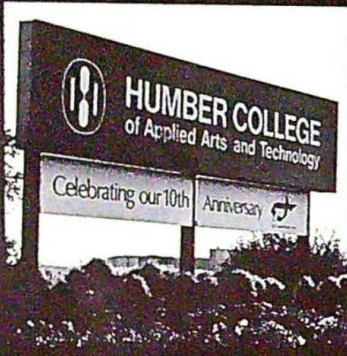


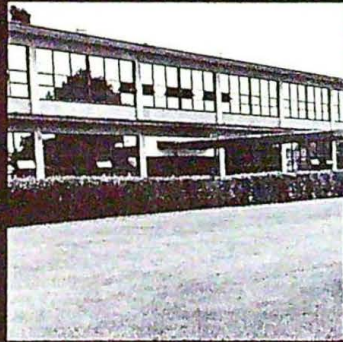
HUMBER HAPPENINGS

York-Eglinton Centre North Campus
 Keeleisdale Campus Osler Campus
 Lakeshore I Campus Queensland Campus
 Lakeshore II Campus Quo Vadis Campus
 Lakeshore III Campus Neighborhood Learning Centres

Office of College Relations Summer 1977
 Humber College of Applied Arts & Technology



10th ANNIVERSARY YEAR



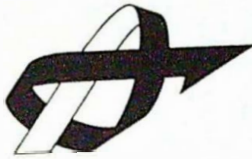
NEIGHBOURHOOD LEARNING CENTRES



Volume 4 Number 2

Humber College

HUMBER HAPPENINGS



10th ANNIVERSARY YEAR

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 Office of College Relations Summer 1977
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Humber Happenings is intended for faculty, staff, students and others interested in the College. All contributions should be submitted through Divisional Contributing Reporters to the Director of College Relations no later than the 11th day of the month preceding publication date.

3 What's Happening in Divisions

5 Staff Speak Out!

6 Profile - Frank Franklin

10-11 Humber's 10 Year People

14 Perspectives in Education

Humber Happenings is published five times per year - February, April, June, September and December - by the Office of College Relations, Humber College of Applied Arts & Technology, P.O. Box 1900, Rexdale, Ontario M9W 5L7. Contents may be reprinted without permission.

PHOTOS ON FRONT COVER

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16

The front cover of Humber Happenings is made up of photos of the 10 campuses of Humber College of Applied Arts and Technology.

The description of the photos are as follows: Exterior of North Campus as seen from Hwy. 27 (1 and 2); exterior of Osler Campus (3); exterior of Lakeshore 3 Campus (4); exterior of Lakeshore 1 Campus (6 and 7); Indian clay sculpture made by Creative Arts students at North Campus (8); Humber Transportation Centre (9); exterior of Quo Vadis Campus (10); exterior of North Campus (11); student competing at Humber Equine Centre (12); exterior of Lakeshore 2 Campus (13); exterior of Queensland Campus (14); the logo of Humber Neighbourhood Learning Centres (15); and the exterior of the Keeleisdale Campus (16).

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Conferences and Seminars	Paul Halliday
Creative Arts	Jean Cumming
Equine Centre	Elizabeth Ashton
Health Sciences	Greg McQueen
Human Studies	Mary Harrington
Lakeshore I	Gus King
Lakeshore II	Al Picard
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Quo Vadis	Peg Thompson
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Radio Broadcasting Award winners are congratulated by Jackie Roberts, Principal of Humber's North Campus.

RADIO BROADCASTING AWARDS

Students in the Radio Broadcasting Program at Humber were honored recently at a special awards ceremony.

Wayne LeBlanc of Etobicoke received the \$100.00 Radio Rogers CFTR Award as the top all-round graduating student and Robert Komsic of West Hill was selected as winner of the Gordon Sinclair News Award as the top news prospect in any class. He received \$100.00 from CFRB Radio.

The Mentors, who are a group of women in broadcasting who act as volunteer "big sisters" to first year female students providing them with guidance and counselling, presented a \$50.00 award to the top first year female student.

The Mentors group includes Dory Trowell, Copy Director of CHUM Radio; Betty Scott, Copy Director of CHFI Radio; Sheila Conner, Music Director of CKFM Radio; and Judy Casselman, Music Director of CKEY Radio.

Phil Stone, Co-ordinator of the Radio Broadcasting program, said 13 awards were presented to students by various members of Humber's Radio Advisory Committee.

Awards were also donated by Douglas Communications Incorporated, CHIN Radio, CFGM Radio, CKEY Radio, CHFI Radio Rogers, Canada Programming Services and the Humber College 10th Anniversary Committee.

HUMBER STUDENT JOINS CHUM RADIO STAFF

Barbara Willis, an award winning student in Humber's Radio Broadcasting Program, has joined the full-time staff at CHUM, one of Toronto's top radio stations.

Miss Willis, who is from Etobicoke, recently completed her second of a three year Radio Broadcasting Program and has chosen to accept the position rather than return to complete her final year. She has won awards as the top student in her course of study in each of the two years at Humber.

She will be involved in reporting, announcing and administration for CHUM-FM's popular "In Toronto" program which has the largest audience in Canada during the 1:30 p.m. to 2:30 p.m. time period.

DID YOU KNOW ?

. . . Bill Allen of the Human Studies Division recently lectured on Communication-Leadership Training for the Handicapped - through the March of Dimes in May. Also that month, he made a presentation on "The Structured Experience - A Teaching Technique" at the Greater Metro Colleges Conference. In June, Allen spoke on the topic, "How Does Human Relations Help" to a career development group with employees of the Government of Ontario . . .

MUSIC INDUSTRY DONATES AWARDS

Seven students in the Music Program at Humber are recipients of 1977 awards for high academic standing.

Joey Berkley of Etobicoke won the Ray Smith Memorial Award donated by Yamaha. Alexander Ilich of Toronto received the Gurney Titmarsh Memorial Award donated by the Toronto Musicians Association. Graham Howes of Toronto won an award as the student contributing most to the program; Louis Pomanti of Toronto received the Duke Ellington Memorial Award. Each award was in the amount of \$232.50 to cover the cost of tuition for one semester.

Three other students - Nancy Walker of Oakville, David McIsaac of Hamilton and Deborah Chamberlin of Little Britain, Ontario - were each awarded \$100.00 for high academic standing.

ANOTHER HUMBER MUSIC GROUP STANDS OUT

Convergence.

That's the name of an excellent group under the direction of Mike Horwood of Humber's popular Music Program.

The group was formed by Horwood and students in the Program with an aim to perform new music and free improvisation.

The performers include Piero Presutti, Jane Hobin, Peter Jeffrey, Marjan Kalaric, Diane Yorke and Horwood.

Convergence recently performed two weekend concerts at the Music Gallery in Toronto and were also on the program at Humber's Sunday Music Festival held to honor the 10th Anniversary of the College.

Humber's Music Program has won and placed second in each of the 1975 and 1976 Canadian Stage Band Championships and this summer will represent Canada in the World Jazz Festival in Montreux, Switzerland.



Dorothy Kake (left) and Anne Barros work on metal arts trophy.

HUMBER STUDENTS DESIGN METAL TROPHY

Two second-year students in the Metal Arts Program at Humber's Lakeshore One Campus have designed a trophy in support of the Variety Club's Bike-a-thon.

Program instructor Hero Kielman said he was approached by representatives from The Etobicoke Guardian newspaper who had expressed interest in having a trophy designed for an interscholastic competition in Etobicoke to promote the Bike-a-thon.

Humber students, Anne Barros and Dorothy Kake, worked on the trophy, which consisted of a miniature penny-farthing bicycle sculptured in silver-plated brass.

The winning team, chosen on the basis of the greatest fund-raising effort per capita of its high school population, was presented with the trophy named in honor of the publisher of the newspaper, V.J. MacMillan.



Humber President, Gordon Wragg (second from left), congratulates Braden Baron and his teachers.

EXPOTECH FAIR A SUCCESS

The Technology Division at Humber College recently conducted its first fair as part of the College's Tenth Anniversary festivities.

