

HUMBER ET CETERA



Gearing up for war?
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www.etcetera.humberc.on.ca -- Humber College's Newspaper -- October 4, 2001 -- Vol. 30 No. 4

Lakeshore student charged following pellet gun incident

By ALEK GAZDIC
Et Cetera Staff

A Humber College student has been charged with possession of a dangerous weapon after bringing a pellet gun to the Lakeshore campus Sept. 14.

The student, whose name could not be revealed, was arrested along with three others after students inside the Theatre Arts building reported seeing a man waving around a pistol in the parking lot and using it in a threatening manner toward other students.

Paul Court, co-ordinator of Theatre Production at Lakeshore, was the first person students told of the incident. He called security and police.

"The students were frightened," he said.

Under the Criminal Code of Canada, anything that looks like a weapon is treated as a weapon.

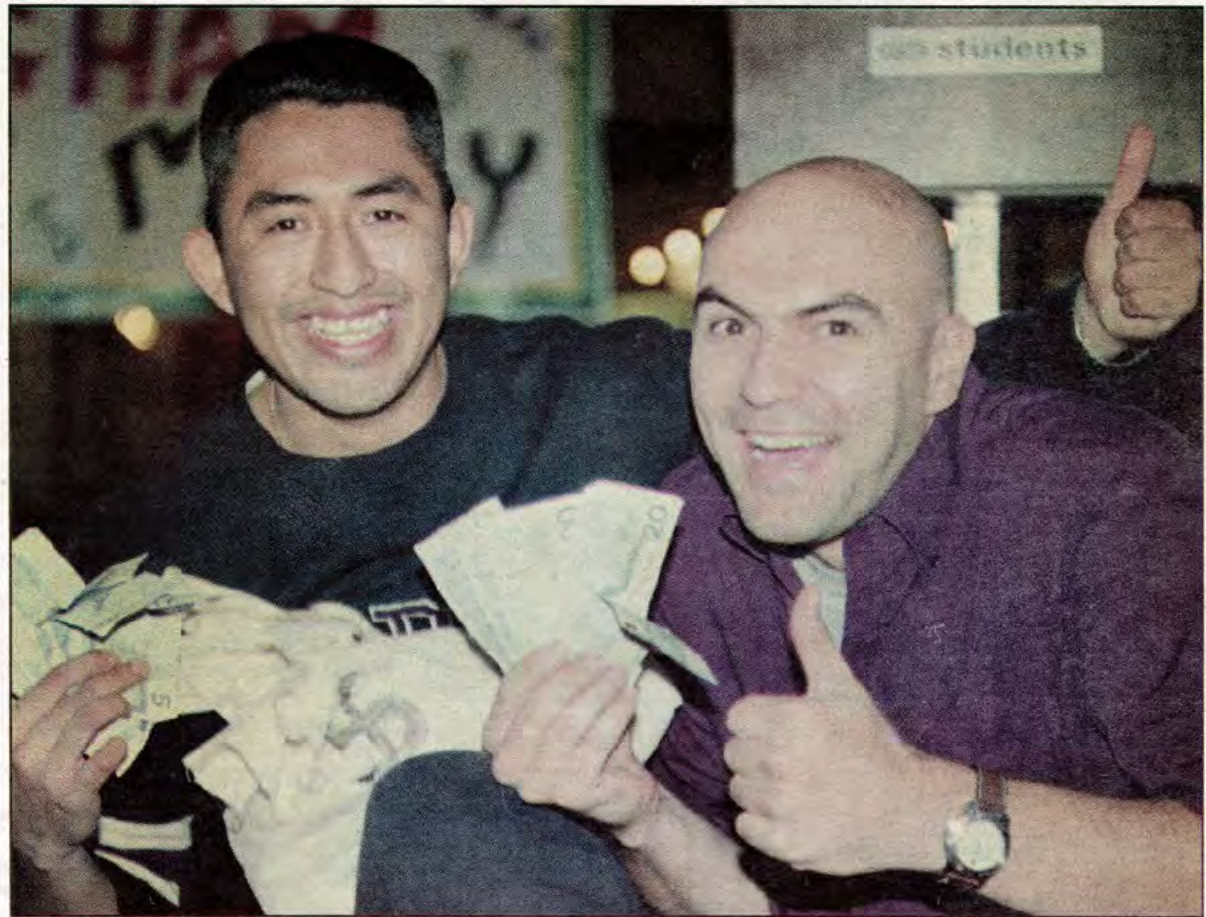
Ian Smith, principal at the Lakeshore campus, said the students were fooling around with the gun, but their actions were unacceptable.

"In today's society, to have any kind of weapon like that is absolutely inappropriate," he said.

Smith added that disciplinary action has been taken against the students involved, ranging from suspensions to debarment from the college.

All students arrested were Lakeshore students. Gary Jeynes, head of security at Humber, said this is the first incident like this at the college.

"If anything like this ever happens, students should first contact campus security, who will call the police if necessary," he said.



Joel Hoidas

Cash grab! HSF Prez John Pulla and comedic financial advisor James Cunningham, see *Funny Money*, page 12

New stats reflect changes

By CHERYL CLARKE
Et Cetera Staff

As a testament to Humber College's dedication to graduate and student satisfaction, three programs have turned mediocre provincial survey statistics around.

The most recent results of the Key Performance Indicators (KPI) show drastic improvement in graduate satisfaction in the Radio Certificate program, Fashion Arts and the Hospitality, Recreation and Tourism (HRT) program, as well as a number of technology courses.

Survey results from the KPI are a means for the college, as well as the provincial government, to gauge student and employer satisfaction with specific college programs.

In a story in last week's *Et Cetera*, outdated KPI results were published. Those statistics came from the college's Web site.

In fact, graduate satisfaction with the Radio Post Graduate Certificate program now stands at 71.4 per cent, says Peter Dietsche, director of institutional research.

According to Dietsche, Humber's Fashion Arts program scored 69.2 per

cent in grad satisfaction; Electro Mechanical Engineering Technology, 100 per cent; Hospitality, Recreation and Tourism, 85 per cent; Civil Engineering Technology, 92.3 per cent; and Safety Engineering Technology, 80 per cent.

Radio Broadcast Certificate program Co-ordinator Joe Andrews said it's important that programs change according to students' needs.

"If programs are not adjusting or modifying to students needs, get rid of them," he said.

Andrews has spent a lot of time and effort to make changes to improve his program's KPI results.

Improvements included greater access to Radio Certificate professors in the summer months, curriculum changes and effective internship co-ordination, he said.

Former radio certificate student Don Davidson said he's very happy with the internship Humber College has arranged for him with CHUM FM. He said the best thing about his co-op is the practical, program-related experience he is receiving.

"I will be doing what every other reporter there does, getting stories ready for the three o'clock to five o'clock newscast," Davidson said.

He was recently hired by Magic 106 as its weekend morning news announcer. He said he feels prepared for his new position because of the practical work experience he received while working on a Humber radio magazine show called the VOX.

"Pulling stories together and having them go to air for the VOX was a great experience. I covered all of Toronto's summer events. I got a lot of interviews under my belt, including Mayor Mel Lastman and Mike Bullard."

A similar focus on internships helped increase the graduate satisfaction results in Fashion Arts.

Fashion Arts program Co-ordinator Maria Bystrin said students are encouraged to diversify their co-ops.

"Our program has a field placement component for three semesters. That gives students the opportunity to try three different jobs in three different fields. It helps them learn where their strengths are and what they want to do," Bystrin said.

As well, she said this helps students learn how to prepare resumes, develop work skills and make contacts in the field.

See *Thumbs* on page 2

Cruise with a view: travelling in the buff rises in popularity

By JASON PARADISO
Et Cetera Staff

If you dress to impress, then undress to relieve stress while cruising the Caribbean seas.

The nude cruise industry has grown considerably. In 1991 Bare Necessities offered a 36-person dive boat for people interested in vacationing in the nude. By 1999, they offered four major cruise ships, the largest of which holds 1,180 people and sets sail every February.

Bare Necessities has been in business for the last ten years and is the only clothing-free cruise line to offer cruises on major lines such as Commodore, Dolphin, Star Clippers, Conard, Windsong and Carnival.

"The only thing changed is the dress code," said Nancy Tiemann, owner of Bare Necessities. "The behaviour is the same as you'd find on a normal cruise."

A nude cruise offers activities like swimming and sun tanning, Vegas-style shows as well as discos and nightclubs.

"Any kind of cruise is a great vacation. It's one stop shopping and you get to visit different ports every day. There's always something different going on," said Amanda Poston of Bare Necessities.

Bare Necessities offers Caribbean, Mediterranean and Continental European cruises.

"We don't limit the ports we visit to nude recreation," Poston said. "We also stop at places that are historic or particularly beautiful."

The chosen ports all depend on the itinerary of each individual cruise.

"We try to spread them out because we have some passengers that go on all of the cruises we offer every year," Poston said.

Nude recreation is becoming increasingly popular.

See *Nude* on page 5



Candi Jeronimo

Chinese delegates met Ningbo exchange students at Humber last week

Chinese delegates critique Ningbo exchange program

By CANDI JERONIMO
Et Cetera Staff

Delegates from Ningbo University in China visited Humber last week to check up on their international students and were "quite impressed" said Frank Franklin, a chair of the International office who organized their visit.

Five members of Ningbo's administration, a university located a half-hour plane ride from Shanghai, came for a week-long trip to see Humber's facilities, speak to some of the students involved in the exchange program and to offer advice to Humber on how to make the program even better.

"They felt it was quite worthwhile coming over here," Franklin said.

They met with seven of the 66 International Business students from Ningbo to see how they've liked the program so far and if it's well suited to their needs.

The integration of Chinese students within the Humber environment was one of the few concerns the delegates had. Their trip included a meeting with the deans of both the Business and Information Technology

(IT) schools, a tour of the school, meetings with students and several open discussions about policies and program development.

"[Humber should] let Ningbo students choose different courses and mix with other students to give them the feel of studying abroad," said



Candi Jeronimo

Some of the 66 Ningbo students

Rugang Lu, director of Foreign Affairs at Ningbo.

Ningbo students study English and Business in China for two years prior to attending Humber. After being accepted into the last leg of the program, they travel over 15 hours by plane to spend their last two semesters earning the rest of their degree at

Humber.

The program has been offered for six years at Ningbo and the number of students enrolled has grown. Next year, 25 students from Ningbo will be coming to further their education in the field of IT.

Franklin said that integrating Ningbo students into the regular Business stream would be difficult, because Humber's fifth semester would be the first for arriving Ningbo students.

Instead, the exchange students study only with their fellow Ningbo classmates throughout the year.

The group does feel isolated from the rest of school, but Franklin acknowledges a possibility of change. He is confident that Ningbo will continue to lend their support to the project.

"We've built a partnership and out of the partnership has grown a friendship. It's a very strong academic program," Franklin said.

"The graduates of these programs, when they return to China have a real advantage. They've studied business in China and in Canada. They've been able to improve their English skills, [and] lived in a different culture," he said.

Thumbs up from Humber graduates

continued from page 1

Bystrin said the program's strong night school courses and seminars also contribute to its success.

Melissa McLean is a Fashion Arts graduate and now a part-time teacher at Humber. She has her own jewelry line called Pixie Potion. It's carried in many boutiques and will soon be launched at the Bay.

McLean said she wouldn't have been able to create the line if it wasn't for her Humber education.

"I would never have been able to do it without [Humber] classes and my co-ops," she said.

Richard Hook, vice-president of academics, said changes were made to improve manufacturing and technology courses as well. Those changes included updating labs and improving student access to current industry lab resources.

Andrews criticized the Humber College Web site for its dated KPI statistics, which he said paint an inaccurate picture of programs that have made healthy strides.

"I am upset," he said. "It doesn't reflect the dedication, not only from myself, but also the faculty. [The KPI stats] should be as current as possible because we are being scrutinized," he added.

According to Michelle Newton, project co-ordinator for marketing and communications, additional staff has been hired to update KPI results on the Internet.

Ontario's ailing public transit will finally get cash injection

By PAUL CARLUCCI
Et Cetera Staff

The Ontario government announced a \$9 billion investment plan for troubled transit systems across the province last week.

The money, which will be equally funded by the province, Ottawa and the municipalities, spells relief for the troubled TTC, which has been campaigning for much needed funding to maintain its current level of service.

The TTC needs \$1.8 billion to replace equipment, including buses, streetcars and subway cars. Without the money, its ridership will suffer reduced services and decaying equipment, said Marilyn Bolton, spokesperson for the TTC.

When Toronto passed its 2001 budget, the strapped transit commission was still short of funds.

"What we expect to get out of [the deal] is \$1.1 billion," Bolton said. "What we need is \$1.8 billion."

However, the remaining money will be there come next year, according to TTC chair and city councillor Brian Ashton.

He said the city of Toronto has found its purse a little heavier since the Tories took back control of GO Transit after having left it to the GTA

since 1998. The extra money will go to the TTC along with other reallocated funds.

The money will even allow for a small amount of growth, according to Bolton.

The transit plan, dubbed Smart Growth, will bring relief after downloaded payments saw municipalities left with huge financial burdens, reduced service, gridlock and congested streets and highways.

"The smell finally got up the Tories' nose," Ashton said. "The province recognized transit cannot be funded alone by municipalities. It's a huge U-turn for the province of Ontario."

Alexandria Gillespie, the communications advisor from the Ministry of Municipal Affairs said there certainly is a change in responsibility.

However, she said, the province has been funding provincial transportation since 1995. She said that \$3.2 billion has been spent since then, and the Smart Growth plan, which will span 10 years, simply reaffirms provincial dedication to smooth transit.

"By investing in transit, we're helping people spend less time stuck in traffic and more time where it really counts - at home with their families," said Premier Mike Harris.



Paul Carl

With increased funding, TTC riders will hopefully see improved service.

Humber, police agree to disagree on traffic enforcement near school

By DIANE DENBY
Et Cetera Staff

Sgt. John Robb of 23 Division traffic services feels Humber College should be doing more to help police control speeding in front of the North campus.

Robb said police had full co-operation to use school property to restrict speeding on Humber College Boulevard up until a few years ago, but students said police were harassing them and traffic officers were no longer allowed to use the College's property.

"A lack of co-operation from the college prevents us from monitoring the area as well as we'd liked," Robb said. "Since then we've made no attempt to use school property. We've set up on public property in the area."

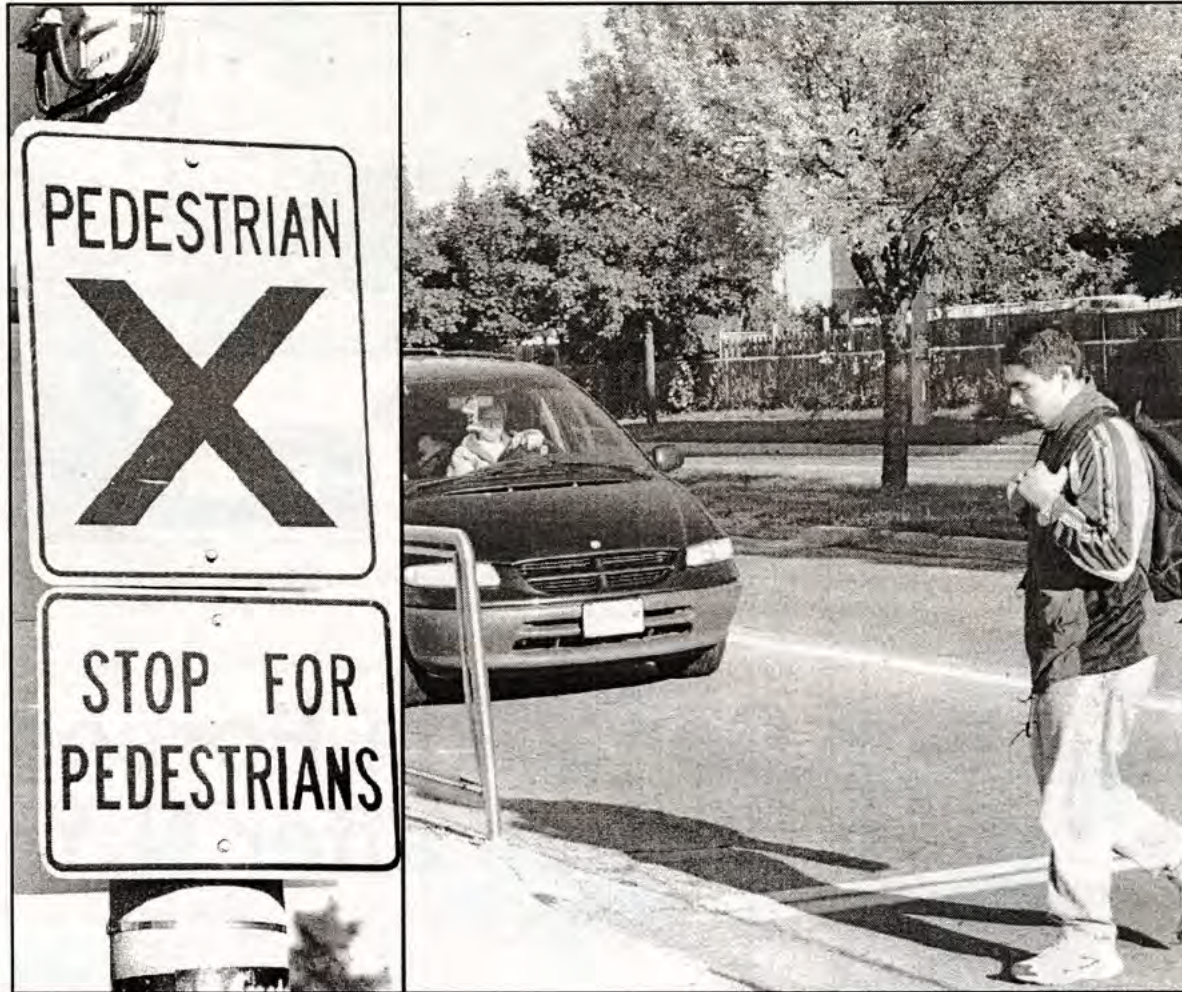
Robb said Humber President Robert Gordon "would park on the road in front of the laser and the officers would have to threaten to tow his car out of there because he was trying to disrupt our activities."

