

HUMBER

Et Cetera

HUMBER'S STUDENT NEWSPAPER

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JARED DODDS

Members of the Humber community participated in a 4K run/walk to raise awareness of mental health at Lakeshore. Humber will be holding a Mental Health Summit at Lakeshore on Oct. 16.

4K run/walk small step in supporting student health

Jared Dodds
NEWS REPORTER

A short four-kilometre walk around Humber's Lakeshore campus could have life-long implications for people's well-being.

The sixth annual Mental Health Awareness Run and Walk on Wednesday, part of the college's month-long mental health awareness campaign, was not a fundraiser but instead a chance to raise awareness for mental health issues.

The four-kilometre trek around the Lakeshore campus, jointly organized by the Department of Athletics and Recreation and the Office of the Principal, had 141 staff and students preregistered.

Kavelle Maharaj, the event coordinator and event liaison for the Office of the Principal, said the run was a yearly event that staff and students always look forward to participating in.

"It's an opportunity for us to actually get people up and running and outside to address some of the challenges we have with mental

health," she said. "Just get that talk and conversation going."

Mental health awareness on post-secondary campuses is more important than ever, with a report from Ontario Universities titled, "Ensuring a Whole-of-Community Approach to Mental Health," stating identifiable mental health problems have "more than doubled over the past five years."

The same report found that 46 per cent of post secondary students said they were "too depressed to fully function," a six per cent rise from 2013.

Nathania Bron, the Fitness and Recreation Coordinator in Athletics at Lakeshore, thinks that stats like these are why it's important the conversation about mental health keeps happening.

"Humber takes it as a priority, and we understand that not just our students and staff, but everyone deals with mental health issues year-round," she said. "You can be quite proud working for an institution that makes this a priority."

The run is part of Mental Health Awareness month Humber is holding with other events including the pop-up green space in the L Building at the Lakeshore campus.

Humber is also running tours of the historical tunnels in honour of mental health. The Lakeshore campus used to house the Lakeshore Psychiatric Hospital, and the tours will explore the treatment of its patients in the hospital's 89-year history.

Humber will also be holding Mindmap: A Mental Health Summit at the Lakeshore Campus on Oct. 16.

Bron said Humber holding so many different events are important to the success of mental health month.

"I think the decision to make it a month-long thing is to open it up for it to be accessible for different events to connect with different people," she said. "It's a proud moment and I'm glad its something we all get to participate in."

As for the run itself, participants were excited to get themselves outside and moving while raising



JARED DODDS

Kavelle Maharaj (left) and Nathania Bron helped organize the 4K run.

awareness for such a good cause.

Julian Klimczyk, a Digital Content Creator for Humber College who was participating for his second year, said the event was one of the highlights of the month.

"This event is important," he said. "This event is something we've done for many years in a row, so we want to continue that trend and make sure that people know it's not

only important to me personally but Humber as a whole.

"There is an increased importance on mental health not only worldwide but especially here at Humber," Klimczyk said. "Most people would agree that its something that's important not only to the individual but as a community it makes everyone live in a happier and healthier society"

Meet Shay Kedroe the new IGNITE vice president for North

Francis Commey

SPORTS REPORTER

Leadership is about impact, influence, and inspiration, says the new IGNITE vice president for North campus.

Shay Kedroe, IGNITE's vice president for North campus, said advocating for students wants and needs creates a better environment for them.

The full-time paralegal student said she accomplished many things and is driven to accomplish more.

Kedroe said setting multiple goals is the first step of turning the invisible into the visible.

"I decided to take on a huge role of being the vice president but also not straying away from my dreams and aspirations," she said. "My personal goals right now [includes attending] York University to take a family mediation course and afterwards head on to Windsor University for Law School."

Schools need leaders and advocates to help guide students and shine light on issues they may not control.

"My role is to advocate on the

students' behalf," Kedroe said, including implementing new programs beneficial to students, improve their life skills, and to also ensure IGNITE funds are going to the right places.

"I'm a huge advocate on supporting people and their rights, it's really important that society has someone who is not selfish to advocate on the behalf of students," she said, adding it's important for people to have an unbiased voice and someone that looks at all students equally.

Kedroe said prevailing over obstacles and distractions as keys to success to get in her position.

"I was actually not voted into my role, there was another representative who got voted in and she had to step down due to personal reasons," she told Et Cetera. "Over the summer I actually got interviewed and it was a big presentation where I had to prepare and present for the first time, which was very nerve-racking."

"I am such a down-to-earth person, you can approach me about anything even if you're frustrated, upset, sad, or crying I will hug you,



MELANIE VALENTE-LEITE

Shay Kedroe became Vice President of North after the previously elected VP stepped down during the summer.

talk to you, and make time for you," Kedroe said.

Jasmine Mohabir, a student at Humber College, supports the changes Kedroe is seeking.

"Based off my experiences at the

Testing Service Centre, I have not enjoyed waiting in line for such extended periods of time," Mohabir said.

Cameron Simpson, another Humber College student, said Kedroe has been a good advocate

for students.

"When it comes to being a student in college, we need people like Kedroe to be our voice as many of us may not be heard all of the time," Simpson said.

Students apathetic about Frosh events, cite transportation, costs

Donna Akbari

NEWS REPORTER

IGNITE's paint party event may have been well-attended but some students are feeling left out by IGNITE's Frosh programming.

A number of Humber students interviewed by Et Cetera had a list of reasons for not attending IGNITE's the Sept. 21 event at the Woodbine Entertainment Centre, which includes the horse race track at Highway 427 and Rexdale Boulevard.

"I had no one to go with," said Ilesha Palache, a first-year student of the Pharmacy Technician program. "I needed a ride to take me and I wanted someone to take me home after."

Shezel Agha, a first-year student in the Pre-Health program, said she did not go to frosh because she didn't find the idea appealing and she said many of her friends also didn't like the concept.

"I didn't want to pay \$20 just to throw paint around," Agha said. "I could just do it at home for free."

And not only first-year students were disappointed. Second-year



DONNA AKBARI

Ilesha Palache (left) and Sheika Legaspi (right), first year Pharmacy Technician students, are among the many students disappointed in IGNITE's Frosh week events. Students cited cost, transportation and disinterest.

students seemed to remember their Frosh experience with something less than delight.

"I am not a fan of large crowds, they make me very anxious," said Leah Godwin, a second-year student in the Film and TV program.

"And the only thing I knew about frosh last year was what musician was playing and it really wasn't my type of music so I decided not to go.

"It's annoying because they're wasting the students' money and no one goes to frosh really," she said. "I

wish they would just put the money towards more parking or better mental health services that actually help students with mental health."

