



HUMBER et cetera

OCTOBER 26, 2000 Vol 29 Issue 07



GILLIAN GIRODAT

SHOT IN THE DARK

Danielle Correia, Vicky Riediger, and Ashley Gibbings take a shot at Charlie's Angels this Hallowe'en. The three Humber students were prepping for their appearance at the Hallowe'en Pub at Caps tonight.

For more Hallowe'en tricks and treats, see Special Sections (pages 12, 13) and Bizzartifacts (page 23). Go ahead. We dare you.

Police investigate campus crimes

by Dan Birch

High-tech equipment target of recent rash of thefts

Approximately \$22,000 worth of computer equipment was stolen from the technical support room located beside digital imaging lab NB 103 on the night of Oct. 14.

"We seem to have had a problem over the last month or so," William Hanna, dean of the School of Media Studies said, alluding to a recent tide of high-end computer thefts. "We've had more incidents reported in the last six weeks than any similar period I can recall."

Thieves made away with a Macintosh G4 server, a Macintosh G3, a Macintosh G4, and one PC. As well, a CD burner was installed on one of the stolen units, Hanna said.

In recent weeks, laptops have been taken from the administration offices and media classes, and several thefts were reported at the beginning of the semester. Neither Gary Jaynes, director of public safety, nor police would say if the rash of thefts were connected.

Hanna said two thieves were caught on video surveillance during the Oct. 14 break-in at the digital imaging lab.

Although not certain, Hanna said the break-in occurred between midnight and 2 a.m.

"I know that the front entrance door to the training centre down there was smashed. Somebody took a big rock and smashed the glass panel and entered the main building that way," he said.

The main entrance door is located near parking lot 3A.

Once the thieves made their way into NB 103 they were able to disarm the alarm system, which has a 30-second delay, he said.

"They either were being extremely cautious by nature or they were aware that we had a camera system as well, because they were wearing face masks."

Hanna said no equipment was taken from the main lab area. The thieves headed to the technical support area, which is connected to the lab by one door inside the lab.

He said that after gaining access to the support area, the thieves made off with the computer equipment.

Jaynes declined to comment about college security's ability to stem the tide of stolen property.

"I'd rather comment on that at another time," he said.

Nancy Pinson, manager of public safety, said there is a misconception that college security is a police force.

"No, we're not," she said. "I think of security as more of a public relations, customer service, they're here to assist you."

"A small portion of their job is really security-related where they're dealing with a criminal offence or a criminal themselves,"

she said. "Their responsibilities, really, are to assist our students and staff in making them feel comfortable on campus."

Anyone with information on stolen property is asked to contact campus security or to call Crime Stoppers at 222-TIPS.

Charge laid in theft

by Dan Birch

A campus security guard, working for Provincial Security Services Limited since June, was arrested and charged Sunday in connection with a theft at Humber's North Campus, Toronto Police said.

Detective Edna Clark of 23 Division said a multimedia projector was stolen from the college sometime Sunday.

Vice-President of Provincial Security, Timothy A. Frazer, wouldn't comment on the situation, say-

ing only that, "We need to make sure that the investigation that's going on right now is not jeopardized in any way."

Twenty-year-old Wahajuddin Syed of Mississauga has been charged with theft over \$5,000 and possession over \$5,000.

Syed is to appear in court at the East Mall on the Queensway Nov. 24, at 9 a.m.

Anyone with information regarding thefts around the college should contact Student Crime Stoppers at 222-TIPS.

Humber students are at a loss when it comes to HSF duties

by Patricia Lima and Carlo Corbo

An informal survey conducted at Humber's North campus revealed 30 out of 45 students are not familiar with the function of the Humber Students' Federation, (HSF), which brings in most of its revenue from student activity fees.

The poll asked students whether they think HSF deserves a \$1.16 million budget. However, most students were confused as to what the HSF was and what it did.

The HSF, formerly known as the Students' Association Council (SAC), is responsible to represent the needs and interests of all full-time students and to provide services and activities to augment the quality of campus life.

But students have been apathetic and are unaware of the functions of the student government.

Although all full-time students are eligible to vote for the budget, only 60 students took part in the voting process this year.

In last year's election, only 830 of a possible 10,000 plus students, of both the North and Lakeshore campuses, turned out to vote.

"I don't view it in the sense that it's a problem," said HSF President

Toby Warnell. "I just think there is a need for an improvement."

"I don't think [HSF] really applies to us," said Andrea Hales, a first-year graphic design student.

HSF brought in more than \$1

\$27.10 to \$40 a student, a semester.

The HSF is planning to increase student awareness and participation in student government this year. Its first step was hiring Stephen Murdoch, a marketing and

improved Web site [and] newsletters. We're going to improvise and strengthen our display cases across the school. I think the students will be very impressed."

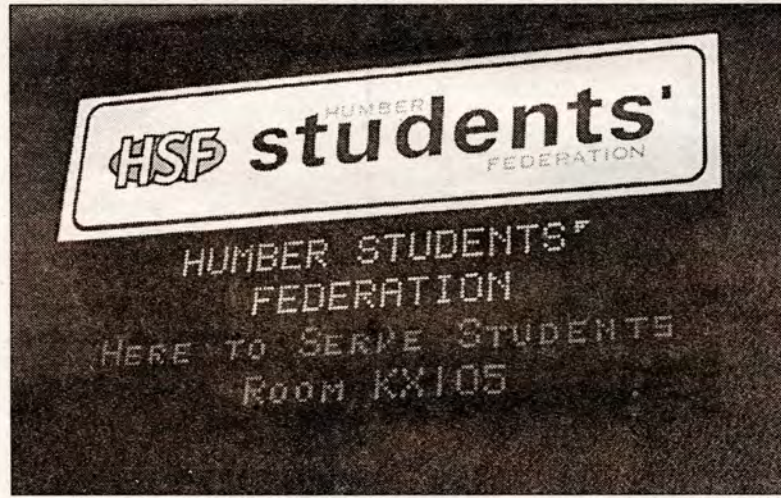
Murdoch said it is too soon to tell whether an increase in HSF's advertising funds is needed in the next budget, which must be passed by Feb. 28.

HSF allocated \$57,800 for advertising this year, an increase of more than \$25,000 from last year. HSF's advertising expenses this year include the new electronic board leased for each campus that informs students of upcoming HSF events. The boards are rented to the college at a cost of \$146.88 a month.

"We've got to market ourselves better to have the students realize that we are here for them," said Warnell. "Hopefully they also then take the onus to get to know who we are. It's a two-way communication."

Warnell said he encourages an open-door policy, where students can drop by the student council office and express issues of importance or concern to them.

"If there's any kind of issue or complaint...I'm not going to turn anybody away," he said.



PATRICIA LIMA

SAY WHAT? - 67 per cent of Humber students polled didn't know what HSF was, or what it could do for them.

million from student activity fees, its number one revenue-generator. The student government also has the power to propose a fee hike to the Board of Governors, which it did in February. Fees jumped from

communications co-ordinator. "We're looking to take a more aggressive approach and create stronger communication channels," Murdoch said. "We're going to be doing this through a new and

Humber is first to get AED

by Kim Sinclair

It's smaller than your laptop, it could save your life or the life of someone that you care about, and Humber College is the first in Ontario to offer a course teaching you how to use it.

It's called an Automated External Defibrillator, or an AED, and the American Heart Association says it has the potential to be the single greatest advancement in the treatment of cardiac arrest since the development of CPR.

"We're the first community college in the province to offer the program, which is pretty cool. Others will do it eventually."

-Nicola Simmons

The little life saving box is starting to appear in airports, golf courses, casinos and other high-risk areas to shock the normal heart function back into cardiac arrest victims. A victim's chance of mortality increases by 10 per cent with every minute passed while waiting for defibrillation.

Humber College, in association with the Heart and Stroke Foundation, began its AED training and certification course this month, and has taken the initiative to be the first college in Ontario to make it happen.

Nicola Simmons, emergency

skills program advisor at Humber, is one of four instructors who will teach the course, and can take some credit for bringing it to Humber through her association with the Heart and Stroke Foundation. Simmons said that private companies and agencies have been providing AED instructional courses for more than five years.

"The use has grown substantially in the United States. They're a couple of years ahead of us, and it's really become a phenomenon," Simmons said. "We're the first community college in the province to offer the program, which is pretty cool. Others will do it eventually."

The five-hour course, open to any member of the community or any student with CPR training, awards a Heart and Stroke AED certification for \$85. The cost is greater than a CPR certification course, but the equipment is expensive (\$4,000-\$5,000 for an AED unit) and the student-to-teacher ratio is small, about 4-1.

"People wouldn't come to this expecting to have some lecture," Simmons said. "They'd come expecting to get a lot of hands-on time, and when they leave at the end of the five hours they will really feel comfortable using it."

Simmons said the course is greatly beneficial to students taking fire training, nursing, or other courses where life-saving skills are required.

"The fact that they already know defibrillation is a bonus to their resume," Simmons said.

Ken Harrison, associate dean of

the Allied Health department in the School of Health Sciences is excited that Humber is offering the new program.

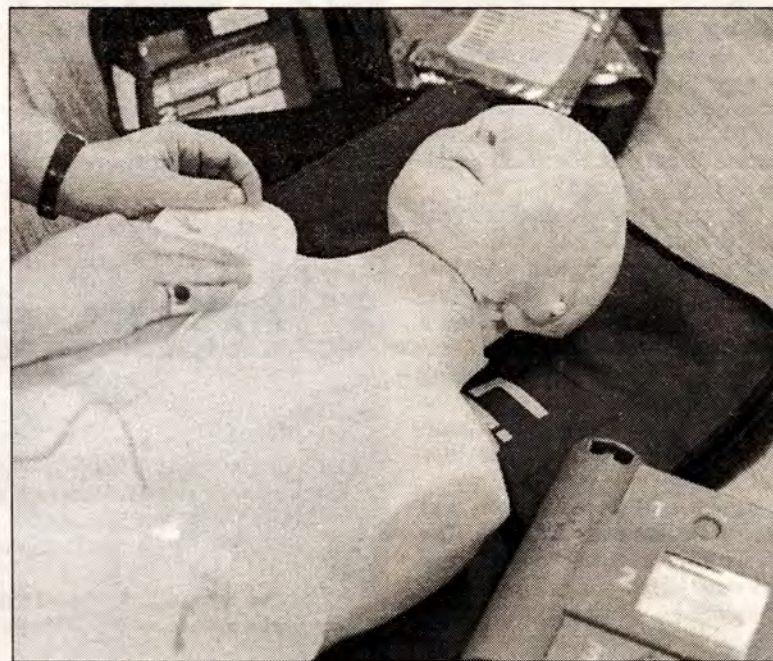
"I think it's a new and exciting initiative for us," Harrison said. "It addresses the technology and advances that will benefit the general public."

A set schedule for the AED course is published in the continuing education calendar, and offers an AED training course every few months

throughout the year. If the demand is great enough, Simmons and her fellow instructors, Todd Brodie, Jack Benbihi, and Susan Cassidy, will create more dates to meet the demand.

The school's AED will be on display at Humber's continuing education open house in November.

Any CPR certified individual wanting more information on the course can check out the Humber web site or phone (416) 675-6622, extension 4083.



KIM SINCLAIR

PRACTICE MAKES PERFECT - Humber students now have the opportunity to work on state-of-the-art CPR equipment at school.

Rafiki Web site is here

by Alexandra Cygal

After launching on Sept. 20, the first unofficial, uncensored Humber College Web page, Rafiki@theplanet.com, is steadily picking up traffic.

The site picked up 30 unique users last month, and has already surpassed that number this month in only one week. Rafiki counted 39 users last week alone. The site is aiming for 70 unique users for the month of October.

Rafiki@theplanet is the product of Craig Marsh, a second-year Advertising Media Sales student, who felt Humber was lacking a defined community that every student can identify with.

"There are Humber communities like the HSF office, Athletics or Caps that feel they represent Humber College, but there's only a few people that go to any one of those communities," Marsh says. "The rest of the college students don't identify with that same identity and I'm just looking to bring out one identity that the whole Humber College can look to."

What started out as a solo effort from Marsh, became a joined venture two weeks ago, with the addition of one volunteer. Robbie Bismath, a first-year computer programmer analyst, will share his talents with the rest of the Humber community.

Marsh, an International student, goes by the name of Rafiki, which means 'friend' in Swahili. He came to Canada in 1999 from Johannesburg, South Africa and plans to stay here until he finishes his schooling.

"What I really want [the Web site] to offer is a place for people to communicate to Humber College, what they think," Marsh says. "And there are extra things that I look to bring people to the site."

EXTRA FEATURES

Those extra things include free email provided in 13 different languages, daily news courtesy of Reuters and Time Today, voice and text chats, as well as links to Humber's official Web site and Humber Etcetera. Students can also list and create class communities, which can be set up by any class representative to include class photos and class-related content. Rafiki also provides jokes, E-greetings and a search engine.

"Once they're [on the Web site], I'm really looking for them to interact with the site," Marsh says. "I think it's there for them to express themselves and their views."

So far, articles posted on Rafiki@theplanet are written by Marsh, but he encourages students to submit articles on any topic.

You can visit the Web site at www.rafikiattheplanet.com

Protest at Queen's Park turns ugly

by Brett Clarkson

Police arrested six demonstrators after a student-led protest erupted in violent clashes outside the CBC building in downtown Toronto this past Friday.

Hundreds of students from across Ontario converged on Front Street's Simcoe Park to show their contempt for the policies of the Mike Harris government, who were holding meetings inside the Metro Toronto Convention Centre directly across the street.

Although the protest stayed peaceful most of the afternoon, it collapsed in chaos after the students marched into the CBC building and staged an impromptu sit-in, singing 'solidarity forever.'

CBC security quickly told the demonstrators to leave, and asked for police assistance in removing them away from the building. When the demonstrators complied, they were met by scores of police who had been standing outside the broadcaster's entrance. Violence broke out when the police attempted to make several arrests.

According to eyewitnesses, one male protester suffered a bloody gash to his forehead, while a female had her camera ripped from her. Confusion then ensued as the police began to cordon off the CBC's entrance. Loud screams pierced the air, only to be overtaken by hundreds of people shouting "Shame! Shame! Shame!" at the police, who had formed a tight wall and were slowly pushing the crowd away from the CBC doors and the scene of the arrests and down towards Union Station.

Despite its ugly ending, the Canadian Federation of Students was satisfied with the turnout. Organized by the CFS Ontario office, the protest was intended to highlight what CFS representative Rick Tefler described as the Harris government's "ignorant" and "intolerant" attitude towards stu-



RAPPER-D from the Dope Poet Society rhymes at Queen's Park to protest the Harris Government. The protest started out peaceful, but ended with six arrests.

dents.

"It's just unreal. Basically, we've tried the diplomatic route, we've had multiple formal consultations on various levels with this government, and they just turn around and stab us in the back every time," said Tefler, a third-year graduate sociology student at the University of Western Ontario.

"So that's why we organized this event, because clearly the consultation and diplomatic approach wasn't working," he said.

One of the major concerns among the demonstrators was the announcement that the Ministry of Training, Colleges and Universities will go ahead with plans to allow private, for-profit, post-secondary institutions to grant degrees in Ontario.

In a media news release issued on Oct. 19, TCU Minister Dianne Cunningham said "Ontario's post-secondary students are one step closer to enjoying expanded choice and excellence in colleges and universities."

Some students feel those expanded choices will only apply to the wealthy.

Jesse Black-Allen, vice-president of External Affairs at York University's Students Federation, denounced the Minister's statement as "totally disgusting double-speak."

"It's obvious that the opposite is happening," said Black-Allen, 23, a third-year sociology student at York. "We're actually going to have significantly less choice. Many people aren't going to have the choice to go to university at all because they won't be able to afford it. With privatization, tuition fees will go up, and money that will usually go to the public system will be diverted in to the private system."

Black-Allen adopted a satirical approach to the demonstration. Calling themselves Millionaires for Mike Harris, he and several YSF reps dressed up in suits and brought placards that said 'Corporations are people too' and 'Wealthcare not Healthcare.'

After the protest got under way at noon, several speakers took the stage including CFS Ontario Chair Erin George, OPSEU President Leah Casselman, CUPE General Vice-President Sid Ryan, and Earl Manners, president of the Ontario Secondary School Teachers' Federation.

"What a great day to tell the people in that room that enough is enough!" said Manners, the crowd erupting in roaring cheers.

Armed with signs, banners, megaphones, and guitars, the protesting students chanted "Tory, Tory, Tory! Out, out, out!" and "Fuck Mike Harris!" in the park for most of the afternoon while at least 120 police from Durham, Peel, and Toronto watched from Front Street. The officers, equipped with batons, riot shields, and helmets, stood behind two rows of steel barricades, effectively making it impossible for any of the demonstrators to get anywhere near the entrance of the Convention Centre.

Also standing by were 12 police

motorcycles and seven Clydesdale horses. A single police helicopter circled above for the duration of the afternoon.

After leaving Queen's Park the protesters took their message to the streets, marching through the downtown area.

By 4:30 p.m. the protest had begun to peter out in front of Union Station, where Joel Harden, a former CFS chair, rallied the crowd with a searing condemnation of both the police and the Harris government. Harden, a York University student, also encouraged the students to attend the Saturday and Sunday demonstrations, which were to mirror the three-day Tory policy convention.

"For all the cops that got overtime today to beat up on demonstrators that might think that that kind of stuff works to dissuade this sort of movement, you're wrong," said Harden. "We are going to be here tomorrow, and were going to be louder, and angrier, and Mike Harris will know today and tomorrow that this is the beginning of the end for him."

Inspector Randal Munroe of 52 Division said the police acted accordingly. "They were given a permit so they could gather and protest, they were assisted in doing that, they went for a walk around the city and they were assisted in doing that."

Munroe said the protesters were most likely angry with the police because the police presence blocked them from what they really wanted to do, which was to go into the Convention Centre and "take their message to Harris," which Munroe said wouldn't be possible because the risk of people getting hurt would have been too great.

"Do you think that having four to five hundred agitated individuals going into a confined space of private property is a good idea?" Munroe asked. "I don't."

Two dead and two in hospital after shooting

by Marlon Colthrust

The splattered blood has dried into the asphalt of the housing complex on Jamestown Crescent since the shooting death of Tyrone King, AKA Crazy, and Craig Palmer, AKA Snoopy, on Oct. 21.

According to a police report, the shooting is believed to be gang related, and may be connected to several other shootings that occurred in the Martin Grove and Albion Rd. area in recent months. The shooting occurred just before 6 p.m. Four suspects opened fire on King, Palmer and two other victims who remain in hospital in the parking lot of a townhouse complex on Jamestown Crescent.

The deceased were both residents of Mississauga, but were known to the police, and residents of the Etobicoke housing complex.

