

News

Applicant rates at a college high

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Hawk Athletes in the spotlight at awards banquet

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OF THE WEEK

"If a free society cannot help the many who are poor, it cannot save the few who are rich."



CHRISTMAS IN APRIL — A Toronto Daily Bread Food Bank volunteer packs a favorite student delicacy. Who knows? Maybe you will need the food bank's help at a later date. Read the stories on page 3 and 9.

Lakeshore scores land deal

by Ray Hope and Cindy Vautour

The 15-year long battle over the Lakeshore Psychiatric Hospital grounds appears to be over.

Humber College will now be able to go ahead with the scheduled expansion of Lakeshore Campus.

The decision made last Wednesday by the City of Etobicoke and Humber involves a complicated land exchange.

The college will receive 27 acres of land directly north of the Woodbine Centre on Queen's Plate Boulevard.

Etobicoke Mayor Bruce

Sinclair said the city will get 17 acres of the former hospital grounds.

The Metro Separate School Board gets about six acres and Metro will receive 10 acres.

Sinclair said the original deal, which includes a housing project to be built on the current Lakeshore campus, was shot down because area residents did not want more housing in the area.

The local ratepayers association was worried that further development would ruin Metro's last untouched waterfront property. The new deal will allow Humber to expand the Lakeshore Campus into the eight cottage buildings at

the hospital site.

However, the original plan to rebuild Lakeshore in the area of the cottages had to be scrapped as the new deal will only net \$12 million instead of an estimated \$30 million from the first proposal.

The college will have to scale back ideas of building new administration and fitness facilities. Also lost is the hope of a new campus in York.

The \$12 million will be raised as Humber develops the land acquired in the deal.

However, the Ontario Municipal Board (OMB) will still have to rezone Humber's new property before it can be possibly sold to contractors.

Ken Cohen, Director of Physical Resources for Humber, said, "We (the city and college) worked hard and came up with a solution that met everyone's wishes."

The two parties will be taking their proposal to the OMB for approval.

"Everyone got what they wanted," said Cohen.

"We got property to develop revenue and the land on the Lakeshore will remain institutional," he said.

The city will also retain 17 acres of parkland along the waterfront, meeting the ratepayers' demands.

It is expected the deal will meet little, if any, opposition.

The "Crusader" comes to Humber

Jag Bhaduria goes toe-to-toe with journalism students

by Erin Lobb

The self-proclaimed "crusader", Jag Bhaduria, faced Humber's journalism students March 28 for a one-on-one debate over the media.

"Journalism, and the ideals of journalism went out of the window and it became a personal vendetta," said Bhaduria about the treatment he received by the media.

"There was such a hysteria in the country that people thought Jag Bhaduria must have big horns, with teeth coming out, like a demon. (They thought) This guy must be the worst murderer in this country."

Bhaduria, the Markham-Whitchurch-Stouffville M.P., has strong feelings about the media in light of the recent controversy surrounding him since the election. He has faced accusations of misrepresenting his qualifications, making threats to the Toronto school board, bribing immigration officials, and supporting Kuldip Singh Sara, convicted of murder in two Osgoode Hall shootings.

One student inquired whether the Liberal Party pressured him to leave the caucus or if it was of his own initiative. Bhaduria said that he was given 10 minutes to tender his resignation by the Prime Minister's office.

"That's not called due process, and we feel so proud of the concept of due process in this country," said Bhaduria who added he told the party to take his resignation.

"I will not be bullied by anybody, whether it's (the) Liberal party, or some misguided people in my riding."

Asked how his constituents felt about having an independent M.P., Bhaduria replied that, as of midnight on October 25, he was an elected member of Parliament which meant that he no longer had responsibilities to only those who elected him but also those who didn't.

Bhaduria added it was "no secret that in parliament people have robbed banks, served time in jail for two, three years, and still sat in parliament."

He then explained that he expects to be taken back, because the Prime Minister realizes his mistake in acting on impulse when he forced Bhaduria to resign.

According to an article in the Toronto Sun, which Bhaduria likens to the National Enquirer, he wrote to the Toronto board of education's director that Montreal mass murderer Marc Lepine should have lined up certain

Toronto school board superintendent "against the wall and shot all of you." That would have been the most satisfying day of my life."

Humber journalism student Darren Surette questioned Jag on his right to issue that kind of statement.

Bhaduria: "The freedom of expression is universal in this country, anyone can express his feelings without being threatened in an extremely harsh manner."

Bhaduria added that the Toronto board of education had "worse apartheid than South Africa," because he had been turned down 53 times for a promotion.

Bhaduria announced his plans to form an organization which will be looking after all the injustices in this country. He explained that, "simply by writing to me, Jag Bhaduria, member of parliament,

Ottawa, I will investigate then take some action. Maybe that will be my contribution to the world."

In the manner of Martin Luther King, who he says moved him, Bhaduria said he will be struggling as a crusader in the field of racism.

One of the final questions in the hour-and-a-half session was concerning the issue of recall — the constituents' right to re-elect a new representative. Reform M.P. Ed Harper and his committee circulated a petition which has gathered 35,000 signatures demanding that Bhaduria resign.

Bhaduria commented that once the people fill out their ballot, that's it.

"You only recall if someone has done something wrong... unethicalness doesn't mean too much."

Woodbine: Parking lot or minefield?

Some students have had enough of race track lot

by Alan McDonald

Forced to drive over numerous potholes every day while parking their cars at the Woodbine race track lot, students have nowhere to turn to voice their complaints.

"It's not my responsibility," said Humber's head of Parking Facilities Donna Davenport.

"We lease the land from the Ontario Jockey Club (OJC). We don't own it."

The OJC has a similar attitude.

"It's out of my hands," said the OJC's Parking Supervisor Al Dymon. "We lease the land to Humber."

While Humber College and the OJC ping-pong with the parking problem, the entrance to the Woodbine lot

deteriorates. The driveway leading into the parking which is used by students in order to catch a shuttle bus to the college, is plagued with cracked concrete and crater-sized holes.

Students, who pay over \$120 a year to park there, are feeling ripped-off and getting angry.

"We're paying a lot of money so you'd think we could get a decent place to park," said second-year accounting student Leslie Hamilton. "I hear lots of people complaining on the bus on the way into the school."

Second-year business student Alex Gouzvaris is one of the students who can be heard complaining. After driving over one of the holes this semester,

the hood of his car was loosened and came unlatched.

"I felt the bottom of my car crack on the cement one morning," he said. "These holes are so big there's no way to avoid them."

Davenport said Humber will get together with the OJC at the end of the school year to talk about possible repairs. That's not soon enough for some students.

"You'd figure that \$120 multiplied by the amount of people that park at Woodbine and they'd be able to buy a bag of cement to fill some holes," said first-year accounting student Steve Pietrangelo. He also said he's seen a student changing a tire after driving over one of the holes.

According to Davenport,

who parks on campus and said she hasn't seen the potholes in a few weeks, careful driving can help avoid problems a driver might encounter.

"But the way I've seen some people drive it's no wonder they damage their car," she said. "It's common sense, go slow over damaged roads."

Steve Ouellet, a spokesman for Nissan Canada Inc., said going slow isn't enough.

"Potholes can cause front-end damage to your vehicle, throw your alignment out and obviously ruin your shocks," he said. "You have to go over them slow but any that are over one-and-a-half inches deep should be avoided altogether."

The entrance to the Woodbine parking lot contains

over 25 potholes, some up to six inches deep.

Both Davenport and Dymon said Humber College and Woodbine Race Track will meet in May to discuss repairing the lot with a construction company. Davenport said that money from the parking permits left over from the cost of leasing the property will go towards fixing the land.

"It's hard to repair the lot while it's still in use," said Dymon, who added that climate changes make it hard to solidify the concrete. "Normally, we'll wait until the end of the year."

Despite climate changes and lots that are "still in use", the other parking lots owned by Woodbine remain in excellent shape. These lots are off-limits for Humber students. Something that doesn't surprise Davenport.

"We're leasing from them so obviously they're going to keep the best lots for themselves," she said.

According to Ouellet, the best way to deal with potholes is, of course, to avoid them altogether. Alignment damage in a car might not even be apparent for weeks or even months after it occurs.

Neither Humber College nor the OJC will take responsibility if a student's car is damaged at the Woodbine lot.

"It's private property," warns Davenport. "The driver has to be careful."

For students forced to use the lot everyday, this can be a bitter pill to swallow.

"The students are being taken advantage of," says Pietrangelo. "The college takes our money and that's it."

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VOTING IS AT THE END OF APRIL

Food bank extends 1994 Spring drive

by Lana Fleming

The Daily Bread Food Bank (DBFB) has decided to extend the food drive after being swamped with callers anxious to feed the hungry.

The annual Spring food drive officially ended yesterday, after a ten-day campaign fell short of its goal. The DBFB had hoped for enough food to feed 250,000 families over the next five months, but only received enough for 126,000.

The DBFB was reluctant to extend the drive if there was no public interest, so they asked people to phone in their response.

According to Executive Director Gerard Kennedy, the response was overwhelming.

"We had more than 800 callers and 90 per cent of the people wanted the drive extended. Most of those callers were people planning to donate food, and we feel that those people are representative of others in the community. We are continuing the drive," Kennedy said.

The DBFB collects and distributes food to those in need in the Metro, Durham, York

and Peel regions. The public is asked to donate non-perishable items such as baby formula, peanut butter, canned goods and rice. Food can be dropped off at any of the 125 fire halls in the greater Toronto area, and par-

make the people aware of hidden hunger, and through public support assist those in need.

Erin Mulcahey, Director of the Co-ordination Group, said that the DBFB receives 70 per cent of its food from industry.

"The problem is that all of the food from industry is hit and miss," Mulcahey said. "We have no control over what we receive. When a mistake is made in production, like a misprint or an incorrect label, it doesn't affect the taste of the food but it cannot be sold on the shelf." The food bank receives these errors in production, but they have no control over what food they will receive, or when.

It is because of

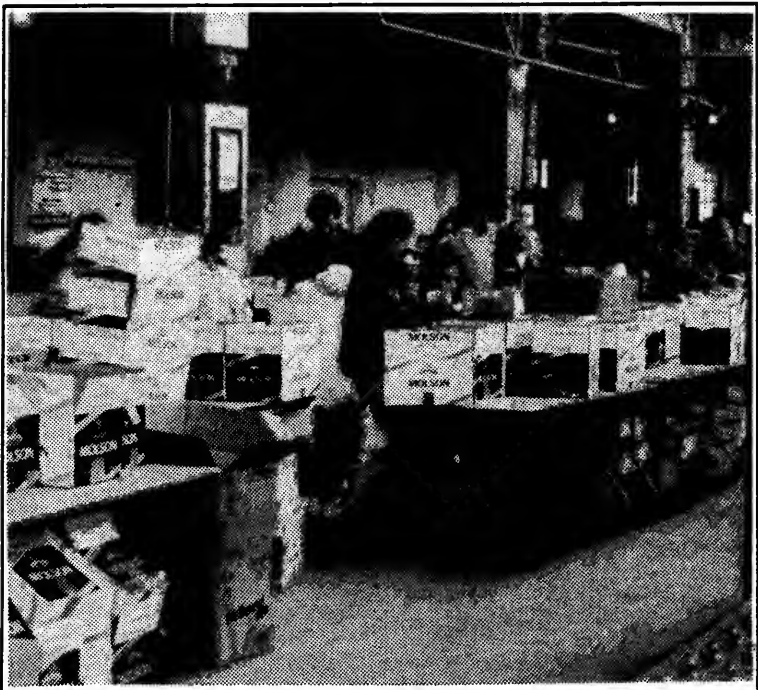
the inconsistency and variability of the donations from industry that the food bank needs specific items from the public.

Volunteers are needed to help sort and pack, as well as trucks to pick up food. For more information contact the DBFB at (416) 203-0050.



Paul Riches

FOOD SORTING VOLUNTEERS — Once food has been picked up from fire halls it must be sorted.



Paul Riches

PACKING FOOD FOR HUNGRY — Brewer's Retail supplies boxes used for packaging donated food.

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- Baby Formula (any type or size)
- Rice (500 g size)
- Canned Vegetables (14 oz size)
- Peanut Butter (500 g or 1 kg size)

ticipating Loblaws stores.

The DBFB estimates that about 43 per cent of its clients are children, and 27 per cent are single mothers.

"Hunger is a hidden problem. We don't see it, so we don't know about it. Going hungry is one of the quietest sounds in the city," Kennedy said. The DBFB hopes to

Humber gets more

by Ralph Tasgal

Humber College has received a record 30,000 applications for the 1994 fall semester — more than any other college in Ontario — figures show.

