# **Humber faculty votes 65 per cent in favour of contract offer - Page 3**

# Humber Et Cetera

February 11, 2010 Vol. 41 No. 11 www.humberetc.com



**MEN'S BASKETBALL** 

# Controversy off the court

Being one of the leaders

on the team, I'm not really

showing a leadership

role as a captain.

Co-captain, men's basketball

**Jadwey Hemmings** 

# Top players among 8 suspended indefinitely for breaking curfew

JONATHON BRODIE

SPORTS REPORTER

SARNIA – As the Humber men's basketball team seeks to march to a championship, eight players, including some of its biggest stars, were suspended for breaking curfew before the second of a back-to-back game series in southwestern Ontario last weekend.

Still, with only eight of 16 players available for Sunday's game against a weak opponent in Lambton (3-12) in Sarnia last Sunday, Humber defeated the Lions 76-59 after beating another patsy, the St. Clair Saints (5-7) 67-52 on Saturday. The win was the 10th straight for the topranked Hawks (14-1).

Those suspended for the game in Sarnia were starters Michael Acheampong, one of the team's leading scorers, and forward Jeremy Alleyne, plus veteran co-captain Jadwey Hemmings, Darnell Garrick, Mac Samuels, Jevon Francis, Robert Clarke, and Daviau Rodney, the leading scorer, with 15, in the game in Windsor.

Team officials said they agonized over what sanctions to impose on the players who broke the 1 a.m. Sunday curfew in Windsor, but were concerned about the dedication of some and needed to send the right message to the team.

"I think we are a team in pursuit of a championship and to this point it really

hasn't been an issue for us because I think we Humber star and 2008-09 OCAA defensive have all been on the same page and I think some

guys have just kind of lost their way for whatever reason," said coach Darrell Glenn. "Whether they wanted to take the day off, they're not respecting the fact that we got another game. I'm not sure why they did what they did. They have broken one of our rules, so we are kind of forced to deal with it?

Varsity basketball co-ordinator James DePoe

said "we tossed a number of scenarios around and we all kept coming back to the same decision that we made. We felt it was the right thing to do."

He questioned whether the players understood their transgressions. "I don't know how they'll react and that's part of the problem," DePoe said. "They feel bad. They're upset, they feel guilty, but I don't know if it's sincere."

Hemmings, a fifth-year

player of the year, appeared contrite, embar-

rassed and said he feared the fallout of the suspensions would hurt the Hawks.

"Being one of the leaders on the team, I'm not really showing a leadership role as a captain," said Hemmings. "As for what this is going to do to the team, I think that our chemistry is going to be interrupted and some of the guys are not going to care as much."

But Acheampong, a second-year player, suggested Glenn over-reacted.

"I'm just kind of shocked that coach went about it the way he did. I understand what we did was wrong, missing out on curfew and whatnot, but I felt like there was a better way they could have went about it."

He suggested the punishment should not have kept him off the court. "I was hoping a talk or something to do with practice drills or something like running, but nothing severe, I guess."

Humber plays at home today against rival Sheridan (11-4) and it was not clear if the suspended players will suit up.

"Suspended indefinitely is how we worded it to them," said DePoe.

# **Hero in Haiti**

A Humber international development grad gives an exclusive look into the massive earthquake how she joined the relief effort

### **MAGGIE CAMERON**

There was nothing routine about Janine deJong Hodgson's last visit to Haiti.

The Humber international development grad and regional project manager for World Vision Canada has been back and forth from Haiti for the past four years, but no number of visits could have prepared her for what happened during her most recent time there.

DeJong Hodgson was in Hinche, a town three hours north of Portau-Prince for a conference when the 7-magnitude earthquake tore through the country on Jan. 12.

She said it felt like she was on a rocking boat .

"The whole room started rolling and shaking, and for a couple of seconds everybody just sort of looked at each other not knowing what to do."

Being outside of Port-au-Prince, the first 24 hours after the destruction hit were full of uncertainty, she said.

"No one knew what had really happened or what was going to happen." She said it was difficult to understand the magnitude of what had happened and the destruction that had occurred.

'We were with some of our coworkers who live in Port-au-Prince and they didn't even know if their families were alive," said deJong Hodgson.

"You could tell that people were preparing for something big. Even in the rural areas. People were cued up at the gas stations trying to get as much fuel as they could before it ran

Two days after the quake, deJong Hodgson travelled to Port-au-Prince to help with relief efforts.

She said it was difficult to prepare for what she was about to experience when she arrived in the capital.

"Once World Vision started doing distributions of food and other essential items, almost everyone of those distributions ended in some form of violence between beneficiaries or even between our own staff."

Preparation for this kind of disaster is the reason deJong Hodgson attended the international development program.

Hired after graduating, she has been working for World Vision Canada for four years. Before attending Humber, she completed a degree at



Courtesy of Janine deJong Hodgson

DeJong Hodgson with two Haitian girls in a World Vision funded recovery centre in Jimani, DR.

the University of Guelph in international development, which included an internship in Honduras. She said the internship sparked an interest in Humber's program because of its focus on hands-on experience.

"I had a very theoretical understanding of the issues and the field. Honduras made me realize that I didn't have very many practical skills," she said.

International development instructor, Mike Weikert, said the program is designed to give students an idea of the realities they will face if they pursue a career in relief work. Though the catastrophe in Haiti would be difficult to face regardless of experience,

"Haiti would be completely overpowering for anyone, even a veteran relief worker."

"I think the scale of the disaster in Haiti, the amount of injury and death, is beyond the scale we most normally get to. So this is going to be really challenging even for those who are well prepared.

DeJong Hodgson has returned from Haiti and said that despite the destruction and suffering she witnessed signs of the resilience of the human spirit all over Port-au-Prince.

The theme of this year's exhibit, Beyond the Rhythm, was named after

a poem written by Butterfield, some-

thing she does every year to inspire

"I give them a poem and then they

answer my words with art," said But-

terfield. "It gives the artists a chal-

Rhythm will be at Oakville Town Hall

from Feb. 1 to 15, Mississauga Heri-

tage Centre from Feb. 22 to March 5.

Heritage Mississauga historian,

Matthew Wilkinson, said, "Bar none,

of all the shows that come through,

COLOURblind transforms our space

"The colours are vibrant, it's an in-

All the events are free of charge.

Corrections

lenge to make it interesting."

COLOURblind's Beyond

the artists, she said.

Courtesy Sonia Farguharson

Farquharson stands in front of her Black History Month painting

### **Proposition 8**

The trial to determine if the samesex marriages ban is constitutional will be on YouTube - only dramatized. Director John Ireland will use court transcripts and professional actors to mastermind a re-enactment of the trial for a YouTube audience.

**CBS News** 

### Campaign over for Giambrone

TTC chairman, Adam Giambrone's 10-day-run for mayor ended in a sex scandal that forced him to step out of the race. Giambrone initially admitted to an "inappropriate relationship" with a university student and later to multiple affairs.

Toronto Star

### Humber grad Sonia Farquharson

has paid tribute to U.S. President Barack Obama as part of an art exhibit that will tour the GTA in support of Black History Month.

"I wanted to show our achievements throughout the years and for me that was Obama," said Farquhar-

In this year's COLOURblind exhibit, but said she is most proud of her painting of Obama named Beyond Our Imaginations.

COLOURblind is an annual art exhibit that showcases the talent of over 30 African-Canadian artists, presenting their images of black heritage and struggles for equality.

Farquharson started drawing at the age of 10 when she became captivated by drawing faces with light and dark contrasts, according to her biography

Euro-zone countries held intensive

talks on Wednesday on a possible

rescue plan for debt-laden Greece

staged the first big strike against

while civil servants in Athens

government austerity plans.

Greece in need of help

rad features U

The Humber business administration grad has taken part in the exhibit since it started 14 years ago.

As a portrait and visual artist, Sonia's paintings show everyday people of different backgrounds as well as historical figures who have made contributions through their religious and political influence.

"For this exhibit we're bringing black culture to one venue so everyone can view and understand it," she

Every year, the exhibit is shown in the summer at the at the Royal Ontario Museum (ROM).

Some of the artists on display at the ROM are chosen to tour the GTA for Black History Month.

COLOURblind curator Joan Butterfield said, "The goal is to produce accessible and engaging exhibits and to educate people on our rich cultural background."

the most.

credible show," he said.

In the Feb. 4 issue of Et Cetera, in the story 'Barbershop quartet croons a debut' on pg. 11, Andrew Kesler's name was misspelled. In the same article, it said the band performed in Anaheim before an audience of 100,000. This was incorrect information given to the reporter. In the same issue, Claude Saravia was not attributed for his work on 'Faculty to vote on college offer'.

The Et Cetera apologizes for the errors.

### Death toll up in Afghan Avalanche

Around 166 people are dead in Afghanistan after more than two-dozen avalanches blocked a tunnel through a mountain north of Kabul, dozens of vehicles stuck inside. Hundreds more are said to be stuck in cars under the snow.

Reuters Globe and Mail

# Humber faculty accepts offer

**TANISHA DUVERNEY RONDA COLLINS** 

SENIOR REPORTERS

Sixty-five per cent of Humber's full-time faculty voted in favour of accepting the college's latest contract offer, results released last night show.

Thirty-five per cent voted to reject

However the final tally on how all 24 community colleges in Ontario voted was not available by press time.

"I am extremely pleased that Humber's results are in favour of the vote," said human resources director Deb McCarthy.

Humber turnout was 65 per cent. Ted Montgomery, chair of OPSEU, the union representing college faculty, said the results surprised him.

"Obviously, I would have preferred that the contract offer was rejected and they move to a better offer but faculty made their choice and the union, unlike the employer, is democratic and the majority across the province will make the decision," Montgomery said.

Montgomery did not know when the final results would be available.

Humber President John Davies on Tuesday was firm that the deal, which offers 5.9 per cent salary hikes over three years, was the final offer.

"I think the best statement along those lines is that this is the colleges' final offer," said Davies

If the offer is rejected, there are a number of scenarios.

"We will ask them immediately Thursday morning to come back to the bargaining table," faculty union president Orville Getz said Tuesday before voting began. "We will ask again for binding arbitration. Those are the only things we can do."

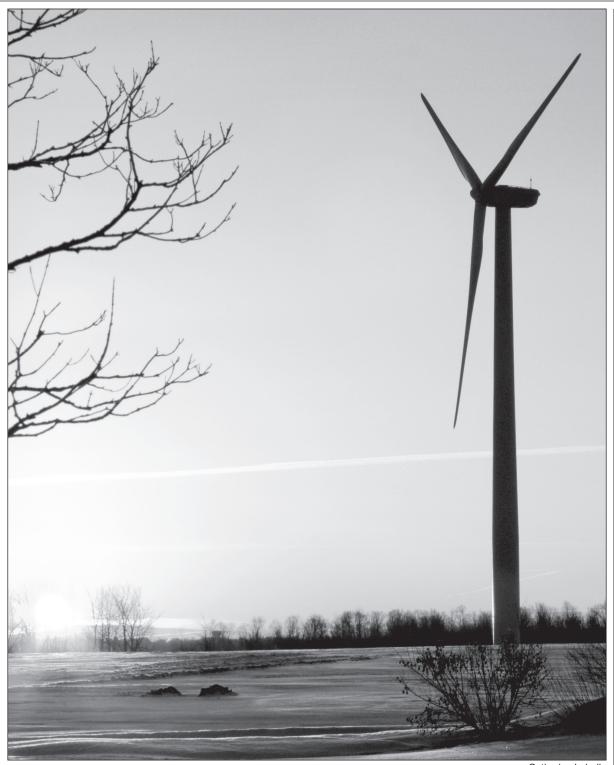
If the college agrees to binding arbitration, the strike threat will disappear the college and the union, have to agree on what the arbitrator rules.

"If they refuse to go back to the table and refuse to agree to binding arbitration then come next Wednesday we will be on the picket line," said

"If the offer comes back yes vote we will have a new collective agreement and we just continue on with this agreement until 2012," said Getz.