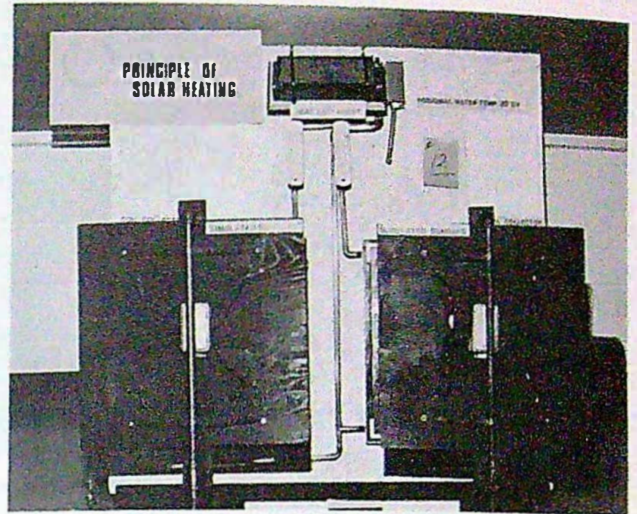
Called Expotech '77, the contest and exhibition included a variety of technological projects submitted by secondary school students from across Ontario.

In the Electrical and Electronics category, a student from Central Technical School in Toronto won first prize for his work of a flight simulator. King Chu was awarded \$125.00. Brett Wickens of Aldershot Secondary School in Burlington, won the \$125.00 first prize in the Architectural and Construction category for his project of a camp model.

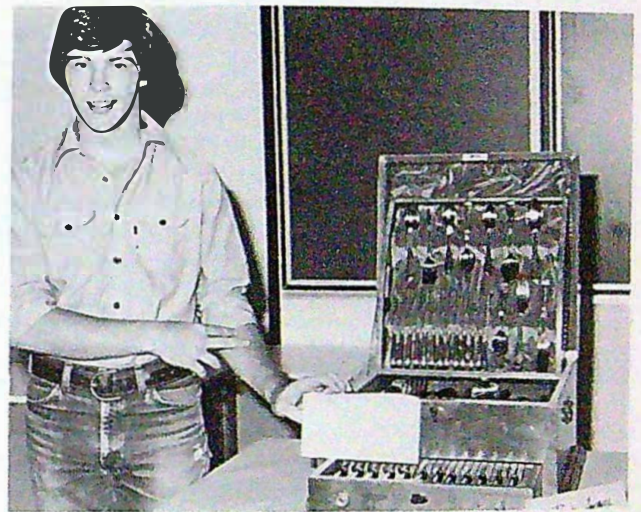
The Mechanical, Industrial and Manufacturing Processes category was won by Braden Baron, a student from Burnhamthorpe Collegiate in Etobicoke for his work of a solar heating project.

Three special awards were also announced. The judges presented a \$50.00 award for an exhibit showing a very high level of craftsmanship and it went to Robert Campbell of Oakville-Trafalgar Secondary School for his design and manufacture of a cutlery chest. Another Oakville student, Craig Norman, won the Principal's Award for the most unusual entry. His chess table won \$50.00. Baron also won \$500 and the Dean's Award for the best project entered for his solar heating display.

Awards were made possible through the generosity of Bell Canada, Carrier Air Conditioning, Garret Manufacturing Limited, Rothmans of Pall Mall Canada Limited and Humber College Faculty and Staff.



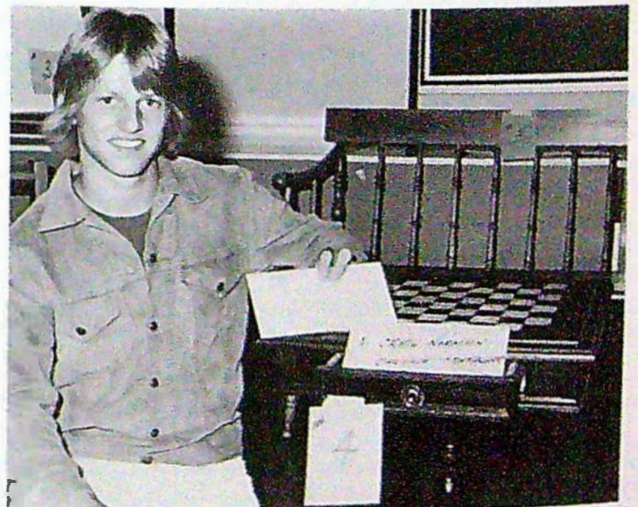
The Dean's Award, presented to the best project at Expotech '77, was given to Etobicoke student, Braden Baron, for his solar heating project.



Robert Campbell of Oakville won a special award for an exhibit showing a very high level of craftsmanship. Campbell won \$50.00 for his design and construction of a cutlery chest.



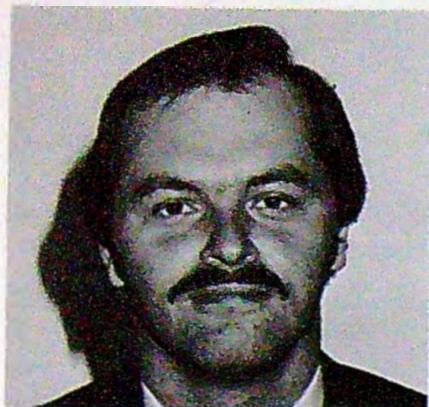
Brett Wickens of Aldershot Secondary School in Burlington, won the Architectural and Construction Category Award for his camp model project.



The Principal's Award for the most unusual award was won by Craig Norman of Oakville for his chess table project.

Staff speak out!

QUESTION: Do you feel that Humber College is responding to the needs of its community?



"Yes, I believe so. Humber has done a great deal in accommodating the various lifestyles of the people in the community by facilitating access to the services and resources the College has to offer. This has been accomplished by offering extension and part-time programs, continuing education programs, courses at Neighbourhood Learning Centres and by implementing continuous intake systems."

Jacques Picard
Academic Upgrading Instructor
Lakeshore III Campus



"In our first ten years, we have made a very solid start toward serving our community. What we are beginning to realize, however, is that many adults cannot enter or enjoy our programs because they do not have sufficient reading skills to understand our advertisements, our brochures, or our texts. In the next ten years, I hope that Humber College will be a leader in the attack on adult illiteracy, so that more of our population can take advantage of the fine programs we offer."

Andrew Davidson
Academic Upgrading Instructor
Keelestdale Campus



"The College has provided staff time to support the Etobicoke Social Planning Council in the development of plans to meet community needs. Student projects at all levels have helped students not only to recognize but also to participate actively in specific programmes. In these ways, I feel Humber has demonstrated increased involvement in the community."

Jessie Hassell
Community Health Instructor
Quo Vadis Campus



"The variety of programs offered by the College on both a full and part-time basis, indicates a sincere effort to respond to the needs of its community. The Third Age College concept for seniors is a step in the right direction, and this could be enhanced by offering additional programs on location at Senior Citizen residences. Efforts to develop closer ties with Industry have been initiated to ensure the validity of many of our programs and to facilitate meaningful upgrading of those already in a job environment. These efforts require our support and participation to keep Humber College a responsive institution."

Alan Long
Instrumentation Instructor
Lakeshore II Campus



"I feel that the College tries very hard to fulfill this responsibility. It does, however, have limited resources available to do this job and must therefore establish priorities. I have never felt that any proposal for further community involvement, in my experience, has ever been rejected without fully considering its merits. For example, in the past year, the College has undertaken to support the operation of the Mobile Toy Library project and the building of an Adventure playground in a time period of severe economic restraint. It also continues to give full support to the Developmental Centre."

Bryan Stanish
Director of Humber Developmental
Centre
North Campus



"Very definitely, yes! The record of the first decade of operation of Humber College ably reflects its concern and action in meeting the needs expressed by the communities we serve. Because our society is more conscious of the tax dollar, and rightly so, perhaps in our next decade, more consideration should be given towards better identifying expressed community needs; the long term goals of courses developed in response to the community needs and the ways and means to help the residents of our communities distinguish between an interest and a vocational course."

