

Humber Et Cetera

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www.humberetc.com

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Waste disposal a work in progress



Jeremy Cohn

Food service employee Gus Fourmouzis drops off recycling into the trash compactors at North.

College's goal to cut landfill waste in half depends on students adopting compost bins for organic waste

JEREMY COHN
NEWS REPORTER

New bold signage has been put on trashcans around Humber campuses to reduce the amount of garbage sent to landfills and increase green bin usage, said the maintenance and operations manager.

"Waste management is something that students can have a direct impact on," said Spencer Wood, manager of maintenance and operations at Humber College. "It's all about education and it's an ongoing thing because students change yearly – we'll get there, though."

New signage makes it clearer for people to know which bin to use, he said.

A waste audit conducted by an external firm in 2009 found that nearly 50 per cent of Humber's trash is organic (food products).

Humber has implemented some of the suggestions from the waste audit, including replacing garbage cans with models that have both recycling and standard garbage bins, said Wood.

To cut down on the amount of organic waste that is sent directly to landfill, Humber has instituted the green bin program in the cafeteria area but the program hasn't been nearly as successful as expected, said Wood.

"Success with the green bins has been mixed and there is a lot of contamination," Wood said. "People use green bins at home, so you would think it wouldn't be a big difference

to use them on campus."

"In this day and age, sending almost half of our waste to landfill is horrible," said Adam Vaiya, student representative with Humber's Sustainable Coordinating Committee. "People think that once garbage is gone, it's gone. Soon we will have to start burying trash in our backyards."

The audit said that Humber generates about 1,300 tonnes of waste per year – about half is recyclable and the other half of it is sent to landfill.

Wood said Humber has set goals to send just 25 per cent of waste to landfill, and recycle or compost the remaining 75 per cent.

The provincial government said green bins are vital, but that it can take some time before everyone takes advantage of them.

"As we recognize the importance of composting, people will become familiar and use them more freely," said Kate Jordan, spokesperson for the Ministry of Environment.

Jordan said any program that can cap landfill usage is important, because it cuts down on overall pollution.

"The blue boxes have been around for 20 years and they are very successful, it's an issue of time."

The Sustainable Coordinating Committee has suggested using the arboretum as an in-house composting facility, but are concerned about the odor and wildlife consuming the waste, said Vaiya.

New ablution stations offer cleansing for students

KATE FOSTER
NEWS REPORTER

The North Campus D building washrooms will house the first ablution stations at Humber following the efforts of the Muslim Student Association (MSA).

"There seemed to be an increase in the number of Muslim students more recently and they began asking about ablution stations," said Len Thomas, Humber's chaplain. "I wanted to find out how should the students ap-

proach this."

Last year the MSA began its campaign to have Humber install ablution stations in the D building washrooms, which are closest to the school's prayer room.

Ablution allows one to wash their head, hands and other body parts to cleanse during prayer or other religious rituals.

The MSA wrote a letter and prepared presentations for Humber officials, the Humber Students Federation and facilities management.

It had a signed petition, which MSA President Usama Saeed said had more than 60 signatures.

"It's open to everyone, we don't want to just confine it to the Muslims," Saeed said. "If any other religion requires ablution of that sort by all means go ahead and use it."

Saeed said the ablution stations will help keep the washrooms tidy, since now the only way to take part in the ablution process is using the sink, which results in water being left on the floor.

Since the process takes a few minutes it can hold people up who are just washing their hands, he said.

Thomas also noted the safety hazard using the sink creates with students washing their feet and other body parts in the sink which is fairly high from the ground.

"We want to do something for our community at large as well and something that the whole school can benefit from," Saeed said. "Something that can bring together the Muslim community as well as the rest of the

school."

Humber plans to have the ablution stations put into the men's and women's washroom on the second floor of the D building in December.

Scott Valens, associate director, capital development/facilities management, said due to the larger size of these washrooms, the ablution stations will be installed without having to take out any stalls, urinals or sinks. The stations will open in the winter 2010 semester and be accessible to all students.



Sarah Savage

Students struggling to make ends meet can apply for food from the HSF foodbank, which offers prepared packages for users.

HSF food bank ready for students

SARAH SAVAGE
NEWS REPORTER

Fall is here and the North York Harvest Food Bank, Humber's primary resource for its food program, is ready to meet increased demand from students.

"In anticipation of the fall we have increased the food deliveries that we make to the campus food banks simply because the numbers stayed strong through the summer," said Daniel Liadsky, senior manager, community engagement, of North York

Harvest Food Bank.

According to a Nov. 4, 2009 article in the *Et Cetera*, the North and Lakeshore campuses had 30-40 students using the food program combined.

This year the food program at the North Campus has 22 members, with new members being approved on a regular basis, said Sieu Moi Ly, services director of the Humber Students Federation (HSF).

The Lakeshore Campus has approximately 13 members, said Kimberly Daniels, HSF services coordinator.

Between the two campuses there

are 35 users so far this year.

Students learn about the food program through posters around the school, and through word of mouth, said Ly.

Though word about the program has not reached everyone.

"I had no idea that the school has a food bank," said Jessica Lynn Falcioni, 21, a second-year film and television production student. "It's a good thing to have but they should tell students."

The Humber College food program is open to Humber students who must fill out an application form and

come in for a meeting, said Ly.

"A meeting is required to verify that the student is a student," said Ly. "We speak to them about what their needs are and how we can be of support to them or whether there are any services they need we can help them along the way with."

"The one-on-one meeting is important to the organization because we don't want the students to feel they use the service yet they are not getting to share their story with us," she said. "We want to know what more we can help the students with."

Open payment pass saves students money

Multi-system Presto Pass allows riders to use GTA-wide transit on a single fare

RYAN SAUNDERCOOK
NEWS REPORTER

The new Presto Pass will allow for a smoother and more convenient payment process for transit users at North Campus, where numerous transit routes intersect, said the system's director.

"The pass allows you to ride through multiple transit systems such as Brampton, Mississauga, York Region, etc. which is particularly useful for Humber students," said David Smith, director of the Presto system.

Smith said Presto should be fully implemented in the GTA by March, with the exception of the Toronto Transit Commission (TTC), which will have the systems running in 12 stations, particularly at transfer points.

"We want Presto to be the regional fare-card for the entire greater Toronto and Hamilton area," said Derek Luk of the Ontario ministry of transportation. "Our goal is to make it easy

for Ontarians to move easily between transit systems."

The TTC has decided to refrain from making a decision on using an open payment method before the new commission takes over after the election, said Luk.

"At the latest TTC board meeting they decided to move forward with requests for proposals but won't decide who wins the contract until the next commission meeting."

A spokesperson for TTC chairman Adam Giambrone said he was not available for an interview but gave a report that said the commission is interested in an open payment system.

"Conversion to open payments is expected to allow the TTC to move towards better customer service," said the report. "Research and analysis needs to begin now in order to determine if this type of fare system would benefit the TTC."

Smith said Presto hopes to incorporate an open payment option into their systems in the future, however,

regular transit users benefit from using a Presto device instead of a credit or debit card because of advantages like discounts for frequent use.

Smith said the option of using credit or debit would be ideal for sparse users of the transit system, such as visiting family.

With so many students using a variety of transit types on a daily basis,

the addition of a simpler, more convenient way to travel between multiple transit systems may be welcome change.

"I'm excited for Presto to really get going," said Branden Inata, a second-year multi-media student and Presto owner. "You scan your card and pretty much just go."



Ryan Saundercook

Students who use multiple transit systems can use one fair between regions by swiping a Presto Pass on GTA buses.

New study says work, debt leads to dropout

SHELLON SIMON
NEWS REPORTER

Students working while in school is not something new, but a new study is shedding light on how well some cope with the pressure.

The study is part of the Longitudinal Survey of Low-Income Students conducted by the group Measuring the Effectiveness of Student Aid.

More than 10,000 university and college students were asked about their work habits. They discovered students who worked more than 20 hours a week were twice as likely to drop out than the students who worked less.

"The statistics that I have heard and used for years is that 15 hours is the optimum number of hours a student should work in order to dedicate the amount of time they need to their studies and social life," said manager of the career centre, Karen Fast.

Anureet Jauhal, a fourth-year business administration student at Guelph-Humber, agrees with the study.

"I used to work 21 hours before and I did pretty bad," said Jauhal. "I did so badly last semester, now I only work 15 hours."

"All I did before was work and I didn't have time to study."

According to Ross Finnie, one of the leading authors of the study, and also a professor at the University of Ottawa, it is more than the number of hours worked.

"It's not a matter of whether the students work more than 20 hours a week," he said. "It's about whether students work more because of debt they have or because they have lost interest in school and choose to work more."

Corrections

In the story 'Million dollar eyes on campus' on page 6 of the Oct. 14 issue of the *Et Cetera*, the quote "It was about a three million dollar investment. Well worth it," should have been attributed to Humber president John Davies, not security systems co-ordinator Ernie Colosimo. *Et Cetera* apologizes for the error.

In the story 'Open HAUS for local artists and designers' on page 11 of the Oct. 14 issue of *Et Cetera* Salvina Lauricella and Rachel Beuparlant were incorrectly identified in a photo. The photo caption should have read, "Designer Salvina Lauricella (right) poses with HAUS founder Rachel Beuparlant (left) at the 1265 Bloor St. W. location." *Et Cetera* apologizes for the error.

world news

Johnson and Johnson recalls Tylenol

The company's latest wave of recalls came after complaints of a "musty or moldy odour" in the product. The recall was done voluntarily.

Reuters

Union swaps Pants for Smitherman

The Central Ontario Building Trades announced their endorsement of mayoral hopeful George Smitherman after endorsing Joe Pantalano for most of his campaign.

Globe and Mail

French strike over pension reform

Students and public workers across France are protesting a planned overhaul of the country's pension program. The reforms would increase the minimum and full retirement ages to 62 and 67.

Al Jazeera

Dead Sea Scrolls hit the web

Israel's Antiquities Authority will partner with Google to bring the ancient Dead Sea Scrolls online. The project allows people to read the 2000-year old text free of charge.

Toronto Star

Lockdown drills set for start of November

ARTHUR GALLANT
NEWS REPORTER

Final preparations are underway as Humber prepares for its yearly lockdown drills next month.

“Lockdown drills are conducted to ensure our procedures are working and gives us a chance to evaluate where we could improve,” said director of public safety Les Brinkworth.

Toronto Police Staff Sgt. Sharon Davis said officers will work closely with the college to ensure the drills go smoothly.

“Knowing what to do in a situation is key,” said Davis. “These drills save lives.”

Brinkworth said students need to treat the drill like the real thing.

“Students should simulate proper actions as if this is the real thing,” said Brinkworth. “Students should secure themselves in a safe place with locked doors.”

Since the drills will be treated as they were real, Brinkworth and Davis said it's expected some students will

treat the lockdown as the real thing and call 911 but both the college and police are prepared for this.

Davis said students shouldn't take to social media during a lockdown drill.

“If you tweet that there's a lockdown drill happening, people may not read it correctly and panic,” said Davis.

According to the Humber public safety website, in the event of a lockdown students need to close and lock down doors, cover windows, be quiet and lie on the floor or crouch under desks.

Though some students feel drills are a waste of time.

“I feel really irritated that my class time is interrupted for such drills,” said Meghan Forbes, 24, a fourth-year business administration student at the University of Guelph-Humber.

Lockdown drills will take place at the Carrier Drive Campus Monday Nov. 8, Lakeshore Tuesday Nov. 9, North Wednesday Nov. 10 and Orangeville Friday Nov. 12.



Shellon Simon

First-year business management student Shaun Rego said being the first post-secondary student in his family is an opportunity to make his parents proud.

First generation students tap into college workshop

SHELLON SIMON
NEWS REPORTER

A new program is helping the first students in their family to TAP their way comfortably into the Humber community.

The Transition and Advising Program (TAP) is a pilot project that helps first-generation, first-year business and health science students adapt to the new experience of being the first in their family to attend a higher education institute.

“It's a series of workshops that you go to once a week with different topics every week, like helpful study tips,” said Melissa Gallo, manager of peer programs and community engagement.

Gallo said it is an opt-in program so students are not required to join if they are comfortable enough on their own but it's a great opportunity to make some new friends and learn some great tips on being successful in college.

Dean of students Jason Hunter said with the recent news of Queen's Park scrapping funding to dozens of first-generation programs in universities it's great to see Humber helping students feel welcomed.

“My parents did not go to college or university so they were incredibly supportive of me but they couldn't really tell me what college or university was going to be like,” said Hunter, who was the first in his family to attend a higher education institute. “So

the notion of these kinds of outreach programs is great – it gives people an opportunity to get firsthand information about what's available to them.”

Shaun Rego, a first-year student in the bachelor of business management program, can understand the pressure of being the first in his family to attend college.

“I just feel fortunate to get a chance to make my family proud and help them out,” he said. “Something to thank them for everything they have done for me.”

The TAP program is in its first year and is only available to the business and health science programs, but if all goes well the rest of Humber will be able to take advantage of another helping hand.



Arthur Gallant

Campus hallways will be cleared out during lockdown drills.

Students facing job cuts in service sector

Province-wide drop in service jobs poses challenges to students looking for work

RYAN BRISTLON
NEWS REPORTER

JR BAILEY
BIZ/TECH REPORTER

Humber students may have more problems finding work as the number of part-time jobs throughout the province has declined, according to Statistics Canada.

A labour force survey conducted by StatsCan for September showed that part-time employment among 15- to 24-year-olds, many in the student-dominated service industry, declined by 42,000 positions.

September's losses erased the gains made earlier this year.

