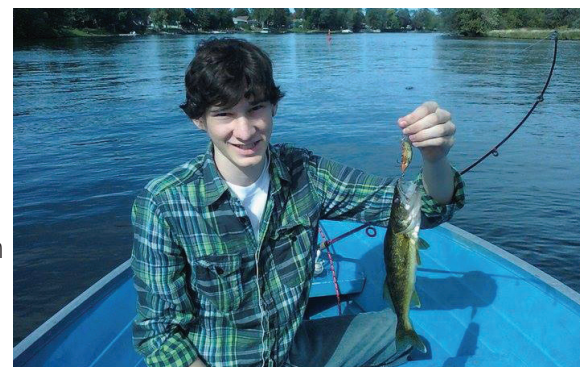


Teacher of former Humber student who passed away New Years Eve holds fundraiser in his name.



Brilhante considering 'legal options'

Brilhante, McInnis, removed from Board of Directors after a heated final meeting

Kathleen Jolly
STUDENT GOVERNMENT REPORTER

The mounting tension at HSF has come to a head.

President Tim Brilhante was removed from his position as Director at the last Board of Directors meeting of the school year, just three weeks before the end of his term.

Steven McInnis, board member for Guelph-Humber, was also removed from the Board of Directors.

After the meeting, Brilhante said, "Tonight Steven [McInnis] and I were terminated for standing up for student rights. Tonight Steven and I were terminated because we wanted to hold the

organization accountable."

Brilhante was removed from the board in a 6-2 vote April 9, which also ended his presidency.

Brilhante said in the meeting that the move was fueled by a desire to keep him from running in September's by-election.

"Given that the rules in our constitution prevent a terminated president from running in the next election, to me that's the motivation

for tonight's discussion, and that's how it appears," he said.

Under the Elections and Appeals policy, any HSF member removed from office may not run for one calendar year.

Board members took turns discussing their concerns with Brilhante's presidency.

In the meeting, acting HSF Chairperson Eric Collings, listed several grievances against Brilhante.

They included Brilhante al-

legedly using his position on the board to bring up his disqualification from the election at the last board meeting, contacting Humber staff about the disqualification, calling into question Rosa Figueroa's position as Chairperson at the last board meeting, which Collings called a personal attack, and a Facebook post Brilhante wrote, in which he told students to skip class if they had to, in order to attend the Annual General Meeting.

"We are students first, so as to broadcasting through social media encouraging students to sacrifice their academic time in order to attend the AGM, I think that goes against what HSF stands for," Collings said.

In an interview after the meeting, Brilhante said he will be taking this decision to court, because the move will negatively impact his reputation.

Continued on page 2

Wi-Fi extended at GO terminals

Marlon Gomez
Biz/Tech Reporter

GO Transit commuters may soon find more train and bus terminals equipped with free Wi-Fi.

Last April Metrolinx launched a pilot project to provide free WiFi Internet access at two Stations. Pickering and Clarkson were chosen as the first stations to test out the service for riders.

The pilot project comes at no extra cost to GO Transit or its riders. In fact, GO Transit could actually gain revenue from this project.

GO Transit partnered up with an advertising company called IMA Outdoor, which is responsible for the installation of the service and its maintenance, said Vanessa Thomas, a spokesperson for the Media Relations and Issues Team Lead for Metrolinx.

"So in exchange the partner has the right to generate revenue from the WiFi customer portal through advertising. And then GO receives a small share of that," she said.

GO Transit riders can get access to the Internet by connecting to "IMA WiFi at GO" and accepting the terms and conditions.

Continued on page 3

POLICE FOUNDATIONS



Toronto Police Chief Bill Blair greeting the members about to be officially invested into the 22 Division Toronto Police Service (Humber) Rover Crew at the annual Investitures ceremony on April 7, at the Toronto Police College. Read the full story on page 3.

TRAVIS PEREIRA

WORLD EVENTS THIS WEEK

MONDAY 14 Soccer video game kicks off 2014 FIFA World Cup Brazil comes out on PS3 and XBOX 360 for soccer fans to enjoy the game at home.	TUESDAY 15 Lunar Eclipse The first of two 2014 lunar eclipses will take place on April 15.	WEDNESDAY 16 World Voice Day Annual event celebrating the phenomenon of voice and its importance in our daily lives.	THURSDAY 17 Celebration of the Pony Ford Mustang turns 50. Events will be held at the Charlotte Motor Speedway and the Las Vegas Motor Speedway.	FRIDAY 18 Good Friday Christians gather to commemorate the crucifixion and death of Jesus Christ.	SATURDAY 19 Primrose Day The anniversary of the death of British statesman and Prime Minister Benjamin Disraeli.	SUNDAY 20 Easter Sunday Easter Sunday celebrates the resurrection of Jesus Christ. The holiday is marked with chocolate and coloured eggs.
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\$100,000 HSF election budget

Nick Jean
NEWS REPORTER

Humber Students' Federation (HSF) budgeted \$100,000 for this year's election, more than three other area colleges surveyed by Et Cetera.

The \$100,000 budget is up more than 40 per cent from the \$70,000 budget for 2013.

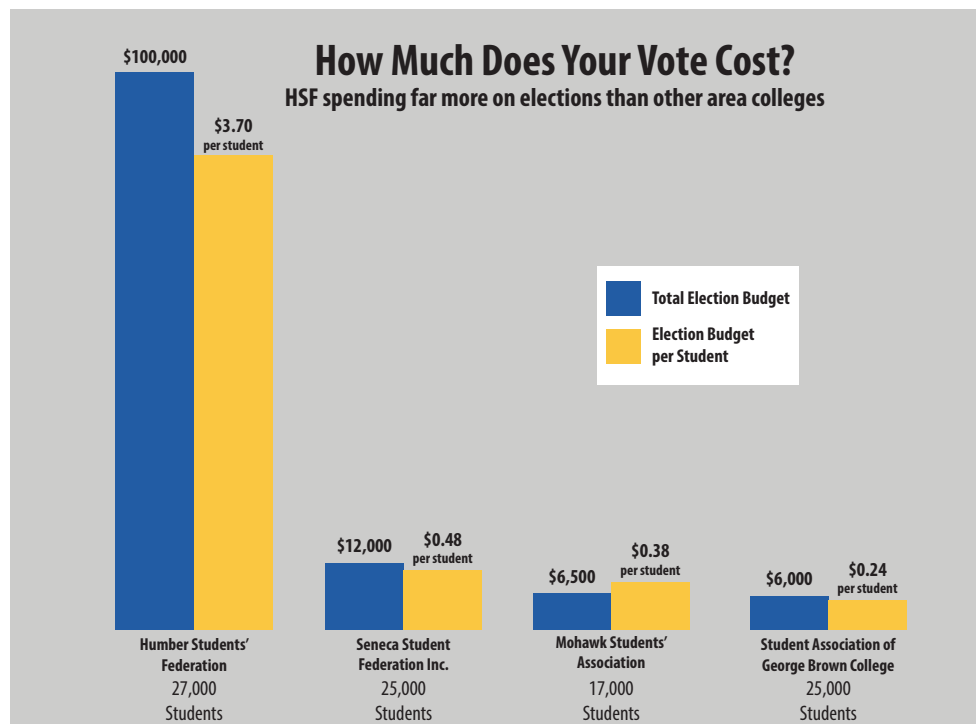
The general budget approved for next year at last month's annual general meeting, reduced the election budget to \$90,000.

These values are budgeted numbers and do not necessarily represent actual spending.

Frank Rizzi, HSF finance and operations officer, said this year's actual expenses totaled near \$70,000 but a final number hasn't been determined.

HSF's annual elections are held to select eight executives and directors on three campuses (North, Lakeshore and Orangeville) representing 27,000 full-time students.

That \$100,000 value equates to a per student budget of



Data based on available information on student election budgets schools.

\$3.70 for this year's election.

At Toronto's Seneca College, Seneca Student Federation (SSF) budgeted \$12,000 to hold elections this year,

SSF member services and communications manager Roel Isufflari said.

That money was budgeted to fill 17 positions represent-

ing 25,000 full-time students on four campuses. SSF's per student budget comes out to 48 cents.

Avez Hasham, finance

“

What we try to do with a lot of the election budget is cover as much of the costs, so that the student that's running is not spending their own money

Frank Rizzi
HSF FINANCE AND OPERATIONS

coordinator at The Student Association (SA) of George Brown College, said the Association ran this year's election on a budget of \$6,000.

SA elections fill 22 positions to represent 25,000 full-time students on four campuses. This results in an election budget of 24 cents per student.

Mohawk Students' Association (MSA) represents Hamilton's Mohawk College's 17,000 full-time students on three campuses.

VP Finance Maxwell Brown said MSA's 2014 election budget was \$6,500 or 38 cents per student.

Some Humber students are concerned about the difference between HSF's budget and those at other colleges.

"You can put all that money into so many different things," Humber business-management student Jordan Ross, 20, said.

"For that much money you could throw a huge concert and get elections known that way. A lot of people don't even know the elections are happening."

Brown said MSA's budget does not include the salary of its chief returning officer or other paid election staff.

Rizzi said salaries aren't included in HSF's budget, either.

"What we try to do with a lot of the election budget," Rizzi said, "is cover as much of the costs so that the student that's running is not spending their own money."

Board cites Director policy for decision

Continued from page 1

"Any discipline or termination of me by the board will... have negative connotations on my future employment, and for that reason I will be considering legal options if your decision is to terminate me," Brillhante said in the meeting.

VP Student Affairs North Kay Tracey, brought up an executive team meeting in December, where it aired grievances in an attempt to mend

relations to improve cooperation among members.

"Nothing changed. It's not like we didn't try to solve all of the issues that we were having before we brought it to the Board and said listen, he's not performing as president... we're turning to each other when we need help and not to him," she said.

Board members discussed Brillhante's conduct for approximately 40 minutes before making the decision.

Brilhante had started the discussion by asking that if they were to have a motion to terminate him, to just do it.

"I don't want to drag out this meeting, so if you're going to motion to terminate me, just put it on the table and let it be done," Brillhante said to the board.

VP Student Life Lakeshore Colin Edwards-Crewe responded by saying that students had been unsatisfied by the level of information disclosed by the HSF.

"I think the reason we're having this discussion is... for the students who are going to be reading these minutes, and offer them some explanation," he said.

McInnis was also removed from the board, after members discussed his starting an online petition in support of Brillhante receiving an appeal. McInnis appeared blindsided.

"No one addressed myself

saying that they had any concerns. How am I supposed to defend myself from what I'm being accused of if I don't even what I'm being accused of?" he said.

Board member Cristina Marin said McInnis's actions were a breach of the Director Loyalty and Commitment policy, which states a Director must not engage in any outside activity that could conflict with their HSF-related duties and responsibilities.

Collings agreed, "The petition is a complete conflict of interest for Steven, for he sits on the Elections and Appeals Committee... you can't promote for an appeal to happen if you sit on it."

McInnis responded by saying that he started the petition after Brillhante was denied an appeal, and after the polls closed, therefore relieving him of his duties on that committee.

Brilhante was vocal about his opposition to McInnis' removal after the board voted 5-4 in favor of removal.

"I think it's absolutely despicable, you can put that in the minutes," Brillhante said.

Collings responded by asking Brillhante to, "please refrain from making those kinds of comments, out of respect for the board please."

Edward-Crewe, who voted for Brillhante's removal, said he did what he thought was right.

"For me it was a hard decision as to whether to let it pass because it's the last board meeting, make it look like it was smooth for the students

and just let everything fly... because it looks bad there's not a doubt that it looks bad. But it's either that or do what I actually thought was legitimate, what was right," he said.

After the meeting, Brillhante wished the incoming executives good luck, and encouraged them to hold HSF accountable.

"I wish the new executive team coming in all the best, and I hope they have the courage to stand up for student rights and advocacy, and remember that it's the Humber Student Federation and not the Humber Full Time Staff Federation," he said.

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CORRECTION

The April 7 story incorrectly spelled the name Suzanna Saliba. It should be Suzanne Saliba.

The March 31 story incorrectly said Colin Edwards-Crewe is VP Student Affairs-Lakeshore. Candace Pellow is VP Student Affairs-Lakeshore

Wi-Fi on the GO will have restrictions

Continued from page 1

"It's the same as when you walk into Starbucks or anywhere else where there is free WiFi, it takes you to a splash page and a landing page. And on those pages we would then sell advertising," said Brian Rodkin the Chief Executive Officer for IMA Outdoor.

