

Humber et cetera

Up, up and away!!!

page 14

The skinny on smokes

page 11

SPORTS



Lady Hawks crush Durham
page 18

ARTS



Don't worry, folks, rock 'n' roll just got Radical
page 15

LIFE



It's the salon way or no way ...
page 13

Humber grad's killer pleads guilty

by LAURA SCRIVER
Et Cetera Staff

May she finally rest in peace. The long awaited trial of Herbert Cheong, the man accused of pushing a former Humber student to her death at the Dundas subway station on Sept. 26 of 1997, began and ended

on Monday, when he pled guilty to second-degree murder.

Charlene Minkowski, 23, came to Humber in 1993 for the legal assistant program and had begun working as a law clerk for Baker and McKenzie just three weeks before her death. She was also recently engaged.

She was pushed from the subway platform while returning from running an errand for her employer. Ironically, she and her fiancé had originally planned to take the day off to spend together.

Why was she killed? According to Cheong, because she was pretty. "She was a model type girl, that, always seemed to want to criticize me," he said in a videotaped interview submitted to court.

Cheong, 42, is a paranoid schizophrenic with a previous record of violence.

Before the trial Crown Attorney, Paul Culver, had to explain to the family that "it is very difficult when a mental illness is involved. We can't go for anything more



PHOTO COURTESY OF THE TORONTO SUN

Herbert Cheong, 42, a paranoid schizophrenic with a previous record of violence, pled guilty to second-degree murder.

than second-degree murder. He will receive a life sentence, it's just a matter of parole eligibility."

The day he pushed Minkowski to her death Cheong had been asked to leave the rooming house he had been staying in and had just come from the Public Trustees' Office at Bay and Dundas Streets, where he had been waiting for two

hours to see someone who was unavailable.

According to the Toronto Star, angry and feeling wronged, he walked to the Dundas subway station where he waited for 17 minutes and two trains before picking out someone to "get back."

see GIRL PICKED OUT page 8



PHOTO COURTESY OF THE TORONTO SUN
Charlene Minkowski, 23, came to Humber in 1993.

Pub patrons fume over smoke

by JACK TYNAN
News Reporter

There was a bit of excitement at Caps with a Friday afternoon dust-up over a lit cigarette.

One man was smoking in a non-smoking area. Another man must have been a non-smoker.

The non-smoker, described by patrons as wearing a yellow jacket, approached the smoker and asked him to put out his cigarette and a heated altercation ensued.

Only one punch was thrown as quite a crowd gathered to watch or support a friend.

"(There was a) huge crowd of spectators and a huge crowd who

looked like they were in the fight," said Katie Baunbridge, a first year Journalism student who saw the altercation.

A friend of one of the men involved in the argument pushed through the door of the snack bar and an employee shut the door to separate the two.

Off duty contractor Paolo Binotto said that the man in the yellow jacket left the pub to phone security and then came back and confronted the smoker.

Binotto watched the altercation from across the pub.

"It was kind of childish and immature. (They) risk their entire education over a little scuffle," said Binotto.

Security was on the scene

quickly, but according to some patrons, looked a little bit tentative. Caps employees played a big part in breaking things up.

"Security looked scared. Caps (employees) weren't. They were in between the men," said Mike Peterson a Civil Engineering student.

But the two men were no lightweights.

"They were big dudes," said Peterson.

"Security guys didn't do much," said Katherine Aitsken a first year Journalism student. "They let the little Caps guy do it all."

Gary Jaynes, Humber's Director of Public Safety said that the role of security is not to get

into a physical altercation.

Security was able to escort the men out of the pub.

One police officer who happened to be at the College was on the scene.

The incident is currently under review and implications for those involved should be sorted out by next week.

There are very few fights in Caps, especially on Friday afternoons said Caps manager Steve Portt. Caps has a pretty clean record and even Friday's incident was broken up before becoming too serious.

"It was pushes more than punches. It was over a cigarette, figure that out," said Portt.



The Simpsons go Beatles with Yellow Album???
page 17

Visit our award-winning web site



Right inside

"Strip clubs, skiing, and French people."

- the kids in the halls -

What are the first three things you think of when someone says "Quebec"?



Lenny Goodwin 2nd year Creative Photography student
"Strip clubs, skiing, and French people."



Carla Weil 2nd year Advertising & Graphic Design student
"Trouble, culture, and French."



Rick Ure 2nd year Apprenticeship Electrician student
"French, Nazi-leader, and the big Bon Homme guy"



Stuart Stark 1st year Multi Media student
"Separatism, ignorance, and Lucien Bouchard."

Coming Events

DECEMBER 3

- Varsity Men's Volleyball vs Redeemer at 6 p.m. in athletics
- Varsity Men's Basketball vs Sheridan at 8 p.m. in athletics
- HRT teachers vs Varsity Co-ed team in charity basketball game. Proceeds will go to Make-A-Wish Foundation. \$2 fee. Great door prizes.
- Christmas Tyne Vendors Fair in the concourse 9 a.m.-5 p.m.
- White Ribbon Campaign for awareness of domestic violence, there will a booth in the lower cafeteria at Lakeshore till December 4
- Grad Photos till December 4, sign up in the SAC office

DECEMBER 4

- Murder in the Humber Room

DECEMBER 5

- Lakeshore Arts presents Wayson Choy at Heritage Soups Cafe 8 p.m. \$4, \$12 for admission and wine and snacks
- Varsity Men's Basketball vs U of T (Ex) at 7 p.m.
- Varsity Men's Hockey vs Seneca at 7:30 p.m.
- Humber Children's Christmas Party

DECEMBER 9

- Varsity Women's Soccer vs George Brown at 4:30 p.m.
- Varsity Women's Volleyball vs Niagra (Ex) at 6 p.m.
- Varsity Men's Volleyball vs Niagra at 8 p.m.
- Movie Night in the Lecture Theatre at 6 p.m. featuring "Ever After"
- SAC Hotseat in the Student Centre 10 a.m.-2 p.m. Your opportunity to ask questions of SAC, free food and drink

DECEMBER 10

- Varsity Men's Basketball vs Centennial (Ex) at 8 p.m.

Humber news site hits cyber-stands

by COREY KEEGAN
Editor

If it were discovered that a mild-mannered reporter named Clark Kent was in fact a superhero you would be sure to find the story on Humber's new web site.

The Daily Planet (www.thedailyplanet.com), which went on-line last week, is the name of the School of Media Studies' latest internet publication, a site devoted to news about news and journalism around the world.

Ted Stuebing, a now-retired vice president of news at



CFTO, was responsible for the project's genesis, and along with site manager Jennifer Oxley, is now encouraging Humber's students and staff to check it out.

The site is updated daily with news Stuebing gathers from other media outlets, and his many contacts in Canada's major media. He said he

begins his daily search for stories early every morning, and spends about three hours monitoring breaking news. He said the site will focus on events that have happened and will steer clear of speculative reports.

A news superman in his own right, Stuebing was hired by the School of Media Studies

with the expectation that his presence would benefit Humber's journalism program.

"(Stuebing) really knows the business, and is a distinguished Canadian... someone with his stature and reputation is almost certain to raise our profile," said Media Studies' director William Hanna in a previous interview.



Humber students play foosball at SAC's Fun Day on November 25 in the Student Centre.

News

"It is much cheaper to get a college diploma than it is to get a degree."

College graduates better prepared for workforce

Maclean's magazine says enrolment levels show students are beginning to come to this realization

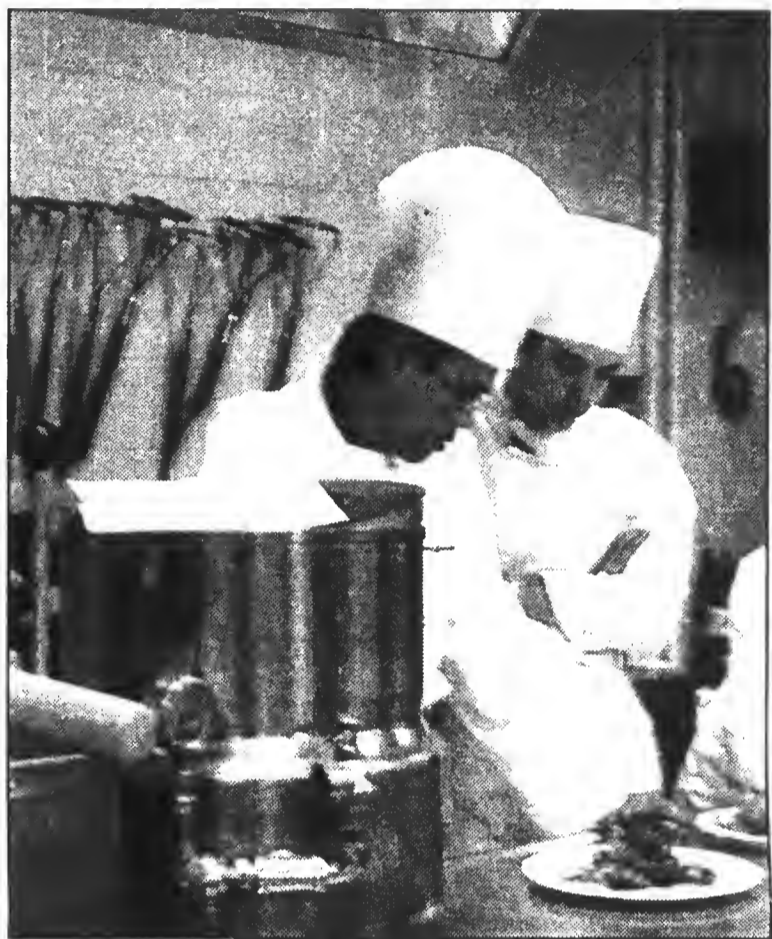


PHOTO BY CAMILLA PINTER

Programs like Humber's Culinary Arts are available to university graduates who are unable to find employment.

by CAMILLA PINTER
News Reporter

A recent article published in *Maclean's* magazine said that the exalted university degree is fast losing its traditional allure to the more prosaic college diploma.

Maclean's reports that colleges are not yet beating university enrolments, but in many parts of the country, university enrolments have been flat or declining.

The cost of tuition has many students rethinking a university degree. The typical diploma carries a tuition of \$1,500 to \$2,200 a year, while a university degree is in the \$3,300 per year range and rising.

"It is much cheaper to get a college diploma than it is to get a degree," said Valerie Farrell, a second-year Marketing student.

The rush for jobs also plays a major role in determining why many students choose a college.

"Most jobs in manufacturing or in the work force require practical skills," said Cy Bulanda, student services coun-

sellor. "Colleges are more in demand because they turn out people with practical skills."

"I think colleges can help students find jobs much faster because their programs relate to more specific trades than university programs," said Meaghan Mulhall, a second-year Nursing student.

"The key to a student's success these days is the amount of related work experience they have," said Karen East, career services employment advisor. "Here at Humber, one of the goals we have is to ensure that each student has related work experience by offering them a field placement."

The *Maclean's* report said most larger colleges report up to 30 per cent of their students already have a university degree. That trend has colleges growing and universities rethinking their roles as students question the value of investing six or seven years to get the right mix of the theoretical and the practical.

"They have the theory and now they need the practical

skills. Humber itself has a large number of students who already have a university degree and now want the practical skill," Bulanda said.

"The employers still require a degree for certain levels of employment," East said. "The difference here is nowadays the employers want the employees to be up and running very quickly. The college has the ability to provide the technical skills that are most required by the entry level positions."

"The college is ideal [at] teaching students the practical skills they need in the workplace such as computer skills and cooking skills, whereas universities teach students how to learn," said Lyndsey Martineau, a first-year Legal Assistant student.

According to *Maclean's*, large colleges like Humber have a job placement success rate in the range of 90 per cent.

"University students come to college to get the practical skills the universities didn't offer them," said Jenna LeBlanc, a second-year Public Relations student, and university graduate.

New subsidy program introduced to support computer sciences

Humber's computer programs will receive \$2,000 per student as long as student enrolment continues to rise; Humber enrolment is currently well ahead of the game

by LOUIS TSIKTSIRIS
News Reporter

The low number of computer programmers and systems engineers graduating from post-secondary institutions has caused high-tech companies to lobby the Ontario government for help.

The government responded by proposing an incentive program, ATOP (Access To Opportunity Program), which would give universities and colleges an incentive to increase their enrolment in computer and engineering related programs.

The 1998 Ontario budget provides \$150-million over three years to double

entry-level enrolments at universities in computer science and high demand fields of engineering by September 2000, and to increase entry-level enrolments in related college programs by 50 per cent over their 1995-96 enrolment levels.

"It's a really nice opportunity for us. These are programs that require a certain [amount] of capital. Across the province . . . we'd be one of the top three when people talk in terms of the computer program," said Louise Bardswich, the chairperson and director of Humber's Info Tech division.

Registrar Victor Chapman said Humber has targeted three programs eligible for the ATOP program: computer

programmer, computer systems engineering, and a new program called computer programmer analyst.

Humber will receive a special operating grant of \$2,000 per student, as long as the college keeps increasing its enrolment until it reaches the 50 per cent requirement by the end of 2000-2001 school year.

The Ontario government expects the students to stay in their programs for the funding to continue.

