

# Humber et cetera




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## SAC candidate gap

### 15 spots left open after nomination deadline

by KEVIN MASTERMAN  
News Reporter

There are still 15 vacant divisional representative positions following the close of SAC nominations last week.

At Lakeshore two students are running for the vice-presidency, on October 13-15.

At North campus four people are gunning for three spots open to business representatives.

Thirteen positions have been acclaimed – only one person intended to run and was automatically given the job.

One divisional representative is needed on North campus for Business and Industry Services, one for Health Sciences, two for Hospitality, Recreation, and Tourism. One Liberal Arts and Sciences spot is open. Two Manufacturing, Technology and Design reps are needed along with two for Media Studies.

At Lakeshore one representative is needed for Business, one for Liberal Arts and Sciences, three for Performing Arts, and one for Social and Community Services.

The main issue for those now seeking election is the lack of student awareness.

"I'm here for them first. I want



Newly appointed SAC members (back row l-r) Anne-Michelle DeRose, Christos Papaiconomou, Muhammad Virk, and Jaclyn Bugg pose with business rep candidates (front row l-r) Shannon Anderson and Juliana Kovac.

them to come to me, and speak to me," vice-president candidate Toby Warnell said. "I didn't see many students say 'I want to do this or that.' They always say it among their friends but never approach student council."

Warnell sees the issue as a lack of contact between students and SAC.

Second-year business students, Chris Elliott, and Toby Warnell are the candidates up for election this year at the Lakeshore.

Candidates saw their interest in SAC as a product of their outgoing personalities and a perceived lack of school spirit among the rest of the student body.

"I like interacting with people," Warnell said. "The school is not just (for learning), it's here to meet people and have a social life."

Elliott said he is committed to creating interest in Lakeshore. He feels that people don't acknowledge the Lakeshore campus and the talent in their programs.

"I'm really trying to fight so Lakeshore [campus] gets its recognition within the college. We do have spirit," Elliott said.

Warnell saw the indifference in the student turnout to pub nights he organized in a nearby bar. He believes that advertising events, such as a bus trip to Oktoberfest and pub nights to Brunswick House, will bolster participation in the future.

His opponent Elliott believes a shuttle to North campus pub night is the answer.

As a games room attendant, Warnell sees better facilities in the cottages as an idea for a future project.

## OSAP fees take bite out of students' pockets

by JUANITA LOSCH  
News Reporter

Students gave the Ontario government almost \$1 million this year, just by applying for OSAP.

The 1-900-OSAP information line, and the application fees, generated \$823,000 - \$400,000 for the \$2 phone calls, and \$423,000 for the \$10 charged for each application on paper.

"I don't think it's fair," Harold Zuleta, a Chef Training student said. "What do they need with all that money anyway?" This comes at a time when Ontario's tuition hikes were the highest in Canada.

SAC president, Tracy Boyer, said that college students are lobbying against this type of OSAP system. The Ontario Community College Student Parliamentary Assistance (OCCSPA) has been keep-

ing a close eye on the OSAP system, and held a silent march in protest last week in Sudbury.

"Through this organization, we lobbied this system," Boyer said. "The government is still not consulting students on this."

Daniele Gauvin, a spokesperson for Education Minister David Johnson, said the revenue generated through application fees, goes back into general revenue for the province. She said the \$10 is what it actually costs to process the application.

"We need to collect the user fees. It helps to off set the administrative costs."

Jake Jung, a Humber Computer Programming student said, "I don't think it's right. Hopefully they're putting it (the money) back in."

Gauvin recommends students use the Internet to apply for OSAP because this service is free.

## Humber hosts Pulitzer Prize winner

Renowned Canadian author, and Pulitzer Prize winner, Carol Shields will be on stage October 7 as part of the on-going Humber School for Writers Distinguished Speakers' Series.

The event takes place at 8 p.m. at the Ford Centre for the Performing Arts at 5040 Yonge Street (North York Centre subway stop). Tickets are \$12 at the door, or through Ticketmaster.

Mordecai Richler will be the next distinguished speaker in the series. The event takes place November 4 at 8 p.m., at the same venue.

## Striking student still won't eat

BY SHAUNA DEGAGNE  
News Reporter

Humber student Bill Warnick continues the hunger strike he started September 18 in protest of a decision made by the Worker's Compensation Board (WCB).

Warnick stopped eating after he learned that he had lost his appeal to the Worker's Compensation Appeals Tribunal.

So far, Warnick said he has lost ten pounds and is starting to get weak.

"I'm still not eating," said Warnick. "I'm feeling rough," said Warnick. He said he has been unable to work for the past six years after falling from a six-foot scaffold on a construction site.

He said a doctor mistakenly told him he was fit to work 11 months after the accident. He then stopped receiving WCB support and is now \$30,000 in debt.

Warnick continues to attend classes at the Lakeshore campus, although he said that after a couple hours, he is not able to concentrate.

A WCB spokesperson said they are unable to comment on the situation as all cases are kept confidential.

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# Right inside

"I'm thrilled to have my students win."

- the kids in the halls -

## What is the strangest place you ever heard of someone having sex?



Cheryl Dargavel 2nd year Creative Photography student  
"Under the head table at the reception of a wedding."



Michelle Mesaric 1st year Business Administration student  
"In a public park at two in the afternoon."



Kevin Stitt 1st year Industrial Design student  
"In the church at his sister's wedding."



Greg Cambell 1st year Industrial Design student  
"In the school hallway, during exams."

### Coming Events

**October 1:** Comedian Craig Cambell at 11:30 p.m. in the cafeteria at Lakeshore  
**October 2:** Residence 80's pub at Caps  
**October 2:** Co-ed Slo-Pitch extramural at Sheridan College  
**October 3:** Varsity Men's and Women's Soccer vs Alumni Men's - 10 a.m.  
 Women's - 12 p.m.  
**October 3:** Varsity Men's and Women's Volleyball vs Alumni Men's - 2 p.m.  
 Women's - 4 p.m.  
**October 3:** Varsity Men's and Women's Volleyball vs Alumni Men's - 6 p.m.  
 Women's - 8 p.m.  
**October 5:** Rez Nite at athletics  
**October 5:** Entries open for Ice Hockey League (Athletics)  
**October 5:** Touch Football Tournament begins  
**October 6-9:** Arts students will be performing for the Lunchtime Revue at 12:30 p.m. in the cafeteria at Lakeshore  
**October 7:** AIDS Awareness day in the concourse 11 a.m. - 2 p.m.  
**October 7:** Basketball 3 Point Shootout 2 p.m. - 4 p.m. (Athletics)  
**October 8:** AIDS Awareness day, Lakeshore campus  
**October 8:** Charity Event, Residence students & staff will be squeegeeing cars at the entrances of the college to raise money for Covenant House (for homeless teens)  
**October 9:** Varsity Men's Hockey, Peter Maybury Cup 8 p.m.

## Humber students excel

by JUANITA LOSCH  
On Campus Reporter

The writing abilities of two Humber students were recognized with fourth place finishes in a large American-based literary competition.

Second-year Journalism students Shauna DeGagne and Louis Tsiktsiris accepted the Honorable Mention awards from Humber president Robert Gordon, and chairman of communications Joe Aversa at a ceremony on September 24 in the President's office.

"This competition is at a very top level for colleges," Gordon said.



In shameless self-promotion Et Cetera sends a man to do a monkey's job.

"It's a very stiff competition, and you should be proud of your accomplishment."

The annual national student literary competition is by invitation only from the U.S.-based League For Innovation. In total, 20 colleges are members, 19 are from the United States, Humber is the only Canadian college, and has been a member since 1993.

Aversa said that "Humber's fine reputation" is the reason why it is a part of this elite competition.

"There's a lot of talent in this college," he said.

There are two categories in the literary contest: short story, and personal essay. DeGagne won the award for her short story, "Just Passing By", while Tsiktsiris won for his personal essay, "I Don't Know."

"I've always wanted to write," DeGagne said. "This just confirms it."

DeGagne's story is about a middle-aged woman who skips a day of work. She sits and stares out her window watching the people pass by. She thinks about the day itself, but it is reflective of her own life.

Tsiktsiris's essay is based on his struggle for identity from a 10-year-old child to a young adult. A child who feels that he is invincible, and brilliant, later realizes that he is doesn't really know anything.

Nancy Burt, Program Co-ordinator for the Journalism Department, and Antanas Sileika, a Communications teacher at Humber, attended the awards presentation.

"I'm pleased as punch," Sileika said. "This is the pay-off in teaching when this thing happens. I'm thrilled to have my students win."

Tsiktsiris said he was a bit nervous at the beginning, and couldn't find the right words to describe how he was feeling.

"I want to thank Antanas for giving me the tools I needed to express my thoughts on paper."

Anyone enrolled in a Communications class can submit a story, Aversa said. With guidance from teachers, stories are crafted, and students are encouraged to enter.

"We've got good faculty members who like to nourish that talent," Aversa said.

→ See Louis Tsiktsiris' personal essay: "I Don't Know" on page 18



# News

"No one in college teaching has ever been overpaid."

## Rally highlights Take Back The Night parade

*Organizers strive to educate women; messages of equality, humanity and justice at the fore*

by NADIA HOSEIN  
News Reporter

Jane Doe's voice thundered across the park: "Women, there's a rapist in your neighborhood. Stay home, lock the doors, lock your windows, live your life in an imprisoned condition. Let's look at who is being asked to take the responsibility. We as women are called upon to be responsible for our own rapes."

These were some of the powerful words uttered by the guest speaker Jane Doe at the annual Take Back the Night rally in downtown Toronto. Jane Doe fought a 12 year "Balcony Rapist" court battle against the Ontario Provincial Police because she was not warned that there was a rapist in her area who was targeting women like herself (single, female, with an apartment near the ground floor) as prey.

On Saturday, Sept. 26, approximately 800 women gathered at University Settlement House, near Dundas and Queen, to take part in the rally and parade. Before the festivities began, there was an information fair where various women's groups gave out literature on their organizations. At the rally and parade there were women of all races, reli-

gions, ages, and sexual orientations celebrating and taking a stand against crimes perpetrated against women.

Anna Campbell, a member of the Take

Vancouver Rape Relief Centre, who recently passed away. The Vancouver Centre and Toronto Rape Crisis Centre are two of the oldest in Canada.

Of the undisclosed parade route, Campbell said: "The thinking behind that is that women have the right to be there, taking that space and that we don't need to get permission."

There were approximately 25 tables at the information fair which ranged from tarot readers to Canadians Concerned about Ethnic Violence in Indonesia (CCEVI).

Beat the Street, a learning centre for people who are homeless or street-involved, provided one of

the displays. The program is a learning centre for people who are homeless or street-involved. According to Juana Berinstein, a program representative, Toronto's housing crisis is due to a less than two per cent vacancy rate and the lack of any subsidized housing being built by the city over the last two years.

There was also information about a program called the Clothing Project. The project has women who have been victimized writing their feelings on a shirt. They can donate the shirt to the organization for display or keep it to wear themselves.



PHOTO BY NADIA HOSEIN

People gathered at University Settlement House to support women in their effort to Take Back the Night last Saturday.

Back the Night, said: "We try and reach many different diverse groups of women that we identify. So a lot of our focus has been on doing outreach to communities of colored women who wouldn't necessarily be accessing (help services)."

Every year this event takes place in different parts of the city. Usually the arrangers try to place it in an area where a recognized act of violence was aimed toward a woman. However, this year the location was just a matter of convenience as the rally was dedicated to Bonnie Agnew, founder of the

## Student drug use rising

by ROBERT STEEVES  
News Reporter

More Ontario teens are drinking, smoking, and using drugs, according to a recent survey conducted by the Addiction Research Foundation.

The results, published in the Canadian Medical Association Journal, suggests that the use of addictive substances by Ontario students is on the rise.

The survey, performed every two years, involved approximately 4,000 teens from 170 schools across the province. Nine of the 20 drugs covered have increased over the past two years. They range from cannabis to MDMA (methylenedioxymethamphet-



PHOTO BY ROBERT STEEVES

amine, commonly known as ecstasy).

Dr. Edward Adlaf, a research scientist with the Addiction Research Foundation, said: "Why they're increasing is a little bit difficult to say partly because this type of survey is really designed to identify new trends in terms of a public health monitoring."

The illegal drug that most teens are using is cannabis. Usage rose from 22.7 per cent in 1995 to 24.9 per cent in 1997.

The rate of student smoking hasn't really risen over the same time period, but from 1993 to 1997 the rate has gone up from 23.8 to 26.6 per cent.

The drinking rate among the teens surveyed has stayed relatively stable throughout the '90's, around 60 per cent.

The survey has been conducted for the past two decades.

Most drug rates in the '90's have not risen above the peak rates observed during the late '70's.

## New contract won't cause layoffs

*Union boss Maureen Wall isn't happy with money allocation*

by BRIAN R. SYLVESTER  
News Reporter

Humber will not be laying off staff to pay for the new contract ratified by faculty on September 24, according to President Robert Gordon.

"I don't anticipate [layoffs]. We budgeted for it, the only problem is that it's still very tight... the bottom line is you either don't buy any equipment and fix roofs... or you examine your books and decide over the next few years you can't afford staff. And therefore, you lower your enrolments, layoff people and pay those that are left," said Gordon.

Gordon predicts other colleges might experience future layoffs as a result of the contract.

"I can't speak for other colleges but that's what I suspect might happen," said Gordon.

As part of the new contract, ratified by a 92 per cent majority of the 60 per cent of teachers who voted, the college faculty and support workers will receive a three per cent raise over the next year, with a two per cent increase the following year.

However, Maureen Wall, president of local 562

at Humber, doesn't think more money is being spent on payroll: "We actually haven't had a raise since 1992, of any kind. We have lost across the system 1500 academic staff. At Humber alone we've lost over 100 full-time positions. There are over 100 full-time salaries that are no longer being paid now that were in 1994. [Humber] has saved so much through attrition of support staff and faculty."

