

Vho will be Prez?

By JOE MORIANA SAC Reporter

AC campaigning entered full swing Tuesday when candidates assembled in the student centre for the first of three public forums.

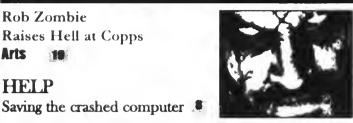
Five presidential candidates, one vicepresidential candidate, and one Board of Governors (BoG) candidate took the podium to unveil their platforms to a modest turnout of 50 people.

Most promised to work harder for students by giving them greater representation and improving their social and academic experiences at Humber. See SAC

HUMBER HIGHLIGHTS

Rob Zombie Raises Hell at Copps Arts 19

HELP



VOLLEYBALL ALL-STARS CALL IT TEAM HUMBER

> Sports 22



David Gault, Raj Gogna, Corbie Kent, Edgardo Majarais, and Muhammad Virk fight for votes in the battle to represent students as SAC President.

New constitution proposed by SAC

But CSA still weighing options

By JUANITA LOSCH News Reporter

AC is seeking greater autonomy from the Council of Student Affairs in a move which could put hundreds of thousands of dollars into the hands of the student government.

SAC president Tracy Boyer said her government wants to incorporate into a new entity which would have a free hand to manage money which goes to the CSA.

option of killing any student proposal by voting as a block.

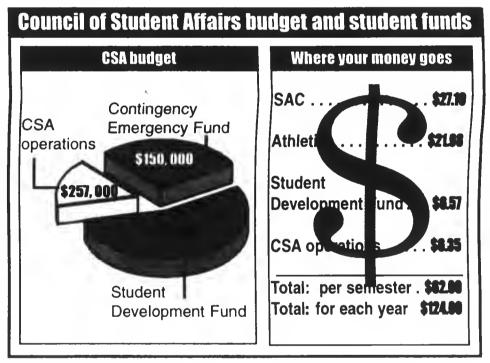
SAC gets \$27.10 per semester from the \$62 each student forks over in student fees for a total of \$697,000 a year. Athletics gets \$21.98. The CSA receives the other \$12.92.

It is the latter that SAC has in its sights as it attempts to negotiate a new constitutional arrangement.

Also at stake is the allocation of a \$495,000 reserve fund managed by

CSA. Judy Harvey, Dean of Student

Services and CSA member, said she is confident negotiations will proceed.



\$20,000, SAC has a report to help organize the constitutional changes.

Boyer said there is an overlap in the structure of the CSA and SAC which can

Fox said constitutional changes can take a long time, but quicker doesn't always mean better. He added that it's important things are done properly when the next year's group of SAC rep resentatives are elected this month.

However, she cautioned it will take a couple of years to negotiate the constitutional reforms necessary to achieve greater independence from the CSA which includes a contingent of faculty.

When asked how much money SAC stands to gain, Boyer responded: "It is very much in the air. It's what we can negotiate with them."

The CSA has final say over some of SAC's and SAA's expenditures. The CSA consists of 11 people in total: four college administrators, and seven student representatives - six from Lakeshore and North Campuses, and one from the Athletics department.

It takes a two-thirds majority – 8 out of 11 - to pass a bill. This gives faculty the

"It's too important. We've put too much time in it now to abandon it," Harvey said. "I don't see it being abandoned."

Doug Fox, Director of the Athletics Department and CSA member, said he thinks an incorporated SAC would be a healthy change and that its impact on athletics would be minimal.

"The SAA will be more accountable and will have a better profile," Fox said. During the negotiations, SAC devel-

oped a working name: HSF Inc. (Humber Student Federation).

"We want to improve the structure and accountability from the bottom to the top of the organization," Boyer said.

SAC has been working under the advice of the Berekely Consulting Group since January.

After paying consulting fees of

sometimes mean too many hands dipping in the pot. She added that she is anxious for a change to be made.

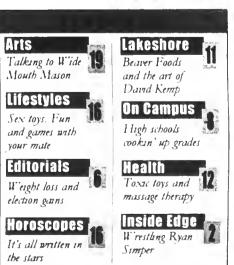
"I really want something to happen with this because I didn't want to spend \$20,000 of students' money this year to have nothing happen," Boyer said.

Maggie Hobbs, Director of Student Affairs, said SAC must do whatever is equitable for students, adding that she remains neutral in the attempt to negotiate SAC's divorce from CSA.

Boyer said SAC is not abolishing the CSA, but would like to see it act more as an advisor that oversees such things as elections.

Lakeshore Associate Principle, Pat Ferbyack, who is also a member of the CSA, did not comment on the negotiations, adding it was "too premature to discuss."

4 See **Obstacles**



erceveraedivor@hovmai..com



N NO

Compiled by Ryan Simper

MWF pictures source: www.wwf.com

Useless Warning Labels

Some of you who enjoyed St. Patrick's day a little too much might have wanted these warnings on what you were drinking.

GUINNESS

WARNING: Consumption of alcorrowy may you think you are whispering in you are not.

WARNING: Consumption of ale factor in dancing like an assho

WARNING: Consumption of alc ho you to tell the same boring stor again until your friends want the head in.

WARNING: Consumption of alcohol may cause you to "thay shings like thish."

WARNING: Consumption of alcohol may lead you to believe ex-lovers are really dying for you to telephone them at four in the morning.

WARNING: Consumption of alcohol may leave you wondering what the hell happened to your pants.

Watcher Chinesemption of alcohol may cause you to refer the provide and see something feally scary (coordepeole and/or name you can't remember]-// About WARNING: Consumption of alcohol is the lead-

WARNING: Consumption of alcohol is the leading cause of inexplicable rug burns on the forehead.

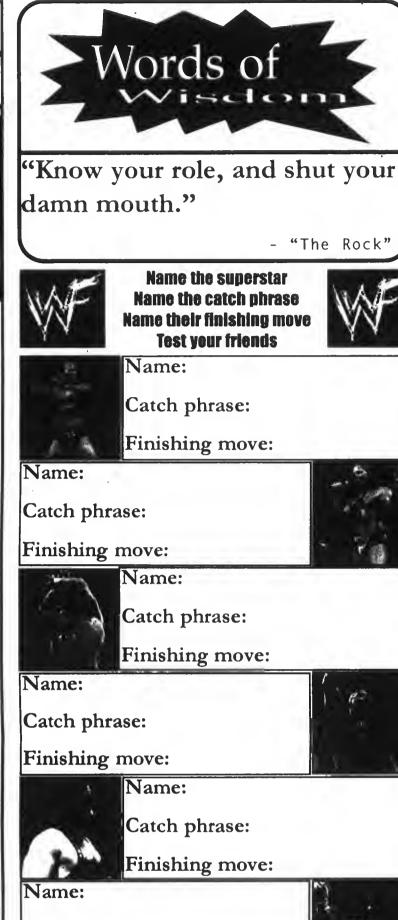
WARNING: Consumption of alcohol may create the illusion that you are tougher, more handsome and smarter than some really, really big guy named Bubba.

WARNING: Consumption of alcohol may lead you to believe you are invisible.

WARNING: Consumption of alcohol may lead you to think people are laughing WITH you.

WARNING: Consumption of alcohol may cause an influx in the time-space continuum, whereby small (and sometimes large) g may seem to disappear.

WARNING: Consumption of alcolated ally CAUSE pregnancy.



Catch phrase:

Finishing move:



Catch phrase:

Name:

Finishing move:

Totally Useless WWF Trivia

- How many title belts are there in the WWF?
 Who is the current WWF heavyweight champion?
- Who is the current WWF intercontinental champion?
- Who is the current WWF european champion?
- 5 Who is the current WWF hardcore champion?

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- 6 Who are the current WWF tag team champs?
- What is Vince McMahon's faction called?
- What faction is X-Pac a member of?
- What WWF superstar recently starred in an episode of Nash Bridges?
 - Which WWF superstars recently made an appearance on That 70's Show?
 - Who is the largest wrestler in the WWF today?





Rez gets CO detectors

BY JACK TYNAN Et Cetera Staff

Ctudents in Humber's residence can now breathe easy.

Four months after a law was passed requiring carbon monoxide detectors to be installed in Toronto buildings, residence is now being equipped.

The CO detectors are being installed about six weeks earlier than planned.

Humber has hired a private contractor to install a detector in every room.

"They are going into every unit in both buildings. It should be just about done," said Gary Jeynes, Director of Physical Resources.

The CO detectors are being wired into the ceiling.

"They just went in, took about 10 minutes and hooked it up. No problems," said Luke Schraa, a second-year Mechatronics student living in residence.

Now students just have to hope their CO detectors work.

"They're in and the light's on; I guess they're working," said first-year Funeral Services student Jeff Allensen.

Last week, a classroom demonstration at Seneca College found a failure rate of 81% among 26 commonly-used carbon monoxide detectors.

These test results, done by students, are not scientific but raised concerns.

Jeynes is confident that Humber's detectors will pass

further testing.

"They are the next generation of detectors," said Jeynes, who added that everything was insured by the contractor. Some students are still concerned about carbon monox-

ide.

"Over the last few months, they were checking for carbon monoxide with a meter and none was detected," Jeynes said.

"I think it's good news but they put them all on the ceiling and from what I hear CO stays within three feet of the ground so I don't know how much good that's gonna do me," Allensen said.

Residence officials would nor comment on the installation or possible flaws in the detectors.

SAC executive forums a dry affair

BY JOE MORIANA SAC Reporter

avid Gault, a secondyear business administration student, said he would make no promises to drastically amend budgets for student fees and parking because they have already been set for next year.

As president, he said he would continue with current plans to implement an ombudsperson.

News etc.

III NGR gets upgraded

The National Graduate Register and Campus Worklink have joined forces to give students a better chance of finding a job after graduation. There is a new registration setup on the main page, which can be found at www.worklinkngr.com. The new password is hcollege. However, some students, who have tried to use the system since March 17 when the changes were announced, have had trouble accessing the system. Neither applied arts nor journalism are listed as fields of study, leaving jobseekers to use the closest university program listing to look for a job.

He added he wants to increase student access to computers by improving SAACNET facilities.

"Students don't realize the power they have. The College is here to serve us," he said.

"Just saying you're upset about something isn't good enough, you have to go one step further," he added.

Raj Gogna, a second-year Marketing student, said he felt qualified for the position of president given his business expertise in the areas of accounting and finance.

During his emotionally charged speech, Gogna expressed outrage over the college's approval of a 9.5 per cent tuition hike for next year.

If elected, he said he'd approach the BoG with a petition of student names and propose alternatives to fee hikes.

"They should decrease administrative cost-restructure administration rather than put the burden on students and their families," Gogna said.



PHOTO BY RYAN SIMPER

There were a couple of empty seats at Tuesday's SAC Executive elections forum. Vice-presidential candidate Chuck Decker, left, and Board of Governors Rep candidate Michelle Derose, right, were flanked by seats that went unfilled. Neither V.P. hopeful David Wolanski nor BOG Rep candidate Bryan Burke turned out for either of Tuesday's or Wednesday's forum.

Corbie Kent began his address Public Relations student who ences. brings with him real world business experience.

In response to the increasing average age of students, he said he wants to expand health coverage to include dental service to students and their families. Michelle Derose, candidate for BoG representative, said she is eager to expand on her existing role of being a SAC representative for the School of Business.

. Lest in leve

Crimes of passion may soon be stricken as a defence under the Criminal Code, the National Post reports.

Under the old defence, a defendant could have his conviction reduced if he could prove the crime was committed with "provocation."

with a dictionary definition of success, adding "that's what I want to bring to Humber."

The third-year Professional Golf Management student has been very active in college activities.

He also said he has formed a great sense of pride in Humber.

Kent said he wants other students to come away from Humber with an enriched experience like he's had.

He said he wants to increase student awareness of college operations, such as the college's allocation of fees.

Also on his agenda is strengthening the physical therapy clinic which he said is failing to serve many students.

Ed Majarais is a first-year

After working two years for American Airlines, he said he is knowledgeable about running an office and meeting deadlines.

Majarais said he aims to create a better learning environment and give student morale a much needed kick.

"Morale is an important issue," he said. "Happy students are productive students."

Muhammed Virk, a second year Computer Programming student, already serves as a SAC representative for the School of Information Technology.

He said he aims to form an alumni committee to allow students to network with grads and learn from their work experi-

Virk also wants to counter the high cost of textbooks by establishing a book bank which will offer more student friendly prices than those of the bookstore.

Chuck Decker, candidate for vice-president, capped off his speech by asking students to "let me be your security blanket"

Decker, also a SAC representative, said he wants to extend the responsibilities of vice-president beyond programming social activities and events.

He said he wants to be more involved in the activities of the president's offic

He also wants to work more closely with the Ontario Community College Student Parliamentary Association (OCC-SPA) to voice student concerns.

"I'm intrigued by the prospect of being in the know of the goings-on of the college which most people don't know about," she said.

Kenn Bell dropped out of the running for president. Candidates Bryan Burke and David Wolanski did not show up for the forums.

Remember to get out and vote. Election days are on March 23, 24, and 25. A polling station will be located in the concourse.

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•News•

Massage parlours rub cops the wrong way

■ For \$80, a naked customer can buy the services of a nude attendant

By ROBERT STEEVES

News Reporter

Police say they are fighting an uphill battle to stop the proliferation of illegal massage parlours.

Illegal massages have become so popular in the past couple of years, they are "infecting the Etobicoke region," said Det. Const. Angelo Perruzza of the Major Crime unit in 23 Division.

Police are attempting to stem the tide but are having a tough time, Perruzza said.

In a bid to shut a parlour down, investigator must visit the premises on three separate occasions before they can get a search warrant

for a raid

Perruzza said the Criminal Code contains provisions to shut parlors down but it doesn't stop owners and operators from opening elsewhere.

Under the Criminal Code, the owner of an erotic massage parlour – and the landlord of the property – can be charged with being a keeper(s) of a common bawdy house.

The people who work there can be charged as being inmates of a common bawdy house. Clients arrested at the scene face charges of being found in a common bawdy house.

Standard court-ordered fines range a fine of \$2,000 - \$3,000 for owners and operators.

However, the law stipulates that police can only charge clients if the customers knew beforehand that there were illegal activities taking place.

Perruzza said that investigators are finding municipal by-laws more effective in the fight against body-rub parlours than provisions in the Criminal Code. Under a Toronto by-law, the premises where common baw $d\hat{y}$ house has been operating, can be closed for two years.

In order to open the doors before that time is up, an owner can post a bond of up to \$10,000.

The bond is revoked, however, and they get charged again if they are actually caught running a common bawdy house at the same location. Sentencing is also contingent on what the judge deems appropriate.

Perruzza said a full-body massage – provided by a topless attendant – will cost a customer about \$60. If both the customer and the attendant are naked – and the client can touch the attendant – the cost is about \$80.

Most massages last for up to 45 minutes. Attendants providing the service keep about one third of their earnings. The owner and operator scoop the rest.

Perruzza has said the police have received some complaints from the public but added that investigators get most information from newspaper ads and strip clubs.z



SAC looks to overhaul system

continued from pg 1

OBSTACLES:

One of the major hurdles standing in the way of a deal is the dispute over the possession of Cap's liquor licence. The college controls the licence, but SAC has come up with a proposal to transfer it to the student government.

Cindy Owttrim, CSA business manager, said she doesn't see how SAC taking over the licence will change its operation. She added that Caps manager, Steve Portt would still be in charge of the pub's daily operations.

Harvey said she doesn't view the situation at Caps as an obstacle, but rather as unresolved issue.

