

COVEN

THE STUDENT NEWSPAPER OF HUMBER COLLEGE

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HUMBER COLLEGE



PHOTO BY SEAN GARRETT

Silken walks for United Way — Olympic bronze medalist Silken Laumann was one of the many participants in this year's United Way Walk-a-Thon. Olympian Mark McKoy was also present at the event, which took place last Sunday. See story on page 6.

Teacher's son receives lungs

by Kevin Connor

After waiting 2 1/2 years for a double lung transplant the son of journalism instructor, Judy Martin, underwent the operation successfully September 9 at Pittsburgh's Childrens Hospital.

Nicholas Martin, 10 was taken off his respirator September 15 and breathed without assistance for the first time since he was diagnosed with end stage emphysema in the spring of 1989.

"He is off the respirator now but still has a lot of work ahead of him learning how to breathe all over again," said Martin.

After a lung transplant patients lose the natural impulse to cough and breathe deeply. Nicholas will be seeing a respiratory therapist to regain full

lung capacity.

"There are no words to describe what we have been through," said Martin.

In coping with the situation Martin says she has always been able to take strength from her "gutsy kid".

Martin attributes some of the operation's success to the physiotherapy Nicholas received at Toronto's Hospital for Sick Children which put him in great physical shape for the surgery.

Martin and her husband Rick have been taking turns sleeping and being with Nicholas.

OHIP is paying for all medical expenses but as for living expenses Martin said, "I really want to thank the students and everybody involved with the Nicholas fund.

A different kind of bank for students

by Allison J. Rollo

Students finding it difficult to survive during these hard economic times will soon be able to find relief and assistance with Humber's new food and clothing bank.

A section of the student centre will now act as a "Good Will" drop-off area for the collection of non-perishable food items and used clothing to be available to students.

Grace Allen, of the Management Studies Department, saw the opportunity to help students after doing her own spring cleaning at home.

"Having been a poor starving student myself, I thought why shouldn't we give these things to our students first," said Allen. "and what we don't want, pass on to other people."

In the past, Allen has brought clothing to Humber and these donations were scooped up "in a couple of hours."

She also thinks the bank could include children's clothes and even toys. Many Humber students are parents and Allen foresees some of them using the

bank to get extra things for their children.

"I don't think anybody should have any shame in feeling that they're going to get something that somebody else isn't using. It's not charity, it's recycling," stressed Allen.

Doris Tallon, executive assistant to the President, has been accepting items such as clothing and furniture for students for as long as she can remember, storing them in the College Board Room.

Students' Association Council (SAC) has given its full support to the food and clothing bank. President David Thompson thinks there is a growing need for this service at Humber.

"Times are tough right now. A lot of students did not receive OSAP this year. Why throw something out if it can benefit someone else?" Thompson said.

The logistics of Humber's new food and clothing bank are still being worked out. In the next few weeks SAC will kick off the bank with a promotion in the student centre.



President Gordon looks at ways to accommodate overflowing students. Page 3

Humber life stressing you out? Check out our special coping section.

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O.C.A.A. dropping the puck on hockey league.

Page 14

The world according to Garth - He makes country mainstream. Page 11



News

Volunteers needed in the community

by Natalie Vujaklija

Volunteers Etobicoke has placed 107 volunteers since its beginning at Humber this past February.

Volunteers have taken part in a wide variety of services ranging from telephone help-lines to detention centers.

When Humber opened its doors to Volunteers Etobicoke, it

became the first college in Ontario to be affiliated with a community-based volunteer service.

Humber's branch of the organization is located at the Lakeshore campus and is run by Beverley Burke. Burke works at the campus two days a week, on Tuesdays and Thursdays in the Student Affairs Office. Since the start of the fall semester, she has taken 13 new applications.

Despite the apparent success of the program, there are still areas which are in desperate need of volunteers.

"There is a great need for one-on-one befriending with a developmentally delayed child, adult or senior," said Burke.

Besides helping the community, volunteering is a good way for students to help themselves.

"Volunteering is a great way

for students to gain experience related to their field," said Burke.

For students and community members who are interested in volunteering, Burke would like to stress that there is a large commitment involved.

"Most places want volunteers who can contribute at least three hours a week and who are willing to commit for six months to a year," she said.



PHOTO BY NATALIE VUJAKLIJA
Beverly Burke runs Humber's branch of Volunteer Etobicoke



PHOTO BY RICK CARDELLA

Photo flow—Photography students are taught how to handle photo chemicals and protect themselves from toxins.

Environment concerns stressed in program for photography

by Arthur Marcelino

A Humber College photography instructor is doing his part to teach students how to be more aware about the pressing concerns about the environment.

Jim Chambers is creator of a three-year-old Creative Photography course called, "Photographic Chemicals; hazards and environmental concerns". Chambers said in an interview that this topic was offered to Photography students because he wanted them informed about the photo-chemicals that are harmful to the environment.

"The students are taught how to handle the chemicals and how to protect themselves against possible toxins. When they leave here they may be asked to work in unsafe conditions ... we just want to make sure they understand what the laws are," said Chambers.

He decided to break new ground with this course because he was "sickened" to find that most of the chemicals used in photography were just dumped down the drain.

"There are thousands and thousands of gallons of this crap flowing in the sewers of Toronto everyday," he said.

But he admits that students are in no danger from any "harmful" chemicals and that Humber has always followed safety guidelines in the classroom.

His colleague Neil Fox, coordinator of the Photography Department agrees.

"Generally, the chemicals we have been using are fairly benign," Fox said. "Most of the industry places (have been) using acids that are a heck of a lot more dangerous than what we're working with."

Both Chambers and Fox cited silver, a recyclable product, as the focus of their program. It is the most re-used ingredient in photography.

Chambers said silver has been recycled at Humber for several years. At first it was an "economy-

cal thing to do," according to Fox. When silver peaked in the marketplace during the 80s, it was recovered from photo-chemicals at a high price.

Chambers said silver should now be recovered as an "environmental consideration."

Fox said that if huge amounts of silver are dumped into the raw sewage, the breakdown of sewage would stop because of missing bacteria.

Fox said people should not be alarmed. "The silver that is going into the sewage system will eventually separate itself and probably dissipate and that in itself won't be harmful."

Chambers, who is also a freelance photographer, said that his research project and the recycling of chemicals has been fairly cost-free to the administration, but said that a treatment system to do it "the proper way" would cost between \$60,000 and \$300,000.

The 47-year-old Chambers said his concern for the environment stemmed from his years as a young adult in the turbulent 60s. He said he did not want to see apathy and hopelessness in his students when it pertains to the environment.

"I believe in individual action, and that an individual can make a difference. And that's what I presented to my students," he said.

"Even if my generation has created the problem, (students) are the ones that are going to have to clean up."

When asked about student reactions to his gung-ho approach to help save the environment, Chambers said his students have been "concerned" and very enthusiastic about the research they have acquired in the photography labs.

But Fox downplays the necessity for all the lab time. "Most of our students don't end up in labs. Most of our students are photographers, so we don't need to be teaching them a full semester of pollution control," he said.

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News

Record number of students turned away from Humber

by Tamara de la Vega

Humber College has rejected a record high of 20,000 applicants, as many people seek refuge from an unstable job market by returning to school.

Although Humber was originally built for a capacity of 7,000 to 8,000 students, there are currently 11,200 students attending full time day classes at both campuses.

All of Humber's programs, "with the exception of maybe one," are filled, said Hook. Humber isn't looking at any more applications for this semester.

The criteria for selecting students hasn't changed, an increased amount of applicants has made the competition greater, explained Associate Registrar Barry Hemmerling.

There are currently 1,800 people on a waiting list for full-

time enrolment in Humber's programs. These students are being advised to take part-time courses in case there are any openings during the winter semester. Students can wait until next year "but we don't encourage people to hang on in situations like that," Hook said.

According to Hemmerling, the college is trying to implement new systems to deal more effectively with the increased number of students.

"A student this year for the first time was able to call in and select a general education course and have it put into the record over the telephone."

Although this telephone system only works for students in the Applied and Creative Arts division, the College is trying to expand it to other divisions. The system "takes a lot of people out of the lines," said Hemmerling.



FILE PHOTO

Full to Capacity—While some students encountered long lines during registration, a record 20,000 applicants were rejected due to lack of space. 1,800 people are currently on a waiting list for full-time enrollment.

Here we grow again

by Tracy Bailey

With student enrolment on the rise, the need for more parking space and larger facilities is more evident than ever before.

To remedy the situation, Humber has a number of projects currently in the works. One solution is developing the seven or eight acres of the Arboretum gardens at the corner of Highway 27 and Humber College Boulevard, said Robert Gordon, president of Humber College. The sale would produce money for the college and provide an opportunity to expand existing facilities.

"Someone else could use some of the land for other purposes such as medical offices which would tie into our health sciences division, and that could mean their own building," he said.

Another project is the arboretum itself. The Metropolitan Toronto Conservation Authority would like to take over the land.

"They're concerned that as

long as we own the property, we could kick them off after they have put thousands and thousands of dollars into it," said Gordon. He added that the possible options for the property are limited.

Humber is also looking into buying back the Osler Residence. The building, located next to Humber Memorial Hospital, was sold a few years ago to a developer intending to turn the property into a senior citizen's home, but never did. The property is equipped with classrooms and has 300 single occupancy rooms which could be used by Humber students to fill the continuing demand for housing close to campus.

The biggest of Humber's ventures is the future home of the Lakeshore campus which has been under negotiations for the past six years.

"Finally, we're getting near the end of the chase," said Gordon. "We've received \$7 million dol-

lars to renovate the exterior of the Lakeshore psychiatric hospital." The next stage will be to obtain zoning changes so housing can be built on the property. The housing will in turn pay for other major renovations needed to turn the hospital into a college.

Although the Lakeshore project remains front and center, Humber is still keeping an eye on the Kellogg Canada's property at the corner of Humber College Boulevard and Finch Avenue.

The college made an offer on the property last February. The sale would include a nine-storey building, 558 parking spaces and the space Kellogg now uses to store their frozen products.

"Negotiations have been cold for a few months. We might be able to work something out over time, but right now it's not a hot lead," said Gordon. It is more than the \$25 million price tag which is complicating the sale. Zoning by-laws limit the property's use.



FILE PHOTO

Nearing the end—President Gordon said that Humber's negotiations for new Lakeshore campus are almost finished.

Lakeshore SAC looks ahead

by Helen Zappolino

Although Lakeshore's Students' Association Council (SAC) President Trevor Watters didn't promise voters anything during his campaign, SAC appears to have several projects in the works.

"I made no campaign promises last year. I guaranteed I'd work for the students," said Watters.

Using \$8,000 of SAC's money, Watters has already renovated Shooters, the Lakeshore campus games room.

"Come and See our New Look," is the slogan for the renovation.

More video games, a confec-

tionery stand, another pool table, and bench seating have just been added.

"The idea behind this is to hire students to work in there ... to increase student employment," he said.

Another project he is working on is improving security in and around the campus. SAC is looking into getting more lighting outside the school and plans to sell a safety device called the Screamer.

The screamer looks similar to a pager with a rope attached to it. When the rope is pulled, a high pitched noise is released.