But colleges aren't restricted to the 50 per cent growth. Humber has almost reached its goal two years ahead of the deadline, and will be far ahead of the required number of students by the fall

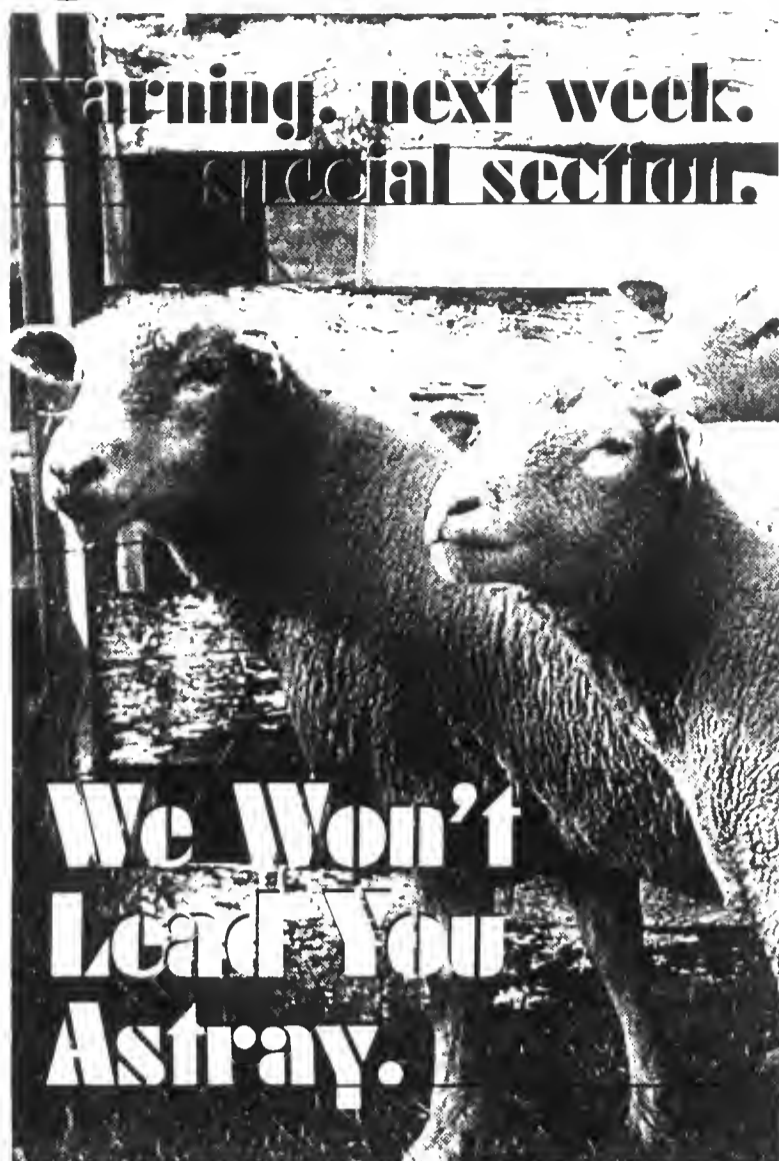
of the 1999-00 school year.

Humber's base year enrolment was 244 students.

This year Humber has 287 first-year students in the computer programs for which the college is eligible to receive money, and by next year enrolment will be at 386 students.

To make room for all these extra computer students in an already crowded school, some programs may be moved to the Lakeshore campus.

"These are programs that require a certain level of capital. We want [the programs] to get better. The ATOP program gives us the opportunity," said Bardswich.



Warning, next week.
Special section.

We Won't
Lead You
Astray.

Student asking for help to bring holidays to homeless

by JENNIFER BARR
News Reporter

SAC and CAPS are planning to help a student organize this alternative Christmas charity campaign.

Instead of the usual canned food drive at Caps, third-year journalism student Andrew McKay has suggested assembling gift bags with sandwiches, muffins, candies, and cigarettes and also if possible a dollar or a McDonald's gift certificate. These packages will be personally delivered by McKay and anyone else who would like to volunteer.

Students and faculty can help

by donating old clothing or their time towards the event. Volunteers are needed to tend to tables that will be set up in the Student Centre and in the concourse near Tall Hats to collect donations.

Caps manager Steve Portt has also agreed to use three Thursday night pub nights in December as fundraisers by charging each student a small cover charge to donate towards the campaign.

If you have any questions or would like to know more about this event, contact Andrew McKay in the newsroom on Thursdays or Fridays at ext. 4513 or 4514.

Distracted driver flees scene of accident

Driver of the car charged by 23 Division police

by TREVOR HACHÉ
News Reporter

There was a bizarre hit and run accident at Humber's north campus last Monday.

A car, travelling at high speed, smashed into one of the steel barriers protecting the security booth between Lots one and three.

The accident occurred between 6:35 and 7 a.m.

Donna Pieper, of the 23 Division of the Toronto Police Service, said that the '95 Mazda 626 contained four people - two males and two females, none of whom were known to live in residence.

The driver, who claimed he was distracted while adjusting the tape player, was charged with failing to report the accident.

Stephanie Wardell, 20, a first-year architecture student said the car was in rough shape when

she drove by at 7 a.m.

"I saw the car, the whole side and hood of it was squashed," she said. "I thought it was the security guy's car, but then I saw it was smashed and I thought, he wouldn't leave it there."

Humber's Manager of Public Safety, Nancy Pinson, said that when a security officer arrived at the scene, no one was in the car.

As far as Pinson knows, this is the first time something like this has happened at the college.

Humber arboretum kicks off X-mas Saturday

Hay rides, carols, and crafts highlight 16th annual outdoor Christmas party

by JENNIFER PECK
News Reporter

If taking hay rides, singing Christmas carols or creating holiday crafts sounds like fun, you'll want to attend this Saturday's arboretum winter celebration.

The celebration is entering its 16th year and is put on by Humber Arboretum staff.

It will be held Dec. 5 from 10 a.m. to 4 p.m.

Christine Fraser, Nature Centre and Arboretum co-ordinator, said the event is for all ages and many look forward to the food and the different activities.

She said families can receive free hayrides and face painting, and go on hikes and nature walks.

Christmas trees of all sizes will also be on sale, as will homemade ornaments.

"There will be Christmas crafts in the building for sale and tables will be set up for children and adults to make their own crafts (at no cost)," she said.

Hot dogs, chili and hamburgers, along with

drinks like hot chocolate and apple cider are offered for a small fee.

"People are already calling us up asking for the biggest tree and many people come back for the vegetarian chili," she said. "They look forward to it... people coming together to enjoy this holiday season is what it's all about."

This year, the Humber College public relation students are helping out by creating the theme: Secret Garden - Treasures of The Season.

Fraser said they usually have a good turn out of more than 500 people.

She said the event is enjoyable for any age.

Santa Claus will be paying a visit as well as child entertainer David Fox.

This event can even put Scrooge into the holiday spirit, according to Fraser: "You can get a sense of that good old fashioned holiday season... take time to relax and enjoy nature."

The Arboretum is open year around and offers many events such as nature and craft programs for both children and adults.

The centre is located at the North Campus.

MAKE THE
OFFICIAL LANGUAGE
MONITOR PROGRAM
WORK FOR YOU!

Looking for an opportunity to work in another province? Need to brush up on your French skills? Spend a year in Quebec or New Brunswick!

Check out the Official Language Monitor Program. We promise an exciting and engaging experience. As a monitor of English you will work with a teacher in a classroom, part-time or full-time, to promote your language and culture.

If you are a Canadian Citizen or permanent resident, have at least one year of postsecondary studies and you want to work with students, then the Monitor Program is for you!

For further information see your

- Career Placement Centre
- Financial Aid Office
- French Department
- Registrars' Office
- Graduate Studies Department

or contact the

Provincial Co-ordinator
Official Languages Monitor Program
Curriculum and Assessment Policy Branch
16th Floor, Rm 1622
Mowat Block, Queen's Park
Toronto, On M7A 1L2

Web Page:
<http://www.cmec.ca/olp/>



Government of Canada
Gouvernement du Canada



Province of Ontario
Province of Ontario

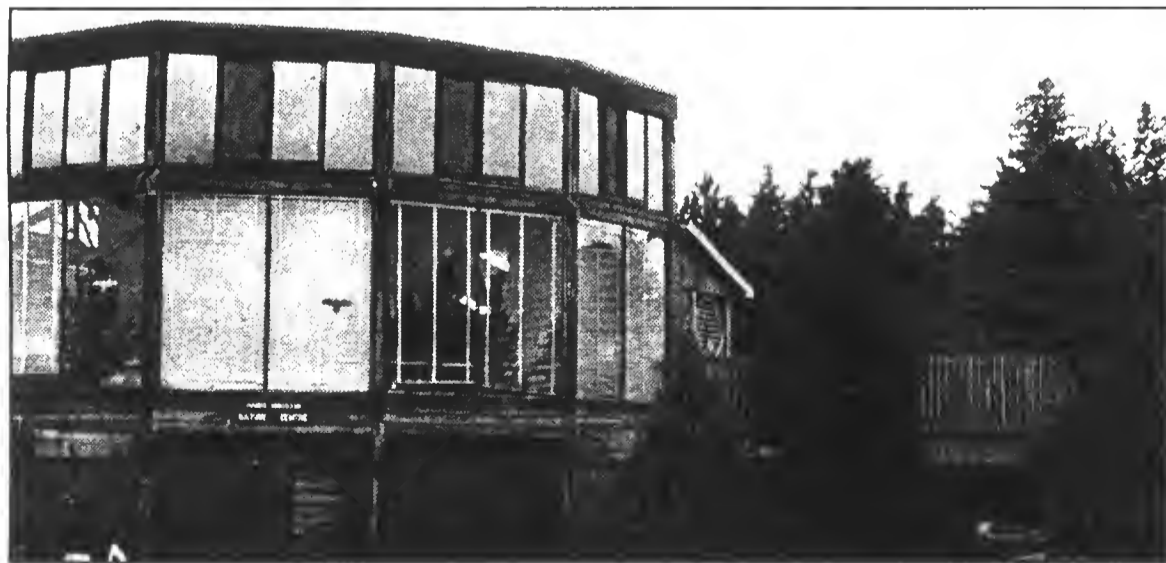


PHOTO BY JENNIFER PECK

Although it may not look like Christmas, this weekend's festivities promise to help put people into the Christmas spirit. Everyone is welcome to participate in the Christmas carols, hay rides, and other events happening in the Arboretum at the North Campus this Saturday from 10 a.m. to 4 p.m.

Sega casts dream of rejoining gaming war for millennium

New system will set consumers back by a cool \$350

by JASON ENGEL
Technology Reporter

The first shot in the new video game console war was fired this week, as Sega launched its new Dreamcast console in Japan.

Sega Enterprises Ltd. counts on Dreamcast to hold its own against both Sony's Playstation and Nintendo's N64. There is a lot riding on Dreamcast's success as Sega's current gaming console lags behind the competition in sales.

Bernie Stolar, president and CEO of Sega of America, isn't worried about the system's success. He has confidence in the future of Dreamcast. "Dreamcast is Sega's bridge to worldwide market leadership for the 21st century," Stolar said.

The Dreamcast is a faster and more powerful machine than the Playstation and the N64, having a 128-bit processor and



COURTESY PHOTO

Sega Dreamcast - The newest gaming unit on the market.

software developed by Microsoft. Sega and Microsoft signed a deal earlier this year, giving Microsoft the right to help design a Windows compatible operating system for Dreamcast. This gives game designers an easier time when they try to convert computer

games to the video console.

The console is CD based, which means the games are cheaper to produce than the N64's cartridge based games. This allows more memory for the games to run. The Dreamcast console also comes with a built-in modem allowing gamers to hook up to the internet and play games with people all across the world.

All of this is good news for third place Sega, who earlier this year announced the end of development for the Saturn, its previous console. Instead Sega said it would focus its attention on Dreamcast.

There are only six games currently available for the system, including a new game starring Sega's mascot, Sonic the Hedgehog, but there are more in development.

The machine sells for 29,800 yen or roughly \$350 Canadian, and Sega hopes to sell 500,000 units in Japan by the end of the year. It is expected to appear in

Sony ups the ante in gamer wars

Christmas is the busiest time of the year for video game companies. With Sega's launch of Dreamcast, its competitors aren't pulling any punches.

The current market leader, Sony, has announced that their new system, tentatively called Playstation 2, will be revealed by the middle of next year. Video games are a billion dollar industry, and Sony also has a lot riding on the new system. How much? Well, it was announced just a few months ago that the Playstation has become Sony's biggest seller, even beating the once invincible Walkman.

Nintendo isn't resting either. Although Sony holds the number one slot with an iron fist, Nintendo, the former number one company, is pulling out all the stops to get back on top. After years of delay on its N64 system, a delay that partially helped Sony steal its dominance in the field, Nintendo has hit another snag with complications to its disk drive system. Nintendo had promised an add-on system for the N64 last summer, then said it would be out by Christmas, but problems have arisen that may keep it off the shelves permanently. This disk drive system was supposed to increase the console's memory capabilities and help the N64's cartridge based console compete with Sony's and Sega's CD based systems. If it fails to come out, Nintendo could fall behind permanently.

New program opens in '99

Students to learn Third World resource management

by TANIA CASTONGUAY
News Reporter

Got that 'travel bug' yet? Do you want to help others? If you do, you might want to consider a new program Humber is offering next year.

The International Project Manager program will be available to university and college grads.

It will train students to work overseas in developing countries.

According to Michael Hatton, Dean of the School of Business, the Federal government has "indicated that international activity is expanding and the need for project and program management in other countries will continue."

The one-year program will give students the knowledge, skills and attitudes necessary to manage human, physical and financial resources associated with Third World countries.

Course work will develop students' management skills and the eight-week overseas placement will provide hands-on experience.

College President, Robert Gordon, said Humber is the first college to offer a program of this kind.

"These are very interesting jobs," he said.

"This program is an edge Humber would like to look at,"

Enrolment begins in September 1999.

There will be room for only 25 people in the first class.

TECHNOLOGY, SCIENCE, AND ENGINEERING GRADUATES

MANAGE your FUTURE

TEXTILE MANAGEMENT INTERNSHIP PROGRAM

The Textiles Human Resources Council's one-year Textile Management Internship Program (TMIP) is a unique and innovative program delivered by McMaster University's School of Business, the Faculty of Engineering Technology at Mohawk College, and North Carolina State University's world renowned College of Textiles located in Raleigh, North Carolina.



This English-language program, to start May 1999 in Hamilton, Ontario, offers:

- free tuition
- world-class education in textile technology and managerial skills.
- four-month paid co-op placement.
- one week lab experience at North Carolina State University, and
- excellent potential for full time, well paying employment

Today's \$10 billion Canadian textile industry is highly dynamic and innovative with world class technology. Our sales, exports and investments are at record levels. To maintain our competitive position, we need well trained future managers - managers who are technically competent and possess skills in communications, negotiation, and performance management. If you want to be on the cutting edge and are looking for a challenging and rewarding future, we invite you to join Canada's textile makers and contact us for more information at:

Textile Management Internship Program
c/o Textiles Human Resources Council
66 Slater Street, Suite 1720, Ottawa, Ontario K1P 5H1
Telephone: (613) 230-7217 and Fax: (613) 230-1270
E-mail: david.kelly@sympatico.ca and shirley.mckey@sympatico.ca
Web site: www3.sympatico.ca/thrc

Deadline to receive applications is February 1, 1999.



Textiles - conseils
Human - ressources humaines
Resources - de l'industrie
Council - du textile

This program is supported by the federal government's Youth Employment Strategy. Participation must be 16 years of age or older.

Editorial

"I am appalled at the lack of professionalism at the Et Cetera."

Stoking the fire for sales

The truth is probably out there, but if you think that it's in a quick scan of a lifestyle section, then you'll be looking for a while.

Newspapers are a business, and that's generally their first priority. When you hear quips and commercials about readers and community, media chains are selling their product, because said readers and community translates into sales and subscriptions.

The breadbasket, so to speak.

