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WE HAVE

POWER!!!

Duo represent Canada at international skills comp

Zach McGregor

NEWS REPORTER

Avery Bird and Theo Willert are gearing up to represent not only Humber, but all of Canada as well, at the upcoming World Skills competition half way around the world.

The biennial competition brings together the world's top students in a particular trade. Categories in the competition range from highly advanced crafts like mobile robotics to more traditional vocations like hairdressing.

The competition is in essence the Olympics of Skilled Trades.

Bird and Willert will be jetting off in a few weeks to Abu Dhabi, U.A.E., to compete in the mechatronics division of this year's competition.

Mechatronics involves the fusion of different types of technology to construct automated industrial production machinery and equipment.

Humber is considered a leader in mechatronics education and most students have no problem finding work in the field after graduation.

Wednesday's tribute to Bird and Willert was both bittersweet in that they're moving on from Humber and that it was also a celebration of their hard work and years of dedication.

Many students, faculty and Humber executives were on hand to congratulate the two for making it this far and to wish them luck in Abu Dhabi. The event also featured a demonstration of the machinery they have been working on since they began competing in skills competitions four years ago.

After success at both provincial and national skills competitions, both Bird and Willert were thrilled when it was announced in 2016 that they qualified to represent Canada at World Skills.

The two graduated from Hum-

ber's electromechanical engineering technology program last semester but stuck around to continue training for the World Skills.

"We've been doing this for four years, a lot longer than most teams, so I think we're well-suited to represent Canada," Bird said. The two spent countless hours training in the hopes that one day they would be able to reach this level of competition.

"Some days you're so tired that you don't want to get up and do it, but you have to cause you committed," Willert said.

In the lead-up to World Skills the two will be training for up to 15 hours a day nearly every day.

Bird and Willert will be tasked with building, programing and troubleshooting a miniaturized version of a fully automated production line over the four days of the competition. It will include the integration of a new piece of technology or equipment that they or the other teams have never seen.

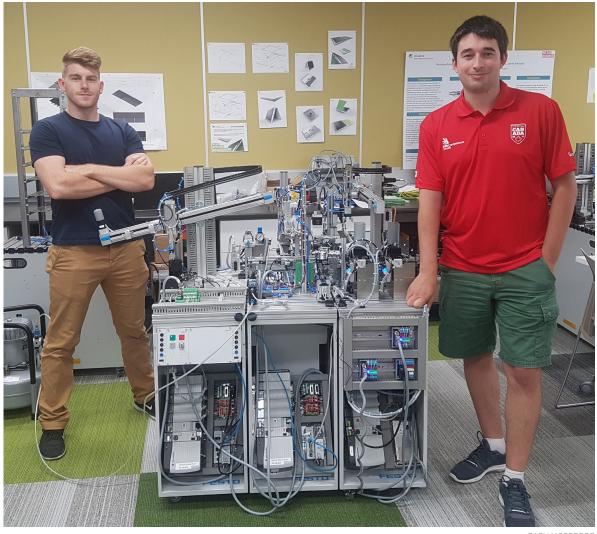
The duo will be expected to build the system faster and to a higher degree of perfection than any other country in the competition in order to win.

Essentially, everyone is using the same parts to build a system that can perform the same task, but they only find out about the details the day of the competition.

"We never know what is going to get thrown at us, so the real challenge is just adapting," Willert said. "All we can do to prepare is practice, practice, practice."

Canada has never won gold in the mechatronics division at World Skills. If the two come home with any medal it will be the first time a Canadian team has ever placed in a mechatronics event.

Skill competitions are important be-



ZACH MCGREGOR

World Skills competitors Avery Bird (left) and Theo Willert (right) stand next to the miniature CPU controlled assembly line they constructed. Students will be able to build prototypes just like this at the new CTI building.

cause they give students the necessary tools and experience they need to meet ever-changing industry demands.

"They allow students to be exposed to state-of-the-art equipment, to receive advice from experts in their related fields and compete against the best in the province, country or world," Western Canada sales representative for Festo Didac-

tic Ltd. Greg James said.

James said the competitions are also a great opportunity for students to connect with potential employers.

Regardless of their success at the World Skills Competition, Bird and Willert will always have one thing going for them by the time they return: employment opportunities and job offers.

"I have no worries whatsoever about my future," Willert said.

Their success at numerous other skills competitions has put them on the potential employment list at both Humber and many of its industry partners.

Bird and Willert are at the top of their game and there is no telling where their future will take them.

Bill addresses gap between part time and full-time workers

Kit Koelbegger

NEWS REPORTER

Paula Greenberg remembers her mother working part-time for Community Living when she was younger.

Her mother worked as many hours as a full-time employee but wasn't paid as one.

"She did as many hours as a fulltime worker, but because she was labeled a part-time, she didn't get any wage increase or added benefits," Greenberg, 29, said.

That could change as the labour reform Bill 148 is being debated at Queen's Park. A part of the bill, titled "Equal Pay for Equal Work," aims at fixing wage inequality between full-time employees and part-time or temporary contract workers.