Rodkin explains the Wi-Fi is limited to the area within the station. It covers the majority of platforms, ticketing and waiting areas and has had overwhelmingly positive responses.

"I didn't know they offered Wi-Fi. But I would probably use it while I'm waiting for my bus, had I known about it," said Wageesha Fernando, a Humber College student in the Architectural Technology program who catches a GO bus at Yorkdale Station.

People will only get a maximum two hour window to use the internet, said Rodnik.

Despite having success with the project, both Metrolinx and IMA Outdoor said they've had to overcome roadblocks.

"Through our research we found when we're looking at WiFi on our GO Trains, that there is technical and logistical challenges, especially on our trains and this makes Wi-Fi implementation expensive in terms of the initial investment," said Thomas.

Metrolinx and IMA Outdoor are hoping to move forward with this project and are looking at ways to expand WiFi to all terminals and stations in the next phase.

Details and future timelines are expected to be released in the coming weeks. For a list of all the Train stations and bus terminals with WiFi visit GO Transit's website.



TRAVIS PEREIRA

Advisors, the Executive Chair and Platoon leaders of 22 Division Toronto Police Service Rover Crew with Police Chief Bill Blair and 22 Division Superintendent Frank Bergen at the annual Investitures ceremony.

T.O. Police Chief speaks at Scouts' Investitures ceremony

Travis Pereira
NEW REPORTER

The discipline of Scouts Canada was on full display as the procession of the 22 Division Toronto Police Service Rover crew marched into the gym at the Toronto Police College.

The annual Investitures ceremony for the 22 Division Toronto Police Rover Crew was held on April 7 in South Etobicoke.

Const. Kevin Ward is an Advisor for the Rover Crew and he said the ceremony is part of the traditional practice of welcoming Scouts into the new designation.

The 22 Division Rover Crew is a unique partnership with Toronto, Humber College, and Scouts Canada. The Crew is made up of Humber College students looking to make

positive contributions within the Humber College and Lakeshore community.

"It's a vocational Scouting program that incorporates elements of the traditional Scouting program as well as a vocational aspect that introduces members into a career in policing," said Ward.

Ward is the co-founder of the Rover Crew initiative, which he started with the help of fellow Advisor Const. Scott Walker nearly 11 years ago while the two were still students in Humber's Police Foundations Program

He said the initiative emphasizes service to the community, which is the model of the Rover section within Scouts Canada.

The ceremony had more than 40 new members officially invested into the Crew. Led by Ward,

the Rovers marched past Chief Bill Blair, 22 Division Superintendent Frank Bergen, Humber Police Foundations Program Coordinator Henri Berbue and Executive Chair Cameron O'Brien.

The ceremony included speeches from distinguished guests who commended and praised the Crew for its dedication to such a constructive and positive cause.

O'Brien, a second year Humber College Police Foundations student and Executive Chair of the Rover Crew, said he's proud to represent such a dedicated group of individuals.

O'Brien said he joined because he was looking to be a part of an organization that could facilitate great opportunities and have meaningful involvement with the community.

"I wanted to be a part of an or-

ganization that would give me purpose," he said.

After reciting the Scouts Promise the newly inducted members were each personally congratulated by Chief Blair as he placed the scarf known as a necker on all of them.

"When the Chief came around and handed us our neckers it was really awesome, I loved that part," said Oula Al Hissnawe, first year Police Foundation student and newly invested member.

Al Hissnawe said she joined the Crew because it's a great opportunity to make use of her love for volunteering.

"I volunteer a lot with Humber College," she said. "I started doing a lot of work in my first semester with Henri Berube and I realized I enjoy volunteering more than doing paid work."

O'Brien said the Rover Crew has participated in 34 community events this year which translated into more than 1,700 volunteer hours.

As Humber alumni Ward and Walker said, they view their integral role as advisors for the Crew as bestowing the same guidance and wisdom they were fortunate to receive, on the fleet of Humber students coming up after him.

Ward said he didn't expect the program to be such a success but his continued involvement with the Crew allows him to pay it forward.

"I would be lying if I said we didn't benefit from this program as well, however that wasn't the motivation behind it," he said. "We're here to see these guys succeed, ultimately, that's what's keep us around."

O'Brien said for those looking to make connections and network the Rover Crew provides the best platform imaginable.

The ceremony ended as it began with the Rover Crew marching in procession as they exited the gym, again led by Ward.

As soon as they broke the threshold of the door most members came rushing back in to take photos with Chief Blair and the other guests.

Recognizing the dedication and success of Humber's community

Kendra Hamilton
LIFE REPORTER

Molly MacKenzie didn't even know she had been nominated for a Student Appreciation Award until she arrived late to a residence banquet and it had already been announced she had won.

"When I got there everyone was like, 'You won it!' And I was like, 'What? Oh my god, thanks,'" the 19-year-old said.

MacKenzie received the Marci Fenwick Award last Monday at Humber College's 30th annual Student Appreciation Awards for actively fostering togetherness, spirit and kindness within the Humber community.

The Marci Fenwick Award is one

of two special awards given out at the ceremony along with 12 appreciation awards to honour Humber students, staff and faculty who demonstrate selfless dedication and excellence, explained Graeme Morrison, executive committee chair for the event.

Residence Life Coordinator Taryn Dickens nominated MacKenzie.

"(Molly) was great at bringing together people in the residence community. She got everyone feeling good and comfortable and proud of their residence life," she said.

The ceremony was sponsored by the Humber Students' Federation and Morrison said more than 150 staff, faculty, and students were in attendance, including President and CEO of Humber College Chris

Whitaker.

Second-year Public Relations students at Humber, who chose a Dr. Suess inspired theme and décor, organized the evening's events.

"It's about 'celebrating you and all that you do,'" said Jessica Hungerford-Hemming, 21, a public relations student.

The list of achievements which individuals received recognition for ranged from late night proofreads, to making the best burrito on campus.

Pino Caputo and Gus Fourmouzis, two staff members, were honoured for helping keep the cafeteria clean, and Casey Rowed, a paramedic student, was recognized for creating Humber's first on-campus Emergency Response Team.

With Slinkys hanging from the



JAMES BERARDI

Winners of the 2014 Judy Harvey Student Spirit Award. The award recognizes a group of students who have demonstrated outstanding dedication and contribution to student development and success

ceiling, vibrant displays of balloon animals, pink cake-pops and an ice cream bar, there was a child-like energy to the evening that mirrored the positive attitude and vitality of the award recipients.

"There is something really lovely about people feeling like what they do is meaningful to someone else," said Dr. Nikki Martyn, assistant program head of Human Services at University of Guelph-Humber.

Province increases funding for racing

Industry is unsure if the boost is going to be big enough

Celia Grimbley
NEWS REPORTER

Ontario's Horse Racing Partnership Plan is out of the gate.

On April 1, the provincial government's five-year plan to invest up to \$500 million in the horse racing industry kicked in.

The financial support from the government increased to \$500 million from the \$400 million announced in October, because the original funding had "gaps in terms of some support for regional tracks" and additional money would be used to support breeders, said Mark Cripps, communications director for Ontario Premier and Minister of Agriculture and Food Kathleen Wynne.

Cripps said he believes the plan is "pretty solid."

"While this was a difficult period for horse racing, we believe and I think a lot of people in the industry believe... that a little bit of a shake up was

needed to get the horse racing industry to understand there's regeneration coming forward and they have to find ways to stay viable within that emerging class," said Cripps.

The closing of the Slots at Racetracks Program (SARP) by the province and OLG in 2012 cut about \$350 million per year in commissions from the horse racing industry, said Vel Evans, market research consultant for Strategic Equine Inc., which specializes in business analysis of the equine, equestrian and horse industry.

"[The provincial funding] is a necessary requirement because the government changed the revenue stream," said Evans. "It is not equal to the value that the industry was generating when it was autonomous of tax dollars."

Cripps said slot machines aren't as attractive to the younger generation of gamblers as they are to the older generation.

"That's why the OLG is trying to modernize too, because they're trying to find new ways to bring in gamblers because governments rely on that revenue," he said.

More money strengthens the government's plan for the industry, but it is still a big difference from where the industry was, said John Gallinger, president and CEO of Standardbred Canada.

"This little bit of additional funding, I'm not sure it's going to go far enough to get us back to where we were," he said.

The significant decline in revenue from cancelling the SARP forced the horse racing industry into a restructuring process, Evans said.

The government provided money, apart from the \$500 million, to help racetracks develop business cases pertaining to the available funding, said Cripps. The business plans had to be tied to the four pillars of the plan: transparency, accountability, return on investment, and growing the customer base, he said.

The province was critical of the industry for not doing enough business development and marketing to improve or increase the customer base, said Gallinger.

"A lot of the money is going to have to be allocated to



CELIA GRIMBLEY

According to Career Centre at Humber, additional revenue for Woodbine Entertainment Group could mean more job opportunities for Humber students.

operations of the racetracks, allocated for purses for people to race more," he said. "But hopefully there will be mechanisms in the new plan to allow for funding to be provided for those types of activities [marketing]."

Reintegrating horse racing into the OLG modernization strategy is one part of the restructuring process the premier said would move the industry forward, said Cripps.

And just down the street from Humber's North campus, the Woodbine Entertainment Group (WEG) encourages the efforts to integrate horse racing into gaming in Ontario.

In a press release published by the Ontario Standardbred Alliance on April 1, Nick Eaves, WEG's President and CEO, said, "The next critical step of the government plan is for the integration of gaming and racing through the optimization of Alliance tracks for the mutual benefit of horse racing and the provincial treasury."

The Standardbred Alliance is a core group of race tracks centered around the concentrated horse supply in Central and South Western Ontario. Additional revenue for WEG could mean more job opportunities for students from Humber, said Christine

Colosimo, career advisor at the Career Centre at Humber.

WEG attends Humber's annual summer job fair in January and recently students landed jobs in security but were unable to secure food and beverage positions, Colosimo said.

"[WEG] had a huge career fair over there a few years ago and I attended to see what opportunities were available to students and I couldn't believe the droves of people that attended the event," she said.

Most of the available jobs were part-time but WEG was paying about \$18 per hour, said Colosimo.

"There was huge interest."

Prepping students for future

Government makes post-secondary education accessible to more: report

Ian Burns
NEWS REPORTER

The Ontario government is touting its record in increasing access to post-secondary education, in a report.

The 2014 Education Progress Report, released on April 6, highlights the province's achievements in creating education opportunities.

"Our government continues to invest to ensure that students can attend Ontario's world-class colleges and universities based on their ability to learn, not to pay," said Brad Duguid, Minister of Training, Colleges, and Universities, in a statement.

"By making our post-secondary institutions more accessible, affordable, and innovative, we are helping equip students with the skills and knowledge they need to actively contribute to Ontario's 21st century, global economy," he said.

The report particularly emphasizes the 30 per cent off tuition grant, which was intro-

duced in January 2012 in order to help low- and middle-income families send their children to college or university.

About 220,000 students received the 30 per cent off tuition grant in 2012-13, up from 207,000 in 2011-12," said Zak Paget, special assistant to Duguid. "And we've expanded eligibility requirements this year so that about 5,000 more students can benefit from the extra support."

The expanded eligibility includes students in their final year of a five-year co-op program and students attending private career colleges and other private postsecondary institutions that are eligible for OSAP.

Paget noted students who apply for OSAP are automatically considered for the grant.

However the grant's restrictive eligibility criteria means that some students have advantages over others, according to Tyler Epp, Director of Advocacy for the College Student Alliance. To qualify for the grant, a student must be out of high school for less than four years, or six for students with a permanent disability.

"This program strongly disadvantages the mature

student population," he said. "In order to qualify for the grant, a student must have finished high school less than four years before the start of the current school year."

Epp said that expanding the program by removing the timeline qualifiers would allow more mature students to benefit from financial aid.

"This would be especially beneficial as many students who do not follow a traditional education pathway have financial hardships," he said.

But those who are eligible have begun to see the benefit.

The 30% Off Ontario Tuition Grant is saving diploma students \$790 per year and degree students \$1,730, according to Holsee Sahid, Humber's Manager of Financial Aid.

"It's helpful for a lot of students," said Sahid. "It's not very much, but will help with tuition and go to buy a few books."

According to Sahid, Canadian and Ontario student loans and bursaries given to Humber students, exceeded \$100 million for the first time in 2013-14. An additional \$5 million was available through bursaries and other financial aid through Humber.

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Puppets come alive this summer

Summer workshop teaches students the art of puppetry

Danielle La Valle
NEWS REPORTER

The end of winter semester is fast approaching and Humber is getting ready for some unique summer workshops such as its annual Puppetry Intensive.