Robb said the school should be encouraging the police to monitor the area and advertise the potential dangers around the school. He said he has ticketed drivers going as fast as 135 km/h in the 40 km/h school zone.

President Gordon said he never ordered police off the property. He admitted to parking in front of the police, but he said he just wanted to talk to them.

"I could see they were ticketing student after student," Gordon said. "It's easy to go above the speed limit there. It's only a 40 [km/h] zone. Students can't afford tickets. It wasn't fair to them."

Gordon said that when confronting police a few years ago, they said they could do whatever they



Diane Denby

Speeding cars make some Humber College students feel unsafe using the crosswalk to Humber College

wanted wherever they wanted.

Gordon said he accepted their response and left.

Gary Jaynes, director of Public Safety, believes that the incident was just a "big misunderstanding."

"We have great co-operation with 23 Division. We'd never order them off the property."

Jaynes said monitoring speeding in the area is not a Humber College issue and that their department has

no obligation to make the walkway safe; however, the college would co-operate fully to reduce the risks of potential injury occurring in the area.

"The process is simple - students must adhere to the speed limit. Driving is not a right, it's a privilege," Jaynes said.

Sharleen Kuhn, a first-year Advertising and Media Sales student, said she is well aware of the speeding problems on Humber College

Boulevard, but she doesn't blame the drivers entirely.

"I see the lights [on the crosswalk] going more times when there are no people walking, compared to when there are people walking. I'll be the fifteenth person to get off the bus and the first one to press the [crosswalk] button," she said. "It's confusing for drivers, especially with a bus stop there. I don't feel safe walking on the walkway at all."

Correction

In the Sept. 20 edition of the Humber Et Cetera, a reporter's byline was accidentally left out of a story. The article, "Assault near Residence" was written by Tamara Stanley and Phill Feltham.

In the Sept. 27 edition of the Humber Et Cetera, incorrect information appeared in the article titled, "Survey results cause program changes".

The newest Key Performance Indicators show that Humber's Radio Broadcast Certificate program has a graduate satisfaction rate of 71.4 per cent. The Fashion Arts program achieved 69.2 per cent grad satisfaction; Electro Mechanical Engineering Technology, 100 per cent; Hospitality, Recreation and Tourism, 85 per cent; Civil Engineering Technology, 92.3 per cent; and Safety Engineering Technology, 80 per cent.

The Et Cetera regrets these errors, any inconvenience they may have caused.

Four suspects charged in Humber's car theft case

By CANDI JERONIMO
Et Cetera Staff

Four youths were charged last week in connection with three car thefts from Humber parking lots this semester.

The four Etobicoke high school students, who can't be named under the Young Offender's Act, are being held in custody in connection with a total of six car thefts in North Etobicoke.

"Basically [the cars] were taken for joyrides. Any place they needed a ride from, they took a car," said Det. Const. Don Heughan of 23 Division.

"They took a car to go to school, they took a car home," he said.

In most cases the cars were picked up at the side of the road by police with no gas and later returned to the owners.

A screwdriver was used to get into the cars, which were all '92-'95 Chryslers, police said.

Humber College's public safety department worked closely with Toronto Police services and a private investigation firm to locate the

individuals responsible.

In total, seven cars have been stolen from Humber in September of this year.

No arrests have been made in connection with the other four stolen vehicles.



Kim Sinclair

All the cars allegedly stolen by the youths were '92-'95 model Chryslers

Elderly victim struck by car

Man, 61, left badly injured by hit-and-run

By ANTHONY ESPOSITO
Et Cetera Staff

Peel Regional Police are still investigating a hit-and-run accident that almost took the life of Mississauga resident James Smith.

According to police, Smith, 61, was walking home from a friend's 80th birthday party at about 2:20 a.m. when he was struck by a car that was travelling eastbound on Brandon Gate Drive in Mississauga, near the intersection of Finch Avenue and Darcel Avenue, west of Humber's North campus.

According to Const. Greg Chellew, Smith was taken to St. Michael's Hospital and is in critical condition with severe head, leg and chest injuries as of press time.

Police said they are still puzzled as to the suspect's identity, and although they have no leads yet, Const. Jeff Lavigne said he knows what they are looking for.

"We can't give any information about the vehicle other than it will have front-end damage and extensive windshield damage," Lavigne said.

Police are unable to comment any further as they are still investigating.

Smith was struck directly outside the residence of Copeland and Doreen Malcolm.

The two were about to go to bed when they heard a loud noise outside.

"I heard a bang and I immediately thought that someone had driven into our van," Copeland said.

"I looked through the bedroom window and saw that the van was fine, then I looked out onto the road and saw someone lying on the ground."

Frightened and nervous, the couple called 911 right away to report the incident.

"I didn't sleep at all last [Monday] night," Doreen said.

"I was nervous and scared. I have never come across something like this before."

Police are investigating a variety of factors, including speed, which may have been involved in the accident.

Anyone with information should call Crime Stoppers at (416) 222-TIPS, or Peel Police at (905) 453-3311, extension 4887.

Brampton bus route comes to Humber

By DANNETTE WILSON
Et Cetera Staff

Brampton Transit has re-routed the No. 11 Steeles bus to provide Humber College students with service directly in front of North campus.

According to Kevin O'Halloran, supervisor of operations for Brampton Transit, the decision comes after high demand from Brampton transit riders including Humber College students.

"There were a lot of passengers requesting that the No. 11 Steeles go to the college," he said. "We received many calls."

In May, Brampton Transit decided to test the idea, having the bus travel East on Finch Avenue, South on Hwy. 27 and West on Humber College Boulevard during rush hour.

Before re-routing, the No. 11 Steeles only came as far as Finch Avenue and Humberline Drive, leaving many students to walk 15 minutes to the school.



Dannette Wilson

Humber students and the surrounding community can now benefit from a revised Brampton Transit route

Nicole Benjamin, a second-year Business Management student, is enjoying the new route.

"It's good they noticed a lot of students at Humber are from Brampton and need the service," she said.

The new route not only benefits Humber College students, but also passengers who work at the William

Osler Health Centre, Etobicoke campus.

Lynette Coke, a nurse at the hospital, is pleased with the convenience of the new route.

"I'm really happy about it. Now I don't have to take the TTC, I just take the one bus," she said.

Many students are unaware of the new service, but O'Halloran said there are many advertisements.

"We made the public aware of the re-routing in the local paper, in several ads at Brampton Terminals and displays in Shopper's World," he said.

The No. 11 Steeles departs every 20 minutes starting at 5:20 a.m. and running through until 10:20 a.m.

Service then alternates between 30 minute and 20 minute wait times depending on the hour of travel.

The last bus runs at midnight.

For more information on Brampton Transit, call the Brampton Transit Information line at 905-2999 or visit their Web site at www.cityofbrampton.on.ca.

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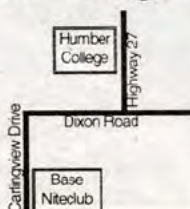
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Canadian Forces interest on rise after N.Y. attack

By JASON PARADISO
Et Cetera Staff

The Sept. 11 terrorist attack has created an increased public interest in Canada's armed forces and the recruitment process.

Canada's military force of 58,000 people (13,000 of which are administration and support staff) is quite small compared to the United States, and has been getting a lot of attention in recent weeks.

"We've received a lot more phone calls, not so much applications," said Sgt. Nancy Porter from the Hamilton recruitment office. "People aren't saying [the World Trade Center attack] is why, but interest has definitely increased."

To be eligible to join the Canadian Forces, there are a number of requirements to be met. When opening a file at a recruiting office, a birth certificate, high school transcript (Grade 10 education) and social insurance number are needed. Porter said applicants must also be free of any court obligations.

"We give them the requirements and if they are still interested we show them a video on the military lifestyle," said Master Corporal Roman Santos from a recruiting office in Toronto.

If applicants are still interested, Porter said they can book an aptitude test to assess verbal skills, problem solving skills and ability to recognize shape.

After that, recruits undergo a medical test (physical) and speak with a military counsellor before they go through the physical fitness test.

"Physical fitness is the main criteria. Everything else is taught to you from scratch," Porter said.

The fitness test requires men to do 19 push-ups, 19 sit-ups and squeeze

75 kilograms of pressure in a hand-grip test, while women have to do nine push-ups, 15 sit-ups and squeeze 50 kilograms.

"There's also a step test to a time kind of beat. You get a one minute rest and then it's stepped up," Porter said.

At basic training, recruits take history classes and get basic military knowledge.

"First you learn how to be a soldier then you go into trades training," Porter said.

The military offers 107 different

career options from weapons technician to musician.

Strategy 2020, a report published in 1999, said that it was a challenge for Canadian Forces to "sustain operational readiness" due to low recruit numbers.

Canada's Navy has one dozen frigates and four destroyers, but scarcely has enough manpower to crew them.

"Recruitment hasn't increased and the quota has stayed the same, but there has been a definite increase in public awareness," Santos said.



Courtesy Canadian Department of National Defence

Willing to jump for the Canadian Forces? Recruitment interest is up

etc.

Stark raving nude

Top 10 naked sports

By CANDI JERONIMO & VICTOR PENNEY
Et Cetera Staff

You're naked under your clothes. You were born naked. You shower naked. You may even sleep naked. But what about working naked, eating in the nude or playing sports in the buff? Maybe you don't, but Stephane Deschenes does.

Deschenes is the president of the Federation of Canadian Naturists. The FCN is an organization that serves the nudist community by pooling resources to raise nudity awareness among the public.

"To the outside world it's about being naked. To us, it's about wearing clothes," he said.

Driving towards a nudist resort in Markham, Deschenes explained the difficulty he has with the idea of needing to be clothed at all times.

"Clothes have a function," Deschenes said. "We're not against clothes. They can keep us warm and they can protect us. But [society] has taken it to a whole other level, where we're dependent on them and can't do without them. We depend on them because we have been beaten into believing nudity is bad."

Upon arrival at the Glen Echo Park, a nudist club located 30 minutes north of Toronto, Deschenes led a brief tour of the facility.

The facility is 100 acres of rustic environment, with various camping grounds, a motel and a clubhouse which has a pool and sauna that nudists can enjoy. Children can play in the paddle pool, or the man-made lake, while sports enthusiasts take advantage of tennis and volleyball facilities.

Inside the clubhouse, Deschenes pointed out that there were no male or female change rooms.

Without any qualms, he removed his clothing.

"I'm not trying to convert anyone, but I think you're missing out," he said. "Nudism is not like religion when you're trying to convince the other person that they're wrong."

"It's not illegal. It's not immoral. It's about having freedom to do what you want to do," Deschenes said.

There are many misconceptions about nudist resorts. Whether one imagines an orgy or overt sexual activity, that isn't the case, Deschenes said.

"Resorts are no more sexual than most environments," Deschenes said. "It's less arousing than going to a public beach where women are wearing brightly covered pieces of cloth, which ultimately emphasize the parts they're trying to hide."

Most nudists practice nudism with their families. Malcolm Scott, the owner of The Nudist Store in Concord, Ont., is a self-proclaimed radical nudist. He and his family enjoy nudism as a recreational activity.

While Deschenes goes to his marketing job clothed, Scott has chosen to be self-employed in order to live as he wants. Deschenes doesn't see nudism as a constant craving, but when the opportunity arises he doesn't pass it up.

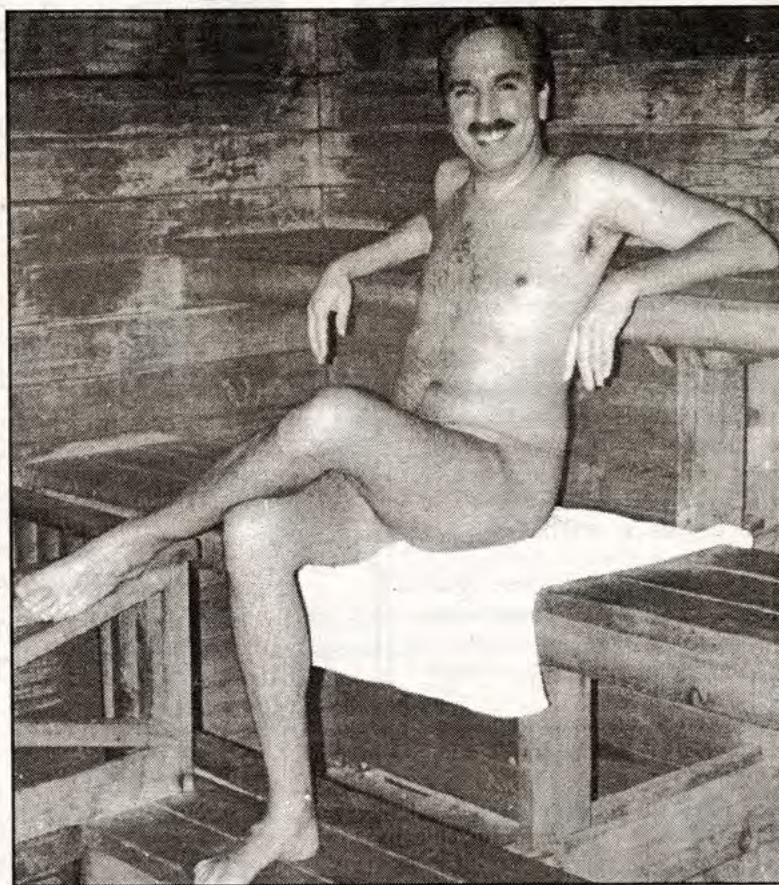
Scott, on the other hand, is nude whenever the weather permits.

"We're nudists. We're not nuts. Once in a while environmental situations call for clothing. This is Canada and in the winter it calls for clothing," Scott said.

Nudists must be aware of the negative environmental elements. Too much sun exposure can be bad, so sometimes it's necessary to cover up.

Since nudism is practiced by a fair number of people, especially at the clubs, hygiene is very important.

Nudists always have a towel that they use to sit on, which makes



Victor Penney

At a nudist resort near Markham, Stephane Deschenes, the president of the Federation of Canadian Naturists, takes a sauna in his birthday suit

seating environments more comfortable.

"Many people think I'm weird or

eccentric, but nobody has ever thought I was a bad person. I've never lost any friends," Deschenes said.

The American Association of Nude Recreation polled 1,200 of their members in the United States and Canada on their favourite clothes-free sports.

-
- 10. Snorkeling
-
- 9. Fishing
-
- 8. Billiards
-
- 7. Camping
-
- 6. Boating
-
- 5. Volleyball
-
- 4. Cycling
-
- 3. Hiking
-
- 2. Walking
-
- 1. Swimming
-

Source American Association of Nude Recreation

Sailing the high seas in the buff

continued from page 1

According to the American Association for Nude Recreation, which was founded in 1931, is a travel club agency with 247 private clubs, resorts, and RV campgrounds.

It also has nearly 50,000 members in the United States and Canada.

There are other organizations that have a more sexual atmosphere, but if a person is at an association club for "the wrong reason" they will be asked to leave, Hawkins said.

The American Association for Nude Recreation, which was founded in 1931, is a travel club agency with 247 private clubs, resorts, and RV campgrounds.

It also has nearly 50,000 members in the United States and Canada.

There are other organizations that have a more sexual atmosphere, but if a person is at an association club for "the wrong reason"

they will be asked to leave, Hawkins said.

"I can count on one hand the number of people who have been kicked off or asked if they could leave. It probably happens more often on normal cruise ships," Tiemann said.

Bare Necessities boasts the highest repeat passenger rate at 70 per cent, beating any other cruise tour company, clothed or not.

Word on the Street

Where is the one place you would go naked if you could and what would you do?



Phillip Panteleit
1st year Business Management

"Wrestlemania's coming to SkyDome and I'd run in the ring when Austin's in the ring and I'd say 'Stun me'."



Lisa Jackson
1st year General Arts and Sciences

"I guess if it was a case of getting a million dollars for it, I'd go anywhere. I mean, I could buy tons of clothes afterwards."



Joe Carabetta
1st year Landscaping

"The Arboretum. I'd pose, man, for Playgirl."



Laura Cristinzo
1st year Fashion Arts

"I'd probably go on the boardwalk at the beach. I think I would walk a dog, I'd want some company."



Ryan Schmidt
2nd year Marketing

"It would be neat to just walk downtown rather than a secluded beach. If I'm going to be naked I may as well be naked where I usually am."



Margaret Elwart
1st year Court and Tribunal Agent

"In the woods, I guess. There wouldn't be a lot of people around. I'd admire the scenery."

Editorial etc.

