

Christopher Karas is fighting Canada's 'blood ban'. See more on pg 4



Remembering Canadian losses



BRETT MCGARRY

Students and staff came together in Humber North main concourse to honour the many Canadians who lost their lives in wars, conflicts and peace keeping missions around the globe.

Retired Humber Journalism professor Carey French spoke about the sacrifices made by those who fought, and his time as a journalist covering war. French (top photo at left) also hosted the ceremony, introducing IGNITE president Ahmed Tahir (top at centre) who read *In Flanders Fields* and Chaplain Len Thomas (top at right) who lead those in attendance in a prayer as part of Humber's annual Remembrance Day ceremony.

‘Novelty’ candidate Trump wins

Jeremy Appel
CONTRIBUTING REPORTER

Donald Trump, the bombastic businessman who kicked off his presidential campaign by calling illegal Mexican immigrants “rapists” and drug dealers, has defeated former first lady, secretary of state and New York senator Hillary Clinton to become the 45th president of the United States.

As results trickled in throughout the night, states that Trump needed to clear a path to victory – Florida, Ohio, Michigan, North Carolina and Pennsylvania – all went Trump’s way.

Dismissed as a novelty candidate when he first announced he was running, Trump defeated 16 Republican rivals to become the party’s presidential nominee, including early favorite Jeb Bush, brother and son of former presidents Bush, who Trump famously derided as “low energy.” Clinton, for her part, staved off an unexpected insurgency from democratic socialist Bernie Sanders.

Trump stood out from his rivals by his brash political statements and insulting his rivals – “Little” Marco Rubio and “Lyn” Ted Cruz, to name two.

His bullish approach to campaigning alienated many in his party, with senior officials including former presidents Bush and Senator Lindsay Graham declining to endorse his candidacy. Other officials, like Speaker of the House Paul Ryan and Senate Majority Leader Mitch McConnell, dithered and flip-flopped in their support for his campaign, depending on which way the winds blew.

This may have helped him present himself as the anti-establishment choice.

Allegations of sexual impropriety threatened to derail his campaign. This happened first with a recording of the president-elect boasting of his proclivity for sexual harassment – “grab ‘em by the p—,” he said – and then with multiple women coming forward accusing him of sexual assault.

But Hillary’s e-mails as secretary of state, which she sent and received on a private e-mail server and for which she was under FBI investigation, contributed to her undoing.

Less than two weeks before the



MICHAEL VADON/WIKIMEDIA COMMONS

United States President-Elect Donald Trump speaking at one of his rallies in Laconia, N.H. on July 16, 2015. High controversy didn’t end his bid.

election, FBI Director James Comey, a Republican Obama appointee, said they were being investigated again after more e-mails were found on the laptop of disgraced former congressman Anthony Wiener, whose estranged wife Huma Abeidin is one of Clinton’s top aides. Wiener was under investigation for allegedly sending lewd pictures of himself to an underage girl.

A week later, Comey announced that there was no evidence of criminal actions on Clinton’s part, but it appears the damage was done.

Clinton suffered throughout the campaign from the impression that she was the embodiment of the establishment Trump railed against.

Trump supporters at his famously raucous rallies often chanted “lock her up” and much worse about his rival.

During the second presidential debate Trump said if he were president “you’d be in jail” to Clinton.

He also vowed to “open up the libel laws” to sue journalists he

deemed unfair to the Trump campaign and at one point banned the Washington Post and Politico from his rallies.

It remains to be seen how Trump will go about governing the world’s most powerful nation.

Stock markets took a nosedive in anticipation of the victory of a candidate who promised to raise tariffs and roll back free trade.

Incredulous Canadians

Spectators who gathered at the Hot Docs cinema at Bathurst and Bloor Streets in Toronto to watch the election results expressed their fear of the incoming president, who vowed to build a wall along the U.S.-Mexican border, ban Muslims from the country and “bomb the s— out of ISIS.”

“The most frightening thing is whether he’ll be able to attract informed, experienced advisers to pro-

vide him with basic information he’s going to need to be able to govern the country,” said Joanna Simkitz, a lawyer. “He doesn’t have any comprehension of what that’s going to require.”

Simkitz has been following the race since the Republican and Democratic primaries last year and considers herself a “CNN addict.”

“We’re seeing a phenomenon that we’re seeing in many countries around the world, except Canada,” she said.

“The voice of a lot of middle-aged, white males with no college education who are underemployed and fearful of immigration and losing their jobs” is being exploited by xenophobic politicians, as was seen in the U.K. with the vote to leave the European Union.

Like Britain’s Brexit vote, few pollsters saw a Trump victory coming. David Ant, an educator and professed “news junkie,” says there’s a “polling and sampling bias” against Trump.

“There’s a likelihood that more

Hillary people are more likely to say ‘I’m in favour of this or that,’ while a lot of Trump supporters are lying low until this happens,” said Ant.

However, he’s not convinced that Trump is going to follow through with his most brash policy pronouncements.

“Trump’s a businessman. He’s going to say the biggest possible thing to get a reaction and attention and then compromise,” he added.

Andrew Blitzen, a research technician, concurs.

“I don’t think Trump has a cogent set of policies to begin with,” Blitzen said.

“He’s talked about single-payer healthcare before and now he’s not. He’s spoke against trade but now is taking a more moderate position. Like Clinton too, but especially with Trump, you get the sense that he’s just saying exactly what he thinks will play in order for him to become president. He’s a marketing genius.”

Guelph-Humber Games use limbo, pizza to raise school spirit

Sanzana Syed
NEWS REPORTER

University of Guelph-Humber hosted its second annual GH Games on Wednesday and invited all Humber North campus students to come out to play.

Azzy Duran is a second year psychology student and one of many who attended the games. She left with a second place medal and a newfound love for the event. She

said she plans on participating again next year.