The unprecedented number of applications to Humber, up 15 per cent over last year at this time, will likely reach 50,000 by the middle of summer, said Registrar Martha Casson, although the deadline for "equal consideration" was March 1.

Should the Registrars' prediction come true, the 6000 spaces that Humber allots to

"We're not the biggest ... but we have the most applications."

first-year students determine that the odds of getting into the college for the fall semester are only slightly better than one out of ten.

The figures were compiled by The Ontario College Application Service in Guelph, a central body which

processes all applications before sending them to the individual colleges for evaluation.

The number of applications obtained thus far by Humber amounts to more than 12 per cent of the total for all Ontario colleges.

"It speaks very well of this school, the reputation is obviously excellent," said Casson. "We're not the biggest college in the province but we have the most applications."

Casson said that the present situation dictates that Humber is no longer in the position of accepting anyone who meets the minimum standards — once the mandate of community colleges.

"Minimum standards have never changed. However, with an applicant pool that has more than the minimum standards, we essentially take the best."

The criteria for acceptance into Humber are now based on several factors, said the Registrar; they include marks, assessment tests, portfolios and interviews.

According to Casson, one of the advantages of having a large pool of applicants is that Humber is able to

choose a higher calibre of student, the result of which is lower drop-out rates, which was the case this year.

The large number of applications is partly explained by high unemployment levels, which necessitate retraining. Casson said that there are 40 per cent more "mature students" this year compared to last.

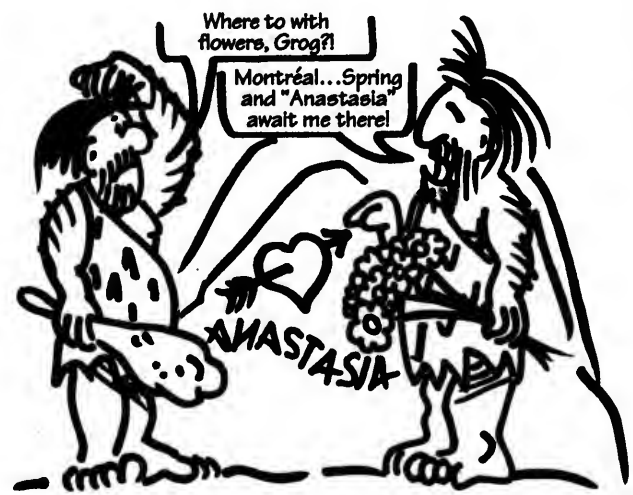
Another reason for the influx of applications is the growing appeal of a college-style education.

"A number of people see job prospects better as a college graduate, than as a university graduate," Casson said.

One of Humber's most competitive programs is Film and Television, which has fielded more than 1,100 applications for its 65 spots; 1743 people have applied for Early Childhood Education's 190 spaces.

Seneca College, which is the largest college in Ontario has received the second-highest number of applications, at more than 27,000, while Northern College in South Porcupine Ontario has attracted the fewest: only 1,252.

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Voyageur



Media's role slammed at forum



LORNA SIMMS — Editor of *Dawn Magazine* says the media should be objective.

by Donna Weidenfelder

Journalists came under fire during a forum at the St. Lawrence Centre last Wednesday.

Elizabeth Flynn, a high school drama teacher, once asked her students if the media helped resolve conflict.

"Are you kidding?" "Are you crazy?" "(Media) increases racial tensions." "It teaches us how to be violent." "It corrupts young people's minds," the students said.

Flynn said, "These are the kinds of indifference that occur because of violence we see in the media."

Flynn, co-writer of the *Media Literacy Guide*, and members of the journalism field held a panel discussion on whether the media creates conflict and if there are solutions to the problem.

Victor Malarek, host of CBC's *The 5th Estate*, said whenever the public turns on the TV, reads the newspaper or

listens to the radio, they are "slam-dunked" with stories of conflict, war, riots, killings, young offenders, child abusers and communities under siege.

"You say to yourself 'What is happening?' Sadly, we get little in the way of answers because while we're being assaulted by all of these images and stories there is actually very little context to the whole thing," he said.

The public blames journalists because they're the people who bring this violence to them, said Malarek. However, he said people can get a better understanding of a topic by watching things like *Prime Time Magazine*, reading the editorial page or reading issue-oriented magazines.

"The mainstream media overall from day to day are not really concerned at all with context," he said. "It all revolves around this thing called simplicity which can be a mirror of incredible complexity."

"Don't strain the attention span of your viewers or listeners — keep things tight. Bite-size-like-news is supposed to be little mini wheats,"

Political columnist for the *Toronto Sun*, Lorrie Goldstein said, "The media can escalate conflict everyday in our own country because too many of us see the public we claim to serve to be essentially racist, sexist and stupid," said Goldstein.

Malarek agreed this attitude insults the audience. "So when they bring you a war they say, well, our listeners are getting really bored with this war" he said. "Let's find another arena. Let's find another stage to bring them something else."

He said he witnessed "frenzied demonstrations" take place as soon as media buses rolled into the area. He witnessed these frenzies ending as soon as the media left the area.

Goldstein said, "People say and do things in front of the media that they wouldn't normally do if we weren't around."

During the 1988 Seoul Olympics, there were reports of so-called student violence, Goldstein said. In fact, this was an accepted form of protest in Korea, he added.

"The irony is the real riot occurred before the media got there and after they left. Of course, if the media aren't there, it doesn't happen," said Goldstein.

Editor of *Dawn Magazine*, Lorna Simms and Host of CBC Noon Radio, Christopher Thomas agree an essential element of good reporting is not to go into any story with a preconceived notion.

Thomas said it is not his job to "resolve media disputes but to make sure whoever is involved understands" the situation and each other. This also helps people have a better understanding of what is going on, he said.

Thomas said this is possible because media "are the only ones both sides will talk to in the larger context."

Goldstein said creating conflict is not a reporter's intention. "It's not a conspiracy. Conflict happens around the world before the media get there."

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Legislation to improve Humber recycling

by Gail Balfour

A stronger, more visible recycling program at Humber is targeted for next fall in response to new provincial legislation.

Ontario's Ministry of Environment recently implemented Bill 143 in an effort to make recycling programs in schools and other public institutions more efficient.

According to Gary Jeynes, Humber's superintendent of inside services, Bill 143 is the first official set of guidelines the provincial government has imposed in the area of recycling.

"We have been recycling here for a number of years," said Jeynes. "But this is the first legislation set up through the Ministry of Environment that requires the college to

source-separate garbage and prepare a recycling workplan that would show how the plan is set up."

Jeynes, who referred to recycling as a "continual education process for both staff and students" said the college needs to rethink some aspects of the current system.

"Humber should be generating more and recycling more recyclable products," he said. "When you reduce waste, you're reducing cost and you're also helping the environment. We want to be able to do it right, and do it right the first time."

Janice Flynn, an employee of Envirotech Inc. spends two days a week at Humber as an environmental consultant in charge of reviewing the college's waste removal systems at all campuses.

"The new program should be up and running when the students get back in September," said Flynn. "There will be many more recycling centres throughout the college and they will be a lot more visible than they are now."

"We want to make new students aware right away and to catch the attention of the returning students."

Flynn said these efforts, combined with a stronger campaign program, should help make the college's recycling efforts much more efficient.

"We have to remember Humber is a community comprised of students, staff and faculty," she explained. "We have to get through to all three groups. That's the main thing we're grappling with right now."



Gail Balfour

REDUCE, REUSE, RECYCLE ... REALLY! — Humber will introduce a vastly improved recycling program.

Membership has its privileges

Administrators use college funds to join fitness club

by Cynthia Keeshan

What is the value of stress relief?

Five hundred dollars if you're part of Humber's administrative management staff.

The Administrators' Development Fund was created in October 1992.

It provides funding for activities in the areas of professional development and lifestyle management for Humber's administrators, according to fund guidelines.

Members of the review committee for the development fund said a potential membership at Bally Matrix Fitness Club (worth \$525) is available under the auspices of "lifestyle development".

Robert Gordon, president of Humber College said the fund, valued at \$20,000, was "provided as a vehicle of fairness" to the administrators who do not share in the perks enjoyed by the faculty and support staff.

"The development fund is a means of providing equity between the teachers and the administrators," said Gordon. "The administrators' salaries have been frozen for the last three years."

"This fund was introduced to encourage them to take courses for personal growth or stretch it into wellness."

Ruth Maclean, chair of the Administrators' Development Fund, said in a phone interview that money from the fund is not automatically granted.

"It's not easy. The potential applicant must meet specific criteria. And then the application goes up before a committee to review the application," explained Maclean.

Documents supplied by Rod Rork, vice-president of administration at the North campus, revealed that potential applicants must meet three criteria in order to qualify for the funds.

According to the documents, applications must be

for an activity related "to professional, personal or lifestyle management." Also, "letters indicating on-going participation/attendance will be required for some activities."

Thirdly, the activity for which the administrator has applied for funding, "should be pursued on the administrator's own time."

When asked why the administrators could not use the facilities offered by the Humber Athletic Department as a means for stress relief, Gordon replied that it was an issue of self-confidence.

"The gym is often very crowded, making it, for an employee, not particularly comfortable. Especially for female employees."

A current member of the administrative staff, who has a membership with Bally Matrix and is a member of the review committee for the development fund, echoed Gordon's sentiments.

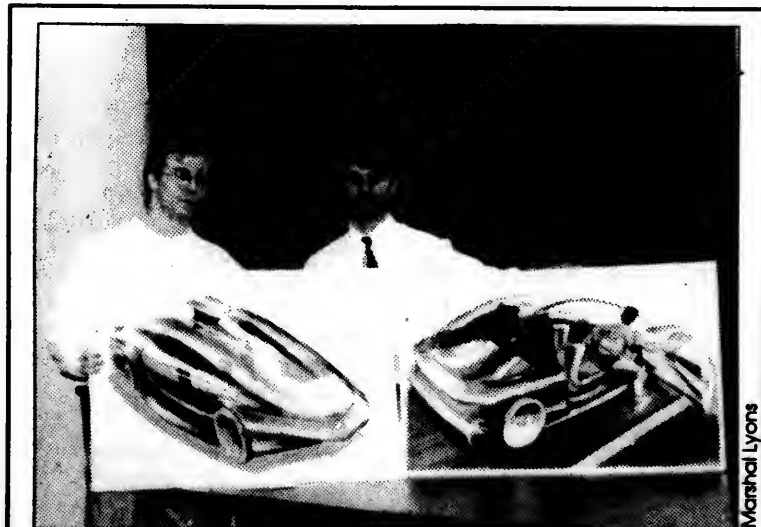
"If it's in the college environment that I am developing stress, then I certainly don't want to be in that same environment when I'm trying to lose it," said the employee, who asked to remain anonymous.

The development fund has become a source of conflict among support staff.

However, they are afraid to comment on the controversial funding for fear of losing their jobs.

"I don't want to rock the boat, but (the development fund is) a little hard to swallow when you consider what administrators make," said a support staff employee, who asked not to be identified.

Because of the confidential nature of the fund, names of the applicants are private. However, sources said two members of the administrative staff have applied and received funding for the Bally Matrix membership.



Marshall Lyons

CARS OF THE FUTURE — Graphic Arts student Jason Breen (left), with SAC member David Novis, shows off his award winning graphics for automotive design. Other winners include students Gagan Kelsey, Maria Burton and Alvin Tanuan in the Canadian International Automotive Show.

HANDLING RACIAL DISCRIMINATION

There is a growing awareness that racial discrimination is a serious problem in all our institutions. Often it intertwines with sexual and other forms of discrimination.

Hear members of the Humber community, both staff and students, discuss their experiences and their strategies for dealing with discrimination.

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TIME: 12:00 - 1:00 p.m.

PLACE: Community Room

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Education just a smoky dream for many

Life's funny sometimes. For those of us on the verge of graduation this year, Humber will soon be nothing more than a fading dream of years of sacrifice and sleepless nights. It's a dream we've been waiting for years to have. But to thousands of would-be Humber students, 30,000 to be precise, Humber is an indistinct image on the verge of reality.

But what reality?

The college received a record 30,000 applications for the 1994 fall semester. Somewhere in a smoke-filled bar, a group of administrators are toasting their future. Everyone and his dog wants an education, and they want Humber to give it to them.

And they're going to pay for it. Oh, how they'll pay.

When the lucky chosen arrive, they'll do so filled with dreams of what Humber will provide them. A future.. good times.. a job. They'll think the key to these riches can be found in the same halls we walk every day. Of course, the more jaded applicants know Humber is nothing more than a costly haven from a storm that's been wearing down their spirits for years.

And therein lies the line between dreams and reality.

