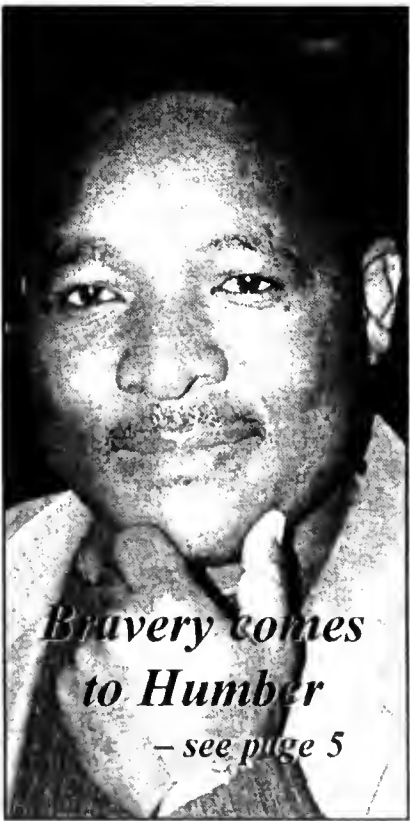


A crowd gathered and ice chips flew as Culinary Arts students learned that cooking isn't all taste as Marcelino "Jun" Paygane, one of the world's best ice sculptors, created a swordfish out of ice in the Humber concourse.

photo: Jack Tynan



*Bravery comes to Humber*  
— see page 5

## \$800 million in cuts

by Erik Martensson and Jack Tynan

Ontario colleges and universities face rising enrolment, a double cohort year, curriculum changes and now an \$800 million cut.

A confidential cabinet document prepared for the provincial Progressive Conservative's inner cabinet made available to the Toronto Star recommends cutting or eliminating funds to several educational programs.

The information in the document is shocking for those who are preparing for the future of post-secondary institutions.

The cuts would affect everything from colleges and universities to schools for the blind. The document says money for textbooks, scholarships, classroom computers, student aid and university research should be slashed.

The document suggests more than \$160 million of the \$800 million would be cut from colleges and universities in the next three years.

Most of that amount would come from reducing government guarantees on student loans. In result, students would end up paying higher interest rates on their loans.

Even the possibility of these cuts is a sign that colleges should be cautious when it comes to spending.

"The signals are pretty bad," said Humber Vice-President of Academics Richard Hook, "The academic administrators met this morning and the conclusion is that, given the fact that we don't have space, and given the fact that we don't get additional funding, any discussion of growth is really off the agenda."

Under the proposal, so-called 'low priority programs', such as those offered by northern and francophone institutions, would lose all of their funding.

Also, a proposal requiring registered nurses to have a university degree would be put off for another three years. Other programs

listed as possibly facing cuts were those offered to the blind, deaf and those with severe disabilities.

"I think that Canada values the social safety net and the more people who have special disabilities or learning difficulties have help, they're going to do better," said Hook.

Teachers would also be affected with wage increases held to zero when contracts expire next year.

The document outlines a plan whereby government should foster "a more cost-efficient, competitive, flexible and market-oriented system."

Part of the 'market-oriented system' would see the government possibly allowing private degree-granting universities in Ontario where students would have to pay the full cost of attending these universities.

The document also suggests merging 21 colleges and universities into eight new entities.

# Photo of the week



**"Duck, Duck, Goose!"**

by Adriana Pullia, first-year Creative Photography student

# Big bucks for bomber

*by Andrea Austin*

Crimestoppers is offering a \$1,000 reward for information leading to the arrest of a suspect following last week's bomb scare that had Humber staff and students jamming parking lots trying to leave.

Rod Rork, vice-president of administration said a traffic problem is expected if everyone tries to leave the building at once.

He said the main goal, to "achieve a certain amount of clearance around the building," had been met.

Two emergency exits from the parking lots can be opened up if needed, Rork added, but only one was available to those trying to leave last Tuesday when word spread at around 4p.m. that Humber might have been housing a bomb.

"We have an emergency exit at the north (onto Finch Avenue) that can be opened up," Rork said. "Police were out at one corner. I had requested that they be at both entrances but they only saw the need for one."

While students tried to get out of the parking lot, others had a hard time getting out of residence because the stairwells were not opened up, a problem Rork said is being looked into.

"We've gone through the whole event and reviewed what went well and what didn't," Rork said. The evacuation procedure in residence is being followed-up.

President Robert Gordon said last week's threat was the first this year and is not uncommon at large institutions. There was a rash of

bomb threats at Humber eight or nine years ago.

When the college is threatened, a trained team uses an evaluative process to gauge the seriousness of the threat, and this time they decided to shut down the college, cancelling evening classes.

Both Rork and Gordon added that in places like Humber with large populations there is bound to be one or two people who decide to threaten public safety.

Police were unavailable for comment, but Rork stressed that a bomb threat is a "very, very serious thing and whatever penalties are available to us, we'll use."

Anyone with information about the bomb threat can call Crimestoppers at 416-222-TIPS.

# Fee increase still leaves Humber

# lowest in Ontario

# Students give okay to rising fees if money well spent

*by Melanie Justason*

Despite the rising student fees of \$7.94 per semester, Humber College continues to pay the lowest student fees in Ontario.

According to a chart put out by the Ontario Community College Student Parliamentary Association, Humber currently has the lowest activity fees among colleges in Ontario. The upcoming increase puts Humber sixth overall.

This increase will push the total amount of student activity fees to \$80.94 per semester.

Considering this, many Humber students said the increase is fine, as long as the money is going towards helping them out.

Brad Caister, a Business Management student said as long as the money is going towards something productive then there isn't a problem with the increase.

"The world is ever expanding and they have to update their facilities," he said.

The \$7.94 will be divided between the improved health plan, the quality improvement plan and the student development fund.

Chuck Decker, SAC vice-president, said the increase will hopefully benefit all students but in various ways. He also said if the Board of Governors (BoG) doesn't feel the increase is necessary it would not be approved.

"Over the first two months of having additional coverage in the health plan this year, the total number of claims has almost doubled last year's."

Joe Torchia, a Chemical Engineering student said considering everything SAC offers, a \$20 increase is all right.

"As long as the money goes towards the school," he said.

"Spread the money around more evenly instead of concentrating on one thing."

Melissa Helwig, a General Arts and Science student said since she doesn't really use the athletic facility then it is ridiculous for her to be paying. She

does, however, appreciate that the fees are one of the lowest in the province.

"It's got to be lowest for something – the cost of living here is ridiculous," she said.

The Council of Student Affairs has already approved the proposal but it still has to go before (BoG) before it can be implemented for next September.

The health plan fee will go up by \$4.09 next year to account for the influx of people using the system. The increased plan will now include an 80 per cent coverage of prescriptions, accidental death and dental insurance and an opt-in policy for spouses and dependents.

The \$2.46 that will go towards the quality improvement plan will be for letterhead, the logo and other things that will have to be changed once the SAC changes its name to become the Humber Federation of Students.

"It will be a one-shot deal," he said. "Then the excess money will be re-allocated, maybe towards the health plan."

The remaining \$1.39 will go into the student development fund which Decker said will look into upgrading the student centre and other long term goals.

The \$11 increase for athletics will be split with \$8 going to the planned expansion of the athletics facility and \$3 going towards increased operating costs. Decker said a recreation leadership survey done in 1998 reported that students wanted to keep fit and stay healthy.

"It looks really good that students want to be healthier," he said.

Decker said it was good that since the fee increase will not take place until next year the students who are going to pay it will be able to use the upgraded facilities at the athletic centre, which will be built this summer.

If you have any comments, complaints or concerns about the fee increase or anything else related to SAC feel free to go up to their offices in KX107.

etc. etc.

# Angry MET students start petition

by Andrew Horan

A petition started by second and third-year Mechanical Engineering Technology (MET) students has been referred to the college's appeals committee.

The students started the petition after changes were made to their course curriculum without any notification or consultation with students.

When the MET students returned to school in September they discovered they are now required to take a mechanical power elements course, increasing their course load from six to seven.

The students originally had the choice of taking either a statics or MPE course. Two students Tony Alves and Joe Simoes, started the petition and 13 students of the 35 second and third-year class signed. They presented it to Academic Vice-President, Richard Hook.

The students said they were not told of the planned changes at a meeting last March.

Their program co-ordinator, Ed Espin, acknowledged that the changes had not been discussed.

"I found out we had to take MPE at the last minute," Alves said. "We were not contacted."

Saaed Laskari, a MET student said, "I was kind of angry. I heard a week before the semester started."

Alves said he filed an appeal with the appeal committee Nov. 10.

He said he will likely have a hearing with the committee within the next two weeks.

The decision to appeal comes after the petition was presented to Hook a second time and the students felt their concerns were not adequately addressed by a memorandum Hook handed down Nov. 8. The memorandum stated the college regularly reviews and updates its curriculum to stay current.

It also brought up a waiver in the college's course calendar program index that states that the college reserves the right to change course curriculum without notice.

Hook said the changes were made to help the students keep pace with the work place.

"The contemporary world is changing fast," Hook said. "We have to change pace to keep up with the world."

Hook also said there are a number of students in the MET program who will be using their credits at Humber towards applied degrees at McMaster University, adding the changes were made to help these students.

"We were looking to improve transfer-

ability of credits," Hook said.

Ken Simon, the Director of the Manufacturing School of Technology and Applied Arts would only state that "it is an academic matter that is being dealt with through the college's academic appeal process."

Alves said some students are not in the course because they were unaware of the program changes and did not register for the course.

Simon said the nature of the matter prevented him from commenting on whether or not there were any students on a waiting list for the course.

The MPE class has added to the students already heavy course load. "It imposes a great deal on us," Alves said.

Laskari said people are busy, it adds to their work load.

Most of the people in the class are third-year students who are very focused on completing their studies so they can graduate.

"We're not going to drop it," Alves said. "If anyone does fail (because of their heavy course load)...it should be stricken from their record."

Alves said he and his fellow students are doing well in the class.

On the petition the students said a grand-

father clause should be brought into place for the students affected by the change. The grandfather clause would allow them to take an elective in place of the MPE course.

Alves said students are opposed to the changes because the MPE course is targeted at people who want to be technicians.

"MPE has nothing to do with engineering," Alves said. Alves has a background in the plastics industry. "MPE has nothing to do with plastics."

It is the principle behind the changes that Alves and the other students are appealing.

They want it to apply to the entire school. It is the MET students involved with the petition's hope that if their appeal is successful that any changes to curriculum in any program will be phased in appropriately as opposed to being changed "without notice."

Alves said the situation would have been easily resolved if Humber had an ombudsman.

An ombudsman is a neutral mediator that works with opposing parties in hopes of finding a solution. Humber is the only Ontario college its size that does not have an Ombudsman.

Alves said "issues of this nature would be taken care of" by an ombudsman.

## Humber offers new programs

by Stephanie Hess

Humber is developing three new programs starting in January and September at the North campus.

Two of them are Post Diploma E-Commerce Internet programs. The third is a Post Diploma Certificate in Palliative Care.

"We want to make sure that students have all the opportunities," said Rick Embree, the Dean of Planning and Development.

Humber is in negotiations with Microsoft to discuss providing the software for the two Internet programs. Talks are also on about getting Microsoft employees to teach the programs.

A concern Humber had was whether or not the school is technically capable of providing these programs for students but according to Louise Bardswich, the Chair and Director of Information, Technology, Accounting and Electronics, there are no worries.

"We're in terrific shape as far as that's concerned," she said.

The first program, Web site Administration is a two semester part-time program beginning in

January and offers a third semester for students who want to specialize in Web site Security.

This program is designed for those working in the field or graduates of computer studies or technology programs who want to update their skills.

Applicants interested in this program may be required to get a criminal check done before entering the program.

The second Internet program is also a two semester part-time program beginning in January.

The Internet Software Development Program is designed for those who want to update their skills and knowledge that are already in the field or have graduated from a computer or technology program.

The third program is Palliative Care and it is designed for registered nurses who want to get a post diploma certificate.

This program can lead to palliative care nurse consultant positions within all health care settings.

This program starts in September and runs part-time.

## New vp tackles upcoming student growth issues

by Pamela Goldfricht

Michael Hatton is the new associate vice-president of Strategic Growth for Humber College.

Hatton, Dean of School of Business was one of three deans hired by President Robert Gordon as associate vice-presidents back in September.

While only being in his new role for a few months Hatton said his job will be extremely interesting.

"It provides an opportunity to think about where our college will be, and in addition, where other colleges and universities will stand," he said.

He said his role is to ensure the development of the college strategies that will respond to pressures and opportunities for institutional growth.

Hatton added the analysis of strategic growth would provide the college with broad views of opportunities and challenges for the school.

"Five years from now I think



Michael Hatton enjoys his days as the new vp for Strategic Growth at Humber College.

the system as we know it for colleges and universities will be different," he said. "Further, the chances for students to take a wider variety of programming that provides the best of colleges and universities will be in place."

Hatton said his position

allows him to develop a better picture of Humber's many possibilities.

"I have the chance to meet with a variety of people from outside of the college and to develop a sense of how other universities or colleges are attempting to position themselves for growth," he said.

Hatton said over the next few years his job would be to determine how Humber will handle student growth.

He continued by listing factors that put pressure on the school including the double cohort year, changing demographics, partnerships between colleges and universities for new programming, and the growth in numbers of international students.

"We have been watching the system unfold and are trying to determine where Humber's system should be," he said.

Hatton added that all of these unfolding factors are the main reasons why his new position exists.

etc. etc.

# Plans set to improve Nature Centre

by David J. Wylie  
 Renovations to the Nature Centre will not only benefit the environment, but will provide a learning ground for students - and a valuable example for the community. 16 Humber College architectural technology students are participants in an innovative plan to better the building just outside the school.

Nibras Yacoub, one of three student project managers, said the undertaking is an excellent opportunity.

"We're gaining experience of what is to be expected of us in the real world," said Yacoub.

Every student was given the opportunity to participate. Those interested were invited to attend a

presentation featuring Greg Allen, an engineer specializing in environmental techniques.

"Whoever after that meeting still felt that they were capable of doing it remained, and here we are," said Kristen Adams, another students manager.

Much of the responsibility for the restoration of the Nature Centre is in the hands of the future builders and designers.

"We're basically trying to incorporate an environmental building design instead of standard construction," said Yacoub.

According to Adams, the Nature Centre is in for a major transformation.