The issue over liability is one of the college's concerns for handing over the licence, Harvey said. No matter who holds the licence, the college is still responsible for the pub to some extent, she said.

"If the college has the liability then the college should hold the licence and manage the pub as a way of limiting their liability," Harvey said.

New training program for the disabled

By CHRISTINA KUDLIK News Reporter

Humber College Business & Industry Services in partnership with Human Resources Development Canada "Opportunity Fund" project is offering a new training program for students with disabilities.

"The Opportunity Fund" assists persons with disabilities, who are not eligible for employment benefits. The program is offered at no charge to individuals who meet the requirements. Tom Proszowski, Project Manager, for Digital Imaging Training Centre said "this is the first course of its kind being offered at Humber." Individuals interested have to be between the ages of 16-30. They cannot qualify for Employment Insurance and must have a basic knowledge of computers. The latest computer technology and training techniques will be provided. Interviews for the program will be held on March 24. The program will begin March 29, and last for 15 weeks. If you are interested, please, contact Tom Proszowski at 675-6622 ext. 4412 to schedule an interview.



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• News •

A day in the life of D.M. Thomas

Famous author talks writing, teaching, and the Russian tongue

> **By VICTORIA MUSGRAVE** News Reporter

👕 ritish author D. M. Thomas hopes his novels and poems give readers a heightened sense of life and death. Thomas is best known for his novel The White Hotel, which was nominated for the prestigious Booker Prize and is soon to become a major motion picture.

Thomas leaves his home in Cornwall, England, every summer to teach at the Humber School for Writers.

Thomas also tutors writers through a correspondence course offered by the school. Thomas said he finds both experiences to be rewarding and enjoys meeting up-and coming-writers.

Thomas is one of those rare individuals who was able to discover what he most wanted to do with his life. For more than 20 years, he has been able to dedicate himself to writing full-time. The knowledge that he was a writer came to him quite suddenly.

"One day I was out walking in Oxford and there had been an accident. A girl had been knocked down. Someone had put a coat over her. I had a kind of tingle in my nape and I thought I'd like to write a poem about this and 1 went back to my lodgings and wrote a poem. I'm sure it was a bad poem At that moment I thought 'This is what I want to do above all else'," Thomas said.

The 64-year-old author was in town last week to take part in the Humber Writers School for Distinguished Speakers Series and read from his latest work, Alexander Solzhenitsyn: A Century in his Life, a biography of Russia's most famous dissident

The work is the story not only of the author of The Gulag Archipelago and One Day in the Life of Ivan Denisovich, but of Russia itself from 1917 to the present day. Thomas' combines biography



exhaustive research with a D.M Thomas is one of England's most celebrated writers. This summer, he will be a featured novelistic style that has instructor at the Humber School for Writers. received good reviews.

Would Thomas consider writing another biography?

"No, absolutely not. Having said that, someone will come along and say 'I'll give you \$10 million dollars to write the life of Groucho Marx' and I might say 'yes'. But short of that – no. Too exhausting, too time consuming," he said.

Thomas became fascinated with the Russian language and literature after studying the language during his service in the British army at the height of the Cold War. Many British servicemen studied the language so they would be able to interrogate prisoners in the event of a war with the USSR.

Thomas never got to use his language skills to interrogate prisoners, but has translated the works of Pushkin and Akhmatova.

Thomas has advice for anyone who would like to become a writer.

"Put aside some time each day for writing. You have to give the muse space to come down to you. If you are constantly busy, you are not going to get inspired," he said.

COURTESY PHOTO

"You have to find at least an hour, if not more, when you are either walking, or in a room, at a desk, browsing, daydreaming. Make jottings. Keep a daily notebook. Just put your thoughts down and read other good contemporary authors," he said.

No strike plans for support staff - yet

By Shauna De Gagné News Reporter

Humber's 340 support staff do not plan to follow in the steps of the recent public school support staff strike, said Helen Hrynkiw, president of OPESU 563

and a contract extension of one vear.

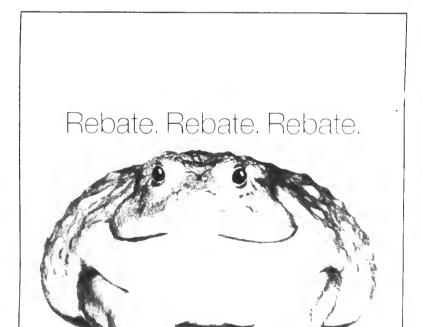
Hrynkiw said this has stirred up much controversy because to get a wage gain, OPSEU 563 will have to wait another year.

She also said the contract extension was not negotiated. A vote will be held on March

good news, for now.

"They know their jobs are secure for two years, but what's going to happen after that?" she said.

Over 14,000 support staff were on strike for two weeks. The strike affected thousands of schools in the Toronto area Sixteen schools were forced to cancel classes because of problems with old boilers.



But that doesn't mean Humber support staff, including maintenance and custodial staff, grounds workers, secretaries, registration and financial staff, are happy with their current contract.

Hrynkiw said their contract was up in September 1997 and at that time, their main concern was job security.

But things have changed.

"(The negotiating team) approached the Council of Regents to ask them for a re-opener on wages only because of the negotiation settlement the faculty managed to achieve (in September 1998) and they were looking for some parity between the two sectors," Hrynkiw said.

The Council of Regents made an offer to the support staff which included a small wage increase 23 to either accept or reject that offer.

If the support staff reject the offer, it doesn't necessarily mean they will strike.

"It simply means we are staying with the status quo and we will stay with the contract we have now until the year 2000 and then negotiate at that point," Hrynkiw said.

Hrynkiw said she understood the frustrations of the striking support staff at Toronto public and elemtary high schools.

"(Premier Mike) Harris has really been beating up on the unions and I think they're just really getting tired," she said.

Meanwhile, the strike ended on March 12 when the support staff were offered a tentative agreement. Hrynkiw said this is

In 1977, Humber's support staff went on strike for two weeks. The college remained opened.

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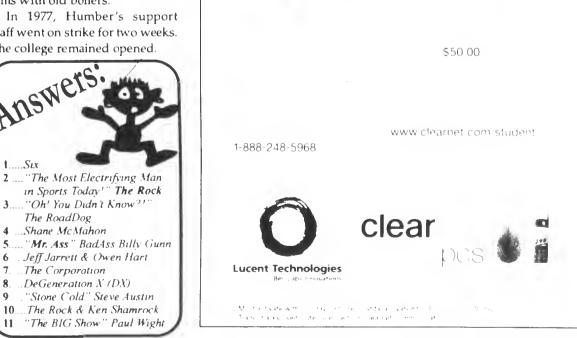
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The RoadDog

...Shane McMahon

The Corporation

• Et Cetera • SEPTEMBER 17 - 23, 1998





Have your say in SAC election

Voter turn-out for SAC elections is pathetic. Last year, about 600 students out of a possible 11,000 mustered-up enough time to fill out a ballot Looks like most students don't care about how their education is administered

A politically apathetic student might say: "I'm here for an education. I'm here to get a job. I'm not here to run the school. We have administrators for that."

And with that kind of shortsightedness, students fork over their money while sacrificing their voice.

Issues such as tuition increases, the re-constitution of SAC, the role of Caps, the cost of books, and the curriculum content of courses, depend on the voice of students.

By convincing yourself that

voting is a waste of time, you're not getting the most out of your education.

Participating conscientiously in the democratic process is an important exercise. It forces you to listen to what others have to say; share your ideas and opinions with others; stand up for what you believe is right; and learn the painful lesson of compromise.

Furthermore, without a strong voter turn-out, the authority of SAC representatives is undermined. Not everyone has the time or the bent of character to enter the political arena, however, you shouldn't leave those who are willing to make that sacrifice out in the cold

Neither should you abandon students who are coming to the college after you.

It often takes years to bring about change here. Plans made by students one year need the support

years to come to fruition. With the student body continually If you don't vote, then changing, communication between students is critical. you're not getting the Election periods should be a time when students talk to one most out of your another about the kind of school they want. education

Voting is the easiest way to support those who share your school vision and to get

of students in subsequent

61710

involved. It's simply irresponsible for students not to acknowledge these candidates by filling out a ballot

So listen to the candidates' speeches. Talk about what they are saying. Ask questions.

We can't make you vote, nor do we want to. We just think voting is in your best interest, and so we challenge you to make your voice heard on the coming election days: March 23, 24 and 25.

Consumers should be wary of new fat pill

It seems as though our society can only get excited about weight loss and fat reduction methods if they can either be slapped on or washed down.

Every time a new cream or pill offers hope for ridding our bodies of unwanted fat, one thing is sure to happen: People get disappointed.

This week's launch of Cellasene has women across the country excited once again about the latest "easy" solution to the dreaded, dimpled pockets of skin below their waistlines.

Made from ingredients like ginko biloba, grape seed, clover and kelp, this herbal pill promises to reduce the appearance of cellulite by increasing blood circulation, stimulating metabolism and reducing localized fats.

Given the lack of success of past pills and treatments, the wise consumer can't help but look at the current product with skepticism.

Although Cellasene is not yet known to cause any side-effects, one cannot help but wonder whether, a few years from now, women who have taken the drug will discover clumps of hair on their pillows or develop a chronic case of the hiccups.

Fat substitute Olestra's "have your chips and eat them too" attitude sounded promising, too,

before it's disgusting side-effects were discovered.

Now, no amount of fat loss seems worth the abdominal cramping, not to mention the loose stools

And trying it doesn't come cheap.

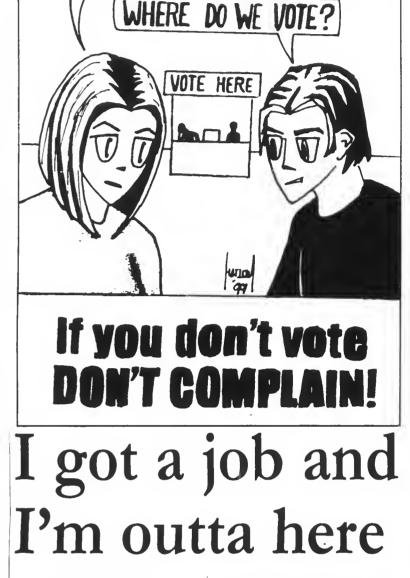
How much more money are women expected to dish out for false promises of youth and beauty? According to Cellasene manufacturers in Canada, it'll cost \$70 per week for at least two months before the drug's effects are supposed to become noticeable.

This amounts to more than \$2000 a year, if women wish to maintain their programs; a hefty price to pay for a product with no guarantees.

Women would be better off putting this money towards health club memberships since exercise, coupled with a sensible eating plan, is a fat-reducing method that works.

As long as Big Macs, triple cheese pizzas and Triple Brownie Overload ice cream continue to be worshipped, no amount of pills or creams will magically make our fat problems disappear.

It's time to stop looking for solutions in bottles and jars and start using discipline - not dollars - to achieve our goals.



WHEN IS ELECTION DAY? WHO'S RUNNING?

BY RYAN SIMPER

n the road again...just can't wait to get on the road again.

Willie Nelson crooned about going from place to place years ago while I was still playing with Lego and GI Joe action figures. The only place I had to worry about going was to my room when mom and dad were mad at me.

But now I'm older, and moving on to different places should not be unusual.

During my teen years, I

thought the biggest

until I had eight pints to drink. No, that's not it. I meant it when I said, "I love you man," even if it was induced by alcohol.

I don't want to leave, but I have to. It's time.

I'll miss friends, of course, but I'll miss faculty as well. Many staff members helped me through these last three years, and I can't thank them enough.

I will miss all the things this school has to offer. I can still come here for the social life, but l hate the fact that I will need someone to sign me in at Caps. When I think of all the things

POINT OF VIEW

that are ahead of

Humber Et Cetera

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> • Et Cetera• MARCH 18-24, 1999

transition in my life would be leaving high school for college. l was wrong.

I've realized the transition from post-secondary studies to a career is a much bigger deal.

After all, college is just like high school, except you study less and drink more.

And the relationships I've formed here are stronger than those I had in high school.

I don't know whether it's the fact that I'm more mature and have more value for someone's friendship, or whether being around a group of people who share the same interests and goals as mine has made me feel more secure.

Or maybe I hated all of them

me at this moment, only one thought comes to mind. I'm scared.

I'll be working nine-to-five, five days a week for the first time in my life. But, I have no worries, right?

The influence that faculty and friends have had will help me through. I know that everyone is just a phone call, or with today's technology, an e-mail away.

I've realized that friendship is worth more than any job could ever pay me. Hopefully, all the friends I have now will continue to be there for me in the future.

On the road again...going places where I've never been...

Ryan says no one liked him anyhow.

SPRING BREAK

Making heaven out of hell in Mexico



every stu-Ľt′s dent's ideal Lspring break: A sunny week in Mexico with your closest buds. Two weeks ago I waltzed into my hotel a true Acapulco virgin. I expected oodles of fun, drink and

romance. And there was. But in hindsight, I wish I knew the following rules beforehand:

Rule #1: NOTHING is free.

No sooner does your plane land when three or four locals hi-jack your luggage and wheel it away in a scene that resembles theft.

When you finally catch up to the suitcase snatchers, you realize they aren't thieves in the traditional sense. They just want a tip. If you don't cough up the pesos, the luggage looters will follow, harass, and annoy you until you leave the airport.

And if you're fortunate enough to lodge where hotel staff bring you drinks on the beach, be wary of imposters. These guys – actually locals who push jet ski rides – look strikingly like the all-inclusive hotel waiters. What they won't tell you, until they've brought you your drink, is that it costs money Rule #2. Befriend a Bronze Cross medallist

During your stay, you'll be tempted to try water activities such as riding the exciting "banana," a long yellow tube pulled by a boat Adrenaline rises as life jackets are thrown to you while you straddle the big, bad banana But what they don't tell you is that the second you surrender your money and the engine begins to roar, you're old news.

Not once during your entire 10-minute zip across the bay do the drivers look back to see if you're still alive and clinging. Water isn't scary if you're wearing a lifejacket, but the flimsy things are designed so poorly they can open on impact. And, oh yeah. There are sharks. No one told me that either.

The undercurrent is another story. I waded into the ocean expecting a subtle tug at my hips. I staggered out after a grueling battle with Mama Nature. This undercurrent neither pushes victims out to sea nor disdainfully spits them onto shore. It grabs, tears, and rotates you. What they don't tell you is how to survive the undercurrent. Don't fight it. Stupid tourists always do

Rule #3 Ladies, stand by your man.

Acapulco is a fantasy land where women can be parapered like queens. What they don't tell you is that women who travel sans men are in very big trouble. Sexual harassment is normal in Mexico, and there is no protection.

Every night at the clubs, the bar staff are the tirst to begin the free-for-all grope session. No sooner had I gulped a glass of wine than I telt the "bouncer's" firm grip on my left buttocks. Three times

The local patrons are much worse. We made some male triends and no one touched us again.

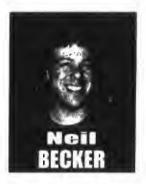
My intention was not to paint a grim picture of my vacation in paradise. It's just that so much can go wrong. The majority of my Acapulco memories are punctuated with "I almost died, I could have drowned, there was a shark there, I swear."

But a few pointers can keep your time in heaven from becoming a living hell. Just don't drink the water.

Andrea Lewandowski plans to spend next spring break in Nome, Alaska

BOXING

Change rules of the game



Professional boxing is beginning to resemble the shenanigans of the World Wrestling Federation.