Shawna Reiter, co-artistic director of Clunk Puppet Lab and an instructor at the Puppetry Intensive, said this will be her second year teaching at the workshop. Reiter said she works in the design and building section of the Puppetry Intensive.

"It all started with my friend Kyla and I. She comes from a performance background and I come from a fine arts background. The two of us got together and decided it would be a brilliant idea to start a puppet company," she said.

A crucial part of the Puppetry Intensive is teaching students how to make limb joints for their puppets, she said. Students also need to figure out how to make neck joints since this will control the head movements of the puppet.

A costume designer is also on hand as for many puppets the costume can comprise as much as half of the body, Reiter said.

Modern puppet construction incorporates the use of diverse materials and skills.



PHOTOS: COURTESY SHAWNA REITER/CLUNK PUPPET LAB

Archive photos of Puppetry Intensive workshop in 2013.

"For my company we use pretty much anything that we can get our hands on that would work for a puppet, a lot of wood, we usually sculpt and cast our heads. Sometimes we use flexible slip (a mixture of clay and latex) but we also carve as well," she said.

Faye Dupras, artistic director of Foreign Landscapes Productions, is also an instructor at the Puppetry Intensive, and like Shawna, she is back for her second year.

Dupras said she primarily teaches upper torso move-

ment and manipulation at the Puppetry Intensive.

Dupras became involved when she met program coordinator Heather Kent, who saw her perform at a puppetry festival in 2010, she said.

They found they had similar ideas and goals when it came to puppetry and theatre, she said.

"It's more about how does the puppet serve the story rather than, I am doing a hand puppet show or I am doing a shadow puppet show," Dupras said. "So I think she

saw that in my work and I think she also appreciated the qualities of puppeteering, so not only the building but also the manipulation."

Both Reiter and Dupras agree that what makes Humber's Puppetry Intensive unique is its equal emphasis on both performance and puppet construction.

Dupras also points out that Humber's state of the art facilities add to the quality of the experience.

"I really feel that Humber College, the facility itself,



is amazing," she said. "I've gone to workshops that have an amazing reputation and they're really strong, but the facilities don't support the work that's happening."

Melissa Foster is a first-year arts management student at Western University in London, Ont.

She attended Puppetry Intensive last year and said it was a challenging but positive experience.

Foster missed a crucial step when using latex to mould a puppet's head and the results

were less than ideal, she said.

"I was exhausted and super discouraged and Shawna, she would basically not allow me to not do it again," Foster said.

"She had a million things on her plate, but together we redid it," she said. "Her energy and her attitude... was really awesome."

The Puppetry Intensive runs from June 2 to 14. For more information or to apply, contact Program Coordinator Heather Kent at 416-675-6622, ext. 79048, or heather.kent@humber.ca. The deadline is May 1.

Fundraiser in memory of Jamie Simmons draws successful turnout

Tyrrell Meertins
SENIOR REPORTER

Humber College's visual and digital arts program's first annual draw-a-thon took place April 5.

Held in honour of second-year visual and digital arts student Jamie Simmons, the fundraiser is aimed at helping future design students in need of financial assistance.

Simmons passed away from an acute asthma attack at a New Year's Eve dinner party in December 2013, in Peterborough.

Marc Colangelo, a Humber visual and digital arts professor, said the fundraiser was a great way to help the program and commemorate Simmons.

"We wanted to do something to remember him, so I put forth an idea of a draw-a-thon as a way of remembering him and a way of raising some

funds so that it could eventually help our program and remember his name," Colangelo said.

The two-year visual and digital arts program is divided in a way that allows students to learn traditional skillsets, which is then carried on to the computer route.

Colangelo, who specifically teaches figure drawing and painting, felt the courses attracted Simmons because the subject matters were challenging and demanding.

"I thought Jamie was a great student. In my class, figure drawing, he excelled well. I thought it was one of his favourite classes, and he showed a lot of interest and hard work," Colangelo said.

"The draw-a-thon idea came up because I figured this is one of his favourite classes, and it would be a nice way to commemorate his life."

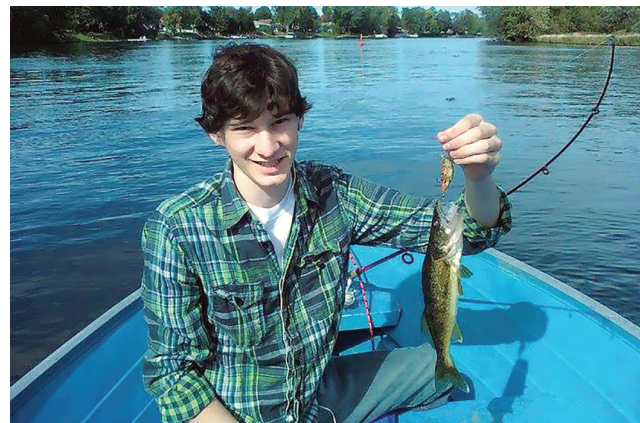
While drawing was one of Simmons' niches, the Peterborough native was also a prolific writer.

Simmons' childhood best friend, Zackary Davidson, said he's always been able to seek assistance from Jamie regarding his writing.

"Jamie was someone I could always go to if I needed any help related to writing," Davidson said. "From simple things like asking him how to spell words, to looking over my essays in university, Jamie was always very strong in writing and the English language."

Still, art was Simmons' passion. Davidson said that Simmons' work would leave viewers mesmerized; he particularly recalled pieces of work Simmons submitted in their high school art gala.

"They were collages of different images, from char-



COURTESY ZACKARY DAVIDSON

Jaime Simmons

acters he created, to symbols of brands and companies, as well as political symbols. Their particular drawings, two I believe he created were very interesting to look at; you could look at them for hours at a time, picking out the different images, wondering why he chose those symbols and why he placed them beside other ones."

Despite being separated from his family during his time at Humber, Jamie's love for

them never went unnoticed, said second-year social work service student Kayla Glass.

"Family was a very high value to Jamie. He loves his parents Terry and Carmel with all his heart, and he wasn't afraid to show it," Glass said.

Glass also said Jamie's appreciation of others and ability to raise the mood was one of his many beloved traits.

"Jamie was great at picking up people during hard times, and always wanted everyone to

be happy, so he would do what he could to spread happiness."

Terry Simmons recalls his son drawing pictures for his grandparents at the age of three, and believes his son possessed a natural talent.

"He liked to fish and go to the hunting camp, but he always loved to draw and do artwork," Terry said. "He just drew stuff on his own, he didn't really take art before college, and he would have been really good then."

The fundraiser held by Jamie's peers and Colangelo has raised approximately \$4000 well beyond their initial goal of \$1000. The hope is that Humber alumni will get involved in the project and carry it on for next year.

"I'm hoping it's something we can do on a yearly basis, not only will it remember Jamie but it fulfills the need in our program," Colangelo said.

"The money will be put into an award in Jamie's name and given to a worthy student that may need financial assistance."

NEW SUMMER PROGRAM

New Big Data program at Lakeshore

Vick Karunakaran
BIZ/TECH REPORTER

Humber's Lakeshore campus will be diving into some digital ones and zeroes just as the city thaws out of its sub-zero temperatures.

The Big Data certificate program launching this May promises to teach media and marketing professionals to learn the new trend sweeping businesses.

Big Data is the collection of all of the data gathered from people and things they do in the world, explained Stuart Thompson.

"Some stories can't be told unless you used data," said Thompson, data journalist and multimedia editor at *The Globe and Mail*.

"The whole idea of data is taking a life of its own," stressed Ken Dafoe, faculty lead for the Big Data certificate at the Lakeshore campus.

Big Data has wide applications and does not confine to any one sector, he said.

Many businesses are now looking for employees who have a concept of big data and some skills in dealing with it, Dafoe said.

"I usually use data to answer questions that are kind of hard to answer in other ways," said Thompson.

"There's a huge potential for investigative journalism based on data," said Thompson, adding many newspapers now use data to support their reporting.

Instead of simply writing about something, data journalists are using data to support what they are finding, Dafoe explained.

Companies are collecting the digital exhaust we leave behind and using Big Data to help predict where things are going to go, continued Dafoe.

Much of the government data he used was publicly available online, but sometimes Freedom of Information requests are made, said Thompson.

Internet searches are the cornerstone of understanding where data is, and the course teaches students how to find it and what you can do with it, said Dafoe.

According to Thompson, he would scrape, crunch, and

wrangle data into interesting stories and visualizations so readers can understand the bigger picture.

Thompson said a project *The Globe and Mail* did last year was to see whether young adults are better or worse off financially than their counterparts from 1976. The "Who Had It Tougher Time Machine" used analytical data from Statistics Canada to conclude that young Canadians today are worse off, he said.

The digitalisation of data, easier access and the democratization of free tools to manipulate these data have pushed Big Data into mainstream, said Thompson.

When *The Globe and Mail* analysed Ontario's sunshine list, Thompson said they built a program to scan hundreds of pages and just get the specific data. The information can then be sorted into useful spreadsheets for detailed analysis.

"From a journalistic perspective, we want more and more data," said Thompson, but most newspapers are interested in aggregate information from government and organisations rather than private data about specific



Some stories can't be told unless you use data . . . I usually use data to answer questions that are hard to answer in other ways

Stuart Thompson
MULTIMEDIA EDITOR
THE GLOBE AND MAIL

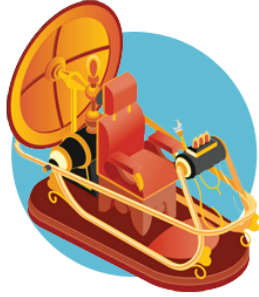
people, he added.

Google has vast amounts of data that it offers businesses through its service called BigQuery, said Dafoe. For a small fee, Google lets anyone search large data sets and find aggregate information about any topic, he said.

"Whether I like it or not, I am using Big Data," said Kazi Faisal, professor at Humber's School of Applied Technology. When people use Google maps to check traffic, it's Big Data at work, he said.

"Privacy is always a con-

THE Who Had It Worse TIME MACHINE





Use this tool to travel back in time to your graduating year and compare the financial situation against the graduating class of 1976. Who had it worse? Tell us your story in the comments.

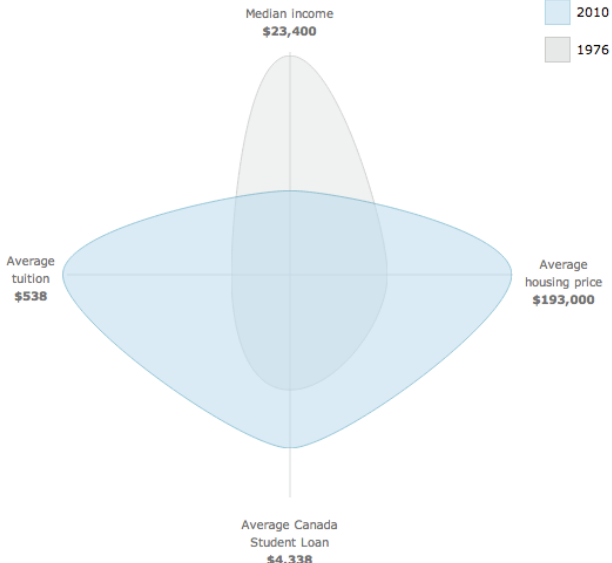
You had it the same as 1976

2010

The graphic on the right shows how you compare to the graduating class of 1976. Your year is in blue. A tall, narrow blob is the best scenario: higher income with lower costs elsewhere. But today's graduating class has exactly the opposite: lower income with higher tuition, loans and housing prices.

Income	YOU HAD IT WORSE
Housing price	YOU HAD IT WORSE
Tuition	YOU HAD IT WORSE
Student loans	YOU HAD IT WORSE

SHARE YOUR RESULTS  



Median Income \$23,400
Average tuition \$538
Average Canada Student Loan \$4,338
Average housing price \$193,000

COURTESY STUART THOMPSON / THE GLOBE AND MAIL

The *Globe* ran this data story comparing the financial states of graduates to their counterparts in 1976. It compared the median income, average Canada student load, average tuition, and average housing prices. The article ran in 2013 and demonstrated that graduates from 1999-2010 all had it worse than young adults in 1979. Check out the project online, linked on humberetc.com.

cern," said Dafoe, but continued by saying it is difficult to understand what that means because so much of what we do is now tracked anyway.

The data mining by data-brokers however is of concern, said Thompson. Where personal data is going and how it's been collected and what's being collected is a legitimate concern.

