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[ENGLAND, NOT ONTARIO]



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photo by dennis chung

Ronni Islam, left, and Hoa Ly are heading to the CCAA National Badminton Championship, playing for Ontario with reps from Fanshawe, Cambrian and St. Clair.

The bad boys of badminton go national

Michael Clegg
SPORTS REPORTER

Humber's hopes for its first national medals in 2007 lie with a tag team badminton duo – a light-hearted greenhorn and seasoned veteran looking to strike gold in British Columbia.

"On the court, he's my partner and my mentor," said Ronni Islam about his doubles mate Hoa Ly. "I look up to him and he coaches me on things that I do wrong. He knows what my weaknesses are, so we try to balance our team chemistry during the game."

Ly's stoic presence on the court acts as good contrast to Islam, who plays with a great deal of passion.

"Ronni gets a little down on himself sometimes," said coach Paul McGarr. "It's an emotional roller-

coaster for them out there and if he misses a couple of shots Ly's there to back him up and get him motivated again so that they can move forward together – there's good team camaraderie there."

"We're not there to win or lose, just have fun and that's the attitude we have."

—Ronni Islam, business administration student

"Ronni – he's a funny guy. Pure entertainment," said Ly, who appreciates his teammate's sense of humour. "He's a very outgoing, outspoken kind of guy."

"On the court, Hoa is not as fun-loving as I am," Islam admitted. "But off the court he makes everyone laugh."

Ly is used to tough competition after playing four years of varsity badminton at the University of Guelph while earning a degree in biological science.

He is now taking postgraduate courses in project management which he hopes will help him in a pharmaceutical career.

Islam, who won an Ontario Federation of School Athletic Associations gold medal while in high school, had not played competitive badminton until his second year of business administration at Humber last year.

Islam now takes business marketing and is looking to pursue further

studies at a university next year.

While they show passion for athletics in general, both men were brought together by a common love for the sport of badminton.

"I like the speed, the power, it's just a fun sport to play," Ly said. "People say badminton is a backyard kind of game, but it's really not."

"It makes me feel better, playing badminton," Islam said. "Unlike in a team sport it gives me the chance to show my skills all the time."

Both players concede that after this, only their first year playing together, it may be time to turn in the rackets in order to hit the books.

"Badminton takes a lot of time away from studies," Islam said. "So unless I end up at Guelph-Humber

next year, I won't be playing."

"I'm not sure if I'll play next year, I've got courses to concentrate on," Ly added.

For now, the pair will focus on gearing up for tomorrow's national championships at Douglas College in New Westminster, B.C. where they will be up against some powerful competition.

"Most of the players who will be there compete in the Canadian winter games," Islam said. "They're much better players than we are, I'm assuming. We're not there to win or lose, just have fun and that's the attitude we have."

"I'm not going to make any predictions," Ly said with a laugh. "Let's just say it's going to be a challenge – we'll just go out, play our game and have a good time."



New Nursing Deal PAGE 3



Saving Time PAGE 11



Nuptial Planning PAGE 14

Texas police were shocked by the video recording of a pair of toddlers aged two and five being encouraged to smoke marijuana by their uncle. — Reuters

Campus installs new gates

Amberly McAteer
NEWS REPORTER

After months of malfunctioning, the parking gates for two lots at Humber were replaced over reading week.

Gary Jeynes, Humber's director of public safety, said he received numerous complaints from some of the 600 students who parked in lots seven and eight in the past several weeks.

"The gate arms were going up and down randomly, or sometimes just wouldn't go up at all," said Jeynes. "We couldn't figure out why this was happening, so we decided to just replace the whole thing."

"I should've complained but it was the first week of school and I didn't know I could."

— Elizabeth Barber
paramedic student

Some complained that the arm came down on their vehicles as they entered the lots.

"One or two" students made insurance claims on damages done to vehicles by the faulty gates, Jeynes said.

He said the cost of replacing the three broken units cost the school \$10,000, including new card readers and arms.

"There were a lot of annoyance



photo by amberly mcaateer

Drivers returning from reading week were the first to see the new and updated parking gates.

issues occurring, and we felt it important to do something."

Paramedic student Elizabeth Barber was shocked when the arm came down on her new Pontiac Grand Am in September.

She said her car was not significantly scratched but yellow lines

from the paint of the arm ran down the back of her vehicle.

"I should've complained but it was the first week of school and I didn't know I could."

Barber said she has since seen the arm come down on other vehicles. The underground wire that sens-

es a vehicle was not replaced, Jeynes said.

The new gates have been operating properly, but Barber is wary.

"The main problem to me seems to be in the sensors," she said. "I'm careful every time I drive through."

Finding info on off-campus housing



photo by kaitlyn coholan

Local landlord Avin Karran stands outside a home he rents out to students near North Campus for the past three years.

Kaitlyn Coholan
NEWS REPORTER

The end of the school year may leave some students wondering where they're going to live next September.

Candace Brown, front desk supervisor for Humber's North Residence, handles the off-campus housing service with the assistance of the front desk attendants.

"We will direct students to where they can look," Brown said. "We have pamphlets, information on pricing (and) rent."

Brown said HSF offers legal help, which can be important to students concerned about signing a lease.

Humber's off-campus housing department sells listing space to landlords, while students looking for roommates can list for free.

Off-campus housing doesn't screen listings, so it's up to the discretion of both students and landlords to make a good selection, Brown said.

There is a long list of things students should consider when looking for a rental unit, including location, maintenance issues, how rent is paid and what's included and whether there's a lease.

Brown stayed in a rental unit while

attending Humber. "It was pretty positive," she said. "I rented a room, it was a good experience for me."

Tim Van Bussell is finishing his first-year of computer programming and hasn't decided whether he'll stay in residence another year or move out.

Van Bussell said he would probably base his decision on convenience, and if he does move out, he'll ask his parents for advice, not the off-campus housing office.

As for the other students on his floor, Van Bussell estimates half plan to move out of Residence.

Avin Karran, a local landlord, has been renting to Humber students for the past three years and has listed with off-campus housing each year.

"It's good," Karran said. "You get quite a big response."

Although Karran had previous renting experience before taking on students, he said Humber has been helpful.

"On the website, it outlines everything for you," he said.

As for his experience with student tenants, Karran said the only problem is payment.

"It's hard to get a hold of them," he said. "So, I make it mandatory they give three post-dated cheques. It's less of a headache."

the
Skinny

✕ After crazy weather and extreme high winds, the Gardiner Expressway was closed for 24-hours due to ice falling from the CN tower.

— Citynews.ca

✕ The Canadian government announced Tuesday that Toronto will receive \$1.5 billion to improve transit. Most of the money will help expand subway lines and cut down on greenhouse gas emissions.

— CBC.ca



✕ The newest member of Canada's Walk of Fame will soon be Lloyd Robertson. The 73-year old is the first journalist to be inducted. The two hour special will be taped on June 9.

— CTV.ca

✕ According to an annual report from Campaign 2000, one in six Ontario children lives in poverty. Using Stats Can numbers, the group concluded the number of children living in poor families raised 15 per cent since 2001.

— CBC.ca



✕ Canada took top spot in a global survey by the BBC on people's attitudes toward countries. The network asked 28,000 people to rate 12 nations based on whether or not they have a positive or negative global influence. Canada was followed by Japan and France.

— CBC.ca



Austrian experts were hard-pressed to explain what a dead shark was doing in a freshwater stream when a chef confessed he dumped it there as a prank. — AP

Window of opportunities open for nurses

Patrick Soltysiak
NEWS REPORTER

Humber nursing students will have a chance to receive full-time jobs right after graduation thanks to a \$89 million investment from the Ontario government.

"It's an initiative to get new graduates into the workforce," said Rosemary Watkins, associate dean of practical nursing. "Registered Nurses (RNs) and Registered Practical Nurses (RPNs) who wish to work full-time will have that opportunity."

Humber College offers a two-year practical nursing program accepting 200 students a year, as well as a four-year degree program in collaboration with the University of New Brunswick, which takes in 250 students.

"We do have a shortage of nurses and the problem has been that the employers haven't created full-time positions," said Dr. Mary Ferguson-Paré, president of the Registered Nurses' Association of Ontario (RNAO). "It's very important that they have the opportunity to access full-time employment."

The Nursing Graduate Guarantee program is part of the Health Force Ontario strategy, announced last May and it's designed to keep nurses in Ontario and to make the province the employer of choice, said A.G. Klei, spokesperson for the Ministry of Long-Term Care.

Ontario will pay for the first six months of employment, while the employer would be responsible for the subsequent six weeks, giving the graduate an opportunity to earn experience and transition into a full-time job.

However, Watkins doesn't know if it'll help the nursing shortage.

"I'm optimistic. Anytime the ministry gives money I think it's a good thing, especially when it's focused on something that is as chronic and as significant as this is," she said.

The employer may choose to hire a graduate after a least three-months of orientation, Klei said.

If that happens, "they can use the remaining funds that would have existed to compensate that nurse to fund other nursing priorities," he said. "It's a possible other revenue stream for nurses who currently are on the job."

"It gives them additional support. There will be more nurses in the work force, which will help to alleviate some of the job pressures that they're facing."

According to the College of Nurses of Ontario, there are over 140,000 nurses in Ontario.

A problem faced by RPNs is the amount of responsibility put on them right after graduation.

They're often put in charge of a large number of residents and unregulated workers without the proper transitional support.

Ferguson-Paré said another way the government could help nurs-



courtesy of david ding

The funding will guarantee up to 4,000 jobs for nursing students in the province this year.

ing in Ontario is the institution of an 80/20 work model. Nurses over the age of 55 can spend 80 per cent of their paid time doing clinical work and 20 per cent mentoring young nurses, learning and developing better ways of providing

quality service.

"We know from our research at the University Health Network that the 80/20 model works very well. We increased patient and staff satisfaction and we also reduced turnover to zero in the

unit and we reduced sick-time and overtime and we were able to function with no agency staffing," Ferguson-Paré said. "We did that with no significant difference in the variable direct labour cost for the unit."



photo by david hamilton

Humber firefighting students will endure rigorous training to help them prepare for the numourous risks in their job.

Prepraring for risky business

David Hamilton
NEWS REPORTER

The city of Toronto has been designated a "high-risk" employer by the Ministry of Labour for its poor health and safety record, but Humber students feel prepared to enter the workforce.

"There are definitely risks that go with the job," said first-year pre-service firefighting student Tom Dickinson. "But you know all the risks before you start, I'm not worried."

Dickinson said he feels prepared because his courses have prepared him for situations he will face as a firefighter.

Ontario Ministry of Labour spokesperson Bruce Skeaff said the city of Toronto has been desig-

nated a dangerous employer because of its poor health and safety record.

"Once the number of incidents goes above a certain threshold, you get on the list," Skeaff said.

Last year, the city reported over 1,840 employee injuries and illnesses resulting in time away from work. City statistics showed most work injuries happened to those working at old-age homes, followed by Toronto Water staff, firefighters and paramedics.

Humber College police foundations co-ordinator Henri Berube said there are few police accidents resulting in injuries.

"There are high risk situations all the time," Berube said. "It's not just every few days when you see one in the paper."

He said that the most dangerous situations police face do not result in injury because police are trained and equipped to deal with these conflicts.

"Fire fighting is a different situation because they might not have as much control over the situation as police," he said. "Unlike confronting a violent suspect, when you're up against a burning building, you can't talk it down."

Humber College human resources manager Christa Iacovino said the college doesn't have a problem with worker safety.

"We promote a culture of workplace safety," she said. "Our approach is preventative, for instance we have the campus walk program and other emergency systems in place."

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"Nothing would be more tiresome than eating and drinking if God had not made them a pleasure as well as a necessity." – French Philosopher Voltaire

Rez food plans run low

Lindsay Meli
NEWS REPORTER

Some North Campus residents have eaten their way through their meal plan, while others have more money left than they could possibly swallow.

All residents must commit for the school year to one of the three dining-plan options: regular, standard or standard plus.

According to the residence dining-plan budget, as of Sunday, students with the regular meal plan should have \$550.64, standard \$643.61 and standard plus \$746.68 remaining on their card.

Angelica Vaillancour, a first-year fashion arts student, said she ran out of money in January and has been eating Kraft dinner, soup and salad ever since.

"I don't mind it, it's been two months," she said. "It's cheaper to go to the grocery store. I'd rather do that."

Residence has two communal

kitchens that can be booked for student use, but this limits the option of cooking.

"There should be a kitchen on every floor and no meal plans, or lower meal plans," said Irina Keller, a first-year landscape technician who lives in residence.

"There should be a kitchen on every floor and no meal plans, or lower meal plans."

– Irina Keller
first-year landscape technician

Since access to a stove is limited, residents like Cindy Duong, a first-year general arts and science student who is running very low with only \$300 left on her standard meal plan, said she will rely on microwave food like Side Kicks and instant noodles when her card runs out.

Both Duong and Vaillancour

said the expensive salad bar, snacks and treating occasional guests made it difficult to stay on budget.

"The food here is really horrible," said Elizabeth Harding, a first-year early childhood development student.

Harding bought the standard meal plan and has \$1,400 remaining. She does not anticipate using it up by the end of the semester.

Don Henriques, general manager of food services, said that under government regulation the meal plan must be pre-paid, non-refundable and non-transferable in order for the resident to be exempt from sales tax.

Students often ban together to use up excess meal plan money, said Smrity Vohra, a business management student living in Residence for her second year. "I had a friend who was in the hotel management program and she would buy food for her friends and get money for it and go shopping with it."



Stephanie Davidson's red-head stares out at you (top left).

Students check out some nude portraits (top right).



Richard Lee's digital image *Sorrow Tree* on display in GH 128 (left).

photos by eric humber



photo by erica timmerman

With help from Debbie Seymour, police foundations student Sylvia Fuentes gives blood.

Programs compete for pints

Erica Timmerman
NEWS REPORTER

Humber's School of Social and Community Services won the title of 'Life Savers of the Year' when the Canadian Blood Services came to the Lakeshore campus last week.

The Humber Students' Federation offered a challenge to the schools of Liberal Arts and Science, Media Studies and Information technology, Business, Creative and Performing arts and Social and Community Services to compete to see which program would have the most students donating blood.

"A little competition always gets people excited," said Rishi Gupta, HSF Lakeshore programming co-ordinator. "We had to request for extra beds once we realized more people were going to come to this

event."

Toronto Police Sgt. Dave Ecklund talked about the time he needed blood transfusions during his bone marrow transplant as a boy.

"I'm still here today because of my brother's bone marrow transfer, the help of Sick Kids doctors, as well as the donors who gave blood during that time," said Ecklund.

"I want to thank all of you that came to donate because you are the reason I am still here."

At the end of the day the Police Foundation, in the School of Social and Community Services, headed the competition, averaging over 80 per cent of the donations.

"I'm sure most people see giving blood as scary, but I see it as helping people who might need it," said Sylvia Fuentes, a first-year police foundation student. "It feels

nice knowing you are doing something good."

Bill Coleman, the central Ontario donor services manager, presented the winning plaque to the police foundation representatives.

"Today we received 58 units of blood," Coleman said. "Each unit can save three lives, so we saved 174 people. If Humber can get to (its) goal of 600 units a year, we could save as many as 18,000 Canadians."

Humber is a supporter of Partners for Life, and works with Canadian Blood Services to gain blood from at least 600 students at both North and Lakeshore campuses every year, Coleman said.

The Canadian Blood Services will be coming to the North Campus again March 27 for any students who missed the event.

Student artists show off work

Art exhibit runs until Saturday

Eric Humber
NEWS REPORTER

A nude woman, a banana and a magna drawing were part of a grand opening of a Guelph-Humber art exhibit held last week.