Anne Bender
Senior Program Co-ordinator
Osler Campus

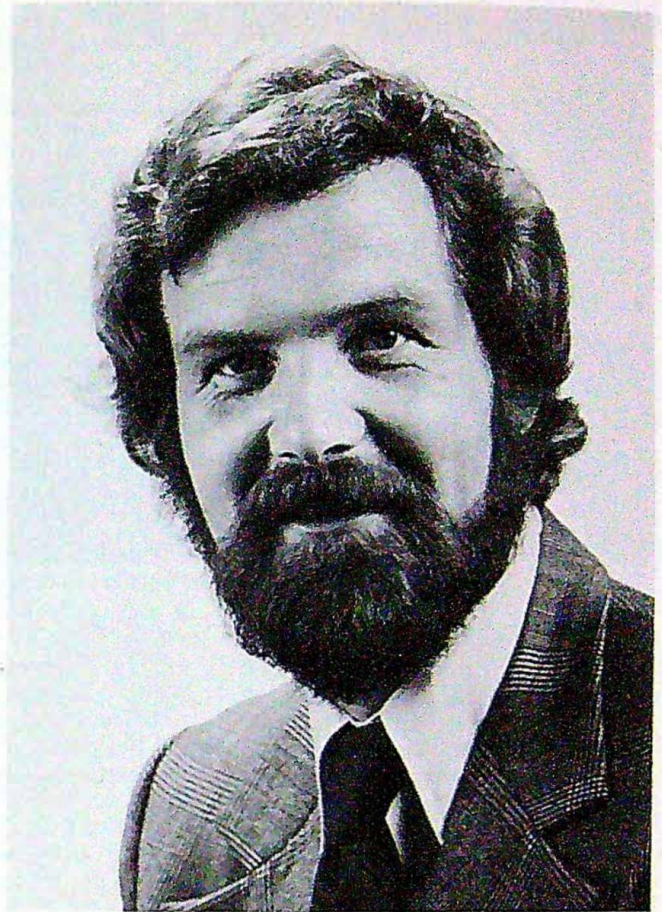
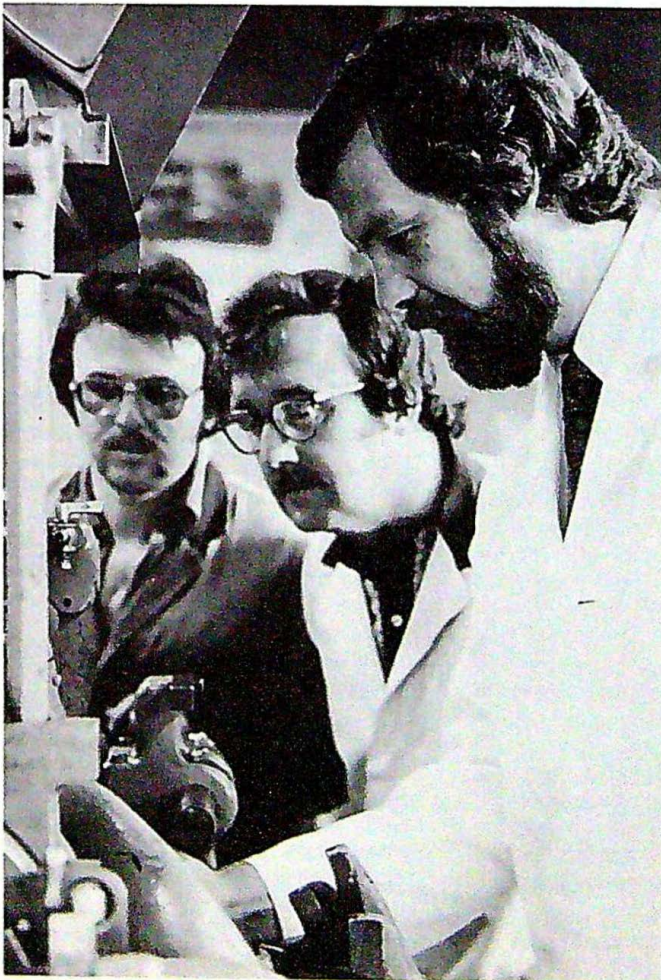
Profile

FRANK FRANKLIN

Frank Franklin will remember the day the United States first landed on the moon. It was on the same day that he bailed out of an airplane about a thousand feet above the ground.

"It was the summer of 1969 when a few of my friends and myself decided to go parachuting north of Orangeville," he said. "I was supposed to be the first out of the plane at about three thousand feet. Then it happened."

"We were flying across the field, approaching the drop zone, when the Cessna 180 aircraft went into a stall. The pilot, who was also a sky diver, suddenly lost control, and the plane started to spin."



"I can remember there was panic. Everyone screamed and the next thing I remembered was the jumpmaster bailing out followed by the pilot, who pushed me aside to get out ahead of the others. I saw the ground getting closer and called to the rest to jump. We all made it alive."

Franklin, who has jumped with the Parachute Association of Toronto, said that was all he needed to give up parachuting.

"I won't jump now for all the money in the world," he said. "That was the closest I have come to dying before my time actually arrived!"

Franklin said he watched the plane crash from the sky.

"There was no fire," he said. "The craft hit a tree, lost its wings, and what was left of it landed on the ground."

The crash was investigated by the Federal Department of Transport, the Ontario Provincial Police and the Canadian Sports Parachute Association.

"We all went over to see the craft and I remember seeing the engine in the place where I sat," he said.

Franklin, who was born in Liverpool, attended school in England before coming to Canada. He completed apprenticeship at Lucas Gas Turbines in Liverpool as an automatic machine tool setter. In 1966, he came to Toronto.

He joined the staff of Humber College in 1972 as a teacher in the Automatic Screw Machine program at the Lakeshore Two Campus. In 1975, he was Lakeshore's representative to the Centre for Continuous Learning, and in 1976, was appointed Industrial Liaison Officer for the Technology Division at Lakeshore Two. His job involves investigating new program possibilities for the industry. He recently set-up an advisory committee for Humber's Cabinet Making and Locksmith programs.

Franklin is married and has two children. His hobbies are motorcycling, photography, gardening and parachuting.

COMPANIES NEED LAKESHORE CAMPUS GRADS

Humber College can't turn out enough graduates from its mechanical trades programs to fill the jobs being offered by companies across Canada.

Tom Norton, Principal of Humber's Lakeshore Campuses, recently said there are about two or three jobs open in the field for each student enrolled in such programs as welding, camera repair and industrial maintenance mechanics.

Our society is relying a lot more on machines but there are fewer people to fix those machines, said Norton.

"There is a terrible shortage of skilled workers in these trade jobs," he said. "This lack of interest in the trades has developed because young people have been told it is better to go to university."

He said there is such an acute shortage of trained workers that it has forced the closing of a number of small businesses.

Some of the courses offered at Humber's Lakeshore Two Campus are unique to Canada and even North America. All courses run year-round with enrollment for many programs every Monday. For more information, call 252-5571.



Guests and friends came to honor and roast Humber College President Gordon Wragg.

HUMBER PRESIDENT RECEIVES TWO AWARDS

Humber College President, Gordon Wragg, received the Roby Kidd Award and the 1977 Good Egg Award and he couldn't have received it at a better time - a roast in his honor.

Presidents of Colleges in Ontario, members of Humber's Board of Governors, representatives of the Ministry of Colleges and Universities and some of his closest friends recently gathered to honor him on the occasion of his Tenth Anniversary as President of Humber.

Participants in the roast were: Dr. Bill Newnham, President of Seneca College; John Porter, President of Sheridan College; Reverend Bartholomew DeSimone, a former member of Humber's Board of Governors; Norman Sisco, Chairman of the Council of Regents; his Minister, Reverend Stanley Showden; Jackie Robarts and Tom Norton, Humber College Principals; and Doug Light, President of Centennial College, who was Master of Ceremonies.

The Roby Kidd Award, which was also given to Norman Sisco, is presented to distinguished adult educators. The award was presented by Dr. Roby Kidd.

The Good Egg Award is presented each year to a staff member at Humber who consistently displays the spirit of co-operation, good nature and exceptional human qualities while maintaining a high level of excellence in job performance.



E. L. Fitzpatrick from the Nova Scotia Commission on Drug Dependency lectures to 160 delegates at Humber conference on Occupational Alcoholism and Drug Abuse.

HUMBER CONFERENCE PROVIDES DELEGATES WITH UP-TO-DATE NEWS

Delegates to a recent Humber conference received some of the most up-to-date information on the subjects of alcoholism and drug abuse.

About 160 people, representing industries, labour and government, from across Canada and the United States, gathered in Ottawa at the second annual Canadian Conference on Occupational Alcoholism and Drug Abuse sponsored by Humber's Conference and Seminars Office.