The economic recovery has slowed and unemployment levels will likely remain high through 2011, said Plamen Petkov, senior policy analyst for the Canadian Federation of Independent Business in an email to

the *Et Cetera*.

Karen Fast, manager of Humber's career centre, said that the number of on-campus jobs open to students remains fairly consistent each year because the school manages them.

Humber Student Federation financial coordinator Frank Rizzi also said the HSF's number of campus jobs are also consistent but with the school growing so much the 80 to 90 positions available leave many students out of luck.

“I wasn't able to find a job over the summer – how do I survive?” was a concern Rizzi said he heard from a

lot of students during his fall consultations.

Kayton Sankey, 23, a third-year culinary arts student, said he went to seven interviews over the summer to try and get a part-time job with no success.

On Oct. 8 in London, Ont., Premier Dalton McGuinty said that the province will invest \$28 billion over the next two years in infrastructure to stimulate the economy and create jobs in the short term as he continued to defend the HST as a job creator.

Scott Blodgett, spokesperson for the ministry of finance, said that the

estimates for growth put forth by University of Calgary professor Jack Mintz in November 2009 are still on target.

Nearly 600,000 jobs will be created and household incomes will grow by 8.8 per cent, said Blodgett.

“I don't see that,” said Fast. “Where is that coming from?”

Fast said people are spending less and that affects the service industry, using the example of staying in hotels to illustrate her point.

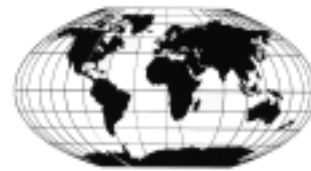
“If people aren't there as often because of the HST I see why there is no growth in the area,” she said.

Although part-time jobs have been cut, Fast said she noticed an increase in volunteer positions available where students could at least gain experience in their field of study, but she is concerned about employers exploiting students to get access to free labour.

Because of the HST I see why there is no growth.

Karen Fast
Humber Career Centre manager

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Ford may be best bet for mayor

Spend-crazy Toronto needs to reel in its expenditures

For the past seven years, Torontonians have been like a kid dragging his weak-willed parents through Toys 'R' Us. Anytime someone wanted something, he just had to yell loud enough and City Hall would somehow find a way to pay for it.

Times were good, and everyone was having a lot of fun. The people who run the city are happy because, for the most part, people didn't hate them, and the population is happy because, well, why wouldn't they be?

Now, though, Toronto is going to have to grow up and make some adult decisions.

The city should have learned from the housing collapse in the U.S., or from Europe's PIGS – Portugal, Ireland, Greece and Spain – that you can't keep living on a deficit because it's only a matter of time before the bottom falls out.

Our city's operating budget deficit for 2010 is expected to be around \$400 million, and if it continues at its current pace, could hit \$1.9 billion by 2019, according to the Toronto Board of Trade. This means for 2010 Toronto is spending \$400 million more than it's bringing in. So it has to borrow \$400 million to make those payments.

Toronto needs someone who can bring this

spending in line. Whether that's Rob Ford or George Smitherman (Joe Pantalone, the mini-David Miller, is not an option), someone needs to get things sorted out and get the budget in line. And, sorry to tell you Toronto, that process is going to suck. It's going to mean cuts to things we all enjoy, and Toronto won't be the same fun and freewheeling city it was under Miller.

The new mayor's name will be dragged through the mud, the city will hate him and he likely won't last more than one term.

This is why Ford just might be the best choice for Toronto's next mayor.

Smitherman seems like too decent a guy to make himself hated, so he won't be able to make those cuts. But everyone you know already hates Ford, and they'll hate him even more if he's elected and makes the cuts that he's proposing. With any luck, he'll straighten out the budget and then lose in the next election, giving whoever comes after him a platform to run a nostalgia campaign around how they will restore the city to its former glory, bring the arts back, free ice cream for everyone, and so on.

Be glad those new subway cars are paid for now. It could be a while before you see anything like that again.

Food bank interviewing process invades privacy

Students who can't afford a proper meal can turn to Humber's food bank for help. They must fill out a food program application and have a one-on-one interview with the services director. If approved, they receive a client card, which gains them access to the food bank. Requests are considered on the basis of expenses, income, family support, employment and personal circumstance.

The one-on-one interview Humber's food bank required for student applicants seems fair in order to make sure that our food goes to people who truly need it. But an interview may be asking too much of students reluctant to share their personal stories with someone they don't know. It could be humiliating having to explain that the reason for needing food is because your family is in debt or you can't afford to pay your rent.

Et Cetera is concerned that students who need food may avoid using the food bank because they fear going through this process.

The North York Harvest food bank supplies both Humber's food bank and York University's. Yet York doesn't ask students to go through a personal interview to get food from the school.

Instead, they use what could be described as an honour system: students are asked to leave a piece of ID in exchange for a key to the food closet. They are not supervised and can take as much as they want.

Students at York are never denied food. There is, of course, the possibility York students could be taking an excess of food from their peers who truly need it because the school has granted them unsupervised privileges to its food supply.

Humber's process for requesting food is admirable because it shows its food bank has taken fairness into consideration. However it seems as though it hasn't considered the individuals who go through the process, but rather the needs of the student body as a whole.

Humber's food bank should leave the one-on-one interview out of the application process. It's unnecessary because the paper application requires one to provide bills as proof of financial expenses.

There may be some students who don't mind sharing their stories with others, but there may also be some who find the mandatory interview completely embarrassing. Get rid of it.

cartoon



quoted

Why is voting important to you?

Andre Moore, 26,
culinary management 2nd year

To make sure the right people are in office at the right time doing the right thing.

Ian Noble, 18, film
1st year

Everybody should have a say in what goes on.

Andrea Houle, 18,
fashion arts 1st year

Every vote counts. Because just one vote decides who wins and who loses.

Christina Chung, 20,
film 2nd year

Because it gives you a voice.



Et Cetera wants to know what you think

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at etc.humber@gmail.com

Humber Et Cetera

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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Parking lot gridlock cause long wait times

GREG BURCHELL
MANAGING EDITOR



For a commuter school, Humber sure doesn't make things easy on drivers.

The asphalt on Humber College Boulevard feels like it was finished with baseball bats. At the security check-point into Lot 1 the security guard always waits until the last second to open the gate. The speed bumps feel as if my spine is going toe-to-toe with Mike Tyson in his heyday and losing badly. But these are all things I've learned to tolerate.

What I can't deal with, however, is why the school has to make it so difficult to leave at the end of the day.

Every day, without fail, there is a line of cars at the A entrance, backed up like the Don Valley Parkway (Queen Elizabeth Way, for those of you who drive in from the west) during rush hour. At its peak, I've waited a solid 25 minutes just to pull out onto Humber College Boulevard. When your entire commute usually takes over an hour,

this is not the best way to start it off.

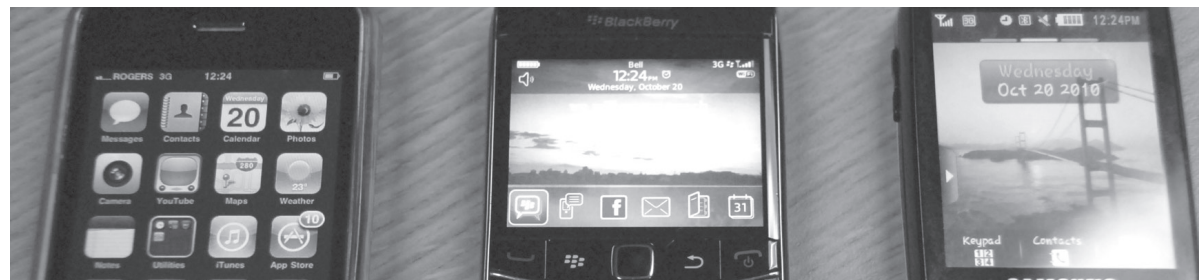
What makes this traffic jam so unbearable is how unnecessary it is. Last year I parked in Lot 7 and never once encountered this problem when I left the school from entrance B.

What that entrance has when you're leaving the school is a dedicated left turn lane. Vehicles making a left, which typically takes longer as they have to cross two lanes of traffic, are not blocking vehicles turning right, which only need to enter one lane of traffic.

Both entrance A and entrance B have three lanes, but entrance A has two lanes that enter the school and one that leaves. Entrance B has one lane that enters the school, but half-way to the school it expands into two, so when leaving the school it begins with one exit lane that expands to two, optimizing the use of all three lanes.

Young Drivers taught us that you shouldn't enter an adjacent lane as another vehicle making a turn, so why is this option even given at entrance A? Why not simply set it up in the same fashion as B?

It won't be expensive – give me a couple cans of spray paint and I'll do it myself.



Jordan Maxwell

Celling and dining bad etiquette

MELISSA GREER
LIFE EDITOR



It's a scene I tend to see on a regular basis: three people sitting at a restaurant table, sharing each others' company – but all have their cellphones out and are more interested in the device in their hands than the real people sitting with them.

I work part-time in a restaurant and I can't count the number of times I've approached a table to take an order, only to receive no acknowledgement because everyone is completely engaged in whatever it is they are doing on their phone.

A recent survey found that a majority of restaurant patrons in New York, Los Angeles and San Francisco believe

texting, checking email or talking on the phone to be rude and inappropriate in a restaurant. Pollsters surveyed 40,569 people for the 2011 Zagat guide to New York City restaurants. Of those polled in New York, 64 per cent said using cellphones is inappropriate in a restaurant. Unfortunately, I'd be willing to bet that at least half of those who said cellphones in restaurants are annoying still use them when they go out to dine. We all do it. I'll admit it, my cellphone is like the third guest at the table when I meet a friend for lunch or coffee, but at least I turn the ringer off.

Cellphone companies compete with each other by offering unlimited talk time, unlimited texting and ever-faster connection speeds to the Internet. As consumers, we seem to take these limitless connections and run with them, only putting our phones down long enough to jump in the shower. And even then, our cell-

phones are probably no more than an arm's reach away. I know mine is.

Our lives today are busier than ever, so personally, I cherish my cellphone for the way it makes me more available than I would otherwise be. But with the need to stay connected and in touch with friends and family, why is it that when we do have an hour or so to catch up with friends over lunch, we spend half the time checking our email or texting with someone else?

There's a reason the BlackBerry has become known as a "crackberry" – we can't seem to let go of this palm-sized electronic device. It's become an addiction. I doubt I'll ever be able to go cold turkey, but I will try to keep my phone tucked away the next time I'm at a dinner table. I prefer to talk to people in person than through a keyboard anyway.

Next time we're out for dinner, hang up the phone and talk to my face, please.

NHL's greed ruining pro-hockey

ANGELO MAZZIOTTI
PHOTO EDITOR



The hallowed halls of the Hockey Hall of fame hosted some of hockey's biggest names earlier this summer from Aug. 23-26. More than 600 delegates from all four corners of the globe were wined and dined at the Front Street shrine, but what was the point?

The official website of the Molson Canadian World Hockey Summit states the event is designed to dissect the current state of hockey and collaboratively identify and address key concerns and issues facing the game today.

If there is one thing we learned from the three-day publicity stunt it's that Russians are still a little sour from the recent Vancouver Olympic beating – and '72 for that matter. But second and more importantly we learned we are still no closer to a decision on NHL participation in Sochi in 2014.

NHL commissioner Gary Bettman was bombarded by the question all week, and all week he brushed it aside.

The question, of course, is whether or not to allow NHL players to play in the 2014 Olympic Games in Sochi, Russia.

Following a tremendously successful 2010 Olympic Hockey tournament in Vancouver, it is hard to believe the NHL could find any reason

not to send the players.

In an article published by the *New York Times* on Feb. 18, Bettman said scheduling is his main detractor, but he also offers player fatigue and a two-week work stoppage as other disadvantages.

"It's a balancing act. It's absolutely possible that there are lots of things we can do together. But we've got to look at the impact of shutting down from a business, momentum and impact standpoint. We have a multibillion-dollar business that we're responsible for," Bettman told the *Times*.

Imagine that! The same man who just five years was at the head of a season long "work stoppage" to fix the game is now saying a two week "work stoppage" is a little too much.

Alex Ovechkin, one the game's best and highest profile players, has already publicly stated and repeated that he will play for his country in 2014 no matter what the league decides.

Ovie is not bluffing! He will stop at nothing to play in the 2014 Olympic Games; especially because they are in his backyard.

An NHL ban means nothing to Ovechkin and here are the reasons why.

Alex Ovechkin is Russian. He didn't grow up sitting around the living room cross legged watching hockey night in Canada.

He doesn't get all warm and tingly inside when he hears the TSN hockey theme. He has no idea who the hell Stompin' Tom is and doesn't care

about the Hockey Song.

The Stanley Cup is a very North American concept. Every little Canadian kid (and a select few American ones) grows up dreaming of one day hoisting and sipping out of Lord Stanley's mug.

Despite best appearances, winning a Stanley Cup is not one of Ovechkin's priorities. He wants to make money. He cares about sending big yellow overstuffed envelopes back home to his family.

My point is that Ovechkin would give the one finger salute to Bettman and the rest of the NHL if they rule against player participation in 2014. Even more so now that the Kontinental Hockey League (KHL) has never been stronger overseas.

Why play so far away from home for a league that won't let you play for your country when you can make the same if not more money playing in a league that plays in your own backyard and a league which is growing ever more popular and powerful by the minute.

To date, the only knock against the KHL is its lack of big-name talent. If Ovechkin signs, he might just be the first in a long line of Russian players to once again smell the sweet air of Red Square.