Greenberg campaigned with Fight for \$15 and Fairness over the summer before applying to Humber's Childcare and Youth Development program. The campaign focused on fair wages and conditions for workers and a blog on the

campaign's website counted the bill as a win.

She said she could only see one drawback to the bill being passed.

"I can see there could be kind of a conflict between (part and fulltime) workers," she said.

Greenberg said the problem would easily be fixed if workers were educated about why they should be paid equally.

Other students said they were unaware of the bill, or that part-time and full-time workers could be paid differently.

Meaghan McGill, 21, works three part-time jobs, including one at Humber North's Gourmet Express.

"I didn't know that," she said.

McGill said she had been uninformed of labour laws when she first started working.

"My boss would always schedule me for a night shift, then I'd have to come in in the early morning," she said. "I never knew as a young worker that that was actually illegal." McGill said the government could do a better job of people about their rights as an employee.

"I don't know what would be the most impactful," she said. "But I definitely think there are steps to take to improve the information being shared with citizens about labour laws."

While some are excited about Bill 148, others aren't. Professor David Gray from the University of Ottawa said the "Equal Pay for Equal Work" legislation shouldn't be a priority.

"The best way to have a healthy labour market, and we do have a pretty healthy market right now, is to have as high a rate of economic growth as possible," Gray said.

He said if the economic climate in Ontario was better, people would be able to leave part-time jobs for fulltime ones.

"It could put upward pressure on wages," he said.

Gray said he isn't a fan of Bill 148. "It's not like we have the Wild, Wild West when it comes to labour market regulation here in Ontario," he said.



KIT KOELBEGGE

Meaghan McGill works at the Gourmet Express on Humber's North Campus. McGill works two other part-time jobs to make ends meet.



KIT KOLBEGGER

Student activists march through North campus in the Take Back the Night event on Sept. 28. The demonstration began with speakers in the Learning Resource Centre.

Students march against sexual violence

Cassandra Ryan

LIFE REPORTER

Humber College held its annual Take Back the Night march on Thursday to help raise awareness for sexual violence against women.

Students from different programs came out in droves to take a stand on campus.

Joanna Turek - a member of the Consent is Sexy crew, an on-campus organization that challenges stigma around consent and sexual violence - said it was "created to spread awareness and help educate the community, to reach wide numbers of people on campus."

That's the reason why events like Take Back the Night were created.

"We listen to and believe survivors," she said. "We guide them to professionals in Humber College or the University of Guelph-Humber who can really help them."

Bansri Kakad, a student in attendance, had some strong feelings about going to the event to lend her support.

"It's very important for girls to be aware of what consent is," Kakad said. "Without getting permission, no one should be touched physically. Your consent is very important."

Akash Lakhotia had never been to an event like this before, but cam out to learn and see survivors at the forefront of the event. "Take Back the Night teaches us how we should behave," he said. "I saw some posters, and I thought, 'oh my god. This stuff really happens?"

For Natalie Elisha, a member of the planning committee, the event is intended to increase understanding of what consent is, what rape culture is, and how we as a community can do better.

Approximately one in three women in Canada will experience sexual assault or violence in their lifetime, according to statistics from the Ministry of the Status of Women.

The numbers of sexual assaults reported to Canadian colleges and universities are surprisingly low, but there are concerns that statistics un-

der-state the problem and are based on the reluctance of victims to come forward, according to date reported by the CBC.

As a result, campuses across Ontario have begun putting policies in place so women can report assaults. At Humber, the Consent is Sexy program outlines the importance of consent and provides policies to guide bystanders or witnesses to sexual assault.

"Men and women included aren't aware of this issue or that some actions might condition and promote a rape culture behaviour or mindset," said attendee Melanie Crichton said. "This [march] will reduce risk and raise awareness."



Kristin Copeland, a 3-D Animation student, marching in the Take Back the Night event.



KIT KOLBEGGEF

Tiffany Farrugia, a Justice Studies student, marches and chants during the Take Back the Night March on Humber's North Campus.



KIT KOLBEGGER

Students and friends hold signs high at the Take Back the Night March on Humber's North campus.



Humber Et Cetera is the Humber College journalism program laboratory newspaper, publishing 12 times per term in fall and winter.

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Wente visit to Humber opens students' eyes regarding Indigenous rights

Paul Schubert

ARTS REPORTER

The racial stereotypes of Indigenous peoples are in part reinforced by the lack of diversity in the media, says critic Jesse Wente.

The Ojibwe speaker, who is also a contributor for CBC Radio One's Metro Morning, said diversity in the media and actively listening are both key in dealing with issues related to Indigenous rights. Wente highlights how important it is when dealing with the often-biased portrayal Indigenous peoples.

He told Humber students at North campus Tuesday in a President's Lecture Series speech the negative representations of Indigenous people in the media unfairly portray them either as "savages" in films or in a ludicrous format in the case of sports mascots.

"If you're going to run a business, if you're going to run a school, if you're going to even exist in this world, it's probably best to understand that that's what's happening," Wente said.

