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Thursday, Oct. 10, 1991 Vol. 20 No. 6

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Quote of the week



"We've grown from a potato field to a large insititution."

> Carl Eriksen ACA Dean about Humber's 25th birthday see page 2

Theatre campus wants money

by Jerry Compierchio

Theatre Humber is threatening to start its own SAC if Lakeshore's Student Council doesn't meet its

budgetary demands.

Bryan Carver, student representative of Theatre Humber, said that Lakeshore SAC (Student Association Council) has been neglecting the Theatre campus.

There are close to 150 people at this campus and we all pay activity fees," said Carver. "We're paying out money and getting nothing back.'

Carver's main complaint is the lack of equipment that is available to students.

"We have major problems getting anything from Lakeshore. To date, we haven't had a budget and almost everything we have the students bought or it's been donated. We get the leftovers that nobody wants," said Carver. "We're an arts campus. We study films here, but we have no VCR or TV.

If these issues are not attended to, Theatre Humber will approach North Campus' administration with a proposal for their own student council.

At a meeting held on September 17, Lakeshore SAC agreed to include a Theatre student representative on its council. Along with full voting privileges, SAC also agreed to draw up a new budget that will include the Theatre campus.

"We're fully willing to try," I want to m says Carver, "but we're going in a dragon."

with our eyes open. We've had a lot of empty promises before. We want these new ones in writing.

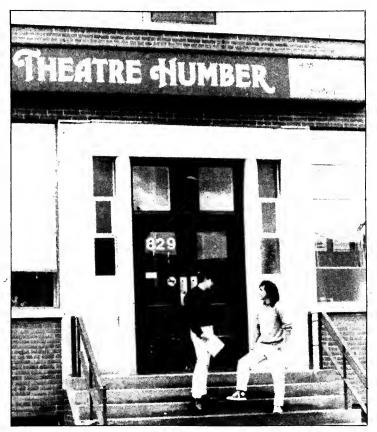
Lakeshore SAC however, said it is sincere in its promise to try to improve Theatre's current posi-

"I agree with their (Theatre's) arguments that they don't have the best equipment and that they haven't been treated fairly in the past," said SAC President Frank Cappadocia. "At the moment we're short-handed and I have to get a foot-hold in Lakeshore before can fully address the problem at Theatre.

Cappadocia said Lakeshore has done quite a lot for the Theatre campus. In addition to providing them with furniture, SAC also provided funds for a photo-copier.

We gave them eight chairs and four love seats for their Green Room (student lounge). They asked us for some furniture and we gave it to them. They weren't new, but they were good quality.

"Lakeshore's had years and years of lousy equipment in its student lounge. We bought two new couches and gave Theatre five old ones. That seems like a very fair trade to me," said Cappadocia. The chairs we gave them last year are missing. I don't know where they are but I'd like to find out before we ship out any more. Either someone took them or they've been used somewhere else. I want to make sure I'm not feeding



Where's the money? — Theatre Humber representative Bryan Carver showed Lakeshore SAC Pesident Frank Cappadocia around the campus. Carver wants more money from Cappadocia or they may start their own student's council.

Bi-elections cancelled

by Mary Beth Hartill

A record number of students showed interest in this year's SAC bi-elections, but the race was cut short before it began.

All Divisonal Representative positions were acclamated, cancelling any need for elections.

One of the nominees for the Health Sciences division dropped out of the running on October 2, the day of the advanced poll.

The Students' Association Council (SAC) handed out 55 nomination packages for interested students. Normally only 25 to 30 are requested. "We were really pleased with how many people were interested," said Lie Janssen, SAC activities co-ordinator.

With every nomination package a copy of the Constitution and Bylaws are provided.

"We try to encourage them by saving it's lots of fun and you meet lots of people, but it's kind of intimidating," Janssen said.

Acclamations for the following positions have been filled: Dennis Hancock, director of Excursions; and Lisa Gunell, director of Public Relations are the new Applied and Creative Arts division representa-

Dorothy Wemer, director of Winter Madness; Tod Manser, director of Lecture Series; Nick Allen, Director of Residence; and Chris Thompson, co-director of excursion; are the new Business division representatives.

In the Technology department, the representatives are Frank Verardy, director of Special Events and Projects; Andrew Marriott, director of Athletics; Tim Sullivan, director of Arts; and Marie Balkisson, director of Professionalism in Women.

Because the acclamations for the Health Sciences department came in later, directors have not yet been

appointed.
Tracy More, Todd Glaves,
David Thompson and Jamie Rolf will also get directorships from

council meetings and subcommittee meetings for the Finance Committee and the Centre

Residence laundry hit by vandalism

by Don Jackson

Increased vandalism in Humber Residence's "S" building has led to a shortening of laundry hours for students.

There has been an increase in vandalism," said Aina Saulite, director of student residences. "There has also been an increase in the number of males in "S" building.

"It's pathetic what students have done to that building in less Steve Duquette, an "S" building resident explained how

some vandals get their wash done: "they pop (the coin slots out) ... jam in a broomhandle and they get it for free. Duquette said the "machines take your quarters...they don't work properly ... I got ripped off."

Neil Verburg, a first year funeral services student and a resident of "S" building, said the washing machines "rip apart your clothes ... it happened to me a couple times ... there's

hardly any time you can find a washer or dryer. Last year, approximately \$50,000 went toward repairing damages. Plans to create an anti-vandalism program, similar to

Neighbourhood Watch, are expected to be drafted this week. As it stands, the "S" building laundry room is locked at 9 p.m., and unless "S" building vandalism decreases noticeably.

the situation is not likely to change.

