

Mixology 101

Humber students brush up on the art of alcohol.

Life pg 18

Deck the halls

Santa celebrates his 100th sleigh ride.

Humber View pg 13

HUMBER *et* CETERA

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Students joined protesters in yesterday's continuing call for international sanctions against the Ukraine after a tainted national election Monday.

Ben Rycroft

Students demand democracy for Ukraine after fraudulent election

BEN RYCROFT
EDITOR-IN-CHIEF

"We've done all we can do now - the rest is up to you."

As 200,000 Ukrainians swarmed into Kiev Tuesday to protest a national election tainted by allegations of corruption, 3,500 Canadians, many of them students, joined in with a protest of their own in West Toronto to convince the Canadian government to intervene.

By Wednesday morning, the Canadian students got what they wanted.

Both Canada and the United States were threatening economic sanctions if an independent investigation did not ensue immediately.

Nineteen hours into the protest she organized, Atria Pelensky, head of the Ukrainian Student Association for the University of Toronto, was cau-

tiously optimistic.

"Those students in Ukraine have done a lot. We've done a lot. We want to let them know we're behind them, but the time for talking is done now. The citizens, the students, have to finish it," she said.

Not having slept, her voice hoarse from chanting, Pelensky further described her hopes for the Ukraine.

"True democracy is coming for

my family there. All we can do right now is pray."

Other bleary-eyed and sleep deprived students echoed Pelensky's statement.

"I still have this hope inside of me. After 19 hours, I don't think it will let me give up on my people there," Ukrainian Student Club External Affairs Minister Alexandra Zalucky said.

The second Ukrainian election in two weeks was held Nov.

21. Too close to call in the first round of voting, the second round saw government-backed and pro-Russian Victor Yanukovich win a slim majority over opposition and pro-West candidate Victor Yushchenko.

Mark Ilczyszyn, a second-year journalism student at Humber, was on the phone to his family in the Ukraine shortly after the second election.

Continued on page 3

WAR RESISTERS: Humber students to protest Bush's visit to Ottawa- NEWS page 2

News

Humber childcare program has wait list

Enrolment high despite report that half of childcare workers and grads will seek better paying jobs

LAURA SMITH
EDUCATION REPORTER

Despite a new report stating many early childcare educators are leaving the field for work in other industries, the number of students interested in Humber's Early Childhood Education (ECE) program is as high as ever.

A report released last week by the Childcare Human Resources Sector Council concluded only half of college ECE graduates plan to work in the field because of low pay, long hours, and bad conditions. According to the report, the

average salary for full-time workers is about \$19,000 with few benefits.

The study raises concerns that there will be a shortage of daycare workers if and when the federal government delivers on its promise to create a national childcare program. In his throne speech, Prime Minister Paul Martin pledged \$5 billion over five years to fund the project.

Despite the findings, Blair Carter, associate dean of health sciences at Humber, says interest and enrolment in Humber's ECE program is up. "There's even a wait list," he said.

Carter added the early childhood education program, "is in demand, has a high salary rate, high graduation rate and very high employment rate."

However, a second-year ECE student who wants to remain anonymous, says she isn't banking on the promise of a government funded childcare plan and doesn't have a lot of hope for future prospects.

"Having a national childcare system would be great, but it's been promised before. I don't think there's much security when it comes to this field. People come, people go," the 19-year-old said.

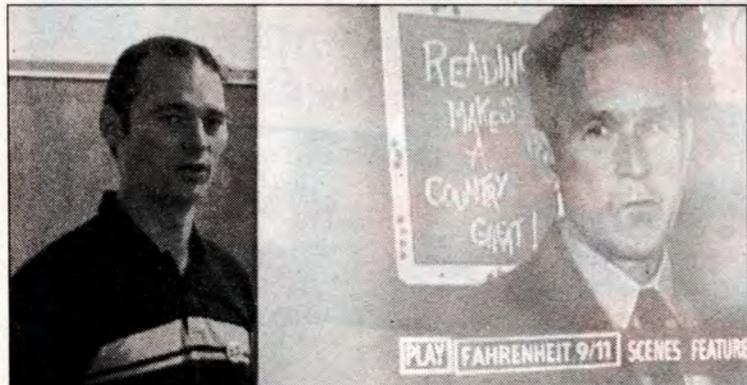
"It's a great industry to be in because it makes you feel great inside, but the money's not that great... and you don't get a whole lot of respect. We're almost considered glorified babysitters. If I can't get a decent job with my diploma, I'll probably end up going back to school, try and get into teacher's college."



Cheyenne Morin

A recent report shows half of Early Childhood Education graduates will not go on to seek employment in the childcare field.

Some ECE students, like Joasia Wasniewski, still plan to become a childcare worker for the love of the job, and not for the money. "If I was in this for pay, I'd be a doctor," the first-year Guelph-Humber student said. "I'm in this program because the profession would make me happy, not because I want to make a lot of



Amy Ward

Chris McNeil, president of Humber's international discussion group, organized a screening of the film Fahrenheit 9/11 on Tuesday.

Humber students prepare to protest against Bush visit

COURTNEY MUIR
NEWS EDITOR

An enormous "un-welcome mat", and plenty of anti-war slogan-chanting is how Chris McNeil, president of the Humber International Discussion Group, hopes to greet U.S. president George Bush during his state visit next week.

At a meeting for the Humber International Discussion Group Tuesday night, McNeil screened the film *Fahrenheit 9/11* in hopes of educating students about the American led war in Iraq, and the plight of war resisters in Canada.

In addition to discussing issues raised in the movie, McNeil used

the meeting to help rally support for the upcoming protest of the Bush administration in Ottawa.

"The Toronto Coalition to Stop the War will be making an "un-welcome" mat for Bush," McNeil said. "People can buy their own mats, paint them with slogans, and the Toronto Coalition to Stop the War will be weaving them all together."

Bush will make his first state visit to Canada from Nov. 30 to Dec. 1, and McNeil is working with the Toronto Coalition to Stop the War by organizing buses to send people to Ottawa to protest his administration's agenda.

GINA JASHEWSKI
CRIME AND SECURITY REPORTER

Humber's student government has requested the college look into installing security cameras in the student centre to prevent the theft of the new UCTV plasma screens they hope to install in the next few months.

However, Gary Jeynes, head of public safety and security, says that isn't likely to happen.

"We don't have that kind of money right now," Jeynes said.

A 42-inch plasma screen worth \$5,000 was stolen last year from above the bank machines in the student centre. However, the Humber Students' Federation (HSF) still plans to put a new one in the same spot.

Michael Parent, HSF executive director and business manager, said he will work with the college to prevent thefts from happening again.

Jeynes said there are no more

spaces on the college's digital video recorder (DVR) for another camera, so they need to look at less expensive security options because a new DVR would cost around \$15,000.

"We would attach the appropriate device to give the most protection to the screen," he said.

HSF began working with UCTV last year and installed two plasma screen TVs in the student centre to provide general information and display messages to inform students about events around campus.

According to Parent, the company soon ran into financial difficulties after their contract began with HSF and is now in the financial custody of another company, which is why the screens have not been used yet this year.

"They got a little bit ahead of themselves and they spent too much money before they had a stream of revenue coming in to

support that," he said.

A company called 18 to 24 has partnered up with UCTV to help them get back on their feet.

HSF benefits from its partnership with UCTV because it receives a portion of the revenue for participating in the network at no cost.

According to Parent, the longer HSF stays with the company, the more money it earns.

"In the short run, it can provide anywhere between \$2,000 and \$3,000 revenue annually," Parent said, adding the number could multiply to more than \$9,000.

HSF is hoping to have the system back up by the end of the month or January at the latest.

Got a news tip or story idea email us at etcetera_news2004@yahoo.ca

United States

After 24 years of anchoring the CBS evening news, Dan Rather will step down in March. Rather, 73, will continue to work as a correspondent for 60 Minutes. Rather has been discredited in recent months after filing a report based on a false military record.

World Digest

Palestine

U.S. Secretary of State Colin Powell visited Israel and the West Bank this week to help restart stalled peace talks and discussed plans for the upcoming Palestinian election.

United States

A 10-year-old grilled cheese sandwich with a likeness of the Virgin Mary was sold for \$28,000 on eBay. The sandwich was bought by internet casino *goldenpalace.com*.

United States

Five deer hunters were killed in Wisconsin after a man wandered onto private property and occupied a deer hunting stand. The man opened fire on the hunters after they asked him to leave. A Minnesota man has been charged.

Ukrainian students push for sanctions

Continued from page 1.

"My cousin told me that the people fear as much as 40 per cent of the voters may have been forced or swayed to vote for Yanukovich. If you were a government official, or in the military, it was assumed you were voting Yanukovich if you wanted to keep your job," Ilczyszyn said.

"Worse than that, the cities are rife with rumours the Russian military is moving towards Kiev. If the Russians take it over and Kiev falls, it may mean the end of Ukrainian independence," he said.

"The rally did two things last night. One, it gave real hope for change in Ukraine. Two, it was a call to Canadians to get educated – to say take a look here, take a real look at what's going on."

Along with Canada and the U.S., the European Union, NATO, the Organization for Security and Cooperation in Europe (OSCE) and The Council of Europe have all declared the election failed to meet international democratic standards.

The education cost saga continues

Lack of sympathy for late fees

MAGDALIN MENDOZA
STUDENT LIFE REPORTER

Winter tuition fees for Humber programs were due Nov. 12, but about 25 per cent of students have not yet paid for the approaching semester.

Marilyn Bee, associate registrar at Lakeshore Campus, says the consequences for those students who do not pay their fees by the deadline vary depending on whether you are a new student or returning student.

Bee said new students in programs with a waiting list would most likely lose their place in the program if they did not submit fees by the deadline.

However, returning students who have not paid their fees face a \$75 charge, and lose the privilege of course selection.

Bee estimated about 25 per cent of the student body pay late.

Star Nardi, a first-year early childhood education student said



Laurel Sanders

"We want a one per cent increase of funding from the federal government for low cost housing," Art Blomme, above, a homeless activist, at the homeless rally at Queen's Park said.

Protesters set up camp to rally against homelessness

Homeless activists say people left to die on cold city streets

LAUREL SANDERS
QUEEN'S PARK REPORTER

Local protesters, Toronto Disaster Relief Committee (TDRC) members and a group of homeless people spent their second night in the cold this week in an effort to draw attention to homelessness in the city.

The two-day rally started

Monday and reached its' peak Tuesday afternoon as six people were arrested for erecting tents on the front lawn of Queen's Park.

Three weeks ago, Toronto Council voted to defer the homeless issue until January. The TDRC reacted by protesting broken promises by making calls to

rank homelessness the number one issue.

"We had a banner of all the people dying on the streets of Toronto. Last winter, it was up to two people per week," Art Blomme, a TDRC member, said.

Ward councillor Rob Ford, Etobicoke North, suggested opening up unused buildings to house the homeless. He insisted funding is not a problem.

"I heard [shelters] didn't have funding, but the city spent \$190 million on the homeless last year," he said.

David Walch, a real estate developer and TDRC committee member, says shelters are not the answers, saying giving these people a home is the best option.

Walch pointed to recent tuberculosis and lice epidemics in shelters as proof that affordable housing is the best solution.

"People can't live a decent life if they don't have a decent place to live," he said.

Last month Ford proposed a controversial by-law to council that would force the homeless off the streets to find an alternative.

"It's just getting worse," Ford said. "We have to get these people off the streets, get these people help or jobs or direction in life."

Walch rejects a tough-love approach as a solution.

"You can't fix people who have addictions. They have to fix themselves. [Ford] doesn't have a magic answer," he said.

Ford says council has been passing the buck on this problem since 1997 and says it's time to deal with this issue.

Beneath the Surface



Kristen King
reports on late tuition

The cost of education is a hot topic. From the Rae Review to the Millennium Scholarship report, the word is out that debt and financial strain is a common reality for students.

Despite this, Humber College's tuition system remains flawed.

Last June, a month after completing my first year at Humber, I received an invoice for this year's tuition. To my dismay the due date was less than 30 days away, a deadline I couldn't meet.

My university degree left me \$20,000 in debt. Like many OSAP recipients, unable to pay this money back, my loans went to creditors, leaving me with bad credit and ineligible for OSAP.

I received a bursary from the college to alleviate some of my expenses, but with rent and living costs, my tuition fees couldn't be paid until the end of the summer.

Then I experienced another bump in the road. With a hectic semester upon me, my employer had to let me go. My only source of income was gone.

When I contacted the college I was denied assistance. I was told only OSAP students are given late fee forgiveness and although tuition can be paid by semester, there is no payment plan set up for those who are otherwise unable.

However, universities allow flexibility in payment. Students aren't required to pay tuition until the beginning of the semester and can pay monthly installments.

So, why the stark difference?

The evidence from post-secondary reports identify education costs as a major handicap for students.

With 25 per cent of Humber students paying their fees late, why can't the college help ease stress for students in need?

I wasn't asking for money; all I was asking for was time.

As an institute with the objective to deliver higher education, Humber College should help students achieve their academic goals, not shut the doors on those who can barely scrape by.

she couldn't meet the Nov. 12 deadline.

"I couldn't pay my fees on time because of the short notice. I didn't have the money, so I had to wait until I got paid," she said. "I tried to get a loan from the bank, but they said my parents don't make enough money, and OSAP turned me down. They said my parents make too much money."

Bee said Humber sends the tuition invoice a couple of weeks before the due date, because in the past when the notice was sent too early, students forgot to pay.

However, she said she will look into giving students more notice in the future.

Humber allows students to split the payments by semester.

However, Bee is opposed to the idea of a monthly payment plan.

"What happens when a student forgets to pay in October?" she asked.

Although students may be taking comfort in the tuition freeze, Bee said the college is looking into raising the non-tuition fees for next year. This can only be done with both HSF and the Board of Governor's approval.

Margaret Antonides, manager of student financial services, said bursaries and scholarships are available for new and returning students.

Bursaries can be applied for online at the Humber Student Record Service website www.srs.humberc.on.ca.

'I couldn't pay my fees on time because of the short notice.'

News

Food director says food complaints are unfounded

Lakeshore's cafeteria exceeds Canadian Food Inspection Agency expectations

LIZ WORTH
LAKESHORE REPORTER

Complaints of the Lakeshore cafeteria letting unsold food sit for hours instead of throwing it away have been quelled.

A faculty member at a recent Academic Council meeting brought up the complaints on the quality of food served at Lakeshore.

However, Sanjeev Rohailla, Lakeshore's food services director, said the cafeteria surpasses the requirements of the Canadian Food Inspection Agency.

"When we cook the food, it's fresh, not leftover," he said. "Once it's cooked, it's good for 90 minutes. If we have food sitting out more than 90 minutes that means students didn't come to eat it, which is rare."

Rohailla said during lunch service, which starts at 11:30 a.m. and ends at 2:30 p.m., food is always running out so it has to be replenished.

"It's not like it's sitting out from morning to night," Rohailla said. "And the lunch and dinner menus are different so the food is always changing."

Vice-President of Lakeshore's Humber Students' Federation (HSF) Christina Zgela looked into the issues that were raised at

the meeting, but discovered they were unfounded.

"That concern was taken into consideration and I went around campus asking students if they had any comments about the

cafeteria, and we've received a lot of positive feedback," she said. "I don't know where the idea that food is going bad came from."