They heard Dr. Dominique Maestracci of the Faculty of Medicine at the University of Montreal say alcohol consumption significantly increases the chances of workers being seriously poisoned by chemicals used on the job.

Dr. Maestracci named a list of hazardous substances, many of them in common use, and said it was imperative that hygienic working conditions be provided. He said chronic alcoholics, who face special problems, must be warned of the dangers and be given treatment.

Another speaker at the four-day conference, Julien Major, Executive Vice-President of the Canadian Labour Congress, said there is a need for a more widespread willingness by employers to co-operate in proposals for on-the-job programs for problem drinkers. Major said it would be effective if there would be announcements showing bloodied bodies beside a smashed vehicle with a series of bottles after television beer commercials.

Another speaker, Garry Briggs, Director of the Member Counselling Unit of the Alberta Union of Provincial Employees, told delegates that forcing problem drinkers to enter special occupational alcoholism programs might be better than an automatic firing, but it probably wouldn't be tolerated by enlightened union leaders.

He called for unions to negotiate into all contracts a sum of two cents for each worker-hour, to be paid by employers, for a fund to be set up by the unions for occupational drug, alcohol and mental health problems.

Other participants included: Paul McRae, Parliamentary Secretary to the Federal Minister of National Health and Welfare; W. H. Lightman, Director of Industrial Relations for the Canadian Manufacturer's Association; and Martin Shain of the Addiction Research Foundation.

Humber's Office of College Relations arranged for widespread national promotion including interviews on CBC radio and television, and stories in the Globe and Mail and the Ottawa Journal.

The justification of the expenditure is put in this analogy by Hambly: "The worth of one million dollars is dependant upon one's perspective. If you or I had it in our pockets, it would be interesting, to say the least. It is relatively little in value in comparison with the cost of community centres, such as arenas. They require many millions. Though this amount does not include the required acquisition of land, with respect to the development of some 300 acres - one million dollars is, at most, pocket money."

"Also," he said, "the size of our city rates such improvements. The Arboretum is like major league baseball." (Perhaps one can find Blue Jays in there, too.)

The endeavour, as one can see, is easily justifiable. The land in every respect is improved and preserved at such a small cost that the ratio is vastly in favour of approval of the project.

The last thing left to discuss is the development and progress. The project began in 1974. Actually, said Hook, "Humber College and the students of the Landscape Technology Program have aggressively pursued development of the Arboretum teaching collection and focal point since 1972."

The project has been charted in five phases. Phase One was finished with the completion of planning and co-ordination. The other phases have tentative two year periods which would have developmental completion within 10 years. The acquisition of the land from Murphy Hull, the developer, is hoped to be completed before the end of the year.

"Development, however, is contingent on private sources," said Higgs. "We are geared to financing. Our phasing is flexible for adjustment," said Hambly. Hook, however, stated it most cautiously when he said, "I would be uncomfortable to put a time span on these things. It's not as if there were dollars on every tree."

Also, an organic creation is never completed. It may exist in 10 years but it will continue to grow and evolve, continually progressing and re-creating. The Arboretum, in a sense, is a scientifically restructured forest, and a forest grows like a tree - it all takes time.

The major features of the Humber Arboretum are: a vita parcours; an equestrian trail; bicycle paths; walking and hiking paths; large open spaces; an intensified Arboretum focal point; and cross country skiing trails.

Vita parcours is the Swiss term defining a nature-oriented jogging course with exercise stations, which create an ideal cardiovascular circuit. This 1½-mile track opened during Humber College's 10th Anniversary year and is accessible to the general public at no charge.

Humber College has an Equine Studies Program with an existing equestrian centre and surgical ward. The 300 acres will allow the inclusion of riding trails that will not impose upon any other features of the Arboretum. There is the

same consideration given to bicycle, walking and hiking paths which surround the western tributary of the Humber River. Large open spaces will provide for family recreation and leisure activities.

There will be heavy areas of horticultural development; the maintenance of delicate indigenous plants, including ash and scrub bushes; the re-establishment of forms common to Southern Ontario, such as apple blossom and forsythia; and future experimentation with exotic specimens from each of the continents which may be compatible with the environment.

The Landscape Technology students of Humber College will be involved with the botanical education of the visitors to the Arboretum. This will be done through tours and signs which will identify and explain the horticulture.

The advantages that the community would gain are overwhelming. Each agency would fulfill the purpose of their mandates by enhancing the needs of the community.

The land is easily accessible in the north-west corner of Metro Toronto. The locale is large and relatively quiet. It will be more beneficial than flood plain land and more capable of continuity.

The purpose and progression are in accordance with each other and therefore, Hook's definition will be met fully. With an expected \$300,000 grant from Wintario, the provincial lottery that aids community enhancement programs, the projective should be met with relative financial ease.

The million dollar tree museum will most definitely be a place for people.



Humber salutes its Ten Year Staff

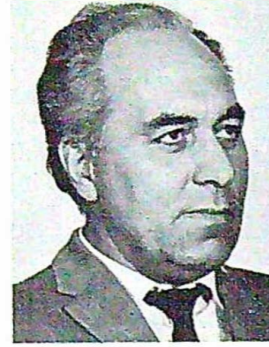
This year Humber College is 10 years old. In this edition of Humber Happenings, we would like to salute the 47 people who have been on staff at Humber or who were part of an institution that has been absorbed by the College since 1967.



Adrian Adamson



Zivojim Bajin



Lyle Bebensee



Eleanor Belsey



Sylvia Bolte



Jack Brodie



Betty Campbell



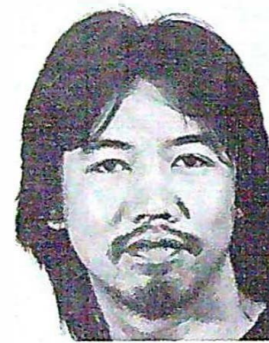
Eleanor Cameron



Marion Cameron



Ben Chapman



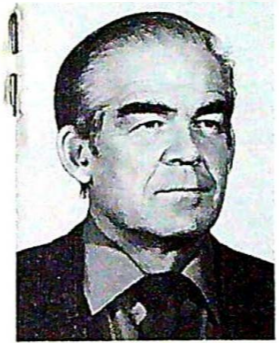
Wayson Choy



Ken Dennis



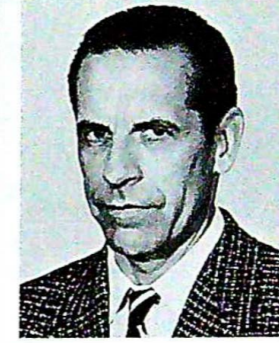
Ralph Dinsmore



Eugene Duret



Beryl Foulkes



James Forrester



Evelyn Haslan



Margaret Hincks



Elsie Jones



Philip Karpetz



Angus King



Albert Langford



Luida Leknickas



Gilbert Little



Audrey MacLellan



Therese Maurice



Walt McDayter



Ethel Milkovits



Eric Mundinger



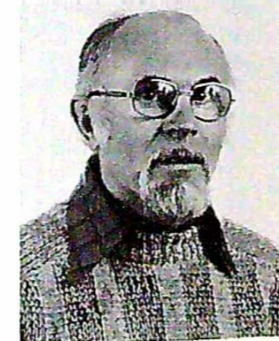
Thomas Nelson



Arthur Penny



Helen Quirk



Lawrence Richard



Jackie Robarts



Robert Robinson



Jean Schleifer



Ruth Shaw



John Spence



Elsie Swartz

PHOTOS NOT AVAILABLE

Alex Fioroni

Dr. Norman Gunn

Doris Tallon

Margaret Weicker



Margaret Thompson



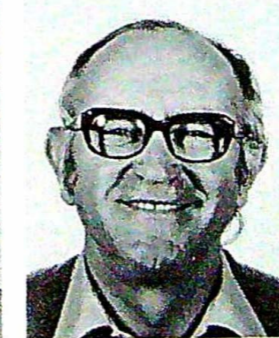
Imre Toth



Siem Vandebroek



Helen Vandersluis



William Wells



Gordon Wragg



Eugene Zienkiewicz





PROFILE - DON JOHNSON

He started playing the trumpet at the age of nine. At age 13, he played in almost every military band in Canada and at only 16, was the youngest person to ever join the Toronto Symphony Orchestra.

