

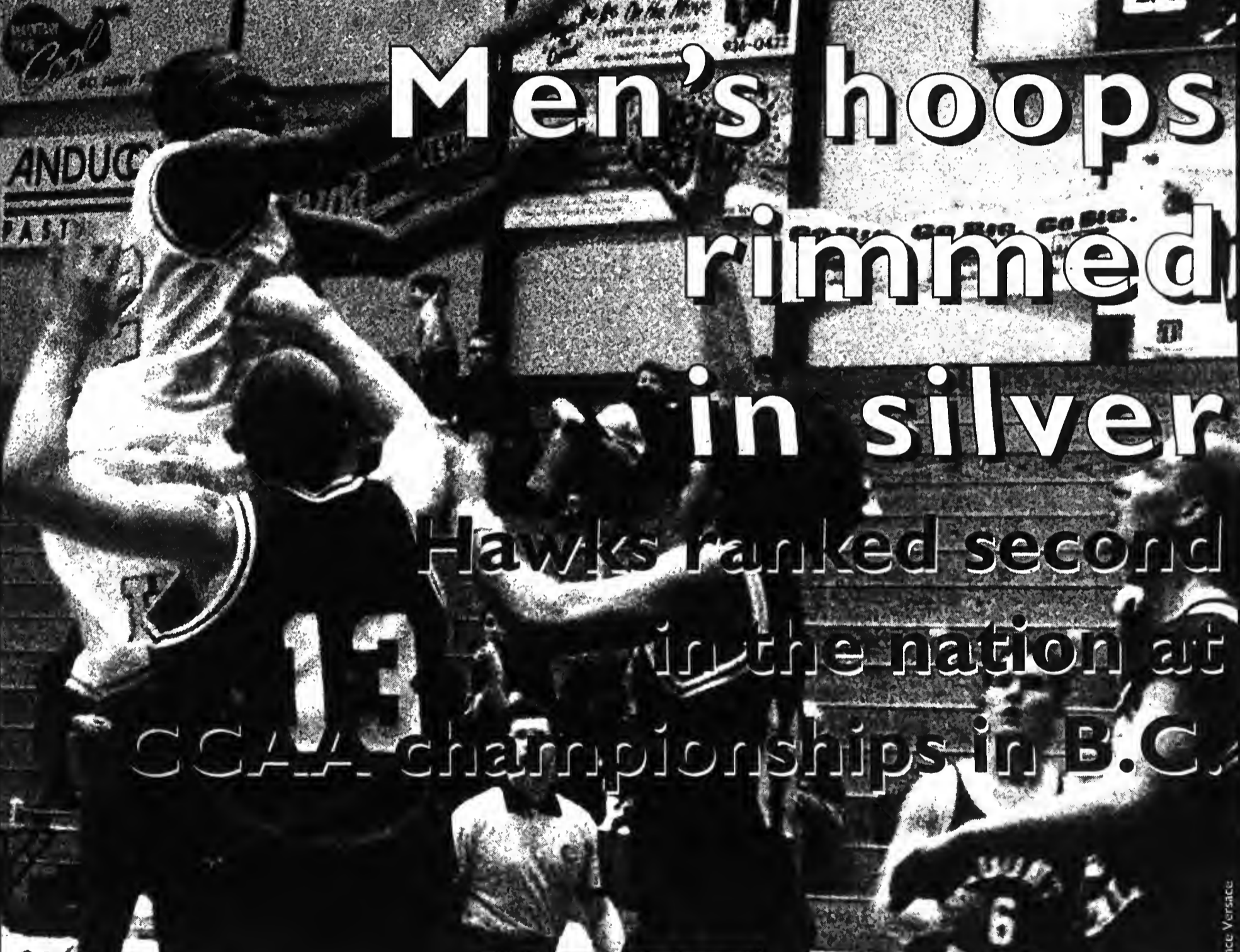
1971 • the Cover • 25 YEARS • Et Cetera • 1996

# Humber Et Cetera

reporting Humber College since 1971

For Mar. 27 - Apr. 2, 1997  
vol. 25 issue 24

## Men's hoops rimmed in silver Hawks ranked second in the nation at CCAA championships in B.C.



Vince Versace

**EXTRA EXTRA**  
Forde rides to victory in North campus SAC elections

### Inside

### news

Full story coverage inside on pages 3 & 5

### also

- life
- ad
- sports

Ten per cent tuition increase approved by secret ballot for 1997-98

Cruise by page five to win @ '97 Neon.

...see our band schedule on page 12

Campus Z - Station End-of-Line Specials. computer shop

See Page 18

# News

North Lakeshore Metro

## Propaganda on the net

With access to the Internet hate mongers reaching wider audience

by Simone A. Brown  
News Reporter

Anti-semitic incidents across Canada are decreasing but hate mongering over the Internet is increasing, according to a report released by an anti-racist group.

The report was released earlier this month by the League of Human Rights, an agency of B'nai Brith, a Jewish based organization that fights anti-semitism and racism in Canada.

According to the report the number of reported anti-semitic incidents dropped to 244 in 1996, a 26.3 per cent decrease from 331 in 1995.

There were 81 incidents reported of anti-semitic vandalism compared to 80 in 1995 and 163 incidents of anti-semitic harassment compared to 261 the previous year.

David Copper, research and communications for the League for Human Rights, said the number of anti-semitic incidents is

decreasing because hate mongers are now using the internet instead of pamphleteering the public.

He said hate mongers such as Ernst Zundel and the Heritage Front now have web sites to disseminate racist material.

"Some sites have some of the most disgusting racist cartoons you could ever imagine," Cooper said.

With the Internet, hate mongers are able to reach more people, Cooper said. And some of their web sites look so sophisticated that students who aren't educated about the material wouldn't be able to weed out the truth from the lies.

"If you're a student and you type in holocaust, an Ernst Zundel site can pop up and you're going to start getting articles saying that the holocaust didn't happen and there's no such thing as gas chambers," he said.

Cooper also attributes the decrease in anti-semitic incidents to tougher hate crime legislation, improved police hate crime units and education programs for students.

But despite the decline Cooper said a number of very serious anti-semitic incidents have happened across the country. The most

serious was the explosion of a bomb sent to a Calgary Jewish community centre.

Others include a North York home during which vandals daubed swastikas and the defacing of a Jewish group home in Winnipeg.

Steve Irwin, of the Metro Police hate crime unit, said hate mongers over the internet are increasing but their activity is very difficult to police.

Although the material they put on the Internet is very offensive and racist it can't always be proven to promote hatred or other criminal activities and therefore legally they aren't considered hate propaganda which is an offence.

Irwin said hate mongers are aware of this and are careful with what they put on the Internet.

"Hate mongers know what hate propaganda is [so they] are very reluctant to cross the threshold of criminal activity because they know we can trace it back to them," he said.

Cooper said he doesn't believe the decline in anti-semitism incidents shows things are getting better. He said already a number of incidents have been reported this year.

## New Audio Visual program rolling

by Shallene Holley  
News Reporter

This year, the Audio Visual Technician program was given a great big shake.

The School of Media Studies (SMS) has put together a new program for students that will cover all areas of the media.

The three-year program, AudioVisual/Multimedia Production Technician, covers interactive multimedia programming, video production, digital photo manipulation and electronic publishing just to name a few elements.

The Multimedia program finally got its start this year after the SMS faculty had been trying to update and upgrade the Audio Visual (AV) program. The reason for adding to the program was that the course didn't focus as much on the digital aspect of the media. By adding multimedia, the

course is now focused exclusively "on-screen, in the digital".

Spike Sutherland, multimedia professional, said the program moved to interactive multimedia because, "it just seemed to be where the world was moving".

The multimedia faculty had been trying to launch the program before this year, but Sutherland said it was "more of a budgetary type thing" that the program didn't start sooner.

Applications and inquiries for the program have come by phone, mail, and e-mail, from all over the world including countries as far away as Australia, Barbados, Argentina, and India.

To find out more about the multimedia course being offered at Humber, you can reach Sutherland at 675-6622 ext.4338 or e-mail him at Sutherland @ admin.humberc.on.ca.

## Trust fund boost

by Scott Yeddeau  
News Reporter

A fund designed to assist financially-strapped students received a huge boost from the Council of Student Affairs (CSA) Monday.

Council President Chris Redpath presented a \$100,000 cheque to the Student Opportunity Trust Fund. It was accepted by Humber President Robert Gordon and Etobicoke-Rexdale MPP John Hastings.

It is the largest single contribution, to date, for the fund.

Redpath said this was the perfect opportunity to invest in students' futures.

"We know this money will be used to rescue students who are at risk of dropping out because their financial needs are not being

met."

Humber has raised more than \$200,000 in eight months for the fund, exceeding its original goal of \$125,000. Donors have included local businesses, college staff, and students.

The Ontario Student Opportunity Trust Fund was originally set up by the provincial government in May of last year, and all colleges and universities in Ontario were invited to raise money.

Money received or pledged by March 31 will be matched by the government. The funds are endowed, meaning only the generated interest will be distributed so the fund can continue to assist students.

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# Tuition hiked for upcoming year

Tuition increases decided with mailed secret ballots

by Sean Hamilton

News Reporter

The Board of Governors has approved a 10 per cent tuition hike for the 1997-98 school year by secret ballot.

Due to a cancelled meeting and the time restrictions on deciding what tuition should be next year, board members were mailed ballots. The ballots asked board members if they would prefer no increase, a 10 per cent hike for all courses, or a 20 per cent tuition to certain courses.

Faculty representative Paul Pieper said the way the board voted should not be labelled a secret ballot.

Pieper said it was mailed to board members because of the time restrictions.

"Because the last meeting was cancelled it would not have come to discussion until last night (March 24)."

Humber College President Robert Gordon said ballots were mailed because a decision had to be made so they could let students know if there was going to be an increase.

"We hadn't had any board meeting in six weeks there was a pressure to get it done," said Gordon.

Gordon said he was in favor of the 10 per cent rather than a 20 per cent hike to selected courses.

"We don't want to gouge the students," Gordon said.

Gordon added if other schools had not increased tuition, Humber would have considered no increase as well.

"As it turns out all the schools voted for a 10 per cent increase, so we are not better or worse than any other college."

Student representative Greg Skinner voted against any rise in tuition and criticized the way the voting was done

**"The board should make a stronger voice against the government — there are students who can't afford this."**

**-Greg Skinner, BOG student rep**

"It should have been done openly to generate discussion, it

looks bad to mail in a vote," said Skinner.

Skinner said he feels there should have been an open discussion at the meeting.

"It's time to say enough is enough. The board should make a stronger voice against the government — there are students who can't afford this."

Although Skinner didn't want to see tuition raised, he thinks, given time, a 20 per cent hike to certain courses would have been better.

"Given the time restraints maybe 20 per cent is better but there was no time (to decide which courses should be increased) because they had to start publishing the calendars," said Skinner.

Pieper said he understands the administration's need for money but would like to see solutions other than tuition hikes.

He said raising tuition as a solution bothers him, because soon only the rich will be able to get an education, and it won't necessarily be the best students getting accepted into school it will be those who can afford it.

Pieper used the example that the last couple of courses approved by the board have been fee-for-service.

"Education in my mind is a level playing field, by relying on tuition hikes and fee-for-service Humber is restricting people's access," said Pieper.

He said cutting some of the school's overhead would be a better way to make the \$1.4 million the school needs.

"If we didn't have that \$1.4 million we would be in trouble, it is going to be tight as it is but at least we are going to make it now," said Gordon.

# Staff strike at York University

An extended teachers' strike may prolong school year and ditch summer plans for students

by Simone A. Brown

News Reporter

York University professors and librarians hit the picket lines last week in a strike against the university.

They blocked entrances and delayed motorists for up to 30 minutes asking drivers to miss their classes and not cross the picket lines.

The strike began on Thursday after contract negotiations between the university administration and the York University Faculty Association (YUFA) broke down.

The YUFA represents York's 1,000 professors and librarians.

The main issues in the strike are professors salaries, increased class sizes and work loads.

Professors argue the average salaries of York's faculty members at \$68,000 a year are ranked 12th of Ontario's 18 universities.

Sine MacKinnon, a York University spokesperson, said the university made the professors a very generous offer including an eight per cent increase in salary over two years. Faculty members refused it.

"We put out the best offer that we think is very generous to avert a strike but the union decided to strike anyway," she said.

On the picket lines, angry words were

exchanged at times between picketers and drivers as some impatient motorists tried to drive through.

Other motorists drove on the other side of the street entrance to avoid them.

Bob Drummond, a York University political science professor, said professors' salaries and soaring workloads are the major issues for him. He said professors are working harder but aren't being paid more.

"We are clearly fairly-well paid in relation to the rest of the society but our pay [demands] are not unreasonable for the situation we're in. And we think that it's unreasonable for York faculty to be paid so much worse than other faculty in the province," he said.

John Saul, a York sociology professor, said the quality of education at the university is declining. With growing class sizes and fewer resources, students aren't getting the individual attention they need, he added.

The strike has cancelled many classes for students. University administrators said the spring-term may have to be extended into the summer and summer classes cancelled if the strike lasts more than a week.

