HUMBER ET CETERA•

Humber's Student Newspaper

September 30, 2022

Vol.64, No.2

TIME FOR TRUTH, ACTION



BARBARA PATROCINIO

Two Aztec Indigenous men pray and dance in a traditional healing ceremony in downtown Toronto for Canada's National Day of Truth and Reconciliation on Thursday, Sept. 29, 2022.

INDIGENOUS LEADERS SAY CHANGE IS NEEDED P. 2



MURDER OF MAHSA AMINI SPARKS UNREST, OUTRAGE P. 4



National Truth and Reconciliation Day shows unfair treatment towards Indigenous Peoples



SANTIAGO HELOU QUINTER

Laurie Okimawinew, the daughter of residential school survivors and a support worker for residential school survivors at Toronto Council Fire.

Santiago Helou Quintero News Reporter

Canada's National Day of Truth and Reconciliation has left some Indigenous leaders unsatisfied with the duality of treatment they face.

Sept. 30 is a day dedicated to remembering and honouring the history of residential schools and their impact on Indigenous communities.

Canadians have learned the truth that Indigenous communities have long known. Residential schools lead to the deaths of thousands of Indigenous children and committed what's described as "cultural genocide" by the Truth and Reconciliation Commission of Canada.

The government said it's "committed to achieving reconciliation with Indigenous peoples."

Laurie Okimawinew, a health support coordinator at the Toronto Council Fire Native Cultural Centre and the daughter of residential school survivors, said not enough is being done.

"There is so much more the Canadian government can do," Okimawinew said. "First of all, give Indigenous People their land back."

"We are still living in the same system. We can keep talking but if the government doesn't change and really take action and honour the trees, then we are still the same," she said.

Okimawinew said Indigenous organizations have been left to try and fill the gaps left by government inaction

Skyler Williams, a spokesperson for 1492 Land Back Lane, said despite calls for action, there hasn't been a significant change in some time. The site, 1492 Land Back Lane, is the focus of a land dispute near Caledonia, Ont.

"Nothing has really changed in the last 10 years around any of the calls for action," Williams said.

He said the effects of colonialism and residential schools are a core part of life on a reservation.

"It is every day that you get to see exactly what that trauma has caused. The effects of the trauma that my people have gone through are evident. It can't be mistaken," he said.

Land acknowledgments have become a common feature of Canadian life, but Williams said they are empty words.

"What is the point of a land

acknowledgment with no action?" he asked. "There is no systemic change that has happened, all the same stuff, only now they are shaking our hands and stabbing us in the back."

Miguel Avila, a Latino Indigenous activist and council candidate in Ward 13 Toronto Centre, echoed similar frustration at the lack of progress.

"They have not been doing enough," he said. "What needs to happen is transformational changes in society."

Avila said he is running because he wants to see more Indigenous voices on the Toronto city council.

He said the oppression of Indigenous people was not a thing of the past.

"The ongoing violence against Indigenous people goes from coast to coast to coast," Avila said.

"On one hand they say they want to build reconciliation. On the other, they are saying get out of here because I want to build a pipeline and I don't care what you think," he said.

In Toronto, Avila hopes that reconciliation will include a plan to defund the police and shuffle the funds to different resources. The Toronto Police Service has a \$1.2 billion budget, he said.

"Instead, how about funding services in the city that provide people with homes, shelter, food and free transit," Avila said.

As another day of Truth and Reconciliation passes, Indigenous groups continue to fight for social change throughout Canada.

Okimawinew said they have a responsibility to protect the land and fight for their rights.

"We are still pressing the city for more housing and more funding," she said. "We are healing ourselves, but the government is not doing what they are supposed to be doing.

"As Indigenous people, we have always been protectors of the land," Okimawinew said. "The next generation really has to fix the mess of this generation and generations before who polluted this earth."

The 24 hour crisis line can be reached at: 1-866-925-4419. The Anishinabek Nation invites everyone to "learn, listen, and share the voices of Residential School Survivors, Day School Survivors, and Intergenerational Trauma Survivors."

ETC •

Humber Et Cetera is the Humber College journalism program laboratory newspaper. It is created by second and third year journalism students. Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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SANTIAGO HELOU QUINTERO

A group of Elders pose at the Indigenous Legacy Gathering, a two-day event at Nathan Philips Square, commemorating National Day of Truth and Reconciliation on Sept. 29, 2022.

Canadians gather for the National Day of Truth and Reconciliation

Chelsea Dowie

News Reporter

Indigenous peoples from all over Turtle Island — the Indigenous name for Canada — gathered at Nathan Phillips Square to commemorate the second National Day of Truth and Reconciliation.

The Indigenous Legacy Gathering, a two-day event, allows the chance for people from across the city to stand in solidarity with residential school survivors. In the middle of the square burns a sacred fire, looked after by several Elders.

Darren McGregor, from the Ojibwe nation, was asked by Toronto Council Fire Native Cultural Centre to spend the day overseeing the sacred fire.

"Understanding how connected we are to everything else that is spiritual, everything else that is animate in this physical realm we live in, our spirit is calm, and at peace, and at home," he said.

"My knowledge base isn't something I learned in school," McGregor said. "My knowledge base is something I've learned from sitting and talking with our knowledge keepers, our elders, and going to ceremonies.



SANTIAGO HELOU QUINTERO

People walk across Nathan Phillips Square and visit with different Indigenous Canadians who were there to commemorate Canada's National Day of Truth and Reconciliation on Sept. 29, 2022.

"It's how I've learned to understand a little bit more about myself," he said.

Laurie Okimawinew, a health support worker for residential school survivors at the Toronto Council Fire Native Cultural Centre, wants to bring more awareness to the residential school experience.

"We're here today to really raise awareness about the residential school experience," she said. "We are celebrating, we are still here, we still have the songs, we still have the language," Okimawinew said over the sound of drumming coming from the main stage.

The Indigenous Legacy Gath-

ering wants to engage everyone, from school children to politicians. There were children's arts and crafts activities, several Indigenous vendors selling everything from handmade jewelry to orange shirts, as well as a teepee that hosts residential school survivors who are showing incredible courage by

being open to sharing their stories with the public.

Micah Delűx, a two-spirit person, told Humber Et Cetera that times are changing.

"I'm here today to share stories, to share traditions," they said. "Times are changing rapidly, they're progressing one way really well and the other way really well. We need to pay attention to these times," Delűx said.