“I highly recommend first and last year students to attend,” Duran said. “It’s a good way to start your school year and end it off,” she said.

Malik Carby-Corbett, founder of the GH Games and president of GH’s Kinesiology Society said that he takes pride in the games because they’re organized and run by GH students.

“The GH Games is a way for

Guelph-Humber to develop school spirit and community through games and competitions,” Carby-Corbett said

Jason Gool, IGNITE VP at Lakeshore also made an appearance at the games. Gool participated in activities like giant Jenga, and Limbo.

“I’m sweaty,” he said. “But I’m really enjoying it!”

After the games, participants met in LinX Lounge to eat pizza, receive trophies and awards.



SANZANA SYED

The “Ultimate Guelph-Humber Champion” trophy at the GH Games on Wednesday.

Animal cruelty laws antiquated says humane societies leader



TYSON LAUTENSCHLAGER

Barbara Cartwright, CEO of CFHS, addressed Humber students on Wednesday.

Tyson Lautenschlager

NEWS REPORTER

The CEO of the Canadian Federation of Humane Societies visited Humber College on Wednesday to talk to students about animal cruelty, breed-specific legislation and other animal issues.

Barbara Cartwright, a Humber College alumna, joined the CFHS in 2011 after many years of international wildlife work at places like the International Fund of Animal Welfare and the Jane Goodall Institute of Canada.

“We’re focused on legislation, farm and companion animals. I just couldn’t pass up the opportunity to look at the bigger frameworks of how we in Canada treat all animals,” said Cartwright of the Ottawa-based advocacy group that represents about half the humane societies and societies for the prevention of cruelty to animals in the country.

A leading challenge for CFHS is to get the federal government to update the Criminal Code of Canada to help fight animal cruelty, an

area of abuse largely ungoverned by highly antiquated laws at all levels of government.

Speaking to packed gathering of journalism students at the Humber North campus, Cartwright said the legislation has done itself a disservice over the decades in referring to animals as “property.”

While Cartwright touched on several topics related to animal activism issues ranging from animal mistreatment – even citing the taboo topic of bestiality as a significant cruelty issue – a significant part of the discussion centred on breed specific legislation (BSL), particularly Ontario’s ban since 2005 on so called pit bull breeds.

BSL again became a hot topic in Canada when a woman in Montreal was mauled and killed after a brutal dog attack in June. Since then, Montreal became part of the more than 40 municipalities in Canada to impose a pit bull ban.

“We have 36 Canadian municipalities that have been studied, and there’s no difference in dog bites between those with breed specific

legislation, and those without breed specific legislation,” Cartwright said.

One of the biggest problems with breed specific legislation and how it relates to pit bulls, she added, is how difficult it is for a dog owner to prove their dog’s breed.

“In Ontario, if anyone calls your dog a pit bull and you can’t prove otherwise, your dog is a pit bull,” she said.

“Pit bulls aren’t a breed, if you don’t know that. They’re category breeds,” comprising the Staffordshire terrier, American bull terrier and others who share a certain appearance.

In criminalizing a dog breed, Cartwright believes, it becomes more valuable in criminal activity.

“As we criminalize pit bulls, we actually drive them underground into criminal rings,” she said. “Because now they’re the dog to have because they’re illegal. Now you drive the breeding underground, and you start breeding for those traits that are good at fighting. You destroy the entire breed of animal just by making it illegal.”

Accessible broadcast course to be made-in-Humber world first

Christina Mulherin

NEWS REPORTER

The first-ever accessible broadcast course will be offered at Humber College’s School of Media Studies and Information Technology next September.

Humber Media Studies professor Anne Zbitnew said a Media Foundation program student with a hearing impairment inspired the creation of the initiative last year.

“We needed to caption all video to make sure that it was accessible to him and it made us think about accessibility in media and how if we build accessibility into the beginning of a project, then when the student’s finished it it’s fully accessible,” Zbitnew said.

Zbitnew saw the opportunity to receive a grant from the Broadcast Accessibility Fund to create the pro-

gram last year. She teamed up with fellow media professor Hillary Rexe and they began their research last winter.

Zbitnew said they were careful in writing the application, being sure to highlight the importance of accessible media and why Humber should be chosen for the project.

The fund is an independent and impartial funding body that supports innovative projects providing solutions to promote the accessibility of all broadcasting content in Canada.

Richard Cavanagh, the fund’s CEO and Funding Officer, said they received a number of strong applications, but Humber’s efforts were fruitful as the school received a \$130,900 grant for the creation of the world’s first accessible broadcast course.

Zbitnew and Rexe teamed up

with Journalism professor and CBC veteran Mike Karapita, and the trio will develop the course.

“Hillary Rexe is the content creator, I’m managing the project from our side, Mike Karapita is working in the broadcast side of this,” Zbitnew said. “We have an amazing external advisory of people with disabilities and people with lived experience that are also going to advise us on content as well as what we’re created in terms of accessibility.”

The program will be a six module online course accessible to all students of the School of Media Studies. It will teach students various ways of making broadcast material accessible, such how to caption video and produce described video.

“When students log into their Blackboard, they’ll have all their courses and then there will be the modules on accessibility and inclu-

sive design,” Zbitnew said.

Although the modules are not mandatory, students are encouraged to take a look at and understand the content. No credits or marks are attributed to the course but students will receive a certificate on completion.

“Our goal is to implement major changes in the School of Media Studies that will see all video, print, audio and graphic content produced in an accessible and inclusive way,” Karapita said. “So that means everything that we design and create is able to be used by anyone no matter what ability they have.

“We want to create a more inclusive Canada,” he said. “We want everyone to participate fully in our academic world and in our world beyond academia, because it’s the right thing to do.”

