

HUMBER

Et Cetera

HUMBER'S STUDENT NEWSPAPER

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The art of sandwich making goes way beyond ham and cheese

Son Ha Tran

NEWS REPORTER

The aroma of melted cheese, roasted garlic, and the crunching sound of crispy bread crust brought Humber students to the Bold sandwich cook-off challenge.

Three students from three different programs competed for the title of "Best Bold Sandwich" and to bring home a cheque of \$1,000, while the runner-up will secure \$750 and a cheque of \$500 for third prize.

"It was planned that way," said Gregory Howe, a Culinary Management graduate with honours, who was also one of the judges. He explained why the three competitors are from three different programs.

"We want it to be diverse, to encourage students in three programs to continue to participate in things like this," Howe said. "We encouraged that by representing three different fields, three different streams."

Mihali Patel, a first-year student in the culinary management program, said the contest was an excellent experience for her.

"I'm really excited about this competition," Patel said. "This is my first competition ever, it's a great learning experience, I get to learn from my chef, from other contestants."

Patel finished in third with her feisty falafel with hummus and chipotle tahini.

"I was very nervous, I stumbled while making the waffles and it made me a little bit panicked back there," said Samantha Simms, a first year student in baking and pastry management. "But I think I put out a good plate, they look good, so I'm really proud of what I've done."

Her scallion waffle with buttermilk fried chicken and maple syrup secured second place.

"I love it, it's a good opportunity to show what we have learned," said Gloria Carvajal, a first-year student in the healthy lifestyle and promotion program. Carvajal made Tandoori-Mexican chicken sandwich.

"Here, at school, we have learned so many techniques, it's a good thing to prove what you have," Carvajal said. "It's also good because it's outside the lab so we'll have to figure



SON HA TRAN

Mihali Patel, a first-year culinary management student, finished third for her feisty falafel with chipotle tahini.

out by ourselves and the atmosphere is so great. "I was struggling a little bit with the time, but in the end, I think I did well," she said.

Carvajal won the competition and will bring home \$1,000

along with the title of "Best Bold Sandwich." "They're excellent, they're well-prepared, creative with excellent skills," Howe said of the three competitors.

"For first-year students, they've

exhibited really excellent both in sanitation standpoints and culinary," he said. "They have done outstandingly, successfully showcase how good they are by their dishes."

Day of Pink tackles bullying and discrimination

Aditya Krishnan

NEWS REPORTER

The LGBTQ+ Resource Centre hosted a Pink Party to stop homophobia, transphobia, transmisogyny and all forms of bullying while celebrating International Day of Pink at Humber College North campus on Thursday.

The event celebrated diversity and raised awareness about the issues and it encouraged students to wear pink and attend the party.

It had trivia stalls to learn more about the different kinds of phobias and discrimination. Students were able to sign a pledge to commit to stand up against bullying.

Natalie Elisha, LGBTQ+ student diversity coordinator, said the party was held to raise visibility and awareness for efforts that support queer and trans communities.

"It's a day to stand up against bullying, homophobia, transphobia and other forms of oppression," Elisha said.



ADITYA KRISHNAN

First-year general arts and science student Jason Hyatt said there should be a Pink Day every day.

She said the movement started in Nova Scotia several years ago where a student was bullied for

wearing a pink shirt to school. They assumed that student to be gay. The student's classmates

decided to wear pink the next day to take a stand against bullying.

Elisha said fear and discomfort

of people that are different are some of the main causes of bullying and discrimination. When people haven't had an opportunity to learn about different interests then it can be threatening for them to interact in a normal way.

"Events like these are important to get people to have these conversations and think about it," she said.

"I think it's awesome, there should be a Pink Day everyday," said first-year general arts and science student Jason Hyatt.

He said he feels everybody faces discrimination and people need to come out and talk so they get support. There needs to be more education and awareness so that people understand how to treat the LGBTQ+ community, Hyatt said.

Emily Bedford, a third-year psychology student from the University of Guelph-Humber, said everyone has to stand together as a team against bullying to get over it.

"We all wear pink to show support to anyone who is different and is being bullied," she said.

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Et Cetera

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Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Homecoming King brings laughs and tears of joy to fans

Maheen Malik

NEWS REPORTER

Hasan Minhaj's appearance at IGNITE's Real Talks event on Thursday left student Simrit Bajwa in tears of joy.

The Daily Show senior correspondent has slowly made a name for himself over the years, through all the gigs he's worked through, and now is preparing for his new show on Netflix, Homecoming King.

Bajwa was among the full house of students who attended the event at Humber's North campus. The anticipation to see and hear Minhaj started early with a long line of eager students waiting to get in.

"Ever since Donald Trump became president, I think we've known and witnessed the extent of extremism and racism, and not that it didn't exist before, but that it has given these people a platform," Bajwa said. "That's what he (Minhaj) said at one of his older shows.

"To have a person like that to talk about everything related to those issues, I think it's amazing, and the kind of comedy he does

and the way he talks about it, it's so passionate and you can see why it's so important," she said.

Minhaj put on a show sharing his comedic views of his common topics, from racism, people of colour, and politics. The show thrilled students who responded with a never-ending sound of clapping and laughter.

Along the way Minhaj also inspired a few students to speak out about their beliefs and to follow the path they choose.

"I was a speech-and-debate kid in high school, and I didn't know much about comedy until I got to college," Minhaj told the audience. "Comedy is an amazing tool to use simile and metaphor to help explain things, and you just present an argument in a funny way."

The comedian raised many issues and backed up his points with statistics, videos, photos, and even graphs. He told students of colour in the audience to stay empowered.

"There is an assumption Muslims are more likely to be radicalized," Minhaj said. "I want to know is that true?"

Does Islam have a monopoly on

violent extremism?" Minhaj asked his the audience. "No, jeez, some of you guys were nodding. No, absolutely not, but it's complicated."

The audience left the building feeling happy, empowered, and more knowledgeable, just like Meera Patel, a media studies student.

"I love Hasan Minhaj, I loved his show and seeing him up there and representing brown people and talking about things that matter and knowing someone's talking about this stuff is really inspiring," she said.

"He brought up a lot of things that you don't see anywhere else and I feel like he's using his culture, upbringing and who he is as a platform to talk about these things and reach an audience that normally wouldn't be reached out to," Patel said.

The show, which was followed by the meet-and-greet session, allowed students to meet the comedian one-on-one.

"There are many reasons why I love him," she said. "He's not bluffing around, he knows what he's talking about and I'm really proud of him for that."