Especially after whispers of a "fix" spread last Saturday night at Madison Square Gardens in New York, when Evander (Real Deal) Holyfield and WBC Champion Lennox Lewis fought to a controversial draw.

After the 12th and final round, the ugly side of the sport reared its head when fight fans, including Wayne Gretzky, Jerry Seinfeld

and Jack Nicholas, screamed in disbelief and rage when Holyfield, who was outpunched 348-130, somehow won the fight on points

The fight's American judge, Eugena Williams, repeatedly said she had no second thoughts about her decision (until recently) to give Holyfield more points.

But a judge from South Africa thought Lewis won a close decision. And to the astonishment of the people in attendance, a British judge calculated a draw.

Lewis's trainer, Emanuel Steward, hit the nail on the head when he aid boxing's reputation is taking a beating and that judges are not

Weird Newz

DEAR OL' DAD

Three men were charged by Chicago police in connection with two rape-slayings, thanks to the help of a 10-year-old girl, the Globe and Mail reports. She recognized her own father's picture when it was shown on the evening news.

The Grade 3 student recognized her dad and a friend of his on a picture taken from a surveillance camera. The girl informed school officials the next day, who contacted police.

NO CONTEST

The New York Times reported an Arab woman will represent Israel in the Miss World pageant. Rana Raslan, 21, said the decision had nothing to do with politics.

GROWING SPERM - IN MICE

A controversial Italian doctor has developed a way to help sterile men by "cultivating" their sperm in mice, according to the Globe and Mail. The technique has already led to the birth of five babies, said Dr. Severino Antinori Spermatogonia are taken from sterile men, grown in the testicles of mice, and removed after three months.

He said he invented the "subzonal-insemination" method of directly inserting sperm inside female eggs over a decade ago to beat impotence.

Antinori is the same doctor who raised eyebrows when he helped postmenopausal women become mothers.

Campus Wire

m Brock

(www.brocku.cu/press)

Students are complaining about the new pay telephones which are being installed across campus, including the student centre. The new phones, purchased from AT & T Canada, are incompatible with Bell Quick Change phone cards, which only work on Bell phones. The reason for the change was that AT & T was offering the school a 20 per cent return compared to the 7.5 per cent offered by Bell. The extra money will be put into bursaries. The new phones are also equipped with special screens to sell advertising on. Despite the benefits, students are still upset their phone cards can no longer be used.

Ryerson

(www.scsi.org/theeyeopener)

The school announced a fiveyear preferred vendor deal with Coca-Cola. Exactly how much money is in the deal for Ryerson is not being revealed. But 37 per cent of the money will go into student services, athletics and bursaries while 63 per cent will be used to take a bite out of the university's capital debt. Coke will continue to pump \$10,000 per year into the athletics program. Such contracts mean big bucks for schools and develop student loyalty for soft drink corporations.

III Western

(www.gazette.uwo.ca)

A man was stabbed last weekend at the Sassafras Cafe and Bistro in downtown London. The victim, Dean Watson, 24, was taken to London Health Sciences Centre with multiple stab wounds. He is in stable condition and expected to make a full recovery. Watson was in a fight when he felt someone stick something in him, he told police. It's the 10th such incident to

scoring the fights in a professional manner.

I believe the system of scoring fights has to be different for the sake of avoiding ugly scenes, such as the incident in Seoul, Korea, 11 years ago, when corrupt judging caused boxer Roy Jones Jr. to lose his fight for the gold medal.

What judges should do is announce on the loud speaker, round by round, winners and points. That way, not only will the crowd and media not be in for a surprise decision, but each fighter and cornerman can better plot their strategy.

Each judge should then be required to record the reasons for scoring the way they did. It should be detailed, and be handed into the commissioner's office after each fight.

Unfortunately, with the mysterious and unorthodox manner that boxing is being run these days, promoters and pay per view channels are the ones làughing all the way to the bank. Meanwhile, IBF President Bob Lee, ruled that a rematch must take place within six months. Coincidence?

In the future, if boxing itself is to avoid any more black eyes, then it has to begin announcing fight scores round by round, so that the fans, the media, and the fighters themselves will not feel cheated.

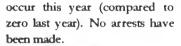
Neil Becker loves boxing almost as much as he loves hockey

It is Written

"First there was the City, never night. Tin and reflective, walls of antiseptic metal like an immense autoclave. Pure and dust-free, so silent that even the whirling innards of its heart and mind were sheathed from notice. The city was selfcontained, and footfalls echoed up and around – flat slapped notes of an exonc leather-footed instrument. Sounds that reverberated back to the maker like yodels thrown out across mountain valleys. Sounds made by humbled inhabitants whose lives were ordered, as sanitary, as metallic as the city...

> Harlan Ellison (from "The Prowler in the City at the Edge of the World")

- Harlan Ellison was born in Jaipur, in the northeast of India, in 1934
- Between 1949 and 1983, Ellison wrote 42 books, three dozen scripts, and more than 1100 essays, articles and short stories
- He is also credited with writing Star Trek's most beloved episode "The City on the Edge of Forever."



E Simon Fraser

(ururu.sfu.ca)

Professor Mark Winston, bee expert, has become the 12th SFU prof in 21 years to be awarded the Killiam Research Fellowship. He will continue to dedicate his research towards helping to save Canada's beekeeping industry. Winston will focus on "odour-based commumication" between honey bees, and the development of a chemical free pesticide to control the spread of the Varroa mite, accidentally brought from Asia and responsible for depleting North American beekeeping colonies by up to 25 per cent every year.

• Et Cetera • • MARCH 18-24, 1999 <u>MCampus</u>

On Campus etc

Swimsult competition

Humber's Environmental Action Team (HEAT) will be taking a dip at Caps on March 25 as they will be holding their 3rd swimsuit competition.

"The past two swims we have held have went very well," said Chad Schoppel, organizer of the event.

The swimsuit competition will be held during Caps regualar pub night hours. The competition will include male and female contestants. There will be information that will promote environmental awareness, and HEAT.

"Hopefully students will take advantage and learn something, and everyone should have a really good time," said Schoppel.

Any student can sign up to be a part of the competition. Sign up sheets can be found in the SAC office.

SAC election results will also be announced on the same evening.

Ken Bell, SAC vice-president, is also trying to line up a couple of bands for Caps. The bands have yet-to-be determined.

-By Nikolina Menalo

Help from the Help Centre

By Tim Foran Et Cetera Staff

Ticked off with your computer? Before you RAM a hole in your motherboard, pick up the phone and call the Humber College Help Centre. It might save you some time and money.

The Help Centre, located at H233Foperating since 1996–provides computerrelated information and service for Humber staff and students.

According to manager Joe Brazas, the centre was setup to alleviate the demands placed on teachers and service technicians.

"Before, students [and staff] had no consistent way of getting assistance with technology," Brazas said. "Teachers could help, but they weren't always available."

Now, with three permanent staff members and four to seven part-time student advisors fielding calls from 8 a.m. to 10 p.m., help is only a phone call away.

Currently the centre takes over 7,000 requests per calendar year and Brazas said that number is increasing.

"We're very visible [across from SAAC Net]," Brazas said. "People have grown used to seeing us and they feel quite comfortable coming to see us."

However, not all solutions can be

solved on the spot. There are over 500 software products being used on campus, and



Photo By ANDREA HOUSTON Students working hard in the SAACNet Help centre. Advisors are now fielding calls between 8 a.m. to 10.

the Help Centre is limited in providing onsite service. A se

If a call cannot be solved over the phone, the request is logged and printed by service technicians.

Depending on their availability and the priority of the call, a caller could be wait-

ing days before their problem is solved.

According to full-time staff member Mario Allesandro, this results in some very frustrated clients.

"In the past semester, we had, maybe, five to six people who came in already irate," Allesandro said.

"We just have to make sure we tell them we are putting them on a high priority," he said.

"I see a technician walking by, I'll ask him to service this client right away."

Despite these few problems, Brazas doesn't hesitate describing the Help Centre as a "booming"

A separate Help Centre opened on Lakeshore campus in the fall of 1997. Plans are underway to expand the North campus Help Centre.

High school students engage in a culinary delight

BY SHAUNA DUFFY On Campus Reporter

High school students are getting a head start at Humber.

The Culinary Arts Career Awareness Program for Youth started on Feb. 26. It allows students from 13 high schools in Toronto to come to Humber and take a college-level culinary course. The program runs until June, and it's free.

The students will have earned a credit, as well, if they attend Humber College

since the culinary course is part of the regular full-time culinary program curriculum.

David Jones, a Culinary program professor, said it's a chance to introduce the industry to high school students.

The students come to Humber once a week for practical training and during the rest of the week.

They work at hotels like the King Edward and restaurants such as the Jump Cafe. There are 26 students coming to Humber from the Toronto District School Board and the Toronto Catholic District School Board.

Jones said the first day went well.

"It was excellent. The students demonstrated great skills and they enjoyed themselves," he said.

Jones said the students are at various levels in their experience.

Some have taken culinary courses in high school, some have experience in the

industry, and some have no experience. Jones said there is also a web-site in the works to let students know about the program.

Humber is getting funding from the school boards to provide the program.

"It gives us the opportunity to promote our programs at the high school level," Jones said.

"They (the students) work with top line chefs and get a really solid background in the industry."

Disappointment for organizers in Fit for Heart challenge

By VICTORIA MUSGRAVE Et Cetera Staff

Heart event to raise money for the Heart and Stroke Foundation was a big disappointment.

Only 12 students showed up at the Athletic Centre last Wednesday, but most of them were there to take part in a fitness class that normally takes place during that time.

Only \$400 was raised for the Heart and Stroke Foundation.

"I'm disappointed, but not surprised", said Leanne Henwood, Humber's fitness co-ordinator and one of the organizers of the event.

Lakeshore campus held its Fit for Heart event on Feb. 10. They had about 10 people

turn out and were able to raise about \$500. This was down from last year's total of about \$1,000.

Sonia Hereford, the organizer at Lakeshore, was disappointed.

"Students just weren't into it," she said This is the fourth year in a row that Lakeshore has beat North campus in raising money.

Lakeshore has fewer students and a much smaller fitness facility than North campus.

Everyone entering the Athletic Centre on March 10 was asked to donate a dollar to the Heart and Stroke Foundation. Donation bins were also placed in Java Jazz and the Bookstore.

At the North campus, fitness instructors Claudia Zoque and Stacey Hansen led the small group of participants through a two - hour event that combined a boot camp style workout with aerobics.

The Humber Hawk's mascot, the Skyhawk, even came to workout. Zoque challenged him to an aerobics workout that really got him sweating.

"Its the first time doing aerobics in this suit. It's hot!," said Doug Ramsay, the Skyhawk's alter ego.

Laura Konantz, of the Etobicoke Chapter of the Heart and Stroke Foundation of Ontario, pointed out that heart disease is Canada's number one killer of both men and women.

"Everyone has been directly or indirectly affected by heart disease,"Konantz said. While organizers are disappointed with

this year's Fit for Heart results, any money earned will go directly towards the fight against strokes and heart disease.



PHOTO BY VICTORIA MUSGRAVE Michelle Mosher flexes her muscles during the Fit for Heart challenge.

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•On Campus•

Multi-million dollar copy deal

By Trevor Haché Et Cetera Staff

avings of \$1 million a year is what helped prompt Humber and six other area colleges sign a seven-year consortium contract with Xerox Canada Ltd.

In December, the seven schools became the sites of the first major digital photocopier installation in an educational institution in North America when Xerox installed over 500 photocopiers.

The multi-million dollar deal was signed after more than nine months of negotiations.

Pat Kelly, the director of Purchasing Services at Humber College, said other companies made proposals but Xerox came up with the best offer.

"The price was phenomenal. Certainly unheard of in this industry, and that's one of the main reasons they won," he said.

But, Kelly refused to divulge the exact cost of the deal, citing Xerox's desire to protect their competitive edge in the marketplace.

Another interesting part of the agreement is the first right of refusal clause worked into the contract.

Kelly said that during the negotiations, Xerox was adamant that this clause be included in the deal.

It gives Xerox the right to look at and match any offer made by other companies for toner and paper the colleges buy over the next seven years.

Kelly said the fact that there was no capital investment in equipment is what makes this contract so unique.

Departments at Humber, which obtained the copiers,

can choose to network their copiers, thereby, reducing the number of copiers in their areas, cutting operating costs considerably.

Kelly said these types of consortium contracts are looked on very favorably by the province because the institutions involved are getting more value from their tax dollars.

Sir Sanford Fleming college, in Peterborough, has already expressed interest in joining the contract

Kelly said it's only a matter of time before all of Ontario's colleges jump on board.

Glen Allsion, the Account Manager for Xerox, said he also sees more people getting involved in these type of contracts.

"I think more co-ops will be formed and more people will piggyback off existing contracts that were written under a co-op of some sort to get more buying value," he said.

Allison said the SAC Net Lab at Humber is currently proposing the integration of high speed digital printers into their department.

The proposal is still up for final approval from the SAACNet committee he said.

"I know a lot of students are frustrated with Erin Whiteside and Chris Halloway clowning around at a the speed of the printers in the lab," he said. Kelly said the colleges involved ended up

signing with Xerox not only because of the cost, but also as — ble of handling a contract this size. a result of the company's proven track record.

"They have a very high quality product and were capa- tors," he said.

photocopier. One of many since the deal with Xerox.

"No one really came close to them in all evaluation fac-

Parking lot hell for students BY TATJANA SULKER

Et Cetera Staff

Tumber students who park illegally in lots Lunassigned to them can be fined.

"There are different reasons people get tickets. If they are in a no parking zone or at the end of aisles, blocking lane ways," Nancy Pinson, manager of public safety, said.

"You can get a ticket if you're parked in handicapped spaces without a permit, or parked in a fire zone, and the fines are much more," she said.



This cartoon, created by a Sheridan College animation student, is in the brouchure outlining the new workshop that will pair the Humber School for Writers and Sheriden College's School for Animation Filmaking.

Humber school for writers scores another hit



Pinson also said if students don't have a permit, then security would have to consider that they don't have permission to be there. If that's the case, they're taking up space for somebody who does have a permit she explained.

Pinson said all tickets are processed by the city.

"Once it's written it goes to the city and we have nothing to do with it, unless we're called to court about the ticket," Pinson said.

A regular parking ticket is \$20. If you don't pay it within the grace period the city gives you, then the price goes up to \$30.

Students will normally get a ticket if they park at the end of aisles because the lot is ful,l Pinson said.

"What you should be doing is checking with a parking officer and saying is there another lot you're allowing us to go to?"

BY CARLY SUPPA Et Cetera Staff

new workshop is responsible for bringing together two of the Lest colleges in Ontario this summer.

Humber College's famous School for Writers, and Sheridan College's renowned School for Animation filmmaking will become partners in providing the first ever Writing for Animation workshop.

The week-long workshop, commencing June 7, features the Emmy awardwinning writer/filmmaker Corky

Quakenbush.

Sheridan's professor of Animation filmmaking, Ellen Bessen, will also serve as a primary faculty member.

The director of the Humber School for Writers, Joe Kertes said the union was based on the current popularity of the animation industry.

"It will be a very in-depth program with some very brilliant writers and animators as professors," Kertes said.

"We expect that at the end of the workshop, students will have the knowledge to meet the standards of writing for animation."

Though the workshop is only now

being offered as a summer course, Kertes said both Humber and Sheridan hope it will become a post-diploma program.

Students wishing to apply may be asked to submit a portfolio of writing, animation - or both.