Friends have created a small memorial consisting of flowers and a poster with Snoopy and Crazy inscribed on it. People paid their last

respects by signing the poster, which hangs on the wall just feet from the blood-stained ground.

"My grandmother is running a tally of all the shootings in my neighbourhood, and she tells my mom,"

-Krista Schaff

Residents are reluctant to talk about the incident. One woman said she felt that she lived in a prison, and that she would leave if she could afford it. The government doesn't do anything about the living conditions in the area, she added.

Another man said he is very angry. "I don't care about them killing each other, I care about the little kids they're shooting around," he said as he played with his toddler.

Residents are reluctant to speak on the record because they are

scared. "This is where we live and I don't want any problems with the people in this complex," said one woman refusing to give her name.

The shootings haven't only affected the residents of the John Garland area, but also have an effect on the students of Humber. The residential area is a 10-minute walk from Humber and students do live in the neighborhood.

"My neighbourhood isn't the safest, but I call it home," said Krista Schaff, a first-year advertising student.

Schaff's family is not too happy about the string of violence.

"My grandmother is running a tally of all the shootings in my neighbourhood, and she tells my mom," said Schaff. "My mom is terrified."

Mohammed Alvi, who lives right next to where the shootings took place, says he is not scared.

"We moved here June 1 of this year," said Alvi. "What can we do? We don't have any alternative."



REMEMBERED- A memorial was erected for the two victims of the recent shootings.

Just take the stairs

by Alexandra Cygal

Climbing the stairs of the tallest free standing structure in the world seems like a difficult challenge, but not for those wanting to help charity.

Participants of the 23rd annual CN Tower Stair Climb on Oct. 20, conquered the 1,776 stairs of the CN Tower to raise money for the services provided by the United Way of Greater Toronto.

It takes a moderately fit person about 30 minutes to get to the top of the CN Tower, but one man remains undefeated in his record of seven minutes and 52 seconds. Brendan Keenoy, who achieved the record 11 years ago while in his forties, was on hand to cheer on the participants and share his experiences.

"There's no other thing you can compare this to, other than cross-country skiing, where you're using all of your body," Keenoy said. "You're performing in a lactic acid condition all the time, which means there's pain in the knees all the time. There's no forgiving, there's no downhill where you can take a rest."

Keenoy offered this advice to the participants of the second annual CN Tower Student Climb.

"It's an unforgiving activity. The secret is to get to the pain threshold and keep going, don't stop. The pain won't increase," he said.

Some students participating were well prepared to scale the structure.

"I did a trial run at my house," said Sean Morris, a Victoria College

student. "I ran up and down two flights of stairs, 50 times."

The long staircase leading to the top is completely closed in, without any windows, to prevent distraction. The staircase isn't numbered, so participants don't know how far they've come and how much is left.

The atmosphere pressure changes twice during the climb, causing ears to pop. The air also gets thinner and, the higher you climb, the hotter you get, needing more oxygen.

Judith John, vice-president of Marketing and Communications for United Way of Greater Toronto, said the event brings the community together for a good cause.

"Funds go to help the network of 200 health and social service agencies that we fund and they help one person out of every three in Toronto," John said.

Those agencies provide emergency help for adults in crisis, employment programs and supports a healthy start for children and youth.

Last year more than 7,000 climbers participated in this three-day event and raised more than \$410,000. John says the goal this year is to surpass that amount.

The event encompasses three different climbs: the student climb now in its second year, as well as the public climb, and the team challenge.

At the top of the tower, tired and sweaty climbers assembled on the glass floor to rest and catch their breath.

"It was tough, but it was fun," said Brian Gray of Foresthill



ALEXANDRA CYGAL

WHERE'S THE ELEVATOR? - Eager climbers get ready to tackle the stairs of the CN Tower for the United Way.

Collegiate in Toronto.

"I'm glad I did it, I'm glad I sweated, I'm glad I did it for charity. I was determined to make it all the way up and I just kept stepping, kept climbing and I made it. Now I'm on top," he said.

Although Gray says he'll be back next year, Keenoy says he won't attempt to beat his own record.

"I've been up Everest once, there's no reason to climb it a second time," he said. "Let someone else beat it."

Humber gets closer to goal

by Stacey Roy

Humber College hit 80 per cent of this year's United Way campaign goal with \$30,000 going to the agency.



The goal of \$37,000 was missed by Humber students and faculty this year, yet Vice-President of Business Development, Nancey Adamson applauds the school for a job well done.

"In a very hectic time of year. Everybody went out of their way to make it [the campaign] successful," Adamson said.

The highlight of the campaign was the faculty pledges, which raised approximately \$21,000.

The United Way committee will meet to discuss this year's success and plan for the coming year. Adamson says it is hard to say at this time if the raffle and the mini-putt events will return next year.

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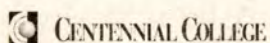
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Heart attack claims life of Humber student

by Carlo Corbo

Mark Grison, 38, a first-year Humber General Arts and Science student died from a heart attack Tuesday Oct. 17.

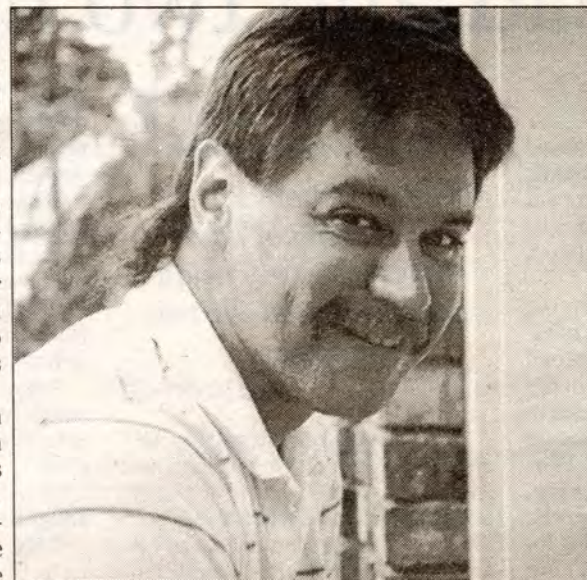
Grison, who had been taking computer programming courses the past two years, returned to Humber College this year to begin studying full-time. He also worked in Humber's grounds department.

Originally from Chatham, Grison lived in Mississauga with friends for the last year and a half.

"He had a lot of struggles through most of his life but he wanted to get his life back on track," said his sister, Diane Antonangeli.

Grison was living with his friend Kelly Ditchburn-Publuski in Mississauga at the time of his death.

"He was stressing because school was so important. He loved his teachers," said Ditchburn-Publuski. "He was a funny guy, someone you can count on."



COURTESY

MARK GRISON - Chatham native was in his first year as a full-time Humber student.

She added that he loved computers, girls, and his pet rat Picachu.

Grison suffered the heart attack Tuesday evening at his Mississauga home. Paramedics could not revive him.

Ditchburn-Publuski said that all

his friends were heartbroken by the news of his death.

She said Grison had found out that there was a problem with his heart a week earlier, but had not yet gone to the hospital for treatment.

Work Study Co-ordinator, Deborah McBain, said he was a well-liked and good student.

"He was a very friendly, personable student. He was well liked by his co-workers and classmates," said McBain.

Antonangeli was particularly saddened because her brother was making a determined effort to make a success of his life. She said he had finally found his passion in life through school.

"All he wanted to do was his very best and to do well in school to prove his worth," said Antonangeli. "He had a lot of good things [in] his life."

Grison is survived by his mother, sister, and two brothers.

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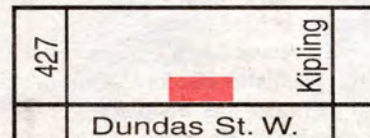
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EDITORIAL *et cetera*

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Something's rotten in the GTA

Maybe when Regis Philbin and Pamela Wallin are long retired, and Canadians have tired of finding out who wants to be a \$668-thousandaire (US), Mel Lastman will host his own little game show, entitled, "Who wants to be a garbage dump?"

The pint-sized politician already has more than enough material for his audition tape.

For the last few weeks it has looked like the lucky citizens of Kirkland Lake were going to be the recipients of the GTA's fortune of filth, but now, with the \$1-billion dollar deal as dead as the fish in the Don River, the plan is to send the trash south of the border, to less-than-sparkling Michigan.

Now, instead of trundling the

trash north on the reliable rails of the Ontario Northland, the mountains of garbage will roll down the 401 on the explosive tires of eighteen wheel tractor-trailers.

Fortunately for Mel, highway safety falls under the jurisdiction of the province, and is therefore 'not his problem'.

For harried drivers who already view Ontario highway driving as only slightly safer than a high-speed water landing aboard a blazing Concorde, 250 new trucks per day in Southwestern Ontario's 'death alley' is not likely to be taken as good news.

This still leaves the embarrassing truth about this city's garbage, as now the whole country has had the chance to look under Toronto's

skirt and see the hideous by-product of Canada's metropolis.

Despite the blue and grey boxes that lie dutifully overturned in the morning glow, and the shining steel recycling containers that sit invitingly at most major intersections, Torontonians still are guilty of waste of the highest degree.

The Megacity produces more than 1-million-tonnes of garbage per year, an amount that works out to somewhere around 500 lbs. per person.

What is more disturbing than the sheer tonnage, however, is the fact that Torontonians are not using the recycling venues they have been so generously provided with. A recent *Toronto Star* investigation found garbage bags full to

the ties with compostable, reusable, and recyclable materials. This must lead to the inevitable conclusion that, far worse than simply being a wasteful people, citizens of Toronto simply don't care about their garbage production.

Undaunted, Mayor Mel has continued onward and upward, lending his face to an unending number of waterfront photo-ops, championing Toronto's unstoppable march to bigger and better things. Among our promised rewards for his vigour are a 2008 Olympics and the biggest, baddest waterfront reclamation project in recent memory.

One would hope, that if and when the world descends on Toronto for the Olympics, we'll

have more to offer them than rusted, stuffed-to-the-gills recycling boxes and steaming landfills.

Indeed, the one bright spot that people are pointing to, apart from the relief some Kirkland Lakers are undoubtedly feeling, is that the spotlight has shone directly on the garbage issue.

Mel Lastman acknowledged this with a recent trip to Edmonton, where the nearest mountains are made out of rock, rather than trash. Lastman's mission was to try to figure out whether Edmonton's extremely successful recycling programs could possibly be adapted to a city the size of Toronto.

Let's hope his trip wasn't a complete waste.

United in fear, divided by hate

A wise man once said, "turn the other cheek."

But a society that may claim to profess the merits of forgiveness and appreciate the laws of Karma may not actually practise those very virtues.

When a militia of neighbours chased recently-released child sex offender Peter Whitmore from their neighbourhood with their signs and jeers, the ugly side of their human nature was revealed. Fear breeds hatred, and hatred lashes out.

There are scores of unanswered questions about the horror of pedophilia and the minds of those guilty of child sex crimes. What is the mental state of a pedophile? Is theirs a curable disease? Can they be safely placed back into society? Will they reoffend?

With each unanswered question, fear increases. The fear is not unusual. In fact, it is quite understandable. It is borne of a parent's concern for their children, and the community's regard for their well-being.

Their questions culminated in an angry climax last week when the residents of an Etobicoke neighbourhood chased Whitmore from the house of a church minister, his first home since his release from prison.

Now Whitmore is left homeless. But perhaps not aimless. The 30-year-old appeared on *Canada AM* last week to tell his side of the story. As his lawyer ordered an inquiry into the lack of treatment

for felons convicted of sex crimes, Whitmore spoke with an eerie calm of his desire to be once more integrated into society, even this society that so despises his crime, his release, his presence.

So there is one more unanswered question. Which should be of greater concern to Torontonians: the presence of a pedophile that has been acknowledged and dealt with by the justice system, or the presence of hatred that goes unleashed and can attack in mob-like fashion?

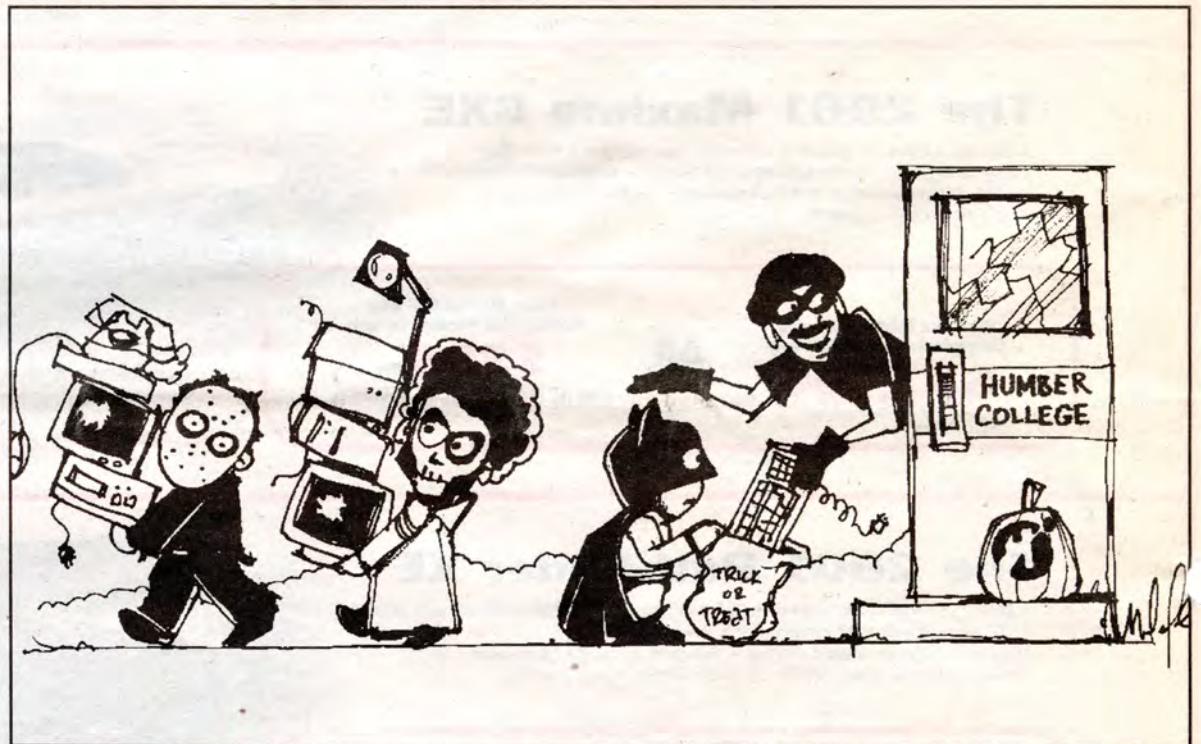
Let the question not downplay the horrors and disgust of child-sex crimes. There remains an impossible barrier for the average citizen to understand the thought process or mental health of a pedophile.

To make matters worse, Whitmore did not accept treatment for his condition, citing "various reasons" for his refusal. Thus, any drop of compassion that may have existed for him is further diminished.

But the angry mob that chases him and the media coverage that intensely brands him "pervert" will not allow him an attempt to put his mistakes behind him.

Forgiveness has become a seemingly idealistic concept, and one that perhaps has no place in the case of Peter Whitmore. Fear and hatred surround his presence, and so he hides at an unknown central Toronto hotel until he can find a safe place to live.

Let the angry mob do what they will with that information.



HUMBER *et cetera*

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OPINION *et cetera*

A myth in the making

I used to think that myths no longer existed, or that great heroes no longer walked among us.

Sure, I knew of urban legends, but real mythical characters, larger than life? Not really.

But that changed five years ago when I visited Barbados, an island that has come to be a very tight-knit community. One event can touch all its citizens, like an event would touch all the members of a family. Sadly though, in August 1995, the Barbadian family had to deal with the death of a relative.

On August 3, intense flooding caused severe damage, especially in the seaside town of Weston, halfway up the island's west coast. In Weston, many shacks of the townspeople were swept out to sea, including the hut of acclaimed calypso singer "De Great Carew."

It is here that island legend takes over. I arrived a week or so after the flooding. Carew's body had been found at sea. Supposedly, as was told to me by the owner of a hotel in Christchurch Parish, Carew died a hero's death. The day of the flooding, Carew was seen in the ocean, atop one of the pieces of sheet metal that had been his simple shack, waving to shore. "He was waving to his fans. He knew he was gonna die. He was waving goodbye!" My friend would not even hear of the suggestion that Carew was waving to shore for help.

This was around the time of Crop Over, the annual Barbadian festival of song and dance that celebrated the traditional end of the crop harvest. The festival goings-on were now tinged with a little bit of sadness for one of Barbados' elder statesmen of calypso. But that sadness would soon turn to anger, and a national controversy on the island.

The priest who was to deliver the sermon at Carew's funeral, one Pastor Cuke, had chosen to use the Bible parable about the foolish



Desmond Devoy

man who built his house on sand. This caused outrage since Carew's house had been built right on the sandy beach in Weston.

The controversy led to front page headlines demanding an apology from the holy man. No apology was forthcoming.

On the day of the funeral, it rained heavy and warm. In neighbouring Jamaica, rain during a funeral is seen as a good sign, meaning the deceased will be greatly missed.

During the service, Carew's casket remained closed, out of respect for the singer, since much of his body had deteriorated and decomposed in the salt water of the sea. In a very surreal move (to me as an outsider anyway) inflatable green rubber snakes were placed in a second open casket nearby. This bizarre tribute was in reference to one of Carew's greatest hit songs, Snakes in 'de Grass.

The proceedings were carried live on local radio and television.

Listening to the services on the radio from my hotel in Christchurch Parish, I was oddly up-lifted by Carew's funeral. At the time, the O.J. Simpson trial was in full swing and Newt Gingrich continued to run roughshod over what little compassion remained in public life. But here, those two bozos were far from everyone's mind, including my own.

It was like being in a different dimension. It did border a little on hero worship when Carew was buried, but it was nice to see a public figure leave this earth with the tears of a nation following him into heaven.

More crap from Clarkson

It was reported this week that a 150-year stream of stinking yellow pee is eating away at the world's largest soccer stadium.

Yup, Rio de Janeiro's Maracana is being eroded and corroded because Brazilian soccer fans, unable to pry themselves away from the game/national religion for a minute, would rather empty their bladders in the access ramps than go to the John for a piss.

It turns out all the ammonia in the urine is destroying the stadium's concrete and steel girders.

Talk about pissing away your resources.

Let it be said, one should never underestimate the power of pee. Or the power of crap, for that matter. After all, Jean Chretien might come away with a third straight majority government.

Jean Chretien has a red painted jet emblazoned with the Liberal logo. Not many know this, but its got a \$200,000 fountain built into its cabin to give those long flights a Shawinigan-esque feel. And when things start going down hill, like

every time Mr. Chretien says something, the back hatch opens up and billions of dollars in cash float magically down from the sky.

