

**HUMBER**

# Et Cetera

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# Photography show commemorates Humber student

**Kasie DaSilva**

EDITOR-IN-CHIEF

Heather Turcotte studied the photograph of a chickadee and a tiny smile formed but it couldn't stop her eyes from tearing.

She was looking at the last picture her daughter Nicole took before the 22-year-old Humber creative photography student's life was cut short when she died in hospital after a horrific collision on the westbound QEW near Cawthra Road on Jan. 27.

Nicole was a wonderful daughter, a talented photographer and a loving friend, mom Heather said during the one-day photographic memorial Wednesday at the atrium of the Learning Resource Commons at North campus.

Creative photography program coordinator David Scott had been planning a memorial for Turcotte for months now. Celebrating Nicole's passion for life and her love for photography was the main goal of the memorial exhibit in her honour. There were about two dozen examples of her work on display.

"We took things from Nicole's life that she cared about and we're celebrating them," he said.

The memorial, which featured her photography, showed her love for nature and documenting the surroundings around her.

"She was always into photography," her mom Heather said. "She would always take my camera and click pictures. And when I would have to take it in to get the pictures developed in the old days, I would say, 'where did this picture come from? Oh yes, Nicole.'"

Nicole's cousin Brandy Sommer Wood was one of many friends and family members who celebrated her life at the memorial. She admired her aunt, Heather, for being so strong during this time.

"Nicole's mother is a very strong woman, but grief comes in waves," she said tearfully. "But every time I talk to her she believes she will be with her again one day."

The event was not only important for their family, but also for her classmates.

"I think it is as important for the students, and that is part of the reason that David wanted to do this. This class here has suffered more than one loss throughout their two-year course," Sommer Wood said. "Honouring Nicole in this way is a way to process their grief and for



KASIE DASILVA

**Brandy Sommer Wood and her aunt Heather Turcotte attended a memorial for photography student Nicole Turcotte at the Learning Resource Commons atrium at North campus on April 5. Nicole, 22, died in hospital after a traffic collision on the QEW near Cawthra Road in Mississauga in January.**

them to move forward."

Despite Nicole not physically being there, her family will be in attendance at convocation this spring in her honour.

"Two of the photographs from here today, will be put in the creative photography graduate show and my aunt and I and her partner will also come for the graduation," she said.

Scott met up with Sommer Wood beforehand to go through her photos that they wanted to display at the memorial.

"Being here is just incredible, it's like seeing through her lenses," she said.

The creative photography program students and faculty were in disbelief when hearing that they lost one of their classmates.

**"She would always take my camera and click pictures. And when I would have to take it in to get the pictures developed in the old days, I would say, 'where did this picture come from? Oh yes, Nicole.'"**

HEATHER TURCOTTE  
MOTHER OF NICOLE TURCOTTE

"It's shocking to hear that someone who is 22 could suddenly just not be

there. The shock was followed by sadness and tragedy," he said. "You really don't know what to do or think after something like this."

Scott said that he will always remember Turcotte for her thoughtfulness towards her work.

"She had a very good sense of design, she always thought of composition and perspective, (she) always had a good eye for composing an image," he said. "she always had a camera with her and would always like to go out and be looking for an image."

Turcotte was most well known for her realistic photography style.

"You could say minimalist, documenting places, objects and always capturing the essence of things," Scott said.

He is still in disbelief about the crash, and how it could have been easily prevented.

"Just the needless (aspect) of it, that it was caused by some guy on the road causing an accident," he said. "It just made it so much more pointless and sad."

The five-vehicle crash also left six others injured, one critically.

Yasir Baig, 32, of Mississauga, has been charged with dangerous driving causing death, dangerous driving causing bodily harm, failing to remain at the scene of a fatality and fail to remain at the scene of a collision causing bodily harm.

Baig was placed on \$52,000 bail after surrendering to OPP traffic investigators in February.

# It's 'No' to U-Pass in last week's U of T referendum

**Maheen Malik**  
NEWS REPORTER

University of Toronto students rejected the U-Pass discount transit initiative after a majority of students at its downtown campus rejected it in a referendum last week.

The idea of a Universal Pass, a TTC pass at a discounted rate of \$70 a month, about 52 per cent less than current transit fares, had been a concept four post-secondary schools in Toronto were in talks with the transit authority to adopt.

But for it to be worth the TTC's effort, all four schools — U of T St. George, George Brown College, Ryerson University and OCAD — must be part of the program. The plan would give students a TTC pass at the discounted rate, but there's a catch: commuter or not, every student has to pay for it through their fees, amounting to an extra \$280 per semester.

Students who don't need the pass can't opt out.

The U-Pass plan died with the U of T students turning down the pass in the vote.

Although a similar commuter



MAHEEN MALIK

Humber North is serviced by Brampton Transit, Mississauga Transit, TTC, GO Transit and York Region Transit.

discount was adopted at other universities and colleges throughout Ontario, it has been rejected by most of the post-secondary organizations in Toronto.

"I think it seems unfair because not everyone would benefit out of

having a TTC pass," said Misbah Tariq, a first-year culinary student at Humber College. "We need to think about the international students that are going into debt staying on campus and paying higher fees.

"This wouldn't benefit a good

majority of students," she said.

U-Commute was an initiative by the student unions of U of T, Ryerson, OCAD, and George Brown to help make commuting cheaper for students at their schools. A U-Commute survey taken August

2017 showed 95 per cent of the students polled support the idea.

However, that support vanished as the referendum held last Wednesday resulted in a rejection by under-graduates.

"This wouldn't be the best idea for Humber College because we use many other transit systems that aren't even TTC here and everyone basically drives," Tariq said.

Humber College was part of the initial consultations with the TTC, but the school government IGNITE opted not to take part.

A Facebook page created by a few University of Toronto student encouraged students to vote no on the U-Pass.

"U-Pass is a mandatory, non-refundable, no opt-out deal that places unfair financial burden on domestic and international students who live on residence or near campus," the page stated. The group claimed that international students and those living in residence were angry that their views weren't being taken into consideration. The matter is now back to where it started, a lot of commuting students and no better way to pay for the cost of transit.