What more can be said about Don Johnson, Co-ordinator of Humber's popular Music Program?

"He is one of the finest musicians I have ever met," said Canadian award winning musician, Phil Nimmons.

"Don Johnson has to be congratulated for the excellent musicians coming out of Humber," said Phil McKellar, announcer of the program 'All That Jazz' on CKFM Radio.

Gordon Delamont, with whom Johnson studied, said he is unquestionably Canada's leading brass teacher, and Bill Trimble, former Humber Director of Professional Development, wrote on a faculty evaluation after observing Johnson teach, "I had the feeling I was in the presence of a real pro!"

Johnson joined Humber's music faculty in 1973 and in a short period of time built a faculty that is well respected



across Canada and the United States. His expertise and knowledge of music has resulted in making Humber's Music Program the only one of its kind in Canada. Its popularity and excellence has resulted in student applications from all over the country.

Johnson has spent his entire life studying every known method of brass playing and has analyzed each to form his own method, and is commonly called the "Daddy" of brass players in Canada by his colleagues. It is also a fact that nearly every professional trumpet player in Canada studied with him, at one time or another.

Johnson's formal musical education began in 1944 at the Royal Conservatory of Music and was continued in Washington, New York, Boston and Philadelphia, studying with some of the music world's most famous trumpeters.

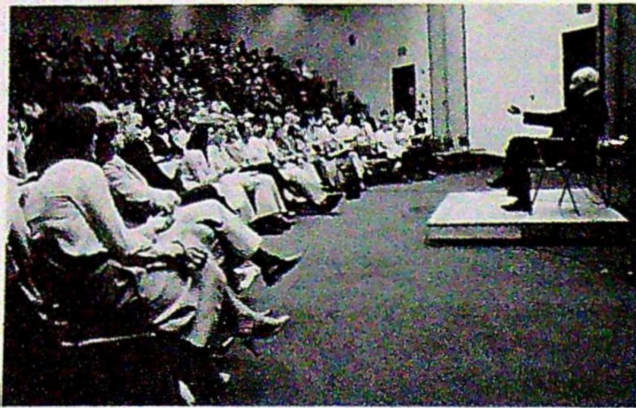
They included Harry Glantz of the NBC-TV Symphony, Lloyd Geisler of the Washington Symphony, George Mader of the Boston Symphony and Doc Severinson of NBC's Tonight Show.

Johnson played with the Toronto Symphony Orchestra from 1948 to 1953. In 1954, he became a studio musician with the Canadian Broadcasting Corporation and for the next 14 years played every major radio and television show. He was Music Director with the Beverley Hills Motel in Toronto for five years and played for people like Mel Torme, Al Martino, Rich Little and Frank Gorshin before joining Humber.

Some of North America's leading trumpet soloists were students of Johnson. They include Dr. John Swan of the University of Miami; Jeff Reynolds of the Victoria Symphony; and Dr. Larry House of the University of Saskatoon.

The expertise of Johnson has resulted in the Music Department at Humber having bands winning and placing second in each of the 1975 and 1976 Canadian Stage Band Championships. This year, in celebration of Humber's Tenth Anniversary, music students produced their first album which was a sell-out, and in the summer of 1977, a Humber band will represent Canada in the World Jazz Festival in Montreaux, Switzerland, the first ever by a Canadian College.

"We are doing things that have never happened in Canada before," said Johnson. "Our first five years have been a major success. The ultimate being that 19 of our students (under the age of 25) will have the opportunity to play with the greatest in the world."



AUTHORITY ON STRESS LECTURES AT HUMBER

Stress can be caused by pleasure as well as distress.

That's the message passed to about 400 people who recently listened to a lecture at Humber College given by the world famous authority on stress, Dr. Hans Selye.

Dr. Selye, Professor of Medicine at the University of Montreal, said stress is the non-specific response of the body to any demand. "A passionate kiss can be stressful," he said.

Dr. Selye was invited to speak at a Cardiology conference sponsored by Humber's Health Sciences Division and consented to give an afternoon lecture as well as discuss his latest book with College faculty, staff and the general public.

According to Dr. Selye, the best code ever devised by man was to "love thy neighbour because it's the scientific solution to the scientific problems of our period."

Dr. Selye said there was no guaranteed way to beat stress but he did offer some recommendations.

"Find your own stress level," he said. "There are turtles and there are race horses. Forcing a turtle to race will kill it."

He also suggested practising altruistic egoism. "A big fish has to eat little fish or it dies," he said. "No one can blame it for that."

Prior to his lectures, Humber's Office of College Relations arranged a series of media visits for Dr. Selye with interviews on CTV's Canada AM show, the CBC Metro Morning Show, CHUM-FM Radio's In Toronto program, the CITY-TV show with Dr. Morton Shulman, Global TV and the CBC's national radio program, Morningside.

HEALTH SCIENCES SEMINAR ATTRACTS 200 PEOPLE

How do you deal with bereavement?

Humber's Health Sciences Division and the Centre for Continuous Learning conducted a highly successful seminar on this subject called "Dealing With Death Successfully: Helping the Bereaved".

More than 200 people representing public health agencies, crisis intervention centres, geriatric homes as well as nurses, doctors, social workers, clergy and the general public attended the one day seminar in June.

Some of the guest speakers included Mary Vachon, Community Resources Services for the Clark Institute of Psychiatry; Dr. David Smith, Family Practice Unit, Toronto Western Hospital; Reverend Donald Henderson, Minister of the Rosedale United Church; and Don Foster, Co-ordinator of the Funeral Service Program at Humber College.

The program included lectures and panel discussions on "The Dynamics of Grief", and "Helping the Bereaved: Some Do's and Don'ts."



HEZEKIAH VOTED PRESIDENT-ELECT OF RNAO

Jocelyn Hezekiah, Chairman of Basic Nursing Programs at Humber College, was recently voted in as President-Elect for the 20,000 member Registered Nursing Association of Ontario.

Miss Hezekiah will assist the current President in a variety of speaking engagements with the RNAO's 56 chapters. After a two year period, she will take over the position of President for another 24 month term.

According to Miss Hezekiah, the campaign for President-Elect is similar to that for any political position. Candidates must be nominated by at least three professional colleagues. Her nomination was from the Middlesex North Chapter and supported by the Humber Chapter of which she is a member.

Each candidate was required to write an essay stating their philosophy of nursing in relation to their professional organization. This is published in the RNAO newsletter which is distributed to all members.

The election is based on the essay, a speech at the Convention, and the individuals involvement with and contribution to the Nursing profession. Miss Hezekiah spoke on "Issues in Nursing".

Miss Hezekiah received her basic nursing education, including a certificate in Midwifery, in England; a Bachelor of Nursing degree from McGill University in Montreal; and a Master of Education degree from the Ontario Institute for Studies in Education.

Her nursing practice includes seven years in service agencies in the clinical areas of obstetrics, medicine and surgery where she has practiced in the positions of staff nurse, team leader and head nurse.

SOMETHING TO THINK ABOUT . . .

"In one of the most famous and fateful incidents in the Bible, the Lord summoned Moses to the top of Mount Sinai. There he appeared to Moses in the form of a fiery cloud, and there--to the appropriate accompaniment of thunder and lightning--he presented Moses with the Ten Commandments. That, so far as I know, is the earliest recorded use of audio-visual techniques for mass education."

Harold Howe II, former U.S. Commissioner of Education, as quoted in Reader's Digest, February 1969

PERSPECTIVES IN EDUCATION

A new feature will begin in Humber Happenings, beginning with this summer edition, called Perspectives In Education. This series of stories will deal with a variety of current topics and issues of interest to the general public.

Stories will be written by faculty in Humber's Human Studies Division with subjects ranging from politics and society to religion and education. Many presentations will relate to the various Liberal Arts Programs taught at the College.

We invite your comments and opinions on these stories.

Bill Allen, an instructor in Human Relations at Humber, will begin the series on the subject "Human Skills are Important Too!"

HUMAN SKILLS ARE IMPORTANT TOO

Our North American way of life has been built on the idea that the "good life" is based on everyone having a lot of "things". As I grew up in the post-depression world, lived through the last Great War, I learned to expect to be able to have a great many things. If I studied hard, became an engineer, I would be able to have a house, a car, scotch before dinner, all the amenities. I would be able to give my wife and children things - kitchen gadgets that saved time and effort, bicycles, hi-fi. And I would be able to replace these regularly so that we had the latest technical innovations - self-cleaning ovens, automatic transmissions in the cars, ten speed bikes. The implied corollary was that we would all be "happy".

