

Humber Et Cetera



A&E
Better to stay home alone/19

Lifestyles
Topless in Toronto/17

Sports
Lords reign over Hawks/25



This is the last paper of the semester. *Et Cetera* returns in mid-January.

INSIDE

NEWS

Could your program be cut next year?
page 3

BH 105 gives cops more power
page 6

ARTS



Colony Wood cracks down on market
page 22

SPORTS

Cash-strapped athletes to buy their own jackets
page 23

TECH.

Humber goes wireless
page 8

MISC.

Legit - Suit or skirt?
page 12

West End Story

High school students attack teacher

BY SHAWN GIBSON
News Reporter

Last Thursday was another chapter in Rexdale's violent gang history. Youths from North Albion Collegiate Institute (NACI) ambushed students and attacked a teacher from neighboring Father Henry Carr (FHC) in what is being called a dispute over a girl.

The fight started in front of the school involving weapons known in street slang as blades, links and wood. It carried over into FHC's main office after a few of the students were pulled in for questioning. There is still tension in the air a week after blood fell on the carpet of FHC's main office.

FHC's principal Rod Simmons does not put the blame on anyone but admits there is tension from surrounding schools.

"At approximately 3:15, outsiders from another school came here with bad intentions," says Simmons. "Although this is an isolated incident, we are taking the appropriate precautions in such a delicate situation. We have a crisis control centre in the school in case anyone feels the need to talk. If it is found out that any of our students are to blame, there will be a zero tolerance attitude towards them. We have a good reputation and would like to keep it intact."

Although the two opposing groups are from different religious and racial backgrounds, one Sri Lankan the other Iraqi, it is apparent that race had nothing to do with it. NACI principal Joel Britz was very upset and can't understand why this happened.

"It's a tragedy that anything like this would happen," said

Britz. "It's terrible that kids would fight with knives or other weapons to settle a dispute. We are co-operating in every way with Carr to find answers."

Some students have seen this type of thing before and don't believe it will just go away. One anonymous student said things are just going to get worse, in a way police and school officials least expect.

"This isn't over. The Iraqi guys aren't gonna get jumped and then not fight back. Some time soon, the shit's going down and it's going to be a lot more violent."

"The cops will probably never find out too much," said a source who wanted only to be referred to as Pudgy. "Everyone knows that a rat gets capped. Nobody's gonna be stupid enough to say what happened or what's going to happen."

NACI alumni Stuart Gillespie currently attends Humber's Business Administration program and says that "Rexdale" is a pride thing; and considers Rexdale as bad as any American ghetto.

"I'm proud to be from Rexdale. Most people wouldn't understand that but it's true. Growing up in a ghetto area like Rexdale hardens you for things like this. I'm used to the fighting and animosity."

The investigation is still ongoing but police have apprehended three suspects. According to one police officer, Andy Kostorowski of 23 Division, it appears that there is a reason for all the tension.

"You have many different cultural backgrounds living in such an enclosed area. It's not the schools' fault, it just happens. But because of a comment to a girl all these people went to hospital? It's kind of stupid."



PHOTO BY LISA RAINFORD

Tis the season for children. The Public Relations department held a winter carnival for Humber staff and their children last Saturday. Games, face painting and live entertainment kept kids smiling but nothing could compete with the all mighty Santa Claus.

Gold seats for your royal rump

BY JANE TAGUICANA
News Reporter

The Student Association Council (SAC) has asked the Council of Student Affairs (CSA) for \$10,000 to purchase picnic tables for the student centre.

Last Friday, North campus SAC voted ten to one to purchase ten metal picnic tables, at \$700 each. SAC Vice-President Nikki Dhaliwal defended the council's decision, saying there was a need for more seating.

"We haven't done a survey (on what the students want) but everyone in the committee agreed that we need additional seating. We looked at the best seats that will last there, that will be durable, and this is the best price."

Business Representative Stelios Kypri, the one member who voted against the tables, said he wants to know the other alternatives.

"I think the picnic tables are a good idea, it's just the amount ... At this point, without any other

(information), I couldn't say yes for it."

Kypri is skeptical of the amount of money SAC will allot to the purchase - considering that there is only \$47,000 left in the student development fund.

SAC President Shirley Forde said the council has only spent \$10,000 of the budget so far this year. She believes the picnic tables match the needs of the students at the centre, saying "We find that those (tables) are really useful."

Forde could not explain why SAC did not survey students about the purchase, saying only that SAC was pressed for time. She said Casting Heritage, the supplier, needed to know about the order before the new year.

Dhaliwal and Forde insisted they had the best interests of the students in mind.

"We looked at park benches. We looked at the students' needs to write on, to eat on, and then we looked at stools. But then we'll need counters and that's even more expensive."

special section

SoX Rated

- THE MYTH OF THE ORGASM
- TOYS, TOYS AND MORE TOYS
- PORNOGRAPHY

...AND MORE INSIDE

Negotiations seem to go nowhere as colleges and union deadlock on key issues

BY TERRY BAAK
News Reporter

In what shouldn't come as a surprise, not only can the union and the college not agree on a contract for the faculty, but they can't decide whose fault that is.

Since the beginning of the year, both sides in the negotiations have agreed upon very little, and the last session was no different.

Humber President Robert Gordon said the union doesn't want to give in, while Humber's faculty union representative Maureen Wall said that although the colleges have changed their proposal, they haven't moved towards a deal.

"No matter how we look at it, we're still looking at proposals that take away from us, and they don't add anything in return," Wall.

The changes that have come in this said bargaining session

include the retention of the Standard Workload Formula (SWF), which includes a new set of preparation and evaluation factors, a change from a three year to a four year contract, and some small monetary gains.

No matter how we look at it, we are still looking at proposals that take away from us, and they don't add anything in return.

-Maureen Wall

The new SWF factors for technology based preparation will allow teachers approximately the same preparation time as for a repeat of a course they have

taught before. For evaluation, the allowance for technology based marking would be about one-third of the amount of time allowed for regular short answer marking.

The raise that the teachers would receive includes a \$500 lump sum payment in September 1998, followed by a 1.5 per cent salary increase the following year.

Wall said there are several road blocks in the way before the two sides reach a deal.

She wants the colleges to ensure that no teachers are reclassified as a result of amending the instructors' classification. Currently, there is disagreement over wording for a new classification.

Both Gordon and Wall admit there is a lot of negotiating to be done.

Ontario Community Colleges appoint a new interim president

SAC's Vice-President of External Affairs gets the job

BY JANE DIORETTE P. TAGUICANA
News Reporter

SAC Vice-President of External Affairs Cameron Swimm has been appointed interim president of the Ontario Community College Students Parliamentary Association (OCCSPA).

OCCSPA represents more than 138,000 college students in Ontario. It is the only bilingual lobby and networking group for students in Ontario's Colleges of Applied Arts and Technology. They deal with issues such as student aid, access for students, and debt load.

Sault College SAC President for Native Students and executive member Brian Edwards backed up the appointment. "I think he (Swimm) can do a good job. It's great and I am 100 per cent behind it," Edwards said.

Duan Jones, vice-president of the Northern Region expressed his support in a press release last week.

"With his knowledge of the issues and his time availability, the executive feels that he is able to fulfill the role," Jones said.

SAC President Shirley Forde, who has known Swimm for almost two years, believes Swimm will do an excellent job. "OCCSPA needs a strong leader who will be able to run the organization for 25 colleges. He's very devoted to the cause and

understands the responsibilities," she said.

Swimm started as a Business representative and vice-president of finance at Lakeshore SAC last year, and transferred to North campus this year where he took over the new vice-president of external affairs position. Swimm joined OCCSPA this summer as a marketing committee member. He then became a research advisor and issues management chair in October.

Swimm "was very surprised" to be recommended by former President Toni McDonald. On November 25, OCCSPA executives appointed him. And on December 5, SAC North approved his appointment. It is a non-paid position.

"I am very happy with the decision. This council certainly supports the initiatives of OCCSPA and they're confident that I can do a good job. When I came to college, I wanted it to be the best experience that I could have," he said.

Swimm just finished drafting a tuition policy that recommends to the province a tuition freeze for 1997-1998.

"University students have different needs from college students. (The main concern) of college students today is student aid. If you understand the way the student loan program works, it

doesn't work in favor of college students," he said.

McDonald resigned as OCCSPA president and Sault College SAC vice-president in order to focus more on her school year.

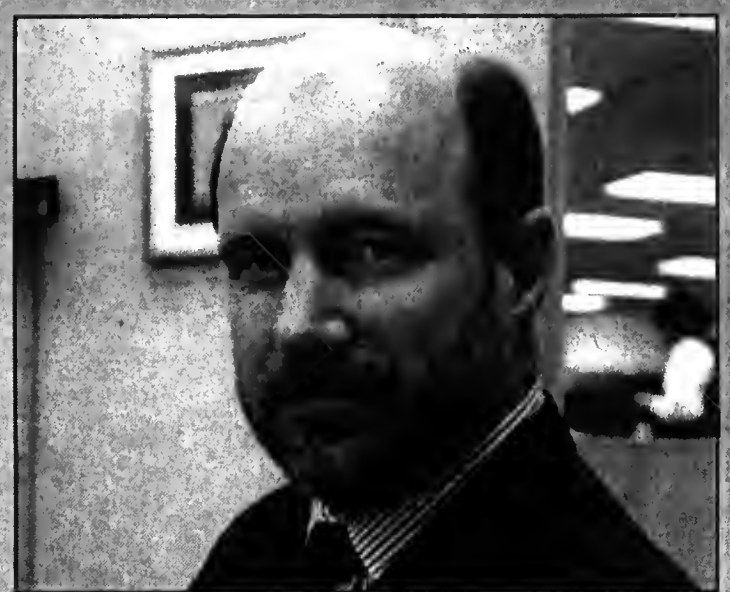


PHOTO BY GREG MACDONALD

Cameron Swimm OCCSPA choice for interim president.

The position is an interim one, until a new OCCSPA president is elected at a conference in February. Swimm has not yet expressed any interest in running. He says he's trying to take it one day at a time.

"I'm learning every day, balancing all the responsibilities that I have is the most important thing. When the time comes to make that decision, then I would probably be able to consider it."



COURTESY PHOTO

Michael Hatton takes over as the dean of School of Business.

Humber selects one of its own as the dean of business

BY COREY KEEGAN
News Reporter

The School of Business has a dean and, as a result, the School of Media Studies has a job opening.

In somewhat of a self-fulfilling prophecy, Michael Hatton has become the dean of the School of Business, a position he recommended be created, and has been filling on an interim basis since April. To take the job, he will vacate his current post as director of the School of Media Studies.

Humber has advertised the deanship for the business school nationwide for about six months, but the right candidate was here all along, according to Humber President Robert Gordon.

"We just couldn't get what we wanted from outside, and weren't going to bring in someone who wouldn't work out and have a mess on our hands. (Hatton) has an MBA and a PhD and he's done business at Lakeshore," Gordon said.

As for the position atop media studies, Gordon is confident that he will be able to find someone within Humber to fill the spot, and hopes to do so by January.

"I think we'll get some interesting responses. And I'll talk with (faculty) from the area to ensure they're confident with what we've come up with. We've got some people here that can do it quite well," he said.

The chair of the School of Business, Toby Fletcher thinks the changes Hatton has overseen as interim dean are going extremely well and is delighted to be working with him.

Fletcher was a member of the selection committee which conducted the search for a dean. "We were looking for somebody who is very credible to faculty, to students, to employers. Someone

who can relate and communicate extremely well to senior business people. Michael Hatton fits that bill," Fletcher said.

As interim dean of business, Hatton conducted a review of the division and made a set of recommendations which are currently being implemented. His knowledge of problems within the School of Business is another reason he now has the job, according to Gordon. "(Hatton) had done a major study, so he fully understands some of the issues. He is a fresh face in the business division and I think they needed that because of some of the issues they have had over the last few years," said Gordon.

Competition with the private sector for such senior people may have hampered the original search. "There were some very well qualified people. But the salaries that are offered by the college system, by the whole public sector, are way lower than qualified senior people in the private sector could afford to take," Fletcher said.

Hatton looks forward to more work with the School of Business. "It is an honor to be given the opportunity to work for the School of Business. I'm sure that the opportunity to be the head of School of Business is one that will be very enjoyable and very rewarding," Hatton said.

Hatton has been director of Media Studies since June, 1994. He dropped a few hints to any would-be successor. "The strength of the School of Media Studies lies primarily in the coordinators and faculty. The role of the director is to clear roadblocks and let the talented people do the job. In this regard, the job is simple and quite exciting," Hatton said.

Eighteen programs on Humber's potential cutting block

Programs that don't make the grade could be 'rationalized'

BY ANDREW MCKAY
News reporter

College administration has flagged numerous programs for review as part of what is called the "rationalization process."

Vice-President Academic Richard Hook told the Academic Council last month that under three sets of criteria, 18 programs are not meeting expectations. Programs under review could see their enrolment levels cut, their curriculum changed dramatically, or, in the worst cases, eliminated altogether.

The criteria, which include job placement, English skills, and the future fit of the program into the economy, are aimed at detecting whether students can get jobs upon graduating.

"(Humber) is still a career college, and if our grads are not getting jobs, we have to look at why," Hook said.

The job placement statistics are based on graduates getting full- or part-time work in their field. Hook will review any program that did not achieve at least a 50 percent placement rate. Any program which has at least 25 percent of its incoming students in Communications 100, the basic English course, will also be reviewed. Hook said the lack of basic English skills hampers a student's ability to succeed on the

college level.

"The lack of skills reflects on their comprehension, interaction, and ability to handle complex concepts," Hook said. "I'm not interested in recruiting under-prepared students who will become dropout statistics."

Hook was careful to point out that ESL students are not included in the Comm 100 statistics. He said the mix of cultures is an essential part of the college's fabric.

We've cut 40 programs in the last 10 years. If our students are not prepared or getting jobs, that's not what we view as a success story.

-Richard Hook

The social service worker program is one of those under review. According to the school's placement statistics, just over a third of graduating students found jobs. Patricia Spindel, program co-ordinator for social services, said those numbers are misleading for various reasons.

"Ontario has just gone through two years of massive cuts to social services," Spindel said. "To be judged on placement rates for

those years isn't really fair."

Spindel said her program has found that, in fact, over 60 percent of grads have found work. She also said the program is providing a valuable educational service for students seeking university credentials.

"We get a lot of students who want to do a Bachelor of Social Work, and a Master's," she said. "We have just started an arrangement with D'Youville University in Buffalo, where students get year-for-year credit. They can start with us, and ultimately complete their Master's degree in five years, with three credentials."

Spindel pointed out Statistics Canada figures, showing 23,000 new jobs were created in the social service sector in November. Hook said that is the type of news he wants to hear.

"That's the first I've heard of it, but if it's true, it's great news," he said. "That's the stuff we need while we're doing our review."

The faculty union doesn't think the review and rationalization process is as open as Hook says. Paul Michaud, first vice president of the faculty union, said he thinks the administration has already made up their mind about what will happen to the programs.

"I have no reason to think otherwise," Michaud said. "In our experience, there are claims of openness, but we're really fight-

ing to change decisions."

Michaud said the school must have an idea what will happen, because the budget planning process will start in January.

"Those talks start now, and the decisions have to be finalized by April," he said. "They have to have an estimation of the number of students, so they must know what is going on with the programs."

Hook said that while Michaud had a point, the budget process is set up to allow for changes in programs.

"We will plan for flat enrolment," Hook said. "Additionally, we will set aside funds for new program starts, which I suspect to be in excess of a third of \$1 million. That will give us the flexibility to make changes to programs during the winter semester, and still meet enrolment targets."

Hook said the school is planning new programs to replace any that might be suspended or eliminated. Those include ecotourism, bio-informatics in the health sciences department, and a police foundations program that will be focussed on getting graduates onto police forces.

Hook said though the changes may seem dramatic, they are nothing new to the college.

"We've cut 40 programs in the last 10 years," He said. "If our students are not prepared or getting jobs, that's not what we view as a success story."

The programs being reviewed

UNDER PREPAREDNESS OF STUDENTS
(25 per cent or more placed in COMM 100)

Accounting (2yr)
A/C Refrigeration
Design Foundation
Hospitality Sectorial
Travel & Tourism
Developmental Service Worker
Micro Management

POOR GRADUATE PLACEMENT
(less than 50 per cent full and part-time related employment)

Ad & Graphic Design
Multi Media Production
Safety Engineering
Social Service Worker
Theatre Performance
Computer Programmer
Ambulance & Emergency Care
Radio Broadcasting

POOR FUTURE FIT
International Marketing
Office Administration
Retail Floristry

Lakeshore to get new principal

Associate Principal Ferbyack takes over in New Year

BY JANE P. TAGUICANA
News Reporter

Lakeshore campus in the new year welcomes a new principal.

In an organizational change announced on Friday, Associate Principal Pat Ferbyack replaces Principal Michael Harper effective January 1, 1998.

Ferbyack, who is also the chair of the School of Business and Performing Arts at the campus, is happy with the announcement. "I am delighted," said Ferbyack, "I am really delighted because I love this campus!"

Harper, who worked with Ferbyack for three years, is convinced that Ferbyack "will make a good campus principal."

"I think she is the right person for the position. She knows the campus. She understands the structure. She knows the people well, and understands the campus operation. She has a good cross-sectional view of all the academic organization at the Lakeshore campus."

Ferbyack started with Humber College 20 years ago. It is her second time at the campus as an associate principal, the first, as a faculty member, and chair of the School of Community and Services.

"She is a good link back to the North campus because one of the things that's important to the Lakeshore campus is to have a close link with the North campus in terms of the overall corporate structure," said Harper.

Ferbyack was at North campus as a chair for what is now the School of Performing Arts and Applied Arts. She came back to Lakeshore when the School of Performing Arts was transferred. She has also acted as the chair for the School of Business. She has been involved with almost all of the programs at the campus.

"What is nice about this campus is we've got a really interesting mix of programs. We've got performing arts, business, social community and services, and the liberal arts and science. It's not a one dimensional campus. I think that makes it a more interesting campus," said Ferbyack.

Ferbyack would like to work on the college's goal of developing the campus physically by renovating additional buildings near the cottages. She would also like to see more programs moved from North campus to Lakeshore.

Ferbyack looks forward to a variety of programs that will be moved and that will add to the vibrancy of the campus near the lake.

Harper, on the other hand, will concentrate on his existing



COURTESY PHOTO

Ferbyack is delighted about her new position.

role as Dean of Planning and International. He's now involved in planning on a college-wide basis.

His functions include the coordination of Information Technology and the learner support services, which includes academic computing and professional development.

For now, Ferbyack sits back with a smile. "I would only like to make sure that we have a good vibrant learning environment and a positive one for students and staff," said the new principal.

Fraudulent posters found in Hallways

BY KIM MARTIN
News reporter

Apparently you can't believe everything you see posted in Humber's hallways.

A forged letter was posted around campus with the SAC name on it without approval.

The letter proposed that tuition could be refunded to students for noisy, disruptive classes.

SAC President, Shirley Forde said, "First of all it's never going to happen. The letter was full of truth mixed with fiction."

The letter proclaimed that students could get their tuition refunded as well as their grades appealed due to unsuitable learning conditions.

It is true that students can academically appeal their grades if classes were disrupted but they can not get their full tuition refunded.

"If students have concerns they can definitely voice them. And the school is under contract to provide a suitable learning environment but you have to approach the school properly," Forde said.

Forde said she advises students to talk to their teachers and their co-ordinator.

It is legal to tape record classes for proof, and the proof can be taken to the chair or dean.

Students should keep track of disruptive dates as well as copies of all documents relating to the problem.

Maggie Hobbs is also available in the school for students who are interested in academic appeals.

"I can't understand why the people who posted the letter didn't come to SAC first," Forde said.

SAC is waiting to see if anything else comes of the letter.

Only four people actually approached SAC after reading the letter and were quickly informed of the truth.

Letters were posted throughout North campus and a couple reached Lakeshore campus.

"I think the students either did not buy what the letter said or just did not get the chance to see it. The letter wasn't even in our type font. It doesn't look like anything we have ever produced," Forde said.

If students have concerns about disrupted classes they can go to the SAC office to find out how to take further steps of action.

Forde advises students to gather proof, talk to their teachers, and find out exactly what their rights are.

"Students should come and verify for themselves what is true and what isn't. If it's too good to be true it most likely is just that," Forde said

Editorial

Help! Police!

Recently, Bill 105 passed its third reading at Queen's Park. The amendments it makes to the Police Services Act allows the Chief of Police to screen "police-related" complaints from the public. This means the "chief" has the power to choose which complaints are worthy of an inquiry and which are irrelevant, without having to relay the decision to the complainant or the Ontario Civilian Commission on Police Services (OCCPS). They also have the means to create and implement policing policies as they choose.

In effect, these amendments to the Police Services Act allow police to work with the knowledge that they will be held less accountable for their actions, as well as show less respect for the people they "serve".

Police already have the power to question, stop, search, use detainable force and kill, if necessary. Because of this extreme conferred power, every social interaction between police and citizenry is an imbalance of power. We tend to grovel in politeness at the sight of a badge, not because of who they are, but because of what they are. Police are, in fact, the most recognizable symbol of power, sometimes perverse, in our society.

The dogma of power is usually accompanied by the susceptibility to abuse it — enter the police. Therefore, implementation of a more effective way to monitor, prevent and correct police abuses has to be created.

Ask anyone represented as a minority, homosexual, homeless or an impoverished person if police are in need of more power.

Undoubtedly the answer would be a resounding, head-shaking, "No", and for good reason.

In 1994, a study, titled Uniform Treatment, concluded by stating African Canadian youth were often questioned and detained by police without reason; homeless people and sex-trade workers had firearms pointed at them for the purposes of intimidation; native men testified to being taken to Cherry Beach where they were beaten and abandoned. Some people have been locked in their cells and denied vital medical attention, only to die later.