It will be sold to students for \$32 which is what S.A.C. pays for

the devices so they don't receive any profits.

SAC would like to see the administration eliminate the \$30 fee for tuition fee deferrals and the fee already collected from students given back. "It's not fair," said Watters, "the students shouldn't have to pay because OSAP's late."

Although Lakeshore only has approximately 1,700 students, Watters feels he will be able to accomplish a lot this year. He has one main aim for his term as president.

"My major goal is working for the students."



Trevor Watters

COVEN

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Editorial

Student poverty

The provincial and federal governments have been forced to leave post-secondary students begging for help.

There is almost \$1 billion owed to the Canadian tax payer, due to the Canadian Student Loan program. As a result of this massive debt, governments have recently made some unpopular decisions. Last year the federal government slapped every student with a three percent surcharge to process their loans. This year, Ontario students were expected to earn \$10 more each week during their summer job, effectively cutting the amount of assistance available.

But after a drought of jobs this summer as many as 5,017 Humber students applied for financial aid. Total OSAP applications are up by 35 per cent. Roughly 10 per cent of Humber applicants are not expected to receive any money this year.

So where are students left? Many will be forced to use their local student council's food and clothing bank. The generosity of others will somewhat help "poor and starving" students survive this school year.

The Students' Association Council (SAC) has followed the lead of others, such as the SAC at the University of Toronto, to meet the basic needs of food and clothing within the student body. One can only hope that the wasteful squandering of \$11,000 on the Crash Test Dummies last year, and \$4,000 on an American conference this summer, will soon be behind SAC.

Clearly simple solutions are not available in regards to this complex issue. Both parties involved must come forward and take responsibility for this mess. Governments are not entirely to blame, although if tougher collection programs had been in effect sooner, many of the present problems would simply not exist. In the end, students both past and present must be willing to solve this collective problem.

While certainly a food and clothing bank will be greatly appreciated, it is only a stop gap measure. To really have these problems eventually dissipate, former students and those who will graduate must pay back what is owed. Anything else will burden generations to come.

Rocket explodes

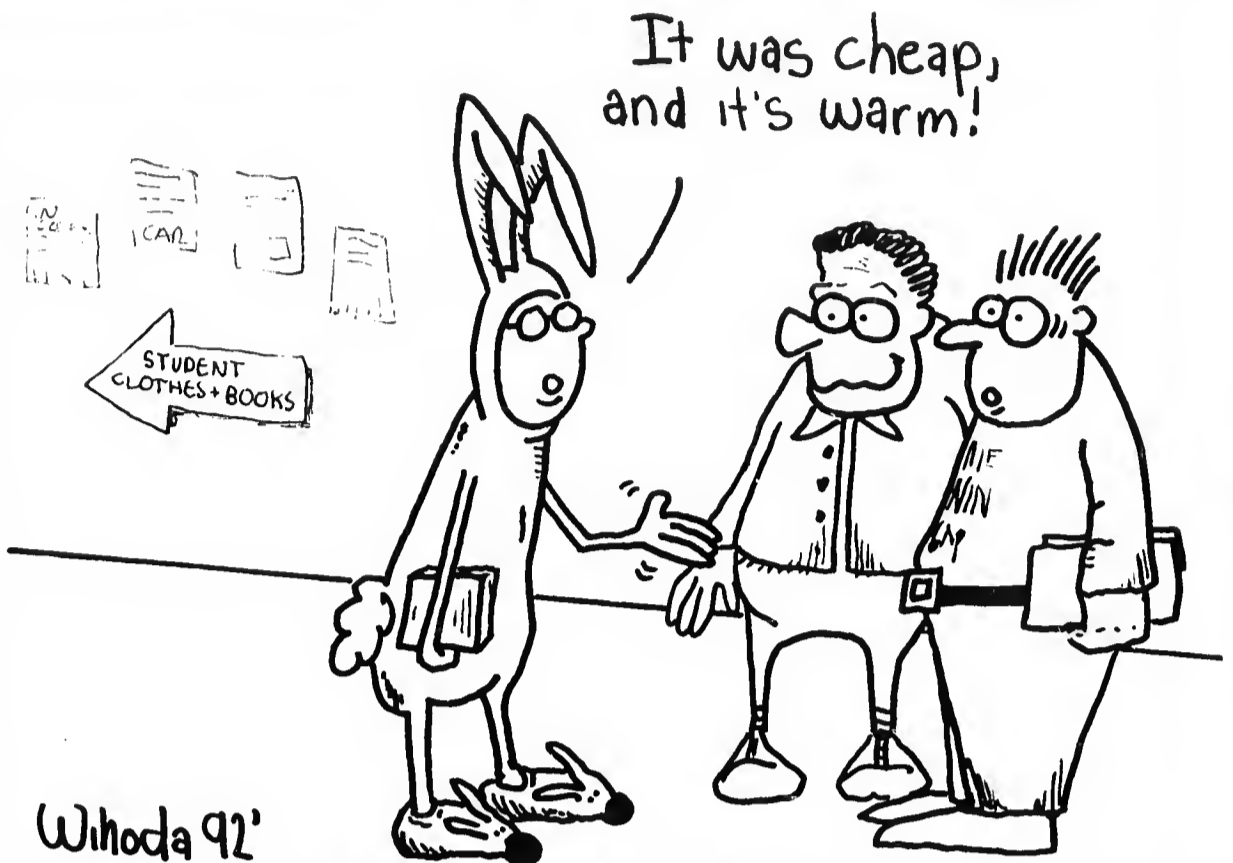
Whether he realized it or not, when Rocket Ismail signed the most lucrative sporting contract in Canadian history, he not only accepted a leadership role for the Toronto Argonauts but also for Canadian youth.

But he destroyed that leadership role, along with his reputation, toward the end of last week's 31-0 thrashing by the Calgary Stampeders against the sinking Argos.

It all started harmlessly when emotions flared resulting in an ugly brawl in which an obviously frustrated Ismail lunged clear first onto a Calgary player. As if that first kick wasn't enough, he then got up and delivered the boot one more time. Whether he caused injury is irrelevant (he didn't). His violent and immature actions were irresponsible and sent a potentially dangerous message to the young athletes hoping to follow in his footsteps.

The Rocket is not just another football player with a fat contract, he is a promotional machine capable of influencing young fans.

Understandably he was frustrated, considering the outcome of the game, but his repulsive display could have ended a career. His apology, as sincere as he may have been, was good damage control from a PR standpoint, but it did little to restore the respect and admiration he has lost.



Wihoda 92

Cheers and Jeers

Cheers to those who contributed to the Nicholas Fund, thereby allowing his parents to concentrate on Nicholas' health, rather than expenses.

Cheers to Humber's Grace Allen for thinking of student's needs and initiating the idea for a food and clothing bank.

Cheers to photography instructor Jim Chambers for bringing "green" awareness into the darkroom by ensuring that photochemicals no longer potentially harm Humber photo students or the environment.

Jeers to Brian and Mila for swooping down in three U.S. military helicopters on a visit to their son's prep school in Connecticut. Their justification for this showy entrance? Mila has a broken ankle.

Jeers to Humber food. Predominantly greasy and overpriced. Need we say more?

Letter: MO' BOOK BLUES

Fiona Boldt, in the September 8 Letters, wrote to complain about the scarcity of used textbooks from other students. She's right, we would benefit from selling to one another. Textbooks however, are replaced rapidly, presumably in an effort to improve the quality of our education. Therefore, old textbooks are often rendered obsolete and of course unsalable.

So, that is to say, is this rapid textbook turnover always justified? Not always.

For example, the 1992 College Business Statistics Text, 2nd Edition by Raja and Ganesh Vaidyanathan, has been replaced after a maximum of two semesters. This text was remarkable in the genre because of an obvious commitment to intelligent concise writing; it was a real breath of

fresh air after 1st semester's prerequisite, the dismal Contemporary Business Mathematics Book. The Vaidyanathans also offered Humber's multicultural student body an addition to the goal of properly representative textbooks (or has the administration forgotten Monique Taylor's wake-up call from March 1992?)

The new replacement textbook, Essentials of Business Statistics, is notably uninspired. It adds further to the gross imbalance of white-male authored

textbooks and as a last kick in the gonads costs 71 per cent more at \$73.50 before tax: a ridiculous amount despite the hardcover binding.

Given that there have been no new advances in statistical theory in the past six months. Where is the justification for this replacement and where else are we being gouged, both mentally and physically.

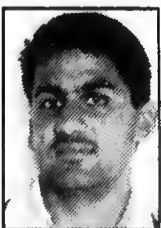
Greg Aldham
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You could decide to rant and rave to your friends (who won't listen anyway) or you could rant and rave in Coven — where people can't help but notice! It's one of the only things at Humber that won't cost you a cent! Just bring your letters to L231. Of course, we do reserve the right to edit letters but we'll preserve your opinion as much as we can.

feedback

Is there a need for a food and clothing bank at Humber College?



Jasbir Mann
 Electronics

"The council should be doing something like that to help the needy."



Mary Anile
 G.A.S.

"I think it should be kept confidential because people may be embarrassed about it."



Angie Sciabbarri
 G.A.S.

"Is there a demand for it? There will be those who will take things they don't need."



Anil Sharma
 Electronics

"Punjabi society always looks for people that need help. If you need something you shouldn't be shy about it."



Dave Robbins
 Architecture

"I'm not one to say who's needy or not but anyone could come and say they are in need."

Insight

Transit troubles in T.O.

by James Cullin

Is the better way really the best?

One of Toronto's most enduring myths is the notion that we possess North America's finest transit system. The Toronto Transit Commission and an uncritical local media never tire of telling us how efficient and cost effective our system is.

Should anyone doubt this, the TTC will willingly provide reams of data comparing itself favourably with rapid transit systems in Chicago and New York. "Our subway is clean and safe," the mantra goes. "Their systems are like a jungle."

But those shiny and safe subway cars of ours are of little help if you are trying to get from downtown to the airport. They are even less useful if you need to commute to Ajax, Richmond Hill or Brampton.

The City of Toronto is the centre of gravity for a metropolis with a population now numbering 4.5 million people, a region that has become known as the Greater Toronto Area. According to Statistics Canada, Toronto's Census Metropolitan Area stretches west to Oakville, east to Ajax and north to Newmarket.

Contrary to what Mississauga Mayor Hazel McCallion would like to believe, her city is not a self sustaining entity. StatsCan has census data running back two decades that shows more than half of the adults living in cities like Mississauga, Markham and Pickering work somewhere else. Most of these people commute into the Municipality of Metropolitan Toronto.

People prefer to sit in their cars during rush hour

If you wanted to use public transit to get from a residential area of Oakville to an office at the corner of Yonge and Eglinton Streets, you would have to travel on at least three separate transit systems: Oakville Transit, the GO train and the TTC. Each works on an independent schedule. Given the hassles inherent to such a commute, it's hardly surprising that people prefer to sit in their car during rush hour.

This will remain the case until the Greater Toronto Area has an integrated transit system. Something we can not expect any time soon.

The problem is empire building: a favourite pastime of governments at all levels. Metro Toronto and the surrounding regions of Peel, York, Durham and Halton simply cannot bring themselves to cooperate on this issue. The most common excuse offered by our elected officials is an inability to agree on cost sharing. Who will make up the difference between revenues and costs?