Zbitnew said the course would

also be accessible. Lectures will be available to read, as an audio clip to listen and even by captioned video where someone will be using American Sign Language.

This information be available to Humber students and it will be shared with the rest of Canada and the world with French and English versions.

The Accessibility for Ontarians with Disabilities Act (2005) is legislation that standardizes accessibility to eliminate barriers in important daily activities for people living with disabilities. Zbitnew said the AODA plans to make accessible broadcast mandatory by 2025.

“We really want our students to graduate knowing accessibility, knowing inclusive design, so when they get into the workforce they don’t have to be trained. In fact they could be the trainers,” she said.

Bees in college campus hives need tender human care in winter

Patrick Simpson

ENVIRONMENTAL REPORTER

As temperatures plummet, people can adjust by simply putting on a jacket, but Humber’s seven bee hives require constant adjustment and tender loving care from humans.

John Coffman is part of a duo of veteran beekeepers that work on making sure the bees at Humber stay warm and healthy during the winter season.

He said the best way for bees to survive the frost is to ensure they have plenty of honey and are free of any parasitic mites that may carry diseases.

For the most part, the bees keep themselves warm with giant group

hugs.

“They huddle together in what they call a cluster around the middle of the hive where they have access to food, their honey source, and they will move around in that cluster, in sort of a ball shape,” said Coffman.

“The queen is in the center, and they’ll keep her warm and keep the hive warm to about 30 degrees.”

Parasites are not something the bees can deal with alone. Bees enjoy showers just about as much as cats do.

To deal with these parasites, Coffman uses sugar dust, which knocks off the mites and helps feed the bees.

They also use a natural acid pesticide that kills the mites.

Outside of parasites and hon-

ey, the beekeepers plan to set up a windbreaker made from straw and a tarp to cover and insulate the box hives.

The bee project started when the Humber Arboretum installed two box hives. Those two hives were monitored by former Humber horticulture technology professor Heather Somers, who was being mentored by veteran beekeepers Fran Freeman and Coffman.

However, when Somers retired from Humber and the Arboretum, the project slowed down.

But in 2014 the idea of installing hives on campus was jointly proposed by Humber Sustainability and Freeman. The two beekeepers and Sustainability Humber placed

five more box hives on campus, two at Lakeshore and three at North in 2015.

Freeman said she had been interested in putting a box hive at the Lakeshore campus for years.

“I think it’s really important for people to make the connection between pollinators and environmental issues and the food they eat,” she said.

Freeman said honey bees are the type people tend to know about. However, she said there are a number of native bees found in Canada which get pushed aside due to habitat laws and pesticide use.

She said the best thing people can do to help native bees is by planting native plants.

Humber Sustainability manager

Lindsay Walker said the reason Humber installed the box hives was because of their importance to daily life.

“They almost check a lot of boxes in terms of sustainability, not just as an endangered species, but their significant impact on the environment and on our food systems,” Walker said.

Humber Sustainability is currently looking into creating workshops about bees and beekeeping.

The college harvested about 100 jars of honey last spring, but Walker said honey gathered from the Humber bees will not be sold.

Instead the honey will be given as prizes, raffles and as gifts for special guests.



SARA FLOREZ

Humber paralegal student and LGBTQ+ activist Christopher Karas is confronting Canadian Blood Services for singling out gay men in blood deferral.

Paralegal student challenges Canadian Blood Services

Sara Florez
LIFE REPORTER

Humber paralegal student and LGBTQ+ activist Christopher Karas filed a human rights complaint on the current blood donation ban imposed against gays in Canada.

Health Canada states that gay men who have sex with other men will have to stay abstinent for a whole year before donating blood.

Karas decided to take matters into his own hands after Health Canada dropped the blood donation deferral period in the summer to one year from five years. He argues the ban should either apply to everyone, or no one.

“We started a legal challenge at the federal level at the Canadian Human Rights Commission to challenge the MSM (men who have sex with men) blood ban,” Karas said. “This is to hopefully change the policy in significant ways so gay and queer men can give blood effectively.”

Men who have sex with men account for the largest proportion of new

HIV infections reported in Canada and the new deferral policy has been implemented based on scientific evidence, according to Canadian Blood Services.

Karas said he strongly disagrees with what Canadian Blood Services has said to justify their new policy.

“This isn’t based on science, it’s not even based on facts,” Karas said. “It shouldn’t be about who you’re sleeping with, it shouldn’t be about your identity at all or who you are as person.”

Health Canada approved in June an application made by the Canadian Blood Services to reduce the waiting period. The new policy went into effect on Aug. 15.

Canadian Human Rights paralegal James Hill has been Karas’ legal representative throughout this complaint process. Hill said the Canadian Blood Services is discriminating those who just want to give blood.

“Christopher isn’t against the one year ban, he’s just saying that if there’s going to be a one year ban it should apply across the board,” Hill said. “Now if it doesn’t apply across

the board then get rid of it altogether because it’s pure discrimination to label or place a specific demographic group as a threat or fear.”

A main reason why Karas filed his complaint over the new blood ban is simply because gay men can’t do what everyone else can, give blood.

“Other people can give blood and that’s just not right, we should have a right to give our blood,” Karas said.

“So if I want to go and give my blood so that I can use it for a surgery, for example, I’m not even able to do that,” he said. “I have to use the public blood system, the blood pool that we have rather than using my own blood and now that’s ridiculous.”

As a paralegal student, Karas wouldn’t have been able to fight for what is right without the help of his professors and whole community at Humber.

From being a part of the LGBTQ Resource Centre at North campus to receiving the help from Hill, his paralegal, it all comes down to staying humble.

“I feel like I’m getting all the effective tools that I need and a lot of the

advice from really great professors that have real experiences with the legal system,” Karas said. “I want to work in the legal system and be a lawyer someday so that I can represent minorities and marginalized people on the issues within our society.”

