HUMBER ET CETERA



Firefighter students to the Page 4

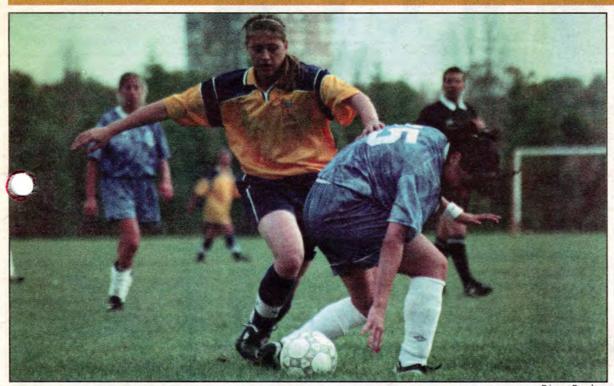


Midterm stresses Page 10



Transit enterainment Page 11

www.etcetera.humberc.on.ca -- Humber College's Newspaper -- October 11, 2001 -- Vol. 30 No. 5



The Hawks women's soccer team won two games this week, remaining undefeated. See full story on page 8

America's response

Newsrooms around the country were busy this week as the U.S. launched attacks on Afghanistan. Humber Et Cetera's Desmond Devoy compiled a synopsis of the week's events, gathered from Toronto newspapers.

The "quiet, unyielding anger" that een building up in the U.S. ever the Sept. 11 attacks finally reached a fever point this weekend as missiles rained down on war-torn Afghanistan.

America, with its coalition partner Great Britain, launched an awesome display of military might in taking out Afghanistan's remaining airports, bin Laden's al-Qaida terrorists.

"Operation Enduring Freedom" saw 15 bombers, including B-1, B-2, and B-52 planes inflict considerable damage to military installations, while 50 cruise missiles and 25 U.S. strike aircraft levelled many sites.

The Afghani Defence Ministry in Kabul was attacked, as was a Taliban command centre at the airport in Kandahar in the south of the country. The town is known as the heart of the Taliban movement and is the home of the country's theocratic leader, Mullah Mohammed Omar.

An al-Qaida training facility near the town of Garmabak, in the centre of the country, suffered destruction.

As the campaign began, U.S. President George W. Bush took to the airwaves in a televised address to the nation.

"Now the Taliban will pay a price," Bush said from the Treaty Room in the White House.

"Initially the terrorists may burrow deeper into caves and other entrenched hiding places. Our military action is to drive them out and bring them to justice. We are supported by the collective will of the world. We will not falter and we will not

as well as camps used to train Osama See Afghanistan on page 2 Hawks may fly with university teams

By MARK MacDONALD Et Cetera Staff

Annual contenders for the Canadian College Athletic Association championship, the Humber Hawks, are looking for stiffer competition.

That's why they have a demanding schedule that includes four exhibition dates against university com-

Coach Mike Katz said the university teams will provide a good test for his young squad.

It's a great schedule. I'd say it's the best of all colleges and unities," he said. "The university games should be tough and intense."

University basketball is perceived by many as superior to the level of play in the CCAA. However, the success of college teams such as the Humber Hawks, who last season beat universities such as Guelph, Regina and Toronto, has left many people impressed by the level of skill in the college game.

Dave DeAveiro, now the head coach of the Ottawa Gee-Gees, is among those whose opinion swayed.

"I used to think that if I went to the college level it'd be a step down, but there's no way I think that now. My experiences with Humber showed me how good the basketball is," DeAveiro said.

The tempo is the biggest difference between college and university basketball. University teams are reputed to be, on average, much bigger and they stress executing the fundamentals of basketball.

College ball, on the other hand, is said to be less structured and geared towards speed and athleticism.

Humber Athletics Director, Doug Fox disagrees with that stigma. He said that for Humber, Coach Katz's experience with the National team makes the difference.

"There is a perception that we play more [up-tempo]. Mike [Katz] runs a lot of designed plays," Fox said.

See CIS on page 9

Porn watchdog monitors HSF

By VICTOR PENNEY Et Cetera Staff

The Humber Students' Federation decided last week to clean up a messy Internet pornography incident, when its board of directors passed a motion forging a new computer policy.

At their Wednesday night meeting last week, HSF decided to install software to track the activities of anyone surfing the Internet on their office computer, downloading files, or installing software.

"I understand the concern as to how strict the policy is, but we do have to act somewhat firmly," said HSF President John Pulla.

Pulla said the actions are necessary to insure that HSF computers are no longer being used to download explicit material over the Internet.

Three weeks ago, it was reported that some members of the Lakeshore HSF office had downloaded pornographic files and file-shared the material as recently as this past August.

A new HSF ad hoc committee has been struck, consisting of the HSF president, Business Manager Cindy Dragic, Network Administrator Rodney Fowler, and five yet-to-be appointed directors.

"The main goal is to come up with a fair and solid computer policy which will outline in detail what the functions of HSF are and what liabilities anybody using them can incur," said Stephen Anastasi, vice-president of Campus Life North.

See HSF on page 2

Medical condition causes car accident, police say

By MIKE ZETTEL Et Cetera Staff

A car slammed into a concrete light post after the driver lost control in front of the North campus Tuesday afternoon.

Even though the front end of the car was heavily damaged, the driver was able to walk away from the acci-

"He only had minor injuries; swollen knees and a sore neck," said Const. Bruce Coles of Metro Police, 23

According to eyewitnesses, a dark

blue Honda Accord, driven by a middle-aged man, was eastbound on Humber College Boulevard at around 4:20 p.m.

It mounted the curb near the Athletics Centre and knocked over a light post, snapping the pole in half.

"What happened was he was driving across Humber College. He felt dizzy and blacked out," Coles said. "It was a medical condition."

The driver was taken by ambulance to the William Osler Health Centre, Etobicoke Campus for obser-

-With files from Julie DeAngelis and



Mike Zettel

A man suffered minor injuries after his car crashed into a pole

Newsetc.

microscope

continued from page 1

Anastasi added it will be necessary to upgrade the HSF computers in order to run new monitoring software, at an additional \$20,000 cost.

Some board members, including Gary Sakorafas, the director for Information Technology Accounting don't completely agree with the motion to change their computer policy and view the alterations as a Big Brother sort of mentality.

"Other people are more responsible," Sakorafas said. "It's just something that needs to be modified that's for sure. We put something in place, but we just don't lock it down for everyone. It's just not fair."

While the student government is actively pursuing measures to prevent further misuse of their computers, some students remain unhappy with the pornographic viewing which took place in the summer months.

John Abboud, a first-year Business Administration student, said purchasing Internet-monitoring software is a waste of cash.

"They can save themselves all that trouble by getting some responsible people who've got their heads on straight and don't do that sort of nonsense," he added

HSF under Act hopes to put bite on puppy mills

By CANDI JERONIMO Et Cetera Staff

After recent puppy mill raids, the Ontario Society for the Prevention of Cruelty to Animals (OSPCA) is giving the province a chance to help out by launching its Adopt-a- Dog campaign this month.

Over 45 per cent of pets at the OSPCA are dogs, and since the raids, centres have been inundated with puppies and dogs that have been treated and are ready for adoption.

"Adopting a dog from your local Ontario SPCA branch or affiliated Humane Society helps reduce the continuing crisis of pet overpopulation in the province and lessens the demand for puppy mill dogs," said Vicky Earle, CEO of the OSPCA in a press release.

Since the Misener Farm case, the largest puppy mill ever to operate in Ontario, legislation has been moving along quickly to help prevent events like this from happening again.

The Miseners were keeping 180 puppies and dogs on their farm under deplorable conditions before they were removed in late August. Since 1964, more than 340 dogs, cats and ponies have been removed from couple's care because



Courtesy OSPCA

OSPCA's Adopt-a-Dog campaign is focusing on eliminating puppy mills

of mistreatment.

Mike Colle, MPP for Eglinton-Lawrence, has been lobbying for The Puppy Mill Ban and Animal Cruelty Prevention Act, which will give the OSPCA more power to

inspect, fine and punish those running a mill.

The province does have the power to shut down puppy mills, but it has refused to act. My bill gets tough with cruel and inhumane pet breeders and puts long overdue teeth into the SPCA Act," Colle said.

However, the Harris government has become more alert to the cause in recent months giving \$50,000 above the pre-planned budget of \$119,000 to help protect animal welfare.

The new Act, as published in a press release by Colle, would allow the OSPCA to:

- · Require the licensing of all pet breeders and kennels to operate in Ontario.
- Allow full inspection for breeders and kennel operators by the OSPCA.
- Make it a provincial offence to operate a puppy or other pet mill punishable by fines up to \$50,000 and/or two years in jail.
- Allow the imposition of a lifetime animal ownership ban on individ found operating pet mills
- · Impose fines and/or jail terms on pet store operators that knowingly and willingly buy or sell pets from pet mills.
- · Establish a publicly accessible provincial registry of pet breeders and kennels.

As the OSPCA violence prevention week continues, those wishing to adopt a dog can do so at their local Humane Society. Any information regarding cruelty to animals can be reported at 1-888-ONT-SPCA.

More wheelchair access for Toronto movie lovers

By ANA KOVIC Et Cetera Staff

Famous Players Theatres has been ordered by the Ontario Human Rights Commission to make three of its Toronto theatres accessible to persons with disabilities.

"The Ontario Human Rights Code entitles persons with disabilities to access," said Chief Commissioner Keith Norton at a recent public hearing.

"I am now calling upon Famous Players Theatres to do what is right and that is to comply promptly with the order so that movie-goers with disabilities can enjoy these facilities along with everyone else."

Uptown, Backstage and Eglinton are the theatres in question.

A fourth theatre, Plaza, was also named, but Famous Players has chosen not to renew its lease and will

These are the only Famous Players locations in Canada that are not wheelchair friendly.

"There are no exclusive screenings in these three theatres. This way everyone can see the shows at all our other locations which are wheelchair accessible," said Joanne Fraser, a media representative for Famous Players.

The Board of Inquiry (Human Rights) has given the company until December to make their decision in terms of renewing the leases of the

Uptown and Eglinton have two years to make the changes while Backstage has only one.

"A lot of people in the downtown community have a certain amount of attachment to these theatres," Fraser

"During the Toronto Film Festival time the Uptown is always packed. They are relics of the city."

Fraser said that if they choose to

maintain the locations and renovate, it could cause problems for the old buildings and incur high costs.

Famous Players has been dealing with wheelchair accessibility for the last eight years.

Fraser said the company is sensitive to the issue because the disabled community faces many challenges.

"We are 97 per cent accessible with the exception of these three. I don't know any other facility that has numbers like ours," she said



Ana Kovid

Three Famous Players theatres have been ordered to make renovations

Afghanistan under attack

continued from page 1

As part of this global coalition against terror, Canada, before many other European countries had even decided what to contribute to the war effort, was all ready to contribute nearly one third of its Navy to the cause, including a substantial donation from the Army and Air Force.

"Make no mistake about it," said Defence Minister Art Eggleton during a press conference in Ottawa on Sunday. "This will be a long cam-

It is the largest Canadian military mobilization since the Korean War in the early 1950s.

"All Canadians know what is being asked of our men and women of our Armed Forces and their families," Eggleton added. "As always they are ready to serve, as always they will do Canada proud."

Prime Minister Jean Chrétien backed up his Defence Minister, saying "I cannot promise the campaign against terrorism will be painless, but I can promise that it will be won."

But as bombs fell on the country, other objects fell from the sky as well, in the form of 37,500 single-meal packets of food for starving Afghanis. Many parts of the land-locked country are ravaged by drought. The World Food Program estimates that 7.5 million Afghanis are not getting enough food and that nearly 2,000 tonnes of food would be needed to adequately feed them.

Taliban soliders were not the only ones who suffered casualties; four members of a United Nations mine-

clearing operation were reported to have been killed by coalition bombs during the attacks.

CANADA'S CONTRIBUTION:

- •2,000 soldiers
- •1,200 sailors
- Joint Task Force 2 (an elite commando force)
- ·Six ships: four frigates, one destroyer and one supply ship
- ·Six planes: three Hercules transports, two Aurora patrol aircraft one Airbus
- Sea King helicopters

OTHER CONTRIBUTORS:

Australia: 300 U.S. based troops readied to join the fight

Israel: Considerable intelligence support, including the Israeli secret service, Mossad

France: Already has ground troops in Afghanistan

Russia: Has pledged intelligence support

Germany: Ready to send armed forces, pending parliamentary approval

Pakistan: Allowing America to use airspace, air bases and intelligence Japan: Has promised medical and

transport help Oman: Supports America. 6,000 British troops already stationed in the

Arab country Turkey: Very willing to let coalition

forces use its air bases Uzbekistan: Allowing British and American planes to use its airbases

Tajikistan: Shares border with Afghanistan; will allow coall forces to use its airbases

OCAP protesters ready to stop the T-dot

By PAUL CARLUCCI Et Cetera Staff

On Oct. 16, a legion of activists will descend upon Toronto's financial district in the hopes of grinding its activities to a temporary halt.

