

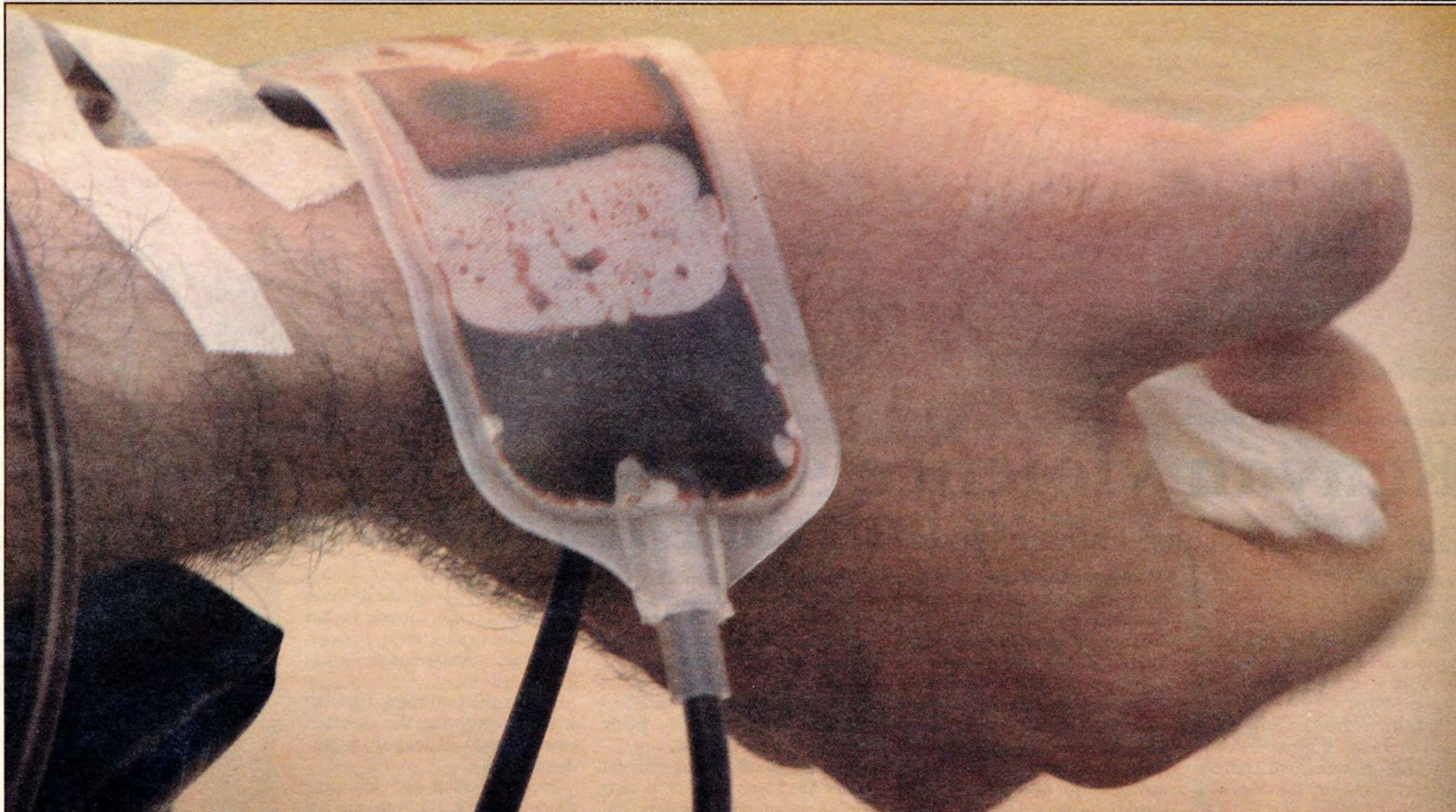


HUMBER ET CETERA

January 17, 2008

<http://etcetera.humber.ca>

vol. 39 no. 13



David Lipson

The Canadian Federation of Students criticizes Canadian Blood Services for being discriminatory toward homosexual male donors who've been sexually active.

HSF fights gay blood ban

Students unite against 'discriminatory' screening process

David Lipson
STAFF REPORTER

Humber is joining a growing number of colleges and universities fighting a Canadian Blood Services policy that bans sexually active gay men from donating blood.

"In an effort to treat every individual fairly and equally regardless of gender or sexual orientation, we ask that you review your screening methods," Humber Students' Federation President Nicholas Farnell wrote in a letter last week to Canadian Blood Services.

The agency, which oversees Canada's blood supply, has barred blood donations from any man

who has had sex with another man since 1977, the year HIV started to spread in North America. In 2006, the Canadian Federation of Students started the initiative to fight what it calls a "discriminatory ban."

"We are advocating the questions be asked about your own personal practices — and not sexual orientation," CFS Ontario chair Jen Hassum said.

"It is based on stereotyping," she said about the screening process. "It's plain and simple."

John Bromley, Ontario communications manager for Canadian Blood Services, said he understands

students' frustration. But he said the screening "is based on scientific reasons."

The Canadian Blood Services

"They're the ones waiting in the beds and they want the safest blood possible."

—John Bromley
Canadian Blood Services

website states about 75 per cent of reported AIDS cases in Canada are from male to male sexual contact.

Opposition to the ban has

occurred since the late 1970s, led by groups such as Egale Canada, an organization for the advancement of gay, lesbian, bisexual, and transgendered people.

Posters refuting the policy have also been put up at schools such as the University of Toronto.

Farnell said writing the letter was the best way of addressing the issue. "If it continues to be a student driven issue, then we will continue to keep communication open with Canadian Blood Services," he said.

Despite the opposition, the screening policy has been periodically examined. In 1997, the Krever Report, which made recommenda-

tions in response to Canada's tainted blood supply, led to the ban being upheld.

Another report will be commissioned by Canadian Blood Services in March with recommendations from the CFS and Egale. Any changes made will be approved by Health Canada.

The Canadian Blood Services website states 52 per cent of Canadian families have needed blood or blood products for treatment.

"I have to speak on behalf of the patient," said Bromley. "They're the ones waiting in the beds and they want the safest blood possible."

Steve Jobs, Apple's CEO, announces world's thinnest notebook computer called the MacBook Air, which is only 0.76 inches (1.93 cm) at the thickest point. — BBC



Photo courtesy of Free the Children

If Kenyan political violence subsides, Humber and Guelph-Humber students will travel to help build a school like this one.

Kenyan violence sparks worry

Due to recent crisis, college reconsiders philanthropic trip this May

By Alex Cooper
NEWS REPORTER

For Revlon Stoddart, the recent violence in Kenya has not deterred her from going to build a school there this May.

Stoddart, fourth year early childhood education student, is one of 16 Guelph-Humber and Humber students going on the trip with Free the Children, a non-profit organization helping youth around the world. The organization was founded in Toronto by Craig Kielburger when he was 12 years old.

"I'm not scared," said Stoddart, the co-founder of the Humber chapter of Free the Children. "I'm driven by my passion and love for children. I know what I want and I made up my mind at the end of August that for sure, this is what I want to do, to travel to Kenya."

The violence is the result of the hotly contested Dec. 27 election that was won by President Mwai Kibaki by only 232,000 votes over opposition leader Raila Odinga. Both sides have exchanged accusations of electoral fraud and the turmoil has left about 500 people dead and approximately 250,000

displaced.

Kielburger's brother Marc, chief executive director of Free the Children, said he doesn't expect there to be any problems.

"I personally would be shocked if the situation weren't fully resolved or extremely close to being resolved by May," he said.

Internet management student Kendi Muchungi said she is concerned about developments and has been keeping in close touch with her friends and family in Kenya.

"I miss home. Especially now because I feel like I should be in

Nairobi."

However, she said she believes the violence will subside in her home country as most Kenyans focus their attention on the struggles of daily life.

Despite the optimism, Humber is still monitoring the situation carefully and will not put any students at risk.

"Humber will always err on the side of caution and if need be we will cancel the trip," said Michael Kopinak, manager of residence life and international student services.

"The hope right now is that we don't have to do that."

Baird shoots down tax proposal

Environment minister rejects carbon emission tax plan despite report

Sunil Angrish
SENIOR REPORTER

Federal Environment Minister John Baird rejected a carbon tax in Canada, after an independent federal panel published a report on how Canada should best tackle climate change.

"We're disappointed that Baird is not going to follow the national roundtable's advice," said Stephen Hazell, executive director of the Sierra Club of Canada. "The government is certainly on the right track, in the sense that they actually are developing regulations for large emitters of greenhouse gas emissions and that's a good thing to do."

The report, *Getting to 2050: Canada's transition to a low-emission future*, was published by the National Roundtable on the

Environment and the Economy and laid out recommendations to achieve the federal government's goal of greenhouse gas (GHG) emission reductions of 60-70 per cent below current levels by 2050.

A carbon tax would charge large emitters a fee for every tonne of GHG it puts out. The cap and trade system would allow emitters to produce gases to a certain level, then purchase additional permits from emitters who are below the level. The roundtable report recommends a carbon tax, a cap and trade system or a combination of both.

Hazell said his organization supports the roundtable's recommendation to institute a carbon tax. "We think it's the right way to go," he said.

The federal Liberal party doesn't support a carbon tax, but does

support a cap and trade system, said Liberal environment critic David McGuinty. He expressed frustration over the report and said the roundtable should explore specific market mechanisms and see which works best in Canada.

"We're disappointed that Baird is not going to follow the national roundtable's advice."

— Stephen Hazell
Sierra Club Canada

"Not only should they go back and model a carbon tax and model more wholesomely an emissions trading system," said McGuinty, who for nine years was president and CEO of the National

Roundtable.

"But also now go and conduct a study of the costs of inaction. We need in this country an analysis of the kind Nicolas Stern did for the World Bank ... where he said you can pay now or you can pay later."

According to Hazell the Conservatives and Liberals are playing politics. "They are concerned on one hand about how the Alberta government will react to a carbon tax, and they're also concerned about how Canadians will react to higher prices at the pump," he said. "Those are political issues. I think Canadians are ready to accept higher oil prices."

David Stamos, who teaches an environment course at Humber, agrees, "It's a scientific issue, not a political issue. It's become politicized and emotional and cooler heads should prevail."

The Skinny

•President Bush visits the Middle East for the first time during his seven-year-long presidency. He hopes to achieve peace in the region before his term ends this year.

— Associated Press

•NASA's Mercury Messenger is the first probe in 30 years to pass by the planet. The Messenger gathered over 700 GB of data and 1,300 images in about 55 hours.

— BBC News

•Relations between Russia and Britain continue to deteriorate after Moscow imposed visa restrictions against regional offices of the British Council.

— Reuters

•Seven people were killed in a suicide attack at a luxury hotel in Kabul on January 14. The bombing is thought to be the work of the Taliban.

— The Globe and Mail

•French President Nicolas Sarkozy told a press conference he and his rumoured fiancé, former supermodel Carla Bruni, are expecting their first child. The couple met just weeks after Sarkozy's recent divorce. The pair have been dating for two months.

— The Toronto Star

•Members of Colombian rebel group the Revolutionary Armed Forces of Colombia (FARC) released two female hostages last week in response to a deal negotiated by Venezuelan president Hugo Chavez. The women were held since 2002.