The reason for this perversion of power is simply a lack of respect for the community they serve. The maltreated of these communities need to be heard, not stifled, by a "blue" gag.

Arguably, police should be held more accountable than the average citizen for abuse. It's a power that has been bestowed upon them, so they better learn how to respect it.

Completely out to lunch

Last Friday, SAC voted overwhelmingly in favor of asking for \$10,000 to spend on 10 picnic tables.

How can SAC justify this type of possible expenditure using the student body's money?

SAC President Shirley Forde says the tables will be useful, and are needed for the Student Centre.

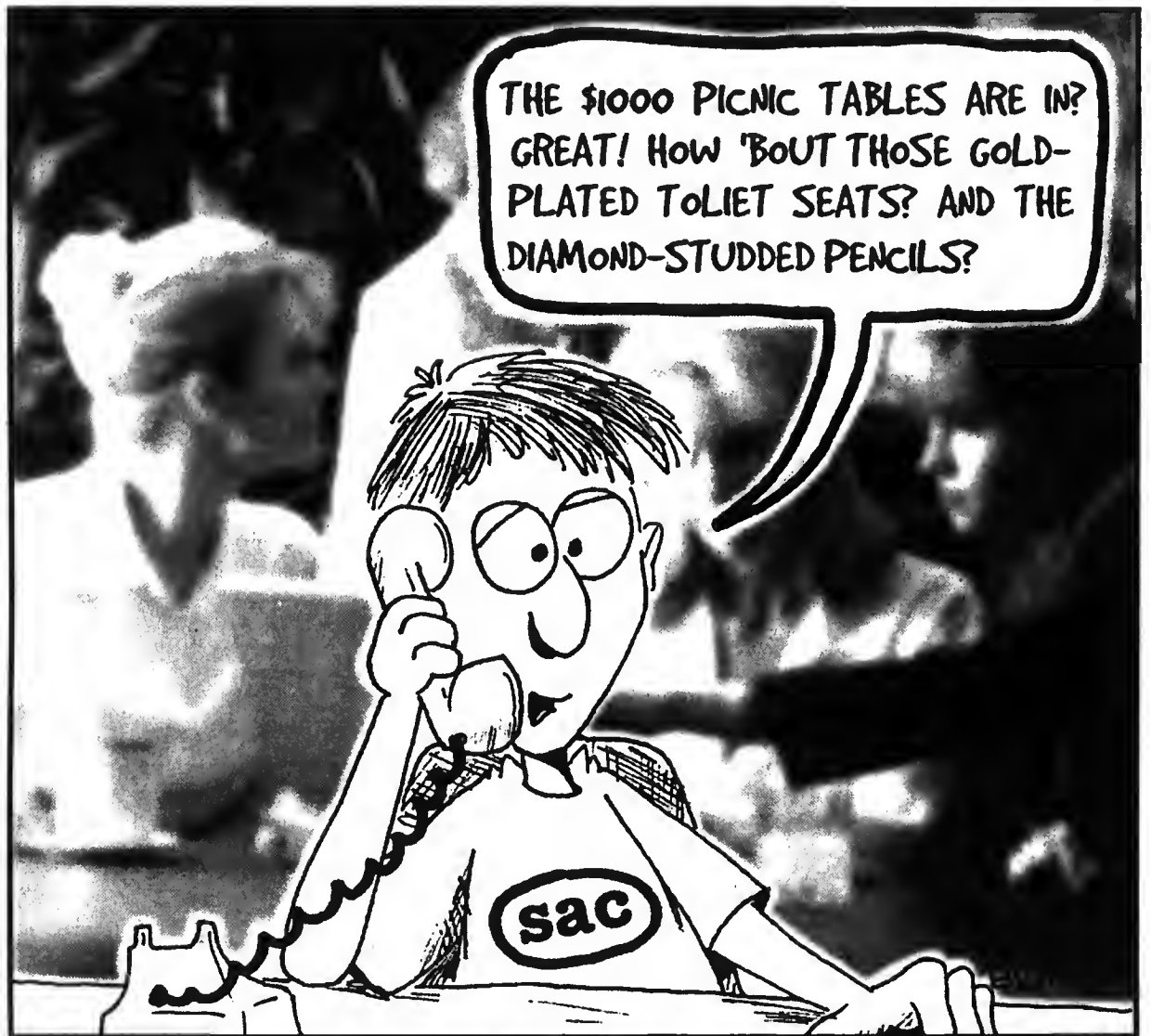
Is the demand that great for recreational activities in the Student Centre that more tables are needed? If they want to renovate, perhaps they should start with some decent lighting in our halls. Did Caps and the library suddenly become completely booked for the foreseeable future?

Nikki Dhaliwal, vice-president of SAC, admitted that no formal surveys were done concerning what the students need. How comforting that our student governing body arbitrarily decides what student needs are to be met.

SAC still needs to get this motion approved by the CSA. Hopefully, clearer heads will prevail. Business Representative Stelios Kypri was the lone voice of reason in the SAC meeting. He was skeptical about spending that amount of money, considering only \$47,000 is left in the student development fund.

SAC members should physically get out there and approach the student body formally. They should conduct surveys and questionnaires about what needs are truly a priority before they spend students' money.

It is a known fact there is apathy concerning student politics at Humber. However, it is highly doubtful that students would be apathetic concerning how their increasing tuition dollars are spent.



Letters to the Editors

Writin' Fast

The Editors,

I am writing regarding your December 5 article, "Talk fast, the meter's running".

Your writer should have followed the old reporter's maxim: "Follow the money". Had he contacted me or any other member of the faculty negotiating team, he would have been far less likely to have been duped by Mr. John Podmore of the Ontario Council of Regents. He would have found the facts are quite different from what had been presented to him. Unfortunately, as a result, you and your readers have been misled as part of a partisan effort of falsification.

Any funds taken "off the top" go directly to the seven colleges where the team members are employed. Those funds do not go to the union or to the faculty team. They never "come right out of the grants for the schools", as

Podmore claims. The money, one must presume, is allocated to those colleges to cover any costs to replace each of the seven persons.

Follow the money. You'll find the facts. Some colleges may be getting an extra payment that they are not using as it was designed to be used, but if Humber College is being short changed, it's surely not by the union as Podmore led you to believe (if you dig deep enough and start in 1984, you may well uncover a real story).

Regretably, the Council of Regents seems more interested in attempts to attack faculty and to undermine negotiations through the press rather than bargain a settlement.

*Ted Montgomery
Colleges Faculty Negotiating
Team Chair*

High On The Net

The Editors,
Just surfin' the Net and happened to see your page and the article referring to the use of grass

at Humber.

So much effort is made, when you leave college, to have that piece of paper in the frame that means something. It's sad to think that people put so much effort into destroying the short lives, they're gifted. All for the sake of getting high?

Reality in the work place, may not have affected you personally yet, cause you haven't had to pay your bills. But the day the corporation says "Here, take this flask and give us a sample so we decide whether you'll be working here", the whole enchilada will change, boys and girls! Liability and HMO rewrite that story. The pre-requisite to be a resident at Humber should call for spot checks, but apparently the moral and ethical fibre in that part of Toronto is weak.

*GG Bradenton
Florida, USA
(via e-mail)*

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Opinion

Soft in the head Coughing up the truth

By PAUL BILLINGTON

You can't avoid hearing news about celebrities, it's everywhere. As if peddlers of this news have something important to say.

Just this morning, as I was eating my Rice Krispies, I was alerted to the revelation that Paul McCartney has decided to go to church after years of non-attendance. So what, you say? That's what I said. Yet, someone thought it is important we should know about it. And this is what I can't get over. Never before has the public been inundated with news about celebrities to the extent we are today.

Last night, before hearing of a robbery on 680 News, I learned that Cindy Crawford doesn't eat yogurt (she's not convinced it's really as good for you as they

say), I was also forced to hear that some movie types are opening up restaurants in Asia somewhere. I'm not so sure that we, the public, really care as much as the people who flog this stuff.

Maybe the news organizations are right: the public doesn't want thought provoking columns and features that inform and educate, the public wants to hear about celebrity rumors, sexcapades and gossip. I hate to think they're right, but maybe they are.

Regardless, I think most people still want to hear about celebrities, but please don't push that soft news ahead of real news about real people suffering real tragedies, and somehow try to make us think soft news is more important. It's not. Treat us a little more intelligently than that, please.

By PAUL VAN HOOYDONK

Recently, while walking out of one of the many Becker stores that litter our landscape, I happened to notice a group of five or six young teenagers milling about outside, as I often did around my hometown convenience store. I stood alongside this leery-eyed group of teens, claiming my own piece of sidewalk, and eased into a wall as I waited for my girlfriend to finish her magazine flipping.

The group of teens seemed apprehensive about continuing their conversation in my presence, but soon one of them cleared his throat, piped up and let forth the culmination of his wisdom. But words did not leap from his lips. Instead, a puddle-sized gobber jumped out of his mouth. This caused a wave of

esophagus rumblings in the underlings and before you knew it, we had a spit-a-thon. Certain members of the group seemed to spit every three words. Instead of spewing vulgarities, these teens were throwing around phlegm.

"Yeah, I was booting down the 401 and this (spit-oew) guy cut me off. So I sped up and (hoch-peetooie) cut him off."

Spitting has become the cheapest (spit is free), most obnoxious form of rebellion in society. I guess since these kids, and others like them, are too young to smoke, (but then again I started smoking when I was 15), or drink (same thing), or are maybe too tender for tattoos or too tame for green Mohawks and tongue piercings—they choose to spit in amateur arcs reminiscent of their not so distant dribbling

noses and Gerber-eating-days.

However, it is not just the youth of society who commit expectations with every eye-blink. Businessmen, carrying snappy briefcases and wearing even slicker suits, spit with every step like they're handing out handshakes.

I know I sound like some kind of pontificator, but spitting is an unsightly act. Even my girlfriend, a woman who exudes feminism, quietly sneaks over to the garbage can, huddles over top and expels a snotball every morning.

But, I confess, I am a closet spitter. I'm sure years of smoking have not aided in my reluctance to spit, but I continue to do so whenever I know I will not be caught in a social faux-pas. But, what the hell are you supposed to do with it—swallow it?

The brotherhood spirit



By ANTONIO TEDESCO

During the holiday season, there are still assholes around. I guess I'll have to set this up before anyone can truly get the gist of what I'm about to say.

A few weeks ago, I had the misfortune of meeting the biggest jerk in the world. He strong-armed certain things from me and a few of my friends because of an incident we (without malice or ill-intent) screwed up.

He yelled, screamed and threatened. He called us unprofessional and swore he would sue us to the full extent of the law. But, for some mystical reason, we were able to

come to an agreement that affected my friendships in ways I cannot gauge.

"I don't know how long this feeling of brotherhood will last in my cynical mind..."

I worried for weeks on end. I lost sleep and couldn't eat because the jerk clouded my opinion of strangers. The jerk pissed me off. My cynicism, that once "lept tall buildings in a single bound", became a cynicism that circled the globe with no chance of landing. Until this past weekend.

I was in Sherway Gardens' Sporting Life store and noticed a guy with a long goatee and a shaved head. He looked a lot like me. He was smiling and looked like he was having a good ol' time shopping for a jacket. I mentioned to my friend "Crazy Joe" that that

guy had a great beard - one that rivaled the length and thickness of my own.

As he was leaving, he walked right in front of me and looked at my hair, then at my beard and said "What's happening brother?" To which I then replied "Nothing much man." I haven't felt that happy in a while.

After I mentioned it to "Crazy Joe", I went about my business. I walked up and down the aisles looking for a pair of snowboarding pants and who knows what else.

I went into Sporting Life with the same attitude I usually go shopping with, but this past weekend, I left Sherway Gardens feeling a little better about humanity in general. I don't know how long this feeling of brotherhood will last in my cynical mind, the more people I meet who are genuinely nice to total strangers, I might actual become a bit less critical of those people I normally think are a bunch of assholes.

Merry Christmas.

wire

Dartmouth College

The Class of 1998 will be treated to a symposium series entitled "Challenging the Status Quo: Modern Day Revolutionaries".

The series is scheduled to take place April 20 to 22, 1998, and among the 38 people invited to speak are American Vice-President Al Gore, poet Maya Angelou, actress Ellen DeGeneres, author Tom Wolfe, and baseball pitcher Jim Abbott.

The Class of 1978 began these symposia as an intellectual gift to the college's graduating class.

Ball State University

The Adaptive Computer Technology faculty of the university features a co-ordinator with a difference and some of the most up-to-date computers on campus.

Co-ordinator Leah Vickery is legally blind and requires a laser cane to get around campus. Vickery's job is to accommodate disabled students, faculty and staff with computers.

While doing her job, Vickery uses a computer capable of talking, and printing pages with raised text.

compiled by Paul Richardson

Good Canadian, Bad Canadian is brought to you by LIAM LAHEY

Good Canadian



Businessman Honest Ed Mirvish

Businessman Honest Ed Mirvish is a living legend in Toronto.

Known for his comedic television commercials, discount department stores, and commitment to the arts, Honest Ed's involvement in the community is unparalleled.

Perhaps his greatest gift to the city of Toronto though, is his generosity to the less fortunate.

For decades, Mirvish has been giving away free turkeys to the public at Christmas.

Honest Ed personally distributes the turkeys to the hundreds of people who line up outside his giant store downtown.

Grateful to the town that brought him his successes, Mirvish embodies the spirit of Christmas.



Bad Canadian



Senator Andrew Thompson

Wayward Senator Andrew Thompson is sunning himself in Mexico, rather than performing his duties in Ottawa.

Poor Thompson is being paid the paltry sum of \$64,000 per year with taxpayers' money. Let's not forget the \$10,000 tax free allowance he is also entitled to for serving his country.

This man's absenteeism may be only the tip of the iceberg, as questions are now being raised by the media as to how many other senators take advantage of Canadian taxpayers.

If Thompson is one of a kind, he should be removed from the senate immediately! If, through further investigation, it is discovered there are other snowbird senators, then the senate itself should be abolished.



Et Cetera

kiss my bum!

Provincial government gives police more power

But some fear Bill 105 will erode accountability

BY LIAM LAHEY
News Reporter

The Ontario government has given the province's police forces the mandate of self-governance.

Bill 105, which passed third reading at Queen's Park last week, makes amendments to the Police Services Act, and allows the police to internally handle complaints against them from the public. It also provides them the opportunity to create and implement policing policies as they deem appropriate.

Former Toronto mayor John Sewell, who heads Citizens for Local Democracy (CLD), said Ontario is within a hairline fracture of becoming a police state.

"An independent review is needed in the case of a complaint against a police force or an officer," Sewell said. "It's a step backwards. It's a scary thing. There is certainly a greater opportunity for corruption within our police forces to exist."

Sewell cited two recent demonstrations against education reform, where the police allegedly abused protesters.

"We saw it at Queen's Park just a week ago, when five people were arrested. They were strip searched. One of them was a 13-year-old girl for God's sake," he said. "A couple of weeks ago, at the University of Guelph 15 students were arrested, strip-searched, cavity-searched, forced to wear prison uniforms, and

were detained for hours. Eight of those students were young women. This is responsible policing?"

Lawyer Kim Murray, of Aboriginal Legal Services of Toronto (ALST), said Bill 105 erodes the accountability, accessibility, fairness and responsiveness of Ontario's police forces.

"It removes the requirement of



Police drag a student away from the Metro Convention Centre.

the police having to report complaints received to any civilian oversight body," she said. "How can that be viewed as anything but detrimental to civilian rights?"

Included in Bill 105's amendments are:

- Third parties are no longer entitled to file a complaint against

a police force or an officer.

- The Chief of Police becomes judge and jury of the entire police complaint process. In the event of a complaint from a member of the public regarding an officer or policies and services of the police force, the Chief will review the complaint and take the action he/she considers appropriate. The Chief is under no obligation to inform the complainant or the Ontario Civilian Commission on Police Services (OCCPS) of any decisions made.

- Municipalities without police forces will have to pay the OPP for police services by contract. If they are unable to do so due to a lack of funding, they will be without police services entirely.

- The Solicitor General replaces the OCCPS with respect to the approval of appointments of auxiliary members of police forces, and to the approval of special constable appointments.

- The Public Complaints Commission is eliminated.

- The Board of Inquiry is dismantled.

- The Ontario Civilian Commission on Police Services (OCCPS) will be the appeal body in the complaints system. However, the Chief of Police is not required to report to the OCCPS.

Sewell also criticizes the Tory government for failing to address the problems that exist between

police and the Special Investigations Unit (SIU). "As it stands, a police officer is under no obligation to co-operate with the SIU during an investigation, nor is there a penalty imposed on an officer for refusing to co-operate," Sewell said.

"Until they (the Ontario government) do something about this escalating problem, the SIU are going to continue to be handcuffed during their investigations."

Spokesperson John Yannou, of the Ministry of the Solicitor General does not think there's any cause for concern regarding the amendments.

"Everything that is in Bill 105 has come about from years of input and research," Yannou said. "Why is there an uproar over the Chief of Police handling a complaint? The Chief has always been the first to deal with a complaint lodged against an officer or the force itself."

Yannou said the elimination of the Public Complaints Commission does not translate into a lack of avenues for complainants to receive justice.

"The OCCPS is clearly defined as a review body. All the complainant has to do is to inform this body of the issues," he said. "The onus does shift to the complainant to follow up on how a case is being handled."

Ron Stansfield, a professor at Humber's Centre for Justice

Studies and a former police officer, disagrees with Yannou and warns of possible vigilanteism in the future.

"The government, and the police forces, have done a great disservice to the police community with the implementation of Bill 105," Stansfield said. "If the public believes the complaints process is not credible, the possibility of violence is very real."

Stansfield, the author of *Issues in Policing*, said the provincial government has taken a step backwards regarding accountable policing in Ontario.

"In 1982, the city of Toronto adopted an American pilot project of having the police force be accountable to a civilian oversight body," he said. "Up until last week, the police were accountable to the community they serve. Canadian police have extraordinary power, including the use of lethal force. Therefore, we need to have extraordinary accountability to keep things balanced."

But Yannou argued every police force is accountable to the Police Services Board, which consists of civilians.

"Each municipality will have its own Police Services Board consisting of civilians who live in that municipality," he said. "Every officer is responsible to answer to their Police Services Board. Who could possibly provide better service, regarding public interests, than a board made up of individuals who live in the same municipality?"

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Et Cetera Biz/Tech



7

Santa, bring me a computer

BY DAVID ACETO
Tech. Reporter

You might think it's too late to think about Christmas shopping, but if you're looking for computer accessories or even a computer, it's never too late.

Many computer stores have been geared up for the Christmas rush for some time now. With decorations and plenty of sales on computer games, office software, printers, and computers, stores are waiting for the crowds.

Retailers are predicting that EA Sports should be one of their biggest sellers.

"I don't know if I'd stick to one title. A group of titles would have to be the EA Sports series which include *NHL98*, *FIFA98*, *NBA Live98* and *Madden98*. Those will be the hottest sellers of the season in terms of computer games," said Bryan Groulx of Compucenter.

Every year, EA Sports have put out great sports games and they keep getting better. *NHL98* now has play-by-play commentary, user-controlled shot deflections, one-timers, glass breaking checks, and realistic powerplays, breakouts, forechecks, and backchecks. The game really has a hockey feel.

If you're looking for something for the office or for home projects, Corel's new *WorkPerfect 8* is definitely head of its class.

WP8 has tie-ins with Microsoft Word, the Internet and Web page construction, making its value well above average.

"In terms of office software, the biggest seller of the season would have to be *WorkPerfect 8* by Corel because of its improvements over the previous versions," said Groulx.

Computers and computer accessories are going to be in demand this season also. Bryan Groulx said, when looking for a printer, a lot of people these days want convenience, making color printers (with both black-and-white and color options) a big thing this Christmas.

"I'm basically looking for a color printer which can do a good job for my school projects. I don't need anything too fancy that's going to cost me an arm and a leg," said shopper Masiel Betancourt.

Each year, there are a lot of first-time computer buyers who search aimlessly for the fastest, biggest computer with the most RAM or memory, something they may not need. Think before you shop.



Computer retailers get ready for the Christmas rush.

PHOTO DAVID ACETO

Don't be afraid to ask questions. With computers changing every day, find out what kind of computer is going to serve your needs. Keep in mind the computer you buy can always be upgraded in the future.

"For a first time computer buyer, they should look for a store that will help with what they need when buying and also continued support after they have bought a computer," said Groulx.

It's really important when you're shopping this Christmas to fully understand the conditions before making a purchase. Find

out the store's return policy before you buy anything. Many stores have really good return and support policies for the sale of their products.

"If there is a defect with the products, we will replace it. If you have problems with the setup we will help you over the phone or do it for you right in the store," said Groulx.

One thing is for sure, computers and computer accessories are definitely on everyone's wish list again, and stores are already looking at another great season of sales.

APEC accomplishes little

BY PATRICK BIRIKORANG
Business Reporter

For a week in November, Asia Pacific countries' heads of state gathered in Vancouver to drum up business, play golf and smoke cigars.

The Asia Pacific Economic Cooperation's meeting in British Columbia did not go without incident.

With 5,000 delegates and 3,000 media personnel gathered together, APEC '97 was the largest such international gathering held in Canada. Human rights activists saw the opportunity to be seen and heard. They demonstrated for the three days the leaders were in Canada.

The demonstrators did not understand why Canada would allow Indonesian President Suharto and China's President Jiang Zemin into the country because of their dismal human rights records.

Demonstrations turned ugly when security personnel used pepper spray to disperse the crowd. When Prime Minister Jean Chretien was asked to comment on the security personnel's actions, he initially condemned the actions, but when asked again the following day, justified their actions.

All things considered, experts said the meeting was a success. Senior International Economist at the Bank of Nova Scotia, Erik

Nilsson, said most of these meetings are carefully scripted in advance.

"There were no obvious big divisions in terms of economic policy and that means the meeting was a success," he said.

