

HUMBER ET CETERA

Equine Clinic demolished



THEO RALLIS

The demolition of the Humber Equine Clinic began this week to make way for the new parking facility. The new lot will hold 156 cars and should be completed by the middle of December. Almost half of the students currently parking at the Woodbine lot will have on-campus parking in the new lot. The total cost of the new lot, and other parking upgrades, will be about \$95,000.

Former Radio students top three in Telefest '95

by Maredyth Shevchenko

Former Humber Radio Broadcasting students took first, second and third place in the TV Ontario Telefest '95 Student Production Competition.

Fool's Gold, Crashin' In and No Fixed Address won in both the Long Non-Documentary and Long Documentary competitions.

The competition, which opened to radio students three years ago, is open to all post secondary institutions. Humber students submitted eight entries in April of this year.

"This gives them experience in writing, production and announcing," said Joe Andrews, program coordinator for the Radio Broadcasting program.

"I was surprised, I didn't think we would place as high as we did when we put them in. I guess the overall feeling was surprising," said Gavin Mifflin, one of the creators of Fool's Gold.

Fool's Gold, which won first place in the Long Non-Documentary competition, was made by Mifflin and Marty McKinney.

"I think the best way to describe it would be, it's about interfamily struggle," said Mifflin.

Fool's Gold is about an overweight wife who over years of marriage has let herself go. She was once the stereotypically beautiful woman and her husband wants that woman back. He stops at nothing to try and get her back to her old self. He hears about a professor who is experimenting with a new drug for weight loss, and ends up getting the medicine for his wife. It turns out that the medicine not all it's cracked up to be and there are serious side effects.

Crashin' In was created by David Worthington and Tanya Zaritzky and won second place in the Long Non-Documentary competition.

No Fixed Address won third place in the Long Documentary competition. Its creators, Dan DeBianco and David Worthington, actually went out on the streets to research the documentary, about the experience of the homeless in Toronto.

Awards for the competition will be handed out to these, and other students from Ontario Colleges on October 18 at the Phoenix night club on Sherbourne street in Toronto.

Jobs may be axed

by Mascia Gori

Faced with losing \$13 million in funding, Humber College will start the next academic year with fewer students, fewer staff and probably fewer programs warns Humber College President Robert Gordon.

Tuition may be raised "up to 20 per cent," said Gordon in an interview on Tuesday. "I think a lot of kids couldn't afford it (higher tuition). They are already stretched to the limit."

This year, 92 per cent of students applied for OSAP, but only two-thirds received loans. Raising tuition fees will only regain 20 to 25 per cent of the loss.

Gordon was speaking at the eve of an Academic Council's meeting to discuss proposed cuts in federal and provincial funding for the college.

Gordon must now find a way to balance the budget for the college, because Humber is not allowed to carry a deficit.

Vice-President of Instruction Richard Hook, said the college is preparing for budget cuts that "would be about 13 per cent from the federal government and seven per cent from the provincial government. In both cases, our information is that it will be multi-year."

A spokesperson from the office of the provincial ministry of educa-

tion said definite numbers will not be known until mid-November, because Finance Minister Ernie Eves is waiting until after the referendum to come out with an economic statement.

Today's much anticipated meeting of the Academic Council will discuss the impact of the budget and suggestions as to what action Humber can take.

An increase in student fees, layoffs, elimination and reduction in programs are just some of the solutions the college is considering.

Along with tuition increases, students will also be affected in the classroom.

The college is contemplating reducing the number of in-class hours of instruction.

"We've asked every school to reduce classroom hours to 18. We're looking that those hours be replaced by (other) activities that are equally or more relevant," said Hook.

Hook and Gordon said students will have to work more independently in the future.

Such a change for students will have a direct effect on the staff and faculty as well.

"The staffing costs are the biggest because that's where most of the money is," said Gordon.

Staff and faculty have had a

wage freeze for more than three years, but Gordon said that isn't saving enough money.

"There has to be a rollback of four or five per cent," he said. "I'm not advocating that, but it is certainly a thought."

Jobs are on the line, but Gordon could not say how many. "Undoubtedly some people will be gone and you know we'll do the best we can to protect people, but it would appear that we will start next year with fewer people." He also said job losses will be "across the board."

The college is also considering the elimination or reduction of programs as one of its cost-cutting measures.

In the past seven years, Humber has cut 22 programs.

Hook said administrators will be looking at all programs. Programs that are not beneficial to the college will be "changed, reduced or dropped," he said.

Non-academic services will also be affected. "Rather than cutting them all back, maybe we will eliminate entire services and say you will have to get it elsewhere," said Gordon.

"We're in a human business and there just (aren't) enough ways we can make up for the shortfall," said Gordon.

Low turnout for election Disappointed CRO suggests overhaul of SAC

by Angie Gilchrist

The results of elections for Students' Association Council representatives are in.

The School of Business elected three new representatives, Belinda da Silva, Maryrose Ruggi and Agnes Wojtanowska. Jorge Leitao won for the School of Architecture and Construction and Glen Harper and Wendy Bishop are the new Health Sciences representatives. Andrea Thomas and Rob Pellerine were acclaimed for the School of Hospitality, Recreation and Tourism.

Harper said he is looking forward to being assigned his portfolio and starting his duties. "I'm very happy and excited about this opportunity."

Only 150 students came out to vote in last week's election prompting Kathleen McDermott, chief returning officer to note: "it was a good turnout in the way of

candidates, but by way of voting I was a little disappointed."

McDermott said she had been warned there was a great deal of student apathy within the college.

As the CRO, she is expected to turn in a report and one of her recommendations is to revamp SAC.

"The constituency system that is currently in place should perhaps be changed to one that students run for a particular position or directorship. It's a less complicated system that is easier to understand, and all the students would be eligible to vote in each election, instead of students only being able to vote for students in their division."

McDermott said she had to turn away a candidate who wanted to run because her school, Media Studies, already had a representative.

"It's unfortunate that I had to turn someone away from a school that already had a representative,

when the School of Liberal Arts is going unrepresented."

SAC President Loreen Ramsuchit said nothing would change with a different system.

"All the popular positions would be taken up while the more controversial positions would be left open," she said. "When I say controversial I mean student issues and special needs."

Ramsuchit said she believes positions would still go unfilled.

"Student responsibilities are not the same as they were (in the past)," she said. "Students work, some have small children so they don't have the time to dedicate to student government."

Instead of representing students politically, Ramsuchit said SAC is more of a programming board because of former irresponsible student representatives and restrictions by the college.

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NEWS

EDITORS: Sean Ballantyne • Lisa Weir

675-6622 Ext. 4514

Former student wins gold medal

by **Laureen Serio**

A former Humber College student has become the first Canadian to win a gold medal and \$18,000 (U.S.) scholarship at a Kansas City vocational skills competition.

Bill Tucker, 24, a 1995 graduate of Humber's two-year Apprentice Chef program, defeated 35 U.S. contestants to win the gold medal.

"It was a great learning experience for all the competitors," said Tucker. "I felt that because of the training I received at Humber I was well prepared."

The 1995 Vocational Industrial Clubs of America, U.S.A. Championship was held last June. The competitors were given specific ingredients and instructed to create one hot and one cold dish.

Tucker's roasted poultry dish

won the gold.

"Skills alone doesn't make it," said Klaus Theyer, Tucker's professor from the School of Hospitality. "They (the competitors) have to have the proper attitude toward the profession."

To get to the VICA Championship, Tucker had to win several competitions.

The chef-to-be competed locally against other colleges, before competing at the provincial level. Then he travelled to the North American competition, the VICA Skills Championship.

The world event is held in a different country each year. Montreal will host the 1997 competition.

Theyer worked with Tucker one week before the competition and went with him to Missouri in place of instructor Michael

McFadden, who, together with Professor Frank Fermella, also worked with Tucker.

"I couldn't have done it without their help," Tucker said. "Mike even came in on his own time to help me."

"The college should be really proud of students that enter competitions," Theyer said. "Because it shows a pride in the college."

Tucker is not the only graduate to have done well at the VICA Skills U.S.A. Championship. Franco Belvedere, another graduate of the program, won the silver medal in 1994 and just recently went to France to compete in the world competition.

Some of Humber's successful culinary graduates are now executive chefs and others are in management positions, said Theyer.

"It's especially joyful for me

(to see the students working). I travel a lot and go into kitchens and it's always good to see our students," he said.

Tucker is currently working at Atlantis, a restaurant in Ontario Place.

The win at the VICA Championship qualifies Tucker to compete at an international event that is being held next year in Switzerland.

"I get to do it again. Klaus and I are going to Switzerland for the world competition," said Tucker.



COURTESY PHOTO

Bill Tucker, gold medal winner.

OSAP spared despite tuition increases

by **Allison Haines**

Cuts will not be made to the Ontario Student Assistance Program next year, allowing about 8,000 Humber students to breathe a sigh of relief.

In fact, to accommodate tuition increases, OSAP recipients may receive a slight increase in government funding.

"If tuition goes up, OSAP goes up," said Pat Scrase, manager of Financial Aid.

The number of OSAP applications received at Humber has almost doubled since 1992.

This year, 92 per cent of Humber's first-year students applied for OSAP.

With the threat of tuition increases, Scrase predicts the financial aid office will be flooded with even more student loan

applications next year.

In 1992, financial aid processed 4,508 applications.

"We have processed close to 8,000 applications this year," said Scrase. "There's a shift from people on unemployment and social assistance coming in to upgrade their skills."

Richard Jackson, manager of Policy and Communications for OSAP said, "Close to 60 per cent of full-time Ontario college and university students are in receipt of some sort of financial aid through OSAP."

Jennifer Brennan, a 19-year-old Early Childhood Development student said: "My parents don't make a lot of money, and they have a mortgage, car payments, and two other kids to support. If it weren't for OSAP I couldn't go

to school."

Unfortunately there are a lot of students in that position.

"I think OSAP is really important for students who are trying to access post secondary education," said Jackson.

OSAP is a needs-based program, but Scrase said it does not provide enough money to live off.

"Even if it covers actual tuition, books and supplies, the students' rent is something that is not recognized," she said. "I find that students are a little bit better managers right now ... With part-time work I think students are making it."

Financial Aid staff will meet with people who are having problems. They offer budgeting ideas and may help students find jobs.

Students taste near beer and non-alcoholic drinks



LAUREEN SERIO

During alcohol awareness week students in residence served mocktails and near beer and handed out Crispy Crunch bars.

by **Laureen Serio**

As part of Alcohol Awareness week and to show the negative effects of irresponsible drinking, students at residence played dead for a day.

Residence Advisors, Program Assistants, and the Social Committee placed black carnations on their residence room doors. They also pinned up posters explaining they had died from alcohol-related causes. They avoided speaking to students for the day to emphasize their deaths.

In the lobby, a large poster with tombstones was hung, listing the names and causes of death for each of the R.A.'s and P.A.'s.

At the end of the day, the Social Committee R.A.'s, and P.A.'s, passed out samples of mocktails (non-alcoholic cocktails) and near beer (non-alcoholic beer).

"I couldn't tell the difference," said Wesley Russell, a pre-music student who sampled the mocktails.

Russell said he drinks the mocktails when he is the designated driver. "I've had virgin Caesars and Pina Colada - it doesn't taste any different," he said.

Michele Beckstead, co-ordinator of Programs and Activities at residence, said she hoped the visual impact would send out a really strong message to students. "To remind them they're not invincible and to think about the alcohol consumption they're involved in."

"I think it's going great," said Sheila Dougal, P.A. of Health at residence. "We've had a lot of questions from students."

But, not all students are getting the message.

"I've heard a lot of comments that people think (the idea) sucks," said second-year Child and Youth worker, Darcie O'Neil as she poured the mocktails.

The topic of alcohol will arise again during Health Awareness week, from November 14-16.

ATTENTION DAY STUDENTS:

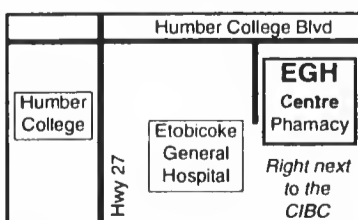
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Couple married on the run

by Lisa Weir

Many shun the thought of eating and running, but no one said anything about getting married and running.

An exchange of wedding vows last Sunday at Mel Lastman Square kicked off Toronto's first Canadian International Marathon. Just before the 42 km run, Les Dickens and Aimee Runge, a Toronto couple, tied the knot.

"It's not too often you can ask your future mother-in-law to go out and find a nice track suit for her daughter's wedding," said Dickens. "We both decided to have the ultimate running wedding and get married at the start of a marathon."

The couple sported nylon warm-up suits rather than traditional wedding attire. Runge wore a veil and her new groom carried her over the finish line at Queen's Park.

This was Runge's second marathon in two days.

On Saturday, she participated in a 50 km run in Warton. This

was Dickens' first marathon.

Peter Pimm, an exercise physiologist, said he couldn't help but think about the couple. "The bride's 50 km the day before, the groom's (42 km) in a day. As an exercise physiologist I have a little concern about the physiology of the honeymoon ... But where there's a will there's a way."

The couple are planning to travel to New York for their honeymoon, but not until New Year's Eve.

Race Director Jay Glassman said Sunday's wedding helped to make the marathon a success.

"It turned out great. All the feedback so far has been really positive," said Glassman. "We had a bagpiper, we had the Salvation Army band ... all kinds of neat entertainment to help distract the runners from the pain."

He said despite high winds and cool weather, 1,414 runners hit the streets of Toronto and were greeted by huge crowds along the way.

Glassman said the Canadian International Marathon was developed with encouragement from Toronto's running community.

The turnout for the Marathon set a record for the most participants in a first-time Canadian marathon.

"We've got runners from out west, from all across Ontario, all across the States," said Glassman. "I think in the future we'll continue to draw from other provinces and all over the world ... The response from the running community has really been quite phenomenal."

"We can handle up to 30,000 runners on the course and hopefully one day we'll have such problems as New York where we turn away runners," he said.

Between \$20,000 and \$30,000 was raised in pledges to benefit the Ontario Cancer Institute's \$37 million Capital Campaign to help fund a new cancer care and research facility. It is set to open October 17 at Toronto's Princess Margaret Hospital.

Prior to the race, the hospital had reached \$11,000 in donations.

The marathon course was designed to fit the needs of the average runner, and no elite athletes were paid to appear.

To participate in the marathon, 14 - 16 weeks of serious training was required.

This weekend's marathon was the last opportunity for Canadians to qualify for the 100th Boston marathon in April 1996.

First place male and female winners received \$4,500, a second place finisher took home \$3,000, and third place winners received \$1,500.

Next year's marathon is scheduled for October 20.

Glassman said convenors are hoping for better weather and to double the number of participants to 3,000.



Humber receives \$10,000 in deal

by Scott Cronkright

A \$10,000 cheque was presented to Humber College on Tuesday by Intelligent Microsystems, a Toronto company that sells AST computers.

Intelligent Microsystems owner and President Cal Jones made the donation as part of a contract signed with Humber last year.

For Humber's part, the college purchased 400 AST computer systems for over \$1,000,000.

"It's a big deal that a business gives a college this much money," said Pat Kelly, director of purchasing for Humber College, who oversaw Humber's end of the deal.

The offer was made by Intelligent Microsystems after a competitor for the contract made the same offer.

"You don't make an awful lot of money in a deal like this," said Jones during the cheque presentation. "This is the first day in my life that I've given away \$10,000," he said smiling.

Humber is the first school Intelligent Microsystems has sold computers to, because normally they deal with large corporations. However, AST, Intelligent Microsystems' parent company, has dealt with schools before when they struck a deal with the Durham School district to provide computers through another reseller.

"The money given to the school is to be used for whatever purpose the school deems important," said Jones.

The idea of creating scholarships from the money or purchasing more equipment has been discussed, but nothing is final, said Humber College President Robert Gordon.

"The purchase of other equipment would make the money donated available to more students, instead of just a few," said Gordon.

Budget cuts affect SAC

by Patricia Wilkinson

November's budget cuts will decide the future spending of Lakeshore's Students' Association Council.