This has angered some students like Derek Salick, a political science major, said many students already have plans for the summer and can't afford to complete their spring term courses then.

"Some students have commitments like summer jobs. And if this strike goes on and exams are pushed into the summer we are going to be affected," he said.

Rayborn Blackmoor, a business student, said he supports the professors strike but



Massive demonstrations at York University campus caused numerous traffic problems.

questions its timing since it's just two weeks before exams.

"I believe students are being used as a yard stick for the strike action," he said.

But some students fully support their professors.

Paulina Chmielecka, an arts student, said York University professors should be paid equally to professors in other universities.

She said she is anxious for the strike to end so classes can resume.

Business student Ross Sortino said he thinks the professors deserve a raise because they perform a very important function.

"We gotta put ourselves in their shoes. If it was us in that situation I think that we'd be doing the same thing," he said.

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## Golf program sandtrapped

by Tania Fera  
News Reporter

The Board of Governors has sliced a proposed agreement to expand Humber College's Golf Management Institute because it doesn't appeal to a broad enough spectrum of individuals.

President Gordon disapproved the program's expansion despite its success, because golf is, essentially a "white man's sport."

Gordon said "there are social issues we must be aware of. Our programs must be accessible to a gender and ethnic mix."

He said, politically, this may cause problems and suggested visible minorities must be recognized through scholarships or junior clinics. Gordon said he fears the expansion proposal would ignore a large majority of Humber students.

Attempts by Grant Fraser, program co-ordinator of Humber College's Pro Golf Management program, Toby Fletcher, chair of School of Business, and Rick Embree, director of Business Development, to expand Humber's current golf program were knocked into the sandtrap by Gordon and the Board of Governors.

The Golf Management program at Humber is the first full-time Professional Golf Management program in Ontario. This program is currently endorsed by the Canadian Professional Golfers' Association.

"Humber college launched the first Professional Golf Management program in Ontario, we started with 54 students and have expanded to 120, and 80

per cent of our students have jobs for the summer," Fraser said.

He added he wants to expand the current program in order to make it more competitive world wide and said a partnership with the Golf Management Institute of Canada (GMIC) would provide this.

Fraser said the proposed alliance with the GMIC would give Humber a leg up "into the industry and secure job placement. It would give us leading edge curriculum, making sure the program is reputable, world-wide."

He explained the programs will cater to, and serve, the global market place.

"Diploma and certificate programs will be offered in the following areas: professional golf management, turfgrass management, and club operations," he said.

Brian MacIntosh, representative for the GMIC, said, "we have golf expertise in the industry and we are seeking a primary partner with the intention of expanding program and market curriculum."

The GMIC would bring in corporate sponsorship to the program.

"There are two different types of sponsorship, one would be golf industry and production marketers and the others would be the top 500 corporations, like Bell," MacIntosh said.

Gordon and the Board of Governors agreed the proposal needs several features added in. It is being revised and will be introduced again at a later time.

## College to get alumni association next year

by Renae Jarrett  
News Reporter

A university tradition will soon be making its way into Humber College — an alumni association.

Several programs within the school already have their own alumni associations, but administration is now looking to create one that would represent the school as a whole.

"The last thing we want to do is to ruin the programs that've already got the thing going," said Humber College President Robert Gordon. "We just want to build around that."

Gordon said he recognized most students are more likely to affiliate with the program they are in or the sports team they are on, but an alumni association for all of Humber would be able to offer students more benefits.

"We (would) do certain things like we can have bigger events and the newsletters will obviously be pretty general for everyone," said Gordon. "And we can have receptions and socials and homecomings."

But on a more practical side, being a part of an alumni association would also give graduates the opportunity to access numerous services around the college. And while the specific services have not yet been determined, they could include such things as discounts on insurance, the Internet, and access to the various facilities within the school.

And there is also a practical advantage for the school as well.

"Once you've established an alumni association and made the contacts, Humber would ask graduates to donate a little money each year to the college," said retired Alumni Director of McGill University Gavin Ross who has been hired by the college as a consultant.

Ross said he believes alumni associations help to address the spending cuts in education.

"Every institution that's publicly supported is being cut, cut, cut," said Ross. "And every institution I think is looking to make friends with the result that perhaps these friends would provide some additional resources to help the College out."

Ross will be doing a feasibility study which he said he hopes to have completed by the fall after making a couple more visits to the College.

"I want to get a feel of the enthusiasm of the students (because) sometimes it just doesn't happen unless the students are behind this while they're still students," said Ross.

The Alumni Association Work Group, being chaired by the Dean of Student Services Judy Harvey, is hoping to get student feedback by attaching a survey to the convocation applications being sent to graduates in the coming weeks.

But even with that feedback, creating a solid database of recent graduates is difficult. The work group will first be targeting graduates from the past five

years, but this is also probably the hardest group to locate.

"I've resisted this for a long time, not because I didn't think our alumni were great — I think they are," said Gordon. "I just thought it was not a priority for a lot of reasons. One of which is to find them, which is a big job."

But once an association is in place, graduates are often quite responsive to participating. Early Childhood Education (ECE) had an alumni group a few years ago, and they found that many graduates returned for one of two reasons.

"We really found that recent grads came back for an interest in their careers and how they could make contacts," said ECE professor Bridget Woodcock. "Old grads came back primarily for social reasons and to see what the College had done since they were last here and to get updated a bit."

Students' Association Council President Steve Virtue said he thinks a sense of pride for the school also plays a significant role.

"It gives people some association with the institution they graduated from even if they go onto graduate from another institution," said Virtue. "Humber has made some huge strides in terms of the fact that it's no longer considered just the best college in Canada, it's one of the best post-secondary institutions in Canada, and people like to be associated with that."

# Anti-smoking bylaw burns Toronto restaurant owners

by Jessica Lyall  
News Reporter

Toronto's new smoking by-law has brought restaurant owner Judy Perly a bit of luck. Perly was angered when she was told she could no longer allow smoking in her restaurant as of March 3, and decided she wouldn't comply.

Because of her decision, Perly's Free Times Cafe has experienced a large increase in business; whereas, many establishments which are following the rules have found business to be fading rapidly.

"What I've heard is many restaurants that are complying with this law are down 30 to 40 per cent in business, and if I sustain a loss of 30 to 40 per cent for even two weeks, I'm in very big trouble," said Perly.

Perly has been running Free Times at 320 College St. for 16 years and said it hasn't been easy. After all the time and effort and

money she's put into her restaurant, she's not willing to let the government just walk in and tell her how to run her business.

"It's such a difficult business. It's a very expensive business, we're always juggling things. When you do have some money, you're investing that money into your business to make things better. Right now things are just coming together. There's no way that I was going to injure my business or ruin it," said Perly. She is also quite confident the bylaw won't even last.

Free Times is a well-known restaurant in the community. It's even known to some as the centre of folk and acoustic music. Perly has held over 5,000 concerts, 100 art shows, and several poetry readings in her establishment and never had a complaint about smoking. She has a separate room in the back designated as a non-smoking area, but it still

doesn't fall under the new by-law because the room must be separately enclosed and well-ventilated.

Emad Hanna owns a nearby business and is a regular at Free Times. He is an ex-smoker himself, but doesn't mind being around it. He said he admires Perly for standing up for her rights, but said, "she's breaking the law and that's not right."

However, he said he does believe there should be compromises made by both smokers and non-smokers.

"I think there should be a place for smokers and a place for non-smokers — both have to co-exist. People who smoke have the right to do so and people who don't have the right not to be exposed to smoke if they don't wish to," said Hanna.

So far, there has been very little threat to those who aren't going along with the bylaw. Two

weeks ago, the first fines were given out to a patron and the owner of the Backstreet Bar on Dundas Street. The by-law enforcement officers who are laying down the law have been getting tips from people who support the decision to get rid of smoking.

Sergeant Marilyn McCann, a Metro Toronto Police communications officer said, "the Backstreet Bar was just one of several establishments brought to their attention by the public."

But, like Perly, McCann said she doesn't think the no-smoking law poses much of a threat.

"It's a bylaw. It's a law with very little teeth. What are they going to do if he (the owner of the Backstreet Bar) doesn't even pay it," said McCann.

Perly said she has even had the by-law officers in her restaurant, but she received no penalty. She said she believes there are many

other ways to go about cutting down on smoking, such as different licenses for smoking and non-smoking establishments or smoking only on certain days, but does not agree with simply cutting it off completely. She said she doesn't think it's fair to the public and certainly not to the restaurant and bar owners who are losing money.

Also, Perly just doesn't believe it's going to work. She said that, "the public will not comply with the law."

### Correction

We at the Et Cetera would like to apologize to our readers, and reporter Renae Jarrett, for a misleading headline and deck in our March 13 issue. There were no student pleas for traffic lights to be installed and Humber College, not the City of Etobicoke, would be responsible for paying were they to be installed.

# Election turn-out shows students just don't care

by Paul Richardson  
News Reporter

Humber SAC is wondering; where were you during their election days?

Voter turnout for the SAC elections held last week was very poor. In total, only slightly more than 500 ballots were cast.

Elections were held last Tuesday, Wednesday and Thursday in the Concourse.

"I was disappointed in the numbers," said President-elect Shirley Forde.

"I think all of the candidates were," Forde added.

Out-going SAC President Steve Virtue agreed with Forde.

"I would have hoped there would be more people interested in the goings on of those people that make the decisions for them."

Virtue said, in his opinion, only those who voted in the election have a right to question their elected representatives or complain.

"If people don't take the time to elect the people who represent their views, to get to know the candidates, to get to know what their stance is and what their platforms are, then they have no busi-

ness complaining about what may or may not transpire over the course of the year," said Virtue.

Chief Returning Officer Katina Constantinou said the number of students voting should have been better than in past elections.

"We had quite a few people come out and vote," said Constantinou. "But, you want to get at least reach 10 per cent of the student population."

Those that didn't vote don't have a right to complain." Forde and Vice-President-elect Nikki Dhaliwal take office officially on May 1, 1997.



Vice-President Nikki Dhaliwal, top, President Shirley Forde, bottom.

## North Election Results

### Presidential Results

Shirley Forde - 301

Jonny Megalos - 203

### Vice-Presidential Results

Nikki Dhaliwal - 196

Ryan Johns - 173

Stelios Kypri - 125

Spoiled Ballots - 11

Vote of non-confidence - 1

## Gillingham and Levy win Lakeshore SAC elections

by Scott Yeddeau  
News Reporter

Donny Gillingham is Lakeshore's new Students' Association Council (SAC) president.

Gillingham defeated his runner-up, Cameron Swimm, by a 14 point margin when voting closed last Thursday.

Sonia Levy was elected vice-president, beating out fellow candidates Jason London and Mark Dewdney. All of the candidates said they were pleased with the increased voter turnout this year.

Gillingham said he was "more than happy" with the number of students who voted this year, even though 80 per cent of the student

body failed to mark a ballot. However, despite this, Gillingham said he believed the increased turn-out was due to the increased number of candidates who ran for office this year.

Last year, Gillingham was the only person to run for the vice-presidential position. He estimated about 20 per cent of Lakeshore's population voted this year.

"It creates a better atmosphere and interest in general," Gillingham said.

Levy agreed student interest appeared to be greater this year, despite the poor turn-out.

## Lakeshore Election Results

### Presidential Results

Donald Gillingham - 172

Cameron Swimm - 158

### Vice-Presidential Results

Sonia Levy - 179

Jason London - 105

Mark Dewdney - 46

Spoiled Ballots - 9

## Golfers honored

by Nadine Carty  
News Reporter

Students and faculty of the Professional Golf Management program honored top achievers and Humber's championship golf team at an awards ceremony last Wednesday.

"This is only the second year of the program and already the number of students has grown from 54 to 120. The industry knows we are here and they are pleased with what they are seeing," said program co-ordinator, Grant Fraser. "We are beginning to be recognized across the country - in the Maritimes, Quebec."

The program is special because it is not subsidized by the government and the battle to get it funded and accepted by the Board of Governors was not an easy. Score Magazine supports the program with the Score Golf Scholarship for

excellence.

"Running a golf course is like running a small business, with essentially the same aspects as running a variety store," said Bob Weeks, editor of Score Magazine.

Humber College President Robert Gordon said the program is a positive choice in securing a job in the constantly changing employment world.

"I'm delighted to have this unique program at Humber because it is a fast growing, long-term field. Golf... can definitely lead to long-term employment," Gordon said.

The program's first golf scholarship was named after golf world icon, Richard H. Grim who told students at the ceremony he supported the curriculum.

"I congratulate you on the field of endeavor you have chosen to move in to. Whether

playing the game or working at the game you will be pleased. It is wonderful that you get the opportunity to get grounded in all facets of golfing," said Grim.

Although many assume golf students spend much of their time playing golf, second-year Pro Golf Management student Philip Leschuk said no class time is ever spent on the course.

"We are not playing all the time. There is not any play time. We learn a lot of other aspects, like running a pro shop, running facilities and becoming a future pro," Leschuk said.