According to Nilsson, although there was some mention of a separate Asian Monetary Fund, the idea was quashed and "it will appear the International Monetary Fund will continue having a very key role in terms of providing both policy guides and financial support for stricken countries."

Nilsson said there is nothing substantive to be gained or lost in these APEC meetings. He said these meetings are held annually among those who belong to these semi-formal groups.

"They meet to discuss issues that are of concern to countries in the region. They provide some opportunities to restate commitments to multilateral solutions on international economic problems. But beyond that, the meetings themselves are not expected to yield any big results."

The work for the heads of state has already been done behind closed doors and major policy breakthroughs at these meetings are few and far between, Nilsson said.

The Vancouver meeting was estimated to generate at least \$23 million for Greater Vancouver.

Get ready for WEBTV

BY PAUL BILLINGTON
Tech. Reporter

A new service will provide consumers with access to the Web from their TVs - if they buy a special modem that costs up to \$400.

Katherine Hughes, director of marketing for Beyond TV, admits that, "Beyond TV is aimed at people who probably don't have a computer at home, or if they do have a computer it might be so old that it would be useless for the Net (because its processing speed and modem are too slow)."

Beyond TV is betting there is a large enough market out there for people who don't have a computer at home and have been putting off buying one because of the expense.

"Beyond TV is perfect for that kind of person because, in many cases, people don't use their computers at home for much else than answering e-mail and surfing the Net. Why buy a computer when you don't have to?"

The service costs \$9.95 a month if you have an Internet service provider and \$29.95 for 60 hours of time if you don't. Currently, the service operates at 33.6 kilo-

bits per second, which is slower than most new modems that run at 56 k.

Marin Zielinski, a lab monitor in Lab H205, doesn't think much of the service. "It doesn't make any sense. For a little more than \$400 you can buy a used computer and do more with it than just surf the Net ... plus the cost of the service is too high for only 33.6 kbps."

Shaw Communications and Worldgate Communications signed a license agreement that allows Shaw to test Worldgate's version of Web television in Canada. The launch begins January 1998 in Calgary.

Worldgate differs from other WebTV services because no set-top box is required for users to access their service. Worldgate charges only \$4.95 for unlimited Internet access in the U.S. at speeds up to 192 K. At the time of this article, Shaw Communications did not have a price for this service.

To learn more about the service, check out Beyond TV's Website at www.beyondtv.net. To learn more about the Internet via television, check out these Websites: www.webtv.net and www.wgate.com.

12 DAYS OF WEIRDNESS
<http://members.aol.com/tomalhe/12.html>

These are not the old favorites. These are the weird 12 Days of Christmas. Checkout what some weirdo gave for the 12 Days of Christmas, and take notes on what not to do.

VIRTUAL CARD
<http://www.cardcentral.net/>

If there is someone far away that you can't send a gift to, or if there is someone nearby you're too cheap to buy a gift for, send a virtual Christmas card with your own holiday greetings message.

VIRTUAL PRESENTS
<http://virtualpresents.com/>

If you don't want to send a gift air mail because it's expensive, send a virtual present for Christmas instead. Send a car, jewelry or a vacation. Get a fishing lure for dad, a turtle, an elephant, a leather jacket or just some flowers for that special someone.

CHRISTMAS STUFF
<http://www.happychristmas.com/>

Don't know what to buy for Christmas? Find the perfect gift idea this season by going through the gift shop and checking out what's hot.

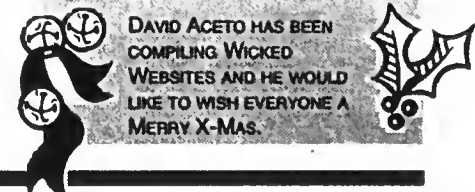
Check out music, humorous books, and some Christmas catastrophe stories. Find out what not to buy in the useless gift section, and check out some Christmas movies for the holidays.

IT'S NOT FEDEX
<http://www.sledex.com/>

A parody of the delivery company Santa Claus uses to deliver his gifts. Track down your gift and find out if you'll get it by Christmas. Send a message to the big guy himself, and have some fun by creating a humorous Christmas story.

MORE CHRISTMAS STUFF
<http://www.webfusion.co.uk/santasgrotto/>

Find out why Santa's little helper is depressed by checking out some yuletide jokes. Receive a letter from Santa himself, get some cooking recipes, print out some festive Christmas messages and use them as name tags for gifts. Or just sing some carols and read some stories to get in the spirit.



DAVID ACETO HAS BEEN COMPILING WICKED WEBSITES AND HE WOULD LIKE TO WISH EVERYONE A MERRY X-MAS.

Humber's new telecommunications courses will be setting industry standards

BY DAVID ACETO
Tech. Reporter

Humber College becomes the first institution in Canada to house a centre of excellence for wireless telecommunications training.

Humber and the Telecommunications Learning Institute have joined forces to produce a wireless program here. The creation of the program has been in the works since late June and will meet the ongoing challenges of the telecommunications industry.

"Through TLI, Humber will be both a catalyst for, and supporter of, the creation of an industry in telecommunications training, but in particular areas like wireless," said George Doherty, general manager of TLI.

This isn't one of the more traditional programs at Humber. The focus is on retraining people who are already in the telecommunications industry, but it will also give an opportunity for those who are interested in that field to get a chance to start a new and exciting program.

The first program will begin in January, and will be a post-diploma program in wireless telecommunications. Learning outcomes for the courses will range from telephone network switching and transmission systems to analyzing protocols, including hands on experience, like creating and engineering your own

ideal communication service.

Doherty said that TLI is not only concerned with doing everything electronically, but doing everything at a level not in existence today.

The program will have \$1 million worth of state-of-the-art Hewlett Packard equipment, "better than those in some companies like Bell and AT&T," said Doherty.

Enrolment is just getting started, but one class already has 30 students, another has 20 students, and TLI is predicting a lot more in the future.

Everything the students will need for the program will be made available on the Internet, or by CD-ROM, but if the student wants hands on instruction, there will be instructors available in the lab.

"TLI's course ware will be available electronically. You don't have to physically come to the site. You can access this on your Internet or CD-ROM. For Humber, this is another venue to really explore technology based learning services for the convenience of students and clients," said Humber's Vice-President Kris Gatavekas.

The TLI operates on a straight fee for service basis. If you are entering the program as an individual, it can be expensive because it is not subsidized by the government.

The program ranges from 2 to 3 classes a week for an eight week program. The

courses are instructor-led and will cost approximately \$450 a day. And, if you enroll in an electronically based program, it can cost you \$50 an hour, or about \$250 a day, for classes.

Gatavekas said that as a result of having a relationship with TLI, there will be opportunities to develop other levels of learning which will attract a lot more people to Humber.

TLI is becoming a common pool for companies to draw from, and search for, new applicants in the telecommunications field. Companies are doing business with TLI to adapt programs and cater to the companies' needs in the future.

"We've had some inquiries by companies here in the GTA, who want to come in and interview all the applicants and pay their tuition in exchange for the company to have the first right in offering them a job," said Doherty.

The fast-paced advances in technology have forced the technological industry to create a learning model. People hired today won't have relevant skills when there is a shift in technology. Humber has become a partner with TLI to help the industry keep up with the changes in technology.

Doherty thinks Humber will have an advantage over other community colleges because some of the courses TLI offers may be used as electives to existing Humber programs.

"Some of the electives people can take in their existing programs, they can take with TLI and improve their resume by having both Humber and TLI on it, but still get Humber credits," said Doherty.

TLI does offer its own different levels of certificates specifically issued by TLI for those enrolled directly in their learning programs.

"For students from Humber, because of TLI being a part of the Humber Global Family, they won't have to search very far because they'll already have those relationships with TLI," said Gatavekas.

Although the first program at Humber is yet to kick off, the interest is high. Many companies are showing interest in creating new jobs for those coming out of these programs.

Currently, the TLI Website (www.tlilearn.com) is under (early) construction but it is going to be the heart of the program. The site will be the place to get information about the programs, how to enroll, and even where to get work once you're enrolled.

Gatavekas said that ultimately the market for TLI and Humber is very large, and it will affect all of Humber students either directly or indirectly. TLI and Humber are looking forward to the future in creating many more programs that will affect today's and yesterday's students.

Computer Shop Holiday Special!



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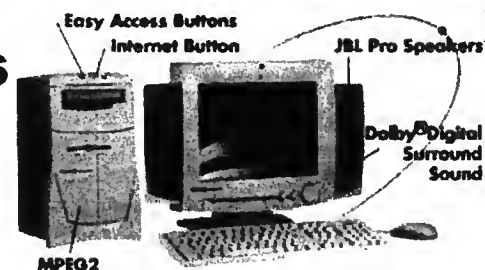
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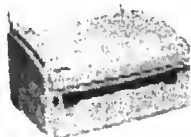
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Et Cetera Health

In case of emergency first aid and CPR

IMPORTANT NOTICE

We would like you to keep in mind that all the information given is for general knowledge only. These articles will allow you to recognize the many decisions that have to be made if you are in an emergency situation.

In case of an emergency, we recommend that you be certified in community or standard first aid and CPR.

Do not attempt rescue breathing or CPR without certification.

Puncture wounds: careful cutting veggies

BY DANA JAMES
Health Reporter

A puncture wound could be anything from a sliver to a stab wound. They can happen in the kitchen, while chopping vegetables, or on the street. With today's concerns about HIV and other blood transferred diseases, people are wary about getting involved helping a person who has been cut.

In a puncture wound emergency situation, if you don't know the person who is injured, you may not want to get involved. Without coming in contact with the person and putting yourself in danger,

you could do the most important thing. Call 911.

Professionals are trained in dealing with situations like these, but can't help if they are not

notified about what's going on. Malcolm Bryson, an ambulance attendant, said, "If a person is bleeding, do not approach them unless you

have gloves on. If a person had been stabbed, think 'is the situation safe?' before becoming involved. You should always think of your safety first."

If you decide to help treat a person with a puncture wound, Bryson said, "When helping with a puncture wound, it is important to remember your ABCs. A is for airways, always check and make sure that it is clear. B is for breathing, after the airway is clear make sure the victim is breathing and C is checking for wounds."

Bryson described basic first aid for puncture wounds. "Clean the

wound with water if it is available. Then put a clean dressing on top of the wound and apply pressure."

If the wound is a sliver or a minor cut, the bleeding will stop shortly and first aid can be finished with antiseptic and a Band-Aid. If the wound is severe, this basic first aid will help the victim until the paramedics arrive.

To learn more about how to treat puncture wounds, call the Active Canadian Emergency Training center at (905) 949-2044. They will provide information on classes available.

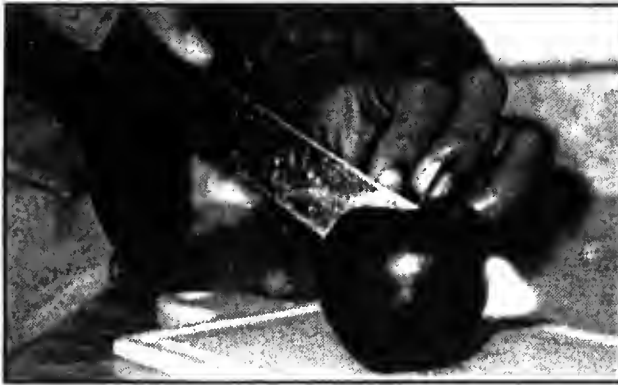


PHOTO BY JOANNA WILSON

Be careful when cutting small or awkward objects.

Humber offers first aid and CPR courses

BY TONYA COSTOFF
Health Reporter

Saving someone's life is something everyone is capable of, if they just take the time to learn basic CPR and first aid.

"I personally feel everyone should have a form of first aid training," said Donald Hamilton, a certified first aid/CPR instructor at Humber College.

"There are some countries in the world where you can't be licensed to drive a vehicle without a first aid kit in the car, and have some kind of first aid training," he said.

Hamilton said that obstructed airway procedures, artificial respiration, control of severe bleeding, recognizing heart attacks and first aid for heart attacks and strokes, and certain other medical conditions like diabetes and epilepsy, are the basics everyone should know.

Hamilton is an eight-year veteran at Humber, and teaches a variety of courses that include first aid, CPR, a CPR instructor's course, and Wilderness Emergency Care.

"A first aid kit is like your purse, everyone has different stuff," Hamilton said. "The two most important things would be triangular bandages and pressure dressings."

"Your first aid kit does not have to contain things that go bad. When the supplies run out, you just replace it."

CPR is used to clear obstructed airways, and requires some training.

"If you know CPR, you feel much more confident if you're faced with a situation when you need to use it."

Hamilton said you will know when it's time to use CPR training when you assess the person and they are not breathing and have no pulse.

"The basic steps in CPR are performing artificial respiration by ventilating a person, and compressing the chest in the right location. The procedure is different for adults because you use two hands, and on children you use one hand. There are also different compression rates and breathing rates for the different age groups

as well," Hamilton explained.

As for the difficulty, "it's certainly not hard to do. I've taught eight-year-olds how to do rescuer adult CPR," he said.

Humber College offers first aid and CPR night classes to the public. There is the Basic Rescuer Course that takes 12 hours at the cost of \$52. There is also the Standard First Aid Course that takes 16 hours, and costs \$80.

The certificates are issued and certified through St. John's Ambulance, and the Heart and Stroke Foundation of Ontario. Hamilton suggests being re-certified on a yearly basis.

When performing first aid, Hamilton said, "Do only things that you recognize you can do, and that you've received training in. Without training, it's not a good idea."

If interested, students can call the registration office for more details on the dates and times of the courses.

Below are diagrams demonstrating how to perform CPR on an adult. Information provided by www.familyinternet.com.

FIRST AID KIT



PHOTO BY TONYA COSTOFF

Essentials for your first aid kit

- 1 box of Band-Aids in assorted sizes
- 1 roll of gauze bandage
- 1 roll of adhesive tape
- 1 pint of rubbing alcohol (70%)
- 1 tube of antibiotic ointment
- 1 bottle of aspirin or non-aspirin pain reliever
- 1 jar of petroleum jelly
- cotton balls and cotton swabs (keep clean and dry)
- 1 bottle of hydrogen peroxide
- 1 tube of burn ointment
- 1 bottle of calamine lotion (optional)
- triangular bandages
- pressure dressing

Information by First Aid On-line



1. Check for consciousness; 2. Call 911; 3. Roll person onto back; 4. Open airway and check breathing - tilt head back, lift chin - listen for breathing (5 seconds)



5. Pinch nose shut and seal your lips tightly around the person's mouth. Give 2 full breaths



6. Feel for pulse at side on neck for 5 to 10 seconds.

IF NO PULSE...



7. Keep head tilted with one hand, find notch at lower end of breastbone with middle finger, place heel of same hand on breastbone, 2 finger widths above notch - keep fingers off chest; 8. Give 15 compressions - lean with shoulder over hand, lock arm straight, depress breastbone 1 1/2 - 2 inches - give 5 compressions in about 4 seconds



9. Give 2 slow breath (1 1/2 - 2 seconds). 10. Repeat cycles of 2 breath and 15 compressions for 4 cycles - check pulse - continue cycle until person revives or help arrives

- PLEASE TAKE A CPR COURSE

Choking: first aid is different for children

BY TAMMY SEDORE

Health Reporter

What do you do if someone is choking?

"Don't leave the person alone. Encourage them to keep coughing. Don't interfere with them in any way as long as they can cough, speak and breathe," said Robyn Ashby, a consultant with St. John's Ambulance, and a national level instructor.

If they can't speak, cough, or breathe, give the subdiaphragmatic abdominal thrusts, also known as the Heimlich maneuver. If the person is extremely obese, or in late pregnancy, give chest thrusts. To learn these maneuvers, it is best you take a course in first aid.

This method is only for a conscious adult who is choking. If the adult is unconscious, other first aid procedures should be taken.

Position an unconscious adult on their back, arms at each side. Call out for help. Be sure help is on the way, then perform the tongue-jaw lift and finger sweep to remove the obstruction.

Do the head-tilt/chin-lift maneuver to try opening the airway. Do this by placing one hand on their forehead, the other on their chin, tilt the head back and lift the chin until the teeth almost touch. If this is unsuccessful, give them six to 10 subdiaphragmatic abdominal thrusts (the Heimlich maneuver). Keep repeating the finger sweep, opening the airway, rescue breathing, and abdominal thrusts until the object is removed. Remember your

ABCs. Airway (open the airway), Breathing (if still no breath, attempt rescue breathing) and Circulation (if no pulse, perform chest compressions). Remember, this is for an unconscious adult.

For infants under one, some techniques are different. The first few steps are similar: leave the infant alone if they can speak, cough and breathe. If the infant has a history of illness (air passages might be swollen), take them immediately to the hospital. If

they have ineffective coughing, are wheezing and cannot speak or cry, follow these steps.

Support the head and neck with one hand and straddle the infant face down, head lower than trunk, over your forearm and supported on your thigh. Give four forceful back blows, using the heel of your hand between their shoulder blades. While supporting their head, turn the child on its back, keeping their head lower than their body. Using two fingers, give the infant four thrusts in the sternal region. Repeat both the back blows and chest thrusts until the object is out or the infant becomes unconscious.

If unconscious, call for help. Perform the tongue-jaw lift and if you see the object, remove it. Open the airway using the head-tilt/chin-lift method and attempt rescue breathing. Perform four back blows, then four chest thrusts. If you don't get the object out, repeat the process. If the infant is not breathing after the object is removed, begin the ABCs of CPR.

For a child between one and eight, first aid is similar to that of an adult. Perform the Heimlich maneuver if the child is conscious. If the child is unconscious, there is an important difference in the technique.

"Don't finger sweep a child's mouth," Ashby said. Instead, perform a tongue-jaw lift and remove the object only if it's seen.

Even if the object is removed in any of these situations, a

visit to the doctor is still advised.

If you are choking and are alone, stay calm. Place one fist over the belly button. Grab that fist with your other hand and push up against the ribs. Or, push yourself up against a chair or a table in the same spot on the stomach.

Learn first aid from a professional, before you find yourself in this type of situation. "It's best to take a course. You can't learn from reading."



PHOTO BY JOANNA WILSON
The Heimlich maneuver - 'A choking adult' by Annot Ogden Medical Center (Internet)
- Make a fist (thumb will stick up like a knob).
- Place the knob a little above their navel.
- Hold fist tight with other hand and make quick, strong, upward thrusts into victims abdomen.
- Repeat until object is dislodged. Don't bear hug, use only hands to prevent injury.

Seizures: no stopping once they start

BY TAMMY SEDORE

Health Reporter

Though there are no known causes for seizures, there are factors that can trigger them.

Head injury, trauma at birth, rough handling or shaking of infants, drugs or toxic substances (in large doses), strokes, tumors, cardiovascular problems, or diseases which cause an imbalance in the blood or chemical structure are a few of the causes.

There are many different symptoms for what is known as grand mal seizures, or generalized tonic-clonic seizures, which include confusion, falling down, rigidity, body jerks, and twitches.

A seizure can't be stopped once it has started, so let it run its course.

Body jerks are caused by abnormal activity in the brain. The brain tells the muscles to contract or relax, and if someone tries to stop this from happening, it may result in additional injuries, including broken bones.

Ease the person onto the floor and loosen their clothing. Remove any sharp, hard, or hot objects that may injure the person. If necessary, place a cushion under their head.

"Roll up a blanket, towel, or a coat and stick it under their head so they're not banging their head on the floor," said John Phair, a provincial communications officer at Epilepsy Ontario.

Turn the person onto their side so saliva can flow out of their mouth. Allow them to sleep after the seizure is complete.

Don't put anything into the person's mouth because they will bite down, hard.

"If you stick something in their mouth like a spoon or a pencil, you could break teeth or even the jaw," Phair said.

He also said you don't need to remove dentures or

retainers from the person's mouth, unless they are choking, and there is no need to worry about the person swallowing their tongue.

"Physically it's not possible to swallow your tongue - it's too big an organ. It's possible to bite the tip off the tongue, but sticking something in the mouth is not going to prevent that. It's only going to cause other injuries."

Seizures generally don't last long, and no medical attention is needed. But if the person has a number of seizures in a row, and regains complete consciousness after each, or if a seizure lasts longer than 10 minutes, be sure to get medical assistance.

Other Types of Seizures

Complex-Partial seizure

Symptoms: confused, random walking, mumbling, head turning or pulling at clothing. Children usually smack their lips, or stare. The person doesn't remember their seizure.

First Aid: Don't restrain, but move away sharp objects. If they wander, follow and talk quietly.

Simple-Partial seizure

Symptoms: sudden jerky movements to one part of the body, stomach discomfort, distortions in hearing or seeing, or a sudden sense of fear. Their consciousness isn't at all impaired.

First Aid: none required

Pseudoseizures

Symptoms: rapid breathing, triggered by mental stress, pain or anxiety, prickling feeling in face, hands and feet, stiffening, and trembling.

First Aid: Calm the person to start them breathing normally again. Investigate why they are seeking attention.

Taking the heat out of a burn

BY DANA JAMES

Health Reporter

First aid given to a burn victim depends largely on the cause of the burn and the degree of severity.

Some minor burns, such as a small burn on the finger from the toaster or the curling iron, can be treated at home. Physicians, or someone trained in first aid, should take care of more severe burns like chemical burns or burns from a campfire.

It is up to the first people at the scene of an accident to determine how severe the burn is and if they can treat it properly without calling a physician. The rule is if you're not sure, then ask somebody.

Sharon Cole, the general manager of sales and marketing at St. John's Ambulance in Toronto, explained the degrees of burns. "The skin has two layers, the first being fat and the second is muscles. Therefore, the deeper the burn is, the more serious it becomes."

"A first-degree burn only affects the top layer of skin. A second degree burn affects the top and the bottom layer of skin and a third degree burn affects the full thickness of the skin including the tissues under the skin."

Emergency first aid for burns

and scalds is to call 911 if the injury is severe. Cole said, "Cool the burn right away by submerging it in cool water. If you don't have a sink around you, use a hose or a tub. You want to cool down the burn."