As I grew older, and as I amassed all these things, I discovered that there was something missing. As a manager of technical people, I discovered that there seemed to be a point when the things alone did not satisfy the needs of people. Many of my engineering managers seemed to reach a point where there was a simple choice - more things or something else. As I have jokingly (in part) stated, the choice seemed to be - another house, another car, another TV, another wife? Good industrial people left to become teachers - to become more involved with "people" sorts of work. Somehow the dreams of youth dissipated and the happiness seemed to be missing, at least for some. I, myself, left the industrial world and became a teacher - working with young people - and am finding it much more satisfying. I make less money, I work just as long hours, but somehow there seems to be more satisfaction at the end of each year.

Years ago, Carl Jung, one of Freud's early co-workers, suggested the idea of "the morning, noon and afternoon of life". He had been able to see, in his endeavours to understand human behaviour, that the goals of youth are finite and relatively short-term. And that there comes a point where people realize these goals have been met and stop and ask "Now what?" He anticipated that people would find a lack of purpose at some point. Victor Frankl, in his observations of why people survived the horrors of the concentration camps, came to the conclusion that those with a purpose - with a meaning to their lives - survived.

It was true that, for many years, the involvement in the industrial scene gave me satisfaction. I could work hard and achieve success - and in my own way I did. I became an international "expert" in my own field - I became a manager. But the success seemed eventually to be hollow. The noon of life left me with some difficult questions. "What is the real point of it all?" "What should I teach my children - to compete at the expense of others, or to be concerned with people?" "Do I have any responsibility to humanity, since I have been lucky enough to obtain a good education?" "Where to from here?"

These were not easy questions! I could carry on, and I saw that I would have the good things of life - but less and less time to enjoy them. The demands of the job could easily mean that I would not spend time with my wife, or children - but could provide them with material benefits. I saw others in effect, trapped into "selling their soul to the company store" as the demands for production in the face of competition meant longer hours, constant struggling to learn more and newer techniques to get more done, and more, and more. I saw men break in the face of the pressures - unable to face the constant tensions of the demands of business. I was part of the system that broke some men.

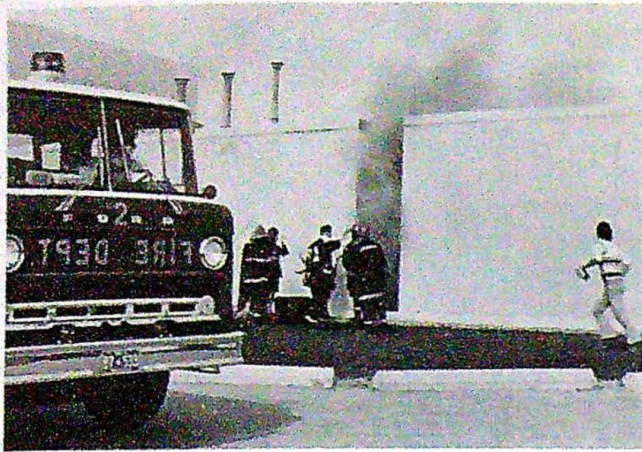
I began to wonder if the technology was serving the people, or if the people were now serving the technology. But I had the usual restraints - the mortgage, the need to provide for several people, the need to provide the environment for my growing children. I needed the money, I could not easily escape. But I questioned, and the questions always seemed to indicate that what I was doing - was that my life lacked some real purpose and validity.

Through misfortune and fortune, I found myself financially able to choose to change my way of living. I dropped out of the world for a year, lived in the Caribbean. When I returned, I knew that I did not want to return to the same work. I searched through a number of possibilities - the Human Potential Movement seemed to be suggesting some ways of finding more - I read a great deal - I worked at a Free School part-time. Finally, again through more luck than purpose, I had the opportunity to become a teacher at a Community College. And I found the opportunity to share with younger people some of the ideas that I had learned. No! Not to avoid the industrial world, but to learn to live in it. To see early that the real satisfactions come more from the human aspects than the technical. I taught Human Relations. Not a simple textbook course based on the sometimes too abstract thinkings of the human behaviour scientists, but a very pragmatic (my engineering background has always led me to be concerned with very practical approaches) approach to living within our organized society without being dehumanized. I had learned that technical skills alone were not enough - almost everything I have ever done has had to be done with and through people. And the real problems I faced were people problems.

My dreams today, are that somehow I can help the young people that I have the privilege of working with see this important aspect of life - see the reality of being able to be human and to relate to others. And to see that real success perhaps is more dependent on their ability to relate to people - in business, socially and personally - than it is to technical skills. They need both - neither by itself is enough to find a good life.

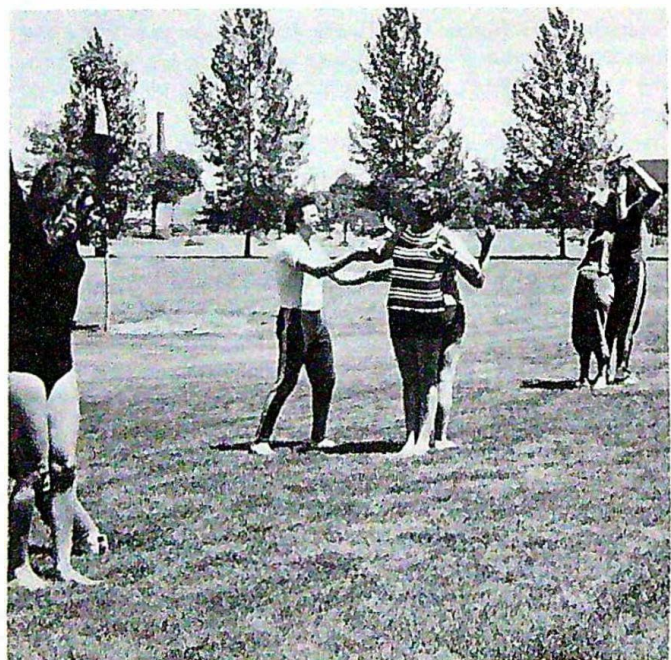
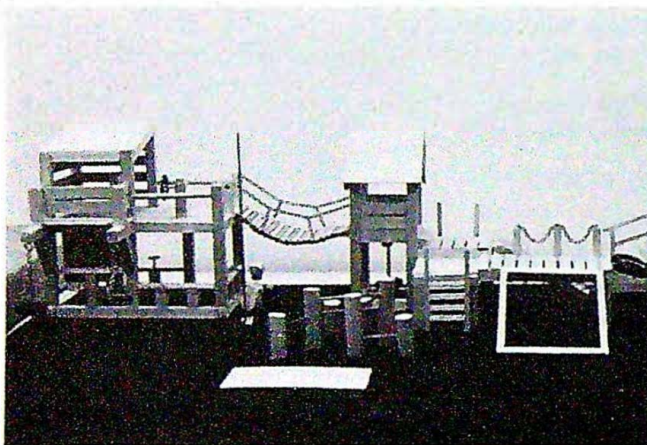
And I am learning to do this. Learning how to help them become more human, and at the same time to exist in this changing world. And I am more satisfied with my own feelings at the end of each year than I have ever been. I am convinced that, if our society is to survive, each of us must become more concerned with people - with the effects of our actions both for ourselves and for the others we are in contact with. I teach Human Relations today because I believe it is important and essential. Perhaps it is the missing dimension in our technological society!

story by Bill Allen



HUMBER IN PHOTOS

In photo at top left, firemen battle blaze at Humber's North Campus Greenhouse in May that caused \$50,000 damage . . . The Human Rights Commission met at Humber recently to discuss general public issues . . . Third photo from top at left is a design by a Humber Landscape Technology student of the proposed Adventure Playground for children using day care centres at the College . . . Manpower students at Keelesdale Campus take time from classes each Thursday from slim and trim exercises in photo at bottom left . . . In photo above, more than 3,000 people participated in a variety of events at Lakeshore Community Festival held at Humber's Lakeshore One Campus in June . . . Below, free keep fit exercises are offered at Lakeshore One Campus each day.