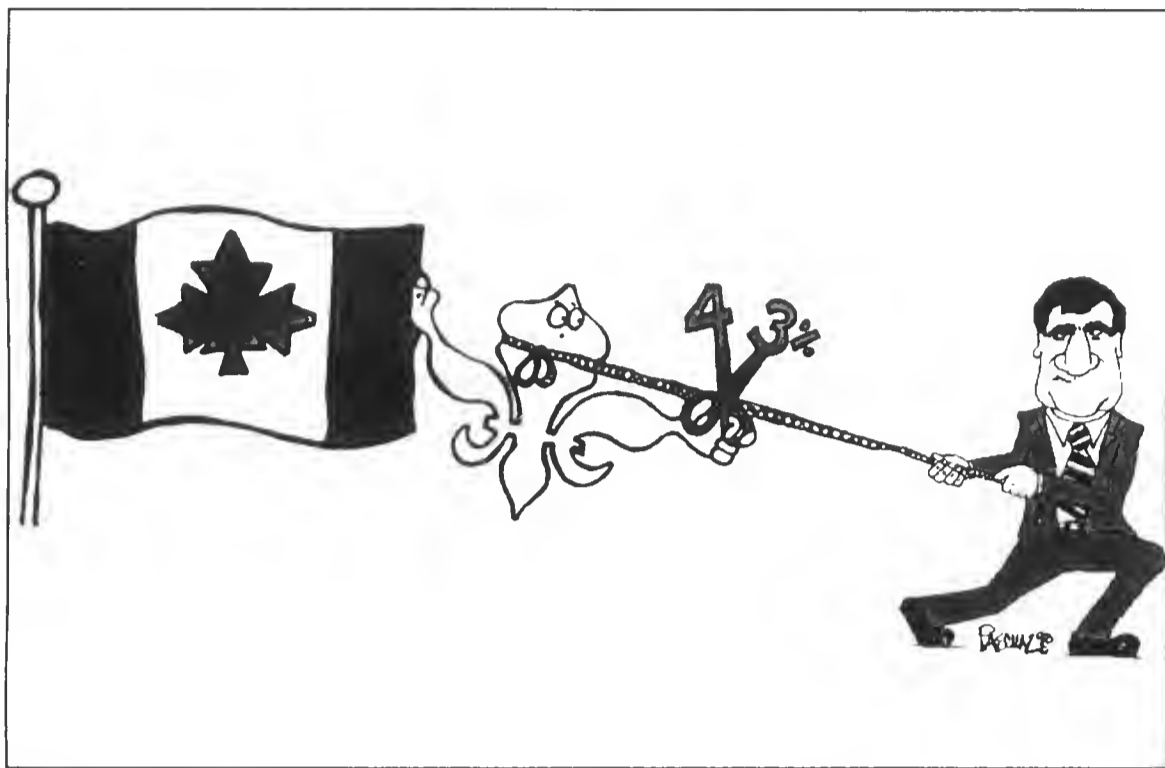
To keep the bread in the basket, newspapers give the reader, "what they want". It's a catch phrase argument on the side of newspapers. Everyone has opinions, it's what keeps us separate from the animals, but in the world that journalists operate in, the idea is to remain objective in reporting without straying from the editorial tone of the paper. Having successfully accomplished this task, the idea is now to find a way to get readers to pick up the rigidly unbiased, straight-as-an-arrow report.

And so occasionally, papers will pepper their pages with a little bit of spice; a semi-risque article in the lifestyle sections, the editorial may take a hard-line slant, a particularly brash letter to the editor. Any number of things to stoke the fire.

The idea is to rope your indignation, and harness your disgust. To draw you into a miniature soap opera on the issue du jour, and wait for your reaction, which is hopefully to buy the next paper to see the saga unfold.

To be informed, well informed, requires a good deal of work. Several newspapers a day, maybe some magazines, a couple of pub-induced intellectual debates might get you half way there. It's not a newspaper's job to keep you well informed, it is to present you with the events of that day (and here is the important part), as they see fit.

In the end, it's business. Instead of dividends, there are readers and instead of spreadsheets, there are stories. They give you the news, and you sort it out. The papers do their job, it's your job to understand what is news and what is not.



Yes means no, en français

Patriotic Canadians may have been the real winners of Monday's Quebec election results.

Lucifer Bouchard and his Parti Québécois did win a majority. And we can expect Bouchard to make a forthright attempt to create his "winning conditions" for a referendum during his term

in the National Assembly.

Yet his task will be difficult. If he leads well and the province prospers, there will be little in the way of discontentment - the fuel of radical politics.

If Bouchard does poorly, discontentment will swell, but it will be the PQ upon which the anger is focused, not the rest of

Canada.

So with any luck, those of us with an interest in keeping this country together won't have to hear about referendums for at least four years. Hopefully those separatist politicians and pundits who make all that noise will find their bandwagon a little roomier.

Letter to the Editor

Article a disgrace

Dear Editor

As a first-year Humber journalism student, I am appalled at the lack of professionalism at the Et Cetera. These articles ("Humber guys breast obsessed?" and "Comparing apples to watermelons") should not only be considered a disgrace to the female population, but to your publication as well. Gentile's

and Tsiktisiris's articles are clearly self-serving and are a collection of useless information, ignorance, and blatant sexism.

Also, I found the photo of a woman unsuccessfully trying to cover her bare breasts to be tasteless and porno-esque.

And why didn't Et Cetera, at the very least, assign the story to female reporters? Certainly, they would have succeeded in presenting the issue in a more sensi-

tive manner.

It is for these reasons that I feel Et Cetera owes its readers a formal apology for allowing the student newspaper to be subject to Gentile's and Tsiktisiris's adolescent behaviour.

Sincerely,

Patricia Lima,
1st-year Journalism student

If you have a concern, write a letter to the editor. Letters can be brought to L231 or e-mailed to etceteraeditor@hotmail.com. We reserve the right to edit for brevity. All letters must have a name and telephone number to be printed.

HUMBER ET CETERA

The Humber Et Cetera is a publication of the Humber College School of Media Studies. Office L231, 205 Humber College Blvd., Toronto, Ont., M9W 5L9
Phone: (416) 675-3111 ext. 4514, fax: (416) 675-9730. Please direct advertising inquiries to Mike Brown @ (416) 675-5007

EDITOR-IN-CHIEF

COREY KEEGAN

ONLINE EDITOR

JONATHAN BROOKS

MANAGING EDITOR

JENNIFER MCLAUGHLIN

ART DIRECTOR

BRIAN PASCUAL

PHOTO EDITOR

ANDIE WADSWORTH

EDITORIAL EDITOR

JEREMY RELPH

OPINION EDITOR

BILLY IKOSIPENTARCHOS

NEWS & TECHNOLOGY EDITORS

STEVEN PROCEVIAT

MARK SUBRYAN

EDITORIAL BOARD

ON CAMPUS EDITOR

KELLY CROWE

LAKESHORE EDITOR

JANE TAGUICANA

LIFE EDITORS

NOREEN O'LEARY

NESREEN SARRAS

HEALTH EDITOR

LAURA SCRIVER

ARTS EDITORS

DUSTIN DINOFF

MICHAEL STAFFORD

SPECIAL SECTIONS EDITORS

JEREMY RELPH

BILLY IKOSIPENTARCHOS

SPORTS EDITOR

MIKE RAWN

EDITORIAL ADVISOR

TERRI ARNOTT

TECHNICAL ADVISOR

LISA KEMERER

ADVERTISING

MIKE BROWN

PUBLISHER

NANCY BURT

Opinion

"Santa Claus is dead."



Net Nightmare

by SHERRY LANGEN
Opinion Writer

I have recently been the victim of Internet fraud. In hindsight I guess I was a little naive when dealing with the Internet. I didn't see a problem with using my real name and a few actual facts.

That was my first mistake.

I had registered my e-mail account using my name and address. Shortly afterwards I began using a program that allows you to see when your friends are online and lets them know if you are online too. It also works as a chat line between each other.

It was convenient, fun and I especially liked the fact that you had to personally 'accept' or 'deny' people for your list. I thought that it was a good way to ensure my privacy.

I had heard of Internet horror stories, so I was a little wary of it at first. After nearly seven months of using it on my computer I began to have problems.

One morning I got on to find four strangers awaiting authorization. One who went by the name Geekboy was online and began talking to me as though I knew him.

I told Geekboy that he must be mistaking me for someone else, since I had no idea who he was. He claimed that I had talked to him on the Internet for over two hours earlier that morning on a program I don't even have.

Then he started to tell me fact after fact about myself. Where I live. Who my room-

mates were. Where I go to school. He even had my pager number and my phone number. The thing that threw me off was that he had a picture of me that I had apparently sent him when we first met.

Until you are in that position I don't think you can imagine just how creepy it really is. Suddenly some nut on the Internet knew personal and private things about me.

Geekboy couldn't understand why I didn't know him. He said he felt used because he thought he was talking to the real me and not some imposter.

As the day went on three more people contacted me, thinking that they knew me and that we had a relationship of some sort. One woman who contacted me thought that we had a lesbian affair over the net. I was outraged and shocked.

I tried the best I could to explain that someone was impersonating me on the net and that I did not know who it was. I apologized to them for any inconvenience.

One guy from the University of Toronto was extremely angry and said that "I should come up there and bash your head in for jerking me around like this."

Not only was I getting sexually harassed via e-mail but now I was being threatened.

The net is a great place to get information, meet people, learn things and keep in touch with others. But without proper policing it is also a playground for crime. Be careful when using a tool as powerful as the Internet.



by LOUIS TSIKTSIRIS
Opinion Writer

Oh Canada! The true, north, strong, and free. The only truth about Canada that I can find in that statement is the one that describes our geographical location.

Politicians. We all know that they lie. Our great Canadian leaders are no better. Jean Chretien made a promise that if elected he would get rid of the GST. When the Bloc became the official opposition to the Liberals, they said that it was their duty as the opposition to represent the entire country. Of course to them the definition of the whole country is Quebec.

I can't lay all the blame on politicians. They are expected to lie. What kills me is the people's apathy.

About a year ago the people of Toronto tried to shut down the city to protest all the cuts that the Harris government was making. Most Torontonians found it a great excuse to stay home from work for the day. As for the people who were out on the streets protesting that day, they didn't look too pissed off to me. Instead of shouting in anger and fighting for all the wrongs that had been done to them, they were

Born mute

instead dancing and singing and purchasing hot dogs from vendors who were happy that there were all these people out on the streets making them rich.

During the last referendum 500,000 Canadians gathered in downtown Montreal to support the NO side. 500,000? That's embarrassing. Half the population of Canada should have made its way to Montreal.

The reason we as a people are so quiet, is that we are afraid to express ourselves.

We supposedly live in one of the greatest democracies of the world, yet we're so afraid of hearing things and as a result so much gets censored. It's sad when the only public platform that we can use to voice our opinions is Speaker's Corner.

Instead of grunting and moaning about things and then just accepting them because we're such chickens, we have to start expressing what's on our minds and let others do the same whether it's positive or negative.

When we as Canadians stop being wimps and start taking advantage of one of our most fundamental freedoms then we might actually become a nation that's true, strong, and free.

The mouse, the cop and the alien

by BILLY IKOSIPENTARCHOS
Opinion Writer

Santa Claus is dead and Disneyland is not the place where dreams come true.

All of my life I have been lied to, because the powers that be require that I exist in the dark with the rest of the human race.

When I was a kid, I bought into all of the hype about life and magic, but as the years went by all of life's magicians began to morph into cheap sideshow attractions.

During my childhood I had many dreams of greatness and one of my goals was to help people. Watching television shows like CHIPS and Adam 12 made me believe that becoming a police officer would be the right avenue for me.

My whole life revolved around this one fantasy - that one day I would take to the streets like Ponch did. I would save an entire city in one eight-hour shift while on my trusty motor bike and still have time in

the day to work on my tan.

Well that dream was shattered after graduating from a Law and Security program at college and while interning with police forces in the city.

The job was not about smiles, sunny days, and cool car chase scenes. It was about suicidal, depressing, mentally draining labour that turned young idealistic human beings into de-sensitized drones patrolling war torn streets.

COPS replaced CHIPS and Adam 12 became Area 51.

Yes, with my life in shambles, I tuned to my other passion - the existence of extra-terrestrials.

I always believed that we have been guided by superior beings, because I think humans are far too stupid to have existed as long as we have on our own.

Yes, I thought that aliens would give my life direction again and restore my grandeur illusions about life.

It was fun to believe when no one else did. When the X-Files



Billy just wants to believe in magic again.

first appeared on television it was my favourite show.

At first I thought it was part of their master plan. Get us used to them. Sell us merchandise and propaganda so that we won't be shocked when it is revealed to us that they were here all along.

I decided at 24 that I would become a journalist. I would examine the truth like Mulder and Scully did every week and I would print the truth because I believed it was out there.

As I trek through the media field I have found out that journalism has nothing to do with the

truth and everything to do with who owns and sells their version of reality.

Today I don't believe the truth is out there. I still want to believe it is. I want to believe that somewhere some non-sentient being from another world is guarding the truth.

I wish that Mulder really existed and that he cared. However David Duchovny is only an actor who cares more about his contract and being closer to his wife than he does about finding out the truth.

Jack Nicholson tells us that we can't handle the truth and in that statement lies reality.

As humans, none of us want to deal with reality which is why we lie to children about The Easter Bunny, The Tooth Fairy, and Santa Claus. It is important to shield young children from the real world.

It is why we believe in God and not science to explain our existence. We cannot accept that maybe all of this is just some cos-

mic coincidence.

The charade of life will continue in this fashion until our inevitable demise.

Even though I am jaded and worn by life, this Christmas I will be out there sharing in the spirit of the season.

I will spend money buying gifts and buying into the whole commercial extravaganza that is Christmas but not blindly.

I still participate in life's daily facade not because I am stupid but because I know that in the face of reality all anyone really has is hope.

This Christmas Eve I hope to wake up in my dream house only to find Santa enjoying the cookies and milk I put out for him.

I hope I can sit in his lap and have him tell me that everything is all right and that the aliens at Disneyland have re-united Bambi with her mom in the magic kingdom.

I hope that this time the truth I was promised becomes a reality.

Students can stay in rez during holidays

by SEAN CUNNINGHAM
News Reporter

Many of Humber's students who live in residence won't be going home for Christmas this year. Between five and 15 per cent of rez students will stay in Humber residence over the break.

For the first time, the residence will be open over the Christmas break from December 19 to January 4, 1999.

"Security and front desk services in the residence will be in full operation, but we haven't determined what hours the cafeteria will be opened," said John Conrad, residence life co-ordinator.

These numbers may seem high but many students have different reasons for staying.

Some have part-time jobs either in the college or nearby, others are from out of the province or the country and cannot afford to go home.

According to Conrad, the "No Vacancy" sign may be out in January for the upcoming semester.