"We're trying to eliminate all mechanical and electrical supplies



Nibras Yacoub and Kristen Adams survey the centre.

by using solar energy and reproduction of natural resources like compost toilets and rooftop gardens," said Adams. In short, "we're trying to make the building self-sufficient, so it doesn't run off anything but itself."

The cost of the project is estimated to be in the range of \$400,000 to \$500,000.

The three project leaders are responsible for bringing the six teams - project management, materials, mechanical, design, waste, and electrical - together as one unit.

"Working with a team is new to all of us," said Yacoub.

Greg Allen, who will be working closely with the students, emphasizes education.

"The core element of the project is educational," said Allen. The students will benefit from the hands-on experience, and they will earn an addition to their portfolios.

Members of the community can also learn from the environmentally sensitive design.

"The project embodies sustainable building principles that will be valuable to the community," said Allen.

Students are actively involved in the project.

"Greg (Allen's) letting us do a lot of the leading," said Adams. "He's there to give us support to get us through to the next stage."

Yacoub said, "he's allowed us to incorporate our vision of what the Nature Centre should look like."

The first hurdle in the students' path was the initial design proposal that they presented to Steven Bodsworth, director of the Nature Centre, chair of the School for the Built Environment, and client of this proposition.

"We went through step by step the design that we envisioned for the Nature Centre, and allowed Steve Bodsworth to comment on any issues that needed to be adjusted or were not met," said Yacoub.

The first proposal for the Nature Centre is to double the size of the existing building. The renovations intended include a wheelchair lift, a kitchen, and more room for the kids who participate in learning programs at the centre.

Of the 10,000 people who use the building yearly, about 8,000 are children, and many of the extension plans are to cater to the youth. The plans will also accommodate small weddings, business meetings, and other events.

photo: David J. Wylie



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## Casino Rama trip cancelled

by Jeffrey Neal

**A**n eight night out at a Casino Rama fundraiser for the Humber Community Music School on Nov. 20 has been cancelled due to lack of interest.

Part of the reason the trip was cancelled was because not one ticket was sold to a daytime student, said program co-ordinator Cathy Mitro.

Only 15 tickets, which cost \$25 a piece, were sold and will be returned.

Although Mitro said it was a

first step and that they learned a lot from the process, it is unfortunate the trip was cancelled because it was supposed to help raise funds to send Humber's community music school to the Montreux Jazz Festival.

The festival, which takes place in Switzerland, from July 7 to July 22, is expected to cost each student \$15,000.

Students from the music school will have two to four performances, which the festival helps organize, in Switzerland, Germany, and

possibly Disneyland Paris.

"With the support of the Art Council and a government grant the school has raised \$12,000, but we still have a long way to go," Mitro said.

However, the fundraising will continue. There will be a performance day at the Lakeshore campus on Dec. 18. Bands will be performing all day in the cafeteria. Cookie dough, pizza and McDonalds coupons will be sold, and there will also be raffle prizes available.

etc. etc.

November 18, 1999

# Award winning journalists detained, tortured

by Brad Horn

Journalists in Zimbabwe, Africa, face more than deadlines trying to do their jobs.

In fact, two Zimbabwe journalists told Humber College students Wednesday they were arrested and tortured following publication last January of a story about an attempted military coup in their country.

Mark Chavunduka and Ray Choto, winners of this year's Canadian Journalists for Free Expression award, were detained and beaten by the military after their story was printed.

On his arrest, Chavunduka was told by investigators that he would be questioned for only 15 or 20 minutes.

"That 15 minutes turned into nine days," he said.

During those nine days, Chavunduka and Choto, both employees of an independent newspaper, The Standard, were beaten with wooden planks and rubber sticks and prodded with electric shocks all over the body including their genitals. As well they were "submerged," a torture in which their heads were wrapped in plastic bags and submerged in water until near suffocation.

Their crime, Choto said, was refusing to reveal the sources who provided them with "unauthorized

information," about the soldiers and officers involved in the coup.

Chavunduka said it is illegal for journalists in Zimbabwe to receive "unauthorized information," which is information not approved by the government.

He added that the law is one of 43 defined under government legislation against media outlets in Zimbabwe. Chavunduka is currently studying press laws and ethics as a Nieman fellow at Harvard University. Choto continues to report from Zimbabwe.

The two journalists said the cur-



Reporter Raymond Choto talks to Humber students.

rent root of the problem of lack of freedom of expression, lies not just in the laws but also in the growing power and strength of the country's military.

"In fact the government are hostages of the military.... While we were in detention, the military told us they are a law unto themselves," Chavunduka said.

*"If we fled, we would play right into the government's hands. It would give them ammunition to tell the world we were wrong."*

-Mark Chavunduka

Choto added he is worried about the continuing influx of retired military officials being appointed to key government institutions. For example, he said, a former general is in line to take command of the civilian police force. Part of the strategy, he said, is to "put these people in place to muzzle the press."

"That is worrisome because the military is arrogant and has no respect for the rule of law," Choto said. "It will not be happy in Zimbabwe for the next few months."

Both men are out on bail and face charges under Zimbabwe's Law and Order Maintenance Act. They have been charged specifically with "publishing information which may cause public alarm and despondency." Both journalists face seven years in jail if convicted.

They are fighting the constitutionality of the law in the Supreme Court and at the same time have launched a civil suit against the government. Their legal fees, Chavunduka estimated, are already near \$1 million (Zimbabwe dollars - about \$40,000 Cdn.)

"We are fighting for the freedom of the independent press," Chavunduka said. "The best way we know how is to test the laws. Our job is to fight now and not wait for journalists to be arrested."

The two journalists say they did not flee the country after their ordeal because they stand by their story and believe the case is concrete.

"If we fled, we would play right into the government's hands. It would give them ammunition to tell

the world we were wrong," Chavunduka said.

The men, who received post-torture therapy for three months, said they still suffer consequences from the ordeal.

"There are virtually no nights where I can sleep without dreaming about something that has to do with that military interrogation," said Chavunduka, the father of three-year-old twins.

Choto, who has a two-year-old child, added that he, too, suffers from the memories. "But sometimes we have to pay the price. It is one of the occupational hazards."



Zimbabwean Journalist Mark Chavunduka

## Award honours slain Canadian journalist

by Penny Laughren

The Canadian Journalists for Free Expression (CJFE) renamed their international award for freedom of expression to honour Tara Singh Hayer, Monday night.

Hayer, the editor of the Indo-Canadian Times and recipient of the Order of Canada, was assassinated in his Surrey B.C. home exactly one year ago today.

It was the first murder of a Canadian journalist this century and the second attempt on his life.

Hayer was paralyzed after the first attack but his son Dave said it just made him more determined. "He dedicated the remaining part of his life to freedom of expression."

Last year, the CJFE reports, 52 journalists were killed, 94 imprisoned and hundreds more injured and harassed just for doing their job.

The Honourable Madame Justice Louise Arbour, Canada's newest Supreme Court Justice and a former United Nations Prosecutor for the International Criminal

Tribunals for the former Yugoslavia and for Rwanda was the keynote speaker.

Arbour said freedom of speech is particularly important when governments and regimes use their power to silence their critics and to uphold their power.

And especially, she said, when repressive regimes use lies, half-truth and exaggerations as justification for murder, rape, confinement, and torture.

Arbour said young Canadians should take it upon themselves to protect free speech.

"I hope they embrace causes like this; they are extremely lucky they live in a free country."

This year four international journalists were honoured for their courage.

Zimbabwean journalists, Raymond Choto and Mark Chavunduka, Mexican journalist Jesus Barraza Avala and Pakistani reporter Zafaryab Ahmad were recipients of the Tara Singh Hayer Award.

*etc. etc.*

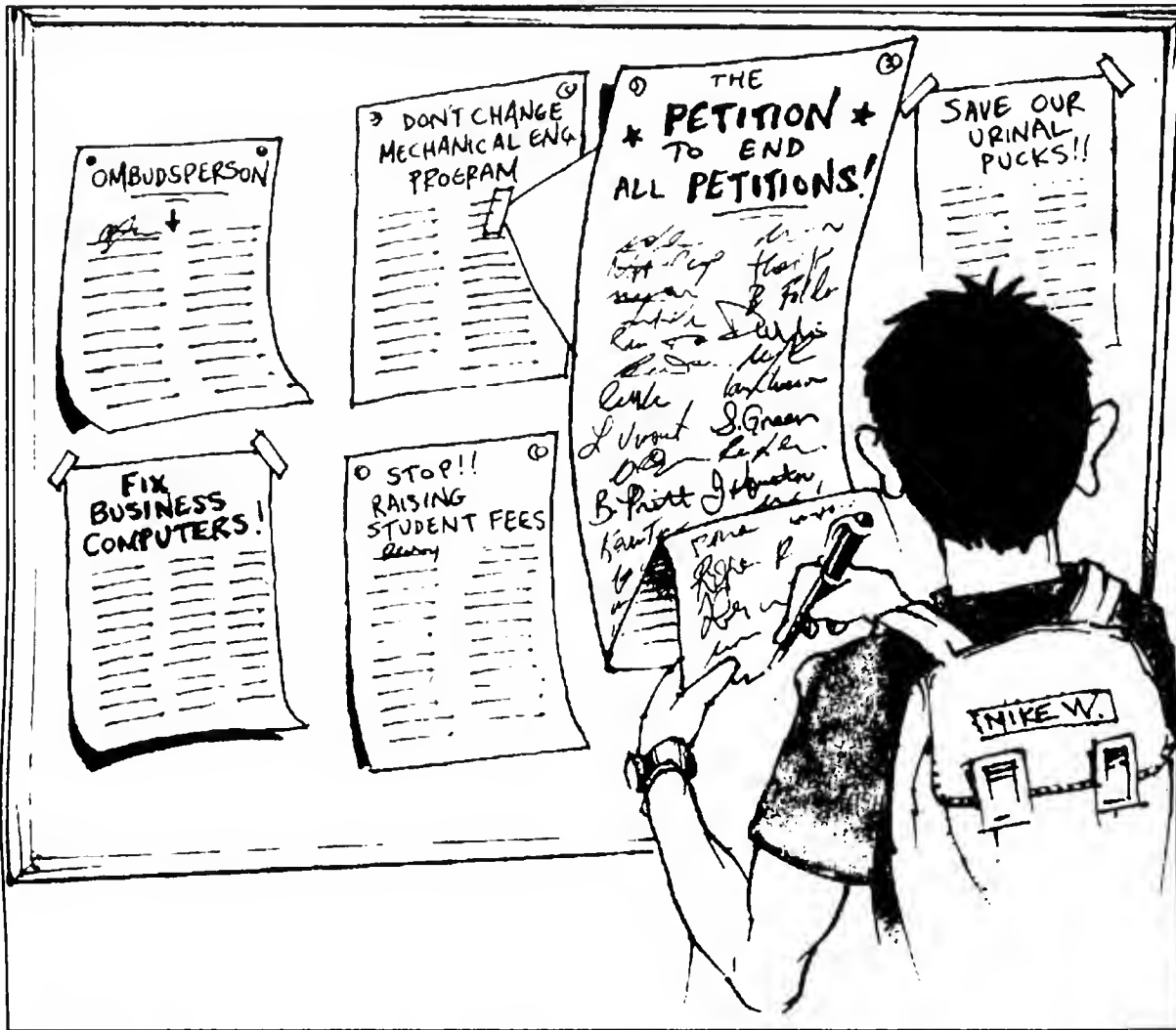
November 18, 1999

## Meeting for all students

About the Humber Student  
Federation Constitution  
Tuesday November 30, 1:00 p.m.  
to 2:30 p.m.  
in the Seventh Semester Room

Council of Student Affairs

## Petitioning – Col. Humber's secret ingredient to success



## Protect free speech

Protecting free expression for journalists is not just about protecting the rights of a select group, it is about guaranteeing free speech for everyone.

It is true that sometimes sloppy journalism and lazy reporters produce stories that are half-truths, lies or exaggerations. But for the most part, journalists try to get the story right.

That means getting all the facts right and getting both sides of the story. But that is a journalist's job.

Now imagine the terror of being detained and tortured just for doing your job.

Zimbabwean, journalists Raymond Choto and Mark Chavunduka suffered nine days of torture for not revealing sources

for a story they printed about a planned coup attempt.

What they endured was so bad that they actually asked their torturers to kill them.

They were released and left their country. They will return to Zimbabwe to face charges under laws that restrict the media in Zimbabwe.

The government of Zimbabwe has not arrested anyone in connection with their torture.

Canada has no reason to be smug about freedom of speech. There have not been any arrests made in connection with the first murder of a Canadian journalist on Canadian soil. Last year Tara Singh Hayer editor of the Indo-Canadian times was murdered at his Surrey

B.C. home.

Doesn't that seem a little too close to home?

We are lucky enough to live in a country where freedom of expression is guaranteed in our Charter of Rights and Freedoms. But make no mistake, we should guard that right zealously.

Without guaranteed freedom of expression things as simple as signing a petition could be dangerous.

So could questions about how the government, the judiciary and the police use their powers.

These are questions that need to be asked to ensure that these powers are not abused.

Isn't that what living in a free and democratic society is supposed to be about?

It seems lately that everyone from unsatisfied business students, to food and music lovers, to the SAC president feel a pressing need to seek attention through the use of petitions.

What are Humber students to do when they are faced with a crisis situation, and there appears to be an unsolvable dilemma? They start a petition.

This year alone, the Et Cetera has reported five cases where students have taken the initiative of starting a private petition. In most cases, the individual felt unsatisfied with the current structure of a situation, and gathered others to help support their cause – strength in numbers one may say.

Students are lead to believe starting a petition is their most powerful voice on campus. When students want a change, the only way to be noticed here is if they voice their concerns collectively.

Let's trek back in time.

The Ackee Tree's warm, friendly, atmospheric music was shut off. Students raised their voices to start a petition, and the Ackee Tree's tunes were once again heard.

SAC wanted a 24-hour study hall, so they petitioned. In the end they were unsuccessful.

Students in the Business school were unable to write their tests, or complete assignments due to computer malfunctions in their department, so they petitioned. Solutions are in the works, and improvements have been made.

Last week students in rez were up in arms complaining about the lack of sufficient phone lines available – 250 phone lines are supposed to accommodate all 750 students in rez. The problem is, students are using the lines for Internet service, while others want to use the lines to make outgoing calls, or to wait for incom-

ing calls. This rez phone line problem has been a problem for some years now.

