



Locker theft continues PG. 4

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COURTESY BLACKBERRY
The new BlackBerry Z10 comes out later this week to be followed in April by the Q10 which retains a keyboard.

BlackBerry 10 has Humber connection

Xiaoli Li
Biz/Tech Reporter

Research In Motion Ltd.'s latest effort to regain its place in the smartphone market, the Z10, goes on sale this week.

At an event last Wednesday RIM unveiled its new smartphones, including the Q10 scheduled for April release, and announced it's changing the company name to BlackBerry to maintain a single brand.

Tech experts see the latest phones and the BlackBerry 10 operating system as a make-or-break moment for the Waterloo-based company. Most notably, the Z10 is BlackBerry first entirely touchscreen phone, missing the company's signature keypad, which can be found in the Q10 phone.

George Paravantes who teaches multimedia design and development at Humber College, helped develop BlackBerry 10's operating software.

"[RIM] felt early on if they were going to win over consumers, they had to build just as good a touchscreen-enabled phone as they did a keypad-enabled phone," Paravantes said.

The new gesture-based (responsive to hand motion) system feels natural, and could win over consumers, he said.

"You'll start using it, and you'll go back to an Android or iOS phone expecting that behaviour to be there, and you'll realize, 'Hey that's only on BB10. That kind of sucks, I wish it was on all phones.'"

Ted Kritsonis, one of Future Shop's tech bloggers, tried a Z10 prototype at a RIM event.

"It's different because the idea is you're not moving back to something, to go forward again," Kritsonis said. "So your email inbox can be accessed when you swipe from the left edge of

the screen in to peek at your inbox." The phone also allows corporate clients to switch between personal and business accounts with a swipe.

RIM has been plagued by several high-profile blunders lately. The BlackBerry PlayBook launched in 2011, and failed to dethrone Apple's iPad. RIM also suffered problems in leadership with longtime CEO Jim Balsillie stepping down from the company in early 2012, after disputes with now current CEO Thorsten Harris. Delays have also plagued the release of the BlackBerry 10 operating system and Z10 phones.

Paravantes said RIM has learned from these mistakes.

"The reason BlackBerry 10 was delayed, initially, was because they didn't want to make the same mistakes as when they launched the Playbook, and launch a half-baked product experience."

Investors aren't convinced. A Jan. 22 report by Citigroup's market research division rates RIM stock as High Risk/Sell, and says, "We don't buy the hype." The report, authored by Jim Suva and Asiya Merchant, also indicated skepticism was the prevailing trend in the market, saying "more than 30 per cent of the company's shares are shorted," and "we reiterate our Sell rating."

Despite this, BlackBerry loyalists are unfazed. Kasir Dhaliwal, a student in the fashion arts program at Humber, said "all my friends have BlackBerry, so it's really easy to communicate with them. They are in India, so I use BlackBerry Messenger."

Of the Z10, Dhaliwal said "I am looking forward to [it]. I think I will buy it, too."

The Z10 and Q10 phones will be available through Bell, Telus, Rogers, WIND, Koodo and Mobilicity in Canada.

High school sports lockout hinders college recruiting

Madeline Fuchs
Sports Reporter

The National Hockey league is back in action, but athletic programs in public high schools continue to experience a lockout of their own.

Sports teams at public high schools across Ontario are taking hits with the passing of Bill 115.

In order to protest the enforced contract changes by Bill 115, teachers have opted to boycott after-school activities, including coaching. Without games to feature high school athletes, colleges are adjusting their recruiting approach for the 2013-2014 school year.

Doug Fox, director of athletics at Humber College, says

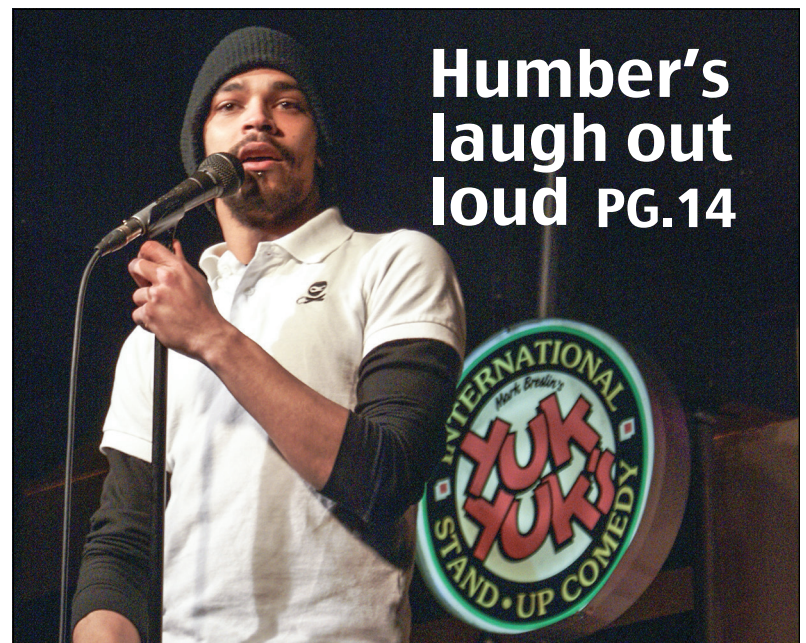
recruiting for sports like volleyball and soccer has stayed relatively the same since it's done at the club level. Basketball players, however, are mainly sought after in high schools.

"There are some (basketball) clubs and some of these kids do play in a club system, but unless they're a Catholic school player right now, it's very difficult to see them," Fox said.

Humber has taken new approaches to recruit players, several of which rely on a coach-to-coach relationship.

"We're pretty fortunate that we have a good rapport with coaches from the high schools built up over a time period. We're finding a lot of the time we've got coaches contacting us," Fox said.

RECRUITS continued on pg. 18



Humber's laugh out loud PG.14

IN THE WORLD THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4 Sri Lankan Independence Day Sri Lankans celebrates its 1948 independence from the United Kingdom. Celebrations include flag raisings, dances and parades.	5 Meeting on Mali The European Union will host an international meeting on the state of the war-torn country of Mali, where Canadian troops are currently playing a non-combat role.	6 President's Lecture Series Dr. Kwame McKenzie, a psychiatrist at the Centre for Addiction and Mental Health will be at the Community Room at Lakeshore to discuss the future of mental health.	7 Toronto Sportsmen's Show Fishing and outdoor activities enthusiasts can go to the Direct Energy Centre to see the latest gear and tech at Canada's largest show of its kind.	8 World Interfaith Harmony Week Friday marks the end of the United Nations sponsored event promoting harmony between people, despite religious differences.	9 National Sweater Day The World Wildlife Fund sponsored event encourages Canadians to turn down their thermostat and put on a sweater to support environmental friendliness.	10 Chinese New Year The Chinese lunar calendar comes to a close for another year, with the year of the snake slated to begin.

Contest for a greener Toronto

City offers cash, TV spot for winning videos on what makes contestants green

Kerrisa Wilson
General Assignment Reporter

The City of Toronto has launched an initiative aimed at getting residents to showcase their green side.

Live Green Toronto gives people an "opportunity to tell their story in an engaging way" about how they are one of the city's greenest," said Jessica Chow, awards coordinator of the video contest.

In a 90-second video submission and a 500-word letter, judges want to see from contestants "what they're doing in their lives to be green," she said. "We want to hear about those stories so that we can inspire others to do the same."

Judges will be composed of event sponsors and experts in the environmental field, including CP24, Toronto Hydro and the Economic Development and Culture Division.

Prizes include \$2,500 cash and an interview on CP24.

Contestants can submit videos individually, as a group, small business or corporation, until the March 3 deadline.

"The categories are very broad and that's done intentionally so that projects big or small can be brought to the table," said Chow.

Eligibility requires contestants to reside or operate a business in the city

of Toronto, as outlined in the contest website.

The Humber Students' Federation tries to regularly provide environmental initiatives for its students, and the Live Green Toronto Awards is a great way to get more people supporting the environment, said Teresa Silva, the HSF vice president of administration at North campus.

"I think it's a pretty intelligent initiative on the city's end," said Silva. "I think it can also be something that inspires something within the Humber community itself."

There are no environmental clubs at Humber North to further promote the contest, only HSF volunteers who help with a variety of initiatives including environmental causes, said Silva.

"If someone's out there and they want to start an environmental club, feel free. Come to HSF, we'll hook you up," said Silva. "We're here for the students, so if you're ready, we're willing to do it."

Bianca Cosentino, 20, a second-year cosmetic management student, said she thinks the contest is "a good idea."

"Maybe it will encourage people to be more environmentally cautious," she said.

As for the awards, Chow said she



PHOTO BY KERRISA WILSON
Bianca Cosentino and Alexandra Colucci, Humber second-year cosmetic management students, support the "Live Green Toronto Awards" and want to see more environmental initiatives at the college.

hopes Humber students will submit videos.

"I'm hoping for a few inspiring stories, something really creative, cre-

ative initiatives that people have come up with that can hopefully go viral through the city and try and spread some change."

Window for student government nominations still open

Espe Currie
Student Gov't Reporter

Humber College students still have time to file nominations for office in the upcoming HSF elections.

Natalie Quinlan, chief returning officer of HSF said she is looking forward to the candidates' platforms.

"I'm always most excited to see campaigning, because that's when you see students show their creativity, get out and engage with students through events. It's a really nice time to see students interacting with everyone else."

Ercole Perrone, the executive director of HSF, said this engagement is crucial to increasing voter turnout at Humber, and ultimately acts in the candidates' favour.

"If the candidates are visible, if the candidates are shaking hands and kissing babies, students will want to vote in larger numbers," said Perrone, adding the 24 per cent voter turnout at Humber is among the highest for Canadian schools.

Applicants must be full time Humber or University of Guelph-Humber students, have an average grade of 70 per cent and have collected 205 signatures of support from fellow students. The nominations package is available at the HSF offices or online at www.humberlife.com/elections, until 4:30 p.m. Friday.

"Go for it," said Quinlan to students interested in running for a position. "It can seem like an intimidating process because you have to get signatures and put yourself out there a little bit, but at the end of the day it's such a welcoming organization, it looks great on your resume and it will give you the skills you need to succeed in the future, too."

The president, VP student life and VP student affairs positions are all salaried, and those sitting on the board of directors are paid an honorarium.

Bhalinder Bedi, the organization's current president, is excited about the election too. He said, "I really look forward to seeing how this plays out."

Humber students to Get Swabbed

Jake Kigar
Police/Fire Reporter

A new recruitment campaign aimed at college-age students has been launched at schools across Canada to help fill demand for bone marrow donors.

Get Swabbed!, a blood stem cell registry clinic held by the One Match Stem Cell and Marrow Network and Humber's police foundation and nursing programs, will take place at the Lakeshore campus on Feb. 11.