Lakeshore's SAC President, Julie Couturier, said the proposed 20 per cent federal and provincial budget cuts, which will be previewed today at the Academic Council meeting, are threatening the college because money is already tight.

"Future Councils will have to rethink how they offer services or how they use their money," said Couturier, adding that this year's budget is already being looked at

to see where SAC can trim waste.

Couturier said because student activity fees are already collected for this year, the cuts will not come into effect until next year.

"For this year's Council, we don't have to deal with it," said Couturier.

SAC's Vice-President Mike Villeneuve said the cuts will have an effect next year, but they may benefit the Council.

"Budget cuts are going to hurt universities more than colleges," he said. "The only way it will hurt us (SAC) is if the enrolment goes down."

Villeneuve said increases in

university tuition should benefit Humber because more students will be forced to attend college, an affordable education.

He said mature students might be hit the hardest by the forthcoming cuts.

"It will affect a lot of adult students, like single parents, who are already struggling. It's going to be very difficult for them," said Villeneuve.

Both Villeneuve and Couturier agreed that education is at stake.

"In the classroom, the quality of education will suffer," said Villeneuve. "I think it's important that people start tightening

their belts."

"Anything that will reduce funding diminishes the quality of education. How well the college can deal with it will decide how it affects the students," Couturier said.

The SAC budget for this year is \$141,000. That total is based on the enrolment numbers in September.

Areas cut could include: Honorariums to staff, capital purchases such as a new water cooler, and if things get really tight, SAC would have to cut services to students, such as the games room.

Union kept in dark about cuts

by Mike Browner

Humber's Board of Governors will be announcing projected budget cuts today, but the college's faculty union has still been left in the dark.

Humber's senior advisors have been questioning members of the faculty about the possible 20 per cent cuts to the college without any involvement of the union, said Maureen Wall, Humber's faculty union president.

"It's the union's role to bargain on behalf of the faculty," she said. "There should be a process which involves the faculty union earlier."

But Dr. Robert Gordon, Humber's president, said there's nothing wrong with asking faculty members to recommend ways to cut back.

"We want to get a preliminary overview," he said. "We just want to see what some of our options are. We know we're going to have cuts.

Only a fool would not do some thinking about it."

But Gordon's gathering of information without the union's input has Wall worried about the job security of faculty members.

"I know (faculty members) want to do what's in the best interest of the college," said Wall. "Some suggestions (that faculty members made to Gordon) may have ramifications for other faculty members. They should be very, very careful about giving recommendations about curriculum cuts and program closures."

Gordon said the cuts have got to come from somewhere, and he just wanted to survey the faculty to see what they thought.

"We're just sniffing around channels," he said. "We have to figure out the magnitude (of the cuts). It should be pretty clear after our meeting (Tuesday)."

Irena Di Rito, Humber's support staff union president, would not comment on the situation.

"I don't want to say anything until the announcement has been made," she said.

Wall stressed there are certain areas of the college that should be considered untouchable by the cuts.

"The college must do everything that's possible to make sure the last thing that's cut are services that support students," she said. "Teachers, counselling, support staffs - they have to be a priority. We must discuss every other possibility before we take a penny away from the classroom."

Should teachers find themselves on the list of things needed to be cut, there is a process that must be followed.

First, the college must give notification that the person is expendable.

Eleanor O'Connor, the second vice president of the union, as well as a faculty representative on the college employment stability committee, said the union does everything possible to keep the job of anyone laid off.

"The important thing would be to examine the rationale and try and persuade the college of any other alternatives," she said. "We try to prove that there's still work there."

O'Connor said if they can prove the person laid off is still needed, but can't get the person's job back, extra compensation is a possibility.

"We have had some successes grieving layoffs," she said.

But Wall said that although she cannot see into the future, it does not look like a friendly fight between the union and the board of governors.

"There will be a fair amount of opposition," she said.

EDITORIALS

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Awareness campaign fails to educate

For Drug and Alcohol awareness week, Caps will be serving "near beer" and "mocktails." They may as well give out "mock pot" and "almost crack" as well. The result would be just as useful.

Serving non-alcoholic drinks is not an effective method of informing students about the dangers of alcohol.

The best way to promote both drug and alcohol awareness is through information and statistics. Find a couple of graphic videos and show them on the big screen in Caps; let people see the devastation of both property and lives that excessive drinking can result in; hand out flyers with recent statistics indicating young people are at greater risk than any other segment of our population.

Knowing the risks, young people can then make their own decisions.

Serving mock drinks encourages people to drink as much of the stuff as they like, because they never have to worry about it. It does not make people aware of the dangers of drinking.

If anything, all serving "near beer" and "mocktails" does is suggest if somebody wants to get drunk, they're going to have to buy a lot more of these drinks than regular alcohol, while at the same time spending a lot more money.

What about people who don't drink alcohol? The message they get is they can now fit in with the people who do drink. The stuff is more or less the same, and tastes just as bad.

Serving non-alcoholic drinks is not the answer. Maybe whoever came up with this idea should rethink it.

Students uninterested in school politics

Student apathy seems to be the norm for Humber when it comes to voting. And not just for this year's Students' Association Council by-election.

This year, only 150 students turned out to vote. Humber's legendary apathy at it's finest.

Some may think Humber Et Cetera's coverage was insufficient, but that fact alone does not explain the low turnout. Last year, even after profiles were printed in this paper, the by-election drew a whopping 57 people to the polls for the only contested divisional seat for the Business division. If anything, this just points to the fact that the lack of interest is much more prevalent than many would like to admit.

Was this an isolated incident, based on the fact that most students are not affected by the Business division? Again, most likely not.

What should also be addressed are the lack of nominations for divisional representatives for the by-election. More often than not in years past, representatives were acclaimed because there was nobody to run against.

Probably the most memorable and important vote of last year was cast to determine whether or not Nino D'Avolio should be ousted as SAC president. A mere 420 of more than 11,000 students cast ballots. D'Avolio, who later resigned, was spared the axe by a scant 27 votes.

If an issue such as the D'Avolio case, with all the trappings of political scandal, cannot ignite a student body, nothing will.

So, before anyone at Humber complains about the student government, they should take a closer look at how involved they are in the entire electoral process.

It only takes a few seconds to mark an 'X' on a piece of paper and drop it into a box, thereby showing some interest in campus affairs. If students aren't willing to do something this simple, then maybe the message is there shouldn't be a student government at all.

Losing the student government is not an impossibility. History has shown many examples of populations taking their rights and freedoms for granted. History also has many examples of the hue and cry that erupts when populations learn how difficult it is to get those rights and freedoms back.



LETTERS TO THE EDITOR

Division chair responds to last week's letter

Dear Editor

I was surprised to read Troy Cheeman's letter ("Student upset by teacher's comments") in last week's edition of the paper.

If Mr. Cheeman had directed his concerns to me as well, I would immediately have commenced an investigation into this matter.

It is unfortunate that to date neither Mr. Cheeman nor the student toward whom the verbal abuse was directed has come to my office or contacted me to make a complaint against the professor.

All college course outlines list the names of the chair and coordinator of the school or department to whom students should direct any enquiries or concerns regarding course curriculum or delivery of that curriculum.

I share Mr. Cheeman's shock and concern about the incident and am pleased he took the time to express his feelings in a letter. I invite him, the student directly

involved, or anyone else who witnessed the incident to come forward.

Sincerely,

Joe Aversa, Chair
 Communications Department
 Liberal Arts and Sciences Division

Et Cetera welcomes letters to the editor. Letters must include names, phone numbers, signatures and positions or programs of writers. Letters of a sexist, racist or libelous nature will not be published. Bring letters to the newsroom in room L231, or deposit them in one of our drop boxes in several locations around campus.

Students must take responsibility for sorry condition of washrooms



In my opinion...
 by Lisa Weir

You know there's a problem when you wonder if your hands were cleaner before using a Humber washroom than afterwards.

Our school bathrooms have become a battleground for the lazy, the ignorant and the "I'm in a

hurry. I won't be coming back here again today. I have an important class to go to" population.

It is rather unrealistic to say the smell, often unpleasant, within Humber's washrooms is emitted into our hallways. But behind these doors lies a strange world; unflushed toilets, grimy, plugged sinks and wet toilet seats. Puddle infested floors and trails of damp toilet paper carpet the tiling.

It is a place we visit each day, and in the comfort of our own homes with a paper, magazine or good book. With or without read-

ing material, we are always concerned about the cleanliness of the washrooms we use. When these washrooms are public, and hundreds of people tramp through them daily, we should be even more concerned.

Reading graffiti laden stalls is often not enough to distract a user from the chaotic state of Humber bathrooms.

Believe it or not, there is a solution to the can crisis. The solution is as simple as this: treat the washrooms here as you treat the ones in your homes. Pick up the piece of

toilet paper you dropped on the floor; flush the toilet when you leave; and for God's sake, if you've pissed on it, wipe the damned seat!

We object to being treated like children, but our behavior suggests we deserve nothing more. We expect someone else to clean up the mess we leave behind.

Well, wake up to the real world. We have to take action to improve our situation. With budget cuts to every department in this school a certainty, we cannot assume the maintenance department won't be

affected. If anything, we can count on less, not more, assistance from already overworked support staffers.

At some point, we have to accept responsibility for the mess we're in because we're the ones making it.

If the cans at Humber continue to take a beating as they do now, I have one thing to say: go to the washroom before you leave wherever it is you're coming from.

Lisa Weir is one of Humber Et Cetera's news editors.

HEAD TO HEAD

Should Humber have a food bank?

A discussion about the positives and negatives of food banks



by Michael Miller

No Before I begin this tirade, let me just say that I am not a fascist-candy-stealing-hurt-the-poor-at-all-costs S.O.B.

I'm all for food banks. They do a lot of people a lot of good and are criminally underfunded. Not to mention that they have the most caring and friendly staff of any bank you could name - and no service charges.

But they belong exactly where they are: in the downtown core of

the city, run by people with expertise. They do not belong in a college that lacks both the funds and the resources to effectively administer such an operation.

Even if we had the funds, a food bank that nobody would use is of little value.

A food bank requires an enormous amount of space. A huge warehouse is utilized to run Metro's main outlet, the Daily Bread Food Bank.

Granted, anything at Humber would be on a much smaller scale, but it would still require a significant area; an area that would have to be permanently designated for that purpose. You can't very well teach a class with students dispersed among boxes of canned food.

Classes at Humber are already overcrowded. Programs are forced to clamor for available space, resulting in erratic and poorly organized timetables.

To give away precious space for anything, even something as noble as a food bank, would betray the students the school is obligated to serve. A college is, after all, first and foremost, a temple of academia.

Humber is coming to terms with massive budget cuts as a result of federal and provincial belt-tightening. The Academic Council meets today to discuss measures to deal with the short fall.

Class restructuring, cuts to placements, tuition hikes and layoffs are all solutions rumored to be on the drawing board.

With a climate like that, is it really conscionable to assume the added task of running a food bank?

Even if the student body rallied against a proven history of apathy and overwhelmed the process with volunteer labor, an influx of cash would still be needed. That expense cannot be justified under

the current economic conditions.

For the sake of argument, though, let's pretend for a moment that we could afford it. Imagine that the government has finally realized the value of a good education and restored vital funding to colleges and universities.

Fantastic, we have our very own food bank! What good is a food bank no one goes to?

Accepting charity is an extremely humbling experience. I have been destitute, and believe me, it doesn't matter how much the help may be needed, it is very difficult - and embarrassing - to ask for it.

I'm referring to asking perfect strangers in complete privacy. Now imagine having to humble yourself in front of your friends and fellow students.

If going to a food bank in a huge warehouse in downtown Toronto is difficult, try to picture going to one where you attend

school.

You weave your way through a crowded hallway to a door marked "Food Bank." So, in you go. A few minutes later you emerge with your goodies, only to be greeted by that same crowded hallway, filled with staring faces. Faces that will be happy to offer you the pity you so desire for your unfortunate circumstances.

Would you put yourself through that if there was an alternative?

Which brings this argument full circle. The Daily Bread Food Bank has been around for years. It is run by competent professionals. And, it's in serious trouble of not meeting the needs of the people it serves.

What kind of arrogance are we displaying if we think an over-taxed college staff and student body could do better?

Michael Miller is Humber Et Cetera's Editor-in-Chief.

Simonette Richmond
Second-Year
Computer Info. Systems



Yes. It's a neat idea for people who need food and can't get it anywhere else. Maybe people would feel more comfortable getting it here.

David Woon-Fat
Second-Year
Computer Programming



No. The cost of setting it up is not worth it. There is a small student body, and only a small percentage would actually give.

Tammy Borden
First-Year
Early Childhood Ed.



Yes. It doesn't matter that it's a college. Everyone should be helping out.

Jennifer Rowsom
First-Year
Photography



Yes. I live alone and am low on food. I only eat once a day. It's really expensive to be here, and I'm in one of the most expensive programs.

Ricky Ward
First-Year
Architecture



Yes. To help out people who don't have food. There would be people who would use it.

Lori Perciballi
First-Year
Advertising & Graphic Design



Yes. Some people who live in residence don't have enough money, and it can be difficult to get it from parents.

Interviews by Karen Becker



by Lisa Sauer

Yes There should be a food bank at Humber.

Food banks are becoming more and more necessary, so why not have one here?

School morale may be low and getting a good turnout of students to vote in a President for the Students' Association Council may not be easy, but those are

small issues when someone is facing the debilitating effects of hunger. We're dealing with something most people can identify with, even if they've never experienced it.

For many, "nothing to eat," means exactly that. Fortunately, most of us will never really know how that truly feels, but we've all experienced deprivation, on some level or another.

I recall sitting in my kitchen having a cup of tea with my teenage son hanging onto the cupboard door, staring mindlessly into the cupboard. He finally turned to me and said: "There's nothing to eat!"

Now to him, this meant the cookies and chips didn't fall out at his feet, but he's one of the lucky ones.

Metro's Daily Bread Food Bank deals with more than 115,000 people, according to the Toronto Star. Surely the students and staff at Humber can make a difference by looking after the needs in their own community. High schools and public schools in the surrounding area and across Metro are organizing food banks out of their institutions, so why can't we?

How difficult could it be to set up some big boxes in the library, the Pipe or the newsroom for students to make donations? I know many Humber students who would happily give a few hours of their time to help out. It wouldn't cost the college a penny to be this generous.

Everyone is dealing with tougher times and tighter budgets.

It would do us all some good to contribute to a worthy cause. Friends, groups and classes could join together to buy some non-perishable food items and drop them off at a designated spot on campus.

For those people who don't believe in giving something for nothing, the Et Cetera's Pick-a-Flick contest (on the back page) asks for a donation for the Food Bank when you pick up your contest prize.

If that's not enough to convince you, how about more statistics? The Daily Bread Food Bank fell 170,000 kilograms short of the goal they hoped to reach in their latest food drive. Their supply is 20 per cent under target, while at the same time more and more people are registering for their services.

Humber students have been asked to contribute to many different fund-raisers and campaigns in the past, but this is a chance to do some real good.

Go through the cupboards at home and gather up the cans of soup your mother stacked in your cupboard. Offer those wax beans and oatmeal you know you'll never eat to someone who will, with more appreciation than you or I can even imagine.

I say let the spirit of Humber shine through. There's no reason why we shouldn't say yes to a campus food bank. Buy a box of your favorite cereal or cookies and help feed the hungry.

Lisa Sauer is one of Humber Et Cetera's Lifestyles editors.

COMPUTERS & TECHNOLOGY

EDITOR: Lorrie Kralka

675-6622 Ext. 4514

To upgrade or not to upgrade

by Jason Chiles

A couple of years ago you purchased your first computer. At the time, the sales associate told you it was top of the line. You were happy with the machine because it did everything you wanted it to do.

However, now you are feeling the need to upgrade your system, and you are ready to commit the money to moving up to a better machine.

The question is: where do you start?

Arthur Kaljian, a computer dealer, software trainer, and owner of Mage Enterprises, said starting points depend entirely on how old your system is.