The laundry facilities at "R" residence will remain open 24

Support staff votes

Almost 500 support staff union members will be voting today, Thursday, on the newest contract proposal. Voting will be held at the North campus between 7:30 and 5:30, and Lakeshore campus from 8:30 to 4:30. All other campuses will vote at a mobile unit between 10 a.m. and 2 p.m. This is not a strike vote.

Flu Symptoms

by Keri Wellhauser

For years people have been crying wolf about the flu, when what they probably had was just a common cold.

Influenza is a very serious illness, said Mary Carr, Registered

Nurse at Humber's Health Office. People with chronic heart, lung and kidney disease, disorders such as diabetes and seniors are in the high-risk category because they usually have weaker immune

Symptoms of influenza include a bad cough, high fever, chills, burning and watery eyes, aches and pains, weakness and loss of

A flu vaccine has been developed to reduce the chances of contracting the illness, said Carr. However, no vaccine is 100 per

cent effective.

Over five million Canadians are considered at high risk of serious illness or death, but only 30 per cent of these people receive the vaccine each year. Carr said, "Turge any of them that are in the high risk category to receive the vaccine."

She added, "Humber College has a very limited amount of the vaccine. They give it out until the supply is gone." Carr said only people who are at risk should come for the shot. Students can also receive the vaccine shot from a public health department or family

receive the vaccine shot from a public health department or family

doctor.
An Etobicoke Health Department fact sheet said about 5,000 Canadians die each year from pneumonia and influenza complications. But Carr also said last year's statistics show the number of cases of influenza was very low.

Some of the complications that can occur as a result of influenza and may be life threatening are pneumonia, kidney failure and a variety of nervous system disorders.

The fact sheet said "influenza and pneumonia account for

70,000 hospital admissions and one million bed days each year." It is estimated that influenza costs \$500,000 per year in Canada.



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Arboretum turned into scrap building materials dump site

by Chris DiCesare

A dumping ground for scrap building supplies has been found on land just west of the North campus Arboretum.

The dump site is located off an Etobicoke Public Works access road, which runs off Humberline Drive. The garbage, which was discovered in the summer, is heaped in three large piles to the north and south of the storm drains.

The dumping occurred toward

said (Sid Baller, superintendent of the Arboretum.

This is the second time in three years Baller has been aware of people entering the Arboretum and dumping garbage. "A couple of years ago, we had a similar thing on a smaller scale," Baller said.

To clean up the mess in the Arboretum now would take his staff of four two days to remove the drywall, gypsum rock, and scrap wood, he said.

'It's our responsibility, and we're going to have to deal with it." Baller continued.

Baller is waiting for Arboretum Chairman, Stephen Bodsworth, to issue an order to clean up the areas which have been affected. Bodsworth is waiting for Metro Works to respond to an application for a dump deferral fee (to dump the building supplies at no cost to the college). The fee for dumping refuse in Etobicoke is \$150 a ton.

Idea bank set up

Humber bash needs input



Carl Eriksen

by Chris Vernon

Humber College has a new bank that has no line ups or service charges

In preparation for Humber's 25th anniversary, an idea bank has been set up to collect ideas on how to best mark the event.

Applied and Creative Arts Dean Carl Eriksen is chairing the steering committee which will oversee the running of the bank. 'We're trying to get feedback from staff and students on how to best celebrate 25 years of service," he said.

The other purpose of the bank is to help students and faculty organize the festivities.

We also invite a division to set up their own anniversary committees. Those committees are in charge of generating ideas and reporting back to the steering committee," he said.

The bank will be open until October 15 and is located in the ACA office in K107. Ideas can be addressed to Carl Eriksen.

'We don't have any particular events planned yet, but we hope people will deposit some," he

Eriksen hopes to energize the college and make it aware of the success it has enjoyed over the last 25 years. "It should be a giant party.

We've grown from a potato field to a large institution," he said. One idea Eriksen wants to implement is to bring in some of

Humber's successful grads from the last 25 years. 'Some very successful people come from Humber,' said have come from Humber, Eriksen. "They are very high up

on the corporate ladder. Eriksen and the steering committee hope to have specific plans rolling by mid-December.



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Job rate drops for college grads

by Rick Cardella

There were 65 per cent fewer new full-time job listings available for Humber grads last month than in September of 1990.

However, one month does not present a complete picture of this downward trend, said Director of Placement and Financial Aid, Judy Humphries. A more accurate picture is drawn when monthly

For the combined months of August and September, there has been a 48.8 per cent drop in new job listings — compared to this

These figures are based on stats given by the Career Service

The college's job listing figures for the last three years in September are as follows: Sept. '91 — 189 jobs listed; Sept. '90 —

534; and Sept. '89 — 970 jobs.
"We are not coming out of this recession as quickly and as easily

as people thought," said Humphries.

She also said Humber is not the only college experiencing this trend. "I've talked to my counterparts at Sheridan, Seneca, Centennial and George Brown," she said. "We all compared percentage decreases and we've been anywhere from 30 per cent to 50 per cent in decline in the number of jobs listed over the previous

In November, a survey of at least 85 per cent of graduates will be prepared. "That's when we'll find out for sure what kind of success (the grads have) had:

Because of the shrinking job market, she said, some students have changed programs. "We're seeing more interest in programs with work experience.