"There is the need of more stem cell donors to join the registry because presently there's hundreds of Canadians that require a donor for stem cell transplant," said Lilet Raffinan, co-ordinator of donor management at OneMatch. "There's only a 25 per cent chance of finding a match within your family, so we rely on unrelated donors."

Raffinan said the clinic is targeting healthy males ages 17-35 to register because they are optimal blood stem cell donors, as they tend to have more stem cells in their body. Males also present a lower risk of transmitting graft-versus-host challenges, a common complication for similar procedures.

Raffinan highly encourages males of different ethnic backgrounds to reg-

ister to make up for a lack of diverse donors. Patients are most likely to find a suitable match with someone of a similar ethnic background.

"Healthy young men, ages 17-35, currently only account for 12 per cent of donors and only five per cent are diverse," Raffinan said.

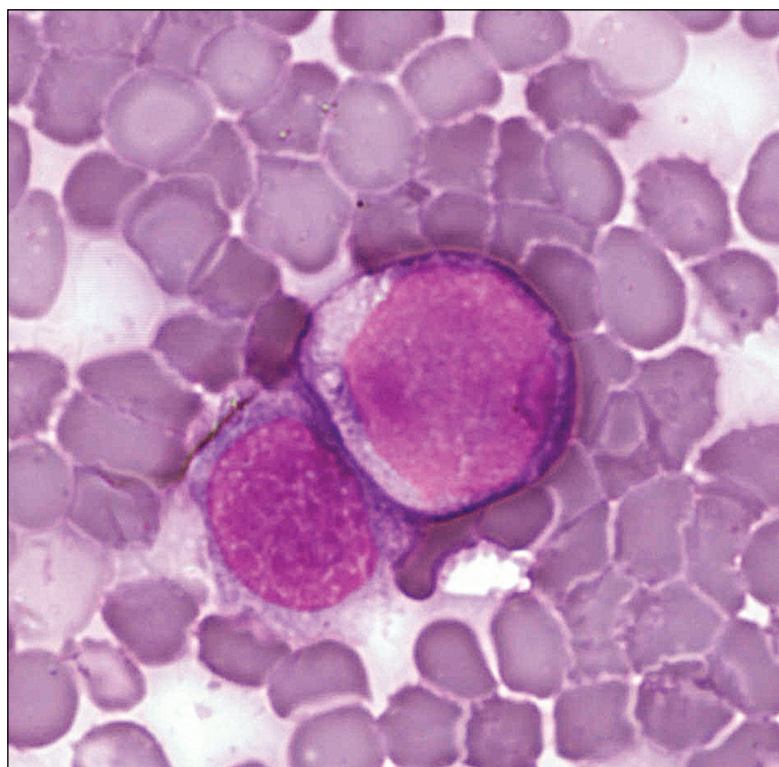
Margot Rykhoff, program coordinator of Humber's bachelor of nursing three-year program, said stem cells are important for human health.

"Stem cells are part of your blood and they're immature blood cells. These cells mature into red blood cells, white blood cells and platelets, which we need to carry oxygen, fight infection and help prevent bleeding," Rykhoff said, adding stem cells help treat immune disorders such as leukemia and lymphoma.

Student co-ordinator of the event and HSF police foundations representative, Blain Tattersall is urging students to register for the clinic and help save lives.

"Anytime you have an opportunity to help someone out, it's absolutely imperative that you do so," Tattersall said.

Get Swabbed! will run from 10 a.m. to 5 p.m. on Humber's Lakeshore Campus in room L-1017 on Feb. 11.



CREATIVE COMMONS COURTESY PUBLIC LIBRARY OF SCIENCE
Donated bone marrow is used to fight off deadly immune disorders such as leukemia, cells of which are depicted here.

Humber takes classroom to Europe, Asia



PHOTO BY HERMIONE WILSON

Humber fitness and health student Amrita Singh plans to travel to Germany and France with the Study Abroad program this spring.

Hermione Wilson
Diversity Reporter

Full-time Humber students looking to travel this spring can spend time in Europe or Asia through the Study Abroad program.

Students going on these trips can participate in a number of activities ranging from cooking classes to service projects.

The Europe trip, with stops in France and Germany, will leave on April 30, and the Asia trip leaves May 1.

Second-year fitness and health promotion student Amrita Singh is no stranger to travel.

An international student from northern India, Singh, 23, is looking forward to a trip to Europe this spring, especially France.

"I just want to see, why is it so exciting... why people talk about France so much," she said.

The trip to Asia usually includes Taiwan and China, but this year China has been replaced by Thailand. This is particularly exciting for Susan Somerville,

a program coordinator and professor in the food and nutrition program who will be on the trip for the first time.

"It's one of those places that's on my bucket list," Somerville said.

"International travel, we know, is a motivating reason why students choose the program," said Alister Mathieson, dean of the school of hospitality, recreation and tourism.

"The smiles on their faces, how excited they were, was priceless."

Justin Ramroop
Student

"We always try to build in a volunteer component into the programs," said Mathieson, who created the Study Abroad program over nine years ago.

Somerville said students she talks to tell her that volunteering is one of the highlights of the trips.

It certainly had a profound effect on Justin Ramroop, 26, a second-year fitness and health promotion student who participated in the Study At Sea program, which sees students travel to their destinations by ship, in the spring of 2012.

"What really drew my attention to the trip was the volunteering aspect of it," said Ramroop.

His voyage began in Mexico, in Cabo San Lucas, and continued along the coast of Central and South America, stopping in Ecuador, Guatemala, Panama, and Nicaragua.

Before they left Canada, Ramroop and his fellow travellers raised money to buy school supplies that they later distributed to children at schools in Guatemala and Nicaragua.

"The smiles on their faces, how excited they were, was priceless," said Ramroop. He plans to go back this spring and hopes to make contacts that will help him get involved in more international volunteer projects.

Students can sign up for the Europe and Asia trips until Feb. 8.

New tool to follow housing fund cuts

Justin Vasko
Queens Park/City Hall Reporter

Recent changes to provincial funding for housing and homelessness has led one policy group to develop a tracking tool to monitor their effects.

The Wellesley Institute, a Toronto-based research and policy institute, released on Jan. 21 a research tool looking into the loss of Ontario's Community Start Up and Maintenance Benefit (CSUMB).

Before the province discontinued CSUMB on Jan. 1, it provided funding to individuals or families receiving social assistance that found themselves in financial emergencies related to unexpected housing expenses.

Funds equal to 50 per cent of CSUMB's total funding were given to municipal governments with the directive of establishing similar initiatives. With the provincial monies the City of Toronto created the Housing Stabilization Fund to help operate its own housing support programs under the Community Homelessness Prevention Initiative.

This significant decrease in funding is one of the primary reasons why the tracking tool was developed, said Steve Barnes, a policy analyst with the Wellesley Institute.

"The real problem is that they took the provincial fund and cut it in half and only gave half the money they spent on CSUMB to the municipalities," said Barnes.

Toronto's 2013 operating budget shows an allocation of \$23.9 million for the housing stabilization fund, a \$14.9 million decrease from what was available under CSUMB. The city estimates approximately 49,000 households will be seeking assistance from the fund, similar to the numbers when funding was provided by the CSUMB.

Charles Caravan, manager of research development and reporting for Toronto



PHOTO BY JUSTIN VASKO

Residents of affordable housing units, such as those at 100 Lower Ossington, relied on the provincial housing benefit before it was cut.

Employment and Social Services, pointed out the province has also allocated \$42 million to municipalities to ease the transition and act as a buffer while long-term strategies are refined.

"For 2013, the City is focused on ensuring service system stability and limiting service impacts for vulnerable residents," he said.

Housing maintenance continues to be a critical element of Toronto's overall affordable housing strategy, and the city fund will play a role in that, said Patricia Anderson, a manager in the city's shelter, support and housing administration.

"The easiest way to prevent homelessness is to keep the housing you've got," she said.

The Wellesley Institute is in the process of verifying the data obtained through their tracking tool, and will be releasing reports on the impact of the end of CSUMB in the coming months.


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Locker theft still an issue on North campus

Olivia Roger
Crime Reporter

Security at Humber is still urging students to change their locks due to increasing locker break-ins at the North campus that have been an ongoing problem since the fall.

"It's easy money for thieves," said Nancy Deason, manager of public safety at Humber. "It's an easy way for them to get their hands on expensive equipment and books, and sell them for money."

Since September 2012, over 50 lockers have been broken into at the North campus.

Items at risk include laptops and textbooks, which can be sold online or be brought to the campus' bookstore as part of the buyback program.

"Students need to change their locks," said Cst. Ryan Willmer of 23 Division. "I did a sweep of the school and pretty much the majority of the locks being used are not sufficient."

The culprits are using bolt cutters as well as the "pop can method" to boost locks, an easy technique that breaks combination locks by making a shim out of an empty pop can.

"The best kind of lock to buy are

the quality padlocks with the covered shackle," said Deason.

The recent increase in thefts has caused the department of public safety to take extra security measures.

"We have both plain clothed and uniform officers patrolling the area, new posters with a more alert format and we're looking to install more cameras," said Deason.

The majority of break-ins have occurred in the Athletics Centre change rooms where cameras are not installed. The other areas of the school that have been targeted are sections E4 and D2 near the culinary school.

Matthew Dupuis, 24, a first-year broadcast student, said he has seen the posters around campus but trusts his belongings are safe. "When I selected my locker, I chose one near a camera in a well-lit area," said Dupuis, who uses a padlock on his locker. "I was strategic about the location."

Cst. Willmer said he recommends students keep valuables on them rather than in their lockers. Alternatively, students can keep valuables in the trunk of their cars.

One person has been caught on camera and has since been arrested in connection with the break-ins.



PHOTO BY LIME BLAKE

Since September 2012, there have been over 50 locker break-ins at the North Campus. Poor locks are a contributing factor.

Dawson College hacking raises questions of security

Lily Tran
General Assignment Reporter

The recent expulsion of a hacker at Dawson College in Montreal has raised issues about online security at other schools but there's no immediate concern at Humber College, according to an official.

Nelia Louro, support services officer at Humber's school of applied technology, said she has not heard of any student information being accessed illegally.

Louro said she did not know full details surrounding the Dawson College case, but stressed that appropriate measures are being taken here.

"It's important to protect student privacy at Humber," Louro said.

Ahmed Al-Khabaz, a student at Dawson, was expelled for what the school is calling a cyber attack on CEGEP, the computer system used by most general and vocational colleges in Quebec.

Al-Khabaz was a computer science student working on creating a mobile application for students to have easier access to the school's website. While developing the app, Al-Khabaz found security flaws within CEGEP, which allowed access to the personal information of more than 250,000 students.

Al-Khabaz alerted Skytech, the software company that created the computer system, about the security flaw. After running a program designed to test the security of the website without the developer's permission, Al-Khabaz was threatened with arrest.

