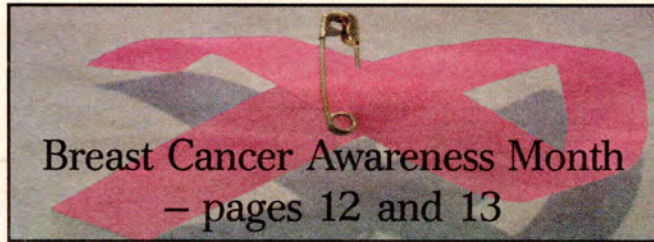




Election Coverage – pages 4 and 5



Breast Cancer Awareness Month – pages 12 and 13



The Stills – page 16

HUMBER ETCETERA

Thursday, October 2, 2008

www.humberetc.com

Vol. 40 No. 2



Rugby Hawks look to defend title

Captain Mark
Falkinson gets a
boost in Humber's
home opener
– pg. 18

Jennifer Gordon



Operation: First Contact

Wireless and telecommunication students prepare to make radio contact with the International Space Station – pg. 8

Kevin Luong, Patrick Neelin, and Paul Je, from left to right, ready their antenna on the roof of the N building

David Lipson

Founder of Playboy magazine Hugh Hefner is being advised to get rid of some Playboy bunnies or risk going bankrupt in this time of economical crisis. — *telegraph.co.uk*

Applied tech school concerned about possible college of trades

Shortfall of skilled trade workers sparks ministry plan

Jen Korson
NEWS REPORTER

The Ministry of Training, Colleges and Universities plans to introduce legislation outlining a new college of trades in the spring that has some people worried about their own programs.

Humber's plumbing apprenticeship program coordinator Richard Snowdon, is not happy with the possibility of a new college.

"Any dilute of the pie won't help us," he said.

However, carpenter Brent Hoffman apprenticed at two colleges, Centennial and George Brown. Since one school failed to offer all of his programs, Hoffman was forced to travel between the two

campuses.

"If everything is in one school, the better. It'd be easier, instead of switching schools," Hoffman said.

According to Snowdon, there are shortages of workers in the skilled trade industry, especially with many reaching retirement. He said he would rather see the government invest in existing, established places. "They could solve the shortage by

"If everything is in one school, the better. It'd be easier, instead of switching schools."

—Brent Hoffman
Carpenter

allowing us more classes," he said. "We're doing a pretty good job and we have a current shop that reflects current installation trends in the industry."

This year Humber hired two full-time teachers to join their appren-

ticeship team.

"Humber's making a commitment to apprenticeship," said Snowdon.

With a new college of trades, those in the skilled-trade industry would be recognized on the same level as doctors, teachers and nurses who have schools dedicated to their profession, according to the ministry.

For Snowdon, the industry is already professional without the college.

"People pay for our professional opinion of a job and our professional application to do the work," he said. "They have to call for our expertise."

Craig Crowe, a second-term student apprenticing in plumbing said there are people who view those in trades as inferior.

"People think trades people are uneducated," he said.

For Crowe, promoting the new college could be positive for Humber.

"It would draw more people in the field if the money is here and if people want to get their hands dirty."



Jen Korson

A plumbing apprentice gets hands on in Humber's welding shop.

Onebottles making plastic obsolete

Harrison Trippe
NEWS REPORTER

Humber's Student Federation has teamed up with a Toronto-based company to offer a more environmentally friendly water bottle.

The goal of the new stainless steel bottle is to reduce the amount of plastic that ends up in landfill sites which can take up to a thousand years to disintegrate.

"In Ontario alone, there were 2.1 billion water bottles purchased last year and of that only 40 per cent were recycled," said Gary Joyner, president of Onebottle, the makers of Humber's new water bottles.

The biggest challenge in convincing students to switch is the convenience of plastic. Students feel it is easier to buy plastic bottled water from vending machines rather than invest in a re-usable water bottle.

"I'm a fitness student so I always need water, but it's easier just to get a bottle of water," said Chloe-Marie Brown, a first-year fitness and health student. "I also tend to lose things, so it's better for me just to be able to throw it out."

HSF introduced the new bottles at the beginning of the year because of their health benefits and positive impact on the environment. According to its website, Onebottles are made with a high grade non-toxic and non-leaching stainless steel, which has zero nickel content to keep the water clean.

One problem students have with

the stainless steel bottles is that they feel bottled water is healthier than water from fountains or taps.

"A lot of people think that fountain water isn't clean," said Amanda Connolly, vice-president of administration for HSF at North Campus. "However, Toronto has some of the cleanest water in Canada."

Although HSF has decided to par-

"Toronto has some of the cleanest water in Canada."

—Amanda Connolly
VP of administration for HSF

ticipate in Onebottles eco-challenge, there is still a lack of awareness from students. Connolly said she is pleased with the success of the new water bottles, but some students feel HSF needs to do more to promote them.

"I hadn't heard about it until today," said Herla Qyshkollori, first-year law clerk student. "I think they should give them away as prizes in contests to get students aware and then just go back and sell them."

Onebottle is an eco-friendly company that is partnered with businesses and schools all across Ontario and the GTA.

"We've gotten into a large number of companies, Telus and Citizens Bank for example," said Joyner. "Probably about two or three hundred large corporations have pur-

chased the bottles."

With every Onebottle sold, one dollar is donated to the World Wildlife Fund for conservation programs. For more information about the onebottle challenge, go to www.onebottle.ca.

Corrections

The poll results on page 2 of last week's *Et Cetera* were inaccurate.

On page 3 of the same issue, in the story *Doing the earth a favour*, the sentence "Orangeville also switched to Styrofoam..." should have read "Orangeville also switched from Styrofoam..."

On page 12, Tilly Okon's name was misspelled.

On page 13 in the story *Tuition covers more than meets the eye*, the HSF fee is \$146.34, not \$146.66. The fee also includes grad photos, food bank, games room, student employment, legal aid, support clubs, and associations. Sieu Moi, HSF services director, did not say this HSF fee could be surpassed if all students took part in the health plan.

The *Et Cetera* apologizes for these errors.

The 411

Local

A 29-year-old North Bay man was convicted of a "vicious assault" on his son. The boy had fractured his skull, ribs, arms, legs and other parts of his body as well as hemorrhaging in his head. The now 2-year-old boy lives with his grandparents.

National

So many people were ready to block telemarketers from calling them at home that the National Do Not Call line stalled in its first active day. Only about 200,000 people were able to get on the list before the number crashed. As of early Wednesday morning, the line was running normally.

International

A dentist in Germany is facing charges after he broke into a patient's home, tied her up and ripped out her dental bridges all because she had failed to pay her £320 bill.

After discovering evidence of cancer, a man who was supposed to be circumcised woke up with his penis amputated. He is now suing the doctors. — wtky.com

Dion plans to give \$1.2 billion to schools

Miguel Agawin
NEWS REPORTER

Liberal leader Stéphane Dion's recently unveiled plan for post-secondary education may not be enough for students to vote for his party.

"All politics are propaganda," said Chris Pappas, 20, a first-year health and fitness promotion student. "You can't trust the government but you've got to vote for somebody."

Melissa Baksh, 18, and Alex Hyatt, 21, said they don't keep up with politics, but both first-year pre-health science students said that except for the Green Party, the rest are "full of crap."

"They all talk and no one really does anything," said Hyatt. "There's no change."

According to the plan, the Liberals would introduce a total of 300,000 bursaries. It would also make every full-time student eligible for a \$5,000 loan regardless of parental income and claims rebates will be given out throughout the school year instead of at or near the end.

Holsee Sahid, Humber's financial aid manager, said "Whatever the government is doing to help students, I'm all for it."

However, she added, "Because it is

election time, you're going to get everyone promising all kinds of stuff."

Mike Poretti, first-year business administration student, said he'll probably vote for the Liberals because he is for supporting single-parent families and gay couples, something the Conservatives don't back.

"They all talk and no one really does anything."

—Alex Hyatt
student

Poretti said he doesn't really follow politics or know how politicians keep their promises but likes the idea of cutting down his school costs.

"If it saves me money, it's a good thing," he said.

Both Conservative and New Democrat Party candidates for Etobicoke-North talked about the rise of tuition under Liberal power in response to the new plan.

"The previous Liberal government cut \$25 billion in transfers, money to provinces, that was used to fund post-secondary education," said Bob Saroya, Conservative candidate for

Etobicoke-North.

Ali Naqvi, NDP candidate for Etobicoke-North said the rising cost of tuition is due to the cuts in federal funding. "Talking about tax credit is the honourable thing to do to accept the responsibility for creating this debt."

Glenn Bradburry, executive assistant with the member of Parliament in Pickering-Scarborough East, disagrees. He said the Liberals drafted the Registered Education Savings Plan bill which made contributions deductible, something the "Tories wouldn't go for."

"We need to put in place a system that will give young Canadians good paying jobs to look after that boom bust echo as the baby boom goes through," said Bradburry. "Who is going to pay for the workforce of the future if they can't get a good quality post-secondary education?"

Bradburry said the Canadian Federation of Students have studied that in four year's time, due to a steady increase, tuition for universities could reach as high as \$100,000.

This will result in universities becoming a place for only the rich, he said.

"Most people with some degree of experience in looking at how Canada has voted will come to an



Lacy Atalick

Stéphane Dion makes a campaign stop in St. Catharines days after announcing a \$1.2 billion post-secondary plan.

easy conclusion that either the Liberals or the Conservatives should win this election," said Bradburry.

"The NDP can promise you everything knowing they'd never have to deliver," said Bradburry. "If you want to have a protest vote, you are in your rights to do that, but when it comes to reality, it's either the Liberals or the Conservatives that are forming the government."

For students like Michael Green, a

first-year business administration student, the so-called infidelity of government has brought him to this.

"I just can't find someone to really believe in or someone who's telling the truth," said Green. "Why don't we try someone new?"

Green said he'll be voting for the Green Party, which is also offering to drop 50 per cent of a student's loan upon graduation.

Public safety BBQ brings award

Rose Ditaranto
NEWS REPORTER

For years the college has maintained a close relationship with the Toronto police force, including the addition of a new command centre at North Campus.

"We probably have the best relationship with an educational facility like Humber, than anywhere in the country," said 23 Div. Supt. Ron Taverner.

Last week, Humber President John Davies was given the Toronto Crime Stoppers school of the year award, presented at the public safety barbecue which was also a fundraiser for United Way.

At least one student feels safer with a noticeable police presence.

"Having the police here gives me a safe ambience that no one would bother to try anything," said Rosamaria Catalano a first-year



Rose Ditaranto

Toronto Police 23 Division's Ron Taverner presents Humber College with the Crime Stoppers school of the year award.

tourism and hospitality management student.

Crime Stoppers has been an active member in Humber's safety for years.

"Humber took a particular interest in the program and saw it as a necessary tool to provide information on crime and keep the school environment safe," said Det. Larry Straver, co-ordinator of the Toronto Crime Stoppers. "Out of all the schools in the city, Humber is the only one who comes back every year."

Both Straver and Gary Jeynes, head of Humber's public safety, said Crime Stoppers is the perfect opportunity for students to provide police with information and stay completely anonymous.

Toronto Police have "an unbelievably great relationship with

Humber; we have for a number of years. We have an office here in Humber, we communicate with Humber on a daily basis about issues," said Taverner.

"I think Humber is a very safe school to go to, if it wasn't, I wouldn't consider going here," said Shaylene MacArthur, a first-year hospitality management student.

Students are encouraged to report any suspicious behaviour or persons to the public safety office located in room D153A or to Jeynes. Students can visit Humber's official public safety website at www.publicsafety.humber.ca for security alert updates and on-campus safety measures.

Job fair specializes in youth employment

Community Connections set to begin Oct. 17

Jessie Coletti-Greco
NEWS REPORTER

Several employment support services in Etobicoke have come together to help coordinate a Community Connections career and job fair on Oct. 17.

"This is great for anyone who is looking for work," said Jenny Hickman, project assistant of the Community Outreach and Workforce Development Department at Humber.

"It's just such a good way to meet the employer face-to-face and hand each of them your resume."

This is the sixth job fair the Community Connections team has successfully organized. Employers include Starbucks, Holiday Inn, Sunlife Financial, Paragon Security and the Toronto Fire Services.