The cost of tuition is \$869 and only 45 students will be accepted.

Applications must be in no later than May 21.

For further information, please contact Joe Kertes at 675-6622, ext. 4201 or Madeline Matte, manager of Public Relations at 675-6622, ext. 4324. during regular school hours.

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Web etc.

III Advice

Need some advise? Miss Abigail has some for you at this site. Ask her any question, or look at the frequently asked questions and answers section to solve all your problems. www.kreative.net/timewarp

E Camivais

Are you a guy or gal who is interested in carnivals like the Rio carnival in Brazil or Mardi Gras in New Orleans ? This site gives a complete guide to all the world's major parties. Get down tonight, but the trick is negotiating an invite.

www.cornival.com/main.htm

III investors center

This site is a great source for individual investors. Written in plain language, aimed at the average person, this site offers simple facts on investing. Created by the Canadian Securities Institute (CSI), it is sponsored by the Investment Association of Canada and the Toronto, Montreal, Vancouver, and Alberta stock excahnges.

www.canada.etrade.com/ilc/index.html

🔳 Tax time again

It is tax time again and you can read up on the latest develpoment in Canadian tax news at this site. It's a virtual tax resource centre.

Just for men

Hey guys, this site can answer all the questions you want to know about your physical, mental and emotional well being. Don't be shy to check out this site. It will interest vou.

www.justformen.com/canada.btml

www.tax.ca/



Canada versus the U.S.

BY BRIGETTE BROTHERTON Biz/Tech Reporter

new federal law governing magazine advertising will hurt job opportunities for Humber students, said Heather Mackay of the Canadian Magazine Publishers Association. She said Bill C-55 will limit the number of jobs available for students in Humber's Advertising, Media, Sales and Graphic Design programs

Bill C-55 – passed by the House of Commons last Monday - was initiated by Heritage Minister, Sheila Copps. It is aimed at keeping U.S. publishers from taking Canadian advertising revenue with so-called split-run editons.

Split-runs are special editions sold in Canada that generally include only small amount of Canadian editorial content.

Bill C-55 will have to go before the Senate for further scrutiny. It will not become law until a federal cabinet order puts it into effect.

Meanwhile, Canadian and U.S. officials are working around the clock to ensure that when the bill becomes law, the controversy will not escalate into a nasty trade war. The U.S. has threatened to penalize some Canadian imports like textiles, steel and lumber.

According to Mackay, it is cheaper to advertise in split-runs than entirely owned Canadian magazines. The U.S. will therefore

• Financial

experts say

students can

ease their loan



Magazine War: Bill C-55 brings the split-run issue to a head as the U.S. squares off with Canada over the future of the magazine industry.

lose if the bill is passed.

Mackay said the American threats to retaliate through trade sanctions are not well grounded because Canada is following the letter of the law under the North American Free Trade Agreement (NAFTA).

However, Barbara Elliott, coordinator of the Humber Advertising Media Sales program said "Bill C-55 is a good thing for students, because it will have positive benefits on protecting jobs in the industry which already exist."

Currently, American magazines take up 80 per cent of the Canadian magazine newsstands. They also consume 50 per cent of the total Canadian magazine market sales, according to Canadian Magazine Publishers Association.

Fidelity Investments spokesperson Paul Howard said Bill C-55 will not alter his company's advertising plans.

According Howard, to Fidelity's advertising decisions are based on how many individuals are going to see their advertising.

"We advertise where our agency suggests will reach financially conscious individuals. It may be Time and or Maclean's if that is where our potential customers will see us," Howard said.



one package, they may be able to trim a few percentage points off the rate that they're paying. It will also make payments more manageable," Vooro said.

According to Vooro, collateral depends on each person's situation. Vooro's associate Karen Heudier, a recent university graduate, couldn't agree more. "Instead of paying debt on three outstanding loans, only pay once which may help reduce service charges and monthly amounts," she said. Heudier also said consolidation may help to ease the stress levels of some indebted Humber students. "We all know that debts are not the worst things in the world and like a bad cold, everyone's got it at one time or another. Students just need to practice methods to pay it off while creating wealth at the same time," she said

And that's exactly what film graduate Amanda Brumell did while attending school.

"After each year, I invested my annual tax returns into R.R.S.P's and forgot about it," she said.

lech etc.

III Financial outlook

The gross domestic product grew at an annual rate of 4.6 per cent in the fourth quarter of 1998, making it one of the best quarters of the decade, according to a report by Statistics Canada. This economic surge pushed the year's GDP growth to three per cent, down from 3.8 per cent in 1997, but well ahead of the 2.7to 2.8-per-cent range that most economists had predicted. The surge was attributed to exports to the red-hot U.S: economy, which grew at the staggering annual rate of 6.1 per cent in the fourth quarter. At home, however, spending by cautious Canadian consumers in the fourth quarter grew at an annual rate of only 0.8 per cent. Analysts still predict an economic slowdown for 1999, though one that is expected to stop short of anactual recession. -Maclean's

m Taking on Boll

Long-distance giant AT&T Canada and MetroNet Communications, an upstart in Canada's local telecommunications market, are combining forces in a \$4.9-billion merger. The new company, which will keep the AT&T Canada name, is expected to challenge Bell Canada, the dominant force in country's \$16-billion the telecommunications market. "We are building Canada's largest alternative business telecom provider and we're doing it at a record pace," said Craig Young, chief executive of MetroNet Corp.

Maclean's

III Robet pumping

Hate jumping out of the car to pump gas, but still don't want to pay for full service? This year Shell Oil plans to test its Smart Pump automatic fueling system in the U.S., in which a large robotic arm opens your gas cap, fills the tank, closes the cap, and bills your credit card, all in about three minutes, while you relax or buy coffee. First available in Indianapolis, the Smart Pump will require a special gas cap (installed by Shell) and will read a sensor installed in the car window to detect your fuel type, locate your gas cap and change your credit card. -Time



Draw Date (4CD's): March 25

burdens.

BY HEATHER MEARA PATERSON Et Cetera Staff

s students get closer to graduation, they may ▶ panic because of debt. However, Investors Group Financial Advisor, Stephen Vooro, said consolidation loans may be the answer for students struggling with red ink

"Most get high debt levels based on credit cards and student loans. If students put all debts into

So can students in debt invest? Vooro said they can, and it would be wise to do so.

The Canada Pension Plan and the Federal Pension Plan may not be an option for students when they get old.

Brumell said starting at a young age is good because it makes the process a lot easier. During her last year she invested some money from her student loan.

"By not saving, students run the risks of not being able to financially provide for themselves at retirement," she said.

The Investors Group, for example, offers a wide range of funds, services and products to cater to each individuals need.

Heudier said Investors Group are not interested in only millionaires, but also students who tend to invest small amounts and need financial help.

III Compact car

DaimlerChyrsler has unveiled a compact car powered by fuel cells that seats five people and can reach speeds of 90 mph. The Necar 4 is the latest example of the type of vehicles that automakers plan to sell by 2004. -ABC News

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Sculpting into a new profession

By MARLEN DA SILVA Et Cetera Staff

Tt all started with a University student struggling to write an essay.

David Kemp is a part-time English teacher at Humber's Lakeshore campus. He is also a sculptor.

The modest 46-year-old has been sculpting for about 20 years. He began in University and chuckled as he talked about how he became part of the artistic world.

"I had trouble writing an essay and I had a very interesting professor, who later encouraged me into sculpting," he said.

"So, I wondered if he minded me doing a sculpture instead of handing in an essay. But I had no such luck, I still had to write the essay," Kemp said.

His fame as the Humber sculptor began with the creation of the Thalia.

Thalia, the goddess of comedy, is awarded as part of the Humber School of Writing to somebody who has made a life-time achievement in comedy.

Ben Labovitch, director of communications of liberal arts, said the Thalia presentation is the highlight of the closing banquet.

There has only been three Thalias awarded. The first recipient was Steve Allen in 1997 and then last year Eugene Levy and Joe Flaherty were honoured.

"It's such a beautiful piece and the guys loved it. They were really delighted to get



PHOTO BY MARLEN DA SILVA

David Kemp, shows off his creation, Thalia, the goddess of comedy. Awarded as part of the Humber School of Writing for lifetime acheivement in comedy.

the award," Labovitch said.

According to Kemp, the design came about as a mistake. He thought the logo for the Humber writer's course was old-fash-

ioned pen nibs. But in fact the logo is actually a pencil tip.

"I went ahead and did the design based on a pen nib and it ended up lending itself to a figure," Kemp said

"I wanted a figure anyway because I wanted something that had a human credential to express the joy of comedy," Kemp said.

The figure's legs are poised as the Humber 'H' and her feet are pen nibs Kemp describes Thalia as dancing

"She's moving up in an upward movement which I think is the way laughter works. It lets us release. Like shaking up a beer bottle and taking the cap off," he added

This piece of art took about 50 hours to create.

The master statue, bought by Humber, was more than a \$1,000, but each time it is reproduced it's only about \$500.

"Ilumber paid for the mold so it's the property of Humber College and they just come to me with the amount they need me to make and I'll do any touch ups necessary on the copied version," Kemp said.

In the future, Kemp would like to make more of a career in sculpting. He would like to continue teaching part-time. In the mean time, he is content learning more about the art.

For all those who have a dream, Kemp's words of wisdom are "just do it."

"Pursue your interests. Follow your dreams and don't worry about what everybody else is doing. Just keep doing your thing," he added.

Food fight with Beaver management

BY PAT LYNCH Et Cetera Staff

food-fight has broken out between Lakeshore SAC president Sonya Levy and Beaver Foods management, which runs Lakeshore's cafeteria.

The brouhaha broke out after Levy approached Beaver Foods about menu changes to mark Black History Month.

Levy charged that Beaver Foods was unsympathetic to her requests for a culturally diverse selection of foods.

L think it's time that the administration in charge of foods took a look at Lakeshore."

-Sonja Levy, Lakeshore SAC president

Dut she didn't really have any suggestions, and it was already well into February,"

suggestions, and it was already well into February," Voyer added.

Voyer said that Levy's approach to the matter left her staff embarrassed, and feels her comments were unjustified.

"Beaver Foods has a committee which works on specialty food programs throughout the summer," Voyer said.

"I contacted my supervisor, who basically told Levy that Black History Month is about history, not food," Voyer said.

Voyer said Beaver Foods has been responsible for bringing infranchises to



"North campus has a good variation of different types of food and cultures," said Levy,

"From Pizza Pizza to Seventh Semester, The Humber Room, Taco Bell, Ackee Tree, to Tall Hats and Java Jazz. All we have at Lakeshore is Beaver Foods," she added.

" I think it's time that the administration in charge of foods took a look at Lakeshore."

"As we grow and have expansions with cottages, other food franchises should have the opportunity to give Beaver Foods some competition. 1 think it's needed," Levy continued.

Levy, in her last year at Humber, said that she would leave the matter in the hands of the next president, while she focuses on her studies and other important SAC decisions.

"I've decided that I'm not going to pursue this thing any further," she said.

-Joyce Voyer, Beaver Foods spokeperson

"They are aware of this issue...They should do investigations of more types of food for Black History Month," Levy continued.

Beaver Foods spokesperson, Joyce Voyer, countered Levy was confrontational, and unprepared to offer solutions.

"Sonya has had a problem with us all year," said Voyer, Lakeshore's food service manager. "She came in one day complaining about the menu.

"We tried to accommodate her the best we could. But she didn't really have any

Lakeshore, including Taco Bell, Tim Horton's and currently Mr. Sub. She also Lakeshore SAC president Sonja Levy, said facilities at Lakeshore are smaller than at the North campus.

PHOTO BY KEVIN MASTERMAN upset with Beaver Food management.

Events galore at Lakeshore

By Nikolina Menalo

Et Cetera Staff

the end of the semester.

Humber students can

enjoy a movie every day, as

to April 5th.

SAC holds 'Movie Days' each day in the SAC quiet akeshore Campus is lounge.

planning a number Lakeshore Humber theof events which will atre students are putting take place from now until on Shakespeare productions

Macbeth will be taking SAC Elections are on, and will be taking place place on March 31, April 1, next week from March 23 8,10

> Twelfth Night will be taking place on March 31, April 3, 7, and 9th

Performances will be held in the Lakeshore Humber theatre, all starting at 8 p.m.

Tickets for groups of 10 or more are \$5 each, students \$7, adults \$10.

SAC is also planning a (table soccer) tournament, but a final date has not yet been set.

Contact Lakeshore SAC for more information.

• Et Cetera • •

MARCH 18 - 24, 1999



m To drink or not to drink ?

According to The Royal College of Physicians and Surgeons of Canada, drinking can be a health benefit, rather than a health risk. A recent debate ended in a 10-1 resolution in favour of moderate drinking. Dr. Irvin Walcoff was one of three physicians on the pro-side of the drinking debate.

"A teetotaler has a greater risk of dropping dead than someone who drinks moderately – about one glass a day for women and two glasses a day for men," he said.

The Toronto doctor said there is solid evidence that moderate drinking helps combat a variety of diseases. -Health Watch

III To smoke up or not to...

Some estimates say more than 20,000 Canadians are likely to apply to smoke marijuana to ease a variety of pains and symptoms.

In a surprise move earlier this month, Health Minister Allan Rock announced to the House of Commons that the federal government will begin clinical tests of pot for medicinal purposes.

-The Toronto Star

Toxic toys pose dangers

BY REBECCA HEALEY Et Cetera Staff

oung children are notorious for putting anything and everything into their mouths.

It has been found in recent years, however, some toys parents believe are safe, such as teething toys and rattles, may not be.

Some of these products containing Di-isononyl phthalate (DINP) have actually been found to cause damage to the liver, kidneys, brain and reproductive organs. This chemical is part of a group called phthalates, some of which are elasticizers used to make toys soft and squishy.

The health risk posed by these toys rests in the fact that DINP is water-soluble.

Last Nov. 16, Health Canada issued the following warning in regard to soft vinyl toys: "Products designed for sucking or teething (soft teethers, rattles) which are made of soft vinyl (PVC) pose a potential health risk to very young children (weighing less than eight kilograms) when sucked or chewed for prolonged periods (three hours or more on a daily basis). Parents or caregivers are advised to dispose of these products."

The advisory is accompanied by a list of toys found to be free of DINP and was issued to retailers,

caregivers, doctors and institutions which may have contact with small children and their parents

The Child Care and Child Development Centres at Humber College have packages containing the advisory from Health Canada, which are available to parents, in their infant care areas.

"We told them (the parents) what we're doing here at the centre - that we'd removed all the (affected) toys - and suggested that they do the same at home," said the centres' supervisor Nancy Roscoe.

"And we posted the listing so that they can see it."

"They (Health Canada) tell us what is safe, but what I think would be more useful is to tell us what isn't."

Parents who don't use organized day care centres risk missing out on such information.

Carol Norton, a mother whose family members provide daycare for her year old son, found out about the Health Canada advisory

"I never became any more cautious, because Jake's never been interested in teethers," she said. "He just likes to chew on my pots and pans."

Health Canada has called for manufacturers to find a safe substitute to vinyl containing DINP by this May.



PHOTO BY REBECCA HEALEY

Deanna, who is enrolled in daycare at Humber College, now only plays with toxic-free toys in an infant care area.

When asked if there would be any penalties for failing to meet this deadline, Health Canada spokesman Michael Obyrne said: "There's nothing to date, we're going to wait for the six months. We're giving them (manufacturers) the opportunity to make the change. They've been notified."

In the first business quarter of the year, toy giant Mattel Canada Inc., will commence shipment of phthalate-free teething and other toys.