The point is to be disruptive of the financial district," said Sue Collis, a member of the Ontario Coalition Against Poverty (OCAP), one of some 75 groups involved in the protest. "We are very serious when we say we're going to go out and protect someone who is poor."

The event will start at approximately 6 a.m. There will be a breakfast at Nathan Phillips Square at 5 a.m. for out-of-town visitors. Once the proper level of organization has been achieved, protesters will move to Bay Street, where they will try to disrupt traffic and prevent workers from doing business.

Toronto Police said the protest becomes illegal if workers are prevented from reaching their offices. Police refused to comment on strategies they might employ, numbers they might come out in, or equipment they might use.

"I would expect [the police] to be very heavy-handed and prepared disproportionately to what is planned," Collis said.

However, she added that in light of the growing level of veteran experience among protestors, "the people who come out will be more hard-

"I think it's great," said a secretary from Mancia and Mancia law firm, located on Bay Street. "It's good that somebody will stand up for the poor."

OCAP is all about working for the poor, a group they say has been

unjustly and consistently targeted by the Ontario government.

"The policies and legislation coming out of the Harris government in the past six or seven years have done nothing but hurt people," Collis said. "We resent whole-heartedly the determination and ruthlessness of the Harris government."

Colle said the timing of the protest is not inappropriate considering the recent destruction of the World Trade

"I don't think any reasonable legitimate comparison can be made," Colle said. "That person who was homeless on Sept. 10 was still homeless on Sept. 12

The provincial ministry of finance knew nothing of the protest and was unable to say what might happen if Toronto's economy stopped running



OCAP protesters brandished their flags in a Cornwall protest last year

Sandie Rinaldo coming to Humber

By VICTOR PENNEY Et Cetera Staff

CTV News anchor, Sandie Rinaldo, is coming to Humber College to speak with students.

"I've had a great run and it's time for me to give back," Rinaldo said at the day-long Round Table conference held at York University last Friday. Rinaldo and other speakers came out to celebrate the 35th anniversary of the York's student newspaper, excalibur.

"I'm not saying for a second that it's over, but I'm hoping that whatever information I have, I can now pass on to these guys because they're the

While Rinaldo did not specify a date for her visit to Humber, she did comment on the usefulness and quality of the Humber internship program with CTV.

"I'm glad that we have that kind rrangement because it really gives us a chance to see who is coming up through the ranks," she said.

Rinaldo accepted the invitation to appear at Humber from her long time colleague, Mel Tsuji, who currently teaches at Humber.

Although many journalists can be competitive, Tsuji said he doesn't remember Sandie being a "cutthroat" reporter.

"I remember Sandie," Tsuji said. "She was the most human and most collegial of reporters I met out there."

Humber graduates currently working for CTV News after working through the college's internship program, include Matet Nebres and

Other speakers at the conference included Jeanine Amber, features editor at Vibe magazine, Peter Howell, Toronto Star arts writer, Tanya Watt, art director for Flare magazine, and CityTV Crime Specialist Dwight Drummond.

Drummond, who started out at CityTV as a bouncer for MuchMusic's Electric Circus, said the conference a great way for students to get an

aca of what it's like to be a journalist.

"When I was in school, I wish I attended something like this," said Drummond, who graduated from Ryerson's Radio and Television Arts program.

You want to hear from the people who are actually out there and doing the jobs," he said.

The conference was organized by the editors of excalibur, who were each responsible for lining up speakers for

The excalibur, which was founded on October 7, 1966 by ten students in a school with no journalism program, started out with only four pages and was hand-drawn.

Now the paper averages 24 pages an issue, and is one of ten other student papers at York.

That's what makes the university special, according to Jeremy Greenberg, editor-in-chief of the student paper.

"[York] has no journalism program and to counter that, people really excel in the field of journalism," said the fourth-year Political Science

The five months of preparation for the event led to many long nights for Greenberg, but he felt he had to do

"Yes, I haven't been sleeping more than three or four hours in the last two weeks leading up to this conference making sure everything is perfect...and we just had to do something to celebrate 35 years of excellence," he

The conference, overall, led to a mixed reaction from the journalism students who attended from across the GTA and from as far away as Western University.

Adam Wiendels, a first-year film student at York, said journalists weren't the only ones who could benefit from attending the conference.

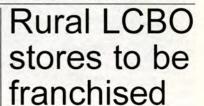
"It's great for the general public to come because there are a lot of misconceptions of the media and what journalism takes and how hard it is," said Wiendels, who transferred to York from Carleton University's Journalism program.

First-year journalism student, Mart Einer, from Centennial College, had a different opinion about the con-

He said while it was a great opportunity to meet people in the industry, he didn't take anything away from it.

"I really haven't learned much from many of the speakers," Einer

"I was expecting to see more of a bazaar type of thing with people in booths where I could talk with them one on one, but the way it was set up, it's just like an hour and half lecture, and not a very interesting one.



By PAUL CARLUCCI Et Cetera Staff

The LCBO has launched a franchise program that will bring beer, wine, and liquor to small municipalities that don't have the population to support a full-sized outlet.

"With our go-ahead to offer franchises to existing retailers in very small markets, we'll improve service for residents and visitors, while preserving LCBO's social responsibility standards," said Consumer and Business Services Minister, Norm Sterling, in a press release from the ministry.

The plan will alter the face of dusty convenience stores that sell milk, Mars bars and magazines.

An LCBO stand will be set up with products tailored to that target market, said ministry spokesperson Michael Hickinbotham.

"There are a number of municipalities [across Ontario]. The vast majorhave definitely applied," Hickinbotham said.

He declined to name any areas at this time, but said that the municipality, as opposed to the retailer, has the

Hickinbotham said that visions of staggering 15-year-olds need not worry small town residents.

"In terms of the LCBO, they have a great record when it comes to social responsibility. One of the ways the LCBO does this is by surprise inspection," he said. "LCBO has a great reputation."

"The whole initiative is to make sure we're providing alcohol retail service in under serviced areas," he

Andy Brandt, chairman of the LCBO, said franchises will serve the same purpose as full-sized outlets.

"Franchises can deliver quality service safely and efficiently to markets that just aren't big enough for a full service outlet," he said in a press



Humber College's Mel Tsuji chums it up with Sandie Rinaldo at a conference held at York University last Friday

Oncampusete:-



Humber's North campus parking lot was full, as students from the Fire and Emergency Services program took time to wash cars for charity

Firefighter, emergency students to the rescue

By JULIE DeANGELIS Et Cetera Staff

In response to the Sept. 11 terrorist attacks, Humber's Fire and Emergency Services students held a car wash and boot drive to raise money to send to firefighters in New York.

Soap suds, water hoses and 36 enthusiastic Humber fire students filled part of the North campus parking lot last Wednesday and raised more than \$3,500.

Cars filed through the man-made assembly line waiting for a wash while fire students passed around their uniform boots that were soon heavy with cash donations from faculty and students

Student organizer, Charlie Gray,

said he was pleased with the warm weather and with how things were

"This is awesome. It's a great day and we were very lucky considering it's Oct. 3," Gray said.

Fire and Emergency Services student and car wash participant Michael Fennell said he was happy to

"It's a great way to get involved and get to know people in the College," Fennell said. "And it's a great way for the people to recognize what we're trying to do to help others. The money is going to individuals...everybody's getting a piece of the

Even local firemen showed support by bringing their fire trucks over to the Humber parking lot for the

Humber students also expressed their support by donating money to the fund without taking part in the fire students' car wash.

"I think it's great seeing them working for a cause," said Cindy Trumper, a second-year Early Childhood Education student.

"Sometimes you feel so helpless when something like this happens. It's nice to see them out there," she

The proceeds raised are going through an organization called The N.Y. Fire 911 Relief Fund.

The fund is affiliated with an American-based association that deals specifically with providing aid

to the spouses and children of New York fire fighters injured or killed by the collapse of the Twin Towers on

Gray expressed both his satisfaction and relief as the day came to an

"The total has exceeded any of our expectations," he said. "We wanted to contribute in any way we could. This is the best way we thought we could do it."

Posters have been put up around the school by Gray, expressing his heart-felt thanks to the students and staff for their donations.

He also wanted to thank the Fire and Emergency Services students for their hard work washing cars and collecting donations.

International students left in silence

By PHILL FELTHAM Et Cetera Staff

Most students living in Residence went home for the Thanksgiving long weekend. For international students, it was a different story.

Students from abroad face tough choices when it comes to deciding how to spend their holidays.

"A lot of them have family, have boyfriends or girlfriends, or they've met people while they're here," said Michael Kopinak, manager for International Student Services.

Other international students, however, had to be a little more creatisduring the three day weekend.

Camille Grange, a student from France studying Business Administration, said she wasn't ready for the

"It was so deserted," she said. "Oh my God, that was weird, it was really quiet."

Leo Horie, a student from Brazil studying electronics, agreed that the sudden silence was unusual.

"Especially when the floor is really, really noisy, it's hard to get used to the peace and quiet," he said. Horie added he used the empty

halls of Residence to his advantage by playing his guitar until 3 a.m.

Most international students, however, don't celebrate Thanksgiving.

In fact, some international students knew very little about Canadian Thanksgiving traditions.

Sol Herrera said she only knew that, "Thanksgiving was a time to thank God for the things you have."

"I didn't know the history about the harvest or anything else like that,"

For the students who had where to go, International Stud. Services arranged a dinner in the main conference room in Residence.

"It's for the International students, but it's mostly for those who didn't have anywhere to go," Kopinak said.

Kopinak added that only 37 students signed up for the dinner because many international students had already made other plans.

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416-924-3240 / 1-800-269-6719 www.oxfordseminars.com By MUNA ISMAIL Et Cetera Staff

For Christian, Muslim and other religious students at Humber's North campus, having a prayer room is a great idea because it provides students with a place to practice their

The Interfaith Prayer Room, located in room C116, is open to all cultures for their spiritual needs.

Muslim student, Oasima Shah, prays five times a day and finds the prayer room a convienent place to express her faith in Allah.

However, Shah said she finds the

space very confining.

"The prayer room is convenient, it gives me a chance to pray and some personal time," she said. "But the room is also a small space, it gets crowded, especially when there are a lot of Muslims for Friday prayers."

Steve Anastasi, North vice-president of Campus Life, said the prayer room is for all cultures.

"I know that the Muslim and Christian students go in for prayers," he said. "It's open to all students."

Anastasi added that students who are part of religious clubs such as the Muslim Students' Association (MSA) and the Lifeline Christian Fellowship,

help spread the word about the prayer room to students.

"Students are aware, especially through clubs," he said. "The word gets passed that there is a prayer room where students can use it as a place as worship."

Shah said the room was filled with people last year during the Muslim Ramadan.

Food was also provided for Muslims after sunset, when a break in the fast occurs, called Iftar.

Christmas is also a special time for Christians who use the prayer room.

The door is open weekdays from 8 a.m. to 10 p.m.



Students take advantage of the prayer room to practice their faiths

Tall Hats caters to connoisseurs on tight budget

By SARAH HATTEN Et Cetera Staff

If you're cooking impaired, you don't have time to make lunch, or you're just tired of eating that old stale peanut butter and jelly sandwich, Tall Hats is for you.

Tall Hats, which will soon be named Longo's Kitchen, due to a large donation from Longo's supermarket, is a take-out food booth that is set up at the North campus between the lecture theatre and the Humber Room.

This service sells the food that students in the culinary programs make.

"The products we sell are specifically foods that are produced by students in their classes, so you're talking about products which are prepared with fresh ingredients," said Don McCulloch, manager of the Schnell-Hilton Learning and Catering Centre. "It's not fast food."

So, how does this answer the prayers of hungry students?

First of all, the food is inexpensive and it is of high quality.

"We work on a cost-recovery model, so we just want to recoup what we've spent," McCulloch said.

Basically, Tall Hats wants to make back what it has spent in cost and then it will filter the money back into the cooking programs at Humber by buying more ingredients for the students to work with.

The cost for a meal ranges in price

"When you buy food from Tall Hats you're directly supporting the academic programs of the students," Culloch said.

Another good reason to eat at Tall Hats is the variety of the menu.

"Every day the menu's different," he said. "Every day the students go into class and make something differ-

Some examples of what have been served at Tall Hats in the past are: cornish hen, rack of lamb, croissants, cookies, brownies, a variety of soups and roast beef.