This week, students in the Mechanical Engineering Tech program are upset about a change made to their program. Students were uninformed about a course being added to their already heavy workload. How is it that students weren't informed of a course being added? Wouldn't this be a major announcement?

Compared to other colleges in the area, Humber arguably wins out for being the most reputable school for the most smarts by far – a biased opinion, naturally, but one which is worth standing up for. As crazy as it may sound, it could be true that a more intelligent student body, may be more likely nit-pick about the small things that other schools wouldn't dream of petitioning for.

This pattern of increasing petitions is somewhat disturbing. Are students really that unsatisfied? If the SAC president, who's in the position to encourage changes feels the urge to start a petition, then where's the outlet for others to with concerns? A SAC that lacks the confidence to make a decision without the assurance from 200 others is a bit worrisome.

Perhaps Humber needs to take a look at how students' complaints are currently being handled. Students are taking matters into their own hands in hopes that someone will listen.

Last year, SAC argued the need for an ombudsman to help with complaints; a neutral, good shepherd that listens, and has the authority to take action to stop increasing complaints.

Maybe the Et Cetera will start a petition for that ombudsman to help students feel better knowing they're being taken care of. If it matters at all to you petition signers, there is someone standing back watching. Bless your souls.

# HUMBER

*et cetera*

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etc. etc.

November 18, 1999

## A bomb made of urinal pucks

Now, I'm not the sort of person who tends towards pessimism, but when I heard last Tuesday that the college had been closed due to some emergency I'm afraid I feared the worst.

My first thought was, of course, that my predictions of two weeks ago had come true. The recent spate of urinal screen thefts had caused a cholera outbreak at Humber, and government agents in one-piece plastic suits with dark visors and breathing apparatus had surrounded the college. I immediately contacted my close friend, Humber President Robert Gordon, to offer my condolences and assistance. He must have been very busy liaising with emergency services because he didn't get back to me, but I'm expecting to hear from him any day now.

My next call was to the college news-room, where I knew a crack team of journalists was already being assembled to report, with no thought to their own safety, on the unfolding disaster. The conversation was conducted with reassuringly crisp professionalism:

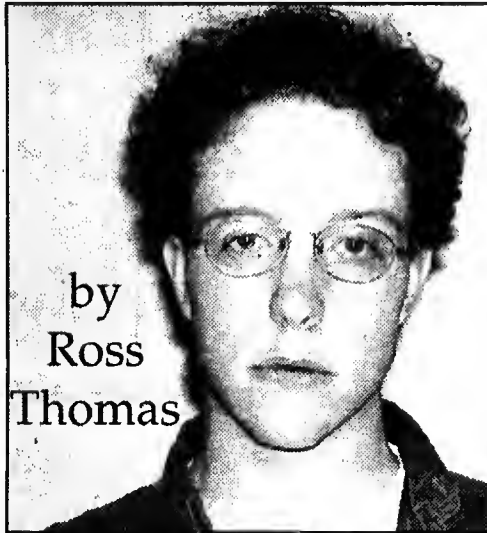
"Yeah?"

"Is it cholera?" I asked, a slight tremble in my voice.

"Huh?" he said with steely journalistic resolve.

"Cholera," I repeated. "Is anyone dead yet?"

"Who are you?" joked the crack reporter.



by  
Ross  
Thomas

"Where did you get this number?"

"Do you have any bio suits?" I asked, eager to help out in any way I could.

"I might be able to bring some in if you need them."

Then the line went dead, obviously because the authorities had disconnected all but the most essential phone lines, but even from that brief exchange I knew that my resourceful friends in the newsroom would find a way to keep me updated.

Throughout the rest of the evening I checked e-mail every few minutes, and began to worry that the Et Cetera staff had already succumbed to the ravages of that terrible disease, since I didn't receive any mes-

sages from them. I went to bed with a heavy heart.

The next morning I learned that a cholera epidemic wasn't, in fact, the reason for the closure. It turned out, as you'll already be aware, that the college had, at approximately 2:30 p.m., received a bomb threat. The bomb, said the caller, was set to detonate at 5:30 p.m., and so college security leapt into action and had a cup of tea.

Evidently they had several cups of tea consecutively (or used a very slow kettle), since they didn't actually get round to evacuating the building until 5 p.m. I suppose their reasoning went something like this:

1) We received a call saying there's a bomb in the building, and government guidelines say we have to take it seriously;

2) The bomber promised it won't go off for three hours, and homicidal maniacs are always completely trustworthy;

3) Home-made explosive devices are absolutely reliable, and never detonate before intended;

4) Let's have a hot beverage.

This is, needless to say, flawless logic, and college security must be commended for their "now let's not do anything rash or, indeed, anything at all" attitude in the face of a potentially lethal situation.

But all this contrasts dramatically with my stay in rez last year.

Approximately once a week a piercing

siren would sound in both buildings and everyone would be forced to evacuate and stand in the cold for hours, watching firemen traipse around resignedly in thigh-high rubber pants. Such attire would be appropriate since the emergency would, more often than not, turn out to be a leaking pipe that had caused the basement to be flooded with a life-threatening two inches of water.

It is, as you know, very unnerving to be lying in bed having a smoke, or sitting in class wishing one were allowed to have a smoke, and suddenly hear the terrifying din of the alarm system in the corridors. I thus suggest that a second set of alarms be installed in the college building and in rez.

Rather than blaring out a shriek of warning, which would be reserved for real emergencies, this new system would instead broadcast a gentle, almost whispered, message, in a soothing don't-panic female voice:

"Your attention, please - but no rush, whenever you're ready. There is some kind of trivial problem so minor that we hesitate even to tell you about it, such as a bomb or actual fire somewhere in the building. Please leave within three hours. If at any time you have a major body part blown off, or find yourself consumed in flames, please proceed at your own pace to the college security centre. Just follow the sound of the kettle whistling. Thank you."

Ross loves afternoon tea breaks.

## The search for alien intelligence

I would rather watch Star Trek re-runs than the latest ER or Ally McBeal episodes anytime. I've always been fascinated with the idea that other life forms exist elsewhere; the universe is too huge to be inhabited by only six billion beings.

Man hasn't even cracked the surface of finding out what exists beyond the moon, so most of the information we get on this subject is from so-called experts who just write theories on what they believe.

I think that even if, in fact they knew of the existence of other beings, that kind of information wouldn't be forth-coming to us anyway, the powers that be fear a panicked public.

Many might not agree with my analysis on this topic, but I believe documents exist that can prove the existence of other life forms in the universe.

If that information were made available to us though, it would change our way of thinking dramatically, and would definitely change society as we know it.

Over hundreds of years there have been reports of people seeing unidentified flying objects, even before planes and flying craft existed. People of old have left evidence in

drawing and folktales about seeing strange beings. The techniques used to build pyramids and other structures of that nature still remain a mystery to us.

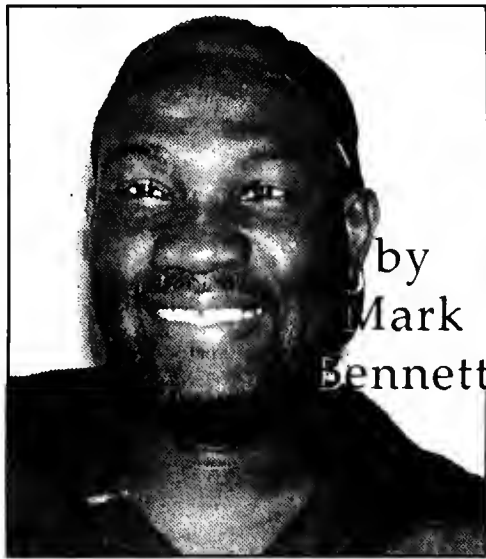
In modern times, these sightings have increased tremendously. The official U.S. Airforce study of UFOs, known as "Project Blue Book", has been left with some unresolved mysteries.

A Retired Colonel who ran the project for three years, wrote last month in the Florida Today newspaper that 130 of the 12,800 cases examined remained worrisome and unresolved.

One unexplained case is reason enough for me to wonder. In Canada, over the years rural Ontario has been known as a hot spot for UFO sightings.

So called experts will find theories and try to convince us there's an explanation for every sighting that's reported, but what about the numerous commercial and private air-plane pilots who've reported unusual sightings? Were they hallucinating?

People who are trusted with millions of lives on a daily basis? If it is so far fetched, why do governments like the USA spend so much money on their space program? I bet



by  
Mark  
Bennett

it's more than just curiosity.

People watch movies like Independence Day and Close Encounter of the Third Kind, and see them as just a writer's imagination, but there are substance to these ideas. I sit and watch technology and medicine evolve on a daily basis and I wonder if everything is the way it seems.

I, like many, have a very suspicious mind and we don't take everything for face value. I really believe other life forms exist some-

where in the universe, I only hope they're more intelligent than we are, because God forbid if they're not. I try not to visualize them. I approach this part with an open mind. I know though that the same way we surf the galaxy searching for signs of life, they too are inquisitive.

Maybe they watch us daily but refrain from exposing themselves because of our primitive ways and the fact that we aren't mentally prepared to see them.

We may not live to witness the arrival of someone or something from another part of the galaxy. I might even be seen as a lunatic to think or believe that any life exists beyond earth, but centuries ago Europeans thought the earth was flat and they alone existed, so I say ditto to naysayers, because the truth is out there.

If I wake tomorrow and someone looking like Worf or Mr Spock was visiting our world, I'm one Earthling who wouldn't be a bit surprised.

Man has been able to invade and conquer many lands and seas, but the universe remains the final frontier; who knows what's out there.

Mark's recieved death threats from the CIA

etc. etc.

# Frightening away Y2K

## *Emergency Management Team prepares Humber for millennium*

*by Cynthia Attwood*

There is no need to fear, a team of Y2K bug exterminators are here.

Humber College has set up a Y2K Emergency Management Team to prepare for the new millennium. The Humber College Board of Governors met on October 25 to talk about progress on the Y2K update.

In February 1999 Humber hired Adrian Gordon, a consultant from The Canadian Centre for Emergency Preparedness.

"He came in for a two day seminar to prepare staff for things that could go wrong,"

said Jim Hardy, a Humber Y2K facilitator and member of the team.

So far 72 per cent of upgrades to computing systems, financial services, servers and equipment have been updated and are Y2K ready.

"We have run a few computer simulations on the computers in the college. For example, in the registration office, we set the date ahead and had a fake student enrol. We had them drop out of one course and enrol in a different course, things that normal students do," Hardy said.

Some staff members will be at the college during New Year's Eve to make sure there are no complications. There are also no vacations allowed for Emergency Management Team members during the month of December.

"Precautions are being made to protect and allow the college facilities to operate if a Y2K disaster should occur," said Bob Botham, Director, Computing and Network Services, "An emergency team meeting is to

be held on Jan. 2, to see if any problems are encountered."

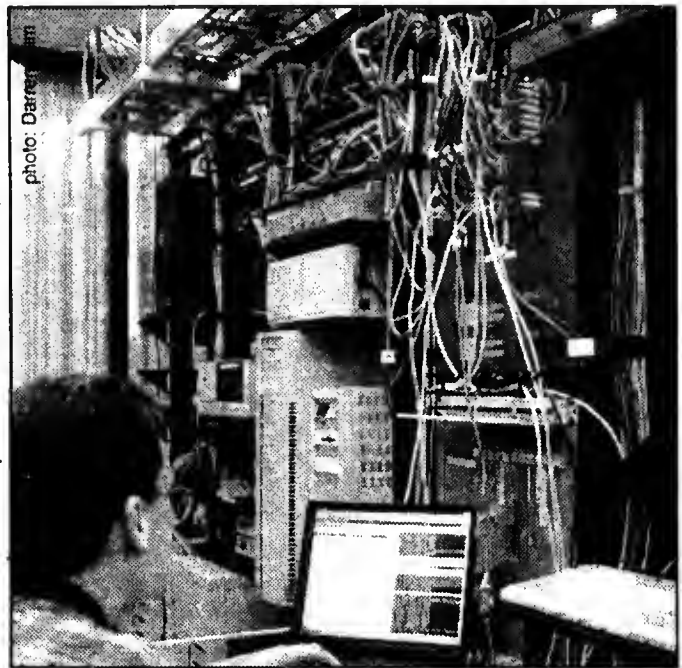
"Emergency generators will be in use to keep minimum heat and electrical power to keep the building running," Botham said.

There is a back-up supply of diesel fuel for heating in case it is needed. The pool water will be used for the boilers in case there is a problem with the water supply.

"The issue of Y2K forced departments to look at their operations more closely," said Botham.

The college will be locked from Dec. 30, until Jan. 2, 2000. The only people allowed in will be members of the team and security guards.

The college will still be closed to faculty and students during the Christmas break from noon on Dec. 24, to Jan. 3.



A team expert works hard to keep records straight.

Emergency Management Team and other essential staff will meet on Jan. 2 to determine whether the college can be opened the next day to regular staff. Classes are scheduled to begin on Jan. 4.

For updates on the 2000 preparations at Humber College you can visit the Y2K Web site at [www.humberc.on.ca/y2k](http://www.humberc.on.ca/y2k).

# Humber's student record system ready to take on millennium

*by Darren Lum*

The Educational Information System (EIS) has undergone extensive testing by the Y2K Emergency Management Team to ensure full operation after Jan. 1. For several years, the EIS has been responsible for the promotion of students from one semester to the next, and has maintained an organization of student records. The coming millennium threatens this operation, but Humber is prepared.

Six months ago, colleges around Ontario gathered for a meeting to raise the priority of the Y2K situation. Since then, Humber has performed procedures to ensure the smooth operation of Humber.

"Plans are in place to be able to provide continuing service in January," said Chapman.

Two things Humber has performed to ensure the proper function of the EI system is a simulation of the EI system operation during 2000, and contingency plans to ensure operation. "The simulation worked well," said Associate Registrar, Victor Chapman. Such tasks as paying fees and accessing records were performed without problem.

Backup tapes will be used as a hard copy for thousands of student records,

and the submission of marks before Jan. 1. This "backup tape" will be created at the end of December and can be accessed



Has anyone spotted that bug yet?

at an off campus site.

It is imperative for the marks to be submitted on time because instructors in the past have been late and it has forced the registrar's office to delay access to

student information.

To properly ensure the promotion of students from one semester to the next, the organization of all marks has to be performed before Jan. 1.

