

students  
getting  
a rub-down  
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# HUMBER ET CETERA

THE VOICE OF HUMBER COLLEGE

LAKESHORE CAMPUS  
Candidates  
kick in  
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PHOTO BY BOB SALVERDA

## Hawks come out and cheer

Fans filled the stands at the Ontario College Athletic Association volleyball championships, hosted by Humber College last weekend. Although the Hawks failed to grab the gold medals, players appreciated the fan support. For full coverage see pages 18 and 19.

## SAC spring elections get underway

by Karen Elsworth

Students' Association Council is expecting a large number of candidates in this spring's executive and divisional elections.

"My goal is to have all the positions filled and not to need a by-election in September," said Chief Returning Officer Kathleen McDermott.

Of the 16 people still on council from last April's election, SAC president Loreen Ramsuchit is the only elected official. All other members were acclaimed. This means that with nobody to run against, the person wanting the position automatically receives it.

"I would rather see someone acclaimed than not have anyone representing the students at all," said Steve Virtue, SAC vice-president.

"Students need to get involved," said Ramsuchit. "Don't just bitch when something goes wrong. Put someone on the back when they do something good too." SAC is using programming, posters, flyers, and radio, to let students know who its

members are.

Shirley Forde, vice-president of Finance said the fact that SAC is under-represented shows there are a lot of students who don't know about SAC, or just don't care.

Forde said the turnout at past elections has been disappointing. As an example, she cited one April 1995 election race in which the winner received 75 votes and one candidate a mere 23 votes.

"It's not even one per cent of our student body," said Forde, about voter turnout.

For many, college is more of a drop-in centre than anything else, she said.

Kim Oates, a first-year Nursing student said "I come to school, go to class, and go home. I don't get involved. I have a life outside of Humber."

Other students however, feel cheated out of the opportunity to sit on council because they simply were not aware of the openings. "I don't feel I'm being properly represented. There is not a lot of notification in SAC elections, and I'm

not aware of the positions or the qualifications. It's their job to inform the students," said Tony Brandolino, a second-year Business Administration student.

Due to the lack of awareness, Forde said students are at a disadvantage. But, currently all those who want to be a part of the council automatically gets the chance. "I think they (potential candidates) should be given a task to complete before they are given the title," said Forde. "That way only those who are serious about it will do it."

Ramsuchit said this year the students had a very proficient council. "I think this year students were well represented. All students who were on council wanted to be here. They've dedicated a lot of time and work to accomplish what we have done this year."

Some of these accomplishments include negotiations to save the Health Centre, bringing various clubs into Caps, and a Colin James concert on campus.

## SAC's budget shocks students

by Ryan-Anthony Trotman

An overwhelming number of Humber students underestimate the amount of money Students' Association Council has spent this year.

In a poll of 46 students, 67 per cent estimated under \$100,000 and the average estimation was \$106,000. When SAC's actual budget was revealed, many students asked, 'where is the \$600,000 spent by SAC going?'

Second-year Architecture student, Kham Song, was way off in his estimate.

"I thought SAC only had about a \$10,000 budget," said Song. "I don't see \$600,000 worth of services from SAC."

SAC collects a \$23.96 activity fee per semester from each full-time student. This year they expect to collect \$477,000 from a total of 9,954 students.

Second-year Environmental Engineering student, Steve Bridle, thought SAC had only \$30,000 to spend.

"SAC goes and organizes a student protest to fight government cutbacks," he said after examining the budget. "They don't seem to make any hard sacrifices to stop program cutbacks."

This year SAC is working with a budget of \$610,000, a 14 per cent decrease from the 1994/95 budget of \$715,620.

In 1995/96, SAC expects to spend \$610,087.28 and earn an income of \$610,125.

### Power PC Lab losing money

At the beginning of the year Vice-President of Finance Shirley Forde, budgeted \$12,000 in Power PC Lab revenue but has since cut that in half. By the end of January, the lab made only \$3,671.

"In the first budget we expected it to be open longer and be open from the beginning of school but it wasn't open until November," Forde said. "We cut the hours and it is not working as well as we expected because of the new (SAAC Net) lab."

As more students became aware of the new SAAC Net lab, potential business was lost at the Power PC Lab.

Handbook advertising revenue is budgeted at \$18,000, down \$27,000 from 1994/95. Under Nino D'Avolio, who hired advertising assistant Daniel St. Aubin, the handbook generated over \$40,000 in advertising.

SAC saved money by cutting telephone and part-time salary expenses. By replacing cellular phones with pagers, SAC saves over \$17,000. To date, \$6,427 has been spent on telephone expenses this year, compared to a total of \$23,626 last year.

By cutting hours and hiring fewer part-time staff, expenses in those areas were dropped to \$18,224 this term from \$49,900 last year. The Power PC Lab, which has student staff, is one of the areas cut back.

"We are making back the salaries," Forde said about the lab.

### Lakeshore grant may be eliminated

SAC is also looking to stop paying the Lakeshore staff salaries in the future. SAC North pays Lakeshore SAC \$15,000 a year for an administrative assistant. Originally the Council of Student Affairs suggested North SAC give Lakeshore the money until the campus grew.

"We're hoping that since enrollment here is decreasing and since Lakeshore has a larger campus, that next year or the year after, (Lakeshore) should be able to go on their own," Forde said.

After the CSA meeting Feb. 22, SAC Vice-President Steve Virtue said he is confident the redistribution of funds will make Lakeshore feel less dependent on North's funding.

"Everybody can be a bit more independent, so SAC North doesn't have to give grants to Lakeshore," Virtue said. "It assures that they are self-sufficient and are able to program and do the types of things that they want to do. It is a campus that's smaller than what my high school was but they still have a big budget (\$145,000)."

Forde defended the spending on orientation packages for first and second semester students as a way to boost SAC awareness.

Please see "Conference" page 3

Grab a Java:  
The newest place  
for a cup of Joe  
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DOUBLE, DOUBLE  
TOIL AND TROUBLE  
- Pages 12-15 -

A "WHO'S WHO"  
OF HAWKS B-BALL  
-Pages 20 & 21-



# Culinary students heading to Scotland

by Ted Henley

Culinary Arts students cooked their way to more than \$15,000 which will pay for their trip to Scotland over Reading Week.

More than \$5,000 of the money raised came from sales in Tall Hats, a retail gourmet food store at Humber's North campus, where students prepared the food sold,

according to Mike McFadden, chief organizer of the trip and an instructor in Humber's Culinary Arts program.

The rest came from ticket sales at two fund-raising dinners in the Humber Room, silent auctions at the dinners, and a variety of smaller ventures.

"It was a combination of volunteer labor by the students, and

donated ingredients and prizes from people and businesses that made the venture so successful," said McFadden. "With a lot of the work being done for free, the money just started to pile up."

With more than 300 donated items left to be auctioned off, the group is sure to hit the \$18,000 mark, said McFadden.

"We have yet to sit down and get an exact figure but we're not worried," he said. "We're well on our way to more than what we expected. It's great to see the jigsaw puzzle showing its face."

Students' Association Council helped the students by donating \$2,000 for the trip. In return, the Culinary Arts students agreed to volunteer their services at a special function, according to Steve Virtue, vice-president of SAC.

"When the group came to us they had already raised a good portion of their goal," said Virtue. "They presented us with a detailed financial plan, and the council voted to give the donation. SAC views the opportunity as a win-win situation; they get some money for their trip, and we get their services at a future SAC event."

Ten students, chosen from a list

of 50, are going on the trip to Motherwell College, 25 minutes outside Glasgow, Scotland, to study with Scottish students and prepare meals at two five-star establishments.

"When they originally told us how much the trip will cost we didn't think we could do it," said Benjamin Bentley, one of the 10 students going to Scotland, "but we pulled together and impressed ourselves on what we could do."

The group's airfare will take \$8,000 of the \$15,000. The balance will help Motherwell students when they come to Canada next school year, said Frank Formella, a senior Culinary program instructor and chef who will accompany the students to Scotland.

"They're paying for our accommodations and food in Scotland," said Formella. "So when they come here, we'll need the money to return the favor."

The group began raising the funds in early December, and will continue upon returning home, according to Geoffrey J. Dunn, chair of the Culinary Arts program.

"It's great to see them so focused," said Dunn. "The whole

department is proud of the effort they've given, and the amount they reached."

John Higgins, executive chef and director of Food and Beverage at the King Edward Hotel in Toronto, has been helping with the trip and also aided the students last Tuesday for the second of two fund-raising dinners.

"As an employer, it is so important for students to go and see different things and how different operations work," said Higgins. "The more different work philosophies the students learn, the better their work ethic and attitude will be."

Bentley said he was thrilled to get the chance to work with Higgins.

"We all enjoyed working in the kitchen with him," said Bentley. "My job placement is with him when we get back from Scotland, so it was great to get to know him."

John Walker, chair of Humber's School of Hospitality, Recreation and Tourism, said "the culinary industry is truly international in scope and we're pleased to be able to give our students the option of studying abroad."



PHOTO BY CLIFF BOODOOSINGH

Sheridan student Kevin McAuliffe, and U of T student Natalie Wong enjoyed dinner at the Humber Room at one of the fundraiser dinners the culinary students put together.

## SAC VP may run for prez

by Ryan-Anthony Trotman

Although Students' Association Council Vice-President Steve Virtue is the first to admit he is not a politician, he intends to run for the SAC presidency at North campus.

Virtue, a second-year Architecture & Construction student, took office after the resignation of Chris Sawyer on Oct. 31 of last year. Now he wants to transfer his knowledge of the school to a higher level.

Virtue joined SAC to improve issues within his program. Those issues included increasing the availability of Autocad software at Humber, an essential tool for graduating Architecture students. Since joining SAC in May, Virtue has continued his crusade to improve Humber's computer technology.

"We are kind of behind in terms of other colleges in that our technology and our resource base is not what it should be," Virtue said. "Other colleges have put more emphasis on technology. We've got our foot in the door but we need to keep our door open."

Virtue and SAC President Loreen Ramsuchit sat on the technology fee committee along with members from the administration. A \$20 technology fee will become mandatory each semester next year for all full-time students.

The SAC representatives insisted on eliminating or reducing the cost of the voice mail service

which was to be included in the fee.

"A lot of students are going more towards e-mail than voice mail and it's sort of a redundant feature in that you phone in for your voice (mail) and you press a lot of buttons and it's not that reliable," Virtue said.

While sitting on various committees and working closely with Ramsuchit, Virtue has become



COURTESY PHOTO

V.P. Steve Virtue is thinking of running for President.

comfortable with his position and is preparing to advance to the president's office.

"I know the administrators, I know who I work well with. I know how things work, it would be one of my bigger advantages over my opponents," Virtue said.

"I'm not good at self-evaluation but I know where my strengths and weaknesses lie. Since I was a kid I've always assumed a leadership role."

Virtue does not want to be

alone in the race for office. He said there is a high level of student apathy on campus. By planning large events, such as the Colin James concert, SAC hopes to bring awareness to student government.

"This isn't a political campus and I don't know that it ever will be. As long as we are looking after the students, in terms of what they need, then we can be a more effective student government. That is what I hope to accomplish next year, by running for president," Virtue said.

Projects Virtue has worked on as vice-president include: the rescue of the Health Centre, the planned Student Centre redecoration as well as correcting problems with the new SAAC Net lab. The opportunity for him to continue with these projects next year would benefit council, Virtue said.

"The biggest problem in student government is that you don't have the continuity from year to year. The initial stages (of the SAAC Net lab) weren't started until halfway through the year. Because I wasn't there to know the direction they wanted to take it in, it's really difficult to see that through. Continuity is such a rare tool in student government," Virtue said.

SAC executive nomination week closes tomorrow at noon. That is the last day to submit a completed nomination package.

Campaigning begins March 12.



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# OPSEU strike biggest ever

## Thousands protest to save job security and pensions

by Ethylene Villareal

Thousands of provincial government workers walked off the job Monday in Ontario's first province-wide strike.

Picketers at the ministry of labor's University Avenue location were worried about the public's view of the strike.

"We're not asking for money, or raises, just job security and pension," said John Nelischer, Vice President of OPSEU Local 527 and one of the organizers of the picketing.

"I think the public perception is wrong," said Christine Coz, an OPSEU steward. Benefits and salary increases are not on the bargaining table.

The first public service strike in the province has left this closed.

"It's very likely students (are) not affected in any particular way except as citizens," said Tim Now, media spokesperson for the ministry of labor. "If there was a dangerous work situation at the

school, the ministry won't be able to look into it." "There are a few scab workers and essential services running but we are functionally closed," said OPSEU member Chris Wilson.

Premier Mike Harris has vowed to eliminate at least 13,000 public service jobs over the next two years to help reduce Ontario's \$9.3 billion deficit within five years.

Officials from the government and the union stopped bargaining last Thursday when the union said they would pull members off the job Monday if they could not reach an agreement.

One of the major issues of concern for union members is the terms and conditions of employment and union representation.

Under new law, public servants have no job secu-

rity if the section of the government they work for is sold or privatized.

Another concern is the provision under Bill 26 affecting pension rights. Some workers would not get full retirement provision when they are laid off.

"Under the Omnibus bill, Bill

26, government workers and only government workers lose protection of partial windup provision of the Pension Benefits Act," said Wilson.

Picket lines at the ministry were set up as early as 6:30 a.m.

The majority of union members started picketing at 7:00 a.m. There were close to 100 angry union members at this picket line that surrounded the four corners of the building.

Chants of "no justice, no peace" from the University Avenue side signalled picketers on the Simcoe Street side to start the same chant. The refrain kept getting louder and louder as each group tried to outdo the other.

The union anticipates the government plans to let the strike go on indefinitely and use replacement workers and to keep government ser-

vices running.

Angry union members chanted "scabs don't hide" and "scab de jour."

Union members were encouraged when OPSEU president Leah Casselman dropped by at noon.

"She's (Casselman) hoping this would be a short strike," said Diane Wehber, a worker in the Executive Offices at the Ministry and union Steward.

Nelischer said, "we'll do this until they come to an agreement."

The government has proposed restoring wages workers lost under the social contract offering a two per cent raise for all union members and up to three per cent more money for about one-third of the union.

But union members disagree. "He (Dave Johnson) didn't give us a raise, we lost five per cent in wages through social contract," Wehber said. "What we're getting back is what we've earned before."



PHOTO BY ETHYLENE VILLAREAL

Public service employees union members protested at four corners of the Ministry of Labor building on University Avenue.

## Conference costs increase

Continued from front page

In May 1995 she had budgeted \$18,000, but in the revised budget the expense is listed at \$37,500.

"We decided as a council to give T-shirts, and only T-shirts, to second semester intakes. So that's how we got over (budget) so much. I think it's one of the best things we did because people are aware of us," Forde said."

Expenses have also increased in advertising, by \$2,000 and the amount of money to send council members on conferences has increased slightly to \$20,281 from \$19,921 last year.

Conferences include the Ontario Community College Student Parliamentary Association (OCCSPA), held once every two months in the regional area, Canadian On College Campus Activities and the North American Campus Activities (NACA).

Last July SAC sent three executive members to the NACA conferences in San Francisco for one week. Forde said the trip helped plan for Discovery Week and Spring Sting activities.

If SAC does profit this year, they will pocket any surplus instead of giving funds back to CSA. At a CSA meeting, last Thursday, it was determined that only 50 per cent of SACs surplus would go back to the CSA reserve fund. SAC plans to give the other 50 per cent to the health centre.

"It gives us more incentive to work harder, to program and try to generate revenue," said Virtue. "We will probably end up with a surplus instead of a deficit. Based on the fact that we can't spend money past March, it may be a buck, it may be \$10,000 but I don't think we are going to lose money."

## New student jobs coming if intern plan accepted

by Tanya Duggan

Canadian corporate leaders are working with the federal government to create a plan that would provide approximately 50,000 entry-level jobs for high school, college and university graduates at a salary of about \$12,000 per year.

Under the proposal called 'First Jobs,' a national youth internship program would be created.

"Students would be assigned a mentor and work with him throughout the year so students would be given an opportunity to gain worthwhile experience for their next job," said Anna Larson, communications director of the Boston Consulting Group.

An outline of the proposal by the Toronto-based group, which initiated the idea said about 30 private sector leaders are meeting to spearhead the effort. Cabinet ministers and corporate leaders met in Ottawa last week to discuss youth unemployment. Currently, more than 16 per cent of Canadians under 25 are unemployed.

"Against a background of corporate downsizing, students are witnessing a scarcity of entry-level positions country-wide, accompanied by a decrease in on-campus recruitment," the Boston Consulting Group reported.

"A lot of people finish high school, college and university and they can't get a job because they don't have the experience," said Larson. "Students are facing fewer positions and a job market that is difficult to access."

For employers, the lack of 'first jobs' is more than a social concern. These are the positions

that give young people the fundamental experience that assures a competent work force in the future."

Students would only be eligible for 'First Jobs' if they have graduated.

"My program already provides an internship so that I can gain experience in my field. It's not fair that a high school student is to have the same opportunity at an entry-level internship as me, after I went to college for two years," said Kella Duggan, a Radio Broadcasting student at Humber College.