CNN reported that US-based Toys 'R' Us planned to remove all "direct-to-mouth" toys containing phthalates last November. No Canadian representative was available for comment at time of publication.

Health Canada also continues to monitor the actions of other countries regarding the use of products containing DINP.

The phthalate chemical group is fairly large. In 1989, the phthalate DINP replaced Di-ethylexyl phthalate (DEHP), its chemical cousin, as the elasticizer used in soft vinyl toys.

A Greenpeace study has raised concerns that DEHP continues to be used in the production of bags used to store blood and blood products, as well as some types of intravenous bags.

Health Canada reported it assessed the effects associated with the use of DEHP in these bags during the '80s, and found the risks to be minimal.

Massage therapy relaxes mind and body

BY KELLY CARDONA Et Cetera Staff

assage therapy is once again becoming popular to reduce stress and strengthen body muscles.

Common practice following the First World War, interest

"A massage relaxes my whole body, especially after a night of waiting on people," she said. "I haven't had one in a while because I can't afford it,

if it was covered by OHIP."

but I'd definitely go more

Chambers said she

massage may be painful when an individual is stressed out because muscles contain a build-up of lactic acid. She said she applies very



said. "When you're pressing down on a muscle, it's going to be a sensitive area because the muscle itself is not functioning properly.

"Getting a massage is almost like exercise. Your muscles just need to get conditioned," Chambers

said. "The soreness may

settle in the next day or

ance. There are about 5 million touch receptors in our skin that transfer messages along the spinal cord to the brain. A simple touch on the shoulder or light touch on the thigh can reduce heart and blood pressure rates.

Miami's Touch Research Institute conducted a study

declined as physicians became more dependent on pharmaceuticals and surgical procedures.

Jennifer Chambers, a registered massage therapist at R.B. Physio massage therapy clinic in Aurora, said massage therapy has numerous benefits to be taken advantage of by both patients and physicians.

"When you get a massage, you'll just feel better," she said. "Emotionally, there are the benefits of just having the stress and tension reduced. Physically, the tensions of the muscles will decline, circulation will increase and you will become more aware of things which surround you.

25-year-old server Tracey Simmons is a massage enthusiast.

deals with numerous types of people at her clinic and has to apply pressure accordingly.

"People come in sometimes strictly to relieve stress from work," she said. "Some come in after an accident, and others come in after a sports injury.

"Sometimes we have to deal with very acute sit- Registered massage therapist Jennifer uations and sometimes Chambers said massage therapy has we have to deal with very numerous benefits to be taken advantage of. chronic situations. A lot of the time, we're using deeper light pressure in the beginning,

pressure to relax whereas other situations require very superficial pressure to relax."

According to Chambers, a

within 48 hours, especially if you've been really tight in some areas, like the face and the neck which are really common spots." Chambers also said numerous studies have been conducted to uncover what causes a knot. "The configuration of PHOTO BY KELLY CARDONA

the muscle gets all knotted like a haystack," she said. "What a massage is attempting to do is turn the muscle fibers parallel again and release the knot."

Chambers added that touch can reduce chronic pain, stimulate immunity and boost job performinvolving premature babies a few years ago. The babies were gently stroked on different parts of their bodies three times a day for 15 minute periods. It was concluded those babies who were touched, gained 47 per cent more weight per day and also left the care units six days earlier than those babies who were not caressed.

In order to take advantage of a massage and receive many of the benefits, a person must first learn to relax.

"Sometimes people really tense up and the therapist is in a constant fight with the muscles," Chambers said. "It's really important for the person to concentrate on that particular muscle and relax it and just keep breathing."

because the muscles are often tight and need to be broken down. "The muscles are often painful

for the first couple of times," she

• Et Cetera • MARCH 18 - 24, 1999



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• Health •

Cosmetic dentistry a biting success

 But getting perfect, pearly whites doesn't come cheap

BY TATJANA SULKER Et Cetera Staff

For many people, a trip to the dentist is a reluctant necessity.

Others, however, will do just about anything in the quest for



Stacey Lawrie applauded "Nite White," for bringing a sparkle to her smile.

perfect teeth

Cosmetic dentistry almost seems to be a craze these days, particularly for those seeking the reward of whiter teeth. Tooth bleaching kits and whitening toothpaste can be purchased at local drug stores. But a couple of visits to the dentist may be all you need.

"There is a variety of whitening techniques and types of cosmetic dentistry available," said Dr. James Mackle, a family dentist in Alliston. "But bleaching is probably the easiest and the method people are most familiar with. The products purchased at the drug store don't usually work that well because they aren't in your mouth that long."

Architectural Technology student Stacey Lawrie said she uses a product called Nite White to whiten her teeth, which she purchased from her family dentist.

"It's like a gel with a syringe and you get a package of six," she said. "It's about \$180, and that includes two mouthpieces that are just a type of plastic. What it does, is it lines a clear plastic plating they (dentists) give you, so you can't tell it's on your teeth.

"I sleep with it on a couple of nights a week. It's really the best time to use it because you don't have a lot of saliva running around in your mouth," Lawrie said. "By the morning, you'll notice your teeth are whiter, but you have to use it on a regular basis to keep up the whitening."

According to Mackle, the best way to bleach your teeth is to see a dentist and have a custom tray made that fits your teeth exactly.

"This way, you don't get the gel oozing out the sides and you don't have to use as much," he said. "It fits right up tight against the side of your teeth so you don't get a mouthful of gel. Most people can't use the ones from the drug stores because they get gel in their mouth and gag."

The custom trays vary in prices.

"It's about \$150 to \$200 to do one arch, all the top or the bottom teeth," Mackle said.

He added there are other ways of bleaching teeth.

"Another way is with a bleaching light or a laser and for that you have to go see a dentist, but it works even faster," he noted.

"It's such a high intensity light that is used. The light is what does the bleaching and it accelerates it. So, you can go to a dentist for two to four appointments of about a half an hour each."

According to Mackle, the laser method of bleaching is not harmful and probably costs as much as custom trays.

"The lasers are so closely controlled, so it's not dangerous," he said. "It's not like a laser you



PHOTO BY KRISTI SMITH

It seems that nearly every toothpaste company nowadays offers a product designed to bring you dazzling, whiter teeth.

would use to cut metal. It is a different wave length of light."

Mackle said another form of cosmetic dentistry is crowns.

"If you have good teeth and they're just dark then you can do bleaching," he said. "If you've got teeth that are really crooked or broken down, then you're actually making an artificial shell or cap (porcelain or ceramic).

"This fits around this badly broken down tooth," Mackle said. "You can make the shell or cap any colour you want, such as nice and white, then you don't have to bleach after that."

For this method, Mackle said one would be looking at approximately \$700 a tooth, a costly expenditure.

As well, the debate over the use of mercury fillings for cavities

rages on. According to Mackle, the controversy is based on fears the mercury in the silver fillings will leak out into a person's system and do harm once it starts to accumulate.

For both safety and cosmetic reasons, some people prefer the newer whiter fillings, which are mercury-free and more natural in colour.

"The silver fillings still have the okay of the people who regulate the materials you can use," Mackle said. "But the silver fillings don't look as good and tend to have more potential for problems.

"The silver fillings are a little bit stronger, though, and more durable than the white fillings. The white material tends to wear down and flatten over time."

On behalf of The League for Innovation 13th Annual Juried Student Art Show The Council of Student Affairs

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Humber parties at wild Mardi Gras blood clinic

BY JUDY SLANCIK Et Cetera Staff

umber students gave 130 units of blood on Tuesday in a Mardi Gras blood donor "party for all types."

The clinic was hosted by public relations students and Canadian Blood Services (CBS). Of the 179 students who registered to donate, 49 were deemed ineligible. Eligibility is determined K l a u d i a Wysocka, however, was pleasantly surprised.

"I thought they'd ask more personal questions, especially for girls, about their menstruation, sex and vaccinations," she said.



<u>Jurors</u> Susan Gustavison Peter Perko Willie Anicic Rodney Daw Adrian DeRooy Joanne Fitzgerald

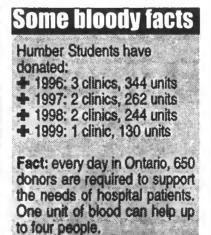
Additional thanks to.

The staff of CAPS Humber College faculty

Your contributions helped make this event a success

through an extensive screening questionnaire.

The questionnaire has been described by students as "intrusive" in the past. First-time donor



The project- Photo By Judy Slancik

ed number of Mardi Gras fever was in the air on Tuesday as donations was Humber students donated 130 units of blood. expected to be

190 units, but there has been a significant decline in donors over the last three years at Humber.

"We always project a higher number than we really expect, to build morale," said event chair Greg Wood

The decline is partly due to fewer clinics having been run at Humber in the last two year Each clinic typically has between 10 – 15 beds. Only eight were available last year, while 12 were available this year. Fewer beds means fewer donors.

As a bonus, if you donate blood 100 times, you get the

chance to meet all the people you have saved.

"We reward 100-time donors with a banquet where they can actually meet all of the people their blood has helped," said CBS spokesperson Sandra Viola. "We collect stories of how your blood is helping and publish them in pamphlets which you can pick up at our clinics."

Humber paramedics student Δen Seglins, a ten-time donor, said if she could meet everyone she has saved she would tell them, "I am glad I could help."

• Et Cetera • ----

-Canadjan Blood Services

MARCH 18 - 24, 1999

• Health •

Yeast infection no laughing matter

Both sexes susceptible to uncomfortable condition

> **ΒΥ ΜΙΚΑ ΑΜΙΤΟΥSKI** Et Cetera Staff

east infections. Just the mere mention of these two words is enough to make anyone squeamish.

A yeast infection, also known as candidiasis, is fungal friend gets a yeast infecа infection that tion, we both completely typically a avoid having sexual affects woman's intercourse. We don't vaginal area. want to take the chance Symptoms a of passing the infection include burning, itch- back and forth to each ing sensation; other." a thick, yellowish discharge; discomfort dur-

ing sexual intercourse and painful urination.

Neil Bornstein, a pharmacist at West Hill Pharmacy in Scarborough, said a yeast infection is caused by chemical and/or bacterial imbalances in the

vaginal area

Nhenever my girl-

"It's usually a result of the balance between fungus and bacteria, which gets out of whack," he said. "Sometimes bacteria is introduced and can overpower the fungus, or the fungus can kill the bacteria."

Every woman is susceptible to a yeast infection. It can strike anywhere from childhood (which is very rare) to beyond menopause, although they usually arise during the childbearing years.

Bornstein said taking antibiotics, having diabetes, pregnancy, menstruation, hygiene and diet

factors, certain clothing, oral contraceptives and

stress are all contributing factors to the onset of a yeast infection. ″These

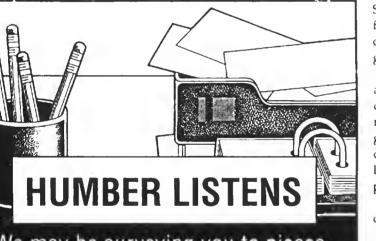
factors do not cause them, but assist with the growth

of the yeast," he said.

Bornstein added women could mistake a bacterial infection for a yeast infection because they seem similar.

-Sergio Cortese, 23

"Women should always check with their pharmacist if they think that they have a yeast



We may be surveying you to pieces, but that's because we care about what you have to say. We always have.



Brands such as Miconazole7, Gynecure amd Monistat are popular products for the treatment of yeast infections. Treatments are typically available in one, three, six and seven day formats.

infection because they could be taking the wrong thing," he said. "By consulting a pharmacist they will know which medication to take."

Jennifer Morsillo, a dental administration student at George Brown College, said she has had recurring yeast infections since she started college.

"I have gotten quite a few yeast infections over the past year, mostly because of being stressed out by all the tests and exams that I have," she said. "It's also because of what I'm eating. Because I'm stressed, I'm eating a lot more chocolates and candies."

Sheila Scott, a nurse at the Scarborough Health Centre, said females are not the only ones who can get yeast infections. Men can get them too.

"Yeast is found in the darkest area of the skin, where the sun doesn't shine," she said. "In men, yeast usually grows in the groin, or if they haven't been circumsized, it can grow inside the layer of the outer skin (of the penis)."

Typically, it is more difficult to diagnose yeast infections in men.

"Often times, when men have yeast infections, they don't have any symptoms because their tissue is on the outside," Bornstein said. "But, if a man does develop penile itching, redness, or discomfort, he should go to a doctor and/or pharmacist to get treated."

Bornstein said men can easily contract a yeast infection by having sexual intercourse with a woman is already infected.

23-year-old Sergio Contese agreed

"Whenever my girlfriend gets a yeast infection, we both completely avoid having sexual intercourse, just in case the condom doesn't work properly," he said. "We don't want to take the chance of passing the infection back and forth to each other."

Bornstein added prevention is key and fully possible.

"The answer to avoiding yeast infections is keeping the vaginal

area clean and infection proof."

The good news is that yeast infections are curable and there are many types of medications available to treat them. Over-thecounter remedies range from creams to suppositories and oral pills. The products typically come in one, three, six and seven day treatments.

It all depends on personal preference.

With that in mind, Bornstein recommended using a three-day treatment.

"One-day treatments are used for one day, but take three days to work," he said.

"And, it is a harsher medication, which can be irritating."

Tips to prevent yeast infections

- 1) Cleanse genital area daily, using a mild unscented soap.
- Gently, but thoroughly dry yourself after washing.
- 3) Wipe with toilet paper from front to rear (away from the vagina) after a bowel movement.
- 4) Change out of damp clothing quickly, (i.e. after swimming, perspiring or exercising).
- Avoid bubble baths, feminine hygiene sprays and perfumed talc.
- 6) Avoid unnecessary douching because it can affect the natural chemical balance in the vagina.
- Wear light, cotton undergarments and avoid tight fitting clothing. 8) Enough rest and a proper diet are important to maintain strong
- resistance to yeast infections
- 9) Talk to your pharmacist or doctor about any medications you are

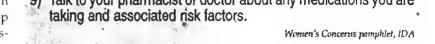
Based on survey results, the College developed a set of classroom design principles and standards; renovated a couple of classrooms to test the standards; and identified classrooms requiring upgrading.

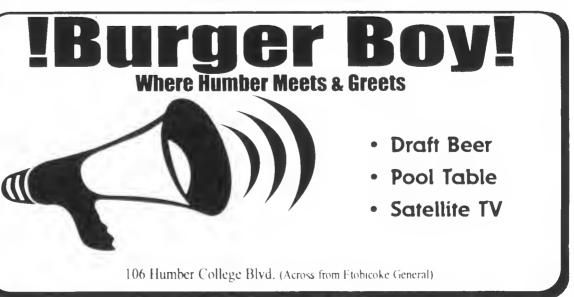
Also the Call Centre opened in August to provide improved levels of service to prospective and current students.

Humber

Keep telling us more.... We're listening.

College





• Et Cetera • • MARCH 18 - 24, 1999 $\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\left[\frac{1}{2}\right],\frac{1}{2}\left[\frac{1}$

Lifestyles etc.

m Skip the shufflebeard

According to Dr. Ruth Westheimer, if you take a cruise and book a cabin with a veranda, it's okay to make love on it as long as no one can see you. Westheimer's advice comes from a recent article in Porthole magazine listing the best places on a ship to...well, you know. The top 10 are: in the cabin, by the pool, in a lifeboat, at the disco, in the casino, in a hot tub, by the smokestack, on the veranda, in the spa, and in the gallery.