COURTESY SIMRIT BAJWA

Simrit Bajwa, a fourth year Guelph-Humber student, teared up while meeting Hasan Minhaj's at IGNITE's Real Talks event at North campus.

Humber plans to eliminate single-use water bottles by 2022

Noman Sattar

NEWS REPORTER

The discovery of microplastic particles in bottled water is prompting the college to stop selling it within the next four years.

Microplastics were found in Canada's top water bottle brands and that's raised anxiety among some Humber College students. But the college will eliminate the sale of plastic water bottles by the end of 2022, said Humber's Acting Sustainability Manager Roma Malik.

"We are going to meet with the Sustainability Committee in early May, and we have so many reasons as to why we need to do that," Malik said.

"We will no longer be having bottled water, but of course we're looking at doing a safe period approach because we want to ensure that all the vendors at our college are aware and able to make the certain changes," she said.

Global research conducted by Orb Media, a non-profit journalism organization in Washington D.C., questions the purity of single-use water bottle because it found the majority of the bottled water tested contains tiny bits of plastic substances called microplastics.

The research conducted at the University of New York in March 2018, took more than 250 samples of bottled water from 11 major brands sold in nine countries. The results showed few of the bottles contained

no plastic, but others had thousands of substantial plastic particles.

The products of major North American and Asian brands tested in the research included Evian, San Pellegrino and Nestle Pure Life. In 93 per cent of the bottles tested, researchers found microplastics, including polystyrene, nylon, polypropylene, and polyethylene particles in the bottled water.

A CBC Marketplace investigation conducted a follow-up study focused on Canadian brands of bottled water, and they worked with researchers at McGill University to test water samples from Dasani, Eska, Nestle Pure Life, Aquafina and Naya brands.

Researchers found 30 of the 50 bottles tested had microplastics.

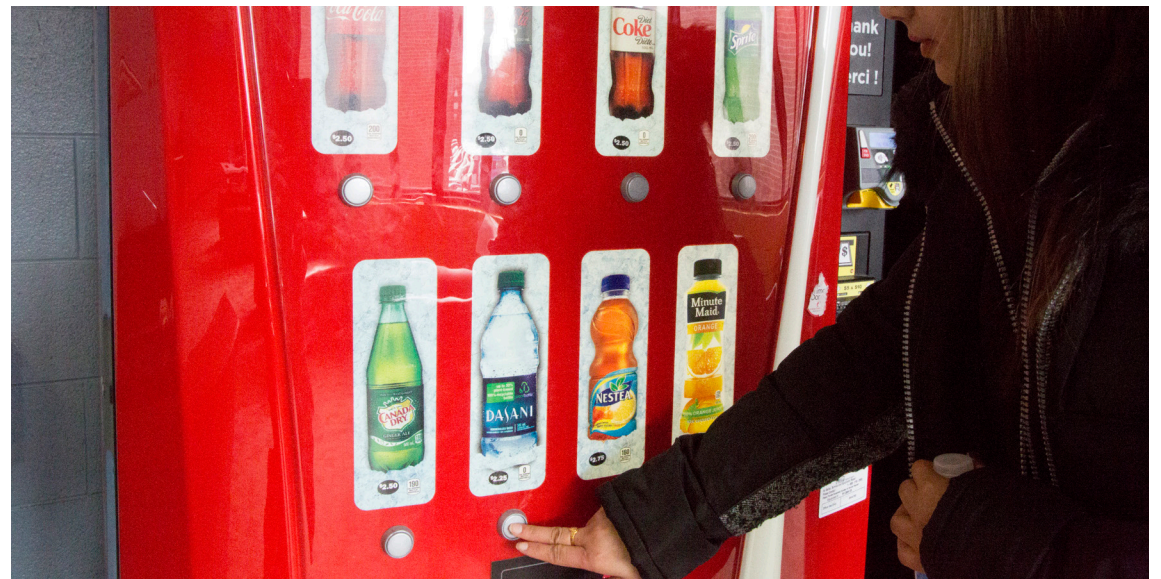
Malik said the Sustainability Office has not yet publicly announced the elimination of plastic water bottles from the college, but the timing of the study will help bring awareness among the students.

While it's not known if the microplastic particles pose a health risk, the findings from the research opened doors to new studies.

The World Health Organization (WHO) said it would assess the impact of microplastics particles on the human body.

Water bottles marketed as the essence of purity and quality, but the presence of microplastic substances make students anxious about buying them.

Toni Kaye, a paralegal student at Humber College, said she is



NOMAN SATTAR

Many students buy bottled water on campus because it is convenient, but some worry if the bottles are safe.

worried after the recent media reports on plastic substances in water bottles supplied in Toronto.

"Personally, I drink around one-and-a-half-liter water every day, and I don't think I would like to have plastic in my bloodstreams," Kaye said. "I want to drink water from a proper water bottle which is authentic and supplied to college with lab reports of having proper minerals in the water rather than plastic."

Malik said Ontario's tap water quality is very high, tested regularly, and is extremely safe to drink.

"What we know is that the tap water available in Toronto and the GTA is actually one of the best quality in the world," Malik said. "At

the Office of Sustainability, we really encourage everyone to bring in a reusable water bottle and use tap water because of the high-quality standards and safety standards that we have seen in the city"

Many students buy bottled water, and they say it is a convenient way of carrying water. There are also vending machines throughout the campuses making it an easy buy.

"It's convenient to buy water from a vending machine or campus cafeteria, I even bring one from home as it's super cheap when we buy it in bulk," Paras Arora, a Humber student, said.

Dione Dias, with Facilities and Services at the University of Toronto, the university banned the sale of bottled water in 2011, as bottled

water production is not sustainable and the containers cannot be reused, ending up in landfills as many of them are not recyclable.

According to the list compiled by "Ban the Bottle," 17 universities and colleges in Canada banned the sale of a single-use water bottle on their campuses.

Malik said a college-wide ban on plastic water bottles might seem far away, but the implementation starts very soon. Humber College will phase out the sale of single-use bottled water by the end of 2022.

"We will be taking steps towards the full integration, so we won't just start it in 2022, but we want to take one step at a time, we are planning to restrict one certain product at the certain location

IGNITE art show takes inspiration from popular music festival

Sebastian Mahecha

ARTS REPORTER

Coachella's vibes came to Humber College in its own form called ARTchella, a student-art show put on by Lakeshore campus public relations students last Wednesday.

The annual festival showcases the talent of Humber art students, and this year's theme was inspired by the California music and arts festival, Coachella. The displayed talent included not only art program students, but also students from fitness, food and nutrition and building technology.