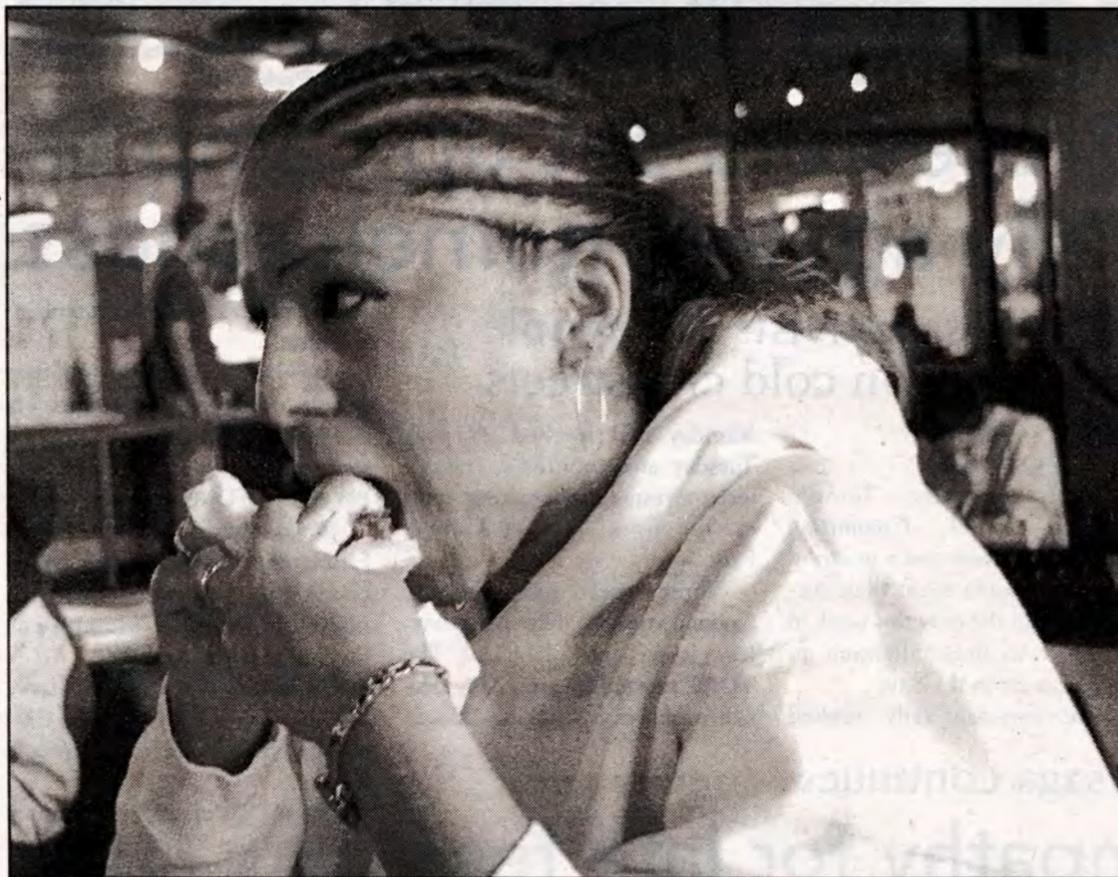
Zgela, who spends a lot of time on campus, eats regularly in the cafeteria and says the standards in the cafeteria are strict and the staff is trained to know when food should be thrown out.

During lunch hour students may be complaining, but it's typi-

cally not about the freshness of the food.

"It's too expensive," Luke Roberts, a first-year music student said. "The hot dog guy even sells cheaper drinks."

Chris Bryant, also a first-year music student, agrees the prices are too high. "I want this juicy, delicious burger, but that's not what I'm getting and I'm paying more than what it's worth."



Dawn Farrell

Students at Humber's Lakeshore Campus have recently raised concerns over food quality at the college. Food Services Director Sanjeev Rohailla says he hopes to resolve this issue before the holidays.

Workload problems top faculty concerns

Frustration grows as union sets contract demands

JENN COWARD
RESIDENCE LIFE REPORTER

Workload demands will top the list of discussion items for Humber's faculty union branch when it heads to a provincial meeting next month along with other colleges to discuss demands.

The Ontario Public Service Employees Union (OPSEU) faculty union's contract with colleges expires Aug. 31, 2005.

Humber's faculty union, OPSEU local 562, held its local

demand-setting meeting Tuesday to discuss demands that are being made and their priority.

According to Maureen Wall, president of Humber's OPSEU faculty union, defining workload is one of the most important issues to union members because Humber faculty are working more hours than expected.

This includes extra voluntary activities like reviewing course outlines, now considered part of their expected workload.

"Faculty are just finding it very, very difficult to keep up with all of the work they have to do with larger classes, alternative (lecture) delivery and e-mail," Wall said.

Wall added that although the faculty's workload is theoretically

capped at 44 hours a week, many instructors are working far beyond that.

John Huot, faculty union representative for the School of Social and Community Services at Lakeshore Campus, agrees workload is a major issue.

"They (faculty) are stretched in workload and to some extent there is a growing frustration they can't do what they think needs to be done to really do the educational work with students they want to," Huot said.

Wall also said that this isn't just a local issue, but relevant to all colleges because instructors across the province are facing the same problem.

Another demand discussed at

Tuesday's meeting and added to the current demand list involved probation time for instructors.

Currently, new instructors are on probation for two years, meaning the college can dismiss them within that time without reason.

"Two years is a long time before someone decides that, yes you can teach," said Paul Michaud, first vice-president for Humber's union and steward for the applied technology department.

Three delegates from local 562 will represent Humber's union branch at the provincial demand-setting meeting set to take place Dec. 11-12.

Homophobic slur sparks a discussion

JASON BOWSER
CRIME AND SECURITY REPORTER

Humber's Lesbian Gay Bisexual Transgender (LGBT) club has launched an effort to educate students at North Campus after a homophobic slur was hurled by a student at a fellow student outside the athletics department last month.

"I think the North Campus has more of a high-school atmosphere [than the Lakeshore Campus]," said Duane Brown, the LGBT public relations spokesperson.

Brown met with Athletics Director Doug Fox Tuesday to discuss the incident. Fox was unaware the incident had occurred until last week.

"That's unacceptable," Fox said, adding that Humber's athletics department doesn't condone any hateful slurs.

Brown said his meeting with Fox was cordial and that Fox spoke about Humber's Positive Space program and the LGBT posters around campus educating students on homophobia.

Brown said there is a need for a Positive Space room.

Brown says the LGBT is arranging for a speaker to visit the North Campus in January to raise more awareness.

Michael Kopinak, manager of residence life, says work is being done to discourage all forms of discrimination in residence, through posters and guest speakers.

"We are not tolerant of those who are intolerant of others," he said.

According to Teeter Leinveer, Humber's human rights adviser, no complaints about homophobic harassment have been filed this year or last year.

Leinveer said that when students file a serious complaint, a formal letter goes to the administration, the dean of student services or the director of public safety. They then decide if the Charter of Student Responsibilities and Rights has been breached.

If it's a minor complaint, Humber tries to resolve the issue with all the individuals involved.

"As long as we tolerate it, then it will be perpetuated," he said of students who don't report harassment.



Dawn Farrell

Kristine Bell from CAPS shows how helping children in need is not only good for your soul, but good for your stomach too.

Giving to charity has never tasted so good

CAPS breakfast deal brings hope for sick kids

DAWN FARRELL
SENIOR REPORTER

CAPS pub is helping support the Hospital for Sick Children by selling breakfast specials and "street meat" to the students.

According to the Sick Kids hospital website, the hospital is one of the largest pediatric academic health science centres in the world.

CAPS Manager Kenny Dimech wanted to offer the students breakfast in the early hours of the morning and help out a good cause.

"I know a gentleman whose child was admitted and they basically saved the child's life and he's donated every year since that happened," Dimech said. "I know there are a lot of charities out there and that's probably the best one."

The breakfast, available from 8 a.m. to 10 a.m. from Monday to Friday, includes the breakfast sandwich with eggs, cheese and toast.

The breakfast sandwich costs \$2.25 and coffee is \$1.

Hotdogs are sold on pub nights on the patio for \$1.50.

CAPS student manager Anna Mussakowski knows how important it is that students eat breakfast.

"I think it's a great opportunity to feed students at 8 a.m. It's quick and great tasting. As well, all proceeds go to Sick Kids, which is a benefit itself."

"Community support is crucial to remaining one of the top children's hospitals in the world," said Alison Bloetjus, Sick Kids Foundation event co-ordinator.

Stacy Curry, a second-year general arts and science university transfer student, is glad the pub is offering breakfast.

"It's really good for the students because when they come here in the morning they can relax and enjoy breakfast."

"It's cheaper than the cafeteria and it's also for a good cause," Bell said.

To make an online donation to the Hospital for Sick Children, visit www.sickkids.on.ca.

Ontario's smoking restrictions curl further Toronto film industry choking on proposed R rating for movies

CHRIS RIDDELL
SENIOR REPORTER

The Toronto film industry is strongly opposed to a pending restriction on smoking in movies. If it is passed, all movies featuring characters smoking will receive an automatic R rating.

Ron Haney, CEO and executive director of the Ontario District Council of Directors' Guild, says censoring movies in such a way is senseless.

"I am sure the vast majority of Guild members support any initiative which discourages the use of tobacco products particularly by youth, but censorship of the creative arts is never the answer," Haney said.

The Guild has taken a strong stance against it, saying that putting such a ban on movies would stifle creative ability, and seriously compromise future productions.

Humber film program co-ordinator Donna O'Brien-Sokic agrees. "It's unfortunate, but [smoking] is a part of our culture."

"Writers want to write their characters as they see them and if

that character smokes, that character smokes," she said.

Paul Kryzinski, a first-year film student at Humber, also believes the ban isn't a good idea. "I can understand an R rating for some movies, but for smoking that's pretty stupid," he said.

If a movie receives an R rating anyone under 18 years of age must be accompanied by an adult to view the film.

'Censorship of the creative arts is never the answer.'

According to O'Brien-Sokic, an R rating has a huge impact on box office revenues. "It's well known in the industry that the top grossers of all time are movies with a G and PG rating," she said.

The proposed smoking restriction was presented by Stanton Glantz, a professor of medicine at the University of California.

According to studies conducted at the university, movies that feature people smoking are responsible for 52 per cent of new smokers.

He presented his findings to an audience of media, charity members and anti-smoking lobbyists during a recent summit in Toronto.

The ban is supported by a number of groups, including the Youth Tobacco Team (YTT), a group of high school students dedicated to putting restrictions on tobacco use. The YTT is a branch of the Lung Association of Canada.

So far the restriction has only been considered as a possibility and is not being fully supported by all anti-smoking lobbyists.

"We've been looking at it as an idea. There is not enough Canadian data to support it. So far, it is all based on American data," Joanne Dinardo of the Tobacco Free Network said.

She added that she is not aware of any Canadian studies on the subject.

Some of you have received surveys in the mail from The Canadian Centre for Social Norms Research. You were randomly selected out of all the students in your school. How lucky for you! I mean what are the odds? It's kind of like you've won something*. Please take the time to fill out these surveys and return them to us ... or not, whatever. It's not as if your input could help uncover the truth about life as a student**. So look - just fill it out or something, it's your choice.

We're good either way***

- * by something we mean the opportunity to get your voice heard
- ** except it totally could!!
- *** okay we were bluffing! PLEASE take the time to fill out the survey and return it to us! It really will help provide us with vital information about student life.

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The Canadian Centre for
SOCIAL NORMS
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Editorial

How far is too far?

Last month, University of Waterloo professor and head of the Canadian Islamic Congress, Mohamed Elmasry, said on *Michael Coren Live*, "any and every Israeli over the age of 18," is a valid target for suicide bombing.

While Elmasry was referring to members of Israel's mandatory armed forces service, and was speaking from the position of a Palestinian militant rather than his own, his comments nonetheless still blur the line between freedom of speech and hate.

Freedom of speech is a right we often take for granted in this country. It's sad that we only seem to realize how good we have it when someone says something that abuses that freedom.

Perhaps Voltaire said it best when he mused, "I disapprove of what you say, but I will defend to the death your right to say it."

While freedom of speech is a right, it is not an absolute right. It carries with it the responsibility to respect the value of human life.

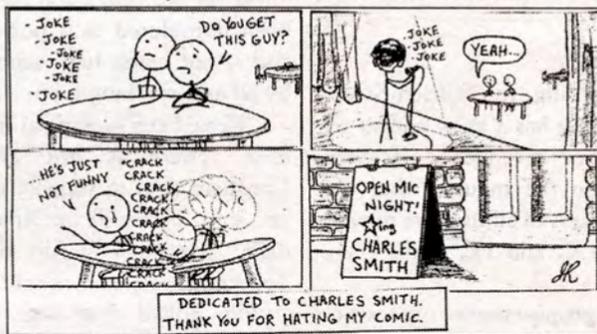
What Elmasry said was disgusting. But would it be even more disgusting to start down the slippery slope of censorship?

Where do we draw the line?



Letters to the editor

Reality Control: with Brad & Nick



Payback the best medicine

Dear Editor,
Re: "Meaningless" comics

I think it is only fair that I be given a chance to respond to the comments made by Charles Smith in the opinion section last week. I am the mastermind behind what was once known as *Reality Control: with Brad and Nick*, originally called *Stick it to the man: with Brad and Nick*.

Stick it to the Man has plenty of meaning behind it. They are stick figures living in a realistic world. Most people see new faces daily, but forget them by the time they reach their destination. Everyone looks the same to everyone, just like Brad and Nick do. Rather funny how art imitates life.

Charles Smith failed to recognize my name on the door as the one credited in the paper when I lived three doors down from him in residence last year.

I had the, uh, privilege of visiting Smith's webcomic <http://bestmedicine.djnd.com> and not only does *The Best Medicine* not live up to its name but it only appeals to a few select people. There is no diversity in angles, and the comic is very poorly drawn.

Et Cetera told me there was no room for my comic this year. But, as you put it "the paper needs a meaningless comic." Maybe *The Best Medicine* is just what the doctor ordered. (Cue laugh-track).

James Robinson
3rd year Radio Broadcasting

Et Cetera towing Republican line?

Dear Editor,
Re: "Bush won, get over it"

Thank you for so astutely informing us that we should 'get over' the results of the American election. What sage advice. Truly, I can't think of anything nobler than to tow the Republican Party line. After all, that is what would be, as you put it, respectful.

You advised your readers to be respectful of the American electorate's decision. After all, how could a very slim margin of voters be wrong?

What exactly is your definition of respect? I always thought that respect was a mixture of serious consideration and attention coupled with the right to express your opinion. I always thought that this left room for disagreement.

Your definition of respect means that to respect the American electorate means that we cannot disagree with them. To respect the president means that we cannot be vocal about our problems with his pre-emptive war in Iraq, his disregard for the

environment and most important of all, his indifference to the remaining 49 per cent of his country. The 49 per cent also disagree with him strongly on these issues.

You expressed hope that Bush would fulfill, finally, his 2000 election promise to be a 'uniter, not a divider.' Well, you can wish in one hand, and crap in the other, and see which one is full first. The idea that Bush could unite his nation is, at this point, ridiculous. America is almost evenly divided in their political loyalties, and Bush is making no effort to bridge that gap. He has always had a 'with-us or against-us' mentality, and has encouraged his country to follow suit. We all experienced this when numerous countries, among them Canada, refused to go along with his decision to invade Iraq. The reaction to this decision, which all sovereign nations were free to make, led to widespread animosity towards France, Germany and Canada throughout the United States. Remember 'freedom fries?' How confusing that you

encourage your readers to cultivate an opinion and to be informed on every angle of the issue, after insulting those against the missile defence plan 'because someone told them' to be. Confusing, since the next paragraph states that our opinions, ultimately, do not matter, since the United States is bigger and stronger, and we're better off to just go along with whatever they say, or, as you put it, 'we will get left behind.' Left behind from what, exactly?

If being 'left behind' means not worrying about the threat of war or terrorism, progressive environmental regulations, the opportunity to develop trading partners who won't bully us politically and the ability to declare myself proud to be Canadian, then I want to be left behind.

Nicole Grondin
2nd year Journalism

Want your voice heard?