The Canadian Human Rights Commission approved Karas’ legal challenge on Sept. 3 and possibly taken up to the Canadian Human Rights Tribunal where the policy can continue being challenged.

Hill says he wants people to speak up and become change makers in order for Karas to continue making a change in the LGBTQ community and in general Canada over the blood ban policy.

“People shouldn’t be afraid to step forward and voice their opinions because this is discriminatory,” Hill said. “Christopher has been courageous in stepping forward and doing this but we need the support of people who believe in what is right in which the blood deferral policy should be eliminated.”

Budgeting classes will benefit struggling students

Alana MacLeod
HUMBER NEWS REPORTER

The Ontario government is enhancing financial literacy learning in elementary and secondary schools.

Post-secondary students like Marina Eskander, a 22-year-old at Humber College, are unaware of how to create a budget or even file their taxes.

“The only time I learned was at Humber’s Human Resources. They taught me some stuff about accounting but I’m not very good at it.”

Humber student Harneet Kaur, 20, also admitted she knows nothing about taxes.

“I don’t budget, I don’t think people in Canada are taught how to budget. My parents do everything for me,” she said.

Ontario’s Ministry of Education say they have been since 2011.

“Preparing students to be financially literate is essential to student success and a stronger economy,” said Ontario’s Minister of Education, Mitzie Hunter in a statement given to Humber News.

“By learning about financial literacy, students will have the skills they need to thrive now and throughout the rest of their lives.”

Heather Irwin, Ministry of Education’s Senior Media Coordinator, said the Financial Literacy Education Initiative was introduced into the curriculum in 2011.

“The goal of the initiative is to make financial literacy education a part of every child’s learning by enhancing and embedding financial topics and concepts throughout the provincial curriculum in Grades 4 to 12,” said Irwin.

Irwin added the ministry is taking an “integrated approach” as opposed to teaching all of these vital skills in a single course which might be overwhelming.

“The intent of the initiative is to support students in learning financial skills such as understanding money, consumer awareness, personal finances, budgeting and money management through the curriculum, which will help them develop financial literacy skills for life,” said Irwin.

Elementary school students learn how to save money indefinitely, and the difference between wants and needs in a financial sense. They also learn how to protect personal information when banking or shopping online.

Secondary school students learn how to: become more knowledgeable and critical consumers; understand and break down advertisements; and budget expensive one-time purchases.

The Ministry of Education did not respond directly to questions about why taxes and tax filing are not included in the initiative.

“The ministry will continue to work with educators, parents and students to inform next steps in this curriculum review, including timing and content,” Irwin said.

Gratitude Wall honours college donors past and present

Aleema Ali
HUMBER NEWS REPORTER

Humber North campus Gratitude Hall was transformed Tuesday night for a Donor Event that drew more than 200 people.

College President and CEO Chris Whitaker recognized both recent and long-time donors who have been contributing to Humber since its opening in 1967.

The donors’ names are now on the wall of the hall in the new Learning Resource Centre, paying tribute to such past and present donors as TD Canada Trust, Chartwells, Sirius XM and other companies along with individual families.

Plaques are categorized in four different levels based on the amount donated: gold, silver, light bronze and bronze. The display is interactive with four large touch screens that make it easy to learn about the donors.

Whitaker said the success of the event exceeded all expectations, meet-

ing the goal of reminding donors that the school and its students appreciate the contributions they’ve made.

“We want to pay tribute to them by having the donor wall, so they can find themselves. They’re also role models for our students and recent graduates from the college,” Whitaker said.

He said every donor on the wall has his or her own story, and Sadia Butt’s is one to be told.

The 2007 business grad was hampered by sight impairment and her dad asked the school what could be done to help her. Business School Dean Alvina Cassiani suggested enlarging notes for Butt.

Butt’s father was touched by the school’s efforts and wanted to make a donation in his daughter’s name.

Butt said the company she works for now, Jaapharm Canada Incorporated, has also become a donor for Humber with her name on the plaque.

“It’s a very good feeling seeing my name on the wall,” Butt said.

The design of the wall by Entro



ALEEMA ALI

Located at base of Learning Resource Commons, Wall tells of donors.

Communications depicts the Humber River where each tile represents a stone in the riverbed and the students are the water.

Adelia Marchese, annual programs and alumni relations manager, said one of the reasons the wall was made was to show donors the gratitude they deserve.

She said although the wall has four levels of monetary value, it’s really about showing how every donor means so much to the college.

Some donors are actively involved with the college, such as Chartwells, the on-campus dining partner, which contributes culinary equipment as well as funds.

Checking out selfies can impact self satisfaction

Murissa Barrington

BIZ/TECH REPORTER

A recent study says that viewing selfies of others leads to significantly lower self-esteem and life satisfaction.

Penn State University surveyed 275 online participants through Amazon's Mechanical Turk, a crowdsourcing Internet marketplace, and found that frequent selfie viewing, otherwise known as "lurking", has a direct relation to a person's psychological well-being.

Those with a low need for popularity experienced lowered self-esteem and life satisfaction. Meanwhile others with a high need for popularity, had higher levels of self-esteem. The study explains this is because people with a high need for popularity on social media will pay more attention to their grooming, profile enhancement and strategic posing when posting selfies.

The study by researchers Ruoxu Want, Fan Yang and Michel Haigh is to be published in the journal *Telematics and Informatics*. Of the 275 respondents, 49 per cent were females with the average age being around 33 years old.

Senior digital strategist and social media professor at Humber College, Boyd Neil said selfies can be used by some people to help someone strengthen their self-esteem and build up a sense of self.

He warns, however, frequently viewing unrealistic selfies can end up having the opposite effect.