The offer includes a new salary cap of just over \$102,000 and no change to workload protection. The union ants more workload protection a academic freedom.

Check the Et Cetera website and TheDailyPlanet.com for updates on the contract vote



Catherine Labelle

Ontario government's new green deal to bring more jobs in the renewable energy sector

# Green jobs blowing in the wind for graduates

**CATHERINE LABELLE** NEWS REPORTER

A Humber environmental program said it will benefit from the \$7.1-billion deal between the Ontario government and a consortium of South Korean companies.

The contract focuses on new wind and solar projects, offering 1,600 short-term and 1,440 permanent positions, said Kerry Johnston, professor and program co-ordinator of the sustainable energy and building technology program.

"The growth of the industry will create opportunities for our students to manage projects where renewables are implemented," said Johnston.

A first-year student in the sustainable energy and building technology program, Colton Young, said the project comes at a good time.

"I am not finished school yet and they are not finished their planning so, by the time I get out, everything

will be lined up perfectly," he said.

After graduation Johnston said he expects his students will be armed with a wide range of skills that allow them to support any stage of design, construction and implementation of wind and solar development.

The growth of the industry will create opportunities for our students to manage projects where renewables are implemented

> **Kerry Johnston** program co-ordinator

The deal is also expected to bring 2,500 megawatts of energy online, with 2,000 from wind and 500 from solar, said Johnston.

The total energy produced will be roughly the equivalent of replacing the Bruce nuclear plant, he said.

In Canada, nuclear power projects go way over budget, take longer to complete than forecasted, break down quicker than predicted and take much longer and more money to repair, said Dan McDermott, Sierra Club Canada's Ontario chapter

"The economics of getting 2,500 megawatts of wind and solar onboard is a lot cheaper than considering a new nuclear facility," said Johnston.

"In a global effort to halt or at least slow down the effects of climate change, the shift to renewable energy away from fossil fuels offers the hope of a more sustainable future."

The McGuinty government announced the deal with the Korean consortium, led by Samsung C&T Corporation and the Korea Electric Power Corporation, toward the end

It is the largest single investment in green energy in the province's history.

# Rez fee to rise in near **future**

The fee increase will help upgrade infrastructure, Kyritsis says

SIMON RICE

Humber's board of governors has unanimously approved an increase in residence and meal plan fees for the 2011-12 academic year.

"What we proposed to the board and what the board approved was a two per cent increase in fee,." said Terry Kyritsis, director of campus ser-

That means a single room for one semester would rise from its current rate of \$2,724 to \$2,877.

The fee hike will help pay for building maintenance and upgrades, said Kyritsis.

Unlike some other colleges Humber does not outsource management of its residences and is therefore able to keep its fees lower, she said.

But student residents will also face an increase of \$200 on their meal plans.

But everything they pay goes back into the residences.

### **Terry Kyritsis** Director of campus services

"We hadn't raised them for the last three years and this keeps up the purchasing power of the students," said Kyritsis.

First-year resident, John Platt, said the food available for purchase on the plan is already too expensive.

"A large wrap is almost \$10. That's money that could be going to gas," said Platt.

Before moving ahead with the proposed increases Kyritsis consulted with HSF executive director Ercole Perrone.

Perrone said before he could apsure students would see a return on the investment in terms of infrastructure upgrades and student life programs and that the fees were competitive with other schools.

"In terms of residence fees Humber is average. Some schools you pay a little more, some a little less," said Perrone. "But everything they pay goes back into the residences."

# No free passes for H1N1 illness

**MELISSA GREER** NEWS REPORTER

Students should know absence from H1N1 does not give them an automatic pass in their courses, said associate vice-president of academics, Pamela Hanft.

"Teachers will do the best they can to accommodate and perhaps provide extensions, but students are still responsible for all their work," said Hanft.

School policy regarding H1N1 is no different from any other major illness, she said.

"If students were absent for 10 days or less they simply had to report through their program co-ordinator or record on our website," said Hanft.

According to school records, there have been between 20 to 25 students absent due to H1N1 each week across all three campuses, with most for periods of less than five days, said Hanft.

'They were actually predicting a flu pandemic this year where there would have been far more absences and much more widespread illnesses," she said.

Despite the milder than predicted flu season several students have had to interrupt their studies because of H1N1, with some even delaying their graduation date.

Second-year police foundations student, Jonathan Nalliah, 19, missed about three weeks in the fall term and

said he wasn't able to catch up.

As a result, he said he dropped one class and failed another.

Nalliah said he thought his teachers would be more lenient since the school was encouraging students with flu symptoms to stay home.

"I went to one of my classes, but I was coughing and was so sick that my teacher asked me to leave," said Nalliah.

First-year post-graduate journalism student, Janine John, 27, became sick with H1N1 in November, but is still unable to attend classes due to side effects from the virus.

"When the flu-like symptoms stopped I had this loss of balance and dizziness - it's called vertigo and can last anywhere from six weeks to three months," said John.

Though John will graduate a year after her class in the two-year program, she said her instructors and program co-ordinator have been understanding about her condition.

Hamft said students should consider different options if they do miss school due to H1N1 because it is difficult to catch up on work for all missed courses.

"Sometimes dropping a course is a good strategy so they can concentrate on the remaining courses and try to salvage as much of the semester as possible.



The underwear they are hoping to sell to generate funds for cervical and testicular cancer.

# Fashion students design undies and create awareness of HPV

Humber's health centre will team up with the fashion arts program to raise funds and educate students about the human papillomavirus.

"Right now we are working towards having an event where we could sell underwear," said, second-year fashion arts student, Maria Vaage.

Fashion students will design the underwear with a front pocket which will hold toys, candy, condoms and an instructional pamphlet on HPV, said

Manager of Humber's health centres, Carole Gionet, said she feels students aren't aware of how HPV is contracted and the risks that come with the virus.

Health Canada defines HPV as a

common virus with more than 100 strands with 30 that are sexually transmissible.

The Society of Obstetricians and Gynaecologists of Canada reported 75 per cent of Canadians will have an HPV infection in their lifetime, with the highest rate of infection found in people under 25.

Registered nurse and co-ordinator of health promotion, Catherine McKee, said students don't have to have sex to get HPV.

"It can be passed by skin-to-skin contact, dry humping and also by toys," she said.

Both women and men can be affected by HPV.

In females the virus may go undetected for years, and some strands can cause cervical cancer, said Mckee.

The strand of HPV that affects men

can manifest in genital warts, though there is no formal test to detect HPV in males.

"We have had male patients in freshmen year that come in for help, devastated because they got genital warts, it's a shame because they never knew about HPV," she said.

The health centre administers Gardasil, a vaccine for females ages nine to 26 that protects against four strands of the virus.

Gionet said the vaccine costs \$140 a dose, with three doses needed for immunity.

The student health plan covers 80 per cent of the cost, she said.

The proceeds raised from the sales of underwear will be donated to The Canadian Cancer Society.



# Finch LRT given green light by T.O. city council

Hopes campus transit routes will improve

**SHAUN BERNSTEIN** 

NEWS REPORTER

The Finch Light Rail Transit, which will end at North Campus, is one step closer to construction now that an environmental assessment has been approved by Toronto city council.

"It's an important piece for our students, for our growth, for our ease of access, for being green, for all of those components," said vice-president of financial services Rani Dhaliwal.

The train will run along Finch Avenue, south on Highway 27 and will end at 27 and Humber College Bou levard, said Dhaliwal.

"We want to understand what this means for the need, the size, and what it means for overall transportation coming into campus. So I think a fair bit of work needs to be done from our perspective," said Dhaliwal, adding the new transit stop is an integral piece of the campus development

The Toronto Transit Commission

(TTC) has a project management team working with Humber on the further stages of development, said a public affairs officer for TTC, Ryan Bissonette.

"There's more stages of design and engineering, and there's an approval process," said Bissonette. "We don't actually have a date for further construction."

Coun. Suzan Hall, who represents the ward including North Campus and was influential in getting the environmental assessment approved, said she's heard the LRT's construction will start at the campus.

"It will start in the west, from what I've heard," she said. "I'm assuming it will start at Humber."

Hall also championed moving the LRT's initial construction projects, the expansion and reinforcement of two bridges on Finch, to this year instead of next.

"I'm still extremely optimistic. I've worked hard to get us here," she said.

# Lakeshore to house new int'l program

JON HEMBREY

NEWS REPORTER

Lakeshore campus is on its way to launching a new international development degree, which will give graduates career opportunities abroad.

With a green light from the Board of Governors, the program still needs final approval from the Ministry of Training, Colleges and Universities, for a projected start of September 2012.

"We have put everything together, including the proposed curriculum, and it is ready to go to an advisory committee for review," said project manager of the planning and development department, Joanne McLeod.

Vice-president academic, Michael Hatton, said the program received more than 35 letters of recommendation from industry members.

It will teach students how to direct and manage poverty reduction programs in the global south, said an instructor for the post-grad certificate in international development, John Lewis.

He said graduates could become involved with international relief work, from the delivery of health and funding to corporate advocacy.

The four-year degree, which includes a 14-week work placement, will run in conjunction with the postgrad certificate and is aimed at high school students who want to enter the field without completing an undergrad, said McLeod.

Program coordinator, Susan Mac-Gregor, said both are designed to prepare students for international development work around the world.

"Our certificate grads work in over 60 countries and they are everywhere, the Canadian government, the United Nations, some at the United Nations Development Programme Bosnia."

She said the degree centres on realworld management skills.

"This program really focuses on practical aspects, how to create a project to address the issue of poverty rather than talking about the theory of poverty," MacGregor said.

As a partner at the Canadian management consulting company Whyte Reynolds International Inc., Curtis Whyte, said the degree is a worthwhile approach.

"What you find with young grads is that they don't have a lot of practical experience so they often get thrown into a situation where they don't have any hands-on skills."

He said the new degree would "be of benefit to students who want to get involved in international development, and I don't mean just in Canada or the United States, I'm talking about world-wide opportunities," he

McLeod said Humber is planning for a first class of 65 students.



Overall, 20 per cent more Humber students applied for student loans this year over last.

# More students looking for loans

Humber has given \$10 million more in OSAP in this school year

**MEG BANKS** 

NEWS REPORTER

A record number of Humber students are taking out loans at a time when a federal government agency is warning about the repercussions of young people going into debt.

"It's the first year we hit the 9,000 mark," said manager of financial aid, Holsee Said, about the jump in applicants. "It's usually around seven or eight."

Humber financial aid services said there was a 20 per cent increase in loan applications from last school year to this one.

"This year we released over \$60 million in OSAP," she said, adding that was \$10 million more than last

According to a new national report by Statistics Canada the percentage of students graduating with debt and facing serious financial impacts is on the rise.

The report indicates the number of students borrowing money has increased from 49 per cent to 57 per cent between 1995 and 2005.

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More significantly, it shows a 10 per cent rise over the same period in the number of grads with debt loads over

The report said students with accumulated debt can face repercussions after graduation.

For example, loan borrowers are less likely to own their own home, and when they do, they are more likely to have mortgages than nonborrowers.

"The most interesting and significant finding, is that borrowers are less likely to have savings or investments," said author of the report, May Luong.

The findings show less than half of grads with student loans had any significant savings two years after graduation.

First-year registered practical nurse

student, Melicia Jackson, 25, said she added to her load of debt this year by deciding to upgrade her current degree from which she already has

"You go to college to get a good job, and a house," she said, "but when you finish you're unsure now, if you're going to get the job or the house."

But the report isn't all doom and

It notes that post-secondary graduates fare much better than nongraduates in the labour market, and have the prospects for better jobs and higher salaries.

"Education makes a difference," said Luong. "Completing your postsecondary education provides more opportunities."

# **Election** campaign nearly underway

Humber Students' Federation elections will kick off with the announcement of campaign candidates on the fist Monday back from reading week.

Contenders will have a two-week period to campaign, followed by one week of voting.

The nomination period will end to-

Executive director of HSF, Ercole Perrone, said they have been promoting the election using a range of methods, such as hanging posters, hoping to continue the gradual rise in voter turnout over the last three years.