Under the proposal, a non-profit corporation, 'First Jobs Inc.' would be designed to facilitate internships directly with large employers and through affiliates in small and medium businesses. The goal is to persuade corporations such as banks, airlines and phone and cable companies to provide positions equal to one per cent of their employee count. Thus, a company with 15,000 employees would provide 150 positions.

"It won't be slave labor or anything like that, the idea is not so much the money, obviously the salary is pretty low."

The idea is having a chance to have a job where you can get some real good experience so that you could get a job that would pay more," she said.

The program is private-sector led. Companies will pay First Jobs Inc. for the student and they, in turn, will pay the students. This arrangement avoids the administrative costs and risks associated with directly employing interns on a short-term basis.

Humber College SAC Budget

EXPENSES	1995/96 Revised Budget
Academic Awards	\$ 300.00
Advertising	8,000.00
Appreciation Banquet	3,375.41
Audit Fees	9,000.00
Bank Charges	-----
Capital Purchases	22,000.00
Centre Insurance	1,300.00
Cleaning	18,316.80
Clubs/Programs	8,000.00
Conferences	22,000.00
Daycare	10,000.00
Directorship	34,650.00
Discovery Week/Spring Sting	14,500.00
Elections	5,000.00
Fringe Benefits	12,153.76
Handbook	20,105.78
Honorarium	18,000.00
Legal Fees	7,000.00
Leasehold Improvement	2,500.00
Local Travel	1,000.00
Meetings/SAC	1,500.00
Miscellaneous	1,500.00
Office Equipment	4,000.00
Office Supplies	10,000.00
Orientation Package	37,500.00
President's Administration	4,000.00
Professional Development	6,000.00
Printing	1,157.04
Salaries - full-time	130,000.00
Salaries - Lakeshore	15,000.00
Salaries - part-time	30,000.00
Salaries - Summer	13,045.13
Services Expense	17,000.00
Security Systems	1,000.00
Student Insurance	80,272.40
Student Leadership	12,000.00
Telephone	8,000.00
Travel Excursions	1,068.00
Tutorials	15,000.00
VP Administration	2,000.00
VPF Administration	2,000.00
<b>TOTAL EXPENSES</b>	<b>\$ 610,087.28</b>
REVENUE	1995/96 Revised Budget
Directorships	\$ -----
Discovery Week	2,000.00
Games Room	50,000.00
Graduation Photos	8,000.00
Handbook Ads	18,000.00
Incidental Fees	477,000.00
Interest Revenue	2,900.00
Lottery Revenue	-----
Miscellaneous	12,000.00
Orientation Week	1,225.00
Photocopier	30,000.00
Power PC Lab	6,000.00
Services (FAX)	3,000.00
<b>TOTAL REVENUES</b>	<b>\$ 610,125.00</b>



## \$2 coin a hassle

by Scott Cronkright

Almost all students are finding they have less money these days, but now the money they do have is going to weigh more.

Last week, the Canadian Mint released \$2 coins into circulation. Canadians such as Humber third-year Safety Engineering student Dave Nagel haven't been too supportive.

"I think the coin looks nice but it's cumbersome," said Nagel. "I'd rather have a piece of paper in my wallet than a coin jingling in my pocket."

The \$2 coin is the only Canadian coin to be made up of two pieces, an aluminum bronze core surrounded by a nickel outer ring. The two-tone coins sport a polar bear on an ice floe on the "tails" side and a picture of the queen on the other.

The coins cost more to make, 16

cents each compared to the \$2 bill which only costs six cents. But the federal government expects to save \$13 million annually in manufacturing costs because the coins are much more durable, lasting 20 years as opposed to the bills which only last one year.

However, as CP reported, Mable DeCaire, a Hamilton resident, is disputing the durability of the new coins after she accidentally dropped one and it split into two pieces. DeCaire wonders what the federal government will do if it happens again.

"If there's one out there, then

there's got to be others out there," said DeCaire.

The introduction of the new coin has also caused a problem for many cashiers who are having a tough time deciding where to put the coin in their registers. Humber Residence cafeteria cashier Laura Umbrio has the same dilemma.

"I don't really know where I'll put it," said Umbrio. "I guess I'll put it where the \$2 bills are now once they're gone, but until then I just don't know."

Nobody knows what to call the new coin either, but many potential nicknames have been floating around. The front-runners include Toonie, Doubleloon, Doubleloonie, Deuce, Doozie and Moonie.

But these potential names don't appeal to some people.

"Don't call it a dumb name. I think Doubleloonie is

ridiculous," said Nagel. "The name of the coin shouldn't even follow the loon thing at all."

The people who seem most delighted with the new coin are panhandlers and street musicians. Henry Byers, who plays his trumpet on the streets of Toronto, is hoping to cash in on the new coin.

"Everyone who gives money always throws coins into my trumpet case, never bills," said Byers. "I was happy when the loonie came out but now I can really make some serious money. Who knows, maybe I'll be able to afford to eat regularly."



The new coin costs more to make but lasts 20 years longer than the old \$2 bill.

## SAC plans massage therapy session in Humber concourse

by Cliff Boodoosingh

The Students' Associations Council plans to turn the student Concourse at Humber College into a massage parlor for a day.

Dave Mann, SAC lecture's director, is inviting between six and 12 massage therapy students to perform ten-minute massages on any student or staff member willing to spend \$10 for the service.

Mann has guaranteed \$500 of SAC funds to Sutherland-Chan School & Teaching Clinic for their participation.

"The event was scheduled for March 15 but another date has to be worked out due to a problem with exams and midterms the students (at Sutherland-Chan) are facing," Mann said.

"I wanted to organize something of interest to the students at Humber that would merit the expenditure. Nursing students, public relations and business students would benefit from this.

"With the insecurity of the job market more and more firms are providing perks like massages instead of raises."

Jordan Berman, director of Communications at Sutherland-Chan said, "This is a great opportunity for students from our school

to get experience and the money goes to our Community Outreach program. This is a charitable organization that provides access to massage therapy to members of the community who would not otherwise have access to it."

Monica Larade, 24, a first-year student at Sutherland-Chan said, "Students get tense, panicky, and stressed-out especially during exam-time. I think a good massage would help them relax. Research shows relaxation helps with studying."

Susan Bessonette, 24, a second-year student at the massage school, agreed. "It's a good idea; the head, neck and shoulder massages. Most of the stress people carry is on the shoulder. A 10 minute massage will refresh them."

Massage recipients are to be fully-clothed and the on-site massage therapy clinics are usually conducted with portable massage chairs.

Dave Mann said ticket sales will be pushed during the week

of the event. He is encouraging public relations students to buy tickets for their teachers and will launch a mailbox campaign in hopes of selling the 50 tickets to cover SAC's cost.

Sutherland-Chan Community Outreach provides approximately 6,000 massages a year to members of the community who are physically, emotionally, mentally, or socio-economically challenged.



PHOTO BY CLIFF BOODOOSINGH

One of the students from Sutherland-Chan practises the massage technique.

## On-campus parking available to all students

by Amy Lennie

Students parking at the Woodbine Centre lot are being moved on-campus.

The lot at the Woodbine mall is being closed and the 75 people who had parked there are getting on-campus spots, said Donna Davenport, superintendent of Campus Services.

The Woodbine Racetrack lot, on Rexdale Boulevard, was closed in January as part of the college's financial cutbacks. The people who had Woodbine spaces were moved to the new parking lot at the site of the old equestrian centre at the North campus, which holds 156 cars. Now, after a couple weeks of reorganizing, the Physical Resources department has found that they can fit everyone into the new on-campus lot.

"I needed a little bit of time to look at things and we needed to get some housecleaning done to find out how many of the people that didn't get on campus were actually, physically using their permits," said Davenport.

Davenport also said her department was able to do this because some people were only here for

one semester, instead of a full year. Some had withdrawn.

Physical Resources closed the Woodbine mall lot to save money. The cost of parking at the mall and the racetrack wasn't fully covered in the cost of the parking pass.

"People at the North campus subsidized the additional costs of people who used to park at Woodbine Racetrack (and mall)," said Davenport. Now, with everyone parking on campus, costs are being covered. Next year, parking fees for two semesters will double.

Because not all parking passes are used every day, Campus Services over-sold passes to the equestrian lot.

"There's typically about a one-third ratio of permits that get used on a daily basis, one-third of the people would be here. So, every day there was a maximum of 20 people parking at the Woodbine mall (lot)," Davenport said.

So far there hasn't been a problem with too many cars and not enough spots, but the school has the option to lease the Woodbine lot if it's required. The bus from the North campus to the Woodbine mall lot will run until Friday.

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# LAKESHORE

EDITOR: Deanna Hughes • Lorrie Kralka

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## Last chance for nominations

by Patricia Wilkinson

Lakeshore is gearing up for what looks to be an exciting Students' Association Council election with nominations for next year's president and vice-president closing tomorrow.

Current President Julie Couturier said she is looking forward to this year's elections because of increased student interest.

"In the past, we haven't always had a lot of people run. Lakeshore has a history of (executives) being acclaimed," said Couturier. "This year I know a few people who have picked up packages."

"You feel you have more of the student body supporting you and therefore they will support you next year because they voted you in," said Couturier, who was acclaimed last year, adding that if an election is needed, it's important for students to vote.

SAC's Vice-President of Finance, Chris Redpath, who intends to run for vice-president next year, stressed the importance of having more than one candidate run for each position.

"You want in who the students want in and if you're acclaimed, they have no choice," said Redpath. "When there is competition, it makes it that much harder."

Last year's salaries were \$600 a month for president and \$500 a month for vice-president. However, next year's wages won't be decided until after the SAC budget is finalized.

The president's job starts at the end of May and goes full-time throughout the summer. Couturier said she was responsible for putting together the SAC handbook, orientation week and anything else that was needed to get SAC ready for September.

"As a SAC representative I went on a few conferences and was a member of quite a few committees on Lakeshore," said Couturier.

Couturier said once the school year started, she maintained her position on committees and dealt one-on-one with any student problems.

"I (saw that) SAC worked to its potential and motivated other SAC members," said Couturier. "It's a huge responsibility and a lot of work, (but) it can be very rewarding and I'm glad I had the chance."

The vice-president deals less with the committees and students and more with the running of the divisional representatives.

"(The vice-president) meets one-on-one with the directors to see if they are meeting their goals and staying (within) their budget," said Couturier.

Packages can be picked up until tomorrow. Applicants must be full-time students with a minimum of 60 per cent average. Candidates need 100 student signatures and two from faculty. A current transcript and a cheque for \$25 must also be included with the returned package.

The election will take place in March after a week of campaigning.



FILE PHOTO  
Lakeshore's SAC President Julie Couturier.

## New seminar for entrepreneurs

by Sean McGrillen

Two new 10-hour seminars will give people a running start in getting the necessary skills to obtain funds to start their own businesses.

The response to the Running Start Training Program, offered through the School of Business at the Lakeshore Campus, has been so overwhelming, two new follow-up seminars will be offered beginning in March. Financial Management for Small Business, which will cover small business book keeping; and Marketing for Small Business, which will give entrepreneurs new ideas on how to capitalize on current trends, will be offered weekly, at a cost of \$55 to \$75.

Knowing how to begin a successful business is the goal of the program.

Since 1993, Running Start has helped over 2,000 people prepare their business plans and loan applications. The seminars are held every week.

"The college works with the Ontario government to teach basic business skills and how to plan (for their business)," said program Manager Kathryn Heneault.

Through the creation of New Ventures/Student Ventures, the government will guarantee a loan of up to \$15,000 for people who have successfully completed Running Start.

The program is open to everyone - not just Business students.

"Students in another program may not see too many opportunities and this gives them a chance to apply what they've learned in a business sense," said Heneault.

Loan officers have noticed an improvement in the quality of applications they receive, and Heneault said that means people are getting their loans and building their dreams.

"It's really good. The program is administered by the government, but you'd go to a bank like any other loan. If you default, the gov-

ernment will help you out," said Heneault.

What makes the training program so effective, Heneault said, are the instructors. Most are part-time business teachers who run small businesses and are involved in a marketing program.

"You want someone who's done it. That's the key," she said.



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## Redpath may run for VP

by Patricia Wilkinson

Lakeshore's vice-president of finance plans to use his experience to move up the Students' Association Council's executive ladder.

Chris Redpath, who intends to run for vice-president in the upcoming elections, said he wants to maintain the momentum that this year's council has built.

"I think one year is good, but you can do a lot better with two years," said Redpath. "In one year you don't have enough time to change a lot of things. I learned a lot fast and I want to continue."

Redpath, a business co-op student, said both the current President Julie Couturier and Vice-President Mike Villeneuve have given him a lot of chances to learn the ropes. Now, he intends to use this experience to help SAC next year.

"We started something good with the pubs and student communication, and if we continue it will keep school spirit up," he said.

Redpath said his only regret was that students didn't always understand what SAC was doing for them.

However, he said if he ran he would put this first on his list for things to improve next year.

"I think we have to let people

know where their money is going. (During) cut back times, people can't really afford the money," said Redpath. "So we want to show them it's a benefit to pay a student fee because they get a lot out of it."

Redpath would also like to see the students get more out of SAC.

"We like to see more special events go on, more programming for the students. Less money going into equipment and things and more money going back to the students," said Redpath.

Redpath also stressed the importance of working together. He said this year's SAC took everything important to council before a decision was made.

"There's no way one person can make the decision for 1,200 students, so I think team is very important," he said.

Redpath was appointed this year as vice-president of finance and was put in charge of controlling SAC's \$145,000 budget. He was also responsible for check authorization and the used book store.

Redpath is also the vice-president of Council of Student Affairs, the umbrella advisory group for all student governments at the college.

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Associations in attendance:

Association of Architectural Technologists of Ontario (AATO)  
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Ontario Association of Certified Engineering Technicians & Technologists (OACETT)

## EDITORIALS

EDITOR: Lauren Blankstein

675-6622 Ext. 4514

## HUMBER ET CETERA

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## SAC not mindful of students

With all of the things students have to deal with during a semester, the last thing on most students' minds is the Students' Association Council election.

Passing and failing have always been more important than a free concert or Spring Sting events. The students have shown time and again that they don't care about SAC, their policies or their activities. Last year only 700 students turned out to vote.

But don't blame the lack of promoting or campaigning by candidates for the lack of interest of Humber students. If SAC actually did things for the students (and in the interest of students), chances are the students would actually know what's going on, and care about what's going on. How does SAC expect students to care about what they do when they don't do very much that benefits students? What's worse is that they have more than \$600,000 to work with.

Over the last two months SAC mailed letters to all Humber students. This is a prime example of their irresponsible management. They spent thousands of our dollars to mail a couple of brochures and a notice about the government cuts. They should have put a better face forward and stood in the Student Centre during the days preceding the demonstration to inform students about what was going on. This way they wouldn't have wasted money on something most students ended up throwing in the garbage.

If SAC paid more attention to students, and not to what they think students want, maybe there'd be just a little more interest when elections roll around.

## Apathy aggravates stabbing

A confrontation at a North York high school last week ended with one student stabbed and hundreds more asking why no teachers acted to protect them.

Teachers, students and the school's administration should have done something to either intervene or prevent such a violent act.

In an effort to bring attention to the matter, the students staged a walk-out to protest the lack of teacher response to the gang-style fight that occurred outside their school. But the teachers weren't the only ones at fault.

It is true that as teachers, and as adults, it is their responsibility to be aware of arising conflict and keep student safety as their top priority. If, in fact, these teachers were aware of the situation and did nothing to prevent it, the students have every reason to be outraged.

The students, however, may also be partly at fault. It is their responsibility to notify teachers about an altercation they think may endanger someone's life. Quite often they know about a fight long before it takes place and this gives them ample time to take steps to stop it.

There must be a very tense climate at William Lyon Mackenzie Collegiate for a stabbing to have occurred in the first place and then for people to stand by and do nothing. The administration must be doing something wrong if they allow this negligent behavior to foster in the school.

Schools are small communities and students, teachers and administrators should be acting accordingly by sharing the responsibility for stopping the threat of violence when it is still just that, a threat.



## LETTERS TO THE EDITOR

## Love crusader at it again

Earlier in the year I wrote a letter to the editor on infidelity. I wish to follow up with this train of thought and share with you another situation which has impelled me to write again.

The brother of a very close friend of mine recently ended his relationship with a young lady after having engaged in very intimate relations with her. (Let your imagination run wild.)

It was a very short relationship, lasting only a few months, during which he courted, and wooed her. There was nothing wrong with it up to that point, but once "boy got girl between the sheets" he decided he would abruptly avoid further contact with her.

To this day, he has refused to visit her or receive her visits, call her or accept any of her calls, or speak with her whenever they meet. I have said nothing to this guy, as I don't want to seem intrusive. However, I will no longer perceive him as a "gentleman".

This classic case of "love 'em and leave 'em" is

just not gentlemanly or ladylike; to put it simply, it's despicable.

My message does not apply to all who read this, however for those to who do, I ask: when are you going to grow up? When will you learn that commitment ideally endures long after a mere night's pleasure? Or better yet, that sex is actually a precious thing. You don't just covet, then discard the individual like one would a dirty diaper.

My apologies go to this woman, who might understandably come to detest all men because of her unfortunate experience. I should hope that people will remember the point I made in my first letter: don't hurt him or her if you'd prefer not being hurt yourself.