Okimawinew told Humber Et Cetera to share these experiences with post-secondary students to show an alliance with Indigenous nations in Tkaronto, commonly referred to as Toronto,

"We want you to educate yourself, go to organizations and say here is what I know, I want to be an ally. Talk about it, share these experiences with each other, don't be afraid to speak about what happened to the Indigenous People," Okimawinew said.

McGregor said students should know that Indigenous People from Canada are not from history, "Indigenous People from Canada are with the history,"

The Indigenous Legacy Gathering concludes Friday at 8 p.m.

Freeman inquest highlights more systemic issues for Indigenous youths

Emma Posca

News Reporter

The Chippewas of Georgina Island's community centre hosted the first day of the coroner's inquest into the death of 17-year-old Devon Freeman on Sept. 26.

Pamela Freeman, Devon's grandmother, was the first to speak to the jury. Her voice was soft and quiet and she paused between thoughts as she spoke.

"When I awoke, I woke back up in the nightmare," she said through tears

She called Devon "Boobear" as a baby and recalled the way he crawled around, his head hanging low like a bear.

She spoke about his love for cars and trucks — specifically Fords — along with motorcycles and heavy equipment.



HANDOUT / HAMILTON POLICE SERVICE Devon Freeman, 17, went missing from a Flamborough foster home in October 2017. The inquest into his death began Sept. 26, 2022.

Devon was only seven when his mother died. Ten years later, around the same time, he took his own life.

"Speak his name, we know he died, we did not forget," she said.

Devon Freeman attempted suicide in May 2017 while in the care of Lynwood Charlton Centre, a foster home in Flamborough near Hamilton. The Children's Aid Society gave him a number for a crisis hotline to use if needed and no other measures were taken. His grandmother Pamela wasn't given any notice.

Five months later, he went missing.

A statement of facts says Pamela was not notified right away and a full search was not done. Six months later, Devon's body was found just 35-metres from the group home.

Pamela learned of his death via a death certificate.

Dr. Cindy Blackstock, executive director of the First Nations Child and Family Caring Society of Canada and professor at McGill University, spoke to the jury with Dr. Barbara Fallon, a professor at the University of Toronto and Canada Research Chair for Child Welfare.

The experts highlighted the over-representation of First Nations children within the foster care system.

"Racism, colonialism and poverty. These are the drivers of the child welfare system," Blackstock said.



EMMA POSCA

People gather outside the Georgina Island (Chippewas of Georgina) Community Centre on Sept. 26 where the first day of the 16-day coroner's inquest was held in the local building and will continue in Hamilton.

Fallon said First Nations children were seven to eight times more likely to go into care, compared to non-Indigenous children.

"Risk factors for First Nations children are relatively higher," she said.

When Blackstock worked with families that were at risk of going into child welfare, she had to promise the child a better life, but "sad to say, I did not keep that promise"

She offered solutions that exist in reports from the Truth and Reconciliation Commission of Canada

and the Spirit Bear Plan, both of which give the Canadian government a list of areas to immediately take action on.

Blackstock raised the issue of First Nations not having the same "starting line" as non-Indigenous People because of generational trauma and, in some cases, the lack of basic necessities like clean drinking water and easy access to medical care.

She said that each individual Indigenous culture needs access to culture and language education and they need to be "built into pol-

icies Ontario-wide." She said this gives Indigenous Peoples more control over their lives.

"The journey for young people today is to know who they are," Blackstock said. "Devon's connection was fundamental to his wellbeing."

Blackstock and Fallon concluded the first day of the inquest by calling these issues a human rights problem.

The inquest is expected to take 16 days, hearing from 31 witnesses and continue at the Hamilton Convention Centre.

Migrant workers across Canada continue to protest for permanency status

Andre La Rosa-Rodriguez News Reporter

Migrant workers across the country are demanding Ottawa extend their permanent residency status.

Toronto is one among the 13 cities that saw migrants march for change on Sept. 18.

Syed Hussan, executive director of Migrant Workers for Change (MWAC), said the push was needed to ensure parliament doesn't delay any further on making the changes that would give them access to their rights as workers in Canada.

"We have been fighting for regularization and 'status for all' for decades," he said. "If you don't have permanent residence status, that means you are unable to protect yourself when you are being abused."

Hussan said employers can "go



THE CANADIAN PRESS/ JACQUES BOISSINOT

Mexican and Guatemalan workers pick strawberries at the Faucher strawberry farm, on Aug. 24 in Pont Rouge, Que. International workers and students are fighting to gain permanent status in Canada.

as far as being able to deport you" if workers speak up for their rights.

"You can't defend yourself because speaking up might mean that your ability to stay in the country is impacted," he said.

Hussan said around 1.7 million

farm workers, domestic workers, international students and others are exposed to "massive thefts on their wages and many are living in situations of exploitation and abuse."

International student Eric Mehrabians, 20, who is studying life

sciences at U of T said he's hoping to stay in Canada after he finishes his education.

"We're desperate for a better life," said Mehrabians, who is from Armenia.

On Sept. 20, two days after the protests, Sean Fraser, minister of Immigration, Refugees and Citizenship, tabled the Strategy to Expand Transitions to Permanent Residency report which proposes to review Motion-44 (M-44) that was passed in May this year — a new pathway to permanent residency.

Jeffrey Macdonald, a communications officer with Immigration, Refugees and Citizenship, said they will be "exploring ways of regularizing status for undocumented workers who are contributing to Canadian communities."

Although Hussan isn't expecting

any big decisions to happen soon, he said the government could do better if it wanted to make changes as the tabled report doesn't say when the review will be completed.

"Prime Minister Trudeau can decide today to ensure full and permanent immigration status for everyone," he said. "The report tabled today is a rehash of existing announcements."

"We expect the fight to be long and we are ready to ensure we get our rights," Hussan said.

Everyone involved in the MWAC will be focused on putting pressure on the cabinet, who are next in line at decision-making.

"We all know what needs to change, which is permanent immigration status for all," Hussan said.

"That's what needs to happen," he said. "That's what needs to get done."

Death of Mahsa Amini triggers global protest led by women

Hawi Tulu News Reporter

Mahsa Amini travelled to Tehran to visit family but her death at the hands of Iranian morality police sparked a possible revolution.