Write to
etcetera_opinions@yahoo.ca

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205 Humber College Blvd., Etobicoke, ON, M9W 5L7
Phone: 416.675.6622 ext. 4514
Advertising inquiries: 416.675.6622 ext. 5007

Business Editors Christina Arico
Jeremy Hill
Senior Reporters Dawn Farrell
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Opinions

Struggling soul finds comfort in Christianity



AMY WARD
PHOTO EDITOR

Struggling with religion has been a large part of my life for the past few years. My philosophies on good and bad root from my own moral code. Throughout all our efforts, religion and I have

never found common ground.

My friend was baptized a few weeks ago. I wasn't initially invited to the baptism because she didn't think it would be my 'sort of thing.' I was wounded she felt this way. I've always been supportive, including myself in her religious life even if I didn't fully comprehend.

After some convincing, my friend decided that this was too

important for me to miss.

So there I was, alone, sitting at the back, aware her family might notice me. Her parents and I haven't gotten along for years. This enclosed setting was too close for comfort. Although the details of our feud are complex, they suddenly ceased to exist as her parents came over and thanked me for coming. It was an unspoken agreement that we

were there to experience something greater than our differences.

My friend was signalled to go prepare for the baptism. Watching her walk through the doors was difficult. I felt like this was the last time I was going to see her 'normal.'

I've known her for six years and it feels as if we've shared a lifetime of experiences. I felt the

girl who entered those doors, the girl I had spent many nights laughing with, drinking on the beaches of Dominican Republic and partying all over England with, was not the same girl I would talk to later.

After a few amens, she stepped into the pool and emotionally offered her testimony prior to her spiritual cleansing.

I cried listening to her speak about her struggle to find God, the substance abuse and nights spent crying prior to being saved.

I try to find answers to why I didn't see this pain and struggle in her. I wonder now what else I haven't seen in other friends. I wonder now what I haven't seen in myself.

I was changed the moment I saw her emerge from the water. I saw someone I love find a love that no one else could offer and now envied her because of her relationship with God. Whether religion is for me, I have a lifetime to figure out. I knew something much bigger than all of us made her feel that elation. Everything suddenly felt small. I didn't feel like I lost my old friend with whom I have a million inside jokes, but rather gained a true, complete version of the friend I love so much.

There is no setting that could have compared, a place that felt so alien at first but ended up saving me in its own way. It was the only place where I could have witnessed and felt that kind of change. I don't care how great that Dominican beach felt.

Living off campus? Know all of your rights



CHEYENNE MORIN
PHOTO EDITOR

My first year at Humber I did what most students do for living arrangements.

I lived in residence. Then I moved into a house the next year with some of my closest friends. It was great, no parents, no rules, just a bunch of college kids on their own.

When we first found the house we were so excited. It was clean, close to the school and in a relatively nice pocket

of Etobicoke. The basement was unfinished but my friend liked it that way, so he claimed that room as his own. We met our landlord on the day we looked at the house. He looked like a nice guy, seemed reliable and he lived just down the street, which was convenient.

Everything went well for the first two years. We had very few problems, we always paid rent on time and other than our dishwasher being broken for four months, things were pretty good.

That is, until this year when our landlord decided that he would see how far he could push

us. He decided to start building in our basement, leading us to believe that he was finishing it for the comfort of the current occupants. He sent in workers on a daily basis that banged and hammered at all hours. But, to our shock, his intentions were not as honourable as we originally thought. He had constructed two separate rooms and informed us that he planned to have two other people live in the basement.

We now no longer had use of the basement and my friend was without a room. This being my first house rental, I had no idea what my rights were, but some-

thing told me they were being severely violated.

I asked my cousin, who is a lawyer, what I should do. He told me to contact the Ontario Rental Housing Tribunal. I did and found out that what my landlord was doing was illegal.

I asked for a rent reduction for loss of the basement and filed a form for illegal entry without consent for the time of the construction.

A date was set for a hearing in which we would present our case before the tribunal.

In the end, after hours of yelling across a table with a mediator and presenting our evidence against the landlord, a decision was made. Despite the obvious violations of our landlord, the tribunal ruled in his favour.

Take it as a warning; know your rights ahead of time.

I still live in the house, but in April we are getting kicked out, which isn't fair. It's not a perfect world and the phrase "nice guys finish last" sums it up nicely.

Don't hate him because he can play



LUIS HENRIQUES
SPORTS EDITOR

It seems that, every week, Philadelphia Eagles wide receiver Terrell Owens makes headlines.

If he is not highlighted for his grudges with opponents such as Ray Lewis or Jeff Garcia, then it is for his witty end zone celebrations.

But for some reason many National Football League (NFL) fans, commentators and analysts call him immature and egotistical. I think everyone should just leave the guy alone.

Many fans turned to their favourite sports shows to watch highlights of the night's football action and will still stay tuned to watch the pitiful San Francisco 49ers for one reason: Owens. From pulling a sharpie out of his sock to sign a football, to taking a cheerleader's pom-poms to dance, Owens entertains the thousands of fans. So, for a guy who does nothing wrong off the field and only does everything right on the field, why do so many people hate him?

Three weeks ago when the

Eagles took on the Baltimore Ravens, all the talk beforehand was about the feud between Owens and defensive lineman Ray Lewis. Owens capped off the feud by mimicking Lewis' trademark celebration dance after scoring a touchdown in the Eagles' win.

Afterwards, many in the football world criticized Owens. Lewis went the extra yard calling him a coward, but Owens brought up a good point.

"This is a guy, double-murder case and he could have been in jail, but it seems like the league embraces a guy like that. I'm going out scoring touchdowns and having fun, but I'm the bad guy."

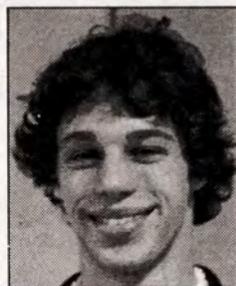
I find it ridiculous when a guy who pleads guilty to obstruction of justice in a double-murder case celebrates for making a tackle and everyone cheers. But when a guy who has never run into trouble off the field contributes on the field and does something creative, he becomes the villain. How does that make any sense?

When a guy can come in and help a team to a 9-1 record by leading the league with 908 receptions and 13 touchdowns in nine games, he has every right to

act cocky. Ravens' cornerback Deion Sanders said himself that if Owens can score, then he deserves to celebrate. And if the Ravens don't want to see him dance, they just simply have to stop him. But that's easier said than done.

Public Opinion

Freedom of speech: How far is too far?



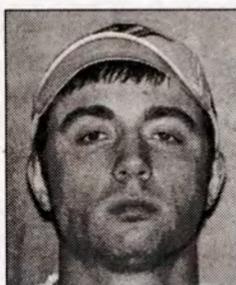
"While freedom of speech can be liberating, it begins to lose its appeal when it infringes on the opinions of others."

Jason Parry,
2nd year Media Studies
Guelph-Humber



"I think people should be able to say anything. Sometimes it's negative and people don't agree."

Geoff Rohoman,
3rd year Journalism



"Freedom of speech can be taken too far when it begins to offend others."

Chase Collings,
2nd year Cabinet
Making



"You don't have to agree with what someone is saying, but respect their views and opinions."

Alawna Brown,
1st year Media Studies
Public Relations

Arts and Entertainment

What's Happening

In theatres Nov. 26

Alexander
Christmas with the Kranks

CDs in stores now

Fantasia Barrino
Free Yourself
Gwen Stefani
Love, Angel, Music, Baby
Nirvana
With the Lights out
(3 CD 1 DVD Box set)
U2
How to Dismantle an
Atomic Bomb

Theatre opening

Don Juan: Anatomy of
Desire
Nov. 26 - Humber Student
Theatre, building J,
Lakeshore Campus

Upcoming concerts

Badly Drawn Boy
Nov. 26 - Palais Royale
*Moved from The Phoenix
Concert Theatre*

Closet Monster & Protest
the Hero
Nov. 26 - The Opera House

Damageplan & Shadows
Fall
Dec. 1 - The Phoenix
Concert Theatre

Feist
Dec. 2 - The Phoenix
Concert Theatre

Death From Above 1979
Dec. 9 - Lee's Palace

Nas
Dec. 11 - Kool Haus
Second show added

Lowest of the Low
Dec. 17 - Mod Club Theatre

Matt Dusk
Dec. 17 - Winter Garden
Theatre

Razorlight
Jan. 12 - Lee's Palace

Scissor Sisters
Jan. 17 - The Government

Keane
Feb. 13 - Kool Haus

The podium gets laid down at Roy Thomson Hall

Kevin Smith comes back to his Toronto fans; eats Timbits

DAVID ROS
OPINIONS EDITOR

Kevin Smith laid the podium down to a packed house at Roy Thomson Hall, as part of a question and answer session to be featured on a new DVD *An Evening with Kevin Smith 2: Evening Harder*. The event, co-sponsored by 11 college and university student governments, including the Humber Students' Federation (HSF), gave the audience the opportunity to ask the 34-year-old film maker from New Jersey any question on just about any subject.

Before the show got too far, a fan brought him up a box of timbits to snack on after countless comments on how much he loves the Canadian treat. Smith called the fan his new best friend.

After writing and directing six

movies that have reached cult-classic status, one could say Smith, often known as the *Clerks* guy, has accomplished a lot in his 34 years. But after filming his upcoming guest spot on *Degrassi, the Next Generation* he says he's done just about all there is to do.

"Now I think I've reached the final frontier," Smith joked. "I've become a member of the *Degrassi* cast."

Smith recalled days when he was working at the Quick Stop, the convenience store he made famous in his first movie, *Clerks*.

There he would sit around watching episodes of *Degrassi Junior High* and *Degrassi High*, dreaming of being a character on the show.

"I never wanted to be an actor on the show," Smith said. "I actu-

ally wanted to be in the show. I wanted to be able to walk down the halls of *Degrassi* and say 'hey BLT, what's up?'"

Smith wrote himself and Jason Mewes (a.k.a. Jay) into a three episode arc of *Degrassi, the Next Generation* where they come to Toronto to film the fictional movie *Jay and Silent Bob Go Canadian Eh!* While filming the movie, Smith and Mewes get tangled up with the *Degrassi* cast, and Smith finds himself in the middle of a love triangle between two cast members of the original.

Smith's love for Canada extends further than his obsession with *Degrassi*, as he said he always felt he was born too far south.

"I feel like when Superman's planet blew up and how Earth became his adopted home. That's how I feel about Canada," he said.

Smith described Canada as the girl next door, following up with less than honourable intentions. Despite his lust for the girl next door, Smith said he wasn't about to go live with her, even when faced with another four years of George W. Bush as president of the United States.



Shawn Loughlin

Smith's new project, the highly-anticipated *Clerks* sequel, should start filming in January.

Smith used his longstanding friendship with Ben Affleck as part of his analogy on why he won't be packing his bags to head north.

"I survived Benifer. Bush has nothing on Benifer," Smith said.

H S F
Program
Director,

Aaron Miller, said the event was a huge success, noting that the 100 tickets that were purchased by HSF sold out in two days.

"I think people who are fans of (Smith) are really big fans," Miller said.

"The only thing I wish is if (HSF) could have gotten more tickets so more people could have attended."



Shawn Loughlin

Kevin Smith made sure to leave no topic untouched. Topics spanned religion, *Gigli* and his parents' intimacies.

After writing and directing six

Stage program encourages clowning around

MARK HERBERT
STAFF REPORTER

Humber College's theatre program is geared towards embracing the diversity of Toronto, although it might not always look that way - visually at least.

Diana Belshaw, director of the theatre performance program, has noticed a trend over the years that she would like to see change. "A lot of the actors who graduate are middle-class white kids, and I think that's offensive," she said.

Belshaw is not alone on the issue. Paul Court, director of the theatre production program, feels the same way.

"Our theatres don't look like our city," Court said.

One way to make Toronto's theatrical representation better is to attempt to make the cast reflect the population. Another is to ensure that when they're on stage that they're comfortable, Belshaw says.

And both those goals are rep-

resented in the focus of the performance program. That focus, for example, includes developing the voices of the students, to help make their visions a reality for them.

Once diversity has been achieved, the program will be able to get back to what it does best, theatre.

The program is very specialized, Belshaw adds. "We emphasize creation and not just performance," she said.

Belshaw says that one way the program encourages students to develop this creativity is through clown school. In this class, students are expected to let down their guard and act crazy. Students say it's an exercise in humility like no other.

"You have to get stripped down to be built up," Christian Feliciano, a second-year theatre performance student, said.

Instructor Dean Gilmore creates the atmosphere by encourag-

ing his students to act like fools.

"The moment you feel like an idiot you have to continue," Gilmore said.

Gilmore says students tend to stop what they're doing when they begin to feel embarrassed, not realizing that is the reason for the exercise.

"Feeling vulnerable up here (in class), being an idiot, will con-

tribute to us being able to be as open on stage," Feliciano said.

Court says achieving diversity and comfort on stage is something that can look effortless to an audience when the production is running, but it takes effort before all of that can begin.

"Theatre is an iceberg. The audience just sees the tip," Court said.

Slammin' and jammin'

Humber students' diverse tastes are being represented by two upcoming events.

A "spoken word slam," touted as being where the books meet the streets, hosted by Lady Loxx, featuring El Machetero, Ms. Shawna Dixon, Split and Heron 'Sweet Addiction' Jones, among others, kicks off at 12 p.m. at the North Campus Student Centre on Dec. 1.

For more information on the

spoken word slam e-mail lady_loxx@yahoo.com.

On the flip side, CAPS is hosting an acoustic night at 9 p.m. on Dec. 7. The show will feature Humber students, as well as professional player Mark Cassidy.

"We've never done anything like this before," Aaron Miller, Program Director for the Humber Students' Federation, said. "But it'll be a good night."

Arts and Entertainment

Humber readies tomorrow's writers

Intense writing course features roster of top Canadian authors

CAROL SANTOS

STAFF REPORTER

The Humber School for Writers is being touted as the best writing school in Canada by *The Globe and Mail* and the *Toronto Star*.

Its week-long course offers many award-winning instructors, including Paul Quarrington and Wayson Choy, both authors nominated for this year's Giller Prize for their books *Galveston* (Random House) and *All That Matters* (Doubleday), respectively.

However, the week-long summer program isn't respected just for its world renowned authors. It's an intense workshop that also helps students develop their writing projects.

Joe Kertes, dean of Humber's School of Creative and Performing Arts, started the program 14 years ago.

Antanas Sileika, artistic director of the course, says, "there was

a hunger for it."

"Many people kept asking, 'Can you help me?' Kertes was inundated with requests for help with people's writing," he said.

With Margaret Atwood teaching, the course took off in its first year, Sileika added.

The course now also attracts international authors to teach classes as well, including American playwright Edward Albee (*The Zoo Story*).

Sileika said

it's tough to find teachers because people sometimes want too much from them.

"Joe gave me two really helpful tips," Sileika said. "The first was to look for authors of work we love. Don't get someone just because they are a big name."

And the second? "Ask nicely. It's as simple as that. I try to express that they bring qualities that can help our school."

While attracting numerous

'So I find people whose work I fell in love with while reading.'



Amy Ward

Antanas Sileika (left) and Joe Kertes (right) have gathered the country's top talent for their course.

local students, the program also attracts many student authors worldwide. Sileika said the course admits about 120 writers. However, over 250 students attended when Canadian author/playwright Mordecai Richler (*Barney's Version*) taught.

Instructor Richard Scrimger, who took the summer program in 1995, said the story readings in front of the class gave him the encouragement he needed.

"The readings halfway through the week were the best thing," Scrimger said. "I didn't want to be the 10-millionth person to fail miserably at a harrowing story. I wrote a funny piece about my kids and I visiting the supermarket. And the most amazing thing happened. The class fell over laughing after reading my story."

Scrimger forces his students to think by throwing them into customized writing exercises.

"I jerk [the students] around to do things they don't want to do," he said. "I make them do writing exercises that get them out of their comfort zones, like writing a fashion column. I know they don't want to do it. But I get them to go places they haven't gone before. I force their brains out of a rut."

Scrimger said he can't perform magic. There must be a foundation.