How will capital expenditures be funded, and so on?

These are valid concerns. They are not insurmountable however. Other major North American cities have proved it is possible, specifically Boston and Washington DC. Two major transit systems the TTC is very careful never to compare itself to.

More problems loom in the future

The TTC is probably more efficient than either of these systems, but it is not nearly as comprehensive. Both Boston and Washington DC are about the same size as Toronto - between four and five million people. And as with Greater Toronto, the metropolitan areas of Boston and Washington DC are comprised of a number of distinct cities and counties. But unlike Toronto, Boston and Washington DC's subway systems are not restricted to the boundaries of the the principle city. Instead they extend across the whole metropolitan area, providing near-equal access to the downtown core and the outer suburbs.

This is possible because a higher level of government was willing to intervene in municipal affairs to ensure that the whole metropolitan area is properly served. Local politicians have nothing to gain by improving transit service to people who can't vote for them.

This is the problem in Toronto. The Mayor of Mississauga has no incentive to voluntarily cooperate with the Chairman of Metropolitan Toronto or visa versa. There are no votes in making it easier for people in North York to take public transit to Square One.

As long as the provincial government ignores the need for an integrated transit system across Greater Toronto it won't happen. Boston has integrated transit because the state of Massachusetts saw to it. Washington, DC has integrated transit because the U.S. government worked with the states of Virginia and Maryland who in turn worked with their respective counties to develop a system that serves the whole metropolitan area, not just the District of Columbia.

The lack of an integrated transit system has already cost us dearly. The absence of a subway line connecting the airport to the downtown core was sighted as a major problem by the International Olympic Committee when it chose Atlanta over Toronto for the 1996 games. Even more problems loom in the future.

For the past several years virtually all growth in Greater Toronto has occurred in the surrounding regions. This trend will continue for the foreseeable future. The pattern of development in these communities will evolve along the

major transportation routes available to commuters.

If the only way to get to work is by car than Greater Toronto will grow the way the cities like Los Angeles and Phoenix have. Low density developments that stretch on and on gobbling up scarce farm land and marshes. Residents of cities like Guelph and Kitchener already fear the so-called Mississaugaization of their communities as Toronto continues to grow. Flat, boring, lifeless office parks that just go on forever.

All is not lost however. Concerted action by Queen's Park to integrate our transit system before the economy picks up would shift the pattern of development in the regions back towards the type found along the subway lines in Toronto. High density developments that make effective use of the space available.

It's time for all parties involved to recognise that a rapid transit system must serve all of the people in an urban area, not just the people who happen to live within a set of artificial boundaries that are a product of historical forces, not current reality.

Stop The Press

Snarly service at Swirls

by Monique Taylor and Wendy Cuthbert

Is it just my imagination or are people in the service industry getting more and more rude?

Maybe I should explain what brought this on.

I went to Swirls today — the trendy joint near the concourse area — and, as a paying customer (Swirls isn't exactly for the frugal, either), I was met with what could only be described as complete rudeness. The woman serving me got inexplicably angry when I placed my order. Now, I have to admit that I did change my mind about what I wanted but it was before she started preparing the food so, in truth, it wasn't a hassle for her. It was what I would call "customer service" — it's what she's supposed to do, right?! Remember, I was shelling out a good five bucks or so for this stuff.

There was more but let's just say that she basically did everything short of handing me an apron and telling me to get the food myself.

And it couldn't have been my typical slovenly appearance that caused her to treat me with such disdain. Throughout my meal, I was constantly disrupted by her rude, unhelpful and sarcastic comments with other customers.

So, I ended up with a barely satisfactory meal (but it looked good —

does anything else matter at this place?!) at a preposterous price. The taste of the "cuisine" was irrelevant since I had lost my appetite because this member of the "hospitality" industry had treated me so poorly. Note — hospitality as defined in the Oxford dictionary: friendly and generous reception and entertainment of guests or strangers.

I'd be interested to see the dictionary where Swirls defines its version of hospitality.

It's ironic because I would think that, in a recession, businesses would be bending over backwards for my money.

And it appears that Swirls does want customers — I mean, have you seen their New Look? Trendy Queen Street cafe clone, fake marble and all — with matching prices! But, let's face it, no one wants a capucino so badly that they're willing to be treated like day-old croissants — only good enough to be tossed in the trash.

I'd rather visit Grace down at JavaJazz any day, and have a regular coffee and a muffin. At least there I'm met with a smile and kind words.

Although Swirls has a monopoly on Humber's cafe-style fare, students are too smart to continue putting their money towards a place that offers little more than superficial decor.

COVEN QUESTIONNAIRE

YOU have the chance to win two movie passes -- just fill this out, and drop it off in the Coven newsroom at L231.

Name: _____

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- If you are a returning student, how often did you read Coven last year?
 Weekly? _____ Bi-Monthly? _____
 Monthly _____ Seldom, if ever? _____
- Which section do you enjoy the most? The least?
 (Rate each one from 1-6 in order of preference with 1 being your favourite)
 News _____ Editorial Page _____
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Why? _____

- What would you like to see more of in Coven?
 News outside Humber _____
 Letters To The Editor _____
 Movie and band reviews _____
 Book reviews _____
 Profiles of Humber people _____
 Profiles of community members _____
 Sports commentary _____
 Opinion pieces about Humber _____
 General opinion pieces (about anything) _____
 Other ideas _____

Thank you.
 The winner will be announced in the
 September 24 edition of Coven.

News

Support staff stages info picket

by P. Matthews
and R. Hookey

Humber college support staff spent their lunch hour on Monday handing out information flyers to publicize their ongoing contract dispute with management.

The Humber branch of support staff union, Local 563, was

one of 23 Ontario college unions involved in similar protests.

The purpose of the "information picket" is to make the students aware of the problems said Don Stevens, union support staff president for Humber College. Stevens stressed the intent was not to disrupt the college's activities because the union realizes they need the stu-

dents' support.

Talks between the union and management broke off on August 28th and they are scheduled to begin again on Wednesday, Sept. 16th. A letter from the union to its members said that bargaining fell apart when management refused to discuss the support staff's demands any further.

"The support staff want a reasonable wage increase and benefits comparable to the faculty and administration employees," Stevens said.

"Up to now they have been offered a one per cent increase in the first year of the contract, two per cent in the second year and a willingness from management to discuss a Cost of Living Allowance like the one in the teachers' tentative settlement.

"They're not being very equitable. They've increased benefits to the administrative people, but they don't want to give us the same sort of treatment," Stevens said.

PARKING LOTTERY WHITE LOT NORTH CAMPUS

Abou-Chalha, Jihad Samir
Addesi, Joanne
Arena, Daniele Dominic
Baker, Lisa Jane
Balazar, John Da Silva
Bartucci, Lori
Bennett, Korreen Lyne
Boden, Marcy Ann
Brejniak, Renata
Brown, April Arlene
Brown, Jennifer Natalie
Bruno, Frank
Brunt, Tim Richard
Bucaro, Giovanni
Cannisuli, Sam
Christie, David Charles
Ciardullo, Danny
Codling, Tracy Anne
Cogan, Ronen Nathen
Collins, Tammy Lynn
Cuddy, Jaymee Lee
D'Amico, Caterina Giusepp
De Iulius, Frank
Dhillon, Kamaljit Singh
Dibattista, Anita Celesti
Divincenzo, Sue
Divito, Patricia
Donegan, Mark James
Ellison, Kimberley Nadine
Elzinga, Teunia Akke
Furtado, Kimberley Ann
Garisto, Pat Roberto
Gooding, Angela Freda
Grace, Leslie Jill
Gravelle, Kristine Lisa
Green, Patricia Anne
Grosso, Frank
Grzesiak, Dominik
Hamidou, Djabir Ahamad
Hegy, Raymond A.
Henderson, Angela Davina
Hughes, Mike Scott
Iannetta, Gianfranco
Im, Hansun
Janik, Monica Angela
Jensen, Richard Lonstrup
Jones, Gregory Berkley
Kanczuga, Andrzej
Kawai, Karen
Kulmie, Osman J.

Kutz-Peironecely, Coro
Lafortune, Deborah
Lam, Yiu Keung
Lawson, Lorraine
Lee Ghin, Michael Peter
Lin, Helen
Loffredi, John
Lupinetti, Fabio
Macri, Emma
Malevich, Martina Marija
Marmorato, Rosario
Matteo, Bruno
Mazzitelli, Maddalena
Merianos, Tino
Mitchell, Julianna Elizabeth
Neufeld, Linda Gail
Pellegrino, Antonina
Perez, Ronnie Michael
Pettrachenko, Tara Mae
Phoenix, Jennifer Jean
Phu, Sau Van
Pulsinelli, Dino
Rahimizadeh, Gholamreza
Ranger, Sheri Ann
Reichen, Tanya Ursula
Salazar, Jeremy Curt
Sandhu, Davinder
Sandhu, Jessica
Santos, Nelia C.
Saunders, Richard Walwort
Savaglio, Mary
Schweizer, Peter B.R.
Scully, Claudia Adina
Serre, Margaret Frances
Shaw-Baczynski, Karen J.
Shiga, Ronald
Singh, Jasvinder Kaur
Sonny, Deonarine Bobby
Sowerbuts, Kevin Joseph
Spratt, Darren James
Sprostranov, Vasil Boyan
Srom, Milan
Stea, Monica
Stead, Norma Ann
Taylor, Bryan Joseph
Taylor, Julie
Torbidone, Paolo
Varano, Vincenzo
Young, Barbara Elizabeth
Yu, Ting Fung Michael

**LAST DAY TO EXCHANGE WOODBINE
PERMITS SEPTEMBER 25, 1992**

New chair for Sac

by Patrick McCaully

The Students' Association Council (SAC) has voted to appoint a chairperson this year instead of following tradition and having the SAC president chair all board meetings.

At an interview in his North Campus office, SAC president David Thompson said he believes it is a "conflict of interest" for the SAC president to act as a chairperson. "I don't feel comfortable acting as a chairperson as well as being president," said Thompson, "I have a lot of things to say, a lot of opinions ... it's not the place of a chairperson to do that."

According to the Council of Student Affairs (CSA) Corporation by-laws, which outlines the duties and responsibilities of SAC, it is the president's role to "preside" at all meetings of the board and its members.

Traditionally, it is the chairperson's duty to impartially moderate board meetings. In the event of a deadlock vote, the chairperson casts the tie breaking

vote unless they are not an elected SAC official. In such a case, the deciding vote would be given to the president of SAC by default.

During a telephone interview, Rick Bendera, Humber's Director of Student Life and regular SAC advisor, said that as long as standard rules and regulations are followed, electing a chairperson is fine. "The appointed person must have the skills to run a meeting," said Bendera. "If the person is non-biased, I think it's terrific."

Caps' assistant manager and acting SAC activities co-ordinator Steve Portten was appointed interim chairperson at a SAC meeting during the summer. He will act as chair until the first SAC meeting of the school year when a new chairperson will be elected by majority vote.

According to Thompson, only two students have applied for the position so far. The new chairperson will receive an honorarium of approximately \$20 per meeting which comes out of the SAC budget.