The road to ruin

Humans are an odd bunch. We are a species with intellect and ingenuity, yet we perpetually contribute to our own demise.

How many times have you thrown a glass bottle in a garbage bin while an empty recycling box sat just a few paces down the hall? Or what about the times you chose to drive your car to the corner store instead of walking the three blocks?

These may seem trivial, but in the end, every action that aims to improve or lessen our negative impact on the environment makes a positive difference.

Those looking for something monumental to get behind should consider the environmental threat looming over Toronto's Don Valley.

City council is currently mulling over the possibility of expanding the four-lane section of the Don Valley Parkway to eight lanes. The four new lanes – which would run both north and south – would facilitate toll-paying vehicles and express buses.

Toronto Transit Commission chairman Brian Ashton, also a city councillor, is urging the city to take a clear stand; either support public transit by encouraging its use and expansion, or widen the arteries that lead into downtown.

The city's planning and transportation committee has said council shouldn't even explore the option of a DVP expansion, and rightly so.

Widening the Parkway to eight lanes would only rob our city of precious green space. Traffic congestion would inevitably flare up again like a nasty cold.

Assume the city decides to pave over the Don Valley. Then what? Resurrecting what was once an example of a vibrant environmental space would be nearly impossible.

Forget wider roads. Instead, build new subway routes; buy additional buses to expand service; get people to ride their bikes to work.

It's time we dust off two of our most important intellectual capacities: ingenuity and foresight.

Not just another day off

The Humber College community celebrates the second holiday of the school year this Monday with Thanksgiving Day, a uniquely North American furlough full of eating, playing and drinking.

In the U.S., the first pilgrims' three-day feast of wild turkey and corn shared with their Native helpers in 1621 has evolved 380 years later into turkey with cranberry sauce, pumpkin pie with whipped cream and a bottle of beer.

But turn on the TV, and you'll notice that things are different this year. Barbara Olson is not on Larry King Live. She crashed into the Pentagon on Flight 77. Will her husband and children say a prayer on Thanksgiving Day?

David Barkway from Toronto is not at home, either. Trapped on the 105th floor of One World Trade Center after a jet sliced into it, he died when the north tower collapsed. Will his wife set a place for him at her table, or will she skip Thanksgiving altogether?

These recent events have focused the world's attention on Afghanistan, a place where desperate children eat garbage – if they can – and drink mud because they don't have access to clean water. This is an opportunity for us to remember that along with Afghanistan, countless people in many poverty-stricken countries are also suffering in a squalor unfathomable to us in the prosperous West.

As we try to find solace in such an ugly time, it may be helpful for us to remember the actions of Sara Josepha Hale, who was born in 1788. As editor of women's magazine *Codey's Lady's Book*, it was Hale's writings that finally convinced American president Abraham Lincoln to proclaim Thanksgiving Day a U.S. holiday in 1863. Like Hale, President Lincoln hoped that the coming together of citizens to give thanks would speed the end of the Civil War.

Ironically, it is in times of hardship that celebration is needed – celebration for blessings we usually take for granted.

Life is a gift. Remember that when you share a meal with those you love this weekend.

Charity begins at home

At a time of acute compassion, when most are concerned – and with good reason – about the well being of both U.S. and Afghan citizens, let us not forget the poverty in our own backyard.

Long before "America's New War" began, the continuous conflict against hunger and poverty was being fought – and lost – on Toronto's streets.

Use of Toronto's food banks increased an alarming 13 per cent between July and August of this year. People are often turned away because the banks have nothing left to give.

People are starving and this isn't Afghanistan.

Certainly, there is no shame in aiding anyone in need. The outpouring of support since the terrorist attacks in the U.S. has been a testament to human compassion and resilience.

Nonetheless, charity should begin at home.

A gardener would never water his neighbour's flowers while ignoring his own. Nor should we walk around a city with over 140,000 persons in need of food while we frown with concern about starving Afghans.

Last week the Daily Bread Food Bank launched its Thanksgiving food drive. Take a look through your cupboards to see what you can give.



Letters to the editor

I would like to express my extreme disappointment in how the story 'Survey results cause program changes' (Sept. 27 *Et Cetera*) was written and more importantly, inaccurately reported.

The focus of the article was to highlight those Humber College programs that performed poorly in the Key Performance Indicators (KPI) report last Spring, but to also identify the programs that use the results to improve themselves. Unfortunately, the article fails to tell the real story.

As highlighted, the Radio Broadcasting Post Graduate Certificate Program (RBP-GCP) was one of those programs where student satisfaction was deemed low. The figure reported in the story is in fact an outdated KPI figure.

There is no doubt that KPI results prompted program adjustments two years ago. In the Fall of 1999, after discussions with William Hanna, Dean of the School of Media Studies, my responsibility as the newly appointed Co-ordinator of the RBP-GCP was to improve KPI and program performance.

In the last 18 months, the Radio Broadcasting Post Graduate Certificate Program KPI Graduate Satisfaction results have improved dramatically to 71.4 per cent. Fully 100 per cent of our graduates have found related employment six months after graduation. On top of that, this year I was able to increase student enrolment in the program by more than 50 per cent for the January 2001 intake.

Of those same students who completed the program by August 2001, 90 per cent have been hired directly in the industry, while others complete internships.

I don't know how else to clearly identify what program success is!

My last point, I would have appreciated being asked to be part of the story, especially since I am responsible for the outcome of the Radio Broadcasting Post Graduate Certificate Program.

Sincerely,
Joe Andrews, B.A. M.A.
Co-ordinator – Radio
Broadcasting Post Graduate
Certificate Program

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Aren't men just the greatest?



Candi Jeronimo

Men may have devised the art of lying, but women have perfected it. Along the way we have become masters at your game.

Which leads me back to naive women. The truth is, there aren't any. We only pretend to be naive because we need to play that angle in order to get what we want.

Perhaps once we may have existed as fools, but now the tables have turned.

Women have long been the victims of men's cruel heart games, and we have lost the ability to trust. We speculate long before we're given a reason to and we accuse before there is need. This is not a flaw of women, but a learned behaviour.

We cannot be held accountable for not trusting, because for every time we have placed our trust in men, we've been hurt. Sure you may wonder why we don't just forgive and forget. But the truth is there's no benefit for us. The best solution is to go into relationships as cold heartless bitches - as we are so commonly referred to these days - in order to escape getting hurt.

The history is simple. Men once pretended to be nice. Women had every reason in the world to trust them, until they started cheating. Not only that, they lied about it (and not well, either). Women became wiser and caught on. Something had to be done, so women began to play some games of their own. All trust was lost. Case closed.

So if you're a guy out there trying to make amends; don't bother. We've been raised to distrust and it's going to take moving heaven and earth to change that.

We call them dirty cheating dogs and that's just to their faces. Behind their backs, much more vivid pictures are drawn, with detailed accounts of their deception and truancy. Yes, I'm talking about men.

Since the beginning of the human race itself, women have been played for fools.

From the days of chivalry right up until today, men have been finding ways to twist and contort their wrongful actions into 'that's just the way men are' explanations.

Now men are trying desperately to be trusted, not because they are good men who want us to feel secure, but because they want it easy. They want a naive woman who will pardon their actions when they come home late without explaining where they've been.

How many times are we really going to believe that you had to stay late at work, then your friend needed a ride home, but then your new car broke down so that's why you're late?

After that feeble story, you'll turn around and say that's the reason you can't keep your plans with us tomorrow either - because you have to take the car in. Throw in some specifics, and you think that la-di-da, lie is well-achieved.

Smoke 'em if you got 'em



Nicole Montreuil

betting their success on cutting back in stages. Guess the cold turkey approach didn't work.

Part of the plan this time around is to limit the number of smokers who can be in the smoking section at any given time. Witness Caps split apart like a feuding preteen clubhouse. A line of masking tape separates the ashtrays from the near-deserted non-smoking section.

Signs posted proclaim the 25 per cent rule - no more than 25 per cent of the bar's seating can be allotted for smokers, regardless of how the population naturally breaks down. As well, the first fine for breaking this bylaw will result in Caps immediately being required to become a smoke-free environment.

That's crap, folks. Know what constitutes an infringement on the bylaw? Dragging one unused chair from the non-smoking section into the measured-off pit of ashtrays and smoke. Apparently, that screws up the prefabricated calculations.

God forbid. So if there are no chairs left in smoking, we have to stand. It doesn't matter that the only three people in the non-smoking section are Caps employees, or that smokers have as much right to a seat at Caps as everyone else. What matters is an arbitrary number decided by the geniuses at City Hall.

Back in my high school days, we had a particularly anal vice principal who'd declared a lifelong war against teenaged smoking. Since he couldn't just rip our cigarettes from our hands or force us to quit, he imposed a 12 student maximum in the school's only smoking section. Then every morning before the first class started - when our time was still technically our own - he stood by and enforced

his rule. He'd wait until 40 or so of us were gathered, hunting for lighters and digging for packs. He'd actually wait until we'd all lit up. Then he'd pick the 12 closest to finishing and kick everyone else out. Any argument with this ridiculous abuse of power was good for a detention and citation.

He meted out our nicotine as though he had the right. Said he was doing it to protect the safety of the school's non-smokers. Sound familiar?

In a communal 'fuck you,' those who'd been kicked out simply crossed Mississauga Rd. to finish their cigarettes off school property.

Cigarettes are still legal. The government still collects tax on the evil weed - note the Canada Duty Paid seal on every pack. We are, in a sense, paying for our own persecution.

Smokers are being manhandled and mistreated by a government that lacks the balls to ban cigarettes outright. We're not injecting crack cocaine. We're just following a decision we've made about our own health. Long after cigarettes were declared as small, tubular killing machines, we still have the right to light up.

So here's my call-to-arms. I'll quit when I want and not a day before. Telling me what to do will just annoy me. Telling me where I can and cannot smoke will just piss me off.

Smokers of the GTA unite. It's time for our own communal 'fuck you. Let's make it good.

Send all letters, rants, and raves to humberetc@hotmail.com.

For verification purposes, please include full name, address, and phone number.

We reserve the right to edit for space and clarity.

Remember the last time the City of Toronto banned smoking in bars and restaurants? Remember the news reports of angered smokers lighting up in the Eaton Centre in protest? Remember the stories of bars being forced to be smoke-free, then losing business to similar establishments in unrestricted municipalities?

They've pulled this crap on us before. It failed because smokers are smarter than the government gives us credit for. Treat us like human beings and we will patronize your business. Treat us like morons, too inept to make decisions about our own health, and we will boycott until the economy bleeds. We've proved it. That's why the City of Toronto scrapped its last ban on smoking - because business owners complained about the damage to their bottom lines.

Treat us like morons, too inept to make decisions about our own health, and we'll boycott until the economy bleeds. We've proved it.

The City didn't really get the message, though. It simply took a well-intentioned bad idea back to the drawing board, only to emerge a few years later with, you got it, another ban on smoking. This time, they're

Attractive? You must be stupid as a rock'



Lauren Ferranti

I accept that I will not be six-feet tall and wafer thin. I'm confident about the way my looks, my style, my brains and my personality work together to present a pretty decent package.

I'm not fighting myself any longer. I am in peacetime. A truce of sorts.

But I can see the battle being waged in others. And all those girly magazines certainly don't help. Take this quiz: Are you sexy OR are you smart?

Hmmm, Imagine BOTH qualities existing simultaneously in one single person!

My former university is a breeding ground for such a distinction.

Ah, Western! The seat of the blonde haired, blue-eyed, well-manicured, well-healed set. Brainpower here means souping up one's Jeep and running formal sorority events. The rest attend the School of Business.

I had a roommate (note the past tense) who would try her best to dress

me up and then drag me out, only to abandon me at the threshold of her current haunt as she entered.

She was gorgeous and the guys would swarm. I stood alone, watching. She would admonish me, "Don't talk to them about BOOKS Lauren!" The words slid out slowly, as if they were foreign and she was unsure exactly how to pronounce them.

This little pearl of wisdom from man-catcher extraordinaire taught me more than I realized at the time. Why was it so easy (and necessary) for me to be branded the brain and her the beauty? And why did I stand for it? Did the fact that I'm studious preclude me from her group - the beautiful and the elite?

At the risk of sounding pre-emptive, I will mention that I did not feel jealous, just a bit sorry for my simple man-catching roommate. She needed to belong to a group and the one with looks seemed, to her, more sophisticated than the one that loves books.

Man-catcher was happy in her

club, possibly one of the great leaders of the movement. I'm not one for that type of attention. Some women are and that's fine. Pathetic, but fine.

How quickly we rush to throw people into labeled bins - kind of like sorting garbage.

Attractive? You must be stupid as a rock.

Smart and independent? Turnoff to men.

These bins are sometimes an easy and accurate way of sorting people - the one-dimensional kind. I won't leave them out, there are far too many to ignore. However, it's too easy to dismiss the attractive set at Western as brainless. Many of those Jeep-driving frat boys also bust their asses in business school - no better way to keep them in Italian shoes, their future society wives in glossy acrylic nails.

Man-catcher, though bright, preferred to spend time lining her lips. She defined herself in terms of how well her lips were defined. It was easy

for her to be one-dimensional, harder yet to add a few more layers to the foundational beauty.

For those who put in the work, the rewards are great. Things like respect and admiration will come your way. Much more fulfilling, I suspect, than a swarm of drooling men, though I'm not sure since I have never personally experienced this.

Many of you here at Humber use the hallways as your own personal catwalk. Thank you for providing me with consistent amusement. I do not ignore, however, the possibility that there may be a spinning brain beneath the slicked hair, philosophical thoughts lurking between your silver hoops. And if so, I celebrate you, as you should yourselves, because you've managed to be more than people would expect - not so easy to sort.

I will continue to evade the bin. By the way, I'm in love with a wonderful boy and we talk books all the time.

Entertainment

So you want to be a rock star?

By JILLIAN NESS
Et Cetera Staff

Independent music has been given a facelift thanks to Indie Pool, Canada's resource for upcoming talent.

Founded in 1996, the Internet based company services almost 6,000 independent bands, helping them create Web sites and makes their CDs available at over 700 stores across Canada.

Gregg Terrence, president of Indie Pool, explained the company's conception.

"It was the summer of '96 and my partner Fish and I were in Ottawa and working on a compilation CD for a radio station," he said.

"We tried to put it into stores ourselves but found it difficult, so we called some of our friends and realized there were no local delivery services in Canada so we created Indie Pool and we bring local bands to local stores so they don't have to do it themselves."

Indie pool is recognized the world over as Canada's most complete source for indie music. It has yet to crack the hold of such major labels as EMI Canada, but they are making efforts to improve the marketing experience for smaller Canadian bands.

"I don't think we've changed the monster label system but it's made things easier for independent recording artists to compete and have Web sites, e-commerce, registration with Soundscan and national distribution," Terrence said.

"Five years ago, two to three per cent of artists had national

distribution but now 95 per cent have distribution."

The other five per cent persist in self-marketing, something that Terrence feels can be a dangerous move.

"A lot of people can sell 200-300 copies...artists who sell their CDs privately are killing that initial buzz that could be translated into retail," said Terrence, who instead recommends sending available CDs to retailers to create name recognition.

"You want to excite retailers, create a panic for the CDs, and get DJ play.

All these favours only happen to artists who are selling."

If artists are determined to avoid the retail arena, Terrence recommends setting up an Internet site and collecting information from site visitors, like American critical favourites Wilco and Aimee Mann, who marketed her last CD *Bachelor Number No. Two* primarily over the Internet.

"More and more artists are choosing to avoid traditional retail to collect data on their fans so that when they release a second CD, they have guaranteed fan club sales," Terrence said.

"Selling over the Internet, it's more New Age," said drummer Jay Are Mancini, whose band Ape Jar has been asked to play in showcases with Treble Charger and American Hi-Fi. "Any way to sell a CD is good for me as long as people buy it," he said.

For more information visit www.iniepool.com or call 1-888-88INDIE.



Muna Ismail

Boy band wannabes Juicee, with contestant Melissa Gallelo were among the many cut from the competition

Popstars: no end in sight

By MUNA ISMAIL
Et Cetera Staff

Close to 1,000 Britney and N'SYNC wannabes crowded in front of Paramount Theatres on Richmond St. waiting for their chance to be part of Canadian history, as the first boy and girl *Popstars* recording group.

The national search for *Popstars* held a one-day audition in Toronto Sept. 18, but for over 100 disappointed hopefuls their chance to audition was over, when a *Popstars* cameraman said they couldn't let anymore people in.

Contestants tried to impress judges Jay "Mad-Dog" Michaels from Toronto radio station Kiss 92, music producer Justin Gray and Michael Geddes, president of Lone Eagle Entertainment and executive producer of *Popstars*, throughout the day.

They performed 30-second clips of either Backstreet Boys' *The Call*, Joe's *Stutter*, Britney Spears' *Sometimes*, Love Inc.'s *Superstar*, or Nelly Furtado's *I'm like a bird*.

Hopeful candidates lined up in groups of five to belt it out under the bright lights and cameras in the movie theatre.

Some people had potential while others needed help.

Melissa Gallelo, 20, from Whitby waited nearly six hours for her chance to get recognized.

Gallelo, hair all done up, wearing

beige hip hugger pants and a maroon sparkling tank top to match her makeup, warmed up her vocals and harmonized tunes with people in the line-up.

Gallelo said she was upset that she did not get an opportunity to show off her talents but she is determined to make it on her own.