"She woke Iran up," said Mooniter, an Iranian activist who agreed to speak with Et Cetera on the condition her full name wasn't used, fearing for her safety. "She united Iranians to fight back against their oppressor.

"She started a movement," she said. "And the best is yet to come."

Amini, 22, was arrested on Sept. 13 for improperly wearing a hijab, beaten into a coma and later died on Sept. 16.

Her death angered the country. Streets in more than 40 cities have since been embroiled in protests, with dozens of people reportedly killed in clashes with security forces.

Her death sparked nationwide outrage as people started demanding changes to the mandatory hijab law.

Videos on social media have shown protesters calling for the fall of the clergy, despite the growing death toll. Authorities are reported to have used tear gas, clubs and in some cases live ammunition to

control protesters.

"Women have been forced to wear a hijab since 1980. The mandatory hijab law was put in place after the Islamists took over the country," Mooniter said.

The law requires girls in Iran to wear a hijab from the age of seven, or they can be denied access to education.

"Our schools, buses and trains were segregated. Slowly they started organizing a police department called the Hijab Police/ Morality police over a decade ago," Mooniter said.

This specialized police unit would approach women on the streets and ask them to fix their hijabs. If women would resist, they'd arrest them.

"We want to choose what we wear. Hijab is not a choice for us, it's forced on us by the government," Mooniter said.

Women have been seen cutting their hair in solidarity with Mahsa Amini at protests and online. These online videos of women cutting their hair have been posted under a hashtag that translates to "you will never walk alone."

"If she loses her life only for hair, I don't want this hair," Mooniter



KIM JAE-HWAN/SOPA IMAGES VIA ZUMA PRESS WIRE

A female protester chants slogans as she cuts her hair during a rally in South Korea protesting the death of Iranian Mahsa Amini, 22.

She said she wants Mahsa Amini to be remembered, and what happened to her should act as a wake-up call for the Iranians.

Youssef Farshad, an Iranian protester in Toronto, said he is ashamed of the police abusing his people.

"I am very heartbroken about this tragedy," he said. "I have sisters who live in Iran. It could have been them.

Farshad said it was important for men to support women in changing mandatory hijab laws.

"It's crucial that men speak about this as much as women do," he said. "We need to give them a voice and stand with them, and change the law together."

Fereshteh Azad, an Iranian international student, said she was sad but wasn't shocked by the events that have unfolded in Iran.

"Every Iranian woman has experienced this in their lifetime. We are arrested and killed," she said.

Azad expressed her gratitude for living in a place where she isn't in danger of being killed for not wearing a hijab properly.

"I wish every woman in Iran had the same rights I have here in Canada," she said. "I wish they were all free like I am.

"Looking back and thinking I can't help them is what makes me more miserable," Azad said.

Justice for Mahsa Amini protests has occurred in more than 40 cities, including the capital Tehran, with dozens reportedly killed in clashes with security forces.

GO Transit announces new fine system for not paying fare



METROLINX

GO Transit is planning to introduce a graduated fine system in hopes of deterring fare evaders. Fines will range from \$35 to \$100.

Megan Smith News Reporter

GO Transit is getting ready to overhaul its fine system in October in hopes of deterring would-be fare jumpers and encouraging more riders after a pandemic low.

Metrolinx announced that beginning Oct. 10, a new system for fines would be replacing the

previously standard \$100 fine for avoiding fares. Under the new system, first time fines are reduced to \$35, but fines for second-time offenders would increase to \$50 and third-time offenders would pay \$100.

Taylor Ocampo, a frequent rider with GO Transit, said while it's a good change, it isn't enough to balance out it's affordability.

"It is good to know that next time I forget to tap my Presto, I won't be out \$100," Ocampo said. "But that doesn't change how unaffordable GO Trains are. I pay almost \$20 a day just to get to class and that is money that I need for food and rent."

There's currently a 40 per cent single fare discount for post-secondary students who use PRESTO. According to GO Transit, thousands of students rely on its service to commute to class every day.

Dylan Day, a community activist in Toronto, said fines hit harder for low income commuters, including students

"Fare evasion fines disproportionately impact low income and marginalized communities," Day said. "Ontarians pay some of the highest prices for public transit, how is someone making minimum wage supposed to afford that."

The fines can increase further for those that are repeatedly caught evading fares. Any offences beyond the three tiers would lead to a provincial offence summons and a \$200 fine.

The summons means the evader would have to attend court for their repeat offense and if convicted could face a fine of \$5,000.

Martin Gallagher, Metrolinx C.O.O., said the new system is designed to recover revenue and

reduce friction between GO and its commuters.

"At the moment we have a very small number of customers who for various reasons haven't paid a fare to travel by rail," Gallagher

He says that more than 60 per cent of customers who receive the current \$100 fine dispute the amount. By lowering the cost of first time offenses, Metrolinx hopes to reduce disputes, recover more revenue and create a just

Metrolinx said this plan was developed through its anti-racism focused lens.

By creating a tier based system, Metrolinx fare enforcement officers are able to issue educational notices for the first-time offenders at their discretion.

This approach gives the opportunity to educate riders on ways they can purchase fares as well as the consequences of failing to do so.

Social media pressure leads artists to burnout

Mandy Li News Reporter

Being a successful artist hangs on two important factors: building an audience and a clientele.

Social media plays a significant role in building a business, but the constant need to be active on the platform is intense and intrusive, often intertwining in the depths of an artist's day-to-day life.

Ashley Blackwood, a Toronto-based digital artist, said there are times when an artist feels like they're constantly falling short or failing, and they can lose a bit of themselves.

"Social media and online marketing is a hit or miss," Blackwood said. "If you're not creative with how you post it, they're just going to scroll past thinking, 'well, anyone can create a piece of art."

Marketing in the art industry was always difficult, but with the rise of social media, artists are forced to face the consequences of choosing not to engage, as the benefits of using it can drastically outweigh the negatives.

Having a consistent posting schedule is crucial, as it plays into the algorithm of online platforms. However, there's a danger of burnout that creeps into the minds of all artists, resulting in some artists developing hatred toward their craft.

"There was a point in my life where I was creating a new piece and posting about it daily," Blackwood said. "If I took a break, my engagement would go down.

"Art didn't seem enjoyable to me



ASHLEY BLACKWOOD

Ashley Blackwood, a Toronto-based digital artist, says having to constantly be on social media to self-promote is intense and intrusive.

anymore. I felt robotic," she said.