"It is good that they have a wide variety and aren't focusing on one type of job, so that there is something that will interest everyone," said Roberto DiCerbo, 22, a fourth-year business management student.

Interview rooms will be set up for employers who feel they have a potential candidate for the position, making the process that much more convenient for all involved.

"It's so beneficial because you're more than just a resume, you're more than a piece of paper, suddenly there is a face that goes with it," Hickman said.

"It's just such a good way to meet the employer face-to-face..."

—Jenny Hickman
project assistant

"You've built a bit of rapport over the few minutes of talking."

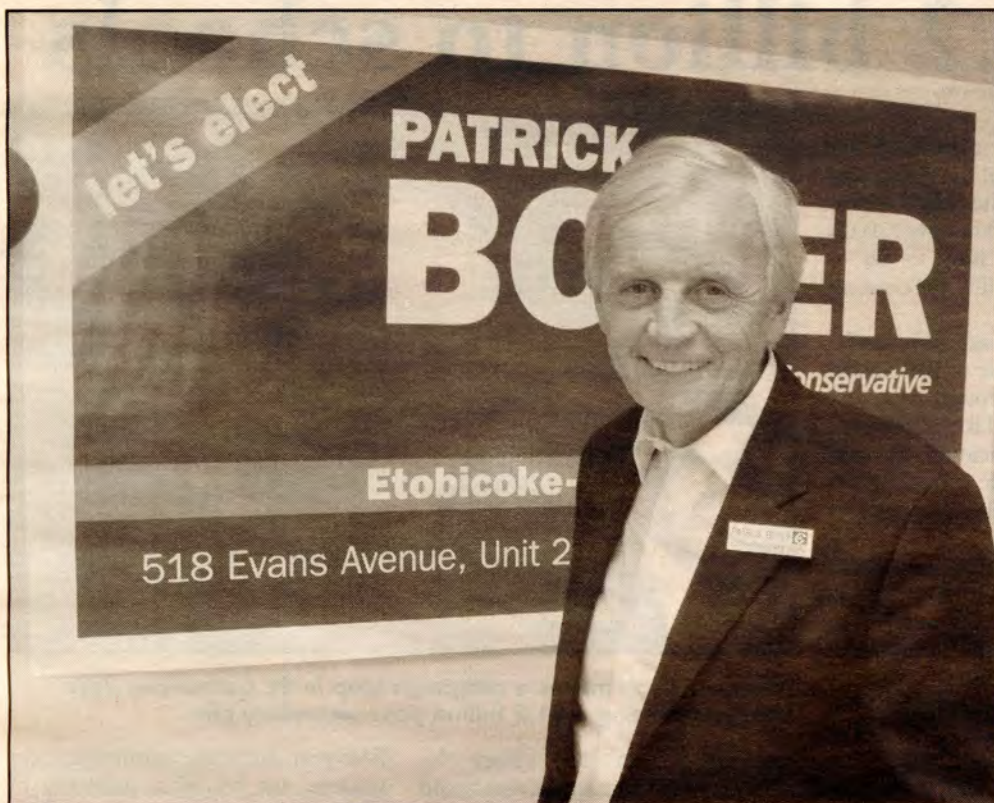
Samantha Roy, 21, a general arts and science student said it would be impossible for anyone to not benefit from this opportunity.

"Even though I do have a job now, maybe I could find something else that I didn't think about before that could further my career," she said.

Hickman is eager to promote the event and admits that even if just a couple of people get employed, it will still be a success to her.

Federal Election '08

New airport security technology is being put in place at U.S. borders. The system named Malintent can detect hostile intentions by reading minds. —telegraph.co.uk



All photos by David Lidstone

Conservative candidate Patrick Boyer left, and Liberal candidate Michael Ignatieff are facing off for the top spot in the upcoming federal election taking place on Oct. 14.

Battle of the brains hits Etobicoke-Lakeshore

David Lidstone
NEWS REPORTER

A star Liberal candidate is battling to keep his seat in the face of a determined effort by a former Mulroney-era Tory MP hoping to gain his old seat back.

The Etobicoke-Lakeshore riding is looking to be an interesting race.

Liberal incumbent Michael Ignatieff is an author, former journalist and broadcaster and has taught at many universities, including Harvard, Oxford and Cambridge. He was elected in 2006 and took over for the retiring Jean Augustine, winning with approximately 44 per cent of the vote.

In December 2006, he ran for the Liberal leadership and lost to Stéphane Dion in the final ballot.

Although he is a prominent member of the Liberal Party, Ignatieff, 61, said the majority of

his time during the election is spent campaigning in his own riding.

"I'm first and foremost a constituency MP," Ignatieff said. "I've got 80, 90,000 voters in this riding and I have 36 days to meet them. It's a big job. Eighty-five per cent of my time is in the riding."

Conservative candidate Patrick Boyer held the position of MP for the Etobicoke-Lakeshore riding between 1984 and 1993 and has returned to try and reclaim it.

Boyer, a former journalist and lawyer, has written several books and has taught at The University of Toronto, Wilfrid Laurier University and the University of Guelph.

"I live in this riding, and I know the people here," said Boyer, 63. "I'm a guy who's really connected to the people of this area. What we need is strong voice in Parliament to represent the people here, and define and defend our issues."

Dave Corail, the Green Party candidate for the riding. Corail was a former Liberal supporter prior to becoming involved with the Green Party.

"They weren't changing with the times," Corail said. "A vote for the Green Party is a message to Ottawa that the environment is a major issue on Canadian minds."

Also in the riding, Liam McHugh-Russell will be running as the NDP candidate for the second time. He was unavailable for comment by press time.

According to the 2006 census, the riding has a population of roughly 115,000. It is mainly working class and has an immigrant population of approximately 40 per cent.

In the past the riding has been represented by the Progressive Conservative Party and the NDP, but has elected a Liberal candidate since 1993.



Courtesy

Lakeshore campus sits on Lake Ontario.

Tory territory keeps tuition at top of election concerns

David Lipson
NEWS REPORTER

Dufferin-Caledon has been a Conservative stronghold held by David Tilson since 2004. The incumbent is a former Orangeville lawyer and town councillor.

He served as government caucus chair after becoming a MPP in 1990.

Tilson was chair of the legislative committee on Bill C-2 (the federal accountability act) following the 2006 election.

He was unavailable for comment regarding his platform.

Rebecca Finch, 33, is a first time Liberal candidate from Kitchener, Ont.

She said the Liberals are a centrist party that is able to understand both sides of the political spectrum.

She is president of multimedia at Squint Studios in Toronto, a company specializing in DVD design and authoring.

Finch is also editor-at-large of the online political magazine *The Metaball*.

She wants to address the doctor shortage in the region.

"Health care is an issue no one is talking about in Ottawa," she said.

Finch, a graduate of Carleton University and Sheridan College, is concerned about the cost of post-secondary education.

"After four years of university, a student should not come out \$30,000 in debt," she said. "There is no reason a student should have to pay thousands of dollars to further their education."

Jason Bissett, 39, is an industrial equipment salesman and first-time NDP candidate.

Bissett wants to see foreign doctor accreditation improved to address a medical personnel shortage.

He will look at lowering or freezing tuition fees.

Bissett looks at his brother's debt when it comes to tuition fees.

"My brother, for example, after four years of university in Guelph, he was almost \$50,000 — that's no way to start a life," he said.

Ard Van Leeuwen is running for the Green

Party because he said he feels that Canadian politicians' economic and environmental policies are outdated.

He has a business background and is founder and principal of the New Toronto Group, a software services provider.

He said the environment and economy have become vulnerable due to Canada's dependence on oil.

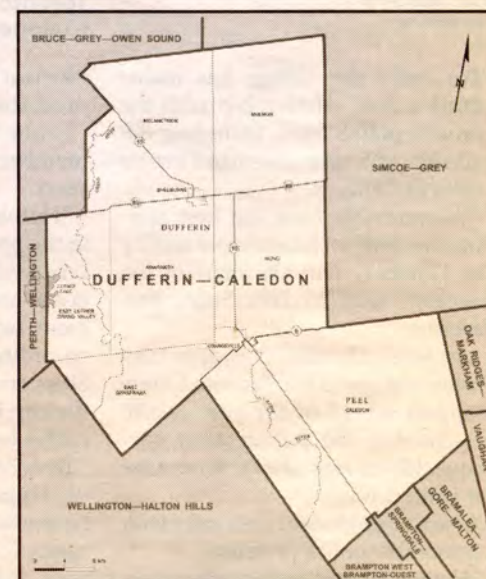
Leeuwen said he would forgive students' debt by 50 per cent upon successful graduation.

"There are still, though, many places where students fall between the cracks," he said. "Because they cannot afford the kind of fees they need to pay for post-secondary education and we need to take care of those special situations to make sure that there is much more grant and bursary money available for those individuals."

Dufferin-Caledon has a population of 111,490, according to the 2006 Statistics Canada Census.

The average family income in the region in 2005 was \$82,363.

— with files from Vanessa Federico



Courtesy

Humber's newest campus in Orangeville resides in the riding of Dufferin-Caledon.

A Washington man has pleaded guilty to 13 counts of impersonating an officer. The man convinced police that he was a Federal drug officer. — *shortnews.com*

Liberal stronghold not set in stone

Keith Roberts
NEWS REPORTER

Etobicoke-North has been a Liberal riding for 24 years, but that could change Oct. 14.

Incumbent Liberal candidate, Kirsty Duncan, who has a doctorate of philosophy in Medical Geography, was appointed by party leader Stéphane Dion, after Roy Cullen, her predecessor, retired earlier this year.

Duncan, was a part of the team that, along with Al Gore was awarded 2008's Nobel Prize. She is a professor of Health Studies at the University of Toronto.

Duncan describes Etobicoke-North as a "microcosm of the world" due to its diverse population. She is running on what she calls her "three pillars," social justice, the economy and the environment.

Local businessman and Conservative candidate Bob Saroya has owned the restaurant Bollywood Masala at Finch and Hwy. 27 for the past four years. Saroya said he spends seven days a week and 17 hours a day working in the riding and that his experience working "12-hour shifts" for minimum wage when he first came to Canada in 1975 puts him in touch with the community.

Saroya said his main issues are law and order, the environment, taxes and immigration.

Saroya also said that during the Conservatives' two years in power they have invested \$2.4 billion in post-secondary education and for 2008-2009 that number will jump to \$3.2 billion.

NDP candidate, Ali Naqvi is a lawyer who specializes in immigration issues. Naqvi said he does four hours of pro bono work each day.

He is a member of the Community Organizing for Responsible Development, which wants to make sure jobs are created by the new Woodbine Live development project go to people who live in the area.

"We want the government of Canada, if it wishes to remain in the business of financing students, not to make a profit on it," said Naqvi.

He said he wants the interest on student loans lowered and that loans should be stabilized.

Naqvi's brother, Yasir, is the Liberal MPP for the riding of Ottawa-Centre.

Green Party candidate, Nigel Barriffe is a Grade 3 teacher at Greenholme Junior Middle School, and was born and raised in Rexdale.

Part of his platform is to "forgive 50 per cent" of all student debt. Barriffe said the debts students are finishing school with are "crushing" and "mortgage-sized" and he would like to end that.

"It's not just about making money," said Barriffe, "it is about what kind of future we're going to be creating."

Fifty per cent is a favourite number of the Green Party as it would also like to see Canada's current amount of carbon emissions to be reduced by that number by the year 2020.

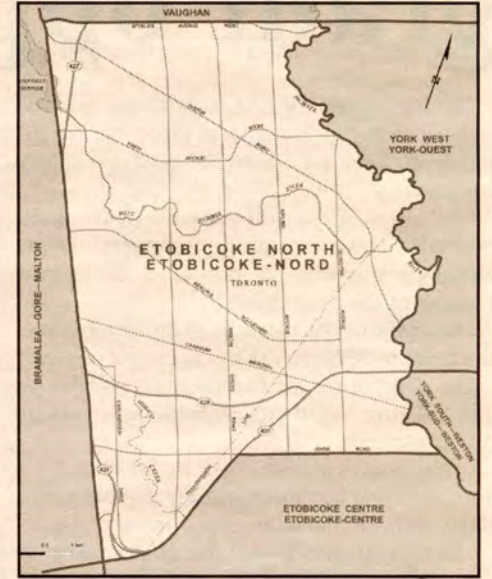
Barriffe said the Green Party intends to finance its goals by taxing large corporations and emissions producers.