Can you imagine a first line centred by Evgeni Malkin with Ilya Kovalchuk and Alex Ovechkin on either side of him? Sounds like a concept the NHL might rather not have to think about.

Let the players play in 2014.

pass fail

- To French protesters for keeping up the French tradition of rioting, this time over President Sarkozy's plans to change pension laws
- To the KFC for introducing the Double Down to Canada and greatly endangering the overall health of *Et Cetera* staff
- To the Bank of Canada for keeping the interest rate down at only 1 per cent.
- To the robots who have just performed the first all-robot surgery to remove a man's prostate.
- To former footballer Junior Seau for making himself relevant again.
- To Wayne Rooney for wanting to leave Manchester United in order to play for the cross-town rival Manchester City.
- To Mexican authorities for seizing 105 tonnes of marijuana – major buzz kill.
- To the Maple Leafs for not going 82-0 this season and putting the first drop of doubt into the Leafs Nation pool
- To the scientists who programmed those robots, teaching them about our weak spots.
- To former footballer Junior Seau for making himself relevant again by driving his SUV off a cliff.

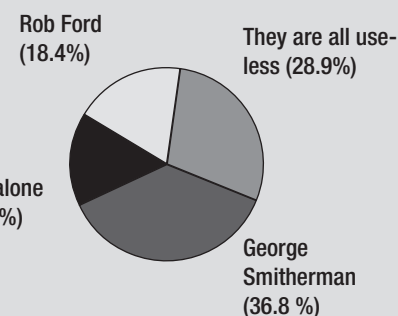
Et Cetera poll

Have you tried KFC's Double Down sandwich and do you think it should be banned in Canada?

vote online at humberetc.com

Last week's question and result:

Which mayoral candidate will you vote for ?



Arboretum's green design snags awards

MATTHEW LOPES
SENIOR BIZ/TECH REPORTER

The Ontario Association of Architects (OAA) has recognized Humber Arboretum's Center for Urban Ecology (CUE), awarding the facility for its innovative and sustainable design.

Jill Taylor, partner in the CUE's principle design firm, Taylor Hazell Architects, said her team welcomed the challenge of designing a building with such a small ecological footprint. "Architects are concerned about the environment," she said. "When we get an opportunity to work on a project like this, it's a precious opportunity that can't be wasted."

The firm was awarded the OAA design excellence award and The Michael V. and Wanda Plachta award. The design excellence award is given to 15 different projects in recognition of designer's creativity, sustainability, design and legacy. Out of those 15 projects only one is given The Michael V. and Wanda Plachta award in recognition of projects with a construction cost under \$8 million.

Jimmy Vincent, an employee of the Arboretum, described the CUE as a "living building," and said its solar awnings, high performance windows and exhaust system automatically react to the sun's angle and heat, keep-

ing the temperature inside the CUE comfortable without the use of a furnace or air conditioning.

Melanie Sifton, the Arboretum director, said last year she discovered an interesting anomaly in the building's energy consumption.

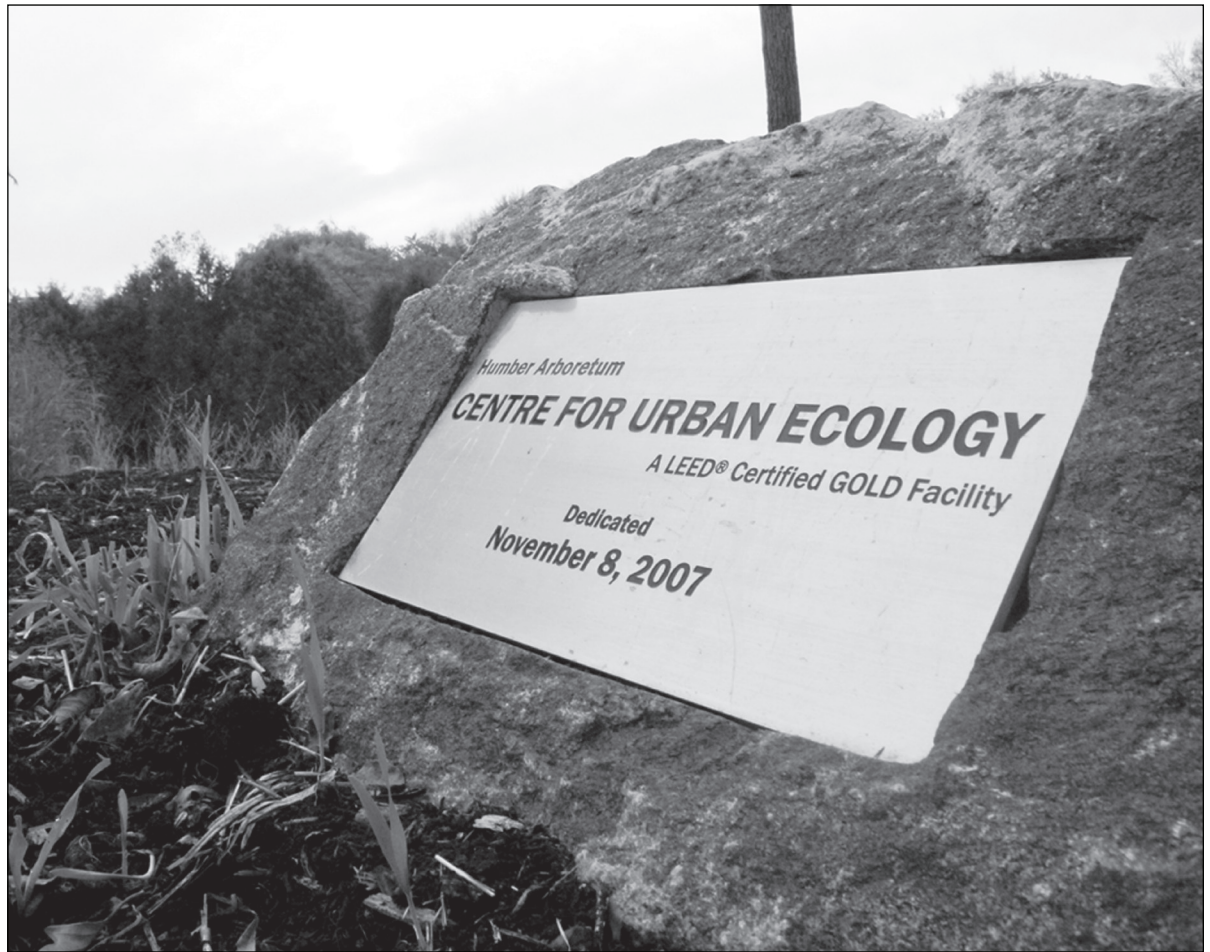
"It's remarkable, somebody came to us saying the most energy your building uses is happening at eight o'clock at night," said Sifton. "We thought that was kind of weird because all our programs run during the day and no one is here at night, so we looked into it and discovered the most energy the building uses is when the cleaners came in and plugged in their vacuums."

Sifton said the sustainability of the building is amazing, but there is still room for improvements, such as its glass walls, which birds have been flying into.

"I can't hide that, this is migration season for birds were in an important bird fly away zone and it's not right that were killing birds with our building."

Sifton said this is a problem for many buildings in the GTA, and Humber should be a leader in remedying the problem.

"For now it can be something as simple as putting up netting around one side of the building until we find a more permanent solution."



Matthew Lopes

The Centre for Urban Ecology was given numerous awards for its uniquely green design.

New Venture Fund offers students cash

SAM HALABY
BIZ/TECH REPORTER

Humber is providing students the opportunity to present a new business idea and compete for thousands of dollars in start-up costs through the Humber New Venture Fund project.

Open to all Humber College students and recent grads of any field of study, the project provides up to \$8,000 in initial funding, which includes marketing, development, advertising, and other costs.

"It's an entrepreneurial start program that has evolved through discussions with a group of faculty members who are very interested in supporting students for new business starts," said Michael Hatton, vice-president academic. "It's a reflection on the fact that we believe our students are well-prepared to start their own businesses and create opportunities for others to work for them."

HSF president Bryan Tran said this opportunity isn't necessarily just open to business students.

"Some of the best projects ideally will include students from different faculties," he said. "For example, someone in electromechanical engi-

neering pairing up with someone in business, so you get both the technical and business side."

Tran said faculty members created this initiative under Hatton's direction. "He put together a team of deans, associate deans and program coordinators and people at the college, so really it's an interdisciplinary effort," he said.

Laurie Turner, associate dean of the School of Business, is one of the team members involved with the initiative.

"Some people might think how would a student from health sciences know how to draft a business plan?" she said. "The business plan has been modified to a certain extent

so it's just really answering questions, and doesn't require any business background to do it."

Tran said the HSF is promoting the project through various channels to get the word out to students on this opportunity.

"The HSF definitely supports this 100 per cent," he said. "It really rewards those students who want to be entrepreneurial and start their own business. This is a great first step towards that."

We believe our students are well-prepared to start their own businesses

Michael Hatton
Vice-President Academic

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First book poised to take Flight

Author uses acting experience to pen novel about a woman escaping domestic violence

CHARMAINE KERRIDGE
SENIOR A&E REPORTER

Domestic violence is usually a tough topic to tackle, but former Humber student Darren Hynes sheds light on the subject in his first novel, *Flight*.

"I would hate to think a man could only write in a male voice and a woman in a female voice," Hynes said. "I think if you do the work and you're really honest and truthful, you should be able to make the character come to life regardless of the writer's gender."

Hynes, an actor with a bachelor of fine arts in theatre, started writing the first draft of his book, published this September, in May 2003.

The novel chronicles lead character Emily and her decision to leave an abusive relationship.

Hynes has five sisters, and the author knew some women who'd experienced domestic violence.

He saw the damage done to their self-esteem, and wanted them to know there is hope and help out there, he said.

"I didn't start out to write a book about domestic violence. It's kind of weird. I heard a voice from that manuscript and it was the voice of Emily. And it said to me, 'You have to write the story again, but from my perspective,'" Hynes said.

It was at this point where writing the manuscript became a challenge.

Hynes applied to Humber's creative

writing by correspondence program.

Alongside mentor Michael Helm, a writer nominated for 2010's Giller Prize, Hynes finished the first draft of *Flight*.

"Humber gave me the fundamentals," Hynes said.

"I learned that less is more if you can say what you have to say in the simplest way possible."

A mentor is useful to the writer, said Antanas Sileika, director of the School for Writers.

"It compares to a studio where the mentor is sitting with an artist. He is helping the writer to retouch the work," Sileika said.

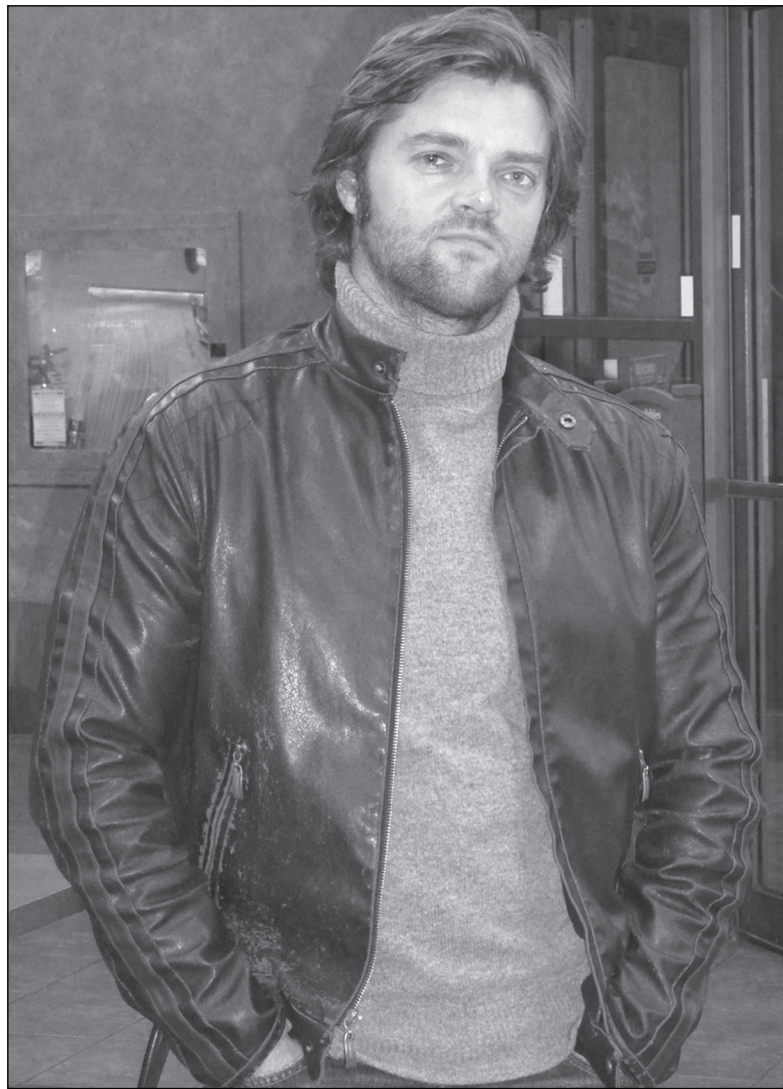
Hynes' experience in acting helped him craft the characters in his novel, he said.

His last acting job was on 'Heartland,' a Canadian television show, in October.

"I think a lot of trouble that apprentice writers have is with character—how to make one character sound different than another. I went into writing sort of knowing how to do that so it was a good springboard," Hynes said.

Emily, the main character, draws the reader in because of her authenticity, said Donna Francis, editor and marketing manager of Creative Book Publishing.

