, Black Academic Success and Engagement (BASE) and the Aboriginal Resource Centre.

"They might not be aware of useful resources," Samra said.

She said IGNITE has the Career Success Centre which is there to guide them for their future career goals, but also there is a dispute resolution clinic they might not know about.

"If they're in a Community & Social Services program and they want to volunteer for community

events such as Earth Week, they can find out about it through the sustainability office," Samra said.

About 500 students visited the student fair on last Thursday at North campus.

Among the visitors to the North fair were Jaimini Patel and Maitri Modi, first-year students of Web Development, who said were happy to participate in this kind of fair.

"They are very helpful because we are learning about (the) responsibilities that can help us in the future and they told me about their scholarships, which was very important for me," Patel said.

Modi said she is really interested in a course for second year and that she got all the answers to her questions about her program.



SU KUŠTRIC

Lara Besa, a Café LinX staffer, hands out packaged soups to promote the Pay-What-You-Can soup bar on campus. The soup bar opens on Oct. 1.

Rise of eSports: how a hobby becomes a career

Nicholas Eveleigh
BIZ-TECH REPORTER

Vivek Nath is a first-year Humber student who happens to be very invested in video gaming. He's part of the videogame programming course at Humber and is a member of the Super Smash Bros eSports team.

He obviously has a deep passion for video games. But the love for making and playing games is also stressful.

"I've been playing video games for a long time, they helped me out of a dark place," Nath said.

He is just like any other student trying to balance what he loves with the work and responsibilities that come with life. But at the end of the day Nath will always know there are people like him.

"It's fun to have people around me that understand and can relate to me, it's weird but that's new to me," Nath said.

Competitive gaming's popularity exploded in the past decade with an estimated 385 million yearly viewers and 194 million people claiming to be eSports enthusiasts.

Pratheib Umbu Pathmanthan, a former Humber student who played competitive gaming, also felt the day-by-day stress any sports player would feel but he didn't mind it, saying he constantly strived to be better.

Gaming helped him deal with feeling overworked, he said.

"It's about being with people who are into the same thing as you and forming a community as well as taking something that can be casual, seriously," Pathmanthan said. "That's fun to me."

He loves the idea of gaming communities and loves creating new opportunities for people to meet and form friendships while finding a common ground with others. He said he found solid ground through eSports teams at Humber.

"The Humber eSports community is a great way to have people like me and people from Humber and even people from different cities come to one place and enjoy something we all have in common, Pathmanthan said. "If I'm not playing, I'm watching my friends play and it's just great seeing the community come together."

Scott Fielder, a Gaming Physics professor at Humber College, believes the stress of creating a functioning video game is one of the most stressful, non-forgiving things that one can do.



NICHOLAS EVELEIGH

Vivek Nath, a first year programming student at Humber, plays Super Smash Bros. Nath is also on Humber's Smash Bros eSports team.

Fielder constantly asks his students "are you sure?" as they walk in for class, warning them of the intensity the video game program

requires. "The only job harder than game designing is working for NASA," Fielder said.

Accessibility and EDI centres unite for inclusivity

Su Kuštrić
SENIOR REPORTER
Jeremy Yudin
EDITOR IN CHIEF

Equity Hub Day at Humber North offered students the opportunity to succeed in their education and prevent every kind of barrier or bias.

The Equity, Diversity and Inclusion (EDI) Committee brought together on Sept. 17 the campus resources and partners working together in creating a more fair-minded, equitable and inclusive environment and community for students.

Through special strategies, education and training, the committee works to cultivate an inclusive environment regarding increasing diversity, equity and inclusive awareness among the Humber community.

Students had an opportunity to learn more about 14 different academic services Humber provides.

Zareena Khan, an organizer of Equity Hub Day, said the third pillar of Humber's Strategic Plan, Healthy and Inclusive Community, calls on Humber to continue building a diverse and inclusive community of exceptional students, faculty and staff.

"The strategy going forward is actionable through the work of an EDI Taskforce, reflective of the Humber community and established in January 2019 and it is



SU KUŠTRIĆ

Zareena Khan (left) and Sonia Thakur (right) explained to students the importance of building an inclusive environment in the Humber community.

working on developing an institutional framework and strategy for equity, diversity and inclusion that addresses the needs of both students and employees," Khan said.

Sasha Ally, a specialist in the Centre for Human Rights, Equity and Diversity, invited students to attend upcoming events and explained how the strategic plan is included in the work of the Equity, Diversity and Inclusion (EDI) Taskforce in achieving its goal.

The taskforce is comprised of faculty, community members and students.

"The EDI Committee is working on fostering an inclusive environment, planning and implementing strategies related to increasing diversity, equity and inclusive awareness among the Humber community and providing education and training," Khan said.

Sonia Thakur, Accessibility Consultant and co-chair of EDI com-

mittee, also joined the panel to speak about the power of language and its use in terms of disability related topics, including people living with disabilities and accessibility.

"Language can be one of the possible barriers," Thakur said.

She said disrespectful language could constitute a feeling of not being part of the community. Using a person's preferred terms and being more respectful when speaking with them would help them feel more in-

cluded within the community.

Students needing accommodation should speak with Student Services, Thakur said. As all services are done in a confidential manner, working with faculty to ensure a universal design in the student's learning.

