



# Humber EtCetera

Thursday, December 4, 2003

<http://etcetera.humberc.on.ca>

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## All they want for Christmas . . .

Support staff workers at colleges across Ontario are set to vote for a new contract next week. School of Media Studies receptionist Camelia Caceres and mailroom clerk Ian Jones (pictured with Santa) are two of 6,500 support staff workers at Humber College's two campuses. Although negotiations have been strained since their contract expired last August, union leaders are now recommending workers accept the contract. **See full story, page 2.**

## College forbids strippers at CAPS

By Olga Kirgidis

The recent 'Bachelor Night' at CAPS may have drawn a big crowd and raked in a lot of cash, but don't expect to see strippers as entertainment there again.

After a meeting between HSF and college administration, such topless exhibitions have been barred from the campus in future events.

"It is Humber's reputation and Humber's judgment on what is appropriate and what is not," said Judy Harvey, dean of student services and HSF liaison, last week.

"It is our campus and we make the decision on what is appropriate. Strippers and exotic dancers are not appropriate and something Humber will not allow."

HSF hired three female strippers and one male from an adult entertainment agency for the licensed event Nov. 19. Each of the strippers spent about 10 minutes on stage, with the women eventually dancing topless.

"There was not one complaint from the students," said Jen Green, HSF vice president of student life North. "But one of the administration people overheard some students talking about how awesome it was and how much fun they had."

That led to a meeting between representatives of the administration and HSF.

"It all got resolved, but we had to promise to never do it again," Green said.

The administration said HSF did not plan for the strippers to peel down to only a G-string.

But, Harvey said, "If you invite an exotic dancer on campus, you can't control what they will do given what their occupation is ... They went well beyond what HSF contracted them to do and the risk potential was too great. So the solution is, from Humber's perspective, you just don't have exotic dancers/strippers on this campus as any entertainment."

Administration and HSF have taken measures to ensure that all future events at CAPS, which is owned and operated by Humber College, will follow an approval process and that the college will be better advised of what is planned.

Some students said they didn't understand the problem.

"I don't think it is offensive because

you'll only attend if you want to. It is not out in the open and you know what you are going there for," said Whitnie Irving, a second-year nursing student.

"As long as you're of age to get in, it is okay," agreed Brad Buie, a second-year electrician student. "People know what is going to be there. If you don't want to go, don't go."

But Harvey said that strippers just don't fit the college's standards for acceptable entertainment. She said such events could lead to complaints from the community, faculty, parents and students, and reflects badly on the college.

"If students want to take part in exotic entertainment that involves exotic dancers and strippers, they can. We're just not going to bring that entertainment to them. They can go to it. It is just not appropriate for an institution of higher learning."

"We don't expect to run into this kind of situation again, but we don't expect HSF to have ideas that we would have to turn down," Harvey said.

Green, one of those responsible for coordinating HSF events at Humber and CAPS, said events need to keep up with the times. This event, she said, raised more revenue than CAPS had seen in a long time.

"Our point is that programming is going to change with the times. It is not the 1950s any more. We need to hold the sort of events people want to see," Green said.

She added that future events may be provocative – but won't include strippers.

### What's Inside This Week

**EXchange offers great holiday gift ideas**  
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**Andrea Martin visits Lakeshore campus.**  
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**Women's volleyball get revenge for Humber Cup loss**  
Page 24

A fantabulous holiday season to all!

## Employee says students rude

# Free pizza causes mad dash

By Sam Toman

In a scene more reminiscent of famine relief than a promotions stunt, Kraft Foods gave 7,000 of their Delissio pizzas away for free last Friday at Humber's North campus.

Around 12 p.m. on the rainy afternoon, a transport truck filled with pizzas arrived at the front doors of the school and two promotions representatives began throwing pizzas at a curious group of students.

Jatin Patel, a first-year physical therapy student, was one of the first people on the scene.

"I just saw people carrying pizzas saying it was free, so I came," he said.

Fifteen minutes later, word of the giveaway had spread throughout the campus. Students were running through the halls desperate to get a free meal.

### Frenzy

Students began shoving and shouting trying to push their way closer to the doors of the truck.

Sarel Zagov, who did not participate in the frenzy, expressed shock at the ferocity of the students.

"It's crazy, like a food truck in Russia where people line up and kill each other just for bread," the first-year film and television stu-



Students mobbed a Kraft Foods truck Friday after it pulled up to the college's front doors and gave away 7,000 boxes of free pizza as part of a promotional drive.

dent said.

Raoul Dhawan, a second-year business administration student, managed to secure an entire case of 12 pizzas by being aggressive.

"It was survival of the fittest, you have to surge forward into the crowd, or you could be a girl," he said.

John Cvetinovich, the driver of the Kraft Foods truck—and a former Humber student—was amused by the greed exhibited by the students.

"People are just running

through the rain to get them. Some people took 10 boxes, then ran

**"I'm exhausted, people at this school are very rude. Not one person said thank you."**

away. They didn't want their picture taken," he said.

Another Kraft employee was not as amused.

"I'm exhausted, people at this school are very rude. Not one person said thank you. That is until I told them to," said Kraft Promotional Representative, Lisa Sunshine.

The pizza giveaway was part of a promotion drive that saw Kraft Foods distribute 21,000 pizzas, which retail for \$6.99, from three trucks at three locations.

When asked what he was going to do with his case of 12 pizzas, Dhawan had a pretty good idea. "I'm going to get a ride home, eat some pizza. Maybe have a party... a pizza party!"

## OPSEU gets last minute proposal

By Ben Rycroft and Vivian Song

They sweep your halls, they make your food, they even process your loan and students nearly lost them all in an O S P E U strike.

About 6,500 Humber support staff who maintain the school were scheduled to hold a strike vote Dec. 10, until members of the OPSEU bargaining team met with the school union late Tuesday, asking voters to accept the deal.

Helen Hrynkiw, president of Local 563, Humber's support staff, said she's "relatively" happy with the proposal.

"You're not always going to get what you ask for."

The new deal proposes a two-year contract with a three per cent increase each year, and parity with faculty and administration benefits — the biggest issue for the union, Hrynkiw said.

"We felt like we were treated as second-class citizens."

She's not alone.

"I have to work two jobs, one here and one at a hotel. I need more cash, just to get by," said Orlanda Salazar of technical support.

The ratification date has yet to be confirmed.

The faculty are scheduled to hold a strike vote in February.

### Tobacco tax hike

## Smokers take a deep breath after Liberals increase cig tax

By Peter Armstrong

Smokers are gasping as the Liberal government raised tobacco prices by \$2.50 a carton of cigarettes this week.

Finance Minister Greg Sorbara, a smoker himself, announced the move during Premier Dalton McGuinty's Throne speech.

The increase is expected to bring the provincial government \$800 million this fiscal year, which will be put towards reducing the \$5.6 billion deficit inherited from the previous Conservative government.

"This is the right increase on tobacco taxes. It's the right way to go," Sorbara said.

The first phase of the increase, which will eventually raise cartons by \$10, came into effect Nov. 25.

"I think a lot of people will rebel against the increase or just realize that smoking is a bad idea," said Humber Students' Federation President Valerie Rothlin, an ex-smoker.

"It's really hard to quit," she said, but added she hopes the higher prices might give people another reason to consider the health risks of smoking.

McGuinty said Ontario's tax prices will keep pace with Quebec's to discourage tobacco smuggling between the neighbouring provinces.

"We've got the least expensive cigarettes in Canada now," he said. "We'll start by raising them \$2.50 a carton and then we'll move on an incremental basis beyond that, but in a responsible way."

Along with this increase, the

Liberals announced the cancellation of planned Conservative corporate tax cuts, the senior's property tax credit as well as the credit for parents who send their children to private schools.

The tobacco tax increase might be enough to discourage underage smokers and even make long-time smokers consider butting out.

"I think I'm going to quit now," said a second-year Humber package and graphic design student who wished to remain anonymous because her parents don't know she smokes.

She said many underage smokers at Humber ask her for cigarettes, but she says it's expensive to give them away and she always asks them for identification if they look young.

## New rez delayed

By Andrew Smith

Students planning on starting next semester in a brand new room will have to put a hold on that thought, as the new student residence will not open in January.

The opening of the new "suite style" residence building has been delayed indefinitely, as construction is behind schedule. Residence management had previously announced 181 rooms were available for students, and had begun accepting move-in applications at the beginning of November.

However, when it became known that the construction schedule for the new building wouldn't be met, residence staff alerted students to the change, adding that anyone who had previously applied for the rooms would still be considered when the building opened.

First-year Civil Engineering student John Innes had applied to the new residence, but wasn't put off by the delay.

"I'd still like to move in when it does open," Innes said. He added that residence staff was doing a good job of handling student questions and concerns.



# She's going, going, gone...



Students were invited to visit the wild, wild west last Thursday at a Bucking Bronco contest at the North campus student centre. Katie Hagan (not shown), Student Athletic Association president, won two tickets to the Leafs game against the Montreal Canadiens Dec. 20.

## Humber leads province in post-grads

*Canada ranks first in the world for education*

By Peter Armstrong

A global study says Canada has the highest rate of post-secondary education than any other developed nation and Humber leads the way in post-graduate enrollment.

Humber received 5,531 applications for fall 2003 post-diploma programs, 881 more than last year. Humber has the largest number of post-graduate programs in the province and the public relations, journalism, design, and human resources courses are the most popular, according to Humber's associate registrar, Joyce Woodend.

Currently, there are 1,022 students enrolled in programs designed for students who already

have a degree or diploma.

"University graduates aren't finding employment, so they're coming to colleges and getting the skills that they need," Woodend said.

A 400-page report by the Council of Ministers of Education Canada and Statistics Canada reveals that 41 per cent of Canadians are college or university graduates, four per cent more than the U.S. and seven per cent more

than Japan.

Canadian students also have more computers in their classrooms and twice as much Internet access compared to other developed nations.

Although this country spends more on health care than education, Canada still ranks first among G7 industrialized countries in education spending, according to the Organization for Economic Co-operation and Development.

In 1999-2000, 6.6 per cent of the Canadian gross domestic product was put into education, just ahead of the U.S.

The report also shows that in 2000, 17 per cent of Canadian government spending was on health care, two per cent more than given to education. That's a reversal from 10 years ago when the government gave almost one per cent more to education than health care.

It's important to research post-diploma programs and talk to peo-

ple who are familiar with the programs, according to Christa Lacovino, who decided on Humber's Human Resources Program after receiving a four-year degree in communications from the University of Ottawa.

"My sister graduated from Humber and the reputation preceded the school," she said. "It was actually the only Human Resources program that I applied to."

Lacovino researched the program online while she was living in Ireland and received assistance from Humber's telecounselling, mostly through e-mails because it was difficult to use traditional mail while overseas.

After graduating from Humber's Human Resources post-diploma program, she was hired by the school to work as a telecounselor and shares her experience and expertise with other perspective students.

## Benefit concert a huge success

By Dawn Farrell

Students filled CAPS to the rafters Tuesday night, raising \$750 in the first of two fundraising events for the Student Relief Benefit fund.

The fund was set up recently to raise money for victims of violence around campus.

HSF set up booths at the benefit, raffling Maple Leafs and Raptors tickets and a trip for two to Montreal.

"I was very proud of us (HSF) and the students that came out," said HSF vice president Jen Green. "The turn out was excellent."

Hundreds of Humber students and guests showed up at the doors for the concert and though it was packed all night long, CAPS staff had no complaints.

Kenny Dimech, CAPS manager, said they couldn't have asked for a better night.

"Fantastic! The show was excellent from beginning to end." CAPS also donated all the



Kardinal Offishall

money from the door and the coat check.

Music acts ranged from hip hop to punk, to hard rock.

Gord Hagan, CAPS assistant manager, wasn't scheduled to work for the night's event but still showed up to help support the students.

"All the bands were great and it was good to see such a diverse crowd."

The HSF organized four musical acts to perform before the headliner Kardinal Offishall. Opening acts include, The Great Canadian

Nobodies, idivide, 89 Vision and Blake and YBE.

Karl Bossi, second-year business administration student and lead singer for 89 Vision, said, "Just to be able to contribute to the cause was rewarding enough."

Aaron Miller, HSF programming director, asked performers from seven different bands to play and Toronto hip hop artist Kardinal Offishall was the only one who responded.

Kardinal Offishall put every one in a great mood with his performance, which stretched from a scheduled 15 minutes to one hour.

"A show that would have cost us \$7,000 to \$8,000 was free," Green said.

The hip hop artist said he didn't mind performing at the college as long as it raised awareness.

He reminded the audience to, "treat your woman with respect. Everyone of us came from a woman."

## HSF holds AIDS forum

By Jaime Taylor

By the end of 2002, approximately 42 million people all over the world were living with HIV or AIDS, and almost 3.1 million people died from associated illnesses.

On Thursday Dec. 4, the HSF along with the Humber Health Centre and Toronto department of public health will hold an information session on HIV, AIDS and safe sex.

The display and information centre will be held outside the career centre from 11 a.m. until 2 p.m.

Ann Foster, a nurse at the Humber Health Centre, will be available to answer questions for students.

Approximately five million people were infected with HIV/AIDS worldwide during 2002 - that adds up to about 14,000 infections daily.

# Dealing pot to pay bills

*One student turns to selling dope to cover costs of home and school*

By Sergio Elmir

Rising tuition fees, the cost of books, and the expenses that come with living in Toronto has made dealing drugs an option for a college student who wants to remain anonymous. We'll call him John.

Just before the beginning of the school year, John was forced to move out of his mother's apartment in Mississauga to downtown Toronto. He lost valuable hours at his part-time job since he could not travel from his new home to his job in Mississauga on a regular basis.

With an expensive move behind him, and much less money coming in, John found himself turning to the one alternative he says he would have never considered to pay his bills: selling marijuana.

"I never even considered it an option," John said.

"But soon it was my only option. I didn't have time to wait. I was already looking at an empty fridge and maybe not making rent that month."

John invested a small amount of money for an ounce (28 grams) of marijuana. Within a week he made \$100.

Two months later, John says he

is now dealing drugs regularly to pay his bills.

The one option he says he isn't willing to turn to is OSAP.

"I already owe them money from years before," he said.

John depends on the money he makes selling drugs to help pay \$400 for rent, \$100 in phone and Internet bills, and another \$100 for

his monthly metropass. "I was planning to drive to school every day, but now I can't afford to keep my car, let alone pay for on-campus parking."

**"I don't care if I'm breaking the law. I'm trying to get an education."**

Although he works as many hours as he can at his part time job, he still struggles to make ends meet at the end of the month.

"I'm not like your regular drug dealer out buying new clothes and eating out every night," he said. "That extra hundred [dollars] that comes in at the end of the month puts me just over the top. I'm using that money to eat, period."

John understands the risks involved and deals exclusively among friends and acquaintances.

"I'm not afraid of getting caught because not a lot of people know. I only deal to friends and friends of friends, people I can somewhat trust. I never liked the idea of strangers calling on me at 3 o'clock in the morning!"

According to the controlled drugs and substances act, the maximum punishment for possession with intent to distribute (trafficking) is a possible jail sentence. The Supreme Court has ruled that possessing 28 grams or more of pot is trafficking and punishable by law; possession of any amount is still illegal, but these are all risks John says he is willing to take.

"I don't care if I'm breaking the law," he said. "I'm trying to get an education."

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Second-year culinary management student Nerina Mehta gazes at a sea of gift baskets. Ornella's Inc, a husband and wife team, sell the baskets at North campus twice a year - mid-December and Valentine's Day.

## Flu shot helps, but not foolproof

By Celistine Frampton

Canadians are heading for a rough flu season this year as they face a new strain of influenza that this year's flu shot doesn't fight.

The strain, known as the A Fujian virus, is a mutant form of the influenza A Panama strain, and has already started to spread in some parts of Canada.

Three people have died of influenza in Peterborough, and at least one person has died of the virus in Toronto, with health officials investigating two other deaths as possible flu deaths.

"The World Health Organization [WHO] made the decision back in March 2003 as to what influenza the vaccine should contain and Canadian health officials chose to use the vaccination recommended by WHO," Tanya Cholakov, a spokesperson for the Ontario Ministry of Health, said.

Humber students who got their flu shots aren't too concerned, but still believe that health officials

were not very careful this year.

"Health officials should have updated the flu shot to counteract this new virus," Zlatko Zahirovic, a second-year Telecommunications student, said.

"I am not worried about getting this flu because I am protected for the other ones," first-year accounting student Nirasha Nisam said.

Health officials say that although Canadians are not totally protected against the new strain, they are partially protected because the vaccine provides protection against the original virus, influenza A, as well as the Panama strain.

The strain originated in the Fujian province of China last year. Symptoms include high fever, with a cough or a sore throat. It also includes pains and body aches.

People who are most at risk of contracting the virus are senior citizens and the very young, people with lung, heart or kidney diseases, diabetes, chronic bronchitis or emphysema, and those who smoke.

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# Iraq: overload or apathy

*Students pay little attention to casualties of current war on terrorism*

By Priya Ramanujam and Olga Kirgidis

Despite the enormous media coverage of Iraq and conflict in other areas of the Middle East, many Humber students say they haven't paid close attention to the situation

overseas.