'Students have to start planning now, if they're graduating in the spring," said Humphries. ..



PHOTO BY RICK CARDELLA

Job hunting — Graduates seek work in a diminishing job market at Humber's Career Centre.

Human rights upheld

by Carrie Kortis

The Union Management Employment Equity Committee of Humber College is drafting a new human rights policy, protecting both employees and students from harassment and discrimination of

The policy states that every employee and every student can expect a work and study environment free of harassment that is based on race, ancestry, religion, sex, age, record of offences, marital status, disability, sexual orientation, etc.

According to Maureen Wall, Co-Chair of the Committee, the proposed complaint process is much more centralized. "We hoped that by making one policy that was more consistent, centralizing the complaint process, students and employees could be assured that their complaints are taken seriously and dealt with

With the present policy, "sexual harassment complaints can be dealt with separately by the Committee on Sexual Harassment (COSH)," said Wall. There is no organized method of dealing with complaints of discrimination and harassment, and complainants can go to any college official.

With the new proposal, there will be one centre where com-

plaints are heard.

Wall said a brochure will be distributed to administration, faculty and students after the approval of the new policy some time this

The brochure will define discrimination, harassment, and sexual harassment, and will include a list of resources to contact.

A school nurse, counsellor, union steward, and the chair of the committee on sexual harassment are some of the names that will appear on the list.

"These people will be trained in how to receive a complaint, and they will give the according advice and assistance," said Wall: If someone has a problem, the

first step is to fill out what Wall calls a "complaint heard form," without names or details.

Wall said that excluding names on the forms is externely important. "We want the complainant and the respondent to feel protected. We don't want them to feel that the complaints will float all around the college.

After an informal complaint has been made, the resource person will advise the complainant on how to proceed in making a formal complaint involving legal action.

"Problems of this nature will not be hidden and will be dealt with fairly and discretely, including some kind of monitoring of how human rights are dealt with," said

TTC adds new route

by Monique Taylor

The TTC has added a new express route to speed commuters to Humber College's North Campus in record time.

The new 'Express 191' bus travels from Kipling station to Humber College during the morning rush hour, and from Humber to the station during the afternoon rush.

The express started running Monday to Friday on June 23 of this

During the summer, the bus turned right off Highway 27 onto Humber College Boulevard and commuters travelling to the school had to walk the rest of the way. But, in the fall the route was changed and the bus now stops right in front of the college.

Tim Jones of the Toronto Transmit Commission Information Office said the new route was added because the TTC "recieved requests from constituents in the area.

At the moment the route is on a six month trial basis. Depending on ridership, it will be decided whether or not the route will become permanent.

The bus ride takes approximately 20 minutes.

DARE-ing retreat

by Sasha Paul Sabga

Students at the Lakeshore campus are signing up for a program involving interaction between teachers, social workers, students and young offenders.

The program, called DARE (Development through Adventure, Responsibility, and Education), helps college students to get back to nature and helps young offenders as a form of rehabilitation.

Sheli Caplan, a second-year student in the Child and Youth worker program, said DARE provides students with many new challenges as well as a way to improve coping

'It's a retreat for students to collect their thoughts and experience

Forty students from the Lakeshore campus have already signed up for the program — an increase from the 25 students who signed up last year.

According to Susan Berkis, a faculty member, the increase in students signing up for the program can be attributed to the over all satisfaction they get when they become involved with DARE.

"I think the students challenge themselves physically and emo-tionally by taking risks," Berkis

Wendy Nyhoss, who signed up for the program this year, said she feels she will gain an over all awareness and understanding of the wilderness, troubled youths and her personal goals.

The spring and fall activities at the camp site, which is located on the east side of the Parry Sound district, includes canoeing and hiking, as well as risk activities like rope courses, obstacle courses, and other program options which are designed to increase self-respect.

During the winter months activities include snowshoeing and-

Anyone interested in signing up for DARE, can call collect at (705) 746-9222

An \$80 fee covers meals, accommodations and instruction. Students are also required to take a medical examination before they can attend.

Proposed complex will force Humber gardens to uproot

by Ricardo Brathwaite

Humber College has told the staff of the Demonstration Gardens that the gardens must be moved from the spot they presently

"We have been told by the college that they would like us to move out by June 1993," said Stephen Bodsworth, Chair of Applied and Creative Arts and the director of the Arboretum.

The Demonstration Gardens are part of the Humber Arboretum, which has been around since 1977. The Arboretum land is owned by the college, the City of Etobicoke, Municipality of Metro Toronto,

Conservation Authority.

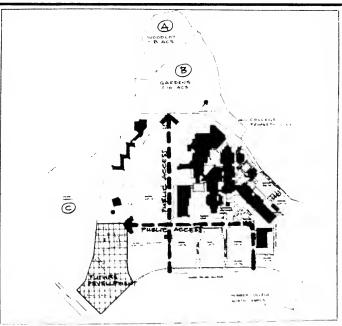
Bodsworth said the Demonstration Gardens will move to the area of the Arboretum which faces out onto Humberview Blvd. The land in that area is owned by the separate and public school boards and the City of Etobicoke.

The owners of that land want to build a multifacility complex in the area. "They are proposing to have one facility shared by the two school boards and the schools will have an environmental focus,' Bodsworth said. "There is going to be a library, as I understand, a recreation centre, possibly a day care centre, and a senior's centre.

and the Metro Toronto and Region Humber is considering building some kind of future transit system for the College on the property.