The showcase was divided into various categories including photography, painting and mixed media. The juries were representative teams from the League of Innovation, an international non-profit that cultivates innovation in community colleges.

Veronica Sidgurdon, a public relations post-graduate student, was in charge of planning and organizing the festival.

"It was great, we put it together, we had a great team of people collaborating to create the showcase," Sidgurdon said.

"It's really nice to showcase all the talented artists we have at Humber, not only in the arts program but in the whole student body," she said.

Food and non-alcoholic drinks were served and live music played before winners were announced.

Annette Borger-Snel, a professor and program coordinator for Humber's Public Relations course, said she's amazed by how well the showcase went.

"Well, I'm proud of my students for hosting this event, and (they) put in a lot of work, but I'm also very proud of the artists for putting themselves in the public forum, to have their work on display and it takes bravery," Borger-Snel said.

Shannon Pittman, a visual arts student, was the winner in the painting and drawing category. She said it was the first time she participated in this kind of event.

"It's the first time ever submitted anything," Pittman said. "I made this for one a school project, and I thought in submitting for Artchella.

"Through this painting, I wanted to represent my Irish heritage," she said. "It's probably the best thing I ever done."

Hydrah Rodriguez-Vizzaccaro, a creative photography student, won the second place in the colour or monochromatic competition for a photo of a bridge spanning snow-covered water.

"I'd never been in art competition before, so I'm very excited I won the second place," Rodriguez-Vizzaccaro said.



SEBASTIAN MAHECHA

Shannon Pittman took the top prize in the painting and drawing category for her Irish-inspired painting.

"It was a really cold day, it was really difficult to get this photo because there was snow all the way to the legs," she said. "The lake was frozen, empty and there was no one around. So, it was like capturing loneliness in essence." Mikayla Labadie, a creative photography student, was awarded third place, but her work — a self-

portrait influenced by the wildness of nature, African cultures and herself — was selected by the jurors to appear in an international competition. "I was very interested in different cultures, in different people that I like," Labadie said.

"The portrait supposed to be a person who lives in the woods, like a warrior in the forest with a lot of

African influences," she said.

Borger-Snel described the photography at the show as "out of this world."

"The art of photography is out of this world," she said. "And is really quite exciting knowing that we knew this artist here, and who knows where they will go with the success in the future?"

Annual Lakeshorts festival reels in films from across the globe

Bobby Mihalik

NEWS REPORTER

For the eighth consecutive year, the Lakeshorts International Short Film Festival is coming back to Etobicoke.

The film festival, known more commonly as Lakeshorts, will be held at the Assembly Hall next to Humber College's Lakeshore Campus from April 20 to 21.

The festival is organized by Canadian actress Michelle Nolden, alongside her husband, producer Chris Szarka. Lakeshorts held its first festival in 2011, and has returned every following spring.

Nolden says the idea of the festival first began while they were working with Lakeshorts Arts, an Etobicoke community organization.

"They had a program on called 'My Neighbour is an Artist.' I was sitting on the programming committee during that time," she said. "I thought 'we should do a night of short films!' That would be really fun."

Nolden says the success of this first night inspired them to make it into something more.

"It was a very small night, the first night, and it was a big success," she said. "People sort of liked it, and then we went 'Let's turn it

into a film festival.'"

From those humble beginnings, Lakeshorts has grown into an internationally recognized film festival. Alongside Canadian short films, this year Lakeshorts will be showcasing films from Australia, France, Iceland, and more.

"We're well over one hundred films that we've brought to south Etobicoke over the time the festival's been running," Nolden said.

Local Connections

Lakeshorts has two nights dedicated to showcasing films. The first night features the "Loved and Local" screening, centered on films made by Canadian directors.

One of these short films is Andre the Anti-Giant, directed by Kim Saltarski, centered around the life of comedian and disability advocate Andre H. Arruda, a graduate of Humber College's comedy program.

Other films being screened at the festival include Apart from Everything, starring Emmy-winner Tatiana Maslany, and Game, directed by Toronto resident Joy Webster and produced by Ryerson University graduate Lucas Ford.

"We'll be playing in Etobicoke at [Lakeshorts]... we'll be on the big screen there too," Ford said of his short film.



BOBBY MIHALIK

Humber Lakeshore's Assembly Hall played host to the Lakeshorts International Short Film Festival.

The festival is hosted by film critic Richard Crouse, who has been with Lakeshorts since its first year.

"I think, particularly at the beginning, he brought a real legitimacy to the festival, as a place where the shows were really good," Nolden said. "You knew that you were going to see some top-notch films."

Though the festival has earned its share of international recog-

niton, Nolden is proud of its local connections, both in the films screened and beyond.

"There's food, and drink, and entertainment, and everything's from south Etobicoke," she said. "It makes south Etobicoke a real destination point, and while its celebrating film, its also highlighting all the different businesses and partners and supporters and community neighbours involved in making it a success."

Nolden believes the success of the festival is due to the merit of short films.

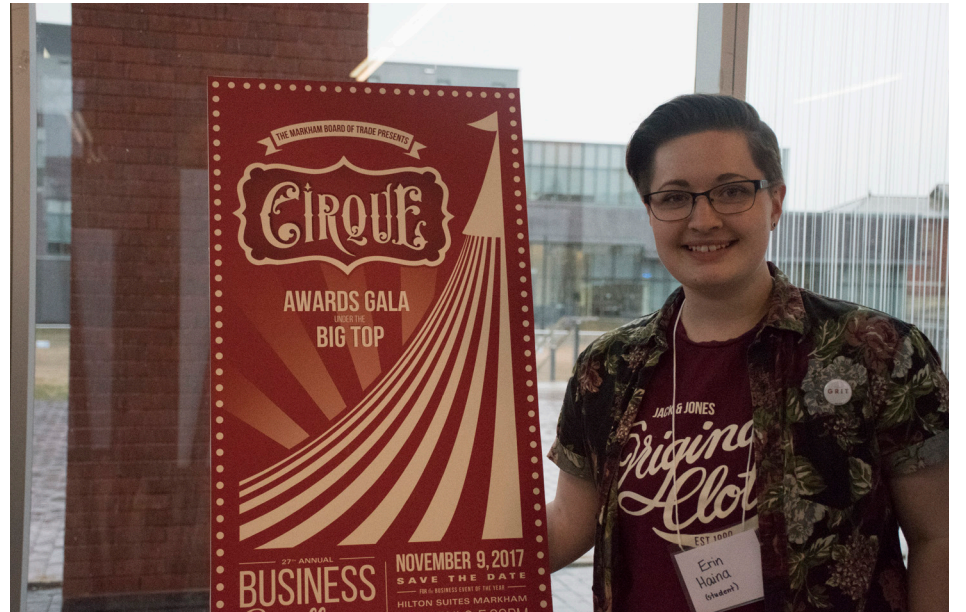
"It's a really great date night out," she said. "If you go to see a full-length feature, and you don't like it, you're never going to get that two hours back."

