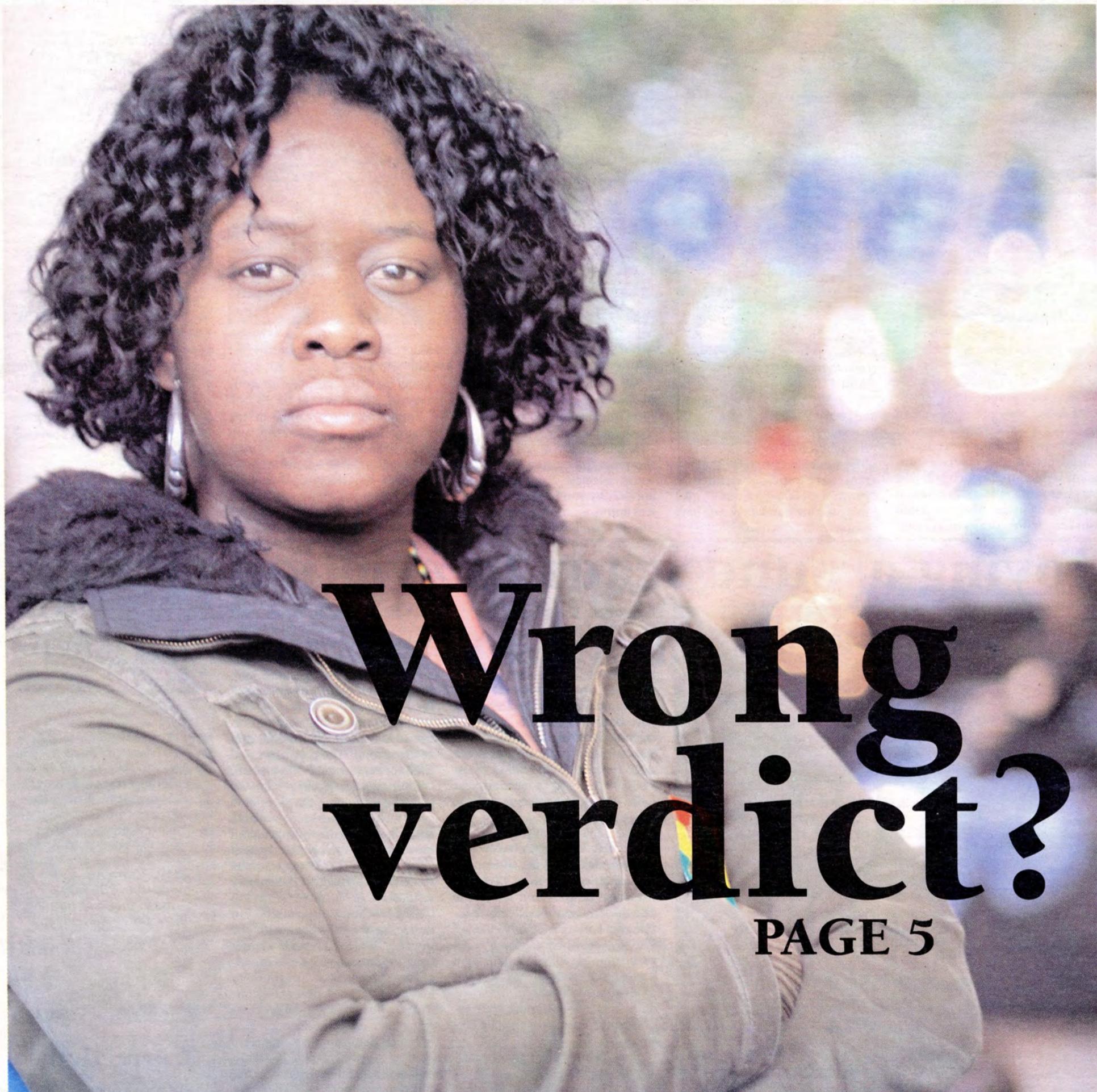




HUMBER ET CETERA

MARCH 22, 2007 // VOLUME 38 // NUMBER 21

[HTTP://ETCETERA.HUMBER.CA](http://etcetera.humber.ca)



Wrong verdict?

PAGE 5

DISQUALIFIED CANDIDATE Trudy-Ann Powell says she knew her appeal would be turned down before the verdict was announced last Thursday by committee. photo by ryan vella



Ethical clothing PAGE 10



Federal budget PAGE 12



Culinary winners PAGE 16

NEWS

Taha Yassin Ramadan, vice-president under former Iraqi president Saddam Hussein, was hanged Tuesday morning for killing 148 Shia Muslims in 1982. - www.cbc.ca

Getting kids into kitchen

David Hamilton
NEWS REPORTER

An at-risk youth cooking course, hosted by Humber's Culinary program, has been so successful a new class starts next month.

Chef Anthony Borgo taught 24 young people their way around the kitchen during the program, ending with a graduation ceremony at the end of February.

"They found the desire to change themselves from within and put themselves in a better situation in a year, and they have done that," Borgo said. "They're going to go on and be successful in everything they do."

Alex MacDonald, 21, said before enrolling in the culinary program he was struggling with unemployment. Now he is preparing to start work at the glamorous Park Hyatt hotel restaurant later this month.

MacDonald said "I would probably be working at some minimum wage job at a grocery market or convenience store."

"It gave me a reason to wake up in the morning and I don't mean a reason like 'I have to wake up and go to work,' I mean a reason like, 'I want to get up in the morning.'"

Students in the culinary program were also provided with the services of life-skills coach Derrick Williams, who is a youth worker with the community

group Microskills based in Etobicoke.

Borgo said the first group owes a lot to the sense of balance that Williams encourages and that students in his other courses could benefit from life-skills advising.

"Part of why this program has been so successful . . . is that we have a life-skills course and I think it's something the college should think about putting in the curriculum in all academic courses here at Humber," Borgo said.

While only 15 of the original culinary students stayed in the program until graduation, all participants found jobs, said Borgo.

The program has been approved for a government grant and will continue to teach youth to cook at no cost.

"I hope they continue this program because a lot of people cannot afford college," McDonald said. "Being 25-years old, working a minimum wage job, supporting a child, you tell me how much stress that is."

Alistair Mathieson, dean of the school of hospitality, recreation and tourism said the idea for the program came from incoming president John Davies.

The students chosen for the program were officially defined as "youth-at-risk" from the Etobicoke area and may not have completed high school.

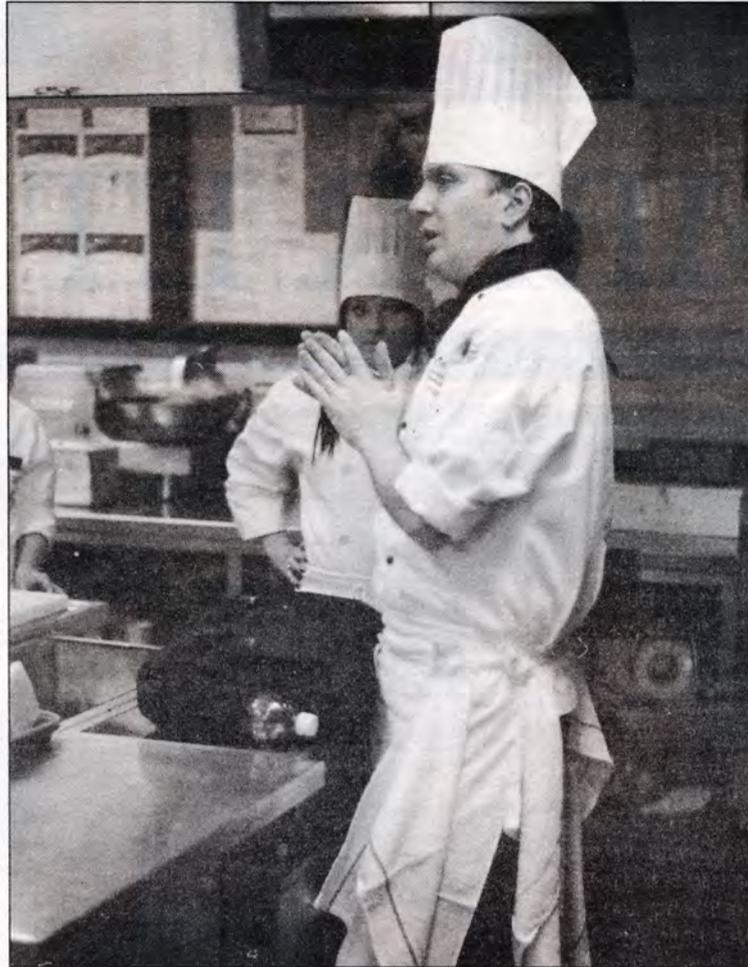


photo by david hamilton

Chef Anthony Borgo teaches cooking skills to disadvantaged students for the past year in his culinary class.

"We started with 24 young people in off the streets and began to train them as cook apprentices," Mathieson said.

He said the two dozen chosen for the program starting next month were selected from individual applicants, youth placement centres and community groups.

"The number of applicants is

more than the number of spots available," he said.

Borgo said he is proud of the changes he has seen these youth make in their lives.

"Being in a program here at Humber has changed their lives and made them want to go on and be successful," he said. "That's the real magic of the program."

Toying around leads to eviction

Lindsay Meli
NEWS REPORTER

A North Campus resident is being evicted for possession of a toy gun.

"The college and the Residence have a zero tolerance policy on weapons and replicas," said Mike Kopinak, manager of Residence Life.

Logan Ullyott, a second-year industrial design student, said he won't be allowed back in Residence next term for the violation.

Ullyott described the silver plastic toy as similar to a Nerf gun with fake buttons and levers. He said the gun "shoots little tiny ball-things. I bought it in Tijuana." The toy was discovered in a common room on Ullyott's floor by a Residence assistant.

Ullyott said that from that point on he was the subject of investigation by the Residence and the college.

"They made it clear to me that I was getting evicted."

Judy Harvey, dean of student services, said that in situations where a student is evicted the nature of the violation is balanced

with the timing in the semester and the academic standing of the student.

Since the eviction is not until the end of the semester, Kopinak said, "they are not a threat to the rest of the Residence."

An officer from 23 Division cautioned Ullyott for having a toy gun at the school. "The cops came and tried to scare . . . me," Ullyott said.

Kopinak said, "a chat from the police is something that is often a good tactic that works for students and other students to understand how serious we take these issues." Gary Jeynes, head of Campus security said "It will be taken very seriously."

Ullyott had supporters in Residence wear T-shirts with the slogan 'Free Logan.' James Laugher, second-year radio broadcasting student said, "we got them made to show support for our friend who is being unfairly treated by the rules of Residence."

"I feel that the rules here are pretty stupid," said Garland Anthony, second-year film and television production. "They are used to (for being) on a power trip when really they should be used for our safety."



photo by lindsay meli

Logan Ullyott friend's made this T-shirt to show their support.



● Stats Canada reported Ontario had the fewest U.S. border crossings in Ontario history. The agency blamed heavy snowfall, but dismissed the new passport requirement since it came into affect late in the month. Overall, there were 1.2 million U.S. travellers - a 15.3 per cent drop from December.

- cbc.ca

● Thursday marks World Water Day 2007: Coping with water scarcity. Started by the United Nations, the day celebrates and informs the public about the importance of water worldwide.

- unwater.org



● After weeks of campaigning from the New Democrats and poverty activists, the Ontario government agreed to raise the minimum wage to \$10.25 an hour by 2010. There are currently more than 200,000 Ontario workers earning minimum wage, which sits at \$8.00.

- ctv.ca

Corrections

On page 15 of the March 15 issue, the photo should be credited to Stephanie Sherr.



Rescue teams continue to search for six miners a day after an explosion ripped through a coal mine in southern Siberia that left 100 people dead. - www.cnn.com

Combating war realities

Jesse Kinos-Goodin
SPORTS REPORTER

We're hunkered down behind fragile ceasefire lines in a war-ravaged country far from home. Mass graves have been uncovered on both sides, proof of ethnic cleansing.

Women and children seek protection from rape, torture and slavery. So do little boys recruited as soldiers by their village warlords.

Poisoned wells mean no clean water and food supplies have been cut off. Nearly half a million people are displaced.

This was the scenario faced by 130 students from across the country, including 30 from Humber's international project management program, for four days last week at the Canadian War Museum in Ottawa.

The project was designed to simulate a modern war, where Canadian troops toil alongside aid workers, as they did in Bosnia, Somalia, Rwanda and now Afghanistan.

The students acted as Canadian soldiers, RCMP officers, humanitarian and relief workers. One day they were securing food with CARE Canada, the next securing a perimeter with UN police.

"This is an amazing opportunity for everyone involved," said retired Major General Lewis MacKenzie, who commanded UN forces during the war in Bosnia and acted in the same role for these unique war games.

"This type of exposure, the discussions, the networking, the questions and answers, not just the role-playing, is really beneficial to giving a feel as to what to expect, especially when you're working in a development, humanitarian or military operation."

The students involved may go on to work for non-governmental organizations (NGO's) such as UNICEF, OXFAM or the Red Cross and could find themselves positioned anywhere in the world.

"The NGOs and military have always been in conflicts together," said Colonel Pat Stogran, first to lead Canadian troops in Afghanistan and now serving as vice president of the Ottawa-based Pearson Peacekeeping Centre, which conducted the simulation.

"Certainly, when I was in Bosnia, there was an informal effort to coordinate things. But, I would say that all of the parties to it treated that co-operation as an anomaly."

The goal of this exercise was to drive home to the students that teamwork between the military and NGOs is necessary to succeed in a 21st century conflict.

"It was the best learning experience of my life, in a controlled environment," said Humber student Karen Tham. "As students, we're starved for this kind of experience."

The students participated under the guidance of professionals from the Canadian Forces, the UN, RCMP and several NGOs.

The reality of the simulation became apparent when we



photos by jesse kinos-goodin

Humber students Karem Tham (right) and Michelle Miller-Guillot (left) get a morning briefing.

stormed a military headquarters, with cameras rolling and lights blazing, almost sending one student into tears. We journalists were forcibly removed by the real Canadian Forces mentor.

"One thing I really took away from it was the role of the mili-

tary," said Humber student Kristin Pristupa. "Coming from an NGO perspective, it's something I've never been exposed to."

Currently in Afghanistan, there are thousands of people, including Canadians working for NGOs - along with about 2,300 Canadian

soldiers, plus other allied troops - trying to rebuild the country after decades of war.

"Consider the weight of our responsibilities abroad to be equal to the privileges we enjoy at home," MacKenzie said at the farewell dinner in the museum.

Paralegal grad gets off the hook in court

Amberly McAteer
NEWS REPORTER

A former Humber student who faced criminal charges is back at work as a paralegal in Toronto.

"I've actually got more clients now than ever because of all the publicity from the trial," said Philip Alexiu, who had charges of forgery, uttering and attempting to obstruct justice dropped by the Crown after a mistrial was declared on March 9, 2007.

Alexiu's two co-defendants, brothers Joe and Nick Allesandro,

were found guilty of forging false appeals and attempting to obstruct justice. Crown attorney Phil Perlmutter argued that the two men duped the provincial Ministry of Transportation, with more than 70 bogus appeals to get their clients' driving charges cleared.

Alexiu, 27, said he was charged because his name was associated with some of the cases in question. But he said he was confident from the get-go he would be cleared.

"I think the reason I was charged in the first place was to get me to

talk about the other two," he said. Alexiu said the Crown offered him a deal - his release in exchange for information on the Allesandro brothers - six times in the first two weeks of his eight-week trial.

"I want to get them the justice they deserve, the same justice I got."

- Philip Alexiu
Humber paralegal grad

Brendan Crawley, spokesperson for the Attorney General, said that

the jury was unable to reach a verdict for Alexiu.

"The Crown decided that it wasn't in the public's interest to continue," he said. "So he withdrew all charges."

Born and raised in Toronto, Alexiu said he knew he wanted to be a paralegal at the age of 17.

"I got a traffic ticket and hired a paralegal to represent me," he said. "From that point forward I knew I wanted to do this."

He enrolled in Humber's paralegal studies program in 2000 and said the program's co-op was

"especially useful for real-world, hands-on experience."

From 2002 to 2003, Alexiu worked for a number of paralegal agencies, including the Allesandros.

"The lesson here is to be careful who you work for when you get out of college," he said.

Now a paralegal for Legal Action in North York, Alexiu said his career is fulfilling.

"I love fighting for people in court," he said. "I want to get them the justice they deserve, the same justice I got."

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"Voting is more an act of devotion than an act of democratic input . . . Voting is the holiest ritual in America's civic religion, and not much else." — Jesse Walker



courtesy

Humber won 11 Collegiate Circle Awards, one Gold Crown, one Apple Award and Guelph-Humber journalists also took home five Collegiate Circle Awards.

J-School brings home hardware

Nick Kyonka
SPECIAL TO THE ET CETERA

Humber's journalism program pulled in a host of awards last weekend at one of North America's most prestigious annual gatherings of student journalists, the College Media Convention in New York.

Convergence, a magazine that examined the media circus around an infamous murderer and an *Et Cetera* article telling the story of an optimistic young man from a Kenyan slum, helped the college bring in an impressive 13 awards.

Radio Humber's daily news magazine show won the College Media Advisers Apple Award for a 20-minute clip recorded Oct. 25, 2006. This year was the first the college had submitted a broadcast

entry, which made the win sweeter.

The three-day conference hosted by the Columbia Scholastic Press Association (CSPA), brought together media veterans and experts from across the U.S. to share some of the tricks of the trade with students.

The awards were presented by CSPA Executive Director Edmund J. Sullivan at the closing of the conference. Humber's exuberant 30-person delegation was the only Canadian entry.

Included in Humber's take of the prizes was one of the much-coveted Gold Crown Awards, as well as the newly designed Apple Award and three first-place certificates.