One of the concerns for Bodsworth and the moving committee is whether to keep the Demonstration Gardens the same in structure or to

Bodsworth says it is too easy to vandalize the present Demonstra-tion Gardens. "The Woodbine shopping centre is a big drawing card so people sometimes cut through the Arboretum and sometimes vandalism occurs," Bodsworth said. "Vandalism is encouraged because there are a lot of fences there and a lot of dark



Replanted! - Proposal calls for relocation of gardens,

EDITORIAL

('oven

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Marauding youths

Why have violent gangs of teens and young adults looted three Toronto establishments in the last month?

On the final day of the Canadian National Exhibition a gang of 300 youths descended upon the Midway, stealing prizes from booths in a three hour rampage. They smashed windows and pelted police with rocks as they made their way to Bathurst subway

On September 28, hundreds of teens swarmed through the Eaton Centre, vandalizing a Stitches store. Hundreds of police patrolled Yonge Street, stopping access to Dundas and Queen subway stations in an effort to calm and corner the rioters.

Last Sunday, around 50 youths charged into a Scarborough flea market wielding baseball bats and hammers. The bandits, who stole \$100,000 in jewelry, wore hoods or black hats, and bandanas across their faces.

All three of these incidents happened in the middle of the day, and were clearly premeditated and well-orchestrated.

What motivates the actions of these marauding youths? These are not crimes of necessity, but crimes of status. The youths are not poverty-stricken in search of food for survival, but merely looking to improve their image with nicer clothes and more expensive jewelry.

Some of these teens undoubtedly participate in the riots because of peer pressure from a few persuasive leaders. Others may feel there is anonymity in numbers, rendering no one person responsible for the actions of a crowd.

The Young Offenders Act does not deter this devil-may-care attitude in the participates of these swarms who are under 18. The act ensures that the names of arrested youths will not be made public, and that the ensuing charge will not become a permanent blemish on a record.

Police have arrested nine youths in the Eaton Centre swarming, and charged three youths on Tuesday in relation to the Scarborough flea market raid.

But if the Young Offenders Act fosters and protects young thieves, are the police just wasting their efforts?

It is time for the Canadian legal system to reassess the Young Offenders Act. If these teenagers are held responsible for their actions, perhaps they will curb their destructive ways.

Gillick for mayor

Fourteen years ago they were only a snowflake in the eyes of Toronto baseball fans during the flurries of their first game, but the Blue Jays are champions of the American League East for the third time.

In a short period the Jays have miraculously transformed themselves from an expansion team into a dominant force in the American League. To illustrate this point just consider the fact that the Seattle Mariners, who came into the league with the Jays, only achieved their first winning record this season.

Let's hear it! Pat Gillick for mayor! Susan Fish, June Rowlands and Jack Layton eat your hearts out.

Gillick showed initiative and foresight by trading Fernandez, Bell, and McGriff in the off-season. The acquisition of Carter, Maldonado, and Alomar was a gamble that only Gillick was willing to take.

If one of the election candidates possessed such vision, a red carpet to the mayor's office would follow. But for now, the masses are following the Pied Pipers of the SkyDome.

The bandwagon has turned onto Front street and it won't stop until the musicians are playing taps to a defeated National League





Christina McDonald 1st Year Nursing "Yes, it seems logical to if you want to protect yourself against unwanted pregnancies and diseases.



Do you practice safe sex?"

by Bernadette Lindsay and Diane Dunn



Sunny Akinbode 2nd Year Electronic Technician Yes, to protect from AIDs and all the diseases. Also to protect my partner.



Anne Warren 1st Year "Yes, for preservation."



Guri Grewal Civil Engineering "Not usually. I'm too lazy."



Graeme Turturn 1st Year aping Tech Yes I do. I'm not terribly interested in getting STDs or impregnating someone. My father told me not to make him a grandfather too soon.'

Write us!

Coven welcomes your letters. If you see something on our pages that makes your blood boil, tickles your fancy or just prompts you to express your valued opinion, don't hesitate to drop us a line at the Coven office in L231. We'd be happy to hear from you!

If you've got something to sell or a service to provide, Coven classifieds are a great way to get the message out. Just drop by L231 and a little piece of Coven could be yours at a reasonable fee.

OPINION

Wheel problems



by Mark Levine

Carpooling is a hellish experi-

After all, when you spend too much time with the same people, especially when enclosed in a small metal and glass container, bulleting down the highway at a whopping 35 kilometers an hour (remember, it's rush hour), you can go a little stir crazy.

But is that any excuse not to help your fellow human being? Every day I drive to school with four other people. Looking at

other cars, we have noticed that almost all of them have only one person.

Do these people work alone? You might think that with all the problems in recent times, with elevated gas prices, pollution, and last month's TTC strike, people would cram their cars.

For example, imagine this scenario: You are the driver, half asleep in the morning; tired and cranky in the evening. Beside you is a woman, highly animated and very vocal. You hit a small bump in the poorly kept roadway and hot tea from her (always) overflowing cup spills deep into the fibres of your once clean upholstery.

In the back seat, driver's side, is a loud, chauvanistic jock who loves the warble of his own voice. On the passenger side, an ardent feminist with an operatic scream of which would make Placido Domingo proud.

And between the two is a hypocondriac, regularly convinced that he is suffering the big one, meeting his maker, kicking the bucket, etc., because he has a pain in his big toe. Yet he still tries to hide in his walkman to avoid the cross-

Now, if this sounds like a nightmare, it's because it is!