More than 30,000 want in. Only 6,000 first-year students will be accepted. As of December 11, 1993, only 59 per cent of Humber's graduates found full or part-time work in related fields.

And that's where all of this comes together. To those leaving, these numbers confirm what we already knew — there's nothing waiting for us. There never was. To those coming, there's nothing waiting for you. There never is.

You have to make your own dreams — they won't be handed to you wrapped up in a diploma. Accept the irony of your situation — more people than ever want in but less than ever are getting anything out — and move on. Do what you have to and get ready for what lies ahead.

Whatever it may be.

Crown shouldn't tamper with justice in Bernardo case

The cover-up continues. No, it's not Watergate or the Iran-Contra affair. It's the Bernardo - Homolka fiasco.

Once again the Ontario government, specifically Attorney-General Marion Boyd, has conspired to keep the facts of the Paul Bernardo and Karla Homolka murder cases from the public.

The most recent move was taken when Boyd invoked a rarely-used power to bring Bernardo directly to trial, skipping the usual preliminary hearing.

The government's eagerness to keep the details of the deal they struck with Homolka secret, as well as the evidence they have against Bernardo, continues to fuel the fire of rumors and increase the trade in illegal information. Information which should, by all rights, be public.

Justice must be seen to be done, and so far we haven't seen much. The prosecution seems so scared of losing the case that they will do anything to keep the facts away from the public, and with the latest move, away from the defence.

These games being played not only put in jeopardy Bernardo's chance of a fair trial, but also undermine the public's perception of the justice system. The publication ban on the Homolka case is a perfect example. By not allowing the public to know the facts of the case or the plea bargaining that went on, the government is keeping secrets from those it is supposed to represent.

Anytime a government begins to hold its cards close to its chest, the system starts to disintegrate. Perhaps the Crown has found a scapegoat to prosecute. God knows the public had been demanding a resolution to the case for a long time. It wouldn't be the first time the police have railroaded an innocent man to satisfy public demand.

Whether this is true or not isn't relevant. We don't know what's going on, so cries of privileged information mean nothing.

How can we trust the government is doing something in our best interest when we don't know what they are doing?

Until all the facts are made public, we will simply be left in the dark to fend for ourselves. But when it comes to government, what else is new?



STUDENT SPEAK:

by Cindy Vautour

I wish my dad could be 46 forever. I know it's a silly wish, maybe a little offbeat, but how often is it that we think about our parents growing old?

I did. Just the other day, in fact, as my dad was gardening in the backyard. I was flipping some steaks on the barbecue, joking with my father when a strange look came over his face. He stood still for a moment, before turning to lean on the rake. He quickly brought his hand to his chest.

"Dad, are you all right?" I asked, dropping the steak fork and running over to him. I swear my heart skipped a beat. My dad didn't say anything as I touched his hand. Suddenly he looked up and smiled, but there was something different about his smile. I couldn't quite place it. He looked...scared, something I'd never seen before.

"It was just a little pain in my heart. Guess it's a sign that I'm getting old... I think your steaks are burning," he managed with a chuckle as he pointed to the curling smoke above the grill.

I walked away slowly, feeling the panic drain from my body. Returning to the barbecue, I watched my father from the corner of my eye. I saw how slowly he took to bending when he pulled some dead weeds from the soil.

I remember when I was little, when I used to help him in the garden with my red Fisher-Price garden set, my dad would bend up and down with great ease. But now, I could hear the small little grunts of exertion he made as he knelt down to turn the soil.

I never saw my dad as old before. And I never thought about my dad actually being scared about the thought either.

It's not something I like to think about but on that day when I was forced to, I was left momentarily speechless, thinking about how I felt just then.

I can't describe how it feels when you watch your parents struggling to do a task that you once saw them perform with ease. I can't describe how it feels to see a look of fear flash across your parent's face. And I just couldn't bring myself to ask my father if he was afraid

of growing old, because I knew that he'd probably say he isn't scared.

You see, my dad has always tried to prove himself as fearless to me and my sisters. He's the type of dad who, when I was small, would re-enact World War II for me just to kill a spider that had crawled its way into my bedroom.

Or the time when I was six and my dad had decided to build a new, two-car garage. The contractor built an eight-foot trench around the foundation that I fell into. Sand began to slowly pile its way on top of me and who saved me? Though the trench was almost three feet higher than he is, my dad jumped in and lifted me out. The sand really began to cave in then, nearly burying my father. He got out all right, but if he had been scared by the ordeal, he sure didn't show it.

There have been other times when he stood there, with a hand on his chest, looking both frightened and tired. Just then, I saw the toll the years of working long hours as a truck driver had placed on my father. On his face and body, the lines and wrinkles.

I wanted to run and hug him, but I didn't. I couldn't. I never had to deal with the responsibility of having to protect my father before that day. He had always been the protector.

But I realized later that night, as my dad lay napping on the couch with the hockey game blaring on television, that parents need to be protected, too. Parents do get scared; I just never saw it before. Sometimes, they too need to be reassured that it's okay to be scared.

I didn't see my dad as old anymore. Instead, I saw someone who was scared but obviously not enough to admit it to his daughter. And I saw someone who was tired, who works hard, and who loves me more than anything. And I felt guilty for the times when I didn't appreciate it.

I turned off the television and grabbed a blanket from the footstool. Covering him up, I tried not to think about my dad growing old, tried not to anticipate the days when covering him with a blanket might be a daily task. Instead, I tried to concentrate on that precise moment.

My dad won't be 46 forever, but in my heart he will always be.

"I never had to deal with the responsibility of having to protect my father...he had always been the protector."

OUR VOICE

Battle not yet over for Canadian Vets French government displays lack of gratitude for freedom

by Lana Fleming

For the second time in 50 years, Canadian D-Day veterans have been forced to fight the enemy in France. Ironically, this time it was the French government and not the German that provided the resistance.

June 6, 1994 is the golden anniversary of the battle that loosened the German hold on France.

Less than two months after that raid the Germans were driven out of Normandy, and by August 25, after four years of brutal Nazi occupation, Paris was liberated. Within 11 months of the invasion off the northwest shore of France the Germans surrendered.

On that misty June morning, thousands of Canadian and British troops landed by parachute and glider at key points behind enemy front lines. Thousands more landed on shore and pounded away the German defence. It was the biggest combined land, sea and air operation of all time, and Canadian soldiers were instrumental in its success.

For three years, 117 Canadian veterans of the battle and their wives, have had hotel rooms reserved for the June D-Day commemoration.

Last weekend these heroes were notified, by an incredibly ungrateful French government, that their reservations had been cancelled to accommodate foreign dignitaries and American television crews

covering the event. The unappreciative government spared no grace in the treatment of their liberators; they notified them of the cancellation by fax.

for the valor and the glory that is their due, but to remember and honor their friends and brothers that did not survive that day.

Were it not for the bravery of these men, not only could the outcome of the war been very different but France itself could have been very different.

To push aside, like yesterday's news, the people responsible for liberating not only a country but the better part of a continent, is horrific.

But, not to be conquered, the Canadian vets fought the battle of Normandy for the second time in 50 years.

They told their story to the media and Defence Minister David Collenette. Canadian and French citizens were outraged by the slight.

Finally, bowing to public outcry from the world, the French government caved in and gave the rooms back to the veterans.

Tom Jackson, one of the veterans and co-ordinator of the trip was relieved by the decision. "It's another battle fought—and it looks like we won this one too," he said.

Life in 1994 is fast paced and chaotic. In many ways society has progressed by leaps and bounds since 1944.

Have we, through advancement, forgotten common courtesy and what could have been?

Perhaps it is time to stop and reflect upon those who paid the ultimate price for our affluence and freedom.



The veterans felt betrayed, angry and disheartened by the French decision, and rightfully so. For them, the importance of their return to France is not

Jag Bhaduria: Errant MP needs lesson in personal responsibility

by Paul Mercado

At some point in life most people learn that they have to take responsibility for their own actions.

It seems former Liberal MP Jag Bhaduria has yet to reach this point.

Bhaduria, who recently spoke to a class of journalism students at Humber College, steadfastly believes that he has been the victim of a witch hunt by the media, by the Liberal party and by constituents in his former riding of Markham-Whitchurch-Stouffville who hold a personal vendetta against him.

Key events from his past, such as his faked resume and his notorious threatening letter to Toronto School Board members in which he entertained fantasies of watching them lined up and gunned down by Marc Lepine, never seem to enter into his discussion unless he is confronted by them.

Then he quickly dismisses them as non-issues or with a cop-out of a statement like: "It is no secret that in Parliament, people have robbed banks, served time in jail for two, three years, and still sat in Parliament."

He sounds like a child desperately trying to avoid punishment and it is so transparent that it would be funny were it not so pathetic.

Bhaduria defended his letter under "freedom of expression," but it all comes back to responsibility.

A responsible person would know that a letter

expressing the thought of enjoying watching the man who caused the Montreal massacre shoot people could have repercussions later on in life, especially if that person reaches a position of trust and responsibility.

Bhaduria instead tries to shift the blame on the media which caused "a hysteria in the country."

It is true that the media, by its very nature, can often distort a story and make it larger than life. But in Bhaduria's case, the media was reflecting the anger of many people who felt he wasn't fit to represent them.

Bhaduria failed to defend himself in any convincing way and continues to do so.

There have been numerous calls for his resignation, yet Bhaduria refuses to step down. He ran on the Liberal platform, which he no longer represents. Voters resent that kind of attitude from politicians who disregard the wishes of the electorate. He seems bent on detaching himself wholly from his constituents and his past.

Bhaduria probably fancies himself as a martyr and a condemned man battling against the system like a character from a Franz Kafka novel. But we do live in a country that is, for the most part, fair and willing to give people a second chance if that person is sincere and able to admit to past mistakes.

To this day Bhaduria refuses to admit that he did anything wrong, and keeps digging himself deeper into his political grave by charging his opponents with racism and skirting the real issues.

A wise man once said: "There are three sides to every story: your side, my side and the side of the

truth." One day the whole truth and perspective on the Jag Bhaduria story will come into full view. And when that day comes, Bhaduria may finally realize that his story was the furthest from the truth.





Food Banks in serious trouble

by Paul Riches

Have you ever been hungry? Have you ever felt that gnawing pain in your stomach? A pain that might dissipate briefly, but will ultimately come back to haunt you?

Chances are this Easter holiday, you didn't. You probably had food on your table, food which couldn't be finished, and it ended up in the garbage.

This is food 160,000 people in Toronto area could be eating. And someday, you could end up like them—one of the startling revelations which occurs to volunteers everyday at the Daily Bread Food Bank.

Located at 530 Lakeshore Blvd. W. on the corner of Bathurst Street, the Daily Bread is housed in an ancient building which looks at least a century old.

Formerly a Loblaw's Distribution Warehouse, it was donated to the the Daily Bread Food Bank a few years ago as a temporary central storage and sorting facility.

It also houses the Daily Bread's main offices, an affiliate of Hunger Action Network.

The HAN works closely with the Daily Bread to try and stop poverty in Toronto.

As everyone admits at 530 Lakeshore, it's an uphill battle.

Entering the building you see an extremely large area which currently houses dozens and dozens of skids filled with food. There appears to be enough food to feed an army.

The sorting area is teeming with volunteers, and the amount of food being carried about is enormous. Surely there will be enough to feed the hungry masses. It isn't!

There will only be enough to feed 25 percent of the 125,000 people who will need the Food Bank this Easter.

The numbers are shocking. In 1986, three years after the Daily Bread began operating, only 40,000 people used the food bank in a month. In 1988, that number almost

doubled, in 1990, the figure rose to 110,000.

By this time the recession had hit full force and the numbers continued climbing. 1992 clicked in just under 150,000 per month, and 1993 went even further, with Daily Bread going over 160,000 people per month.

Gerard Kennedy estimates

people realized there were a lot of people going to community centres and churches asking for help."

The Daily Bread was then formed in order to pool resources so that as many people as possible could be helped.

Food bank usage continued going up even with the eco-

and are using food banks have a lot of skills," said Jeannie Lynn, HAN co-ordinator.

To drive this point home, volunteers are asked to go through the Black Binder and check off their job description when they find it.

This is meant to emphasize that you could be at a food bank soon.

tion elected officials to alleviate the problem.

John Williams is a HAN volunteer who is very active in the organization.

"We send out newsletters to people who are interested in doing something, and that often involves calling politicians, getting some rules of red tape changed to make it easier on people, so we can take some of the pressure off the food banks."

HAN'S suggests one to get the politicians' attention to the hunger problem is to send them a postcard made from a food box.

HAN gives simple directions on how to do this. Empty out the box, open up both ends and tear down one side. Cut along all the folds.