For Blackwood, the burnout became real. It was no longer a figment of her imagination or a ghost story people tell to frighten others into a consistent work ethic.

An artist's work is often an extension of themselves. It could take days, months, or even years for them to create a single piece, making consistent online promotion unrealistic.

For interdisciplinary artist Ramolen Laruan, taking a mixed, in-person and virtual approach has been more effective than ever.

"I got into art late and studied outside of Toronto," Laruan said. "It was difficult for me to fit in because everyone knew each other, and doing exhibitions opened the door for making those connections."

But, according to figurative painter Mikayla Lacey, once that connection is there, it's easier to build a deeper relationship.

"A lot of people follow my work because they see it in person," Lacey said.

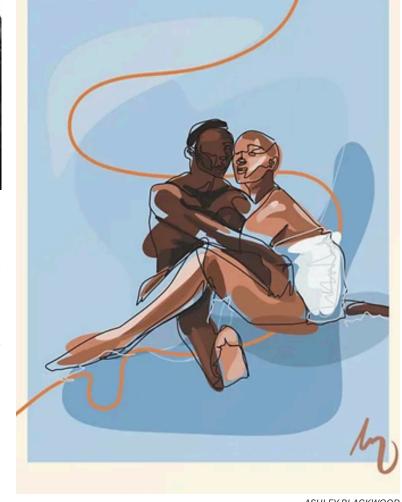
Unlike most artists nowadays, "I take a more hands-off approach with my online promotions, only posting every three weeks," she said.

However, the process of having a show is a long one, taking anywhere from a few months to a year to put together. Some galleries start allotting up to three years before the exhibition date.

"Some galleries have a call for submission, and a bunch of artists would apply," Laruan said. "It's a gamble because you don't know how many artists they are looking for or how [many] applied."

For any artist, having thick skin is important when working in the industry, as criticism and rejection are as natural as adoration and success.

"At first, I get sarcastic and joke



ASHLEY BLACKWOOD

A digital drawing by Ashely Blackwood titled, Our Peace.

around with them because they don't know me at all," Blackwood said.

"But I also genuinely want to know why, so I ask for their constructive criticism."

Regardless of how others view their art, or how big of an online

presence they have, at the end of the day, artists have to keep their emotions and values above all else.

"Don't have the mindset of 'if followers will come, money will come,' because it doesn't matter," Lacey said.

Fan, experts question whether crypto will live up to the hype

Angelina Kochatovska

News Reporter

Despite an uneasy market, the lure of cryptocurrency still looms large in the minds of investors.

"Crypto is an electronic currency that exists across computer services around the world," said George Bragues, the assistant vice-provost and program head of business at the University of Guelph-Humber.

"It's a decentralized currency with no one's place, territory, jurisdiction, and it's very hard for any government to control it."

Bragues said crypto isn't that hard to understand.

"It's just a bit exotic," he said.

Naim Rafiki, a 21-year-old investor from Toronto, bought cryptocurrency when he was a student a couple of years ago.

"At the time, when crypto came in the picture, I decided to invest in it because of the huge trend," he said. "It wasn't my basic income but I made some money from it."

"I didn't have an advisor to help me with investing, so I taught myself," he said. "

For Daniel Iaboni, a Humber computer programming student, even understanding how the crypto world works didn't necessarily deter his hesitation.

"I have thought about investing in crypto but I don't want to risk it," he said.

Bragues said a significant downside to buying and using crypto is the disappearance of one of the invested currencies from the market.

"Today, there are 21,000 cryptocurrencies, so there is always a chance that your currency could just disappear because it's not valuable anymore," he said. "But it's not so much a problem with the major ones like Bitcoin or Ethereum."

Then there's the question of safety. Most people hold crypto in an electronic wallet or on specific exchanges for buying, selling, transferring, and storing cryptocurrency. But investors could still be hacked.

"It's not perfect privacy. People think that bitcoins give you a perfect indemnity, it doesn't," Bragues said.

"It seems that there's a hack every week," he said.

In those cases, legal authorities can be involved but the chance of recovering lost money is very low because one of the well-known features of cryptocurrency is secrecy.

Despite the problems surrounding cryptocurrency, there are some situations when it can be a necessity.

"It depends where you live, what kind of a political situation you're under and what is your personal situation," Bragues said.

"If you're living in a country where the government is oppressive

... you might look at crypto to protect your assets," he said.

Bragues said he wouldn't recommend crypto as an investment unless you want to take some risk and take the gamble.

Bragues doesn't think cryptocurrency will play a significant role in the economy.

However, people like Rafiki believe crypto will be on the market for a long time.

"Mark Zuckerberg promotes his new project, Metaverse, where people will have a chance to create their own virtual reality and I think cryptocurrencies will be a part of this world," he said. "So yes, crypto definitely has a future."

EDITORIAL: Group 43, the time U.K. fascists could not pass

The myth of the Second World War is that it killed antisemitism. It didn't.

Fascism hid its bravado, crawling door-to-door across Europe for solace, eventually finding shelter in 1940s London. The roots of fascism in England started with a single man, Oswald Mosley.

Mosley was the son of an aristocratic family with a line of Baronets on his father's side, charismatic and arrogant from an early age long before importing fascism to England became his life's goal — but first, he became a politician.

An opportunistic young politician, between 1918 to 1924 Mosley switched allegiances between Conservative and Independent finally settling in the Labour Party, even being considered for Prime Minister by some but quickly fell out with the party in 1931.

After a trip to Mussolini's Italy in 1932, he became convinced once and for all fascism was the instrument to usher in his twisted vision. He founded the British Union of Fascists (BUF) better known as The Black Shirts.

Mosley and his cronies would terrorize the streets of London with endless marches and rallies, beating anyone who resisted them — and targeting young Jewish men was rampant.

This would culminate in the famous Battle of Cable Street in 1936 between police protecting



WIKIMEDIA/HJAMESBERGLIN

The 1936 Battle of Cable Street, a crucial victory for anti-fascists. This mural stands in east end London in honor of those who stood up to fascism.

the rights of Mosley's fascists to march in the area and groups of anti-fascists blockading the streets refusing to let them pass.

No fascist passed Cable Street that day in '36.

Yet, it was't a victory.

Britain entered the war against a Nazi Germany in 1939. Hitler began flinching his gun barrels towards the proud isle a little too closely. Defense Regulation 18B was passed. The bill was intended to allow detaining of anyone that poses a security threat.