There were no specific numbers given in terms of the number of people who went, however,

the Humber College Frosh Week Facebook page it showed 157 had bought tickets.

Shay Kedroe, IGNITE Vice-President of North campus, said there were a number of reasons why turnout was low.

"Though IGNITE tries to accommodate many students with accessible transportation it isn't possible to expand our accessibility," Kedroe said.

"However, the buses were available from the campus to the event," she said.

"We cannot please everyone, but IGNITE tries to bring bigger and better," Kedroe said.

She said this year's Frosh Event was inspired by the Lakeshore's Paint Party held in 2014.

"IGNITE [should] work on concepts that students actually enjoyed," Mercedes D'Aguiar, a second-year student of General Arts and Science, said.

"It should be worth going there regardless of family issues, school issues because bottom line, if people want to go, they'll make it happen. Everything else is just an excuse," she said.

Food truck festival raises money for scholarships

Beatriz Balderrama Baleeiro

BIZTECH REPORTER

Every fall and spring, the Humber Gives initiative brings a fleet of food trucks to the school's parking lots to raise money toward scholarships for students in need.

Antonio Folino, event coordinator for the School of Hospitality and Tourism, said the food trucks, which visited Lakeshore campus Oct. 3 and North campus the following day, don't pay a big fee to attend Humber's festival compared to other places.

"Some students, they need a little bit of help to pay off for their tuition. So that's why we do it. It's just a benefit for the students," he said.

"When you organize a food truck event in the city of Toronto, they charge anywhere between \$1,000 to \$2,000, and then that money just goes into someone's pocket," Folino said. "But when we do it it's not going into anyone's pocket, it's going toward the students."

The menu included a variety of food options from different cuisines like Jamaican, Himalayan, Brazilian and Canadian.

"It was the second time we were at the Humber College Food Truck Festival and we had an amazing time," said Daniela Castro from the Brazilian food truck Espeto Brazil.

"The opportunity to bring Brazilian food to the students was amazing," she said. "We were grateful to see that they are open to try food from different cultures and to have them coming back to say how good it was made the event even better, especially when they put it together to raise fund for tuition."

Despite the cold and windy weather at North campus, the festival showed a great response from students who came out to eat some good food that is not always available on campus.

"The only thing that just never works out for us is the weather. It never wants to agree with us. It's always cold or cloudy," Folino said.

Even with the weather conditions, he said the trucks have been showing up for the last five years.

Folino also wanted to see people outside of the Humber community involved, particularly students and teachers from Father John Redmond Catholic Secondary School, next door to Lakeshore campus.

The next food truck festival takes place in the spring.



BEATRIZ BALDERRAMA BALEIRO

Culinary Management student Omari Anderson was working the Humber truck during the festival. Omari said his dream open a mix fusion food truck.



BEATRIZ BALDERRAMA BALEIRO

Daniela Castro and Fernando Davila own the truck Espeto Brazil and want to come back next year to help Humber raise more scholarships money.

Self-serve kiosks may solve long lines at North Tims

Nicholas Rahmon

BIZTECH REPORTER

With the new pair of self-serve machines in Tim Hortons at Humber North campus, it's one small step for coffee, one giant leap for machines.

"We installed the machines to lessen the lineup here so we have less buildup in the lines," said Sharon Bila, Unit Manager of the Tim Hortons at Humber North.

The introduction of these machines had a positive response from students.

"Having computers setup to have customers place their own orders is faster and more efficient for everyone," said Michael Persaud, a Humber Alumni Business Accounting Student.

Ben Setford, a Humber student of Electromechanical Engineering Technology, sees the implementation of the machines especially helpful for students.

"It's useful if you don't have the app or a credit card and don't want



NICHOLAS RAHMON

Tim Hortons at North campus installed two self-serve kiosks in an effort to reduce the slow lines and long waits.

to wait in line," he said.

It's also easier on the employees working behind the counter.

"They're a convenient way for customers to order items without

communication between the customer and cashier potentially getting confused," said Michael De

Melo, a student of Game Programming at Humber and a Tim Hor-

tons employee.

In regards of a timeline of when these machines will start operating in other locations, Bila said it depends on the owner and franchise.

"It's really up to them because it's also (an) extra cost for those machines, but it's worth it for customers," she said.

Some students are unhappy, however, about the location of the self-serve machines near entrances, which interferes with foot traffic and it could make the choice for students of which Humber eatery they can conveniently grab a quick bite.

"The placement of them is absolutely terrible," Setford said. "The lineup for them just creates more congestion at the door when you get in and causes you to have to sidestep around 30 people not paying attention."

De Melo finds taking orders can be a bit overwhelming.

"When I work behind the counter, sometimes it piles up on orders to the point where it can get confusing, depending on how busy it's been," he said.

Bila said she would like to see the machines farther from the door, but there is no word on whether this change will be implemented.

Human-centred design workshops gives profs lesson in empathy

Ryan Michael Wanzala

BIZTECH REPORTER

Curious attendees attempted to embrace their design thinking skills in the first of three human-centered design workshops at Humber's North campus.

The boardroom for the Faculty of Applied Research and Engineering buzzed with activity when the lunch and learn workshop Wednesday afternoon explained empathy, one of the five stages of human-centered design and how it can help generate solutions to suit the needs of people.

"It pretty much focuses on the stages of human-centered design that would emphasize in empathy with the stakeholders involved in the process," said Camila Perez Pena, project coordinator at the Department of Applied Research and Innovation. She also organized the lunch and learn workshops.

"Human-centred design helps them change their way they perceive their work, and how they can impact the world," Pena said.

Interactive elements such as flowcharts were handed out to give attendees a deeper understanding about their experiences with education, and how that is tied with em-



RYAN MICHAEL WANZALA

Humber instructor Sandro Zaccolo (right) talks about the stages of design thinking with an attendee.

pathy in design thinking.

The workshop was spearheaded by Humber instructor Sandro Zaccolo from the Faculty of Applied Sciences and Technology, who was elated to share his knowledge about the intricacies of human-centred design.

"In a nutshell, design thinking is not necessarily designing for

people, but designing with people," he said. Various examples in design thinking were cited in the workshop, such as IDEO, a Californian company known for consumer products and experiences. The business was responsible for designing Apple's first pointing peripheral, the "Apple Mouse," which

set the standard and established the computer mouse as a staple product for personal computers.

The workshop caught the attention of many Humber professors and instructors who hope to broaden their views on the philosophies surrounding design thinking. One of those instructors was Barath Roy

Michel, a Humber project coordinator who was curious and signed up for the seminar.

"I did not know what was going to happen in the workshop. All I knew was that there was a lesson on empathy. I was curious about that, and I joined to see what it is," he said.

Michel, who graduated from the University of Madras with a master's degree in social work, praised the interactivity of the human-centred seminars.