"You go see a night of short films, there's going to be one you don't like, but there's going to be one you really do love... It's something for everyone," Nolden said.



AMY CHEN

Music Industry Arts and Performance student Andres Galindo welcomes guests.



AMY CHEN

Graphic design student Erin Haina stands beside her circus-inspired poster design.

Media showcase attracts industry pros with GRIT

Amy Chen
ARTS REPORTER

Parents, professors and industry recruiters walked the red carpet and into a building filled with live music and stunning displays of creativity by Humber's Media Studies students.

The GRIT Showcase represented the school's Creative Marketing, Advertising and Digital Design programs on April 13 at the Centre for Entrepreneurship.

Erin Haina, one of the students who had her gala poster on display, bucked the assignment theme of either a circus or a carnival, and throughout the process of seeing the designs of her peers. Haina decided to go on a different route.

"All the designs were very different on their own, but I did notice sort of some similarities and some trends happening, so I tried to go to a very different direction with a really neutral colour palette and a typography-focused design," Haina said. "And I was proud of how mine turned out, because it was different from the other designs."

For Haina, the opportunities at Humber not only helped her conquer the fear of presenting, but gave her the chance to showcase her work in a professional environment with real, live clients as well.

Laura Bobadilla, a Creative Marketing student, agreed.

"Humber has helped in the sense that they really try to make it as real as possible and as close to the real thing as possible," Bobadilla said. "Instead of making it all fake, they actually get real clients for us to present to."

Bobadilla was at the showcase to support her classmates and get inspiration from the variety of art pieces. She worked with her group on a campaign for Winners, and like the event itself, it involved a red carpet.

"Our idea was more like a red-carpet event," Bobadilla said. "If they bought a certain amount

of clothing at Winners, they can be entered in a contest to win a red-carpet event and win free Winners clothing, and then have a photoshoot."

Their target market were millennials, and group member Kevin Andrews recalled the creative process behind the idea.

"We wanted to do something that has not already been done for a clothing brand," Andrews said. "So, we made it kind of fun for our target."

Another client Humber students worked closely with was the National Advertising Benevolent Society.

Jay Bertram, the executive director of NABS, attended the showcase as the keynote speaker and conversed with students who will be the new industry leaders.

"It gives me hope and encouragement and it's very

exciting to see the future generation," Bertram said.

He wanted to show the students what his charity had to offer in the early stages of and throughout their careers. The offered services are confidential, professional and free. To run it successfully, NABS relies on donations from clients and agencies.

"Our purpose is to support the health and wellbeing and development of all those individuals in the media and marketing industry," Bertram said.

"We're so good at confidentially, we're known as the industry's best kept secret, and I'm trying to change that," he said.

Students Carly Livingston and Luke Walmsely made posters showcasing workplace discrimination based on an individual's criminal record, which highlighted the need for

organizations similar to NABS in terms of career development.

"We wanted to inspire the idea that everyone has been caught in some shape or form," Livingston said. "We wanted to bring in the humanization of that and really tap into empathy, and also tap into something that you can argue about, like how everybody's a taxpayer."

"We wanted to totally get rid of the stigma by like almost provoking the stigma," Walmsely said. "We flip it on its head, because ex-convicts still pay taxes. We show the benefits of these people being reintroduced to society."

At another corner of the floor showcase was Maria Arteaga, who could not be prouder of her son, Andres Galindo, and his friend's musical performance.

Along with Roa HyunYoung Lee, who was playing the Gayageum, a traditional Korean

string instrument, Galindo played the guitar, welcoming visitors.

"We're from Colombia and we belong to a family with many musicians around us," Arteaga said. "When (Andres) was a little boy, I just thought it was just part of his likes. But when, you know, when you have that music inside your soul and then you grow up and do what he's doing now, it makes me feel really happy."

Arteaga was so impressed by the grit and dedication Humber students displayed, she wants her son, who is currently in a music industry arts and performance program, to become a Humber student in the near future.

"I would like for sure for him to study here when he graduates," she said. "I know the quality of Humber's music program is great. I'm always wanting something new and better for him."



AMY CHEN

Carly Livingston and Luke Walmsely, both creative advertising students, strike a pose beside their posters on workplace discrimination.

New online comedy program will bring laughter to students

Harmanjeet Singh Gurm

NEWS REPORTER

Humber College will bring smiles and laughter with a new humor writing program this fall.

The School of Creative and Performing Arts is set to introduce a new online writing course, which will help students to sharpen their comedy writing.

"Humour writing is a graduate certificate program in which students will be provided with the opportunity to develop comedic writing skills under the supervision of mentors," said Andrew Clark, the program director of the Comedy Writing and Performance course.

Clark said Humber is a leader in providing opportunities to students to succeed in comedy writing. The school also offers a two-year diploma in comedy writing and performance.

"We have a strong tradition of comedy writing and it is kind

of capitalizing on it, we thought doing a graduate certificate will be a great step ahead," he said.

Clark said students will work individually with a mentor to develop their writing in particular area of interest and there will be weekly tutorials, where they will have lessons on different aspects of writing and editing.

"We are still in the process of hiring faculty but it will range from local to international writers along with famous names such as Mike Sacks, who is a well-known writer, humourist and works for the editorial staff of Vanity Fair magazine," he said.

"The program will provide a large variety of courses which will teach about self-editing, comedic formats, how to pitch for comedy, storytelling and many more important aspects of comedy writing, and will help students to develop the skills and the confidence they need in a real-life

market," he said.

Andrew Scott, the Associate Dean of the School of Creative and Performing Arts, said they wanted to have a program which could be accessible to people all around the world.

"We often notice that most of the students in online programs are already on jobs or are working professionals, who pursue these courses for an investment to their professional development," he said.

"Our focus was to find and form a community of people in an online environment, where they can maintain their day jobs along with the studies, and for that, they don't need to be in Toronto or Canada, they can be from anywhere in the world," Scott said.

Scott said whole program will be geared toward helping the students to create a portfolio of work, which will make them ready for professional industry and market that is heading in an online direction.



COURTESY ANDREW CLARK

Andrew Clark, the director of Humber College's Comedy Writing and Performance program, is excited for the new online comedy program.