"I'm mad that I've waited all day and didn't get a chance to audition," Gallelo said.

The *Popstar* veteran auditioned last year and made it for the callbacks.

"At least I met a lot of talented people. Besides, I know I can be a star on my own," she said.

Meanwhile, 22-year-old Chris Robertson from Toronto arrived at 6 a.m. hoping to be discovered with his hip version of a Backstreet Boys song.

"This is an experience I'll never forget. I tried my best," Robertson said.

"Unfortunately I didn't make it for the call back tomorrow. Those judges are very picky, but they know what they are looking for."

Some *Popstar* hopefuls were lucky enough to make some important contacts.

A group of ambitious Brampton boys may find their names with the likes of the Backstreet Boys and N'SYNC.

Wan Khon, 19, Jay Corren, 20, and Nathaniel Gonzales, 21 were recognized by an agent from an

independent record label happened to be looking for potential artists to work with.

Gonzales said he came to the audition for the experience but a bit of recognition doesn't hurt.

"That's cool. They want us to send a demo," he said. "I love singing. I love this kind of vibe."

Once the lucky five are chosen, the group will be the subject of the television series, *Popstars: Boy Meets Girl*.

The follow up to the original *Popstars* premieres March 2002 on Global TV. The thirteen episode prime time series will follow their rise to stardom.

Last year over 1.5 million viewers across Canada tuned in for their weekly half-hour dose of *Popstar* excitement and drama.

Lone Eagle Entertainment's Web site said, "Sugar Jones, formed from the show, made history. Their debut single *Days Like That*, was the highest entry on CHR radio for a Canadian artist."

Universal Recording artist Sugar Jones' debut album also went platinum and continues to rise.

The aspiring performers who didn't get chance to audition for the show, are encouraged to go the more conventional route, and produce a demo tape.

Or who knows, maybe there will be a *Popstars 3* just around the bend next year.

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SLOAN
pretty togo

What kids do for cash

By BEV COOK
Et Cetera Staff

The set is gloomy, drafty and low budget, but hosts of the show, *Gutter Ball Alley*, Wade McElwain and Johnny Gardhouse don't seem to mind. They're standing next to someone they introduce as the Fat Man.

The Fat Man sports only a pair of saggy briefs and a grey T-shirt promoting the game show.

Tommy, a 20-something contestant, rubs the back of his neck and wonders what he's getting himself into.

"It's time to play Butt Vineyard," McElwain says and Gardhouse clasps his hands like a happy schoolgirl.

"And look at that butt," dhouse says, admiring the Fat Man from the rear. The Fat Man shakes his hips and the audience cheers.

Tommy's challenge involves stuffing as many grapes as he can down the Fat Man's saggy, gray briefs in 60 seconds. Then the Fat Man sits in a mesh chair and squeezes as much grape juice as he can from his underwear. For each cup of juice Tommy earns, he gets a bowling ball and the chance to bowl for cold, hard cash.

"Let's say he doesn't get enough juice to win a bowling ball," Gardhouse asked slyly. "How can Tommy win a ball?"

"He can drink it," says McElwain and the audience roars in repulsion. "Don't worry," McElwain says to the audience, "There's plenty for you folks too."

The timer starts and Tommy begins to drop the grapes down the Fat Man's briefs. Each handful is enhanced with the sound of flatulence.

Thirty seconds in, Tommy seems to lose the ability to complete the challenge, but something drives him

He half-heartedly dumps the grapes down the fat man's drawers, pacing the last few handfuls, waiting out the timer.

The Fat Man takes a seat on his mesh throne and begins to squeeze. Underneath him, the plastic tub doesn't seem to be collecting much liquid. The audience begins to chant.

"We want juice! We want juice!"

The camera pans to an elderly couple who clap their hands and shout along. Inspired, the Fat Man begins to bounce in the seat, shaking his head and wagging his tongue. Some find it shocking that *Gutter Ball Alley* is recording its second season. But co-host Wade McElwain is eager to begin the season.

"I feel tingly, like I'm wearing a pair of shoes filled with chopped liver. It's very erogenous and also very pleasant," he said.

Each show begins with dares for \$50. Such dares include getting into a bathtub and letting the *Gutter Ball Alley* pin-up girls cover you with bugs. This is followed by a series of challenges, (like Butt Vineyard), where contestants get a chance to win bowling balls.

The contestant uses each bowling ball to knock down as many pins as they can. At \$50's a pin, contestants can win as much as \$500. But if you get a gutter ball, you lose it all and go home shame-faced and empty handed.

McElwain said the show is for "anyone with the taste for funny. We're the champions of people looking to enjoy life in a free, democratic society."

Although McElwain and Gardhouse insist that the show has a dedicated following, critics haven't been as flattering. Gardhouse shrugs off the negative reviews.

"People like it. Critics are just TV actors and producers that couldn't make it and I don't really care what they think. God will smite them," Gardhouse said.

He said that the show provides an excellent platform for students to make a name for their school.

"It's a chance for Humber students to kick the ass of those snotty university students," Gardhouse said. He claims that Seneca College has challenged Humber students to compete at *Gutter Ball Alley*.

If public humiliation for petty cash isn't your ideal night on the town, being an audience member has its own perks.

"Everyone will walk away with something," McElwain said.

Prizes are traditionally Canadian. They include CD's and valuable gift certificates.



Mar Fenech

Rock and roll band User Friendly, seen here hangin' tough, looking bad

Friends making music

By MAR FENECH
Et Cetera Staff

What started in a coffee shop as idle conversation could turn into the next big thing to hit the rock music scene.

User Friendly is a five-piece outfit featuring the talents of Vince Bonavota, 23, on lead vocals; Chris Cacciotti, 21, on guitar and vocals; Justin Ferreira, 20, on bass; Anthony Grella, 20 on guitar and Bruno Periera, 22, on drums. Cacciotti, Periera and Ferreira are all self-taught musicians while Grella took guitar lessons for two years and Bonavota dabbled in voice training.

All writing is done as a band, with everyone's input. User Friendly's songs are hard-hitting raw rock, with melodic riffs and a burly bass line. The music comes on strong but the band's passion comes on stronger.

"Our music is intense, with a dark feel, but it's not depressing, it's hopeful," Grella said.

In 1997, the original three members, Ferreira, Pereira and Grella were sitting at a Coffee Time in Rexdale discussing the idea of starting a band and potential names.

"We were with a bunch of buddies and we were trying to figure out a name for the band, and people were just shouting out and when User Friendly came up, I thought it was kind of catchy," Ferreira said.

The trio saw Cacciotti singing at a variety night held at Monsignor Johnson High School in 1998 and invited him to a jam session. Initially Cacciotti joined the band to provide

lead vocals and guitar. He then decided he could contribute more by concentrating on his guitar playing.

Before acquiring Bonavota, User Friendly played venues such as the El Macombo, JIQs, and the 360.

"We played promotional stuff at big movie theatres too, like Colossus," Periera said. "We played the soundtrack to *Mission Impossible 2*."

In August, Grella, Periera and Ferreira met Bonavota at a party through a mutual friend. He had been in several bands before. User Friendly, impressed with Bonavota's drive and talent, asked him to join. The five-piece band was complete.

The band cites Tool, Incubus, Pearl Jam, Led Zeppelin and Metallica as influences.

According to Pereira, diversity benefits the group.

"Everyone has their own ideas through the music they listen to and through their own creative process so when it all comes together, it's great," Periera said.

The band has big dreams for the future and the guys admit that dreams do not go without effort and sacrifice.

"If you have intentions of really going somewhere, you can't have distractions," Bonavota said. "When it's time to work, it's time to work. If you're serious about it, you have to understand that concept."

The band members stress unity and friendship as their main driving force.

The '70s roll into Toronto

Party people demand bubbles, roller skates and lots of disco tunes

By CAROLYN BARRY
Et Cetera Staff

The Government Entertainment Complex is taking Sundays back a few decades with the introduction of Roller Boogie Sundays starting Oct. 7.

Kool Haus, formerly the Warehouse, will be transformed every Sunday for its weekly wind down event.

Kool Haus' largest room, which can hold up to 4,000 people, will be transformed into a new version of the classic roller disco.

"Walls are going up that you can bounce off of," said Chris Schroer, the Government's marketing director.

There will be various DJs playing.

"The Orange Room will be more clubby," Schroer said. "Garage, house and then the Kool Haus will be more funk, disco."

The Government has been providing the city with entertainment since 1996. Concerts at the Kool Haus have included David Bowie, Macy Gray, Paul Van Dyk, Fat Boy Slim, Prince, Pet Shop Boys, Moby, Our Lady Peace, Kid Rock, and many others.

The Government will be celebrating its five-year anniversary from Oct. 6 to 13.

Oct. 12 is campus night in the Kool Haus' Orange Room, hosted by Global Groove radio station.

Upcoming Kool Haus Events include:

Oct. 6-DJ Tiesto (\$27.50 adv)

Oct. 7-Pete Tong & Dave Seaman in Government (\$22.50 adv)

Oct.10-Paul Van Dyk in Government (\$17.50 adv)

Oct.12-Prizm with DJ Alex Lautertein (\$20.00 adv)

Oct. 13-Glam Slam (\$10/\$15 cover)

For more information on upcoming events check out their Website at www.thegovernment.com

Buddies celebrates new season

By MARK SAUNER
Et Cetera Staff

Buddies in Bad Times, Toronto's premier gay theatre, kicked-off its 23rd season opening night on Thurs., Sept. 27 with a preview of what's to come.

Writer and performer Mariko Tamaki hosted the evening and introduced some of the artists involved in this season's shows. The event allowed the audience to meet and greet the writers, directors and actors of the upcoming season.

The theatre, which celebrates, exhibits and explores queer culture,

gives the audience the unique experience of becoming part of the show. Stand-up comedians, musicians, dancers and actors, all grace the stage at *Buddies*.

"I think we are in the centre of the alternative theatre scene," said David Oiyee, artistic director at *Buddies*. "Our season opener is a reshaping of how audience and performers interact and a rethinking of traditional performance space."

A friendly atmosphere pervaded the evening, as the gay community came out to remember all of the friends, patrons and artists of *Buddies in Bad Times*, who have passed away.

Buddies has had its up and downs over its 23 years. In 1993 the *Toronto Sun* criticized the theatre by opposing the government funding of *Buddies in Bad Times*.

The *Sun* portrayed *Buddies* as a "Live Sex Club" and "Massage Parlor."

The *Sun*'s articles and editorials prompted campaigns that lobbied to have *Buddies*' grants cut from all levels of government.

In an act of solidarity, the gay community came together, lending support to *Buddies*.

The funding was saved, making it possible for everyone to enjoy season

after season of the kind of entertainment people have come to expect from the venue.

Slated for *Buddies*' stage is *Strange Sisters*, a sexy lesbian cabaret featuring performers Mariko Tamaki and Lisa Ayuso.

The show, which is in its 13th year, is a celebrated event on the lesbian community calendar.

The show is described as being as essential to a girls night out as the prom. The show is on Oct. 26.

Admission inquiries can be made to 416-975-8555.

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Book lovers enjoy words and wine at live reading

By MELANIE THOMPSON
Et Cetera Staff

The Humber College Literary Wine Bar kicked off its third year of authors' readings on Sept. 25 with two successful graduates from the Humber School for Writers.

Canadians Sandra Campbell and Elizabeth Ruth both recently had their first novels published and shared excerpts of their masterpieces in the Seventh Semester.

Campbell's *Getting To Normal* is a story about a seven-year-old girl, Alice, who is in pediatric isolation due to a central nervous system virus.

Through Alice's narrative, readers discover her thoughts about her mentally unstable mother, cold father, defiant older sister, whom she idolizes and her nanny.

"Alice is pretty much an innocent victim of a system," said Campbell, a former Humber College Health Sciences teacher. "All she really wants is for her older sister to come and visit her."

Campbell was selected as a semi-finalist for the Chapters/Robertson Davies First Novel (Unpublished) Award for *Getting To Normal*.

She was also short listed for The

City of Toronto Book Awards [Non-fiction] for her 1973 educational book *The Moveable Airport*, an account of a citizen activist.

"I'm really intensely curious about human behaviour," Campbell said. "That's why I write, to try to figure it out."

Campbell is currently working on two novels, with one still in the early research stages about an opera singer from Newfoundland who loses her voice.

The other will be a work of non-fiction, relaying the true story of travelling to New York with her terminally ill sister to see her favourite opera.

This novel is tentatively scheduled for publication next spring.

Elizabeth Ruth's novel, *Ten Good Seconds of Silence*, takes an honest look at a bizarre mother-daughter relationship.

The central character, Lilith, an ex-psychiatric hospital patient, is a psychic working for the Toronto Police Force who helps them locate missing children.

Her daughter, Lemon, struggles to understand why her mother claims she's an immaculate conception and tries to find her father.

"I really wanted to represent dif-

ferent aspects of mental health," Ruth said. "I wanted the readers to step in to Lilith's eyes and decide about her mental health."

Ruth's experiences working in mental institutions and the social sector for 11 years helped her develop Lilith's character and all her quirks.

"I'm a very character-driven writer, so I follow the characters and don't do an outline," Ruth said. "I actually preferred the people in my book to the people in my life."

Ruth is already in the process of writing her second novel, a psychological thriller about sibling rivalry.

Many people who attended the Literary Wine Bar were not Humber students, but had been to the readings last year and wanted to come back for more.

"I've come to a couple before because I enjoy how the story comes to life when you hear the authors read," said Marlene Ritchie, a Toronto writer who sponsors a reading group at the Idler's Pub.

Manager of the Humber College Library and Media Services, Information and Technology Services Lynne Bentley encourages students to attend the next literary wine bar on Oct. 24.



Melanie Thompson

Author Sandra Campbell reads from her first novel, *Getting to Normal*

The tentative guests are science fiction writer Robert Sawyer and Stevie Cameron, author of *On the Take*, a story about Brian Mulroney.

"It's an opportunity to hear really talented writers read from their work," Bentley said. "It's amazing how skillful they are."

Tickets are sold at the library circulation desk on the first floor for \$8, but the Humber Students' Federation has subsidized the cost to \$4 for Humber students.

Students must bring their valid student identification card to receive the discounted price.

Funny money school

By JOEL HOIDAS
Et Cetera Staff

Comedian James Cunningham is teaching college and university students a subject not found in any curriculum, but one that is essential for surviving post-secondary education: how to manage your money.

Cunningham brought his humorous and interactive seminar, *Funny Money*, to Humber College's North campus last week.

Funny Money is a seminar directed at students to help them get out of debt, create a budget and invest in RRSP's.

"I figured, why not combine jokes with tips on how to save your money?" said Cunningham, who has a BA in Theatre and Drama Studies.

Cunningham said one of the most important things to know is where your money goes.

"I did comedy all over the country at colleges and universities and whenever I would joke about being broke or being poor, people would go crazy," he said.

Cunningham begins each seminar by making sure that everyone knows he is not a financial advisor.



Joel Hoidas

John Pulla and James Cunningham show off the cash offered to students

"I found most of this stuff out by making the mistakes first as a student. The seminar is based on avoiding the mistakes that I made," Cunningham said.

Funny Money gets students role-playing, answering questions and dancing in contests, all for cash prizes.

"I think it had a positive impact on students. I actually saw him [Cunningham] a year ago and used his advice to get out of my own debt," said Stephen Anastasi, HSF vice president of Campus Life at North campus.

HSF President John Pulla added, "Relating personal life with some of the issues is the best way to retain some sort of message."

"I want to make it a staple of every college and university," Cunningham said. "People have to come out, they have to see it."

If you agree with any of the following statements, the Funny Money seminar is for you:

1. You consider Kraft Dinner to be one of the four major food groups.
2. You search the cushions of your couch for loose change in order to pay for a pizza.
3. You volunteer for psychological experiments because they pay well.
4. You consider \$50 from your grandmother to be a major source of income.
5. You're always seeking out bank machines that dispense five dollar bills.
6. You are constantly being called by credit card companies because you owe them money.
7. You can't answer #7 because your phone has been cut off.
8. You've had to put off sex because you can't afford the condoms.

Humber hosts second annual garage sale for United Way fund

By JENNIFER MARCH
Et Cetera Staff

On Wed. Oct. 10, Humber College's North campus is holding a craft, book and garage sale to raise money for the United Way.

For the second year in a row, Humber staff will be participating in the sale.

This is the first year Humber is asking for the whole school's support, including the students.

Boxes, which have been spread throughout the school, present staff and students with an opportunity to help out.

The boxes are there for any staff and students to donate used books, clothing, or other items that can be resold for charity.

"I requested 29 departments to be involved," said Helen Logrippio, secretary for the Centre for Learner Support.

But it doesn't end with staff and students.

"This year, we had a woman calling [from] outside the college who owned an Internet Web site that sold books, and she is donating five boxes of books to the sale," Logrippio said.

Last year, the school made \$675

from the crafts and \$365 from the books, but "we are definitely doing as well this year," said Pam Tulino, secretary in the Business School.

Tulino is in charge of the craft sale and is responsible for finding crafters to book tables.

"I sent out 23 invitations and only five confirmed. We had to lower the cost of tables, from \$45 to \$25," she said. "Mind you...the books and the garage sale will be a big help."

Administrative Assistant to Vice President for Business Development, Nancy Adamson, said, "People buy a table and anything they sell is their profit and the money that they pay for the table goes towards the United Way. Anything made from books or other donations, goes to the United Way [as well]."