"The accommodation service is not necessarily required but we are all creating free barriers in terms of studies and academic purposes for all our students," Thakur said.

New cafe in Barrett CTI 'The Spot' is hungry for sustainability

Beatriz Balderrama Baleeiro
BIZTECH REPORTER

The Spot — a new eatery at Humber's Barrett Centre for Technology Innovation — has a motto and a mission on its menu.

Its philosophy is "Eat good, do good," a goal achieved by offering Humber College students delicious, freshly made and ready-to-order food, while following sustainable principles, such as reducing single-use plastics, providing dine-in china and compostable take-out wear for those eating on the run.

The restaurant is run by Chartwells, the food-service contractor on campus and it has a new take on the retail culinary world, which is looking to make a positive impact on the environmental and sustainable system.

"It's an intentionality of doing better with food through food," said Maria Fajardo from the Chartwells head office.

Chartwells was looking for a concept after the inauguration of the new Barrett building that would match the location and with the collaboration of stakeholders across campus it collected ideas and values



BEATRIZ BALDERRAMA BALEIRO

Manhar Kapoor, The Spot's brand ambassador, said the eatery encourages an "Eat good, do good" philosophy.

which it wanted to share in that area.

Another concept the restaurant will implement is "round up to donate" where customers can add an extra 20 cents on top of the entrée which costs \$7.29, said Eli Browne,

the director of sustainability and culinary innovation for Chartwells. The contributions goes to a fund that will be given to a project on campus which is still being determined with the customers, she said.

Students have the choice of veg-

etarian, vegan or meat entrées with produce that comes from the Humber garden, Browne said. It also offers students the chance to taste the food before choosing what they want at the "tasting spot," she said.

"Three different varieties of

meals are served every day, it's a new experience, we don't want our customers to have the same food all the time," said Manhar Kapoor, The Spot's brand ambassador.

The zero-waste approach is one of the many values The Spot pays attention to, Browne said. Firstly on the choice of the menu, the three daily available entrees are chosen according to the ingredients that can be repurposed or ones where the entire produce can be used, she said.

Secondly is the encouragement of reusables such as cutlery and china, Browne said.

"Next year our intention is to actually become zero-waste certified, which means a 90 per cent waste diversion from The Spot, that's our goal," she said.

Being situated in a technology focused building, The Spot doesn't take cash. It also doesn't have any cashiers. Customers place their order and pay for it on an electronic terminal, Browne said.

"The Spot is a great choice if you are looking for good food, great environment and a relaxing place to eat," she said.

New app helps Humber students find their way around campus

Nicholas Rahmon
BIZTECH REPORTER

When Media studies student William Sampson first set foot at the Humber north campus, he had a hard time knowing where he was going or how to get there.

"I don't go to Humber and getting around it to the bookstore, food emporium or even the gym is a challenge," said Sampson, who studies at the University of Guelph-Humber.

Campus Compass, released in August, was made for locating friends, reviewing transit schedules and navigating through the crowded hallways of Humber and Guelph-Humber to find where to grab a bite or find a class.

Sampson said the app has been very helpful for him.

Zachary Mladenovic, a University of Guelph-Humber Business

Administration student, also found the app useful.

"When I downloaded the app, it gave me a step-by-step guide on how to arrive and I couldn't ask for more," he said.

Humber's Applied Technology students worked with Aruba Technologies to develop the app that encompasses the environment and uses step-by-step methods to direct people to their exact destination.

It's something Omar Davis, supervisor of Client Services Information Technology Services at

one class to another," Davis said.

He said he believes the app not only helps first-year students finding their way through the campus, but professors, guest speakers, and visitors with the end-result of guiding users to the most successful route.

Davis said Aruba and applied technology students started with architectural diagrams of Humber North and Guelph-Humber and continued from there, building up a large database that includes every accessible area of Humber.

"Aruba is a manufacturer which makes wireless technology," he said. "At one point, there was a bid for the best wireless technology for Humber Col-

lege...with Aruba owning this innovative integration," he said.

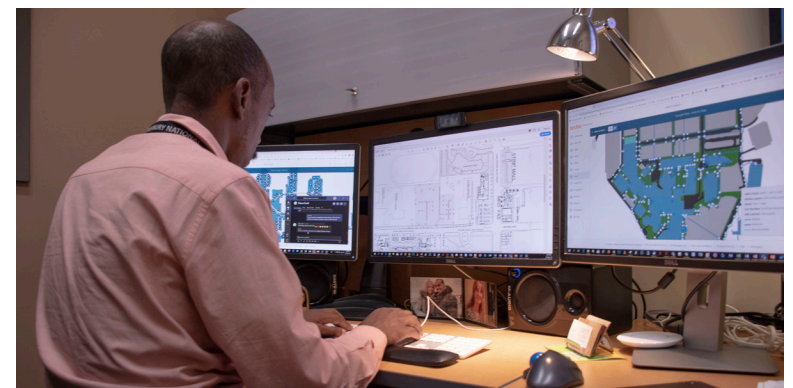
Lakeshore campus is expected to be included in the app by fall 2020, Davis said.

"When I downloaded the app, it gave me a step-by-step guide on how to arrive and I couldn't ask for more"

-ZACHARY MLADENOVIC,
UNIVERSITY OF GUELPH-HUMBER BUSINESS ADMINISTRATION STUDENT

Humber, is happy to see in action.