It was the first time Humber had received a Gold Crown and the three first-place awards were also a school record.

"I think it totally validates everything that we do here," said journalism program co-ordinator, Carey French. "It's always nice to get a little recognition and to get a lot of recognition is even better."

"The newspaper is a collaborative effort and the awards that we won really show that."

— Zoe Szuch

Humber *Et Cetera* Editor-In-Chief

"It's not a surprise to win," French said. "But, to win so many first places, that's totally extraordinary. We've never won this number of firsts before."

A panel of 11 judges selected by the CSPA awarded Humber's magazine *Convergence* with the

Gold Crown for the winter and spring editions of 2006. Although a total of 1,860 newspapers, magazine and yearbooks were eligible to enter the competition, only 18 of the prizes were awarded.

Convergence — which featured a story about the media lusting after Karla Homolka — also won two first place awards: one for cover design and one for photography.

"We're the only Canadian college to compete, so to win the Gold . . . is incredible," said Lara King, the faculty creative advisor for both issues of *Convergence*. "It shows what we've known all along and it's recognition of what we're doing here."

The *Humber Et Cetera* brought in the most hardware of all of the school's media outlets with two Third Place Awards and five cer-

tificates of merit.

Included in the certificate winners was an article by *Et Cetera* reporter Jackson Hayes on the plight of the Mathare Valley in Nairobi, Kenya (Oct. 26, 2006), and a story by graduate Gina Jashewski about the college coming to the rescue of a Humber student devastated by the death of her mother (Dec. 8, 2005).

"It's nice to be recognized for our hard work," said *Et Cetera* editor-in-chief Zoe Szuch. "The newspaper is a collaborative effort and the awards that we won really show that. A lot of people go into making the great newspaper we have."

Sweat magazine rounded out the award-winning entourage with another First Place Award for design and a certificate of merit.



photo by michelle singerman

Author Maude Barlow speaks to students Tuesday morning.

Balancing globalization

Michelle Singerman
NEWS REPORTER

Author, intellectual and activist Maude Barlow spoke to students about the consequences of globalization on our shrinking world.

"There are lots of good things about globalization," Barlow said on Tuesday in a Seventh Semester lecture. "Nobody is against the globalization of human values."

But, she said globalization has negative aspects as well.

"Economic globalization . . . That's basically the expansion of a particular ideology and economic and development model for the whole world," Barlow said. "The term is the Washington Consensus and that means that basically the whole world has to be an image of the politics coming out of Washington."

Barlow's two main concerns are class inequity growing in every country and environmental degra-

dation.

She said the top 10 per cent of U.S. citizens controls the top two-thirds of the wealth.

"The bottom 90 per cent are left to share that bottom third," she said.

The basic model of globalization is limitless growth, Barlow said.

"Keep building more things, get the prices down cheaper. The more you expand into developing countries the cheaper the goods."

She said the global expansion of multinational corporations has transformed businesses into transnational corporations.

"They don't really think of themselves as connected to any country," Barlow said. "Creating international global institutions that are becoming more powerful than countries."

Transnationals are so large and have accumulated so much wealth, that the top 200 combined are worth more than the majority of

people in the world, she said.

Barlow said students should go on the Council of Canadians website at Canadians.org, which works to deal with the fallout of globalization.

Action can also be taken by buying locally grown produce, she said.

"Did you know the average North American dinner plate has travelled 1,900 km to get to you?"

Ayan Ali, a second-year business management student, said the lecture was refreshing because it allowed her to see others sharing in her ideological framework.

"This is everything I've always been saying," Ali said of Barlow's talk.

Jason Galea, professor of liberal arts and sciences, is responsible for Barlow's appearance at the college.

"Whether you agree with her or not, I think it's important to have these discussions and to open dialogue," Galea said.



"Poverty also plagues much of Iraq, with unemployment at around 50 per cent and half of the population living on less than \$1 US a day." – www.cbc.ca

Powell: 'It's sabotage'

Ryan Vella
NEWS REPORTER

Trudy-Ann Powell said she was railroaded by the Humber Students' Federation, which disqualified her as the winner of this year's HSF elections for vice-president of campus life north.

"It's sabotage, I believe it was fabricated," she said of an allegation that she was electioneering during the voting period, in violation of HSF rules.

Stephen Cabral, an employee of the HSF, in a March 6 letter obtained by *Et Cetera*, wrote that he "witnessed Trudy-Ann, a candidate in the election, campaigning in front of the HSF office." He said he "confronted her and reminded her that she was not allowed to continue."

But Powell denies the encounter with Cabral ever took place. "It seems to me like they see stupid right on my forehead," said Powell, a member on the Humber student board of governors and court and tribunal student. "Why would I be right in front of the HSF office campaigning? I knew this was not allowed."

Despite Powell's denial, she was disqualified on March 8 by chief returning officer Colin Parent and HSF executive director Ercole Perrone. Powell appealed the ruling before a judicial review committee last Thursday, but her disqualification was upheld based on Cabral's written and verbal testimony.

Cabral, the lone witness to testify against Powell during the appeal process, will not say much about his involvement. "The elections are done and I'm not going to say anything about it," he said.

Perrone said Cabral's testimony was sufficient to uphold HSF's initial ruling to disqualify Powell.

"Had the judicial review committee felt that it wasn't enough, they would have overturned the decision of the CRO," he said. "It's unfortunate. I don't think that the mistakes that she made were done with malicious intent. But, the mistakes that she made were

Decision to disqualify was the right one, dean says

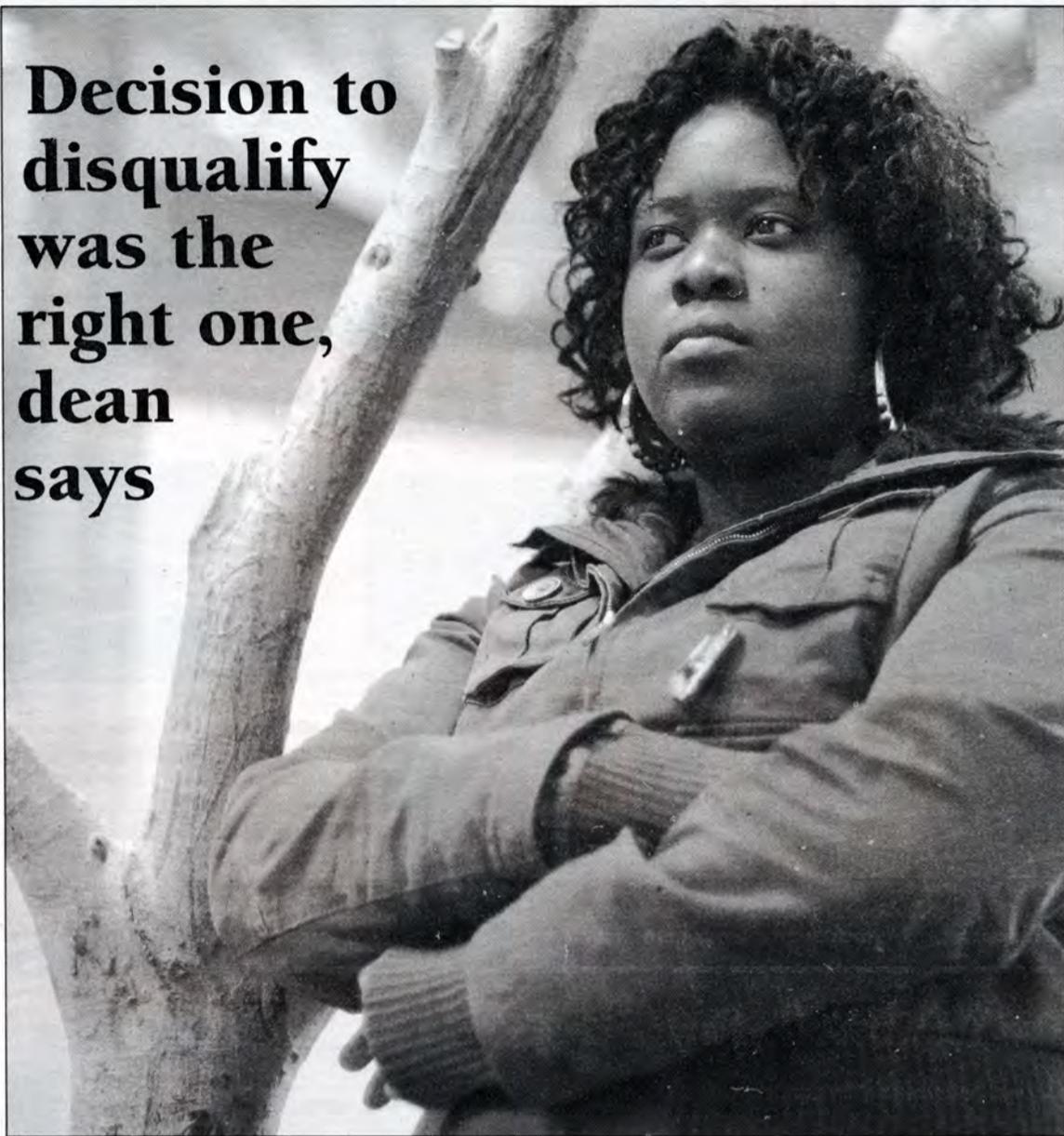


photo by ryan vella

After her title was stripped and appeal was denied, Trudy-Ann Powell still claims innocence.

harmful enough that it provided her with an advantage over the other candidates."

Judy Harvey, dean of student services and one of three people presiding at Powell's appeal hearing, said the committee made the right decision.

"I am absolutely convinced that there were valid reasons for the disqualification," she said. "The judicial review was thorough and the decision to uphold that dis-

qualification was unanimous."

But Harvey did acknowledge the committee's decision ultimately came down to one person's word versus another. When asked if it was a question of believing Cabral over Powell, she said, "Yes, yes, yes, but she has a vested interest and he does not."

Powell said she does not buy the argument. "I could have foreshadowed that I was going to lose the appeal just by the whole dynamics,

even though they're trying to say it's a neutral body, and impartial body. But at the same time, the HSF staff (Cabral) made the allegations."

And while Harvey understands why Powell is upset, she said she is, "disappointed that the candidate can't accept the result of the judicial review. I tried very hard early in the process to reassure her, no matter what the outcome was, this was not a reflection on her character."

HcNet makes much needed change

Kaitlyn Coholan
NEWS REPORTER

Starting in September, computer lab passwords on campus will last an entire calendar year instead of expiring every 60 days.

To alleviate concerns about security, Information and Technology Services will introduce rules for more complex passwords, said Ryan Burton, the services support manager.

Passwords will have to include three of four of the following: an uppercase letter, a lowercase letter, a number, a special character such as a number or an ampersand. The length requirement will also increase from six characters to eight.

"Security is always at the forefront of what we do," Burton said. "This is convenient, but also secure."

"This kind of password, you have to change it every three weeks? Four weeks? And you can't use it again."

– Dong Cao
first-year nursing student

"We've heard a lot of people complain about remembering changed passwords," Burton said. "In the wake of the new student e-mail system, we wanted to make it easier."

Students will start getting Humber e-mail accounts next year.

Sherri Henry, a first-year court and tribunal agent student, said she would prefer to keep the current password system.

"Why are they going to make something so easy so difficult?" Henry said. "We already have enough to worry about."

Dong Cao, a first-year nursing student, on the other hand, is happy to be rid of the 60-day expiry.

"It's crazy. I used to work for the IT industry and I've never seen anything like this," said Cao.

"This kind of password, you have to change it every three weeks? Four weeks? And you can't use it again," he said.

"You have how many passwords? Credit cards, all different things. It's bugging me."

Majority says show me the tickets

Survey takes HSF Leafs' ticket inquiry to Lakeshore and North students

Andrew Stewart
SENIOR REPORTER

Eighty-seven percent of students believe HSF should identify who received tickets to five Leafs home games.

In a front page story in last week's *Et Cetera*, it was reported that five of 45 sets of tickets to Leafs games at the ACC were not given to students as contest prizes. HSF executive director Ercole Perrone said the tickets went to stakeholders whom he would not

identify.

On Tuesday, *Et Cetera* polled 100 students – 80 at North Campus and 20 at Lakeshore who were asked the following six questions:

1. Did you read last week's *Et Cetera*'s cover story?
2. Do you know what HSF does with your money?
3. Do you want to know who has HSF sporting tickets?
4. Do you believe the HSF stakeholders should be named?
5. Will you attend the HSF meeting next Wednesday? The results

showed 90 per cent had not read the *Et Cetera* story and 10 per cent had read the story.

When asked if they knew what HSF does with money it receives from student fees, 23 per cent of people said they were aware of where their money goes, while 78 per cent did not know.

Eighty-seven percent felt HSF should identify the stakeholders who received HSF tickets to the five games in question. Thirteen per cent did not.

On the other hand, 62 per cent

of people said they would like to know who specifically got the tickets for the games in question and 38 per cent said they didn't care.

And when asked if students would be attending next week's HSF bi-annual general meeting next Wednesday March 28, 2007 at 8p.m., 87 per cent of people said they would not be attending.

Five per cent said they would be attending and 8 per cent said they were considering attending the meeting.

I hear it at the hockey arena, I hear it at the coffee shops, I hear it from people on the street – taxes in Canada are way too high.” – Jim Flaherty, Fed. Finance Minister

Handing out appreciation

Valorie Maloney
NEWS REPORTER

Students are getting the chance to recognize someone's dedication this month as part of the Student Appreciation Awards.

“It's about appreciating how individuals impact on the lives of other students,” said Maggie Hobbs, director of student affairs, on the meaning of the awards.

Organized by public relation students, the theme for this year's awards is ‘Back to our Roots.’

Initially started by college President Robert Gordon, the awards celebrate its 23rd year.

The awards started “because they weren't doing it,” Gordon said.

“I think to have a great college and a full service college you can't just have people going to class and leaving. There is more to it than that.”

Students, faculty and staff can make nominations.

The key is that “the student must be in the equation,” Hobbs said.

“There was a student who had MS (multiple sclerosis) and this other student partnered with them and would call and give them notes when she wasn't well, that



photo by valorie maloney

Dana Petersen and Kasia Lech hand out cotton candy last week at the North Campus.

sort of thing,” Hobbs said. “Caring about someone, making a huge difference in someone's life is what the awards celebrate.”

Nomination forms can be

picked up at the HSF or Athletics offices at North or Lakeshore campus, or online at hsfweb.com and fill it out.

The nominations, which close

March 30, go on to a panel of past awards recipients, Petersen said. Those selected for the awards are invited to the awards banquet in May.

Loan default rate low

More being paid

Stephanie Zolis
NEWS REPORTER

More students than ever before are paying back their loans on time, said Minister of Training, Colleges and Universities Chris Bentley.

The default rate was 10.3 per cent in 2006 – less than half of what it was 10 years earlier.

Bentley said although students are borrowing more money, government debt management programs make it easier for graduates to manage loan repayment.

“First of all, you have three times as many students receiving grants,” Bentley said. “That's the number one thing. When you receive a grant of course, you don't have to repay that back.”

“Second, when students receive enough assistance through grants and interest-free loans, it means they're not having to go and access other, more expensive, forms of money – through the banks for example.”

Bentley said he expects the government to continue to progress through its Reaching Higher program, which increased the maximum loan amount per year to \$11,900.

Jason Walker from the National Student Loan Service Centre, who was at Humber last week to counsel graduating students on loan repayment options, said many students don't realize interest starts to accumulate the day after graduation, not when the first payment is due. “You actually are charged interest on a daily basis,” he said.

Interest relief is available for qualifying students for up to five years and the government can help start paying off the principal after that. Graduates can also receive a tax credit of 17 per cent on interest paid.

“There is no negative aspect of this program,” Walker said. “I encourage everyone who thinks they may be able to utilize this program, utilize the program. It doesn't impact your credit rating at all.”

Richard Kingston, financial services program co-ordinator, said the biggest mistake he sees students make is borrow more than they're capable of paying back. He suggests students seek advice from a financial planner or adviser to ensure payment deadlines will be met.

“Loan defaults are recorded on your credit rating and make getting another loan in the future either extremely difficult or extremely expensive.”

Saluting the best high schoolers

David Hamilton
NEWS REPORTER

The second annual Greatest High School Teacher Essay Contest celebrated three teachers, who have had an impact on the lives of three Humber students at a ceremony Tuesday night.

Monica Blumhoff, Heather Smith and HeeJung Koo wrote the three winning essays about their teachers chosen from 60 entries, said Nancy Rodrigues, associate dean of the School of Media Studies and Information Technology.

Blumhoff, now a public relations student, chose to write about her St. Thomas Aquinas high school law teacher in Oakville, Beth Robertson, whose tough-love approach taught her the discipline she needed to succeed.

“It was a struggle,” Robertson said. “She was a university level kid, taking university-level classes but with an attitude of not coming to class and not doing assignments.”

“It's huge that she graduated, figured out what she wanted to do and applied to college, and now she's got in,” she said.

“She gave me a chance,” Blumhoff said. “She's a wicked teacher. She's a no-crap teacher.”

“The life lessons that she taught us: be yourself, be responsible for what you do, make sure you are always paying attention, help me in college now.”

Joe Tersigni taught history to first-year fashion arts student Heather Smith when she was in high school at Our Lady of Lourdes in Guelph.

“I just remember Mr. T being an awesome teacher and how he taught really well,” Smith said. “He was always fun-loving and he engaged the students.”

Her father, Eric Smith, said that Tersigni has been a very positive influence on his daughter's life.

“Just to read the essay she wrote you can tell what a big impact he had on her.”

The winning teachers were given the opportunity to choose a graduating student from their school to receive a two-semester full tuition entrance scholarship starting in the fall, Rodrigues said.

The idea for the contest came from James Cullin, a media studies program co-ordinator.