"There was no flowchart, or anything touched based on a reference point, and I felt that point was missing. I feel that this process, this empathy lab and this flowchart, would be that missing component which I would've wanted," he said.

Scheduling the workshops were important for Pena, which was why she plans to establish the seminars as a training ground for faculty members with additional support provided by Ginger Grant, the Associate Dean at Applied Research and Innovation.

Together with human-centered design, Pena is planning to host workshops relating to data analytics, cybersecurity, and value-based leadership.



KYSHIA OSEI

(Left to right) Naomi Nachmani (KOTN), Taylor Klick (Influence for Impact), Ashley McFarlane (Omi Woods), Eric Dales (TAMGA Designs), Anitta Toma (Green Story) at a WEAR panel.

Students lead the way on sustainable ethical fashion

Humber Fashion Arts and Business students talk thifting and sustainable clothing.

Kyshia Osei

ARTS REPORTER

Clare Palmer, a Humber Fashion Arts and Business student, doesn't just have a passion for clothes, she is also concerned about the effects of fast fashion.

Palmer, who is also the owner and curator of Specadirt Vintage, said she's concerned about the effects the large consumption of fast fashion has on the environment.

"One of the things I like to do with my business is to promote the sustainable side of it and tell people when they buy a pair of used jeans, they've just saved 5,500 litres of water," she said. "It lets them know that they're making an impact by not going out and buying a \$20 pair of jeans from a fast fashion retailer."

Fast fashion is inexpensive mass-produced trendy clothing that is cheap enough to throw away once they go out of style. Sustainable fashion is quickly gaining pop-

ularity as consumers are beginning to think twice about the effects fast fashion has on the environment.

"It's just not a sustainable practice to be using oil to create polyester, which is like 60 per cent of our clothing," Palmer said. "Or to just be using polyester and cotton, which makes up like 85 per cent of the textiles we're using today."

But bodies come in various sizes, which can make living sustainably more challenging for others.

Taylor Storr, another Fashion Arts and Business student at Humber and the owner of sustainable Toronto street fashion brand, CONQUER, said she has a tough time finding used clothing that suits her.

"When I go to the thrift store, I never leave with stuff because I can never find anything that fits me properly or the way I want it to. I kind of get stuck having to buy new things," Storr said.

Both retailers made their brands size inclusive to ensure anyone can both do their part for the environment while being fashionable.

For new consumers who want to try and live more ethically sustainable lives, the issue than became who to trust.

The term greenwashing refers to the form of spin in which the act of marketing that is better for the environment is used to promote a perception of an organization's products.

For example, a company may advertise a product that is in fact "green", but the product comes in plastic packaging.

"I think for me, in terms of green washing... I had to really step back when I was looking at being a more sustainable brand and think of why am I doing this," said Ashley McFarlane, creator of Omi Woods. "Why am I making? What am I producing? There's already so much out there."

McFarlane, who was at the World Ethical Apparel Roundtable (WEAR) conference earlier this month in Toronto, said she practices ethical sourcing and sustainability within her business.

She wanted people, who bought her jewelry, inspired by African and Caribbean cultures, to pass it down from generation to generation to end the cycle of improperly discarded metals.

The effects of fast fashion left behind mountains of damaged goods,



KYSHIA OSEI

Clare Palmer talks about fashion with her Fashion Arts classmates.

and wasted resources.

"We're going to run out of water, we're going to run out of oil," Palmer said. "Then the landfills will be full of what we used, and wore and didn't cherish."

"Because fast fashion is just

poorly made clothing made of non-renewable resources," she said.

Palmer said the fashion industry needs diversity in their production, and what the industry is using to create has a huge impact on the environment that is not sustainable.

Grad stars in CBC sketch comedy Tallboyz

Lilia Smichenko

ARTS REPORTER

It can be hard to make a living in the business of making people laugh, says one of Humber College's most successful comedy writing graduates.

"It's a difficult industry to make money in," says Vance Banzo, star of the CBC sketch comedy series Tallboyz. Banzo says people who are in the comedy industry have to put a lot of thought into their routines.

"It is important to take the time and think before you say something. You're not going to get the same laughs as you would with easier jokes," he said.

The year he started at Humber, Banzo was short on money and couldn't afford his lunch. He describes it as among his worst moments in college, but he admits his college years produced some of his best moments too.

In his last year at Humber, Banzo was performing on the main stage in the city and he broke the stage.

"I stepped on the ledge and I snapped all the wood, all the wood paneling came off," he said.

He recalls his prof told him he should keep one of these wooden planks as a keepsake. Banzo picked up a plank of wood and was about to take it home when one of the workers asked him to return it.

The best experience of them all



LILIA SMICHENKO

Vance Banzo is a member of comedy group Tallboyz and a Humber grad. Tallboyz produced their CBC show with Kids in the Hall alum Bruce McCulloch.

came almost three years ago on Oct. 25, 2016, when Tim Blair, Banzo's best friend from Humber brought the comedy group now known as Tallboyz.

The success of Tallboyz began when they performed at the Toronto SketchFest about a year after the trio got together in March 2017. There they met Kids in the Hall alum Bruce McCulloch.

McCulloch was familiar with Banzo's work, because he was teaching at Humber at that time, and he took an interest in Banzo's writing.

They started to develop the TV show with that production company, later pitched it to CBC and the rest is hilarity.

Andrew Clark, director of Humber's Comedy Program, taught the

cast of Tallboyz and knows them well.

"I think that's very funny show first and foremost, these guys are really talented and funny," Clark said. "They're speaking to younger viewers and also viewers from diverse background, so they're able to make really funny stuff about Canada."

"Performing for TV is a different experience from performing live," Banzo said. "On stage, I get instant

gratification and the audience's laughter gives me energy. On TV, I don't know how a joke would land."

Now almost three years later, Banzo is encouraging the new generation of Humber comedians to keep doing what they believe in, keep evolving, and keep working.

"Comedy is all about putting on your shoes and getting out the door," Banzo said.

IGNITE insurance plan covers students dental and medical costs

Melanie Valente-Leite

NEWS REPORTER

Even though they contribute to it with tuition fees, many students stressed by financial worries are unaware of the help IGNITE and Humber College provide in health and dental insurance.

"The average person who's healthy typically won't get sick," said Shay Kedroe, vice president of IGNITE for North campus. "But then when you get sick, you need antibiotics, it costs money, some people don't have that money in their pocket.

"We are all students, we all work. So, health coverage is something you should always have," she said.

Since Humber opened in 1967,

the student government tried its best to provide affordable health and dental care for their students and staff.

When paying tuition there is a \$118 fee that goes towards the IGNITE health plan, yet what they provide for us is more than what students pay for.