"Jewellery, flower arrangements and origami broaches are some of the things being sold this year," Tulino said.

The sale is an all day event, which runs from 9 a.m. to 4 p.m. in the concourse at the North campus.

Donation boxes for the garage sale can be found throughout the school.

HSF retreat about more than just fun

By JOEL HOIDAS
Et Cetera Staff

The Humber Students' Federation (HSF) will be attending a retreat at Blue Mountain in Collingwood on Oct. 13 and 14, in the hopes of learning to work together as a team.

The 11 recently acclaimed directors on the board will join the executives and full-time staff for two days of training, which includes learning the HSF constitution and group building activities.

"We have them develop an understanding of the organization and learn their role on the board and their individual role as a director," said Lise Janssen, leadership and programs co-ordinator for HSF.

Janssen believes there is good reason for holding the retreat in Collingwood.

"We take them away so there are no distractions," she said. "This is a good time to go because it's low season, so we get good rates."

The trip will run from Saturday morning until Sunday afternoon. The cost of the retreat is approximately \$125 per person.

"It looks like 25 people in all will be attending," Janssen said.

The HSF's budget for the retreat is \$8,000, but Janssen expects the total cost of the trip to be about \$3,500, not including guest speakers.

Vice President of Campus Life at the North campus, Stephen Anastasi, will be attending the retreat for a third time.

The HSF veteran feels the retreat is essential for the new directors to learn the HSF governing system.

"It takes quite a bit of time to learn the basics of the constitution. It's important because all of our meetings revolve around the constitution," Anastasi said.

Janssen said the HSF will likely get John Conrad to attend this year as a guest speaker.

Conrad teaches the students how to communicate effectively and how to be a responsible public figure.

He used to work in the international office at Humber College and is currently working at the residences at the University of Toronto.

"We bring him up because he's got a great way with the students. He's really good in helping them develop methods of communicating with their constituents, how to talk to people and how to listen," Janssen said.

Director for Media Studies, Christine Worrall, thinks the retreat is a good opportunity for the new HSF staff to learn as a team.

"It's good to get to know each other on a personal level, as well as work on leadership skills," she said.

Annabella Lopes, director for Applied Technology, said she will learn a lot of new things during the two-day retreat.

"The retreat provides a lot of information about the organization for the newcomers. It's not only an informative weekend, but also for skill development so we know how to deal with students," Lopes said.

Thanksgiving fun

Bowling for big bucks

By JOEL HOIDAS
Et Cetera Staff

Humber College students got into a festive mood a few days early this week when they participated in the Turkey Bowl in the Student Centre on Wednesday.

Students took turns bowling an irregularly shaped ball that resembled a turkey, which made it difficult to knock over the pins.

"It was fun. It was a great way to get students interactive," said Holly Pfeiffer, a first-year Mechanical Engineering student.

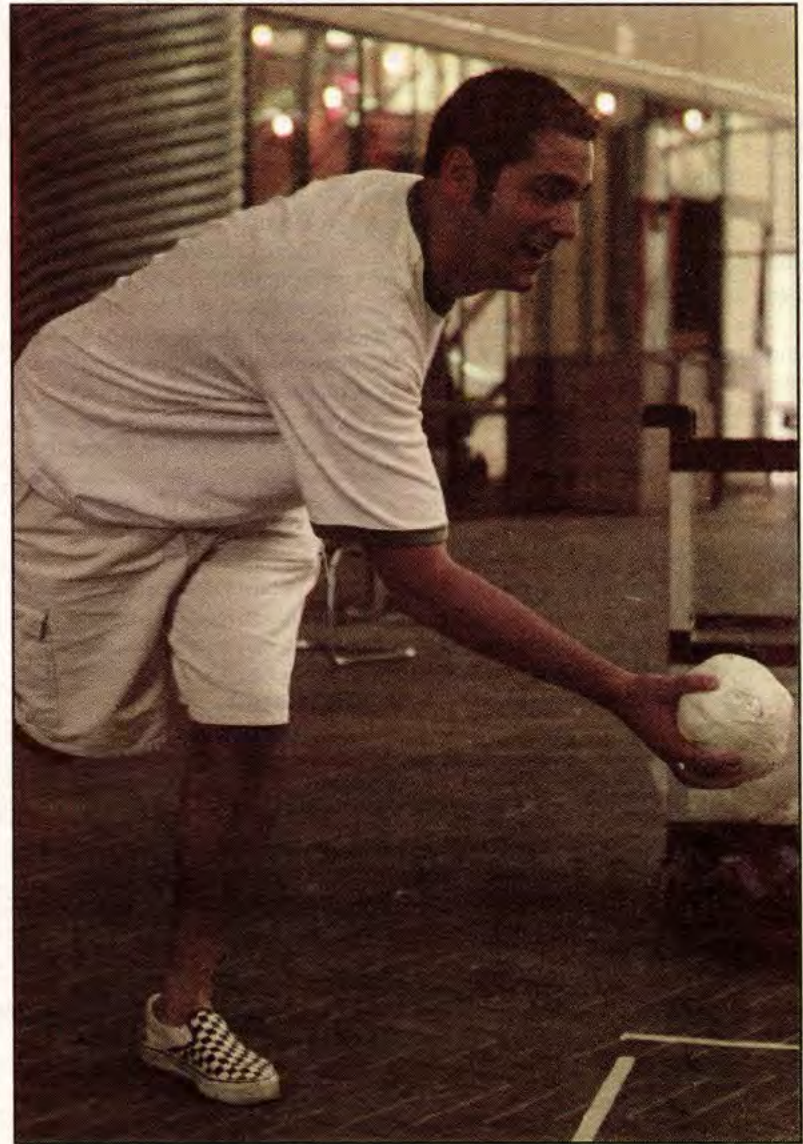
Every contestant that participated in the Turkey Bowl was entered in a draw to win a \$20 A&P gift certificate. The winning ticket will be drawn on Thur. Oct. 4.

"The idea is for the winner to go buy a turkey, but not everybody celebrates Thanksgiving or eats turkey. They may be a vegetarian. This way they can use the \$20 for anything they want," said John Pulla, HSF President.

"It definitely helps to build school spirit," said Maulan Brown, a second-year Computing Networking student.

Play Pin the Doodle on the Turkey on Thur. Oct. 4 between 11 a.m. and 12 p.m. in the Student Centre.

Each winner will get a Humber College lanyard and a chance to win the draw for the \$20 A&P gift certificate.



Joel Hoidas

Students use odd-shaped bowling balls in HSF Thanksgiving celebrations

Big names make new dean a hit

By JULIE DeANGELIS
Et Cetera Staff

The new dean of The School of Creative and Performing Arts has his way, he'd like to see Canadian-born superstar Mike Myers perform with students in a Humber vaudeville show this spring.

Joe Kertes, the former director for the School of Comedy and the School of Writers and the new dean of the School of Creative and Performing Arts, has anything but conventional plans for the new school.

His reputation proves that he is no stranger when it comes to organizing high-profile events.

Last year, Kertes was able to arrange for Hollywood film star Chevy Chase to work with students at the Humber Summer Comedy Workshop. This year, Kertes said, will be even more eventful.

"What I would like to do this year is a Humber vaudeville show," he said. "I would like to do it in the Toronto Vaudeville Theatre, which is the Winter Garden Theatre and see if we can't get Mike Myers to join us. We'll have music, we'll have comedy, we'll have theatrical stuff - it'll be fun."

The new school is called The School of Creative and Performing arts.



Courtesy David Matte

Chevy Chase entertained students at last year's Comedy Workshop

Humber President Robert Gordon made the decision this summer to combine some of the most exciting programs in the college by appointing Kertes.

The position was vacated when the former dean of The School of Performing Arts, Pat Ferbyack, retired at the end of last semester.

It was then that Gordon brought together a few of the programs that have garnered some of the greatest

publicity the college has received in the past several years.

The programs, combined under the new title, include the award-winning music and theatre programs, The Comedy Workshop and The Creative Writing School, which brings well-known authors to Humber over the summer.

Kertes calls the promotion to his new position a logical fit.

"I'm not necessarily a natural

administrator, meaning I wasn't looking for a way up the ladder to the presidency or anything like that," he said. "It's not that I relish administration, it's that I love these programs and I think I could do something exciting with them," he said.

Kertes noted that three of the four best-known college programs in Ontario are united under the new school.

First is the Creative Writing Program, which has been called one of the most "prominent writing schools in the world" by *Toronto Life* magazine.

Second is the Comedy program, which is exclusive to Humber.

Last is the award-winning Music Program, which, as Kertes said, has been highly acclaimed throughout Ontario for years.

Diana Bellshaw, co-ordinator of Theatre Performance, believes that the move is great.

"I think that one of the things that has been lacking and often doesn't happen at a place like Humber, is for programs that have similar interests to actually connect and be able to share resources and ideas," Bellshaw said.

The theatre performance/theatre technology departments have already joined forces with the music depart-

ment to produce a full-fledged musical called *Useful Music, A Weill Night* that is set to open in late October at the Lakeshore campus theatre.

Paul Court, co-ordinator for Technical Production and production manager for Theatre Humber, is pleased the school is expanding.

"We're opening up to other areas of the arts, which is pretty congenial for most of us," he said. "We're still in the process of figuring out how it's going to work. We're quite happy with Joe [Kertes] as a selection."

Both he and Bellshaw collaboratively teach a course called Introduction to Theatre to first-year tech and performance students.

"Both areas are so interdependent," Court said. "In the course we're making sure that both sides get the other's perspective."

Nancy Burt, director of Special Projects, is delighted with the new opportunities available to students at Humber.

"I love working with Joe Kertes and with Squee [President Robert Gordon]," she said. "The school for writers has a renowned reputation now. We have some of the brightest authors who are around the world teaching right now. We do fabulous things."

Humber receives facelift

By JASON PARADISO
Et Cetera Staff

During the four-month summer break, many renovations were completed at Humber College's North and Lakeshore campuses.

This is what Carol Anderson, director of Facilities Management, told the Academic Council at their Sept. 20 meeting.

The L building at Lakeshore underwent a large number of changes. Not only has it been painted, but new tiles have been laid and new furniture bought.

Anderson said the A building received a new ceiling on the first floor.

Even more renovations were done to the North campus, specifically to the L building.

"We renovated some labs in L, second floor. They are some hi-tech computer labs [now]," Anderson said.

The basement of the L building was re-painted "as a direct result of the flood last year," she added.

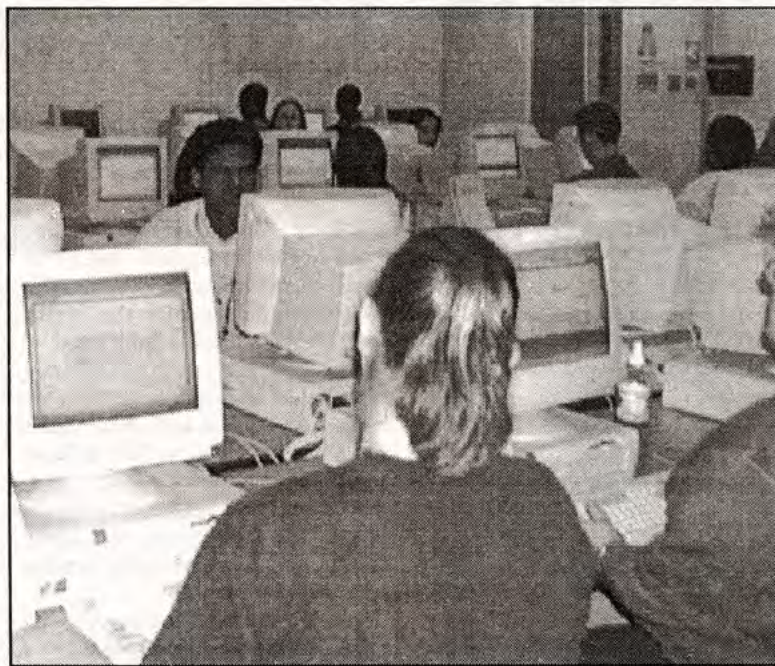
Two more common computer rooms were added in E 228 and F 112.

The F building received new carpets in two of the computer rooms and 250 classroom chairs and tables were replaced.

The Humber Room and Tall Hats are currently under construction and are expected to be completed in early October, which should put an end to the pedestrian traffic bottleneck near the Concourse.

The elevator that services the third and fourth floors of the E building had some maintenance work done to it, and the possibility of a new elevator is also being investigated, Anderson said.

Doug Willford, the academic chair, said the library also had some work done with a new coating being put on the windows to reduce the glare and heat from the sun.



Diane Denby

Renovations bring much needed computer labs, available to all students

Rez site offers fun and entertainment

Students can look to new Web site for information

By PHILL FELTHAM
Et Cetera Staff

The residence Web site called Resnet is on-line, almost.

Residents at Humber are planning to have a fully operational Web site for students living in Residence ready by Thanksgiving weekend so that they can check it out on their holidays.

"Resnet is basically a Web site for the Humber College residents to log on and learn about current events that are affecting them in Residence," said Scott Hammond, the webmaster for the new site and a student living in Residence.

Hammond said when the site is fully operational, students will be able to chat, download files and trade pictures.

"It will have a guest book, links to Student Services, virus checkers and tech support," Hammond said.

Peter Lem, Residence Life co-ordinator, wants Resnet to be a one-stop information booth for the staff and students of Residence.

"What we want to do is give the students a reason to look at it every-day," he said.

By next fall, Lem wants Resnet to be the site students go to if they need information.

Information about Humber's Code of Conduct, Human Right Policy and Frosh Week are only a few examples of the items available.

Students will also be able to find important numbers of other departments in the college.

Hammond said he wouldn't mind working with the *Humber Et Cetera* to get a news forum built onto the site.

Lem said Resnet is a three-year project now in its second year.

The site will also be useful to high school students wanting to get into Humber Residence.

"They can find out if they got into Residence or not, using Resnet," Lem said.

He added that the Resnet Committee will be looking for funding from within the college and also from outside through corporate sponsors.

"Basically, we think it's a necessary service to provide to the students, so basically the costs will be covered by the residence and the college," Lem said.

However, will this new interactive site replace the corporate Residence Web site?

"[It] will never replace the corporate side," Lem said. "That's needed for the college to have for recruitment and prospective students."

Hammond said Resnet is specifically for students who live in Residence to use.

The corporate site provides general information for the public about the residence.

Hammond also said plans are still in the development stages.

"The goal is to have photographers, reps, anyone with HTML or computer experience [to help out]," Hammond said. "Any Humber resident is welcome to help out."

Hammond added there will be a questionnaire handed out to students in the middle of October to find out what they would like to see on Resnet.

To improve the look and content of Resnet, feedback is encouraged and welcomed.

Feedback about the site can be sent to resnet@admin.humberc.on.ca.

The Resnet Web site is located at www.resnet.humberc.on.ca.

UNB deal important for nurses

By KELLY LEWARS
Et Cetera Staff

Nursing graduates can breathe a deep sigh of relief now that changes to the province's Nursing Act won't render their diplomas obsolete.

Some students in the nursing program were concerned last year after the Nursing Act required all practising nurses to have a bachelor's degree by the beginning of 2005.

But Humber's new partnership with the University of New Brunswick (UNB), means students can continue their studies at Humber and complete their degree requirements.

"If they pass the [diploma] program they will be eligible to write the registration exam," said Sandra Filice, the degree program co-ordinator.

Humber's original target for the new degree program was 180 seats.

Out of 600 applicants, associate registrar Joyce Woodend said, only 166 students qualified for the offer to join.

More than 80 students accepted the offer.

"It's a pretty good return considering it's a brand new program," Woodend said. "We already held a partner for the registered nurses degree completion so it seemed a logical choice for us."

UNB is used to working with partners and shares common values with Humber.

Both schools believe if you teach theory, you need practice to go with it, Filice said.

First-year nursing degree student, Anthony Ginn, is looking forward to the program.

"It seems like a great program," he said. "I chose to come here out of universities because I'm getting a scholarship."

The new nursing degree program began in the fall after negotiation between Humber and UNB ended this summer.

The Ministry of Education gave its blessing to the merger last March.

In Brief

RUN FOR CHARITY

On Sat., Sept. 29 at 10 a.m., 160 participants lined up in front of Humber College's Lakeshore campus for The Fourth Annual Gatehouse Run/Walkathon.

For the past three years, the Gatehouse has provided a safe haven for victims of domestic abuse. This annual event brings the community together for a five km run or a two km walk to raise funds for child abuse prevention.

Although the official total is yet to be tallied, organizer Tammy Hepditch said the proceeds raised this year exceeded the goal of \$10,000.

After crossing the finish line, participants enjoyed a free BBQ lunch.

The Gatehouse is located at 3101 Lakeshore Blvd West.

-With files from Julie DeAngelo

It started as a joke.
Now the joke is on them.

STEVE ZAHN PAUL WALKER LEELEE SOBIESKI

JOY RIDE

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OPENS IN THEATRES EVERYWHERE OCTOBER 5TH

Run for a Cure kicks awareness month off

By BIANCA MOLINARO
& JENN KLEIMAN
Et Cetera Staff

Supporters raised more than \$2 million in Toronto alone for breast cancer research during the tenth annual Run for the Cure.