Sam Di Cesare  
 first-year Funeral Services

## OPINION

## Aging hockey star no prize on ice but off he helps rake in bucks

by Lorrie Kralka

So what's all the fuss about Wayne Gretzky being traded to St. Louis?

It was the same thing eight years ago when the 'Great One' was traded to the L.A. Kings — fond farewells, and a lot of tears.

But I look at things this way: at least he didn't come to Toronto.

Don't get me wrong, I think he was a good player in his day, but that day is gone. In his last game as a King against the Winnipeg Jets he was held to just one assist. The Kings are in eighth place in their conference, fighting for a play-off spot. Even with the Great One in the line-up, their losses

almost double their wins.

But the Blues are looking at the trade from a purely business angle. The mere presence of Gretzky will fill their stands for the remainder of the season, and the merchandise they will be able to market adorned with the patented number 99, will sell out as soon as they are made. And, of course, any team that makes the play-offs is guaranteed millions of dollars in revenue from outrageously priced play-off game tickets.

This trade echoes the Dave Cone/Blue Jays scenario a few years ago. The Blue Jays were striving to win their first World Series and brought on Cone who ultimately helped lead them to victory. However, during the off-season he

bailed out as a free agent.

Gretzky will become an unrestricted free agent at the end of one season. It has been reported that the Blues are looking to sign Gretzky to a three-year deal worth \$18 million. If you ask me that's a little steep for someone who is in the twilight of his career and who will be retiring within the next few years.

Let St. Louis have Gretzky, exorbitant salary and all. I for one will be sleeping easier knowing the Leafs will probably make the play-offs, and the Kings will return to their unsuccessful pre-Gretzky days.

Lorrie is a third-year Journalism student.



EDITOR: Lauren Blankstein

## OPINION

675-6622 Ext. 4514

(HUMOROUS)

## Hot dog scams 101—the art of shakedown

We want to share with you a little-known, but highly effective art—the art of the shakedown.

You come out of a bar downtown, you crave the frankfurters, but you're a little short on change. Don't be afraid—hot dog vendors can be talked down from their regular asking price of \$2.50. It's been done. We've perfected the art, and now we want to share our vast knowledge with you.

**Friday, Oct. 28, 1995, 2:25 a.m.**

WE STUMBLE OUT OF THE ZOO BAR AFTER HAVING A FEW brown pops. There's a storm outside. The streets are bare. "Cliff, I only have \$1.25, can you spot me?"

"Well I want a dog too, and I only have \$1.75."

"Here then, give me your money and we'll barter ..."

Excuse dear vendor. We've been drinking brown pops all night and we really need two hot dogs. But all we have is \$3. Can you set us up? It's snowing out, you're not going to sell all of those dogs anyways."

The vendor looks around ... sees no one ... grabs the money from my hand and shoves two hot dogs in our direction. We walk away thinking, 'Hey...we're on to something.'

**RATING: Very effective approach.**

**Friday, Dec. 16, 1:52 a.m.**

WE STUMBLE OUT OF WHISKEY SAIGON AFTER HAVING A FEW brown pops. "Hey buddy, would you sell us a dog for \$2?"

"NO WAY!!"

"Come on, the guy down the street is selling them for \$1.50."

"Then go to him."

"You really expect to sell all of those @\$%! hot dogs in this weather."

Cliff intervenes at this point, allowing for cooler heads to



by cliff boodoosingh & jason durant

prevail. But we still didn't make the deal. We did, however, manage to steal his tub of mayonnaise.

**RATING: Swearing at the vendor is not effective.**

**Friday, Jan. 19, 2:01 a.m.**

WE STUMBLE OUT OF DIRK GENTLY'S AFTER HAVING A FEW brown pops. Cliff manages to shake him down 50 cents on a hot dog. I decide to up the stakes. I'm going for the sausage. But there's a line-up behind me. The pressure is on.

"Excuse me my good man ... here's the situation," a very effective line to use as we later found out ... "I have enough for the hot dog (\$2.50), but it's the sausage I crave. Can you help me out?"

There's some hesitation on the vendor's part. He looks past me at the line-up, looks down at his stack of dogs on the grill, and decides he can swing. "Okay, okay," he says under his breath so others don't get wind of this deal. "Give me the money."

"Thank you sir, you are truly a man of class." We walk away, two intoxicated fools with one hot dog and one sausage.

**RATING: Sweet talk gets them every time.**

**Saturday, Jan. 27, 1:17 a.m.**

WE STUMBLE OUT OF CATCH 22 AFTER HAVING A FEW BROWN pops. Our target is ten feet away and there's a line-up. While

we wait, Cliff and I rehearse the approach. "Okay let me do the talking this time," Cliff says. "We don't want you to start swearing at the guy. I'll go up and say 'Here's our dilemma. We only have \$2.75, but we need two dogs. Is it possible?' You stand back with these two pieces of Double Bubble and if things don't look like they're going well, you come in and offer them to him."

Cliff starts the operation and as I realize my part may be coming up I start to show the vendor the gum.

"Put those away. The deal's done," Cliff cries. But the joke was on us. The vendor had served us up a couple of "botulism" dogs and we were violently ill the next day.

**RATING: Effective approach. But the truth is, it's a dangerous practice and you can get stung.**

**Friday, Feb. 2, Ground Hog Day, 1:22 a.m.**

WE STUMBLE OUT OF DIRK GENTLY'S AFTER HAVING A FEW brown pops. Cliff is still turned off hot dogs after our Jan. 27 encounter, but I'm back with a vengeance. I resort to old tactics. "Excuse me sir, I seem to have a bit of a dilemma."

After a few moments of haggling, I manage to get a dog for our lowest price yet, \$1.50. But take note pupils, this offer is way too low and extremely insulting to the vendor. What I get is a charred piece of driftwood shoved between two pieces of stale birch bark. I throw the dog down at his feet in disgust and bust a move to GiGi's pizza for redemption.

That concludes the lesson on the art of the shakedown. We are confident you too can be successful. But remember, it's tough out there. Just keep your chin high and your reserve gum in hand and it will come.

**CLIFF AND JASON ARE SECOND-YEAR JOURNALISM STUDENTS.**

## What makes you laugh?

word on the street



Liz Ortiz

EARLY CHILDHOOD EDUCATION

"My toddlers make me laugh in my ECE course. They'll pat me on the back and sing 'Away in the Manger' when I tell them to lie down."



Sunil Mistry

ELECTRONICS

"Money makes me laugh. I sold my books from last semester and have money now and that makes me happy and now I can laugh."



Marion Blace

SECRETARY, SCHOOL OF INFO. TECHNOLOGY AND ACCOUNTING

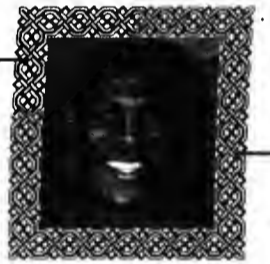
"Good dirty jokes. Bad ones make me disgusted. Even good clean jokes make me laugh."



Jason Rodrigues

HUMANITIES

"What people say and how they react to certain things. It's a spur of the moment thing ... catching people by surprise, saying something like 'balls' to people you don't know, makes me laugh."



Kevin Shand

MARKETING

"Jokes. I'm just a happy person in general so good jokes make me laugh."

Compiled by Wendy Cyrus and Ethylene Villareal

## Stolen wisdom, the root of all that's good and evil

As far back as I can remember, having wisdom was always a good thing. Just look at the Webster's Dictionary which defines wisdom as "intelligence drawing on experience and prudence." Sounds pretty good to me.

In Martin Scorsese's *Goodfellas*, protagonist Henry Hill describes the life of a "wiseguy" (mobster) as a personal utopia: "... we were treated like movie stars with muscle. We had it all for the asking."

Being a big Scorsese fan and secretly hoping to one day join several of my ethnic counterparts and become a "wiseguy", that sounds great to me.

So when I went to see my dentist last month and he told me I'd have to have my wisdom teeth removed, you can imagine I was quite confused. Why would a man who is supposedly "intelligent and draws on experience and prudence", want to rob me of my wisdom?

After several long discussions with him, I came to the conclusion that my dentist was only in it for the cash and had no ulterior motives to steal my wisdom. Well, last week, days and hours of dread and fear were finally brought to an end as the procedure was completed, and I now write to you, four teeth lighter and not quite as wire — I mean wise — as I used to be.



by joe oppedisano

For all those who have reached the age when "to pull or not to pull" has become a medical, social and financial dilemma, I give you my PROS and CONS of wisdom teeth removal:

**PRO: DRUGS!** You get the following: laughing gas, morphine (for the more serious cases), demerol, and loads of Tylenol 3s. It's a nice feeling to be able to take drugs without having to look over your shoulder for cops.

**CON: DRUGS!** If you haven't heard, addiction is a dangerous road to travel. Not to say that I became an addict, but I started to get worried after I refilled my prescription for the third time.

**PRO:** The anesthetic. You don't feel a thing as your teeth are being pulled.

**CON:** The anesthetic. You lose an hour of your life and have no idea where it went.

**PRO:** After-effects. In my case, I experienced hardly any swelling or bruising, but don't think I didn't take the opportunity to relax and miss a few days of work and school. Also, if you ever want to do your best impression of Marlon Brando's Vito Corleone, now is the time.

**CON:** After-effects. You may have felt sorry for the Elephant Man after seeing the movie, but it doesn't mean you want to look like the guy.

**PRO:** Special attention from your family. Any of your wishes will be granted, and be sure to take advantage of it.

**CON:** Special attention from your family. Being fussed over can become tiresome after a while.

There you have it. I hope this guide through the fascinating world of wisdom tooth extraction has helped make the decision easier for some of you prospective "pullees". If I have only succeeded in confusing you further ... blame the makers of Tylenol 3.

**JOE IS A SECOND-YEAR JOURNALISM STUDENT.**

# Wing Commander IV graphically stunning

by Jason Chiles

The February launch party was covered by CNN, NBC's *Today* and Associated Press. The \$12 million production with more than four hours of footage is being released world-wide with a \$1 million advertising campaign.

A major Hollywood movie? No, it's *Wing Commander IV: The Price of Freedom*, the newest release in an award-winning video game series by Origin Systems of Austin, Texas.

And if you have a computer powerful enough to run it, you will be treated to the most visually powerful movie sequences seen in a video game since *Wing Commander III: The Heart of The Tiger*.

The game sequences are good too.

*Wing Commander IV* is one of the best attempts at an interactive movie so far. The movie sequences are worth watching because Origin spent millions of dollars to ensure its high quality. It is the first inter-

active movie to use full sets, multiple camera shots and pans and zooms that are expected in a good feature. They are so good in fact that they almost make the game sequences feel like unwanted interruptions to a good movie.

In an interview released by Origin on their home page on the World Wide Web, Tom Wilson (Biff from the *Back to the Future* series), who plays the role of Maniac in the game, said the Hollywood community is becoming very interested in the interactive movie industry.

"At first, I don't think anyone understood just how big interactive computer entertainment was becoming. But believe me, they know now. Seriously, I've met agents who represent things like 'new technology divisions'. It's becoming a huge part of the entertainment industry," Wilson said.

The movie sequences pick up where the story in *Wing Commander III* left off. Humanity has just won a 40-year war with an alien race of over-sized cats, called the Kilrathi. You play the role of Colonel Christopher Blair, the hero who finished the last



COURTESY GRAPHIC

Look closely. Can you see the charred corpse?

game by destroying the cats' homeworld. WCIV picks up the story a few years later after Blair has retired to be a farmer on a small border world, but is called back to service when radicals in the human Confederation of Planets begin stirring up a civil war.

The story is laid out in an impressive 15-minute introduction. It is enhanced by the return of the talented cast of WCIII. You, as Col. Blair, are portrayed by Mark Hamill (Luke Skywalker of *Star Wars* fame), doing his best work since that vaunted series. Malcolm McDowell, John Rhy-Davies and Jason Bernard also return to reprise the roles they created in WCIII. But the show is stolen by Tom Wilson who plays the role of Maniac to hilarious comic effect and shows that video game acting can be done with some enthusiasm.

And how is the game itself? Excellent.

WCIV features spectacular

space flight sequences that offer challenging combat for every level of gamer. Your computer opponents fly as if they are actually trying to survive, and your wingmen actually fly like they have a personality and a purpose.

While the gameplay is amazing it is really only meant to move along the story, which has so many twists and possible outcomes, you will replay it several times just to see what else can happen. The

game uses a branching storyline to advance the plot. Choices you make, and success or failure in missions affect how the story moves and the eventual outcome.

Technically, the game is state of the art. The graphics are beautiful when viewed in Super VGA, with crisp, detailed images. Explosions look realistic, and the first time you see a charred corpse emerge from the explosion of an enemy fighter, you'll pause the game to make sure you're not seeing things.

The action portions of the game are supported by

great sound effects with a *Star Wars* inspired soundtrack. The game is in fact the first to use Dolby's Surround Sound system and really comes alive when connected to a stereo.

*Wing Commander IV* is being touted as the finale to this award-winning series, and it is one that any self-respecting game player can not afford to miss. The story, acting and gameplay combine into a package that is rarely seen on any gaming system. And with rumors of a full-blown motion picture on the horizon, fans of Col. Blair and his friends will be able to see the story continue on a larger and better screen than their home computer can provide.



COURTESY GRAPHIC

Mark Hamill (left) and Jeremy Roberts (right) are breaking into a new field for actors - video games.



COURTESY GRAPHIC

This state of the art game is a must buy for any video game enthusiast.

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# Lifestyles

EDITORS: Shannon Armstrong • Lisa Lazar

675-6622 Ext. 4514

## Humber student wounded in Croatia

### Injuries a reminder of 1994 Canadian peacekeeping duty

by Lance Knight

For most students sitting in a cafeteria is a time to eat and relax. For Humber College student John Tescione it is a reminder of the conflict in the former Republic of Yugoslavia.

Women's voices, a walkman, and loud noises are all sources for the high-frequency ringing in his left ear. This ringing is a result of injuries Tescione received when he drove through an ambush, while on a United Nations peacekeeping mission in Croatia.

Tescione, 24, is a first-year Hotel Restaurant Management student. He is also a Master Corporal in the Canadian Forces Reserve and is a veteran of the peacekeeping mission in Yugoslavia.

Tescione was born in Toronto and joined the military when he was 18 years old. He is down-to-earth, expresses himself well, and is friendly. He's humorous which is evident to anyone willing to listen to one of his wisecracks. He bears wounds on the back of his head that he received while in Croatia, and to see them is to realize he is a man with a past.

He returned to Humber in January, after a two-year absence. During this time, Tescione served with Charley Company of the 1st Battalion, Royal Canadian Regiment, as a member of the peacekeeping force in Croatia. Tescione's life changed on Dec. 31, 1994 during his tour of duty.

On New Year's Eve Tescione and his fire-team partner Phil

Bandai were ordered to escort members of an engineer unit to an area being constructed for the peacekeepers. The Canadians had received threats their observation posts might be attacked.

Tescione said he and Bandai had just dropped a group of engineers off at work, and were returning along a road to their base. Bandai was driving and Tescione sat in the passenger seat of their Iltus vehicle – the military's version of a jeep.

As they approached the town of Kolernia on the Serbian side, they encountered a group of armed individuals near a bend in the road. Tescione said there were approximately 30 men whom he believed were not Serbian regular forces but simply armed Serbian men gathered in a group.

As two of the men approached, the crowd divided and Bandai accelerated to drive past them.

"The last thing we heard was rifles cocking. Then we heard the gunshots and then the glass shatter from the windshields and the mirrors," said Tescione.

He said the next few minutes were confusing and difficult to remember clearly.

"It felt like I got hit in the head. Like when you're playing football. Then it felt like I was floating through the air. It was like a dream when you want to scream but you can't."

Tescione said Bandai received three wounds from an AK-47 assault rifle – one in his spine,



COURTESY PHOTOS

Top: an inside view of the Iltus following the ambush.  
Bottom: a UN peacekeeping officer awards Tescione the Yugoslavian peacekeeping medal in early 1995.

another in his tailbone, and the third in his left shoulder. Amazingly, Bandai continued to drive the vehicle at a high speed, constantly yelling at Tescione in an attempt to keep him alive.

He said Bandai drove 13 km to the Royal Canadian Regiment's headquarters called the Rastevic Camp. The vehicle's tires had been shot off but they managed to drive the distance on their wheel rims.

When Tescione awoke in the military hospital, he discovered he

had been shot seven times. While one round was lodged in his temple, three more rounds had entered the back of his head, where some shrapnel still remains. Two more rounds had penetrated his left and right shoulders, the round on the right removing a large piece of Tescione's shoulder muscle and his tattoo. The final round went through his left knuckle and stayed embedded in his second finger. In total, the Iltus vehicle the two had driven, received more than 100 rounds from the ambush.

## Helping families bridge communication differences

by Shannon Fitzgerald

Satwant Kaur was 16 years old before she ever spoke a word to her grandparents – at least a word they could understand. They couldn't speak English and she couldn't speak Punjabi, their mother tongue.

So in high school Kaur began taking Punjabi lessons. Now, five

years later, she can tell her grandmother about her day at school and she can understand her grandfather's stories of his younger days in India.

Kaur's story is not unique. More than 2,000 young people like her are enrolling in language classes across Ontario in an effort to communicate better with family

members, and keep their ancestral languages alive.