— CNN

•Mitt Romney wins Republican Michigan primary, beating rival Senator John McCain.

— The New York Times

•Afghanistan culture ministry bans the film *The Kite Runner*, saying some scenes will "arouse sensitivity."

— The New York Times

Experts at Germany's Heidelberg University library believe they have confirmed that Lisa Gherardini was the model for da Vinci's Mona Lisa. — *thestar.com*



photo by christina comisso

The lack of a national, credible set of education data is making college and university rankings difficult and unreliable.

Lack of data hurts education plan

By Christina Comisso
NEWS REPORTER

Humber president John Davies said he is concerned about a new report indicating that Canadian post-secondary institutions do not have sufficient data to plan for the future.

"We have very little information about quality in post-secondary education," Davies said. "In terms of commitment to providing this information, we certainly don't lead in any way."

The Canadian Council on Learning's 2007 review shows that among all major industrialized countries, Canada has the weakest data on education.

"In the absence of something that is national, credible and understandable, what you find is that other ways of ranking begin

to emerge," said Davies. "The most powerful of which is Maclean's."

The magazine's university rankings rate Canadian universities on a number of factors, including spending on student services, scholarships and bursaries. However, Joey Coleman, a *Maclean's* on campus reporter, said the publication does not have access to all the information students should be able to see.

"What we publish is only the data we are able to get, there is no national data set at all," said Coleman. "Post-secondary institutions have huge data sets, but no one is forcing them to give it up."

One of the council's key recommendations is the development and implementation of a national data strategy.

Robert Patry, the council's asso-

ciate director of strategic initiative and knowledge exchange, said there is strong support for a national strategy to fill information gaps about post-secondary education from institutions country wide.

Davies said updated data on Canadian colleges and universities will help focus funding for education.

"The extent to which the province is informed about the labour shortages and the skilled trades creates a labour agenda that is well connected to future needs," said Davies.

The council predicts that by 2015, 70 per cent of all new jobs created in Canada will require some post-secondary education. Statistics regarding students' participation rates in colleges and universities, particularly for

underrepresented groups, are vital to understanding the future of Canada's workforce.

"Aboriginal students and students from low income families do not participate at the same rate as other students," said Patry. "There is a widening gap between the participation rate of men and women at the post-secondary level, with women accounting for almost 60 per cent of undergraduate involvement."

Without the development of a national post-secondary education strategy, Canada's capability to respond to the social and economic demands of the 21st century remains unclear.

"There is no benchmark, very little accountability, and there is no data," said Coleman. "We are not achieving as much as we could in post-secondary education."

Campus goes green

By Caroline Gdyczynski
NEWS REPORTER

Various new green initiatives are making Humber more environmentally friendly for the New Year. "Something that is really important to us is sustainability and the green initiative," said Nick Farnell, president of the Humber Students' Federation. "One thing that we are working on now is a sustainable and ethical purchasing policy."

This policy is being examined by the purchasing department. "The college is currently reviewing the purchase of paper that is approved by the Forest Stewardship Council of Canada," said Lynn Newhouse, residence manager and member of the Green Ambassador Committee at Humber. "This council certifies that the products we purchase are truly environmentally friendly."

"Something that is really important to us is sustainability."

—Nick Farnell
HSF president

The Green Ambassador Committee is made up of several departments on campus along with a representative from HSF.

One example of Humber going green is the switch from Styrofoam to paper cups at the Java Jazz coffee shop this semester. "This was a collaborative effort between Chartwells and the college to eliminate the use of Styrofoam on campus," said Terry Kyritsis, director of campus services.

"Ideally we would like to see the use of reusable cups to eliminate even more waste," said Kyritsis, which is an idea Farnell also supports.



photo by chelsea saldanha

Residences would offer shelter in the event of an emergency.

College prepared to help Crisis plan reviewed after Seneca houses fire victims

By Chelsea Saldanha
NEWS REPORTER

In times of emergency, Torontonians can count on Humber opening its doors to those in need, said Michael Kopinak, manager of Residence Life and International Student Services.

"Would we consider utilizing our Residence if there was a bomb threat at Woodbine Centre and people needed a place to go? Absolutely," Kopinak said.

Gary Jaynes, director of public safety, said Humber's Critical

Incident Preparedness plan, which is on its website, provides details on how students and the public can take shelter on campus in times of crisis.

"Let's say there was a tornado or hurricane and you don't feel safe going home, we would accommodate and feed you and make sure you're OK," he said.

Seneca's Newnham residence took in eight people who were displaced after a fire in their Keele Street apartment building Jan. 7, said Frank Clark, a spokesperson for Toronto Community Housing. The college opened its doors to

evacuees who aren't staying with family or friends.

"They will be staying at residence however long they need to and we have the availability," said Courtney Desjardins, assistant general manager of Seneca Residence.

According to Kopinak, Humber would also offer housing to members of the community in a similar situation.

"We not only would consider Humber Residence, but Humber as a whole, including the gymnasium and the University of Guelph-Humber," he said.

Austria's Supreme Court ruled a chimpanzee cannot be declared a person after a human rights group sought protection of a chimp named Matthew. - cbc.ca

Rights of accused not safe online

By Amy Leitner
NEWS REPORTER

The media was legally forbidden to disclose 14-year-old murder victim Stefanie Rengel's name after she was stabbed near her East Toronto home on Jan. 1.

However, grieving friends had already revealed not only Rengel's identity, but also the names of the 15 and 17-year-old charged with killing her. The information was released on the popular social networking Web site Facebook.

"If people put up comments on Facebook it is a form of expression and the Internet is a venue for that," said Arthur Lockhart, a professor in the Police Foundations program at Humber. "Plain and simple, the law is going to have to adapt to the various changing technologies."

The Youth Criminal Justice Act (YCJA) prohibits the media from publishing the names of people between the ages of 12 and 18, as well as any information that could lead to their identification.

Rengel's parents, both of whom are Toronto police officers, later gave special permission for the media to reveal their daughter's identity.

"The media are carefully defined as newspapers, television, radio stations, et cetera, and Facebook does not qualify," said Gary Grill, a lawyer with Gary J. Grill Barristers.

Identity bans are put in place to prevent young people from being exposed to moral or physical dangers.

"The Internet is moving at an

extremely fast pace," said Mark Pugash, a spokesperson for the Toronto Police. "Justice needs to adapt as technology increases to ensure the rights of an accused to a fair trial."

Grill says the Internet is viewed as a setting for freedom of speech and allows the promotion of new ideas.

Millions of people are currently mourning and expressing their feelings about Rengel's death online by participating in various groups on Facebook.

"The issue here is that people cannot be prevented from expressing their opinions and talking freely in cyberspace," said Grill. "We can't have people monitoring every group on Facebook. It would become too unwieldy unless authorities decide to shut down Facebook altogether, which obviously is not an option."

Students are not concerned that anything will happen to their Internet rights.

"The problem with enforcing rules on the Internet is that not everyone knows the rules of the YCJA and other laws," said Ashley Rochefort, 25, a student in Humber's media studies program. "To force everyone on Facebook to adhere to publication laws would be impossible."

The most important issue is to be able to guarantee citizens the rights to a fair trial.

"If we cannot guarantee this, even with increasing technology, then we are in big trouble," Pugash said.



Amy Leitner
Facebook posts on Rengel.



Courtesy Toronto Police

New members of the Rover Crew take an oath during a ceremony held at Lakeshore Campus.

Future cops learn the ropes through Rover Crew

By John Bkila
NEWS REPORTER

Toronto Police Chief Bill Blair promoted the importance of the Rover Crew program to Police Foundations students at Lakeshore Campus during an investiture ceremony this month.

"It's a partnership," said Blair. "It offers the opportunity for young people who are studying at Humber to work with police services in a vocational study environment and to get a sense of the work that we do."

Rovers, in Scouts Canada terminology, are the highest level of scouting.

The 22 Division Rover Crew, in partnership with Humber College and Toronto Police Services, was created in 2003 by Const. Kevin Ward, who was then a rover with Scouts Canada.

"Its aim is to provide Police Foundations students with the life experience necessary to make them better candidates for Toronto Police Services and productive members of society," said

Ward. "It is largely due to this program that I am where I am today."

The program helps prepare students for a career in policing by training them in the necessary policing skills, which includes allowing them to participate in forensic identification, search and rescue and use of force training.

"It is largely due to this program that I am where I am today."

— Const. Kevin Ward
Rover Crew creator

Presently, over 165 members have completed the program and of those, two have become constables.

Blair attributed the low number to only the first generation having reached the age where they can become officers.

"I think as the program matures and gets more developed we can expect many more," Blair said.

Ian Smith, principal of Humber's Lakeshore campus, said its Police Foundations program invites

Toronto police to speak to their students about the benefits of joining the Rover Crew.

"Our students are involved in a lot of activities through Toronto police, which complements their activities in the classroom," said Smith.

Henri Berube, co-ordinator of Police Foundations, said the leadership opportunities offered by the Rover Crew are absolutely second to none.

In addition to counting toward the 40 hours of community service required by the program, the crew places students in leadership roles.

"We're giving them the opportunities to build important liaisons with people, to make the contacts," said Berube. "Our students are working with Toronto police and the grown-ups aren't there."

But the partnership between Humber and Toronto Police Services isn't only an asset to students.

"It helps some of my senior officers attain post-secondary education that will help them become better leaders," Blair said.

Students get headstart with tutors

By Fiona Collie
NEWS REPORTER

Peer tutor office assistant Ramona Rambhajan is surprised students are taking advantage of the peer tutoring program so early in the semester.

"We started on Monday [Jan. 7], and we already have many students looking for tutors," she said. Nicollette Sarracini, who runs the program, said most students wait until midterms or even later before looking for a tutor. "Sometimes they don't act in a timely way."

Peer tutors are students who have earned 80 per cent or higher in the subject they tutor. Their job is to help their fellow students learn important skills and strategies not just for one class or assignment, but for their academic career.

"This is not a quick fix," said Sarracini. "This isn't a Band-Aid procedure."

Peer tutors will work with students on previous assignments and material covered in class by either dropping in at one of the computer labs on campus or by scheduling an appointment

through the Counselling Services office in B112 at North Campus.

Lab sessions are free while eight hours of private lessons cost \$10.

Alpar Donath, 21, a third-year business administration student, is starting his second semester as a peer tutor.

He works with students on essays and written assignments and said "there are new challenges, but also reoccurring" issues such as grammar.

Although peer tutors have the skills and understanding of the material at hand, they may not be from the exact same program or

course as the student learner.

"I thought I'd be tutoring accounting students," said Jackie Mandziak, a second-year business management student. "And I only got one."

Sarracini said an important policy of the program, which students sometimes do not realize, is that peer tutors are meant to help students improve their skills so that they can do better in the long term and not simply get a good grade on a final assignment or exam.

"Responsibility of learning lies totally with the student learner," she said.

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Mississauga city councillors are proposing new planning guidelines in an effort to restrict the spread of drive-through restaurants in the city. —*thestar.com*

Student assistance at risk

OSAP-linked Millennium Scholarship is set to expire

By Erin Lewis
News reporter

Student groups and other stakeholders are lobbying Ottawa as a major post secondary funding program is set to expire.

"Three hundred and fifty million will disappear annually," said Norman Riddell, executive director and CEO of the Canada Millennium Scholarship Foundation. "We cannot allow it to happen."