Gordon agrees faculty deserves a raise but maintains the college has a very limited budget: "No one in college teaching has ever been overpaid. That being said, anyone who thinks we're rolling in money is a fool. Because we can afford to pay this, we can't afford to do something else. We certainly can't spend the same money twice."

Wall believes there are ways to save money other than cutting staff.

"They have cut support staff to the bone... they shouldn't always first look to the staffing budgets when they look to save money," Wall said.

The faculty was set to strike September 28, but is now under contract until August 31, 2001.

**Hey!**  
If you know of anything news-worthy happening in or about the Humber community, just drop us a line in the newsroom.  
Call 675-6622 extension 4513 or 4514 ask for Wylie or Steve



PHOTO BY TANIA CASTONGUAY

Students now earn diplomas through web-based programs.

## Well-educated on the web

by TANIA CASTONGUAY  
News/Tech Reporter

Humber College is trying to "push the cutting-edge" with distance learning technologies, according to college president Robert Gordon.

"We owe it to our students," said Gordon of the web-based learning courses that are now being offered on the Distance Education web site. Humber is offering 15 courses, including Business writing, Economic History, Political Geography, Visual Basic and Intro to Java. Students can participate in

online discussions, ask questions, receive feedback and assignments while online. "People who work shiftwork, have family responsibilities or unpredictable schedules find this technology to be a great relief," said Gordon.

However, the technology is not perfect. Gordon said the program is spotty in quality but is continually being improved.

"We're in a difficult position right now. We've devised a program but it's not good enough yet. We need some time," he said.

Low enrolment is also a problem. Humber teacher,

Adrian Adamson, said there are only seven students in his Political Geography and Economic History courses.

"These courses were advertised in the wrong place. The Humber Et Cetera is mostly seen by students already enrolled in courses. Why would they be interested in distance education? We need to reach the people working shift work and the older learners," he said.

The minimum requirement for any of these courses to run is one full-time student per semester. Students pay per course like evening courses. Prices range from \$200 to \$300 per semester.

Wayne Debley, another teacher, said low enrolment could be the result of students wanting to physically attend school.

"The web is an option for students but 97 per cent wouldn't be happy because of its lack of personal contact," he said. Debley maintains that the web offers individualized instruction as teachers read e-mail sent to them by students and respond. Teachers and students can arrange a time to go online and participate in a live conversation in the chat area.

But according to Adrian Adamson, it's not enough.

"The web does not in any way replace a teacher."



PHOTO BY ERIC MCGILLIVRAY

The daycare portable at Humber is now closed to public.

## Mould spores at Humber

by ERIC MCGILLIVRAY  
News Reporter

Humber's daycare activity centre was closed in early summer as the school found mould growth within the portable.

Director of ancillary services and public safety, Gary Jaynes said that when the college became aware of problems in the Peel and Halton regions they decided to investigate on campus.

He said, "I don't think we felt it was of high risk or danger but as a precaution we decided to restrict access to it."

The mould that grows in portables is *stachybotrys atra* said Dr. Barbara Kawa, the acting medical officer for Peel region.

She said the mould spores can be found on the inside and outside of portables. However, the mould needs moisture to thrive.

It usually has a black discoloration and sometimes is green, she said.

People who suffer from asthma could see the symptoms worsen. Others who are allergic to mould can get runny noses, and throat, skin, or eye irritations.

"The effects last a couple of days," Dr. Kawa said.

Anne Bender, dean of health services said the college alerted parents in the summer so they could make alternate arrangements for the fall.

The future of the portable, located beside the D-wing of the school, is up in the air.

According to Jaynes, Anne Bender reviewed the purpose of the daycare and decided that it was not needed.

Jaynes said that the portable wasn't breaking even. And, it is not used during the summer break.

"So we just never reopened it," Bender said, "it would cost more to repair it than tear down."

The daycare was a part-time drop-in centre utilized by students and staff for the hours they were in the school.

Bridget Woodcock, acting director of Humber's childcare centre said roughly 35 families used the daycare.

One-third to one-half were college students and the rest college staff.

Humber has spent about \$1,000 conducting air quality tests on the portable.

"General maintenance is needed," said Kawa.

The only fresh air portables get is through the windows, or if the teacher leaves the door open.

## Finding a job gets easier

Humber's Career Centre offers free assistance to all students.

Located in A100 (near CAPS), the centre is open from 8:30 a.m. to 5:30 p.m. Monday to Friday. A variety of services ranging from job search assistance to help finding a co-op placement are offered.

"Our motto is Let's get to work - that (means) all of us here are working with students toward the goal of finding them employment," said the Centre's Employment Advisor, Karen Fast.

New services include three computer terminals connected to the net with access to Campus Worklinks, an Internet web sight that offers students job postings from various companies. As well there is the NGR Resume Database, where potential employers have access to your resume via the Internet.

They also offer a free resume printing and fax service.

"We are trying to develop practical services that can be of use to the students as much as possible," Fast said.

- Triish Ragbirsingh

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# Polluting cars tested

*The government makes good on testing implementations*

by **MATT LAMPERD**  
News Reporter

Prepare to pay big bucks if your car pollutes.

In April of 1999, the Ontario government will implement its Drive Clean program, a mandatory emissions testing program.

Cars and trucks more than three years old must pass a tail-pipe analysis before being eligible for renewal of their registration. These tests will be required every two years and will cost \$30.

People whose cars fail must pay for repairs up to a maximum of \$200. After motorists have paid the maximum, their vehicle is considered fit and will pass. If the car fails the next test two years down the road, the owner must shell out again up to \$200.

Environment minister Norm Sterling said, "The fuel savings achieved from a well tuned vehicle will more than recover the cost of testing."

If a car is poorly tuned and costs \$200 every two years plus \$30 for testing, it's difficult to see the savings.

The Ontario Government has contacted 7,000 repair shops in

the GTA and Hamilton-Wentworth areas to try to establish Drive Clean testing locations.

The government has quoted the cost to repair shops to install and operate a Drive Clean Program at \$60,000.

Jerry Compierchio, service manager of Master Mechanic professional auto service, said the government has repair shops up against a wall.

"If we decide not to invest in the Drive Clean Program, we risk losing a lot of business to the competition. It's scary."

Smaller independent repair shops will likely encounter a lot of problems.

If they cannot afford the initial investment and decide to pass up the program, they stand to lose a lot of business.

Compierchio said: "Some people may elect to let the program pass them by simply because there is little they can do."

"They either can't afford it, or they cannot commit the space in the shop. Either way the government is making it very difficult for small business."



PHOTO BY CAMILLA PINTER

Humber student Chris Newman cleans chalkboards as a part of the evening services team.

# The answer to your financial woes

*Humber offers a work-study program*

by **CAMILLA PINTER**  
News Reporter

**N**eed quick cash? Humber has the answer. Students in dire need can earn \$7 - 10 an hour through a government-funded work-study program.

"I think the work-study jobs are great time fillers because they work around your schedule, and they are a great learning experience," said Jackie Fast, a first-year design foundations student who is currently employed through the work-study program.

The program is designed to help students meet their educational costs. Work-study is a program funded by the Government of Ontario.

"This program offers students jobs within the institution on campus," said Pat Scrase, program co-ordinator. Work-study currently employs 325 students between the Lakeshore and North campus.

Scrase said students can work up to 24 hours per week, providing they have extra space on their timetable, and it doesn't

affect their grades. "That's one thing that's monitored very closely," Scrase said.

Meaghan Mulhill, a second-year nursing student, said it's a great way to earn extra cash.

"It is a team put together by myself to go into classrooms before the continuing education classes start in the evenings," said Janice Flynn, superintendent of campus services and physical resources. Students are responsible for wiping the chalk boards, pushing in the chairs, and emptying garbage in order to make the classrooms functional for night classes.

Flynn's ultimate goal is to hire 15 students.

"I have a team right now of 12 students, and hopefully I'll be hiring a couple more," she said.

The service team uses between eight and 10 people per night. The work study program works around the student's schedule to ensure that the job doesn't interfere with their studies. The team's hours are also very flexible. They make their rounds Monday to Friday, 4:30 - 7 p.m.

The college also benefits.

"It allows the college to hire students to complete the work that they need to get done," says Flynn.

"I think it's great because students are available to work on flexible hours," said Margaret Antonides, manager of financial aid. "Students really help us out."

There is certain criteria students have to meet to be eligible for the program.

Students applying for the work study program have to be in financial need.

"Their expenses have to exceed their income," said Flynn.

They must be Ontario citizens or landed immigrants.

"They must have lived in the province for at least one year," says Scrase.

Students must carry a full-course load - at least 60 per cent.

"If you're a returning student, you cannot be on academic probation," Scrase said.

Students can earn a maximum of \$ 2,000 for an academic year. For more information on the work-study program, contact Pat Scrase in room C117.



PHOTO BY MATT LAMPERD

Polluting vehicles are the target of government crackdown.

# Innovative ideas beat the parking price jam

by **L. I. BUILES**  
News Reporter

**H**igh-priced parking at Humber College is forcing students to seek cheaper short-term alternatives, which has some paying more in the long run.

In trying to avoid Humber College's \$378 parking fee, some students risk being fined and having their car towed or impounded.

Parking at the Woodbine Centre or the Plaza across from Humber College can result in a

fine up to \$130, depending on the towing company.

John Fisher, Woodbine Centre's Head of Security said: "It definitely is a problem."

"There are big three by four foot signs at every entrance of the mall notifying students that cars will be towed if they aren't customers of the mall. We have notified Humber College and asked them to make it known that students shouldn't park there."

Some students park on side streets, while others find resi-

dents in the community who are willing to rent out their driveways. A student told Humber Et Cetera that he pays \$20 a month parking in the driveway of a nearby home, saving almost \$200.

Fisher said he doesn't feel he needs to be chasing students all the time, and understands where they are coming from.

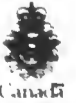
"It's unfortunate that schools have to charge so much for parking that students have to break municipal by-laws just to get an education," he said.

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**YOUR PRIDE. YOUR FUTURE. YOUR MOVE.**

# Editorial

"Ignoring the problems won't make them go away."

## Hunger strike too extreme

Et Cetera is continuing to follow the story of Humber student Bill Warnick, a hunger striker fighting to be heard by the Worker's Compensation Board (WCB). Warnick said a doctor mistakenly told him he was fit to work 11 months after an accidental fall on a construction site put him out of commission. The WCB then stopped giving him support. Warnick is in a dire situation. He said he is now \$30,000 in debt. The WCB denied his appeals four times. He's now pleading his case by refusing to eat and believes he has "no choice."

But, a hunger strike is a weak means of achieving a goal. Warnick's goal is to pressure the WCB into changing its decision and compensating him.

It is likely that Warnick's case is one of many and that his hunger strike will go unnoticed by WCB workers. Warnick does have a choice. He would have served himself better if he had set up a demonstration at the WCB office. At least there, the right people would have heard his case.

## Hockey night at Humber College

The Humber Hawks men's varsity hockey team is back in business after a six-year hiatus. And it's about time that Canada's national sport returns to this college.

Anyone who has taken a look at Humber's hockey history might wonder why it was stopped. Now that the team is back, hopefully they can achieve the success they had years ago and be on a par with Humber's other powerhouse varsity teams.

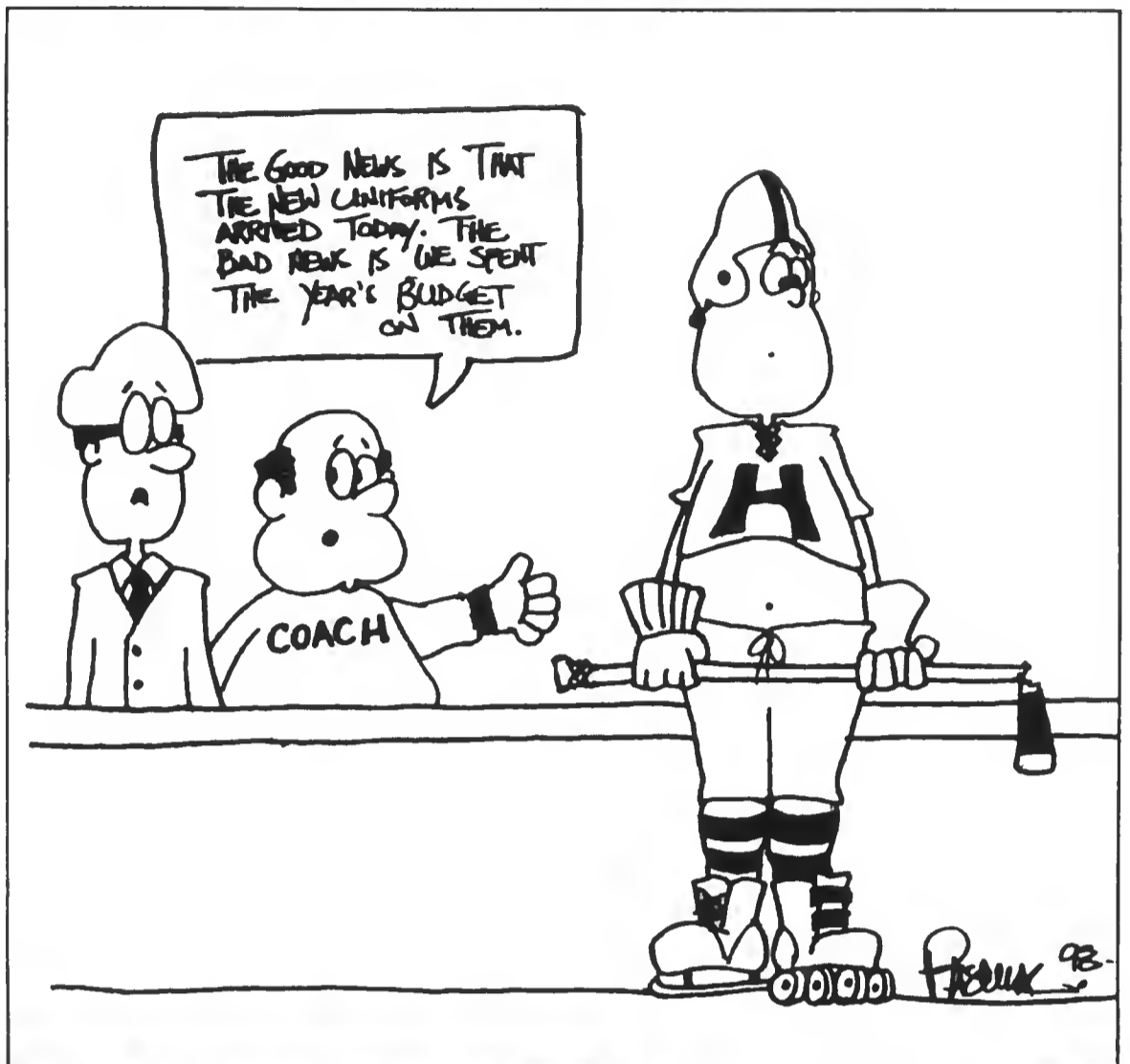
Last year, the team played as a club team and had exhibition victories over Cambrian and Seneca colleges - two of the province's dominant teams.