While using Big Data requires technical specialities, he said Canadian newsrooms should focus more on data because there are a lot of missed opportunities.

"There seems to be a lack of educational expertise in data," said Thompson. But business sectors are starting to wise up and see the potential to use all the data that's already been collected.

The Big Data program at the Lakeshore campus starts with effective searching methods, said Dafoe. The next step is to show students what to do once they find data and beyond dealing with simple spreadsheet, he said.

The third part of the program focuses on the Big Data itself and extracting information from it, said Dafoe.

"It's a growing field," said Thompson. "It has a short history and the potential for it in the future seems incredible."

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Humber hosts women's networking dinner

Aabida Dhanji
BIZ/TECH REPORTER

Every year Skills Canada offers high school girls an opportunity to see what options they have for their future.

This year the networking event was held at Humber College's Centre for Trades and Technology on Thursday, April 3.

"These students come in because they are interested in the trades and technologies, they learn about networking, get to do hands on challenges and then the main portion of the night they go into breakout rooms and they learn from women who have chosen these careers, hear their stories, why they got into it," said April Albano, liaison officer and young women's initiative coordinator for Skills Canada.

This event and others like

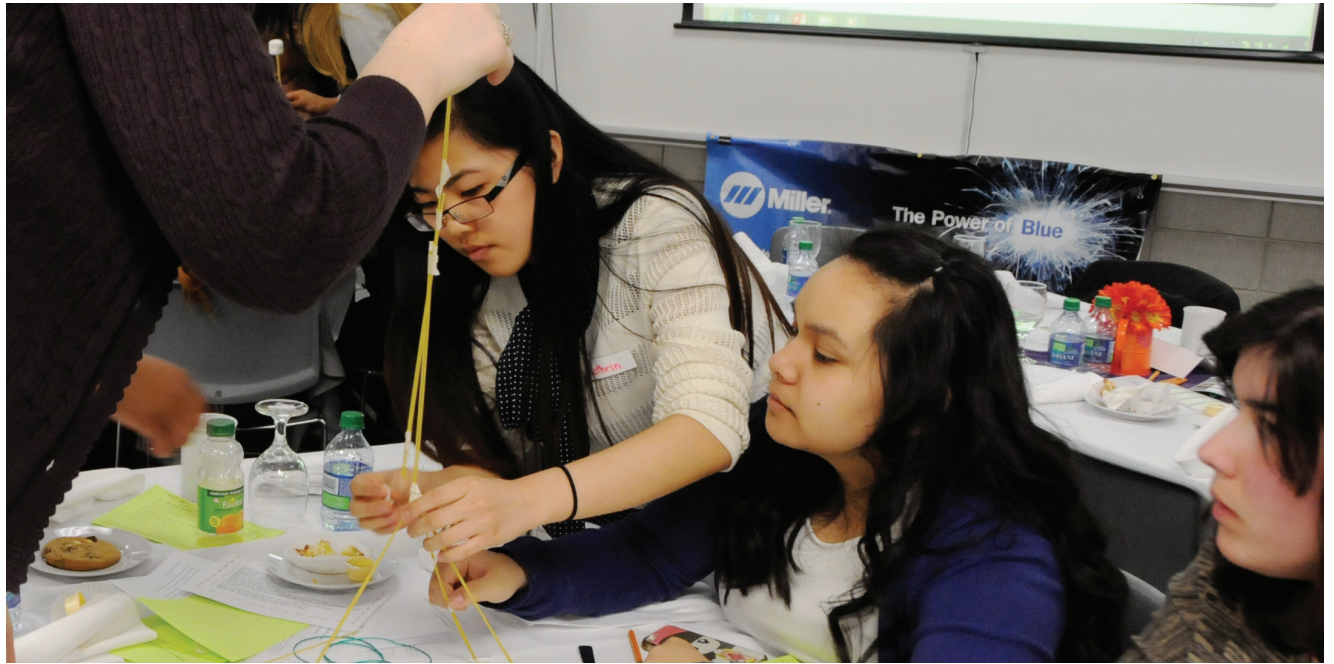
it incorporate local students from the Peel School Board, Dufferin Peel Catholic, TDSB and Catholic board as well, said Albano.

"It's a really awesome thing to be given the opportunity to connect with a [mentor], because often there's a missing piece and I think that this particular program builds bridges and I think that's a fabulous thing," said Alyssa Light, a goldsmith and mentor at the event.

"My goal is to give young women an opportunity to see what else is possible," said Light.

"I got into wedding planning because in high school I was a part of every activity that was not a sport, I loved to plan," said Shalini Misir, a mentor at the event and a professional wedding planner.

"I was on student council, prom committee, and I found



AABIDA DHANJI

High school students had the opportunity to network with skilled trade professionals at Humber's Centre for Trades and Technology April 3. The students competed to see who could build the highest marshmallow and spaghetti tower.

that where I thrived, what really gave me passion was the activities, planning the events," said Misir.

The skills trades are not an area that girls are frequently interested in, she said.

Misir hopes the girls would

take away an important message from this event.

"If you don't have passion, your clients won't be satis-

fied. When in doubt, always pursue your passions, it will take you to the job of your dreams," said Misir.

Will Toronto take top spot in Worst Roads?

Marlon Gomez
BIZ/TECH REPORTER

The Canadian Automobile Association is urging the Canadian government to use revenue from gasoline taxes to fix crumbling roads.

Setting aside a fund like this is much needed in a city like Toronto that has to manage and maintain all city roads, alongside the Don Valley Parkway and Gardiner expressway, explained Faye Lyons, government relations from CAA South Central Ontario.

This year's winter has only made things worse. The number of potholes in the city of Toronto have dramatically increased, said John Mende the Director of Transportation Infrastructure Management for the city of Toronto.

"The number of potholes repaired this year, from Jan 1st to April 1st is 131,000 potholes. And by comparison the number of potholes repaired during that same period last year is 69,000," said Mende.

"If you want to look at a perfect example of cracks not being fixed, take a walk along Finch Avenue from 27 over to Martin Grove. Or hop on the Finch bus. Just that little stretch for a couple blocks is enough to knock the fillings out of your teeth," said

Rick Mickula, Humber College Program Liaison Officer for Transportation Training Centre.



...hop on the Finch bus. Just that little stretch for a couple blocks is enough to knock the fillings out of your teeth,"

Rick Mickula
SPROGRAM LIAISON OFFICER FOR
HUMBER'S TRANSPORTATION
TRAINING CENTRE

According to the city of Toronto's website, it costs about \$25 to repair a single pothole.

The cost of keeping roads and bridges in state of good repair is approximately \$215 million, said Mende.

The city uses this money to keep bridges, roads, sidewalks and laneways in good repair. That money, Mende said, often comes from property taxes and some funding from developers.

Mende continued by saying that last year city council pledged additional funding for road repairs over the next 10 years. The additional funds will add to the money

that is already collected from property taxes.

"We said our roads are deteriorating, we don't have enough money to do the necessary repairs. So they gave us over 10 years, an additional \$285 million. So it was \$15 million in 2013, \$30 million in 2014 and \$30 million for the next nine years."

CAA on the other hand is heavily promoting the idea that government should use a portion of the revenue collected from gas and diesel fuel taxes to keep roads, bridges and highways in good repair.

According to CAA the provincial excise tax is 14.7 cents on every litre of gas and diesel fuel sold in Ontario.

In Ontario this tax generated just over \$3 billion in 2012-2013, said Lyons.

"What we're suggesting is that the money that is already being collected from motorists, that is going to the senior levels of government, would be better spent by dedicating that back to our road and transportation infrastructure rather than it going to general revenues," said Lyons.

Upon finishing the four-week campaign for worst roads, CAA will present the list to provincial and municipal governments in an effort to get those roads fixed.



MARLON GOMEZ

There are roads in need of repair all across the GTA, and Wilson Road is no different. Potholes of varying sizes can cause serious damage to vehicles with varying price tags.

"We know Dufferin Street between Queen and Dundas is in poor shape, and we're fixing that this year. So rarely are we surprised by the results of the survey. What it essentially does is confirm the roads on our program," said Mende.

City staff will review the list to determine whether any road repairs need to be added or accelerated.

Crumbling infrastructure also affects the pockets of motorists who have to drive over potholes on their daily commutes.

CAA estimates potholes can lead to repairs with costs ranging between \$64 and \$285. Repairs to vehicles range from misalignment, shock or strut, and bent or broken tire rims.

For the past 11 years CAA

has been conducting an online vote to find the worst roads across Canada.

Canadians can vote for roads throughout five regions including Atlantic Canada, British Columbia, Manitoba, Ontario and Saskatchewan.

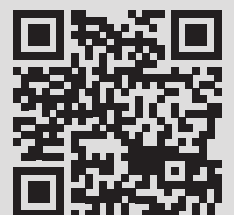
Each list can range from one through 10 with the worst starting at the top.

Last year Ontario's list had six roads from Toronto out of 10 roads in total. Dufferin Street tied with three other roads in Ontario for the number one spot.

Kipling Avenue and Finch Avenue West tied to take second place for the worst roads in Ontario.

Bayview Avenue, Wilson and Markham roads were voted fourth, seventh, and eighth on the list.

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TORONTO EVENTS THIS WEEK**MONDAY 14****Indie Mondays at The Sister**

This City Live presents indie music from bands like King Beez and The Outbred Inlaws. 1554 Queen St. W. Music starts 8:30 p.m.

TUESDAY 15**100 in 1 Day Weekly Workshop**

Providing a platform for citizen-driven action at the Centre for Social Innovation until June 7.

WEDNESDAY 16**Community Trivia Night**

Put pop culture prowess to the test at trivia for NBC show Community. Prizes and tickets to be doled out. 7 p.m. at The Office Pub

THURSDAY 17**Shorts that are not Pants**

Tenth quarterly film screening with the best in Canadian and international short film. 7 p.m. Carlton Cinema.

FRIDAY 18**Record Empire**

An improv show based around cult classic, *Empire Records*. \$5 admission. Doors at 7:30 p.m. at Black Swan Comedy.

SATURDAY 19**Record Store Day**

Hit various record stores around Toronto for the ultimate hunt for the the prized vinyl of your favourite album.

SUNDAY 20**Telephone Maison Cassette Release**

Montreal electro group celebrates cassette album release, *Toujours Partout*. Doors at 9:30 p.m. at Tranzac Club.

Swinging into spring for a cause

Shoynear Morrison
A&E REPORTER

With the Pickup Swing Ensemble playing *In The Mood* by Glenn Miller, the music was bumping and the crowd was jiving at Humber's first 1940s Swing Fever dance.

Swing Fever is the event project for a group of Postgraduate Event Management students, said Melanie Baird, Chair of the Swing Fever organization.

Baird's group of 12 students worked diligently on the project since the beginning of January.

They created the theme, wrote the proposal and organized the entire event themselves, she said.

"Swing Fever is trying to get dance enthusiasts out to enjoy a great night of live music and swing dancing," said Baird.

The money raised from the event will be donated to The Royal Canadian Legion and the Humber Event Management Program, according to Baird.

"The Royal Canadian Legion is an organization that cares for veterans, promotes, remembrances and offers services for current Canadian troops," said Baird.

"We want the younger generation to have the opportunity to see the role this organization plays within the lives of so many Canadians," she added.

The Swing Fever theme was chosen based on a requirement to stand out and be unique, said Swing Fever group member Stephanie Roy.

The group recognized that many themed events focused primarily on the 1920s *The Great Gatsby* or 1950s and '60s *Mad Men* era, she said.

"We knew swing bands were the 'pop' music of the '40s and we jumped at the chance to have such fantastic music," said Roy.

"When people think of the 1940s they think of WWII which was such a large part of this decade," said Baird.



Chelsea Futers (center in green) takes the floor with fellow swing dancers.

"People tried to escape all the despair and turmoil for just one night by going out to a swing dance," she said.

A passion for dancing brought guest Chelsea Futers to Swing Fever, she said.

Futers dances within her commu-

nity and thought the event would be a great way to practice her skills, she said.

"I really enjoyed the dance. The venue is really nice, it's really 1940s, and everyone is dressed so well" Futers said.

The Swing Fever dance took place at The Great Hall located at 1080 Queen St. W.

It was love at first sight when Swing Fever members were choosing the location for the event, said Roy.

"The Great Hall has some banquet booths for seating that were designed and made for a previous WWII themed event," said Baird.

The "decor was simple, the stage was the perfect size for our eight piece band and the floor was worn in wood, perfect for dancing," she said.

"Our team is incredibly proud to have developed such a unique night out. With the help of Humber, we've been able to make this a reality," Roy said.