## Walk It Out fashion show offers glitz for charity

Proceeds from the annual fashion show will go to a homeless shelter charity, Youth Without Shelter

**Ornella Cariello**  
NEWS REPORTER

The look this year will be classic, elegant and timeless.

The annual fashion show Walk It Out, organized by Humber's fashion arts students, slated for April 10, at the Lakeshore campus will also be compassionate as proceeds from the event will be donated to a youth homeless shelter.

The event is created, planned and produced by fashion arts students who will have the opportunity to mingle and network with representatives from the fashion industry.

All students had three months to plan the event guided by the professor Jennifer Dawson.

They developed a critical path and followed it by everything they needed to make the event happen, said Priscila Glienke, the project's leader and a fashion student.

"(The project) is how we can see how things work in the real world," she said. "It's about us solving problems, working as a team, and dealing with real-world problems."

This year, the project diverts from past practice. Part of the proceeds of the event will be donated to Youth Without Shelter, an emergency residence that serves homeless youth in Toronto.

"We've been working with this company for a few months, we always collect some donations on

special dates and holidays to give to them," Glienke said. "When you purchase a ticket, you're not only paying to watch the show, you will be also helping the Youth Without Shelter."

Ciara Clancy, the event's social media manager and a fashion student, said students publicized the event through social media, where they have posted informational and interactive content regarding the show.

"A select group of our fashion arts and business students run a fashion magazine called INFUSE Humber Magazine," she said. "I am also working closely with the Marketing and Communications Department at Humber. They will post my content on the main Humber social media pages."

Clancy added on the day of the event, she will be doing a "social media takeover" with content live for those who could not attend the event.

The fashion show starts with an opportunity for students to network with industry representatives at 7:30 p.m., followed by a video introduction of every designer made by INFUSE videographers.

Eight students chosen to be designers will show 10 spring and summer looks from their collections.

"We expect to make all the designers that are presenting and showcasing their collection to be very happy with the final result," Glienke said. "And we expect to



ORNELLA CARIELLO

Priscila Glienke, the project's leader and a fashion student, at the Steampunk display at H building at North.

receive a lot of people from the fashion industry, so they can see we are actually working and practicing everything we have learned in the course."

Clancy said they are expecting a great turnout for this event.

"The fashion production class has been working extremely hard in their teams, and we have been promoting the event highly on social media, and around the school," she said.

"We have amazing designers that are partaking in this anticipated

event, and our attendees are looking forward to seeing their collections."

Glienke said they also have volunteer opportunities at the event for anyone interested to work in the fashion industry and want to see how things works in the backstage.

# LGBTQ+ gayming community also battles online discrimination

Amy Chen  
ARTS REPORTER

Right at the intersection of Church and Wellesley Streets across from the delicious brew of Davids TEA and nestled between food fit for heroes and a bar that adores Absolut Vodka, is the Glad Day Bookshop.

Every other week, a group of geeks and gamers of all stripes gather at the bookstore as if it's their hearth and home.

Samson Romero is one of them. He helped evolve the location into a safe space for people to express their passion for geek and gaming culture and play board games, trading card games and video games. Final Fantasy and World of Warcraft — with a bit of favouritism for the Alliance — are crowd favourites.

LGBTQ+ gamers are at war with mental health issues as they fight against discrimination based on gender and sexual orientation in video games.

Important aspects of positive mental health and wellbeing are social inclusion and freedom from discrimination and violence, and Toronto Gayming has set the bar high by becoming a space where LGBTQ+ gamers can freely be who they are without fear of discrimination.

For example, Toronto Gayming has had booths at Anime North, Fan Expo in order to increase outreach.

"We started doing conventions during World Pride back in 2014," Romero said. "It means a lot, because sometimes people don't use Facebook, social media, or go to the village."

"And that's okay," he said. Yet outside of Toronto Gayming, there are gamers who get a constant barrage of verbal abuse from online gamers, which hurts their mental health and causes issues such as anxiety, depression, self-harm and even PTSD.

Young Kim, a McMaster Univer-

sity graduate, enjoys playing strategy role playing games and series like Final Fantasy, Divinity Original Sin and Dota 2. Although some of these games are on the social side, he likes to play alone in order to not encounter discrimination that would affect his mental well-being.

"I like offline games, usually, unless I'm on a team with people I know," Kim said.

Kenny Dawkins, the event and resource assistant at Humber's LGBTQ+ Resource Centre, relates to this.



**The beauty of indie games is the rise of a lot of new, creative developers. Before, it was just the trope of saving the princess."**

Samson Romero  
TORONTO GAMERS

"I think the most online games I play is like Mario Kart or like Watchdogs. The only difference is that I don't usually go on the chats," they said.

"I don't play super a lot of online, and part of it is also just kinda like to avoid that sort of negativity, too," Dawkins said.

Romero hopes that alternative outreach strategies would reach gamers like Kim and Dawkins. For example, Discord has played an integral role in communication and the organization of LGBTQ+ gamers, and since the outcome of the application are safe places in cyberspace, Romero wants to champion it.

Discord is an application designed for gaming communities and features communication via text and speech.

"There's a group called Rough

Trade gamers, which is based on online for Final Fantasy 14, World of Warcraft — it's okay if you're the Horde — or even other online games," Romero said.

"For Final Fantasy 14 specifically, Discord is a lot of their support, because they don't live in big cities," he said. "They come from all over, and not just North America. These are LGBTQ+ gamers in Asia, Russia, Africa, Europe — everywhere."

Kim, a game programmer, wants to develop games where it should not even matter if the player is LGBTQ+ or not.

While Romero is proud of new indie game developers trying to make their mark in the world, he believes in the opposite and sees value in Kim's experience as an LGBTQ+ individual.

This is because when an LGBTQ+ gamer is a person of colour, issues of mental health are amplified. The lack of representation within popular games create low self-esteem and perpetuates a problematic status quo.

"The best way to challenge it is making sure new ideas and voice represents them. An LGBTQ+ gamer may be developing a game, and they don't represent the whole community, but they show a point of view that may have not appeared before," Romero said.

"A cisgender (someone whose gender identity matches their sex assigned at birth) or a trans person show different ideas, and they all put a bit of themselves in there," he said. "The beauty of indie games is the rise of a lot of new, creative developers. Before, it was just the trope of saving the princess."