Walk-A-Thon apathy at Humber

by Sean Garrett

Toronto's 10th annual United Way Walk-A-Thon last Sunday was a success despite a show of apathy by most Humber students and faculty, said college counselling coordinator Nicki Sarracini.

"Maybe if we'd struck a subcommittee that dealt with the event, we'd have done a better job of recruiting," Sarracini said, "There was word of mouth (about it), but maybe we didn't get to the right people."

Humber's eight participants raised about \$250 and carried a banner commemorating Humber's Silver Jubilee celebrations. They joined a march of 13,000 that stretched down Spadina Avenue and across Queen Street. Close to \$360,000 was donated in total, said Shannon Robertson, United Way supervisor.

Speakers for the benefit included Canadian Olympians Mark McKoy, who took the gold in men's hurdles in Spain, and Silken Laumann, who won the bronze in women's single sculling. McKoy lives in Toronto and Laumann in Mississauga.

"I know I've made a difference, and I know that you've made a difference by coming out," Laumann told a loud crowd in Nathan Phillips Square.

Teresa Pagnutti, charity supervisor, said that Laumann could not participate in the walk due to an accident that occurred during pre-Olympic training. Despite her knee injury Laumann did join in the march.



PHOTO BY SEAN GARRETT

Olympian helps out—Mark McCoy, gold winner in Barcelona, walks with the crowd in the United Way Walk-A-Thon.



PHOTO BY SEAN GARRETT

Humber walks—Eight Humber students carry the Silver Jubilee banner as they raise money for the United Way.

Special Section Special Section Special Section Special Section Special Section Special

Stressed Out? Welcome to Humber!

by Christine Trautman

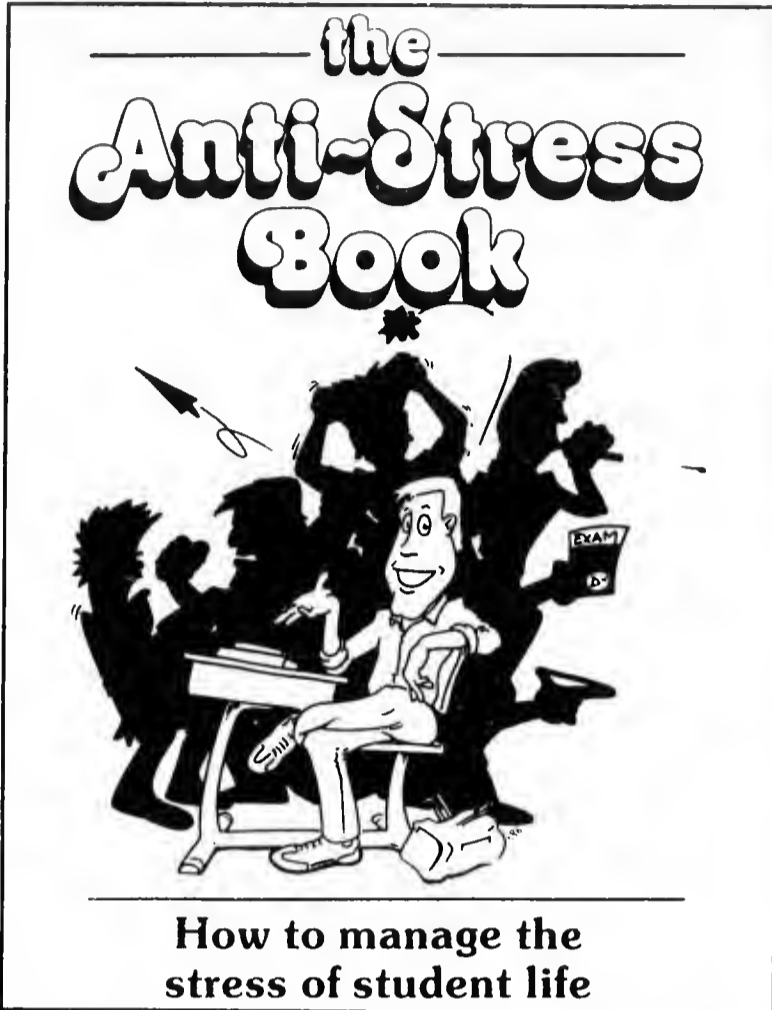
Stress; it has been called the disease of the 90s because of the growing numbers of people who fall victim to it each year.

For new students, the unfamiliarity of Humber College is overwhelming. Not getting a parking permit, finding that first class and dealing with the thousands of new people, soon lead up to a mounting pressure known as stress.

Although stress is a normal body response used to build up energy when dealing with a crisis, most people view it as a negative experience. Martin Pieke, coordinator of the Counselling Department, suggests that students, "stop thinking in a panic state, which will only make the situation worse, and learn how to deal with it."

Pieke added that dealing with stress is a problem solving process. "Students have to find the main problem of their stress and tap into their own strengths. Figure out what you can change about the situation that will make you feel more comfortable, then find time to make yourself relax. Reading, listening to music, going for a walk and even working out at the gym tend to be the best methods of relaxation."

The long-term effects of stress



How to manage the stress of student life

can be quite serious according to Pieke. Among them he lists cancer, heart failure, and strokes. To help stressed out students the Counselling Department makes

available a booklet called, "How to manage the stress of student life." As well, Counselling has held "stress workshops" at the request of course coordinators.

Services : Did you know. . . ?

by Sean Garrett

You've heard all the advice from the powers-that-be at Humber, but new students are probably ready for a little unofficial advice.

It does not take long to discover that you have about as much chance of getting on-campus parking as being struck by lightning twice. A recent lottery decided who will have permits for the parking lots on North Campus.

Be warned; Humber is too busy to contact you if you do in fact win. Lottery results will be posted on a wall near Munchies, adjacent to the Campus Bookstore and printed in Coven!! — see page 6.

Parking permits are still available for the Woodbine Racetrack, south of North Campus at the intersection of Highway 27 and Rexdale Boulevard. However, that means you will have to take a shuttlebus to get to school, adding at least 15 minutes to your trip. Buses depart from the racetrack every 10 minutes. This year, there has been an additional wait in line for a bus because of increased enrolment.

Stubborn students, (that's most of us) decide to beat the system and try to get into the one daily pay parking lot or park on a side street nearby, hoping to gain those extra moments of sleep. Two months into school you will discover you have actually gained

parking tickets, maybe even a towing or two, and spent time pounding your dashboard as you wait for a pay parking spot to open up.

The moral of this story is; get a Woodbine pass, resign yourself to being late, or get up earlier. Those ten minutes on the bus will give you a few minutes to either cram or snooze, and you will have saved money in the long run.

Determined parking renegades can try to find a local homeowner willing to rent parking space.

Lockers are another traditional Humber hassle, as they are often assigned what seems like miles away from your particular wing. Sometimes, a student takes an unclaimed locker in his or her wing. Humber does not condone this: it is a minor infraction that may result in a \$15 fine and the locker's contents may be seized by the heinous locker police.

Trying to remedy this situation can be a bureaucratic nightmare, but it's good experience: you'll be dealing with bureaucrats for the rest of your productive life.

Many students last year found the best solution was to wait a few weeks until things quiet down at the service centre (next to Munchies). Then take the number of an available desired locker — there are inevitably some bigger, better, and closer — for an official swap.

There are many technical resources available on campus for students, and some of the

machines even work! Typewriters can be rented at the A+ Room near the Student Centre for five cents a minute.

Facsimiles can be sent at the Bookstore for \$1.25 per page for the first five pages, and 50 cents a page for receiving. Try SAC first, they have the cheapest FAX service at \$1.25 for the sending the first page and 50 cents per page thereafter. You might as well get something out of that SAC activity fee.

Photocopies cost five cents at the A+ Room (beside SAC) and 10 cents in the library and by the Continuing Education Service Centre.

All photo copy machines on campus are in heavy demand, and break down on a regular basis. So if you think you will be able to just whip down to A+ to copy some notes before midterms, keep dreaming, the line will be at least 30 minutes.

For those of you who have some money left after buying textbooks, the Bank of Montreal has two instant tellers on campus grounds: one located just outside the Registrar and the other inside the Residence lobby. Finally, if the stress of life at Humber is making you sick, the Students Association Council has a health plan for all fee-paying students that will partially reimburse you for certain prescription drugs. Visit Health Services for details.

Roommate from hell

by Andrew Fratepietro

Friday, 2:13 a.m. You fall into bed exhausted. You've just spent the last six hours cramming for an exam. All you want to do now is drift into a state of catatonic unconsciousness.

Within five minutes you're dreaming of the gorgeous girl in your Human Studies class. She looks directly at you, smiles, and winks provocatively. Just as you walk over to her, ready to deliver your best line, Ozzy Osborne crashes into the room. He begins to shake you like a rag doll, all the while screaming your name at the top of his lungs, his breath reeking of Jack Daniels and stale burritos.

Suddenly you wake up and realize fantasy and reality have merged to form a living nightmare. Ozzy isn't shaking you, it's your drunken roommate freshly returned from the Pub with six of his friends, all in various states of intoxication. They're blaring "Little Dolls" on the stereo, and like the song says, "You never thought such a fate could happen to you."

If this scene sounds familiar, you're probably the victim of a bad roommate relationship. Rest assured, you're by no means alone. Toronto is one of the most expensive cities in the world. Many students attending Humber College from out of town are forced to share a dwelling with others, often strangers or mere acquaintances, in order to help shoulder the financial burden of rent. Even if you move in with a friend, there are always going to be differences in your lifestyles. It is these differences, however big or small, that can lead to monumental problems. But before you blame your anal retentive roommate(s), take a good look at yourself. You may be just as guilty as they are.

Martin Pieke, a Student Counsellor at Humber College, said many problems can be avoided through simple common sense. "When you are choosing a place to live, go in with your eyes open." Pieke claims that too many students don't realize the consequences of choosing a roommate. When you live with someone, it's like entering into a contract with them. It's like any relationship. It's give and take."

Dan McGovern, a second-year music student at Humber, lives in a house just off campus with five other students. A self-proclaimed veteran "roomie," Dan said a person has to be easygoing if they want to maintain their sanity. "Everybody has got their little bad habits. You've got to put up with it. If not it'll drive you crazy."

One of McGovern's roommates, Dave Jann, says the key to happiness is to be self-sufficient and responsible. He claims, "If you leave something out and it gets broken, you can yell and scream at everybody else, but it's partially your fault." Jann suggests putting a lock on your bedroom door and keeping everything you don't want touched inside. "This way if something is missing or broken you know it's nobodys fault but your own."

He also suggests that house rules should be made by everyone who lives there. "Don't put down demands unless it's as a group. If you try to delegate authority people get upset. And treat others the way you would like to be treated."

Unfortunately all problems can't be solved from within. Sometimes the only solution is to move out. Off Campus Housing Assistant Judy Matadial has a warning for students who find themselves rushing to find a place to live. "There's the usual slineballs out there. You've got to be careful," said Matadial. She provided the example of female students who recently returned to her office after a short two week stay in their new home. "It turns out their landlord put the moves on one of them, so they called the cops and he (the landlord) evicted them."

Take heart renters, there is an upside to living with others. You might just make some lasting friendships, as in the case of Steve Howard, a first-year Industrial Design Student. "I lucked out last year," said Steve. "I got a really good roommate. We had our differences, but we worked them out and we turned out best of friends."