"I know very little about the post-war in Iraq or even the war itself," said Chantal Walton, a first-year Fashion Arts student.

"I don't care to follow the news on the war because too many innocent people are suffering."

Seeing the graphic coverage of violence overseas must be difficult for Iraqi people living in Canada to

watch also, she added.

A first-year Accounting student echoed Walton's sentiments.

She said she doesn't know much about the war because she too can't handle seeing the effects of war.

**"Everyone dying is just not for me."**

"There's so much pain and suffering that you don't actually want to see it," she said.

"Everyone dying is just not for me."

November was the deadliest month for American troops since the beginning of the war in March. But despite the numerous attacks on troops and 75 deaths of American troops, U.S. President George Bush says he isn't backing down.

"They believe their acts of terror against international aid workers and against innocent Iraqis will make us recoil and retreat," Bush said in London recently.

Until democracy is achieved, he said, Americans would remain in Iraq.

America's involvement in Iraq has some students, who have been following the war, upset.

"I'm glad (Canada) didn't get involved in Iraq. I see how the Americans are interfering with everything and it pisses me off," said first-year Electromechanical Engineering student Scott Verbeek.

"To them if you're not democratic or Christian, you are automatically dangerous."

Although Canadians didn't participate in the U.S. led war on Iraq, Canadian troops are overseas in Afghanistan and of late have been put in potential danger. Camp Julien, the Canadian military camp in Kabul, Afghanistan was recently threatened with two 107-millimetre rockets.

## For those who've been 'naughty' - time to be 'nice'

By Nicole Catney

Students who've been a little "naughty" can redeem themselves this season with a little "nice" by donating to Humber's food and toy drives.

A box will be available at either of the childcare centres for clothing and food drives. Donations will be made to Ernestine's Women's Shelter, a place for battered women and their children to seek refuge from domestic violence.

The drive runs from Dec. 4-23. Anything from infant supplies, clothing (new or gently used), beauty products, food, or cash donations are accepted.

Proceeds from the drive will also go to aiding a fundraiser currently being run by the school of hospitality, recreation, and tourism. The Toy Room Drive will benefit the Children's Aid Society and provide toys for children in time for Christmas. Donations can be dropped off at M108 by Dec 12.

## Res in holiday spirit

By Allison Moorhouse

It's Christmas time again and students living in residence will have no problem getting into the festive spirit.

Residence staff have organized a number of events to help students celebrate the holidays. Events include a night dedicated to making gingerbread houses, a Square One shopping trip and Candy grams to send to your friends.

Colleen Parton, residence life co-ordinator said holiday events, that began last week, also included

"Less Stress Day," where a booth was set up for residents to make stress balls.

A Candy Gram service, organized by the Social Committee, is available until Dec. 4. Candy Grams will be delivered to residents' mailboxes on Dec. 9.

For students staying in residence over the break, there's no reason to worry about food. According to Parton, the cafeteria will remain open except for Christmas Day, Boxing Day and New Year's Day.



Joe Andrews, program coordinator of the post graduate radio program, checks out Winnie the Pooh at the book sale held at North Campus.

## Peer tutoring fills up with stressed students

By Kathleen Yetta

Peer tutoring labs have been overloaded with the influx of double cohort and Guelph-Humber students this year resulting in tutors working overtime during the exam crunch.

Second-year accounting student, Ran Wang, frequently uses the tutoring lab and said she's been frustrated at the long wait times.

"A month ago, I came in to the lab on a Tuesday morning and I must have had my hand up for about eight minutes before someone came over," Wang said.

Tewodros Cheko came to Canada four years ago from Ethiopia and is a second-year Computer Engineering student who has been working as a peer tutor one-to-one for over a year and a half.

"This year at exam time, there are a lot more students in the labs

and more asking for help compared to last year," Chekol said.

Peer tutor supervisor Arash Namayandeh is in the Computer Engineering program and said they had a lot more students needing help this exam period compared to last year. The demand for computers keeps the tutoring labs full all day, with Guelph-Humber students having access to 50 computers. Humber's busiest computer lab in H205 holds 100 computers; H210 and E343 each hold 50.

There are 120 tutors available to assist approximately 300 student learners one-on-one in most programs. The majority of students requesting a tutor are in Business programs, like accounting, computer engineering and wireless communications.

A one-on-one tutor costs \$10 for eight hours of tutoring — three hours maximum per week and two courses per semester.

## City councillors tell what's on their wish list

By Celestine Frampton

It's that time of year again, when wish lists are sent out and visions of brightly wrapped goodies (and sugarplums) dance in our heads.

It's no exception for Etobicoke's city councillors, who have revealed what's on their wish list this holiday season.

After a major year for crime in Etobicoke, the top billing on most lists goes to a safer new year.

Councillors for the wards around both campuses let the EtCetera in on what they want for the holidays.



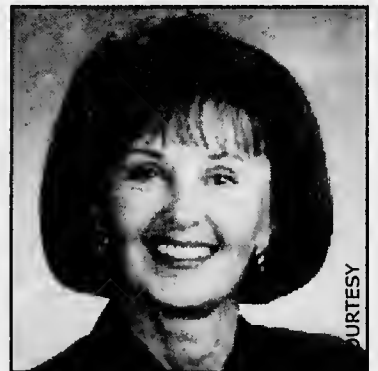
Suzan Hall, councillor for Ward 1 of Etobicoke North: a crime free Etobicoke and for the people of Etobicoke to contribute in reducing that crime.



Rob Ford, councillor for Ward 2 in Etobicoke North: health and happiness for himself, his family and his community.



Doug Holyday, councillor for Ward 3 in Etobicoke Centre: an Etobicoke that is free of crime. For his family, Holyday wants health and happiness.



Gloria Lindsay Luby, councillor for Ward 4 in Etobicoke Centre: increased safety in Toronto, a clean city with less litter, and reduced crime.



# A much-deserved holiday...

Kudos Humberites.

Kudos for making it through an unusually event-filled, sometimes trying, semester.

After all, we've had a landmark term, punctuated by the double cohort, two major elections and a heinous crime against Humber students. We've had to keep an eye on our wallets with counterfeit bills circulating around campus; curb our frustrations with parking woes and watch our backs while in the crime-fraught Rexdale area.

But, in the end, we pulled through.

In fact, we did better than pull through, we did it gracefully.

## a year in review

Despite the challenges, Humber students and staff are making names for themselves, winning awards and accolades. Humber teacher Andrew Clark was shortlisted for the Governor General's award for his nonfiction novel; the men's and women's golf team won the national championship for the Canadian College Athletic Association; comedy student Bob Hammond won an international essay writing contest; and the Lakeshore campus attracted headline names like jazz legend Oscar Peterson and comedians Joe Flaherty and Andrea Martin.

We've undergone a branding makeover – Institute of Technology and Advanced Learning – offering more degree programs than ever before. We partnered up with the University of Guelph increasing our access to resources and offering a wider spectrum of programs to prospective students. All this has helped us knock George Brown College off its ass to third place – we are now second only to Seneca College in student recognition, and at our rate of growth, it may not be for long.

## goodbye

And so, as the semester comes to a close, 14,000 students are heaving a collective sigh of relief, eager to break for a much needed winter holiday. And though we're no exception, the sigh from the newsroom sounds a little bittersweet. If you've ever dared step into the newsroom at crunch time, you would have heard unabashed obscenities (some directed at computer monitors, others directed at fellow editors), furious typing, and a lot of laughing: We're going to miss it all. As we put our final baby to bed, we'd like to thank everyone for their support, staff and students alike, and wish the next incoming EtCetera team luck in next year's issue. For our final sendoff, we'd like to wish everyone a Merry Christmas, Happy Hanukkah, Happy Kwanzaa or quite simply a Jolly-Month-of-Sleep-Replenishment-and-a-Few-Other-Deliciously-Naughty-Merriments.

## Letters To The Editor

# Union prez angered over error

Re: News Section, Faculty strike vote set, November 27, 2003

I have just finished reading the article in the EtCetera regarding the Faculty Strike Vote. It is the Support Staff at the colleges that are taking a strike vote on Dec. 10.

The Faculty will be taking their strike vote sometime early in 2004. When are you going to get your facts straight?

The Support Staff at the colleges are probably the least known group. Yet we are what keeps the colleges humming and running smoothly.

It allows Faculty to run classes effortlessly, and the Administrators

to manage the college on a day to day basis.

Support Staff process student loans, register students in programs, help to find research material in the library, find job placements for coop students, maintain the computer labs, set up and repair equipment, provide demonstrations and assist faculty in the labs and shops, supervise ECE students at the day care centres, provide tutorial assistance, we also keep the buildings warm in the winter and cool in the summer. There are probably a myriad of other functions that we perform as well.

How well do you think that the College would run without these services?

Helen Hrynkiw,  
President, Local 563  
Humber College

Note:

The mistaken date was entirely my error, not that of my students. I apologize to them and to our readers for not practising what I preach about accuracy.

Tina Ivany  
EtCetera Faculty Advisor

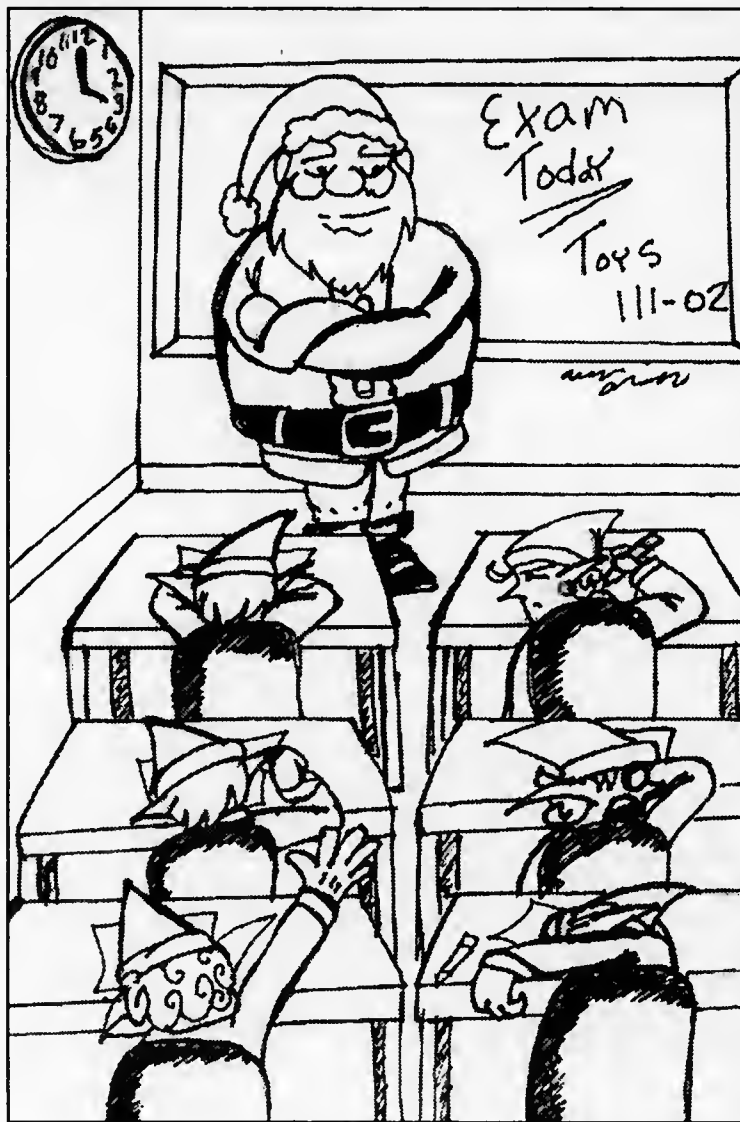
...now for the good news...

## Thanks from Health staff

Re: Life Section, Nurses become teachers in AIDS awareness, November 27, 2003

Trish - Great article, re: AIDS Awareness event. Thanks for being so accurate!!! Come visit us at the event (Thursday, Dec 4, 11 a.m.-2 p.m. in front of career centre).

Penny Ecclestone, Ann Foster  
Humber Health Services



Happy Holidays!  
From the Fall 2003  
Humber EtCetera

crew



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Web adventures...**The new 1984: Big Brother's a hacker**

By Adam D. Booth

Bad news, people. It's 1984 all over again. I'm not talking about bad retro fashions; I'm talking about Big Brother watching us.

If you've ever downloaded something to your hard drive or seen a pop-up ad, chances are hackers or seedy advertisers are spying on you.

Spyware and adware. They are programs advertising companies send to your computer when you visit certain websites or download certain programs. They all have different functions, but their common bond is that they track a person's Internet use in order to gather

personal information.

They are the deciding factor in whether your pop-up ads are shilling cheap porn or online casinos. Yes I said your pop-ads. They are personalized don't you know? Well sort of. Even if you don't go looking for naughty things you'll probably get a porn ad anyway.

It's targeted advertising, piracy, and Big Brother in one crap-tastic digital package.

Visited Yahoo lately? Somebody knows. Check your Hotmail account 16 times a day? Somebody knows it. Ever order something online with your credit card? Somebody probably knows your credit card number.

Sometimes these 'wares can even nest inside some of your other programs, most often your web browser.

For the non-computer-savvy types out there, "nesting" means

the program holds on to another, legit, program and won't let go - like when hippies chain themselves to trees.

How many variations of these little darlings exist? Check out [www.spywareguide.com](http://www.spywareguide.com) for the a-z list of the typical ones. Any of those names look familiar?

Gator, Cydoor, GAIN, lop, Date Manager, Precision Time, Savenow. Searching your hard drive will probably yield these common names at least. You might have seen them there before and assumed they were harmless files. In case you haven't been paying attention, they aren't.

There is hope.

[Spywareguide.com](http://Spywareguide.com) gives specific info on how to remove these little toys manually.

Visit [www.lavasoft.de](http://www.lavasoft.de) and download their Ad-Aware program. It's free of charge, and runs through

your computer with a fine-tooth comb and locates the adware for you, then deletes it.

As much as many of us use Kazaa for our music needs, just obtaining and using it can give your computer more of these nasty 'wares than anything.

Maybe you should consider taking advantage of lower CD prices in exchange for your privacy?

As a final piece of advice, search and clean your computer

often. Recently, a Kazaa-junkie friend of mine ran Ad-Aware for the first time on his computer. Ad-Aware found 508 programs spying on him.

And if you no longer have privacy, look on the bright side.

At least you can look forward to being offered great deals on porn and illegal gambling, delivered right to your screen.

Even more web adventures...**Marrying burning and buying: Definitely not the American Dream**

By Jason Bain

If I lived south of the border, I'd be lynched by now. Or at least in court pleading guilty to thousands of counts of music piracy. And I mean thousands.

I am a downloading fiend and I am not ashamed to admit it.

Downloading music for free off the Internet fuels my passion for one of my biggest hobbies, listening to music. In fact, if it wasn't for downloading, I wouldn't have the wealth of information about music that I do, let alone the catalogues of CD-Rs I have stored away.

I am in college, living on my own and simply do not have the money to buy CDs. Instead, I buy a stack of blanks (after I try to find the bargain stack around 50-75 cents a CD) and fill them with what I want, the way I want.

Of course there were difficult decisions to make, like when that CD came out by that once-so-special band that I just can't afford to buy like I once used to. Of course growing up is no reason to regret the teenage days of disk-buying.

Who can forget that cold trek to the music store to get your fav band's album on its release day? But times change, along with technology and people too.

Well I don't have to walk in the cold anymore. I sit in my chair at my computer desk, boot Kazaa, load up [amazon.com](http://amazon.com) and work away.

**"I am far from the only one that enjoys downloading freedom up here in the great white north."**

Listen and burn, listen and burn. I have it down to an art.

It's just too easy and until the powers that be turn that around, it's only going to continue. Who wants to pay for music online when you can still download it?

It's also important to note who you are really supporting when you buy a CD in a store like HMV, Music World or Sunrise Records - mostly the record company who gives very little share to the artist. It's the shows the musicians care about, and indeed I go to my share.

Of course my affinity for liking

everything under the rock and alternative sun doesn't help, except in social circles when I have to get my two cents in on a particular artist.

I am very fortunate that Canada's legal stance on this issue is much different than our American counterparts, but I know I am far from the only one that enjoys this freedom up here in the great white north.

Downloading music is as much a part of some peoples' day as eating or sleeping and it doesn't mean that people aren't buying albums. An argument is that it draws in many people after they hear a bit more of an album's content than what they hear on the radio or see on television, creating a more honest industry.

If it's good, people will buy it. My only problem is being able to afford that quality.

Until I can, its CD-Rs and sharpies for me.

**Athlete's Xmas list: divorce, surgery, and chew toys**

By Cory Smith

Ah, Christmas time. As a catchy jingle says, it's the most wonderful time of the year. It's a time to spend with family and friends, while exchanging pleasantries, gifts and maybe some eggnog. But while the rest of the working world shuts down during that busy time, the wheels of sports keep spinning.

So, since athletes, their teams and their leagues are so busy, I thought I'd take it upon myself to draw up a wish list for them.