When Romero was growing up, gaming was not always okay and was seen as childish thing. During high school, he felt that there was no real representation of the LGBTQ+ community at all, and mental health resources were not up to par.

"You know, it was tough, because



AMY CHEN

Avid gamer Young Kim would rather play offline to avoid discrimination.

back when I was in high school, a long, long time ago, resources were very much focused on mental health support groups. I felt like a medical model where it was like you come out and this is it," he said.

"The creation of communities is important for mental health," Romero said. "It's not just 'you have a problem, I let's diagnose it.' There's more to it for a holistic model."

Humber offers such a holistic model with counselling services, to which every student has access, Dawkins said.

"We also have spaces that are intended for diverse students," they said.

"So, we have the LGBTQ+ Resource Centre, we have BASE, which is a black success program run by Student Life and we have all these separate groups and spaces that these diverse students are able to go to and like sort of have that support in their communities," Dawkins said.

Kim, for example, wants to develop games where the sexuality and gender of the player should not matter, as well as avoid confronting is-

issues of misogyny and homophobia.

"If you're female sounding or even slightly effeminate, you're called two things that are classified as negative. You're called a girl and gay, which are not bad things, but we say it's because it's not masculine enough," Romero said.

"It's toxic masculinity when we reinforce patriarchy, white supremacy and ableism," he said. "Masculinity and femininity are very fluid and are not negative or positive. Living in a patriarchal society, we just put them that way."

Romero advises LGBTQ+ gamers of all spaces that challenging assumptions and questioning behaviours that affect mental health are all right, especially when LGBTQ+ youth are committing suicide due to mental health issues that stem from a lack of community and a sense of belonging.

"Creating another space, being resistance, being political is hard," he said. "It's scary, because it is. No one wants to do it, but you have to sometimes. You have to when push comes to shove," Romero said.

## Doc explores the shades of prejudice in racialized communities

Frederique Ndatirwa  
NEWS REPORTER

A Canadian filmmaker explored the nuances of skin colour and the effects it has within racialized communities around the world.

The documentary *Shadeism: Digging Deeper* by Nayani Thiyagarajah looks at shadeism, or colourism. She defined it as "a form of mistreatment or favouritism within a community of colonized people of colour based on their skin tones."

Thiyagarajah sat down and talked with students in an event collaboration with Humber's L Space gallery and the Black Academic Success and Engagement (BASE) at Humber's Lakeshore campus on March 28.

"It is important to have people of colour in institutions who create the dialogue that our communities really need," she said. "We need to keep having these conversations within our communities."

The 58-minute documentary released in 2015 was screened to an audience of about 20 people, who also had the chance to engage with Thiyagarajah about the unique stories of the different women portrayed in her work and the effects it had on their own lives as people of colour.

The event provided students at BASE, formerly known as The Bridge, the opportunity to engage on the topic of shadeism within the coloured community.

"The event was really eye-opening and it just answered a lot of questions that I had about the difference between racism and shadeism and how people in the same community, being people of colour can actually be discriminatory towards each other," said Zion Olubummo, a second-year University of Guelph-Humber media student.

She said there is a need to understand that everyone has different ex-

periences and despite being people of colour, different shades still mean different things in the society.

"Our different experiences provide us with different spaces where we are able to express achievement and different things such as grief, and should learn to respect each other's spaces while making sure that shadeism is being consciously eradicated," Olubummo said.

The thought provoking documentary explored women of colour and their lives as products of standards of beauty that were established through colonial practices. The students present were left with hunger to continue to speak against colonial ideals of beauty still found within their communities.

"Shadeism is not a part of our mainstream conversation and it has made it difficult for us to have substantial societal change," Thiyagarajah said. "We need to be able to have these very difficult conversations and



FREDERIQUE NDATIRWA

Documentary filmmaker Nayani Thiyagarajah talks to Humber students.

start to have spaces of solidarity."

The film premiered in Nigeria and Brazil and has been screened in schools and institutions across Can-

ada. Thiyagarajah hopes the documentary will be available on Vimeo later this spring for public viewing in North America.



NOMAN SATTAR



NOMAN SATTAR

Electric bikes displayed at the Toronto Auto Show 2018. They can travel 120-km on a charge.

Humber alumni Celovsky Greg says riding an electric bikes saves students time and money.

## Electric bicycles offers students hassle-free trips around Toronto

**Noman Sattar**

NEWS REPORTER

When it comes to pedaling, a lack of awareness discourages students from using electric bikes, said a Humber alumni working in sales for a Toronto-based e-bike company.

Celovsky Greg, a Humber graduate of technology from 1990s, said he remembers transferring onto three buses each trip while traveling a few kilometres from home to Humber College North every day. It would take up hours a day.

But Greg said the electric bike is not only healthy and affordable option for Humber students, in some cases reducing travel time, but it also reduces carbon dioxide emission and provides a healthy environment.

“E-bike covers 120-km distance on a single charge, depending on different factors, the charger is small that you can carry in your bag pack, and some of the bikes have Global Positioning System,” he said.

Currently, e-bikes reach speeds of up to 30k/hr and don't need licensing.

“The e-bikes are much cheaper if you compare them with a monthly bus pass for a year, and it also produces less emission,” Greg said.

There are 10 bicycle parking racks conveniently located around North campus.

Finding parking at the Humber's North campus is difficult, and it's not cheaper. An eight-month student pass, costs from \$290 for the off-campus lot at Queen's Plate

Drive near the Woodbine Centre, to \$578 for a pass at the seven North parking lots.

“There are not enough parking spots at Humber's North campus,” Greg said. “Some days if you are late the nearest spot you will get is at the Woodbine Centre.

“Getting an e-bike can save you on parking,” he said.

While the city is building miles and miles of new bike lanes around Toronto, no bike lanes around the North campus discourage students.

Chetna Verma, a first-year computer and network support technician student, commutes three kilometres each way with a bicycle between campus and home. She finds it convenient, but no bicycle lanes around the campus bring

discomfort to her journey.