He read about a similar contest in a *New York Times* article in June 2005 about a small liberal arts college running a similar program in the U.S.

He circulated the idea around the school, reaching vice-president of academic Michael Hatton, who said it was a great idea and that the college should try it.

Now in its second year, the program is succeeding in rewarding good teaching, he said.

“This year,” Cullin said. “There were more essays submitted, the quality of writing has improved, but the spirit remains the same.”

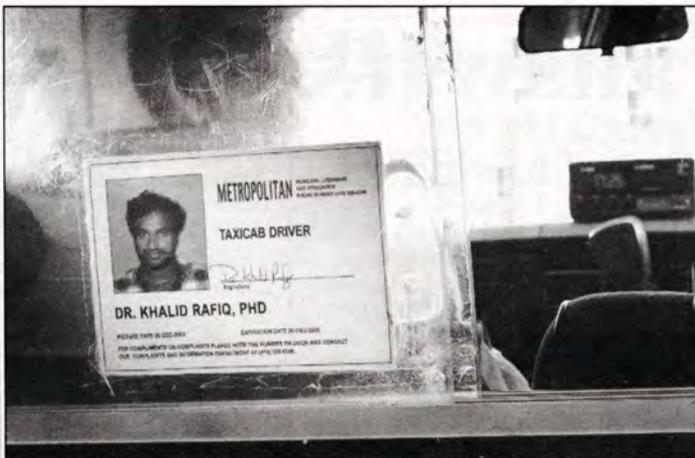
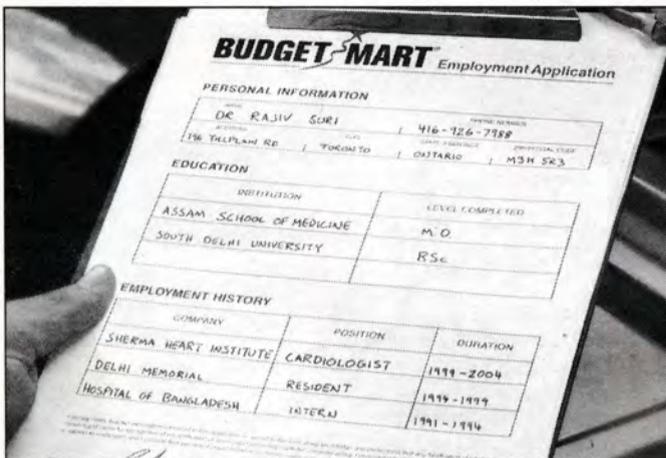


photo by david hamilton

Student Heather Smith receives a \$500 gift certificate from the bookstore for her winning essay about her high-school history teacher Joe Tersigni at Our Lady of Lourdes in Guelph.



A fire swept through a nursing home in southern Russia on Tuesday, leaving at least 63 people dead, 33 injured and one missing. — www.cbc.ca



courtesy

These posters at hireimmigrants.ca promote immigrant employment. New immigrants made up 75 per cent of the 1.6 million population increase in Canada.

Useful skills fresh off the Canadian shores

Helping newcomers find jobs

Lauren Denhartog
NEWS REPORTER

Despite having multiple degrees when she emigrated from Argentina, Humber student Alejandra Rabinovich still found that some of her qualifications were not recognized in Canada, but an innovative ad campaign hopes to address the lack of job opportunities.

The hireimmigrants.ca campaign is the brainchild of the Toronto Regional Immigration Employment Council, an organization started in 2003 to address the lack of job prospects for skilled immigrants in the GTA. The campaign also received funding in the amount of \$200,000 from the Ontario Ministry of Citizenship and Immigration.

Addressing the plight of newcomers to Canada, the ads feature highly trained individuals working far below their level of training. One ad features a woman cleaning offices, who had a Master in Business Administration.

"If you are coming from a country from a very high position and you come to this country, you have to start over from scratch and I think that's not fair and I think that some employers take advantage of that," said Rabinovich.

Currently taking quality management courses at Humber, Rabinovich, a mother of four, studied agronomics, food science and chiropody (the treatment of food disorders) in her native Argentina.

A licensed chiropodist there, her qualifications were only partially recognized in Canada. She was able to fall back on her training in food science and said she was lucky to have been educated in several subjects when she came to Canada in 2001.

"It is unfair, unacceptable and there is an injustice being done here," said Sabra Desai, a faculty member in Humber's social service worker program.

She said the ads are an indication that Ontario is finally ready to address these issues. "I think that whoever conceptualized these ads are very, very clever."

"We're trying to raise public awareness about the systemic barriers facing skilled immigrants," said Stephen Wilson, communications consultant at the council.

"The message has definitely been received by quite a lot of people," he said on the phone from his Toronto office. "We've had a lot of supportive e-mail out there, a lot of interesting stories from immigrants who have had to deal with this particular issue."

Wilson said it was important for the council to cast the message to everyone but particularly those in the GTA where the majority of immigrants live.

"We're trying to raise public awareness about the systemic barriers facing skilled immigrants."

— Stephen Wilson
communications consultant

"We targeted the immigrant community, of course, and we targeted employers," he said. "We

made sure to target general audiences between the ages of 25 and up to really get the message out because those are the people getting hired."

As for Humber's commitment to recognizing the skills of foreign-trained workers, the school turns to outside sources to access the qualifications of those educated abroad.

"When we put together a job competition, and it is a competition, if your degree is from another country there are three main sources that we use," said Roger Lewis, Diversity Humber rights adviser at Humber.

Lewis said the college relies on such places as World Education Services, Comparative Education Services and the Academic Credentials Evaluation Services which are designed to assist the education of foreign-trained workers.

The Conference Board of Canada estimates Canada's failure to recognize the qualifications of immigrants costs between \$3.4 billion and \$4.9 billion each year.

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EDITORIAL

“People are more violently opposed to fur than leather because it is safer to harass rich women than motorcycle gangs.” – Alexei Sayle, English comedian

Demand for answers

HSF executives need to respond to student questions about where the tickets went

After posing several questions to 100 North and Lakeshore campus students (see “Majority says show me the tickets” on page 5) a reporter discovered a whopping 87 per cent of students want to know, specifically who are the stakeholders of HSF. It’s obvious that the overwhelming majority of the student population wants answers. Nearly 80 per cent of the respondents also said they didn’t know what HSF does with student money.

Students have made it clear – the demand for answers is there and it’s time for HSF to respond. Whether or not HSF responds to student inquiries is its decision. A



response to student demands, or a lack thereof, will clearly illustrate the priorities of the current executive. Regardless, students must be persistent and continue asking where their hard earned money is going. If students are not benefiting from their financial contributions then who is? Students can utilize *Et Cetera* as a forum for discussion or speak to HSF directly. HSF’s bi-annual general meeting is next Wednesday, March 28 at 11:00 a.m. in the Student Centre of North Campus. If you have questions, comments or concerns, attend and speak up. Students must express their concerns and let their voices be heard loud and clear.



When buying clothing consider ethical choices

The reaction by most when faced with many problems facing society is to shrug one’s shoulders and whimper that there is nothing the individual can do. The positive is that in terms of things like ethics in clothing, the onus is on the consumer – and that is where the power lies.

The situation is black and white – fur fashions have fallen out of favour with the common consumer, and thus they’ve fallen out of favour with society and no longer carry the same presence in clothing stores they have had in the past.

The problem is the association between fur and cute, cuddly animals. Ethics in clothing goes further; the only real difference between wearing fur and, say, leather is the animal involved.

This is not to mention the equally important but far less easy to discern factor of the social policies of an apparel company.

While no one promotes sweatshop or child labour, many tacitly endorse the practices by purchasing items from big-name, yet socially abhorrent labels.

Sometimes this means avoiding a few bargains and biting the bullet on a few big receipts. Take companies like American Apparel – an outfit based in Los Angeles relies entirely on local, legal labour, but charges \$19 for a T-shirt – or Timberland, an upscale clothier that emphasizes social responsibility, positive environmental policies and active volunteering by its employees.

The important thing when buying clothing – as with doing most anything – is to ask the all important “Why?”

All one needs to do is simply question what’s the core of the product. Ask who is affected. Then ask yourself if it’s the right thing to do.

The only real difference between fur, and, say, leather is the animal involved

word ON THE street

the question: What ethical concerns do you have about your clothing?

dinah rutherford 23
GENERAL ARTS AND SCIENCE

“Sweatshops and fur for sure. I’m an animal lover... I just don’t think sweatshops are good. But I’m definitely anti-fur.”

Monique Lewis 21
Bachelor of Nursing

“I would say fur. I don’t like it when people wear the real thing.”

daniel swyer 18
HOSPITALITY AND TOURISM

“None. It’s just clothes.”

Gianelli Samaroo 20
Fitness and Health Promotion

“The fact that I buy Nike. I try not to buy it much, but I feel I end up buying it somehow.”

HUMBER ET CETERA

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Humber Et Cetera is a publication of the Humber College School of Media Studies: 205 Humber College Blvd., Etobicoke, ON, M9W 5L7
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“There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest.” – *Elie Wiesel, novelist and activist*

We need to speak up



Abby Blinch
IN FOCUS REPORTER

Last Thursday, animal rights activists marked the international day of protest against the seal hunt with demonstrations held around the world, including outside the Eaton Centre. The activists are angry over what they say is an inhumane hunt and took a step to get their cause noticed.

Unfortunately, there is an even bigger problem looming – bigger than the seal hunt or any other political disagreement currently being debated.

We, Generation Y, have stopped picking sides. We’ve become a politically correct generation. Our anger is dispersed in mosh pits and drunken Saturday night brawls.

Don’t get me wrong, I’m not sitting on a pedestal passing judgment. I’m against the seal hunt, but I didn’t go to the protest. I had a lot of homework to catch up on. I have a lot of responsibilities this semester. And I didn’t know anyone who wanted to go with me.

What happened to college and university students taking a stand and questioning the powers that be? I know there are still some out there, I just wonder why so few.

In *Waiting on the World to Change*, John Mayer sings our generation is “misunderstood” and “it’s not that we don’t care, we just know the fight ain’t fair.”

Yet when HSF held an election, only a few of us voted. This election was the perfect time to have a say on how our college is run, and no one had to light their bra on fire to do it. It seems even when the fight is fair, we can’t muster up the passion to care.

We may feel like we’re sticking it to the man when we cut class

because we don’t want someone else wasting our time, or when we listen to music our parents assume must be the work of devil worshippers. But really, we’re getting angry in socially acceptable ways – ways that will not invoke any change.

We have access to education and we also have new technological advances to keep us informed and connected to one another. And we have a world screaming for someone to care.

Standing up for a cause is not easy. It takes courage, heart and dedication. But it doesn’t have to be something you do alone. We can do it together.

It’s time we got angry about something and did something about it. There’s any number of causes to be involved in. At this point Generation Y is synonymous with Lindsay Lohan and Britney Spears.

Seriously, we can do better than that.

Fair trade products need accurate labels



Deniz Izzet
LIFE REPORTER

called TransFair independently audits fair trade goods and labels the certified products. Yet, not everything that has fair trade labelling has received official certification from TransFair.

When consumers buy certified fair trade goods, they can be sure they are buying the best quality and that the producer benefited the most from the sale of their goods. The producers are supposed to be paid a fair price that covers the cost to produce the goods and enables the product to be environmentally conscious and socially moral.

Recently there was an article in *The Toronto Star* about a group of high school students who were selling Fair Trade chocolates to raise money for school activities. The article praised the students as responsible consumers. But are any poverty-stricken producers truly benefiting from the sale of these so-called “fair trade” products?

There is a growing trend to help Third World countries by buying fair trade products, which means distributors make sure that producers in developing countries are paid a fair price for their goods. The main purpose is to cut out the middlemen and give back more money to the farmer, small co-op or artist.

There has been some criticism of fair trade products. Does enough of the money go back to the producer? How do you know whether or not you are buying a real fair trade product?

Certified fair trade goods are supposed to be labelled so consumers know what they are buying. In Canada an organization

Certified fair trade goods are supposed to be labelled so consumers know what they are buying.

Yet, last year in Canada, over 450 tonnes of coffee sold with fair trade labels were not certified by TransFair or any other organization.

Fair trade advocates want tougher rules, and some sort of governmental regulations set up to ensure that the products being sold with fair trade labelling are what they claim to be. If a company wants to use a fair trade label on their product, they would have to follow certain guidelines and there would be legal consequences if they falsely labeled any goods.

For fair trade to fully reach its socially conscious status there needs to be a standardized system of labelling that is certified and recognized in the entire world market.

Jays season will be their best in years

All-star lineup gives fans hope for long playoff run



Chris Halliday
NEWS EDITOR

After 13 years of simply hanging around in the hunt, not being a real threat to the Red Sox or Yankees for Major League Baseball’s American League East Division title, this year the Toronto Blue Jays will be a real contender.

Barring major injuries to both of the Jays’ key players, outfielder Vernon Wells and starting pitcher Roy Halladay this year, the Jays will seize the pennant and put an end to the Yankees’ and Red Sox’s reign of terror over the AL east.

The timing is right for the Jays – both the Red Sox and Yankees’ starting pitchers and batting line-ups look weaker than previous years.

This year’s Jays lineup is full of patient and pesky hitters, who will foul lots of pitches off and hit mistakes hard.

The Yankees and Bo Sox might hit more home runs, but more runners cross the plate when teams roll off strings of hits.

The improved lineup starts at the leadoff spot. After batting .319 last year, Reed Johnson finally earned a permanent spot in the lineup. Johnson is a tough out because

he’s patient and fouls off a lot of pitches. Plus, he’s tearing the cover off the ball this spring, hitting .375 with two home runs in 25 at bats.

Right-fielder and returning all-star Alex Rios will be even better and is projected to hit sixth or seventh in this stacked lineup. Then there’s Vernon Wells, one of the top players in baseball anchoring centre field.

With Wells, Rios and Johnson, the Jays have their best hitting and fielding outfield since Devon White, Joe Carter and Ricky Henderson in 1993.



The Jays got little to no production from the designated hitter spot last year, so general manager J.P. Riccardi signed veteran Frank Thomas in the off-season. Throwing Thomas into the lineup between Wells and power hitting third basemen Troy Glaus will

force pitchers to go after the Big Hurt, stopping them from pitching around him.

Some may disagree, but the Jays starting rotation will surprise people. Opening day starter Roy Halladay will anchor the staff, and with sufficient run support will win 20 games. A.J. Burnett is going to have a breakout year. He went 7-3 in his last 10 starts last year with an earned run average (ERA) of 3.25 and has looked good this spring. Tomo Ohka, a free agent signed by Riccardi this summer, has never played for a team that can put up runs. Don’t judge Ohka on his 47-57 career record, judge him on his career 4.04 ERA.

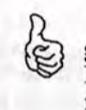
Throw in Gustavo Chacin, who has a career record of 23-14 and Victor Zambrano, who looks to have pitched his way into a starting spot with a 0.93 era this spring, and the Jays rotation stands up well to both the Yankees and Red Sox.

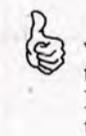
The Jays also have the best closer in the AL, B.J. Ryan. Ryan throws hard and challenges hitters with strikes, making hitters beat him and not many can.

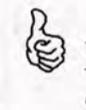
Once the Jays win the east, they’ll make a lot of noise in the playoffs. No team will look forward to facing Toronto’s lineup and its two starters, Halladay and Burnett, in a best of five or seven game series.

Get ready for the playoffs in September, Jays fans. After 13 years they will finally make it back.

PROPS & BURNS

 To the Journalism program for its big wins in New York for magazine, radio and newspaper.

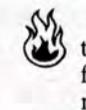
 To the men’s and women’s indoor soccer teams for representing Humber at the provincials this weekend.

 To the TTC for coming up with a transit plan that would improve service to campus.

 To Finance Minister Jim Flaherty for including a tax break on fuel-efficient vehicles in the new budget.

 To clothing companies who have unethical manufacturing practices like sweatshops.

 To *Dancing with the Stars* for spending so much time focused on contestant Heather Mills’ artificial leg.

 To Menu Foods whose tainted pet food put our furry friends at risk of kidney failure or death.

 To Finance Minister Jim Flaherty for waiting until 2008-09 to increase funding for post-secondary education.

Write To Us!

Letters must include contact information, full name, program and position.
etc.eds@gmail.com

Humber Et Cetera reserves the right to edit letters to the editor for length and clarity.

IN FOCUS ETHICAL CLOTHING

Eighty-five percent of the fur industry's skins come from animals living captive in fur factory farms which can hold thousands of animals. - www.peta.org

Fashion conscience

Smart buyers are changing the face of clothing

Daria Locke
IN FOCUS REPORTER

Humber fashion grads are applying what they've learned about ethical clothing in their new jobs.

"Everybody is coming out with an ethical line of clothing and it's definitely gaining some ground," said Tara Leydon, a graduate of the fashion arts program. "I've learned that this trend will come at a price. If companies start paying better wages and making clothes more environmentally friendly, then the prices will go up."

Leydon said she has seen how workers are treated in China, and knows the damage manufacturing has on the environment.

"We've had a misconception about what ethical clothing actually is - it's clothing with a conscience - not just the clothing on hippies' backs," said Pamela D'Etterre, a fashion instructor.

"Ethical clothing is now seen as clothing made without the use of sweatshops, fairly traded and made without polluting the envi-

ronment."

Manufacturers of ethical clothing monitor the damage their goods causes the environment and find solutions to rectify them.

D'Etterre said that before the industrial revolution, when unions did not exist, there were no guidelines.

Employers could operate their business and treat their employees as they pleased.

As unions gained more say, prices started to go up because employers were forced to pay fair wages and limit work hours.