Now you have two postcards from the big pieces. You don't need a stamp, because you're mailing it to an elected official.

HAN encourages people in flyers and leaflets, to send as many messages as possible to the government, in order to get the point across.

HAN hopes their message will get across, and that the Daily Bread will close due to a lack of customers.

Unfortunately until that happens, the food bank will have to continue its services, and constantly find better ways to do it.



GIVE US THIS DAY OUR DAILY BREAD —Volunteers help sort through food stuffs for the needy

that there are untold numbers of people who don't use the food bank and go hungry. This is because they feel they will be looked down upon if they accept hand-outs.

To add to the Daily Bread's problems, food demand tripled during this time, donations only doubled.

It may seem like a lot of numbers, but they all add up to the same thing: hunger. How does Daily Bread explain the increase?

Sue Cox, assistant executive director of the food bank, says the numbers are leftover from the last recession. "A lot of people were left behind," said Cox, "A lot of people were still very poor."

The food bank, Cox said is "10 years old now, coming out of the last recession, when

nomie boom of the late eighties.

Other regular visitors to the Daily Bread for hand-outs are the recently unemployed, or the working poor.

The working poor are people with jobs, usually minimum wage. Both these groups are illustrated heavily by the Black Binder.

Located at the HAN information booth, which is by the entrance of the sorting area, this large three-ring binder is the result of a survey of occupations of food bank users.

Over a 1000 responses are listed, each individually.

Among their number are the following vocations: waitressing, drywalling, typists, window cleaners, truck drivers, engineers, and a fisherman.

"People who are low-income

"We're just asking all the volunteers who come through to flip through the pages here and check off what skill they have that food banks users also have," said Lynn.

"We want to make the point that food bank users have a lot of skills to share."

Some surprising things spring to mind when you flip through the Black Binder. There are more teachers (13) than there are the cabbies (five). Three economists are present and four journalists are listed.

The Black Binder is HAN's latest project.

The group is a collection of community-based activists who want to publicize the problem of hunger and to peti-

Paul Riches

The numbers are chilling:
 •68,000 food bank users are children.
 •Half the recipients went without food once during the past month.
 •66 per cent lost their jobs during the recession.
 •25 per cent are single-parents.
 •20 per cent of the Daily Bread's regular patrons have to use charity because they cannot work.
 •27 per cent are ill or disabled.
 •42 per cent of recipients don't tell their families they are using the food banks.
 •28 per cent have been to College or University.

Volunteers are the backbone of our food banks

by Paul Riches

The Daily Bread is one the top food banks in Toronto, and all food banks are based on the same theory

Sue Cox explains "Food banks, which are basically an American model, are based on the premise that about 20 per cent of the food produced is wasted.

Upon this assumption, the first food drives were begun by the Daily Bread in the mid-'80s.

The food is sorted into different boxes by volunteers.

A group of volunteers gather around a table on which the food is scattered. The food was originally pulled out of a large box to one side.

The volunteers scurry about placing the items in smaller boxes horseshoed around the large table. Each smaller box, (supplied by Molson Breweries) is quickly filled with one particular food item.

They are whisked down a track, taped shut, loaded onto a truck and shipped out to be distributed.

It all sounds fairly simple, but it isn't.

Volunteers are the backbone of the Daily Bread Without them nothing would move.

In the past year, volunteers racked up 150,000 hours. That is the equivalent of 75 full time employees.

The volunteers are from all walks of life. All age groups and nationalities volunteer. One notable person in the crowd was the Minister of Justice Allan Rock with his two young children.

One volunteer said "this year for sure (we helped out) and other times I've dropped food off and never stayed, but this year I am staying and I'm really glad."

Upon arrival volunteers are given a quick tour and told how the place works. Free food is supplied for their breaks. Mounds of sandwiches are provided for Drury's and other shops. Volunteers are treated like royalty here.

Another major factor in the Daily Bread's success is the shipping area. To move this many boxes by hand would be virtually impossible.

Thankfully for the food bank, companies such as Lanscan Inc. provide the forklifts and Brewer's Retail

trucking support.

Once the food leaves the Loblaw's building, the food is taken to 186 member agencies who distribute the food to the needy. These agencies operate more than 200 food programs in the Greater Toronto Area.

Among the drop off points are children's breakfast clubs, homeless hostels, soup kitchens, and drop-in centres.

One the most notable drop points is Jessie's Centre for Teens and Nellie's Hostel, both social agencies founded by Canadian author June Callwood.

Two-thirds of the food supply goes to emergency hampers, which offer a three-day supply to the recipient. There is a limit on how often you can pick up a hamper, due to the chronic shortage of food.

Despite the lack of food intake, the Daily Bread is still making headway. Metro Social Services have been instructed not to direct any more clients to the food. The food bank estimates 70,000 recipients stopped using the Daily Bread in the past six months.

They credit their survival to the food bank.

Exotic junk food for the gourmand

by Flonna N. Boyle

A cookie is a cookie is a cookie, right? Not if it's a Monsieur Felix & Mr. Norton gourmet cookie. The Montreal-based company has been baking exotic flavored cookies to suit even the most discriminating taste buds for nine years.

They are one of a growing number of junk food companies catering to those with gourmet taste — and charging gourmet prices, too.

It's all part of a revolution in the junk food industry to appease consumers with more sophisticated tastes. Not satisfied with plain popcorn, generic cookies and routine ice cream flavors, these gourmand want products with exotic ingredients and tastes which will appeal to their own individual palates. The catch is the cost — these premium products can sell for up to three times the amount of store-bought brands. In spite of this they are selling like hot cakes, or cookies, as the case may be.

The bottom line? People are prepared to pay to have their taste buds titillated, to the tune of \$46 million spent on "premium" or "gourmet" varieties of junk food staples in 1992. What's wrong with generic junk food?

"It's fine, but it doesn't have much selection to it," said Laurie Travis, a customer at Baskin-Robbins ice-cream. "Why get one flavor (of ice cream) at Dairy Queen when you can get 31 here? I know I'll find something I like here guaranteed."

Monsieur Felix & Mr. Norton bake 12 varieties of cookies of which the most popular is Menage a Trois — a

blend of dark, milk and white chocolate.

Other flavors include Black Forest, Cappuccino, Macadamia White Chocolate Chunk and Ebony and Ivory.

Bernie Zeesman, manager of the Sunnybrook Plaza outlet on Eglinton Ave. East, calls his cookies "a work of art". But prices for these masterpieces are considerably more than their paint-by-number supermarket counterparts.

cheap compared to other indulgences. We use European chocolate, buttermilk, rare kinds of sugar ... and our cookies are all-natural with no preservatives. We've had people tell us they (the cookies) are better than sex."

Despite tough economic times, business is booming — there are 26 stores in the chain, 20 of which are in Quebec. The remaining six opened in Ontario last May, and Zeesman said the general plan is to have 24

We're really popular in Quebec. Kids go 'I want cookies' like 'I want McDonalds' in Montreal."

Cookies aren't the only junk food that has been beefed up in terms of quality and price. Kernels Popcorn offers 26 flavors of everyone's favorite movie snack at prices like \$6.99 for a one gallon jar.

Kernels started as a single store in the Eaton Centre in 1983, offering 10 varieties of popcorn. The company has expanded and now has outlets in the United States, as well as 63 franchises across Canada, mostly in shopping malls. So what makes North Americans so hot for popped corn?

Bramalea City Centre outlet employee Shawna Waite thinks it's linked to the exotic flavors Kernels offers.

"Plain popcorn isn't good enough," Waite said.

"People get bored with it. They want something more specialized; something that suits their own individual tastes — that's why we offer so many varieties."

Some of the most popular flavors include double butter, creamy caramel, butter 'n' salt and salt 'n' vinegar. But at \$3.99 a pop for a small bag this corn isn't cheap. Especially when compared to the \$1.99, 250 ml jar of Orville Reddenbacher popcorn kernels sold at supermarkets.

"People say the taste is like nothing they've ever tasted before," said Waite. "We make it fresh daily, and I think people can taste the quality, so they will spend the extra money for it. You get what you pay for."

Ice cream, too, has gone the way of the gourmet. Reuben Mattis saw the potential to

expand ice cream beyond the obligatory chocolate, vanilla and strawberry flavors when he founded Haagen-Dazs ice cream in 1961. A nonsensical name in any language, Mattis liked Haagen-Dazs because he thought it sounded exotic and distinctive — the same qualities he wanted to put into his ice-cream. Haagen-Dazs can now be found in stores worldwide.

The company has 10 "regular" flavors — if honey vanilla, coffee and raspberry sorbet can be counted as typical flavors for ice cream. These sell for \$4.29 for a 500 ml tub — well above the costs of other brands like Sealtest (\$2.99) or Chapman (\$2.49). And Haagen-Dazs Extras — five super extravagant flavors which account manager Steve Gunn calls "the gourmets of gourmet ice cream" — sell for \$4.99 for a 500 ml tub. These flavors include Triple Brownie Overload, Cappuccino Commotion and Caramel Cone Explosion.

People are willing to spend a large amount for a relatively small product, for as Gunn said proudly, "(Haagen-Dazs) is the number one selling premium ice cream in Canada."

But what is it about the dairy dessert that makes peoples' wallets slaves to their taste buds?

"It's the indulgence factor," said Gunn. "People pamper themselves and reward themselves by indulging in treats like ice cream ... It's using food for escapism."

Zeesman acknowledged that there will always be those who find the price tag for this gourmet junk food a little too steep, no matter how good the taste. "They don't know what they're missing," he said. "But I guess that's just the way the cookie crumbles."



While a 36-cookie package of Oreos sells for \$2.99, a 20-cookie box of Zeesman's gourmet cookies costs \$9.19. That means customers get a little over half the amount of cookies for over triple the price.

Zeesman said customers are willing to pay more for his cookies because of the quality that goes into making them.

"It may be expensive for cookies, but it's relatively

more franchises open in the province by 1995. There are also rumors of Monsieur Felix & Mr. Norton heading west in the future.

"Who can resist cookies?" said Zeesman. "There are so many kinds out there to choose from, that the only way to compete is to be better."

OPP doles out helpful tips for night drivers

by Monica Janik

It's almost three in the morning and you've just dropped your friends off after a night of clubbing and carousing. You're half asleep, but you think you hear a noise coming from somewhere in the front of your car. It's unfamiliar and far from normal. Your car begins to smoke and the engine sounds like it's choking.

You pull over. The car's dying. "Turn the ignition off" you vaguely remember your parents telling you if you had car trouble.

Now on the side of the road the engine won't turn over on a second attempt. The situation is you're stranded and the next question is what to do.

Everyone has the right to travel and feel safe about it. With the growing number of attacks on women drivers, this is not always the case. Scenarios like the one mentioned above happen everyday and usually without incident.

But there is always the potential for a bad situation to get worse. Much worse than a

dead battery or a lost muffler on the side of the QEW.

Preparation for these situations is what makes the difference.

A travel-safety video entitled "Travelling Alone" has been put out by LaFilms, an independent producer for the OPP. The video is used by the OPP in conducting travel-safety seminars.

"We live in a world that's not perfect. People should be able to walk down any street or go anywhere at any time and feel secure. Unfortunately that's not the way it is and women have to take precautions to prevent attacks," said Sergeant Ted Lintner of the Aurora OPP.

Lintner said response to the video is excellent. "Women watch this video and it changes their lives a great deal in respect to how they approach their vehicles and how they travel."

Everything from approaching your car to driving posture is important to avoid an attack, said Lintner.

"When approaching your vehicle, keep your keys in hand ... when and if you're seen fumbling through your purse for

keys you appear vulnerable — a victim. Keys in hand serve a second purpose — they can be used as a weapon to defend yourself."

Posture is an important thing to remember, said Lintner. Walk erect with confidence towards your vehicle and at the same time scan the area.

"People may think 'Okay, maybe I don't want to mess with her.' They realize this may be a tougher fight than they might want," said Lintner.

"Potential dangers can exist outside the car as well. If people are hanging around in a car near yours and the parking lot is pretty deserted, trust your instincts ... it can be avoided. Never hesitate to go back inside the mall, school or facility and call us (police)," said Lintner.

Lintner offered a list of Do's and Don'ts in a breakdown or stranded situation:

1. Stay in the vehicle.
2. Keep all doors locked.
3. Open the driver's side window an inch.
4. Don't raise the hood of your car — it draws attention to your distress and gives attack-

ers a better chance to take advantage of your vulnerability.

5. Display a "CALL POLICE" sign in your rear window and wait for assistance (such as police or tow truck). These signs are free at all Speedy Muffler King shops. Speedy, a co-sponsor of the video "Travelling Alone" for \$5.99 at all of its locations.

