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H U M B E R

Vol. 1 No. 6

Humber College's Student Newspaper

Oct. 14 1993



Kris Mueller

ROLL OUT THE BARREL

Torontonians raised a glass, helping support the United Way at last weekend's Oktoberfest.
please see page 13

OPSEU challenges social contract

by Kimberly Mitchell

Ontario Public Service Employees Union (OPSEU) has challenged the way the social contract will be implemented at Humber.

In a OPSEU meeting held September 30, members unanimously agreed Humber should reconsider the six unpaid leave days to be imposed on most faculty under the Council of Regents implementation program of Bill 48 (the Social Contract).

"If we're taking off six days' work, then our workload will have to be reduced by six days," said Maureen Wall, president of the faculty union.

OPSEU members said if unpaid leave days are required, then the reduction in workload for those days must be shown in terms of equivalent amount of assigned duties. "The more our work is hidden from view,

the more they can say we need fewer teachers," said Wall.

Wall suggests that if faculty are required to take leaves of absence without pay then clear guidance should be spelled out regarding work required in faculties' standard workload form (SWF).

The six days to be taken off were designated by Humber, "which is in direct violation of the way it's stipulated in the contract," said Wall. Humber allotted December 21 - 24 as the days taken for unpaid leave this semester.

A letter OPSEU members sent to Humber President Robert Gordon stated unpaid days are premature, as it is not yet evident six days' leave are necessary. OPSEU has appealed the right of the Council of Regents to impose six unpaid days before other efforts have been made to cut costs.

The letter also stated that the union sees the colleges designation of the six days as a violation of Bill 48's fail-safe program. The Bill states that "as far as possible, unpaid days will be scheduled by mutual consent".

OPSEU is also objecting to the Council of Regents' call for no progression through the ranks for faculty during the three-year pay freeze.

"The Bill doesn't say there won't be any progression through the ranks, it says there won't be any increase on a progression," said Wall.

On August 2, Ontario Finance Minister Floyd Laughren declared a sector agreement had been reached with the college, although only the administrative group agreed. Because an "agreement" had been reached, the government's official target for colleges was reduced from \$150

million to \$120 million, which is to be saved over three years, from June 1993 to March 1996.

Other efforts to reduce expenditures include freezing salaries for three years, freezing benefit improvements, early retirements and restructuring colleges. If the predicted saving of \$42 million isn't reached in the '93/'94 fiscal year, under Bill 48 faculty and support staff can be required to take off up to 12 unpaid days for each of the remaining two years.

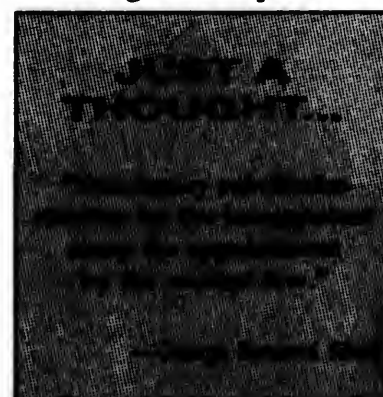
Wall said, "Predictions from the figures we've seen indicate that (unpaid leave days) won't be necessary for the second and third years."

Humber's share of the \$42 million is \$2.8 million, of which the six days unpaid leave for all Humber staff covers almost \$1.2 million.

OPSEU has also requested access to the college's books in order to assess the amount of

savings from the salary and benefit freezes. The implementation of the central monitoring committee will provide this access.

Wall stated any money saved should be applied to the expenditure reduction unit. "Unless every penny gets applied, we may be facing more days off next year," said Wall. "We need to save money without taking teachers out of the classrooms and taking teachers' jobs."



Tribute to Bailey celebrated by all

by Alan McDonald

In the early hours of the afternoon, Humber College's African Caribbean Club (ACC) paid tribute to the SAC President in the Student Centre.

The tribute, which boasted poetry, music, and free food, was to congratulate Lesia Bailey for her success as a black woman.

The ACC used none of their \$300 club budget.

ACC vice-president Carlene Smith was very pleased with the event.

"We're very proud of the event, proud to know that a black female was strong enough to run for president and that we students, not just black students, are very proud of her," said Smith.

Humber President Robert Gordon began the ceremony with a brief speech.

"I'm very proud to have Lesia Bailey as our president," he said. "It's the first time in our history we not only have a woman, but a black woman as our president."

Gordon's remarks set the tone for the afternoon's event. ACC member Patricia Banton, who helped set up the event, said Bailey deserved the tribute.

"I've been trying to organize this since August," she said. "Lesia deserves the recognition as a single parent, a black woman, and a good president."

Bailey was pleased by the tribute.

"To a certain extent I am surprised, but I've really yet to feel the magnitude of this," Bailey said. "To know that others recognize how much effort you're putting forth and how much you're contributing means a lot to me."

Bailey's nine-year-old daughter, Teanna, was in attendance.

"I'm proud of her because



Bailey and her daughter in the student centre

I'm part of her and she has lots of friends supporting her who are my friends too. I hated (the publicity) during the SAC elections, but now I like it very much," she said.

"I'm very excited for her. I would like to follow in her foot-steps, but I'd like a higher position," said Teanna with a

grin. The event contained a Caribbean flavor. All the performers were black, most of the poetry subject matter was Caribbean inspired. Jamaican patties and drinks were served. Although the audience was predominantly black, the ACC emphasized that everyone was welcome to come and enjoy it.

"This is not a black event," said Banton. "This is for everyone to come out for Lesia. We want everyone to feel welcome."

Bailey agreed with Banton's sentiments.

"I cannot be but black," she said. "Number one I'm black, number two I'm a woman, and number three I'm SAC president. But Humber College is for everyone and we all have to work together."

The celebrations concluded with Bailey receiving a plaque as a gift from the ACC.

"I'm not going to cry because crying is a sign of weakness and I'm not a weak person," she said. "But I do thank you all."

Apart from the DJ leaving early and the step dancers not showing up, the ACC appeared happy with the results.

"All the entertainers did it to show their support for Lesia," said Banton. "It was nice."

(With files from Cindy Vautour and Nicole Middelkamp.)

D'Avolio fakes SAC vp seat

by Mark Tufford

Nino D'Avolio, SAC's new vice-president, said he is entering his new job with a fresh perspective and a determination to get things done.

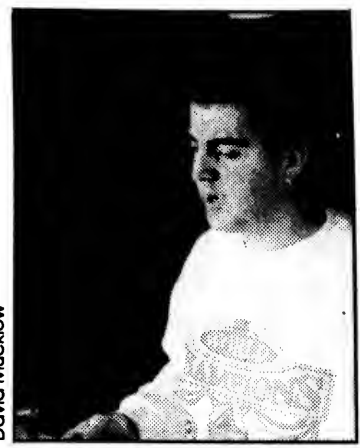
D'Avolio, a second-year business management student, didn't enter the race until two weeks before the election. Two weeks later he emerged the victor in the election which had a voter turnout of approximately 600 students.

Chief Returning Officer Matt Trottier said he felt elections were run fairly and the candidates "gave it a fair shake". He offered his congratulations to D'Avolio.

Some of D'Avolio's goals for his term in SAC include informing the student body of their rights and school by-laws, and attracting more feedback from the students.

"(SAC needs) to increase our understanding of what students want," said D'Avolio.

D'Avolio cites his ability to



D'Avolio won by 15 votes

work with people and his involvement with school activities as key factors in his victory. His main concern is making SAC respectable again. According to D'Avolio student involvement and input will be the important factor in his goal. D'Avolio also wants to end apathy within SAC.

"I'm going in there (SAC) to make things respectable," stated D'Avolio, "I can't do that with dead wood."

Election results

Name	# of votes	Name	# of votes
Nino D'Avolio	204	Ryan Langlois	76
Denis Roy	189	John Scott	75
Chris Gory	83	Cris Amiana	45
		Total:	672

Fresh Thinking ...

Day and Night

MR. SUB

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New Evening Hours

Monday - Thursday 10:00am - 8:00pm
Friday 10:00am - 3:00pm

Rabies in southern Ontario on the rise

by Lesley Allen

The Toronto Academy of Veterinary Medicine is holding a subsidized rabies clinic later this month. According to the Ministry of Natural Resources, there were 32,000 reported cases of human contact with animals who carried rabies. Southern Ontario had more reported cases of rabies than any other province last year.

Dr. Heather Hannah is the public relations director for the academy.

"Rabies is a disease which is shared by man and animals. Dogs and cats spread rabies from wild animals who have the disease," said Dr. Hannah.

By subsidizing the cost of the rabies vaccine, the academy then can reach people who might not otherwise have their pet vaccinated. For people who cannot afford to spend \$30 or more, the \$10 clinic is economically more feasible.

In the past, the clinic was held during the spring in association with Pet Health Awareness Week, but has changed.

Hannah said some vets believed the rabies clinic lessened the importance of Health Week and the two were separated.

Hannah said the rabies clinic "is not a good way of promoting pet health. Pets only get a rabies vaccine and not an exam."

Dr. Ross Pezzack, a veterinarian participating in the clinic said he has mixed feelings over the clinic.

"There are a lot of problems with the rabies clinic. I'm torn over the point of the clinic. It

is good if we get to the person we want to get to — the person who has the ten barn cats who never leave the property."

Pezzack said the clinic gives people a false sense of security.

They feel they have done something good for their pet, when in fact they may not have.

"Sick animals do not respond well to the vaccine," said Pezzack. "People go to the (rabies) clinic for years, then come in to the vet and we find

problems which could have been discovered long ago."

Pezzack feels people are far better to spend the money at the vet to get their pet vaccinated and examined for potential problems.

"My concern is that the clinic is becoming a 'Bargain Harolds.' The vaccine is \$10, but at the vets it is \$29, so owners can save almost \$20," Pezzack said.