Winston Churchill and the intelligence services understood Mosley and others like him posed a serious threat to betray Britain in favor of Hitler and Mussolini. Mosley and thousands of fascists were imprisoned.

Yet, when more than 50,000 Jewish refugees fled into Britain

from Germany and Austria in 1939 they were turned away. Some even imprisoned in the same camps as the fascists. More than 80 per cent of those interred on the Isle of Man were Jewish.

As the war slowed down by 1943, Oswald Mosley was freed and his cult of personality was not a simple threat, it was violence personified.

In 1945 after the perceived death of fascism, Mosley reappeared at a Christmas party to a group of supporters. Although morphing and mutilated, fascism was still bubbling under the cracks.

Since the '30s, Jewish teenagers were targets of gang attacks across London. But this was no longer the '30s — the teenagers they used to beat down were now men and women who knew to fight back.

Group 43 was formed in London in March 1946 as a response to the

government's decision that fascism had no real threat anymore. It began with 37 Jewish ex-servicemen, who risked their lives to fight the Nazis only to come back home to find them at their doorstep. Added to the group's original roster was one Gentile and five women.

They were not a political group. In fact, they were adamant about not being associated with any political ideology. Inside the group were socialists, anarchists, conservatives, liberals, and communists, united by one common string — hatred of fascism.

On Guard was a newspaper the group ran that covered worldwide struggles against oppression, such as the Black struggle in America, the protection of their communities, infiltration of fascist groups, and they were open to all people no matter their sexuality or race.

The 43 crashed fascist gatherings, heckled speeches, and directly fought them in the streets. They had boxers, martial artists, and fighters of all kinds among their ranks, eager to fight.

They didn't believe in debating fascists on top of soapboxes. There was only one way to deal with them — disruption.

The group ran many successful operations and slowed down the growth of England's fascism, they disbanded in 1950 as they saw their mission as having succeeded.

Their legacy inspired many resistance groups including the 63 Group, formed to combat another surge in fascism in England.

When a force of hate attempts to erase your existence, you have to show you are alive. In that spirit Group 43 shall never cease to exist.

TALES FROM HUMBER: My personal battle with Chronic Fatigue Syndrome



Nicole Jung
News Reporter

uring the first week of school, I was told by my doctor I had Chronic Fatigue Syndrome (CFS). It's something I never thought I would

ever have.

I was shocked by the news, but also unfortunately not surprised. It runs in the family. My older sister Justine was already going through it.

CFS, also known as Myalgic Encephalomyelitis (ME), is a complicated disorder with extreme fatigue that lasts six months and can't be explained fully.

The symptoms include issues with sleeping, difficulty thinking, sore throat, headaches, and dizziness or fatigue all the time.

I began to realize my symptoms started a long time ago. I was always tired and could not function well without having more than 10 to 12 hours of sleep.

It was hard to do schoolwork last

semester and I had trouble staying awake while doing the work. I worked in a bakery, and it was difficult to stay awake to serve the customers and work my shifts.

I remember thinking this was my sister's condition, what she was fighting against. I thought I was lucky to have avoided these issues but really, I was just avoiding my own health to help take care of her.

I'm close with my sister but after learning about this, we became even closer. She's always there for me without ever judging me.

My health issues aren't visible so people can't tell if I'm struggling or not.

There was no sign, so it was hard to get accommodations in the

beginning. But I want people to know when I am not responding to messages, or not being able to finish schoolwork, it's not that I'm lazy or trying to make excuses.

My sister explained to me how CFS has affected her daily life and how we both have similar situations. She struggled with it for longer than I have and told me not to give up.

Yet, there's still a feeling that I can't shake. This voice that tells me I will always be behind and will never catch up.

I have severe anxiety that also stops me from sleeping. I was always told to be perfect, finish everything that I start and never stop. But this need to be perfect has led to severe anxiety and CFS.

The ailment affects about three per cent of Canadians, and the Institute of Medicine estimates CFS affects 836,000 to 2.5 million people in the U.S. alone, but because it's so misunderstood and stigmatized, it's estimated that about 90 per cent of people who have it have never been diagnosed.

As my health improved, I rediscovered writing in my journal again, which helped me to relax and reflect on myself. My energy is slowly increasing and I am able to do more activities. I learned to understand my condition, I have to take time for myself and not take on more than I need to.

OPINION: Pandemic sparks renaissance for leisure reading



Hajar Rifai News Reporter

rowing up I was an avid reader, on school nights I'd turn on my night light, grab my Geronimo or Thea Stilton books, tuck myself into my warm bed and read way past my bedtime.

Back then kids barely read books because they wanted to, most only read if forced to by their English teacher

But recently, the topic of books has taken social media and people by storm, all thanks to the COVID-19 pandemic and accessibility to social media platforms.

The pandemic truly felt like a dystopian book coming to life, a grueling time all around the world. And while the majority of people wanted life to go back to "normal",

many also sought to find an escape.

New interests in baking, cooking, knitting, painting, and whatever you can think of occupied the imagination of millions for a variety of time. But one thing that really took hold was an old classic — reading.

It was the escape many were seeking.

A survey conducted byBookNet Canada, suggested that out of the 748 Canadians surveyed, 450 of them read or listened to a book at the height of the pandemic.

The survey also mentions that of the 450 Canadians, 58 per cent are reading more while 39 per cent are reading the same amount as they were before the pandemic.

The role social media played in this reading for leisure boom cannot be understated, especially TikTok.

The platform has the popular hashtag #booktok where people share their reviews on books and recommend them to others, which has reignited a passion for books again. In essence, TikTok has allowed for a new form of a "virtual book club."

Authors have even used TikTok as a way to promote their books because of the vast exposure the hashtag provides. The hashtag has



HAJAR RIFAI

Humber student Krysti Jaglal, reading at the Learning Resource Centre. Pandemic book sales seen big rise.

been viewed 79.1 billion times on the app.

The pandemic and social media helped the U.S. print industry rise by nine per cent, and the print volume 825.7 million units, higher than the year before COVID-19 according to NPD Books. Reading in the form of e-books in Canada increased during the pandemic.

While bookstores closed during the pandemic and people couldn't

get their eager hands on physical copies, it didn't slow down the trend. AStatCan study released showed internet sales of print books rose to 23.4 per cent, while e-book sales increased by 31.4 per cent in 2020, the most recent data available.