Team Coach Paul Masotti and his players have their focus set on the national championship and if last year was any indication, that could become a reality at the end of the season.

Canada's national sport has returned to Humber. What remains to be seen is whether or not students take the sport for granted as they do other sports at the school. Currently, if the opponent isn't a cross town rival, there are caves that are more crowded than the Humber gym.

Go out, cheer on the team and hey, it's free for Humber Students. That's a much better price than mortgaging a house to see the Leafs.

Letters to the editor can be dropped off at L231 or sent by e-mail to [etceteraeditor@hotmail.com](mailto:etceteraeditor@hotmail.com). We reserve the right to edit for brevity and offensive content. Let us know how you feel.



## Letters to the Editor

### SAC Prez sets record straight

Dear Editor,

I was appalled to read the article headline "Student Support Slim at Somber Sudbury Protest," on Sept. 24, 1998. It was incorrect and misleading.

This headline created the wrong impression about a strongly supported event on crucial student issues. The Sudbury Silent March and its purpose received great support from Humber students and college students across the province.

Since school started, I have been listening to numerous students bitterly complaining about

the problems they are having with OSAP and other financial issues. We are lobbying the government about these issues right now!

SAC promised Humber College students representation, and we are following through on this promise. The silent march in Sudbury was to exhibit our frustration with our government's lack of consultation about the following issues:

1. Student aid reform.
2. New user fees for OSAP applications.
3. In Study earning cap (\$600).
4. Government Consultation Forum (Ontario Advisory

Committee on Student Financial Aid - proposal)

5. Tuition increases.
6. Deregulation.

Students ARE concerned and students ARE working to make positive change. Please do not buy into the Jerry Springer Syndrome to the extent of neglecting your own well being - ignoring the problem won't make them go away.

It would be greatly appreciated if the individuals responsible for this misinformation can be more careful about how they introduce important articles to their readership.

Tracy Boyer  
SAC President

### HUMBER ET CETERA

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# Opinion

"Not even my mom can say I'm cute with a straight face anymore."

## GI Mandela a real American Hero

*Mandela is a hero to everyone, now he's a North American type hero*

by JEREMY RELPH  
Opinion Writer

Freeee Nelson Mandela! The band The Special AKA released this song back in the '80s. And back then, for Nelson Mandela to be freed, it meant something.

Now he's free and filling stadiums. World leaders flock for photo-op's, and kids who weren't even born when he was in jail for crimes of conscience, are in awe of this leader. From criminal to president - Mandela's seen a lot of action.

But there's a major difference.

Back in the '80s - it meant something for Mandela to be freed. Mandela was the focal point for our collective disgust with the injustices of apartheid and systemic racism in general. These days, however, Mandela is being touted as a hero, in true North American fashion.

America loves its heroes. From unreal newsreels to cinema, America loves to put one face to a larger problem. Everything neat and simple, compartmentalized. One man to represent all men. One man to win his struggle, winning our



Jeremy Relph has a Nelson Mandela action figure from Mattel. You can get yours from Toys 'R' Us.

struggles.

Co-opting images, symbolism

and their truths sells. If you've been to a movie lately, you might know. Apple Computers pulls at your heartstrings with images of people who've fought for something and (tried to) make this world a better place. Grainy images of Martin Luther King, Gandhi and other luminaries fill the screen. People who fought for truth. Also included are media baron and stinking rich fellas Rupert Murdoch and Ted Turner. And no one notices or questions. Truth and happiness

are a cheap and simple formula.

But the kiddies, they know. When Chretien and Harris took advantage of Mandela's appearance to gain personal credibility, it showed. Harris stepped to the mic to dispense his own personal wisdom which represents a nicer form of what Mandela always fought against. He stepped to the mic and got booted.

'Cause kids are just smart enough to know horse pucky when they see it.

## Billy's (per)fumed about lost action

*Like a skunk, if you cut in on Billy's action, he'll let you have it*

by BILLY IKOSIPENTARCHOS  
Opinion Writer

I am a fat, bald, loser. At 26 years old, I still live with my parents, I have no job, no money, and no future.

I am just like George Costanza from Seinfeld except for one thing - he is a fictional character.

I am also a little taller than he is.

Not even my mother can say I'm cute with a straight face anymore.

My only talent? I smell good.

My secret is good cologne.

The other day, I searched for a new one. I mean us guys have to stay ahead of the trends. After an hour at the counter, the sales girl congratulated me on my final decision. I strode out of the store with confidence. This new fragrance I bought was sure to pick up girls. I even got a couple of free hugs out of the deal. Everything was fine, until the next day.

He showed up. A spy from the good-looking club - a guy with designer clothes, a full head of hair, money, and looks. To top it all off, now he had my cologne.

How could he betray me like this?

Does he know how much research and time I put into this effort?

Couldn't he leave me with a fighting chance in life?

The enemy had stolen the only weapon I had in my arsenal.

As he walked away, all of the women followed

his every action. I tried to stretch my neck out, hoping someone would remember me, but I stumbled and fell to the floor. He turned and looked down at me knowing the end was near.

He knows that he and his friends will make the cologne trendy. No woman will ever believe that I discovered it. Then it will become THEIR fragrance.

They deserve criminal punishment. Let them sit in a chamber while a genetically challenged person like myself releases 100 scared skunks into the room and baste the bastards with a permanently horrid scent.

I doubt legislation will be passed because they are the politicians and lawmakers.

However, the next time this happens to me, I'll be ready. I will pass wind in his direction. A silent bomber, that will float around him causing the women to return to me fleeing from the stench surrounding him.

And he will deserve it. All of these guys already have everything in life, leave smelling good to those guys who have nothing else.

God bless the gay men. Even though they are good-looking, fashionable, and cultured, they are not straight. This makes them the friend of the ugly man because they present no competition to us.

For the good-looking straight man, and I know who you are, I remembered another talent that I have - the ability to FART on demand!!



Billy Ikosipentarchos - Will fart on demand if you get in his way.

MORON OF THE WEEK



Mike Harris had the audacity to address and commend the 40,000 students who attended Nelson Mandela's tribute at the Skydome last week.

Harris actually wondered why students booed him. Mike, do you remember the strike?

For these actions, Ontario Premier Mike Harris is our Moron of the Week.

THE PARKING LOT IS FULL

by Pete Nesbitt and Pat Spacek

<http://www.execulink.com/~nesbitt/PLIF/>



During his reign as a popular television character, Alf brought a lot more than good-natured humour into American homes

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# Facing the crowd

by PENNY LAUGHREN  
News Reporter

The opportunity to see South African President Nelson Mandela at the SkyDome was a "once in a lifetime deal" according to student Sabrina Peric.

"After 27 years in jail he came out and ended apartheid and took over his country and did really good for all of the people," said Peric. "Why would he want to step down if he is loved by so many people?"

Sabrina Peric was one of over 40,000 children and adults awaiting what would be their only opportunity to see their hero.

When Mandela arrived their enthusiasm and excitement burst. Children sprang up and cheered wildly. People in the stands stood and waved flags, raised banners or held up signs of greeting. Kids lucky enough to be on stage level ran screaming and stretching out their hands as they ran alongside the cart that carried the President and his wife, Graca Mache to the stage.

Once out of the cart Mandela walked towards the podium slowly and with difficulty. However, once on stage he danced, waved, and smiled at the children.

In their greetings to Mandela, Prime Minister Jean Chretien, Premier Mike Harris and Minister of Culture, Hedy Fry, described President Mandela as the world's hero.

Chretien told the children that this would be a day that they would remember for the rest of their lives.

Mandela's appearance at the SkyDome launched the Canadian branch of The Nelson Mandela Children's fund. The fund was founded by the president in 1995 when he pledged that one third of his salary would go towards helping neglected, orphaned, abandoned, or homeless children.

**S**outh African President Mandela launched a boisterous defence of his government's performance and dismissed those with doubts in his address last Friday at the Sheraton Hotel.

The leader of The African National Congress was elected president in South Africa's first democratic elections in 1994. After his election, Mandela pledged that his government would improve the lives of South Africans.

"Our government, despite having no previous track record... has done very well," said Mandela. "My government, every week, since elected, has increased access to health care clinics, provided housing, delivered water, electricity and telephone lines to thousands." Despite Mandela's efforts there are significant shortages in many areas of South Africa.

Crime and corruption levels have plagued the ANC government since coming to office. Mandela said that crime and corruption rates in South Africa are at "an unacceptable level". Nevertheless, he said "we are continuing our vigilance against

## Defends

## his Record against the critics

STORY BY PENNY LAUGHREN  
News Reporter



PHOTO CREDITS:  
Crowd photo (top of page) Kate McCaffrey  
Mandella (inset) courtesy photo  
Crowd photo (above) Penny Laughren

corruption" and "have managed to turn the tide (on corruption)".

He stressed the need for partnerships between governments and businesses in a competitive global market.

Mandela also asked potential investors to take into account the many difficulties that the ANC government faced when it first came to power in 1994.

Mandela boasted, no government in the last 338 years has performed as well as the government that he presently leads.

Transparency International, a non-governmental organization, in its latest corruption perception index, rated corruption levels in South Africa as average. South Africa, 32nd out of 85 countries, was rated less prone to government corruption than most Eastern European nations. Russia finished last.

Mandela did not discuss unemployment levels in his luncheon address. Yet the South African national unemployment rate is 30 percent. Youth unemployment is estimated to be as high as 60 percent. Increasing unemployment has been linked to rising racial tensions and violence in South Africa.

## Education an ongoing problem in South Africa

by PENNY LAUGHREN

Before 1995 public and secondary students' access to schools in South Africa was determined by race. Five out of ten universities did not accept black students. Between 1959 and 1995 the Extension of University Education Act prevented universities from accepting black students except with special permission from a Cabinet Minister.

At his luncheon address last Friday in Toronto, President Nelson Mandela said that during apartheid, "The government took no interest in educating blacks providing only token assistance".

At the end of the apartheid era in, 1994, all public schools in South Africa were integrated. Education for children from 7-16 years became compulsory according to Europa World Book.

Despite the concentrated efforts of Mandela to improve access to education the legacy of the apartheid era continues to affect the school system in South Africa.

The influx of new students in 1995 was too high for the number of schools that were built, too many for the number of teachers available and too many for the classroom resources available. Public school students were required to pay for supplies and those who could not were expelled.

## Canada and South Africa: Comparing the education systems

(Data from Europa World Book, 1999 & UNESCO Statistical Yearbook, 1997)

	Canada	South Africa
Total population	29,963,631	37,859,000
% of enrollment in primary schools	96	45
% enrolled in secondary schools	92	48.5
% attaining a post secondary education	21.4	1.5
% of GNP expenditure on education	7.5	6.8
% of total government expenditure	16.3	20.5

## To contribute to the Nelson Mandela Children's Fund

[www.mandellaandthechildren.web.net](http://www.mandellaandthechildren.web.net)

\$15 Order a t shirt or videocassette of Mandella and the Children

\$20 Call 1-900-630-2500 (charged to your phonebill)

\$50 Call 1-900-630-5000 (charged to your phonebill)

Mailing address:

Canadian Friends of the Nelson Mandela Children's Fund 2201 Warden Avenue, Suite L1, Scarborough, Ontario, M1T-1V5

Tel: (416) 496-8403

Fax: (416) 497-0686

compiled by Kate McCaffrey



# On campus

"Humber is so different . . ."

## Students get ahead with HTR

by **SHAUNA DUFFY**  
On Campus Reporter

Hospitality students at Humber are getting paid to get hands-on experience at the college.

The Student Supervisor Program has been introduced by Food Services and the school of Hospitality (HTR).

"It's a great learning opportunity for students who want to get into the management area of food services and to have something positive to put on their resume,"

said Don Henriques, General Manager of Food Services at Humber.

The program allows students to train and supervise at the residence cafeteria (Joe's Diner), and Harvey's.

It allows students in a full-time hospitality, tourism, or recreation programs to work in a real environment applying their lessons to a job situation.

Henriques recruited students at the end of last year's academic term after providing an infor-

mation session, which was set up in March, to let students know what the program is about. Out of that group, three students applied and were hired.

"The students we've hired are on the ball," said Terry Johnson, manager of Joe's Diner. "It's worked out quite well."

The length of the work term is two semesters, and the applicants need an average of 70 per cent or higher to be eligible.