"Somebody looking at selfies is seeing an idealized version of people," Neil said. "Not real people. Therefore it reduces self-esteem and therefore when you compare your-

self to these idealized versions of people, you can't help but have your self-esteem affected negatively."

He said people who post selfies online often try to portray an image that they are perpetually happy and living an envious life. He says instead, people should try to take selfies more sparingly.

"Take them when there is a purpose to it and the purpose might be to capture a specific moment from you, yourself that you've experienced that's unique," Neil said. "That purpose is perfectly reasonable."

He said taking selfies in a more honest way is important as well.

"Capture yourself in moments that can be beneficial to people," Neil said. "So sitting on your couch, wrapped in your blanket with your cup of hot chocolate and your hair messy, watching TV because you're feeling like you just have to be alone that day. Take that selfie and post it."

In contrast to some of the negative effects of viewing individual selfies, the Penn State study found group photos or "groupies" had a more positive effect on all participants.

The more often people viewed groupies, the higher their self-esteem.

Darion Humphrey, a first year law clerk student, is someone who prefers to see more groupies on her social media feed.

"I think when you have more group pictures it makes you look more like you have friends, you know? Like if it's just all pictures of you then I'm going to be like, 'Does she go out? Does she have friends?'" Humphrey said.

Humphrey says viewing lots of selfies doesn't bother her as much as some of her peers because she's already a confident person.

"I think for a lot of girls in college and our age, it does affect them a lot," she said. "But I think that if we bring people up more instead of degrading other people's pictures, then it'll help society as a whole."

But Jayda Salucideen, a first year cosmetic management student who reports some similar responses to those gathered by the academic survey, uses Instagram daily and says she's often influenced by the way other people take their selfies.

"Say I take a selfie and then I would go to see other people's selfies and it's like, 'No my selfie doesn't look like that,'" Salucideen said. "So then it would be like, 'Okay, now I don't want to post it'"

The 18-year-old thinks it's only gotten worse since she was in high school. She says her peers have become obsessed with trying to take the perfect selfie in hopes of imitating the models they see online.

"One of my best friends, she'd be like okay so I took this [much] selfies and I want you to compare them and see which one you like best," she said.



CREATIVE COMMONS

OSAP loan repayment rules bend slightly

Salary increase of \$5000 before OSAP repayment kicks in may be helpful to some college students

Murissa Barrington

BIZ/TECH REPORTER

Ontario post-secondary graduates will now be able to avoid repaying students loans until they make \$25,000 a year.

The \$5,000 increase came into effect Nov. 1 of this year, but isn't enough for some Humber College students.

Mature student Joanne Salamat argues that loan repayment can be easier for students like herself by looking at individuals with more complicated situations.

"They don't take into consideration your expenses or anything," Salamat said. "Whereas a lot of students have their parents to support them, I am the sole (provider) and I get just as much" as those who enjoy family support.

The second year tourism and hospitality, event management student worked as a project manager

in Vancouver before the 2008 recession. She says since making a career change and returning to school, it's been difficult to manage debt and OSAP regulations have only added to the burden.

"Here I am trying to maintain a G.P.A. of 90 per cent, which I have, and then trying to pay my bills with what OSAP gives me, I would have to work at least 30 hours a week," Salamat said. "Then, when they find out, they're going to adjust my OSAP saying, 'you've got too much.'"

IGNITE Vice-President of Student Life Ammar Abdul-Raheem has a different perspective on the OSAP adjustment.

"I think it's good. Since quite a few years ago I don't think the repayment structure actually matched the minimum wage that we were getting," Abdul-Raheem said. "What it does is it gives inspiration to us as students, it gives us trust that the government, or (the) people who are making decisions, are really there to support us."

He said there are also a number of support services, like bursaries and free advice, offered by IGNITE

to help students who are feeling the financial crunch.

"We have a student lifeline, which is a 24/7 support service," Abdul-Raheem said. "Basically you call in and on the other side, there are people there waiting that can professionally and adequately help you on your specific problem."

"So if I have a problem with my landlord or something, maybe I got into a fight with my landlord, they're there to help me with that," he said.

IGNITE also offers the Financial Relief Program for students who run into emergency situations and urgently require funding for shelter or food, said Abdul-Raheem.

Holsee Sahid, the financial aid manager at Humber, encourages students to attend the repayment assistance webinar offered by the National Student Loan Centre to help students stay on track of payments.

"It's to ensure students are aware of what to do if they cannot afford to make their student loan payments after they graduate," Sahid said, adding students should visit the National Student Loans Service Centre website to register for the next session.

Sahid said students should prioritize budgeting after receiving their loan to avoid using up the entire amount. Students can also visit the financial aid advisors, she added.

"A lot of students I know have problems with budgeting," Sahid said. "So they can come in any time to the financial aid office and meet with an advisor who will discuss their budgeting and how to budget themselves in terms of funding that they're receiving from OSAP."

Once students reach the \$25,000 salary mark, they will begin repaying no more than 20 per cent of their monthly income under the repayment assistance program.

Josh Bueckert, communications advisor for Employment and Social Development Canada, said in the 2013 to 2014 loan year, the average Canada Student Loan balance for a full-time student was \$12,480.

In meantime, Salamat hopes to have more fairness for mature full-time students like herself and remains apprehensive about how she'll repay her debt after graduation.

"If I'm being honest, I'm afraid to think past next April," Salamat said.

Looming end of broadcast TV just fine for young people

Elvin George

BIZ/TECH REPORTER

New waves of technology continue to change the way our society acts.

Canadians are beginning to move away from broadcast and cable television and transition to online Internet TV subscriptions.

Canadians are choosing to watch whole long-awaited seasons of their favorite TV shows on Netflix rather than waiting for weekly episodes.