The itch for reading hasn't wavered now that the pandemic has supposedly subsided.

Social media platforms have

taken up the mantle as the main reason why people are continuing to read books. On every platform, there's a niche audience using it for book-related content. There is Bookstagram, BookTok, Booktwt (Twitter), and BookTube.

Social media and its ease of accessibility has made it easier for people to start reading for leisure, something that was once thought to be an activity of a bygone era.

OPINION: It's time to support exploited workers, not blame them



Joshua Drakes
News Reporter

The last thing workers need is hostility when they stand up for themselves.

"If you can't handle it, just quit and find work somewhere else." Sound familiar?

Chances are someone has heard words like these when they've vented about a particularly hard day at work. It's the last thing they want to hear, because not only is it an insult to their work ethic, it's victim blaming.

Some people are still stuck in a bygone age where the attitude was to suck up their problems. Complaining is seen as weakness and being unfit for the job.

As I browsed social media today, I came across a story from a VFX artist who spoke about their time working on James Cameron's Avatar. They spoke of the harsh deadlines and near-constant revisions they had to make — for no overtime pay.

The comments section had more than a few eyebrow-raising remarks.

"If it's so awful, just quit and stop complaining," one user said.

"Then quit! Exploited??? What a joke," another said.

This completely ignores the problems of the workplace that drive people to the point of complaining.

Ontario is facing a shortage of lifeguards and doctors, thanks to a variety of reasons like the pandemic halting training. Yet, some just declare that it's only young people unwilling to work or engage in a profession.

When your Ontario public swimming pool is understaffed and overcrowded because there aren't enough lifeguards, the question that needs to be asked is why there is a shortage, and not whether people are lazy.

Toronto announced that 540 fall swimming and skating programs are being shuttered due to a lack of staff. That has a bigger impact than you think, as kids that should be learning to swim in a safe environment are suddenly unable to do so. That's just one city within a nation-wide staff shortage.

When hospitals are backed up and you can't get emergency treatment, the government needs to investigate what went wrong and how to fix it.

At just the start of the pandemic, a study conducted by Unity Health Toronto showed nearly 170,000 Ontario patients lost their family doctors. Nearly 1.8 million Ontarians don't have a family doctor at all. That figure has only gotten worse.

The mindset of blaming people that can't control the situation needs to change — it doesn't help anyone and only prolongs the issues out of ignorance.

This is a systemic issue. Many seniors in my life have come to terms with such a mindset. Even my grandparents find it easier at times to simply give in and do things without pushing back. I admit that was how I behaved for a good portion of my life.

The fear of authority kept me from standing up for myself, and I was all the worse for it.

What I find intriguing is that this crowd views workers' rights and unions occasionally as a vanguard to socialism. Government involvement in the free market is unacceptable to them.

Yet when workers cite poor pay

as their reasoning for not working, which in a free market economy, is totally normal and the main way to get more benefits and pay, the workers are cast as lazy.

Perhaps there is an intergenerational disconnect between how things were versus how they are now. Maybe in a way, this pushback is a reaction to newfound freedoms people didn't have before, and were considered to be a sign of spoiled privilege.

With so many labour laws and wages being much higher than ever before, it's never been a better time to work. However, it doesn't mean that the problems have disappeared. It just means a new set have become visible. It's progress, but slow nonetheless.

Change won't come overnight, but it's becoming increasingly clear younger generations are not satisfied with the old way of doing things, and being vocal towards change is a trend that's here to stay for the foreseeable future.

OPINION: Use of space policy pushed me out of journalism



MakaylaVerbruggen News Reporter

pursued journalism because I had a passion for writing and learning about the city around me, but this career is no longer one I want to pursue.

The Temporary-Use-of-Space Policy requires students to fill out an access form to conduct their work. The form takes up to 15 days to process, which causes problems for journalism students writing and publishing to tight deadlines.

After lots of hard work and constant back and forth, Humber released a statement exempting the Journalism program from this policy, provided certain conditions were met, including new press passes.

I was one of the students who first brought attention to it.

This restriction was one of the reasons that helped cement my decision to change my career path. But with the policy revised, I was confident that journalism students would be able to carry out assignments on campus with ease.

Yet when I started to formulate the story you are now reading, the focus naturally became how chaotic it was for journalism students last year as we tried to cover the Temporary-Use-of-Space issue.

Then it happened again.

Another group of journalism students was stopped by campus secu-

rity just last week as they were testing equipment in the Arboretum.

Emma Posca, a second-year journalism student, explained to me she was shocked to be stopped by a parking guard.

"A security guard came through the bushes and said, 'Hey, what are you guys doing?' and we responded that we're just playing around with our cameras," she said.

"He asked us, 'Do you have a permit?""

I was enraged to hear this, especially after having worked so hard to ensure future students wouldn't have to deal with security harassing them anymore.

Jordan Griffith, a second-year journalism student, said he was frustrated he was unable to work the way his teacher intended, and felt ignored when explaining to security why he was there in the first place.

"He wasn't even listening to us, we even told him we have press passes coming in soon so we do have the right to film but he wasn't hearing it, he said that if you want someone talk to his manager."

Rob Kilfoyle, director of public safety and emergency management, said there is a new understanding between the journalism program and the security team, adding that the arrangement is "very well documented and trained" to the security team.

"Students that are out doing their class assignments should not be bothered, provided that they are not causing interruptions or disturbances in other academic spaces," Kilfoyle said.

According to the Humber website, the space the students were in can be rented to the public for photography sessions with the use of a permit.

The guard in question did not report to Kilfoyle, who is in charge of public safety, but instead reported to the facilities department as a parking guard.

I'm frustrated.

Clearly all the work that I did to make changes to the program wasn't taken seriously by the powers that be at Humber.

Last year, the Canadian Association of Journalists recognized our work covering this issue, and as a result, the college posted an apology but yet here we are still dealing with the same temporary use of space issue.

Incidents like this significantly impact my mental health. I feel that I'm being told "you are not a real journalist."

If these students can't count on Humber College to allow them to work and build their skills, then the skills we are meant to develop and bring forward in our professional careers won't be up to standard.

And Humber will be the one to blame.

OPINION: Nike snubs men's national team, players snub Nike



Jack Albanna Sports Editor

A 36-year drought is broken and Canada's men's team will be determined to perform on the biggest stage in sports—this winter's World Cup—absent a refreshed kit.