"You're either a good writer or you're not. You have to be good on your own. But I can help you become a better writer," he said. "Writing a novel is like fumbling in the dark. As a teacher, I tell my students my eyes are better than yours. I'm going to turn on the light for you to see other things you can do."

Instructor Kim Moritsugu says the course helps students decide whether writing is for them.

"You live the intense writing life for a week, so you can see if it is for you. The week is exhausting, but some people are energized by it," she said.

Instructor Isabel Huggan said that she lets her students interact by taking part in sessions where they look over each other's work anonymously. This allows students to break free of the seclusion that can often accompany writing.

"For the glorious week at Humber, the essential loneliness of the writing craft is set aside, and isolation is exchanged for the warmth of the group," she said. "[Students are given] the chance to meet with others of like mind. You find out that you are not the only one having problems and you work together to find a good ending to a story."

Sileika and Scrimger said the course offers a family atmosphere. Sileika attributes it to Timothy Findley, who taught the program until he died three years ago, and his partner William

Whitehead. Sileika said the couple embodied the school's qualities of friendliness. A scholarship is now awarded on their behalf.

According to Sileika, what may make this year's program so exciting is the possible addition of author, Barry Undsworth, winner of the 1992 Booker Prize in England, although he hasn't formally agreed yet.

"I fell in love with his book, *The Songs of Kings*, 14 months ago," he said. "I began thinking about it. We share the same publishers, Random House, and I became so excited that my editor could speak with his editor," he said.

For more information visit <http://www.humber.ca>.

Reviewing her keys to success

CAROL SANTOS

STAFF REPORTER

Alicia Keys, Grammy winner and now author, provides a glimpse into her life with her new book *Tears for Water: Songbook of Poems and Lyrics*.

The collection is comprised of poems from her personal journals and song lyrics from her albums, *Songs in A Minor* and *The Diary of Alicia Keys*.

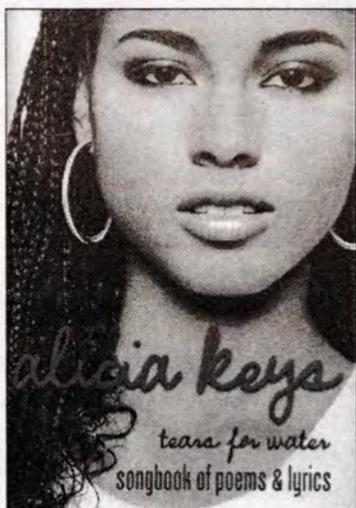
The 23-year-old singer is extremely private about her life, but her poetry reveals her confusion, loneliness and the experiences that she's kept to herself thus far.

"All my life, I've written these words with no thought or intention of sharing them," she says in the book's introduction. "Not even with my closest confidants."

Keys' sense of imprisonment and loneliness come out in *6:33 a.m.* and *P.O.W.* (which stands for prisoner of words unsaid, not prisoner of war). But *Golden Child* and *Gold of Johannesburg* convey hope in what she calls a dark, fake world.

Many songwriters have published poetry books, like Billy Corgan and T-Boz of TLC, but critics say they fail to capture their thoughts with poetry. But Keys' prose flourishes.

The reason for her success is



in her descriptive, simple writing, seen most clearly in *Unfulfilled Keys*.

Upon first read, *Unfulfilled Keys* seems to be about Keys' heartbreak over a man. "Maybe in that dark moment/When all

was so late and tired/I should have gotten up and come to you/I should've not made those excuses/And now/You're only to be found in fleeting moments."

But Keys actually follows conscious rapper, Common Sense's *I Used to Love Her*, in which he raps about hip-hop as if it was his lover. A note at the end reveals her poem is an ode to her piano.

Although the poems offer an intimate look into Keys' thoughts, the notes explaining why she wrote certain poems leave too many questions unanswered.

She said she wrote *6:33 a.m.* because she was feeling lonely, but doesn't explain the source of her loneliness.

Interesting avenues that Keys neglected to take would provide some explanations as to what inspired some of her songs like *Fallin'* and *If I Ain't Got You*, as well as how she puts it all together.

The book should appeal to everybody's tastes and should be a required addition for Keys' fans and literature lovers alike.

'I get them to go places they haven't gone before.'

Arts and Entertainment

Persistence, humour and a penchant for pubic hair

Availability and a willingness to do anything put Todd Shapiro behind the mic on 102.1 The Edge

REBECCA PAYNE
STAFF REPORTER

Co-hosting a morning radio show that draws nearly a million listeners and is rated first in the 18-34 age demographic in Toronto seems like a great feat.

But with a quick wit, an iron stomach and a little luck, you too could one day have a job like Todd Shapiro.

Shapiro is one-third of the hugely popular *Dean Blundell Show* on 102.1 The Edge. Together, Dean, Jason Barr and Todd have become a morning staple for listeners who can't resist the trio's blunt banter, antagonism of callers and bizarre games that are usually controversial and sometimes offensive.

But there wasn't always a seat for Shapiro in the studio.

The former Seneca radio broadcasting student didn't take the normal route to becoming an intern. For him, everything started with an appearance on the reality dating show *Blind Date*

when it came to Toronto.

The week the shows were aired, all the daters were on The Edge's previous morning show, the *Humble and Fred Show*.

"Now that I think about it, I'm sure Humble and Fred hated it," Shapiro laughed. "Now that I've been in radio for so long, I realize how much we hate doing promotions. But it's all about money for the radio station ... which pays our salaries."

After the interview, which he describes as nerve racking, Todd asked Humble if he could intern for them. Humble said yes.

'If I'm going to make an impression my first day I'm licking everything.'



Rebecca Payne

Pictured top right and above is 102.1 The Edge morning show host Todd Shapiro. "Learn all facets of the business," Shapiro said. "Don't think it's just turn on the mic and talk."

"As I left, the promotions director told me I couldn't really just sign on, even though Humble told me to come in. He told me I'd have to do promotions, and I was like, I'm 26, I don't want to put up flyers and give out iced tea at concerts."

So, he ignored the advice and started going into the station every morning. After weeks of little progress and feeling like he was wasting time, Shapiro finally endeared himself to Humble by bringing in some jokes he wrote for the "jokes of the day" segment.

"He used four or five of them and, from then on, I wrote jokes for him every day," Shapiro said.

Shapiro said while he was working towards 200 hours at his internship, he was also taking a script writing course, among other classes.

Because he was writing jokes for Humble everyday, "my school said that they would count this as a credit in lieu of my script writing course," Shapiro said. "To make a long story short, they didn't accept it in the end."

It was with this initiative that Shapiro was able to stay on at the station after Humble and Fred left and new host Dean Blundell came in.

"When Dean came in I told him, 'If you need a guy to do anything, I'll be that guy. I want to get on air and I promise you I'll make people laugh'."

The day Shapiro started, Blundell said to him, "Alright, here's the deal: we're going to call you Re-Todd."

Though unenthusiastic about his new name, Shapiro wouldn't let it faze him. "The very first thing we did was play a contest called 'lick it for tickets' and basically people would bring in



Rebecca Payne

almost anything to see if I'd lick it. If I licked it, they wouldn't get tickets."

Shapiro decided then and there that despite his germophobe instincts, he would do whatever he could to become part of the show.

"I was like, if I'm going to make an impression my first day, I'm licking everything. And if it means killing my reputation, everyone will know from day one I'm the guy who will do anything," Shapiro said.

"So people would come in with a shoe and I would lick the shoe. Some dude actually cut off his pubic hair and I licked it. Nobody thought I would. And as gross and wrong as it was, they were like 'this guy really is going to do anything for us.'"

So besides licking stuff, what advice would Shapiro give aspiring radio students?

"I was in a really unique situation because I didn't do the typi-

cal climb up the ladder. But if you have the opportunity to get in the door somewhere at a major market station, don't be afraid to do anything. Make yourself indispensable. That's one thing I did - I always learned all facets of the business. Don't think it's just turn on the mic and talk."

With the best ratings The Edge has ever had, it's obvious the chemistry between Shapiro, Barr and Blundell has struck a chord with listeners. But just how do they get up every morning and make people laugh?

"I think one of the reasons our show is so successful is because we go in there and try to entertain each other. We don't try to entertain a million people. If we make each other laugh, chances are we're making someone else laugh too."

The Dean Blundell Show airs weekday mornings from 5:30 a.m. to 10:00 a.m. on 102.1 The Edge.

Todd Shapiro's 10 tips to becoming a radio announcer:

- | | | |
|--|--|--|
| 10) You must be arrogant. | 6) You must be able to work crazy hours and never, ever get paid for it. | 3) You must be prepared to be ridiculed and mocked on a daily basis. |
| 9) You must love mixing booze with prozac. | 5) You must be narcissistic. | 2) You must have one working limb so you can turn your mic on. |
| 8) You must be extremely negative. | 4) You must be bad at math (however, I'm awesome at it, perhaps that's why I suck in radio). | 1) You must fill out stupid answers like this. |
| 7) You must be insecure and enjoy putting people down. | | |

Arts and Entertainment

Hear This!

The tenth in a series of weekly Humber musicians

For the love of music



Cavern members Dave Cohen, Ben Weigensberg and Ben Spivak are also students in Humber's music program.

AGATHA SACHS
STAFF REPORTER

Despite their young age, there is a timeless chemistry about the members of the band Cavern.

"We're all just on the same level. We have a common energy, a common mind frame as well, which is why the music works out so well too," said Ben Spivak, lead vocalist and bassist. Spivak and drummer Ben

Weigensberg, a Montreal native, met while enrolled in Humber's music program. After hitting it off, Weigensberg brought in the third member of Cavern, guitarist Rory Sills. Spivak then met the band's fourth member, organist and fellow Humber music student, Dave Cohen, last year.

All four members share a love of music with influences of funk, jazz, rhythm & blues and rock

and roll.

"We come from such diverse musical backgrounds but they just happen to mesh well. We've got similar goals. We're musicians, we love to play music," Cohen said.

Cavern is in the midst of producing their first, full-length album together, and say there is still more to come.

"This is our career and as far as I'm concerned, my life," Cohen said, adding that having a career in music is not a choice, it is a must. While attending Humber, Spivak and Cohen both work part time jobs and rehearse about five times a week.

"It's tough. But because the music means so much to us, it has such a priority. That's why we're at school for music, we're teaching music, we're in a band. Everything's music, which makes it sort of easy. When you have a band that's passionate, and a fan base that is passionate about us, it makes it easy," Spivak says.

For more information visit www.cavernmusic.com.

In Review

U2

How to Dismantle an Atomic Bomb

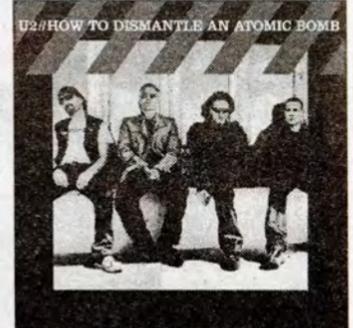
If it ain't broke, don't fix it.

That seems to be the stance U2 took with their eleventh studio album, *How to Dismantle an Atomic Bomb*.

The album bears a striking rhythmic resemblance to their last release, *All That You Can't Leave Behind* (2000). But that's not to say the new album doesn't offer anything of substance. In fact, quite the opposite is true.

Like its predecessor, *Dismantle* starts off with a loud, flamboyant, feel-good track (in 2000 it was *Beautiful Day*, and this time around, it's *Vertigo*). But those turned off by the glorified I-pod advertisement need not worry; the rest of the new album is nothing like *Vertigo*. It is much more melodic and sincere.

Bono's lyrics carry the album, specifically with the emotionally charged ballads *Sometimes You Can't Make It On Your Own* and *One Step Closer*, both of which were written about his relationship with his deceased father.



And the Edge creates his usual musical mastery on the guitar with songs like *Miracle Drug* and *City of Blinding Lights*, which are sure to become huge hits.

But *Dismantle* has its share of problems, not the least of which is the three-song lull in the middle of the album.

Even those problems, however, are not enough to derail this solid addition to the U2 discography.

While it's certainly not their best effort to date, after listening to *How to Dismantle an Atomic Bomb*, people should take notice: the biggest band in the world is back.

CHRIS DAPONTE
COPY EDITOR

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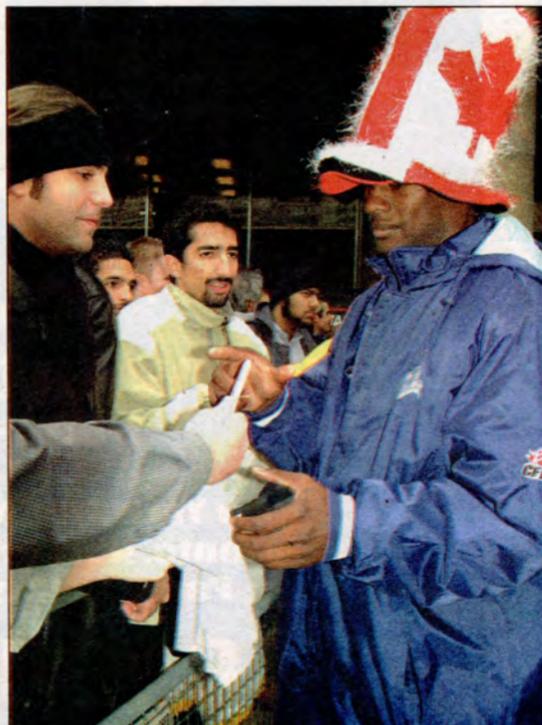
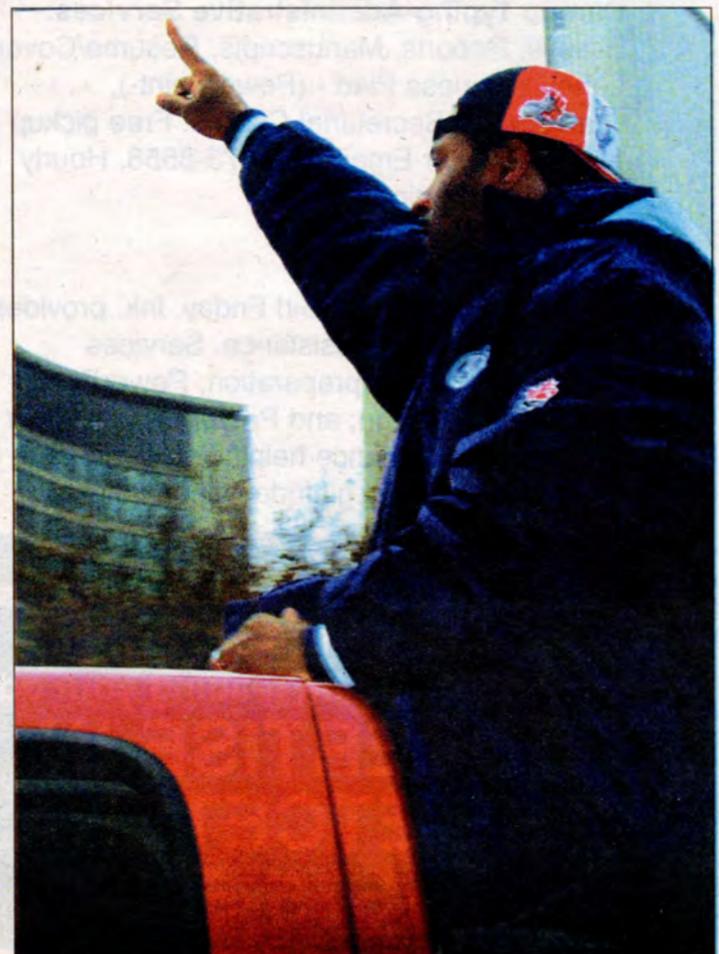
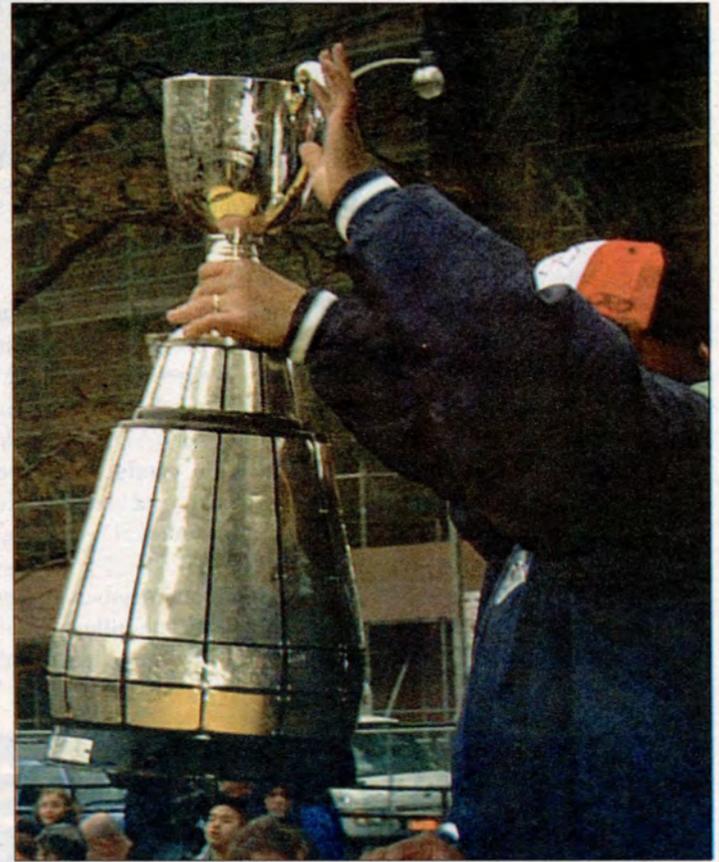
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The Humber View



Argos fans have waited seven years to enjoy a Grey Cup parade. For full coverage, check out Sports page 22.