To the Toronto Maple Leafs: A split schedule against the Vancouver Canucks and Ottawa Senators. They'd be 82-0 this year if that were the case.

To the No Fun League (NFL): A sense of humour and more celebrations like Terrell Owens autographing a football after a touchdown.

To the Atlanta Thrashers: A playoff berth—after what they've been through, they deserve it.

To Marc Savard: A chew toy.

To Nathan Parrot: A visit to Michael Jackson's plastic surgeon—one's nose keeps breaking, and the other's keeps breaking apart.

To the New York Yankees and Boston Red Sox: Nothing. They already got Gary Sheffield and Curt Schilling for Christmas.

To the NHL: Death to the trap, the removal of the red line (for two-line passes) and the elimination of six to eight teams. Talk about addition by subtraction.

To Kerry Fraser: A gag, some duct tape, a small white room and repeated viewings of Game 6 Leafs/Kings in 1993.

To the Buffalo Bills and Toronto Raptors: Some creative offensive imagination. There are guys from Woodbridge with souped up Civics and neon lights that score more than these two teams.

To Bob Goodenow and Gary Bettman: A tiny closet and a padlock. And they can't come out to play until the NHL has a new collective bargaining agreement.

To Antonio Davis: A hacksaw to get rid of that ball and chain and some guts to steal the pants back in his marriage.



# Many are the ways to...

## Humber a display of festive season diversity

By Colleen Rousseau

With Christmas quickly approaching many in the Humber community are rushing to string lights and buy gifts. But not all are scrambling to get ready. Some students and staff are relaxing - to them Christmas is just another day.

Humber College's diverse student body represents several religions, leaving many students with alternative plans for the Christmas break.

"It's basically just another day here," said Taymour Israr, a first-year business administration student, who practices the Muslim religion.

Israr is Pakistani and like many from Middle Eastern countries, he does not celebrate Christmas. Although he's a practicing Muslim, he is not as strict about it as his parents.

"My parents don't do gifts, but I'll usually get a little something for my younger brother," he said.

But just because Israr doesn't take part in Christmas doesn't mean he's missing out on other holidays. In fact, a Muslim celebration known as Eid marked the end of Ramadan on Nov. 25. Ramadan is the ninth month of the Muslim calendar and a time for worship and contemplation.

"It is done to keep the thought in mind that we are not invincible, and we can go at anytime," Israr said.

During Ramadan,

Muslims fast during daylight hours and eat small meals in the evenings. This year the month began in late October, but because it follows a different calendar, the start date is never the same.

"[Ramadan] is basically the most religious time in the Islamic faith," Israr said.

Eid marks the end of the fasting month, and is treated like a huge celebration. People get together with friends and family to feast and celebrate the ideas and lessons learned throughout Ramadan.

Of course, Muslims aren't the only people to take part in religious celebrations around Christmas.

Hanukkah, a widely recognized Jewish holiday, will begin six days before Christmas this year. Hanukkah, which means dedica-

**"On Christmas day we just wish all of the Christians we know a merry Christmas and relax and enjoy the vacation time."**

tion, can occur anywhere from late November to mid December. Like Ramadan, it has no fixed first day. The holiday revolves around the Jewish calendar.

During Hanukkah, a candle is lit every night for eight nights and placed to let burn on a special candle holder known as a Menorah. These eight candles represent the eight days when a small jar of oil burned in the Holy Temple of Jerusalem, according to Jewish history. It is also common to exchange gifts and give chocolate to others.

In Africa, Kwanzaa is a celebration that occurs the day after

Christmas. It is traditionally celebrated until Jan 1. It claims no religious ties, but Kwanzaa has become a unique African-American celebration that focuses on traditional values of family, community and self-improvement.

Similarly, in Mexico, Los Posadas marks the beginning of the Christmas season. Usually beginning on Dec. 16, these nine nights of lights and music commemorate Mary and Joseph's search of lodging in Bethlehem. The last night of Los Posadas is Christmas Eve.

But Los Posadas is not the only celebration to feature lights.

Diwali is a five-day festival of lights celebrated in October by those who practise the Hindu religion. These five days signify the victory of good over evil, and are celebrated by fireworks, wearing new clothes, and lighting oil lamps.

"We don't celebrate something as a replacement to Christmas around December," said first-year law clerk student Lavanya Sivasubramaniam. "On Christmas day we just wish all of the Christians we know a merry Christmas, and relax and enjoy the vacation time."

Even though some non-Christian students don't celebrate in a religious manner, many still manage to find little ways of bringing the Christmas spirit into their homes.

"We used to have a tree when I was younger, but not anymore," said Sivasubramaniam. "Now we just put lights up on the house."

### ... say "Merry Christmas"

LANGUAGE	TRANSLATION
<b>Afrikaner [Afrikaans]</b>	Geseënde Kersfees
<b>Amharic</b>	Enkwan laberhana ledat abaqqa
<b>Arabic</b>	Milad Majid
<b>Argentine</b>	Feliz Navidad
<b>Armenian</b>	Shenoraavor Nor Dari yev Pari Gaghand
<b>Bohemian</b>	Vesele Vanoce
<b>Brazilian/Portuguese</b>	Feliz Natal
<b>Briton</b>	Nedeleg laouen na bloavezh mat
<b>Bulgarian</b>	Tchestita Koleda
<b>Cambodian</b>	Soursdey Noel
<b>Chinese [Mandarin]</b>	Sheng Dankuai Le
<b>Chinese [Cantonese]</b>	Sing Daan Faal Lok
<b>Cornish</b>	Nadelik looan na looan blethen noweth
<b>Croatian</b>	Sretan Bozic
<b>Czech</b>	Velike Vanoce
<b>Danish</b>	Glædelig Jul
<b>Dutch</b>	Vrolijk Kerstfeest
<b>Esperanto</b>	Gojan Kristnaskon
<b>Estonian</b>	Roomsaid Joulu Puhhi
<b>Farsi</b>	Christmas-e-shoma mobarak bashad
<b>Filipino</b>	Maligayang Pasko
<b>Finnish</b>	Hauskaa Joulua
<b>French</b>	Joyeux Noël
<b>Gaelic</b>	Nollaig Shona Dhuit
<b>German</b>	Froehliche Weihnachten
<b>Greek</b>	Kala Christouyenna
<b>Hawaiian</b>	Mele Kalikimaka
<b>Hebrew</b>	Mo'adim Lesimkha. Chena tova
<b>Hindi</b>	Shub Badadin
<b>Hungarian</b>	Kellemes Karacsonyi unnepeket
<b>Icelandic</b>	Gledileg Jol
<b>India</b>	Tamil Nadu - Christmas Vaazhthukkal
<b>Indonesian</b>	Selamat Hari Natal
<b>Iraqi</b>	Idah Saidan Wa Sanah Jadidah
<b>Irish</b>	Nollaig Shona Duit
<b>Italian</b>	Buon Natale
<b>Japanese</b>	Meri Kurisumasu
<b>Klingon</b>	QISmaS Quch Daghajja
<b>Korean</b>	Sung Tan Jul Chuk Ha
<b>Lithuanian</b>	Linksmu Kaledu
<b>Malay</b>	Selamat Hari Natal dan Tahun Baru
<b>Maltese</b>	Il-Milled it-tajjeb
<b>Maori</b>	Meri Kirihimete
<b>Navajo</b>	Merry Kashmlis
<b>New Guinea Pidgin</b>	Meri Christmas
<b>New Zealand</b>	Happy Christmas
<b>Norwegian</b>	Gledelig Jul
<b>Pennsylvania German</b>	En frehlicher Grischtidaag
<b>Peru</b>	Felices Fiestas
<b>Polish</b>	Wesolych Swiat Bozego Narodzenia
<b>Portuguese</b>	Feliz Natal
<b>Punjabi</b>	Hacahi Ke Eide
<b>Rumanian</b>	Sarbatori Ferците
<b>Russian</b>	S Rozhdstvom Kristovym
<b>Serbian</b>	Hristos se rodi
<b>Slovakian</b>	Sretan Bozic
<b>Samoa</b>	Manuea le Karisimasi
<b>Scots Gaelic</b>	Nollaig chridheil huibh
<b>Slovak</b>	Vesele Vianoce. A stastlivy Novy Rok
<b>Slovene</b>	Srecen Bozic
<b>Spanish</b>	Feliz Navidad
<b>Swahili</b>	Heri ya Krismasi
<b>Swedish</b>	God Jul
<b>Tagalog [Philippines]</b>	Maligayang Pasko
<b>Tahitian</b>	Ia ora'na no te noere
<b>Telugu</b>	Santhasa Krlsma
<b>Thai</b>	Suksan Christmas
<b>Turkish</b>	Noeliniz Ve Yeni Yiliniz Kutlu Olsun
<b>Ukrainian</b>	Z Rizdvom Krystovym
<b>Urdu [Pakistan]</b>	Shadae Christmas
<b>Uzbek</b>	Yangi Yiligiz Mubarak Bolsun
<b>Vietnamese</b>	Chuc Mung Giang Sinh
<b>Welsh</b>	Nadolig Llawn

compiled by Jason Bain

For more info on religious celebrations worldwide, check out [www.holidayfestival.com](http://www.holidayfestival.com).

Questions? Comments?  
This is your last chance before Jason runs for the hills!  
[infocusfall2003@yahoo.ca](mailto:infocusfall2003@yahoo.ca)

COURTESY



# ...celebrate the season

## Divided holidays difficult time for divorce victims

By Kelly Peckitt

Excitement, joy and wonder are all emotions associated with Christmas, but for students facing Christmas for the first time after their parents divorce, this time of year can be devastating.

"Last year when all my friends in school were excited to go home for Christmas I was actually dreading it," said second-year journalism student Jeremy Hill.

Soon after Hill arrived at school last year, his parents had called him to say they were getting a divorce. The news came as a shock to him and he found it even harder because he was not at home.

"Because I was here when everything happened, it didn't feel real to me," he said. "I was not going through it first hand, so when I went home I was not prepared for the changes."

Aren VanDelden, a counsellor for the Parents Help Line, also affiliated with the Kids Help Phone, said what Hill was feeling is not uncommon.

"If it is a recently separated family, this will be the first time the change in the family structure really is illustrated," she said. "This is

the festive season where last year they did it together and this year they don't. It really demonstrates the separation."

What's also common is that divorce is a trend that is staying, so learning ways to deal with it are essential. According to Statistics Canada, 71,144 couples filed for separation or divorce in 2000. Ontario had the highest number of divorces anywhere in Canada and also the most couples get married in 2000.

"I would say from a kid's perspective that they don't want to hurt

develop a special tradition of their own instead. Most important is to let the child help plan whatever they decide to do.

As well, she said not to let the child choose where to go for Christmas.

"The parents really need to work that out between them, because, getting back to how the child feels, 'if I choose mom well then dad will be hurt. If I choose dad, well, then mom will be hurt.' So it's a very difficult and awkward position," she said.

Although Hill is 20, he agrees with this advice.

"I know I am old enough to choose which home to go to, but it's nice for them to decide, so I know that I am not upsetting either of them."

Another important thing for parents to know is that not everything is going to be wonderful.

"As a parent you might want to be careful not to make it all too positive. You need to be aware and ready that there will be moments of real sadness as well," VanDelden said.

She said that there should be a lot of openness about what is going on and emotions that are being felt. It is common for children to have ups and downs during these periods.

VanDelden also mentioned that it's not only children that find this time of year hard, that as with the

child, this could be the first time for the parent to have to face their own sad feelings. But keeping the child's feelings in mind is the most important thing.

"If you still feel so filled with rancour and hurt and anger, get counselling because it's inevitably going to affect the

child. Separation is a really painful process and the more parents are able to see that and go through the

pain and work at it, usually the better adjustment the child will make."

She said that counselling can help both the parent or the child, and parents can call the Parents Help Line in times of distress. She said calls this time of year about this subject are very common.

The Parents Help Line receives numerous calls about situations created because of divorce, VanDelden said, adding it is good "the more they can discuss it with other people rather than with the child."

Hill said, although last Christmas was a disaster, "I felt pulled in all directions", he is more positive about this year.

"I know what I'm dealing with now and I know what to expect and being prepared for that makes it run more smoothly," he said.



**"I know I am old enough to choose which home I go to, but it's nice for them to decide so I know I am not upsetting either of them."**

## Holiday season brings memories and scrooges

By Zoë Hamilton

It may be the season of maxed-out shopping malls and credit cards, but buried in the holiday madness are some warm festive memories.

As far back as Sara Davidson can remember she has always had Christmas Eve dinner with her family at her grandmothers.

"Every year on Christmas Eve we go to church at 5 p.m. and then go to a dinner at my Nana's," the first-year Guelph-Humber student said.

"Then on Christmas we sleep in, have a big lunch and then just laze around all day."

Second-year paramedic student Alex Delaney's favourite Christmas memory is waking up early, but her mom refusing to let her and her sisters in the living room to see the presents.

"I enjoyed creeping around the house with my sisters and playing with our stockings until my mom let us in," she said.

The holiday season can also bring out the worst in people.

Cassie Whitlam, a manager at West 49 in Square One, frequently sees those with less holiday cheer.

"There was this one customer who tried to bargain with me," she said.

"He insisted that I give him a sale that had happened three weeks prior to that day, so I just shook my head and said sorry."

"The worst part about the argument was that it would have only saved him \$3," she added.

With files from Jason Bain

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## Buy Now

By Brian E. Wilkinson

If there's one thing I can't stand about this time of year it's the term "the business" of Christmas or about how "commercial the holiday season has become."

I don't see it that way at all.

I'm not oblivious to the hundreds of television ads, the huge product displays in malls or the ads printed in newspapers. It's just that I don't look at Christmas as being a financial entity.

## Complaining is NOT fun.

There's something about this season that just makes the world seem a little more logical than at any other time. For once, people are encouraged to think beyond themselves, their bills or jobs, and to value the other people in their lives.

Christmas only comes once a year, and yet I'm shocked at how many people complain about it. To me, it invokes memories of sitting with my family, drinking egg-nog, sitting by the fire, playing in the snow and opening presents on Christmas morning.

These days it's budgets, travel time and avoiding annoying relatives.

I wish that Christmas would extend over the rest of the year. A bit of goodwill and cheer should just randomly find its way into homes as a great way to improve everyone's sense of well-being.

## Ho-Ho-WHOA!

The problem surrounding Christmas is, of course, finances. I just don't have the money to do that sort of thing on a regular basis, something I am sure holds true for most.

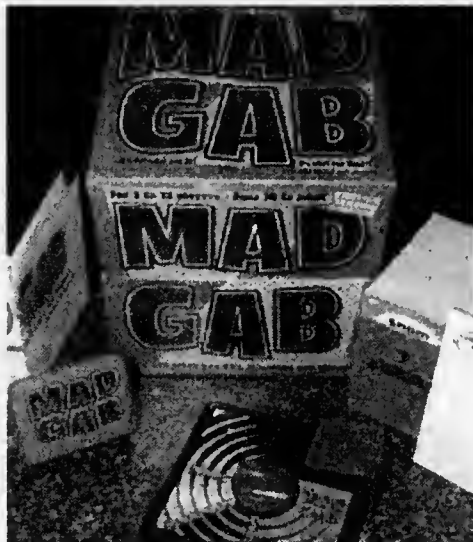
It's not about how much money you spend or how amazing the gift is, it's about the effort involved in showing the people around you how much you care.

Make a gift or make time for each other if money is in short supply. There are ways to do things that don't involve cash that are worth more than any store-bought present.

If, in the end, that means buying presents and contributing to the idea of a commercial holiday, then that seems a small price to pay (no pun intended) to spread a little cheer and goodwill.

# Holiday Gift Guide

Written and compiled by the reporters and editors of EXchange, we offer up a ton of gift possibilities to get you through the holidays!



Mad Gab and Monopoly are just two of the fun games you can buy for people on your list this season.

With the holidays only a few weeks away, buying presents are at the forefront of many people's list of things to do.

The malls now have their holiday hours posted and they start Dec. 1 giving shoppers much more time to cruise the stores.

If you aren't sure what to get someone and you want to avoid anything too personal (or worse, getting the completely wrong gift for someone) then there are plenty of general gift ideas that you should feel free to explore.

Many people rely on small items such as lamps or plants and even small Christmas ornaments or houses.

If you want to avoid getting presents like those that can't be used much beyond the holidays, then try to branch out with gift certificates for popular store chains so that the person

on your list can get something they'll truly enjoy.

For those who wander through the mall at a loss as to what to give family and friends, there are several options:

## The Wish List:

1. Body Shop gift baskets \$16 - \$30
2. Board games (Mad Gab, Risk, Monopoly, Trivial Pursuit) \$25 - \$55+ each
3. Digital Cameras \$129 - \$700+
4. Posters or prints (Unframed) \$8 - \$20, (Framed) \$45 - \$60, (Mounted) \$40 - \$50
5. Plants (and planters) \$15 - \$50
6. Gift certificates to theatres, restaurants, stores or for personal favours (these can be the most fun for people you care about)
7. Calendars \$20 - \$30

Toys for tots or toys for adults? It can be debatable these days as toys are becoming more detailed and certainly more expensive.