"There are 25 students who are leaving residence at the end of the semester and those spots have been tentatively filled for January," he said.

The college has established a waiting list and anyone who is interested can have their names added to the list.

Envelope bandit on the loose

Crime Stoppers and detectives from the Hold Up Squad need the public's help in finding the "Envelope Bandit."

The Envelope Bandit has been responsible for robbing 29 banks and financial institutions in the Toronto area.

The robberies began in December 1996 and the latest was on November 20 when the CIBC at Yorkdale Plaza was robbed.

The bandit's name was given by detectives because he enters

banks and places a large envelope on the counter and demands cash.

He is described as male, East Indian, 5'7" to 5'9" tall, 150 to 170 lbs., short, dark hair with a moustache and goatee.

He wears blue denim overalls, running shoes, and a baseball cap.

If anyone has any information regarding the Envelope Bandit, please call Crime Stoppers at 222-TIPS.

-Et Cetera Staff

Girl picked out for being special

-continued from page one

When Minkowski walked up he knew she was the right candidate. She had been looking away from Cheong, and it was when she did turn to look at him that he pushed her. She died nine hours later.

Minkowski worked with both disabled children and AIDS victims. She was a practicing Catholic and had the support of the Polish-Canadian community in which she lived. Friends described her as a "sweet girl" who "really cared about other people." More than 1000 people attended her funeral last year. Her mother still visits her grave twice a day.

"She was a remarkable young woman and it is sad that she was killed in such a random, senseless act," said Culver.

Culver is pushing for a life sentence, with no eligibility for parole for 15 years, but the defence is calling for the statutory minimum of 10 years before parole eligibility.

Cheong is reported to have considered that life on the inside might be no worse than the one he had.

He will be sentenced Dec. 9.

Plane starts up

Metro marine unit police successfully raised the plane that crashed into Lake Ontario last month. The plane was flown by a graduate of Humber's aviation program.

The twin-engine Piper Aztec, flown by Aldrin Alvis, crashed into the Toronto Harbour near the Royal Canadian Yacht Club as he was returning from Centralia, Ont. - 60 km north of London.

When aviation officials tried starting the plane after draining the water, it started up without any problems.

Alvis was attempting to land his rented plane at the Toronto City Center Airport in mid-November at the same time that a commercial plane was trying to land at the same runway.

The investigation into why the plane crashed continues.

- Et Cetera Staff



Packard Bell Platinum 8800C

Packard Bell Platinum 8800C

- Intel Pentium II 400MHz w/ 512k Cache
- 64MB SDRAM (256MB Max)
- 6.4GB EIDE Hard Drive
- 32X CD-ROM
- 56K PCI Fax/Modem V.90 Standard
- ATI Rage IIc AGP 1X Graphic Accelerator w/ 4MB SDRAM
- 16-Bit Stereo Sound - Sound Blaster Compatible w/ Stereo Speakers
- 2 Button Mouse w. Scroll Wheel
- MS Windows 98

\$2450.00

Purchase a Packard Bell System between November 19th and December 24th and receive a *FURBY* at no extra charge!



On campus

"It is certainly a marvelous feeling."

Marching for more than money

by JENNIFER BOYD
On Campus Reporter

Humber student Sharmin Jaffer has won the Ontario Federation for the Physically Handicapped Award of Merit presented by the Ontario March Of Dimes.

Jaffer, a third-year Public Relations student, was presented with the award and \$300 at the Ontario March of Dimes Annual General Meeting in September for her numerous volunteer experiences.

"The award is not just for an outstanding student (academically), but rather rec-

ognizes someone who sets an example for others and takes a leadership role of some sort. Sharmin is a perfect example," Linda Hawke, provincial communications coordinator for the Ontario March of Dimes said.

The award is given out to a "post-secondary student who is a role model for others and who exemplifies independence," Hawke said.

Jaffer has cerebral palsy and uses a wheelchair but that does not stop her from giving her time to others. She is currently a volunteer for the Ismaili Volunteer Corps and has also volunteered for the Osteoporosis Society, the Jewish Geriatric Centre in Montreal, the Ismaili Partnership Walk and the Terry Fox Run.

"It's something that

you can do for others and it just gives you a chance to kind of evaluate your own life," Jaffer said. "How much you have, how much other people don't have."

Jaffer was quite humbled and pleased with the award. "I think this was a chance to really create an awareness that it's OK to be physically challenged and that people can overcome barriers and they can do so much for others too."

Jaffer believes her work is all worth it. She feels that the things that she did for the people did touch them in some way.

"It makes me feel wonderful, it makes me feel that I'm fortunate because I think that everyone who does good things for other people should be able to be recognized, but so few do," Jaffer said.

The award was established in the mid 1980s and continues the work of The Ontario Federation for the Physically Handicapped. When the Federation ended, the Ontario March of Dimes continued on with an annual award.

Jaffer said, "It is certainly a marvellous feeling. I accept it on behalf of all of those volunteers and people with physical disabilities who are doing so much."

Off to the races with Humber

by EMMA MAXWELL
On Campus Reporter

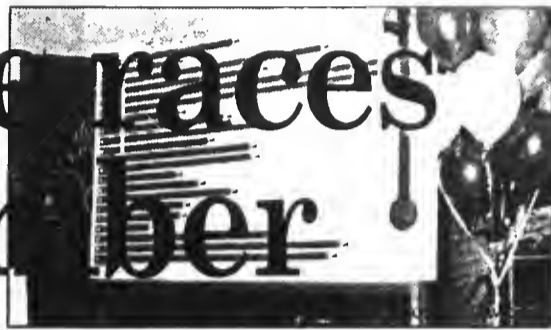
The Humber College United Way Campaign Finish Line Ceremony took place last Friday, bringing an end to a very successful fundraising event.

The proceeds from this event went to the United Way, and this year Humber raised almost \$43,000 dollars for the charity. The original goal was to raise \$27,000.

"I'm thrilled to announce we exceeded our goal," said Joan Hamilton, campaign organizer.

Six Humber College faculty members also pledged one thousand dollars or more to the fundraiser.

Throughout this campaign, money was also raised through events such as a pancake breakfast, a cake and pie sale, squeegee kids, and a Tacky Auction. "This was an exciting and enthu-



siastic event," Hamilton said.

Maggie Swithenbank paid a tribute to the volunteers, who were the jockey's. "Without them, this whole campaign would not have been a success," Swithenbank said, at one point the organizers of the campaign thought they were overly optimistic, but that changed when the pledges started coming in.

Also on hand was Sandy Hawley, who is Canada's most famous jockey, and the winner of one out of five races in the 31,455 races of his career.

The first place winner of the 1998 Humber College Derby was Financial Services and Planning with the horse Fin-A-Way-Filly.

Another prize was a pair of tickets to anywhere in Canada that Air Canada flies, which was won by Lakeshore's Liz Blunden.

Suzette Strong, campaign manager for the United Way, thanked staff, students, and the Ontario Jockey Club. "We really pulled this community together to help the community," Strong said. "The dollars you raised will help 1.2 million people in the community," she added.

President Robert Gordon made the closing remarks, and commented that this was an "outstanding example of this college."



Sandy Hawley signing autographs at the ceremonies.

PHOTO BY DAVID LUI



Jaffer accepting her award from the March of Dimes.

COURTESY PHOTO

CKHC 91.7 FM Event

December 3, 1998

All are invited to CKHC @ Times Square,
at the Howard Johnson Plaza Hotel
(Intersection of Keele and the 401)

"5 and 2 will get you through"

Power 88 will be there live to air

Humber College Students get in free before 11 p.m.
with Humber I.D.

Canada Computer Books Inc.

- 1,000s of the latest titles in stock; books of all levels for users, programmers, administrators; Linux software
- Prompt special order service; online title searching/ordering; monthly specials; student discounts

4 Locations To Serve You

Mississauga Computer Books 11736 Dundas St. E. Mississauga (905) 279-6055	Toronto Computer Books 111 Yonge St. Toronto (416) 925-2088	Yonge Computer Books 5250 Yonge St. North York (416) 226-9989	Waterloo Computer Books Ingersoll Ave. W. Waterloo (519) 746-6042
--	--	--	--

Call us first for the best selection and service

Visit us at www.canadacomputerbooks.com

Lakeshore

"I think it will be a focal point of the area." - David Domet



Children's workshop making a comeback

by SHANNA RUNDLE
Lakeshore Reporter

Humber College and The Actor's Workshop (TAW) are expecting a better turnout of kids for this year's drama classes at the Lakeshore campus.

Last year's count was around eight kids per class. Allan Guttman, co-artistic director of The Actor's Workshop, said they hope to equal that number or surpass it.

The drama classes are designed to teach kids, ages 9-15 years of age, the basics of acting. They are encouraged "to develop an ability to create in a creative environment".

According to the press release, each class encourages kids to develop poise, talents, creativity, and self-confidence.

Guttman said the goal is for knowledgeable educators to teach acting skills.

This is the second year that the program has been running.

The costs of the classes range from \$180 for the 9-12 year olds to \$240 for the 13-15 year olds.

There is a difference in prices because the 13-15 year olds "get more complex as they get older."

Guttman said that they are going on an hourly rate of \$10 - on the low end of what is usually paid for places like Second City, where Guttman used to be a member.

"It's actually fairly reasonable," said Guttman. "(In places like) YPT (Young People's Theatre), you'd be paying more than that."

The program runs from January 16 - April 3, 1999.

Guttman said TAW teamed up with the college two years ago because Humber was in need of a partner to run the classes.

"We have the expertise to run the classes," said Guttman, who has been teaching improvisation at the college for 15 years.

He said that the financial benefits from doing something like this were that Humber gets to expand its continuing education program (theatre) and their business.

"It gives Humber and the Actor's workshop wider exposure," Guttman said.

TAW can be reached at (416) 966-8966 or contact Humber's number at (416) 675-6622 ext. 3438. Visit their site at www.total.net/~allguts/factors.

Art facility is back for the Lakeshore community

Old Psychiatric hospital to be converted to a cultural centre.

by KEVIN MASTERMAN
Lakeshore Reporter

The new millennium promises to usher in a prosperous era for Lakeshore's arts community.

In the spring of 2000, the City of Toronto will have completed the renovation of south Etobicoke's community centre for the arts at an estimated cost of \$3.6-million.

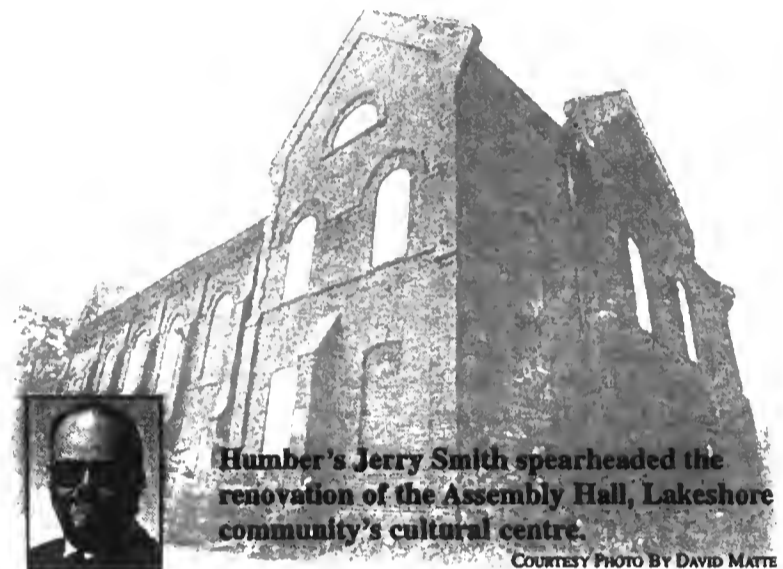
The now abandoned Assembly Hall, once a part of the Lakeshore Psychiatric Hospital is located just north of the Humber cottages in the wooded area below Lakeshore Blvd.

David Domet, Lakeshore Arts member said plans for the site also include a visual arts gallery.

"I think it will be a focal point of the area, the renovation is not being done in isolation to the rest (of the area)," Domet said.

He refers to plans for an outdoor amphitheatre to be created by grading the land to form a stage and audience area.

The plan was spearheaded by the Lakeshore Arts, a communi-



Humber's Jerry Smith spearheaded the renovation of the Assembly Hall, Lakeshore community's cultural centre.

COURTESY PHOTO BY DAVID MATTE

ty group for the arts composed of musicians, visual artists, and residents. Theatre Humber is also a member.

Jerry Smith, business co-ordinator of the arts administration and cultural management program and a volunteer of Lakeshore Arts, said the 30,000 residents of the area should have cultural events nearby.

"Why should we have to get dressed up and drive downtown? It's great to have a cultural centre like Toronto nearby, but it is nice to have it here too," Smith said.

In recent years Humber College hosted shows at its 100-seat theatre studio, and 500-seat auditorium. Smith said the new venue would bring with it a wider selection of venue sizes and give a more permanent home to the arts in the community, including the college.

The Assembly Hall, built more than 100 years ago, was used as an activity hall for the patients in the hospital. The young Domet performed there in a play when he was in grade seven.

After moving away for 12 years, he returned to find the hall boarded up, not used in over 30 years. Its condition could be described as dilapidated as the provincial government ignored the building all that time.

"Initially, myself and some others broke into the building, and took in with us (city) councillors and community members. I opened the windows, had a stereo playing "Four Seasons", by Vivaldi, and sang a 16th century Latin motet. I said to people 'close your eyes and listen to what you're gonna hear, think about what this building could be'," Domet said.

The process has been a labour of love, which Domet said was about more than just nostalgia - it's a look to the future.

"It's taken four years, because, in all fairness, the building was owned by the province. The land transfer was the

major problem," Domet said.

Toronto acquired ownership of the building in June and has gone ahead with renovation plans hiring the architectural firm of Teeple, Lett, and Smith, whose credits include the Princess of Wales theatre, and the Du Maurier Harbourfront Center.

The hall boasts two levels, the theatre on the second level leaves space for a lobby, ticket center, and gallery, and high vaulted ceilings for good acoustics in the theatre space.

Smith said the heritage of the hall would not be lost in its restoration but will be both preserved and showcased even though it is not an officially designated heritage site.

"It's great to have a cultural centre like Toronto nearby, but it is nice to have it here too."