Students awarded scholarships are Patrick Trende, Jamie Al-Jbouri, Paul Hussey and Glen Powe. Al-Jbouri was also awarded the Barrington Golf Enterprises Award.

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## The Hawks soar to silver

The Men's basketball team are second best at the national championships but who was cheering?

In a perfect world, the silver medal the men's basketball team brought back from Vancouver would be disappointing.

But the Hawk's achievement in the Canadian National Championship tournament, is something all of Humber should be proud of.

Since the 1996-97 season was considered by many as a rebuilding year for the Hawks, no one, including the players and coaches, were giving the Hawks a snowball's chance in hell of success.

Coach Mike Katz spent his hours in the fall stalking the halls of Humber looking for a centre that was taller than 6'5", knowing full well that the team's small stature wouldn't allow Humber to compete in Canada's toughest division.

But size isn't the only thing that plagued the Hawks at the start of the season.

Jason Daley was the only starter returning from last year's gold medal squad. He was joined by Adrian Clark, Al St. Louis, O'Neil Marshall, and eight first-year players.

These three didn't play many minutes last season, making Humber seem like a team with one veteran and 11 rookies.

Rowan Beckford is one of these rookies, and was living a dream season of his own.

He was injured in an automobile accident two years ago, and several American schools lost interest in him.

Lucky for us, Humber became his new home.

He was rewarded with one of the greatest honors a player in Canada can get, being named an All-Canadian, both athletically and academically. He also received countless other rewards for the season, including being named Rookie of the Year.

Thus the silver medal in the Ontario Championships wasn't the only surprise for Humber this season, but it was certainly the toughest pill to swallow.

The loss to the Durham Lords in the final broke a six year tradition for Humber, who won the Ontario crown seven out of the past nine years, including the last six seasons, between 1989 and 96.

The Hawks were then selected as a wildcard team in the national championships, ranking them eighth in the country.

The season was not quite dead.

As luck would have it, the Lords, a team that Humber was only able to beat once in five tries all season, was also going to BC.

The situation Humber faced would have sent other teams crying home to mommy, but the Hawks persevered.

They got by the number one ranked Quebec champion, Dawson College, before they defeated the second ranked Alberta champion.

Believe in the impossible.

Because the impossible is what the Hawks accomplished.

Again, Daley did his best impression of Superman, picking up tournament honors (selected as an tournament All-Star), as well as the Male Athlete of the Year. Stephan Barrie, another rookie on the Hawks was also selected to the tournament All-Star team.

The old cliché stands true to the 1996-97 Humber Hawks. You truly can't judge a book by its cover. Just ask Dawson or Mount Royal. You could even ask the Hawk players themselves.

IN MY DAY WE DIDN'T HAVE  
 PUCKS. WE USED TA' USE  
 FROZEN COW DUNG!!



Gordie Howe's comeback

## Letter to the editor: Close college pubs

As a part-time student, I had occasion to stay at the student dormitory for two weeks this year; most of the residents were young enough to be my son or daughters. While I enjoyed the cafeteria food, and was refreshed being surrounded by young, vital, and in the case of the women there, very pretty faces, I was concerned over the problems I witnessed, due to alcohol. Especially troubling was the alcohol problem relative to the fairer sex; I would communicate to the readership my concerns.

Campus pubs have no place in a college or university environment, which exists primarily for the purpose of education and scholastic improvement. How does a substance that medically speaking, in any quantity, destroys brain cells, contribute to the improvement of an individual?

Why consume something that directly figures as a strong contributing factor to the actual cause of date rape, sexual assault, murder, highway traffic injuries and

deaths, and assault causing bodily harm? Why support a damned industry that profits from the misery and deaths of people? What purpose does it serve for students to waste some of the few dollars that are available to them on this substance? How do students benefit from becoming intoxicated, staggering down halls, hollering, uttering obscenities, and acting in a characteristic drunken manner of being disagreeable and obnoxious?

There is nothing more obscene than seeing a woman, that creation of indescribable worth and beauty, out of her mind, out of control, tarnished and cheapened, in a state of drunkenness. How does this type of behavior advance anyone?

While it is true, as Caesar said, "men willingly believe what they wish," there still remains the reality that a belief is not necessarily right. Nobody can argue against the apparent fact that alcohol is a problem not only in our society, but also on the premises of educa-

tional institutions in Canada. It is time the powers that be summon the moral courage to remove the drinking establishments from the premises of educational facilities everywhere, recognizing that the purpose of such is solely to serve the best interests of students in an educational capacity, something that the utilization of alcohol certainly does not promote.

To those who want to consume it, there are adequate facilities elsewhere to purchase this drug, without soiling the character of educational establishments. In short, if you want to drink, go to a bar; if you want to be taught, go to school. There is simply no place for the mixing of two activities on campus, that are diametrically in opposition to each other. One uplifts, one degrades, one creates, one destroys, one gives value for the dollar, one is a total waste of money. Dare anyone question these realities? None but a fool!

Edward Kennedy  
 Harrowsmith, Ont.

Letters to the editor:  
[humber\\_etcetera@hotmail.com](mailto:humber_etcetera@hotmail.com)



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# Never get off the couch again

by Rita Salerno  
Technology Reporter

Canadian couch potatoes will be able to click their way through hundreds of new television channels by this summer.

Satellite TV is the cable industry's biggest threat and after many legal delays, technical glitches and financial problems, the direct-to-home satellite television service will hit Canadian airwaves.

"Star Choice hardware is en route to our distributors, and will be in dealers' hands by March 24," said Peter Porteous, director of marketing for Star Choice Television Network Inc. "On March 31 our dealers will begin selling the service to consumers."

With a subscription to a Canadian direct-to-home (DTH) service like ExpressVu, Star Choice, Power Direct TV or AlphaStar, cable addicts can choose to watch all sorts of Canadian and American programs on several different channels.

"We'll deliver what Canadians really want to watch," said Brian Neill, chief executive officer of Star Choice Television Network Inc. "We'll offer choice in premium quality programming and the kind of flexibility that puts the viewer in control."

It's done using two satellite

dishes. One picks up the original signal and then sends it to a 24-inch dish at the customer's home.

Because of its size, this dish is hardly noticeable and can fit in a small corner of the backyard.

In order to get a picture, fire up the set-top receiver, slide in the smart card, and the multi-channel universe is at your fingertips.

This DTH service has been available in the U.S. for over two years, but it's only now become legally accessible to Canadians.

Before the service was made legal, people would buy a dish, subscribe and pay a monthly fee by pretending to be Americans. Which means many companies provided false U.S. billing addresses and phone numbers to avoid paying the GST and PST.

In fact, more than 300,000 households in Canada are said to have dished out a \$1,000 each to buy illegal satellite TV in hopes of never having to pay for cable again.

The illegal DTH package unscrambled thousands of TV channels for free from the Los Angeles based service Direct TV.

However, buyers faced constant scrambling of the signal which means the screen was often blanked out.

"Illegal U.S. services do not carry the Canadian networks,

specialty channels or sports that will be a major part of the ExpressVu service," said Michael Neuman, president of ExpressVu Inc.

Some of DTH's more notable features include English and French broadcast networks, multi-cultural channels and many pay-per-view channels for free.

"This extra capacity means ExpressVu can offer Canadians the very best choice and variety in TV programming in both official languages," said Neuman.

The system, which uses digital technology to deliver laser disc quality audio and video, provides its buyers with a variety of superstations. For sports fans seeking in-depth home and away coverage of the Atlanta Braves they can tune into WTBS, the Boston Bruins on WSBK, the Chicago Bulls on WGN, and many more. For news coverage, NBC, ABC and CBS, Movie Pix for films and MTV for hours of music.

"Subscribers will be the envy of their neighbors this summer," said Neuman. "ExpressVu will offer up to 100 television and music channels in eastern Canada and 85 across western Canada. No other Canadian DTH service or cable company will offer a line-up approaching the size and diversity of ExpressVu's line-up."

But don't expect channels like America's HBO or Cinemax. Canadian satellite companies can only broadcast networks licensed by the Canadian Radio-Television Telecommunications Commissions (CRTC). Meaning, most stations like NBC, FOX or YTV are already on some cable systems but only at certain times of the day. Direct-to-home subscribers, on the other hand, will have those channels all the time, plus other CRTC licensed channels like BRAVO, PBS, or TNN

that cable payers don't receive.

Although this service may attract hundreds of people, the price may scare off just as many.

The 75 cm satellite dish and set-top receiver box will cost over \$500 to purchase. Plus, satellite companies will charge between \$19.99 and \$29.99 per month for basic programming.

DTH dealers believe this ser-

vice will be more popular to families living in rural areas and small communities. But they also expect city dwellers to tune into the service.

There are many direct-to-home satellite companies coming online, and that's good news for consumers. The more services out there, the better the chances prices will come down.

## Wicked WEB Sites

by Robert Dutt and Darren Leroux

**Virtual Vegas**  
[www.virtu.avegas.com](http://www.virtu.avegas.com)  
For those who can't afford to go to Vegas and don't want to drive to Casino Niagara or Rama, Virtual Vegas is the place to go. Play Blackjack, Slots, Poker, Roulette or Craps. You're in a Virtual casino with virtual money. So if you make it big, don't bother bragging.

**The Blue Jays' Home Page**  
<http://www.bluejays.com>  
The beginning of the baseball season is just over a week away. Stop by now and read up on the new additions to the club. Features include updates from spring training, biographies and statistics of the Jays, and of course, an online schedule where you can order your tickets for the 'Dome using your credit card. Everything a baseball fan needs, except you provide your own peanuts.

**Lip Balm Anonymous**  
[members.aol.com/LipBalmA/](http://members.aol.com/LipBalmA/)  
Find yourself always borrowing someone else's tube of lip balm? Do you lick it off as soon as you apply it, just so you can put some more on? Don't worry, you're not alone. This site will give you the support and information to overcome the tyranny of the lip balm industry. A must-see for any serious conspiracy theorist.

**Citizen Self-Arrest Form**  
[www.uoknor.edu/oupldselfarr.htm](http://www.uoknor.edu/oupldselfarr.htm)  
Commit an indictable offense? Spare yourself the agony of waiting for the police to knock down the door. Just fill it out, fingerprint yourself, mail it off and wait for the police to come and get you. In the words of the twisted people behind this: "if you witness a crime, it is your civic duty to report the crime to the police. When a crime is committed, you have the right and responsibility to make a citizen's arrest. If you commit a crime, it would be extremely helpful (and provide a savings of tax dollars) for you to perform a citizen's self-arrest."

**The Toaster Museum**  
[www.spiritone.com/~erica/](http://www.spiritone.com/~erica/)  
This is one of those pages where you know the creators have way too much time on their hands. It is totally dedicated to toasters, why? God only knows. The scary thing about this page is that the creators are completely serious, they have pics and even run a museum.



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Floppy Drive	1.44 high density	1.44 high density
CD-ROM Drive	None	32 Speed
Mouse	None	None
Software	Microsoft Office 95	2 Year Total
Speakers	Amplified external	Amplified external
Monitor Card	1x SVGA 1MB	1x SVGA 1MB
Modem Card	1x Modem	1x Modem
Fax Modem	33000bps	33000bps
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## Dreaming the Web

by Robert Dutt  
Technology Reporter

Can't get enough of the World Wide Web? Now you can surf the web even as you sleep.

It's called off-line browsing, and it's becoming a very popular way to view web pages for people with time constraints or who get frustrated waiting for large graphics to load.

An off-line browser speeds up the process of keeping up-to-date with web sites by downloading pages by itself and storing them on your hard drive.

You tell the off-line browser what Internet sites you want to download and when to download them, ideally a time when your computer is doing nothing else. Then, while you're in bed or writing a test in class, the browser connects to your Internet service provider and puts all the

pages you requested on your hard drive, complete with all the links, pictures and multimedia files on the pages.

You can then view the pages at your leisure, and they load much faster than they would normally. Your web browser reads the pages off your hard drive and doesn't need to connect to the slower World Wide Web.

The two most popular off-line browsers are WebWhacker and FreeLoader.

WebWhacker is the more powerful of the two for off-line browsing. WebWhacker will look at all the sites you've selected and decide whether or not it's been updated since it last downloaded it. If the page is new, the program will download the new version. A trial version of WebWhacker is available from the ForeFront Group at

[www.ffg.com/whacker/](http://www.ffg.com/whacker/). The full version costs \$49.95 U.S., and you can order it from the site. It is available for most popular operating systems.

FreeLoader, available from [www.freeloader.com/](http://www.freeloader.com/), has one major advantage over WebWhacker. It's free. FreeLoader sorts the sites you download into categories, and includes advertising in each category. For example, as you look at your Sports category, it may present an advertisement for a good sports site on the web. FreeLoader also features a list of top sites for news, sports, and other online information. You can leave FreeLoader on overnight, and when you wake up in the morning an electronic newspaper awaits you. It is available for Windows computers only.