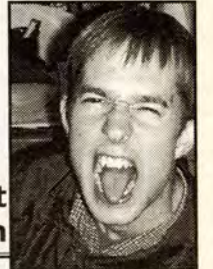
As for Joe Clark's jet, air-traffic controllers are having difficulties locating it on the radar, with one airport official saying, "He's not even registering on the map."

Stockwell Day's plane's been known to swerve dangerously to the right, and reportedly its been flying at abnormally high altitude. Upon inquiring about its tendency to climb to such dangerous heights, one flight controller said Air Stock's pilot was heard to remark, "We're just trying to get a little closer to God's glory. Amen. Praise Jesus!"

Judging by his commercials, you'd think Stockwell Day would be jogging across the country for votes. Or at least sea-dooing.

As for Alexa McDonough, she's been spotted with her supporters in a rusted Chevette, picking up hitchhikers along the way. Lord knows there's enough room left over.

And what would an election be without a little bit of the dirty talk?



Brett Clarkson

On Monday night, Brian "The Chin" Mulrone was in Toronto to help kick-start the campaign of Joe Clark's hapless PC party. On the subject of Mr. Chretien's supposed rift with his Finance Minister, Mulrone remarked, "[Chretien] loves playing golf, and already he wants to shaft Paul Martin if its the last thing he does."

Excuse me? He wants to shaft Mr. Martin? My virgin ears, I had no idea such things were spoken of. And here I thought the nation had no place in the bedrooms of the state. Or was it the other way around?

Nonetheless, they all belong in our bathrooms, with all the other crap we try to flush out of our lives.

Survivor no model for feminism

"She's fat." "Her eyebrows are too thin." "Her skirt's too short." "Did you see those shoes she was wearing?"

This is just a sampling of the nasty criticisms heard almost daily from women about women.

The truth is, women may have made great strides in a man's world, but the role they have in their own needs some improvement.

A woman, for instance, will approach an overweight female about 'necessary' diet and exercise regiments before any man.

Then, of course, there's the typical house party where a group of women will gather to discuss the controversial attire of another female and how she's using it to her full sexual advantage.

Now, before a hate campaign

towards me kicks off, let me make it clear that I'm not labeling every woman as a bitch. But I do think that women are their own worst enemies.

Consider CBS's top-rated reality/game show *Survivor*. The two-hour season finale was highlighted by Sue, an obvious sore-loser, chewing out Kelly, the eventual runner-up to the million-dollar prize, for being a "rat."

She even went as far as to call her a failure in life.

Sue, however was softer-spoken towards Rich, the ultimate winner.

Although she called him a "snake," she gave him credit for being a hard-worker and said she admired him for being an "arrogant, pompous human being."

More importantly, she gave him her vote.



Patricia Lima

Even the Spice Girls, who incessantly preached "Girl Power," were silenced when Ginger Spice (aka Geri Halliwell) backstabbed her Spice mates when she suddenly left the pop group without any warning or farewell.

So where do we go from here?

The simplest way to improve female relations is to remember one thing: to treat one another the way we would like to be treated by men.

Word on the Street



Shelly Anderson
HRT
First year

- "A slut"



Dominic Dinardo
CIS
Third year

- "A hockey player"



Erica Castellone
Law clerk
Second year

- "Pocahontas"



Roy Salvaterra
CICE
First year

- "Eric Draven"
(from *The Crow*)

What will you dress up as on Hallowe'en?

CAMPUS LIFE *et cetera*

*"My experience was so painless."
-Elyse Friedman
see 'Words of praise'*

Breaking it for the Caps crowd

by Jesse Kohl

Fans of Breakbeat filled the dance floor for the first Genetics, a jungle rave music club, night at Caps.

The dance floor was almost empty for the first part of the night, but an hour and a half after doors opened, the sizeable crowd formed a circle around the edges of the dance floor to make room for a few

energetic breakdancers.

"From what I've worked, this is the best Genetics turn-out," said Alice McKee, one of the two student managers at Caps. "It's going to be a great year for them."

"It's all about what the students want."

-Alice McKee

The Genetics event, Caps' attempt at creating a rave-like environment, was held occasionally throughout last year. This year, according to McKee, Caps hopes to host the event once a month.

"It's a completely different crowd [this year]," she added. "Having this event brings out people who wouldn't necessarily come out to a wrestling event. It's all about what the students want."

"The crowd seems to be into what we're doing."

-Robin Skoolerz

Former Humber student Chris Glasser said it's about time more people started showing up to the event. Glasser graduated from the Business Management program last year and came back to Humber for Genetics night.

He added that, even though Genetics leans toward open genre of rave music, "this isn't a rave crowd. This is a Humber crowd. But you can see the ravers, and you can pick out the Humber crowd."

Glasser said the event is important, in that electronic music forms are slowly taking over the music scene.

"Every other kind of music will be non-existent in a couple of years," he said.

Glasser felt the admission cost (\$4 for students, \$5 for guests) was reasonable, "considering some of the names. The Electrician is a pretty big name."

All of the cover charge proceeds went straight to the DJs.

"They take a loss on it if it doesn't work out," said McKee. "We don't take any of the proceeds."

The Hard Nox Skoolerz, a group of breakdancing representatives for the independent clothing line Bobby Nox, came out to Genetics to demonstrate their skills on the Caps floor.

"We have friends here so we came down and we're representing our group," said Robin (aka Rocabye), manager for the Skoolerz. "We came down to represent our crew's style."

Robin said the Skoolerz represent the clothing line by bringing out their urban dance styles to events such as Genetics, eager to

cut the floor up to anything from house music to hip hop. The crowd at Genetics "seems to be hyped," he added. "The crowd seems to be into what we're doing."



JESSE KOHL

SPINNING - DJ Rhythmic keeps the crowd going at Caps



JESSE KOHL

ELECTRIC BOOGALOO - Chris Glasser gets his groove on at Caps.

A babe at Humber

by Patricia Lima

The "Mother and Child" statue outside the registration centre is well received by most students.

"It's a nice statue," said Daniela Alessandria, a first-year business administration student. "What it's there for I don't know."

Doris Tallon, who is a retired

associate to President Robert Gordon but still works on special events, is one of the few people at Humber who knows why it's here.

She said the school purchased it from a sculpture student in the 1970s after the student, who had spent a lot of money to construct the statue, could not afford to transport it out of the school.



PATRICIA LIMA

Grads 'R' us Words of praise at Lakeshore

by Mike Dal Maso

A buzz filled the air of Lakeshore campus' library as students waited in anticipation for Humber grad and author Elyse Friedman to make her appearance.

Friedman, who enrolled in Humber's Creative Writing Correspondence course in 1998, read excerpts from her debut novel, *Then Again*, and addressed students' questions on her writing career.

Friedman has written for Canadian publications such as *Shift*, and the now defunct *Diverge*.

Her advice for budding writers is simple: to read and write a lot.

She is also willing and ready to sing the praises of Humber College. With a smile, Friedman enthusiastically plugs her former Alma Mater.

"My experience was so painless and easy that I would have to high-

Elyse Friedman answered questions on her new novel, Time Again.

ly recommend, take the Humber creative writing course."

Laughing at her spur of the moment endorsement Friedman then added, "and get hooked up with a very generous and kind author like Paul Quarrington."

Quarrington was the author which with the writing course had Friedman teamed.

Quarrington eventually saw to her being published when he passed her manuscripts on to his agent.

The reading was well received by those in attendance.

Liberal Arts and Sciences Professor Ben Labovitch was particularly impressed with the turn out

and excited to see Friedman read.

"I thought it was really quite good," he said. "Unfortunately we did have conflicts where some of the students who wanted to go to the reading couldn't because of other classes," he said. "But that's to be expected when you have a college where interesting things are happening."

Labovitch added "despite that the turn out was really quite good, and the people who were there really got a great deal out of it."

Labovitch was one of the first of Humber's professors to develop the on-going series of readings by Canadian authors that has been taking place at the Lakeshore campus for the past 21 years.

The idea behind the reading series was to give students access to our nations pool of talent.

Although nothing has been confirmed as of yet, there is talk of Friedman appearing in the library of Humber's North Campus sometime in April.

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There are more doughnut shops in Canada per capita than any other country.
-www.brainofbrian.com/facts.html

Canadian researchers have found that Einstein's brain was 15 per cent wider than normal.
-www.brainofbrian.com/facts.html

A tree dedication in the memory of Beth Robertson, former SAC Lakeshore president will be held on Wednesday Nov.1 at 3:00 p.m. outside the A/B building at Lakeshore.

Humber Club bonanza

by Dan Birch

Student clubs get sanctioned at meeting.

Following a marathon three-hour Humber Students' Federation (HSF) board of directors meeting Wednesday, 11 clubs were officially sanctioned and qualified for funding.

Stephen Anastasi, HSF vice-president of campus life North, said he was glad to see so many clubs come forward to be sanctioned.

"I was really happy. A few new clubs got started up this year," he said.

Clubs that haven't been in existence for more than two consecutive semesters may receive up to \$200 per semester in funding.

Established clubs – those in existence for more than two consecutive semesters – are eligible to receive up to \$300 per semester.

The money is used for field trips, guest speakers or any other activity where financial assistance is appropriate.

SANCTIONED

A number of clubs representing many interests were approved by HSF.

They include:

- The Writer's Circle: a club for anyone interested in almost any kind of writing.

- Humber Vietnamese Association: offers an opportunity to learn about Vietnamese culture.

- Sankofa Association: concerned with African culture and heritage.

- Humber Design Club: a forum for design students and anyone else interested in design.

- The Latino Cultural Association: a great place to learn about Latin culture.

- Lesbian, Gay, Bisexual, Transgender (LGBT): a club for anyone who is gay-friendly and interested in helping out with events around the school.

- Lifeline Christian Fellowship: for those wanting to study the bible from a Christian standpoint and anyone wanting to help around the school.

- Muslim Student Association: offers daily prayers and other activities.

- Humber Indian Student Association: open to anyone interested in learning about Indian culture.

- Humber's Human Resource Society: a great way to build contacts and meet people of similar interests.

- The Outdoor Adventure Club: organizes activities for those wanting to escape to the great outdoors.

Four clubs already sanctioned by HSF, including the Humber Environmental Action Team, Humber Tamil Student Association, Genetics, and the International Student Association.

Club registration has now closed and will not open again until the beginning of second semester.

As a condition of sanctioning, all clubs must allow anyone to join – regardless of culture, religion, race, or creed.

At the end of last year, there were over 20 clubs in existence, and with another opportunity to register clubs next semester, Anastasi is hoping to surpass last year's number.

Humber turns up the HEAT

by Genevieve V. Andrada

If you have a burning desire to make a difference in your community, HEAT is for you.

"Humber Environmental Action Team (HEAT) raises awareness of students, faculty, and the administration regarding environmental issues," said Craig Porter, president of HEAT.

"These issues affect Humber College, its surrounding area, and Earth in general," he added.

Porter said by informing the members of the school community about these issues, they can act more responsibly towards the environment.

HEAT, and other organizations such as Action to Restore a Clean Humber (ARCH) and Toronto and Region Conservation Authority (TRCA), went to Nobleton for a tree planting project.

"At one point I lost a shovel and just dug with my hand."

-Tracy Kong

"It was very well organized. We had to follow a floor plan to plant the trees," said Tracy Kong, vice-president of HEAT.

"Each section had its own letter. The letter corresponded with the tree we had to plant," she said.

During the event, Kong took 40 small dogwoods out of the truck and within five minutes they were all planted.

"It was done quickly. It was also a lot of fun. At one point I lost a shovel and just dug with my hand. I got dirty, but it was a beautiful day," Kong said.

HEAT will be coming up with more tree plantings, nature hikes, and other environmental projects.

Interested students can pick up a club enquiry form from HSF in KX105.

Condoms: easy as one, two, free

by Desmond Devoy

Condoms by the carton are just waiting for you.

Whether you're planning a romantic weekend or just want to be prepared for some action, free condoms are available for all students both at the Health Centre and the Humber Students Federations' office.

"We do have condoms that we receive from the Health Centre," said Iris Kolher, HSF's executive assistant.

"They have been going very quickly. We want to promote safe sex."

The condoms at HSF are donated by the Health Centre.

"We must've received thousands of condoms," said Kohler of the cartons of condoms that are available at the office.

"We're happy to see the students receiving services and we consider this a service," she said.

"But we hope that students will not come in with bags and start filling them up with condoms."

Todd Ferguson, HSF health sciences director from North, said the condoms are going fast, but not by the people he would have expected.

"I've seen more females than males coming in and picking them up," said Ferguson.

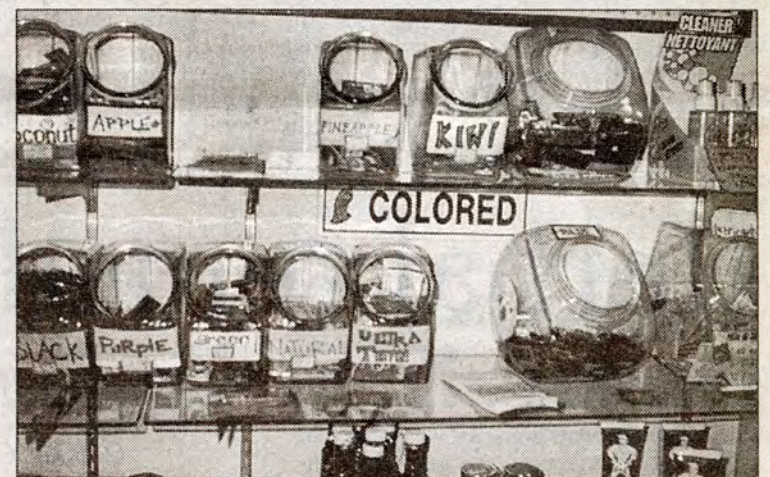
Ferguson has even noticed people torn over their selection, deciding which colour or size of condom to use.

But Ferguson, who is in training to be a paramedic, passed on a word of caution to his fellow students about the popular practice of carrying around condoms in pockets or wallets.

"Carrying condoms in the wallet is not really a good idea because having a lack of oxygen and the air inside the condom can actually malform it over a short period of time. [So] when you start using it [during intercourse] you may break it," said Ferguson.

There is no limit on the number of condoms you can take from the HSF office within reason, of course.

In the Health Centre there is a two-condom limit.



MARTINA LAVOIE

GET THEM – Free condoms available at Humber.

Protecting your health.

Barbara Beattie works with her detector dog Rookie and her colleagues at the Canadian Food Inspection Agency. They help stop forbidden items from entering Canada that could damage our plants and animals or contaminate our food supply. This is just one of many services aimed at protecting the health of all Canadians.

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- Visit www.canada.gc.ca
- Call **1 800 O-Canada (1 800 622-6232)**, TTY/TDD: **1 800 465-7735**

Canada



LIFESTYLES *et cetera*

Puppies should receive their first vaccine at 6 to 8 weeks of age.
- www.familyvet.com

A weekend filled with fun for pet owners and lovers

by Jessica Markoff

The animal kingdom was alive and well at the eighth annual Canadian Pet Expo at Exhibition Place Oct.22-22. The expo offered a variety of products, demonstrations, and expert advice to pet owners.

"We are trying to emphasize the commitment involved in pet ownership, that you have to take it on as not just an impulse, but a serious part of your life," said Cap Cowan, producer of the pet show.

Among the interesting and creative everyday products, the pet show introduces new care products to consumers and retail store owners.

The Toronto-based company, Pet Creations Inc., launched its Anti-shedder collar, which is the first of its kind in the World.

"The collar has a special magnetic device that we have placed in the collar, and what this does is it hits the arteries and it pumps up the blood in the dog with magnetism, which eventually reduces the amount of hair the dog sheds," said Mario Iaccino, CEO of Marketing at Pet Creations.

The Anti-shedder has no harmful side effects, and fits dogs and cats of all shapes and sizes.

The collar will be available in pet stores across Canada by mid-

November for \$59.99.

Tool Kool (Can), distributors of Fine Pet Products, brought their newest dog bowl to the show.

The Buddy Bowl, available in two sizes, is splash free and will not spill if tipped or knocked over.

Vendors ranged from pet photographer, to pet insurance, to grooming seminars.

Marlene Moores, from Bryson Academy of Grooming, was at the show giving demonstrations on pet grooming and decorating, with her champion show dog Jill.

"We are trying to emphasize the commitment involved in pet ownership."

- Cap Cowan

Jill had knee high purple stockings dyed into the hair on her legs, purple nails, and purple sequins glued to the hair on her body.

"We used natural hair dye to colour her coat, nail polish on her nails and eyelash glue to stick the sequins," said Moores about Jill's punked-out do.

Moores added she wouldn't use anything on her dog that she wouldn't use on herself. She stressed the importance of making sure that all products used to dec-

orate dogs should be carefully selected before being applied.

Neo-Paws International specializes in products that promote pet safety.

Their exciting and flashy fashion show, with dogs modeling the latest in pet clothing, caught the attention of many of the show's visitors.

The company distributes dog raincoats, shoes, life Vests and several other lines of dog wear. The apparel equipped for every size, shape, and breed of dog.

There was a petting zoo and hedgehog theatre for the younger crowd at the show.

Geronimo, an 18-month-old Australian Kangaroo, who is soon to become a TV star, was a big hit at the show.

There were 13 interactive areas at the Expo and much more to see and do.

Visitors spent hours travelling from booth to booth checking out all the show had to offer.

"We have a dog and we like to come and see all the newest products the manufacturers have to offer," said Micheline Carbonneau a visitor to the show.

Every in door pet from fish, to rabbits, to reptiles was exhibited at the show, and gave pet owners and potential owners a lot to look at and learn about.



JESSICA MARKOFF

GUESS WHAT'S IN MY POUCH? - Geronimo, an 18-month-old Kangaroo from Australia, graced the eighth Canadian Pet Expo with his presence.

Herbal remedies for your house pet

by Brianne Thom

The traditional way to treat a sick animal is no longer the only choice, some owners are turning to alternative methods.

The growing trend of herbal remedies and alternative medicines to get rid of illnesses is not just limited to people - now animal owners have the option of using it on their pets.

Gail Therrien, a Veterinary Technician from the Davis Drive Animal Clinic, said more people are asking about acupuncture, herbal remedies, aromatherapy, and homeopathic therapy for their pets.

"More people are getting into it for themselves, then look into it for their pets," Therrien said.

Homeopathic therapy deals with giving the patient extremely small doses of medicine that is derived from herbs or minerals.

According to Therrien alternative forms of therapy aren't good, bad, or necessarily better than conventional methods.

"I think that one form of treatment will aid the other," Therrien said.

Veterinarian Jocelyn Kean practices acupuncture on animals at the South Shore Veterinarian Clinic, and said acupuncture

is good when used with conventional treatments, but should not replace them.

"I use acupuncture with traditional drugs," Kean said.

Kean said there are not many practicing acupuncturists for animals because 200 hours of class work, exams, papers, conferences, as well as 40 hours of apprenticeship are required to obtain a license.