But think about how beneficial it would be if everyone went through the same hell a mere two times a day. Traffic would be eased tenfold (although there may be a few small self-inflicted accidents), pollution vastly decreased, and (here's the kicker) commuting costs would be greatly diminished (make each passenger pay a pittance for your torture in the guise of gas money).

So gather together your own little asylum and lose your mind to save just a small part of this world.



CAR POOLING: THE BETTER WAY

Russian roulette

by Billy Parish

Last month, the University of Colorado staged a "how to" forum on democracy aimed at Soviet leaders. By the look of things, Russian President Boris Yeltsin could stand to take a few courses.

In the aftermath of the summer's failed coup in the Soviet Union, Yeltsin has moved swiftly to claim powers usually associated with a despotic leader.

The result is that Russian democracy is in danger of dying in its infancy with Yeltsin largely to blame. This wolf in sheep's clothing

is taking the trust of the people and turning it into something ugly.

When the fallout from the coup raised Yeltsin to hero status he effectively became the most powerful man in the Soviet Union. But power should be tempered with responsibility and accountability.

Before the coup rendered President Mikhail Gorbachev relatively impotent, Yeltsin stirred discontent as he heckled and prodded the nation's favourite lightning rod. But now, as Russia prepares for what promises to be one of its toughest winters ever, the spotlight is on Yeltsin.

With the new Soviet order precarious at best, the president of the Russian republic will have to top the stellar performance he gave during the coup. Only this time he will need more than just

charisma to survive.

Yeltsin's first acts are not promising.

In the wake of the coup Yeltsin moved to shut down several newspapers, most prominent among them the Communist Party daily Pravda. He claimed the paper had taken a decisive stand in favour of the coup. In support of the claim he pointed to the fact that the paper printed the statements of the hardline Emergency Committee which controlled the coup. He followed this arbitrary act of censorship by dismissing the chief executive of Soviet TV and the

official Soviet news agency Tass.

In what can best be described as McCarthyism gone wild, Yeltsin is using anti-communist paranoia to increase his power. In fact, when this small group from the Communist Party attempted to take over the Soviet government they also displaced the leadership of the Party, displacing Gorbachev in both cases.

Under the guise of a Communist threat he is institutionalizing vast authority under one position; that of the Russian Presidency.

Reacting strongly to these anti-democratic measures the former ambassador to Canada, and the man deemed by many to be the "the father of glasnost", Alexander Yakovlev, levelled a blunt rebuttle to Yeltsin's restrictions.

"This should not be done in a democratic, pluralistic society or we may slide again into a monopoly of power, into uniformity of opinion," Yakovlev warned. "We shall not get anywhere with this

In fact, by capitalizing on the fear created by the coup to boost his mandate, Yeltsin has acted in excess of the principles which guide democracy. While there should be concern about the hardliners, democrats should be wary of the price they pay to keep the old

Extended powers bestowed upon Yeltsin in his rule by decree include:

• the right to veto the composition of local councils,

• power over all armed forces in Russia,

• the right to remove any local officials deemed to be failing to carry out the laws of the Republic or the decrees of the President, • the establishment of prefects to be stationed throughout the Republic to ensure Presidential orders are carried out:

Concern over Yeltsin's increased powers is not isolated to the dissident community. Recently Yeltsin was challenged by the Russian parliament over the issue of his sweeping executive decrees. While Yeltsin was out of Moscow deputies voted to place time on the agenda to debate their president's new found controls. Because Yeltsin is in office by virtue of a popular vote, he carries an aura of legitimacy only a few share. However, as in mature democracies, there must be checks and balances to ensure that no one individual's power is supreme.

Russian democracy is at a crossroads. The Russian people should not focus so much on the threat from the old regime that they ignore the indiscretions of their elected leader.

PARKING LOTTERY WINNERS

DRAW DATE SEPTEMBER, 25, 1991

ALL SUCCESSFUL STUDENTS IN LOTTERY ALPHABETICALLY

Acquisto, Eleonora Addesi, Joanne Altobelli, Tara Ann Anita Alves, Paul Alexandre Antwi, Frances Arnone, Nancy Balgobin, Edstan Seenanan Bayley, Scott John Bellavia, Silvana Josephi Bonomo, Nadia Rina Borges, Claudia Costa Botman, Nicole Andrea Boyd, Janice Margaret Brentel, Carlo Brown, David Alexander Burton, Robert Ernest Byers, Ian Caines, Dean Chris Cammarata, Bernice Maria Campagnolo, Paolo Michael Capone, Mike Chan, Sheira Clark, David Jason Cosic, Marian Cristini, Marisa Critchley, Cari Joanne Cullen, Nelson Edward Curley, Karen Teresa David, Ronald Emmauel Delaney, James Nelson Ditommaso, Josie Donofrio, Anita Maria Edgar, Graham Neil

Faraone, Fernando Furlan, Fabio Galati, Bruno Galati, Bruno Gomes-Simoes, Joao F. Gonsalves, Christopher Ri Grossi, Giuseppe (Joe) An Haney, Tanya Harrison, Larry Hector-Stewart, Angela Ev Hines, Carlton O'Neil Hornick, Daniel Richard Ieraci, Luisa Jafri, Batool Zehra Karadza, Rick Peter King, Lisa Josephine Knight, Betty-Anne Lapenskie, Greory Xavier Lee, Alicia Po Kam Lee, Kimberley, Anne Lio, Hoi Fan Lofto, Conrad A. Lopez, Maria Jose Lorefice, Enza Carmela Lupinetti, Fabio MacDonald, Tammy Georgett Mallory, Leah Robin Mancini, Linda Marin, Herman Orlando Marshall, Michael George Martin, Peter Mason, Michelle McLean, Steven Alexander MeNab, Iain Craig