He explained there are many reasons why society should be diverse and inclusive.

"Look around your world," Wente said. "It's inclusive and diverse, isn't it?"

He said the inequality in Canada and around the world occurs due to a lack of diversity from within the media.

"We only hear some aspects of the story, and not all. This then skews the larger perspectives of these issues and allows inequality to continue," Wente said.

"The more diversity you have, the more representative you are, and the more attuned you are to your audi-

Ian Gerrie, Chair of the President's Lecture Series since 2004, said it's important for Humber students to be aware of Indigenous issues.

"I think particularly that at this point in time, and as Jesse Wente pointed out, there is a bit of an awakening in Canada about these issues," he said. "I think that has coincided



Jesse Wente spoke to Humber students on issues with Indigenous rights.

with the Canada 150 celebrations. The sesquicentennial is a time when a lot of people are celebrating, as well as people who are resisting."

Gerrie said Wente was a good candidate due to his background in media and his knowledge of "cultural appropriation."

Regina Hartwick, Aboriginal Resource Centre manager, said while Canada has been talking about the missing and murdered Indigenous women, more action needs to take

"The fact that it's being discussed is a step in the right direction. While I would say there has been improvement, I don't think improvement is enough," Hartwick said.

Hartwick urges Humber youth to keep the conversations going about Indigenous youth, while learning more about them and the challenges they face.

"There's more that could and should be done," Hartwick said.



Becky Blake posing after she won the prestigious CBC nonfiction prize.

Creative writing grad wins 2017 CBC Nonfiction Prize

Kateryne Hornia

ARTS REPORTER

Humber correspondence course graduate Becky Blake tried working at a Halifax independent newspaper.

She said it was a tough gig, discovering the stress associated to journalism.

"As a journalist, you can't make things up, you have to write fast and I can't do any of those things," Blake said. "So, I decided to do more creative work. Even the nonfiction that I write is more creative."

And it paid off for her.

Blake, who also earned a creative writing master's degree at the University of Guelph, won a 2017 CBC Nonfiction Prize for her story Trust Exercise.

This year's CBC Nonfiction prize jury members were musicians Dave Bidini, author and actor Carmen Aguirre and historical writer Charlotte Gray.

"All I can say is that we all thought the story subtle and accomplished, with its flickering point of view from that of the younger narrator to that of her older self," Gray said.

Writer and columnist Russel Smith, who is Blake's fiction professor, said he's not surprised she won the award.

"I am very proud of Becky Blake's success and her story being published by the respected Canadian publishing houses," Smith said.

Blake remembers her time in Humber with a smile and would recommend the Humber School of Writers to those who write in different genres. She doesn't limit herself with one style because "different stories require different genres."

This is not the first time she took a CBC award, taking the best Short Story in 2003. The prize included \$6,000 and a 10-day writing residency at the Banff Centre for Arts and Creativity in Alberta.

"It's a most beautiful place I've ever been in the world. There is a little cottage in woods, seems like the paradise for writers," Blake said.

She's now working on her debut novel, Scratch, expected to be released in 2019. It's a story a woman artist living on a street who becomes a thief. The book was inspired by the two years she spent living in Barcelona, which Blake described as a very rough neighborhood.

"Now I have a lot of ideas, so if I would stay on a desert island and nothing would ever happen to me again, I could probably get enough material for the rest of my life," Blake said.

She said it's important to surround oneself with things that inspire — music, places and other's inspiring work — because "it just keeps a part of you alive."

Ontario's new regulations set to deter driving high

Sunny Bains

NEWS REPORTER

Despite government's tough talk, the Department of Public Safety at Humber is still awaiting guidelines from college authorities.

"We are waiting for some directions from the ministry, but ultimately Humber College will have to make some decisions in regard to pot smoking," said Rob Kilfoyle, director of public safety and emergency management.

"Right now, the regulations around smoking marijuana on campus is that it's a prohibited substance, it's not legal to smoke, so we dissuade

people from smoking it," he said.

Ontario government's press release said it will have zero tolerance for commercial, youth and novice drivers who show detectable presence of drugs or alcohol in their system.

Carolyn Swinson, Mothers Against Drunk Driving Canada board member who lost her father and young son to drunk drivers, welcomed the tougher new laws as a good start and said it had always been MADD's demand.

"They are a good start, but these are only the provincial regulations that were announced last week," Swinson said. "That's not enough. they the need federal government

to bring in the other piece of the puzzle. The system here is that federal government actually makes the laws, and the provinces then decide how they are going to enforce

Driving high will be treated the same way the police treats people caught driving under the influence of alcohol because any kind of intoxication is dangerous, Ontario Transportation Minister Steven Del Duca said in his statement.

Jason Fred, a business management student at Humber College said he would be uncomfortable with people driving high all the time because it affects their cognitive functions. "We need to have laws to prevent that from happening, said Fred. Former Humber student Pierre Williams doesn't smoke but wants to bring pot out of the black market and have people pay for it. He said legalizing pot will bring more money into the government's coffers which can be used for public welfare, schooling, health care, etc.