Companies like the GAP and Levis have boasted about a "social responsibility" agreement that sets guidelines for the working conditions of their employees in other countries, the number of hours they can work in a week and the age of the worker. They also have

statements about being environmentally responsible striving to leave less of a footprint on the planet.

"The media has focused so much of their attention on poor working conditions... and their affect on the environment that these com-

"When big corporations have a heart about how they're treating the world...then we will see some big changes."

- Fashion instructor Pamela D'Etterre

panies, and many others have had to pull up their socks or their

bottom-line will be affected," D'Etterre said.

"If the customers aren't happy with how they are treating the people who make their clothes - then these companies will see a drop in sales. Eventually that could seriously hurt their business.

"We've come a long way since we used to enslave people in the United States, but the people in places like China and Bangladesh still don't get paid very much,"



photo by daria locke

Faux fur may be a safe and ethical choice for some but real fur is still a hit with designers and clients across the globe.

D'Etterre said.

"The world in general has become more conscious of where they shop and what implications it has on our Earth."

D'Etterre said the trend of ethical clothing will continue to grow internationally and become a viable movement.

"The youth of this generation are

becoming aware of the impact unethical and environmentally unfriendly behaviour is having on the world.

"When big corporations have a heart about how they're treating the world and they're held completely responsible for their actions, then we will see some big changes in the world."

Bamboo - the other cashmere

Moya Dillon
IN FOCUS REPORTER

With biodegradable fabrics that look and feel like silk or cashmere, people don't need to compromise their sense of fashion to help save the environment.

Fabrics made from soy, bamboo, corn and even recycled pop bottles are replacing traditional environ-

mentally friendly fabrics like hemp and organic cotton.

"We're working toward using more sustainable fabrics," Amanda Sissons, of Toronto boutique Freedom Clothing, says of its introduction of clothes made from soy and bamboo.

Bamboo fabrics, which look and feel like cashmere, are naturally biodegradable and sustainable.

Bamboo is grown without pesticides or fertilizers, absorbs more greenhouse gases, releases more oxygen and has a higher rate of growth than cotton crops.

Soy fabrics are similar to silk and have many of the same environmental benefits as bamboo.

Both biodegrade naturally without leaving any harmful toxins behind.

Other biodegradable fabrics include tencel, made from wood pulp, ingeo, made from corn, and fleeces made from recycled plastic pop bottles.

Using eco-friendly fabrics can help reduce the environmental harm caused by fashion, an impact many people don't realize, according to Nick Massey Garrison, communications director for Zerofootprint, a Toronto-based environmental organization.

"Pretty much everything we own was produced elsewhere, where environmental standards are lower, and then shipped," says Garrison.

Transportation is especially relevant to the trend of what Garrison calls "disposable clothes."

This refers to stores like H&M and Le Chateau, which offer cheap, synthetic, foreign-made

clothes that consumers rapidly buy, dispose of, and replace filling landfills with tons of discarded fashions.

These clothes also increase pollution because synthetic fibres like polyester leech toxins into the ground after disposal.

Garrison says the fashion industry's involvement in agriculture causes another negative environmental impact.

The growth of crops like cotton contributes 12 per cent of the world's greenhouse gases.

Garrison also mentions wool as harmful to the environment despite it being a sustainable material as it comes from

livestock. The methane emissions from the world's livestock population account for 18 per cent of world wide methane emissions.

Garrison recommends buying locally as the best way to reduce environmental impact.

"The environmental standards are higher locally and the product is coming without the built in carbon emissions from shipping."



courtesy

Clothing from Cotton Ginny's new line uses bamboo fibres.

The Lowdown

- ▶ 48,000 Canadians are directly employed by the textile industry. The products that they make are used in over 150 different industries.
- ▶ Man-made fibres such as rayon and acetate, were first produced in the late 1880s when scientists first began experimenting with extrusion.
- ▶ A nylon fibre is stronger than a steel wire of identical weight.
- ▶ Man-made fibres have become more prevalent than natural fibres. Microfibres, which can be 100 times finer than a human hair, now rival the most delicate silk.
- ▶ More than 150,000 people in North America have artificial arteries. The majority of these arteries are made from knitted textiles.

- www.carrieretex.ca

files from sean fitzgerald

ETHICAL CLOTHING IN FOCUS

According to the National Labor Committee, a Haitian sewing clothing for the U.S. market may earn less than 1% of the retail price. - www.fairtradefederation.org

Ethics a part of campus fabric



photo by elaine mitropoulos

Apparel supplier Follet was the first academic retailer to set standards for fair labour practices.

Elaine Mitropoulos

IN FOCUS REPORTER

The manufacturing conditions of Humber apparel relies on the integrity of the companies who sell the college's branded gear, said the school's registrar.

"The challenge in monitoring is how far down you go. You need to go all the way back to who picked the cotton in order to get a guarantee," said John Mason.

The school's policy toward unfair labour practices is detailed in the purchasing invoices provided to vendors. The disclaimer reads, "all products sold to Humber College must be manufactured under fair labour practices."

Mason said garments sold in the bookstore are from Chicago-based Follet Corporation.

"Each vendor signs our labour code of conduct," said Cliff Ewert, a spokesperson for Follet. "Once or twice a year, we select factories from these companies and send a monitoring team to look at them."

Ewert pointed to an incident in the past showing just how serious Follet takes its labour code of conduct.

"We had a shipment that came in from Myanmar. We will not deal with that country because of its deplorable working conditions and so we returned all the caps."

Kevin Thomas, a spokesperson for Toronto-based Maquila Solidarity Network, a labour rights organization, said Myanmar is recognized internationally as a con-

sistent abuser of human rights.

"The Canadian government actually has a recommendation that companies not source products from Burma (Myanmar)," Thomas said.

Thomas said his organization tries to achieve a 'no sweat' policy in school boards, universities and provincial governments across Canada.

If a company wants the rights to a university logo, labour rules imposed by the university must be followed to ensure a product was ethically made, Thomas said.

First-year business administration student Rashad Hassim is worried about clothing made under unethical conditions.

"I don't want people suffering for something I buy," he said. "I'm not going to lie. I don't check all the time, but I do check sometimes."

The issue is something Melissa Patterson, a first-year fashion arts student, doesn't consider.

"I probably wouldn't check. I don't even know how to check," she said.

Thomas stressed people can't buy their way out of a systemic problem.

"In its final finishing phase we know workers were paid a fair wage. But what we don't know is what happened to the people making the textiles," he added.

"We're not just consumers, we're also citizens and we have to exercise our voice with more than just our pocketbooks."

(Faux) fur fashion

As long as demand exists, supply is there

Abby Blinch

IN FOCUS REPORTER

Canada's commercial seal hunt is underway, sparking debate over the use of animal products in the fashion industry.

The 2007-2008 fall/winter fashion season is showing "lots of fur," said Rita Silvan, editor of *Elle Canada* magazine, "many people think of leather and fur as fabrics."

Fashion Arts instructor Pamela D'Ettoire teaches students to work with leather and fur but reminds them of the economical and environmental impacts.

Most are "grossed out" when first working with leather, but aren't willing to stop wearing it. There is a "line between what is morally questionable and what is fashion," D'Ettoire said.

Designer Sean "Diddy" Combs and his clothing line, Sean Jean, recently came under scrutiny after the Human Society of the United States (HSUS) tested fur trim on some of his jackets. It was advertised as faux fur but tests found it came from a raccoon dog, a furry canine common to Asia.

"This is an industry wide problem," Wayne Pacelle, president and CEO of HSUS said in a press release, "our investigation demonstrates that retailers and designers aren't paying close enough attention to composition of the fur trim they are selling."

42 per cent of seals in the commercial seal hunt were likely skinned alive.

- International Fund of Animal Welfare

"In China they don't see companion animals as we do... they see dogs as nuisances," said Kamila Monroe, president and founder of Wild at Heart, an animal rights organization in Toronto.

It is illegal to falsely label any product in Canada under the Competition Act, Alan Herscovici, director of the Fur Council of Canada said.

According to Herscovici, most of the fur in Canada is from muskrat and beaver with strict laws on when these animals can be trapped and how many.

Most trappers are aboriginal peo-



photo by abby blinch

This fur trim is unlabelled.

ple who are also using the animals for food.

However, according to the International Fund of Animal Welfare, a study done in 2001 concluded that 42 per cent of seals in the commercial seal hunt were likely skinned alive.

Elle Canada does receive complaints when fur products are advertised, but as long as there is a demand, designers will continue to use fur.

Shopping morally A conscientious buyer guide

Sean Fitzgerald

IN FOCUS REPORTER

It may feel like a scavenger hunt to find sweatshop-free and eco-friendly clothing, but these products can be purchased at several stores.

This month, Cotton Ginny launched Ology, a line of clothing made from sustainable fibers.

"The idea is to reduce our footprint on the environment by using natural fibres," said Laurie Dubrovac, director of marketing and communications at Cotton Ginny.

The store's organic cotton hooded sweatshirt is one of the cheapest on the market selling for \$55. Dubrovac said ethically created products usually carry a higher price tag.

"When you buy these products, you know that there's no child labour involved and there's no harm to the planet," she said. "I think people will pay more for that."

Also riding the trend is Ten Thousand Villages, a non-profit

chain selling products created by artisans in Africa, Asia, and Latin America.

"We ensure our artisans are paid enough (to) send their children to school and have decent health care," said Debbie Davies, a sales associate at the Danforth location.

Kate Sage, retail manager of the Toronto-based and volunteer run Fair Trade Clothing Co-op sells T-shirts, sweatshirts, and zipped-down hooded sweatshirts. Plain T-shirts cost \$18, while long-sleeve shirts are \$25.

Most of the products at the store are certified by non-profit organizations ensuring the manufacturing process meets fair-trade standards.

Sage said she is proud to sell products from Just Shirts, a group of single mothers in El Salvador who formed the group after working in sweatshops for years.

"Through these women, you can see the goals of fair-trade being realized," Sage said.

Students can find a list of sweatshop-free brands at www.sweatfree.org/shopping.

WORK & PLAY

"We might come closer to balancing the budget if all of us lived closer to the Commandments and the Golden Rule." – Former U.S. President Ronald Reagan

Budget gets mixed review

\$3.2 billion has been allocated for education, but colleges and universities need more

Angela Scappatura
BUSINESS REPORTER

Monday's federal budget shows some promise for students, said the national director of a Canadian student organization.

"There are definitely some problems within the budget, but this is a step forward," said Philippe Ouellette, national director of the Canadian Alliance of Student Associations. "This government has done very little so far for education but they've shown with this budget that there is a commitment."

Ouellette is director of the only

student organization to have met with the Prime minister within the last year to discuss student concerns. He said the largest obstacle for student funding is provincial co-operation.

"They've made the choice and they've decided that it is not about investing in students."

– James Turk,
executive director
the Canadian Association of University teachers

"The big thing will be with the provinces," Ouellette said. "The federal government needs to nego-

ciate with the provinces but they haven't yet, as far as I know."

James Turk, executive director of the Canadian Association of University teachers, said the federal government hasn't made any effort to improve education.

"I think it's a very disappointing budget for education because there is no new money for college and universities next year," Turk said. "We need \$4.9 billion to bring us back to the standard we had in 1970."

The federal budget, detailed Monday by federal finance minister Jim Flaherty, has increased spending seven per cent

to \$233.4 billion. Of that, \$3.2 billion has been allocated for education.

Both the Liberals and the NDP have expressed disappointment with the budget and have pledged not to support it.

Stéphane Dion told CTV he has never seen a government do so little with so much.

Turk said Dion's remarks refer to

the fact that the government has chosen to reduce debt with their surplus.

"This is a government that has a \$13 billion surplus and they put it into paying off the debt," Turk said.

"It is just a matter of making political choices. They've made the choice and they've decided that it is not about investing in students."

Federal budget highlights

Following the 2007 federal budget announcement the question remains, what does this mean for students?

– Canada's post-secondary education system will receive an investment of \$800 million per year beginning in 2008-09. This provides a 40 per cent increase in funding.

– \$34 million will be spent over two years to ensure that foreign students and skilled temporary workers already in Canada can meet health and security requirements to stay in the country.

– \$35 million will be given over two years for Canadian graduate scholarships.

– The Temporary Foreign Worker Program will receive \$50.5 million over two years to help employers meet immediate job shortages.

– \$500 million will be invested annually in labour market training beginning in 2008-09.

Online tax hold-up

Electronic stoppage puts the brakes on your refunds

Stephanie Sherr
BUSINESS REPORTER

Humber's resident tax expert, professor Pierre-Pascal Gendron, said Canadians can expect their tax refund cheques to be delayed after a nine-day shut-down of the Canada Revenue Agency's computers.

"My understanding of it, is that there's quite a backlog and it's going to slow things down. It's affecting all normally and electronically filed returns. While their systems were down, they were not processing anything," Gendron said.

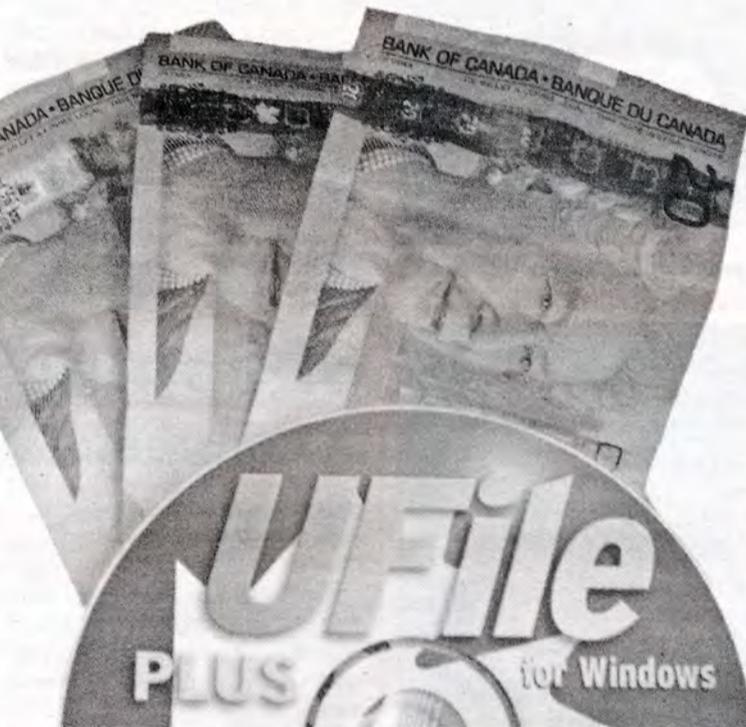
"So people who filed early thinking they would get an early refund, I don't think it's going to work this time. My understanding is that everything will be delayed," he added.

From March 6-14, the agency stopped accepting income tax returns filed online because of an order from CRA Commissioner Michael Dorais to shut down all tax related applications like Netfile, Telefile and UFile.

Even tax preparation companies such as H&R Block Ltd. were unable to provide instant refunds to many of its clients because of the disruption.

"In many cases, when people were looking for cash back we were unable to give them their money because we could not check with Revenue Canada," said H&R Block Ltd. accountant Alberto Caputo.

Even with the backlog at Revenue Canada, it will still be faster to file online before the April 30 deadline.



file photo by deniz izzet

UFile, one of the applications that helps you file your taxes.

In a recent posting on the revenue agency website, Dorais tried to assure taxpayers that the safety and privacy of their personal records was never compromised by the glitch.

"There is no indication that this situation was caused by intrusion, hacking or computer virus," Dorais said. "The security of taxpayer information remains paramount."

Second-year public relations student Donny Halliwell said he is worried about the government's

ability to protect his personal information and tends to avoid making transactions online.

"Especially with all the stuff like the Winners credit card scams, I tend to do things by hand when it comes to personal information," he said. "So instead of over the Internet, I just do it on paper because it's probably a lot safer."

Even with the backlog at Revenue Canada, Gendron said it will still be faster to file online before the April 30 deadline.

He said students who are not experienced in filling out regular tax forms should consider filing electronically because all the calculations are done automatically.



Sony comes Home

Sony has announced *Home* a 3D, avatar-based social environment similar to Second Life, available to users of the PlayStation 3 network. The idea is to give users a way to connect in a multimedia space and interact with the various forms of media available on the PS3. Home will be a free download. It will go into a large-scale beta in April and will launch publicly this fall.

– www.zdnet.com

Computer innovator passes away

John Backus, whose development of the Fortran programming language in the 1950s changed how people interacted with computers and paved the way for modern software, has died. He was 82. – www.wired.com

Anonymous searching

Google announced plans to make users' searches anonymous within the next few months. Previously, Google had been storing records of queries made with the popular search engine indefinitely. The records contained information such as query details and Internet Protocol addresses of users. In the future, the company will only store that data for a period of 18-24 months. – googleblog.blogspot.com

HD Photo vs JPEG

Microsoft will forward a new file format to an international standards organization that the company hopes will replace JPEGs. HD Photo uses an algorithm to create files that are half the size of JPEGs yet still maintaining higher image quality.

– www.pcworld.ca

"An identity is questioned only when it is menaced, as when the mighty begin to fall, or when the wretched begin to rise." - James Baldwin, author



photo by dennis chung

Giesecke & Devrient Systems Canada Inc. of Markham, Ont. was awarded a 10-year contract by the Ministry of Transportation to produce new drivers licences with high-security features.

New licences in the cards

Alison De Graff
BUSINESS REPORTER

Anna Kulinski, the co-ordinator of the Tourism and Travel program, said the industry will benefit from an Ontario government proposal to make driver licences acceptable documents for crossing the U.S. border.

"I think it would greatly benefit individuals and the travel industry," Kulinski said. "It would be less expensive and readily available to all who drive and it would promote travel to U.S.A."

Ontario Premier Dalton McGuinty, accompanied by the premiers of Manitoba and New Brunswick, met with U.S. officials in Washington in early March to discuss the impact of travel on the economy in states and provinces along the border.