Without the stress of insurance, students have the ability to focus more on their studies and future careers then whether or not they'll be able to afford next month's pills.

Support for health and wellness is money well spent, Ryan Stafford, vice-president of IGNITE for Lakeshore campus, told Et Cetera.

"Having the ability to get medication while you're sick, or cure your toothache, sore shoulders, or

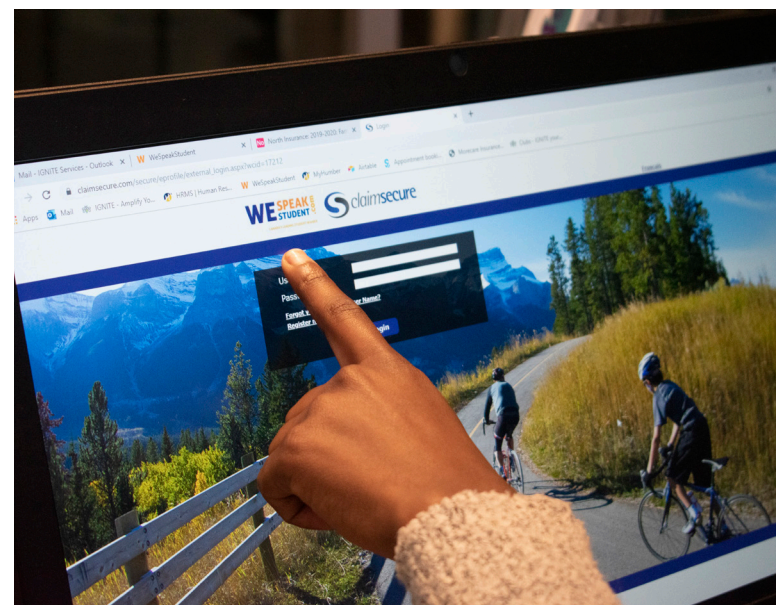
pay for your glasses allows you to better focus on your study," he said.

The argument for insurance is that it helps students with health care and dental costs. Many students who apply for OSAP for financial aid, and with the recent cuts to funding, it could be harder for students to pay for personal things such as root canals or birth control.

But for some students, insurance coverage can be pointless.

"It is a bit frustrating that I didn't know I was paying for insurance beforehand," said Kevin Ciolek, a Humber student studying Construction Engineering Technology.

Nevertheless, he acknowledges it has helped him "because I do have a lot of dental problems. At least for



MELANIE VALENTE-LEITE

Many students are unaware that they pay for insurance through IGNITE.

students without insurance, this is a blessing, for others, it's just a waste of money," he said.

IGNITE allows students to opt

out of their fees if they feel they do not need it. If a student's job, or are on their parents' insurance, they can save the \$118.

Journalism wins big at Columbia awards

Humber Journalism scored a slew of 2018 Columbia Scholastic Press Association awards.

The student newspaper Et Cetera writer Devin Nguyen won a second-place award in the Personal opinion: Off-campus issues category. His Nov. 28, 2018, column No easy route to good journalism was an in-depth look into journalism and truth under siege.

Paige McGowan earned a third-place award for her dramatic Nov. 14, 2018, front page photo of Humber Hawks' basketball player Curwin Elvis dunking the ball as a rival Sheridan Bruins player lying on the

floor looks on.

Et Cetera also earned three Certificates of Merit awards, for Page One Design, Single Subject Feature Package and Editorial Writing.

Convergence and Sweat magazines were each awarded with a Silver Medal.

Scribe was awarded with a second-place award and a Certificate of Merit while Convergence took a first-place award, two second-place spots and a third-place nod in separate categories. Convergence also earned three Certificate of Merits.

The winners were picked from among 7,187 entries.

"I am so proud of all our students and the quality of work they

demonstrate in our print, digital and broadcast productions," Humber Journalism Coordinator Lara King said.

"It is incredibly gratifying for Humber Journalism to be receiving awards and recognition when competing with universities and colleges across North America in the CSPAs," she said.



PHOTO OF THE WEEK

SIX ANNUAL MENTAL HEALTH 4K RUN/WALK

Julian Klimczyk, a Digital Content Creator for Humber, participated in the mental health 4K run/walk at Lakeshore. "This event is important," he said. "This event is something we've done for many years in a row, so we want to continue that trend and make sure that people know its not only important to me personally but Humber as a whole."

JARED DODDS



SEND YOUR BEST PHOTOS TO ETC.HUMBER@GMAIL.COM OR TWEET US AT @HUMBERETC FOR A CHANCE TO BE PUBLISHED IN NEXT WEEK'S ISSUE!

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EDITORIAL

Free speech protects and defends human rights, in light of Hong Kong protests

In today's world, social media gives anyone and everyone a platform to speak their mind.

But what happens when that puts their jobs at risk, even if it's something that is positive?

NBA players and coaches stood up for football quarterback Colin Kaepernick when he was blackballed from the NFL, and NBA players are standing behind NCAA athletes wanting to be paid.

They have been consistently on the right side of history.

Except now when Houston Rockets General Manager Daryl Morey came under fire for supporting the Hong Kong democracy protests.

Morey tweeted he stood with the Hong Kong protesters while

the Rockets were touring in China. "Fight for freedom. Stand with Hong Kong," he wrote.

Beijing, which usually bristles to foreign criticism or opinion, didn't take too kindly to his statement.

The Chinese Basketball Association reacted by cutting cooperation with the Rockets while the Chinese government sought clarification and retraction. Chinese television threatened to not show any games between the touring NBA teams and local teams.

Once the controversy was trending on Twitter, Rockets' ownership contemplated whether Morey should be fired. If they were going to fire him, it's more likely because the Rockets found an excuse where they can cut ties with

him rather than his comments.

Rockets owner Tilman Fertitta wanted nothing to do with the controversy for his team and for himself.

He tweeted that Morey does not speak on behalf of the Houston Rockets, that the team is focused on promoting the NBA internationally and that they are not a political organization. The press conferences following the remaining games were cancelled.

The controversy isn't limited to basketball. Hearthstone pro gamer Chung "Blitzchung" Ng Wai shouted a pro-democracy statement — "Liberate Hong Kong, revolution of our age" — during an interview.

Video game company Blizzard

banned him from playing Hearthstone eSports for a year and rescinded his prize money.

There seems to be a double standard with political issues in North America. There are different consequences when criticism involves China compared to reactions about the politics of other countries.

If anyone wants to voice their opinion, they should be allowed without potentially getting fired.

But no one said anything positive about Morey's comments expect for NBA Commissioner Adam Silver.

The controversy continues to rage.