Natalie Prychitco, a Speedy Muffler King representative said they became involved with the project as soon as they heard corporate sponsors were needed.

"With more women working, women are close to half the car buyers and car drivers ... talking to them is important. Speedy reaches half their clientele through this vehicle."

Since the fall of 1993, Speedy has distributed more than 100,000 videos and information brochures as well as Call Police signs. Prychitco said many corporations are showing interest in the video. Upjohn, Pharmaceuticals bought copies of the video for each of their female employees who are on the road.

"The video is meeting the market and is doing so in a non-traditional way. We're not offering services with it or upselling services such as brake jobs — it's strictly a public relations effort," said Prychitco.

However, Jack Walton, the General Manager of Speedy Muffler said a well-maintained car is sometimes the best safety precaution. This includes checking the tires, signals, muffler, suspension, fluid levels, windshield wipers and brake system.

Walton recommends a safety inspection every six months.

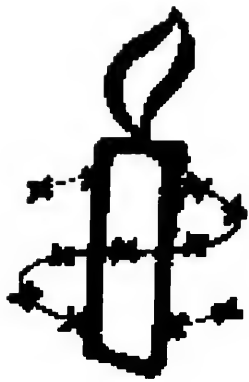
"The whole idea of this entire safety program is to make sure that from the beginning of your journey to the end of your journey you can go there without having to worry about stopping your car."

Vanessa Innis, recently purchased the video and found it helpful. "My car is 10-years-old and not as reliable as I'd like it to be. My job requires a lot of night driving and the video taught me a lot."

Some of it is obviously common sense, but even that can sometimes be overlooked in a panicky situation."

WORLD EFFORT

Amnesty International campaigns for freedom



by Jyotika Malhotra

"Everyone has the right to freedom of thought, conscience and religion...Everyone has the right to freedom of opinion and expression...No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment...No one shall be subjected to arbitrary arrest, detention or exile..." - International Bill of Human Rights.

In 1992, over 4,000 people were jailed in 62 countries for exercising their basic human rights.

Amnesty International, an organization that fights against abuse of those rights, focuses all campaigns on the misuse of government power on individuals.

Amnesty's current campaign, called "License to Kill" deals with "disappearances" and political killings.

According to Jane Patterson, office administrator for Amnesty in Toronto, violations of human rights often go unnoticed.

"Impunity, I think, is Amnesty's biggest enemy. In other words, military or security forces work with impunity. They kill people and they make people disappear and they're not brought to justice, so we are putting horrendous pressure on governments to bring these people to justice. What we're trying to do in this campaign is rack our brains and try to think of different approaches to governments."

At a recent conference, Amnesty members were each photographed holding a picture of a different political prisoner as part of the "Licence to Kill" campaign. The photos were made into postcards and sent to governments.

Patterson said governments would be shocked to see North Americans "standing there with a picture of someone", demanding to know their whereabouts.

The campaign also includes a Day of Presence on the sixteenth of each month.

"We choose a particular case and we would pin up the person's picture on trees, telephone posts, washrooms, subways — everywhere, asking people to write letters to put pressure on governments to give us some information," said Patterson.

Statistics from the Amnesty International Report 1993, show that the organization was working on 3,014 Action Files

involving 7,700 individuals in 1992.

Action was taken on 629 new cases and over 1,000 prisoners were released.

"Amnesty does an awful lot," said Patterson. "We send missions into any country where we suspect there are human rights violations occurring."

Patterson admitted getting

governments to inform them about the status of prisoners or release them.

In 1961, one particular case prompted British lawyer Peter Benenson to take action. Benenson heard of a case in Portugal where two young men had been imprisoned for seven years with no charge and no trial for sitting in a bar and raising a toast to freedom.

international drew attention to the use of force in the incident, which prompted a review of Emergency Response Team procedures.

However, countries like India and the former USSR, that have had some of the largest number of violations in the past, now also have Amnesty offices.

"It's exciting to see that there's an office in Moscow," said Patterson. "Amnesty spent most of its money doing research into human rights violations in the former USSR and now, incredibly, the situation is reversed so that we're spending money on development...and they're starting up a membership. That doesn't mean that their record is clean but certainly, it has improved."

Patterson said the organization does more every year. "We oppose the death penalty in all cases — no exception — so that means that we're very busy. The U.S., along with 105 other countries, currently retains use of the death penalty."

"We also seek fair and prompt trials for all political prisoners. This is something we all take for granted in Canada. Even if you have no money, you can get legal aid, but in many countries in the world, people languish in jail for years waiting for a charge, waiting to be seen by their lawyers — which sometimes never happens."

Figures compiled at the World Conference on Human Rights in June 1993, reveal more than 1,500 political prisoners were jailed after unfair trials in at least 30 countries

"Unfortunately, many governments seem to want to...kill people rather than have them in prison."

—Jane Patterson

in 1992.

About 500 people died as a result of torture or under "suspicious" circumstances in about 48 countries and 950 people were reported to have "disappeared" after their arrest in some 25 countries.

"Unfortunately, many governments seem to want to, to put it bluntly, kill people rather than have them in prison as a prisoner of conscience because, then, the human rights organizations have a tougher job tracking these people down."

The Canadian section of Amnesty International currently operates under an independent budget of \$4 million for 1994.

Amnesty International



WHERE THERE'S HOPE THERE'S LIFE

the information can often be a challenge.

"One thing about Amnesty is we have incredibly good contacts. A researcher that would go in on a mission would be an expert for that particular country. He or she would know the language, the laws, the government authorities and so forth."

Amnesty researchers obtain information from a variety of sources, including government authorities, prison officials and

church activists. Patterson said it's important to get information from all sides.

"We get three independent sources before we actually state that something has happened."

Amnesty puts pressure on

"That was their crime," said Patterson. "They were opposed to the way the current government was operating. They were not organizing a revolution. All they did was raise a toast to freedom."

Benenson put an ad called "The Forgotten Prisoners" in the *London Observer* on May 28, 1961, asking for help on behalf of people like the young Portuguese men.

"Thirty-five hundred people responded to the ad and Amnesty International was born," said Patterson.

Amnesty currently has more than 1,100,000 members and donors in over 150 countries and more than 8,000 local groups in over 70 of those countries.

Amnesty has been in Canada for just over 20 years. Although Canada has not had as many violations as other countries, Amnesty said that their record is not clean. The Amnesty Report 1993 states that two Chinese immigrants were "ill-treated" by a police emergency response team during a house raid in Vancouver. A video showed the officers kicking and punching the two men. They were not charged or disciplined. Amnesty

"Impunity, I think, is Amnesty's biggest enemy... Military or security forces work with impunity."

—Jane Patterson

Amnesty's mandate:

- To free all prisoners of conscience people detained anywhere for their beliefs or because of ethnic origin, sex, color or language who have not used or advocated violence.
- To ensure fair and prompt trials for political prisoners.
- To abolish the death penalty, torture and other cruel treatment of prisoners.
- To end extra judicial executions and "disappearances".

ARTS FOR PEACE

Unicef a helping hand for children

by Lesley Allen

For nearly 50 years, UNICEF (United Nations Children's Fund) has been helping to protect the lives of women and children and promote development in underdeveloped countries around the world.

According to pamphlets produced by UNICEF, the organization was first established in December 1946.

Its main purpose was to meet the emergency needs of children in post WWII war-torn Europe and China.

In 1950, a decision was made to help respond to other children in developing countries who needed food, clothing and medical supplies. Three years later, it was decided by the General Assembly that UNICEF would become a "permanent arm of the United Nations system."

Together with communities of developed countries, UNICEF began to "reach out to underdeveloped countries in projects primarily concerned, in an inter-related manner, with protective nutrition, primary health care and basic education of mothers and children."

Twenty years after UNICEF started, the organization was awarded the Nobel Peace Prize and was given recognition that



the "well-being of today's children is inseparable from the peace of tomorrow's world."

Barbara Strang, director of communications, said the reputation of being an international voice for children is still strong.

"UNICEF is important because the primary focus is on women and children around the world. Children are the future of the world," Strang said.

"Through peace initiatives, we are able to give a lot of hope to a lot of young people," said Strang.

In places such as Bosnia, Yugoslavia, Israel, Slovakia and Sarajevo where war seems to be a way of life, UNICEF is working to change these views. UNICEF "supports countries' efforts to encourage young people to become concerned about peace, justice, children's rights, respect between peoples, sustainable development and the environment,

and to participate in local action for change."

Much of this change has been made possible by income from voluntary contributions

"UNICEF is important because the primary focus is on women and children around the world. Children are the future of the world."

—Barbara Strang

from governments, intergovernmental agencies, non-governmental organizations and individuals. UNICEF also helps to raise money for projects through greeting card sales, calendars, stationary

and donation boxes which school children circulate at Halloween.

Connie Groves said she has been sending contributions to UNICEF for about four years now.

"They sent a brochure through the mail for UNICEF. I send to other charities and this one sounded like a good cause. I just thought it was a good charity. The thing I don't like is once you donate, they keep sending you reminders to send more money. There are boxes with predetermined amounts. I don't like being told how much to donate," Groves said.

But it is not just monetary contributions which have helped to promote change for a better world. Credit also goes to individuals who volunteer their time to help promote a better way of life for those in poor countries. UNICEF thrives on people who want to help other people outside of

their own community.

"We live in a global economy, a global world. People who focus on their own community are missing something important," Strang said.

With more than 200 offices in over 117 countries, it is easy for people to be able to connect with the office nearest them to be able to donate time.

One such volunteer who donated her time and visited children in various countries was actress Audrey Hepburn who died in 1993. UNICEF has set up a fund in her name since she, "proved each of us can make a difference and her vision lives on".

UNICEF has made a difference and so have the many volunteers, said Strang.

"We can't deny the impact we have had and the impact other countries are now having on us."

Anyone wishing to donate to UNICEF, provide volunteer time or request information, can contact Ontario UNICEF at 333 Eglinton Ave. E., Toronto, M4P 1L7 or call (416) 487-4153.

Canadian Peace Congress has a mandate to 'ban the bomb'

by Dixie Calwell

The idea and the need for international peace was the starting block that built the Canadian Peace Congress (CPC).

The CPC is a non-profit, non-governmental organization trying to build public policy.

According to Executive Director Gordon Flowers, it is "different than other peace organizations" in that it joins the issue of peace with other problems.

"In the past, it has tried to link issues of human rights and social justice to social and economic issues," said Flowers.

That link has led the Congress to call for an end to Canada's annual waste of \$8 billion for weapons. The CPC believes the money could be re-directed to other areas, such as health care, education and public housing in order to create employment.

The organization had humble beginnings. The first meet-

ing was held in the basement of the Bathurst Street United Church in Toronto in 1949. A year later, several other offices were established across Canada.

"People think the danger of war is over...We're far from a safe world."
—Lari Prokop

The CPC experienced its heyday in the early fifties when it was instrumental in starting the 'Ban the Bomb' petition.

Today, however, the congress is not as well known as before.

"It's a quieter time. The cold war has diminished," said Flowers. Back then the immediate issues pertained to the "threat of a nuclear war". Flowers said it isn't the same way anymore.

Yet, the congress is still active through conferences, lectures, demonstrations, vigils

and marches. The organization also lobbies the government for issues such as a total ban on nuclear testing and the use of nuclear weapons.

The main issues now tackled by the CPC are the arms race, the propagation of hatred and disgust of other nations, racism, apartheid and colonialism. While it is not well known, CPC is still influential on the world peace front and is a founding member of the Canadian Peace Alliance.

National Director Lari Prokop describes the alliance as "an umbrella organization with well over 200 groups from Halifax to Victoria."

The Congress is also affiliated to the World Peace Council which is the largest non-governmental organization at the United Nations in New York.

Prokop said that while the threat of a nuclear war has diminished, there is still cause for worry.

"People think the danger of war is over...We're far from a safe world," said Prokop.



Nutrition week rewards students with good health and prizes

by Lisa Sauer

Students ate free vegetarian subs, drank apple juice and walked away with 'health promoting' prizes as Humber College hosted its annual Weight and Fitness Awareness Day.

"Your health comes into play with everything you do," said Christine Russell, a nursing student. She was surrounded by fitness apparatus,

TV video aerobics and tables covered with free pamphlets and information flyers.

"People really care about food and weight," said Sue Mizzi, a public health nurse who was running the booth.

Mizzi explained that people are more educated about dieting, exercising and eating than they were 10 years ago. People have become more aware through the media, and

the government promoting health and fitness.

"People are eating healthier and exercising more often according to Health and Welfare Canada," she said.

But there was still a lot more to be learned by visiting each of the five booths. Information on fast food, stress and services at Humber were available.