"If your system is over three years old, it isn't worth upgrading," said Kaljian. "You would be paying just about as much as it would cost to buy a brand new system, so you might as well avoid the upgrade route."

While computer systems can last longer, at the end of three years, most are obsolete. Kaljian said after that period, the system has little or no resale value and the best time to upgrade is within a year of purchase.

When the decision to upgrade is made, how powerful a machine to buy must also be made. Simple economics is the easiest way to go

- the more powerful the system, the more you will have to pay. However, there is more to the decision than just cost.

Daryl Daley, general manager of Darnat Systems, a computer dealer in Scarborough, said it is a good idea to find out what the industry standard is at the time you are looking into upgrading.

"What the industry standard was when you first bought a computer probably changed a month later," said Daley. "It's important to judge what you need in comparison to what kind of machine is most prevalent in the industry at present, and plan for the fact that it will be changing very quickly."

Daley said consumers should shop around at various dealers, telling them what you already have and what you are hoping to purchase.

"However, consumers need to be aware that it is in the interest of dealers to sell you more powerful systems, even if you don't necessarily need a high end computer," said Daley.

Users need to judge whether they are going to be using a machine for word processing or

whether they are going to need a machine that can handle graphically intensive programs, such as painting programs and games.



LORRIE KRALKA
Confused by all the chips, wires, boards and other paraphernalia inside your computer? A computer dealer can help you make some sense of it all.

"It sounds trivial, but gaming on computers is becoming such a major force in the industry that it is something to consider when buying a machine," said Daley. "With an older machine, you can still strap into the cockpit of an X-wing fighter, but you'll be in for some choppy combat missions."

When upgrading a computer, do it in stages, upgrading one component at a time. For students, this

can keep the costs down to a more manageable level.

Mage Enterprise's Kaljian said memory for a computer is the first thing that should be increased. Since most modern systems can transfer memory from one processor to another, buying new memory can give your older system a temporary boost in power.

Next in line would be a new processor. The processor consists of two parts, a motherboard, where all the circuits that control the computer are located, and processor chip, which is basically the computer's brain. Depending on the system you have and what you want to upgrade to, it may not be necessary to replace both of these, and a dealer should be able to tell you what needs to be replaced.

After these improvements, it is possible to move on to the more esoteric components. Larger hard drives, sound cards, CD ROMs and modems, are all items that can create a more powerful computer system, but are not necessary for those working on a budget.

However, Kaljian said, there is one item for your computer that you should not be afraid to spend

money on. He said buying a good name brand monitor is the smartest purchase you can make for your machine. Monitor technology is one of the few areas of computers that is changing very slowly. Monitors can last more than five years if taken care of, so a high quality monitor is a good buy.

"Their importance shouldn't be underestimated," said Kaljian.

The most important thing to consider when upgrading a computer is not to jump at the first deal. Daley said he knows of many dealers who offer extremely low prices for components they purchased damaged from suppliers. The dealer generally repairs them, and Daley said about 80 per cent of them will work. But you would still be taking a chance.

Upgrading to a new computer system is one of the most challenging purchases a person can make. It requires a lot of effort to find a good deal for components that will work with your own system. Mediocrity may be acceptable in other purchases you make, but anything you are going to connect to your computer should be of proven quality.

"It is a cliché, but in the world of computers it's definitely true," said Daley. "If a deal looks too good to be true, it probably is."

Presentation software gives your message extra zip

by Oliver Ciborowski
and Blair Sanderson

Software presentation tools, such as Microsoft PowerPoint or Corel Show, with their use of colour, sound, animation and video, are useful educational aids for students and professors. But the process of getting teachers to integrate such programs into the classroom has been a tedious one.

"Many of us (teachers) use them, (and) more should," said Jay Wood, program coordinator of the School of Information Technology at Humber.

Wood explained why teachers may be hesitant to use computer software for presenting ideas: "You have to be willing to spend time for preparation ... You have to prepare the lesson and then prepare equipment which is time consuming if the equipment is not permanently mounted in the classroom."

Presentation software allows users to present topics or ideas in an organized and interesting way. These are the reasons businessmen, marketing executives and salespeople use them to promote ideas to their employees and clients.

These programs also allow you to set up a slide show using text, graphs, and possibly animation and video, depending on the quality of the program. It is essentially a new

age form of the slide projector that's user friendly and easy to edit.

"We all (teachers) think learning (how to use) presentation software is essential for students because it's part of a new curriculum," said Wood. "It's built into CIS (Computer Information Systems). It's certainly possible for a student to graduate without any exposure to the presentation skills software, and the major reason for that would be the lack of equipment and qualified instructors."

However, students can overcome these problems by purchasing their own software or by using the H205 Internet Lab. The Media Centre, located on the second floor beside the library, will supply and help set up the necessary hardware for class use, if given a couple of days advance notice.

Tips for a successful presentation

- Do at least three dry runs before the actual presentation.
- Use a large font on your slides limiting text to six lines.
- Keep your speech brisk, speak loud enough for the last two rows of the audience to hear you.
- Prepare handouts of the main topics to distribute at the end.
- Keep eye contact with the audience. Videotape one dry run to examine your body language.
- Keep a backup disk copy of your presentation. Print crucial slides on transparencies.
- Allow five to 10 minutes for a question and answer period.
- Use cue cards or an outline in case you get stuck.
- Choose the same background scheme for all slides.
- Add impressive transitions between the slides for greater visual impact.

"Presentation software is very popular - everybody's going multi media," said Omar Davis, a Humber Media Centre technician. "When you are using a computer to aid your presentation, it is easier to get your point across and also entertain (the) audience. If a person is just standing at the board giving a speech, it's pretty boring."

Currently, the Media Centre offers AST notebook computers along with LCD panels and overhead projectors. Camcorders and slide projectors are also available. Presentations may be given in any of the three screening rooms, which have drop-down screens, television sets, adjustable lights, and seating for about 20 people.

"Access to (the) Media Centre's computer hardware is easy," said Davis. "The system is designed to

be user friendly. Students basically need a signature of one member of faculty, and they need to book hardware and screening rooms in advance. Two (or) three days notice is sufficient."

Davis also said help is avail-

able.

"(For) any member of faculty or any student that needs any assistance or isn't 100 per cent skilled, the Media Centre staff is there to help solve software problems or assemble hardware."

Cool sites on the Internet: Halloween

by Lorrie Kralka

http://www.yahoo.com/text/society_and_culture/holidays/halloween

I think the address says it all - the perfect place to start surfing for anything and everything about Halloween. A quick glance at all the sites that are linked here will keep you busy for hours. There is everything from how to make vampire fangs, to homepages dedicated to Halloween, the pagan new year.

<http://ucsu.colorado.edu/~anschutz/dead.html>

Also called the Den of the Dead, it's the perfect primer for any Halloween creative genius. There's everything from party hints to spooky stories, virtual haunted houses to online ouija. There are also links to other sites dedicated to Halloween.

<http://www.zip.com.au>

Are you interested in the roots of Halloween and the history behind it? Check out this site and learn about Wicca, the pagan religion of Witchcraft.

<http://www.cascade.net>

This site is a great starting point for those interested in all things dealing with the occult. It also has sites dedicated to teaching the history of Halloween. Check out links on "The Origin of Halloween" and "Arachne's Web: Pagan Links." It also has sites on haunted houses and how to make yours the scariest thing on the street.

Lifestyles

Community feeling for students at Humber's Lakeshore campus

by Sean McGrillen

Humber's Lakeshore Campus credits its smaller size for the more personable approach to education and the feeling of a sense of community.

Pete Maybury, head of Community and Student Affairs at Lakeshore, believes there is something different that sets his campus apart from the rest of the school.

"There are things happening here," he said. "We're not a lunch-box operation, that is, our students just don't come and go. There's always something for them to do."

Maybury also said that recent additions at Lakeshore such as the Music and Theater programs add to this feeling of community.

"The music program in particular has offered tremendous value to our overall campus life here," he said. Daily presentations by music students in the cafeteria give the students something to be part of, he said.

Maybury said the majority of the instructors at Lakeshore will take the time to get to know the student and will usually go out of their way outside of class time to help out and just talk.

"This gives the students a feel-

ing of being part of something important," he said.

Maybury described this feeling of community as "a haze."

"You can't really grab hold of it, but it is there." Maybury pointed out that Lakeshore's successes all come back to their small population and the immedi-

and the students are responding to that. "SAC Vice-President Mike Villeneuve said it is the size of the Lakeshore campus that makes their job so easy.

"It may appear that we're in front of the students a lot, but it's simpler for us to appear that way because of the size," he said.

So what is it that makes Lakeshore so special? SAC President Julie Couturier said there are many opportunities for the students to commit themselves outside of the classroom.

"We're family oriented here," she said. "We (SAC) are the ones who do most of the programming on campus in terms of entertainment and special events. So, anything that is organized, they know it came from us."

Villeneuve said since the students know SAC is responsible for events, they are able to get feedback rather quickly.

Many intramural sports teams such as volleyball are on the go and the Athletics department agrees that size is the reason for the continued support from the students.

"Sonya (Herrfort, athletics coordinator at Lakeshore) has done a tremendous job at getting students involved," said Villeneuve.



SEAN MCGRILLEN

Pete Maybury enjoys a community atmosphere.

ate feedback received by students.

"People feel good when something good is done and we hear about that," he said.

Maybury said Lakeshore's Students' Association Council has done a tremendous job at getting the students involved in the school.

"We're fortunate that we have so many fine people in the student government," he said. "They know what they want to do

Education is the theme for National Child Abuse Prevention

Abuse Prevention

Education first step in prevention

by Kathleen Ellis

October is National Child Abuse Prevention Month. The main goal is to make people aware that abuse does exist and to show people the signs of child abuse.

A study conducted by the Institute For The Protection Of Child Abuse found that one in four girls and one in 10 boys will be the victims of unwanted sexual acts by the time they reach the age of 18.

Child abuse cases seem to be on the rise, though. However, this may be due to the increase in the cases being reported and investigated. There are four main types of abuse: physical, sexual, emotional, and neglect.

The IPCA encourages people to act immediately if they suspect abuse. In Ontario there are 54 Children's Aid Societies. These societies have the authority under the Child and Family Services Act to take action to help children in need of protection.

"Every person who believes

on reasonable grounds that a child is or may be in need of protection must report promptly the belief and the information upon which it is based to a children's aid society," quoted from the CFSA section 68(2).

- Some Signs of Child Abuse, according to the IPCA Physical Indicators**
- injuries that are not consistent with the explanation offered
 - presence of various injuries over a period of time
 - unusual itching in the genital or anal area
 - frequent headaches, nausea and abdominal pains
 - child fails to thrive
- Behavioural Indicators**
- cannot recall how injuries occurred
 - wary of adults
 - may cringe or flinch if touched unexpectedly
 - extremely aggressive or withdrawn
 - infants may display a vacant stare or frozen watchfulness

Speed kills ... Not!



**KEOGH'S
KORNER**

by Chad T. Keogh

I was cruising (120-140 km/h) along the 401 in my land-barge of a car about a month ago when I flew past an old Ford Model A that must have been on its way to an antique car show or something. I noticed the wooden rims, the excessive ground clearance, and the bumpy ride the driver was experiencing when a thought crossed my mind.

Cars and driver education have come a long way. Why has the maximum speed limit, set back in 1979, not been adjusted accordingly?

The answer: money. If the government raised the maximum speed limit on 400-series highways to 120 km/h there would be considerably fewer speeders. The majority of people drive between 110-120 km/h with only the occasional person at about 130-180 km/h. Here's an interesting quote from a report released in 1992 by the US Department of Transportation: "The results of the study indicate that lowering posted speed limits by as much as 20 mph, or raising speed limits by as much as 15 mph, had little effect on motorists' speeds ... Data collected at the study sites indicated that the majority of speed limits are posted below the average speed of traffic. Lowering the speed limits below the 50th percentile does not reduce accidents, but does significantly increase driver violations. Conversely,

raising posted speed limits did not increase speeds or accidents." So, people will drive at whatever speed feels comfortable for the conditions, and not as fast as you will allow them.

The excuse given by the Canadian government in 1979 for the lower 100 km/h limit (from the previous 70 kph) was to save fuel and lives. Fuel prices are pretty good these days and today's cars are getting far better fuel economy.

As for safety, today's cars are the safest ever. They have specially designed crumple zones, airbags, anti-lock brakes, and better handling and stability to protect the passengers in case of an accident.

Not only are the cars capable of maintaining higher speeds safely, but the 400-series highways are designed to safely allow speeds of approximately 140 km/h. The highways are banked in the turns, similar to the way race tracks are. If we raised the speed limit to about 120 km/h, average people wouldn't be breaking the law every day.

I break it, you break it, your grandmother breaks it, and most police cars I see are breaking it. It's obvious that no one agrees with the current speed limit, but the government hasn't raised it. If they raised the speed limit they would lose out on a lot of the revenue speeding tickets generate. But, they could increase the amount charged for speeding above the new limit. These days when you get nailed for 15 km/h over the limit, the fine is only about \$60. If they raised the limit to a more reasonable 120 km/h, they could charge \$500 fines for the same offense and probably make the same amount of money overall.

Some say that people will just go even faster if we raise the limit, but I think that people just want to drive at a comfortable and reasonable speed, which just happens to be about 120 km/h.

Fashion Arts students check out the Big Apple's fashion industry

by Karen Becker

A number of Humber students will be touring the streets of the Big Apple next week.

Thirty-one students in the Fashion Arts program are off to New York City from October 24-28, on what the trip organizer called "an educational field trip."

"It's (New York) the North American fashion centre," said Maria Bystrin, the Fashion Arts instructor coordinating the event. "(It is the students') chance to see the magnitude of the industry."

The students will be travelling to New York by bus and staying at a hotel on the west side of the city. Their itinerary includes an extensive tour of the city's fashion industry.

Among other highlights, they will be visiting a textile mill and a costume museum, as well as the showroom and design studio of the Anne Klein design company.

Linda Reader, the coordinator of the Fashion Arts program, said the trip is beneficial to the stu-

dents in many ways, the main one being just visiting a city with a reputation as one of the world's fashion capitals.

"They will get the exposure to that kind of environment, and see what it has to offer," said Reader. She also said that touring New York under the guidance of their instructors will be beneficial for the students.

The Fashion Arts program tries to run the New York trip every year, usually having between 25-45 students participate.

"It's into its fifth year now," said Bystrin. "We usually get a good response (to it)."

Kelly Kennedy, in her first year of the program is excited about the trip. "I see New York as the fashion capital," she said. "I think (the trip) will be really fun, and also a learning experience."

The trip is open to all students in the Fashion Arts program, but this year all of the participants are in their first year. Students pay the cost of the trip, which will be \$495.

Recovering alcoholics come clean about abuse

Two profiles look at pain and suffering brought on by alcoholism

by Tanya Duggan

It's 25 degrees on a summer evening and there are about 15 teenagers sitting by the river drinking themselves into oblivion. Some pass out only to wake up the next morning feeling half-dead in the same place where they had their last sip of beer.

Jennifer, 20, used to live this life every weekend.

She will celebrate her fourth year of sobriety next June.

She was a lucky one, whose mother sent her to the United States for treatment for drug and alcohol abuse when she was just 16.

The setting for this interview was in a coffee shop at Yonge and Bloor. Jennifer preferred to go there because she "can get a pop and smoke cigarettes."

She has just graduated from high school with honors, and has spent the last three and a half years working with an organization called Youth Link, which conducts seminars about teenage pregnancy and drug use.

Her future for the next four years will be at Ryerson Polytechnic University where she will take social work.

She describes her upbringing as "lower class" and says her mother supported the family because her father was an "alcoholic," who drifted in and out of her life.

"We used to have to go to women's shelters when we were younger because we had no money and we went to organizations that gave us food to eat. But, I was well-loved," said Jennifer, who prefers to be called



LISA CARTWRIGHT

Self-help groups are often the only place for alcoholics to turn. They provide support and comfort for those willing to admit and deal with their problem.

Jenn.

When asked how it all started, she said, "Well I started 'huffing' glue when I was 13, isn't that disgusting? I was so sick. I also drank on weekends and smoked pot during the week. Weed and hash, that is."