Votes increased about six per cent in 2007 to 16.5 per cent last year, said Perrone

The HSF is hoping to exceed a 20 per cent turnout this year, he said.

Second-year culinary student Sean Tinney, 20, said he has noticed the posters around campus, but thinks more could be done since students may just walk by them.

"They need to broadcast," said Tinney. "They could throw it on the radio or the large screen if they really wanted people to hear about it."

The first all-candidates debate is scheduled for Feb. 23 at 12 p.m. outside the student centre.



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WILFRID LAURIER UNIVERSITY

student debt

# Post-graduate burden larger and more common

The numbers are in. Student debt is on the

A recent study by Statistics Canada revealed more post-secondary graduates are walking away with debt, and not only that the amount of the debt is at an all time high.

The study, which focused on Canada's postsecondary graduating class of 2005, showed 57 per cent of students are relying on student loans to help fund their educations, up nearly 10 per cent from a decade earlier. And the financial horror-story doesn't stop there. Students who had borrowed more than \$25,000 had risen from 17 per cent to 27 per cent from 1995 to

The study said those with student loans were less likely to have savings, investments or own their own home than those without. A chilling fact, considering student debt takes years to

Despite these numbers, and the effects debt can have on one's future, at a recent Board of Governors meeting an unanimous decision was reached to raise residence and meal plan fees for the 2011-12 academic year, as Simon Rice reported in Rez fee to rise in near future (page 3).

Humber's vice-president, John Mason, explained residence fees increase along with the cost of living, so about two per cent a year, and

will continue to do so.

In his State of the Union Address, U.S. President Barack Obama, said "No one should go broke because they chose to go to college." He proposed a plan to help get student debt down to a manageable level which included increased tax credits and Pell Grants and a system to help make paying back debt less of nightmare. Borrowers will be required to pay 10 per cent of their income towards student loans and all debt will be forgiven after 20 years, or 10 years for those who work in public service, down from 15 per cent for 25 years. He also said, post-secondary institutions must be held accountable and take responsibility to help solve this problem.

The college should be working with the students to help lower the burden of debt, not raising residence fees.

While increased tuition fees are much to blame for the higher debt load, sometimes a little extra in your pocket can make a big difference. As students enter the work force for the first time, their main concern should be about finding a rewarding a career, not about the seemingly endless amounts of money they owe.

For a better chance of getting their financial lives on track, students need to be given a break. A task, like most, that is easier said than done.

### cartoon



### quoted

### What tricks to you use to save money?

Rosa Contini, 20 1st year business management

I always make my lunch. I live across the road so I don't bring my wallet to school.

Diana Dinis, 20 2nd year hospitality

Bring your lunch. There's a group of three of us, so I always make the lunch and everyone else brings little snacks throughout

the week.

Alex Morris, 22 1st year law clerk

Bulk barn and bulk food stores are great for snacks. You can get pretzels, gummy bears... baking stuff and it's dirt-cheap.

Haley Borja, 22 3rd year bachelor of nursing

Hot water is free, so if you go to the cafeteria, just bring your mug and if you have your own tea bag, it's free.









### Et Cetera wants to know what you think

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at etc.humber@gmail.com

### Olympic debt

# National pride's high cost

With the Vancouver 2010 Olympic Games kicking off tomorrow, a question remains, will the Games be a gold mine for the local economy or will it cause Vancouver to be in debt and financial turmoil?

Expecting an invasion of tourists visiting Beautiful British Columbia, much money has been spent in preparation for 2010 Winter Games; an amount that has far surpassed estimated budgets.

After the Vancouver City council recently voted unanimously to seek provincial approval to borrow an additional \$458 million to fund the completion of the 2010 Athletes Village in False Creek, it is clear that the financing for the 2010 Games may take decades to pay off.

Ever since 2003, when Vancouver won the bid to host the Games, the estimated cost of hosting the event has escalated.

In 2004, The Vancouver Organizing Committee released a long-awaited business plan, estimating the operational costs of the 2010 Winter Games were to be approximately \$1.354 billion.

The committee was way off – as of mid 2009, the amount jumped to \$10.76 billion.

The Et Cetera believes that as Canadian taxpayers, who will be paying \$1,029 per minute for the Games, we won't see our money unless we visit Whistler or Vancouver.

The total taxpayer-supported cost of the Games is \$6 billion – a high price to pay for Ca-

VANOC's main goal is to make sure guests of the Olympics enjoy themselves. "VANOC is responsible for the planning, organizing, financing and staging of the XXI Olympic Winter Games and the X-Paralympic Winter Games in

The Et Cetera fees that if VANOC created less of a spectacle in preparation for the 2010 Winter Games, money could have been saved instead of being used wastefully.

For instance, \$16.6 million was spent on upgrading facilities at Cyprus Mountain. Also, the BC Place Stadium renovations cost another \$150 million dollars.

This money could have been spent elsewhere or saved for more useful purposes, instead of unnecessary revamping taking place throughout the city.

One of the costlier increases, according to a BC auditor-general report was in the construction of the venues. The cost for building the areas, rinks and other facilities started out at \$470 million, then escalated to \$110 million, to a final price of \$580 million.

The Et Cetera believes that this money could have been spent on housing, healthcare or even social services, instead of unnecessary revamping taking place throughout the city. The total cost of the Games is a lot of money unwisely spent, but only time will tell if it will cause an economic crisis.

### Humber Et Cetera =

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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- Humber Et Cetera is a publication of the Humber College School of Media Studies; 205 Humber College Blyd., Etobicoke, Ont., M9W 5L7 Phone; 416,675,6622 ext. 4514 Advertising inquiries; 416,675,6622, ext. 4913

student life

# Crackdown on obnoxious behaviour in residence overdue



As I walk down the hall on my morning trudge to the bathroom, I try to dodge the garbage littering the floor. When I finally make it to the bathrooms I bypass the stalls that are all unusable thanks to last night's partyers throwing up all over the place. I try to shower, but I'll never feel clean because I live in residence and this residence is a dark contrast to the clean cut residence the brochures show.

Floors are full of teens out on their own, some for the first time, in tiny quarters, acting like animals just because they can. Without the structure and discipline they have at home, students run wild.

Food caked into the hall carpets, crude drawings scratched onto walls and behaviour till dawn that baffles my mind. Normal, rational kids suddenly get a taste of freedom and they turn into toddlers on a permanent sugar high. This ritual is ridiculous and something that should stop.

The total disregard for other humans includes screaming and yelling all night to the co-ed bathrooms where hard partying leads to unfortunate messes in the stalls. The convenient co-ed bathrooms are often covered in puke and are so dirty, they are not usable.

Students pay from \$3,724.50-\$8,449 for single rooms in R and S building and \$4,300-\$9,600 for suitestyle rooms where you get your own private bathroom. For the money I pay, I should not have to deal with such filth.

This week, the residence assistants on my floor instituted a zero tolerance policy on noise, stating that the floor was in bad shape and the residents are disrespectful of their fellow floor mates. The policy will have any-

Normal, rational kids suddenly get a taste of freedom and they turn into toddlers on a permanent sugar high. This ritual is ridiculous and something that should stop.

one caught making noise after hours fined \$25.

The rowdiness extends past quiet hours, sometimes to dawn. I find myself obsessing over when I should be going to bed so that I can get enough sleep. "If I go to bed at ten I should be used to the noise by twelve and be asleep by twelve-thirty..." etc.

The rules for noise, outlined in the Residence Handbook that each person receives when they move in, say excessive noise is noise that disturbs others in residence. Security guards visit floors throughout the night, but they are ignored minutes after their warnings and departure. The residence assistants come out to deal with the noise, but they too are ignored.

Samantha Di Lorenzo, a student also living in residence, thinks the noise levels soar after quiet hours.

"It's okay," said Samantha. "Like, I like hanging out with people and I'm loud sometimes, but it's actually pretty bad at night, like, it's okay before quiet hours, I don't mind till 12, and after that it's kind of excessive."

Samantha also said the quiet hours are understandable, but it is difficult for students to go from living with their families to newfound freedom. Indeed you can't expect people to change quickly, but do they really act like animals at home? Yes, she makes a point, the adjustment from home life to the freedom of living on your own is hard, but should residence be a place for unruly brats?

No.

The residents are not the only ones having to deal with the problem. The cleaning staff have to clean up the messes every morning. It gets so bad that even though you might not have made the mess, you find yourself not being able to make eye contact with cleaning staff because you feel so ashamed of everyone on your floor.

Since the zero tolerance policy was put in effect a week ago the residents have been quiet when they are supposed to. I can only hope this new law will work and peace will continue.

### • •

To the New Orleans Saints, for a triumphant win at the Super Bowl

To Mother Nature, for gifting Toronto with a mild, dry winter

To North Korea, for freeing U.S. religious activist Robert Park

To the G7 nations, for announcing plans to cancel Haiti's debts

To the movie Dear John, for ousting Avatar from the number 1 film at the box office To Saints' coach Sean Payton, for tastelessly claiming to take the Lombardi Trophy to bed

To Mother Nature, for burying the U.S. Mid-Atlantic States up to their eyeballs

To Iran, for jailing opposition leader Mohsen Aminzadeh and nine journalists

To the U.S. missionaries imprisoned in Haiti, for attempting to smuggle 33 children out of the quake-torn country illegally

To Avatar, for losing to a sappy Nicholas Sparks story with bad acting

### health

# Vaccinations save lives, but scammers risk them



The U.K General Medical Council (GMC) has excoriated one of the fathers of the modern anti-vaccination movement, and I couldn't be happier.

Dr. Andrew Wakefield is the principal author of a 1998 paper suggesting a link between the measles-mumpsrubella (MMR) vaccine and autism in children. His peers considered the paper questionable almost as soon as it was published.

The British regulatory agency ruled on Jan. 28 that Wakefield had been irresponsible, unethical, and dishonest in the research and writing of the paper, which has become the sacred text of the anti-vaccination movement.

It was discovered that not only was he getting financial backing from a group of lawyers already pursuing an anti-MMR lawsuit, but he had also already patented his own measles vaccine – one which might be called into use if the MMR vaccine fell out of favour.

The effect of the paper was immediate. The spectre of autism drove parents to decline to vaccinate their children and infection rates skyrocketed. In 1995, before the *Lancet* published the paper (the venerable journal has since retracted it) – there were only 47 cases of measles in all of

England and Wales together. In 2008, there were 1001.

Wakefield will likely never practice medicine in the U.K. again, which is a triumph of justice, but it doesn't end this sordid story.

Wakefield's vaccine-hating followers seem unshaken by the verdict and the damage their misplaced advocacy has caused, accusing the GMC hearing of being a kangaroo court and continuing to support Wakefield's new U.S.-based practice.

The World Health Organization reports that immunization efforts have brought the world death toll from measles down from a staggering 757,000 in 2000 to 197,000 in 2007. Hundreds of thousands of people were saved from death, and countless more were saved from the severe diarrhoea, pneumonia, blindness and brain damage that measles can bring.

It is true that vaccines are not totally risk-free, but nothing in life is. Pushing the dishonest idea that the tiny, known risks of a bad vaccine reaction are worse than the staggering cost in lives and human suffering that ceasing to vaccinate against preventable disease would bring is among the vilest deceptions I can imagine. We should all follow the GMC's lead – aggressively working to support effective, proven treatments like vaccination against profiteering, antiscience scaremongers like those in the anti-vaccination movement.

Valentine's Day

# Singles shouldn't let Valentine's Day make them feel like leftovers



I have finally figured out why I hate Valentine's Day. Despite being an overpriced, commercialized cashgrab, it could very well be the route of insecurity.

It can be traced back to elementary school Valentine's Day card exchanges. The excitement about getting cards in earlier grades when children are required to give them to everyone quickly morphed into anxiety as the nice tradition became a popularity contest.