"A pilot began in September 2017 and developed itself within the rest of the year, taking note of factors which impact your journey from



NICHOLAS RAHMON

Omar Davis, Supervisor of Client Services Information Technology Services, checks the architectural diagrams of Humber and UGH.



NICHOLAS RAHMON

Shlomo Lipton uses the Compass app to find friends and his classes.

Improvements to public safety continue after lockdown drill

Ryan Michael Wanzala

BIZTECH REPORTER

Improvements to Humber's public alert system are being explored by the Department of Public Safety after a string of lockdown drills at the Toronto and Orangeville campuses last Tuesday.

Digital signage, aural announcements and Humber's in-house SMS messaging system "Humber Alert" were put to the test, said Manager of Emergency Management Kathy Branton.

The North campus' morning drill experienced a brief hiccup when the digital signs and the SMS alerts failed to deploy, but Branton said the systems worked as intended during the subsequent evening drill, and in the Lakeshore and Orangeville campuses' drills later in the week.

"I think for the size of each campus and the amount of people there, they all went very well," she said. "Could

we have higher levels of participation in our larger campuses? Yes, but that's going to be the same across the board at any institution, when you go up to 50,000 people there."

Security officials from Garda-World security and Toronto Police were dispatched across the campuses to lockdown procedures were followed by students and faculty.

Branton, who worked in the emergency management field for about 15 years, will mark her second year at Humber's Department of Public Safety in December and has already suggested changes to enhance Humber's public safety measures, starting with how alerts are interpreted to students and faculty members.

She said this year's drill included telling people that the drill was going to play the actual lockdown message.

"In previous years, we have played a test message that said, 'this is a test', but it doesn't give people the chance to hear what the actual



RYAN MICHAEL WANZALA

Manager of Emergency Management Kathy Branton simulates a press of an emergency button outside the Humber North Campus.

message is," Branton said. "We want to give people that opportunity, so they know when they hear it."

Humber faced criticism in the past by Toronto Police officials and

Public Safety directors over the misunderstanding of certain lockdown procedure guidelines. Some students were reportedly found hiding under tables in an open

space in 2015, and some students alleged they weren't told of an impending test in 2016.

"In the new year, we are going to be rolling out a very robust training program for lockdown and active threat in terms of what people are supposed to do, what we're going to do, what the police is going to do," Branton said.

"The idea is that we'll roll it out in early 2020 and will go throughout the year, so that when next September rolls around and we do our next drill, that the community will be better informed," she said.

Along with feedback from the Humber community, security officials and local authorities also agreed to offer feedback regarding the latest drills.

"[The officials] are going to be here to observe, and they will be here to provide feedback. They will also provide information and guidance to anybody who is not doing what they should do," she said.

Need a prescription filled? There's an app for that

David Pastor

BIZTECH REPORTER

There's a new way to purchase medication at the North Campus.

An automated vending machine kiosk by SpotRx Pharmacy was installed over the summer on the second floor of the Learning Resource Commons, outside the Student Wellness Centre.

Humber and MedAvail teamed up to revolutionize the way medication is dispensed with an "innovative new product."

The vending machine provides health conscience students with over-the-counter medications to help with the relief of pain and fever, stomach remedies and vitamins and supplements.

"It's pretty much exactly how a pharmacist would run, except they're not there with you," said Shaine Trinidad, a third-year nursing student.

The kiosk saves students a trip to the pharmacy and any questions they have can easily be answered by a licensed Ontario pharmacist over the phone through video chat.

"I was actually going to go to Shoppers to get my prescriptions, and then the front desk told me that I could use this machine instead," said Irene Wu, a first-year interior design student.

The innovative product also has an app called SpotRx Canada that students can use to purchase their prescriptions or any other medication through their phones.

Destinee Perry, a second-year Event Management student, said she thinks the convenience of having an app along with the vending machine is beneficial for all students.

"They don't really have to line up at the bookstore to try to get Advil if they have a headache that day," she said.

"There are still some quirks to kind of figure out which is why when I wanted these over-the-counter caffeine pills, they said that it was available in stock, but it wasn't, so they told me when it would be available and then also had really good customer service care," Perry said.

"They just decided to give me a Tim Hortons card later on just to apologize because they're figuring out the quirks and everything," she said.

MedAvail will provide students who are looking to purchase specific medications that aren't in stock with free delivery as long as they live within five kilometres from any SpotRx kiosk.

"It's meant to be 24-7, [but] we're not 24-7," said Jacqueline Anderson, the associate director of Student



DAVID PASTOR

Shaine Trinidad, a third year nursing student, pours her prescription into her hand in front of the SpotRx kiosk.

Wellness and Development. She said doors close to the LRC after 10 p.m. and the college is looking for a locale that is more accessible.

There are plans to add two additional kiosks—one at North and one at Lakeshore.

Humber held an event between Sept. 17 to 19 that gave students the

opportunity to learn, ask questions about the kiosks and possibly win a prize.

"The whole objective of this event is just to create awareness to the pharmacy," said Huda Wali, the client success manager of MedAvail. "I know a lot of students are still trying to figure out where

their classes are, what services are available."