Remove clothing from the injury and cover the patient, avoiding the burn. "Remove all jewelry and rings because burns cause blistering and swelling, and then cover the burn in a lint free dressing," Cole said.

Be careful when dressing burns and scalds. The injured area is susceptible to infection. If blisters form, don't break them intentionally. The cover bandages should be loose enough to prevent pressure on the burned surfaces. The bandages will have to be checked frequently to make sure they stay clean and loose.

"There is an old wives tale that a burn should be treated with butter, but the grease holds the heat in and can often cause it to burn deeper," Cole said.

If the burn is severe, an ambulance should be called right away. Try to make the person as comfortable as you can without moving them too much. Stay calm and wait for the paramedics.

To learn more about treating burns call St. John's Ambulance at (416) 967-4244.

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Make the mad dash to the mall

Help for last minute shoppers is on the way

BY ANDIE WADSWORTH
Lifestyles Reporter

With exam crunch and winter break approaching, many students, don't have time for Christmas shopping.

Angie Cooke, a first-year General Arts and Science student said she will be leaving her shopping 'til the last minute.

"I've barely just started. I have something for my mom, but that's it," Cooke said

Only three out of 30 students polled in an informal survey have started their shopping. Many blame jobs and a heavy end-of-semester work load for not shopping earlier.

"If I don't put in extra hours at work, I can't afford to buy presents. But, if I work extra hours, I don't have the time to go shopping," said Loren Hill, a first-year Hospitality student.

There are students who have their presents ready and waiting.

"I started in early November. I wanted to get it over with. I don't like last minute shopping," said Richard Cummins, a first-year electrical student.

For those who don't know what to buy, or haven't started shopping, here are some best sellers, according to retailers.

Women

Cindy Shedeger, assistant manager of the Body Shop, recommends perfume or a basket of lotions.

"Oceanus and Vanilla perfumes are our best sellers. Oceanus is our newest scent and Vanilla is the old favorite," Shedeger said. A bottle of the Eau de Toilette costs \$11.95.

Baskets come in various sizes, priced from \$12.95 to \$40.70. Lotions, candles, aromatherapy oils, bath beads and perfumes can be found at The Body Shop.

If the person you're buying for is allergic to perfume, why not try clothes?



PHOTO BY ANDIE WADSWORTH
Body Shop gifts, fun to give or get.

"Ladies ribbed polo shirts and turtlenecks are selling really well," said Elaine Wilson, assistant manager of the GAP. "This year, we've brought in more selection and less quantity."

Men

Everybody likes music.

"If you're not sure what type of music to get, gift certificates are the best way to go," said Sherry Dorhu, an employee at Music World.

"People can also use their gift certificates towards videos. Our best selling movies are *Scream*, *Jurassic Park 2*, and *Men in Black*," Dorhu said.

While you're at the GAP, don't forget to scope out the men's section.

"Anything to do with fleece is a hot item for guys this year. Another popular item is our down jackets. Everything comes in a wide variety of colors and if they don't like it, there's no time limit on the return or exchange," Wilson said.

Mom

No matter what gaudy trinket you give her, she'll cherish it because it came from you.

The *Chicken Soup for the Soul* books, made up of inspirational

stories, make a good gift.

"With the new series this year, there are books for the teenagers, work, and mothers' souls," said Shannon MacKay, assistant manager at Coles Books store.

"The books are really popular, so popular that we've given them a section to themselves," said MacKay.

If your mother doesn't like to read, try candles.

"A popular item right now is our potpourri and candle holders. Basically, anything to do with candles is moving really fast," said Brenda Kletnieks, manager of Pot Pourri.



PHOTO BY ANDIE WADSWORTH
Books for an inspirational holiday

Dad

He always needs something. According to Josie Goldenstein, a Canadian Tire employee, a tool is a safe bet.

"You can basically walk into our store and pick anything off the shelf and he would be happy with it. Dads always need more tools," Goldenstein said.

"Since the holiday season has started, people need to get their party clothes. You can always dress up their outfit with a tie or a pair of socks," said Jennifer McClennan, manager of Tip Top.

Buying real fir

BY JENNIFER OXLEY
Lifestyles Reporter

With the holiday season just weeks away, it's time to start thinking about buying a real Christmas tree.

Ontario farm grown Christmas trees are a great and environmentally friendly addition to the decorations in any home.

Whether cut-your-own or bought from a garden centre or mall lot, real trees bring part of the outdoors and tradition into the home.

The use of evergreen as a Christmas symbol started about 400 years ago in Germany and spread to most of northern Europe. The first recorded use of an evergreen at Christmas in Canada was at Sorel, Quebec in 1781. The Christmas tree came to the Toronto area in the 1790s.

After use, a tree is 100 per cent bio-degradable, and most municipalities have tree chipping programs to speed up the process. Christmas trees are no longer taken to landfill sites.

Christmas trees cause no harm to the environment because for every tree harvested, there are 10 more coming along.

Except for cultivated forests, the most environmentally friendly crop around is Christmas trees. A tree is harvested only after 10 years, and 90 per cent of the farm must remain treed at all times to ensure future harvests.

Real trees are beneficial because one acre of Christmas trees produces enough oxygen to support 18 people.

Here's an easy way to tell if the tree is fresh or not. Unless it is very cold, a needle of a fresh tree will bend, rather than break, when the needle is flexed between thumb and index finger. When the butt is plunked down, very few green needles should fall to the ground. Most have some brown needles by the trunk.

About three million Canadian families enjoy a natural Christmas tree each year. About one million of those families live in Ontario.

In Eastern Canada, the most popular Christmas trees are Scotch pine, white spruce and balsam fir. Fraser fir and white pine are growing in popularity.

To learn more, check out the Christmas Tree Growers' Association of Ontario's Website at www.christmas.trees.on.ca.

Tree tending made easy

The Christmas Tree Farmers of Ontario have tips for your tree.

Store tree in a sheltered but unheated area like a porch or garage.

Trees drink up to four litres of water per day, check water supply daily. A stand that holds at least four litres of water is recommended. If the water level drops below the bottom of the trunk, a seal will form.

Keep away from sources of heat or drying, like radiators, furnace ducts, TVs, fireplaces and windows with direct exposure to the sun.

Ensure all lights and connections are in good working order. Don't use lights with worn or frayed cords.

Turn off the tree lights when leaving and before bed.



Hype can't hide holiday history



BY JOHNA WARE
Lifestyles Reporter

Myths, magic and flying reindeer. The holiday season is back again.

"Although the Christmas holiday has not lost its meaning over the years, it has become clouded by marketing and commercial sales in way of gifts," says Jennifer Woods, a Ryerson student.

There are many stories about St. Nicholas, but they share common themes. One of the better known stories comes from Scandinavia. An upper-class villager recognized despair among the poor of the village. 'Tis Yule' he decided, and traveled around at night in his sleigh with reindeer (they didn't fly) to distributed gifts to children. Each child received a gift they needed and a toy to enjoy.

In Holland and England, St. Nicholas was known as the patron saint of children. They left shoes out for gifts, creating the tradition of hanging stockings.

Some Christians believe Santa Claus was created to help convert the non-believers by giving them a celebration on a Christian holiday.

Christians take this holiday to celebrate the birth of Jesus Christ. There is a feast

held in His name, celebrated with blessings and prayers.

"Songs are sung to honor and give thanks to Jesus, His life and the light He brought to our lives," said Beverly Harris, a believer, of the Pentecost.

Before commercialism took a part of the holiday, there was the traditional country Christmas.

"We put out shoe boxes and on Christmas morning we got a few nuts, an orange, and a little bit of candy. Then we opened up gifts that we mostly made ourselves or cost very little to buy, and then we cooked and feasted," said Ethel McCauley, who grew up in Huttonville.

Some devout Christians have stayed very close to their traditional practices.

"We used to study the old testament of the Bible, and now we add a bit more of the New Testament. But our practices of the holidays are still the same," explained Elizabeth Trolbridge, of London, Ontario. "We basically follow Leviticus, chapter 23, verses 4 to 44."

This part of the Bible outlines the seven feasts. They celebrate without gifts or a tree, because the Bible doesn't dictate these traditions. They say Jesus was not born

December 25.

Placing Christian holidays near Pagan holidays made conversion to Christianity easier.

Originally the holiday was a Pagan one called 'Yule'. Known as Winter Solstice, the 21st of December celebrates light and the day the sun begins to stay out longer.

"Our holiday was the first to come, and the Christians made Jesus' birthday on the 25th because it seemed like less of a deal to simply add God to the numerous gods that we already believe in," said Stephanie Angus, a Pagan witch. "It made it easier to convert the countrymen."

Winter Solstice is a time when many of the major gods were born.

"Yule is a time for great celebration. A great feast was presented for everyone to enjoy and when all the perishable food was used up before it spoiled," said Roy Stonehouse, a practitioner of Pagan rituals.

Trees were used as a Celtic symbol of new life and decorated with dried flowers and dried fruit.

This year, Hanukkah, the Jewish festival of lights, begins December 23. For eight consecutive days, candles are lit.

"The menorah used to be placed outside

to show the public that they (the Jews) are free and are proud of their heritage," Sharon Morris said.

There is a story behind the holiday. A Seleucid King forced all his subjects to adopt Hellenistic practices. Jews had to abandon their temple, rituals, language and their religion. However, a small group of Jews, led by Judah Maccabee, repelled the Seleucid army for two-and-a-half years, winning freedom.

Returning to the temple, Judah Maccabee rededicated it to God's service - hence the term 'Chanukah' meaning dedication.

Only a single vial of oil was found in the ruins to light the sacred temple light. There was enough to burn for a day, but it lasted for eight.

The children play, sing songs, and feast on foods, like donuts and potato pancakes, cooked in lots of oil in remembrance. There are also games to play and, on the lighting of each candle, the children receive a gift of coin symbolizing the first coin issued by Maccabee.

In celebration of the season, Happy Hanukkah, Merry Christmas, Happy Yule, and Happy Holidays, and to all a Good Night.



Does Santa Claus really exist?

Et Cetera reporters debate the age-old mystery

The X-mas files

Santa is capital G genuine, but "they" don't want you to know.

BY COREY KEEGAN
Thinks there's also a tooth fairy

Make no mistake about it. Santa is alive, well, and currently checking off "naughty" next to the name of Andrew McKay.

Despite the anti-Santa rhetoric polluting the holiday season, and pervasive cynicism eroding our collective sense of reality, Santa Claus is capital G genuine. And to the believers, to the children of the world, I say forgive your jaundiced elders, for they have been duped by a consumerist conspiracy invented by the American military and its corporate allies.

The forces at work to suppress this information are of a power so large and ubiquitous, it has become almost impossible to see the truth. But if you look just a little closer, glimmers of fact shine through.

Point: Consider, for a moment, the detrimental economic effects the indisputable existence of Santa would have on the multi-billion dollar defence industry in the United States. There is no way this expenditure could be justified if it were known that stealthy flight and supersonic speeds could be achieved by the use of reindeer.

Point: The retail industry, dependent on the boom of rampant consumer spending, would suffer huge losses if it was to allow knowledge of Santa's existence to leak to public.

Point: December 25, 1952, an unidentified flying object is shot out of the sky over Roswell, New Mexico. Witnesses at the crash scene reported the bodies of small creatures with large heads and large eyes.

Although the U.S. Air Force started a rumor that the bodies were those of aliens, the fact remains: they were elves!

The wreckage of the crash was quietly stored at a nearby air base. Three days later, a fat man in a tattered red suit was seen hitchhiking on the outskirts of Santa Fe with a sign reading "Yellowknife or Bust".

Point: In 1960, the American government was seeking to build a top-secret listening post in Northern Finland to spy on the Soviet Union. What resulted was the University of Lapland. Although LapU employs a staff, including "Santa experts", there is not a single student in atten-



dance. It is yet another finger in the mighty fist of American misinformation.

Point: In the 1950s, Senator Joseph McCarthy bred fear about the infiltration of communist elements. The notion of a man in a red suit, giving things away, was seen as a threat to the free world and discredited.

Point: North American Air Defense (NORAD) was supposedly created to warn Washington in the advent of intercontinental ballistic attack. NORAD's string of radar bases, known as the DEW Line, are suspiciously far north. In fact, the bases are the closet human outpost to the North Pole. Who do you think they're watching, the Russians?

Point: Santa was scheduled to meet with the president of the United States to discuss the terms of his entrance into mainstream society in November of 1963. Three days before the meeting, President John F. Kennedy was killed by an association of mobsters, military industrialists, and toy store owners. Their aim was to keep America safe from crime, intensify a war in Vietnam, and prevent the world's pre-eminent toy maker from becoming "real".

Last, but not least: at the heart of Santa's philosophy is a reward system. The good are rewarded, the bad are not. This undoubtedly angers some who, unwilling to admit they are bad people, slander the name Santa.

Of course, Santa doesn't visit people like Andrew McKay, who doesn't go to bed when he's told, doesn't brush his teeth, says the f-word, and smokes cigarettes. And yet he still receives gifts. Why is this?

Parents, under the pressure of a consumer driven economy, reward such poor behavior for fear of upsetting their offspring, stifling the market, and thereby devaluing their investment portfolios. The powers that be have, in effect, economically blackmailed people into forgetting Santa.

And again to the children, I say remember this: Santa comes to the believers; keep the faith; the truth is out there.

The Et Cetera went into its archives and found what historical figures said about Santa Claus.



Ask not what Santa can do for you; ask what you can do for Santa.

-JFK

The elves shall inherit the Earth.

-The Bible

Vive La Santa libre.

-Charles De Gaulle

I love the smell of reindeer in the morning.

-Robert Duvall,
Apocalypse Now

Santa is the opiate of the masses.

-Karl Marx

Imagine there's no Santa; it's easy if you try.

-John Lennon

I saw the best minds of my generation destroyed by Santa.

-Allen Ginsberg

Et tu, Santa?

-Julius Caesar

Santa Claus scores for Canada!

-Foster Hewitt

I'm gonna make Santa an offer he can't refuse.

-Don Corleone

There's a Santa born every minute.

-P.T. Barnum

Bah, humbug

There is no Santa Claus. He is as fake as Pamela Anderson's breasts.

BY ANDREW MCKAY
Grinch

Dear Andrew:

I am a 21-year-old journalism student at Ryerson. All of my classmates tell me there is a Santa Claus. Gerald Hannon says "if you see it in Et Cetera, it's true." Tell me, Andrew: is there a Santa Claus?

-Amanda Hugginkiss

Amanda, your little friends are wrong. They have been affected by the free-spending ideals of a commercial age. They spend too much time looking at computer screens, shopping at Jacob, and hanging out in dusky taverns with unsavory characters like Corey Keegan.

Amanda, it would take over 200,000 reindeer, flying at 300 times the speed of sound, to deliver presents to the 92 million homes presently duped by the Santa theory. And that's with a good tailwind. (To put that into perspective: that point where you're about to sneeze, and it's almost out, and you blink and the sneeze goes back up your nose? The reindeer are a thousand times faster.)

No, Amanda, there is no Santa Claus. He is as fake as Pamela Anderson's breasts, as whimsical as Et Cetera's editorial policy. He flies through the air with a team of reindeer and a 200 mega-ton satchel of toys? He might as well walk on the water, or deliver a ballad with the grace and emotion of David Hasselhoff.

How much easier the world would be with a Santa Claus. We could blame him for not giving us a Big Wheel when we were nine, or for giving us Compton Katie instead of Malibu Stacey. We could walk through this world in cheerful denial of all things bad and dreary, counting blindly on superheroes and tales of lore to deliver us from evil.

Santa Claus is not a belief, Amanda. It is a suspension of disbelief. Believe in Santa Claus? You might as well believe the magician really cuts the woman in half. You might as well believe in a benevolent, moral government. You might as well bet your life savings that Tom Arnold will someday win an Oscar.



You may ask how I know this. How can I be so sure there is no Santa Claus?

•In 1979, I saw my father, actually dressed in a Santa suit, putting presents under the tree. In June.

•In 1983, my mother told me Santa was a hoax (well, she didn't actually tell me; she just gave me back all my old letters to Santa, and said "figure it out, genius").

•Last year, I asked for a Zippo, a handgun and a bottle of Scotch. I got them. I don't think they came from Santa.

People will always tell you there is a Santa Claus. As long as parents have an excuse to keep their children quiet for three weeks ("he's gonna put you on the naughty list, Jimmy!"), as long as Tyco can sell cute little stuffed muppets making cute little stuffed muppet noises, the name of Santa Claus will be invoked.

The same people who tell you there is a Santa Claus told you that girls give you cooties; that if you swallow

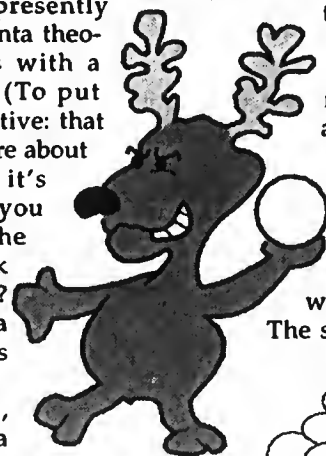
watermelon seeds, a watermelon tree will grow in your stomach; if you keep doing that, you'll go blind.

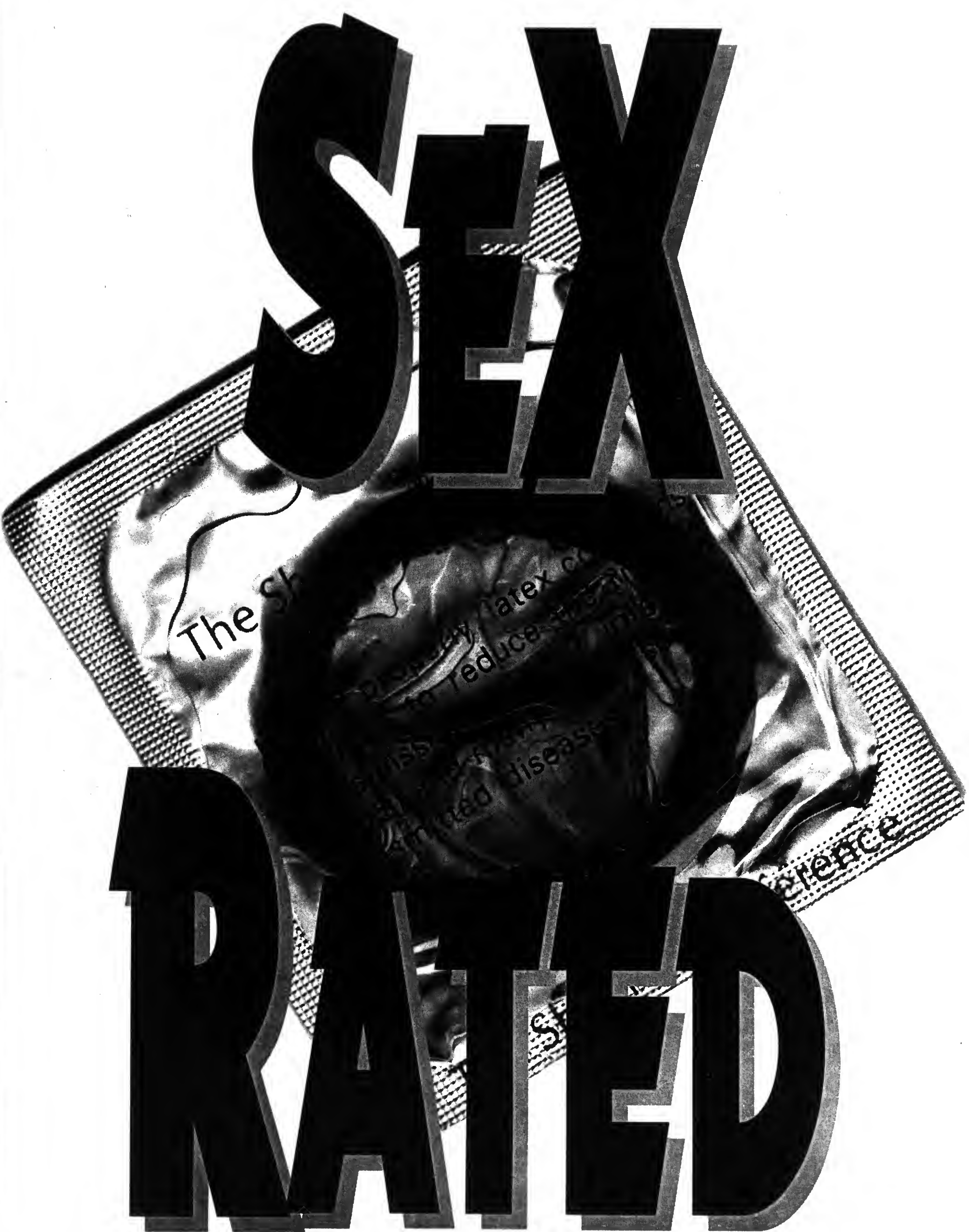
Your question is timeless. It will be debated for thousands of years. But while Santa apologists like Corey Keegan continue to confuse Revenue Canada's audit list with a "naughty or nice" rap sheet, there will always be those among us who know the truth.

Amanda, I invite you, and all of your friends, to join me on Christmas Eve. I'm going to stay up really late, with a lawn chair, a Cuban cigar, a keg of egg nog, and my eyes on the sky, celebrating he who truly makes Christmas what it is, he who really brings us joy during the festive holiday season.

And on December 26, slumped back in his La-Z-Boy, with his team of steroid-enhanced iguanas safely in their cages, the Easter Bunny will revel in his good deeds.

Even if someone else is getting all the credit.





Cover design: Lisa Kemerer
Section Editor: Victoria Jackson

TALKING HEADS

What's the weirdest place you've ever heard of someone having sex?



In the mens' bathroom, by the beaches in Toronto.

NADINE MORGAN
NURSING



On the steps of a church.

RICK WELSH
ACCOUNTING

At high school actually.