"It was a bit of a controversial subject. Yet it was a male writing from a female perspective. He did it really well. He was believable," Francis said.



Charmaine Kerridge

Darren Hynes released his first book, *Flight*, in September.



Denee Hall

Co-ordinators prep for upcoming fashion design show at Guelph-Humber Oct. 28, 5 p.m.

Students plan design show to aid YWCA shelter

DENEH HALL
A&E REPORTER

Students bring Toronto style to North Campus for their first solo project which will also help provide safety and shelter to women in need.

Final-year business administration students at Guelph-Humber are putting together a fashion exhibit showcasing local designers artwork.

The students plan to give all proceeds from the event to the YWCA Women's Shelter.

"Fashion is liberating to women, and women who are oppressed go to the YWCA to find hope," said Caroline Galdamez, a final-year business administration student.

The YWCA is an organization offering women assistance escaping violence, gaining employment skills, and finding permanent housing.

The show will have several raffles throughout the night for the YWCA.

"It's not just an assignment, we're helping the community," said Holly Caporiccio, event organizer and final-year business administration student.

"We wanted to set up a showcase to give exposure to talented Toronto designers who are still trying to make it," said Galdamez.

The event, called Exclusive, includes designers like Samantha Stoncius, Subsequent Clothing Designs, Designs by JES, and Fashion Crimes.

Chic-fashion will be the theme for the event and will present fashion as art in an elegant and chic way.

"Toronto's fashion is evolving, not everyone has the same fashion sense, everyone has a spin to their style. It's trendy but different," said Anisha Grewal, first-year fashion student.

Designers will sell original fashion designs, paintings and sketches.

"You can tell just how important it is to the designers for them to be in this event, and I'm glad to be a part of that," said Alexandria Liscio, final-year business administration student working the event.

Exclusive takes place Oct. 28 from 5 p.m. until 10 p.m. at the Guelph-Humber art gallery and will remain open until Nov. 3 for viewing.

Writers get chance to be author for a day

Contest offers winner chance to schmooze with accomplished novelists at literary lunch

KAYONA LEWIS
A&E REPORTER

A Humber professor has teamed up with the Harbourfront Centre to bring a brand new contest for aspiring writers to the International Festival of Authors, Oct. 20 – 30.

"It's a reality check" said Antanas Sileika, the artistic director of the Humber School of Writers' master class.

Students will present a 600-word

fiction, non-fiction or narrative story focusing on the topic of their choice to the Author for a Day Contest.

The winner of the contest will be picked Oct 24.

Winners will get a chance to read their story at Humber School for Writers' master class event and attend a sit-down literary lunch with event speakers and notable authors Nino Ricci and Kate Cassaday as well as contest creator Kim Moritsugu, a creative writing professor at Humber

who also created the contest.

The contest is open to all and has received many applicants.

The International Festival of Authors is known for bringing attention to authors both big and small.

Bestselling authors such as Jonathan Crantzen, Jeff Lindsey and John Waters will attend.

"It's 150 good examples of what's new in the literary world," said Geoffrey Taylor, director of Harborfront Center.

the radar: best of the best

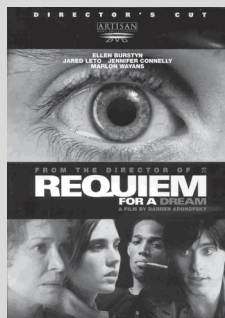
The Beatles
Abbey Road



Side one will take the listener on a musical journey through The Beatles best while side two features the albums best selling points in what has become known as "the medley."

Recommended By Angelo Mazziotti

Darren Aronofsky
Requiem for a Dream



Requiem for a Dream chilled audiences to the bone with a story of four characters whose lives are destroyed by their addictions, creating an instant cult-classic.

Recommended By Colton DeGoyer

Kurt Vonnegut, Jr.
Breakfast of Champions



The 1973 story of a sci-fi author and a deranged entrepreneur obsessed with his books. Full of hand drawn illustrations, the unique style helps point out how ludicrous our world really is.

Recommended By Sam Carson

Zombies set to roam downtown Toronto

REBECCA SADLER
A&E REPORTER

Ghouls, goblins, ghosts and zombies, it's that time of year when Halloween is fast approaching but on Oct. 23 Halloween will hit Toronto early.

From Trinity Bellwoods Park to Christie Pits Park, the Zombie Walk is taking place for the eighth year.

Each year thousands of kids, teenagers, and adults come out for the fun.

Shawnie Clark, a first-year multimedia production and technique student, is preparing to be zombieified for the first time.

"I saw pictures from last year's Zombie Walk, it looked really cool," said Clark explaining why she's going this year.

The only thing worrying this soon to be zombie student is the make-up.

"I'll never be able to replicate it," she said.

The standard make-up for a zombie is greenish, greyish colouring, and blood.

Thea Munster, the Zombie Walk coordinator, created the event in 2003.

"I thought, wouldn't it be cool to dress up as zombies and take over the neighbourhood" said Munster about why she decided to start the walk.

The city made Munster do registration this year and it had her worried before she started receiving emails and registration from around the world she said.

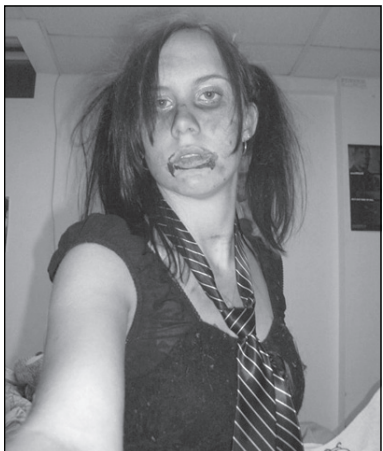
Taylor Thompson, first-year media foundation student, is preparing for her first time at the walk.

She said she had an interesting way of finding out about the walk last year.

"We were in a shop and some girl ran in screaming at the top of her lungs. We thought a celebrity walked in, we went to the front of the store and saw zombies," she said.

Thompson said the only thing she worries about this year is funding for her costume, and of course being able to act like a zombie for the duration of the walk.

She said if anyone is willing to stay in character as a zombie and not ruin it they should go to the Zombie Walk as well.



Courtesy Shawnie Clark

Shawnie Clark as a zombie.



Marlee Greig

Humber music student Thomas Grosset wants to be known for more than his World's Fastest Drummer record.

Drummer not just a novelty act

Student's amazing speed record shows endurance needed for beating those skins

MARLEE GREIG
A&E REPORTER

Humber percussionist Thomas Grosset can drum approximately 17 times faster than a resting person's heartbeat – 1,194 beats a minute.

"A good player can play around 500 to 700," said Mark Kelso, percussion department head, who has played for almost 35 years. "I don't think I could do it."

Grosset, 20, is a second-year student in the Humber bachelor of applied music program.

In 2007, he competed in a World's Fastest Drummer tournament in Texas and went home to Grand Prairie, Alta. with a world record 1,194 single strokes in a minute.

Grosset started drumming when he was 12.

During his only time in the competition he won the titles of fastest under 16, third fastest in all age categories and Fastest Hands.

He would do it again but the bi-annual contest has been postponed.

"He's a good player, he's got good musical instinct," Kelso said.

Outside of class, Grosset is working on a YouTube series of movie soundtrack remixes.

These videos, which feature scores to blockbusters such as *Inception* and *Pirates of the Caribbean* overlaid with his own drum parts, helped him get into the program.

He has almost 3,200 subscribers. Kelso remembers seeing Grosset's *Jaws* remix and being impressed.

He said he was amazed there wasn't use of a click track, essentially a metronome to assist in maintaining a con-

stant tempo in recording.

"It says a lot when the head drum teacher likes it. I was really flattered and happy about that," said Grosset.

Robert Meiklejohn, first-year multimedia design and production student, saw Grosset play freestyle during the writing of this article.

"His fills were clean, really crisp, I was impressed."

Grosset learned about World's Faster Drummer online.

He practiced for almost a year on a Drumometer, a device that connects to a sensor pad and counts exact drum strokes.

"I like to see drumming as musical and less athletic," said Kelso, "but I don't want to put a negative connotation to Thomas' achievement because it's great that he did it."

Meiklejohn, a percussionist for six

years, said the value of speed drumming is the endurance gained.

"Endurance is everything in drumming, if you can play that many beats in a minute imagine what you could do," he said.

Grosset said another reason he did the competition was the prizes, which included a full drum set and a ton of accessories.

Despite his record speed, Grosset prefers the musical aspects of drumming, especially playing jazz.

"People feel like it's degrading musicians because it's all about the speed, but it's just a thing to have fun with. It's like seeing how fast pitchers can throw a baseball."

■ You can watch a video of Grosset's drumming at www.humberetc.com

Band is more than just Alright

Recent release *Girl* reflects influence of Beatles, The Clash

KELLY GABEL
A&E REPORTER

Fans of traditional rock and roll often find Toronto-based band, Alright Alright right up their alley.

The band recently played Toronto's International Indie Week and released its second EP titled *Girl*, which includes four new tracks.

Alright Alright has turned influences such as The Beatles, Velvet Underground and The Clash into their own contemporary twist on rock and roll.

Alright Alright began in 2007 when all four musicians from Oakville joined forces.

Lead singer Omar Saab said he would describe the band as energetic with a pop sensibility.

"We really enjoy songs within a two- to four-minute time frame," said Saab.

The band also includes members Graeme Moffatt, a Humber College music student, on bass, Dave McCamus



Kelly Gabel

Alright Alright play the Rivoli.

covering lead guitar and Curtis Courtemanche on drums. Moffatt and Saab work together as a lyrical duo.

The band got its name the trade-

mark expression of Matthew McConaughey's character in the movie *Dazed and Confused*.

Throughout the past two years Alright Alright has been playing shows in small venues around downtown Toronto such as the Rivoli and even the University of Guelph's frosh week in 2009.

"Playing the Sound of Music festival with the Stills was probably one of our biggest highlights this past year," said McCamus.

Alright Alright's manager, Ayman Saab, Omar's brother, joined the team following the release of the first EP *Is this a Lion or a Factory?*

"We want to play shows with bands that fall under the same genre as us and also get the chance to meet other artists," he said.

Alright Alright's new EP will be sold at shows for \$5 or people can check out some of the band's tracks at www.myspace.com/alrightalrightband.

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HUMBER ET CETERA'S

2010 ELECTION GUIDE

Your slate of civic wannabes

ANDREW ARDIZZI
SENIOR REPORTER

Whether covering the heated mayoralty race city-wide, or the issues right in your own backyard, the *Et Cetera* is your source for the city's election coverage on the issues directly affecting you.

Over the next few pages you'll find candidate information and the key issues from both Ward 1 and Ward 6, home to Humber's North and Lakeshore campuses.

And we've taken a look at Humber's hopes for expansion

in Orangeville, where the college has 220 students.

You'll also find an in-depth look at each of the candidates involved in the heated mayoralty race for the big chair at City Hall.

It's our hope with this section that we can help you become informed on the issues pertinent to you so you make an educated decision on Monday, Oct. 25.

There is no shortage of issues that affect you, so vote!



Michael Laxer

Laxer has criticized mayoral candidates whose plans include privatizing the TTC because it betrays years of work by public servants.

"Public services belong to the people," Laxer said. "They're talking about selling the people's legacy and they shouldn't be."

Laxer said he supports the Transit City plan because without it people will be diverted away from Ward 6.

Laxer hopes to ensure a competitive minimum wage for students, and any cuts will decrease that possibility.

He favours strong, safe jobs for students creating sound job experience.



George Smitherman

- Continue LRT plans over the next decade but privatize the TTC. LRT completed in two phases, with the Finch West LRT not being completed until the second phase, 2015-2020.
- Switch to a smart card system for transit which could be loaded at an ATM or online.
- Maintain current bike lanes and include curb barriers between cyclists and car lanes.
- Decrease property taxes for rental property, giving renters a two per cent tax break if you pay \$1000 a month.
- Reduce vehicle registration tax by one-third.



Mark Grimes

The incumbent in Ward 6, Grimes' central election platform is his transit strategy, which includes a cautious approach to Transit City.

He said he would like to see how the other lines in the Transit City network plan pan out before committing to bringing an LRT to Lakeshore.

Another piece of his transit puzzle is establishing a regional transit agreement allowing commuters to travel across the GTA on a single fare.

Grimes said he will work to create commercial development to create more business and more jobs, providing more opportunities for students.



Rob Ford

- Reduce the size of council by half from 44 to 22, and then hire 100 new police officers. "Do you want more police officers, or more politicians?" Ford said.
- Scrap Transit

City and replace it with a subway-based network.

- Reduce the city's deficit and rein in unnecessary expenses.
- \$55-million bike lane plan.
- Replace the proposed Finch LRT with frequently running hybrid buses.
- TTC made an essential service.
- Abolish the vehicle registration tax.



Joe Pantalone

- Continue David Miller's Transit City plan and install more subways where they make sense.
- Keep TTC publicly owned.
- Improve TTC customer service and create a

stewardship of employees at each station.

- Favours bike lanes on main streets.
- Disagrees with his opposition's plans to cut city services: "I think they're all mini-Mike Harris."
 - Increase property taxes by two per cent.
 - Abolish the vehicle registration tax.

MAYORAL CANDIDATES

WARD 1 CANDIDATES

WARD 6 CANDIDATES

Ford is odd man out on funding for arts

ARDA ZAKARIAN
A&E REPORTER

He's the odd man out or the one man in, depending on how you look at it, because Toronto mayoral candidate Rob Ford said he does not plan to increase arts funding if he is elected on Oct. 25.