According to a news release, Dawson decided to expel Al-Khabaz for violating the school's code of conduct by failing to cease his attempts to ac-



CREATIVE COMMONS COURTESY JEAN GAGNON
Montreal's Dawson College expelled Ahmed Al-Khabaz for testing for a security breach while working on a school app.

cess the school computer system.

Robert Kavanagh, academic dean of Dawson College was not available to comment on the matter.

Staff members at Humber's information technology offices declined to comment on the matter of security breaches in the school.

Sam Jamal, 23, a Humber first-year student of supply chain management, said he had his private information tampered with several times when he attended university in New York.

"This is a problem I have seen in the States a while back," said Jamal.

Jamal explained the hacker changed his phone number in the school records and stole his meal plan money, leaving his account at \$-700.

The hacker was "given a serious warning" but not expelled, said Jamal. Jamal said he hopes that his information stays put at Humber. "I don't think that we'd have to worry about someone doing that here," Jamal said.

Play lab provides child care students with edge

Kelly Townsend
Child/Youth Reporter

A recent study conducted by the University of Wyoming has shown that mental health professionals have very limited access to play therapy labs during training, especially in rural areas.

The study found that even a two-day play therapy training program can significantly increase a professional's knowledge and skill level.

"It is essential that mental health providers who are responsible for serving children and families have the ability to identify children's mental health needs and facilitate counseling that is responsive to the child's worldview," wrote Kara Carnes-Holt, the lead author in the study.

Humber Lakeshore campus is home to a rare, state-of-the-art Play Lab facility, exclusively designed for child and youth care students, that opened in September 2011.

The Play Lab, located on the second floor of the Medical Centre at the Lakeshore campus, exists to give students the opportunity to simulate in the classroom what working in the field is really like.

"It really is unique," said Heather Snell, the Child and Youth Care program co-ordinator. "There really is nothing else like it."

The lab allows first year students to experience a therapeutic session with other students before going out into the field and working with children.

"Mental health professionals trained in play therapy can facilitate counseling to help support the child during this time and help the child achieve their optimum growth and development," said Holt in the study.

The Play Lab has three rooms; a large activity room for therapeutic activity courses, a small play place that includes toys specific to play therapy, and a family room that allows for sessions including both children and their parents.

"All three rooms are used consistently," said Tina Lackner, the professor in charge of the Play Lab. "It's very hands-on work that introduces students to play therapy."

What makes the Play Lab so efficient and successful is the amount of input the CYC faculties were given in the initial design of the Lab.

While other university and college youth programs have activity rooms or interview labs with two-way mirrors, Humber's Play Lab is the only one that is designed to mimic a professional practice.

"It demonstrates what a child therapeutic space should look like," Snell said.

Chanise Austin, a first year in the Child and Youth Worker program, said, "It's more realistic, it really gives you a sense of what you're going to be doing when you go out into the field."

Mireille De Guise, another CYW student said she looks forward to going to the play lab.

"It gets you more interested."

Financial support for the Play Lab was established along with a proposal for the Child and Youth Care degree program that began two years ago.

The University of Wyoming study demonstrates how the Humber child and youth program allowing students to get first hand experience in play therapy better prepares them for work in the field.

Conflict in Mali could risk domestic terror hit

Caroline Brown
International Reporter

Fighting across northern Mali has intensified as French and Malian forces continue to battle with the Islamic fundamentalist group known as Al-Qaeda in the Islamic Maghreb.

"There has been a surge in rebel activity in Mali over the last year," said Chris Irwin, professor of liberal arts studies at Humber College. "But there are always possible consequences to western countries getting involved in difficult political situations in North Africa and the Arab world... you can find yourself at a higher risk of domestic terror."

Canadian Special Operations Regiment has been involved in training Malian soldiers, but the federal government said Canada will not have a combat role in Mali. The government has deployed Special Forces troops but only to protect "Canadian assets."

"National Defence isn't even looking at sending troops over," said Leif-



CREATIVE COMMONS COURTESY MAGHAREBIA
Touareg secessionists have said they remain willing to negotiate.

Erik Aune, clerk of the subcommittee for Canada's National Defence.

However, Prime Minister Stephen Harper said in a press conference that Canada is providing logistical support to the French troops until Feb. 15.

NDP foreign affairs critic Paul Dewar said, "We need to put pressure on Harper to play a significant role in Mali. It is in line with Canadian values and history as a country to help rebuild and support... we need to do our bit."

"The whole situation in Mali can be directly linked back to the post-Ghadafi power vacuum in Libya, which we helped create, we deliberately got involved," said Scott Taylor, publisher of Canadian military magazine, *Esprit de Corps*.

In March 2011, Canada took on a lead role in NATO air strikes to remove Libyan leader Moammar Ghaddafi. "The security situation in northern Mali is complicated by an inflow of

weapons from neighboring Libya following the fall of Ghadafi," said Hillary Clinton, the former American Secretary of State, to a Senate committee about the September 2012 attacks on the U.S. diplomatic mission in Libya.

According to Clinton, the growing threat posed by Islamic militants in Northern Africa is part of the struggle against global terrorism and providing support is necessary to prevent Mali from becoming a "safe haven" for terrorists.

Canada has provided humanitarian support to Mali since the 1960s. Canada's mining interests in Mali have played a significant role in providing aid to Mali. "We're not there out of the goodness of our hearts. That's why we were giving aid - in exchange we were getting mining rights," Taylor said.

The Canadian International Development Agency (CIDA) declined to comment on the situation in Mali.

Humber student creates yoga tote

Penny Munoz
Fashion/Hospitality/Culinary Reporter

One of the winners of Humber College's New Venture Seed Fund is putting his grant money towards producing the NuvoMat, a bag intended for fashionistas and yoga enthusiasts alike.

Eric Glenn, 21, fourth year industrial design student is using the \$8,000 grant to kick-start batch production of a yoga mat that conveniently turns into a purse.

"For people that actually do practice yoga, it's a big part of their lifestyle and that's really what we're trying to design around," said Glenn. "We're saying that your practice doesn't have to end at the studio, it's serving you throughout the day."

Excited by the prospects the fund has enabled, Glenn said he expects production to begin within the next year.

The aspiring entrepreneur said creativity, planning and hard work are fundamentals in the industry and have ultimately led to his success.

"I would say he's very persistent," said Crystal Gellizeau of the Innovation Humber Incubator, a service at Humber that assists students with their business ideas.

"He said he had a business idea that he wanted to start and if ever there was an event, and there was an open mic session or questions to be asked, Eric would always be up there first, jotting notes

down, always contacting me. I'd say he's very eager and it shows. It paid off."

According to the fund webpage, the initiative is to provide students with the necessary funds to develop their business ideas. It helps students pay for the expenses attributed to prototype development, product testing and resources for design production.

"This is a fantastic opportunity, like the Dragon's Den or the Shark Tank, where you have an opportunity to bring your ideas to the market," said Dennis Kappen, an industrial design professor. "We're really happy that Eric has won this specific award and we're hoping that he'll use the \$8000 to see if it will move forward to the next level."

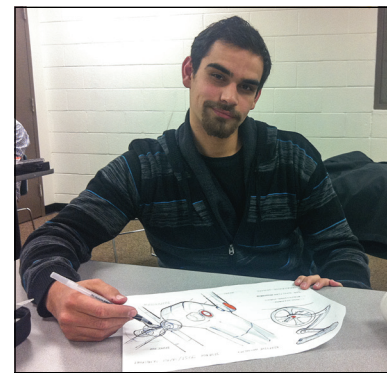


PHOTO BY PENNY MUNOZ
Humber industrial design student Eric Glenn received a Seed Fund grant.

Pharmacy tech students learn diverse health care approach

Therese Jastrzebski
Nursing/Health Reporter

Pharmacy technicians have an array of patients from various cultural backgrounds who will visit their pharmacies during their careers.

To learn about cultural expectations in regards to health, second-year Humber pharmacy technician students in the customer care course held a diversity luncheon on Jan. 24 at Humber's North campus.

Students were tasked with researching and presenting on various cultures which were chosen based on numbers from Statistics Canada on the largest growing sectors in the GTA, said Sharon Lee, program coordinator and professor of the customer care course.

Groups included were Latin American, European, Aboriginal Canadian, Chinese, and Jamaican among others.

The students researched "any rituals or practice, hand washing, prayers, what might be done after they eat," as well as "customs [and] the values in particular health," said Lee.

"We learned that the Chinese, they take health care very differently there," said Cailin Sperling, 23. "They focus more on homeopathic remedies."

Sperling said that while researching the Chinese views on health care, she learned that patients would often avoid seeing a doctor until things became severe and even then the doctor won't often disclose the illness to the patient.

"They will say, 'here's the medication to treat you,' but not go into detail," she said. "That's different from here because we try to give the patient as



PHOTO BY THERESE JASTRZEBSKI
Lubne Daweod, 21, Shumaila Ausari, 27 and Cailin Sperling, 23, stand by their table display of Chinese culture.

much information as we possibly can."

Marta Bozdek, a pharmacy technician instructor who attended the luncheon, said she enjoys the assignment because it helps the students understand the cultural experiences and attitudes patients may have in regards to health.

"That would be useful for a pharmacy technician to know when they're going to be interacting with those kinds of patients and we make it kind of fun because we also try and understand the food and festivities," said Bozdek.

"Working in the public, you're going to encounter many different ethnicities and many people of different cultures and you need to know how to behave around them, because what may be normal in our culture, may be insulting to them," said Sperling.

Non-cultural diversity was also presented at the luncheon and students learned about the needs of children, the elderly, diabetics and people with disabilities and allergies.

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Students with disabilities get more from Humber campus

Technology makes classroom more accessible to young people and helps teachers provide a more interactive environment

Kat Shermack
Biz/Tech Reporter

Students with intellectual disabilities are using technology to get more out of college life at Humber.

CICE (Community Integration through Co-operative Education) is a two-year program offered at Humber for adults with intellectual disabilities.

"Learning independence, and learning to become an adult, that's what we focus on," said CICE program coordinator Rosanna To.

CICE students are required to take specialized classes in subjects such as communication and math, but have opportunities with elective courses in regular stream classes they find enjoyable.

Technology has become more accessible and has facilitated a more interactive and accessible learning envi-

ronment for students.

"We use a lot of stuff, like computers," said CICE student Rana Kaoukdji.

CICE students also use digital cameras, Photoshop, and iPads to accommodate learning.

Disabled people are denied a lot of things because of their disability.

Anne Zbitnew
Photography Instructor

CICE students are not always familiar with equipment like SLR cameras according to photography instructor Anne Zbitnew, who regularly opens her photography classes to CICE students.

"Disabled people are denied a lot of things because of a disability," said Zbitnew. "If you just try, it's all okay. You just have to be given the opportunity to do it."