To motivate students to

visit each booth, a skill-testing draw, co-ordinated by P.R. student Patricia Martin, was part of the day's events. Prizes included ginseng tea, a Shiatsu massage certificate, multi-vitamins and a fruit basket.

The fitness booth gave away a mountain bike in the Lose and Win contest won by student Pat Hedley.

"They're walking away more

educated," said Lilja Elliot from the nursing department. Queries regarding fat content, balanced diets and high-fiber foods were the most popular requests, she said.

"You better eat something for breakfast. Something is better than nothing," said Elliot. Pizza on pita crust and submarines are regarded as a source of "healthier fast food". Foods high in fibre are also recommended.

Deborah Glover, a fitness instructor at Humber was answering questions at the fitness booth about aerobics, swimming and other services at the college.

"Fitness is increasing every year...dieting doesn't work," said Glover.

Line and clog dancing were demonstration by Chris Little to show alternatives to regular exercising. Little holds fitness classes for the faculty here at Humber.

"It was a good day," said Mizzi. "A healthy life includes good eating, activity and a proper range of body mass index (weight). I think people are getting the message."

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Sign up for spring sign language classes

by Edna Williston

Spring sign language classes are being offered at the Mississauga Branch of the Canadian Hearing Society.

Registration for classes will be held at the society's Peel office from April 11-15. Classes begin the week of April 18.

"Registration is limited to a first come, first serve basis and anyone interested should act quickly," said Heather Marsden, program co-ordinator.

Instruction is offered at beginner and advanced levels. The cost of enrolment is \$95 with an additional fee of \$60 for class materials which includes an instructional video and workbook.

Pre-testing will be conducted during the week of registration to determine the level in which to register. An appointment is necessary.

Classes run one evening a week from 7 to 10 p.m. for 10 weeks. If interested call Jane Elmy at (905) 896-7667 (voice) or (905) 896-1760 (TTY).

*Offers apply to the 1994 Pontiac Sunbird LE Coupe on a 36 month lease for \$189 per month equipped as described. A minimum down payment of \$1,493 and \$300 security deposit is required. Some mileage conditions apply. Freight \$595, license, insurance and taxes not included. Offers apply to 1994 new or demonstrator models. Dealer order or trade may be necessary. Dealer may lease for less. Offers apply to qualified retail customers only. These offers may not be combined or used with any other offer. See Dealer for details. **Available to any person who has proof that they graduated or will graduate from a recognized post secondary institution during the period September 1, 1991 through August 31, 1994. Graduate program may not be combined or used with any other offer. *First month Smart Lease payment will be waived for qualified purchasers. Minimum down payment applies. **Some charges may apply. See Dealer for details.

Vegetarianism: The answer to food shortage

by Kimberly Mitchell

Vegetarianism isn't just a trend or a radical movement but an increasing lifestyle choice.

Vegetarianism has come into the mainstream. At no time in modern history has it been so popular in Western cultures.

Jane Esquivet, manager of The Vegetarian in Toronto, said she has seen a recent increase in business and noticed other restaurants have more vegetarian choices on their menus.

"People are concerned about their health more and want a healthier lifestyle," said Esquivet.

Some people may think a vegetarian diet consists of just lettuce and sprouts but Esquivet said their menu offers a wide selection which can be very hardy.

Even fast food chains are giving more vegetarian alternatives. Burger King has introduced a Veggie Whopper to some of its North American outlets.

"Whether for health reasons or environmental reasons, more people are changing their lifestyle and becoming vegetarians," said Stephen Leckie, spokesperson for the Toronto Vegetarian Association (TVA).

TVA is a non-profit organization run by volunteers and member supported. It has grown to more than 1,000 members since being founded in 1945.

"Our goal is to create awareness on vegetarianism and educate the public about it," said Ashli Taylor, a TVA volunteer. TVA provides research on vegetarianism and books or tapes can be borrowed or bought.

"People are more aware that their eating habits affect their health and well-being," Leckie said.

Environmental concerns are another major factor for becoming a vegetarian, said Leckie who is also a director of EarthSave Canada.

"A meat diet requires a lot more resources than a vegetarian diet. More land and water is needed to raise these farm animals," he said.

A report by EarthSave Canada says most of our agricultural land is used to feed food animals. To create these pastures natural ecosystems of forest, wetlands and prairie are destroyed.

While it is growing in popularity today, vegetarianism has been a way of life for many people for centuries.

A vegetarian diet has been advocated by many, from philosophers such as Plato and da Vinci, to political leaders, Benjamin Franklin and Ghandi, to modern pop icons such as Bob Marley and Madonna.

Studies have shown the health benefits of a vegetarian diet to be remarkable, according to the Physicians Committee for Responsible Medicine (PCRM).

Vegetarians often have lower mortality rates from several chronic degenerative diseases than non-vegetarians the PCRM report said.

Research shows that the consumption of animal products is linked with cancer, heart disease, diabetes and osteoporosis.

Animal products are the main source of saturated fat and the only source of cholesterol in the diet which cause these diseases. Because vegetarians avoid these fats they are at less risk to develop these health problems.

Last year Health and Welfare Canada revised Canada's Food Guide, increasing the recommended amount of fruits and vegetables and suggesting more alternatives to meat servings.

Marinella Arduini,

Etobicoke's public health nutritionist said vegetarianism can be a healthy lifestyle if people are careful in food choices.

"They should still choose food from all food categories," said Arduini. "Vegetarians have a potential to be low in iron and protein and will need meat alternatives for protein and legumes for iron."

PCRM's research said a variety of plant foods provide more than enough protein for the body's needs and excess protein has been linked to kidney stones, osteoporosis, heart disease and some cancers.

Coincidentally, Arduini said the latest health concerns for Canadians are heart disease, cancer and osteoporosis. A recent Ontario Health survey shows people are eating better but are still low on fruits and

vegetables and their fat intake is still too high.

Not only people who are concerned with their health but environmentalists also have strong reasons to be on the vegetarian bandwagon.

"Most people look upon the sources of our food - farms and livestock - as idyllic icons of the clean rural life. But beneath the surface lies the worst ecological offender," said Leckie.

Agriculture is the primary source of wilderness destruction according to EarthSave. Food animals in Canada outweigh people three to one. Last year over 400 million animals went to slaughter according to Statistics Canada. These animals require shelter, water, waste removal and food. Most of Canada's agri-

cultural land is used to feed these animals, according to a report by EarthSave.

Their research also said excrement from farm animals flows unfiltered into our lakes and streams. Agricultural chemicals and manure cause extensive pollution. Statistics from EarthSave show that livestock is the main source of Canada's raw sewage pollution.

Leckie said by curtailing our meat consumption, millions of acres of agricultural land could be returned to forest and wild prairie and rivers would run cleaner.

With the anticipated doubling of the earth's population by year 2040, Leckie points out that the solution to the deteriorating earth lies not in how much we eat, but what we eat.

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Remember, send your submissions before April 29, 1994. For more information on how to enter TVOntario's *Telefest '94*, contact your radio, television, film, communications, or media instructor.

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Award-winning vocalists shine in spotlight

by Nicole Middelkamp

Top notch music students sang their way into the hearts of more than 70 people during a concert on March 30.

The Lecture Theatre was alive with toe-tapping jazz for the entire two and a half hours of the concert. The audience showed their appreciation with hoots, whistles and plenty of applause.

For the first half hour, entertainment was a choir of students from all three years. The 18-member choir recently won a silver medal at the Ontario Vocal Festival under the direction of music and vocals instructor Trish Colter. The group then broke into smaller ensembles to sing various jazz and classical tunes.

The classical choir was directed by Lisa Sullivan, a part-time instructor for over eight years. She wanted to let everyone know the work the choir went through to prepare their classical numbers.

"I just want to say how proud I am (of the choir). They sang their first chord just last Friday and now they sound



Nicole Middelkamp

What a combo — The vocal jazz combo gives another award-winning performance

great," said Sullivan.

It seemed the audience agreed with Sullivan, giving long rounds of applause for both numbers the choir performed.

Soloists chose a range of songs from slow, sexy ballads

to grinding rhythm and blues to the delight of the audience.

Third-year student Paul Hundert drew some laughs for his version of James Taylor's song "Steamroller Blues".

"He got so involved in his singing and his facial expres-

sions were priceless. It was really fantastic," said Maggie Stuart, an Etobicoke resident who heard about the concert from a friend.

After a short intermission, the vocal jazz combo crooned through a repertoire of music

lasting about an hour. Their casual manner and movement to the music turned the audience into a sea of tapping toes and bobbing heads.

The Vocal Jazz Combo previously won a gold medal at the International Jazz Educators Conference in Boston.

While the focus of the concert was Vocal Night, the talent of Dave Olsen (piano), Mike Barrington (drums), and Rich Moore (bass) could not be overlooked.

"These guys have been the best in regards to attitude and playing that I have worked with," said Colter during her introduction to their solo number.

Humber's music program has a Spring Showcase on Wednesday, April 14 at 7:30 p.m. in the Lecture Theatre.

"I've come to a few of (the music programs) concerts on Wednesday nights and they are always good. There is a lot of talent in the school and it's only five dollars for two hours of entertainment," said Catherine Moss.

Vauxhall and Morrissey Glum chum on the road to non-depression

by Kathryn Bailey

If you don't know Morrissey is depressed, you're either living in a vacuum or you're way ahead of the game.

Today the man wants to be recognized for his upbeat pop songs, not his melancholy moods, and with the release of his latest album, *Vauxhall And I*, he may have succeeded.

Yes, we all know Morrissey is a terribly troubled man. This goes with the territory when reviewing one of his albums.

But it is a tired old cliché to say Morrissey is depressing. And the old "slit your wrists" line has been a joke among Morrissey fans since the days of *The Smiths*.

A turn away from the glam/rockabilly sounds of *Your Arsenal* (his last album), *Vauxhall And I* examines a more acoustic, "back to basics" side of Morrissey.

He continues to write with guitarists Alain Whyte and Boz Boorer, although drummer Spencer Cobrin and bassist Gary Day have been replaced by Woodie Taylor and Jonny Bridgewood. Musically and lyrically, the songs on *Vauxhall And I* seem a little stronger — as if Morrissey is more sure of the ground he wants to cover.

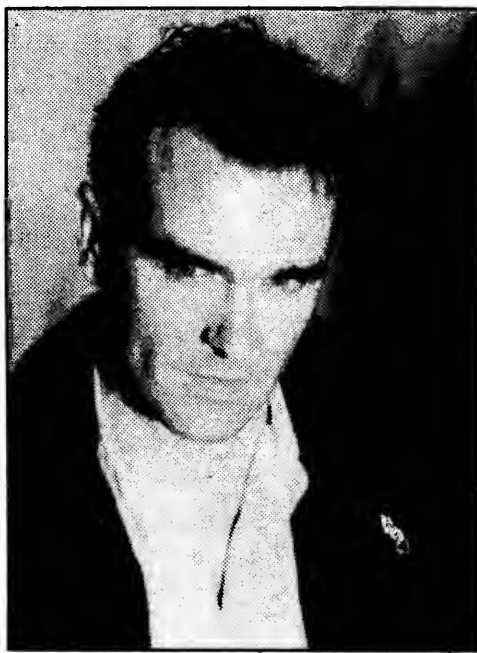
A couple of songs even reach back to *The Smiths* — most notably *Billy Budd*, which sounds strikingly like the pounding, quickly paced *Smiths'* classic, *London*. It's easy to find yourself singing

the old lyrics.

Whether this was intentional or not is difficult to say, but lyrically, *Billy Budd* seems to address Morrissey's old *Smiths* songwriting mate, Johnny Marr. ("Things have been bad/yeah, but now it's 12 years on ... and I took up with you.") *Billy Budd* also contains a classic Morrissey catch phrase ("I would lose both of my legs/if it meant you could be free"), bring to mind *Smiths* lyrics from *What Difference Does It Make?* ("I would jump in front of a flying bullet for you")

Getting away from *The Smiths* a bit (a lot actually), there are songs like *Lifeguard Sleeping*, *Girl Drowning*, in which Morrissey whispers through the entire song — sounding a bit like the singing lips at the beginning of *The Rocky Horror Picture Show*. And in *The Lazy Sunbathers*, Morrissey even addresses current political issues with lyrics like "Religions fall/children shelled".

Produced by Steve Lillywhite (known for his work with *U2*), *Vauxhall And I* explores a variety of acoustic arrangements. From the fast-paced *Billy Budd*, to the gentler sounds of the rest of the



Courtesy photo

Morrissey — not so troubled now.

album, Morrissey has perhaps produced his finest work to date. Although musically he has mellowed, he still has the old cynical voice, and instead of exploring and lamenting his depression, he seems to have accepted it. In *Why Don't You Find Out For Yourself*, Morrissey sings, "I've been stabbed in the back/so many times/I don't have any skin/but that's just the way it goes."