"It was important for me to learn Punjabi," said Kaur, a 20-year-old University of Toronto student. "I wanted to be able to talk to my grandparents but I also wanted to keep the language alive. If I know it, my children will know it. If the next generation knows it, it won't be lost."

Although it was rumored that Ontario's Conservative government intended to make cuts to language programs, Jean-Claude Camus, communication and marketing officer for the Ministry of Education said these programs won't be affected.

Humber anthropology instructor John Steckley understands the importance of language programs. He said learning an ancestral language is a healthy thing for young people to undertake. "Learning a language really gives you a sense of who you are. If you know who you are it's easier to respect what other people are."

Steckley said young people are interested in exploring their ethnic heritage because Canada offers little in the way of cultural identity.

"I think everyone needs roots, to be part of something. Language is one very powerful way of making a connection with your roots."

In Metro Toronto you can learn Punjabi, plus 16 other languages at schools and heritage centres throughout the city.

"Language is really everything," said Elizabeth Grieve of Toronto's Hansa Language Centre. "Learning a second language really helps you understand your first language. You understand grammar and how words are connected."

But also, it's very important for helping maintain a culture."

In addition to the more than 30 language schools in Metro, heritage centres also offer language instruction at beginner or intermediate levels.

Jeka Akyalis of Toronto's Greek Culture Centre said young people are learning the Greek lan-

guage for several reasons. "I think they come here to know more than one language, the mother tongue, and to know more about their heritage."

The centre, which has offered Greek language classes for more than 25 years, instructs both children and adults in modern Greek. "If you don't know your language, you don't know your roots," said Akyalis. "The Greek language is important. If you're Greek you should know how to speak it."

Antonia Georgopoulos began taking Greek lessons when she was nine years old. She stopped going to Greek class shortly after entering grade eight, because she really wasn't interested.

Georgopoulos is now an 18-year-old Etobicoke Collegiate student. She is enrolled in Greek class again, and this time it's important to her, not just to her parents.

"I think it's important to know Greek because that's what I am," she said.



BY SHANNON FITZGERALD

Satwant Kaur studies Punjabi in order to communicate with her grandparents.

# Homework club seeks help from the college's students

by Deborah Churchill

Humber College students are invited to open the door to a child's future by participating in an educational program for kids living in Metro Toronto Housing Authority buildings.

Last September, with the guidance of the Frontier College: Youth Service Canada Project, 20 Toronto youths spearheaded a desperately-needed homework club for children living in subsidized housing in the Jane-Finch and Scarborough communities.

These workers, however, will be graduating from the project March 8. Philip Fernandez, the project coordinator, said he's hoping student volunteers from Humber will help keep the homework club active until the end of the children's school year in June.

Initiated by the Liberal government, the Youth Service Canada Project is one of several hundred federally sponsored literacy programs.

In this program, children who need help with reading, writing, English and math meet with a literacy worker, aged 18 to 24, on a regular, supervised basis.

Frontier College is seeking students from all disciplines who are looking for a challenge and are able to participate in the program for three hours a week, said Fernandez. "We would provide support and training on how to work with the children."

The task, however, is not an easy one, he explained. "Very often there is despair," he said. "Even though you sometimes feel like you're banging your head against a brick wall, people need to be convinced that without an education life is tough."

"I don't think there are any

other college campuses in the country where students go into the community to do literacy work. If Humber students do this they'll be leading the country."

Joe Kertes, director of marketing at Humber College, said involvement in the project will "give students some profile when they look for work ... And being able to help kids learn would be a great growing experience."

Many of the children living in these communities have a lot of difficulty in school, said Fernandez. "Some of them are poor and are being raised by single-parent families. Often, their mother or father is too tired to sit and read to them when they get home from work or, the parent has

possibilities for themselves."

According to Fernandez there is a large success rate among children who access the program. "The youths get a lot of positive feedback from the kids," he said.

Tracy Murray, one of the project's literacy workers, said for her, the program has proven to be successful. "I tutored a child in grade one," she said. "When he started he couldn't print or write, but looking back through his work folder I can see he has improved tremendously."

Murray said the program is definitely something society needs. "We need to continue helping the children in our communities. A lot of them are going in the wrong direction and we need to redirect them and show them that education is the key to the future."

Marchia Palmer, 19, is one of 10 literacy workers in the Jane-Finch area who assist children with their homework. "It's been a challenge, but it's been rewarding and fun too," she said in an interview last month with the *Norwester*, a Downsview-Weston community newspaper. "I've been doing this since September and I feel I've really made a difference."



PHOTO COURTESY OF NORWESTER

Literacy worker Marchia Palmer assists a student with his homework assignment.

Support for the literacy program also comes from the parents who have children involved. Garnett Brown, whose son Ryan is a pupil in the homework club, said the program is "useful for the working mother who isn't able to come home from work right away." She said she hopes the program will not die after March Break.

If you'd like to volunteer for the program, please call Joe Kertes at 675-3111 Ext. 4201.

trouble reading and writing themselves."

These children don't need any more recreation programs, stressed Fernandez. "What they need, are inspired young citizens to go into the neighborhoods to teach them so that some of these children will be able to look beyond their own neighborhoods and look at other

# Cancer risk increases with age

by Cindy Line

In 1995, there were 17,700 new cases of breast cancer, according to the Canadian Cancer Society. Men represented 177 of these cases.

"It is easier to detect breast cancer in men, because they have less breast tissue," said Dr. Judith Weinroth from the Toronto Breast Screening Centre.

According to the Canadian Cancer Society, breast cancer is the leading cause of death in women aged 35 to 55. And, it is one of the leading cancer killers in women of all ages, second only to lung cancer.

Although most breast cancer is treatable, 5,400 people died from the disease last year.

"If you are a woman, you are already at a high risk of getting breast cancer," said Dr. Weinroth.

"A strong family history of breast cancer, and being over 50 years old also puts a woman in a high risk group."

It is extremely important for women of all ages to perform breast self-examinations, because "it's much easier for a woman to have a lumpectomy (a lump removed from the breast) than to deal with a mastectomy (entire breast removal)," said Dr. Weinroth.

The screening centre offers mammograms to women over 50 years old, provided the patient does not have breast implants.

"A special machine is needed to conduct mammograms on people with implants," said Dr. Weinroth. "For people with implants, a special technique is used to push the implant out of the way. Not every centre is equipped with such

machines."

The Cancer Society said one in nine women in Canada are at risk of getting breast cancer at some point in their lives.

## Odds for Canadian women to get breast cancer

- by age 30: 1 in 2,500
- by age 40: 1 in 260
- by age 50: 1 in 60
- by age 60: 1 in 28
- by age 70: 1 in 16
- by age 80: 1 in 12
- by age 90: 1 in 9

\*1995 Statistics courtesy of the Canadian Cancer Society

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## Resistance to antibiotics creates killer viral strains in inner cities

by Mike Trus

Bacteria, one of the oldest, hardest life-forms on earth, are beginning a cycle of slaughter and disfiguration in Canadian inner cities. Leading physicians and biochemists are warning that killer plagues, which Canadians have no defenses against, have arrived.

"We've now had outbreaks at the Toronto hospital and Hamilton of (lethal bacterial infections) which are resistant to virtually all antibiotics," said Dr. Don Low, Mount Sinai hospital's chief microbiologist. "What's really scary is how fast antibiotic resistance is spreading amongst bacteria."

According to Dr. Low, six years ago about two per cent of bacteria were resistant to antibiotics. Canada-wide studies by Low and others now show close to 20 per cent are resistant — 10 times more in half as many years.

Despite what he and other researchers are doing, unless miracles happen, airborne killers such as tuberculosis, pneumonia and others will reach epidemic proportions in less than five years, said Low. "What is being done is too little, too late."

"It's hard to convince people of the danger. It'll only be after (the plague) is over that (the survivors) will agree (health care research) was important."

"The bacteria have timed it perfectly ... developing resistance and spreading in a time where we don't have the health care resources to do anything about it," he said.

Neil Morris of the Medical Research Council of Canada (MRC) — the federal agency responsible for funding medical

research in Canada — said people's medicinal habits have contributed immensely to the speed with which resistance has built up.

"So many people stop taking an antibiotic as soon as the symptoms go away," he said.

According to Morris, it's like two armies fighting. The antibiotic is trying to destroy the enemy. Just as it's about to, the attack is called off and the enemy re-groups and puts on new armor, he

(how it spreads)," he said.

But the flesh-eating disease is only one of many lethal infections now blossoming into killer epidemics.

According to Low, tuberculosis, pneumonia, meningitis, sinusitis, middle-ear infections, STDs like syphilis, gonorrhoea, and others have already made come-backs in inner cities at the same time as unrelated, but equally incurable viruses like HIV.

Two years ago, pharmaceutical manufacturing giant Searl Canada Inc. and MRC joined with McMaster University's faculty of health sciences to launch a \$2.4 million biochemical research alliance to combat the outbreaks. The project involves miniature robots which do the work of 100 researching biochemists in half the time, 24 hours a day, seven days a week, said Low.



PHOTO COURTESY OF MOUNT SINAI HOSPITAL

Dr. Don Low in Mount Sinai's microbiology lab.

explained.

"When (the bacteria) come back, the antibiotic no longer recognizes them as a threat ... the bacteria are strengthened by the failure to take all the medication."

Dr. Low, one of the world's leading authorities on bacteria and viruses such as the flesh-eating disease which claimed Quebec Premier Lucien Bouchard's leg last year, said Bouchard was lucky to have only lost his leg. Most die soon after contracting the virus — a nightmare cousin of strep-throat.

"The mortality rate is so high because of the speed with which infection sets in.

"We don't really know anything about it," he said. "It showed up in Canada about 10 years ago and in 1990, (Mount Sinai) set up a network of clinics in hospitals throughout Ontario to monitor

Dr. Pauline Mazumdar, who teaches History of Medicine at the University of Toronto, said she knows bacteria can build resistance to antibiotics, but talk of incurable killer plagues in Canada is media-hype.

"Pollution and solar-radiation have increased asthma and immunity problems, but we're not in any post-antibiotic era that I know of because we still have antibiotics," she said.

But Mazumdar admits she is a historian and is not up-to-date on the latest developments.

"All she has to do is look at the growing numbers (of incurable lethal infections) and she'll realize it's not media-hype," said Low. "You can ignore it, but it doesn't change the facts.

"They're already here."

## Club provides cultural comfort to students

by Racquel Lewis

One of Humber's cultural clubs, the Afro-Caribbean Club (ACC), offers many people a sense of heritage within the college.

This club has achieved this goal by giving its members the opportunity to learn more about their culture and history in an educational environment.

Mitch Smith, a third-year Business Administration student and member of ACC, said the club has helped him meet other people and find out about community events. "It's great being a member of this club because I've met quite a few people who share the same interest as I do which is to learn more about our culture and our community."

The ACC has been around for at least 10 years. According to the club's president, Kerrie-Ann Gunn, the club's focus — maintaining a strong cultural background — is the primary reason for its success.

Gunn, who is a first-year Business Administration student, said the club tries to give its members a chance to speak to role models from the black community.

"We try to make this club a learning experience for our members. We want to know that when our members leave our meetings after a guest speaker comes in, they leave with something in their head that sticks with them," said Gunn.

The guest speakers have included volunteers from black associations and entrepreneurs who informed the students how to successfully start their own businesses.

Currently, there are at least 30 to 40 members in the ACC and according to Smith, there is

always room for more.

But some students such as Laureen Wilson, a first-year student in Advertising and Graphics Design, said she would have joined the ACC but didn't know it existed.

"I didn't know there was a Afro-Caribbean Club here. Maybe if I had known about it I would have checked it out," said Wilson.

Gunn said they are trying to improve awareness.

"When I first came here I wasn't aware of this club until someone I knew mentioned it to me," said Gunn. "Now by word of mouth we try to tell people when our meetings are scheduled and that they should come in to see what we are about."

Even though the majority of ACC members are black, Gunn said everyone is welcome to join. "If you want to come to our meetings we will not turn you away because of your race or color. All you need to know is there is a \$5 membership fee."

The fee includes special privileges such as discounts on all events held by ACC.

Gunn said she has the impression that some people feel members of the club are only there to have fun.

"I want to eliminate that (thought). We do have fun but as well we do a lot of educational things. We do things that will uplift us and help us succeed in life and in our careers or whatever goals we have set."

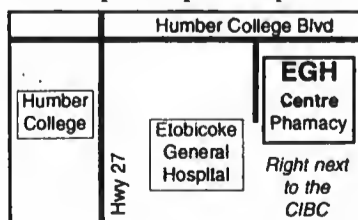
Other than the scheduled activities for Black History Month, ACC has planned a talent show in April, and the annual gospel show in May.

For those who want to join the ACC, it's located inside the SAC office. Meetings are scheduled Wednesdays at 4:30 p.m.

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GRAPHIC BY LAURIE RIVET

## Offbeat cures and treatments for everyday health problems

by Cara Graham

Back in the days when there weren't 24-hour drugstores offering the huge variety of medicines that we have today, people made their own remedies.

Even today with all the name-brands on the market, traditional family remedies are still used. Everyone has a home remedy for the common cold.

Lorraine Hillen, 63, grandmother of six, still uses some of the remedies her mother taught her.

"I remember my mother taking a fresh lemon, cutting it up and then she would boil it with sugar or honey," Hillen said. "She would give it to myself or my sister and brother. She would make us drink it before we went to bed and it would sweat the cold right out of you."

Hillen remembers her mother's other cold remedies. "My mother would buy a block of camphor from the drugstore and she would put it into a little pocket which she had sewn and attached to a string and she would make us wear it around our necks under our shirts."

Hillen's mother would treat a chest cold by rubbing goose grease on the patient's chest.

"Whenever someone in the family would buy a goose for dinner they would give my mother the goose grease. She would heat it up on the stove and rub it on our chest," said Hillen. "It sure did work even though it made you smell bad and it was really messy."

Almost everyone has some sort of home remedy in their family. Some actually work, but others are a little strange.

Lillian Nelson, who grew up on a farm in northern Alberta said her mother had some strange home remedies.

"My brothers, sisters and I used to get warts on our hands from milking the cows," said Nelson. "So my mother had her own remedy to get rid of the warts. She would tell us to go into the woods by our farm and find an old animal bone. It had to be snow white. Then we would take the bone and rub it on the wart and put it back exactly

the way we found it. Then we had to go home and wipe the wart with a wet cloth. Within one week the wart was totally gone."

Cold-sore sufferers may find this Nelson remedy helpful:

"Take an onion, cut it up and then heat it on the stove. Once it's heated, rub the liquid on the cold-sore and I guarantee that it will go away," said Nelson.

When we get a sore throat we usually pick up a pack of cough drops to try to soothe it. But Bet Dickson has a remedy she says works better than any throat lozenge.

"Heat up equal portions of honey and lemon and drink it hot. It's very soothing to the throat. The honey coats it."

Here's a helpful remedy for surface burns, Dickson recommends:

"Immediately after the skin is burned, shred a raw potato and wrap the shreds on the burn. Then secure the potato shreds with a cheesecloth or regular cloth. Let it sit for 15 minutes, then remove. The starch in the potatoes will draw the burn out."

A quicker way to treat a burn is with the gel from an aloe vera plant. Just break it open and rub the gel on the burn, this works wonders."

Dickson also has a strange remedy for getting rid of a fever.

Dickson believes that if you chop up onions and put them in your socks and sleep with the socks on overnight, in the morning your fever will be gone. She explains this remedy by saying the nerves on the bottom of your feet represent certain parts of your body and the onions penetrate the area affecting the fever.

Dickson recommends this remedy for planters' warts.

"Crush some aspirin and mix it with vaseline, then rub it on the wart. Wear the wrap for five days and the acid in the aspirin will draw the core out of the wart."

"The most important thing to remember is made from all home remedies is make sure to give a lot of TLC. It's a must," said Nelson.

# UNCOMMON WIS

## Is it a headache or the evil eye? Italian remedies ward off headaches caused by

by Lori De Angelis

It's not stress causing all those headaches according to Italian superstition, it's the evil eye.

Lisa Iozzo, a part-time teacher's aid in Thornhill, has practiced a secret family remedy for more than twenty years to rid headache sufferers of the evil eye.

"Italians call evil eye *maleocchio*. When you have a headache, it's because someone envies you and subconsciously you catch on to this negative emotion and this is what causes a headache."

Iozzo says not everyone is prone to the evil eye. Those who are at a period in their life where they feel vulnerable or are insecure tend to be *maleocchio* victims.

"It's like catching a cold. When your immune system is down, you catch a cold. It's the same kind of thing when it comes to getting *maleocchio*," said Iozzo.

There are two ways to get rid of *maleocchio*. Gianni Capisciolti, a retired Toronto businessman, uses oil and water. "What I do, anyone can do and it works. You take a little bowl of water and a teaspoon of oil. Slowly you drop some oil into the water and by watching the oil separate, you can tell how big or small the *maleocchio* is."

Small droplets of oil scattered throughout bowl, signify people are envious. Capisciolti believes that not all *maleocchio* is bad. "Some people may give you a compliment and sometimes it is a sense of envy, but in a good way."