Different technologies have been an asset to teachers trying to assist students with physical and intellectual disabilities.

"I think we've been fortunate that there are so many assistive devices for students with different types of disabilities," said To.

To explained that these devices have become an integral part of CICE students' daily lives.

"I don't think it matters if you have an intellectual disability or not, students are just more comfortable with technology," said To. "It's something they've grown up with."

According to CICE students, using



PHOTO BY KAT SHERMACK
Students Melanie Ruttle, Jessie Gill, Maariyah Kazi, and Justine Chen see are part of the Community Integration through Co-operative Education program.

computers in the classroom makes it easier to focus on what their teachers are discussing, and programs such as Blackboard make it easier to stay organized.

"If (the teacher) does it on the computer for us, it's better," said CICE student Alham Fakhry.

To said technology makes education easier for everyone in the class-

room including instructors.

"I think it's great, because you're trying to accommodate all types of individuals in a classroom. Having these devices just makes it more accommodating for everyone," said To.

"Technology doesn't solve everything, but it can certainly make a lot of things easier," said Zbitnew.



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RESPONSIBLE GAMBLING COUNCIL

Skyline Farms set sights on Toronto

Humber's Venture Seed Fund winners specialize in growing on urban rooftops

Kaitlyn Morris
Biz/Tech Reporter

Two Humber students are making their mark on Toronto's downtown with Skyline Farms Co., a business in urban farming designed to distribute and donate produce in a community.

Gustavo Macias, 28, and Jake Harding, 22 – from the Humber sustainable energy and building technology program – won \$8000 from the Humber Venture Seed Fund and are applying for the Friendly Fire Pitch Competition to help with their portable urban farming business.

“Ever since my first job I've been working in farmer's markets,” said Harding “and rooftop farming ties it all together.”

Rooftop farming uses vertical hydroponic towers to grow produce using the space allocated on city rooftops.

Macias is also experienced in farming and said the pair is excited to show the world their vision with Skyline Farms.

Urban farming is important, said Harding, “because people in the downtown have lost the connection with where their food is coming from. They want to bring back that sense of community.”

Winning the a Seed Fund grant is a

first step to making their vision a reality, the pair said.

Humber vice-president of academic, Michael Hatton said the fund is “part of the Humber incubator to support student-led new business ventures.” Being a winning entrant, Hatton said, means that students have put together a great business plan to further their idea.

Patricia Morgan, Humber's dean of research, said that what pushes Seed Fund winners to the top of the pile “is that it actually could be done in the time frame the students propose.”

Macias and Harding hope to begin their business by planting vegetables in Humber's greenhouse by next month, and intend to begin their own gardens by the spring or early summer.

Skyline Farms business model starts with seasonal growing before eventually growing all year round with passive solar greenhouses.

They plan to pilot their business with the Regent Park Revitalization project and said that it is a community in need and that is implementing sustainable values that they share. It has an up and coming farmer's market that they would like to be a part of.

Both students agree that the Innovation Humber Incubator has been a big help. It has motivated them to keep going and strive for more.



PHOTO BY KAITLYN MORRIS
Gustavo Macias, 28, and Jake Harding, 22, are the founders of Skyline Farms Co.

Energy coalition seeking to increase green jobs

Peter Davey
Applied Technology Reporter

Students looking to enter building construction and green industries may find a bigger and more stable job market if a proposal from the Building Energy Efficiency Coalition is adopted by the federal government.

The proposal seeks to add a number of building efficiency upgrades, such as installing new high-efficiency windows, to the current tax deduction incentive program. According to a recent BEEC press release, expanding tax deductions will create jobs, reduce the need for new energy infrastructure and reduce greenhouse gases.

“The nice thing about tax reform is that there is some stability to it,” said John Dickie, a spokesperson for BEEC.

“For the contractors who do the work, they want a steady stream of work.”

Previous energy rebate programs ran for a few years and then stopped, said Dickie, making companies and building managers hesitant about investing in employees and equipment.

“It's good to hear that jobs will be out there for students,” said Hansel Menezes, 32, a third-year sustainable energy and building technology student at Humber College.

Menezes said she also liked the proposal's recommendation to use certified professionals, rather than Canada Revenue agents, which keep auditing costs lower.

According to Humber's sustainable energy and building technology program manager Kerry Johnston, the BEEC does a fair job making building efficiency more attractive.

“Conservation is always cheaper than generation,” said Johnston, speaking about conserving energy rather than producing more. “So anything that can be done to advance the cause of conservation works.”

Johnston also said his students are well trained and well received by employers in energy efficiency industries.

“As building energy conservation and energy efficiency grows in popularity, we need people to manage the technologies,” said Johnston. “We have a breadth of opportunities for our grads, and employers are happy with what they're getting.”

Bringing more attention to energy efficiency construction is an important factor in increasing Canada's overall energy conservation, said Dickie, who adds that further reforms may be proposed in the future.

“We would probably be advocating other reforms to improve building energy efficiency and would improve job creation and profitability,” said Dickie. “That's good for the economy, that's good for workers, and that's good for students because they become workers.”

Dickie is optimistic that the proposal's recommendations will make it into the 2013 or 2014 federal budget.

Canadian small business to miss out

Josh McConnell
Biz/Tech Reporter

Most smaller Canadian businesses will not be assisted by a \$400-million venture capitalist fund announced last month by the federal government, say Humber College financial experts.

Though the Venture Capital Action Plan is a significant investment by the government for larger high-growth companies, it will not have a major impact on most smaller and medium-sized Canadian businesses, according to Sandra Marchetti, entrepreneurship instructor at Humber.

“It is not really going to effect the majority of small businesses in Canada, but it is going to do a lot of good for a small number,” said Marchetti. “And that is fine, because when we have stars in our economy we need something to lift them up.”

Raj Seekumar, Humber business alumni and MBA candidate at Brock University, said the new funding only helps well-managed and rapidly growing firms. Current students looking to start their own business probably will not see this funding, according to Seekumar.

“It doesn't mean anything for new start-ups because the majority of venture capitalists only fund companies that are cash-flow positive,” said Seekumar. “But it will help Canadian based firms compete internationally and keep their operations within Canada.”

Venture Capital Action Plan Breakdown

\$250 million to establish new, large private sector-led national funds of funds in partnership with corporate investors, and interested provinces.

Up to \$100 million to recapitalize existing private sector-led funds, in partnership with willing provinces.

An aggregate investment of up to \$50 million in three to five existing high-performing venture capital funds in Canada.

In the United States, venture capitalism is more common than in Canada but Marchetti said this is the case because of a higher population and having a large concentration of scalable businesses in one place.

“If you look at the typical venture capitalist in the USA, they are not in small town America,” said Marchetti. “They are in Silicon Valley. They have this pocket of businesses that are all pretty much in the high tech industry.



COURTESY PHOTO PRIME MINISTER'S OFFICE
Prime Minister Stephen Harper announced \$400-million Venture Capital Action Plan on Jan.14 to increase funding for Canadals high-growth companies.

They are highly scalable companies with phenomenal growth rates.”

“It is different here because in general Canadians are risk adverse when Americans on the other hand are encouraged to take risks,” said Seekumar.

“Venture capitalist funding matters here because a large number of high-tech firms are moving their operations to America and England in search of capital. When this happens, Canada is losing educated people, entrepreneurs,

industries, innovative culture and potential tax dollars.”

While the Venture Capital Action Plan is a strong first step, Seekumar would like to see the federal government invest more.

“I think the Canadian government should look at and develop policies about how to provide funding to start-up firms,” said Seekumar. “This will help the Canadian innovation industries and Canadian entrepreneurs.”



PHOTO BY PAUL ROCCA

A Health Council of Canada report finds high variability in health care standards across the country, as well as long wait times for care relative to other nations. Experts say results should be qualified, however.

Health care varies across country, study says

Paul Rocca
Life Reporter

In Canada, the standards of primary health care vary from province to province, according to a report by the Health Council of Canada.

According to the study, 51 per cent of patients in New Brunswick often experience difficulties affording medications and other medical expenses, compared to 7 per cent of patients in Québec and a national average of 26 per cent. Norway, another country in-

cluded in the survey, has an average of four per cent.

The results are part of the HCC's 2012 *Commonwealth Fund International Health Policy Survey*, which includes responses from 2,124 Canadian primary care physicians and 8,642 physicians from nine other countries. Participants were asked for their opinions on the performance of their health care systems.

"We hope that our comparative findings help shed light on potential for improvement across the country in

these areas," said HCC councillor Dr. Michael Moffat in a published statement.

Only 47 per cent of Canadian physicians surveyed said most or almost all of their patients can get same-day or next-day medical appointments when requested. This is the lowest result of all countries surveyed, compared to France's result of 95 per cent.

These results, however, may be misleading, said Raisa Deber, Ph.D, professor at the Institute of Health Policy, Management and Evaluation at the

University of Toronto.

"One of the things that makes it incredibly complicated is we're not homogenous," said Deber. "When you're saying 'can I get a same-day appointment,' it depends on if you need it."

Catherine McKee, a registered nurse at Humber Health Services, said she agrees.

"When you talk to different practitioners and patients, you're always going to get a difference of opinion," she said. "You can't fit everyone into one average."

Deber said that in many cases, the results require proper context. She said that the varying numbers concerning after-hours care may reflect a difference in health care demands per community and not a lack of availability.

"If I'm in a small town and there are one or two doctors, it may make sense to go to a hospital emergency room, assuming you have records there," she said. "This is not going to be one-size-fits-all. It's going to very much depend on where you're living, what you've got, and what your conditions are."

TO THE NINES

Where do you do your winter clothing shopping?

Banana Republic, ZARA, Loft. Mainly Yorkdale [stores] because I work in Yorkdale or online.

Who are your style icons?

I don't really have a style icon, to be honest. I just look at what I see in the stores. If I like it, I buy it.

How much do you usually spend on an outfit?

There's not really a limit on how much I would spend. If I like it, then I buy it.