Humber writing school to dole out new fall grants

Adam Stroud
A&E REPORTER

Two new scholarships have recently been secured for the Humber Creative Writing by Correspondence program and the Humber Fall Writing Workshop.

Publishing mogul and philanthropist Avie Bennett, and Gordon Johnson and the Budd Sugarman Foundation donated the two scholarships, totaling \$50,000 over the next five years.

The awards will be divided up by granting five \$1,000 scholarships to students in the correspondence program and eight \$500 scholarships to students entering the Fall Writing Workshop.

Joe Kertes, dean of the School of Creative and Performing Arts (SCA-PA), secured both scholarships. He said he is thrilled to be able to help students work towards their goals of becoming writers.

Kertes said he landed the scholarships through rubbing elbows and

personal connections. He said he has known donor Avie Bennett for some time.

"We had met at a couple of big literary functions. So I approached him to ask if he would support scholarships at Humber and he very generously did," he explained.

Bennett refused to offer comment on why he made the donation.

Kertes secured the other \$25,000 from Gordon Johnson and the Budd Sugarman Foundation. Johnson was the lifelong partner of Budd Sugarman and Kertes' high school English teacher.

"[Johnson] had a lifelong love of writing, so when [Kertes] approached us about the donation we thought it would be a worthy cause to honour his name," said Gerald Soloway, trustee of the Budd Sugarman Foundation.

"The wonderful thing about generous people is that they come in and help people in need," said Antanas Sileika, program coordinator of the Humber School for Writers.

Sileika said scholarships from generous donors such as these are responsible for perpetuating Canadian culture by allowing writing schools to function.

"It's always been my contention that at Humber, and other writing schools, we make the bricks that build the house of Canadian letters," he said.

Sileika and Kertes are both on the panel that decides who the recipients of the scholarships will be. Both men said that a winning candidate has to prove some kind of financial need and have great promise as writers.

"It's a bit like American Idol," said Kertes. "You know very quickly how talented a writer is from their writing sample."

These new scholarships are not the only ones available for prospective writing students. Kertes emphasized the Humber School for Writers can support one-quarter of students through scholarships.

Applicants to the School for Writers in financial need who are interested in applying should contact Sileika.



COURTESY OF ANTANAS SILEIKA

Antanas Sileika is the director of the Humber School for Writers. He says scholarships such as these are a boon for Humber College and the writing community at large.

Humber alumna presents debut novel at authors festival

Kate Richards
A&E REPORTER

Jane Woods always wanted to be a on stage with the spotlight on her.

The once-actress and musician, is a graduate from the National Theatre School of Canada, and holds a BFA in Integrative Music Studies from Concordia University.

"The one thing I didn't want to do was write," said Woods whose first novel, *The Walking Tanteek*, was released April 1 by Goose Lane Editions.

"I wanted to be a star. I wanted to be on the stage, I wanted to be a singer; I wanted to play piano. So I tried all those things and they went this far and then they stopped," she said drawing a line in the air with her hand.

It would be her many years translating French films and television shows to be dubbed into English that pushed her to begin writing fiction.

"I'm sort of writing already. Why not continue?" said Woods, who's friends had encouraged her to start writing in the past.

Woods applied for Humber's creative writing correspondence program in 2009. She began working with David Adams Richards (co-winner of the Gillier prize in 2000 for *Mercy Among the Children*) the following January on what was then a 300,000 word mammoth.

Humber's correspondence program is different from many creative writing courses because it offers one-on-one mentorship to students who have book-sized manuscripts.

"You can't usually get so many pages covered with the attention of only one person," said Antanas Siliuka, director of Humber's School for Writers.

The course taught Woods a valuable lesson.

"I learned that I wasn't as smart as I thought I was," she said.

Although she expressed moments during her correspondence that deflated her, the lesson helped her condense and strengthen her work. Taking the correspondence also helped her reach where she is today.

"It was Humber that helped me (get published) indirectly. After I did the course with David he referred me to his agent and his agent suggested a couple of publishers..." she said. "I lucked out. The second publisher I tried took an interest."

Woods described her novel as a story about a woman who struggles with the possibility of having faith and doubt at the same time.

"(One of the) biggest themes that runs through the entire novel is the tension there is between doubt and certainty and what doubt and certainty do to people," said Woods.

"Does (certainty) bring you peace? Does doubt make you miserable? Or does doubt keep your mind open and keep you humble and does certainty make you arrogant?" she asked.

Woods participated in a reading and panel discussion April 9 as part of the International Festival of Authors (IFOA) weekly series. The event featured two other debut novelists who joined Woods in answering ques-

tions about and discussing similarities between their novels.

"In this case there was an alternate reality or magical realism in all the books, but they are very different books," said Maeve O'Regan, communications and marketing coordinator at IFOA.

The Walking Tanteek is an entity, a figment of the main character's imagination. It's also a lyric she misheard in a Bob Dylan song that represents the idea of certitude and doubt, things you think you know but have been wrong about for a long time, said Woods.

The actress shone through as Woods read with lively enthusiasm, shining a light on the overwhelming and, almost comic, unanswerable conflict that arises when contemplating death and the meaning of life.

Although not as an actress or musician, Woods has managed to find a way to demand an audience's attention on stage. The IFOA event was the second reading she's done, her second small bite of (literary) stardom.



KATE RICHARDS

Jane Woods reading from her debut novel, *The Walking Tanteek*, at the International Festival of Authors weekly series April 9

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Conceiving more difficult for stressed women: Study

Katherine George
LIFE REPORTER

A new study shows stress can double the likelihood of a woman's chance of infertility.

The study tracked 501 women interested in becoming pregnant aged 18-40 years.

The study was published in the journal of Human Reproduction on March 23 and was conducted by researchers from Ohio State University Wexner Medical Center.

Researchers were able to determine stress levels through continuous saliva sampling. The samples were analyzed for biomarkers of stress, cortisol and alpha-amylase.

The study shows high levels of alpha-amylase linked to decreased chances of getting pregnant each month, the study said.

Participants with the highest levels of alpha-amylase had double the chance of not getting pregnant each month at 29 percent. It also means that these women are twice as likely to become infertile, the study said.

The clinical definition of infertility is an inability to conceive within one year of regular unprotected heterosexual intercourse, said Eileen McMahon, nurse practitioner at Mount Sinai Hospital's Centre for Fertility and Reproductive Health.

One in six people will have a fertility issue, said Jan Silverman, counselor at Create, a Fertility Clinic in Toronto.

However, stress does not cause infertility on its own, said Silverman.

"It doesn't create a good environment for pregnancy to take place. I don't think it's the cause. If everything in your system is working perfectly – you get pregnant," she said.

Infertility is a disease of the reproductive organs, but there are increasing cases where men and woman suffer from unexplained infertility, said McMahon.

"Like many diseases, certain factors can increase your risk for infertility. For example, smoking, sexually transmitted infections and obesity. Although, a number of other factors are beyond one's control, like ovulatory dysfunction, endometriosis, and the list goes on," she said.

Infertility among young adults is estimated to be between seven and 14 percent, said McMahon.

Individuals should find calming hobbies and make healthy lifestyle choices instead of blaming themselves, said Silverman.

The biggest cause of infertility is getting old, she said.

"I certainly don't want 22 year olds coming in wanting to get pregnant tomorrow. Just be aware that fertility diminishes meaning it doesn't mean it won't happen, but it won't happen right away," said Silverman.



BRYON BIGNELL VIA FLICKR

With great pillows comes great responsibility; this year's pillow fight theme was superheroes vs. super villains

Pillow fight!

Janie Ginsberg
LIFE REPORTER

Nathan Phillip Square was full of feathers and spandex on Saturday afternoon.

The culprit? Pillow fight.

International Pillow Fight Day is an event that takes place the first Saturday of April every year in cities around the world. This year's pillow fight was themed towards superheroes, and super villains.

The idea for this fluffy battle originated from a group called New-

mindspace.

Co-founders Kevin Bracken and Lori Kufner started the group in 2005 while attending the University of Toronto.

"We were not old enough to go drinking, and were looking for ways to entertain ourselves and our fellow students," Bracken said.

Their first event was a massive Easter egg hunt.

"People kept commenting, 'This is awesome, when is your next event?' We hadn't really intended on putting another one on, but there was a pret-

ty big level of demand," he said.

Over the years, the duo put on events that met the same kind of criteria – a favourite childhood activity that could be replicated on a massive public scale.

"The most popular event that we ever did though of course, was the pillow fight," said Bracken.

This was obvious as Kufner blew the whistle to start Saturday's event, which according to her saw about 200 to 300 people show up.

Newmindspace was born out of the public space movement, which focuses on protecting common spaces from being taken over by excessive commercialism.

"In 2005, the public space movement in Toronto was just starting...

people were really starting to care about things like billboards, signage, (and) public transit issues," said Bracken. "We sort of wanted to be a more playful aspect of the public space movement."

Susan Pereira works in the hospitality industry, and has been trying to attend the event for years.

"It was totally fun and I'm so glad I came...we did find that kids were kind of forces to be reckoned with though," she said. "I totally got annihilated by multiple children."

Pereira thinks the event is good for the city.

"People were pretty on it, like cleaning up right away. I think it's great," she said.

The idea of International Pillow Fight Day inspired Humber's lead promotions assistant Ahmed Tahir.

"A lot of time in our society...we kind of dwell on negative things, and something like this is socially fun, people get together and just have a pillow fight, which is so childish – in a good way," he said.

As of May 1, Tahir will be the Vice President of Student Life at Humber's north campus.

"I think (this) would be something that I would honestly love to bring to Humber, maybe not in that specific way...but something like that," he said.

"A lot of time we're stuck in day-to-day activities...and something like this is a release," said Tahir. "It makes life seem not so serious."

Bracken attributes the event's success to a lack of boundaries.

"I think there's a certain level of universality in a pillow fight, I also feel like it has the lowest barrier for entry. A lot of events require you to be either physically fit or to buy something in advance, but anyone can find a pillow, without fail," he said.

Many smokers unable to taste coffee bitterness

Karina Nowysz
LIFE REPORTER

Can't taste your coffee? Well, if you're a smoker, you're not alone.

It's a well-known fact that smoking has a negative impact on health but according to a recent study it may affect taste buds as well.

A new study from France led by Nelly Jacob has suggested that smokers and former smokers may not be able to taste the full flavour of coffee. The study published on March 26 found that toxic chemicals in tobacco products diminish taste bud regeneration and impair a person's ability to recognize bitter tastes.

"Smoking flattens out taste buds so they're not as effective but your sense of smell diminishes as well," said Irene Bond, a registered nurse at Humber.

In the study, researchers divided participants into groups consisting of 48 smokers and 309 non-smokers. It found that nearly 20 per cent of smokers were not able to correctly identify the bitter taste of coffee. Of the former smokers, almost 27 per cent were not able to identify the taste.

Although tobacco use can diminish

the sense of taste, it can be recovered.

Lindsay Taylor, the assistant manager of Leave the Pack Behind, a campus smoking program, said recent quitters would notice that food tastes so much better after they quit.

"The damage done to these senses is repaired with quitting," she said.

She adds it's recommended that a smoker attempting to quit reduce their caffeine consumption as well.

"Caffeine is likely to affect them more because it is now taking longer for caffeine to be metabolized and processed by the body," she said.

The link between drinking coffee and smoking cigarettes is common among smokers.

Katherine Wallace who is in charge of the Registered Nurses' Association of Ontario's (RNAO) smoking cessation program said very often somebody who smokes may also drink coffee.

"It's a way of having a break," said Wallace.

It can be part of routine, part of socializing or a way to help cope with stress, she said.

"For people who have a coffee and a cigarette it becomes an associating action," said Bond. "Coffee can



TAYLOR PARSONS

Toxic chemicals in cigarettes impair a person's ability to recognize bitter tastes.

be a trigger, it's like the hook."

Humber civil engineering student, Evan Miller knows all too well about the association. He smokes and drinks coffee regularly.

"It's a habit," said Miller. "It goes hand-in-hand."

The close association between smoking and caffeine consumption can be broken.

One of the important things with smoking cessation is that you take the first step and break that association, said Bond.

"Have the coffee indoors where you can't smoke," she said.

For more information about smoking cessation visit the Humber Health Centre, where nicotine replacement therapy is available for free.

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JANIE GINSBERG

Pink Cupcake Day falls occurred on International Day of Pink, an anti-bullying day for the LGBTQ community.

LGBTQ week at Humber a success

Janie Ginsberg
LIFE REPORTER

Rainbow posters line the hallways announcing the Humber's Gender and Sexual Diversity Committee (GSDC) is taking action.