# Et Cetera Lifestyles

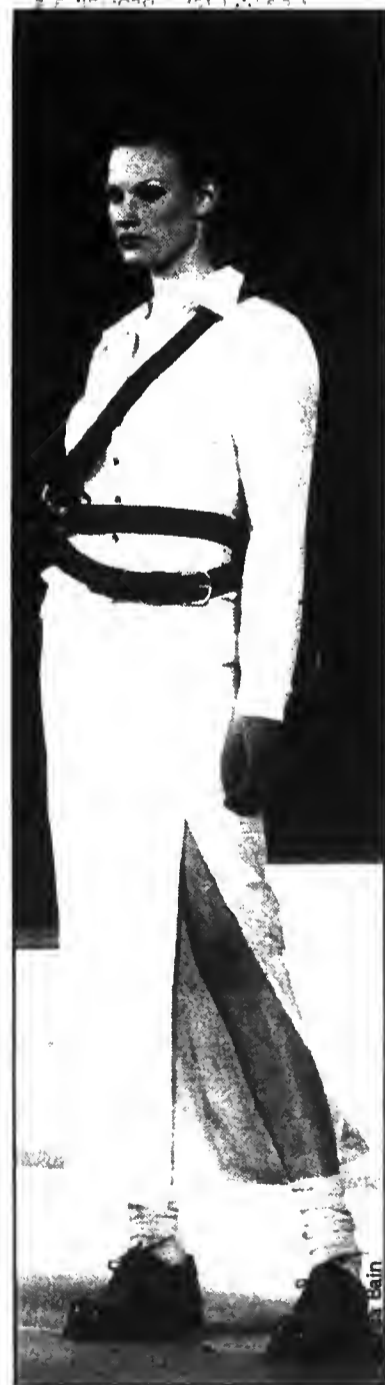
## Yorkdale gala huge success

New designers receive awards for spring and summer collections

by Andrea Bain  
Lifestyles Reporter

Two former design students from Ryerson Polytechnic University won awards at Yorkdale Mall's fourth annual New Designer Discovery Fashion Awards and Gala.

Mimi Bizjak won the New Designer of the Year Award, and Noel Crisostomo won the



Gala had many innovative designs.

Fashion Fantasy segment of the show.

They beat out five of Canada's up-and-coming new designers who were competing for the Fashion Fantasy and New Designer of the Year awards.

The fashion show featured spring and summer 1997 designs. It was an evening of incredible style and creativity.

More than 1,500 media, critics and buyers attended the show which has become a coveted fashion event. Judge Valerie Gibson, fashion editor and columnist for the *Toronto Sun* said she believes Canadian designers need the support.

"I'm thrilled Yorkdale Mall does this every year. They give good money that can help a designer move to the next step in their career," she said. She also said the show is a great way for designers to get exposed to the public and the media.

Also in attendance was Yorkdale Mall 1996 New Designer Discovery winner, Lauren Gutter. This year Gutter was judging the competition. She said, "it was very exciting and much less pressure." She said last year's win significantly changed her career. She has since began designing for Tilley, which has turned out to be a very big job.

This year's New Designer winner Mimi Bizjak is hoping to have the same future. She received a cheque for \$7,000 to further her career.

Bizjak studied design at Ryerson Polytechnic University. Since starting her own label in 1994, Bizjak has already earned a reputation for her modern and innovative designs. Her spring collection included a melange of influences from layered Japanese isometrics to Chinese footwear.

Bizjak, 24, said in the future she would like, "to get into the international market and hopefully the money I won will give me a little bit of help."

Noel Crisostomo won the Fashion Fantasy Award for his interpretation of light with his design of a stained glass house dress. What influenced him was, "the illumination of the stained glass in churches, and the idea of

Christ being the light of the world."

Crisostomo, who was shocked when he won the \$3,000 cheque for his design, said he has a lot of work ahead of him with the fall collection coming out in a couple of weeks.

Before starting his career as a designer, Crisostomo had already earned a degree in architecture from the University of Santo Tomas in his native country, the Philippines.

In 1995, the Crisostomo label was established and the designer said he is hoping one day to further his career by going international.

Since the inception of the



New designers were able to show off their collections at Yorkdale Mall.

Yorkdale Mall's annual fashion competition over 50 new and established designers, including Sunny Choi (1994 New Designer of the Year) and Wayne Clark

(1996 Fashion Fantasy winner) have been showcased.

Overall the gala was a huge success and has once again proved that Canada has a lot of talent.

## Humber will hold fourth fashion show

by Cindy Gombos  
Lifestyles Reporter

Androgynous is the name of the fourth annual fashion show being put together by Humber's Fashion Arts and Cosmetic students.

The name was chosen because, "it's a trend to challenge feminine stuff and go the other way — to show fashion with no sex," said Erin Cooney, merchandising co-ordinator for the show.

"The fashion show has been an ongoing process which started in October and went into production in January," said Eva Cosentino, choreographer for the show.

More than 2,000 people are expected to attend two shows including several media representatives from Citytv, CFTO, CFMT, YTV and Telelatino. Fashion designs from Hugo Boss, Nautica, Replay, Unlimited, Nina Mdbani, and Noel Crisostomo, fantasy winner at the Yorkdale Mall show, plus many more will be showcased. Sutherland models will be wearing the designs.

The show focuses on spring

and summer clothes with four themes.

"There are the pretty boys who will be showing feminine delicate features, soft lines and flowing shorts. The nasty boys will feature testosterone like guys, jocks, with rough faces. The 'Tom girls' are powerful women with business suits. The independent

**"The show will be wicked and wild. There will be something for everyone"**  
- Lisa Marie Krisciunas, technical advisor for the show

women and the ultimate women have long hair and feminine clothing and soft colors," Cooney said.

The show has been described as Industrial, rave-like, and dark with lots of silver and steel.

There will be prizes, giveaways and booths set up by Club Monaco Cosmetics and

Crimestoppers.

"The show will be wicked and wild. There will be something for everyone," said Lisa Marie Krisciunas, technical advisor for the show.

On April 3, fashion students are putting together a drag queen night at Caps and invite all students to come out.

"This idea came from *George* magazine, the issue where Cindy Crawford was on the cover dressed as a man," said Krisciunas.

Tickets for the 2 p.m. and 7 p.m. shows are \$7 and will be sold in front of the Humber Room. Door tickets will be \$8 and all proceeds will go to Covenant House. Students will get free admission to Caps with a ticket purchase. Also, students who buy tickets in advance will be enrolled in a draw to win a free week of subs at Mr. Submarine, who is a sponsor for the show.

The fashion show is on April 10, in the Athletic Centre.

# Hair braiding popular for black women on the move

by Soma Gobin  
Lifestyles Reporter

Hair braiding has become quite popular among busy women.

"Women don't have to waste time setting or styling their hair," said Min Campbell, a hairdresser at the Christopher G. Hair Emporium.

"It gives busy women a sense of freedom from having to worry about their hair every day," said Campbell.

According to Campbell, when the hair is braided, the style can last from six weeks to three months depending on the type of braid and how fast the natural hair grows.

Hair braiding requires patience because it is very time consuming.

Depending on the style, length and thickness of the braids, it can take from three to eight hours to braid an entire head of hair. The costs for this type of hair styling ranges in price from \$50 to \$200.

Campbell attributed this broad range of pricing to experience, time spent and relationship between the stylist and the client.

"Women will always braid their hair despite the time," said Campbell. "Braids are a way of self-expression and creativity."

Hair braiding is an African art practised in Canada, United States, parts of Europe, and in the Caribbean including Jamaica, Guyana, Trinidad & Tobago, and Barbados.

According to Campbell, there are two traditional techniques of braiding hair that are popular today — cornrowing and hair threading.

"Cornrowing is when the hair is braided flat on the head, and threading is when the stylist

**"It gives busy women a sense of freedom from having to worry about their hair every day"**

**- Min Campbell, a hairdresser**

wraps the hair in a variety of styles using thread to keep the look in place," Campbell explained.

Either human or synthetic hair is used to braid the hair. Synthetic hair is light in weight and available in numerous colors and patterns.

Synthetic hair is not heat resistant and care should be taken to prevent damage. This type of hair can be bought at very reasonable prices, ranging from \$3 to \$6 a bag. (You can buy hair from most black salons or beauty stores. The number of bags needed depends on the style and length of braids a woman wants.)

Human hair is about \$10 a bag. However, it looks and feels like natural hair. This hair can also be permed or colored.



Operating a vehicle requires a variety of skills that must be met by everyone with a licence — young or old.

# Safe driving skills required by all

by Vince Asselstine  
Lifestyles Reporter

The next time you see a white haired driver pass by with a sticker 'Grandma On Board', don't snicker. Statistically speaking, she's as safe on the road as you.

"For the highest number of collisions, it's fair to compare over-80 females with young drivers," said Leo Tesca, senior research officer for Ontario's Ministry of Transportation.

Tesca's research shows many over-80 females experience 'widow effect' — having to drive for the first time after their husband dies.

Although young people and widowed females are new to the road, neither is sympathetic about the other's driving capabilities.

"I went to Young Drivers of Canada driving school and we were taught that cars are death machines. If old drivers don't know how to use them they're basically loaded guns," said Neil Reilly, 20, a first-year Business Administration student at Humber.

Research commissioned by Ontario's Ministry of Transportation opposed Reilly's reasoning. Their research shows that in the 60-69 age range, drivers have the lowest number of accidents and are the safest drivers on the road.

Elderly drivers complain about speedy and risky driving by young people. "I would love to follow a young driver who cuts me off but, I have a hard time seeing license numbers," said Aida Misener, 80, of Guelph, Ontario.

Driving permits the elderly to maintain a sense of independence.

"I like driving, but now there's too many damn cars on the road. I only drive to the grocery store and the dentist," said Misener.

Operating a vehicle requires skills many of us take for granted; ability to see, react to make a decision and perform a range of motions. Elderly drivers, generally above the age of 65, experience a gradual reduction in reactive and sensory skills. Tesca explained that visual acuity, hearing loss and arthritis are what the older segment of drivers have to adjust to.

"I can see street signs up close, but not from far back. My eyes are not the best since the cataracts," said Elaine Greenwich, 76, a retired Sears employee.

Young drivers use the breakdown of ability with age as their reason for why the elderly are not safe motorists.

"Their eyes and reflexes go as they get older. Old drivers can barely see over the steering wheel, they should be sitting on telephone books," said 20-year-old Anthony Wilson, a Business Administration student at Humber.

Although Tesca said elderly persons are often safer drivers, he is quick to mention young drivers have excellent reaction times and driving skills.

"If a young person is doing 120 clicks [km] on a back road in the country, good luck. Their reaction time and skills are useless. They're done," said Tesca.

The main cause for fatalities in young drivers is excessive speed, Tesca said.

"If I'm behind an old person who's driving slow I'll speed up and pass them," said Reilly.

"Young people feel invincible. I guess we need to see more

accidents like older people [have] to make us slow down," said Wilson.

Ironically, young motorists comment that the old can barely see over the steering wheel but, their accidents are often caused by "low aim steering".

This is the tendency to focus only on what's going on in the car. When 'low aim steering' is combined with high speeds the results are often fatal, said Tesca.

"This young guy at Christmas time zooms out from the highway exit and almost side swipes us. They are always dodging in and out of traffic, it's scary," said Greenwich.

On October 28, 1996 the provincial government loosened their policy dealing with driver's over 80.

A vision test, knowledge test and group education session required every two years has replaced the annual driving exam. However, a small number of seniors will be asked to take the in-car test.

"The problem with the previous program was that everyone virtually passed. The pass rate was 99 per cent. Many examiners gave seniors the benefit of the doubt," said Tesca.

Tesca said younger drivers will have complaints but he defended the program by stating only 1.14 per cent of the entire driving population is 80 and over. The G2-advanced knowledge and driving test is mandatory for any senior over 70 who's had an accident. Tesca said he wouldn't want to take it.

"The reality is, it's easy to use the elderly as a scapegoat," said Tesca.

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# Shelter helps thousands

**Touchstone hostel provides home for youth with no where else to go**

by Heather McKinnon

Lifestyles Reporter

When Kenya\* left her home in Jamaica at 17-years-old to come and live with her mother in Toronto, she had no idea how her life would change.

She left behind her biological father with whom she had lived since she was a child, to start a new beginning with her mother; a mother who had abandoned her.

After seven months, the reunion with her mother turned sour, and Kenya's only option was to leave home.

"Things just didn't work out. There were too many unresolved issues, and things were too unstable both emotionally and psychologically," said Kenya.

It was difficult for Kenya to accept and adjust to a life with someone she had never had the chance to know.

"We couldn't talk to each other and we fought a lot. We had so many conflicts and couldn't talk about the roles we were supposed to play in each other's lives. I think it's really hard to accept

someone as your mother when they've never mothered you," admitted the soft-spoken girl.

It was Kenya's decision to leave her mother's home. With her bags in hand, she spent the next three months moving from place to place, finding only temporary shelter with friends.

It wasn't until she was attending Jarvis Collegiate Institute, that a school counsellor learned of her living situation and told her about Touchstone — an emergency youth shelter in east Toronto.

Touchstone became a stepping stone for Kenya to get her life back on track. Unlike a lot of youth, she had only spent a couple of months being homeless, and even then she admitted she was lucky because she was never forced to resort to living on the streets.