"So, we just wanted to take the time and be on campus to answer any questions that students may have about the pharmacy, where it's located, what they can get or how they can fill their prescriptions," she said.

Long live the passenger pigeons: ‘martyrs’ of the avian world

Jakob Gordon

ARTS REPORTER

A bird once described by Indigenous peoples as “Plentiful as the Sky” is a tragic example of the impact humans can have on the planet.

Humber College’s Lakeshore campus hosted the “Silencing a Feathered Tempest” event, which detailed the extinction of the passenger pigeon last Thursday. This was the final event in the five-month-long “Last of the Passenger Pigeon” series.

Glenn Coady, a bird watcher of more than 50 years, said humans hunting the passenger pigeon led to its extinction.

The passenger pigeon’s peak population was estimated to be in the billions before humans wiped them out, the last one dying in captivity in 1914.

He described the passenger pigeons as “martyrs,” and it’s was a factor in the adoption of the Migratory Bird Treaty between Canada and the U.S., which protects migratory birds, their eggs, and nests from hunting.

The demise of the passenger pigeon shows that people have to be vested in the environment they live in.

“There’s no future for us if we don’t see ourselves within nature. We have to be a part of nature, not something that’s apart from it,” Coady said.

People can be more mindful of what they eat, use reusable mugs, and even take a look at how they commute to make a positive impact on the environment, he said.

“You’re never safe, that if the ecology and the pressures on you are strong enough, they can take out even the most robust species within,” he said, when asked about the conservation of other bird species that are endangered.

Coady said Humber Students can get involved with local groups like Citizens Concerned with the Future of the Etobicoke Waterfront (CCFEW) to be more involved in environmental sustainability and wildlife issues.

“There are many ways students can get involved in contributing to a sustainable lifestyle and community,” said Jennifer Bazar, a curator for



JAKOB GORDON

Glenn Coady, a bird watcher of more than 50 years, speaks at the “Silencing a Feathered Tempest” event.

the Humber Lakeshore Grounds Interpretive Centre.

Students can also volunteer with the Interpretive Centre at the Humber Arboretum and join school clubs or volunteer with local groups to conduct do area cleanups.

“These events are a way to connect with the community and bring people together on certain topics, interests, and issues,” she said.

Nadine Finlay, another curator at the Humber Lakeshore Grounds Interpretive Centre, said Humber

students can learn more by visiting the Humber Sustainability website.

“The number one thing that Humber students can do it become more aware of their own lifestyles, and where they can identify areas, they can improve it,” she said.

Humber Literary Review joins Word on the Street’s 30th anniversary

Lillia Smichenko

ARTS REPORTER

Eufemia Fantetti, editor of the Humber Literary Review, knows that writing can be lonely work. That’s why she went to Word on the Street this year.

“It makes you feel less lonely when you’re at something like this, this is almost like the opposite of writing,” she said. “because when you’re writing you’re by yourself and you feel a little isolated, and then you come here and it’s like extroverts.”

The Word on The Street literary festival celebrated its 30th anniversary at the Harbourfront Centre last weekend.

This festival brings book lovers come together to enjoy the festivities. Rows of tents and booths where magazines, such as Toronto Life put themselves in the spot light can be seen scattered throughout the Harbourfront Centre. There are bookstores such as BMV, publishers like Penguin Books, and of course literary reviews like the one organized by Humber.

From year to year the publishing industry is changing.

David Miller, another editor

with the Humber Literary Review, has attended WOTS for 20 years and has seen the changes that have shaped contemporary publishing.

“It has moved online, as an example. online submission made a big difference, especially for the review,” he said.

All of its book reviews and interviews are also trying to experiment using different narrative techniques and writing more fiction.

“I think that there is more awareness of trying to find a broader range of styles as opposed to very traditional narrative style,” Miller said.

Neil Price, another editor with the Humber Literary Review, said digital media has taken over the writing industry in the past 10 years.

WOTS is also important for future writers and people who want to pursue a career in publishing.

Sarah Feldbloom, a Humber English professor and fiction editor wants young writers in the Humber community to get used to talking to other writers in the industry for experience and inspirations for future pieces of writing.

“It is a great opportunity to chat and connect with people in a mean-



LILLIA SMICHENKO

Humber English professor Sarah Feldbloom stands in the Humber Literary Review booth at Word on the Street.

ingful way,” she said.

Two graduates from Humber’s creative writing programs also had a table at the festival, and were answering the most frequently asked question about the writing side of the publishing process.

“People usually ask about what

does the program consist of, what age should you be and are there any scholarships available,” said Beatrice Ekoko, alumni of the Creative Writing program.

Richard Martins, another Humber alumni agreed there is great value for aspiring writers in learning

about the industry, meeting other writers, and discovering what resources are available.

“It is just a good opportunity to remember that we live in the world where people do buy books. People still love reading, and people still want to hear other stories,” Fantetti said.

EDITORIAL

Time for IGNITE to rebuild bridges with media

Humber's student government IGNITE has an issue with transparency. The organization, which last year handled a budget of about \$11 million in student money, seems to purposely prevent access to its meetings.

Recently, the student union updated its rules around governance with a notice explaining that under the Ontario Corporations Act, only directors on the board have the right to attend meetings and view meeting minutes.

Directors can decide to have an "in camera session meeting," which restricts the attendance to directors. Under these restrictive rules, the board may also request the attendance of "any individual it wishes," according to the IGNITE board policy.