Financial aid in Ontario is offered through the Ontario Student Assistance Program (OSAP) in tandem with the foundation.

The foundation was established in 1999 and endowed with \$2.5 billion in non-repayable grants to be disbursed over the following decade. The funds are set to run out at the end of the 2009 school year.

"The current student financial aid system in Canada is a confusing mismatch, lacking in overall vision and strategy," said Zach Churchill, national director of the Canadian Alliance of Student Associations.

The association represents the interests of post-secondary students across the country and works in partnership with provincial associations to lobby the federal government for student interests.

"The more you borrow, the less likely you will complete the program you borrowed for," Riddell said, adding this affects non-traditional students the most — those from rural communities, low income families and aboriginals.

"The foundation is the only one doing research on access and affordability for school," Churchill said. "They explain why these

groups are underrepresented."

Churchill says the foundation is the most proven and effective mechanism for delivery of funds. With expiration looming, the association is lobbying in Ottawa.

The 2008 federal budget will likely be tabled next month and both Riddell and Churchill say renewal of the foundation is an important priority.

As an OSAP applicant, students are automatically considered for millennium grants and can receive up to \$3,000 based on need.

"The key word is help," said Holsee Sahid, Humber's financial aid manager. She suggests students stop in to the Registrar's Office if they are denied OSAP. According to Sahid, a quarter of Humber students who apply for OSAP are denied, leaving a gap between financial need and assistance.

Sahid said the best chance of loan approval is to review your



Erin Lewis

Students pick up packages from the OSAP pick-up office.

application one-on-one with a financial aid officer.

If the Millennium Scholarship program is discontinued, Riddell

said there will be an increase in students who will not pursue post-secondary education due to the financial burden.



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EDITORIAL

A group of Stanford researchers have found that people think that the pricier the wine, the better it tastes. Even if it doesn't taste all that great. — Reuters

No guns in schools

What happened to the time when you could settle a score with fists? Now, easy access to weapons has cut fists out of the equation.

Since 2005's year of the gun, Toronto politicians, the media and, of course, the Toronto Police Service have brought the issue of gun violence to the forefront. While the homicide rate has yet to top that of 2005's, which was defined by two all time lows – the funeral shooting of Amon Beckles and the Boxing Day shooting of Jane Creba – gun violence is still very much a part of living in Toronto.

On Jan. 13 Toronto news organizations reported on an innocent man who was shot to death while passing by the Brass Rail strip club. The worst part of this latest episode of gun violence is that the handgun used in the murder was legally registered to the shooter.

Maybe Toronto is just like any other North American big city where crime, poverty and a lack of public services come with the territory. Take Chicago for example. It's a city that is roughly 20 per cent bigger than Toronto and experiences a homicide rate almost five times higher.

Toronto's public schools are places where young people should feel safe, productive, and engaged. But in a city that continually delivers bad news, this idea was shattered when the Toronto District School Board (TDSB) released a report on Jan. 10 outlining a frightening reality: roughly one quarter of Toronto high school students know someone who has brought a firearm to school. Even within the safe haven of schools there are problems.

More troubling is that the report claims these issues have existed for some time, and Torontonians would still be in the dark had it not been for the school shooting that killed Jordan Manners, 15, last spring.

C. W. Jeffrey's Collegiate Institute in North York was supposed to guide Manners to his next step in life.

On Jan. 14, Gerry Connelly, the TDSB's director of education, promised Manners' mother that things will change in schools across the district.

Violence is inevitable when almost three million people are crammed into a city, but violence in our schools is unacceptable.



Sunil Angrish

Road safety for teams

A coach's and a parent's worst nightmare became a reality over the weekend. In New Brunswick, a van carrying a high school boys' basketball team collided with a transport truck on an icy road killing seven players and the coach's wife.

The driver of the van, the Bathurst Phantoms head coach, survived.

The news reverberated throughout the country and the Toronto Raptors, prior to their Sunday match-up with Portland, held a moment of silence for the deceased.

In the wake of the tragic event, which is still being investigated, the New Brunswick Department of Education's winter travel policies for athletes is being questioned along with the reliability of 15-seat vans like the Ford Club Wagon used by Bathurst.

The *Globe and Mail* reports that "a New Brunswick Ministry of Education guideline says students should travel in regulated yellow school buses, unless it is not practical or not possible to use a school bus."

The *Globe* also says that New Brunswick school superintendent John McLaughlin couldn't say for sure why the team didn't use a bus. Maybe they thought loading a small team on a big bus wasn't practical? Maybe a professional bus driver wasn't available? Maybe buses are too costly?

These could be legitimate reasons for van travel, but now that a tragedy has occurred

more questions will inevitably be raised while a community mourns.

Humber College athletic director Doug Fox says accidents are his biggest fear when teams travel, especially in winter conditions.

Fox decided to use coach buses with professional drivers for any trips that require more than an hour's worth of driving. Tired coaches driving a long way home at the end of a day is a lot to ask, he says.

Humber now only uses vans or carpools for games within city limits.

Perhaps New Brunswick should implement a similar policy.

But are buses any better than vans? Regardless of whether the Bathurst coach is a safe driver or not, doubts about the stability of transport vans have been raised.

According to the CBC, the U.S. National Highway Traffic Safety Administration issued three separate warnings about similar vans to the Ford Wagon between 2001 and 2005 citing stability issues.

The CBC states that some school boards in Nova Scotia and Saskatchewan have already banned the use of the 15-seat van.

Despite the debate, perhaps it's time for new school regulations to be drawn up at the national level to help reduce the risk of tragedies such as Bathurst.

Anything that could save a life is well worth the effort.

WORD ON THE STREET

Why would you want an Apple iPhone?



Daniel Burke
First-year business administration

It's expensive, that's why I wouldn't want one. It's like the price of a laptop on sale!

Lisa Ahmadi
First-year occupational therapy



I don't have a cell phone now so I wouldn't really use it. The iPod Touch would be cool. I wouldn't take the iPhone.



Kerri Miller
First-year occupational therapy

I don't want it but people want it because it's the latest thing. The iPhone doesn't fit as much music as I want. Maybe if it was an 80 GB version.

Mark Ang
First-year pharmacy technician



It has everything. It's like a mini computer inside of your hand. It's convenient and it goes everywhere. My boyfriend has one. He got it because no one else had it.

HUMBER ET CETERA

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Letters to the Editor must be signed and contain the writer's program and telephone number for verification.
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Pregnancy not a trend for the faint of heart



Val Maloney
IN FOCUS EDITOR

With our celebrity saturated culture it seems as though whatever we read in *Us Weekly* or see in the movies is law. However, the newest style among young single women in Hollywood isn't easy to emulate — you can't pick up a baby bump at *He&M*.

"Britney's Sister: Sixteen and

Pregnant!!" was the headline that announced 16-year-old Jamie Lynn, had been knocked up by her 18-year old sweetheart.

Let's hope the younger Spears doesn't take the same approach to mothering that her older sister Britney has.

Spears is the youngest in a long line of starlets who have been trading in their tiny dogs for tots. Jessica Alba, and Lily Allen just

announced they're expecting as well.

The younger Spears' television show, *Zoey 101*, which airs on Nickelodeon, had a 'bump' in their ratings after the big announcement, reaching 7.3 million viewers, says *TV Guide*. Let's hope the younger Spears doesn't take the same approach to mothering that her older sister Britney has. Spears reportedly spent mere moments at a custody hearing earlier this week, leaving K-Fed with sole custody of their two children.

Movie executives have also hitched a ride on the young-mom pregnancy trend. The lovable

movie at the tip of everyone's tongue, *Juno*, revolves around a girl also finding herself with a bun in the oven. The hit movie was nominated for three Golden Globe Awards. According to the *Toronto Star*, the movie has grossed over \$50 million dollars in the two months since its release. In the movie, Haligonian Ellen Page, who plays the title character, learns after having a romp with her boyfriend, Paulie Bleeker, (played by Brampton's own Michael Cera) that getting pregnant is "one doodle that can't be undone." The reality is pregnancy isn't as easy for a lot of young

North American women as movies and young responsibility-free celebrities make it out to be.

Juno's success follows in the baby steps of last year's blockbuster hit also on the hilarious topic of accidental pregnancy — *Knocked Up*. The movie, which stars Katherine Heigl and Seth Rogan as young parents who do the (unprotected) horizontal tango after meeting at a club, was among the top-grossing films of 2007.

With all the success following pregnancy-fuelled projects it's enough to make me wonder if it will be the next trend, like *Ugg* Boots, and leggings as pants.

Kenya and Rwanda should not be compared

Michelle Singerman



Michelle Singerman
NEWS EDITOR

In a continent swarmed with conflict and political unrest, Kenya by contrast, has always been able to escape political mismanagement and provide citizens with a stable lifestyle. Since the '90s the country has been viewed as a "beacon of stability."

All of this changed on Dec. 27 when Kenyans voted for their next president. Polls showed Mwai Kibaki, who has been president since 2002, was the winner. But much of the country disagreed with the results, insisting the election had been rigged. Canadian media has been guilty of reporting on African tensions too late but when violence broke out in Kenya's streets after December's results, it seemed our media was determined to play the role of watchdog.

Headlines denouncing political violence in Kenya were splashed across major Canadian dailies — a

nice improvement from the past. However, the reporting was not as accurate as it could have been.

In the headlines of newspapers around the world Kenya was wrongly compared to Rwanda. The difference between the two crises is so vast, that to relate them is bordering on ignorance.

In 1994 Rwanda was drowned in genocide. The ethnic Hutu majority slaughtered an estimated 800,000 Tutsi minorities.

"Tribal violence spirals in Kenya," announced the *International Herald Tribune*. Even the *Star's* Jan. 5 headline, "History separates Rwanda and Kenya" can

lead readers to draw unintentional parallels between the two conflicts. These are just some of the many headlines to highlight the participation of tribal war.

Focusing on tribalism is failing to present well-researched reporting on this situation.

The violence in Kenya was sparked by what some say was a rigged election, and not by a difference in tribes. Africa is comprised of many tribes, and blaming violence on tribal conflict and not the actual issue is ill-informed.

While the two combating presidential candidates come from different ethnic groups, the police

force is made up of several tribes highlighting the fact that tribal tension is not as pronounced as the Western public may believe it to be.

While the general public may not be well informed on Africa's complexities, to misinform readers is negligent.

And while Kenya's current situation is dire, politicians from all sides, and all over Africa, are attempting to restore peace. Even though it is commendable that the media has been following the crisis, Rwanda and Kenya should not share headlines because their situations are not relatable.

Ms. Clinton's crying game



Simon Yau
ONLINE EDITOR

I can recall pretty vividly the last time I cried. It was the very first time I saw *The Lion King*. Let's just say wildebeests have haunted my dreams since.

I am man enough to admit that I cried like a child then. Granted, at the time I actually was a child, but I have since been to several family funerals and had a few injuries stitched up with nary a misty eye, so I feel my man-karma has all but evened out in the bigger scope of things.

The reason I feel the need to share this forgettable moment is because crying has become quite a hot topic in U.S. politics.

One was hard pressed to not hear about Sen. Hillary Clinton's waterworks mere days before the New Hampshire Democratic Primaries. Clinton responded to the question of how she "got out

the door every day" by softening her tone and with eyes welling up (but not actually crying), explaining how difficult it was to wake up and step into the high-heels of

Do her tears make her worse than a man who was so desperate for fellatio he manipulated the likes of Monica Lewinski under his Oval Office desk?