PHOTO BY LORI DE ANGELIS

**HEXED!** It might be stress or it might be the envious feelings of enemies or even friends causing that migraine.

Here people may wish they are more like you."

Capisciolti warns to be wary of small droplets that turn into one big oil drop. "Here, enemies are lurking. People or a person is using a lot of negative energy to wish you bad luck."

To keep *maleocchio* away, Capisciolti carries a horn pendant. If you don't want to buy this horn, just bend your thumb, ring finger and second finger. The remaining fingers that are up look like horns.

"Horns are symbols of great power and strength. Just look at Michaelangelo's sculpture

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## It's no myth, chicken soup

### Though the chicken would disagree experts say it is an effective treatment of common cold and

by Heather Goode

Medical scientists are in a tug-of-war over whether to believe the ancient philosophy that chicken soup helps fight the common cold.

As early as the 12th century, the Jewish philosopher and physician Moses Maimonides wrote, "Soup made from an old chicken is of benefit against chronic fevers, and also aids the cough and cold."

We are all familiar with the warning signs of a cold: runny nose, headache, and a sore throat, but we may not know why they happen.

Dr. Iqwal Mangat of Toronto General Hospital said the lining of the nose produces mucus. "But when a virus gets into the mucus it plants itself into the mucosa (which produces mucus) and the virus then spreads."

This is where chicken soup comes in.

A study by Sakethkoo, Januszkiewicz, and Sackner medical researchers at Mount Sinai



PHOTO BY HEATHER GOODE

**Cold or flu got the best of you? Give 'em Hell with a warm bowl of chicken soup.**

hospital in Miami, showed drinking hot chicken soup either by sipping or by straw causes the nasal mucus to move faster through the nose. Which helps rid the body of viruses. But the study also showed that

drinking any kind of hot liquid will be just as effective. The effectiveness of hot liquid is not significant.

The Feb issue of *Details* magazine reported chicken soup helps fight a cold but only when cooked with the neck of the chicken. The trachea has protein with properties that stimulate the immune system. But Mangat said this is misleading.

"Most protein when swallowed gets broken down and used for whatever the body wants it for. The immuno-stimulatory properties from the protein would only be effective if injected."

But researchers are not giving up on chicken soup. There is now scientific evidence that chicken soup suppresses the inflammation which causes some cold and flu symptoms.

Stephen Rennard, chief of pulmonary and critical care medicine at the University of Nebraska Medical Centre in Omaha, has shown chicken soup inhibits the



# SDOM

## VIL EYE?

### envious enemies

es at St. Peter's Cathedral in Rome. He ns on his head. The horns supply him re power," said Capisciolti.

o doesn't believe Capisciolti's method

oil and water does not tell you whether or female is causing you any harm. And yone can get of maleocchio and learn medy tricks just like that," Iozzo says.

et prayers, words and chants are her s for maleocchio. "I can tell you through vers and chants who is giving you the

I get a kind of vibration or feeling of that help identify the maleocchio. But Capisciolti, I can't tell you my secret s. What you see me doing is just the sur-my healing."

at Capisciolti practices is witchcraft . thod is not witchcraft because it involves

According to Iozzo, is an essential ingre- to drive away maleocchio. "When salt is tly thrown, people automatically throw it

ir shoulder to drive away the evil spirits. nd of superstition, extends for this kind od. My method is not witchcraft because

and pray words of God. Just oil and a form of paganism."

o says she can teach anyone the secrets occhio, but the only on Christmas Eve.

e Christmas Eve is months away, Iozzo y confident, carry a grain of salt, and or us relic wherever you go.

## o can heal

### ay chicken soup

### d flu symptoms

movement of certain white blood cells called neutrophils. These fight infection by releasing enzymes that attack invading viruses.

Rennard is convinced that chicken soup can somehow reduce inflammation, and treat the symptoms of colds and flu.

"There's no reason traditional remedies won't work just because they're traditional," said Rennard in Discover magazine (Dec 1993).

Taking any cold medications only provide temporary relief said Shoppers Drug-Mart pharmacist Zarina Hashmi.

"Taking medication will help relieve symptoms one suffers from a cold but it won't help the duration of the cold," said Hashmi. "Getting rest, fluids, and eating well are the best ways to fight a cold."

And whether one believes chicken soup really works or not, it certainly won't hurt. Because not only is it mm-mm-good, it's also good for you.

# More turn to holistic ways to heal and prevent illness

by Shannon Fitzgerald

Canadians these days may be visiting their family physicians less and relying more on alternative medicines to treat less serious ailments.

Toronto's Yellow pages list more than 60 holistic practitioners in Metro who practise acupuncture, homeopathy, aromatherapy, naturopathy, and massage to treat mostly minor, but some serious medical conditions.

Dr Anna Blaszczyk, a medical doctor who practises naturopathic medicine in Mississauga said more Canadians are seeking out alternative remedies because prescription drugs often don't work.

"For something like a migraine, a medical doctor will prescribe Tylenol, and more Tylenol. This may get rid of the migraine but the drug will give the patient more side-effects," said Blaszczyk. "Instead of prescribing the drug, I would look for the underlying problem and ask why this person is having headaches. Just prescribing a drug doesn't work. Canadians are already over-medicated." Blaszczyk said she treats her patients individually according to their lifestyles and medical conditions. She uses nutritional counselling, botanical medicines, acupuncture, aromatherapy, and hydrotherapy to treat a variety of conditions, such as asthma, migraine, or high cholesterol.

"I teach my patients how to change their lifestyle. When they stop taking the drugs that aren't working anyway, and start taking vitamins, they feel the difference right away. Natural medicine works and medical doctors are realizing the benefits more and more," said Blaszczyk.

Marie Suszynsky, an alternative practitioner at the Mississauga Therapeutic Health Centre agrees that generally most medical doctors don't realize the benefits of alternative medicine.

"I know a few doctors who are starting to practice homeopathy. They realize that alternative and regular medicine can go together well," said Suszynsky. "But that's only a small percentage."

Suszynsky said it will be a while before medical doctors accept alternative remedies even though more people are using alternative medicine centres.

"More and more people are coming here and I think they're coming here as a last resort. They're told by their doctors that they'll just have to live with their problem and then they stumble across natural medicine and find there are things to be done," said Suszynsky.

She said alternative medicines are worthwhile not only to treat illness but also as a preventative measure.

"Generally, people only go to a doctor when there's a serious problem. People come here to be treated but also to keep themselves in health," said Suszynsky.

"Given the proper remedies, the body has the power to change things on its own and not get sick as often. When you give the body the right things you won't get sick."

Suszynsky said the downside to alternative medicine is the cost. Since it's not covered by OHIP, a patients must be referred by a medical doctor in order for the treatment to be covered.

"There are more doctors referring patients to our clinic and that way OHIP is obligated to pay it. Otherwise it can be expensive."

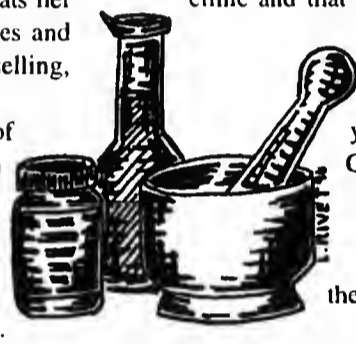
Angela Patterson, a first-year Humber College Computer Programming student said using natural medicines such as vitamins and herbs can be expensive but they keep her healthy.

"I bought a lot of herbs and vitamins at the health food store. That stuff can be pretty expensive but I think it works," said Patterson. "I've felt a lot better since I started taking them so it must be doing something."

Although Patterson has never visited a homeopath or naturopath, she has been to a massage therapist to treat a lower-back injury.

Patterson said the massage therapy was more effective than the prescription her medical doctor had written.

"The massage made my back feel a lot better. I take the pills when it really hurts but I don't want to take them all the time," said Patterson.



# The healing power of Shiatsu

by Anne-Marie Green

A good massage can be much more than a soothing way to spend an hour, practitioners of Shiatsu say it can cure a hangover, improve memory and relieve PMS.

"A lot of people are realizing that alternative medicine has merit. Ten years ago it was considered voodoo."

Shiatsu is different from other forms of massage because it has a psychological component.

Shiatsu is based on the premise that physical illness can result in psychological pain which may result in more physical illness. To cure both illnesses, Shiatsu therapists concentrate on the internal flow of energy called a meridian.

"Shiatsu focuses on applying pressure to specific points along the body," said Natalie Sunarth, a student at the Shiatsu School of Canada in Toronto. "When energy gets trapped or stagnated we get sick. Shiatsu gets the energy flowing again or re-channels the energy into places where it is needed," she said.

Sunarth said she can actually



PHOTO BY CLIFF BOODOOSINGH

feel the energy deficiencies under her client's skin.

"When I perform Shiatsu I can feel either a hardness or space. That's how I know that something is wrong with my client's energy flow."

Annie Mio, a therapist at the Mississauga Shiatsu and Acupuncture Centre said, "Shiatsu is very complicated. Normally you hear that it relaxes muscles and relieves stress but we do much more.

"We even do more than chiropractors who just do bone adjustments. Some of my patients have been to chiropractors and have had awful experiences. They didn't find that the treatments gave them the pain relief they needed," Mio said.

Mio insists the only health problems Shiatsu cannot cure are cancer (though she does treat cancer patients for pain) and damage to tissue, such as scarring from an accident.

Shiatsu is still not recognized as a legitimate therapy by the government. Though massage therapists have to be licensed in Canada, Shiatsu is unregulated.

Mio said she believes the Canadian government is reluctant to recognize Shiatsu because it's foreign and the provincial government does not want to spend the money required to license it.

Shiatsu sessions can be expensive, running to about \$60 an hour. There are cheaper alternatives. Some Shiatsu schools have student clinics where clients can get a massage for as little as \$25 or even for free.

# Homeopathy vs traditional medicines

## Age-old wisdom the basis for an alternative form of medicine using all natural ingredients

by Amy Vereggen

Homeopathic medicine is becoming more and more popular during this New Age uproar, but is it really better than traditional prescribed medicine from a doctor?

"It's truly remarkable," said homeopath Amanda Smith, who works out of the Heartland Health and Nutrition store. "Homeopathic medicine is a very energized type of medicine."

Developed by a German doctor, Dr. Samuel Hahnemann, in the 1790s, homeopathy can be confusing to understand, said Smith. It works by the pharmacological law, "like cures like."

"Hahnemann discovered a new system of medicine that uses natural products," Smith said. "He found that the same substance which, in large amounts could cause a disorder within the body, in minute amounts could cure the same disorder."

Homeopathic medicine treats the whole person, rather than just treating the symptoms of the disease.

"As a homeopath, I give advice on treatments depending on the person's illness," said Smith. "I prescribe different treatments to slightly different problems with people who think they might have the same illness."

If someone has a headache, Smith would prescribe different homeopathic doses depending on what type of headache it is; whether it's located at the front or back of the head, or if it's a migraine.

According to the Chuck Ham, the manager of Nutrition Emporium, in Newmarket, homeopathic medicine is all natural.

"Mainly the ingredients are botanical, or from minerals or extracts from animals," said Ham. "And there are no side-effects. Usually if you take regular medicine you get side-effects."

Should people start using homeopathic doses instead of medical drugs? Bob Posen, a pharmacist at Smith's Pharmacy in Toronto, said it depends on the person.

"It would be an insult to the medical profession to say take Homeopathic drugs instead of our medicine," said Posen. "Medical drugs do work, but some people can't take antibiotics, or they've tried everything and nothing is helping. So that's when homeopathic medicine is good because it's an alternative."

The medicine has to suit the person and the illness. Whatever works best is up to the patient.

Smith agreed. "Every person and problem is different," he said. "one of the medicines should help."



# Canada's only naturopathic college takes different approach to sickness and health

*Canadian college offers full-time training in naturopathy, acupuncture and other unorthodox medical care*

by Patti Enright

The Canadian College of Naturopathic Medicine (CCNM) is the only school in Canada to have a full-time training program for doctors of naturopathic medicine.

"(The program) was very intensive," said Carolyn Galvin, a fourth-year student at the school. "In your last year, you go through the summer. It's a lot of hours compared to university."

Galvin, who came from New Brunswick to attend the college, said her interest in medicine and the whole philosophy behind naturopathic medicine drew her to the program.

"Being in the clinic, seeing patients and putting into practise all that I've learned makes it worthwhile."

Students learn acupuncture, traditional Chinese medicine, botanical or herbal medicine, homeopathic medicine and hydrotherapy, as well as nutritional counselling and supplementation.

The CCNM program prepares students to handle conditions rang-

ing from a common cold to nutrition to more serious and complicated cases.

"When I was 17, I was diagnosed with rheumatoid arthritis, and I was treated through (traditional) medical means, but it didn't work," said Kevin Jackson, a fourth-year student at the school. "I read some books on natural medicine and found that if I changed my diet and took nutrient supplementation, I'd be able to take care of myself and the disease. And I knew it (worked) because when I returned to the old diet ... (the disease) returned."

CCNM offers a four-year, full-time program to individuals who have at least three years of university training said Audrey Adams-White, director of communications for the CCNM. "It's quite grueling."

"The first two years cover basic medical sciences that most general health care practitioners would receive," said Adams-White. "The last two years focus mostly on the naturopathic discipline."

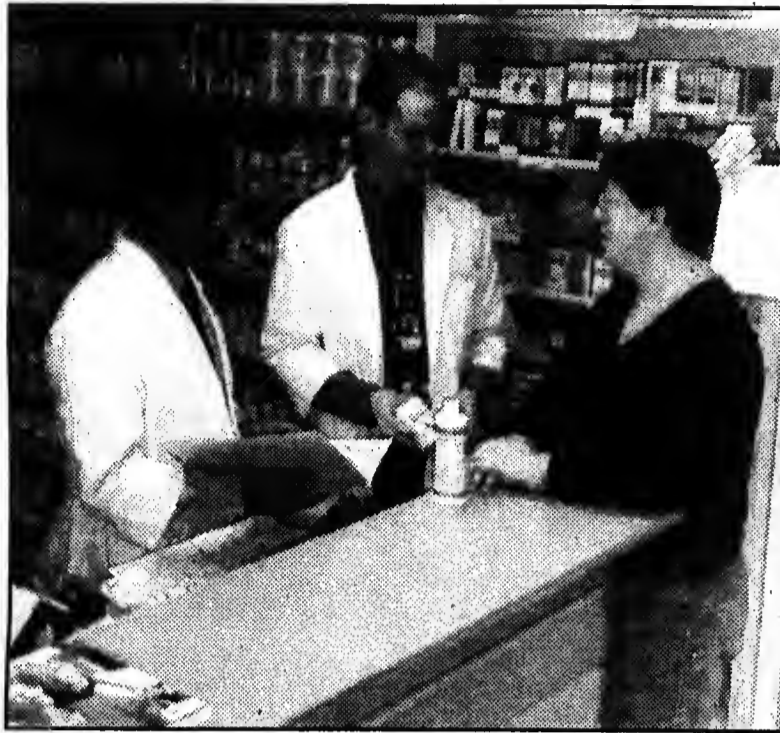


PHOTO BY PATTI ENRIGHT

Susan Charlton (right) visits the on-site clinic at the Canadian College of Naturopathic Medicine, 3rd year student/observer Hasan Hafic and 4th year student/clinician Michael Hollis work and train at the clinic.

Adams-White, a Humber public relations program graduate, said to apply to the CCNM, students must have courses in general biology, chemistry and organic chemistry.

"By the time they're done, any student who successfully graduates from the college will have at least

seven years of post-secondary education."

The school, located in Etobicoke, has 160 students and graduates 40 naturopathic doctors a year.

Students take part in the on-site naturopathic clinic. Patients are

seen by fourth-year students who perform the duties of a clinician under the supervision of a licensed naturopathic doctor.

"It's a matter of deciding what that (patient) has and coming up with a diagnosis," said Jackson. "We believe that everybody is biochemically individual. Because they have certain symptoms doesn't mean they have the same disease as the person next to them."

Jackson said he completed three years of pre-medicine before he realized he didn't like the direction conventional medicine was taking. Instead, he said he wanted to learn a more natural form of medicine.

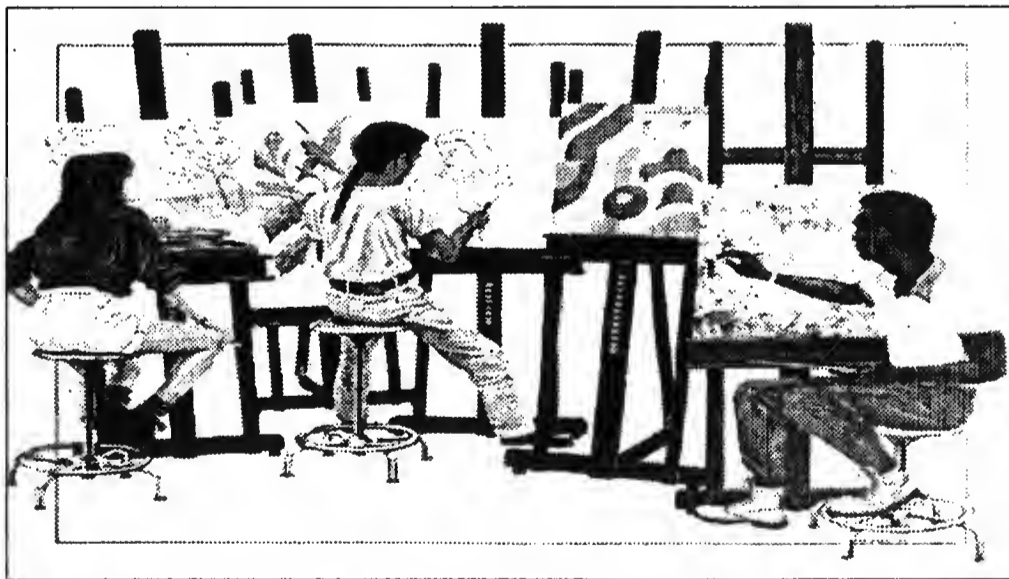
"It's a way of thinking that's coming into its own time. Many people are embracing it wholeheartedly. People are looking for not only natural ways, but a way of treatment that makes more sense."