The origins of this celebration are unclear as there are several Christian martyrs named Valentine. The most popular legend is that of a third century priest, who was secretly marrying couples against the orders of Claudius II Gothicus. The Roman emperor had decided that unmarried men made better soldiers than those with wives and families and outlawed the marriage of young couples. The priest, imprisoned for his actions, is said to have sent the first Valentine — a love letter to the jailer's daughter signed "from your Valentine."

Valentine's Day began being popularly celebrated in Europe around the 17th century and by the mid-18th century it was common to exchange small tokens of affection or handwritten notes. By the end of the century, due to improvements in printing technology, handwritten notes were replaced with easier, readymade cards.

In the 1840s, a seminary college student had the entrepreneurial idea of making and producing Valentine's Day cards. Now admiringly known as the mother of the American Valentine, she is responsible for the massproduction that solidifies Valentine's Day as a Hallmark holiday.

Esther Howland, you're to blame for ruining a perfectly nice day.

The commercialization of Valentine's Day has, of course, snowballed since then. A dozen roses double in price and prix fixe menus run you about \$50 a head.

The pressure to buy a gift and have a perfect romantic evening is all too much. What I hate most is how Valentine's Day makes people who are not in a relationship feel like crap.

I can understand the appeal. A full day, specifically allotted to make your partner feel special. But the fact that it is contrived is what takes away from all the grand gestures.

Save the over-the-top gestures of love for a random day when it will really mean something.

Whether Valentine's Day makes you swoon or want to dry heave, if you have to celebrate, keep it simple. Write a love letter, give a lock of your hair, hug your mother and call it a day

# Et Cetera poll

Do you care about the HSF elections?

### Vote online at www.humberetc.com

Results from last issue's poll:

Do you plan on donating to relief efforts in Haiti?

Yes (50%, 2 Votes) No (25%, 1 Votes Undecided (25%, 1 Vote)

# Brazilian jazz heats up Toronto

# Local latin jazz band warms hearts with sexy sounds this Valentine's Day

PATRICK FALLER

Students looking to expand their musical horizons this Valentine's Day need to look no further than Sinal Aberto, a Brazilian jazz quintet that is the perfect way to spend a romantic has its roots in Rio and Humber.

The band will be play Sunday at the Lula Lounge in Toronto.

Gord Sheard, piano player and jazz teacher in the music program, said it night out.

"A lot of Brazilian songs deal with love. It's all beautiful music being sung in a beautiful language. It would make a great date," he said.

Sheard said he started the band after being asked to play at the 2009 Kincardine Summer Music Festival, whose organizers were looking to add some Brazilian music to the lineup.

Excited at the chance to play his

favourite type of music, Sheard assembled the band from his colleagues and invited Luanda Jones, a Brazilian singer living in Toronto, to join.

"I loved Luanda's voice. The whole band is good. Anyone who comes on Feb. 14 will hear some really fine musicianship from people I am lucky to have in the band," Sheard said.

Another one of the musicians is Mark Kelso, head of percussion in Humber's music program.

Brazilian jazz is powerful, rhythmic, exciting and really a lot of fun.

> **Mark Kelso Member of Sinal Aberto**

Kelso said he thinks couples looking to do something different this Valentine's Day won't be disappointed by the band's sexy sound.

"Brazilian jazz is powerful, rhythmic, exciting and really a lot of fun. In my opinion, it's also one of the most beautiful, romantic things I've ever heard," he said.

Both Sheard and Kelso said they try to expose their students to Brazilian First-year music student, Erik Pe-

terson, said he's glad his instructors shared this type of music with him.

"I'm totally into the music," he said. "It's my favourite genre and I'd like to pursue it more."

Sinal Aberto plays at 7 p.m. and 9 p.m. at Lula Lounge, 1585 Dundas St.



Members of Sinal Aberto, (from left to right), Gord Sheard, George Koller, Luanda Jones, Mark Kelso and Maninho Costa rehearse.

# Former grad lands success in L.A.

**MIRANDA ANTHISTLE** 

After starting her own company, a Humber graphic design alumnus is achieving further success south of the border by planning a series of events with a major beverage company.

Yvonne Kai, 25, from Toronto, is

launching various events with FUZE Beverages throughout the year like fashion shows, cocktail parties, beauty events

and fundraisers.

This is just one of many projects for Kai, who is a social consultant, founder of a promotions and event hosting company, an L.A. fashion blogger and a beauty marketing master's student.

Kai moved to

L.A. to pursue what she loves - fashion, beauty, and cosmetics, just to name a few – at the Fashion Institute of Design and Merchandising.

Although a long way from home, Kai said she hasn't forgotten aboutwhat helped contribute to her suc-

"Humber gave me the skills I needed," said Kai. "All the things I learned have totally helped me and given me

Graphic design program manager, Lorna Turner, said she remembers Kai as being very talented. "I'm really pleased at how successful she's been. She was so innovative and the design concepts she came up with in class were huge," said Turner.

Since graduating in 2005, Kai has not only founded her own company, but she has also created the blog www.heydoyou.com, which covers Toronto street fashion and special events.

Business owner and student, Bella Miranda Anthistle

Yvonne Kai, 25, found her calling in California.

Mumba oversees the Toronto side of the blog while Kai is in L.A. and said she isn't surprised at what Kai has accomplished.

"Everyone else plays it safe, but Yvonne isn't afraid to jump out of the box and have fun with life," said

Spontaneous, yet organized, Kai knows exactly what she wants in five

"I'll open a marketing company and bring my contacts from the U.S. into Canada," she said.

For students who are thinking about their own futures, Kai offers this advice: "Think of something you want to do and just do it, but only if you believe in it. What you want, wants you as well."

### What's in your headphones?

**Interviewed by Ryan Charkow** 



Sarah Muelli, 19 First-year, fitness and health promotion

- 1. Turn Back Time Aqua
- 2. Love You Out Loud 6. Rich Girl Rascall Flatts
- 3. So Small Carrie Underwood
- 4. Inhuman Chris Angel
- 5. Come Back To Me David Cook
- Down With Webster
- 7. Backstreet Boys Incomplete
- 8. Dead End Countdown The New Cities

for more visit: www.humberetc.com



'The Rager' plays classic party jams every Saturday for students.

# Students dance the night away at Sneaky Dee's

**MAEGAN MCGREGOR** 

Every Saturday, former Humber student, Jason Mante's company, You Need to Party, hosts 'the Rager' - an eclectic dance party at Sneaky Dee's in Toronto.

"We wanted to create a club night that was like a house party, where you know the music and can sing along and dance to it," said Mante.

Originally from Oakville, Mante and his former bandmate from Rosesdead, Cole Stephenson, joined to form the event promotion company.

Stephenson said they created it because they saw a subculture of people who liked music, but didn't like the music being played at other Toronto clubs.

"It's only \$5 cover (on the guest list) and drinks are \$3.75 for beer and \$4.25 for mixed drinks," said Stephenson. "As far as downtown Toronto goes, that makes for a fun cheap

Mante and Stephenson started 'the Rager' after having huge success with their Hot Flashes electro parties in Hamilton.

The duo began holding monthly parties at Sneaky Dee's late last year and after consistently filling the venue with its 250 person maximum capacity, they decided to amp it up to every Saturday.

Mante and Stephenson said they choose Sneaky Dee's, located on the corner of College and Bathurst, because of its reputation as a good venue to go and see bands.

"We get a lot of students, who used to go to all-ages shows here, and now that they're of age, they come out to party because they know Sneaky Dee's holds good parties," said Mante.

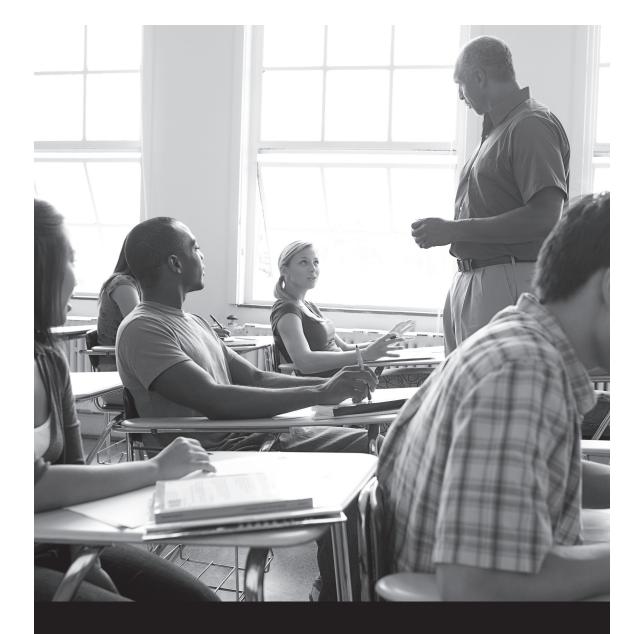
Mante said 'the Rager' is experiencing so much success because it is multi-faceted.

"You can come and really dance and go for it or just chill with your friends," said Mante.

Held in the upstairs concert venue of Sneaky Dee's, the event has DJs who play everything from Dr. Dre to

"It's not like everything else out there in Toronto, where all they play is house or indie music, it's more like classic party jams that you would hear at a house party in high school," said third-year Humber graphic design student, Chelsie Pouliot.

For more details, or to get on the guest list, you can go to www.therager.com.



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### Lakeshore Jazz Festival kicks off

### **RYAN CHARKOW**

Chase away those February blues by listening to some of Humber's great jazz musicians at the Next Generation Jazz Festival.

"We have high school and middle school students coming from all over the province," said one of this year's co-ordinators, Marsha Duggan.

She said the students will be representing over 20 different schools.

The festival will be held the weekend of Feb. 16-17 at the Lakeshore Campus auditorium.

rk on their technique with faculty members from Humber.

"I expect them to put in a lot of hard work," said Mike Downes, head of Humber's bass department. "That's really all you can hope for."

Downes will be an adjudicator at the festival, responsible for evaluating the students and helping them through any rough spots.

There will be 24 big band ensembles and 18 jazz combos in attendance.

The festival, including all clinics and performances, is open to the

Duggan said it is a qualifier for MusicFest Canada, which will be held in Ottawa this May.

There will also be performances from the Humber Studio Jazz Ensemble and the Next Generation All-Star

Fourth-year contemporary music student, Jeff LaRochelle, said he is excited to be performing in the ensemble for the younger students.

"Seeing people not much older It gives the students a chance to than them playing in these bands is very inspirational for these kids," he said. "It shows what's possible with a

> Downes said the festival has been growing in popularity over its three year existence.

> "The adjudicators and the performers are really at a high level and it's at an interesting location," he said.

> "It's just some good exposure to some great music."



Former member of The Fugees, Pras, visited Humber on Monday to talk about past struggles and personal acheivements.



**Brigitte Truong** 

Performers of The Drum Café entertain a packed student centre.

# Students embrace black history culture

**BRIGITTE TRUONG** A&E REPORTER

For the remainder of February, Humber College will celebrate Black History Month by entertaining staff and students with celebrity speakers and cinematic features.

"In prior years we did smaller scale events," said VP of campus life, Bryan Tran. "We decided to step it up this

"There have been a lot . . . that has happened, like the disaster in Haiti and Barack Obama as the first black president, so we thought this year would be a good opportunity to throw in some big ticket events," he-

There will be a Black History Month film fest on Feb. 26, K'nann will be at the North campus on Feb. 22 and Al St Louis will appear on Feb. 23.

"I think bringing these separate

events on will give students a chance to realize what's going on around them, experience culture, and pay respects to the history of it all," said Tran.

"I'm quite excited with what HSF is doing," said Humber human rights and diversity adviser, Njeri-Damali Campbell. "All of the events are great for involvement and engagement." The College Office of Human Rights and Diversity is also showcasing black history month facts on Humber television through the rest of the month, said Campbell.

"I hope the information we provide will impact the Humber environ-

A Lakeshore student has already acknowledged the efforts made by both campuses.

"Coming from a family that celebrates black history month in our own ways with our own traditions, I'm happy to be given the opportunity to be part of the celebration at school too," said first-year child and youth worker, Elisha Gauthier.