Hillary Clinton.

Many pundits accused Clinton of purposely trying to pull at heartstrings. Canadian magazine *Macleans* recently threw its hat in the ring, warily observing "...if crying on demand has become the latest calculation for attention, you can count us as dry-eyed cynics."

Clinton ended up winning the primary, and opinions began to pour in immediately that because of her emotional moment, sympathy votes carried her home.

The post-voter analysis seemed

to support this theory, showing that Clinton captured the votes of middle-aged women and rural areas, while college towns and upper-middle income areas voted for Obama. In other words, soccer moms and folksy farmers voted for Clinton.

Some would say that crying is exactly why a woman should never be the president of the United States of America. But Hillary's crying should not be mistaken for a sign of weakness on her part. Do her tears make her worse than a man who was so desperate for fellatio he manipulated the likes of Monica Lewinski under his Oval Office desk?

Crying is a normal human emotion. Is it absurd to not vote for a politician because they turned on the taps?

If Clinton ends up losing the Democratic candidacy because of backlash from this single moment, it will be a frustrating step backwards for women in politics.

Frankly, I find that to be a sad commentary on our society.

Not sad enough to cry about, mind you, but pretty sad nonetheless.



<p>TO THE RAPTORS FOR HOLDING A MOMENT OF SILENCE FOR MEMBERS OF THE BATHURST PHANTOMS MEN'S BASKETBALL TEAM WHO DIED IN A TRAFFIC ACCIDENT OVER THE WEEKEND.</p> <p>TO DALLAS COWBOYS WIDE RECEIVER TERRELL OWENS FOR NOT BEING AFRAID TO SHOW HIS EMOTIONS AT A PRESS CONFERENCE AFTER THE SEASON ENDED IN ANOTHER PLAYOFF LOSS.</p> <p>TO THE WRITER'S GUILD OF AMERICA FOR SAVING THE PUBLIC FROM WATCHING ANOTHER BORING GOLDEN GLOBE CEREMONY.</p> <p>TO ELLEN FOR BEING VOTED MORE POPULAR THAN OPRAH IN AN RECENT ONLINE POLL OF U.S. ADULTS.</p>	<p>TO THE TWO NEW YORK MEN WHO WERE ARRESTED JAN. 8 AFTER WHEELING A DEAD MAN IN AN OFFICE CHAIR THROUGH THE STREETS OF NEW YORK IN AN EFFORT TO CASH HIS SOCIAL SECURITY CHECKUE.</p> <p>TO WESLEY SNIPES FOR NOT PAYING TAX ON THE \$38 MILLION HE EARNED BETWEEN 1999 AND 2004.</p> <p>TO THE UNITED STATES FOR SENDING AN ADDITIONAL 3,200 MARINES TO AFGHANISTAN.</p> <p>TO TATA MOTORS IN INDIA FOR DEVELOPING THE WORLD'S CHEAPEST NEW CAR (U.S. \$2,500) AND THUS PUTTING MORE CARS ON THE ROAD IN AN ALREADY HEAVILY POLLUTED COUNTRY.</p>
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Ticketmaster has announced it will purchase TicketsNow, the second largest secondary-ticket site behind eBay, for an estimated \$265 million. — *rollingstone.com*

Pros and cons to Deviant website

Site showcases student art online

Stephanie Stranges
A&E REPORTER

The world's largest web-based art community, DeviantArt, opens doors for Humber's aspiring artists and art lovers when it comes to displaying and browsing artwork.

"The website is specifically for artists. Unlike other sites like YouTube or MySpace, artists can post their artwork in a portfolio form," said Danielle McKay, Toronto's director of artist relations for DeviantArt.

"It can help them get their foot in the door in a dog eat dog industry. The site is a very viable source which gives opportunity to find paying jobs."

The site, which is inspired by a quote from musician Frank Zappa — "without deviation from the norm, there would be no progress" — is a place to find artists and everything from traditional art to digital art, photography and photo-illustrations, McKay explains.

McKay and a team of volunteers hold contests and challenges on the site, and feature working professionals and professors who offer

tips and advice. "These features help keep the community alive and the artists flourishing," she said.

"It's a place where you can continue to grow and learn from others, which is very important," said Natalie Juhlke, 19, a first-year design foundations student who has been using the site for three years. "It feels good to be a part of such a large community that's supportive and really about the art even through the thickest of times."

But what are the risks of posting your work online?

"Even with an online copyright, it doesn't mean people can't take it," said photography instructor Anne Zbitnew. "Putting it online opens your work up to the whole world, but do you want the whole world to see your work and are you willing to risk appropriation?"

McKay ensures rights stay with the artist as far as the website goes. Watermarks are always encouraged, and users who are found guilty of infringement lose their membership and are dealt with through the site.

"There is always a chance of being ripped, but it's up to you to stop it," said Juhlke.



Natalie Juhlke

This photograph by Natalie Juhlke is an example of some of the artwork found on DeviantArt.

Swinging tribute for jazz giant

Rayna Taylor
A&E REPORTER

Humber College will continue to pay tribute to the late Canadian musician Oscar Peterson through an award in his name that is given to outstanding jazz students.

"Since his passing, people are re-appreciating his life's work," said Joe Kertes, dean of creative and performing arts.

"It now makes this award even more prestigious."

Peterson, a world-class jazz pianist and Canadian icon, was a longtime member of the advisory board for the college's music program.

"He liked the education at Humber. Over the years, he came out to the school a number of times," Kertes said.

"We were the first jazz program in Canada, so that of course appealed to him greatly."

Kertes, along with music director Denny Christianson, wanted to create an award to recognize exceptional jazz students for both their musical talent and academic achievements.

Kertes and Christianson visited Peterson in his home four years ago to present him with their idea.

"He was wonderful. He was very kind and very generous with his time," Kertes said.

"Denny and I thought he'd give

us 10 minutes and we ended up staying three hours."

This past Saturday, a tribute was held in his name at Roy Thomson Hall in downtown Toronto.

Aptly named Simply the Best, the tribute gathered some of the most revered jazz musicians in Canada to celebrate Peterson and his contribution to Canadian music.

The doors opened to the free event at 3 p.m. and was open to the public on a first-come, first-serve basis.

Over 6,000 people came out to line up and try their chances at securing a seat at the event, some as early as 4 a.m. the previous morning.

Stan Tulk and his wife waited in line for three hours in the two degree temperatures, only to be

turned away.

"We've been big fans for quite some while and we have something in common actually. My boyhood was spent in Montreal, in much the same district as he did," he said.

"I had the chance to see him play back in the sixties, in a small café here in Toronto. I haven't forgotten it yet. I don't think I ever will."

Joel Moody is a saxophonist who studied under a contemporary of Peterson's.

Despite his five hour wait, he did not get in.

"It's disappointing; however, it's great that there was such a turnout," he said.

"It means that people loved Mr. Peterson, and there is a great show of that here in Toronto."



Courtesy

Legend Oscar Peterson passed away in his home on Dec. 23.



Rayna Taylor

Jazz lovers lined up at Roy Thomson Hall Saturday to pay tribute to the world class pianist.

Music label EMI will allow corporate brands to sponsor its artists as a way to boost revenue, after recently announcing plans to cut nearly 2,000 jobs. — nme.com

Persistence pays off for comedy grad

Dila Velazquez
A&E REPORTER

Humber graduate Marty Adams has joined the ranks of Dan Aykroyd, Gilda Radner and John Candy by becoming one of the latest additions to Toronto's Second City sketch comedy troupe.

"It is the pinnacle in Toronto," said Adams, who graduated from the Humber Comedy Writing and Performance program in 2003. "I auditioned a lot. They didn't like me at first, but I made them."

Second City's highly acclaimed *Facebook of Revelations* in 2007 was Adams' first on the main stage. He is now preparing for a new show, *Tazed and Confused*, set to open next month.

"It's a young cast, but we have the experiences of *Facebook*," he said. "It talks about what is going on in Toronto with the condo boom but everyone is alone because we're always on our cell phones or Internet or Blackberries."

For as long as Adams can remember he has desired to be in front of an audience.

"I always wanted to perform and I used to make jokes all the time in school," he said. "The key was screwing around while having the teacher like you."

He attended McMaster University to play football and study film. Geoff Colling, his

roommate at the time, said Adams was not interested in his studies because he knew it was the wrong program for him.

"He had class and wouldn't go," said Colling. "He always wanted to do comedy and knew he didn't want to be at McMaster after first year."

Adams found the Humber comedy program and he excelled.

"He was terrifically gifted," said Andrew Clark, director of the comedy writing and performance program. "Coupled with a very intent drive to succeed, we are not surprised he's gone far."

While touring with Second City he caught the attention of Hollywood and was asked to audition for *Saw IV*. He impressed director Darren Lynn Brousman with his performance and was given a small role in Brousman's next movie, *Repo! The Genetic Opera*, starring Paris Hilton and Paul Sorvino.

Adams attributes his success to the decision of never working a regular job after he graduated, which caused him to sacrifice to attain his dreams of becoming a working comedian.

"No one is going to work harder than you in this business," he said. "I'm not planning of ever leaving it but I know if I do I've given it everything I've got."



Tracey Finklestein

The Clifford Brown/Stan Getz All Stars perform at the IAJE conference last week in Toronto.

Jazz whiz gets gold ticket

Tracey Finklestein
A&E REPORTER

An 18-year-old Humber College student was one of the last people to play with Oscar Peterson before the jazz legend died last month, and he has also joined a renowned international jazz ensemble in Toronto.

"It is an honour to play music and be recognized for it and represent Humber," said Eli Bennett, a first-year student in the bachelor's degree in contemporary music.

"Humber is the best music school in Canada," he said. "It suited my needs and their program is shaped in a way that fits my interests."

Last year, Bennett won the Oscar Peterson Award. He also had the chance to play during last year's Grammy Awards with the legendary jazz musician.

"All of this achievement is a very great bonus, but the most important thing is the music," said

Bennett.

He recorded a videotape audition at Humber last November that gave him the opportunity to join the Clifford Brown/Stan Getz All Stars Ensemble.

"The other members are really talented and it is so great to play with like-minded musicians my age," said Bennett.

The Brown/Getz All Stars is an instrumental jazz band made up of six musicians who are chosen from a pool of international students.

The band performed last week at the Metro Toronto Convention Centre during the 2008 International Association of Jazz Education conference in Toronto (IAJE).

The conference is the largest jazz event in North America and is dedicated to musical education and advancement, said Thurston Briscoe, program director of WBGO, a jazz radio station in Newark, New Jersey.

"This is a conference where peo-

ple take it seriously and you're seeing a lot of teachers, students and professional musicians here," said Briscoe. "There is a lot of playing music and studying music at the conference."

Bennett started playing only five years ago after he found his father's old saxophone in the garage, and has quickly honed his skill.

"Eli Bennett is one of the most gifted musicians I have seen in over 20 years," said Denny Christianson, music program director. "His achievements should speak loudly about his career path."

Aside from playing the saxophone, Bennett has written several compositions that he's performed in jazz festivals across North America.

Next month, Bennett will go on a nine-day music tour across England with the Humber Studio Jazz Ensemble.