Touchstone, which has been in operation for almost six years, offers youth a stable and caring environment. The only emergency shelter in east Toronto, it is equipped with 23 beds in its co-ed facility, a lounge and recreation area for homeless youth between the ages of 16 and 20. Clients are able to stay for three months, although they can return after having left. To date, the three storey structure has provided services to nearly 6,000 youth.

"I stayed at Touchstone for

about five months. I was able to stay a bit longer because I was still in school. But it was hard living there, because people were always coming and going and they had a lot of issues to deal with," said Kenya. "I was really unhappy being there, but I don't think anyone is really happy staying in a shelter, just because it's not a stable living situation."

The majority of Touchstone's clients have psychological issues stemming from dysfunctional family situations. They are victims of physical and sexual abuse, degradation, substance abuse, domestic violence and family breakdown. Leaving home was not a choice for them, and they are sad, angry and devastated, said Touchstone executive director Sabine Wood.

"Touchstone is probably one of the most innovative shelters in its philosophy of working with youth," explained Wood. "I think we have been very fortunate to have facilitated family reconciliation, where in other places it may not have been possible. I believe strongly in reconciliation, wherever possible, even though sometimes it isn't."

Kenya, who is now 22 and in the General Arts and Science program at Humber College, said reconciling with her mother after she left home did not appeal to her. She admitted it was a difficult thing

not to do because it's her biological parent.

"I don't speak to my mother now. I think it makes her sad, but she understands why. When I'm ready to speak with her I will," she said. "But I don't think a lot about not having her around. It's hard to miss something when you've never really had it in the first place."

Wood said because of the high quality of service from the staff, including an on-site therapist, Touchstone is unique from other shelters.

The shelter's goals are to increase self-sufficiency of youth, and assist them in rebuilding their lives. Touchstone's statistics show adolescents who experience parental abuse have heightened levels of anxiety and higher failure rates in the educational system. Further statistics show those who have been abused display antisocial behavior, hostility and aggression towards others. Mental health disorders such as depression or even suicide are common among dysfunctional youth, and physically they may engage in self-mutilation.

"The board of directors made a commitment to ensure that there would always be a therapist on staff that would be able to work individually with clients to help them deal with their problems," said Wood, adding the shelter is staffed 24 hours a day with workers and volunteers.

Kenya said while living at Touchstone sometimes made her feel uncomfortable, the staff did anything but that.

"I felt really supported by the staff. They were always nice and listened when I had something to say. They would play cards with

me, and do other stuff. And at that time, there was a girl staying there who also went to my school, so it made it a lot easier to cope," she said.

At Touchstone, youth are able to use the resources available to them, and hopefully go on to find permanent or more secure housing, as was the case with Kenya.

One of the staff at the shelter who was doing her school placement at the time, told her about the Pape Adolescent Resource Centre (PARC). PARC is a preparation for independence program for youth in care and former youth in care of the Metropolitan Children's Aid Society (CAS) and the Catholic Children's Aid Society.

They offer youth various programs that address issues such as housing, employment and education. They also work closely with Touchstone and run weekly support groups out of the shelter's facilities.

After meeting with a PARC housing counsellor, Kenya found her own place in east Toronto.

According to Wood, "the struggle to teach young people the skills to live independently is another positive impact Touchstone has had on their lives."

"I would say that in the 15 years I've worked with adolescents, working here has made me a much more vulnerable individual (after) looking at the plight of homeless youth, and I'm becoming a very strong advocate within the community to prevent homelessness," she said.

(\* Real name has been changed to protect identity.)

## Massage cures stress

by Dawn-Denise Parkes

Lifestyles Reporter

Three weeks have passed since March Break, and only six weeks remain until the semester ends.

Sounds good at first, but how many assignments, tests and exams still need to be completed?

Anyone stressed? A massage may be the solution.

During this 'do-or-die' season, it is common for many students to experience stress-related health problems. Unusually bad headaches or migraines, back and neck problems and minor illnesses, all of which may be caused by stress, can affect performance at school or work. However, all of this can be avoided by making some time for yourself and having a massage.

Registered massage therapist Zhong Quan (Ted) Chang recommended this method of healing for students because it aids the muscles and the body.

Chang is careful to mention that "no one method can treat everything", but insisted massage therapy is an effective treatment for sports injuries, sprains, joint and alignment problems, headaches, tension and even diseases.

Chang uses a mixture of traditional Swedish massage techniques along with shiatsu and reflexology.

"I use these techniques to relax the muscles and improve circulation throughout the body which eases any pain the patient has been experiencing."

Shiatsu, a form of acupuncture in which fingers are used on pressure points instead of needles, clears the system of any blocks which may cause pain or disease.

"There are many [factors]

**"No one method [of massage] can treat everything"**

**- Zhong Quan (Ted) Chang, a registered massage therapist**

which can cause these blocks," said Chang. "Cold, wind, climate changes, emotional problems and stress all contribute to blockage."

Chang provides herb consultations during which he recommends a variety of herbal remedies.

"I usually recommend herbs instead of medication because

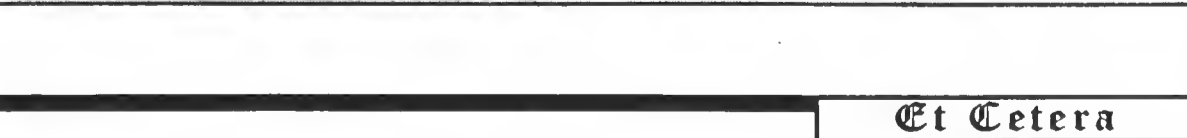
medications always have side effects, and herbs are sometimes better than medication."

Prescribing pain relievers such as Aspirin or Tylenol is always a last resort for Chang. He said massage gives good results for most sources of pain, and if an herbal remedy may aid a patient's healing, he will suggest that before suggesting any pain relievers.

Chang said he enjoys his work in massage therapy because it allows him to help people live better. He recommended massage therapy to students who are stressed with their busy lifestyle, and said students should not shy away because of the cost. Depending on the problem, massage therapy may be covered under some benefit plans. Chang charges \$35 a half-hour, or \$60 for a full hour of treatment.

Chang treats people who require looser muscles and healthier bodies. Chang said he enjoys knowing he has aided in making the population more healthy.

"It is important to me not only to make people better, but also to keep people healthy and prevent disease."



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# Balcony gardening made easy with a bit of know-how and care

by Jennifer K. Hamoen  
Lifestyles Reporter

If you live in an apartment and you love gardening but think there is really very little you can grow — think again. With the right selection and proper care, you can have a Garden of Eden.

All you need is your imagination. "Just about everything that goes into a garden can go into a container," said Juanita Baxter, a horticultural technician.

Container plants include pots which sit on the ground, wall baskets and flower boxes that can be hung on a balcony.

Container gardening is generally cheap. Eight small plants cost about \$2. As well, no tools are necessary, you can just use your hands. The containers can be a little more expensive, especially clay pots, but plastic pots are fairly inexpensive.

Your choice of flowers or plants will depend on the direction in which your balcony faces. When buying seeds or bulbs, look on the package to determine the suitable location of the plant. If your balcony is facing south (gets at least five hours of direct sun a day) then you have a large variety of plants and flowers you can select from. Common flowers for south facing balconies include snap dragons, geraniums, zinnias, petunias, and other foliage plants such as german ivy, and perennial vines.

For color, Baxter suggested



Fertilizer is very important for container plant. A horticulture technician recommends fertilizing every two weeks or when ever necessary.

red nasturtium, purple basil, and french marigold in a 3 in. x 1 in. container. Cactus are easy to grow and require shallow containers. The container must be deep enough to accommodate the particular plant. Regal lilies and licorice vine can be grown in a larger container.

Plants in full sun require the most maintenance. You may have to 'deadhead' the plants by cutting off the dead flowers. If the plants are looking burnt, they need less sun. If yellow, they need shade or to be fed. It is important to watch for bugs on the south side, Baxter warned. Spray them with insecticide soap.

For balconies with a little shade (those facing east or west),

the garden possibilities are limitless. Any annuals such as pansies, sweet alyssums or impatiens will work well.

If your balcony gets little sun, your possibilities are limited but not impossible. Any annual plants will provide color all summer. Some of the most popular plants include fuchsia, impatiens, and tuberous begonias. You can also grow foliage plants such as spider plants and english ivy.

If plants in the shade get spindly, move them into the sun. You want your plants to be lush-looking, Baxter said.

Annuals can be planted from seed now but perennials should have been seeded in January and February. If you want to start

now, they should be planted as bulbs.

Fertilizer is very important. Baxter recommended the slow release kind when you first plant, and after fertilize your plants every two weeks (if they need it). She suggested you mix the fertilizer with water when plants are damp.

Plants are not the only things you can grow on your balcony. It is possible to grow small hardy trees, vegetables such as lettuce, and fruits like tomatoes (with lots of sun). You can even grow your own herbs. "Anything is possible ... be creative," said Dwayne Jackson, greenwood supervisor at Sheridan Nurseries. The type of plant determines the depth of the pot. For example, you can even grow roses but you must have a large pot so the soil does not freeze.

Wild flowers are another alternative. Select these in the same way you'd select for a garden. First, consider the direction your balcony faces to determine what will suit best.

The harder the plant, the better because of the wind, said Chris Hart, president of the national organization of the Canadian Wild Flower Society. Meadow species or asters such as the New England aster will withstand wind well. Wetland plants such as irises and cattails can also be kept on the balcony as long as you continually saturate the soil.

Types of grasses such as Indian grass can also be grown. Growing grasses allows you to grow less hardy flowers such as bachelor buttons and corn poppy because the grasses provide protection from the wind.

A great advantage of gardening on your balcony is some plants such as annual vines, provide excellent screens for privacy from your neighbor. For more ideas, good resources for container gardeners include *Gardening off the Ground* by Art C. Drysdale, and *Colorful Containers* by Friedrich & Dagmar Strauss.

#### Tips for setting up your garden:

- buy nothing in full bloom
- buy a short stalky plant with small blooms (pinch off the blooms)
- make sure pots or containers have a wicking system or a reservoir for water
- use plastic containers to help retain water longer
- use soilless mixes
- water in morning and in the evening
- read the package for growing habits when putting together arrangements
- feel soil to see if it needs water, don't just solely go by the instructions on the package
- look at plants everyday and your plants will do better
- Juanita Baxter, horticultural technician

# Expert saves dying bats

By Eileen Cahill  
Lifestyles Reporter

Charles Robertson has bats in his fridge.

The five big brown bats aren't victims of a new fad in cooking. They're very much alive, but hibernating. Thanks to Robertson, the province's leading bat expert, they now have a chance at life.

Until 1988, virtually all orphaned and injured bats in Ontario were killed, no matter how minor their injuries. At that

time, animal shelters didn't know how to care for them. Robertson volunteered his services as a bat rehabilitator and bats throughout Ontario are now sent to him.

Robertson said when bats are disturbed during hibernation, they end up in basements, where they fly around and burn up too many calories. If released in the winter, he claims, they will die. So he places them in his refrigerator to lower their body temperatures and "fatten them up." When

they're ready, he releases them into the wild.

As a construction worker, Robertson specializes in removing bats from buildings humanely and enticing them into bat houses, which he installs over their entry points. He cautions bat exclusions should never be done during June or July, when mother bats nurse their young.

Once, however, he had to make an exception because some bats were creating a health problem. To ensure the babies' survival, Robertson removed them from the building and placed them on a cookie sheet. That night, he stood outside the building and waited for their mothers to fly down and collect their young.

"They were all collected," he said. "Every last one."

Without bat houses, Robertson said it's very difficult to keep bats from returning. Besides providing shelter for bats, they also help control the mosquito population. However, he

said, bat houses designed for Mexican free-tailed bats, found in the southwestern United States, will not attract any of the five bat species found in Canada.

**"You'd be more likely to catch rabies from a cow than from a bat,"**

- Charles Robertson, bat expert

Robertson claimed bat populations have been harmed by pesticide use and habitat loss, but are slowly increasing. DDT is now banned, and pest control companies are now forbidden to use chemical poisons and repellents on bats, he said. However, he claimed that some still do it illegally.

Although his formal education ended at grade 12, Robertson has

travelled all over the world to pursue his study of bats. As a research associate for Bat Conservation International and a field associate and member of the speakers' bureau at the Royal Ontario Museum, he now works to educate others about bats. He said most people he meets are "very interested and curious" about bats.

But some are still afraid of these gentle creatures. One reason is the fear of rabies. Like any mammal, bats can contract rabies. However, Robertson said the risk is small. "You're more likely to catch rabies from a cow than from a bat," he said.

Robertson now heads the Toronto Humane Society's bat hibernation program, which helps big brown bats like those in his fridge. He provides advice and information to the lab technicians who care for bats at the shelter. Like the five who live with Robertson, they'll be released in the spring.

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# Centre takes care of injured wildlife

by Eileen Cahill  
Lifestyles Reporter

The Toronto Wildlife Centre, located at Dundas and River, offers hope to the city's orphaned and injured wild animals.