So if you're unsure about what kind of action figure, doll, or plush toy to get, why not try for other items that may stimulate the younger member of the household?

Board games can be challenging and fun involving the whole family. Most games run these days for around \$30 and a popular choice this season is Break The Safe.

Books are also a great option with series like *Harry Potter* and Lemony Snickett delighting children worldwide or comic books like *Superman* or the *X-Men* with their bright colours and exciting adventures. Parents and friends can read along and enjoy the complex tale while kids enjoy the mystery and fun.

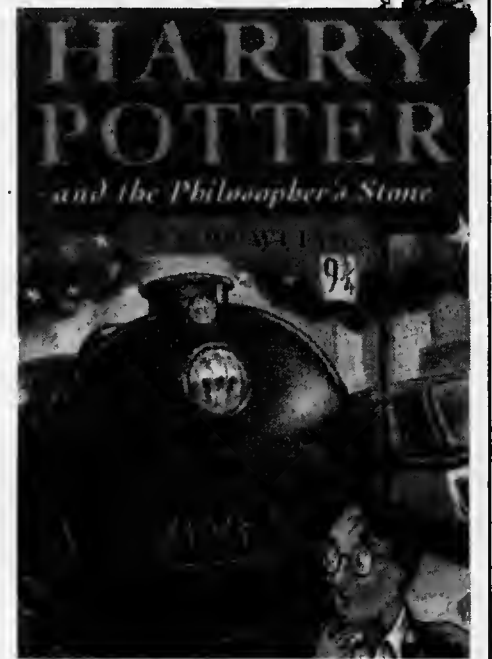
Clothing is also an option but keep in mind

the style that you see most kids wearing these days. If in doubt, a shirt featuring a show or character they like is sure to be a winner.

If truly in doubt, DVDs and video games are an option, but go for older titles that you enjoyed when you were a kid to avoid the possibility that mom or dad has already picked it up.

## The Wish List:

1. Harry Potter books \$12 - \$40
2. Break The Safe board game \$28.99
3. Teenage Mutant Ninja Turtle figures \$8.99
4. Barbie doll \$20
5. Teddy bear \$10 - \$35
6. Diseman \$79 - \$99
7. Comic books \$3.75+ each
8. Marvel Legends figures \$14.99 each
9. Video games \$35 - \$69 each
10. Videos or DVDs \$10 - \$30



Sony WEGA 27" flatscreen TV: \$629.99

What's a good gift-giving without at least one piece of technology that your parents don't have a clue how to use? This season, we predict DVDs, their players, and digital cameras to swamp homes.

DVD Burners are just one of the things that many people will be looking to get this holiday season.

Ridiculously expensive in past years, the price of DVD Burners have substantially dropped to the point where one can pick up an LG DVD +/-RW drive for as low as \$200.

"I would like to burn a lot of family images and video onto a long-term medium that won't damage as quickly as conventional video tapes," Edin Colak, a second-year computer science student at York University said.

"With DVD burners becoming relatively cheaper, they are becoming harder to resist."

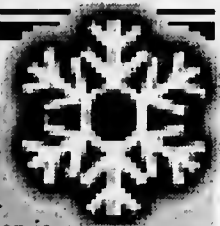
You can pick up a single DVD-R for around \$5 or in bulk with a spindle of 20 priced at around \$45.

It's good to have tech toys!

## The Wish List:

1. Rogers Digital Cable Box \$199.99
2. DVD players \$69 - \$299+
3. Bell Express Vu 3120 system \$199.98
4. Cell phones \$0 - \$300+
5. Home Theatre System \$199+
6. MP3 player \$199
7. DVDs \$10 - \$30
8. Game console \$139 - \$229
9. Computer \$700+
10. Laptop Computer \$1500+





### Girly gifts...

Whether it's the case of the stereotypical guy who just cannot shop or someone just out of ideas, this Christmas there are many gifts you can buy for girls.

Anything from a Jelly Belly ornament for \$3 to a luxurious day at Tonic hair salon and spa for \$283; there are gifts for girls whatever the price range.

"I definitely want a pair of skis this Christmas," said Heather Barnwell, a second-year marketing student.

Guy's have some ideas about what to buy for girls on their list.

"I don't find things like lingerie acceptable," said Radek Dudzinski, a second-year marketing student. Instead he'll go for other types of clothing like sweaters or shirts that he's more comfortable with.

#### The Wish List:

1. Blow dryer \$39.99
2. Lip Shine \$5.99
3. Phat Pharm shoes \$99.99
4. O.P.I. nail polish \$11.45
5. Pearl-Linden body cream and bubble bath package \$30 - \$40
6. Groovy Fossil Watch \$95
7. Guess purse \$30 - \$90
8. Rusk straightener \$189.95



Hair dryers and other salon accessories can be a good gift idea for those with budgets in the \$40 - \$50 range.

### Guy gifts...

Most people probably have little trouble shopping for guys. Beer, sports, video games and a naughty magazine will usually do the trick.

Practicality is often the key to most gifts for guys. The gift ideas are often lacking as people fall back to buying tools, a tie, or something for a vehicle.

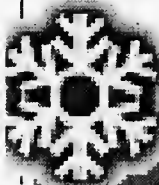
Instead of taking the easy way out and heading to Canadian Tire, try to find out where their interests lie and whatever they like to do in their spare time. Use originality in your gift giving. If that fails, porn will do.

Also try many specialty shops

that focus around hobbies and though the price may be a bit steeper, there is more space to find a gift suited to their individual personality.

#### The Wish List:

1. Hockey jersey \$100+ (lettering and numbers extra)
2. James Bond DVD collection \$70 - \$90
3. Free weight set \$30 - \$70+
4. LCBO gift package \$10-\$100
5. Tickets to the Hockey Hall of Fame \$12
6. Playboy subscription \$35.97 US
7. Sports tickets \$8 - \$200+



Get a jersey with either the name of your guy or his fav player for around \$100.

### Couple gifts...

Shoppers are found everywhere searching for the perfect gift to make their sweetheart fall in love with them all over again.

Well, maybe now it's happy shoppers, but if you wait too long you better know what you want before time runs out.

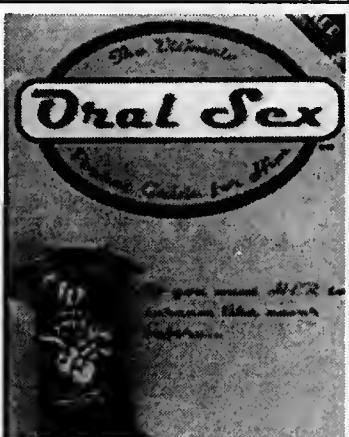
Finding the right gift for your boyfriend/girlfriend can be difficult. There are many things to take into consideration.

Don't get me wrong. If you're broke and can only afford to cook a Kraft Dinner meal for your other half, it's okay. It's the thought that counts.

Some of the most common requests around Humber for girls were a ring (guys commit!), while guys wanted stuff for their cars (decks) or videogames.

#### The Wish List:

1. Tickets to a play or show \$25 - \$100+
2. Friends Trivia Game \$31.95
3. A romantic night at a hotel \$70+
4. Personalize a t-shirt, underwear, anything! \$25+
5. Triple X vouchers at Condom Shack (or homemade!) \$10
6. Make a scrapbook \$20+
7. Lingerie or silk boxers \$21



A book from the Condom Shack downtown with... suggestions... about how to please your partner.

### Gifts for pets...

Our pets can often be forgotten with the hustle and bustle of the Christmas season even though there are plenty of gifts for animals of every kind.

There are many practical things like a retractable leash for a dog or the every day cat toy.

But the pet industry is huge and once simple gifts have turned into animal extravagance.

For example, the basic hamster cage can now be a hamster mansion with a myriad of tubes connecting multi-coloured plastic cages with wheels and other

objects. For those without pets there is always the option of picking up a pet or an item for a pet-owning friend.

#### The Wish List:

1. Retractable leash \$15 - \$45
2. Small pet cages \$30 - \$100
3. Pet beds \$30
4. Pigs ears (dog chew) \$2
5. Nooks for small pets \$10 - \$30
6. Tasty twigs (small pets) \$8.99
7. Aquarium \$30 - \$500
8. Goldfish \$1.99
9. Dog or cat \$300 - \$1000



Truffle is a degu and costs about \$14.99 in pet stores.

## Pass On Buy

By Jason Pushee

favourites has grown.

For 11 months of the year I rarely watch television. With all of those reality TV ratings juggernauts and 17 types of Law & Order, the boob tube has become bland.

Until the holidays arrive.

When it's too cold outside, I look forward to staying in where it's warm and cozy to watch some TV classics that will help get me into the Christmas spirit.

Classic animated flicks like *The Grinch Who Stole Christmas*, *A Charlie Brown Christmas*, *Rudolph the Red Nosed Reindeer* and *Frosty the Snowman* have been favourites of mine since I was a wee lad when I would boot up one of the three channels I could receive.

Now that I think of it, these seemingly insignificant shows were just as much of a part of my Christmas as the tree, presents or dinner.

As the years have gone by and television feels more stale than ever, my list of holiday

On the very top is *National Lampoon's Christmas Vacation* which I find myself laughing just as hard at each year as the Griswold family battles squirrels, cousin Eddie's septic tank and a kidnapping charge.

Other favourites include *Scrooged* starring Bill Murray, *Home Alone* (with the all-but forgotten Macaulay Culkin), *Mr. Bean's Christmas* and *A Christmas Story* aka "You'll shoot your eye out, kid!"

Bringing in the kind and warm-hearted side of the season are films like *Miracle on 34th Street* and *It's A Wonderful Life*. But the film everyone should watch to get themselves into the yuletide mood is the 1951 classic, *Scrooge* with Alastair Sim as Ebenezer.

New films are added each year that are destined to be holiday classics like *Elf* and *The Grinch*.

So if you need a dose of the holiday spirit take some time to enjoy these holiday classics.



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Cathy Grondin  
Employment Services Elgin  
(519) 633-5200 ext. 232





## A Pole-ished kid site

So maybe we can't find Santa's workshop, but the net offers the next best thing: a virtual tour of the North Pole

By Brian E. Wilkinson

Technology meets mythology as Santa and his elves get their digital groove on and sleigh their way onto the Internet at [Northpole.com](http://Northpole.com).

The web site has it all. Links to Santa's toy shop, news about the temperature at the North Pole, a direct link to NORAD's Santa tracker, a personalized storybook, a place where kids can write a letter to Santa and a Q & A where kids get answers about Santa straight from the source.

A few of my favourites include: "What doesn't Santa like to eat?" to which he responds "Santa doesn't like to eat venison (reindeer) burgers," and "How much does Santa weigh?" that gets the coy response of "A little more than he should, but he stays healthy with all his exercise."

If you really want to have fun, check out the "Disco Dancing Santa" featuring the fat man getting down to stylized versions of Christmas carols. Users can add in trees and change the tunes, as well as the moves that has Santa's belly shaking like a bowl full of groovy jelly.

Want to find out if you're naughty or nice? (I'll tell you now, you're all naughty). Then there's a place where you can take an Internet survey to find out

which side of the fence you're on.

The questions are all largely harmless ("Do you wash your hands before meals?") but add to the fun and quirkiness of what the site offers.

Alas, not everything is tinsel shiny perfect at this site. Obviously geared towards parents, browsing through Santa's workshop shows a delightful screen with an animated elf and pooch with dozens of colourful

items on the shelves.

Clicking on them doesn't deliver fun animation or sounds, but are direct links to the online store at [Amazon.com](http://Amazon.com).

Call me cynical, but I don't like the idea of Santa using UPS to ship his toys rather than the old-fashioned going-down-the-chimney method.

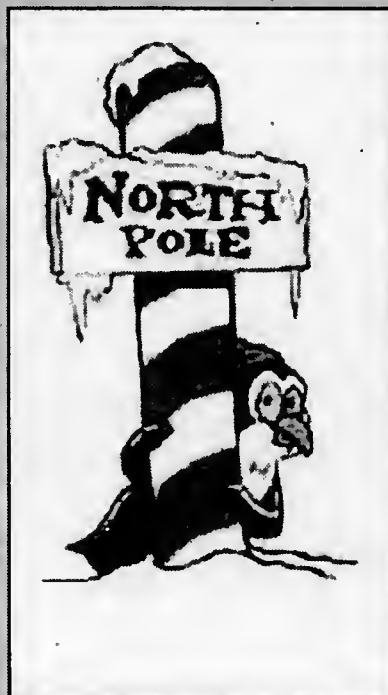
But that's just me.

Thankfully, the links to online stores are few and far between. There are no banner ads or other kinds of advertising.

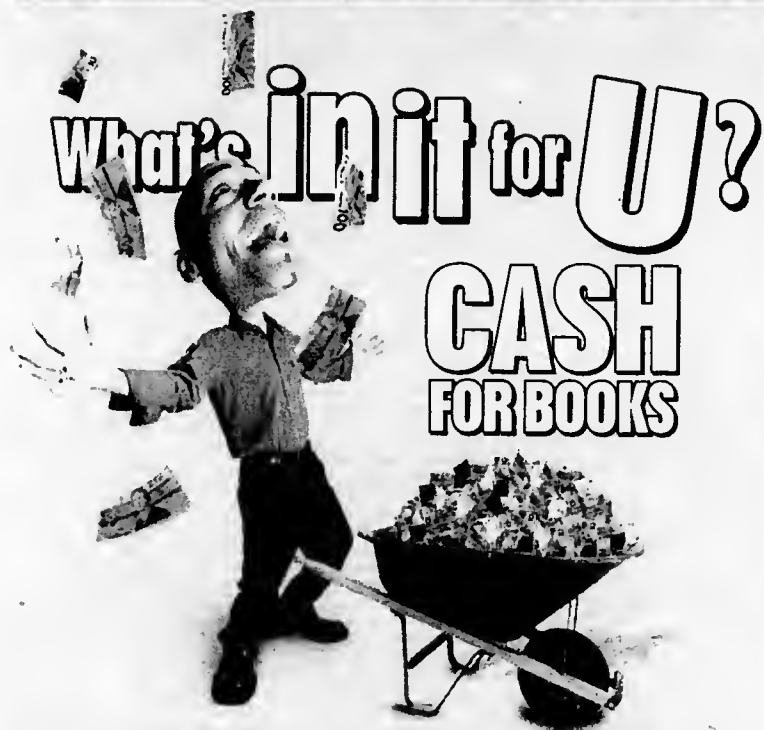
The only obvious financial link on the eight-year-old site is letting people know that every purchase made in Santa's gift shop helps towards keeping the site online.

It's a good site with plenty of fun for the kids (and cheap marketing for the parents) and as good a distraction as any for kids that can't wait for the holiday season to arrive.

Happy Holidays from EXchange!




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## The new and improved Hotmail service debuts for e-mail users

By Jason Bain

Over 12 million Microsoft Hotmail users in Canada noticed something different with their e-mail on Tuesday - it looked drastically different.

According to Microsoft, the new version of MSN Hotmail will bring key functionality of other Microsoft and MSN products to customers including vast improve-

ments for reporting and managing junk e-mail, contact lists and schedules. The changes include a more consumer-friendly interface with more integration for customers of MSN Messenger - a free instant messaging service - with its 11 million users in Canada, a new Today page and new contact-management features.

"The new MSN Hotmail provides consumers with a wealth of tools to gain control over their e-mail, calendar and contacts," said Blake Irving, corporate vice-president of MSN Communications and Merchant Platforms at Microsoft.

"With Microsoft SmartScreen Technology, people can take an active role in helping block the spam they and others receive," he added. "This is just one example of providing people with the tools and technologies they need to better manage their e-mail."

Worldwide, 145 million users

visited Hotmail last month while 110 million customers logged into MSN Messenger.

"The new Hotmail offers the most significant re-design of the customer experience since the service's launch and will be very familiar to people who use Microsoft Outlook," said Catharine Katic, of High Road Communications, the public relations computer representing Microsoft in Canada.

"The spam problem strikes at the heart of our business and Microsoft is committed to helping protect email as an essential communications tool," she said.

She said Microsoft views its vital role in the everyday lives of people as a great responsibility.

"There is no doubt about it, MSN Hotmail and MSN Messenger have become an integral way for Canadians to communicate," Katic said.



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# The many faces of Andrea Martin



PHOTOS BY AMY WARD

## Former SCTV star entertains comedy students at Humber's Lakeshore campus

By Amy Ward

Andrea Martin was scheduled to give a two-hour lecture to Humber's comedy writing students last week, but it only took her two minutes to tell them all she knows.

"I don't really know much about comedy, I guess I've just done it," she told about 120 students gathered in the assembly hall at Lakeshore campus. "I don't really know how to talk about it. I can talk about what it's like to be a person, what it's like to come from a place of truth, and what it's like to have a unique voice."

"Just find out what is uniquely you. That is really what I believe. That is what builds careers. And that, even when you're not working, will really give you a sense of peace."

"Bye."

The hall erupted in laughter as Martin started to walk away, just two minutes after she took the stage.

Returning to the podium, she

spent the rest of the two hours talking about her career, her experiences on *SCTV*, *My Big Fat Greek Wedding*, *Hedwig And the Angry Inch* and starring in her one-woman show *Nude, Nude, Totally Nude*, while offering encouraging words to students.