Jenn didn't think she was an alcoholic.

"How could I be, I was only 16?"

She reminisced about skipping classes and failing courses.

"I put my poor mother through utter hell. My sister and I would stay out until all hours of the night. Sometimes we wouldn't even come home. She would be worried sick about us."

She said she had no respect for authority. She talked about the

time she let all the air out of her teacher's car tires for failing her.

"Today I know it was my fault that I failed."

But she said back then "I would blame anyone I could for my troubles and then try and screw them over."

Jenn said when she was drunk she felt like the "Queen of the Universe" and as if she was "the best-looking chick on earth."

But inside, she said, "I was shy and quiet but also sneaky and conniving. I was a real Jekyll and Hyde."

Counsellors at a treatment centre attended by her sister, suggested Jenn receive some help.

"I was totally appalled, I couldn't believe it. My Mom told me I had to stay or I couldn't live

at home anymore ... I had no place to go so I stayed."

She remembers saying goodbye to her little brother in the hallway at the treatment centre. "I was so sad and I felt like such a loser," she said.

Jenn stayed there for four months.

"I hated it there but I knew I had no choice. By the end of the four months I didn't want to leave," she said. "They didn't just tell me how bad drugs and alcohol were for me. They taught me life skills; they taught me how to have fun sober. Real fun," she said.

It was in treatment that Jenn learned to talk about her feelings and feel secure about herself.

When asked what's different in her life today, she said, "I have

my goals and dreams back and I care about them."

"I'm also reliable now. When I say I'm going to do something, I do it!"

Her dream is to open up a treatment centre in Toronto for adolescents so she can give something back.

Jenn is part of a support group and said she offers her services by reaching out to anyone who wants help.

"I've done a lot of peer education. I went to schools and talked about my experience."

Jenn said that as far as her "drinking buddies" go, she doesn't chum with them anymore.

"Most of them have dropped out of school or worse. Today, I'm glad I did it (got sober), because I didn't have to wait 30 or more years to straighten out."

Jennifer is grateful to those who tossed her a lifeline.

"I'd be dead mentally and spiritually ... probably be prostituting or worse. I've learned that it's a progressive disease and that it's also a family disease."

Jenn said she must continue on a daily basis to work on herself and to be careful with the decisions she makes.

She said she plans to continue on the path she's on now, one day at a time.

And to others about to enter the hell of alcoholism she says: "There's nothing I hated more than to hear people preach ... (but) I would let them know there's a better way - meaning when they're sick of the life they're leading, there's a better one."

Years of substance abuse finally over and man focuses on future

by Tanya Duggan

He's 25 years old, 178 centimetres, 82 kilograms with brown hair, blue eyes and a tan. He looks like a runway model. He was raised in Toronto, comes from an upper-class family and grew up attending private schools.

He looks like he's got it made. Well, almost.

His name is John and he calls himself an alcoholic/addict.

"People think because I'm so young I could never be an alcoholic ... what a joke," he snorts.

John began experimenting with alcohol with friends when he was in grade eight.

The kids he hung out with came from affluent backgrounds. They were never short of money.

"For the first few years of my drinking I was just partying with the guys and never thought anything of it. My grades suffered at school and I got into some trouble with the police. I never attributed it to alcoholism ... I just thought I was a teenager and I would grow

out of it," he said.

John remembers when he was 19, he fell asleep on the subway and woke up to find someone holding a gun to his head. Two men were trying to rob him.

Luckily, the train pulled into a station and people came on, so the thugs ran off.

But he wasn't always that lucky. John was once hospitalized after falling down and hitting his head.

"I was in Toronto Western hospital for three weeks because I left a bar in a blackout and fell down the escalator at Bathurst station. I was in a coma for a week," he said.

At that point, John's parents were getting worried and began appealing to doctors for help. They didn't know what to do. Neither did John.

"I knew there was something wrong with me but I didn't know what. I thought I was a bad person and I cursed myself for being so weak," he said during an inter-

view in High Park.

John spent three months in a rehabilitation program for drug and alcohol abuse.

"I hated it there. The counsellors were really nice and tried to do their best, but it just wasn't for me," he said.

John said he really wanted to get well and feel better but couldn't understand why he wasn't getting better. He did all of the work he was told to do and it still didn't work.

John graduated from the three-month program and a short time later he was drinking again and doing drugs.

His parents would not let him stay at their house and his friends didn't want to support him either. He couldn't hold a job or stay in school.

"I didn't want to leave the house and I didn't want to talk to anybody. I had given up and I didn't think anyone understood me. I felt totally hopeless," said John.

Life was becoming worthless. He didn't want to live, but was too scared to die.

A few months after leaving the rehabilitation program and carrying on his drinking habits, he decided to go to an Alcoholics Anonymous meeting.

"I despised these meetings because everyone was so much older than me and all they talked about was their problems. I got so sick of it," he said.

It was at these meetings that John eventually met a man to whom he could relate.

"Finally I met someone who had felt the same way I did. I guess this man saw the pain I was in and told me that I could do something about it. I didn't believe him but I decided to go have a coffee with him anyway."

This man showed John what the A.A. program was all about and the 12 steps that they follow.

These 12 steps include: admitting to being powerless over alcohol, admitting to moral shortcom-

ings and making a list of all those who have been harmed by the behaviour with a willingness to make amends.

"I truly didn't think I could change, but this man offered hope to me. I didn't want to listen but I had to. I was desperate," he said.

That was five years ago.

John swears that this man helped him change his life from an utterly despairing, lost soul, to a person filled with happiness, and contentment.

After lots of soul-searching and practicing the 12 steps, John has progressed from feeling like a "useless, fearful and empty junkie," to a man with a promising future.

He takes acting classes now and has been in many commercials on television. He plans to continue his acting but said his recovery is his first priority.

With files from Linda Farr

Co-dependents need to help themselves first

by Linda Farr

People who live with, or care for, an alcoholic or drug addict are in danger of being hooked on the destructive relationship, say experts on compulsive behavior.

People stay in these situations and protect these people, sometimes unknowingly, said Joey Noble, a professor at Humber College who has a Masters degree in Social Work.

Co-dependent people actually aid in the destructive behaviour of those they nurture by not dealing with the problem. "There is a fear of loss of the relationship if they (the co-dependent) stood up to the person's problem," said Noble.

Co-dependency is a state of painful dependence on compulsive behavior and on approval seeking, writes Ann W. Smith, in her book "Overcoming Perfection" (1985). The reasoning for this behavior is to try to

gain safety, identity and self-worth, writes Smith.

These people often have crisis-filled lives and put themselves in stressful environments. "It can be compared to living in a war zone. You learn the survival skills you need but when the war is over, you find it very difficult to function without the stress," she writes.

Co-dependency is learned, explained Smith. If someone has been brought up in a family where one family member is an abuser, there will be co-dependent behaviour.

Each family may deal with it differently. If there is a lot of screaming or physical abuse, this behaviour will be somewhat normal to the co-dependent. These people will usually find their adult life is similar to their adolescent life, writes Smith.

It is very important that co-dependents try to get themselves

out of these situations, writes Smith. This is referred to as "breaking the cycle." This is the only way to stop the abuse and possibly help the chemically-dependent person get the help they need.

"Our healthy skills, atrophied and weakened through lack of use, simply need to be redeveloped. This is true for all of us, even the most damaged," she writes.

Living with these abusers is a problem for the co-dependent. There is often a lot of emotional abuse and sometimes physical abuse. The chance of depression, anger, severe crying, temper tantrums and suicide attempts are also evident, writes Harriet Goldhor Lerner, author of "The Dance of Anger" (1990).

The best way to break the cycle is by getting help either professionally or with a support group. Alcoholics Anonymous and Narcotics Anonymous have



LISA CARTWRIGHT

Substance abuse affects those living with a chemically-dependent person. Often, spouses, friends and children become co-dependent and stay with the abuser to protect or save them.

support groups for chemically-dependent people. Groups similar to these exist for co-dependent people like Al-anon, for adult children of alcoholics, as well as Al-ateen, for children dealing

with alcoholics.

"The co-dependent should get help for themselves first to take a strong stand to know what kind of stand to make and how to do it," said Noble.

Studies find drunk driving leading cause of road deaths

by Kerry Bader

Driving while impaired is the single largest cause of death and injury in Canada.

According to the Toronto-based Addiction Research Foundation, more than 38 per cent of all drivers killed on Canadian roads had been drinking prior to their deaths, and young people are at the highest risk.

Motor vehicle accidents are the number one killers of those under 25.

According to Statistics Canada, alcohol is the most used drug in the country, and combined with other drugs, it is causing havoc on roadways.

ARF pharmacists say drugs such as cocaine and so called "soft drugs," such as marijuana, can also seriously impair judgment.

"Cocaine is a stimulant, and marijuana has some mild hallucinogenic effects. It's not a good idea to drive with any of this stuff," noted a representative of the ARF Drug and Alcohol Line.

A 1993 study, published in an Accident Analysis and Prevention Journal, found that of the 474 motor vehicle accidents analyzed, 13.9 per cent of drivers tested positive for cannabis.

Even a simple cold medication, when combined with alcohol, can leave the consumer tired and unable to focus or drive. The Ontario Medical Association urges the public to read the packaging on all over the counter drugs.

According to the ARF, more charges are laid for drinking and driving than any other federal offence.

Substance abuse deadly to fetuses

by Kerry Bader

Doing drugs is one thing, but doing drugs while you are pregnant is double trouble.

Some substances may not be harmful to you, but deadly to the fetus you are carrying.

The Addiction Research Foundation advises that if you are pregnant or planning to become pregnant, you should tell your doctor about any drugs you are taking, legal or illegal.

Taking drugs can have dangerous effects on a fetus including:

- Alcohol may cause deformities and mental retardation.
- Amphetamines may cause miscarriage, premature delivery, and low birth weight.

• Caffeine in large amounts may harm the fetus.

• Cannabis may cause abnormal fetus development, an undersize baby, and behavioral problems later on.

• Cocaine and crack may cause miscarriage, premature delivery, and malformation of fetus.

• Nausea medication may cause severe harm to the fetus.

• Opiates may cause miscarriage, premature delivery, slow mental and physical development and baby withdrawal.

• Tobacco may cause miscarriage, premature delivery, an undersize baby, stillbirth and crib death.



BIATRISS DANSO

Any type of drug use by pregnant women can result in mental and/or physical problems for their fetuses.

Users of drugs and alcohol face severe repercussions

Alcohol

- can cause ulcers and liver disease.
- is addictive.

Amphetamines/Speed/Uppers

- can cause violent or paranoid reactions.
- are addictive.

Barbiturates/Downers

- can slow down breathing to the point of death.
- are addictive.

Benzodiazepines (Valium)

- are sometimes prescribed for anxiety and insomnia.
- are safe if used under the supervision of a doctor.
- can become addictive if over used.

Caffeine

- rarely causes harm if used in moderation.
- can cause tremors, ulcers, sleep and mood disorders if used regularly.
- is addictive.

Cannabis/Marijuana/Hashish

- can cause hormonal changes that may alter normal patterns of growth and sexual development.
- can cause lung cancer, emphysema, and bronchitis.
- can harm the immune system.
- are psychologically addictive.

Cocaine

- can cause sudden death due to heart failure, stroke, convulsions and damage to breathing systems.
- is addictive.

Hallucinogens

- vary in type and strength, from 'mushrooms' to LSD.
- can seriously impair judgment.
- are psychologically addictive.

Inhalents and Solvents (Glue, and others)

- can cause depressed, violent or suicidal reactions.
- can cause liver, kidney, lung, heart, brain and blood damage.
- are addictive.

Opiates/Heroin/Morphine

- can cause liver disease and brain damage.
- are addictive.

Steroids (Anabolic)

- can cause aggressive and paranoid reactions.
- can cause male breast development, testicle shrinkage, low sperm count and impotence.
- can cause females to grow more body and face hair, deepen their voices and leave them unable to bear children.
- can cause headaches, nosebleeds, stomach aches, acne and high blood pressure.
- can stunt growth, damage the liver and harden arteries.

Tobacco

- can cause lung, colon, mouth, throat, pancreas, bladder and cervical cancer.
- can cause chronic bronchitis, emphysema, heart disease and stroke.
- is addictive.

Compiled by Kerry Bader

Important Phone Numbers

Drug and Alcohol Info Line

- Metro Toronto: (416) 595-6111
- Ontario toll-free: 1-800-INFO-ARF (463-6273)

Alcoholics Anonymous

- Metro Toronto: (416) 487-5591
- Al-anon, Al-ateen
- Metro Toronto (416) 366-4072

Extinction of endangered animals spells disaster for next generation

by Shannon Williams

Ancient Asian medical practices and demands in the pet trade pose a major threat to endangered species, warn conservationists.

The black market trade is based on "ancient beliefs, cultures and religious practices," said Wayne Sim, an environmental professor who teaches the State of the Environment course at Humber College. "The seal's penis is used as an aphrodisiac, and the black bear's gallbladder is said to relieve arthritis." But, there is no real scientific evidence that these animal parts actually relieve arthritic pain or act as a sexual stimulant, he said.

According to the World Wildlife Fund, 50 per cent of endangered species are there, partly because of traditional Asian medical practices.

"There are a number of synthetic and herbal alternatives," said Silvia Smith, director of World Canadian operations for the Protection of Animals. "Many Asian doctors know of them but they don't think that they work because their ancestors did it with the real animal parts."

They are causing six of the world's eight bear species to decline, according to an annual endangered species list produced by the World Wildlife Fund. The illegal trade in Asiatic black bear gallbladders imperil this protected large mammal. Gallbladders are used in Oriental medicines to fight fevers and reduce inflammations.

The black market trade has also left rhino populations in a dangerous state. According to the WWF, rhinos are primarily killed for their valuable horns, which are ground into powder and used as a fever-reducing agent in traditional Oriental medicines. In Africa, black rhino populations have dropped to fewer than 2,000; a decline of more than 95 per cent

since 1970.

"There are laws, but enforcement is the problem and people inevitably get around any of the existing laws," said Sim.

"The Trade and Endangered Species Act (bans transport of) endangered species from country to country or across international borders ... so they take the part they want off the animal." But a poacher must be caught red handed in order to be arrested. "Penalties could mean imprisonment," said Sim. But for many, the money involved in the black market trade is worth the short time in jail.

In Rwanda, for example, a rhino's horn could bring in as much as \$750 a kilogram.

"I guess it boils down to necessity. If a poacher could kill a black rhino and get the horn they are set for life," said Sim. "If they get away with it, to them the risk is worth it."

In Canada, enforcement is done by park rangers who are employed by the Ministry of Natural Resources. But "for every one ranger there are approximately 1,000 acres of land to cover, so they have a slim chance of catching a poacher," said Sim.

The problem with establishing laws and protected sanctuaries is the government does not have enough money to support the patrolling of the protected areas. The Convention on International Trade in Endangered Species of the Wild Fauna and Flora, which regulates the trade of animals has 30 inspectors for all of Canada, due to government cutbacks, said Smith.

In Canada, the fines for killing an endangered animal doesn't deter poachers.

"The biggest fine in Canada is \$100,000," said Smith. "But most judges won't impose it because they don't think that the crime is

serious enough or important. We've seen fines ranging from \$1,000 to \$5,000, which are not enough."

For instance, penalties for the killing of black bears for their gallbladders are extremely low, said Smith. "In Ontario, in 1991, there were 15 arrests and 15 convictions, but the average fine was \$1,500. These numbers are not as high as we would like them to be."

"In terms of punishment: In every case the importer will always lose the item and it will not be returned," said Wildlife Officer for CITES, Kim Hason.

The importer could be taken to court and may receive a fine or a prison term.

In the past two years, there have been about 950 incidents where individuals have lost CITES-listed goods, said Hason.

The smuggling of endangered species parts is also regulated by CITES, said Smith. "It is hard to catch smugglers because it's not like finding drugs. Dogs can't sniff them out. The dried powdered bones of a tiger or a black bear's gallbladder doesn't smell like anything."