Friends and family gathered to view exhibitors Winston Lew, Richard Lee, Adam Corrigan and Stephanie Davidson's work in Humber's visual arts and digital arts course.

Lew, Lee and Corrigan were among 11 graduates from the newly developed two-year program.

Angelo Givannone, a third-year interior design student, liked the artwork Davidson and Lee created.

"I especially like the picture of the girl (Davidson's work) with her face turned as the focal point – her red hair jumps out," Givannone said. "That black and white picture (Lee's work) reminds me of Dali's drawings, he used to paint his dreams."

Third-year interior design student Erik Schwab agreed, but liked Benny Wu's picture more.

"It's the simplicity of the picture, it's a banana, it is sorta philosophical," he said.

Another eye-catching piece is *Painting from Cast* by Stephanos Michaelides. The oil on canvas picture has such life like features, it looks as if it is a moulding instead of a drawing. Michaelides' use of shadows gives the face depth and definition.

Lee gives credit to the new program for displaying the extraordinary talents of each artist.

"It really is an excellent program for people who want to explore what they want in the art world," he said.

An added bonus is graduates won't have any trouble getting jobs once the program officially finishes, said program co-ordinator Gary Richardson.

"The demand for imagery has exploded, that means there is a wide spectrum of opportunities out there," he said. "Gaming, web, movies, television – opportunities abound."

Richardson said people should take time to view the unbelievable talent these students possess.

"I hope everyone in the Guelph-Humber and Humber community has an opportunity to go check it out."

The visual art and digital art exhibit runs at the Guelph-Humber art gallery until March 10.



"True compassion is more than flinging a coin at a beggar; it comes to see that an edifice which produces beggars needs restructuring." – Martin Luther King Jr.

Student says no to T-shirt

Retailer pulls questionable clothing off its shelves in Canadian stores

Ryan Vella
NEWS REPORTER

A Guelph-Humber student is doing her part to increase awareness about sexual assault after a T-shirt recently pulled by Canadian retailer Bluenotes cast new light on the anti-date rape slogan No Means No.

The controversial men's shirt was removed from Bluenotes' nationwide chain of stores two weeks ago after the Canadian Federation of Students (CFS) and women's groups objected to its print, "NO MEANS have aNOther drink" – a reference to the well-known "No Means No" slogan used to combat date rape.

"We originally asked them for an apology and to pull the shirt."

– Brent Farrington
CFS national deputy chairperson

Kristina Bean, a second-year family community social services student, said she was prompted to take action and start her own "No Means No" Facebook group after hearing about the shirt.

"I thought in the back of my head that it would be good to give people more information or ways they could show their interest," she said.

Bean who lives in Residence, where there have been seven reported cases of sexual assault this year – said the shirt is offensive, underscoring the need for everyone to remain vigilant in the

fight against date rape.

"It's pretty much a T-shirt for a guy to wear and basically say, 'you know, if a girl says no to me, I'll just go buy her another drink and everything will be cool. I can take advantage of her and do whatever I want with her,'" she said.

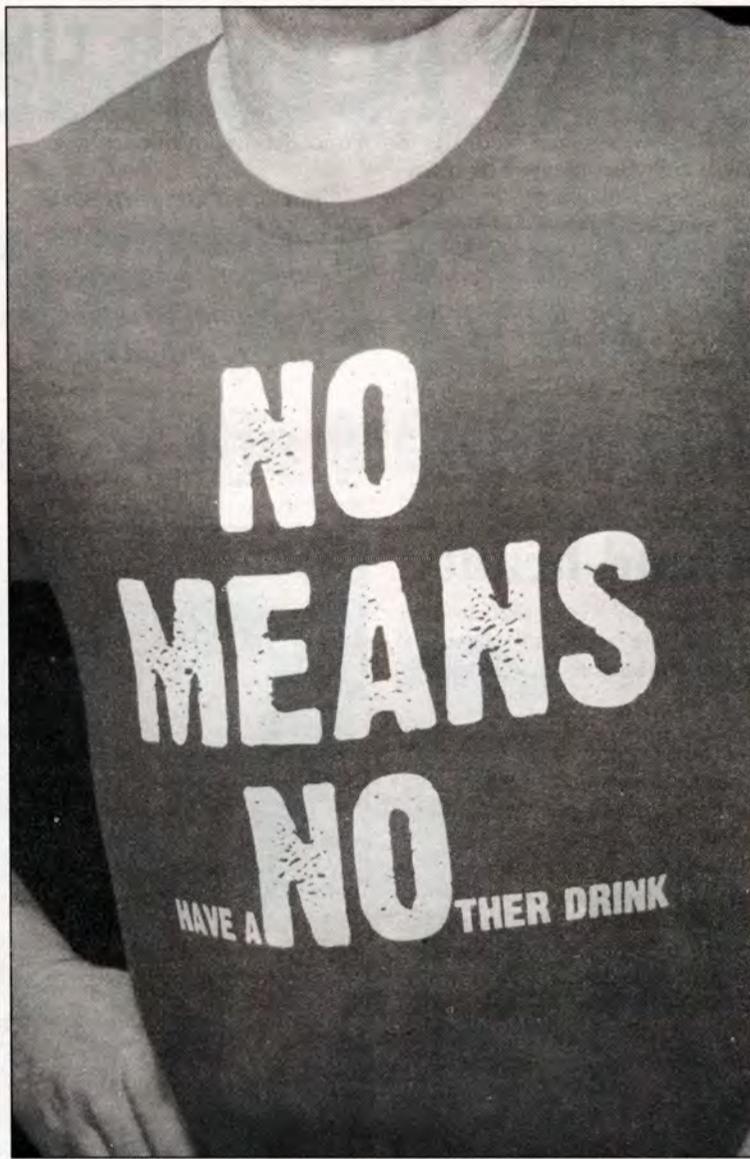
While she said people did meet with her and other first-year residents to discuss sexual assault and hand out pamphlets. Bean would like to see an expanded date rape prevention program at Humber. "More awareness should be done," she said. "It should be reiterated throughout your time in Residence."

Brent Farrington, the national deputy chairperson for the CFS, said, "It's really nice to see that the Bluenotes company recognized that something was wrong and they took swift action to correct what was wrong."

"While we also believe that it was irresponsible for the organization to put out the design, their response to it being brought to their attention has far surpassed what we would have expected."

In addition to removing the men's clothing item from its stores, Bluenotes has proposed a new partnership with the CFS to promote the national student group's anti-date rape campaign.

"We originally asked them for an apology and to pull the shirt," Farrington said. "They did that instantly and then went a step further and issued a letter in writing to us that states that they would be interested in re-designing the shirts . . . and donating a portion



courtesy of cp

This T-shirt has both the CFS and Humber students concerned.

of the proceeds from sales to women's issues."

Adrienne Simic, a spokesperson for Bluenotes, said working with the CFS is a way of building awareness.

"We think that together, with CFS, we'll really be able to reinforce some strong and positive messages," she said.

The CFS agrees. Farrington said he wants to remind people that increased awareness is vital to combating the widespread problem of date rape. "It's not just the

one in four women who are sexually assaulted in our society," he said. "It's everyone's problem, it's a societal problem."

Acknowledging that awareness and strength in numbers can result in change, Farrington said, "If a lot of people say, hey, we were able to get this Bluenotes company to change their tune, they'll be less likely to walk by the next time they see something offensive in a store window and say, there's nothing we can do about it."

Message leads media

Julia Strojnik
SPECIAL TO THE ET CETERA

Anna Nicole Smith is dead, but though it's been more than a month since her passing, the public is still engaged in her story.

Humber Professor Salem Alaton explored this very issue yesterday afternoon at Humber's first ever Lunch and Learn lecture series *Princess Diana & Karla Homolka: How the Media Markets Emotion*.

"The media finds a way to keep going with that and reshaping it to make a news story that will still engage this huge audience that is still following it," Alaton said, before a room full of students at Guelph-Humber.

In his lecture, Alaton said the media contextualizes stories and pumps them up to generate emo-

tions from its audience and the public is buying into it.

"I think we need some of our adrenaline to look at the damage of *Entertainment Tonight*," he said. "The damage that's being done from fracturing our arts, our politics our social norms into shapes drawn by this sometimes mindless entity of media culture."

Though the public has degressed from serious news, Alaton said there is hope for redemption but it is up to the public.

"People have to get oriented to what's happening. People need some media literacy. People need to look critically at all of it," Alaton said. "And know when they're just there to have fun and be entertained and know when they have to look in a different way to understand it in a more serious sense."

Trades up their numbers

Jeff Lewis
NEWS REPORTER

Humber's enrolment in its apprenticeship programs is on the rise, despite a report issued by the Canadian Federation of Independent Businesses that suggests fewer high-school students are pursuing careers in the trades.

"We've had a push here at Humber towards growing apprenticeship for the past four or five years," said Joe Tamona, associate dean from the School of Applied Technology, which administers the programs. "We're in pretty good shape."

Tamona estimates that enrolment has grown by about 30 per cent, and in some cases doubled, in the last few years.

"... we know that some carpenters out there are making more money than lawyers."

– Satinder Chera
provincial director of the CFIB

While there have been increases, Tamona said the conviction that trades are a second-class job persists, and in many instances is an impediment to them being seen as a viable career path.

"And yet when we look at say, the manufacturing industry – metal cutters, tool and dye makers – the guys are like gold," Tamona said. "They write their own paycheck basically."

Satinder Chera, provincial director of the Canadian Federation of Independent Businesses (CFIB), worries people look at trades as not being good enough.

"But we know that some carpenters out there are making more money than lawyers," he said.

Tamona pointed out the stigma is a long-standing one, exacerbated by a decade spent focusing exclusively on the growth of dot-com and high-tech industries.

"We kind of forgot that all of that stuff needs to be in a building that needs power, plumbing, heat and light," Tamona said.

Youth-oriented campaigns that seek to boost the profile of a career in trades is something Tamona said he would like to see more of.

"There're really excellent jobs that kids don't know about," he said.

But spreading the good trade-gospel takes time.

"It takes a while to get the message clear that they're viable, that you can make an excellent living," Tamona said. "The wages are good, the work is rewarding – you don't always have to be digging a ditch."



photo by rosanna brazil

Journalism professor Salem Alaton argues for media literacy.

"The whole aim of practical politics is to keep the populace alarmed by menacing it with an endless series of hobgoblins, all of them imaginary." – H.L. Mencken

Cops urge drivers to watch the shoulder

Evan French
NEWS REPORTER

Orangeville Police Chief Rod Freeman warns drivers to be vigilant when passing by cars on the shoulder of the highway.

"You never know who you're pulling over. You have to keep one eye on the car and one eye on the traffic," Freeman said, who is also finishing his B.A. degree in justice studies at Humber College. "You're at the mercy of drivers who are distracted by cell phones

and coffee."

Police have ordered motorists to take care when they see the flashing emergency lights.

A new educational video called *Move over . . . Protect us all!* was released to remind Ontario drivers of a law created in 2004 to slow down when approaching emergency vehicles.

The law was prompted after OPP Sgt. Margaret Eve was killed by a truck on Hwy 401 in June 2000.

"If we all work together, hopefully the system will work," said

Const. Lee Bishop from Toronto Police Services' traffic services.

"It could be someone you love who needs emergency response personnel to arrive quickly and safely"

– Supt. Stephen Grant
commander of traffic services

Bishop said the video tells motorists to slow down when they

see flashing lights and encourages them to move to an empty lane if possible.

He added, the public has a responsibility to be cautious when approaching emergency vehicles with flashing lights.

Supt. Stephen Grant, commander of traffic services, said it's important for people to follow the rules of the road.

"It could be someone you love who needs emergency response personnel to arrive quickly and safely," he said.

Online chat for student Q & A's

Anupa Mistry
NEWS REPORTER

Prospective students can now get their questions about Humber answered instantly by chatting with a student ambassador via MSN Messenger.

"It's easy, it's free (and) we know that students are doing it. Everyone is on MSN," said Sarah-Jane Brimley, manager of recruitment services. "We thought students (would) think it's geeky but we're getting anywhere between two and three new contacts every night, which is pretty good."

About 156 would-be students have added "humberambassador01" to their contact list so that they can chat with student ambassadors like Nancy Cardinez.

Cardinez, who is in her third-year of the nursing program, said she chats with eight to 10 students every time she logs on.

"It's mostly Canadian high school students," she said. "But, we do get international students. The other night I was chatting with someone from Peru."

Ambassadors have phoned applicants to provide information and answer questions since the mid '90s and over the past two years, web chats and student blogs have been incorporated as well.

Brimley said adding MSN Messenger to Humber's recruitment arsenal means students "can ask us questions and we can respond faster. MSN means that we are accessible."

"Students think it's cool," Cardinez said. "They didn't think that they would get their answers so quickly."

Mia Labitan, a clinical research student, said she would have used this service if it was available when she applied last year. Labitan logged onto the Web chat, but said she "found it really difficult to try to get your question in."

Web chats, held at pre-determined times by a staff member, are group sessions that are usually program specific.

The questions asked on MSN Messenger are more about Humber's social life and extracurricular activities, Brimley said. "It's more personal."

Cardinez said she gets questions on everything from program requirements to personal questions about herself. She said although the ambassadors will not give out their personal information, "we also want to let them know that we are students."

Brimley encourages student ambassadors to be honest when they are chatting with potential students. "I don't want it to seem like they are trying to sell Humber or that they've been told to say things."

The medicine behind beauty

Lauren Denhartog
NEWS REPORTER

A rise in cosmetic procedures has the college's spa management program preparing students with a new course in medical aesthetics.

Starting in May, students will learn about some of the more popular procedures such as Botox, Thermage and laser hair removal.

"The idea when the students are taking medical aesthetics here is not for them to become a medical aesthetician," said Antoniette Perretta, spa manager. "What happens is that people who offer either the solutions or the machines to do . . . laser hair removal, they do the certification programs."

She said the aesthetic industry is not a controlled industry and

those spas or clinics that do offer certification programs in medical aesthetics want to be able to control that.

"We will have all of those machines coming here for special events during that semester, but primarily they'll be learning about what they are, what they do to the skin and how are they done."

The spa management program is a one-year course that blends the practical and theoretical with a strong emphasis on the business aspect of running a successful spa.

"It's important for them to know about medical aesthetics because so many people are having these services done every single day," Perretta said.

"It's a tremendously booming business at the present time," said Lee Graph, president of FX



photo by lauren denhartog

Consumers buying anti-aging products are picking up steam.

Cosmetics, the brand at Humber Spa. "If anything, the drive towards offering treatments and anti-aging solutions is just starting."

Seher Sultan, a student in the program, said the spa management program teaches students

how to market themselves.

"There aren't that many spas out there that are very good at marketing themselves and this is the first program at Humber that's teaching you the management aspect," she said.

A Humber for All

Humber wants to remind you that

- ❖ All members of our community are entitled to participate fully in College life free from any barriers that contribute to a poisoned environment
- ❖ We strive to promote a culture of inclusiveness among our increasingly diverse community
- ❖ Our Human Rights/Complaint Process Policy is readily available in hard copy from the Human Resources Department or online at <http://humanresources.humber.ca/downloads/HumanRights.pdf>
- ❖ The prohibited grounds of Discrimination and Harassment are race, ancestry, place of origin, colour, ethnic origin, citizenship, religious creed, sex, age, marital status, family status, disability, sexual orientation, receipt of public assistance or pardoned federal offences or record of provincial offences as defined by the Ontario Human Rights Code.