"Keep doing what makes you laugh," she said. "Who are you, what is your observation on life? People are very attracted to truth, I know that from the comedians you like. That's why Johnny Carson was popular, that's why you like David Letterman, that's why you like Conan O'Brien, they have a point of view that you buy into."

The Emmy and Tony-winning Armenian-American actress said she even doubted herself at one point, and took some time to get to know who she was. She suggested the students, or anyone for that matter, get to know who they are before they delve into their professions.

"What would I say to all of you that I wish somebody had told me

years ago but they didn't? Learn everything you can about yourself. I didn't know what it was like to stand up in front of people as myself, that's the journey of what I want to talk about today," she said.

"I've got to be able to stand up in front of all of you and think that I'm worthwhile, without that leopard coat, without the glasses, without the hats, without the jokes. Am I enough standing here in front of you? Now I really do believe it."

Martin said she feels it is important for her to speak to others about comedy and her personal stories.

"I think we all like to know that there's a pot of gold at the end of the tunnel," she said. "They're all working hard for something. I think it's important to know that you can have success and still have a balanced life. Also, I really believe in the craft of it, I really think that you can have a career in comedy with substance."

"It's a really important message for me to get across. It's really about the work and not always

about being a flash in the pan."

The students were excited as Martin signed autographs and posed for pictures after the event.

"It meant a lot because she's someone you think you'll never get to see face-to-face and actually ask these questions," said Liz Pereira, a second-year comedy student.

"It's from someone who's actually been there and done that, someone you can actually take advice from, so it's really important. I mean, it's Andrea Martin, but it's almost not about that anymore. It's more about her experiences, and because she's a female in this industry, too."

David Downey, a first-year comedy student, said he learned a lot from Martin's lecture.

"It's always good to hear from people who have had a lot of experience in the business that I want to get into. She talked about a lot of things that I hadn't heard about from other people in the business."

And if you're wondering who Martin's favourite comedians are,

she said she likes comedians that come from different characters.

"I think Adam Sandler is hysterical, I think Mike Myers is really funny, Catherine O'Hara makes me laugh out loud, Eugene Levy, Joe Flaherty," she said. "I thought Ellen Degeneres in *Finding Nemo* was hysterical."

At the end of the lecture, faculty presented her with a bouquet of flowers and the Thalia Award, the Humber Prize for Outstanding Achievement in the Comedic Arts.

"It's beautiful. I get to keep it?" she asked. "Usually when schools hand out awards they keep them and put them up in display cases. Thank you so much."

The Comedy Writing and Performance (Post-Graduate Certificate) Program is gearing up for a night of sketch comedy, directed by Adrian Truss (Second City alumnus).

The \$2 event is planned for this Sunday at 7:30 p.m. in the Lakeshore campus auditorium.

Tickets are available at the door.

## New dating show is full of gay pride

By Crystal Stewart

This fairy tale is definitely not a Disney movie.

It's also the first of its kind.

Fairy Tale is a new dating show on PrideVision TV in Toronto and, according to co-producer and director Naomi Hiltz, it's the first dating show where all guests are gay, lesbian, bisexual or transsexual.

"We wanted to tap into a market like the gay community that hasn't been tapped into and give the gay community the same opportunity that everybody else has," Hiltz said.

Host Nelson Tomé said the show will include a wide variety of people from leather guys and drag queens to "your aunt Bertha who's a lesbian and lives up in Milton or

something."

The show starts with the contestant choosing from three potential dates, who have 45 seconds to make an impression.

"They can do anything from talking, singing, stripping, whatever they want," Hiltz said.

After the guest picks one companion, they go on a date with cameras following their every move.

One recent guest, Roger Hitchcock, a high school history teacher from Hamilton, said he was excited about going on his first date in 17 years.

"There's nothing worse than a gay man spending Friday night alone, at home with his 20-pound cat named Valium," Hitchcock said.

Hitchcock also responded to what kind of man he was hoping to

date.

"Someone smart, someone who can make me laugh, and someone who wears their jeans very, very, very well," he laughed. "Even if I don't find that love connection, the whole idea, the whole premise of this is to have fun, and I hope I have a lot of fun tonight."

Hitchcock chose a guy named Bruce and they went out for some dinner and dancing.

"We haven't shot the conclusion yet, so we don't know if it's a match," Hiltz said. "All I know right now is they had a really good time."

Fairy Tale airs Thursday at 8:30 p.m. and Sunday at 8 p.m. There is currently an open call for contestants, and anyone interested can e-mail co-producer Myles Shane (myles@hiltz2.com).

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# And the CASBY award goes to . . .

By Shawn Loughlin

This year's Edge 102 presentation of the CASBY awards, the annual showcase of new Canadian talent, took place last Wednesday night and was the hot spot for the who's who in Canadian Music.

The show, hosted by Dean Blundell of Edge 102's morning show, was soon taken over by Iggy Pop and Sum 41 performing together for the first and only time. There were also strong performances by Pilate, Gob, and The Dears, performing two songs each.

Appearances were also made by David Usher, Sloan and Not By Choice.

## ...but does anyone remember who they are?

By Shawn Loughlin

It was something that my mother used to scold me for, "You're listening to me, but are you hearing what I'm saying?"

I couldn't help but think of that saying at this year's CASBY awards.

When my best friend won tickets and asked me to go, all I could think about was the reunion performance by The Pursuit of Happiness.

When Pursuit took the stage, I was excited to see them play a couple of songs and receive a Lifetime Achievement Award, but the rest of the crowd didn't care. The people listened only because they couldn't turn them off, and afterwards they gave a standing ovation, only because there were no chairs.

After a brief video history of the band, The Pursuit of Happiness took the stage to quiet, courteous applause from the crowd.

The performance was energetic. It was obvious that frontman Moe Berg still has what it takes.

But the crowd didn't get it, or appreciate it.

What would have been a highlight for many Canadians, was lost on this young audience of new rock

and excited Edge contest winners which made up a very diverse, yet enthusiastic crowd. The Pursuit of Happiness made their return to the stage to receive the Lifetime Achievement Award and to perform two songs, but the highlight of the night came when pre-punk legend Iggy Pop took the stage and rocked the crowd with Sum 41. Sum 41 took the stage first playing two of their own songs, before

and excited Edge contest winners which made up a very diverse, yet enthusiastic crowd. The Pursuit of Happiness made their return to the stage to receive the Lifetime Achievement Award and to perform two songs, but the highlight of the night came when pre-punk legend Iggy Pop took the stage and rocked the crowd with Sum 41. Sum 41 took the stage first playing two of their own songs, before

and excited Edge contest winners which made up a very diverse, yet enthusiastic crowd. The Pursuit of Happiness made their return to the stage to receive the Lifetime Achievement Award and to perform two songs, but the highlight of the night came when pre-punk legend Iggy Pop took the stage and rocked the crowd with Sum 41. Sum 41 took the stage first playing two of their own songs, before

being joined by Pop. The 57-year old rocker got the crowd jumping with *Little Know it All*, his latest single. After a brief pause, he busted into the classic *Lust for Life*, sending the crowd into a frenzy to finish off the night.

## What's Up

### For the holidays in T.O.

By Melissa Green

If this season leaves you with a thin wallet and frazzled nerves, instead of pulling your hair out, take a break from the holiday hoopla and check out what Toronto has to offer.

At Nathan Phillips Square, over 100,000 lights are twinkling at the 37th annual **Cavalcade of Lights** kicking off the month-long Weekends of Wonder events that will run every Friday and Saturday until Dec. 20.

The Cavalcade of Lights display begins each night at dusk until 11 p.m. and will continue through until Dec. 31.

Featured in the **Weekends of Wonder** is **The Spheres**, a performance by Australia's **Strange Fruit** that blends dance, acrobatics, and special effects, "giant luminous orbs." The Spheres will be performed at 7 p.m. each weekend.

In December, Nathan

Phillips Square hosts a free outdoor **skating rink** beneath the Freedom Arches. The rink is open daily from 10 a.m. until 10 p.m. and skate rentals are available.

This year, there is also an outdoor market selling "seasonal wares" outside city hall.

Due to growing attendance, **Designs in Ice**, the annual **ice sculpture display**, has been moved to the Yonge-Dundas Square.

This year will be the third installment in the ongoing **Lord of the Rings** theme and can be seen from Dec. 27 to Dec. 29. Over 20,000 kilograms of ice will be carved over the three-day event and the viewing public can cast votes for the best sculptures.

On Dec. 27 and 28, **Circus Orange** will perform at the Yonge-Dundas Square to wrap up the **Designs in Ice** event. The performance includes chain-saw juggling, ice chiselling, stunts, and pyrotechnics.



Who the hell is this guy? I wanna see Sum 41.

fans.

The show was soon taken over by Iggy Pop and Sum 41 leaving The Pursuit of Happiness to quietly fall through the cracks. The crowd started to filter out around 10 p.m., rather early for a music event, but I figured that there must have been something going on for the artists.

Comforted by the assumption of an after-party to honour The Pursuit of Happiness, I left down, but not out.

However, when I was leaving the parking lot, I drove past Pursuit's

frontman Moe Berg, walking through the parking lot alone on the way to his car, carrying his guitar, followed by no one.

I felt that there was something wrong.

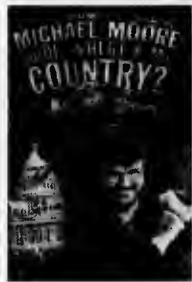
On a night that Berg and his band were honoured for such achievements as career-spanning success and innovation, not one fan was talking to him, trying to get his autograph, nothing.

With Edge listeners lucky enough to win VIP passes staying at the CASBYs longer than Berg did, I couldn't help but feel sadness at how Berg's first night as a lifetime achiever had ended.

With the music industry not providing a very long shelf life, those who persist should be recognized and respected, by their peers as well as the fans.

Can dull, lifeless responses be expected further down the road when Lifetime Achievement Awards are handed to great Canadian acts like, The Tragically Hip, Barenaked Ladies or Sloan? If a Canadian band disappears for two or three years without a hit song, are their past successes doomed to be forgotten? The Pursuit of Happiness is a prime example that all signs point to yes.

## Reviewed this week: Michael Moore's *Dude, Where's my Country?*



Title: *Dude, Where's My Country?*  
Author: Michael Moore  
Publisher: Warner Books  
Price: \$24.95

By Sarah Mann

Michael Moore's latest offering, *Dude, Where's My Country?* is full of goodies guaranteed to keep you picking it up again and again, at least until next November's U.S. presidential election.

The success of his last book, *Stupid White Men*, and his Oscar-winning documentary, *Bowling for*

*Columbine*, seems to have lit a fire under Moore, giving him the reassurance that other Americans share his view that it's time to kick George Bush out of the White House.

*Dude, Where's My Country?* shapes reports from mainstream media into a series of related editorials that start when Bush lost the vote in the 2000 election – but won the presidency – and explores his policies before and since Sept. 11.

Though what reads like a call to action for Americans, the book presents some startling scenes that have received little coverage in Canada.

For example, in the first chapter, Moore slaps readers in the face with a report that the Saudi govern-

ment and the FBI helped roughly two dozen members of Osama bin Laden's family get out of the U.S. on a private jet – at a time when all air traffic was suspended after the Sept. 11 terrorist attacks.

Then, there's the 1997 report that members of the Taliban travelled to Texas when Bush was governor to meet with oil and gas company executives.

"They rolled out the red carpet for some of the world's most notorious, murderous thugs and showed them a real good, down-home, Texas time."

Though most of the book takes a serious approach, Moore employs his trademark satire to make his points. Chapter Two, titled *Home of the Whopper*, equates each Bush

whopper of a lie with the all-American burger. My favourite is the 'Whopper with Freedom Fries (and American cheese): "The French are not on our side and they may be our enemy!"'

With Michael Moore, you usually know what you're going to get. But *Dude* really caught me off guard.

The final chapter, titled *Bush Removal and Other Spring Cleaning Chores*, begins with the statement: "There is probably no greater imperative facing the nation than the defeat of George W. Bush in the 2004 election."

So, who does Moore think should run against Bush? Oprah Winfrey. And he makes a convincing argument that Oprah could beat

George W. "She's like Bruce Springsteen, Mother Teresa, and Princess Di all rolled into one," Moore writes. "I know, you probably thought I was just writing this stuff about Oprah for a laugh. I'm dead serious."

And what will Moore do if Bush is re-elected? Maybe move here. "Four more years of this insanity, and suddenly Canada doesn't look so cold."

This *Dude* is a good read, especially for Canadians who can sit back and think: At least it's them, not us.

Still, everything that happens in the U.S. affects us – which makes this an important book. Not only will you laugh, but you'll learn a thing or two too.



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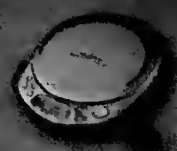
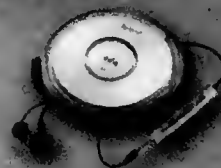


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## Pump down the volume

# Experts warn music lovers that high volume is "invisible killer"

By Priya Ramanujam

The next time you decide to pump up the volume on your headphones, think again - you could be doing 40 years worth of damage to your hearing in just a few days.

According to studies on hearing loss conducted by a group of students at the University of Toronto, the average sound level of an ordinary Discman is equivalent to that of a lawn mower at full throttle, at 110 decibels.

The leader of those studies, Jason Lee, a U of T master's graduate of electrical and computer engineering, says at levels of 110 decibels, hearing can be significantly affected after only four straight hours of listening.

"Duration matters," he said. "If you're around loud sound for a brief moment, the effect is minimal, but after prolonged exposure to loud noise you can induce hearing loss."

Ashley Wiltshire, a second-year comedy writing and performance student, says she listens to her Discman everyday, and was unaware that it might be hazardous to her hearing.

"My Discman is a part of me," she said. "I can't imagine my two-hour commute without it, but I never would have guessed it was that harmful."

People plugged into their music on the subway, like Wiltshire, are doing even more harm, Lee says.

"Because the subway itself is so loud, people always have an inclination to turn up the volume, thus damaging their ears more."

This is of particular concern to health experts who deal with hearing problems. In large urban environments, where there are constant sounds of traffic, airplanes and construction, people tethered to earphones try to drown out the outside sounds by pumping up the volume.

"After frequent use of headphones at loud decibels, loud sound starts to seem quiet. This is when people turn up the volume," says Professor Kenneth Norwich, who supervised the U of T studies.

This adaptation is a result of a person's decreased sensitivity to sound levels, he said, and occurs due to overexposure to loud sound.

One of the most common types of hearing diseases is known as sensorineural hearing loss. This disease, which damages the ear canal's outer ear cells, affects a person's ability to recognize different sound frequencies.

"In most cases people are unable to hear high frequencies, high pitches, and lose their ability to comprehend common speech," Lee said.

People suffering from the disease may find it increasingly difficult to hear conversations in loud environments. In addition, sounds that are usually quite loud to others - car horns, alarm clocks, blaring televisions - may seem consid-

erably quieter.

Lee says what makes hearing loss so dangerous is most people can't detect it. He says it's like an "invisible killer."

"It builds up over time, day by day, and most people aren't able to tell if their hearing is being damaged," he said.

Norwich and Lee agree that anyone even remotely concerned about their hearing should see a doctor or an audiologist.

A basic test, called an audiogram evaluates a person's ability to hear different frequencies at various sound levels.



## Biting bed bugs pose problems for Torontonians

By Lydia Dumyn

When tucked in your cozy bed this winter season, sleep tight, and literally, don't let the bed bugs bite.

A recent CBC News report says, "Canadian bed bug infestations have increased as much as 600 per cent in the past decade."

Michael Meager, Toronto pest expert and owner of Bugs R Us, says the creepy critters have become a huge problem in city hotels, shelters, hostels, and student residences, particularly during the last year.

The *Cimex lectularius*, commonly referred to as a bed bug, is a flat parasite, about five millimetres long, that hides in furniture.

"They prefer the bed, but they'll follow you for their

blood meal," Meager said. "They're especially pesky because they can go a year without feeding."

In most cases, insects can be starved by removing the food source, "but these guys are ferocious, and difficult to get rid of."

**"These guys are ferocious, and difficult to get rid of."**

Meager suggests spraying with pesticides. You should also take your entire bed apart, including the frame. Clean it thoroughly, and have all the linens cleaned. Don't forget to steam clean the carpet,

and other furniture.

While eliminating them is difficult, transmission is easy, Meager warned. The bugs hide in your clothing. When you visit friends at their place, the creepy critters stay behind. Most of the time, Meager said, people don't realize they're sharing their bed until they notice allergic reactions to the bites, which are red, and depending on individual reactions, can be barely noticeable, or inflamed, and painful.

Humber's student residence staff hasn't had any reports of nibbles.

Student Residence Manager Allison Alexander attributes the bug-less beds to their "proactive prevention program."

With SARS and West Nile Virus floating around throughout the past year, the question is, "Can bed bugs

transmit disease?"

Entomologist Jerome Goddard, expert with Pest Control Technology Online, explores that question in his paper published on the website, Focus on Public Health: Do Bed Bugs Carry Disease?