"They have four days to learn a lot of stuff," said Johnson who scheduled training for the program.

"It's been a good experience so far in terms of getting a job upon graduation," said student supervisor Ryan Todd.

Todd is in his second year of the Hospitality Management program.

Leanne Sandilands and Ian Foote are also supervisors. Each one will work three to four shifts per week plus weekend shifts.

"They consider school a priority and they work around our work placement schedules," said Todd.

Henriques said the program will be continue in the upcoming academic year and Hospitality students will be informed of the program details



PHOTO BY SHAUNA DUFFY

**Student supervisor, Leanne Sandilands, gets practical experience working in her field at the school.**

in February of 1999.

Hospitality Management program co-ordinator, Rosemarie Grivich, recruits for the available positions. Grivich said the students do benefit academically.

"They're not exempted from a course but they don't have to do their last traineeship with another employer. The graduate work placement can be done with Beaver (the company in charge of Humber's Food Services)."

Grivich said the program is different than the work placement in that it is longer and the student is trained for a particular position.

In a traineeship environment,

the student gets an overview of the whole operation.

"If they want to specialize in that field it's a perfect opportunity," Grivich said.

Leanne Sandilands is in her second year of Hospitality management and said she sees this as being an asset to her resume.

"I might have a better chance of getting a good job than someone who works on the line. It gives good experience and it's a higher position."

In their position as supervisors, students learn how to do cash and sales reports, deposits, scheduling, food cost control, and spot checks on cash.

## Get involved with Humber clubs

by **AKUA BOAKYE**  
On Campus Reporter

School spirit gets a boost each year as on campus clubs are formed in the name of culture, unity, sports and environmental issues.

"Clubs provide opportunities for students to get involved and to view Humber as more than just the place they go to school," said Leadership and Programs co-ordinator Lise Janssen. "Students develop a sense of worth, organization and leadership skills, and meet new people."

According to Janssen, Humber had about 12 clubs last year. Any group that wants to start a new club or continue an existing one can receive funding from Humber College.

"The money comes from the operating budget of SAC. A club can receive \$200-350, with potential for fundraising (to get more)," said Janssen.

But, not just anyone can walk into the SAC office and get money. The SAC Clubs and Associations Selection Committee meets to review the eligibility, responsibilities and intentions of every club that applies.

To avoid the misuse of funds, clubs must set up a bank account through the SAC business manager and are not allowed to open any other club accounts.

"If they want to get reimbursed they must supply proof. Clubs must follow all guidelines. There are certain things that we do not give reimbursement for, such as alcohol," said SAC vice president Kenn Bell. "Our business manager watches where all the money is going. She informs me of what is going on."

In addition, no forms of dis-

crimination are tolerated at Humber. All clubs must provide activities that are open to every student. In support of this, each year SAC hosts a cultural awareness week to help students learn more about the variety of cultures represented on campus.

"When Tracy (Boyer) and I were elected Culture Shock (cultural awareness week) was going on, it was a good experience. I love being exposed to new things, just as many other students at Humber (do). It is great to have as many clubs as we can," said Bell.

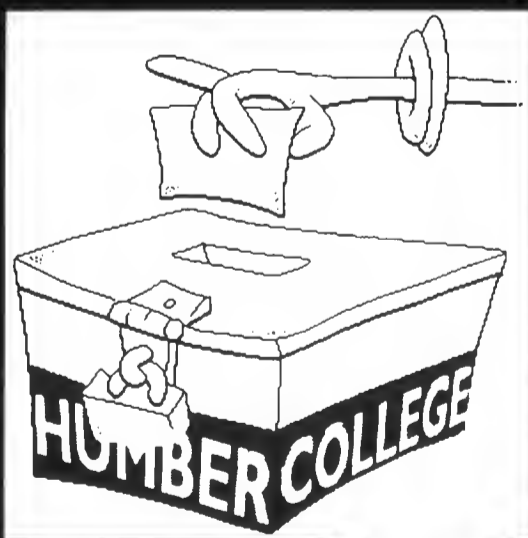
"That's what Canada is all about. I come from Keswick. Humber is so different in that it is very diverse, very ethnic. It builds character."

Anyone who wishes to start a club and receive sanctioning must submit a clubs package by October 9 or February 12, next semester.

According to the SAC clubs and associations package a club must have the following criteria in order to be considered:

- A list of 20 or more full-time Humber College students who are interested in the club if it were to become recognized as a SAC sanctioned club or association
- A proposed budget for each semester
- A list of short term activities to be carried out each semester
- Identify executive and a faculty/staff member who has agreed to act as a club advisor with a letter of intent and work extension
- The executive must be full-time, fee-paying students in good standing (60 per cent term grade point average).

## Notice of By-Elections



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- ♦ makes important decisions concerning the future of the college
- ♦ meets new people
- ♦ become leaders in the student body

Information & Nomination Pkgs are Available at the SAC Offices at North and Lakeshore Campus.

# Lakeshore

"I wouldn't trade any other campus for Lakeshore."

## Get a full view of the Lunchtime Revue

by JOSEPHINE CAPRARA  
Lakeshore Reporter

Lakeshore staff and students will get a glimpse of what Humber's theatre arts students are made of.

From October 6-9, theatre students will be performing in the cafeteria for a *Lunchtime Revue*.

After each performance the audience will vote anonymously on which performance they enjoyed the most. On the Friday, there will be an encore performance of those with the most votes.

"In a very fun way we're competing against each other for a spot in the Friday show for lunchtime where we can get all the best pieces together and perform again," said second-year theatre arts performance student Jennifer Brewer.

Artistic director Mark Schoenberg said he hopes the *Lunchtime Revue*, along with a give-away of season tickets to all the theatre performances, will give the theatre program a boost.

"We go over to the cafeteria

and we put ourselves in their environment and we do a fun kind of lunchtime show that's all written and put together by the kids," Schoenberg said.

**"It's like being a kid. (You) get all your friends in front of you and say 'Hey, look what I can do!'"**

Jennifer Brewer

Brewer agreed. She said the theatre program needs as much help as possible, not only from the faculty but from the student body.

With these lunchtime performances, the students will realize there is a group of their peers

who are ready to entertain them.

"It's like being a kid," said Brewer. "(You) get all your friends in front of you and say 'Hey, look what I can do!'"

Schoenberg said the actors need this type of environment to work in because of the rowdiness that can occur in the cafeteria.

"It's a friendly environment, (but) it's not a controlled environment," he said. "(It gets) rowdy, but it's good for the actors to try and learn to cope with it."

Jeanette Perrin, another second-year performance student said the experience is great and helps everybody come together as a unit.

"It's a getting-to-know-you type of thing," said Perrin. "It offers a lot of integrity and imagination because we get to offer our own ideas, our own skits, our own themes for our shows."

The four day performance begins October 6 at 12:30 p.m. in the cafeteria at Lakeshore. Admission is free.

## SAC elections not popular with students

by KEVIN MASTERMAN  
Lakeshore Reporter

Did you know there is a vote for vice-president and divisional representatives in a few weeks? Not many Lakeshore students did.

In a random survey of 30 students last week, only one knew that nominations were open, although the majority thought it is important to vote.

"I'd like to, once I get enough information," said Davida Threlkeld, a theatre production student. "It's important. They're working for me, they're working for everybody, so I should do my part and get involved."

Sonia Levy, Lakeshore SAC president, said it is up to the candidates to publicize the election. She said that creating student awareness has been one of her main priorities, but she prefers to let the candidates control the election process.

So far, students don't seem to be aware of the election.

"Of course I would [vote], but I haven't seen anything," said Maeghan Fennel, a first-year performing arts student.

Most students surveyed said that they only vote if they know the candidates and the issues they stand for.

"Usually I'm not part of the voting process but I said if I know these people and I know how they work, I'd want to vote for them," second-year business administration student Chris Capelo said.

"It would be good to have a great SAC. I think it would be pretty boring if they weren't there," student Maria Katsilieris said.

Lakeshore students can vote on Oct. 13-15. Polling sites are at the main building and in the cottages.

## New Prez on campus

by KEVIN TULLY  
Lakeshore Reporter

There's a new girl in charge at Lakeshore Campus, and she is ready to take care of business.

Sonia Levy is the new Students' Association Council (SAC) president at the Lakeshore Campus. Some of her goals are to build esteem with students, and to let their voices be heard.

Levy, in her last year in the music program, is the first president from that program.

Levy said she is looking forward to working closely with SAC North Campus President Tracy Boyer. She said she hopes to bridge the gap between the Lakeshore government and the government at the North Campus.

Levy said she believes it is better for each campus if both the governments work together and communicate.

"With one great grand body working together, we can make a great impact this year," she said. She said that a lot of student

governments start to fall apart at the end of the year.

"If you join something, you should be dedicated to it for the whole year," Levy said.

She runs the Lakeshore SAC with the help of two executives, one office manager and one acting Vice-president, Chris Elliott.

With all the work that she is planning to put into the Lakeshore campus, Levy said she hopes that her campus gets some more coverage in the Humber Etc Cetera.

"I would like to see more news about the Lakeshore campus in the Humber Etc Cetera," said Levy. "If more people from Lakeshore were involved in the newspaper stories, they would be more interested in it."

When Levy is not at school she said she likes to walk in the park, practice playing the keyboard and bass guitar, and she loves to play dominoes.

Levy said she likes her job, as well as her campus. "I wouldn't trade any other campus for Lakeshore."



COURTESY PHOTO

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Lakeshore Prez  
Sonia Levy

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# Health

"We're not a bunch of dangerous psychos"

## Oops, the condom broke — now what do you do?

by NATALIE DAYE  
Health Reporter

It's the most terrifying moment: The condom that you have just trusted your safety and future to has broken and sprung a leak.

"Every night, about 27,000 American couples experience a condom break or slip," said James Trussell, PhD, in a recent article published in Men's Health magazine.

Trussell is an expert on emergency contraception at Princeton University in New Jersey.

"When a condom breaks, get it out of there as soon as you can, run to the bathroom and wash yourself," said Audrey Duann an employee at the Condom Shack in Toronto.

Trussell said studies haven't shown that soap kills STDs, "but it won't do any harm, and it might do some good."

Mark Schoen, PhD, of the Sinclair Institute in Chapel Hill, North Carolina said, "if it happens before he ejaculates he should stop and get a new one (condom), if he doesn't realize until after the fact, then he needs to let his partner know."

It's important to talk to your partner about previous sexual relations.

"Depending on the relationship, (you and your partner) may want to get an HIV test," said Marilyn, a counsellor at the Bay Centre for Birth Control in Toronto.

The HIV test is the only way to tell whether you are infected.

A positive test result means that you have been infected, and can pass the infection on to others.

It does not tell you when you were infected or what condition your immune system is in.

A negative test result means that you have not been infected. However, you have to wait 14 weeks after your last unsafe sexual act before getting tested, because it takes that long for your body to produce the HIV anti-bodies.

"The couple could speak to a counsel-

lor about STDs and testing if they are concerned," Marilyn said.

Females should consult their doctor, and ask about the emergency contraceptive pill or the morning after pill which can, "reduce the risk of pregnancy by 75 per cent," said Trussell.

The emergency contraceptive pill, (ECP), should be used as soon as possible after intercourse.

Yet, it is still very effective within three days of having sex.

Some side effects include an upset stomach or vomiting.

The ECP is available in the Humber Health Center for \$7.

According to Trustees at Columbia University's Health Education Program in New York, "approximately two to five per cent of condoms tear during use, however the majority of these failures are attributed to misuse, when condoms break during correct use, the tear is most likely due to hidden weaknesses in the rubber."

"People are putting them on wrong, (when putting a condom on), (finger) nails and jewelry is bad, if the condom is exposed to heat or cold, or abused in any way— it's going to break," Duann said.

To get the most protection from a condom, Duann recommend that you choose the right kind of condoms to prevent disease.

"What I find is when people come in, they're choosing condoms that are too small, people should experiment more with condoms to make sure they fit - it's like finding the right shoe," said Duann.

Read the labels, and look for two things: The condoms should be made of latex (rubber), and the package should say that the condom prevents disease.

If the package does not say anything about preventing disease, the condoms may not provide the protection you want, even though they may be the most expensive.

For proper protection, read the labels.

Condoms have an expiration date, so you should make sure that the condom you are using has not expired.

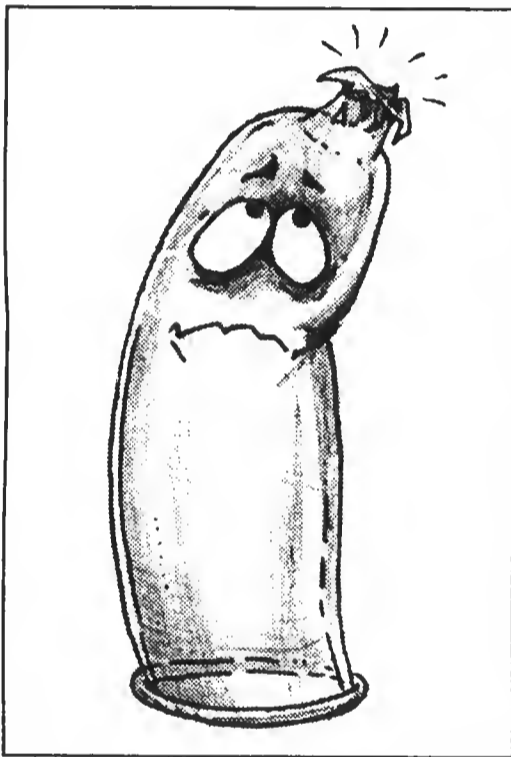
Using lubrication may help to prevent condoms from breakage and may prevent irritation.

If you use a separate lubricant, be sure to use one that is water-based.

Never use a lubricant that contains oils, fats, or greases such as Vaseline or baby oil.