Kulinski said she also thinks if Americans used their driver's licences to cross the border, it could mean the difference between dollars and cents.

"If the same method is applied

by the U.S.A., then tourist numbers would increase," she said. "Over the last few years, Canada lost large revenue in the form of American visitors due to passport issues and other factors."

The new card will include laser engravings, a two dimensional barcode, secondary photo, micro and rainbow printing, signature images and ultra-violet features.

Markham-based Giesecke & Devrient Systems Canada will produce the new licence cards.

Cheryl Hutton, a spokesperson for the company, said the new features will reduce the chances of counterfeiting.

"It helps to further protect personal information by making it more difficult to alter," Hutton said.

The new Ontario driver licences will be issued in December, a month before passport requirements for road travel go into effect at U.S. border crossings.

Effective January of this year, anyone travelling to the U.S. by air requires a passport.

Canadians shielded from piracy suits

Angela Scappatura
BUSINESS REPORTER

While students in Ohio face fines for allegedly pirating music, an expert on Internet policy said current privacy laws protect Canadians from legal action for downloading music.

"One thing that is different between Canada and the U.S. is that we have privacy laws prohibiting the release of private information to private organizations," said Phillipa Lawson, director of the Canadian Internet Policy and Public Interest Clinic at the University of Ottawa.

Students from Ohio University were recently fined \$3,000 each by the Recording Industry Association of America (RIAA) for allegedly pirating songs from the Internet. This case is another chapter in a list of other U.S. lawsuits where people ranging from 12 to 80-years old have been charged with illegally downloading music.

"We have found that it is not enough to educate," said Liz Kennedy, spokesperson for the U.S. organization. "Suing is the most effective method."

Three years ago, the Canadian Recording Industry Association (CRIA) tried to get dozens of users

charged with illegal downloading but since Internet Service Providers are not permitted to release personal information, the association was forced to bring their request to the Canadian courts.

"CRIA went to court with 29 subscriber ISPs and attempted to get names of the subscribers," Lawson said. "The main problem with their case was that they

couldn't sufficiently prove to the court that illegal downloading was being engaged in."

Since that case, CRIA has not reignited its legal pursuit, which Lawson said may be attributed to the high legal expenses.

"It is very counterproductive. In effect they are suing their customers," Lawson said.

"If the CRIA was able to gather user information, it is possible

they would try to charge them with illegal downloading," she said.

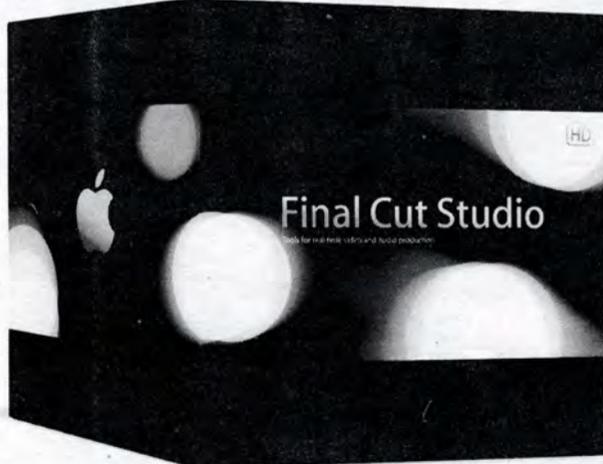
Canadian law related to downloading also poses another challenge preventing successful legal action, Lawson said.

"Uploading and actively sharing files is illegal, but if you are downloading, the law is unclear," he said. "It certainly can be argued that it is legal."



photo by angela scappatura

ISPs can't reveal the identity of users who download music.



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NICK KYONKA



NICK KYONKA



MARK GUILHERME



CENTRAL PARK

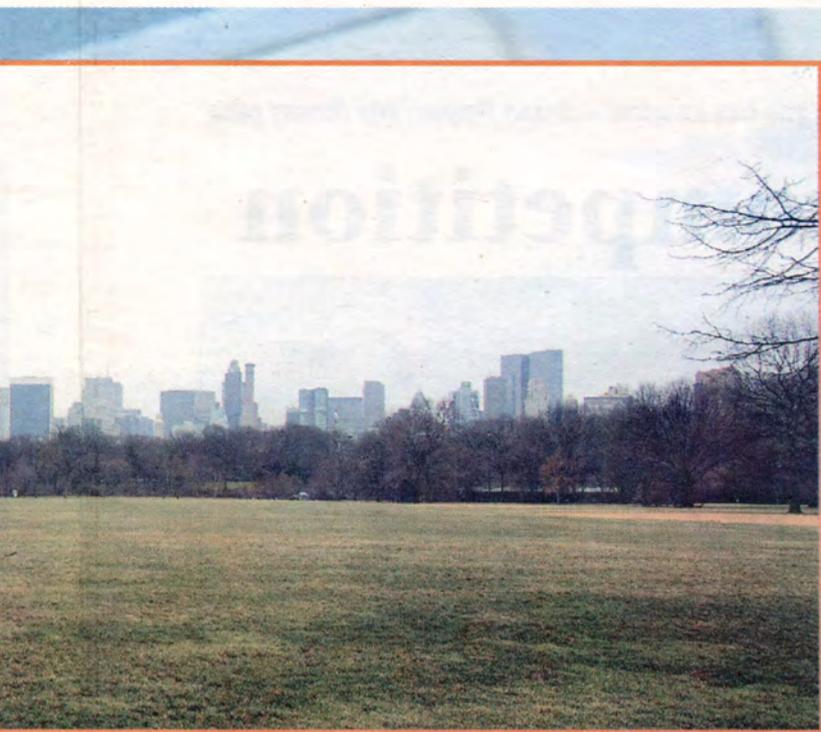


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MARK GUILHERME



LIBERTY



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Food=joy... guilt... anger... pain... nurturing... friendship... hatred... the way you look and feel... Food=everything you can imagine. – Susan Powter, 90s fitness guru

Culinary team heats up competition

Katarina Ilic
LIFE REPORTER

Four Humber College students struck gold at the 2007 Culinary Salon competition recently.

The competition, held last month at the Humber Room, was an opportunity for the students to showcase their cooking skills not only for other schools but also for chefs from the industry.

The gold medal team, coached by James Bodanis, consisted of second-year culinary management students Nick Morley, Carlo Marcoccia, Andrew Busciglio and Richard Hakim.

"You could see they're keen to be successful and just the thrill on their faces when they received their gold medal was enlightening enough," Bodanis said. "It was just a pleasure to see their faces."

The four admitted they were nervous going into the competition but credited their success to their coach, each other's hard work and their determination to win.

Although each team member entered the competition for his own reason, they had two things in common, their love of cooking and their determination to bring the gold to Humber.

Both coach and team believe that this medal raises the status of Humber's Culinary Management program.

The team sees the medal as a sign of their accomplishment and an affirmation of their choice in careers.

After two years of hard work and dedication, Busciglio describes the medal as the "cherry on top."

Team member Marcoccia recalls how anxious they all were leading up to the announcement.

"I have to say that I was kind of outside watching the carving competition put on by the golden chefs," he said. "The moments leading to that I was, you know, nervous as hell. I tried to keep myself occupied and not think about it too much."

Morley said he was nervous before the announcement because of the prank played on him by one of his teammates.

"I got a call from Carlo saying that someone had knocked over our plate and damaged it and the judges hadn't even looked at it yet," he said. "When I got there everything was fine, the guys were just joking around with me."

Busciglio watched the judges put the gold star on the team's banner.

"When that happened I just went nuts," he said. "I was so excited! My first competition and we got gold."

The other Humber team of Adam Doerwald, Leroy Tan, Nita Dawn, Chantel McKay and Pathan Almas took home the bronze medal for plated appetizers while Nicole Graham captured the silver medal in the wedding cake competition.

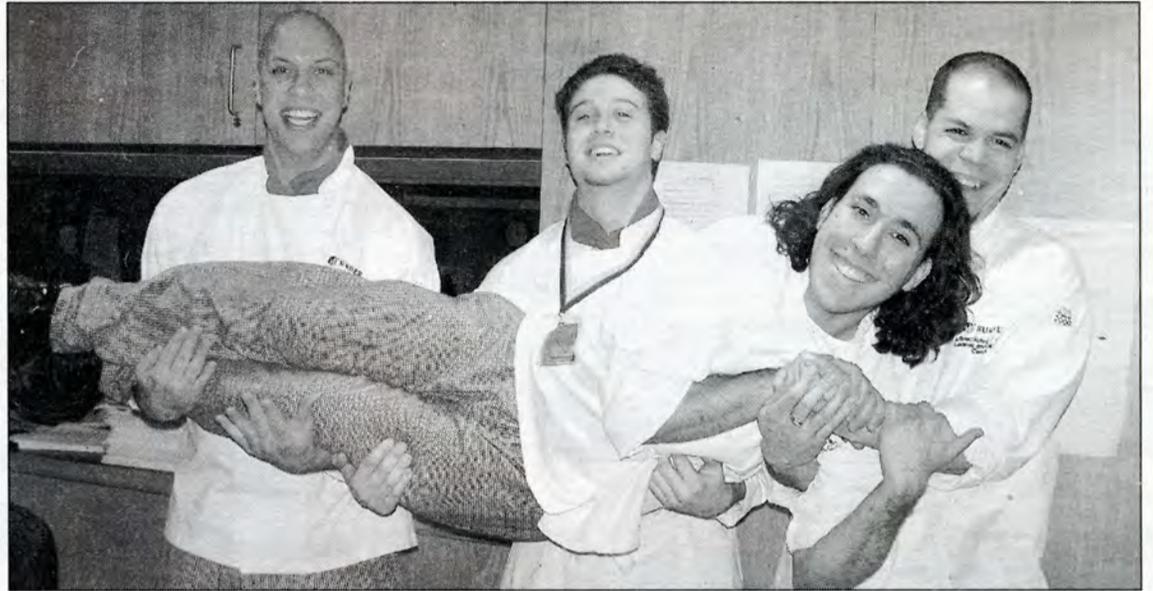


photo by katarina ilic

The team served up some golden entrees at the 2007 Culinary Salon competition last month.

Richard Hakim
Age: 19

Favourite Food: "I enjoy eating and trying a variety of food from different cultures because I feel that it gives you more knowledge about the food."

Went into culinary because: "I always had a passion for cooking and creating new items. Knowing that someone ate the food I made and loved it shows that this business is worth while."

Entrees made for competition: "Tuna and pickarel mousse terrine with asparagus and a persimmon sauce, pan seared black cod with golden beets and snow peas, grilled scallop and a lobster ravioli with leek cream sauce."



Nick Morley
Age: 27

Favourite food: "Mexican food because the flavours are so intense and wide-ranging. The colours are so bright and the smells so teasing. To me there is nothing better than real authentic Mexican food."

Post-graduation plans: "Gain experience in the industry for the next few years then start planning opening or acquiring something of my own."

Entrees made for competition: "Pistachio stuffed duck, seared foie gras, duck confit tart, roasted potatoes, assorted vegetables, mango sauce and a cherry red wine reduction."



Carlo Marcoccia
Age: 26

Favourite Food: "Anything Italian, Greek, Indian, Caribbean, South American."

Went into culinary because: "Had some general love and passion for cooking as a kid and didn't like being a tool and die apprentice anymore."

Entrees made for competition: "A vegetarian entrée. Chick pea galette, tisane (layers) of peppers and herbed goat cheese, a tofu and red pearl onion skewer, terrine of butternut squash, parsnip and red kidney bean wrapped in Savoy cabbage and the ever sexy candy cane beets... Hoisen and sweet chili and ginger sauce too."



Andrew Busciglio
Age: 19

Favourite Food: "Old school Italian cooking done by my nonnas (grandmothers). Something about the old fashioned style of cooking that I can never get sick of."

Went into culinary because: "In high school I choose to do a co-op at a local restaurant and from that point on I wanted to keep learning more about it."

Entrees made for competition: "A rabbit loin soaked in Tandori wrapped with shitaki mushroom and a chicken farse, a rabbit leg stuffed with dried fruits, a saffron rice cake, brussel sprout leaves and roasted root veg."



photo by katarina ilic



Fire suppression equipment disperses a chemical designed to put out fires on stoves and other cooking areas at Humber.

photo by carrie trownsen

Safety first in the kitchen

Carrie Trownsen
LIFE REPORTER

Humber food services and the culinary program said safety is a priority in their kitchens.

The comment was in response to a report from Toronto Fire Services that said most fires in the home are started in the kitchen.

Don Henriques, general manager of food services, said "for insurance reasons and reasons in terms of industry standards, there has to be fire protect available over all cooking equipment."

Henriques said the main fuel source for cooking throughout the school is gas and fire suppression equipment, used to but out gas fires, is in place.

The equipment is a series of pipes that point into the pizza oven and over cooking equipment.

"If a fire was to occur in these specific pieces of equipment it would trigger the suppressors to go off automatically and spraying the appropriate chemicals on to the gas fire," Henriques said.

Food staff is also trained on how to use fire extinguishers.

To his knowledge, the equipment has never been tested on an actual fire, just through regular maintenance.

Cheryl Barrow, a first-year culinary management student, said there is a seven-week course on safety for her program.

Barrow said she has never experienced a major incident with fire, but has witnessed a mistake or two.

"When you put too much oil in the pan and it flames up in your face, it's just something you deal with," she said. "It's just what you know from home and what you

learn. And there is always people to jump in, really quickly (to help)."

Co-ordinator for Humber's fire program, Capt. Paul Cassidy said the key is to be prepared.

He said fire extinguishers are "probably the number one solution, so if a fire ignites you have a quick way to put it out."

Cassidy said it's also important to never leave cooking food unattended.

"By the time they get back, if it has caught fire, it's out of control. If you can catch a fire in its very early stages, you stand a chance of putting the fire out."

Cassidy suggests calling the fire department.

"Even if you think you have put it out, they are the professionals, they are experts, it doesn't hurt to have them check."

"The superior doctor prevents sickness; The mediocre doctor attends to impending sickness; The inferior doctor treats actual sickness." – Chinese Proverb



photo by brittany gogo

Dancing to stay fit

Brittany Gogo
LIFE REPORTER

The fitness centre is borrowing some of the latest Hollywood workout crazes by offering classes such as Latin dance fit and street jazz hip hop.

"People are looking to try something that is a little more exotic," said Doug Fox, athletic director. "The Latin class is outstanding in terms of the moves and the fun people are having."

All over Toronto, studios are coming up with new ways to wake up people's workouts with exercises aimed at having fun, like sexy stiletto salsa, sensual pole dancing and playful hula-hoop cardio.

Exotic workouts, made popular by Carmen Electra's *Aerobic Striptease* DVDs, have made their way onto the scene with strip aerobics, sensual movement and pole dancing.

Felinity Fitness in Toronto, offers exotic movement classes to help women develop a sense of how their bodies move with floor, door-frame and pole components. These classes are all about toning

up without sacrificing curves as they offer an incredible core workout without the labor of sit-ups.

Alison Joy, founder of Felinity, said the programs offer full body conditioning through slow controlled movements, while allowing participants to let go of their inhibitions and express their sensuality.

"Coming to dance class is fun and it doesn't feel like a workout."

– Sophie Chrisomeris, City Dance Corps

Ballroom dancing is all the rage at City Dance Corps which offers a stiletto salsa workshop for those who want to break the monotony of the gym.

"Going to the gym feels like working," said Sophie Chrisomeris of City Dance. "Coming to dance class is fun and it doesn't feel like a workout. People walk out feeling really satisfied."

High heels are required for women participating in the class and add to the workout by helping

with posture and balance, while strengthening calves, hips and quads.

Chrisomeris said salsa is a great workout and instead of feeling tired afterwards, much like one would after a session at the gym, salsa is energizing and is like "a night out having fun with friends."

City Dance also offers ballet boot camp, an aerobics style fitness class, which uses fundamental ballet techniques to strengthen and tone.

Dancer Lucy Benayon of Orange Dot Inc. has created programs she calls Stayin' Alive and Butt-Kickin' for people who want to get in shape without being confined to the treadmill.

Stayin' Alive, a workout inspired by old pop music, and Butt Kickin', which uses hula-hoops and dance techniques, tone, sculpt, contour and increase flexibility while participants dance off the pounds, Benayon said.

"People want to get in shape but don't want to be on the treadmill," she said. "So I use my dance training and conditioning to kick their butts into shape."

These new workouts will stretch and strengthen your body.

Knowing your health risks

Jordana Stier
LIFE REPORTER

Students need to start checking their health now to avoid such diseases as osteoporosis, breast cancer and testicular cancer, according to medical experts.

Evelyn Wexler, a nursing professor at Humber, said what students do now can affect our health for the rest of their lives.

"What many women don't realize is that some of the things they've done, in terms of severe dieting and other things, they're already developing osteoporosis," she said.

Since bones are at their strongest by age 20, if calcium levels drop they can become weak, which can cause osteoporosis.

Students may believe they're too young to get the disease but this isn't the case.

"(It) doesn't just happen to your grandmother," said Wexler. "It can start happening at a younger age. So some of the things we did as younger people, you can see the consequences later. You need to know yourself."

Students should also be tested for Human Papillomavirus (HPV) – a sexually transmitted virus which can infect the genital area of both men and women.

Darlene Koroluk, a nursing professor at Humber, said students are not informed enough on diseases they are at risk for, such as HPV, and preventable measures.

"They have a higher risk of getting cancer later on, especially with HPV, they've proven that," she said.

Koroluk emphasized 20-somethings should visit and talk to their doctors about their sexual activity

on a yearly basis.

Students should also be checked out by their doctors for different types of cancer.

Dr. Leslie Goldenberg said this is especially important for women in their mid-20s who run the risk of getting breast cancer.

"Self-examinations are tedious and are not proved to be effective. It's better to get a breast ultrasound, which is non-invasive," he said.