WWF investigators warn when a species becomes extinct, both poachers and doctors will find a substitute. As the rhino populations have declined, hunting of the Saigo Antelope has accelerated, with whole herds being wiped out for the trade of their horns.

The pet trade is blamed for the steady decline in the number of parrots found in the Indonesian Islands in the last two years.

But dangerously low numbers don't stop poachers from killing certain species each year, according to the World Wildlife list. With fewer than 6,000 tigers in Asia, poaching for use in Oriental medicines has accelerated and become the most urgent threat to the species' survival in the future.



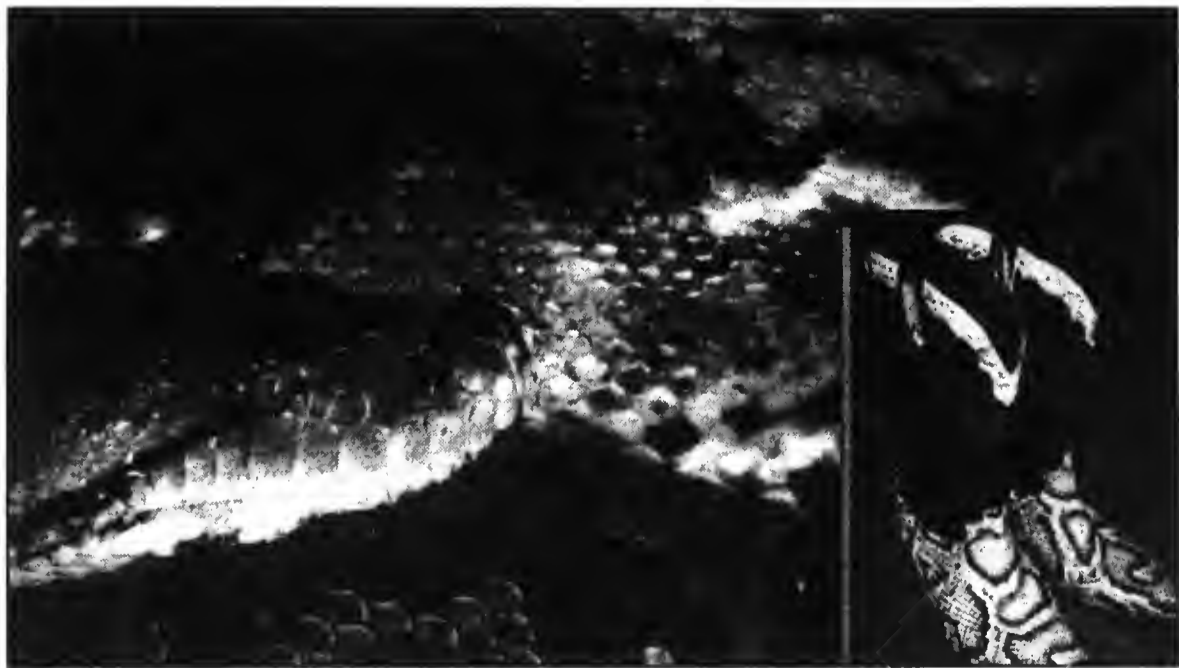
The Committee on Endangered Wildlife of Canada, 1995.

Canadian Species at Risk

- Mammals:** Beluga Whale, Bowhead Whale, Eastern Cougar, Peary Caribou, Right Whale, Sea Otter, Wolverine.
- Birds:** Acadian Flycatcher, Burrowing Owl, Eskimo Curlew, Harlequin Duck, Henslow's Sparrow, Kirtland's Warbler, Mountain and Piping Plover, Northern Bobwhite, Peregrine Falcon, Spotted Owl, Whooping Crane.
- Fish:** Acadian Whitefish, Aurora Trout, Salish Sucker.
- Reptiles and Amphibians:** Blanchard's Cricket Frog, Blue Racer, Lake Erie Watersnake, Leatherback Turtle.
- Plants:** Cucumber Tree, Hoary Mountain mint, Mountain Avens, Prickly Pear Cactus, Slender Bush Clover, Slender Mouse-ear Cress, Small White Ladys' Slipper, Tread-leaved Sundew, Wood Poppy.

The World Wildlife Fund's Ten Most Endangered Species List (International)

- Tiger:** Fewer than 6,000 of these magnificent cats are likely to remain in the wild. All tigers are native to Asia and live in temperate regions, such as Siberia; and tropical regions, such as Southeast Asia. Tigers face a variety of threats from habitat loss to poaching.
- Black Rhino:** In Africa, numbers have dropped to fewer than 2,000. Rhinos are killed for their valuable horns.
- Giant Panda:** Less than 1,000 left in the wild in China. Giant pandas may face extinction before the end of the century unless drastic conservation measures are taken. Giant pandas threats range from habitat loss, to trade and poaching.
- Asiatic Black Bear:** Six of the world's eight bear species are declining in numbers due to habitat loss and poaching for the trade of gallbladders.
- Himalayan Yew:** Found in sections of Bhutan, Afghanistan, Pakistan, India, Nepal, Burma and China, this slow growing conifer is considered endangered due to deforestation, trade and heavy collection for taxol extrac-
- tion. Taxol is a promising anti-cancer agent.
- Atlantic Bluefin Tuna:** Overfishing in the Atlantic has caused this species to decline by 80 per cent over the last 20 years.
- Hawksbill Sea Turtle:** Named for its distinctive beak, the Hawksbill is the principal source of "tortoise shell" souvenirs and trinkets. The market for tortoise shell is a major threat to the species' survival, even though it is officially banned by most countries.
- Saigo Antelope:** Found in Mongolia and Russia, its horn has been used in traditional Chinese medicine for centuries. Hunting of saigo antelope has accelerated due to the declining numbers of black rhino.
- Egyptian Tortoise:** Found in Egypt, this small desert living tortoise is sold in markets for pets and also used as an ingredient in fertility medicines.
- Red and Blue Lory:** Less than 3,000 parrots exist in the Indonesian islands. Pet collectors have wiped out one-third of them in the last two to three years.



ENVIRONMENT CANADA GRAPHICS

There are a variety of reasons species become endangered. Loss of habitat, use of animal parts for traditional medicine and the making of consumer products are some of them.

Brighter days await, promise futurists

by Joe Mercer

For many, the chaos of riots, droughts, air pollution, earthquakes and incurable diseases have left them with little hope for the future. But individuals do exist who focus on the brighter side of what lies ahead.

They are called futurists.

These people are from all walks of life. They are business people, scientists, teachers, technologists and any others concerned with the way the world is headed.

Futurists are usually divided into two camps.

On one side are the complainers. Those whose crystal-ball is covered in spider webs, surrounded by black cloth and burning candles, hell-bent on the fact that today's society is on a one-way express ride to Armageddon.

On the other hand, there are those who believe everything can be changed through the involvement of the world's population.

This idea has begun to break through, according to futurist and former U.N. Assistant Secretary-General, Robert Muller. In the January 17, 1995 issue of the *Financial Daily Post* Muller said he believes people have come to a "planetary consciousness," and are using it to better society.

Muller credits this to the

development of computer technology and its ability to look at the state of the planet and its future prospects.

This is what he terms a "global brain," meaning a sense of a world community.

Muller has a positive outlook on the 21st century. He predicts global population growth will stabilize within 70 years and environmental degradation will balance out in 55 years.

Another upbeat look into the future can be attributed to 16th century writer Nostradamus, probably the most famous of futurists. Nostradamus predicted scientists would find a reversal of the aging process. He foresaw medical treatments for the disease of aging. In his *Centuries*, Nostradamus wrote, "the old, grown young with smooth skin. The senile lose their confusion. Robotic luxury."

Interpreters of Nostradamus' writings also claim he foresaw the explosion of the Spaceshuttle Challenger, the emergence of AIDS, the rise of Saddam Hussein and the depletion of the ozone layer, to name a few.

Good news for those who believe in Armageddon, Nostradamus figured the world would come to an end around 1999.

Many futurists and many of Nostradamus' followers, however, feel that because of numerical discrepancies, the date will be more around 3797 A.D.

According to futurists people will also find working easier in the future.

Cellphones, beepers and lap-top computers that can link workers from cars to offices already make life easier. But according to Arthur Shostak, a sociology professor at Drexel University and member of the 30,000 member World Futurist Society, people will become more involved with their jobs than ever before.

He said computers will become an accessory item, like earrings or wristwatches and we'll wear them everywhere.

"All of us will be in a loop, inside cyberspace, electronically knit together," Shostak said in a May 22, 1995 *Toronto Star* article on what American workers can expect as they face the millennium.

This loop will shut out those with high school diplomas or less and college grads will find themselves in jobs well below their skill level.

Futurists also devote much talk to sociological change in the "future society".

Many see a new revised religion that would have concepts never seen before. Maybe even one religion for all people.

According to *Omni* magazine, a new type of car will be developed. In fact, such a car is already in production. The new car will be made entirely of carbon fibers and glass. This construction would reduce the car's weight by 75 per cent and cost by 90 per cent. Another bonus of the vehicle would be its gas mileage, with it getting 150 miles a gallon.

Futurist Richard Worzel, announced in May in a speech delivered to the Investment Management Sales Executives in Toronto: "We face a future of either great prosperity or of great pain and suffering. And we alone will alter the future, in the decisions we make as individuals and as a society in whole".

Worzel singled out the federal budget and the Parti Quebecois referendum vote as the deciding factors of the 20th century, saying that (the Parti Quebecois) may lose the vote, for society to be on the "right track".

"Ladies and gentlemen, we are literally balanced on a knife edge," he said.

Crime in future unclear

by Angela Gilchrist

Remember the good old days when we didn't have to lock our doors before going to sleep at night? What about the time our parents used to leave their cars running outside the corner store, not worrying about somebody stealing them

Those days are long gone. Many Canadian and American cities are facing more crime than ever before. Is crime becoming worse in today's society, and will it deteriorate more as we approach the new millennium?

"There is no one set of statistics that say crime is rising and will continue to rise," said Sergeant Nigel Fontaine of the Metro Police Force. Fontaine went on to say, "It's very difficult to predict what crime will be like in the future, but we are doing our best and are working together with the public. How society views crime is all relevant to the social existence at that time."

Crime has existed since the beginning of time. Adam and Eve had to face it, the Mahaffy and French families had to deal with it, and we too will likely have to confront some form of crime in our lifetime.

Recent cases such as the Paul Bernardo double murder trial and the O.J. Simpson murder trial, have left many wondering what is wrong with people in our society.

Some people believe the future looks bleak. "I think crime is only going to get worse," said Stacie Thomas, a second-year Legal Assistant student. "When people commit crimes such as murder they can still get off. I think capital punishment should be brought back in so people will think twice before they commit some of these crimes."

While second-year Architecture student Anna Sulima doesn't want capital punishment to be brought back, she too believes that crime will rise, but only by comparison.

"What we think is bad now is going to be worse then," said Sulima. "With new technology, everything is going to advance including crime. The only difference is that crime will be more organized and intelligent."

In the past few months, the public has been overwhelmed by grisly murder trials, violent bombings and everyday crimes. Fontaine said it is impossible to determine what crime will be like in the future. "Maybe it will be acceptable in the future, who's to know, we're not there yet."

Bleak environmental future unless change is made now

by Sean McGrillen

Global warming, ozone depletion and deforestation are the major issues humanity will face in the next millennium, says a representative of a local environmental group.

Dan McDermott, of Toronto-based Earthroots, said the environment is going to get worse before it gets better, but that's no reason to throw in the towel.

"We as human beings have to learn to live in the confines of this planet, not without," McDermott said.

As bleak as the future may appear, McDermott agreed some progress is being made, but it will be overshadowed by other matters.

Consequences of environmental abuse such as skin cancer from a depleted ozone, and the greenhouse effect caused by deforestation will continue and worsen if this generation does not start doing something about it, McDermott said, they'll have "two choices: commit suicide or solve the problem."

McDermott agrees this is harsh, but it is the only way to get the point across that the younger generation can no longer put the blame on their parents. "My generation said we didn't have a prob-



SHANNON WILLIAMS

More must be done to protect the environment for future generations.

lem to deal with, but we did. Every generation has problems and the reality is we're here to tackle it," he said.

And as important as these issues are, McDermott said the only way to solve the world's problems is to start at home. "Think globally, act locally. We're one big ecosystem," he said.

The idea of acting locally is what Ontario's Ministry of Environment and Energy advo-

cates. Programs calling for cleaner air and water are in place, but their effects are limited without more cooperation from other groups, said Jerry Merchant of the Ministry of Environment.

He cites the Great Lakes as an area where other hands are needed. "There's only so much regulating you can do without the United States and federal governments," said Merchant.

Environmental policy is dealt

with by the federal government and they, in turn, work with the provinces towards achieving their goals.

"Curtailling pollution and ensuring drinking water regulations are our immediate concern," he said.

However, in the wake of recent cutbacks, the Ontario Ministry of Environment and Energy is concerned about how effective it will be in the future. Merchant said that currently, the ministry is funded by a budget of \$331 million, but will see a \$55.4 million cut by the Tory government.

The effect of the cuts won't be felt for a while yet, but the ministry is already in the process of designating which programs are more important and which are expendable, while hoping for the best.

"I'm sure they're not going to sacrifice the environment for fiscal restraint," Merchant said.

Both Merchant and McDermott believe the biggest issues facing the planet are deforestation, global warming, and a depleting ozone.

McDermott also said humankind can expect more and more weather disturbances like hurricanes, which are increasingly being attributed to melting polar ice caps. "Warmer temperatures create problems," he said.

Teacher writes '18-year novel'

by Patricia Wilkinson

A Humber literary teacher will relive Chinese-Canadian history through his first novel at two Vancouver writer festivals this weekend.

Wayson Choy will take his book, *The Jade Peony*, to both the Vancouver International Writers' and Readers' Festival and A Writer's World - Surrey Writer's Conference.

Choy, an English teacher for 25 years, said the trip will not only help bring attention to his book but also publicize Humber College.

"I'll be advertising Humber School of Writers, to tell people that learning how to write is part of the process," said Choy. "This is an opportunity for the school as well to publicize their faculty."

The Vancouver native, who will be sharing the spotlight with authors from all over the globe, will read at three of the festival's workshops on October 19. On Saturday, he will speak at the conference about the evolution of



GARY GELLERT

Humber's Wayson Choy.

his novel at the evening's banquet.

"I hope to have people interested enough to read the book, to share the experiences," said Choy.

The novel, which was released on October 15, centres around a Chinese family in Vancouver's Chinatown dealing with the depression and World War II. The book is written through the eyes of three children as they struggle between Canadian and Chinese culture.

"I wanted to celebrate the historical background of Chinese Canadians," said Choy. "It's attempting to explain how people survived when there was so much depression and poverty."

The book has been dubbed 'the 18-year novel,' because the original idea was created in 1977 in a University of British Columbia writing class. The short story was the winning entry in the Chronicle Creative Writing Competition, and was republished about 22 times.

A publisher saw the story about two years ago and asked Choy to write a collection that eventually became a novel.

The Jade Peony, which is available in the Humber bookstore this week, has already received positive reviews. Choy has sold the rights of his novel to CBC radio to be aired in full length next fall.

His second novel, a continuation of the first, is already in the works.

East coast outsiders storm across Canada

by Renee Desjardins

Fresh-faced New Glasgow natives, **sandbox**, are cracking into the Canadian music scene with a vengeance.

Their catchy hit "Curious" has gained them recognition across Canada. Currently, they are touring across Ontario and are planning to catch up with **the Watchmen** in late October for a West coast tour.

sandbox played two shows at Lee's Palace on Wednesday night. One of the shows was an all-ages event to cater to the group's many younger fans. In a interview at The Second Cup, guitarist Mike Smith and vocalist Paul Murray talked about the band. Unfortunately, the interview was cut short by the shop's owner asking us to leave his establishment — so much for supporting Canadian talent.

The group has been together for two and a half years, and in that time they've released an indie EP called *maskman*.

"(*maskman*) is now a collectors item," said Smith. "There were only about a thousand copies made so if you have one you're lucky."