North Campus lies in the federal riding of Etobicoke-North. Its voter base is 73 per cent of visible minorities, most of them South Asian or black, according to Statistics Canada.

Etobicoke-North's population dropped between 2001 and 2006 from just over 112,000 people to 108,500, according to the most recent census.

The Liberal Party has been the most predominant party in the riding. The last time another party took an election in Etobicoke-North was in 1984 when Bob Pennock of the Conservative Party represented the riding until 1988.

Liberal Roy MacLaren, until his resignation in 1996 and not including the years Pennock was in office, had represented the riding since 1979.



Courtesy

Etobicoke-North is home to Humber's North Campus. The population is made up of many different cultures and ethnic groups. Due to the extensive diversity in the area, there are a variety of issues that these four political hopefuls will have to address in order to woo voters on election day.

Etobicoke-North candidates face off

Keith Roberts
NEWS REPORTER

Liberal Etobicoke-North candidate Kirsty Duncan faced intense questioning from a college student at an all candidates meeting held at North campus.

Duncan drew heat from business administration student, Michael Green, who had pressed her on the cost of education. When another student questioned her about when the funds would become available for a \$5,000 grant, which the Liberals had promised her response was, "You have to elect the Liberals." "You have to?" shouted Green, "You have to?"

He then stormed out. Green, who made a point to say he would be voting for the Green party, in his first address to Duncan, returned at the end of the night.

"In Canada you have freedom of speech, you can say whatever you want, so that's what I'm going to do," he said. "If someone tells me to be quiet or that I can't say that, then that's an unpatriotic thing to do."

The meeting, held in the dining hall of the R building was also marked by the absence of Conservative candidate Bob Saroya.

Harman Minhas, who identified himself as the "official agent for the campaign" of Bob Saroya, first said the Conservative candidate had a "prior engagement" but later in the night said Saroya was "canvassing in the community" and could not

attend last Wednesday's all-candidates meeting.

Later, when reached for comment on his absence, Saroya would only say the invitation came too late and he had a prior commitment.

Duncan said the previous night's all-candidates meeting had not gone well for Saroya and accused the Conservative of not having the "courage" to show up.

Green Party's Nigel Barriffe reached out to students saying if elected, his party would forgive 50 per cent of all student loans.

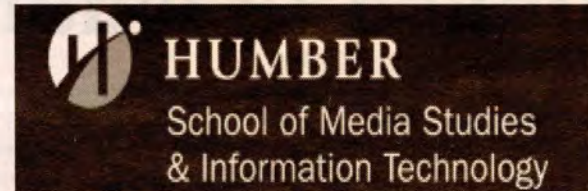
He added his party would end the war in Afghanistan and reduce Canada's greenhouse emissions by 2020.

Ali Naqvi, New Democratic Party, accused Paul Martin's Liberal Minority government of having an opportunity to end Canada's involvement in Afghanistan but said they were "hand-in-glove" with the Conservatives in extending the mission.

He added, "The proudest moment as a Canadian, in my life, was when the Liberal Prime Minister Jean Chrétien stood up in the House of Commons and said, 'We will not join occupying forces in Iraq.'"

Naqvi praised the democratic system and implored people to "get involved."

He drew laughs from the crowd when he said, "You want to vote Green, wonderful. You want to vote Liberal, marvelous. You want to vote New Democrat - logical."



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EDITORIAL

People do not seem to realize that their opinion of the world is also a confession of character. – U.S. author and philosopher Ralph Waldo Emerson

All students need grant opportunity

The new textbook and technology grant is only a small step in the right direction toward financial help for Ontario's post-secondary students.

The grant gives full-time students \$150 towards textbook and computer costs, although students do not need to submit receipts of their purchases.

The government plans to gradually increase the grant to \$300 over the next couple of years. The application for the grant is available to all full-time students regardless of their financial needs.

Students who receive OSAP in the 2008-2009 academic year are automatically eligible, while those without loans can apply online.

"Today's students will build tomorrow's knowledge economy, so we want to do everything we can to make sure students get the support they need to succeed," said John Milloy, Ontario's minister of training, colleges and universities, in a news release.

While a lot of students will no doubt welcome a \$150 cheque, the *Humber Et Cetera* asks the question of whether or not the amount will make a dent in the growing costs students face in financing their

post-secondary education.

Despite the good intentions of the government, this small grant does not mirror the actual costs of textbooks, computers, rising tuition and the general cost of living.

Also, a huge group of students are left out of the equation entirely as part-time students are not eligible.

Fifty-five thousand students attend Humber on a part-time basis as opposed to 19,000 full-time students.

The part-time student population often consists of single parents, or students working full-time jobs in order to pay for their education. They are just as affected, if not more so, by the cost of getting an education.

By failing to include part-time students in the textbook grant, Milloy and OSAP have ignored a significant amount of people who "will build tomorrow's knowledge economy."

This grant should be available to the entire student population. After all, part-time students are working towards a diploma or degree just like full-time students.

In the end, \$150 is a good start, although not an answer, to the financial difficulties all students face.

Canada and States too closely linked to ignore

As stock markets plummet and Canadian voters worry about their financial future, Prime Minister Stephen Harper has one message: the economy is sound, vote Conservative if you want to keep it that way. But in light of recent stock market activity and predictions for the future economy, this optimistic message seems garbled.

On Monday afternoon, the U.S House of Representatives defeated a bill for a \$700-billion bailout for Wall Street. It was an attempt to prevent more banks and investment firms from going under, as has been the case this past year.

After the bailout was rejected, stock markets around the world had a record-breaking bad day. The Toronto Stock Exchange, for example, dropped 841 points or 6.9 per cent on Sept. 29. Clearly any financial fall through in the states will affect Canada.

The TD Quarterly Economic Forecast released on Sept. 25 predicts the economic growth in Canada for 2008 will be a measly 0.7 per cent, and 2009 looks only slightly better at 1.2 per cent. The report said this is due to

the possibility of a mild global recession, the financial instability of the U.S, and a decline in demand for Canadian exports. In taking this stance on the economy, the prime minister assumes that the problem is largely isolated in the U.S. However, the fact that financial institutions around the world, including the Dutch-Belgian banking and insurance company Fortis NV, are collapsing or are being nationalized signals this is a global problem everywhere.

In a press release issued Sept. 26, the Conservative party took credit for keeping the economy strong because of a \$2.9 billion budget surplus. But this surplus is minuscule in comparison to the \$13 billion surplus from the previous governments. If trying out tax initiatives during economic uncertainty is unwise, so is running the budget as close to deficit as possible.

To continue to insist that Canada's economy is problem-free is not right. Harper's rigid views on Canada's economic future is not an example of the responsible leadership he prides himself on; it's irresponsible.



WORD ON THE STREET

Why are students generally apathetic towards politics?



Preeti Bhangu, 18, first-year general arts and science

"They're teenagers so they think it should be left to the adults to do."



Amanda Mahato, 19, first-year business administration

"I don't vote because I'm not really aware of who's running."

Alana Sprague, 18, first-year funeral services



"I guess they just don't really find it interesting."

Chad Kinch, 18, first-year visual and digital arts



"They don't care until it affects them...that's what makes everyone, you know, jump in."

The Et Cetera wants to know what you think.

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story?

Let us know!

Send us an email at humberetc2008@gmail.com.

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Humber Et Cetera is a publication of the Humber College School of Media Studies:
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"Everything we hear is an opinion, not a fact. Everything we see is a perspective, not the truth." – Roman emperor Marcus Aurelius

Pushing to vote not the answer

Youth are being pressured to cast a ballot but not to become informed on the important issues



Mike Nasmith
Biz/Tech Reporter

With federal elections on both sides of the border imminent, there's sure to be loads of coverage lamenting the lack of youth participation in the votes.

This is in addition to high profile efforts, such as Diddy's self-serving Vote or Die campaign, where the message isn't really "get out and vote," but rather "get out and vote as

I do (which given his considerable ego, may actually be a write-in vote for himself), preferably while wearing at least two articles of Sean John clothing."

Still, I think this blind push to vote is a mistake because there's no simultaneous push to learn the issues.

It seems as though getting the voting rate up to 70 per cent would make everyone ecstatic, no matter how uneducated those votes are. The fact is, a lot of young people don't care about politics. In one

class, while discussing the contents of *Macleans* magazine, I overheard one student opine that it was "full of politics and other boring stuff."

“

"I'd rather have them not vote than to do so blindly."

”

This is natural. The decisions of

government usually affect young people in indirect ways, which aren't immediate enough to warrant serious attention. As people get older and start dealing with things like marriage, kids and mortgages, you know, soul-and-dream-crushing reality, then people pay more attention to the government. But for youth, these things are rarely high on the priority list.

Now to be honest, I was the exact same way during my first go-around at higher education. I never voted, and as much as this would cause my

one political friend to go into fits of self-righteousness, I think I was in the right. All I really cared about was starving myself so I'd have enough money to get drunk on the weekend (although it's certainly valid to ask what's changed since then).

But I have grown older, and these issues matter to me now. I try, with varying success, to inform myself, and I'll try to vote according to what I've learned. Young people will go through this transformation as well, but until they do, I'd rather have them not vote than to do so blindly.

Fast-paced lifestyle can lead to health neglect



Melissa Rigon
Life Editor

Technology is advancing, and society is becoming so fast-paced that many college students are experiencing a downfall in bodily maintenance. It's annoying and frustrating to watch, and they aren't doing anything to help themselves.

Maybe they have an essay due in an hour, or perhaps a midterm to study for, so they take a quick five-minute break to

run to the café and down a muffin and a can of pop, right? Wrong.

A quick walk down the aisles of the cafeteria shows students sitting at tables filled with pizza, french fries, and pop. Students are attracted to what's easily available to them, and that means anything but a healthily prepared meal. Who would take the extra couple of minutes to put together a salad at the salad bar over grabbing an oily cardboard tray of pizza? Apparently, not many.

With computers and text messaging at its all time high, anything

longer than a minute may be just too inconvenient.

Many students are neglecting the basic nutrition that they need to keep their bodies healthy, and instead, they are putting their studies and leisure first. But they need to have a balance and make room for nutrition. Dr. Sinclair, nutritionist of Health First Wellness, said the average person should eat six small meals a day, eating every three to five hours. Students don't seem to be doing this, and they need to get their bodies on a routine.

A recent study done by Brown University said out of 382 students, one in six gained ten or more pounds, and six per cent gained 15 or more by the end of their first year. This is rather repulsive, and we aren't setting a good example for our future generations.

Some say students are capable of having control over what they eat, but the problem is they have too much freedom once they leave home, to the point where they are listening to their grumbling stomachs and snap instincts that say

"carbs." This all leads to repetition and consistent weight gain that they don't notice until their pants start to fit more snug than they once remembered.

So, as we sit here and watch the news everyday and wonder why obesity rates are going up, or why there are so many cases of heart disease, it all comes down to the very fact that when individuals are younger, they are not taking proper care of their bodies. Next time students go to grab that slice of pizza, they should think twice.

Canadian Government needs more cooperation

Feds need to work with provinces and municipalities



Fiona Collie
Op-Ed Editor

Stephen Harper's sweaters aren't the only things that are fuzzy in this year's federal election campaign. The lines between the federal and provincial government mandates seem blurry as Canadians express concern over education, healthcare and the municipalities. Of course, as stock markets around the world tank, the economy is definitely at the forefront of voters' minds. However, there is still enough concern about these provincial issues that some parties have made promises to spend more on them. The mandates of the provincial and federal government were established in 1867, so the fact that Canadians are now worrying more about education, for example, then they were 141 years ago is hardly surprising. The recent campaigns emphasize a disconnect between the

different levels of government and the need for more cooperation.

“

"They are too busy fighting over whose job it is to do what."