VENASA PARSARD
NURSING



In the washroom on top of the counter in someone else's house.

SARA KATWAROO
BUSINESS ADMINISTRATION

In a tree. I don't know how.

CARL THOMPSON
RECENT ACCOUNTING GRADUATE



At Canada's Wonderland. They said it was somewhere where anyone could see them.

ADAM AMATO
ARCHITECTURE

Sex shop invites you to 'Come As You Are'

Sex is a serious business for Cory Silverberg, an operator at downtown Toronto's newest sex store.

Silverberg and two partners (both women) opened Come As You Are, Canada's only co-operatively-run store dealing exclusively with sex, in the Queen Street West district last June.

It was Silverberg's "dream" to open his own store after working at Lovecraft for 10 years. The 27-year-old combined his own ideas and experience to bring something different to the marketplace.

"I wanted something that would be bolder, more direct," he said. "Other stores will have other things on relationships and personal growth in other ways. You won't find any of that here. It's just sex stuff."

He liked the idea of specialization because "people could get more detailed service. Most sex stores are retail stores first and it just so happens that they sell products related to sexuality."

As members of a co-operative, the workers are the owners too.

Because the staff has a vested interest, they can give this job their full attention and offer the best quality service.

"We only sell things that we've tried, so we definitely know more about our products," he said.

Silverberg received his undergraduate degree from York University and then did his Masters in clinical psychology at the University of Toronto. Because his father was a sex therapist, he says he was "born into" the business.

But he doesn't like to think of it as a business. He likes the term co-operative because it's more democratic. Anyone who works in the store is either an owner or about to become an owner.

"We like to think of selling sex toys as a good thing, and not just a way of making

money," he adds. Workshops, readings, discussions and performances are, according to the store pamphlet, a few of the things offered by the proprietors to the community.



Come As You Are offers a wide variety of sex toys, oils and books to its customers. Its bright interior and open friendly staff make it a unique sex shop.

Young people, between the ages of 18 and 24, and sex professionals (from prostitutes to sex-educators) all receive a 10 per cent discount.

Gift certificates are also available.

The store doesn't have the look of a typical sex shop either. It's clean, spacious, bright and inviting. Toys and leather on the left, books and oils on the right.

As its name suggests, Come As You Are is meant to be a comfortable approach to something that naturally makes people feel embarrassed.

"It would be great if people did treat sex products like any other products," says Silverberg, "but our success depends on recognizing that they're not, and that people are going to be uncomfortable."

To combat this, the staff talks openly with customers about sex and answers their questions directly. Silverberg wants to reassure his clients that "It's okay to be here, and it's also okay to be nervous" at the same time.

He added that it's one of the few stores—even among sex shops—that someone can walk into and tell a salesperson that they're in the market for a vibrator and not be afraid.

Silverberg's store is also a challenge to the shadier sex shops that take advantage of their customers. Other stores hide products inside packaging, no returns are allowed and customers are treated poorly.

Owners know they can get away with such poor service because people are too embarrassed to complain about "sex" merchandise.

Everything is out in the open at Come As You Are.

People can look and touch the colorful array of toys or read through the large selection of scholarly books. Even after a decade of working in the same field, Silverberg still loves everything about his job, but said it's not as easy for him as people might think.

"Yes, I work in a sex store, but it doesn't mean I have any fewer sexual hang-ups," he said. "It just means this is what I like doing for a living."

ANDY M. GEORGIADIS

XXX videos keep them coming

Fans of pornography used to be forced into going out to theatres to watch it.

But now, in the age of videotape rentals, they can watch adult movies in the comfort of their own homes. According to many people, this isn't necessarily a bad thing.

Large video chains, such as Blockbuster and Jumbo Video, do not stock adult movies due to their family viewing policies. In fact, Blockbuster does not carry many director's cut versions of mainstream movies because of questionable material.

Blockbuster is carrying a version of the movie *Crash* with deleted scenes, different from the theatrical release. As a result, they have had complaints from customers who did not know their version had been altered.

It is policies like these that help to keep independently-run video stores in business. Dan*, a clerk at a small Etobicoke video store, credits rental of adult movies with keeping the store going.

"Stores like this cannot compete with big chains in new releases. They'll have 30 copies of a new movie and the most we'll ever stock about 10. So we make up for lost business by renting, and selling, adult movies," he said.

And they do rent and sell a lot of them. On a busy day, more than half the videos rented by closing time were adult titles. Earlier in the day, a customer came in to purchase 11 of the tapes.

"I don't know why anyone would need to buy or watch them. I don't understand how people get turned on by them," Dan said.

However, he doesn't mind renting the movies out to people. "I don't get embarrassed, and I don't think there is anything morally wrong with the people who rent them. Although, I think it's kind of funny that the majority of men who come in are wearing wedding

rings."

Jim Bronwen, a married man who frequently rents adult movies from the store, enjoys the fact that he doesn't have to go out to watch these movies.

"If you've ever been to an adult movie theatre you'd know that they are pretty unclean. I wouldn't go to one of those places if you had me," Bronwen said.

He likes the convenience of watching the movies in his home and said being able to rent them reduces the amount of possible embarrassment associated with the activity.

"I could just imagine if I were coming out of a theatre, I'd run into someone I knew and I just wouldn't want to be in that situation," Bronwen said.

For those of you wondering, Bronwen told me his wife of 17 years is fully aware that he watches adult movies, and sometimes, she even watches with him.

She really doesn't mind. She'd rather me watching movies than have me go out to watch strippers. I guess, to her, the movies hold more anonymity than actual strippers and I tend to agree with that," he said.

Whether you agree with it or not, the truth about renting pornography is that it reduces the amount of shame and embarrassment it might pose for the customer. There is still a bad reputation associated with pornography and those who watch it. If you don't believe that, just ask Jim Bronwen what his real name is.

LOUISE BROWN

* names have been changed to protect the sources

A spiritual and sensual journey

Sitting on mats and sleeping bags in a circle, with earthy incense air dancing above us, we breathe together, deep in meditation.

But it's meditation with a twist — or more accurately, a squeeze. Lucy Becker, our instructor, leads the group with a calm and gentle voice. With each intake of breath, she encourages the women to squeeze and hold their vaginal muscles, while the men are told to do the same with their pubococcygeal (PC — the muscles behind a person's genitals) muscles. Then, we relax the muscles with the exhale, and are told to feel the streaming of energy throughout our bodies.

Lucy assures us that it's okay to feel turned on. Work with the sexual feeling, she tells us. Give it expression, instead of suppressing it like we're used to doing among strangers. Here, we're encouraged to abandon the boundaries around sexuality that we've built with help from our upbringing and social customs.

Welcome to Tantra 101, a workshop in Toronto headed by Becker. Tantra is a form of yoga utilizing sexual energy, or kundalini energy — which practitioners claim is the source of personal power.

Becker, in her 40s, has been teaching workshops in Toronto for four years. She is playful, relaxed, and exudes an aura of health and vitality.

Her workshops are open to singles and couples, and she takes care to ensure that everybody's comfort levels, especially newcomers', are honored. We are encouraged to rotate partners in order to establish as close a group dynamic as possible.

We start with the simple, but difficult, exercise of eye-gazing to melt away feelings of separation among the group. A crucial aspect of Tantra, of any spiritual work, is to promote unity, to rid ourselves of ego and fear.

"Now, while respecting each other's boundaries, come closer together. We're going to do full body hugs now. And only if you feel comfortable, press against one another more deeply," says Lucy.

I can feel my partner's, and my own, initial shyness dissolve during our embrace. There is a feeling of trust, of a deepening awareness of each other's energies; an exchange of heat that is sexual, spiritual, and nurturing all at once.

This is Rhona Kornel's first Tantra class. She is a 31-year-old yoga instructor who has her own studio, the Yoga Cave, in Montreal.

"Tantra has given me verification about feelings and things I have but couldn't explain," said Kornel. "It's given me validation for my sensitivity as a woman. It's given me tools for my own self-discovery to go even deeper."

"I've always been oversensitive, [and] took things too seriously or personally. Tantra is a way to deepen respect for myself and to really work with these sensitive issues."

Although Tantra is open to everybody, most people who come to Tantra have already done some type of spiritual work.

"One of the biggest traits I see in people who stick with Tantra is that they're seekers," says Becker. "They're looking for something that stirs their heart. And again, I would call it looking for a spiritual union with either the divine or with a partner."

A common perception of Tantra is that, underneath its spiritual claims, it is basically all about sex. Actual sex is never a part of Tantra classes (couples are encouraged to try exercises they learned at home). Becker insists that although sex is a crucial aspect of Tantra, it is sim-

ply a means to a higher end.

"Sex is a doorway into the divine," she says.

And the majority of people who come to classes share this view.

"Most people are quite sincere. And I remember when I first started [the classes], I was very worried about that. I was worried about what kind of energy I would be drawing to me. And I was totally surprised by the calibre of people that were calling me. I have met [a lot of] very good-hearted people," Becker said.

The glow on people's faces at the end of the two day workshop is a sight to see. We just spent the last few days putting ourselves in vulnerable positions, becoming intimate with people we knew nothing about when we stepped through the door. That type of openness and trust is something we're not used to. And as we shared our thoughts and feelings at the end, each person felt somehow more connected — not just to others, but with themselves.

"What we've done in our culture is to separate sexuality from love," says Lucy. "If sex is bad, then we can't possibly connect it with love . . . So then we wonder why sexuality is loveless in our culture. In Tantra, we want to develop sexual energy. We want to connect it with the heart. It rises up and gives power to the heart. And that's where the feeling of the oneness starts — in the heart."

PHILLIP HAHN

False Delights

The female orgasm; fact or fiction? For some women, reaching orgasm can be a stressful and difficult thing. So they take the easy way out, and fake it.

Most men are completely unaware of whether or not they've "done the job". In order to spare their feelings and egos, women would rather fake orgasm than let their partner know that they didn't quite make it. What most women don't realize is that some men would prefer it if their partners let them know that they hadn't had an orgasm.

"It would actually be a bigger blow to the ego to know that they faked it on my account," said Joe*, a 25-year-old banker. He would rather be told, "It wouldn't hurt my feelings too much, because that would give me something to aspire to."

Jack*, a 25-year-old student, said that "faking it" is just lying.

"If it's any kind of relationship, truth should be the most important thing," he said. "It causes problems, even more so for the woman. She's got the complex of having to go through faking, even if she's good at it. She shouldn't have the added burden of acting, because that might even lessen her enjoyment."

So then why do women fake it? Brenda* is a 24-year-old recent graduate, and she said there are two reasons why she fakes orgasm.

"Number one, to get it over with. Number two, to stroke his ego. Even though you shouldn't start off a relationship like that, it's almost easier," she said.

In order to put a stop to the faking, it's important to look at many factors. First of all, women are just as capable as men to reach orgasm. Anatomically, males and females are structured nearly identically to react to sexual response and orgasm. It doesn't take a female any longer to reach orgasm than a male. But what excites them is different.

In both sexes, tips of the sexual organs are the main focus concerning sexual response. But that's where the similarities end.

Males can be aroused by looking at the female while having sex, by engaging in erotic conversation, or even by remembering a previous sexual experience. Two-thirds of women find no arousal in these things, according to a study conducted by Indiana State University.

Also, if things such as change of position or conversation interrupt sexual activity, a woman's frame of mind might be altered and her arousal level could be right back to zero.

"With women, I think it deals with something more intimate, more romance," said Brenda. "With men, it's more the physical act [of having an orgasm]."

According to the Indiana State study, masturbation is the main source of orgasms for single women between the ages of 21 and 25. Forty-six per cent of orgasms are attained that way, while sex accounts only for 26 per cent. Eighteen per cent of orgasms were achieved through "petting" and the remaining 10 per cent occurred in homosexual relationships. Frequency of early orgasms may have bearing on capability later on in life.

According to the Kinsey Institute for Sex Research, 36 per cent of women marry without ever having reached

It does not take a female any longer to reach orgasm than a male

orgasm from sex. Of these women, 44 per cent don't reach orgasm within their first year of marriage.

But about 46 per cent of women who have had an orgasm prior to their marriage achieved orgasm in nearly all of their sexual encounters during their first year of marriage.

Brenda said that she's had orgasms 80 per cent of the time she's had sex.

"If the guy is more touching, more sincere and just knows how to please me, I will orgasm more," she said.

Joe feels that men need to be more aware of the problem.

"If guys were more attentive to pleasing their partners rather than just themselves," he explained, "then this whole faking nonsense wouldn't happen."

Communication should be the first step in putting a stop to the faking, and finding honest results.

Brenda said, "If they have to fake it, it means that they can't communicate to their lover what it is that they want."

Phil, a computer analyst, said that it's a common problem, but the solution is simple.

"Let's face facts. It doesn't happen 100 per cent of the time. So to say 'I didn't have an orgasm' shouldn't be a real problem," he said. "Women have the problem. Not that they have to fake it, but that they think they actually have to fake it."

It's important for men and women to put the fear of hurt feelings aside. The whole point of sex is pleasure, and remember that there are two people involved. Women need to be able to tell their partners what they need, the same as men do.

And talking about it could lead to great results for everyone.

"Through the channels of communication, you can do whatever you can to bring about the real orgasm," said Jack.

And there is no problem with that.

CINDY STEINMAN

* names have been changed to protect the sources

Lifestyles

Releasing the pain of the past CASAT programs support abuse victims

BY CINDY GOMBOS
Lifestyles Reporter

Did you know that one in four women will be sexually or physically assaulted by their 18th birthday? Or that one in 7.5 males will have the same experience?

"It's a wonder why people are so quiet about this sad experience," said Arthur Lockhart, co-ordinator of the Advance Justice Studies program at Humber College, of these staggering statistics.

Victims of sexual abuse are often at a loss for words and feel like they can't talk to anybody, so they hold the pain inside.

Victims can go down two roads, Lockhart said. One is inflicting pain on themselves. They have poor self-esteem and may abuse drugs and alcohol. The other is directed outwardly to others. They may become very hard, aggressive and assaulting if there is no one there to help them.

That's why Lockhart says parents, family and the community should be creating a safe and healthy environment for victims of sexual and physical abuse. Parents should be people kids can talk to openly.

"There should be a social transformation on the forefront of all our thinking in a healthy way. The community's view should be changed to be open and passionate," Lockhart said.

He added that sex is really not an open topic for parents but it should be.

"If people can't talk about healthy sex, can you imagine talking about something as terrible as sexual abuse?" Lockhart asked.

Michelle Grossman, program manager for the Crisis Support Group program for Metropolitan Toronto Special Committee on Child Abuse, said victims of sexual abuse should talk to someone they trust and get treatment.

Treatments in this situation include group and individual therapy.

The Crisis Support Group's treatment includes an eight week group treatment, with immediate access for children and families with recent disclosures.

She said the group is open to all Metro residents, but there are quadrants throughout the city where victims can receive help.

In order for a child to be in a program, the police and the Children's Aid must verify that the child has been abused.

"It can't be questionable if it happened or not," Grossman said.

The four inter-agency programs throughout Toronto are at the Central Agency of Sexual Abuse Treatment Program in Central Toronto, in Etobicoke there is EASAT, in Scarborough, SCASAT, and in North York, TALK. All are special treatment programs for children.

Many people wonder why some people who are abused don't tell anybody for years. It takes time for victims of sexual or physical abuse to gather strength and move forward.

"Realize that if someone is 25, 27, or 30 and discloses that, when they were 12 or 13, they were abused, there shouldn't be a lack of understanding of the trauma that the person went through and still goes through," Lockhart said.

"If people can't talk about healthy sex, can you imagine talking about something as terrible as sexual abuse?"

-Arthur Lockhart

Friends who are worried that someone they know is being abused can look for these signs: withdrawal, or someone who shows up for work or school events, then stops showing up. Physical signs include bruises and cuts, and the victim could be very quiet.

Lockhart said you should be sure you aren't misinterpreting those signs for something that is not abuse. But if it is, you should just be there for your friend.

"By law, if the person is under 18, you are obliged to tell the police. If they are over 18, you don't. They might not want police intervention, they may just want to talk and receive guidance," Lockhart said.

Lockhart also works at the Gatehouse, a community house for children, youth and adults who are physically and sexually assaulted. It's run by a group of volunteers and paid staff. Gatehouse is located at Humber's Lakeshore Campus. If any staff or students are interested in volunteering at Gatehouse, call Lockhart at 416-675-6622, ext. 3354.

Buy alternative this season

Non-profit organizations support Third World artists

BY ANDREA FRIEDLI
Lifestyles Reporter

Christmas isn't the only time for the spirit of sharing and caring in our hearts.

Non-profit organizations, like Ten Thousand Villages and Bridgehead Trading, open the door for unique items from all around the world, while helping the less fortunate in Canada and other countries.

These organizations buy crafts and other products in Third World countries, at a fair price, directly from the artist, then sell them in stores here.

"There is a huge variety of decorative and practical items, jewelry and kids' stuff," said Emily Burgetz, an organizer of the annual Mennonite Christmas fair held at the Harbourfront Centre. Items for sale include wood and brass items from India, a variety of Nativity sets from different countries, papyrus from Egypt, animal carvings and musical instruments from Africa, baskets from the Philippines and, for the first time ever in Canada, handmade carpets from Pakistan (made without child labor). Prices range from under \$1 to around \$150.

"The artists are often families or women looking



PHOTO BY ANDREA FRIEDLI

A sample of the decorative items available at these stores. Wouldn't one look great on your tree?



PHOTO BY ANDREA FRIEDLI

A shopper is happy to support the work of alternative stores.

for new opportunities in an otherwise demanding system," Burgetz said. "The prices we sell the crafts at reflect a fair price for the goods based on the market for the country, plus shipping and some administrative costs."

Catherine MacDonald, of the Ten Thousand Villages office in New Hamburg, said they have been purchasing crafts from different countries for more than 40 years.

Ten Thousand Villages is a non-profit Mennonite organization based in North America. Countries from which crafts are imported include Egypt, India, Bangladesh, Kenya, Sri Lanka, Peru, Guatemala and many others.

There are 52 Ten Thousand Villages stores across Canada (the closest one to Toronto is in Waterloo) and 72 stores in the United States.

Bridgehead Trading is a small chain of stores that has been selling goods from Third World countries-

for the past four years. It is the trading wing of Oxfam.

The three stores in Canada are located in Vancouver, Ottawa, and at Bloor and Yonge, in downtown Toronto.

Bridgehead offers a variety of items ranging from hand-made finger puppets from Peru (set of five for \$18.50) and organic coffee from Latin America (1/2 lb. for \$7.50 to \$8.50) to candle holders from India (\$12).

Shoppers enjoy stores like these around the holiday season because it gives them the sense of helping out. Shopper Gail Tedford said, "The fact that they have things from different countries and that they try to help the people in those countries," attracts her to Bridgehead Trading.

Josina Sibbilies, a store clerk, said Christmas is definitely the busiest time of year for them.

So if you don't know what you're getting those hard-to-buy-for people on your list this year, check out some of these alternative organizations. They provide a great opportunity to find the right gift for that special person as well as helping out those in need.

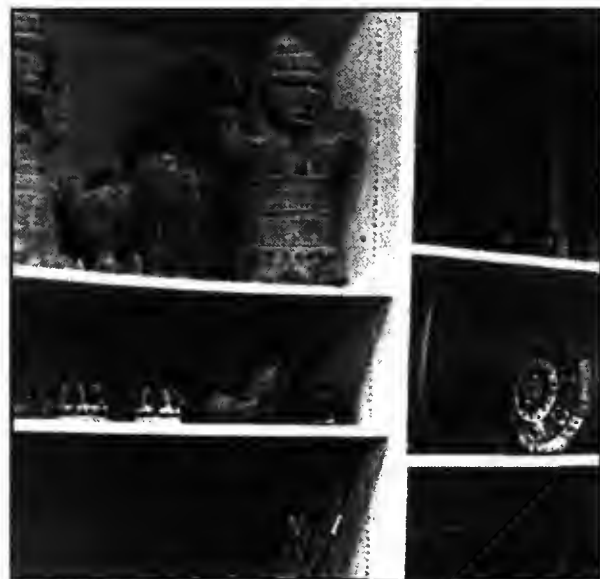


PHOTO BY ANDREA FRIEDLI

Ornaments made by Third World artists are not only beautifully made but unique.

Stripping down to the bare facts

BY NESREEN SARRAS
Lifestyles Reporter

Lap dancing and fast money is what more single mothers now depend on to pay their bills.

But is their dignity being stripped away with their clothes?

"No," says Irving Cooper, owner and operator of The Brass Rail, a strip club at Yonge and Bloor.

"Nude dancing is definitely more socially accepted now than it was in the past," he said. "My place is family-run, classy, and clean. We treat our girls with respect, they're their own bosses, and there's nothing shameful about that."

Cooper, who prefers the term 'exotic dancing' to 'stripping', has run the establishment for the past 40 years. He brags about the club's Las Vegas image and his clean-cut, white collar clientele.

"My place isn't like those other 'bad apple' strip clubs that give us a bad name," he said.

Hazel, 29, is a single mother of two and depends on the money she earns

from dancing to support her children.

"I lost my job working at a prestigious company about a year ago," she said. "I used to make \$18 an hour with full benefits. After I got laid off, I knew I needed to find a job that would support my lifestyle and my kids. Minimum wage just wouldn't cut it."

Hazel, who dances at a 'bad apple' strip club in Richmond Hill, says that situations there are not as glamorous as they are portrayed in movies like *Showgirls* and *Strip Tease*.

"The club that I dance at consists of, I'd say, 50 per cent prostitutes - half of which are pimped; gays, bisexuals, drug addicts, and very few nice dancers," she said.

Hazel considers herself to be one of the 'nice dancers' there. "When I talk to people, they give me credit for being clean, honest, and not on welfare," she said. "I'm just dancing to pay my bills and keep food on the table for my kids."