Epic Games said they would not punish a Fortnite player for political speech. The irony is that Chinese firm Tencent owns 40 per cent of

Epic Games they are showing more bravery than Blizzard.

A fan was ejected from the Philadelphia 76ers and Guangzhou Loong Lions game for holding a "Free Hong Kong" sign.

Chinese organizers cancelled a fan event for the Brooklyn Nets and Los Angeles Lakers game in Shanghai on Oct. 10.

The ongoing protests got the Hong Kong government to withdraw a bill that would have made extradition to China possible. Protesters also want greater democracy.

Those voices should be heard and China's money should not trump free speech. Everyone has a right to speak, especially if the Chinese government disapproves.

OPINION

Bernier's vision for Canada is not Canadian at all



JARED DODDS
NEWS REPORTER

I, like many other Canadians, spent Monday night sitting in front of a television watching the leaders debate for the Oct. 21 federal election.

I was proud to be sitting next to my loved ones and speaking to friends and family about what was taking place in front of us, participating in a democracy gifted to us by the lives of those who came before.

But that pride soon soured and changed to a feeling of disgust as I saw leader of the People's Party of Canada, standing on that stage.

Watching that man stand next to potential leaders of our democracy, giving him legitimacy in front of our nation allowed me a glimpse into the darkest corners of Canada.

The Quebec native, the son of Conservative legend Gilles Bernier, rose quickly within the party, becoming a minister in Stephen

Harper's government in 2006.

For years he was a bastion for deregulation and limited government spending, until 2017 when he decided it was his turn to run for the Conservative Party leadership.

The campaign was tight, with Bernier finishing just behind current leader Andrew Scheer. Soon after, Scheer dismissed Bernier from his position on the Shadow Cabinet in the name of party unity.

It was at this point that Bernier put himself on a path that led him to the scorn of fellow party leaders and much of the country.

Feeling spurned by the party he had devoted his entire life to, he formed the People's Party of Canada in 2018 to promote what he sees as the only viable future for Canada.

What it instead promotes is a bigotry and close-minded opinion on immigrants that political leaders like France's National Rally leader Marine Le Pen and U.S. President Donald Trump used in their respective campaigns, the latter successfully.

Bernier's platform states his government would repeal the Multiculturalism Act and restrict the number of immigrants our country lets in by at least 200,000 a year.

He has tweeted Liberal Leader Justin Trudeau leads a "Cult of Multiculturalism," and he wants to lead the campaign against political correctness.



REUTERS/ADRIAN WYLD

People's Party of Canada leader Maxime Bernier takes part in the Federal leaders French language debate.

And all of this doesn't even begin to compare to the company he chooses to keep in his party.

The Toronto Star reported on a collection of PPC officials who have posted a variety of racist and Islamophobic remarks including the former party organizer in Ontario Nicola Hanson saying, "Islam is not Canadian. Canada was founded by Christianity."

Emil Sosnin, another official from the PPC in Thornhill, said his children would not be allowed to play with black children (his choice of words was a slur) and had posted the "14 Words" on Facebook, a white supremacist slogan.

All of this when combined with the radical dismissal of multiculturalism in Canada paints a picture of Bernier that is not part of the country that I know and love.

His place on that debate stage was almost entirely secured by his exploitation of Etobicoke North candidate Renata Ford, a famously troubled member of a famously erratic family.

She has a following in her riding, though she is still far behind incumbent Kirsty Duncan of the Liberal party.

While she may be running under the PPC banner, it is her last name that has given her credibility. Bernier

knows that and has exploited it masterfully.

All of this is to say that the white supremacists and far-right extremists who support Bernier's radical stances do not represent the Canada admired throughout the world as a place of diversity and tolerance.

Canada is a country that is proud of its diversity. Canada is a country that ties its self-image to helping people less fortunate.

Canada is all the things that Maxime Bernier and the PPC are not.

He did not deserve the credence his place on that debate stage provided him and does not deserve the attention from Canadians he craves.

Walk-on hopeful makes basketball team, has 'a lot to prove'

Francis Commey

SPORTS REPORTER

Shevon Noël travelled a long and difficult road to become a basketball walk-on for the Humber Hawks.

The 20-year-old General Arts and Science student comes from the La-Salle neighbourhood in south Montreal and from a childhood that made him the person that he is today.

"My mom passed away when I was only six, and my father had to get to more than two jobs to try and support my dreams," Noël told Et Cetera. "I practically grew up alone, many nights spent where my stomach was empty, and alone."

But it turned out he wasn't, at least not always. He had his coach, Robert Gibbs.

"He is more than a coach to me, he was always honest, no matter what and he always had my back," Noël said.

Gibbs told him to be true to himself but always be open to learning, work hard, never give up on his dreams, even when others might have their doubts.

Noël has yet to make his regular season debut, but the explosive 6-foot playmaking guard is ready to

prove to the OCAA that he belongs here come Oct. 18.

"I was never ranked as a top player in my country," Noël said. "I never was ranked in my own province."

He said he was always known as an average player although he played for Division 1 Vanier CEGEP College in Montreal.

But when it came to basketball, Noël always felt like he had something to prove.

"I want to be the best," he said. "Therefore, I have to practice like I am the best."

Andy Nguyen, manager for the Hawks basketball team, said Noël still has room to grow.

"I feel like he can develop and become better than he is now," Nguyen said.

The values Noël absorbed growing up influence his life beyond the basketball court.

"As a student-athlete, the amount of sacrifices and targets you have on your back are immense," he said.

Noël said everything he does affects his future.

"I had to make a lot of sacrifices and that involved letting go of people to make it here at Humber Col-

lege," he said.

One of his biggest risks was leaving home to come to Toronto and participate at the Humber basketball training camps, which led to making the Hawks' roster.

"I did what I had to do at the training camps, which led the coaches to telling me they liked my game and told me to come back Sept. 3," he said.

When school started, Noël was no longer in contact with his father.

"I had no income, I had no family, but luckily I made some great friends who I'll always be grateful for," he said.

His Humber teammates have stepped up to play a big role in his life.

"He's family," said Hawk Shae Phillips. "We've grown to be really close. He's my brother."

As for the young man from Montreal, he's got all the motivation in the world and the pride that comes from beating the odds.

"I didn't leave everything behind to not prove to you that I am one of the best 14 guys," he said.

"I still have a lot to prove and I'm going to prove to everyone that I'm one of the best players."



HUMBER ATHLETICS

Shevon Noël is the first player in four years to make the Hawks men's basketball team by trying out. Hawks basketball season starts Oct. 18.

OPINION

NBA should've taken a stance on anti-gov't protests in Hong Kong



JEREMY YUDIN
EDITOR-IN-CHIEF

The NBA made it its mission to encourage free speech from its players and employees. But a recent political stance has put one of their biggest revenue streams in jeopardy.