”

In the past year, and especially during this election, there have been a variety of campaigns and alliances against the federal government. The municipalities, led by Mississauga mayor Hazel McCallion, are fighting for infrastructure. Dalton McGuinty, Ontario's premier, is looking for fairer equalization payments and is working with the Quebec government on several issues, including a cap-and-trade system. And, of course, there is Newfoundland and Labrador Premier Danny Williams' Anything But Conservative campaign.

With so many different sections of the country battling against each other, it seems impossible for any level of government to be able to function properly. While the provincial and municipal governments say speeches and hold rallies to catch the public's attention, and the federal candidates either ignore them or make campaign promises, it begins to look like the respective levels can't get anything done – they are too busy fighting over whose job it is to do what.

Despite the promises that have been made, even if the Liberals somehow become the next government, and the NDP wins a substantial amount of seats, simply throwing money at the provinces won't be the answer either. The federal government, regardless of which party is elected on Oct. 14, must work more efficiently with other levels of government if they are serious about addressing voters' concerns in any meaningful way.



To John McCain, for overcoming some initial queasiness and debating Barack Obama.

To China, for making huge leaps in their space program (leaps that were made decades ago by the U.S. and Russia, but leaps nonetheless).

To Santa Claus, formerly known as Thomas O'Connor from West Virginia, for offering his services as a presidential candidate of the United States.

To Pakistan's President Asif Ali Zardari, for having the guts to flirt with Sarah Palin, regardless of the social implications and the threat of a fatwa, which was afterwards issued against him by religious zealots.

To Conservatives, for using plagiarized speech material.

To the CBC, for giving in to the right-wingers at Fox News, and not standing behind its (albeit abrasive) columnist Heather Mallick.

To the Westboro Baptist Church, which says that Tim McLean, who was beheaded on a Greyhound bus, deserved his fate.

To David Popescu, a Federal independent candidate from Sudbury who told an auditorium of high school students that homosexuals should be executed.

Sri Lanka has put forth a plan that would allow four tonnes of marijuana to be grown legally for traditional herbal medicine. — metro.co.uk



Alina Sotula

Kanchan Lakhota, intake and assessment councillor, talks with prospective Trades Win students.

Foreign workers get help from Skills for Change

International trades people get certified through new program

Alina Sotula
NEWS REPORTER

The Trades Win Support program is training international trades people with the support of the college.

Trades Win is an initiative of the Skills for Change organization to help internationally trained trade workers obtain their Ontario licence as well as receive help finding a job in their field.

The Skills for Change staff was not familiar with the technical aspect of the trades training so they contacted Humber. Now the college is providing both the instructors and a temporary office space for the program, according to Dhondup

Phunstok, a program assistant.

Five weeks of employment counseling are provided by the Skills for Change staff, while Humber takes care of six weeks of technical training.

The program is aimed at both newcomers and those who have been in Canada for some time and wish to receive proper Ontario accreditation. Help is also given in the form of resume writing and job interview tips, according to Kanchan Lakhota, the program's intake and assessment councillor.

The program services are free for students. These include assessments, tuition, and employment counseling.

Prospective students need a letter from an employer in their country stating they have completed 9,000 hours of work while clearly outlining their responsibilities. Those who are eligible will need to pass a language and technical assessment before being admitted to the 11-week program, Lakhota said.

Dennis Boyle, a Humber instructor currently teaching an industrial

electrician job skills workshop, said it is a shame that so much experience and education is wasted.

"People have a lot of skills. It's a shame they don't get to use them. We have to get them in the workforce. It's very valuable," Boyle said.

Phunstok said obtaining a Canadian electrician licence normally takes four to five years plus apprenticeship.

"This program is not for people who want to become electricians. It is a bridging program to help people who are already qualified to obtain their license," Phunstok said. "People shouldn't get the impression it's easy to get the license. These people have five-six years of work experience."

The current class size is nine but is expected to increase. The office will relocate to Brampton on Oct. 6.

Students looking for volunteer opportunities should contact the office at 416-675-6622 ext. 4392 and ask for Skills for Change.

Students phone a galaxy far, far away

David Lipson
SENIOR REPORTER

Humber will reach the final frontier when a group of students contact the International Space Station as part of a NASA sponsored project.

"We wanted to do something big for our grad project," said Patrick Neelin, a 25-year-old wireless and telecommunications student.

Neelin is joined by Gino Cunti, Paul Je, and Kevin Luong, or Operation: First Contact. They hope to be the first students at the college level to connect with the space station using radio links.

"It's the largest, most complex project that we know of, at the college level, in the world," said Mark Rector, the group's professor and mentor.

They have set up a rotating antenna on building N that tracks the space station using computer software.

The contact will take place from a radio station inside the college.

According to NASA the space station is 390 kilometers above earth, about the size of a football field, and travels at 27,700 km/h, making 15 to 16 orbits per day.

A limited contact of ten minutes can be made when its path is near

the school.

"Their system is like trying to track a butterfly with a flashlight from Humber — and that butterfly is in Kingston," said Rector. "When they came to me with the idea of what they wanted to do — I thought in the back of mind how I don't want to disappoint these guys."

But the project was given the green light by Amateur Radio on International Space Station, a global project involving schools and various space agencies such as NASA.

The project partners students with hams — amateur radio specialists — to contact the space station.

But it is unique for students to

New grant for books

\$150 cheques to arrive in the mail this month

Debora Sardaneta
NEWS REPORTER

Full-time students can now apply for a grant to help cover the cost of books.

The \$150 annual grant is available to full-time students attending an eligible postsecondary institution.

Students have mixed opinions about the new grant.

"Although it is helpful, some textbooks cost over \$100. The grant would only be enough to purchase one textbook in some cases," said business student Mina Lai. "A tuition freeze would be more helpful and would help relieve the costs of rising tuition every September."

Architectural technology student Chris Harvey said grants are useless if tuition costs keeps going up.

"Grants would not be helpful if tuition costs keep climbing every year without justification," said Harvey. "The materials for the course I'm taking are very expensive, one book alone costs over \$120," he said.

Tyler Charlebois, director of advocacy for the College Student Alliance, said, "The grant will not cover all costs, but it will certainly provide relief."

"In most cases, since the grant is not received until mid-to-late October, most students will have already purchased their textbooks," he added. "But students can certainly use the funds for the following semester, or if they purchased books with a credit card, use that money to pay some of that off. That's why we continue to work with the government to invest in these grants."

Part-time students will not be eli-

gible to access the textbook grant. All full-time students, who are Canadian citizens, will automatically receive a cheque in the mail.

Students who applied for OSAP will not need to fill out the application online. Students who didn't apply will need to log onto OSAP's website to fill out the application.

They will also have to stay enrolled in full-time studies in order to receive the grant.

"One of the reasons why the grant is not received until mid-late

"The grant will not cover all costs but it will certainly provide relief."

—Tyler Charlebois,
director of advocacy for CSA

October is to make sure students who receive the grant are still enrolled in school," said Charlebois.

"I think it's good, any money is good...the only thing we have right now similar to that are the bursaries, but not everyone is eligible, and they're only available to students who receive OSAP, students who pay out of their own pocket don't have any help," said Tonya Mederios, law clerk student. "The textbook and technology grant gives students something to look forward to."

The textbook grant is part of the government's three-year Skills to Jobs Action Plan. When fully implemented, the grant will increase to \$300.

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Approximately 40 million children worldwide are subjected to child abuse each year. – World Health Organization; Department of Injuries; Violence Prevention.

Go Purple will honour student

Angel Khattria
LIFE REPORTER

The child and youth worker program will hold its annual Go Purple child abuse awareness event on Oct. 7.

Money raised for the event will go towards funding a playroom at a child abuse prevention program called Boost. It will be opening a regional centre in Peterborough.

The room is dedicated to Erin Reed, who was a Humber student in the program that died last year.

"This student had talked to her family a lot about how important this issue was for her," said Jane Clifton, co-ordinator of the CYW program, of Reed.

Boost "exists to provide services to children, youth and their families where abuse or violence has occurred," said Karyn Kennedy,

executive director of Boost.

In earlier years, all proceeds would either go to Boost or Children's Aid. Boost was chosen to receive all the funds because of their memorial to Reed.

Preventing child abuse was dear to Reed's heart.

It is taken very seriously by professionals who suspect any type of abuse.

"If we suspect child abuse that may be continuing, we have to report it - period - for children's safety," said Dr. David Conroy of the Lansdowne Medical Clinic.

Warning signs that tip Dr. Conroy off are children that are over-attached to their parents and have unexplainable bruises or injuries.

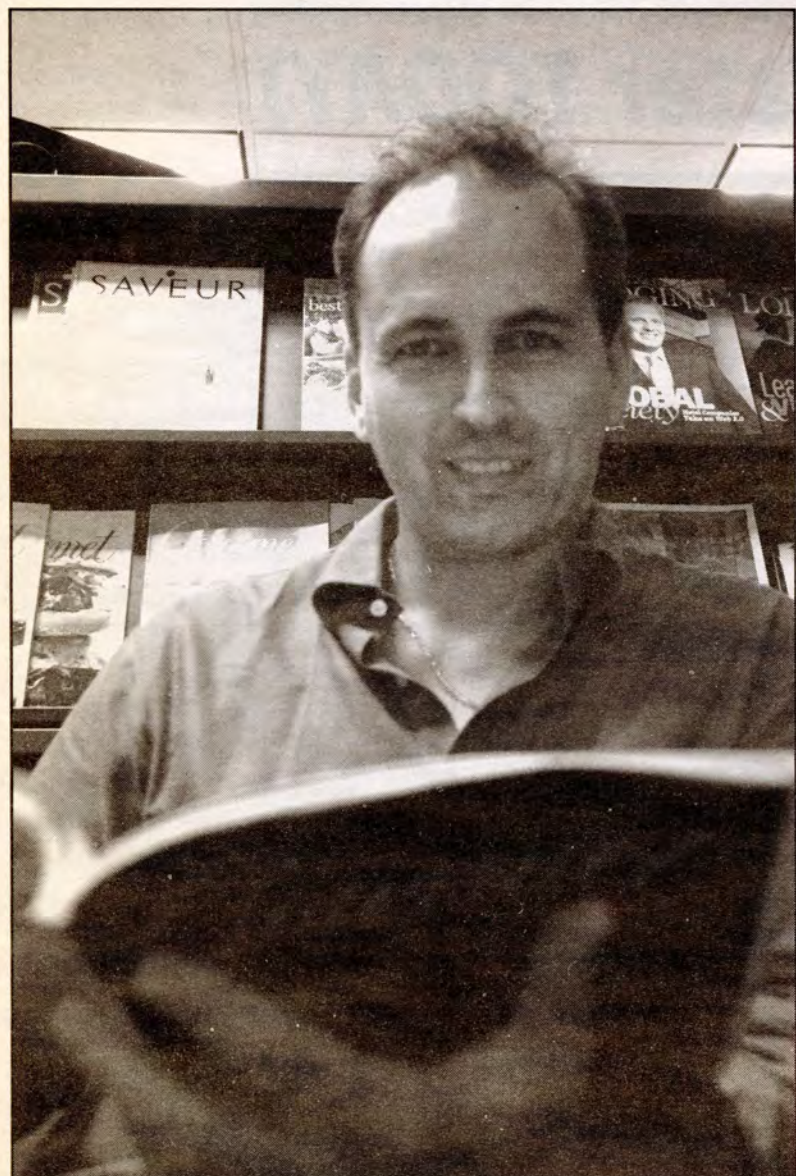
Go Purple will take place at the Lakeshore campus from 9 a.m. to 4 p.m. on Oct. 7.



Angel Khattria

Go Purple will be raising money on Oct. 7 at the Lakeshore campus for the funding of a new playroom at a child abuse prevention program called Boost, located in Peterborough.

Chef advances to competition in Italy



Dila Velazquez

Chef Rudi Fischbacher won a ticket to Italy to advance to the international Culinary Institute for Foreigners cooking finals. He will be competing against chefs from around the world, and he will also be competing in the Culinary Olympics in October.

Erica Cassar
LIFE REPORTER

Culinary program co-ordinator, Rudolf Fischbacher won first place in a cooking competition hosted by the International Culinary Institute for Foreigners at Humber in September, and will now go on to the finals in Italy.

"We selected six chefs to participate in the competition at Humber College," said Canadian competition co-ordinator, John Arena.