You may seek confidential advice on matters related to harassment and discrimination from the College's Human Rights Advisors at Extensions 4948/4425 or from a Union Steward, Counsellor, Nurse or the HSF



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Week of February 26

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- Omarion
5. Irreplaceable
- Beyonce
6. Lips of an Angel
- Hinder
7. On The Hotline
- Pretty Ricky
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- MIMS
9. Throw Some D's
- Rich Boy
10. Poppin'
- Chris Brown

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Humber Students' Federation Annual General Meeting COME PARTICIPATE!

At the Meeting of the Membership!



**Lakeshore Campus - H-Cafeteria - 11:00 a.m.
Wednesday, March 28th, 2007**

Your support is appreciated.

EDITORIAL

"If somebody doesn't have enough judgment to be able to look at plastic surgery and realize how phony it is, they can't be helped."— actor Brian Austin Green

Put out your best face to the world

Each year anti-aging treatments become more popular. Both men and women are turning to non-surgical treatments to slow down the aging process. No one is perfect, but our differences make us who we are. People should want to look like themselves, exactly the way they were created.

Wrinkles aren't something individuals should shy away from. Wrinkles are proof of age, wisdom and experience.

Wrinkles are laugh lines that illustrate we've lived a life brimmed with passion. Faces should show emotion. Looking constantly surprised isn't attractive.

Cancel your Botox and chemical peel appointments and embrace your skin

Non-surgical procedures are not permanent your face will eventually droop, sag and wrinkle. Muscle relaxers are a Band-aid solution to a constant 'problem' – aging.

Surgical procedures can go horribly wrong, especially if you take altering your appearance to the extreme. You could walk away looking even worse than you originally thought you did.

The strongest and sexiest form of confidence comes from an individual who feels comfortable with himself, imperfections included.

Take care of your body and make the best of what you've got. Limit your exposure to sun and cigarette smoke – they accelerate the aging process. Drink plenty of water and moisturize your skin to hedge your bets against premature aging. Otherwise, cancel your Botox and chemical peel appointments and embrace your skin, wrinkles and all. There's no use trying to fight time – in the end Mother Nature wins.



Bluenotes turfs T-shirt

Merchant pulls offensive apparel proving consumers can still speak with their wallets

Retailer Bluenotes pulling of a T-shirt that tacitly endorses date rape is a victory for good taste and not a blow to humour.

While ribald humour is looked upon as shocking and sometimes upsetting, it seems that any disgusting, poorly thought-out comment is acceptable within the guise of fashion.

It is the role of the consumer to hold big business accountable

Take for example the success of the website *tshirtheil.com*, the main arm of distribution for a company that counts jokes printed on T-shirts about child abuse, abortion, racism and religious sacrilege as its bread and butter.

The bottom line is it is hard to believe anyone could be insensitive or stupid to know a rape victim and walk in public wearing a garment proclaiming "NO MEANS have aNOther drink."

The positive is the company's swift and encouraging reaction. Bluenotes halted sales of the T-shirt and reached out to the community it's offended by offering to donate profits to organizations helping abused women.

The lesson here is first to vote with one's wallet; a product that is unprofitable is surely a product that will have a short life and few imitators.

Second is to complain when a company makes this kind of offensive blunder. The corporate landscape often does take criticism seriously and tries to make up for its mistakes.

It is the role of the consumer to hold big business accountable. It is always encouraging to see this process in motion.



Annette Forbes
29, Nursing

"I exercise regularly and I get checkups from the doctor."



Jason Uyeno
19, Fitness and Health Promotion

"I don't eat too many sweets and I try to regulate my sleep and eating patterns."



Stephanie Battieste
20, Fashion Arts

"I try to stay active on a daily basis. I may not take time out to work out every day, but I try to stay on my feet as much as I can opposed to sitting around all day."



Cindy Hipson
21, Rich Media

"Eating subs or salads, trying to avoid eating candy or sweets. I have a pretty big sweet tooth so I'm trying to cut back on that."

Word on the Street

Because one of every 10 people in Ontario will have diabetes by 2010, how do you maintain a healthy lifestyle?"

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"At this point, I don't mind if people download my music because that means that there's a person who wants to listen." – Joanna Newsom, singer and harpist

Between two cultures, but belonging to none



Samantha Wu
In Focus Editor

To most people, a twinkie is a snack cake with a whipped cream centre. But used in reference to someone like me, it refers to a person who is "yellow on the outside but white on the inside" – a person of Asian descent who has been raised in the West. Their knowledge of their native Asian culture may be limited as well as their understanding of their native language.

As a Chinese-born Canadian – the first generation in my family – I always thought I inherited the best of both worlds; Chinese customs, traditions and a working understanding of a foreign language, with the modern ideals and freedoms of being Canadian. But I knew I stood out, ever since I was sent to a predominantly Caucasian preschool.

My high school had a larger population of Asian students, many of whom were international students from Hong Kong and Korea, who arrived in Ontario for a benefits of a North American education.

My encounter with racial remarks here would not come

from those of different race than me, but from my own cultural peers, the other Chinese students. To them, I wasn't Chinese enough.

This is a nation where cultural diversity is supposed to be celebrated.

There is a Cantonese term, *juk sing*, that translates to being "caught between the notch of a bamboo stick," referring to those caught between cultures: westernized, but not fully incorporated by

being genetically different; though Chinese, not entirely accepted due to western ideals, attitudes and a lack of proficiency in the language.

The comments and heckling that weren't whispered but shouted behind my back, in Cantonese assuming that I wouldn't understand, followed me. Though I had already begun developing a thick skin, this was harder to take – my own people turning on me as an outsider.

No one can choose what race one belongs to or the place one was born. What is someone who is caught in the middle supposed to do?

Canada prides itself in its multi-

cultural mosaic and the diversity of its population. But at the same time, it can be difficult for the children of immigrants to retain the traditions and language of their parents' home in a sea of North American culture.

It is important for those with ethnic background to learn and immerse themselves in their own culture, to learn their mother tongue and customs from the homeland.

The ability to draw from two drastically different cultures is also important and should not be looked down upon, as this is a nation where cultural diversity is supposed to be celebrated.

props & BURNS

	To the Ontario government for guaranteeing jobs for nurses.		To drivers who don't pull over to let emergency vehicles pass.
	To Stephen Harper for giving \$1 billion to Toronto-area transit.		To Canada's big banks for charging high ATM fees.
	To Canada for being voted the most popular country in the world in a recent poll.		To Turkey for banning YouTube after insulting videos of the country's founder were posted.

Legal downloads aren't cheap



Mark Guilherme
Online Editor

I used to be frightened by the thought of seeing my shelves of CDs, DVDs and games give way to a phantom collection of digital content, but the convenience of having it all in one place eventually overpowered my need to have massive collections.

Although selling albums or movies online has little to no production costs, aside from encoding, consumers have yet to see the savings passed onto them.

The current number one album on iTunes, Mika's *Life in Cartoon Motion*, is for sale on Apple's

online store for \$9.99. This seems like a good deal, but for the same price you can get the CD at Futureshop. I would rather just buy the album and rip it myself.

Apple's head honcho, Steve Jobs, has been trumpeting sales as high as five million songs a day (close to 58 songs every second). However, analysts have stated that since January, the monthly revenue has fallen 65 per cent. Apple will easily make up for it when it releases their uber-gizmo iPhone this June, but it wouldn't be surprising if it was worried about its hold on the music download business.

Although a digital album costs the same as the CD (or game/movie, as each costs about the same as the physical format), you get the assurance that you will always have that item in your

library. Most services such as iTunes, Wii's Virtual Library and Xbox 360's Live Arcade allow you to re-download your purchases for no extra cost. The same can't be said for my old copy of *Super Mario Bros. 3* that was lost to the great beyond years ago.

If Apple expects the majority of music consumers to jump on the digital bandwagon, it should offer the incentive of lower costs.

Those who are tech-savvy enough to purchase music from iTunes are most likely smart enough to figure out how to download it for free instead. Peer-to-peer programs like Napster and Limewire are on the outs, but there are countless other ways to get music for free online. Morals are the only things standing in the way.

Letters to the editor

AIDS not just an African problem

I felt compelled to pick up a copy of *Humber Et Cetera* today because of your front page: "The fight against AIDS in Africa." (Feb. 15)

The money I spend in a day on coffee, snacks and lunch alone is much more than a poor African family might hope for in a month. Canada is a nation that is in a position to help these developing countries, especially in the fight against illnesses and diseases.

There is one piece of the puzzle that I think is missing and I think *Humber Et Cetera* is in a position to help uncover it. Canadians are not immune to HIV/AIDS and while the number of cases is nowhere near as high as Africa's, the outlook is just as bleak.

This disease has a stigma attached to it and Canadians often have misguided preconceptions about the disease and the risk it poses to their own health.

Young women now outnumber gay men in new infection rates. Also, aboriginal women are twice as likely to contract the virus as non-aboriginal women, which may also have caused a spike in the population of children living

with the disease.

The face of the disease in Canada is changing rapidly. Canadian students need to be informed about this and how they can play a role in its prevention or its growth. Almost 30 per cent of infected individuals in this country do not even know.

I think that *Humber Et Cetera* has both the opportunity and responsibility to paint a clear picture of the Canadian problem. Until then, it will continue to be a distant problem that fails to really touch us.

I think the efforts of the three nursing students should be applauded because of the initiative they have taken. I want to encourage *Humber Et Cetera* to now take it a step further and educate its audience. This is not about 66 cents, this is about spreading the word and getting young people to see the situation for what it is here at home.

Thank you,
Kate Headley
Public Relations Post-Graduate Certificate

Daily Show needs to turn down the suck



Adam Trinh
News Editor

With political satire on a high, the king of the ring is dead. *The Daily Show* with Jon Stewart is as scripted and predictable as ever, and with the its spin-off, *The Colbert Report* kicking ass and taking names, the *Daily Show* has fallen behind.

The show had instant success when Stewart teamed up with producer Ben Karlin to take over the show hosted by Craig Kilborn in 1999.

Reformatting Kilborn's show was a must. The jokes were stale and the skits were weak. With a more political drive, Stewart forged a new identity and formed a niche among late night television.

The coverage of the presidential

elections, *Indecision 2000 & 2004*, catapulted the shows success with various correspondents getting their first big break.

Now the lack of these characters has caused the show's downfall. The personalities during that time are no longer on the show.

The current cast is a bland ragtag team of comedians . . . without a real individual quirk.

Steve Carell, Ed Helms and even Rob Corddry have moved on to bigger things. All that's left of the original cast is Toronto's own Samantha Bee, but even she can't save the show by herself.

But no one is missed as much as Stephen Colbert. Each character had developed a personality, but Colbert led the pack with his conservative and inane logic. People

watched the show to see what Colbert would do or say, which is why his own comedy show has surpassed its predecessor. Colbert provides a cynical parody of a conservative talk show host who insists that those who are against the president are against America.

"The truthiness is anyone can read the news to you. I promise to feel the news . . . at you," Colbert said during his premiere.

What Stewart needs are new line-mates – better senior correspondents and experts that can provide more journalistic parodies. The current cast is a bland ragtag team of comedians with characters mirroring each other without a real individual quirk.

There is some hope yet with the addition of John Oliver, a British correspondent who can play the condescending English reporter.

Without these changes, the show will end up like its predecessor – lame and passe.

Write To Us!

Letters must include contact information, full name, program and position etc.eds@gmail.com

Humber Et Cetera reserves the right to edit letters to the editor for length and clarity.

WORK & PLAY

The gardener sees only the gardener's garden. Here, too, as in political economy, the supply answers to the demand. — Henry David Thoreau, philosopher



photo by crissandra ayrosa

Prices at Esso stations such as this depot on Rexdale boulevard reached triple digits as the company faced a drop in supply.

Pump up the volume Competitors win as Imperial Oil ails

Alison DeGraff
BUSINESS REPORTER

A fire at a refinery near Hamilton sparked a gasoline shortage in southern Ontario, but a Humber faculty member doesn't think there will be any permanent setbacks for consumers.

"I really think the long-term effect will probably be manageable," said Laurie Turnbull, who teaches a transportation and logistics course as part of the purchasing and supply chain management program.

The fire occurred Feb. 15 at an Imperial Oil plant in Nanticoke Ont. and it has yet to resume running at full capacity.

In the meantime, Turnbull said Imperial Oil can continue to temporarily anticipate obvious drawbacks at gas stations, like Esso, which have experienced outages.

"They are looking at a temporary

or short-term financial loss ... There are a lot of angry customers and competitors are enjoying a short-term windfall," he said.

Most consumers worry about increasing gas prices but Turnbull said there is an upside to this.

"When consumers panic they all react the same way — they over purchase. Increasing the price of fuel at a time of shortage does have its benefits in that it stalls demand," Turnbull said. Many people will choose alternative methods of getting around such as carpooling or public transit, he added.

Media officer for the Toronto Transit Commission Marilyn Bolton said the fuel shortage will not have a negative impact on public transit commuters.

"We have a multi-year contract with Suncor Energy (oil and gasoline supplier) where we purchase

fuel at a certain rate. We are a priority customer and therefore are promised product," Bolton said.

Mike Myers, senior instructor of Humber's trucking program, said the shortage hasn't had a major impact on the program.

"To this point, the only negative effect has been the price," Myers said. "It does fluctuate from week to week without the shortage, but because of the shortage the prices are a little bit higher now."

Myers said the program usually pays between 85 to 92 cents per litre for diesel, but the price has now increased to the high nineties.

In a recent news release, Imperial Oil also faulted the gasoline shortage on the CN Rail strike, as well as marine access restrictions caused by cold weather which delayed transport of additional supply.

Student trading yields dividends

Will Cottingham
BUSINESS REPORTER

Humber students are gambling and winning on the stock markets, but potential investors should first learn what they're getting into.

Bryan Jakltisch, a third-year GH business student, has been playing the stock market since he was in high school.

"Before I was 18, I traded under my parents," Jakltisch said. "Ever since then I have been on my own, and have done well."

So well, Jakltisch said his profit margins are making significant dents in his tuition fees.

"It's a good way to make extra money, but not an easy way," Jakltisch said.

"Students thinking of investing in the stock market should open a practice account first, because they probably will lose."

Marketocracy, which boasts the most realistic virtual trading system online, starts players off with one million fictional dollars and traces all transactions.

The website compiles a list of its top 100 traders, studies them, and makes financial decisions based on their findings.

But Michael Lee, Humber's accounting program co-coordina-

tor, warns students to think twice before diving blindly into the market.

"Don't invest in the stock market before you get professional advice," Lee said. "It's just that simple."

Lee warned students shouldn't invest money they can't afford to lose.

"It is no different than gambling," Lee said. "Buyers beware."

Mathew Rowe, a second-year air conditioning and refrigeration student, said he uses a line of cred-

it to play the market.

"I use the bank's money before my own. If I lose, I have over a month to pay it back, but when I win I keep the profits."

While Rowe has had some success in the stock market, he admits students are generally better off pursuing other avenues of investment.

"I began investing with \$1,000," he said. "And saw it rise to \$1,500 and then level out, but after the fees associated with purchasing and selling I only ended up with a profit of \$130."

"Students are better off sticking to mutual funds," Rowe said. "Those who put all their eggs in one basket are likely to lose them."



photo by kaitlyn coholan

GH students play a little Guitar Hero to raise money for the Press Start Children's Foundation.

Playing for the children

Kaitlyn Coholan
NEWS REPORTER

The digital din of video games filled the Guelph-Humber atrium Tuesday, all for a good cause.

Students donated \$5 to enter a tournament, or contributed any amount to get some independent play time.

The Press Start Children's Foundation raises money to provide toys, video games and craft supplies to hospitals, youth cen-

tres and shelters to help release stress for children in potentially frightening situations.