REVIEW

The Weeknd serves up nostalgia and heartbreak on My Dear Melancholy

Clement Goh

NEWS REPORTER

The "old" Weeknd came back with a new album last month that delivered long-time fans a familiar surprise in a six-track extended play offering with My Dear Melancholy.

Since his trilogy of mixtapes released in 2011, the Can't Feel My Face, Earned It and Starboy singer made his way into different rhythms from a slow synth and moved towards mainstream pop, across three full-length studio albums.

The 2018 outing is a far cry from the Grammy Award-winning Starboy released two years ago.

In between the gap, The Weeknd continued to stay on the air waves with his previous relationship with Selena Gomez, and a steady flow of singles including an appearance on Kendrick Lamar's Black Panther: The Album soundtrack.

Despite the EP's nearly 22-minute runtime, it gets straight to the point of living up to its title.

The opening track, Call Out My Name, immediately sets the mood in its piano trills, giving listeners mere moments to react before a collected voice lifts sadness into a chorus that takes his sound back into a slow ballad. Sharply tuned fans could catch a callback to his time with Gomez along the way.

Try Me begins with a whirlwind of electronic chimes echoing Kiss Land, bringing it down to a steady, sharper sound as the Weeknd, the stage name for Abel Makkonen

Tesfaye, lets out high tenors, re-

strained by the silent pains of staying in touch.

Wasted Times weaves from a flat start, into a (marginally) deep funk picked up from Starboy, with its rhythm blended into a consistent heavy bass. Here, his dialogue is about missing personal desires; held on the loose ends of severed relationships.

Guest collaborator and French electronic artist Gesaffelstein makes his presence known immediately in I Was Never There. An intro of digital cries is backed by the song's heavy thumping to make a joint statement for the first half (taking a nod from the song Real Life). The track slows into a marbling of soft notes, making way for The Weeknd's uncertainty about a person's limits on heartbreak.

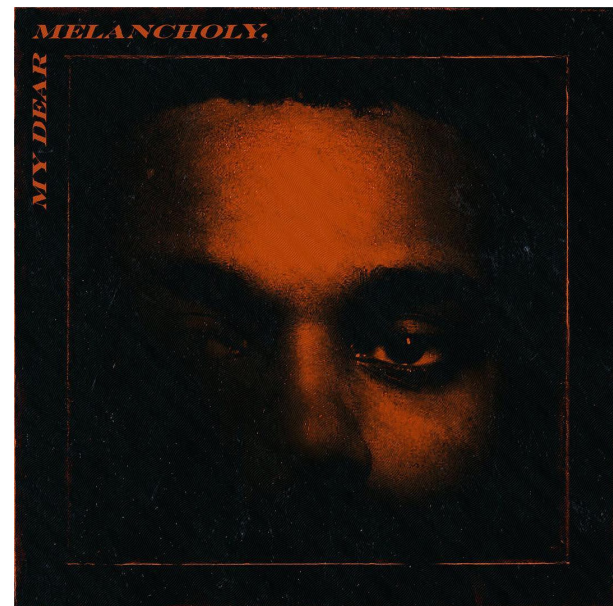
Hurt You continues The Weeknd's budding relationship with

Daft Punk, with Guy-Manuel de Homem-Christo producing this track. A series of muffled drum beats are reminiscent to the ones heard in I Feel It Coming, and techno pop artist Gesaffelstein's cries mean he's also back for this electronic symphony. A beefier rhythm tones the music down for Weeknd's falsetto, masterfully high since its major success in Wanderlust.

Privilege ends the impact of Weeknd's EP on a subtle note, leaving listeners and fans quietly in a torrent of goodbyes towards his recent breakup.

It's the shortest track that works as an interlude for the opening of his next album, possibly bridging a return to form.

If fans are satisfied with the taste of an old flavour, The Weeknd's next serving could be coming with nostalgia that's dreadfully delightful.



COURTESY SPOTIFY



Film and production students take over Hot Docs Cinema

Lindsay Charlton

NEWS REPORTER

The crowded theatre came alive with excited whispers and laughter and the faint smell of popcorn wafting through the air.

Students from Humber's film and production program invited their friends and family to Hot Docs Cinema for their graduate film screening on Thursday night.

The night showcased short films and commercials, celebrating the work of the 2018 graduating class. The students started to put these productions together in September, working as a crew to get the films and commercials complete.

"Everyone actually has a hand in making every single film," said film and production student Sally Song. "Each laughter and each clap I feel like made it all okay for all the sleepless nights and all the stress and yelling that we've done."

The films ranged from comedy to drama and even a foreign language film, and some with aspects of Claymation and puppetry. All of the shorts and commercials allowed students the opportunity to work on location and with ACTRA actors, giving the students the full filmmaking experience.

"Seeing that come to life after all of the struggle like the strike and everything, all the struggles it went through to see it finally like on screen, done, and something that we're actually proud of, that was a big moment," said film and production student Maddie Newall.

Peppered between each of the films and commercials was a comedy interlude. The skit involved a student who was an usher during the event, missing the screening of his film despite all of his hard work.

The interludes reminded the audience the festival is more than a showcase for those completing the program. It is their final project after having worked together for three years. It is an emotional time as they will be moving in different directions following graduation.

The graduating class really came through. The audience responded with howls of laughter and vigorous cheers and applause.

"We worked on these all year so it was a pride thing to watch them all. That was all our hard work and everything, so we felt proud," Newall said. "All of our hard work paid off."

PHOTO BY LINDSAY CHARLTON

Aboriginal Awards Gala celebrates largest graduating class

Ornella Carillo

NEWS REPORTER

Humber civil engineering graduate Aaron Genereux offered other grads advice during Thursday night's annual Aboriginal Awards Gala.

"Never stop learning, never stop challenging yourself," he said.

The event celebrated Indigenous students' graduation with lots of music, culture, and inspiration at Humber College North campus.

Following some Indigenous songs and speeches, guest speakers and graduating students shared their stories in a panel full of reflections and motivation.

Justine Keeshig, a graduating student from the Fitness and Health Promotion program, said the event is inclusive to Indigenous students and gives them a safe haven.

"We are the minority as Indigenous students," she said. "But here we can meet people who are living same experiences. I love having a small community."

Keeshig said her background



ORNELLA CARILLO

Lorralene Whiteye and Justine Keeshig pose at the Aboriginal Resource Centre's awards gala on Thursday.

was an obstacle to make close connections with other people. She felt other students didn't really understand who she is and her culture.