Fischbacher won by creating a plate consisting of 14 different components using extra virgin olive oil from ten olive oil producers from Calabria, Italy.

"The idea arose to put enough ingredients on the plate to represent all of Italy from north to south,"

Fischbacher said. "It was creating a snapshot of Italy all on the one plate."

Fischbacher will be competing in November as he faces off against nine other chefs from around the world.

Born and raised in Austria, Fischbacher began his career in the culinary industry at the age of 15.

He is not only certified as Chef de Cuisine, but was also elected as the national chair of education for the Canadian Culinary Federation in April.

Arena said Fischbacher came into luck when another chef dropped out and his skills ultimately won him the competition.

Humber's culinary kitchens were used for the competition, and Arena was thankful for the school's gen-

erosity.

Culinary administration student Nalaka Liyanage said it's a privilege to learn from Fischbacher. "I want to learn old style techniques, and he's the best."

In addition to the International Culinary Institute for Foreigners finals, Fischbacher will also be going to the Culinary Olympics in Erfurt, Germany in October to compete against chefs from 150 countries around the world.

Fischbacher said being nervous is a natural part of any competition.

"You need that adrenaline rush to go through you," he said. "Once you're in the kitchen you stick to your program and plan. Execute as much as you can and then let the judges decide."

Organization helps daily life

Katelyn McCallion
LIFE REPORTER

Karen Fast, career centre manager said trying to stay organized throughout the year can be challenging for students, but there are steps to follow to help.

Use a planner: To stay on top of your busy schedule, Fast said it's best to use a daily planner or an agenda book. "Maintain all personal and business appointments on one calendar, and this way you have everything that you need to do that week all in the same place," she said. Lillian Cariaga, who is in the

bachelor of nursing program said, "the school's agenda has really helped me out in the past. It really stresses me out when I'm not organized."

Keep track: "Managing everything from file folders to your email is important," said Fast. She also said a good habit to get into is separating important information, such as employers' contacts by putting them into separate folders or even separate email accounts.

"Use a Humber email account. It looks very professional and employers will take a better look at it," she said. Paula DeLeon, a single mother of

two and a general arts and sciences student said it's a little more complicated.

"I have to stay organized so I can keep everyone else on schedule."

Small steps: For some people, staying organized presents a little bit more of a challenge. They may be caught up in day to day activities and forget about staying on track of things.

"Sometimes people don't know how to stay organized; they don't know what to do," said DeLeon. "Take it one day at a time. Just one task at a time."

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15,000 people participated in the Scotiabank Toronto Waterfront Marathon on Sept. 28, raising \$1.2 million for 63 charities. The fastest time was in 2:29:08 – *thestar.ca*

Tastebuds

Mujadara

Ingredients:

- 2 cups of long grain white rice
- 1 cup of green lentils
- 2 medium onions, finely chopped
- 3 big onions, sliced in thin rings
- 1/2 tsp. of allspice
- 1/4 tsp. of cinnamon
- 1/2 tsp. of cumin

Preparation:

- Soak the rice and lentils (separately) for 30 minutes in cold water. Strain.
- Boil a pot of water, with no salt, and cook the lentils, simmering for about 30 minutes until soft.
- Sauté the onions until golden, add the lentils, then the rice and spices. Add 1 1/2 cups of water. Bring to a boil and cook over low heat (simmer) for 20 minutes.
- Turn off heat and let sit covered for 10 minutes.
- Sauté the sliced onions until they almost burn (don't be afraid to make them slightly black).
- Serve the onions on top of the rice. Usually topped with yogurt and a coarsely shredded cucumber mixture.



Dila Velazquez

Eyal Liebman is in his first year of the chef training program. He is working at a fine dining restaurant downtown called Didier, which serves up Parisian cuisine. He came to Canada to express his eclectic style that fuses French and Middle-Eastern cuisine.

Photo of the week



Tilly Okon

Sports reporter Amy J. Shields at the Jays game organized by HSF last week, where 118 students attended. Tickets were \$2 and transportation was provided to the Rogers Centre for the game.

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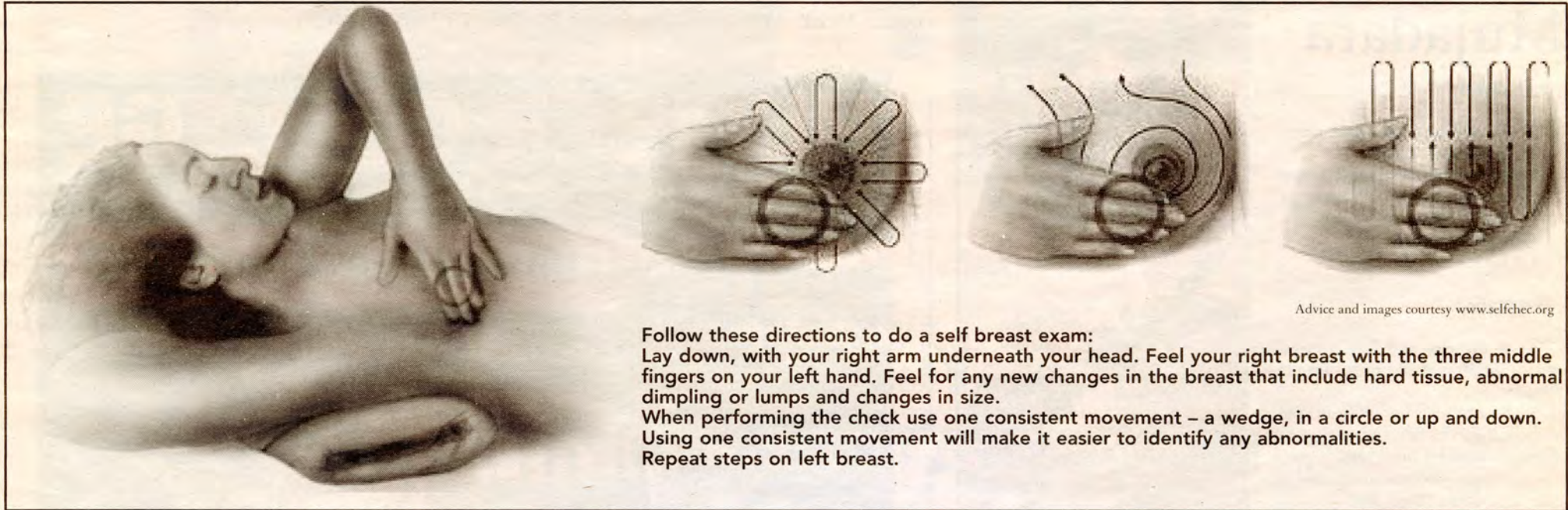
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Breast cancer is the leading cause of death in women between the ages of 15 and 54, and the second cause of death in women 55 to 74. – www.womenshealth.com

Do you know your breasts?



Advice and images courtesy www.selfchec.org

Follow these directions to do a self breast exam:

Lay down, with your right arm underneath your head. Feel your right breast with the three middle fingers on your left hand. Feel for any new changes in the breast that include hard tissue, abnormal dimpling or lumps and changes in size.

When performing the check use one consistent movement – a wedge, in a circle or up and down. Using one consistent movement will make it easier to identify any abnormalities. Repeat steps on left breast.

Aggressive disease will strike one in nine women

Leslie Wilks
IN FOCUS

October is breast cancer awareness month and while this disease is not prevalent in young women, the Canadian Breast Cancer Foundation encourages women of all ages to be aware.

This week's *In Focus* examines the affects this disease has on women.

Being aware means knowing how your breasts "normally look and feel and being aware of changes and reporting any changes to your doc-

tor," said Beth Easton, vice-president of allocations and health promotions at the Canadian Breast Cancer Foundation Ontario Region. "It's taking responsibility for breast health."

Statistics Canada reports that breast cancer is the leading form of cancer diagnosed in Canadian women, accounting for approximately 30 per cent of all cases.

Easton advises young women with concerns to go to their doctor and not leave until they are satisfied with the answers.

Since breast cancer is so uncommon in young women it is easier for doctors to misdiagnose the symptoms.

Stephany Freire, 19, a first-year general arts and science transfer student, said she is concerned about breast cancer but doesn't do regular self checks. "I'm just too young," she said.

Easton said all women should do self-checks. Fewer than four per cent of all diagnosed cases are in women 39 and younger, Easton added.

The risk increases in women over

60. However, incidents and death rates have declined since 1969, she said.

The Canadian Breast Cancer Foundation predicts one in nine women are expected to develop breast cancer in their life, and one in 28 will die of it. They also estimate that in 2008, 22,400 women will be diagnosed with breast cancer within Canada.

"It's scary, there's such a high risk that you could get it."

—Josefina Berroya
Student

Josefina Berroya, 18, a first-year pharmacy technician student said she is concerned about it.

"It's scary," she said. "There's such a high risk that you could get it." Berroya said she performs regular self-checks.

Symptoms associated with breast cancer can include changes to the colour or shape of the nipple, unusual nipple discharge or dimpling or puckering around the breast, said Easton.

The Ontario region breast cancer foundation encourages young adults to get involved in the fight against

breast cancer.

"There are a number of opportunities to volunteer for all ages," said Easton.

The foundation also supports many fundraising events targeted at young adults.

Including Check it Out, a youth led health promotions project informing young women on lifestyle choices and their links to breast cancer, such as alcohol consumption.

Melissa Dekker, 25, an emergency telecommunications student said she was not aware of the link between alcohol and breast cancer, but "it's not surprising."

She said it will make her think twice before a night out drinking.

Other risk factors include an uneven ratio of breast fat to breast cells, nutrition and physical activity.

However, the greatest risk factor is aging.

While breast cancer is extremely rare in men and accounts for less than one per cent of all diagnosed cases, Easton said men should be breast aware as well.

Those wishing to show their support in the fight against breast cancer can wear a pink ribbon, an international symbol of breast cancer awareness.

Self exams are important in detecting cancer early, doc says

Alana Gautreau
IN FOCUS

World-renowned cancer researcher Dr. Tak Mak doesn't mince words when talking about the importance of knowing one's own body at a young age.

"You could conceivably save your own life if you caught it early," Mak, the Director of The Campbell Family Institute for Breast Cancer Research at Princess Margaret Hospital, said.

"Breast cancer is the number one killer of women age 30-50," he said, adding the younger you are, the more aggressive the disease will be.

"Breast cancer in young women can grow so fast that what wasn't there one day can be there three months later," said Mak.

In Canada, where the norm is for women to have annual mammograms starting in their menopausal

years, young women have to rely on themselves to recognize key changes in their bodies.

"I definitely think that everyone should know about breast cancer, especially women," said first-year nursing student Natalina Maiorano. "It's a severe problem."

Maiorano, 18, believes it's important for women her age to know how to perform a self-examination.

University of New Brunswick third year nursing student Katherine Armenta agrees.

"We had a health assessment class in second year where they taught us how," Armenta said.

Armenta, 23, gets a physical examination done at the health centre every year and always asks them to check.

"For me it doesn't run in my family, but you never know. You should check, even at the first sign of something," she said.

Mak said the size of the tumour in the breast is irrelevant, the danger is when the cells migrate and enter the lymph nodes.

If given the chance, the infected cells can also enter the lungs, liver, or brain.

"The earlier you detect it the less likely the cancer will have migrated into the lymph nodes," Mak said.

Mak devoted his life to breast cancer research because he believes the disease takes people too young.

"If someone dies at 90-years-old after having a good life then it just seems more natural," Mak said.

Mak said although diagnostic imaging and help from doctors is important, the first expert is often the patient.