Veterinarian Barbara Kovacs, from the Quaker Hill Clinic, said there's a lot of controversy about herbal therapy and acupuncture.

"It takes a lot of skill," Kovacs said.

"There are not many vets that know about it."

Kovacs stated, although homeopathic drugs are derived from plants, they are still drugs and people need to understand that an excess of natural drugs can have very bad side effects.

Therrien said some patients use psychics to connect them spiritually to their pets in

order to find out what kind of treatment the animal wants.

"We have a lady that's really reliant on animal communications," Therrien said. "She calls psychics in the United States and asks them to contact her pet's soul."

Arnie Appelton, owner of Ambrosia Natural Foods store in Newmarket, said some conventional products aren't that good and people are becoming more aware that food companies provide "empty food" with no nutrition for animals.

"[But] if you give your pet good quality food their coats will shine and they'll have more energy, just like people," Appelton said.

Owner of The Three Dog Bakery in Toronto, Robert Gemus said people are finding out more and more about their pets.

"Pets are more a part of our life and family, therefore people want to take better care of them," Gemus said.

Gemus said that although The Three Dog Bakery franchise doesn't have holistic or herbal products yet, the health of animals is something they take very seriously.

"Most of the stuff we sell is low fat, and some are even fat free," Gemus said.

The bakery sells items from vanilla and peanut butter dipped bones to chow-wow pizzas.

"We have a lady that's really reliant on animal communications. She calls psychics in the United States and asks them to contact her pet's soul."

- Gail Therrien

Along with treats, Gemus' bakery also sells the Roots clothing line for pets, which includes collars, leashes and soon to come, dog jackets.

Second-year Photography student at Humber, Shanna Brooks, said she doesn't use any form of pet therapy, but she would if she had to.

"I love my pets. I'd do anything for them," Brooks said.



BRIANNE THOM

More information about the sex show can be found on the Web site at www.everythingtodowithsex.com.

-See Sex Education

"As an artist, as a creator, you have to take whatever avenue is available to you to get your work out."

-Hal Niedzviecki

Chlamydia is caused by the bacteria chlamydia trachomatis. If treatment is not prescribed in time it may cause infertility.

- www.homestead.com/chrisloga/std/health.html

Up close & personal with Hal Niedzviecki

by Jesse Kohl

Writer Hal Niedzviecki is bored by the idea of being labelled 'Toronto's alternative cultural guru' by the mainstream press and book reviewers.

The hallmark has been amplified by the release earlier this year of his book *We Want Some Too*, a "culmination of about five years of writing and thinking about what independent culture is and what pop culture is made of," said the author.

"There's always going to be some attempt to label what you do and put you in some category so that you can be more easily abused and dismissed," said Niedzviecki in a recent interview. "Culture critic, hip guru, alternative blah blah blah - and it's all part of trying to reduce something to spectacle instead of content. I try to shy away from that."

Nevertheless, Niedzviecki is happy with the reviews of *We Want Some Too*, which he feels have been mostly good.

"I think it's a book that can be easily be misunderstood," he said. "But I don't feel like that's happened."

Niedzviecki is the editor of *Broken Pencil*, an alternative culture magazine and the main place to go to find out about 'zines' - inde-

pendent publications that include anything from reviews and rants to personal online diaries. He's written books of fiction (*Lurvy: A Farmer's Almanac and Smell It*) and edited a Canadian short story compilation called *Concrete Forest*. He was also named best new magazine journalist by the National Magazine Foundation last year and his articles have appeared in *Adbusters*, the *National Post* and the *Globe and Mail*.

"People think of me in a lot of different ways," said Niedzviecki. "Some people think of me as a fiction writer. Some people think of me as a 'hip' cultural critic - whatever. And most people don't think of me at all."

When Niedzviecki started *Broken Pencil* in 1995, he didn't really even know much about zines or the culture of zines. But he had been exposed to underground lit mags, and it frustrated him that some of the best content from new writers was so hard to find.

"Once we started it," he said, "I started to think more about what a zine was, and I learned more about the culture."

His experience in dealing with zine culture since *Broken Pencil* began was how he came to many of the conclusions presented in *We Want Some Too*. Since the book's publication, he's been considered by many to be an

authority on pop culture, its relation to our lives, and most importantly, the ways we can respond to and deal with its influence over our lives.

"People think of me in a lot of different ways."

-Hal Niedzviecki

"I don't necessarily take the plots that we see for granted," he said. "It's a continuum of things that are being implanted in our minds, and I'm more interested in what those things are and how they affect us and how they don't affect us."

We Want Some Too proposes a new way of not only perceiving pop culture, but how to interact with it and how to use it, as a contributor, as a means of creative expression.

"As an artist, as a creator, you have to take whatever avenue is available to you to get your work out," Niedzviecki said. "You have to look at the bigger paradigm of this battle between homogenized corporate mass-produced culture and independent community-based culture. The point in between, where they meet, is often where the creator lies, with

a mind filled with mass culture imagery but the desire to do something really coming from the independent perspective."

Niedzviecki has also tried to expose the myth of what some people refer to as 'the underground.' He said many of the books and music once considered 'underground' can now be found at any Tower Records.

"If you read zines, you'll realize that they're really not all about underground culture. In fact, a lot of them are about pop culture. There'll be essays on why they're obsessed with Urkle or some stupid character. There's probably zines devoted to Star Trek. There'll be punk zines, but then the punk zine will have a lengthy essay on some movie that they liked ... It's pretty hard to navigate that terrain. At some point the terrain becomes meaningless, and we've reached that point. There really is no such thing as underground."

Niedzviecki just took off to spend a month at the MacDowell Colony in New Hampshire to devote his energy to working on various projects. He'll be touching up and editing *Ditch*, his new novel, and development on a short story to be included in a compilation of Canadian contemporary writers, including Margaret Atwood.

Sex education 101: Get tips at the Sex Show

by Jessica Markoff

The Everything To Do About Sex Show turns up the heat at the Automotive Building, Exhibition Place Thursday and runs until Sunday.

The sex show is the first of its kind in Canada.

Zeev Landesburg, president of Free Land Marketing had the idea for the Everything To Do With Sex Show a year ago.

"Based on the research we conducted, the Toronto marketplace was ready for this sort of event. People have the interest and the subject of sex is something most people aren't squeamish about anymore," said Landesburg.

Over 200 companies and 300 booths at the show range from health, to media, to

home security, and (of course) sex stuff.

Free Land Marketing employees, Nadia Hrkac and Frank Scalisi, said getting started was one of the most difficult and discouraging tasks they faced.

"I called this water purification company to see if they were interested in the show and the guy said 'This is water purification not pornification,'" Scalisi said.

The show's popularity has grown over the past year and now many of vendors are calling them.

"In the beginning people would hang up on us, laugh at us, but not anymore now that we're famous," said Hrkac.

Extensive media coverage helped the show's reputation with outlets such as Edge102.1, CityTV, New VR, *The Toronto*

Star, *The Toronto Sun* and *Now* magazine all buzzing about it.

"The show is unique and covers a lot of different areas. It's wide open, interesting, exciting, and we're very happy to be a part of it," said Todd Schott, promotion's director for Edge102.1.

Humble and Fred from Edge102.1 will be at the show holding the next event in their Even Tougher Contest.

The challenge is for someone to persuade their father to participate in a fashion shows sporting provocative leather wear.

Aren't We Naughty, a Toronto based company that offers a wide variety of sex enhancing ideas and materials, will be attending the show as vendors and as corporate sponsors.

"Our booth will offer lingerie, sex toys,

massage oils and games. We will also have massage demonstrations, and the North York calendar firefighters will be modeling boxer shorts in a fashion show," said Jim Turaler, general manager of Aren't we Naughty.

Turaler added that the sex show symbolizes how far we have come in our thinking.

The show features adult film stars Jill Kelly, Jenna Jameson, Stephanie Swift and Nikki Tyler, who will be on site to sign autographs.

Health clinics for men and women, fashion shows, and how-to demonstrations are some of the other events happening at the show this weekend.

Upon entry to the show visitors will receive a grab bag containing the Show Guide, free samples and other goodies.



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SPECIAL *et cetera*

"We were tribal. Much of our religion can be compared to the native people and their practices," Piccione said. "We are mystics that deal with that [type of] realm."
- Wiccan, Donna Piccione

Bewitched be a Wiccan

By Janine Good

Most people believe Halloween means carved pumpkins, haunted houses, and trick-or-treating, but to the Wicca religion, it is their holiest of holy days.

Just as Jan. 1 marks most of the world's New Year, in Wicca, Oct. 31 is their beginning. On this day, Wiccans say goodbye to the passed year and get ready for a clean slate.

"On our New Year it's the time of year we know as 'All souls day', which is when the veil of the world is thinner allowing those of us who died that year to have access to the underworld to be reborn," Wiccan, who has been practicing for over 12 years, Donna Piccione said. "For example, if you die in August, you have to wait until the New Year before you can continue on. This day means much more than just Halloween."

The Wicca religion is a family religion, where the parents descend their beliefs on their children, and is based on the natural world around the earth.

Some of the beliefs come from the roots of agriculture and started with tribal groups.

"We were tribal. Much of our religion can be compared to the native people and their practices," Piccione said. "We are mystics that deal with that [type of] realm."

The major symbol in the Wicca religion is the pentagram. Just like the cross in Christianity, and the Star of David in Judaism, the Pentagram represents the core of the belief of their religion and represents their identities as Pagans.

The Pentagram, a five-point star symbolizes a man reaching out to his sides, standing with his legs spread out either side. Each point of the Pentagram represents a natural sacred element important to Wiccans and their practices: fire, air, water, earth, and spirit or self.

"The Pentagram is a protective talisman for us," Piccione said. "It is an acknowledgement of being a Pagan and what we stand for."

Wiccan witches, who are equivalent to priests and shamans, are considered healers possessing the knowledge given by the Gods. Witches use their natural powers to help people by healing their mental and physical problems.

"Wicca is an acceptance of the divine self, meaning we are made up of all the elements around us," Piccione said. "It's an acceptance that we are part and parcel of the world around us, not separate."

No matter how many books or activists defend the positions of witches, the misconceptions created during the centuries through beliefs and influences of other religions lead today's generations to conclude witches are evil beings.

"It's not a fair idea that witches are devoted to evil, because Satan and evil ways have nothing to do with what they stand for or believe," York University professor of Philosophies of Religions and Pop Culture David Johnson said.

"Much of what we are taught in our different religions creates bias against the minority group witches. They are not bad and what they practice is for the good of human kind."

Against the largest misconception, Satan has nothing to do with witches and they don't practice satanic worshipping or evil practices.

"We don't affiliate with Satan," Piccione said. "Our main God Head, Pan, is fashioned as Satan by the Christians, and therefore, we are associated with evil. This is the biggest misconception of what we do and represent."

Pan, the head god of the Wiccan religion, is extremely important to the practices of Wiccans. He is a wild god of forests and lands, with his main concern being procreation.

"Pan's role in Wicca is very important in the natural world because no race can survive without procreation" Piccione said. "Pan is half man and half animal, and his wild side is demonstrated in his fertility."

Sex is not a bad thing and can be fun and enjoyable. Christians had a problem with sex and we didn't. However, the misconception that witches participate in group orgies and are over sexed is completely false.

Two religious observances shared by Wiccans are Yule and the laws of Karma. These sacred days are important because they represent the changing of the seasons and their morals.

"Every six weeks we have a religious observance, relating to certain times of the year," Piccione said. "Yule relates to the changing of the seasons and we celebrate the natural aspects of each season."

The laws of Karma in a nutshell are: "Whatever you put out, you will get back" Piccione explained.

"Basically, it works like a three-fold system, which is similar to a Richter scale in the sense that if you do harm or put out harm, that harm will come back to you but three times

as bad."

No matter how many books or activists defend the positions of witches, the misconceptions created during the centuries through beliefs and influences of other religions lead today's generations to conclude that witches are evil beings.

"We have ritual knives, which are simply used to draw energy during magical practices and not for harmful purposes," Piccione said. "If a knife is soiled with blood, it is no longer used. That is against our religion."

Piccione accepts the fact she will be discriminated against since she is part of a small group circle. However, she said, the stereotypes against her and her people hurts her because witches are the furthest thing from evil.

"The stereotypes hurt, especially the images conjured that all witches have straggly hair, chipped teeth, warts, and look like crones," Piccione said.

"The media also created stereotypes for us, but some are just not accurate."

Piccione acknowledges the media have saturated the images of witches with such shows as *Bewitched*, but also admits she relates to those depictions.

"I loved *Bewitched* as I grew up," Piccione said. "I wish I had the power to twitch my nose to clean my house just like that! But our magic is based on nature."

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Photo and story by Chad Currier

Whether you're a grade school student "ghouling" yourself up for treats, or you're feeling competitive and wish to have the best outfit for a downtown club competition, this is the time of year for the young and the young-at-heart to hide themselves through masquerade.

The Hamilton's Costume Rentals is one Toronto business that can help you realize your biggest and most bizarre Halloween desires. Owner Tanya Hamilton boasts of an inventory well over 10,000 costumes which includes practically every form of occupational, sport, Victorian-style, or frighteningly

grotesque outfit. Hamilton's has been providing alternate personae since 1958 and is located at 2065 Midland Ave.

Hamilton and her staff have theatrical and film costume and make-up backgrounds. It is this experience that makes the staff so successful, and customers so pleased, with the annual tradition of Halloween costumes.

"We don't rent costumes," Hamilton said. "We rent images. Costumes are just clothing. It's the accessories and attitudes that create a character."

A customer without an idea of what to dress up as has nothing to fear when working with Hamilton, she said. A client's plans for the night may include going to a crowded bar, or enjoying the

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"[Halloween is] an opportunity to be someone else, and have complete anonymity of your history and background"

- Caps manager, Gord Hagan

"You can see strange things if you look in the mirror too long"

- Keg Mansion manager, Lee Terreberry

"Dorothy is harmless, but the thought of her lingering around sort of makes visitors of the Hall of Fame feel a bit apprehensive"

- Hall of Fame employee, Tobin Blake

Toronto Terror

Photos and story by Janine Good

Ontario is the home of many tourist attractions, historical landmarks, and evidently, apparitions.

Visitors to famed various Toronto monuments and buildings will not only experience the history and significance of these attractions, but could also encounter some supernatural inhabitants lingering within their walls and on their properties according to many people who claim to have witnessed spirits and ghosts.

One of Toronto's oldest theatres, the Elgin Theatre on Yonge Street, which offers elite theatrical production, and is also a home for a supporting spirit whose entity can be seen from a box-seat balcony in the auditorium.

On many evenings, maids working at the Elgin have witnessed sightings of two young male ghosts lingering in the theatre's box-seat areas then following them to the women's washrooms.

"A woman was a victim of an attack from a spirit in the washroom one night and had to be taken to the hospital," Elgin employee, Betty James said. "That happened a few years ago, but there hasn't been any evidence of any ghosts since then."

Continuing downtown to Jarvis street is the Keg Mansion. This landmark that was erected in the 1880s has a haunted history of eerie encounters.

Lord William McMaster, the founder of McMaster University, lived in the mansion when it was first built. Later on, Toronto's Massey family inhabited the building until 1920.

"Once McMaster left, the Massey family

moved in," said Lee Terreberry, manager of the Keg Mansion said. "Apparently once the woman of the house, Lillian Massey, died, the maid was so overwhelmed with grief she hanged herself in the oval opening in the floor going from the second floor to the first floor."

Another eerie fact about this haunted mansion is the antique mirror hanging across from the arch entrance where the maid hanged herself. Many people have recalled gazing into the mirror and seeing strange illusions.

"You can see strange things if you look in the mirror too long," Terreberry said. "Many patrons have noticed odd images of aged faces and their eyes moving. Since the mirror is seen through the arch, we believe they are linked somehow."

Just a few blocks South of the Keg Mansion lies the Hockey Hall of Fame on Front Street, where the spirit of Dorothy haunts the building.

Back in the 1880s, the Hockey Hall of Fame building, then a branch of the Bank of Montreal, was built. On the building's top floor was an apartment provided for the bank manager. It was in this apartment where a woman named Dorothy, who was a bank teller in the bank, committed suicide after a sad love affair with her boss.

Dorothy took her own life, but did not leave the premises entirely. Her ghost lingers on within the walls of this historical landmark and is responsible for solemn shrieks, moans, and sighs, very audible after dark.

"Dorothy is harmless, but the thought of her lingering around sort of makes visitors of the Hall of Fame feel a bit apprehensive," Hockey Hall of Fame employee Tobin Blake



HAUNTED HALL-Hockey Hall of Fame resident, Dorothy, will never return home by clicking her heels. She is stuck in purgatory.

said. "Most of her presence is heard after hours, but the idea she is lurking around still makes people nervous."

"I believe she exists, and don't think she has really hindered our patronage."

Another haunted area of Toronto lies at High Park, one of the most luscious grounds in Ontario, in Grenadier Pond.

Grenadier's "blue bayou" holds a haunted legend dating back to the war of 1812. During the war, a boat of British Grenadier soldiers capsized their boat in the pond and drowned. During bouts of bad weather, a boat of soldiers has been known to appear from the water and gaze at anyone visiting the pond.

"The soldiers have been spotted by fishermen in the summer and figure-skaters in the winter," parks and recreation employee Jeremy Harnem said. "They have reported a strange feeling of being watched from the water."

Just 30 miles North of Toronto in Port Perry, a small town of 5,000 residents, lies Ghost Road, one of the most famous haunted places in Ontario.

Ghost road dates back to 1968 involving a young motorcycle driver who had just broken up with his girlfriend and was devastated.

The young man was so distraught, he sped down Ghost Road at super speeds without a care in the world. An intersection nearing him on the road had a barbed wire fence across it, which a farmer earlier that day had

put up to divide his field.

Distracted, the young motorist was unaware of the barbed wire fence, sped through the intersection, and as a result, was decapitated. His head was never found, but his body and motorcycle were retrieved.

Ever since this incident 32 years ago, that road has been considered the haunted home of this sad young man's spirit, which appears loyally every night for people anyone to see.