RECIPE OF THE MONTH

Igor Sokur, Co-ordinator of the Hotel and Restaurant Management Program at Humber has received national and international recognition for his food cuisine.

Response from readers to his regular recipes feature in Humber Happenings has been excellent. We'd be happy to hear more of your comments.

His recipe for this Summer edition is Mignonettes of Lamb Charmereine.

LES MIGNONNETTES D'AGNEAU CHARMEREINE (Mignonettes of Lamb Charmereine)

- 1 loin of lamb, weighing about 4 pounds after fat has been removed
- 1/2 pound sweet butter
- 2 tablespoons Madeira
- 2 cups Brown stock*
- 1/2 pound mushrooms, chopped
- 1/4 tablespoon cream
- 12 slices white bread with crusts trimmed
- salt, freshly ground pepper
- 6 cooked artichoke hearts
- parsley with garnish for the optional garnish
- 6 small crepes
- 12 small new potatoes

Have the butcher bone the loin of lamb and cut the meat into 12 noisettes, the small round part, also called mignonettes. Season with salt and pepper.

Heat half the butter in a heavy frying pan and saute the noisettes for about 10 minutes or until they are done, turning to brown both sides. Remove from the pan and keep warm.

Deglaze the pan with the Madeira and the brown stock. Reduce it to half over brisk heat. Lower the heat and stir in 4 tablespoons of the remaining butter. Strain through a fine sieve. Keep warm.

Heat two tablespoons of butter in a frying pan and saute the mushrooms over fairly high heat for about 5 minutes, or until they have given up all their liquid. Add the cream and cook, stirring, for two or three minutes longer.

For the optional garnish, make 6 small crepes (see Crepe Batter). Peel tiny new potatoes and saute them in butter. Arrange on the crepes.

Fry the bread slices, cut to the size of the noisettes in the rest of the butter, using more if necessary. Arrange the croutons on a warmed serving platter and put a noisette on top of each crouton. Garnish with the artichokes, the mushrooms and the little crepes with the potatoes (if using). Arrange attractively on the platter. Spoon the sauce over the noisettes. Garnish with parsley. Serves 6.

*Note: Substitute veal stock with canned consomme.

CREPE BATTER

- 1 cup all-purpose flour
- 1 tablespoon vegetable oil
- pinch of salt
- 1 cup milk
- 2 eggs, slightly beaten

Mix all ingredients together until smooth consistency. Strain and fry the crepes.

\$300,000 IN EQUIPMENT DONATED TO LAKESHORE TWO CAMPUS

The Technology Division at Humber's Lakeshore Two Campus has received more than \$300,000 worth of equipment from industries over the past two years.

Al Picard, Dean of the Division, said industries are in need of graduates from many of the courses offered at the Lakeshore Two Campus.

"A number of industries have chosen to donate equipment for us to use to instruct students in how they operate," he said.

Kellogg Salada Canada Limited lead the list with three machines totalling \$79,500. Rowntree Mackintosh Canada Limited has donated \$65,000 in a variety of candy wrapping machines. Others include William Neilsons, Dare Foods, Chempack, Monsanto and Honeywell.

NEW FACES AT HUMBER

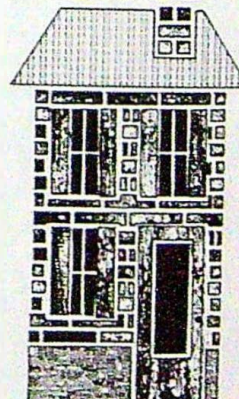
Many new faces have joined the full-time faculty and staff at Humber since our last edition. Their names, positions, and departments are listed below:

Karyn Lerner	Secretary	Centre for Continuous Learning
Brian Brittain	Development Teacher	Humber Developmental Centre
Vince Antenore	Cleaner	York-Eglinton Centre
Hilda Talsma	Campus Business Clerk	Osler Campus
Elaine MacLachlan	Clerk General	North Campus
Peggy Hecht	Program Co-ordinator - Communications	Lakeshore III Campus
Ninta Brennan	Dietary Assistant	Day Care Centre
Remo Brassolotto	Co-ordinator, Senior Citizens Program	Centre for Continuous Learning
Leslie Willmott	Program Consultant - TIBI	Centre for Continuous Learning

DID YOU KNOW ?

... Frank Whittam, an instructor in the Management Studies Department of Humber's Business Division, recently wrote a story for Mark II, a national sales and marketing management magazine. Whittam discussed the behavioural science aspect of motivating salesmen in a four page story titled, "How motivated are you?"...

HOUSE A STUDENT THIS FALL



Many students are looking for a place to live for the coming school year. If you have any rooms, or other suitable accommodation for those who are entering Humber College this Fall, please give us a call.

The College Housing Office can be reached at:

Humber College,
205 Humber College Blvd.,
Rexdale, Ontario
M9W 5L7

Humber College

Telephone: 675-3111, Ext. 531/535



BRODIE AWARDED TWO DOCTORATES

Jim Brodie, Director of Humber's Centre for Employee Benefits, has been awarded two Doctorates in the past year. Brodie received his Ph.D. in law from his alma mater in Leeds, England for a comparative survey of Social Security systems in North America and the Common Market, and a Doctorate in Humanities from the London Institute of Applied Research for a paper presented at the Gerontological Association convention in Jerusalem, Israel on Income Protection for the Aged.

Recently, Brodie was also appointed as a Commissioner for Oaths and a Member of the Canadian Institute of Arbitrators.



HUMBER APPOINTS CO-ORDINATOR OF SENIORS PROGRAMS

Remo Brassolotto is Humber's new Co-ordinator of Senior Citizens Programs replacing Mildred Toogood who retired in June.

Brassolotto, who was born and raised in Niagara Falls, comes to Humber from North York where he has worked with the Borough's Department of Parks and Recreation for the past six years. He ran their Creative Arts Program which offered a variety of classes to the more than 70 senior citizens clubs in North York.

His first position in Toronto was that of a Juvenile Probation Officer in 1970. Brassolotto also taught high school in Louisville, Kentucky for two years as a Carmelite Seminarian. He taught religion and Spanish.

DID YOU KNOW ?

. . . Don Stemp, Co-ordinator of Humber's Safety Technology Program, recently addressed 200 members of the Forest Products Accident Prevention Association in North Bay on the subject of Safety and Occupational Health . . .

SOKUR TEACHES AT UNIVERSITY

Igor Sokur will be teaching this summer at the University of Western Ontario in London.

Sokur, Co-ordinator of the Hotel and Restaurant Management Program at Humber will teach at the Canadian Restaurant and Food Service Association Management School. Sokur will teach the metric system for licenced bar operations along with subjects on menu planning, menu production and service.

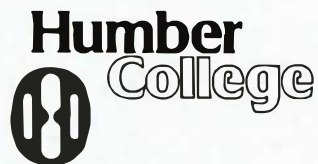


NEW STUDENT PRESIDENT AT LAKESHORE

Robert Harrison is the new President of the Lakeshore Student Association which is responsible for students at Humber's Keele, Queensland and Lakeshore Campuses. Harrison was born in Toronto and graduated from Thomas Kennedy Secondary School in Mississauga.

He has worked four years in industrial control panel manufacturing and this year enrolled in the Electrical Controls Technician course at Humber's Lakeshore Two Campus. Harrison will also be taking evening courses towards obtaining a Business Management Certificate.

Harrison's executive will consist of Anne Margeson, Vice President, and Mary Pucci, Treasurer.



The Board of Governors of Humber College of Applied Arts and Technology awards this diploma to

who has successfully completed the requirements of the

REGISTRAR

James Gell

CHAIRMAN OF THE BOARD

S. M. M. M.

PRESIDENT

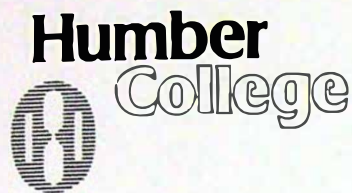
DATE

TORONTO ONTARIO CANADA

NEW HUMBER GRADUATION DIPLOMA

A student in Humber's Advertising and Graphic Design Program has designed a new graduation diploma.

The diploma (in photo above) was designed by Anita O'Brien and was issued for the first time at the 1977 convocation ceremonies.



NEW CORPORATE SIGNATURE FOR HUMBER

You are probably familiar with the above logo. If not, you will be seeing a lot of it because it is the new corporate signature for Humber College.