The original idea behind the clinic was to prevent barn cats from transferring rabies to the

farmer, to his kids, and his neighbor's kids, said Pezzack.

Vet clinics which are associated with the academy, along with clinics which are not, participate in the three-hour rabies clinic.

Pets are given the vaccine along with a rabies tag and certificate of vaccination for \$10. Pet owners are advised their pet received only the rabies vaccine. To maintain proper health, they should take their pet to the vet for further vaccines.

Hannah said vets who participate in the clinic usually do not make a profit.

Notification of the clinics has been broadcast to the public through Mayors' Offices, Departments of Health, Animal Control Centres, and libraries. Listings of all participating clinics was posted in the Wed, Oct. 13 version of the Toronto Sun.

For more information, owners are asked to contact their municipality, veterinarian or animal control shelter.

Racism on jobs being covered-up

by Llesl Grattan-King

Young black Canadians need to be more involved in politics to change a system which excludes them from the decision-making process of business, said Reverend Jessie Jackson.

In Toronto last week at the second annual Black Business Week and Expo, Jackson said racism in Canada is "covering-up" and exists as a "policy of exclusion" whereby blacks are shut out from influencing the employment and financial practices of business and government.

"Black businessmen have not been told 'no' - they've just never been included," Jackson said at a press conference on Oct. 2. "But racism exists in the workplace - at what levels you work and what levels you can't work. It exists in the lending practices of banks" Jackson urged young

blacks to fight for policies which would make employment at all levels more accessible to them.

"Blacks have a right to hold jobs in the managerial level beyond the athletic field," said Jackson.

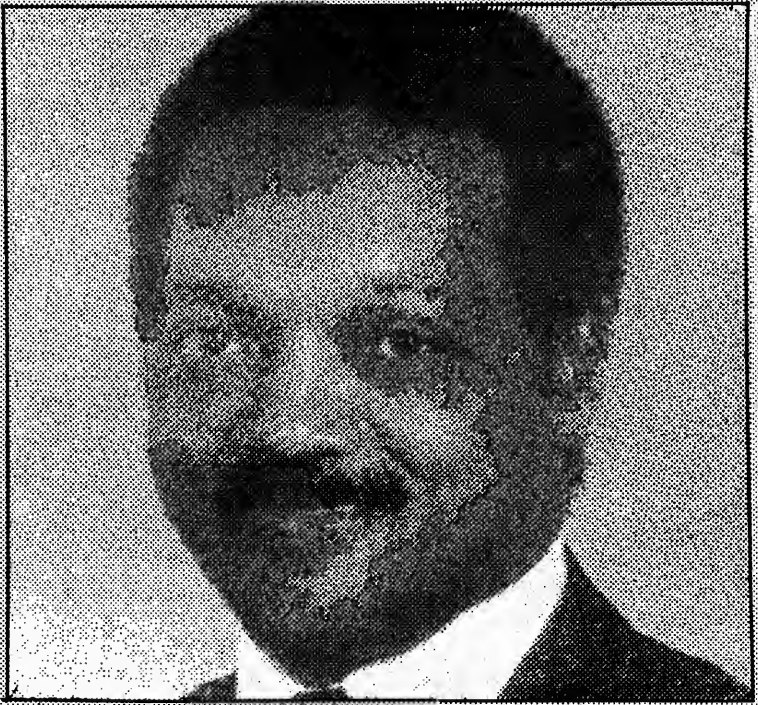
"The burden of change lies with the young people," said the United States civil rights activist. "You must fight to be included."

Jackson said young blacks need to "network" within their ethnic community, and organize petitions.

"Canada is a country of laws. Change will come through petitioning and by going to the legislature," he said.

As president of the National Rainbow coalition he said his organization is against the North American Free Trade Agreement (NAFTA).

Jackson said it does not reflect the interest of workers and laborers.



Blacks should hold managerial jobs said Rev. Jackson



Rev. Jim Glidewell



Rev. Lawrence Jansen

CHAPLAINCY SERVICE

An Interfaith Chaplaincy Service has been established at Humber College for the spiritual needs of staff and students. The Chaplains are available to all who need them whether you belong to a particular faith or not. All appointments and discussions with the Chaplains are confidential.

An appointment with a Chaplain can be made in Counselling Services (D128 at North Campus) or by calling 675-5090.

PRAYER ROOM

An Interfaith Prayer Room, A101 North Campus, is available for use by Humber staff and students.

The Prayer Room is open Monday to Friday from 9:00 a.m. - 4:00 p.m. for both individual prayer and small group religious events.

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The search for learning disabilities

by David Mucklow

Humber College has become one of the first community colleges in Ontario able to offer its students testing for learn-

ing disabilities.

Any student referred to the college's Special Needs Office who has never been formally tested may now receive a professional assessment.

The testing will be conducted in conjunction with an independent psychologist outside the school.

Learning Disability Consultant Mary Jo Morris

said, "There are a number of very bright people in this college who have learning disabilities. This testing will find out if students, in fact, have a gap (between) their strengths and weaknesses in their cognitive make-up."

In addition to determining who is actually learning disabled, the testing will enable the college to accurately match students with specific resources and teaching techniques.

"This has become a hot issue because one of the big boom areas in colleges now is mature students," said Morris. "(Many) coming back have been out of school for years. Often when they were in school the first go-around, learning disabilities were just not being diagnosed."

The testing will be conducted in two stages. First, the student will participate in a form of intelligent quotient testing which will be collated with other relevant information, such as transcripts and personal interviews. The student will then participate in perceptual testing at the college under the auspices of the Special Needs Office.

The results are sent with the student to a Toronto-based

psychologist working for Humber College.

All this information will be interpreted and compiled by the psychologist and the Special Needs Office into a report available to the student. Included will be an evaluation of the student's strengths and weaknesses, and advice on what accommodations or help the student is legally entitled to use.

The cost of the testing is covered by the Special Needs Office budget. An added boon for Humber is the low cost incurred for the testing, which normally costs \$800 to \$2,000.

Although Morris was unable to quote an exact cost per student, she estimates Humber will spend around \$500 for the assessments. Morris said she hopes students will not have to wait more than one school term for their results.

For more information about testing, visit Morris at the Writing Centre in E344, or Barbara Ford at the Special Needs Office in D128.

Students at the Lakeshore Campus should go to the Writing Lab Wednesdays or to the counselling office on any day of the week.

THIS WEEK IN....



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LISA MARTINELLI
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SAC
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5 CANDIDATES

1. ROY MACLAREN (LIBERAL)
2. JANE MACLAREN (PC)
3. JOSEPH PESCHILIDO (REFORM)
4. CARMELLA SASSO (NDP)

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STUDENTS \$3.00 GUESTS \$4.00
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SAC provides cheap movie night every day of the week

by Marshal Lyons

Dollar Cinemas membership cards are now available at Humber College.

The yearly memberships will cost students \$7. Watching the movies will cost members one dollar on Tuesdays and for matinees and \$1.50 any other time. Non-members pay a regular price of \$5.

The Students' Association Council (SAC) agreed to sell the memberships for the discount cinema at a student council meeting September 26. The agreement states that SAC will get \$1.50 for the first 200 memberships sold, \$2 for the next 200 cards sold and \$2.50 for the next 200. SAC will receive \$3 for memberships that exceed the 600 mark.

Cindy Owtrim, business manager for SAC said that students hired by SAC will be paid depending on the number of membership cards sold.

"Students that we hire will get 75 cents commission as an incentive for them to sell the cards," said Owtrim. The 75 cents per card paid to the students will come from the money paid to SAC by the Dollar Cinemas. The remaining money will go towards a \$5,000 miscellaneous fund set

up in the SAC budget.

Owtrim said that every year SAC sets up a miscellaneous fund and this year's goal is \$5,000.

Melissa White, VP of finance thinks the Dollar Cinemas is a good idea for students.

"I never get to the movies," said White. "Who can afford to pay \$8 to watch a movie?"

This is a deal where everyone involved benefits. Dollar Cinemas brings in new members, SAC helps out students needing part-time jobs, not to mention the extra income brought in by sales.

For students living on a budget but who would like to enjoy going to the movies, Dollar Cinemas provides a inexpensive alternative.

Movies shown at the Dollar Cinemas are second releases which means that they are shown two to 15 weeks after they are first released. Examples of movies shown at the Dollar Cinemas include *Rising Sun*, *The Son In Law*, and *Poetic Justice*.

Dollar Cinemas has two locations: the Skyline Hotel in Etobicoke and the Central Parkway Mall in Mississauga. Movies are shown twice a night and run, depending on the popularity of the movie, usually two weeks.

W

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A publication of the Humber School of Journalism. Publisher: Nancy Burt Editorial Offices: L231, 205 Humber College Blvd. Etobicoke, Ontario M9W 5L9 Phone: (416) 675-3111 EXT. 4513/4514 Fax: (416) 675-9730. Member of the Audit Bureau of Circulation. Advertising deadline: Friday at 4 p.m.

A tapestry of toads

Canada is running towards a deadline with destiny. Within two weeks, Canadians will have to do the big X thing. Canadians must select a leader from one of the 14 parties who tell us they just want to represent our interests coast to coast.

The parties are from all over the political spectrum, although the right wing is heavily represented.

The parties of choice are: Abolitionist Party, who want to get rid of everything, the Quebec-centric Bloc Quebecois, the national Canada Party, the devout Christian Heritage Party, the environmentally friendly Green Party, the front running Liberal Party, the low-key Libertarian Party, the elusive Marxist-Leninist Party, the keep-Canada-Canadian National Party, the mystic Natural Law Party, the crippled New Democratic Party, the queenly Commonwealth Party, the sinking Progressive Conservative Party and the Reform Party which has the answer to everything but doesn't give specifics.