According to the issued press release, new young drivers holding G1, G2, M1 or M2 licences, caught with drugs or alcohol in their system, would face license suspensions from three to 30 days and fines from \$250 to \$450.

Commercial drivers caught with

drugs or alcohol in their system would face a three-day license suspension and fines from \$250 to \$450. There's no suspension or fine for commercial drivers at the present.

Drivers who fail a roadside screening test would be fined anywhere from \$250 to \$450 and those who refuse to provide a sample will face a \$550 fine.

The stiffer new penalties will be in addition to current federal criminal charges, suspensions and perhaps jail time for impaired driving. For cannabis, the federal government will soon approve an oral fluid screening device and set the thresholds for detectable presence of marijuana.

OPSEU in strike position Oct. 15

After a 'no-board' report issued last week, time is ticking to get a deal done

Sulaiman 'Sully' Akbari
NEWS EDITOR

Ontario's 24 colleges and their unionized faculty will be in a legal strike or lockout position at 12:01 a.m. Oct. 15.

The deadline comes after the conciliator issued a 'no-board' report on Sept. 21 at the request of the Ontario Public Service Employees Union (OPSEU) "The colleges have not made any movements since August on their offer to faculty, which has been rejected three times now," said J.P. Hornick, chair of the faculty bargaining team for Ontario public colleges.

This is because the colleges have been refusing to address any faculty issues, therefore the no-board report was made to hopefully speed progress on both ends, the union states.

"The key issues are about quality and fairness with faculty and also about establishing a balance between college faculty and students," she said.

There would be stability for students' learning and flexibility with staffing by having a balanced contract faculty, she said.



MICHELLE ROWE-JARDINE

Humber College Union President Robert Bolf holds an OPSEU button. A strike or lockout date has been set.

"If a deal gets done, our new proposal will create nearly 4,000 faculty jobs, which will provide a balance with full-time staff and part-time staff," Hornick said.

Meanwhile, part-time faculty begins voting beginning Monday until Oct. 13 whether to join the union.

College faculty have gone on strike three times — the most recent

in 2006 — with none of them lasting more than three weeks. None cost students their academic progress although adjustments were made to the school year.

LRC hosts applied tech employer appreciation event

Keith Tsu

BIZ?TECH REPORTER

The work placement services team within Humber's School of Applied Technology hosted its Employer Appreciation Event on Thursday at Humber College's North campus.

Industry liaison Shah Sotodeh said the event was held for both student and employer success.

"It's to say thank you to all the employers that are not only great partners to Humber college and specifically the School of Applied Technology," Sotodeh said. "And also to thank them for supporting our students throughout this past summer for hiring our students for their placements."

Employers believe the highlight from these events is seeing the satisfaction among students once they get their placement.

"It's mainly the satisfaction you get from seeing the students and how happy they are once they've landed on a placement and how much they've changed throughout that experience working for months," Sotodeh said. "So, to see how they've changed or matured in a sense." Employers trained many of these graduates with the necessary skills and fundamentals for their placements.

Computer engineering technology student Ravneet Singh said these employers helped him gain greater insight towards the industry.



KEITH TSI

Attendees gather around at the employer appreciation event at Humber college's LRC building.

"They've helped me through giving me the skills necessary to be in the industry," Singh said. "[In school] we don't get to learn as practical as we do by being a part of these companies."

Interior Design graduate Romo Lin believes there is a successful connection with the students and employers. He said he was able to learn in fields that weren't covered in school.

"There were terminologies and areas I didn't know and they were always there to help the student," Lin said. "There was a successful connection with students and employers."

Singh said punctuality and professionalism are two major expectations

for computer engineering students.

"If you give a deadline, you must meet the deadline," Singh said. "You've got to be professional."

Lin said he also learned how to communicate with clients.

He said working in the field allowed him to build connections and relationships with clients.

Science literacy week gets to heart of matter

Austin Spearman

BIZ/TECH REPORTER

Fourth-year University of Toronto biology student Athitthan Lena never thought a college would let him handle a heart.

He was shocked at the level of hands-on learning experience Humber students get during a tour of Humber College's science facilities on Sept. 20.

Science enthusiasts crowded the hallways of the Health Science building at the college's North campus during a tour of its unique facilities in celebration of Science Literacy Week, a nationwide celebration between Sept. 18 and 24.

The tour showcased the physics and anatomy labs, which allowed students, guests and faculty an opportunity to be up close and personal with the human body.

Humber's human lab tour was led by Ronald Stewart, program coordinator for the Bioscience Division, and head lab technician Geoffrey Collins. The college opened thee labs two years ago and is the only publicly funded college that houses cadavers.

All the cadavers are donated to the college and reside there for an average length of about a year, Collins said.

"We have great respect for the bodies we get to work on and it's quite an emotional experience returning them to their families," he

"Wet labs" are also unique to Humber, providing an opportunity for students to perform experiments on real physiological systems according to the colleges' website.

The college is extremely proud of the anatomy and physics labs, because the facilities sets Humber apart from other Ontario schools, Stewart said.