Humber's LGBTQ+ awareness week took place last week from April 7 to 11 and included informational booths, Pink Cupcake Day, and a Pride kick-off breakfast at the Lakeshore campus.

Linda Hill is from the School of Social and Community Services and also a member of the GSDC.

"It's really student led, the booth initiatives, so there are students that are sitting on the pride planning team who are trying to get people involved in the parade to represent Humber this year," she said.

Thomas Silcox-Childs, an analyst with Humber's HR Services, has been co-chair of the GSDC for the past two years.

"The Pink Cupcake Day falls off of the International Day of Pink, which is an anti-bullying day for the LGBTQ community," he said.

Students have been doing what they can in order to be visible and present for awareness week.

"My involvement has been contributing ideas for events throughout the week, I was at the booth at Lakeshore...and was also a greeter at the breakfast," said Bram Zeidenberg, a 26-year-old business management student at Humber.

Silcox-Childs said the Friday breakfast is also a kick-off for Humber's involvement in the Pride parade this year. The School of Social and Community Services, and the Business School sponsored the breakfast.

Alex Fung-Chung, 31, a first-year culinary management student and a student member of the GSDC, said the community needs to be in the forefront to battle prejudice.

"The way that things are in the world overall, I think public view of the LGBTQ community needs to be more modernized...we need to be more visible," he said.

Misinformation and misunder-

standing are culprits of bigotry.

"I hope that at a diverse campus, at a diverse school, at both campuses, we're able to start conversations and create a more accepting, welcoming, and positive space to be who you are," said Zeidenberg.

Jordan Orford, 23, an advertising and graphic design student at Humber and a coordinator at Lakeshore for LGBTQ+ awareness week, said it's important for the college's LGBTQ students to know about the resources available to them.

"I think having a week like this will not only bring people out and bring awareness about what's going on, not only at Humber but in the world, but it will also be a place where LGBTQ students that have questions can come and ask," he said.

Silcox-Childs said the awareness week takes place in April because the student timetable doesn't coincide very well with Pride in June.

"It's important that Humber does things that are visible in the hallways and on the boards. Our quiet administrative meetings sometimes don't really go noticed to the general public," he said.

But planning the week-long event did come with challenges.

"I think it's difficult sometimes to get students out and being visible, because I think some students still do feel unsafe, and that's come out in meetings...there are a lot of closeted students," said Hill.

The GSDC sees a bright future for improving awareness at Humber.

"There are goals at different levels of the college, so for faculty, looking at queering the curriculum, being more inclusive in how curriculum is being taught in the classroom, the types of readings and authors and materials that students access as part of their course work - these are goals on the faculty side," said Hill.

Silcox-Childs stressed the importance of keeping the awareness up.

"Be an advocate, be an ally that helps make the hallways LGBTQ friendly and safer" said Silcox-Childs. "Please keep this awareness week vibe all year long."

Organic diet has no effect on cancer

Sarah MacNeil
LIFE REPORTER

Pricy organic food may not be all it's cracked up to be.

A new study published in the British Journal of Cancer on March 27 out of Oxford University revealed women who stick to an organic diet have the same chance of developing cancer compared to those who do not follow a similar regime.

The study also found a higher risk of breast cancer for those who ate organically, but a lower risk for non-Hodgkin lymphoma.

"This could be very important, but needs further research," author of the study Professor Tim Key told Et Cetera.

Researchers observed about 600,000 women throughout the course of a decade.

The study made note of the fact that organic standards vary from

country to country.

In Canada, organic means the product was grown or raised without the use of antibiotics, hormones, synthetic fertilizers or genetically modified organisms, said Abby Langer, a registered dietician in Toronto.

"Organic food still has pesticide residue," said Langer.

She said pesticide drift happens when non-organic crops are grown near the organic ones, so there may actually be a significant amount of synthetic pesticide on organic material as a result.

"Some pesticides may be carcinogenic, the question is whether people consume enough for there to be any material effect," said Key.

"Washing fruits and vegetables with water is fine. It will get off any outer pesticide residue," said Nancy Wirtz of the Prevention Team at the Canadian Cancer Society.

Langer recommends organic food

when it comes to avoiding genetically modified organisms, not pesticide.

Health Canada defines genetically modified organisms (GMOs) as foods that have been genetically manipulated or engineered. Sweet corn is a GMO, for example.

"Organic isn't better nutrition-wise and it is very expensive. If a person cannot afford organic, that is okay. Eating conventional food is not harmful," said Langer.

The Canadian Cancer Society said there is not enough evidence to prove organic food is not beneficial.

"People should not worry about this study. I wouldn't recommend against eating organic food based on this alone," said Wirtz.

Langer agreed with Wirtz and said eating organically has never been proven to prevent disease. She added that it really is a personal choice.

TO THE NINES



Kevin Hazlehurst, 23
Broadcast TV,
Humber
1ST YEAR

SHIRT: VALUE VILLAGE

JEANS: H&M

SHOES: TOPMAN

Walkability imperative for Toronto neighbourhoods

With all the talk of attempts to bring jets to Billy Bishop Airport, gridlock in the city's core, and the Downtown Relief Line subway proposal, it's easy to forget the development and infrastructure issues facing those in Toronto's suburban regions.

Areas such as Scarborough and Etobicoke have problems that deserve attention too, particularly when it comes to the walkability of neighborhoods in these out-of-the-core areas.

Indeed, while downtown Toronto grapples with overcrowding, many living in the city's outlying regions have difficulty just walking from one place to another.

Whether it be a result of cul-de-sacs, a lack of sidewalks, or simply an unattractive streetscape, there are many parts of the city that don't encourage walking.

A report from St. Michael's Hospital's Centre for Research on Inner City Health suggests car-friendly

suburban sprawl may be more than just inconvenient and discouraging for pedestrians – there could be serious health risks involved.

According to the report, "living in sprawling low-density communities marked by a heavy reliance on cars and lack of walkable destinations is related to heavier body weights, lower levels of physical activity and increased risk of certain chronic conditions."

In Peel Region, where sprawling low-density communities "have become a growing trend" in recent decades, researchers found the diabetes rate to be higher than in the rest of the province.

About 10 per cent of adults in Peel Region had diabetes in 2007, the report found, compared to the 2010 province-wide number of about 8 per cent.

While demonstrating a direct link between diabetes – or other conditions – and a region's development

may be all but impossible due to the number of factors involved, the health effects of our surroundings are worth careful consideration.

As possible solutions, the report recommends redeveloping parking lots, abandoned industrial and commercial sites, and increasing zoning density. It also advises consideration "be given to the ways in which physical barriers (such as parking lots, major highways and noise walls) and uninviting pedestrian-level aesthetics may discourage walking and bicycling in many areas of Peel."

The Et Cetera supports these recommendations and believes the City of Toronto should consider them as well. Through consultations with researchers and experts such as those behind the St. Michaels Hospital Peel Region report, the City should work towards creating a healthier built environment, with special attention paid to areas outside the downtown core.

Even relatively minor improvements, such as beautifying pedestrian spaces, can go a long way towards encouraging healthier lifestyles.

Over time, the importance of improving walkability in communities will only be exacerbated as our population ages, resulting in a growing demographic who are unable to drive. This older demographic will require safe and accessible pedestrian infrastructure – but they aren't the only ones. As the price of oil increases, driving will be a less viable option for the province's population at large, meaning more and more Ontarians will rely on public transit and their own two feet to get around.

Whatever action is taken, it's important for policy-makers, planners, and developers to remember that creating walkable environments isn't just a whim of latte-swilling elites – it's a matter of public health and, potentially, life and death.



Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Backwards compatibility a must in new consoles



Alex Coop
EDITOR IN CHIEF

Despite the push to create an all-in-one entertainment experience, Microsoft's Xbox One has left out a key element to this vision—backwards compatibility with older Xbox games.

It's been very clear for the past year that this concept was not going to be a part of Xbox's future. Last May, Don Mattrick, the former president of Microsoft's Xbox division, said backwards compatibility was "backwards thinking," and that only five per cent of players use a new system to play games from a previous generation. However, a few months later Microsoft's senior director Albert Penello stated that Xbox One could eventually offer backwards compatibility using its Azure cloud servers. I guess that five per cent of players were being pretty noisy.

The rumblings of implementing a cloud-based emulator for Xbox 360 titles resurfaced last week at Microsoft's Build developer conference. Though plans to make this concept function properly are practically non-existent, it's worth mentioning that all roads leading to this cloud-based emulator appear to deliver below average quality gaming. The problem mainly revolves around users' bandwidth capabilities and overall Internet connection—two integral aspects of the gaming industry today. The onslaught of extra downloadable content, patches, and online marketplaces are a direct result of the growing online capabilities gaming consoles have developed over the past several years. When not used to exploit the gaming community - which is unfortunately done quite often when basic additions of a game are only made available through downloadable content - consoles' online functions are spectacular, and in many ways have expanded the gaming community

with possibilities never thought possible.

As admirable as Microsoft's discussions on backwards compatibility may be, the obvious solution to this situation would have been to include this feature in the console right out of the gate. We know this technology exists, and has proven to be a wonderful addition to consoles like the Nintendo Wii, Playstation 2 and 3 - though only the early models of the PS3 actually included this feature - and the Xbox 360, which allowed for most original Xbox games to be backwards compatible. For a console that has been trying to build upon the idea of becoming an all-in-one entertainment system, how would backwards compatibility hinder this concept? It would expand it and help users avoid the task of squeezing the hulking original Xbox console into their living spaces after successfully squishing the other bulky shaped Xbox One onto their shelves

Seriously though, how did the

VCR-like shape win Microsoft's heart over? It screams everything but "next-generation."

Nevertheless, the next-generation of console gaming is upon us, and it's evident that online capabilities are going to continue to expand. No problem there, this trend was already in full force with the last generation of consoles. The problem however is this notion Microsoft and Sony - which hasn't revealed any plans for backwards compatibility on the PS4 either - have when it comes to last generation's games and their irrelevance. They are not irrelevant. The Playstation 2 has a library of nearly 4000 games, the Xbox 360 has around 1000. There is plenty to play, and if a user's old console is broken, their options to play those old games are very limited. If new models of the Xbox One and PlayStation 4 release, which will likely happen since it happened with the 360 and PS3, I doubt a single person would be upset if these machines included backwards compatibility with older games.

QUOTED: How do you feel about the Raptors making it to the playoffs?

It's great for Toronto as a city and a franchise and it's nice to finally get some respect around the league

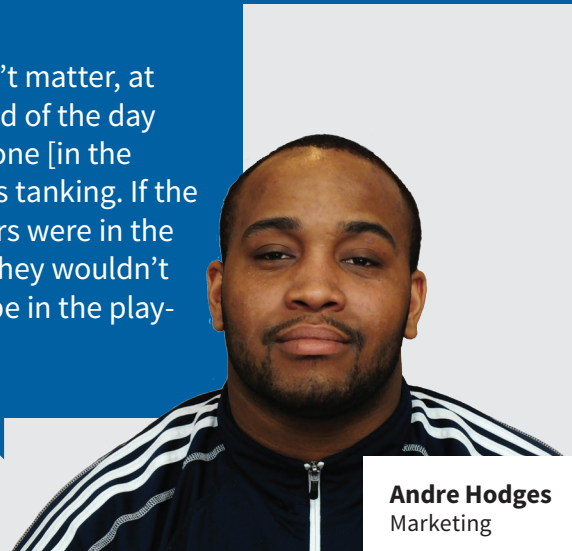


Ramone Whitley
Fitness and Health

Tania Serafino
Fitness and Health

It's really cool, not sure how long [their play-off run] will last.

Doesn't matter, at the end of the day everyone [in the east] is tanking. If the Raptors were in the west they wouldn't even be in the play-offs



Andre Hodges
Marketing

Council should give food trucks the space to keep on truckin'

Brian O'Neill
SPORTS EDITOR



A decision by Toronto City Council, will see tight restrictions on food truck operators loosened and have them roaming the streets by May 15. However, it isn't exactly a step forward.

It's a tease, more like two steps forward followed by a cruel step back. It kind of feels like it's part of a large magic trick—showing the city what could be part of its evolving culinary scene only to cover it with red tape while Toronto waits for the pay off.

Under the new restrictions, food trucks are not allowed to set up within 50m of any restaurant, essentially making the downtown core a no-go, bypassing the thousands of people working there daily, leaving their stomachs empty and wallets full.