Daniel Ryan, a fourth-year business student at Guelph-Humber, co-founded the charity with high school friends Andrew Matthews, a second-year English student at McMaster University and Derek McCrone, a Mohawk graduate in software engineering.

The founders also aim to reduce negative stereotypes about gaming.

"I have a game called *Brain-Age*," Ryan said. "It was developed by a Japanese neurologist to keep your brain fit."

Some video games help people keep their bodies fit as well.

"I'm pretty much in shape," Ryan said. "And the dancing game makes me sweat."

Last semester's video game day raised almost \$600 for Press Start. For more information, visit www.pressstart.ca.

Part of the inhumanity of the computer is that, once it is competently programmed and working smoothly, it is completely honest. – Isaac Asimov, author



photo: by andrea bennington

The college recycles computers through different labs or donates them to outside agencies to cut down on waste

Tossing techno trash

‘Scrap’ college computers get a new lease on life

Andrea Bennington
IN FOCUS REPORTER

A strategy has been put into place to prevent Humber's technological waste from going into landfills.

One of the most effective methods is to re-use older computers in labs that may not require the most sophisticated technology but are still in need of basic computer programs and applications.

"When those computers come out of those labs for replacement not every lab needs a new computer, so you have some labs that can use older machines," said Mark Naylor, chief information officer of information and technology services at Humber.

The standard length of time before computer replacement is necessary is three to four years.

"(They do) what we call a trickle down," Naylor said. "If you're an auto tech you may be using AutoCAD and that machine might move to another lab where much less intensive computer applications may run on it."

This way, a computer may be used a couple of times though it was purchased by different departments or administrative offices in

the college.

Another method of disposal is donation.

"We've donated in the past to Computers for Schools (an Ontario program) where computers go into high schools and elementary schools for use," said Pat Kelly, director of purchasing services at Humber.

"If we had to pay IBM \$75 per computer (to recycle) that's a huge expense for the college."

– Pat Kelly
director of purchasing services at Humber

Most recently computers were donated to a native school on Manitoulin Island. Staff there approached Humber faculty to see if they could help, Kelly said.

Humber has also donated to churches and community groups such as the Community Living Association.

Once these two options have been exhausted, Arlon Metals, a Hamilton-based recycling firm takes over.

"If we had to pay IBM \$75 per computer (to recycle) that's a huge

expense for the college and that money can be put back into the college," Kelly said.

Arlon Metals does not charge Humber for the pick-up and recycling of what is deemed 'scrap' computers.

Once every two or three months, Humber fills a pallet with whatever cannot be donated. Kelly said none of Humber's computers go directly into the landfill, and that Arlon has signed an agreement with the college to that effect.

The college has been using Arlon Metals to recycle its technology waste for about eight years. Humber has recently purchased a number of new computers for labs that get the most use and require more sophisticated software. An influx of new computers means that older software needs to go somewhere.

As for Humber staying current with technology, "it's a challenge," Naylor said. "Our aim is for students to have a computer experience here (so) that when they move and leave Humber and go into the working world, they're equipped to deal with what they find." In August 2006, Humber replaced 324 workstations at about \$1200 apiece, according to Naylor.

Springing ahead may put electronics behind

By Stephanie Sherr
BUSINESS REPORTER

Daylight Savings Time has moved up one week to this Sunday and college technicians are ready for any computer software problems.

"Microsoft issued a patch to support the changed time for the start of daylight savings," said Mark Naylor, Humber's chief information officer.

"We have it," he said, "but we haven't pushed it out to the desktops yet. It has been done on the critical systems like the servers. We're under review, but we won't be caught short."

These necessary computer updates come as a result of the Ontario government's decision to align the province's new DST schedule with the United States.

But because of the U.S. law that forced a three week shift in DST beginning in 2007, Canadian computers and mobile electronic devices are now susceptible to glitches from March 11 until April 1, and again from Oct. 28 to Nov. 4 of this year, reminiscent of Y2K.

Microsoft has warned clients that Microsoft Outlook should be used with caution during the month of March, and recommends that users download the newly available patch in order to convert all appointments to the correct time.

Jacqueline Michelis, a spokesperson for Bell Canada, said the company has been trying to address all issues related to an earlier time clock change, and customers should not be concerned about the possibility of incorrect cell phone bills during the next few weeks.

"We're working with our third party vendors to make sure that all the products and services we offer that need to be updated are updated," Michelis said.

"In some cases we're doing the updates ourselves here at our end and in other cases our clients need to go to the vendors' websites and do the updates themselves," she said. "We're informing the clients if they have to do that, if they have to do something themselves. We are working on it, and we expect to be ready when the day comes."

Michelis said to prevent malfunctions on most PDAs and Bell cell phones, customers can accept any automatic time updates that appear on their screens, and can contact customer service if further problems occur.

Not all companies will be as prepared. In 2001, eBay's clocks failed to adjust for daylight saving time and left thousands of users with disrupted service. When asked about this and whether users could expect similar problems in 2007, a representative for eBay said the company would not comment

on such a "minor" issue.

Debby Martin, the manager of Humber's bookstore, said aside from double-checking the accuracy

of financial transactions, students can prepare for the early time shift by seeking help from the store's computer experts.

"Certainly we're here to assist with any technical advice that students need," Martin said. "We're here to help, so just drop by."

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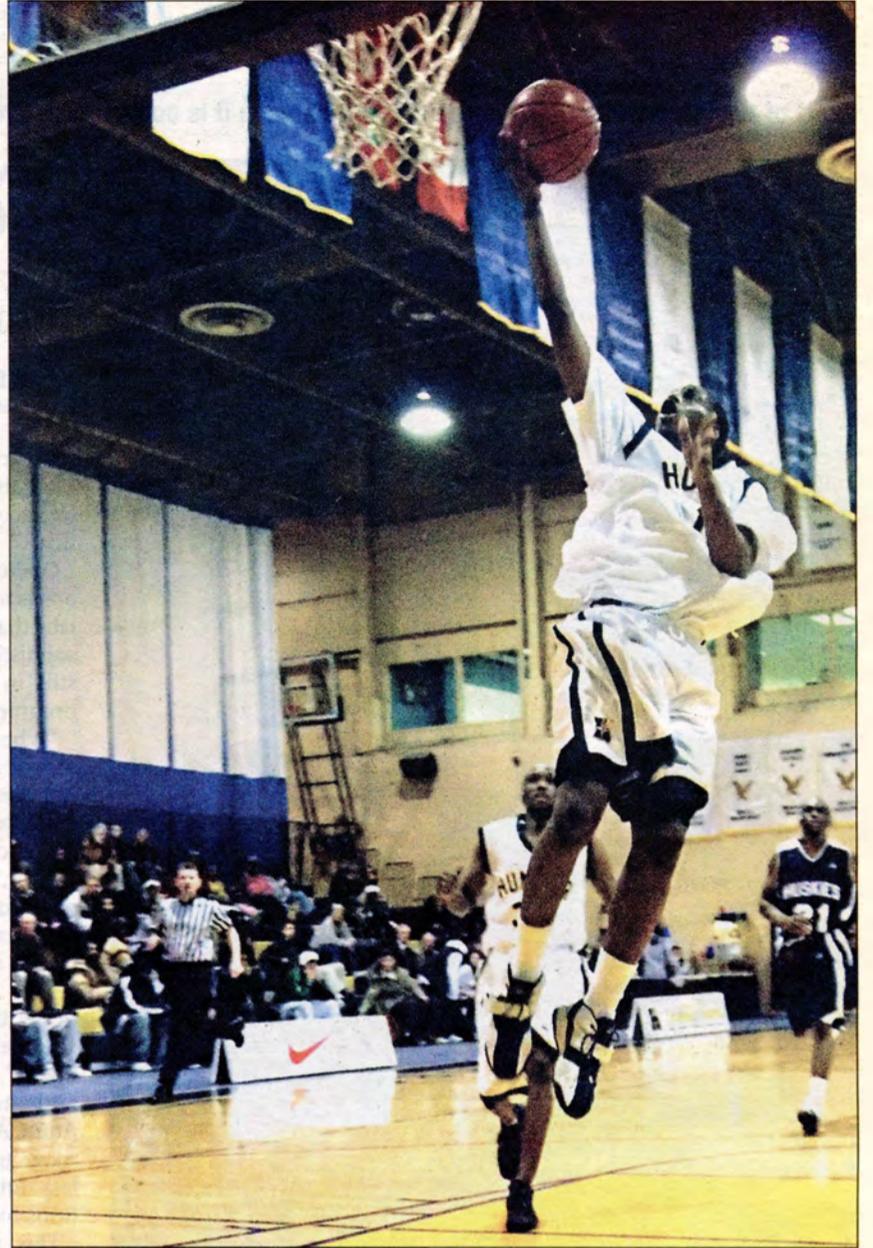
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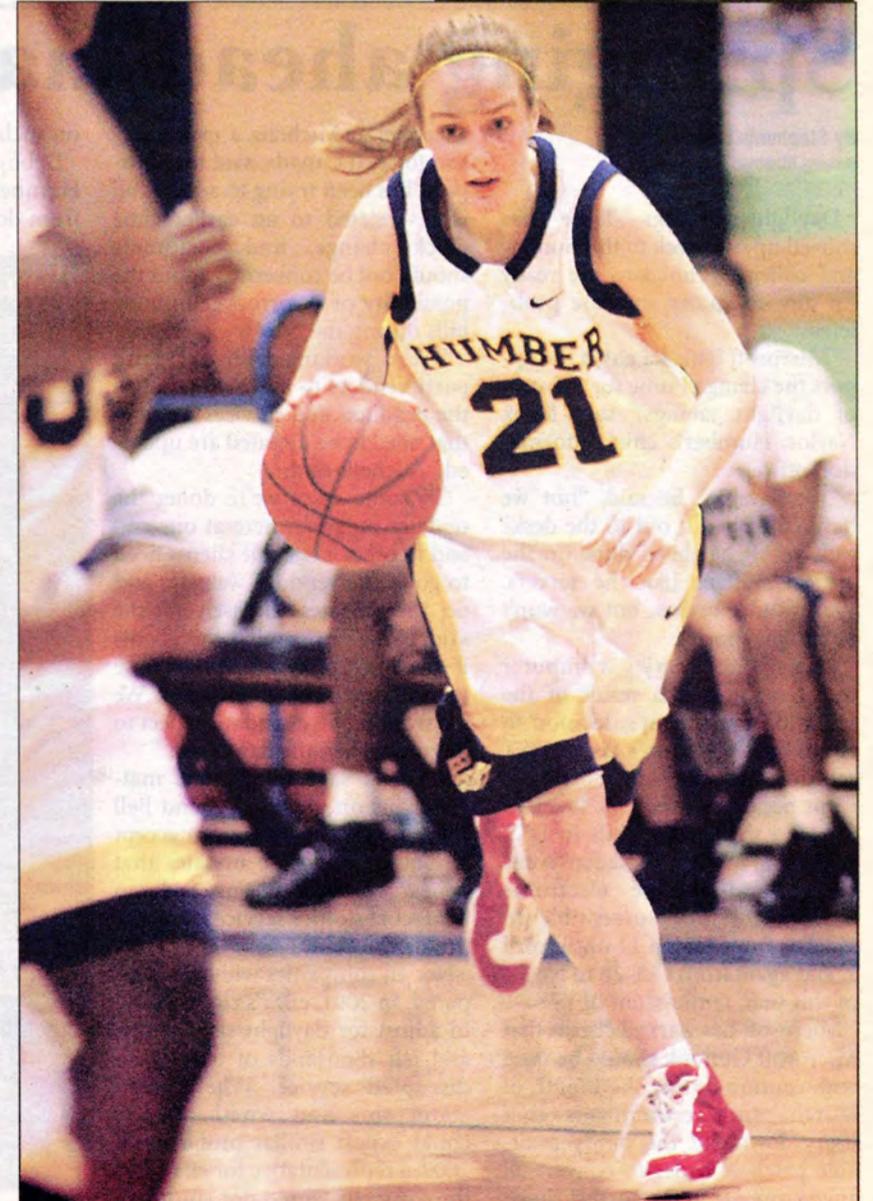


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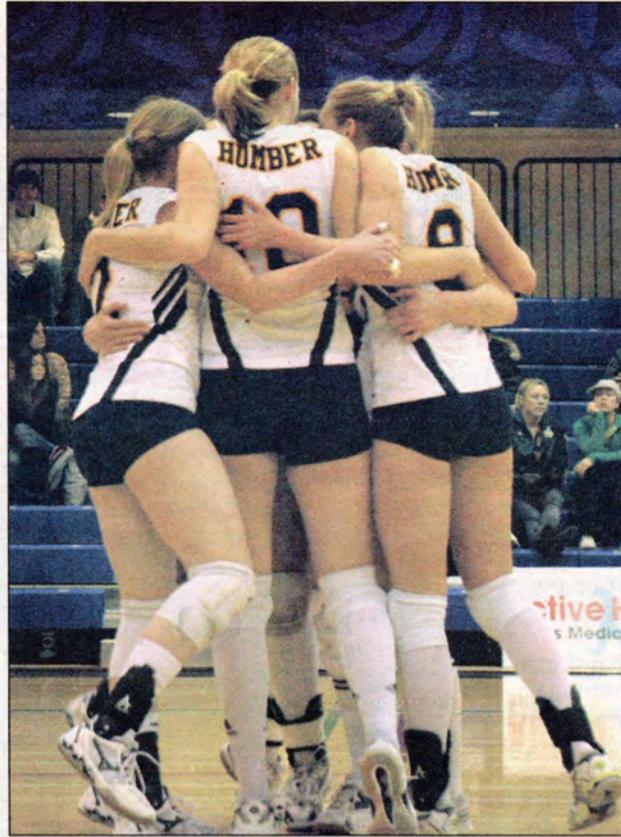


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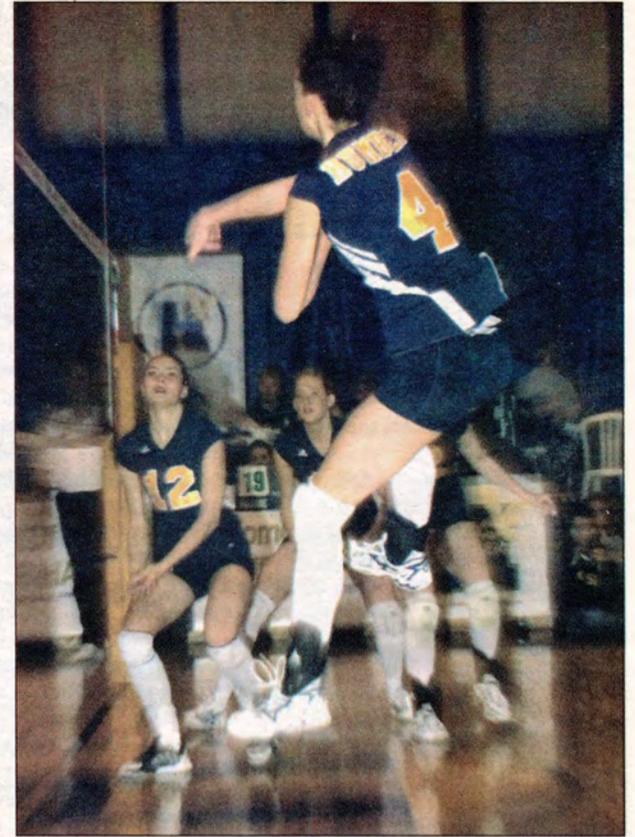