Jerry Smith

Adam's Rib

live bands every friday

Dec. 4 Deja Vu
Dec. 11 Jack Dekeyzer
Dec. 19 Back by Popular Demand the Hypnotic Artistry of Fernandez

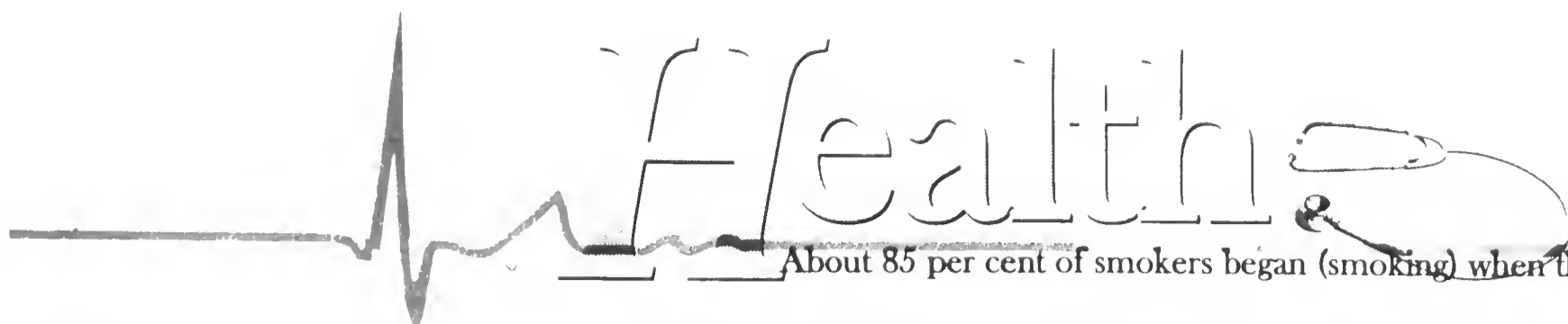
N.T.N.
Trivia
23 TV's

regular specials

Mon. & Thurs. 15¢ Wings
Wed. 1/2 Price Burgers
Thurs. 1/2 lb. Fajitas \$7.99

Humber Students that show their valid Student I.D. get 10% off regularly priced items

1603 The Queensway
Etobicoke
(416) 252-2298



About 85 per cent of smokers began (smoking) when they were 16.

Cigarettes will kill half of all smokers

by TATJANA SULKER
Health Reporter

If you are a smoker, regardless of how long you have been smoking, you can quit before it kills you. It is difficult to kick the habit, but there are some important tips for quitters to know. There are also numerous products that are designed to make the process easier for you.

Denise Harvey, a Registered Pharmaceutical Chemist (R.P.h.C.) said "Quitting smoking is a complete lifestyle change, no matter which method you may use, be it quitting cold turkey or by using the patch."

If one really wants to quit, Harvey said "They have to be in the right mind set. They're only successful if they're ready to quit. If they're not ready to quit, it doesn't matter what they take. A lot of it is what frame of mind they're in. The mind has to be ready, or the body won't be willing," Harvey said.

Harvey said "The two most popular products currently on the market for quitting are Zyban and the patch."

"Zyban is a new product that requires a prescription from your doctor. It is a form of an anti-depressant which is used to help stop smoking," she said.

Zyban is a tablet that is not nicotine based. This product was originally marketed for depression, and called Wellbutrin. It was then discovered that when this product was taken as an anti-depressant, those who were smokers started quitting because they no longer craved the nicotine from cigarettes. Now, Zyban is the same as Wellbutrin, only with different market names.

Zyban is a registered trade mark of Glaxo Wellcome Inc., and an information sheet is included in the box that Zyban comes in. According to this sheet, there is a chance that approximately one out of every 1,000 people taking bupropion



PHOTO BY LAURA SCRIVER

More than half of smokers can count on dying from tobacco-related illnesses, unless they quit.

hydrochloride, the active ingredient in both Zyban and Wellbutrin, will have a seizure. The chance of this happening increases if the user has a seizure disorder (for example, epilepsy), has or has had an eating disorder, takes more than the recommended amount of Zyban or if the user takes other medicines with the same active ingredient. Zyban is also not recommended for women who are pregnant or breast feeding.

The information sheet reports that studies have shown that more than one third of people quit smoking for at least one month and more than one in five people quit smoking for at least one year while taking Zyban and participating in a support program.

Harvey said "You take one pill daily for three

days, and then you go up to twice a day, and are usually on that for 12 weeks."

"The patch needs to be obtained through a prescription. This looks similar to a large band-aid that is placed externally on the body, usually on the arm. The skin absorbs nicotine into the bloodstream through the 'patch', and the dose that your body receives slowly decreases as the patch is changed everyday," Harvey said.

"Once you have quit, keep yourself busy. Perhaps starting an exercise program, or a new hobby would be beneficial

to limit the time you have to think about smoking, and to help the depression that goes along with the change. Eat healthy snacks, to limit weight gain. Drink water to help flush your system of the nicotine," she said.

Smoking is a huge health problem. According to <http://www.kickbutt.org>, nationally, 85 per cent of all lung cancers and 33 per cent of all strokes are caused by tobacco. This web site also reports that the earlier people start smoking, the harder it is to quit when they are older. People who start smoking in their teenage years, run the risk of becoming lifelong smokers. One-third to one-half of young people who try cigarettes go on to be daily smokers. Eighty-five per cent of teenagers who smoke two or more cigarettes completely, and overcome the initial discomforts of smoking, will become regular smokers.

TOBACCO FACTS:

- Nicotine meets the criteria of an addictive drug. The nicotine withdrawal syndrome includes: craving to use nicotine, irritability, anxiety, difficulty concentrating and increased appetite. Source: World Health Organization (WHO).
- Every 13 seconds, someone in the world dies from a tobacco-related illness. Every year, tobacco kills: 45,000 Canadians, 418,000 Americans (compared to 1,000 Americans who die from cocaine abuse), and 2.5 million people world-wide. Annually, smoking kills four times as many people as all other drugs, car accidents, suicides, homicides, and AIDS put together. Source: <http://www.tobaccofacts.org>
- Twenty-nine per cent of 15 to 19 year olds, and 14 per cent of 10 to 14 year olds are current smokers. About 85 per cent of smokers began when they were 16 years old. Generally, males smoke more than females, and as all youth smokers get older, they smoke more. Daily smokers 15 to 19 years of age smoke an average of 13 cigarettes per day while those 10 to 14 years smoke 10 cigarettes per day. Source: The Ottawa Citizen, November 1996 edition.
- More than 90 per cent of youth know that smoking is addictive, most children under 10 believe if they were to start smoking, they could quit at any time. In fact, although only 5 per cent of high school seniors believed they would still be smoking two years after graduation, 75 per cent were still smoking eight years later. Source: <http://www.kickbutt.org>
- Eighty per cent of current smokers have thought about quitting; and 80 per cent of those have made at least one attempt. Source: <http://www.kickbutt.org>.
- More than half of young smokers today – 55 per cent of males and 51 per cent of females- can count on dying from a tobacco-related disease, unless they quit. Source: <http://www.kickbutt.org>

Watch movies for Crohn's and Colitis research

by GARY D. MELO
Health Reporter

Students of the Recreation and Leisure Services program at Humber will be using popcorn, jujubes, and the magic of the silver screen to help in the fight against Crohns and colitis.

The students will be holding "A Movie That Matters" night on December 9 at the North Campus to help raise money and awareness for the Crohns and Colitis Foundation of Canada. There will also be donation boxes set up within the school and raffle tickets sold to give away a multitude of prizes.

Everything the students have to work with for the event has been donated by different sponsors and organizations. Student organizer Peter Libicz is confident the event will be successful at reaching its goal of \$2500.

"I am pretty sure we are going to be

successful," Libicz said, "We don't have to spend a penny on anything because we had everything donated from different organizations.

"We just have to donate our time. Every dollar and every cent we get our hands on will go to this research project," he said.

The CCFC is the only national organization committed to finding a cure for Crohns and ulcerative colitis, often referred to as inflammatory bowel diseases.

These diseases affect the digestive system and cause the intestines to become inflamed, form sores, bleed easily, scar and lose the normal smoothness of their inner lining.

These are diseases that can strike anyone at any age, both male and female. There is no known cause and no cure to date

Since the disease can affect any part of the gastrointestinal tract, people with IBD have very diverse symptoms. The most common symptoms are cramping in the abdomen, diarrhea, and weight loss.

Although there have been no conclusive studies done in the past, a Manitoba medical report was released last year showing 100,000 Canadians have been diagnosed with either crohns or ulcerative colitis.

Leanne Henwood, assistant facility manager of the Athletics Department at Humber College, has been living with ulcerative colitis since she was diagnosed at age 20 in 1983.

Henwood, a former education chair for the Etobicoke chapter of the CCFC, also feel that educating the public is a huge step in finding a cure for the inflammatory bowel diseases.

"I hope people are going to learn more

about the disease," Henwood said "People tend not to talk about them because it can be a little embarrassing."

Students can buy tickets to "A Movie That Matters" night starting December 3, from 11 a.m. to 2 p.m. in the concourse. Admission for the film is \$5 and raffle tickets will be sold before hand at \$2 each or three for \$5.

The film Ever After starring Drew Barrymore and Anjelica Houston will begin at 7:30 p.m. in the lecture hall E-107. For any ticket information, contact Crissy Simpson at (416) 744-2058.

There will also be a get together at Caps afterwards to dance the night away. Caps will also be helping the cause by donating \$200 to the event.

To contact the Crohns and Colitis Foundation of Canada, you can reach them at 1-800-387-1479 or (416) 929-0364 or visit them on the Web at www.cfc.ca.



"When you pop them in the tub they fizz like a big Alka Seltzer."

Live, love and volunteer

by AKUA BOAKYE
Lifestyles Reporter

Billy Symister knows you don't have to be Michael Jordan to be a role model.

As a volunteer with Youth Assisting Youth (YAY) for almost a decade, 26-year-old Symister describes his experiences with the agency as fun and rewarding.

YAY is a non-profit organization that matches youth volunteers with children who are "at risk" by providing them with positive role models. Symister has earned the respect of his "younger brother" Bobby through the mentorship program.

"Our relationship has changed a lot over the years. He was eight when I first met him now he's 17. Over time you realize that by (the children) calling you and wanting to do things with you, what an impact you have made in their lives," said Symister. "The program is effective because unlike a social worker, we don't work within certain hours. My junior can contact me or see me whenever he wants to."

A committee of concerned citizens, teachers, police officers and social workers designed the program in response to increasing juvenile delinquency statistics. Social Services and community groups refer kids like Bobby to the agency because they are unable to provide the one-on-one mentorship that is often needed. To personalize each case, volunteers meet with each family to determine a child's needs.

"We are dealing with children who have emotional, social and behavioural problems. Some of them come from different countries and are having trouble adjusting," said public relations and events co-ordinator Jim Spence. "The organization gives these kids someone to

do things with, to hang out with."

Monthly events at football games, laser quest and bowling alleys, give kids and volunteers a chance to build stronger relationships while experiencing new things. While having fun is important, YAY aims to make a difference in each child's life.

"We've gotten a lot of positive feedback," said Symister. "Teachers have noticed a better work ethic and more focus in many of the kids."

According to Spence, it costs the agency about \$1,600 to \$1,700 a year to monitor a match. In the juvenile justice system it costs the government \$81,000 for just one child.

"Over 98 per cent of the kids we deal with have never had anything to do with the juvenile justice system during or after completion of the program," said Spence. "That is about 8,700 kids."

Spence makes it clear that the organization does not match anyone based on ethnic background.

YAY recognized the variety of cultures in Canada and was the first organization to implement a multicultural policy. The policy allows all members of the community to benefit from the services provided without discrimination.

"I have gotten a lot of positive feedback about what I have done. But a lot of people ask me, don't you think that you could do more by helping a black child?" said Symister. "I feel that by helping this one child that I can help him to understand other cultures and help to (stop) racism and discrimination at the root. By doing that, I am helping all the children who would otherwise be affected by racism."

The children aren't the only ones to benefit from the program's services. According to Symister the longest match



COURTESY PHOTO

Billy Symister and Bobby are great friends because of YAY.

has been 20 years.

There are approximately 300 youth volunteers, who have gained from giving their time.

"A lot of people don't have degrees in their chosen occupation, but because of volunteering they can get a job in that field," said Symister. "I talk at colleges and universities about the benefits of volunteering, what I have done and where it has gotten me."

"Because we don't have as many volunteers as children, we get children who

do not have a match to come out once a month to our events," said Spence.

"A lot of the kids end up becoming volunteers when they get older. They see that the program works and know the effect it has had on their lives and they want to give back."

Anyone interested in becoming a YAY volunteer or in having Billy Symister speak about the organization and the benefits of volunteering, can contact him at (416) 932-1919 or E-mail @ youthassis@aol.com.

Technology may be to blame for lazy kids

by ANDREA TRENTADUE
Lifestyles Reporter

The Internet, video games, and television are making children lazy and out of shape.

"Kids just don't know how to amuse themselves outside the home," said Sue Cousineau, executive director of the Canadian Association for health, physical education, recreation and dance. "Children today are very inactive."

Cousineau said children are taught more how to do math, learn English and solve problems but are not taught to learn about their bodies and how to keep fit. She said being physically literate is as important as learning any other subject because kids need to know how to move, she said.

Maria Pugliese, mother of three girls, Christina, 11, Michelle, 9, Francesca, 7,

agrees. She said physical fitness for her kids is not even a matter of question. "Bodies that are more physically fit have more energy to use, so their minds become healthy as well."

Bridget Woodcock is acting director of the Humber Child Care Centre which takes children from 0-5 years old. She said healthy and physically fit children have the tendency to learn better.

"These children have the energy to be more successful," she said.

Cousineau said daily physical activity has more than a few positive effects for children.

She said it improves children's skeletal health, reducing the risks of osteoporosis, improves their mental health and provides them with proper growth and development. Physical activity also decreases obesity in children, enhances

children's academic performance and has a positive impact on behaviour and healthy lifestyles.

Recent studies by the Canadian Fitness and Lifestyle Research Institute and the Heart and Stroke Foundation revealed approximately 66 per cent of children are not active enough to have any foundation for future health. The study also said 25 per cent of Canadian children are overweight and said the number continues to increase.

Pugliese said since children spend most of their time at school, this is where they should be getting a taste of physical activity and its importance. However, she said, it is not happening.

"Schools are not offering physical education... on a daily basis. It's not in the educator's mind."

She also said schools are not placing

much importance on physical education and said if teachers run out of time, physical education is generally the first to get cut or lost.

At the Humber's child care program, the importance of physical activity, even at a young age, is seen as an essential part of the children's day.

Woodcock said Humber's pre-school program is required to have some form of physical exercise for a minimum of two hours a day.

Although schools play a vital role in a child's physical education, Woodcock said it is also up to parents to evaluate how much their children are moving.

Cousineau urged parents to be aware of the issues around inactivity in children, and to "apply pressure" to influence school policies to include more physical activity.