Adams-White, agreed saying people are looking for choices in the way they maintain their health.

"Naturopathic medicine is becoming much more accepted and mainstream," she said. "People want to take responsibility for their health and they want to work with someone to attain good health. A naturopathic doctor can help them do that naturally."

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Athletics Department, North Campus  
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Please Print

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Status (check one): Full-Time  Part-Time

#### Artwork Entered

No.	Title of Artwork	Value
1.		
2.		

\*\*Please ensure that your refundable \$5.00 registration fee is attached\*\*



# Home remedies from the global village available in Canada's cultural mosaic

by Ethylene Villareal

In Canada health is a cultural affair.

In our multicultural society many people have retained their cultural heritage which includes healing practices.

• **EAST INDIAN** culture believes in natural healing practices.

"If you have a cut, you apply tumeric powder (a cooking powder)," said Rozina Bhimani, an Indian nurse at Mount Sinai Hospital. "If you have a cough, you can mix ginger, honey and tumeric powder in a spoon like you would when taking coughing syrup or you can mix powder with milk and sugar."

"If you get burned, you can apply butter on your skin," she said.

• **ITALIANS** have applied the principles of a hot and cold theory to health.

"If you suffer neck pain, it is believed that it was due to a cold wind or colpo d'aria (sudden air) that blew in your direction," says Mary Burello-Cordovado, a health consultant at Crawford Rehab in Etobicoke. "In treating this, the Italian culture dictates you do not

do anything, just rest. It's passive treatment whereas in the Western medical model, you're supposed to keep fit and be active."

• The **CHINESE** are well known for their cultural healing practices. "If you're feeling run down and

tired, you can use ginseng," says Lisa Lun, a Chinese nurse from Hong Kong practising at Mount Sinai Hospital. "It comes in powder form which you can mix in water and drink like tea," says Lun.

"It's supposed to boost energy

and cool down the heat but you can't use it if you're sick or if you have a cough because ginseng will capture heat and retain it. Therefore, the person will end up coughing even more."

"You can also use Pei Po Koa for coughs," says Lun. "It is a

herbal cough syrup used to relieve coughs due to colds and allergies. It takes away the heat part of the cough like it does with Halls and Vick's."

"Pei Po Koa works to a great extent," says Joseph Ng, a social worker with Chinese Services at Mount Sinai Hospital. "It's been around for at least 23 years."

"If you want to control your cholesterol level, you can boil dry mushroom and drink the extracts from it," says Lun.

"Dried mushroom is considered nutritious," says Ng.

• The **FILIPINO** culture also uses folk medicine to heal.

Erlita Mallari, a Filipina nurse practising at Mount Sinai Hospital suggests this treatment for chicken pox:

"When the pustules are fresh, you can use the leaves of wild berries to prevent itchiness."

For a stuffy nose or congestion, Mallari says, "You can put eucalyptus oil on a cotton ball and pin it to the shirt for babies and for adults, you can rub the cotton saturated with eucalyptus oil on the nose."

## Curious cures from the Caribbean

by Wendy Cyrus

Where the sun and sea are available all year round, healing customs are pure and simple compared to North American. The people from the Caribbean seldom take medications, there is a natural cure for almost everything that ails you.

On the island of **BARBADOS** if you have a sore throat, "warm some salernum (low grade alcohol) add some salt and boil," said Sheryl Martin a day care coordinator and mother of two. "After drinking the mixture you will naturally fall asleep and the rest is history."

Althea Grimshaw hales from **TRINIDAD & TOBAGO**. Grimshaw was asked what are some of the old remedies. "If you step on a nail you would find a cockroach and kill it and tie it to the area.

There was no tetanus shot 40 years ago and this worked. If you have a bad head cold they would and still do, take the patient down to the beach and put your head under the salt water. When you emerge the cold from your head would run and clear your nasal passages," said Grimshaw a sales associate at K-Mart.

In **GUYANA**, the fever remedy is a little different. "If a young child has a fever my Guyanese mother-in-law says to rub the child down with a mixture of camphor and baby oil to break the fever," said Nanda Bagit a finance clerk at The Hospital for Sick Children. Bagit thinks that these old fashioned home remedies make for healthier children.

In **JAMAICA** if you want to induce labor there is apparently a sure-fire method: "Eat some stew

peas and rice and the next day labor is on the way. It worked for me, my cousins and in-laws," said Dawn Spencer a Human Resource Manager at Coke Canada, whose parents are Jamaican.

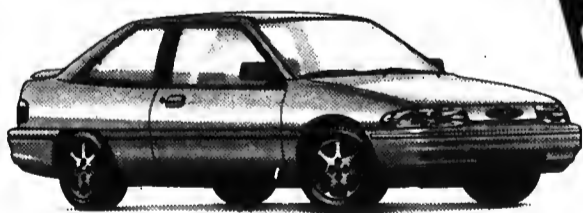
Dean Martin a Revenue Canada employee who hails from Jamaica said, "If you have a sore throat warm some lime, honey and rum. For a headache sap (rub) some rum on your forehead and have a good sleep."

People from the island of **ST. VINCENT** say they have the right way to fight a bad cold. "Burn a candle and drop the wax in some rum with some nutmeg and rub the person's back and stomach. Wrap them in a warm blanket and send them to bed," said Flemming Exeter, a Toronto courier.

If all else fails have a shot of rum and retreat to bed.

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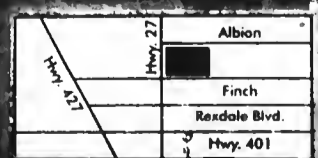


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# Coffee shops relieve stress

## Williams Coffee Pub warm and friendly atmosphere

by Grazyna M. Patrzalek

Monika Malarczuk, Sue Tanrikulu and Nana Policelli all have something in common.

They spend the majority of their time at a coffee pub. And it's not just because they work there. This is "their home away from home," they all say.

The trend towards upscale coffee

pubs is growing. A lot of people are finding coffee shops an ideal way to spend their leisure time. By escaping to coffee shops, they can get away from the strains of everyday life.

"When I have too much pressure at school or even at home, I come to Williams just to relax and to forget about everything else,"

said Malarczuk, a second-year Culinary Management student at George Brown College who works at the coffee pub on weekends.

Williams Coffee Pub, located on the airport strip, offers a getaway to people of all ages. "This is a place where people come to have a decent conversation in a casual and relaxing atmosphere," said Greg Hartwick, the assistant manager. "Williams Coffee Pub is not limiting itself to any age market."

He gives an example of the typical "Friends" crowd sitting at one table and a couple in their 50s sitting at another.

There is a difference between this coffee pub and a typical donut shop. "The selections of coffee, the quality of the coffee and the atmosphere are all different. The atmosphere here is warmer and friendlier. It is more inviting," said Hartwick.

Williams Coffee Pub started in Stratford, Ontario offering a variety of coffee,

desserts and light lunches. Since the opening of the Etobicoke location, they now offer coffee, desserts and a full menu, said Donna Henhoeffler, who is in field operations for their home office. "You can get a coffee and a meal for under \$6 which is reasonable these days," she said.

"We can be considered a restaurant, but essentially we are a coffee pub," said Hartwick. Because they offer a full menu, the coffee pub is trying to get its liquor license. "We will be serving beer and wine along with specialty coffees."

Williams Coffee Pub has had an incredible response from their clientele. "Our customers love the place and the whole idea of Williams. Any true coffee drinker will appreciate Williams because of the quality," said Hartwick.

Since opening in November, they have "generally established a very strong, repeat clientele," he adds, because the customers enjoy the quality of the service, the products and the atmosphere.

Mike Long, a regular customer, said the primary reason he chose

Williams Coffee Pub over any other upscale coffee shop is because they are open 24 hours. "I work nights and it's convenient. I also find that it pleases the well dressed. I can bring a date here if I'm dressed up in a suit, but I can also come in my uniform and not feel out of place," he said.

Sue Tanrikulu, a first-year Travel and Tourism student at Humber College and Policelli, a second year Culinary Management student at George Brown College both work at the coffee pub part-time. They recommend the place to all of their friends. "It's a fun and cozy atmosphere," they both agreed. "All of our friends just love it."

This is an expanding franchise. "Williams Coffee Pub plans to keep growing and continuing to meet customer's needs," said Hartwick.

Williams Coffee Pub is located at 924 Dixon Road in Etobicoke and is open 24 hours. There are currently five other locations in Stratford, Kitchener, Pembroke, Hamilton and Waterloo.



PHOTO BY GRAZYNA M. PATRZALEK

Nana Policelli (left), and Monika Malarczuk (right), enjoying their coffee at Williams Coffee Pub in Etobicoke.

## Pop in Orbit outer wordly

by Matthew Blackett

Pop In Orbit is not from this planet. The out of this world exhibit on display at the Design Exchange is a celebration of design from the 1960s and early 1970s.

In the early 1960s designs in furniture, clothing and advertising changed dramatically. The major influence for designers came from the race to space between the USA and the Soviet Union.

For the designers, the sphere, the shape of the planets, became a metaphor for progress and change. Such buildings as Ontario's Cinesphere and the US Pavilion at the Montreal Olympics in 1976 were inspired by the spherical theme.

Pop In Orbit showcases the items that occupied the homes of the 1960s. Project G, a home stereo, was the cutting edge in home entertainment. The receiver and record player were housed in a wooden cabinet with two metallic globes on either end as speakers. The stereo was developed by

Clairetone's Sound Corporation in Etobicoke and described by Time Magazine as looking like it "came from Mars but hails from Canada."

The sexy woman was a symbol of the Space Age pop culture explosion. In fashion, mini skirts were introduced as well as angular and linear designs instead of the traditional soft curves. The designs appeared in movies such as *Barbarella* with Jane Fonda

Many of Captain Kirk's television loves whom he met on his far-off galactic journeys were dressed in the trendy space-wear. Pop In Orbit shows a half-hour film each day noting how these fashions have changed in the entertainment industry.

Advertisements with sexy and naked women were ushered in by

the Pop movement. Women were seen lying on hoods of cars, listening to records scantily clad or seductively inhaling a cigarette. The advertisers attempted to make functional objects become items of fetish and desire. This revolutionary approach to advertising had such an impact on the consumer market that its fundamental ideas are still used in today's advertisements.

Pop In Orbit is designed to lead you through the most far reaching points in Space Age Pop to the common items that have lasted over 30 years. In the "Too Much To Handle" department, is the Globe chair. Made of white plastic, the chair appears to be a sphere cut open on one side. The inside of the globe is a cushioned chair that has built-in speakers that hook up to your stereo.

The ordinary articles such as the mini skirt are shown on the 1960s supermodel Twiggy and compared to Dec-Lite, the 1990s retro queen. It's hard to distinguish which one is from which era.

Pop In Orbit gives interesting insight into what most of our parents experienced. It also helps us understand the trends that are taking place now and where they originated. The exhibit is on until April 7 at the Design Exchange, 234 Bay Street. Admission is \$3.50 for students.



COURTESY PHOTOS  
Jane Fonda (left) as  
Barbarella, 1968.  
The Eero Aarnio Globe  
chair, (above) with  
built in speakers for  
stereo hook-up, 1965.



## Tale not worth telling

by Mark Brodsky

One expects more from Kenneth Branagh than this derivative sitcom-like ensemble piece. He did it with *Peter's Friends*, but the magic just isn't there this time in *A Midwinter Tale*.

There seems to be a rash of films coming out that revolve around a well-known book or play, not a film adaptation of the book or play, but a fictional film about putting on a play. First there was Louis Malle's insufferable *Vanya on 42nd*, then there was *Les Miserables*, and now *A Midwinter Tale*, a film about an out-of-work actor who mounts a production of *Hamlet* in order to save a small-town church.

The movie starts out to be quite promising, but the middle is disappointing. In fact, the entire first half of the film is excellent. The end somewhat redeems the film when highlights from the fictional "production" are shown and all loose ends are tied up.

The story is pretty basic. Actor Joe Harper (Michael Maloney), hasn't worked for a year, but his agent (Joan Collins) still believes in him. With some of her money, he mounts his production, hoping it will serve a dual purpose, save the church and get him a job.

He places a notice in the paper and holds auditions. From the

many repeats, he chooses six who are easily recognizable to anyone who watches TV, the old, cranky person, the ingenue, the narcissistic actor, the mom's boy, and the stereotypical gay character and so on.

In the meantime, during the 10 days of rehearsal, people have opened up their souls, made lifelong friends, and fallen in love.

The movie feels so much like a sitcom that it leads one to think, "Hmm, now who should be cast in the movie version?"

Joan Collins (actress, author, and jewelry entrepreneur) adds a touch of glamor to the film. You can almost see her red lipstick and well-coordinated outfits (even though the film is black and white). The problem is that her performance isn't over-the-top enough, she plays a real character. She hasn't really acted before, what suddenly made her start now?

Another disappointment is the brief appearance of the brilliant Jennifer Saunders (*Absolutely Fabulous*). She's on screen for less than two minutes and has a ridiculous southern accent.

This story, in the end, is empty.

As the Bard himself once said, in *Macbeth*, "It is a tale, told by an idiot, full of sound and fury, signifying nothing."



# U.K. band Marion invading Canada

by Steve Mahoney

"At midnight, I just turned 21. And I can't think of a better place to be than in Toronto," exclaimed Jaime Harding, lead singer of England's Marion.

Considering this was the band's first time playing Toronto, I think the intention of this comment was very likely sarcasm rather than sincerity.

Monday night's show at Lee's Palace, was the last date of the tour, which took the five-piece band from East Manchester through ten major cities in the United States. The band's debut album, *This World and Body*, was released in early February and has already reached 10th spot on the charts in the U.K. Guitarist Phil Cunningham attributes this

quick success to the band's relentless touring in England and Europe.

"Prior to the release of the album, we played as much as we could for about a year. We started to get a good base of fan support and press support, so that when the record came out, we were already well known."

And becoming well known is quite possible when you tour with the likes of Radiohead and Morrissey. The British press has also given the band strong reviews and has often compared Marion to Suede, U2, and Joy Division. Cunningham said modestly, "That's just the press blowing things out of proportion."

The other members of Marion, Tony Grantham (guitar), Nick Gilbert (bass), and Murad Mousa (drums), along with Harding and Cunningham, all grew up together in East Manchester. Apparently they had been playing music together long before the official formation of Marion in 1993.

"We had been playing punk covers for years, and we've been friends forever. Eventually the band just evolved into

what it is today. It just came together," said Cunningham.

The short set was loud, powerful and the band's energy escalated with every song. By the end of the set, the musicians were climbing onto and jumping off the stage monitors and amplifiers. The androgynous Harding leaned into the audience, enticing the fans who dared to get close to the front of the stage, and shared a bottle of beer with one fan.

The audience listened to the songs from *This World and Body*, which contains elements of troubled childhoods and other emotionally inspired themes, driven by duelling guitars and the occasional spurt of blistering harmonica.

"Basically, what we are trying to create is emotionally-driven music with lots of melodies and a rock and roll element," said Cunningham.

The potential of Marion is best captured by a review in a British newspaper: "... passion and breadth hint at a band that could be seriously rivalling Radiohead within a year for the coveted 'band most likely to break America in two' award."

Judging from the enthusiasm of the eclectic audience at Lee's Palace, Marion is well on their way to breaking onto the Canadian music scene.



COURTESY PHOTO

Marion's album *This World and Body* tops U.K. charts, now it's on to Canada.

## Hyding from the original

*Dr. Jekyll and Mr. Hyde to go cross country after Toronto*

by Pamela C. Chynn

The issue of incest causes criticism and controversy in James W. Nichols' play *Dr. Jekyll and Mr. Hyde: A Love Story*.

Nichol, who has a history of taking classic works of literature and distorting them almost beyond recognition, has taken the two main characters from the original story, and spun his own alluring tale of evil and perversity.

David Storch is wickedly good in his role as Dr. Jekyll's evil alter-ego, while Marilyn Norry's performance as the governess of Jekyll's daughter Melissa, is strong with subtleties which could only be carried through by a very forceful actor.

The set of this play is impressive. Dr. Jekyll's lab is designed to give a futuristic impression despite its Victorian-style furnishing. Fog and a glowing, white neon light emit from the laboratory cabinet whenever it is opened. This further enhances the setting by adding a creepy, surreal effect.

Steamy, Freudian sex scenes are played out against a shadowy backdrop that tantalizes and teases the audience.