There shouldn't be a problem at Humber however, a problem that cannot be prevented is the interconnection of computer systems separate from Humber. This should not threaten Humber because, Chapman said, the college has very little business with the outside.

All admission information from the Ontario College Application Service located at Guelph, Ont., is sent through the Internet and the problem does not reside with the Service, but with the millions of computers that Internet is connected to, said Chapman.

The Registrar's office believes they have done everything possible to prevent any problems.

"I believe we won't have a problem," said Chapman.



Backup tapes are being used to store student records

*etc. etc.*



## Donations needed to meet demand

### Nursing students organize mobile clinic's visit to Humber College

by Darren Lum

The Canadian Blood Services held its annual donor clinic for two days in the student centre. The event was organized with the help of nursing students.

"A unit of blood saves four lives," said Denver Ong, a representative for donor services. Every unit of blood is broken down into four parts: Platelets, Plasma, Red, and White. The separate parts help different people for various needs.

The blood donor clinic has been running annually at Humber for 15 years, and always has the full co-operation of the college.

The nursing students do a lot of the organization work for the two-day clinic.

Jenn Harkin, a third-year nursing student, helped to organize the event. She said she wants people to come out and have fun. Harkin hopes this clinic will raise awareness.

Harkin and her classmates had

problems promoting donation. She would like to be given the opportunity to organize another clinic.

Nearly 900,000 units of blood are collected annually. Ong said a CBS study revealed only three per cent of Canadians donate blood. One main reason people do not donate is fear.

Ong said CBS tests every unit of blood. It is this reason that the CBS holds clinics across the country in schools, colleges and malls raising awareness, educating and changing the perception that giving blood is dangerous. "We need younger people to give and to give regularly," said Ong.

However, because of the "Mad Cow" scare in the United Kingdom a large number of frequent donors have been refused because of the inherent risks. Anyone who has stayed in the United Kingdom for six months or more since 1980 cannot donate blood. Ong said this has been a big hit to the donor base.

Donors have their own reason to give. "I think it's a good thing to do. If I don't need it someone else will," said Cathy Howarth, first-year Hospitality Management Program student.

Mobile clinics are run 10 to 12 times per week and provide convenience to the communities that they service. At these clinics brochures and pamphlets are handed out to promote the education of donating and to help eliminate the fear associated with donating.

Other clinics, are listed daily in the Greater Toronto section of the Toronto Star.

Ong said volunteers are welcome and encouraged.

For information on becoming a volunteer please call 416-974-9900.

The CBS has permanent sites located in the Manulife Centre, Square One Mall, Royal Bank Centre, and new locations in Barrie and Peterborough.



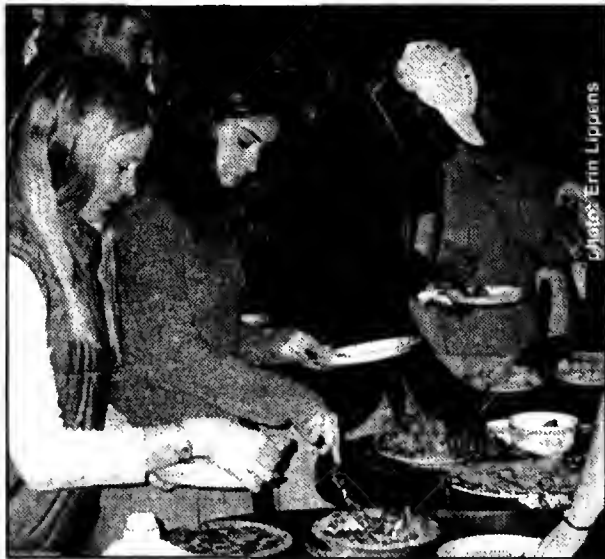
Nurses from CBS spend two days at Humber College

## International students host a night of intercultural at Caps

by Erin Lippens

Humber's International Students Association (ISA) brightened Friday night with a successful first event at Caps.

The evening, called Intercultural Night: Show Your Culture, was the beginning of a number of chances for Humber's more than 300 international students to show their roots. Everyone was able to share native food,



International students enjoy a night of cultural food, music dress and games.

dress, music and games. Vanessa Mendes, president of the ISA, said culture is an important thing to keep in mind when attending school in a foreign country.

"I need you to be proud of where you're from," she told the group.

The night began with a buffet table full of foods from different cultures. Dinner was followed by a fashion show starring members of the social committee, each displaying their respective customs.

Hong Kong, Taiwan, Germany, China, and many African nations were all represented. Everyone received a taste of tunes from Latin Dance Fiesta, Merengue and a variety of reggae favourites.

The club was formed to help international students learn about each other's culture and to support each other during their stay here. Dalyce Newby, advisor for the ISU, said the night was an important one for the club to gain some recognition.

"It's a combination of fashion, food, and music, a way of getting more people involved in the club," she said.

International Students Association events are free of charge with a membership card, or students can pay a \$2 registration fee at the door.

The next event is bowling on Dec. 3.

To register ahead of time, contact Vanessa Mendes at 675-6622 ext. 7766 or Magdy Jurgensen, vice president, at 675-0478.

### What does it take?

Units of blood usually needed for:


<b>Gunshot wound</b>	<b>15 units</b>
<b>Car accident</b>	<b>4-6 units</b>
<b>Hip replacement</b>	<b>3-4 units</b>
<b>Brain aneurysm</b>	<b>4 units</b>
<b>Abdominal surgery</b>	<b>2-4 units</b>
<b>Heart bypass surgery</b>	<b>1-6 units</b>

Source: Canada Health Science Centre

About 1 in 20 Canadians will need blood at some point in their lives

If you live to 75 years of age, odds are you'll require blood or blood products at least once.

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etc. etc.

# Working with the Snowbirds

*Early childhood education instructor's work with Canadian stunt flying team began in nightschool.*

by Andrew Horan

It was Sally Wylie's love of aviation that led to her flying with Canada's fabled Snowbirds.

Back in 1989, the Early Childhood Education instructor was helping to restore a vintage Second World War Lancaster bomber. Wylie said she had no previous experience in aviation before she helped to restore the antique plane.

"I was interested in how airplanes work," Wylie said. She went to a night school course one night a week to learn how air craft systems work.

Later the team restored the plane and it was needed to help the Snowbirds with a demonstration

that was being filmed for promotional purposes at an air show in Ottawa.

"Lot's of preparation had to go in to prepping that video shoot," Wylie said. The biggest problem was trying to get a propeller powered plane to keep pace with a squadron of jet planes. The Snowbird's Tudor jets had to use their speed brakes to allow the Lancaster to keep up. Wylie said it took several tries to keep the planes in perfect formation.

Wylie has been working with the Snowbirds at the annual Hamilton International Air Show. She is a part of the team that makes sure the Snowbirds have a safe and successful time at the show by providing them with anything they



might need for the planes.

Wylie praises the Snowbird pilots for their ability to work as a team, solve problems, and the positive attitude the pilots have. She enjoys working with the team at the Hamilton International Air show because they are "really down to earth and nice people".

While it may be the ultimate goal of many Canadian airforce pilots to fly with the Snowbirds it is a goal that many pilots might not be able to be pursued.

Recently, the Department of Defence (DOD) made an announcement that there would be

no further funding for the Snowbirds team after the 2001 air show season. Prime Minister Jean Chretien expressed his support for the team but added that the decision to cut funding was the DOD's.

Wylie is opposed to the decision. In addition to the air shows the team does a lot of charity work and visits the Hospital for Sick Children on a regular basis.

"They set a good example for the kids," Wylie said.

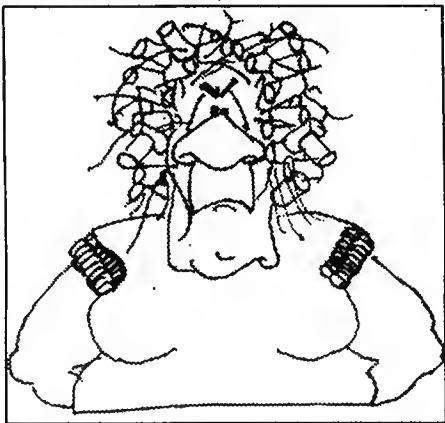
Any one interested in showing support for the Snowbirds can visit the team's website at [www.rcf.com](http://www.rcf.com) or send a letter to

Defence Minister Art Eggleton or Prime Minister Jean Chretien at the following addresses :

The Honourable Art Eggleton,  
PCMP  
Minister of National Defence  
National Defence Headquarters  
Major-General George R. Pearkes Building  
Ottawa Ontario  
K1A 0K2

Prime Minister Jean Chretien  
80 Wellington Street  
Langevin Block  
Ottawa Ontario  
K1A 0A3

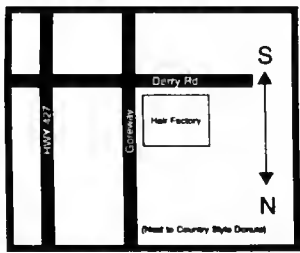
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905.673.1910**

## Money, money, money...

### They're just giving it away

**\$1 million in bursaries and scholarships up for grabs**

by Michael Stamou

Over the next few months, Humber College will be giving away more than \$1 million in bursaries and scholarships during the academic year.

In total, 1,000 bursaries at \$500 each are available for the winter/spring semester. The other \$500,000 is for emergency loans as required by students.

Some are available to aboriginal students, students in the Business Management-Financial Services Program and students in the music-percussion program.

"(We do this) to help students or prevent students from dropping out," said Margaret Antonides, Manager of Financial Aid and Awards.

"We know there are students who get into financial difficulty. We can't afford to lose them and the

student can't afford to drop out," she said.

To be eligible for a bursary, a student must be a Canadian citizen or a permanent resident.

Eligible students must be enrolled in full-time post-secondary programs, demonstrate financial need, and not already have had a bursary this academic year.

Preference will be given to students who demonstrate success in their courses and commitment to their program of study.

The amount of the bursary may vary depending on the student's need and his or her own effort in planning educational costs. The bursaries are only a supplement and are meant to relieve a student's immediate and temporary needs.

For more information, contact the Financial Aid Office at Humber's North Campus.

etc. etc.

# Phantom Menace for food

by Derek Malcolm

Fighting the Dark Side and feeding the needy will go hand in hand next week when the CRASH Christmas food drive kicks off with its presentation of Star Wars

Episode I: The Phantom Menace.

CRASH (Caps, Residence, Athletics, SAC and Humber College), the organization responsible for school events such as last week's Spirit Day alcohol aware-

ness fair, is at it again; this time to collect as much non-perishable food as possible. Admission is free for the Phantom Menace, which will be happening at the north campus lecture theatre on Wednesday

Nov. 24 at 7 p.m. But moviegoers are urged to bring non-perishable food items in exchange for free popcorn.

"This is a great way to kick off SAC's new movie series," said North campus vice-president Chuck Decker. "We want people to come out, relax, and take a break

for a good cause."

The showing of the Phantom Menace may not be the last food drive effort, CRASH is working on a plan for a pub night at Caps in the future.

"Do or do not, there is no try," said Decker, who may make Jedi yet.

## Business students learn networking

by Seanna Murray-Neck

Students in the School of Business will be mixing business with pleasure and exercising their networking skills over breakfast with possible employers on Wed. Nov. 24.

The event is hosted by the career centre and Mentorprise, an organization that helps connect education with business.

Mentorprise co-ordinates special events to begin building these partnerships.

The event is the result of an observation that students do not feel comfortable networking. Karen Fast, co-ordinator of the career centre, said 80 per cent of the job search is networking.

She said networking is making links with employers and developing relationships.

"It could be for something as simple as asking for help on an assignment or asking for employment," said Fast.

In today's workforce most entry level jobs are contract work, and many students coming out of college will be looking for employment regularly, even if they are currently employed.

Fast emphasized the importance of making con-

tacts and developing relationships with a number of employers. She said building a rapport with them will enhance a student's chances of getting a job.

The career centre and Mentorprise have come together to give business students a nudge in the right direction. Students will learn tips on successful networking skills from guest speaker Paul Klein, director of Chipco Canada, then be able to practise using them on possible employers who are also attending the breakfast.

**"It's to your advantage to talk with employers, then keep the business contact going."**

Karen Fast, career centre co-ordinator

"It's to your best advantage to go (to the breakfast), talk with employers, then keep the business contact going," said Fast. "That's the key."

The event is open to all School of Business students. It will take place from 8:30 - 10 a.m. in the Seventh Semester.

## Oops!

We mixed up names. Our apologies to Christine Micallef and Nicole Nharram.



They have better facilities  
Nicole Nharram



"It's big and they have a pub"  
Christine Micallef

What do you know about Humber's other campus?

## Avoid the line-up



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*etc. etc.*

November 18, 1999

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 Saturday 6-2am  
 Sunday 6-12am  
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**It's a great break!**

# Techo duo Leftfield shake up Toronto

by Michele Stefancic

"There's a rock 'n' roll myth about us, we were the loudest band ever to play at the Brixton Academy - the ceiling literally fell out. We use this special sound system, our music sounds good loud."

Not every band in the world can claim to be the loudest performer, however UK dub house duo Leftfield sure can.

Creators Neil Barnes and Paul Daley were in town recently to conduct press interviews, and to spin tracks at Toronto's Halloween rave.

Gracing the headlines of local newspapers and television news broadcasts, Daley was partially responsible for the latest attack on the rave scene. What better way for Leftfield to be introduced to Toronto, since the 10-year-old band has never been here before.

In 1994 the duo released their debut, entitled *Leftism*. Their brand of dub, breakbeats and guest vocalist spots including that of Toni Halliday and Earl Sixteen prompted *Leftism* to be voted as the Greatest Dance Album Of All Time in a poll conducted by top DJs.

*"The first album was much better than we realized. I think it just took us awhile to sort of find our fate with this album, to find a direction for it."*

- Neil Barnes of Leftfield.

After touring roughly six months in support of *Leftism*, Daley and Barnes were unprepared for the mayhem that ensued. Now looked upon as heroes of the club scene, Leftfield shared reservations four years later when it came time to record their latest release *Rhythm and Stealth*.

"People can have expectations of the follow up album and we didn't want that. We just wanted to do something that we thought was as good as the first album," said Barnes, from his downtown hotel room where he was nursing a sprained ankle.

"The first album was much better than we realized. I think it just took us awhile to sort of find our fate with this album, to find a direction for it," added Barnes.