Linda, 23, is in a similar situation. "I was thrown out of my house when I was 18," she said. "My dad found out that my

boyfriend, who he hated, got me pregnant. I moved into a scuzzy apartment with him and his buddies. He basically supported me until I gave birth to my daughter, and then he took off. He left me with no money, no home - nothing. I guess I felt that dancing was the only way for me to go. I had no high school diploma and I needed money fast."

Linda, who has been stripping for nearly four years, said she loves her job. The money she makes, she said, gives her more than enough money to support her child.

"The key is to keep your personal life separate from your job," she said. "I don't look at what I do as dirty. It's work."

Hazel agrees. "Many wouldn't call what I do a real job, but it's hard. It's tough trying to convince men that they want you over at least 100 other girls. Some girls are mad if they don't make \$1,000 on a six hour shift," she said.

"I'm happy to make about \$200 a night. That way my gas and baby sitting are paid for, and I make a great profit."



PHOTO BY JENNIFER OXLEY

A Yonge Street stripping institution, the Brass Rail.

Not just for Bruce Lee

Ancient Karate taught in modern style

BY ALICJA PARLAK
Lifestyles Reporter

The philosophy behind karate and other martial arts has changed in many clubs to a less brutal, softer style.

Instructor Steve Ouslis, of Northern Karate, said, "We've changed our insight in how to teach people, and also the philosophy of martial arts. Way back in the '60s and '70s, the philosophy was kill or be killed. There isn't that macho image anymore - it's really changed."

Ouslis said the idea behind training is to learn reaction, build confidence and self-esteem, as well as focus and concentration.

"The vehicle we're using is physical to get to the mental. What we're trying to do is bring in the positive of the philosophy to today's society. Back then, when they did martial arts, they did it to protect their life. Today you don't need that. We have a 24-hour police vigil, we have 911. We have streetlights. It's just a different culture, a different attitude, the sparring is not as brutal and there's no reason for it to be," Ouslis said.

Mugen Do Karate Instructor Steve Bradbury said, "I think a lot of the time now, the clubs are bending more to business people and women so you find only a select few clubs, that are really hard-core tournament people, where they like to really hit hard."

Ouslis said, "We're trying to get away from the brutality of martial arts and try to bring the masses in. Everyone can enjoy this and then tomorrow wake up

with a smile on their face and not look different than they did. Karate is universal."

Karate student Maria Quarry said, "It's a way to keep in shape, keep healthy and also learn self-defence."

The change has brought in more people, especially women, in the last few years.

Ouslis said 10 years ago, only one out of 10 students in his club

Bradbury said he liked the old style of training. "If you practice too soft, women get a false confidence of what the street is like. They have to have a little bit of contact to know that if it happens in the dojo (training hall), they're prepared for anything that happens outside in the street," he said.

Laura Bolton, who trains at Mugen Do, said karate is empowering and women train to feel that, if something happens, at least they can put up a good fight. She said she joined, "for the exercise and to learn to defend myself."

Ouslis warns against a false sense of security. "I tell all the females, I tell everyone, even the adults, the males, karate will not guarantee you self-defence. Martial arts will not guarantee you safety," he said.

Ouslis said if someone wants to hurt you they can. "I don't care what degree black belt you have, the whole idea is how much fight you have in you and how not to become a victim. When you do martial arts, you have the confidence not to carry yourself as a victim, even then it doesn't guarantee you anything. It's not magical."

Bradbury said joining a regular martial arts course is more effective than taking a 10-week self-defence class.

"When you stop training in the self-defence, you lose what you've learned," he said. "Martial arts and self-defence take years of work and practice. It's more of an instinct than it is learning a few moves through self-defence."



PHOTO BY ALICJA PARLAK

Karate accessories used in learning self-defence.

was a woman. Now, that number has climbed to six out of 10. He said this might be because women now have more role models in the martial arts.

"Before there weren't. It was the 6'4" hairy macho guy with huge knuckles that could put you through the wall. And not everyone can be like that guy," Ouslis said. "It's the smaller, weaker person that needs karate to help them. That's what karate is to me; it's the equalizer."

Some, however, think this softer form of karate gives people a false sense of security.

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Christmas Is Coming!

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Visit an antique auction

It's a great alternative to mainstream shopping

BY AMY TYSON
Lifestyles Reporter

"Bidder, bidder, bidder - \$10! Do I hear \$15? Bidder, bidder, bidder!"

Auction houses are a great place to pick up good quality antiques at bargain prices.

Students are usually forced to live on a tight budget. Just because you don't have a lot of cash to throw around while furnishing your apartment, it doesn't mean you have to resort to using all of those leftovers from your parents' first home.

Antiques are usually defined as items that are pre-1940. Some items to look for are: wooden tables, old milk bottles, Coke memorabilia, paintings and sofas.

For as little as \$10, you can purchase a kitchen table, complete with matching chairs. Or, for \$5, you can have that art deco-style coffee table you saw in a magazine.

There is usually a pre-auction viewing, which means that an hour or two before the show, you can wander around and look at all of the items up for bid. It's a good idea to bring a pen and paper so you can write down the lot numbers of each item you like.

To get these items, you may have to stand around for two or three hours, but it's worth it.

There are some places in downtown Toronto that hold antique auctions, but they tend to be pricey.

Some of the best auctions to find antiques are in rural Ontario. Most auction halls have sales every week, or every other week. Community newspapers have listings of auctions that will be taking place and will list items up for bid.

A lot of auctions consist of estate sales. This means that one, sometimes two, or up to 10 complete households are auctioned at the same time. Estate sales are great places to find antiques. Be forewarned though; if there are antiques at an estate sale, dealers will be there too.

It doesn't cost anything to get into an auction sale. However, if you want to bid on something, you have to register at the cashier's office. Once there, you will have to provide the clerk with your name, address and phone number.

Depending on the auction hall, you may have to provide some form of identification. This is just reassurance that you won't bid on something and not pay for it.

Most auction halls accept cash, cheques, debit



PHOTO BY AMY TYSON

A man holds up his bidding card. You have to register at the cashier's office at the auction house in order to get one.



PHOTO BY AMY TYSON

A variety of items up for bid at an auction.

cards, Visa, and Master Card.

There are some basic rules you must follow when attending an auction.

- Never leave your bidding card unattended

The number on this card is registered to you.

You are responsible for whatever items are put on this number. It's a good idea to give it back to the cashier at the end of the auction.

- Don't bid on something you don't intend to buy. If you are the last bidder, the item is yours.

- Don't wave your hand around or nod your head. Both of these actions indicate a bid.

- Once you use your number to bid on a particular item, the auctioneer will come back to you to see if you want to continue to bid. Simply nod or shake your head. You have to show your number again only if you're bidding on a new item.

- This next rule is very important: be sure you are always aware of what you are bidding on, and what the bid is at.

An auctioneer will often start something at \$100. From there, he may go to \$150, or \$200. Instead of saying "Two hundred," he may just say "Two". This does not mean \$2!

Save yourself the embarrassment of having to buy something for \$200 when you thought you were getting it for \$2. Believe me, this happens a lot.

Auction halls aren't the only place to find some great inexpensive antiques.

Try Goodwill or Value Village, or any other second-hand stores in your neighborhood. You may have to dig around, but you never know what treasures you'll find.

"Big Garbage Day" is another way to find antiques— for free! Big Garbage Day is a specific day for people to set old furniture and larger items out with their regular garbage. It is amazing to see how many people drive around in trucks, picking up discarded items.

Celebrities have even been known to do this on occasion.

To find out when, or if, your community will be having its Big Garbage Day, call your local municipality office.

Some local Antique Auction Houses include:

- A-1 Auction Services - 905-278-9355
- Richards Auctioneers & Valuers Ltd. - 905-848-4872.

Swap your vacation for a job

A student work and travel program

BY ANDREA FRIEDLI
Lifestyles Reporter

What are you going to do when you've finished college? How about a trip to Australia, Japan or France?

Well, guess what? You can get a job abroad and travel the world.

Maybe you'd like to teach English in Japan, be a nanny in Australia, Germany or New Zealand, or simply work in an office in London. It's entirely up to you.

Tim O'Brien, a Travel Cuts agent, says SWAP, the Student Work Abroad Program, offers students a chance to find employment in other countries.

"I had one client who went to France and he got a job as a sort of nanny. He lived by a vineyard and his accommodation was in a room of an old castle. It's a really great experience," O'Brien said.

The program is administered through the Canadian Federation of Students, and is available to full-time students between the ages 18 and 25 to 30 in most countries. In France, however, there is no maximum age limit. The program has been running for almost 25 years. Please note, SWAP is not a job placement program.

For an application fee ranging from \$250 to \$475, SWAP will set you up in one of the following countries of your choice: Germany, Britain, Scotland, Ireland, Australia, New Zealand, Japan, the USA, Jamaica, France, Holland or South Africa.

Accommodation is taken care of for the first two nights, as well as legal documentation required to work abroad, an orientation session, hosting services, an acceptance package (which includes a visa application), a SWAP ID card and other goodies.

Britain is the most popular destination, and the prospects of getting a job there are about 90 percent.

However, there are a few things you should think of before you pack up your things and go.

In order to get accepted into the country of your choice, you must provide a support fund (between \$750 and \$3500 CDN) to ensure financial stability during the period of your stay. "This is just in case you don't get a job, so you can cover rent and food, so you don't have to go on the welfare system of that particular country," O'Brien said.

"Job prospects vary from country to country, depending on the type of person you are, and how willing you are to take certain jobs," O'Brien said.

Just don't count on paying your tuition for next year, or taking any money home at all. Usually you make enough to cover basic expenses and have some money left over for a weekend excursion.

Jennifer Chidgey, a student from Thunder Bay, said her trip to England was fantastic, but she didn't have a lot of money to show for it in the end.

"I made just enough to cover my expenses there. It's a good time, but unless you know you're getting a good chunk of OSAP or your parents can support you, be careful," Chidgey warns.

A proper work visa is required, as well as a valid Canadian passport, an International Student Identity Card (ISIC), and in most cases, health insurance is a must.

If you plan on going south of the border, to the USA, you must either have a job confirmation, an interview lined up, or a sponsor.

If interested, you can pop in to any Travel CUTS/Voyages Campus to pick up application, or you can get more information at www.travelcuts.com or www.isic-canada.com.

Travel CUTS/Voyages Campus can be found on or near campuses all across Canada.



PHOTO BY LESLIE TAYLOR

A student visiting New York strolls through Central Park.

Et Cetera Entertainment

Rent due at Royal Alex

BY DUSTIN DINOFF
Entertainment Reporter

So why even bother to do a review on *Rent*?

Everyone knows it is arguably the biggest, most important musical of the 1990s. Everyone knows it is a multiple Tony award winning production. Everyone knows it is a Pulitzer Prize winner in drama. Everyone knows that the Toronto production of Jonathan Larson's musical faces some astoundingly high expectations. And everyone expects it to be great. Well, *Rent* is more than just a great show. It is an experience unto itself and should absolutely not be missed.

Rent is everything you expect it to be and so much more. It is for everyone who is tired of explosions and lavish sets that have to mask weak scores and tired performers. *Rent* features a fresh, youthful cast and some wonderful music. In short, it is a terrific show.

The Toronto production of *Rent* is directed by Michael Greif. Greif directed the original Broadway version and has teamed, once again, with original choreographer Marlies Yearby to bring Toronto's *Rent* to life. The freshness and energy of the show, however, can only be attributed to the performers and the remarkable story being told on stage.

Rent develops around two friends: Mark, a filmmaker, and Roger, a musician. Their former roommate, Benny, has come into some money and decided to buy the



COURTESY PHOTO

From the original Broadway production of *Rent*, written by Jonathan Larson and directed by Michael Greif.

building in which the pair live. Benny intends to tear down the building and dig up the lot beside it, where a collection of homeless people live, and build a state-of-the-art cyber-arts studio. After a protest, headed by Mark's ex-girlfriend Maureen on Christmas Eve, there is a riot and Benny locks his tenants out in the cold.

More than any set plot, *Rent* is about relationships of every kind, and the reality

of living with the AIDS virus as a starving artist in New York. It is a very sad, but honest, production that reaches many generations of theatre lovers.

The late Jonathan Larson is the man responsible for the book, score and lyrics of *Rent*. His show began as a tiny unknown off-Broadway production and evolved into last year's most celebrated musical. Sadly, Larson did not survive to receive the acco-

lades he deserves. He didn't even survive to see the Broadway opening. Larson died as result of an aortic aneurysm, literally hours before the show opened.

The Toronto cast of *Rent* is headed by Chad Richardson (Mark) and Luther Creek (Roger). Richardson, a professional musician by trade, is very good and likable as the narrator. Also exceptional are Krysten Cummings who plays Mimi, a junkie stripper with a lot of heart, and Jai Rodriguez who plays Angel. Angel is a drag-queen who is dying of AIDS, and Rodriguez gives the role all he has and does a tremendous job in this, his first professional theatre role.

Luther Creek, however, gets his very own paragraph. Creek joined the Toronto cast after touring with *Rent* throughout America. You will not believe the voice on this kid! The memory of him and his voice in the show's final scene will haunt you long after you leave the theatre. His rendition of *One Song Glory* sets the standard for the entire show.

Creek doesn't carry the show alone however. He is merely one of the many, many elements that make Toronto's *Rent* such a tremendous production. But don't let some silly columnist or anyone else tell you what you really should discover for yourself. Go see *Rent*. You will not be disappointed.

Rent is playing at the Royal Alexandra Theatre, now through May, 1998.

What's On

December 11 - 17

Thursday

Rheostatics with Vitamin, Horseshoe Tavern, \$10/\$12.

Friday

Artificial Joy Club with Superhalo, Blanche, Lee's Palace, Free with non-perishable food donation.

Home Alone 3 opens everywhere.

Saturday

Big Rude Jake, Frato-Chief, Horseshoe Tavern, \$8.

Sunday

Silver Apples with Windy & Carl, Opera House, \$12.50.

Monday

Duran Duran with Al's Not Well, The Warehouse, \$34.50.

Tuesday

Sebastian Bach with THD, Dry, The Government, \$15.50.

Wednesday

Jane Siberry with Deanna Kirk, Trinity Centre, \$18.

Same story, different brat

BY COREY KEEGAN
Entertainment Reporter

If Macaulay Culkin and his lawyers are presently snorting cocaine off the breasts of a fourteen-year-old prostitute in the slums of Buenos Aires, I wonder if they have even heard about *Home Alone 3*.

I wonder if Macaulay is thinking, 'how can they be making another *Home Alone* movie without me?' But they did make a third *Home Alone* movie. And the fact remains, no matter if it's exactly the same plot as the first movie, the public never tires of watching guys get kicked in the crotch, especially when adorable little kids are involved. To that end, director Raja Gosnell, in his first feature film, spares no steel-toed anything. In fact, among the 24 booby traps, half-dozen penis jokes, and multitude of flaming or electrocuted butts, the audience will be pleased to witness some of the most well staged cannings since *Ooops ... It's My Dad!* appeared on *America's Funniest Home Videos*. Yes indeed, when one terrorist whacks another in the balls with a field hockey stick, you know the laughs are going to be uproarious.

The difference between the original *Home Alone* movie and the third are mini-

mal. Of course Culkin is out, and cutie-pie Alex D. Linz is in. Added to the mix is a top-secret computer chip, an alcoholic octogenarian, a handful of terrorists working for those pesky North Koreans, and some technology heavy, with McGyveresque, antipersonnel devices.

The laugh-a-minute pacing of the film could well entertain a six-to-12 year old you know while you shop for Christmas gifts. But before you buy popcorn, you might take a minute to explain the real consequences of dropping a running lawn mower on someone's head, or pushing someone out of a third floor window into a frozen swimming pool.

The only hopeful outcome of this film is that all those testicle bashings render the producers incapable of conceiving a *Home Alone 4*.



COURTESY PHOTO

Alex D. Linz plays Alex Pruitt in Fox's *Home Alone 3*.

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Barstools profit from Big Game

BY TREVOR HICKEY
Entertainment Reporter

Unlike Norm Peterson or Cliff Claven, the last two years for these Barstool Prophets have been a wild, woolly, beer soaked, blood-splattered adventure.

The Barstool Prophets are enjoying the recent release of their new wild and imaginative creation, *The Last of the Big Game Hunters*. This short and sweet album is full of solid rock blended riffs and melodies, with lyrics that continue to come from lead singer/songwriter Graham Greer's fertile imagination.

The rest of the Prophets include bassist Glen Forrester, guitarist Al Morier, and drummer Bobby Tamas. Their producer, also known as the fifth Barstool Prophet, is Joe Hardy, who works with the likes of ZZ Top, Tom Cochrane, and Colin James.

Despite their success, fans still want to know what the hell a Barstool Prophet is. "It's almost a Cliff Claven kind of thing. It's someone who sits in a bar and you happen to sit beside him and sort of spend the next two hours listening to his life story," Forrester said.

The band is without a doubt one of the most imaginative groups of musicians to ever produce an album. Their tales include anything from Commandos in the backyard to revenge fantasies, or from mob hits in Cornwall to UFOs. So where does this crazy imagination come from? "We sort of ask ourselves that question because it's not us that writes the lyrics, it's Graham that writes them," says Forrester and Tamas.

"He has a fertile imagination and gets a lot of his ideas from TV. I think anything that's weird, wacky, or wild is just Graham spouting off about what he sees

and most of it is a personal point of view," added Forrester.

The Prophets appreciate the importance of Greer's not-so-normal lyrics and say this has contributed to their success up to this point. "Anyone who does appreciate what we do has a pretty strong comment to make about the lyrics that Graham writes, so that is definitely a key factor for us," Tamas said.

When these creative geniuses were in high school, they started a little band called the Wallflowers. However, this was the time when Jakob Dylan's band of the same name made their first appearance. "We basically played cover songs when we were the Wallflowers. We put out a couple of tapes but when Dylan's Wallflowers came out, we changed our name just to avoid confusion, because we had a CD coming out," said Tamas.

Despite this little identity crisis, the band showed no ill-will towards Bob Dylan's son, but then who would? "There was some confusion, but they weren't that popular then so it wasn't a big deal. There was also a band in Vancouver called the Wallflowers and one in Montreal, so we thought it might be time to change our name," said Forrester.

So, with a new name, the band picked up and recorded an indie CD called *Deflowered*. Coincidence? "Now, that was a direct thing towards the Wallflowers," chuckled Tamas.

Greer then reportedly came out with a saying that he uses to explain himself to anyone who is interested in his wacky thoughts, "I will delve into my own feelings now and then, but I will disguise them as someone else's." Forrester said, "I think that pretty well explains kind of the way he is. That's where he comes from.

It's probably where he gets some weirder ideas. He doesn't say what he's feeling all of the time but he kind of says it through other songs."

Could it be that some of Greer's ideas are so crazy that he doesn't want anyone to know they're his? "That goes along with the whole third person thing in his songs. That's how he disguises it. Sometimes when he does draw from his own experiences ... people close to him might be offended. So there's a certain amount of disguising that he has to do," said Forrester.

The band is comfortable with the fact that Greer likes to write about some personal experiences, even if he disguises them a little. *Upside Down*, is one of the songs on the new album and is about what drugs will do to you if you're not careful. This dates all the way back to Greer's university days. "Going through university, Graham had a lot of friends that went through getting the worst end of the deal as far as their experiences with drugs went. There's a couple of guys in particular that stand out and have been in the past, and still are, the focus of a lot of his writing. And I think this is another one of those songs that is about drugs and the territory of the guy who got into it but couldn't get out of it," Tamas said.

The Barstool Prophets believe they are four guys who get along well and have fun and look forward to writing creative songs. "We always rely on Al to get an idea for a rock riff, and we would spice it up because Bobby and me handle most of the editing. We are always thinking about music. It's always exciting to sit in a room with the four of us with a blank slate and say we're gonna write a song," Forrester said.

New Year's options

BY MICHAEL STAFFORD
Entertainment Reporter

The winter break is upon us and you think finally the pressure is finished. Now who's being naive? With the winter break comes a new year, and with every new year comes a new pressure — what to do?

Just because we here at the *Humber Et Cetera* love each and every one of you, we have gone out and done the party research for you (so remember to thank us at four in the morning when you are lying face down in a parking lot, vomit encrusted on your new dancing shoes).

Unfortunately, Humber College's own beloved Caps will be closed on New Year's Eve, so everyone will have to find another bar to ensure that this won't be another in a series of failed attempts at a good time. Here are

a few suggestions:

Bamboo:

Either the Bamboo doesn't want you to go, or they have some zany no-free-advertising policy.

Club Shanghai:

What's Happening— Orange Alert with Blow Up Club, a packed night with eleven bands and four DJs.

Reason to Go— "Cuz this is the best party in town."

Horseshoe:

What's Happening— Royal Crowns record release party, and Ron Hawkins & Rusty Nails

Reason to Go— "If you gotta go out, you can go to a dance club and see a lot of pretentiousness, or you can come to the Horseshoe and just have a good time. It's fun."

Lee's Palace:

What's Happening— The Mahones rock the house Celtic

style

Reason to Go— "If you want to see a Celtic rock band for a reasonable price, then that's where you've got to go. If you want to pay \$85 to go to some cheesy dance club then don't go to Lee's."

Opera House:

What's Happening— *Titanic* (the big sunken ship) themed dance party, featuring Montreal's DJ Stephen Wallace. Tickets are \$25 in advance.

Reason to Go— "It's a gay thing."

Rivoli:

What's Happening— Corky and the Juice Pigs

Reason to Go— "Cuz the Rivoli is the best place in Toronto."

The 360:

What's Happening— Caution Jam CD release party.

Reason to Go— None given.

Et Cetera

December 11 - 17, 1997

A Diamond that shines

BY DEBORAH PATTISON
Entertainment Reporter

He's been there, he's done that, and he's written the song about it.

He's new country's newest star. A Canadian who's ready to take on the world. He's Julian Austin.

Austin, 34, a native of New Brunswick, is rising up the charts with hit songs like *Little Ol' Kisses* and *Diamond*.