Ariella Jenkins, 19
Early Childhood Education,
first year

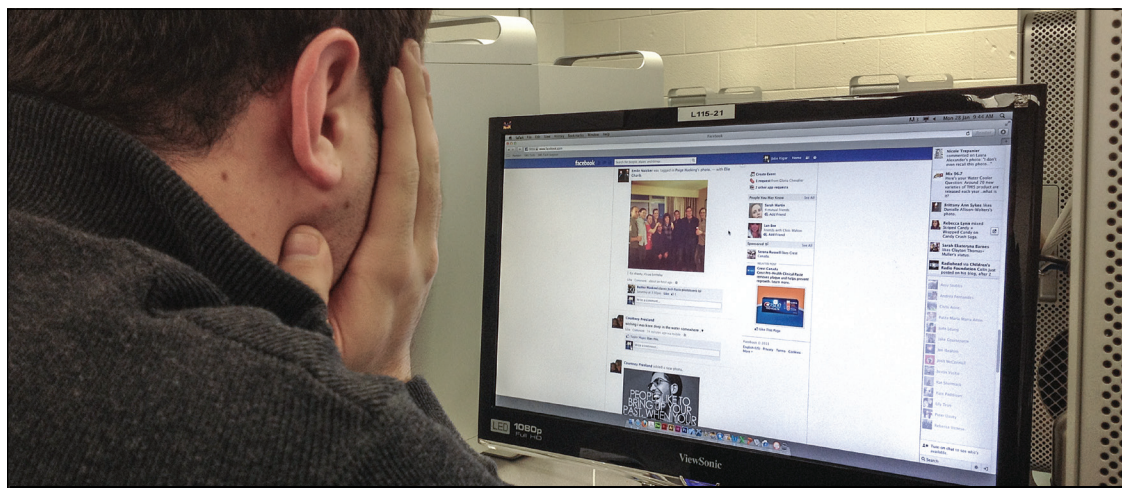


PHOTO BY KATE PADDISON

A German study found that one-third of users felt unhappy after spending time on Facebook.

Facebook jealousy rampant

Kate Paddison
Life Reporter

Facebook has gone a little green.

According to a German study from Humboldt University and Darmstadt Technical University, seeing the successes of Facebook friends can lead to feelings of envy.

Researchers found that more than one-third of users felt worse and generally dissatisfied with their lives after visiting the website.

Andrew Tibbetts, a counsellor at Humber College, said he agrees with the concept of "Facebook envy."

"It's actually a thing," he said. "Clients come in and need to talk about experiences that they've had on Facebook."

Users who go on Facebook to browse, as opposed to contribute, were most affected, according to a press release on the study.

In reality, the posts and pictures seen on Facebook might not accurately describe what is really going on in users' lives.

"Everyone puts their cutest pictures up - happy snaps of their shining hours," said Tibbetts. "You're sitting alone, comparing your life to the best of theirs."

Dr. Terry Garling, a registered psychologist, said Facebook is a presentation of 'self'.

"A lot of what people are doing on Facebook is presenting 'my magnificent self' and 'my self' is meant to do two things. For you to see it and you to realize 'I am so much more magnificent than you are,'" Dr. Garling said.

The leading envy-provokers, according to the press release from the study, are related to travel.

Randa Damnarine, 19, a Humber first-year massage therapy student, said she has experienced Facebook envy more than once.

"Usually when people are traveling or going out to nice places, it really makes me feel bad because I know that I can't, or that I don't have the money or time," said Damnarine.

This envy can also lead to what the researchers called "envy spiral". This is the jealousy that leads users to exaggerate their own Facebook profiles, which, in turn, will provoke envy for other users, according to the study press release.

"It's healthy to take breaks from media and social media," said Tibbetts. "Take a month off, even a week off, do real things. Actually go out and get off the computer."

Humber business entrepreneur finds success with Toronto lingerie stores

Gabby Mann
Life Reporter

A Humber business graduate's corset business has gone from a door-to-door sales operation to franchise.

Abraham Catano, owns Stella's Corset which sells corsets, lingerie, and "butt lifting" jeans for both men and women at various store-front's across the GTA.

"I thought, am I going to look for a job or help my mother take her business to the next level," said Catano. "I'm the business, logistics of the company, like the guy behind the scenes."

Catano, decided to revamp his mothers door-to-door corset business after he graduated from Humber College in 2007.

He bought the store's flagship location at Dufferin Street and Wilson Avenue area and since expanded, opening a second location in Brampton at Kennedy Road and Clarence Street.

Priscilla Boada, who has been working with Stella's Corset for about two years, was a customer before an employee.

"I wear the corsets myself," said Boada. "I believe in the product. I was a customer of Stella and I enjoy helping people."

Catano attributes much of his success to his Humber education.

"It helped me gain tremendous knowledge to take my business to the next level," he said.

Edgar Bernal Martinez, who helped Catano sell his product door-to-door, praised Catano's business sense.

"He's always constantly busy. He's become very dedicated and very mature. It's definitely had a big change on him," said Martinez.

"As a business I want to be as big as Victoria's Secret. I follow them closely and what they do," said Catano. "A lot of businesses focus on the quick sale but it's the long term relationships with the customers that matter."

Besides trying to gain international recognition for Stella's Corset, Catano is interested in motivational speaking and writing a book for small business owners who need advice.

"Stay motivated," he said. "Education doesn't stop at graduation. Keep educating yourself."



PHOTO BY GABBY MANN
Abraham Catano, the owner of Stella's Corset, graduated from Humber College's business program in 2007. He now has multiple store locations in the GTA.



PHOTO BY SANDRA DE GRANDIS

Mental health at Humber

Sandra De Grandis
Life Reporter

A lecture will be held at the Lakeshore campus Wednesday discussing the worldwide approach to mental health as part of the President's Lecture Series.

"We need to change public awareness on mental health. If someone gets cancer, no one blames the person, but that's not true with mental health disorders," said Andrew Tibbetts, a counsellor at the Lakeshore campus.

The lecture, entitled; "It's Not Just What You Do, But the Way that You Do it: A New Paradigm in Public Mental Health," will feature guest speaker Dr. Kwame McKenzie, a professor of psychiatry at the University of Toronto.

Dr. McKenzie will discuss how community involvement in determining mental health programs can improve how it is dealt with. Dr. McKenzie will discuss the benefits to a person's overall mental health when they have access to natural green space in their communities.

Melanie Chaparian, chair of the President's Lecture Series, praised Dr. McKenzie for his willingness to tackle the tough issues.

"He's a very good speaker who's able to discuss rather difficult issues in accessible terms. He doesn't have a problem discussing tough issues," said Chaparian. "It's important for the public at large to be involved in deciding on how mental health programs are funded."

Shelby Vass, 20, a second-year justice studies student at Guelph-Humber said the issue of mental health is often dismissed by the public.

"People don't treat it as an illness, but as a choice. It's an issue that's been overlooked. People feel embarrassed to talk about it," Vass said.

In October 2012, the World Health Organization released a study stating more than 350 million people worldwide suffer from some type of mental disorder.

Tibbetts said the quantity of resources is the problem at large for mental health illness.

"We have a patchy system of response," said Tibbetts. "There are way too few resources, it's underfunded. We need to make sure there are really good treatment programs and a variety of them."



PHOTO BY JADE LEUNG
Insufficient sleep can lead to decreasing levels of gratitude, according to a recent study conducted by researchers at the University of California, Berkeley.

Less sleep leads to ungratefulness

Jade Leung
Life Reporter

Sleep deprivation makes us less grateful, according to a recent study in the Society for Personality and Social Psychology journal.

Researchers at the University of California, Berkeley, conducted three experiments towards the finding. For the first experiment, subjects slept for one night before listing five things they appreciated. The second survey had subjects document their sleep schedule and feelings of gratitude for two weeks.

For the last study, subjects recorded their levels of gratitude towards romantic partners after a night of sleep.

In all three, the participants reported feeling less grateful after experiencing a night of restlessness.

Dr. Richard Leung, a sleep expert at St. Michael's Hospital, said he isn't surprised by the findings.

"Inadequate sleep is thought to be one of the drivers of depression," he said. "One is more likely to be sort of irritable or in a bad mood just from being less well rested, so it wouldn't necessarily surprise me."

Courtney Middleton, a first-year

creative photography student, said she isn't surprised by the findings of the study either.

"If I don't have enough sleep, I'm usually pretty antsy and kind of irritated," she said. "You don't have as much energy so everything takes more of a toll out of you. If you have good sleep, everything seems better."

Dr. Celeste Thirlwell, a sleep clinic practitioner, said the stressful demands of university are a cause of poor sleeping habits among students. Inadequate sleep leads to difficulty with higher cognitive functions in the brain, including memory and concentration, multi-task-

ing, and slow reaction times.

Lack of sleep, she said, is "like not putting gas in your gas tank, it slows you down."

To improve quality of sleep, Dr. Thirlwell said, "Eating well at regular times and also exercising" are important.

Dr. Leung explained that sleep isn't a cumulative effect, so the main priority is having a regular bedtime.

"It doesn't matter so much whether you have an early bed time or a late bed time so long as you are consistent... Your body will adapt to that rhythm and you will enjoy, usually, decent quality sleep."

Proceed with caution online, police say

Warnings of stolen identities, romance scams, other hazards

Erinn Kenney
Life Reporter

That blonde bombshell you've been exchanging provocative e-mails with may be a decrepit old woman, or an 8-year-old boy.

And that company offering loans to students may be a scam.

Young people and students need to exercise caution online, police said.

"The internet is a forum where you can easily purport to be somebody you're not," said Det. Alan Spratt of the Toronto Police financial crimes unit.

"Because there is no physical meeting between you and who you're communicating with, it's easy to be somebody else," Spratt said.

He added that students with poor credit that need money should be cautious of fake creditors no matter how desperate they are.

The popularity of MTV's *Catfish* and the story of Notre Dame football star Manti Te'o's fictitious girlfriend are other examples of Internet misrepresentation.

There are countless cases of fraud, romance scams, stolen identity and

"The whole system is more comfortable in dealing with the individual's losses rather than prevention."

Daniel Williams

theft that occur online every day, said Daniel Williams of the Canadian Anti-Fraud Centre.

"It's very common in North America. An estimated \$10 [billion] to \$30 billion is stolen every year through fraud where only one to five per cent of cases are reported. It's very difficult to fight," Williams said.

"The whole system is more comfortable in dealing with the individual's losses rather than prevention," he said.

Dr. Sonja Embree, assistant program head of psychology at Guelph-Humber said there are many people who could

find themselves in Te'o's position, trying to live up to a public image with a girlfriend who proves not to be real.

"Trying to meet those expectations (of being a star) could make you feel deep down like a loser. Using the Internet for many is a way to escape that pressure," Embree said.

If anyone thinks they might be a victim of online fraud, ceasing all contact with the perpetrator is the best course of action, she added.

"Contact your local police and inform them of your suspicions... no matter how embarrassed you might be or emotionally committed you are."

"The number one thing to do is cease all contact with that person immediately," agreed Williams. "The more people we educate, the less cases we have to deal with."

Police also encourage users to research any online suspicions.

"Anytime you're suspicious, these people will send you information and involve more people into the scam to satisfy your suspicion. People need to do their own independent research for verification," Spratt said.