Goldenberg said cervical cancer is the most common gynecological cancer, which are all induced by viruses such as HPV.

"Even girls that are in one-to-one relationships shouldn't be so naive to think that is enough to protect them," he said.

As for men, they should be self-examining their testicles once a month for lumps, "Because the most curable cancer in young men is testicular cancer," Goldenberg said. "It can be fatal, but early

detection relies on self-examination."

Goldenberg suggests that students need to be familiar with their genetic pre-dispositions because everyone's body is different. "Certain ethnic groups are prone to certain diseases when they're younger," he said, such as tay-sachs, a fatal disease of the nervous system common among young Canadian Jews and hemoglobin diseases in African Canadians.

Kathryn Sebastian, president of Humber's Nursing Society and a fourth-year nursing student, said students should have concerns about weight and energy loss.

"We're still going through growth stages till mid-20s, and everything starts to decline after that."

Sebastian said dealing with stress and energy loss causes bad eating habits and can cause concern for students.



photo by jordana stier

Students in their twenties should pay attention to their health.



photo by jordana stier

Dr. Leslie Goldenberg has medical advice for young adults.

WHISK

The Summer Salad
Chef: Chantel Mackay

Ingredients:

- 2 heads romaine lettuce
- 2 cups baby cocktail shrimp
- 1 cup chopped walnuts
- 1 pint strawberries, halved
- 100g crumbled feta cheese
- 1/2 cup extra virgin olive oil
- 3-4 tablespoons red wine vinegar
- Pinch of dried oregano
- Pinch of dried basil
- Salt and pepper for taste



Directions:

1. Slowly whisk oil into vinegar, add the herbs and set it aside.
2. Wash and chop lettuce.
3. Gently sauté the shrimp until just cooked (shrimp will become rubbery if it is overcooked).
4. Mix the lettuce and shrimp with the remaining ingredients.
5. Toss in the dressing.

Serves: 6
Prep time: 30 minutes
Cost approx: \$20 - \$25

"Like music and art, love of nature is a common language that can transcend political or social boundaries." – Jimmy Carter, former U.S. President

Rituals a threat to environment

A Hindu leader says offerings can be made in temples

Katarina Ilic
LIFE REPORTER

Spiritual leaders of Toronto's Hindu community have recently started working to find a place where they can make proper offerings and prayers to their gods.

This comes in response to concerns expressed by some environmental groups that some sacred Hindu offerings could be detrimental to the environment.

Certain items, such as statues and even money, have been found in the city's rivers.

Rudranath Tiwari, a priest at Vishnu Mandir, a Hindu temple, said that when it comes to things like idols, the members of the Hindu community can bring them to the temple.

He said the river offerings are not pollutants because they are environmentally safe.

"People make offerings of flowers, honey and milk," said Tiwari.

Tiwari said there are other ways to make offerings. He himself lays flowers at the foot of a tree in his yard.

Ritu Gupta, a court and tribunal agent student said the offering should be of natural materials that God has given.

"God didn't create man made materials, we created that," she said. "I think it's only recently that people started using steel plates and stuff like that for floating offerings. But usually, even in India, if you use that, it's usually taken back in the evening."

Gupta was shocked to hear about statues being found in the rivers and said it's not proper practice at all.

"We have sometimes pictures of gods and we usually display them but sometimes newspapers contain pictures of gods and you can't just throw it away cause it would be disrespect for the gods," she said. "The temple usually prefers

that such materials be given to the temple because they can dispose of it appropriately."

Interfaith Chaplain Len Thomas said he thinks other methods of offerings are the way to go.

"You can't just throw it away cause it would be disrespect for the gods."

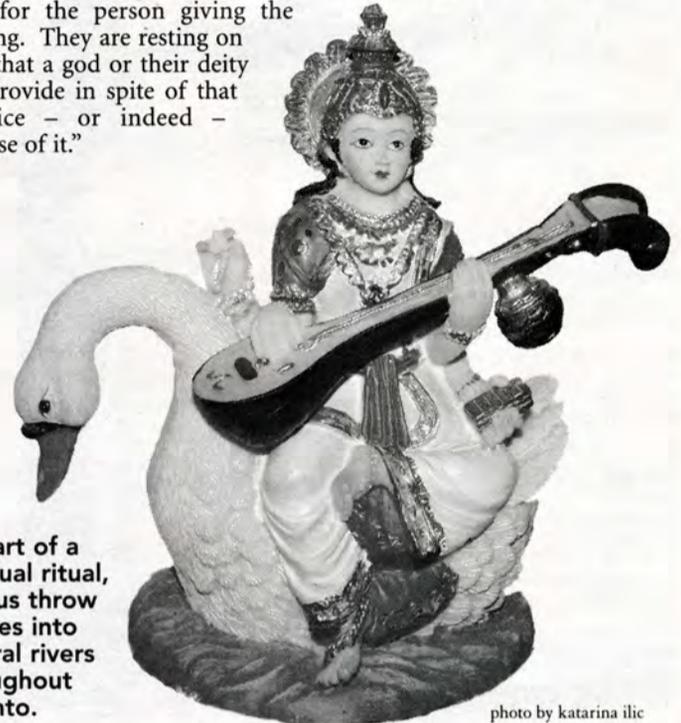
– Ritu Gupta
court and tribunal student

Whatever the method, Thomas thinks the offerings are important to not just Hinduism but all religions.

He said they all involve the idea of sacrifice.

"Giving up something that has been earned or worked for or something that's been acquired, and willingly and freely offering it in faith that it will accomplish some good," said Thomas. "It actually can be a very freeing experi-

ence for the person giving the offering. They are resting on faith that a god or their deity will provide in spite of that sacrifice – or indeed – because of it."



As part of a spiritual ritual, Hindus throw statues into several rivers throughout Toronto.

photo by katarina ilic

Springing into the latest fashion looks

Brittany Gogo
LIFE REPORTER

This spring's fashion trends are a throwback to the 70s with an eye to the future.

Romantic ruffles, pretty pastels, natural neutrals and floaty dresses along with futuristic metallics and shiny fabrics have made a splash on the runways.

Michelle Chan, from Holt Renfrew, said women will see fem-

inine and flowing dresses and tanks rather than a lot of structured looks.

"Peaches, melons and still lots of neutrals are popular," said Chan. "Dresses are making a comeback and mini dresses and flats are in style this spring."

"Tailored skinny jeans are still in," Chan added, "But at the same time we are seeing a wider leg, so we are getting both extremes."

People will be accessorizing more and will be moving away from fine jewelry and more towards big beads and necklaces, like costume jewelry.

Chan said men's fashions are still pretty standard but we might see a bit of a break from the traditional

with blazers that are cut a little boxier and made from fabrics with a hint of sheen, making them edgier.

People can expect to see bold colours like yellow, orange and shades of purple.

As for makeup, spring is all about pinks and luminous colours with shimmer, Chan said. "It's all about healthy looking skin and a fresh-faced look."

As spring fashion trends make their debut on the runways in Paris, Milan, New York and

Toronto, new lines have begun to make their way into stores.

Ana Dujic, 20, a first-year fashion arts student, said this spring's trends are very much "70s mod inspired and if you go to H&M metallic fabrics are everywhere."

"Flats are popular, along with big sunglasses and metallics," Dujic said. "Indian-inspired jewelry is really big right now in Hollywood."

If people want to be in style this spring flats are definitely a must-have item, said Dujic, adding they are versatile and can be dressed up or dressed down depending on the location and occasion.

Fashionista Odessa Parker, from *Celery* magazine, an online publi-

cation about arts, fashion and culture in Toronto, said people can also expect to see bold colours like yellow, orange and shades of purple this spring.

"Lots of clothing this season is made to look like jewelry with brighter jewel tones, patch-work beading and satin fabric," said Parker. "Clothes are more like embellishments rather than actual clothing and pieces are made to stand out on their own instead of as part of an outfit."

Parker said little dresses are among the hottest in spring trends and are a must-have item this year.

"Lots of mini-skirts and dresses are being shown, again going back to that 70s style."

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“Men fear death, as children fear to go in the dark; and as that natural fear in children is increased with tales, so is the other.” – *Sir Francis Bacon, Philosopher*



courtesy sandy nicholson

Students learn to deal with death first-hand in many programs.

Dealing with death

Jef Catapang
LIFE REPORTER

Students in programs such as funeral services, nursing and emergency services, must face death in order to function in their chosen field.

Kim Silva, a second-year funeral services student, had to work with a dead body on her first day in the program.

“It was a little unnerving at first,” she said. “But (the instructors) make you really comfortable. They don’t make you do anything you don’t want to do.”

Silva is now working at a funeral home to fulfill her internship requirement.

Although dealing with death is a daily aspect of her job, she finds ways to cope with any resulting emotional stress.

“You’re there to help people (during) the most difficult time in their life,” she said. “I think that gets you through being emotionally attached.”

Jeff Caldwell, program co-ordinator for funeral services, said that students jump right into handling dead bodies because of the nature

of the industry.

“The practical component happens at any time – we can’t predict that. So our students are basically on-call,” he said.

Caldwell said, in the past, there had been problems with students fainting or not returning to class after seeing their first corpse.

But in 2002 the program changed its admissions process requiring students to fulfill 30-50 hours of volunteer service at a funeral home before applying.

While the newer guidelines ensure that students accepted to the program already have experience with death and mourning, it is still important for them to study coping skills, he said.

“They’re working in an environment like this day-in and day-out, dealing with people who are emotionally distraught and eventually that’s going to bear on them.”

Randall Blackburn, a second-year paramedic student, said a person can’t really prepare for dealing with death.

“You just have it in mind and you deal with it when you come to it,” he said. “You just know you’re going to see pain and perhaps

death on the road.”

For Gerard Gregorio, 26, a prospective nursing student applying for the fall term, the positive aspects of the job outweigh the negative.

“Nurses go through a lot of crap, but at the end of the day it’s kind of that good feeling,” said Gregorio, who currently works the switchboard as a communications associate at Trillium Health Centre in Mississauga. “Like, I know I did something, I made a small difference in somebody’s life.”

In his current job, Gregorio sees the affects a patient’s death has on nurses.

One of his most dreaded tasks is calling a “Code-Pink”, which Gregorio said is code for cardiac arrest involving infants.

“The people at work, you can tell they’re sad about it. And when they find out the baby didn’t make it, everybody gets more depressed,” he said.

While he’s concerned about the emotional baggage the job entails, Gregorio said he’ll be able to deal with it.

“I’d be kind of weirded out if I got used to it,” he said.

Student Bodies

Keeping on track

Suzan Park
LIFE REPORTER

Partying and convenient eating are this week’s vices for our student bodies but their ambition and confidence keeps them going.



photo by suzan park

Mitchell has gained 2 lbs according to his last weigh-in.
Michael Mitchell

“The hardest thing I’ve had to master would have been to eat healthier. Though the number of healthier choices has slightly increased, just eating better has been a challenge. Over time, with much ambition to eat healthier, I’ve felt that I have come closer to doing just that.”

The interesting vice

“Parties and more parties. On weekends I party a lot, and not drinking is very difficult. I love to party and as much as I do, I try to limit what I drink as much as possible.”



photo by suzan park

Last weigh-in showed Daviau has lost 13 lbs this semester.
Priscilla Daviau

“It took me so long to start this on my own because whenever I would walk into a gym I would feel like everyone was staring at me . . . I didn’t know how to work the machines or know what I needed to do to create the difference that I was looking for.”

The interesting vice

“The temptation to eat whatever I want or what’s convenient. I have noticed that my clothes are looser and that I have more energy and that overall I just feel better.”

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Robbie Williams is being sued for defamation by the rehab centre that treated him after he referred to it as "worse than a concentration camp." -www.digitalspy.co.uk

INCREDIBLE HULK HITS TORONTO



courtesy of Marvel Comics

Adrienne Huen
ENTERTAINMENT REPORTER

Marvel Studio's decision to film the latest version of *The Incredible Hulk* in Toronto this summer will help Canadians who have been desperately seeking the green in more ways than one.

"When a major opportunity like this presents itself, it's really good for the whole community," said director of Humber's Acting for Film and Television (AFTV) Program, John Bourgeois. "In a profession as competitive as acting, it's a wonderful opportunity for our students to have the opportunity to potentially work on a project of this scale and magnitude."

Marvel Studio's announcement late last month will provide more than 400 jobs to Canadians in the fledging Toronto film industry.

"Being in a film like this (*The Hulk*) would definitely help my career," said Amanda Richer, AFTV 2006 alumnus. "I mean,

besides adding a big boost to your self-esteem, having any role, or a role with lines that lets you work directly with the director, would do great things for anyone's career."

Although the movie is set to film for only four months in the city this summer, the local film industry is set to receive a needed boost, following the six week strike by the Alliance of Canadian Cinema, Television and Radio Artists (ACTRA) earlier this year.

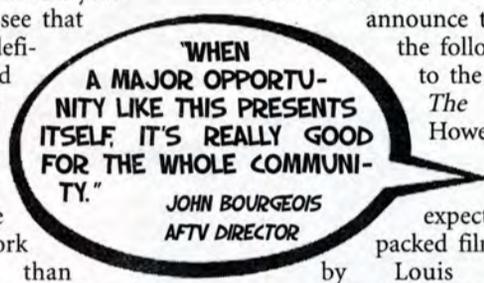
"You could see that the industry definitely died down this year. But Canadian actors have a better chance of getting work in Canada than down in the States when they are first starting out...especially if they have formal training then they have an even better chance," Richer said.

ACTRA, who represents approximately 21,000 Canadian members from film, television and the radio, recently made a tentative deal with producers on Feb. 21, to cease the actor's strike just in time for the Marvel auditions to begin.

"If they are looking for a guy and I match his description, I would love to have the opportunity to play that character in the film," said Dwain Murphy, 2005 AFTV alumnus.

Marvel Studios has yet to announce the cast of the follow-up film to the 2003 film *The Hulk*.

However, comic fans can expect an action packed film directed by Louis Leterrier (*Transporter*), where it is rumoured the angry and mutated scientist, Bruce Banner, will face KGB agent Emil Blonsky, better known as the Abomination.



Landing among stars

Former comedy student's future shines brighter

Jeremy Dickson
ENTERTAINMENT REPORTER

David Kerr has a job many people in the entertainment business would die for.

The comedian and former Humber comedy student has been working as a roving reporter for Canadian Idol since Feb. 3.

Kerr had to endure a gruelling audition process just to land the gig. He beat out 300 hopefuls to be alongside host Ben Mulroney and the judging panel.

"It's been awesome so far," said Kerr. "I've done a tonne of travelling and I get to do a lot of improvisation."

Kerr said his new television role is all about the funny moments that come from spontaneity.

"One girl at the Montreal auditions called herself 'Little Miss Vicky,' and was the first person I interviewed to ask me for an autograph. So I wrote, 'To Little Miss Vicky,' signed my name, and gave it to her. A production assistant approached me later that day and returned her autograph because I wrote 'Little' instead of 'Lil.' It was like I sent her a pizza with the wrong toppings," Kerr said.

The 29-year-old comedian also gets to tape his own comedic bits outside the audition area, that get edited into the shows.

"I got to meet the B.C. Lions cheerleaders, which was a personal highlight for me," Kerr said.

He also met a singing cowboy in Calgary who took the comedian

on a two-hour drive to his ranch for a crash course in horseback riding.

Despite his love for comedy, the native Montrealer once thought of becoming a scientist.

"*Saturday Night Live* was my bible, but my love of comic books, especially superheroes, drew me to science," Kerr said. "Early on in school I realized my brain was not going to do math, so comedy it was."

After graduating from Ryerson's Radio and Television Arts Program, Kerr studied theatre in New York and performed at Second City in Toronto.

Larry Horowitz, my improv teacher at Humber, gave us a lot of good advice about being on the road, which is a big part of what I do," Kerr said. "It was a good experience."

Kerr eventually landed a job with MuchMusic and became known for his work on *Video on Trial*.

MuchMusic producer, Kerry Cunningham said he's not surprised at Kerr's success.

"He's got a brilliant dry sense of humour. We hope he comes back to Much after Idol if his head doesn't get too big," said Cunningham.

As far as his future after Idol, Kerr said he hasn't had enough time to think about it. "Right now I'm just taking in my job, trying to perfect it and living for the moment."



photo by andrew stewart

Though he didn't make a surprise appearance, Colbert's spirit and aural presence was felt.

in review:

The first 'annual' Stephen Colbert day

Andrew Stewart
SENIOR REPORTER

While it was Oshawa mayor John Gray's 48th birthday on Tuesday, more than 3,000 people at the new General Motors Centre were there to celebrate another man, Stephen Colbert.

March 20th was proclaimed Stephen Colbert Day in Oshawa, after Colbert won a bet on the outcome of a hockey game between the Oshawa Generals and the Saginaw Spirit. Had the Generals won, Colbert would have worn a Generals jersey on his talk show for an entire episode.

At 8 p.m., the event went live on Rogers television, also recapping events leading up to the day. Concluding the introductory video, was a taped message from

Colbert to the city of Oshawa, which concluded with tearing into a "Happy Stephen Colbert Day" cake with his bare hands.

The Comedy Network then had its "Stephen Colbert look-a-like" finalists take the stage for impressions, with Maurice Collard winning over the crowd and being awarded a trip to New York City to see a taping of the show, as well as a WWF-style championship belt with Colbert's visage on it.

Next up was a three-on-three hockey game with mascots Steagle Colbeagle the Eagle and General Shooter serving as goaltenders for their respective teams. The Generals went on to win the ten-minute game and took home the coveted Dr. Pepper trophy.

Dr. Pepper is Colbert's favourite beverage and everyone in attendance on Tuesday was given a free

can and cupcakes in celebration of the day.