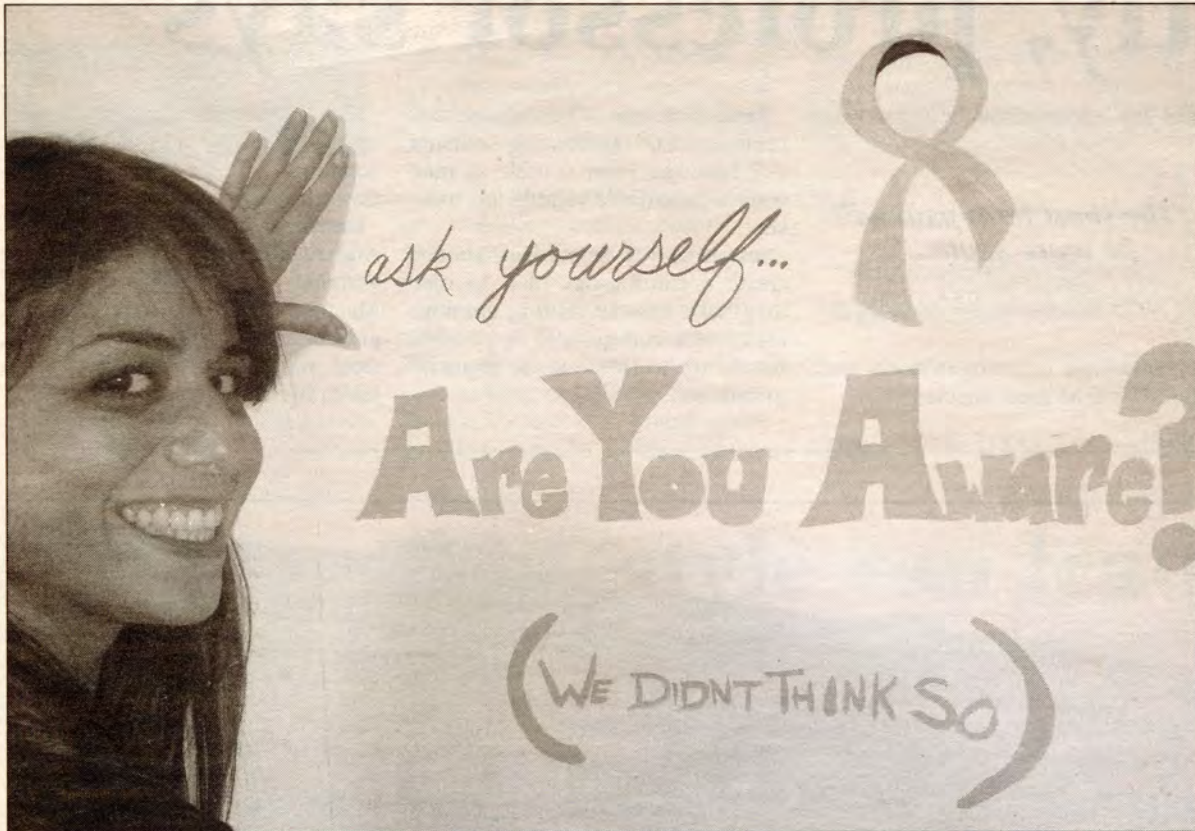
Mak said self-examination is a powerful weapon in the fight against cancer.

"An individual has access to herself every day."



It is estimated 5,300 women in Canada have died from breast cancer this year, while an estimated 22,400 new cases have been diagnosed. – Canadian Cancer Society

Student club honours mother



Rodrigo Diaz Mercado Chavez

Atash Khosrorad puts up a poster to promote her breast cancer awareness group at Lakeshore.

Campus bookstore, students raise money for cause

Nicole McIsaac
IN FOCUS

A month before Atash Khosrorad moved from Dallas into residence, her 53-year-old mother was diagnosed with breast cancer.

She said it's scary watching it unfold, "because you can't do anything, all you can do is just be strong and be positive."

Khosrorad, a first-year creative advertising student, founded the Breast Cancer Awareness Club at Humber Lakeshore Campus to remind us fundraising is not all about the money, it's about awareness, "love, hope and progression."

The mandate of the group is to "pass on the love" and to be a connection for those who need hope, said Khosrorad.

The club plans on selling T-shirts, bracelets and distributing laminated awareness pamphlets that will be

hung on showers in residence to remind everyone, guys and girls, to check their breasts regularly.

Alicia Tymaszewicz, 19, a second-year culinary student, is doing the CIBC Run for the Cure for the third time this year. She is walking for her aunt who died 13 years ago.

She and her sisters are collectively raising money, but she said it's hard to do so when you're in college.

"A lot of students may not be willing to pass up \$10," she said.

The North Campus book store will also be raising money for breast cancer research by selling pink pens, books and apparel during October.

Bookstore manager Debby Martin is proud to support vendors willing to donate to breast cancer by making them a preferred vendor.

"It's a worthy cause and heartwarming to see vendors on board doing this," she said.

Nikki Burns, campaign director for Rethink Breast Cancer, said that fundraising isn't always easy. She said you have to gear your fundraising efforts to your target audience, "But any money raised is always appreciated."

Support group helped new mom cope

Adrienne Middlebrook
IN FOCUS

At 36, Linda Baker had a lot to deal with – a new marriage, a new baby boy and a new diagnosis of breast cancer.

"It really came as a shock," said Baker, who preferred to use her maiden name. "I had this whole new life and breast cancer would be the last thing I expected to deal with."

In order to deal with her struggle, Baker turned to support groups.

"My family was very supportive, but they couldn't relate. They were afraid," she said.

Karen White, a community care nurse with The Community Care Access Center, has spoken with a fair share of young women fighting breast cancer.

"Breast cancer is difficult to deal with at any age but particularly difficult to deal with when you're young," said White. "Young women have young families and careers to deal with on top of taking care of

themselves."

Baker's case was rare.

According to the Canadian Cancer Society, breast cancer rates in women ages 20-39 are the lowest of any age group and have been dropping ever since 1969.

Now, almost 15 years after her diagnosis, Baker recalls what it was like to be a young breast cancer patient.

"It's so intense at first, you just keep thinking about how young you are," said Baker. "It's always in the

back of your mind."

baker had no family history of breast cancer and no reason to believe she would ever get it so young.

"Young women just need to be breast aware and if something is abnormal you can catch it early," she said.

But for most young women, breast cancer is far from their mind.

"It's never even crossed my mind to do a self-examination," said Amanda Payne, 18, a first-year fash-

ion student.

"It's not something you think you have to worry about so young."

Those most at risk include women who have had breast cancer before, have a family history of the disease or who smoke.

"For young women now it's easier for them to get the facts and the support they need," said Baker.

"There are articles in every other magazine regarding breast cancer and a million resources."

Caps holds dance to raise funds for research

R.J. Riley
IN FOCUS

Tania Sealy, who recently lost two family members to cancer, plans to "bust some moves," this Friday to raise money for breast cancer.

Caps pub will be hosting an all ages charity dance Oct. 3.

"Dance for Cancer" will benefit CIBC's Run for the Cure.

Sealy, 23, is a Humber Hype team member.

The dance lasts from 9 p.m. until 2 a.m. and Caps hopes to raise at least \$1,000 by selling tickets both in advance and at the door for \$3 each, said assistant operations manager Kimi Holloway.

"This is one of the first times we have done an event solely for charity, and we're going to do it often,"

she said.

The event is right on time to kick-off breast cancer awareness month.

"It's something that's getting publicity out for breast cancer"

—Lawrence Yee
student

"We can get more people together to recognize things that are going on in the community and create more awareness for breast cancer," said Holloway.

Lawrence Yee, 21, a third year business administration student, who is running for the cure said, "It's some-

thing that's getting publicity out for breast cancer, the more publicity it's getting, the more attention it's getting for more donations."

CIBC's Run for the Cure donates all of the money raised to the Canadian Breast Cancer Foundation.

The foundation and CIBC both said they are unaware of the dance, however, Holloway said she invited them.

Caps will deliver the money on Sunday, said Holloway.

"That is pretty typical for how funds are submitted," said Victoria Pearson, Canadian Breast Cancer Foundation's manager of communications for the Ontario region.

"We are really grateful for the support," she said.



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BIZ/TECH

"If it keeps up, man will atrophy all his limbs but the push-button finger." — Architect, writer and educator Frank Lloyd Wright on technology

U.S. economic chaos won't affect students directly, professor says

Matthew Garcia

BIZ/TECH REPORTER

Students should be in fairly good shape no matter what happens with the faltering U.S. economy, said a business program co-ordinator.

Pierre Pascal Gendron, co-ordinator at Lakeshore Campus, said the failed \$700 billion U.S. government bailout will lead to company bank-

ruptcies and lowered U.S. demand for Canadian goods in the short term, but will be best in the long term by promoting a stable economy.

"The short term pain will be more acute with people losing confidence in the markets," Gendron said.

As for students, Gendron said since most work part-time in areas like food service or retail they will not

feel the effects strongly either way.

"The short term pain will be more acute..."

—Pascal Gendron
Business degree co-ordinator

He said those investing in stocks and bonds will be most affected.

Ramesh Saxena, a business school professor, said graduating students will have the most trouble as they enter a potentially volatile job market.

Saxena said these students should create a contingency plan in case they have trouble finding employment after college, and if possible should try to ride out the financial turbulence.

"Maybe they can do some training in the next few months until the economy settles down, and then they can find a job," said Saxena.

Business management student Andrew Matchuk, 21, said he isn't worried about the economy. Matchuk said if he were about to graduate it might be a different story, but he would still try to get a job in his field.

Barbeque to mark the moving of applied technology

Mike Nasmith

BIZ/TECH REPORTER

A barbeque tomorrow will celebrate the move of the School of Applied Technology.

A \$7 million grant from the government has enabled Humber to buy a new building for the program, said Tina Antunes, learning support officer for the applied technology school.

Antunes said the grant did not cover the cost of the building, but she hopes the rest will come through fundraising events.

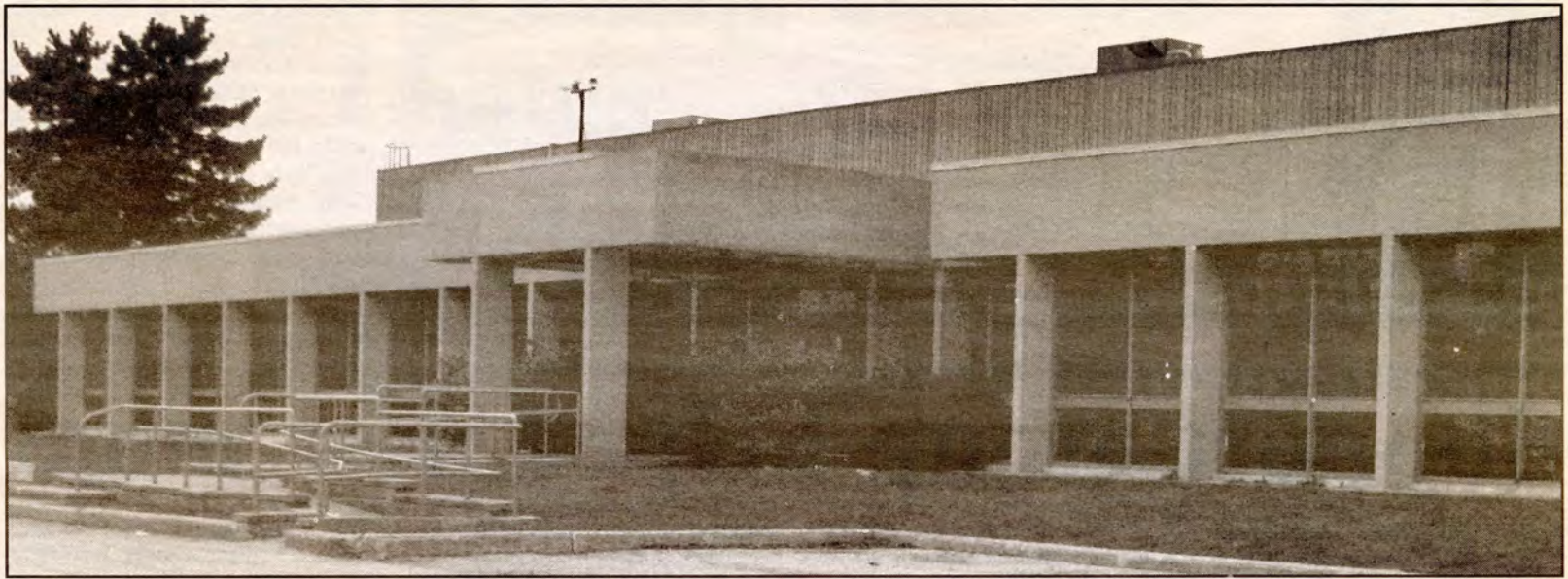
Among the guests who are expected to attend the barbeque are Humber President John Davies and Dean of the Applied Technology school, Denise Devlin-Li.