On the whole most of these parties can be dismissed as legitimate alternatives. For example, levitating on the fringe is the Natural Law Party. Doug Henning, Canada's favourite emaciated magician, has appeared in the Rosedale riding. Through magic and yoga, they have all the answers, making them one up on most of the other parties. With a wave of the hand Canada's problems will disappear.

But don't they all say this? A major force, upon which no one reckoned, is Preston Manning and the Reformers (sounds like lounge singers). They are a tribute to blind ignorance based on archaic beliefs and immigrant bashing.

The rising popularity of this fringe party is due to the decreasing popularity of the Conservatives. Kim Campbell and her Conservatives have gone from the top of the pops to midway down the drain. What's happened to Kim? Has Brian's shadow engulfed her? Has her own lack of policies or conflicting policies dismantled her?

Fringe groups enable us to forget about all this. Fringe groups say they give us more choice and allow more opportunity to vote our conscience. But do they really?

In the United States, Bill Clinton was able to win because the right-wing vote got split between George Bush and Ross Perot. The trend in political polling shows similar results happening here. The Liberals have become the front runners and the right-wing vote is split between Conservatives and Reformers.

Voting for the Liberals is a vote against all the other parties. Much like the last Ontario provincial election, this is a reaction against all that is wrong with the incumbent party and the country.

The election is all about who the voters don't want to be running the country rather than who they do.

Politics is all about making the wrong decision. The NDP federally is finished because of the ill-wind that blew in from Ontario. Bob Rae gained power as a reaction against the other two parties. The NDP had never been given an opportunity to screw up prior to this. Now that they have been perceived to have done so, few will allow them to gain power federally.

The Reform Party is much like the provincial NDP prior to the last election. The Reform Party is the new kid on the block. They're saying they can do wild and wonderful things. As yet they have not had to prove it. The premise seems to be better the devil you don't know rather than the devil you do.

Speaking of the devil you do know, are desperate people grasping for the Liberal lifeline?

So what do the Liberals have to offer? Is Jean Chretien a washed up politician or is he the last crusader of the Canadian way of life.

Chretien probably won't change much. It is unlikely that his policies will differ significantly from the Conservatives. For example, it is unlikely that patronage appointments will end or the debt will disappear with the demise of Kim Campbell.

So what do we do? It's important that people vote. It is one of the principles of democracy. However, so is freedom of expression.

When entering the polling booth, note the absence of a space for none of the above.

After all, none of the above probably couldn't do any worse than any of the above. A country has never been run without a leader. However unpalatable the choices are, we must choose a toad for the pond. When you vote, just remember that toad will be sitting on the federal toadstool for the next five years — warts and all.

INTRODUCING KIM'S LAST
DITCH STRATEGY TO WOO
THE YOUTH VOTE.



FEEDBACK:

by Gilles Suetens

Kim Campbell. Because she's goodlooking.

—Mike Directo, Computer Programming, II

Audrey McLaughlin. Because I think she really cares about the concerns of Canadian people.

—Erlinda Pantaleon, Travel and Tourism, II

Liberal. I don't like anyone else.

—Tracie Framingham, Pre-Univ Arts and Science, I

I don't plan on voting because there is no one to vote for.

—Terri Winchester, Marketing, II

Natural Party. Because I like magic...elephants disappearing and deficits.

—Mark Richter, International Business, II

Preston Manning. The Reform Party. He'll get rid of the bilingual signs and I don't see any problems with a user fee on OHIP.

—Drew Black, Electronic Engineering, II

I don't know. I don't follow it.

—Christine Thomas, Travel and Tourism, II

I don't tell anybody who I'm going to vote for...personal decision.

—Robin Norton, Public Relations, II

Chretien. Because he doesn't have a deficit plan but his plan for creating jobs is better than curing the deficit.

—Martin Campbell, Pre-Univ Arts and Science, II

I haven't decided. I'm confused after the debates.

—Melissa White, Small Business Management, II

Reform. Because my parents are.

—Marilyn Volk, Fashion Arts, I

Undecided. I don't like anybody.

—Sven Richtmann, International Business, II

I don't like KC [Kim Campbell] because she doesn't support the native programs very much. JC [Jean Chretien] is even worse. Anything but those.

—Michelle McCaig, Radio Broadcasting, III

Even though voting is a private thing... Will you tell us who are you going to vote for?

FORUM

The debt isn't going very far

by Carolyn T. Gallant

Weary, disillusioned Canadian taxpayers are seeking a realistic solution for solving the deficit dilemma. Canadian citizens are baffled by all the pre-election rhetoric. Most people do not know about deficits but, one thing is certain, Canadians today do know about indebtedness.

Each party leader in federal election, has paid eloquent lip service to decreasing the deficit, trimming the budget, creating jobs and increasing student funding. However, Kim Campbell refuses to tell Canadians how much the deficit really is or does she know? Campbell, who proposed at the beginning of the campaign that her government would eliminate the deficit within five years without sacrificing social programs or raising taxes, told Hamilton reporters this week, "It's the last place I'd want to look for cuts."

Canada's accumulated federal debt stands at \$460 billion. The estimated Canadian federal deficit projected by economist is \$32 to \$35.5 billion annually. When this is added to the federal debt each year with interest, the approximate national debt could reach \$700 billion by 1999.

As every thrifty shopper knows if you allow a certain amount for your budget and you spend more than the budget allows, you have a deficit. For instance if you keep buying things on your charge card and don't pay the whole bill, you will always be in debt. The prudent Canadian makes payments and stays within their budget, thus, eliminating the debt.

Yet, the federal candidates will tell Canadians that they can eliminate the deficit without making vital cuts. Hogwash! Where will the money come from? A reality check reveals that in order to eliminate a deficit of this magnitude, substantial cuts will have to be made somewhere. This usually means social programs, education, health care, senior citizen pensions and other vital programs funded by the federal government.

There appears to be a certain mindset among Canadians that says if we vote a different political party into power they will be able to erase the deficit and wipe the slate clean. Sheer folly. The budget put in place by the current government remains in place for a new government. A new government inherits the national debt and the federal deficit. While federal candidates are addressing the elimination of the deficit like a genie waving a magic wand, clearly, the only thing which is going to disappear is more of the Canadian taxpayers' dollar.

As the date of the election draws near, the Canadian public faces the difficult decision of voting for a new government who really means to be accountable to the Canadian people; one which will make a difference or can. The choices are meagre. An old adage comes to mind "Blessed is he that expects nothing for he shall never be disappointed!"

Cito... You can't lose with this line-up

by Doug Lucas

It seems that everyone's favorite activity these days is jumping off and on the Toronto Blue Jays' bandwagon. Included in this bandwagon jumping is Cito-bashing.

One day Cito is a hero and the next he's scum.

This is not right: you either should back the manager or detest the manager. Everyone was complaining about the four man rotation in the playoffs, but if Todd Stottlemyre had won, everyone would have been praising the coach.

Since Cito has been in Toronto he has produced. He has proven he is a winner. After all, the Jays have won three division titles, an AL pennant and a world championship. This has to prove that Cito is a winner doesn't it? Or does it?

Let's look at the team Cito has had to work with in the last three years. When Cito first took over the Jays, he had a fellow called Fred McGriff playing first. Isn't he the fellow batting .429 against Phillies pitchers in the NLCS. Now he has American League Batting Champion John Olerud playing first. Two very good first basemen.

Let's look at second, where arguably the best player in the majors plays: Robbie Alomar. Here's a two-time gold-glove winner, a career .300 hitter and a perennial all-star. At shortstop, they've had Manny Lee, Alfredo Griffin, Dick Schofield and Tony Fernandez. Fernandez is a gold glove with a good bat. At third they have

the young, but talented Ed Sprague, who for all it is worth, made Jays fans forget Kelly what'shisname.

In the outfield, Cito has had to manage the likes of Joe Carter (eight of nine seasons with over 100 rbis), Devon White (two time gold glove and creator of "the catch"), Dave Winfield (who became the oldest player in major league history to drive in 100 rbis with the Jays) and Rickey Henderson ("the greatest lead-off hitter of all time" and the all-time leader in stolen bases).

Not even included in this list is DH Paul Molitor, who finished second in average, first in hits in the majors and drove in over 100 rbis this season.

Cito has been blessed with quite the pitching staff: Jack Morris (who last year became the first Jay pitcher to win over 20 games), Juan Guzman (who has started 90 games in the majors and only lost 11 and is perhaps the best money pitcher in baseball going 5-0 in post-season play), David Cone, Dave Stewart (the best pitcher in ALCS history with a 7-0 record), Pat Hentgen (who, despite not starting until April 17, still won 19 games this season), Tom Henke (perhaps the second-best reliever in the majors) and Duane Ward (perhaps the best set-up man and current finisher).

Cito has consistently had all-stars at just about every position. How could he not win all these titles? It's the management that deserves all the credit. They continue to go out and open their pocket-book to

get the best players in baseball to come to play for the Jays.

Cito has made some pretty bone head calls since he has been with the Jays. One of the biggest mistakes has to be the 1990 ALCS when instead of starting the 10-0 rookie Guzman in the first game, he started Jimmy Key. The Jays won one game in the series, and Guzman was the winning pitcher.

How about this year, when Henderson came over in a trade. Wouldn't the lineup work much better with Devo batting sixth, and Molitor with his .340 average and 100 rbis batting third after Henderson and Alomar and on base for Carter and Olerud?

In this series, Cito had two choices for his starting pitching. Would he choose a four-man rotation or a three-man rotation? If they went with a fourth man, would it be Stottlemyre (who pitched great out of the bullpen in last year's ALCS and World Series) or lefty Al Leiter? Would you love to have Guzman pitch your first, fourth and seventh games? Instead, Guzman pitched the first and fifth and if Dave Stewart doesn't win, they will have Pat Hentgen pitching in game seven. Would you have Guzman pitch on two days rest, after his seven inning, three hit masterpiece in game five?