Hosted by the CIBC and Canadian Breast Cancer Foundation, the run is the largest fund raiser for breast cancer research and awareness in Canada. This year's run, which began at Nathan Phillips Square Sept. 30 brought out the support of more than 2,300 runners.

"I'm amazed at the amount of people here today," said Janis Harwood, a nurse and runner with Schneides Electric. "I had no idea that this walk would bring this many people out."

The event, which kicked off Breast Cancer Awareness month, is recognized nation wide and brought out the support of Canadians in 32 cities raising more than \$10 million.

Peter Ashworth, a publicist for the run, said he expects more pledges will come in over the next few months, possibly bringing the total amount raised to more than \$12 million.

Despite the seriousness of this disease, the atmosphere in downtown Toronto was anything but sombre.

Jugglers, performers and volunteers worked together to make it a fun, enjoyable and memorable event.

"It's fun," said Valene Fernandes, a volunteer from the Canadian Breast Cancer Association. "And you get to meet a lot of people."

Strong support was offered for the runners through the enthusiasm of the crowd and music by the *Lady Godiva Memorial Band*, made up of a group of Engineering students from

the University of Toronto.

"We come out for all of the charity events," explained Andrew Overholt, a member of the band. "The past four weekends we have been to the Terry Fox Run, the United Way Walk, the AIDS walk and this weekend for the breast cancer [Run for the Cure] walk. We come out to encourage everyone and we donate money to help out as well."

This year's event, sponsored by national companies such as Air Canada and Ford Motor Company Canada was a huge success and surpassed last year's total of \$9.3 million raised throughout Canada.

According to the Canadian Breast Cancer Association breast cancer is the number one killer of Canadian women, with an estimated 19,500 new cases discovered in 2001. Statistics also show that two in 19 women will develop breast cancer and that less than one per cent of cancer in men is breast related.

"The problem with men and breast cancer is that it doesn't get reported, there are no exact statistics and the numbers are quite low," Ashworth explained. "If it's detected early enough, the chances for survival are great."

Ashworth explained that events and information are not geared directly to specific groups, such as college students, but the foundation sends out pamphlets and flyers to help educate women and men about cancer. He also noted that the media and Internet help promote awareness by providing the public with a wide range of information.

For more information, visit www.cbcf.org or call the Canadian Breast Cancer Association at 1-800-387-9816.



Naturopath, Derek Murphy shows how acupuncture, a natural form of therapy, is used to treat patients

Turning to nature for a cure

By KELLY MACHADO
Et Cetera Staff

Many people are turning to self-healing and alternative methods in search of a cure for their ailments.

Although in the past people have questioned its integrity, alternative medicine has gained both respect and acceptance in recent years.

This alternative route to conventional medicine "is a practice that supports the healing power of nature. It uses several methods of healing guided by a philosophy that calls for treating the whole person [body, mind and spirit]," said Derek Murphy, a naturopathic doctor at Five Elements Naturopathic Centre in Mississauga.

Naturopathy "can be used to treat things from minor aches and pains, to colds, allergies, arthritis, diabetes and cancer."

Naturopaths view the body as a vital and intelligent organism that orders its own healing process. When making a treatment assessment a naturopath often looks at the patient's entire life, medical and family history, and habits to develop an individual program that will stimulate the body's ability to heal itself.

"Naturopathic doctors are educated in the use of many tools to bring the body to its peak of health, including clinical nutrition, physical medicine, homeopathy, botanical medicine, oriental medicine, hydro therapy and psychological medicine," Murphy said.

Although naturopathy is sometimes frowned upon, many people still turn to it for help.

After months of conventional medicine that didn't help, Marianne Vardalos, a professor in the Sociology of Crime program at Humber's North campus, turned to naturopathy to help with her chronic neck pain.

"The fact that my neck was in perpetual pain seemed like there must be something at the heart of the matter," Vardalos said. "I was having progressively worse neck pain right where my neck meets my back and my doctors just kept telling me to take

Tylenol. I felt better when I took Tylenol, but I wasn't comfortable taking pills every day. So I went to an alternative medicine doctor who does acupuncture and herbal cures."

Under the care of a naturopathic doctor, Vardalos began acupuncture and a detoxification program where she rid her body of old toxins by starting a diet that consisted of raw food and grains and no refined or processed foods for a month.

"The detoxification program was hard to follow, but the results were great. While I was on the program I was really pink-cheeked, my hair was shiny and I lost weight, so I know it's a better way to live," Vardalos said.

The initial appointment is generally an hour and a half and ranges in price from \$100 to \$250. Each subsequent visit usually runs for about 30-60 minutes at a cost of between \$55 and \$75. Naturopathic medical services can be covered under many extended health care plans.

"Basically a minimum of three visits is needed. If it's ongoing therapy, regular checkups in the future are recommended," Murphy said.

Some general practitioners may criticize alternative medicine and argue that naturopaths are not properly trained, but according to Murphy that is just one of the many myths associated with naturopathy.

"The reason regular doctors criticize us is because they feel it's competition and they haven't been exposed

to the old idea of using medicine so they tell people not to do it," Murphy said.

Although it may not be for everyone, naturopathy is considered safe and less extreme in comparison to using modern day medicine.

"Most over-the-counter and almost all prescribed drug treatments merely mask symptoms or control health problems, or in some way alter the way organs or systems work," Murphy said.

"Drugs almost never deal with the reasons these problems exist and they frequently create new health problems through side effects."

"I recommend naturopathy for anyone who feels that conventional medications don't work for them," said Norman Buss, a nutritional counsellor at the Health Service Centre in Toronto. "God put plants on earth to cure almost every ailment to man and if you are looking for a more holistic approach to healing, medication with Mother Nature in mind, naturopathy is definitely the way to go."

Many doctors along with Dr. Ken Houng of the Betterment Health Centre in Toronto refused to comment on the practice of naturopathy, citing a conflict of interest.

For more information, questions on naturopathy or for a referral, contact the Ontario Association of Naturopathic Doctors (OAND) at (416) 233-2001.



Jenn Kleiman

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Cadet faces future with open eyes

By PAUL CARLUCCI
Et Cetera Staff

Jason Totten has a split personality. He is of two different minds, fused into one and locked behind the same set of eyes.

At the age of 14, he entered Canadian Cadets. The move, inspired by boredom, took him on a five-year experience that ended with him training in the now disbanded Canadian Airborne Regiment.

One of eight in Ontario, Totten wound up as a highly respected member of the Airborne's final training class.

While in Cadets, he won an arduous military ironman triathlon. And during his time in the Airborne, he plummeted through the sky with



Courtesy Jason Totten

Totten, his girlfriend and her daughter spending quality time together

over 80 pounds of gear strapped to him.

That is one version of Jason Totten. The one that beckons images of Van Damme looking grim in *Universal Soldier*.

The other Totten is at his life's helm now. He's 23, and in his final year of Humber's Nursing program.

He is a good bartender and has girlfriend who has a three-year old child.

"I've been pacing back and forth, left and right," Totten said, explaining his reaction to the events of Tues. Sept. 11.

"I always find myself nervous. Every time the phone rang, for that first week, I was like: 'Oh, shit.' I didn't know what to expect."

Prime Minister Jean Chrétien has pledged full Canadian support to the

United States in their 'New War'.

Foreign Affairs Minister John Manley has been quoted as saying, "We're not about to back away from a challenge because somebody might get hurt." He was referring to our soldiers, not a terrorist mastermind.

"I think we're going to play a major role, a front-line role," said Defence Minister, Art Eggleton. He was speaking of the fronts of the New War, not peacekeeping.

"When you sign for your course, and you sign your permissions, and all your letters, you had to know that you had the intent to die," Totten said, sipping on his coffee, cigarette burning between his fingers. "You had to know that you had the intent to be called. You had to know this is serious stuff you're doing."

And it is proving to be serious. The Canadian military is on standby. Important decisions will be made in the months to come. Decisions that might radically alter Totten's future.

"I've done five years of school," he said. "I might end up doing another 10; it's a lifetime thing. But now all those plans have been put to a freeze."

Frozen. It's hard to understand the implications. To be yanked from his girlfriend, Sonia Vaughan, and distanced from Sonia's child, Danielle. To be torn away from his family, his job and his education.

Everything is frozen, and he may



Courtesy Jason Totten

Totten suits up for his first jump as a rookie with the Airborne Regiment

full well end up neck-deep in the snow of some Afghani mountain, trying to differentiate between terrorists and villagers.

Such thoughts of the possible future echo distant memories of Totten's past.

"It's nice to be your own person. Do what you want with your life. Now, I'm in a different place. I've got my girlfriend and her child, and my family, who love me," he said

That's Totten at the helm talking. But the other persona is lurking just under the conscious film of his mind.

"I was the only one who put my hand up," he said, remembering a time when a Humber teacher asked the class if they were capable of murder.

"I said if my life depended on it, or if it was for my country, or if I was in a war. Absolutely."

Evening of advertising focuses on international commercials

By JENN KLEIMAN
Et Cetera Staff

Toronto is playing host to a unique festival that will feature some of the best advertisements from around the world.

AdNight is a commercial festival that was created four years ago by Antiprod, a Montreal production company and is making its second appearance at the Toronto Music Hall Oct. 12 and 13.

The festival has received rave reviews in Canada, France, Portugal, Luxembourg, Belgium and Spain, and was a huge success its first year in Montreal.

"There are teams from all around the world," said Catherine Lasond, a promoter for AdNight. "There are even submissions from the Cannes festival."

This year, there will be 610 films - many exclusive - and eight fake ads, totaling 300 minutes of madness. They come from 39 different countries around the world. Some of the countries participating include Australia, Canada, USA, Hong Kong, Poland, France and Argentina.

The festival is viewed by participants who choose the commercials they wish to view, instead of watching the selection of others. The public is informed of the eight different themes at the beginning of the night. The participants then get to vote for what themes they wish to view by cheering and holding up signs. This also marks the uniqueness of the festival as each night is never the same.

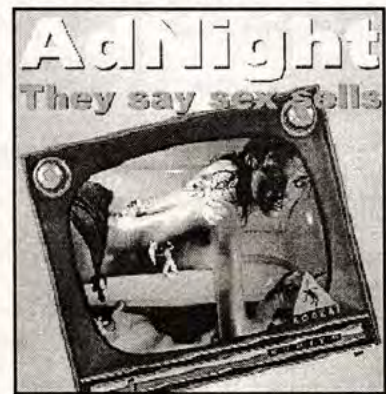
"The audience cheers for what they want to hear," Lasond explained. "We decide what to show depending on the amount of noise that the participants produce."

Between the screening sessions and during the intermissions, there is music supplied by selected DJs and free gifts, t-shirts and promotional items are handed out to the audience, as encouragement to participate and to join in on the fun.

AdNight will be taking place for two nights in Toronto, three nights in Montreal, one in Ottawa and two in Quebec City.

It is expected to be an exciting event that is full of surprises and new ideas.

Tickets for AdNight can be purchased at Ticket Master at (416)870-8000 and reservations can be made at bcote@etoiledunord.net. Tickets are \$28 for adults and \$21 for students.



Courtesy AdNight

New denim styles attempt to solve sizing problems

By SARAH Y. FOSTER
Et Cetera Staff

They're too long, too short, they bunch at the zipper, they stick out at the back, they look better on the mannequin.

Sound familiar?

Chances are, male or female, these phrases are part of your jean-buying experiences, each time you despairingly unload an armful of pants to a sales clerk.

If so, you're not alone.

Aneisha Ward is one of many women that search endlessly for pants that fit.

"Sometimes I can go through an entire mall without finding anything that works," Ward said.

Unfortunately, because not all women are a single-digit size, they sometimes find themselves in specialty stores looking for the perfect pair. One of the reasons may be that most major denim brands have a very specific market.

"Our stores are geared to junior members, girls ages 12-18. That is the

bread and butter of our company," said Ilich Mejia, marketing representative for Jean Machine.

However, there's hope that companies may start breaking the rules.

Miss Sixty, an Italian apparel company with a growing Canadian and U.S. market, has both demin and fashion lines.

Miss Sixty also has separate lines of denim jeans for pre-teens and the 18-35 group. Their jeans comes in lengths from 30 to 36 inches.

Maria Raco, Miss Sixty sales manager for Ontario, says their company tries to stay in touch with the changing market.

"We custom order and import our denim to retailers, according to what their needs are," Raco said.

In recent years, jeans with lycra or spandex have become extremely popular for women because they can fit almost any body type.

Although you may still have to search high and low for the proper fit, if you look hard enough, the perfect pair is out there.

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Getting back to reality

With the third *Survivor* series set to air soon, voyeurism reigns on the airwaves

By PETE RICHARDS
Et Cetera Staff

Tribal council. Alliances. Cash prizes. The TV can't be turned on these days without catching a glimpse of some reality show and viewers may be asking how long this trend will last.

Some are outright sick of reality TV.

"It's getting pretty ridiculous now," said Eric Webster, a second-year Humber student.

Second-year Childhood Education student Jaime Wheelband agreed.

"There are too many of them now," she said. "It's going to play itself out soon."

Although both students agree that they are somewhat tired of seeing reality shows on TV, they admitted to watching them.

"They're unscripted and different," Webster said. "It's like a soap opera and you get attached to the show."

Why is reality television so big right now?

John Doyle, television critic for *The Globe and Mail*, said that word-of-mouth advertisement escalates the mass appeal, making it trendy.

"It's what people are talking about at work, in the streets and at the coffee shops the next day," Doyle said.

The reality TV rage began with the groundbreaking show *Survivor*. Doyle said that because the show first aired through the summer when there was very little new programming on television, it had an excellent chance of attracting large audiences.

People were automatically drawn to the fact that the cast were real people selected from applications sent to CBS.

"*Survivor* started as a novelty which was heightened by the fact that people weren't behaving the way that you could predict actors in a drama or comedy series would behave and there was something compelling about that," Doyle said.

Psychologist, Dr. Rhoda Glasberg, works for a Toronto-based reality series to analyze the interactions of its cast members.

She suggested that the appeal of reality television traces back to people's childhood fantasies of wanting to be invisible.

"I think the appeal it has for a lot of people is this belief that they're seeing something they're not supposed to see," she said.

Both Dr. Glasberg and Doyle used the term voyeurism to describe the appeal of reality TV.

"You're a kind of peeping tom on the lives of people you would never know," Doyle said.

So now that reality television is such a hit, there is the question of its future.

Glasberg suspects that reality TV

is going to continue to become more extreme and more outrageous to keep viewers interested.

"It's like somebody that's addicted to alcohol or drugs," Glasberg said.

"Soon you have to have more and more so you can still get that high."

Doyle, however, disagrees with Glasberg. He believes Glasberg underestimates the viewer's tolerance for the disgusting and the extreme and thinks audiences eventually will shut off their TV sets. Without viewers, ads will be pulled and shows will be cancelled.

Doyle has other predictions.

"I give it another two seasons - that's it," Doyle said.

Doyle said reality television will be played out over the 2001-2002 TV season and there will be remnants next year, but thinks it will then die out.

Fear Factor, a program that aired after *Survivor*'s success was established, takes reality television to new heights.

Its contestants have been asked to lie in tubs while being covered in live rats and even perform death-defying stunts.

While he doesn't think the allure will ever fully fade, he said that reality television will become less prominent during prime time and become more of a staple during daytime television in the years to come.

But as long as people continue to watch, prime time will continue to consist of more rat-eating, back-stabbing and privacy-invading.

Apple Crisp



The Recipe File

*4 medium apples
*1/2 cup soft margarine or butter
*3/4 cup brown sugar
*3/4 cup rolled oats
*3/4 cup flour
*2 tsp cinnamon

Peel and chop apples into small pieces and place in a casserole dish, layering as deep as desired.

Combine margarine and brown sugar in one bowl and oats, flour and cinnamon in another bowl.

Slowly mix dry ingredients with wet mixture and then spread mixture on top of apples.

Bake uncovered for 35 minutes, at 350 degrees.

-compiled by Katy de Vries

Homemade goodness

By MIRIAM OSBORNE
Et Cetera Staff

Everyone has seen the people wearing long white jackets, black and white checkered pants and tall hats walking around the school. Those are Humber's Chef Training and Culinary Management students.

While most students consider cooking to be opening a can of spaghetti and putting it in the microwave, these students are doing things that most have never heard of: cooking from scratch.

When you walk into the kitchen in the basement of L-wing, the smell of freshly cut basil and other spices fills the air.

These chefs are making lasagna,

beginning with the dough.

After watching a demonstration from their teacher, the students begin cooking.

Doralice Lopez, a first-year Culinary Management student, said this is a perfect program for her, because she hopes to one day own her own restaurant.

"I really like it. It's very challenging, and I like that," she said.

Lopez couldn't think of anything she doesn't like about the course.

"I'm never bored," Lopez said.

Opening pre-made lasagna and warming it up takes about five minutes and although making it from scratch may take time and dedication, chefs everywhere agree that nothing tastes or smells better than home-made cooking.

Jeans, jeans, jeans

By ROO GUILHERME
Et Cetera Staff

The same old look can get boring fast so fashion companies such as Roots, The Gap and Buffalo Jeans have added some pizzazz to their fall and winter denim collection by giving it a little style.

These retail stores have introduced the special-wash jean.

The antique design features a slight fade out in shade from the mid-thigh to knee area. The fading often has a hint of tinted yellow.

Nick Holloaaty, manager of The Gap located on 302 Yonge St., noticed its popularity among shoppers.