FILE PHOTO

Early warning signs of stress

- >stomach cramps
- >headaches
- >fatigue
- >loss of appetite
- >dizziness
- >insomnia

HUMBER
COLLEGE

BOOKSTORE



Cool goods!

Textbooks, stationery, art supplies, software, clothing, film, greeting cards, Humber souvenirs, leisure reading, munchies, giftware

More coolness!

Drop into the new
Campus Computer Centre

Cool happenings!

Cash is cool - Used book buy back!
North Campus,
September 8, 9, 10 & 11

Slip one on - Ring days!
North Campus, September 22 & 23
Lakeshore Campus, September 17

Nylon-Try it on - Nylon jacket days!
North Campus, September 22 & 23
Lakeshore Campus, September 24

**A little song, a little dance, a lot of leather -
Leather jacket days!**
North Campus, October 5 & 6
Lakeshore Campus, October 7

(Mama never said there'd be days like this!)



Cash is cool too!

Special Section Special Section Sp

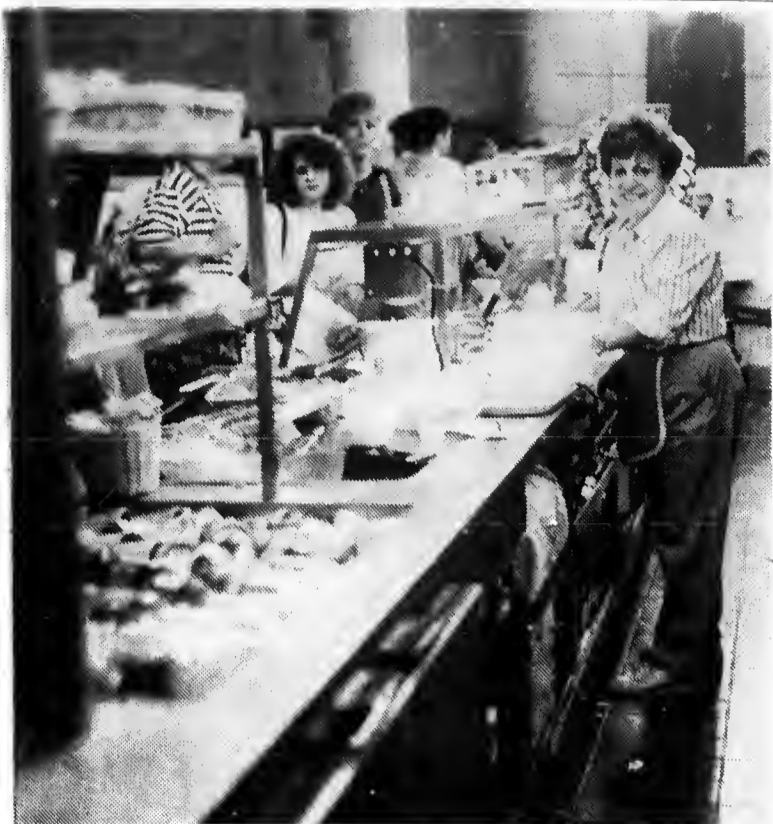


PHOTO BY RICK CARDELLA

Service with a smile— at peak times the line-ups can be horrendous at "The Pipe."

Food for thought

by Gaye Duncan

Eating out is different from dining out. Fortunately for the typically cash strapped Humber student, there are far more opportunities around the college for "eating out".

Where you decide to eat out depends on the thickness of your wallet and your location when hunger strikes. On campus, the major eateries are "The Pipe" and "Kites." There is little difference in the offerings at these two spots and at peak times the line-ups can be equally horrendous. When really strapped for time, both facilities have technologically marvellous machines for dispensing chocolate, chips and change. Humber technology is never wholly reliable and the risk of loss — a dime here and a dime there — is ever present. Despite errors being rarely in your favour, the machines can be an oasis should you find yourself walking through deserted corridors when all else is closed.

The state of your finances always overrides the state of your hunger, and your daily diet may well consist of fries and gravy at "Kites," or coffee and a muffin at "Java Jazz." A week of fries and gravy has been known to produce hallucinations of holidaying in Idaho or P.E.I, but if you are not the imaginative type you will probably survive. Should your capital allow you the opportunity for more gourmet dishes, the burgers and fish and chips are as good here as most places.

The potential for two special treats deserve mention. The coffee shop "Swirls," tucked away near the main concourse, is the only spot on campus to serve cappuccino. If you have 10 minutes to spare and a craving to satisfy, it is worth jogging to Swirls. After all, being late for class has never stopped a student in search of coffee.

The adventurous student will soon gravitate to the "Teachers Lounge," quietly located on the second floor next to the L wing. It is rumored that real cups and plates are used, and luxury items like the carpet on the floor tell without words that this is not a haven for students. Before 2:30 p.m. it is off-limits to students. Some have tried to be served and suffered the humiliation of being refused; however the occasional mature student has managed to sneak away with some ill-gotten beverages.

For the isolated occasion when you are able to afford a more civilized eating experience, there exists on campus the unique "Humber Room." One glance will tell you that this is not everyday fare for students. Rich carpeting, white tablecloths and waiters dressed for a top downtown hotel make it plain that you are not in "Caps." One meal costs the equivalent of several burgers, but if you are looking for haute cuisine, this is the only place to go.

Off campus, several choices are available. "Burger Boy," located in the strip mall adjacent to Highway 27, on the way to college, is the nearest easy eatery. The food is good and reasonably priced. You can linger over your food, and enjoy the luxury of smoking in comfort and warmth without feeling that you are a menace to society.

Also, experience the "Shanghai," just off campus. For just \$5.99 you can enjoy an "All You Can Eat Lunch Buffet" right up until 2:30 p.m., and their Chinese dishes are above average. More than that, several happy hours of research has revealed that at \$2 for domestic, the "Shanghai" has the cheapest beer around. It's not for everyday, but as a special treat when your Visa has a little bit available, this is the ticket.

Bon Appetit!

Life



PHOTO BY LISA LANGILLE

Not your average swim — Carlos Costa, disabled athlete, prepares for his third attempt to swim Lake Ontario to raise money for Variety Village.

Cold water ends swim

by Lisa Langille

Numbing cold water temperatures forced Carlos Costa to end his third and final attempt at swimming Lake Ontario this summer, but he is still determined to conquer the lake, when the waters warm next summer.

Costa, a Humber Business-Administration student, ended his most recent attempt in the late afternoon on Saturday 12th; nine hours after he had entered the water.

Costa began his swim at Niagara-on-the-Lake at 7:05 a.m. and was in high-spirits saying he felt "all right" and that the water conditions were "perfect."

At his side was his manager

Vicki Keith, who fed him through a tube connected to a water bottle.

"It's a mixture of hot chocolate and a high caloric beverage that's easy to digest," said Keith.

Keith helped Costa prepare for his swim by clearing the shore of debris and joking with him.

"She's more than just a coach. She's more than just a manager. She's a superwoman of the whole thing," said Costa.

After speaking to reporters Costa, a double leg amputee, was carried to the water's edge and entered the lake to begin his swim.

Approximately 25 people turned out to watch the swim. Some even brought visiting families.

"My brother and his wife are here from Cape Cod and I brought them down to see (Costa and his crew) off," said LeRoy Skrydstrup of Niagara-on-the-Lake.

The 19-year-old ended his swim when water temperatures dropped to a chilly 10 degrees Celsius.

"While I was swimming I noticed the water temperature was dropping significantly. I'd swim, then little by little I kept entering cold areas," said Costa.

When warm water ceased to exist, Costa asked for a water temperature reading and made the decision to abandon the swim.

The Humber student, who was trying to raise money for Variety Village, said he will probably attempt to cross the lake again

Bargain Hunting for Birth Control

by Susan Magill

Birth control is a topic of concern that involves men, women and money. For students paying high prices for birth control there are alternatives.

"Sex is important to students. A lot of our time is spent dealing with sexual concerns and relationships," said Mary Carr, Registered Nurse at Humber's Health Services Centre.

Carr said pricing of the pill is an issue. "It is difficult for some students to afford."

A woman must have an annual check-up and answer a questionnaire about her medical conditions before the doctor will write

a prescription for the pill.

A prescription can cost up to \$22 for one month at some pharmacies.

Pharmacy price includes dispensing fee, perhaps as high as \$12, and built-in profit on the drug price.

There are other choices for students watching their budget and interested in cutting down on these costs.

A health plan may help pay for birth control prescriptions but check first to make sure that you are covered. The Accident and Sickness Plan available by the Students' Association Council, has a prescription reimbursement but it does not cover the cost of birth control.

Marion Maye, coordinator of the Community Health Centre in

downtown Toronto, said a clinic may receive birth control from the pharmaceutical companies at a discount.

The 'Clinic Price' is available providing that the clinic is able to prove it has a need for this specific service and that the product will be sold only to the patients of that clinic.

Although Humber does not offer the discount, students interested in saving money on birth control prescriptions should visit the Health Services Centre located at K137. The health centre provides a list of clinics that all sell their birth control pills for approximately \$5.

The centre also offers confidential counselling in birth control, pregnancy tests, sexually transmitted diseases and AIDS.

SAC VP makes changes for the best

by Alan Swinton

Action to get birth control pills in Humber, creation of new club policies and production of a new student handbook are SAC vice-president Dennis Hancock's main focus.

The 21-year-old Barrie native and second-year Humber Public Relations student spent the summer at Humber, putting the Students' Association Council (SAC) handbook format onto computer and seeking advertising for it.

"I went out personally ... to businesses, explaining what the handbook is," he said. "In fact, this year's handbook is actually going to make money, believe it or not, in a recession. I worked hard on it, so I was pretty pleased."

The colorful, surreal cover of the handbook was also commissioned by Hancock who said it is a theme that has been used on the Humber binders and t-shirts.

David Thompson, SAC president, said computerizing the handbook will save time, money and people-power in putting it together in years to come.

Hancock is hoping to fulfill his campaign promise of bringing birth control pills to the North campus by late October.

He has acted more as an overseer to the project, but received wide support from faculty and administration. He hopes to install a system whereby pills would be supplied directly from the pharmaceutical company, and would be made available to those women who medically qualify, at an undetermined price. Hancock predicts they will cost between \$5 and \$7.

SAC will receive no profits

from the sales. Hancock calls it a fair system where those who do not use them do not pay for them. Those who do use the pill will receive it at a discount and will be able to access them easily on campus.

He said he has been pressured by drug stores who claim SAC will be cutting out the middle man.

Hancock is also working on making changes to the system of making new clubs official at Humber. "I totally redesigned it," Hancock said, "I just didn't feel it was comprehensive enough with the money they (clubs) could be making."

The new club package will allow all probationary clubs \$150, with money incentives such as \$1 for every member over 25 members. In addition to that, Hancock has set up a promotional fund for all clubs that he would personally oversee.

He said he has authority over the distribution of the promotional fund, but the guidelines in the club package are not absolute.

"It's a fund that I could distribute among the clubs as I see fit," said Hancock. He said it would prevent any unruly clubs from requesting and receiving money from more than one source. He said that with the promotional fund available, clubs would not have to dip into their \$150 probationary fund in order to promote themselves.