They can weaken latex, causing condoms to tear easily.

Duann said that you should, "use lubrication; two drops of lubrication on the inside (of the condom), can make it feel more natural for him. People will put it on the outside, but it's very important to put it on the inside."



DRAWING BY MIKE WOODGATE

Two to five per cent of condoms break and most of those are due to misuse.

## Health Centre welcomes new doctor

by SHERRY LANGEN  
HEALTH REPORTER

Humber College's Health Centre at North Campus welcomed a new doctor to its office.

Dr. Dyke joined Dr. Sehgal and Dr. Brail at the beginning of this semester to make the physician staff three strong. With the addition of Dyke, the Health Centre staff aims to better serve the female population of the college who may

be seeking a woman doctor.

"Sometimes there are some things that you would rather see a female doctor about," said Jessica Gagnon, second-year development services student.

"I went to the Health Centre last year to see a doctor. He was great but I

still prefer a female doctor for certain concerns. I'm sure guys feel the same way about seeing a male doctor as opposed to a female one. It's human nature."

Dyke is available for appointments on Wednesdays from 9 a.m. until noon.

Likewise, Sehgal is at Humber Tuesdays from 9 a.m. until noon

and Brail takes the Thursday shift from a.m. until noon.

The nursing staff is available Monday to Friday from 8:30 a.m. to 4 p.m. The nurses are able to assist students with minor illnesses, first aid treatment, pregnancy tests, emergency contraceptive pill, pre-registration for birth control and allergy injections, and referrals to dentist, doctors and community agencies.

The Health Centre is located in K137 near the ramp for the Pipe.

# Schizophrenia misunderstood

Research is drastically underfunded, but this weekend's walk should help

by JENNIFER PECK  
Health Reporter

All schizophrenia sufferer Phil Malloy wants is for people to stop being afraid of him and hopes this Saturday's Walk For Schizophrenia in Nathan Phillips Square will help.

Phil, 39, who has had schizophrenia since he was 18, said society has the wrong impression of people with this illness.

"People have to realize that we're not a bunch of dangerous psychos," he said.

Phil said he often finds that people are afraid of him at subway stations.

"Sometimes if I'm laughing or talking to myself people will get up and move to the other end of the train," he said.

"Although people with schiz-

ophrenia occupy more hospital beds than people with cancer, arthritis, heart disease and diabetes combined, research... for schizophrenia is drastically underfunded," according to a news release from the Schizophrenia Society of Ontario in Don Mills.

Schizophrenia "is a brain disease that affects thinking, perception, mood and behaviour. It is not a split personality... or an emotional disorder," according to the Schizophrenia Society of Ontario.

The Schizophrenia Society also said that the most serious symptoms include hallucinations, delusions, paranoia, illogical thinking, anxiety, lack of energy and motivation."

The disease often strikes in the teens or early adult hood and is usually genetic.

Ruth Malloy, Phil's mother, agreed.

She has been media chairperson for the annual Walk For Schizophrenia event for the last three years.

She said she hopes the walk (held on Oct. 3, at 11 a.m.), will help reduce the stigma and myths associated with mental illness.

"I hope it will create an awareness of schizophrenia and raise money for research," she said.

Ruth has good reason to be so involved in this event.

She is the mother of eight children, three of whom developed schizophrenia.

"When I discovered how bad things were as far as the services, humane and effective treatment... there was so much to be done. They were not getting the

publicity they deserve... so I volunteered to step in," Ruth said.

A 46-year-old woman, who wished to remain anonymous, developed schizophrenia later in life. She was 34 when the illness was discovered.

"There was a lot of disappointments with it. I wasn't able to finish my social work... (because) the depression was the main problem as well as the voices and not being able to stay awake for long periods of time," she said.

She said she used to get hallucinations but has improved greatly over the last 11 years.

"The voices (I get) come by the second and then they go away. I usually get them at night when my medication is wearing off," she said.

Dr. Jorge Soni is the deputy

clinical director of the schizophrenia division for the Center For Addiction and Mental Health in Toronto. He said there are many misconceptions related to this illness.

"The most common myth is that it's caused by the environment or related to criminality — the people who are psychotic or psychotic killers," he said.

"It's an incurable disease (but) there are magnificent drugs now a days to treat this illness," he said.

Ruth Malloy said she is hoping for the best. The Saturday, Oct. 3 walk registration will begin at 9:30 a.m. at Nathan Phillips Square. There are sponsor forms for those who wish to help raise money.

For more information on the Walk For Schizophrenia call Ruth Malloy (416) 698-0643.

## Women can weight train without bulking up

by JENNIFER PECK  
Health Reporter

Many women stay clear of weight lifting in fear of looking more like a beefy man instead of seeing its multiple benefits.

Leanne Henwood, fitness coordinator for Humber Athletics and a certified personal trainer said women don't have the ability to bulk up.

"To bulk up you need testos-

**"To bulk up you need testosterone,"**

-Leanne Henwood

terone in the system and that's why men have the capability (whereas) women don't have enough testosterone in their body," she said.

Weight training has become

popular among women who want to add strength and develop a leaner, muscle bound body. The stigma attached to weight lifting being only for large body builders is slowly disappearing.

H u m b e r College first year radio and broadcast student Cathy Sewell takes advantage of the classes every Monday and Wednesday at 4:30 p.m.

"(Weight training) is a stress reliever and I burn off a little bit of excess energy," she said.

Henwood said weight train-

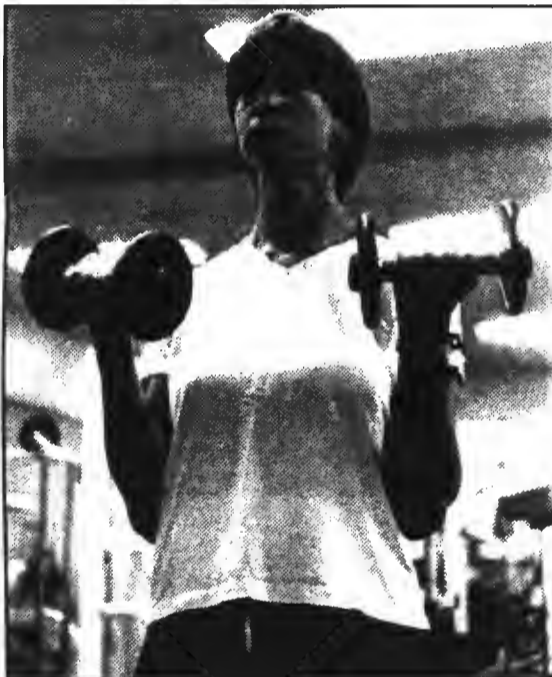


PHOTO BY JENNIFER PECK

**Arnold and Jean-Claude don't have to worry, women don't get that beefy.**

ing also helps keep bones strong.

"Women need to do weight bearing exercises to help make their bones strong to prevent osteoporosis from coming on in later years," she said.

Debra Kanty, CAIA certified and owner of two Back To The Basics fitness clubs in Barrie agrees.

## Be aware of Humber's AIDS week

by KARLA JAMESON  
Health Reporter

AIDS Awareness Week is at the end of November, but Humber College is going to take part as early as this month.

The Etobicoke Health Department, along with the Humber College Health Centre, has organized an AIDS aware-

ness display. There will be a public health nurse available to answer questions, as well as a video presentation.

Free condoms and lube will also be available, according to public health nurse Franca Evangelista.

AIDS Awareness Week is Nov. 23 to 30, followed by World AIDS Day on Dec. 1. The theme

## Eight Benefits of Weight Training

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3. Speeds up metabolism
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5. Improves posture
6. Slows aging process
7. Increases energy
8. Improves self-image

training classes or booking an appointment with a trainer is a good idea.

Humber athletics is offering a deal for students who wish to book an appointment for a personal trainer. The initial visit will only cost \$10. Any visits following will have the regular cost of \$20.

Henwood also adds that fitness testing is another option for students. They can see where their fitness level is and their strengths and weakness. Fitness testing is free and students can book an appointment through the athletics office.

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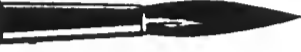
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"It's all about fame"

## Graffiti not just for subway stations anymore

Toronto Graffiti artists unite to make "normal" walls an interesting and colourful attraction

by TREVOR HACHÉ  
Lifestyles Reporter

Everyone living in Toronto has seen it. Some of it's creative, some of it's crude, some of it's down right funky. Some people love it and some people hate it. But neither group can deny that graffiti is everywhere.

From the sides of GO Transit trains to the walls of Kensington Market this underground art form can be found in every region of the city.

So who's responsible and why is it so popular?

Kane, 25, a graffiti artist from Toronto, said his form of graffiti art originated through the hip-hop movement.

"There's four elements to hip-hop: DJing, breaking, MCing, and graf," he said.

Kane was one of the first hip-hop style graffiti artists in Toronto. He and other artists like Virus, Recka, Sady, and Kid C set it off roughly 10 years ago. They're referred to as Old School Originators by their peers, kings of the graffiti world in Toronto.

"It's all about fame. Whoever can get their name on the most walls is the king," he said.

King Kane has had clubs pay him to write on their walls. Five years ago the Warehouse paid him and fellow artists

\$5,000 to do a group collaboration in the club. He has also done work for the Power Bar, the OZ and RPM.

Last Thursday he and fellow artist Alex, 23, were putting the finishing touches on the Midas wall between the Keele and Dundas West subway stations.

Kane has been using the wall for eight years. Two years ago he approached the owner of the building and asked if he'd like him to clean it up. The owner agreed

and wrote Kane a formal letter giving him permission to use the wall.

Essentially that made what Kane was doing legal. Cops could no longer come around and tell him to stop.

Kane then took

it upon himself to contact other local graffiti artists to come together for a massive collaboration.

The wall is over 75 feet long. Graffiti runs down its entire length and goes up over 10 feet high. Eight local artists took part including: Ren, Kane, Recca, Snic, Scam, Hope, Alex, Whisper and Artchild.

It depicts the evolution of man. From the single cell, to the evolution of the monkey, right up until the dividing of cells for cloning purposes, the wall asks the question: "What next?"

Both Alex and Kane agreed that the production of the wall could have run smoother.

"It was hard getting the artists and the

**"Homicide is a major problem. Graffiti is a nuisance."**

Sgt. Jim Muscat



PHOTO BY TREVOR HACHE

Those who take the time to look will see how talented graffiti artists are. This piece, by Alex, is on the Midas wall between Keele and Dundas.

paint rounded up," Alex said. "But, it was one big learning experience and because of it the next one we do will run a lot smoother."

Alex graduated from the International Academy of Design and is currently a graphic designer for a silk screening company.

He said he likes graffiti because of its physical demands and the adrenaline rush he gets when finishing a new piece.

"You get on the top of some obscure building and just rock it. I mean you go crazy. When you climb down and look at what you've just done you feel like a god," he said.

Graffiti artists beware, this act is illegal unless one is given official permission to design something on a building.

Neither artist has ever been arrested for their 'writing.' They said they usually just talk their way out of it when cops approach them.

"I say I'm an anti-racist crusader covering up Nazi swastikas and stuff like that," Kane said. "The cops buy it every time."

Sgt. Jim Muscat of the Metro Toronto Police said he doesn't consider graffiti to be a major problem in the city.

"It's an important issue but it's not a major problem. Homicide is a major problem. Graffiti is a nuisance. It costs taxpayers a lot of money," he said.

Muscat referred to the "broken window theory" when discussing the graffiti problem.

"If you have a broken window on

your house and you don't fix it soon, a shingle may fall off. If you don't fix it eventually, over time, your entire house is devalued," he said.

Muscat said if the graffiti problem isn't dealt with quickly entire neighbourhoods can become devalued. Soon the criminal element moves in and no one feels safe going there at night.

Both Alex and Kane know what they're doing is usually illegal. But they both said they're willing to risk it.

"I know it's illegal but wouldn't you rather see a painted wall than a normal one," Alex said.

Muscat said the penalties for writing and drawing on walls range from absolute discharge to probation and community service. "There aren't too many instances where a graffitier has gone to jail," he said.

"It depends on the individual's criminal record, whether or not they've been caught doing it before. Every case is different."

Kane and Alex said they don't write or paint on churches, hospitals or homes.

"If something looks really nice we don't touch it," Kane said.

They said they should be done the Midas building in a couple of weeks. They talked about doing a bridge together for their next project.

"It's like a friendly competition. You see your buddy doing something and you say, 'I'm going to rock that.' Then they see what you did and say the same," Kane said. "It never ends."



PHOTO BY TREVOR HACHE

Graffiti artists risk getting caught every time they pick up a spray can, but the end result can be fantastic. This piece is found between Keele and Dundas.



# Dream a little dream tonight

*They can bring out your inner thoughts and feelings*

by STEVEN PERKO  
Lifestyles Reporter

Imagine yourself being chased by a stranger over and over again or finding yourself standing naked in public only to be suddenly awakened in a cold sweat.

Sound familiar? You're not alone.

Everyone has had a nightmare at some point. Do these dreams contain a message? According to Phyllis Koch-Sheras, author of *The Dream Sourcebook*, it is up to each individual to understand what his or her dream is really telling them.

Koch-Sheras said she believes there is no clear definition of every type of dream. However, experimental research has divided dream symbols into different categories helping us to decipher our dreams.

"Nightmares operate by symbols and they often make their point by exagger-

ation," said University of Waterloo professor Jim Gollnick. "They may be related to some anxiety someone might have in their life or they may paint an illustration about one's health."

Researchers have concluded that humans go through several different stages of sleep throughout the night moving from wakefulness to deep sleep.

Rapid eye movement (REM) occurs one to two hours after you fall asleep. During REM sleep, the dreamer experiences increased heart rate, respiration, blood pressure, and muscle twitches. It is in this stage when most dreaming occurs.