She said the events on campus not only entertain students but they are informative, meaningful and encourage a sense of unity.



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## **Former faculty** member's book wins big in fiction contest

**ALEXANDRA TOMASZEWSKI** 

Acclaimed author and former Humber faculty member, Michelle Berry has won \$5,000 in a fiction contest for the publication of her novel This Book Will Not Save Your Life.

After announcing the contest, Enfeild and Wizenty were overwhelmed by submissions from professionals with hopes of getting on the 2010 publishing list.

"I was aware of her distinguished publishing history, so when her manuscript came in I was really excited to work with it," said Maurice Mierau, of Great Plains Publications. "She writes compellingly. Her story is emotionally involving and it's also funny."

Berry employs Dr. Benjamin Spock's book (Dr. Spock's Baby and Child Care) to tell the story of a dysfunctional family.

"She uses Dr. Spock's structure to tell her story using the voice of the morbidly obese mother," said Mierau

Berry's career started with correspondence courses at Humber in 1998 and on recommendation from Dean Joe Kertes, her first collection was published.

"Michelle was one of the most gifted students we've ever had in the creative writing program," said Kertes, of the School of Creative and Performing Arts. "Her stories are energetic, dark, and contemporary. She's an astute observer, she understands the human condition and she makes us feel it in her fiction."

She has since taught the creative writing course, published two collections, three novels, and a variety of anthologies.

"Writing stories was the only thing I could do. Any kind of office job drives me crazy," she said.

"As a writer, you see the world in a different way. I look out the window at the houses on my street and just imagine what's going on inside. My books are inspired by stories I've heard in the news and from the people around me."

Berry's book will be out fall 2010 and touches on morbid obesity, arson, attempted murder and magicians.

"Influenced by the structure of Dr Spock's book, I wrote a fictional family drama in which the mother is influenced by his writing," she said. "It's a very dysfunctional family. I can see [it] becoming a movie."



Michelle Berry, former correspondence teacher at Humber.



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# 1COUYER 2010

2010 Vancouver Olympics pull-out section

# College doctor en route to Vancouver

TOM YAWNEY SPORTS REPORTER

A member of Humber's athletic therapy staff will offer his medical expertise to Olympic athletes in Van-

Dr. Hemen Shukla, a sports medicine physician at Humber, will work at the curling venue, the Vancouver Olympic Centre.

"I sent in my application about a year ago and I found out I was going a few months back," Shukla said.

"This is the biggest event in the world and if you love sports like I do, it's so cool to be a part of it," Shukla

Staff members at the Humber athletic centre are excited to have a colleague working at an event of such magnitude.

"Dr. Shukla is a phenomenal doctor and he definitely deserves this accolade, we're lucky to have him at Humber," said athletic therapist Jen-

The Vancouver Olympic Committee recruited volunteer athletic therapists, doctors and professionals who specialize in sports medicine.

There are hundreds of applications to be a volunteer doctor at the Olympics and Shukla has been assigned the position of host doctor.

"The host doctors provide services for everybody from athletes to spectators and work with athletes from countries that don't bring doctors with them," Shukla said.

"Mostly I will be at the curling venue in charge of spectator care."

However the Olympic experience requires sacrifice and does not come cheap.

Host doctors are not paid and must find their own accommodation.

"The provided rooms are very limited, luckily I have some friends that I'm staying with," Shukla said.

Shukla has to pay for his own flight and will miss two weeks of pay.

"You have to decide if it's worth it for you, and for me it absolutely was," Shukla said.

"This is a great chance to meet new people and enjoy all the concerts and programs the Olympics have to offer."

Shukla's inclusion in the Olympics affirms the quality of doctor available at Humber, said Humber sports information director, Jim Bialek.

"Dr. Shukla being a part of the Olympic team is a testament to the level of care that Humber offers its athletes."



East Coast rapper Classified (Luke Boyd) entertains students during a performance at the Humber student centre last week.

# The new national anthem

East Coast rapper's 'Oh Canada' picked up by television networks to accompany Games footage, climbs in popularity on iTunes

**ANDREW SUTHERLAND** 

A&E REPORTER

Students who caught Classified's performance at the Humber student centre might have recognized the East Coast rapper's tune Oh Canada, appearing on TV Olympic recaps.

"CTV and TSN just both picked it up to use," said Luke Boyd A.K.A Classified. "They're going to do highlight reels of the Olympics every day – they're going to use the song – so the video kind of got that on. A lot of people will hear it that have never heard me before."

Boyd shot the video for Oh Canada

in late January, though the album the colloquialisms and traditions. song is from, Self Explanatory, came out in April 2009.

"MuchMusic loved the video, they made it video of the week, so it's climbing up the charts. It's kind of giving the whole album another cycle," said Boyd.

Sales of the song on iTunes went up 350 per cent after the video was released, said Boyd.

The video features another recent Humber guest, John Dunsworth, who plays trailer park supervisor Jim Lahey on the popular Canadian television show the Trailer Park Boys.

The song pokes fun at Canadian

"People see Canada and get stereotypical, think we finish every sentence with buddy or bye, and if it ain't that it's either dude, eh or guy," raps Boyd in Oh Canada (not to be confused with the national anthem O Canada).

"It's almost how we even poke fun at ourselves," said Boyd.

"It's just having fun with it, but at the same time, it's got a message. Be proud of who you are, we all have our little quirks."

At the Feb. 1 concert in the Humber Students Centre, third-year culinary student, Darryl Johnson said he thought the video was a positive thing for Canadians.

"I think it was good to show us off," he said.

With Classified's increase in popularity, students who saw the show were fortuitous to have caught Boyd before his popularity lands him in less intimate venues.

"I've been booking entertainment here for about eight years and one of the keys is getting somebody right on the cusp before they break," said programming director for the Humber Students Federation, Aaron Miller.

"This is an example of somebody we booked months ahead that actually got more and more popular."

# Former student works Whistler ski patrol

JANE SPONAGLE

A former Humber student is lookthe ski patrol team at the Vancouver

Brian Bennett, who graduated from Humber's now defunct ski area management and operations program, said he will spend his days on the hills in Whistler during the men's downhill, slalom, super G and combined events.

He will provide first aid care for athletes, volunteers and possibly

Bennett said any type of injury is possible on the hill, from soft tissue downhill race in Whistler in 2008. injuries to fractures.

"It will be a great challenge," he said. "It will be kind of the highlight of my years in the skiing industry."

Bennett said he started as a ski instructor and coach and has been on the ski patrol for 19 years.

He continues to work part-time on the ski patrol at Horseshoe Valley when not running his massage therapy clinic in Markham with his wife.

Bennett heard about the opportunity to volunteer at the Olympics two

and a half years ago and his first step was to volunteer at the World Cup

The ski area management and operations program was offered at Humber from 1975 to 1997, but the college was looking at programs with more numbers, said former program co-ordinator and current hospitality management instructor, Paul Suda.

He said one-third of the program was the design of ski areas, one-third was management, and one-third was marketing and operations.

Humber's assistant ski team coach from 1990 to 1995, Cindy Hughes,

said, "It's a very, very important role that the ski patrollers play."

Hughes is now York University's head athletic therapist and spent three years as ski patrol at Alpine Ski Club in Collingwood.

Hughes has travelled to Olympics in Nagano, Salt Lake City and Athens as part of Canada's medical team, twice as chief therapist.

"It's just an incredible, incredible experience to be a part of," she said. "To be in an Olympic city and involved is a very unique and very special experience."

# International ties bind most national allegiances

**MEHREEN KHAN** 

LIFE REPORTER

While some Humber international students will solely support their native country during the Vancouver Olympics, others will declare their loyalty to Canada.

Brahmjot Singh, a student from India, studying electronics engineering, said he will root for his native country and Canada.

"Well, I'll be supporting both of them because it will increase my chances of being happy," said Singh.

Chelva Kanaganayakam, professor at the Centre for South Asian studies at the University of Toronto, said an individual's loyalty depends on the level of acceptance they feel in

"Someone that feels that Canada has not been kind is more likely to support India or Sri Lanka or Paki-

stan as opposed to Canada, but someone who feels that Canada has been kind to them would have a loyalty towards Canada."

Singh falls into the latter category.

"Of course I would like India to win some medals because they haven't won any medals in any Olympics," said.

This will be the Olympic ninth Games India has

participated in and there are four Indian athletes participating.

"I'll support Canada too because I have been living here for the past two years so Canada is pretty much my home country too," said Singh.

Azella Brooker, a recent accounting grad from Saint Vincent, Caribbean, who now works in the international student centre, said she is looking for-

I will definitely support

India, my country, and not

just some country where

I have just moved in.

ward to watching skating events.

She said her loyalty lies with Canada.

Another international student centre employee, Amit Chhabra Amit Chhabra, International student said he will only Centre employee root for India.

> "I will definitely support India, my country, and not some country where I have just moved in," said the secondyear computer and network support technician student. "It's because this country took me in but that country made me, it's as simple as that."



# From campus celebrat to Vancouver, Humber



The Olympic rings shot will be served at the Humber room.

# **Culinary wonders** toast special event

**JESSICA LABERGE BLAKELEY** 

LIFE REPORTER

Drink the Olympic rings and feast on B.C. fare at the Humber Room's Olympic dinner.

A special menu was created for the Feb. 25 dinner by culinary faculty members chef James Bodanis and chef Rudi Fischbacher.

"We based this menu as a celebration for the Olympics, for British Columbia, using British Columbia products," Bodanis said.

Dishes include B.C. sockeye salmon with apple, fennel, celery root, and orange salad, which will be served as an appetizer.

The goal for the menu, he said, is to celebrate athletes with food that is healthy, nutritious and refreshing.

The evening will also include a cocktail created by tourism operations professor Dan Reeves and his students.

The one ounce layered shot includes the five colours of the Olympic rings and is lit before serving, creating the Olympic flame.

The shot includes equal parts of Grand Marnier, crème de menthe, crème de cacao, cherry brandy and

"I love doing this kind of stuff because it's a good chance to showcase our bartending," Reeves said.

Reeves will give a demonstration at the dinner of how the shot is made, and he said it will be available to any guest wanting to give it a try.

"The bigger picture is to focus on the skills of our students and some of the stuff that we as a college are do-

The dinner will give Humber culinary students a chance to show their

"We will have a class in that night. They spearhead the whole service," Bodanis said.

"It's their show. We just help them." The idea for the Olympic dinner menu came from the marketing and communications department.

"In looking for story opportunities and media pitching opportunities one of the things we do is look at the calendar," said executive director Andrew Leopold. "The big thing staring a lot of us in the face, of course, is the Vancouver Olympics."

The Humber Room is accepting reservations for the three-course, \$45

# **Campus bar to become a Molson 'Hockey House'**

**GREG BURCHELL** 

NEWS REPORTER

The North Campus pub, as part of a sponsorship deal for the Olympics, has agreed to sell only one brand of beer while the hockey games are on.

The Sunday after reading week, LinX will become one of 76 bars in Ontario that has agreed to become a Molson Canadian Hockey House.

The sponsorship means LinX will show all of the Team Canada men's and women's hockey games, and during the games will sell only Molson beers and give out Molson-branded promotional prizes.

LinX manager Chris Shimoji said he feels selling only Molson beer during the hockey games is a worthwhile compromise for the bar.

"Molson provides a lot of things we couldn't get our hands on," he said. "We've got scarves, hats, jackets, shirts and zip-ups. This stuff, you

can't get anywhere."

Molson's director of external communications, Adam Moffat said not all bars can become Hockey Houses.

"It has to do with the geography of the bar within our market and the popularity within that bar to draw a crowd that likes sports."

True to the name, the pub will be giving priority to hockey over the other events.

"We will be showing all the other events but if there's an event against the hockey, we're going to be showing the hockey," said Shimoji.

Law clerk student Carlos Bernal, 20, said the restricted beer selection doesn't bother him.

"I think it's a good idea, I love hockey," he said. "I usually come once a week, but I'll probably be here more.'

The first game shown at LinX will be the men's matchup against the United States on Feb. 28.