Tall Hats has a wide variety of customers, from students and staff, to regulars and first-timers.

"This is what they [culinary students] are learning, so the dishes are all a little different, unique, compared to fast food that you can have here at Humber," said Mary Lendway, an instructor in Travel and Tourism. "Also, it's really quite well priced. The combination is great."

Another customer was first-timer Marsha McDonald, a post-graduate student in nursing. She tried the beef cannelloni florentine.

'My friend always eats here, so I and I'll try it," she said. "The food is nutritious. The price is reasonable."

Maria Jallo, a first-year Hospitality and Management student and regular patron also praised Tall Hats.

"You know it's going to be fresh, that it will only cost you \$3 and that it will fill you up," she said.

There are some downsides to Tall Hats however.

The food sells out quickly. Since the products are produced by students, there is only so much of each to be sold. If you get there too late, then you may be out of luck that day.

This leads to the next problem. Since Tall Hats operates on the basis of students making product to sell, it is hard to set any specific hours of

However, the good news is that when the renovations are completed on the Humber Room, Tall Hats will return to its previous hours of 11 a.m.

At present, the best time to look for the Tall Hats take-out table is between 11 a.m. and 3 p.m., or just follow the checkered pants pushing the food carts down the hall.



Tall Hats feeds a hungry crowd PRICE COMPARISON

•Pizza Pizza: \$3.15 (pizza) and \$.93

- (small drink)
- Mr. Sub: \$4.59 (foot long sub) and \$.93 (small drink) •The Grill: \$2.66 (hamburger), \$1.82
- (small fries) and \$.93 (small drink)
- Pasta Bar: Daily Special \$5.21 (includes drink) •Stir Fry/Wraps: Daily Special \$5.21
- (includes drink) • Java Jazz: \$2.24 (sandwich) and
- \$1.12 (coffee) ·Harvey's: \$4.99 (hamburger, fries,
- and drink) Ackee Tree: \$5.00 (Daily special) and \$.93 (drink)
- Tall Hats: \$3.00 to \$5.00 (prices vary according to item)



Caps' patrons drank beer and won prizes as the campus bar celebrated German-born Oktoberfest Tuesday night

Oktoberfest blasts Caps

By SANDY GARCIA Et Cetera Staff

Kicking back at Caps by dancing and playing pool, Humber rowdies raised their beer steins in celebration of the annual Oktoberfest at Caps Tuesday

Caps was hosting their own no cover celebration with giveaways, door prizes and cheap beer.

Public Relations student and Caps employee Anthony Barose said, "We decided to give people here who aren't able to go to Oktoberfest in Kitchener and all around, the opportunity to come in and get a cheap beer for \$2.50, as it usually is on Tuesday nights, and just have a good time."

Barose was attending the door and checking patrons' ID.

"How was Oktoberfest originated? I have no idea," he said. "I'm assuming a bunch of brewmasters decided it would be a great idea to get a bunch of people and get them out to the countryside and get drunk, that's my only assumption."

The tradition, Oktoberfest, started on Oct. 17, 1810, in Bavaria, where a crown prince, who later became King Ludwig, married a princess and in the celebration of their wedding, their loyal soldiers had horse races.

The races became an annual event and were combined with the state agricultural fair the following year. It wasn't until 1818 that booths serving drinks and food were set up at the

In the late 1800's, the booths had grown into large beer tents, which are still set up each year.

The German festival extends for two weeks and ends the first Sunday in October.

Since Caps was closed Monday night due to Thanksgiving, the management decided to host this event Tuesday night and give away free trips to Oktoberfest in Kitchener the next day.

"The vicinity is great, especially the local area for people living on residence. If you go to a bar downtown

you have to trek back home and pay for cabs and bus fare," Barose said. "Getting drunk and hammered here is okay because it's a little more safer and we even have escorts who will walk you home if it's within walking distance."

A bartender at Caps and Civil Engineer student Josh Hornung said, "Oktoberfest is, as you know, a German tradition and celebration, and since it does incorporate a party and pub atmosphere, Caps usually tries to make it a habit of having it every year. Oktoberfest runs from Oct. 5 to 13."

Prizes consisted of 20 t-shirts donated by Molson Canadian, five trips for four to Oktoberfest and scratch and win cards.

"They'll hop on a bus with a whole bunch of other prize winners and some staff from Caps and we're all going to go up to Kitchener and have a good time," Hornung said.

Two days of celebration remain. If you go to Oktoberfest, have a wunderbar time!

Everybody's gotta have HEART

By KELLY LEWARS Et Cetera Staff

It's nice to know when you're stranded in a North campus parking lot without a drop of gas in your car there's a group with a little heart to help.

The Humber Emergency Auto Response Team (HEART) is a program that started in the fall of 1995 at Humber College. The 24-hour service helps drivers whose vehicles stall or get flat tires on college property.

"It's the responsibility of the college for the safety of the staff and students," said Joanne Hayes, a Nursing instructor who said the service is important.

Hayes referred to the lone driver at night whose car breaks down.

"You need to know someone is there, that they can help," she said.

Hayes and David McDonald, Fire and Emergency Services student, have the same idea.

Public safety manager, Nancy Deason, said though HEART is unable to jimmy a car lock or tow a vehicle, the team does provide the following in case of problems:

- 1. boosting kit
- 2. booster cables
- 3. extra gas
- 4. oil

5. tire pump

Deason emphasized the program has no experienced technicians or mechanics, but will try to help a driver as much as they can. They provide phone numbers of tow trucks and use of their phone.

With winter coming, Deason said use of the program is more frequent for services like boosting.

"It's dark, you leave your lights on, you come back from class and your car won't start," she said.

There are lots of ways to contact HEART when problems occur.

The parking lot kiosk is staffed from 7 a.m. to 7 p.m. You can reach them by dialing (416) 675-6622 ext. 4416. In the parking lot you can use the emergency phones.

The team has two attendants, one mobile officer and another on foot, who work in the day and evening.

Wackenhut security trains attendants to help with vehicles.

There is a smaller version of the program available at Lakeshore, with boosting cables and air for flat tires.

Editorialsetc.

Where praise is due

With darkness surrounding the world we live in, glimmers of light are rare.

Since the tragedy of Sept. 11, people from across North America have given to those who have lost.

Despite the spotlight being put on evil, good is still present and continues to step from the shadows.

Humber College has its own heroes, as Fire and Emergency Services students raised \$3,500 for the relief effort in New York. Thirty-six students washed a parking lot full of cars and passed around rubber boots, which were filled with cash to help out those affected by the attacks.

To some, \$3,500 may not seem like a lot compared to the millions of dollars being donated by celebrities and others, but this \$3,500 came from the heart.

This tragedy has shed new light on the firefighting profession. Many take these men and women for granted, but they always rise to the occasion when

When people see movies like Backdraft they might think those horrific situations are created in Hollywood studios, but such scenarios are common in the the day to day lives of firefighters.

Over 300 firefighters died in the attacks. That is a staggering number.

The Humber Fire and Emergency Services should be praised by all students for their generosity and initiative.

These men and women are going into a profession that is one of the purest in the world. It's not about money, fame, or prestige.

It is about human decency and the courage to risk lives for the benefit of

Marriage is gay

Marriage, we like to say, is a sacred bond between two people — a lifetime link forged from an irrepressible love. Does it matter whether that love exists between two women or two men, rather than the customary male-female rela-

Yes, according to British Columbia Supreme Court Justice Ian Pitfield.

In a decision last week, the B.C. Justice ruled that same-sex marriages should not be recognized by law, largely because marriage, he said, is a "deeply-rooted structure."

The B.C. Justice realized the full weight of his decision, by admitting his ruling breaches equality rights under the Constitution's Charter of Rights and

However, he stands behind it, basing his decision on the assumption that marriage is constructed to provide a stable structure for the upbringing of children. In his view, only a husband and wife can provide that stability.

The ruling stands, albeit shamefully. No doubt it will be challenged and, hopefully, overturned.

Justice Pitfield missed the mark while at the same time painting himself as someone blind to reality.

Children are born everyday out of wedlock. Countless children are raised outside the structure of marriage. And yet, heterosexuals can still marry.

Imagine, before receiving a marriage licence, a straight couple is asked if they plan to have children. If they say no, should the licence then be withheld? Obviously not. But this seems to be the logic in Pitfield's ruling.

In Canada, gay and lesbian couples can adopt children and share in benefits awarded to straight couples under common-law marriage. These are tangible rights, far more important than the relatively symbolic right to marry.

But still we must ask: if Canada has gone so far to extend to gays the same rights granted to its heterosexual population, why not go one step farther?

ship's evolution.



Letters to the Editor

Re: 'Smoke 'em if you got 'em (Oct. 4 Et Cetera).

I respect your stance on defending smoker's rights, but I believe that you're taking the government's actions the wrong way.

Yes, the government may be trying to make life harder for a smoker in the hope that less people will do it, but in the long run, that's simply a choice people make in their lives. The main point of the government's actions is to protect those who DON'T want to be breathing smoke 24 hours a day, seven days a week.

I am a person who likes to go out, sometimes to clubs and bars. But what do I get in the face the very second I exit the residence doors? Smoke. What do I get the second I enter a bar or club? Smoke.

ernment for making smoking illegal in more establishments in Toronto. I don't want to have to look at my watch while eating a burger and be able to count the years that are falling off the end of my life because of a toxic substance that other people are blowing into the air.

Remember the entire premise of life in Canada: individuals have unlimited freedom, with the limitation that their actions do not infringe on the freedom of others. Smokers are free to smoke, as long as they don't start killing off other people with second-hand smoke.

If you don't like that freedom, perhaps you're living in the wrong coun-

Matt J. Cooper, Etobicoke

Marriage may be symbolic, but for some, it's a necessary step in a relation-I'm extremely thankful to the gov-Oh crap, here comes OCAF



Mike Dal Maso

Reading the plethora of gripes and complaints posted on The Ontario Coalition Against Poverty's official Web site, it is easy to draw a distinct parallel between OCAP and The Granton Star's Cause, a short story by the eloquent Irvine Welsh.

The story in question depicts a young Bob Coyle having a bad day. The worst in fact. His girlfriend had left him, his soccer team (the Granton Stars) gave him the boot, he was arrested, fired and kicked out of his

Needless to say Bob was feeling pretty sorry for himself, and while drowning his sorrows (the way sad men, young and old often do) he's approached by none other than God himself, who intends to top Bob's day off with a proverbial cherry.

God wants to turn Bob into a fly. At this point Bob asks, "Why me?"

To which God replies in a thick Scottish accent, "If you hud ma powers ye'd dae what ye dae right now: sweet fuck all. "

As God prepares to exact his punishment on poor Bob - the representative of a lazy, whiny mankind - Bob tries to convince God that he's not the worst. What about the serial killers, dictators, torturers and politicians, he

"Might git round tae they c**ts," God says, "Might no. That's ma fuckin business

The point you ask?

OCAP has made a diligent public career of kicking, screaming, and all the rest of it. Like Bob Doyle, all they do is whine.

Instead of helping, their shameless antics have done nothing but divert attention away from where the pub-

lic's gaze should be focused: the plight of the poor.

The group occupies its time trashing offices - like they did to provincial Finance Minister Jim Flaherty's Whitby office this summer - and orchestrating grandiose schemes to further damage the fragile economy by shutting down Bay St.

Plus, at a time when public security is paramount, OCAP might want to reconsider their pledge to shut down Bay street this Tuesday. It's just in bad taste.

While they may have the power to make change in their communities, they really aren't showing they can use it for the better. Like Bob Doyle.

Rabble rousing, my father calls it.

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Girls against boys



Phill Feltham

When discussing the sensitive subject of relationships, it's easy to stereotype men as "dirty cheating dogs" who create excuses to avoid spending time with their girlfriends. But that's not what identifies the true problem that exists in the battle of the sexes.

It's the head games.

Head games usually occur after the nasty fights. In the aftermath, guys walk away in search of a few walls to break. In their fit of rage they say, "Why am I with this girl? I can find someone so much better than her."

For girls, silence is bliss. After a fight, they won't say a word. "It's okay," they think, putting up a front as a way to hide their obvious hurt. Then, to find answers to a snow-balling problem, women seek advice from their friends.

Typically, they try to make guys jealous or worse yet, pretend nothing ever happened. Guys react the same way, and the problem only gets

"We can't be held accountable for not trusting," claims Candi Jeronimo in a column headlined "Aren't men the greatest?" in last week's Et Cetera. Jeronimo suggests that women shouldn't have to take responsibility for closing themselves down, especially after they've been hurt.

That's wrong. Both men and women have to take responsibility.

Communication is the most important part of any relationship. Feelings of jealousy or paranoia should be expressed, not bottled up.