- The Boston Globe

III Women vote on implants

Dow Corning Corp. mailed ballots to approximately 170, 000 women around the world asking them to approve a \$3.2 billion (U.S.) settlement to end claims against the company arising from silicone gel breast implants. Women have until May 14 to vote on whether to accept the plan, which would allow the company to emerge from bankruptcy. Ontario women who received silicone breast implants reached a settlement worth \$27.5 million (Cdn) last November.

-The Toronto Star

III Furry friends run free

Toronto's parks and recreation department is recommending there be more leash-free zones in Etobicoke and North York parks. The department suggests Toronto's community councils review requests from groups that want leash-free areas in seven proposed parks in Etobicoke, and three in North York. The report comes before the city's economic development committee March 26. The names of the suggested parks will be available next week.

Toys for big girls and boys

■ Used alone or with a partner, sex toys are an interesting way to spice up your life

> By Cynthia McLeod Sexuality Reporter

librators, tickling panties and penis rings are just a few toys designed to increase your sexual pleasure.

Sex toys are increasing in popularity and Sue Johanson, host of The Sunday Night Sex Show on the Women's Television Network, couldn't be happier.

Johanson is a big fan of sex toys.

During a recent visit to Lakeshore Campus, she told Humber Et Cetera she promotes sex toys because of the positive influence they can have on both individuals and couples.

11 Couples can use a vibrator as an addition to his penis. Guys love it."

- Sue Johanson, host of the Sunday Night Sex Show

on WTN

"Masturbation is how most females learn to reach orgasm," Johanson said.

She added sex toys can help women masturbate because it allows them to pleasure their bodies without directly touching their skin

"Many females don't like touching themselves with their bare fingers," said Johanson,



who added that women were given the message growing upthat their genitals are dirty and touching themselves is wrong. Sex toys allow women to masturbate without feeling guilty or dirty.

There are also adult toys designed specifically for men, such as masturbators and pumps.

However for women and Johanson recomcouples, mends vibrators.

"Couples can use a vibrator as an addition to his penis," she said. Vibrators can be used to stimulate the clitoris during sex and they can also be used to stroke the penis.

"Guys love it," Johanson said

"Sex toys can help you to become more comfortable with your own body by learning what is pleasurable for you."

This information can then be passed on to a partner.

In recent years, sex toys have become more mainstream

Respectable businesses specializing in sex toys are slowly replacing seedy stores with "XXX" signs and boards for windows.

Come As You Are on Queen St. W, has been in business for almost two years. Co-owner Sandra Haar said

she and her partners opened their store to provide both men customers are guaranteed to walk away satisfied. and women with a place where they could feel both anally and vaginally," she said. comfortable exploring products related to their sexuality.

Haar said the first trip to a sex store can be daunting for shy and nervous adults.

According to Haar, a good starting point when shopping for sex toys is to know what intrigues you.

"The clearer idea you have, the easier it is to find a selection," Haar said.

"Some people get overwhelmed by the amount of choice in products, but we point out the basic starter models we have and work from there."



FILE PHOTO

With so many different vibrators to choose from,

When using sex toys, Sue Johanson urged people to remember the old adage: practice makes perfect.

Sex toys can help you to become more comfortable with your own body by learning what is pleasurable for you."

-The Toronto Star

PHOTO BY CYNTHIA MCLEOD

Sue Johanson, pictured here on her recent trip to Humber, believes sex toys are a fun part of healthy sexuality.

When playing with sex toys, however, Haar recommended using common sense.

"Don't do something that causes pain because you can do damage," Haar said.

"Lubrication is important – especially for anal play - and shared toys should have a condom. Also be sure to clean ones that are used

-Sue Johanson, host of the Sunday Night Sex Show on

WTN

"(Sex toys) can add fun and enhance (sex) and provide a real giggle," Johanson said. "It may not work, but just think of the fun you can have trying."



• Et Cetera • • MARCH 18 - 24, 1999 Sagittarius (Nov. 22 - Dec. 21)

Scorpio (Oct. 23 - Nov. 21)

one is envious of

your sexual magnetism.

You've been watching too much television and skipping out on too many social activities lately. It's time to get back into the swing of things like your old self.

• Lifestyles •

'90s hearts split when calling it quits

Technology may have made modern life easier, but saying goodbye to a mate is as hard as ever

> By ANDREA LEWANDOWSKI Et Cetera Staff

igh. Breaking up in the '90s. It really hasn't changed that much in the last 2,000 years. A quick survey of college age Romeos and Juliets reveals that heartache is a timeless emotion, unique to no era.

Sure, things have changed a bit. We can now start, sustain, and sever ties to our loved ones via a variety of technological gadgets, such as e-mail or cell phones.

Societal approaches to courtship have become more liberal in the last few decades. But the awful, howling cry of a crushed heart remains unchanged.

So what causes true love to fizzle into bitter indifference?

Long distance seems to be a common cause of a soured romance.



PHOTO BY ANDREA LEWANDOWSKI Upon discovering their partner has been cheating, many people tend to get angry as well as even.

Other young bachelors and bachelorettes just decide, mid-relationship, that they want to explore their surroundings sans ball and chain

Some unfortunate souls, however, have been raked across the coals for far worse reasons than big phone bills. or fickle pheromones

Peter - not his real name - said his girlfriend of two years broke up with him for someone else

"She left me for the midget down the hall," he said Broken-hearted Peter is a victim of every smitten

romantic's worst fear - cheating Students clear across the board agree that lovers with wanderlust are bad news.

Danielle Kilgore, 23, a General Arts student, said a boyfriend needs to only break one rule to merit relationship dismissal.

"Cheat on me. That's it," Kilgore said.

"I'd be severely pissed off and beat him up or something."

Tara Reed, 18, a General Arts student, agreed that cheating is valid grounds for dismissal.

"If [a boyfriend] said 'Well, I'm sleeping with your best friend so I think we should break up' - that's pretty bad," Reed said.

Reed added she has dumped a guy for far lesser reasons than infidelity.

"I hated the way he chewed," she recalled.

However, not every Juliet tears through men like Kleenex.

Sherri - not her really name - tells her heartbreaking story of sweet romance turned into painful humiliation. A year ago, she and her fiance broke up.

"He told me that I was too fat," she said.

"He was supposed to love me for who I am. He couldn't think of any other reason."

Sherri said giving Romeo the heave ho can be the best decision.

According to Sherri, any type of abuse is a reason to dump a partner.

Despite the humiliation, hurt and anger that is often coupled with being ditched, students unanimously want to be told the awful truth by their partners.

Jimmy - not his real name - said he wishes girls would be honest when dumping a boyfriend.

"Speak through your heart," Jimmy said

"Explain the reasons why."

Though he's glad his last girlfriend broke up with him honestly and fairly, he said hearing the harsh truth doesn't do much to ease the pain.

"I was in shock. I hadn't seen it coming. There was no



up, but others split due to boredom or annoyance.

writing on the wall," he said.

"I sort of wish in a way we had been arguing and fighting because at least then I would have seen it coming."

Just as important as honesty to college-goers, is the faceto-face element of a dumping someone.

Students say the availability of a myriad technical devices in the '90s does not excuse ditchers from the awkward breakup conversation.

Mark – not his real name – expressed disgust at the thought of a Dear John e-mail or voice mail.

"If you're not man or woman enough to break up with them face to face, how the hell did you ever ask them out in the first place?" he asked.

But when he stopped liking his girlfriend, Mark stopped being nice to her.

"I got what was coming to me," said Mark, who added that his girlfriend ended up going out with his best friend.

"POW, (she hit me) right in the face. Then she went out with my best friend."

Beverly Dixon, 20, takes a similar approach to dumping dudes she never really liked to begin with. She drops hints

"I usually avoid them before (we break up)," Dixon said.

"Give them a little taste of what's going to happen."

It's a bitch to get ditched

■ You've been dumped and, just when you thought life

friend of six months broke up with him in November.

"I got extremely drunk for a couple weeks and just tried to keep my mind off it," he said.

He also swore off dating for awhile.



couldn't get any worse, now you have to try to get over it

BY ANDREA LEWANDOWSKI Et Cetera Staff

laking out wisdom teeth is easy. Phenomenal amounts of drugs render patients unaware of exactly how much it will hurt when they awake.

Being dumped is very similar.

Often, the dumpee is in shock and the reality of the news doesn't sink in for a day or two.

A random survey of Humber students shows the male reaction to being "set free" appears to be common.

Men try to skip the whole "awareness of being dumped" part by drinking the night – or 6 or 12 in a row - away with their buds.

Mike Rody, 22, a Business Administration student, said he was "really pissed off" when his girl-

Kory Stemmler, 22, said he's now glad that he and his ex are through but didn't see it that way at the time.

"I got drunk for about a week, and then I was fine," Stemmler said.

Bill Adams said he conformed to the male healing process by drinking for two weeks.

"Then I chased everything in a skirt for the next two weeks," he said.

Slighted girls sing a slightly different song.

"I bitch about it. To whoever's around," Beverly Dixon said.

Stephanie Kropf, 20, an Advertising and Graphic Design student, used the pain of a recent break up as fuel for a revenge campaign.

"I lost 20 pounds within a month," she said. "I wanted to show him he lost me, he lost a good thing."

A major slash to a sensitive beating heart will eventually heal, but not without its scars.

As time passes, and it seems unanimous that time is the best healer, everyone learns to cope.

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Lifestyles •

Cellphone and pager users get turned off

They allow us to reach people at all times, but they can be more of a nuisance than a convenience

> By LIA SUMMERS Et Cetera Staff

't seems everyone is on the fast track to the new millen-Lnium, and people are finding themselves busier and much more accessible.

With the steady sales of cell phones and pagers, people are accessible almost anytime, anyplace.

"The advances in cell phones have increased sales, but consumers believe they need them for emergency situations," said Rosalyn Fagan , a representative from Cantel AT&T.

Fagan added that the company's customers are continually being able to use their products in more locations.

The services for cell phone and pager users may be improving, but they've proven to be intrusive at times.

The movie theatre, for example, is one place that requires cell phone and pager etiquette.

"We had a series of commercials that



emphasized the point, but some people found them offensive, and we had to discontinue them," said a representative from Cineplex Odeon Corp.

"Since it causes such a disruption, we ask customers to step outside while they finish their conversation, then come back after."

Jason Poirier, a cell phone owner, always turn his phone off.

"There's nothing I hate more when I hear someone's phone ringing during a movie," he said.

Churches are other places where it is common knowledge to turn them off. But what is the procedure for schools?

> "There isn't an actual policy, but there are rules of appropriateness in place for use of a cell phone or pager in the library or during class," said Joan Hamilton, Health Services at Humber College.

"Like in most social situations in life, consideration and respect come into play so just think before you act," Hamilton said.

PHOTO BY LIA SUMMERS

Cash for comics BY JASON ENGEL

Et Cetera Staff

To you have a couple boxes of comics in storage somewhere around your house and you're wondering whether they're worth any money.

Depending on the condition and the age of the comics, they just might be worth some cash, said George Zotti, manager of the Silver Snail, a comic shop on Yonge St.

The first appearance of Superman, Action Comics #1 from 1938, is worth over \$200,000 U.S. It is one of the rarest comics around, with only 75 known copies.

"When it comes to determining the value of comics we use a yearly publication _____ called Overstreet," Zotti said.

Mint, near mint, very fine to fine, and good, fair and poor are the different classification grades for comics.

"What ultimately determines the value of the book is how badly

someone wants it," Zotti said. "What fuels this business is the

collection mentality. The need to have the whole set," he said.

Comics in mint condition, are in the exact condition as they were when they first came out.

Near mint condition comics are almost perfect, with very little difference from their original form.

These comics have a little bit of colour fading or a little creasing on the cover.

Near mint is the most common condition for old comics.

The next group ranges from very fine to fine.

This means the comic is in good shape and just shows some minor signs of use: creases, or a little damage to the cover.

The last category ranges from poor to good.

These comics can be in rough shape with bent or ripped pages, and sometimes no cover.

So dig through those old boxes. You never know just how much money might be in there.



The money you can get for those comics you have stashed away is no joke, especially if they're in mint condition.

For the hair you don't want there

BY TATJANA SULKER Et Cetera Staff

yebrows, legs, arms, chins, dikini lines, underarms and Jbacks. They can all be free of unwanted hair with a little wax.

Both men and women can wax almost any body part with the help of a professional or a do-it-

"After being waxed, there is almost three weeks of no hair."

Kora, a cosmetic manager at Shoppers Drug Mart in Alliston, said home waxing kits "are basically the same as the salon. The only difference is that you're doing it yourself, rather than have someone doing it for you."

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yourself waxing kit.

"Hair that is an eighth to a quarter of an inch long is a good length to start waxing," Lynda Peckover, from Phase 3 Salon in Alliston said.

"If the hair is too short, there won't be enough to grasp on the wax to get the root out, either."

Peckover said people usually get waxed about once a month through the summer months, and once every six to eight weeks in the winter.

In the winter, people are more covered up and not as concerned about it.

"Hair will break off at the root, especially if it's the first time," said Peckover.

Both hot and cold waxes, are used depending on the area being waxed.

"The underarms and bikini areas are usually done with warm wax because they are sensitive areas," Kora said.

Peckover said waxing can be harmful to some people, especially if they have sensitive skin.

"Some creams are taking off layers of skin too, which can be too much. You end up with sort of bruised looking eyebrows."

The cost of home waxing kit varies, and salon prices differ from place to place.

The different home waxing creams, kits, strips, etc. range in price from \$2.99 to \$26.99.

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Arts etc.

m New News

March 18: The Horseshoe (370 Queen St.W) CD release party for Squirrel's Unsaid. 10 p.m. start .

March 19: Lee's Palace (529 Bloor St. W) Eve 6 with special guests: The Flys. Sold out.

March 20: C'est What (19 Church St.) God Made Me Funky Doors open at 9:30 p.m. Tickets \$6.

March 20 : Lee's Palace Kingpins CD release party, with guests Flashlight. Tickets at the door.

March 21: Opera House (735 Queen St. E) SnoJam 5, featuring Subjekt, AFI, Chixdiggit, Planet Smashers and Ensign. Doors open 6 p.m. Tickets \$16 - \$30. Check out next week's et cetera for profile on Subjekt..

Though the word was out, Treble Charger has NOT broken out. They're working on a new album.

The new Tea Party CD has been completed. It should hit the stores in June.

Nine Inch Nails fans may be disappointed. News has it that the CD release date has been delayed until later this year.

Holy McNarland's live album is out now and it features Elmo, Coward, The Box and Stormy. Plus, her very own rendition of Phil Collin's classic; In The Air Tonight.

in die You know...

Fatboy Slim used to be the bass player for the **Housemartins?**

Wide Mouthin' off

BY MICHELE STEFANCIC Arts Reporter

askatoon band Wide Mouth Mason (WMM) spent a week in town recently promoting its new CD, Where I Started with a slew of press, and TV appearances. Poster boys for social issues like AIDS, and racism, they are ready to conquer Canada in a large pink bus, emblazoned with a condom ad.

With a new tour planned, the band was in search of a sponsor who could communicate a positive message to their young audiences.

Bassist Earl Pereira said approaching a condom company was a joke at first.

"Our manager actually went for it and just asked them, and they were all over it. Still you're a bit leery because it's easy to be sponsored by beer and cigarette companies," Pereira said. He explained that's what everyone else is doing, and they wanted to be different.

"It's going to get us attention and hopefully it will get people talking. We believe that if anyone thinks this is a bad idea, then they're very behind the times. We haven't had any bad reactions so far," he added.