You are a Jays fan or your not, but you can be either to Cito-bash!

Top 10 fashion hit list

by John Tenpenny

You know what I hate? People with no fashion sense. I'm going to pick on the fashion misfits at Humber College. Now I probably won't make anyone's best dressed list, but that doesn't mean I can't criticize the ridiculous and the outlandish. So here it goes, my top 10 hit list of fashion faux pas at Humber.

1. Schizophrenic shirts. What's with these things. It's like these people couldn't make up their minds, so they sewed together parts of their favourite shirts. Make a decision and stick with it.

2. Cut-off cowboy boots. They want the look but they don't want the inconvenience. People, save your money and buy the whole boot.

3. Baggy jeans with wide bottoms. The nineties version of bell bottoms. A family of four could live comfortably in these things. Also, didn't we forget something at home kids — maybe a belt.

4. High school jackets. Now I don't totally blame these people — I wouldn't wear a Humber jacket either. But come on, let's drop the nostalgia, we're not in high school anymore Dorothy.

5. Sports billboards. There's nothing wrong with supporting your team, but we have to draw the line somewhere. Come on, these people are walking advertisements for professional sports and college teams. One other thing, learn to match. A Notre Dame cap does not go well with a Miami shirt. Not to mention that the teams hate each other.

6. Granolas. Hello. The sixties are over. All tie-dye does is give me a headache. Do me a favour and leave the slippers at home. Sometimes I think the name fits these guys — Dead Heads.

7. Sideburns. I have four words for you. THE KING IS DEAD.

8. The All-Blacks. Who died? I know it makes for easy laundry, but take a chance. There's nothing wrong with having one favourite color, but this is ridiculous.

9. Disco fever. These people are still sucking in the seventies. Flared pants and jumpsuits, come on! Disco is dead, thank God, and these clothes should be too. Burn them, baby, burn them.

10. Acid wash denim. Americans still wear them and that should tell you something. These are the people who think Ontario is the capital of Canada and we all live in igloos. Put them away in the closet with your Atari Space Invaders video game.

Editor's note: Those who see John in the hall might take note of his footwear.

Letters to the editor

Humber etc... welcomes letters to room L231 but we ask that they include name, signature and your student card. We do, however, reserve the right to edit letters containing libellous or slanderous content.

Dear Editor,

Is this the way in which Humber College teaches Journalism? If so, I am disappointed.

In reference to the article "SAC vp hopefuls: who do they represent?" by Paul Riches. It stated: "The SAC vice-presidential candidate erupted into an argument over culture in the concourse Monday. Edmond Jerome, a second-year accounting student, asked the candidates what they would do for him as a member of Humber's black community." As a reader of the Humber etc... I would like to know, was that the question posed by Edmond Jerome, or is there a need to distort the facts? I fail to understand, why was he not quoted in any of his crucial statements? Instead, what was given were implications to what he had said. I am also curious to know what type of picture is your writer trying to paint?

Since it was and still is my intention to walk away from racial conflicts, I will attempt to walk away from this one also. However, this is the fourth time I am bringing to your paper's attention, the credibility of the paper's standards. Such behaviour must not go unchallenged; because, it will mislead the public. Anyone who reads the article can clearly see how poorly it was constructed. Therefore, I urge you do not allow your writers to distort facts. News must be reported accurately.

In conclusion, we must strive to remove "the chip" which is perceived on the shoulder within ones mind. It is only a figment of ones imagination, placed there by ones self. It is imperative that we remember, what ever is learned here will be perpetuated within society. Although it was never answered, the question was, "what can the Chinese, Indian and other minorities expect in the area of new programs and allocation of funds towards the activities within Humber society. SAC funds represent the total contribution of all sectors within Humber society." Because of these issues, I still fail to see how the question relates to race and colour.

Edmond Jerome



Election

Jane MacLaren, training people right

By Dixie Calwell

Jane MacLaren isn't completely crazy. At least this is what her close friends told her when she made the decision to run in the federal election nearly a year ago. With their support and a keen interest in politics, the tall and animated blonde is running in an election that will take care of issues she is passionate about.

"This was the election that interested me the most. I thought the issues were clearest and there was probably going to be a leadership change in the Progressive Conservative (PC) party," she said.

Nominated in June, she is the PC candidate in Humber's riding of Etobicoke North.

MacLaren, 50, takes long strides across her campaign headquarters. The office is littered with election posters, typical straw hats and mismatched furniture. The humble beginnings are obvious here.

The Barrie native studied political science at the University of Toronto. It was there that she became interested in Canada's political process. She went on to a career in the advertising industry and eventually became vice-president of Foster Advertising.

In 1983 she started a small business and became a founding partner of Traxis

Incorporated in 1986. Small businesses are something that MacLaren believes in very strongly.

"I think for the future more jobs are being created by small businesses and they are what drives the economy of Etobicoke North. We have to make sure that they are well represented in Ottawa."

Where the issues are concerned in this election, she fol-



Jane MacLaren

lows her own party's agenda. Part of the Progressive Conservatives' plan is to reduce the deficit, eliminate duplication in government services and effectively use taxpayers' money.

She thinks the climate is right for creating jobs and that negotiations must be made with world trading partners to ensure Canada's access to

global markets.

While the PCs do not have a clear plan for education, MacLaren has some personal concerns.

MacLaren said that if she were a student right now, her primary concern would be the number of jobs available to students when they graduate.

"With job requirements changing so fast, colleges and universities should work jointly with business and industry to identify the skills and jobs they should be training people for."

On the issue of affordability of college and university the Progressive Conservatives have increased student loans for the first time since 1981.

"Unfortunately the fees that are charged by colleges and universities are determined at the provincial level, there's not a great deal that the federal government can do directly."

MacLaren is sturdy on these issues but thinks established parties have a new battle to face in this election.

"The smaller parties run the gamut across the political spectrum. They will certainly pull some votes away from all the major parties."

MacLaren is single, has no immediate family responsibility and has been lessening her involvement in her company. She began campaigning full time August 1 and continues to canvass in her riding.

Emanuele Danelon — nationalist view of Canada

By Anya Chiovitti

To many Canadians mainstream parties are not offering the answers they are looking for. The National Party of Canada is one of the fringe parties gaining recognition with voters as an alternative to the mainstream.

Under the leadership of Mel Hurtig, this party is perhaps best known for not being represented at this year's CBC electoral debates.

"The networks gave us a real big boost," Hurtig said in a Toronto Star interview. "Canadians coast-to-coast responded to the unjust snub by independently finding out what we stand for."

The party was founded in 1992 and has at least 50,000 members and 171 candidates running in the election across Canada. Hurtig, a former Edmonton publisher, is best known as the founder of the Council of Canadians, an organization dedicated to the sovereignty of Canada. His views on Canadian Nationalism and his opposition to the Free Trade deals serve as the primary platforms for this new "grassroots" party.

"The only time you start a new party is when the mainstream parties are doing a lousy job. I think they are and so do an awful lot of

Canadians," said Hurtig during a CBC Primetime interview with Peter Mansbridge.

Many people are under the misconception that the National Party is a left-wing party in competition with the New Democrats. "We are not a left of centre party. We are in the middle of the political spectrum. Some of our policies are right wing, some are left wing," said Hurtig.

Emanuele Danelon, the National Party candidate for Etobicoke North, clarified many of these platforms and how they relate to the people of Etobicoke.

The National party argues that "we must get democracy back into the hands of Canadians".

"If the conservative policies of yesterday continue, Canada of the future is no longer ... If the Free Trade Agreement and NAFTA are left as is, we are going to lose more control of Canada and we're not going to be able to control our destiny," said Danelon. When asked how free trade has affected his riding, Danelon responded, "Drive up and down Rexdale Boulevard and you tell me. It's a ghost town. Free Trade Agreement, NAFTA - We have to get rid of it."

In order to put government back into the hands of Canadians, the National Party

does not accept donations from corporations, trade groups, or special interest groups.

"It's going to be a grassroots level campaign. It's going to be you, it's going to be me, it's going to be people that care about Canada," said Danelon.

Multiculturalism is another issue of great importance to Etobicoke. The National Party "is not in agreement with any discriminatory policies," said Danelon. "We understand that there have been countless generations of immigrants that have helped to build a strong Canada. We want to maintain that."

On the issue of education, the National Party believes that "students are the most valuable asset that we have". They promise to work with the provinces to ensure that everyone wanting a post-secondary education can get one. The National Party will "encourage the abolition of tuition fees with education costs to be paid back through the income tax system, over a period of years, in a fair and equitable manner after graduation".

"It's allowing the education system to reach the people that need to be educated. We need highly educated, highly trained people, with or without NAFTA," said Danelon.

Roy MacLaren—promising more jobs for youth

By Gail Balfour

Helping Canada's youth overcome unemployment is the top priority of Roy MacLaren's Liberal Party campaign.

MacLaren, Member of Parliament for Etobicoke North, explains: "When I've gone door to door canvassing, one thing is apparent — the principal issue is jobs." A large percentage of the people he meets everyday cannot find work.

According to MacLaren, the key to getting a job in the '90s is retraining. "The present government brought in the Free Trade Agreement without any adjustment assistance to make it an active and dynamic element in our economy."

A native of Vancouver, 59-year-old MacLaren said he got into politics "in an effort to support some of the policies that were important to me."

First elected as a member of parliament in 1979, MacLaren won again in 1980, but was defeated in 1984 by progressive Conservative Bob Pennock. In the 1988 election, he won back the title of MP for Etobicoke North. Since 1979, he has served many different positions including Minister of State-Finance (1983), and Minister of National Revenue (1984). He is currently the chair of Liberal Economic Policy Committee and the official opposition critic for International Trade.