Dila Velazquez

Marty Adams, part of Second City, says he's ready for the new show *Tazed and Confused*.

EDITOR'S PICKS



Editor-in-chief Matt Shilton tells us what's in his headphones this week



Radiohead - All I Need
In Rainbows



Patrick Watson - Close to Paradise
Close To Paradise



The Most Serene Republic - Phages
Phages



The Sea and Cake - Escort
The Biz



Broken Social Scene - Fire Eye'd Boy
Broken Social Scene



St. Germain - Montego Bay Spleen
Tourist

Troubled actor Brad Renfro (*Ghostworld*, *Apt Pupil*) was found dead in an L.A. apartment Jan. 15, but the cause of death is yet to be determined. — *people.com*

Gallery shows new art talent

Jay Vallis
A&E REPORTER

A hipster Toronto art gallery is looking for new talent to showcase student artwork.

"We contact schools to see if any students are interested in showing their work and we will be contacting Humber before our next show," said Luke Correia, co-creator of Whipper Snapper Gallery, though the gallery does not have any affiliation with the school.

If the gallery selects an artist's submission, the artist pays a fee of \$100 to cover the building's rent. If their work is sold the artist receives all profits.

Created by people in their mid-twenties, Push It is the seventh group-show the gallery has put on.

"Push It was named by one of our volunteers, and it's what we are trying to do. Push it can mean anything to anyone, but for us it's to push young artists," said Correia.

Each show is unique because there are always new artists submitting work. For Push It over 100 pieces were submitted.

The non-profit gallery situated on College St. opened three years ago when artists Correia and Patrick Struys wanted to establish an affordable but professional

work space for artists to showcase their work.

"It's too expensive and unrealistic for young people to show their work at most galleries," said Correia.

The gallery posts its show dates on its web page or other posting pages like the art collective Instant Coffee, said Chris Altorf, gallery web designer.

Altorf exhibited his work a few years ago.

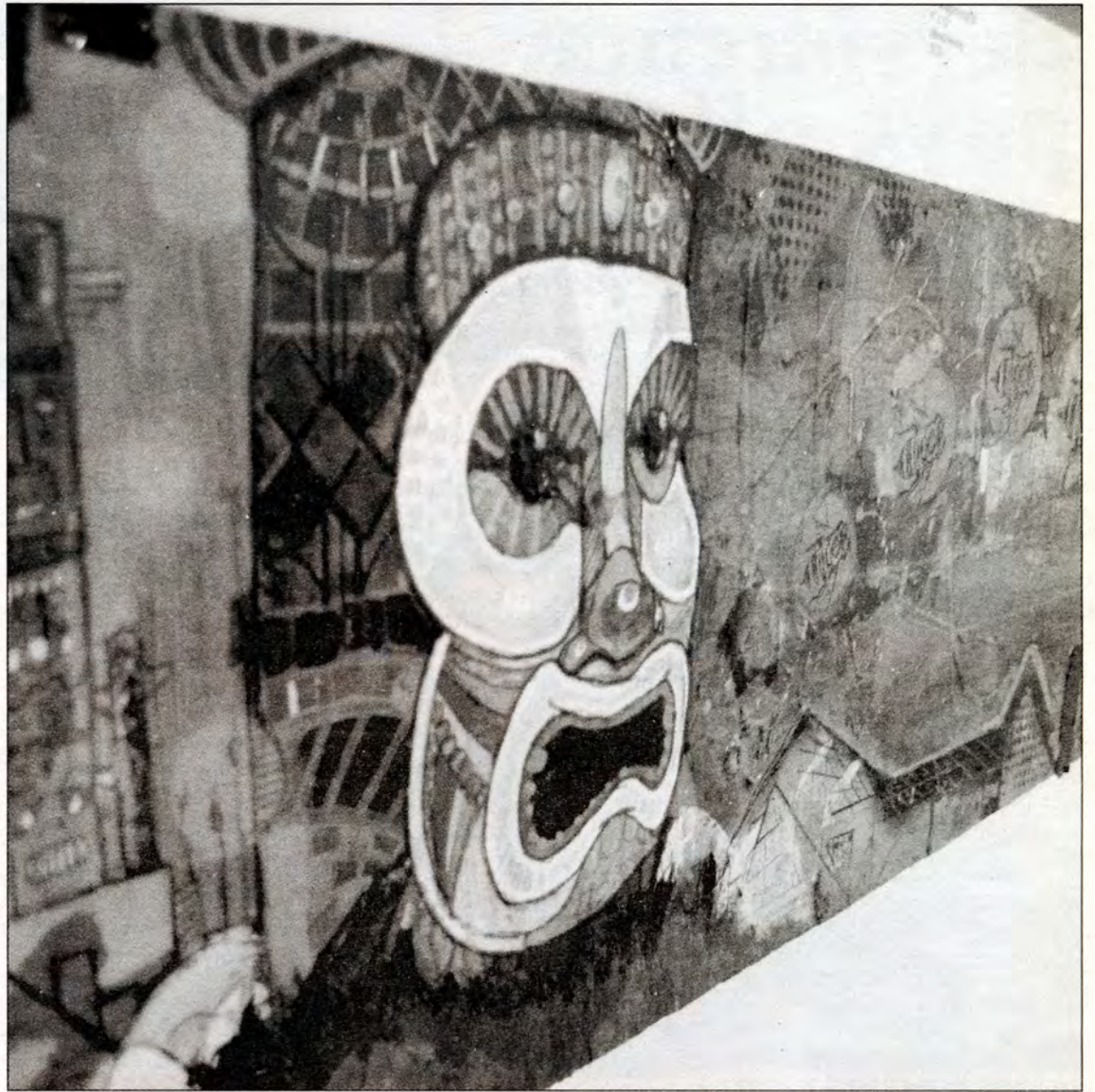
"It was cool and fun to meet new people, I wanted to help out," he said.

The Whipper Snapper gallery also has craft shows and musical performances, as well as a venue for bands to play when both the band and audience are underage.

Whipper Snapper also hosts a number of bizarre celebrations, such as New Year's in November and *Let's Get Hitched*, an event happening in February where guests come dressed in wedding attire and take part in a fake ceremony followed by pictures, cake, drinks and dancing.

There is no real wedding involved, the event is just for fun and to raise money for the gallery said Correia.

Push It runs until Saturday Jan. 26.



Jay Vallis

Artists receive all the profits when their work is sold at Whipper Snapper Gallery.

A Humber for All

Humber wants to remind you that

- ❖ All members of our community are entitled to participate fully in College life free from any barriers that contribute to a poisoned environment
- ❖ We strive to promote a culture of inclusiveness among our increasingly diverse community
- ❖ Our Human Rights/Complaint Process Policy is readily available in hard copy from the Human Resources Department or online at <http://humanresources.humber.ca/downloads/HumanRights.pdf>
- ❖ The prohibited grounds of Discrimination and Harassment are race, ancestry, place of origin, colour, ethnic origin, citizenship, religious creed, sex, age, marital status, family status, disability, sexual orientation, receipt of public assistance or pardoned federal offences or record of provincial offences as defined by the Ontario Human Rights Code.

You may seek confidential advice on matters related to harassment and discrimination from the College's Human Rights Advisors at Extensions 4948/4425 or from a Union Steward, Counsellor, Nurse or the HSF



From wannabe's to pseudo-rockstars

Gareth Vieira
IN FOCUS REPORTER

A music video game is not just for kids, it is fun for the whole family.

"Guitar Hero is redefining how games are played," said Marc Saltzman, host of the radio show Tech Talk on CFRB1010, "Its appeal is virtually to everyone, male and female, young and old."

Guitar Hero was Saltzman's top game for 2007 and he considers it one of the best games to come on the market in several years.

"It's great to have virtual band mates. It provides healthy family entertainment and it gives encouragement to those who have been intimidated by the real instrument.

This is a welcome change to all the violent games on the market."

In 2006, US creators, Alex Rigopulos and Eran Ergozy sold the game, and their company, Harmonix, to MTV.

"This was a smart move by MTV," said Saltzman, "(Harmonix) has been popular since the 90s, but became all the rage with the Guitar Hero titles."

The game creates the sensation of being a rock star and includes songs from some of the greatest bands of all time, such as the Red Hot Chili Peppers, David Bowie and the Rolling Stones.

According to Saltzman the game has received lots of positive press and is one of the most top rated games in Playstation 2's history.

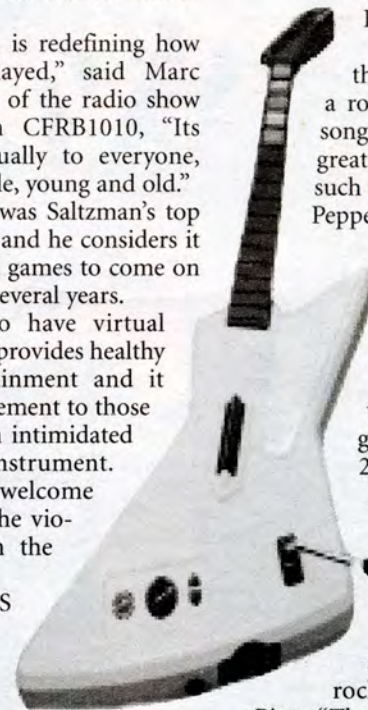
"I think Guitar Hero is a lot of fun," said

Briane Doherty, 21, a first year accounting student

and a member of the rock band The Black

Pints. "The game is fun not only for amateurs but also for those of us who actually do play."

Photo Gareth Viera



So far, 2008 has been labeled as 'gloomy and depressing' due to the lack of sunshine during the end of December and beginning of January. - *the Toronto Star*

Blue Monday is the post-holiday slump

Study says January 21 is most depressing day of this year

Natalie Escobar
LIFE REPORTER

After the holidays, the weather is gloomy, credit card bills are huge, New Year's resolutions have been broken and motivation is lacking. If you are feeling blue you are not alone.

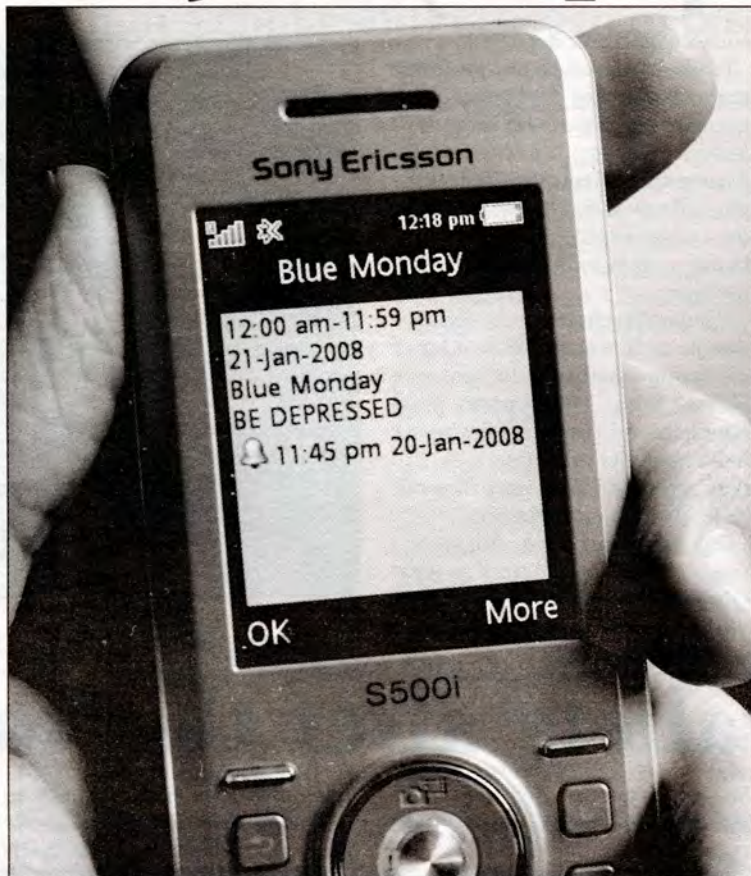
This Monday will be the most depressing day of the year, according to Cliff Arnall, a former tutor at Cardiff University in Wales who used mathematical equations to work out Blue Monday.