"I feel our students' learning is greatly enhanced by our excellent resources," he said.

The lab tours were just a small part of the 800 events happening across Canada in celebration of science literacy. This three-year-old, week-long celebration provides open access to many different areas of science for everyone.

"The week is a fantastic idea to push for the importance of educating younger kids on the world of science," Lena said. "It is important to teach the cold hard facts in this world of false information being put out there."

The future of science is in good hands, Stewart said.

"I really feel Humber is leading the way in post-secondary Health Sciences education with our outstanding facilities and the offering of new programs,' he said.

Humber alumni reunite to celebrate 50th anniversary

Kettelia Wright

LIFE REPORTER

With jazz music playing in the background, Humber alumni gathered again after half a century to share a glass of wine, eat freshly prepared food and reminisce.

They alumni helped kick start the three-day long celebration for Humber's Golden Anniversary on Sept. 28.

"It's our 50th anniversary, so we wanted to plan an even called the alumni weekend, and have a series of events targeting different grads from different decades," said Adelia Marcheses, director of annual programs and alumni advancement and alumni. "We work together to come up with an idea to sort of bring back people that was here for the first 10 years."

The event was an opportunity to reconnect and bring the graduates back to campus to show them how the campus has changed in all these years.

"I was in the legal secretary program back then. It means a lot to be back here, I mean when I went to school there was only about 100 students," said Helen Croxon, Humber alumna and legal assistant at Bolton Law. "We were in a public school on Lakeshore, and it was the best year of my life. It was so much, you knew all the students, there wasn't very many programs but it was fun."

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"[Back then] students had to [go to] libraries and go through dusty old books..."

Walter McDayter

Walter McDayter said he was an English teacher and founder of Humber's Journalism program in the '60s.

"[Back then] students had to [go to] libraries and go through dusty old books and so on, so it's changed a lot," he said. "In a way, I envy the people going into journalism now but I also pity them.

"It is a heck of a challenge," Mc-Dayter said.

The college went through a drastic change over the past half century, things that was not available back then is available to students now because of the alumni.

"We were at the beginning of something new (and) a lot of things were built by the student union," said Humber alumnus Rick Bell. "That athletic building up at the North campus was built by us, because we started a fund to build it for the students."



KETTELIA WRIGHT

Humber Alumni and faculty reunited for Humber's 50th anniversary at Lakeshore campus last week.



KETTELIA WRIGHT

Former Humber Journalism program founder Walter McDayter (right) attended the reunion on Sept. 28.

Healthy Changes program helps people establish and sustain healthy lifestyles

Ross Lopes

LIFE REPORTER

Humber College started its Healthy Changes program on Thursday, offering students and staff eight weeks of workshops focused on balancing diets and creating healthy lifestyles.

Lori Short-Zamudio, program coordinator of Healthy Changes, said the program is a jumpstart into improving people's overall health and teaching them how to create goal settings.

"People will set a goal that's like 'I need to lose 20 pounds," Short-Zamudio said. "No one can do anything to guarantee you to lose [that weight] unless we chop off your head and your arm."

Instead, the program teaches people to set goals that relate to a short-term and long-term approach, such as trying to add more leafy greens to one's lunch, she said.

According to a report from Ontario's Ministry of Health, 62 per cent of Canadians aged 12 to 19 do not eat five or more servings of fruits and vegetables daily.

"It's very difficult to make good [healthy] choices when you're hungry," said Natalie Lougheed, a registered dietitian. "If you're trying to eat everything your body needs in half of the day, there is a very good chance you won't be able to eat all of



MATT OWCZARZ

Humber College's cafeteria offers student healthy options on campus.

what your body needs."

The program will help students overcome this habit through a behavioral change workshop, which helps fight the question: "what's in your way of eating fruits and vegetables, or eating lunch?" Short-Zamudio said.

"I find students are super busy, running all over the place, and three o'clock hits and they're like 'I don't feel good,' she said. "Well, because you didn't eat anything and you've had three coffees...on an empty stomach."

Having convenient, on-the-go or

hand-sized snacks such as granola bars or trail-mix in one's knapsack is a way of fixing that problem, Lougheed said.

"Keep breakfast simple. Don't be afraid to have an old classic like a bowl of cereal and [some] fruit," she said. "For lunch, one of the easiest things is to have is leftovers from the night before."

It's important to make sure students learn the importance of balancing their diet and how important it is to nourish and feed their bodies, Short-Zamudio said.

Student moms struggle to balance education and kids

Cassandra Ryan

LIFE REPORTER

Humber alumna Tanice Chante knows the hardships of balancing a college education and raising two children.

"There was a lot of struggles with going to school and being a mom," Chante said. "My first year of college at Humber was also the year my son started Grade Two."

To make matters worse for Chante, her son began to display some learning and behavioural problems when he started second grade.

"I would have many meetings with the school council or would be forced to leave class early," she said. "By my second semester, I realized that I had to cut down my class schedule to be able to balance my son's appointments with doctors and with the school."