The CRTC said telecom and cable companies received \$8.92 billion in revenue from cable, satellite, and Internet enabled television subscriptions in 2015. On the other hand, the CRTC said television connections linked to web-distributed programming brought in \$9.81 billion.

Jerry Chomyn, program head of Media Studies at the University of Guelph-Humber, believes Wi-Fi is the generational tool that made people change the way they use technology.

"I would say broadcast television only has 10 years left," Chomyn said. "Once Wi-Fi became such a huge factor for everyone, anyone could nearly watch anything that they want to watch anywhere."

"Individuals have the access of watching anything anywhere, rather than waiting to have a TV cable box at home," he said.

This era of television is slowly diminishing, according to some program consumers.

"I'm like everyone else, I've been using television for most of my life, but after Netflix I felt that television was going to fall down soon," Darren Puno, a Travel and Tourism student, said.

"Television is currently used for news, it's for the elderly and people in their late ages who don't have access to Internet," Puno said. "I'm noticing more and more people in their 40s and 50s becoming more tech-savvy, so they will quickly adapt to the Internet streaming move."

Adam Dell'Orso, Guelph-Humber Business student, knows new streaming services online will mean the end of broadcast television.

"I used to only use the TV for watching the latest sports game, and for the nightly news at 6," Dell'Orso said. "Now for the past few months, I've been using online streaming sites to watch sports, and relying on Twitter for any breaking news."

Dell'Orso knows more and more people are learning to adjust to the new lifestyle.

"My parents are the only ones that use cable TV, but I know many people their age learning more and more about online TV sites," Dell'Orso said. "So I'm sure after their age group learns how to efficiently use online TV subscriptions that cable TV will only be used at retirement homes."

First-generation students face unique challenges



OLIVIA MORRIS

Coordinator of First Year Experience programs Nivedita Lane in Humber North's Student Life Centre on Oct. 26.

Olivia Morris

LIFE REPORTER

Nivedita Lane remembered the feelings that accompanied her when she started her studies at York University.

She was a first generation student — the first in her family — to go to a higher learning institution. It was a new world for her.

"I didn't really have anyone who knew what the experience was like to go to post-secondary," Lane said. "It was definitely lonely. When you feel

like that you also begin to feel intimidated because you're doing something that your own family is unable to support you with."

The disadvantage of not having anyone in their family who's familiar with the post-secondary experience can be discouraging for some first-generation students.

"The motivation came more from myself than it did from my family," said Nivedita Lane. "My parents would've wanted me to go college or university, however they weren't in a

position to help me, so the decision to go was mine."

After graduating at York with a Honours Bachelor of Arts, History and Bachelor of Education, Intermediate-Senior. Lane began working in North Etobicoke at a local community agency and the Boys and Girls Club of Canada as the manager of youth education programs and youth services.

Her strong interest in seeing how high school students were doing once in post-secondary eventually

led her to Humber College.

Lane is now the coordinator of many first-year programs at Humber North's campus, where she prepares first year students for post-secondary education. Lane also coordinates seminars and workshops to help first-gen and first year experience students connect with the Humber community.

"You can walk around and be surrounded by people and not know anyone and that feeling is not a good one," she said. "Our goal is to help first year students when they're here."

A 2011 Statistics Canada study "Intergenerational Education Mobility: University Completion in Relation to Parents' Education Level" indicates families that didn't have any family members who attended college or university was a significantly higher obstacle to higher education than family income.

Nivedita's parents, Robert and Savitri Lane, could not financially help their daughter at the time of her enrollment. Nonetheless, they always provided emotional support, proven at times to be more important to post-secondary students, especially when their course load overwhelms them.

"The responsibility of paying for school was on her so we weren't going to force her," Savitri said. "I was happy and proud for her to get her degrees so she could have a better life and a better job than me."

Knowing her parents were proud

of her decision to attend post-secondary meant the world to Lane. She managed to fund most of her post-secondary education through scholarships and bursaries.

"Between working two jobs and getting good grades I was able to graduate school after five years and two degrees with no debt and I was really happy with that," Lane said.

Humber North nursing and first-generation student Pallavi Shrestha said her parents were also happy when she decided to attend a post-secondary institution.

"I'm the first generation in my family to go to school," Shrestha said. "My parents call me once a week to ask how I'm doing and to see how school is going. They're really happy and proud of me."

Mentoring students and helping them become aware of valuable life skills is something Lane has always been passionate about. Lane's post-secondary experience as a first-gen student allowed her to draw on her past to help first-gen students get through their first year.

"I think if students participate in first year experience there's no way they can get through their first year without knowing that things are here to help them," Lane said. "Looking back at myself, having been a first-gen student, that would have been super helpful for me."

Japan exchange program promotes valuable ties

Chihiro Miya

LIFE REPORTER

Humber grad Judy Cerovski loved her time working as a language instructor in Japan.

But she brought back home as much as she left behind. She learned to play traditional Japanese instruments, such as the three-stringed shamisen.

"It was the biggest accomplishment for me because I have never met a Canadian who can play shamisen," said Cerovski, a former post-graduate student in International Development Project Management at Humber College who worked as an assistant language teacher between 2009 and 2012.

It's grassroots connections like those that build strong international links between Canada and Japan, some through Humber grads involved in the Japan Exchange and Teaching Programme.

Alumni and former Humber employees participated in JET to learn about the island nation's culture and language as well as to strengthen relations between the two countries on a local level.

Nicholas Jones, co-chair with JET Alumni Association (JETAA), had worked for Humber's Writing Centre in 2003. Jones said he wouldn't



CHIHRO MIYA

Iyona Jia Yin Yu was in Japan with Japan Exchange and Teaching Programme between 2012 and 2016.

have been able to join JET without his experience as an instructor for international students at the centre.

He was always curious about teaching language as ESL and that's why Jones joined this program, to experience teaching English in Ja-

pan.