Ford said he plans on keeping the arts funding at \$18 per capita and if he can get the city straightened out, then he'll be "the first one to say let's give more money to the arts but right now, I can't see that happening for the first couple of years."

The other two mayoral candidates, George Smitherman and Joe Pantalone, have pledged to increase arts funding from \$18 per capita to \$23 by 2013.

"I'd love to be able to do it, but I can't commit," said Ford. "The other candidates, I don't know why they're saying that, because we're \$3 billion in debt – I don't know where they're going to get the money."

Ford said other issues, including seniors, housing, food and shelter for those without are more important.

Some arts students at Humber are worried for their future as well.

"I think it's going to be harder for us to get into the industry, find jobs and present our work, because if there is no money then we are not going to

be able to do that," said Courtney Shurgold, 20, a creative photography student.

Joe Kertes, dean of creative and

The other candidates, I don't know why they're saying that because we're \$3 billion in debt

Rob Ford
Mayoral candidate

performing arts at Humber College, said that although government funding is only a small part of the arts

economy, "it's wrong-headed of Rob Ford to think this way.

"The arts is one of the largest industries in Ontario," Kertes said.

Like any industry, the arts needs adequate funding to thrive and Ford said he plans to use his private-sector contacts to find funding for the arts.

However Kertes said private sector fundraising is not an original idea.

"I think it is possible, but he hasn't got any ideas about this," said Kertes. "We don't need Rob Ford to lead the way on that one, that's something that's already being done."

Kertes said Montreal's Just For Laughs festival exemplifies the benefits of funding the arts.

"It's the biggest festival of its kind in the country and it brings \$100 million dollars to the Montreal economy," he said.

"If you are spending \$5 million to get \$100 million, then you're doing the right thing."

"It's absolutely shameful that Toronto is one of the lowest-funded per capita funding for the arts in the world," said Diana Belshaw, co-ordinator of the theatre program at Humber.

"For a major city of our size and of our reputation and what we want to be or say what we want to be, it's pretty awful," she said.



Kayona Lewis

Mayoral candidate Joe Pantalone says at Youth Speak Out he will increase funding for the arts.

Pantalone talks about the importance of arts

KAYONA LEWIS
A&E REPORTER

Mayoral candidate Joe Pantalone took part in the Youth Speak Out conference at Lakeshore Campus on Oct. 14 and unveiled his plan for the arts.

Pantalone said his plan over the next three years is to increase arts funding per capita from \$18 to \$25 and put \$17.5 million into art related programs.

He added, "the arts will increase

the economy, arts are an investment."

When Pantalone speaks of the arts he isn't only speaking of music or visual arts, he is also interested in sports and after-school programs.

"I plan to build recreation centres, child care centres, after school programs, sports are also essential," he said.

Pantalone took the opportunity to take a couple of jabs at his opponents' plans.

"I want to use the Pan Am games as a springboard for culture in our city;

Ford wants to cut \$1.7 billion, that's a contradiction."

Ward 1 Councillor Suzan Hall said she is very supportive of the arts as well.

"To be well rounded you have to be engaged in the arts," she said.

Jackie Berrios, 17, a first-year paralegal student, said the candidates should support funding for arts programs if they want students' votes.

"There is passion about it and students want it in schools, there should definitely be more funding."

New sports complex could be a boost to college, community

MIKE THOMAS
SENIOR SPORTS REPORTER

The current development of a turf field and dome near Humber's Lakeshore Campus is an issue of discussion for those running for councillor in Ward 6.

With Humber's close proximity to the facility being installed, the school's athletic department has spoken internally about possibly using the field in the future.

Sonya Herrfort, the athletic facilities and program manager of Lakeshore Campus, said so far there has not been any official communication between the school and those involved in the installation of the field.

"Myself and my boss, Doug Fox, have had discussions about possibly using the field somewhere down the road," said Herrfort.

She added that these are only ideas at the moment and no action has been taken thus far.

The current councillor of Ward 6 is Mark Grimes, who saw the construction of the MasterCard Centre for Hockey Excellence in the area last year, which is another facility in the area available and accessible to Humber students.

Sheila Paxton, Grimes' executive assistant, said that development in the

area is very important to Grimes and that although these new facilities are not to be directly used by Humber varsity teams right away, the field will be beneficial to Lakeshore students while not detracting from the college's existing facilities.

"There is a large demand for recreation facilities in that area," said Paxton.

The field will be used primarily for soccer, but could also accommodate other sports including cricket and lacrosse.

Wendell Brereton, another candidate running in Ward 6, is also strongly in favour of the developments taking place.

"Any time you see an infrastructure like that it creates construction, it creates jobs and it's important for the community," said Brereton.

Brereton said he was glad to see the MasterCard Centre for Hockey Excellence built but would like to see more.

"It's great for hockey, but what about other sports?" said Brereton. "I would like to see multi-purpose uses in that ward."

Maple Leaf Sports and Entertainment donated the field and dome to the city.

The project needs the approval of the Toronto Water Department before construction can begin.

Where to vote on Oct. 25

Ward 1 residents (North Campus): Humber College Athletic Centre, Gym A, first floor.

Ward 6 residents (Lakeshore Campus): Twentieth Street Junior School, 3190 Lake Shore Blvd. West, Gym, first floor.

Orangeville Campus: Alder Street Recreation Centre, 275 Alder Street, second floor.

All operating times: 10 a.m. - 8 p.m.

Voting made easier for disabled

Touch screen, braille, audio playback among available options

AARON BEST
BIZ/TECH REPORTER

Toronto's election services will provide assistive technology to allow disabled voters to cast their vote in this week's mayoral election.

The AutoMARK Voter Assist Terminal technology allows users to navigate the system via a touch screen, braille keys, and audio playback for those who are partially sighted or blind, as well as foot paddles and a sip/puff tube for users with limited motor skills.

Those wishing to utilize the VAT system should call the Toronto elections office if they plan on using it said Carole Boughannam, Toronto elections manager for outreach and communication.

"If anyone needs to use the voter assist terminal, don't leave it up to a guessing game," she said. "We'll ensure that it's a location that they know, that they know how to get there, that they know exactly where it is, and that their ballot has been transferred to that location."

Maureen Carnegie, Humber disability services co-ordinator and consultant, said Humber isn't providing any voting services to help disabled students, but is glad that Toronto election services are offering help.

"I would say the fact that it is even being offered is an excellent policy and a sign of an important initiative regarding inclusivity," she said.

David Chipman, 36, a Humber computer engineering student with disabilities, said he didn't know about

the service and is disappointed with the lack of publicity regarding the system.

"I wasn't even aware of it. That might say something. They're not very good at publicizing the existence of these things."

Melissa Gallo, manager of Humber's peer programs and community engagement, said students can contact her and she will help them find the information they need from Toronto Election's website, as well as check Humber's Twitter and Facebook sites.

"We are concerned with civic engagement and students being active in their communities and that includes everybody," she said.



Courtesy

Karlene Nation, running for councillor of ward 19, stresses the importance of student involvement in municipal elections.

Grad in running for ward council

ERIN JONES
NEWS REPORTER

Humber journalism graduate and CTV reporter Karlene Nation is running for councillor of Ward 19, formerly held by Joe Pantalone, despite losing 60 per cent of her vision 12 years ago.

Nation said her campaign is focused on easing the tax burden for homeowners and residents, and ending the wasteful spending at city hall.

"There's so many of those councillors at the city level who are arrogant. They've wasted a lot of taxpayers' money on their pet projects," said Nation. "They don't feel accountable to taxpayers."

Nation said she does not know where she stands compared to the 19 other candidates in the ward, but her sister Ninia Nation, who has been working with her throughout the campaign, said a lot of local businesses and residents resonate with Nation.

"The other issue that really bothers me is how small- to medium-sized business are treated in our ward up on the Ossington strip," said Nation,

who wants to remove the moratorium on new bars and restaurants in the area.

Nation graduated from Humber's two-year journalism program in 1992 and has been at CTV for 16 years as diversity reporter.

In 1998, Nation was injured on assignment at a hot air balloon festival in Milton. During an unsteady landing, Nation hit her head off of a piece of metal used to tie the balloon's rope.

"I remember feeling an unbelievable pain," said Nation. "I was rushed to the hospital with the signs of some sort of head trauma. They discovered I had a brain tumor that I didn't know I had."

The benign tumor was removed in surgery, but Nation lost 60 per cent of her eyesight, her peripheral vision, and some of her frontal vision. She has double vision and isn't allowed to drive anymore.

"It has never stopped her from getting her what she wanted, it's only been an inspiration for her and for the people around her," said Caroline Jeba, Nation's longtime friend.



Nicole Lynn Bogart

Humber hopes for funding for a permanent campus to replace temporary Orangeville facilities.

Councillors want to see Orangeville grow

RICHARD FRANKEL
NEWS REPORTER

The college will look to Orangeville's town council after the upcoming municipal election for growth of the campus.

"We want the town council to remain positively supportive of the Orangeville Campus on Veterans' Way," said campus director Joe Andrews. Incumbent councillor Sylvia Bradley said she has been very supportive of Humber College as the school is trying to get provincial funding to increase the number of students.

Humber's objective is to build a cohort of 600 students so the building of the future campus can begin, said Andrews.

"This fall there is about 220 students in six disciplines. Plans are to add one program per year to move to that 600 goal," said Andrews.

Bradley said she will continue to support any initiative that would provide the building funding as long as it's necessary.

"Enrolment numbers need to increase to justify a larger campus," she said.

The Orangeville campus is tempo-

rarily located in the second floor of the town's \$18-million Alder Street recreation complex.

Incumbent councillor Mary T. Rose said she would like to see a broader, more diverse selection of courses offered in Orangeville to keep students in town.

"Nothing can replace the true collegial, life-changing development and maturity that occurs when in the presence of like minded, multicultural peers," she said.

Student motivations for casting ballots different across campuses

ASHLEY GREENE
LIFE REPORTER

Humber College students plan to vote in this municipal election with their reasons varying widely.

The HSF president, a mayoral candidate and Humber administration are encouraging students at the North, Lakeshore and Orangeville campuses to go out and vote.

Faseeh Qayyum, 22, business administration accounting student, said he's voting because he would like to benefit from a change in Brampton,

where he lives.

"I am voting for the simple reason to know what is going on in my neighborhood," he said.

Qayyum said he would like to see an express bus run from Brampton to Humber College.

Lakeshore students Mariam Fares, 21, and John David Meaney, 20, said politics provide youth with an opportunity to change their city in a way that reflects their lifestyle.

"I am voting because I think it's important that people take advantage of this opportunity," said Fares,

a second-year social service worker student.

John David Meaney said since 9/11 he feels it's important to be actively involved in politics. He said he's asking for a more efficient transportation system in Toronto.

"I think they should have more affordable rates for students. I don't want to spend \$75 for a taxi when I go out to an event," said the second-year business administration student.

Both Fares and Meaney attended Youth Speakout at Humber Lakeshore. The Humber Student's Federa-

tion and the South Etobicoke Youth Assembly put on the event, which featured Toronto mayoral candidate Joe Pantalone and councillors from different wards.

Orangeville campus director Joe Andrews said some candidates overlook students there. As well, with the diverse population and size, many students attending school at that campus are from different areas and are not Orangeville residents.

"Their vote is not necessarily catered too," said Andrews, who said the youth vote is often overlooked be-

cause of candidate complacency.

However, he said a student's involvement in politics makes sure their voices are heard and allows candidates to tap into the youth vote.

"A student's vote is an important opportunity for them to express their desire to see things happen," said Andrews.

HSF president Bryan Tran said he understands the importance of student involvement, but students should make a better effort to get involved.



Peter D’Gama

D’Gama said he wants to get students more connected to jobs in environmental retrofitting and power renewal.

He said he would like students to help to do energy audits on apartment buildings and help to retrofit buildings so they’re more energy efficient.

D’Gama also said tuition fees are an issue he would address. “If tuition fees keep rising, you’re limiting the people who can take advantage of some of the programs at community colleges and universities.”

D’Gama said the biggest issue in Ward 1 is transit, and he supports the Etobicoke Finch-West LRT.



Omar Farouk

The chairman and CEO of the International Muslim Organization, Farouk said his three children all went to Humber College, and he completed a course here a few years ago.

“I can’t control student fees but at least I can do whatever is within my means and ability to provide better housing and to make sure buses run on time, and to freeze TTC bus fare.”

Farouk said if elected he would support freezing property taxes and privatizing the TTC.



Ted Berger

Berger said he created the race relations policy and the race relations committee when he was a part of the York Region Board of Education in Vaughan.

“When I was up there I had a very difficult three years because there was a lot of discrimination and not a lot of understanding of what multiculturalism is all about.”

He said he wants to cut the wasteful spending at City Hall and cut the personal vehicle tax and the land-transfer tax. On transportation, Berger said, “we need to go to private funding” and the TTC should be made an essential service.