“It's convenient, I don't have to wait for the bus or spend money to buy a monthly bus pass, and I always get a spot at the nearest bike rack, but mostly the problem is weather, and there are no bicycle lanes around the campus,” she said.

The Humber Sustainability Office is working to reduce traffic around the campuses and promote environment-friendly transportation for the students and campus visitors.

The Dropbike program, which is a Toronto bike-sharing start-up, is one of the initiatives taken by the Sustainability Office to promote increased use of bicycles as an alternative to vehicles.

Users download an mobile app that shows available bicycles and

gives a code to unlock the bike for \$1 per hour.

Roma Malik, Humber's Sustainability manager, believes Dropbike benefits the majority of Humber students.

“We wanted to have an easy and affordable way for students to bike around campus, that's one of the biggest driving factors to get the bike share program, but also because the price was so attractive,” she said.

Greg said demand for e-bikes in Ontario is getting better, but the province needs to provide incentives, such as rebates to e-bike users similar to the support it gives electric car buyers.

He said rebates are being offered in Europe and e-bike sales soared there in the past seven years.

## Students show their best work at annual short film extravaganza

**Sebastian Mahecha**

ARTS REPORTER

Raeghann LaBelle could have made a short film with action and drama for the Humber Short Film Festival.

But the 19-year-old Humber College film and television student instead chose to commemorate a friend she lost.

She was among a slew of first-year film and television students who showed their talent during a showcase on Wednesday evening.

Labelle, 19, directed a short documentary about the hard times she went through when she lost her best friend.

“Around two years ago I lost my best friend to suicide, and we got this assignment for visual poetry, so I said, ‘let's make something about where I get my motivation from,’” Labelle said.

“I wanted to tell how it's been two years coping with the fact he chose to do that,” she said. “It's always a hard time for me, he is always on my mind.”

During the showcase directors and participants enjoyed about two hours of short films created by the first-year students.

The festival took place in the Lecture Theatre at North campus, the members of First Year Experience brought free food and gave away some NBA tickets and Tim Hortons gift cards.



**“Around two years ago I lost my best friend to suicide, and we got this assignment for visual poetry, so I said, ‘let's make something about where I get my motivation from.’”**

**Raeghann LaBelle**  
FILM STUDENT

Ned Mahalingan, senior peer mentor at FYE, said this is the second time First Year Experience is running the short film festival.

“Basically, we wanted to showcase the talents of Humber, so we



SEBASTIAN MAHECHA

**Reaghann Labelle, a first year Film and Television student, created a short film of the death of her best friend.**

opened a called for submissions, and students set different proposals for documentaries as well as short films,” Mahalingan said.

The films showed a variety of proposals like action, drama, documentaries and interviews.

The production displayed a great

use of the newest technology, music and storytelling techniques. In average, the productions were about 10 minutes length, with some of them as long as half an hour.

The event happens once a year, and the First Year Experience does not require any formal experience

to be a participant.

“We advertise all around the college so students can be participants of the festival,” Mahalingan said.

“I think that films in particular open everyone's eyes on things we do everyday and we don't realize how important these things are,” he said.

## EDITORIAL

## Toronto is about inclusion, but that demands trust

Inclusion is one of the top core values of Toronto Pride and it also makes Toronto the welcoming city that it is.

Toronto's diversity and understanding are nearly unmatched from many major Canadian cities.

So, when it comes time to omitting certain people from Toronto's largest parade of the year, then how does one understand that Toronto police should be excluded?

This year, Toronto Pride asked that Toronto police need to withdraw its application to march in the parade over concerns police didn't handle the Bruce McArthur investigation well. McArthur is the alleged serial killer charged with the murder of six gay men.

Chief Mark Saunders said he understands the concerns of the community and Toronto police officers will not march this year. Last year, they were asked to be left out at the demand of black activist group, Black Lives Matter.

This year, Saunders pulled the application to join the parade following the backlash by BLM and others upset at the police murder investigation.

Pride Toronto justified its decision online this week by arguing Toronto police failed to act on concerns raised by the community after the disappearances of gay men in the Church and Wellesley Streets area.

The statement reads police inaction during the time has "severely

shaken our community's already often tenuous trust in the city's law enforcement."

Several people in the community say their relationship is broken after community members have argued Toronto police failed to take community fears seriously when they believed there was a serial killer at large.

Further, police are not seeing if there are any links to the current serial murders investigation and the disappearance of 14 gay men from the Village some 40 years ago. Now, there are investigations underway into how police handled reports that were made. And, it can't come sooner.

It's certainly important the inter-

nal investigation is underway and that Toronto police try to mend the wedge between themselves and the community as best they can, because, as the same online statement reads, that the issues "will not be solved in one day. The relationship cannot be mended through a parade."

An important question may be: if not at the parade now, then when? Placing a ban on Toronto police marching in the parade may lead to even greater tensions as it undermines the sense of inclusion the city has striven so hard to create.

It could undermine funding from the city where some councilors are concerned and had pushed last year to pull \$260,000 in funding from the parade until police were

welcomed back.

Aside from funding being pulled, Pride Toronto also saw a dramatic drop in revenue in 2017, resulting in a nearly \$500,000 deficit.

It's important to understand that consequences have actions and that a withdrawal of support from key players could weigh heavily and play off of other community events throughout the city at a later time.

It's important for police to defuse tensions within the community and start to rebuild relations with people and communities again.

Relations which are in need of much repair to ensure community members feel safe enough to have police welcomed back into their community again.

## OPINION

## The pressure to succeed without any help



Matthew Frank  
EDITOR

to advanced education, an enviable job and a successful and healthy life. Yet, according to student surveys, mental health problems have become more prevalent.

Nearly half of all students, based on a sampling size of 44,000 students, told the American College Health Association stress had an impact on their academic work. The survey was conducted on Canadian students in 2016, and showed, on average, nearly half of the sample size experienced a higher than normal amount of stress.

One of the reasons people may be reporting greater amounts of stress is that up to two-thirds of Canadians may not be getting enough sleep, according to a 2016 report from research analysis firm RAND corporation.

A main reason behind this could be that, as common sense suggests and research shows, the more work people do, the fewer hours they are likely to sleep.