The President's Executive Council decided in matters relating to the graphic image of Humber, to devise a graphic manual as a procedure monitor and to control and implement corporate consistency for the application of the College corporate signature.

Humber's image will now be presented in a consistent manner on letterheads, advertising, public relations, brochures, forms, etc.

A 10-member committee was formed to write the policy and procedure and monitor a consistent image in all applications. The committee represents a cross section of college activity. The following are members: John Cameron, Director of Purchasing Services; David Grossman, Director of College Relations; Ian Smith, Director of Information Services; David Lui, Supervisor of the Graphics Centre; Albert Venditello, Supervisor of Printing Services; John Adams, Co-ordinator of the Advertising and Graphics Design Arts Program; Molly Alderson, Manager of Learning Resources at the Lakeshore Campus; Gord Simnett, Bookstore Manager; and Ed Ganja, Metric Co-ordinator.

The committee has completed the stationery program, which is now in use, and is in the process of completing the advertising and brochures program.

DID YOU KNOW ?

... Peg Thompson, a Co-ordinator at the Quo Vadis Campus of Humber, reports that faculty and staff at the Nursing Campus recently received a guided tour of the Metro Toronto Zoo. The tour was conducted by acting Zoo Director, Tommy Thompson who also happens to be her brother ...

OPPORTUNITY FOR CHANGE SUPPORTED BY MINISTRY

The Ontario Ministry of Colleges and Universities is actively supporting an exchange program for faculty and administrators at Colleges of Applied Arts and Technology.

The exchange is being encouraged so that faculty and administrators can gain updated experience in their field of expertise or the field of education.

Approval has been granted to arrange exchanges with a member of another College, a business or industry or another institution such as a government agency or hospital. Your position at Humber would be filled by the person with whom you are exchanging. Individual exchanges may begin as soon as September 1977 and may be for a semester or a full year. Salaries would be received from the regular place of employment.

Application forms and further information can be obtained by calling the Education and Student Services Office at 675-3111, extension 364 or 263.

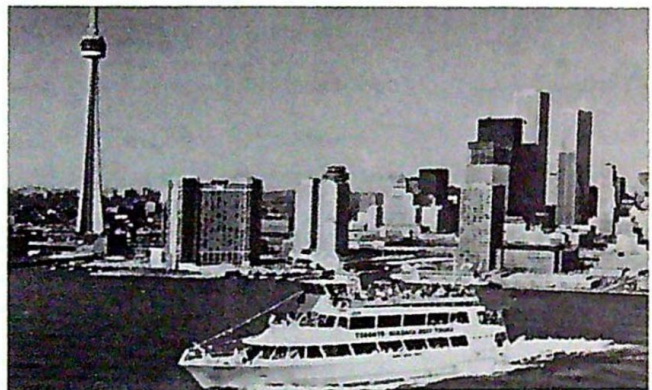


The new executive of the Administration Staff Association at Humber gather for picture after a recent ASA meeting. From left to right: Ruth Shaw, Vice President; Julie Brocklehurst, President; Sue Bartlett, Secretary; and Gord Smith, Treasurer.

NEW ASA EXECUTIVE

Members of Humber's Administrative Staff Association recently elected their executive for the 1977 year.

Julie Brocklehurst, Admissions Officer with the Registrar's Office, is the new President replacing Dave Guptill. Ruth Shaw, Faculty Relations Officer with the Personnel Centre, is the Vice President; Gord Smith of Financial Services is Treasurer; and Sue Bartlett of the Centre for Continuous Learning is Secretary.



ASA CRUISE ON CAYUGA II

It's back by popular demand!

The Administrative Staff Association will again sponsor an evening cruise aboard the three-story Cayuga II.

ASA spokesman, Don Dean, said the initial cruise last year was a sellout.

The cruise is open to Humber staff and friends and will take place on Thursday, September 1, 1977 from 8:30 p.m. to midnight. Tickets are \$14.50 per person and includes buffet dinner and dancing.

Tickets are available at the North and Lakeshore One Campus Bookstores.

DID YOU KNOW ?

... Pat Stocks, Recreation Supervisor for Humber's Lakeshore One Campus, is a grandmother and in June also graduated from the Recreation Leadership Program at Humber ...

Ontario Place presents . . .

Humber College Jazz

with

THE HUMBER JAZZ ENSEMBLE

students of Humber's music program

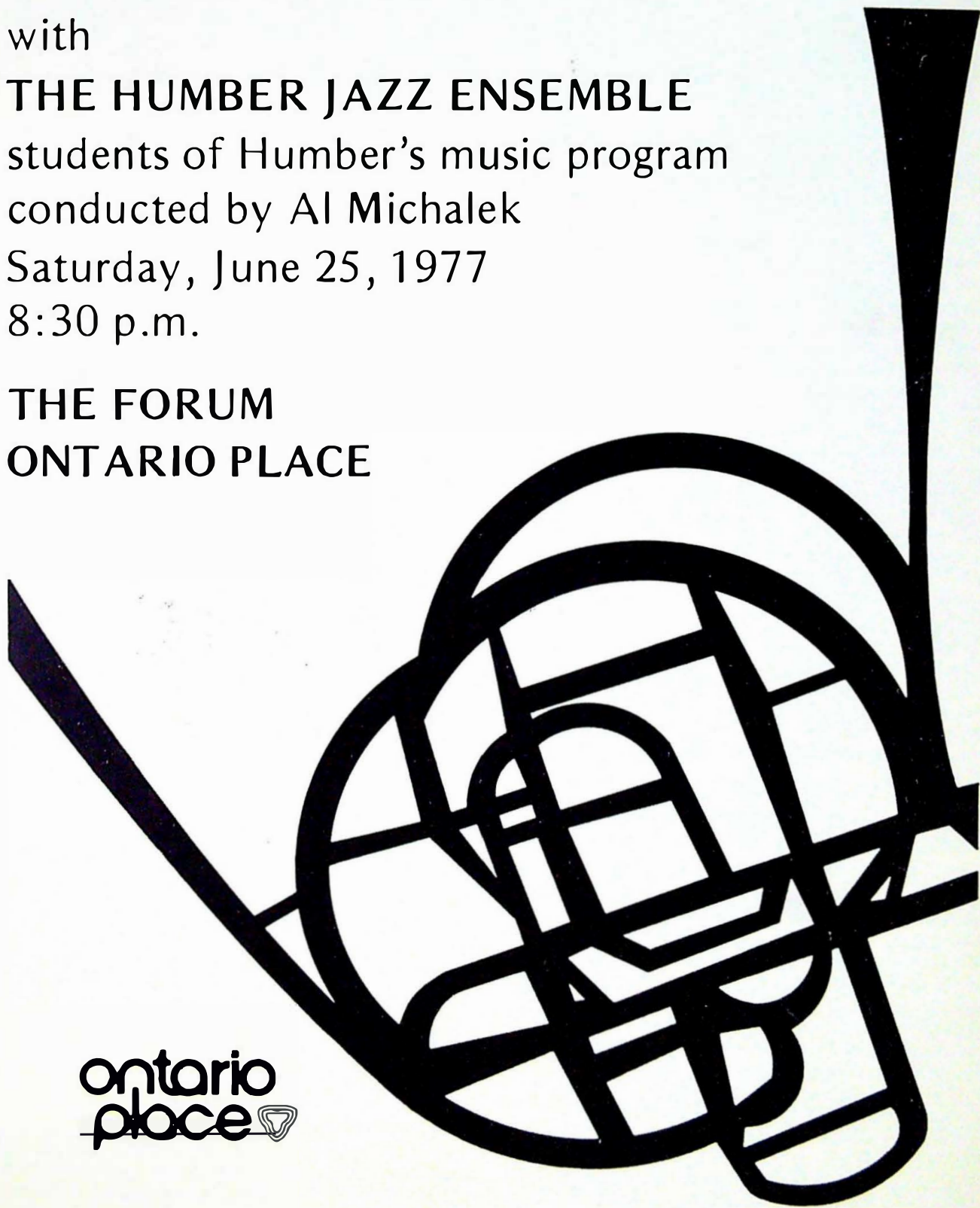
conducted by Al Michalek

Saturday, June 25, 1977

8:30 p.m.

THE FORUM

ONTARIO PLACE



ontario
place 