Hancock said he is not attempting to govern over the clubs. He insists that club evaluations will be done in order to determine their status and validity. The reviews will be done by the Centre of Communications Committee, of which he is chairperson.

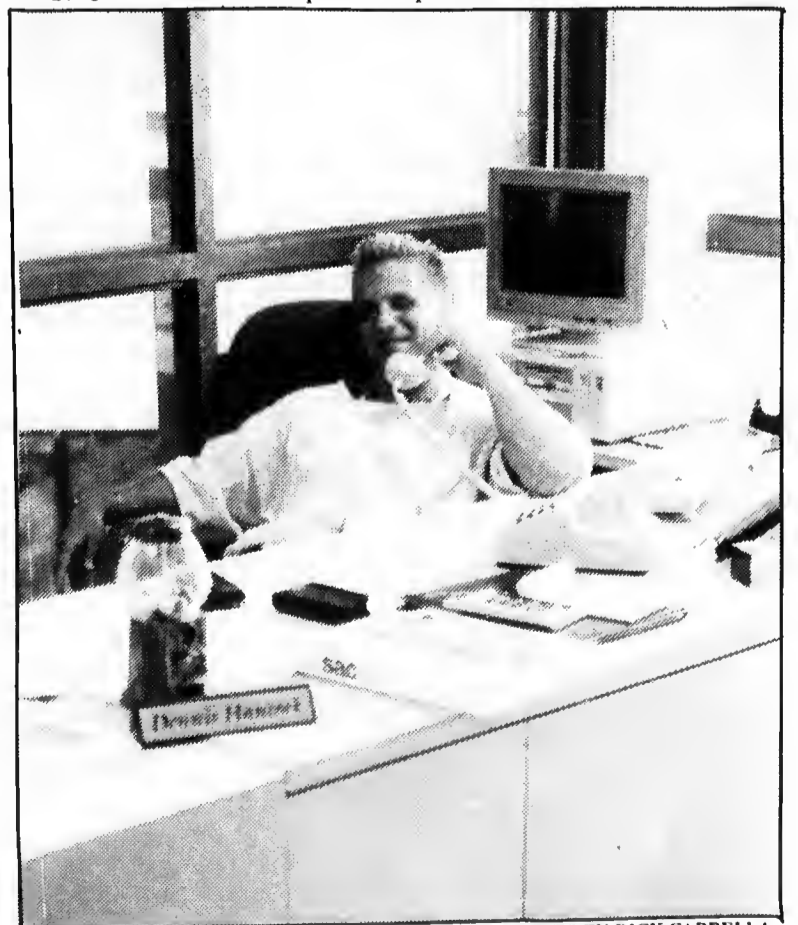


PHOTO BY RICK CARDELLA

I promise! — Sac vice-president Dennis Hancock is already busy making true his election promises.

Fitness program more than prizes

by Vicki Lee Cambers

Humber's Fit 4 Life program is a success, according to Doug Fox, athletic director for Humber College.

When Fox developed the program in 1988, his aim was to encourage students to "take charge" of their health by becoming more active.

"The response to the program has been way beyond my expectations," he said.

Fit 4 Life can help participants make healthier choices. There are three levels in the program. Fox says that by exercising consistently three times a week and by attending a minimum of two seminars a participant can gain enough points to reach the top level. "I practice what I preach," said Fox, who admits even he gives into the temptation of McDonald's fries once in a while.

Seminars are conducted by professional organizations such as Weight Watchers and the Red Cross, said Ramsay, a recreation leadership placement student. They are held on the last Wednesday of every month and cover a variety of interesting and valuable topics, such as stress reduction, weight training, nutrition, and even rollerblading.

The seminars are educational, but can also be fun. "Fitness for fun" is one of the aspects at the centre of Fit 4 Life, said Fox. "The ultimate goal is to incorporate and build it (exercise) into your lifestyle," he said. Peter Smith, a Fit 4 Life participant who took part in a roller blading seminar said, "I just do it for the fun of it — the exercise and relaxation."

The program offers partici-

pants incentive prizes by way of a point system. The value of the points depends on the activity. Thirty minutes of aerobics is worth 12 points; reading a book pertaining to health, 20 points; attending an educational seminar 15 points for a half hour and 25 points for a full hour.

Prizes include water bottles, t-shirts, and fleece-lined sweat-shirts. The points are tallied monthly and the respective prizes awarded.

"We went through a lot of prizes last year, and had to re-order," said Tracy Meloche, an assistant therapist in the athletic department.

"People are more aware of being fit and healthy, now," said Meloche. As a participant in the Fit 4 Life program and says, "I just do it for the exercise and as an added incentive to keep me going."

Fit 4 Life works by way of an honor system — participants record and keep track of their own points. No one except the participant knows for certain that he or she actually read a book. It's completely up to the individual to be honest.

More than 500 students participated in the program last year forcing an increase in the operating costs of the program.

The budget for 1992 was \$5,000 up from \$2,000 in 1988, according to Fox. The funds to support the program come from student activity fees, "so we're giving it right back to them," he said.

To make a healthy choice and to register for the programs, go to A 116, or call Cindy Hughes, head therapist, at extension 4025, for more information.



PHOTO BY RICK CARDELLA

Don't forget to breathe! — Many Humber staff and students have made a healthy choice and incorporated exercise along with a proper diet into their daily routine.

Clubs unify for power

by Margaret Bryant

This year the Students' Association Council (SAC) has new ideas and policies for those students who are interested in starting a new club or reactivating a returning club.

SAC Vice President Dennis Hancock described the redesigned policy package as more extensive to provide Humber students with a more unified club environment.

He will initiate a new monthly inter-club meeting which will involve interaction between SAC executive and club representatives, which will give the various groups a chance to exchange

ideas and benefit from already established clubs.

"Clubs getting involved can become quite a powerful group," said Hancock:

This past summer, Hancock took a one-day trip to Humber's sister school Monroe Community College in Rochester, New York. During his visit, he learned how a club could function more effectively.

Two of the new procedures for starting a club or association are an additional funding evaluation by SAC and a change in membership criteria.

A base grant of \$150 is given to a new club, and any additional funds are determined by SAC executive.

"The additional funding is set up for promoting club activities and events," said Hancock. "They can use it for pamphlets and posters."

A Club needs 15 interested students and provide a proposed constitution of its purpose and operation before SAC will sponsor it.

Doug Asp, a supporter of a new group called the Atmospheric Astronomy Club which has not yet started, says that 15 signatures should not be a problem.

"It is hard to say whether people will be interested or not," said Asp. "I imagine that it will be popular, even if it is a small group."

You can always learn from your sister

by Carolyn Gallant

Humber College has a "Sister", a sister college that is!

Monroe Community College (MCC) located in Rochester, New York is Humber College's sibling.

"We are the best sharing with the best," said Dr. Roy Giroux, Humber's vice president of Education and Faculty Services.

Monroe was chosen as our sister college because of its close proximity to Humber. Located on a 314-acre site in the town of Brighton, Monroe College is about three and a half miles from downtown Rochester. The college is within reasonable driving distance from Humber, making exchange visits easier, Giroux explained.

According to Giroux, Humber College was asked in 1985 to join the League for Innovation, an association for Community Colleges, because of its excellent programs and facilities. Humber is the only Canadian college which belongs to the League.

Monroe's size and number of students equals Humber. It has

more than 13,000 full-time students and an additional 20,000 students studying through corporate training and community education courses.

The college offers more than 60 different credit programs.

There have been three exchanges between Monroe College and Humber. "The exchanges are very beneficial," Giroux said. "Computer applications, the exchange of ideas between students and support staff bring about a full exchange for an added advantage," said Giroux.

On these exchanges, students are able to visit the other colleges, enjoy their facilities, attend seminars and workshops and compete in sports.

"The exchange visits to other colleges in the United States, enable the Humber students to assimilate and exchange ideas on every academic level", said Giroux adding, "The visits ensure growth, development of new skills, and a fraternity of colleges working towards beneficial results for all its members."

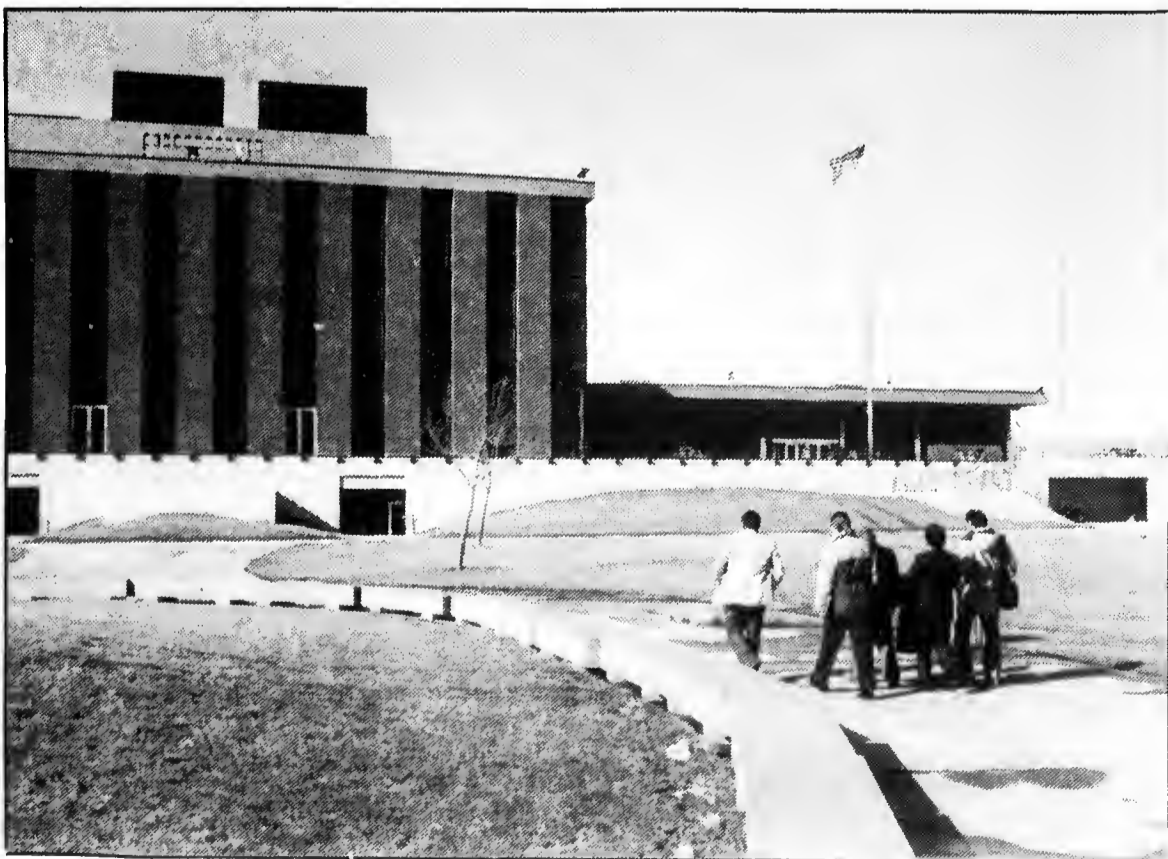


PHOTO BY GARY GELLERT

Fraternity Sisters — The walk to this school is longer than you would think, but it is still within reasonable driving distance. Humber's sister school, Monroe Community College is in Rochester, New York.