The Board of Directors can still

hold open meetings that are open to all IGNITE members, unless the Directors pass a motion by the majority to exclude those members.

These updated policies have not only barred the student body and media from its monthly gatherings, but it has created a divide between Et Cetera and IGNITE.

Journalism students sent an email last week to Executive Director Ercole Perrone requesting re-entry to Board of Director meetings. Perrone responded with an invitation to an IGNITE press briefing. This is a good first step but it's not enough.

These meetings, where the interests of students at Humber College and the University of Guelph-Humber are dealt with, should be open to both the student body and the student media.

In decades past, the former Student Activities Council (SAC) and the Humber Student Federation (HSF) held open meetings, with some notable exceptions, for both students and student media, including Et Cetera and its predecessor Coven. Most issues of concern were openly dealt with, spending explained and arguments aired.

More important, those open meetings allowed the student body to feel it is a part of its local government, by encouraging engagement with its electorate.

Not many students have the time to attend the meetings in person, so Et Cetera performs its important role to keeping the student body informed.

The Humber College student elections 40 years ago is a good ex-

ample of how openness should be encouraged.

During the April 1979 presidential elections at Humber, the three candidates spoke to about 2,500 students. All three visited classrooms in the college and asked instructors for time to speak.

After the election, President Sal Seminara encouraged students to vote and attend meetings.

There is always a natural and healthy tension between the media and government. So yes even then, the Student Union didn't have the best relationship with media. Two meetings were closed during the '78-'79 school year, one concerning a dispute between Humber's old pub manager and members of the student union.

Still, the conflict eventually died

down, and reporters continued to cover the pub.

So while disputes occur and the odd meeting was closed, it never escalated to today's levels.

The cat and mouse games between Et Cetera and IGNITE has gone on for years, so why put an end to it now?

The Ford government has imposed the Student's Choice Initiative on student governments in both colleges and universities, a direct attack on all student governments' ability to raise sufficient funds for student services. So now, more than ever, IGNITE needs to be fully transparent, to show how it is coping with this new reality.

It's time for IGNITE to build bridges to the media and students, rather than barricading them.

OPINION

Trudeau needs to reconcile with young voters, environmentalists



GALVIN ZALDIVAR
NEWS EDITOR

The Federal election in 2015 was the second in which I was able to vote.

By that point the Conservative government of Stephen Harper had governed in minority and majority for almost nine years. Many young voters like myself were eager to see the backs of Harper and his Tories.

There are many reasons people voted for Trudeau and his Liberals in 2015. Outflanking the floundering NDP with a progressive campaign convinced many the surest way of evicting Harper lay with the Liberals.

Since then the Liberals have worked to fulfil much of that platform, legalizing recreational cannabis, expanding protections for transgender people and fast track-



REUTERS/SHANNON VANRAES

Canada's Prime Minister Justin Trudeau speaks during an election campaign stop in Winnipeg on September 19.

ing the application of hundreds of thousands of refugees in the first few months of their government.

However, on many issues the Liberal government hasn't completely kept their word.

There is an argument to be made for their abandonment of electoral reform. There was wide consensus for a proportional system, the government however, the judged the possibility of allowing radical and reactionary groups gaining representation a great enough risk to maintain the current system.

The Liberal record on the environment is probably their most contentious and controversial to date. Despite their own legislation to strengthen environmental regulations and protections, their greatest environmental achievement to date, for lack of a better word, is the purchase and approval of the Trans-Mountain Pipeline.

Trudeau's government for all intents and purposes were in a catch-22. The pipeline was vital for the economic interest of Alberta, as claimed by both of the province's

NDP and United Conservative governments, and various First Nations communities. Yet, the B.C. NDP government and other First Nations communities, were vocally opposed.

The disconnect has led to a popular refrain against any future proposals the Liberals make towards the environment.

You. Bought. A. Pipeline.

In truth, according to the website TrudeauMeter of the 231 promises made by the Trudeau Liberals in their 2015 platform, 108 have been fulfilled in some capacity, and only

46 of 231 have been outright broken.

The SNC-Lavalin controversy that broke in April was a confirmation to many that Trudeau broke faith with his progressive campaign promises. It damaged many of the brands Trudeau established for himself in 2015, his feminism in trying to pressure, and later expelling Jody Wilson-Raybould, his pledge to do politics differently by trying to save SNC-Lavalin from a damaging court battle, and his moral standing by the Ethics Commissioner finding his actions a breach of ethics

So, the question remains what can the Liberals, and Trudeau in particular, can do to regain the trust of those young voters disillusioned by their government.

It won't be easy and this latest blow, the images of Trudeau in black- and brownface, may have made that path harder than before the campaign. It's not all bad as Liberal support has been shaken but has not collapsed. The Liberals and Conservatives remain near neck and neck at 33 and 35 per cent respectively.

Trudeau made the first right step in owning and admitting his fault in putting on black- and brownface. Even with their shaky credibility on the environmental file, they must keep pressing forward on a progressive agenda.

The wear and tear of transitioning to varsity sports

Francis Commey, Jayvon Micthum and Pablo Balza

SPORTS REPORTERS

Humber College men's basketball assistant coach Chad Bewley remembers something his varsity coach told him years ago: there's life beyond the sport.