Only two food trucks are allowed to be operational on any one block, and they can only run for three hours a day. It highly restricts possible locations in high density areas like the Financial District, by Metro Hall or the Sony Centre. The city has a cap on yearly issued permits at 125, and there are already 27 trucks operational. Good luck finding a good spot for business.

To the city's credit, they did locate 582 different spots and 58 commercial open lots that could be potential places to set up shop.

It's not that food trucks should be given carte blanche. Restrictions keep order, and major North American cities with thriving street



IMAGE COURTESY OF FLICKR USER BENSON KUA

Mr. Tasty Fries, one of the few long-standing fry trucks stationed outside of Toronto's City Hall. Food Trucks similar to Mr. Tasty Fries are battling City Council to loosen restrictions on their operations, allowing them to roam as freely as their other North American counterparts.

cuisine also have restrictions and rules that must be adhered to. That just comes with the territory.

But the city seems to be paralyzed by fear. Fear of health and safety when it comes to the handling of food, of further congesting downtown streets and sidewalks, and that food trucks will impact nearby restaurants, economically putting them on the streets the trucks occupy.

While those fears may be completely rational, the popularity and success of trucks in other

cities without having their culinary worlds come crashing down, shows food trucks aren't the devil on wheels they are thought to be.

What makes a food truck different than the fast food joint you got your burger from? While they may serve gourmet dishes, eating off a truck and eating in a restaurant are two vastly different experiences. The decision to choose one over the other is based more on personal preference and how much time someone has for lunch than anything else.

The most disappointing part is that Toronto can't seem to go all in when it comes to street food. The Toronto a la Carte program is a perfect example. In 2009 it was supposed to add variety to the tried and true hot dog vendors that litter the city streets. Every owner was required to buy a \$30,000 uniform cart, and the city had designated areas where those carts could and couldn't be set up. It was a complete failure.

Now there is a sense that Toronto wants to embrace street cuisine, but its conservative attitude won't allow

it to commit. It's like a teenager allowed to go out on a date unsupervised, but still having to check in and be home by 9:00 p.m. sharp or else.

There comes a time in everyone's life where you have to let go, take a chance and be open minded to a new opportunity. As Toronto grows as a world class, multicultural city, it needs to embrace change as part of its evolution, and it could be something as simple as food trucks.

For that, there's no magic involved.

Millennials are no different from previous younger generations

Megan Rach
A&E EDITOR



TIME Magazine's May 2013 issue featured the headline, "The Me Me Me Generation: Millennials are lazy, entitled narcissists who still live with their parents."

The argument, that the Millennial Generation is made up of little more than vapid, expectant, disrespectful kids who would rather do nothing at all than succumb to the lower-pay grades of the workforce, is growing old.

My favourite piece of writing chastising the millennial generation, "The Cheapest Generation," came from Derek Thompson and Jordan Weissmann in the September 2012 issue of *The Atlantic*. Not because it was a particularly well thought-out piece, dissecting the

apparent anomaly that happens to be my generation, but because it was more than 2100 words chastising twenty and thirty-somethings for being "too cheap." Long story short, we're less inclined to contribute to the economy. However, a particular point made by commenter Eric Garland hit the nail on the head.

"You mean the generation that paid three times as much for college to enter a job market with triple the unemployment isn't interested in purchasing the assets of the generation who just blew an enormous housing bubble and kept it from popping through quantitative easing and out-and-out federal support? Curious?"

I think the biggest issue that prior generations have with those born between 1982 and 2004 boils down to a simple fact: generational divides have and always will be a topical matter.

"Our youth now love luxury.

They have bad manners, contempt for authority; they show disrespect for their elders and love chatter in place of exercise; they no longer rise when elders enter the room; they contradict their parents, chatter before company; gobble up their food and tyrannize their teachers."

The above quote doesn't come from a recent article. It is, in fact, most commonly attributed to Socrates.

Plato, who studied under Socrates, also held contempt for the youth of their generation. According to Plato, they disobeyed authority—they would riot in the streets with wild notions and decaying morals.

No matter the era, the younger generation has always been regarded as a societal anomaly. The difference between Ancient Greece and today is we have smartphones and the Internet to contribute to our proclaimed narcissism.

The most refreshing piece of writing on the matter comes from Ted Rail's article in the *Santa Cruz Good Times*, "The Gen X/Gen Y Generation Gap."

"Every 20 years, *TIME Magazine* depicts people in their 20s as 'lazy, entitled, selfish and shallow.' This time the target is the Millennial generation... According to (cough, cough) the Boomer-run media, [Millennials] are narcissists. Whatever. Back in 1990, *TIME* was smearing Gen X as shallow, apolitical, unambitious shoe-gazers."

Rail's point is simple: Generation Y isn't as selfish, lazy and entitled as media likes to say - we're just a boring mystery.

Boomers knew what they wanted; they came so close to a revolution and gave up. Rail says this is what Generation X hates about the Boomers. But Generation Y remains "unaccountably satisfied," remaining a mystery to

Generation X.

We shouldn't have to rush to our own defence. We are a younger generation continuing to ease our way into existence and relevance while still young. Of course we don't want to buy expensive cars, and we aren't thinking of paying a mortgage on a house in suburbs. We're too busy working three jobs in an obscene job market to pay off our student debt.

But, we will grow up, contribute more heavily to the economy, and gain cultural and political influence. And in twenty some-odd years, we too will be complaining about the next generation. But in the meantime, we're the antithesis of every Baby Boomer's idea of a responsible adult.

Maybe I'll put it in terms a Boomer should understand - we're the younger generation, and we will "tune in, turn on, and drop out" until it's time for the next generation to do so.

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HOROSCOPES by BRIAN O'NEILL



JAN. 20 - FEB. 19
This week you will muster up the courage to talk to yourself. You won't because you know you're really shy.



FEB. 20 - MAR. 20
Go to a Blue Jays game, catch a foul ball and refuse to give it to a kid. You'll be booed, but it's time someone taught kids a lesson.



MAR. 21 - APR. 20
BEAR DOWN FOR FINALS. (SIX SEASONS AND A MOVIE!)



APR. 21 - MAY 20
This week's reminder: Jeopardy! Kid's Week does nothing for anyone's self-confidence.



MAY 21 - JUN. 20
Thanks to inflation, to put in your two cents will now cost you a dime.



JUN. 21 - JUL. 22
This week you will realize you learned nothing after having studied both psychology and reverse psychology.



JUL. 23 - AUG. 22
After watching The Raid 2: Berandal this week, you will never be able to watch another action movie quite the same again.



AUG. 23 - SEPT. 21
In an effort to relive nostalgia you will pay four digits for a McDonald's pizza, but only have it in your system for 20 minutes.



SEPT. 22 - OCT. 22
You will be upset when you realize it's 2014 and you still don't know who let the dogs out.



OCT. 23 - NOV. 21
You will watch old Ultimate Warrior WWF interviews to remember him, and be comforted by still not knowing what he was talking about.

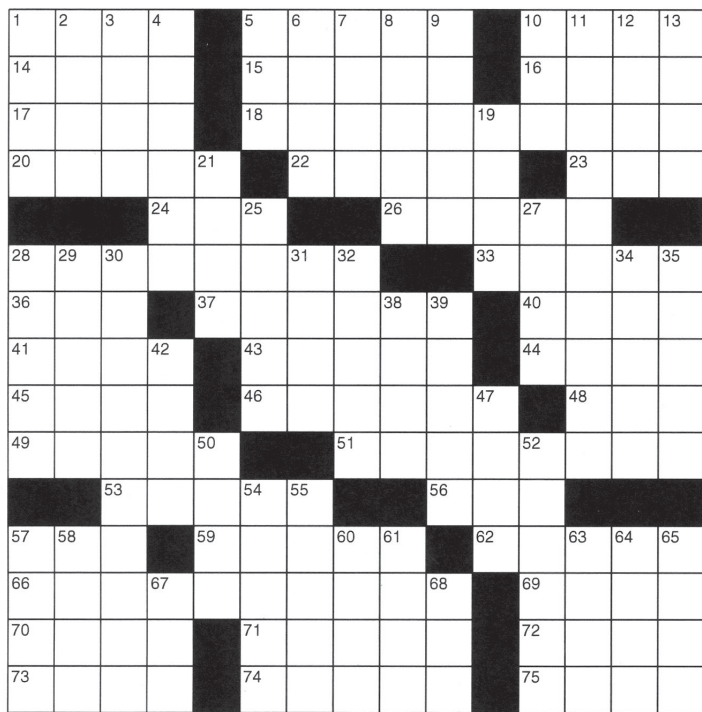


NOV. 22 - DEC. 20
While at the theatres you will read the novel Divergent instead of watching the movie. When asked why, you will say because the book is better.



DEC. 21 - JAN. 19
After getting excited and very hungry, you will be extremely angry when you find out Jerkfest isn't what you thought it was.

CROSSWORD BY BOATLOADPUZZLES.COM



ACROSS

- 1. Fizzy drink
- 5. Startle
- 10. Has brunch
- 14. Door handle
- 15. Inspect ledgers
- 16. Diva's solo
- 17. Misfortunes
- 18. Exposing to the elements
- 20. Hosiery material
- 22. Blur
- 23. Ocean
- 24. Fisherman's pole
- 26. Nose
- 28. Uncivilized
- 33. Nasal sound
- 36. GI's hangout
- 37. Pester
- 40. Froster
- 41. Glamorous ____ Hayworth
- 43. Winter coat
- 44. Lumber source

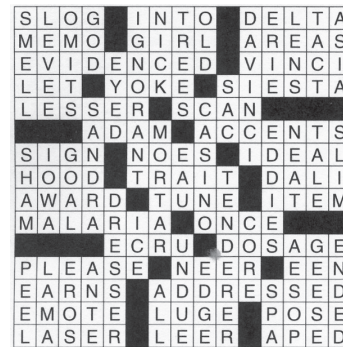
- 45. Racetrack fence
- 46. Diesel ____
- 48. Donkey
- 49. Start
- 51. Performs surgery
- 53. Wound remainders
- 56. Snitch
- 57. Wind dir.
- 59. Fibbers
- 62. Penn and Connery
- 66. Liike a downpour
- 69. African lily
- 70. Toledo's lake
- 71. Burn slightly
- 72. Store away
- 73. Cry
- 74. Stopped
- 75. Long periods

DOWN

- 1. Rind
- 2. Exclusively

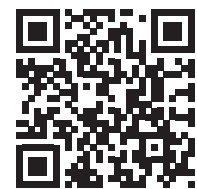
- 3. Ken, e.g.
- 4. Soak up
- 5. Cut wood
- 6. Pool sticks
- 7. Eve's partner
- 8. Ceremonies
- 9. Patriot ____ Allen
- 10. Jug handle
- 11. Member of the nobility
- 12. Fork prong
- 13. Heroic narrative
- 19. Greek god
- 21. Ark skipper
- 25. Curtain
- 27. Platoon
- 28. Pack animal
- 29. Japanese, e.g.
- 30. Cooking device
- 31. Mideast nation
- 32. Freight
- 34. ____ Witherspoon of "Legally Blonde"
- 35. Lock of hair
- 38. Omit
- 39. More rational
- 42. A Baldwin
- 47. Distinct times
- 50. Saga
- 52. Sergeant's command (2 wds.)
- 54. Wash lightly
- 55. Glossy fabric
- 57. Fret
- 58. Angry
- 60. Fruit peel
- 61. Wise
- 63. Choir member
- 64. Midday
- 65. Stitches
- 67. Congressman (abbr.)
- 68. Conducted

LAST WEEK'S ANSWERS



7	5	1	6	8	9	3	2	4
9	2	3	4	5	7	8	6	1
4	8	6	3	1	2	7	5	9
8	6	9	1	7	5	4	3	2
2	3	7	8	6	4	1	9	5
1	4	5	2	9	3	6	7	8
6	7	2	5	4	8	9	1	3
3	9	8	7	2	1	5	4	6
5	1	4	9	3	6	2	8	7

Find the answers to this week's puzzles in the next issue or visit humberetc.com/games or scan the QR code!



SUDOKU BY SUDOKU.NAME

	6			8		1		
	5		9					2
7				1			6	5
	9		4	5		3		
		1			8	5		
		6		2			9	
9	8			7				1
6					2		5	
		5		3			8	



ARI SALAS

Thalia Hanniman (far right), Taylor Hutchinson (second from right) and Alley Newman (third from right) look to step up to leadership roles in Nyhof's absence.

Hawks look to future without star Kelly Nyhof

PJ Valois
SPORTS REPORTER

The Humber women's volleyball team is looking to push forward next year with the absence of graduating juggernaut Kelly Nyhof.