Arts

Garth leads country music charge

Sold-out concerts mark its renewed popularity.

by Glen Doyle

Country music is alive and well, and swelling in the heart of singer Garth Brooks.

The Oklahoma native ignited his sold-out crowd at the CNE Grandstand on Sept. 3 with an outstanding version of his hit "Rodeo", and kept the fans fired up for his entire performance.

Sold-out country concerts are becoming more common with each passing year. Performers such as Garth Brooks, Dwight Yoakam, and Randy Travis have all played to full houses at numerous Toronto locations for the past few years.

Looking at the crowd attending the Brooks concert on Sept. 3, it was not surprising to see an abundance of cowboy hats, jean jackets, and leather boots. However, there were a variety of characteristics that even five years ago would not be seen.

Mixed in and among the cowboy hats and denim were shirts sporting groups like Guns 'N' Roses, Cinderella, and Metallica. The stereotypical "older crowd" has combined with new younger fans allowing the two generations to meet at a level with which both can identify.

The old habit of sitting quietly and listening to the country performer is all but gone. Smiling faces and polite applause has given way to feet stompin', fist waving, and wild screams of enjoyment.

From the beginning of the Brooks concert there was an announcement for the already screaming fans to stay off the chairs.

This new energized revival to this mysterious sub-culture may

be attributed to a number of factors like: age of the singer, the singers' background, and their musical influences.

Brooks attributes his stage antics and energy to one of his favorite stage bands Kiss. He also attributes bands such as Boston, Journey, and Queen as musical influences. One of Brooks' more popular hits is his version of Billy Joel's Shameless.

John Kadai, a graduate architecture student who attended Brooks' concert as a favor to a friend, admitted the country star didn't immediately impress him. "I didn't like Garth when I heard him on tape. In fact, I don't really like country music," said Kadai, "but after seeing him in concert with his energy, craziness, and incredible light show... I'm a fan."

This new influx of energetic country stars has many people speculating that country music has become mainstream, or even watered-down, to try to re-stimulate their market while others just feel it's a stage of growth.

Richard Moore, a second-year bass player in Humber's Music Program, who has had exposure to country music, doesn't think its major stars have become mainstream at all. "I just think that they're writing the country of today," said Moore.

He said the rise of mega-stars like Brooks, Yoakam, and Travis could be explained by their presentation quality. "They're not just a sit down, play your country song, open up your bleeding heart singer. They put on a show, it's all in the delivery."

Although the new stars on the country scene may be a little crazier when dealing with their fans, the singers seem to keep their

"down home" hospitality.

Near the beginning of his concert, Brooks took off his hat to apologize to the crowd for accidentally calling Toronto a state. But for that particular evening the roaring 25,000 fans didn't care. They were in a state — a state of elation.

Brooks' treatment of his fans may be one of the main reasons for his mega-stardom. Throughout the entire concert, Brooks personally accepted gifts from the fans ranging from balloons and flowers, to stuffed animals and baby clothes (for his two-month-old daughter).

Like Yoakam, Brooks has a distinct character (both physically and vocally) while performing on stage. The energy and excitement that Brooks and his band put into their stage show is enough to turn a concert into an experience.

During his Toronto concert, the 30-year-old Brooks strummed, danced, and climbed (via the Grandstand's infrastructure) his way through an array of hits from all three of his albums.

The Grandstand looked like a cathedral as cigarette lighters lit up the night during Garth's performance of his hit ballads, If Tomorrow Never Comes, What She's Doin' Now, and The Dance.

On the flipside, Brooks' renditions of his boot-stompin' Papa Loved Mama, We Bury The Hatchet, and Two Of A Kind brought the crowd to their feet, as did his version of Bob Seger's Night Moves.

However, no applause meter could ever gauge the crowd's thunderous roar as they jumped to their feet waving their fists in the air when they recognized the first few chords of Garth's male



COURTESY PHOTO

Country star — Garth Brooks brought the audience to its feet at the CNE Grandstand Sept. 3.

anthem, Friends In Low Places.

Fans also got an added bonus during the performance. Brooks played two songs from his new and much anticipated album entitled *The Chase* (to be released September 22).

Garth also told the fans of the cancellation of his World Tour to take eight or nine months off to spend with his new daughter.

The concert ended with a standing ovation during and after Brooks' encore. Again he took off his hat and placed it on his heart,

and left the stage after saying, "Everywhere I look here, I see things that remind me I'm not at home... but tonight you've made me feel like I am home. Thanks for believing in me."

The attitudes and sounds of country music may be changing, but with talent like Yoakam, Travis, and especially Garth Brooks, groups like Guns'N'Roses, U2, and Def Leppard may have to make some room at the local record stores on a permanent basis.

Theatre Humber seeking student recognition

by Vikki McGuire

Are you interested in a low cost, cultural way to enjoy a few nights this school year?

If your answer is yes, then Theater Humber is the place to be!

Artistic Director, Mark Schoenburg is working hard to produce first-class plays for the students of Humber College.

"I want the college community to be aware of what's going on," said Schoenburg. With many different campuses at Humber, it is easy to forget that there is a lot going on.

Schoenburg says last years coverage of the plays was an injustice. "We were really quite distressed when Coven decided that a movie downtown was more

important than the opening of one of our plays."

He feels that if they are making the effort to become visible, that they deserve equal coverage.

Theater Humber offers a three-year course that is aimed at people with little or no prior training.

Schoenburg says that college training is better than workshops for the amateur actor. "We offer one-stop shopping, the student doesn't have to search for different classes to meet their needs," said Schoenburg.

A veteran of the business for 30 years, Schoenburg is starting his third year at Theater Humber.

"When I first came here I figured on a five year plan," said Schoenburg. "I did a complete overhaul of the curriculum."

The instructors work hard at showcasing the work of the graduating artists.

A variety of people ranging from family and friends, casting agents and agency representatives come see the plays.

"Four or five of last year's graduates have already had their first professional job," said Schoenburg.

With a lot of time and effort being put into each production Schoenburg wants school support and recognition in Coven.

For ticket information call 251-7005. Reservations are also accepted.

The first play *Road* opens on Oct. 15 through 18 at the Queensway campus.

Tickets are \$7 per student.

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Pipefitters find Diamond in rough

by Paul Mercado

There may come a day when Lou Diamond Phillips might be commonly referred to as "the hardest-working man in show-biz."

The 30-year-old actor, who has starred in such films as *La Bamba* and *Young Guns*, was in town on Monday with his fellow band members of The Pipefitters to talk about their music and their current 27-day tour of Canada.

Officially titled "The Pipefitters with Lou Diamond Phillips", the band insists they are not some star project thrown together at the last second.

"It's so easy to take shots at us," says lead singer and bassist Chris Lindsey, referring to the fact they have a major movie star in the band.

"That's why we're going out and doing these (university campus and club) shows."

Phillips once even used an alias ("Bob Goldsteen") for a two-week period because he did not want to exploit his status.

"But we couldn't get away from using his name on the billing," says guitarist Sherman Allen. "Club owners would always find a way to use his name."

As it is, the band doesn't mind having Phillips' name featured since they know he is just another member of the band, co-writing songs, providing harmonies, and sharing lead vocal duties with

Lindsey. Those expecting "The Lou Diamond Phillips Show" might be disappointed although he is said to have quite a stage presence.

Phillips has known Sherman Allen and harmonica player Bill Allen since their days as Dallas stage actors. The band, all of whom are originally from Texas, first met at a poker game three years ago.

"The evolution of this whole thing has been interesting to me," recalls Phillips. "We started gigging around. It was a very casual thing that kept growing until I became a full-time member last year."

Although the band has developed a reputation of their own in their L.A. stomping grounds, Phillips still gets the odd request to sing "that *La Bamba* song." Phillips never actually sang for his breakthrough role of Ritchie Valens in *La Bamba* - David Hidalgo of Los Lobos provided the vocals for the soundtrack.

A popular act on the L.A. club scene, this R&B, roots rock band developed a very loyal following and started seriously touring last year after they realized there was a demand for them elsewhere.

Their musical influences range from traditional blues to alternative rock.

"Chris (Lindsey) is probably the most alternative influenced," says Sherman Allen. "I'm an old blues hound. But it all comes together very nicely."



COURTESY PHOTO

The Pipefitters — *La Bamba* star leads L.A. band into Phoenix Concert Theatre in Toronto Sept. 30. The band insists Phillips is not the main attraction.

Phillips co-writes the music with Lindsey and Sherman Allen, and puts his writing talents to work on the lyrics.

When asked why he decided to join the band full time, Phillips says he fell in love with the music, and that the experience of playing bars and meeting regular people keeps him in touch with reality.

Phillips says he doesn't think he will eventually have to choose between movies and music, although his first love will always be movies.

According to Phillips, the band

is not chasing any record deals and are quite content to be touring clubs for the time being.

The Pipefitters' music will be featured in an upcoming soundtrack for a recently completed movie starring Phillips called *S.I.S.* which is about the Los Angeles Police Department.

As for Phillips, there seems to be no end to his creative thirst. When the band finishes the tour, he says he will have the choice of acting in two films or directing. He has eight screenplays finished and being considered, and has two movies coming out this year.

One of the movies, entitled *Shadow of the Wolf*, is the most expensive movie ever produced in Canada by Canadians at a cost of close to \$40 million. Phillips says it is the best film he has made to date.

The Pipefitters have just completed their first two Canadian dates opening up for Blue Rodeo. Their tour will take them as far as Yellowknife, and they will be in Toronto at the Phoenix Concert Theatre on September 30.

Hawking's complex theories subject of documentary

by Vikki McGuire

A Brief History of Time, playing at Carlton Cinema, is a complex film involving physics, cosmology and equations. It leaves the audience with the feeling of having endured a 90-minute science lecture.

This documentary, based on the best seller by Stephen Hawking, takes you on a journey of his life, including interviews with his mother, university friends and professional colleagues.

Hawking is a genius victimized by Lou Gehrig's disease, who manages to continue his research of the universe by communicating his ideas through a computer-activated voice synthesizer.

The cinematography is quite dramatic throughout with extreme close-ups of Hawking in his wheelchair, with heart monitor and respirator allowing the audience to see his persistence and determination.

The film is very informative, if you are able to grasp the meaning of his theories and discoveries.

"Where did the universe come from, and where is it going?"-all of Hawking's life has been dedicated to these profound questions.

Before the audience has time to ponder the

answers to these questions Hawking shares his theories of black holes.

The ideas in the film are not exactly the average person's idea of conversation starters. For example, he discussed the theory that black holes are not completely black. He also discusses the concept of reversing the direction of time so that the collapse of the universe becomes an expansion.

The director of this documentary Errol Morris (*A Thin Blue Line*) successfully incorporates scientific jargon with a few humorous moments that saves it from being impersonal and boring.

At times, the documentary is pumped with too many equations and overwhelming theories that may easily confuse the audience. But it does show the smallness of humankind compared to the universe and limitless questions that people like Hawking will be asking for years to come.