A major concern many college students have is that when they graduate, there will be no jobs for them. According to the Economic Council of Canada's report in 1992, "Canada has one of the worst records of school-to-work transition. Those leaving school find work by trial and error, often wasting their own and society's resources in the process." Today there are about 400,000 young Canadians unemployed.

Helen Leluk, a campaign volunteer for MacLaren and former PC supporter, describes young Canadians as "disenchanted" by the

Tory government. "They get out of school and they're disillusioned. From the point of view of the young people, there has to be hope," says Leluk. "Until there's a change in the government, there is no hope."

The Liberal party is proposing many programs for Canada's young people including a Canadian Youth Service Corps, which will employ 10,000 young people a year in environmental and community programs; restoration of literacy programs and establishment of Canadian Apprenticeship program, which will be geared toward people at both high-school and a post-secondary level.

"This program helps young



Roy MacLaren

people prepare better for the business world so that they will have some training and some experience before they enter the business world," says MacLaren.

"Roy has his brains together," said Leluk, "and he looks after his constituents. He also has a conscience — that's a rare commodity."

MacLaren's education and history as a businessman are impressive. In addition to this, he spent years in diplomatic service, is a member of many public service associations and has written several books.

Unlike most politicians in Canada however, he has never dreamed of being the nation's leader. "All Prime Ministers are blamed for everything," he said. "I have no ambitions to be Prime Minister of the country."



Emanuele Danelon and National party leader Mel Hurtig

1993



NDP candidate Sasso will create jobs for youth

by Andrew Parsons

Youth job creation is an important issue to Carmela Sasso, the New Democratic Party candidate for Etobicoke-North.

"There is an importance for creating jobs for youth," said Sasso. "They have a sense of loss. They're concerned for the future."

Among the clutter at the rear of her campaign office and behind a bookshelf near a fridge, sat the exhausted Sasso. She had been up for over 40 hours with an ailing aunt in the hospital and a sister who had a near death seizure.

"Ensure (Humber students) that I will be their spokesperson," she said. "If you're elected you should be accountable. We should be accessible."

Sasso also says that the Senate is too costly to run at

\$45 million a year and the savings should go "in youth investments."

Born in southern Italy near the Adriatic Sea and raised in

social advocate. She joined the NDP in 1975 as a legislative assistant and researcher for Tom Embers a member of provincial parliament. In 1985 she became the assistant to Ed Philip, NDP MPP for the riding of Etobicoke-North.

According to her the population discontent with the Ontario NDP is "biased by media projection," and she has had an earful on her door-to-door campaign.

"Canadians (voters) are going to a protest vote. Like Reform," a party that Sasso said has "bigotry undertones."

"Jean Chretien hasn't given much of a position," reflects Sasso on the recent televised debates,

"(And) Kim Cambell is trying too hard to be different."

"It's important to vote," advises the mother of two, "Consider it and cast your vote with a conscience."



Canada, Sasso has been at work in the area since she graduated from Shaw Business College and went directly to the now defunct government funded Community Social Agency as a

Boyer says 'PC stands for people count

by Paul Riches

Patrick Boyer is running on his record.

Boyer is the Progressive Conservative (PC) candidate in the Etobicoke Lakeshore area who is seeking re-election.

"I'm running on the record I have in Etobicoke Lakeshore of speaking up strongly and clearly for the people I represent, even if that means sometimes the party I represent, I have to vote against or try to change its policies," Boyer stated.

Boyer's campaign fliers support his statement with the three main slogans for the election:

"If you want to know how Patrick Boyer will represent you in the future, look at what he has done in the past."

"To me P.C. stands for People Count."

"I represent Canada first, my constituents second, and my party third."

"The root of a more effective Parliament (is) if more MPs took that approach and were less 'Yes Men' towing the party line," Boyer said.

"Sometimes candidates come with a lot of promises. In this campaign, instead of just saying here's what I want to do in the future, I'm also pointing to things that I have done over the last nine years."

Boyer said the state of the economy is a big issue in the campaign. For Boyer another issue in the election is that people believe immigration levels are too high, there are too many taxes, and social program are being abused.

He is also concerned with rampant crime in the Lakeshore area, especially the motel strip where the Concler Motel murders happened just a few weeks ago.

"Plans have been underway for quite a number of years to redevelop (the motel strip), (to put in) good housing," Boyer stated.

He says the plans have "largely been resisted by the person who is now the

tive plan about the future. They want you to be very specific. They want answers. On the other hand, there's also a lot of skepticism about anybody who's going to come now and say; well here's what we're going to do," Boyer said.

Boyer's opposition in the election are Jean Augustine, Liberal; Karen Ridley, NDP; and Ken Anstruther, Reform Party.

Boyer says his re-election chances in the riding increased because Jean Chretien appointed social-activist Jean Augustine, who is not from Etobicoke Lakeshore, to be the Liberal candidate in the area.

Chretien has done this in many other ridings in order to increase the number of women running for his party in the election.

Many Liberals in Boyer's riding have joined his campaign to protest Augustine's appointment. Calling themselves Liberals for Boyer, they have not quit the Liberal party, but are just helping Boyer out.

Boyer also commented on the collapse of the NDP vote in the Lakeshore area, because of the unpopularity of the Bob Rae government.

The riding of Etobicoke Lakeshore encompasses Etobicoke Creek to the west; along Dundas St. up Highway 427, along Burnhamthorpe Rd, down Mimico Creek, along Bloor St. to the north; down the Humber river to the east; and Lake Ontario to the south.



Alan Macdonald

SOMEBODY LIKES ME: Constituent paints house in honor of Boyer

(Etobicoke Lakeshore) provincial member (Ruth Grier), and before that when she was on municipal council," Boyer said.

"That area does have a reputation and that's why I've been working with the police," Boyer said.

Community safety is also a large concern for Boyer. He thinks that Canadians need more cultural values because too many young children are turning into streetwise criminals.

Boyer understands the turmoil among Canadians today.

"People want to hear a posi-

Education most important — says Peschisolido

by Robert Ellidge

Walking and running are a major part of his life. His day starts by walking door-to-door with his mother and ends with a one-hour jog around his southern-Etobicoke neighborhood before going to bed.

Joe Peschisolido is running for the position of Etobicoke-North. He is a member of the Reform Party of Canada — the first of its members to run for this riding.

As an Etobicoke resident for the past 12 years, as well as a lawyer and small businessman, Peschisolido decided to run for the position because he sees a community that is "going downhill."

Ironically, Peschisolido was nominated for the candidacy on his thirtieth birthday back on April 27th of this year.

Barbara Stirling, Office Manager for the campaign, said "the right man got picked for the job."

Stirling speaks of Peschisolido with respect and admiration. "People really respond well to him," she said.

Peschisolido is a tall, professional-looking man. He speaks with enthusiasm and supports the ideas of his party.

The main policies of the Reform Party are: reforming the economy, reducing the debt and deficit and creating jobs, restructuring the government to reduce spending, and restructuring of the criminal justice system to give more rights to the citizen.

Peschisolido says the poor job market and bad economy are due to the "economic mismanagement" of the previous governments.

"For the first time ever, you have taxes that are going up, services which are going down, unemployment is up, and the deficits and debt are also up. So something is definitely going wrong here."

For Peschisolido and the party, it comes down to a matter of getting priorities straight.

"Education is the most important element that we have going and unlike the other parties, the Reform Party says 'let's look at certain aspects of our society. Let's prioritize. So we said education, pensions, assistance, health care as well as

law and order and the environment are priorities.' So you maintain and enhance funding for those areas."

To provide more funding for these areas, Peschisolido said the Party would save money by cutting back on corporate grants, official bilingualism, the structure of government and foreign aid.

Cutting back the structure of government is something already being tried by Ontario Premier Bob Rae with his Social Contract.

This problem could have been avoided, according to Peschisolido, if "Bob Rae did things that he should not have done two years ago and (now) is punishing the civil servants."

The Party's second area of reform is in the justice system. Public safety is a "big issue" for Peschisolido.

"When it comes to our criminal justice reform, you have to be sure of one thing; that the law abiding citizen and the property is paramount."

Reforms would occur in the Young Offenders Act, the parole system, and secure sentencing would be introduced.

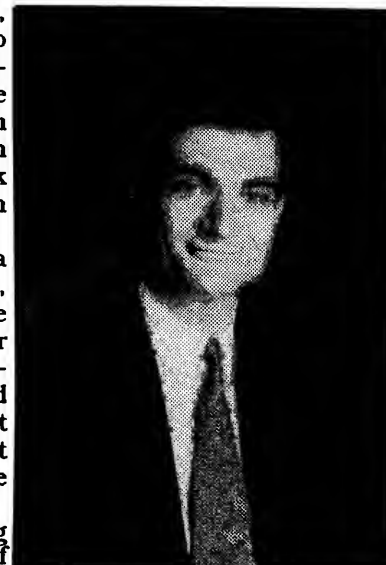
Peschisolido would like to see "the ability of a young offender to be tried in the senior court. Also changes so that a victim of a crime can give evidence...it's sending a message to 14, 15 and 16-year-olds" that they can't get away with the crimes.

"Right now you have a situation where principals or teachers can not inform the community that a serious offender is in the midst and that's unfair," said Peschisolido.

The Party's policy of secure sentencing would insure that a person receiving a sentence of 10 years would have to stay in jail for all of the 10 years.

Peschisolido feels that one man can make a difference in a community. His voice can be used to represent the people of Etobicoke-North.

Peschisolido is "cautiously optimistic about his campaign. I believe we might surprise a lot of people," he said.



JOE PESCHISOLIDO: his top priority to create jobs for youth

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L FESTYLES

Healing medical gender attitudes

by Cindy Vautour

No movie has been made, no book has been written, no song has been sung about how women are discriminated against in medical research.