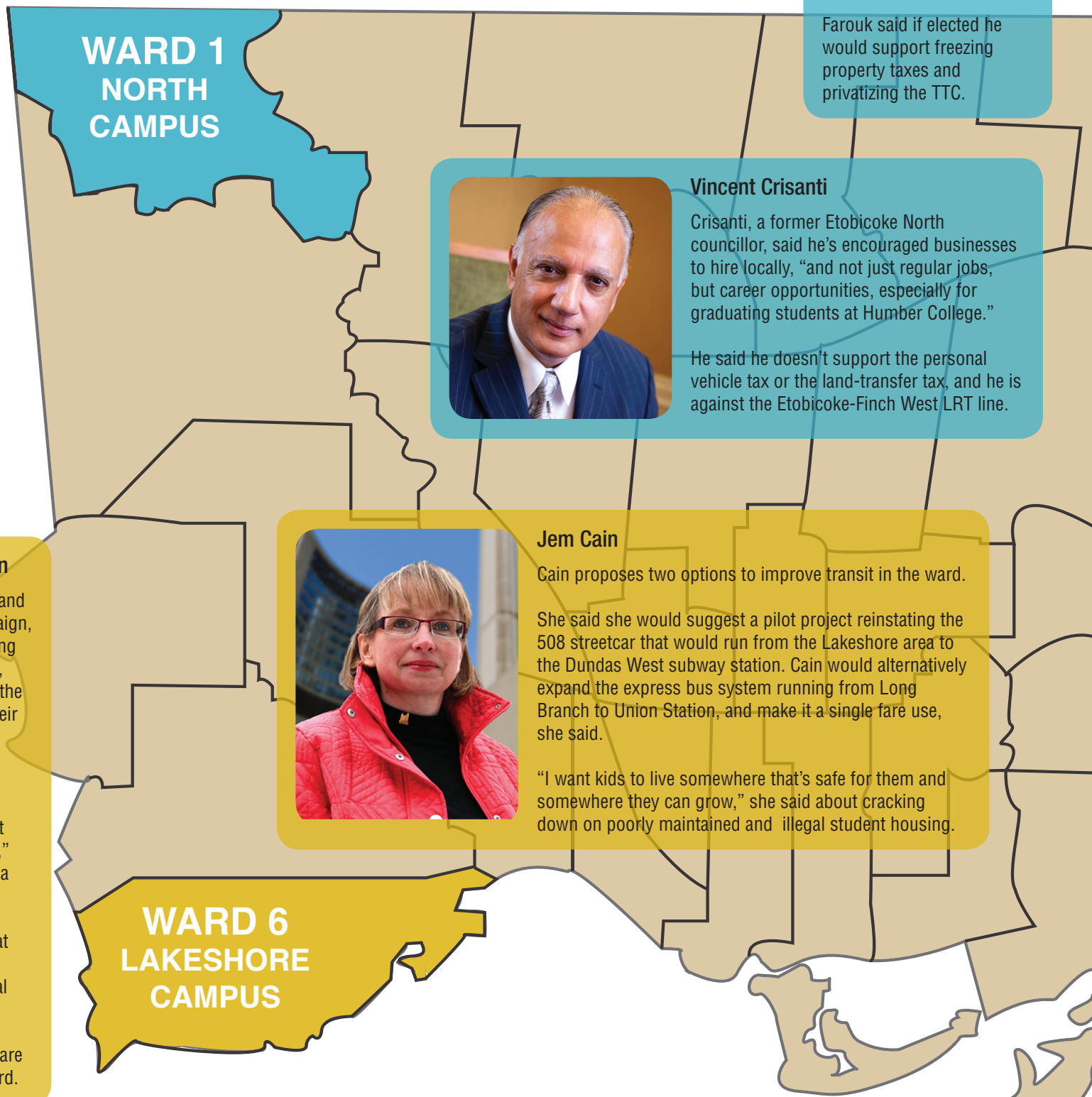


Suzan Hall

The incumbent for Ward 1 said she fully supports the Etobicoke-Finch West LRT line, but does not support a new subway line in Etobicoke.

“I’ve always been very supportive of education and I believe very strongly in involving parents in their children’s education,” she said.

Hall also said improving roads in Ward 1 would be a priority if re-elected.



**WARD 1
NORTH
CAMPUS**



Vincent Crisanti

Crisanti, a former Etobicoke North councillor, said he’s encouraged businesses to hire locally, “and not just regular jobs, but career opportunities, especially for graduating students at Humber College.”

He said he doesn’t support the personal vehicle tax or the land-transfer tax, and he is against the Etobicoke-Finch West LRT line.



Wendell Brereton

Students are front and centre in his campaign, focusing on ensuring students have jobs, and that they have the skills to manage their finances.

“Experience is something that should be gained at the education level,”

he said. “What that does is puts the students in a position to step up financially from the get-go.”

If elected, he said a database would be created at the campaign office to be used to help students find mentorship and co-op placements with local businesses.

The third plank of his platform focuses on TTC fare reduction relative to what works best for the ward.



Jem Cain

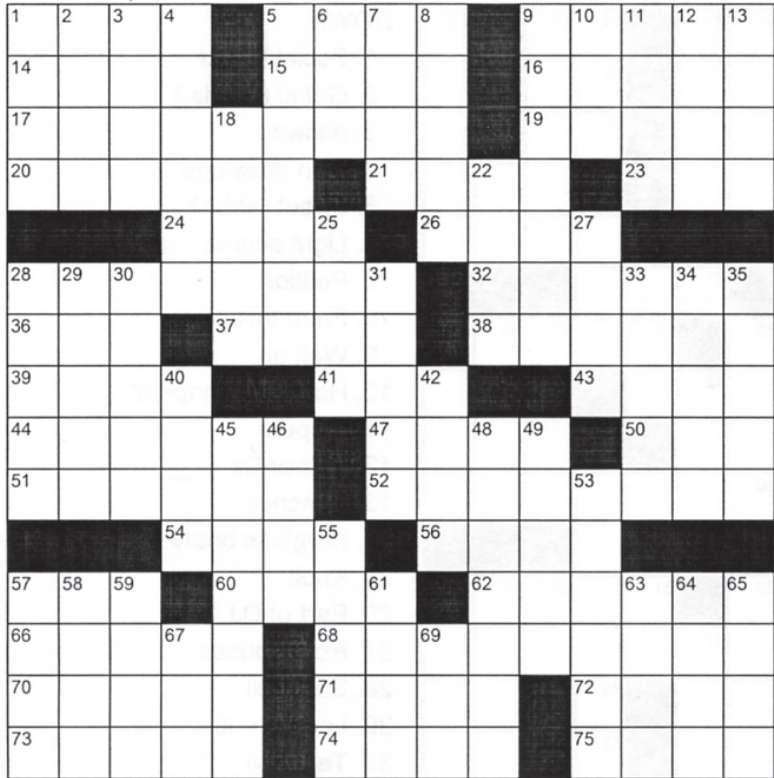
Cain proposes two options to improve transit in the ward.

She said she would suggest a pilot project reinstating the 508 streetcar that would run from the Lakeshore area to the Dundas West subway station. Cain would alternatively expand the express bus system running from Long Branch to Union Station, and make it a single fare use, she said.

“I want kids to live somewhere that’s safe for them and somewhere they can grow,” she said about cracking down on poorly maintained and illegal student housing.

**WARD 6
LAKESHORE
CAMPUS**

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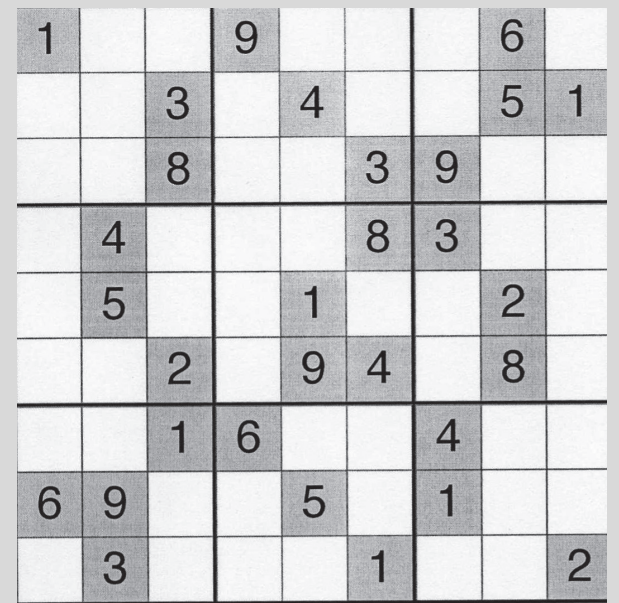


DOWN

1. Health clubs
2. Hay place
3. Sunburn soother
4. Group's mood
5. Sweet course
6. "___ Clear Day..." (2 wds.)
7. Satan's specialty
8. Actress Winona ____
9. Renovate
10. Pub drink
11. Concocted
12. Sch. groups
13. Dispatched
18. Gives forth
22. Head gestures
25. At hand
27. Supplies workers
28. Flower part
29. Wrathful
30. Robins' homes
31. Receded
33. Slightly wet
34. Debate
35. More rational
40. Smooch
42. Purple flower
45. Fragrant liquid
46. Uppity person
48. Oahu and Maui
49. Nile city
53. Foul smell
55. Musical pace
57. Devours
58. Hit
59. Grain tower
61. Holler
63. African river
64. Energy source
65. Becomes firm
67. Election mo.
69. Born

ACROSS

1. Close loudly
5. Go-getter
9. Highway exits
14. Marco ____
15. Jealousy
16. Make jubilant
17. Spoken of earlier
19. Family car
20. Emits vapor
21. Fasting season
23. Boston time zone (abbr.)
24. Debtor's burden
26. Chamber
28. Coniferous evergreen (2 wds.)
32. Serious plays
36. Keats' "before"
37. Wild attempt
38. Madrid matron
41. Batter's stat
43. Placard
44. Storage spots
47. Actor ____ Idle
50. Bring to court
51. School assignment
52. Calamity
54. Coin opening
56. Narrow opening
57. Curvy letter
60. Follow orders
62. Coliseums
66. Astounding
68. Pacifist Christian branch
70. Hawk's weapon
71. Begged
72. Thicken
73. Range
74. Spanish cheers
75. Skirt bottoms



#1895 www.sudoku.name

Digits 1 through 9 will appear once in each zone. One zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle.

Do not enter a digit into a box if it already appears elsewhere in the same zone, row or column

HOW GOOD ARE YOU?

Under 13 min.....Genius
13-17 min.....Scholar

17-21 min.....Smart
21-25 min.....No bad
25+ min...Keep practicing

Mittens' Predictions

Aquarius
Jan. 21 - Feb. 18



Beware of double-decker chicken sandwiches.

Taurus
April 21 - May 21



Halloween is forthcoming. Dress your cat up as a mummy. If gauze doesn't stick, use duct tape.

Leo
July 23 - Aug. 23



A superior will tell you your sense of humour is tasteless. Mittens cares not, and neither should you!

Scorpio
Oct. 24 - Nov. 22



Opportunity knocks, but not for you. For you, it rings the bell.

Pisces
Feb. 19 - March 20



You'll never have two things that match. Kool-Aid, no sugar. PB, no jelly. Ham, no burger.

Gemini
May 22 - June 21



Drink whiskey in the morning. That's what mom used to do. She said I drove her to it.

Virgo
Aug. 24 - Sept. 22



Girls, dressing up as a lingerie-clad soldier for Halloween probably won't go over well. Just a warning.

Sagittarius
Nov. 23 - Dec. 21



Mittens wasted five cat years dating Sags. Sigh...

Aries
March 21 - April 20



Scissors. That is all.

Cancer
June 22 - July 22



Underlings may sense your vulnerability. Be sure to deal with their subordination heavy-handedly.

Libra
Sept. 23 - Oct. 23



If you've mistakenly used the ladies room already, you might as well keep at it, the damage is done.

Capricorn
Dec. 22 - Jan. 20



Smash a pumpkin or two on the way home today. Why not?

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Mark is checking out job prospects in the Northwest Territories and sampling the NWT lifestyle. He is in for some surprises! There are all kinds of jobs up here - and they pay well - so Mark's student loan will vanish like an ice-castle in the spring. Graduate degree holders in the Northwest Territories can earn \$25,000 more per year than the national average. Mark can fast-track his career, make his mark and fill his bank account all at the same time in the NWT.

YouTube f t

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Draw Date: November 28, 2010

NORTHWEST TERRITORIES
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Tavia Castle

Students stretching for the sky in a group exercise class at the Athletic Centre.

Shaping up and burning off fat

TAVIA CASTLE
LIFE REPORTER

Humber's North Campus fitness facility has a wide variety of classes to help prevent the freshmen 15, and to help students unwind.

The freshmen 15 is the weight gained by first-year post-secondary students, usually if they're away from home for the first time.

Fitness instructor Theresa Arnini said the goal of the fitness facility is to help students adjust to time management and creating a healthy lifestyle.

"It's unfortunate when students don't choose to use the facilities," she said. "It helps with a lot of stress release."

With over 30 different classes, the free facility is open to all Humber students interested in getting in shape.

There is plenty of staff available to help point students in the appropriate direction for them based on their goals, and personal physical fitness level.

Monique Haan, personal trainer and academic advisor, suggests beginning with the basics.

"Eat in moderation," said Haan. She also recommends committing to a schedule in order to "stay on track."

Arnini said use of the facility, as well as towel service, is included in student fees.

The only service students are charged for upfront is the use of a nutritionist at a charge of \$15 per session in comparison to the \$50 to \$175 per hour at various gyms in the GTA.

Nutritionists can help guide students into smart snacking both off and on campus.

"I love to work out," said Chirag Vyas, 23, a second-year fitness and health promotion student. His advice to other Humber students to avoid the freshmen 15 is to sleep well, and "work out as much as possible."

The North Campus fitness facility is located in the A building and has classes Monday through Friday 7 a.m. to 7 p.m.

Counselling can relieve stresses

Services say steady amount of students are seeking assistance

SHUMU HAQUE
LIFE REPORTER

Midterm is drawing closer and with that, work load and stress levels are rising at Humber. According to counselling services, more students walk through their door as the school year progresses.

"This semester already, I've seen a number of people who are panicked about their academics, because they are a week behind. They are becoming more depressed and can't do anything because they are so panicked," said Liz Sokol, co-ordinator and counsellor at counselling services.