Canada's favourite commentator, Don Cherry was welcomed to a roaring ovation, he told anecdotes from his many years and experiences in the world of the National Hockey League and then informed the crowd that it was also hockey legend Bobby Orr's birthday.

While the night carried a tangible excitement in the air of hope that Colbert would make a personal appearance, there was, unfortunately, no such moment.

On his Tuesday night episode however, Colbert did make an interesting promise that if the city decided to "make Stephen Colbert Day an annual event, (he would) pledge to personally be there in 2008 in the form of a rerun of this episode."



photo by andrew stewart

Behold the coveted Dr. Pepper trophy being held proudly by the winning Generals team.

Fox has canned the sequel to *Superman Returns* in order to cast Brandon Routh as Superman in a *Justice League* film. – www.entertainmentwise.com

Starting from scratch

Jeremy Dickson
ENTERTAINMENT REPORTER

Humber journalism instructor and *Spacing* magazine creative editor and co-founder Matt Blackett knows a few things about starting a magazine.

"They are really hard to finance. Expect a year of preparation and don't expect to get paid," Blackett said. "There is a difference between starting a magazine and wanting it to be a long-term successful venture, or just creating a magazine to see where it goes."

Priya Ramanujam, a Humber journalism graduate, dreamt of starting her own magazine since she was six years old.

Ramanujam, now 23, made her dream come true when she created *Urbanology*, the first and only Canadian urban lifestyle publication sold on mainstream newsstands.

As editor-in-chief and co-publisher, Ramanujam cautions those with similar dreams to really think about what they are getting into well before they commit.

"Many people have illusions of what the magazine business is like. Yes there are the *Vogues* and the *Chatelaines* of the world, but most publications are not like that," the Scarborough native said. "It's a lot of work and often a thankless job."

Ashley Carter, a third-year Humber journalism student with her own dream of starting a magazine, is beginning to understand what Blackett and Ramanujam have already experienced.

"Myself and some friends are in

pre-pre-production for a cultural magazine that's been in our heads for a year or two," Carter said.

The 23-year-old drafted a business plan for her magazine, but Carter has run into funding and copyright issues.

"We named our magazine three years ago, but we just discovered a media design company that has the same name," Carter said. "That's an issue we have to deal with because we will be advertising within a month and our website

Urbanology is making money now by managing to survive the days of pre-production that Carter is currently living through.

The quarterly publication uses news, culture, politics, sports, fashion, technology, the arts and music to bring a fresh perspective to its audience.

Ramanujam started the magazine in her final year at Humber and her friend Adrian McKenzie, a digital media student from Seneca College, helped her with design and sales. McKenzie is now the co-publisher.

Ramanujam said finding the right kind of people to volunteer time and energy to a start-up project is crucial.

"Use every connection you possibly can. You will need a strong six to eight people willing to champion your cause and they have to know it's a labour of love," Ramanujam said.

Although staff and interns still work on a volunteer basis, *Urbanology's* financial status is improving.

"Revenue from the magazine now covers production costs including paper, binding, printing, rent, mailing and shipping. We used to pay for this out of our own pockets," she said.

Her future plans for the magazine are to become a monthly publication and eventually pay her staff.

Carter is optimistic she will have her magazine's first issue printed and distributed for free by Sept. 1.

"I've always loved magazines, but I'm a control freak so that's why I'm starting my own. It's a complete do-it-yourself thing."

"There is a difference between starting a magazine and wanting it to be a long-term successful venture, or just creating a magazine to see where it goes."

– Matt Blackett
Spacing Magazine

needs to go up."

Carter's plan for her now nameless magazine is to start bi-annually, then quarterly within three years and eventually sell national.

"You just can't have content and expect the magazine to happen,"



Carter said. "I've had this idea since high school. It started as a pipe-dream and now it's coming to fruition, but we're not looking to make money right away."



photo by drew seale

Student centre showcases a versatile selection of student art.

A league of their own

Alex Green
ENTERTAINMENT REPORTER

Humber offers students a chance to express their "inner-artist" by showcasing their talent in an enjoyable jazz café style art show.

"I think the biggest thing is that it's a chance to get art and students noticed," said Robert Kirsic, second-year public relations student and chair of the executive committee for the art show.

There were 154 pieces submitted ranging from sculptures to canvas. Along with jazz music, they had the black table cloths and mini lamps to complete the "Jazz'n It Up" theme.

"It takes a lot of time and effort to put it together," said Jacqueline Szwedo, marketing and promotion executive chair of the art show committee and a second-year public relations student. "The class has to get really involved and keep up with their tasks."

Szwedo said although it can be difficult at times to get everything together, the hard work pays off when you see the finished product.

The art show is available to both

campuses, including Guelph-Humber.

Everyone was eligible to submit up to three pieces for the deadline of March 12-14, and it had to have been produced after January 2006.

Each piece of art was placed under different categories including colour photography, digitally-enhanced photography, black and white photography, mixed media, three dimensional art, painting/drawing, electronic design and other.

The pieces in each category were judged by six professionals.

"If they win they go on to the League for Innovation," Szwedo said. "It is a final competition which is an international art show."

The League for Innovation in the Community College is participating in a Student Art Competition, hosted by Santa Fe Community College. The League is an international organization dedicated to bring together the college community. While the show ran this week at North Campus, the works will be exhibited Monday and Tuesday at Lakeshore in room H106.

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Turning Parisian

Tyler Kekewich
ENTERTAINMENT REPORTER

Professor Mike Downes is teaching at the top music school in France this week as part of a faculty swap.

"Both the Paris Conservatory and Humber are very pleased with the arrangement and are going to extend the relationship," said Denny Christianson, director of music. "In fact, we are working on setting up a student exchange."

Christianson led a professional big band in Montreal before coming to Humber. He started the exchange, in its third year, when he discovered that an old band member, Quebec saxophonist Francois Theberge, was head of the jazz studies program at the Paris Conservatory.

"I went down (to the French Consulate in Toronto) to hear a recital by a young trumpeter from the Paris Conservatory," Christianson said. "I just got to chatting with the cultural attaché people and realized that we have several things in common."

Downes, head of the bass department at Lakeshore, is spending the week performing, teaching classes and promoting his book *The Jazz Bass Line Book*, in the French capital.

"I'm going over there to give them some North American perspective," Downes said before his departure.

Downes, 42, said although music is universal, his ability to speak fluent French will come in handy.

"In this situation, when I'm in a classroom, teaching and trying to impart some actual wisdom, obviously I have to articulate, instead of just playing," Downes said.

Students got a taste of European jazz and learned some different, creative techniques when Paris Conservatory instructor Ricardo del Fra visited in February.

"Rather than talking to them about chord changes, he had them playing improvisational games on their instruments," Downes said. "He had them imagining dancers and whatever things would spur them on to improvise in a different way."

Downes, a married man and father of two young girls said he will miss his family but isn't worried about leaving his students for a week.

"I have subs for all my classes," Downes said. "So they'll get a different perspective yet again."



a hipster's guide to the weekend

Play: God of War II

Recently named the best PS2 game of all time, the original *God of War* was a landmark in the action/adventure genre. The game saw tremendous financial and critical acclaim



so naturally a few years later the sequel has been unleashed. *God of War II* delivers all the mythical gory and magical fun that made its predecessor so entertaining. Picking up where the last game left off, *GOWII* sees Kratos continuing his journey through Greece, seeking revenge on the Olympian gods and battling every kind of creature imaginable. Classic weapons and magical powers return. Obligatorily, new

powers and weapons are also available to further your deadly arsenal. Players can also look forward to the same fantastical score and sound effects, ingenious puzzles and level design and over-the-top action. Throw air battles, freefalling and a cataclysmic battle with the big-daddy of Olympus, Zeus himself, into the mix and any gamer alive would be ridiculously unhip to miss out on one of the last great PS2 games.



courtesy of scea

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SPORTS

"Of course I felt contact, that is why I slipped. Maybe some people don't like me. Maybe I'm too good." – Man U's Cristiano Ronaldo after being accused of diving

Soccer walk-on makes the cut

Brigid Aiken
SPORTS REPORTER

For Hawks defender Bonnie Romolo, soccer is in her blood. Her dad played semi-professional while she was growing up in Brampton, but it took some convincing before he fully supported her decision to play.

"At that time it was like 'girls can't play soccer,'" said Romolo. But her mother encouraged him to attend one of their daughter's games.

"He came and was like 'whoa,'" said Romolo, a first year culinary management student. "So then he coached a couple of my teams and actually became a part of it. I kind of changed his mind."

Her father is also her role model when it comes to soccer.

"I've always played – not for him – I play for myself, but I always wanted to impress him," she said.

"He just makes you want to be a better player. He always pushed me if he knew I could do more than I was doing, if I wasn't doing my 100 per cent. So he's a very big influence."

A new addition to the team, Romolo joined the Hawks in September.

"She has been a pleasant surprise," said head coach Vince Pileggi. "She was a girl we didn't recruit, but she showed up at fall tryouts and

instantly she's been a key component of our team. We're definitely pleased to have her here."

At one of the first home games, Romolo was named most valuable player, but didn't realize it initially.

"I thought I was in trouble because in that game, I said something bad to the ref," she said. "But they were like 'no, you got MVP!' and they were all laughing at me."



Bonnie Romolo
'I like it here'

Older than many of her teammates, the 24-year-old rookie brings some maturity to the team.

"She's returning to school after some years working," Pileggi said. "I think that experience and that maturity has really rubbed off."

"I just decided what I wanted to do and I didn't want to waste my money," Romolo said. "When I came here it was like 'yeah I like it here.' I just fit. I felt comfortable right away."

Romolo strikes an easy balance between soccer and school, hoping to eventually have her own catering business while getting to play semi-pro like her father.

"It takes up a lot of time but I like playing so it doesn't really matter," she said. "Indoor is not so bad but outdoor (we play) every weekend pretty much. But it's good, keeps you in shape."



photos by brigid aiken

First-year walk-on Bonnie Romolo has been a 'key component' to this year's squad. Soccer remains in her future plans even after she's done at Humber.

CRUNCH TIME

HoopDome to provide b-ball playground

Simon Yau
SPORTS REPORTER

Construction is just about finished on a new multi-gym basketball facility that will allow people to play 365 days a year.

HoopDome is owned by Ted Badner, head coach of the Canadian Maccabi men's open basketball team and located under the roof of the Downsview Park sports hangar. Inside there are four full-sized courts and three "street-ball-style cages" available for pick-up games.

The 42-year-old Badner, who has spent the past two decades coaching basketball in Toronto, said the city is desperately lacking facilities for the sport.

"Basketball has always been rec-

ognized as the number one school sport, but extracurricularly it was non-existent," he said.

Citing rising user fees and insurance premiums, he said schools and community centres were closing off their facilities for extracurricular purposes only.

Badner decided to take matters into his own hands four years ago by rallying corporate sponsorship and community support that included former Raptors GM Glen Grunwald.

Addressing questions about demand for such a venture, Badner recalls watching tryouts at a local basketball league.

"You'll see 60 kids trying out for 12 spots. That means 48 kids who have sought out these clubs won't

get to play.

"From seven to 77, if you need a place to play, HoopDome is going to be the place," Badner said. "We have a variety of different programs for all ages and all levels, with fees that are at or below the going rate."

Those fees are drawing some skepticism from observers.

"I think that fee is going to be an issue," said Darrell Glenn, coach of the Humber men's basketball team. "A student in college is not going to pay to play basketball when he can come to Humber and play for free."

"I think the tournaments and the house leagues can really take off and that's a good idea, but in terms

of looking at that membership, that's where the challenge is really going to be," Glenn said. "I'm anxiously watching to see if it works and I hope it does because it's a great concept."

However, Badner is quick to point out, "if you want to play at the YMCA, you've got to join the YMCA," adding "if you want a place to play where you won't get kicked off for the gymnastics group or yoga group, we're the place."

"My desire is not to make this into a place for elite basketball players," Badner said. "My goal is for my son to play in a safe and secure basketball environment. The biggest problem, whether people believe it, is that there just isn't a place to play."



Ted Badner



photos by simon yau

Final preparations are being made to Toronto's first basketball-only multi-court facility, which is slated to open in April.

– Rui Gomes



"When I heard the Belak chant, it even got me going a little bit." – Devils enforcer Cam Janssen after losing a fight with Leafs tough guy Wade Belak

Sid knows the score

Josh Gold-Smith
SPORTS REPORTER

When Sid Seixeiro roamed the halls of Humber College, his mind was set on one thing.

"He was very focused," said Jerry Chomyn, director of broadcast media at Humber. "He always knew what he wanted to do. Some students come to you with uncertainty, but with Sid, he wanted to do sports. There was no doubt."

Seixeiro graduated from Humber's radio program in 1998 and landed his first freelance shift at *The Score* that same year.

"I've been really lucky," he said. "I've done every show we've ever produced in one role or another. I think I've done everything there is to do there."

Despite his training in radio, Seixeiro made a smooth transition

to television.

"Even though it's a radio broadcasting program, it's funny the amount of success we've had in television," Chomyn said. "The skills are much the same."

The co-anchor of *The Score* television network's nightly highlight show, *Score Tonight*, recently visited Guelph-Humber to answer questions and give advice to a crowd of aspiring broadcasters.

Seixeiro spoke of the growing number of opportunities in the sports broadcasting industry.

"There's so much time that needs to be filled," he said. "It's the age of the 24-hour sports station."

His career took off while working for Steve Kouleas, current host of *The Spin*.

After impressing Kouleas with his work ethic, Seixeiro was given an on-air position reading sports news.

"Every night I messed up and four people let me hear about it," he said. "But I got through it."

Seixeiro still faces challenges, but said the key to surviving in sports broadcasting is having a trusting employer.

"People come up to me and say, 'I hate the way you do what you do,'" he said. "But my biggest ally is my boss. When people can learn to depend on you, that's huge."

During his visit to GH, he encouraged female students who expressed concern over a male-dominated field.

"A woman who can deliver is worth 10 times more than me because that strikes a chord," he said. "I think there's a huge advantage for women in this industry."

Women's hockey put on ice

Michael Clegg
SPORTS REPORTER

The women's extramural hockey team ended its season early after pulling out of the year's final tournament last Friday.

"We just couldn't get a firm enough commitment from the girls early in the week to confirm our entry," said coach Jim Bialek. "Some of the girls are injured and most of them are trying to juggle school work with work placements. It's a busy time for everyone."

Humber wasn't the only team to pull out of the Seneca-hosted tournament. Durham College was forced to withdraw due to a variety of injuries to its team.

"When we found out Durham had pulled out, we knew they'd only have seven teams involved," Bialek said. "It's tough to run a tournament with an odd number of teams and since we weren't 100 per cent on our commitment level, I just said to the conveners 'we'll drop out and you can run the tournament with six teams, a nice round number.'"

Overall, Bialek was satisfied with the participation in women's hockey this year as well as the team's results.

"This is the first tournament we've had to pull out of," Bialek said. "We've had a good season though. It was just bad timing for a lot of the girls for a number of reasons."

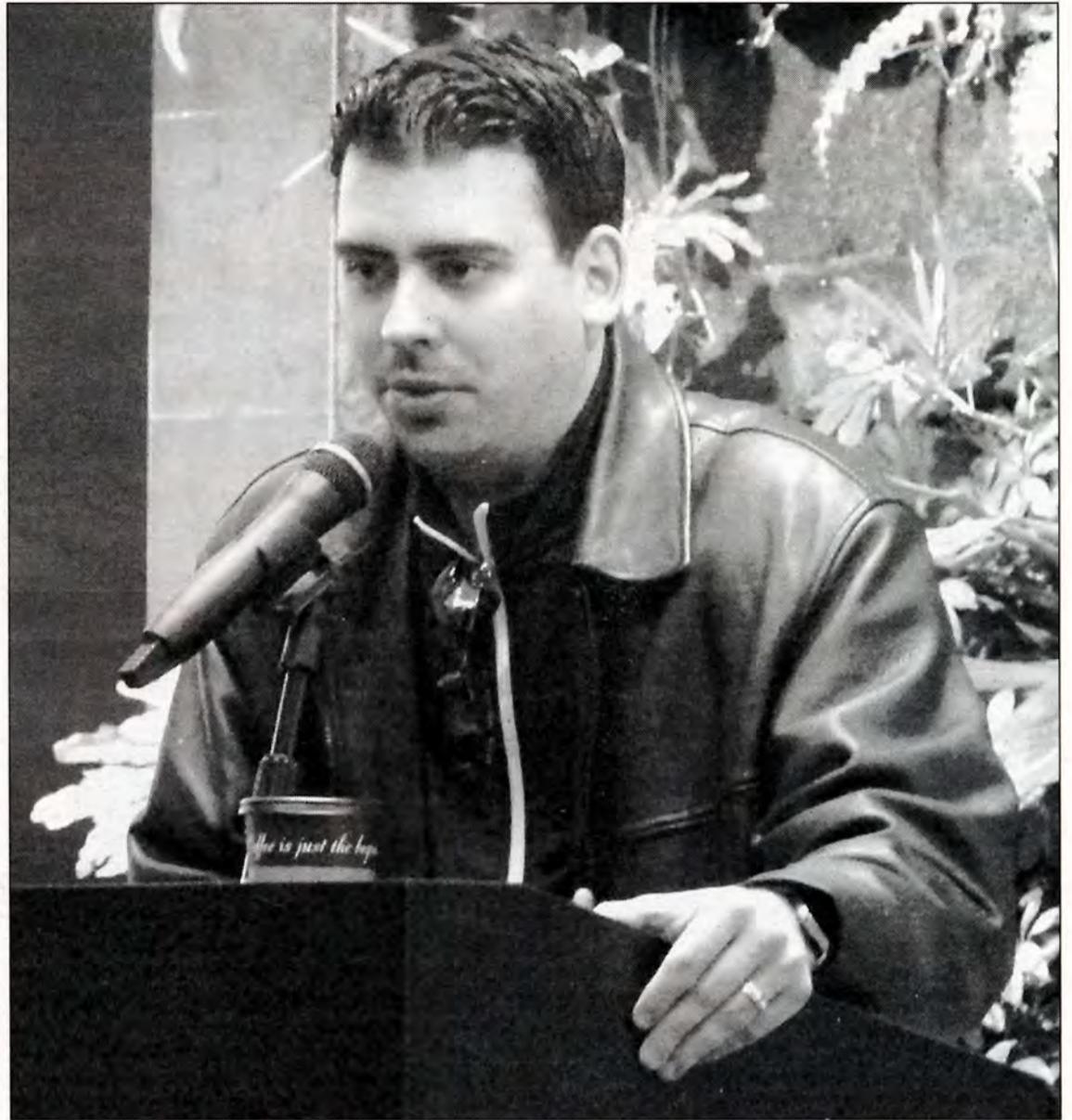


photo by radmila malobabic

Sid Seixeiro, of *The Score* television network, speaks to students at GH last week.