This issue came to light October 7 in a forum entitled "Gender Bias: Women in Medicine," held and sponsored by Harbourfront's York Quay Center in association with Women's College Hospital.

The crowd of 200 people, mostly women, hushed when artist Susan Kealey opened with her presentation.

Kealey spoke of the similarities between the treatment of women in medicine 150 years ago, and their treatment today.

"Although no one has ever suggested that men are walking testicles, women are often made to feel identified as walking ovaries and wombs," Kealey said.

"Eighty per cent of health care workers are female, yet men hold almost all positions of authority. Women are often over treated by their doctors, are put through excessive over-testing and are given large amounts of sometimes unnecessary prescription drugs," she said.

According to Dr. Beverly Richardson, chair of the Gender Issues Committee at the University of Toronto



DISCRIMINATION FORUM - Women and medicine the topic at York Quay Centre

Faculty of Medicine, women are also discriminated against in medical research.

"Studies traditionally do not include women in research and even though women consume 70 per cent of all health care, nearly all tests for prescription drugs and diseases are conducted on men," said Richardson. "Heart disease is the number one killer of women and all research is conducted on men, even advertisements for the disease treatments depict men."

The issue, said Richardson, is defining what is a woman's problem.

"Women are not part of the norm in the medical world; the 70-kilogram, single, white male. What drugs or treatment work for men may not necessarily do the same for a woman."

"Women should be treated based on their past experiences, but no funding is avail-

able from the government to conduct research on women's health issues such as breast cancer, ovarian cancer and heart disease because funding and granting agencies do not have enough women on their boards or in positions of authority to give the money needed," Richardson added.

Richardson also said prescription drugs tend to work better on men than women because they were tested on men.

In a recent article in the New York Times, a doctor of cardiovascular diseases said breast cancer and cardiovascular studies are not conducted on women because "we have bigger fish to fry."

"His response is sad proof of how women's problems are treated in medicine and is why women pay the cost when it comes to gender bias in medicine," said Anne Rochon Ford, a writer of women's health issues for over ten

suppositories and was sold under many different trade names.

"It was strongly promoted and taken by scores of women until notable research in the late '60s proved that the drug did no more to prevent miscarriages than a sugar pill, but what it caused for the mothers and their babies is another story," said Bennett.

Some potential health problems of DES in daughters include cervical cancer, ectopic (tubal) pregnancies and miscarriages, and in sons it could cause testicular cancer, fertility problems and urinary tract infections. For mothers, breast cancer is the most significant danger.

"These two medical nightmares would have never occurred if the research had been conducted properly and if it had included women," said Bennett. "Research has to change in its attitude towards women if we don't want this to happen again. The only positive effect from research conducted on women is the birth control pill."

But what can be done to prevent discrimination against women in medicine? Jennifer Walcott, an English teacher and anti-racism consultant outlined some ways in her presentation.

"We need anti-racist and anti-sexist attitudes in medicine. Changes need to be made in all levels of the medical profession and health care system. Immigrant women shouldn't have to depend on their children to tell the doctor what is wrong with them."

"Researchers should stop asking for single white male volunteers and focus on all different types of women and men to include in their research. Pamphlets should be made available in several languages that would define ailments and terms," said Walcott.

"Women should be made to realize that if a normal six or seven minute gynecological exam takes a half hour, something is wrong. "In essence," concluded Bennett, "women should demand to know why they are taking such a prescription drug, its contents and benefits and why they are seeing a particular doctor."

Richardson reminded the audience of two medical nightmares, Thalidamide and Diethylstilbestrol (DES), where women paid the cost due to poorly conducted research. The drug's effects on those women who took them were told in chilling

"DES is one medical nightmare the profession would love to forget."

detail.

Thalidamide was a drug taken by mothers in the '50s for the prevention of morning sickness during their pregnancies. It cured the morning sickness but its side effects were devastating.

Thalidamide babies were born without limbs, with hands and feet protruding from joints where arms and legs should have been. Thalidamide, before it was marketed, was a drug tested on men to see if it cured feelings of nausea.

DES was a drug used by Canadian mothers from 1941 to 1971. According to Dr. Carolyn Bennett, a family doctor at Women's College Hospital, "DES is one medical nightmare the profession would love to forget."

DES was a synthetic female hormone, estrogen, that was administered to millions of pregnant women primarily to prevent miscarriages. DES was given as pills, shots or

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Burning the candle at both ends

Stressed out? Help is available at Humber

by Monica Janik

The back to school feelings of sleepiness and general confusion are over.

Now that October is here, midterms are fast approaching. This has many students' stress and anxiety levels soaring.

Overdue assignments, labs and tests have students feeling the crunch of college life. But there is help available for the drowning student, says Ann Barker-Volsin, a counselor at the Special Needs Office.

"The centre helps students cope with stress," said Barker-Volsin. "We deal with issues such as study skills and time management." Students can get help by scheduling an appointment with Barker-Volsin or one of the seven other counsellors available on campus.

The centre also can match students with a peer tutor. A peer tutor is someone who has successfully completed a course with an 80 per cent or better average or is in the final semesters of the program. Tutors are available for three hours per week for the rest of the semester. There is a \$10 registration fee.

"Procrastination can be a student's biggest enemy," said Barker-Volsin.

One way to avoid putting things off is developing a time

management chart.

"We all have 168 hours a week; how effectively we use this time is important...make the most of it by making a "to do" list and prioritizing the list to make the most of available time," said Barker-Volsin.

And, good study skills are important. Students should try to keep a regular study time and place—thereby associating that location with studies.

"Levels of concentration are also important. Students should try to tackle the most difficult material first, when their minds are the freshest, leaving the more familiar material for later," said Barker-Volsin.

"Each person is individual; some people study best at night and others think most clearly in the morning."

Overall well-being can directly affect your ability to think clearly and study effectively. Hunger affects concentration levels, Barker-Volsin said, using the "gas in the car" analogy. Proper diet, adequate sleep and semi-regular exercise are important in maximizing study potential.

The special needs office also offers two booklets to help students survive the semester—"The Anti-Flunk Book" and "The Anti-Stress Book."

"The reward principle is also a big factor in successful

studying. Students can productively absorb material for 40 to 50 minutes, after which a short break, a quick walk or something to eat is essential to refresh your mind," said

Barker-Volsin.

Litsa Pavlis, a third-year computer information systems student said, "Yes, I'm feeling the stress, at times it's mind boggling, but I'm taking it one

assignment at a time. I'm not letting things slide, but of course I need my coffee breaks."

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Tutors on the mark

by Nicole Middlekamp

If you just can't seem to make the grade in some of your courses, peer tutoring is a great way to bring up those marks.

All it takes is a trip to the Counselling Services office to sign up for a tutor. You can be assured that your tutor is well qualified to help you succeed in any course.

Peer tutors must have 80 per cent in the course they wish to tutor in, as well as faculty references.

"A tutor has to have an academically sound background with good interpersonal skills and study habits," said Cheryl Taylor, co-ordinator of Peer Services Counselling Department.

Tutors are also required to attend a full day workshop to help them learn proper study habits and techniques of tutoring.

"We want (tutors) to be able to make the students feel comfortable," said Taylor.

Students in need of help just have to go to the Counselling Centre and fill out the necessary forms. A \$10 fee is charged at that time for one semester. This fee barely covers the cost of one session. Tutors receive \$7 an hour. This money comes from Counselling Services, SAC, and a remediation fund from the government.

Students being tutored, called tutees, are given names of tutors for their par-

ticular subject and it's up to them to arrange meetings. A student can get three hours of tutoring a week in a maximum of two subjects.

A survey done last year by the Peer Services Counselling Department found that 90 per cent of the tutees who responded indicated their grades increased an average of 13 per cent.

Better understanding of course material and better class participation also ranked high in the survey and a whopping 96 per cent of tutees said they would recommend the peer tutoring to their friends.

Of the tutors who responded to the survey, 93 per cent said it helped them personally in leadership skills and self-confidence.

In a symposium held to present the best practices in Ontario's colleges, peer tutoring was on Humber's list.

"I think what's happened is that students have lost the stigma attached to coming for help," said Taylor.

"There were 1,200 requests for tutoring last year with around 200 tutors."

Taylor also said that they are always on the lookout for good tutors.

The Centre is still in need of people in the business, computer, and health programs.

"It's a good part-time job. It fits into your schedule and is a productive learning experience," said Taylor.

Collection of colors on display

by **Monica Bujtor**
Colorful woven blankets and materials of Guatemalan tradition was what Toronto's La Calle Cafe introduced in

the Mundo Maya hand woven clothing show.
At this brightly coloured South American cafe on Queen St., Mark Wilson, the

organizer, introduced a collection that truly showed great labour.
"It's an incredibly labour intensive process," said

Wilson. "That's what makes it so special."

Wilson became interested in the Guatemala tradition about 20 years ago, after visiting various South American Countries and becoming interested in the Spanish language. After hearing that Guatemala was the best place to learn the language, he moved there for a short period of time and began to appreciate the weavers and the products that these weavers produced.

Wilson began to study textiles and said that, "Guatemala is a natural at textiles." Being a craftsman himself, he began to extremely appreciate Guatemala's traditional textile business, especially because it's all hand woven. He was especially taken by the different styles and textures that they could produce, especially the fact that women and men both used different methods and produced different styles.

"There's a lot of tradition in the material," said Wilson, "and that's what makes it so different and special."

The private party was crowded with people from the art and fashion business, and people who are just fashion conscious and wanted to see the new collection.

MaryEllen Weigel, a Nurse, who loves to see new fashion, said "I like the material, especially the colour." She said, "It's great to see more of this type of material because it shows great tradition and pride."