Arnall concluded people are likely to get the blues in the last full week of January because of a combination of bad winter weather, Christmas debts and broken New Year's resolutions.

Arnall had two main reasons for working out the calculations.

"One to get people talking about depression," he said. "The second is to use a day as a springboard for change."

Second-year marketing student, Vince Cavuto, 21, understands "I'm a bit sad when the holidays



Natalie Escobar

Cliff Arnall claims if you feel blue this Monday, it's natural.

are over," said Vince Cavuto, 21, a second-year marketing student. "You're back to reality, everything is back to normal."

Arnall's formula includes the "case of the Mondays," which is the dejected feeling one gets when starting work after the weekend.

"Nobody likes Mondays to begin with, it just adds to the day being blue," said Cavuto.

Arnall's calculations factor in

"I'm a bit sad when the holidays are over. You're back to reality, everything is back to normal."

-Vince Cavuto
marketing student

that credit card bills are generally received around this date and people realize they have overspent during the holidays.

"One thing that always bothers me in the month of January is the fact that I'm always in debt," said Cavuto.

Vinnie Mitchell, a counsellor from Student Services said "Monday and Friday sessions tend to be rough."

She said students come in on Mondays because things might have not gone well on the weekend for them.

"I wouldn't necessarily have known about (Blue Monday)," Mitchell said. "People are depressed throughout the year. I think what we do notice is that there is a relation to weather. People benefit with light."

The idea of Blue Monday was

originally pitched to adults, but Arnall said it can have a big bearing for students because stresses from school combine with pressures from the holidays.

Students affected by Blue Monday can visit the website www.beatbluemonday.org.uk, or visit student services in room B112 of the North Campus.

FRESH 5IVE

Some ways to beat Blue Monday

Try something new: Be creative, and have fun.

Pamper yourself: Buy something you've been promising yourself.

Take a break: Take some time to visit a new coffee shop or restaurant.

Get physical: Getting a good work out will make you feel good about yourself.

Be nice to a stranger: Random acts of kindness are the best form of self-satisfaction.

Info provided by beatbluemonday.org.uk

Eating healthy on campus

Kara Bertrand
LIFE REPORTER

Humber North is scattered with food choices, but finding the right selection can be difficult.

The ability for students to find healthy choices on campus is fueled by a trend that reaches beyond its doors, say caterers and dietitians.

"There's no question that there's a trend towards food that has good quality behind it," said Humber Room Manager Richard Pitteway. "It doesn't necessarily mean that it doesn't have fat, butter or salt, it's just that you don't overwhelm the food with those kinds of ingredients."

The Humber Room is a restaurant learning facility for culinary and hospitality students, offering daily lunches and weekly dinners.

Healthy options are available at the Humber Room, with main course dishes ranging from \$9.75 to \$10.50.

"We use fresh ingredients for everything we have," said Pitteway.

Kim Mantovani, food services director, said healthy options are incorporated into all the food venues on campus.

The Food Emporium, Java Jazz and residence restaurants are operated by Chartwell's, a compa-



Kara Bertrand

Food services has different healthy choices for students.

ny that creates food programs for schools.

"We have a program called Balanced Choices, which is worked out through our head office in terms of dietary requirements," said Mantovani.

The items containing the Balanced Choices label include salads, wraps, and sandwiches that are low in fat and contain fresh ingredients.

The salad bar in the Food Emporium is an option and prices are measured by weight with a

maximum cost of \$5.90.

Students may face difficulties when attempting to eat healthy on any college campus.

"The biggest challenge would be variety," said Mantovani. "It's easy to go for the carbs, and the fats, but when it comes to healthy, we get bored quickly."

Liz Pearson, a registered dietitian at the Pearson Institute of Nutrition, warned against including alcohol in a student diet.

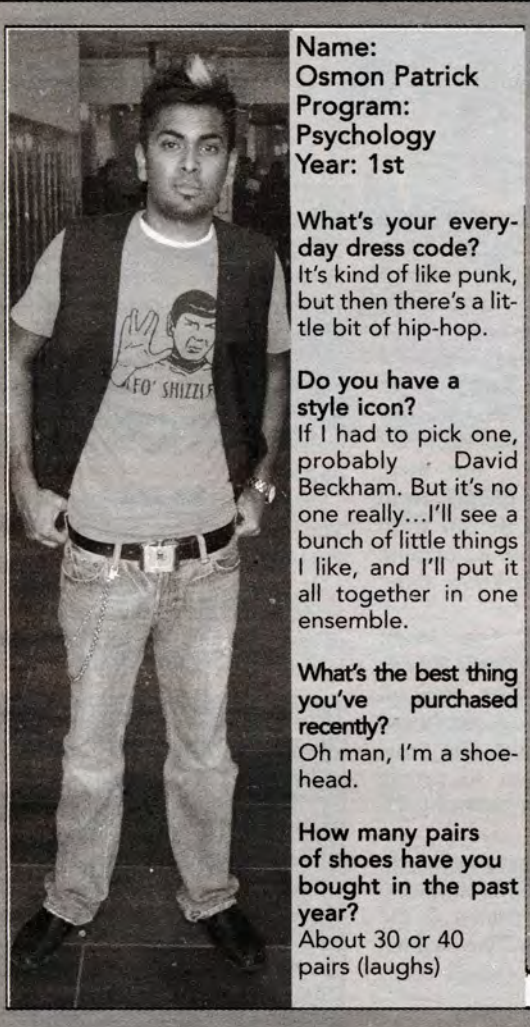
"Any will power that someone had to eat healthy all goes out the window with alcohol."

Cara Rosenbloom, a dietitian at Words to Eat By, said that students may find it difficult to locate healthy options on campus, resorting to unhealthy food to satisfy cravings.

"Since fast food options scatter most college campuses, it is easy to get caught in that trap and overindulge in non-nutritious meals," she said.

Rosenbloom recommended a regular lunch should contain from 500 to 700 calories, but a burger, fries and pop contains almost 1,200 calories.

She said students should choose healthy options at fast food outlets such as salads, sandwiches on whole grain bread, fresh fruit and stir-fries.



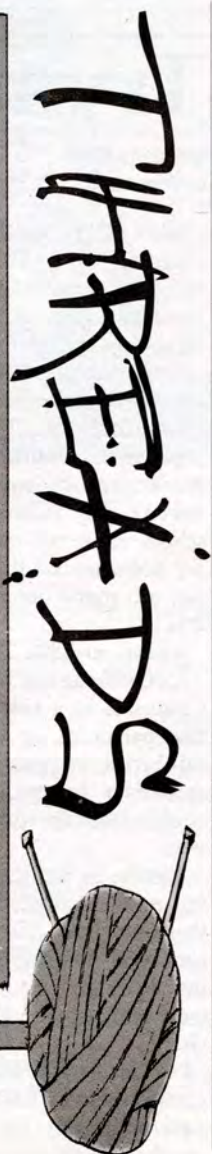
Name: Osmon Patrick
Program: Psychology
Year: 1st

What's your everyday dress code?
It's kind of like punk, but then there's a little bit of hip-hop.

Do you have a style icon?
If I had to pick one, probably David Beckham. But it's no one really...I'll see a bunch of little things I like, and I'll put it all together in one ensemble.

What's the best thing you've purchased recently?
Oh man, I'm a shoe-head.

How many pairs of shoes have you bought in the past year?
About 30 or 40 pairs (laughs)



Each week *Et Cetera's* Threads feature highlights personal fashion on campus



Carpooling with one other person automatically reduces your car emissions by half and saves 2,000 litres of gasoline each year. — Environment Canada

Second chance policy saves student

Jordan Sandler
LIFE REPORTER

Emergency telecommunications student Benjo Colautti is grateful for Humber's unique policy regarding program transfers that has given him a second chance to study at the college this semester.

"When I found out I could transfer it was the greatest day of my life," he said. "I feel like it's the first day of school."

Colautti, 19, was enrolled last semester in media foundations and living in residence on the North Campus, but was not achieving the minimum grade-point average required to stay in his program.

He spoke with his residence assistant Shelley Hawkins, who told him of his options, which

included enrolling in a new program for the winter term. This option was appealing for Colautti, and the emergency telecommunications program caught his eye.

"You're trained in CPR and how to deal with stress," he said. "Best of all it's only one semester and then it's a paid work term."

He went straight to the registrar and enrolled after confirming that he met the necessary prerequisites. This included an Ontario Secondary School diploma and the completion of Grade 12 English.

"You come into a program and it's not what you thought it was," said associate registrar Patricia Van Horne.

Humber's policy of providing students with a second chance can be compared to the procedures of other post-secondary institutions,

such as Seneca College.

Linda Pasternak is the professor and co-ordinator of the legal programs at the Newnham campus of Seneca College. According to Pasternak, students who fail multiple courses at Seneca will have to do a considerable amount of lobbying to gain admission to a new program.

"Generally chairs or co-ordinators in each program have a lot of discretion whether to let someone in," she said. "We're pretty good about second chances. If you are halfway polite and they look like they will mend their ways they can be let back in on probation."

Colautti hopes to take full advantage of the opportunity that Humber's policy has afforded him.

"I've already paid," he said. "I want to be here."



Jordan Sandler

Transferring programs allowed Benjo Colautti to stay at Humber.

Hope for skinny wallets after the holidays

Andrea Iseman
LIFE REPORTER

Students who face job losses after the Christmas season can seek assistance from financial aid and the career centre.

Job loss and money problems are a reality for many students, said Karen Fast, manager of the career centre. After the Christmas holidays, some students might have to look elsewhere for employment.

"I have noticed a drop in hours at

my workplace," said second-year fashion arts student Anamaria Dujic, 21. "I'm obviously planning on working the hours I've been given and will maybe start looking for a second job."

But there are solutions for students, such as work-study jobs on campus. There are many career fairs that are going on this month, which gives students a chance to meet employers face to face.

"We try to make students think creatively about job areas that will

be booming in February and March, such as party planning," said Fast.

During the winter, students are also experiencing increased financial need, said Holsee Sahid, manager of financial aid.

"We can't help everyone," she said. "Students had three weeks to work so you would have hoped they saved over the Christmas break."

Students can apply for financial need bursaries through financial aid. She said preference is given to

students in their final year, and to those who have experienced something unexpected, such as family breakdown.

"It isn't like 'my friend got a bursary and I want one too,'" she said.

Students can also seek help from agencies, such as the not-for-profit organization Credit Canada, which provides financial counselling services.