It's an exciting time for soccer fans in Canada, as a new generation of fans watch their country play the "beautiful game" in Qatar.

To add to the festivities, jersey fanatics will have a collection of newly released World Cup kits to purchase with their favourite players' names etched on the back.

Brands such as Nike, Adidas, and Puma have recently unveiled their creations for the tournament, yet Canada is the lone country without a new set of jerseys.

Nike confirmed this will remain

the case because Canada is part of a "different kit development cycle."

The question posed as die-hard fans of the sport is — why us?

Maybe it's because Nike is an American brand that left no detail untouched when designing the United States' new kits.

Whatever the reason, Canada doesn't deserve disrespect from sponsors who had no issue planting their logos on our nation's jersey when they began their quest for qualification in 2018.

Canada didn't narrowly book their tickets to Qatar, the Confederation of North, Central America and Caribbean Association Football (CONCACAF) powerhouse, finished top of a group of eight nations seeking a place in the tournament.

Their successful campaign caught the world's attention during an exciting span of unbeaten games that lasted until March of 2022. They stood above every nation in the world for goals scored during qualification for a significant period.

"I'm not a fan of it, to be honest," Canada defender Sam Adekugbe told The Athletic. "I just feel like every team should get a new kit for the World Cup because it's a symbolic event. I don't hate it, but I would have liked to have gotten a new kit, just because it's something to cherish"



AP PHOTO/FLORIAN SCHROETTER

Canada's Jonathan David, right, hides the Nike logo as he celebrates Canada's second goal against Qatar.

During this past international break, Canada faced this winter's hosts Qatar in a friendly match which resulted in a 2-0 victory for the North American giants.

Canada's star striker, 22-year-old Jonathan David doubled their lead in the 13th minute, and expressed his thoughts on the jersey situation in his goal celebration by covering the Nike logo on Canada's jersey with his right hand.

His celebration drew eyes on

social media as Canadians reposted videos about David to acknowledge that it's not about a jersey.

It's about respect.

To look at the work Canada has put in to make a name for themselves, on both the men's and highly successful women's team, and say it's not even enough to earn a new jersey to wear in front of millions of eyes, can't be justified.

I believe that Canada truly has potential this winter to show the

world that their name on the tournament list is no fluke, a name that will keep featuring often in the future.

As for Nike, if whoever made this executive decision didn't think that there would be controversy considering they left out a single nation out of 32, then they might be shocked if Canada decides to move on from the brand once their contract ends.

Je me souviens, indeed.



Humber Hawk Marley Bonnick dribbles against Warriors defender in 93-62 preseason loss versus Waterloo.



HAWI TUI L

Head coach Ajay Sharma speaks to his team during a preseason game.

Hawks fall to Waterloo 93-62 in preseason game

Hawi TuluSports Reporter

Hawks fifth-year guard Brittney English expects a lot from this team as she feels the team is talented and has much to accomplish.

"The team is qualified but it doesn't just come in one day," she said after losing to University of Waterloo Warriors on Sept. 29.

"Everybody has strengths and weaknesses. It takes a team to win a game. It doesn't take one person, and it takes a structure," English said.

Women's basketball started it's preseason with a defeat, but players said it was a great learning experience for the upcoming season.

Head coach Ajay Sharma notes how any coach wants their team to play well, which is his mentality this upcoming season.

"We are trying to improve dayby-day. And that's all we're trying to do at this point," he said.

"It's September, so we're just looking at what we can do better than we did yesterday and the day before," said Sharma, who has amassed a 193-30 win-loss record since 2012.

Sharma said every regular season game is preparation for the playoffs.

"Playoffs are in March, so everything builds up to that," he said.

"We're just continuing to build

this team to the heights of hopefully a championship which is our focus for the season." Sharma said.

Due to colds and the flu sweeping through most of the team in the first week of September, Sharma said players were missing practice and the team spend time adjusting.

"Everyone has recovered. Everything is going according to plan. Our players are healthier now, and things are back to normal, and we are ready for the season," he said.

Despite the loss against Waterloo, English said she felt it was an excellent game.

"This game was a stepping stone for rookies to figure out what we must work on," she said. "While the game was going on, it got better and better and the chemistry got better and that's all we want."

English's expectation for this season is to win.

"I want everyone on this team to be focused and connect chemistry-wise to win," she said.

English played slightly less than 32 minutes a game last season while averaging 12 points per game as she looks to be a leader this upcoming season.

Sharma has big expectations for a new class of rookies including Sydney Crawford.

Crawford said her first in-game experience at Humber has been incredible, and she can't wait to see

how this season plays out.

"Humber has so many opportunities, and we have so much support from the staff, from the athletic therapy," Crawford said. "It's honestly been incredible. I'm pleased to be here."

She said she's confident that the games will improve as the season continues, and last night's game was a lesson.

"I am super excited for this season. I think we're trying to go at it together and aim high this season," Crawford said.

The Hawks look to continue to build their chemistry and make adjustments to start the season on a positive note.

Men's basketball loses second exhibition game

Megan Smith Sports Reporter

Hawks men's basketball head coach, Omar Miles, has high expectations for his team going into the new 2022-2023 season despite a rough start.

"My mentality is for my guys to have fun, but also try to execute all the things we've learnt in practice," he said.

The Hawks fell to the Waterloo Warriors in preseason action Thursday night, 86-78, after taking the lead going into the half. It was the Hawks' second straight preseason loss after being blown out on Sept. 22 by the Laurier Golden Hawks, 103-51.

Miles thought the game was an excellent learning opportunity for the group. They make mistakes and can grow, especially given how young this team is.

"When you have a young team and nine rookies, we are bound to make a lot of mistakes," Miles said.

For a group like this one with a ton of fresh faces, it's about using

those challenges as opportunities to improve. A new team always has a lot to learn and that's no exception this season.

The Hawks are coming off a national championship win in Mills' debut season as head coach



MEGAN S

Adrian Aluyi being guarded by a Waterloo defender during preseason.

last year. The bar was set high, but now, as Mills enters his second season with the team after spending four seasons as the assistant coach the pressure surely remains.

For the team's veterans like fourth-year forward Jamani Barrett, a transfer from Lakehead University, they look to pass knowledge to the younger players to grow the Hawks into a championship contender once more.