It should come as no surprise that in post-secondary academic accommodations for submitting work later or receiving more time on exams rose to around 143 per cent at U of T, for example, between 2009 and 2017.

This is no way to put full blame on the current education system because students have more support systems in place now than ever before.

However, even modern support services can only stretch so far when mental health issues have become more pressing (or maybe people are more aware of them now). Even still, they may be issues better dealt with by the province.

With the Ontario Liberals looking to invest \$2.1 billion into mental health services — as part of its final budget plan before the June provincial election — it's obvious the province recognizes mental health is enough of a problem to invest money into it (only after 15

years, mind you).

However, it's not just important the Liberals, or the next newly elected party, look at the effects of mental illness, but also at potential causes and what they can do for our modern education system.

While Ontario's post-secondary system certainly has many positive traits and impressive achievements, it's not without its own shortcomings.

More attention could be given to assure students that degrees or certificates will lead to meaningful employment and to ensure that schools make key information more accessible, which might enable students to pursue the education they believe would be worth their time and money.

A change to the current education system might also remove some of the burden from educators who are hard at work, trying to work more material into the curriculum than they may have wanted to cover in the short time they are allotted.

Reducing workloads could help alleviate some of the stress by giving students experience outside of normal classroom engagements.

And, contrary to the fear that easing up on the workload could lead to poorer work performance, psychology professor Laurie Santos at Yale University teaches a mindfulness course that ignores the pass/fail grading system. This has ultimately led to students getting better grades.

Thus, there may be new lessons to be learned here. In place of the race for grades, schools could be looking at how they can cultivate the potential of deep learning, a sense of purpose, and personal connection.

In place of a high stakes learning experience where passing and failing are key concerns for students, the modern education system could move toward how schools can not only teach, but foster healthy living as well.

## Vegas Golden Knights are making hockey hot again in the desert



Kasie DaSilva  
EDITOR-IN-CHIEF

star goaltender Marc Andre Fleury from the back-to-back Stanley Cup champions Pittsburgh Penguins, Florida's Jonathan Marchessault and Columbus' William Karlsson, who are both nearing the 80-point plateau this season for the team.

There wasn't much reason to be hopeful of Vegas' chances heading into the season, as it was a patchwork team, assembled through the expansion draft. It takes time to build a good team, especially when you have more than 30 guys who all have different playing styles.

The Golden Knights shocked the league by winning eight of their first nine games. This is nearly unheard of for an expansion team. The team went on to prove it just wasn't Las Vegas luck either.

March 26, 2018, is a day that all Vegas fans will remember. With a 4-1 victory over the hot Colorado Avalanche, the Golden Knights clinched its trip to the playoffs. They were the first expansion team in NHL history to make it to playoffs in its inaugural season.

Not even a week later the Golden Knights clinched the prestigious Pacific Division with an 11-point lead over the next closest team, the San Jose Sharks.

Being a Pittsburgh Penguins fan with that beloved 'three-peat' in sight, it terrifies me knowing how powerful of a team we could be meeting up with in the Stanley Cup Final this year.

Going into this season I didn't think they stood a chance, but they took the odds against them and defied them.

People, including myself, turned a blind eye on Vegas, but days before its home opener, all eyes were on the city.

Miracle or not, the Vegas Golden Knights have proved they're a Stanley Cup contending team and they're not going anywhere.

We'll just have to wait and see how far their run will go.

Failure is not an option for many Ontario college students.

After an OPSEU college faculty strike halted classes for five weeks last fall, students are hard at work trying to complete their winter semester — a semester which was shortened from 13 weeks from 15 weeks — as successfully as they can.

You will not find unoccupied seats anywhere at Humber, which is currently bustling with students rushing to complete assignments, or get a little extra work in before the term ends.

The hard work of students in this final semester shows they are capable and willing to do more to make themselves employable.

But, for some, the stress may be too much and the pressures of what students may expect from their courses or themselves is mounting, as signs of exhaustion have become visible in some students' faces.

And, in fact, expectations surrounding education have become so great, they have almost spun out of control.

On top of longer school days, students may be slogging through hours of homework, volunteer or work schedules, seeking internship placements and participating in extracurricular activities. Each activity may be a step on the ladder

One could say it is the most wonderful time of the year as the school year coming to an end and the NHL playoffs are less than a week away.

Since 2000 there has been 30 teams fighting for a playoff spot, but this year it was harder for the teams in the Western Conference to reach the coveted post-season, as another team has been added to the mix, the surprising Vegas Golden Knights.

When it was announced that Vegas would become the league's most recent expansion team, everyone thought NHL Commissioner Gary Bettman was crazy. Why bring a hockey team to the desert when there already is one that is always rumored to be relocated?

Apologies to the Arizona Coyotes, but an average attendance of 13,124, the third-worst in the NHL isn't going to keep a team afloat for much longer.

The Coyotes hasn't made hockey look attractive in the desert, which made me think the Golden Knights were going to crash and burn.

Was I ever wrong.

Flashback to June of 2017: Vegas had its own expansion draft where they got to pick one player from each team in the league that was left unprotected.

Highlights from the draft were

QUOTED

ARE YOU SCARED OF THE INTERNET?

“Yes, there is a lot of false information that can be spread around and things like the dark web scare me.”



Savio Do  
HVAC  
1ST YEAR

“I don’t think it’s scary because the internet is for people to show who they are, and what they are doing.”



Joshua Crossley  
ELECTRONIC ENGINEERING TECHNOLOGY  
2ND YEAR

“Yes because the articles on there tell a lot of lies and Donald Trump is an idiot when he uses it.”



Sheldon Cumming  
SUSTAINABLE ENERGY AND BUILDING TECHNOLOGY  
3RD YEAR

PHOTO OF THE WEEK

ART SHOW OF FLORA AND FAUNA AROUND LAKESHORE CAMPUS

The walls of the Lakeshore Grounds Interpretive Centre are now full of photos of stunning wildlife. LIFE, a photography exhibition by local artist Irene Cholewka will be featured until July.

MICKAL ARANHA



SEND YOUR BEST PHOTOS TO ETC.HUMBER@GMAIL.COM OR TWEET US AT @HUMBERETC FOR A CHANCE TO BE PUBLISHED IN NEXT WEEK’S ISSUE!