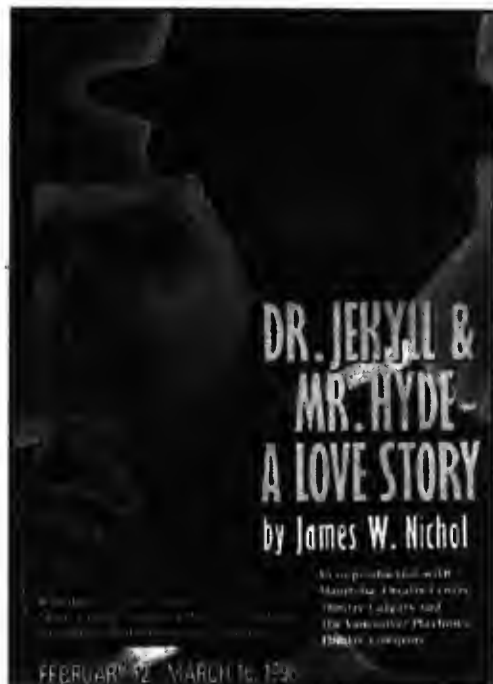
The musical score starts out flamboyantly melodramatic, but as Dr. Jekyll's darker side takes over, the music assumes a much more somber, more sinister, and more chamber-like tone. At first glance, it would seem strange

that the description love story is attached to the play's title. After all, this play is hardly a syrupy type of romance. However, the description 'a love story' is very relevant to this play. It is not a play that celebrates the healthier, more ideal or socially acceptable forms of love. Instead it explores the darker, more self-destructive forms of love such as narcissism.

"Dr. Jekyll loves himself so much, he's so into himself that he recreates himself," said Michelle De Clair, publicity associate for The Canadian Stage Company, which produces the play.

According to De Clair, the production will move on to Calgary after leaving Toronto. The play is going across Canada on tour to various theatres. De Clair said, this is the first time in Canadian theatre history that so many theatre companies have pooled their financial resources to produce a play. Co-productions have become a necessity due to cutbacks in government support for the arts, De Clair said.

*Dr. Jekyll and Mr. Hyde: A Love Story* continues to March 16 at the St. Lawrence Centre for the Arts.



COURTESY PHOTO

*Dr. Jekyll and Mr. Hyde: A Love Story* from director James W. Nichol.

## On the Grammys

by Matthew Blackett

If 1996 is the Year of the Rat then 1995 was the Year Canadians Took Over The Music Industry.

In total, Canadians were nominated for a record 17 Grammy awards. They were split among Alanis Morissette, Shania Twain, Bryan Adams, David Foster and Neil Young.

Ottawa's angst-ridden Morissette topped all Canucks by copping six nominations including Album of the Year and Song of the Year. Timmins' country star Shania Twain is up for four awards including Best Country Album.

The odds of Morissette taking home all six of her categories are very slim. She's up against perennial favourite Mariah Carey for Album of the Year and newcomers Hootie and the Blowfish and Joan Osborne for Best New Artist.

Morissette's best chances, according to many published articles and reviews, are in Best

Female Rock Vocal and Best Rock Album. In the female rock category Morissette's competition comes from weirdster PJ Harvey and the soulful Joan Osborne. In the Best Rock Album slot, fellow maple leaf rocker Neil Young and his *Mirrorball* collaboration with Pearl Jam is a hefty opponent.

Morissette became only the second Canadian to top Billboard in record sales. The other is aged rocker Bryan Adams who is up for Best Male Pop Vocal for his "Have You Ever Really Loved A Woman?"

This is the first year of a revised nomination process for the Grammy Awards. Most major labels threatened to financially boycott the awards if the academy did not change its formula for voting. Their goal was to get rid of two things: popularity and sentimentality in the voting process. Instead, ballots were based on artistic excellence. (What a concept, eh?)



Canadian superstar Alanis Morissette.

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# SPORTS

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## Men's volleyball settles for silver

### Humber loses gold medal match after a close four game battle

by Derek Lacroix

They played with heart. They played with character. But in the end it wasn't enough. The Humber Hawks Men's Volleyball team lost the OCAA championship final in four sets on Saturday to the Durham College Lords.

The bad luck actually began a day earlier for the Hawks. On Friday, during warm-up for their first round-robin match, starting power Jamal Thomas went down after twisting his ankle. Thomas would be out for the entire tournament.

The loss seemed to disturb the Hawks in their opening match. Humber struggled against the defending champion Loyalist Lancers. The Hawks eventually won in five sets, 6-15, 17-15, 9-15, 15-9, 15-12.

Head coach Wayne Wilkins said losing Thomas threw his team for a loop.

"I hadn't had Kingsley (Scott) and Chad (Reid) in the same lineup for about a month and a half," explained Wilkins. "But they played great and we weathered the storm and luckily enough we got through it."

The Hawks faced the Lords in their second match of the round-robin, in what turned out to be a preview of the gold medal match.

Both teams had already clinched berths into the semi-finals. Durham proved to be too much for Humber, beating them in four sets, 15-8, 11-15, 15-0 and 16-14.

Wilkins said the team may have been a little flat.

#### Flat

"We knew we were through. (to the semi-finals) we weren't worried about winning, we wanted to win, but if we lost I wasn't going to be stressed."

The Hawks would face the Seneca Braves in one of Saturday's semi-final games, while Durham took on the Cambrian Golden Shield.

The Hawks took control of the match early and looked to be on their way to a easy victory after winning the first two sets, 15-8 and 18-16. But Seneca roared back with a convincing 15-1 win in set three. The Braves then went on to win the next set 15-11.

That set the stage for a fifth set. Hawks middle Matt Cunliffe took control of the match with some monstrous kills and devastating blocks and Humber cruised to 15-9 win.

Meanwhile, Durham was taking care of Cambrian in the four sets, setting the stage for the final everyone wanted to see: Humber vs. Durham.

Durham took control early,

jumping out to a 13-6 lead. But the Hawks showed character and instead of folding like cheap patio furniture, they fought back and took the first set 16-14.

The Hawks seemed to be on their way. But Durham would not be denied, they won a close back-and-forth second set 15-12.

#### Tied at one

The third set featured more of the same tight, close, defensive volleyball, but the Lords eventually pulled away and won 15-11.

That seemed to knock the wind out of the Hawks temporarily and Durham quickly jumped to a 7-3 lead to start the fourth set.

But again the Hawks refused to die. They dug down deep and came back and took an 11-9 lead. But that was the closest they would come to forcing a fifth set, as Durham rallied and scored six unanswered points. The Hawks would have to settle for the silver medal.

After the match, a dejected Hawks team reflected on what happened.

"I guess they had more heart, I don't know," said middle Andrew Simmons. "You keep playing and playing them but they stay on top of you, it's tough."

"At times we had mental lapses," said assistant coach Chris Wilkins. "But I give them credit. When they had to step up their play, they did. And that was the difference."

"We played like we wanted to win, instead of like we were afraid

to lose," explained setter Shaun Doyle.

The Hawks believe if they could have forced a rally point fifth set, they would have won the championship.

"If it would have gone to five we would have won," said tournament All-Star Chad Reid. "We just couldn't get it there"

Team Captain Eugene Selva agreed.

"I think if we went five we would have won, because we were serving fairly well," he said. Selva was also a tournament All-Star. "But their defence was really good tonight and that was the difference."

#### Didn't execute

Head coach Wilkins thinks his team just didn't execute well enough to win.

"We kept falling behind and when you have to keep playing catch up, it's tough."

Losing Thomas before the tournament to an injury hurt the Hawks, but Wilkins doesn't think that was the difference.

"Having Jamal on the court adds a lot of confidence to our game, I'm not saying we would have won, I don't think so," Wilkins said. "Chad upped his game to a level that was on par with Jamal's. It's just a psychological thing that he brings and that's a confidence that we can win."

Assistant coach Hank Ma put it best when he said, "There's nothing like being able to smell the food but not taste it."



PHOTO BY MATTHEW BLACKETT

Setter Shaun Doyle agonizes over Saturday's defeat.



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Eugene Selva had 40 kills in the gold medal match vs. Durham at the OCAA Championships held at Humber last weekend. He was also named a Tournament All-Star.

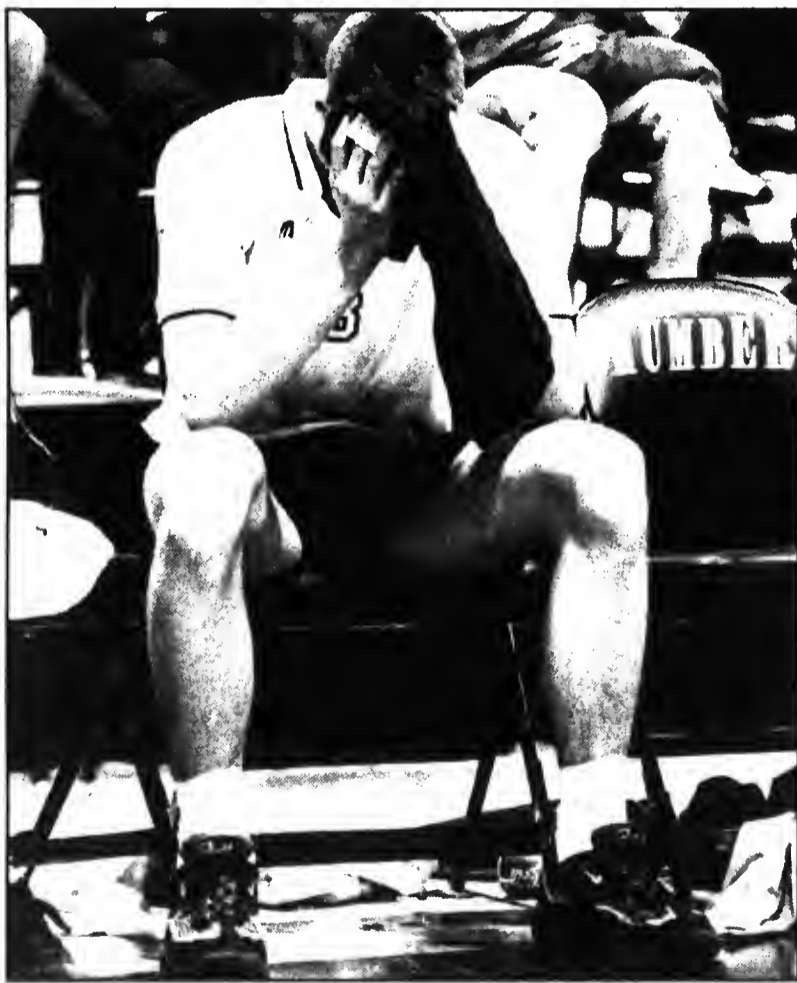


PHOTO BY MATTHEW BLACKETT

Matt Cunliffe feels the pain of losing to Durham in the OCAA Volleyball Championship final on home court.

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## Have a Great March Break



# Major upset for women's volleyball

by Pam Fawcett

The Hawks lost their bid for the provincial title as they went down in two agonizing defeats this weekend at the OCAA championships.

In round-robin play, the Hawks faced the Seneca Scouts and the Cambrian Golden Shield.

Winning the Division I League Championship trophy put the Hawks in strong contention for the title. To move on to semi-final action the team had to win one of the games, but were unable to overcome the challenge posed by the opposition.

Coach Dave Hood said the team played really well, they just weren't able to win.

"We made some mistakes and in succession it gave the other teams a chance to get a bit of a roll on us," said Hood. "We played excellent, as well as we've played all year. We just couldn't capture the win we needed. We knew we could beat Seneca and when it ended up going five games it took a lot of wind out of our sails."

The Hawks lost their first match to Seneca in five games, 15-11, 14-16, 15-10, 14-16 and 9-15.

## Game one

In game one the Scouts got on the board first with power Brenda Ramos serving an ace. The Hawks answered back when middle Nicole Nightingale served up an ace of her own. The rest of the game saw power Joan Walters score with five kills and power Christine Rudics win eight points in the Hawk victory. Hawk middle Amanda Roberts served for five points in the game.

The second game proved to be a battle for both teams. It started with a long rally before Seneca won three points. The Hawks were able to sideout when offside hitter Courtney Strong hit the ball off Scout blockers. Rudics served up five points in the game and had four kills, while Walters scored seven points. The Scouts won game two 16-14.

A scary moment for the Hawks

occurred midway through the third game. While diving for a ball, setter Kathy Daigle and Nightingale collided and Daigle was diagnosed with a mild concussion. Carrie Swain filled in for the injured Daigle until she returned at the end of the third game which they won 15-10.

The Scouts won the last two games, 16-14 and 15-9, to take the match and put them into the semi-finals to be held Saturday morning.

## Game two

The Hawks then met the Golden Shield Friday afternoon in a second attempt at making the semi-final round. Cambrian won the match in four games, 9-15, 16-14, 15-11 and 15-10. This eliminated the Hawks from the gold medal match and the tournament.

Hawk power Andrex-Claudia Davis said the way the team played at the tournament said nothing for the hard work they put in during the season.

"At times I thought we played really well but we just kept going up and down. We just couldn't get the momentum going and this was the time when we needed it most," said Davis. "It was a really, really disappointing loss, especially being defeated the first night."

Coach Hood said, "When any one team can win if they get on a hot streak, you have to say we did our best and losing was unfortunate. We have to take this as a learning experience. Winning the league championship was really important to us and that's a goal Humber's never achieved before. The next step now is to win the provincial title."

The St. Clair Saints and Nipissing Lakers faced off in the bronze medal game Saturday afternoon where Nipissing University won the match. Cambrian and Seneca, who met each other during round-robin play, both won their semi-final games and faced each other again in the gold medal match.

The Scouts won the gold medal

and provincial title in four games, 15-9, 12-15, 15-13 and 15-9. Scout power Ariana Greer was named player-of-the-game for Seneca, tournament MVP and nominated to the OCAA All Star team. Greer racked up 33 kills in the game. Cambrian power Cassandra Gagnon was voted player of the game for the Golden Shield.

"It was really tough competition. The top four teams were all fairly close coming in and when OCs came, anyone could have taken it and that's exactly what happened. The fourth place team won," said Davis.

Coach Hood said Seneca just didn't make the mistakes the other teams did.

"Seneca has the team with the most consistency. They wore everybody down because they are so consistent," said Hood. "They don't make mistakes. The other teams were making mistakes and Seneca would capitalize on them. Seneca is a very good team but they did a lot of their winning on unforced errors made by other teams."

## Change needed

He said he thinks the set-up of the tournament needs to be changed.

"I think it's a travesty what's happening. You win the league championship and there's no advantage to winning. As long as you place in the top six it doesn't matter," said Hood, adding that the league should structure the volleyball tournament much like basketball playoffs, where the first and second place teams would get a bye into the medal rounds automatically. The third, fourth, fifth and sixth place teams would then play off for the other two positions with one match on one day and another match the next day.

"The people I feel the worst for is St. Clair because they didn't finish and get out of here until twelve o'clock (Friday) night and they had to play the first match (Saturday) morning. That's ridiculous to ask athletes to do that," said Hood.



PHOTO BY MATTHEW BLACKETT

Fifth place Seneca won the OCAA Championship tournament held at Humber last weekend, beating Cambrian 3-1.



PHOTO BY MATTHEW BLACKETT

Courtney Strong (bottom left), Joan Walters (12) and teammates try, to no avail, to dig the ball in the match against Seneca. Humber lost 3-2 to the eventual champions.

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# 1995/96 Women's Basketball team

Their OCAA Championships are at Humber College March 1 and 2

Compiled by Joe Mercer

**Karine Croteau**

Position: Guard  
 Number: 12  
 Year: 1  
 Program: ESL  
 Hometown: Quebec  
 Strength: Defence  
 Weakness: Decision making  
 Nickname: Ju-vie



**Lisa Hogan**

Position: Guard  
 Number: 14  
 Year: 1  
 Program: Radio Broadcasting  
 Hometown: Mississauga  
 Strength: Driving to the basket  
 Weakness: Decision making  
 Nickname: Noodles



**Kim Poulin**

Position: Guard  
 Number: 20  
 Year: 2  
 Program: ECE  
 Hometown: Kitchener  
 Strength: Defence  
 Weakness: Shooting  
 Nickname: Chewbacca



**Minnie**

Position: Forward  
 Number: 11  
 Year: 1  
 Program: Marketing  
 Hometown: Waterloo  
 Strength: Determination  
 Weakness: Bitching  
 Nickname: Tits



**Shane Ross**

Position: Post  
 Number: 32  
 Year: 1  
 Program: Advertising Graphic Design  
 Hometown: Chattman  
 Strength: Offence  
 Weakness: Caps  
 Nickname: Ear Ache



**Corrine Smith**

Position: Forward  
 Number: 33  
 Year: 2  
 Program: Nursing  
 Hometown: Toronto  
 Strength: Defence  
 Weakness: Busy feet  
 Nickname: Iron back-side



**Janetta Paris**

Position: Forward  
 Number: 40  
 Year: 2  
 Program: Business Management  
 Hometown: Malton  
 Strength: Leadership  
 Weakness: Temper  
 Nickname: Dr. Fear



**Heather Curran**

Position: Post  
 Number: 41  
 Year: 2  
 Program: Recreation Leadership  
 Hometown: Cambridge  
 Strength: Offence  
 Weakness: 3-point shooting  
 Nickname: Stumbles



**Chrissy Weber**

Position: Guard  
 Number: 42  
 Year: 3  
 Program: Business  
 Hometown: Waterloo  
 Strength: Passing  
 Weakness: Men's volleyball team  
 Nickname: Steamed fish



**Tina D'Antonio**

Position: Post  
 Number: 43  
 Year: 2  
 Program: Business  
 Hometown: Toronto  
 Strength: Rebounding  
 Weakness: Ball handling  
 Nickname: Tiny



**Ayodele Bygrave**

Position: Post  
 Number: 44  
 Year: 1  
 Program: Business Management  
 Strength: Blocking shots  
 Weakness: Shooting  
 Nickname: Dele



**Tina Jones**

Position: Forward  
 Number: 51  
 Year: 1  
 Program: Civil Engineering  
 Hometown: Grand Prairie, Alberta  
 Strength: Posting up  
 Weakness: Using left hand  
 Nickname: Nose bleed





# 1995/96 Men's Basketball team

Their OCAA Championships are on March 1 and 2 at Seneca

Compiled by Eric Smith



## Warrick Manners

Year: 3      Number: 32      Height: 6'1"

**What the coach says:** "He's done a nice job (at the point) for us. In many ways, he's been a great success story. Here's a nice guy that's played so many different positions in the past - none of them at the point. I think he's got the capability of doing it, but it's not going to be easy."