About only 30.7 per cent of stay-at-home mothers have the equivalent to a college degree in Canada, according to a Statistics Canada survey.

Holly Bewsher, an early childhood education program

assistant at Humber, said this is a regular occurrence.

"Maybe a third of our students that start off as full-time often drop it down to part-time," she said. "They're unable to succeed in full-time with the life balance, and possible work balance."

Humber's flexible daycare centre helps assists parents in taking care of their children while they attend classes.

Daycare employee Kim Watts said they can take care of upwards to 98 children at one given time.

She said parents should apply in January of the year before they start classes to ensure a spot for their child as the waitlist becomes long.

Bewsher said there is an option for mothers to be students, in part because of a different, more lenient age.

"You are working to get an education not just to better your life but also for your children as well," Chante said.

Chante wanted to set an example to her kids, to teach them to never quit and to never think they can't achieve what she did.

"I did this because of them, and they got to witness it," he said.

EDITORIAL

Kaepernick's stance is part of a protest heritage

hen Colin Kaepernick took a knee in Week One of the National Football League's season last fall, he might have never expected to start such an upheaval. Some call it chaos, others call it a plan for action. Whatever views people have, it's spread from the NFL to other sports leagues, and now, the White House.

The story we all know is that Kaepernick was protesting the oppression he saw as perceived injustice and mistreatment of minorities. It arguably cost him his job, and President Donald Trump spun it away from opposing police brutality to dissing the flag and the military.

Kaepernick is not the first athlete to use his sport as a platform to voice his political or social view. Track star Jesse Owens did the same by simply winning a gold medal at the 1936 Berlin Olympics. Tommie Smith and John Carlos did it with

their fist salute at the 1968 Mexico City Olympics.

The former 49er's quarterback is the latest. But while some fans support him, others argue it should be done differently so it doesn't involve the sport.

Now here we are, with countless players taking a knee, but the once noble cause appears to have become an almost violent catfight against Trump, who may be still a little bitter over an anti-trust suit he filed with the now-defunct United States Football League three decades ago.

Trump responded to the protests with the only way he knows how: a profanity-filled tirade at a rally last Thursday in Alabama to the sound of thunderous applause.

The NFL's response was solidarity. Teams like the Jacksonville Jaguars, Baltimore Ravens, Houston Texans and New England Patriots, were just a few of the 32 teams that protested. Patriots' owner Robert Kraft, who

contributed significantly to the 45th president's election campaign, was last Sunday locking arms and taking a knee before the playing of the U.S. national anthem.

What did Trump respond with?
"Fire them all or change your

Even the NBA is now involved. Point guard Stephen Curry from last year's NBA champions Golden State Warriors, said he wouldn't attend the traditional championship visit to the White House.

Trump then gleefully withdrew the invitation.

Cleveland Cavaliers superstar LeBron James entered the fray by calling the president "u bum" on Twitter.

We've also seen Oakland Athletics catcher Bruce Maxwell and a Peewee football team in St. Louis, Mo., take a knee during The Star Spangled Banner.

San Jose Sharks winger Joel

Ward said he's willing to protest as well along with Philadelphia Flyers winger Wayne Simmonds.

How and why did we get here?

The amount of money athletes are paid is astronomical. The NFL's revenue sharing program ensures each team gets a cut of almost \$230 million this season.

Yet, in lieu of these demonstrations, the NFL's ratings are down 15 per cent from a year ago and it could continue.

Athletes have a profile to show-case and it's important that they do. However, there could be several more positive ways do show solidarity with the oppressed and poor that takes us beyond taking a knee, by walking out into the community. On top of his social activism, Kaepernick is trying to do that by donating to numerous charities. According to his websites, he has donated to one of many charities such as Coalition

of the Homeless, War on Children, and Justice League NYC.

He pledged one million dollars to those various charities, and is nearing to his pledge.

This is a positive step towards rebuilding

communities, influencing legislatures and integrating into neighbourhoods to begin the much needed bridge building that could span the American divide.

There can be only one Rosa Parks, only one Martin Luther King Jr. Kaepernick is, in part, homage to those who came before him by daring to peacefully sit at lunch counters, calmly drink from water fountains, quietly sit on a bus and walking together across a bridge that spanned Selma, Ala.; they are those who invested much more than taking a symbolic knee.

All this "chaos" could, and should, be the first step in that direction.

It's time to start reading the terms of service before clicking 'agree'



Brett McGarry
ARTS EDITOR

The speed of the internet has come to dominate how we stay informed and connected to the world and it has fundamentally changed how people live. A side effect of this unavoidable change is how much of our personal information is hosted and stored

Every digital step we take leaves a footprint that is either collected as aggregated data or traced back to you as an individual. We don't have to look back very far to see exactly how the security of our information can be compromised.

In 2014, Yahoo saw one the biggest hacks in internet history. It was discovered that between 2013 and 2014 about 1.5 billion accounts had stored personal information stolen. The investigation led to several arrests, including a

Canadian and a few Russian intelligence agents.