For guys, this lack of communication is a repetitive behaviour. Instead of confronting the issue, we preoccupy our minds with things like video games or movies. Girls, meanwhile, just sit and wait for the guys to talk about the issue.

But women aren't stupid. Their emotional tuning forks are a little sharper than those of the male persuasion. That said, they should be a little more sympathatic to a guy who is trying to reach out to them.

When the talking between a man a woman stops, that's when the assumptions begin. Ms. Jeronimo's tirade is documented proof of just how bad assumptions can get. Her writing displays all the byproducts of hatred, jealousy, fear and paranoia. She assumes that every guy who comes home late from taking a friend home is a cheater.

She writes, "This is not a flaw of women, but a learned behaviour."

I'll ask Ms. Jeronimo, how can there be a solution if neither gender takes responsibility for their own actions?

She continues, "So if you're a guy out there trying to make amends; don't bother. We've been raised to distrust and it's going to take moving heaven and earth to change that."

Does this mean that there shouldn't be a change? Does this mean that the chronic complaining should continue? It's easy to give up, to curl away and die.

The day that we start communicating with each other – on every issue, no matter how much it may hurt or how scared we are – is the day we can honestly say, "I have a good relationship, what about you?"

Settle down Mr. Sparkles, Bjork can't even hear you



Lauren Ferranti

Little did my date know when he shelled out a small fortune for Thanksgiving Monday's Bjork concert that we would be getting two shows for the price of one. My big spender caught a deal on a Shakespearean show within a show.

The first and primary show, Bjork's, was by far the more spectacular. She played for about two hours, with the show divided into two acts.

In the first she was a delicate white swan. In the second she emerged as a bold and proud fire-red bird. An Icelandic choir and full orchestra accompanied her, along with Californian electronica duo Matmos and a harpsichordist — all three clad in cheap and colourful 80's warm-up suits.

There was a charming incongruity to everything that went on onstage. Bjork flitted about, rustling her feathers, flailing her arms and tossing her hair. Her face, so often intense, intent, dissolved periodically into childish smiles. Feigning shyness, she would hide her face from the audience, beguiling it, enticing it. Her voice, even more stunning in person, rose to highs and lows I have never heard reproduced.

She was really quite cute and it was clear the entire audience thought

so too. Especially this joker seated in front of us.

Ah yes, the secondary show.

His seat, wide and comfy, could not contain him.

He was a messy fan. I worried about getting soiled with his excitement. The lights up, he seemed like an ordinary chap...aside from the glitter gel.

His short hair, petrified little spikes, were humiliated further by a coating of iridescence. Big Spender and I shared a hearty laugh over this hairdo. Then, upon catching his side profile, I noticed he had a drastic under bite. A violent under bite. His chin thrust forward, it was like his top teeth were playing catch-up, obviously getting nowhere.

He was a messy fan.
I worried about getting
soiled with his excitement.

The glitter and this dental irregularity were enough to get me started. The lights went down and Glitter Boy's mood skyrocketed. He bounced spastically in his seat, hands clapping so fast I thought he might become airborne-or wound an innocent to his left or right. His head vibrated, his whole body convulsed and his under bite emitted the shrillest, most offensive sounds — surely not fit to greet a musical blessing such as Bjork.

He got louder and louder. Bjork can't hear you, I yelled.

He didn't hear me.

What appeared so odd during this little spectacle was Gel Head's companion. She sat so still, oblivious to

his enthusiastic unrest and robust proclamations of love. Though in hindsight, I suppose anyone seated beside Superfan Sparkles would appear convincingly corpse-like. To add insult to injury, Mr. Sparkles had to be about seven feet tall.

Instead of leaning in toward one another during the more mesmerizing moments of the show, my date and I were like a log split down the middle by an annoying axe. I blinked my eyes against a blinding light: I couldn't figure out if these were the flourishes of lighting technicians, or rather, reflections from Glitter Head.

During the intermission, excitable Under Bite was overheard commenting to his polar-opposite companion, "The crowd is kind of subdued."

Yeah. I guess that's because no one else in the audience could possibly love Bjork as much as him.

I have no patience for this kind of fan. Superfans are so selfish – the show is less about their musical hero/heroine, and more about their own personal and intimate experience of that show. They want to be noticed by their hero/heroine as their greatest fan, and every pathetic wave and yell turns into a notice-me plea. Superfans must keep in mind that the one with the talent is up on stage.

One last note to Mr. Sparkles and all the rest of you over zealous spectators: stay home.

The only place where you truly become the greatest fan in the world is in your bedroom, with the door closed, listening to your stereo, applying your glitter gel in the mirror, completely enraptured with yourself and the music.

Let the rest of us enjoy the show in peace.

The customer is mostly just annoying



Mar Fenech

Whoever came up with the phrase, "The customer is always right" should be assassinated. This adage has been abused by almost everyone who utters it.

No, the product is not 75 per cent off. But the customer is always right.

No, I'm not an asshole because it's been six months since the date of purchase and there's no receipt, so no refund. But the customer is always right.

No, it's not nice to enter someone's e of employment and drop clothing that was hung on racks or folded neatly on shelves onto the floor. But the customer is always right, right?

Wrong.

Customers are not always right and employees are not always wrong. If they were, there wouldn't be nearly as many frustrated retail-staffers out there working jobs they hate.

It's not that customers even care, though. Most shoppers see retail employees as something less than human.

Perhaps this is because a sales job in a department store doesn't require a university degree. Or maybe it's because wearing those silly uniforms seems subordinating and dehumanizing. The sole purpose of a retail worker's life is to yield to the demands of the insatiable customer for whom the idiom "create a mess, create a job" seems to be a mantra.

Walk into any department store. In the morning, the sales floor is almost pristine. Come back an hour later and clothes are scattered all over the floor and piled up on top of the racks. All day, sales girls work in vain to clean up the ongoing mess while enduring the endless complaints about untidiness from the customers who create it

Now, of course customers deserve respect. They are, in fact, paying the employees' wages with their patronage. Nevertheless, spending money at a store does not buy an excuse to be rude to employees. It should not permit a customer to wave merchandise at a sales girl and yell, "Price this!"

The salesperson is called a "bitch" and the customer of course, is "always right."

Meanwhile, almost worse than the phrase "the customer is always right" are the managers hell bent on enforcing it.

First, the managers emphasize customer satisfaction, only to turn around and reprimand employees for caving in when a customer causes a ruckus. Of course, put a manager in front of a hostile, screaming customer and suddenly prices are slashed.

In order to keep the payroll under control and get into their own supervisors' good books, store managers tend to be stingy with scheduling enough employees. This agitates customers who then take out their frustration on the person working a register or cleaning up the sales floor.

Sometimes, personal attacks ensue. The salesperson is called a "bitch" and the customer of course, is "always right."

Anyone who picks a fight with a person at their place of employment is a coward. An employee can't fight back because it will cost her the job.

Frustrated and mistreated employees have set up Web sites such as www.customerseatmyshorts.com and www.customerssuck.com, where they have the opportunity to vent about the horrible experiences they

encounter at work. Granted, there are web sites that host everything from teddy bear fetishes to toe nail collectors, but almost everyone who works with the public has horror stories of customers gone mad.

It takes a patient person to work with the public. But after a while, even the nicest person with the best interpersonal skills becomes bitter and misanthropic.

Not all customers are created equal. Not all customers are bad. But it is more than just a small minority of people who give employees a hard time.

Perhaps not everyone goes to a store on a mission to upset a salesperson, but along with being a customer comes a degree of power.

With the impending Christmas shopping madness, tempers tend to flare. But next time you go into a store to spend your hard-earned money, remember how hard it was to earn, and cut the staff a little slack. They too, are just trying to earn a buck.

Sportsetc.

Humber takes Michigan by storm

By JOHN-PAUL McNALLY Et Cetera Staff

The Humber Hawks hockey team walked away with a decisive victory over their American competition this past weekend, as they captured the championship at the Oakland invitational tournament in Michigan.

In the four-game tournament, the Hawks showed heart and determination, beating the American teams despite questionable officiating and playing with only four defencemen. The Hawks played against Oakland University, Michigan University, and Michigan State, in both the round robin and tournament finals.

"It was a good experience, a building experience," says Hawks forward D.J. Marchese. "We had good team camaraderie, guys just coming together in a tournament like this. It's a good start to the year and it's always good to start off with a championship in a tournament."

The tournament, which began Oct. 4, included eight teams drawn from all over the United States, leaving Humber as the only Canadian representative. The Hawks walked away with a 3-0-1 record over the weekend and scored 22 goals in those games.

"The guys here really know what they're doing," said first-year forward Bill Young. "There's a lot of character, there's a lot of guys that really see the ice well."

In the tournament final, the Hawks took control both offensively and defensively in the first two periods, keeping their emotions in check and overpowering the Michigan State defence.

Entering the third period the Hawks held a 4-2 lead but then grimaced as they received penalty after penalty. The Hawks showed grit and confidence, playing 15 minutes of the third period in five-on-three situa-

tions. They managed to walk away with a 4-3 win and a few choice words for the referee.

"We came together and won," said last year's OCAA all-star Jason Fortier. "Definitely the last two games were pretty penalty filled. It seemed as though we had to play against two teams out there. The refs and the other team."

The Hawks first challenge of the weekend was against Michigan University, in which they pulled off a convincing 6-4 win. The Hawks capitalized on their offensive opportunities but the lack of defencemen led to costly errors.

"The most positive thing was obviously scoring the goals," said Hawks head coach Wayne Crawford. "The most negative part was the mistakes we made that led to goals."

Going into the next game of the tournament, the Hawks prepared to face one of the best teams, Michigan State University who were already 2-0. Both the players and coaches were unsure of what to expect, as Michigan State beat the Hawks last year in the same tournament.

The game turned out to be an offensive outburst from both teams and going into the third period the Hawks found themselves down 4-2.

Over the final period of play the Hawks brought the game to within a goal and with only 11 seconds remaining, head coach Wayne Crawford opened the playbook and managed to work out a perfect scoring plan. Marchese ripped a shot from the circle to tie the game and which ended in a 6-6 draw.

"It's nice when you draw up a play and it comes off, but also it's a credit to the players that have to exe-



John Davil McNally

Humber Hawks' Forward Ken Chesher heads into enemy terrority

cute the play. It's exciting; you pull your goalie and it comes down to the last seconds. So it was a big goal. If you don't score you don't get into the final. It was a very big play," Crawford said.

With a 1-0-1 record the Hawks walked into the last round robin game needing a win against the tournament host Oakland University. As the game began poor officiating slowed the Hawks, as they received several questionable penalties.

Although they played much of the game shorthanded, the Hawks still managed a 6-5 win and secured a spot in the final game against Michigan State.

"We came together with all the

penalties," said Hawks goaltender John Foglia. "There's such good team unity so early in the season, it's impressive."

As the OCAA season is set to get underway, the Hawks have shown they can compete and are ready to play.

With the convincing win in Michigan the team is set to take home an OCAA championship this year, and there is no shortage of confidence in the dressing room.

"It's going to be a season to remember," said assistant coach Rich Wand. "This is a history making team and it's going to go down as one of the greatest teams to play at Humber."



John-Paul McNally

Hawks' forward Jamie Chikoski watches his shot sail wide of the net

Hawks send Bruins into early hibernation

By RUDI SCHULLER Et Cetera Staff

Over the past week, the women's soccer team played a pair of games against Central West Division rivals Sheridan Bruins, winning both matches and remaining undefeated for the season.

Last Tuesday, Humber squeaked by the last place Bruins, scoring a late goal to earn a 1-0 victory.

The Hawks simply could not capitalize on their chances, as every shot seemed to sail just wide of the Sheridan net.

Humber flooded the Bruins' end with offensive flurries, dominating the outmatched visitors with probing passes and superb overlapping runs but the Hawks were unable to find the net. As the game went on, the frustration for the Humber forwards increased.

It didn't help that Sheridan played for the draw, stalling at every restart and blasting the ball out of bounds at every opportunity. Throughout the game, the Bruins' goalie could be heard yelling to her players to slow the play down and kick the ball out of touch.

Humber finally got the winning goal with barely two minutes remaining. In what is becoming a familiar story, striker Veronica McDonald scored her ninth goal of the season after receiving a corner kick from midfield general Adriana Cataldo.

On Oct. 3, the Hawks earned a tough 4-0 road victory over Sheridan.

After a first half that may have been the worst of the season for the Hawks, Humber regained its focus and started doing what it does best—scoring goals.

Barely10 minutes into the second frame, Cataldo placed a corner kick on the foot of McDonald, who calmly

volleyed the ball into the Sheridan net to open the scoring.