"But I did make a lot of friends

and it's really nice to come here and enjoy time with friends who had the same experiences and know you from who you are," she said.

Regina Hartwick, the manager

of the Aboriginal Resource Centre, said there is a lot of preparation to the annual event, which honours the success of Indigenous students at Humber.

"We have 18 graduating students this year, the most we have ever had," Hartwick said. "We are all here just to celebrate their success."

The event also had James Wilson, a social services worker student at Humber, entertain guests in a moving tribute to Leonard Cohen, the Canadian singer and songwriter.

After the dinner, special guests offered inspiring messages for every student celebrated at the event.

Dallas Soonias, the first Indigenous volleyball player to represent Canada at the national level, shared his story with grads. He entertained and inspired everyone at the Humber Room.

"In order to be successful, you got to stick to something on the importance of perseverance as the key to success," Soonias said.

Genereux advised and encouraged students to stay away from the comfort zone, to find their passion and what gets them up in the morning.

"Never be afraid to stand up," he said.



VRUSHALI MAHAJAN

Janet DeLeon of Career Advancement Services teaches successful methods of cracking an interview.

How to tackle a stressful job interview

Vrushali Mahajan

NEWS REPORTER

First impressions are important, especially during a job interview.

A free workshop was conducted by the Career Advancement Service (CAS) at Humber College, North on Thursday. Students learnt how to effectively prepare for a job interview and get answers for those difficult interview questions.

"It is important for students to gain a good understanding of how to create first impression including the dressing sense, body language and a rapport with the interviewer(s)," career coach Juliet Mackeson said.

"Students learn how to answer the most commonly asked interview questions, difficult interview questions and behavioural questions," she said.

"I have been doing this for more than 10 years now. These workshops have not only been attended by the students but some faculty members as well," Mackeson said.

"The interview is extremely important, it is a part of the job search process. You've got the resume, the cover letter sent in and now the interviewer wants to see you," she said.

Janet DeLeon, another career coach, said it is very important for students to practice the three R's: research, rehearse and relax.

"Knowing what the company is in detail really impresses the interviewer. Rehearsing on how your experience relates to the job you're applying to and relax. Be focused and confident," she said.

"If English isn't your first language, you should create a preamble for yourself and tell

the interviewers that you might pronounce a few words in a different way.

"This makes them comfortable and they do not pay much attention to your accent," DeLeon said.

Brenden Woo, a computer engineering and technology student, said he's attended every workshop since the start of the semester and thinks it's all about demeanour.

"I mean the skills and education is all written on the resume, what they need to see is if you're a cultural fit with other people and if you can resolve conflicts with other people," Woo said.

He said that in the classrooms students all learn the hard skills but learn the soft skills at the seminars.

"So basically, I am here to polish my skills and my abilities and learn to approach the employer in a correct way," Woo said.

The next frontier of social media is accessibility

Rucha Devarchetti and Aditya Krishnan

NEWS REPORTERS

Humber's accessibility policy now includes social media.

The social media accessibility workshop organized by the Centre for Human Rights Equity and Diversity at Humber taught attendees how to make media content more accessible.

Held in the Learning Resource Commons building, the workshop mainly dealt with posts on apps like Facebook, Twitter, LinkedIn, Instagram and Twitter. They advised posting on social media pages by adding comprehensive photo captions and descriptive texts.

A photo or video caption is one of the best forms of making social media accessible, as demonstrated in the workshop. Attendees were taught how to put up posts that can be understood by people with disabilities.

A short exercise was also conducted where the participants were made to write accessible posts for apps like Facebook, Instagram and YouTube. This helped them to understand both the challenges and benefits of writing accessible social media posts.

"I was hoping this workshop would broaden people's minds to

be mindful that there are ways to make your post accessible," said Zahra Brown, an equity generalist at the Centre for Human Rights Equity and Diversity.

The importance of closed captioning in videos was also highlighted in the workshop. An unmeasurable number of people access closed captioned videos, Brown said. Whether they need it or not, they all benefit from closed captioned videos.

One of the reasons for organizing the workshop is because social media is fast becoming a tool for spreading information. Making these posts accessible ensures it reaches everyone, disabled and otherwise.

"We believe that information that you share to the public needs to be accessible," Brown said. The department plans to organize these workshops throughout the year to get more people to make their social media content accessible.

"There are a lot of accessibility features that social media sites have that I didn't know about," said David Windmann, a closed captioning technologist who attended the workshop. "It's good to keep people aware of this because there is so much changing in the accessibility landscape. Not just because of technologies but policies as well."

EDITORIAL

One-day racial bias training won't fix systemic racism

Weeks after commemorating Martin Luther King Jr. and his civil rights movement, the Starbucks' arrest of black men in Philadelphia begs the question of whether racism is still a major crisis facing the U.S.

The incident is a wake-up call about the racial profiling that exists in the country, and the Starbucks' arrest seems to be a perfect example.

According to the reports, police arrested Rashon Nelson and Donté Robinson on April 12 at a Starbucks. The men were waiting for a third man in the store because they had not made a purchase. The store manager asked them to leave and, not wasting any time, called police just minutes after they refused.

The arrest was videotaped by a customer and it reached the masses through Twitter. It shows An-

drew Yaffe, a real estate developer, telling the officers the two men were waiting for him. An officer says they were being arrested for trespassing. They were later released with no charges filed.

The incident resulted in anger and protests, and the two police officers, in question, were strongly criticized for taking two men into custody who did nothing wrong. The store manager is no longer employed there and police launched an internal investigation.

And a week later another incident alleging racial bias at a Los Angeles Starbucks where a black man accused staff of denying him access to a washroom although a white man was given the entry code.

"[Philadelphia police] have once again demonstrated their inherent white supremacy and in-

ability to serve the black community," said the Facebook page, 'Shut Down Starbucks!'

Protesters assembled in the store with signs, demanding the store be closed.

Starbucks CEO Kevin Johnson apologized to the public for the "reprehensible act."

"While this is not limited to Starbucks, we are committed to being part of the solution," he said in a statement.

The company mobilized to save its reputation and is planning to close all of its 8,000 stores in the U.S. on May 29 to train their staff about racial biasing.

"Closing our stores for racial bias training is just one step in a journey that requires dedication from every level of our company and partnerships in our local com-

munities," Johnson said.

These efforts from the company are appreciable and may seem designed to prevent such behaviour from the employees in the future.

But will these efforts help to change the general treatment towards Black people in the long run? Does it guarantee that such incidents would not take place in the future not just in Starbucks, but anywhere? What is the administration of President Donald Trump, who promised to "make America great again," doing to prevent such incidents?