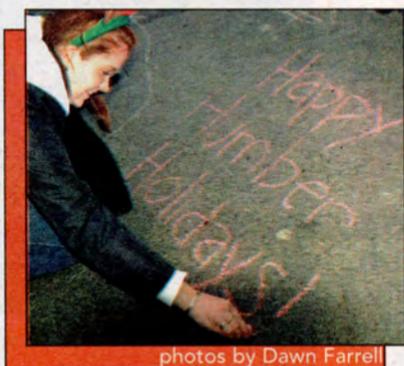
All photos by
Dawn Farrell
Layout by Amy Ward

The Humber View

Here comes Santa



photo by Christine Flynn



photos by Dawn Farrell



Santa was back in town for 100th parade celebration

DAWN FARRELL
SENIOR REPORTER

Humber students joined the tens of thousands of people downtown to celebrate Toronto's 100th Santa Claus Parade in bright sunshine last Sunday.

Kelly O'Regan, a second-year industrial design student, was glad to be a part of the centennial and says that you're never too old when it comes to Christmas.

"I've never been to the big downtown parade and I made the extra effort to come here because I wanted to be a part of the...celebration," she said. "The parade is not only for the children, but also for the adults who still have the little kid inside of them."

The longest running Christmas parade in the world featured 23 marching bands from across North America and 24 colourful floats.

Four of the floats have been rebuilt from years gone by, including the Mother Goose float first introduced in 1959.

Timothy Eaton's department store introduced the Santa Claus Parade on Sat. Dec. 2, 1905. Although the original purpose was to bring customers into the store, it has continued as a non-commercial celebration to entertain the community.

Money was raised for Toronto's Hospital for Sick Children by selling toques, stickers and DVD recordings.

If you missed the parade, VHS and DVDs are being sold across Canada by Canada Post.

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In Focus

Going under the knife

As the plastic surgery industry continues to grow, some critics are asking if it's gone too far

JULIE BROADBENT

STAFF REPORTER

From the time Melanie Denise was a little girl, she hated her nose. So when she turned 19, despite criticism from friends and family, she went under the knife, and never looked back.

"When I first told my mom I wanted a nose job, I was six years old. She laughed at me and said I could have the surgery when I was older. I don't think she took me seriously, but when I turned 18 it was all I could talk about," said Denise, a first-year student at Niagara College.

Denise said she had surgery on her nose because she broke it when she was two which caused it to be crooked.

Once she hit her teenage years, she realized something else

was missing.

"I would be sitting in the change room with the girls in my gym class and see they all had started developing breasts. When every girl in the change room grows them except you, you start to see you're the weird one."

'When I first told my mom I wanted a nose job, I was six years old.'

So, at 19, with financial help from her parents, Denise had two major surgeries within a year of each other. She had her nose fixed and her breasts augmented.

Cost? \$13,000.

Despite the expense Denise does not rule out having more surgery in the future.

She says having a breast augmentation made her happier with herself.

"I remember looking in the mirror and wondering why I was 18 years old and still wearing a training bra. People gave me so much flack after I had a nose job, but they gave me even more after I had my breasts done. They seemed to think I spent six grand on myself to look better. No way. It was to feel good and I have never felt better."

She added she did it for what she considers the right reason.

"People think when you get breast implants it's because you want attention or to look sexier. I did it because I was unhappy with the size of my chest and it was affecting the way I felt about myself."

But some people, like first-year travel and tourism student, Maggie Lo, still feel surgery is done by people with large egos or by those trying to fit into a younger crowd.

"Surgery is so severe, so why endure it just to make yourself fit into society and whatever the trend is? I am the way God made me and that's something we all have to live with, whether it's in style or not," she said.

Dr. Peter C. Neligan, professor and chair for the division of plastic surgery at the University of Toronto, said that plastic surgery is performed for all kinds of reasons.

"It's true that cosmetic surgery is part of the field of plastic surgery, but it is just one area. Reconstructive surgery is a very large part of plastic surgery," Neligan said.

"Many people who have plastic surgery have it because of an incident like a bad accident or cancer. But some people don't see it this way. They see it as vanity," he added.

Dr. Hugh McLean of The McLean Clinic for Cosmetic & Plastic Surgery agrees. He says plastic surgery was originally only known as a reconstructive procedure.

"Plastic surgery began after World War I when a lot of soldiers needed reconstructive surgery in order to be able to walk or ever use their hands again," McLean said.

American statistics reflect that between 1992 and 1997 cosmetic



Julie Broadbent

Melanie Denise changed the size of her breast from a b-cup to a d-cup. On the left is the before and above is her after picture.

breast surgery increased by 275 per cent.

Canadian statistics on breast augmentations are not tracked, although a representative for a Canadian breast implant manufacturer said the number of breast implants in Canada usually reflects 12 to 15 per cent of the American industry.

'There is such a thing as being too young and having too much surgery done.'

A spokesperson for the Canadian Society for Aesthetic Plastic Surgery said they have seen a large increase in the number of telephone inquiries from women regarding breast implants.

Dr. McLean charges \$5,000 to \$10,000 for a nose job and \$5,000 to \$8,000 for breast implants. He says the age of his clients is becoming an increased

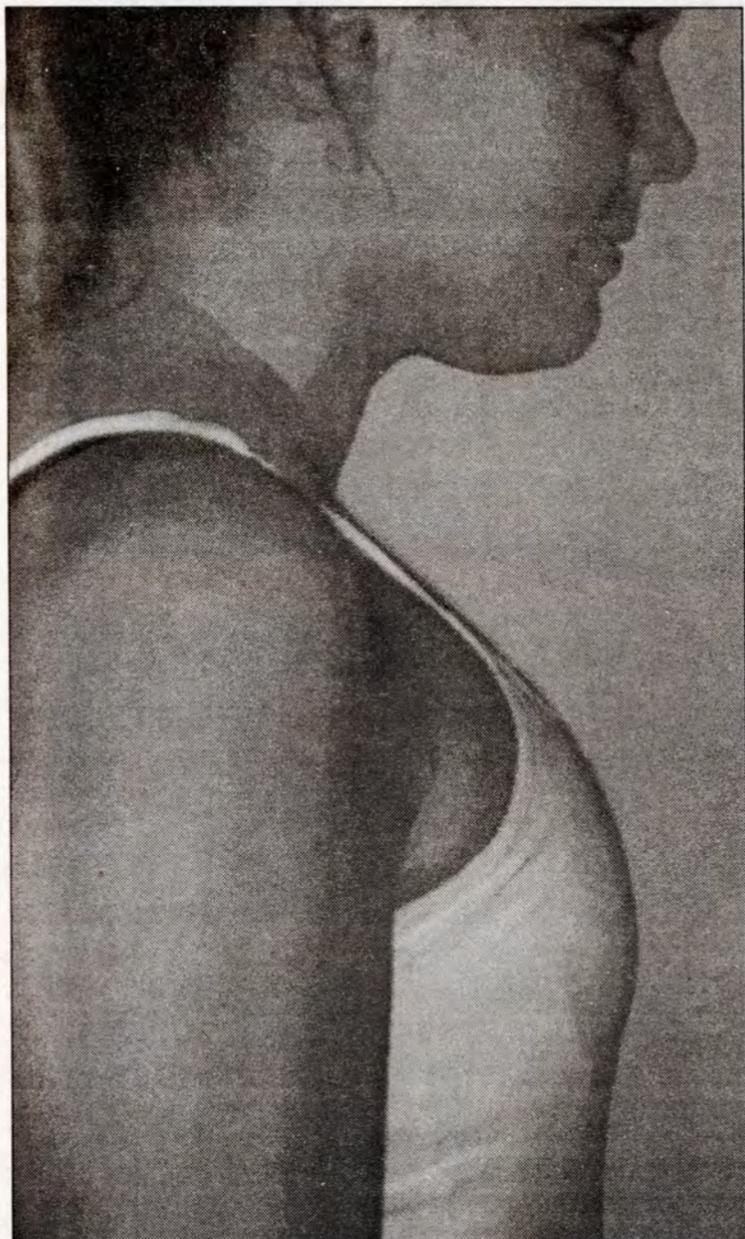
concern for him and other plastic surgeons, because more teenagers are getting surgery than ever before.

"There is such a thing as being too young and having too much surgery done. Just look at Michael Jackson. I will not do surgery on someone unless they have finished growing," McLean said.

According to the American Society of Plastic Surgeons, 3,841 people aged 18 years and younger had breast implants last year. That is a 24 per cent increase from 2002.

Reality TV shows that offer "quick fixes" have also created concern for plastic surgeons.

"Programs like *Extreme Makeover* and *The Swan* make it appear plastic surgery can change lives and, in some ways, it can. However, this is real surgery with real complications and it should not be taken lightly. If there is a current trend, it is probably that people tend to trivialize this surgery and ignore the risks and complications, while making surgery into entertainment," Neligan said.



Courtesy

According to Health Canada, breast implants may affect the ability to breast feed and make breast cancer screening difficult.

BIZ@humber

Business students get recognized for successes

SHEENA FACCIOL

STAFF REPORTER

Humber's top business students were honoured at the 2004 Humber Business Awards held Nov. 17.

"Tonight is a very special event at Humber, an awards night to recognize the achievements of our students," Frank Franklin, director of international business at Humber College told students, reporters and faculty.

The donors, which include such companies as World Vision

Canada and Ernst & Young, develop guidelines which students must meet to be eligible for an award.

Many students were honoured more than once, such as Fashion Arts student Evelina Terka, a Calgary native who was awarded with the MAC Cosmetics Award and a fashion scholarship.

"I didn't even know Humber had awards," Terka said.

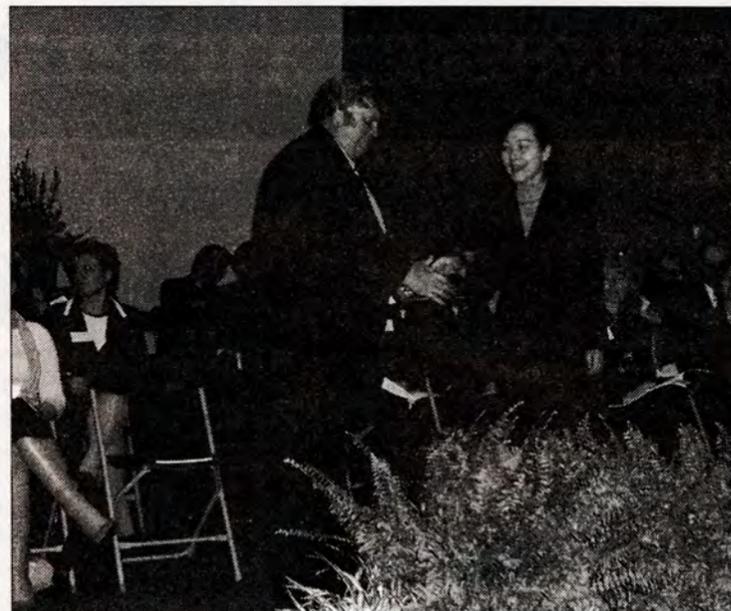
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Terka moved to Toronto from Calgary two years ago to attend Humber, where she felt she would receive the best fashion arts education.

MAC cosmetics honoured three fashion program students.

As the event came to a close, School of Business Dean Michael Hatton congratuated the winners and encouraged them to reach for even higher achievements in the future.



Sheena Facciol

Award winners were considered based upon their commitment and participation in academic and non-academic activities.

Blocked or deleted from a messenger contact list?

msngeeks.com can help you find out who your real friends are

DAWN FARRELL

SENIOR REPORTER

Ever wonder which "friends" have blocked you or have even deleted you permanently from their MSN contact list?

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She says she likes the website because she now knows who she can delete from her own list.

"MSN only allows people to have a maximum of 150 people on their list," Bilotta said. "This way it's easier for me to clean up my list because it's easy to build up your list at college by meeting so many people."

Stacy Curry, a second-year university transfer student, went to the site to find out who is keeping her on their list, after she deleted 42 people.

"I think it's sad they keep me on their list," she said. "If you

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After taking away this tool he says he has been receiving abusive complaints twice a week.

"I've actually been receiving threatening messages telling me

I'd better put it back up."

Though people may be wary of logging in their account number and password, the creator assures that Messenger Geeks respects everyone's privacy.

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If you'd like to find out who has or hasn't blocked you from their contact list, visit www.msngeeks.com.

@tech update

NICOLE GRONDIN

STAFF REPORTER

The boob-tube and the idiot-box are just a couple of unsavoury nicknames for television sets.

But, there are those among us who have, on occasion, refused to go out with friends on a particular night because there is a show we cannot miss.

Should you be a reality TV fanatic, a late-breaking news junkie or a sports addict, it's clear that television is one appliance we cannot live without.

According to a Nielsen Media Research survey, the average adult watches about four hours of television a night.

All models listed here are available from futureshop.ca.

Priced: \$77.95-\$3,499.99

Optimizing your viewing time



Citizen 1900 TV/DVD

This is the perfect set for anyone forced to stuff all of their earthly possessions into one cramped room.

With a 19-inch screen and a built-in DVD player, it's a multi-tasking space saver.

This set comes equipped with stereo sound, sleep timer and a headphone jack.

Price: \$219.99



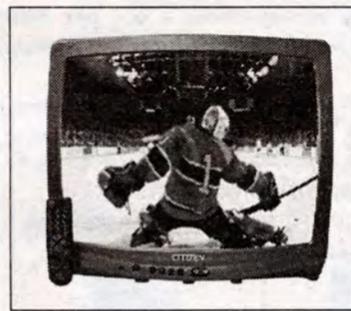
Sony LG RU-20LA61

If space is an issue, but money isn't, this is a great piece of equipment for you.

The 20-inch ED-TV monitor is built to be mounted on the wall, so you can hang it wherever you want.

With high-quality picture and sound, not to mention a really cool design, this one is sure to impress your friends.

Price: \$1,499.99



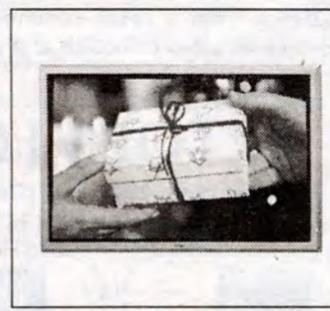
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If you need a television, but you're budget strapped, this model is for you.