Mezzabotta, Peter James Miller, Claudette Murdocca, Frank Omar, Mohamed Warsame Parmar, Manjit Kaur Peplinski, Krystyna Peters, Lenaro Phillips, Bill Robert Polic, Mark Joseph Puopolo, Vito Purba, Satwinder Roberts, Sean Othniel Såad, Ziad Samir Sanker, Steve Sanzo, Enzo Scafetta, Michael Scanga, Giulia Scott, Stuart David Shirinian, Sarkis Serge Shokr, Amira Shouldice, Trena Marie Sibley, Leanne Denise Thompson, Amy Rebecca Tolnai, George Steve Torchia, Carla Ann Tozzo, Roberto Valdez, Eric Matthew Wood, Andrew Robert Wozniakiewicz, Krzysztof Wroniewicz, Zvigniew Yap, Michael Alvin Zaleschuk, Peter Zappone, Josephine Pina

DRAW DATE OF OCTOBER 9, 1991

WINNERS MUST PURCHASE THEIR PERMIT WITHIN 4 DAYS OF DRAW DATE

Alcanis, Alejandro Daniel Ali, Randy Anderson, Kelly Gale Ansong, Bismark Kingsley Arandjelovic, Nancy Atwood, Douglas Edward Bell, Sharon Louise Benedikt, Connie Boyd, Graham Burford, Steven Douglas Burke, Benjamin Paul Cabral, Humberto Pavao Cassia, Giovanni Cecha, Jan Cervo. Gino Chan, Kin Fun Cook, Sandra Elizabeth Crane, Darryl Bruce Croatto, Fernando Andrew Curran, Paul James Davidson, Kimberly Ann De Iuliis, Frank De Paulis, Filippo Desantis, Robert Michael Dimora, Silvana Dorion, Jean Dynerowicz, Danny Jerry Edwards, Michelle Nadine Elgersman, Janice Marie Gaglia, John Gibbons, Paul Davidson Green, Errol Lee Gunell, Lisa Lynne

Haddad, Wadiha Mikhael Hale, Joseph Stephen Hedden, Cindy Lynn Hiruy, Surafel Iannacchino, Tom Johnson, Edwin Kefalas, Rhonda Naomi Kiely, Colleen Mary Labarbera, Liane Lee, Pak Yee Maria Lee, Winnie Kam Ping Leveille, Eric Lofters, Floyd Mancini, Anna Maria Marsden, Sydney Andrew Martin, Debra Lynne McCurvin, Susan Anella McLean, Lisa Medeiros, Nancy Sonsa Medeiros, Paul Messina, Alfonso Metallo, Ivano Mignone, Joe Miller, Veronica Patricia Mirkovich, Thomas Peter Muhammad, Muwsa Asad Newell, Holly Anne Nguyen, Quy Van Nouisser, Farid Nyeste, Michael Frank Nymann, Ingrid Benita Paul, Warren Fitzgerald Penney, Michelle Lee

Perez, Gonzalo Hernan Phu, Sau Van Poholko, Fay Leanne Policciardi, Erminia Amy Potopnyk, Stephan Rempel, Tracey Lynne Ruddock, Dorrette Sandra Sarty, Michelle Elizabeth Schakel, Mary-Ann Monique Schauman, Jorge Daniel Singh, Maninder Skacel, lan Skaric, Zdenko Steve Sobrian, Donna Amelia Sauillacioti Brunel Strange, Chad Edward Taylor, Kevin Stewart Teather, Neil John Thomas, Candice Lynn Torresan, Sonya Elizabeth Tucciarone, Ben Mario Ureta, Rob Wallani, Safina Wesley-Bois, Jacqueline H Whitley, Jennifer Louise Williams, Pansy Ann Woodworth, Perry Drak Worsame, Suada Yusuf Wyatt, Lisa Jane Yates, Stella Yiii, Jacky Po-Lok Yoganayagam, Santhirakuma Zaffino, Isabella

LIFESTYLE

Dr. Brail offers services at Humber

by Janice Burrows

Calling Dr. Brail ... calling Dr. Brail.

For the past three weeks, Dr. Jerrald Brail, general practitioner, has been working in the Health Services at Humber's North campus

It all started about three and a half years ago when he came to the college and offered the services of his off-campus office, at 89 Humber College Blvd., for the benefit of students.

Since then he has had many Humber students referred to him and has attended to their medical needs.

Brail said, "working at Humber's Health Services is a pleasant and relaxing atmosphere, with common complaints that are a nice break (from his regular practice)."

Brail enjoys working with the nurses at the college. "The nurses are very conscientious and caring toward the students. And that is very good to see," he said.

After 25 years in medicine, Brail

After 25 years in medicine, Brail said he believes doctors are "taught through the experience of the profession."

Journals, seminars and weekly lectures are one way of constantly keeping up with changes and

advancements in medicine. "The knowledge of medicine doubles at least every ten years," said Brail. He has faith in his knowledge of

He has faith in his knowledge of medicine, but also said a doctor can never be eareful enough when it comes to other peoples lives. "It is much better to be over cautious than to be lax and miss something," said Brail. "Preventative medicine is important. To be able to see and catch things early enough to help the patients is our goal."