He concluded that bed bugs have been found to carry various diseases, but they have never been proven to transmit them. Goddard's research included a look at HIV and the hepatitis B virus.

In his paper, Goddard assures that "for many people the bite is nearly undetectable. Bed bug bites are generally self-limiting and require little specific treatment other than antiseptic or antibiotic creams or lotions to prevent infection."

To view Jerome Goddard's paper, visit [www.pctonline.com](http://www.pctonline.com).





## Humber class to write about mystery

By Kristen Brownell

If a good mystery novel keeps you reading past your bedtime and you spent your childhood with the likes of Nancy Drew and the Hardy Boys, then Humber's new creative writing course is for you.

Crafting Modern Mystery, a creative writing course that will explore the craft of mystery writing, is scheduled to begin Tuesday, Jan. 13, at Humber's Lakeshore campus.

"Anyone with a keen interest in mysteries can join the course. We've only started to market the course, but are hoping to attract about 15 students," said Madeleine Matte, manager of communications for the school of Creative and Performing Arts.

"We've offered mystery writing in our summer workshops, which have successfully run for 13 years, attracting anywhere from 100 to 150 participants," Matte added.

"Mystery is a popular genre and we've also decided to expand our continuing education offerings."

Crafting the Modern Mystery costs \$355 and will run weekly from 6:30 p.m. to 9:30 p.m. until April 20, on a continuing education basis.

### conflict

Professor Cathy Vasas-Brown will journey through the types of conflict and techniques for building and sustaining tension and suspense. Students will obtain confidence in their ability to create credible characters, dialogue, point of view and the interweaving of subplots to divert the reader. Pacing and setting will also be studied.

"Hopefully they'll [students] get a good grasp on what it takes to write a successful mystery," Matte said.

Brown is a graduate of the Humber School of Writers program and a published author. Her first novel, *Every Wickedness*, was nominated for an Arthur Ellis award in 2001 for best first crime novel. Her second book, *Some Reason in Madness*, a tale of obsession and unrequited love is set to be released in April.

"When I asked her to teach the class for us, she was very keen to agree," Matte said.

If you live to be scared, add some thrill to your life by crafting your own mystery.

For further details and to register, call (416) 675-5000.



Student Alisha Trigatti enjoys a drink at the school pub.

## Students pour stronger drinks than they think

*Alcohol amount in mixed drinks exceeds estimates by 80 per cent*

By Angela Homister

The reality of student life may not be far from the depictions in movies like *Animal House* and *Can't Hardly Wait*.

According to a new study, students are consuming more alcohol than they realize.

The Duke University study found college students who mix their own alcoholic drinks at parties put in more liquor than what is considered a "standard" drink.

"In general, students overestimate the amount of alcohol in a shot by 26 per cent and the amount in a mixed drink by 80 per cent," said Aaron White, assistant research professor in the department of psychiatry at Duke University Medical Center.

Those percentages come from a comparison to "standard" drinks. One beer is 12 ounces, one alcoholic drink or shot, 1.25 ounces and one glass of wine, 4 ounces.

Schools hand out surveys in order to find out how much alcohol students are consuming. However, the surveys fail to state how much alcohol is considered to be one drink.

"When I make a drink I just pour however much liquor looks

like enough," second-year child and youth worker Miranda Eby said.

It is not hard for students to pour more liquor than they think they are.

"When drinking liquor, it would be very easy to pour four or five shots into a cup with some Coke and call it one drink. Just because it fits in a cup doesn't mean it's one drink," White said.

White said there should be labels on alcohol, just as there are on food to show how many servings of liquor are contained in a bottle of beer, a cooler or bottle of wine.

"When someone picks up a box of cookies or a bag of potato chips, one of the first things they often do is look for information about serving sizes, calories, etc. Doesn't it make sense that these labels should be placed on drinks that contain alcohol?" White said. "Grape juice has them, so shouldn't wine?"

White said the study serves as an "eye-opener" for some students when they learn that they actually drink a lot more than they thought. "We really need to educate students about how to accurately define a drink, that much is certain."

## Annual craft show displayed Canadian talent

By Michelle Milligan

A Humber grad who turns her creative designs into clothing, and an artist who turns photos of lions into artwork were but two of 250 artists at the Metro Toronto Convention Centre last week for the 20th Annual Signatures Craft Show.

One young artist and entrepreneur, Marija, a Humber theatre graduate, owns a clothing company, Trixie Blue. Her collection, which she has been working on for the past eight years, includes shirts, underwear, bags and pants.

"I design my own graphics and incorporate them into my clothing," Marija said. Her first time at the show was good exposure for her line she said.

"I've had such great responses and people have been so wonderful. It's especially great when customers really enjoy my work because I love creating things and it's nice to see them enjoy it too."

Booths of the 250 Canadian artists, artisans and designers displayed handmade crafts and pieces of art, jewelry, clothes, pottery, sculptures, glassware, paintings and even African soapstone art.

Edward Spera, from St. Catharines, Ont., who travels the world photographing wildlife, explained how he turns his pictures into paintings.

"We travel two to three months a year, my wife and I, to different exotic destinations around the world," Spera said.

"We take hundreds of thousands of reference photos. I come back to the studio and essentially recreate the photos."

He's been doing these recreations for the past eight years, since discovering his talent accidentally.

Monica Normann also stumbled into her vocation about two years ago.

"I walked into a bead store one day and thought this would be really fun, and I started creating these designs," Normann, the creator of Glam, said.

"They kept coming out of me and now I have 50 stores which carry my jewelry. I think I've always been an entrepreneur and I had to find that one thing that made me excited."

Visitors like Sandra Mitchell of Toronto, doing a little Christmas shopping, said she loved coming to the show.

You can see these artists' designs and products at [www.trixieblue.ca](http://www.trixieblue.ca), [www.speraart.ca](http://www.speraart.ca), and [www.glamjulz.com](http://www.glamjulz.com).

### What's Up

**Calypso Christmas:**  
Dec. 4, 40 Prichard Ave., starts 7 p.m., Admission is free

**National Day of Remembrance and Action on Violence Against Women:** Dec. 6, [www.swccfc.gc.ca](http://www.swccfc.gc.ca)

**Winterrific Festival:**  
Dec. 6, at Humber Arboretum from 10 a.m. to 4 p.m.

**Christmas Community Supper:**  
Dec. 20 at 1695 Dufferin St. Call 416-652-1794



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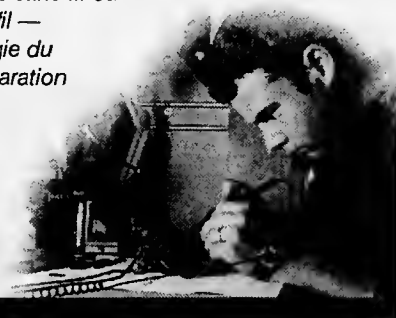
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# Censoring satire

By Tim Westmorland

Earlier this year in Dearborn Heights, Michigan, a 16-year-old high school junior was suspended from his studies for wearing a T-shirt that his school called offensive.

It wasn't because of bad language, sex, drugs or racist remarks plastered across the student's chest, but because a picture of President Bush was accompanied by the words "International Terrorist."

Bretton Barber's suspension caused a lot of debate about free expression in the U.S., and now raises some important questions about life in Canada. Would a Canadian student be sent home



from school if he wore a shirt that expressed his disapproval of Jean Chretien?

In Canada, poking fun at politicians is not just widely accepted, it's funded by the government. CBC's *This Hour Has 22 Minutes* is celebrating its 10th year of programming and prides itself on pulling no punches when it comes to satirizing Canadian politics.

"A show like *22 Minutes* could never appear on an American network... and still have the same level of popularity," Rick Mercer, former member of *22 Minutes*, said during an interview with

StudentBODY magazine. "[Americans] don't have a history of satire or appreciating satire. They're not really into it."

Canadians tend to treat jokes about their country as humour and not opposition. It's something that makes Canadian culture unique, and one of the reasons a show such as *This Hour Has 22 Minutes* can be so successful.



An extra large double double or a small black decaf... what's your drink of choice?

## A little taste of hockey legend

By Mary Presta

With over 2,200 locations across Canada, Tim Horton's is widely known by its customers for its speedy drive-thru, great tasting coffee and genuine Canadian sentiment.

But what is it about Timmy's that makes the

chain so sentimental to Canadians?

Named for former Toronto Maple Leaf Tim Horton, the chain was opened by the NHLer in 1969.

Horton, born in Cochrane, Ontario, was signed to the Toronto Maple Leafs in 1949. He was known as the steadiest defenseman throughout his 22 years with the National Hockey League.

In 1964, he and partner Ron Joyce opened the very first Tim Horton's in Hamilton.

Tim Horton's has become a place where people go for small social gatherings.

Hallett, 20, a Pembroke resident originally from North Bay, said when he goes home to visit friends and family, he does not abide by the warning on the wall.

"I love Tim Horton's. I'm addicted. My friends and I stay for at least an hour, just catching up," Hallett said, while drinking a Tim Horton's extra large coffee.

Tim Horton died in 1974, just 10 years after his coffee and donut shop swept the country. He was playing for the Buffalo Sabres and was driving home to Toronto from a Buffalo game when he got into an accident and met his tragic fate.

Tim Horton's employs over 55,000 in its retail chains across Canada, 760 at its head office in Oakville, and has five distribution centres across Canada.

Although a sign on the wall warns customers can stay for a maximum of 20 minutes, Jason



All stories in this All-Canadian section have been reported and written by Guelph-Humber media studies students.

## Lacrosse, Canada's national sport?

By Kira Simpson

Even with more action, more fights and more goals than hockey, Canada's national sport is struggling to find its much needed fan base.

Although lacrosse has been played for centuries in Canada, (first by native Canadians), only in the past five years has it reached professional status with its first pro-team in the National Lacrosse League (NLL), The Toronto Rock.

The Rock's coach is Les Bartley, who has the best win/loss record in professional lacrosse. The team has won the NLL Champion Cup four times and is the only Toronto team to win back-to-back championships since the Jays won the World Series in 1992 and 1993.

Even though lacrosse is Canada's official national sport, it

hasn't gained a great amount of popularity. Although the Toronto team averages the largest fan base in the NLL, it still only draws half the fans a hockey game does.

"There's no apparent reason why it hasn't caught on yet," said Robert Lloyd, a former top level lacrosse player for the St. Catharines Athletics, before professional Canadian lacrosse existed. "Everyone who's seen it loves the game."

Lloyd, a Rock seasons ticket holder, says he has only missed one game in five years. He added that he is optimistic about the future of the sport in Toronto because it's a brand new professional sport that merely needs more media coverage.

A front row ticket to a Rock game is only \$40 at the Air Canada Centre, and the 2004 season starts in January and runs through May.

## Canadian athletes sprint past border

By Antonnette Smith

Steve Nash did it. So did Curtis Joseph. And so did Mike Weir.

What all these famous Canadian athletes have in common is they all went to American universities. And they aren't alone.

According to Simon Fraser University's website, every year 2,000 Canadian athletes leave Canada to play sports for American teams.

Now, the burning question is, why are young, talented, Canadian athletes flocking to the United States?

Perhaps the possibility to someday play for a professional sports team appeals to them.

The idea of becoming the next Doug Flutie or Jerome Iginla is a tantalizing fantasy.

However, it's more likely most Canadian athletes migrating south just want free education.

High school student Stephen Goddard, 19, is excited to join the ranks of those going down south to play college level hockey. According to Goddard, money is

his main motivation to make the move.

"The United States offers full athletic scholarships. Canada does not," he said. "I would probably have to be the best hockey player in all of Canada or have a 99 per cent average to get a Canadian scholarship worth more than a few thousand dollars."

Matthew Morris, 18, expressed similar views.

"I like football. The U.S. offers me the chance to do what I like and get a free education at the same time," Morris said.

Yet despite the number of athletes leaving for the

United States, most know that they will not become the next LeBron James or Kobe Bryant. Therefore, they do not plan to make the move permanent.

"Playing in the NFL would be nice, but it's not very likely that I will make it there," Morris said. "So I'm just going to the States to use my talent to get me a free education, but after that I'm coming back home. Canada is all that I know. I love this place. I could never live anywhere else."





All stories in this All-Canadian section have been reported and written by Guelph-Humber media studies students.

## Film industry brain drain?

By Bill Stepec

The Canadian film industry may be in serious trouble.

It's no secret that California Governor Arnold Schwarzenegger intends to keep film production in California and understandably, organizations like ACTRA (Alliance of Canadian Cinema, Television, and Radio Artists) are distressed.

Once a preferred filming location due to the lower dollar and several tax incentives, it's possible that Toronto may soon see its final days as "Hollywood north."

Larry Horowitz, a professor of comedy at Humber College who has been in movies starring actors such as Jim Carrey, likes the idea of American companies casting, producing and shooting in Toronto.

"It allows Canadian actors and writers to practice their profession on home turf," he said.

Yet it has become something of a tradition for Canadian talent to move south.

If the opportunities offered in Canada become limited, this trend will only be heightened.

The economy could also suffer from decreased film production. Millions of tax dollars may be surrendered to California, not to mention the impact to the small business owner.

"If a man needs to rent [out] 300 costumes to survive, he either rents [out] the costumes, or he goes out of business," said Dana Meschilite, a puppet designer who, along with her husband, has been involved in everything from children's programming to the recent *Scary Movie 3*.

But not all predictions are as bleak.

"Our economy should get a boost from the movie industry because we have a nice clean city that people want to use as a backdrop," Horowitz said.

Canada will remain an attractive location regardless of anything Governor Schwarzenegger implements in California, he said.

Not even Meschilite, a freelancer without the comfort of guaranteed work, is alarmed.

"If we're not working on movies, we're working on television. If we're not working on television, we're working on a theatre production," she said.

Even without business from the U.S., Canada has a strong arts community to help supplement the film industry.

Ultimately, it's the filmmaker who decides the fate of the industry in California and Toronto, and until Schwarzenegger takes action, any suggested outcomes are mere speculation.



From left to right: Len Cervantes, Caroline Mangosing, Romeo Candido of the Digital Sweatshop. The award winning team is the creator of a new show on *Omni 2*.

## New show set in St. Jamestown targets underprivileged youth

By Hazel Parilla

The Digital Sweatshop, an independent production company, will use a \$100,000 award from Vision TV to produce a new dramatic television program that reflects Toronto's cultural diversity.

The company won *Vision TV's* first-ever cultural diversity drama competition last October for *St. Jamestown*, a program scheduled for completion in the summer of 2004.

The drama is about a successful television producer who devotes his time as a media arts teacher to underprivileged youth in the urban St. Jamestown community (located at Wellesley Street and Parliament Street in Toronto).

*St. Jamestown* will explore the creative ability of today's youth when they are given access to new digital media equipment.

"There is a huge cross section of cultures represented there, and that's going to be reflected in how we cast the show," said Caroline Mangosing, co-creator, producer and writer of *St. Jamestown*.

"There is a move to start creating media that reflects the diversity in the population," she said.

"Representations of people of different races and cultures are often stereotyped and caught in a state of dealing with identity issues. We want to keep it real and keep moving forward."

She added that because the show is about youth in the community, it allows for a variety of issues to be covered.

Alongside Mangosing at The Digital Sweatshop is Romeo Candido, director of the internationally acclaimed feature film *Lolo's Child*, and Len Cervantes, segment producer for *FLIP*, a modern Filipino cultural show on *Omni 2*.

## Designer inspired by love letters

By Maggie Wietczak

Fashion designers don't have to be excellent artists.

They should, however, be capable of combining tones, shades and colors, something Canadian fashion designer and innovator, David Dixon, has been mastering since 1994.

"It's not only about having a vision, an idea, it's how you present the idea that's tricky," Dixon said.

Dixon graduated from Ryerson Polytechnic University in 1993, where he received many awards for his ability to produce creative and innovative work.

Dixon's 2003 fall/winter collection was composed of mostly black and white and is made to look like ink on paper.

Inspired by his grandparents' heartfelt letters written during the first World War, Dixon created a romantic and passionate mood throughout his presentation last month.

Daniel Cox, fashion editor from *Minimidimaxi* magazine, said that

Dixon's striking vision of radiance, obstinacy, poise and gusto appear throughout his collections.

Dixon has designed clothing for famous celebrities such as Wendy Cruisin, Meg Ryan, Holly Cole and Ashley MacIsaac.

His fashions are now not only found in Canada, but in the Middle East and the U.S. as well.

It was after watching an interesting episode of the 1970's TV show *Love Boat*, in which several fashion designers had cameos appearances on, that Dixon realized his desired vocation in life, to be a fashion designer.

"I've been fascinated by fashion since I was 10 years old. I guess if a business opportunity presented itself, I would take it, but I would never leave for good," Dixon said.

"It's a smaller industry here...you have to enjoy what you do," he said.

The Canadian fashion industry has not always been as successful or popular as the U.S. and Europe.

Dixon, however, is a perfect example of how this business is growing and proving that Canada is not a follower of other nations.

A great accomplishment for this up and coming designer.



Glove material was printed from love letters that inspired the collection.