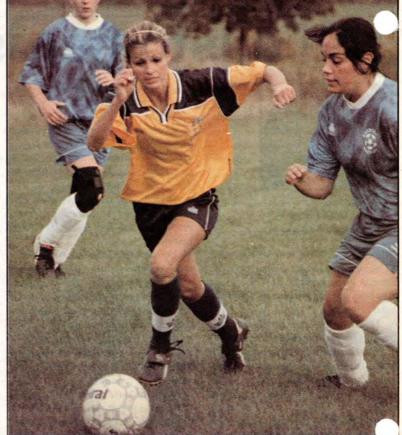
Midfielder Jennifer MacMillan scored the second goal, followed by a strike from forward Joanna Vitale. Winger Emilee Barrington closed the scoring with a fine solo effort just before the end of the match.

Despite the horrendous first half performance by his team, co-coach Vince Pileggi was pleased with how the Hawks were able to pick up the victory in the end.

"It was a much better second half," Pileggi said to his team after the game. "We worked hard and we got the result."

With the two victories, the Hawks clinched a playoff spot, with a first-round opponent still to be determined.

Humber travels to Redeemer College on Friday and then ends the regular season with a home game against Mohawk on Tuesday.



Diane Denuy

The Hawks continued to roll on with a pair of victories against Sheridan

Hawks win two, still undefeated

By ANTHONY ESPOSITO Et Cetera Staff

It's the same story with the same conclusion, as no team has been able to re-write the ending.

Men's soccer has been dominant this year as the Hawks maintained their undefeated record by defeating Redeemer 4-1 Tuesday night and Sheridan 1-0 last week. With the two victories, the Hawks have clinched a playoff berth, and are leading the pack by five points over second place Sheridan.

With only three games remaining in the regular season, the Hawks main priority is to stay healthy. Coach Germain Sanchez is well aware that teams are gunning for them.

"It has always been that way, but did our job and got the three points," Sanchez said. "It was a very chippy game."

After the game several Hawks were injured. Co-captain Jeff Tait, sustained an ankle injury and is doubtful for Thursday's game against George Brown.

After giving up only their fourth goal on the year, Tait is content with the defensive play of the team.

"I'm always confident in our defence. Veteran players like Jason, Arturo, and Mark have been on the team for a few years now so we know how to play with each other," Tait said. "About my contribution, I'm not going to brag but I can hold my own, but defence is never a problem especially with Mike in net."

After ending his scoring drought last week, rookie striker Vito Del Duca didn't agree with the way things went.

"It was a very physical match and it made it difficult for us to play our style of soccer," Del Duca said. "They were definitely handing out cheap shots after the play, but Redeemer has nothing to play for so that would be the main reason as to why."

With a playoff berth already locked up, the Hawks would like to finish undefeated. Tait is a firm believer that this team can do it.

"We're undefeated so far in the season and were absolutely going for it," he said.

Pagani put the nail in Redeemer's coffin, giving the Hawks a 3-1 lead late off a free kick.

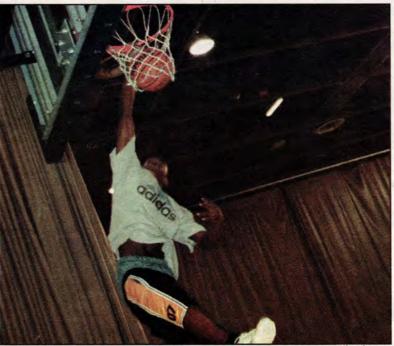
Returning from Italy, midfielder Loreto Alviani joined Pagani on the scoring sheet. Mehmed Mehmedoglu and Gaston Bizera also added markers.

The Hawks were content with the 1-0 victory over Sheridan. Leading scorer Samuel Afriyie put the Hawks over the top.



Anthony Esposito

Hawk Vito Del Duca and a Royal player battle for possession on Tuesday



File photo

Humber would jump at the chance to play higher level competition

CIS-OCAA merger?

continued from page 1

Our style is similar to that of the National team, which has a lot of exuniversity players."

York University head coach, Bob Bain, said university basketball is better than the college product. He points to roster instability as having the biggest impact on the competitive balance between the two.

"Overall university is better because we have players for four or five years, there's less turnover for us. Colleges sometimes only have a player for one season, which makes it hard to keep a team together. Another factor is that the best players in Canada often go to the States, we [universities] seem to get a lot of the second-tier players," Bain said.

The idea of a merger, between the CCAA and the Canadian Interuniversity Sport, into a single league is often debated, but there never seems to be a consensus as to the feasibility of the plan. Bain, who has no problem playing exhibition games against college competition, is against the idea, feeling that there are too many teams as it is.

"We should play against teams with the same rules and the same academic challenges. There are enough colleges to play each other, and there are more than enough universities to play each other. We have enough games without having to fit in colleges," said Bain, whose Yeomen will

face the Hawks, Oct. 28 at the Air Canada Centre, as part of the annual Raptors Cup.

U of T coach, Ken Ollynek, is in favour of an alliance between the CCAA and the CIS. "I think it'd be great," he said. "I don't see a huge difference in styles. Every team will run when they can, but really it's pretty similar. I know Mike [Katz] does a great job, he runs a great offence."

Despite his optimism, Ollynek doesn't think that the league will ever come to fruition. He said that there are just too many obstacles to overcome in order for the league to become a reality.

"It's problematic. There would be debate about player's eligibility because universities have four and five year programs," he said. "There would also be debate about what constitutes a full-time student. It wouldn't be a simple task."

The budgetary differences, between university and college programs, are not as great as some would have you believe. Fox figures that Humber is competitive with most universities when financing Varsity athletic programs.

"It takes about \$20,000 or \$30,000 to run each program, plus fundraising. I know that U of T is subsidized only for league play. We go beyond that, we subsidize transportation and hotels as well. You might find that some universities are a lot tighter than we are" Fox said.

Johnny be good



John Edwards

Alex the great?

Alex Van Pelt has played behind every Bills quarterback since Jim Kelly and has never gotten the recognition he deserves. Van Pelt led the Bills within a touchdown of the Jets. Rob Johnson left the game after being rocked by my new favourite linebacker Mo Lewis, who finally gave Bills' fans something to cheer about. If Johnson does not return to the Bills, I say when life hands you a lemon make some lemonade and chug it down.

Wow!

Over 70,000 people showed up on Saturday to watch the Michigan State Spartans hockey team battle their archrivals the Michigan Wolverines. Just think, that is probably a season's worth of fans for the Expos.

What do they put in those balls?

Barry Bonds broke the major-league record, hitting his 73rd home run on Sunday. Those balls must be juiced up more than a professional bodybuilder before a show in Atlantic City.

See ya later Cito. Again.

The Blue Jays have fired Cito Gaston for the second time in the last in four years. Don't worry, Tony Fernandez and Dave Stieb are fellow members in the Level of Excellence and they have returned more than once. So I think Cito will be back at least three or four more times in the next seven years.

He might be great, but he is boring.

A&E showed the biography of Cal Ripken Jr. on Friday night. This program was so riveting, I was begging for the return of Nash Bridges and Coach. How many times in a show can they mention "The Streak"? I think I counted 2,131 times.

Golfers strike provincial gold

By DANIEL RUSSELL Et Cetera Staff

The Humber Hawks golf team flew home from this past weekend's provincial championship in North Bay with medals hanging around their necks.

The men's golf team came away from the competition with the gold medal while the women won the sil-

in the team event that was hosted by Canadore College at the Osprey Links Golf Club.

The men were led by Jon Hackett, who overwhelmed the competition in the individual event by shooting a one under 141 over the two round event, which put him nine shots up on the next competitor. On the women's side, Sarah Dombroskie finished four shots back, to place second in the women's individual event.

The wins on the men's side make it back to back provincial championships for Humber in both the team and individual events.

"He [Hackett] dominated the field. We probably came first in the

team competition because Jon played so well as an individual," said Doug Fox, Humber's golf coach.

This was the first time in the fiveyear history of the women's individual competition that a Humber female failed to capture the gold medal.

Both the men's and women's teams will be in Oshawa Wednesday through Friday at the Lakeridge Golf and Country Club representing Humber at the Canadian Colleges Athletic Association national championships.

Athletes of the Week



Jon Hackett

Hackett ran over the competition with a nine stroke victory at the provincial golf championship in North Bay last weekend.

Jon and his Humber teammates will be trying to bring home national gold in Oshawa this week.



Sarah Dombroskie

Sarah lead the women's golf team to the silver and secured a silver medal for herself in the individual event at the provincials.

Sarah and the women's team will be competing at the national championship this week.

Healthetc.



Shell Bujold

Many students are so busy and stressed that they need to use their lunch break to catch up on some studying

Surviving midterm stress

By SHELL BUJOLD Et Cetera Staff

It's three in the morning, you just cracked open your textbook and your midterm is at eight. Studying never seems to end around this time of the year, and the stress levels increase dramatically.

"I freak out realizing that I have a test the next morning. I read my texts the night before and on the bus in the morning," said Jeff Ridout, a secondyear Film and Television student.

According to the Humber Counselling Department, preparation is an important factor in avoiding stress. Students should study for their midterms about one week prior in little chunks, this may help students avoid losing their hair over things they missed during a one-night cram session.

Although a lot of stress is not good for you, not all stress is bad.

The Canadian Mental Health Association said it all depends on how you look at it; sometimes anxiety -filled situations keep people on track and motivated.

But, stressing out is an automatic response our body goes through in order to cope with overwhelming situations, such as many tests at the same time. Muscles can get tight

causing backaches or sore shoulders, and headaches may also frequently

Scott McEachern, owner and operator of Natural Health Massage Therapy and registered massage therapist, said, "If your mind is stressed, your body feels pretty lousy too."

Aches and pains that occur during a stressful time is your body telling you to get some rest, he added.

McEachern said that having a massage could help keep tense muscles relaxed and helps your mind feel at ease.

A Swedish style massage helps to "enhance blood flow and circulation towards the heart." A relaxing massage may be the answer to many students' concentration problems, added McEachern.

The Humber College anti-stress book, available on the Humber Web site, (www.humberc.on.ca/~stu-serv/index.html), recommends breathing exercises to focus the mind and help concentration. Taking a few minutes to breathe slowly through the nose and out the mouth can decrease any stressful feelings and get you back on track

The Counselling Department also recommends thinking positively during the writing of a critical test. A positive attitude is one of the best ways to help achieve a calm composure.

Another good stress buster is practicing Martial Arts. Physical activity helps release stress in the body, and can put the mind at ease, by getting your aggression out safely and effectively.

Kim Cyr, owner and instructor at the Academy of Martial Arts said, "As a student you are always focused mentally, martial arts would give you a physical challenge, creating a good balance."

Cyr also said the empowerment you feel when practicing martial arts could give you the discipline you need to feel happier, even more mentally focused and able to complete your studies.

Some students, like Mike Renzella a first-year General Arts and Sciences student, can get away with cramming, and not feel any stress.

"I usually study the morning of, I've never failed yet, so why stop now?" he said.

But a lot are like Lisa Johnson, a first-year Fashion Arts student, who said it's "not the actual work but the amount of work, and managing it, that stresses me out."

Taking personal time and staying on top of things is the best way to manage stress, even though going out to have a good time and a few drinks may seem like a better idea.

Fighting flu bug symptoms for free

By KELLY MACHADO Et Cetera Staff

The flu season is fast approaching and the Ontario Ministry of Health and Long-Term Care has launched its second free province-wide influenza-vaccination campaign.

According to the Ontario Ministry of Health and Long-Term Care, influenza, or the flu, is a lung infection caused by a virus. Often people mistakenly believe a cold and influenza symptoms are one and the same.

Both the flu and colds are viral infections and cause symptoms such as a runny nose, coughing and sore throat. A cold is a minor viral infection of the nose and throat. The flu, however, is usually more severe, with a sudden onset of high fever and the addition of severe headache and muscle aches.

"Influenza usually lasts for five to 10 days, however the cough and weakness can persist for several weeks which could make physical activity somewhat difficult," said Marg Anne Jones a registered nurse at Humber College's Health Centre.

Annual flu shots which are usually offered close to the December through March flu season can prevent a lot of the illness caused by influenza.

According to Mary Margaret Crapper, the senior media relations co-ordinator for the Public Health Department, there are many different strains of influenza. These circulating strains change yearly. Each year a new vaccine is produced which provides protection against the three most common strains predicted to circulate in the coming season.

"Disease control experts have identified the Moscow, New Caledonia and Sichuan as among the most serious strains of the flu virus in 2001/02," Crapper said. "Because the flu virus changes from year to year, last year's immunity won't help you against the virus that causes problems this year. Therefore, it is important to get a flu shot every year."