Space considerations were the main cause of the move, said Antunes, noting that the apprenticeship and skilled trades programs are growing.

Students will not have to significantly alter their commuting plans, as the building, located at 110 Carrier Drive, is only about five minutes away, said Kristyna Wenediktow, apprenticeship liaison for the school.

Despite the upgraded facilities, not all students are thrilled by the move.

"I'm not crazy about it," said Chris Zygalko, an electrical engineering student. "I'm used to coming to Humber and being part of the school. I like being among the other students." Zygalko said.



Mike Nasmith

The new applied technology building seen here was bought after the college received a \$7 million grant from the government.

New public address system adds safety and security

Claude Saravia

BIZ/TECH REPORTER

A new public address system designed to improve security and warn students of emergencies is being introduced at the college.

"It's a big advance in our ability to keep people safe on this campus," said John Davies, president of Humber.

"Now we have the ability to put messages out on the public address system to tell people how to quickly find safe havens," Davies said. The project is on track to be finished by the end of the month.

Humber is also working on implementing text message alerts and computer alerts, which would notify students of any urgent information, said Davies. These newly introduced computer alerts would allow security to broadcast an alert on any computer hooked up to the Humber network.

Text message alerts will be avail-

able to any student who wishes to register for the service. Both alerts would be broadcast to notify students of course of action plans in the event of an emergency.

"It makes me feel more confident rather than safer," said Danielle Petit, 21, a third-year-film and television student.

"Safer implies that I don't feel safe at school. I do. I just feel more confident now, knowing that they will be more efficient delivering messages or courses of action regarding emergency situations."

The system has been reworked from one that was twenty-five-



Claude Saravia

John Davies says the new P.A. system is a big advancement

years-old to a new digital system, said Gary Jaynes, director of public safety. "It is a combination of fire-alarm and a public address system," said Jaynes. "It is completely addressable, meaning that at our panels, we can determine exactly where the alarm has been pulled or the device has been activated. And conversely; if we have a critical incident on campus, we can make a general campus announcement."

The system is going to be installed at the North campus and the Lakeshore campus, said Davies. The Orangeville campus is currently

being leased so the system could not be updated, Davies said.

"Humber leads the way in providing a safe environment for its students," said Davies.

Humber has also converted a majority of the locks around campus to lockable doors which can be locked from the inside in the event of an emergency, said Jaynes.

Jaynes said: "It's a thumb-turn-feature that the individual can secure the room and somebody can not enter the room. But there are no entrapment issues meaning that if you are inside the room and push the lever down, then the lock will release and it goes back to its normal function."

"Humber as an institution, and me in my role as president, are 100 per cent committed to safety in all of its facets in this college," Davies said. "There is no higher responsibility that I have, and that my security-staff have that is higher than safety and security."

Instead of using millions of dollars to support the poor, a southern Italian province is using the money to support the national soccer team. – *BBC.com*

Games Room not ready

Delays in construction stalls \$1.7M renovation

Claude Saravia
Biz/TECH REPORTER

When the blue tarps in the student centre come down, a new games room will be unveiled. But as of now, an opening date has yet to be given.

“It was originally scheduled to open as soon as school started but unfortunately we ran into a few hiccups along the way with construction, but I think that is to be expected,” said HSF President Mike Berg.

Some students, however, are upset by the delay.

“It really bothers me because I really want to use all of the stuff in there but if it’s not there I can’t use it,” said first-year 3D animation student Sirkan Beddi, 23.

The move is just one in a long list of renovations initiated by HSF since the end of last April’s classes.

“The games room and our events office have been moved,” Berg said. “We basically wanted to consolidate our operations, bring everything to one centralized location of the school, and obviously the student centre is one of the most centralized areas of the school, so it makes sense that we bring it over here.”

The previous location of the games room has been converted to a classroom for one of the fitness programs, Berg said.

Val Fefedod, 19, a second-year fitness and health student said, “Since I study in that area it is helpful for me that they moved it. It’s all set up for a more recreational area.”

The cost of the new HSF building, including the time delay, is \$1.7 million, according to Berg. The money for this renovation is coming from HSF’s student development fund.

Aside from pool tables, Berg wasn’t sure what other games the room would have when it opens.

“If students want to give their own ideas, if they want to see a foosball table or an air hockey table, send us an email and we will certainly take all of their opinions into account, we always do,” Berg said.

With the extra time being taken to finish the project, Berg said, “We want the job done right, not right away.”



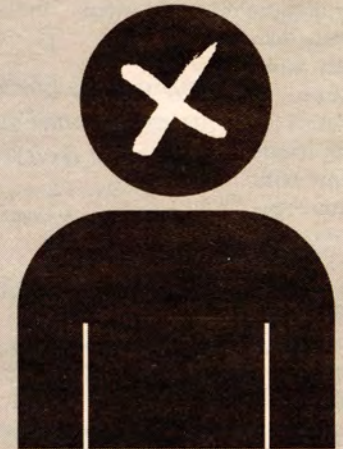
Wanted: Newspaper Delivery

The Et Cetera is looking for someone to deliver the paper Thursday mornings to the North and Guelph-Humber campuses. This is a paid position starting the week of Nov.1 until the end of the semester. Contact 416-675-6622 ext.5649

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OR

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e.g.: health card and hydro bill

OR

Swear an oath and be vouched for by an elector who is on the list of electors in the same polling division and who has an acceptable piece or pieces of identification.
e.g.: a neighbour, your roommate

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- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator

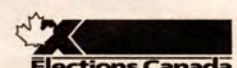
Note: The pieces of identification required under the Canada Elections Act are not the same as those for provincial or municipal elections.

The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

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Canadian actor Ryan Reynolds and actress Scarlett Johansson married at a wilderness resort outside Vancouver, B.C. on Sept. 27. — Reuters.com

The Stills play private concert for students

Melissa Sundardas
A&E REPORTER

Jordan Sandler never thought that the hours he spent on the computer would result in having The Stills perform in his backyard.

"It's funny because normally when I see contests like this I actually avoid them because I think there are a lot of complications that can come with it but, for some reason, this was the time when I wasn't going to avoid it and I took a chance and I won," said the second-year broadcast journalism student, who won The Edge 102.1's Uninvited Guest contest.

"There was no question I had to answer, it was just a click of a button so it wasn't very difficult," Sandler said.

Sandler's friends gathered around his backyard Wednesday, Sept. 24 drinking beers and eating pizza in the beaming sun as they anticipated the free concert.

Delayed because of a sound check at MuchMusic, Tim Fletcher and Dave Hamelin of The Stills arrived to put on an intimate, acoustic concert for Sandler and his buddies.

Standing by the pool, Fletcher and

Hamelin set up a microphone and guitar and began performing for the group of people who sat on the porch steps.

"It's the first kind of contest performance I think they've ever done," said David Tysowski who works for the band's record label, Arts & Crafts. "They didn't know what to expect and they got here and it was so chilled and awesome and everyone was very welcoming."

"It was so chilled and awesome and everyone was very welcoming."

—David Tysowski
Arts & Crafts, record label

The velvety smooth sound of Fletcher's vocals over Hamelin's guitar received cheers after each of the songs the guys played, including *Dinosaurs* and *Being Here* from their latest album, *Oceans Will Rise*, as well as *Lola* from their 2006 album, *Intonation Festival*.

Fletcher and Hamelin described their experience of putting on a concert in someone's backyard as "definitely out of the ordinary."

"It's a lot quieter and we could actually be ourselves," said Hamelin.

Although winning was the last thing Sandler imagined would happen when he entered in August, he was enthusiastic about his prize.

"It was a special experience that I will not soon forget," he said.



Dila Velazquez

Jordan Sandler (centre) found himself spending a sunny afternoon in his backyard with close friends and enjoying live music by Dave Hamelin (left) and Tim Fletcher (right) of The Stills.

In My Headphones:

1. All for Me Grog
—The Dubliners
2. Lover in the Snow
—Rivers Cuomo
3. Conception Bay, South
—Sea Snakes
4. Spirit of the Bee
—Owl Eyes
5. Don't Smoke
—The Microphones
6. Your Rocky Spine
—Great Lake Swimmers
7. White Winter Hymnal
—Fleet Foxes
8. Trees Lounge
—Hayden
9. Bandits —Midlake
10. La Verdad
—Juana Molina

Mike Bulko,
Production/Art Director

Urban festival aims to inspire youth and raise awareness about violence

Paul Paquette
A&E REPORTER

The third annual urbanNOISE festival, hosted by former MTV Canada VJ Gilson Lubin, emphasized unity this year.

The festival, held Saturday, Sept. 27 at the North Kipling Community Centre, was first established in 2006 to bring violence awareness to Rexdale.

"It's a really worthwhile event, especially because in the last two weeks there have been a number of shootings," said Savi Pannu of DW Communications, the publicity agency that promotes urbanNOISE. "They were not specifically in Rexdale, but very close to the surrounding area."

"One of the purposes of urbanNOISE is to allow youths to express their voice through the arts, and to talk about issues related to violence," said urbanNOISE project manager Nawfal Sheikh. "It's also about celebrating community and bringing people together to experi-

ence the rich cultural diversity within Rexdale."

Performances were immensely diverse, ranging from R&B singers to dancers who specialized in an Indian dance known as Bhangra.

"I have been doing urbanNOISE now for two years. I first heard about it through my local library and they suggested I give it a shot," said seasoned performer

"Blitz" aka Usman Khawaja.

"I think the festival is about not only awareness concerning violence, but people getting together and the Rexdale community as a whole, while embracing the arts," he said of the festival's importance.

The youngest performer at the event was Grade 12 student, Rahim Mohamed, who performed a spoken word piece.

"Spoken word is like poetry, but it's rap without music," he said.

Even the rain couldn't keep the arts down.

"Today is a gloomy day, but thank God some people came out," Blitz said of the looming dark clouds.



Paul Paquette

The fest's host Gilson Lubin kept the crowds enthusiastic in spite of the rainy day.

Hollywood's biggest actors have nothing but praise for Paul Newman, star of Butch Cassidy and the Sundance kid, who passed away on sept. 26 . - www.people.com



Ronda Collins

Bands showcase diverse musical influences from funk to jazz at the Small World Music festival.

Festival brings world music to Toronto

Ronda Collins
A&E REPORTER

East African, funk, jazz and Mexican music are just some of the sounds brought together for the Small World Music Festival.

"Small World represents a lot of different ideas," said Alan Davis, founder and executive director of the Small World Music Society. "A lot of which are really positive in the sense of music from other cultures, for various cultures, being able to create understanding between communities."

Davis and the Small World Music Society brought the diverse music festival, which ran Sept. 18 to the 28,

to various venues around Toronto. Names big and small played in hopes of bringing lesser known music to the city.

"World music is kind of, unfortunately, still a fringe genre, even though Toronto is usually a multicultural city..."

-Ed Hanley
Member of band Autorickshaw

"Small World specializes in presenting world music," said Ed Hanley, member of Autorickshaw, "And world music is, unfortunately, still a fringe genre, even though Toronto is usually a multicultural city, one of the most multicultural

cities in the world."

Despite the differences in sounds and instruments, the bands playing at the festival all share a love for music and a hope of bringing their music to people's attention.

"The rest of the city has embraced art and food and other types of cultural expression," said Christina Takaoka, music assistant at Humber College. "But music is something that has sort of fallen behind."

The festival played in venues across Toronto including Massey Hall, Al Green's Theatre, Revival Restaurant Bar, The Drake Hotel, and the Yoga Sanctuary, where concert goers not only got a show, but could participate in a yoga workshop prior to the performance.

Rising star Caruso connects with audience at festival

Jaden Pato
A&E REPORTER

Gabriella Caruso seems like an ordinary girl but the Kleinburg singer is representing the CNE at the Canadian Youth Talent Competition finals in Saskatoon next month.

"Gabriella has a strong voice, emotion and a passion for music which makes her a great performer," said Elissa Palazzolo, Caruso's vocal teacher. "She has improved by gaining confidence in her abilities."

In August, Caruso, 18, won the Rising Star Talent Competition, which is the stepping stone to the annual Canadian Youth Talent Competition.