"My coach told me there's social life, there's basketball, there's school work, and there's work, like making money," he said. "There are four things, pick two."

Bewley keeps an eye on his players to ensure they're not overwhelmed by the pressures of sport and academics, to help them find that balance. The transition from high school to college athletics can be a tough road.

The Student-Athlete Mental Health Initiative (SAMHI) states one in five Canadians "will experience a mental health problem or illness in their lifetime. That includes student athletes."

Andre Hodges, a former Humber College basketball player now coaching the junior varsity team, has lived it and seen it.

He said the most daunting time in a college athlete's career might

come at the very moment of celebration in first making a varsity team. That's when an athlete realizes what he or she is up against.

"You have to start from the bottom, facing guys who are just as good as you, guys who have been in the gym even longer than you, guys who are stronger, guys who are faster than you," Hodges told Et Cetera.

Balancing daily practice with school work is a significant challenge, let alone finding time for a part-time job or a social life.

But student athletes also could face physical injuries.

"The key to overcoming the injury is by having lots of support from friends and family," said Humber's Sports Information Coordinator Brian Lepp.

Lepp oversees many of the Humber sports teams including basketball, baseball, and hockey. He has dealt with many players experiencing physical pain and duress.

At Your Own Risk.org reveals about 90 per cent of college athletes suffer injuries during the academic school year and 54 per cent of the injured students plays while healing from their respective injury.

This can also mess with a person's mental health.

"You have to try to be the best as an athlete, don't let the mistakes drag you down," said Tristan Gayle, defender with the Humber men's soccer squad. "Instead, use the mistakes and better yourself to become better, whether it's in school or on the field."

Shae Phillips, a member of the Humber College basketball team, is experiencing the wear and tear of being a part of the team for the first time.

He said it's a bit overwhelming at first learning how to adapt to such a drastic change in his everyday life.

"When it comes to comparing responsibilities that you have as a high school athlete versus being a post-secondary athlete, there's a big difference," Phillips said.

"Personally, the adjustment for me felt more demanding due to the fact that playing on the junior varsity team did not prepare me at all for this big step, it's my first year being on this team and it has been a real culture shock so far," he said.

Pressures from each side, including physical pain, can bring out a lot of troubles within a student athlete,



FRANCIS COMMEY

Shae Phillips, a member of the Hawk's basketball team, is experiencing the wear and tear of being a part of the team for the first time.

more intense than high school and more difficult than middle school.

Lepp said the journey of an athlete isn't easy, and it's long.

"We have a great therapy team, we have medical doctors, we have academic advisors," he said. "One of the most important things of being a student athlete is time management."

Student athletes' recovery period can vary depending on the type of injury, but if it is a severe injury it can

take from six months to a year to be fully recover to be back on the team.

There are ways for student-athletes to heal their injuries such as stretching before games and going to the kinesiology department to prevent and to speed up the healing process.

High level sports demand student athletes need to be aware, stay focused and plan ahead. "Everything requires a little bit more of you," Bewley said.

Hawk's cricketers plan to rule the world

Kyle Drinnan

SPORTS REPORTER

Nauman Zafar, Humber's extramural cricket team captain, is leading the charge to grow cricket at a post-secondary level.

Canada's biggest sport is hockey. The country has grown an appreciation for basketball and tennis. Other sports like soccer is growing by leaps and bounds.

However, many would be surprised that cricket is also growing in Canada. While most of Canada's popular sports get to enjoy a post-secondary form of competition in university sports or at the college level, cricket has been slowly building on both levels.

Athletes like Zafar isn't letting anything get in his way for his dream of looking at cricket as a popular sport in Canada.

"We are becoming better in the world. We may not be at the level now but give the country 10 years and we will be competing at the top or close to it," he said.

Zafar came to Canada from Pakistan in 2014 and studied at Humber

in 2015.

He acquired his love for cricket from his home country and even with the lack of cricket attention here, that didn't stop him to become a leader with his peers to grow the game in Canada.

What Zafar was looking for came in the form of Canadian College Cricket. The organization took the lead five years ago and hosted its first tournament between colleges and universities.

Humber's cricket team recently won the 5th National Cricket Championship against Carlton University earlier in the year.

Zafar has credited his teammates and coaching for the win, but also credited Ray Chateau, director of Athletics, for his continued support of the team.

Humber has also produced talent for the national cricket team, including wicketkeeper Srimantha Wijeratne.

Even as cricket grows, there are still some roadblocks in its path.

The sport isn't a varsity sport in the OCAA for a few reasons.

"There are two main reasons the

sport is not in OCAA, one is financial reasons, and the second is the lack of women's play," Chateau said. "Cricket is a very male dominated sport."

The inaugural Canadian Cricket College Women's National Championship happened earlier this year with Wilfrid Laurier taking the first crown.

Zafar is comfortable with Canadian College Cricket being the head of post-secondary cricket in Canada.

"Canadian College Cricket is already doing a great job with cricket. I believe they understand what needs to be done to make the sport bigger," Zafar said.

Canada is starting to warm up to the idea of cricket. The Global T20 series, a cricket tournament played by some of the top players in the world, introduced Canadians to the sport two years ago and it continues to be held.

But for now, Zafar is focusing on the next game.