Brail emphasized that, for all the years doctors are in school they can never be taught enough for what is actually out there in the real world. Often, they train several years for things they may only see once.

Born and raised in British Columbia, Brail studied and graduated from the University of British Columbia, before doing his internship in a hospital in Long Island, New York.

In 1965 Brail came to Toronto on an invitation from a friend to join his practice. Up until last year, he did general practice as well as emergency room duties. Brail also spent 15 and a half years as an obstetrician, and delivered over 500 babies.

Brail is once again in general practice and said that he enjoys it

much more because he not only experiences births, but can see the child through most of its life, and care for it.

He also misses delivering babies, and said the entire experience "gives you such a high that you never relax until it's over. It's just like flying a plane."

For a doctor, there are good and bad times. Most doctors, however, will tell you it is all worth it.

Brail said whether it's a hug from a child or an arm around the shoulder from patients, "those are the perks that go along with the job."

Brail will be here at Humber for at least one full school year. After that, who knows. Now at age 50, Brail said he may decide to spend more time relaxing and doing the things he enjoys most like playing the violin, tennis, photography, cross-country skiing and cooking.

All in all, Brail would never change his profession and would do it all again if given the chance. "I enjoy what I do."



Dr. Jerrald Brail

Fitness in

AIDS video helpful

by Keri Wellhauser

AIDS is not limited to intravenous drug users and homosexuals, says Mary Carr, Registered Nurse at Humber's Health Office.

"Anyone can be affected if they don't take the precautions," said Carr.

She is setting up an AIDS information video and display from October 15 to 18 in the Humber concourse area.

The display is to educate people about AIDS and encourage them to

ask questions.

This is Humber's first time to show the video provided by Health and Welfare Canada, said Carr. The 1991 AIDS Awareness campaign is directed toward college and university students.

AIDS (acquired immune deficiency syndrome) is the advanced stage of a disease caused by a virus called HIV (human immunodeficiency virus).

The virus attacks the immune system and the infected person usually dies of other illnesses which the body can not fight off.

According to the Canadian Public Health Association, about 50,000 Canadians are infected with HIV. It estimates that by 1993, 7,000 of those people will have AIDS.

A spokesperson from the AIDS hotline said it is hard to determine the actual number of AIDS cases because some people are just not being tested. She said the American Medical Association is very concerned about teenagers in the United States because in the past few years the cases have risen from 0.4 per cent to 1.6 per cent of HIV infected youths.

"If this were the case in Canada it would mean there would be more than 50 infected people on the Humber campus," said Carr.
In the summer of 1991, the num-

In the summer of 1991, the number of Canadian AIDS cases in the 15-19 age group was 20. In the 20-29 group, there are 1,025 known cases.

The hotline spokesperson said people who are at high risk are those who share needles for drug use, have anal sex without a condom or people who have vaginal intercurse without a condom

the nineties by Laura Tomassetti The decade of high strenuous excercise and running ten miles a day is over, according to the University of Berkeley's Wellness Letter. People are opting for a healthier lifestyle and a more controlled fitness regime. "Canadians are walking more and running less," said Mary Carr, Registered Nurse at Humber's Health Services. "They are

than before."

Kevin Isabey, athletic supervisor at Humber, agrees more people are becoming active. "Everybody's running to get health club memberships," he

much more health conscious

said.

The key, according to Chatelaine magazine, is to keep active. Chatelaine reports moderate daily activities such as walking, gardening and sports is enough to maintain a healthy lifestyle.

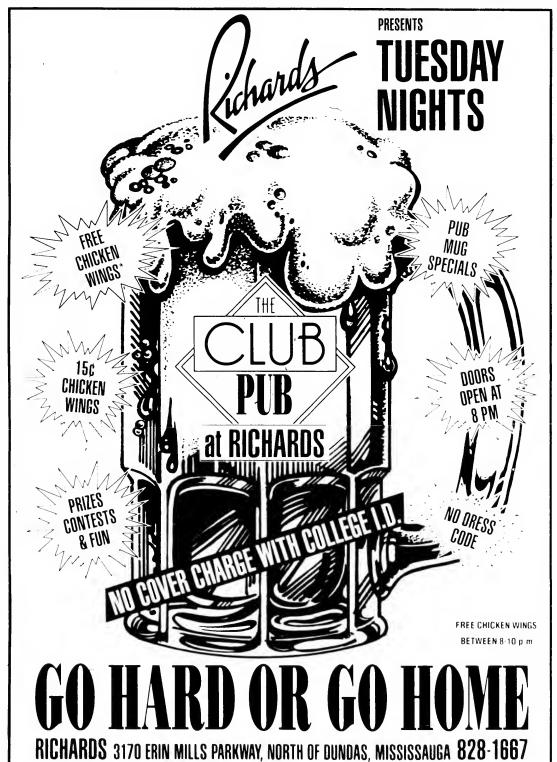
Tracey Meloche, of Humber's athletic therapy staff thinks otherwise. She said, "people get all crazy and over do it instead of starting slow. They want quick results in a short period of time."

The current trend is toward a more flexible and democratic future. This means health-giving excercises for people of all ages. The Wellness Letter shows, as the nation matures, people are shifting to gentler excercises, such as weight lifting, and low-impact aerobics.