While growing up, his broadcasting idol was the long-time play-by-play voice of CBC's *Hockey Night in Canada*.

"Bob Cole was my hero," he said. "It's not a game unless Bob Cole is doing it."

Seixeiro is optimistic about where the industry is headed.

"The future is ridiculous. The NCAA is streaming every tournament game and they're going to

make a boatload," Seixeiro said.

After addressing the students, he revealed *The Score's* plan for a brand-new high-definition "MuchMusic-esque" building, which was just approved by Toronto city council. The new studio is expected to be completed by late next year.

Seixeiro, an admitted minor celebrity, appreciates the attention he receives from viewers.

"It's flattering when you go out and get recognized," he said. "I was propositioned in an email once, I hope by a woman. I showed my wife and she laughed."

Seixeiro's rapid rise and early success have not gone unnoticed by his former teacher.

"That's probably the most gratifying part of my job," Chomyn said. "Seeing people that have goals and objectives, reach them."

Sport Canada cracks down on drugs

But Fox says Humber's varsity teams haven't been tested since 2005

Juanita Horan
SPECIAL TO THE ET CETERA

Athletics director Doug Fox is calling for more drug tests on athletes.

"We've been asking, 'where are you?'" said Fox. "We're preparing our athletes for this (testing) and telling them it's going to happen and it doesn't. It makes it very difficult because they (players) don't believe us that testing is coming."

Sport Canada, the government organization that funds the mandatory drug test, hasn't tested Humber players since 2005.

Fox, who is also president of the College Athletic Association, said it's frustrating because Sport Canada chooses colleges randomly at national and provincial champi-

onship tournaments.

Men's basketball coach Darrell Glenn said Humber athletes were not tested at the OCAA basketball championships held March 1-3.

Fox said players are urine tested for performance enhancing drugs as well as social drugs.

Players also have to be careful about cold medication because some of the ingredients, such as the ephedrine found in cough syrups and other medication, could cause a player to be banned.

"We have to inform a player every time they use a drug. It doesn't matter if it's for a cold or flu.

They have to go through a therapist and make sure it's clear," Fox said.

Humber athletics therapist, Jennifer Bell said it's less common for players to get tested at their own college but it does happen.

"A player is taken into the school wash-room if testing is done at the college," Bell said, adding Humber varsity has never

been tested at practices, only tournaments.

Players are also tested for steroids, cocaine and marijuana. A player faces a two-year suspension if the drug is considered to be

"We're preparing our athletes for this (testing) and telling them it's going to happen and it doesn't."

– Doug Fox
athletics director

sports enhancing.

Sebastien Hunziker, co-captain of the men's basketball team said suspensions ruin a player's career.

"If you are in the program for two years and get suspended for using drugs, you are done," Hunziker said.

Players do get a chance to defend themselves if caught with a social drug such as marijuana.

Bell said the drug test can determine whether a player had smoked the drug or was exposed to it second hand.

"If marijuana was found in their system, they may be put on an athletic probation if the player inhaled the second hand smoke," Fox said. "But if it is codeine or anything else, they are done. They cannot compete anymore."

SPORTS

"I don't have seven fingers on one hand, so I had to let him throw two pitches off of one sign." – Jays catcher Gregg Zaun on Tomo Ohka's arsenal of pitches.

Thompson leads Hawks to first title

Radmila Malobabic
SPORTS REPORTER

Humber was put on Canada's sporting map in 1991 when the men's basketball team won the school's first national championship.

"The first in their history, you don't get a chance too often to be the first nowadays to do anything," said Garfield Thompson, captain and point guard of the team that year. "And for us to do that in '91, it was a great accomplishment."

Thompson remembers the feeling when he first walked into the gym at the championship game.

"It was pretty exciting, it was like living a dream. The feeling of the team was that we've played for this all year. The national championship, I thought, was ours to take back home. I knew we were going to win."

The Hawks beat Briercrest Bible College 68-64 for the title in British Columbia.

Thompson was a Humber student from 1990-1992, where he took the legal assistant program and played for the Hawks for two years.

"I was dedicated to basketball,"

he said.

He came back to Humber from 1995-1997 to study marketing.

Athletic director Doug Fox said Thompson's leadership abilities were a big reason for the team's success.

"He was a shy, quiet guy but when he had something to say it was worth listening to," Fox said. "He was a team leader and understood the game."



photo by Radmila Malobabic
Thompson's knee is healing.

Thompson worked in Toronto's marketing field, but five years later he discovered his true passion.

"I got laid off. I was like, 'what do I want to do now?' This must have happened for a reason," he said. "So after talking and thinking I wanted to do something that I was really interested in. I've always

been interested in work and volunteering."

Now married with four children and in his late thirties, he is pursuing an English degree at York University with the goal of becoming a teacher.

"Basketball prepares you for life," he said. "It makes you strong and to (be able to) deal with anything."

"He was an outstanding player and knew how to win," Fox said. "He was a great leader within his team."

After graduating from Humber he was still an avid basketball player, playing for the University of Toronto-Mississauga summer basketball league. Two years ago he brought the team to a championship win.

Unfortunately, that same year he suffered an injury and was forced to have arthroscopic knee surgery.

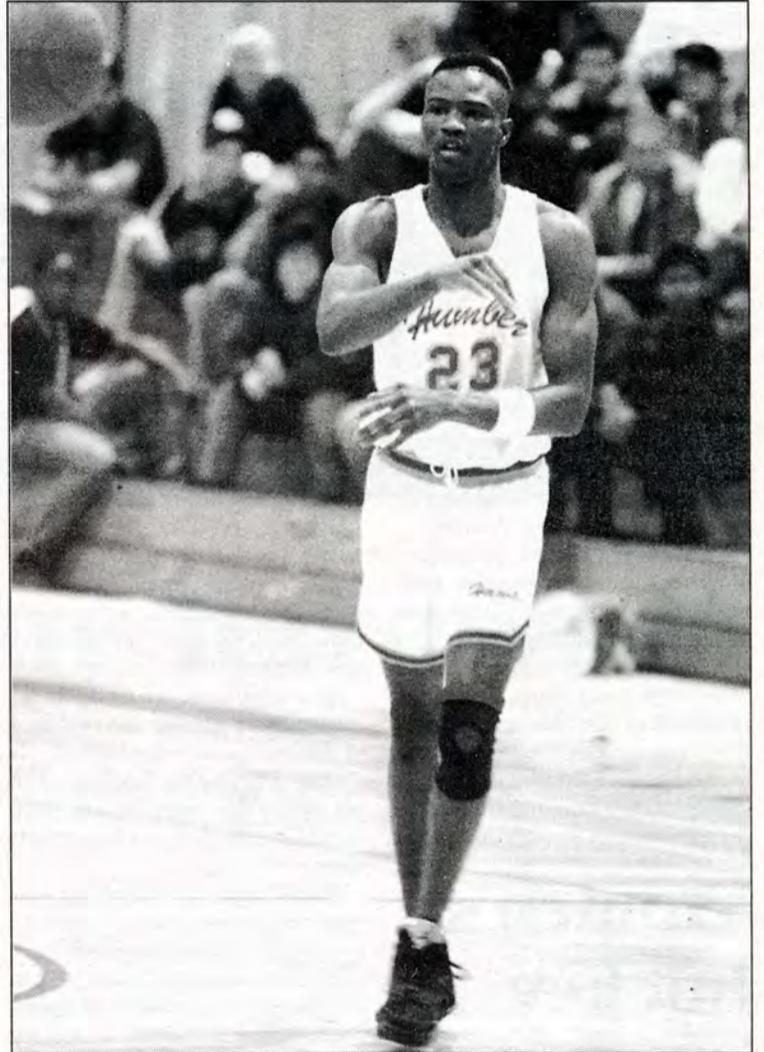
"I'm slowly getting back to where I was playing at that level again."

Thompson regularly attends Humber basketball games and uses the gym every morning.

"I still live in the area. I'm friends with the coaches, the basketball teams and I'm always interested to know how the team is doing."

He said he also gives advice to new basketball members about what it takes to win a championship.

"It doesn't always come easy or quickly, it will take time," he said. "Humber taught me that."



courtesy
Garfield Thompson helped Humber win its first national championship 16 years ago as they beat Briercrest Bible College.

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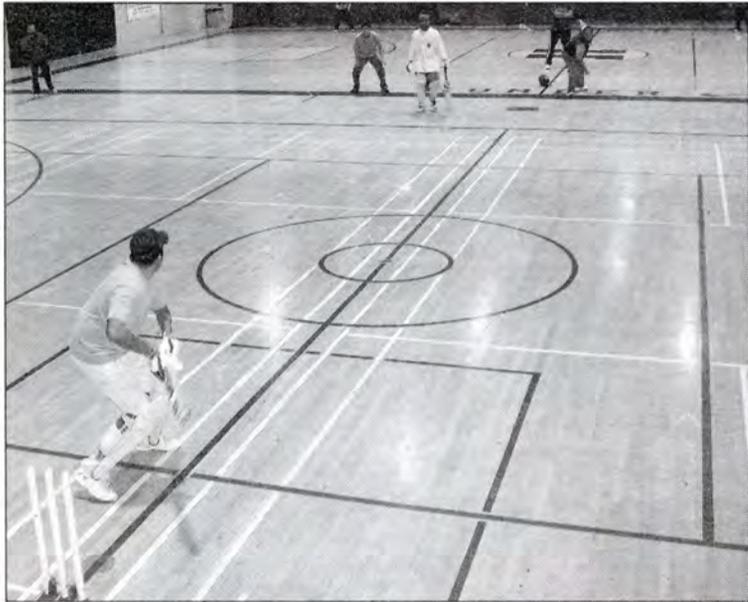


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"Being good defensively is almost like a bond. A blood deal. Everyone has to be committed." – Calgary Flames GM Darryl Sutter on his team's style of play.

Cricket finally meets its match



photos by james sturgeon

Kaleed Rasheed (above) and Vasav Thakur (below) take part in an indoor exhibition cricket match held at the North Campus.

James Sturgeon
SPORTS REPORTER

Roughly six months after having the third consecutive exhibition tournament of the year cancelled because of poor weather, Humber's cricket enthusiasts finally had something to cheer about Monday night.

Around 30 students turned out as Humber Athletics hosted the second of three indoor cricket nights at North Campus. The first was held March 8.

"We had been trying to run an outdoor tournament three or four times since September and every time we basically had torrential downpours on the days we were going to do it," said Jim Bialek, assistant athletic director.

"I was glad when I found out there were going to be outdoor tournaments, but of course they were rained out all three times," said Adil Anwar, a first-year business student at Guelph-Humber. "But since the indoor games started up there have been a lot of people showing up."

Saudi Arabia native Anwar is one of many students from nations where cricket is immensely popular to have voiced a desire for Humber to offer the sport.

"We had a lot of people from the International Centre coming in and asking about cricket," said Jennifer Maclam, campus recre-

ation co-ordinator.

"Students would approach (the International Centre) and say, 'this is what we'd like to see, this is what we do at home and can we do it here?'"

"There are a lot of people here that want to play," Anwar said. "There are a lot of people that are passionate about the game."

Passion certainly epitomized the atmosphere Monday.

The two teams composed of 11 players a side played with everything they could muster. Players dove headlong to make a catch off a batsman's hit one minute, while fiercely arguing with the umpire the next.

According to Bialek, Humber Athletics first became aware of the latent demand from students at the beginning of last semester when the department decided to run three outdoor exhibition events.

"When we put together the campus recreation schedule in the fall cricket just took off," he said. "One person came in, then two, and all of a sudden we had 30 to 40 people who were interested in playing."

Anwar said many students had travelled from across the Greater Toronto Area just to play for a few hours on Monday.

"Most of these guys live in Mississauga or somewhere in Toronto where it takes two hours to get here," he said. "They're still

here even though they're going to get home around 12 or one o'clock (in the morning)."

For Anwar, who has played since he was a child, as well as other experienced cricketers at the school, the indoor events are a welcomed first step in bringing cricket to the Ontario collegiate sports scene.

Based on student feedback this year, Bialek hopes to make the game into a recognized varsity sport and will table the idea in May at the OCAA annual general meeting.

"I'm looking at putting cricket as a demonstration sport," he said. "Hopefully based on that extra-mural package we get teams interested and then we'll be able to institute it as a varsity sport."

The OCAA requires at least five schools compete in a sport before it is recognized at the varsity level.

One thing is certain, Humber Athletics plans on making cricket a permanent fixture in its own schedule from now on.

"We see it as a viable activity to offer to our students," Bialek said. "Whether it's recreationally-based or competitively-based."

Humber Athletics will host the final indoor exhibition match next Wednesday, March 28 at 7 p.m. in Gym A at the North Campus.

Students who are interested can visit the Humber Athletics website (<http://athletics.humber.ca>).

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Paintball club a blast for members

Group started in fall, numbers rising

Daria Locke
IN-FOCUS REPORTER

If joining the Canadian Forces seems daunting, try paintball.

"It's a little taste of what it's like to be in the military," said Kyle Ferguson, second-year fitness and health promotion student and president of the Humber paintball club. "You can develop a little respect for those who go overseas and fight."

A game of paintball usually involves two opposing teams hoping to eliminate all the other team's players, or to complete an objective such as retrieving a flag or eliminating a specific player.

"It's a very physical activity but a lot of fun," Ferguson said. "You really don't get hurt and it's good for developing motor skills."

The Humber paintball club began in the fall and has been growing ever since.

"A bunch of us really enjoyed the paintball following frosh week, so I thought we should start our own club so we could play some more," Ferguson said. "The group is made up of mostly beginners but we have a couple advanced players too. But anyone can join because the more people there are

the more fun we have."

According to Ferguson, there has been two events this year and it's been very successful.

"We've had many people join who had never played paintball before and just loved it," he said.

Their events have been held at a local venue called Paintball Nation.

"We've always had a positive experience with the Humber paintball club," said Josko Kovic, one of the owners of Paintball

"I like shooting people."

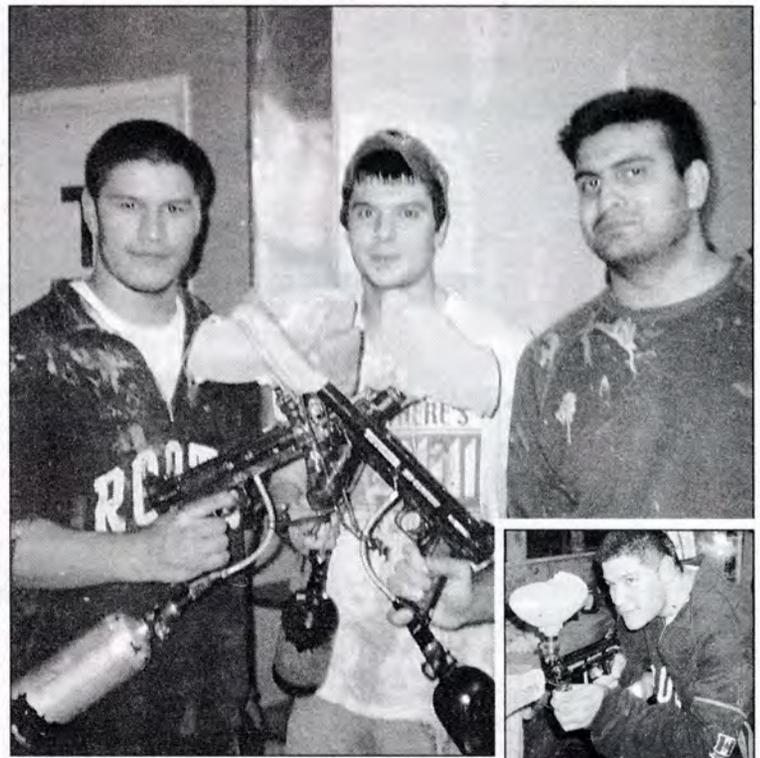
-Stephanie Beveridge
air-conditioning and refrigeration engineering student

Nation. "We structure the games for every skill level and just give everyone a good, safe time."

The club is free to anyone who wants to join and portions of the events are subsidized by the group.

"We try to pay for a part of the event because it makes people more willing to come out," he said.

Stephanie Beveridge, air conditioning and refrigeration engineering program student and organizer of the second paintball event, joined the club because she was looking for something differ-



photos by daria locke

The Humber paintball club generally splits into two teams when it gets together with each side gunning for the win.

ent to try.

"What can I say? Clubs are a great way to meet people, network and have fun," Beveridge said. "And I like shooting people."

"We are always looking for new members," Ferguson said. "We're

holding another event before the term is over so anyone interested in trying out paintball should come out."

Any student curious about this sport should email the club at hsfpaintball@gmail.com.



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