"A lot of the guys are honestly just getting used to playing at this level," he said.

During the Hawks-Warriors game, Barrett shouted words of encouragement from the sidelines to his fellow teammates. He was the loudest voice on the Hawks bench. Barrett aims to inspire rookies to gain as much as they can from this experience as possible.

"My advice to the rookies is to be a sponge," he said.

"The only way you're going to take the most out of this opportunity is by soaking up everything from everyone," Barrett continued.

Barrett's advice will likely be heard by rookie Devonte Campbell, who's looking forward to strengthening his chemistry with his new teammates and improving the team on defense.

"We just have to play better defensively across the board and get a lot of rebounds," Campbell said.

Miles noted following the game that it's been fun competing and their goal right now is to get better each and every day and prove how good the defending champions still are.

Deans throws 16 K's into OCAA baseball history

Isabelle Ferrante Sports Reporter

Pitcher Brandon Deans has made his mark on the Humber Hawks baseball team after a historic performance on the mound.

In only his second start with the Hawks, the 6-foot-4 righty managed to find himself in the OCAA record books for most strikeouts in a single game with 16, against the Seneca Sting on Sept. 20.

Right out of the gate, the hardthrowing Deans was in a groove, striking out the side through the first two innings. He and his team knew it was a special night when he topped his last performance of 10 strikeouts by the fourth inning.

"I had no idea of the record then halfway through the game, I was told by coach (Troy) Black that I was a few K's away from reaching it. Knowing that I was so close to it, I knew I wanted to have it done," he said.

In the bottom of the sixth inning, Deans blew a fastball by Seneca's Roberto Pagliero, recording his 16th strikeout of the game and setting a new OCAA single-game record.

Third-year catcher Tyrus Bath had the best view of the night from

behind the plate, catching Deans' historic game.

"It was cool, it's not something you see every day and to be a part of that, it was special," he said. "The dugout knew at the time, I could hear them from where I was. Especially going into that inning, everyone was going crazy."

Bath said that this record is not something that happened overnight and applauds Deans' hard work.

"You know it's something he's been working toward, not even just at Humber but everywhere he's been," Bath said.

Before Humber, Deans spent three years at Oakland University playing in the NCAA. Realizing that playing baseball south of the border was impacting his passion for the sport, the Mississauga native decided it was time to leave and signed with the Hawks to finish his final year of school in the Police Foundations program closer to home.

Playing in the NCAA helped him figure out the type of player and person he is today. He said he gained experience pitching against big-time schools like Michigan State and some first-round draft picks, learning how to get them out and building confidence.



HUMBER ATHLETICS

Brandon Deans pitching for Oakland University compared to his days pitching as a child for the Mississauga North Tigers. Deans started playing baseball when he was five-years-old and he hasn't looked back since.

When recruiting Deans, the Hawks coaching staff, especially pitching coach Kyle Hill, found out Deans was a special player.

"He's a gamer, he's a very talented guy," Hill said. "You don't need to tell him too much, he knows what he's got to do. You give him the ball and let him go."

His historic performance earned

him the OCAA and Humber's Player of the Week for the first time in his young career on Sept. 25. He says he's grateful for the recognition but credits his work ethic and team for his success.

"It's very humbling to get recognition like that, it just shows my hard work is paying off and keeps me striving to get better every

single day," he said. "And even though these are single awards, I wouldn't be able to do it without the team and coaches that I have around me."

Deans looks to make history again as he's currently sitting six strikeouts away from meeting his original goal for most strikeouts in a season by a Humber pitcher.

Hawks' rugby team stumbles in second straight loss as challenges continue

Jacob Tye Sports Editor

Hawks wing Case McFarland thinks the team's second loss of the season was marked by errors and was disappointing and mistakes were the cause.

"I think the team played hard for the full 80 minutes, but ultimately we just made too many mistakes that Durham capitalized on," McFarland said.

Humber's men's rugby team took their second loss of the season after taking a 52-14 drubbing from the Durham Lords on Sept. 23. The Hawks went scoreless in the first half but had a late rebound scoring all 14 points in the second half.

The loss to Durham makes it the Hawks sixth loss in a row dating back to last season. It's also been a full calendar year since their last win when the Hawks had the Bruins' number, beating them 36-6 in their only meeting last season.

Head coach Fabian Rayne felt the loss was representative of the Hawks effort in the second half after a rough first.



JACOB TYE

Durham Lords wing Alex Leed being chased by Hawks wing Ethan Sperling during 52-14 home opener loss.

"They were just better than us on the day. I was a bit disappointed with the team's effort in the first half," Rayne said. "We actually had a much better second half and I believe it was more indicative of our team and what we're about."

McFarland thinks the team is taking steps in the right direction despite the rough start.

"We've already made some big steps but I'd say the biggest changes that we need to make involve our defensive structure, and we need to stop taking so many penalties," he said.

The home-opener was exciting despite the loss, with quite a turnout due to the game taking place during the Humber Hawks Alumni Weekend. Hawks wing

Timico Smith was disappointed they couldn't pull out the win for their fans.

"Definitely not the outcome we wanted, but it was a good feeling having our supporters on the sidelines cheering us on," Smith said.

"It gives you a boost when you have everyone there supporting you," he said.

Smith said he and his teammates have the talent to change the losing narrative of this Hawks team.

"Nobody wants to lose anymore, so we're going to try and pull it together," he said.

"I try not to let it weigh on me because I'm confident in my own ability and in my teammates. We can change that narrative and get that win," Smith said.

McFarland is looking forward to the Oct. 8 game against rivals Sheridan Bruins in Oakville, saying the pressure is on and they understand the stakes.

"There's obviously a bit of history, but regardless we are treating this as a must-win game where we can really make a statement," McFarland said.

HUMBER ET CETERA SPORTS

Humber's Student Newspaper

September 30, 2022

Vol.64, No.2

DEANS SETS OCAA RECORD FOR STRIKEOUTS



Brandon Deans breaks OCAA strikeout record set by Seneca's Ward Benn with 16 during Sept. 20 game against Seneca in a 8-1 rout. Deans is the latest addition to this year's roster.

OPINION: NIKE SAYS NO SWOOSH FOR TEAM CANADA WORLD CUP SOCCER P. 9



MEN'S, WOMEN'S BASKETBALL FALLS TO WATERLOO IN PRESEASON ACTION P. 10