"Our personalities are coming out. This is stuff we all feel strongly about," he said about the topic of AIDS awareness

The trio, which also includes Shaun Verreault (vocals, guitar) and Safwan Javed (drums), performed in a Toronto "Stop The Racism" concert ,with fellow Canadian artists Maestro and Wide Mouth Mason (left to right -Safwan Javed, Earl Perreira, and Shaun Verreault) are

to end the hatred.

Melanie Doane. bringing attention to the AIDS issue as well as themselves on their current tour. Pereira said WMM's active role in

"I felt more like a songwriter than just like promoting anti-racist behaviour isn't enough a musician. "Just by saying, 'Don't be racist,' isn't

Because we had more time and input (on this record), making every second interesting,

will love it just because...if what you want is us, then that's what you got, because this is all of us. We did everything on this record. We wrote all the lyrics, and we put everything



COURTESY PHOTO

Sugar Ray used to be known as The Shrinky Dinx?

Ex-Oasis drummer Tony McCarrol was disappointed when he only recieved \$800,000 from Noel Gallagher instead of the \$45 million he had asked for following his undair dismissal.

The Stone Temple Pilots are working on some new material while Scott Weiland and his lawyers continue to fight for redemption. Weiland is making it awfully difficult for his lawyers after pleading guilty on a heroin possession charge in exchange for his freedom.

day is going to do anything," Pereira said. "1 sort of felt like everyone was pulling together, that was cool and all, but it just seemed like, 'What's gonna happen after that'?"

going to do Jack. We don't believe that one

The concert will air on MuchMusic, March 21, the International Day to End Racism.

Upon touching on their positive roles as advocates, it was time to get to the important stuff, their music.

Studio bound at the end of last year, WMM returned to the familiar spot where they recorded their platinum-selling self-titled 1997 release.

Enlisting the help of producer David Leonard (Barenaked Ladies, Stunt) and engineer Todd Burke (Ben Harper), WMM recorded 12 songs, drawing from an eclectic mix of sounds - rock, pop, funk, reggae and jazz.

"It was all very new. We got into the studio and it was like making our indie record again. With us being the age we are now, and working with a dream team of accomplished engineers and producers, all of us getting along, it was very spontaneous," Pereira said.

every second of every song, and every sound you hear, was meant to be there. It wasn't just thrown on."

was picturing all the things I've actually gone through, and the next thing I knew, I was bawling. I was like 'wow'.

Earl Pereira

Pereira said what makes a great record is the ability to communicate with your partners. Expressing the importance of compromise and making group decisions is what helped WMM along the recording process.

"It was a very, very personal album (to make). It's a positive one, even though some of the lyrics can be pessimistic or a little darker," Pereira said

Pereira predicted fans will appreciate the candidness of Where I Started

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"I think people who were fans of the band

into it that is us as far as our personalities go," said Pereira.

"We're at album two and I think that it captured where we're at right now."

The candidness of lyrics in such singles as: Why can't I be your baby–Why can't I be your man-lt's driving me crazy-l don't understand-Why, would cause some artists to be leary about sharing their personal side.

Pereira happens to think otherwise.

Commenting on the emotional effectiveness captured by his band, Pereira remembered the first time he heard the CD.

"I was sitting in my apartment and listening to it over the headphones."

"The third song into it I found myself caught in it. For me, I was picturing all the things I've actually gone through, and the next thing I knew I was bawling. I was like 'wow.' And it's happy, as much as it's sad," he said of the song Burn.

"We're on a mission to make people know what's going on, and to have a good time doing it If we play, good things happen."

• Arts •

n-y about Zombie BY ELLIOTT BELKIN Arts Reporter Through Hell's fire and brimstone came Rob Zombie as he exploded on to the stage at Copps Coliseum on March 15. After the pathetic opening band, Videodrone,

put the crowd to sleep, Zombie woke up the dead audience kicking into his opening song, Superbeast. His set consisted of hits from his latest album, Hellbilly Deluxe, and hits from his days with White Zombie.

The energy level of Zombie and the crowd was kept up with an awesome stage show. The background was made into a castle built with skulls. The fire and heavy music kept the crowd moving and created some room to breathe in.

As Zombie and the rest of his demonly dressed band mates kicked into Meet The Creeper, out came the Creeper. A huge robot started scouring the stage attacking anything in its path. Next up was White Zombie's biggest hit Thunderkiss 65. They destroyed it. Zombie was so out of breath he missed over half the words, and his band played the song way too fast.

Zombie then took a breather and came back to finish the show with the first single off his solo album, Dragula.

Then it was out with the old and in with the new as Korn got ready to take the stage. With the majority of the Korn fans being 12 years old, they were finally given a chance to rock.

Korn's set wasn't as fancy as Zombie's, but starting things off with Blind proved that they didn't need all the pyro's to blow the roof off. They played all their hits and included a few songs that nobody thought would ever be performed live. That combined with lead singer, Jonathan Davis' powerful scream provided a very entertaining show. Davis' scream is so strong and eery it would give Jamie Lee Curtis a run for her money.

Coming back for their first encore, the age difference in the crowd suddenly became obvious. Korn began playing Black Sabbath's Black Sabbath and about 20 to 30 people knew what it was. The rest just stood there waiting until Korn ripped into Faggot. For their final encore they played the hidden Cheech and Chong cover off their latest album Follow The Leader.

Nothin

Rob Zombie took the stage promoting his new CD, Hellbilly Deluxe at Copps Coliseum March 15.

Wing Commander a total bust

By MAREK KOCHMAN Arts Reporter

If your're looking for a good sci-fi action film with an intelligent plot, good acting and wonderful effects, the closest you'll come with Wing Commander is the Star Wars trailer, played before the movie.

This movie didn't just stink; it was a 10 pound piece of crap trying to fit in a five-pound bag

The movie, which was video game designer Chris Robert's first attempt at a major motion picture, had to be one of the worst so far in 1999. It opens up with a short explanation of a war going on between Earth and the Kilrathi, a hostile alien race.

When a special probe gets captured by aliens, the humans become worried about a possible invasion on earth. They send for

Blair, who's played by Freddie Prinze Jr., is a young pilot closest to a major military vessel.

And, so the movie begins. The film unfortunately takes a very archetypal approach, with the lead character, Blair, being

your typical fallen hero. Needless to say, any self respecting, literate adult should avoid this picture on that point alone because the movie is downright predictable.

Our fallen hero, and his best friend Maniac - played by Mattew Lillard - embark upon this mission to deliver the message about the fallen probe and they become pilots for Earth's cause.

Lillards character was a complete rip-off of Maverick from the 1980's flick Top Gun, and, his character was down right annoy-

Director Chris Roberts would have been better off casting WWF Champion The Rock as Maniac because at least when he hurls non-sensical insults at people, the

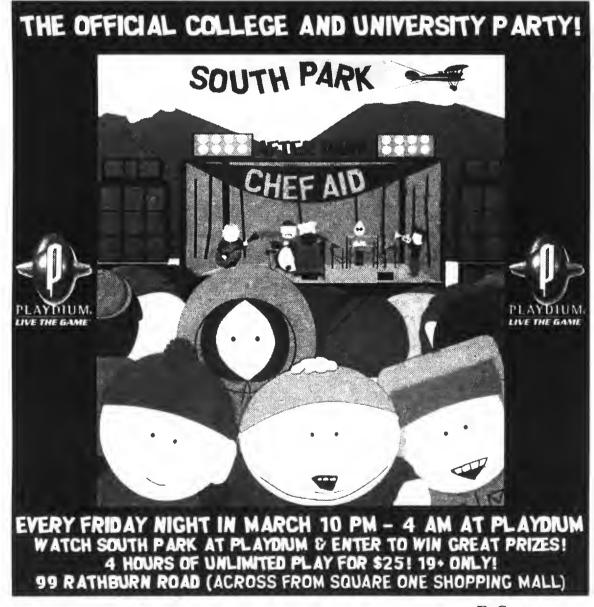
lines still come with a touch of humour.

So, the movie continues and much like Top Gun, Prinze Jr. falls in love with his commanding officer. He ends up walking around with an "I'm-in-Love," look through the whole film.

Most of the important elements of the film were poorly explained, including the lead characters relevance to the film. Also, the fighting scenes were unimaginative and boring.

So, more or less, if you're a Star Wars fan, go see the trailer and leave quickly. Otherwise avoid this movie altogether.





COURTESY PHOTO

Saffron Burrows stars as a title character in video game inventor Chris Roberts's new movie, Wing Commander.

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Carrie 2: a raging horror

BY KRISTI SMITH Editorial Staff

Tn 1976, Sissy Spacek chilled audiences worldwide as the title character in **Carrie**. At best, **The Rage: Carrie 2**, which opened in theatres March 12, will elicit a few laughs from moviegoers.

Simply put, it's hideous. This is not meant to be a compliment to it's special effects. Carrie 2 best illustrates why most sequels should never be made.

It is difficult to appreciate this film on it's own merits, which are scant. One can't help comparing it to the original. The audience is treated to classic clips from Carrie, a pitiful reminder of how awful the present movie is.

Carrie 2 essentially runs on the same premise as the original – on the theme of **revenge.** Rachel Lang (played by newcomer Emily Bergl) is the unpopular girl at school who is constantly mocked by the "in" crowd.

After a humiliating practical joke at a big school social, she becomes enraged, killing the massive amount of students in attendance in the climactic inferno with her telekinetic powers.

In both films, each girl has a wacko mother and an absentee father. Midway through this film, we find out they are half-sisters and that the father they share, Ralph White, passed on the telekinesis (the ability to move things with one's mind) to his brood.

That's essentially where the similarities end.

The award-winning Carrie, based on the novel by Stephen King, has long been considered a classic horror film. Sissy Spacek's portrays Carrie as an unglamorous waif, bossed and repressed by her mother. She's a social pariah.

It's exactly the opposite in Carrie 2. Far from being a victim, Bergl's Rachel is

beautiful and strong and chooses to be separate from her school mates. She even attracts the attention of football captain Jesse Ryan, (played by Jason London, twin brother of **Party of Five's** Jeremy London).

In essence, Carrie 2 lacks the qualities of a good revenge film. It's unable to generate and sustain tension and suspense as the flick builds to a climax. The acting is so-so, but the writing is blatantly awful.

In fact, it couldn't keep me awake long enough to scare me or turn my stomach in the final blood bath.

The cast is a who's who of up-and-comers and includes Canadian Rachel Blanchard as Monica (Cher in TV's Clueless), Charlotte Ayanna as Tracy (Miss Teen USA 1993), Zachary Ty Brian as Eric (Home Improvement's Brad) and Suvari. The young, beautiful looking cast is assembled around screen veteran Amy

Irving, who reprises her role as Sue Snell, the only survivor from Carrie.

She is now a guidance counsellor at the new Bates high school. Once she uncovers Rachel's powers, she tries to help her deal with them, determined not to fail her like she did Carrie.

Miraculously, the old high school is still standing and Sue attempts to bond with Rachel.

In the final scene of Carrie, audiences screamed as Sue dreamed of Carrie's bloody hand reaching from the grave as she paid her last respects.

In Carrie 2, I sighed in disgust as Jesse daydreamed of kissing Rachel in his dorm, before the latter crumbles into dust.

It was a weak attempt at a supernatural thriller and a poor imitation of its predecessor.

It should've been called "The Cheesy: Carrie 2".

Serial Joe kicking success

By ELIZABETH GONCALVES Arts Reporter

Rewmarket rock-rap band Serial Joe is one step closer to achieving their dream of signing with a major label.

The four piece band includes drummer Dan Stadnicki, bass player John Davidson, singer/guitarist Ryan Dennis, and guitarist Ryan Stever.

They just signed with Montreal-based Aquarius Records.

After selling an impressive 3000 copies of their 1998 CD, **KICKeD**, and getting steady airplay with their music videos *Obsession* and *Skidrow*, they won a 1998 MuchMusic Video Award for Best Independent Video.

With plans to enter the studio during March Break, it won't be long before these ambitious 14 and 15 year olds, rock the music charts with new tunes.

In an interview at the Westin Harbour Castle, band members said they are excited to go into the studio to work on their first fulllength CD.

"We have tons of songs written since our CD (KICKeD)," said Dennis.

"We're trying to get most of them down to give us a big option for what the record company likes." Recently performing as part of Canadian Music Week, they opened for fellow boy-band **3 Deep** at the Phoenix.

It shouldn't take too long for the record company to decide what songs to include on the album – that's if they heard the excited screaming fans after each vibrant song.

Although their desired travel plans would include such far off places as Australia, Japan, and Hawaii, members said they would like to travel around Canada as well.

They added Canada is a great place to market their music because the country encourages diversity and eclectic sounds.

"Canada has everything right

sets to the crowd. If they're playing for other bands that are more pop oriented, they'll do the lighter end of their heavy stuff. If they were playing for Silverchair, they'd be doing the other end."

During the recording of their EP, the band worked with their first recording engineer and was asked to choose a specific style of music for the album.

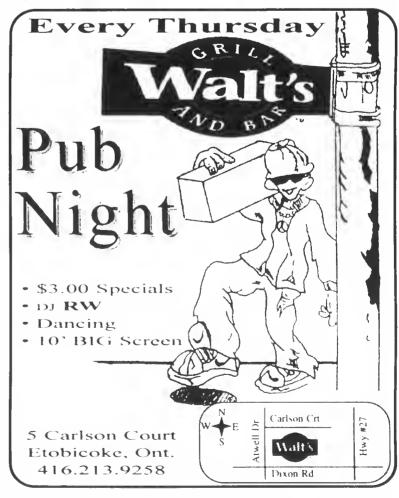
Not compromising their sound, Dennis said this is how they were able to achieve both the heavy rap-flavored, *Skidrow* and the lighter *Dreamgirl* on the same album.

The foursome admitted they don't know everything about the industry or music.

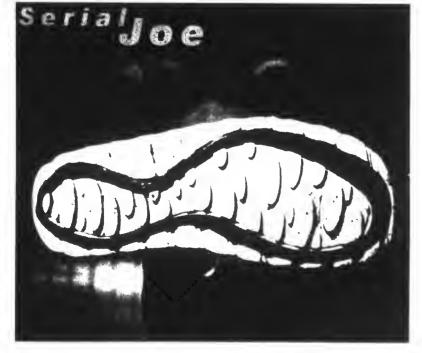
They are always open to criticism that can help them develop as songwriters and as musicians.

"We're nowhere near musical virtuosos," Stever said.

"We still have a lot of work ahead of us, but it's going to be fun."



21



The 14 and 15 year old rockers sold over 3000 copies of their first CD, 'Kicked, which they released in 1998.

now," said Stever. "Canada has all different kinds of things. We're not just pop, or we're not just rock. We have a lot of hip-hop, techno, alternative pop, folk music, and Celtic music. Canada has something to appeal to everybody".

Serial Joe certainly have a unique sound, especially in an industry that promotes young pop and dance acts.

"We have a different sound than what most young bands have; we're not really pop. We have songs that are alternative, some of them heavy, but it's a different sound than what you would normally hear."

Debbie Dennis, the band's manager and Ryan's mother said: "The lucky thing with these guys is that they can tailor their

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Quest for the gold



By NEIE BECKER sports editor

The Men's Basketball team shoots for gold this weekend at the CCAA Championships in Edmonton.

This tournament, hosted by Grant MacEwan Community College, is set up to be a double elimination tournament between eight competitive schools.