There'll be no slitting of the wrists for Morrissey this time around. *Vauxhall And I* showcases a grownup, strong and honest Morrissey, a man who has accepted life — with all its ups and downs.

Spirited film

by Chantal Neron

It's the typical love story. But, throw in a political revolution, some psychic phenomena, violence and murder, and a who's who of Oscar winners and you have the interesting and surprisingly good *The House Of The Spirits*.

Based on the novel by Isabel Allende, *The House Of The Spirits* follows the wealthy and powerful Trueba family as they struggle for and against one another for over 50 years in their South American homeland.

Esteban, played brilliantly by Oscar winner Jeremy Irons, is the heartless owner of one of the country's most profitable plantations. "Tres Marias". Determined to keep the country's political and economic power firmly in the hands of the "proper class," Esteban finds himself in opposition to his clairvoyant wife Clara (Meryl Streep) and headstrong daughter Blanca, played by an unusually disappointing Winona Ryder.

As the workers struggle for freedom, Esteban becomes a senator committed to fighting change at every step. Adding to his anger is Blanca's love affair with the one of the revolutionary leaders, Pedro (Antonio Banderas). Committed to her lover, she supports his cause and places her own life in danger.

What unfolds is a bitter-sweet struggle as Esteban is trapped between loyalty for

his country and his beliefs and the love he has for his daughter.

Directed by Scandinavia's Billie August (Pelle The Conqueror), *Spirits* is a moving story of one family's heartaches and triumphs. While it may look like an 'artsy' type film, don't let that scare you off. The story is well written (based on Allende's own experiences in Chile), and except for Ryder, the performances are very believable.

Irons is outstanding as Esteban, and will no doubt be considered for an Oscar this time next year. The same can be said for Glenn Close who plays Ferula, Esteban's lonely spinster sister. While she is not a major character, Close brings the desperate and repressed character to life. The audience cannot help but feel for this lonely old woman.

Streep also shines as the childlike and rather unusual Clara. She captures the character's strange and haunting personality and makes the audience believe that Clara truly possesses psychic powers.

Adding the final touch, is the beautiful cinematography by Jorgen Persson. He captures the flavor of South America and brings the beauty of "Tres Marias" to life. You don't feel as if you are watching a set created on some studio lot, but as if you are part of this breathtaking place the Trueba family calls home.

Extensive career for Natalie Richard

by Andrea Maxwell

You've seen her handing out pizza in Whistler, B.C..

You've watched her cheer on young college and university students taking part in the most ridiculous competitions (banana eating — need I say more) in Daytona Beach, Florida.

You've laughed at her dancing around the MuchMusic studio with compact discs on her head singing, "I'm a loser baby, so why don't you kill me."

But, you can't possibly know how much fun she can be 'til you actually spend some time chatting with V.J., Natalie Richard.

She enters a trendy restaurant on Queen Street where everyone but your mother is waving and saying hello. The waitress, who she introduces by her first name, appears to be her best friend.

Back at the City TV building she stops and chats with just about every person we pass, never failing to make introductions.

Her free spirit is contagious. It's obvious she loves what she's doing and where she's at in her life.

"Well, I'm 30 years old and I'm very proud ... I don't think I'm old at all. I think to be successful in a field like television it takes a lot of years of working and studying. There were some years when I thought I was going to die at 25 because

I thought that was old enough. When I turned 25, I thought, 'No way, I'm having too much fun!' I think life starts at 30."

Richard got her big break in the business in 1986 when she was hired by CBC radio. For a year she filled the morning weather spot broadcasting in French. Her experience on the radio and, as all great success stories go, a lucky break lead to her transition into television.

"One day the weather guy from the news got sick and (they said) 'Well you do the weather on the radio — you can do it on TV'. They put me in front of a camera and they liked what I did."

Richard says she fell into the broadcasting business by chance. Her first love is music and second is acting. She was taking singing and theatre classes as well as a voice-training class. Prior to this she had studied communications at the University of Quebec in Montreal where she is originally from.

"I never thought I was going to work in TV and I didn't know really what I wanted to do. I couldn't believe that I'd be hired at CBC. That was my first job and it all snowballed from there."

And snowball it did. Richard put together a demo tape and sent it off to MusiquePlus in Montreal, MuchMusic's sister music video station. She worked there as a V.J. from 1987-1990. Richard also host-

ed a children's TV program on TV Quatre Saisons in Quebec while still pursuing her musical interests.

Her passion for music seems to be the key element which directs her life.

"I quit MusiquePlus in 1990 to pursue my own personal things. I especially wanted to concentrate on my music. I wanted to have more time for myself, to travel and to do other things."

Richard toured the Middle East for a month with the United Nations Dinner theatre which is located in Montreal. She played the role of Mata-Hari.

Two years later MuchMusic offered her a position with them,

"I said yeah and then I thought, 'Oh my God — in English!' It was a little tough at the beginning because I felt illiterate. I felt like I wanted to say something but I couldn't find the words."

Now she says, "I feel much more comfortable. My English is much better, I think."

Today Richard has her own show, French Kiss that she is currently co-producing. MuchMusic has been airing the program since September 1993. Richard explains the focus of the show. "It is the meeting of two tongues — English and French. It's about French culture and music from Canada and around the world. I explain more about the artist so people can really discover



Courtesy photo

Rockin' Richard — MuchMusic V.J. looks to the future.

the culture. There is a lot to discover because there is a beautiful thing there."

The program keeps her extremely busy with establishing contacts, researching, translating, etc. Yet she still finds time to enjoy her first love in life.

"I write with a bunch of songwriters. We meet every three weeks. I have to do it. It's inside of me."

At this rate, it would appear that Richard will have no problem fulfilling her motto in life: "I want to keep rockin' 'til the end!"

by Gilles Sustens

Elvis Presley paid the price when he sold his soul to be the king of rock n' roll. His death transformed him from "The King" into a messiah from Memphis.

Elvis disciples Memphis Messiah have carried on his name, but only in a song, certainly not in style.

"Our first single, American Jesus, is an observation on the way the public has taken Elvis and made him into almost a religious idol. As for our music, we don't write songs because it's trendy and we want to make a record. We write songs because we have to. Our interpretation of success is having a lot of people like what we do," they state in their bio.

Formed over a year ago in Toronto, the band moved quickly into the rigor of a constant playing schedule building a following as they go. They have also managed to release a self-titled debut CD distributed in most record stores. Their easy to please sound has attracted all types to their music — from pop listeners to the ever dedicated alternative fan.

Equally gratifying have been their stints performing on Q107's Discovery, The Dini Petty Show, Breakfast Television and Y95's Basement Rock.

Derek Kai (vocals and guitar) and Avi (guitar), are Messiah's principle songwriters. They've built an array of sounds around their music, trashing the formula heavy 80s rock, opting instead for a more 60s and 70s influence.

Kai further explains the origins of their sound: "In general, anything that's ever been — anything that ever was, from Mozart to Elvis Presley, it doesn't matter what it is. If it was good I liked it ... and it's all there and it all affects me. I mean, life is an influence in itself."

Life, in general, plays a large role in Kai's creative process.

"I'm always watching people. I mean, if I'm on the subway, walking down the street, watching CNN or making Kraft Dinner. Everything is relevant to me. Everything I come in contact with affects me inside," said Kai.

Memphis Messiah's music delves into the realm of many more emotions than just feeling good about yourself. They touch base with depression, anger and love. Emotions the common person can relate to.

"Mood and emotion is the basis for so many

of our songs," said drummer Stephen Ashley.

Their sound is much more vivid than just straight ahead rock.

"(Derek and Avi don't pick on one thing — per se rock music. There's a song we have, Temple of Love, that gets into some Middle Eastern sounds or foreign sounds," said bassist Eric Jelestis.

The band, like any other, still searches for their true identity. Their music is constantly reaching new

levels.

The most recent reward has been opening for a newly signed Moist at a full capacity Lee's Palace.

Avi shares his thoughts on the Moist gig: "I'm very pleased because a lot of people that I didn't know came up to me just to shake my hand and say that they really enjoyed the show. That's the big payoff for us."

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The Paper
provides
insightful
glimpse

by Paul Riches

What is the big question many people may ask after seeing the movie *The Paper*?

Probably, is this anything like what real newspapers are like?

If Humber's paper is any indication — the answer is yes.

Oddball people all around, sources not wanting to talk to

you for strange reasons, reporters accidentally missing big stories, the constant pressure of the deadline, the thrill of pulling off a big story, and almost getting shot by someone you write about.

The Paper showcases 24 hours in a New York City newspaper called *The Sun*. And, like our Toronto Sun, it's a tabloid with snappy front

page headlines and sensational coverage. The only thing missing is a Sunshine Girl, or maybe there is one, but we just didn't get to see her.

The plot of *The Paper* deals with their coverage of a racial killing which could ignite a weekend of rioting. To complicate matters, the two youths who are arrested are innocent and only the Sun staff know it.

The uphill battle then begins, with Michael Keaton as the metro editor who sends his intrepid reporters out to report what really happened.

And deal with a wife, nine-month pregnant.

And deal with a managing editor who hates him.

And deal with never having enough change for the pop machine.

Keaton's character goes to hell and back in *The Paper*. And so does everyone else to varying degrees.

The one notch above him at *The New York Sun* is the managing editor played by Glenn Close.

She's a tough as nails administrative type who constantly locks horns with Keaton over everything.

If there was a way to disagree over whether humans

breathe oxygen or not, these two would find it.

Refereeing the two prize-fighters is the Editor-in-Chief, played by Robert Duvall. He knows his job like no one else. That's mainly because he's been virtually married to *The Paper*, to the detriment of his two other marriages.

To round out the top five of this ensemble cast is Marisa Tomei as Keaton's pregnant wife and former reporter who misses the insanity of the office; and Randy Quaid as a demented columnist who writes primarily about how pissed off he is because his car is constantly being towed.

With all this in mind, it's easy to see how just the people on the screen make this a memorable comedy/drama. Characters aside, *The Paper*'s other wonderful commodity is director Ron Howard (he also did *The Princess Bride*, *Back Draft* and *Willow*). He really pulls everything together with his considerable skill and keeps it seamless.

The movie zips along quickly through the day and jumps back and forth between the characters. Everything is fresh, exciting and definitely not predictable.

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Thursday On Da Reel

Apr. 7
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In the Student Centre all day!
Playin' the tunes & taking requests!

Tuesday ALL-Candidates Forum #1

Apr. 12
>>>

In the Student Centre at 11:00AM

Wednesday ALL-Candidates Forum #2

Apr. 13
>>>

In Caps at 11:00AM

Thursday ALL-Candidates Forum #3

Apr. 14
>>>

In the Lecture Theatre Concourse at 11:00AM

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Annual General Meeting

Friday April 29, 1994

North SAC Conference

Room 12 Noon

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Major League 2 a minor league hit

by Steven Argintaru

Predictable is one way to describe the sequel to the 1989 hit movie *Major League*, which again centers on the misfortunes of the fictitious Cleveland Indians baseball club, a team which has a rich tradition of losing, much like its real-life counterpart. Fortunately, *Major League 2* provides enough laughs to compensate for its expected, albeit exciting, ending.

One season after shocking the baseball world by taking the American League East Division championship, the hapless Indians revert to their losing ways.

Heading into spring training is a group of players overwhelmed, to say the least, by their accomplishments the previous year and distracted by the off-field antics that go hand-in-hand with on-field success.

Pitching sensation Rick 'Wild Thing' Vaughn, played by Charlie Sheen, appears to have undergone the most dramatic off-season change. Vaughn was the Indians' most popular player in the first movie, with his 100-mile-an-hour fastball. Anticipating his first spring training appearance, a group of leather-clad Wild Thing fans are shocked when, instead of riding in on his trademark Harley-Davidson motorcycle, a nattily attired Vaughn emerges from a Rolls Royce that would have made Bruce McNall blush.

Omar Epps pinch-hits for Wesley Snipes in the sequel as fleet-footed outfielder Willie Mays Hayes. A starring role in an action movie opposite former wrestler Jesse (The Body) Ventura has given Hayes a Hollywood-sized ego, and he realizes that singles and stolen bases don't merit the

same headlines as do home-runs. So the Tribe's designated leadoff hitter swings for the fences, much to the chagrin of his field manager.

Cuban power hitter Pedro Cerrano (Dennis Haysbert) has lost his mean disposition and intensity after giving up voodoo in favor of Buddhism.

Tom Berenger is back as Jake Taylor, the aging, wonky-kneed catcher who must coach the Indians after the team's manager falls ill. Former ballplayer Bob Uecker returns as play-by-play announcer Harry Doyle, whose habit of drinking on the air also returns with the Indians' misfortunes.