"We are going to play in New York for another tournament soon with a lot of American colleges," he said. "We are going to take over the continent."



KYLE DRINNAN

Captain Nauman Zafar, seen here at a recent men's extramural practice, said he sees Canada reaching for the top of the cricket world.



DAVID PASTOR

Pitcher Meagan Muir throwing the ball to a Mohawk batter during the Hawks-Mountaineers game on Sept.24.

Hawks softball pitcher honoured with OCAA athlete of the week for shutouts

David Pastor
SPORTS REPORTER

Humber softball coach Duaine Bowles was impressed when Meagan Muir stepped into the pitcher's circle last season and faced adversity without flinching.

She pitched her way out of a jam during a playoff game, impressing the former Humber Hawks baseball player turned coach.

"Kid's tough, she's extremely tough and that's one thing we noticed last year," Bowles said. "She's a bulldog, she goes out there and she battles every single time."

So much so that Muir captured the attention of the Ontario Colleges Athletic Association (OCAA) by being named as one of its star athletes for the second week of the fall semester.

Muir went undefeated with a record of 3-0, beating Fanshawe, Conestoga and the 2018 champions Durham.

Striking out 15 batters along the way, Muir allowed only two runs over 21 innings of work and posted an outstanding 1.00 ERA (Earned Run Average).

"She threw a couple complete game shutouts and one of them being against the former champs in Durham, that's what stood out to us," said Josh Bell-Webster, the Marketing and Communications coordinator for the OCAA.

When asked how it felt to be recognized as one of OCAA's athletes of the week she said,

"It feels good, but I don't want to put too much pressure on myself, I just do what I do and I like to keep it that way."

"It feels good, but I don't want to put too much pressure on myself, I just do what I do and I like to keep it that way."

-MEAGAN MUIR, HAWKS SOFTBALL PITCHER AND OCAA ATHLETE OF THE WEEK

She couldn't pinpoint exactly what she did to get to this point in her softball career but she does have a few ideas.

"I think just practicing...just not getting into my head too much," Muir said.

She said she did a lot of pitching and worked on her landing spots as well as her velocity during the off-season, which she believes has made the biggest difference for her this season compared to last.

She currently leads the OCAA with five wins over a span of six appearances and has struck out nearly a quarter of the batters she has faced through 38.1 innings pitched. At the moment she also has a career low ERA of 1.64.

Muir helped Humber's softball team so far this year improve to a 12-2 record, winning all four games against the Mohawk Mountaineers.

Humber won both games in the double-header Sept. 24 defeating Mohawk 5-2 and 10-0 at Connor-

vale Park in south Etobicoke. Muir pitched five shutout innings to pick up the win in the 10-0 victory, giving up one hit and striking out four along the way.

Muir also had a great day at the plate going 1-2 with a walk and scored two runs.

"Every time I throw her in the circle, I know we have a really good chance to win," Bowles said.

Over her two-year career pitching for Humber's softball team, she has shut her opponents down, posting an ERA of 2.26 while striking out 33 batters over 49.1 innings pitched.

This star doesn't just shine, she dominates.

New head coach for defending OCAA, NCBC baseball champs

Remi Drouin
SPORTS REPORTER

The defending provincial and national champions gave Jeff Gibbs his first win by winning its first home opener of the season 1-0 against the George Brown Huskies.

It was supposed to be a double-header game but game two was cut short due to inclement weather.

With that first game, Hawks head coach Gibbs, succeeded Matt Ferreira, who was responsible for building the championship-winning staff, that included his replacement.

Gibbs was hired as an assistant coach in 2016. When the head coach job was offered, he said accepting the post "was kind of a no-brainer."

He feels he was put in a good situation and praises the support and dependability he receives from the Athletics Department, his coaching staff and the players.

In game one, the Hawks saw lights-out pitching from second-year right-hander Braden Taylor. He lasted six and a third innings while surrendering four hits and recording five strikeouts.

Infielder Aidan Murphy drove in a run on a single in the bottom of the first inning, just enough offense to win the game.

"He knows the game really well," said Justin Marra, a Hawks assis-

tant coach. "He's played a high level of baseball and has a great understanding of the game."

Gibbs played for Canada's national team before being drafted by the Toronto Blue Jays in the 48th round of the 2009 MLB Amateur Draft.

He chose to attend the University of Maine and was drafted again in 2012 by the Arizona Diamondbacks in the ninth round.

"Jeff is perfect for the leadership role as the head coach," said Ray Chateau, director of Athletics.

He has confidence in the coaching staff's ability to lead the players through meaningful games down the stretch.

"When you have the kind of staff we have, the players buy in. They set a tone, a level of professionalism and respect for the game," Chateau said.

Gibbs values having positive relationships with his players. He said strong communications with his players will take precedence over anything else.

"I could know everything about the game but if I can't communicate that with them, or if they don't trust me, then it's all for nothing," Gibbs said.

He set a high bar in what he considers a successful first season:

"I think anything less than a national championship is an unsuccessful season."



REMI DROUIN

Head coach Jeff Gibbs looking on and watching his players on Sept.11.



SU KUŠTRIĆ

Leaford Allen steals the ball from a Fanshawe Falcons player during a game at the Ontario Soccer Centre. Allen has racked up 12 points this season and is posed to break several records.