The Hawks will begin there weekend quest for a gold medal when they take on Grant MacEwan on March 18, at 8:30p.m. Other preliminary matchups include: Langara vs. Mr. St. Vincent, Lethbridge against Dawson, and Caraboo takes on Sheridan.

The second round takes place on March 19, with the Bronze and Gold being decided on March 20th.

The Hawks go into this crucial tournament, with five players back from last years team.

If Humber is to have success, then they will play the perimeter game, while taking advantage of their tough and rugged defence.

Not so All-Star

V-ball teams lose all-star game

By TIM FORAN Women's Volleyball

Seven Humber Hawk players and both the men's and women's head coaches took part in OCAA weekend Volleyball matches at Niagara College.

Unfortunately, despite the strong Humber contingent, the mens' and womens' team from the Western Conference lost both matches.

The women lost 3-0 to a deep Eastern squad. The men lost 2-1, but with momentum clearly shifting in the match, a best three out of five probably would have seen a different outcome.

The late addition of Hawk setter Derek Young pushed the men's total all-star reps to four, breaking the initial tie they held with the women. For the record, Tim Pennefather, Matt Cunliffe, and Matt Tim joined Young on the men's team, coached by former Hawk player Wayne Wilkins. The women's Western squad was represented by sophomore Cindy Ross, Caroline Fletcher, and Christine Rudics, and was steered by their coach Dave Hood.

The all-star day had initially been scheduled for mid-season but the January snowstorms forced the match to be played after the recent National championships. Rudics, making her fourth and final appearance as an OCAA all-star, said she preferred playing after the season is over.



PHOTO BY TIM FORAN Men and women Volleyball team enjoy all-star activities.

"I love it," Rudics said. "During the season you have to worry about injuries."

However, injuries should not have been a concern on this day. Like most all-star games, fun was more important than winning and the sloppy volleyball and lax refereeing were the clear results.

However, all players put on a show during the skill's competition. And although Matt Tim won for most accurate passing, it was Matt Cunliffe who provided the crowd with the most enjoyment. Foregoing any chance at winning the spiking competition, Cunliffe aimed most of his kills at a dummy that had been brought out onto the court for warm-up.

Although the Humber players' atmosphere was loose and casual, Rudics said she is still bothered by the Hawks' defeats in the provincial gold-medal matches.

"I'll never feel satisfied with the silver," Rudics explained. "Once you lose something, you lose it. It still sucks." CCAA Rankings By Neil Becker Sports Editor

ttention all you poolies following the CCAA Men's Basketball National Championships in Edmonton.

The following inside information is the rank and updated news on the eight college teams participating for gold in the CCAA Men's Basketball National Championships.

1. Languara – This school, which is located in rainy Vancouver, B.C. enters the tournament as defending National Champions. This squad, which had a record 35-2 this year, has three returning players from last years' winning team. They are favoured to repeat.

2. Dawson College-Dawson has a rich tradition in these games. The silver medalist team from last year, are represented by eight returning players. Three of their top players, Montreal Quebec Conference Champions, have signed contracts for NCAA Division 1 Colleges for next year.

3. Sheridan College – This is a seasoned team when it comes to playing tournaments. They beat St. Francis Xavier and University of New Brunswick this year.

4. Humber College – Your fourth ranked school has five players returning from last years nationals. Key players are; Issac KIng, and Adrian Clarke. Humber's game plan is speed and a tough defence.

5. Grant MacEwan- the

Clock ticking as trade deadline gets near

By DAN SANTO Sports Reporter

The March 23 trade deadline is a crucial time for team owners as they assess what is needed for the most prized trophy in Canada, the Stanley Cup.

Flyers G.M. Bob Clarke has been very public in his desire to bring Chris Chelios to the City of Brotherly Love.

If defence is what the doctor recommends in Philly, Bob Clarke might want to take a look at Edmonton Oiler Boris Mironov

Mironov could be very attractive to Philadelphia because his Oilers might be one of those pretenders on the verge of missing the playoffs

The Montreal Canadiens, who have already started the ritual of a fire sale with Mark Recchi, are expected to try to dump their captain, Vincent Damphouse, who has been a great disappointment. Damphouse, who becomes an unrestricted free agent at the end of the season, could be an adequate second line centre for a team with minimum expectations and above average money to boot.

Other players within the Eastern Conference to watch for could be Trevor Linden, whose New York Islander experience has been more like a nightmare. In fact (if truth be told), most if not all Islanders would pray to be traded by March 23.

Wendel Clark, once the Leaf's heart and soul, who's renaissance has come during a season with the Tampa Bay Lighting, has been at the heart of rumours almost all season.

For Leaf fans, the trade deadline is not likely to bring much excitement for several reasons; one being the tortoise like approach of Ken Dryden and Mike Smith.

A second reason is losing a youth foundation which assures winning years to come. The Leafs, who for years have been moneypinchers, are not likely to spend the dough to acquire a front line player.

For a specific player to watch in the Western conference, one does not need to go any further than Vancouver's Alexander Mogilny.

First of all, Vancouver has been like a soap all year with the Keenan-Burke honeymoon quickly eroding ultimately resulting in Marc Crawford's return to the coaching ranks of the NHL.

Mogilny, who has not had memorable year, though injured for most, could be a fine asset in the playoffs, especially if his scoring touch returns.

Now one week before the NHL trade deadline, there are more questions than one has answers for, however, the game of pretending to be a general manager is indeed an entertaining one. Alberta Conference Champions, and fifth ranked team, attained a 22-3 season and playoff record.

They are a powerhouse scoring team, capable of surprises.

6. University College Of Cariboo- This team, from B.C., is coming off their first National Tournament, where they finished third.

7. Lethbridge Community College,- in Alberta, has eight new players on the team. They finished first in the Southern Conference.

8. St. VIncent University-, returns after a year off. This team is well coached and sticks to a successful game plan.

• Et Cetera • FEBRUARY 18-24, 1999



A ringside view

RYAN SIMPER Managing Editor

• Sports •

You're going to read this, because Stone Cold said SO.

Now that I've stopped all of the non-wrestling fans from reading this ... are you ready?

Ladies and gentlemen, children of all ages, the Humber Et Cetera proudly presents its first (and probably only) wrestling column of the year.

I am a one of the continuously ridiculed members of society. The saying "don't you know it's fake?" lands on my ears' every time I talk about the main event on Monday night.

l am a wrestling fan.

Do ya smell what this article is cookin'?

Okay, so it's fake, big deal. It's only entertainment.

It's not Shakespeare. Actually, scripts for Raw is War aren't even close to comparing with the prose of Buffy the Vampire Slayer.

But enough is enough and it's time for a change. I'm layin' the smack down. I'm sick of people second-guessing my intelligence just because 1 choose to sit back and watch grown men in tights beat each other up along with the millions. . .and millions of other viewers on Monday night.

It's a guy thing. Actually, I shouldn't say that. Many women enjoy wrestling as well. To all of the female fans who have made it this far. . .hello ladies.

I enjoy watching the likes of Stone Cold Steve Austin, Mankind, the Undertaker and my personal favorite - the great one, the chosen one, he of the "rock bottom" and the "corporate elbow"-- the Rock, duke it out on Raw

Oh, for all the WCW fans who are still reading, I'm not going to talk about Rick "Nursing Home" Flair and "Failed in Hollywood" Hogan. They're too old and behind the times. I might become a WCW fan if they could realize how big a star Bret "The Hitman" Hart is, but until then I will never watch guys in masks and disco dancers.

The biggest complaint from non-fans is that wrestling is sending a bad message to kids. Eleven-

year-olds are telling their friends to "suck-if" on the playground. This is a bad thing. But, wrestling comes with a warning at the beginning of each program saying the show is not suitable for younger viewers

It parents can't stop their kids from watching programming that's not suitable for them, then they shouldn't complain that wrestling is sending a badmessage. If their child is requesting Head from the neighbours, they should set some guidelines for the television viewing habits in the household. Everheard of the V-chip?

As for the complaints about the WWF using violence and sex appeal to hook viewers, the last time I watched Melrose Place I saw a guy punch another guy and then he slept with his girlfriend. All that

"I'm sick of people second quessing my intelligence just because I choose to sit back and watch grown men in tights beat each other up along with the millions... and millions of viewers on Monday night."

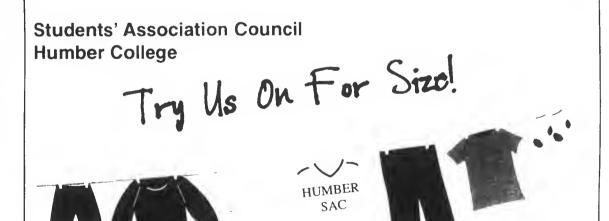
was missing was a body slam, some cool entrance music and a catch phrase.

Oh you didn't know?

The next time that any non-wrestling fan tells you that you shouldn't watch it because it's fake, tell them that you watch it for its entertainment value. Oh, and that you haven't seen a mother's daughter's first cousin's uncle come back to life because it's a full moon on Friday the 13th lately either.

That's all I have to say about that. Have a nice day.





Concussions

By IRWIN DICK Sports Reporter

People realize taking chances is a part of life, but is health something that should be risked?

One of the major concerns in hockey today, is head injuries, which could lead to severe headaches, nausea, and balance problems.

"The third-degree concussion really shook me up," said Chris McFadyen, a third-year General Arts student who also plays on Humber's hockey team.

"I had headaches every morning for two weeks and blurred vision."

Humber's McFadyen blamed the rash of injuries in hockey to stick work and creating contact leagues for younger kids.

"People are careless with their sticks," said the Humber hockey player. "Kids are taught at a young age to hit and I don't think that's right. Once kids realize they can hit, more injuries will occur."

Hockey mother Joanne Levine said she doesn't like the aggression in the game.

"It's dangerous when little kids start hitting each other from behind," said Joanne. "Ever since the rules changed more kids have been copying the pros."

Not to long ago, minor hockey made some rule changes that allow the younger kids to hit at an earlier age. The move has brought on both positive and negative reaction from the hockey world. Some parents like Levine don't like the new rules, but minor-hockey says it will teach kids at an early age how to take hits which will benefit them in the long run. Even though McFadyen risks injury every time he steps on the

or pager @ 416.440.5237

ice, he's driven by his affection for the game.

"I love hockey and I'll never stop playing no matter what the risks may be."

Last year, Paul Kariya of the Anaheim Mighty Ducks suffered a concussion when he was knocked on to the ice. For the rest of the season, the NHL star had headaches, nausea and found it hard returning to the game. As a result of his injury he missed the Nagano games in February, and to this day Kariya says he doesn't feel the same.

In the past, he was a gentleman on the ice, but since the injury he has changed to an aggressive hockey player.

Todd Warriner, a forward for the Toronto Maple Leafs, said concussions are the reality in today's NHL.

"Guys are bad in Junior A and B, but a lot worse in the NHL," he said.

Players today are bigger and stronger than they were in the past."

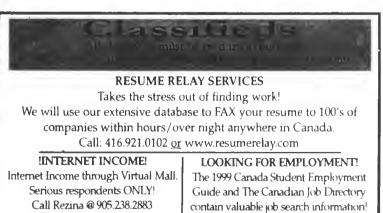
Warriner blamed players for the increased lack of respect and dirty play.

A year ago, The Sports Network did a study on spinal cord injuries caused by hitting from behind in organized hockey. In 1966, there was only one spinal cord injury and in 1985 that figure jumped to 12. The hit parade slowly grew in organized hockey to an astonishing all time high in 1990 to 22.

Hockey can be a dangerous game, but also an exciting one.

With concussion problems becoming more serious in the past few years, doctors have concluded that if a person has enough concussions, it can lead to an early death.

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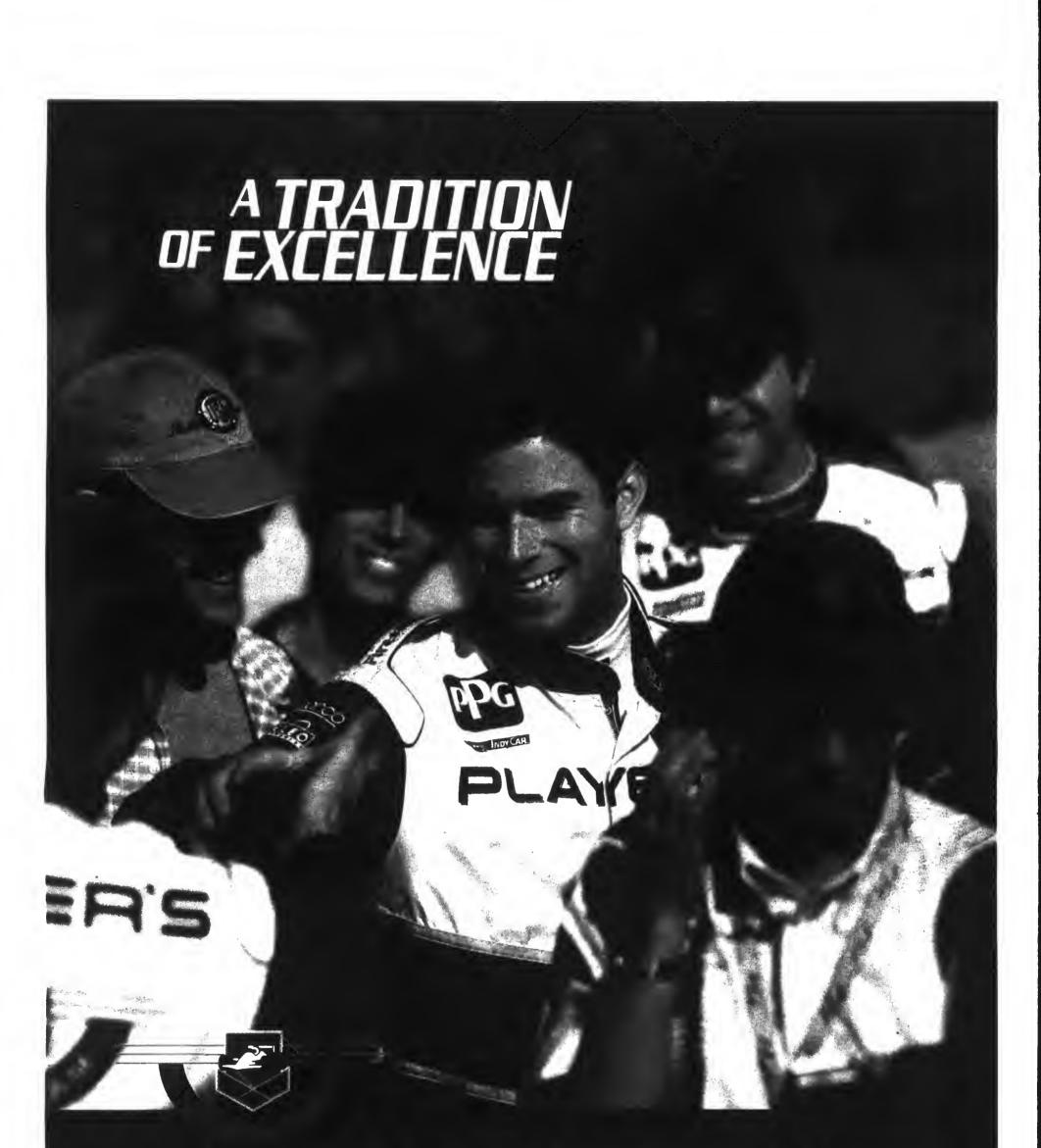
For SAC Executive and **Board of Governors Reps**

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