96.9 FM | radio.humber.ca

# LIFE, an eye-opener to the local wildlife diversity

**Mickal Aranha**  
ENVIRONMENT REPORTER

The walls of the Lakeshore Grounds Interpretive Centre were adorned with photos of stunning wildlife, including snowy owls, snapping turtles, coyotes, minks, muskrats and red-tailed hawks on Wednesday.

It was the launch of LIFE — in Colonel Smith Park, a photography exhibition by local artist Irene Cholewka.

Emma Pagacz, the collections and programming assistant who organized the exhibit, thought Cholewka would be the perfect local artist to work with because she has a “wonderful eye.”

“She’s really great at capturing those really special, rare moments in the park,” Pagacz said.

“I think the exhibit shows the range and diversity of wildlife that exists in the local area, just a walk away from campus,” she said.

“It gives a glimpse into that and maybe encourages people to take their own walk into the park to see what they can find,” Pagacz said.

Cholewka has been a resident of the neighbourhood since 1974. She remembers the psychiatric hospital that used to occupy the grounds, when they first started transforming it to Humber College, and when the park didn’t have the paths it has today.

She later attended the college as an administrative studies student. Years later, she would begin taking photographs of the area she knew so well.

Cholewka said her favourite season for photography in the park is the spring during the Whimbrel Watch.

“Local photographers are outside by 4:30 a.m. and wait for the whimbrel, a bird with a crescent-shaped beak, to fly over a spot in the park called Whimbrel Point. The birds sometimes stop and rest on



Local artist Irene Cholewka showcased her photographs taken in Colonel Smith Park near Lakeshore campus.

the nearby rocks,” she said.

Cholewka also loves taking photographs in the fall.

“I see flowers that are wilting, I see a lot of beauty in things that are dying, which is really kind of morbid, but you maybe see a bud with a single petal,” she said. “To me that’s artistic.”

Many of the photos in the exhibit are close-ups of flowers, buds and other foliage from unusual perspectives.

Antonius Lo and his wife Jennie, friends of Cholewka, attended the exhibit launch to support her.

Antonius worked as a commercial photographer for a Japanese company in Indonesia before moving to Canada. He now practices photography as a hobbyist.

“We met Irene at High Park,” Antonius said. “She was taking photos of a very small bird while I was taking pictures of mallard and wood ducks.”

Jennie said Cholewka had introduced her and her husband to Colonel Samuel Smith Park.

“We’re so happy to know Irene, you learn a lot of things from her,” she said.

Jennifer Bazar, curator of the Lakeshore Grounds Interpretive Centre, met Cholewka when she won a juried competition with the photo of a coyote featured at the entrance of the current exhibit. The award was part of an exhibit organized by community group Friends of Sam Smith Park.

“I just loved her work,” Bazar

said. “I’ve been casually nudging her to do an exhibit and I was thrilled when she agreed.”

Bazar said Cholewka’s work fits in perfectly with the mission of the Interpretive Centre, which is to preserve and share the different histories of the Lakeshore grounds: mental health, ecological history, indigenous history, as well as educational history.

“Irene’s work is really great because every photograph is not just along an ecological theme but it’s also physically in Colonel Smith Park,” she said.

“And then she goes a step further,” Bazar said. “It’s not just nature photography, she’s an active advocate for sustainability and works in Samuel Smith Park to make sure that it’s preserved, that it’s taken care of.”

# IGNITE’s free tax clinic to benefit students greatly

**Taz Dhaliwal**  
NEWS REPORTER

It’s that time of year again, tax season.

For Humber students who may be filing their taxes for the first time or haven’t filed them yet, IGNITE is hosting a free tax clinic.

IGNITE provides students with a tax clinic every year and this year the clinic opened on March 26 and will remain open until April 26.

The tax clinic on North Campus is located in room KX205 and students must book an appointment online beforehand. The clinic is open from Monday to Thursday from 10 a.m. to 4 p.m.

Stokely Lindo, IGNITE vice president North, said the tax clinic is operated by accounting students at Humber who are trained volunteers. He said the accounting students are preparing to write their CRA exam and the clinic helps them apply the

skills they’ve learned.

Lindo said the appointments are half an hour long and spaces fill up quickly. He said the tax clinic is quite busy throughout the month.

He described his experience as filing for taxes as being an “eye-opener.” Lindo said he did not know that as a student he could potentially get money back from the government when he first came to Canada from Jamaica.

He said many other international students may not be aware of this either, especially during their first year here. Even if students do not have a job they should still file their taxes.

“It is beneficial, especially for students who are here by themselves and don’t know how to do file their taxes,” he said. Lindo said the more money you pay for tuition and rent, the greater your chances are of getting more money back.

He also noted the textbook tax benefit students could have previously

claimed, but that particular benefit can no longer be claimed since it was recently eliminated.

Lindo said another change that students should be aware of is the public transit benefit, which is another tax benefit that was taken away. However, any monthly bus passes that were used from January 1, 2017, until June 30, 2017, can still be claimed.

He said other tax benefits students can claim include tuition, rent, moving, medical, and donation costs, along with any money students have already paid off from their loans. Students do need to have receipts of the expenses listed above in order to show proof of payment.

Students can access their T2202A tuition tax receipt online on the MyHumber website.

Connor Callej, a gaming programming student, and Sarah Sampagna, a food and nutrition management student, both 18, and said they will be filing their taxes for

the first time on their own.

However, they said they are not really aware of what tax benefits they can claim outside of what their parents tell them. They said that filing taxes does seem confusing and that many of their friends feel the same way.

But they said they are glad there are resources they can access, such as the tax clinic, which they can reach out to for extra help.

A pamphlet created by IGNITE states anyone who arrived in Canada prior to Dec. 31, 2017, does have to file their taxes. Although, anyone who arrived in Canada after Jan. 1, 2018, will have nothing to file for the year of 2017 and therefore does not need to file anything this year.

For more information about IGNITE’s tax clinic and lists what students need to bring to a tax appointment, go to [IGNITEstudentlife.com/events/tax-clinic](http://IGNITEstudentlife.com/events/tax-clinic).