Most recently, a hacker broke into the systems of the credit data company, Equifax, and stole the personal information of 143 million Americans and an undisclosed number of U.K. and Canadian residents. Governments know valuable information is stored in email and social media. Since the Trump administration took to the Oval Office and promised to crack down domestic and international security, crossing a border has become exponentially more difficult.

Although it may seem like it would be illegal, it is fully within the powers of border security agents to ask you to open your laptop and cellphone so they can examine its digital contents and accounts. They may not ask you to open your social media, but it is now part of a mandatory procedure to have your electronic devices charged and without protective cases for inspection should they decide to ask.

All of these instances point towards a large shift in how the world is viewing personal information online. Once upon a time, it was entirely possible to avoid putting sensitive information on the web, but the world we live now is almost entirely digitized. Tax, credit and banking information, personal information, personal photos and videos and even our shop-

ping and travel patterns is all now stored and hosted somewhere on the internet and it is live

What steps should be we taking to prevent breaches in our privacy?

Unfortunately, not as much as we may like. A credit company or corporation choosing to digitize its records is not a decision left up to the public. It's just a symptom of the times and the security of this information is left to unseen IT personnel and software developers.

I don't know about you, but the thought of this makes me slightly uncomfortable. Guarding what information you choose to put on the internet is left entirely up to us.

People who grew up with the internet have no choice but to be aware of the issues around internet privacy and what information we leave out in the open.

This means thinking critically when signing up for websites and forums, reviewing what information is mandatory and what isn't. It also means reviewing the security policies on social media.

Being complacent is an attitude adopted by my peers all too often. If we don't accept the fact that using the internet comes with responsibilities, we may all become subject to international frauds or information theft, which could jeopardize our jobs and lifestyles, and threaten the credibility of our names.

There's no mystery to winning—it's all about working hard



Ed Hitchins SPORTS EDITOR

Terry Tarkanian. John Wooden. Gino Auriemma.
All three names ring bells to collegiate sports fans. All three stood at the top of their profession as kings of the hard court.

Tarkanian was looked upon as a "father" by some basketball players at University of Nevada Las Vegas, often clashing heads with the U.S. college sports governing body, the National Colligate Athletic Association (NCAA), to the point of a lawsuit that stretched out almost a decade after it began. Wooden took a little known west coast school in Los Angeles and made UCLA a powerhouse, amassing a NCAA men's basketball record of 88 victories and making stars out of future NBA hall of famers Bill Walton and Kareem Abdul-Jabbar.

Then there's Auriemma

and his 90 and 111 game winning streaks at University of Connecticut (UConn), eclipsing the success of the dominant men's programs as much as feuding with other standout coaches, like his men's counterpart at UConn, Jim Calhoun.

All of that falls short in comparison to Humber women's volleyball coach, Chris Wilkins. Wilkins doesn't have the money the big programs down south do. He doesn't have the taskmaster trademark that some would expect of a coach of a successful sports program. He's happy, fun and downright humble.

Yet, Wilkins sits at the helm of what is arguably the best run volleyball program in the country. Not including the Canadian Collegiate Athletic Association's (CCAA) last season, 'The Lady Hawks' haven't lost a game in nearly nine years.

When asked about it, he says it boils down to one thing.

"Commitment," Wilkins says. "It's pretty cool about 130 wins because there are a lot of players here that contributed to it," he says. "I have alums still emailing me to ask 'hey, how's it going.' It's neat, it's fun to see how high we can get it up there."

In a time where sports is almost seen as a business, Wilkins views volleyball as a passion. His niece Kyla plays on the women's team and brother Wayne coaches the powerful men's team. Wilkins

incorporates different techniques such as scrimmages in the snow to keep his team hungry.

The problem with streaks such as these is that pressure mounts with every win, including victories last week against Nipissing University and Canadore College. That is not lost on Wilkins, or his players.

"It's a lot to live up to," says Jasmine Laugheed, a transfer from Coppin State College in Baltimore. "He loves to push us to our limits. He has an awareness of what those limits are."

Laugheed, who had titanium rods placed in both legs due to stress fractures, says Wilkins has made sure of both her taking care of herself on and off the court.

While Tarkanian famously once said his 1990 UNLV Runnin' Rebels would have benefited from a close loss that season, Wilkins never had to deal with such a deficiency. These 'Lady Hawks' haven't yet been humbled, but they have been scared. They finished last in their CCAA group at the national championships last season. They've scratched and clawed to wins over Niagara College and Canadore College in previous seasons by winning in five sets.

That, Wilkins says, keeps the thirst for victory in his players.

"At the risk of sounding corny, it's simply hard work."



COREY CLAYTON-LOBO

Hawks defenders fight for possession in Humber's defensive zone against the UTM Eagles. The Hawks also defeated the George Brown Huskies, pushing their undefeated streak to 37 games.

Men's soccer streak alive and kicking

Corey Clayton-Lobo SPORTS REPORTER

Humber's men soccer team kicked off its 2017 home schedule by dominating the University Toronto-Mississauga on Sept. 20.