Counselling services offer individual counselling on academic concerns,

conflicts in the classroom, harassment, discrimination, substance abuse, sexuality, depression and stress.

"It really does help to talk to someone," said Sokol. "It can be a bit scary; you are talking about intimate stuff. Just by getting yourself in here, you already have a certain level of strength. It's not a weakness."

Edith Vestal, an international student from the Philippines, agrees to the importance of talking to someone.

"I don't have any friends or family here in Toronto. I can't even talk to anyone about my daily life, let alone my problems. Day after day it adds up. It gets me depressed, I feel very lonely," said the first-year registered practical nursing student.

In spite of the need, often students are not able to go for counselling simply because they don't have time. Karen Williams is a second-year student in the pharmacy technician program who missed one week of school because she was sick. She said she is still struggling to catch up and under a lot of stress. She has been referred to the Counselling Services by her course co-ordinator. However, Williams is not entirely sure she'll be able to make it there.

"In order to go for counselling, I need to have the time, and time is precisely what I don't have," said Williams.

The counselling services offer well trained counsellors to work with the diverse student population, said Sokol.

Jobs leave less time for school work

BRANDON GEOBEY
LIFE REPORTER

Acquiring a job is the goal for all graduates, but for many students, employment is necessary to survive through school.

Working two jobs, broadcast television student, Lesley Geddes, said if she had more time for school and spent less time working, homework would be a lot easier to complete.

"Work interferes all the time with my studies," said Geddes. "I work one part-time job in the Media Centre at Humber, which allows me to do homework. Since I'm a part-time student I also have a second job at night where I can't do homework, so it is

very difficult to schedule in time to get school work done."

Karen Fast, manager of Humber's Career Center and Career Advancement Service, said working while in school is not uncommon, but it also isn't preferred.

"About 80 per cent of students who go to Humber work part-time. I would recommend that students try not to work full-time while also taking full-time classes because it puts them in a high-risk position," she said.

Humber has created several ways around debt relief offering 1,400 part-time courses, as well as 330 online courses and 200 certificates. "There are several options for working students and as many as 900 part-

time jobs on campus working 15 to 20 hours a week," said Fast.

The time consumption of work and education leaves a commonality with all students who have no choice but to do both. The lack of a life is the best way students describe it.

Post-secondary education can be very costly, but for Andrew Segal, design foundation-building technology student, the focus is on obtaining good grades.

"I don't plan on getting a part-time or full-time job mainly because I want to focus on school and better grades," said Segal. "But if I desperately need the money I'll have to look for part-time work."

To The Nines

By Samantha Emann



Lydia Locherer, 19,
second-year creative
photography

Describe your
personal style.

"I just like to do my own thing and be original, but I also get some influence from Joan Jett."

Comfort or style?

"I definitely dress for comfort, but it also depends on my mood. If I am going out somewhere nice I will sacrifice a little bit of comfort if it looks really good on me."



Arb centre home to outdoor education

Director says funding always needed to keep focus on teaching people about nature and the environment

SHAUNA BLAKE
LIFE REPORTER

Outdoor education has become a focus for schools around the GTA, leading many students, from kindergarten to Grade 10, to the Humber Centre for Urban Ecology.

“The centre has one of the biggest nature education programs in this area,” said Rebecca Niblett, a nature interpreter at the centre.

Developed three years ago, the focus of the centre is to educate the public and school groups about nature and the environment. Located inside the Humber Arboretum, the centre is a joint venture of the Arboretum, the city of Toronto and the Toronto and Region Conservation Authority.

Barb Fox, centre co-ordinator, said the site was once an outdoor deck. Now, it’s an environmentally friendly building with sustainable features.

The centre’s nature programs accommodate 20 or more students for half a

day at a rate of \$7.35 per student or full day at a rate of \$11.30 per student.

Niblett said, there are programs offered regularly such as Owl Prowls in the fall and winter, maple syrup collection in the spring and bird watching throughout the year.

“Parents can also participate in most of our programs on weekends or evenings,” said Niblett.

Melanie Sifton, director of the Humber Arboretum, said the new centre is a success but could use more publicity, as well as more funding.

“Funding is one of our major challenges, which is part of the reason why we charge for some of our programs,” she said.

Humber and Guelph-Humber students are welcome to work with the centre as nature interpreters and summer camp counsellors.

Currently, the centre is preparing for the annual Halloween Happening, which takes place at the Arboretum on Oct. 30.



Shauna Blake

Nature is becoming more important in kindergarten, grade school and high school classrooms.

Student parents do double duty

Humber’s daycare centre helps parents balance kids and school

JASON SPENCER
LIFE REPORTER

Waking up early to get more than themselves ready for school is the first of many daily challenges for students who are parents.

Bridget Woodcock, director of Humber child-care centres, said student parents experience different stresses than other parents because of the difficulty in finding a balance between school and parenthood. She said around 60 per cent of the 142 children at the Humber child care centre belong to Humber students.

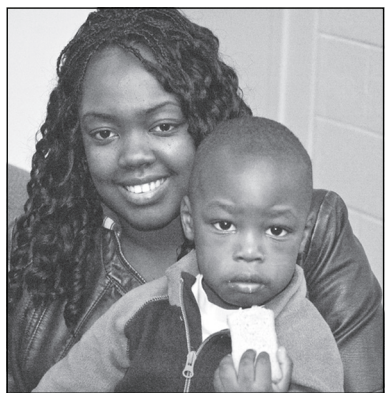
“I commend parents who decide to go back to school and juggle,” said Woodcock.

Marcie Miranda, supervisor of the Humber child-care development centre, said she always knows when a parent is a student because the parent is constantly on the move.

Kiesha Cave, 23, is an unemployed, single mother of two young daughters at the daycare centre. She said

of all the hard lessons, the most important one is sticking to a routine to prevent her day from unravelling.

“I want to set an example for my kids,” said the second-year paralegal education student.



Jason Spencer

Sophia Nyakeri, 29, picking up her son, Tristan, 2, from the Humber child care centre.

“We have a high number of single sole-support parents who can’t even

work part-time while at school,” said Woodcock.

Sophia Nyakeri, 29, said she went back to school to provide a better standard of living for herself and her son, Tristan, 2.

The first-year practical nursing student said she finds it difficult to manage both school and parenthood, so her cousin will pick up Tristan when she has a late class.

“Student parents need family or some type of support system helping them out in order to be successful,” said Woodcock.

Cave relies on her mother and the Humber daycare centre for support.

“The day care staff do more than their job – they’re great,” said Cave.

Miranda said the North Campus daycare closes at 6 p.m., but she encourages students to stay at school and finish homework even if they’re done class earlier.

Cave said if she’s done before 6 p.m. she uses the time to finish homework, go home and do chores or catch up on sleep.

Program offers solidarity off campus

KRYSTLE NANCOO
LIFE REPORTER

Meeting new people can be difficult for students living off campus. Humber’s Off-Campus Connection helps ease that feeling.

“One way to be a better neighbour,” said Christine Haesler, co-ordinator of Student Affairs and Orientation, “is to engage our students that live directly in the area surrounding the north campus, to get them to know each other and be proactive.”

The program was started last year by Michael Kopinak, former director

of student life and programs, and is now run by Haesler.

In its second year, Off-Campus Connection reaches out to students living in the M9W and M9V postal codes, which include Humberline Dr.

The Off-Campus Connection kicked off the year with its annual barbecue and recently had a movie night. The next event, to be held in November, is a self-defence class, to help students stay safe in the community. Off-Campus Connection members also attend Hawk games.

Charlie Lay, community assistant for Off-Campus Connection, is look-

ing forward to events both this semester and next.

“We are hoping to go tubing in the Arboretum next semester,” said Lay, 22, a third-year architectural design student.

Connection member, Femi Oladunjoye, 24, a third-year electronic engineering student enjoys getting together with other students.

“I enjoy meeting people from different backgrounds,” said Oladunjoye.

The program has more than 100 students involved, with the majority being international students.

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Mike Thomas

Mark Persaud winds up and delivers in the second game against Durham on Saturday.

Baseball team comes up short in Ontario finals

MIKE THOMAS
SENIOR REPORTER

The Hawks' men's baseball season has come to an end after the team was swept two games to none in the Ontario Conference championship matchup versus the Durham Lords last weekend.

"We started well off in the first game, having a six run lead," said Hawks pitcher Hunter MacLean. "We gave it up and it was a tough loss for us. We couldn't get any momentum going for the second game."

Humber lost the first two games of the best of three series in Oshawa on Saturday, 10-9 and 6-0.

The Hawks jumped out to an early 9-3 lead in the first game highlighted by a three run home run by third

baseman Marcello Nalli.

Durham rallied in the fourth inning when a grand slam by second baseman MacKenzie Clugston cut the lead to 9-8. With the score tied in the last inning, Durham outfielder Michael Del Fuoco connected for an RBI single and the Lords walked off with the win.

"Our guys, when they should be playing loose, they tend to tighten up," said assistant coach James De Poe.

Humber turned to starter Mark Persaud in the second game but the team failed to score any runs off of the Lords' pitching staff and eventually fell 6-0.

"We played a good team. They had an undefeated season; we've got to give them respect for that," said Per-

saud. "We came out and gave them everything we had."

With Humber's inaugural baseball season coming to a halt those with the team are full of optimism for the new baseball program.

"I think it was a successful season for sure," said DePoe. "Looking at the entire league I think we finished right where we should have."

The program is expected to grow from here. Players from this year's team plan on returning and several new players are expected to try out now that the team has a season under its belt.

"For a first year team to finish 8-8 and make it to the championship is big for the program and hopefully it's going to carry on to next season," said MacLean.

Tackling new technology

JACOB GALLO
SPORTS REPORTER

A new rugby scrum simulator may be just what teams need to help reduce injury in a sport where they are extremely common.

"With eight guys in a scrum, at 200 a pop, they absorb a lot of pressure," said Mark Falkinson, assistant coach for Humber's men's team. "The simulators are a great training tool."

A rugby scrum is an action that re-starts the game after the ball has gone out of play or a foul has happened.

The simulator, which is just four pads the players push themselves against, acts out the front row of a rugby scrum. The simulators are a new technological innovation, the first model was unveiled in April.

The simulators aim to reduce ac-

cidents and injuries occurring from collapse or instability of the scrum formation. The simulator can sense players force and motion to see who is hitting hard. The resistance can be changed on the simulator to accommodate players, depending on their needs.

While the Hawks rugby scrum simulator works just like one that is factory-built, there is a difference with the one Humber rugby uses.

"We use a homemade one, and not a manufactured one," said Rick Bot, Humber's assistant facility and program co-ordinator. "They would cost anywhere from 5,000 to 25,000 dollars."

Humber's assistant athletic director Jim Bialek said the school always tries to work within its budget when purchasing new products.



Jess Raymond

The scrum simulators could be a key injury-prevention tool.

Mens volleyball looks to repeat as OCAA champions

Hawks attempt to build on fourth title in school history

KATLYN-ANNE FLEDDERUS
SPORTS REPORTER

With five straight exhibition wins under its belt, the Humber men's volleyball team is setting up its season the right way.

"As a team we're coming together very well. We have a veteran team this year, so a lot of leadership – young guys are following suit," said veteran Bobby Anderson.

The Hawks have had an impressive preseason, going a perfect 5-0 with victories over the University of Toronto, University of Guelph, York University, Sheridan and the Humber alumni.

Anderson said the team is ahead of schedule with only minor things

to work on before the regular season begins.

"We have to build more consistency; become steady consistent players to get ready for the year.

"We're already a good group; everyone's trying hard, playing hard and rookies are fitting in," he said.

Humber won its fourth OCAA championship last year and finished in the final four at nationals in March.

Assistant coach Hank Ma is confident the team will win the OCAAs again this season.

"I predict a provincial gold. There's no reason we can't do it; we have the talent," said Ma.

Right side player Terrell Bramwell, the OCAA leader in kills, points per game and kills per game in 2009-

10, said the team is strong and has a solid chance to win provincials and to medal at nationals.

"We're going to do well; we have a lot of big guys," said Bramwell, who was named an all Canadian last year in his rookie season with the Hawks.

"We need to improve communication with the team, in game and off court, be more comfortable with all the guys," said Bramwell. "We're the best offensively, but we need to improve defensively."

Humber won 14 of 16 matches in 2009-10, winning 45 games while only losing nine.

The Hawks open their regular season Oct. 27 at Conestoga.

Humber's home opener is Thursday, Nov. 11 against Sheridan.

scoreboard

Women's soccer	Women's rugby	Men's baseball
Oct. 14	Oct. 16	Oct. 16 CIBA Ontario Finals
Sheridan 0 Humber 4	Fleming 0 Humber 10	Humber 9 Durham 10
Men's soccer	Men's golf	Cross-country
Oct. 13	CCAA championships Oct. 11-15	Humber 0 Durham 6
Sheridan 1 Humber 2	men's team 1. Humber (-8) 2. Fraser Valley (+30) 3. Georgian (+40)	St. Clair Invitational Oct. 16
Men's rugby		men's team 3rd place
Oct. 16	men's individual 1. David Lang (-10) 2. Mark Hoffman (-4) 3. Adrian Cord (-3)	women's team 3rd place
Trent 3 Humber 36		

Statistics provided by Humber Athletics and OCAA
For more scores and standings log on to humberetc.com



Liz Hoffman

Humber won four medals in Kamloops. David Lang (third from right) won gold, Mark Hoffman (middle) won silver and Adrian Cord (fourth from right) won bronze.