According to Gail Allen, the secretary for Humber's Arboretum, the North campus is home to about 100 species of birds and about 20 species of mammals. How many of us would know what to do if one needed help?

The Centre, which runs entirely on donations, now has almost 100 animals, including birds, squirrels, raccoons and even a coyote who was found dodging traffic, emaciated because food was so scarce. According to Nathalie Karvonen, the Centre's executive director, many of these animals are victims of avoidable conflicts with human beings.

For example, Karvonen points out, some people turn to wildlife removal companies to solve problems with nuisance animals, such as raccoons who tip over garbage cans and squirrels who move into attics. Karvonen said she thinks many of these companies mislead the public when they claim to offer humane solutions.

Some wildlife removal companies, she said, relocate mother animals and leave their babies behind to starve to death. While some of these babies are lucky enough to be rescued and brought to the Centre, many others are not, she said.

Most wildlife problems, Karvonen said, are simple to solve without resorting to those measures. For example, covering a garbage can will discourage raccoons. Removing the raccoons is

useless, she pointed out, because others will take their place.

Karvonen said a good wildlife removal company won't relocate animals. Instead, it will exclude animals from buildings after making sure no young are inside, and educate its customers so they can prevent future problems. And, she said, a good company will insist on waiting until any babies are old enough before chasing them out.

Another problem, according to Karvonen, is that misconceptions about wildlife often lead well-meaning people to interfere needlessly. For example, many people pick up baby animals in the mistaken belief they're orphans. But in many cases, these animals are starting to make short trips from the nest and their parents are not far away.

Such cases often involve fledgling birds, Karvonen explained. She said many people don't realize it's normal for them to be out of their nests, and that parents continue to feed them on the ground. If in doubt, she said, it's best to call the Centre. The length of a bird's tail, the presence of fleas, and other signs can help the Centre determine whether he or she needs assistance. Karvonen said it usually takes about 20 minutes to answer a call like this.

In the majority of such cases, she said, it's best to do nothing except make sure there are no cats in the area, and wait for the animal's parents to return. If the animal is a real orphan, however, he or she must be taken to a wildlife centre and raised by trained caregivers.

The Centre's volunteers always handle baby animals as little as possible to make sure they

don't become domesticated. Karvonen is emphatic that babies must be raised with other animals of their own species; "it's not an option." If the Centre gets a single baby, the staff will call other wildlife centres to find another baby of the same species, even if it means taking the animal to another city. They also cover the cage so the animal doesn't get used to seeing people.

Before orphaned animals are released, Karvonen said they must be afraid of people, as this is the only way they can survive in the wild. "We do everything we can to convince them humans are nasty," she said. Although they don't hurt the animals, Karvonen said the Centre's volunteers disturb them, growl, bang things, and generally try to appear as obnoxious as possible. They won't release an animal until he or she shows signs of fear — for example, backing away when humans approach.

Karvonen would like to see amendments to the Fish and Game Act regulating wildlife centres and wildlife removal companies, and said the Ministry of Natural Resources is currently considering such amendments. She also advocates legislation requiring cats to be kept indoors, for their own safety and to protect wildlife. "It would probably reduce our workload by two-thirds," she said.

For urban wildlife problems, questions about an animal in distress or a referral to a responsible wildlife removal company, call the Toronto Wildlife Centre at (416) 214-1624.



Eileen Cahill

Hundreds of wildlife animals are injured every year, many of these animals are victims of avoidable conflicts with people.

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## More humidity key to healthy indoor plants

by Theresa Vokey  
Lifestyles Reporter

Plant care can be difficult for some amateur horticulturists, especially in the Humber College residence dorms.

Brain Hodge, yard manager at White Rose, for indoor and outdoor plant culture said, "one thing that would make it a little easier is by providing a little extra humidity."

"What people do is take a tray and fill it with colored marbles or gravel, add water, and then place the potted plant on top," he said. "The water evaporates and humidifies the air."

The plant itself does not

absorb the water. Although make sure the plant is always moist.

The other problem plants face in the residence atmosphere is low light levels. Hodge advises not to purchase plants with multicolored leaves. A good plant for low light levels would be the spider plant.

"Multicolored plants with two, three maybe four colors in each leaf require higher light. That's what gives them their color. If not, they'll revert to the color green."

These types of plants would not live well in the residence atmosphere.

Plant fertilization is not neces-

sary between the months of September and April, said Hodge.

"It's more of a dormant period for some plants," he said. "It saves a lot of time and hassle. Fertilization is more for leaf growing and for producing flowers. Usually between May and September."

**Some plants are better for low light, indoor situations**

Here are some suggestions:

- Dracaena marginata
- Spider Plant
- Yucca elephantipes

# Cults target new students at colleges and universities

by Tammy Egan  
Lifestyles Reporter

Imagine taking a dare that could cost you your freedom and rights. This almost happened to Jeff Pitts while he travelled through British Columbia. Pitts was sitting with some friends when a group of Hare Krishna approached them. They offered free food and shelter to the travellers. One of the female travellers dared Pitts to go with them for a day or two to see what it was like. Always ready for an adventure, Pitts took the dare.

Pitts was given a simple room to stay in, but his belongings were taken away. He was also assigned a friend to teach and

**"If someone has been brain-washed, they are already a victim. It doesn't matter what you say, that person has been made to believe that you are evil for trying to take them away from his or her group,"**

**- Jay Haddad,  
psychology professor**

help him to adjust. After finding out he was from Kitchener, Ontario, other Hare Krishna claimed they were from there also.

Pitts said when you were with the group "you were not allowed to be quiet, but had to take part in the religion." This meant he had to constantly talk about it, read about it and think about it. After his first day at the complex,

his assigned friend started pointing out all the evils of society. This was when Pitts decided he wanted to leave. But the next day, when he tried to leave, his new 'friends' and the director tried to distract him from collecting his belongings by asking him to join in different activities.

Pitts said, they kept "trying to put stuff in my head about how bad it was in society and how everybody tries to outdo everyone else."

What Pitts said he did not realize was this religious group was trying to recruit him.

According to Jay Haddad, professor of psychology and humanities at Humber College, anybody is vulnerable to cult recruitment, and colleges and universities have many students eager to try new things. It is easy for a group to be on a campus, because it is their right to express views to others. But, it is up to the individual to listen and believe what they are being told.

He also said recruitment is the first step of joining a cult. Prime targets are people between the ages 18 and 30 years old, because it is important the individual is an adult and parents cannot interfere. Cults don't want the misfits of society, they prefer the intelligent middle-class young person.

Gary Jaynes, director of Physical Resources at Humber College said, "you may join a cult and you may be very happy which is fine because there is nothing wrong with that — but what's wrong is when you want to leave and they [the cult] start to involve you in activities that you may not give your consent to."

Jay Haddad agreed, once a group starts to control your actions, you have been programmed. This is when the group has loved you, made you feel accepted and maybe abused you psychically or emotionally. If they control your every move, you

become dependent on the group for everything.

A group is classified as a cult by its actions and behavior. They could make claims to be the way to God or show you the way to happiness. There is usually a male leader who claims to be a special messenger from God. They use manipulation to get people to join and stay loyal to the group. Cults also expect financial support from followers, such as a percentage of your pay or title of your property, said Haddad.

Students are often victims because they are adjusting to a new school and are making new friends. Sometimes a new situation can make a person feel out of place with a sense of not belonging anywhere, and the cult offers a haven.

Haddad, who has helped people involved in cults said, "people are vulnerable everywhere and anywhere. A college campus is where you've got a movement of thousands of people, so you have a lot of potential to draw a lot of people."

"Students are also curious and want to experiment while at school or away from home," Haddad said. "Whether you set up a booth in the Concourse or meet people through sitting in a school bar, you (a recruiter) have the potential to attract someone who may be away from home, who may be searching, and who may be naive."

Cults use deception and mind control to convince you the group's way is the only way — all rights and freedoms are gone. The group leader(s) uses manipulation to persuade people to cut off relations with friends, family and the outside world, said Haddad.

Pitts couldn't call his parents or friends to let them know where he was. After entering and being programmed into the cult's mentality, most people display a change in their personality and loss of identity.

"If someone has been brain-washed, they are already a victim. It doesn't matter what you say, that person has already been made to believe that you are evil for trying to take them away from his or her group," said Haddad about people who try to show cult members their group is dangerous.

The Ontario consultants of religious tolerance web site highlighted two kinds of harmful cults. The first is a mind-control cult. This kind of cult reinforces the need to belong to the group. They deprive you of sleep and protein, and get you to talk about the fears and secrets in your life. A lot of chanting and meditation is used, because it is a way to



Jay Haddad, a professor of psychology and humanities at Humber said cults generally target people between the ages of 18 and 30.

hypnotize a person. Some of the effects are loss of free will, and the inability to form relationships outside the cult.

The second is a destructive cult. They use mind control, deception and exploitation. This group follows the 'us versus them' view and many of the members become paranoid. They believe the outside world is trying to get them and will try to prevent the group from reaching their goal.

Craig Barrett, a counsellor at Humber College, said his definition of a cult is someone "giving over their own mind and not thinking for themselves anymore. And (getting) caught up in someone else's set of values and rules." He said people have to be careful because these groups tap into your doubts and offer a place to belong to and be accepted.

**"Get as much information as you can. It could be a long and costly assisting someone out,"**  
**- Jay Haddad**

If you are trying to get someone away from a cult, you have to expose the group to that individual by presenting facts on the cult, and showing how they use deception. In the end, it is up to the individual caught in the group. With their consent, a friend or family member can remove them from the cult, said Haddad.

Haddad's said his advice is to "get as much information as you can," but he warned "it could be long and costly assisting someone out".

To protect yourself, you must educate yourself. Once a cult

succeeds in recruiting you into their group, you have already become a victim. "The recruitment phase is the first phase of mind assault," said Haddad, and the techniques they use "are mind assault, isolation, and lack of communication with family members."

They may also 'love bomb', which is telling you how great you are and how wanted you are. Since some people don't experience this in their own home environment, this attention from the cult makes them happy. They do this until you 'snap'.

Haddad said snapping is when the individual has finally been programmed to believe in the cult's values and beliefs, and once a person is in, it is hard to get them out. That person has to want to leave on their own.

Why would anyone want to stay in a cult? Once you've been brain-washed into the cult's beliefs, you see everything else as bad or evil. Haddad said people stay in a cult because a "better fulfillment (and) a better quality of life" are being met. Basically, the group becomes a person's whole life.

Pitts was able to leave with help from a young woman in the group. This woman, who was married and pregnant, was doubting her own faith in the group. She persuaded her husband to let Pitts come to town with his bag and to let him walk away. He was lucky his dare did not become his life.

Being rescued from a cult is impossible unless a choice to leave is made, and, even then, it could take from six months to two years of floating between the cult and counselling before a person is themselves again. After leaving the cult, an individual has to change his whole idea of how he sees the world, said Haddad.



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Et Cetera

# Entertainment

Music Movies Theatre Comedy

## Underground Groove show highlights new indie designers

by Renee Buchanan  
Entertainment Reporter

The finely mixed techno beats blend together in a trance-inducing state. The stage is dark; a large film screen filling the wall. One by one, a group of men and women confidently walk along the catwalk, keeping time to the music's rhythm. What is it that is keeping a packed Centennial Hall in London, Ontario riveted to the stage? Dimension, The Underground Groove Fashion show and AIDS benefit, March 16.

"We are showcasing independent Canadian designers and secondly, we are providing awareness and support for the John Gordon Home operated by the London Regional Hospice," said James Jenkins, executive producer of the fashion show. "It (the hospice) is an invaluable service in our community."

The independent designers featured in the annual show were Lisa Gaverluk and her design label WEEZI, Andrea Leyva's Suburban Underground, Sarah Fortune's Naughty, Chad Raymond and Sean

Cavanaugh's Funksun, Julie Poirier and Jenny Malloy's label Poirier - Malloy, Sally Cook's Sly, Katlin Robinson's Daemons In My Closet, Krysja's Numb, Soul Choice, Colin Telford and Paul Jenkin's D&B, Becky Ormond's Urban Pastures, Raw King Man, Matt Burditt's Divinity and Joseph Li. Most of these fashions can be purchased in London and in selected areas of Toronto.

The models exuded an aggressive energy. As they worked the catwalk, their images were displayed behind them on the giant film screen.

Many of the sets included a level of drama, or play acting, that enabled the show to escape the monotony of simply watching people walk back and forth.

Juno nominees, The McAuley Boys, sang during the show; an interesting break that only enhanced the professional sound, lighting and choreography.

The show carefully displayed wearable, funky fashions interspersed with outrageous, imagina-

tive sets that featured clothing suitable only for the runway, or for the set of a Hollywood movie.

The Underground Groove, a University of Western Ontario club whose members produce the show, included themselves on the runway. Featuring males and females dressed only in

underwear, the set encouraged audience members to be open minded about human sexuality, sexual preferences and to remember that stripped bare of our fashions, we are all of the same species.

Following the event, all guests



Dimension benefitted the John Gordon Home, operated by the London Regional Hospice.

were invited to an after party, included in their \$25 ticket price to the fashion show. At the party, DJ's spun while guests, designers and models mingled, and the producers looked forward to doing it all again — next year.