# ER OHMPICS

tions to students making their way

College is going to the Games





Courtesy

Guelph-Humber student Heather Butts hits the slopes. Butts will volunteer as a media assistant at the Paralympic Games.

# Going down the road to beautiful B.C.

HEATHER ALFORD

For three Humber College students, alumni and current, being involved in the Vancouver Olympics and Paralympics is the opportunity of a lifetime.

Alumni Geoff Rohoban will report on Olympic events, Tonia Hammer will work as part of the Molson team and current Guelph-Humber student Heather Butts will volunteer.

Geoff Rohoban is getting the chance to be one of the voices for Olympic coverage on Vancouver radio's News 1130, a local affiliate of Rogers' national radio station.

"It's a once in a lifetime opportunity being able to cover an Olympics,

especially in the city that you're living in," he said.

Rohoban, who graduated from Humber's journalism program in 2003, is the station's morning sports anchor and will report sports and Olympic coverage every 15 minutes during the morning segment as well as providing updates for all other affiliate stations across Canada.

"At our radio station I'm going to be one of the main voices and to be heard all the way across Canada as well. It's going to be awesome."

Tonia Hammer, who graduated from Humber's public relations program in April 2009, works for Molson Canada, and is thrilled to be working in Vancouver as part of the Molson team.

"With the Olympics being in our country and me working for a company where our beer has the name Canadian in it, it makes it even more special," she said.

Being the community relations co-ordinator and a part of Molson's internal social media team, Hammer manages the company's online profile.

"I'll be doing the live blogging and the twittering so it's kind of like I'm a Molson reporter while I'm there."

For Heather Butts, a fourth-year journalism student at Guelph-Humber, her media background and passion for downhill ski racing influenced her to decision to volunteer for the Paralympics.

"In the summertime I coach dis-

abled athletes waterskiing," she said. "So I decided I should really be helping some winter athletes get a little bit more media coverage as well."

Butts will volunteer as a media assistant helping journalists and reporters at both the media office and at the alpine events on Whistler mountain, acting as a bridge between the media and the athletes.

She chose the Paralympics because she feels the Paralympians are not fully represented in the media.

"As an athlete and a Canadian I think it's awesome to see our athletes competing on home soil and I think it's really important that Canada supports its athletes. These people are competing for us, they wear our country on their sleeve."

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# **Grants available for voluntourism**

HSF funding for overseas missions provided one student with the opportunity to help teach children

PAM BAL

LIFE REPORTER

Humber student, Ken Jaipargas, 23, learned last year of a special Humber Students' Federation grant that allowed him to go to Africa.

"The grant made the trip possible," said the business administration co-op student.

During his time away, Jaipargas volunteered at an orphanage, taught children typing, math and English, and gave AIDS and HIV seminars.

Jaipargas said the trip allowed him to contribute to a bigger cause and hopes to go back to West Africa next summer.

Before heading abroad with volunteer-travel company Operation Groundswell, he approached the HSF after a professor suggested he ask around the college for funding.

The idea Jaipargas pitched to the HSF board members was that he would be working in a resource centre, similar to a community centre, in Ghana.

The HSF granted him \$1,000.

Students explain to HSF board members where they are going, what they plan to do

there, how much the trip will cost, said North Campus HSF vice-president Melissa Mendes.

The board then decides whether to issue the grant, which usually ranges from \$1,000 to \$2,000

"So many clubs, associations, students have come up to us in the past year to talk about doing missionary work in Africa, Peru, Brazil," said Mendes.

This month, one student will go in front of the board to request a grant for a missionary trip to Peru, she said.

Mendes said information about the grants is on the HSF website.

One student said he was surprised to learn that the grants are available.

"If you were to ask anyone in my class, they wouldn't know about it," said third-year chemical engineering student, Richard Morales, 25.

"It's not something we broadcast," said Mendes. "It's not like a bursary. This is extracurricular activities that we know that students would like to take part of and like to experience because a lot of students don't have the privilege to go overseas and do missionary work."



Courtesy

Students in a small village in West Africa where Ken Jaipargas volunteered.

# Students share culture with food and dance

**RONDA COLLINS** 

Every year, students from the Taiwanese Hospitality College put together a night of culture and dining to demonstrate what they've learned during the year.

The 29 students from Kaohsiung, Taiwan are taking part in a 14-month program which teaches them hospitality, tourism and culinary skills

The menu and the events of the night are unique for the students, said hospitality and tourism instructor Cecilia Parkes.

We just want to present our Taiwanese food and Taiwanese culture for everyone. Michelle Lee Hospitality and tourism student

The students work hard and plan everything, said Parkes.

"Every single thing from marketing to logistics to media"

This year, guests of the Taiwanese dinner and cultural event were welcomed with origami and tea. The evening featured traditional dance and a four-course meal including Taiwanese style escargot and stir-fried beef with green onions and peppers.

The students are also working on communication skills. which is something hospitality and tourism program co-ordinator, Judy Hebner, said is beneficial.

"I think it's the student interaction with the



Michelle Lee, 20, hospitality and tourism student was a MC for the night.

customer and the enthusiasm they show," she said.

"They work really hard to make it happen. And then of course there is the food, the experience of the food," said Hebner.

The students work with other Humber hospitality students to display their culture, which is very important to them, said Taiwanese hospitality and tourism student, Michelle Lee.

"We just want to present our Taiwanese food and Taiwanese culture for everyone," said Lee.

# Heart disease risk increasing for young people, experts say

**BRONWYN ROWSELL** 

LIFE REPORTER

Students should be more conscious of the dangers of heart disease said Humber health and fitness experts.

According to the Heart and Stroke Foundation's 2010 annual report, people between the ages of 20 to 30 are now at risk for heart disease.

"It is no longer a disease just for middle-aged white men," said director of research for the Heart and Stroke Foundation of Ontario, Marco Di Buono. "Half of people between the ages of 18 to 30 years old have at least one or more risk factors for the disease. These are things such as high blood pressure, Type 2 diabetes, poor diet, excessive body weight and stress."

"The two leading causes of developing these are physical inactivity and poor dietary choices," said Humber health and fitness promotion program co-ordinator, Matt Koller.

"People in their 20s have this sense of invincibility and they don't think about the consequences of their actions and what they are eating," said Leanne Henwood-Adam, the fitness co-ordinator at Humber.

"They will sit and watch television for hours and eat convenient food that is full of trans and saturated fats," said Henwood-Adam. "Students need to start looking at healthier options and understand that you can eat healthy on a budget"

Exercise is another important factor in maintaining heart health, said Koller.

Humber offers free athletic facilities for students, group exercise classes and discounted personal training.

"Students can go to the Humber gym and get an orientation and consultation to help them get started," said Koller. "You don't have to spend hours in a gym either. You can get off the bus early on your way to school and walk for 10 minutes."

"Ninety per cent of all heart disease is preventable," said Di Buono.



Bronwyn Rowsell

Alex Dasilva, first-year health and fitness student, works out to stay in shape.



Danita Kagan, professor of sociology, is happily married.

# Education may contribute to marital success

**BRENDAN ENNIS** 

LIFE REPORTER

The head of the Guelph-Humber psychology department, Rena Borovilos, has a more down to earth take on a new study that suggests lasting relationships are based on education levels.

"We come together based on sex, let's face it," Borovilos said. "Sexual attraction is important, and it's based on a lot of factors, and education is just one of them."

When it comes to working relationships, one must consider, "What are you going to talk about after sex?" she said.

The study, conducted by Betsey Stevenson, assistant professor at the Wharton school of business, University of Pennsylvania, said collegeeducated women are more likely than other groups of women to be married at age 40 and describe their marriages as "happy," and less likely to divorce.

Fourth-year justice studies student, Guila Benchimol, 32, agrees with Borovilos' assessment

"The initial process of going out and having fun with the physical attraction, and just enjoying each other's company can only go so far," she said. "There's only so much you can go out to the movies."

"I think guys are intimidated by strong women, and women with an education can come across as stronger.," said Benchimol, who was married for four years in her early twenties before getting divorced.

When woman invest in themselves, and obtain higher levels of education, "They have more marital power in the relationship and hence they are happier in the relationship," said professor of sociology at Guelph-Humber, Danita Kagan.

### vacation

# **Destination Toronto**

**NOEL GRZETIC** 

LIFE REPORTER

Students without travel plans next week could look into planning a staycation instead, a popular trend in the travel industry.

The term refers to taking a vacation without leaving home.

Tourism management program coordinator Mary Lendway said it's a good way for students to get schoolwork done and get refreshed.

"Go to the theatre, or check out the museum, or the Science Centre," said Lendway

"It's creating a vacation environment in your own hometown," said Matt Wixon, author of *The Great American Staycation*. "It's seeing your own hometown through the eyes of a tourist."

There are keys to a successful staycation, and the big one is planning.

"You can get lured into your runof-the-mill everyday life if you don't make it special and you don't make an earnest effort," said Wixon.

For students wanting to be involved in something meaningful next week, Wixon suggests a staycation that gives back to the community.

"I think if you just say, hey, I'm going to take time off and spend it at home, you're probably going to waste away your days," said Wixon. "People are looking for a chance to give back, so when people do have time off they actually see it as an opportunity to get out there and help."

Agencies like Habitat for Humanity have events running over reading week and are still taking volunteers.

"A lot of people think of the developing world needing housing, but we don't think of Toronto," said Shauna Trainor, volunteer co-ordinator for Habitat for Humanity Toronto, who is planning two days next week where students can participate in house builds in Toronto.

For more information on Habitat for Humanity builds over reading week check out www.humberetc.com.



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Chris Van Doorn

Third-year creative photography student, Chris Van Doorn said sometimes he posts on his blog before completing his school work. Van Doorn has been posting to his blog http://365-and-hennepin.blogspot.com/ for 337 days now.



# Bloggers find outlet for their passions

Daily online posting acts as creative avenue and presents unique challenges outside the classroom

MAGGIE CAMERON

SENIOR REPORTER

Chris Van Doorn has 28 days to go; 28 more late nights, 28 more photos to take, 28 more contemplated entries to write. Then he plans to take a vacation – from blogging.

Van Doorn, a third-year creative photography student, has been working on Project 365 for 337 days now. It's a blog that showcases his photography, and tests his ability to post something original, everyday, for an entire year. So far, he's done it.

"I've really prioritized it above a lot of things. I won't sleep until I post, and sometimes I post before I do assignments. (Project 365) is always lurking in the back of my mind," he said.

Van Doorn wanted to creatively challenge himself, and he found that blogging was the perfect outlet.

"My school assignments were getting really tedious and not very creative. The thing I went to school for fun turned into work so I wanted to do something fun, where I could explore. It's my way to vent," he said.

Van Doorn isn't the only Humber student dedicated to his blog. Nolan Bryant and Calista Faye See are both first-year fashion arts students who blog.

"My blog is a mix of everything I find attractive," said Bryant. "I think that even if you don't love fashion, it will open up your eyes. The everyday person doesn't really care about couture, they don't care what's going on on the runways, but it does affect them and I think that it's great for everyone to see," he said.

See started blogging to help launch her modeling career when

she lived in Singapore. Now, she does it to speak her mind.

"It's more focused. I blog what I feel like; hopefully now people read it for my entries," she said.

Blogs, or public diaries, have always attracted some controversy. The fashion world went berserk when 13-year-old fashion blogger Tavi Gevinson mingled in the front rows at New York fashion week recently. People wondered what was happening when a Vogue fashion writer's view of the runway was blocked by a 13-year-old blogger's hat. Some call blogging, or 'web log-



Nolan Bryant



Calista Faye See.

ging' outright exhibitionism. Others see it as a virtual avenue to revel in self-indulgence.

"Everybody wants to have their say. It's human. Everyone wants to say 'look at me' and I mean, that's kind of a problem. Blogging has become an embarrassing or dirty word. And maybe it's not the best thing, but for now it's the best option and some people really dig it," said Van Doorn.

See's blog is more self-reflective than Bryant's or Van Doorn's, but she said that's what keeps her followers coming back.