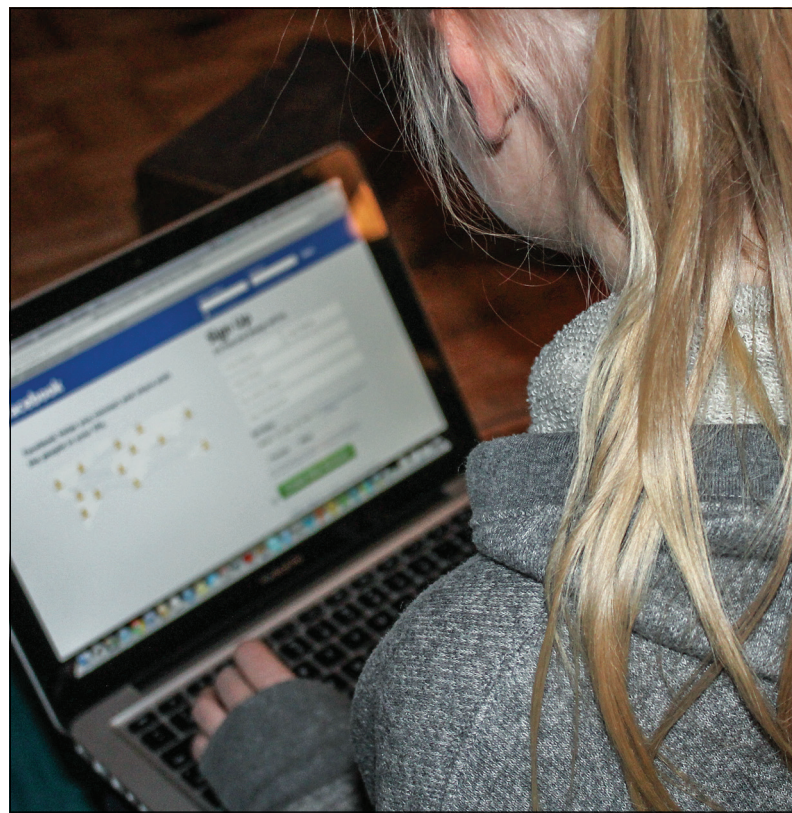


PHOTO BY KATE PADDISON
Police said people need to exercise caution when speaking with others online.

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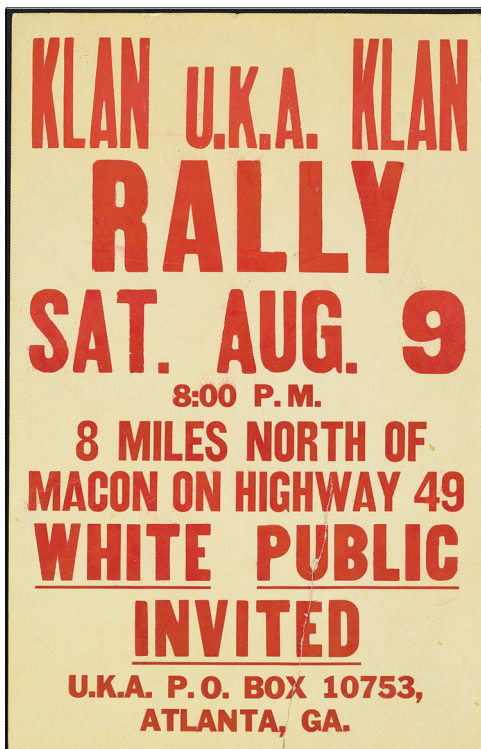
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EVENTS IN TORONTO THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>4 Tragically Hip</p> <p>The Kingston alternative rock band returns home for a show at the Kingston Rock Centre.</p>	<p>5 A night to make a difference</p> <p>The Mardi Gras Masquerade Ball will be at Casa Loma, proceeds will go to breast cancer research. The ball starts at 7:30, tickets are \$75.</p>	<p>6 The 24th Street Wailers</p> <p>This blues band, alumnus from Humber College, will be performing at Hugh's Room in support of their latest release, Unshakeable.</p>	<p>7 Winterlicious</p> <p>Make sure you don't miss out on this once-a-year cuisine extravaganza. This will be the last day of winterlicious</p>	<p>8 Music for everyone (if not soldout)</p> <p>Lady Gaga kicks off her first of two days at the ACC, Tony Bennett is at Roy Thomson Hall, and veteran punk rock band, Dead Kennedys, are at Lee's Palace</p>	<p>9 A charitable night</p> <p>Personal Growth Fundraiser hosted by the Human Awareness Institute and featuring music, a hypnotist, dancing, and live and silent auctions. 7 pm (\$10 donation)</p>	<p>10 Of Mice and Men perform</p> <p>American metalcore band, Of Mice and Men, will be performing at the Phoenix Concert Theatre in support of their latest album, Flood.</p>

HISTORY AND ART



COURTESY ART GALLERY OF YORK UNIVERSITY



PHOTO BY KATERYNA BARNES
Replicas of Klu Klux Klan robes in a reenactment of an interview between the Klansmen, CBC and civil rights activist James Bevel.

Capturing Ku Klux Klan grim history in Canada

Kateryna Barnes
A&E Reporter

A story about a family home burning to the ground by Ku Klux Klansmen in Athabasca, Alberta inspired an artist's newest exhibition at the Art Gallery of York University.

Deanna Bowen, a Toronto-based black artist, marks Black History month with *Invisible Empires*, an exploration of the Ku Klux Klan's century-long history in Canada. Her family fled from Oklahoma to the mythic safe-haven of Canada, where over 3000 citizens petitioned then-Prime Minister Wilfred Laurier to draft the Immigration Act. This Act gave the government legal recourse to prevent black Americans from immigrating to Canada.

"My grandparents raised me to fear the Klan and I never quite believed what they were talking about because I never saw what they were talking about," said Bowen.

"Years later, having done all this research, it's become clear that what they were talking about is real. There is an effort on my part to honour my grandparents' memory."

Bowen combines personal and political artwork by sourcing publically-archived resources while researching her family's history; these include a copy of the petition hanging on a wall along one side of the gallery, KKK rally posters and clippings from newspapers. Bowen also had authentic

replicas of Klan's robes recreated for a recorded reenactment of the CBC This Hour Has Seven Days interview between the Klansmen, a CBC reporter, and civil rights activist James Bevel, portrayed by Maestro Fresh Wes.

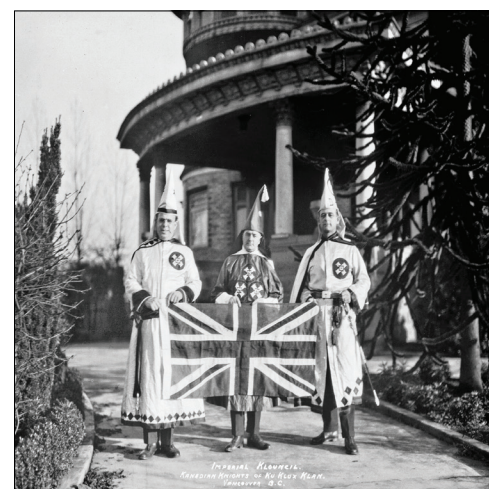
"We were worried because it is potentially a controversial exhibition and one of the things that Deanna does is use archival, Klan-based material, but not offer it in a historical context," said Philip Monk, the art gallery's curator.

"Since she's working with Klan material, she's using Klan strategies, being very aggressive and putting these images out in public and bringing these issues of racism to the fore. A lot of people in Canada think, 'That's an American problem,' but it's a problem that impacts Canada."

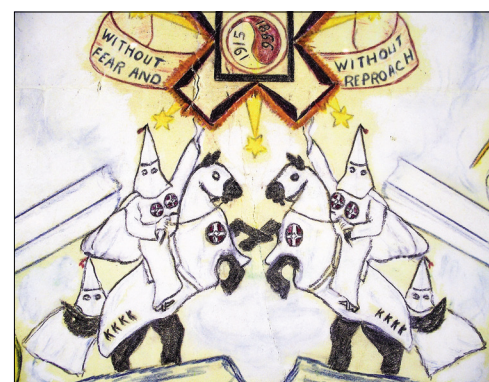
Humber Visual Art and Design Program Coordinator Noni Kaur explained the importance of visual artists interpreting historical events.

"It is important for artists to create work that is of social concern. As visual artists, we get to give a different dimension to such topics. It's important for visual artists to document this because it is also documenting history. We want to be able to give future generations of people who read about social issues different ways of looking at history."

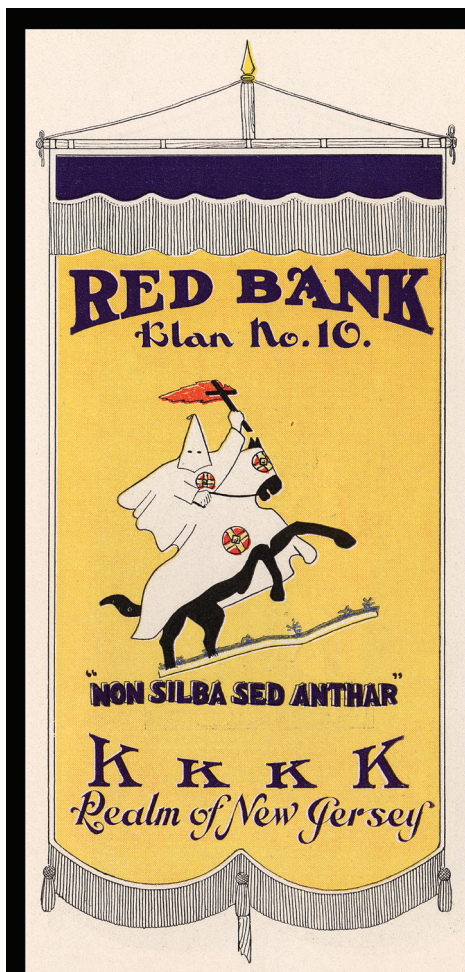
In coordination with *Invisible Empires*, the Art Gallery of York University will host a free symposium on difficult images, *Crossing the Line*, with Bowen speaking on Feb. 28. *Invisible Empires* is on display until March 17.



COURTESY ART GALLERY OF YORK UNIVERSITY



COURTESY ART GALLERY OF YORK UNIVERSITY



COURTESY ART GALLERY OF YORK UNIVERSITY

Placebo Space cafe reaches out to jazz students

Jonathan Mace
A&E Reporter

An Etobicoke concert venue hopes to fill the void in Humber's jazz scene.

A few blocks east of Humber's Lakeshore campus once resided The Gallery Studio Café - a hotbed for jazz standards and a hub for Humber jazz students and alumni to connect.

Cuban-Canadian artist and musician Yunior Marino hopes to pick up where the Café left off. At Marino's loft in the Bloor West Village, he and fellow artist Nelson Ladicani operated the Placebo Space, a gallery for their art that doubled as a concert venue, for three years.

"It was just our house, then we started hosting small contemporary bands there," says Marino. "Then, all of a sudden we're hosting bands from Montreal, New York and Boston who were just passing through."

Marino closed up shop in fear of becoming too commercial. However, his idea of an art space to please all of the senses never died.