# Guelph-Humber streeter: Students settle the score on false Canadian-isms

## Youth aren't casting ballots

By Neal MacInnes

According to City of Toronto statistics, when the polls closed on election night only 40 per cent of eligible voters in Toronto had cast a ballot.

Although municipal elections are the most direct representation of government, the low voter turnout for the recent Toronto election indicates that fewer people are exercising their democratic rights.

"Voter turnout has been declining over the past two decades at all levels of government," said Janet Andrews, a senior election official for the City of Toronto.

According to statistics from the International Institute for Democracy and Electoral Assistance, voter turnout for the most recent Canadian federal election was slightly over 60 per cent, a significant drop from 75 per cent in 1988.

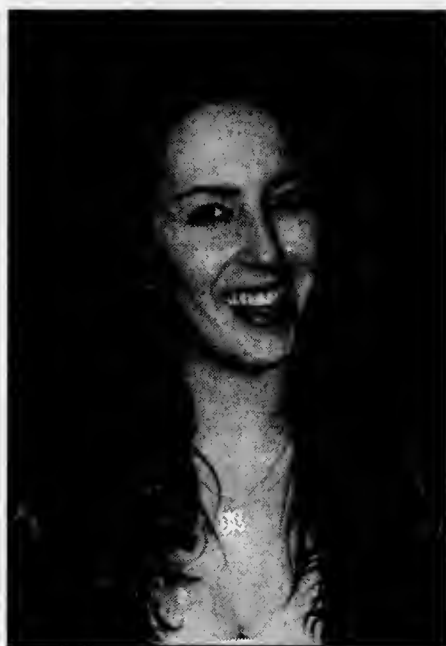
This problem is magnified in young Canadians.

"Turnout among younger electors is dismal," Andrews said, citing a recent Ipsos-Reid survey which found that only 32 per cent of 18-34 year olds said they were going to vote.

In comparison, our neighbour to the south faces a similar problem with regard to low voter turnout. In the U.S., 67 per cent of registered voters cast a ballot in the last presidential election. However, on closer inspection, less than half the eligible population voted when the unregistered population was taken into account.

Conversely, countries such as Sweden and France regularly boast voter turnouts of 75 per cent or higher. Australia has an even higher turnout, though partly because fines are imposed on those who do not vote.

With next year's federal election on the horizon, will more individuals respond to their civic duty, or will the growing trend of democratic indifference continue to fester?



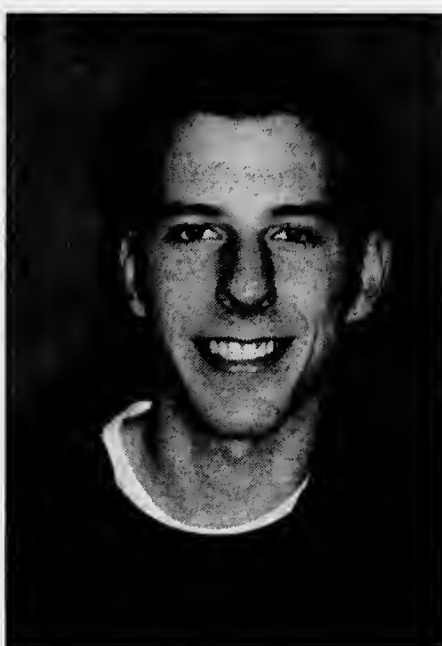
Jess Lawrence, 2nd year  
Media Studies Program

"Damn igloos!"



Pam Demesa, 2nd year  
Business Program

"How we talk. Aboot and all that stuff - I don't actually talk like that."



Adam Schwabe, 2nd year  
Computer Co-op Program

"Nothing's particularly funny anymore because it's all been so overused. It's boring."



Phil Edwards, 2nd year  
Business Admin Program

"That we love bacon."



Vanina Cigliutti, 1st year  
Justice Studies Program

"We're not covered in snow. I couldn't afford a dog sled so I wore snow shoes instead."



David Mohamed, 2nd year  
Business Admin Program

"What exactly is a canuck? Is it a beaver?"

PHOTOS BY LESLIE FLEISCHER



# Canadian artists strive for American success

By Lisa Copeland and Mary McLoughlin

Canada is home to many talented musicians, but being successful in the U.S. is often more important and financially lucrative for artists than being successful in Canada and usually a lot easier.

Canada is the sixth largest music market in the world, behind the U.S., Japan, England, Germany and France, but it only represents 2.2 per cent of the world's market sales, while the U.S. represents approximately 38 per cent, according to Music Business Canada and the Business Communications Company.

"Cracking the U.S. market is a big deal - it can make or break a career," Bryn Albani, a

DJ at Lakehead University, said. "Going platinum in Canada is a big deal for most artists, but having

**"Cracking the U.S. market is a big deal - it can make or break a career."**

that same success in the United States, the world's biggest market? That's an achievement."

Originating from Burlington, Ontario, Finger Eleven, formally known as Rainbow Butt Monkeys, made their way to the top of the Billboard charts only after relocat-

ing to the U.S.

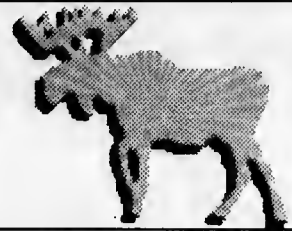
The group only had a small Canadian fan-base in the early stages of their career. They soon realized that to be successful, they needed to establish themselves in the American music industry.

Swallowing their Canadian pride, Finger Eleven moved to L.A. and within a couple of years were well known throughout the U.S.

The size of the target market is partially to blame for the flock of artists heading south because agents commonly sign on with percentages. For example, agents often say music will target about 10 per cent of the U.S. population.

If agents can sell a record effectively, even to just five per cent of the U.S. population, that will exceed over half of the Canadian population. In the U.S., five per cent would result in a target market

All stories in this All-Canadian section have been reported and written by Guelph-Humber media studies students



"Whether or not artists get more publicity and sales in the U.S. doesn't really matter in the end. If they're proud of being Canadian, I'll buy their CDs and play their music on my station," Albani said.

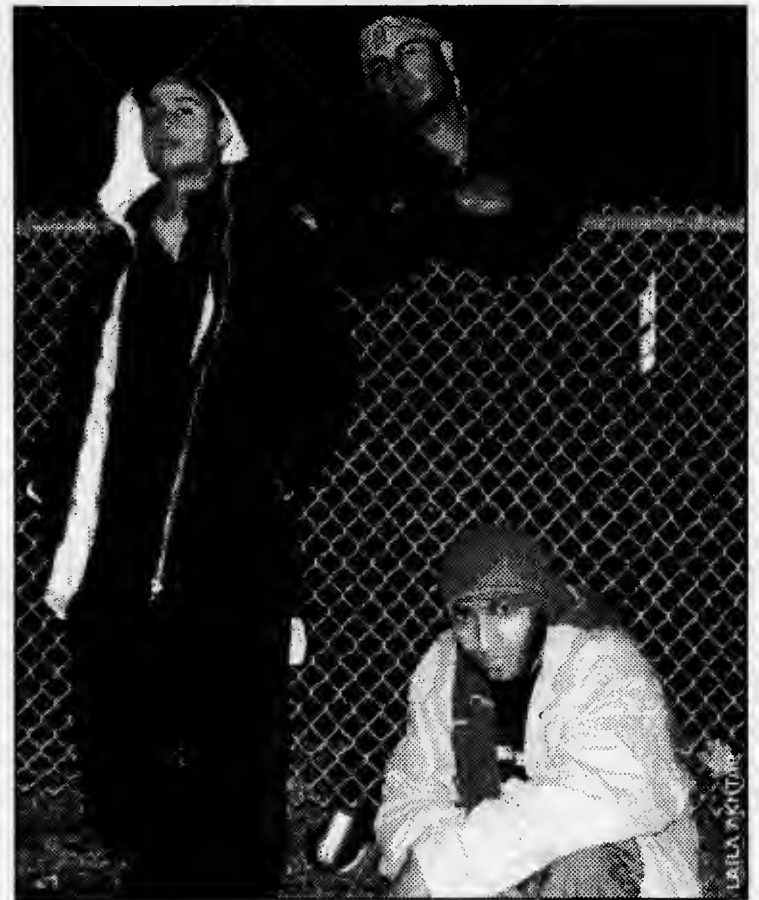
Jeff Gill, an up and coming R&B artist, says he has learned a valuable lesson about making it in the Canadian music industry.

"As a musician, you have to be able to wear your heart on your sleeves, yet know when to change your shirt."

of 58 million people as opposed to the same five per cent in Canada resulting in about one million in sales.

Celine Dion, Avril Lavigne, Nickelback and Our Lady Peace are examples of Canadian bands/artists that made it to the top of the charts by succeeding in the U.S. prior to in their home country.

Other groups like Barenaked Ladies, The Tragically Hip and the Crash Test Dummies were able to enjoy success both in Canada and the U.S. and still return to tour in Canada.



Members of Iron Crescent from left to right: Kamal Akhtar, Omar Kamran and Kashif Kamran

## Pakistani rap group treats everyone as simply Canadian

*Rappers promote multiculturalism in their songs.*

By Sahar Deshmukh

The Canadian group Iron Crescent released its first album last week.

The three Pakistani singers, Kamal Akhtar, 18, and brothers Omar, 18, and Kashif Kamran, 21, first started to show off their talent while attending high school by performing at various talent and cultural shows.

Mississauga resident Akhtar and the two brothers, from Markham, address political and religious issues in their raps - the highlight of their songs. They want their songs to be heard not only by the

general teenage population, but also by adults of various ethnic backgrounds. They promote messages about unity and racial discrimination, encouraging people to treat each other simply as Canadians.

One of their song lyrics is "I still got your back whether you're Buddhist, Christian or Jew, Sikh, Muslim or Hindu," emphasizing the significance of equality among various religious groups in Canada.

"We are Canadian singers who happen to be Muslim and talk about everything from religion and

politics to hip hop and the state of music," Omar said, and the other two members agree.

"There are more opportunities available for young Canadian artists as the Canadian music industry is decentralized and not very well established yet," Akhtar added.

The group wants to produce their songs independently and control their underground lyrics like, "Is George Bush on crack/ trying to start a war with Iraq?" as they worry that many record companies would try to censor them.

## Group says nationality not a barrier, trust your instincts

By Isabella Topalian

The band Hot Hot Heat builds and reflects Canadian music culture, creating music diversity and using Canadian symbols as fashion statements that separate them from other artists.

The Victoria, B.C.-based band was formed in 1999, with its own unique combination of pop, rock and disco-funk, from the sounds of the '60s, '70s and '80s.

"The thing that separates us from other artists is that we wear the Canadian flag stitched into our suits and clothes, in exclusively red and white," Hot Hot Heat guitarist

Paul Hawley said.

Motivation is the key to success that can overcome hardships for this band.

"We never really felt we were enduring any hardships at the beginning because it was our labour of love, but we always felt

that we were on the right track," Hawley said.

While emerging in the Canadian music scene, Hot Hot Heat toured

Canada on a few occasions, for two or three months at a time.

Radio stations played a major role in promoting the new artists and an overall Canadian cultural heritage.

"A radio station can establish new Canadian artists, by introducing them and their music to a specific demographic," said Jill Avery, Z103.5 music station promotions assistant.

The band has advice for future Canadian music artists: "Always do what you think is right and trust your instincts. Also, do not worry about your nationality, good music will connect regardless."



Hot Hot Heat members from left to right: drummer Paul Hawley, bassist Dustin Hawthorne, guitarist Dante Decaro and vocalist Steve Bays.

# Hawks get redemption

Women's volleyball team sweeps Fanshawe, atones for Humber Cup semi-final loss

By Josh Grunberg

The Humber Hawks women's volleyball team stretched its unbeaten streak to four matches to start the

season after sweeping the Fanshawe Falcons in London last Friday night 3-0 (25-17, 26-24, 25-20).

The Hawks sit second in the

Central West division, trailing the first place Nipissing Lakers (6-1) by four points, although the Hawks have three matches in hand.

The loss was the first for Fanshawe this season and dropped their record to 8-1. The win by the Hawks was redemption for Humber after losing to Fanshawe in the semi-finals of the Humber Cup last month.

"We had a score to settle. They beat us at our own tournament," Hawks middle Risha Toney said after the game. "Last time we really underestimated them, but this time around we knew what to expect."

In game one, the Hawks got off to a quick start, reminiscent of the Humber Cup match. At 9-3, the Falcons were forced to take a timeout to regroup. The timeout had little effect as the Hawks continued to pound the ball, and block many Fanshawe kill attempts as they ran the score to 19-12, and then put the game away.

In game two, Fanshawe came out hitting hard and finding holes in the Hawks' defence. Fanshawe

built a 15-12 lead, and soon stretched that to 19-14 as the Hawks called a timeout of their own.

Wilkins may want to remember what he said to his team as the Hawks battled back and closed the gap to 24-22, then proceeded to score four straight points to take

bodies for the team," Wilkins said.

The third game saw the Hawks return to how they played in the first game, using their powerful offence to their advantage, winning the game 25-20. A monstrous kill by Hawks veteran Kirsty Goodearle sent a Fanshawe player sprawling backwards and nearly off her feet.

The offensive prowess of the Hawks sees rookie Amanda Arlette sitting in second place in OCAA scoring, averaging 4.6 points per game, while Elizabeth Salas (3.9) and Goodearle (3.8) are in the top 10 of league scorers.

While the offence on this team is clearly the Hawks' strength, the defence, which was the team's weaker area to start the season, has improved immensely and appears to get better with every match the Hawks play.

In a scheduling change, the Hawks will play at home to Canadore this Saturday at noon, and also at home to Nipissing on Sunday at noon. The game against Nipissing was originally scheduled for tomorrow.



Elizabeth Salas goes for the kill in the Hawks win over Fanshawe. Humber sits in second place at a perfect 4-0.

**"We had a score to settle. They beat us at our own tournament."**

the game 26-24.

"I just told them to believe in themselves and we have so much faith in each other that we have to be willing to go that extra mile for the team. And they did that for the last seven or eight points of the game. They really sacrificed their

# V-ballers get Falconed up

By Christina Bernardo

After an excellent match against Redeemer College last Tuesday, Humber's men's volleyball team couldn't carry over the momentum, and lost to Fanshawe College 3-1 Friday night.

"It was a very frustrating game," second-year player Darryl

Burton said. "We came out relatively strong in the first game and after that, we got lazy - unfocused, and dropped three straight (sets)."

The Hawks led throughout the first set and won 25-18. Taking advantage of Humber's mistakes, Fanshawe came back to win the second set 25-16, and Humber seemed to lose focus as Fanshawe

won the third and fourth sets respectively, 25-20, 25-17.

"We didn't compete tonight," head coach Wayne Wilkins said. "(The) first set we did. We played as individuals tonight and you're definitely not going to win championships by playing that way."

Humber held leads in all of the sets, but the many mistakes gave Fanshawe a chance to win.

"They killed us on runs, they had a couple - five, six, seven point runs," Wilkins said. "Only in the first game did we go on a run and that's the problem. You've got to stop the runs and we didn't do that."

He also said that because the Hawks won the game against Redeemer, his team wasn't as prepared going in to Friday's game.

"Sometimes we rest on the fact that we had a good game and we think that every game is going to be like that," Wilkins said. "We don't realize that the games we win are because we worked hard."

The Hawks next home games are against Canadore College on Dec. 6 at 2 p.m. and Nipissing University on Dec. 7 at 2 p.m.



The Hawks got down and dirty against Fanshawe Friday night, but still lost 3-1 to the Falcons.

## Three players subjected to random drug test after game

By Josh Grunberg

After Friday's men's volleyball game, Brad Thompson, Dave Hartshorn and Jeffer Chiem were subject to a random drug test, administered by the OCAA.

Results of the test won't be known for two weeks.

Under OCAA regulations, any player can be tested without warning.

Some common medications and pharmaceutical drugs may contain banned substances.

Illegal drugs such as cocaine and marijuana will also show up.

While all athletes were given a list of banned substances, they are expected to run everything by

their team therapist before taking it.

"They know that everything they take they need to clear it by us first," Georgina Knox, therapist for the Hawks men's soccer

and women's volleyball team, said. "Everything goes by us."

"We help them as much as we can, but these aren't kids, these are college students [and] they know

what to do," Humber coach Chris Wilkins said.

Penalties for a positive test range from player suspension or expulsion, to team disqualification.

**"...these aren't kids, these are college students [and] they know what to do."**



## OffSide

By Joe Mucio



### Let it go

This past weekend, veteran NHL referee Kerry Fraser officiated his 1,500th NHL game, and this distinction was celebrated before the Leafs-Rangers game on Sunday. It seems fitting that such an accomplishment would be acknowledged in front of the Leafs.

For Leaf fans, this is a painful memory to bring up, but you can't mention Fraser and the Leafs in the same sentence without remembering game six of the 1993 conference finals between the Leafs and the Kings.

Everyone and their cousin has an opinion about the infamous "non-call" on Kings captain Wayne Gretzky after he clipped Leaf's forward Doug Gilmour in the jaw, drawing blood that was clearly visible by the viewing audience, but seemed to go undetected by Fraser. What hurt more was that Gretzky went on to score the game winner in overtime.