Their latest release, *bionic*, has so far sold over 25,000 copies. *bionic* has only been released in Canada, but Smith is hopeful an American distribution deal will be created in the near future.

"We don't like to buy a CD where every song sounds the same," said Smith. "We tried to come out with 12 songs that sound



COURTESY PHOTO

Nova Scotia's **sandbox** has many younger fans different."

Smith said he finds it hard to write songs that are different, but not so different that people are turned off by them.

"It is really easy to go too far," said Smith. "You want to go off in another direction, but you want people to know it's you."

Despite a lot of focus on the east coast with the success of **Sloan** and **Superfriendz**, Smith and Murray said that **sandbox** was never really part of the East coast music scene.

"We were in a different scene," said Murray. "The other one that didn't get the attention."

Both Smith and Murray cited **the Rheostatics** as their favourite Canadian band. They also said **the Rheostatics** would be one of their first choices for touring mates.

Murray is the nephew of singer Anne Murray, but said being related to the singing great has had no

real effect on him.

"She didn't even know I was in a band," said Murray. "She knew that I sang, but had no idea we had come this far."

sandbox is made up of Paul Murray, Mike Smith, Jason Archibald, guitarist, Scott McFarlane, bassist, and Troy Shanks, drummer. The group all grew up together in Nova Scotia, playing hockey and leading the proverbial Canadian life.

The group rented a U-Haul and borrowed one of their dad's trucks to go out on tour the first time around. They even camped out most of the way.

Smith said his aspirations for **sandbox** are simple. "I'd like to make five records that get successfully, no sufficiently..."

"Successively," suggested Murray.

"Yeah, successively better," finished Smith.

Monopoly champion "had them all cornered"

by Lisa Weir

The son of a Winnipeg real estate agent had the luck of the dice last Friday at Canada's National Monopoly Championships in Toronto.

"I waited long enough. I encouraged the other opponents

Some more facts about Monopoly

- Official Monopoly Guinness Book of World Records include playing the game in a moving elevator for 16 days; in a bathtub for 99 hours; upside down for 36 hours; and in a treehouse for 286 hours.
- Every year, Parker Brothers prints more money than both the U.S. and Royal Canadian Mints.
- Parker Brothers has "constructed more than five billion little green houses since they first began producing the game.
- The longest Monopoly game ever played was 1,680 hours or 70 days straight.
- There is a braille Monopoly set available.

not to trade right away so that I could build up enough money to buy houses," said Bill Bartel, an 18-year-old high school student from Winnipeg. "I had them all cornered."

Bartel will represent Canada at the World Games in Monte Carlo

• According to computer statistics, the spaces most frequently landed on are Illinois Avenue, Go and B & O Railroad.

• Seven is the most common die total thrown.

• In 1972, the Atlantic City Commissioner of Public Works threatened to change the names of the real Baltic and Mediterranean Avenues, but public outcry vetoed the bill.

• In Cuba, the game had a strong following until Fidel Castro took power and ordered all sets destroyed.

• Monopoly is sold in 45 countries and 25 languages.

in 1996, where he will compete against Monopoly players from more than 40 countries.

The winner in southern France will be awarded \$15,140 U.S. — the exact amount of money used in a Monopoly game.

Bartel said he has been playing Monopoly for many years. His strategy is to buy everything except for utilities, and his favorite properties are Tennessee, New York and St. James.

"When I was a kid we used to play at family gatherings. I think I learned from my parents," he said.

Bartel is considering going to Bible school and becoming a minister or pursuing a career in real estate.

He captured the championship title from Toronto real estate agent Jay Bleiweiss, the previous national champion.

Bleiweiss competed at the world championships four years ago in Berlin, finishing second. He said that participating in the World Monopoly Championships

is an incredible experience.

"He (Bartel) doesn't realize what he's in for," Bleiweiss said. "They love Canadians, and the fact that you're Canadian is the best thing about it."

The Monopoly Games are held every four years. Despite bad luck this time around, Bleiweiss said he will compete in the next competition in the hopes of winning back his title.

"He got a monopoly without making a trade," he said. "It enabled him to build without even talking to anyone of us."

It was all over 20 minutes into the game, Bleiweiss added.

The championships were held at Toronto's Design Exchange, on Bay Street, following a series of regional championships held in Vancouver, Montreal, Winnipeg, and Toronto.

At the regional level, about 900 people participated for the chance to compete nationally, said Michel Dupuis, director of marketing for Parker Brothers. Dupuis said in

some of the cities, organizers had to turn people away because of the large number of wishful competitors.

At the national event, competitors sporting black fedoras, suspenders, and looks of intensity, played for one hour and 45 minutes, making it the fastest Monopoly championship game ever played.

The youngest regional champion, 15-year-old Marie-Mai Dauzet from Montreal, wrapped a white feather boa around her shoulders and held her hair in place with a sequined headband adorned with a single feather. Caterers in similar attire fed the onlookers a variety of hors d'oeuvres on silver platters, as well as champagne, coffee, and juice.

Dauzet said she didn't have the luck she needed to win Friday's game. She said the qualifying game in Montreal was easier and that she will compete again to defend her title.



VERENA VEGA

Band leader Dan Shwetz has a commanding stage presence.

Dark, explosive rockers seek greater exposure

by Verena Varga

What began as an excuse to party has snowballed into an independent record and a North American tour for a southern Ontario band.

Based out of London, Ontario, **The Last Supper**, composed of Sam Scanga, Dan Shwetz, Matt McCarthy and Pete Walker, "started out as an excuse to booze and travel," said David Baines, road manager and arbitrator of the band. "But it has quickly evolved into something bigger and better."

Although the band has only been together since March of last year, they have already conquered many hurdles. They have enjoyed radio play on university stations, recorded their first album and proven their ability to perform live.

Their engagement at Toronto's Lee's Palace last Thursday was an explosive performance. Lead singer and guitarist Dan Shwetz displayed a commanding presence on stage, which had the audience hexed until the last screaming guitar chords faded.

The sound of **The Last Supper** could be distantly related to **Bush**, but the overall vibration, past the

flashy guitar riffs and mighty drums, is one that remains distinct.

Besides headlining at over 40 clubs in 15 cities, the band got a chance to open for internationally acclaimed bands such as **the Watchmen**, **Pure**, **54•40**, **Big Sugar**, **One** and **The Pursuit of Happiness**.

"Being seen by as many people as possible is very important for an independent band like us," said Baines. "Our goal in the coming year is to go on tour with a bigger band, so we can get some exposure on a larger scale."

Their debut album, *Beginning of the End*, was completed in the summer and is currently available in London record stores. Nationwide release will not be until January, because major artists usually put their products on the market in the fall and independent releases often drown in their wake, explained Baines.

"We will be touring in the States until January, three shows a week, and try to get as much exposure as possible. Then when we return, there will actually be a market for us," said Shwetz. "If we were to put the CD in stores now, we would be the ones losing

the money."

Shwetz is not just the singer/guitarist of the band, but also producer of the first album and writer of the music and lyrics for the material on the record. The album is released on Shwetz's own label, Vamp Records.

The CD is of exceptional quality soundwise, which can often be a problem with indie releases. The overall feel of the album is thick and dark, but listenable.

"The plan is to break into the U.S. market first and then the Canadian (market). The reason behind this is that it is easier for us to cover more cities and clubs in less time in the States, here we would have to be on the road for a ridiculous amount of time to reach the same amount of people," said Shwetz.

The tour will include dates in Seattle; San Francisco, Los Angeles, Dallas, New Orleans and Miami. Upon the return of **The Last Supper**, not only will their CD be officially released, but their first video for "Ignorance," which was filmed over the summer, will be ready for the public.

Shredding guitar sounds drive Gang of Four

by Jason Pickup

"Political" is a dirty word for Andy Gill, guitarist for the seminal British post-punk outfit **Gang of Four**, who have often been called just that.

"I think it's misleading to say we're a political band," said Gill, on the telephone from his New York hotel room a week before a Toronto stop at the Phoenix. "We're not peddling some political line. We never have done."

What **Gang of Four** is peddling is a brand-new album, self-referentially entitled *Shrinkwrapped*. They may not be raving ideologues, but — as always — they have a strong point of view. And "political" isn't the only word Gill and vocalist Jon King don't like.

"Banned Words," a bonus track to the band's current single, "Tattoo," is a song full of words they find suspicious, like "truth," "history," and "dollars." The words are read over a post-industrial noise of fax machines and feedback.

"We say something out of the normal mainstream, and some people may get threatened by that," said Gill. Indeed, the group has been banned twice from the British Broadcasting Corporation.

Gang of Four songs "describe aspects of our lives and other lives as we see it," said Gill. "We like to present a lot of things ironically."

"Tattoo" tells the story of an alienated man in the U.S. Midwest

who wants to be a serial killer. "But he hasn't got the spark to do it," said Gill.

The song is one of several on *Shrinkwrapped* featured in director Peter Hall's film noir, *Delinquent*, an entry at this year's Sundance Film Festival.

Aside from some work for British television, the London-based band had been inactive since 1991's *Mall*, which didn't even get released in their home market.

"It definitely wasn't a critical flop," Gill argued, although he admitted it was "a very flawed record."

One-third of *Mall* was "not so great," because of overproduction and too many dance beats, explained Gill, the album's producer. He pulled in the reins for *Shrinkwrapped*, which harkens back to the minimalist, implicit funk of their powerful 1979 debut, *Entertainment!*

But the most notable link is Gill's shredding guitar sounds, which have been restored to primacy on songs like "Better Him than Me."

The band has never sold many records, but rock heavyweights like **R.E.M.**, **Fugazi**, and **Ministry** have cited **Gang of Four** as a major influence. Gill produced the first album by the **Red Hot Chili Peppers**, who may bring **Gang of Four** back through North America on a tour early in the new year.



JASON PICKUP

Gang of Four vocalist Jon King launches himself at the microphone for another song.

Drama, energy, and passion fire live show

by Jason Pickup

Gang of Four vocalist Jon King was on his knees, breathing heavily. He had his arms on his waist and a towel over his head.

The rest of the band played on steadily around him, as King climbed back to his feet and launched himself at the microphone for another song.

The aging King was dramatic, energetic, and passionate, during the band's performance at the Phoenix, on October 11. He screamed violently, sang passionately, and spoke softly. He jumped up and down, swayed

back and forth, and thrust his waist in and out, as he flung his arms around above his snapping neck.

Then he collapsed all over again.

Guitarist Andy Gill, too, clutched his stomach more than once, after a mad dash around the stage.

Mostly, Gill was stoic and purposeful. His buzzsaw guitar on songs like "Return the Gift" clashed beautifully with the manic fury of King, and the simple, lurching rhythms of bassist Lawrence O'Keefe and drummer

Steve Monti.

New songs like "Unburden," which deconstructs phone sex, were impressive. And older tracks like "Anthrax," with Gill's charred feedback, and "To Hell with Poverty," the band's greatest single, sounded as urgent as ever.

"We'll get drunk on cheap wine," King sang. "The cheque will arrive. It's in the post again."

As **Gang of Four** left the stage before returning for two encores, O'Keefe knowingly waved to the crowd. "Goodbye! Goodbye! Goodbye!"

He didn't mean it, and the

How to get ahead in broadcasting

Nicole Kidman gives a crash course on success in the 90's

by Leeanne Lavis

In the small town of Little Hope, Suzanne Stone's (Nicole Kidman) forecast is calling for bone chilling temperatures.

To Die For is really about one simple woman who wants it all and knows the price she's willing to pay to quench that desire.

The characters in this bizarre movie are unyielding. Kidman does an excellent job turning Suzanne into someone who is stupid and egotistical, but, at the same time, vulnerable and human. Her performance in this movie is comparable to her exceptional performance in *My Life*.

Suzanne, who reports the weather for a local cable channel, firmly intends to become the next Barbara Walters. She craves attention from everyone and would kill to become a television star. Kidman wonderfully mirrors a personality type not unfamiliar to those who labor in the media.

Larry Maretta (Matt Dillon) is Suzanne's unsuspecting husband. He works at a local Italian eatery that his family owns. Although Larry is a "nice" guy, Suzanne thinks he's too commonplace. Dillon's acting has always been underrated, and his performance in this movie is sly and comical.

With her murderous pursuit in mind, Suzanne begins working with three students from a local high school. Suzanne is extremely manipulative and the students are extremely susceptible. Her character has a very persuasive personality.

The movie is full of suspense and has a surprising ending. At times the movie drags, so if you're looking for an "action" flick this might not be the best choice. But if you want to watch a zany, weird and different movie, this is a good pick.

To Die For, which was directed by Gus Van Sant, is based on a

book by Joyce Maynard with a screenplay by Buck Henry. It was shot almost entirely in and around Toronto.

Inspired by a true story, this evil film will have you analyzing the characters to death.



COURTESY PHOTO

In *To Die For*, Nicole Kidman uses her looks to get ahead in television.

X-Files convention is X-pensive

Popular television show tries to cash in on success

by Brandon Grigg

The truth is out there.

It's expensive, but it's out there.

The *X-Files* convention presented by the Canwest Global System at the International Plaza on October 8, was full of displays and slide shows of the popular hit TV series. But it was more reminiscent of a night of slide shows at my Aunt's house.

For three seasons, *The X-Files* has been Fox television's Friday night hit series about two FBI agents who investigate the unusual and extraterrestrial.

Maria Tassone, a promotion coordinator for the Global Television Network, knows *The X-Files* is a huge hit in Canada if not the U.S.

"The show in the United States debuted to a cult following, but it never had huge numbers. In Canada it is a top 10 show and has been a top 10 show from year one," Tassone said.

The *X-Files* convention started just before noon and ran until 5 p.m.

The convention began with a music video salute to the paranormal world of *The X-Files*.

Wow.

That was followed by an *X-Files* slide show highlighted by memorable moments from the TV show. But long lines kept many people outside for the opening segments.

By the time I finally paid for my \$16 standing-room-only ticket, and ran up the broken escalator, I was just in time for *The X-Files* trivia contest, which begat *X-Files*

in the news, Scullyisms/Mulderisms, *X-Files* blooper reels, another music video, some audience participation, and *X-Files* around the world.

Michael Hait, a medical student from the University of Techion in Israel, enjoys the show from across the world.

"It's bizarre, it's escapism and completely unreal," Hait said.

In Israel and Hong Kong it's broadcast twice a week. Both countries have a hard core group that watch the show religiously, Hait said.

Outside the auditorium, displays of costumes worn in differ-



COURTESY PHOTO

Mulder and Scully investigate the supernatural and government conspiracies on the *X-Files*.

ent episodes were hanging in one corner of the room by the public pay phones. Agent Dana Scully's white parka from episode "Ice" and Agent Mulder's black trench coat from the "Shapes" episode were enshrined on a black wall at the back of the convention hall.

The rest of the room was lined with tables full of merchandise. One lady from Creation Entertainment, the New York

based company which runs the merchandising aspect of *The X-Files*, sold out in the first hour. Wool and leather jackets sold for \$420 and nylon jackets sold for \$168.

Similar merchandise was on sale all over the convention: Baseball caps for \$21, posters for \$10, and comic books of *The X-Files* for \$4.

Mike Dauenheimer, an employee of Creation Entertainment of New York City said he expects *The X-Files* conventions to continue.

"Right now it will peak for a while and there will be a lot more conventions and I'm sure people will always love the show. But this level will only last so many years," he said.

Between the slide shows, merchandising and music videos, Nick Lea, A.K.A. Agent Krycek, the agent we love to hate, took to the stage.

Lea praised the creator Chris Carter, the writers, the producers, and finally the fans. He was asked little about the show. Teenaged girls asked questions about girlfriends,

hugs, previous acting, and the always popular boxers or briefs.

"When you're an actor it's good to be seen on this show is just an added bonus," Lea said.

To be seen at this *X-Files* convention was no bonus. Lea was the only part of the convention I would have paid money to see. He was well-spoken and seemed to enjoy speaking with the fans.

FILM JUNKIE

by Sean Ballantyne

Have you ever seen the movie *Gremlins 2: The New Batch*?