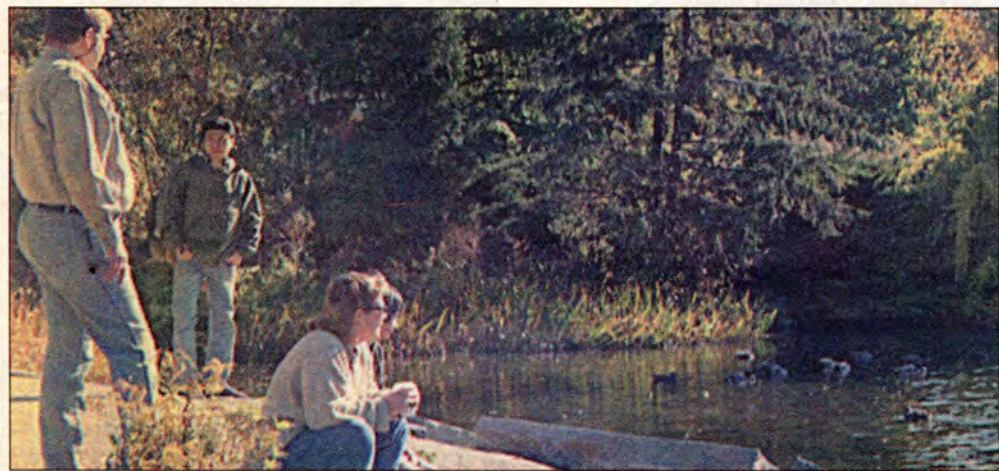
"The light of the young man's ghost can be seen from the Road or from Lake Scugog," Skip Pothier, a Port Perry native for over 30 years said. "Television's Unsolved Mysteries' and 60 minutes' have both done exposes on this road and it is quite fascinating."

Ghost road is a country road surrounded by trees and at night is pitch black. A strange light appears out of nowhere. On Lake Scugog, there's a large rock upon an island. Once the light hits the rock, presumably, the light dies and leaves until the next night.

"I don't usually believe this crap," first-time visitor from Toronto, Julia Dragan said.

"When I saw it, I was completely freaked. You don't expect it because you don't believe it to be true. Lots of cars come to see it every night. When you put your headlights on, the light disappears, when you turn your lights off, the light comes back. It was so damn freaky!"

When you come to Toronto watch your back you never know who, or what might tap your shoulder. Are you spooked, yet?



WATCHING-Grenadier Pond visitors look on. Soldier's souls continue to perform their duties, with an eternity of dedication.

night at a house party. Hamilton suits her customers with flashy, bulky outfits, or lighter, more comfortable ones, depending on the individual's needs. A person's overall appearance and demeanor also come into play when fitting a customer with a costume.

"[Sometimes] I look at a guy, and I just say, 'You're a Viking,' or a handsome guy [comes in] who'd look good in a uniform," Hamilton said. She matches individual's personalities with costumes, and tries to make it an enjoyable experience. Renting a costume can be extreme-

ly frustrating with the vast amount of choice, she said.

"[Halloween is] an opportunity to be someone else, and have complete anonymity of your history and background," Caps assistant manager Gord Hagan said.

Many Humber students are excited about Halloween, and have already planned their costumes. Some choose costumes to mirror their personality, while others make their choice because a costume contradicts their usual character.

A Halloween enthusiast who

searches endlessly for the perfect outfit, or works diligently to coordinate materials themselves, can reflect their creativity and individuality through an original costume idea.

"You can express yourself through a costume," first-year Nursing student Rebecca Walker said, whose eye was caught recently by a retro-70's clothing collection in a downtown shop. "It's like going back through time for one night...you get to be something [or someone] you're not."

Not all Humber students are keen on the masquerade tradition.

Students cite increased and demanding workloads, conflicting employment schedules, or lack of interest when refusing participation this year.

"Some people dress up and go to clubs," third-year Heating and Air Conditioning student Joe Bucci said. "But none of my friends do. [Sometimes] I stay at home and hand out candy."

Humber students and Caps patrons have historically made Halloween one of the larger party nights. Aside from the first and last nights of Caps, the Halloween pub is

the largest in the school year. Caps staff are in great anticipation of the costumes in tonight's competition, and are offering approximately \$1,000 in total prize money to winners of various categories, such as individual or couples costumes, Hagan said.

"[Tonight] will be the culmination of a month-long promotion, and somebody is going to win free rent for the entire school year," Hagan said.

Don't be surprised if an unnatural or unexpected face serves you a few lagers tonight. Bartenders will be in costume at Caps tonight.

HEALTH *et cetera*

"It is said that people have cravings, but we're not necessarily born with them."

— Anna Bilchak
See "Hooked on a feeling"

"It would be far too expensive to study all of the herbal remedies on the market."

— Constantine Shishis
See "Protect yourself"

Hooked on a feeling

by Ann-Marie Colacino

"This guy found a bottle on the ocean, and he opened it and out popped a genie, and he gave him three wishes. The guy wished for a million dollars, and Poof! There was a million dollars. Then he wished for a convertible, and Poof! There was a convertible. And then, he wished he could be irresistible to all women...Poof! He turned into a box of chocolates." — Anonymous.

It's soft, sweet, creamy, mouth-watering, sometimes chewy, crispy, and candy-covered. Chocolate — that saccharine seduction — what one would do for it, or do without it.

According to Nestle statistics, nine out of ten Canadians eat confectionery products, chocolate consumers eating an average of six bars every four weeks.

"There's times when I feel like I need it and it makes me feel better and it makes me hyper."

— Paula Albes

From addiction to aphrodisiac to love and sex substitute.

What's in this stuff that makes it simply irresistible?

"There is a compound in chocolate, it's caffeine, and caffeine is addictive," said Nancy Geronazzo, registered dietitian for the region of Peel Health Department. "So it's hard to say if chocolate per se is addictive... but the caffeine in the chocolate is addictive."

Geronazzo said studies have been done on people that withdraw from caffeine, mostly pertaining to coffee, and consumers do have withdrawal symptoms such as headaches, shakes, and depression.

"So is it possible that it can become addictive, yes, but as far as how much we need to consume before it becomes addictive, it's hard to answer that question," Geronazzo said.

Mel Epstein, publisher of www.chocolate-alliance.com, said one of the interesting findings of chocolate is that women appear to be addicted to chocolate in a ratio of 3:1 compared to men.

"I don't think it's an addiction in the sense that, to say it is, would be to mitigate any responsibilities in terms of not having willing choices in regards to eating," said Glyn Hotz, Humber College Philosophy teacher and lawyer. "I think at different times, depending on our mood, we really desire certain types of food, chocolate being one of many...but why should chocolate be distinct from other foods such as meat?"

Second-year Humber College Marketing student Paula Albes said she thinks chocolate is addictive.

"There's times when I feel like I need it and it makes me feel better and it makes me hyper," Albes said. "So when I'm on a low, I'll have my Wonderbar and I feel so much better."

Chocolate ads are full of images that imply eating chocolate is equivalent to entering a world of fantasy, elegance, and sensuality. Why this association?

"[Chocolate] is a mood enhancer, and because of that, it may cause romantic inclinations," Geronazzo said. "But to say that chocolate is an aphrodisiac, I didn't find any



ANN-MARIE COLACINO

MMMMM! — Chocolate. Everyone loves it, but what makes this stuff so irresistible?

research to back that up."

Despite research, many people believe consuming chocolate does increase desire.

"It's sort of like the Pavlov dogs — when they hear the bell, they salivate," Hotz said. "It melts, and just the texture and the sliminess makes you salivate. Sex is an activity that promotes a very similar response."

First-year Media Sales student Sacha Poshni agrees.

"It's definitely an aphrodisiac. Melted hot fudge is an aphrodisiac," she said.

According to an article entitled *"The Sweet Lure of Chocolate,"* which is posted on the britannica.com Web site, chocolate contains more than 300 different chemicals.

Many of those substances are said to have several different effects on the body, one particular response being similar or equal to that feeling of falling in "love."

Researchers have been working on distinguishing specific chemicals and chemical combinations.

Two of those chemicals that may be related to those pleasurable after-effects of chocolate consumption are phenylethylamines (also referred to as PEA or the "love chemi-

cal") and amphetamines.

These are strong stimulants that arouse the activity of neurotransmitters (brain chemicals) in parts of the brain that control our ability to pay attention and stay alert.

"PEA enhances the mood and reduces depression and anxiety," Geronazzo said. "That's why when some people eat chocolate they feel a bit better."

Hotz explains the connection between love and chocolate in reference to serotonin, a neurotransmitter that carries out communication in the brain and body.

"A lot of antidepressants work by increasing the intake of serotonin so it would make sense to me that chocolate, by boosting and producing higher serotonin levels, would be craved when people are lacking love in much the same way that anything which boosts serotonin would be craved," Hotz said.

Endorphins are brain chemicals that act as pain regulators and can also affect moods, providing possible feelings of calmness and satisfaction.

Geronazzo said endorphins are similar to serotonin.

"The same thing with endorphins, you crave extremely sweet and fat foods and the more you eat the more you increase your endorphins and it gives you that good feeling," she said.

"I wouldn't say it is a substitute for love because you can't love chocolate," Poshni said. "It's not like you sit in bed at night with a box of Turtles and say 'I love you so much.'"

The possibility of these chocolate "effects" being more related to psychological factors rather than pharmaceutical has also been discussed.

The Hershey Foods Corporation Web site has a page entitled *"Women and Chocolate,"* in which chocolate cravings and cravings in general, are linked to the desire for a certain sensory or cognitive experience.

For example, people associate special occasions with chocolate.

There's also the simple fact that chocolate smells, looks, and tastes good and that's why it always has us coming back for more.

"It's more of a craving versus addiction so it's kind of a fine line," said Anna Bilchak, a registered dietitian. "It is said that people have cravings, but we're not necessarily born with them."



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ANN-MARIE COLACINO

TASTES GOOD— Not only is chocolate good to eat, but the chemicals in chocolate make you feel better too.

When you sneeze, your bodily functions stop momentarily, including your heart.

Blondes have more hair than dark-haired people do.

The average human will shed 40 pounds of skin in a lifetime.
- facts from www.brainofbrian.com

Glossy addiction

by Martina Lavoie

Warning: Reading this article may cause you to apply lip balm.

While some people have addictions to narcotics, nicotine or alcohol, others have an addiction to something less dangerous, but just as habit-forming. It's lip balm, and there's no patch, pill or 12-step program for the heavily addicted.

"Before I go to bed, I have to put on chapstick. Have to," said second-year Travel and Tourism student Amanda Greco. "I wash my face, brush my teeth, come back to my room, put on my pajamas and put chapstick on. Every night. I have it by my bed. It's always there."

Most health professionals would agree that heavy usage of lip balm is more of a behavioural habit than an actual addiction. Users may feel they are addicted because they've become accustomed to the feeling of having a waxy or moisturizing

substance on their lips.

"I don't think you can be addicted to lip balm," said Ann Foster a nurse at the Humber Health Centre. "I think you get used to the feel of how your lips are when there's lip balm on them."

"It doesn't have anything in it that I'm aware of that would be considered addictive," Foster said. "It's basically a greasy substance. It's lipstick without the colour, although it's probably much better for your lips than lipstick."

The most common ingredients in lip balm are lanolin, menthol, mineral oil, petroleum jelly, wax, vitamin E, camphor, phenol, and fragrance, none of which are considered to be addictive substances.

Yet there may be something to the myth that lip balms are addictive.

Carmex, a lip balm that has been around for 63 years, has drying ingredients such as salicylic acid and alum in their lip balm. These ingredients are included in the formulation, as Carmex was originally created to dry out cold sores.

If you are among those who just can't go without the balm, you might want to check out Lip Balm Anonymous' humorous Web site at www.kevdo.com. It contains hundreds of testimonials from people who swear that lip balm is addictive and have banned the balm

from their daily lives, as well as links to magazine and newspaper articles from professionals who either love or hate the stuff.

Vanessa Quinn, a Carlton University graduate is among those who have sworn to a life of lip balm celibacy.

"I was a big lip balm user all through university," Quinn said. "It was cold and dry in Ottawa. I was always looking for a product to fix the problem."

But Quinn soon decided that maybe the lip balm itself was the problem.

"I think it does something to the skin on your lips. I was always aware of my lips, with or without lip balm on. I found there was an odd layer of skin on my lips."

Quinn began picking at her lips, but isn't sure whether this was because of the lip balm or because of stress.

Eventually Quinn made a conscious decision to give up her daily lip balm habit.

Greco, who proudly displays her lip balm collection, isn't planning on giving up lip balm any time soon.

"I bring them with me wherever I go. I have two in my purse, one on my key chain, one in my school bag. I always have one with me."

As a former cosmetician at Shoppers Drug Mart, Greco said



MARTINA LAVOIE

APPLY EVENLY— Many get addicted to the way it feels.

one of the fastest selling items was Lipsmackers, a fruity lip gloss made by Bonne Bell.

"They went like hotcakes," Greco said. "That's the one thing that we were always out of."

Caleb Courtney, a first-year music student at Wilfred Laurier University and a devotee of the plain ordinary lip balm said some lip balms are strictly a feminine accessory.

"The glossy, sparkly stuff is for girls," Courtney said.

Courtney admits he enjoys the occasional taste of the girly stuff, but only when he gets it second hand via a kiss.

"Numerous flavours are good," he said. "Especially when you are experiencing it from someone else's lips. Berry flavours or fruit flavours are particularly good, not chocolate though! It helps my lips out and

gives me an excuse, not that I need one, to kiss my girlfriend."

"[I think lip balm] is good for anybody who would like to take care of their lips, including guys like me whose lips tend to chap in the winter," he said.

Nurse Foster said winter is probably the best time to use lip balm.

"In the winter months it probably has much more value because of the cold weather. Most students are walking around campus and catching buses and it's cold, raw, and windy outside and your face gets chapped and your hands get chapped and your lips get chapped. Particularly if you happen to be a lip-licker."

"If you have something catchy, like a cold sore, you shouldn't share your lip balm," Foster added.

Unless of course, you are sharing a kiss.



MARTINA LAVOIE

CHAPPY ANYONE?

Pick a flavour, any flavour.

Protect yourself from the horrors of flu season

by April Labine

Cold and flu season is here again, and unless you plan on isolating yourself in a virus-free zone for the whole time, you might want to consider taking some preventative action.

There are basically three methods for treating colds and flu. You can go the over-the-counter route, or if your illness is pretty serious, you can consult your doctor and get a prescription. You also have the option of using the herbal method, baring in mind that most benefits of herbal medications haven't been proven.

"I'm of a mind that if something hasn't been proven to prevent or treat a cold, I'm not going to promote it," said Constantine Shishis, pharmacy manager at Shoppers Drug Mart in Bloor West Village.

Herbal medicine has come a long way over the years though few of the products available have undergone scientific testing.

"It would be far too expensive to study all of the herbal remedies on the market," Shishis said.

But, according to Planet

Rx.com, controlled scientific studies have confirmed the benefits of Echinacea, zinc, vitamin C, and ginseng.

Echinacea is said to boost the immune system and can be taken with the onset of cold and flu symptoms. It also helps reduce symptoms and suppresses further viral infection. But it has to be taken in large doses.

"If something hasn't been proven to prevent or treat a cold, I'm not going to promote it."

— Constantine Shishis

According to Planet Rx.com, a study published in the American Journal of Infection Control, found that Zicam zinc nasal spray shortened cold symptoms from around ten days to about three days. Zinc lozenges boost the immune system and soothe the throat. However, overuse of zinc can cause nausea, diarrhea and vomiting.

Vitamin C also boosts the immune system and it is recommended that people take 1,000 mg

per day when they are sick. A weak immune system can cause a virus to stay in the system for months.

"Anything to boost up your immune system is the way to go," said Virginia Candelaresi from S&H Health Foods at the Woodbine Centre.

There are many herbal products in the market claiming any number of benefits. Most are to be taken to prevent rather than treat an illness.

Ginger tea is said to soothe a cough and relieve vomiting. Planet Rx.com also suggests bathing in ginger water to help induce perspiration, thereby helping the virus out of the system. Seasoning your food with fennel and caraway is also believed to help prevent vomiting. Peppermint and spearmint are said to treat headaches and peppermint oil can be applied externally to soothe aching muscles.

The medicines available at local pharmacies contain one or more of five main ingredients.

Decongestants break down congestion and promote drainage.

Antihistamines dry out mucous, promote sneezing, and because

they make you drowsy, help you sleep.

Cough suppressants subdue coughs and calm that scratchy throat feeling.

Expectorants help bring up that unsightly lung mucous (preferably not on the shirt of the person across from you).

And analgesics help to reduce pain and fever.

"Anything to boost up your immune system is the way to go."

— Virginia Candelaresi

It is important to buy products that contain only the active ingredients that you need. It will prevent unnecessary side effects. If you're unsure, ask a pharmacist to help you decide what medication you need.

"A lot of [people] ask for my advice," Shishis said. "It's probably about one-quarter of what I do here is talk about cold, flu, and allergies."

For a long time doctors relied on antibiotics to treat cold and flu.

But, antibiotics only treat the secondary infection that the virus helped create with no effect on the actual virus. Also, because of its overuse, the bacteria are often resistant to all known antibiotics.

Above all, if you are hygienic, well-rested, and properly nourished, you're better equipped to fight off viruses. Drink a lot of fluids because it will help move the virus out of the system. It's recommended that you avoid alcohol and caffeine and sugar will cause a reduction in white blood cells that help fight the infection.

Symptoms of a cold can usually last anywhere from four to 14 days, and flu symptoms from seven to ten days. There are nearly 200 viruses known to cause colds. There are only three types of flu virus, but there are many strains.

According to Planet Rx.com, adults are contagious for three to five days and children, up to ten days.

Just imagine all the germs waiting for you during flu season, lurking behind every corner of the school. Don't be just another number. Arm yourself.

ENTERTAINMENT *et cetera*



Crouching Tiger, Hidden Dragon



How the Grinch Stole Christmas



Red Planet



102 Dalmatians



Book of Shadows: Blair Witch 2

X-mas movie dish

by Jeff Russell

Tis' the season to be jolly for moviegoers.

The Holiday movie season is here again and Hollywood has a big bag of presents to deliver.

In this year's assortment we get to see Tom Hanks play survivor; Drew Barrymore, Cameron Diaz, and Lucy Liu revive an early '70s hit television show; Mel Gibson read women's minds (if only I had that power); Bruce Willis as the only survivor of a train crash; Jim Carrey as a grinch; Arnold Schwarzenegger seeing double; Adam Sandler as the son of Satan; and another mission to Mars.

But, according to Toronto Star movie critic Peter Howell, expect *Crouching Tiger, Hidden Dragon* (Dec. 8), which doesn't have a word of spoken English, to be the surprise runaway hit.

"It's kind of like the Matrix set in nineteenth century Japan," said Howell. "It's very adventurous. It has subtitles which is gonna hurt it, but I think it will do extremely well."

Tiger is about two Wudan fighters (Chow Yun-Fat and Michelle Yeoh) who must hunt down a master criminal and her gifted protegee. It won the Peoples Choice Award this year at the Toronto International Film Festival.

Either you loved it or hated it — last summer's surprise hit — the *Blair Witch Project* is back with its sequel, *Book of Shadows: Blair Witch 2* (Oct. 27).

For those who felt a bit queasy from the first's nauseating shaky-cam (and the improvised acting), rest assured. The follow-up was filmed with steady cameras and an actual script.

Five devotees of the Blair Witch myth (Jeffrey Donovan, Kim Director, Tristen Skylar, Stephen Barker Turner, and Erica Leerhsen) go into the supernatural woods, and come out the next day unable to account for five hours of their lives. Eerie events ensue when they try to find out what happened.