## The Bliss of Humber Palooza

by Victoria Pattison  
Entertainment Reporter

Humber Palooza was a rock'n success.

Last Wednesday night, the Students' Association Council (SAC) and Toronto's MetalWorks recording studio put on a battle of the bands called Humber Palooza.

It was the first time SAC has held an event like this.

SAC members Glenda Galarza and Mel Smith were the main organizers and the venue was North campus pub, Caps.

"We think lots of bands have no opportunity to be heard," said Galarza, shouting over the music at the event.

"MetalWorks approached us. We weren't sure at first if we could pull it off. But it is going very well," Smith added.

MetalWorks, which has been around for 20 years, used to be the private recording studio for '70s glam-rock band Triumph.

It was bought out by the Triumph drummer, Gilmore, and is currently managed by Alex Andronache, who was one of the

judges at Humber Palooza.

"We put on several of these a year and I judge about eight or nine of them. We like to give new Canadian talent a chance," said Andronache.

The idea to approach Humber College came from Craig Lowe, an independent marketer who has done work with MetalWorks before.

He was also a judge.

The third and final judge was Chad Keogh, Humber media technician who was asked by SAC to donate his time.

There were seven bands involved.

The battle began at 6:30 p.m. with the alternative stylings of The Three O'Clock Oaktree who promptly left for another gig after their performance.

They are hard working musicians who already have a CD out which they gave to the judges.

The music was mostly alternative, but there were a few pleasant surprises, like The Pin-Ups.

They performed sixth and were an instant crowd pleaser.

Dressed in sunglasses and suits they took control of the stage and urged the crowd to dance. Their song "Milkshake" was a real favorite with the audience.

"We're '50s garage rock 'n' roll with a punk twist," band member Mark Buffore explained. Buffore is a Humber student, who saw the event on posters around the school.

"We have a whole bunch of new songs and we thought this would be a good way to get them recorded," added Brad Reinhardt, another member of the band.

Halfway through the battle the judges were beaming. "I'm impressed with everything I have heard so far," said Andronache.

In the end, the judges were looking for both good performance skills and song writing quality.

"It was tough because some bands were strong in one quality but not in the other," Keogh explained. "The Punishing (a hardcore band) had strong songs but no performance skills. The Pin-ups gave a great performance but their song lyrics lacked."

The judges were unanimous in giving top honors to the last band to perform, Incandescent Bliss Machine. They thought Bliss Machine had the right balance of all required skills.

Incandescent Bliss Machine won the \$1,500 in recording time with a professional engineer and a 24 track tape.

Unfortunately, the crowd had other ideas and booted profusely when The Pin-ups only tied for third with The Three O'Clock Oaktree and The Punishing. Running with Scissors came second.

Incandescent Bliss Machine is comprised of Nigel Walker, Peter Grant, Ian Bertsch and "Brother D."

"We've been together with this lineup for less than a year. But the band name has been out there for about three years. It's only this lineup that counts though," said Brother D, who insisted that it was his real name.

When asked to describe their style, Walker answered, "no style, no class, just cool."

### Happenings

Thursday

Caps:  
Pub Night

Friday

The Student Hall:  
Popsceen  
(Brit/American indie)  
9 p.m.

Saturday

El Mocambo:  
sharpkid  
9:30 p.m.

Sunday

The Dance Cave:  
Lux (Brit-pop/techno)  
9 p.m.

Monday

Rivoli:  
Alt. Comedy Lounge  
8:30 p.m.

Tuesday

Catch a flick for 40  
dimes!

Wednesday

Cameron House:  
Starvin' Hungry  
10 p.m.

## Quote of the Week

"There's a heroin addict, a cocaine addict, and a marijuana addict on my staff. Sometimes it's difficult. Sometimes it's great fun."

-James Brown, editor of England's *Loaded* magazine

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## New specialty channel a gut busting matter

by Jessica Lyall  
Entertainment Reporter

This September the Baton Broadcast System (BBS) will cater to everyone out there who loves to laugh.

A new specialty channel will air in the fall, strictly devoted to comedy. TCN (The Comedy Network) will have everything from standup to sketch comedy to twists on talk shows.

"We do not want to be typical of what you find with other broadcasters," said Ed Robinson, the channel's vice-president of programming. "All the programs on TCN will have a certain type of attitude...unconventional. We're not going to be driving down the middle of the road, but we're going to be on the paved shoulder, sometimes kicking up some gravel, because we're going to be on the edge."

You're not going to see anything like repeats of *Growing Pains* and *Who's the Boss?*

Instead, the lineup will include shows like *Kids in the Hall* and *The Larry Sanders Show*.

For the first year, the schedule will be 58 per cent Canadian, much of that coming from independent producers. The rest will include work from the United States, Australia, and the U.K.

"It's conceivable that we would have an arrangement with Comedy Central which is the specialty channel in the United States that has comedy. We would do some sort of joint co-production where we would invest, they would invest and it would be a program that would work for both the U.S. and Canada," said Robinson.

Robinson said TCN wants to reach a demographic of ages 18 to 49. He also stated he wants the channel to be different from anything else available.

"I like to describe this as a family unit would not necessarily sit down and watch TCN, but the kids would go to the second television and expect that they're getting away with something, and the parents are saying 'Good, now we can watch TCN.' So they're each watching, but it's kind of like there's a sense of mischief about it," said Robinson.

TCN is one of four specialty channels chosen to air this September, the others are Teletoon Animation, CTV Headline News, and The History and Entertainment Channel.

Robinson is excited about the new channel and said, "it will be interesting to see how all this turns out."



Nicole Cardoni appearing in a Sears catalogue,

## Ample opportunities for extras in Toronto

by Rita Salerno  
Entertainment Reporter

The entertainment business has exploded in Toronto and talent agencies want to put you in the midst of the lights, cameras, and action.

Because the modeling, film and television industries are so large, new faces are always welcome.

"We need people of all ages who can be on call on a regular basis," said Mark of FreeCloud Productions. "Extras are needed for U.S. feature films, movies of the week, Canadian and U.S. television series, and jobs are available days, nights and weekends."

The first step to becoming a movie extra is finding and contacting a legitimate talent agency.

"My agency is called Kool Kids," said 13-year-old Nicole Cardoni. "I have a bunch of agents but they don't all work for me. The agency has about 500 people."

Most talent companies don't require customers to pay a registration fee and they will offer clients a tour and information session before any papers are signed.

It's also wise to select a place that has a large clientele and has been around for a few years.

To make the registration process complete, many talent agencies require clients to send in photographs and include a brief description of themselves.

"Before doing anything you have to send in two to four recent snap shots," said Ronda Croft of Kool Kids Talent Agency.

"Also include your height, weight, date of birth, name and a telephone number. Once we have reviewed the material we will either call to set up an interview or return the photos."

The agency then distributes the shots to casting directors for commercials and films and to photographers from certain magazines, catalogs or advertising companies.

"When a place calls looking for a 13-year-old girl, brown hair,

green eyes, etc. The agency looks in its files and finds someone that fits the description," said Cardoni.

If required, a date and time for an audition is then set up by the talent agency.

"For small shoots you don't have to audition. But for the big things like commercials or billboards you have to," said Cardoni. "I've done a big poster for Levi's, Daily Food billboard's for Alberta and British Columbia, shoots for Eaton's, Sears and The Bay, and I've been to two commercial auditions so far."

Being the third largest centre for filmmaking, behind only Los Angeles and New York, Toronto has been nicknamed by many as Hollywood North.

"I've been an extra in a few movies like *The Long Kiss Goodnight* with Geena Davis and Samuel L. Jackson, and *Extreme Measures* with Hugh Grant," said 24-year-old Carl Alberlin, "mainly films and TV shows that are shot in downtown Toronto, and there's a lot of them being shot here now."

Probably the most attractive things about a gig like this are that many talent agencies will offer free training to people without experience, it's not your average nine to five job, and the money is a lot better.

However, most agencies take approximately 10 to 15 per cent of each client's profit.

"If you have time on your hands and need some extra cash then look into something like this," said Alberlin. "I would recommend this kind of work to anyone. It's fun and it beats working at a burger joint."

In 1996 alone, movies shot in Toronto generated close to 20,000 jobs and with the business growing so quickly the number is sure to increase.

"I want to become an actress when I get older," said Cardoni. "Hopefully, my career will happen soon."



### OCEAN COLOUR SCENE

*B-sides, Seasides & Free Rides*  
(Universal)

I must confess that I used to think that the Scene was one of the worst, if not the worst band, around (and I still do preach about how bad their last album, *Moseley Shoals*, was) but somehow the band has won me over. Their follow-up, *B-sides...*, is extraordinary, although it's the epitome of filler. The album is laden with beautiful acoustic songs like "Robin Hood" and "Chelsea Walk". Even an acoustic version of "The Day We Caught The Train" is excellent. Maybe the Scene have found their niche — acoustic.

— Christian Kluszczynski

### 3 COLOURS RED

*Sixty Mile Smile*  
(Creation)

I'm speechless. I know I predicted that 3 Colours Red would release more great things than their debut single "Nuclear Holiday", but come on, let's face it, "Sixty Mile Smile" is amazing. It's chorus is a classic sing-along that'll remain in your head for days (probably keeping you up at night). This is exactly what Creation records has been looking for, a band that'll take them to the top (I mean even higher than Oasis). This is the one.

— Christian Kluszczynski

### DENIM

*Novelty Rock*  
(EMI)

Perhaps Britain's Denim will one day look back on *Novelty Rock* and kick themselves to death. For they just may have cost themselves a chance to become absolutely huge. *Novelty Rock* is a collection of B-sides and a few new songs which, as a fan, I find to be one of the noblest things any band has ever done. They could have basked in the success of their last album, *On Ice*, and released a follow-up, but they opted to do something for their fans. The album is a joke, and the album title will attest to it. Songs like "The New Potatoes" and "Tampax Advert" will keep you laughing until the end. Aside from beer, this quite possibly is the ultimate party favor.

— Christian Kluszczynski

**THE PUBLICIZER**  
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Et Cetera

# Sports

## Humber's cloud... has a silver lining

by Vince Versace

Sports Editor

History sometimes has a strange way of repeating itself. For the Humber Hawks men's basketball team, the national gold medal final was *deja vu*.

The Hawks lost in the final 66-55 against the Durham Lords, their season-long nemesis. Durham had defeated them in the provincial gold medal final two weeks earlier.

The team travelled to Vancouver in a quest for Humber's fifth national title in seven years. Humber entered the tournament as a wildcard team and were seeded eighth among eight teams. They had faced criticism and doubt all season long. They overcame that adversity by believing in themselves.

Their first test was the quarter final matchup against the number one seeded team in the tournament, the Dawson College Blues.

The Hawks gave Dawson the blues, defeating them 87-76 in a fast paced game. This proved the Hawks were more than just a wildcard team.

The point was driven home in their semifinal game against the Mount Royal Cougars. The Hawks demolished the fourth seed in the tournament 93-63.

However, all the optimism and confidence gained in these two decisive victories was not enough in the final against Durham.

An outstanding individual performance, by Durham's 6'9" powerhouse, Augusto Duquesne, proved to be the deciding factor in denying Humber a gold medal.

"Augusto is just so much bigger that he got clean looks all game," said Hawk forward O'Neil Marshall.

Humber also had two great individual performers of their own, recognized at the closing ceremonies. Jason "Super J" Daley and Stephan "Stylo" Barrie were selected for the tournament all-star team. Overall, with silver in both the provincial and national final, the Hawks can definitely take pride in their "Silver Season".

### HUMBER VS. DAWSON COLLEGE

Humber's first opponent on the road to the final was against Dawson College Blues.

Besides being the number one seeded team in the tournament, they also were the Quebec

provincial champions.

The Hawks started the game very tentatively and did not find their legs until halfway through the first half.

Humber trailed 22-18 after 10 minutes.

If it had not been for Stephan Barrie, Adrian Clarke and Jason Daley, at both ends of the floor, the score could have been more lopsided.

"We were nervous in the first half and that showed in our play," said Head Coach Mike Katz.

Katz called a time-out with 10 minutes left and that settled down his players. They responded immediately with O'Neil Marshall hitting a jumper for two. Then with eight-and-a-half minutes left in the half, Humber took its first lead of the game, 25-24, courtesy of a Barrie three-pointer.

The momentum began to slowly shift Humber's way. Clarke had two blocks and Daley had a steal that he converted into two points, helping slow the Blues. The Hawks finished off the half strong and were leading 45-38 heading into the second half.

The Hawks came out in the second half a different team. Their offensive execution picked up and their tight man-to-man and zone defences frustrated the Blues. This all helped Humber to outscore the Blues 25-11 after the first 12 minutes of second half play.

"We really played better in the second half. We rebounded better and Jason Daley played like an All-Canadian," Katz said. "Our top five starters put in quality minutes tonight."

Daley collected 15 of his game high 25 points in the second half. His tenacity and quickness on defence proved too much for Dawson players and this helped him receive player of the game honors. The other four Hawk starters also hit double digits in points; Clarke had 16, Barrie 15, Marshall 13 and Beckford 12.