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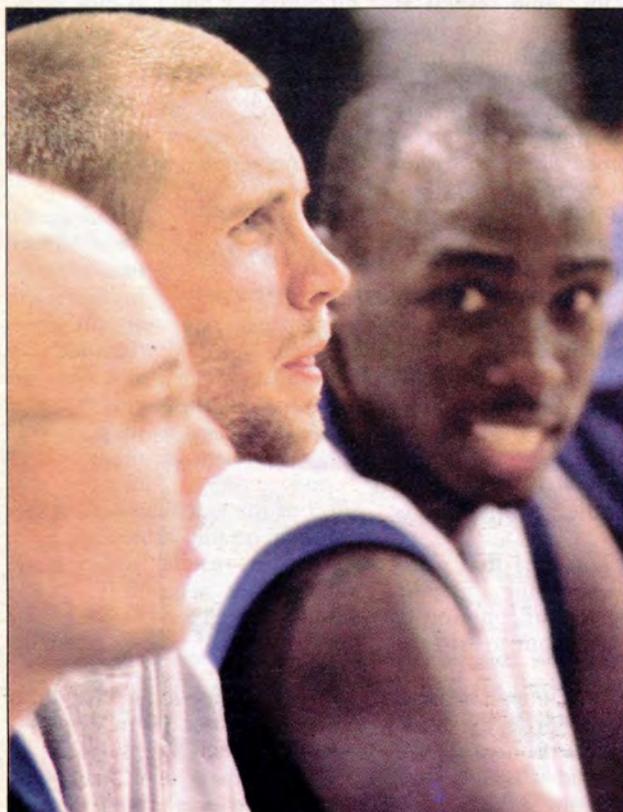


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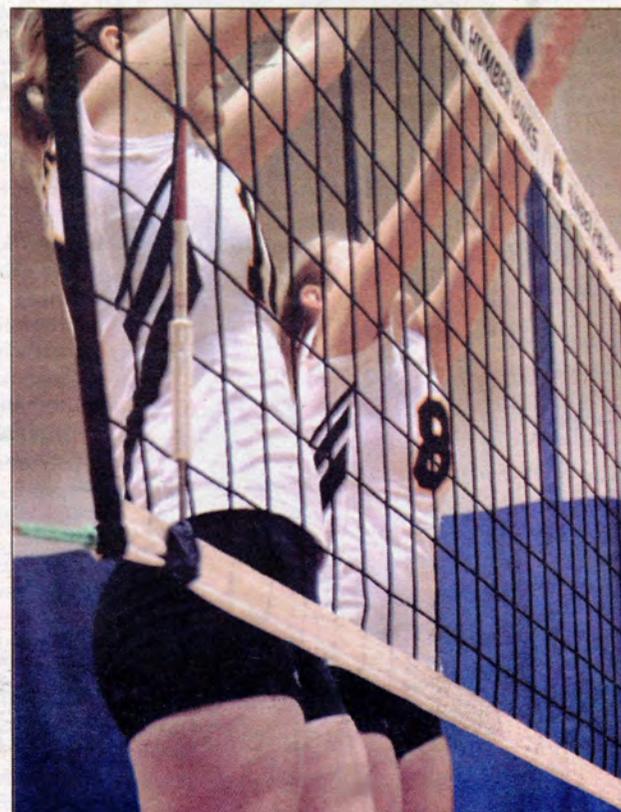
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PHOTO CONTEST ★★

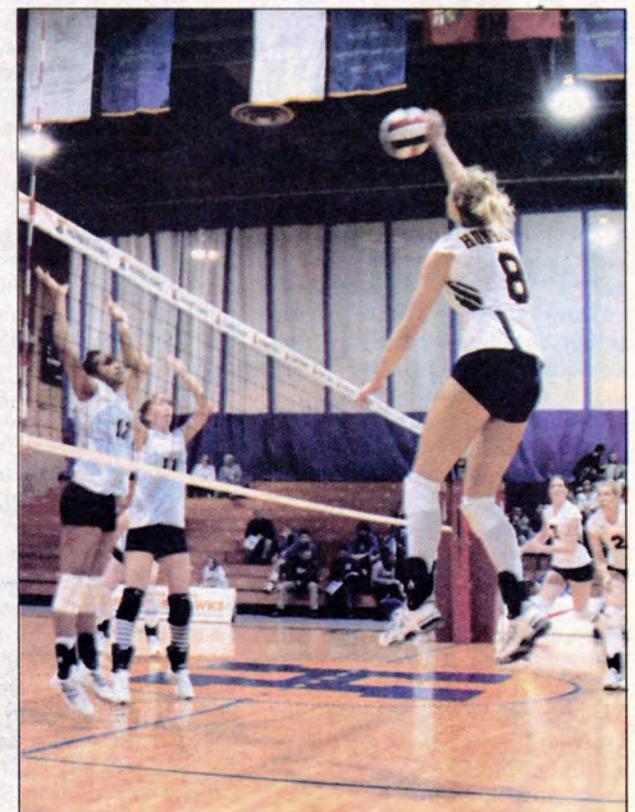
A number of exceptional photos were awarded at Humber Athletic's first ever photo contest. Photographers could submit two photos for each team, up to a total of eight for a chance to win a prize. Seven photographers submitted a total of 35 images over the three week window from Jan. 10-Feb. 16. Alicia Wynters won first and third place, Janine Noble placed second and Tania Garshowitz won the category called emotion. First place was awarded \$300, second a digital camera memory card, third a 2 GB jump drive and emotion a \$50 gift certificate to Henry's. Four judges with a background in photography ranked the pictures, and Jim Bialek, Humber's assistant athletic director, said he was amazed with the results. "We had four judges see a total of 35 images, and all four picked the same image as number one. They themselves have never seen that happen before," Bialek said. "To make it a little odd there, the one they all picked as number one wasn't the one that I or the Athletic Director Doug Fox had picked as the best one." Bialek said the winning picture will be on the cover of the varsity handbook as well as the cover shot for the athletic calender.



alicia wynters



blair higgs



blair higgs

"Life does not cease to be funny when people die any more than it ceases to be serious when people laugh." – George Bernard Shaw, playwright

Ringling the bells on wedding plans

Justine Lewkowicz
LIFE REPORTER

Students in Humber's wedding planner course have to worry about a lot more than the flowers and the cake.

According to Angelique Sobschak, course instructor and one of the featured planners on the Life Network's *Rich Bride, Poor Bride*, planners need to pay attention to the industry's emerging trends.

Sobschak, who has been a planner for more than 10 years, said the latest trend is going green.

"You can just start seeing it come together now. This is going to be the generation that cares about the planet," she said.

A green wedding can include invitations made of recycled paper, less food to create less waste, a horse and buggy to replace a limousine and trees as gifts for the guests, Sobschak said.

LPK's Culinary Groove in Toronto offers organic wedding cakes as an alternative for its clients, and owner Lesia Kohut said the desserts have been growing in popularity. The organic cakes are about one and a half times the price of the conventional ones, but Kohut said this does not affect her customers' decision.

"There are some people who specifically come to me because they are doing things in their celebration or their wedding that are more environmentally conscious,"

Kohut said. "And honestly, for the majority of the people who end up ordering the organic cakes, it's because they taste better."

Sobschak said the new 'green generation' will replace those of the 'me generation' who focus on themselves when planning their weddings.

"Start thinking ahead because if you want to be in this business for a long time, you need to be prepared for this generation," she said.

The planner course has been offered at Humber as a continuing education evening class since January last year.

Students in the course who have already planned a few weddings haven't noticed the eco-friendly trend yet, but do say people are leaning more to the cultural side.

And student Farah Chaudri has noticed the shortage of planners for ethnic weddings.

"You've got a lot of vendors out there," Chaudri said, "but you just don't have anybody to throw it together."

Sobschak said ethnic families hire planners more often because of the size and expense of their weddings, which can reach up to 1,000 guests and \$85,000 for Sikh-Hindus.

"You may start with an Irish wedding – it's very laid back and the focus is the booze," she said.

"You go to a Jewish wedding and there's a little bit more there so it's more money. You go to a Hindu



courtesy

Wedding trends, including colours, style and locations change from year to year.

wedding and it's even bigger. The more involved the religion, the higher... budget," Sobschak said.

In addition to learning the textbook way of planning a wedding,

the students said they gain a lot from Sobschak's experiences, which include a long list of mishaps.

"I've had lightning strike in the

middle of a ceremony as a bride's getting married under a tree," Sobschak said. "The tree exploded and everyone ran. But no one got hurt."

Move hips, lose fat

Belly dancing can increase energy levels and enhance self-confidence

Katarina Ilic
LIFE REPORTER

Humber College's fitness co-ordinator Leanne Henwood Adam is considering adding a belly dancing course at the gym.

"It's something that we might look at bringing down the road if we get some more space or some of the programming that's in there right now finds somewhere else to go."

Henwood-Adam said the studio is currently booked with other activities including two other dance classes, Latin dance and street hip hop.

She said if belly dancing classes were offered they would be as full as the other two dance classes.

Henwood-Adam also believes belly dancing is popular because of its health benefits for women.

"It appeals to women because when they see people who belly dance, they're not extremely fit, fit people," Henwood-Adam said. "They're people who look like everyday people who've got maybe a little bit of extra weight around their mid section. Most belly dancers do because you need it for that and yet it's fun and you're

actually getting a workout."

Roula Said, a belly dancing teacher at Toronto Bellydance, explains the full impact that belly dancing has on women.

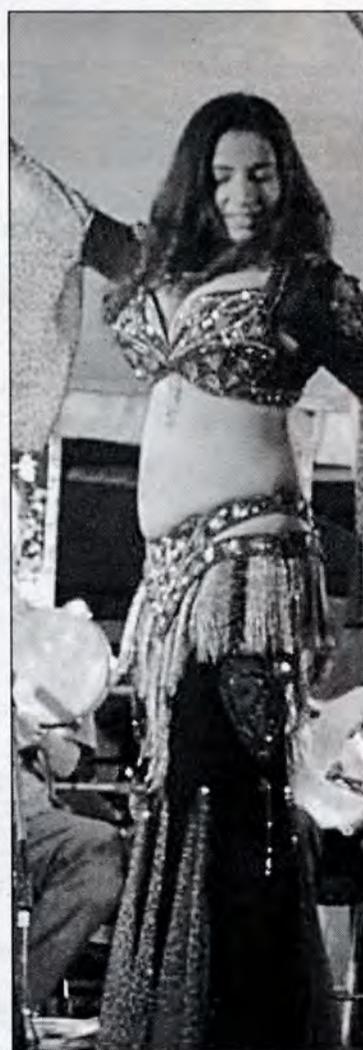
"It also gives your muscles a kind of a fluid workout as well as a strengthening workout so it brings you sort of a juicy strength which is really awesome."

A belly dancing teacher for nearly 20 years, she said belly dancing can increase a woman's grace, poise, and self-confidence.

"It's extremely uplifting to the spirit. It is a great tool for grounding and releasing blocked energies and emotions and for self-expression."

For Said, belly dancing has been a journey of self healing. "It's also been a way of learning some of the wisdom that comes from Arab culture, which is the part of the world that I'm from. So it's been a way for me to enter into the music and into the wisdom contained in the movements and how they relate to the music."

Said attributes the dance's rising popularity to pop culture, namely Latin pop sensation Shakira, and to the increased access to and interest in world music.



courtesy

Belly dancing is a fun way to stay fit and lose some pounds

Hooked on slots

Brittany Gogo
LIFE REPORTER

Eighty-seven video slot machines have been pulled from casinos and race tracks, including several at Woodbine, after a CBC news report claimed subliminal messages were being flashed at players.

A spokesperson for the Ontario Lottery and Gaming Corp. (OLG) said as the games' wheel animation spins on the screen 30 to 40 times

a second, and it was found that the jackpot-winning combination aligns for a fraction of a second. The combination is not available to the naked eye, but can be seen when the animation is slowed.

This raises concerns that gamblers may continue playing because they subconsciously believe they are about to win the jackpot.

While the 87 machines have been decommissioned during the investigation, Theresa Roncon, OLG spokesperson, said it is unclear if these messages are influencing a gambler's behaviour.

"There has been a lot of dispute

of whether this is subliminal or not," Roncon said.

Although the image can only be seen when the footage is slowed down, that's long enough for the subconscious mind to pick up on it, said Roger Horbay, an adviser for Canada's Gambling Watch Network.

"Research has shown that subliminal messages can have an effect on people's moods," Horbay said.

"Research has shown that subliminal messages can have an effect on people's moods."

– Roger Horbay
Advisor for Canada's
Gambling Watch Network

effect of the machines before they put them on the casino floor.

The slots under scrutiny are Most Wanted, Sergeant Fritter and Billionaires, all produced by the Las Vegas-based company Konami.

Many gamblers at Woodbine casino were not aware that the machines had been removed.

"I wasn't aware of it," said Brian Stuart, Woodbine casino patron. "But I'm not really surprised; I think these machines are fixed."

A Dutch gym held its first Naked Sunday last week. The Fitworld gym event gave patrons the opportunity to work out in the nude. — Associated Press



photo by krista cyr

Strange winter storms this year have surprised many drivers.

Stressful winter driving

Krista Cyr
LIFE REPORTER

Before the next snow storm hits, drivers should prepare for an emergency.

"There should be a higher level of concentration and adjustment in driving style when driving during the winter," said Suzanne Vukosavljevic, director of public relations for Young Drivers of Canada. "Whether a driver is a novice driver or experienced driver, the two most important things are to be proactive and prepared."

Vukosavljevic recommends putting together a kit "including a long-handled scraper and snow brush, windshield washer fluid, booster cables, flashlight, blanket (and) first aid kit."

Barry McGuinty, a first-year architectural technology student, said he is prepared.

"I have a jerry can with gas in it in the car and I always have windshield washer fluid," he said. "I used to carry kitty litter and a collapsible shovel because I live at the edge of the snow belt in Beeton."

Kitty litter can add traction if it is put on the ground around the

wheels if the car is stuck or parked in the snow.

Vukosavljevic said it's best to look well ahead on the road.

"A minimum of 12 to 15 seconds (ahead) in snowy conditions, so that a driver can read traffic, signal lights ahead and change lanes early if you suspect a problem," she said.

According to Vukosavljevic, another problem are the misconceptions about how to use the brakes.

"You are not going to be able to peel away from an intersection as you normally would."

— Andy Hertel
motorcycle training manager

"People always assume that with ABS braking you need to pump the brakes and that is not the correct way," she said. "Step on the brake pedal as fast and hard as you can . . . while maintaining hard and continuous pressure so you allow the ABS computer to do the work."

Some Humber students have had close calls in bad winter weather.

"It was the scariest thing ever when a transport truck couldn't stop or slow down behind me while I was waiting for the light to change," said Jacqueline Vrbanatz, a first-year architectural technology student. "I looked both ways and I went through the red light because the truck wasn't stopping."

Nancy Cabral, a first-year architectural technology student, has also had an encounter with a transport truck.

"It was something out of the movies when I saw a tractor trailer spinning in front of me at an intersection and the curb stopped it from hitting me," she said.

Andy Hertel, manager of the motorcycle training program, said the most important thing is to have patience and not to panic.

"People have to moderate acceleration during snowy conditions. You are not going to be able to peel away from an intersection as you normally would," he said.

Hertel said the easiest way to correct a skid is to steer in the direction that you want to go. "Do not touch the brake because the car will spin and back off the accelerator," he said.

Student Bodies

Gym versus studying

Suzan Park
LIFE REPORTER

These two Student Bodies have learned that climbing back onto the proverbial "wagon" (or elliptical machine) after reading week is only half the battle. They got to relive every muscle-tearing sit-up and heart-racing sprint with their trainer Monique Haan. The halfway mark starts here and there is no going back.



photo by suzan park

Finding lots of time to study.