The contest was created in 1991 to encourage Canadian youth to take an interest in the performing arts.

"In order to be eligible for the contest, all participants must fit into one of the age categories and must have amateur status," said Rising Star coordinator Vicki McKinney.

"The reason I started singing was because of Celine Dion. She is my idol and I love her."

-Gabriella Caruso



Pamela Caruso

Gabriella Caruso singing at the Rising Star Talent Competition.

Canadian Idol finalist Craig Sharpe, who competed at the Canadian Youth Talent Competition, top 10 Canadian Idol finisher Jenny Gear, who participated in 1999, and Grammy award winning crooner Michael Bubl  who took part in 1996.

To reach this level participants had to perform at the local fair and at the provincial zone.

Caruso has been in the competition for the last three years.

"This was the one year I got farther," she said. "I won two parts of the competition: my category and overall Grand Champion."

Caruso said the reason she started singing was because of Celine Dion. "She is my idol, and I love her."

Her 13 years of practice have paid off with her performance.

"Gabriella's performance of Roberta Flack's, 'The First Time I Saw Your Face' was beautiful and her tone was flawless," said McKinney. "She sang it with soul, just like Roberta Flack did."

"Gabriella really connected with the audience as well as the judges. One judge got teary-eyed during her performance. It was the perfect song for her to sing."

Performing arts professionals judge the contestants based on their natural ability, how well they perform, stage presence and the audience's reaction to their performance.

"My favourite part of competing is being in front of an audience," said Caruso. "I get in my own zone; I don't focus on anything other than the audience and connecting with them."

The top three finalists receive monetary prize and all contestants receive a commemorative medal.

Past year competitors include:

The Weekend Playlist

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- ❖ Saturday, Oct. 4, 6:52 p.m. to sunrise: Scotiabank's Nuit Blanche. Wander the streets of Toronto all night and try to interpret obscure art exhibits and unknown bands.
- ❖ Oct. 1 to 15: *King Lear* at Hart House. Widely considered one of Shakespeare's greatest plays. Seriously.
- ❖ Opening on Friday: *Nick and Norah's Infinite Playlist*. Three words: Michael Cera's awkwardness (Too poor to go to the cinema? Rent *Juno*.)
- ❖ Oct. 5: Beck will be performing at the sound academy. He is sure to play some of his greatest hits and songs from his new album *Modern Guilt*.

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Say it ain't so Shea. The New York Mets said goodbye to their home of 44 years after suffering a late season collapse for the second year in a row. — TSN.ca

The gold rush begins on the pitch

Defending champs hungry for repeat performance this season after victory in home opener



Jennifer Gordon

Things get a little intimate on the rugby pitch against the Condors this past Wednesday.

Jennifer Gordon
SPORTS REPORTER

The 2007 Ontario Colleges Athletic Association (OCCA) Gold Medal winning rugby team had a disappointing first loss to Mohawk two weeks ago but bounced back in top form to beat Conestoga 27-8 last Wednesday in their home opener at Humber Valley Field.

The stands and the sidelines were full of cheering fans including Humber president John Davies. It was either to see the defending champions or to indulge in the free Humber Hawk Dog served during halftime that drew the crowd.

"Rugby has supplanted men's hockey as that tough, gritty, in your face spectator sport," said Jim Bialek, Humber's assistant athletic director.

Judging by the satisfied fans, they didn't leave disappointed or hungry

The Hawks Matt Stanfield scored the first try of the game to put Humber on the board with 7 points. Graham Haigh kicked a successful conversion to give them a 10-0 lead 23 minutes into the game. Conestoga responded scoring 8 points before the half came to a close.

However, the Hawks took flight in the second half dominating the Condors and outscoring them 17-0.

Graham Haigh, a new addition to the team, had a game high 12 points, scoring one try, kicking two

conversions and also landing a penalty kick.

"We're not a rugby team, we're a rugby family," said Jake Thomson, a second-year film and t.v. production student. "The closer we are, the better we perform on the field."

Thomson, who sat out the game, was injured very early last season but is hoping to be "fit to play" within the next few weeks.

Better known as "Dre" by the team, this year's new assistant coach and last year's team captain, is Andre Rose-Green. Rose-Green expects the same thing from his team even though he's now got a different view on the sidelines.

"We've constructed a system that worked really well for us last year, which brought us our first championship," he said.

New captain Mark Falkinson, a third-year recreation and leisure student, hopes for more of the same.

In regards to the opening loss, Falkinson said, "I hadn't lost playing Humber rugby in over a year and a half, so it was a slap in the face. I really took it personal. By beating Conestoga we're back on track. It's a building process, hopefully by the halfway point, we'll be firing on all cylinders."

This is Falkinson's third and final year playing for the Hawks but he's not looking too far ahead. Not beyond another championship ring anyways.

The Hawks next game is today versus Seneca in Markham.

Condors are extinct

Women remain unbeaten record after five games

Amy J. Shields
SPORTS REPORTER

The Hawks continue to soar, claiming a fourth straight win with a 2-0 shutout against the Conestoga Condors last Wednesday and a draw against Fanshawe.

The smaller field at Conestoga, "puts us at a disadvantage because we can't use our skill as much and the other team can be a lot tighter on us than they normally could be on a larger field," coach Mauro Ongaro said. "The field was very hard; it was very bouncy."

The Hawks defence was able to work with the dynamics of the pitch because they "had good composure and made good decisions," said Ongaro.

Those decisions played a part in Keyla Moreno's penalty goal midway through the first half and Connie Tamburello's goal in the second.

"We played our game, played the ball on the floor and came out with a strong win," said Hawks player, Nilda Correia.

The Condors were unable to capitalize on the few opportunities

"Humber just proved to be the better team"

—Nick Dellic
Condors assistant coach

afforded them and the Hawks "broke them down a few times" said Ongaro, a sentiment shared by the Condors coaching staff.

"We need to work on our fitness and composure. We had some mental errors that broke down," said assistant coach Nick Dellic of the Condors' performance, "Humber just proved to be the better team."

Ongaro admits the team is still a

work in progress still the coach has high hopes for the future as there is always work to be done going forward. Bottom line, he likes where the Hawks are heading.

"We've got to get a little bit stronger on fifty-fifty balls," Ongaro said. "On balls in the air that we've got to commit ourselves to; to win those balls. Those are things I think we're improving on."

Following their strong effort against Conestoga and despite their hard work and improvements, the Fanshawe Falcons gave the Hawks their first real challenge on Sept. 28. The visiting Hawks could not produce a goal, yet prevented the Falcons from doing the same, resulting in a 0-0 draw.

The Hawks next play at Humber Valley Field this homecoming weekend. They will face-off against the St. Clair College Saints on Saturday, and the Lambton Lions on Sunday.



Amy J. Shields

Keyla Moreno battles for the ball versus Conestoga last week.

Attention Basketball Players:

The Toronto Raptors D-League affiliate, the Idaho Stampede will be holding open tryouts Oct. 5 & 6 at Humber's North Campus. For registration details and more info go to idahostampede.com



Manchester United is the most successful team in English soccer. Sir Alex Ferguson's side has won ten Premiership titles, never finishing lower than third. - *espn.com*

Golfers looking for more gold at tourney

Tim Morse
SPORTS REPORTER

Humber golfers are going into this week's Ontario College Athletic Association Championship in Morrisburg looking to defend their team titles.

"We have the three best golfers in our category and there's only one other woman in the country who can play at their level. Same with the guys," coach Ray Chateau said.

Chateau added both teams will make it to their respective nationals this year.

Humber has a sparkling record at the OCAA tournament, winning a combined nine team provincial titles in the past seven years.

Because the player limit for the OCAA and Canadian College Athletic Association (CCAA) championships is three, the women have also been competing in the NCAA circuit, which allows for five players.

This year's team includes CCAA gold winner Shauna Wilde and Canada's International University Sports Federation Games representative, Bev Peel.

They are joined by fellow veterans Maggie Trainor and Amanda Milward.

A new recruit, Jessica McLean, was also added this year.

The men's team is equally talented.

Returning this year are captain Mike Zizek, OCAA individual champion Ryan Willoughby, and recent Niagara Invitational gold medalist Brett Pearl.

Rookie David Szesztopalow is the newest member of the group.

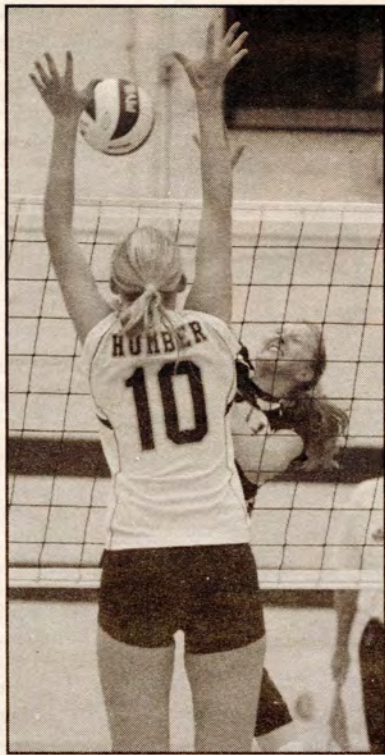
In 2008, the Humber golf teams received a \$25,000 grant from the Royal Canadian Golf Association. This grant will go towards scholarships, travel, equipment, and entry fees.

"You know it really does help," Zizek said. "We need the money for travelling and spring training."

Assistant Athletic Director Jim Bialek is also optimistic about a return trip to the nationals.

"The team has members that have a very good chance of returning again this year," he said.

Both teams won gold at the Durham College Invitational on Sept. 22, with the men adding a home victory at the Humber Invitational in Toronto on Sept. 16.



Doug Richards

Robin Stafford blocks a spike.

Gap between college and university teams narrowing

Volleyball crews split exhibition tourney with U of T

Alex Schwalm
SPORTS REPORTER

The Hawks' volleyball teams showed that the gap between university and college varsity is decreasing, splitting a series of exhibition games against the University of Toronto last Friday.

The men's team lost its game 3-0 (18-25, 17-25, 25-27), but the defending OCAA champion women won their match 3-1 (25-17, 21-25, 26-24, 25-22).

Athletic director Doug Fox said that although university competition is traditionally stronger than college competition, Humber's

teams have fared well in the past.

"We are above .500 against university teams," he said.

Despite the loss, men's head coach Wayne Wilkins liked what he saw out of his team during the game.

"There used to be a larger gap," Wilkins said. "Universities were getting the best athletes, but that gap has narrowed."

He also said that some of the top athletes in Ontario are choosing to go to college over university, which may be a reason for the decreasing gap in skill.

The coach of the women's team, Chris Wilkins, treated his U of T opponents no differently than he

would any other varsity team.

"It's just another opportunity for us to get better," he said.

"I would say that the top four college teams can compete with the top four universities," he said.

Even though the level of competition between the college and university varsity volleyball is closer than ever before, Chris Wilkins does not believe a league merger is likely.

"They are two very big leagues, it would be tough to manage," he said.

"It would probably eliminate a lot of teams. University of Guelph and Humber would only need one team. I don't know if it would be good for the sport."



On Tuesday, October 14, vote.

A federal general election is taking place on October 14, 2008.

Did you receive this card?



Keep the voter information card you received by mail from Elections Canada. It tells you where and when to vote. You'll get through the voting process more quickly if you have it with you.

If you haven't received it, or if you found an error in your name or address, please phone your local Elections Canada office. You'll find the number at www.elections.ca by clicking on "Voter Information Service".

Where and when to vote?

Advance voting

You can vote before election day. Advance voting will be held Friday, October 3, Saturday, October 4 and Monday, October 6, from noon to 8:00 p.m. Locations of advance polling stations appear on the back of the voter information card.

You can vote by mail or at your local Elections Canada office using the special ballot if you make the request by 6:00 p.m. on Tuesday, October 7.

To download the registration form, go to www.elections.ca and click on "I'm Mailing My Vote!", or call Elections Canada to obtain the form and information.

Do you know the new identification rules to vote?

When you vote, you must prove your identity and address.

For the list of acceptable pieces of identification authorized by the Chief Electoral Officer of Canada, please see the pamphlet you received by mail from Elections Canada or visit www.elections.ca and click on "Voter Identification at the Polls".

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