Another concerning part is that when implicit bias workshops are offered – which rely heavily on our own social psychology to understand and our own biases to overcome – they may do little more than mask the behaviour of

explicit and tangible biased attitudes. The forms of our own racial attitudes and biases don't go away just like that.

We can see that in the video of the man being refused to use the restroom just days after Philadelphia.

In the video posted by writer and activist Shaun King on Twitter, Starbucks employees seem to allow the white man to use the Los Angeles area store's restroom without having bought anything from the store.

It is so evident these are few among the many incidents which are brought into everyone's attention.

It is high time the government and the law enforcement stop being blind to such incidents. Racism is not something that needs to be addressed only at times when such incidents come to light.

OPINION

Being famous doesn't mean you're always right



Steven MacInnis
EDITOR

ing an elitist sense of entitlement, making them somehow believe that they truly do know better than the rest of us.

And, boy, do they consistently remind us of this.

Tune into any awards show, social media account or late-night talk show and you will be subjected to celebrities constantly using their "platform" to lecture society on the do's and don'ts, the rights from wrongs, and the injustices and justices of the world.

And if there's anything I love more, it's being lectured about how to live my life by the standards set by celebrity millionaires.

How have we possibly managed to survive in life without the teachings of Hollywood up until this point? Thank you Gwyneth Paltrow for telling me how to lead a healthier and more fulfilling life and to you Jenny McCarthy for knowing more about vaccinations than medical professionals.

Achieving some form of celebrity-like status doesn't automatically grant total moral authority on social or political issues. Yet for some reason, our culture treats the rich and famous as incontrovertible savants whose wise and virtuous thoughts are the guiding light for us poor senseless common folk.

When the media takes the ramblings of a celebrity and presents it as the gospel truth, it sets a rather ridiculous notion that fame and fortune is of equal measure to respected intellect. You might be able to act your way out of a paper bag but that doesn't necessarily mean your opinion on foreign affairs is superior to mine.

And sure, I get it, celebrities are people too, they pay taxes. They possess their own thoughts and beliefs and I completely support

everyone freely expressing themselves accordingly. I'm not saying actors, musicians or athletes are incapable of saying anything thoughtful or intelligent nor am I denying the commendable philanthropic endeavours many celebrities have done and continue to do so.

The problem is the celebrity-obsessed culture we live in, where if you've reached a level of fame your words hold greater weight and value compared to those who haven't.

And while celebrities continue to lecture us, they've established a "rules for thee, not for me" sense of being, where they can live whatever life they want but the rest of us in society somehow need to do better.

Take the environment for instance. I care very deeply about environmental issues and I believe that a lot of celebrities do as well. I don't however care to be lectured about my carbon footprint by the very same people that fly in private jets, party on yachts and have personal chauffeurs.

I'm not trying to tell celebrities that they shouldn't indulge in some of the more lavish things in life, because honestly, partying on a yacht or flying in a private plane does sound like a rather good time.

But perhaps they could just stop holding the torch of moral absolutism while acting as if the same rules don't apply to them as they do for us.

At the end of the day celebrities are just people who are no grander or enlightened than anyone else. They only have as much power and influence as we give them and unfortunately, we give them plenty. We can't blame anyone but ourselves, we can only stop listening to what they have to say.

But then again, why should you listen to me?

Pipeline fight ignores role of First Nations in decision making



Catherine Koshy
EDITOR

More than 20,000 people signed the Coast Protectors pledge to stop the pipeline. Thousands rallied on March 10 at the company gates on Burnaby Mountain.

Alberta's NDP reacted with Bill 12, which looks like an act of revenge against B.C. The bill would result in limited oil exports and could also result in higher prices.

British Columbia's NDP-Green coalition government promised to counterattack the bill by seeking an injunction.

The whole situation seems unfair to First Nations. They definitely should have a say in the decision-making process.

According to a report by Tsleil Waututh Nation Sacred Trust Initiative, which analyzes Kinder Morgan's past records, "an oil spill is likely to happen at least once in four years and the proposed pipeline will make pipeline will make oil spills more likely."

"If the proposed pipeline is implemented, the likelihood of a spill in the Burrard Inlet over 50 years lies at 79 to 87 per cent for any size spill," the Trans Mountain Assessment Report said.

The federal government should offer more than lip service to Indigenous concerns.

Trudeau promises reconciliation but will his decision on the pipeline project break his word?

It looks like the company has taken a moment to acknowledge strong opposition from the indigenous community, leaving the standoff in Trudeau's hands.

Canada has a history of ignorance towards First Nations, and this crisis is in reality an opportunity for the prime minister to be on the right side of history, to make a change that leads to reconciliation.

Celebrities, they're just like us. Okay, maybe they possess wealth that most people will never see in their entire lifetime. And yes, they might live in luxurious mansions that probably have far too many bathrooms and unnecessary amenities. Perhaps people recognize them wherever they go and it's even possible that they're treated like the second coming of Jesus just for walking down the street.

They're paid millions of dollars to do something that they love, sometimes for having talent, other times for having no talent at all and our culture seems to adore and praise them for it.

But seriously, they're just like us. They're people no different than you or me other than the simple fact that they're famous.

Yet through our love and the idolization of people we will most likely never meet, we have ultimately gifted celebrities with power and influence in society, despite how unrelatable and arguably out of touch most of them are.

The enormously high pedestal that we've placed them on has inevitably resulted in celebrities hav-

Prime Minister Justin Trudeau and his Liberal federal government seem to be wrong in their take on the Trans Mountain pipeline expansion project.

It has become a playground for cluttered interests and political existence.

For Trudeau and Alberta premier Rachel Notley, the decision is crucial for their political future while for the First Nations, it is a matter of their survival.

Trans Mountain pipeline owned by Texas-based company Kinder Morgan has carried crude and refined oil from Alberta to the west coast of British Columbia since 1953. The company proposed in 2013 to construct a second pipeline between Edmonton and Burnaby, B.C., parallel to an existing one to carry diluted bitumen.

Even after strong opposition from B.C., the federal government approved the project in late 2016 and argued the project would result in employment opportunities.

This sparked Indigenous protests. They disputed the project would endanger environmental rights and traditional lands.

QUOTED

WHAT DO YOU THINK OF THE LEGALIZATION OF MARIJUANA IN ONTARIO?

“I think it’s good but I think they should integrate it into the economy better than they probably are. It can boost Canada’s economy.”