"The Japanese councilors were impressed with my experience at Humber College when I interviewed to apply for the JET Programme," Jones said. "I love experience that related on JET Program."

The program promotes international ties at a local level and offers it to college and university students around the world. While most are involved in teaching languages, it also has participants involved in coordinating international relations at

the local level and sports exchange advisors.

Iyona Jia Yin Yu was in Japan with JET between 2012 to 2016. Yu likes Japanese culture and language, and studied Japanese while in university. She learned how different the Canadian and Japanese school systems are, and how students work in school in different countries.

The Toronto woman also enjoyed delving into Japan's lifestyle. In her case, she went to Ehime Prefecture, just south of the city of Hiroshima.

"It would be the best experience in my life because it was like a dream come true. I had many interesting experiences in Japan," Yu said.

JET's official website reported the Program has grown significantly over its 30-year history and has more than 62,000 people from 65 countries participating.

JETAA is supporting participants who came back to Canada. The Japanese counsel general was to attend the fourth annual JETAA Career Roundtable in Toronto yesterday. Professionals from various fields were to speak to those who returned, offering their perspectives on where to take their careers after working in Japan.

QUOTED What do you think of Trump winning the U.S. election?

I don't quite agree with some of his view points, but the American people voted for him, so I guess they have to give him a chance.



Justice Ampofo
MULTIMEDIA DESIGN AND DEVELOPMENT,
2ND YEAR

It's going to be bad. I hope it doesn't have a big impact on Canada.



Ashley Brown
GH FAMILY AND COMMUNITY SERVICES,
2ND YEAR

He's mostly more of a character. He's not as bad as he seems, but he's still pretty bad... It's not going to be as bad as people think it's going to be.



James Lumely
ELECTROMECHANICAL ENGINEERING,
3RD YEAR

TO THE NINES



Scarf, Shirt & Pants: F21
Jacket: H&M
Boots: Plato's Closet
"Usually casual, but on Fridays I fleek. If I go to the mall and I see something that I like I just kind of throw it together. Sometimes I like to be a little eccentric with my style, so i do like to shop at Value Village and find a bit of the weirder stuff to be more appealing rather than something that everybody else is wearing."

Christina Ghafari, 22
Guelph-Humber Justice
Studies
4th Year

HOROSCOPES



JAN. 20 - FEB. 19
Ignore the 'experience required' part of your next job application. Trump is the next U.S. president and he has no experience.



FEB. 20 - MAR. 20
It's been a long week for everyone, use this weekend to take some time to disconnect from social media and relax.



MAR. 21 - APR. 20
The wind doesn't take the opinions of other into account and neither should you. Do what your heart tells you is right.



APR. 21 - MAY 20
You may be feeling a little bit sad about the world right now. Use that as an excuse to make someone else's day brighter.



MAY 21 - JUN. 20
If you accept every 'no' that you hear you'll never get up off the ground. Sometimes you have to say no right back.



JUN. 21 - JUL. 22
You just have to go back and listen to the music you liked in high school but would never admit to. It's cathartic.



JUL. 23 - AUG. 22
In the words of the wonderful Ms. Frizzle "Take chances, make mistakes and get messy!"



AUG. 23 - SEPT. 22
Don't let the negatives weight you down. The silver lining may be hard to find, but it'll show up eventually.



SEPT. 23 - OCT. 22
There will always be someone who you feel is more qualified or more deserving. Don't undervalue yourself, you got this.



OCT. 23 - NOV. 21
The number of things in the universe that had to fall into place for you to be right where you are is nothing short of amazing.



NOV. 22 - DEC. 20
The stars don't mean much, Donald Trump is the president-elect and no one predicted that.



DEC. 21 - JAN. 19
Showing up early will be the best choice you make all week. Even if all it means is that you have time for an extra coffee.

This Remembrance Day, let's think of democracy

November 11 symbolizes freedom, democracy and sacrifice. But the aftermath of the presidential election in the United States has represented these things in a conflicted light.

Both major candidates had their flaws, so this is not to address them on their personalities. Donald Trump won the election, and no matter how voters feel about it, won within the bounds of democracy. The applicable cliché is that wars were fought and won to preserve the democratic system that was used, and is a privilege many other na-

tions do not have.

Yet the day after the American vote, anti-Trump protesters, yelling expletives and in some cases damaging property, spilled into the streets after the announcement of the winner because they were upset with the outcome. They had little basis to protest because properly conducted voting is one of the fairest ways of deciding leadership. The person who is elected (by whatever system is in place and not necessarily who got the most votes) isn't always who you vote for.

Demonstrating to remove that

person from power, or not recognizing them as a legitimately elected authority goes against a system that cost the world countless lives for nations like the U.S. and Canada to defend.

Still, the fighting in two world wars in the last century didn't only secure democracy, but also freedom of speech and the right to protest. A population upset with its government is not new or uncommon. In a democracy, anybody can disagree with a leader and disagree out loud. As long as things remain peaceful, protestors should be able

to express their opinion short of a coercive demand for the reversal of a democratically determined result. Attempting to stop a protest would probably require law-breaking techniques at a minimum, and would obstruct basic freedoms.

On Nov. 11, this year and every year, let's all show some respect for the freedoms that we so easily take for granted every day in our great countries. While we're at it, let's show some respect for opinions that differ from our's.

Awful Trump victory must be faced



Hunter Crowther
CONTRIBUTOR

all but one state in the last two presidential elections, had given Clinton a 81.5 per cent chance of winning on Election Day.

But after FBI Director James Comey told lawmakers less than two weeks before the vote that a new crop of emails 'possibly' related to their investigation of Clinton were found, her numbers plummeted.

Then, on Election Day, FiveThirtyEight gave the Democratic nominee its 71 per cent chance.