The high influx of students wanting to work out at Humber's weight room (located in A section), has forced Humber to re-evaluate current needs. They recently purchased more equipment for the weight room.

Health Today Magazine warns people should not jump on the bandwagon without knowing the benefits and dangers of new exercise methods. Aerobics is excellent for the cardiovascular system, and also strengthens leg muscles, but may cause a lose of mass in the upper body. They also said people who run often are more prone to having knee and ankle problems in the future.

"The key to a happier and healthier lifestyle is easy," said nutritionist, Sheila Stenowski. "Exercise with moderate intensity at least twice a week and eat a well rounded meal twice a day and you are laughing!"



For more information SKYDIVE TORONTO INC. Recording 462-0347 Office 705-424-5593

ARTS / ENTERTAINMENT

Comedy trio has 'em in stitches

by Eddie Gordon

The musical-comedy team Three Piece Suit was tailored to fit the atmosphere at Caps last Wednesday.

The band's three members, Fabian James, Jim Lamb, and his son Paul, came out of St. John's, Newfoundland, less than a year ago.

The band is currently playing the Canadian college/university circuit.

"Caps is one of the better places we've done," said the younger Lamb.

Around 65 people showed up at Caps to see the band.

The show's opening song Southern Cross — by Crosby, Stills, Nash, and Young — led into more sixties and seventies classics. The band's ability to harmonize made the music quite enjoyable.

The band's inspirations range from fifties and sixties, musical styles to jazz and rock. "It's a wide range but we like everything."

If you listened to the trio with your eyes closed, it would be hard

If you listened to the trio with your eyes closed, it would be hard to tell Three Piece Suit from the original artists. Jim Lamb performed Louie Armstrong's, What a Wonderful World, as if he was a distant relative of the great trumpeter.

Paul views success as writing original music and "putting in your heart and soul." The members of the band have almost 50 years experience in the music business.

One of the songs played during the afternoon set was Dreaming, which the band said was written by Don Henley. After the show Paul admitted the song was an original.

"If we played originals for the whole set not too many people would listen to us," he said.

The name of the band came about in a humorous way. "The name Three Piece Suit is kind of classy, but it's funny, because you'll never see us in three-piece suits," Paul said.

Future possibilities for the band are touring the U.S. college circuit and producing an album of originals.

THE STUDIO OPENING Tues., Oct. 15, 1991

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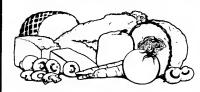
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SPORTS

Cheerleading a big success at Humber

by Corky Caplan

For the first time in four years, Humber's Hawks will have cheerleaders.

Humber's attempt to build a cheerleading squad four years ago, "bombed" due to lack of dedication and enthusiasm, said Joanna Turcewicz, co-coach of the cheerleaders. However, a stronger attempt is being made with the coaches and cheerleaders showing enthusiasm and excitement about the upcoming season.

After two days of workouts, cocoaches Turcewicz, a first-year Journalism student and Kristen Alderson, a third-year Recreation and Leadership student, announced their cheerleading roster last Thursday.

On opening day of tryouts, 17 women and four men attended. Both coaches said they were pleased with the turnout and had a

tough time choosing the right members for the team. They managed to trim the line-up to nine girls and four men. Included in the lineup, will be one male and one female substitute.

Athletes participating in the tryouts were tested in many different exercises. Both Turcewicz and Alderson, who volunteered to help, prepared a number of workouts to test the talents of the athletes. Participants were drilled on jumping, balancing, clapping in rhythm and dance routines. Turcewicz, who is a part of the Professional Cheerleading Association (PCA) and has been a cheerleader for the past five years, said she was looking for enthusiasm and dedication from the athletes, rather than just talent. Both coaches say they are completely dedicated to this year's edition of cheerleading. To prove her point Turcewicz said, if all the girls quit, I would cheer by myself.

Roman Picarbo, a third-year Interior Design student, and a male team member, said he knows what it takes to become a cheerleader. "If you have enthusiasm and spirit — BOOM! — you're a cheerleader."

Picarbo, of Virginia brings with him two years experience as a basketball cheerleader.

Alderson, who will also be a member on the team, said the cheerleaders will not be competing against other colleges this year. Their main goals are to get women more actively involved in sports and to get more fans out to the games. Experienced cheerleader,

Janice Lurizon of Guelph who is a first-year Public Relations student said, "I feel good about the team. I am, looking forward to getting involved."

Silverio Pereira, a third-year Legal Assistant student said, "I want to participate in school spirit because I didn't have the chance in high school." Pereira is positive about the upcoming season and added, "I hope lots of guys try out, to make the show a lot better."

While some people may question whether cheerleading is a sport or a group of women dressed in tight outfits strutting their stuff, Alderson said, "cheerleading is a

sport because in order to perform you must be physically fit, flexible and durable. Many injuries do occur."

At the present time the cheerleading team has no budget and are not sure whether they will be receiving uniforms. "It's up in the air," says Turcewicz. Both coaches are planning to set up a meeting with Doug Fox, athletic administrator, in the near future. Alderson added, if the team receives uniforms, "we are considering skirts for all you feminists out there."

The first team meeting will take place October 7 at 4 p.m.



PHOTO BY COREY CAPLAN

It's a hit— Men and women tried out for the cheerleading squad last week. They showed enthusiasm and spirit while being drilled on various techniques including balancing and rhythm.

HUMBER



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