"I have a lot of haters, but they still visit it. Blogging is a love hate thing. People want to read it just because they know what I'm writing is true, and people won't say (the things I write) out loud. But they want to hate it," she said.

The blogs of these three Humber students couldn't be more different, but one thing they do have in common is their motive, and it isn't outright exhibitionism. Each of them is committed to sharing what they do and love. They aren't in it for the 'hits'.

"I do my own thing, I want to put myself out there, but I'm not going to cry for attention. That's not why I'm out there," said Van Doorn.

"I don't put on my blog what I think people want to see. I put up what I love. If nobody reads it, it wouldn't really bother me," said Bryant.

And, lucky for them, they all agree sharing what they love is quick and easy.

"It can be done instantaneously. There's no waiting for next month's Vogue with blogging," said Bryant.

# Pharmacy pros leery of ATM-like pill machines

CHARMAINE KERRIDGE

BIZ/TECH REPORTER

New automatic drug dispensing kiosks have been arriving in the GTA since late December, but Humber pharmacy professor Marta Bozdek says they fall far short of delivering the full pharmacy experience.

"They are like mail order pharmacies," said Bozdek.

"I think people need the interaction with a pharmacist. There is a whole education around drug use and how drugs should be taken."

The kiosks, called MedCentres, work like an automated bank machine.

Customers pick up a phone to speak to a pharmacist via video, and then insert the prescription to be filled.

A robotic arm, controlled by the pharmacist from a remote location, picks the appropriate drugs to fill each prescription.

"There is no benefit but to the owner of the kiosk," said Amgad Hakim, owner and operator of the Humber pharmacy.

"They are talking over a video to a pharmacist, but it's like speaking to someone over the Internet. Personally, I feel it is against our code. There is no support for the patients."

There are five MedCentres in operation, four in Toronto and one in Cambridge, and there are plans for more.

Peter Suma, president of Pharma-Trust, the company that makes the MedCentre, think the kiosks have great potential.

"It's a virtual 'relief pharmacist' and it is less expensive. It's on demand, on call services," he said.

"We want to bring the pharmacy experience everywhere."

For now, customers are staying with what they know.

"We filled 400 prescriptions last week," said a representative at the Sunnybrook Hospital Pharmacy. "They filled about 20."



A MedCentre kiosk.

# New 911 tracking service has flaws

Prof says some emergency situations will not benefit from CRTC mandated update

SANGEETA PATEL BIZ/TECH REPORTER

The CRTC has implemented a new service that will locate 911 callers

through GPS tracking, but Humber paramedics professor Craig Mac-Calman says the new system has some potential problems.

"Most callers are calling to report incidents, something they might see happening on the side of the road," said MacCalman, who is also an active EMT. "But they will have moved from the scene of the incident by the time they report it."

The CRTC imposed a deadline of Feb. 1 to implement the improved wireless-location service, which relays information from cell phones with activated GPS chips to enhanced 911 call centres.

This provides dispatch with a distinct latitude and longitude location when the user dials 911.

An adviser for the emergency telecommunications program, Andrea Alexander, said while the service is useful for emergencies in rural areas, or if a caller is unsure of their location, it will not be able to provide a street address.

Detailed information about the lo-

The main problem was that a lot of people were still using analog cell phones, especially in rural areas

> Kevin Ramdas Humber Professor

cation will still need to be obtained from the caller, she said.

Implementing this technology across Canada has been a lengthy process.

"The main problem was that a lot

of people were still using analog cell phones, especially in rural areas," said a professor in the wireless telecommunications program, Kevin Ramdas.

But with most cell phones now being sold with GPS chips built in, it made it easier to develop a more accurate wireless-location technology, he said.

Previously, determining a location was based solely on cell tower triangulation. This process required a certain amount of time for calculation and only provided a general location, Ramdas said.

This method is still used as a backup system in urban areas where GPS signals might be lost when the caller is inside a building, he said.

"I think it's helpful that at least there is a backup if you don't know where you are when you call," said first-year tourism management student, Brooklyn Davison.



Sangeeta Pa

The new service, mandated by the CRTC, will use GPS tracking to locate 911 callers

# Student-designed package picked by Sleeman Breweries

Robert Tsang's drawing selected for Red Bull

DAN BLACKWELL

BIZ/TECH REPORTER

Sleeman's Red Bull, a high alcohol percentage beer, will be hitting stores in April with a new logo created by Humber package and design student Roger Tsang.

His label was among five created by his classmates to be placed on Facebook, where viewers provided feedback and voted for the best design.

Keith Gillespie, the national mar-

keting director for Sleeman's Breweries, said although all of Humber's submissions were strong, Tsang's work stood above the rest.

"We felt that the energy in the bull on the label really had the kind of energy we wanted, and

his choice of colours would provide on-shelf impact," he said.

Tsang's design, a fiery charging bull clutching wheat, will include his digital signature on the first run of cartons shipped in Ontario.

In creating the winning design Tsang said he made an effort to differentiate it from the unrelated Red Bull energy drink, using the skills he developed at Humber. "We apply what we know about how to meld things, how to align things and how to see visually how things tied into each other," he said.

Contrary to what many would assume, Tsang never even tried the beer.

"People tell me you have to try the beer in order to understand how to brainstorm concepts for it, but I kind of just knew what I had to follow."

For Gillespie, the choice to hold a competition for Humber package and design students was an easy one.

"I always felt it would be appropriate actually have the work done by consumers who are in the demographic, who understood the demographic and who understands how the demographic thinks," he said.

Tsang's winning design.

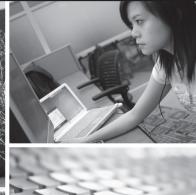
a fantastic number of great designs."

Package and graphic design program co-ordinator Vass Klymenko said Tsang's success is a testament to the unusually high employment rates achieved by his graduates.

"I think what it tells you is our students are pretty well job ready," he

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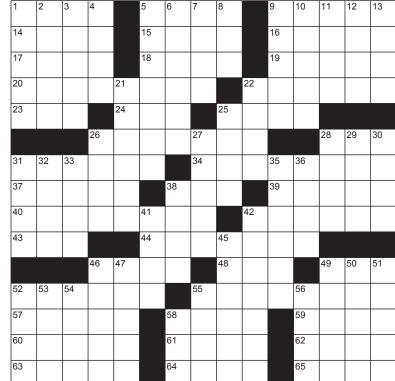
### **ACROSS**

- 1. Papa's partner
- \_ Fitzgerald
- 9. Ocean currents
- 14. Church word
- 15. Brad
- 16. Love to pieces
- 17. Work up
- \_\_\_ sum
- \_\_\_ Calvin 19. Designer \_
- 20. Winter car part (2 wds.)
- 22. Ogled
- 23. Deary
- 24. Wide street (abbr.)
- 25. "A Beautiful \_
- 26. Capital of New Jersey
- \_ Clear Day..." (2 wds.)
- 31. Appoint
- 34. Sane
- 37. Foolish
- 38. Took a chair
- 39. French pancake
- 40. Tubular pasta
- 42. Tantalizes
- 43. Health club
- 44. \_\_\_\_ oil
- 46. \_\_ and see 48. Drag
- 49. Hardwood tree
- 52. Facet
- 55. Colonize again
- 57. Swindle
- 58. Religious group
- 59. Crowd's sound
- 60. Throw
- 61. Poker payment
- 62. Aware of
- 63. Comforted
- 64. Model
- 65. Adolescent

### **DOWN**

- 1. Bog
- \_ acid (protein component)
- 3. Cantaloupe, e.g.
- 4. Over again

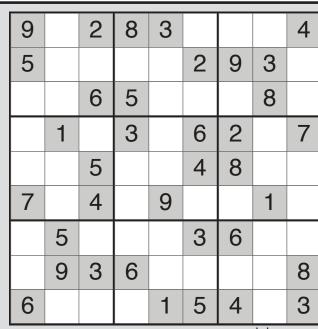
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- 5. Perk up
- 6. Ralph\_ of fashion
- 7. Shade of green
- 8. Swiss peak
- 9. Seized
- 10. Ran in neutral
- 11. Go-getter
- 12. Great Lake
- 13. Broadcast
- 21. Archer's goal
- 22. Dryer residue
- 25. Castle defense
- 26. Singer \_\_\_\_ Turner
- 27. Locomotive 28. Dollar bills
- 29. Back of the neck
- 30. Malt drinks
- 31. Broadcasts 32. Cut

- 33. Norse tale
- 35. Cold era (2 wds.)
- 36. Spoken
- 38. Bad mood
- 41. Pass over
- 42. Board member
- 45. Votes in
- 46. Make cloth
- 47. Pretended
- 49. Make up for
- 50. Writing tablet
- 51. Wading bird 52. Long (for)
- 53. New York stadium
- 54. Pod vegetables
- 55. Nevada resort
- 56. Horse's gait
- 58. Plant juice

### **Get your game answers online at:** www.humberetc.com



www.sudoku.name

Digits 1 through 9 will appear once in each zone. One zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle.

Do not enter a digit into a box if it already appears elsewhere in the same zone, row or column

### HOW GOOD ARE YOU?

Under 13 min	Genius	17-21 min	Smart
13-17 min	Scholar	21-25 min	Not bad
	25 min	Koon practicing	

# **Predictions from the Et Cetera oracle**



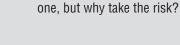
Aquarius Jan. 21 - Feb.18

Smooth talking your way out of a ticket only works in



July 23 - Aug. 23

Hard work never killed anythe movies, not in real life.





**Pisces** Feb. 19 - March 20

Eloping is a great way to



Virgo Aug. 24 - Sept. 22

get away from zombies.



Reading week is a perfect time to work on bed sores.



**Aries** March 21- April 20

Buying a crown doesn't make you king.



Watching Lost will cause frustration and death by smoke monster.

Never go to a doctor whose office plants have died.



**Taurus** April 21 - May 21

Happiness isn't a fish you can catch, it got caught in a six-pack ring.



Scorpio Oct. 24 - Nov. 22



Gemini May 22 - June 21

February is a good month to give something up, like showering.



Sagitarius Nov. 23 - Dec. 21

Drinking five sodas a week might cause cancer, but will cure your sugar lust.



Cancer June 22 - July 22

A guilty pleasure isn't a guilty pleasure if you watch Jersey Shore.



Capricorn Dec. 22 - Jan. 20

Good fortune will shower down on you, unfortunately you have an umbrella.



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# **B-ballers block fiesty St. Clair Saints**

Women bounce back after facing tough opposition against chirpy rivals

**MIKE THOMAS** 

SPORTS REPORTER

WINDSOR – Kayla Suriani and Rebecca Dietrich led the Hawks to an 83-60 victory over the St. Clair Saints with a dominant second half performance in a game punctuated by dozens of fouls.

"We knew it was going to be physical, we knew it was going to be scrappy," said Humber head coach Denise Perrier. "We had to go right for the jugular."

With the win last Saturday, Humber moved to 9-2 in division play and took sole possession of second place behind Sheridan in the OCAA western conference.



Mike Thomas

Humber's Kayla Suriani takes a three point shot in the first half of Saturday's game vs. St. Clair.

The teams combined for 42 personal fouls, adding to what is becoming a war between the two teams.

"Their coach is known to always

kind of chirp at us before games," said Maria Suriani, sister of Kayla. "For us, it adds incentive, and they always want to beat us." Tensions were high throughout the game as several St. Clair players voiced their anger towards the referees, their own teammates, as well as

the Humber team.

"There is a rivalry, I'm sure," said Perrier. "They've made comments in the past but we try to look past that and just play on the court."

The Hawks pulled away after a first half tied at 42.

"In the second half, I think we started to frustrate them a little bit, they started to lose their composure and we capitalized on their turnovers," said Dietrich who was 12 for 12 in free throws, finished with 14 points, and led the team with nine rebounds and eight assists.

Rookie guard Kayla Suriani led the Hawks with 19 points. Aycha Hamaoui and Maria Suriani each had 13 points.