Leftfield have recorded two full length albums, and have contributed their songs to various soundtracks including *Go*, *Shallow Grave*, *Trainspotting*, and *Rogue Trader* starring Ewan MacGregor. They also remixed David Bowie's 'Jump They Say', before becoming excited about writing new material for *Rhythm and Stealth*.

Because the duo combine layered technologically-created sounds with live instrumental tracks, the formation of their songs is interesting as Barnes explained, "We sit down with a plan to start off with."

"Sometimes if it's a vocal track we'll sit down and say 'who do you want to work with?' 'What type of artist do you want to work with?' Then we start jamming on ideas,

then get a basic loop going, add drums, and then start to develop the music. Then before you know it, we've got a groove going," said Barnes.

Before he was a dance icon, Barnes was a percussionist in London where he also DJ-ed at the Wag club. Daley was, of all things, a hairdresser at the Vision salon in Kensington Market. The duo have since come a long way, they are now recognized by room service as demonstrated during our interview.

While Wendy the room service attendant for the afternoon put down a tray of coffee, she noticed a vinyl copy of *Rhythm and Stealth* sitting on the table. She asked Barnes, "are you Leftfield?"

Casually he replied 'yes', then asked "do you know our music?" Wendy said her boyfriend is a fan and she is famil-

iar with the name though him. Flattered and humbled Barnes then offered Wendy a copy of his CD.

"That's special when people make that personal contact, that's really nice," said Barnes.

"I think we have a lot of genuine fans. We seem to attract people who really follow what we do. We've got a massive load of followers who were willing to wait four years for the album. It's interesting, especially when you come over here the reaction to the album is different than it is in England. Everyone is mad about certain tracks, and the reaction is always different," continued Barnes.

*"We seem to attract people who really follow what we do. We've got a massive load of followers who were willing to wait four years for the album,"*

- Neil Barnes.

Between short glimpses at the TV where a soccer game is being broadcast live, Barnes spoke about his family in Canada whom he's lost touch with, how he thinks the links between countries is special, his travels throughout Europe, his Jewish heritage and the Holocaust, racial hatred which he said is bound to get worse before it gets better.

Reverting his attention to music after our third interruption, Barnes explained the controversy surrounding his latest video for the first single featuring vocals from Afrika Bambaataa, 'Afrika Shox'.

"It got pulled by the censors board (in England)," said Barnes.

"They said the images were too aggressive and violent. It's a shame really because, it brings out a very extreme reaction for those people who have seen it.

Some people think it's the funniest thing they've ever seen, including the director (Chris Cunningham). Then there are others who completely hate it."

The imagery Barnes is referring to depicts a man who goes virtually unnoticed walking through the streets of New York City. As he holds out his arms to passerby his limbs fall off, shattering when they hit the ground like delicate china.

Upset his fans haven't been able to form their own opinion of the video, Barnes should be happy to learn MuchMusic has opted to air the video in Canada.

Banned from performing in certain parts of England, Leftfield are readying themselves for touring once again. They are expected to return to Toronto with booming sound system intact, next spring.



Courtesy photo

Leftfield duo Neil Barnes and Paul Daley shook Toronto up with their special sound system at Toronto's Halloween Rave.

etc. etc.

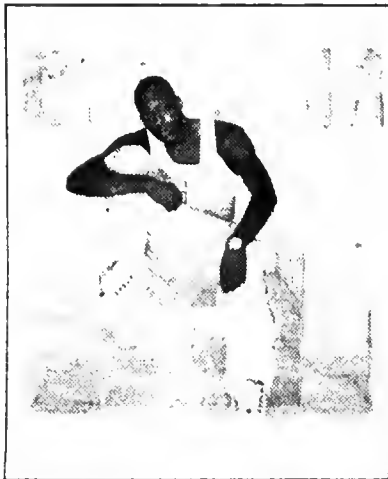


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# The latest CDs in review

## Choclair – Ice Cold



Choclair's debut album *Ice Cold*, will stand as one of the most versatile and unique albums in Canadian rap history.

Choclair, a.k.a. Kareem Blake has entered a higher level of hip-hop music with this lyrical masterpiece that is filled with wicked tracks and array of all-star appearances.

*Ice Cold* is a unique blend of lyrical mischief and musical versatility.

Signed with Virgin Records, *Ice Cold* was co-produced by Saukrates, Kardinal Offishall, and Frankenstein.

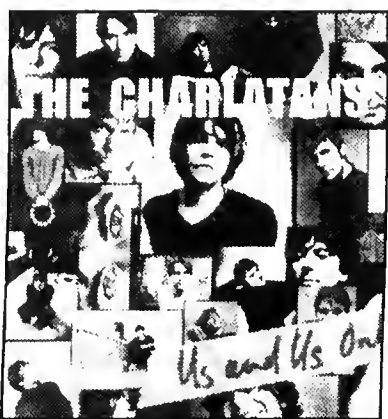
Current hit, 'Let's Ride' has made a serious impact on the music charts, and has gained much recognition on the other side of the border. Track 'Rubbin' featuring

Saukrates is solid, while 'Young Gunz' featuring Memphis Bleek is worth a listen to.

This groundbreaking album is certainly worth picking up.

*John Maida*

## The Charlatans UK – Us and Us Only



The sticker pasted on the CD's cover informs listeners that *Us and Us Only* "includes the UK hits 'Forever' and 'My Beautiful Friend'." Well, bullslocks to that. In 'Forever' lead vocalist Tim Burgess asks the question, "I wonder what you people do with your lives?" Well, at over seven minutes long it won't be listening to 'Forever' too often. Especially considering it won't be a hit this side of the Atlantic.

The same can be said for 'My Beautiful Friend'.

Third track 'Impossible' is a catchy tune where Burgess sounds like a modern-day Bob Dylan complete with harmonica, organ and angst-ridden lyrics about a woman.

'A House is Not a Home' is not bad with a nicely hooking guitar riff and a bit of swagger. 'I Don't Care Where You Live' features a bit of rock attitude, although it's a little bit toned down.

Overall, the seventh release from the Manchester band is decent, yet unexciting and uninspired.

*– Erik Martensson*

## Marc Jordan - This Is How Men Cry

A seasoned singer/songwriter, Toronto musician Marc Jordan



decided to put aside pop tunes and delve into jazz on his latest CD, *This Is How Men Cry*.

After recording eight pop-infused CDs and writing songs for the likes of Cher, Red Stewart, and Chicago, Jordan takes his velvety smooth vocals and poetic lyrics and puts them into a smoldering jazz recording.

However, the opening track

'This Is How Men Cry' is a weak beginning. A spoken-word piece is supposed to convey a man's feeling of loss and isolation. Instead, Jordan's mundane voice reads words that seem to come from a person walking down the city streets in a confused stupor.

'I Must Have Left My Heart' has Jordan's husky voice pining for lost love, while pop-style singing in 'Charlie Parker Loves Me' brings a lighter feeling to the otherwise slow and mellow CD. Listen for the jazzy rendition of Willie Nelson's 'Crazy,' Elvis Costello's 'Almost Blue', and a bonus track at the end of the album.

Suggested listening – turn the lights down low, curl up in a bean-bag chair with a hot cocoa, and let the smoky jazz lull you to sleep.

*– Catherine Stancl*

## Man of the Century 1920s style

*by Dan Lawrence*

*Man of the Century* is a low budget movie. It's also in black and white. But don't let that fool you, it's good.

It's a classic fish out of water story; the fish being Johnny Twennies, played by Gibson Frazier, a New York reporter convinced he's living in the 1920s. No reason is given for Johnny's delusional fantasy, but it probably has something to do with his turn of the century mother, who drives around New York city in a horse drawn carriage.

Johnny's friends and co-workers are simply tolerant of his psychosis, and his girlfriend Samantha (Susan Egan) doesn't appear to be aware of it. She merely asks him if he's gay when he turns down her offer for sex, to which he responds (not understanding of course), "Why I'm as gay as a day in May!"

That's the funny thing about this movie. Johnny is so entrenched in the 1920s, that he doesn't understand anything at all about the 1990s, and this device lends itself to many such comic moments.

The story-line is simple. Johnny faces the axe from his newspaper, the New York Sun-Telegram, unless he can come up with a front-page story for the next day's edition. Meanwhile, his girlfriend dumps him when he refuses to spend the night, and he must win her back before his mother can force him into an arranged union. Frankly, it's a wonder that Samantha can stand being around a guy who's idea of swearing is shouting "oh banana oil". By tailing a couple of incompetent (but hilarious) thugs, Johnny uncovers some of the New York underground. And he does it all in classic 1920s style. While watching *Man of the Century*, it's sometimes easy to forget that you're not actually watch-



Samantha Winter and Johnny Twennies star in *Man of the Century*.

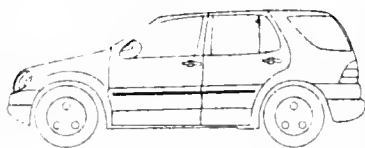
ing a 1920's movie, especially when Johnny's hijinx are coupled with composer Michael Weiner's musical score, completely capturing the style of that period. Even the entrance of the villains is accompanied by the appropriate sinister piano music.

There's a lot to be said for movies with clever plots and good acting. *Man of the Century* is funny, charming, and thoroughly entertaining.

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etc. etc.

November 18, 1999

# Boys Don't Cry explores identity crisis

by Dayna Hahn

Boys Don't Cry is the story of a young woman Tenna Brandon, (Hilary Swank) and her sexual identity crisis.

Tenna Brandon assumes the name Brandon Teena, in order to live as a boy. As Brandon said in the film, "it sounds a lot more complicated than it is."

The film opens with Brandon running away from her problems but falling into more obstacles.

Brandon receives some back up in a bar fight from John (Peter Sarsgaard) when she arrives in Fall City, Nebraska. Brandon quickly befriends John and his group of friends (Tom played by Brendan Sexton, Candice, Leey Goranson and Lana, Chole Sevigny) but conceals the fact that she is actually a girl. The plot thickens when Brandon quickly falls in love with Lana. Tragedy ensues when Brandon's true identity is revealed.



Peter Sarsgaard, Hilary Swank, and Brendan Sexton star in Boys Don't Cry.

Boys Don't Cry is based on the true story of Teena Brandon, this gave the film's writers Andy Bienen and Kimberly Pierce a hand.

The pace of the movie was fantastic. The

build up was slow and steady with an explosion followed by a slow melt down.

Swank is Oscar-bound for her role as Brandon. Swank has come a long way since playing in such fluff films as 'Buffy the

Vampire Slayer' and 'The Next Karate Kid'. Viewers may recognize Swank from her role as Carly Reynolds on 'Beverly Hills 90210'. It seems as though even with her limited teen base roles, Swank developed a strong understanding of character.

Boys Don't Cry is not the feel good movie of the year. It leaves you overwhelmed and dealing with many of life's hardships.

The film's supporting cast is virtually unknown but their inexperience in such large roles gives the film freshness. Lana is a small town girl who needs to get out. Part of Brandon's charm to her is his need to escape. Finally, she has found someone to run away with her.

Sevigny did a great job of playing Lana's subtle innocence mixed with a certain amount naivete and small town ignorance.

Director Kimberly Pierce exhibits the bleakness of small town middle America.



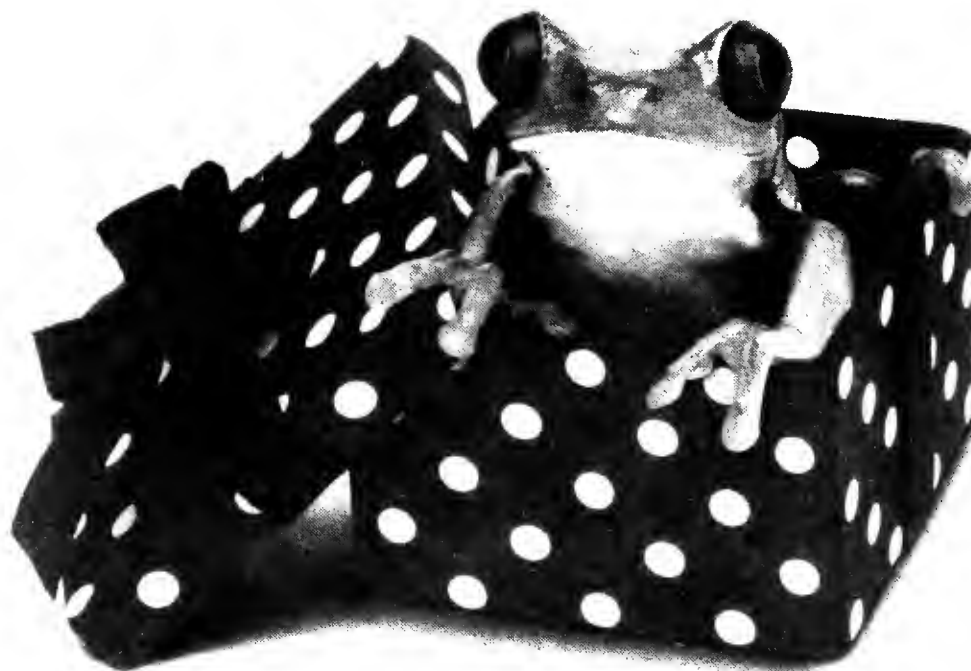
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# Hitch a spot on G-Ride's rock train

by John Maida

When people hear the name G-Ride, the first thing that comes to mind is the sexual term, and its relation to the female g-spot.

The Toronto band got their name from a military

intelligence book of secret codes.

In slang G-Ride means stolen vehicle. However, the four-piece does not want to be viewed as criminals. Rather, they'd like to be known as a group of guys who like to kick back with a cold beer and just chill.

G-Ride is Nick Carelli (vocals), Ryan Heppell (guitar), Curtis Heppell (bass) and Chris Wetmore (drums). The Heppell brothers were originally from New Brunswick but moved to Toronto about two years ago. Carelli is from Woodbridge and Wetmore resides in Richmond Hill.

Together over two years, G-Ride have played small venues like JJ Q's, the Big Bop, and Shark's. Their new album, entitled Wuz Wiz Deez Homies, is currently being recorded at CBC studios in Toronto, and is scheduled for release near the end of this month.

G-Ride are influenced by many musical styles and icons, ranging from Elvis Presley to Johnny Cash, Primus, KISS, Motley Crue and Black Sabbath. Carelli summarized the band's style by comparing them to other bands.

"We're like a Cypress Hill meets White Zombie, with a pinch of Limp Bizkit and a twist of Korn."