Even with Comey coming out Sunday, saying the FBI found nothing in the new emails, the damage was done. Clinton's 'untrustworthy' reputation was withheld.

Clinton is, like almost every human in the history of our existence, flawed. Trump is the epitome of what's wrong with America.

In nearly every type of election, be it Canada or the U.S., overseas, at the federal, provincial, state or municipal level, there is one constant: regardless of your partisanship, the candidate you didn't support wasn't a horrible human being.

When Justin Trudeau became prime minister in Oct. 2015, the 'Stop Harper' movement was strong, but at no point was the Conservative leader's fundamental integrity questioned. During his nine years as PM, despite deep division between the three major Canadian parties, at no moment did women fear to be in Harper's presence. Mass deportation didn't cross our minds.

This is different. No one has held as much disregard for minorities, made such casually misogynistic and racist comments, or displayed such obvious insecurities as Trump.

Let's go over some of the more appalling things he's done or said, or have happened – in no particular order – since he announced his candidacy on June 16, 2015.

He said Mexican immigrants "bring crime, drugs," and that they're "rapists."

He said he will build a "great wall" on the U.S.-Mexico border and make Mexico pay for it.

He continued to question the legitimacy of Obama's birth certificate, going so far as to call his American birth a "fraud."

He's said, "If Ivanka weren't my

daughter, perhaps I'd be dating her," wrong in every way imaginable.

He said Arizona Sen. John McCain, who served during the Vietnam War and was a prisoner of war for over five years, was not a war hero. "He's not a war hero. He was a war hero because he was captured. I like people who weren't captured."

He has repeatedly, repeatedly, repeatedly refused to release his tax returns, which no Republican candidate has done since President Gerald Ford. A New York Times investigation showed Trump declared a US\$916 million loss in 1995, of which it commented, "the figure is so substantial that it could have allowed him to legally avoid paying federal income tax for 18 years." He is currently under an IRS audit.

Last December, following the San Bernardino terrorist attacks that saw a married Muslim couple kill 14 people, he said, "Donald J. Trump is calling for a total and complete shutdown of Muslims entering the United States until our country's representatives can figure out what the hell is going on."

At the Democratic National Convention in August, the father of Captain Humayun Khan, a U.S. soldier who was killed in Iraq in 2004, spoke about his son and criticized Trump for his proposal of banning Muslims from entering the U.S. The following week, in an interview with ABC's George Stephanopoulos, Trump said Khan's wife, "Stood there and had nothing to say, she probably wasn't allowed to have anything to say."

He's called for "enhanced interrogation," going so far as to promise more waterboarding. He also said, in order to defeat ISIS, "You have to take out their families. They care about their lives, don't kid yourself. When they say they don't care about their lives, you have to take out their families." (This would break the rules of the Geneva Convention, which bans any targeting of people who have no active part in hostilities.)

Last March, he said women who seek an abortion should be subject to punishment. He later recanted, saying only the doctor should receive discipline.

After the first Republican debate in Aug. 2015, when Fox News' Megyn Kelly asked how Trump would respond to Clinton saying he was waging a "war on women," Trump told CNN's Don Lemon Kelly, "Had blood coming out of her eyes, blood coming out of her... wherever." He obviously was referring to menstruation.

He has received endorsements from virtually every major white nationalist group in the United States, including an official endorsement from the Ku Klux Klan.

He's called President Obama and Clinton the "co-founders of ISIS."

He's complimented Russian President Vladimir Putin and has shown admiration for Saddam Hussein.

At a campaign stop in North Carolina last August, Trump said Clinton wants to abolish the Second Amendment and that nothing could be done about it, "although the Second Amendment people, maybe there is. I don't know." Democrats and Republicans perceived it as Trump encouraging violence against Clinton if she was elected.

He accused Texas Sen. Ted Cruz's father of involvement in President John F. Kennedy's assassination.

Audio from a 2005 interview with Trump and Billy Bush show Trump making lewd comments about sexually assaulting women. "You know I'm automatically attracted to beautiful – I just start kissing them. It's like a magnet. Just kiss. I don't even wait. And when you're a star, they let you do it, you can do anything... grab them by the pussy."

Following the audio leak, multiple women came forward with allegations of sexual misconduct, including unwanted kissing and groping. In response to one accusation, Trump said, "Believe me, she would not be my first choice, that I can tell you."

Since announcing his candidacy, he repeatedly called both the election and media rigged against him.

This is a man who is on the verge of holding the most powerful position in the world.

This isn't funny anymore. When he announced his candidacy on that June afternoon, the late-night comics and political pundits snickered.

HUMBER
Et Cetera

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

Et Cetera Editorial Team

Hailey DeWitt Williams

Jessenia Feijo

Tyler Hehn

Jimmy Kakish

Hayley Michaud

Faculty Adviser
Salem Alaton

Creative Adviser
Marlee Greig

© 2016 All rights reserved Humber Et Cetera is a publication of the School of Media Studies & Information Technology at Humber Institute of Technology & Advanced Learning
205 Humber College Blvd.,
Etobicoke, ON, M9W 5L7

Email:
etc.humber@gmail.com

Twitter:
@humberetc

Then he won New Hampshire in the Republican primaries. Then he won several primaries. Then he became the presidential nominee for the Republican party.

Inexplicably, this awful man tapped into a nation's subconscious, exploiting the darkly embedded misogynistic and racial undertones that have haunted the United States of America since its inception.

He is a man with dozens of allegations of sexual assault, fraud, systemic racism within his organizations, and a level of elitism that, despite his claims otherwise, are unprecedented in the U.S. political sphere. Donald Trump is not a leader in any sense of the world. Now he is the leader of the free world.

And while the world was quick to judge Trump for saying he wouldn't accept the election results if he lost, they have no choice but to accept the outcome and move forward. Because that's democracy.