Austin started early, writing songs when he was 13 and picking up a guitar at 15.

"I knew when I played my first chord that this was going to be something I was going to do for the rest of my life for as long as I could. It was something that just happened, and I'm glad it did."

The songs he writes now are about where he's been, and what he's done. In trouble since childhood, Austin said he was on a self-destructive road when he realized there was more to life than the bars he was leaving behind, and decided to lead his life down a different road.

"I'd just had enough of it. I was 27, I was going to die, I was on my way out really quick ... I said to myself 'You're pathetic, get it together, get your life back in order. Do something with your life.'"

Something turned out to be first, an independent CD, then after signing with BMG, his latest CD *What My Heart Already Knows*.

Austin opened for Michelle Wright last summer on her Canadian *Chevy Thunder '97 Tour*.

"It was a lot of fun. We did 43 dates in 47 days. I got to meet a lot of people, got to see a lot of my own country that I'd never seen before. You're on the road, in a different town every night," said Austin.

He's making his own rounds now, covering every inch of wherever he is. In the area last week, Austin made several appearances, including Toronto, Mississauga, Scarborough and Niagara Falls.

His success is being marked by the number of fans that follow his performances, as well as winning the "Rising Star" award at the Canadian Country Music Awards in September.

Austin said he wasn't really expecting to win, "until everyone kept drilling it in my head all weekend long: 'You're gonna take it, You're gonna take it.' I didn't know. Especially for myself, only just getting into my second song in the album at the time, not really (expecting to win). I wanted to win it."

His success, however, doesn't seem to have sunk in yet.

"I don't see it. Nothing's changed for me. I'm still doing the same thing I've done all my life. It's just I'm doing a lot more of it. Nothing's hit me where I've just said 'Wow, this is starting to take off, this is happening.' I think other people see it more than myself."

"I have weird ways of measuring success, I guess. I (appeared on) Dini Petty, Pamela Wallin.

It's the little things. It's not the money. I said to my bass player on the bus, 'Isn't it funny, in '91 I was sitting in a jail cell and in '97 I'm sitting in the living room of my own tour bus.'"

When asked what he thought contributed to his success, Austin said simply, "I'm the real deal. I've been there, done that, worn them boots. I'm not a cookie cutout, that's for sure. It's what's going to make me ... or break me, either way."

Talking of going on tour soon, Austin said it was time to take a break from bar appearances.

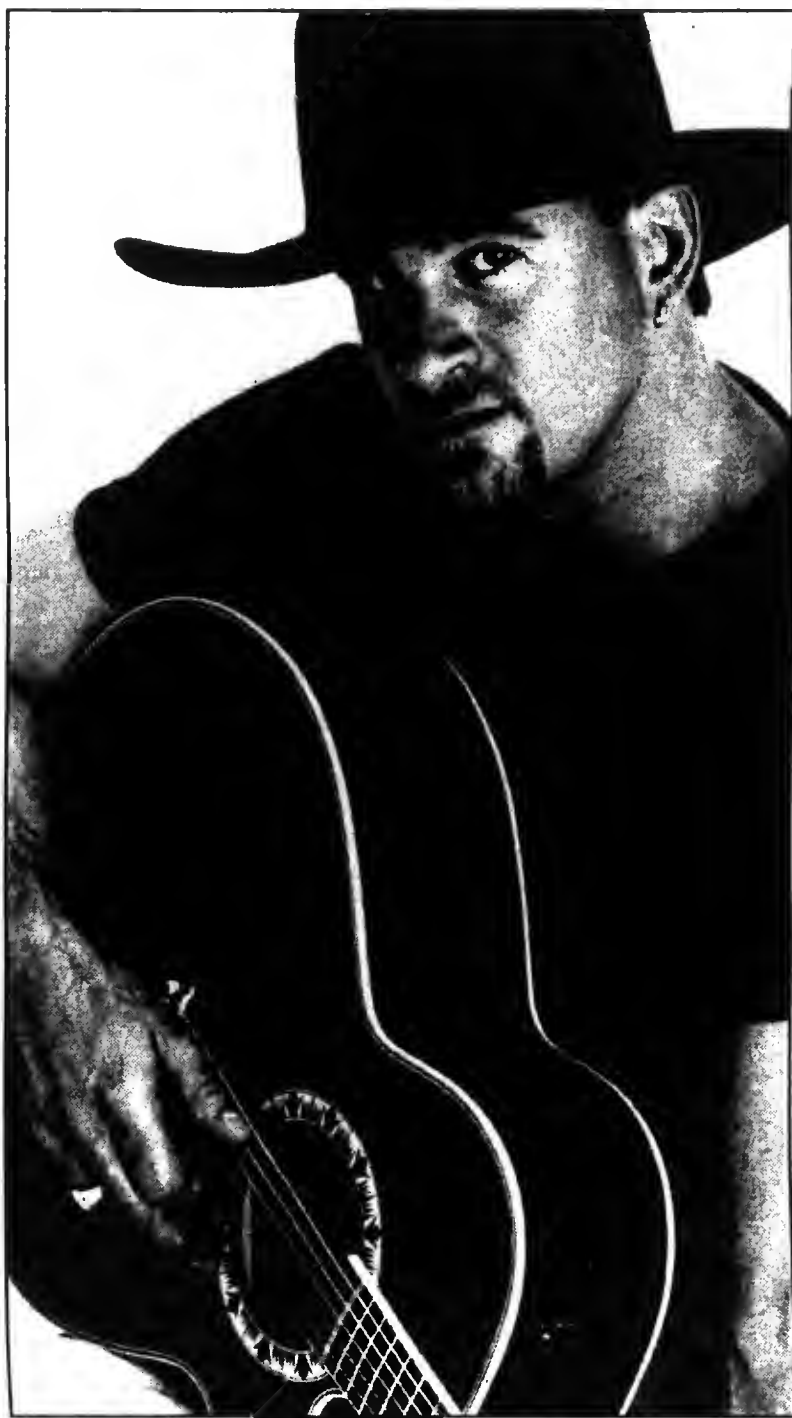
"I've done (the bars). It's time to do a little touring. This summer was great. The fans make it, you look out and can't see where they end, and that's when you say 'Wow.'"

For now, Austin is happy with the way things are going and has one simple wish: "I hope it's true that there's a hell and a heaven, and (Dad's) gone to heaven and can see what I'm doing, what I've made of myself."

His next release is a remake of a classic known to everyone, *Two Out of Three Ain't Bad* by Meatloaf.

"I thought Keith (Porteous, BMG Music) was crazy at first," Austin said of recording the song. "If it goes bad, you're the one going to be known as the one who messed up a classic. We took it in a totally different direction, I'm happy with the way it ended up. I'm glad we did it."

So are the rest of us.



COURTESY PHOTO

He's gonna see his name up in neon lights shining like a star on stage ...

ON DISC

REVIEWS BY MICHAEL STAFFORD
ENTERTAINMENT REPORTER

Master P — Ghetto D

It's the music on this album that stands out as most impressive. Variety is the key throughout the 19 tracks. Some tracks have break beats, some are slow and soulful. The bottom line is it is all funky.

Sam Salter— It's On Tonight

A sharply dressed man, a shiny black car, a woman in a silky black dress, if one were to judge by the cover, one might assume this is a soul record. And one would be right ... in a way. The thing is, this is a '90s commercial soul album, which is to say it doesn't have any. At least I need never again wonder what Mr. Salter will be doing with his evenings.

Gravediggaz—The Pick, The Sickle and the Shovel

Impressive rapping over simple beats and some interesting music. Overall, a highly enjoyable album, although the lack of variety does make it tired by the end of the hour. Fans of Wu-Tang style rapping should enjoy the aggressive vocal style. Play it loud!

Rappin' 4Tay — 4Tha Hard Way

Rappin' 4Tay desperately wants you to know just how bad he is. So do I. He's terrible. Unless this album is a 70 minute joke (and I'm talking about a thorough satire) I would suggest that his 4Tay is actually spewing cliches.

Spice 1—The Black Bossalini

... Speaking of cliches: tales of player-hating, everyone is a nigga or a bitch, songs with titles like *I'm High*, a guest appearance by Ice T. These are a few of the more boring things. He knows you "love (his) dick cuz it's in your mouth". And to think that the money that went into producing this album could have gone towards buying this man a book.

The Alkoholiks — Likwidation

A strong sense of humor. Both skits throughout the album and the quirky lyrics carry this album. Fun party music intended for loud volumes. Guest appearances include Keith Murray, LL Cool J, and Ol' Dirty Bastard.

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Catherine Wheel's a guy thing

BY LISA RAINFORD
Entertainment Reporter

British band Catherine Wheel may still be striving for worldwide acknowledgement, but in Canada their fans know how to appreciate good music.

Brian Futter, the band's guitarist, said Canada is probably their most successful country to date.

"It has become clearer to me in the last year or two that our audiences are listeners," Futter said. "That's the common thread ... They're not just there to jump around."

He said he hates it when a band is playing a slower, more quiet song and people are body surfing.

"They're not taking it seriously. People don't do that at our gigs. They give the music the credit it's worth and act accordingly."

The release last year of *Like Cats and Dogs*, an album of b-sides, gave insight into what the band wanted to accomplish with their newest release *Adam&Eve*. Futter said their album of b-sides

was just an eclectic combination of songs.

"Anything we liked, we recorded. It made for a confusing listen. The first four songs were heavy rock songs. If you listened to our record for the first time, you'd think 'I know exactly what this record's like' but there's a lot of stuff afterward. A lot of ambient stuff was lost because of the running order."

Adam&Eve is a complete listen. There is a coherence to the songs and a musical thread that goes all the way through.

Catherine Wheel wanted to make a more concise record that listeners would feel compelled to stick with all the way through, so the band devised ways of using different instrumentation and let songs drift into each other to keep listeners glued. Describing their music is something they admit they have never been able to do. Futter said that it's something that's not natural, or happy.

"It cuts a fine line between taken seriously and not taken too seriously."

With the new album, the band would like to do more touring.

With their previous album *Happy Days*, Catherine Wheel toured mostly the U.S., but the band would like to go to Asia, and Europe.

"We just played on the biggest TV show in England, so hopefully we can (perform) more there as well as playing more in Canada."

Catherine Wheel's success in Canada and the U.S. has been almost by accident. They got out of England as a place to play when "the Brit pop thing" exploded.

"If we had stayed in England, we would have been killed off. We would have been constantly trying to keep up with the trends and it would have ruined us musically."

After concentrating on North America for about four years, real success at home has eluded the band, but Britpop is slowly fading and the door is opening for Catherine Wheel.

"I know making it in Britain would be great, but if my fingers were chopped off tomorrow, I'd be satisfied we'd done the best with our career."



COURTESY PHOTO
Catherine Wheel plays a sold out show at the Warehouse on December 14.

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Humber serves up jazz

BY ANDERSON KHAN
Entertainment Reporter

Toronto's future stars were in the spotlight last Wednesday at Humber College's annual Fall Showcase of the Jazz Studies program at Lakeshore campus.

Friends and family of the performers were on hand to experience the well-organized and well-performed show.

A very gracious and enthusiastic audience applauded the performers many times throughout the performances, especially after soloists were highlighted.

The evening was filled with Humber's jazz students' renditions of classical jazz tunes. The only exception was *The Blue Jackets*, led by teacher Dave Stillwell, who performed more rhythm and blues material, including songs by Stevie Wonder and Barbra Streisand. Joel Joseph, a tenor sax student, says there aren't enough of these showcases.

"There should be at least two, maybe three showcases a semester. The showcases also need to be publicized more than they are for bigger audiences," Joseph said.

Humber's jazz students used to put on showcases six times a year, that number has been cut down to one per semester.

Last year, Humber music instructor Don Thompson ran a program called *Masters of Composition*. Students of the program performed every week in the lounge at Lakeshore campus.

Unfortunately, Thompson's program didn't go this year, but students made up for it by putting on great shows such as last Wednesday's Fall Showcase.

The show featured vocalists led by Humber's head of the vocal department Lisa Martinelli, as well as music from Dave Stillwell's *Blue Jackets*, Pat Labarbera's *Jazz Combo* and a set performed by *Big Band 1*, led by Al Kay, Humber's head of the

brass department.

According to third-year piano student Brian DeLima, this year's Fall Showcase received the Jazz program's best response yet.

"The first two years I was here, the showcases were pretty quiet. I was surprised at the turnout we got this year," DeLima said.

The showcase allows the jazz students to do what they do best in front of audiences, and DeLima says this is a very important element of the program.

"Performing in front of your peers is fine, but the showcases provide real audiences and if we want to do this for a living, there isn't a better way to test our musicianship."

Look out for the Spring Showcase happening April 8 at Lakeshore campus.



PHOTO BY ANDERSON KHAN
Humber jazzes up the crowd during a performance at Lakeshores Fall Showcase.

Et Cetera Sports

Women's basketball trashes Durham Hawks' Christmas wish list includes competition

BY ERIKA FORD
Sports Reporter

Dear Santa:
All we want for Christmas is some competition. Please. Love,

- the Humber Women's Basketball Team

Okay, so the letter isn't on its way to the North Pole, but maybe it should be.



PHOTO BY ERIKA FORD

Durham prays to survive, while the Hawks look for a higher power to give them some competition.

In their fourth regular season game, the Hawks beat the Durham Lords by a score of 88-29.

Excluding tournaments and exhibition games, the Hawks have beaten their opponents by an average of 46 points.

The rematch of last year's OCAA championship game with the Lords was sweet revenge for some Humber players.

"It feels good to beat them on their home court by a lot," forward Amy Lewis said.

Durham's first seven possessions ended in turn-overs, leading to Humber baskets. The first half was all Humber scoring runs, interrupted occasionally by Durham baskets.

The first few minutes of the second half looked like the Hawks were running a practice in rebounding, out-letting and lay-ups. The team ran through their offences and practised vicious defence.

Once again, everyone on the team scored. Missy McCutcheon led the way with 18, Aman Hasebenebi had 14, Tina Botterill had 13, and Tanya Sadler had 12.

So with old foes destroyed, and teams around the league trying to maintain dignity, what does the future hold for the Hawks?

In one word: Seneca.

"They don't have talent like us, but they're athletic," assistant coach Denise Perrier said. "We see them at the end of January. It should be good."

In addition to the regular season game, Seneca also hosts a tournament at the beginning of the new year which may test the Hawks. Until then, the team continues to work on defence.

"Every team has a chance. We can get beaten at any time. Being number one doesn't mean we don't have to show up. We have to prove ourselves every game," rookie Nicole McLean said.

Co-captain Aman Hasebenebi knows her team is up for any challenge.

"There's nothing from

them (Seneca) we can't really handle. We can cover every aspect of them, we're really consistent and strong," Hasebenebi said.

The Hawks travel to Niagara on Friday, then they play in the Seneca tournament in January.

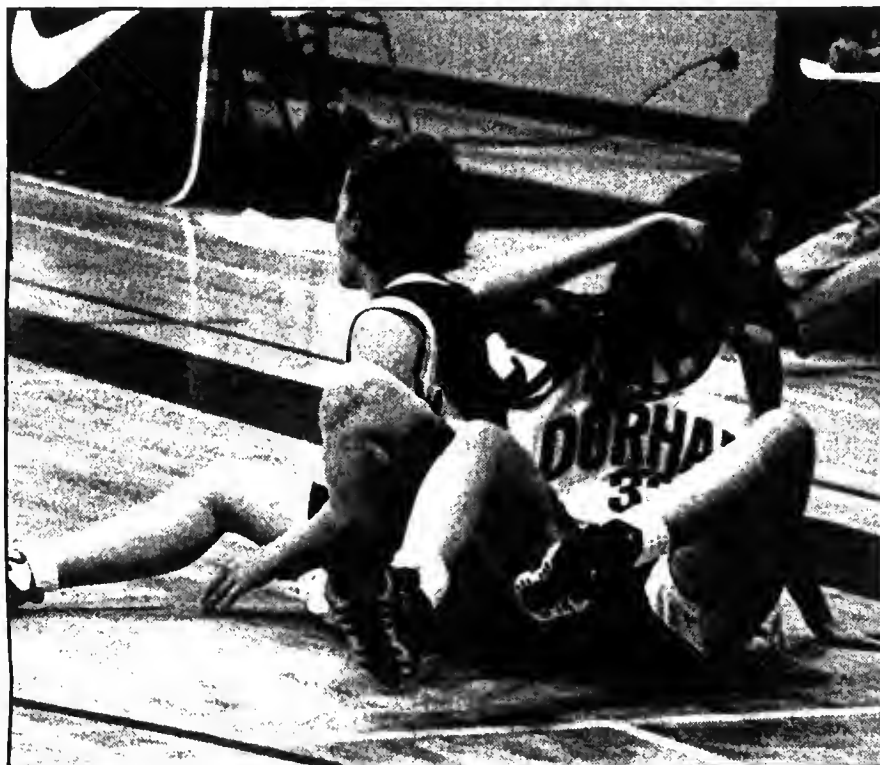


PHOTO BY ERIKA FORD

All hopes come crashing down for Durham, as the Hawks go on to win 88-29.

Time for Athletics to tighten belt Athletic Director may have to cut teams for budget

BY TERRY BAAK
Sports Reporter

Humber College is paying the price for being among the best.

Combine the successful play-offs of the men's and women's soccer teams, and the championship won by the golf team with the ever shrinking athletic budget, and you barely have enough money to go around.

"It's hard to run things with the present budget that is in place. The better the teams are, the less money we have to go around," said Doug Fox, Humber's Athletic Director.

Fox said he will have to trim some of the expenses that each team has, so all of the teams will be able to play, and still keep inside the budget.

There have been many costs this year that have depleted the budget.

Several of the teams had to have new jerseys, because the old ones were either worn out or missing.

Then there was the success of the soccer teams which had to be bused to Redeemer, then Windsor, and finally to Oshawa, during their elongated playoff drives.

To combat the lack of money, Fox plans to make small cuts to

each of the sports that are left for this year.

He said the school will provide less money for the \$5 per meal allowance that they have now, and possibly reduce the number of tournaments for some sports.

"They can find other ways to raise money than to make cuts, people are just lazy."

- Natalie Jones

In years past, the athletic department has bought team jackets for the players on the four major sports, but this year the team members themselves will have to fundraise to get the money for the jackets.

Fox hopes that the fundraisers will build a link between the players.

"I hope it will build spirit and a bond between the players," Fox said.

Members of some of the sports teams at the school have been left with a mixed reaction.

Mike Page, a hockey player at Humber, said that if they don't have the money, then they should cut it back equally.

Natalie Jones, a member of Humber's women's soccer team was upset over the idea that the sports teams' budget may get cut somewhat.

"They can find other ways to raise money than to make cuts, people are just lazy," she said.

Fox added that he will wait until the end of the year to see if any sports need to be cut, but he said that he doesn't think there will be.

"I will look at the possibility of that at the end of the year. I don't want to cut any sports, and I don't think we have to," Fox said.




FILE PHOTO

Doug Fox is preparing for the worst, but hopes for the best.

Athletes of the Week

In the Hawks Nest


Female: Christine Rudics



For her continued excellence as a member of the women's volleyball team, Christine has been named an Athlete of the Week.

A third-year player, she is currently leading the league in total kills with 69.

Male: Silvio Carta



Rookie Hawk, Silvio, was named Athlete of the Week, for his outstanding play in games against Windsor, where he scored 11 points and against U of T where he got 14.

A guard, Silvio, leads the team in three-point shooting.

Rushing to the X-treme

BY SHAWN GIBSON
Sports Reporter

Baseball, hockey, football and basketball all have a long line of traditions and legends.

But extreme sports don't have out of bounds, time outs, or striking athletes.

Cycling on rough terrain, snowboarding down an icy mountain, rollerblading over ramps and obstacles are all part of extreme sports.

Extreme sports are supposed to be an adventure, and according to Yvon Chouinard, the founder of Black Diamond gear and Patagonia sportswear, they must meet four criteria.

"It must occur in a new setting for the participant, the outcome must be unpredictable, it must involve a high level of physical exertion, and the risk of grave serious injury or death must be real."

As dangerous as these sports can be, Toronto has not experienced very many serious injuries.

Jason Brown, a 24-year-old salesman at Boardsports [if the sport includes a board, they've got it], admits that he has seen injury but nothing too serious.

"As long as people do things the right way, the chance of them getting really hurt or dying is slim. That's why stores like ours

sell top notch equipment and are also there to assist anyone with questions."

"Once you're hurtling through the air and freefalling, all the money is worth the rush."

- Jeff King

However, as with all sports, commercialization has gotten involved. Not only have Nike, Gatorade, Taco Bell and Mountain Dew entered this innovative form of athletics, but the sport seems to have acquired its own fashion.

"It's really about simple stuff," Brown said. "The colors are all natural, outdoorsy-like. O'Neil is very popular with the athletes. They wear jackets that do everything from come up in the winter to bundle up in the winter. Looking cool isn't as cool as it used to be."

With advertising and sponsors, come events. ESPN hosted the Inaugural ESPN Winter X Games last January 30 to February 2. One hundred and fifty men and women travelled to California to

compete in challenges like snowboarding, ice climbing and snow mountain bike racing. There is more than \$200,000 to be won in these contests. But to get into these events, it costs a lot of money. To be a 'professional extremer' you must have a lot of paid lessons as well as all the safety equipment required.

Humber Athletic staff member Jeff King enjoys skydiving and says that it is quite expensive, yet worth the rush.

"It costs \$45 for every ten thousand feet," King said. "The lessons will lighten up your pockets as well. The thing is, although it is expensive, once you're hurtling through the air and freefalling, all the money is worth the rush. It's the ultimate natural rush."

For those people who want to stay closer to the ground, Rampage is 15,000 square feet of ramps, bars and other potentially dangerous obstacles that, for \$13, will host all the extreme BMXers and boarders they can. Rampage has a retail store for those interested in extreme clothes.