Smaller than the average computer, the 13-inch screen, headphone jack and sleep timer won't impress anyone, but it'll do the job for less.

This model comes with the best price tag for students who may just want to catch their favourite reality show.

Price: \$77.95



Sony Plasma Screen

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With a 42-inch screen, this model is narrow enough to sit on the average window sill, but also offers high-quality picture, sound and a one-year warranty.

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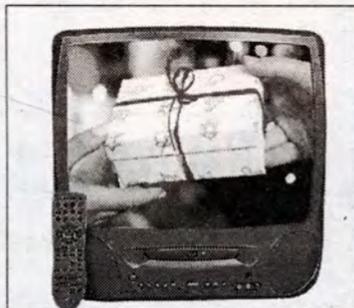
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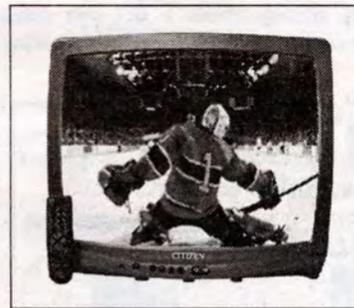
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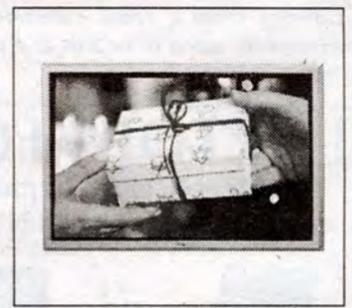
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Courtesy

Tongue-tied students learn to speak up

ASHLEY HOUSE
STAFF REPORTER

No matter how prepared students are when speaking in front of a large audience, many will have a difficult time getting rid of the butterflies in their stomach.

Toastmasters International, a communication and leadership program dedicated to alleviating those nervous rumblings, is coming to the rescue of tongue-tied Humber students as early as January.

"We need to get an executive board first and we already have 18 or so students expressing interest in joining," said Michael Lee, the man behind Humber's chapter of Toastmasters International. "I think students could benefit from mastering the oral presentation aspects of business."

Toastmasters teaches skills to help people be confident in business situations.

Speaking clearly can be of great benefit to students.

"When you can express yourself clearly and have confidence in what you are saying, it shows to those listening that you know what you are talking about," said Shannon McFadyen, a member of Guelph University's Toastmasters chapter.

Each chapter has a different platform of positions. The executive board is made up of experienced members, but new members are welcome to fill easier jobs like timekeeper, the "ahh" counter, the etymologist and the grammarian. These positions rotate every meeting so everyone becomes experienced in each skill.

The etymologist is responsible for selecting two words for a meeting. The other presenters must use these words in their presentations.

"I like being the etymologist,"

McFadyen said. "It's fun to see how differently people use the words in their speeches."

"It's harder than you'd guess," he added.

The weekly meetings cover topics that will help you stay on your toes and think quickly, just as you would need to in an interview.

Members then give constructive criticism with awards given to the best speaker.

Program fee is an initial \$20

'I think students could benefit from mastering the oral presentation aspects of business.'

and six months' advance dues of \$18.

The group also needs to cover incidental costs such as supplies, awards and refreshments.

"We hope to cover all the membership costs for the first year just to get a membership going," Lee said.

Lee also needs to collaborate with an executive on when and where the meetings should take place.

But all of these are decisions

yet to be finalized.

Students interested in joining Humber's up and coming Toastmasters chapter can call Lee in the business office at North Campus 416-675-6622 ext. 4442.

Have a tip for Biz@humber? Write to: etcetera_business@yahoo.ca

Grads voice opinion on programs

Former students give mixed reviews of what Humber offered them

SARAH NEWELL
OPINION EDITOR

On Monday nights, Robin Salter, a radio broadcasting graduate from Humber College, hosts a punk music show on Inferno 106.7 FM.

Inferno 106.7 FM is a radio station based out of Queenstown, New Zealand, the city Salter moved to complete his internship and to find a job in a smaller market.

Salter who also hosts two other nightspots on the radio, says his rare Canadian accent helped him land the job.

But not every graduate is as lucky as Salter.

Jennifer Lazar is an example of an unlucky grad. She didn't find a job until a year after she had

'I think that having training from Humber has paid off.'

graduated. Lazar graduated from business in April 2003 and found it very difficult to find a job in her field. Now working at Quadrus Investment Services in London, she does mostly administrative work in her data support clerk position.

"They didn't provide any skills I didn't already have and they

were no help with my job search," Lazar said, referring to career services at Humber.

However, Humber's Career Centre does offer many services for this specific purpose. These services include a graduate database that allows career counselors to send job postings to graduates in related fields.

There are also resume and cover letter services and mock interviews available by appointment.

Still a little frazzled because she is not in her chosen field, Lazar feels that she could have received more preparation from Humber.

Salter disagrees with Lazar regarding Humber's help in preparing him for the real work-

ing world.

"I think that having training from Humber has paid off for me in getting a job down here," Salter said.

Even though Salter is currently also holding a part-time job as a snowboard sales representative to pay rent, he still feels Humber helped him gear his efforts in the right direction.

Visit Humber's Career Centre website for a list of services offered at the school www.careers.humberc.on.ca.

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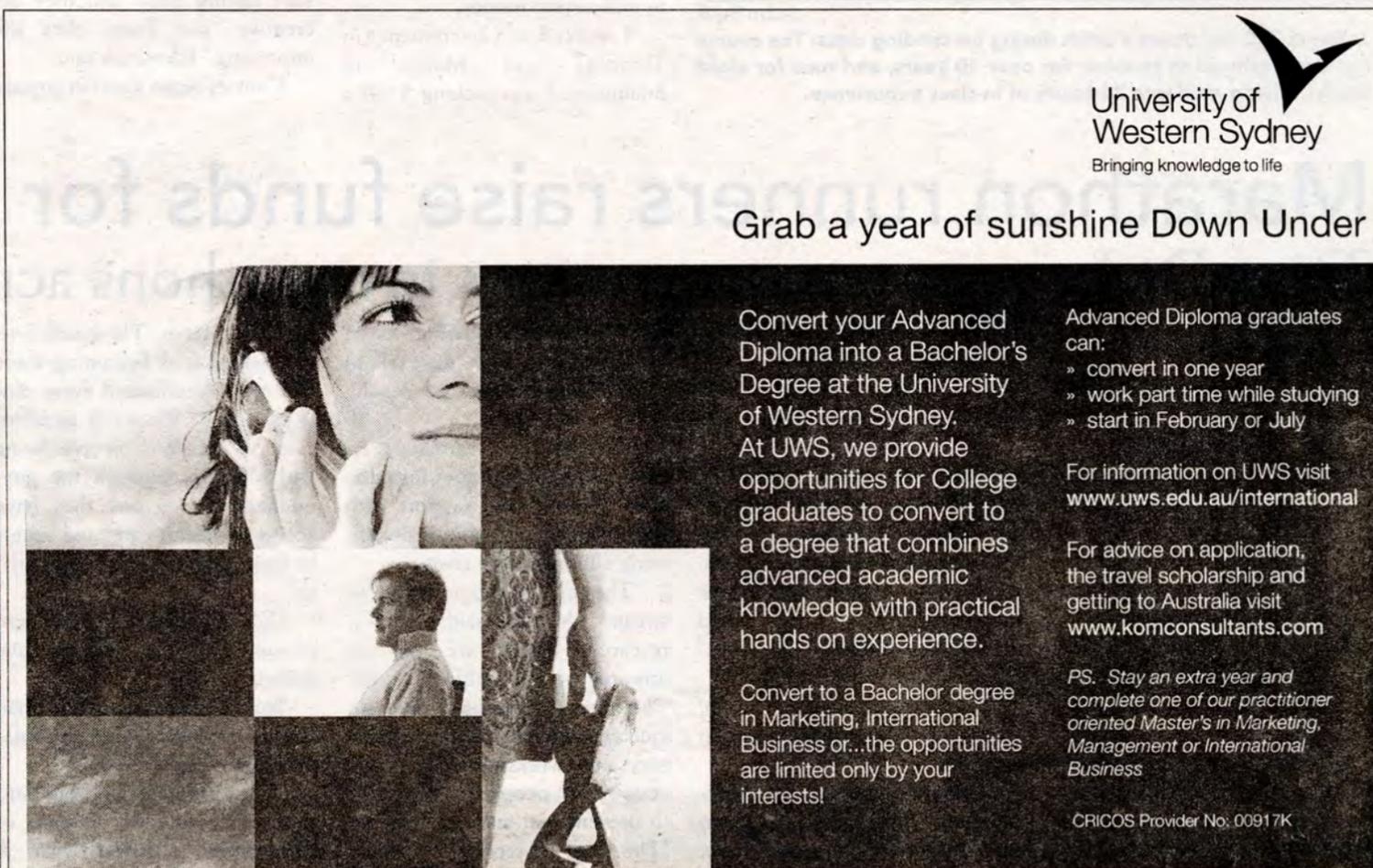
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Life

Bartending students learn the fine art of 'mixing' business with pleasure

JACLYN BUCIK
STAFF REPORTER

Every weekend, many students close the books and hit the bars, unwinding from a week's worth of stress.

As new clubs and bars open almost monthly, bartending has become a hot occupation with an even better payoff.

But how does one go from buying the drinks to actually serving them?

Offered at Humber for over 10 years, the Introduction to

Bartending course focuses on product development, correct mixing technique and the role of a bartender in the industry.

Course instructor Arvind Ramsingh says the purpose of the course is to get students to be creative with alcohol.

"The whole purpose is to get them to use real alcohol, and to find out what flavours [work]," Ramsingh said.

Julianna McLean, a graduate from Humber's Fashion Arts program, said she is taking the course

to keep busy and to learn a new skill while she looks for a job in her field.

But the main reason McLean took the course was even more practical.

"I never know what to order at a bar, so I wanted to learn some of the drinks," she explained. "A lot of people took it because they want to be a bartender. I don't. I just want something to do."

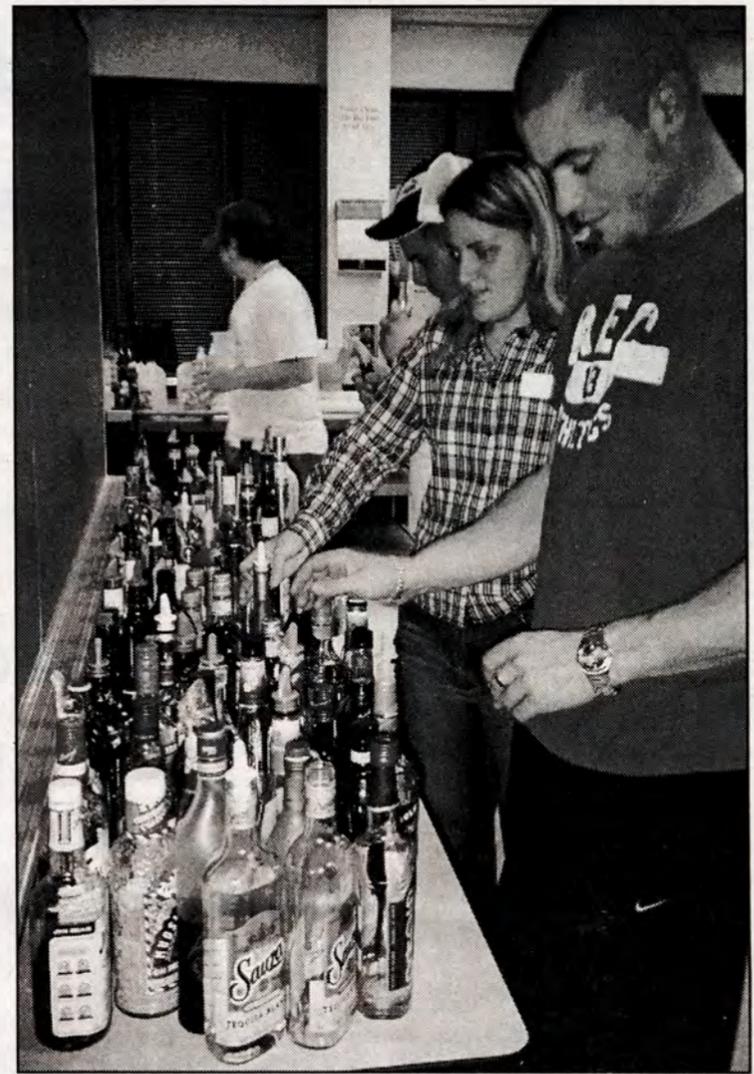
Over the duration, of the course, students learn how to make stir drinks, build drinks, shake drinks, frozen drinks and shooters. They get to work with over 50 brands of liquor.

During in-class demonstrations, the instructor shows how to make drinks and students are each given the chance to make an assigned drink. Students then get to taste, and vote on, whose was the best.

"I wouldn't say that they will go out and [be] expert bartenders," Ramsingh said. "But at least they know what they are doing, even if they start off being a server in a restaurant and working themselves up to a bartender."

Many of the people in the class, including Brian Moyle, said they took the bartending course to make more money.

"I worked at Government [in Toronto] and Matrix in Brampton...I was making \$150 a



Jaclyn Bucik

Students taking Humber's Introduction to Bartending course learn the basics. The curriculum includes how to mix a drink, measure portions and make the perfect drink.

night and bartenders were making [much more]," Moyle said.

So how do students know when they are progressing and are ready to bartend?

"They actually get to taste each others drinks. Once drinks start tasting good and they are creative, you know they are improving," Ramsingh said.

Courses begin again in January

and run until June. The classes run for eight weeks, with a total of 24 hours of in-class experience. At the end of the course, students must pass a bartending exam to earn a certificate. The total cost of the program is roughly \$213.

For more information contact the School of Hospitality, Recreation and Tourism or visit <http://hospitality.humber.ca>.



Jaclyn Bucik

Julianna McLean pours a drink during bartending class. The course has been offered at Humber for over 10 years, and runs for eight weeks, giving students 24 hours of in-class experience.

Marathon runners raise funds for diabetes Team Diabetes enters competitors in marathons across the globe

CHRIS RIDDELL
SENIOR REPORTER

If you're interested in travelling to exotic parts of the world and, at the same time raising some money for a worthy cause, you might consider joining Team Diabetes.

The team, a fundraising initiative of the Canadian Diabetes Association, sends people to run marathons in various locations around the globe to raise money for diabetes awareness and research.

Upcoming races include one in Bermuda later this month, Hawaii in December and Rome in March. These marathons are

closed for registration however, so people wanting to join will have to wait until August next year for their chance to run. The August marathon will be held in Iceland. According to Perry Monaco, a development associate for Team Diabetes, these marathons have had great returns.

"It's quite amazing to see how much money can be raised amongst a small group of people," Monaco said.

At their last race in Dublin, Ireland, \$400,000 was raised in total.

"Everyone is their own independent fundraiser," Monaco said. "We offer you guidance on

what has worked, what hasn't worked in the past, and we talk to them about what they can legally do."

According to Monaco, 86 cents on the dollar goes into diabetes research and support with the remainder going towards covering administrative costs.

"The money goes into four streams," Monaco said. "One is research where we provide upwards of \$5.5 million a year. The other is education. We provide educational programs, seminars, and workshops across the country for people to learn how to prevent and manage diabetes. [The third is] service for people

with the disease. The fourth one, and one that is becoming more and more emphasized every day, is advocacy. We act as an advocate on behalf of people living with diabetes through the government making sure they have access to health care, and access to their supplies with a cost barrier."

Collins said that five per cent of runners in the program have diabetes.

Team Diabetes associate Brian Collins is pleased with the organization's success thus far.