There are four or five REM sleep periods in a normal night's rest, occurring once every 90 minutes. People who are awakened during REM sleep have an easier time remembering dreams. Everybody dreams several times a night even though only a small number of them are recalled.



PHOTO BY STEVEN PERKO

**Dreaming that you're naked, being chased, or having teeth fall out is common. Don't dismiss your dreams, they may be trying to tell you something.**

A common myth is that dreaming is caused by eating certain foods before bedtime. Not true, according to David Fontana, author of *The Secret Power of Dreams*. He said dreaming is caused by an internal biological process.

Some researchers believe that large brain cells send random stimuli to certain areas of the brain during sleep, resulting in a dream.

Another popular myth is that if you dream about death or dying, you may actually die. Many people are awakened as they dream of crashing a car or falling off a cliff, leading them to believe they would have died had they still been

asleep. This is not true. Dreaming of death can usually be associated with change in a person's life either emotionally, or physically.

"Death is a very frequent metaphor for an ending in a person's life," said Gollnick. "It doesn't literally mean the person is going to die."

People who have recently ended a relationship and couples going through a divorce often dream about death.

Researchers and theorists have studied dreams for many centuries, and there is not yet one correct interpretation of a dream. Dreamers always have the final word on what dreams symbolize.

# Screwdrivers can screw drivers

*Students spend loads to get loaded a recent study shows*

by KELLY CARDONA  
AND STEVEN PERKO  
Lifestyle Reporters

Having a good time can be a top priority for Humber students, but does this include having a good time while being sober?

Mike Hudson, first-year Recreation and Leisure student, spends an average of \$100 a week on drinking at clubs and bars, which is more than he spends on basic necessities.

"I have all this extra money that I got to spend on alcohol," Hudson said.

Mark King, a second-year Multi Media student said he drinks four times a week and spends an average of \$70 a week. King said he likes socializing at Caps but doesn't necessarily drink.

"There's a lot of social drinking. I don't think it's too excessive," said King. "Some people go to class drunk, but that's isolated. It's not like the majority of people come here to drink."

A North Dakota study showed that college students spend \$5.5 billion on alcohol each year, averaging \$466 per student. More money is being spent on alcohol than books, pop, coffee, juice and milk combined.

According to Kevin Boldac, a Caps bartender, more people come to Caps to have a good time.

"Last year was pretty tame. More people were here to dance than to drink,"



PHOTO BY KELLY CARDONA

**Drinking moderately is fine, but unfortunately some students just don't know when enough is enough. Find out what your personal tolerance is.**

Boldac said.

Students who choose to binge drink, are not permitted to relax at the campus pub.

"If we notice someone that's had too much or even if they show up to the bar already intoxicated, then usually we won't let them in," said Jeff Micks, a Caps bouncer.

As much as he may dislike dealing with drunks, he said he has a responsibility to make sure they arrive home safely.

"If we cut someone off, then we have

an Angel Program, where if they're from residence we'll make sure they get walked home. Or if they get really, really smashed, we'll give them a one shot deal. We'll pay for a cab to get them out of here and then if they abuse the system, we'll not let them in the bar anymore," Micks said.

Stephanie Dooley, President of Mother's Against Drunk Driving (MADD) in Halton, said problem drinkers are usually between the ages of 24-45, and that students are learning.

"Students are pretty smart today, they practice designated driving, take a taxi, or ask their parents to pick them up," Dooley said.

Alcohol is an anaesthetic, meaning that it puts the brain to sleep gradually as more drinks are consumed. After a few drinks, people tend to be less critical of their abilities and performance and thus, drivers may actually think they can drive better after a couple of drinks.

The North Dakota study also showed that four per cent of all college students drink alcohol daily. What about this four per cent?

Bruce, a volunteer and recovering alcoholic at Alcoholics Anonymous (AA) said it is up to each individual to decide whether they have a problem with alcohol.

"Nobody has the right to tell anybody else whether they have a problem or not," Bruce said. "AA is a program of recovery for those who think they have a problem with drinking. We all know we'd either be dead or out on the street if it hadn't been for this program. It's a matter of life and death."

If you think you may have a problem with alcohol, Humber's counselling service can help.

"We don't provide long-term therapy, but we will refer them to a program where they deal specifically with alcoholism," said Camille Hannays-King, a Humber counsellor.

# Is yoga the exercise of the new millennium?

by KELLY CARDONA  
Lifestyles Reporter

Picture yourself sitting by the ocean, listen to the waves crashing against the rocks, relax your muscles.

As you breath in deeply, see yourself taking in new life and energy. Part with your physical state of existence and prepare to enter the spiritual state of existence, leaving all your stresses in the world behind.

This perception is the whole idea behind yogic practice. "The silencing of the mind."

According to Ron Reid, a yoga instructor at the Downward Dog Yoga Centre in Toronto, yoga works through the body to get to the mind.

"When practicing yoga, use your body as a vehicle. Yoga deals with your physical, emotional, mental and spiritual status plus meditation exercises to focus the mind. Yoga means union of the inner soul to the greater soul."

Ruth Cosburn, a yoga instructor at Millenia, a Newmarket studio, agreed.

"Yoga is bringing the body, mind and spirit into one," she said.

Yoga practice is also an alternative to exercising at a gym. "Yoga works slowly but deeply," Reid said.

Theresa Whitely, administrative staff at the centre, who is also one of Reid's students, said yoga is beneficial to your health.

"Yoga tones and purifies your body, makes you healthy, and gets rid of toxins," said Whitely.

When Reid teaches, he follows a program that consists of a heating phase, a deep stretching phase, a cool down phase with less intense stretching, and a relaxing phase, that includes meditation and makes your body so relaxed that it is difficult to rise and carry on with your day.

"Each individual works on a special level. Different positions are much more significant to different people," Reid said.

Cosburn also said that when trying different poses, never push yourself toward injury.

This is especially important for pregnant women. The Pregnancy Today journal, advises a pregnant woman, in their first trimester to avoid doing poses where



PHOTO BY KELLY CARDONA

**Yoga works out the mind and body, but practising it can get very intense. Having a friend along to spot you can be a good idea.**

you have to lie down flat on your back for more than a few moments. If a certain pose makes you uncomfortable, causes pain or makes you lose balance, then you should try something else. The most efficient and safe yoga for pregnant women would be a prenatal yoga class or a basic beginner yoga class.

When using yoga and its deep breathing techniques, it is very common for a person to feel emotional tension. The emotion may suppress, but according to the Phoenix Rising Yoga Therapy Centre in

Massachusetts, if it does not you may need to stop what you are doing, cry, shake, or pound your fists into a pillow, try anything to release the emotion.

The centre also suggests talking about your feelings with a friend, family member or therapist.

Yoga is used by many people as a stress reliever. Archa Mati, the director of Yoga for Life, said yoga is one of the best stress relievers around.

"Yoga is the oldest relieving stress system in the world," said Mati.

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## Chatterbuses

One student's humorous account of everyday bus life

by JACK TYNAN  
Lifestyles Reporter

You may get tired of the bus ride home everyday but once in awhile the TTC is the stage for an exciting show.

On the long, dull ride home, people sleep, crank up the headphones, read, or gaze out the window. But sometimes people talk, and in the close quarters of a bus, things can get interesting.

Tania Smith, a second-year Public Relations student, spent her bus ride trying her best not to look directly at a fellow sitting across from her. He stepped onto the bus wearing very short shorts and no underwear. When he sat down his whole package slipped out onto the seat for all to see, whether they wanted to or not.

"It was the kind of thing you can't stop looking at," Smith said.

According to Smith, other people on the bus noticed as well and quiet eye communication was going on all around the man as everyone tried their best to look everywhere but there.

"My mom said I should have walked up and tucked it in for him," said Smith.

Someone sat on Melissa Peyaut, a first-year Design Foundation student. She said she had her bag on the seat beside her and a fairly large woman got on the bus and asked her to

move. Peyaut had no time to move her bag before the woman sat on her bag and her lap.

"I had to pull myself out from under her," said Peyaut.

Gilda Darkwah, a first-year Computer Programming student, tried her best not to laugh out loud at a girl who was singing a song that made absolutely no sense. The girl was singing the verse 'University of Toronto, University of Toronto' over and over again and Darkwah didn't want her laughter to escape because other people would think she was making fun of the girl. The tune couldn't have been that bad though because later Darkwah found she was singing the strange tune herself.

"As soon as I got off the bus I started singing it in the bus shelter because it sounded kind of catchy," Darkwah said.

Rita Asiamah a first-year Early Childhood Education student, had a man reach out and touch her ring. He fingered the ring for awhile and then noticed her watch. The man did not speak English but Asiamah thought he wanted the watch. Darkwah thought that he wanted to marry Asiamah.

"He looked like a hundred years older than me," Asiamah said.



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# WRITERS' SUPPLEMENT

*The essayist thought he could become a genius watching television. He was wrong. Illusion shattered, he was left with the painful, but liberating answer to all his questions:*

## I don't know

by LOUIS TSIKTSIRIS

Lorne Greene lied to me. I don't really know anything. I'm not trying to fake humbleness, in fact, not too long ago I was a polymath and a pragmatist. I could hold my own in almost any conversation. From discussions that centered around what kind of cheese the moon was made of, to how one gets the soft flowing caramel centre inside a Caramilk, to whether one should pick up a penny for its monetary potential or for its charm. I was Encyclopedia Brown.

It all started when I was ten. Until then I never thought about what I did or did not know. It was a rainy Saturday the day my life changed, and I was stuck indoors for the day. The morning cartoons had finished and the only program that caught my interest was a wilderness show about cheetahs, hosted by the master himself. Mr. Lorne Greene's voice affected me strongly, strapping my body to the couch, and taping my eyelids open.

The show ended and a ten-year-old philosopher was born. Two thoughts entered my head at the same time, and I nearly fell off the couch. I forced my untrained brain to think them in order: "At this moment I know more than what I knew yesterday." Thought number two: "Tomorrow I will know more than today."

I tried my best to calm down, but the Frosted Flakes had got the best of me. With all the might of Hercules I squeezed the two parts of the equation together. My answer?

"By learning something new every day, at this rate, I'll be smarter than Einstein by the age of 17."

The years passed and my head grew. My favourite teacher was PBS, and my best friend was the library. I did not enjoy school though. I guess it had to do with all that. It's not fun if it's forced

upon you," kind of deal. Anyway, I had to know everything about everything, including sports. I developed my skills and stamina and turned out to be a decent athlete.

I was at a basketball practice one day during my final year in high school, and the guys were all joking about getting scholarships to play basketball at an American college. Although, I'm sure deep inside there was a flicker of hope in us all, we all laughed as if we didn't care.

Until then, and I don't know why, I never thought about what I was going to do after I was done with high school. Not until that moment, dribbling that basketball. All those years I was learning from everything that surrounded me, but I was doing poorly in my classes. Externally I was still laughing along with the other guys on the team, but inside I was thinking that with the marks I had there was no university in Canada that was even going to consider me as a candidate.

I took a shot and missed the net by a foot and a half.

"Air-ball,"

"Man, you suck."

My teammates were trying to get to me. One thought kept stabbing at my head,

"Have I been wrong all these years? Maybe I'm not as bright as I thought."

"No," I told myself with confidence.

"I am smart. Right?" I felt like vomiting as these thoughts

infected me.

We started practicing lay-ups. On my second step of the lay-up I was taking, the ball slipped from my hands and fell in front of my feet. I stepped awkwardly on the ball and fell down, feeling the sharp pain going through my ankle as the muscle pulled.

I got up as



quickly as I could, and I searched frantically for the basketball. I picked it up and passed it to the next guy in line. I thought he'd be laughing at me, but

he wasn't. Instead he looked a bit confused and maybe a little concerned about the sudden loss of my coordination. I picked up my T-shirt from where it was lying at the corner of the gymnasium, threw it over my shoulder and started walking to the changing rooms.

The sound of bouncing basketballs had stopped. I looked up for a second towards my team mates and then towards my coach. They looked at me without any

expression. They were probably thinking how uncharacteristic it was for me to be clumsy with the ball. When the changing room door closed behind me I heard the beginnings of faint mumbles as the basket balls resumed their bouncing.



Louis Tsiktsiris, left, and Shauna DeGagne, right, won honorable mentions in an international writing competition. Humber president Robert Gordon made the presentation September 24. Et Cetera prints Tsiktsiris's winning personal essay here, and Degagne's short story on October 8.

My performance at school was not what worried me. I would not have minded taking another year of high school. I was a year younger than the other students in my grade anyway.

For someone who had always considered himself smart, I had been pretty stupid. It bothered me that I was caught by surprise because of my ignorance and inexperience. I was unprepared for what lay ahead of me, because I never thought about it.

As time went by, I slowly accepted my ignorance. I wasn't happy with it, but it was tolerable. I started concentrating on my school work and then went off to university.

During this time, recognizing my own misconceptions of what it meant to be smart, I started seeing the ignorance in others. Especially those who talked a lot about nothing.

I disliked all those who knew they were brilliant, but my hate went away soon in the first semester of Philosophy 101. We learned about Socrates and how he believed that we (humans) think we are smart when we don't really know anything, but that we can become better through self examination and by questioning what we think

we know.

Knowing that I had made the same observation as the great Socrates before I learned anything about him, thrilled me. The part about self-examination, I never thought of before, but I decided to start applying it. I would still be an ignoramus, only now I would be an ignoramus aware of his own limitations.

My desire to learn as much as possible returned. This time it was not facts I was after; facts could not stand on their own any longer. They required a complement. I wanted to learn about me and my relationship with the world around me.

Now I was after wisdom. It was the abstract that fascinated me. My interest in the concrete never disappeared, but it diminished. The school head master within me was expelled, and I became an artist to whom writing appealed the most.