Gabe Spiece-Collings
CREATIVE PHOTOGRAPHY
1ST YEAR

“I think it poses less of a problem. Now that it is going to be legalized, you can reduce the amount of illegal drug trafficking.”



Sharon Siuma
GENERAL ARTS AND SCIENCE
1ST YEAR

“It’ll do a lot for the community. It has proven medical benefits. There is no stigma behind. It’s something you can buy from the store.”



Steven Dickins
CREATIVE PHOTOGRAPHY
1ST YEAR

PHOTO OF THE WEEK ICE ICE BABY

Just when it felt like spring had arrived, an ice storm swept through GTA and brought everything to a standstill. It looked really beautiful, but it made life difficult with power cuts, accidents and flight cancellations.

- ADITYA KRISHNAN



SEND YOUR BEST PHOTOS TO ETC.HUMBER@GMAIL.COM OR TWEET US AT @HUMBERETC FOR A CHANCE TO BE PUBLISHED IN NEXT WEEK’S ISSUE!

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Hawks in no rush to find replacement men's basketball coach

Scott Savard
SPORTS REPORTER

Humber Hawks are not panicking about finding a replacement for men's basketball former head coach Patrick Au.

Despite the short amount of time to find a new head coach for the men's basketball team — as the season and tournament play is expected to begin in September — no panic has set in. It will be a calm and methodical process finding the person who is the right fit.

"There is no reason to rush into this, you want the right person who's going to want to stay with your program, build on the program, and be a part of the Hawk family," said Jim Bialek, manager of Athletics and Sports Information for Humber.

"You want to do the same process as hiring a CEO for a company, anything that you would do to hire a leader for a corporation will be done here," he said.

Au announced last week he was stepping down from the post for personal reasons. He first took on the head coach job as an interim bench boss in June 2016.

Prior to that he was an assistant coach who helped lead the team to five provincial medals and a National championship in 2014-15 after a 14-year dry spell. Last season he brought home the silver in Provincials and qualified for Nationals.

Au posted a 37-13 record during his tenure as head coach.

Bialek said the department is doing its best to find the perfect replacement.

"With regards in hiring a new basketball coach a couple things come to mind. This is a very high profile position, with a long history of success in the program," Bialek said.

"Sometimes at Humber we have been very lucky to hire within. I think it's going to be a valued job," he said. "We are going to have some incredible candidates."

Bialek said he expects candidates from all over to apply for the highly valued post of coaching Humber's men's basketball team.

"People are going to be interested from across the board, whether their high school coaches, club coaches, high level prep coaches, former coaches, university coaches or college coaches, we are going to stop and take a look," Bialek said.

Although Humber will look at people with all sorts of backgrounds, coaches at currently heading teams at institutions will not get the same opportunity with the Hawks, Bialek said.

But where Humber won't be accepting applications are from current coaches from other post-secondary institutions.

"Anytime you mention other coaches from other schools that

could be viewed as code of ethics or tampering. I refuse to open the door for coaches from other schools because that would really be in poor taste," he said.

"As far as other coaches from current institutions, that's a code of ethics that we can't even entertain to mention that," he said.

Naming a coach before the summer would be ideal if only because of the work involved in building an OCAA team each year.

"It's important to have a person in place for all the obvious reasons, to be a part of recruitment, to have access to current players, to come up with a plan for the summer, a plan for the fall, get acclimated with Humber way how we do here," Bialek said.

Players who want to join the team next season shouldn't panic or look at other options with Humber's coaching history and success, he said.

"Humber being Humber, with its history, players looking to come or consider Humber will be comfortable in waiting to see that they get the right person who will embrace them and help them to become better players, graduating students, and citizens," Bialek said.

The new coach will benefit as well with a strong core group of guys already set to play next season.

"Once that person comes into play they will be given all the re-



OCAA

Former coach Patrick Au planning team strategy at the OCAA men's basketball championship in Niagara. Hawks won silver.

sources to get off to a really strong and quick start," Bialek said. "We know we have a core group of guys returning, we know we have a really strong support system in place."

The Hawks are not looking for a person to step in for a year. It's someone who has to be thinking

long term.

"The Athletic department at Humber is doing their due diligence to identify the best person for the job over the next 10 years. The athletics identify it as an incredible opportunity, a real valued and prized position," Bialek said.

Student stitches together plan to become next leader in footwear

Mickal Aranha
NEWS REPORTER

Evan Stichhaller, a third-year industrial design student at Humber College, is single-mindedly going after his goal of becoming a footwear designer. So far, he's among the leaders of the pack.

He is among the Top 32 in the voting round of the Pensole World Sneaker Championship. The global sneaker tournament — structured similarly to the NCAA March Madness brackets — was established in 2014 to support emerging designers.

The candidates will be whittled down to 16 today.

If Stichhaller wins the final round, he will have a limited supply of his shoe manufactured and sold at select Footlocker locations along with a cash prize of \$20,018.

The sneaker he designed for the competition is imaginative, focused, and emotional in the use of its elements. His aesthetic is sophisticated, influenced by designers like Yohi Yamamoto and Salehe Bembur.

"In order to create something timeless, I wanted to create a silhouette that could have been seen on somebody's feet 30 years ago but could also be seen on somebody's feet 30 years from now," Stichhaller said.

The design calls to mind Cana-

dian landscapes. The shoe is a low-top hiker mixed with the construction of a desert boot. The outsole gets its inspiration from a pinecone and its overlapping structures.

Stichhaller spoke to Humber Et Cetera from Portland, Ore., where he is attending the 12-week Pensole design intensive program at Pacific Northwest College of Art. The program exposes students to apparel and footwear design for a specific brand contact and then guides them in creating product concepts that have the potential to go to market.

"Besides the competition I have been entirely focused on the work for my brand during the intensive," he said.

Stichhaller plans to return to Humber to complete the final year of his degree during the next winter semester while continuing to specialize as a footwear designer.

"Short-term, I hope to work at an industry internship this summer. Long-term I'd like to work for an independent footwear brand and then maybe start my own," he said.

Stichhaller offers a simple, and practical, piece of advice for students interested in following in his footsteps.

"Sleep as much as you can," he said. "Because as soon as you're in the thick of things that sleep time starts to disappear."



MICKAL ARANHA

Concept art for the prototype of third-year industrial design student Evan Stichhaller's Pensole sneaker.

HUMBER

Et

Cetera

SPORTS

HUMBER'S STUDENT NEWSPAPER

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SEARCH FOR COACH LIFTS OFF

MEN'S BASKETBALL COACH PATRICK AU
RESIGNED AFTER SUCCESSFUL CAREER

P 10