"The special-wash jeans have been very popular, especially in the basic dark rinse. As with college-age shoppers, all types of jeans sell very well," he said.

Cords are also an alternative to the denim look.

"Corduroy jeans are also popular and they're great in colour too," Holloaaty said.

Denim can be a harsh material on its own. Companies are experimenting with denim mixes where a combination of spandex/denim fabrics are used to provide more comfortable textures.

Frayed edges and shifting seam-lines, where seams will cut across the

pant leg giving that worn-in look will also be in style.

_____ a student _____ said the fabric combo will be used in women's jeans more.

"Denim is still a strong material by itself, so combination fabrics help soften it up and will give you the tight-fitted look much easier. The key thing is making them look like they've been owned for a while," she said.

This season, women's jeans will feature low-rise hips and flared legs, giving a shapelier look. The mid-cut style accentuates the hip area.

Mary Longson, a cashier at Roots

Central, noticed the demand for flared jeans.

"Our Tribeca women's jean is our only current denim that has a flare. It's been extremely popular. We've had customers coming in asking when we're getting more," she said.

Guys should prepare to say goodbye to wide and baggy legs. Men's denim will focus on a slimmer fit. The boot cut look will be popular, making jeans appear more sophisticated.

Duncan Keeley, a second-year comedy student at Humber, still isn't embracing the denim switch to slim-fit.

"I like the baggy look. Tight clothes are confining so you have to

keep moving this and that around all day. Who wants to be uncomfortable?" he said.

Denim isn't restricted to just bottoms. Denim jackets are available in the same antique style giving shoppers another way to finish off their outfits.

Dyer, who owns multiple pairs of jeans herself, said it's nice to own several pairs.

"It's like when you wear a baggy sweater, you won't wear tight pants and vice versa. Different styles give you different looks and you can wear them to suit your mood," she said.



Roo Guilherme

Moon painting with lasers becoming new phenomenon

By PETE RICHARDS
Et Cetera Staff

It may be a long shot, literally, but a Missouri man is trying to paint a red spot on the moon.

Artist and writer Jim Downey, organizer of Paint the Moon, is hoping people across North America will shine their little red laser-pointers in the sky for five consecutive minutes to 'paint' a temporary spot on the moon this October.

He will be trying for another opportunity in November.

Downey realizes how ridiculous the idea is and is, in fact, skeptical of his own plan.

"Theoretically, something could actually happen," Downey said.

"I'm not counting on it, but it would be really neat if it did."

While a beam from one of those little laser-pointers could theoretically hit the moon, numerous physicists and astronomers have told him how far-fetched his idea is.

Humber College astronomy professor Tom Olien said this plan could work. But when asked if it will, Olien said, "I don't know."

Professor Olien does, however, question the project due to the low wattage of the common laser-pointers and possible ozone obstructions.

Despite the skepticism, Downey's Web site www.paintthemoon.org has

gotten more than 400,000 hits and he is receiving media attention from around the world.

Downey said that because the project has sparked the fascination of many people, it is already a victory, whether it works or not.

"There's more going on than just a science experiment," Downey said. "It's much more about getting people to dream, to maybe look at the moon a new way, to share a common idea."

In case of bad weather in certain parts of the continent, there will be two nights to paint the moon.

Have your pointers on Oct. 27 and again on Nov. 24 at 11 p.m. EST.

Aim the pointers to the left side of the terminator, the line where the sunlight stops, for five minutes.



Courtesy Paint the Moon

The light dot represents the lasers

Video conferencing, the new alternative

By KAREN THADANI
Et Cetera Staff

In the wake of the Sept. 11 terrorist attacks on the United States, businesses have been cancelling air travel plans.

Although many business people are not enthusiastic about travelling, they still need to communicate with other businesses around the world, so video conferencing may be gaining popularity.

Video conferencing is a tool used by companies to interact with other clients globally.

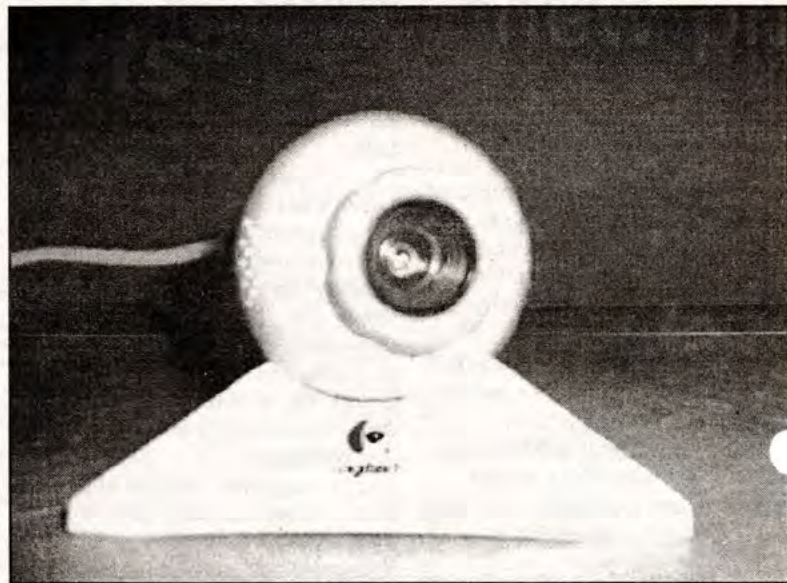
"This technology will probably take a long time for many companies to start using," said Colin Ramdeen, integration specialist at Redknee, a mobile networking company.

Ramdeen said the technology must improve before companies invest thousands of dollars into it.

With video conferencing, two parties can interact as they would in a telephone conversation, but instead of just voice, the parties can see each other.

"This is a good time to push marketing on this technology, but it has to be improved," Ramdeen said.

Ramdeen added that although the technology may be useful for holding



Karen Thadani

The web cam is the key component to using video conferencing

meetings globally, companies like Redknee, which develop software for back end billing, have to send their employees to client sites around the world to install software and give demonstrations.

In order for video conferencing to be successful, companies have to invest in the hardware and software.

The three major components are the camera, software applications that run the program, and the communi-

cations link.

Microsoft offers a free download of Netmeeting, which is also a video conferencing tool.

Although this program may not be sufficient for large corporations in day to day use, it works well for chatting with friends on any side of the globe.

Microsoft has recently released Windows XP, which offers even more video conferencing capabilities.

Job searching on Internet made easy

By MUNA ISMAIL
Et Cetera Staff

With such a vast number of career and employment Web sites, the most difficult part is choosing a site suits your needs.

To make life a little easier here are several Web sites that Humber students and recent graduates can use to look for jobs in their field, internship, volunteer programs, or careers.

• www.careerexperience.com Indecisive students can check out this site. By clicking on 'Explore Career' you can register to create a personal profile and have the site help you choose a career and develop the skills needed.

You can also look in the vast selection of industry and professional sectors for hundreds of career profiles.

• www.mediajobsearchcanada.com Media Job Search is beneficial for recent Canadian graduates who have little or no job experience.

By clicking on 'Job Opportunities' you'll be able to find positions in television, radio and music, film and video production, newspaper and

magazine, advertising and marketing, and multimedia.

• www.CampusAccess.com Volunteering for organizations or interning and travelling abroad are some of the best ways to gain experience. There are a lot of internship and volunteer work possibilities, but usually these internships are hard to find. If you don't know where to start looking this site will help.

• www.mazemaster.on.ca Maze master is a Toronto site geared at young people looking for jobs or wanting to change their career. The site provides access to up-to-date employment, training and educational information. Young adults can benefit from using mazemaster.on.ca by getting answers to many of their job-related questions at one location. If you click on 'job postings' you will find jobs on this site's job board or links to other employment Web sites.

• <http://acdi-cida.gc.ca> Individuals who are interested in volunteering or working in the field of international development can check out the Canadian International Development Agency. People between the ages of 19-30 can apply for the International

Youth Internship Program.

• www.monster.ca Whether you're looking for a job in your career field or looking for part-time job in administration, monster.ca is an internationally recognized job site used by millions of people. Currently more than 21,000 Canadian jobs are posted. You can post your resume on-line and have employers related to your field look at it.

Click on 'Search' to find jobs in your region in your field.

There is also a Career Centre, where you can prepare your resume, practice with virtual interviews, chat with jobseekers, and read your horoscope.

• www.ajb.dni.us For students who can work in the U.S., America's Job Bank has more than a million jobs to look at. On this site you can search for jobs by first selecting a job title and a zip code. The job profiles are very descriptive, listing the location, wage and other important information.

Those interested in the entertainment industry can check out Web sites such as www.cool-jobs.ca, www.nowtoronto.com and showbiz.com.



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Hawks break records and opponents

By RUDI SCHULLER
Et Cetera Staff

The Hawks women's soccer team played three games over the past week, managing to rewrite three scoring records and remain undefeated.

The Hawks filled its opposition's nets with a staggering 23 goals over the three matches, while not allowing a single goal against.

Humber traveled west for a two game road trip to face St. Clair and Lambton, following their home game last Wednesday against Conestoga.

Three provincial goal-scoring records were broken in the offensive onslaught. Joanna Vitale became the highest scoring female college player the history of the OCAA last Wednesday. Humber also claimed the record for most goals by a team in a single game.

In what may have been their most polished game yet, the Hawks cruised to a 4-0 victory Sunday over Sarnia's Lambton Lions.

Humber played with incredible poise and displayed the type of finesse most teams can only dream of.

"We played possession soccer," said co-captain Adriana Cataldo. "That's what we want to play."

The first half produced two goals, both scored by rookie sensation Veronica McDonald.

On two identical plays only five minutes apart, McDonald acted as the target for Cataldo's pinpoint corner kicks. Calm and collected, McDonald rose above the Lions' defence and nodded both passes into the back of Lambton's net.

One minute into the second half, Joanna Vitale got on the score sheet, with a low, hard shot into the bottom right corner of the net.

Cataldo closed the scoring with under a minute left. Defender Claudia Marmo laid off a soft pass into the path of an onrushing Cataldo, who blasted it by the Lions' keeper from the edge of the penalty area.

Hawks' keeper Sonya Vitale earned the shutout, having only been tested on a handful of occasions.

Saturday's game in Windsor against St. Clair was a far easier victory for the Hawks, as they trounced the Saints 14-0.

St. Clair started the game with only seven players, the minimum allowed for a competitive match. By the end of the game, the Saints had 10 players on the field, but it wasn't nearly enough to stop the offensive machine that is the Humber Hawks.

Humber wasted no time in dismantling the undermanned Saints, scoring five goals in the first 10 minutes of play.

McDonald, Joanna Vitale and Emilee Barrington all had hat tricks in the match. Diana Furlano and Joanna Kontonikolas each had two goals, with Anna Tripodo adding one.

Having faced only one shot on goal, Tia Trombetta had an easy time collecting the shutout.

The 14 goals scored by the Hawks is a new one-game OCAA record for a single team.

Ironically, the 14 goals also represent the record for total goals in a game by two teams, a record now shared by Humber and St. Clair.

The lopsided victory did not come without a price. Hawks Defender Sandra Troiani injured her left thigh

in a collision with a St. Clair player minutes into Saturday's game and was not able to play in the following day's match against Lambton.

The Hawks also dismantled the visiting Conestoga Condors with a 5-0 triumph Sept. 26.

With the game barely under way, Joanna Vitale rewrote the history books as she scored her thirty-third career goal, surpassing former Algonquin player Fiona Mottahed to take sole possession of the OCAA career scoring record.

Joanna Vitale opened the scoring following a great run by Barrington, who brought the ball from the Hawks' half of the field to well inside the Condor penalty box. She then crossed a high pass to Joanna Vitale, who half-volleyed the ball into the Conestoga net.

Also scoring for the Hawks was Darcia Paul, Cataldo and Tripodo, who notched two goals.

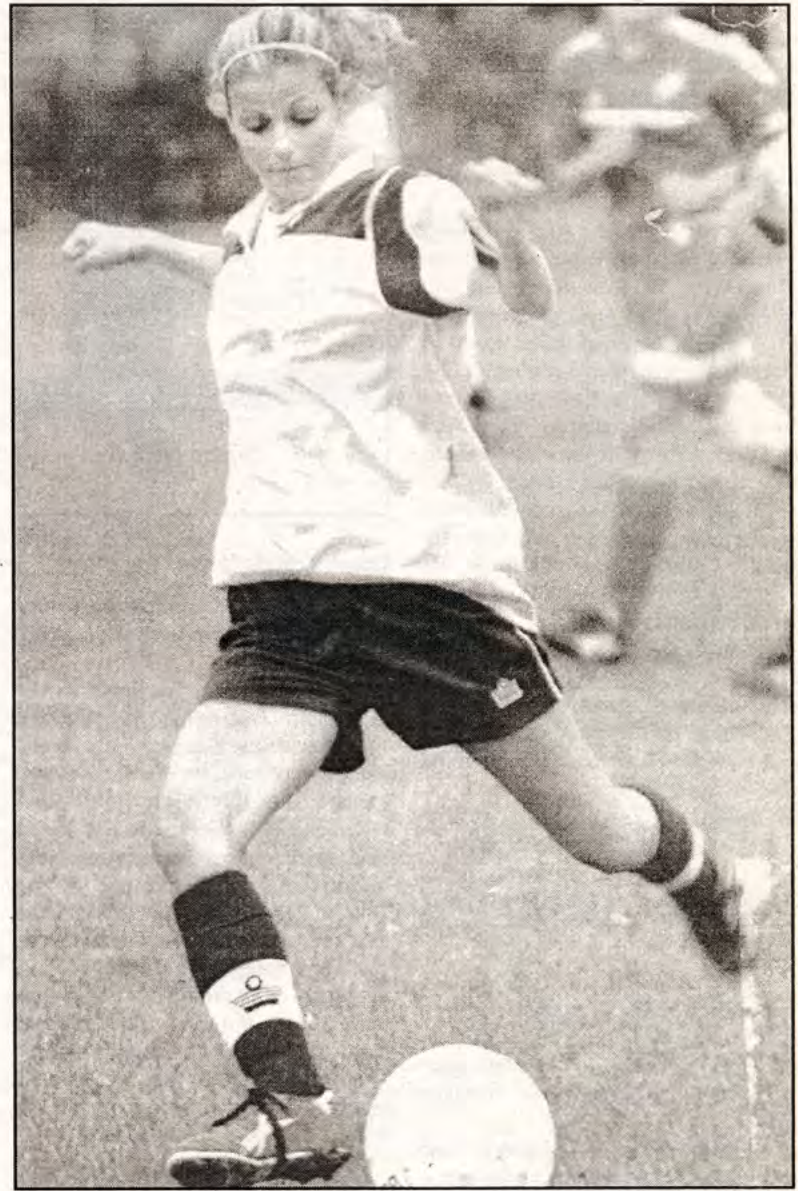
The clean sheet was split between Sonya Vitale and Trombetta.

Humber's stellar play over the past week has earned the Hawks the distinction of OCAA Women's Team of the week, with Joanna Vitale picking up Female Athlete of the Week honours.

The Hawks' record now stands at five wins, one tie and zero losses. They currently lead the Central-West division and are second place in the overall OCAA standings.

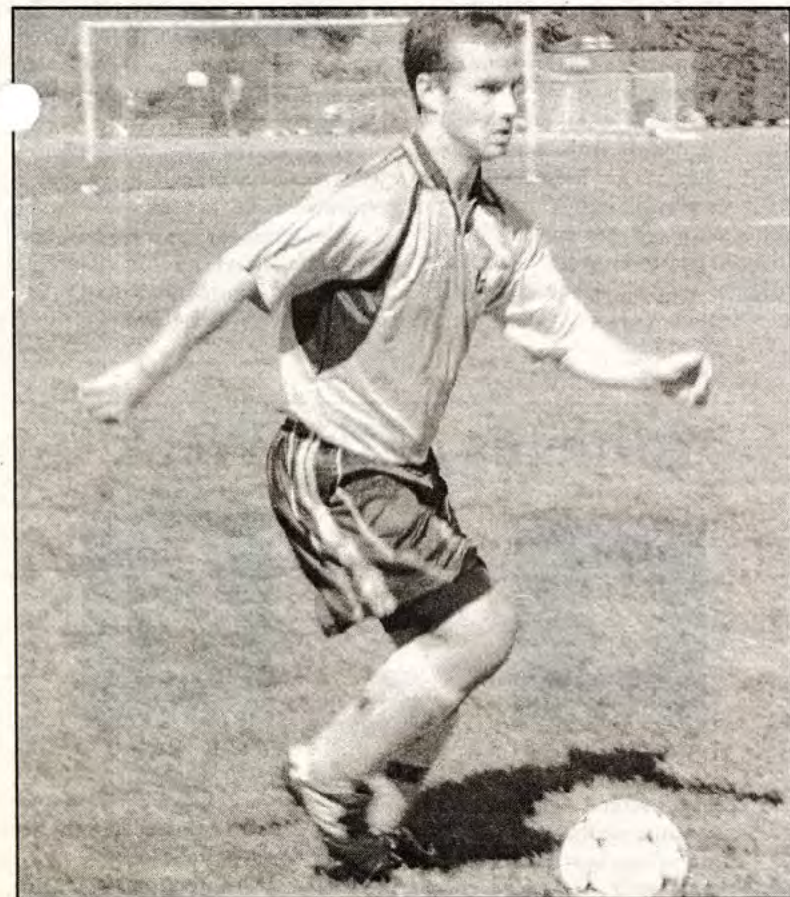
Last night Humber traveled to Oakville's Trafalgar Field to take on division rival Sheridan Bruins, with the Hawks set to host the return match on Tuesday.