Priscilla Daviau

The reading week slump:

"I found getting back into the swing of things easier than I thought it would be. It appears that the one workout I did was enough to keep me from slipping backwards. I'm glad to be back with Monique. She always says the right thing when we are working out to keep me going."

Exams:

"Studying and working out don't . . . get in the way with each other. Working out is only an hour at a time and a few days a week. That still gives me plenty of time to study."

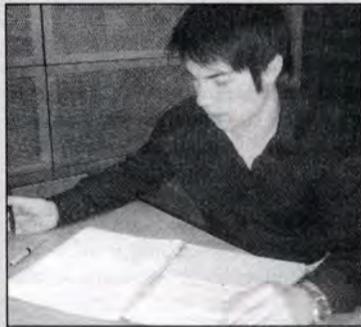


photo by suzan park

Getting results in the gym.

Michael Mitchell

The reading week slump:

"Getting back into the routine was tough. Not having worked out the previous week, and with midterms, I was drained of energy and found it tough. I really regret not working out during the break. After seeing more definition in my arms this week, I'm pumped to continue and get back into it."

Exams:

"I try to get as much (studying) out of the way in time for my work out . . . sometimes I procrastinate. Since Monique is there though, I have a bigger incentive to go and work out."

Juggle to cut midterm stress

Students balance school with love, work and play

Suzan Park
LIFE REPORTER

The stress of balancing school work and a social life can increase as students wait for midterm marks.

"We see burnout after midterms," said Melissa Gallo, coordinator of the academic and student development centre. "Marks drop."

She said students can achieve everything they want academically, while maintaining an active social life as well.

"You need to find that balance," she said.

While Humber students need to make school their priority, Gallo sees many students making it their only priority and not setting aside any time for fun or relaxation.

Gallo advises students to take breaks in between studying, referring to a development theory called Adult Learn Theory, which suggests adults don't have a very long attention span.

Some Humber students feel they cannot juggle both schoolwork and a romantic relationship since a new love interest can interfere with their professional goals.

Andrew Kittmer, a fourth-year industrial design student, has decided to wait to find that special someone.

"I'm not concerned about having a love life right now, I'm waiting until I graduate, get a good job, and move out before something like that becomes a priority," he said.

Going out with friends can relieve tension brought out by schoolwork but some students find it hard to manage.

"I find it difficult when my friends, who are not in school, want to do something every weekend and maybe don't understand or appreciate how much schoolwork I have keeping me on house arrest," Kittmer said.

Adam Gale, a third-year mechanical engineering student, said he has a solid plan for balancing his time.

"I manage my priorities, goals and commitments," he said. "The biggest ease of stress is that (my girlfriend) understands if I have to put in overtime and is really supportive."

The workload from school can

overwhelm the best of students at Humber, and Gale said he feels the pressure to succeed in school.

"I have an insane amount of work to finish in a short time," Gale said. "I usually just bite the bullet and work on everything until I'm done."

Gallo said the key seems to be finding something or someone you're passionate about getting involved in.

"I find the best students are the ones that manage school, a part-time job and going out," she said.

Gallo also recommends students take a hard look at where all their time is going.

"Time can be easily wasted. Learn to plan for empty time slots," she said. "You have to think of your mind, body and spirit."

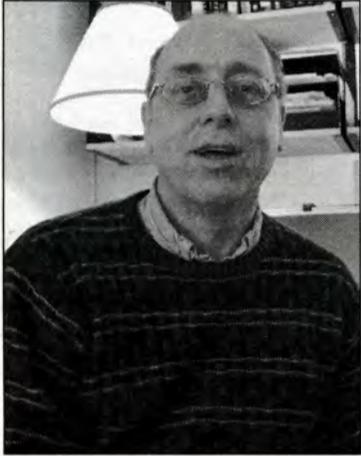


photo by suzan park

Students manage with a lot on their plates around midterms.

Today is International Women's Day. In 1977, the United Nations proclaimed the day to honour 145 women killed in a New York City fire in 1911. — *City of Toronto*

Christians skeptical of tomb of Jesus claims



Jef Catapang
LIFE REPORTER

Chaplain Len Thomas is one member of the college community who had a skeptical response to the claims in a Canadian filmmaker's documentary that the tomb of Jesus has been found and that Christ had a family.

"I know they say they have DNA evidence now," he said. "But whose DNA evidence? How can you really prove it? You have nothing to match it to."

Simcha Jacobovici's documentary, *The Last Tomb of Jesus*, aired Tuesday on Vision TV.

Ossuaries (boxes where bones of

the deceased are kept) originally found in 1980 were marked with the names of Jesus and Mary, and including ones with markings that implicate Jesus had children, are linked together in the film.

"I think it points to the fact that there is a lot of interest in religion."

— Chaplain Len Thomas

But Thomas points out there are numerous variations on the name Mary that appear on one of the ossuaries.

"And they're all fairly common names to begin with. A lot of peo-

ple named their children Jesus."

The film's claims were dismissed as conspiracy theories by a representative from the archdiocese last week.

Dave Campbell, a 3D animation student, who was raised a Christian, said church members who are upset about the film are overreacting.

"I'm not surprised if the church is angry, but I don't think they should be," he said. "It's a big deal to a lot of people."

Sean Krawec, a physiotherapy student, said people interested in the debate presented by the film and by books like *The Da Vinci Code*, are "looking for truth."

"To tell you the truth, man, the church can think what they want," he said.

Thomas said the documentary shouldn't affect the church.

"In fact, I think that the more that people do question things, the more it buttresses the faith the Catholic Church supports," he said.

While he questions the integrity of the film and said he is not going to make an effort to watch it, Thomas sees a bright side to the controversy.

"I think it points to the fact that there is a lot of interest in religion and faith-based matters and maybe that's not such a bad thing."

photo by jef catapang
Humber Chaplain Len Thomas

algoma



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WHISK



Rigatoni
Chef: Andre Costa

Ingredients:

2 red peppers roasted and sliced
2 links of sweet Italian sausage
5 strips of bacon
1 1/2 cups of smoked mozzarella cheese, grated
1 tablespoon of sage
1 tablespoon of chili flakes
1 onion diced
2 cloves of garlic, pressed or diced

Directions:

1. Cook pasta and set aside
2. Brown sausage in pan on medium heat
3. Cook bacon in pan, drain fat
4. Add red peppers, sausage, bacon, sage, chili flakes, onion and garlic to oven safe container
5. Mix in pasta
6. Cover with mozzarella cheese and bake at 450 degrees, until cheese has browned

Prep time: 20 minutes

Cooking time: About 10 minutes

Cost: About \$10

Food safety up to par

Natasha Fall
SENIOR REPORTER

Humber's general manager of food services Don Henriques said food services is planning to have their plastic utensils individually packaged to ensure student safety.

But Henriques said there's nothing to worry about when it comes to food safety at the college.

"We practise food safety procedures from the moment we enter our facilities to begin work, to the time we end our days," said Henriques. "We practise a comprehensive quality assurance program . . . to reduce product risk and associated threat of food born illness and food related injury."

This involves inspecting the food that is shipped to the school for quality and ensuring it is stored at appropriate temperatures as well as preparing the food for purchase following safe food procedures and making sure the food is served at the right temperatures using the approved equipment.

In order to guarantee these procedures are carried out frequently and properly, food services provides staff with food safety education and training, conducts daily self-audits and has continual health inspections by The Toronto Public Health agency.

Henriques added the school has had no health code violations.

Gerry Lawrence, manager of health environment at Toronto

Public Health, said because of the types of customers Humber has and the type of food prepared, the school's food services are inspected three times a year, as well as an additional Hazard Analysis Critical Control Point (HACCP) audit.

The inspection is unannounced and focuses on food temperature control, whether the food is protected from environmental contamination, employee hygiene, maintenance, washrooms, dish-washing standards and pest control.

"If we saw a health hazard in a premises, we would take immediate action to eliminate the health hazard, which could be cleaning and sanitizing, throwing out food, or even as much as closing the premises if we felt the hazard could not be eliminated immediately," Lawrence said.

Shaughn Cameron, a first-year film and television student, said he hasn't seen many problems on campus.

"I suppose garbages could be emptied out more often," he said.

Rachel Bellissimo, a first-year hospitality and management student, had some suggestions.

"Some of them (servers) wipe it (the counter) with a cloth and some of them wipe it with their hand and it's not fully getting clean because a lot of germs get out that way."

FOR THE ATTENTION OF ALL HUMBER STUDENTS

**Notice of Election
for the
Student Representative
to the
Board of Governors
of
Humber College Institute of Technology and Advanced
Learning**

An Election will be held on **Tuesday, April 3 and Wednesday, April 4, 2007** for the position of Student Governor on Humber's Board of Governors.

All students are eligible for nomination.
The term of office for this position is September 1, 2007 through August 31, 2008.

Nomination Packages will be available for pick up and completion from Monday, March 12 through Friday, March 16, and can be signed out from the offices of:

Val Hewson, President's Office, North Campus, Room D 167, North Campus, or
Ian Smith/Annette MacDougall, Principal's Office, Room A 114, Lakeshore
Campus

**THE NOMINATION PERIOD CLOSSES ON
FRIDAY, MARCH 16, 2007, at 3.00 p.m.**

Further information about Humber's Board of Governors can be obtained by contacting Val Hewson, Executive Assistant to the Board of Governors
Phone ext. 4102, or email: val.hewson@humber.ca

NYC Hip-Hop trio the Beastie Boys could have their follow up to 2004's *To The Five Boroughs* done by early summer. — www.aversion.com

Come on in, the water's fine

Alex Green
ENTERTAINMENT REPORTER

Giant Killer Shark: The Musical, a small production created by students from Ryerson University and Humber College, has been picked to perform in London, England for three weeks.

Ashley Carter, a third-year journalism student at Humber, is the stage manager for the production and hopes first time viewers will see the show — for what it's really about — a good laugh.

"It's a spoof, a satire of a really popular movie that everyone can get without naming the characters," said Carter. "Hopefully everyone will think it's funny. It's for that more than anything else."

Sam Sutherland, a 22-year-old radio and television arts student at Ryerson, produced a 14-song soundtrack for a school project and decided to pitch the musical idea to the Fringe Festival in Toronto. After it was accepted, Sutherland realized he needed to write a script around the pre-recorded soundtrack.

Two independent producers who saw the production at the Fringe loved the idea and agreed to take the small budget musical to London.

"It's beneficial for us and our shows in Toronto and Winnipeg because everyone wants to see

something they perceive as being a success," Sutherland said. "People think it's successful because it's moving to London."

The musical will leave for London at the end of May and continue until the end of June.

"I think if we go over to London it will be a great experience in itself," Sutherland said. "But I don't even know what it could lead to. I think the play is weird and small but that's what's so good about it."

Giant Killer Shark is set on a "copyright-protected island" whose characters and plot idea bear a great resemblance to the 1970s cult classic, *Jaws*.

With a cast of five, there are only three actors to deliver the witty and humorous script and songs.

There's Graham Losee, also a Humber student, who plays a grizzled police chief, Sam Sutherland as a hippie oceanographer and Aaron Zorgel as both a crazy captain and the town mayor.

With songs such as *Totally Sexy Nude Swim Party* and *Balls, I'm Dead*, it's clear that they are mocking the Steven Spielberg classic.

With the play running just under an hour, the cast received great reviews after performing a sold-out run at the Fringe last summer. They won Best of the Fringe and got remounted at the Diesel Playhouse in Toronto with a seat-



Shark Attack — a rare appearance of the razor sharp-toothed star with members of the cast. courtesy

ing capacity of 400.

"We did the Brampton Indie Arts Festival this year and it looks like we're going back to Brampton again because it went over so well, which is always great," Carter said.

While creating such a low budget play with \$800, Carter was respon-

sible for finding cheap props.

"We have a cardboard boat and a harpoon gun bought from Toys R Us," Carter said.

If you're wondering what this killer shark might look like, you're just going to have to use your imagination.

"You never see the shark," Carter said. "It's always alluded to and pointed to, but it's never on stage."

You can find *Giant Killer Shark* next at the Over The Top festival in downtown Toronto from May 3 — 5. For ticket info and soundtrack, go to www.giantkillershark.com.

Giving birth to scoundrels

Adrienne Huen
ENTERTAINMENT REPORTER

The Born Ruffians may seem like your average sensitive indie punk rock band, but for this Toronto-based trio nothing could be further from the truth.

"I like to think of ourselves as being pop music, with a bit of folk too," said former Guelph-Humber student and drummer Steve Hamelin. "We're definitely not punky-dance as some people have said, that's just not what we intended with our music."

For Hamelin and fellow band members Luke LaLonde (singer) and Mitch DeRosier (bass), their four years together paid off early in 2006 when British based label XL Recordings and U.S. label Warp Records signed the group simultaneously.

"We just didn't find out in one instant," Hamelin said, who attended the Guelph-Humber journalism program for two years before leaving to pursue a career in music. "It kind of built up. They came to see us play, we talked and then we worked out the contracts. It's everything we wanted and we're really happy, but it

wasn't a slap in the face or anything. It was kind of underwhelming actually."

Following the release of the band's six-track, self-titled debut album in October, the group of high school friends received praise from critics and fans around the world.

"It's really flattering, we really didn't expect it," Hamelin said. "I mean there have been some bad reviews as well, but most people generally like what they hear and that makes us happy."

The group, whose members are in their early 20s, said their rapid success last year was unforeseen, but they were not surprised having accomplished so much at a young age.

"There are a lot of bands younger

than us who have accomplished a lot more," Hamelin said. "We still have a long way to go though, but it's reassuring because if we screw up at least we still have a lot of years to improve and get better."

The band was voted number 11 in the *iheartmusic.com* top 40 bands of 2006 by music writers, bloggers and radio hosts across Canada. They beat out established Canadian music stars Arcade Fire.

The Born Ruffians have just finished touring in the United States and will resume performing live shows again in March, making their first stop in Ontario at the Horseshoe Tavern in Toronto on March 22. After that they're off to Ottawa, Guelph, Hamilton and London. Following that the band will possibly begin their first tour of Europe at London's Camden Crawl in April while recording their full-length album.

"So many bands say you won't know what to expect on their upcoming albums," Hamelin said. "But the truth is...we're the same three guys. I think we've taken ourselves more seriously on this album and we're more concerned about the melody than just playing anything."



courtesy

a hipster's guide to the weekend



courtesy

Prepare for Glory and Watch 300:

After a drought of entertaining flicks in recent weeks, the film adaptation of Frank Miller's graphic novel, *300* hits theatres this Friday. The film, directed by Zack Snyder is about the Battle Of Thermopylae in 480 B.C. It focuses on the glorious stand the Greeks made against the invading Persian army. Outnumbered tens of thousands to 300, the Greeks managed to significantly cut

down Persian forces, led by Xerxes. The battle remains one of the best examples of valor and honour in historic record, proving that sacrifice and will to fight despite insurmountable odds can alter the course of the future. The film, starring Gerard Butler, Lena Headey and Dominic West was shot entirely on green screen, à la *Sin City* and early screenings have given it nothing but the highest praise. Using personification and powerful imagery, *300* promises to be one of the most intense and memorable films of

the year. Add that to the film's release in IMAX theatres and you have the perfect movie experience this weekend.



MTV News recent discussion with The Postal Service's Jimmy Tamborello shows the band has six tracks recorded for the new album. - www.punknews.org



photo by valerie maloney

Winner of the month, Subconscious Mind (left to right) Keyboard player Taylor Stevenson, drummer Josh Dawson, and guitarist Eddie Ruitter. Singer Tessi Finelli is absent.

The final fight

CAPS to hold championship for battle of the bands

Valerie Maloney
NEWS REPORTER

The finale of the Battle of the Bands is this Tuesday at CAPS, showcasing six of the finest bands.