The new and improved Placebo



PHOTO BY JONATHAN MACE
Placebo Spaces' owner, Yunior Marino, adjusting audio levels in his new bar.

Space opened up Jan. 18, at 2877 Lakeshore Boulevard West, and just had its first weekend of concerts featuring the Kitchen Orchestra, a Celtic/Balkan group made up of Humber students in the Jazz program.

Double bass player George Chenery, 18, bachelor of music program at the Lakeshore campus, has played at both venues, and really enjoyed this weekend's show.

"The place that used to be here [Gallery Studio Café] didn't have much of an atmosphere, this is a much better listening environment," he said. The bar is open to various genres of music including jazz, latin, and indie, but Marino hopes to connect with Humber in a meaningful way, starting off with dedicating one day a week exclu-

sive to students and teachers.

"Lots of people were there (Friday)," says Chenery. "So hopefully that spreads."

Nick Densmore, a University of Guelph Humber student who attended the event, says that once it got too crowded they cleared the furniture so everyone was able to dance.

The space is liquor licensed and soon it will be a fully functional coffee shop with a full kitchen.

"It's a different feeling from a regular bar," says Marino. This could be attributed to the aesthetic environment - floor cushions, seats in the shape of tree stumps and large works of arts decorating every wall. On top of that, according to Marino, "the acoustics are just perfect."



PHOTO BY JONATHAN MACE
Art, by Yunior Marino, decorates the wall space of Placebo Space

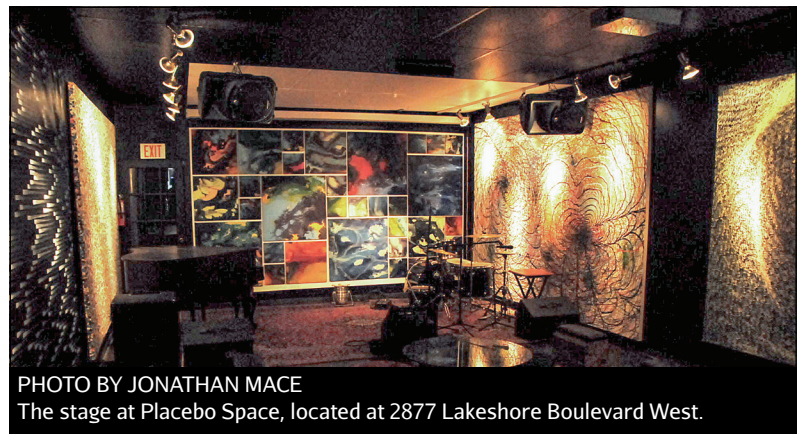


PHOTO BY JONATHAN MACE
The stage at Placebo Space, located at 2877 Lakeshore Boulevard West.



PHOTO BY ERICA VELLA
Humber comedy student, Selby Nixon, kicks off the Tuesday night amateur show at Yuk Yuks, Toronto.

Comedians build their craft at weekly stand-up showcase

Erica Vella
A&E Reporter

Humber's comedy writing and performance program nurtures the talent of up and coming comedians by providing students with the opportunity to test their material every Tuesday at Yuk Yuk's comedy bar in Toronto.

This can be an overwhelming experience for most, but Larry Horowitz, stand-up comedy instructor at Humber College, said these open-mic workshops are a great way for future pros to experience the "hard knocks" of their first couple of dozen sets in a relatively protected environment.

"The art of stand-up comedy is learned by doing it yourself," said Horowitz. "You learn by watching oth-

ers, and doing it. It can't be taught as much as it can be coached."

Second-year Humber comedy student Selby Nixon said, "Before I came to Humber, I always wanted to do stand-up but it seemed really daunting...the teachers [at Humber] make it much more approachable... it has given me an outlook on what stand-up is and what type of stand-up comedian I want to be."

Humber's comedy program is a two-year program that helps cultivate witty, hard-working comedians. Nurtured by industry professionals, students are guided through different streams of comedy, including stand-up, improvisation and sketch comedy.

"All the teachers [in the Humber comedy program] are phenomenal,"

Nixon said.

Roughly 20 students come together to each perform a five-minute set in front of peers, instructors and other audience members who are seeking a night filled with laughter.

"It's a really great room...Almost always packed and the crowd is always good. It's got a good energy to it," Nixon said.

"It's a relaxed atmosphere, your fellow students are here and it has a social element to it as well," said comedy student Darren Springer.

Tuesday evenings at 7:30 at Yuk Yuk's is promised by Humber's comedy program to be a fun and social evening, where people are able to see young, up and coming comedians build their craft.

Pixel Perfect draws clients to graphic design show

Amy Stubbs
A&E Reporter

The Pixel Perfect exhibit kicked off the winter semester for L Space Gallery at Lakeshore campus on Jan. 22, displaying the artwork of students in the Advertising and Graphic Design programs at Humber College.

An evening gala was held on Jan. 22 with a strong turnout, despite a bitter cold snowstorm.

At the opening, Marilyn Cresswell, director of the Ad Centre, explained that the centre gives students real life experiences by introducing them to workplace situations while still in school.

"The goal of the Ad centre is to allow students who learn something in class to apply it to a real client," said Cresswell. "The students are excited to work on real projects."

The works on display are a combination of those created for clients and class assignments, which are available for sale.

Jayne Fairbridge, 19, a second-year student of the Creative Advertising degree, said of the show, "It's rewarding. Nice to feel like you are actually accomplishing something. I sent some of my photography work in and sold it to my surprise."

A number of clients made the

trek out to see the show opening. One of them, Dave Deeley, director of marketing and communications for the Markham Board of Trade, explained how his relationship with the Ad Centre started.

"We weren't getting what we needed working with ad agencies and designers," said Deeley. "Our CEO had worked with Humber and suggested getting in touch with Marilyn."

This year will be his fourth time working with the Ad Centre to create a poster for the highlight of the board's year, the annual Business Awards Excellence Gala.

"We come in to the room, tell the students information and a theme and let them come back with different designs," said Deeley. "We then have 40 images to look at."

Pixel Perfect will remain on display until Feb. 13 in the L Building of Humber's Lakeshore campus, 3199 Lakeshore Boulevard west. L Space Gallery is open Monday to Friday between noon and 5 p.m.

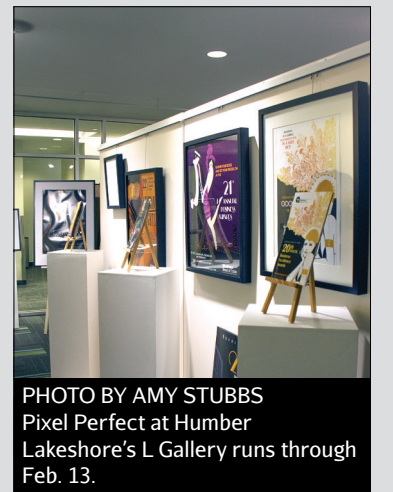


PHOTO BY AMY STUBBS
Pixel Perfect at Humber Lakeshore's L Gallery runs through Feb. 13.

Limitless boundaries for art

Kiah Welsh
General Assignment Reporter

The Etobicoke Civic Centre Art Gallery launched its first non-objective art exhibition, Out of Bounds, last week.

Thelma Amos, the Out of Bounds art exhibition coordinator, said the exhibition received its name by the limitless form of representation in the artists' work.

"The works are big and they're bold and they're just exploding with colour and form and that's what we wanted for the gallery to see," said Amos.

"Non-objective art is... where there's no human or sort of figure that you can identify with," she said. "In non-objective art, everyone's coming at it from their own perspective."

Zora Buchanan, one of eight artists featured in the show, said when she paints, it's from the soul.

"You kind of go into another space,"

she said. "I play a French station on the radio and even though I don't understand, it's the background that I play... you get into this other space and you're not conscious of what you're doing until you stop and say 'oh my God, look what I've done,... that's exciting.'"

Buchanan said that her free flow approach shows in her painting.

"All of this translates to a very physical approach to painting in a free, unrestricted, and heavily rhythmic use of colour and line," she said.

Nadira Pattison, manager of art and cultural services for the City of Toronto said it's important to make art accessible to everyone.

"Culture is something we're all about every day... it's all about the culture of the community and the culture of the city. It's so important people have access to art and artists who are interpreting our own stories back to us."

"I think that's how we become a truly connected city by sharing our

stories, and the way that we've always shared our stories often is through art," she said.

Amy Di Vincenzo, a viewer at the show, said the art exhibit, "is a great way for the artists to display all of their thoughts, feelings and imaginations for everyone else to see."

Di Vincenzo said, "It's also great for the youth to see ways in which they can be expressive and creative."

Watson said non-objective art is an effective way for students to think critically.

"Non-objective art may challenge some people's notion about art, and what it means to them," she said. "It's critical thinking. You have to look at these pieces and pull those different aspects out of it and that kind of applies to everything that students do."

The exhibit runs until Feb 28. Gallery hours are 8:30 a.m. to 4:30 p.m. Monday to Friday and 2 to 5 p.m. on weekends and holidays.



COURTESY ETOBICOKE CIVIC CENTRE ART GALLERY
Zora Buchanan, one of the artists in the exhibition, showcasing her work.



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Contemporary Art Bus Tour makes day of stops at five Toronto shows

Raul Pinto
A&E Reporter

If the destination is strictly art galleries, the Art Bus might be more appropriate than TTC.

The Contemporary Art Bus Tour is a free shuttle bus that visits five Toronto art galleries on Feb. 10 from noon to 5 p.m.

Akimbo.com, an online organization that sets up art events, organized the Art Bus. The bus has a capacity of 48 people, giving participants the opportunity to look at modern art.

Suzanne Carte, coordinator of the trip, said she's not sure how many years the Art Bus has been running, but can verify it's been around for more than four years.

"In every gallery, the people will be able to see not only the exhibition itself, but also talk with the curators, which is a privilege, considering that they're not on site all the time," Carte says.

The tour includes visits to the Koffler Gallery Off-Site (presenting the exhibition Clint Neufeld: Pipe Dreams of Madame Récamier), the Blackwood Gallery and the Justina M. Barnicke Gallery (Volume: Hear Here), Art Gallery of York University (Deanna Bowen: Invisible Empires), and the Doris McCarthy Gallery UTSC (David R. Harper: Entre le chien et le loup.).

Ruth Reina, a first year student of Criminal Justice at Guelph-Humber, and art enthusiast, said she likes the concept of the Art Bus.

"This is actually pretty cool," Reina said. "I don't think there's a lot of cheap or free programs around, so this bus is a great option."

Rita Carrasco, a summer ESL instructor at Collège Boréal in Toronto, said she has taken students in similar tours annually.

"I like to take my students around the city, not only to learn more English and know the culture, but to give them the possibility of being immersed in the rich art life Toronto has," Carrasco said.