Daryl Morey, the Houston Rockets General Manager, tweeted last Friday in support of the anti-government protests in Hong Kong.

Supporting expression — which the league has consistently done — would this time put their multibillion dollar partnership with China at risk.

About 800 million people in China watched NBA programming on TV, digital media or smartphones last year. The NBA's business in China has grown at double-digit percentages every year since 2008.

So in an effort to save its largest international partnership, the NBA tried to take both sides with a statement on Sunday which was negatively received by the western media.

"We recognize that the views expressed by Houston Rockets General Manager Daryl Morey have deeply offended many of our friends and fans in China, which is regrettable. While Daryl has made it clear that his tweet does not represent the Rockets or NBA, the values of the league support individuals' educating themselves and sharing their views on matters important to them."

A league that has been as open as the NBA has, a confusing statement like this has really put them in a spiral. The response to the Morey comments come off as an apology

and, at the same time, support for the general manager's right of expression. The NBA can't choose both. The league had to make a choice but it couldn't.

NBA Commissioner Adam Silver redirected the league's stance two days later, saying the league will not interfere with Morey's comments. He understood there will be consequences and said the league will have to live with them.

So what was the point of the original statement?

I get that a multibillion dollar partnership is on the line, but the NBA looked pretty indecisive there. To me, the NBA seemed reluctant to accept the consequences of supporting Morey, and it looked like they put the decision in commissioner Silver's hands. He may have answered the call, but the NBA still took the hit.

Silver did the right thing to step up and defend a GM's right to freedom of speech. He accepted the consequences. But saying this a



(KYODO/VIA REUTERS)

NBA Commissioner Adam Silver speaks during a news conference before the NBA preseason basketball game between Houston Rockets and Toronto Raptors at Saitama Super Arena in Saitama, Japan, on Oct. 8.

couple days after the NBA's highly criticized statement is more of a cleanup act than anything.

It took a while, but at least the NBA finally understood it can't have their cake and eat it too.

Larry O'B trophy tour stops at North

Pirasanth Gunasekaram

SPORTS EDITOR

The mad celebration of the Raptors parade after winning the NBA's Larry O'Brien Trophy wasn't evident when the sports top award came to Humber College.

The Toronto Raptors and the Dairy Farmers of Ontario (DFO) teamed up to bring the NBA championship trophy to Humber College as part of The MilkUP Trophy Tour on Oct. 5.

"It's the shiniest thing I've ever seen," said Andrew Sy, a former Business Management student.

When he looked at the trophy, Sy said it gives him Canadian pride.

The first stop of the tour was in Ottawa on Oct. 2, and it will go to eight other communities in Ontario by Oct. 21.

The trophy was displayed outside the Athletic Centre, allowing a look-but-don't-touch opportunity to view it and take photos.

Harjeet Sekhon, a former Electronics Engineering Technology student, said he was surprised when he saw the trophy in person.

"I saw that it was at Kingston and Ottawa and I was like, wait it's actually coming to Humber, that's crazy," Sekhon said.

Luka Vukoje, a shooting guard for Orangeville's Athlete Institute Bears, was at the Athletic Centre for OSBA Showcase when he saw the gold-plated silver trophy.

"I'm pretty shocked to be honest," Vukoje said.

He said "it's pretty surreal" because it was only a couple weeks ago when Vukoje was wondering if he will ever see the trophy in person.

Feverish Raptors fans in June camped as they lined up for a chance to get into Jurassic Park beside the Scotiabank Arena days before playoff games during the finals against Golden State Warriors. The lineup was so big that it went around Union Station.

Four months later, the line to see

the spoils of victory was short and maybe due to the lack of marketing.

"I found out about this like a few hours ago," Sy said. "I didn't even know it was here."

He said he didn't see any advertising the trophy's appearance at all. "I mean, they don't want like a big crowd here I guess," Sy said.

Sekhon said he only found out the day before.

The tour ends Oct. 21 in Toronto at Maple Leaf Square and Nathan Phillips Square, a day before the

Raptors receive their rings and raise the championship banner to the rafters. They are also beginning their quest to repeat, playing their first game of the 2019-20 season against the New Orleans Pelicans.



PIRASANTH GUNASEKARAM

Fans (left) line up to look at the Larry O'Brien NBA championship trophy, which made a stop at North campus as part of The MilkUP Trophy Tour.

High school basketball players showcase their skills to scouts

Jonathan Frasco

SPORTS REPORTER

Basketball scouts and coaches across North America eagerly sought front-row seats last weekend when Humber College hosted the Ontario Scholastic Basketball Association pre-season showcase.

The OSBA has helped develop NBA players such as Jamal Murray and Thon Maker, both taken in the top 10 of the 2016 draft, and scouts hope there is more talent in the Canadian pool.

Wes Brown, an NBA scout from The Monday Morning Scouting Report, has been surveying young prospects in Canada for the past couple years and is impressed with what he sees.

"I think there's going to be a consistent upturn in talent, and it will just continue to grow," Brown said.

He said the skill level of young players is extraordinary and the quality of players that coaches are bringing in from around the world

is the highest it's ever been.

Tarry Upshaw, head coach of Ridley College in St. Catharines, said local basketball once was limited to a few stars.

Now, the general standard of play is much higher and "there might be an overall talent increase across the spectrum," he said.

Bryant Selebangué, a 6-foot-9 forward from The Rise Centre (TRC) Academy in Brantford, knows coaches and scouts are watching him and loves the pressure.

"Scouts help me perform better," he said. "Obviously, they're here to watch me perform at my best so I try and play at my fullest potential."

Selebangué understands exactly what coaches are looking for from a player in his position.

"Nowadays, scouts look for bigs (a player who's big and tall) that can dribble and shoot," he said. "So, I feel like me showcasing that makes me look better than all the other bigs."

Starting his final year of high school, Selebangué has gotten offers

from Division 1 NCAA schools but is focused on the season ahead, providing the energy his team needs to win a championship.

Brown said it is players such as Selebangué who draw the crowds.

"A lot of the time, the coaches have guys targeted and that's the only reason they're coming," he said.

Brown said basketball showcases are usually run as a camp where players show up and do drills.

But the tournament style games the OSBA puts on allows coaches to see the top players compete against each other at a high level.

"Everyone's different with scouting," Brown said. "Every situation is different based on what the team needs."

He said the decisions players make on the court, the effort they play with, and their individual skill sets are what coaches are looking for to fill the roles needed for each team.

Brown anticipates interest in young Canadian basketball players will only increase.



JONATHAN FRASCO

Guard Dolu Johnson, from Ridley College, splits the Rise Academy defenders by driving to the basket in the OSBA pre-season tournament.