It's a pretty bad movie, but it did have its moments. Like the one sequence when the television announcer told viewers to "Stay tuned for *Casablanca*, in color and with a new, happier ending."

The scene summed it up perfectly, what filmmakers today are capable of doing.

Using digital imaging techniques, film editors can take older films and colorize, add new characters, transpose images... you get the idea.

I remember being preached at by a former film and media teacher about the evils of digital remasters and colorization. But those were in the days (only a few short years ago) when colorization meant bringing the film to life with vibrant colors, like something you might see in a pastel nightmare. Remember the colorized version of George A. Romero's *Night of the Living Dead*? Ick!

Now, colorization techniques are such that you would never know if a movie was filmed in color or black and white just by looking at it. In *Schindler's List*, did you ever wonder how they got the little girl in the red coat to stand out while the rest of the film was in black and white? They filmed it all in black and white, then, using the imaging, added the color to the scene. And colorization is only the beginning.

With computers and digital imaging, film editors can really make interesting changes to the movies. With the recent *Wagons East*, they had to re-edit some of the scenes with John Candy, after his death on location. They used scenes already filmed and brought the images over from one sequence to the other, giv-

ing the appearance Candy had filmed the scene.

We can't forget *Forrest Gump*. Remember those scenes with Tom Hanks transposed with the old footage from the 1960's? Now how do you think they did all of that? With glue and a pair of scissors? They spent hundreds of hours re-editing the footage, and transposing the image of Hanks on to the film.

By the same token, old films are being remastered with extra scenes added in. Older films, that have degraded over time, are being revitalized and made to look fresh again. But what are the moral limits?

The film *Metropolis*, an old 1920's silent film, was remastered with a new rock soundtrack, and the film quality was cleaned up. I can't tell a lie, I liked the remastered ver-

sion, especially the music. But, the original uncut version is available and I have yet to see it. (Shame on me!) I have heard arguments that adding the new soundtrack was worse than colorization. I ask why?

There are those who would argue that a black and white film should stay in black and white. Colorization, no matter how good it looks, is an abomination and must not be used. Others argue that creating, or transposing images is morally wrong, and should be avoided.

Many older films are only in black and white because the director had no other option. Technicolor has been around since the late 1930's, but it wasn't available to everyone who made movies. I am quite sure that many of these directors would love to see what their film looks like in color.

Hell, maybe even *Casablanca* could look good in color, but a happier ending would be pushing it.



COURTESY PHOTO

Revitalizing a classic.

I AM not an obsessive hockey fan.
but there is a '95 zamboni parked in my garage.

THE CANADIAN I AM HOCKEY POOL:
draft your team at <http://www.molson.com/CANADIAN>

Hard to find music haven

Penny Lane Records offers alternative to big chains

by Christian Kluszczynski

Looking for records but just can't find them? Looking for a single that's next to impossible to find? Well there's a place where you can get them, and it's right in Toronto.

It's called Penny Lane Records, located at 494 Queen St. W.

"We are truly the alternative to HMV," said owner John Hamilton. "We bring the bands in before HMV or the media even realize who they are. We've been doing that for 12 years."

Irish bands like the Sultans of Ping and the Frank and Walters, are virtual unknowns in Toronto because they get no radio airplay and no print, according to Hamilton.

"Because the Canadian media doesn't get the word out about certain music from a certain place, kids end up liking stuff like Neil Young," he said.

"You've got to create your own heroes rather than having to borrow them," he said.

Even though the store offers many CDs, it has an abundance of new and old bands formatted on vinyl (records), and is one of the only retail stores in Toronto that still has them available.

"The record companies



COURTESY PHOTO

Looking for obscure? Have a look inside Penny Lane records.

screwed up by pulling vinyl. It never stopped selling," he said. "That's why we flourished, because we kept selling vinyl. Vinyl is a much more working class medium than CD."

Because of the wide variety of records available, collectors from all over the world come in to check them out.

"We've had St. Etienne (British band) come in here and all of Morrissey's band. And Roger Daltry (of The Who) came in one time looking for Sisters of Mercy stuff."

Among rarities to be found in

the store, are a complete Smiths album set (on vinyl), Menswear's first ever single "I'll Manage Somehow" (there were only 1,000 printed), Stone Roses demos, and much more.

"People enjoy the music (from the U.K.) and the clothes," said Hamilton. "But the music comes in fragmented (out of context). They don't understand the derivatives."

"We're doing something in six weeks time to show people where the new mods come from. To show them the original 60's."

The "Mods" of the mid 60's rode motor scooters, dressed in "beatle suits" and supported bands such as The Who, The Small Faces, and The Beatles. They fought running battles against leather-clad "Rockers" who rode motorcycles and supported "bad-boy" bands, such as The Rolling Stones. A movie was even made depicting the scene, called *Quadrophenia*.

The whole point of showing people the "Mod" showcase is to educate them and to let them understand why the British music scene is the way it is now, he said.

"Music is the bible of the youth," said Hamilton. "It's an untouchable power."

Birthday a perfect gift

Junkhouse's personal voyage to success

by Rosanna D'Souza

At first glance, the boys from Junkhouse look like something brewed in Steeltown Hamilton, but after listening to their second album, *Birthday Boy*, you realize that these guys have a heart of gold.

Tom Wilson, the lead singer of the band, has made the album a personal voyage through time. With songs about childhood memories, family, frustration, and a touching duet about a homeless person, *Birthday Boy* displays a genuine side to this rock band.

Although their first album, *Strays*, went gold, Junkhouse does not forget where they came from. They consider themselves "underdogs."

This album is dedicated to anyone who can relate to the struggle of accomplishing a dream.

Drummer Ray Farrugia, bassist Russ Wilson, and guitarist Dan Achen contribute a unique sound to the album, helping Wilson's scratchy voice and narrative lyrics come to life.

In "Burned out car," fellow Canadian Sarah McLachlan lends her voice to sing back-

ground vocals.

Wilson collaborated with Murry MacLaughlin to write "Burned out car," a song describing the life of a homeless man. Wilson refers to society as "a twilight world that has no heart", but says it's not to offend but to remind others that these people exist.

When asked why "Birthday Boy" was chosen out of all 10 tracks to be the title, Wilson is quick to answer: "Because every asshole and loser gets his day."

Their first release from *Stray* was "Out of my head," which helped the album go gold.

The first release from *Birthday Boy*, "Be someone," is climbing the MuchMusic charts, leaving Junkhouse

at number 20 this week.

The band has opened in the past for such artists as Bob Dylan, Midnight Oil, Green Day, and Soul Asylum.

Not only does this album have the potential to make Junkhouse a household name in Canada, but it offers a driving beat that you usually only find when listening to bands play live.



COURTESY PHOTO

Junkhouse: Rockers with a message.

Real Life
Real Bar
Real Party

ZACKS

T.O.'s
Party
Pavillion

250

Thursdays

Humber's Pub Night

No Cover with Humber I.D. B-4-11

Miss Zack's Bikini Contest Nov 2nd

ZACKS
Presents
The Ultra-mate

LADIES NIGHT
Friday Night Friday Night Friday Night Friday
HOT & COLD BUFFET 8 pm
MALE DANCERS 9pm
Table Dancing Ladies Only
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Bucket or Pitcher of BUD & Bucket of WINGS (20) or 14" PIZZA \$14.00

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ROCK JAM WITH

All Musicians Welcome
J AM Classic Rock and Alternative
BONE REED
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Men's volleyball crushes Alumni

New coach Wayne Wilkins wins first game at helm

by Derek Lacroix

The Humber men's volleyball team romped the men's volleyball alumni team three games to one last week.

Head coach Wayne Wilkins, in his first season coaching, said the victory was encouraging.

"It was a good way to start the season, it's a season with a lot happening. We have some first-year players and a new coach," said Wilkins.

It was also revenge for some of the returning players who lost

three out of four games to the alumni last year. This time, the Hawks won the first two sets by scores of 15-7, 15-13, but lost the third set 15-11, before coming back to win the fourth set 15-10.

In the first set, the Hawks fell behind 0-2 and seemed flat, before rallying for 10 straight points to take command of the set.

"Sometimes you can be almost overexcited, there's a lot of adrenaline running. I think it took them a couple of minutes to calm down and relax," said Wilkins.

He said the match showed the stage the team is at in its development.

"But there are some things that need to be improved. Our defence needs work and our passing needs work."

"Overall they played well, no major concerns, nothing that made me think we've got to fix this now or else," said Wilkins.

Wilkins also said he saw a lot of good things from the bench.

"I think the guys coming off the bench did a good job. Not only did

they play well, but they kept the rest of the team up and kept morale high when they were on the court and that's important."

Wilkins said it is too early to tell how good this team will do, but thinks they will be very competitive, and challenge for the OCAA West division title.

The Hawks begin the regular season against the Canadore College Panthers in North Bay on October 27. Their home opener is November 9 versus the Redeemer College Royals.

Men's volleyball wins Nipissing tournament

by Derek Lacroix

The Humber men's volleyball team won five out of six games to win the gold medal at the Nipissing University volleyball tournament last Saturday.

The team played four round-robin games before moving on to the semi-finals and finals.

In the first game, the Hawks crushed host team Nipissing 15-4, 15-8, and then went on to beat Canadore College by scores of 15-7, 12-15, 15-9, before losing to Seneca, 15-11 and 15-8. The Hawks finished the round-robin portion of the tournament with a strong win over Georgian.

In the first set against Georgian, they won 15-2, but the Hawks seemed to lose focus after that and lost 14-16, before coming back in the third set to hammer the Grizzlies 15-1.

That put the Hawks into the semi-finals where they faced Canadore again and defeated them in three sets 16-14, 10-15 and 15-6. The Hawks then faced the Seneca Braves, and in a close match, won by the scores of 15-12, 12-15 and 15-12 to take the tournament.

Coach Wayne Wilkins said he was very happy with the team's performance, and he thought the tournament was great for the team.

"Everyone got to play and everyone played well," Wilkins said. It was a good bonding experience."

Wilkins also said the tournament helped to show where this year's competition will come from. And now it's just "time to start the season."

Women's volleyball wins respectfully

by Pam Fawcett

The Humber women's volleyball team played in an exhibition alumni game last Thursday and won three out of the four contests.

Assistant Coach Colleen Gray, who played for the Alumni, said she was very impressed by the team's improvements and said the women's volleyball team played at their peak.

"Everybody played exceptionally well. We're so early in our season that if they continue to play like that they're going to be just awesome," said Gray.

The women won their first and second games 15-9 and 15-10 respectively. They dropped the third 15-9 but won the fourth game in a close 16-14 match.

The Hawks had a strong showing from the entire team, but in particular setter Kathy Daigle and offside power hitters Andrex-Claudia Davis and Carrie Swain.

Daigle led the team with four points in the first game and Swain served match point. Davis had a strong outing in the second game



PAM FAWCETT

Women's volleyball alumnist dishes a rapid spike during the game against the women's volleyball team last Thursday.

with three points and helped in Daigle's five point rally, with a huge spike into the middle of the alumni court. Swain came up with five points in the Hawks' losing effort in the third game, and Davis contributed six points and had a brilliant save on an alumni hit into

the open court in the fourth and final game of the match. Power Christine Rudics also had a strong fourth game, producing three points and the game winning cross-court hit.

The Hawks did, however, have problems with their rotation and

lost points on four different occasions. Gray blamed the problem on the coaches, saying the girls hadn't really practiced rotation and they had only worked on defence and positioning.

The Alumni team had a great game, bringing together some of the best women's volleyball players that have graduated from Humber. Along with Gray, who went all Canadian, were Albina Michele and Winsome Moses, both OCAA league All-stars, and Karen Moses, Kathleen Tauskela, Paula Lattanzio, Racquel Queensborough and Suzanne Sharp.

"We were very rusty. We played together when we were here together. But leaving college and going our separate ways, we don't really see each other often and play together," said Gray. "We had to get refamiliarized with each other and their styles. Some people don't keep up with their playing and some do. It was fun. I hurt myself and I had a great time," she said.

DeAveiro quits university job to join Hawks

by Eric Smith

Dave DeAveiro, a former player and coach at the University of Ottawa, will join fellow assistant coach Tony McNeil and head coach Mike Katz on the men's basketball bench this season.

DeAveiro said he was originally skeptical about joining the Hawks.

"My biggest concern when coming to Humber was taking a step down from university to college. But Humber has proven over the years that they can beat university teams. This is definitely not a step down. I see Humber as

being a step up."

After six years with Ottawa, the 31-year-old decided to accept the assistant coaching job offered by Katz, his former high school basketball coach.

"I wanted to come to a program that I knew was going to be a winning program," said DeAveiro. "Plus, it gave me the opportunity to work with Mike again."

This season will not be the first high school reunion for this former duo. DeAveiro and Katz worked together on the coaching staff of the Canadian men's national basketball team two years

ago at the World Basketball Championships in Toronto.

"Now I'm under someone else, and it's good to learn from a different perspective," said DeAveiro. "The national team helped me in that aspect too."

When the regular season officially begins on November 15, DeAveiro is expecting to see a lot of offence from the Hawks, but his coaching philosophy focuses more on the defensive aspect of the game.

"If you're going to win championships, you have to shut people down," said DeAveiro. "This team

has won championships based on its defence."

Repeating as national champions may be possible considering the strong nucleus of returning players. According to DeAveiro all of the rookies, "have the potential to be all-stars in this league."

DeAveiro's attention is clearly aimed at maintaining the winning tradition of the Hawks and providing athletes with the skills they will need to go on in life.

"What you learn on the basketball court can carry on into your life," he said. "It's how you discipline yourself and carry yourself."



ERIC SMITH

Assistant coach Dave DeAveiro is excited to join the men's basketball team.

For Sale: 25 word classified ad in Humber Et Cetera. Only \$3.00.
Cash in advance. Bring your ad to room L231. Ask for Chad or James.

Men's soccer team in playoffs

Regular season ends with a win and a tie in the final two games

by Robert Amoroso

The Humber men's soccer team ended their regular season last week with a scoreless tie against Mohawk and a 5-2 victory over Redeemer.

The game played on Mohawk soil was like a boxing match, but neither team could deliver the decisive knockout.

"We played well; everyone did their jobs," said coach Germain Sanchez. "We needed a tie or win to clinch first place in our division."

The referee was lousy according to the players and coaches for both teams. Many yellow cards were awarded to both teams, causing the game to drag.

"The referee lost control, and it was very poor for both sides," said Sanchez. "When a referee doesn't have control, it gets rough and the cards start flying."

The Hawks' Steve Spizzirri received a vicious elbow in the head from a Mohawk player when he headed the ball towards the net. Spizzirri received two or three stitches over his right eye.

When asked about the referee's

questionable calls, Spizzirri said, "it was horrible. He should be reported. He lost control from the beginning."

In the dying minutes of the game, a scuffle broke out because of the Spizzirris' incident. Both sides emptied their benches, and the coaches decided to call the game.

Mohawk needed the win to have any chance of overthrowing the Hawks.

With the Hawks clinching first place in the South division, the game against Redeemer last Thursday meant nothing.

Humber opened the scoring when Dino Spizzirri rifled a shot into the top corner of the net. However, the Hawks lead was short lived as the Royals knotted the score at 1-1.

Near the end of the first half, the Hawks regained the lead when Steve Spizzirri deposited a shot in the top corner making it 2-1.

Adam Morandini, Humber's premier goalkeeper, was replaced by Saverio Michielli for the second half, and Humber took full control. Frank Spadafina scored



ROBERT AMOROSO

A Humber player looks on as his teammate battles for the ball with a rival last week.

while being left wide open in front of the net. Minutes later, Spadafina scored another goal with a patented bicycle kick and Humber lead 4-1.

The Hawks scored again, and the Royals finished the scoring with their second goal of the game. The Hawks will begin their playoffs on October 20, where they will play against the winner of the game between the Lambton Lions and the Conestoga Condors.



ROBERT AMOROSO

A Humber Hawk launches a shot during a game with Mohawk.

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Hawks ready to hit the ice...soon

by Shane Toplis

The ice is ready and the puck is set to be dropped. All that is needed is the team.