It may be dangerous, but in a world full of egos, high paid athletes and heartbreaks, extreme sports is full of non-conformist athletes who just want to have fun.

FROM THE MOUTHS OF THE MASTERS

"I couldn't tell if the streaker was a man or a woman because it had a bag on its head." - YOGI BERRA

"If you train hard, you'll not only be hard, you'll be hard to beat." - HERSCHEL WALKER

"These programs are set up to suit the students' availability. It seems they aren't available." - Assistant Athletic Director Jim Bialek
"I really lack the confidence to compliment myself." - ALBERTO TOMBA

"The good thing about this team is that I trust all the players, including the rookies." - HUMBER SOCCER PLAYER TERRENCE CAMPBELL

"Slump? I ain't in no slump. I just ain't hittin'." - YOGI BERRA

"I learned that if you want to make it bad enough, no matter how bad it is, you can make it." - GALE SAYERS

"I've been told to be a little more greedy." - SOCCER PLAYER ROHAN WATSON

"It's like wrestling a gorilla. You don't quit when you're tired - you quit when the gorilla's tired." - ROBERT STRAUSS

"It takes a lot of dedication to be on this team. It's not all fun and socializing." - VOLLEYBALL COACH DAVE HOOD

"Nobody climbs mountains for scientific reasons. Science is used to raise money for the expeditions, but you really climb for the hell of it." - SIR EDMUND HILLARY

"We weren't happy how it ended." - HUMBER ASSISTANT HOCKEY COACH TREVOR McLAUGHLIN

"You can observe a lot just by watchin'." - YOGI BERRA

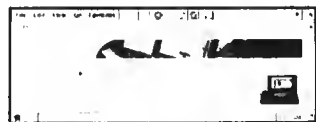
"Anyone who is six-foot-six, and wants to try out, definitely. I can teach them how to pass, how to set, but I can't teach someone how to be six-foot-six." - VOLLEYBALL COACH, WAYNE WILKINS

"It was a good game. They [the Hawks] beat us the year before, and they beat us the year before that. It was nice." - ALUMNI

PLAYER BRIAN ALEXANDER

"It ain't over, til it's over." - YOGI BERRA

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Et Cetera

December 11 - 17, 1997

Weekend games produce zero wins

BY MARK SUBRYAN
Sports Reporter

The Humber Hawks played their toughest week of the season and failed to register a win.

The men's basketball team is coming off a week that saw them play in the Can-Am Tournament, and games against Daemen College of Buffalo, Durham College, and the University of Toronto.

It is not a case of the Hawks being a bad team, it's a case of the six teams that they played against just being better.

Last Friday, the opposition was Durham the number one team in the country.

The Hawks were destroyed by a 91-64 score in front of a boisterous Durham crowd. The Lords, last season's national champions, lost Augusto Duquesne, the scourge of the Hawks last year, but added Christian Currie, who has picked up where Duquesne left off.



PHOTO BY MARK SUBRYAN

Humber took on the U of T Blues in an exhibition game and lost.

Currie shot well from all over the court and made the Hawks pay for their mistakes.

The only bright spot was the team picked up the pace in the second half, scoring 37 points.

"We were unbalanced," coach Mike Katz said. "They were bigger and stronger than we were. Our effort was better in the second half."

With the loss, the Hawks fall to 2-1 on the season.

The Hawks were missing some key starters from their line up.

"Wayne [Fairclough] wasn't here," Katz said. "James [Ashbaugh] is down and maybe gone for the season. By January, we'll have some able-bodies back in our lineup and should be all right by then."

Veteran Hawk Greg Grant made his presence known by contributing both offensively and defensively.

Grant had been out for most of the preseason and the regular season due to injuries.

The next evening, things did not get any easier for the Hawks as they took on the University of Toronto Blues in an exhibition game as part of the Humber High School Tournament.

This one was closer, but the result was the same, the Hawks suffered another loss. This time the score was 88-82.

The team played better against the Blues than they did against Durham. They executed their offensive and defensive patterns but U of T's height

was too much for the Hawks.

"Their height killed us early," said Dave De'Aveiro, Humber's assistant coach. "I think we competed very well against U of T."

Rowan Beckford continued his strong comeback from a knee injury.

He scored Humber's first eight points en route to scoring 15 for the game.

The other high scorers for the Hawks were player-of-the-game Al St. Louis with 23 points, Jeremy Murray pumped in 18 points, and Silvio Carta had 14.

The team played very aggressive defence in the second quarter.

According to De'Aveiro, the team abandoned its zone defence and went to a man-to-man defence which proved to be effective against the Blues.

The Hawks showed great resilience by bouncing back from large deficits to either tie or take the lead on a few occasions.

"This showed that our team doesn't back down," De'Aveiro said. "We won't give up easily and we're going to win the close games if we continue to play like this."

Murray, a veteran leader of this team, was not as optimistic as his coach.

"Although we competed tonight, we weren't aggressive," Murray said. "We need to work on our killer instinct. When we get the lead we have to keep the lead."

Murray said the team needs to be more consistent. "Our defence plays well for five minutes, then we go slack for two minutes."

In the last week, the team went on a six game losing streak. The only good news, as far as their record is concerned, is that only one of the losses, the Durham game, counts in the regular season standings.

The team will end its first semester on December 12, in Niagara, play a Christmas tournament at Centennial College from

December 27 to 29, and resume the new year with a game on January 7, on the road at Georgian.



PHOTO BY MARK SUBRYAN

In another losing effort to Durham, the men's basketball team fell to 2-1 for the season.

Et Cetera

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Et Cetera staff

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a safe
holidays



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Who will conquer the world in France?

By CHERYL WAUGH
Sports Reporter

Ah, Paris in the summertime. Romance, Le Champs de l'Élysée, fashion, and tackles on the field at St. Denis.

Yes, tackles on the field at St. Denis, and the fields of Montpellier, and Bordeaux, and about seven other places in and around the beautiful countryside of France. It's World Cup '98, and it's a mere six months away from starting.

Exactly one week ago today, the World Cup draw took place in Marseille, France, grouping the teams, and setting the stage for the June 10 opening.

After a record 172 countries participated in the eliminating matches, the 32 surviving teams will have the privilege of watching Brazil walk away with their second consecutive cup.

The one surprise of the pre-tournament hype is that Brazil is only a 3-1 favorite to win the cup. With Romário and Ronaldo creating defensive nightmares for opposing teams, Brazil will dance their way to their fifth cup win.

Not that there won't be any challenges along the way. Brazil will probably have to play both Spain and Argentina if they expect to win the cup. If one of those teams can provide the upset, it'll be Spain. The Spaniards are talented and are led by Javier Clemente, one of the most successful and longest serving coaches in world soccer. If they do meet, expect a tough, yet elegant, game. Both teams rely on speed and footwork to get the job done.

Another interesting match up is the controversial Iran versus U.S. game because of the adver-

sarial political history they share. It will mean nothing in the standings though. Both are going home early.

The new lottery format used by FIFA for the World Cup draw caters to the top teams. It pretty much guarantees that the top



COURTESY PHOTO
32 countries will travel to France this summer to play for The World Cup.

eight teams in the world will at least get to the second round.

FIFA now uses a ranking system. They seed the (supposedly) top eight teams, placing each into their own division, with the other 28 placed by lottery.

The eight seeds, with the FIFA rankings in brackets, are; Brazil (1), Italy (10), France (7), Spain

(3), Netherlands (12), Germany (2), Romania (5) and Argentina (19).

Expect each of these teams to win their grouping. Going along with them into the second round will be Scotland, Denmark, South Korea, England, Austria, Nigeria, Yugoslavia and Croatia, or Japan.

And out of these 16 teams, the final four will be, Brazil v Argentina, and Italy v Germany. That's right, Italy will be in the final four. You heard it here first folks. The only good team the Italians will meet on their way to the semis will be France. Say 'au revoir' to the Frenchmen in the quarters.

Germany is Germany. They'll march their way to the semis using their dominating defence, and on-field discipline to their advantage. Think of the Germans as soccer's version of the New Jersey Devils, boring but effective.

Argentina is the long shot. They should have no problems getting by the English, but will have to play the survivor of the highly anticipated Yugoslavia-Netherlands game. Either one, Yugoslavia or the Netherlands, is capable of beating Argentina. But Argentina has the upper-hand in preparation and on-field chemistry. If the Netherlands ever get their players to co-operate as a team, they could challenge Brazil. As it is though, they'll beat Yugoslavia and then lose to the Argentines.

Brazil will then take Germany in the final, 2-0, to win the 1998 World Cup.

Start your betting folks and remember, I get 10 per cent of all winnings, and absolution from all loses.

Vive La France!

Super Bowl quest begins

By JOHN CHICK
Sports Reporter

Usually by this point in the NFL season, there are one or two clear cut Super Bowl favorites.

Starting with the NFC West, the 49ers have been overpowering all season despite losing Jerry Rice on opening day. Rice should be back for the postseason and running back Garrison Hearst should also be back for the playoffs.

Green Bay leads a crowded field in the NFC Central, and if they can somehow finish with a better record than the Niners, they'll have the huge home field advantage of Lambeau Field in January.

The most interesting division in football this year has been the NFC East, where the Cowboys have free-fallen to the pleasure of many. If they win their two remaining games they make it in.

Over in the AFC, it will be a dogfight for first in the East between New England and Miami. New England still has

the same offensive firepower they had last year, but they have struggled defensively. The Dolphins signed troubled running back Lawrence Phillips to beef up their ground game around Dan Marino.

In the AFC Central, Pittsburgh proved their worth with a huge 35-28 win Sunday over Denver. Unlike the past few seasons, the Steelers are relying more on offence this year with the bruising running style of Jerome "the bus" Bettis and quarterback Kordell Stewart.

Finally, the AFC West right now contains the two best teams in the NFL. Kansas City and Denver are now tied for first place with 11-3 records.

The Chiefs have been somewhat of a surprise this year. The Broncos, on the other hand, have played brilliant offensively with John Elway and Terrell Davis at running back. Their defence however, is not an overpowering one, proven last weekend in Pittsburgh.

Anything may be possible this January.

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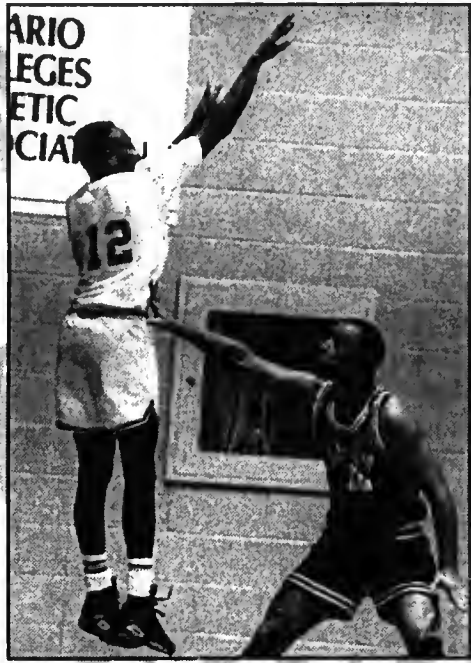


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HUMBER'S FIVE GREATEST SPORTING MOMENTS



1991 MEN'S OCAA BASKETBALL FINAL VS. SHERIDAN

The Humber-Sheridan rivalry had been heating up with Sheridan defeating Humber in the final during the '89 and '90 seasons. Sheridan looked poised for an OCAA three-peat in the 1991 final, leading Humber 61-39 with only ten minutes remaining.

"Both teams knew that we were the top two teams in the country at that time," Fox said. "The only teams we had lost to were each other." Both teams had split their four games against one another that season by very close margins.

"On that particular day, Sheridan was playing outstanding basketball and we were playing horribly," Fox said. "It was so incredibly depressing and humbling that they were so much better than us when it really counted."

However with ten minutes left, Humber started their comeback. "We hit just about every shot possible including a three-pointer that was about ten feet behind the line," Fox said.

The game ended when all-star Patrick Rhodd hit an 18-foot jump-shot with two seconds left to win the game.

"That shot is still talked about to this day," Fox said.



1989 MEN'S NATIONAL HOCKEY CHAMPIONSHIP FINAL

The Humber College Men's hockey team battled the Northern Alberta Institute of Technology in a best two-out-of-three series for the National Championship during the 1989/90 season.

The series was a long and grueling affair and needed overtime to decide the winner in two of the three games. Fox described the series as "probably the most memorable series I have ever seen."

In the first game, the Humber Hawks were defeated in triple overtime by a score of 2-1. They bounced back to win game two by a 2-1 score, but were then finally defeated 3-2 in double overtime in the final game.

"The players were absolutely exhausted after the last game," Fox said. "And of course it was a lousy goal that won it, as often happens. It was such a long and draining game and emotions were so high for so long, that we were all physically and mentally exhausted by the end."

BY JEFF HEATHERINGTON

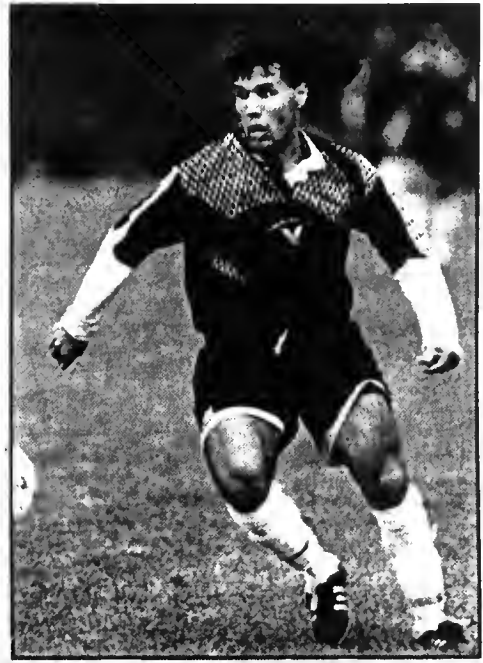
Sports Reporter

If there is one thing that Director of Humber Athletics Doug Fox wants to make sure of, it's that his athletes get to be a winner sometime during their college career.

"I don't like anybody going through a four-year career and not winning anything," Fox said.

"I feel as happy as the players do when we win a championship."

Here are the top five moments in Humber sports history according to Doug Fox.



1994 MEN'S OCAA SOCCER CHAMPIONSHIP

The Humber men's soccer team had reached the OCAA final three years in a row and lost. Their fourth time out featured a group of athletes who were poised and ready to win.

The game started with a couple of bad breaks and Humber found themselves trailing 2-0 with only 10 minutes remaining in the game.

If the Humber players and fans were content with finishing second, they forgot to tell freshman star Adolfo Mella.

"After watching Mella play for two or three games we knew he was something special," Fox said. "He provided excitement like no other. You never knew when or where he was going to score from. He just had an innate ability to put the ball in the net."

With 10 minutes remaining in the game, Mella took a pass from about 20 yards out with his back to the net and did a roundhouse-sidekick. The ball flew into the top corner of the net.

Next time down the field, after making a great move, Mella was tripped inside the box and scored on the penalty shot. Then, with about a minute to go, he hit a shot from about 30 yards out that sailed into the top corner.

"I couldn't believe that we had been able to come back after being two goals down," Fox said. "I remember jumping up and down in the freezing cold while the players were doing cartwheels."



1991 MEN'S BASKETBALL TEAM NATIONAL CHAMPIONS

The men's basketball team had been to the OCAA finals the previous four years with Doug Fox as the coach.

"When we won the OCAAs that year, I thought that it would be the greatest moment, but when we went on to win the nationals the emotions were overwhelming," Fox said. "We had the feeling that we had finally accomplished our ultimate goal and what I was originally hired to do as a coach. It was an accumulation of about 10 years of work."

The team was led by players like Fitzroy Lightbody (tournament MVP), Larry McNeil, Patrick Rhodd (three-time All-Canadian and three-time Humber MVP) and Tony Carvalho who lit up the floor with 12 consecutive baskets in the final game.

The team had to overcome playing in front of their opponents' (Briercrest College) boisterous crowd in British Columbia.

"It was the first time I felt rewarded for all the hard work. It was a tough tournament and we played three great games," Fox said. "Many of the players were in their last year so it was a sense of relief knowing that they were going out winners."

HONORABLE MENTION 1993 RETIREMENT NIGHT

The jerseys of graduates Patrick Rhodd, Denise Perrier and Denise Cummings were all retired at an emotional ceremony in front of a large crowd in Humber's gym.



1993 WOMEN'S BASKETBALL TEAM PROVINCIAL CHAMPIONS

It took three years for the women's basketball team to win the OCAA championship under their new high-profile coach Jim Henderson, but it finally happened in 1993 at George Brown College.

The team's nucleus consisted of Denise Perrier (an All-Canadian), Denise Cummings and Tara Petrachenko (now coaching the women's team at Niagara College).

"They were a special group of individuals who really should have won it the year before," Fox said. "So when they finally won it, the tears of joy were also tears of relief. It was another group of veterans that needed to win."

LAYOUT BY VINCE VERSACE

Et Cetera

December 11 - 17, 1997



The Last Word



CRUSTY SANTA STRIKES AGAIN

NICE

BUMALICIOUS

THIS NEW SOFT AND EXTRA CHEWY ASS-SHAPED GUM FILLS YOUR TASTE BUDS AS THE LIQUID CENTRE GUSHES OUT WHEN YOU CHEW.

RETCH-A-SKETCH

THIS IS A DEFINITE WINNER. THEY'LL GO FLYING OFF THE SHELVES. RETCH-A-SKETCH IS FUN FOR THE WHOLE FAMILY. THE CONCEPT IS SIMPLE. THROW UP ON THE SLATE AND USE THE HANDY HORIZONTAL AND VERTICAL KNOBS TO MAKE DESIGNS WITH YOUR OWN PUKE. OOOOHH, IS THAT A CAT I SEE? LOOK, I CAN MAKE IT LOOK LIKE THE CAT IS EATING THE PIZZA I ATE FOR LUNCH. YUM, YUM GIMME SOME.

FISHER PRICE'S MY FIRST STAPLE GUN

WHAT JOY YOU WILL HAVE WATCHING YOUR CHILD/COUSIN/NEPHEW HELPING OUT AROUND THE HOUSE. THIS GUN IS FULLY EQUIPPED AND CAN LAUNCH STAPLES UP TO FIFTY FEET AT TREMENDOUS SPEEDS. A GREAT WAY TO CHANNEL A CHILD'S FRUSTRATION INTO BUILDING SOMETHING PRODUCTIVE. STAPLES NOT INCLUDED.

PYLON PENIS

THIS FUN, INTERACTIVE AND INEXPENSIVE GAME IS A MUST. SIMPLY TAKE A PYLON FROM ANY CONSTRUCTION OR WORK SITE. GATHER IN A CIRCLE AND JUMP ON THE PYLON UNTIL IT HAS BEEN FLATTENED. THEN, WATCH IN AWE AND EXCITEMENT AS THE PYLON SLOWLY BECOMES ERECT. STRONGLY RECOMMENDED FOR FAMILY GATHERINGS.

STRANGLE-ME-ELMO

NO LONGER IS THE CUTE HAIR BALL FROM SESAME STREET. IF YOU THINK PEOPLE WENT CRAZY OVER TICKLE-ME-ELMO, THINK AGAIN. THE MADNESS HAS JUST BEGUN. THIS IS HOW IT WORKS. PULL THE STRING BEHIND ELMO'S NECK AND WATCH AS ELMO STRUGGLES TO FREE HIMSELF FROM THE CRUSHING FORCE OF THE NOOSE. ELMO AIN'T LAUGHING, BUT HE SURE CAN DANCE.

STRAWBERRY SHITFACED

REMEMBER THAT CUTE RED HEAD WITH THE HUGE CRANIUM THAT SMELLED LIKE STRAWBERRIES. WELL TIMES HAVE CHANGED AND THINGS HAVEN'T BEEN GOING TOO WELL SINCE HER STARDOM ENDED. OUR FAVORITE BERRY GIRL HAS HIT ROCK BOTTOM. SHE NOW SMELLS LIKE GIN AND VOMIT.

FRISK

NO, THIS ISN'T A BREATH MINT. IT'S THE NEW INTERACTIVE GAME THAT EVERYONE IS GOING CRAZY ABOUT. THE GOAL OF THE GAME IS TO CONQUER THE OTHER PLAYER'S BODY. SIMPLY HIDE OBJECTS ON YOUR PERSON AND TRY NOT TO HAVE THEM DISCOVERED IN VARIOUS WACKY FRISKING SCENARIOS. SITUATIONS INCLUDE: STEALING AN ASHTRAY, GLASS, PITCHER, OR POOL TABLE FROM CAPS; SMUGGLING BOOZE OR DRUG DEALERS INTO RESIDENCE; HIDING CIGARETTES OR CONDOMS FROM SOMEONE ON THE PHOENIX DANCE FLOOR. GREAT FUN FOR ANYONE WITH ROAMING HANDS.

PAINT-BY-NUMBERS PORNOGRAPHIC ART

IF YOU CAN'T AFFORD EXPENSIVE GIFTS AND YOU KNOW SOMEONE WHO LOVES TO PAINT THIS IS A GREAT GIFT. THE PAINT-BY-NUMBERS FORMAT IS EASY TO USE AND GREAT FUN. ALSO GOOD FOR MAKING MONEY IF YOU WANT TO SELL THE FINISHED PRODUCT.

HUNGRY HUNGRY HERPES

GIVE THE GIFT THAT KEEPS ON GIVING. IT'S SIMPLE AND IT'S FREE. YEAR AFTER YEAR, WITH NO WARNING, YOUR GENEROSITY WILL BE REMEMBERED.

GLB

GREAT LOOKING BALLS. IF YOUR MIGHTY OAK NEEDS BIG BALLS THIS IS YOUR ANSWER. SPRAY AND WATCH THEM GROW!



THE STAFF OF THE ET CETERA WOULD LIKE TO THANK YOU FOR A GREAT YEAR. HAVE A HAPPY AND SAFE HOLIDAY. THE ET CETERA RETURNS IN MID JANUARY.