Pierson throws first perfect game in Hawks history

David Pastor

SPORTS REPORTER

Head Coach Duaine Bowles broke tradition when he kept final year pitcher Myranda Pierson in the whole game to finish what she started.

All eyes were on Pierson on Oct. 8 during the second game of the softball double header when they beat the Seneca Sting 10-0.

One out away from history in the bottom of the fifth, the right-hander stopped a ground ball that came back to the circle, turned and threw to first, solidifying the first perfect game in Humber softball history.

“For Myranda to go out there and do what she did, it’s a good way to end it on your home field,” Bowles said.

“It was an emotional night, I tried

not to cry. I didn’t thankfully but it was just good to end with the people we started with and we went out with a bang on that one,” she said. “It was a good night, it was fun.”

Pierson went all five innings without allowing a single runner on base and struck out 12 out of the 15 batters she faced.

“It just felt amazing to know that I could have everyone I loved in the stands watching and seeing me accomplish something bigger than myself, especially on Senior’s Night,” Pierson said.

This season Pierson has had an impressive stat line, with a record of 1-0, striking out 27 batters, collecting two saves and not allowing a single run over a span of 12.2 innings.

She wasn’t always a closer. Coach Bowles said she was part of a big change in the team’s process and

culture.

“Myranda’s changed roles and got into our closing spot,” Bowles said.

Pierson said she’s been a starter for the past four years and the change was a challenge.

“It was a big change for me mentally, only because when you start a game, you’re in it right from the jump excited to get into it and go,” she said.

“But as a closer it’s not always a guarantee that you’re going to get into the game especially if you’re team is hitting well,”

Pierson has been a member of Humber softball team from 2015 to 2019 with an overall record of 34 and 16 with an impressive 2.36 ERA (Earned Run Average) while striking out 174 batters in 281.2 innings. She’s also pitched two no-hitters in her career.



DAVID PASTOR

In her final appearance, pitcher Myranda Pierson threw the first perfect game in Humber Softball history in a 10-0 victory over Seneca College.

Women’s softball team caps off doubleheader with Seniors’ Night

David Pastor

SPORTS REPORTER

It was an emotional and historic week for the women’s softball team.

Seniors’ Night took place on Oct. 8 as Meaghan Murphy, Rachel Matheson-Green, Kate Kostuch and Myranda Pierson were recognized before their final home double header against Seneca.

The Hawks won both games without giving up a single run against Seneca, 6-0 and 10-0.

Matheson-Green went 2.2 innings in the first game of the double header giving up only one hit and struck out one.

“It’s good it’s a lot of fun, these girls are your family, it’s something you don’t want to leave,” the pitcher said.

Second basemen Meghan Murphy finished her career third all-time in hits with 117, before being pulled in the fifth as she ran off the field to an ovation.

“She’s a big game player but didn’t have her best today, but I damn know well she’s going to have her best next week,” head coach Duaine Bowles said.

Murphy said she had trouble containing her feelings when she walked onto the turf.

“I was trying to keep the emotions out of it, until the last possible moment,” she said. “It was kind of hard



HUMBER ATHLETICS

From left to right: Michael Kopinak, associate director of Athletics and Recreation, senior Rachel Matheson-Green, head coach Duaine Bowles, and Ray Chateau, director of athletics, honour the pitcher’s last home game.

containing it once I got into the field because I knew it was the last inning but its happy tears, I’m sad to be going because I love it so much.”

Pitcher Myranda Pierson went five perfect innings in the second game against striking out 12 of 15 batters that came up to the plate.

“It’s been a lot of fun its more of like a family dynamic...playing

for this team is amazing,” Pierson said.

Kostuch had a great day at the plate going 2 for 4 scoring two runs and was walked twice in the two games.

“I was nervous, I know my abilities and what I can do but nerves get to me sometimes, so I was nervous, a little sad but like a happy sad,” she

said. “It was an amazing experience, it taught me more things than just softball, it’s going to help me in my future I think.”

Bowles said he’s impressed by what Kostuch has done offensively this season and has complete faith in his starting left fielder in the upcoming playoffs.

“Kate’s come along way and I’m

proud of where she is right now,” he said.

Humber clinched first place on Oct. 10 with a record of 19-5 by winning the first game of the double header against Conestoga, 8-4.

It’s the first time the softball team took the regular season title in program history.

The team is now getting ready for provincials, which begin the week of Oct. 18, as the women face off against either Conestoga or Fanshawe.

The women believe the key to success will be how they approach every game mentally and the energy they bring.

“We are the loudest team I’ve ever played on and I’ve every played against and I really think that’s something that works for us,” Matheson-Green said.

Bowles said the grit and determination will get them to the finals.

“I think the biggest thing (with) this year’s group is (they’re) a little bit tougher,” he said. “There ready to do whatever it takes to win a softball game.”

Their mentality has the team keeping their eyes on the prize.

“Expect frigging gold medals, you’re going to see some big hits, you’re going to see some big plays ‘cause it’s all or nothing for most of us,” Kostuch said.

Hawks spoil nine-game winning streak with loss to Fanshawe

Kyle Drinnan
SPORTS REPORTER

In a Battle of Baseball Birds, the Humber Hawks had a nine-game winning streak snapped last weekend by their nemesis Fanshawe Falcons.

The Falcons were one of only two teams to defeat Humber in the first month of the season and with the 7-4 victory at Connorvale Park, they swept the season series.

The Hawks remain first in their division even after a 9-2 loss against the Durham Lords on Oct. 9, and are likely bound for the playoffs.

The Hawks faced the Falcons with an unchanged game plan.

“It doesn’t matter who our opponent is, we will come in this game with the same mindset as we played other teams with,” said Hawks head coach Jeff Gibbs.

The message resonated with the players, whose intentions were to take no chances with Fanshawe.

“They are a hard team to face,” said Hawks third baseman Ty Martin. “We can’t take them lightly.”

The young and energetic Falcons got off to a quick start, scoring twice in the first inning and adding an-

other run in the third.

The decisive blow came in the fourth inning when Fanshawe infielder Judd Walker hit a three-run homer to put the Falcons up 6-2.

“This game is important for us,” said Fanshawe head coach Brian Harvey. “We were against a challenging team, the defending champions.” He said this was a great game to win and something the team could learn from.

The coach was feeling the energy from his bench as he was kicked out of the game after a huge argument with the umpire.

Harvey said the intensity on the Falcons’ bench and his clash with the umpire “probably helped. We have a young team, a lot of them are in their first year,” he said. “They need to control their emotions sometimes but today they channeled it where it counts.” It was Fanshawe’s seventh straight victory after a slow start to the season and it kept their playoff hopes alive.