There have been bands competing monthly since September for a spot in the final show. The winning band will go home with \$750 and earns a spot at the regional competition, said Rishi Gupta, programming co-ordinator for the Humber Students' Federation.

"It's a great opportunity for them," Gupta said. "For bands that practice in their garages or basements, it gives them an audience and a chance to get exposure."

The band that wins at the regional level goes on to play at

the Organization of Campus Activities Conference in Niagara Falls, Ont., this summer. It's a chance to play for student governments from across Canada and music agents who will be in attendance, Gupta said.

The last band to be added to

"I am proud of Subconscious Mind though, I thought they deserved to win."

- Rishi Gupta
HSF programming co-ordinator

the finale roster is Subconscious Mind, which won the competition at Lakeshore's Campus on Feb. 26.

All bands entered in the battle must have one full-time

Humber student, and for Subconscious Mind that is Eddie Ruitter, 19, studying in the bachelor of contemporary music program.

"It was the toughest decision yet," Gupta said of deciding the winner in the last competition. "I am proud of Subconscious Mind though, I thought they deserved to win."

Ruitter said he was surprised, and caught off guard, when he learned his band had won.

"We didn't expect to win," he said. "We just wanted to play."

The finale is at 9 p.m. on Tuesday and will feature The Drop Dead Pin-ups, Avenue Road, Lacerda and Jack D and the Non-Alcoholics from North and the Knockouts and Subconscious Mind from Lakeshore.

Back in the UK

Jeremy Dickson
ENTERTAINMENT REPORTER

The British Isles Show Canada at Exhibition Place last weekend put out the welcome mat for anglophiles and at least one Humber College student.

"I do miss home," said first-year package design student, James Laugh, 23, who moved to Canada from England seven years ago. "It's awesome. The British Isles Show

brings in food and stars from *Coronation Street*."

Besides actors from Britain's longest-running TV soap opera, which also is a favourite of

Canadian viewers, the 15th annual event featured about 100 booths promoting all things British: from travel destinations and cars, to fudge and other treats.

There was also a Prince William look-alike, pipe bands and Welsh,

Scottish and Irish dancers. "People come from all over for the singing, food and dancing, but mainly they come for the stars of *Coronation Street*," event co-ordinator, Eileen Morris said.

This year's show expected to attract up to 40,000 people, including visitors from as far away as Wales and Vancouver.

"Our show has helped more people become aware of U.K. culture in the Greater Toronto Area," said

"Our show has helped more people become aware of U.K. culture in the Greater Toronto Area."

- Brian Martin
Event Promoter

promoter, Brian Martin, who pioneered the event in 1992.

Canadians of British ancestry remain the country's largest immigrant group,

though their numbers have steadily declined over the past 40 years.

About 700 international students are at Humber this year, but only seven of them are from Britain, said Amanda Koski, director of Humber's International Centre.



photo by jeremy dickson

Matthew Turpin, a Prince William look-a-like, with fans.

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Captain America has finally met his end at the hands of a sniper who shot the super hero dead in his latest comic book. Resurrection pending? —www.news.yahoo.com



The upcoming third annual *Races* comedy show is guaranteed to deliver the laughs that past audiences have enjoyed.

The raciest stand-up comedy show returns

Anastasiya Jogal
ENTERTAINMENT REPORTER

The Most Races Show on Earth is an annual sold-out comedy show that features a number of comedians of various race.

It was created by Humber graduate Neil Bansil, who partnered with Ryan Jones and both of them have been running it for the last two years.

Originally, Bansil wanted Jones to take care of public relations for the show, and the partnership grew from there.

"I thought it was very clever, the name catches your attention," said Jones.

"Comedy is a window into other people's culture and it's a really fun show," Bansil said.

The idea for the comedy show came to him during his one year stay at Humber College, while he completed the post graduate certificate program, comedy writing and performance.

"All different types of cultures can stick together to watch all the other cultures on stage," Bansil said. "People can see different points of view and understand other cultures."

"It is 120 per cent funny," Bansil said, who is a stand up comedian himself.

"I want their stomachs to hurt from laughing so much," Bansil said.

Bansil, originally from the Philippines, said, "whatever the culture is on stage (the audience) are laughing at the same things."

Bansil said everyone experiences the same life situations no matter what their race or culture. He plans on taking the show across Canada.

"Some areas are not exposed to this," Bansil said.

The Most Races Show on Earth, which used to be called *The Most Racist Show on Earth*, includes a number of well-known comedians including Tom Tran and Sugar Sammy, as well as a live band called Avenue Road.

Sammy is flying in from England to perform in the show and leaving to perform in Germany shortly after.

All the comedians were hand-picked by Bansil and Jones, many through connections, and some discovered after watching hundreds of DVDs.

The show will take place on March 21, 2007 at the Panasonic Theatre at 651 Yonge Street.

A portion from each ticket sold will go to the Canadian Anti-Racism Education and Research Society.



Show creator Neil Bansil began *Races* two years ago.



Comedian Quinn Martin performs on stage to laughs.

in review

Falling in love is like child's play

Natasha Fall
SENIOR REPORTER

Factor Fiction is back for another round with its second album to be released on May 28.

The catchy beats, soft sexy voices of lead singer, David Ward and bassist, Markus Walker bring an interesting sound. Couple that with great instruments and odd lyrical references like comparing love to the childhood game of Snakes and Ladders and it's a unique listening experience.

The music brings to mind early Weezer fronted by a less intense Robert Plant. The music is solid, however the bass lines by Walker are a little lacking in creativity. They could be explosive if given the opportunity. The bass seems to follow the guitar a little too much, not helping the problem of excessive repetition in lyrics and riffs. The band could work on putting more lyrics into its songs to fill that emptiness.

Vocals are mostly good, Ward is very pronounced and clear, but when it comes to high notes, there is work to be done in vocal training to learn how to carry the note better and make the background flow flawlessly with the lead.

The songs have different, but upbeat tones to all of them. *Us against Them* is more soft rock, where as *Left Handed Sue*, seems to try to sound a little like Sloan meets the Beatles, however off tune in bits. Snakes and Ladders is kind of a tease in the intro, making you think you're going to get something completely different from them, almost dark.

The music brings to mind early Weezer fronted by a less intense Robert Plant.

I enjoyed the surprise voice of Walker in Snakes and ladders, he and Ward have a unique sound together. It would be a nice treat to have more of Walker in new songs yet to be released, maybe some solo ones of him. He has a very sexy, bluesy, jazzy sound which really mixes things up for this band.

It wouldn't hurt to bring a few more instruments into some songs. I liked the hint of a keyboard in Snakes and Ladders and thought it would have been beneficial if it was more prominent.

Working hard at improvements, the band said they hope their audience will love the songs on the new album as much they do.

The band's debut album got a lot of attention appearing on CityTV's Breakfast Television, Sun TV, CBC Radio in Vancouver, CJFX Radio in Nova Scotia and CKMS Radio in Waterloo. Factor Fiction also performs regularly at 102.1 The Edge "Steamwhistle Indie Club" in Toronto.

They said they are hoping for even more success this time around with the use of state of the art equipment and the influences of producer and experienced rocker Greg Godovitz and established engineer Norm Barker.

Band members said they feel they have grown together as a more "well-oiled machine" and have changed sonically and technologically on this album, according to guitar player, Stuart Patterson.

So give them a listen; you might like what you hear, and if you do, check out www.factorfiction.ca. Their CDs can also be ordered exclusively in HMV stores or online at www.amazon.ca or www.sametherecordman.com.

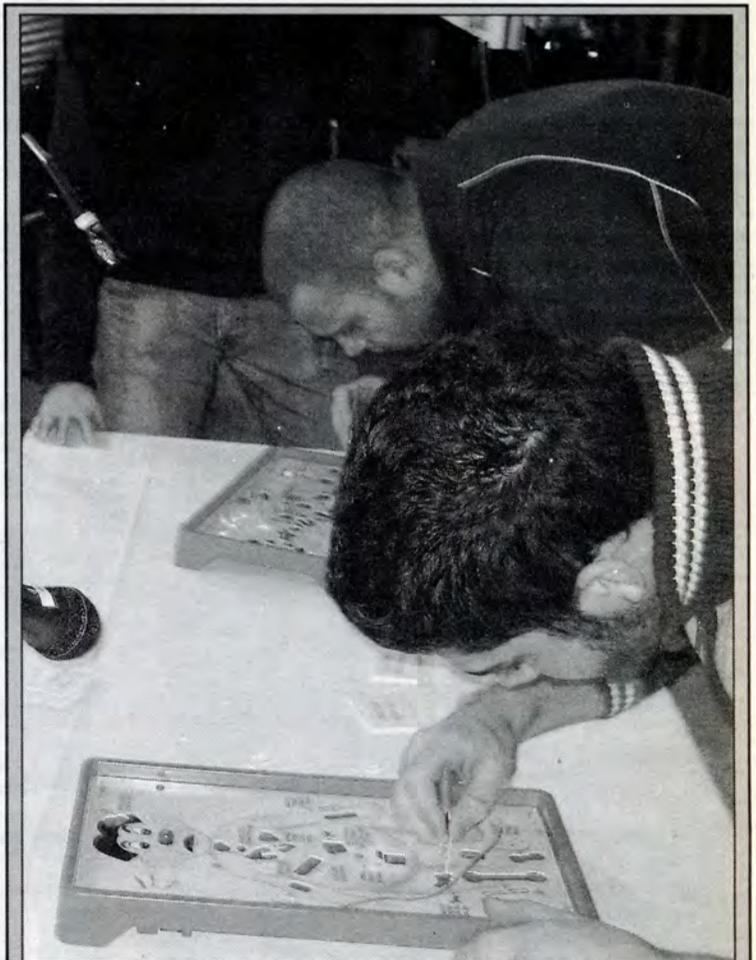


photo by anastasiya jogal

Players tested their nerves and patience with the classic game *Operation* in a tournament in the Students Centre on March 6, 2007. The Milton Bradley game has been in production since 1965, when it was created by John Spinello.



"It's ice with boards around it. The difference is the fans are on our side here and on somebody else's side on the road." – Darcy Tucker on the Leafs home woes



photo by al fournier

Hawks forward Jadway Hemmings was named player of the game against Niagara in the quarter-finals, scoring 19 points.

Hoopsters get bronzed

James Sturgeon
SPORTS REPORTER

Emotions were mixed after Humber's men's basketball team beat the Algonquin Thunder 62-52 to capture the bronze medal at this year's OCAA Final Eight provincial championships at Durham College in Oshawa last weekend.

Humber assistant coach Chris Cheng said the staff and team were "a little disappointed" with coming in third.

"We didn't accomplish the goal we wanted to accomplish," Cheng said.

"We came up short," said second-year guard Kerlon Cadougan. "But it's all right, that's how it is."

Head coach Darrell Glenn said nerves played a factor in how the Hawks finished. A combination of inexperience and the pressure of being two-time defending champions made the team a bit jittery.

"It was a lot for some of our guys to carry," he said. "For many of them it was their first time being in this experience, and with being asked as much as we (the coaches) were asking for from this young team."

It was a promising start to the weekend on Thursday, as the Hawks defeated the Niagara Knights 85-69 in the quarterfinals.

Hawk's second-year guard and player of the game Jadway Hemmings had a monstrous outing, scoring 19 points, grabbing 13 rebounds and dishing out 4 assists.

"He stepped up and showed why he's our best all-around player," Glenn said.

Four other Humber players also scored in double figures. Guards

Mackenzie Milmine and Kerlon Cadougan netted 17 and 11 points respectively, while forward Chris Thompson scored 11 points while pulling down 8 boards.

Backup guard Jonathan Tyndale's 12-point effort rounded out a Humber offence that Niagara simply couldn't keep pace with.

"I'm that guy that's supposed to come off the bench and just spark it," Tyndale said. "I took it upon myself to get it going so the guys can feed off that energy."

The Hawks faced a tougher opponent in the semifinals on Friday night, the fifth-ranked St. Lawrence Vikings.

"We didn't accomplish the goal we wanted to accomplish."

-Chris Cheng
men's basketball assistant coach

Humber lost a close contest 72-68 on a night where they got to the line only 10 times while allowing the Vikings to score 21 points on free-throws.

"We were tight," Glenn said. "That's the way we were the night before and we never really shook that. I remember Chris (Thompson) saying to me after the first game that he was nervous the whole game – that's a little unusual."

"We should have won that game," Cadougan said. "We were too amped up against those guys."

Hemmings was outstanding again, scoring 18 points, while registering nine boards and five assists. Thompson added 12 points and nine rebounds, while Milmine scored 15.

It wasn't enough though, as St.

Lawrence's top three scorers of Milton Holness, Mathicu Riendeau and Jonathan Braun combined for 56 points.

"We got out-hustled," Glenn said. "I would have rather lost knowing we had played our best game. I don't think they played the Humber team that (we've) been all year."

The loss meant Humber would have to settle for a bronze medal match-up against Algonquin on Saturday.

"This game is always hard to play, because you really have the mindset toward one goal," Cheng said. "But we stayed positive."

Humber came out strong in the contest, taking a 29-28 lead into the second half, and didn't relinquish the lead the rest of the way.

Thompson and Cadougan led Humber's offence with 14 points apiece, with Hemmings contributing 11 points, six boards and five assists in another solid effort.

"Overall it was a good season because our guys got exposed to not always winning all the time," Cheng added. "It will hopefully give them some motivation this summer."

Glenn said that with so many returning players next year a lack of experience wouldn't be an issue.

"This core of guys now have some great experience," he said. "If we can add a couple more key pieces and still have this core who will be in their third year next year, I'm really excited about where we'll be."

The focus for Humber's players now will be final exams more than free throws.

"I've got a test to worry about now," Cadougan said.

Heartbreaker for women's team

Sarah Miller drops 11 points but last second shot rims out

Josh Gold-Smith
SPORTS REPORTER

The Humber Hawks women's basketball team ended its season with a heart-breaking 50-47 loss to the Algoma Thunderbirds in the quarter-finals of the OCAA playoffs last Thursday.

Guard Sarah Miller had a chance to tie the contest with a three-pointer in the final moments after Hawks head coach Denise Perrier called a timeout with 12.6 seconds remaining, but the shot rimmed out.

"We executed a play for Sarah that we had never done before," Perrier said. "We got the look, so we're not hanging our heads."

Miller did not start the game but ignited the Hawks offence, tallying 11 points as a substitute and helping Humber jump out to a 28-20 half-time lead.

"Coming off the bench I thought, this

is my time to do what I can do to help my team succeed," she said. "You just have to step up and take that role."

The Hawks gave perhaps their best defensive effort of the season, limiting OCAA Player of the Year Danielle D'Etorre to just 13 points, half her league-leading average.

"We did a great job on her," Perrier said. "We looked to double-down on her and help out."

After the break Algoma responded by outscoring Humber 30-19, holding the Hawks to just 26 per cent shooting from the field in the second half.

The two clubs did not meet in the regular season so the Hawks focused on preparing themselves rather than worrying about their opponent.

"I wasn't stressing out about them, it was about us," Perrier said.

Humber compiled a 9-7 record during the regular season while Algoma finished with a record of 9-3. The

Thunderbirds advanced to the championship game but were defeated by the Seneca Sting. The Sting claimed its second title in as many years and completed an undefeated season.

Only three members of Humber's roster had ever played in the OCAA tournament: power forward Kristina Harse, point guard Felon Harris and centre Monique Faulknor.

"I told them to think about where we were in September," Perrier said. "We've done just a tremendous job."

Algoma received a bye to the championship round by finishing in a first-place tie with Sheridan in the West Division, while Humber defeated Niagara 63-51 to advance to the provincial tournament.