# Cutting the stress away

**Chanel Sethi**  
NEWS REPORTER

That time of year has arrived again, where the books are out and the stress creeps in.

Nafeeza Kadir, organizer of the event Long Night Against Procrastination and coordinator for peer learning programs at Humber, said the event is to relieve that stress.

“The event we have today is something we have across colleges and universities, where we try to pull together a bunch of stress activities for students including academic activities,” Kadir said.

Stress during exam time takes a toll on students and the main focal point of the event is for students to take care of themselves and take mental breaks through these times, she said.

The annual event included massage stations, academic workshops, tutoring, and drop in support for students in the area of math, accounting and writing.

At a support booth, Nakita Sunar, a learning support coordinator, tells students about the learning workshops at Humber.

“We have learning skill workshops every month about three or four times a week that help students succeed, there are for any course around money management, stress management, time management, group work, exam test prep or multiple choice prep,” Sunar said.

After attending five workshops, students can apply for their co-curricular record, a Humber certification that can be put on a resume, she said.

Taking a break from the books, Kirill Borisov, an international student from Russia, finds relaxation at the event.

“This event is amazing and personally as a international student, the system of studying is very different from my country so tutoring is very helpful for us,” Borisov said. “I struggled with accounting and these workshops definitely helped me through this past year.”

Landscape technician Paula Pena Navarro finds herself at each stress reliever station taking advantage of all the useful resources, and amenities that were provided for students.

“I find this event is at a great time, with lots of stress going on especially because of the strike, I felt the strike affected this semester more than the last as this one got shortened but still having to complete the same amount of work within that time,” Navarro said.

The event took the stress of her mind and she was able enjoy the event with her peer students fueling herself midday with refreshments, food and activities, she said.



# Hawks men's indoor soccer team wins provincial championship

Scott Savard  
SPORTS REPORTER

Humber's men's indoor soccer team overcame adversity after losing half of its squad after last term's college strike to become Ontario Colleges Athletic Association champions.

"We had a few injuries and due to the strike as well, we lost a few players as a result of that," said coach Michael Aquino of the Humber men's indoor soccer team.

"Guys who had given some thought to getting their money back due to programs that opted to re-start next year and dropped out," he said. "We were a little depleted, it wasn't certain how far we would go and how well we would do."

Defender Jamie Scott said both the leadership of the seniors and the heart of the younger players stepping in after losing a number of players after the five-week faculty strike helped them reach the championship.

"The core group of guys, the mains, the seniors, the guys that came back those guys really helped us really push through it because a lot of us were down," Scott said. "We recruited some of the practice players to come up to the actual team, they played a big part of it as well."

Co-coach Alex Sabatini said

he never lost hope in winning the championship because he felt the team has always shown talent.

"For the indoor, we have very good players at the school. We know our group very well, we know our competition," Sabatini said.

"For myself anyways, I always knew we had the belief to win the championship," he said. "I never went into the indoor thinking we aren't going to medal, I thought there was a very good chance that we could win."

Sabatini said the Hawks are very good at recruiting championship teams and could see one in the men's indoor soccer team.

"Our forte has been the depth we have carried throughout the years," he said. "Schools don't have the depth we have, due to our recruiting."

"But even for indoor, some schools that are mediocre outdoor actually have decent indoor teams because it's only five and a keeper, it's only six a side," Sabatini said.

"With a group of 10 players you could actually do quite well," he said. "But our guys stepped up in right moments and we have very good individual players. We have good, quick, speedy players with great soccer IQ."

"With that I knew we had a team that could be very successful,"



COURTESY: OCAA

Humber Hawks men's indoor soccer team wins OCAA championship at Redeemer University in Hamilton.

Sabatini said.

He said Humber students should expect great, skillful games from the indoor soccer team.

"The surface area is much, much smaller than the outdoor game and there is a lot of goal scoring opportunities that occur," Sabatini said. "It's a very dynamic game, the transitions quick, a lot of goal scoring opportunities happen with that more

goals will be scored at the indoor game rather than outdoor game."

He has high hopes for his team next year and will hold open tryouts for those who aspire to be a part of the team.

"I think with our group we are one of the heavier hitters in the OCAA, I always think we will have an opportunity. We have a good opportunity going into next year, but

we are looking to instill some core values to the players," Sabatini said.

"From indoor resiliency is big, showed a lot of character, they showed perseverance, they were selfless and didn't put themselves ahead of the team," he said. "There is a lot of integrity in sportsmanship, a lot of those values that they exhibited in the indoor we are just looking to continue on to next year."



COURTESY: OCAA

Humber Hawks women's indoor soccer team wins OCAA championship at Redeemer University in Hamilton.

## Women's indoor soccer team scores OCAA title

Ryan Brockerville  
SPORTS REPORTER

The Humber Hawks women's indoor soccer team cruised to its second consecutive OCAA title.

The Hawks surrendered only one goal in six matches during the March 22 to 24 championships at Hamilton's Redeemer University soccer dome.

But the team's defensive acumen was matched with its offensive firepower, racking up a total of 14 goals, the tops in the tournament.

The success indoors however is hopefully just a precursor of what is expected for the upcoming outdoor season.

The Hawks knocked off rival Sheridan College 3-0 in the semi-final, and went on to defeat Seneca in the championship by the same margin.

Second year forward Rebecca

Spratt was a standout throughout the tournament for the Hawks. Spratt capped off her impressive tournament with both the Hawks final goal of the championship and being selected the championship MVP.

Second year goal keeper Vanessa Fiore, notched five clean sheets in Humber's six matches, and did so with a severely injured left hand.

"It was a major concern for me and my team but I'm not the type of player to just give up on my team," Fiore said.

Due to Fiore's stellar goalkeeping throughout the tournament she was awarded the top goalkeeper of the tournament.

"Being awarded top goalkeeper and winning gold was my main goal," she said.

Shaniece Bennet was a scoring wizard for the Hawks. Bennet scored goals in five of the Hawks

six matches, and was named a tournament all-star.

The Hawks in the championship game got goal scoring from three of their impressive second-year players and another clean sheet from Fiore.

Midfielder Giulia Zanardi opened the scoring early in the first half. In the second half, forward Bennett scored an insurance marker, and forward Spratt put the game out of reach by scoring the Hawks third and final goal of the game.