"The program is going [up] about 150 per cent in terms of participation in the past year. A

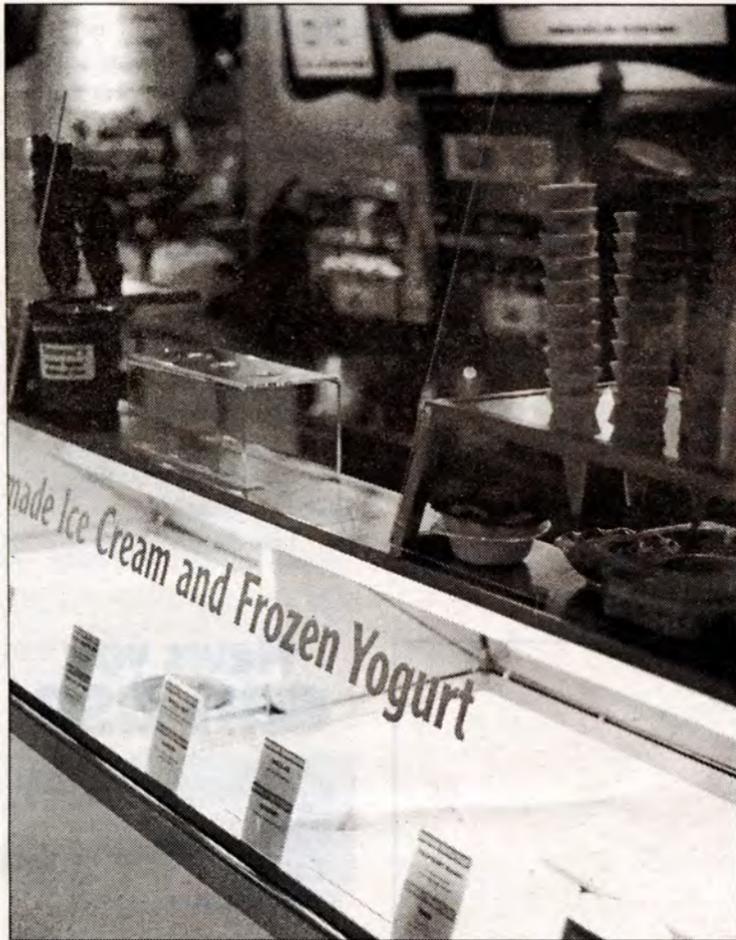
lot more people are signing up," he said.

"People are becoming more aware of the program," he added. "People think it's a great opportunity to participate in these international marathons."

Airfare and accommodations for participants is paid for by the Canadian Diabetes Association.

For more info on Team Diabetes, or to sign up, visit www.teamdiabetes.ca or call 416-408-7149

Continuing series on exploring different areas in Toronto



Rebecca Payne

At Summer's Ice Cream, you can enjoy a scoop in style for \$3.25.

Yorkville on a dime or two...

REBECCA PAYNE
STAFF REPORTER

When one hears the name Yorkville, it's hard not to immediately think posh or expensive. But Toronto's notoriously swanky shopping district is surprisingly full of affordable services.

One such institution is the Marvel School of Hairdressing at 25 Yorkville Ave., where professionally supervised students provide services for a fraction of salon prices. A wash, cut and blow dry is only \$9 for women and \$6.50 for men.

Client Angeline Chow, a University of Toronto Law student, praised the students' work.

"They were surprisingly professional and they did a nice job. I can't believe I used to pay \$40 to have this done."

The price for a first-time dye job is \$32 and highlights are \$43 for short hair and \$48 for long hair. If you have a special occasion coming up, you can get an up-do starting at \$15.

For a more lax approach to a manicure, stop by Michelle's Brasserie from 4 p.m. to 7 p.m. for 'Martini & Manicure Mondays'. A martini, snacks and a manicure by professionals costs as little as \$30.

"You can't even get a manicure done for that much in Yorkville," says owner Michelle Gebhart.

Located at 162 Cumberland St. in the Renaissance Courtyard, Michelle's offers \$7 martinis every Monday, as well as a less popular, much fabled drink - absinthe. Though banned in the U.S. for its hallucinogenic effects, absinthe can be enjoyed at

Michelle's for \$9.95 served in the traditional Czech manner - much cheaper than most other places in town.

The more faint of heart can choose from over 70 beers from around the world.

For those who'd rather spend their money on clothes, Yorkville's selection of high-end stores is unparalleled. But if couture is not your thing, there are still some great shops to look for.

One such destination is Over the Rainbow, at 101 Yorkville Ave. With one of the best men's and women's denim selections in the city and special attention to one-on-one customer service, this is the store for the brand-conscious shopper.

Fittings for alterations are done by staff on the premises and for garments over \$175, alterations are free.

Before your shopping trip is complete, stop for sustenance at Summer's Homemade Ice Cream. One scoop is \$3.25, but with so many delectable flavours you'll probably want to splurge for two.

Taxi cheques or cash?

Labatt's and Taximiles Inc. team up to prevent drunk-driving with "taxi cheques"

SCOTT JORDAN
STAFF REPORTER

Labatt's and Taximiles Inc. are taking new steps to prevent people from driving home after a long night of drinking by offering 'taxi cheques'.

Instead of paying taxi fare with money, you pay with taxi cheques. You can also pay with a combination of money and cheques.

"The program was started through the innovation of the beer companies," Taximiles CEO Michael Roncon said. "They have demonstrated a great social responsibility in the area of safe drinking."

The cheques are \$5 each and, on the Taximiles website, you can buy books of 10 cheques for \$60 including taxes, shipping and delivery. Books of 20 cheques are available for \$115 and 50 for \$275.

Right now, the cheques are only available through the

Taximiles website, but Roncon hopes they will be available in other areas in the community.

"We are working on distribution right now through retail and other commercial properties, including governmental areas. We also want to find places where it is easily accessible like through the hospitality industry in restaurants and bars," Roncon said.

The taxi cheques can be used in 87 cities in Ontario but also in eastern and western Canada. Beck Taxi and Diamond Taxi, two large Toronto area taxi companies, are among the many partners in the program.

"Ontario is in a centralized area so it is easier to get partners as opposed to places in the interior like Kamloops, but we do have partners in Vancouver. Now we are going back across the country in cities like Red Deer, Edmonton and Calgary," Roncon said.

At CAPS, students gave their opinions on the Taxicheques.

Mike Yuill, a third-year

Business Administration student, likes the idea of having them in bars.

"It would be a good idea for bars to give them out. But for the individual, it would be better to buy them."

Krystina Milne, a second-year Business Marketing student says for those who end up with no pocket money at the end of the night, it would be a good idea.

"It's a good idea actually. For me, it wouldn't be a problem, but for students who don't carry a lot of money, it would be beneficial, especially for college students who get drunk."

For more information, check out www.taximiles.com.

Costs of drinking and driving

According to Young Drivers of Canada, drinking and driving kills more than 850 Canadians every year. Thousands more are injured or permanently disabled. Plan to get home safely before you leave the house.

For more information, go to the Young Driver's website, www.youngdrivers.com.



Jason Bowser

Humber nursing instructor Brenda Oraziotti (left) and Centre for Seniors Co-ordinator of Education Alli Sergautis (right) celebrate the success of the student presentation.

Humber nurses educate seniors

JASON BOWSER
STAFF REPORTER

Humber nursing students hosted a presentation highlighting the effects of dementia last week at the Etobicoke Centre for Seniors.

Margaret Roberts attended with her daughter because her husband is suffering from dementia. "There's a lot more to find out," she said.

During the presentation, the students used an overhead projector to show statistics on

dementia and suggested ways for caregivers to better look after those living with the condition.

Centre co-ordinator of Education and Training, Alli Sergautis, said she was impressed with the presentation.

Nursing student Deborah Gaudet said, "I think as long as we reached out to people, it was worthwhile. So many people are affected by this."

Life

Students unaware of Humber health plan

NATASHA ADDAE
STAFF REPORTER

Year after year, many Humber students choose to use health providers other than the one offered to them at school, without considering the pros the college plan offers.

Choosing to continue to use your trusted health plan isn't a bad thing, says Michael Parent, executive director and business manager for Humber Students' Federation (HSF).

But Parent suggests students learn about the additional benefits they can reap from the college plan.

"If your parents' plan covers 80 per cent then you can use the plan to cover the other 20 per cent, so there's no out-of-pocket expense to you, the student," he said.

Rebecca Talon, a second-year interior design student, says she never used the health plan in her first year because she was unaware the college had one.

"I've just started using the plan this year and I've been going here for over a year now. Last year I spent so much money on prescriptions, not even knowing that I could have got all of that back," she said.

Students can find health plan information in pamphlets located just outside the HSF office at both the Lakeshore and North campuses.

"We take great efforts to make the information available. It is disappointing when people say they can't find it," Parent said.

Unlike the dental plan, students cannot opt out of using the insurance plan, but by reading the pamphlets they can learn more

about what the college's plan offers.

"The insurance company does not allow broad based plans that would allow students to opt out of them," Parent explained.

For more information about the plan Parent says students can visit www.student-services.humberc.on.ca/health/insurance.html or visit the insurance providers Adam C. Lewis and Associates online at www.aassociates.com.

Since the plan is tied in with students' annual fees many students are never aware that for \$17 a year they receive \$2,000 in coverage.

When it comes to submitting a claim, all students need to do is visit www.bsweb.com and go to student services to acquire a drug plan form.

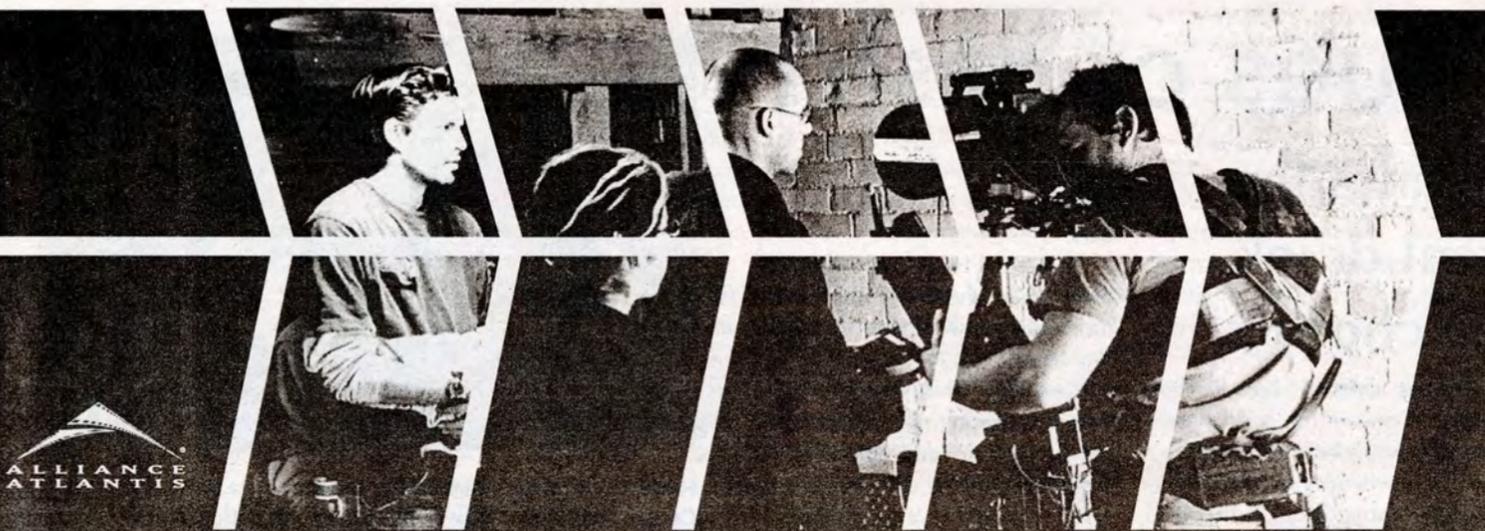
Since the health plan only covers 80 per cent of prescription drugs, students will be required to pay 20 per cent per prescription if they have no other coverage.

"The main problem I'm facing now is trying to find pharmacies with a low dispensing fee, since some of my prescriptions cost me almost \$100 a month," Talon said.

Pharmacies listed on the HSF website offer low dispensing fees to students.

Some of the closest ones are:
Etobicoke Drugstore Pharmacy
(Fortino's): 1530 Albion Rd.
Lakeshore Rexall Drugs:
3605 Lakeshore Blvd. W.

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News you can use



Lauren Gilchrist

Q: I bought a parking pass over the summer to park on campus, but I no longer drive. Is it possible to get a refund?

A: Yes, you can get a refund at any time, but there are some restrictions.

- Bring your pass to customer service in the registrar's office. They will determine the amount of your refund.
- There are limitations on your refund.
- It is not possible to re-sell your parking pass. You don't own the pass, the registrar does. Only the registrar's office can re-sell a pass.

Looking ahead to next semester:

- There are no parking spaces available on North Campus for next semester.

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CONCEPTS FOR CASH



Want to put your planning skills to practical use ?

Humber's Department of Public Safety and the Humber Student's Federation are looking for innovative ways to reach out to students. We want fresh, energetic ideas and strategic communications plans to increase awareness and promote the positive attributes that the Department of Public Safety advocates. All students currently enrolled at Humber and Gueph Humber may enter.

The big question is, "What do I get out of this ?"

The winner of this event will receive \$500 cash. The winner will also receive a personal recommendation letter from a senior staff member of Humber ITAL commending them for their service to their school by creating such an effective communications plan. Last, but certainly not least, the winner will have their communications plan implemented this academic year by the department chosen for the project. This is a perfect addition to any future PR practitioner's portfolio.

Deadline for submissions : Friday December 3, 2004

If you are interested in entering this contest please contact:

Christine Zgela

Vice President Administration - Humber Students Federation

Building H - Room H106

Phone : (416) 675 - 6622 ext. 3218

Mobile: (647) 225-3218

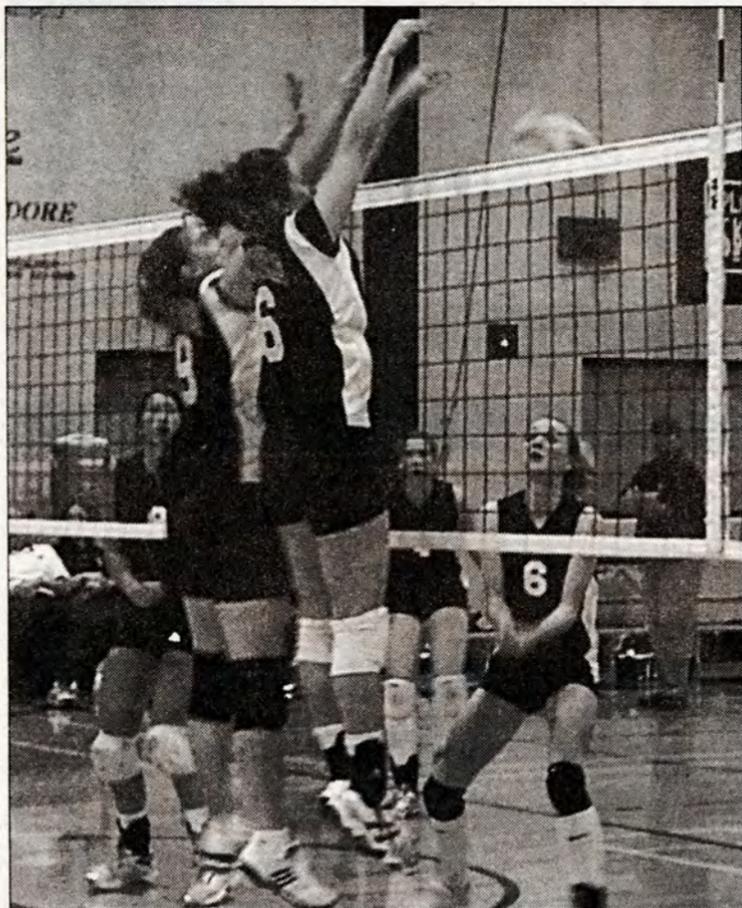


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Sports



Alistair Tennant

Hawks' player Jolande Amoraal reacts to a block by Canadore.