A Brief History of Time will broaden your horizons and give you many thoughts to ponder. It might be better to watch on video, only because the viewer can rewind it again and again to catch all the theories.

You might come out only understanding 10 per cent of the film. The other 90 per cent? Maybe it will be lost forever in the black hole.

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Singles sells Seattle sounds

by Dorothy Kosinski

Times at Ridgemount High.

What do you get when you mix a cast of six of the hottest upcoming actors and a thumping soundtrack? *Singles* — director Cameron Crowe's big screen version of T.V.'s *Melrose Place* meeting the Seattle grunge music scene.

Singles is a romantic comedy based around six twentysomething friends, whose restless lives intertwine around an apartment building in which most of them reside. Set in and around Seattle's budding music scene, *Singles* deals with searching for - and running away from - love while trying to find one's identity.

Crowe also wrote and produced *Singles*. His directorial debut in 1989 for the comedy-drama *Say Anything* gained him recognition but he's better known as the screenwriter for the classic stoner high school comedy *Fast*

Although it isn't destined to be a mega-hit like *Wayne's World*, *Singles* will appeal to teens and any fans of the Seattle music scene (famous for bands like Nirvana, Soundgarden, and Pearl Jam).

The characters' lives almost seem like a soap opera — that and living in a building with a courtyard is reminiscent of the hip T.V. show *Melrose Place*, although *Singles* deals with issues in a more mature manner. It will make you laugh a few times but as with most movies, the best scenes are revealed during the promotional commercials.

Campbell Scott (*Dying Young*) plays Steve, a city engineer who unexpectedly meets the right girl in of all places — a bar. This sends him into a tailspin and the advice from the others in the apartment doesn't help him.

The object of his dreams is



COURTESY PHOTO

SEXY SINGLES — From left to right: Campbell Scott, Kyra Sedgwick, Matt Dillon, Sheila Kelley, Bridget Fonda, and Jim True star in a new film with a booming soundtrack.

Linda (Kyra Sedgwick from *Born on the Fourth of July*) who had been recently burned at romance and is in no mood for games. Both characters have given up on finding their one and only, leading to their amazement when they realize how compatible they are together.

Unlike Linda, Janet (Bridget Fonda of *Single White Female*) is in love with the idea of being in

love. She's fallen head over heels for her musician neighbour (Matt Dillon of *Drugstore Cowboy*) and nothing will stop her from getting his attention, including his dating others.

His goal is to bring international fame to his group Citizen Dick but only the Seattle critics can find praise for the band.

There are several cameo appearances to watch for in this

movie including Crowe, some members of Pearl Jam and the lead singer of Soundgarden, Chris Cornell. Both those groups and Alice in Chains perform in the background at the alternative club the characters frequent.

The informal camera use adds an appeal to this film while the music ties it together but there's no need to rush out to see it.

Speakeasy defies mainstream with lyrics



COURTESY PHOTO

Anything but mainstream — From left to right: Dan Shimbart, Cory Mogk, Rob Aitchison, and Mike Filippov are Speakeasy.

by Craig Sweeney

One band that appears determined to keep from falling into the mainstream gap is Speakeasy, a Mississauga-based outfit that was co-founded by Humber Film and T.V. student Rob Aitchison.

Combining diversity with a blend of musical styles, Speakeasy refuses to be cast into a particular mold.

"I don't think we can be specifically labelled," he said. "People can compare us to other bands, and our lyrics are parallel to some hardcore bands, but the music can't always be defined as hardcore."

"I think a lot of bands try to pull a superiority trip through their lyrics. They talk at you rather than with you. On the other hand, you have bands whose messages are lost when they try to convey deep thoughts that most people don't understand," he added.

Although Speakeasy's lyrics might be seen by some as complex, the messages are clear (and often angry) targeting social and bureaucratic issues.

In the song *Drowning*, the band accuses:

You're still swimming in the mainstream while I am almost dry I won't float in toxic water don't even want to try.

In the song *The Messenger*, Speakeasy attacks the mainstream media:

I shot the messenger the other day because he had nothing nice to say maybe it's my negative mind at least I don't pretend I'm blind.

Formed in June 1990, the current lineup of Aitchison (guitar and vocals), Cory Mogk (bass), Mike Filippov (guitar and vocals) and Dan Shimbart (drums) have put together three releases independently; "The Only Choice" in 1990, "Mindbox" in 1991, and the "Lack of Compassion" single this summer.

Listing musical influences ranging from early North American hardcore like SNFU, Rhythm Pigs, Poison Idea and No

Means No to early thrash metal such as Hellhammer and Slayer to non-commercial rap, Speakeasy seems to have a somewhat cynical outlook on today's alternative music scene.

"All this so-called alternative music gets radio airplay, so what's alternative about that?," said Mogk.

Aitchison agreed, saying that "major record labels make all the money from bands. Alternative acts should be set apart from the corporate monopoly. Independent bands face a struggle against the big labels."

And if Speakeasy was offered a record deal?

"If we were dealing with a cool label that respected us, we might bend a little personally," he said. "For example, we might be willing to go into debt to get an album released. But a cool label wouldn't ask us to change musically or lyrically anyway." Aitchison added, "and as far as a major label wanting to change us, we wouldn't walk across the street for them."



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Sports

OCAA hockey crumbling



FILE PHOTO

The OCAA in better times

by Joanna Turcewicz

Canada's national pastime is too expensive for colleges to maintain.

The Ontario College Athletic Association's (OCAA) men's hockey league could be coming to an end because of a lack of teams and funding. These problems have forced the cancellation of the two division system and has put the entire league in jeopardy. The merger of the two divisions forces the more experienced Division One teams to play the lower-calibre Division Two teams. In the new league, the better, more experienced teams like Seneca are almost guaranteed the championship.

Bill Linton, men's varsity coordinator at Seneca College, said that the league will be much more competitive this season. Linton says this because teams from Niagara College and Conestoga College have left the American league they normally play in to

join the OCAA.

In 1970, there were 23 hockey teams, now there are only nine. In 1991, after winning seven provincial championships, Humber cancelled its hockey program. Last year, both Sheridan College and 1992 gold medalist Georgian College also withdrew from the league.

OCAA Hockey Convenor, Ron Port, said with the decline in team numbers, the league had no choice but to merge and doesn't know what will happen to the league after this season.

"This year will cast the final judgement on the hockey league," said Port.

Doug Fox, Humber's athletic director said running the hockey team cost the college over \$100,000 a year. The price included uniforms, equipment, travel fees, and ice rental. Besides being too expensive, the league wasn't competitive. Fox said.

"For one game we travelled all

the way to Ottawa and scored 77 goals against the team," said Fox. "The trip cost us \$5,000."

Lack of funding and competition weren't the only problems with hockey. Humber President, Robert Gordon, said another problem the school had was the players were not academically interested.

"Our players were not truly dedicated to being students. There was not a high graduation rate," Gordon said.

Since Humber ended its hockey program, many new sports have been added to the curriculum. Men's and women's soccer, badminton, and touch football have all been successful since being introduced last year.

"No more hockey allows the school to run more programs that involve a much larger number of students," said Gordon.

Fox said he would consider starting up another hockey program if Humber could play in a league with universities and if funding was available.

New coach expects good results from volleyball

by Fred Tufford

The Ladyhawks volleyball team captured a bronze medal at last year's Ontario College Athletic Association (OCAA) championships through hard work, consistent play and determination.

Dion Rugosi, the Ladyhawks new head coach, brings the same work ethic to Humber and should ignite the team's desire to pan for gold at this year's provincial championships.

"Constant improvement" best sums up Rugosi's coaching philosophy. This simple credo has helped him manufacture a winning style and attitude.

Rugosi coached the Ontario Region 5 team that won the bronze medal at the Provincial Championships last year, and brings an impressive coaching track record to Humber.

Having coached from the university level to the national level, Rugosi said he's used to an Olympic style of coaching, where players "stretch themselves, (and) strive a little more to achieve higher results."

High results are what Humber Athletics produced last year. The school brought home five OCAA medals, and boasted four of the eight All Canadians across the province.

Doug Fox, Humber's athletic director said he feels the women's team will be very strong this year. However impressive the Ladyhawks look on paper, Rugosi

'Of course you'd like to win as many games as possible, but that takes a lot of hard work.'

never loses sight of the essentials. "Of course you'd like to win as many games as possible, but that takes a lot of hard work," said Rugosi.

Rugosi hasn't met his new team yet, but when players and coach finally connect, the hard work and experience of the Ladyhawks will hopefully uncover a new vein of gold.

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Upcoming events

The Humber College Athletics department offers a wide variety of activities for anyone interested in getting involved in the school's sports scene.

Varsity Tryouts

Basketball

Women's Monday, Sept. 21 5:00 p.m. Gym B
Men's Tuesday, Sept. 22 5:00 p.m. Gym B

Day Tournaments

Softball Run/Hit/Throw Wednesday, Sept. 23 2:00 - 4:00 Valley Field

Instructional Clinic

Squash Wednesday, Sept. 23 2:00 - 3:00 Room A137

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Cam Rec Ignored

by Joanna Turcewicz

Humber is prepared to offer athletics for the physically disabled, but interest is low.

According to Joy Trenholm, Humber's special Needs co-ordinator, organizing sporting activities for disabled students is difficult because each student has their own unique needs.

Campus Recreation would encourage the physically disabled to referee, scorekeep, or participate in any sports activity offered. Jim Bialek, Humber's recreational activities officer, introduced the program last year, but there was little participation.

"There is not enough interest in organized sports but many students with special needs would like individual activities like swimming and weight training," said Trenholm.

Bialek said he is not sure what should be offered to the physically disabled but encourages, "anyone who has an interest to participate. What their participation is would depend on what would make them feel comfortable."

Though he is willing to listen and to adapt, Bialek said, he is not willing to offer a series of activities totally for the physically disabled, if there is no interest.

Hawks Go Deep In First Touch Football Season

by Rob Witowski

Humber's Athletic department prepares to take off into the new year with its first official touch football team.

Humber's first official year for touch football began with this week's tryouts, Tuesday, Sept. 15. The season will be based on a tournament format, two tournaments to qualify for the OCAA (Ontario College Athletic Association) championships. The first will be the Humber tournament on September 26 at Valley Field. The second tournament will be held on October 17 at Lambton College in Sarnia. The team will try to schedule exhibition games between tournaments. The championship will also be played at Lambton.

The football team consists of 15 players, six offensive players plus two quarterbacks and seven defensive players. There are no field goals and the running game is a second option used as an emergency play.

Interest in Humber's touch football team stemmed from Toronto touch football leagues. What the team wants to do is have competitiveness with a recreational feel to it.

"At this point we're a developmental sport. All we want to see is some athletic people come out. 'You want to build a pride factor,'" said Doug Fox, Humber's athletic director.

Fox added, "If 16 people try out and 15 make it you don't feel like you achieved anything so I'm hoping at least 30 people come out."

Last year's exhibition team finished second out of four teams in Humber's tournament.



Huddle up—Touch football players listen closely for their next play during a practice. FILE PHOTO



Coca-Cola adds...lights—The Humber College gymnasium has a new scoreboard for Humber Athletics, courtesy of Coca-Cola of Canada Ltd. PHOTO BY SARAH CABOTT



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