The Hawks will look to take the momentum from this win into next year's outdoor season.

Fiore says the Hawks will need to come in emotionally, physically, and mentally ready for next season, but she thinks the team is ready to put in the work.

"There's nothing more important to our team wants than winning an outdoor gold medal," Fiore said.

## Women's volleyball prepares for next season's Nationals

Mike Furtado  
SPORTS REPORTER

Although this season may not have ended the way the women's volleyball team wanted it to, the Hawks have much to be proud of.

The team finished with yet another perfect season at the provincial level and won its 11th straight Ontario Colleges Athletic Association title. The team placed fourth at the 2018 Canadian Collegiate Athletic Association finals in Grande Prairie, Alta.

Jim Bialek, manager of athletics at Humber, said the success of the women's volleyball program comes down to hard work.

"You go to any major or high club tournament in the province, you'll see a Humber van there," he said.

Humber's recruitment process is like none other and is a big part of the sustained success shown by the program over the past decade, he said.

Bialek gives a lot of the credit to the Hawks' head coach, Chris Wilkins, who has kept his players playing volleyball at an elite level, all while having new lineups to put on the floor each year.

"He (Wilkins) has probably gone through 100 players who have sustained this success over 11 years," he said.

The recruitment process never

comes to a halt for the women's volleyball program and there are always players lined up to play at Humber.

"Right now, if you went to the coaches they would already have 19 to 20 people who want to be here and that can make this team," Bialek said.

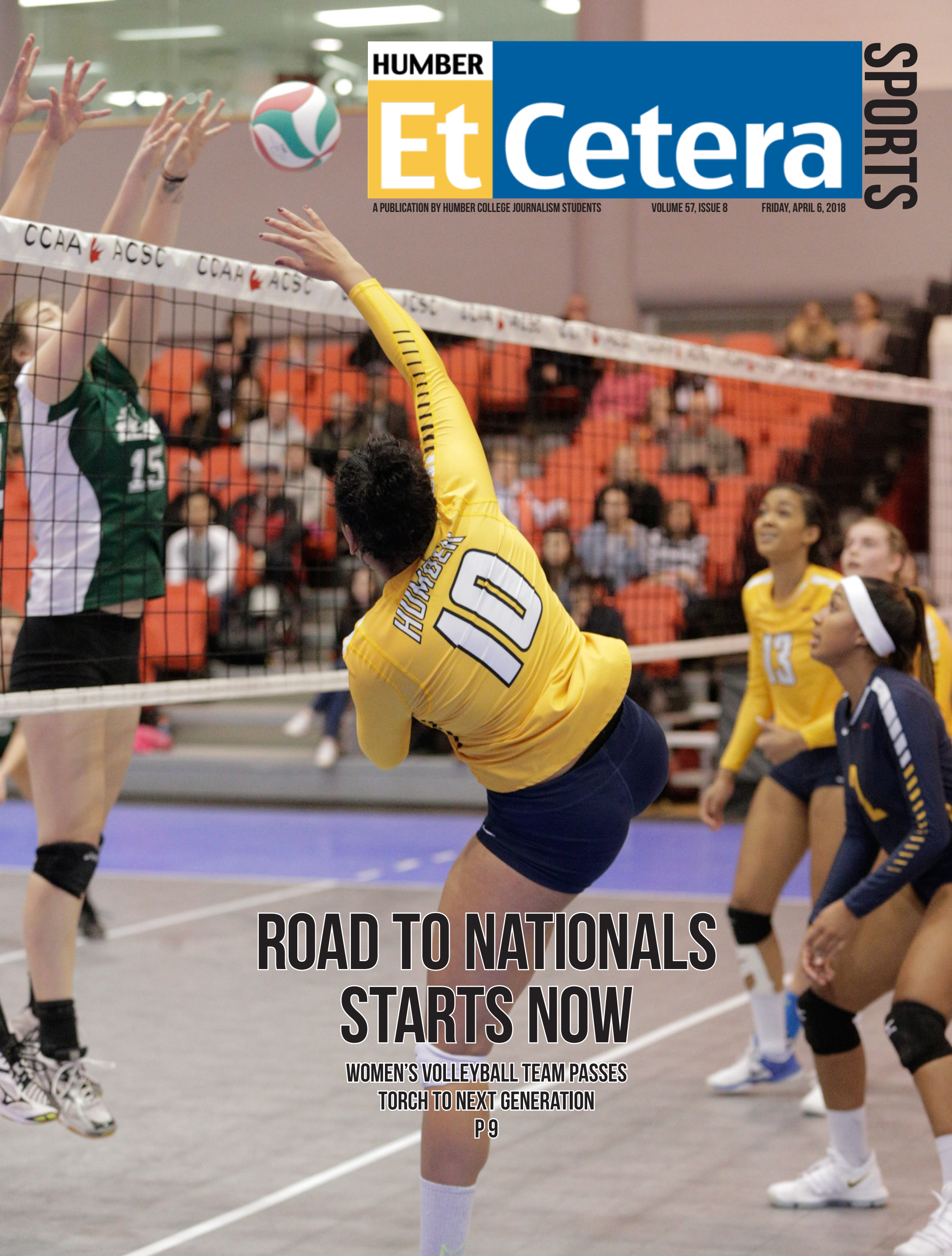
Humber is a main attraction for top level recruits because of the school's wide range of academic opportunities it provides for students.

What people may not know is that Wilkins holds his players accountable for sustained success in the classroom as well as the court and has made academics a number one priority over volleyball.

"It's important for us to make sure that we are preparing them for life and preparing them for a career," Wilkins said. He said the women's volleyball team has one of the highest grade-point averages across all college sports teams across Ontario.

"I believe if you're an organized individual and you care about academics, you're going to carry that success onto the court," he said. "If you can't manage life or can't manage schoolwork, you're not going to be a successful athlete."

Next year the team will have a new set of athletes to pass the torch to and take their shot at the highly coveted National title.



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# ROAD TO NATIONALS STARTS NOW

WOMEN'S VOLLEYBALL TEAM PASSES  
TORCH TO NEXT GENERATION

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