Most sequels often fail to recapture the originality and magic of its predecessor, and it looks like *Shadows* will be no different.

Early buzz on the Internet suggests *Shadows* is just another *Scream* rip-off, and Howell, who has already seen the movie in a press screening, agrees.

"They make jokes about the original one, and they kind of link it to the original one, but it's another crappy teenage slasher movie," said Howell. "The story's stupid. The characters are really unsympathetic. It's just not very good. It's not scary."

And I was really looking forward to it.

Yet another TV series that has made the jump to the big-screen, and featuring lots of *Matrix*-style action is *Charlie's Angels* (Nov. 3). Cameron Diaz, Lucy Liu, and Drew Barrymore replace original angels Farrah Fawcett, Kate Jackson, and Jaclyn Smith.

A James Bondish-type plot, the girls must stop a megalomaniac (Tim Curry), intent on taking over the information super-highway.

"I don't think that it's going to go very far," said Howell of *Angels*. "I think it'll have one or two reasonable weekends. I can't see it being a huge hit, but you never know. It's a stupid TV show, and I don't think the original fans are going to go. I wonder whether new fans will go."

Now it's my turn to play movie critic. Below is a list of the rest of this year's more notable releases, and I'll try to predict which ones are naughty and which ones are nice.

Lucky Numbers (Oct. 27): John Travolta plays a TV weatherman who plots a scheme with a lotto girl (Lisa Kudrow) to get rich quick by defrauding the Pennsylvania lottery. **Outlook:** It's got to be better than Travolta's last effort, *Battlefield Earth*, but I doubt it'll be *Pulp Fiction* either.

The Legend of Bagger Vance (Nov. 3): A World War I vet (Matt Damon) returns home and tries golfing again, with the help of his ex-girlfriend (Charlize Theron) and a saintly caddy (Will Smith).

Carrie-Anne Moss) head to Mars on a terra-forming mission. A crash landing strands them on the Martian surface, rendering all equipment useless except for a surveying robot that turns into a killing machine. **Outlook:** Big budget, special effects loaded film could become a huge hit if it capitalizes where the dreaded *Mission to Mars* failed — dull, boring, and unimaginative script.

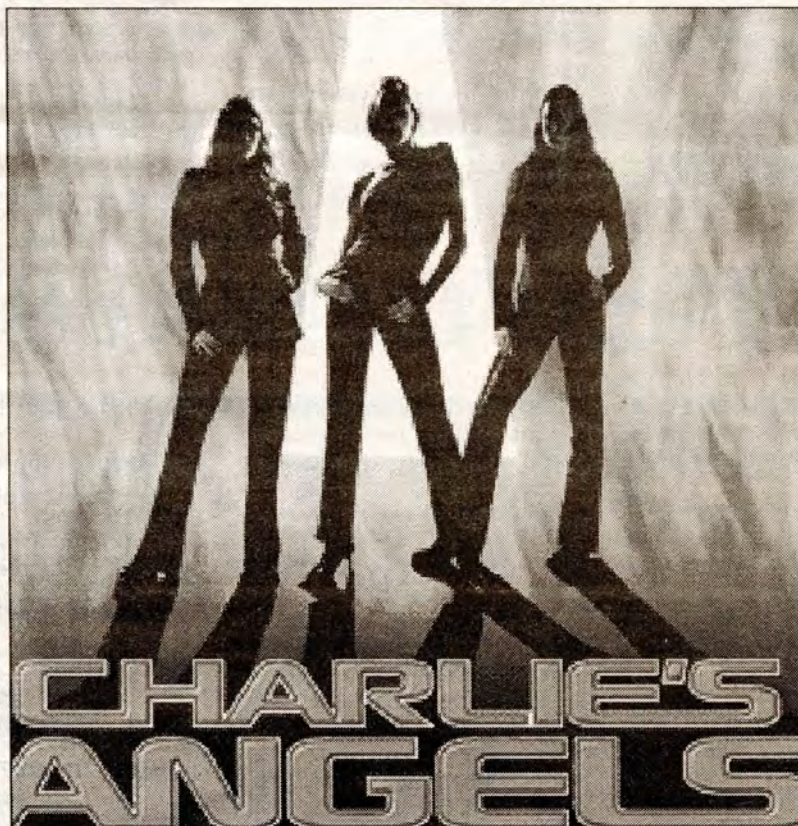
Little Nicky (Nov. 10): Adam Sandler is the offspring of the devil and he isn't too keen on following in his father's footsteps.

He's sent to New York to bring his brothers back to the underworld and he falls for a design student (Patricia Arquette). **Outlook:** Expect the same childish humor that made Adam Sandler one of Hollywood's highest paid actors after the highly successful *Waterboy* and *Big Daddy*.

In other words, it'll be hysterically funny and should do well. **Men of Honor** (Nov. 10): Based on the true story set in the '50s and '60s of Carl Brashear (Cuba Gooding Jr.), who becomes the first African-American Master Diver in the Navy despite racist opposition from a training officer (Robert De Niro), and an accident that cost him most of one leg. **Outlook:** Could be an Oscar-worthy film, but it may not find its way to audiences in the swarm of the other big budget releases.

Dr. Seuss's How the Grinch Stole Christmas (Nov. 17): We've all read the book — Mr. Grinch (Jim Carrey) hates Christmas, and then steals Christmas. **Outlook:** Being one of the few kiddie films this season, Grinch should fare well with younger audiences, but will adults want to see an unrecognizable Jim Carrey?

102 Dalmatians (Nov. 22): Cruella De Vil (Glen Close) is released from prison and plots her revenge to make the ultimate Dalmatian Coat. **Outlook:** Kids went spotty for the first one and this should be no different. **Unbreakable** (Nov. 22): The only survivor of a train crash (Bruce Willis) meets a stranger with a degenerative bone disease (Samuel L. Jackson) who seems to know why he was unscathed. **Outlook:** Clever trailer protects most of the plot (unlike this summer's *What Lies Beneath*), and suggests "you have to pay \$12 if you want to know the rest." With Bruce Willis re-teaming with *Sixth Sense* writer and director M. Night Shyamalan, *Unbreakable* should be one of this holiday season's biggest movies.



COURTESY

THIS AIN'T NO T.V. SHOW — The Angels are back and they're ready and willing to kick some ass

Outlook: This romantic-drama should do well with older audiences — and it better — since teenagers and college students will likely flock to Charlie's Angels which opens on the same weekend.

Red Planet (Nov. 10): Humans have drained the Earth's resources, and a team of astronauts (Val Kilmer, Tom Sizemore, and

Come to the newsroom, tell us who sings *Roswell's* theme, and win one of two prize packs from that artist

"I don't give a shit about what anyone says about it. There are plenty of people with natural hair and processed minds"
Erykah Badu on her fake dreads

Check out breakdance champs, Bag of Trix, at HMV Eaton Centre, Oct. 28
340-9801 for info

ETC Profile: Whoa Nelly, this ain't no pop tart

by Luisa Marin

Move over Britney Spears and Christina Aguilera. There's a new girl in pop town who's going to knock the socks off everyone – and she's Canadian.

That may be hard to believe in a day where we're exhausted with teen pop stars, but it's true! How much more blond hair, midriff flaunting and 'Hit Me One More Time – Genie in a Bottle' can we take?

Nelly Furtado's debut album, *Whoa Nelly*, is unlike any other pop album out there today. She's different.

Nelly grew up a first-generation Canadian in Victoria, B.C. The daughter of working-class Portuguese parents, Nelly's heart has always been into music. At the age of four, she sang a Portuguese duet with her mother in front of 300 people and knew she loved performing. Nelly comes from a family of musicians: her grandfather played several instruments and her great uncle was a composer/maestro in a marching band.

Nelly was discovered in Toronto at 18 when she sang at a talent show for mostly female performers. She caught the attention of her future manager, who also manages Canadian act, the Philosopher Kings. With their help, she produced a demo, but didn't see the point of pursuing anything more. Nelly already had plans to go to

Europe and was in school. After the demo was produced, she kept in touch with the guys from the Philosopher Kings who kept insisting she come back to record another demo. She did, and was signed to DreamWorks records.

Soon after being signed, Nelly performed four Lilith Fair dates, singing with the likes of Sarah McLachlan and Chrissie Hynde. Maybe no one knew her then, but when her album hits stores this week, everyone will be talking about her.

She appears in both *Rolling Stone* and *Elm Street* magazines this month. *Vanity Fair* has also devoted a full page to her and she already has several fan Web pages.

Compared to other pop stars today, Nelly's got a lot more to offer. She has fashion sense (she wears her own clothes), she's beautiful, and her music is so diverse it could cater to anyone.

Whoa Nelly is an album that portrays many of Nelly's talents. She co-wrote, co-produced, and played instruments on her album. Her new single, 'I'm Like a Bird,' promises a serious singer with a lot of potential, already appearing on *Mix 99.9's* Top Nine at Nine.

Nelly's first musical influences were in hip hop and R&B. The first tape she ever purchased was TLC, and her fixation with rap group Kriss Kross would introduce her to other groups like Bel Biv DeVoe,

Salt-N-Pepa, and New Edition.

In her later years Nelly discovered her brother's Brit pop CDs. She began embracing the sounds of Pulp, Oasis, and Radiohead before discovering trip hop.

What makes Nelly different from all other pop stars?

"My music doesn't sound like a lot of stuff out there, so it stands out a lot," she said. "People are interested, combined with the fact that I'm from Canada. I'm young, I'm 21, I write my own songs, I co-produced my own record, I'm a Portuguese-Canadian, I come from working-class parents."

Many first-generation Canadians may relate to Nelly that way, but her music is so inviting that everyone will enjoy it.

Whoa Nelly incorporates a lot of different sounds from reggae to soul to trip hop. On her album, she is comparable to No Doubt's Gwen Stefani and fellow Canadian Esthero.

Nelly opened for Canadian R&B artist Jacksoul on Oct. 5 at the Phoenix, and proved she knows how to get a crowd going. The eight songs she performed won the crowd over. Near the middle of the performance, everyone was heavily into it – bopping to the beat, and the guys couldn't take their eyes off her.

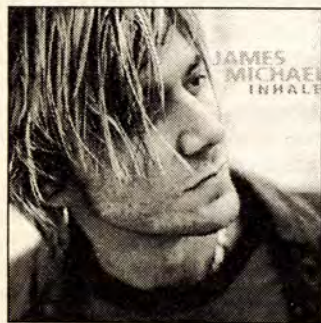
Whoa Nelly was released this week. You can sample some of her music at www.nellyfurtado.com.



COURTESY

WHATTA HOTTIE— Is Furtado the next big thing?

CDs to add some pop, punk, and poetry to life



He wrote a collection of thoughts, not a collection of songs, said up-and-coming singer songwriter, James Michael who released his debut solo album, *Inhale*, featuring inspired Brit pop and western rock and roll all in one.

Michael, who played bass for the band Riverdogs, wrote 11 out of the 12 tracks produced for the album *Inhale*, and the first track, titled after the album, is catchy and radio friendly. Perfect for radio.

The Michigan-born artist displays a gritty, but flowing voice which displays the emotion Michael tried to illustrate on his album.

Michael writes mature, thoughtful and telling lyrics, proven on songs like 'January' and 'Chemical,' that make you drop everything and listen.

Michael played most of the instruments on the album and even does a cover of James Jackson's hit, 'Is She Really Going Out With Him.'

Michael, son of an art scholar and writer, spent his youth living in England where he listened to British pop and punk music. He also took classical piano lessons.

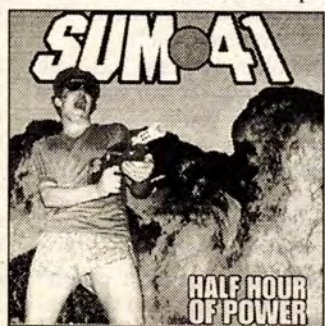
Because of these influences, Michael has truly mastered the art of mixing brit pop and western rock together and a song titled, 'Slack', shows off Michael's talents.

'Slack' begins with a very soft, acoustic, almost anthem-like feel about two lovers who used to find peace in each other's company.

It may seem like a sad love song, but the sound becomes angry and guitar driven as the lyrics get more emotional and furious in the second verse.

He is not yet a familiar name, but if Michael keeps producing this quality of music, he will be the talk of the town in the coming months

-Carcia Campbell



'Grab the devil by the horns and f*** him up the a***' – that's what

Sum 41 did when they recorded this album.

From the above-mentioned first track to the finish, 'Another Time Around', Sum 41 has cultivated a CD that's both fun and accessible.

These are tracks you can relate to.

For example, 'Machine Gun' is a classic rendition of a hangover, including the line, "Seems almost every weekend my bed is someone's floor."

The album, *Half Hour of Power*, which is just a few minutes shy of literally being half an hour, was released in the spring of this year on Aquarius Records.

This sell-out band from Ajax packed up and went to California to fit the mediocre San Diego punk band mould – which proved to be a smart move for the foursome known as Bizzy D (vocals/guitar), Hot Chocolate (guitar/vocals), Stevo 32 (drums), and Cone (bass).

Although their sound is much like the old Blink 182, they offer a little more than the one-size-fits-all San Diego punk sound.

The album, produced by Greig Nori (of Treble Charger) and Deryck Whibley (Bizzy D), has a strong rock influence and an interval or two of ska and Bloodhound Gang-like rap.

The juvenile sounding vocals also help to separate Sum 41 from the other cardboard cutout bands.

The verdict: these guys are going places. Buy their CD now so you can say you liked them before they were big!

Sum 41 is currently working on their second album. Check out their web site at www.sum41.com

-Holly Bennett



Get ready for a blast from the past.

The Mediaeval Baebes are back with their third album of traditional and mediaeval songs and poems called *Undrentide*.

Don't bother looking for lyrics in the CD's insert though. Even if there were any, you wouldn't be able to sing along unless you knew Latin or Middle English.

The Baebes capture and maintain the innocent and spiritual sound of the mediaeval era, as well as weave it together with New World musical artistry with the help of producer John Cale [Velvet

Underground].

This album released in April 2000, like their others, displays how well the Baebes have mastered the technique of harmonizing vocals.

The group of 12 women project a calm and mystical sound throughout the 18-track CD, but also throw in a bit of colour.

Some songs like 'At a Springwell,' have a haunting tone; while others such as the bonus track, 'Omnes Gentes Plaudite (The Drinking Song),' are much more upbeat; and 'E volentieri (reprise),' which has hints of jazz.

As a whole though, *Undrentide*, released by BMG Classics UK, has a soothing sound that almost reminds you of church music.

This isn't really an album you'd toss in the CD player of your car, but one you might put on for background noise.

It's a great album to spin while studying for midterms or finals – quiet music with lyrics you can't understand...meaning you won't get distracted!

Undrentide, by the way, means the time of day when humans go to bed and fairies come out to play, a suitable title for an album that stirs up the tempting, "magical world of spells."

Visit the groups' web site at www.mediaevalbaebes.com

-Holly Bennett

ROM presents Fab Four musical genius' artwork

by Mike Del Maso

John Lennon fans were treated to an art extravaganza last week as the Royal Ontario Museum hosted an exhibit of the music icon's work.

Over 100 pieces were on display in the ROM's Garfield Weston Exhibit Hall, including 20 handwritten song lyrics and drawings from *Real Love*, the children's book Lennon made with, and for, his son Sean.



MIKE DEL MASO

R.I.P - All the skills to pay the bills

Jennifer Little, a marketing communications co-ordinator for the ROM, had a chance to see the exhibit and was no less than stunned. She was particularly taken with the *Real Love* drawings.

"The drawings he did for his son are not only charming, but they impress a sense of humor that was very typical of Lennon," said Little.

Also on display were a number of sketches from the notorious *Bag One* portfolio. Originally given to Yoko Ono in 1969 as a wedding gift from Lennon, the *Bag One* works faced scrutiny by the public over some of its erotic content when it was published and exhibited in 1970.

Little felt the *Real Love* drawings carried a distinctly different feel to them than the *Bag One* sketches did.

"It's as if two different sides of Lennon shine through," said Little. "The simplicity of a number of the *Bag One* sketches conveys powerful emotion with seemingly little effort."

Exhibit Curator Paul Jillson was pleased with the show's success and didn't expect any objections from the public over Lennon's work.

"I've been showing John's art since 1988," said Jillson "I've never had a single complaint."

The exhibit was produced by the Pacific Edge Gallery of Laguna Beach, California and is due to visit 30 cities across North America. Canadian dates include Calgary, Toronto, Vancouver, and Winnipeg.



COURTESY

BAD PR - (l-r) Ellie Harvie, Diane Flacks, and Fiona Reid

'You know they're lying when their lips move'

by Desmond Devoy

A number of Humber's Public Relations students say they dislike the new CBC-TV sitcom *P.R.*

The 13-episode series, which premiered Oct. 2, profiles the hijinks of two ditzy women who run their own public relations firm. The show has been given a rough ride by TV critics, but nothing like the disdain Humber's Public Relations students have for the show.

If the show, or an ad for it appears on her television screen, Amanda Moddejonge, a second-year public relations student admits that "I'll start throwing stuff at the television...I refuse to watch it."

Moddejonge is also not impressed by the show's "motto," which plays frequently on billboard advertising for the show: 'You know they're lying when their lips move.'

Jennifer Leonard does not take it so personally though. "It's difficult for me to slam a show when it's not their objective [to run the PR field down]," said the program co-ordinator for the Public Relations program at the North Campus. "They're not going to be accurate. They're trying to be funny. It's a sitcom, not reality...I would be more concerned if it was an hour long drama and it was not an accurate portrayal."

Accuracy is very much a part of the PR field and Leonard takes great pains to pass this message on to her students.

"The number one thing is to be honest and to tell the truth," said Leonard. "We teach that in all of our courses."

The only problem Leonard has with the show is the motto on the billboard campaign. "You know you're lying when their lips move? [That's] a distorted image of public relations and it does hurt the profession. It's very damaging...my concern is that people will not understand what public relations is," she said.

Another possibility Leonard doesn't want to see is piqued interest in the program based on the semi-glamorous world of PR potential students see on the show.

For students already in the program,

the morality of PR is much different than the billboard motto would suggest.

"The basis of PR is not to lie, it's to tell the truth. If you're not credible, then you can't get by in PR," said Moddejonge. "The *West Wing* is a better description of what PR is. It shows people working really hard, staying up until 3 a.m. to get something done."

Moddejonge added that the show's principal characters would not last long in the real world of PR.

"It's like any other profession. The good ones will stay and they'll weed the bad ones out," she said. "If [the show's characters] are lying, they'd last maybe a week in real PR"

Moddejonge's classmate, Aleks Kuschnerait, is also not impressed with what she has seen of the show.