The team's season is salvaged by a couple of rookies, who not-coincidentally also make the movie worth seeing. Despite his ability to hit and throw out base runners, catcher Rube Baker (Eric Bruskotter) cannot return the ball to the pitcher. Yet, with his boyish enthusiasm for the game of baseball, he manages to bring the focus of the group of million-dollar egos back to winning.

Another newcomer, Japanese comedian Takaaki Ishibashi, provides the perfect foil for Cerrano as a kamikaze outfielder who tends to knock himself unconscious by running into the outfield fence while making a catch. Tanaka has trouble with the English language after being purchased in mid-season from the Tokyo Giants, but manages to light a fire under the suddenly-placid Cerrano by accusing him of having no "marbles".

Baseball enthusiasts will recognize the rightfield backdrop of Cleveland's stadium as the famous warehouse behind Oriole Park at Camden Yards in Baltimore.



NHL year full of surprises

New teams and new players shine during 1994 season

by John Tenpenny

Another National Hockey League season is just about complete, and of course most of what happened couldn't have been predicted.

Who would have thought both expansion teams in their inaugural season would be competing for playoff spots late in the season. While Anaheim will probably fall short, Florida looks like they may hold off the Flyers and Islanders for the last position in the Eastern conference.

As the 'second season' approaches, a look back on the year that was seems only fitting.

The Bandwagon-jumpers

Leafmania has reached ridiculous proportions this year. Anywhere the Leafs play in Canada, be it Winnipeg, Edmonton or Vancouver, Leaf fans seem to outnumber those cheering for the home team. I know a lot of people hail from Hogtown, but come on people support your own team, or pretty soon the Leafs won't have any Canadian teams to play.

Disappointments of '93-94

Where to start.

1. How about the Quebec Nordiques? After a 100-point season last year this team took a huge nosedive. They won't make the playoffs and another European (junior sensation Peter Forsberg is expected to join the team next season), isn't going to help. Pierre Page hasn't been able to motivate these guys and should maybe consider giving up his coaching duties and



MIRROR MIRROR ON THE WALL—The Rangers and Red Wigs are the favorites, but there is ceratain to be a giant killer among the teams. Who will it be?

concentrate on toughening up his soft team.

2. Alexandre who? After a quick start, the Senators number one pick over-all disappeared. Hindsight says maybe he could have used another year in junior. Daigle's freshman teammate, and Calder Trophy candidate Alexei Yashin seems to be a better player for having waited a year before joining the Sens.

3. Los Angeles Kings. They're about to become the first team to miss the playoffs the year after playing in the Stanley Cup Finals. That about says it all. Even Wayne

Gretzky, the greatest player of all time, couldn't help this team, which will cause Gretz to miss the playoffs for the first time in his 15-year career. Coach Barry Melrose's stubborn refusal to beef-up his team and institute some kind of defensive system is the reason for the Kings dismal goals against. The Kings are ahead of only the Jets and the Senators in that category.

4. Kevin Hatcher. After a career year, the all-star defenceman responded with a poor effort. Once a Norris Trophy candidate, Hatcher must redeem himself in the

playoffs if his season is to be salvaged.

5. Ron Hextall and his teammates. A team that defeats the two-time defending Stanley Cup champions is expected to do more than challenge a first-year expansion team for a playoff spot.

More is also expected of a former Conn Smythe Trophy winner. Hextall was supposed to be the player to put this young and talented team over the top. Instead they are fighting just to make the playoffs.

Surprises of '93-94

1. Florida Panthers. No

one in their right minds thought this team would make the playoffs. Yet it looks like they probably will. The Panthers have succeeded by utilizing the neutral zone trap and relying on the outstanding goaltending of **John Vanbiesbrouck**. They are third in the league in goals against. It's all about to come to an end though if the Panthers meet the Rangers in the playoffs.

2. New Jersey Devils. We knew they had a good team, but a 100-point season, who could have guessed. **Lou Lomax** made his best move in years by hiring **Jacques Lemaire** and **Larry Robinson**. These two guys have more Stanley Cup rings than fingers. Watch out for this team come playoff time, can you imagine Lord Stanley in Jersey?

3. Jason Arnott. Coming straight out of junior in Oshawa, this 18-year-old rookie has surprised even himself, by scoring over 30 goals for the lowly Edmonton Oilers. Taking into account his age, Arnott should win the Calder.

4. Dominik Hasek. Cast off only a few years ago by the Blackhawks, Hasek has had an incredible season, supplanting Hall of Famer Grant Fuhr in the Sabre net. A shoo-in for the Vezina Trophy, Hasek could become the first goaltender to post a goals against average under 2.00, since Philadelphia netminder Bernie Parent's 1.89 average during the 1973-74 campaign.

With Hasek backstopping them, the Sabres may still playing until until June.

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CLASSIC HITS FROM YESTERDAY AND TODAY

The stars come out at night

Humber varsity athletes honored at annual banquet

by John Tenpenny

When it rains it pours.

Over the past year, Humber College varsity athletic teams had their most successful season ever. This success was celebrated last Wednesday night, as Humber honored its outstanding athletes of the 1993-94 season.

Humber's achievements during the past year were simply amazing. Of Humber's 10 varsity teams only two failed to bring home an OCAA medal. Pacing the teams were a Humber-record 14 OCAA all-stars.

The big winners on Wednesday were two of Humber's volleyball stars. Albina Michele and Eugene Selva were named Female and Male Athlete of the Year respectively. Also honored was Erica Weirsma of the women's volleyball team, who was recognized as Humber's top student-athlete.

Michelle, an OCAA League and Tournament all-star for the fourth-place Hawks, was also named team MVP. Selva a freshman, was also an OCAA league and tournament all-star. He shared MVP honors with teammate Wayne Wilkins. The men's team was a big surprise, winning silver at the provincials.

Athletic director Doug Fox while very pleased with Humber's success this year did admit to being surprised by the extent of it.

"At the beginning of the year I really felt we had lost a large portion of our programs," Fox said.

Humber lost six All-Canadians from last year's squads, including basketball players Patrick Rhodd and Denice Cummings.

This year Humber had no All-Canadians, but the number of OCAA all-stars reflects the depth of talent the teams

did have.

Fox felt all the teams had more consistent players than in years past and this fact helped explain some of the success.

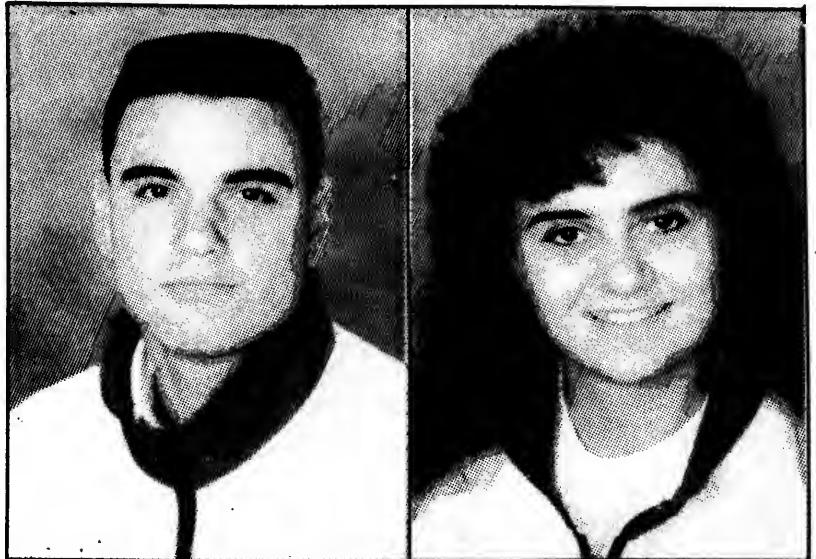
Fox was also proud of the fact that Humber had success in other areas besides basketball.

"It's been a lot of pressure to win over the last few years," he said.

Fox was afraid Humber was becoming known as a one-sport college after three straight men's CCAA basketball championships, as well as four consecutive OCAA titles.

As for next year, Fox is looking forward to having some fun and enjoying the season.

Fans can look forward to success on the courts and on the fields next year, in particular Fox thinks, in women's basketball, men's soccer and men's volleyball



Outstanding Athletes

MALE ATHLETE OF THE YEAR: EUGENE SELVA

FEMALE ATHLETE OF THE YEAR: ALBINA MICHELE

Humber Hawks Varsity

1993-94 Highlights

Men's Basketball, OCAA Champions

Steve McGregor, OCAA League, OCAA Tourn. Allstar
Richard Saunders, OCAA Tourn. Allstar
Oneil Henry, OCAA League Allstar
Mark Croft, OCAA League Allstar
MVP's: Mark Croft & Steve McGregor
ROOKIE: Jason Daley
MOST IMPROVED: Richard Saunders

Women's Basketball, OCAA Silver Medalist

Tara Petrachenko, OCAA League & Tourn. Allstar
MVP: Tara Petrachenko
ROOKIE: Corrine Smith
MOST IMPROVED: Seon White

Men's Volleyball, OCAA Silver Medalist

Eugene Selva, OCAA League & Tourn. Allstar
Scott Purkis, OCAA Tourn. Allstar
MVP's: Wayne Wilkins & Eugene Selva
ROOKIE: Eugene Selva
MOST IMPROVED: Andrew Simmons

Women's Volleyball, OCAA 4th Place

Albina Michele, OCAA League and Tourn. Allstar
MVP: Albina Michele
ROOKIE: Melena Barrington
MOST IMPROVED: Sherry Trumbell

Skating, OCAA Bronze Medalist, Men's and Women's

Chris Wallace, OCAA Bronze Medal

DISTINCTION WINNEERS:

Rick Hainer & Laura Huhn

Badminton, OCAA Silver Medalist, Men's Doubles

Bill Chircoski & Ron Ward

DISTINCTION AWARDS:

Christine Main & Khairul Mohamed Yasin

Men's Outdoor Soccer, OCAA 4th Place

Phil Caporrella, OCAA & Tourn. Allstar
Lorenzo Redwood, OCAA League Allstar
Kirby Mitchell, OCAA Tourn. Allstar

MVP's: Phil Caporrella & Lorenzo Redwood

ROOKIE: Eric Rinaldo
MOST IMPROVED: Mike Maglio

KEEPERS OF THE YEAR: Adam Morandini & Paul Schaefer

Men's Indoor Soccer, OCAA Silver Medalist

Phil Caporrella, OCAA Tourn. Allstar
Adam Morandini, OCAA Tourn. Allstar

MVP: Adam Morandini

Women's Indoor Soccer, OCAA Bronze Medalist

Kim Ramsay & Deb Ferguson, OCAA Tourn. Allstar

MVP's: Kim Ramsay & Deb Ferguson

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The Underground 659B Queen St. W 461-8948</p> |
| 8 | <p>STAR TREK: THE NAKED SHOWS
Who is the best damned starship captain in known space,
Kirk or Picard? A Star Trek parody by the Chumps
8 p.m. \$10 Thursdays \$12 Fridays 534 Queen St. W
To reserve, call Big City Improv at 872-1111</p> |
| 9 | <p>MAD ANGELS AND AMPHETAMINES
Insomniac Press launches a compilation of T.O. poetry
\$10 (includes book) 8 p.m. Workscene Gallery
183 Bathurst Ave. 536-8827</p> |
| 10 | <p>WHITE BITING DOG
Governor General award-winning play by Judith Thompson
\$10-14 (pay what you can Sundays)
8 p.m. Tuesdays-Saturdays, 2:30 p.m. Sundays
Tarragon Mainspace 30 Bridgman 531-1827</p> |
| 11 | <p>CANNIBAL CHEERLEADERS ON CRACK
(At last... a listing without a gimmicky title!)
Nothing is taboo in this post-modern, apocalyptic farce
\$12.50 Fridays-Saturdays 8 p.m./ midnight
Sundays 8 p.m. Poor Alex Theatre 296 Brunswick
598-1900</p> |
| 12 | <p>DISCO INFERNO
Disco and house with DJ Wayne Williams
\$6, free for women RPM 132 Queen's Quay E 869-1462</p> |
| 13 | <p>AFRO-CARIBBEAN CLUB
Free to all Students 4 p.m. Wednesdays Below SAC</p> <p>LYDIO TOMASI
The Italian-Canadian editor talks about
multiculturalism and intergenerational conflict
Free 7:30 p.m. Columbus Centre 901 Lawrence Ave.
789-7011</p> |



WARNING: USE TWO HANDS — Ice cream is only one sinful food enticing more tastebuds recently. Fionna Boyle explores gourmet trends on page 9.

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