Clean sweep for golf team in B.C.

Squad makes history by winning individual gold, silver and bronze medals in Kamloops

MIKE THOMAS
SENIOR REPORTER

The men's golf team proved its dominance last week capturing the team gold and sweeping all three individual medals at the CCAA's national men's golf championships in Kamloops, B.C.

No other team has ever had won the individual gold, silver and bronze at the CCAA national championships.

David Lang shot ten under par for gold. Team captain Mark Hoffman finished at four under par for silver, while Adrian Cord shot three under

to capture the bronze medal. Teammate Greg Belsito finished in fifth at one over par.

All four Hawk golfers were named individual all Canadians following the tournament, setting another new CCAA record.

"It was a great week overall," said Lang. "I've been seeing the ball really well all year, and this week my chipping and putting were going well."

The Hawks easily took the team gold in the tournament, beating the University of the Fraser Valley by 38 strokes. Hoffman said Fraser Valley was looked at as Humber's toughest

competition heading into the tournament.

"It was pretty crazy. A lot went right at the same time," said Cord. "We've got a good group of guys and we all pushed each other well."

After posting the three best scores in the tournament, Humber's golfers insist the win was a team effort and that the individual scores are not as important as the group victory.

"We don't think of it as an individual thing," said Lang. "We're all friends and we're rooting for each other out there."

"I think it works to our benefit that

we're all in there together," said Hoffman. "We all know how good each other are."

The team travelled down to Kamloops two days prior to the tournament in order to prepare and familiarize themselves with the course.

"Our coaches Ray (Chateau) and Nick (Trichilo) really had us focused," said Lang about the preparation for the tournament.

"It boils down to them all being well prepared and focused," said Chateau. "This was a very talented and focused group of friends. It's a great accomplishment for this group."

Although the results of the tournament are an impressive accomplishment, Chateau said this does not change the way the program is looked at in general. "We've long been established as the top varsity golf program in Ontario," said Chateau.

The tournament capped off a very successful season for the team that prior to the nationals boasted three team victories and five individual top three finishes.

Humber has now captured the men's golf national championships eight times, and has won eight of the last ten CCAA titles.

New coach Kristina McCahon gives Hawks something to cheer about

STEPHANIE LIPPA
SPORTS REPORTER

With the hopes of advancing the program, Humber athletics have named Kristina McCahon as the new coach for the Humber cheer.

McCahon, a 23 year-old marketing management student, has nine years of cheerleading experience and six years of coaching under her belt.

"I am extremely honoured to take on this new role and I am working with a wonderful group of kids," she said. "Cheerleading is something that is very special to me. It has taught me

that with hard work and dedication, you can succeed."

McCahon is the former head coach of the Martingrove Collegiate Institute cheer team. In her three seasons at Martingrove, she led the team to three provincial championships and two national silver medals. She said her goal for this season is to build a strong foundation for the team.

"I expect to go on the floor and hit a solid clean routine and come off the floor feeling good," said McCahon. "This year is about building a solid program, more than winning."

Director of athletics Doug Fox said

he is excited to see what McCahon can do with the team, now in its six year of existence at Humber.

"We had always had a student run program and I felt like we needed someone to push them to another level. Kristina is a dedicated coach and is highly organized," said Fox. "She will be strict and that is what the team needs. She put a lot of thought into running the program and what she wanted to do. The cheer is in good hands."

Third-year architectural technology student and cheerleader Jordan Hayman said she is confident in McCahon's leadership abilities.

"[McCahon] is a great new coach and will lead us to a championship," said Hayman.

"She is very determined and has her mind set on making this team the best it can be. She is really tough, which is good because we need a tough coach to get us into shape and it will make us a better team."

Humber cheer has attended its first cheer clinic, which involved professional coaching from Power Cheer Toronto to sharpen the teams skills.

"She has put us at a level where we can compete at and she is training us hard and improving our skills to help

us make it to the top," said cheerleader Anthony Natrella. "Her determination to work hard has helped us out. When we see that, it makes us work even harder together as a team."

Also new to the cheerleading team this season are redesigned uniforms. The new gear consists of a white, blue and gold long-sleeved shirt donning the letter's HC on the front and a hawk on the back, along with a blue skirt.

The boys will be wearing the same sweater as the girls with blue pants.



Tyler Hunt

Hawks winger Jordan Reid takes off down the field for a try.

Playoff dreams alive

Men's rugby score season-high 36 points in rout of Trent Excalibur to maintain its provincial hopes

TYLER HUNT
SPORTS REPORTER

Hawks men's rugby dominated Trent University 36-3 Saturday to rebound from a disappointing loss and keep their playoff hopes alive.

"Last week's loss really drove us to go hard and really prove to the rest of the league that we are the Humber Hawks and that we're going to go hard on the field," said Edward Donnelly, named the Hawks player of the game.

Humber got straight to work early as Nathan Le and Zachary Cuff both scored tries to put the Hawks in front 14-3. Trent's only score of the game was a penalty kick, as they failed to penetrate the Hawks' line.

Humber struck again when Jordan Reid found some space and ran for a spectacular try, putting Humber up 21-3.

Towards the end of the second half, Trent's frustration was evident and a fight broke out. Hawks flanker Zachary Cuff stepped in to defend a teammate. Both Cuff and Trent's Philip Gleeson were given red cards and

ejected from the game, but Humber was awarded a penalty kick and Phil Boone made it 24-3 at halftime.

In the second half, Trent tried to force the ball through the Humber line, but it backfired when Nathan Le intercepted a pass and ran more than half of the field to score his second try

win was significant because the team wanted to make a statement.

"After last week's loss, and with the playoffs coming up soon, we wanted to make sure that we were ready," said Elvis. "We sent a message to the league so that everyone knows we're not here to mess around this year".

Hawks head coach Carey French said he liked what he saw from his team and said the Hawks' momentum going into the final games of the season should help them finish strong.

"I don't think we have to change much," said French. "Now that they've bought into the system that we're playing, and they know that it works, it's really just a question of polishing little things up. We had a great counterattack which makes it difficult for the other teams because they're scared of giving us possession to gain field position."

The Hawks are now 3-2 and play Fleming Saturday, before finishing the season in a rematch with Mohawk, the West Division leaders.

“We sent a message to the league so that everyone knows we’re not here to mess around this year.”

Colin Elvis
Hawks Winger

of the game. Boone hit his fourth and final convert of the day, giving Humber a sizeable 31-3 lead.

The Hawks continued their strong defense throughout the second half, and winger Jason Rice scored a late try to solidify the victory.

Humber winger Colin Elvis said the

The road less travelled

Uniqueness of the sport drew captain to women's rugby

JACOB GALLO
SPORTS REPORTER

Women's rugby is not the most popular sport nor is it widely played, but for Lindsey Bradbury, it was the atypicality of the sport that drew her into it.

"I wanted to be different," said Bradbury. "I didn't want to play soccer, or volleyball or anything like that, so I decided to try something new in grade nine."

Bradbury, a second-year massage therapy student at Humber and graduate of the health and fitness

program, is now the captain of the women's rugby team.

When an athlete accepts the role as captain of their respective team, they take on more than the average player in terms of added responsibilities and Bradbury has performed admirably for the team despite this.

Brett McCully, Bradbury's head coach, said she brings a rich background in rugby and is a leader on and off the field.

"She's the ideal coach's player," he said. "She's vocal; she acts as a third coach for the team."

With the women's rugby team

playing in its inaugural season, the pressure is on the team to produce. Bradbury said she promised a championship to athletics director Doug Fox, so she said it's an added burden on herself to perform.

Fox said Bradbury is very important to the women's rugby team.

"She has exceptional ability; she's very mature" said Fox. "We have the best player in the league in her."

The women's rugby team won its three exhibition games and has gone a perfect 2-0 in the regular season.

Next up for the Hawks is a match at St. Lawrence Kingston on Oct 23.



Humber Athletics

Fly-half Lindsey Bradbury (right) is one of Ontario's best players.

Men overtake Bruins and guarantee first place

Despite win, Hawks will be without captain DaSilva for first two soccer championship matches

DINO PASALIC
SPORTS REPORTER

The men's soccer team overcame a one-goal deficit and some poor officiating to defeat Sheridan 2-1, clinching first place in the Western Conference in the Hawks' final game of the season.

"The referee was very poor today. He destroyed the game. He showed just too many cards to both teams, especially us, and lost control," said Hawks Head Coach Germain Sanchez.

"Very poor refereeing, he just stood in the middle of the field, he didn't

run, he didn't do anything."

Sheridan's head coach Tony Silvestri said he didn't want to hold the referee responsible for his teams loss, but agreed the officiating was poor.

"I think they had seven [yellow cards] and we had three and a red card each. So it was definitely on the sloppier side, but from our standpoint we just didn't play a full 90 minutes to get the result, so I can't blame the officiating for that," said Silvestri.

With the win, Humber vaulted over Sheridan in the standings, to take top spot in the Western Conference and

ended their season with an unbeaten record of six wins and two draws. First place also gives the Hawks a bye into the OCAA quarter-finals.

However, it turned out to be a bittersweet night for the team. Referee Yakov Makh sent off a player from both sides.

Hawks captain Andrew DaSilva and Sheridan midfielder Nelson Cabral were both shown red cards just minutes before full-time.

As a result, DaSilva will be suspended from Humber's first two games at the Provincials.

"The roughest part of it was the red card at the end. I don't think it was just, but the referee thought so, there's nothing else we can do," said DaSilva.

The Hawks went down 1-0 after 32 minutes when the Bruins earned a free kick and delivered a pinpoint cross inside the box. Sheridan midfielder Jonathan Costa met the cross with a powerful header to giving Sheridan the lead.

But the Hawks clawed their way back in the second half. Forward Nikola Miodrag equalized for Humber before Mario Orestano scored the winner just

11 minutes from full-time.

"I think today was our toughest challenge. First game of the season we were down 1-0, but ever since then we haven't been down a goal. It was kind of like a new thing for us," said DaSilva on Humber's sixth win.

"We reacted positively; nobody put their head down. Everybody was angry that we allowed the first goal, but we kept going, kept positive and came out with the win," said DaSilva.

The Hawks will play host to Cambrian in an OCAA quarter-final match-up Saturday Oct. 23.



Humber Athletics

The Hawks are looking to win their fourth straight OCAA title.

Women hope to fly over Condors in season opener

KAITLYN CAMPANELLA
SPORTS REPORTER

Returning with OCAA gold, the women's volleyball team looks to strike against its first opponent of the season, the Conestoga Condors.

"There are high expectations for our team because of our past, so it's nice to live up to them and prove to everyone that we still deserve to be number one. The Conestoga game will set the tone for the season ahead," said third-year player Laura Bye.

The Hawks have won three straight OCAA titles and have a veteran roster with a great deal of experience.

Assistant coach Dean Wylie said he has a great amount of confidence in his team.

"We've got everyone back from last year and our goal is to make it to the last game in Ontario again," said Wylie.

Left side player May Strutt, also a returning third year player, said the strongest part of Humber's team is

their experience.

"We already know what it takes to win and have the depth as a team to push each other and consistently get better," said Strutt.

Wylie said the Hawks ability to play as a cohesive unit is invaluable.

"Our team is our strength. If someone is having a bad day, someone will take a step over and move them to the right, and fill that void where they're struggling. Our strength is the ability to know the system," said Wylie.

Unlike Humber, Conestoga's volleyball team lacks experience. Conestoga women's

volleyball has not participated in the OCAA since 1993. The Condors team is composed largely of players returning from last year's exhibition season.

"As a new team in the league they have something to prove, they don't want to come in and be a doormat. I expect a big game out of Conestoga," said Wylie.

The Hawks take on Conestoga Wednesday Oct. 27 in Kitchener.

We've got everyone back from last year and our goal is to make it to the last game in Ontario again.

Women's soccer ends season on a high note

USTAD KHAIRA
SPORTS REPORTER

Humber finished its regular season in women's soccer with an emphatic 4-0 victory over the Sheridan Bruins, sending a message to its playoff competitors in the process.

"We were patient, it was 1-0 at half, and I thought we maintained our level of play in the second half," said co-head coach Mauro Ongaro. "We continue to play hard and work hard, and we definitely should be a contender,"

The game was closely contested for the first quarter of an hour but the Hawks opened the scoring 22 minutes into the half through midfielder Brittany Szerbakow, and the team's play only improved from there.

Despite only being down 1-0 at half, the Sheridan coaches decided to make a change in goal. The Hawks responded by scoring three in a six-minute span to start the second half. Goals from forward Angela Solarz and two from Samantha Batten sent the Hawks into the provincials on a high note.

"Now that the playoffs start, there are definitely no easy games. I don't know if you can say we're favourites or not because the game plan doesn't really change. We still have to play our best and take care of business," said co-head coach Vince Pileggi about the Hawks upcoming playoffs.

Pileggi said the team's biggest



Ustad Khaira

Defender Leslie Quigley runs down the wing against Sheridan.

strength going forward is its ball possession style of play.

"We're a very talented team once we get the ball. We do very good job of maintaining possession, changing the point of attack and creating opportunities. It's very difficult to beat us when we have the ball," he said.

Goalkeeper Rose Ormeno said she isn't worried about a lack of shots causing her to go into the playoffs

cold. "We're prepared for that. This team gave us more pressure and that's how we're going to see other teams. The other teams aren't going to be quite as good as ours," she said.

Humber finishes the regular season first in the West with an undefeated 7-0-1 record. They have a bye in the first round of the playoffs and will host Cambrian in a quarter-final matchup on Saturday Oct. 23.

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