Last year, the province became the

first jurisdiction in North America, to offer free flu vaccinations to every resident. In the first year, more than five million doses of vaccine were distributed through the \$38 million program.

"This flu season, the campaign's cost will rise to \$44 million, about \$2 a dose," Crapper said.

Although the program is open to everyone, vaccination is particularly for "people over 65 years of age. Anyone with weakened immune systems or serious diseases such as chronic heart or lung disease, anyone living or working in a nursing home, retirement home, or chronic care facility, as well as healthcare workers and emergency service workers," Jones said.

Since the vaccine is made from chicken eggs that have been inoculated with the virus, those who are allergic to eggs or egg products should not be vaccinated, neither should children under six months of age and those who have had a severe reaction to previous doses, cautioned Jones.

Contrary to popular belief, the Ministry of Health and Long-Term Care explained that being vaccinated for the flu virus cannot give 1 cople the flu. The vaccine itself contains no live virus to cause infection.

However, once injected, it does take 10 to 14 days to effectively begin to protect you from the flu virus making it possible contract the flu from previous contact during this period

"The vaccine has been proven 70 to 90 per cent effective against the flu in most persons. Individuals who do get the flu, even after a vaccination, often find that their symptoms are much milder," Jones said.

Ontario residents can be vaccina ed against the flu at their fami, physician's office, at pharmacy-sponsored clinics, hospitals and community health centres, clinics run by local health units and workplaces offering immunization through corporate programs.

Humber students can receive their free flu shot Oct. 25 from 11 a.m. to 6 p.m. and Nov. 5 from 3 to 8 p.m. at Humber's Concourse.

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Automatic health coverage

By MELISSA MILNES Et Cetera Staff

Few full-time Humber students may realize it, but once they have paid tuition, they have automatic health coverage for less than \$10.

At the price of \$8.25 students can receive 80 per cent off their prescription drugs and receive health coverage throughout Canada.

John Pulla, HSF president, said "[HSF] used to offer international

coverage, but it was extra money and we found that students were not claiming the insurance."

Cindy Dragic, HSF business manager, said that the coverage started at least 15 years ago, and Humber students have been covered by Blue Cross for the past four years.

Pervinder Banga, a second-year Business Administration student, said that he was totally unaware of the health coverage.

"If I had known about it, then maybe I would have used it when I

was sick," he said.

A private on-line list containing full time students' names and Humber identification numbers is connected through Blue Cross to associated pharmacies.

When students get a prescription from the Health Centre, they can then go to a pharmacy and receive 80 per cent off the total cost. If their name is not found on the list at the pharmacy, then they must pay the full amount.

If a student's name is not on the system the student number may

have been inputted incorrectly.

"One number typed wrong can throw everything off, " Pulla said.

Students should bring the prescription receipt to HSF where they can fill out a claim for reimbursement. HSF will send out the form to Blue Cross and the student should receive money back in six to eight weeks.

For more information about Humber's health coverage, conta the HSF offices, located in the Student Centre.

InFocusetc.

Finding lost limbs on TTC

By MIKE McCARTHY Et Cetera Staff

Getting off the subway you reach into your back pocket and feel nothing. You realize you forgot your wallet on the subway.

At home there is already a message from Supervisor of TTC Public Affairs Victor Buttigieg saying your wallet has been found. Thanks entirely to the lost and found sysnout of Bay Station.

"When articles get to us we search them immediately for an address or phone number to contact the owner," Buttigieg said. "We understand how frantic people are when they lose something important to them."

Approximately 45,000 articles are lost on the TTC each year, working out to about 123 articles a day.

Lost items usually consist of gloves, umbrellas, metro passes, glasses and backpacks, Buttigieg said. However, he laughed as he explained people forget crutches and artificial limbs.

"I mean, what are they doing without that stuff?" he said.

Inside Bay Station, four workers sort through thousands of lost goods.

"From nine in the morning until noon, we sort through these goods as fast we can," Buttigieg said. "After lunch we start making contact with the owners."

The claim rate on lost articles is per cent. The lost and found will mold items for 90 days, which is standard Ontario Railway Act procedure, Buttigieg said. After that the goods become TTC property.

Unclaimed material goes to charity, but much of it auctioned

Grooving underground

By MELISSA HARLOS & LYNDSEY VANDYK Et Cetera Staff

Sporadic strangers whisk by frustrated, hurried and annoyed with no more then a sideways glance or a hastily tossed coin. This is the daily life of a subway musician.

These performers are not bums, and they aren't like the pan handlers or buskers at Yonge and Spadina. At several transit stations in Toronto you'll see one of 75 talented musicians licensed by the city to perform alongside the hustle and bustle of the everyday commute.

Auditions for subway performers are held yearly at the CNE, and attract hundreds. There are about 35 stations in Toronto to choose from. Guidelines are set, mandating where performers are allowed to play.

Karl Bryaan, a 64-year-old veteran of the music business enjoys playing at Bloor Station. At first glance, his talent on the saxophone may be surprising. The vivid, energetic Jamaican talked about the time he played for Sammy Davis Jr. back in his country and the travelling he's done; everywhere from New York to Trinidad.

He plays the saxophone, clarinet, piano and composes his own music.

"I can play with any band I want," he said.

In Canada, Bryaan said, "There is a different way of thinking, I find myself where I want to play, when I want to play." He added, "If something happened, I could leave the country tomorrow. I don't give a damn. Music is everything and you can't please everybody."

Bryaan travels alongside his wife, who he met as a teenager. They have had 10 children together, many of which now live in the U.S. and Canada. He said his wife understands, that the music is just about survival. He's a musician



Melissa Harlos & Lyndsey VanDyk

who needs to play, he said.

Phil Case, a performer at Union Station also has strong support from his wife. At 36, he's been performing for over 28 years. He sings and plays guitar, bass, keyboard and drums.

In the past he has been the member of a band, but right now he enjoys playing at the subway, doing gigs at company parties, house parties and on yachts.

"I love doing this. I don't think I would do anything else. I'm trying to get ahead. Instead of [performing] other people's music, I'm going to play and write my own songs,"

Marcell Gauvreau, a 46-year-old has been playing at the Dundas Station for years. He draws his inspiration from Neil Young and the Beatles. For Gauvreau having a real love for the music is essential.

"You have some hours that you might make \$4 and another you might make \$50. It's fun for me because I started playing at a late age so I have the enthusiasm of a younger player,"he added.

Going by the performance name of 'Godfather', Dan Pieroway plays at Wilson station about once a week.

"This is usually a part-time thing but I'm off work right now because I pulled the tendons in my right arm, so I'm putting more time than I usually would," Pieroway said.

Wiping the sweat off his face with his sleeve, Pieroway, 36, said

the job is hard but he keeps playing with enthusiasm and a smile.

"It's hard to sing along to what you're playing. It's different than those guys that sit down and play the keyboard all day. You have to watch your health," he said.

Pieroway has been out of work for about five months, but has been playing music for 11 years in bars and subway stations.

"I've been robbed once or twice, stolen from or conned. But I come all the way down here to do this because this is what makes me happy."

Despite the hardships and uncertainties that lay ahead for these performers, they still continue to play their music for anyone willing to listen.

Wordon the Street

What is the weirdest thing that has happened to you on public transit?



Adam DiMarco 1st year Plumbing Apprenticeship

"A convertible was driving by and one of my friends' spit and it got in the convertible and they blamed me."



Janine Skipper 2nd year Business Administration

"I was coming home from a friend's house and this guy reeked like alcohol. It was awful, he was falling all over us."



Brianne Evers Jorda 1st year Public Relations

"Guys would sit across from me and drop something and try to pick it up and look up my skirt. It was disgusting"



Danny Ribeiro
1st year Sports
Equipment
Specialist

"The person beside me burped really loud. I just kind of moved away from him."



Christine Andrade 1st year Travel and Tourism

"There was this one guy telling us off and we weren't even talking. Then when he got off he was shaking his finger at us."



John Abboud 1st year Business Administration

"There was a bunch of us that shook the bus. Some on this side, some on that side, and we started rocking it."

Entertainmentetc.

Singlefoot is true baby blue Girls are spinning too

Humber student lives double life as celebrity and artist

By SARAH HATTEN Et Cetera Staff

He looks like your average Humber student as he walks down the hall, but Nathaniel Singleton is anything

In fact, Singleton is living the superman split identity lifestyle. By day he's a not so mild mannered Humber student. By night he's an urban music icon.

Singleton has been a member of the Baby Blue Sound Crew for two and half years, and is better known by his MC title, Singlefoot.

"I have school, I'm trying to do my single, I'm working on the spring break trip to Miami [with the Baby Blue Sound Crew]," Singleton said. "I'll be acting in this huge Caribbean show that's coming out, and that's a day in the life of Singlefoot."

A Brampton native, Singleton was discovered by KLC, the CEO of the Baby Blue Sound Crew.

"I rap booty music, like that down south grimy stuff," Singleton said. " I dropped off a demo tape at Sony music and KLC was there for a meet-

The Baby Blue Sound Crew consists of four members, KLC, Kid-Kut, C-Boogie and of course Singleton as Singlefoot.

The Crew are considered to be Canada's urban ambassadors, who are continually trying to take urban music to the next level.

After Singleton joined the Crew Universal Records Canada signed the group, and they began to bring urban music to the forefront of the Canadian music industry.

"Now that we're signed with Universal we take all the hottest joints, and we put them onto compilations like your Euro Dance 2000, only we do it for the urban department," Singleton said.

"We made history in Canada for urban music and it has just begun."

The history Singleton is referring to is the success of Baby Blue's first album, Private Party Collector's Edition Volume One, which went gold and is currently about 10,000 short of plat-

Another tribute to Baby Blue's success is their second album, Private Party Collector's Edition Volume Two.

"Our second album is doing really well and we haven't even started to push yet," he said."We're just touching it now."

Singleton attributes Baby Blue's popularity to the fact that they do things differently.

"When you come to a Baby Blue party expect the unexpected. That's Singlefoot's quote of the day," Singleton said.

"We do stupid stuff on stage, so people who don't feel secure are like, 'yo, well, if they can act like geeks, then maybe I can shake my booty or talk to that guy over there.' We make you feel comfortable, and that's, I think, the key to our success."

Baby Blue Sound Crew is also very proud of being the DJ sound crew for the Raptors in 2000.

"It was amazing," Singleton said. "I mean I can't put it into words. Like when you can just hang out with Vince Carter ...it's nice."

Singleton is not only an MC with Baby Blue Sound Crew, but he's also the group's Web co-ordinator.

The Web site www.babybluesoundcrew.com is where you can find out about the Crew's Spring Break trip to Miami as well as other performance information.

Baby Blue Sound Crew is only one part of Singleton's life. Before he joined the Crew he was doing his own booty rap and in February 2002 he expects to release his first single, Snow Bunnies.

"This was in the making before I met the Baby Blue. It's been in the making since 1996," he said.

Singleton said he feels that no one does booty music in Canada because it's directly associated to heat, sun, bikinis and big guys in muscle shirts. Since these things are in short supply in Canada, there's little to attach the

"It's a market that can be serviced, but is not being serviced in Canada," Singleton said.

"Hence me brainstorming and coming up with Snow Bunnies.

Singleton's claim to fame seems to be in the music industry, but like many other members of the Crew he's also an actor.

In fact, he's negotiating right now with a company in Canada that wants him to do a groundbreaking Caribbean television show in 2002.

So, where does school fit in to Singleton's life? Right at the top of his very busy schedule.

He's currently in his final year of the Recreation and Leisure program, specializing in special events.

"First and foremost get your degree or diploma. That's straight goods," Singleton said.

"Get your papers on the wall, because you have to have a plan. Not a plan B, but a plan. Like my school's not plan B and my music with Baby Blue's not plan B, and my personal booty music isn't plan B. I have found a way to melt them into one pot. I schedule myself and make it work as an overall Singlefoot's plan for life."

As for his social life, Singleton has put it on hold. He feels it's too complicated to even get into.

"Anyone you see Singlefoot walk with is someone who's a motivator,"

"I don't have time for whiny people. I don't have time for that shit."

That's understandable since he's balancing his music, acting, school, and a job in Athletics.

Singleton would still be playing for the school's soccer team, but an injury to his Achilles tendon two years ago, has left him unable to play.

Singleton's energy and focus is inspiring, and has driven him to success in many aspects of his life.

But Singleton said the most about himself and his life when he humbly offers, "It's like living a superstar life, without really being a superstar."

By AMANDA DA PONTE Et Cetera Staff

Female disc jockeys are not very common, but Ann McCullough, a.k.a. AMtrak, wants people to see her as a good DJ first and a female second.