Wash that \$ right out of your hair

The debate continues . . . are salon products better than those bought at the drug store?

by NATASHA HANIFF
Lifestyles Reporter

Is that three dollar bottle of Pantene Pro-V doing justice to your hair, or do you find yourself using up one week's paycheque to buy top-of-the line products that make you feel like you just stepped out of a salon?

The most recognizable difference between salon and drug store hair products is the price. What's not easy to determine is the difference in quality, if any.

Stephanie Mediat, a first-year Media Sales student participated in many hair shows where she sampled various salon products like the popular Joico and Sebastian lines.



PHOTO BY NESREEN SARRAS

Humber's Rizza Deveyra and Cheryl Ladislao wonder which brand is best.

"The products they use are so amazing, they make your hair so healthy. When I use them my hair is better, more healthy, and more thick," Mediat said.

Trade Secrets is a retail store that sells "top of the line" hair care products, like those Mediat tried. These products are not found in ordinary drug stores and the prices range anywhere from \$7 to \$34 a bottle, depending on the line.

Maria Gionas, manager of Trade Secrets at the Woodbine Mall said along with a manageable mane, Trade Secrets products give value for your money.

"At least 90 per cent of the ingredients in shampoos at the drug store is water, so the products are more concentrated. Price wise it balances it out," Gionas said.

"You only need to use very little of these shampoos, but the ones at Shoppers Drug Mart, you need tons of it because it's all water. They also have harsh detergents which can build up in your hair," she said.

Stefani Valkonen, supervisor of public affairs at Procter & Gamble, said their products, which are sold in drug stores, have nothing in their ingredients that would be damaging to your hair.

"A lot of research goes into our products. We want to be sure that if you use it, it will be safe," Valkonen said.

She said choosing products is a matter of personal choice and the drug store brands are just as good as the salon's.

When it comes to choice, third-year Early Childhood Education student Frances Tsoykalos goes with what gives the best results.

She said drug store brands keep bad hair days at a distance.



PHOTO BY NESREEN SARRAS

Is spending tons of cash for shampoo worth it?

"I've used products from the salon and sometimes I find products at the drug store work much better," she said. "They're all the same thing. You might pay a little more at the salon but at the drug store you get the same quality," she said.

But you only need to visit your local college washroom to observe those who ritually obsess over the way one strand of hair falls to the side.

In the search for that right shampoo or conditioner, remember that they will all work differently on different hair types.

Valkonen said consumers just need to choose products that meet their needs.

"Salons offer products that are not available in stores. If you have a special need, that's a reason to go to a salon. If you're just looking for shampoo, there's no difference," she said. "The difference in price goes with fancy packaging and fragrances."

"You might pay a little more at the salon, but at the drug store you get the same quality."

Frances Tsoykalos

It's a lush life

Old-fashioned herbalism is all the rage. Natural products may be easier on the skin than processed products.

by AKUA BOAKYE
Lifestyles Reporter

Strawberry scented shampoo, chocolate and mint massage bars and luscious face and body masks are just a few of the treats that the all-natural beauty world has to offer.

In an environment laden with pollutants, many people have turned away from drug store cosmetics and opted for all natural beauty products.

"I have very sensitive, combination skin," said Advertising student Kanisha Blackwin. "A lot of the products that I used to buy from the drug store would irritate my skin and make it really dry. A friend of mine, who is a vegetarian, introduced me to all natural products. I found that they worked much better than the stuff I used to buy in the salon and drug store."

Before beauty salons, the ancient Egyptians were using herbs, fruits, vegetables and essential oils to enhance their natural beauty. Following the example of the Egyptians, a company called Lush uses old-fashioned herbalism to create simple handmade products

for all skin types.

"Natural products are better for the skin. You know what you are putting on your body," said Lush manager Lorena Kim.

"These products contain no artificial preservatives, which can damage the skin's natural defences. Instead we have worked with experts to create combinations of herbs and oils which help preserve the products naturally," Kim said.

Of the 141 products available, 97 contain no preservatives. The collection of face, hair and body products are packed full of ingredients that are so fresh that some of them must be refrigerated.

It seems as if no plant was left untouched in the search for ingredients, including flower petals, roots and foliage.

"The bath bombs are the most popular items," Kim said. "When you drop them into the tub they fizz like a big Alka Seltzer. They are very relaxing. In today's society we don't get to relax enough."

These products are especially ideal for those against animal testing.

Items marked with a V are designed for vegans who

"Natural products are better for the skin."

Lorena Kim

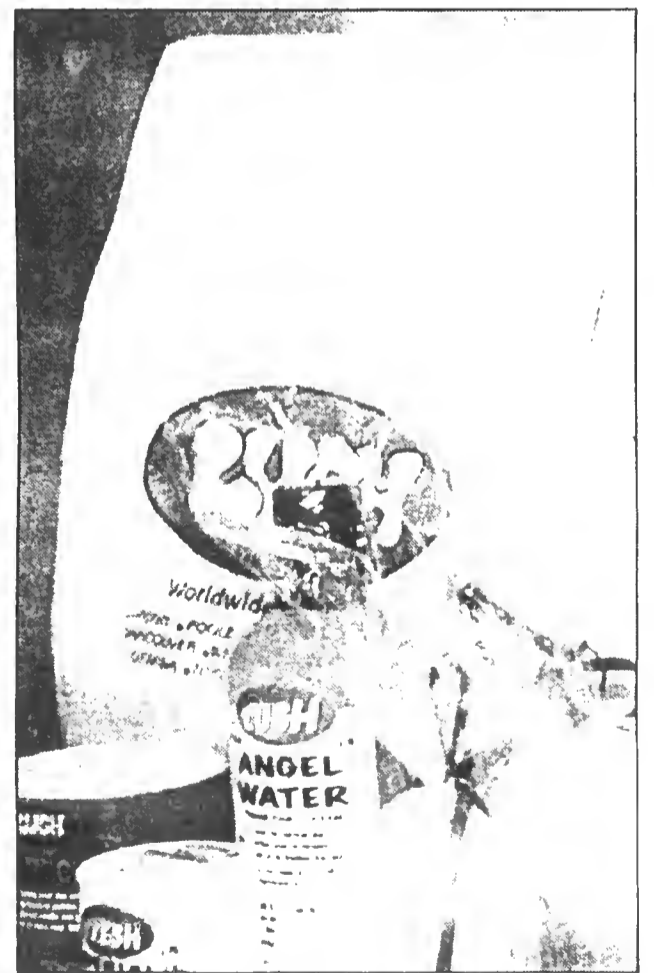


PHOTO BY AKUA BOAKYE

Pick up and enjoy these scented products.

do not condone the use of any animal products.

All products are made and packaged by hand and the labels include a list of ingredients, expiry date and by whom the product was made.

Free falling

Don't try this at home; skydiving is good for a thrill, but lessons are required

by TATJANA SULKER
Lifestyles Reporter

Skydiving is a sport, a lifestyle and a thrill ride. Jumping out of a plane with a parachute and falling thousands of feet to the ground is experienced by many each year.

Natalie Schmid, 22, tried skydiving at Skydive Toronto in New Lowell, Ontario.

"It's so outrageous, not many people do it. I wanted to know what the thrill was like," she said. "It was so incredible. I was floating through the air, it's like you're flying."

To skydive you must fill out a form stating any medical conditions and sign a contract.

"People get rejected for tons of reasons, for example, if they are mentally unstable. People have to be physically fit in order to land," said Susan Davis of Skydive Toronto.

Skydiving isn't a sport you just jump into.

A ground course is required that teaches proper landing and what to do in an unexpected, but possible situation.

According to Davis, the ground course is about five hours long.

"On the ground, I had to learn how to use toggles (which steer the chute), how to position myself when jumping out of the plane, how to drop and roll if I didn't land properly, and how to protect myself," Schmid said. "I also had to watch video tapes of other people jumping, learn how to land, and we were told what to do in any dangerous situations we may have encountered. If you're going through turbulence, or if

anything happens with your chute, you have to learn how to grab your second chute."

Once you have practiced the ground activities, a test is required to ensure that you've retained all that you've learned.

"At the end of the course they have to do a test and if we don't think they know the knowledge of the course well enough to jump, for their own safety, we will ask them to come back," Davis said.

"In that case, we would reject them, but we would always give them the chance to come back and jump, or they would get their money back."

Schmid said "I had to wear a walkie-talkie that was attached to my waist, a helmet, special suit, and a parachute. The stuff weighs a ton."

Divers are not left alone while up in the air.

"We do radio instruction from the minute you exit the plane to the minute you hit the ground. You get radio help from an instructor on the ground and from one in the plane. After you're self supervised, you don't need that anymore," Davis said.

According to Schmid, once you go up in the plane, you have to be ready to jump.

"The instructor says go and you jump. There's no hesitation, you have to go," she said. "I was 4,000 feet in

the air, and once I jumped out the chute pulled almost immediately. I had a knapsack on that was attached to the inside of the plane and it automatically released my chute. It took about three and a half minutes to get down, and I landed in an open field.

There was a target, a bull's-eye on the ground, and that's what you're aiming for the whole time."

Schmid loved the experience and wouldn't hesitate to jump again.

"It's wicked when you're up there because you can see everything, it's just amazing floating through the air," she said.

"If you're afraid of heights, it doesn't really matter because you're just too



PHOTO BY TATJANA SULKER

Divers wear about 16 kilograms of equipment including a second chute to ensure a safe landing.

overwhelmed with the excitement to worry about that. I'd seriously recommend it to anyone, it's insane."

Skydive Toronto offers a regular rate of \$213. Their rate for the Christmas season is \$149. Once you've bought your own gear and have self-supervision, it becomes cheaper to jump. Then the rate ranges from \$13 to \$28.



PHOTO BY TATJANA SULKER

Everything from how to jump, to proper landing is taught on the ground before you leap.

Due to the combination of technical and business-related courses... "This program addresses a unique need in our industry that has not been adequately addressed by either the private or public sector in Canada today." Microsoft Canada

95%

of ITP Information Technology Professional Program students land a full-time job within 4 months of graduation.

Earn your MCSE (Microsoft Certified Systems Engineer), CLP (Certified Lotus Professional) and CNA (Certified Novell Administrator) designations in 12 months. Just some of the many reasons you should consider Ryerson Continuing Education's new ITP program.

Attend one of our free information nights from 6:00 to 7:30 p.m.
December 2, 16
January 6, 13, 20, 27

Telephone 416.979.5359
Fax 416.979.5148
Website www.ryerson.ca/itp
E-mail itp@acs.ryerson.ca
Courses begin February 1999.

Start here.

Continuing Education brings life to learning
at Ryerson Polytechnic University

RYERSON

Arts

"If I don't sell beer, I go bankrupt."

Humber filmmaker immortalizes poet

by LOUIS TSIKTSIRIS
Arts Reporter

Canadian poet, bp Nichol is considered one of the best of the latter half of this century.

On November 25, the documentary about Nichol's life, *Pushing the Boundaries* was shown at the Henry White Kinnear Education Theatre in the Art Gallery of Ontario. Humber College Film and Television Production teacher Brian Nash directed the film.

Family and friends of Nichol, many of whom were used in the documentary were at the showing.

Nichol, who died in 1988 at the age of 44, changed the face of poetry. His work involved taking sentences and words apart and playing with both words and the individual letters.

"What I found out of the film

that I made is about the spirit of the man (Nichol) and his work," said Nash, who had a number of students and former students of Humber help him with the making of this film.

The independent film got funding from the Arts Council, from the National Film Board of Canada, and a few others.

Nash and producer, Elizabeth Yake are excited that Bravo just picked up the film and will be airing it on TV sometime in the spring.

"Amazingly enough, nobody wanted the film before it was made and nobody really wanted to buy it after we made it," said Yake.

There was a bittersweet mood in the theatre as almost everyone gathered around Ellie and Sarah Nichol, the wife and daughter of bp, when the film ended.

No one was crying though. People discussed Nichol's poetry

and laughed about things he used to say.

They recalled one of Nichol's

conversations with God in the hospital a few days before his death.

"Why do I have to die, God?" asked Nichol. "Why not?" responded God.



Humber faculty member Brian Nash directed a documentary film about poet bp Nichol.

To live and die in the music biz

by ANDREA TRENTADUE
Arts Reporter

Many bands dream of reaching the pinnacle of rock star success, playing their music in front of thousands of admiring fans. But, making that dream become a reality is not easy. To many it seems as hard as reaching a star.

"I think it's important not to become disillusioned that you are going to be famous," said Cherie O'Connor, who sings in a rock band.

O'Connor's band Pup has been together for more than four years. Only months after hooking up, they were in a recording studio working on a demo. They've now produced two CDs.

She said it's necessary for each of them to keep everything in perspective so they don't get lost in the whole idea of stardom.

"We're all grounded. We might never make it," she said.

O'Connor said with the help of an interested friend with connections, they engineered their demo. He liked what they produced and mentioned them to Marshmallow records, a label which had never signed a rock band and believed Pup should be the first.

"It was literally only months later. It was about us being in the right place at the right time,"

O'Connor said.

O'Connor said it was just about friends getting together and having fun. They were asked to play a gig for a school and everything else began to fall into place.

"I had no intentions of getting that serious."

It doesn't come that easy for

they stick with it.

"It was fun back then and is fun today," Cedrone said.

However some aspects of the band become more important.

"You get more serious with song writing. It's more dedication. You start jamming on a regular basis and you're putting more... into it," Oriente said.



MANIPULATION BY MICHAEL STAFFORD

Although hard to come by for musicians, money is essential in order to nurture, feed, and maintain the rock lifestyle.

all bands. Grain, a band from Woodbridge is experiencing what most go through the frustrations and hardships of breaking into the industry.

The four guys - Tory Oriente, Julian Cedrone, Donny Amato and Carlo Joon - are a rock band with a lot of heart and many aspirations yet they haven't felt ready to commit to the next level.

The band said their reasons for starting are the same reasons

David Quilico, an A & R (artist and repertoire) representative at Sony Music said it's important for bands to keep active in their own music and to pay attention to what others are doing.

"(Bands should) listen aggressively to artists they like, focus on song writing ability and perform live," he said.

For Grain, song writing has become very important,

although, they said they find it hard.

"When we started out, we were pretty much just instrumental, that's why now it has been a challenge for us to actually try writing ourselves," Oriente said.

There are several ways bands can get noticed and signed. One way is by sending a demo tape to a record company. The record company will review the tape, and if they hear something they really love, they will meet with the artist.

"We're looking for all styles of music," Quilico said. "One common denominator though, world class talent from rap to instrumental to country."

Another way to get signed is to be noticed playing live.

"There are Canadian festivals held in Vancouver, Toronto and the East Coast. We attend those and scout for talent," Quilico said.