Weigel's friend, Lolla

Hannah, a Market Analyst, said, "the fabric itself is very energetic and liberating."

She also said, "Because the colors are filled with such flavour it almost takes you somewhere else!"

Wilson explained that the colors are also something extremely special. Guatemalans can distinguish people from other villages, with the colours in their clothing.

Lorraine Wright, who's in

"There's a lot of tradition in the material, and that's what makes it so different and special."

the art business, said that this is a true work of art. She said the materials itself are "very natural and earthy."

Wilson, at the moment, is only doing sales through private parties and trying to do wholesale. He said that because products are high quality he needs to do "direct sale". It'll be at least a couple of years before he invests in a private store.

The prices for the materials range from as low as \$7 for a hat to \$175 for a blanket. "each piece is different," said Wilson.

The next party is set for early December, most likely at the same South American cafe.

THE LOUNGE DINNER FEATURES

MONDAY

Chicken Stir Fry
served over a bed of Rice and includes Small Coffee or Tea
\$3.90

N. Y. Steak on a Crusty Italian Bun served with Fried Onions or Wedge Fries and includes Small Coffee or Tea
\$4.99

TUESDAY

Spaghetti and Meat Sauce served with Crusty Garlic Bread, a Small Side Salad and includes Small Coffee or Tea
\$3.90

Roast Prime Rib of Beef served with Baked Potato, Chef's choice of Vegetable and includes Small Coffee or Tea
\$4.95

WEDNESDAY

Veal Mozzarella on a Crusty Kaiser Served with Spicy Fries and includes Small Coffee or Tea
\$3.90

Filet of Salmon served with Rice or Potato, Chef's choice of Vegetable and includes Small Coffee or Tea
\$4.65

THURSDAY

Pork Schnitzel served with Home Fries, Chef's Choice of Vegetable and includes Small Coffee or Tea
\$3.90

BBQ Quarter Chicken served with Mashed Potatoes, Chef's choice of Vegetable and includes Small Coffee or Tea
\$3.90

AGE OF MAJORITY REQUIRED -- Taxes not included -- Available from 3:45 p.m. to 6:45 p.m.

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MONDAY

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20¢ JUMBO WINGS

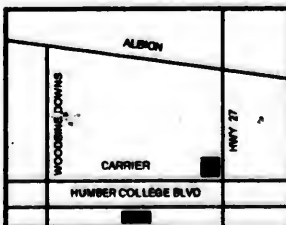
WEDNESDAY

HOCKEY NIGHT
BUCK-A-SLICE PIZZA

Friday & Saturday

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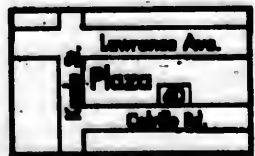
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A united Oktoberfest Cheer

by Andrew Parsons

Those who like to raise their glass in cheer for a good cause, last weekend's "Ocktoberfest in Toronto" was where it was at.

With cost underwritten by the Upper Canada Brewing Company and all proceeds going to the United Way, the party ran from Friday to Sunday under the roof of the Fort York Army near the Exhibition grounds.

"We've targeted to raise \$6 million," said Bill Etherington, president of

IBM Canada and Chairman of the United Way. "(These are) challenging times for companies and individuals."

Another focus, said Etherington, "is making a successful Ocktoberfest in Toronto."

Upper Canada Brewing president Frank Heap said, as a member of the United Way, his reason for getting involved in throwing an Ocktoberfest in Toronto was to put on a fun event and raise money at the same time.

"Basically, so that we can get a large cheque and pass it to the United Way of Greater Metropolitan Toronto," he said.



ONE DRINK FOR YOU, ONE DRINK FOR ME- People were having a swinging-good time down at Toronto's Oktoberfest, while profits went to the United Way.

Falling for One Night Stands

by Richard Guizd

One Night Stands is a multifaceted exploration of life's downside, a testament to those who don't make it and those who make it the best they can.

Rosa Liksom gives us a glimpse of the down-and-outers which exist in urban society. Liksom's vignettes show us many tragic characters like a boy with a weakness for model glue and vodka, or two monks who like whiskey and each other a little too much. One Night Stands centres on the five Ds (drunkenness, drugs, depravity, death, and depression). The anthology is not a judgment call on society's ills, it's just honest, and to the point.

There is a distinct lack of

detail in character and atmosphere. The stories aren't bogged down with heavy character descriptions or set dressing except when necessary. This seems to be warranted, however, since it makes the tales easier to read and concentrates on the emotions instead of the physical.

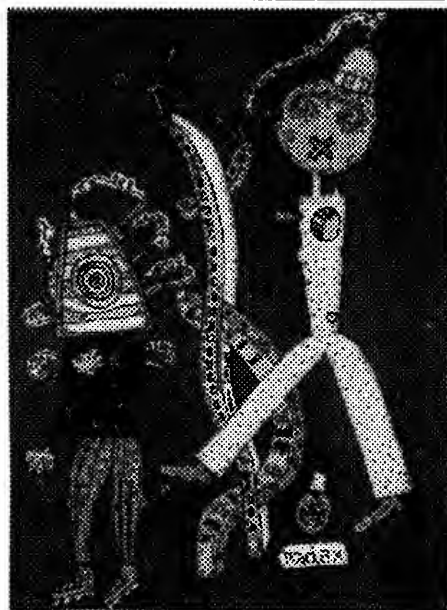
Another literary tool Liksom uses is the peppering of one sentence memory fragments throughout many of her narratives. These memo-

ry pieces access our own memories and help us to understand the character's situation a little more intimately.

Rosa Liksom is the author of six books, a scriptwriter, performance artist, and painter who has had her paintings exhibited in Russia, Iceland, and the United States. When she isn't writing she lives in Helsinki, Finland and works as a bartender.



WHAT A FINNISH-Rosa Liksom (above) teaches her readers the five Ds. New bookcover (right).



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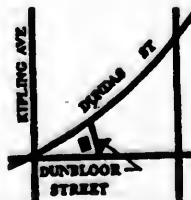
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Mark and Wendy help out TO musicians

by Blair E. Streeter

Mark Emor and Wendy Balshin did Toronto musicians and music lovers a huge favor when they opened Mark & Wendy's Acoustic Coffee House on College Street in August.

Mark & Wendy's provides possibly the most intimate venue for musicians in the whole city as well as the friendliest atmosphere for its clientele.

The two found the inspiration to create this acoustical paradise in a love for music and wanted to create a good forum for Canadian artists.

"It (Canadian music) doesn't really have a comfortable home in this city," said Wendy.

As soon as anyone steps

into the coffee house, they are made to feel comfortable, whether they're wearing an \$800 suit or the clothes they slept in.

The coffee shop is open to all ages because they don't serve beer or alcohol. The partners feel that there is too much association of music with beer and the lack of alcohol only punctuates the music-first ethic of the club.

The entire place has a very personal touch - the backroom could just as easily be an old friend's basement as a music theatre.

The partners hand pick the musicians that will play in the 85 seat theatre. Most bars use booking agents who may be trying to fill several different clubs at one time.

"The music has to be good

to be played here," says Wendy.

The Back Room, where the theatre is located, is not a place to socialize, said the partners.

"You don't get a chance to listen at the bars over all the screaming and partying going on," said Mark.

There is a unique intimacy in the Back Room that cannot be found in "a 60,000 seat theatre (where you go) to see a peanut dance around on a stage," adds Wendy.

The Back Room is different from other small venues because all of the seats face the stage. This prevents the audience from giving in to the temptation to carry on conversations by yelling over the music.

Every Sunday is Open

Stage Night at Mark & Wendy's, when budding local musicians can play in front of an audience. Humber students are welcome to come out and play Jazz, Blues, Folk or Acoustic Pop.

The partners pick some of those who appear on Sundays to headline on other days during the week.

The club is a great place for new musicians to get a foothold in the industry, said the Open Stage host, Doug Saint. "This (the coffee house) is the birthplace for new Canadian talent."

294 College Street may be out-of-the-way from the traditional rock spots of Lee's Palace or The Horseshoe but, according to Wendy, "College is up and coming...Queen's done...Bloor's completely

done."

Wendy said that because of this association with beer it's been difficult to sway the die hard Queen Street crawlers to come out to the shows. "We're so different that we don't serve beer...there's a different market to bring in."

The club has no trouble getting musicians to come in. "Musicians are dying to play in the room," said Mark. "There's not another one like it in the city...the acoustics are great!"

So anyone who thinks they can have a night out without getting inebriated and who can appreciate good, soulful music in a sober atmosphere should support local talent and check out Mark & Wendy's Acoustic Coffee House.



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SPORTS

Trivia Question

Who homered in his first two World Series at-bats, in 1972?

Last Week's Answer: Hector Torres

SAA doing their best to keep residence in shape

by Kent Moore

Students living in Residence who would like to get a little exercise weekly or play some organized sports, need look no further than Humber's own gymnasium.

Residence Activity nights are presented by Humber Campus Recreation and Humber's Athletics department. The programs involved are designed for and exclusive to students who live in Residence.

"It's not a right, it's a privilege," said Residence Social and Recreational Co-ordinator Rose Bilicic. "The athletics department was very generous to give Residence a gym at a convenient space and time."

All activities are free, co-ed in nature and take place on Monday's and Wednesday's. Certain sports are scheduled ahead of time, but some nights students play a sport of their own choice like volleyball, floor hockey and badminton.

Bilicic explained that Res night is successful, including

special events, such as a Mini-putt tournament at Wild Water Kingdom September 22.

Residence Athletics Rep Mike Weiberg believes Res night is important.

"A good way to get every one out and meet other people," said Weiberg. "It's a tradition and will stay prominent."

Res nights organized through Residence and Leigh Ann Spry and Jim Bialek of Humber's Athletic Dept.