I wanted to write about my revelation. I wanted to open people's eyes, but I soon realized no one cared about my cheesy babblings of self discovery, so I simply started writing for myself.

Sometimes I think about the wilderness documentaries I used to watch, and how a lone narrator was able to greatly influence the mind of a child. Was it my fault for thinking that I could learn everything from television, and all its wilderness shows? Was it my fault for thinking that I could become a great individual by learning as many facts as possible?

The only thing Lorne Greene did was to tell me how cheetahs lived. Poor Guy.

The problem was his deep voice sounded as though he was saying something of great importance, but it was all for show.

There was nothing between the lines.

It doesn't matter. I don't like to keep grudges, and maybe it was all for the best.

Mr. Greene, I forgive you.



## Arts

"I figure we'll make a lot of money after we've died."

# Slow-motion Snowpony

*British 'supergroup' whips adoring audience into a shoe-gazing frenzy, then spits on them.*

by LIZ TRICKETT  
Arts Reporter

Snowpony wasn't lying when they said they were hung like horses, played like donkeys, and kicked like mules.

Snowpony is an electronic-rock trio from England and they played at the Horseshoe Tavern Sept. 24.

Katharine Gifford, formerly of Stereolab, leads the band with soft, melodic vocals, while her guitar and keyboards are sampled in the background.

"It's kind of weird sampling stuff, which is just a tiny noise, and you play around with it and it's not the same thing," she said.

Debbie Googe is Snowpony's bassist, and an ex-member of My Bloody Valentine. Snowpony's first drummer, Max Corradi has been replaced by Kevin Bass (formerly of Moonshake).

Snowpony's new release is called *The Slow-Motion World Of Snowpony*. All songs are written by Gifford and include powerful rock drums and bass layered with samples of Sonic Youth, Nick Cave,

and The Sonics. Gifford's voice adds contrasting emotions in "Love Letters" and "Bad Sister".

Right now, Snowpony is on a three-and-a-half week tour of North America and then they return to England for another week of touring.

Gifford said that touring is "quite dull most of the time, every day is actually the same... you find your world is quite small when you're touring on a bus, it shrinks".

At the Horseshoe Tavern, the band played a 45-minute set to a crowd of entranced fans. Gifford danced around the stage in a long dress that bared her tattoo-covered back.

At Snowpony's concert in Montreal the night before, Gifford said they had a strange experience. The monitors weren't working, so Gifford couldn't hear herself singing. A fan was dancing and flailing his arms, distracting them.

"We always get one crazy dancer, one person who stands right by the speakers and is just totally mad," she said.

At the end of the show Snowpony played "Bad Sister". Gifford wet people in



COURTESY PHOTO

Snowpony's Katharine Gifford, Max Corradi, and Debbie Googe.

the front row as she spit water into the air and thumped the microphone stand on the stage like a spoiled brat. The pound-

ing drums and the feeling of the bass in your chest only added to the drama... and sheer enjoyment.

## Everybody was kung-fu writing

by L. I. BUILES  
Arts reporter

The second book about martial arts written by a Design Foundation teacher at Humber is hitting bookstores early October.

Andrew Bowerbank, the youngest fifth degree black belt in Canada, wrote *Spirit of Sensei: A Study of Japanese Martial Arts*. The book focuses on the relationship which develops between student and teacher, and the eastern philosophies which are used in the teaching of martial arts.

Bowerbank started studying karate at the age of eight at a local club in his home town of Tottenham Ontario. After a few years his teacher

retired, advising him to go to Masami Tsuruoka in Toronto, if he wanted to continue studying karate. Tsuruoka took the young Bowerbank under his wing. He showed an extreme devotion from an early age, practicing every night after school.

"All through high school, I spent about two hours on the subway and bus to go work out after school," said Bowerbank. "I'd do home-

work until one or two in the morning."

All that dedication paid off as Bowerbank became the founding president of the Tsuruoka Karate Association of Ontario. He is currently a part owner of the head school for Tsuruoka karate in Canada, and also teaches Design Studies at Humber College during the day.

He has been teaching karate professionally for five years. Along with partner Martin Hung, the two share the responsibilities of running the school which they built for Tsuruoka, their semi-retired teacher. The school is located at Davisville Avenue and Yonge Street.

"I enjoy teaching very much," said

Bowerbank. "It's a very rewarding job. When I see students learning and developing their skills, I get excited about it.

"I think the whole Eastern philosophy of teaching, especially martial arts, needs to be told to the Western society. A lot of Western martial arts teachers may train for four years, get their black belt, and all of a sudden want to open up their own school."



PHOTO BY L. I. BUILES

The pen is mightier than the sword.

## Mrs. Doubtfire ponders the afterlife

by MARK SUBRYAN  
Film Critic

Robin Williams is sticking with the genre that has won him an Oscar.

Williams stars in Vincent Ward's existential view of the afterlife called *What Dreams May Come*.

Cuba Gooding Jr., who won the Oscar as supporting actor in Jerry Maguire, also starred as William's guide in the afterlife.

Chris Nielsen (Williams) has been killed in a car crash just four months after his children are killed. He tries to come to terms with his death, but Chris's wife Annie (Annabella Sciorra) kills herself because she felt that she was unable to live without her husband and children.

Because she committed suicide, Annie must waste away in hell. Feeling that she is his soul-mate, Chris travels from heaven into a Dante-esque hell to rescue Annie and bring her to their ideal setting.

The film would have been haunting if not for a syrupy Hollywood ending. Strange to think that heaven would be subjected to Hollywood's feel-good curse, but then again, it's Hollywood.

The scenery was breathtaking. In the film, the afterlife is what each person makes it out to be. For Nielsen, it was the impressionist painting that his wife painted of what their retirement would look like.

The director, Ward, an artist in his own right, used Matisse and Van Gogh as his inspiration in creating Chris and Annie's vision of the afterlife.

The colourful flowers and beautiful house by a waterfall gives the viewer a sense of completion.

Overall, the film works very well, but someone needs to tell Hollywood to quit with the cheesy endings.

# Bishop soars again Plot? What Plot?

by MAREK KOCHMAN  
Arts Reporter

Like a phoenix rising from the ashes, one of Canada's most successful plays "Billy Bishop goes to War" soars again after almost two decades.

The play is a wonderful look at one of Canada's most celebrated war heroes, and it is also a reunion of the original cast from the play that was staged 20 years ago.

John Gray and Eric Peterson wrote the play about the 21-year-old flying ace from Owen Sound, after being inspired by the autobiographical, "Winged Warfare."

Bishop shot down 72 planes in World War I, second only to the Red Baron.

The play begins with Billy (Eric Peterson) rehearsing a speech he is about to make to new air-force recruits in 1941. He reminisces about his days as a WWI ace, and so the journey begins.

Peterson is brilliant in the lead role, as well as in the 16 other characters he played. His imitations of British aristocrats King George, Lady St. Helier and a nightclub singer called Lovely Helene are hilarious.

The production is funny, dramatic and even moving at times. Peterson takes the audience on a trip in the head of William Avery Bishop. Sometimes quite reserved and eloquent and at



Eric Peterson reprising Billy Bishop

other times down right hilarious. It is next to impossible to take your eyes off the charismatic lead, leaning against the piano, sipping from his drink while casually telling his story to the audience.

John Gray plays a reserved yet key role as the piano player. His presence is inconspicuous but important with his low-key piano playing and occasional song and sound effects.

The set and lighting are simple but effective, and the props only consist of a bunch of chairs, a flag and a walking stick but it seems that is all Peterson needs. The costumes are effective. The authentic looking war uniform Billy wears adds a vintage feel.

Since the production's original run which started in November 1978, the play has been seen by 350,000 people in over 50 cities including New York, Los Angeles and London.

The play is not only a look at Billy Bishop's life, but also a moving exploration of the life of a pilot during World War I.

The production is playing at the St. Lawrence Centre for the Arts. Ticket prices range from \$25 to \$55, with a limited number of pay what you can seats available on Mondays. The show is playing from Sept. 24 to Oct. 31 before touring through Vancouver, London, Winnipeg and Ottawa.

by MARK SUBRYAN  
Film Critic

The Toronto Film Festival is over for another year and a slew of new movies have been showcased before their fall release.

A Soldier's Daughter Never Cries is one of those films that will be opening around Toronto on Oct. 2.

The film is made by the highly successful drama team of James Ivory and Ismael Merchant who have made such classics as *Howard's End* and *Remains of the Day*.

The new film is a bit of a departure for the duo who are known for making period dramas.

*Soldier's Daughter* was set in the '60s and '70s, where Bill Willis (Kris Kristofferson) is a writer who has moved to Paris for inspiration.

Channe (Leelee Sobiesky) is the Willis's young daughter who has a hard time coping with who she is.

She spent most of her life in France before moving back to America where she felt completely out of place.

Billy Jr. (Jesse Bradford) is the Willis's adopted son and his arrival marks the beginning of the film.

The quirkiness of the film works well as viewers will be able to identify with any of the characters in this coming of age drama.

Like other Merchant/Ivory films, the plot does not matter. The whole idea of their films is to offer a peek into the lives of others.

The acting was well done, especially Sobiesky and Anthony Roth Costanzo who plays a slightly effeminate opera prodigy.

Overall, this film works because unlike many of Merchant/Ivory's other films, people who like all genres of film will be able to enjoy *A Soldier's Daughter Never Cries*.



Barbara Hershey in "A Soldier's Daughter Never Cries"

## Toronto's little Drummer boys

by SHAUN HATTON  
Arts Reporter

Drummer is not just a name for someone who plays the traps, it's the name of a Toronto-based band that's breaking onto the scene.

The group is made up of brothers Jay and Jesse Baird, Dwight Schenk, and Shotgun Jimmie, who joined the band last year. All members are singers and songwriters. Schenk is currently attending school in North Bay, unable to play with the rest of the band.

Despite being down one member, Drummer still plays as many shows as they can. On September 26, they played a one hour set at Comfort Zone, which included original music as well as covers of Beck and Sloan.

"We try and get together and do our best to make it a good show," Jay said. "This show, we practically lived together for three days."

The band's influences include a wide spectrum of music and literature.

"Our dad listened to a lot of soul," Jay

said. "We went to (U of T) for the jazz program and listened to a lot of jazz."

"I was the biggest Pavement fan in high school," Shotgun said with a laugh.

Other influences include the music of Spiritualized, Elvis Costello, and the writing of William Burroughs. Because of this, Drummer's sound is unique and at times, difficult to categorize.

"This high school friend of ours coined it as 'progressive weird shit,'" Shotgun said.

"We try to do some trip-hop stuff," Jay said. "We had a guy with a beat box."

Despite their talent and outgoing attitudes, they admit having difficulty when trying to set up gigs. There's a level of uncertainty on whether the band can attract a crowd, so clubs are picky about who they let play. Bands must promise an audience, or they don't play.

"It's ridiculous," Jesse said. "Calling up your friends and saying, 'Hey, it's me. Yeah, I'm playing again . . . I know I should call you to say hello.'"

In addition to playing, Drummer likes

to check out the Toronto music scene. They've lived in the area for nearly six years, and have made friends in other local bands.

They don't get much for playing a show.

"Sometimes I wish I had a day job," Jesse said. "I do a lot of weddings and corporate things that'll make up for this."

"I was a music teacher, but got laid off because of the Harris cut-backs," Jay said.

They expect things to pick up with the release of their first album, which is due out by Christmas. They're currently at the mixing stage of production, and are using a computer to put the songs together.

"We're learning the hard way about computers," Shotgun said.

"We lost a tune, then we put it back

together," Jay said. "Then we lost another tune, and now we can't find it."

The album, which they've been working on since summer, started out as a demo, but while recording, they decided that they may as well do a full-length album.

"What's great is that it's four, sometimes three minds playing with the tunes," Jesse said.

"I figure we'll make a lot of money after we've died," Shotgun Jimmie said. "300 years later, they'll be studying Drummer."

Like what happens in Bill and Ted's Excellent Adventure.

"Actually, I wouldn't mind going back to check out that movie," Jay said, "hear the music that they did in the future."



Drummer's Jesse, Shotgun Jimmie and Jay hamming it up and commandeering the camera in the Comfort Zone.



# Raving and drooling 3

*Music reviews for the critical masses*



**Chemical Brothers**  
**Brother's Gonna Work It Out**

Even if you don't like the Chemical Brothers you have to admit that they keep things interesting. Their latest offering is a DJ mix album, five tracks in length which are roughly 10 minutes each, is sure to be pumping loud and proud in most Mustangs by Christmas. It is fast paced, and most enjoyable, but it can become background noise very easily. It reminds one of those "Stars on Long Play" albums our parents kept around, only better. - DD

his regular band.

This almost entirely acoustic album contains songs that are frail and often pretty. His simple chording patterns and faltering voice are reminiscent of Syd Barrett. Coxon's album should appeal to the alterna-spectrum, all lo-fi in its major label-indie splendor. - MKS

title track and, with the exception of "We Are One" and "I



**KISS**  
**Psycho Circus**

After almost 20 years, Paul, Gene, Ace, and Peter have put their make-up back on. Psycho Circus starts out strong with the

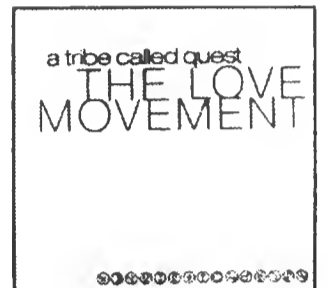
Finally Found My Way," continues onward with good, fist-pumping rock. In addition to guitars, drums, and bass,

"Journey of 1,000 Years" features an acoustic piano and string section. This is one of the best rock albums of the year. You're in the Psycho Circus. Welcome to the show. - S11

**A Tribe Called Quest**  
**The Love Movement**

Sadly enough, sometimes love hurts. Love hurts 'cause it can confound expectations. Having romanticized the whole notion of a group that cared about every little piece of their albums, The Love Movement makes me want to cry. The inclu-

sion of six rare tracks serves to contrast the inherent weakness



of the album. That said, they're still the Questers so you must realize - they try for something above the usual. Unfortunately, the concept is not matched in its execution. - JR

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**Outkast**  
**Aquemini**

In their 3rd album, Aquemini, Outkast (Big Boi and Dre) avoid cliches, simple rhymes, poor production and filler tracks like your neighbours unleashed pit-bull. Calling the album "Southern hip-hop" would not do it justice. Consistently fulfilling expectations, Outkast raise the levels of the boom. No need to fast-forward. -JR

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**Graham Coxon**  
**The Sky Is Too High**

This solo album from Blur guitarist Coxon has little to do with the beer commercial rock of





# Sports



"If we win that's it. If we don't, we'll die trying."