"Kelly is obviously leaving a big hole," said assistant

coach Dean Wylie, who has been involved in actively recruiting new middles to fill Nyhof's position.

"Kelly brought us a huge boat load of offence," he said, pointing to setting and passing as areas to improve. "We just need to be more dynamic with our offence now."

The team still has a good leadership core with veterans Deborah Mitchell, Thalia Hanniman and Alley Newman, said Wylie.

Another player looking to move into a leadership role is third year outside hitter Taylor Hutchinson.

"It's going to take a lot of

our older players, including myself, to step up and to lead by example," said Hutchinson, who said she believes the team has a lot more left to continue its winning ways.

"I feel like we're all headed in the right direction, we all had a team talk and we know what we want to work on, we know

our goals we want to achieve," she said, speaking of the elusive national championship that has slipped through the Hawks' fingers in recent years.

The team is built on a solid foundation focused on the basics and building its way up through the year, said Nyhof, who trusts the veterans of the

“It’s going to take a lot of our older players, including myself, to step up and lead by example.”

Taylor Hutchinson
THIRD YEAR OUTSIDE HITTER

team to step up in her absence. "Our team has always been set up to succeed right from the beginning," said Nyhof.

She said her time at Humber taught her leadership, patience and the importance of creating a balance in her life.

Nyhof is heading to Winnipeg in mid-May to train full time with the national team through the summer before looking for a contract to play overseas, she said.

"I do want to go and play pro at some point, but I'm unsure of when that will be for now," said Nyhof, who was recently named the overall OCAA athlete of the year.

Wylie said the sky is the limit for Nyhof's future.

"I can't see Kelly not playing pro if she wants to," he said.

As her time at Humber closes, Nyhof said she will miss the people the most.

"They're my second family," Nyhof said. "My coaches, my teammates, others in athletics, everyone who has made my experience here so great. I will miss them all so much."

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Become a Hawk for the summer

Eight-week inaugural Junior Hawks Summer Camps gets youth active while expanding the Humber brand

Jeff Sehl
SPORTS REPORTER

A new program from Humber Athletics lets Toronto youth be Hawks for the summer.

Junior Hawks Summer Camps are a new addition to Humber Athletics and will allow children ages six to 14 to stay active and enjoy a wide array of sports throughout the summer months.

Camps will take place at the Humber Community Gym at the Lake-

shore Campus for eight weeks, from July 7 to Aug. 29, for \$150 per week.

The goal of the camps is to give young Torontonians an outlet to explore some new sports and get exercise while exposing youth to the Humber Hawk brand, said camp coordinator Matt Ferreira.

"The whole purpose is to expand our reach and our brand, but at the same time, provide opportunities for kids to come in and enjoy sport, build friendships and maybe catch on to a sport that they didn't know

they had an interest in," he said.

Ferreira said the camps allow the Hawk brand to be introduced to young athletes long before they have to consider choosing a college.

"Then maybe you'll get these kids at age 17 and 18 that want to look at Humber as a viable option (for their education and athletics) because they came to our camps when they were 12," he said.

Although Humber will financially benefit from the camps and possibly through future recruitment, these camps will also benefit parents looking to keep their kids healthy and active during the summer.

Physical activity is essential for

the growth and development of children, said Crystal Pole-Langdon, a program support officer for Humber's fitness and health promotion program.

"Camps are absolutely great to get kids outside playing and meeting new people," she said. "Daily physical activity helps children improve their health and fitness, perform better in school, maintain a healthy body weight, improve their self-confidence and mood, as well as learn new skills."

The camps will also benefit Humber by providing its varsity athletes with summer job opportunities as camp counselors and a chance to be-

come role models to young athletes.

Humber offering its athletes summer jobs is a good thing, said Tyrone Dickson, a second year power forward with the Hawks men's basketball team.

"It keeps them involved and it also keeps them in shape and gets them involved with young kids and the community," he said. "It's a good idea also because kids, as they're growing up, look up to varsity athletes."

"It's something I'd be interested in getting involved in," Dickson said.

To register your young athlete to be a Hawk for the summer, visit www.athletics.humber.ca/varsity/camps-and-clinics-2.

Hawks find balance between work, play

Mark Waldon is one of more than 200 Hawks who work for Humber athletics

Christina Succi
SPORTS REPORTER

For some varsity athletes, being an athlete means more than just competing. It means being part of a community.

That community extends beyond the court to employment. Humber Athletics employs more than 200 students and a number of those are varsity athletes.

Students perform a variety of jobs around campus such as administrative work and as part of the team that runs varsity home games.

Teresa Arnini, the High Performance Centre coordinator, has seen how this employment opportunity has benefited Humber's varsity teams.

Arnini has been with Humber for 14 years working with varsity athletes, training them over the summer or working alongside them at the Athletic Centre.

"The reason we have them here other than to assist them financially, is that they are made constantly available to us so we know they are staying on top of their training program," Arnini said.

"We are able to make sure they are able to say conditioned as well as assisting them to have some income for their expenses such as rent."

Arnini said she believes that the employment program has something to do with this Humber's continued varsity success.

"We can keep more control in getting them to perform and having them commit to their training, especially throughout the summer,"



CHRISTINA SUCCI

Third year outside hitter and part-time athletic staff Mark Waldon said Athletics worked around his schedule, allowing him to find a balance between academics, sports, work and his personal life.

said Arnini.

"For most of the sports they have a very long off season, so say if they finish in April, they won't start again until September. That's five months that we can get them in the best shape we possibly can, so having them on the premise here makes it that much easier for us to be training them," she said.

Arnini said the employment program is a way for Humber to give

back to the student athletes who juggle outside responsibilities and academics to play for the Hawks.

"They get the flexibility that they need in the sense that we work with their schedule, so it also works to the benefit of both the athlete and the college," Arnini said. "We make sure we're doing what they're supposed to be doing from a varsity athlete aspect, and in return they provide those championship ban-

ners you see on the wall."

Ray Chateau, director of athletics and recreation at Humber, agrees that the program is beneficial because it works to accommodate a student's busy schedule better than an outside job might.

"It's a good opportunity for varsity athletes to get some on the job work experience," Chateau said.

"It's very difficult for them to work outside of athletics when

I definitely wouldn't be able to afford living on campus if it wasn't for this job.

Mark Waldon
PART-TIME ATHLETICS STAFF
VOLLEYBALL OUTSIDE HITTER

their schedule is always in a flux, so this is an on-campus opportunity where we can work with the athletes around their schedule."

Mark Waldon, who's worked as part-time athletic staff since September 2011, and is also a member of the men's volleyball team, said Humber made it easy for him to find a balance between school, work and volleyball. The financial perks also helped.

"I definitely wouldn't be able to afford living on campus if it wasn't for this job. It's been really convenient and they work out the schedule around your classes so it balances out everything for you," Waldon said.

Waldon expresses gratitude for not only the flexibility of the job, but also for providing him a unique opportunity to bond with coaches and trainers off the court.

"You are always able to discuss training with them, either in your workouts or even at work," said Waldon. "Your coaches and bosses see you on a daily basis, and it gives them a unique opportunity to get to know you and help keep you on track with everything."

Chateau said the goal of the program is to provide players and students with an extra support system.

"It's all a big part in the bonding with the other members of our student staff as well who aren't varsity players," Chateau said. "It makes a great Hawk family. Everyone is working together."

"We all feel really honoured to wear the H during games, and we appreciate everything the staff here and coaches do for us, whether it's at work or on the court," said Waldon.

"We're really treated well and it helps for you to come to work, or to come to school with a smile."

Wong to play in University Games

Badminton star to represent Canada in international tourney

Ari Salas
SPORTS REPORTER

Women's badminton star Tracy Wong will represent Humber College and Canada at the FISU World University Games for the second time.

In 2012 she was chosen to fly to South Korea where she placed second in singles and third in mixed doubles.

The FISU World University Games include both individual and team components.

She said she was shocked but excited when she got the news she made the team after a disappointing end to this season at Nationals where she came home with a silver medal in mixed doubles. There were no signs she would make the squad of six men and six women headed to Spain this July she added.

"To be honest I haven't been training. The plan before was to take summer school but I'll probably skip that and train instead," said Tracy.

Teammate Ryan Chow said although Tracy doesn't train as much as she used to, she still has top-tier skill. He said the World University competition is always tough.

"Badminton in Canada is not as prevalent as it is in Asian countries, namely China, South Korea and Indonesia. But I believe that if she plays her best game, she has a very good chance to make it to the quarter finals and beyond," said Chow.



ARI SALAS

Tracy Wong will represent Canada for the second time at the FISU World University Games this summer in Spain.

Tracy said she will train with her long time coach, brother and Humber grad, Raymond Wong.

"Through the entire process he has been there to help me, play with me and train me. He's seen me progress from day one so he knows my style and my strengths and weaknesses," said Tracy.

Raymond said Tracy will

train with him and Humber's varsity badminton team.

"We're just focusing on gameplay, strategy and the mental part for high level tournaments," said Raymond. "Mostly it's mental: to not be nervous, to control her emotions and to try to experience the high level tournament first hand."

For Raymond, the experi-

ence of playing at such a high level is the most valuable part of the selection. He said he wants her to try her best, get valuable experience and use that when she plays her last season at Humber next year.

Tracy said after her Humber badminton career ends she will focus on a professional career outside of badminton. She said it's difficult

to commit fully to badminton with the absence of adequate government funding.

"I want to compete some more but go on to work towards a career. Obviously badminton will always be there," she said.

Tracy said she has never been to Europe and is excited to experience the culture. She said she expects that, like Ko-

rea, the trip will be dominated by time spent on the court.

"In Korea every single day we were playing in the morning and the afternoon for an entire week," she said. "So we don't get to go anywhere except to play badminton."

"It was actually really fun but the last day we got to actually experience what the country's about," Tracy said.

Residence gym nights hope to improve low attendance

Gym nights allow students in residence to meet and compete in a relaxed environment

Ari Salas
SPORTS REPORTER

By students, for students: residence gym nights offer an opportunity to meet, compete and get active without the overwhelming pressure of a packed court.

Open gym nights held exclusively for students in residence are held every Sunday from 8 to 11 p.m. Residence night coordinator Ashley Cosgrove said students can choose the sport they want to play. Cosgrove organizes the

weekly events, which usually are dominated by floor hockey, basketball and dodgeball.

She said her goals are to provide exclusive gym access to students in residence and to encourage them to be more active.

"It's also to get them to get to know who they're living with. When I was in residence I didn't know anybody. I came to res night and that's where I met some of the people that I'm still friends with now," Cosgrove said.

Recreation coordinator

Jennifer Maclam reiterates Cosgrove's goals and sentiments. She said the best part of the program is getting students to the gym for the first time and into a non-intimidating environment, in addition to meeting one another and simply staying active.

"A lot of times people in residence don't even usually leave their rooms," Maclam said.

Maclam said once students have made the first step through the residence nights they are more apt to join other sports or see a varsity game.

"It's an opportunity to see athletics without waiting for machines or without the pressure of jumping into a



We consistently get 30 people and on the biggest nights get 60 or 70. That's still a super small percentage of the residences.

Jennifer Maclam
RECREATION COORDINATOR

league," said Maclam.

Kevin Shea attended every week after a friend told him about it his second week in residence. He said residence nights are structured enough that the competition was always there, but relaxed enough to allow a good time.

"My favourite parts of res nights was getting to embrace my competitive nature while building relationships with

new friends," said Shea.

Weekly gym nights have ended for the year and are set to restart in September. Maclam said that often the people who come and play are the same groups of friends. She said although attendance has consistently risen over the past eight years, they are always looking for more participants.

"We consistently get 30 people and on the biggest nights get 60 or 70. That's still a super small percentage of the residences," she said.

Maclam said one way to increase participation is to get residence assistants to take on organizational roles. She said when an RA is involved in athletics their entire floor is more involved.

Cosgrove said promotion of the event is good but students are still unclear about what residence nights are about.

"I think they're told about it but they don't know it's strictly for them. We have to explain that it's just for residence," said Cosgrove.

She said that if more people were involved there could be more tournaments held, more prizes given out and an expansion beyond the current weekly floor hockey and basketball games.

Maclam said that programming for next year is already underway. She said the programming is for the students so any ideas should be brought forward.

Shea said that in the end, res night is what you make of it.

"It isn't as much about winning as it is having fun, and if I'm not having fun I drag down those around me," he said. "If you go in feeling you're going to have a good time, you'll have a blast."