"G-Ride's style and sound is a hybrid of rap, funk, hardcore, and metal. Basically we use hardcore rapping with a funk metal background," said Carelli.

Their lyrics characterize what the band has experienced through their lives, and through society.

"We're definitely not a melancholy band. A lot of our songs are about real life happenings in society. We sing about sex, women, money, depression, the past, jealousy, and revenge. We look at Toronto life and Toronto culture and suck the creativity that surrounds it," said Curtis Heppell.

Following many years and numerous attempts to find a suitable bassist and vocalist, G-Ride have found a solid foundation to build on.

"It's important for a band to click, and from what I've seen the four of us definitely do click," said Wetmore.

Ryan Heppell believes a band is not complete unless the entire group can co-exist with each other, away from the music, like best friends do.

"We're more than just a rock band. We jam, we hang out, we have fun, and we party. The thing that makes us different from other up and coming bands is, we do this for fun. We get high off playing music and the fans going nuts for our music. That's what G-Ride is all about," said Heppell.



G-Ride is from top left: Curtis Heppell, Chris Wetmore, Nick Carelli, and Ryan Heppell

# Tempus Fugit suspend time

by Cathrine Stancl

It is said time flies when you're having fun. Toronto band Tempus Fugit's debut CD release was supposed to do just that.

The party for "...When You're Having Fun" at Clinton's Tavern last Friday was a small-scale affair complete with cake, bar snacks, and live music.

Time seemed to drag, despite what their name suggests.

From 9 p.m., the audience listened to three sessions of Tempus Fugit trivia. (What does Tempus Fugit mean? Answer: Time Flies.) Those who participated, received plastic clocks and the band's new CD. One round of trivia would have sufficed as the entertainment value of the game quickly diminished.

Tempus Fugit were ready to take the stage, after they presented an amusing rockumentary/home movie depicting the bizarre and make-believe events that led to the evening's festivities.

Tempus Fugit's performance showcased their unique sound brought together by the different styles of the five band members.

"I started to define each individual musician as having certain things like Dario is a pop bassist, Daniel is a progressive rock keyboardist and bassist, Phil is a rock drummer and Dave is like an '80s metal guitarist, and I write out of folk, on acoustic guitar," said vocalist and guitarist Darrin Cappe.

"When you put it all together it's a real mix."

Tempus Fugit first started as a high school band in 1985. After a ten year hiatus where they went to school and pursued other projects, three of the original members Cappe, Phil Shoor (drums), and

Tempus Fugit have just released their debut CD ...When You're Having Fun.

Daniel Veidlinger (keyboards) reformed in 1998 along with David Blatt (lead guitar), and Dario Brancato (bass) as Tempus Fugit.

The result is a unique sound with very haunting and emotional lyrics written primarily by Cappe. 'Clover' is reminiscent of an '80s heavy metal ballad with poetic lyrics.

"We definitely want our sound to change and develop and certainly not to be pigeon-holed into any one thing. This is our first album and it has a certain sound but I think that our next album will be significantly different," said Veidlinger.

When the band is on stage, instrumentally and vocally they end up sounding much stronger live than on CD. However, their live gig needs some work. They haven't had much experience performing, and it shows.

Each member dressed in bizarre outfits linked to the character they played in the video that was shown prior to the performance. It seemed like an attempt to make the show more interesting. The wigs and masks proved more of a distraction, to the audience and to the musicians themselves, as they shed their costumes after the first two songs.

With the promising material they have to perform, it's just a matter of time before they become a strong live band.



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## Falun Dafa followers find solace

by *Andrea Austin*

**T**ruth, benevolence, and forbearance. These three basic principles of Falun Dafa, an Eastern philosophy and practice recently banned in China, have been embraced as a way of life for many Torontonians despite a controversy brewing overseas.

About 20 to 30 people meet on various mornings to do meditative breathing exercises, which resemble yoga sitting poses, at different sites, including one at Queen's Park, the University of Toronto, Christie Park, and Cedarvale Park in the St. Clair and Eglinton area.

***"We felt it was a very severe punishment people were suffering for a peaceful, calming practice."***

- **Teresa Sawickal, a Toronto Falun Dafa practitioner**

In September, Toronto practitioners visited Parliament Hill in Ottawa to demonstrate the practice of Falun Dafa, which also includes standing meditation exercises, and to ask the public for support in stopping the Chinese government from arresting and detaining Falun practitioners in China.

Teresa Sawickal has been a Falun Dafa practitioner for two years and was one of the first in Toronto.

"We had read so many articles about people being tortured in China. They've been arrested and sent to re-education camps," Sawickal said. "We felt it was a very severe punishment people were suffering for a peaceful, calming practice. We try to live by all the good things in life. How can you consider that threatening? If people want to live their lives with value, and meaning, that's their choice. That's why we went to Ottawa."

Founded in 1992 by Li Hongzhi, Falun Dafa is a qigong (or chigong, energy of the mind and body) practice with similarities to Taoism and Buddhism, which have been part of Chinese culture for centuries.

The People's Republic of China issued a warrant for Hongzhi's arrest last summer for "conducting illegal activities and spreading

superstitious and fallacious ideas to deceive the public and sabotage social stability."

Falun Dafa hasn't been given legal recognition in China, where it boasts approximately two million practitioners, 14,000 of whom petitioned the Chinese government in June to ask for freedom to practice Falun Dafa. Another 10,000 gathered at Zhongnanhai, the site of the Chinese government last April to ask for legal status through peaceful protest.

Humber social sciences professor John Steckley said the controversy in China over Falun Dafa is likely the product of a power struggle between the Communist Party, 61 million members strong, and the fight for personal freedom Falun Dafa practitioners have been trying to express.

"That's the nature of China. There is religion there that goes a thousand years deep. The Communist Party is relatively young compared to the traditional practices people have followed for years. Falun Dafa has taken on an official social power. When people feel they're losing power they do stupid things," he said.

The allegations against Falun Dafa and its practitioners have some in North America calling it a cult. As the government of China continues to arrest, detain, and even sentence some practitioners to death, practitioners in Toronto are continuing with efforts to represent their practice to the media and Canadian government.

While the practitioners in China continue to struggle against oppression, Sawickal, who works for the provincial government, said her belief in the practice has been strengthened since she was first introduced to it two years ago.

"I was at a Chinese herb store. I was quite ill. I saw pamphlets on Falun Dafa and when I read the material, it made sense to me. I thought, 'okay, this makes sense to me.' It answered all my questions about life... It sort of took me to a higher level," Sawickal said. "I go out in the park in the morning and I feel exhilarated... There's an inner peace despite the fact that there's so much going on around me."

She said people who lead stressful lives, particularly lawyers, represent a strong portion of the Toronto Falun Dafa community.

Sawickal and other Falun Dafa

practitioners recently met with federal Foreign Minister Bill Graham to "make sure people have the right view" of the practice. The Canadian government asked Sawickal for an estimate of the number of people practicing in Toronto.

But because the practice has no official member list, the estimate was based on the number of people who meet to do the exercises at different Toronto sites. An estimated 3,000 people attended a conference held in May.

As to how Falun Dafa has become so popular in the seven years since it was first introduced, Sawickal said it has given practitioners meaning and peace in their lives at a time when societies are increasingly more fast-paced.

"It plays a steady role, a clarifying role, it provides a sense of stability... Everybody has a different understanding of it and takes it to whatever level they want. Everybody's doing what their heart wants. It gives (North Americans) a sense of meaning, there is not too much meaning in their lives," Sawickal said.

***"It's about looking for deep spirituality. Westerners are attracted to that. We're spiritual critters."***

- **John Steckley, social sciences professor**

The popularity of Eastern philosophy has been increasing in North America for some 30 years, and it doesn't surprise John Steckley that Falun Dafa has taken on a following here.

"It's about looking for deep spirituality. Westerners are attracted to that. We're spiritual critters," Steckley said. "People in North America have had yin yangs tattooed on their arms for more than 30 years."

Amnesty International (AI) reported thousands of practitioners, mainly elderly women, have been detained in cities across China, some released after being forced to attend 'education' sessions, some beaten with electric batons by the police. AI said this is the result of a nationwide 'anti-superstition'



**A practitioner displays a meditative sitting position.**

crackdown which has seen the media denounce traditional practices such as Feng-Shui and fortune telling.

Michael Schulman, program coordinator of the Humanists Association of Canada in Toronto, which believes in a non-religious philosophy of life and promotes equality, human rights, and freedom, said the suppression of Falun Dafa practitioners is wrong.

"We (HAC) deplore the persecution or discrimination against people who peacefully practice, observe, or believe anything."

Schulman agrees with Sawickal and Steckley that Falun Dafa has

been tagged a cult by the media because it has reached a high level of popularity in seven years. "Any religion while it still has relatively few adherents or is not officially established is called a cult."

But the exposure Falun Dafa has received in North America since the explosion of the controversy in China has been beneficial to the Toronto Falun Dafa community, Sawickal said.

"The immediate result was that everyone was calling and wanted to know what (Falun Dafa) was, what we're all about. It's been positive exposure. People have a better understanding of it."

### Some facts about Falun Dafa:

- Practitioners strive to become better people, living their lives by the principles of love, truth, and tolerance.
- These principles, Zhen (truth) Shan (benevolence) and Ren (forbearance), are the main principles of Falun Dafa; Zhen is stressed by Taoism.
- Buddhism has its roots in India when, more than 2,000 years ago, Buddha Sakyamuni developed a cultivation practice.
- Practitioners meditate and try to purify themselves spiritually to reach a higher level of understanding. (of themselves, of the universe)

*etc. etc.*

# Your smooth moves speak volumes

by Lara Rizzo

**B**ody language is a mysterious way that people unconsciously communicate what is really on their minds. This unspoken body language reveals many of our most intimate feelings, whether we intend to confide them or not.

"It is impossible for human beings not to communicate their innermost thoughts," said Dr. Michael Blancha, a psychologist at Peel Memorial Hospital. "In many cases body language, eye contact, and sexual gestures are more effective than verbal communication."

"We initiate eye contact every day, in places as disparate as the subway, office, and the supermarket. Making eye contact is a very simple, universal way to show someone that you are interested in them, which in turn makes it easier for him or her to respond," said Blancha.

Because people may find it hard to talk, body language can help them communicate, and better understand what they are saying.

Body language is a big subject and to master the reading of it to perfection requires a good deal of



photo: Lara Rizzo

**Leaning in towards a person while speaking to them shows interest, leaning away shows disinterest.**

training and experience.

A person's body language speaks volumes. By observing somebody's posture, eye movements, breathing and skin colour, you gain information about what he or she is doing in his or her mind,

said Blancha. "You can get the same information by listening to the qualities of a person's tone of voice and if you add a little bit of ESP, it just gets much easier," said Blancha.

Body language is a hard game to

play if you are trying to read what the person is trying to reveal. Not only is body language used when trying to attract a person's attention, but body language can be used during an interview as well.

Everybody uses body language during a job interview, but very few are prepared to be a winner in the body language game.

The most obvious example of body language during an interview is the smile connection. When you smile it brings about a smile from the interviewer. Do your best to stay connected with your interviewer both verbally and nonverbally.

Karen Fast, co-ordinator at Humber College career centre, said that body language is the obvious response to things during an interview. "The handshake, the smile, eye contact, your arm movements and the way you hold your hands, can be a form of feedback to the employer. Standing up during an

***"Making eye contact is a very simple, universal way to show someone that you are interested in them."***

— Dr. Michael Blancha, psychologist

interview signals, to the employer, the end of the interview."

During an interview, you must keep in mind that as you talk with an interviewer, be aware of their body language and nonverbal cues. Do not read in more than there is.

"Students unprepared for an interview tend to fidget because of nervousness," said Fast. "The more prepared you are the less nervous you will be. A suggestion would be to go to a couple of interviews whether you want the job or not,

***"Standing up during an interview signals, to the employer, the end of the interview."***

— Karen Fast, career centre co-ordinator

just to get the experience of what an interview is all about."

The career centre schedules mock interviews and offers realistic feedback to students who are preparing for a job.

"Do not show lack of enthusiasm, don't feel intimidated, nervous and set yourself at ease. The best way to prepare yourself is by standing in front of the mirror to gain openness and enthusiasm," said Fast.

In order to decode the secrets of someone's body language, you first have to send out a signal saying you're interested in getting to know that someone better.

"Smiling sends the message that you find someone attractive and would like to initiate further conversation," said Blancha. "Because many people find it hard to converse verbally, body language can help them communicate. As you learn to interpret the various nuances of body language, you can learn to understand people a little better."

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# Control your destiny with Preven

by Erin Henderson

Four little pills are now giving modern women the chance to control their own destiny.

Preven is Canada's first approved Emergency Contraceptive Pill (ECP).

Dr. Albert Yuzpe, now the co-director of the Genesis Fertility Centre in Vancouver, developed the drug 24 years ago.

The Preven kit contains four blue pills, a pregnancy test, and an instruction booklet. If a woman has experienced a failure in her normal contraception use, and suspects she may be pregnant, Preven can help prevent a possible pregnancy.

Since the 1970s, birth control pills have been given out as a type of "morning after" pill. Basically, the woman would take four birth control pills that would accomplish the same task as Preven, but for much less money. Humber's Health Centre sells four Ovral pills for \$10. In this fee they also include Gravol, as the effects of nausea are sometimes severe. Penny Ecclestone, a Registered Nurse at the Health Centre said that the differences between Preven and the birth control pills are virtually non-existent.

"...They're giving you a pregnancy test in here (Preven) and they're charging you a heck of a lot more," said Ecclestone.

As Dr. Yuzpe explains, once the egg has been released during ovulation, and it has been met by sperm, the fertilized egg then takes another week or so, to travel up the fallopian tube and implant itself in the uterus. It is because of this time lapse, that Preven can be effective. Within 72 hours, the woman is to take the provided pregnancy test. Preven is not effective if the female finds she is pregnant, however if the test is negative, then she must take two of the pills immediately, and 12 hours later she takes the last two.

"What makes Preven a landmark drug is that it will empower Canadian women to prevent rather than abort an unintended pregnancy," said Dr. Yuzpe.

This ECP is not to be confused with the controversial abortion pill. He said that it actually aborts a fetus from the uterus, where as Preven only stops the implantation of an egg.

The side effects are fairly similar to other oral con-



Dr. Albert Yuzpe shows Preven's contents

traceptives, and can produce mild to moderate nausea and/or vomiting.