## Scott Armstrong

Year: 1      Number: 33      Height: 6'7"

**What the coach says:** "For a rookie, I'm pleased with his play this year. Some days he does a hell of a job, other days he kind of disappears. We're all going to have to play well - but he's got to rebound and score inside."



## O'Neil Marshall

Year: 1      Number: 34      Height: 6'2"

**What the coach says:** "A versatile, all-around player. I'd like to see him try to look to score more. He's been hurt a lot, but he's healthy now, and he gives us minutes at three spots: forward, 2 and 3."



## Jason Daley

Year: 3      Number: 00      Height: 6'1"

**What the coach says:** "When he's good, we're good. As he goes, so do we. If he plays well, I like our chances. He's got to play well if we're going to be successful. That's putting some pressure on him, but I think he realizes that."



## Mark Croft

Year: 4      Number: 40      Height: 6'4"

**What the coach says:** "He's a very significant player for us in play-offs. He's a fourth year player, so we're counting on him to lead us with his talent and experience."



## Patrick Nelson

Year: 1      Number: 11      Height: 5'11"

**What the coach says:** "He's got to come in and play some solid back-up minutes at the point. He has a role and hopefully he'll fulfill it. He knows he's going to play. Every team needs that kind of contribution from the bench - he's one of those guys in a very crucial position."



## Kevin Shand

Year: 2      Number: 42      Height: 6'10"

**What the coach says:** "He knows he's coming off the bench, and when he plays well - he plays a lot. He's got to prove that he can defensively stop his man, rebound, and not turn it over. If he can, he could really help us. That's a wait-and-see situation. Hopefully he's ready."



## Adrian Clarke

Year: 1      Number: 23      Height: 6'3"

**What the coach says:** "He's going to be coming off the bench. Lately, he's been scoring points. He's got to equally defend, but we need his scoring punch, especially inside. He's a nice surprise. I hope he can continue it."



## Stephen Nelson

Year: 3      Number: 54      Height: 6'3"

**What the coach says:** "He's rebounded pretty well on the offensive boards, and he's good in transition. Again, here's a guy who's played back-up roles in his first two years here, and now he's starting. He's had a great year. He's going to be carrying the load a lot, in a lot of cases."



## Al St. Louis

Year: 1      Number: 31      Height: 6'

**What the coach says:** "He's important to us, and if he plays well, he gives us a tremendous punch - a lift from the bench. Al's minutes are important. We expect a solid contribution from him."

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## Wayne Fairclough

Year: 1      Number: 55      Height: 6'5"

**What the coach says:** "He's improved a lot throughout the year. I don't know how much he'll play, but he's always ready when we call upon him. He's certainly a part of the future of this program."

# Getting the appetite for the national title

by Eric Smith

The national championship got one step closer last Wednesday, as Humber's men's basketball team took their show on the road for their final game of the regular season.

But the Hawks were lucky to escape the Fanshawe College Falcons with a 67-55 victory, as they squandered a 20-point lead late in the second half to a determined Falcon squad.

"I'm happy with the win, obviously, but I didn't think we played as well as we could have," said head coach Mike Katz. "There was some coasting a little bit - maybe thinking we had the game won. I wasn't happy with that."

Rebounding was the story of the first half, as Humber out-hustled and out-jumped the hometown Falcons. Led by defensive specialist Stephen Nelson, and the offensive touch of rookie Adrian Clarke, Humber was ahead at the break 36-23.

"We had most of the rebounds throughout the game," said Nelson. "But it's pretty

tough playing those bigger guys at my size. Their guy is 6'6" and I'm only 6'2", so it's hard to box them out."

Entering the final 20 minutes, the Hawks went on an 11-2 run that should have put the Falcons away for good. But Fanshawe went on a run of their own, storming back to trail Humber by only five points with three minutes remaining.

"I think we had chances to put them away, but we let them back in" said Katz. "I wasn't happy with our decision-making in the end of the game, and I think we're going to have to get better at it."

"I didn't think we were playing as well as the score was indicating - somehow I had that feeling. But we got it up enough that their run didn't cost us the game."

Nelson said turnovers and sloppy play were the main reasons for the Hawks' near-fatal nose-dive in the closing minutes.

"I was surprised by their run," he said. "We'd normally hold our lead late in a game. And all of a sudden, tonight, everybody was just doing what they wanted to.

That's the reason (Fanshawe) came back."

Forward Mark Croft led the Hawks with 15 points, while Nelson and Clarke reached double figures with 13 and 11 points respectively.

With the win, Humber finishes the regular season atop the West Division with a

15-1 record. Ranked second in the country, the Hawks are preparing for this weekend's showdown with the best teams in the province at the OCAA championships.

"I'm pleased after the regular season," said Katz. "Finishing first while losing only one game - that's pretty damn good."



PHOTOS BY JOE MERCER

Stephen Nelson tries a jump shot while Warrick Manners attempts a layup.

## Women's basketball loses twice but still on road to OCAA finals

by Joe Mercer

The women's basketball team's quest for an undefeated record came to an abrupt end with two heartbreaking losses - to Seneca by three points and Fanshawe by one.

The Hawks faced off against Seneca on Feb. 16, for sole possession of first place in their division.

When they met earlier in the year, Humber put their undefeated record up against Seneca's undefeated record, and won by six points.

This meant Seneca had to beat Humber by more than six points to be in first place.

Humber head coach Jim Henderson was excited about the atmosphere surrounding the Seneca game. "I love this," he said before the game. "This is where you find out who's going to step up their play and who's afraid. It's interesting to see."

Humber was very loose before the game, joking around, and dancing to the music blaring on the sound system, while Seneca appeared more sedate.

"We have to play good defense," Denise Perrier said before the game. "We've been stressing defence for the past week."

And defence was the story in the Seneca game. Both teams have quick guards that wreak havoc on ball handling, causing numerous turnovers and sloppy play at times.

The lead bounced back and forth between the Scouts and the Hawks before the half. Humber led by four points going into the second half.

Several sloppy possessions by Humber allowed Seneca to crawl back into the game and take the lead, pulling ahead by 10 points with nine minutes remaining in the game.

Humber wasn't able to overcome the 10-point deficit, losing 65-62.

They still rejoiced at the end of the game, knowing that half the battle involved in finishing first was already won. Ayodele Bygrave led the team with 22 points, Heather Curran had 12 points and Kim Poulin finished with 11 points.

The second half of the battle came on Wednesday.

Humber was in control of their own destiny. If they were able to beat Fanshawe, the third-place team in their division, they would finish first; if they lost, Seneca would have that privilege.

It took overtime to decide Humber's fate, as they were surprised 53-52 on Fanshawe's home court.

"We're not used to playing the close game," Henderson said. "We've only had two close league games all year - we're not used to losing."

Humber went over 43 minutes without holding the lead once, until Bygrave was fouled going to the hoop, with the score tied 51-51. She hit one of the two shots from the charity stripe, putting Humber ahead 52-51.

Both teams played unbelievable defence for the next minute, with neither team getting a clean look at the basket. With 4.8 seconds remaining, Fanshawe hit a jump shot to pull ahead 53-52.

Humber had one last chance to score, but the shot was off and the rebound went to Fanshawe.

Bygrave led Humber with 19 points and seven blocked shots. The Weber twins each had six points in the loss.

What does this mean for Humber?

They finish second in the division, but still get a bye in the first round of the Ontario championships.

They will face Fanshawe again on Friday, March 1.

"We have to come back twice as hard," Curran said after the game. "We've beaten them by 26 (points) before, and we'll beat them again."

Henderson admits the road to

the National Championship will indeed be tougher now, but still feels his team has the upper hand.

"When we win the Ontario's next week - and we will win," Henderson said.

"It will have been tough, it will have been demanding, and we'll feel really good about it."

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Ayodele Bygrave tries a jump shot over the Fanshawe opponent.



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## The way I see it...

### ...the '96 Humber men's basketball team

by **Eric Smith**

Two new coaches, six new players, and a losing pre-season. That's what Humber's men's basketball team had to deal with heading into the 1995-96 regular season. It looked pretty dismal.

Gone were former mega-stars, O'Neil Henry and Steve McGregor. Gone was long-time assistant coach Rick Dilena. And gone was any hope of the team repeating as national champions.

At least I thought so. After all, half of the players on this team were rookies, and the starting line-up had been completely restructured. This appeared to be a team without an identity - and without hope.

But the Hawks are definitely proving me wrong.

After their 12-point victory over the Fanshawe Falcons last week, the Hawks record jumped to 15-1 atop the West Division.

Ranked second in Canada, with the best record in the province, Humber is rolling over the competition at a torrid pace.

"I'm pleased with the regular season," said head coach Mike Katz.

"Finishing first while losing only one game - that's pretty damn good."

Led by All-Star forward Jason Daley, and his 16 points per game, the Hawks are destroying their opponents by an average of

close to 27 points. Though the team's lack of aggressiveness on defence is often criticized by the coaching staff, it's hard to knock a group of 11 men who score 90 to 100 points on a regular basis.

But perhaps the biggest surprise of this wonderful season is the fact they've amassed this terrific record in the face of constant adversity.

Throughout this season, the Hawks have seen players come and go.

Before the season began, veteran forward Mark Croft was placed on academic suspension by the college. But he returned in January to help the team win the biggest game of the season over their arch-rivals, the Sheridan Bruins.

Though Croft's comeback was an obvious lift for the defending champions, his '96 debut was overshadowed by the departure of three-point specialist Everton Webb - last year's winner of the Most Improved Player award.

Of course, Webb's scoring punch has been missed, but the newly-discovered depth of Humber's bench has lessened the blow of his absence.

"Everyone on this team can score," said assistant coach Tony McNeil. "How many teams in the nation do you know that can go (11) men deep?"

With the regular season now complete, Humber looks to be in that same championship form which has earned the college four of the last five national championships.

Rookie centre Scott Armstrong is proving he can battle with the best of the big boys in the league.

Speedy point guard Warrick Manners has been inserted into the starting line-up and newcomers like Al St. Louis and Adrian Clarke are showing that the team's future is just as bright as the present.

The coaching staff has made all the right moves, at just the right time, and the players are now accepting their roles on the team.

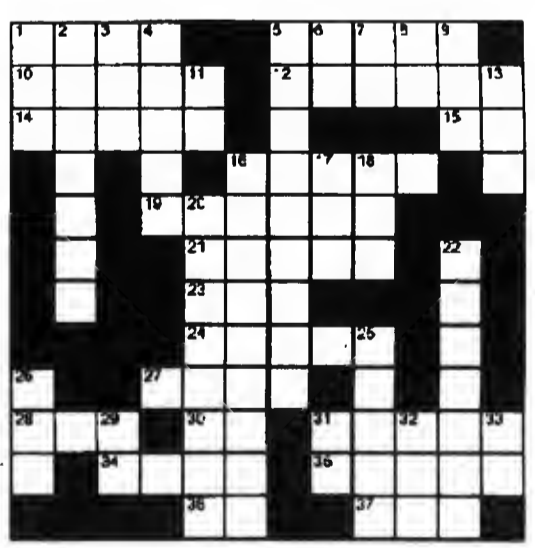
Barring a major upset, Humber is an obvious favorite for this weekend's provincials at Seneca College. And if things go as planned, they'll be equally favored at next weekend's nationals in Montreal. But a championship season in 1996 would be unlike any other.

Humber teams in the past, as talented as they were, may have relied too heavily on the abilities of only a few players.

This year's Hawks have won as a team, lost as a team, and will soar to new heights ... as a team.

And I'll be the first to shake their hands.

# Crossword Puzzle



### Across

- 1. AKA insects (4)
- 5. Kermit's girlfriend is Miss ... (5)
- 10. The ... circle (5)
- 12. Positive electrodes (6)
- 14. Disagreeable person (5)
- 15. Section Editor (abbr.)(2)
- 16. Chamber of the heart (5)
- 19. A hero's escape is usually this (6)

- 21. To lessen or diminish (5)
- 23. Ontario museum (abbr.) (3)
- 24. Without moisture (5)
- 27. With, in French
- 28. British for cigarette (3)
- 30. Throw to or .. (2)
- 31. Crest (5)
- 34. U.S. variation of through (3)
- 35. Friends, in French (5)
- 36. Kilometres (abbr.)(2)
- 37. To augment (3)

### Down

- 1. Not little (3)
- 2. Naked (7)
- 3. Gary in The Great Space Coaster (3)
- 4. Male reproductive fluid (5)
- 5. Wide angled view (9)
- 6. Not out (2)
- 7. "... West" (song) (2)
- 8. Granddaughter (abbr.) (2)
- 9. Positive (3)
- 11. ...M (Toronto night club)
- 13. By the ... shore (3)
- 16. Like an atrium (9)
- 17. To go bad (3)

- 18. How tweety says three (3)
- 20. Ant eater (8)
- 22. Supposed (7)
- 25. NYPD Blue is a night time ... (5)
- 26. Rear thrusters (3)
- 29. .. Snowracer (2)
- 31. Bachelor of Arts (abbr.) (2)
- 32. Done (3)
- 33. Top of the line code for Chrysler vehicle (2)

### Last Week's Answers





# ETC ...

## HOT OFF THE WIRE ...

### Naked-truck stuck

(AP) Police got the bare facts when they showed up to help people in a sport utility vehicle stuck in some mud in Michigan. Four naked teenagers were found stuck on Interstate 75 near Flat Rock. Sergeant Duane Avery said the teenagers had gone for a ride in the buff on a lark, never imagining they'd get stuck. A state trooper gave the kids blankets and brought them back to the station. A wrecker was called to get the truck out of the muck. Troopers got clothes for the kids at a thrift shop and then sent them home. The four also got misdemeanor tickets for indecent exposure.

### Lifesaving wallet

(AP) A wallet was worth more than its contents to a Texan man - it saved his life. Carl Blaylock says two men burst into his home in Tyler, demanding money. They escaped with a small amount of cash. As they left, one of the men fired his gun. But the bullet struck Blaylock's wallet, which was left in his shirt pocket. The .45-calibre bullet apparently ricocheted off the wallet and lodged in the arm of a chair. Blaylock said, "I guess it just wasn't my time to go." The robbers remain at large.

### Clogged dog

(AP) Getting a cat out of a tree is one thing - rescuing a dog from a sink posed a new kind of challenge for firefighters in Jefferson, Missouri. A three-month-old German shepherd-mix apparently got stuck after chasing a play toy behind an old cast-iron kitchen sink. After poking his head inside the 15 centimetre drain, he couldn't get it out. Neither could his owner. So he brought the puppy, named George, and the sink to the fire station. Rescuers tried cutting George out with a hacksaw, but the blades broke. Soap and grease couldn't pry out his head because it had swelled. Finally, they used a circular saw to cut the sink, and the jaws of life to rip it apart. When the five-hour ordeal ended, the freed puppy promptly took a nap.

## PICK-A-FLICK



**Can you name the movie this clip is from?**  
 The first person to come to the Newsroom (L231) on Monday, March 11 with the correct answer will win a prize. The prize is exciting, fun, and unbelievable. So come on up and get it!  
 Last week's winner: stumped you. You're not as good as we thought.  
 Answer: Shining Through

## CALENDAR • calendar • CALENDAR • calendar • CALENDAR • calendar

Thursday February 29 LEAP YEAR	Friday March 1	Saturday March 2	Sunday March 3	Monday March 4	Tuesday March 5	Wednesday March 6
	12 noon SAC Executive Nominations close All candidates meeting at 4 p.m. in SAC office	Humber hosts OCAA Men's basketball championships				
8 p.m. Beach Party Pub Caps \$3 with Humber I.D.	Humber hosts OCAA Men's basketball championships					

**SPRING  
BREAK**

## HELP US FILL OUR CALENDAR

Let us know what's going on. Phone us with your club, sports, arts, academic and other event info. Ask for editors Deborah Rowe or Chris Fell in L231(North campus) 675-6622 ext. 4514/4513