The third way, according to Quilico, is word of mouth. Hearing about a great artist through management or someone who is in the music industry and whose ears they trust, can lead to the discovery of a band.

Craig Morrison, general manager of Lee's Palace, said his main concern is not really on the band he brings in but rather on what the band will bring in for his venue.

"I have to have some beliefs that people are coming to see the band because if I don't sell beer, I go bankrupt," Morrison said.

Morrison, who has had such artists as The Tragically Hip, Nirvana and Alanis Morissette on his stage, said it is important for him to know where a band is from, how old they are and where they have played. If they can bring in 200 to 300 people, he said he will offer his stage to them.

Quilico said the industry is both competitive and difficult. He said they get a minimum of 1000 demos a year and more than 3000 phone calls on demos a year.

"The standards are extremely high and what it comes down to is talent," Quilico said.

Pup produced a music video which got played on Much Music, but O'Connor said it now seems to have disappeared.

"You have to know someone. It's really discouraging. It's really a lot about who you know," O'Connor said.

Both Pup and Grain are facing their own struggles.

So, why do bands like Pup and Grain keep on trying and working when the odds of success seem unreachable? Donny, a member of Grain couldn't have said it any better.

"Just for the love of it."

Bennett dances After Dark

by SEAN COUSINS
Arts Reporter

As a boy, he sang in a Jamaican church choir, but now Humber College media arts student Mark Bennett is on his way to a promising career in music.

Bennett, who goes by the stage name Tony Anthony, and his band After Dark, have just released their self-titled CD. Their new music video appeared for the first time on MuchMusic last week.

Once U Go, the follow-up to the band's first single U & Me, is the name of the video currently being aired by Much.

And if Canadians like the video, After Dark may soon step out of the tiny indie spotlight and into a brighter one.

Bennett is one of two vocalists in After Dark. Rosemarie Stewart is the other half of the unorthodox dance band.

After Dark plays dance music, Bennett said, but it is very different than what is currently on the market.

"North American dance is too fast-paced. We're not like that," Bennett said. "We play more of a British-soul dance style, something that is rare here in Canada."

Bennett believes that strong writing, both musically and lyrically, along with

harmonious vocal styles is what makes After Dark a refreshing change from the norm

Bennett's musical influences and interests are varied. He said musicians such as Al Greene, Van Morrison, and Bob Dylan, are some of his favourite artists.

"I just appreciate good music, no matter what it is," he said.

Singing a mix of blues, jazz, soul, pop, and reggae at hotels along Jamaica's north coast was Bennett's intro into pro-music. He then joined a band called Crucial Vibes and toured the world.

Bennett has lived in Canada for the past five years and began performing at clubs in Toronto upon his arrival. It was during a gig at the Cameron House that he was introduced to Stewart, the future vocalist in his band. They happened to be performing at the same place that night.

Realizing their potential together, Bennett convinced Stewart to join him and they have both spent the last five years practicing, putting together a CD, establishing a presence in Toronto, and producing their recent video.

Although they've had previous success in the European music scene, After Dark is a fairly new to Canadian music.

"Our singles are being played on college radio stations all over Canada,"

Bennett said

Stewart believes After Dark has a very bright future ahead of them if the video is well received by Canadians.

"We're trying to let people know who we are," Stewart said. "Ultimately, we

want to get noticed by a major label and that's the main reason we're putting this video out."

Getting a contract with a major label is on the top of After Dark's to do list because most of the costs associated with running After Dark come out of their own pockets.

Production of their four minute video cost After Dark about \$30,000, and the CD cost another \$13,000, but about 50 per cent of those costs were paid for with a grant received from the Toronto-based Foundation to Assist Canadian Talent on Records.

Being in an indie band does have its advantages, Stewart explained.

"We're free to explore our creativity in any way we want to, but we lack the funding that bands under major labels have," she said.

After Dark has also appeared as featured artists on Electric Circus, but are off the circuit for now so they can devote more time to promoting their new CD and video.

"We hope to be playing some gigs around Christmas though," Bennett said, most likely in the Toronto area.

To find out if After Dark is performing live any time soon, you can check out their website at www.marcrose.com.



COURTESY PHOTO

After Dark can be seen in the halls of Humber College or the dots of Much.

Radical new conspiracies

by CHRIS HOLLOWAY
Arts Reporter

The year 2000 bug was not an accident. People systematically have their health insurance cancelled. The FDA has no problem spitting out poisonous medicine to third world countries.

This sounds like something out of Conspiracy Theory, but it could happen according to Gregg Alexander of the pop band, New Radicals. In a time where most music has trite lyrics, Alexander is truly a radical who speaks his mind on any topic.

"My music is a statement of

what I'm feeling, or my point of view on a situation," Alexander said. "Rock n' roll was supposed to be the voice of the people, a voice against injustice. Now you run the risk of freaking people out, or pissing them off."

He doesn't hold back when writing. In You Get What You Give, the first single off the album *Maybe You've Been Brainwashed Too* he calls Beck, Courtney Love and Marilyn Manson fakes. In another he sings "Deals cut throughout the night, signing away the rights to your life."

However, the New Radicals are more than just a soapbox for

him to preach his somewhat paranoid views. Musically, they can really put on a show, as fans at Lee's Palace found out the night of November 30. The hour long set was filled with energy, ending with a driving version of You Get What You Give.

Although this was only their fifth show together, their album is on the Billboard Top Ten Newcomers Chart, and their first single is getting constant play in Canada from local radio and MuchMusic.

This leap to fame is a far cry from Alexander's last attempt to break in to the recording industry. He would sneak into record producers offices, and start singing before they could kick him out. After this didn't work, he drove across the country 12 times, wrote music, and eventually settled in London and New York. He eventually met the members that would form New Radicals.

The chemistry between the members was evident on stage, both musically and personally, especially between Alexander and backup vocalist Danielle Brisebois.

"She's got a lot of soul," he said. "We met and it was real magic."

Alexander says he also prefers performing to recording.

"Playing live is completely different than recording. The studio is a controlled environment,"

he says. "On stage we can be goofy and have more fun."

The spectacular part was they've only been playing together a short while, yet would break into long improvisation sections, with the instruments laying down the groove, and Alexander just singing as the words came to him.

"I love the ad-libbing. About 25 per cent of the show was improv," he said.

Alexander says he will not water down his messages and continue to write music for what he is feeling, provided the world is still in existence after September 1999, which happens to be another of his theories.



COURTESY PHOTO

Gregg Alexander of the New Radicals believes that Beck, Courtney Love and Marilyn Manson are fakes. Go figure.

Friday Concerts
at THE
GRANDSTAND
CONCERT VENUE & SPORTS BAR

LIVE: The College Concert Weekend
Pre-Christmas Blast
Fri, Dec 4th
MCA recording Artists: Rusty
Bus tour round trip from campus to the Grandstand=\$8.00 ticket

Sat, Dec 5
The Ultimate Celtic Party
with the Mahones

Attention All Students! Party bus tours from Humber UTM, & Sheridan included in Rusty ticket prices

1820 Dundas St. E., Mississauga, ON
(905) 270-0355

Raving and drooling

Super Tuesday wasn't so super, folks



Offspring
Americana

New punk continues to thrive, somewhere. After all, Offspring was allowed to make another album. This new album is a pleasant mixture of Minor Threat and Weird Al. Silly lyrics blended together with steady rocking guitar parts. The first released track, 'Pretty Fly For a White Guy' is a scathing social commentary on male caucasions with identity crises. It's that sort of cutting edge songwriting that have made Offspring such a phenomenon. In fairness, there are some solid tracks on the album, but on a whole Americana will leave you sort of empty. If you liked the Joe Pesci album, you'll probably think the new Offspring is pretty wacky.



Paul Weller
Modern Classics

By no means is it a stretch to call Paul Weller the grandfather of British music today. After all, he is essentially an idol to the Noel Gallaghers of the UK as Neil Young is to the Eddie Vedders of North America. But is he deserving of a spot in the pantheon of rock gods?

The Beatles' White Album may very well be the only record in his collection, but you have to respect a man who carries the Fab Four flag with a genuine passion and wanton I-couldn't-give-a-crap-about-what-the-critics-say attitude.

From the Lucy In The Sky With Diamonds-ish psychedelia of Sunflower to the all-out Rubber Soul-era pop of Mermaids, Weller and his trademark raspy growl run you through the gamut of his perfectly-crafted '60s and '70s soaked rock.

But what's so ironic about the

album is that its most stellar track is the least British sounding song of the lot Above The Clouds lowers the pop and turns up the R&B to produce a song that would have fit in flawlessly on Marvin Gaye's classic What's Going On.

It's difficult to call greatest hits albums great since they're just old material mashed together, so I won't. But it sure is good.



Method Man
Tical 2000: Judgement Day

When will the Ticallion Stallion meet his match? When will his trainers and camp run off with bottles and schemes that'll divide the Wu Camp? Johnny Blaze, man of a million names runs over a broad selection of beats reigning terror and tenderizing them with his steam-roller flow. The lead single, Judgement Day, embodies the Meth flavour.

Keeping in the spirit of the American Thanksgiving (which we just passed) I'd like to be the first to thank Meth for not releasing a double album, and for not doing a track with Puff Daddy (please see Suspect Chin Music). Donald Trump has this on heavy rotation.



RZA
RZA as Bobby Digital In Stereo

Nice, nice, nice. RZA's anchored Wu-Tang's production, laced the Gravediggaz tracks and now unleashes a digital storm on the hip-hop horizon. He's quick to point out that this is not an RZA album. According to the press release, Bobby Digital is a "self-indulgent creature of the flesh who loves to womanize, party, spend money and wear the latest fashions..."

Has RZA forsaken his scruples in search of more lucrative and sinful pursuits? The dubious will not be disappointed, Bobby Digital is the diggiest Production and rhymes approximately 10 minutes ahead of our time



Various Artists
Tommy Boy's Greatest Beats: The First 15 Years 1981-1996

Say Merry Christmas with Tommy Boy's Greatest Beats. The 4 CD set, each available individually is a pleasant mix of the hard to find and the overplayed. Afrika Bambaataa and the Soul Sonic Force set it off with Planet Rock, laying the foundations for freestyle. Stetsasonic are Talking All That Jazz, De La Soul are questing for Buddy and Digital Underground are preaching Doowutchyalike.

And then you have tracks that appear 'cause they made dough and moved units.

K7, Coolio, RuPaul, House of Pain - catchy, but not necessarily classic or "Greatest Beats" material.



The Simpsons
The Yellow Album

If anyone - anyone - expects me to listen beyond the first one minute and 35 seconds of the first track of this album, I respectfully resign as arts editor of the Humber Et Cetera

There really isn't any good reason why this album exists, other than it's Christmas time and the kiddies need presents. The thing is, I don't see how this could appeal to a fan of the show. The days of "Don't have a cow man," are over.

Much of the record was produced by C + C Music Factory.

As they say in Texas: Remember the Bartman.

Ratted out by comic

by AKUA BOAKYE
Arts Reporter

Move over Mighty Mouse and make way for the super rodent of the new millennium, Rat Bastard. This motorcycle riding, gun toting critter is the branchchild of independent comic book creators CJ and Orson Huja. The no-nonsense rat is a private investigator who solves murder mysteries at night and fights off futuristic punks by day.

"It's basically the story of the future with genetic engineering and transplants where no one is wholly human anymore," said writer Orson. "Everyone has animal DNA in them and it's kind of gotten out of control so everybody wants to become more human... It's just kind of like a class struggle and discrimination but it doesn't matter about your religion or sex anymore, it's about how human you are."

In this corrupt fantasy world the Huja brothers have no problem coming up with character ideas.

"The people we meet, and people we see riding the subway, make interesting characters," said Orson. "We use their mannerisms, looks and postures."

"The ideas are not the hard part, the ideas just seem to flow," added C.J. "It's the execution, getting the actual page done, drawn or written, writing the dialogue and deciding on what works and what doesn't."

The detailed drawing and twisted dialogue are proof that the Huja brothers haven't been spending all of their time in the

bar. The brothers have been working Rat Bastard for three years and attribute their success to perseverance and hard work.

"To get a page a day drawn, to make that commitment and say I'm going to get 22 pages a month done come hell or high water is probably the toughest part of doing a book," C.J. said. "The fun part is going to conventions, where you get feedback from your fans. We put out

this book and we toured and the second year we went around to San Diego we sold 1200 books."

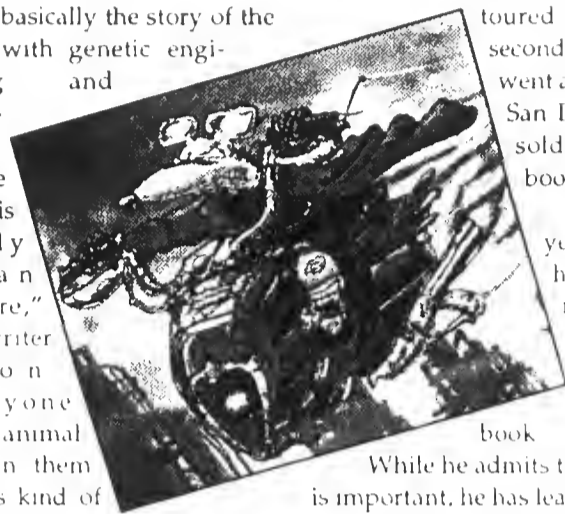
Over the years C.J. has seen many facets of the comic book industry.

While he admits that talent is important, he has learned that new artists must receive training and learn the business aspects of the industry to avoid disappointment.

"A lot of small press guys get into it and their execution is poor," said C.J. "They put out one book and they think that one book is going to catapult them into the upper stratosphere of this business and they are incredibly disappointed and depressed when that doesn't happen."

The Huja brothers admit they have radical views about what type of product they should put out. They are not trying to "sucker the fans" into buying the book and have turned down toy deals and offers to do television animation. Despite warnings of bankruptcy, the brothers sell Rat Bastard for \$1.25 U.S., unheard of for an independent publisher.

"If you're motivated by money you're better off selling insurance," said C.J.



CKHC 91.7 FM

"The Voice of Humber College"

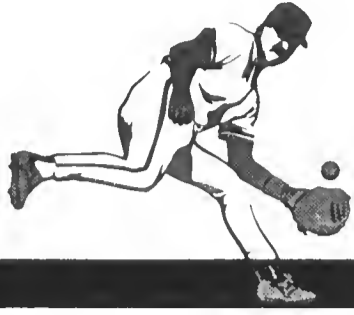
News

Weather

Sports

Music

In the Halls of Humber



Sports



"He's the John Elway of the team"

Hawks voted OCAA team of the week

by BRIAN R. SYLVESTER
Sports Reporter

Some traditions die hard. Humber continued its winning hockey tradition by recording shutout wins against Conestoga (5-0) and Boreal College (8-0).