## Hawks flying high to start off season

*Men's soccer team off to a perfect start after dominating George Brown and Redeemer*

by **MIKE GENTILE**  
Sports Reporter

The men's soccer team is hitting its stride after winning the first two games of the regular season, outscoring its opponents 9-1 along the way.

The Hawks opened up the season against the George Brown Huskies at Valley Field. The team was coming off a tournament win in London just three days earlier and struggled early on in the game.

"We were a little nervous, and even rushing things a bit in the first half," defender Terrence Cambell said.

With half-time approaching Angelo Nero took the feed from rookie Mike Rodriguez to break the scoreless tie.

The Hawks were a different team in the second half and limited the Huskies to just one shot on goal the entire game.

Hugo Lopes scored with five minutes remaining and Phil Ionadi added his first goal of the season a minute later giving the Hawks a 3-0 win.

Domination was the theme in the second game as the Hawks travelled to Hamilton to take on the Redeemer Royals.

The Hawks scored three times in the first 20 minutes of the game, and had a 5-0 lead by half-time.

The "Caliber", Jesse Calabro notched his first two goals of the season and is tied for first in team scoring with Ionadi.

Angelo Nero also found the back of the net in the first half.

The Hawks didn't stop there as captain Walter Martins added his first goal of the season, prompting a Royals forward to yell "Thank God" after the referee blew his whistle to end the first half.

Coach Vito Colangelo was very impressed by his team's performance.

"They had a great first half, and did a good job controlling the ball," he said.

Yovany Peraza added the only Hawks goal in the second half to put the Hawks up 6-0.

With the game going seemingly perfect the Hawks suffered a glitch when a defensive miscue allowed a two on none rush for the Royals who broke the shutout with two minutes remaining.



PHOTO BY MIKE GENTILE

Jesse "Caliber" Calabro fights off an opposing player as OCCA regular season begins.

Nero said despite having a big lead the Hawks needed to stay on task.

"You still have to come out hard. The way it is around the league is that everyone wants to beat Humber," he said.

With two goals already, he's only one behind his entire scor-

ing output last season.

"I'm playing with a lot more confidence now than ever."

Next up for the Hawks are the Mohawk Mountaineers, who beat them in their final meeting last season.

The Hawks then go on the road to take on Mohawk.

## Hawks tame Huskies in opener

*Women's soccer team shuts down George Brown to collect first victory*

by **ANDREW BISSON**  
Sports Reporter

The Humber women's soccer team opened its season last week with a dominant performance against George Brown College.

Although the final tally was a modest 3-0 score for Humber, the team showed they will be a

force to be reckoned with in the 1998 season.

The 3-0 final score wasn't an accurate reflection of the game. The Hawks virtually owned the ball for the whole game.

The loneliest player on the field had to be the Hawks' keeper, Kim Thompson, who rarely saw the action spill onto her side of the field. Thompson collected

the shutout, albeit a rather easy one. George Brown didn't muster one shot on Thompson in the entire game.

"I'm happy with the win. We basically walked away with it," said coach Vince Pileggi.

But, Pileggi said that the team should have gotten more goals, considering they had possession of the ball for the majority of the game.

"We dropped our level of play a bit at times," he said.

Filomena Aprile opened the scoring for Humber, converting a rebound off a shot by Adriana Cataldo past the George Brown goalie at the 25 minute mark of the first half.

Aprile's goal was the only one of the first half.

The George Brown keeper kept her team in the game making several key saves, including shots by Aprile and Dyan Layne.

The Hawks seemed to step up their game a notch in the second half of the contest, but were unsuccessful on numerous scoring opportunities, including a

penalty kick.

With 10 minutes to play in the game, Erin Strimaitis sent a cross into the George Brown crease from her wing position. Angela MacDonald managed to head the ball into the net, making the score 2-0 for the Hawks.

Claudia Marmo sealed the win for Humber on a brilliant free kick taken from well behind the 18 yard box.

Both Pileggi and co-coach Mauro Ongaro singled out Rosie Butera and Vikki Brain for strong performances in the game.

Aprile said she thought the

team played reasonably well, but definitely stepped up their game in the second half.

"We were dominating them," she said. "We have to continue to build our play and practice. We're not a perfect team."

All is reasonably quiet on the injury front. MacDonald returned from an ankle injury she suffered during the pre-season.

Megan Beckett was the only player out with an injury for the opening game, but is expected to play in the team's next game, September 29, when the Hawks play host to Mohawk College.



PHOTO BY ANDREW BISSON

George Brown player clears the ball away from oncoming Humber forwards in early season soccer action.



PHOTO BY ANDREW BISSON

Humber and George Brown players kick for a loose ball during early season soccer action at Valley Field.



# Dancing to the top

*Dance team back to keep fans excited and aims to reclaim mascot competition title*

by **SHAUNA DUFFY**  
Sports Reporter

Seven people came out to strut their stuff at the tryout for Humber's dance team on September 23, and more jammers are welcome.

The team will be performing at Humber's varsity home games.

"We want to get people involved and hype the players," said Christine Ribeiro, a third-year Recreation Leadership program student.

Ribeiro and Sara Tait, a second-year Public Relations stu-

dent, are the team's leaders this year and together they judged which of the seven will be dancing at the games. While Ribeiro gave dance instruction and demonstrated the routine, Tait video-taped the dancers' moves.

This is the third year of the team's existence and so far they've been a successful dance group.

"Last year, we placed second at the Mascot Competition, and we came first, the first year," says Ribeiro.

Ribeiro has been involved with the team the last two years. The Mascot competition is

held in December and dancers compete against other college dance teams.

Last year, 12 people tried out and eight made the team. Ribeiro is the only returning member.

Ribeiro said people became more aware and interested in joining after they saw a performance at a game.

Getting the crowd on their feet and cheering will show Humber players the importance of having a home court advantage.

The team can be seen at Humber's volleyball, hockey, and basketball games.



PHOTO BY SHAUNA DUFFY

Humber dance team member shows off her spirit and skill.

# Coach goes from ragu to riches

by **BRIAN R. SYLVESTER**  
Sports Reporter

He once sold pasta sauce, now he's the hockey coach.

He is Paul Masotti, coach of the Humber Hawks varsity hockey team.

Masotti was a graduate of the Safety Engineering program, and captain of the Humber club hockey team two years ago. Last year, a bad ankle helped convince Masotti to coach and organize what he saw as a potential varsity team.

"I grew into the leader position . . . I knew the team could play varsity. I told the guys last year, 'we can play recreational hockey, that's fine, I'll leave. Recreational hockey is for people who know their limitations,'" Masotti said.

Masotti said he believes his team has only one limit.

"The only goal is the national championship, there is no other goal. If we win that's it. If we don't, we'll die trying," Masotti said. "This is probably one of the best hockey teams I've ever been associated with."

Masotti, 28, has worked at a variety of jobs and at one time owned his own company that made "Paul's Homemade Pasta Sauce." However, his taste for hockey made him decide to trade his wooden spoon for a plastic whistle. And his players said they are glad he did.

"We all love him," Hawk goalie Brent De Nure said.

Masotti coached pee-wee hockey for three years and high school hockey for an additional three years. He also spent five years as a hockey school instructor but he has virtually no experience coaching varsity.

In the Ontario College



PHOTO BY SARA TAIT

Hawk coach Paul Masotti directs players during practice.

Athletic Association, (OCAA) the next youngest coach is in his thirties.

Making the return to varsity hockey with a rookie coach behind the bench might be unsettling to some, but not to Athletic Director Doug Fox.

"If you look at it [Humber] has always had successful coaches. I wouldn't have hired him if he didn't fit into that realm . . . Paul will be a great coach, but that will take time," said Fox. "I will be patient with Paul."

Last year, Masotti coached the club team to wins over national silver medallist Cambrian College and OCAA champion Seneca College. The games didn't count in the standings, but they proved a point. Humber could play with the big boys.

Masotti left his mark and now knows he has the support of the athletic department.

"[Fox and facility manager, Jim Bialek] are putting their necks out right now. If they didn't support me, they wouldn't spend the money," Masotti said. "They could have opened the door to other coaches and they didn't. They said, 'The team is yours, you proved your point.'"

Masotti said he learned a lot about the recipe for successful hockey growing up in the hockey environment as a stick-boy for the hometown Port Colborne Junior B Team Masotti's dad was the team's trainer, and like most young Canadian men who played hockey, his dad was his mentor for "life itself."

During a game a couple of

years ago Masotti sliced open his tongue and he remembered some fatherly advice.

"I could hear my Dad in the back of my mind, 'If you don't like it, leave.'"

So I bite my tongue finish the shift, go to the bench get it sewn up and go back out there," Masotti said.

Masotti works during the day as an occupational health and safety specialist. He takes pride in his education and insists that education will be a priority among the Hawks' players. Masotti, once again proving his point, raised the minimum average needed to stay on the team from 60 to 65 per cent.

"Education will come first because [the players] are here to go to school and if they fail they're useless to me . . . I'm raising [the minimum average] to 65 because if any guy is close to that 60 mark then he's teetering on failure and he's wasting too much time playing hockey and

not enough time going to class," Masotti said.

Masotti said he pledges that even if an exceptional player doesn't achieve the 65 per cent average, measures will be taken to correct the problem.

A couple of Tier Two teams offered Masotti a position as head coach before the season, but he's not going anywhere in the near future.

"There's no need to go anywhere. There's a great family atmosphere at Humber and I don't want to break it," Masotti said. "Maybe five or ten years down the road and I got an offer, then sure."

He said he has hand selected each player, like he selected the tomatoes and spices for his pasta sauce. Now he's ready to mix it up.

"We have great character in the dressing room. Every guy will go to war for every guy and that's the way it should be," Masotti said.



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# WHAT'S UP @ REZ

For more info, call ext. 730

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				2 Rez '80's Pub @ CAPS	
5 Rez Nite @ Athletics			8 Rez Charity Squeegie Event		
12 Rez Nite @ Athletics	13 Rez Euchre Tourney @ Jo's Diner				
19 Rez Nite @ Athletics					
26 Rez Nite @ Athletics					

## ATHLETICS EVENTS CALENDAR

**Aerobics**  
Mon. to Fri.  
12:10-12:45pm approx.

**Weight Training & Fitness**  
Mon. & Wed.  
4:45-5:30pm

**Fitness Walking**  
Tues. & Thurs.  
1:05-1:45pm

**Aqua Fitness**  
Wed. & Fri.  
1-2pm

## HUMBER COLLEGE SAC 98/99



Month at a Glance

FOR MORE ATHLETIC INFORMATION CALL EXT. 5097

## OCTOBER

Co-ed Slo-Pitch Extramural @ Sheridan College	Varsity Men's & Women's Volleyball vs. Alumni women 2pm, men 4pm Varsity Men's & Women's Soccer vs. Alumni women 10am, men 12pm Varsity Men's & Women's Basketball vs. Alumni women 6pm, men 8pm
<b>OCTOBER</b> Ice Hockey League -entries open Touch Football Tourney begins	Basketball 3 Point Shootout 2-4pm
Varsity Men's Hockey Peter Maybury Cup 8pm	Varsity Men's Soccer vs. Redeemer 4:30pm
Entries Open for Squash Tournament	2 on 2 Volleyball 2-4pm
Co-ed Extramural Volleyball @ Humber College	Ice Hockey League Begins
Floor Hockey Skills 2pm-4pm Women's Varsity Basketball vs. Fanshawe 6pm Men's Varsity Basketball vs. Fanshawe 8pm	Varsity Men's Hockey Peter Maybury Cup 8pm
	Indoor Soccer Skills Competition 2-4pm Varsity Women's Soccer vs. Redeemer 4:30pm
	Ice Hockey League Entries Close Organization Meeting 3pm, A136
	Squash Tournament Entries Close Organization Meeting 3pm, A136

# S.A.C. WHAT'S UP C.S.A.

Students' Association Council Council of Student Affairs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Comedian Craig Campbell @ Lakeshore Campus Noon			
		7 SAC Health Centre presents... "Aids Awareness Day" in the Concourse 11am-2pm - North Campus Info, free condoms, videos provided by Etobicoke Health	8 "Aids Awareness Day" Lakeshore Campus Block-O in the North Campus Student Centre 12-?			
12 Happy Thanksgiving	13 SAC Bi-Elections '98 Vote Today!	14 SAC Bi-Elections '98 Vote Today!	15 SAC Bi-Elections '98 Vote Today!			18 Family & Friends Day Humber Community Nature Celebration. Nature walk, musical entertainment, BBQ lunch-cheap eats. Join us @ the Nature Centre.
		21 SAC presents... Alcohol Awareness Day - in the Student Centre, 10am-2pm. Featuring live music, games, give-a-ways, contests CSA Special Meeting 4:30 SAC Lounge, Lakeshore Campus	22 Alcohol Awareness Lakeshore Campus			
		28 SAC continues it's "Comedy Afternoon in CAPS" series. Show starts @ 4pm & its FREE!				