Elena Jara, the education co-ordinator at Credit Canada, said more than 10 to 15 per cent of her clients

are students in university or college.

To make their money last throughout the semester, students should budget their cash and make the right choices, she said.

Sahid, from financial aid, agrees with this advice.


For example, she said Humber students could make smarter decisions when it comes to purchasing jeans. Students can choose to buy jeans for \$100 or \$20, she said, and it's not always easy to tell the difference.

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Trying to carpool

Catherine Mann
LIFE REPORTER

With nearly 500 North Campus students registered on carpool.ca, some students find the environmentally conscious site not as helpful as they hoped it would be.

"One person who was registered on the site got in contact with me about carpooling," said Christina Nguyen, 21, a fourth-year business-marketing student. "But there weren't too many people from school registered on the site from my hometown. I think it's because not too many people know about it."

Started in 1992 by Anne Marie Thornton, the site began in British Columbia as a rideshare program that partnered up with provincial ministries, corporations and post-secondary institutions so people could match up with carpool partners.

"Sitting in traffic, you can't help but notice that all the cars around you only have one person in the car," said Thornton. "We wanted people to shift from a single occupant vehicle to a full-capacity vehicle."

Popularity for the website has grown to over 8,800 participants nationally. But the site has not caught on with students or faculty,

despite promotion from the Humber Students' Federation.

"We like to encourage students to visit the site as a means of promoting the use of carpooling," said HSF president Nicholas Farnell. "However, if they cannot make carpool arrangements due to scheduling conflicts, students can get in contact with the registrar's office to have their schedule adjusted in order to make this an acceptable option."

Despite the lack of success locally, Thornton still has high hopes for the program.

"If you carpool at least once a week. You're decreasing the amount of greenhouse gas emissions being released into our atmosphere."



Catherine Mann

Students can match up with commuters using a website.

"A new website (www.addiopizzo.org) enables Italian business owners to join forces in refusing to pay protection money to the Sicilian Mafia" —*The Toronto Star*

Boss takes orders from computer

Joan Porter
Biz/TECH REPORTER

Humber College computer engineering students are already familiar with the technology behind GM's new driverless car that was unveiled this month.

Students in their final year are asked to create a shoebox-sized vehicle, the Micro Mouse, that must determine a maze's dimensions, navigate through it and perform the tasks within its boundaries.

"It's a technical marvel, to see it on a scale like this is wild."

—Joe Tomona
Associate Dean of Applied Technology

GM's Chevrolet Tahoe, or Boss, is an unmanned car that can navigate through urban traffic using a combination of technologies including laser, radar, and GPS systems.

"The electronic technology in vehicles such as Boss can provide society with a world in which there are no car crashes, more productive commutes and very little traffic congestions," said Larry Burns, vice - president of research and development and strategic planning in a press release from GM.

Joe Tomona, an associate dean of applied technology at Humber, said he is intrigued by the



courtesy

The Boss - GM's new pilotless vehicle is like any computer, it improves the quality of life, but can't compensate for human error

advances that have been made from the simple machines like those created on campus.

"It's a technical marvel," Tomona said. "To see it on a scale like this is wild."

However, as a driver, Tomona is skeptical of the technology and the possible problems a computer-operated system presents.

"We build society around cars. The way we've built our infrastructure places a huge reliance on

our automobiles and one of the great stressors is the commute," Tomona said. "We count on technology now. But I'd hate to reboot my car in the middle of the 401."

The new technology is also a concern for Kelly Gray, an educational assistant in applied technology at Humber who is involved with the Micro Mouse.

Gray explains how approaching systems could confuse one another, crash or drive off the road.

"One of the problems that comes to mind immediately is interference," said Gray.

The transition from people driving their cars to computers driving cars has been a point of concern for these professors.

"Anytime you have a mix of automated systems and humans there will be problems," said Grey. While a computer can reduce human error that causes potential accidents, it can't predict reactions

from human drivers.

Stuart Matheson, 25, a control systems student agrees. "For it to really work, everyone would have to have it. Some people will still want to drive."

GM hopes that the Boss will be the beginning of a more productive and safer commute in the future, allowing its passengers to eat breakfast, check their email and read the paper while being chauffeured to work.

New program sustains construction industry

Andrew Tomkinson
Biz/TECH REPORTER

The new Sustainable Energy and Building Technology program at North Campus starting in September will provide students with the chance to work in the growing eco-friendly business sector.

"Renewable energy and green building design and construction are big growth sectors with high demand for graduates of such programs," said Robert Hellier, program co-ordinator.

Green construction uses elements of design and technology to modify and build structures that conserve energy and produce less waste. The green roof at York University and Ontario energy provider - Enwave's deep lake water cooling system are examples of the shift taking place in the construction industry.

The skills needed in green building and renewable industries do not belong to any one profession,

so the program is designed to offer a multi-disciplinary approach, said Hellier.

"A summer work placement allows students to gain experience with real-estate developers, engineering, architectural and energy consultancies, renewable energy installers or energy management divisions of companies or municipalities," said Hellier.

"Throughout the industry, developers are looking for qualified individuals in the new green sector jobs..."

—Rambod Nasrin
Tridel Condominiums

There has been a lot of interest and growth within the design and building industries, said Rambod Nasrin, manager of research and development for Tridel Condominiums.

"Throughout the industry,

developers are looking for qualified individuals in the new green-sector jobs to assist in the creation of eco-friendly buildings," said Nasrin.

The trend in designing buildings that are eco-friendly and energy efficient is becoming very popular within the condominium sector, said Nasrin.

"Eco-design is a key issue in the development of new condominiums," said Nasrin. "This type of building reflects customer interest and environmental concerns."

This program is being established to reflect the growing need, said Susan Krausz, associate dean of applied technology.

"We develop new programs when we feel there is a need for them in the industry and that there is going to be student interest in it and that it will provide relevant jobs in the future," said Krausz. "This program, we believe, will definitely provide relevant jobs for students in the future."



Tyler Kekewich

Associate Dean Susan Krausz says program caters to industry

It may take three years for Chinese car manufacturers to Canada's market, but when they come the whole industry will be affected. — www.thestar.com

Debt is on borrowed time

Sana Ahmed
IN FOCUS REPORTER

Bianca Hall
BUSINESS REPORTER

Humber's financial services' program coordinator has some advice for students dealing with the aftermath of holiday spending sprees.

"The first thing I would recommend would be to budget," said Richard Kingston. "Project your yearly expenses, write it down and figure out where you're going to get the income to balance that out."

Creating a budget forces students to be honest about what they can afford and helps differentiate between luxuries and necessities.

"Work out what essential costs are first, such as food, living expenses and tuition," said Laurie Campbell of Credit Canada, a non-profit counseling organization.

"Then figure out what is left at the end-of the month and hope-

fully you're cash positive. If not, you may have to go back to the drawing board and cut out those Starbucks lattes or lunches in the cafeteria. Once you start to make these minor changes, the savings add up surprisingly quickly and this leads to a great return called peace of mind."

There are lots of thrifty ways for students to enjoy life's luxuries.

"I budget and scrimp a bit but I try to make room for fun," said Emily Dick, 27, a second-year fashion arts student. "I still shop but I shop for vintage clothes and when I go out I try to check local papers for entertainment events with no cover charge."

Banks offer other solutions.

"Students find themselves in quite a tough situation," said Tiffany Nguyen, financial services representative at TD Bank's Birchmount and Sheppard branch. "But banks want to support students because they are our future."

Nguyen offers financial advice and suggests ways students can manage their money.

"TD Bank has many services geared toward students," said Nguyen.

As long as students are in college or university, they can have TD accounts without monthly fees.

"Students can do pre-authorized transfers of any given amount, which is then deducted automatically from their accounts and placed into a savings account," said Nguyen.

According to a study published by the Retail Council of Canada, the average Canadian planned to spend \$1,447 on gifts, travel and entertainment expenses this past holiday season.

With the average interest rate on most credit cards at around 18 per cent and interest on retail cards as high as 28.8 per cent, Campbell advises students to pay those credit card bills off as soon as possible.

"Looking at the bills can be a real eye-opener. You should be making at least the minimum payments on all of your cards and any extra should go towards paying off the higher interest cards first," said Campbell.



Jesse Kinosh-Goodin

New cell phone features may be the final straw for instructors

Apple iPhones likely distraction

Natalie Jenkins
BIZ TECH REPORTER

With no official cellphone policy at Humber, it is up to the instructors to restrain the use of cell phones in the classroom.

"I ask students to mute them," said business instructor Jean Taplin, who doesn't bring her cell phone to class and expects the same respect from her students.

"The reception is poor, so don't bother."

The expected release of Apple's iPhone in Canada has cell phone customers realizing there is more you can do than make phone calls. The iPhone offers voice recording, camera abilities, timetables, calculators, videos and wireless Internet access.

Every day, companies are introducing cell phones with more multimedia applications and shinier styles that fit in your pocket and go with you everywhere.

With a wide range of media applications some students say cell

phones can be used in the classroom. "It could be a tool for time management and recording notes," said Kumar.

Students bring their cell phones to class but compromise by turning off their ringtones. "I put it on silent," said Andrea Somwaru, a first-year accounting student. "It

keeps ringing, it's hard to pay attention and you want to leave class to answer."

A Canadian release date for the iPhone has not been officially set. According to Simon Atkins, an

Apple Canada PR representative, the iPhone is coming to Canada, but the company is "unsure of the exact release date." With anticipation building for the release of the iPhone, cell phones are going to remain a fixture in the classroom whether they are a tool or a distraction.

Taplin said cell phones are nothing but a distraction even with applications such as voice recorders and scheduling tools. "A class is a community. The individual use of a cell phone takes away from the group focus."



Bianca Hall

A fanned assortment of credit cards commonly found in purses from Humber College students

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Brandon Fitzgibbon

Rachel Dubeldam prepares to help a teammate in the Hawks win over Redeemer on Tuesday.

Squad inspires

Players earn praise and straight set win to improve to 9-1 record

By Brandon Fitzgibbon
SPORTS REPORTER

Head coach Chris Wilkins said he thinks his team is heading in the right direction after its three set win over the Redeemer Royals Tuesday night.

"We have a lot more depth from first semester to now, the girls are starting to see the ball better and we are starting to move better," said Wilkins after the Hawk's 25-16, 25-12 and 25-9 victory.

Setter Heather Longland said the team's hard work helped make the smaller areas of the game easier.

"I think we played really well as a team," said Longland, who led the team with eight digs. "We worked

hard. We did the tough things first and the rest of it came easy."

Royals head coach Chris Wiersma said the Hawks are the

"They are a great team, they have great players, they are well coached."

—Chris Wiersma
Redeemer women's volleyball coach

type of team you look to for guidance when trying to build a winning program.

"They are a great team, they have great players, they are well coached and fundamentally they're strong,"

said Wiersma. "We are a program that is slowly trying to build and Humber is the type of team that you look at to see things done well."

The Hawks also received a strong performance from fifth year middle Kirsty Goodearle, who said she feels the team is steadily moving in the right direction.

"I think we're just starting to make up for each other's slack, do different things that we haven't been doing," said Goodearle, who had five kills to go along with a team-leading seven serving aces.

"We're talking a lot more, trusting each other, and knowing each other's game," she added.

The win improves the Hawks record to 9-1 in league play.