With the wins, Humber took over sole possession of second place in the OCAA rankings and extended their undefeated streak to four games.

As a reward for their successful two games, the Hawks were named OCAA men's team of the week.

After stumbling out of the gate, losing 6-5 to Sir Sanford Fleming in the season opener, the Hawks are 5-1-1.

Their only loss in this time came against Cambrian College, the number one ranked team in the country. During the past three games the Hawks have outscored their opposition 23-2.

Their latest shutout wins came without their leading scorer Wade Dawe, who sat in the stands with a cold.

The Hawks exude confidence on the ice and that combined with the talent and speed this team has, makes it a national contender.

The Hawks were not previously ranked nationally but such convincing wins, these are the only shutouts in the OCAA this season, make a strong case for a spot among Canada's best college teams.

A northern road trip with stops in Sault Ste. Marie and Sudbury brought the Hawks their first two wins of the season, and brought the players closer together.

"I think a lot of guys got to know one another. I got hurt on that road trip (back spasms) but even though I was hurt the guys were still there. I know I really got to gel with my line-mates and I know a lot of other guys got to gel with their line-mates, too," said Curtis Hamilton said. One player who made his debut as a defenceman on that road trip was Corbie Kent.

Prior to Sault Ste. Marie, Kent

was playing as a forward Returning Kent to the blueline has given the Hawks a consistent offensive quarterback. In the wins against Conestoga and Boreal, Kent had six points.

"Corbie has been there a while. He knows how to see the ice and he knows how to feed other players. He's a team leader. He's the John Elway of the team," head coach Paul Masotti said.

Kent said he'll play whatever role the team needs him to.

"I'm comfortable as a defenceman because I've played (the position) most of my life. Playing forward is more of a thrill. I like to be up front and score but overall I think back on "D" is where the team can use me the best," Kent said.

Humber's goaltending has been the team's biggest question mark.

The team is carrying three goalies and early on in the season all were struggling. However, number one goalie Dwayne Crocker has his groove

back and is working on seven straight periods of shutout hockey.

"I'm adjusted. I'm ready to play as opposed to the start of the year when my mind wasn't really in it. Now my mind is fully in it and my game has improved and my confidence is back. Now the team's got its confidence in me back too, so that kind of helps," Crocker said.

On the night captain Rich Wand had four assists, Jeff Weiker scored two goals and Jeff Bain scored a goal and added an assist.

Humber's record improved to 5-2-1, and currently the Hawks

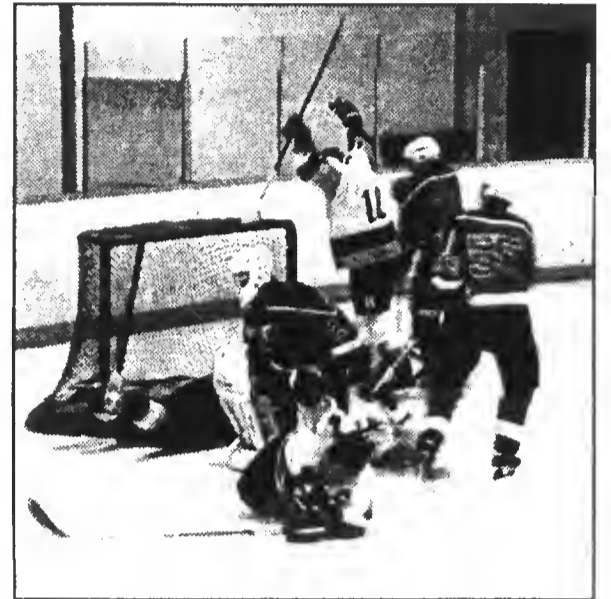


PHOTO BY BRIAN R. SYLVESTER

Curtis Hamilton scores for Humber, while Rich Wand (front) celebrates.

are perched only three points back of league leading Cambrian College.

Their current undefeated streak will face its strongest test yet against fifth ranked Seneca College on Saturday, Dec. 5 at Westwood Arena. The opening face-off is at 7:30 p.m.

Oh Lord, Hawks destroy Durham

by GARY D. MELO
Sports Reporter

Although one shouldn't use the Lord's name in vain, it must be said, the Lords' game was brutal.



PHOTO BY GARY D. MELO

The Hawks' Audrey Kaersenhout goes strong to the basket.

The Durham Lords didn't have a prayer when they stepped on the court against Humber as the Hawks defeated Durham 85-32 on November 25 for their fourth win of the season.

Denise Perrier, assistant coach of the women's basketball team, felt Humber's depth played a major role in their victory.

"It's good that a lot of people contribute because it gives us more confidence," Perrier said. "When it comes to the big games, we don't have to rely on only two or three players. We're happy to know that the offence is there when we need it."

Hawk forward Nicole Clarke came off the bench to give her strongest performance of the season since coming back from a knee injury. Clarke played an aggressive game in the post, shooting five for six from the field to end with 11 points and three rebounds.

"I'm feeling a lot better

now," Clarke said. "I've been lifting weights and trying to get the knee stronger. By getting myself into more games, I'm feeling more confident. I guess it's reflecting."

The Hawks got off to a quick start with a 21-0 run, holding the Lords pointless in the first six minutes of the game.

From there, Humber never softened up, allowing only five Durham players to get on the scoreboard, and capping the victory with a 15-0 run in the closing minutes of the game.

Durham head coach Mike Duggan said that his team's inexperience and Humber's skill were just too big of a mismatch.

"We're a young team," Duggan said. "Our inexperience showed. I only have two players back from last year and the rest are all rookies. Humber has seven players back from a championship team."

"It's tough coming into Humber College. Our girls knew they were in for a tough game. They (Hawks) are a powerhouse. I can't see anybody else touching them this year because

they're just way too strong," he said.

So far, no team has even come close to touching the Hawks in a season game which has Humber players pleading for some decent opposition.

"I think we need a little bit more competition," Hawks' guard Aman Hasebenebi said. "Our team works really hard in practice. We're capable of doing so much but we need a little more competition to get us going."

Hasebenebi was top scorer for the Hawks against Durham with 14 points, seven steals and six assists. Other scorers included

Missy McCutcheon with 12 points, Tanya Sadler scoring 11, and Kristen Adams notching 10.

Since the Hawks can't find

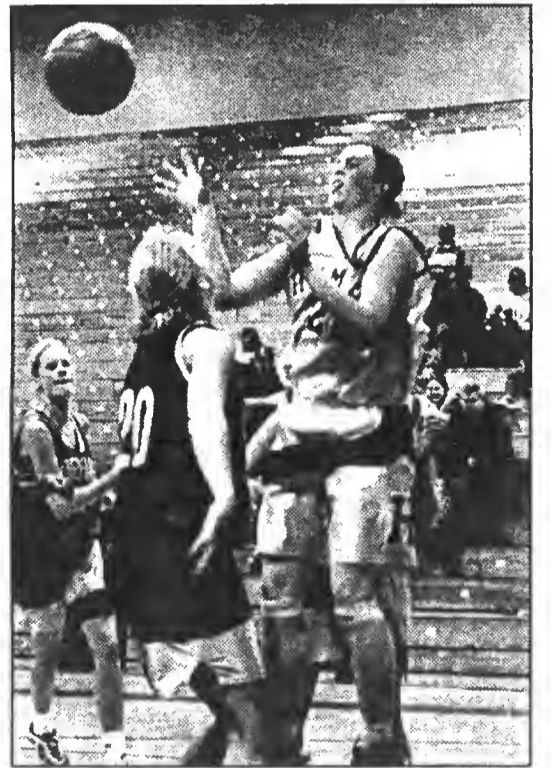


PHOTO BY GARY D. MELO

Humber guard Lindsay Higgs dishes off to a teammate against Durham.

any competition on their home court, they'll be taking it to the road with away games against Redeemer on December 9 and Georgian on December 11.

Spotlight shines on bench players

by JACK TYNAN
Sports Reporter

One of the most enthusiastic benches in the league can also quietly win a game.

The Humber Hawks women's volleyball bench is always cheering on its starters, singing and even dancing. Other teams' benches pale in comparison to the Hawks lively antics as they pump up their starters.

On November 28 the bench was called upon to play some volleyball against Boreal. They gave up their cheers to come onto the court, and won, 15-9, 15-5, 15-8.

They are an important part of the team on and off the court.

"Our bench in general is doing a lot of good things for us," Hawk head coach Dave Hood said.

With starter Jen de Miranda out with a sore knee and Lindsay Anderson unavailable for the match others had start.

Kari Rutherford started the game and Michelle Richmond also came on early. Both had a number of hits in a well played

game.

Starters Caroline Fletcher and Cindy Ross sat out for part of the game giving the rest of the team some playing time. Everyone had a chance to play and played well, winning the match in three straight games.

Mafalda Gugliuzzi and Laura Solski both came on to pass while Dyan Layne and Cassandra Harris also played solidly.

"They (Humber) were very relaxed, very focused throughout. I know they can be a lot more intense," Boreal coach Shayne St. Louis said.

The Humber Hawks were lacking intensity because with their bench being in and out of the game there was no one left to cheer. The Humber home crowd was a small one and was vastly outnumbered by about 30 Boreal fans. The Boreal fans showed up in force but not in spirit as they quietly watched their team go down.

Hawk assistant coach Chris Wilkins was in charge of the match as coach Hood couldn't make it. He was pleased with his team's play and said the lack of intensity in the game is to be expected.

"It was not a mystery that the other team isn't strong," Wilkins said. "It's tough to get motivated for a game like that."

But Boreal was stronger than expected.

"They were a better team than I thought," Wilkins said.

Humber hosts Cambrian on Saturday, Dec. 12 at 2 p.m. in the Humber gymnasium.

Buzzer beater for Hawks

by JOANNI ROMANOVICH
Sports Reporter

Never count the Humber men's basketball team out when they are down.

It took a buzzer-beating three pointer for the Hawks to escape with a 68-65 home victory over the Durham Lords.

There were six minutes left in the second half, the Hawks were trailing by 12 points and a win looked nowhere near.

"Everything's surrounded by their big man number five, Crowdis," Hawks forward Adrian Clarke said. "Once you take him out of the game, Durham tends to break down."

And that's exactly what happened. At the first half, the game was tied 30-30.

"We got to change the tempo and make some easy baskets," Hawks' coach Mike Katz said.

Cue the comeback.

Ivan Kaifex, Humber's big man, hit a shot from the outside, and guard Jeremy Murray hit some key shots down the stretch.

With five seconds left in the

game, guard Silvio Carta hit a three point shot off Humber's popular "slice play" which put the Hawks' in the lead for good.

"Jeremy knocked down some big shots," Hawks' forward Marcel Lawrence said. "But Ivan hit the big three to start our run and Sosa (Carta) put the icing on the cake and finished it off."

Clarke said, "the team played very well, especially in the last few minutes of the game. We executed well and the team got a motivational boost by Jeremy (Murray)."

For his part, Murray said, "I had too many turnovers. We, as a team, did what we had to do to win."

Lawrence said, "I had no doubt we were going to win. We were down 12 points with six



Photo by JOANNI ROMANOVICH
Humber throws up a desperation shot in a tight game against Durham.

minutes to go, that's only means six baskets. That's nothing. That's easy."

The Hawks next game is at Redeemer on Wednesday, Dec. 9. Tip-off is at 6 p.m.

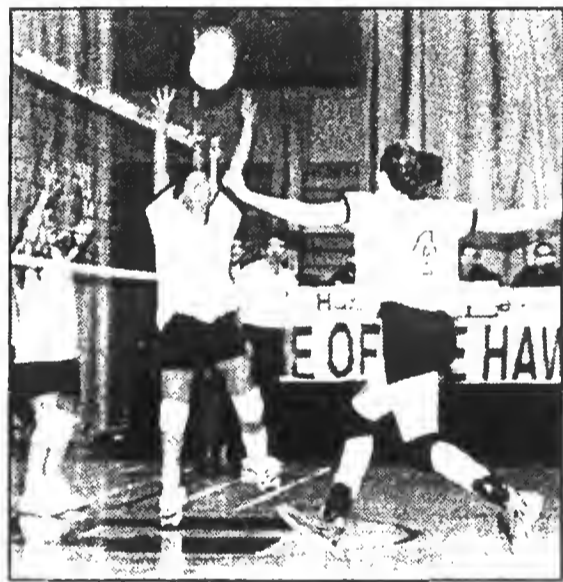


PHOTO BY JACK TYNAN

Humber Hawk Cindy Ross goes up for a spike against Boreal.

CLASSIFIEDS

TIME CONSTRAINTS?? Writer's Block? Can't find the words or the right research materials you need? We can help!
WRITE: Custom Essay Service, 4 Collier St., Suite 201, Toronto, Canada, M4W 1L7. CALL: (416) 960-9042. FAX: (416) 960-0240.


NEW YEAR'S & SPRING BREAK Wildest party tours to CUBA, Montreal, Florida, Quebec. FREE trips, discounts, bonuses for Group Organizers. Celebrating 38 years of Quality & Reliability. 1-888-593-6666. www.uniropatravel.com, uniropa@netcom.ca

SPRINGBREAK Florida, Mexico, Etc. Best Hotels, Parties, Prices. Book Early and Save!! Earn Money + Free Trips! Campus Reps / Organizations Wanted. Inter-Campus Programs. 1-800-327-6013. www.icpt.com

EARN FREE New Years and Spring Break Party Trips and/or cash! Respectable company in its eleventh year!! Montreal, NYC, New Orleans, Jamaica, Mexico. Call (416) 928-3227 or 1-800-465-1532

CLASSIFIEDS REALLY WORK. Try them out today

PHOTOGRAPHER FOR HIRE, available for Engagements, Weddings, Portraits, Pets and special events. Budget minded, call (905) 796-6144



Check Us Out First.

SCHOOL'S OUT, SPEED'S IN!



TRY OUR NEW OVAL SPEEDWAY!

PUT YOURSELF IN THE DRIVERS SEAT

EXPERIENCE THE THRILLS OF COMPETITIVE AUTORACING ON OUR 1/4 INDOOR ROAD COURSE OR FOR THE ULTIMATE SPEED RUSH! TRY OUR NEW 1/3 MILE OVAL SPEEDWAY.

FORMULA III KARTWAYS

THE TOTAL MOTOR RACING EXPERIENCE

79 BRAMSTEELE RD. BRAMPTON, ONTARIO, L6W 3K6
TEL (905) 459 1073

FOR PRIVATE TRACK BOOKINGS AND INFORMATION PLEASE CALL



du Maurier
A R T S

**Supporting 215 cultural organizations across Canada
during the 1998-99 season**