"I specifically chose a name where people can't make judgments before knowing me," McCullough said.

Toronto born McCullough studied business at Ryerson University. She has always made mix tapes but has been a professional DJ for five years.

"I always liked music and around 1996 I realized it's something I wanted to share," she said. "And I realized I could get paid for doing something I

than her DJ gigs, Other McCullough works two jobs. She is employed by a market research company and by Point Blank Management.

Despite McCullough's desire to not be treated as just a female DJ, Irving Shaw, a promotion company owner who hired her for his last party, called her "the hottest female DJ in Toronto."

Due to the lack of females in the business, McCullough said women are always happy to see another female behind the turntable.

She said she would like to see female DJs treated the same as men

but said "there will always be an element in the scene that will always be a boys' club."

McCullough doesn't see spinning as a gender issue.

"You either have the talent or you don't,"she said.

"My opinion is that females seem to have more of an emotional side to

"They bring something a little different in their sets. It's nothing that can really be explained in words, it's just an emotional feeling. Just the way they handle records is different."

Some women might not want to get into the DI business because it looks so technical, but McCullough explains that women really shouldn't be intimidated by the business.

"Women seem to pick it up quickly, easily," she said. "Don't h afraid. It's a lot easier than it looks.

McCullough has a word of advice for female DJ hopefuls.

"Be true to yourself. Do it because you love the music. Play what you love, don't play what people say you should play."

Interested ladies should visit www.sisterdjs.com. The site is devoted to female DJs.

The sight features about 300 DIs of various experience, answering questions that people might have about

Ambient art on display at the Elevator gallery

By DALIA WRIGHT Et Cetera Staff

Since the age of 16, Stephanie Maxwell, has wanted to be a photographer and although she hasn't hit the peak of success, she is still determined to do what makes her

"I had to make the decision when I graduated from university whether I was going to become a commercial photographer or if I was going to do my own work and exhibit it," Maxwell said.

"I didn't want to shoot for people," she said. "I didn't want to shoot things that I didn't enjoy shooting...I always thought that the work that I shoot for other people was poor."

By making the decision to become a freelance photographer, Maxwell has had to make sacrifices, including the choice to be enriched more by her work than her finances.

In order to support herself she works part-time as a waitress and as a sales person in a professional camera store. In between she does what fulfills her the most, photography. She said that it's been a hard feat, but the response she's received following her solo show has given her the motivation to go on.

Her exhibit was showcased at the Elevator Gallery at 9 Davies St. in late August and early September. It showed her latest prints and abstract photographs, a collection that played on different light and colour. She said

this showing was her first time being exposed to such significant feedback from professional and non-professional peers. She said the experience took her career to new heights.

"Nobody cares more about your work than you," Maxwell said, adding that the only real way to survive in a field like hers is to do much self-promotion as possible.

She said the most difficult aspect about being a non-commercial artist is trying to get public exposure and finding people who enjoy it enough to buy the work.

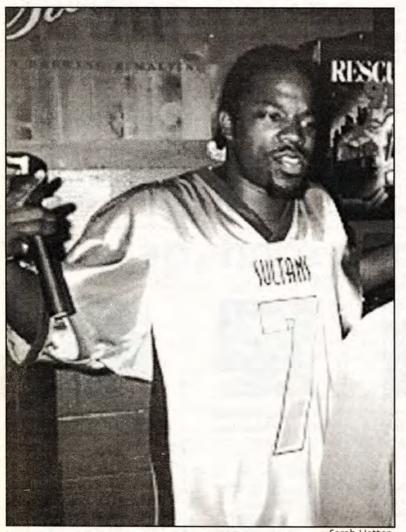
Maxwell didn't always know if she could hack it in her field.

"I have always been interested in visual arts but I didn't have much talent when it came to drawing or painting," she said. I found the camera as a tool to be able to express

Since graduating from Ryerson University's School of Image Arts, in the Photography program, Maxwell said she has learned that what makes a good piece of art is "honesty and truth." She said the only way to achieve this is through constant experimentation.

Currently, Maxwell's main goal is to get permanent gallery representation. She hopes that having an agent will create more opportunities to sell her art and help her become commissioned (which would give artistic control).

Maxwell's work is on display fro Nov 14-25, 7-10 p.m. at the Lut. gallery, located at 1192 Queen St. W.



Sarah Hatten

Baby Blue Sound Crew's Singlefoot preparing to take the stage at Caps

Sum 41 offering up no filler to fans

By SCOTT CLARK Et Cetera Staff

Steve Jocz and the rest of Canadian pop/punk band, Sum 41, are leaving trails of rock and roll wreckage across North America while their album soars up the charts.

The Ajax Ontario foursome, who have the propensity for the destruction of property, are preparing for their first headline tour of the U.S.

The tour, appropriately called the Tour of the Rising Sum is in support of the band's second studio album, All Killer No Filler, which has reached platinum status in Canada and the U.S. (100,000 and 1,000,000 copies sold respectively).

Jocz, who's the band's drummer and is known as the group's comedian, said the band is really looking forward to the tour, which will also feature the bands Gob and Unwritten Law

"It's great, all the shows are sold at already," Jocz said "It starts in October, and [runs] 31 days. I guess we play maybe 20 shows in a month and that's just on the east coast of the States. Then we go to Europe for a month with Blink 182 and then we come back and do the West Coast."

Despite their busy schedule the band always seem to find time for some of their favourite post-show interests: women, booze and breaking things.

"If we're bored, we go looking for girls and then we drink and the drinking leads to the breaking. Every night's the same deal," Jocz said.

Much has been made recently of the band's appetite for destruction, as the tales of drunken mayhem seem to grow in number with every interview.

Jocz told a tale of the band's first trip to Los Angeles. The band had unknowingly rented an apartment beside the girlfriend of ex-Weezer bassist Mikey Welsh.

After returning from a party around 4 a.m., the guys decided to plug in all their equipment and play some songs. The impromptu concert n't appreciated.

Welsh came to the door and berated them for keeping his girlfriend awake.

In true Sum 41 fashion, as soon as he left, they defaced the outside door and wall of her apartment, writing phrases in marker like, "Weezer sucks" and "the old bass player was

Jocz described the event as "a

by-product of our drinking".

'We like Weezer, so it was all in good fun," he said. "It was a rented apartment so who gives a fuck."

Jocz said that whiskey brings out the evil side of Sum 41.

"Whiskey is the worst," he said. "It makes us angry and mean so we've all agreed that we should stay away from it."









Courtesy www.sum41.com

Even though they have all agreed to give up excessive whiskey drinking, it is unlikely that the subsequent destruction will cease, because their record company Island Records has vowed to pay for all damages as long as they catch all the action on videotape.

The band obtained its record deal through a video of their hijinx.

After having their demos rejected by various record labels, the band's manager Greig Nori, who is also the lead singer of the band Treble Charger, suggested that the guys cre-

ate a video montage of previously recorded footage of the band spraying unsuspecting people with supersoakers. Soon after submitting it to record companies, major labels were involved in a bidding war.

Sum 41 has become something of an overnight success story. All Killer No Filler, and their first album Half Hour of Power were released within a year of each other.

They have toured with the likes of Blink 182 and Rancid and they have been featured in numerous publications all over Canada and the U.S.

Jocz said that with the speed of the band's rise in popularity, the reality of being famous hasn't really set.

"It's weird with the people that you knew before, like friends or old friends and people like that," he said.

"I'll say 'hey what are you doing now' and they'll be like 'well I'm working in a factory' or something like that. That's weird, but meeting kids and stuff, that's just something that I think is part of the job," he said.

Many critics and fans are surprised that Sum 41 comes from a small town but Jocz has another take on why a band from Ajax could become so popular.

"I think Ajax is the perfect place for a band to blow-up from because life sucks here," he said.

"It's boring, there's nothing to do, so you get into little adventures all the time.

Sum 41 isn't planning on resting on their laurels. They will be back in the studio in December.

In the future the band would like to shake the punk rock tag that the media has pinned on them.

"None of us call ourselves a punk band," he said.

"We always call ourselves a rock band. The attitude that comes with punk rock, it almost forces you not to be able to grow as a band because you have to act a certain way and play a certain way to satisfy the needs of this fucking audience."

Jocz offered an interesting spin on where Sum 41 will be in five years.

"Probably one of us will be dead, somebody'll be at Betty Ford, another guy will have ten wives that are divorced from him and the albums will be like glam rock," Jocz said.

Then, more seriously, he added, "all we want to do is play, just as long as we keep doing that we'll be happy. I'm pretty sure we'll be playing in five years, but how many people will we be playing to?"



Sandy Garcia

Backseat Middle, sharing the hilarity and love before bringing it on stage

Backseat Middle dream in improv

By SANDY GARCIA Et Cetera Staff

Backseat Middle was a barrel of laughs at Dave and Busters party room Wednesday, with their hilarious sketches and improv.

Kyle Radke, Mark Forward, Levi McDougall and Nikki Payne, who graduated from Humber's Comedy: Writing and Performance program, make up the group

Backseat Middle filled the room with laughter as they perform sketches using audience members to help them enact scenarios.

Radke, 25, said that his reasons for choosing comedy are simple.

"Why comedy? So I can sleep in," Radke said.

"There are no comedians who work in the morning. That or a night watchman but they don't get the chicks."

Born and raised in Hamilton, as a child Radke loved sitting in front of his television watching endless episodes of the Cosby Show.

"Bill Cosby, he's it for me," Radke

"I've always looked up to him because he's so funny and doesn't care if he makes a fool out of himself."

Radke has always enjoyed making people laugh and thought that comedy was the career for him. The fact thjat it wouldn't pay much didn't

The troupe met at Humber and became Backseat Middle when Radke was doing a gig for Dave and Busters.

When he saw the improvising venue he knew he had a chance at it. The only people he knew who wanted it as much as he did were the other Backseat Middle crew members.

According to Radke, he and McDougall were up late many nights before their first show, having some beer and thinking up a name for their

"We were up for most of the night, probably until three in the morning," Radke said.

"Mark and Nikki were out doing their own thing, and Levi and I just decided we needed a name."

Each member of the troupe was nominated for the 2001 Phil Hartman Award. Radke said that even though none of the four group members won, it was an honour to be nominated.

The winner of this award was Ryan Belville, who opened the show for Backseat Middle Wednesday

Radke said that each member has different views and approaches when it comes to the style of their sketches.

"If I wasn't actually in the show, I'd be there in the front seat watching it," Radke said. "And you're in for a real treat with Nikki."

You can find Backseat Middle at Dave and Busters, located on Hwy 7, just east of Hwy 400 every Wednesday night at 8 p.m.

Backseat Middle is set to dazzle you with laughter for the entire night so be prepared to have your socks knocked off.



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Krispy Kreme treats coming to Canada

By KAREN THADANI & CLEO PORTER Et Cetera Staff

Those with a sweet tooth and a love for doughnuts will be happy to hear that the Krispy Kreme Doughnuts Corp. has announced plans to expand

The first of 32 stores will be located in the Mississauga area, and the others will be scattered around the country over the next three years.

The first store will employ approximately 100 people, Mississauga Mayor Hazel McCallion said in a recent interview with the Toronto Star.

"They're more than welcome to come and [create competition in that market]," said George Carlson, a Mississauga councillor.

The first Krispy Kreme location will be built in his ward.

"I can't see it closing Tim Hortons or anything like that," he said.

Other doughnut corporations like Tim Hortons and Country Style said Krispy Kreme's venture into the Canadian market will not hinder their

"I don't feel we would consider them particularly threatening to us," said Pattie Jameson, vice-president of corporate communications for Tim Hortons Canada.

Jameson went on to say that Krispy Kreme will only take up a part of the doughnut market in Canada.

"Doughnuts are no longer an important element in our sales volumes," Jameson said. "We haven't used the word 'doughnut' in our logo [for a long time]. That indicates the broad menu in our chain."

Jameson said that Krispy Kreme opened locations in Buffalo last year where a number of Tim Hortons shops were located. She said the Krispy Kreme brand name actually helped doughnut sales in Tim Hortons stores.

Cathy Mauro, director of marketing for Country Style Donuts said that the Krispy Kreme Doughnut Corp. will help their business.

"[Krispy Kreme's] a theatre of the doughnut industry," Mauro said. "We see it as stimulating the interest in the doughnut market."

"Krispy Kreme's vast majority of their product is a doughnut mix," Mauro said.

Krispy Kreme, a 64-year-old American company, recently lured possible customers by visiting some of Toronto's busiest downtown locations. They handed out more than 30,000 doughnuts to pedestrians, hoping to spark interest in their prod-

However, many Canadians have already been hooked to the doughnuts as they traveled to Buffalo to try the tasty treats.