"We needed this game bad, this was a huge win for us," said Perrier.

The women return to action tonight at Humber against the first place Sheridan Bruins who have an 11-0 record.

# No guts no glory for mens v-ball

KYLE HALL

SPORTS REPORTER

WINDSOR – The Humber men's volleyball team served up another impressive performance by knocking off the St. Clair Saints in three straight sets to improve its record to 10-2.

The Windsor casino may have been just down the street, but the aces were in St. Clair's gymnasium, as four Humber players had at least two aces, propelling the Hawks to an easy victory over the Saints (2-14) last Saturday.

Assistant coach Hank Ma held coaching responsibilities.

"The old philosophy we used to go by is no guts no glory," said Ma. "So when you're going back to serve it's not just to initiate the game, it's your opportunity to score a point."

Terrel Bramwell led the way for the Hawks with four aces and a game high 16 points, while setter Stephen Eichhorn chipped in with three aces of his own.

"We all have strong jump serves. In a game like this we knew we could just let them fly," said Eichhorn. "We're hot. We're just gonna keep going with it. I don't see anyone stopping us."

The Hawks won in straight sets: 25-12, 25-12, 25-22.

The team ranked No. 1 in the province and hasn't lost a set in five straight league games, keeping their main objective alive.

"We've all got one goal in mind and that's staying perfect here in the second semester," said fourth year veteran Bobby Anderson. "We've talked about this from the beginning of the year. With the talent we have I think we'll be disappointed with anything less than a gold medal."

The Hawks played at home last night against the Niagara Knights, and they'll face a tough test this Saturday against the 10-2 Nipissing Lakers.



Jordan Langley serves up a killer jump serve against the Saints.

### highlight reel

### General

The CCAA and SportsCanada TV kicked off 'CCAA Games of the Week' online live broadcasts, showing either a basketball or volleyball game every Friday night for a 12 game broadcast that started Jan. 15

Source: CCAA

### Star Male Player

OCAA athlete of the week honours go to Nick Fadayel, Mohawk Mountaineers Men's Basketball.

Fadayel contributed to the 237 point game, setting a new OCAA record for total points in a game by two teams, erasing the mark of 233 set between George Brown and Humber January 9, 1974.

### Star Female Player

Humber Hawks middle and

2008-09 OCAA Women's Player of the Year Landis Doyle was named the OCAA Female Athlete of the week
In the latest game against the St. Clair Saints she racked up a game high 26 points. She pushed for a further 10 points later on the week during a match versus the Lambton Lions to increase her points total to 123 points in just 18 games.

Source: OCAA

### this week

### saturday feb. 13

- » 6 p.m. at Humber
- » Men's volleyball vs. Nipissing
- » 4 p.m. at Humber
- » Women's volleyball vs. Nipissing

### sunday feb. 14

- » 12 p.m. at Humber
- » Women's volleyball vs. Canadore
- » 2 p.m. at Humber
- » Men's volleyball vs. Candore

### wednesday feb. 17

- » 6 p.m. at Humber
- » Women's Volleyball vs. Redeemer
- » 8 p.m. at Humber
- » Men's Volleyball vs. Redeemer

### saturday feb. 20

- » Sheridan Brampton Tournament
- » Men's indoor soccer
- » Sheridan Oakville Tournament
- » Women's indoor soccer
- » OCAA Championships at Windsor
- » Men and Women's Badminton
- » Playoff Game TBA
- » Women's volleyball
- » Playoff Game TBA
- » Men's volleyball

### thursday feb. 25

- » OCAA Championship at Redeemer
- » Men's volleyball
- » OCAA Championship at Cambrian
- » Women's volleyball

# **Favoured birdie** bashers still tops

But players say there is always room for improvement going forward

It's a good thing to lose

one sometimes. Then you

know about your mistakes

and can practice more.

**ROB SKYES** 

Humber's top-ranked badminton team cruised through the OCAA west division regional tournament last weekend with two gold medals in doubles and one in singles and now sets its sights on the provincial championships next week.

"It's easily the best we've done in the last five years at regionals, which

is about how old our badminton program is," assistant coach Mike Kopinak said after the tournament at York University last Friday and Saturday. "Our best players were our best players, and that's what you need."

The favoured

men's doubles pair of Mark Wong and Charlie Lay was dominant, winning all six of their matches to take gold. But that didn't stop them from focusing on a single set they lost to Mohawk.

"It was an eye-opener," said Lay. "When we get two people who can defend against our power, we have to smarten up and play more strategically as a team. And we played a lot

better after that."

The mixed doubles team of Raymond Wong and Renee Yip also dropped only one set in winning all six of their matches.

"It's a good thing to lose one sometimes," said Raymond Wong. "Then you know about your mistakes and can practice more."

Also capturing gold for Humber was Dustin Mitchell in men's singles, going undefeated in seven matches.

"We expected him to finish in the top three, but he played well and surprised us all," said head coach Lam Trinh.

In addition to the gold medallists in regionals, Jordanna Langill Raymond Wong captured silver in women's singles after an emotional

semifinal, and the women's doubles team of Diana Matthew and Kaitlyn Van Duinen won bronze.

Dan Smereka and Bev Peel placed fourth and fifth, respectively, in their singles divisions.

Eight of Humber's 10 players who competed at York will move on the provincial championships Feb. 19-20 at St. Clair College in Windsor.



Singles player Dustin Mitchell at OCAA regional championship.

# **Varsity** squads get top training

KATHLEEN PEROFF SPORTS REPORTER

Humber's top ranking varsity sports teams will soon get scheduled time at a high performance training centre on North Campus expected to open at the end of February.

"We try to make sure that Humber is a leader at the college level, and a high performance training centre isn't something that exists at any college. We're at the top of the OCAA in terms of our competitive abilities right now and this might just take us to the next level," said athletic director, Doug Fox.

Fitness facility manager, Leanne Henwood-Adams, said, "We currently have no place for our top ranked athletes to maintain their excellence. We need a specialized place where varsity athletes can come in and train so they can stay on top."

The centre will replace one of the existing aerobic studios with specialized equipment brought in specifically for superior athlete training, said athletic centre facility manager, Dean Wiley.

A performance training centre isn't something that exists at any other college

> Doug Fox **Humber athletic director**

"The equipment will be sport specific and include a lot of isometric, plyometric and core training machines, stuff you won't see in the gen-

eral weight room area." said Wiley. "It will not be an open free-forall space. It'll be a supervised space where there will be specific times that teams are scheduled to be in there,' said Henwood-Adams.

Time in the centre will be split between varsity teams, as well as the Humber fitness and health program and the Guelph-Humber kinesiology program, said varsity basketball coordinator, James DePoe.

"Not only will they be using the space for classes, but they're also the ones putting most of the equipment in there," said DePoe

The cost for the centre has been split with the kinesiology program,

"Guelph-Humber has purchased half the stuff that goes in there, and we've purchased the rest."

The space will also be used in partnership with the Ontario volleyball, basketball and badminton organizations, who will use the space in the summer months for training camps,

# Men's soccer team hosts charity event to aid Haiti

Footy boys partner with Soccer Connects to raise money for ravaged country

### **JESSICA GOGGIN**

The men's indoor soccer team, along with Soccer Connects, a multicultural soccer networking organi-

zation, will be hosting a fundraiser called, "Kick for Haiti" on Wednesday at the North Campus at 8 p.m.

Soccer Connects will be putting together a team of the best players from different colleges and universities around Ontario that will play against the Hawks

Head coach Germain Sanchez said,

"everyone in the world is concerned



can do, we will do it. This is an opportunity for myself and our players to do something for someone else." The fundraiser will not only include a soccer game, but a halftime

for Haiti, and if there is anything we

show, prizes and giveaways.

Soccer Connects founder, Solo Davies, said, "we will be giving away Raptor's tickets, Leaf tickets and Tshirts. During the halftime show fans will get a chance to take penalty shots against the goalkeepers for a chance to win prizes."

Davies said he felt that was the right thing to do because there are so many people that have been affected by this tragedy in Haiti.

"Every dollar counts," said Davi Fans will be asked to make a donation at the door of whatever they can afford.

All of the proceeds will be going to the HSF who will give 100 per cent of the donations to Haiti relief efforts, said Davies.

"It should be a pretty good soccer game where everyone will have fun and a good time," said Humber goalkeeper, Dave Ragno.

# Volleyball rookie a rising varsity star



Terrel Bramwell, right side player is notoriously competitive.

First-year recreation and leisure student has already earned recognition from Canadian Colleges' Athletic Association

**REMY GREER** 

SPORTS REPORTER

Humber men's volleyball head coach Wayne Wilkins said he knew he had successfully recruited a special player in 19-year-old Terrel Bramwell, he just didn't expect the rookie to be so dominant in his first year of college competition.

"He's a leader right now. From our perspective on the court I think he's surprising people," said Wilkins. "From a rookie standpoint, he's doing things we expect out of veterans."

Bramwell, a first-year recreation and leisure services student, leads the province in points per game and kills per game, on top of being named the CCAA men's volleyball athlete of the month in December.

"Ever since I started I've trained to be the best. That's my goal to come here and hopefully be the best in all of the OCAA," said Bramwell. "I knew I would be good but I didn't think at this level I would be the best so fast, but my hard work is actually paying off"

The six-foot-two Bramwell, has exceptional athleticism, leaping ability

From a rookie standpoint, he's doing things we expect out of veterans.

> Wayne Wilkins Head coach

and is proficient at getting his powerful spike through blockers.

Bramwell, a highly sought after prospect from Mississauga, said he decided to attend Humber due to his familiarity with the coaches and his playing experience with several members of the squad.

Teammates see Bramwell as an extremely passionate and determined athlete.

"He wants to win and he'll do whatever it takes to win. He's pulled us along and infused an energy that we haven't had in a few years," said fourth-year player Bobby Anderson.

Bramwell said he plans to pursue a career in professional volleyball in Europe after graduation, but noted that his focus is on winning provincials and competing in the nationals this year.

Wilkins said he is confident that Bramwell has the talent to play professionally but cautioned that the player must work on his fundamentals and consistency.

"The more opportunity he gets to stay here and play and excel at a higher level, the better he's going to be," said Wilkins.

# **North Campus wins hockey tourney**

College's teams duke it out in extramural battle of the Hawks

JARED LALONDE

SPORTS REPORTER

A classic hockey rivalry was revived when teams from North and Lakeshore campuses faced off in an emotional semifinal game at an extramural tournament in Toronto.

"This was the first time our teams played each other in three years," said Lakeshore coach Josh Davison. "Both teams played their best hockey. It could have gone either way."

"Both teams wanted to win," said North star Garrett Bambrough, who had eight goals and six assists in the tournament. "We both wanted to represent Humber."

In the end, following a thrilling back and forth battle, the red-hot North team was victorious, 5-3, and went on to win the tournament with a victory over Seneca Newnham 6-2 in the final.

North entered the twelve-school tournament hosted by the University of Toronto Scarborough campus last Friday, as the top extramural team in Ontario.

But Lakeshore, ranked sixth, took a quick 2-0 lead putting the tournament favourites on their heels early in the first period.

"We started off playing sloppy," said Bambrough. "But we have a special group of guys, where we can pull off wins even when we're not playing our best."

North clawed back, thanks in part to the stellar goaltending of Mike Karagians.

"I was a bit rattled in that game," said Karagians. "But the coach pulled me aside and told me to relax and fo-

cus. I guess it worked."

North's Carlton Ylinen scored on a wrap-around late in the first period to tie the game at 2-2.

At that point, emotions were running high, and each team took its fair share of frustration-fuelled penalties.

"We played great on the penaltykill all tournament," said North coach Brett McCully. "It was the key to our win"

"It was a chippy and emotional game," added Bambrough.

North took the lead for good on a goal by Thomas Grossi that made it 3-2 in the third period.

"Let's just say I'm looking forward to the rematch," said Lakeshore coach Davison.

The teams will meet again Feb. 22 at the MasterCard Centre in Toronto.



Jared Lalonde

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