Before I get a bunch of hate mail from angry Leaf fans, I agree that Fraser missed the call, and even Fraser admitted this fact during an interview on Saturday. But what I have trouble understanding is why Leaf fans truly believe that Fraser cost them the series.

So Fraser ejects Gretzky after the high-stick on Gilmour. Does that guarantee the Leafs would have won game six? Gretzky was the Kings premiere player, but the Kings didn't make it all the way to the finals on his skill alone.

The emotion of playing game seven at the Gardens should have been enough to push the Leafs ahead, but they simply let the game slip away, and this isn't Fraser's fault.

While Leaf players may have put this incident behind them, fans sure haven't, and they will make sure to let you know anytime talk of this series comes up.

Well, to these fans I say, "if ifs and buts were candy and nuts, we would all have a Merry Christmas."

After Fraser's comments, maybe Leaf fans can finally start enjoying theirs.

# Lords bow down to men's hoops squad

By Jesse Grass

In their last game before the Christmas break, the Humber College men's basketball team took to the court to play an exhibition game against the Durham College Lords and defeated them 84-49.

The Hawks dominated the home game from the beginning against a weaker Lords team, moving the ball well and finding the open man to take an early lead they never relinquished.

In the first half Aron Bariagabre and Neriya Tsur both picked up 12 points and four rebounds.

Bariagabre also had four steals, which led to six of his points on the night and was selected as Humber's player of the game.

After missing four games with an ankle injury, Tamique Young had six points and three rebounds for Humber in the first half, helping the Hawks take a 43-21 lead into the half.

It was more of the same for Humber in the second half with the Hawks starting on an 11-0 run.

Jamaal Fletcher started things off by going three for three from behind the arch and finishing with 11 points and three rebounds.

Dejvis Begaj led the Hawks in

rebouncing, bringing down nine boards and adding an equal nine points.

Roger 'Big Daddy' Scott had nine points in the second half, finishing with 10 overall and five rebounds and two steals.

The Hawk's next home game is on Thursday Jan. 15 at 8 p.m. against the Mohawk Mountaineers.



The Hawks pounded Durham 84-49 in an exhibition game Tuesday night at Humber.

# Lady Hawks steal Algonquin's Thunder

71-56 win in Ottawa maintains unblemished record

By Luis Henriques

Neither the long bus ride nor the questionable refereeing could stop the Humber Hawks women's basketball team's three-game winning streak.

The Hawks beat the Algonquin Thunder 71-56 in Ottawa Saturday, improving to 4-0, despite the inconsistent calls from the refs.

"Even though the officiating wasn't the greatest, we didn't let it get to us," Hawks coach Denise Perrier said.

The Hawks started off the game slowly, but their defence came out strong and held them in the game until their offence picked up the slack.

After going on a 12-4 run to take the lead midway through the

first half, the Hawks went into the half up 31-21.

The Thunder came out strong to begin the second half, outscoring the Hawks 12-2, but that's when the Hawks offence broke the game wide open.

"In the second half our offence came together. We ran our plays and it was a good game for us," Fayola Creft said.

Creft scored 11 points, adding five rebounds, five assists and eight steals, one of them leading to an end-to-end layup through traffic.

The Hawks re-took the lead in the second half, thanks to a 12-1 run, and let their defence shut down the Thunder the rest of the way.

"I thought defensively we played really well. That's what kept us close," Perrier said after the win.

"But once our offence started going, that's what got us up by so much."

Sarah Moxley led Humber with 17 points, adding five rebounds and four assists.

"We started kind of slow but in the second half we picked it up," Moxley said.

Moxley played a strong game, taking the ball to the basket and twice laying the ball in through traffic while being fouled.

Five of the 10 Hawks' players finished the game with at least eight points.

A key to the Hawks offensive outburst was their ability to turn Algonquin's turnovers into points.

"Algonquin made mistakes and we were able to capitalize and that helped put us ahead," Perrier said.

## GrossMisconduct

By Cory Smith



### Fraser screwed Dougie

Ten years later, after Kerry Fraser was honoured for refereeing his 1,500th game, it's time to bury the hatchet once and for all.

Fraser cost the Leafs a chance for the Stanley Cup in 1993.

The bad memories were mostly buried, but now they are being replayed as Fraser ponders his career and finally admitted he blew the non-call.

I remember it vividly.

Doug Gilmour goes for the puck. Wayne Gretzky reaches to lift Gilmour's stick and hooks him on the chin. Gilmour falls to the ice, and once he gets up, wipes the blood from his chin.

I can still see Kerry Fraser taking a closer look at Gilmour, as if he needed anymore evidence that the Great One was guilty.

But instead of getting a major penalty and being tossed from the game, which was the rule 10 years ago, Fraser and his seemingly blind linesmen "missed the call," which would be like you or I missing in a game of 'Pin the Tail on Rita McNeil.'

It just doesn't happen.

So, instead of the Leafs having a five-minute powerplay and no Gretzky to deal with, ol' Weiner ended up scoring the overtime goal a minute later and then playing what he said was his best game in Game 7 as the Kings eliminated the Leafs.

There's no question that the players decide the outcome of a game, but there's also no question that Fraser and the other officials cost the Leafs Game 6, and quite possibly the series.

The whole episode has taken on a Ray Finkle sort of mentality, as Leaf fans blame Fraser for prolonging their Stanley Cup drought and have taken it out on Fraser's parents over the years.

According to a Toronto Sun story about the issue, Fraser's mother still keeps a whistle beside her phone for when bitter Leaf fans call to vent.

While of little consequence now, it's comforting to know at least one Fraser knows how to blow a whistle.

## Fans feel secure at Westwood

By Andrew Hopkins

Fears about playing or attending hockey games at Westwood Arena due to the crime in the Rexdale area are unfounded, according to hockey dad Barry Mooney.

"I've grown up in Rexdale pretty much 30 years of my life and I've been coming to hockey arenas for that entire time as well, and I've never really felt safer in the arena."

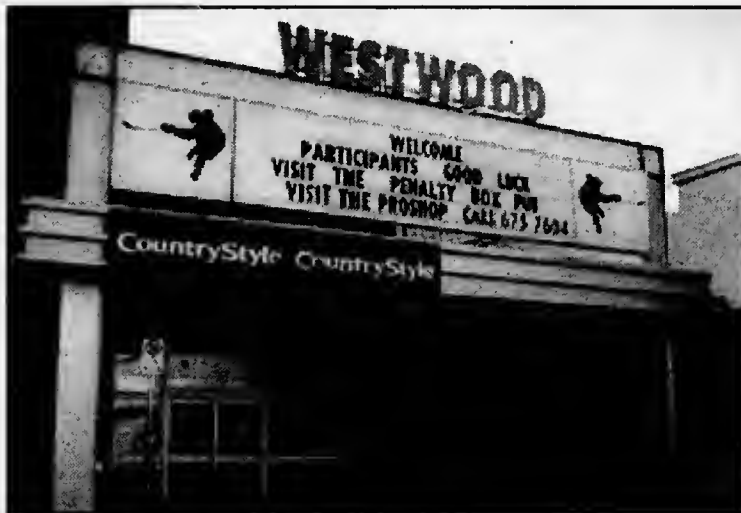
Taylor Mitchell, a 22-year-old player who participates in a men's league, also isn't too concerned.

"The thought of fear while going to play hockey has never hit me, and I don't think it ever will," he said. "But I do know well-enough not to bring valuables to the rink because you never know what can happen."

Big Brother is on Westwood's side, as there is a camera outside the front entrance, three cameras set-up in the warm area, two cameras by the dressing rooms and a camera in each rink to keep an eye on everyone in the building. Management does make it clear that they are not responsible for lost goods.

Mooney says he is more concerned about the action that takes place during the game.

"Really, the only safety that we're worried about is what's on the ice and how well the players are protected," he said.



Most hockey players and their parents say security is not an issue at Westwood Arena.

## Tough 4-2 loss to Seneca Sting attack grounds Hawks at Westwood

*Two goals in the second period too much to overcome for men's hockey team*

By Eric Collins

It was a frustrating game for the Hawks men's hockey team as they took a brilliant first period effort and turned it into a 4-2 loss against the Seneca Sting last Wednesday at Westwood Arena.

Seneca scored first at 4:22 of the first period. The Hawks responded, at 16:20 with a goal from Kenny Sousa.

In the second period however, the Hawks were dominated at both ends of the ice, as Seneca scored two goals within the final 10 minutes of the period.

The Sting then scored halfway through the third, while the Hawks responded with a goal of their own from Seth Gray two minutes later but that would be all the offence the Hawks could muster.

The loss was also a costly one for the Hawks as they lost perennial playmaker and scoring threat Jamie Chikoski to a wrist injury originally suffered in Conestoga a week before.

On Sunday evening, Humber Hawks Head Coach Joe Washkurak announced a delay in the return of team captain James Rodak. Rodak will return until sometime in the new year because of a lack of medical clearance.

"It is frustrating but there is nothing that any of us can do," Washkurak said. "If the doctor says he can't play, it doesn't matter what our staff says. He can't play."

This season, the Hawks have slipped to fourth place out of six teams in the OCAA, after battling St. Clair for first place last year.

## Humber gym offers students a good sweat

*No charge for Humber students*

By Kristine Hughes

Humber students who want to work out this winter need look no further than the school's gym.

The Humber gym gives students here the chance to get active in the weight room, on the cardio equipment and during fitness classes. They can even engage in some floor sports such as hockey and basketball.

The facility is open from 6:30 a.m. until 10 p.m. on weeknights and from 6:30 a.m. to 5 p.m. on weekends.

Although the gym is free to Humber students, there is a fee for non-Humber students. Athletic Director Doug Fox sees this difference as a philosophical thing, saying he has avoided student user fees, and will continue to do so. Athletics shares its funding with HSF through an activity fee that is part of every student's tuition fees.

According to Fox, Humber's free facilities are rare among the collegiate scene. Seneca's facilities add another \$180 onto student expenses, and other colleges in Ontario have followed suit. Guelph-Humber athletes who play for Guelph must also pay a varsity fee.

"Universities will do that, it's the university way," Fox said. "The gym here at Humber is very user-friendly. Students have enough to deal with when they come here. We're trying not to be another problem or added expense. But there are no promises for the next guy to come after me."

The gym's busiest hours tend to be from 4-6 p.m., says Health and Fitness student and varsity hockey player Seth Gray.

"The staff monitors the gym by walking around and keeping things in order," Gray said, adding he hasn't seen any fights

break out as a result of lack of equipment.

The gym hires roughly 10 Health and Fitness students, and as they gain more experience and move into the last year of the program, the students can personally train with Humber staff for a flat rate of \$25, according to Fox.

Although personal trainers are available for a fee, most of the personal training clients are staff or community members. Most students find the \$30-35 for a personal trainer too costly, even though these rates are relatively cheap compared to personal trainers at other facilities, Fox said.

For those who want the expertise of a professional without the costs of a personal trainer, there is good news. Athletics has increased the number of group classes and spread them out after

Fox noticed how busy the lunch-hour classes had become.

Gray suggests that if you want to avoid the crowd, go when the gym opens

at 6:30 a.m. Fox agrees, saying many people complain that the facility is too busy.

"It's hard sometimes to accommodate everyone. But we offer recreational sports on the courts until 4 p.m., then we move into varsity usage, fire and police/justice programs at Guelph-Humber take over. Then in the evenings, we get into accommodating Guelph-Humber, rez and international students, the specialty groups. That's when we get into our dilemma. There's not enough time," Fox said.

Two years ago, Humber expanded the gym facilities, and Fox began a second-floor building fund to keep costly expansion costs from impacting students.

The second floor, home to a "first-class studio," as Fox has called it, has relieved the crowding, underlying Fox's intent to continue making the facility "user-friendly."

**"The gym here at Humber is very user-friendly."**

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# Humber grads in the sports media

By Phil Messina Jr.

To become successful in the field of sports media in Toronto is a tough challenge.

But many Humber graduates from the Journalism-Print and Broadcast program and the Radio and Television program have found successful jobs in this city.

"If it weren't for the internship that Humber provided, I would have never got in at the Score," said the Score's Sid Seixeiro who graduated from the Radio and Broadcast program.

An on-air broadcaster at the Score television network, Seixeiro has been reporting there since 1998. His first job in the sports media was at an internet radio station called "Virtually Canadian", where he co-hosted a hockey show called "OFFSIDE".

At 26, Seixeiro says he is very fortunate about what he's doing and where he is today.

"I've achieved more than I could ever hope for," he said. "There are still a few goals I would like to achieve, but overall I've been extremely lucky."

Another Humber grad is Sofie Kouleas, who has been working for TSN for just over 10 years. She was the station's first woman pro-

ducer when she started producing in 1996. Kouleas graduated from the Journalism post-grad program and is now a senior producer with TSN for Sports Centre.

"When I went to Humber they had internship programs," she said. "So with a lot of perseverance and help from Mel (Tsuji), I managed to start a weekend internship at TSN. That's how I began my career here."

Kouleas says sports reporting involves a lot of hard work and dedication, but is very rewarding at the end. Stories she has worked on include the NHL Stanley Cup playoffs; Mario Lemieux's return to the NHL and the World Figure Skating Championships.

One of Kouleas' co-workers is Paul McLean who graduated from Humber in 1988 with a diploma in Journalism. He has been producing at TSN for the past nine years and was recently promoted to executive producer. He produced NHL, CFL, curling and the NBA but now as an executive producer he will oversee productions such as, football, golf, international hockey, curling, NBA, and MLB baseball.

"Attending Humber was great. It gave me some practical knowledge that allowed me to get in the industry," McLean said.

McLean says he is very proud of the accomplishments in his career.

"I achieved my career goals, for the most part. I've produced at the last two Olympic games in Sydney and Salt Lake," he said. "I am now looking forward to my new position of overseeing most of TSN's important properties."

Former Humber student Steve



Score anchor Sid Seixeiro is a graduate of Humber's Radio and Broadcasting program.

Buffery has worked for the Toronto Sun for over 18 years but started out with gigs at the Soccer Illustrated magazine, the Mississauga News, the Mississauga Times and was then

sports editor of the Aurora Banner.

Buffery says he enjoyed working on Olympic sports because it gave him a chance to travel the world. He wrote Olympic sports for 15 years and is now covering the Raptors for the Sun which he says he doesn't enjoy as much. Buffery says that in order to be successful you must have the right attitude.

"Dealing with people in the business is crucial. I've seen so many interns come into this department with the wrong attitude and eventually get dumped," he said. "On the other hand, the guys who have come in without a big ego and have worked hard have stuck around."

Buffery's goal at the Sun is to one day become a general sports columnist.

Another journalism grad Dave Cadeau keeps busy by working as a reporter at the Score, a producer for 'The Big Show' at the FAN 590, and as a floor director at Leafs TV.

"Attending Humber gave me a huge push. I was in the post graduate program," he said.

Cadeau's career goals are to one day be solely on air or in management, whether in television or radio.

Another Score employee is

Jason Thom who works as a reporter. Thom also graduated from the Journalism program.

"I would say that the faculty at Humber gave me the "ins" to get where I am," he said.

Thom says that he has no goals because 'there are new goals every day in the field' and says to be successful in this field you must pay your dues."

"I worked for free for about six years of my life while working another job to pay my bills. At one point I was working four different jobs," he said.

"The sports media field is a tough field to become successful in and all future journalists must be ready to sacrifice their time in order to succeed," Kouleas says.

"If you want to get into this field of work you must be prepared to work crazy hours because sports take place at night and during weekends. It's not a 9-5 job but if you love sports, love to write and are passionate about TV, then this career is amazing," she added.

Other Humber grads that can be seen in the sports media include TSN's Steve Argintaru, Tim Moriarty, Kolin Jones, the FAN 590's Eric Smith and the Score's Fantasy Forecaster Derek Snider.

## Humber varsity Xmas schedule

**Men's Basketball:** Dec. 4 at 8 p.m. vs. George Brown at Humber; Dec. 17 and 18 Seneca Tournament; Dec. 28, 29, 30 Ryerson Tournament; Jan. 6 at 8 p.m. vs. Niagara at Welland; Jan. 13 at 7:30 p.m. at Sheridan

**Women's Basketball:** Jan 9, 10, 11 Seneca Tournament

**Men's Volleyball:** Dec. 5 at 8 p.m. vs. Nipissing at Humber; Dec. 6 at 2 p.m. vs. Canador at Humber; Jan. 2, 3, 4 Fleming Tournament at Peterborough; Jan. 7 at 8 p.m. at Georgian; Jan. 10 All Star Game at Redeemer

**Women's Volleyball:** Dec. 5 vs. Nipissing at Humber; Dec. 6 vs. Canadore at 12 p.m. at Humber; Dec. 29, 30, 31 Mount Royal Tournament in Alberta; Jan. 7 at 6 p.m. at Georgian; Jan. 10 All Star Game at Redeemer

**Hockey:** Dec. 4 at 7:30 p.m. at Fleming; Dec. 6 at 7:30 p.m. vs. Cambrian at Humber; Jan. 7, 8, 9 Atlanta Tournament at Georgia

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