Women return to old form over the weekend

ALISTAIR TENNANT
STAFF REPORTER

The Hawks women's volleyball team remained undefeated with victories over Nipissing University and Canadore College last weekend.

The first game of the weekend, Saturday afternoon, against the Canadore Panthers was tight as the two teams traded points, trying to get a feel for each other.

Solid play from Humber's Rachel Dumbledam and strong serving from veteran Amanda Arlette led the Hawks to a 25-20 first set victory.

"We worked hard. We dug balls and made sure that we got the ball to our key people," head coach Chris Wilkins said.

Unfortunately for Canadore, the second set would follow suit, as Humber's game at the net was stellar, giving them a second set win 25-18.

"Canadore is a scrappy team, and our challenge isn't with them, it's with us," Arlette said. "If we don't push each other, we don't work hard. But if we figure we can just beat them without trying, that's when scrappy teams come back into the game."

The Hawks walked off the court with a 25-14 third set win and the sweep.

Their next game against the University of Nipissing Lakers was much more challenging.

Nipissing started strong and

jumped out to a 17-12 lead. Despite the deficit, the women rallied with a series of electrifying points and came back to win 27-25.

"We don't give up, we don't quit. We're going to push back for everything," rookie Jolande Amoraal said.

Both teams set the tone early in the match, as tough defensive play continued on both sides.

"They scrambled on their passing and their defense, and we capitalized on that," Arlette said.

Down 19-14, the Hawks came back to win the second set 25-22, taking a stranglehold on the match.

On the brink of losing the third set, they once again staged a late game comeback, snatching the set 26-24 after being down 24-18.

"They have a good block, but so do we and we just edged them out," Arlette said after the come-from-behind victory.

Coach Wilkins said the victory showed the character of his team.

"We turned a corner today. This match, we really learned to push back," he said. "That's one of the things we've been stressing since the beginning of the year—that when a team pushes us, we need to push back."

The Hawks will go into action again this weekend, with games against St. Clair and Lambton.

Argos bring cup to T.O. after seven year drought

Thousands of screaming fans crowd streets in celebration

KRIS HALINEN
STAFF REPORTER

After Sunday's 27-19 Grey Cup victory over the B.C. Lions, the Toronto Argos were welcomed home on Tuesday with a victory parade and rally.

Despite chilly and windy conditions, thousands of Argos fans crowded the sidewalks of Front and Bay streets, awaiting their champion Argos and howling 'Arrrgooos' in anticipation.

The parade made its way down Bay Street to the victory rally at Nathan Phillips Square, led by a dozen Toronto Police motorcycles and several Toronto Fire trucks. The Argos were led to the party by 41-year-old superstar quarterback Damon Allen, who carried the Grey Cup.

Once the rally began, Argos players and staff were introduced. When head coach Mike 'Pinball' Clemons spoke, thousands of fans chanted his name. Clemons made CFL history yet again, as he became the first black head coach to ever win the Grey Cup.

"We certainly can't win the Grey Cup every year, but we can try," Clemons said.

The Grey Cup was presented to Toronto Mayor David Miller, who in turn had a special presentation of his own.

"We're so proud that we'd like to proclaim today, Nov. 23, 2004, Toronto Argonaut Day," Miller announced, holding out a framed document with the declaration.

A great honour for a team that was bankrupt last season after former owner Sherwood Schwarz drove the team into substantial debt. This year, rookie owners David Cynamon and Howard Sokolowski took the Argos out of bankruptcy and turned them into champions.

Team building was one of the top priorities on the owners' minds this season.

'Everyone is saying thanks to us, but thank you [fans] for sticking with us.'

"[Sokolowski and Cynamon] made our organization more professional. The guys appreciated that," Argos kicker Noel Prefontaine told CBC.

The Argos were quick to thank the fans for their continued support through the rough times.

"This is fantastic," cornerback Adrien Smith said. "Everybody is saying thanks to us, but thank

you [fans] for sticking with us, especially last year."

Fan Joe Soer, wearing an assortment of Argos attire, said it's great that Grey Cup spirit is back in Toronto. The Argos haven't won the Grey Cup since 1996 and 1997 when they were back-to-back champions.

"The best part of the Grey Cup is that the cup is back in Toronto," Soer said. "No one deserves it more than Pinball, he's a true champion."

The Argos were the underdog going into the Grey Cup game in Ottawa, but prevailed with a 27-19 victory. Allen, who was named the game's MVP, ran for two touchdowns and threw for one more en route to capturing his fourth Grey Cup. His last was in 2000 when he played for the Lions.

In the eastern conference final, the Argos played the highly favoured Montreal Alouettes, a team they had not beaten this year in the regular season. The Argos came out on top 26-18.

Last season, the Argos were defeated by the Alouettes in the eastern final after beating the Lions in the semifinal.

Clemons told The Score sports network that staying focused for the Grey Cup game was simple.

"You can party for five days and remorse for six months, or you can focus for five days and party for six months."



Dawn Farrell

Toronto Argonauts players hoist the Grey Cup before fans after their 27-19 win over the B.C. Lions.

Sports
ShortsLuis Henriques on
NBA babies

Carter

Will the real Vince Carter please stand up.

That might be a daunting task since he spends a lot of time watching from the bench lately. Many Toronto Raptors fans such as myself want Carter out of Toronto.

Instead of making the front page for his electrifying dunks as in the past, he now makes it for his crying and whining.

After saying that dunking was 'overrated' and that he was leaving that part of his game out, he came back the next game and made a few highlight dunks. Not only is Carter getting good at complaining but he's becoming a comedian too.

With Carter scoring way below his career average, it just gives management more reason to trade him. But I'm not really sure what team would want an underachieving, whining star.

The Raptors should get rid of the crybaby and get someone who will help the team on the court instead of cheering from the bench. That's what the cheerleaders are for.

Artest

As a professional athlete, Indiana Pacers small forward Ron Artest can't run into the seats and punch a fan even if the fan hit him with a cup.

Team officials are defending him saying his suspension is too harsh based on the circumstances. What circumstances are they talking about?

If any of the suspensions were harsh, it's Detroit Pistons centre Ben Wallace's six game suspension. He got fouled hard so he had the right to be upset. All he did was push Artest - something that happens all the time in the NBA.

This will hurt the NBA as fans won't be so eager to go back and it will definitely hurt the Pacers, who lost their top three players. What it could help, are sales of Artest's new rap album. He'll have plenty of time to promote it while he sits out the remainder of the season.

Dose of domination in Durham

Hawks continue to smash the competition, snatching tourney win

Hawks
Falcons

Humber's Tanya Castang named MVP

57

35

MARK KHOUZAM
STAFF REPORTER

As the Humber Hawks women's basketball team counted down the final seconds to their championship win at last weekend's Durham Tournament, one thing had become clear. This year's squad will be a force to be reckoned with.

Throughout the entire tournament, the Hawks dominated their opponents in all areas of the game.

"Our game just came together," said Hawks guard Tanya Castang, the tournament's MVP. "In the whole tournament we had intensity and we were focused."

Humber opened the tournament against the St. Clair Saints, the same team that knocked out the Hawks in last year's Ontario College Athletic Association (OCAA) semifinals. It was the first time the two teams met since last year's disappointing loss.

"We were pumped up to play St. Clair and we really wanted to beat them," Hawks head coach Denise Perrier said.

The Hawks never trailed in

the game and dominated from beginning to end, winning 72-63. Castang led the way, knocking down six from beyond the arch, while Erin Chamberlain rode shotgun, adding 19 points.

Next up for the Hawks were the George Brown Huskies, a team they beat in their home opener earlier in the season.

Going into the game Humber had compiled an impressive streak of over 115 minutes in which they never trailed. But the Huskies came out strong and the streak was snapped.

It was obvious the Huskies'

game plan was to be physical around the basket, but again, the Hawks responded and took the game handily 63-48.

"It was a scrappy game, but we stuck to playing hard defence and pushing the ball when we could," Perrier said. "And as long as we do that, we know good things happen."

The championship game pitted the Hawks against the number one ranked Fanshawe Falcons.

The Hawks beat the Falcons earlier in the season, but the win was hard fought.

The teams were prepared for

one another right from the start, as the play went back and forth.

Julie Yagi, a former Hawks player, opened the scoring and put the Falcons up early.

Although both teams hustled and dove for loose balls, the Hawks took the edge.

The second half was dominated by the Hawks as they won convincingly, 57-35. The Hawks' offence shot 36.7 per cent from the field compared to the Falcons' 23.7 and out rebounded the Falcons' 55-34.

"They're just too much," Falcons head coach Lori MacKay said. "We can't figure this Humber team out. They are a solid club."

The Hawks' offence led all teams, scoring 190 points throughout the tournament. Although they may have dominated, coach Perrier says the team can improve.

"It wasn't an easy tournament at all," she said. "We played well, but at the same time there are some things we still have to work on. It's still very early in the season."

The women have yet to lose to any college team this season and hope to continue that trend on Saturday when they visit Algonquin College.



Mark Khouzam

The Hawks celebrate after their huge win against Fanshawe in the championship game at the annual Durham Tournament.

North Bay trip not a problem

Canadore and Nipissing fall victim to Hawks' potent offence

SARAH HORBACZYK
STAFF REPORTER

The Humber Hawks men's volleyball team arrived home on a positive note after winning both games of a two-game road swing in North Bay last weekend.

As they expected, the men destroyed the Canadore Panthers in three straight sets in the first game.

"It's very tough trying to keep the guys focused [playing weaker teams]," head coach Wayne Wilkins said. "I told them we had to win three straight under 20 and they did."

Throughout the game, Humber picked up a lot of points off Canadore's sloppy play. Players like Milad Massoudi, Paul Kemboi and Adam Kinoshita were outstanding, making it impossible for the Panthers to contend.

"We tried to keep playing our

game," Kemboi said. "Normally when you play a weaker team your game goes down, rather than if you were to play a more competitive team."

Next, Humber played the Nipissing Lakers, from whom they expected a tougher match.

The Hawks took the game three sets to one.

Humber player Daniel Shermer, named the game's MVP, was exceptional throughout the game. Both Massoudi and Kemboi proved dominant once again, giving the Hawks the edge from start to finish.

The only hiccup all weekend came in the third set against the Lakers when they lost 25-23 in an uninspired effort.

The Hawks were pleased with their play but hope, as the season wears on, their competition will get tougher.

"Today's game wasn't one of

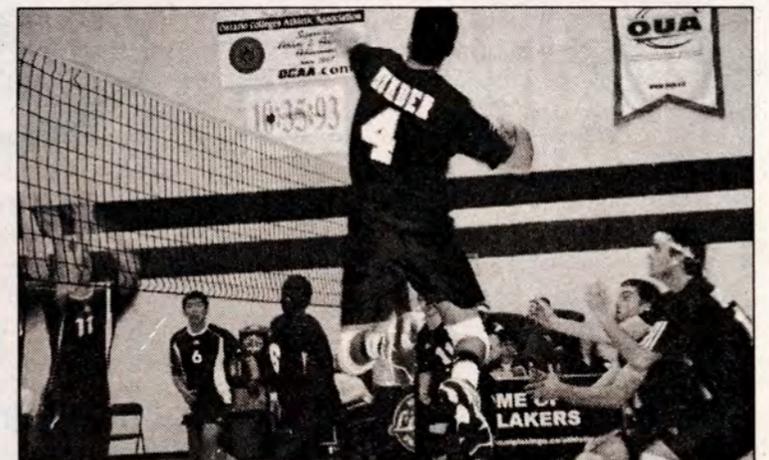
our highs," Shermer said. "Once again we played to the level of the other team. We have the ability to play so much better."

Coach Wilkins agrees and hopes his team can get pumped up playing to their full ability no matter what the competition.

"The difference between good

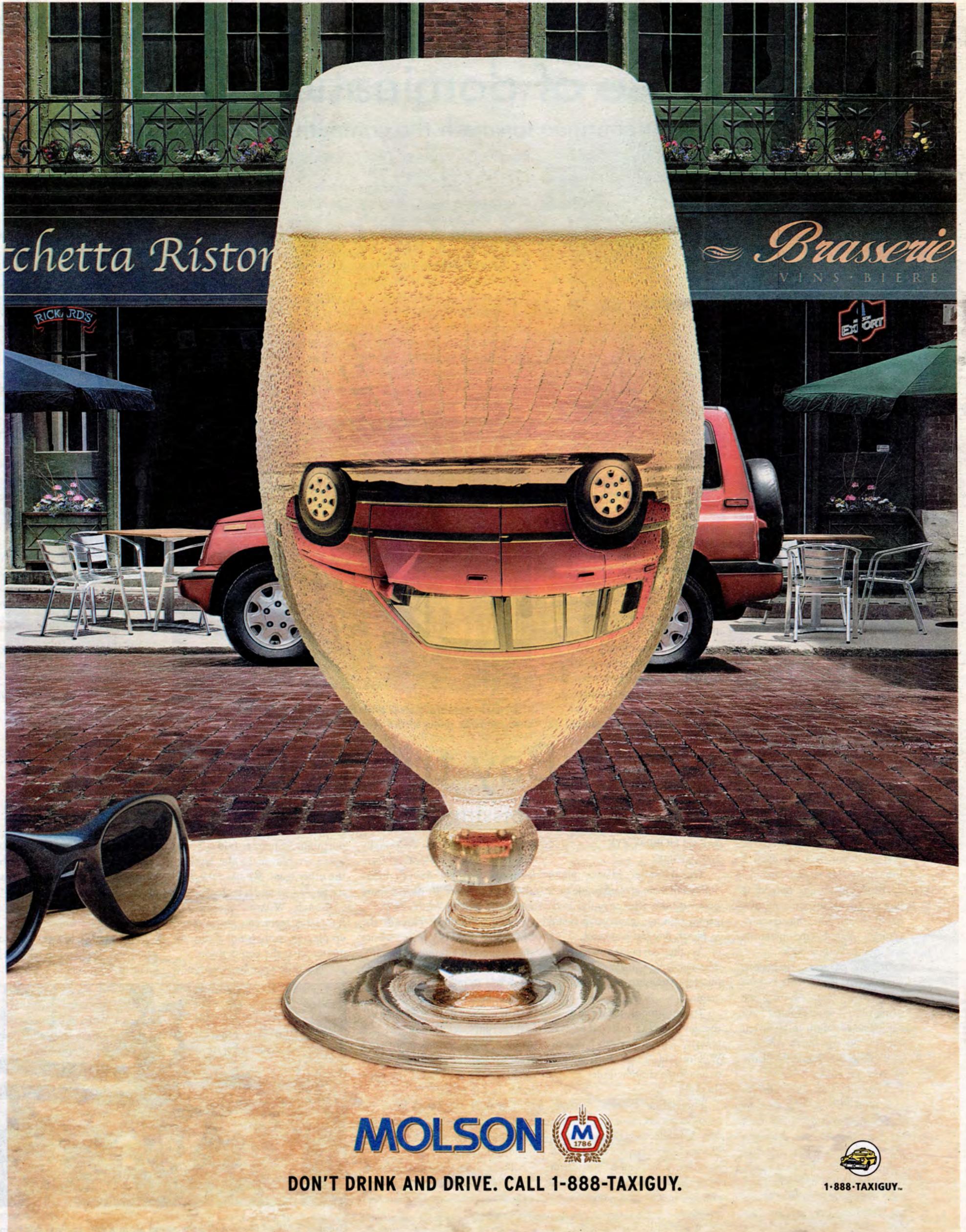
teams and great teams is good teams lower themselves to their competition while great teams always play the same way," he said. "My hope is that by February, that's where we are."

The Hawks are on the road again this weekend to take on St. Clair in Windsor.



Sarah Horbaczyk

Humber's Milad Massoudi gets some air in a win against Nipissing.



MOLSON 

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