"We welcome Preven, as unintended pregnancies are a serious problem," said Bonnie Johnson, the executive director of Planned Parenthood Federation of Canada.

"In Canada there is an unintended pregnancy about every three minutes and an abortion about every five minutes."

Preven is available by prescription only; the cost to fill it is a little steep. Preven costs about \$30, but Gert Jurgeneit, the general manager of Roberts Pharmaceutical Canada Inc. (the company that owns Preven's distribution rights in Canada) said the company is looking into supplying health centres at universities and colleges with the same product, but at a reduced cost. Dr. Yuzpe recommends getting a prescription from your doctor as a safety precaution and filling it if and when the need should arise.

Preven is the first packaged and approved drug of its kind in Canada, but has been widely used around the world for years.

"There are more than a million prescriptions a year written for this in England, in Holland, in Germany, it's used all over the world," he said.

Dr. Yuzpe said Preven is 98 per cent effective and that this drug could cut down on more than 50,000 abortions a year. He also said 75 per cent of accidental pregnancies could have been avoided all together if women had access to an ECP.

"About 180,000 Canadian women experience an unintended pregnancy every year and this puts a lot of pressure on them and society. We need to help these women and emergency measures like Preven are invaluable," said Dr. Andre Lalonde, executive vice president of the society of Gynaecologists and Obstetricians.

Dr. Yuzpe said this ECP could be taken by anyone regardless of her medical history.

"...What you're doing is you're using a medication which has no demonstrable, negative effect, and preventing pregnancy for someone who shouldn't be pregnant."

Dr. Yuzpe acknowledges the sensitivity of the topic of ECPs and believes that those who are opposed to the drug are simply misinformed on Preven's role in preventing pregnancy. Just recently, Walmart in the United States refused to stock Preven, and although Dr. Yuzpe is unsure as to whether Canadian division of Walmart will stock the product, his concern is that women have access to it.

Jurgeneit said the general reaction to the ECP has been good, but he does suspect a few bumps along the road to distribution.

"I had one pharmacist who told our rep he's not going to stock the product and there probably will be more than one pharmacy. I suppose that's the right of that pharmacy. So I just hope that he follows the Code of Ethics as to make the recommendation where the product is available," Jurgeneit said.

Despite the negative reaction to Preven, Dr. Yuzpe maintains this product is intended to promote the well being and independence of Canadian women.

"The development of Preven is a win-win situation. It's the result of Canadian research that will help thousands of Canadian women."

## Battling the stench of bad breath

by Tanya Verrelli

The lights are dim, the fire is lit, and he slowly leans in, his lips parted ever so slightly, but what is that?... Holy halitosis!

Bad breath, or halitosis, is definitely one of the biggest turn offs. Fortunately, there are ways to combat the odor.

Orthodontic specialist, David Michelberger, advises good old fashioned brushing three to four times a day.

"By brushing properly, not only are you minimizing cavities and gum disease and bone disease, but you're also removing the bacteria that can lead to bad breath."

Unfortunately, brushing alone is not enough. Michelberger also recommends tongue scrapers.

"By brushing the tongue, you remove the bacteria in the back of your mouth."

While brushing regularly is crucial to

good hygiene, no amount of it ever seems to be enough to destroy morning breath.

"You haven't brushed your teeth for seven or eight hours, so while you (are) sleeping, bacteria in your mouth (are) giving off the odor," said Michelberger.

Melody Smith, certified dental assistant at College Manor Family Dental Centre in Newmarket, said the bacteria in the mouth thrive on lack of oxygen.

"It's worse if you don't brush your teeth before you go to bed at night and when you wake up in the morning because the saliva flow is different."

During sleep, Smith said there is a lower saliva flow and it is the saliva that washes away the smelly toxins.

Smith also advises using a tongue scraper, or else a build up of tongue plaque can occur. This plaque produces smelly

gases appropriately called volatile sulfur compounds.

The way to kill the volatile pests is by using a mouth rinse containing chlorine dioxide. Smith said using a rinse with alcohol is bad and will only dry out the mouth.

Lisa Pace, who works at Crossroads Health and Nutrition store in Newmarket, said bad breath can be caused by several things from constipation to diet.

"Sometimes people are eating a diet that's really rich in garlic and they're not eating any greens to combat the problem."

Pace also recommends cleansing the body by taking a herbal laxative for three to seven days. She said undigested food causes bad breath.

"Also increase fiber to clean out the bowels so the whole body gets cleansed right down to the cell level."

According to Pace, parsley tea, chlorophyll, sage, fennel, chamomile and peppermint tea are all good to beat bad breath.

Pace advises using acidophilus, found in capsule and powder form at the store, which breaks down the food in the digestive track.

"(Acidophilus) really does make a difference to your overall general health and immune system as well."

Just like dental specialists, Pace also said brushing is crucial for fresh breath, but not with just any toothpaste. She recommends peelu.

"It's an African toothpaste that helps remove plaque better than almost anything else on the planet."

Fortunately, there's also peelu gum that will get rid of the stench and is easy to carry on dates. So next time you're ready to get down and dirty, keep these options in mind.

etc. etc.



## Women can't shake Demons at Nats

by John Maida

Although the Humber women's soccer team didn't leave Oshawa wearing medals around their necks, there is reason to believe the squad is definitely poised to achieve future success.

The Hawks placed fourth at last weekend's 1999 CCAA Nationals, at Durham College, featuring top college teams from British Columbia, Alberta, Quebec, the Atlantic provinces, and Ontario.

In the bronze medal game Nov. 13, the Hawks bowed out to the Trois Rivières College Diablos 3-1. It was an entertaining match, considering the obvious fatigue both teams played with. Humber was playing their third game in three days, while the Diablos were playing their third in four.

The Diablos staked an early 2-0 lead scoring goals in the 17th and 39th minutes. The Hawks answered with a goal in the 68th minute when forward Kim Perras struck home a cross from mid-fielder Adriana Cataldo. Just as the Hawks seemed to gain momentum, the Diablos sucked the wind out of the Hawks' sails with a heartbreaking goal in the 80th minute, to seal the victory and capture the bronze medal.

Hawks' coach Mauro Ongaro said the Diablos played an excellent game and, to their credit, capitalized on their breaks and deserved the win.

Hawk Defender Rosie Butera earned the player-of-the-game award, but clearly wanted the bronze medal.

"It would have been nice to go home with



**The Lady Hawks battled stiff competition to finish fourth at the Nationals in Oshawa last week.**

a medal, but I'm happy with the way the team played all season. I don't consider a fourth place finish a letdown at all," Butera explained.

Midfielder Annabella Lopes echoed Butera.

"The biggest thing for us was actually making it to the Nationals, and we did that. It's the first time the women's team has ever made it this far in the four year program, and we had a strong fourth place finish," Lopes said.

The Hawks advanced to the bronze medal game with a 1-0 victory, over New Brunswick's St. Thomas University Tommies on Nov. 12. Cataldo scored the lone goal of the game by deking the

Tommies defender and sneaking a shot inside the left post. Cataldo was awarded player-of-the-game honours and was also selected to the CCAA all-star team.

Mid-fielder Claudia Marmo left the game with what looked like a serious ankle injury, but was only a mild sprain. Mid-fielder Carla Butera also left the game with a bruise on her left leg but both players were in the line-up for the following game.



Humber's most impressive game of the tournament, came against Canada's top team, the College of Cariboo Sun Demons, on Nov. 11. Even though Humber lost the match 2-1, they showed they are capable of competing with the best teams in the country, matching them in almost every aspect of the game.

Humber stunned the Sun Demons, when striker Joanna Vitale scored in the 22nd minute, giving Humber the surprising early lead. Their lead was short lived.

In the 25th minute the Sun Demons tied the game and five minutes later the Sun Demons scored a magnificent goal off a header, to take the lead. Hawks sweeper Anna Tripodo earned player of the game honours with a fine defensive performance.

Midfielder Nicole Hunter thought playing the Sun Demons in the first game was a bit of a letdown.

"This game was played like a championship game," Hunter said. "Because we played so hard in that first game, we were sore and fatigued by the time the bronze medal game came around. We needed at least one day off between games just to regain some stamina."

The Humber coaching staff was pleased with the team's performance during the tournament and the entire season.

"The girls gave it their all, and that's all that matters. The game against Cariboo was definitely our best game of the tournament," Ongaro said. "The competition was strong and the games were difficult, but at least now the girls know what it takes to compete at the National level."

## Hawks get scalped, dethrone Lords

by Juan Pablo de Dovitiis

All good things must eventually come to an end, but that does not make it any less disappointing when they finally do.

The girls basketball team lost its first league game in three years against Mohawk 65-56. And although the team bounced back by crushing Durham by 27 at home, it is obvious this Humber squad is not as dominant as teams of the last two seasons.

**Mountaineers 65, Hawks 56  
Hawks 78, Lady Lords 51**

Ironically, the team's poor play against Mohawk could in fact be a source of confidence going into next week's game against league heavyweight Fanshawe, because Humber essentially beat themselves.

"We didn't get beat, we lost that game," said coach Jim Henderson.

Humber lead for most of the game, and were up 32-30 at halftime. The second half started with more of the same, with Humber sticking to its starters, who scored all but four of the team's points.

But problems mounted as the game pro-

gressed. Forwards Brenda Chambers (game-high 13 points) and Lindsay Higgs (10 points) fouled out early. Humber turned the ball over 21 times and shot only 6 for 14 from the line.

"We were always two or three up, but then Lindsay (Higgs) and Brenda (Chambers) fouled out," Henderson said. "And Tara (Reddick) also had four. We can not afford to have our two starting post players foul out of the game."

The Hawk players took the loss hard, but understood what caused it.

"We didn't play defense, and we got out-hassled," Chambers said. "Jim (Henderson) told us what they were going to do before the game, and at halftime he was telling us 'see, that's exactly what they did'."

The fact that they knew they could have won the game was probably a motivating factor when they faced Durham two days later.

The excitement of playing Durham at home before the Humber fans made this game even more important, since another loss, going into the Fanshawe game, could

prove disastrous for the team's title hopes.

The Hawks have two other blowout wins this season but their defence was at its best in the first 12 minutes of this game. It took Durham more than seven minutes to score its first point (a free-throw), and more than 11 to get its first field-goal.

At one point forward Beth Latendresse "swatted" a shot by a Durham's point guard against the backboard, bringing a roar of approval from the crowd.

By halftime, the score was 44-18.

In the second half the team's defensive intensity went down, but Durham couldn't close the gap. In the end, Humber took its third win of the season, 78-51.

Chambers (20 points) was the player of the game, but she received a lot of offensive help from Latendresse and Tara Lee Reddick (15 points). But it was the team, with their full-court press, who earned this win.

"I'm really happy with the way we bounced back after our loss," Henderson said. "Our press was at its best. I also thought Tara (Reddick) played exceptionally well running our offence."



**Hawks 79, Lords 62**

"It wasn't pretty but it was a win," Coach Mike Katz said.

Jason Francis puts one away on a fast-break. He was once again the stand-out player with 23 points.

*etc. etc.*

# T.O. Waterfront will take gold in race for the 2008 Olympics

by Frank Monaco

Everyone at some point in their life has wondered what they would do with an overwhelming (and imaginary) amount of money. Imagining the plans to better your life and the lives of the people around you with this phantom money would certainly be the topic of conversation. These musings have extended to officials of the Toronto Olympic bid and because of it, their \$2 billion plans have been the subject of discussion.

David Crombie, former mayor of Toronto, and now chair of the Toronto bid, unveiled the master plan to host the 2008 Olympic games last week. Although the project is grossly expensive, he promised it would bring big benefits to the city.

"More than any other single event, the Olympics has the power to transform and renew the commitment that people make to the future of our young people and our community," Crombie said.

The bid will make major improvements to the dilapidated waterfront.

The bid outlined five main ideas to the proposal are environmental enhancement, new housing, economic prosperity, improved infrastructure, and greater accessibility. Another core idea for the bid is to have the events within one-hour travelling distance from one another and have a village where all the

athletes will stay.

The master plan estimates that the games would create 77,000 jobs, net \$1.3 billion in taxes to all three levels of government and result in \$6 billion in economic activity.

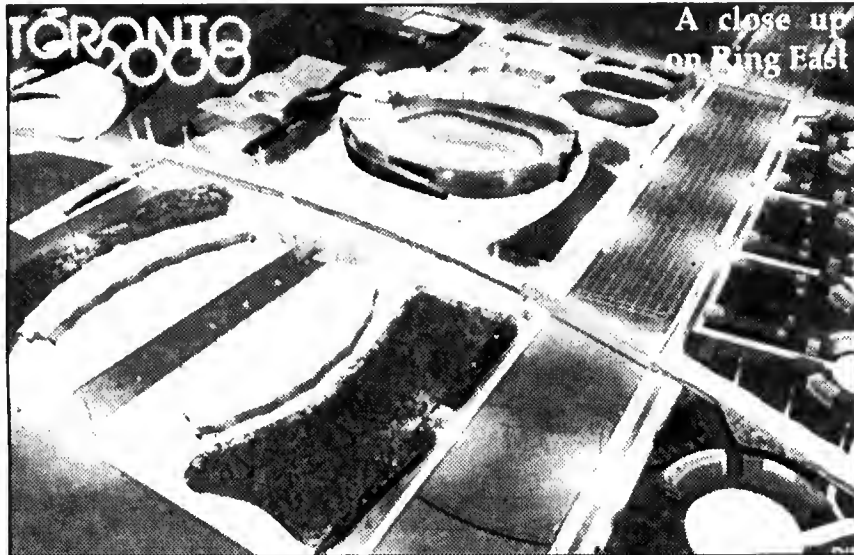
The main venues would be concentrated in three spots along the

*"The Olympics has the power to transform and renew the commitment that people make to the future of our young people and our community"*

-David Crombie, Chair of Toronto's Olympic bid

waterfront, called Olympic Rings. The city's eastern port lands, now a mix of industries, forsaken factories, empty land and contaminated sites, is to be renewed as the site of the main Olympic stadium, and the athletes' village

The Olympic Rings East, along the current shipping channel, would contain the athletes' village that would become 6,000 to 8,000 units of affordable housing. In addition, this ring would hold the main stadium, an Olympic Cultural plaza, an aquatic centre, and the international broadcast centre and



media village. The channel itself would become a lane for rowing and canoeing.