Toronto city Coun. Joe Mihevc warned that Krispy Kreme will meet stiff competition when they enter the Canadian market.

"Doughnuts are to Canadians like apple pie is to Americans," Mihevc said. "They're welcome to try it, but they should remember that companies like Tim Hortons know the market better.

Representatives from Krispy Kreme Corp. could not be contacted

Deeper cuts for Air Canada

By AMANDA DA PONTE & **KELLY MACHADO**

Et Cetera Staff

Air Canada fired another 5,000 employees Tuesday, bringing the total layoffs this year to 12,500, and more are expected.

With the possibility of further layoffs ahead, Air Canada is cautioning that passengers will face less-frequent service as it implements plans to ground 84 planes and cut one-fifth of its capacity a press release said.

"It's very hard on [IAMAW] membership," said Neville Hamilton, Communications Director for the International Association Machinists and Aerospace Workers, which represents many of Air Canada's employees. "It creates economic uncertainty."

Air Canada's President and Chief Executive Officer, Robert Milton, told the media layoffs represent "the most difficult announcement" of his career.

According to an Air Canada press release, Milton said, "The catastophic events of Sept. 11 and their unprecedented impact on the airline industry have left Air Canada, like every other large global carrier, with little choice. In the U.S. alone, industry job losses are already in excess of 100,000. It is our hope that with the temporary nature of these job reductions, we will be able to recall laid-off employees when business improves again."

The job cuts come on top of 7,500 that had been announced by Air Canada over the past year including 4,000 this August.

"I think it all stems back to when



A sparse crowd lines up at Pearson Internation airport to check in

they actually acquired Canadian Airlines," said Gail Carle, an Air Canada traveller.

In 1999, Air Canada offered to buy the international routes from Canadian Airlines. Ottawa approved the Air Canada takeover last January, but strict circumstances were enforced.

Air Canada was to maintain all of Canadian Airline's routes to smaller communities

Milton decided to run the two airlines separately rather than as one, which Hamilton said was not necessarily Milton's idea.

"He was basically obliged by the government to take on Canadian Airlines," said Hamilton. "They were facing serious difficulties and got into a bidding war [with Onex Corp]."

When Air Canada got control of Canadian, it found itself more in debt as it was forced to take on the \$3 billion debt from Canadian Airlines. T airline has already lost \$276 million so far this year, and lost about \$100 million after its entire fleet was grounded for three days in the wake of the Sept. 11 attacks

The latest cuts will hit Air Canada's entire work force. According to an Air Canada press release, 4,000 jobs will be cut at the mainline carrier in addition to the 4,000 previously announced.

The airline also announced a total of 84 aircrafts will be removed from the mainline and regional carriers. The airline would be removing 55 from the mainline fleet and 29 from the regional carrier.

"The airline is going to have to make tough, swift decisions to ensure our survival," said Laura Cook, an Air Canada's spokesperson.

Web Reviews

By VICTOR PENNEY Et Cetera Staff

When you go to the movies, you want to get full value for your dollar. Why not? You worked hard for the \$40 it will take to pay for tickets and snacks

Even if you didn't, why waste your money on a movie that will have you counting sheep before the opening credits are over?

The next time you want to run out to a theatre near you, check out these helpful sites, and your night out might just give you more bang for your buck.

www.showbiz.com is an excellent site to satisfy your movie needs.

This site has daily news updates from the world of entertainment, movie reviews of current releases in theatres and DVDs. There are links to official movie sites here as well.

There is also a section devoted to celebrity profiles on movie stars, music stars, models, television personalities and writers.

This site has a lot of information, detailed reviews and is easy to navi-

I give this site four and a half

globes out of five.

www.movies.com is another decent movie review site to check out. The address is easy to remember, so that's one point already.

This site also has reviews of new releases in theatres and at the video

You can register to play Guess the Gross. It's a weekly game where contestants try to predict the top grossing films for the weekend at the boxoffice. Whoever makes the most accurate guess determined by the order and gross (within \$3 million) wins movies.com gear. How fun is that?

What makes it stand above Mr. Showbiz is that it has moderate-sized sections for trailers and reviews of current and yet-to-be released films.

You can find out about and watch trailers for movies like From Hell, Iron Monkey and next summer's long awaited Spiderman.

This site will get your spider-sense tingling.

It offers surfers the chance to purchase movie tickets on-line.

However, tickets from this site are only available in the United States.

That reason alone is enough for me to give this site two and a half

Too much time on your hands

There's nothing better than surfing the Internet in the early hours of the morning instead of doing homework.

www.romp.com is one of those Web sites you can go to if you want to find testosterone driven humour.

At romp.com, there are a number of choose-your-own adventure animations, like Booty Call and Officer Krupt, that allow users to interact with the story lines

In another section of the site entitled Celebrity Piñata, you have to break open annoying celebrities like Fabio and Richard Simmons as if they're some sort of cheap party toy.

The site also features pictures of scantily clad women as soon as you enter and an underground section where you can take a pimp test or build your own rap sheet.

However, you must sign up to be a member of the Web site so you can view it's intriguing content.

For its wild humour and crazy animations, I give romp.com five gl out a possible five.



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Dance naked

Stripping – the newest fitness craze – lets you shed your clothes while shedding unwanted pounds

By ROO GUILHERME Et Cetera Staff

Take off your clothes. Put on some music. Now dance around as sexily as you can.

It may sound silly at first, but stripping down is the newest and hottest way to exercise.

"It's a lot more work than people think it is," said Tracy Antoniewicz, assistant manager of Crunch Fitness, Los Angeles.

Crunch, a new chain of health clubs in the United States, has introduced Cardio Striptease to their fitness schedule. It combines aerobics with the art of exotic dancing.

Aerobic exercise involves a long duration of activities that are low in intensity such as walking, biking, or swimming.

Although the program might not compare to step aerobics in terms of calories burned, it still offers an effective and a more exciting and motivating workout.

"Fun is definitely the word," said

Jeffrey Costa, creator of Cardio Striptease.

Cardio Striptease was launched in June in New York City. The debut was such a success that Costa had women stuffing money down his g-string.

The program is currently offered in two of Crunch's locations, one in New York and the other in Los Angeles.

Miami will be the third city to strip off clothes and fat, joining the craze in January 2002.

"It's getting bigger every week. We started with about 18 people. Now we have about 50 every class. It actually started with more people watching than participating," Costa said.

Not only is enrollment on the rise, but the program is garnering worldwide popularity.

"Every week, a camera crew is in the class from places in Europe, Japan and even Australia," he said.

Costa, who shows up to his classes in costumes ranging from a feather boa to wide-legged pants made of fish net stockings, has a strong background in dance and fitness. He taught aerobics at Boston University for 14 years prior to his move to Los Angeles.

In 1996, Costa choreographed a male strip show for the Roxy in Boston.

"I use adult material, adult music and adult language. There is no censorship whatsoever and that speaks

very much about Crunch's expression of no judgment in the gym," he said.

"We've got people in their 20s to 70s, white, black, gay, chubby or physically fit."

Costa has been featured in numerous publications including E! Entertainment, the L.A. Times, FOX Sports, Cosmo and also the latest issue of Playboy Magazine.

"Crunch had been playing with the idea for the last couple of years for a stripping class. They came to me for my fitness and dance background," he said.

The focus of Cardio Striptease is an expression of his fitness motto: "Through the power of movement, sexual expression, and spirit, I release my creative self into the celebration of love, health, and all blessings."

According to Costa, Cardio Striptease is a safe place for people to explore themselves sexually because sexual fitness is just as important as physical fitness or spiritual fitness.

"It builds self-esteem and it feels good to look at your body dance," he said.

Despite its stripping content, the choice for participants to bare all in class is purely optional.

"I get the class to do ab rolls, hip rolls, body rolling, deep squats, body isolation. It's a combination of dance choreography, group exercise and stripping," he said.

Costa feels it's important to keep his students motivated. He has his students continually comment on each other with one-liners like 'you're so sexy' or 'you look so hot'.

"It's not just getting naked. Cardio is the first element and then there's stripping but the tease is the most important part. It's not just pulling your shirt up. It's pulling your shirt up and back down or revealing your g-string in a sexy way. It's about building the technique of seduction. It's about falling in love with your body," Costa said.

"There have been a lot of people who come up to me after the class and tell me how burned they are because there are parts of the body that a lot of other exercises don't cover," he said.

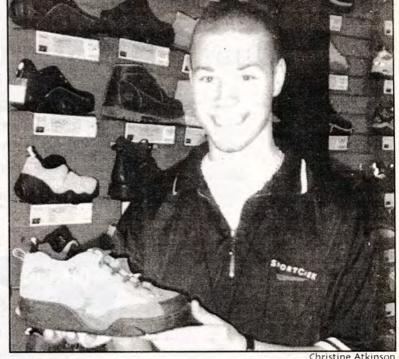
Vesna Markovich, a conditioning instructor for high-performance athletes, feels that this form of aerobics is a viable form of exercise.

"It doesn't matter what you do or how you do it, just keep moving," she said.

A home workout video of Cardio Striptease is currently in the works.

"Some people feel intimidated in the gym environment. It is a very erotic style of dancing. The video can help the giving lover, wife, anyone who wants to do it [Cardio Striptease] in other surroundings," Costa said.

For more information and updates, visit www.jeffreycosta.com.



Chilisenie / tekn

Dave Setton, 19, a Sport Chek employee, displays the Heely roller shoe

Flying shoes can't get off the ground

By CHRISTINE ATKINSON Et Cetera Staff

We're all familiar with the trendy wheels people have put under their feet in the past but have you ever heard of the flying shoe?

Probably not, because since it's introduction this past summer, the flying shoe fad zipped away long before its glory days, and both consumers and sellers alike, couldn't care less

Also called roller shoes, the flying shoe has two sets of wheels that pull out from the sole, essentially turning them into roller skates.

Another form of the flying shoe is called Heelys, or Helleys, where only one wheel is lodged into the heel of the shoe.

"They suck. They're the worst things ever made," said 18-year-old, Mike Ward.

The Sport Chek employee tried them once and said he nearly killed himself.

These shoes come with a manual. The manual reads that Heelys "allow you to roll by merely transitioning your body weight to the heel."

'Merely transitioning' meaning to thrust out the pelvis and hold your arms out for balance.

But, it's just as easy to fall backwards or fall flat on your face, while getting in the groove of gliding, especially if your toe hits the ground unexpectedly.

"When you slide [with the Heelys], the toe of the shoe hits the floor and sends you flying," said Dave Setton, another Sport Chek employee.

Setton, 19, tried the Heelys and said that he found them very hard to use and said "no one buys them anyway."

The shoes, that feel like regular running shoes, cost about \$180.

"They're a lot of money," he said. "If that shoe didn't have a wheel on it, it would probably be 70 bucks. It's a fad, like the scooter and the Hula-Hoop," Setton said.

"I guess parents aren't willing to spend the money," he said.

"I wouldn't buy them. Not for that price," said Conrad Fernandez, a student employed at Sears.

"Think about how much kids have to work, \$180 plus taxes is too overpriced," he said.

John Sediq, manager of Dog Star shoe store in Mississauga, said he had never seen them, but said it was a cool idea.

"[It's] something that someone will buy to try out, but not something to use all the time," he said.

"I've heard of the idea, but I've never seen them on the market," said Mike Dickinson, a Foot Locker manager in Mississauga's Square One Mall.

"Personally, I think they're all gimmicks, but if they work for somebody, that's good," he said.

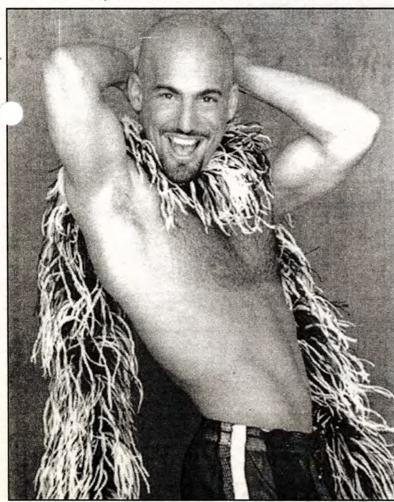
On the other hand, Chris Thomson, 20, an employee at Sport Chek mastered the world of heeling within seconds.

He said that he could see himself "using [Heelys] in university, going from class to class."

Thomson eagerly slipped on a pair and zipped along the length of the store, much to the horror of his manager, John Sincerbox.

"Sales are not going very well at all and we still have a fair amount in stock," Sincerbox said.

"It's very gimmicky...We've only sold one pair in six months. Actually, you're the first one who has come up to me and asked about them," he said.



Courtesy Jeff Costa

perobics pioneer Jeff Costa, the creator/instructor of Cardio Stripteasetm

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