The numbers of seats on the bus are limited. The reservations can be made at 416-736-2100, extension 4401 or contact suzannecarte@gmail.com.



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9			7	2				1
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	6		9		7	1	4	8
	9	8		5			2	7
6		2		7			8	
	8			4	6	7		
		7	8					

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HOROSCOPES



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I knew you were trouble when you walked in. Shame on me now.



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Apr. 21 – May 20

Don't be jealous of Sagittarius' age.



GEMINI
May 21 – Jun 20

Your taste in music is astonishing.



CANCER
Jun. 21 – Jul. 22

You and Sag are so different yet so alike.



LEO
Jul. 23 – Aug. 22

When you find someone who appreciates your peculiar brilliance, hold on for dear life.



VIRGO
Aug. 23 – Sept. 21

You're an InDesign genius.



LIBRA
Sept. 22 – Oct. 22

You're such a mixture of Shoshanna and Marnie.



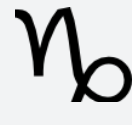
SCORPIO
Oct. 23 – Nov. 21

If you were to be an animal you would be a lion.



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Caps are the hardest-working yet laziest people.



AQUARIUS
Jan. 20 – Feb. 19

Everyone feels safe around you.



PISCES
Feb. 20 – Mar. 20

Your smile makes others smile. Keep it up.

"BIG QUESTIONS"

Colton Gilson

Panel 1: A dog asks, "What do you think is inside us?" The other dog replies, "What do you mean?"

Panel 2: The dog says, "Spiritually? I think our history is inside us. Every heart ache and heart break forever inside us. Defining us."

Panel 3: The dog replies, "Physically? Probably bones and stuff."

Panel 4: The dog says, "Oh Good! I love Bones!" The other dog replies, "Me too."

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PHOTO BY MADELINE FUCHS
Tyrone Dickson said he sympathizes for all the young athletes missing out on after-schools sports, something Dickson used as a motivator.

Missing out on school athletics hits youth motivation

RECRUITS continued from Page 1.

James DePoe, Humber's athletic events and program coordinator, points out this year hasn't been affected too much since Humber identifies student athletes at a young age.

"We know who they are as soon as they're in high school. We've seen them, we've followed them."

DePoe also explains other successful aspects Humber has in the recruit-

ment process. "Players recruit players. The program recruits itself."

Tyrone Dickson, 19, a first-year recreation and leisure student and power forward for the men's basketball team, was recruited to Humber last year from Dunbarton High School in Pickering, Ont. He is thankful he was able to play sports during high school.

"It motivated me to come to school, finish my work, so that after I could be rewarded by playing basketball."

Dickson doesn't question the recruitment process, but he does worry about the students now missing out on high school athletics.

"I'm not saying they only go to school for sports, but it just motivates them more. So when you cut that off, what do they have after that? Nothing really."

Although Humber's recruitment has not yet sustained significant losses from the after school sports lockout, there is some worry about the future.

"If this went on for another year, it's a bit of a problem," Fox said.

Former Humber athlete keeps basketball part of daily life

Jake Courtepatte
Sports Reporter

When faced with injury, athletes often see their dreams slip away.

But playing professional sports isn't the only available career path for the varsity athlete, according to Humber graduate Shane Dennie.

Dennie is the owner of SD Training, an athletic company providing basketball training around the GTA.

"The funny thing about training is that it's like a novelty still," said Dennie. "People don't know much about it."

Dennie, a 2004 OCAA Player of the Year and All-Canadian, played professionally in Portugal after graduating from the recreation and leisure program.

However, his career was cut short by ligament and knee problems.

"I thought I was going to play another 10 years. I had to figure out what to do," said Dennie.

Dennie said he knew he needed to continue with basketball.

"I said, if I'm not on the court doing what I love, I won't do anything."

Connor Robock, 24, a second-year sports management student said that you can bring skills from the sports world to the business world, like "great work ethic and a winning attitude."

Dennie credits the recreation and leisure courses he took at Humber with giving him some business knowledge.

However, he understands that business skills play only a small role in marketing your brand.

"You have to meet people, and let them know what you're about," said Dennie.

Although Dennie notes that there is tough local competition, he says that what sets him apart is creativity in his training, sometimes using props such as tennis balls and boxing gloves to improve hand/eye coordination.

"It breaks the monotony. Everybody's done a one-dribble crossover. It's not engaging. Break boredom with creativity."

Dennie's ability to network has

proven to be a success around the GTA.

"Shane has an excellent reputation around the city," said Bruce Rober, whose daughter Jenna trained with Dennie. "His techniques are so creative."

"I'm big on quality of movement. I do things that allow them to enjoy their life without thinking about their body," said Dennie.

While currently training mostly younger clients, Dennie plans to continue expanding the business into group clinics, and has recently begun in-home training.

"I've always been a good teacher. If you know something, you can explain it. I know basketball."



PHOTO BY JAKE COURTEPATTE
High school basketball athletes perform stretching exercises led by Humber grad Shane Dennie (not pictured) in a church gym in Toronto.



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Dr. John Jennings, Associate Professor, University at Buffalo

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- Understand how gender-stereotypes impact the educational experiences of Black male students.
- Critically reflect on faculty's teaching practices and pedagogy.

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Seasoned setter Quinn led Hawks to national honour

Brian O'Neill
Sports Reporter

There is one inevitable that every varsity team has to deal with: graduation.

This year marks men's volleyball setter Derek Quinn's fifth and final year at Humber. He's a soft-spoken person, but his impact and presence on the team will be missed.

"The position itself will be replaced, there have been great players before him and will continue to come after he's gone," said Wayne Wilkins, coach of the men's volleyball team.

"The person himself, the leader he was and the player he was is really the part we are going to miss. He's arguably one of the most decorated players to ever wear a Humber uniform."

Quinn, 22, a business management student, began playing as a power for his rep club team. Once at Humber he would make the switch to setter, a position coach Wilkins played during his career at Humber.

"When I came to Humber there wasn't a designated setter but coach saw me set for my rep team, just as a fun thing. I guess he thought I had potential."

"I started to like it more and more because setter is like the quarterback, calling all the plays. I really liked taking control of the game and knowing I was in control at all times," Quinn said.

The nature of the position forced Quinn to take on a leadership role, something he has had to work on throughout his career.

"Leadership is definitely not one of my strong points," Quinn said, "I'm not an outspoken guy where I'm willing to lead all the time."

Mack Robertson, 21, a fourth-year middle for the Hawks, said Quinn has



PHOTO BY JESS RAYMOND
Now in his final year at Humber, Quinn was a men's volleyball team leader whose coaches say he'll be missed.

shown his leadership in different ways.

"Verbal part of leadership is still developing for him, but he is very good leading by example. He's always very focused," Robertson said.

"He's been criticized by teammates about not cheering after a point but that's because he's just so focused on the next point."

Last year, Quinn and the Hawks won the National championship, the first team from Ontario to do so since 1983. Quinn said that championship meant everything to him.

While he may be graduating, Wilkins said this is just the beginning: "Don't be surprised if this is not the last time you see or hear from Derek Quinn."



PHOTO BY ADAM KOZAK
Jonathan Davis, a member of the International Taoist T'ai Chi Society, performs t'ai chi at the Etobicoke location.

T'ai chi a slow martial art that can heal, improve well-being

Adam Kozak
Sports Reporter

She was told she would never get better.

Joan Carrington, who suffers from arthritis, was unable to get up from a chair without the help of her husband. That was 20 years ago. Now, at 78, Carrington is able and active.

"It's amazing what [t'ai chi] did for my back. I have no problems now. None," Joan said emphatically.

T'ai chi takes many forms, but it is typically practiced as a slow moving martial art.

The International Taoist T'ai Chi Society is a charitable non-profit organization that operates in 10 provinces and an equal number of full-time lo-

cations in Toronto, including one in Etobicoke.

One central aim of the organization is to cultivate health and vitality.

Janka Safar, who is an instructor at the Etobicoke location, believes t'ai chi improves physical well being.

"An important part is to promote the health benefits because that's the focus. T'ai chi is a martial art, but we don't focus on that," Safar said.

Doug Gallant would certainly agree. After experiencing lower back pain and a poor range of motion in his shoulder, Gallant credits t'ai chi in helping him overcome both problems.

"As we get older we tend to focus on one particular thing, whether it's sitting at a desk or standing, one repetitive activity over and over again," Gallant said. "I think t'ai chi re-trains the

body to move in its most natural way and most mechanically effective way."

Far from an activity that can only benefit older people, t'ai chi is a method practiced by many.

Safar has helped train people from inflexible ballerinas to a bass player who was having difficulty fingering the notes. She says a good teacher is "patient, and open to the differences of different people."

Rather than competing against someone or aiming to be the best, t'ai chi is an internal art that offers people the opportunity to gain spiritual awareness.

After over five years of practicing t'ai chi, there's still more to discover for Gallant.

"I think it's a journey, but the view gets better every time."

Young curler a star as skip

Netherlands native Meijer hailed for Bonspiel performance

Hugh Smith
Sports Reporter

Humber curling lead Alex Kidd, 25, a second year massage therapy student, remembers his first meeting with his future skip, Bob Meijer. "He was a lot younger than me, but [he was a] very confident guy," Kidd said of their first encounter.

Meijer missed the men's tryout in Humber curling's inaugural year, and Kidd drove him to the tryout for the mixed team. "He was very confident in his ability to impress the team, and show that he deserved to be there."

After becoming the skip of the mixed team, Meijer also took on the same role for the men's team when its former skip got injured. The transition from junior curling to men's

curling is a difficult one, but it's one Kidd said Meijer has handled well.

"There's a change in mentality from the junior curling game to the men's curling game," Kidd said. "He's gotten a lot more defensive and strategic in his shot calling."

Cindy Bishop, coach of the curling program, echoed Kidd's view of Meijer's marked improvement since his debut. "He works very hard at curling," Bishop said, "to figure out what went wrong and try things to make it better."

Meijer, 19, a second year industrial design student, has been curling since he was 11. He started curling when he moved to Canada from Dezweth, a small town in the Netherlands. "We never had any winter sports like ice hockey or curling [in

the Netherlands]," Meijer said. "My brother started to play hockey and I felt like I had to do something, so I started curling."

His choice turned out to be the right one, as was proven at the first annual Humber Bonspiel, on Jan. 19. The team won both of its matches and Meijer was named Humber's most outstanding player.

Meijer says his team's next challenge will be the toughest one yet. Humber will play in the OCAA finals, beginning Feb. 14, where Meijer predicts difficulties.

"We're going to have a tough time at the provincials," he said. "We've got some tough competition."

However, Meijer says that his team will be ready. "We have a good chance. Our team is really strong."



PHOTO BY HUGH SMITH
Bob Meijer holds trophy the men's curling team won at the first annual Humber Bonspiel on Jan. 19. Meijer was named most outstanding player.



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