Men spike Royal's punch in straight sets

Team prepares for big games with hard fought win over Redeemer

By Evangelos Tzaras
SPORTS REPORTER

After pushing the Redeemer Royals aside in three straight sets, the men's volleyball team improved its record to seven wins and one loss Tuesday night.

The Hawks jumped out to big leads in each game, but the Royals were able to rally around a supportive crowd and make things interesting for the visitors.

In the end, Humber was too strong and won 25-19, 25-22 and 25-21.

Hawks coach Wayne Wilkins was impressed with the performance.

"Huge improvements, effort was there, night and day on defence and passing was great. They came to play a good team, and they were prepared," said Wilkins, who warns his team of complacency.

"I tell these guys don't take anything for granted whether it's Sheridan or Redeemer. You got to go hard all the time," he added.

Humber's balanced offence was

no match over the one player dependency of the Royals.

Middle Duane Mondesir was a giant in front of the net for the Hawks spiking seven kills, two big stuff blocks and a service ace.

Power Paul Kemboi with seven kills of his own and an ace, reflected on his team's play.

"We picked it up a notch," said Kemboi. "A win is a win and I'll take that every time," he added.

Teammate Daniel Shermer says the only thing keeping the Hawks back is their lack of consistency.

"We had little lapses throughout and we had to work harder as the game went on," he said.

Wilkins admits the match against Redeemer had been overshadowed by two big games coming up versus rivals Fanshawe and Mohawk in the coming weeks.

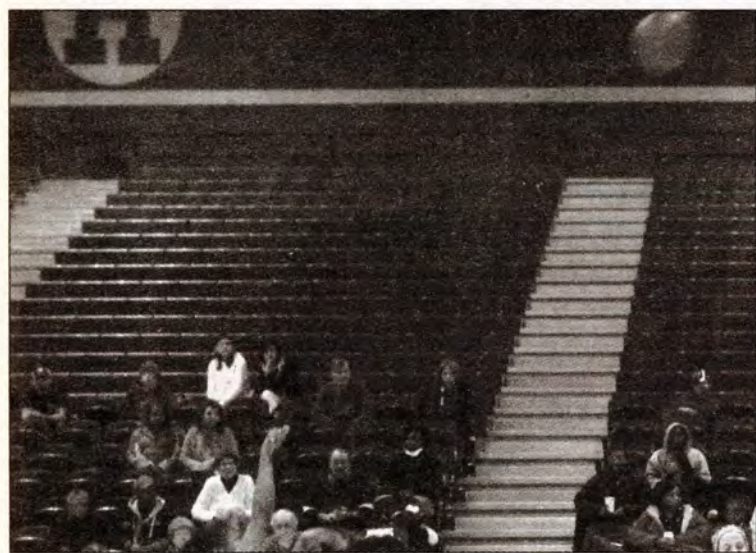
"Both are big games for us," said Wilkins. "We circle them on the calendar. Fanshawe is going to be a tough game, and Mohawk should be even tougher. These games are large stepping stones."



Evangelos Tzaras

Daniel Shermer explores his options against Redeemer

Big back to back wins on the hardcourt for team



Kelly Roche

Humber's Mark McNee battles Algoma's Patrick Murray.

By Kelly Roche
SPORTS REPORTER

Ryan Walker predicted a big win for the men's basketball team before taking the court against the Algoma Thunderbirds last Saturday.

"We're going to come out with a victory, double-digits, at least 20 points," he said. "We're ready to play these guys."

While Walker fell one point short of his promise, the Hawks beat the Thunderbirds 85-66 to remain unbeaten with their tenth victory of the season.

It was the second victory at home in two days, after a 91-52 win over the Sault Cougars Friday night.

Despite the two blowouts, Hawks

veteran Samson Downey said, "We're not even playing our best basketball right now."

The Hawks appeared to be taking it easy against the Thunderbirds, leading by only three points at halftime.

But Humber took control of the game on both ends of the court; being led by Mark McNee who scored 24 of his 29 points in the second half.

In the second frame, the Hawks forced 12 turnovers, dished out 15 assists and shot 64.7 per cent from the field.

"I think it's the best game we played here all season, so it was pretty positive," said head coach Darrell Glenn.

Against the Cougars on Friday, Walker dominated with 26 points

and five rebounds—all offensive boards.

"It was a pretty easy night—no disrespect to them," said Walker.

Despite ranking last in the OCAA West, Sault held its own in the first half and were down 37-28 at the break.

The Hawks came out of the locker room shooting 52.6 per cent from the field and out-rebounded their opponent 25-9 in the second half.

"It seems to be a trend where we don't play well in the first half and then turn it on in the second half," said Downey. "So we're trying to put together two halves of basketball playing at a high level and we'll be good from there."

Humber's next game is at Sheridan on Friday at 8 p.m.

SPORTS

The inaugural Rugby World Cup in 1987 was won by New Zealand 29 - 9 over France. South Africa and Australia have since won twice--www.rugbyworldcup.com

Flying Flynn leads soaring attack

By Maciej Chibelski
SPORTS REPORTER

Tina Flynn scored 24 points to help the Humber's women's basketball team ring in the new year with a 82-44 victory over Algoma last Saturday.

The Hawks got off to a slow start against the visiting Thunderbirds, getting into early foul trouble and throwing the ball away numerous times.

"We didn't keep our composure in the first half," said head coach Denise Perrier.

"It was our first home game in a while, so we were a bit jittery." A visibly upset Perrier called a timeout 10 minutes into the half

and encouraged her team to turn up its defensive intensity. The Hawks answered with a late first half surge that gave them a 30-14 lead at halftime.

The second half began just as poorly for Humber, as Algoma went on a 6-0 run to cut the lead to nine.

But that's as close as the team from Sault Ste. Marie got, as the Hawks turned steals and key rebounds into fast breaks. "We really dominated offensively in the second half," said Perrier. "I'm happy with the way we played as a whole."

The win came in large part thanks to Flynn, a first year PR student recently transferred from Guelph

University, whose scoring included five three-pointers.

"Her outside shooting definitely opens up the inside game for us," said assistant coach Paul Pearson.

"She has a smartness to her game that we've sorely lacked."

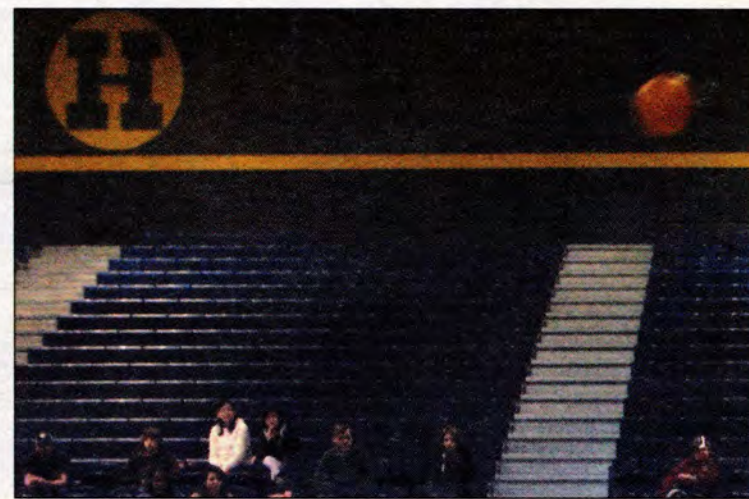
The Hawks also got solid contributions with Holly Goddard's 14 points and 12 from Lisa Soodeen.

Both, along with Flynn, were named players of the game.

"We're becoming the team we want to be," said Flynn.

Perrier is already thinking ahead to her team's next games versus Redeemer College on Wednesday and Sheridan College on Saturday.

"We won't let up at all," she said.



Maciej Chibelski

Humber guard Roxanna Plummer goes to the line.



Jesse Kinos-Goodin

Drug testing is coming into question at the college level.

Testing may change

By Pat Lovgren
SPORTS REPORTER

Drug tests for Humber athletes have not been conducted this season because, the federal body in charge is preoccupied with those going to the Beijing Olympics, Humber's athletic director Doug Fox says.

"The tests are typically done during the different OCAA championships, but so far this year it has not happened," he said. "Part of the reason is that during Olympic years like this one there just isn't enough funding available to test everyone else as frequently."

Testing on all amateur athletes is conducted by Sport Canada and despite this year's lack of testing, the Humber athletics department likes to keep all student-athletes savvy to rules and regulations.

"The athletes at Humber are very well educated on what they can and cannot take," says head athletic therapist Lydia Henry. "The athletes are given a list of banned substances in advance of their season and they are expected to follow it."

Both Fox and Henry agree that the frequency of drug testing should increase.

"They should make sure every

school is being tested equally and at least once a year," Henry said. "Sport Canada are limited by budget, but they should do their best to increase the amount of random, unannounced testing that is being done."

Besides frequency of testing, there is also an issue of what is tested.

Fox says for the most part the right drugs are being tested, but disagrees with the inclusion of marijuana on the list of banned substances.

"The dilemma for me is the marijuana issue," Fox said. "It is not performance enhancing yet it still carries the same penalties as other drugs which directly affect athletic performance."

"There have been about 20 violations within the Canadian Colleges Athletic Association over the last few years and over 90 per cent of them have been marijuana related."

In contrast to Fox, Henry thinks marijuana testing should stay.

"It does in fact affect performance in the negative," she said. "It slows them down, increases the risks of other ailments, and can lead to heart ailments, as well as decrease lung capacity and the slowing down of reaction time."

Two months until nationals are served up

By Rayna Taylor
SPORTS REPORTER

The Humber Athletics department is off to a busy start this semester as it prepares to host the men's volleyball national championships in March.

"We've hosted other events in the past and we set the bar very high," said athletics director and president of the Canadian Colleges Athletic Association, Doug Fox.

Humber hosted the basketball championships in 2001 and set a benchmark of how to generate funds, raising \$85,000 that year.

Leigh Goldie is the men's volleyball convener for the CCAA and is responsible for coordinating the entire national championship.

One of Goldie's major functions is to track a team's progress and rank it in its national standing.

"This year, more than any other, the top 10 or 12 teams in the country are very close," Goldie said.

"Realistically, any of those teams, on any given day, could beat the other one."

Currently, Malaspina College in British Columbia is ranked number one.

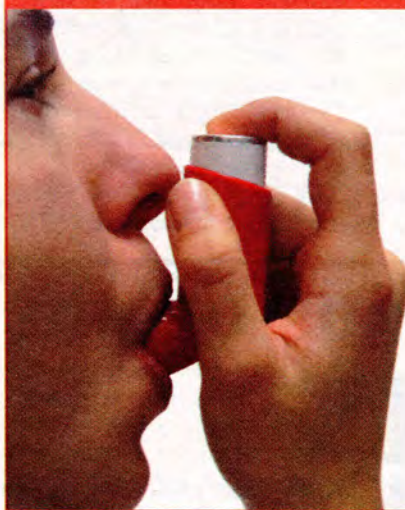
As host, Humber has an auto-

matic invitation to the championship, but the team's provincial standing of fourth place proves it has a chance of qualifying for nationals by capturing the provincial title.

Eight teams compete in the championship one from the other four conferences, the Ontario provincial gold medalist and two wild cards that are picked a week before the championship.

The championship will kick off on March 6 with a welcoming ceremony in the Seventh Semester room and games start over the next three days.

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