In the near future, there are plans for broomball at Westwood Arena November 17, and ice hockey at the Westwood Arena November 24.

"I believe Res night is well planned out and officiated," said Ben Bieber, social rep for the sixth floor of the R building. "I wish all other Res activities were as well planned and implemented."

"I want more girls to come out," said Bilicic. "it's co-ed, it's not a competition."

The final Res night of the semester will be a social night with sports and free pizza, on Tuesday, Dec 7.

OCAA Mens Soccer League Standings Central Region

	W-L-T	Pts
Humber	3-1-1	7
Hawks		
Seneca	3-2-0	6
Braves		
George Brown	2-1-2	6
Huskies		
Sheridan	1-3-2	4
Bruins		
Durham	0-2-3	3
Lords		

Remaining Games

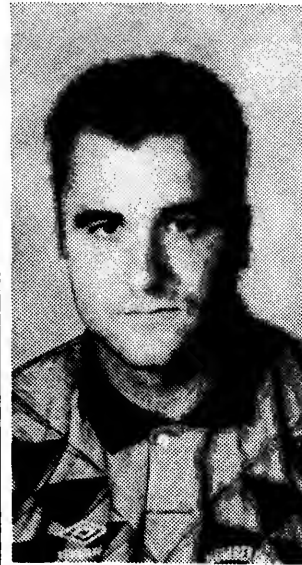
Wed Oct 13
Sheridan at Humber-
4 p.m.

Fri Oct 15
Humber at Durham-
4:30 p.m

Wed Oct 20
Humber at Seneca-
8 p.m.



Athlete of the Week



Adam Morandini

The goalkeeper of the men's soccer team. Was awarded athlete of the week for his consistent and outstanding play.

CLASSIFIEDS

MUSICIANS WANTED: Guitarists, Bass, Drums or Vocals to play with Triumph's Phil-X in an open Classic Rock Jam. Tuesdays, Zacks, 619 Evans Ave., Etobicoke 259-4600.

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Athletics THIS WEEK

HUMBER Wave Society

Alumni Games

Wed. Oct. 20



Women's Basketball

6:00 p.m.

Mens Basketball

8:00 p.m.

Thu. Oct. 21



Women's Volleyball

6:00 p.m.

Mens Volleyball

8:00 p.m.

Campus Recreation ICE HOCKEY

Entries Open: Mon. Oct. 18
Team Bond: \$100



Instructional Badminton Clinic

Wed. Oct. 20/93
2:00 Gym A





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No Cover With Humber I.D.

et al.

A student guide to campuses and Toronto area.

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
14	15	16	17	18	19	20
Arlene Bishop/John Copping Grunge-Folk Act \$5/ 10:30 p.m. Cameron House 408 Queen St. W/ 364-0811	Muslim Prayer Time 1:30 p.m.-2:30 p.m. KX101/ Humber North Campus Men's Soccer Humber at Durham Free/ 4:30 p.m. Call athletic dept. for info. 675-5097	Evan Carter \$15 Laugh Resort Comedy Club 26 Lombard street 364-5233 Penelope Feminist version of the Odyssey, adapted from Margaret Atwood \$10 students (plus GST) Until October 17 Second Floor/ Alumnae Theatre 438 Bloor St. W/ 862-2222	Mark Dias Exhibition Art Exhibition \$1 / 10 a.m.- 6 p.m. 10 Moon Valley Drive (Kipling) co-funded by Arts Etobicoke Mark Dias 745- 4265	Marina Granovsky Vocalist (Oct. 18-23) Free Mondays and Tuesdays George's Spaghetti House 290 Dundas St. East (Sherbourne) 463-2314 Tim Finn/ 49 Acres Rock Act \$14.50 Horseshoe Tavern 368 Queen Street West	Suede/ Counting Crows Alternative Act \$18.50 / All-Ages Concert Hall 888 Yonge Street Ticketmaster: 870-8000	Don Thompson Trio free/ 12:30-1:30 p.m. North Campus Lecture Theatre Professional Musician Series Co-Sponsored by Humber Music Dept.
Lifeline Christian Fellowship 1 p.m.-2 p.m. KX101 Humber North Campus 875-3060	Art Exhibition and Sale Reproductions and Posters \$3-\$8/ 9 a.m.-2 p.m. 736-5900 York University/Jorgenson Hall	Meryn Cadell \$14.50 Bathurst Street Theatre 736 Bathurst Street Ticketmaster: 870-8000 Jonathan Richman Rock Act \$10/ 10:30 p.m. Horseshoe Tavern 370 Queen Street West 598-4753	Black Experience Forum Free / 12-7:30 p.m. York Quay Centre 235 Queens Quay West Harbourfront Centre/ 973-3000 The Dawnbreakers \$8/ 8 p.m. Country/Gospel/ Jigs and Reels Flying Cloud Folk Club 292 Brunswick Avenue (Bloor) 962-8877	CIPS-Humber Computer Club Meeting 12 p.m.- 1 p.m. KX101/ Humber North Campus Battle Of The Bands 8 p.m./price Baroque Nightclub 1111 Finch Ave. West (Dufferin) Proceeds To United Way Co-Sponsored By Humber College	Assertiveness Workshop Free/ 12 p.m. Humber Community Room Sponsored By Women At Humber Speaker Series Pre-register with Noreen Ext.4112. Robert Cray Albert Collins Blues Act \$24-29 Ticketmaster: 870-8000 Massey Hall 178 Victoria Street	Joe Amato Saxophone Act \$3/ 7 p.m./ Caps Jazz Jam Session Concert Series By Humber Music Program Students Every Wednesday Autumn Festivities Film and Speaker Free/ 6-8 p.m. Humber Residence Room 114 sponsored By International And Humber Friends Club
21	22	23	24	25	26	27
Women's Volleyball Free/ 6 p.m. Alumni Ex. Call Athletic Dept. for info: 675-5097 Etobicoke Author's Night Free/ 7-9 p.m. Readings and forum Richview (Central) Library 1806 Islington Ave. Heather Mathis 394-5014	Tin Eddies Rockabilly Act Free/ 9:30 p.m. (Oct. 22-23) Guigley's Pub 2232 Queen St. East 699-9998 The Shuffle Demons \$4 for students Art Gallery of Ontario 317 Dundas Street West 979-6648	Women's Volleyball Free/ 6 p.m. Alumni Ex. Call Athletic Dept. for info: 675-5097 Etobicoke Author's Night Free/ 7-9 p.m. Readings and forum Richview (Central) Library 1806 Islington Ave. Heather Mathis 394-5014	Black Experience Forum Free / 12-7:30 p.m. York Quay Centre 235 Queens Quay West Harbourfront Centre/ 973-3000 The Dawnbreakers \$8/ 8 p.m. Country/Gospel/ Jigs and Reels Flying Cloud Folk Club 292 Brunswick Avenue (Bloor) 962-8877	CIPS-Humber Computer Club Meeting 12 p.m.- 1 p.m. KX101/ Humber North Campus Battle Of The Bands 8 p.m./price Baroque Nightclub 1111 Finch Ave. West (Dufferin) Proceeds To United Way Co-Sponsored By Humber College	Assertiveness Workshop Free/ 12 p.m. Humber Community Room Sponsored By Women At Humber Speaker Series Pre-register with Noreen Ext.4112. Robert Cray Albert Collins Blues Act \$24-29 Ticketmaster: 870-8000 Massey Hall 178 Victoria Street	Joe Amato Saxophone Act \$3/ 7 p.m./ Caps Jazz Jam Session Concert Series By Humber Music Program Students Every Wednesday Autumn Festivities Film and Speaker Free/ 6-8 p.m. Humber Residence Room 114 sponsored By International And Humber Friends Club

Indie Preview

An ad in NOW magazine spawned a contender for Toronto's next big thing. Unfairly branded a "riot girrrr!" band, the four who comprise Smeared (Melanie, Paula, Aimee and Elisha) whip up a cacophony that's paradoxically tuneful, with nods to gritty '70s punk and '90s guitar innovation.

After a self-titled cassette release party September 10 and subsequent opening for rockers Mecca Normal at the Edgewater Hotel, Smeared is set to tour the national bar scene, playing here at the El Mocambo (462 Spadina Ave.) Hallowe'en.

Across Campuses

Gone are the good old days of student representatives catering to the administration and downplaying their fellow student's input.

Ryerson student leaders (RSU) combed the stark academic halls begging and harassing their peers for feedback before their September 30 RSU meeting.

RSU plans to meet with students twice a month with an invitation or without.

Students complaining that their student representatives do not have their best intentions at heart-beware. One may confront you in the halls. You better have your complaint ready.

Eyeopener: October 6 1993

Vandals broke into York's IDA gallery, damaging works from the Brax, Botany and Botany an exhibition from September 19-24.

One of third-year fine arts students, Meghan Thompson's pieces was damaged.

The vandals stole the fallopian tubes from her woven basket work. *Biological Imperatives: Female not Feminine*

The black market demand for wax fallopian tubes must have sky-rocketed.

Excalibur: October 6 1993

Ryerson administration is negotiating a student food bank on campus as student demand has increased.

Toronto food banks have noticed the increase in student demand too. College or university graduate users since 1967 have increased four to nine per cent in 1990, according to a 1990 study by the Daily Bread Food Bank.

Director of the Daily Bread Food Bank Gerard Kennedy said "Education is no longer a defense against marginalization."

Students battling high unemployment rates and scrappy government financial assistance may now be able to turn to the college for their staple needs as well as their intellectual needs.

Eyeopener: October 6

International Coffeehouse

A non-partisan discussion of current world events

Free to staff and students
 10:15-11:30 a.m.
 October 20

The Seventh Semester
 Produced by the
 Humber College School
 of Business and the
 International
 Marketing Department
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