Rookie phenom on verge of breaking team goal-scoring record

John Grant

SPORTS REPORTER

Records are meant to be broken, and Hawks rookie forward Leaford Allen is on course to break its team goal-scoring record and cement himself into Humber folklore.

“I just came in to work hard, play hard, and give everything I got,” Allen said.

The striker started off the season with a five-goal performance leading the team to a win 6-0 against the Niagara Knights. His goal-scoring prowess let the Hawks know — and the Ontario College Athletic Association — that they are in good hands in a rebuild after losing 11 graduating players.

It’s almost unheard of for any player in any level of soccer to score five goals in their debut.

Allen, of Brampton, is beaming with confidence, because he has the Midas touch, but instead of everything turning to gold, they are turning into goals. It’s understandable as he has a strong soccer resume including, the University of Windsor, Mississauga Sigma FC and Tenhults IF which plays in a middle division in Sweden.

“We are excited to have him I



JOHN GRANT

Leaford Allen lets his teammates know to pass him the ball so he can take a shot against Redeemer on Sept. 25.

didn’t quite think he’d be off to this great of a start, but he’s on fire, and he’s scoring everything, he’s hitting his foot on,” said Humber coach Michael Aquino.

His huge frame, power, speed, wing play matched with the organization of the Humber soccer team make the task for his opponents to stop him

from scoring next to impossible.

In four games, he has outscored 16 OCAA teams to start the season with 12 goals, six off the record.

“The team-mates that I have, every pass, every shot that they took is what really kept me motivated, and without them, I wouldn’t have these goals,” Allen said.

Even though he might be a little modest about his abilities, other teams are not.

Fanshawe Falcons coach Robert Pereira, knew they had a daunting task ahead trying to stop the powerful striker.

“It would take more than one guy to stop Allen, and they would need

a complete team effort,” Pereira said.

Allen won the player of the week for Humber College for Sept. 2 to 8 to add to his impressive start.

Michael Fayehun, captain of the Humber Hawks Men’s soccer team, thinks this is only the beginning for Allen.

“Funny enough. I played with Leaford in 2012-2013, so I’m not surprised,” he said.

“I think he can actually do better than this,” Fayehun said.

Brian Lepp, Hawks Sports Information and Marketing specialist, has seen some incredible goal-scorers at his time at Humber College, and he thinks Allen is up there with the best of them.

Lepp jokingly recalled a story about how Allen said he might break the record.

“So, the coaching staff brought in the whole group for their recruiting day, and Leaford was looking through the Humber program and saw that the single-season record was 18 goals,” Lepp said.

“And then he asked me how many games that we play, and I said nine, and he thought about it for a second (and said), ‘I got this,’” he said.

“It could’ve been a joke because he’s a nice, humble kid,” Lepp said.



JONATHAN FRASCO

Miguel Gabriel, scrum half, runs the ball up the field against the Mohawk Mountaineers on Sept. 20. The men's rugby team has returned to the pitch after a 5-season suspension.

Former seven-time champs looking to dominate the pitch again

Jonathan Frasco

SPORTS REPORTER

The Humber Hawks men's rugby team returned to action this fall after a four-year suspension due to a hazing incident, hoping to take the first steps to a new era of success.

Hawks Coach Fabian Rayne, who led the team for five seasons before the 2015 suspension, tallied a 33-4 record and four championships. The team has returned with a new roster and he's anticipating the challenges and opportunities that brings.

"I'm looking forward to the season," said Rayne, pleased with a trouncing of Mohawk Mountaineers after an opening-game loss to Georgian Grizzlies. "I just feel like we need to take small steps."

Only two of 29 players on the roster have played rugby on the OCAA level. A few have some limited rugby experience, while others had never played in a rugby match.

"It's a challenge, but it's a good challenge to have," Rayne said.

Starting with nothing and rebuilding is something new to Rayne and Humber rugby.

"It's very different. We're used to dominating, not losing any games, not having teams score on us. It is different," he said. "You have to reset and see what you have and try to work



JONATHAN FRASCO

The Humber Hawks and Georgian Grizzlies line up against each other in their first scrum of the season and Humber's first since 2016 on Sept. 13

with that and improve each week."

The team started its comeback season at home against old rivals from Georgian College on Sept. 13.

The Hawks showed determination in the face of adversity after being swatted by injuries to a number of players early in the game, but came up short in losing 26-15 to the formidable Grizzlies.

Georgian coach John Daggett is happy to have Humber back on the OCAA circuit.

"They always have a great program," he said. "I'm a big fan of Fabian, he's a good coach, we're excited to have him back in the league."

"It's always quality rugby," Daggett said. "We really like how they play, and it makes the league better."

The setback with Georgian was offset when the Hawks scored a dominating 68-5 win over Mohawk on Sept. 20.

Richard Sheffield had a monstrous game scoring 28 points on two tries and nine converts.

Gamaliel Bonilla and Shermar Morris had two tries each, while Miguel Gabriel, Jean-Claude Mate-

us, Juan Manago, and Daniel Sheffield added one apiece.

"It's nice to see kids do what we practice and are successful on the field," Rayne said.

"I'm just taking it one game at a time, as we go forward, we'll see how we do."

The Hawks play the Sheridan Bruins on Sept. 28.

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'I GOT THIS'

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P 15