With two victories the Hawks could clinch a playoff spot.



Diane Denby

Joanna Vitale, who broke the OCAA career scoring record, looks to add to her total in a game against the Conestoga Condors at home last week



Rudi Schuller

Mark White shows off his fancy footwork in action this past week

Humber lassos pair of wins in Wild West showdowns

By RUDI SCHULLER
Et Cetera Staff

The Humber Hawks men's soccer team traveled west over the past weekend, and returned home with two hard-fought victories.

Playing without leading scorer Samuel Afriyie, midfielder Daniel Mantera, and defender Wilson Hugo, the Hawks showed considerable depth in pulling off the wins.

In Sunday's contest Humber defeated the Lambton Lions of Sarnia, in a chippy affair that ended with a 3-1 score line.

Humber forward Vito Del Duca opened the scoring, delivering on a pre-game promise to his teammates that he would score a goal.

It was Del Duca's first strike since the pre-season, and the frustration was mounting for the rookie.

"It was really good to finally snap out of my drought," he said.

Minutes later midfielder Tony Donia scored the second Hawk goal.

After Donia's goal, the game rap-

idly degenerated into a rough, physical match, as the Lions showed their frustration by running over any Hawk player in their path.

The second half opened with a Lambton goal, as a weary Hawk defence was eluded by a high bounce that was capitalized on by a Lion forward wide open in the penalty area.

Shortly after the Lambton strike, a Lions player was booked for a hard tackle on Hawks midfielder Paul Grguric.

Grguric managed some retribution, scoring the Hawks final goal midway through the second half.

The referee issued another yellow card to a Lions defender for a vicious tackle that had the Humber bench screaming for an ejection.

The lone casualty of the game was an injured ankle for Donia, who will likely miss the remainder of the regular season.

On Saturday, Humber edged Windsor's St. Clair Saints 1-0 in yet another hard-nosed affair.

The highlight of the match was a

brilliant save by Hawks' keeper Mike Silva, who charged off his line to stop a St. Clair breakaway.

"[That save] was the turning point of the game," said Humber assistant coach Cesare Tripodo.

Early in the second half, midfielder Mehmed Mehmedoglu, who had been booked in the opening half, scored the only goal of the game.

Hawks head coach Germain Sanchez was pleased with his team's play.

"We didn't have a beautiful game, but a win's a win," he said.

Despite suffering the injury, Donia was glad that the team was able to spend the weekend together.

"This team trip was a crucial point in the season. It gave us an opportunity to know one another on and off the field," Donia said. "Our team chemistry is building."

With the victories, Humber improved to 6-0-1. The Hawks are now four points ahead of second-place Sheridan, with a crucial road game against the Bruins tonight.

New hockey coach Wayne Crawford hopes to soar with new set of wings

By JOHN-PAUL McNALLY
Et Cetera Staff

New Humber Hawks men's hockey head coach Wayne Crawford hopes his hockey experience will bring out the best when the team hits the ice this weekend at the Oakland University invitational tournament in Michigan.

Crawford, 41, who signed on with the team in August is preparing the Hawks for the upcoming Ontario Colleges Athletic Association season. He also is no stranger to the world of hockey. Having played professionally for over 21 years Crawford knows how the game is played and hopes this knowledge will allow him to help others, starting with Humber.

"I think I can make guys still enjoy their hockey and care and compete hard," Crawford said. "I think the coaching aspect is just giving something back to the game."

Over Crawford's long career he's seen many aspects of the game. From the schoolyard pond to the Detroit Red Wings dressing room, Crawford has been involved with many teams and organizations.

Being a Scarborough native Crawford put on his skates at an early age. One of his earliest memories is waking up early and freezing his toes off in the unclosed hockey arenas of the past.

From there, Crawford played minor hockey like so many other kids and eventually moved on to the junior level, all with the complete support from his parents and younger brother.

"I think every hockey player that has gone to major junior hockey or a



John-Paul McNally

Coach Crawford runs the show

professional career, the main source of support has been from the family," Crawford said.

Crawford began his junior career in Niagara Falls where he played a season with the Niagara Falls Flyers. He then moved on to the Toronto Marlboros of the OHL in 1981. After playing only a few seasons of junior hockey, Crawford was drafted into the NHL in the sixth round by the Detroit Red Wings. This marked the official start of his professional career.

"The hardest part for me was just the fact of overcoming just being with these heroes of mine," said Crawford from the Humber coach's office. "These guys are hockey heroes and legends now. Just being on the ice with them was a great experience."

After playing several exhibition

games for the Red Wings Crawford played for the AHL's Adirondack Redwings, Detroit's farm team. From there Crawford joined the IHL's Kalamazoo Wings in 1984 and the Canadian National Team in 1987 until he was considering retiring from hockey in 1988 when his friend asked him to play in England.

"I said I'd go and have one more year and that would be it," Crawford said. "I ended up playing 14 years over there."

For the next 14 years Crawford played and coached some of the best teams in the British National Ice Hockey League. It was an experience that Crawford remembers fondly and proudly.

"It's very family oriented and every visiting team always brought busloads of fans," Crawford said. "They cheered for their team and when the game was over they all went to the same bar. There were never any problems and it was a very fun atmosphere."

Crawford's first experience as a coach was with the Whitley Bay Warriors where he was also a player. From there he continued to play until 1994 when he would once again decide to coach and has been coaching ever since.

This past summer Crawford decided to come back to Canada with his wife and seven-year-old son. Shortly afterwards he joined on with the Hawks and is hoping for a successful season.

"I think the main goal is to earn respect for each other," said Crawford. "They have respect for me as a coach and I have respect for them as players."

Brothers make Hawks volleyball a family affair

By AMANDA Da PONTE
Et Cetera Staff

Competition is nothing new for Humber's men's and women's volleyball coaches Wayne and Chris Wilkins.

"The competition is absolutely there," said Wayne, the older of the two brothers and coach of the men's team. "I use it as a measuring stick. These guys [Chris's team] win all the time and if I can aim to be as good as these guys, it'd be great."

"I've seen them play golf and I've seen them play table tennis and even in that they're competitive," said Humber Athletic Director Doug Fox.

Despite the natural competitive nature between the two brothers, they are also very supportive of each other.

"I feel confident that Wayne can come to a practice and at the end of it, he can pull one of the girls aside and give her advice," Chris said.

Fox said, the move from player to coach was a natural fit due to their "leadership and coaching ability, because they coached outside of the school as well."

Other than volleyball, Wayne coaches his son's t-ball team, while Chris has experience coaching other sports such as baseball.

Before coaching, both Wayne and

Chris were captains on the men's volleyball team at Humber. During their playing career, Wayne and Chris both studied Business Management at the school. Chris also got a double diploma for Recreational Leadership and Hospitality, Recreation and Tourism.

As Wayne's playing career was almost at its end, Chris graduated high school and decided on Humber as his next step in life.

Chris was appointed head coach of this year's female Hawks, but he doesn't see it as much different than being assistant.

"We don't have titles and it's always been like that, for years," he said of his and assistant coach Dave Hood's roles. "We always run everything by one another."

"With me, there is no co-coach," said a Wayne laughing and added, "Chris needs to understand that his coaching career would've been limited to high school if I hadn't gotten him this gig."

Though they coach at night, Chris can be found working for a software development company during the day and spending time with his girlfriend. Wayne works at his job as an account executive with Bell Canada, preparing for his wedding in May and spending time with his two children, a daughter and son.

Due to good students, good people and a good atmosphere, Humber need not worry about the Wilkins' brothers giving up their coaching career anytime soon.

"We both love the game, love the people. There's lots of comradery among the two teams," said Chris. "If Humber wasn't a good place, I wouldn't still be here."



Daniel Russell

Hawks volleyball's Wilkins bros

Cheese and whines from the Ranting Frenchman



Marc MacDonald

Butt out that Ash.

The Toronto Blue Jays solved their real problem, as GM Gord Ash was sent packing on Tuesday. Ash failed to make key deals over his seven years. However, for all you Ash fans he will have something to fall back on—he was once the best ticket-taker at Exhibition Stadium.

Is Pat Quinn getting smarter?

Already having tried to unload Jonas Hoglund in the summer, is Pat Quinn getting smart? You'd have to think that he is. Trimming players like Igor Korolev from the roster made sense. Letting go of Steve Thomas did not. But here's the encouraging news: Pat Quinn left Garry Valk unprotected for this year's Waiver Draft. One down and three more to go.

Quinn will ensure that he is a genius if he gets rid of Valk, Hoglund, Nik Antropov and of course Cory Cross. Some people argue: 'But Cory Cross scored two overtime playoff goals.' To them I say 'who cares!' I mean scoring in overtime, three years ago, is part of the reason Valk is still around.

What is wrong with his Johnson?

Rob Johnson is demonstrating his worth; someone has to be the league's tackling dummy. Leading the Bills to a measly three points against the lowly Pittsburgh Steelers while his former rival in Buffalo Doug Flutie led his San Diego Chargers to their third consecutive win.

All the Bills have to turn to is Alex Van Pelt, which isn't much better. Maybe they can get Todd Collins, Jim Kelly or Frank Reich to come back. Better yet maybe the Bills could keep Johnson and pick up Jeff George and field the League's most ineffective QB combination.

What the hell does ESPN stand for anyway?

What is going on in Canada? TSN has been a staple of Canadian television since its inception in the mid-'80s, but now it's gone. Ever since CTV bought the network they have denied rumours that TSN would become more like America's ESPN but recently the familiar SportsDesk has been altered to SportsCentre. It must just be a coincidence that ESPN's highlight show is called Sports Center, wait a second I see the difference! Even though the show's set looks like ESPN's and the music sounds the same, it isn't. That's right we Canadians spell Centre differently, eh!

Raps trim the fat.

The Raptors dressing room should be a quiet, peaceful place this season. Number 34 should also be much quieter and far more peaceful for the Raptors now that Hakeem Olajuwon has arrived. Gone are the days of murder ball, with opponents' heads, during the morning shoot around. That's right Charles Oakley's stormy temper will blow into the Windy City this year, where he'll suit up for the hopeless Bulls.

I guess they wanted the fans to get more involved. One thing is for sure; Oakley and his errant behind-the-back passes will keep the fans more alert.

I'll be back!

So Michael Jordan is coming back again, following Mario Lemieux's lead. Interestingly both retired from their respective sports and tried to be owners and failed. So why not fix your team yourself. It makes me wonder about Wayne Gretzky...I mean any team with Todd Warriner and Mike Johnson is bound to fail, just ask former Leaf coach Mike Murphy. Who's next? Where's Bo Jackson? Maybe there could be a sequel to the Pro-Stars cartoon; they could call Old-Stars.

While on the topic of comebacks, what about Bryan Berard's attempt to return from an eye injury with the Rangers? Rumour has it the only person, who didn't see him returning was Berard himself and maybe Eric Lindros because he had his head down.

Athletes of the Week



Paul Grguric

"Mouse" scored a goal in a Humber victory on the weekend.

"He was our best player in the midfield," said Hawks coach Germain Sanchez of Grguric.




Joanna Vitale


Vitale broke the OCAA all-time scoring record last week in only her third season with the Hawks.


Vitale added four goals in two weekend games to raise her total to 37.


NHL PREVIEW


Western Conference


 **San Jose Sharks**
A healthy Vincent Damphousse with Owen Nolan and Teemu Selanne top off a pretty talented line up but will be no match for the big guns.
Prediction: fifth

 **Dallas Stars**
Rid themselves of some washed up veterans and then replaced them with less slightly washed up veterans.
Prediction: third


 **Anaheim Mighty Ducks**
Look for the New Jersey Nets of the NHL to fall well short of the playoffs.
Prediction: fourteenth


 **Phoenix Coyotes**
Not even Gretzky in his prime could get this group of youngsters to the playoffs.
Prediction: twelfth


 **Los Angeles Kings**
Once again goaltending could be a problem depending on which Felix Potvin decides to show up.
Prediction: seventh


 **Vancouver Canucks**
The future is bright for this team stacked with young tal-


ent and they will be looking to do more than just make the playoffs.
Prediction: sixth


 **Edmonton Oilers**
The small market syndrome will make it difficult for this young team to make the playoffs.
Prediction: eighth

 **Calgary Flames**
See Edmonton.
Prediction: tenth


 **Colorado Avalanche**
Were able to keep all of their free agents but lost Peter Forsberg for the year. On most teams this would be a death blow but the defending Stanley Cup champs will roll on without him.
Prediction: first


 **Minnesota Wild**
This team doesn't have much going for it and on top of that they are burdened with some of the ugliest jerseys in professional sports. No past, no present, no future, near future anyway for this group of cast-aways.
Prediction: last


 **Detroit Red Wings**
Could be the oldest team ever to win the cup or could crash and burn when their supply of Depends runs out.
Prediction: fourth

 **St. Louis Blues**
Added more strength up front


but forgot that their problem was in goal.
Prediction: second


 **Chicago Blackhawks**
Not even the heart of Steve Thomas is going to put this rag tag operation into the dance.
Prediction: ninth


 **Columbus Blue Jackets**
Expansion team set to join the NHL in 2004.
Prediction: thirteenth

 **Nashville Predators**
Getting better but you have to wonder about a team that is marketed around the Grim Reaper Stu Grimson.
Prediction: eleventh


Eastern Conference


 **Toronto Maple Leafs**
A lot of hopes and dreams in Hogtown this season. Mats Sundin will have to prove he is worth \$9 million per season.
Prediction: third


 **Boston Bruins**
\$5 million for Martin Lapointe? Cam Neely where are you?
Prediction: tenth


 **Montreal Canadiens**
The question is not how many games the Habs will win, but rather how many players will be patients on a live episode of ER? Too


many.
Prediction: thirteenth


 **Buffalo Sabres**
I wonder what starting position Rob Johnson will have on this team, because there sure are a lot of holes to fill.
Prediction: eleventh


 **Ottawa Senators**
The Sens will once again be a solid regular season team, but fall apart like a Hugh Hefner marriage in the playoffs.
Predictions: fifth


 **Philadelphia Flyers**
The City of Brotherly Love will be in love with their Flyers. Simon Gagne will stand in the shadows and quietly become a top 10 NHL forward.
Prediction: first


 **Washington Capitals**
Jaromir Jagr and Peter Bondra on the same team. If that doesn't give goaltenders nightmares, nothing will.
Prediction: second


 **New Jersey Devils**
Will finally lose their grip as the beasts of the east. Amott will have to step up.
Prediction: fourth


 **New York Rangers**
Bright lights will once again shine on Broadway. The Rangers will finally have the right mix.


Prediction: sixth
 **New York Islanders**
Big off season acquisitions could mean first playoff action in years.
Prediction: eighth

 **Pittsburgh Penguins**
The Pens will have no problem scoring goals, but stopping them is a different story.
Prediction: seventh

 **Florida Panthers**
The Bures will not get along as well as people think. The brothers will argue on who will date tennis star Anna Kournikova.
Prediction: ninth

 **Carolina Hurricanes**
This hurricane has been downgraded to a tropical storm.
Prediction: twelfth

 **Atlanta Thrashers**
The winner of this week's Who Gives a Damn Award.
Prediction: last

 **Tampa Bay Lightning**
Runner-ups to Atlanta. If Atlanta can't fulfill its duties as cellar dwellers then Tampa Bay will wear the crown.
Prediction: fourteenth

Stanley Cup Champion:
Vancouver Canucks

HUMBER HSF students' FEDERATION

ATTENTION: ALL FULL-TIME STUDENTS

The following amendments are proposed to the HSF Constitution.

For more information, please contact Stephen Anastasi at vpcl_1@hsfweb.com or (416) 675-6622 ext. 4155 or drop by the North Campus HSF office Room KX105

**Annual General Meeting
Thursday, October 18, 2001 at 11:30 a.m.
HSF Students Centre North Campus**

Amendments for the HSF Constitution

Notice of change to **Article 24 Standing Committees**
The addition of:
(f) Campus Clubs and Associations Committee

Notice of Insertion of **Article 29** **Article 29 Campus Clubs and Associations Committee**

- 29.1 **Composition.** The Campus Clubs and Associations Committee shall be composed of the President, the Vice President Campus Life (North), Vice President Campus Life (Lakeshore), two other Directors, and the Leadership & Programming coordinator in an ex-officio capacity.
- 29.2 **Purpose.** The Campus Clubs and Associations Committee shall perform the following duties, to the extent authorized by the Clubs and Associations manual, on behalf of HSF and the members, in conjunction with other staff of HSF.
- (1) to sanction clubs and associations;
 - (2) to act as a liaison between the respective club and the HSF;
 - (3) to foster growth and awareness of clubs and associations;
 - (4) to monitor the spending of clubs and association;
 - (5) to uphold the mission statement and goals of HSF.

Notice of change to **Article 7 Clubs and Associations** The Alteration of 7.1 Recognition

7.1 **Recognition.** Any club or association requesting official recognition from HSF must follow the procedures outlined in the Club and Association Manual and the Policies and Procedures Manual.

**THE FAST TRACK
DOESN'T GO THIS FAR.**

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world



STEVEN MOORE, RACING TEAM MEMBER

RACING IN THE CARRIERS SERIES



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