The Olympic Ring Central, south of downtown, would feature boxing and baseball at the SkyDome, basketball and volleyball at the Air Canada Centre, fencing and Tae kwon-do at the Metro Toronto Convention Centre.

At the Olympic Rings West, at Exhibition Place and Ontario place, there'd be a cycling velodrome, likely a new national tennis centre, and venues for gymnastics, handball, rhythmic gymnastics, wrestling, badminton, table tennis, triathlon, volleyball and triathlon.

These three sections would be joined by an upgraded transportation system, which would see rapid transit extended out to Pearson International Airport.

The Waterfront idea was something that Toronto Mayor Mel Lastman proposed before the bid's announcement with support from Ontario Premier Mike Harris, and Prime Minister Jean Chretien.

The athlete and media villages will come at a \$500-\$800 million expense. The sports venues will cost an estimated \$687 million and tack on \$2.2 billion for infrastructure. The Waterfront redevelopment could be as high as \$8 billion alone. At the moment, no one has guaranteed a penny.

The bid committee is confident the private sector will take care of

the athletes' village because it would be converted to rental housing after the games. The games are expected to cost \$2 billion to stage and produce \$3 billion in revenues. Like any large plan that involves a lot of imaginary money, there is support and opposition.

Some say the games will raise the nation's consciousness of our amateur sport. If Canada happened to win the games, the spin-offs in terms of funding, competition, and training facilities would be immeasurable.

Humber's Athletic director,

*"There's a fair amount of smoke and mirrors with their proposal"*

-Robert Gordon, president, Humber College

Doug Fox feels that the Olympics would help Ontario athletes.

"Our facilities (in Ontario) are sub-standard. Every other province in Canada has hosted a game from the Pan-Am games to the Canada Games. Because of that they have facilities that make them way ahead of Ontario," Fox said.

Humber President Robert Gordon agreed that bringing more sports facilities to Ontario is good but questioned it as a priority for the city and province.

He added they generally don't

end in a profit.

"Although they say in advance there will be a surplus and it will all be paid for by the private sector. It never seems to end up that way. There's a fair amount of smoke and mirrors," Gordon said.

Toronto's neglected portland region still has businesses that call the area home. These businesses could face expropriation if Toronto hosts the Olympics.

Shakir Omar, general manager of the Irish Rover Pub said he discovered the bid's plan in the newspaper when he saw a rendering of an Olympic pool where his pub is located.

"I'm not against the Olympics, but the fact is no one's told me anything," he said.

The Toronto Economic Development Corporation (TEDCO) has attempted to redevelop the area. With the uncertainty of the bid, TEDCO is unable to guarantee long-term contracts. In the meantime, the federal organization for shipping in the city is currently studying the economic impact on the city of shutting down the port while the Olympics are in Toronto.

"I've worked hard to establish a regular clientele in the area and to lose the pub would not only hurt me but also hurt them," Omar said.

He wants to be relocated in the same area if the Olympics do come.

There are fears that the Olympics alone will not pay for all the developments outlined in the plan and taxpayers will be called on to pay a share. The summer Olympics of 1976 in Montreal in spite of this familiar enthusiasm; lost more than \$1 billion and Quebec taxpayers are still paying off that debt.

The 1992 Olympics revitalized Barcelona and next year's Olympics in Sydney were largely won on the merits of an environmental plan—a model for Toronto's bid and all future ones.

Beijing is said to be the front-runner and the final decision on all bids in will come in July 2001.

## Humber viewpoint



Lisa Yanaky, 19  
first year law clerk

"I think it's bad because of the problems in Atlanta and the lack of security. I don't think we have the money."



Amanda Firth, 21  
first year paramedic

"I think it's great. It will bring a lot of money to Toronto and show athletic support to the whole world."



Derryck Birch, 21  
Second year business management

"I'm worried about corruption and Toronto's image. I think we should worry about our problems first and about the Olympics and international politics second."

etc. etc.

# Hawks tame Cougars, fly into Shield

*by Scott Van Slyke*

Before the Hawks' two-game northern road trip the team was so hot even the bus was smoking.

The Hawks had no sooner left Westwood arena, when their bus started billowing smoke from the engine, forcing an emergency stop on Highway 427.

"I'm just glad (the breakdown) happened here in the city and not in the middle of nowhere," Coach Joe Washkurak said. After a short wait for a non-smoking bus the team transferred their equipment and luggage and resumed their trip.

**Hawks 6, Cougars 4  
Shield 8, Hawks 3**

Something had to give as the Hawks arrived Friday in Sault Ste. Marie to take on the Sault College Cougars. Both teams entered the game as the OCAA's only undefeated teams. Humber looked shaky in the first period and they frequently turned the puck over and misfired on passes.

Humber rallied from a 1-0 deficit with goals by Chris McFadyen and Jamie Charlton. The Cougars added a late goal to end the fast paced period 2-2.

The Hawks began to dominate the game in the second, outscoring the Cougars 4-1.

Rich Wand had two goals for his third multi-point game of the season while defenceman Ryan Duke and right-winger Eric Hobor scored the others. The Cougars scored a short-handed goal in the third to make the score 6-4 but that was all Hawks goalie Brent DeNure would allow as he won his first game of the season.

"We put together 60 minutes of hockey," Denure said. "It was a close game but we were there for each other."

Defenceman Ryan Duke, who was Humber's best player, felt the Hawks deserved the win.

"They're (Sault) a good team. They came out flying so we had to take the body to slow them down. Our forwards really picked it up in the second period," Duke said.

The Hawks travelled to Sudbury on Saturday to challenge defending OCAA champion Cambrian College, who were looking for their first win of the season.

The Hawks started the game without sniper Chris McFadyen who suffered a bad wrist sprain in the game against the Sault.

"I felt my wrist buckle and it got worse as

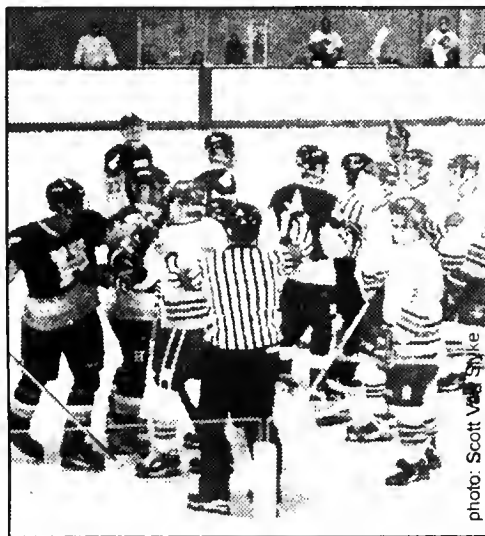


photo: Scott Van Slyke

**A brief melée erupted between Humber and Sault College during third period play Friday.**

the game went on," McFadyen said. The Hawks were not the same team against Cambrian as they had been against the Sault.

Cambrian, who were looking to avenge their loss to Humber in the final game of Maybury Cup in October, came out on fire.

Cambrian absolutely blitzed the Hawk net and were up 5-0 after the first period.

Cambrian scored a power-play goal to make it 6-0 before Rich MacKenzie was able to get Humber on the board.

Cambrian scored another to end the second period up 7-1.

But The Hawks did not quit and played Cambrian evenly through the final frame. Marcus Ludlow and Luc Warburton, who also had an assist, scored for Humber to make the final 8-3. Cambrian winger Wayne Theirault finished the game with two goals and two assists.

Cambrian Coach Doug Bonhomme was pleased to beat Humber.

"We knew Humber would have bus legs after coming down from the Sault, so we just told our guys to throw everything they had at them...Beating the top team (Humber) was nice," Bonhomme said.

Humber coach Joe Washkurak was disappointed with his team's effort.

"We had a big win against a team that hadn't lost and thought we would come in here and put the blades on and win. By the time we woke up the game was over," Washkurak said. The Hawks next game is this Saturday at Westwood arena against the SS Fleming Knights at 7:30 p.m.

# Humber V-Ball is the 'bomb'

*by Steve Chester*

Humber's bomb threat cancelled their practice but could not stop the Humber Hawk's men's volleyball team from defeating Niagara last Wednesday night.

"We are the bomb threat," Hawk player Jon Chapman said.

Niagara had six separate angry confrontations with referees during the game. They showed serious problems with their temper, and went home losing in four games against the Hawks.

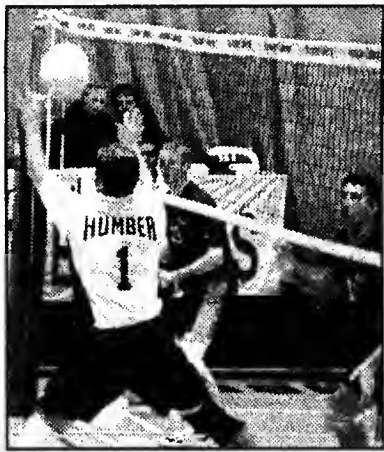
"The unfortunate part is the referees did a good job with the calls on the game," said Hawks' head coach Wayne Wilkins.

**Hawks defeat Knights  
25-19, 22-25, 25-21, 27-25**

"We had our patience," Chapman added. "Niagara, they got upset. They lost their cool. That's what cost them the game. We kept cool under pressure, and it got the best of them."

The refs weren't a factor in Humber's first game. They took a big lead early, and kept it for a 25-19 win.

The score was tied for most of the second game. From points 13 to 18, the score was never more than



**Humber set up a victory over the Niagara Knights.**

one point difference.

Niagara players contested whether the ball was in or out with one of Humber's student line men. However, Niagara pulled through in the end to win the game 25-22.

Niagara took an early lead in game three. Humber battled back to tie the score, and eventually won the game 25-21.

Game four was the loudest the Hawk's crowd has been this season. The score stayed close until the Hawks broke a 12-12 tie. They opened up the widest lead of the game with a 16-12 score.

Niagara edged closer in the later

moments of the game and eventually tied the score at 25. The Hawks stayed in it, and pulled ahead by two points.

In the last minute, the Niagara coach came on to the court and had

harsh words, for the referee.

Wilkins was surprised at what unfolded.

"That is not allowed at all. Not at all," he said, "That should be an explosion from the game."

## Classifieds

**Spring Break & New Years Trips Trips!** Breakaway Tours, Canada's #1 Student Tour Operator, is looking for outgoing students and organizations on campus to help promote Acapulco, Daytona, Quebec City, Montreal and more! Earn Free trips and cash! Call 416.974.9774 [www.breakawaytours.com](http://www.breakawaytours.com)

Please print your ad in the space provided. To calculate the cost of your ad: \$8.00 per week, 20 word minimum. 15 cents each additional word. Payment must be made in person or by cheque. If paying in person, please go to room L231 in the Humber College School of Media Studies. Please make cheques payable to Humber College. (attach sheet for more space)

Classifieds 416.675.5007  
Classifieds are due Friday prior to publication



MONDAYS

**\$25 WINGS**  
Free pool

TUESDAYS

**BATTLE OF THE BANDS**  
Free pool

WED/THURS

**CAMPUS KEG PARTY**  
loonie specials

FRIDAY

**DESTROYER**  
A tribute to KISS

SATURDAY

**SANDMAN**  
A tribute to METALLICA

SUNDAY

**FERNANDEZ**  
(Hypnotic Artist)

**November 27th**

**DAVID WILCOX**  
Tickets @ the Bar

@Rexdale and Hwy 27 416.747.0829  
Students Only!  
20% off Food and Pool

*etc. etc.*

# Events

Check out what's happening at Humber!

## SAC North and Caps

◆ NOVEMBER 18 - CAPS PUB NIGHT

"Disco, Retro and Old School"

\$1.00 cover after 10:00pm

◆ NOVEMBER 24 - SAC MOVIE NIGHT NIGHT  
Star Wars, Episode I "Phantom Menace"

FREE in the Lecture Theatre at 7:00pm

\* bring a can of food and get FREE pop and popcorn

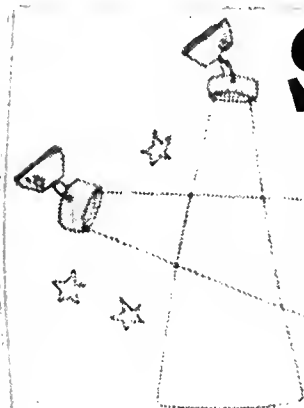
◆ NOVEMBER 25 - CAPS PUB NIGHT

"Suite Case Pub"

Win a trip for 2 to Montreal or New York City for New Years Eve, sponsored by SAC and Temple and Temple Tours (The Official Tour Company at Humber College)

◆ DECEMBER 9 - LAST CAPS PUB NIGHT OF 1999  
Crash Draw

Grand Prize, trip for 2 to New Orleans for March Break



## Spot Light Event:

Join us in celebrating our diversity at Humber. Sample food, music, dance and fashion.

North Campus

### Cultures Week - November 29 - December 2

Student Centre, 11:00am - 1:30pm each day

Lakeshore Campus

### Cultures Day - December 1

Lower Café, 11:00am - 1:30pm

#### WANTED

Students  
to perform during  
Cultures Week.

please see SAC office  
or call ext. 4411

## SAC Lakeshore

◆ NOVEMBER 23 - FUND RAISING BAZAAR

"Access for Success"

3:00pm in the Lower Café

◆ DECEMBER 2 - KARAOKE

11:00am in the Lower Café

◆ DECEMBER 2 - "TAKE ME TO CLASS" Draw

Grand Prize - \$1000, Second Prize - Trip to New Orleans, SAC Swag and much more!

Buy your tickets NOW in SAC office or from your SAC reps.

◆ DECEMBER 8 - POLICE FOUNDATION

Recruitment Day

9:00am - 2:00pm in the Small Café

Talk to officers from different divisions of law enforcement

## Athletics (all events are held in the Gym)

◆ NOVEMBER 24 - HOTSHOT CHALLENGE

"3 point shoot out" at 2:00pm

◆ NOVEMBER 24 - REZ NIGHT

"Table Top Hockey Tournament"

◆ NOVEMBER 25 - CHRISTINE RUDICS

"Volleyball Retirement Night"

◆ DECEMBER 3 & 4 - BASKETBALL CLASSIC

"Highschool tournament"

\* Get your Crash Cards stamped at all these events and varsity games.

\* For more info. on these events and others, see Athletics.

# SAC & Crash

Students' Association Council

Caps, Rez, Athletics, SAC at Humber

Pick up SAC's weekly newsletters (SAC CONNECTED at North & SAC FACTS at Lakeshore) and get all the info. on these and other Humber happenings.