And they followed that with a 3-nil away win over the George Brown Huskies on Sept. 27, securing the Hawks' first place posting in the OCAA Central Division.

The Hawks are 5 wins, no losses so far this season, resting comfortably in first place.

Despite a streak heading towards 40 games, Hawks' head coach Michael Aquino was absolutely clear his squad can't rest on its laurels.

"There is no substitute for effort and hard work," Aquino said. "Be your best and leave the game with no regrets." The Hawks' Tomasz Balicki scored his second of the season agains the Huskies at Birchmount Field in Scarborough. Luca Baldassarre scored twice in the game, putting him in second spot in league scoring with seven. He's also scored a goal in every game played so far this season.

Aquino was impressed with the way Baldassarre made the most of his chances.

"He is growing in confidence and performance with each game," he said. "As his partnerships and relationships on field with teammates improve so will his performance and goal scoring."

Freshman keeper Nick Frenati, who got the shutout, has only allowed one goal in more than 300 minutes of playing time this season. Striker Jaineil Hoilett scored his 19th career goal to give Humber the lead in the 19th minute in the match against the UTM Eagles. It ties Humber Hall of Famer Andrew DaSilva for sixth on the career list.

The Eagles' Sanjar Kairosh tied the match with an unassisted goal in the 23rd minute, beating goalie Eugenio Garro.

But the tide changed when forward Luca Baldassarre netted his fifth goal — and the game winner — in the 30th minute.

Aquino said there are numerous ingredients to ensure the streak continues.

"I would mix dedication, passion effort and coach-ability. When you have these types of players you're bound to find success," Aquino said.

The team's next game is against the Sheridan Bruins in Oakville on Sept. 30.



COREY CLAYTON-LOB

 ${\bf Hawks\ defender\ Jamie\ Scott\ tracks\ down\ a\ UTM\ Eagles\ forward.}$

FIBA U19 B A S K E EGYPT 2

COURTESY JAMES DEPOE

A nine-year journey of managing the Canadian National Development teams lead to a U19 World Cup for James DePoe this summer

How James DePoe spent his summer vacation: winning the basketball World Cup for Canada

Ed Hitchens SENIOR WRITER

Since the first time he touched a basketball at 12 years old, James Da-Poe fell in love with the game.

"I wandered into the gym at basketball tryouts at Winona Middle School. I was one of the tallest guys there," DePoe said from his apartment via Skype in London, England. "It's funny because I haven't grown since I was that age."

The passion of this Humber grad propelled him to heights he'd never thought possible. Now he is the manager of the U19 basketball team that captured the Basketball World Cup this past summer in Cairo, Egypt.

"The feeling was indescribable. It's such an honor to be part of a group representing your country at that particular level," said DePoe. "I've thought a lot about the sacrifices

I've made, the friends birthday's and family functions I've missed and how in the end this was all worth it."

He said the overall attitude of the team heading in was one of incredible swagger and confidence.

"We really believed we could win. I think [head coach] Roy Rana and the coaching staff really stressed that from the beginning. We finished 5th at the last World Cup. We realized that's not good enough, we have to get to these medal games," said Depoe.

Danilo Djuricic, forward for the team who plays at Harvard University, said James was one of the most animated people at camp and he help the team have a lot of fun.

"James is dependable," said Djuricic. "He is very disciplined at his job. He was one of the most passionate people who truly believed we were able to accomplish what we did from the very start of our journey. He kept us in line but made sure we were able to bond and have fun at the same time as well."

Part of that fun included a trip to the pyramids for building team unity.

"We lost a group game to Spain," said DePoe "But we didn't practice the next day. We went to enjoyed ourselves. The guys bought into the team and it built from there."

All their hard work culminating in a world championship, James said he couldn't celebrate right away.

"It's not the NBA and confetti," said DePoe with a laugh. "I had to get the guys in line, to follow proper protocol. Line up in order of number to receive our medals. Then I had to get the guys to bed for the flight the next day."

It's all just a part of the job.

QUOTED How do you feel about athletes taking a stance on politics?



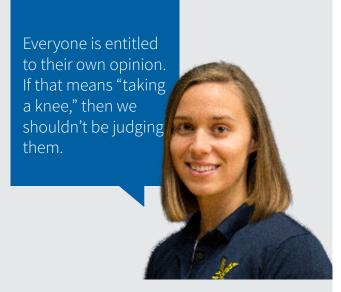
Schae Topy

MEDIA COMMUNICATIONS

1ST YEAR



Everett Barilla
RADIO BROADCASTING
2ND YEAR



Katelyn Morgan

MASSAGE THERAPY

3RD YEAR

PHOTO OF THE WEEK

DROPBIKE IS NOW AVAILABLE AT HUMBER COLLEGE

Humber has brought Dropbike, an affordable bike sharing service to both North and Lakeshore campus. Students can now use bikes to whiz around campuses. These bikes are sustainable and easy to use by downloading an app available for both Android and iOS. It only costs \$1 an hour, plus a deposit. Dropbike is a Toronto-based company.



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