"It looked really corny and I just switched the channel right away. All the women looked so ditzy and...the acting was very bad and it did not keep me interested for longer than a minute," she said. "Whatever they're trying to make us look like, it's trash."

Teresa Mofina, another second-year Public Relations student, echoes Leonard's feelings about the show's public impact on the program and the field.

"I hope that everyone takes it as a gimmick," she said, "And not as a serious indication of what it's all about."

Carole Long of Sullivan Entertainment hopes the audience and PR students take it as a comedy too.

"It's not meant to be suggesting what goes on in a public relations office. It's a satire," said Long. Sullivan Entertainment, the show's producers, also produced such shows as *Road to Avonlea* and *Wind At My Back*.

Although she is the PR person for a show about PR, Long sees nothing unusual about her position, saying, "It's just another show for me to publicize. It's no different than any other...[But] we have been getting good feedback." Long refused to say how she felt about the show personally.

date

Nov. 1 - 3

place

Concourse

hours

9 - 8

last day

9 - 5

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"Some cars will always have bass that sounds like a fart."

-see getting the most boom

BIZTECH et cetera

Getting the most boom out of your car stereo

by Marlon Colthrust

If the status symbol of the 1950's was owning a tv, then these days it's the vibrations of a booming car stereo.

Car audio systems are not only a status symbol- they are a means of getting noticed.

The thundering bass attracts the attention of the opposite sex.

"I love it when I'm driving down the street with my system going, and the girls are breaking their necks to get a view of me," said George Becus a second-year Fire Services student.

Not all cars are suited for all audio systems.

The size of the vehicle, the kind of vehicle, and the mechanics of the interior affect the quality of the sound and need to be considered, when fitting a car with a system.

"Some systems, no matter the time and money invested, will not sound good," said Azim Kanji, manager of The Art of Noise.

"Some cars will always have bass that sounds like a fart instead of bass that sounds like thunder," Kanji said

A decent car audio system will put you in the hole roughly \$2000 to \$2500 including installation.

This will include a CD deck, tweeters for treble, sub woofers for bass, and an amp to power it all.

"I love it when I'm driving down the street with my system going and the girls are breaking their necks to get a view of me."

-George Becus, Fire Services Student

When looking for a car audio shop to purchase and install an audio system, remember that you will get what you pay for.

Go to shops where you have seen their work before or that have been recommended by a friend.

Good shops will have a portfolio of past jobs, or a plaque or two on the wall from car audio competitions they have won.

"We have won the Sound Pressure Level Competition, the Sound Quality Competition, and

the Show and Shine Competition," said Mohammed Abokhraibey of Ultra Autosound.

"If someone came in off the street with his own stuff, we will charge him more."

-Azim Kanji, The Art of Noise

"The plaques are not only for show. They are proof that we do quality work, Abokhraibey said.

"We don't carry any off brand lines, only major brands, said Kanji. "No name brands get into more problems with serving and warranties."

Installation of a system can take anywhere from half a day to a full day, so you may have to find other means of transportation.

Some shops offer a flat rate for installation, while others are flexible considering the type of job involved.

"If someone came off the street with his own stuff, we will charge him more for installation than if he purchased his equipment in the shop," said Kanji.



MARLON COLTHRUST

IT LOOKS LIKE A WORK OF ART FROM HERE- where you take your car to have your stereo equipment installed is as important as what you buy. Don't settle for a sloppy job, and stay away from no name brands.

Shopping made easy thanks to eVendi.ca

by Andrew D. Pelletier

Want to compare computer prices but don't want to waste the gas driving store to store?

eVendi.ca, a new Canadian Web site, makes it possible for customers to compare software and hardware prices from stores in Toronto, Ottawa, and Vancouver without having to leave their offices.

By offering a unique database especially designed for the Web site, eVendi.ca allows interested retailers to list their inventory and prices on the site.

Customers then look up a computer product (divided into hardware, software, notebook, and complete system categories), receive a list of prices, and choose which retailer they want to deal with.

Gerald Grant, president of eVendi International Inc., said the market for computer products is growing more complex and a site like eVendi helps take the confusion out of shopping.

"eVendi.ca makes comparison shopping easy," Grant said.

According to Vice-President Christian Schrader, the Web site

has signed up 30 Toronto retailers, but would still like more stores to sign up for Vancouver's site.

"The power of the Web site is allowing all the retailers to provide information."

-Shelia Yiu

Looking forward, eVendi.ca has already established a wireless site, called a Wireless Application Protocol, that can be accessed through web-enabled cell-phones. The site can be reached at www.evendi.ca/wap on applicable phones.

Ben Baxter, eVendi.ca's system architect, said the WAP site can save customers time by letting them compare prices on their cell phones while they shop.

"Consumers can compare retail prices offered by other local retailers on their cell phone, while they're shopping," Baxter said.

The company originates from Germany as Hardware-Guide in 1997.

Initially, they only offered price comparisons on hardware from eight national dealers. Two years later, the company had received over 135,000 site visits and had grown to over 50 dealers.

Renaming itself eVendi.com in February of this year, the company established a Canadian sister company, eVendi.ca with Canadian staff and launched their new site in March.

When asked how the site makes money, Schrader said revenues are generated from advertising on the site, and that neither retailers nor customers are charged for the service.

Sheila Yiu, a Toronto retailer from Perfect Systems, has had her company's inventory listed on eVendi.ca since the spring.

Yiu said although there are still a few bugs to work out (Perfect Systems has been unable to list their entire inventory as of yet), she thinks the site is a great idea.

"The power of the Web site is allowing all the participant's retailers to be able to provide information together," Yiu said. "Perfect System will benefit from it immediately as things get more reconciled."

Rogers video goes free in November

by Carlo Corbo

Rogers Video has announced Access to free movies on your desk top by logging on to their Web site www.rogers.com/video.

"We see it as a good marketing strategy which we will use to provide information for the customer."

-Linda Sanderson, vp Logistics

The site will offer customers the opportunity to view up to six movies a week beginning in November.

They will include the classic comedy *Laurel and Hardy* as well as independent films.

Customers must have either Quick Time or Media Player to view the movies.

"We see it as a good marketing strategy which we will use to provide information for the customer," said Linda Sanderson, vice-president of Logistics.

Rogers also announced two new additions to their Web site, Interactive 3D Product

Visualization and Movie Alert, further solidifying their hold on video e-commerce.

With visualization, customers can manipulate a product on line and view it three dimensionally, pull out the DVD and read the accompanying booklet and synopsis.

Rogers customers can view the Toy Story 2 packaging and promotional materials.

Movie Alert will automatically notify customers by e-mail when their requested video or DVD title is available for sale or rent.

"We could save people time by doing this," said Sanderson.

Sanderson said the Web site will offer information on the latest video releases, store promotions and Hollywood news while providing links to other entertainment sites.

The site is e-commerce enabled which means customers are able to purchase movies, DVD's and other products online.

"There is significantly more products for sale on the site than there is in the store," said Sanderson.

Sanderson said the site is enjoying early success with approximately 2,000 hits per day.

SPORTS

et cetera

The Hawks hockey team didn't repeat as Peter Maybury Cup Champions, but did place a respectable second.

—see "Hawks run"

The Men's Soccer team beat the Algonquin Thunder on their way to a Provincial Championship berth.

—see "Algonquin left"

Hagen tourney conquered by Hawks

by Luc Hebert

Humber College's men's basketball team went undefeated to win the Hagen Tournament held at Dawson College in Montreal, Quebec this weekend.

Humber defeated a tough Southern Alberta Institute of Technology (SAIT) team 66-55 to capture the gold, Sunday afternoon. SAIT dominated the game early on as an 11-0 run helped them build a 15-point lead. Humber managed to

chip away at the deficit in order to close the gap to eight at half time.

"Them cutting the lead to eight at halftime changed the game a lot," said SAIT head coach Peter Sambu. "It changed everything around on us. I knew they would be tough down the stretch so I wanted to preserve our big advantage."

Hawks Head Coach Mike Katz agreed.

"It was really important." It brought us back in the game," he said.

Humber managed to stay close to SAIT for the first few minutes of the second half, and finally took their first lead of the game at the 14:30 mark. Fitzroy Woolrey made his third sensational dunk of the game and Dexter Miller nailed a three pointer from the left wing to cap off a 9-0 run that put the Hawks up by one, 38-37.

SAIT came back to tie the game three times but, the lead was one that Humber would never relinquish.

"This is a big tournament," said tournament MVP Chris Bennett. "This is going to show the whole country that we're a serious team. It's the first step in a long road that's going to end in March. We faced adversity and we were able to come through with the win."

"We're going to have a big target on our chest now. Everybody's going to be gunning for us," added Bennett.

Humber faced the hosting Dawson Blues, in a game where a win would secure them a trip to the championship. Humber was able to come out of the game with an 11-point victory, 68-57.

The Blues dominated the boards in the first half, especially in the offensive end, which helped them score many second-chance points. Their rebounding was a major factor in their five-point half-time lead.

Dawson could not maintain the advantage in the second half where Humber began to control the interior presence of the much taller Blues.

The Hawks turned in a solid shooting performance in order to beat Dawson by 16 in the half. Chris Bennett was the difference as 15 of his game-high 24 points came in the second half.

Humber's third game of round-robin play would prove to be an

excellent preview of the championship game. The Hawks beat SAIT 74-63, but not before the Trojans broke out of the gate with a 9-0 run. Head Coach Mike Katz said he was slightly worried early in that game.

"That's the kiss of death, when a team jumps out to a 10-0 lead," he said. "I'm glad we were able to cut into it."

Humber dominated the second half and built a huge 20-point lead at one point. SAIT managed to drain five three-point shots in the last two minutes of the game to pull to within 7.

Humber managed to break the Trojan press and force them to commit fouls. The Hawks made their shots at the line and preserved the lead.

Dexter Miller had a team-high 16 points - 14 in the second half. Balanced scoring was the key though as Cornell Brown, Marcel Lawrence, and Chris Bennett also scored in double figures. It was the fourth straight game in which four Hawks scored at least 10 points. Humber point guard Jeremy Walters hopes the team gained a lot from the way the team has been distributing the basketball.

"We usually had an outstanding scorer on our team," Walters said. "But I think because we've gelled so well together, we know anybody is capable of scoring."

In their second game of the tournament, Humber played a Friday afternoon game against Vanier College. The affair was one-sided, as the Hawks beat Vanier by 26 points, 77-51.

Cornell "Junior" Brown scored 14 second half points and led all scorers with 16 points.

The game got to the heads of the Vanier Squad, who could not keep their cool on the hardwood. They were also slapped with two technical fouls in the course of being

blown out by a much stronger Humber College team. The story was much the same off the court.

Vanier Head Coach, Andrew Hertzog did admit his team was a young one, stacked with 18-year old players, and played too poorly to win a basketball team. He did, however, take a few shots at the officials and at the Hawks.

"There was stuff going on, on the other side that wasn't being called for technicals," he said. "I think Humber, quite frankly, displayed a complete lack of class." They were the ones acting like 18 year-olds," said Hertzog.

Katz and Assistant Coach Dave DeAveiro said that Vanier players initiated every single altercation that took place in the ball game - one that was tension filled despite the numbers on the scoreboard. Katz was also quick to point out that it wasn't one of his players that were throwing chairs. Katz was referring to an incident in the opening game of the tournament when a Vanier player was charged with a technical foul after disputing a call late in the game.

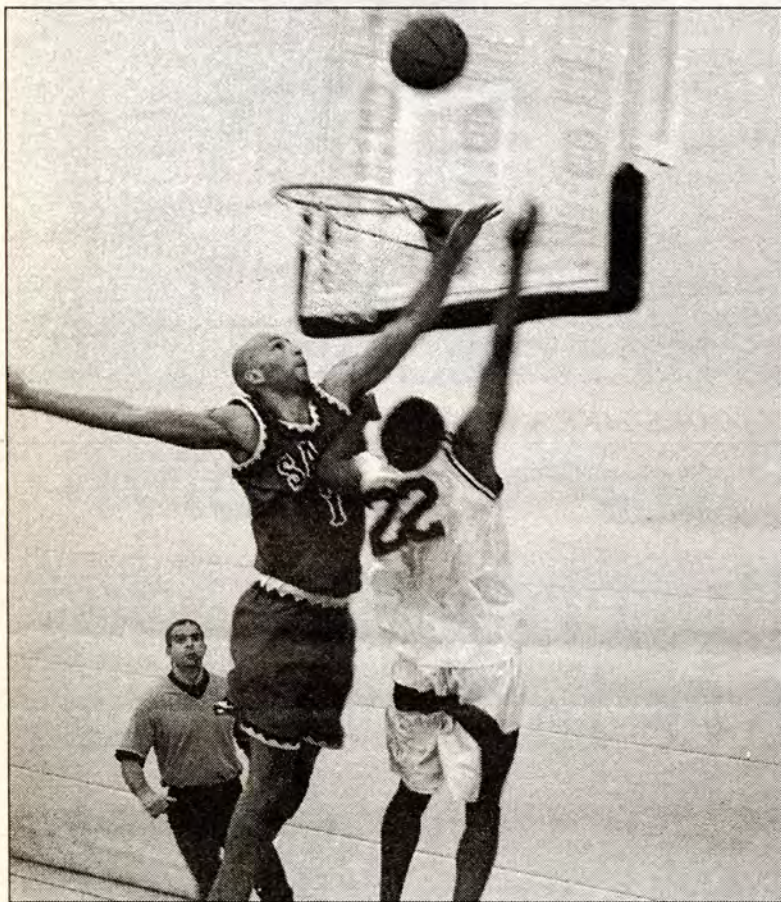
The player then charged over to the sidelines where he hurled a chair against the wall behind the player's bench. The player was ejected from the game and was forced to sit out the game against Humber.

Humber's opening game of the tournament followed the chair-launching festivities in a match-up against Montmorency College (Momo). The Hawks defeated the Nomades easily in a 94-71 rout.

The Hawks jumped out to a quick start and never looked back.

Chris Bennett led the game with a solid 20-point performance.

The Hawks returned on Sunday and will play their next game on Sunday, Oct. 29 against York at the Air Canada Centre.



LUC HEBERT

IT'S IN - The Hawks' Jeremy Walters tries to hit the lay-up over a very big opponent from SAIT.

Lady Hawks annihilate Vikings

by Lindsay Higgs

The Humber Hawks women's soccer team is off to London to compete for the Ontario championships after crushing the St. Lawrence Vikings 7-0 in their quarter-final match-up.

The Hawks were led by striker Joanna Vitale who pounded in three goals for Humber. Allison Read, Lucia Sinisi, Adriana Cataldo, and Filomena Aprile all contributed with a goal apiece.

"We were really focused today," said defender Carla Butera. "I think that everyone realized that this was a do or die game and that we had to win or we would be out for good."

Humber was inspired by a speech, Cataldo conducted before the start of the game.

"Adriana gave us an extremely emotional speech before the game," said Butera. "It got us focused for the beginning of the game."

"If it wasn't for my speech, we probably wouldn't be as pumped up for the game as we were," said Cataldo.

Hawks coach Mauro Ongaro was pleased with the team's efforts in the game.

"We played a very composed game," said Ongaro. "After the first ten minutes of play, we started to capitalize on our chances and our opportunities."

The Hawks will now move on to the semi-finals of the Provincial championships, which will be held this weekend at Fanshawe College in London.

"If we play like we are playing

now, we will do fabulous," said Read. "However, we can't take these teams for granted."

Cataldo said the key to winning the Ontario's would be communicating on the field between one another.

"Moving the ball around the field and talking to each other are the things that will keep us together and make us successful."

Humber has had trouble in the past in tough game situations, however, Ongaro said now that won't be a problem.

"I think the girls understand that we can't change our game," said Ongaro. "We are a very skillful team that isn't successful playing a kick and run type of game. We have to play our game and let the teams adjust to us."



LINDSAY HIGGS

YOU'RE MINE - A Viking player tries to catch Hawk midfielder Rosa Andriano as she makes her way up field.

The Humber Hawks men's and women's soccer teams will both be competing at the OCAA championships this weekend at Fanshawe College in London, Ontario

Humber's women's basketball team fall short in their latest exhibition tourney in Montreal.

-see "Hawks lose"

Did you know that the men's soccer team has qualified for their eighth consecutive Provincial championships

Algonquin left thunderstruck

by John Edwards

The Humber Hawks men's soccer team weathered the storm of the Algonquin Thunder with a 2-0 victory in the OCAA quarter-finals to advance to their eighth consecutive Provincial championships.

Hawks Head Coach Germain Sanchez said Algonquin came into the game with the Hawks with a bit too much confidence.

"They thought they were just going to run over us," Sanchez said. "They got a little bit on the rough side, but we kept our cool, did not even get one card and we did just fine."

Humber forward Jesse Calabro netted a goal in his final home game at Humber.

"Even though it is my last game at Humber, it feels good to go out

on top," Calabro said.

The Hawks took control early in the game by getting several scoring opportunities.

Hawks defender Jeff Tait scored on a header off of a Mark White corner kick to put the Hawks up by one.

Humber played a strong defensive game to keep the Thunder offense at bay.

"Unbelievable game by the defence. I have to give credit to them for this shutout," said Humber goalkeeper Mike Silva.

Tait said the Hawks' defence was ready to put in a solid effort against the defending Provincial champions.

"We wanted to come out strong and show them that they're not going to get past us," Tait said.

The Hawks Jason Mesa, who returned after a two-week layoff

with an ankle injury, said the team knew they had to be disciplined.

"This game was really important to everybody on the team, so we all knew that we had to keep our heads in the game," Mesa said. "This team knocked us out in the finals last year and everybody wanted to get them back, so I think that gave everyone great incentive to keep our heads in the game."

White said the team is on the rise at the right time and he hopes it pays dividends.

"I think our season is really peaking now. A lot of the players on the field today were at their best. We just have to go out there and do our best," White said.

Sanchez expects the Hawks to be at the big dance.

"Like anything else, this is do or die, and we'll be there probably at the end," Sanchez said.



JOHN EDWARDS

WHEN WORLDS COLLIDE—Hawks Jesse Calabro (right) and Danny Mantero (back left) collide on this play with this Algonquin player. The Hawks won the game 2-0.

Hawks run into Golden Shield at Maybury Cup

by Jason Thom

The Humber Hawks hockey team came up two goals short in their defense of the Peter Maybury Cup which featured teams like the Mohawk Hawks, Monroe Tribunes, Cambrian Golden Shield, Seneca Sting, and St. Laurent from Montreal.

The Hawks opened the tournament on Friday night, beating the Monroe Tribunes from Rochester, NY 5-3.

Humber goalie Brent DeNure got the call and stopped the Tribunes on 10 shots in the first period.

The Hawks then started to pour it on in the second period.

Chris Pugliese opened the tournament scoring early in the second on the power play when he walked in from the side of the net and jammed it past Tribunes goalie, Marciano Chinappi.