The Hawks have three games left in the season and meet Seneca Sting in a doubleheader on Oct. 11 at Connorvale Park in the Horner and Kipling Avenues area of south Etobicoke.



KYLE DRINNAN

Infielder Aidan Murphy sprints to third base. The Fanshawe Falcons swept the season series against Humber.



KYLE DRINNAN

Outfielder Dennis Dei Baning watches a ball blow by him during a game against Fanshawe. The Fanshawe Falcons and Durham Lords are the only two teams to defeat the Hawks this season.

Rookie rugby team not yet quite up to scratch

Pablo Balza
SPORTS REPORTER

Humber men's rugby took a big step forward in its rebuild with a lopsided win against the Seneca Sting, who were undefeated until the Oct. 4 showdown at Valley Field.

The Hawks also kept its playoffs hopes alive with the 45-12 win.

Humber's domination of Seneca began at the start of the game with its performance and leadership as a team was shown during the game.

The Hawks opening points were scored by prop Christopher Dominey in the sixth minute of the game, making it his second try of the season.

Wing Curtis Sandiford provided a huge defensive impact, running back and forth down the sidelines,



PABLO BALZAR

An unknown Hawks rugby player tackles a player from Seneca as his teammate tries to steal the ball. Hawks won 45-12 over the Sting.

while adding a second try to the scoreboard in the 33 minute mark.

Before heading to halftime, back Juan Manago scored Humber's third try.

Hawks head coach Fabian Rayne said he was happy to see the team

play hard and, so far, he is proud of the team's success off and on the field.

"I thought the boys played well, they come out the game jumping, they were moving the ball, they were making their tackles, most of all they were supporting the ball

and communicating with each other and that's how the game of rugby should be played," said Rayne, a four-time OCAA Champion from 2011-2014 and a two-time OCAA Coach of the Year.

He has a record of 33-4 to date

over his career as coach.

With two games remaining, The Hawks are now 2-2 and have two games remaining. They faced Georgian College yesterday in Barrie and lost 39-28. The Hawks close the regular season against Conestoga.

Cross country star takes OCAA weekly honour

Jayvon Mitchum
SPORTS REPORTER

Being an athlete of the week for the Ontario Colleges Athletic Association isn't an easy accomplishment to achieve.

It requires them to be consistent, a team leader, compassionate, a hard worker on and off the field, determined and dedicated.

Kayleigh Bush wasn't sure the Humber College Athletic Department knew who she was, or even what team she played on.

Now, the Niagara Falls native was named an athlete of the week by the OCAA.

"It feels good to be recognized

told Et Cetera.

Bush, who made the Top 10 in individual performance for the first time in her career, also landed on the OCAA All-Academics list last year.

She knows about the demands and rewards of a solid work ethic.

Bush is described as a positive influence towards friends, classmates and teammates.

Megan Raso, a cross-country teammate of Bush, said the Hawks captain "is a supportive and confident leader, and she rallies us to make us stronger as a team."

Suhaila Yemen, a Paramedic student and a fifth-year team member, agreed with Raso. "The positivity and the encouragement that our



HUMBER ATHLETICS/VANIA GUNAWARDI

Runner Kayleigh Bush won OCAA Athlete of the Week. Bush ran a 27:09 6K at the Seneca tournament.

that we need to get to for the season." Patricia Rothenburg, a third-year team member, said Bush exemplifies the character of successful student-athletes and being named athlete of the week brings a rare spotlight to cross-country.

"Being the captain, but then also being the athlete of the week, is a really good representation of

cross-country," she said. "Whether it's a bad day or a good day, she's always encouraging us and making sure we're smiling just as much as she is."

Bush is motivated by her success in recent weeks and has set goals for the upcoming 2019-2020 season.

"Right now, we're just working on better placement, so when we

get to OCAA's, that we can hopefully place and qualify for nationals," she said.

"It's just about picking off teams and just gradually getting better every race."

The next cross-country event is the Centennial Invitational on Oct. 19 at Ashtonbee Reservoir Park in Scarborough.

"It feels good to be recognized for things that I've been doing and working for,"

-KAYLEIGH BUSH
OCAA TRACK AND FIELD ATHLETE OF THE WEEK

for things that I've been doing and working for," the kinesiology student and second-year runner from the women's cross-country team

captain brings to the team is encouraging for everyone," she said.

"It makes us push harder and work our butts to get to the goals



JOHN GRANT

Federico Leal and Damion Kaye arguing with the ref during a game against the UTM Eagles. The men's soccer team went on to lose their last home game 1-0 on Oct. 9

UTM Eagles jolt Hawks as soccer team loses second in a row

John Grant

SPORTS REPORTER

Humber's men soccer team has long known the joys of victory. But the agony of defeat feels strange.

For the first time under Hawk's coach Michael Aquino's six years of supervision, the men's soccer team has lost back-to-back games.

"Honestly, [I'm] kind of distraught right now," said Nick Frenati, keeper of the Humber Hawks. "I've been in this program for three years and never thought something would ever happen like this," The team lost 1-0 against University of Toronto Mississauga Eagles in the final home game of the season on Oct. 9. They also lost 3-2 to Sheridan Bruins on Oct. 2. It's rare but it is a slump.

The Hawks started off the 2019 campaign winning six straight

games.

These losses can potentially be the nail in the coffin because their whole season can be over with a loss to Mohawk College next week. The Hawks are currently in first with a 6-2 record but right behind them are Sheridan and Fanshawe, each at 6-1, and UTM with a 6-2 record.

Aquino gave no excuses for this rare loss.

"Yeah, little disappointed," he said. "And I mean, it wasn't something that we obviously would have expected but the game of soccer, right?"

"I think we just got to get things back down to some basics and then work a little harder and dig a little deeper and just get back to doing what was working for us at the beginning," Aquino said.

The Eagles played well. They came in with a defensive mental-



JOHN GRANT

UTM player Pawandeep Sandhu attempts to tackle a Hawk during a game at the Ontario Soccer Centre on Oct.9.

"Honestly, [I'm] kind of distraught right now. I've been in this program for three years and never thought something would ever happen like this."

-KAYLEIGH BUSH
OCAA TRACK AND FIELD ATHLETE OF THE WEEK

ity and parked the bus, and didn't budge when the Hawks attacked.

UTM wanted Humber to play into them so that they can catch them on the counterattack.

"The first thing we have to do is recognize that they're a good team,"

said Chris Eveleigh, head coach of UTM.

"We played in a way that's going to frustrate them and effectively be better for us and play to our strengths."

Michael Fayehun, captain of the

Hawks, was absent against U of T Mississauga due to a suspension after receiving his third yellow card of the season against Sheridan Bruins.

His leadership was greatly missed as they never recovered after being a goal down in the first half.

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