The Humber Ice, Humber's extramural hockey team, is poised to take another stab at returning hockey glory to the college.

The Ice will begin open tryouts at Westwood arena on Tuesday October 24, at 4:30 p.m. in preparation for their first tournament at Sheridan college in Brampton on November 24.

Team coach Paul Schaefer said the team is open to anyone, free of charge, regardless of league experience or gender.

"I haven't seen any women come out, but they are more than welcome.

"The cost to players is nothing. They have to bring their own equipment, but we give them the sweaters and socks for tournaments."

Schaefer plans on carrying 15 or 16 players on the team this year, including one goalie.

"We only play a couple of games a tournament, so we just need to take the one (goalie). There is not much risk for injury or anything."

The Ice are scheduled to play in three tournaments, two non-contact and the annual full-contact tournament at Conestoga on February 9.

Schaefer expects the team to be very competitive this year. He thinks the team can definitely

improve on last year's record, which saw them play at the .500 level throughout tournament play.

He only knows of a couple returning players from last year's team, but believes the calibre of the team is going to be quite high.

"I think it (the extramural games) is played at a very competitive level. It's definitely not for beginners. Last year we had an old junior A player from London and a couple of Metro junior A players. It's definitely a high calibre of hockey."

For those players not at the skill level needed to be on the extramural team, Humber offers a less competitive intramural program.

The intramural league is open

to all students of Humber and costs \$180 per team.

It consists of two divisions, one semi-competitive, and a more laid back division for beginners or people just looking to have fun.

The league begins in November and offers the players seven or eight games and play-offs.

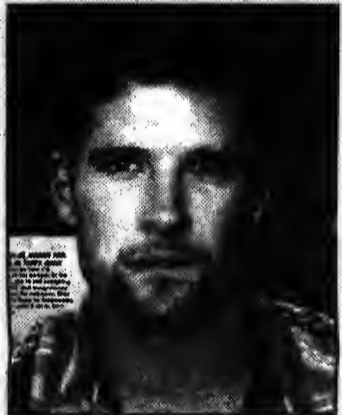
Schaefer said the extramural team members need to commit one or two days a week for practices, and be prepared to miss a couple of Fridays.

"The tournaments are on Fridays. That's really the only criteria. If they have any classes on Fridays that they can't get out of, then forget it, it's not going to work."

Tues. Oct. 24 4:30p.m. Westwood Arena R3
Thurs Oct. 26 5:00p.m. Westwood Arena R1
Humber Ice

One of the flyers posted around the school advertising the tryouts.

ATHLETE OF THE WEEK



Anthony Biggar

A Graduate student from the University of Toronto, Anthony has won OUAA track and field meets. Biggar won the Peterborough Invitational last weekend.

Paintball: taking a trip through the Adrenaline Zone

by Carl Mitchell

Adrenaline junkies beware. Paintball is a surefire way to get those glands pumping.

From the moment you hear the starting horn, reality fades and instinct kicks in. It's survival of the fittest, and only the strong will survive. Some become instant warriors, others become sitting targets. At first, the only sound you hear is your own breathing and guns firing at you.

Still wondering what's going on. Paintball is a new sport that is gaining popularity among youths.

Jules Sukhabut, part-owner of Adrenaline Zone Indoor Paintball Adventure, said players are "mainly kids. Males between 16-28, primarily. Mostly students, a couple of professionals. Just regular people."

Teams of players are given CO2-powered semi-automatic guns, that shoot nickel sized paint-filled gelatin balls at 250 feet-per-second. The name of the game is splat your opponent. It sounds painful, but it's not.

Safety always comes first on the paintball field. All players are provided with face masks that protect the eyes and face, and a chest

protector if needed. Players are briefed on the use of the gun and safe play on the field by trained referees, who are on the field at all times.

Players are recommended to

team can be eliminated and a capture the flag, in which one team must capture the other team's flag and successfully return it to their base. There's Center Flag Push, in which both teams vie to capture



CARL MITCHELL

A suburban commando enjoying himself playing paintball.

wear old clothes, something they can get dirty in. The fields are covered in sand. The paint is water soluble, so it will wash out after the session.

Sukhabut said the appeal of the sport is the fun.

"It's like being a kid again. It's like cops and robbers or tag, but with a paintball gun. It's different and exciting."

And fun it is. Players are given various scenario games to play out. There's elimination in which one

one flag in the center of the field and push the flag to their enemy's base. Speedball is like center flag push but it's played in a smaller area.

The price for a paintball session can be costly, depending on how much you want to shoot, but basic rental starts at \$30. That gets you a gun, CO2, a face mask, optional chest protector and 100 paintballs. Additional paintballs sell at \$15 for 100, and air refills are free.

Purchasing your own gun is

also very costly. Sukhabut, who runs the Rude Boyz pro-shop at Adrenaline Zone said prices start at \$300 for a basic gun with air-tank, but can go up to \$1500 for a better gun.

Paintball has been around for almost 15 years, and is a huge sport worldwide. There are National Paintball Associations in North America and Europe and the sport is gaining popularity every day.

The owners at Adrenaline Zone have been in business for three months now, and they say business couldn't be better.

The owners are all players who have been into the sport for over a year. They have put together a team and have played in tournaments in Wasaga Beach, Ottawa and Montreal. The love for the sport was their motivation to buy the business.

Adrenaline Zone is located at 114 Norfinch in North York. There are various indoor fields in Toronto, and several outdoor fields located outside of the city. This is a sport that can be played year-round. So why not feel the adrenaline rush for yourself? You may have a good time.

Athletic department helps make wishes come true

by Shane Toplis

The Students' Athletic Association is trying to help make children's wishes come true.

The SAA announced last week that it will donate 20 cents from every dollar made this year to the Children's Wish Foundation.

The foundation is a non-profit organization committed to granting a once in a lifetime wish to kids aged three to 17, with high risk, life-threatening illnesses.

The SAA is hoping to raise \$5,000 for the foundation over the course of the school year.

Humber's Athletic Director Doug Fox said joining the foundation is part of the Athletic Department's new commitment to being "a trend setter" in the world of colleges.

"Humber Athletics is doing

things differently this year. We are taking things to a higher level. We are not just helping ourselves, we are helping the community and we will have fun doing it," said Fox.

Ross Peers, a volunteer representative from the foundation, said he is elated that Humber is a part of the foundation.

"To date, we have granted just under 3,900 wishes nationally in just over 11 years, and we are approaching 900 wishes in Ontario alone," said Peers.

Peers said the most requested wish is for a computer. This change is making it harder to meet all the requests.

"The average wish could easily be \$5,000 because computers have become such a big part of it," said Peers.

"Individual donations is still the largest way that we get our money. We have some corporate support, but the general public still makes up most of it."

The foundation is staffed mainly by volunteers, with almost all of the money raised going directly to the kids.

"Ninety-seven point two per cent of all wishes raised has gone to the children," Peers said. "We have three or four administrators in Ontario and that is all."

Organizers say they hope Humber will set a precedent for other colleges to follow.

"I've been to other schools, but this is my first college. It's really nice to see because the students are closer to the age of the kids. They are just one step removed," said Peers.

I AM not an obsessive hockey fan,
but there is a '95 zamboni parked in my garage.

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MARCO'S TOP TEN: HUMBER NEWS STORIES

10/ Health centre warns students about doing drugs named after body parts.

9/ The SAC member found using money wisely was kicked off the council for not obeying council policy.

8/ Humber Day Care Centre decides to throw party in Caps.

7/ Financial Aid broke, asks self for money.

6/ An informal poll says 99% of Humber students hate Public Relations students.

5/ Journalism student charged with ripping off David Letterman.

4/ Legal Aid counsellor arrested.

3/ People dying to get into Funeral Services program.

2/ Humber President changes nickname from "Squee" to "Butthead."

1/ Government study shows that no news is actually good news.

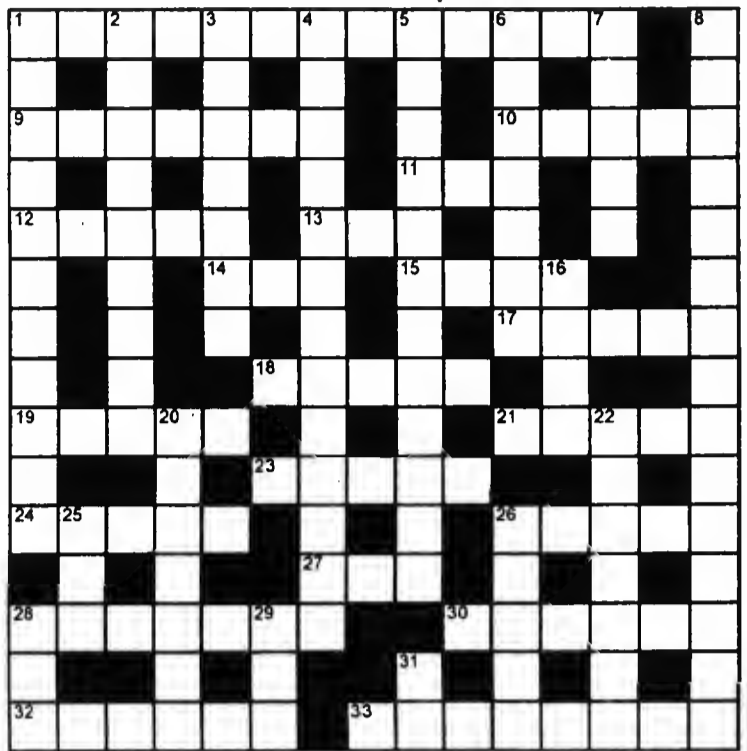
Crossword Puzzle

ACROSS

- 1/ Reaction produced by the fusion of nuclei at extremely high temperatures (13)
- 9/ Continual hectic competitive activity (3,4)
- 10/ One who rides (5)
- 11/ The US government department responsible for tax collection (abv.) (3)
- 12/ To correct errors in a text (5)
- 13/ Pounds (abv.) (3)
- 14/ The time just preceding an event (3)
- 15/ An implement for manual work (4)
- 17/ The shinbone (5)
- 18/ One who steals (5)
- 19/ To bury (5)
- 21/ Anything very big of its kind (5)
- 23/ Very easily shattered (6)
- 24/ A cord or strap by which an animal is held in check (5)
- 26/ To adhere or stick close to (5)
- 27/ Pre-Menstrual Syndrome (abv.) (3)
- 28/ The capacity for participating in the feelings of another (7)
- 30/ Part of the former Yugoslavia (6)
- 32/ A stick made of wax used for drawing (6)
- 33/ A compulsive loss of appetite (8)

DOWN

- 1/ Pertaining to, or existing on, the earth (11)
- 2/ One ready to use extreme measures (9)
- 3/ A winding path or labyrinth (7)
- 4/ Acupuncture (6,7)
- 5/ Exercises for promoting gracefulness and strength of body (12)
- 6/ Within range of hearing (7)



7/ A device for using reflection of radio waves for locating objects (5)

8/ Personally unacceptable or unwelcome (7,3,5)

16/ In place of, or instead of (4)

20/ Excessive joy (7)

22/ A box into which mail is deposited (4,3)

25/ A tall deciduous shade tree (3)

26/ Transparent (5)

28/ Et Cetera (abv.) (3)

29/ The female chicken (3)

31/ The international organization of nations for world peace and security (2)



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EMTC ...

Hot off the Wire Future set for fortune-teller

(CP) Friday the 13th turned out to be an unlucky day for a Bulgarian fortune-teller.

Aishe Akif was caught playing recorded voices of "spirits" during one of her seances in the town of Dobrich.

The 24 Hours newspaper said Akif was solemnly calling the spirits when her tape recorder chewed the tape. The newspaper adds the spirits went silent just when she was asking them about the future.

Akif won't need her so-called clairvoyant powers to figure out what her future holds. The newspaper said she'll have to quit the fortune-telling business, losing out on earnings of \$3 per seance.

Man accidentally buys condemned house

(CP) George Fair's plan for a fixer-upper had more holes than he expected.

The Pontiac, Michigan man paid \$7,500 for a house he planned to renovate and rent. But that was before firefighter cadets took their axes to the house as part of a training exercise. Fair didn't know the house was condemned by the city and scheduled for demolition.

The real estate agents involved in the sale said they didn't know anything about the condemnation either and will apply Fair's down payment towards another property.

Drunk rams cruiser to get a breathalyzer

(CP) A Toronto area man who drove to a police station to see if he was sober enough to drive is charged with drunk driving.

He arrived at a station early Sunday morning and bumped his car into a cruiser when he tried to park.

Astonished officers, who were looking on, strolled over and gave the man a breath test in the parking lot and another in the station.

The man told officers he drove to the station to find out if he had "slept it off through the night" and was fit to drive.

Norman Newmarch, 60, is charged with drunk driving.

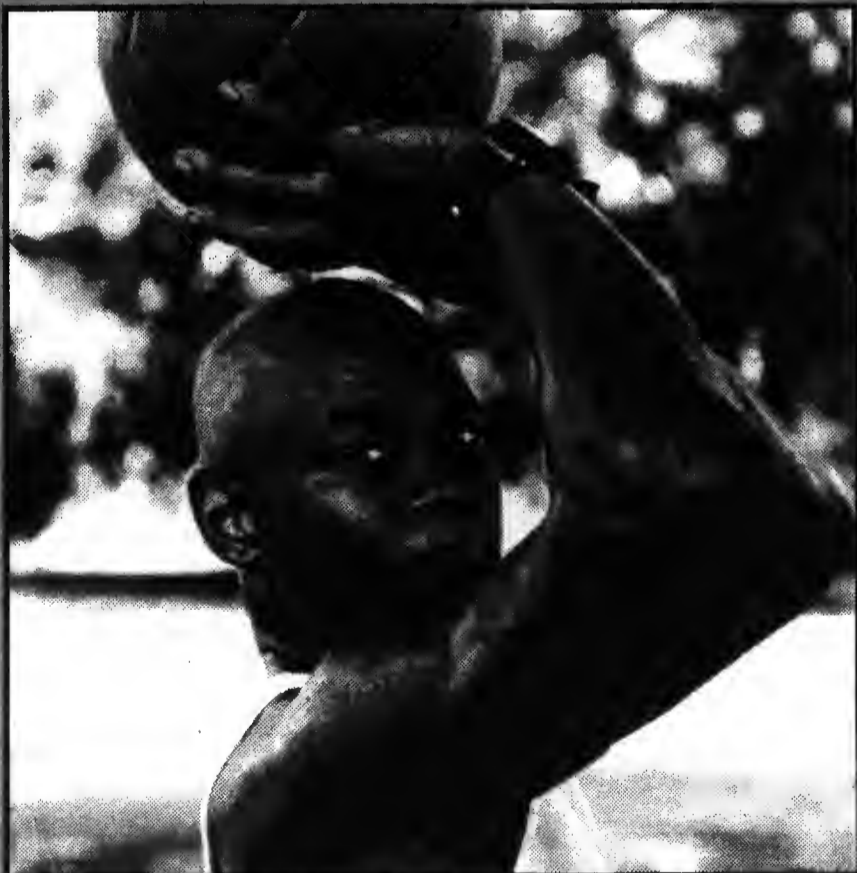
BLAST FROM THE PAST

Monday, September 20, 1982



I can't believe I ate the whole thing!
Contestants in last week's Sundae Eating Contest gorged on ice cream as other students watched in amusement and astonishment. The eventual winner was Doug Williams, above, a first-year Electronics student. His prize was a double pass to the Who concert ... and indigestion.

PICK-A-FLICK



Can you name the movie this clip is from?

The first two people to come to the Newsroom (L231) on Monday with the correct answer and a non-perishable food item win a prize.

Last Week's Winners: Kim Yoong Lee, first-year Business Administration; Francis Vilchez, second-year Accounting; Naveed Imran Khokhar, second-year Computer Information Systems; Nick Tripe, second-year Radio Broadcasting; Michael Dachuk, first-year Package Design; Daniel Dupuis, first-year Package Design.

Last Week's Answer: I.Q.