Despite the loss, Perrier said Humber will build on the experience and look ahead.

"Maybe our season ends here," she said, "but next season starts right now."

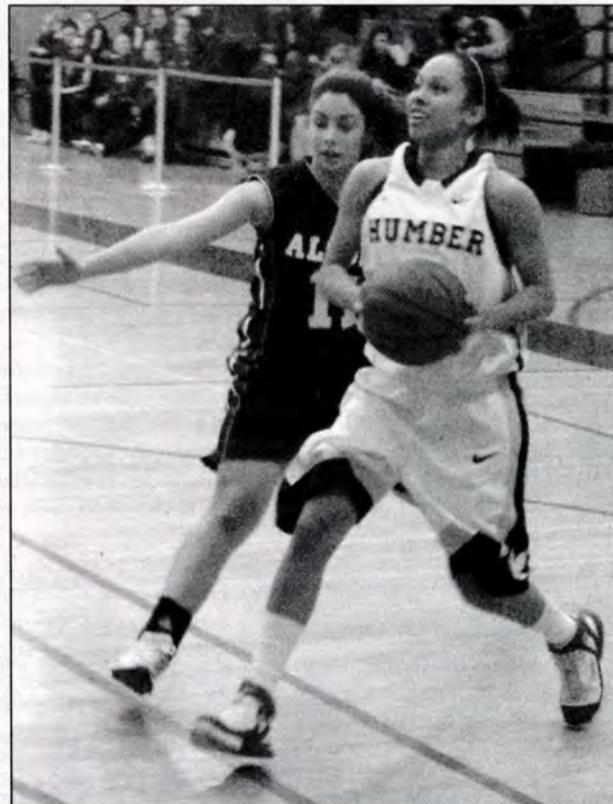


photo by josh gold-smith

Algoma's three point victory over Humber in the quarter-finals sent Humber home without a medal.

SPORTS

"Champions aren't made in the gyms. Champions are made from something they have deep inside them – a desire, a dream, a vision." – Muhammad Ali

Soccer squads go provincial

Brigid Aiken
SPORTS REPORTER

Both the Humber men's and women's indoor soccer teams will be going to the OCAA Championship later this month after advancing from the regionals last Monday.

The squads faced off against Confederation, Mohawk, Georgian and Sheridan in the tournament that went anything but smoothly for the Hawks.

"It was a roller-coaster ride," said women's head coach Mauro Ongaro. "I'm glad that in the end it worked out."

Both teams started out with some troubles. The women lost their first game to Sheridan 3-2 while the men struggled to play as a team tying Confederation 1-1.

Heather Longland, who briefly played on the outdoor team last semester, replaced injured goalkeeper Emily Curcuruto for the first two games before Jessica Fletcher took over.

Things began to pick up for the Hawks in their second games as the men defeated Mohawk 3-0 and the women took down Georgian 4-0.

But problems resurfaced for the women near the end of the match when a brawl broke out, which saw top players Joanna Alexopoulos and

Melissa Migliazza served with red cards and ejected from the tournament.

"It was immature but they have to protect each other," Ongaro said of the incident.

The women were victorious in their next match against Mohawk 2-0 but could only pull off a 2-2 tie against the underdog Confederation team, despite controlling the majority of the play.

The men went on to beat Georgian 4-0 but came up short against Sheridan, losing 3-0 in the final.

"As a team we're not playing together," said forward Rob Narvaez. "We have to stop blaming each other (for losses)."

"Right about now they're in a deep coma," said men's assistant coach Cesare Tripodo. "The team has not learned how to take control. It's fine to say that you can win, but when it comes down to the moment of adversity, they don't know how to turn it around."

Both the Sheridan men and women will also advance to the provincial championships.

"We call this division the group of death," said Sheridan's women's coach Paul Angelini. "Because of the competition, there is always a strong team (going) home."

The men's and women's provincials take place March 22-23 at the OSA Soccer Centre in Vaughn.



photo by brigid aiken

A Hawks player rang this shot off the post. The ball was then redirected past Mohawk's goalie by Patricia Lostrangio's face for the goal.

CRUNCH TIME

The Seneca Sting, Fleming Knights and Algonquin Thunder all won gold last weekend at the 2007 OCAA Curling Championships.

Seneca defended its men's championship by putting up a perfect 5-0 record. Mohawk won silver and Algoma finished with bronze.

After settling for silver two years in a row, the Knights took home their first-ever curling gold with the women going 4-0. Algoma took silver and host Mohawk, bronze.

Algonquin went 5-0 to take home top honours in the mixed division. Fleming claimed silver while the St. Clair Saints won bronze.

— Terry Bridge

Following the OCAA Men's Basketball Championships, team all-stars, which included five Hawks. Kerlon Cadougan was named to the first team, while Mackenzie Milmine, Jadwey Hemmings and Chris Thompson were chosen for the second team.

Felon Harris, who averaged 10.5 points in 16 games this season was named a second team all-star on the women's side.

Men's coach Darrell Glenn was also honoured, being named Coach of the Year.

— Rui Gomes

Hunter leaves impression

Radmila Malobabic
SPORTS REPORTER

Volleyball was destiny for Hawks star Cheri Hunter. She started playing in Grade 4 in Iona Station, Ont. but was cut because she was too small. After a year of determined practice, she was asked to play for the team.

"Altogether, I've played for 12 years, but competitively for 10," she said, adding she picked volleyball because "it's challenging but you can always improve. It's fun and can get very intense."

Hunter, has been on Humber's varsity volleyball team for two years. The team won gold at the Ontario championships last year, then placed fourth in the nationals.

"Everyone loves the feeling of winning. It was amazing. No. 1 in Ontario felt awesome, but fourth in Canada felt even better. We definitely deserved it after all the hard work we had put in all season long."

Hunter graduates in April from Humber's occupational therapist assistant and physiotherapist assistant program. "I wish to eventually work in a hospital of some kind, whether it is rehabilitation, acute care or anything ... in the physio assistant role."

After school, she plans on moving back home to London, getting into her field of work and saving money so she can move out.

If that doesn't pan out, "I would love to head out west for a year or two to work, make some money and eventually come back to London."

"The proudest (moment) was probably last year, since I was a rookie and didn't play too often. It was finally my turn to get in there and I played really well."

Her coach Chris Wilkins said Hunter is a team player and a big part of the team's provincial championship last season.

Cheri Hunter

Age: 21 Year: 3

Height: 5'8"

Position: Left Side

2006-07 Statistics:

45 GP, 113 Pts, 6 Blocks,
16 Aces, 91 Kills

She will be missed for her "personality and consistency," Wilkins said. "Whenever there was a time, a game or during that time of the season when you needed someone to just say the right thing at the right time, she was always that person."

Hunter names her strengths as teamwork, communication, hard work and encouragement to others. "I have a positive attitude. I don't get myself down – at least I never show it or let it last long. I never get down on others."

The past two years have not been easy for Hunter, moving away

from home, keeping a social life and playing full-time volleyball while maintaining an honours standing.

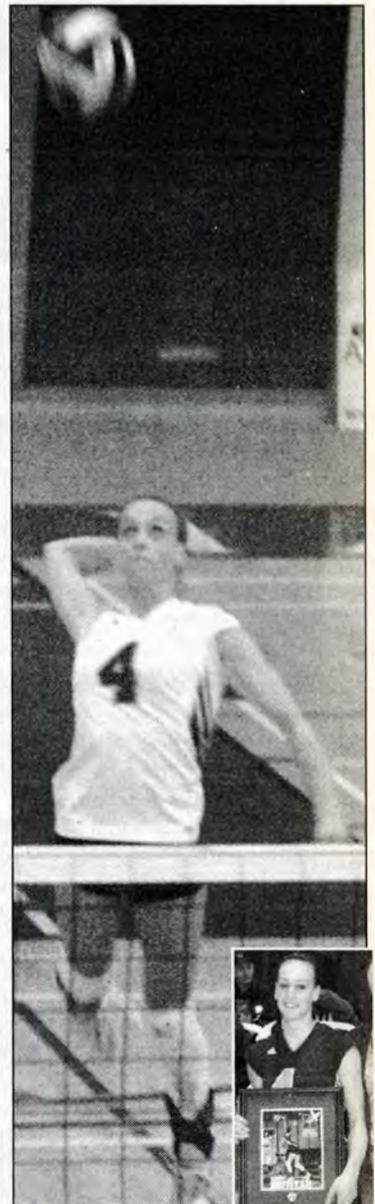
In doing so, Hunter said she doesn't have much free time. When she does, she spends it with family, friends, her boyfriend and she enjoys going four-wheeling, "anything outside on the farm, plant beans and such."

The confidence gained from volleyball has given her strength in personal developments as well. "Leadership skills, which are a big asset in my career, as well as team work. It has made me realize the importance of commitment, dedication – and giving 90 per cent won't get you anywhere you want to be. Give it all 110 per cent, you will get there."

As for her future in volleyball, she won't be giving it up any time soon. "When you love it this much, you will do anything to keep playing. I can't live without it at this point. I plan on joining a co-ed or all-ladies team."

From all her years playing with the Hawks and attending Humber College, Hunter will cherish her friendships the most.

"Developing the hardworking, positive attitude I have; it is something that will help me all through life whether it is in sports, my career or anything else I want to accomplish; although the list of things that playing volleyball has done for me is endless."



photos by radmila malobabic & tania garshowitz
Cheri Hunter in game action.



"He had one rebound? Wow! ... Well, we were making shots. It's hard to get rebounds when you're making shots." – Wizards star Gilbert Arenas on Chris Bosh

Athletes set sail on scholarships

Jesse Kinos-Goodin
SPORTS REPORTER

The dilemma of keeping top athletes in Ontario schools is not lost on Melissa Migliazza and Joanna Alexopulos.

While Migliazza is packing her bags to leave Humber and play soccer in the United States, Alexopulos is back with the Hawks after a year south of the border.

Alexopulos played soccer for Memphis state on a full scholarship and although she admits the caliber of play was more intense, she still prefers to play and study in Ontario.

"If I could've gotten a scholarship in Ontario, I wouldn't have left in the first place," she said. "At Humber, the competition isn't as hard, but I don't think I've ever had as much fun. And in the States soccer comes first, school second."

Migliazza, leading scorer in the OCAA West Division, was in Louisiana last weekend meeting her new team.

"You get everything paid for and you get to put on a resume that you went to school in Louisiana," she said. "I love the girls on the Humber team, but I'll definitely be going."

Chris Wilkins, women's volleyball coach, is too familiar with athletes leaving for big scholarships. "It's the prestige of saying 'I have a scholarship,' so I see it a lot," he

said.

Doug Fox, Humber's athletic director, agrees there is a problem.

"Ontario has fallen behind," he said. "Out of 30 colleges, 15 don't have scholarships. We're far behind Alberta."

Currently, OCAA regulations allow Ontario colleges to award their athletes with \$500 per semester during their first-year of study for a maximum of \$1,000. Second-year it is increased to a maximum of \$1,200, third-year to \$1,500 and fourth to \$2,000.

Humber spends \$25,000 per year on scholarships, all of which comes from fundraising, Fox said. That works out to be \$500 per semester for 25 student athletes, no matter what year they're in.

Also, every Humber student pays approximately \$45 per semester in athletic fees with their tuition and

"We've gone down to tournaments in the States and been undefeated ... They stopped inviting us back."

– Chris Wilkins, women's volleyball coach

all of this money is allocated to sports programming.

"As I get a fee increase we'll put more money into scholarships," Fox said. "But right now they are \$500 per semester. I don't want to take the money out of programming and put it behind to deal with scholarships. It's more important to keep up with tournaments."



photo by jesse kinos-goodin

Hawks players Melissa Migliazza (left) and Joanna Alexopulos (right) cross passes on the indoor soccer pitch, but their decisions have them going in opposite directions.

Five hundred dollars may sound like a lot but pales in comparison to Alberta's Jimmy Condon scholarship, a \$3.1-million program that awards all student athletes with at least a 65 per cent average \$1,800 a year.

The cash comes from the Alberta

Blair Webster, OCAA executive director. "Is the competitiveness being diminished because we don't offer full scholarships? I don't think so."

Wilkins offers a different point of view.

"We've gone down to tournaments in the States and been undefeated," he said. "They stopped inviting us back. However, we've been really lucky with (women's) volleyball. We'll drive across Ontario just to play a team that doesn't stand a chance. There's no competition, so neither team improves that way."

Lack of scholarship money also makes it tough to recruit young talent.

"You go to OFSAA (Ontario high school provincial championships) and there's recruiters from Alberta, Syracuse, Ohio, everywhere, offering big scholarships,"

Wilkins said. "There's nobody recruiting from Ontario."

One solution is an American style league.

"We would like for it to go to a division system," Fox said. "You would have a Division-I and Division-II. The top group would have unlimited scholarships and play each other. The way it is now, we have to save scholarships for impact players."

"I'm fully behind a D-I, D-II system," Wilkins said. "In Ontario the best athletes aren't relegated to one division so there is no concentration of talent."

But with players like Alexopulos choosing Ontario over the big scholarship, perhaps there is still hope for a system that stresses enjoyment over competition and academic excellence over athletic prowess. Although, a little more cash never hurt anyone.

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Proposal to bring hockey back

Simon Yau
SPORTS REPORTER

Hockey could return as an OCAA tournament sport as early as the 2009 season.

Although the competition may not be of the same calibre as the past, assistant athletic director Jim Bialek has exhausted all other options to bring the game back to Humber in a meaningful capacity.

"There is no other compromise," Bialek said. "Hockey will not come back at the provincial level unless it is done under this basis."

Humber currently has both men's and women's club teams that play in extramural tournaments during fall and winter – the last remnants of the school's collegiate hockey dynasty.

Scotty Nicholls played centre for the Hawks during their Championship run in 2004, the final year that ice hockey was a varsity sport.

"Not enough teams could afford it," Nicholls said, explaining why the OCAA disbanded its hockey league after that season.

For many schools, the costs of renting ice time for practices and travelling for road games eventual-

ly became too expensive.

"It's mostly just for fun," Nicholls said of the men's club team, but concedes that "the level of competition is much less."

Nicholls added while the cost of operating a recreational team is cheaper for colleges, "personally it's a little bit more expensive for me because when it was a varsity sport, everything (referring to equipment costs, trainers, etc.) was covered."

In the past, Humber's OCAA hockey program regularly played 16-game seasons as well as exhibition matches at major American Division-I schools such as Michigan State.

Moreover, the team usually held three to four on-ice practices a week with rink rental fees approaching \$100 an hour.

"In the varsity days, you were probably looking at between \$70,000 to \$90,000 to run a men's program," Bialek said. "If we went to a tournament sport ... we'd probably be in the neighborhood of \$20,000 to \$25,000 for each team."

In the new tournament format, teams would play only a handful of single-day tournaments a year,



photo by simon yau

Humber hockey participates in an extramural tournament while practicing once a week. The games would likely be non-contact.

Bialek, as well as fellow athletic directors from other Ontario colleges, will present their proposal to the OCAA in May concerning the future of the hockey in the province.

"It may not be a national tournament sport," Bialek said, "but it still is a sport that is identified with Canada. To have it alive in our colleges is paramount."



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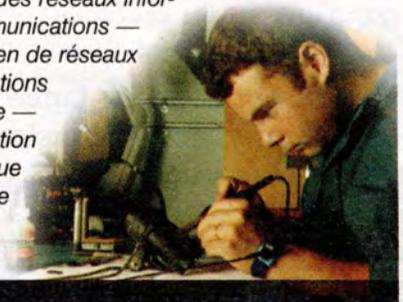
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