Less than 30-seconds later, Kevin Coffey was introduced to his new teammate as he one-timed a Pugliese centering pass out of the air to make it 2-0.

At the midway point of the second period, Monroe scored three unanswered goals in under 40-seconds, which put the Hawks down 3-2.

After the third Tribunes goal, Hawks Head coach Joe Washkurak pulled DeNure in favour of Terry Gilmer.

The move worked to perfection as Jamie Visser tied the game three minutes later with a bullet that fooled Chinappi on the short side.

Then it was Eric Hobor's turn as he scored on the power play to put Humber back on top 4-3.

"My linemates are great. We've been gelling really good over the past few games and it just takes hard work, focus and being prepared to play," Hobor said.

Shane Mitchell added another goal to make the final 5-3 with Hobor picking up player-of-the-game honours with a goal and an assist.

The second game of the tourney featured an all Hawks match-up, as Humber battled the American's Mohawk, at Westwood Arena.

The game started innocently when Humber's J.J. Dickie opened the scoring with a wraparound that caught the Mohawk goalie out of position for a 1-0 lead.

Then things got ugly.

In under four and a half minutes, the Hawks scored five goals and held Mohawk to only three shots as they took a 6-0 lead into the intermission.

The second period held an even bigger deficit for Mohawk as Colin Gillespie scored two of Humber's three goals in the period. Mohawk did get one back to make it 9-1.

That's all that Mohawk would muster, as the Hawks picked up five more goals in the third to make the final 14-1.

Gillespie, the Hawks assistant captain had three goals and four assists on the night and was named player of the game,

but he pointed to the team's discipline in the game as a key factor.

"You have to look at the last two or three games we've had. Our penalty kill and our power play have had some goals scored against us," Gillespie said. "That's where our downfall is, because 5 on 5, no team can beat us."

Coach Washkurak agrees with his veteran forward.

"All year, the games that we have lost, the penalties have killed us," Washkurak said. "So we stayed out of the box and didn't have to kill some penalties off and they took some penalties and we scored five power play goals."

The Hawks struck first against the Golden Shield, when Jamie Visser took a centering pass from Shaun Gibbons and fired it under the Golden Shield keeper Jason Maslakow's glove.

Penalties came in to play, when late in the first, Shawn Kane took a double-minor for roughing and unsportsman-like conduct.

A minute into the first penalty and less than a minute left in the period, Wayne Theriault of the Golden Shield took a

rebound off the end boards and put it in the wide open cage to tie the game at one.

It stayed that way until late in the second period when Marshall scored his third of the weekend off of a bullet from the top of the circle to put Humber back up 2-1.

Then, with the Hawks short-handed again, Chris Campbell of the Shield took a centering pass from Darren Debie and went forehand with it, to knot the game at two.

Just as it looked like it was going to stay that way into the intermission, Nathan Roberts blasted a shot from just over centre on a harmless looking play that beat Crocker to put the Golden Shield up by one.

In the first 10-minutes of the third it was all Cambrian.

The defence that held the Golden Shield to just seven shots in the second period was caught standing around on two Cambrian goals.

The score midway through the third was 5-2 Cambrian and the Hawks looked tired, sluggish and sore.

Cambrian put the final nail in the coffin with just over a minute left in the game on an empty net goal by Roberts.

The Hawks added another to make it a 6-4 but the Golden Shield still came out on top as the Maybury Cup champions.

"The guys put out a good effort today and it's nothing to be ashamed about," Crocker said. "We have to decide if we want to win games or not because we could have killed those guys easily."



JASON THOM

FACE TO FACE— A member of the hockey team takes the face-off against an unknown foe.

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Hawks lose in tourney, but play competitive ball

by Patrick Campbell

Although their record didn't show it, the Humber Hawks women's basketball team bared their claws and displayed grit and determination this past weekend.

The Hawks had their first three exhibition games of the season in Montreal. After losing all three games, the Hawks were still in good spirits and looking forward to starting the season with a little experience under their belts.

"We improved as each game went on," said Head Coach Denise Perrier. "Even though we lost all three games, the score doesn't really reflect what we accomplished over the weekend."

The Hawks faced a tough, fast John Abbott College in their first game of the tournament. The Hawks came out flat, falling behind 21-13 before clawing back to within two points just minutes before the end of the half. The Hawks came out in the second half, bruised and battered, and fell behind by 14 after John Abbott went on a 12-0 run. The Hawks couldn't get enough momentum to close the gap and ended up losing 70-44. The Hawks fought tough, led by Elaine Morrison and Brenda Chambers who had nine and seven points respectively.

"It was our first game, and we were nervous. We really need to work on our plays," said second year, and star forward Beth Latendresse.

"A lot of these Quebec teams have played six or seven games already. The second half we came out and couldn't hit anything," said Perrier.

The Hawks were back at it the next morning as they took on Montmorency College. With this being only the second game for this year's Hawks, the team adjusted extremely well to the Quebec team's fast paced style of basketball. The Hawks started the game off going back and forth with Montmorency before giving up two back to back 6-0 runs. The Hawks fell behind 27-13 and were hounded by Montmorency's trap defense, which forced the Hawks to turn the ball over many times. The Hawks' turnovers allowed Montmorency to mount an 8-0 run and end the half leading 47-22. Montmorency went up by 35 points, midway through the second half, before the Hawks initiated a 9-0 run which cut the deficit to 22 points. But that was as close as the Hawks would get as Montmorency slowly pulled away

taking the game 84-61. The Hawks were led by Morrison and Filomena Aprile, who each had 16 and 11 points respectively.

"We did really well considering we hadn't played a game until we got here," said third year player Brenda Chambers. "We're rushing too much. We're looking at the first shot. We need to get the second and third options in there."

The third and final game proved to be the best for Humber. The Hawks took on the host, Vanier Cheetahs. The Hawks traded basket after basket with the Cheetahs before Vanier pulled ahead 15-7. However, the Hawks quickly erased the deficit and was within five points, trailing 17-12. The Cheetahs slowly pulled away with runs of eight, six, and four to close out the half. The Hawks scratched their way back to within nine points and went into the dressing room trailing 39-30. The Hawks came out of the dressing room inspired and proceeded to begin the second half with a 4-0 lead to pull within three points of Vanier. The Hawks continued to close the gap after a three-pointer from Morrison tied the game 43-43. The Hawks hung on going nose to nose with the Cheetahs led by Beth Latendresse's 17 points. Morrison chipped in with 12, while Jennifer Gilchrist had 10 points. The Hawks fell behind by three in the dying minutes of the game, until the Cheetahs went on two 6-0 runs to close out the game, 66-62.

"We are definitely a fast break team, but the Quebec teams are fast and have more experience right now," said Chambers.

"I thought our defence was great. We picked up our defence at each game," said Perrier. "We're competitive now. It's the matter of getting things together. I was really proud of the team and they really progressed. We'll take what we learned this weekend and build from it."

"I knew the game would be close, despite what happened in their other games," said Vanier Head Coach Mireille Beland. "The game was back and forth until we took the lead, which was good for our team. We wanted to play tight defence on number fourteen [Morrison]. She is a good ball player and she can drive to the basket. We tried to stop her from cutting the corners, but then she hit some three pointers on us."

The team is expecting better things when they host George Brown on Nov. 1.



PATRICK CAMPBELL

SATURDAY NIGHT FEVER - The Hawks had the opposition going disco last week, especially on this play.

Women's volleyball spike foes on way to silver medal

by Jeff Neal

The Humber Hawks Women's volleyball team played their hearts out last weekend, capturing silver in the Sheridan College Power Paws Invitational Tournament.

The team's round robin record was a solid 9 - 1 going into the play-offs as they went on to lose the gold medal game to St. Clair College.

"I thought we played pretty good. Defensively, Niio [Perkins] setted really well, and we came together as quickly as we should have and started the tournament with two wins," co-captain Jen Edgar said.

Humber's first two wins came against Durham College 25-12, 25-8. In the second match the Hawks faced the 1999/2000 OCAA silver medallist Cambrian College and split the match 26-24, 17-25.

"There shouldn't have been a loss. We had to overcome a lot of obstacles this week, one being we lost the voice of the team, Michelle Richmond, to injury (left knee). Everyone did a swell job and we overcame," centre Niio Perkins said.

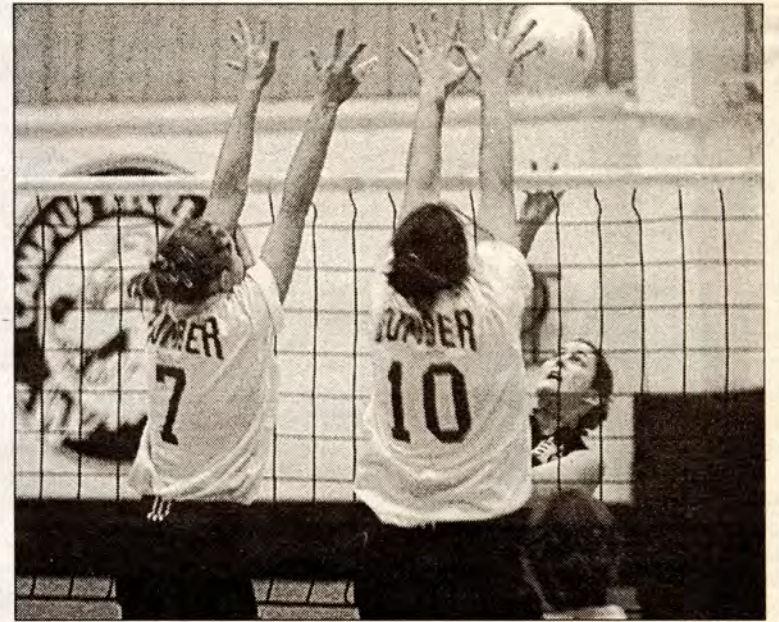
Richmond, who supported her team from the sidelines, praised her fellow teammates.

"They were good. We're clicking more than in the Michigan tournament and as a team every game. The rookies are stepping up as if they were playing with us for years. We are reading the plays and playing really well. I'm proud of them."

"The girls are very coachable. It's better to lose these games now, learn from them, and make the proper adjustments to be able to win down the road in February and March," Assistant coach Chris Wilkens said.

In game three Humber beat the Sting 25-22, 25-20, then went on to beat the Colts 26-24, 27-25 and Lancers, in two straight sets of 25-13.

"They are the defending champs and since we have been in the league, 12 years, they had a terrific program. We always expect tough



JEFF NEAL

YOU GOT NOTHIN' - Two members of the Hawks volleyball team prevent an opponent from getting a point in the Sheridan College Power Paws Invitational Tourney.

matches from them. We had a few miscues, hesitations, many little things, but that's what makes good volleyball. It was an enjoyable match," Seneca Sting Coach Frank Sulatycki said.

Hawk's Head Coach Dave Hood explained that they couldn't only play tough against the good teams in fear of losing their edge.

"We have to learn how to play at our peak level against less disciplined teams so we are improving and don't drop down a level."

The semi-final match pitted Humber against the host Sheridan Bruins. Sheridan forced the Hawks to a playoff match in which setter/power Krista Schaff led Humber to a comeback win over the Bruins 25-16, 14-25, 15-13.

"They served us off the court. Number 12 (Schaff) was back there when we were leading 11-4 and she served us tough. The team coping with injuries came up and played real big. We had it and let up," Sheridan Coach Michael Brandeth said.

And what was running through the mind of Schaff, who's serving

arm was wrapped in ice and hurting more and more as the tournament went on, during that crucial moment?

"I don't know. In the semi-finals you play hard and go get the gold medal game, or you lose and play for the bronze."

The Hawks battled St. Clair for the gold but were beaten 16-25, 12-25.

"We let the other team get more points than us," said Hood. "We let them get on streaks and we let them get strings of four, of five, it was up to 10-1 as part of it. To comeback to win is a difficult situation."

"I'm really pleased with the way they played. We are so banged up right now it's absolutely ridiculous. We got starters who aren't playing, people in positions they don't normally play, no defensive specialist, but I'm just really pleased. I think we showed so much progression and so much heart to be down on Sheridan and come back and win, that it was unbelievable, without ever giving up we didn't let Sheridan win the game."

Men's volleyball team comes up short in first tourney of new year

by Randy Cooray

Despite a strong preliminary round, the men's volleyball team lost in quarterfinal action to the Ryerson Rams at the Durham Cup in Oshawa over the weekend.

The Hawks finished with six points in round one but fell to a stronger Ryerson team. Though the tournament was just a pre-season affair, many feel disappointed in not making it to the final.

There is potential to make the final," head coach Wayne Wilkins said. "If anybody says that we do not have what it takes to make the final, then they don't know what they are taking about."

Team captain Carter Walls says his team did well but their mechanics had to be worked on in order to succeed.

"We saw a lot of good things and bad things too. We have a lot of work to do, but it is only October so I think we will be fine later on," Walls said.

Walls says one problem the team had was its passing, which could not get much opportunity to properly set-up in their final match.

"The passing did allow us to establish a middle and everything was going down the side and they [Ryerson] have two huge blockers so our guys couldn't do anything,"

Walls said.

The set-up of the tournament was a two-set match up to twenty-five where the winner claimed a point for winning the set. Wilkins said tournaments early in the season contribute to more injuries. But other than physically, Wilkins feels the team should be more mentally prepared as well.

"I know I remind them to stretch because it is going to lead to injuries. We have been working hard the past three weeks but I think the guys weren't mentally ready," Wilkins said.

Next game for the Hawks is another tune-up against Niagara College on November 2nd.

BIZZARTIFACTS *et cetera*



Happy Halloween!

HALLOWEEN HORROR HELL

- It is estimated that between the 15th and 18th centuries, approximately two million people were executed for witchcraft. Eighty percent of them were women.
- "Lambs wool" is the traditional drink of Halloween, made of roasted apples mashed in ale or milk.
- It's an old Halloween tradition for females to peel an apple in front of a candle-lit mirror. If an unbroken rind is achieved, the image of the future spouse should appear in the mirror.
- The owl, one of the symbols of Halloween, was considered by some to herald illness and death. They took the important job of escorting the dead to the spirit world.
- In some ancient cultures, bats were thought to be the ghost of a person not yet reincarnated.
- The Irish, who had placed candles in carved turnips, found this vegetable hard to come by and used pumpkins which were readily available and easier to carve. The purpose of this "Jack-o-lantern" was to ward off spirits.
- In the 19th & early 20th centuries, Halloween had turned into a night of vandalism. Beginning in the 30's, Halloween gradually transformed into the modern ritual of trick-or-treating.

Source: www.heavenlywebs.net

Say What? "1993"

"I came here to two things: drink some beer and kick some ass. Looks like we're almost out of beer."
-Dazed and Confused

"Kill 'em all, we'll let the paramedics sort 'em out."
-The Program

"Legend had it, that his shadow once killed a dog."
-A Bronx Tale

"I'm not the thief. I'm not the one charging eighty-five cents for a stinking soda!"
-Falling Down

"I am the anti-christ. You tell the angels in heaven that you've never seen an evil so singularly personified as you did in the face of the man who killed you."
-True Romance

"I am recognizing that the voice inside my head is urging me to be myself and never follow someone else. Because opinions are like voices, we all have a different kind."
-Steve Biko (Stir it up) A Tribe Called Quest

"There's a shark shaped fin in the water of my dreams, an alligator screams from the depths there. But I could swim with you there."
-Fripp Catherine Wheel

What's your sign?

LIBRA
23 September - 22 October
You should be thinking about making some changes in your life. And we don't mean getting a new haircut or going on a strict diet. You should really do something about your breath, and please, please pluck those nose hairs.

ARIES
21 March - 19 April
The leaves are changing colours, so it's time to clean that pig sty you call a bedroom. Set up some mouse traps and take out the trash.

SCORPIO
23 October - 21 November
The stars are not in your favour and it's just not in the cards. It was never meant to be. But then again look at yourself. You are a big joke Scorpio.

TAURUS
20 April - 20 May
Tired of reading all of those sad, depressing horoscopes? Well too bad Taurus, things aren't going to look better. Buck up soldier and look forward to next week.

SAGITTARIUS
22 November - 21 December
Look into things that might improve your sex life. But no porn, no dirty magazines, and no Sue Johanssen. Try a different approach. Watch Passions

GEMINI
21 May - 20 June
Psychologists recommend writing down your dreams because it could lead to miraculous realizations. Well, in your case, it might lead to a straight jacket wardrobe. Remember, no written documentation, no proof.

CAPRICORN
22 December - 20 January
If you decide to stay in and hand out candy this Halloween, watch out for children dressed up as politicians. They are possessed and corrupt. You can fend them off with bleach in the eyes.

CANCER
21 June - 22 July
When was the the last time you prayed to the porcelain gods, Cancer? Maybe it's time for some good 'ol debauchery. It couldn't hurt, okay, it could hurt. But it's a good time. Bottoms up!

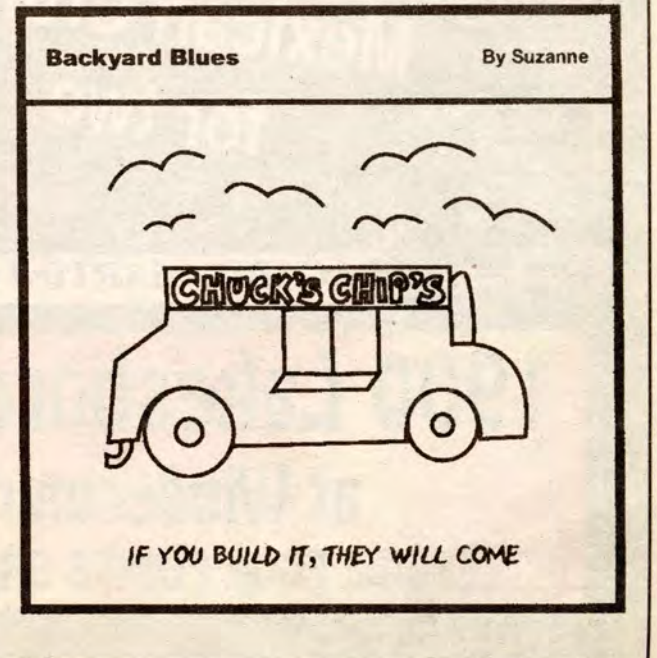
AQUARIUS
21 January - 18 February
You know that really dumb, ugly shirt that everyone gives you flack about? Well screw them, you're good enough, strong enough, and dammit people like you.

LEO
23 July - 22 August
Bored? Go around and ask people, preferably strangers to pull your finger. Mayhem and/or beatings are sure to ensue.

PISCES
19 February - 20 March
Can you see your reflection in the water? It's probably a good thing since you've lost track of yourself lately. Time to tell her to find another sucker.

VIRGO
23 August - 22 September
Planning to go out trick or treating? Avoid eating milk duds and Eat-mores. It causes hair to grow on your lips and eyelids. Eww!

For entertainment purposes only.





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