Throughout the game, Humber's shooting would go cold but their defence was able to keep them in the game. There was a three minute span, in the second half, where they were outscored 6-0 and the Blues had narrowed Humber's lead to 60-54.

"This team has showed time and time again that they are like an elastic. We bend and stretch but we don't break," said Katz.

However, just as quickly as their shooting went cold it would heat up again. Beckford helped in this case, hitting two three pointers in second half play, helping keep Humber ahead.

When the final buzzer went some people were heard saying this game was an upset. The team begged to differ.

"That was no upset, we came here expecting to win this game," said Hawk guard Patrick Nelson.

### HUMBER VS. MOUNT ROYAL

The Hawks semifinal game was against the Mount Royal Cougars, the Alberta provincial champions and fourth seed in the tournament. In their quarter final game, the Cougars had blown away the Mt. St. Vincent Mystics, the Atlantic Division champs and fifth seed in the tournament, 98-61.

The Cougars started out strong and had the Hawks on their heels for a better part of two minutes. However, Adrian Clarke took to the air and slammed home Humber's first two points. This ignited the Hawks and both teams went toe to toe for about five minutes. Stephan Barrie and All-Canadian Rowan Beckford hit important three's to keep the Hawks in the game early. The Hawks trailed 14-12 before their first of many mini-runs started.

Coach Katz went to his bench early and often and the moves paid off. Al St. Louis continued his intense stellar play off the bench and had 13 first half points.

Defensively, the Hawks played one of their best games of the year. They dove, jumped and chased after every loose ball. Daley and Clarke provided a strong presence under the boards defensively during the first half. The Hawks man-to-man defence denied the Cougars any inside power game.

"We did everything right. Our defence was great," said Hawk centre James Ashbaugh. "It was the most complete game we've played all year."

The Hawks proved that when their defence is sharp and intense,



Al St. Louis drives the lane for two of his 16 points in the Hawk's second-round game against Mount Royal, the Alberta champions. Rowan Beckford led all scorers with 24, while Jason Daley helped out with 14 in the 93-63 win.

the opposition is in for a long night.

Humber started to steam-roll the Cougars as the half rolled on. Beckford scored 18 of his game high 24 points in the first half and received player of the game honors.

Humber started the second half with a 50-35 lead and continued their thrashing of the Cougars. After the first five minutes Humber had outscored Mt. Royal 12-6.

Daley was in his usual smooth shooting rhythm and was great in hauling down some defensive rebounds.

Daley would go on to collect

14 points for the game and St. Louis would finish with 16.

Patrick Nelson put on a spirited and hard-nosed defensive display in the second half.

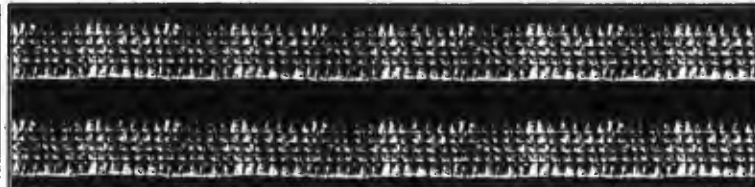
After eight minutes of play the Hawks had outscored Mt. Royal 20-8 making the score 70-43.

By now the Cougars had packed it in and had all their intensity stifled by Humber's defense.

With five minutes in the game, leading 89-59, Coach Katz went to his bench and replaced all his starters. Jeremy Murray, Chris Aim, James Ashbaugh, Revi Williams and Chuma Nwobosi,

Continued on page 18

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Et Cetera

# The Hawks fall in gold medal game

continued from page 17

took to the floor and kept up Humber's awesome defensive display. They held Mt. Royal to four points in the last five minutes. The Hawks cruised to a 93-63 win. The manner in which they won was best described by Jeremy "MVC" Murray: "It's all D baby."

## HUMBER VS. DURHAM

This all-Ontario final guaranteed both teams of one thing, there would be no surprises.

Including exhibition, season and provincial playoff play, the Hawks and Lords had clashed five times this year, heading into the Gold Medal Final. Humber owned a 1-4 record heading into the matchup having played the much bigger Lords hard everytime.

The last time was a 57-52 heartbreaker at the Ontario provincial final, where a few missed shots and boards cost Humber the game.

It was obvious from the outset that Durham was going to establish their size advantage early, using their half court offence. The main man they went to was their 6'8 Cuban manchild, Augusto Duquesne, who proved to be the difference.

Humber stayed with Durham for most of the first half and were down 29-25 with five minutes left in the half. Stephan Barrie, Jason Daley and Al St. Louis turned in

brave and intense performances, trying to keep Humber close. St. Louis, in particular, hit one of his two spectacular falling lay-ups of the tournament, in the first half.

"We had to dictate the pace of the game. We were a little successful when we did," said Katz. "But we seemed reluctant to go after them and when we did, it was too late or we did not have the energy."

Humber's chances for gold slowly started slipping away as their foul shots and jump shots did not fall in. Subsequently, as Humber's jumpers were not hitting their mark, Durham hauled down most of the rebounds.

This added up to an 11-3 Durham run which left the Hawks trailing 40-28 with two minutes left.

"We just didn't hit our shots. They had too many big guns that hit their shots," said Hawk guard Revi Williams.

The Hawks finished the half with a ray of hope and some momentum. Barrie hit a three pointer and was fouled. He went on to sink his foul shot and his



Freshman guard Stephan Barrie throws up a three pointer during the CCAA playoffs in British Columbia.

four point play made the score 40-32, in favor of Durham, heading into the half.

When the second half started, the Hawks offence was shut down by Durham. Durham's Shane Nicely had three sensational blocks which took the steam out of Humber's offence. In fact, Humber did not score a point in the first four minutes of the second half.

However, even though the

Cuban was hitting close to all his shots, Humber's defence played the best they could. O'Neil Marshall, Adrian Clarke and Rowan Beckford battled hard with Durham's big men. Daley and St. Louis both tried providing their usual spark but as time was winding down, it was evident that bigger meant better on this night.

With 10 minutes left Humber's Daley and Barrie scored back-to-back showing that this team was not going to roll over and die. Actually, in the last 10 minutes of the game, the Hawks outscored the Lords 13-11 but it was to no avail. Jason Daley and Al St. Louis led the team in scoring with 13 points each.

Daley finished off his career as a Hawk as a true champion despite the outcome against Durham. He had played outstandingly the entire season with a wrist that required surgery.

His teammates and others close to the team knew of his gutsy performance. He received a standing ovation as Coach Katz took him out of the game and he walked towards the team bench in

the games' dying moments.

The combination of bad luck, lack of offensive execution and an awesome performance by Durham's Duquesne was just too much for this young team, in a transition year, to handle.

The Lords went on to a 66-55 win but for Humber, receiving the silver medal is a victory in itself.

"This was a team that knew what it took for them to play at their best," said Katz. "They followed detailed plays well and practiced hard five to six days in a row at times. Who would have thought, back in September, we'd be in a national final."

This was a team that had eight rookies and only four returning players from last year's bronze medal winning team. Of those who returned, only Daley was a starter. Also, without a true centre, they could not win. On paper, this team was obviously in a rebuilding stage but they epitomized what a "team" is, on the court and off.

"These guys bonded well and liked each other," said Katz. "Hey, sometimes it's the journey, not the outcome, that is most important."

If so, the journey this team took to their "Silver Season" was made of golden moments and memories.



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**"At the ripe old age of 69, Howe is setting an example for all geriatrics."**

- Christian Kluszczynski

**"Most people out there in hockey land have a genuine concern for Howe's health."**

- John Williams

# 69 and still in a position to score

by Christian Kluszczynski  
Entertainment Editor

One of the most amazing players in National Hockey League (NHL) history may prove he is one of the most extraordinary human beings ever.

On April 1, Gordie Howe, or 'Mr. Hockey', as some have come to call him, will suit up with the Syracuse Crunch of the American Hockey League. The Crunch put the date down to coincidence and deny Howe's signing as a joke.

At the ripe old age of 69, Howe is setting an example for all geriatrics, don't just sit back waiting for the day you get to ride in the back of a nice long black hearse. He wants to show us he isn't even close to being done serving his time here on earth.

I think this is a very brave decision, both physically (considering how rough hockey really is) and mentally (seeing as every sports journalist will be making jokes).

Starting his career in the 1946-47 NHL season, he had one of the most remarkable hockey careers, and is second on the all-time points list (804 goals, 1049

assists, 1850 points), passed only by the 'Great One', Wayne Gretzky.

This is the second time Howe will be returning to hockey, the first time was in the late 70s with the Hartford Whalers of the World Hockey Association (WHA). His reasoning was that he wanted to play with both his sons, Mark and Marty. Both his sons have long since retired and you'd think nothing more could be achieved by this exceptional man, but there is.

Howe said returning to hockey this time around would make him the only player in history to play professional hockey in six consecutive decades.

This is something that even affects a youngster like me, who at 21, holds a skepticism about my own old age. Hell, I feel old now, so there's little doubt I'll be bed-ridden at the age of 69, but Howe's return gives me optimism.

Let's hope that all of us younger humans can achieve at least half of what Howe will.

# Please stay retired

by John Williams  
Online Editor

Great Grandads of the world unite, Gordie Howe is back - we think.

On April 1, the man dubbed 'Mr. Hockey' plans to defy the odds and lace up the skates at 69, and at the same time, place a dark cloud over a historical career.

Syracuse management tried and failed to prove this event is nothing short of a farce, a way of attracting attention and money to the minor hockey franchise at the expense of Howe's reputation and health.

The reasons for Howe's return seem to have the same lingering odor as when Howe left the game in 1980, he also left behind the era that generated the "million

dollar hockey player". As a result, he missed the boat on the substantial cash flow circulating around the game.

When asked about his return to his sixth decade of hockey, Howe explained "this is one they won't get" an indirect reference to the 'Great One' himself.

It has been noted in the hockey rounds that Howe has been forever bitter about Gretzky breaking every milestone he carved out. This would be the perfect opportunity for Howe to at least have his name on one record, even though it could kill him.

The Carolina Panthers, the team that will be on the ice for Gordie's return, end up being put in the awkward position in this

fiasco. What are they supposed to do? Do they hit him when his head is down? Do they let him float around the ice? What would you do?

Most people out there in hockey land have a genuine concern for Howe's health, because even though it is the American Hockey League, the players are very big, and very fast.

Let's hope 'Mr. Hockey' has sense enough to don a helmet for the first time in his career, and get off the ice as quick as he can - if he even makes it that far.

And by the way, happy April Fool's Day, folks. Let's hope Howe's scheduled return is no small coincidence.

# Leafs lose

by Rita Salerno  
Sports Reporter

Although the Maple Leafs already have playoff tickets printed for this spring they became nothing but collectors items or wasted pieces of paper as of February 25.

The departure of Doug Gilmour saw the Leafs only hope of making the playoffs go. But now the Leafs are not only missing the heart and soul of their team, they're also missing the grit, determination and leadership that Kirk Muller brought to the rink every time he stepped on the ice.

So what's left? In two words, Mats Sundin.

Now let's not put too much pressure on our Swedish survival kit. Minus Gilmour and Muller he's the only Leaf that's shown talent, speed, skill and scoring ability since the start of the season. But remember, let's not put too much pressure on him now that both Kingston boys are gone. There's always Wendel

Clark and Tie Domi, right? The only logical response to that is, have you checked your score sheets lately?

There's no doubt the Leafs have gotten younger in the past few months and that they've saved themselves tons of money with the selling of Larry Murphy to Detroit, but now they've put extra pressure on yet another Leaf. Mathieu Schneider.

Although, Toronto's only decent defencemen is out until next season with a groin injury, if you listen hard enough you can probably hear Cliff Fletcher praying for an early return.

Let's face it, these trades are for the distant future, they aren't going to win us a Stanley Cup anytime soon, and they certainly aren't helping the team in the standings right now.

In fact this is probably Fletcher's silent way of saying 'good-bye playoffs and hurry up and fire me I'm getting too old for this.'

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## DIVISIONAL ELECTIONS

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**NOMINATIONS EXTENDED  
UNTIL APRIL 4, 1997.**

**Representatives  
Required**

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### North Campus

(Nominations Close Friday, April 4th at 4:00 p.m.)

School of Liberal Arts and Sciences .....	2
School of Business .....	1
School of Horticulture, Fashion & Design Foundation .....	1
School of Architecture & Construction .....	2
School of Health Sciences .....	4
School of Media Studies .....	2
School of Manufacturing .....	2
School of Information Technology, Accounting & Electronics .....	4
School of Hospitality, Recreation & Tourism .....	1
<b>Total</b>	<b>19</b>

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### Lakeshore Campus

(Nominations Close Friday, April 4th at noon)

School of Liberal Arts and Sciences .....	1
School of Business .....	2
School of Performing Arts .....	2
School of Social & Community Services .....	3
School of Hospitality, Recreation & Tourism .....	1
<b>Total</b>	<b>9</b>

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Nomination Packages available in the SAC office.