

# Et Cetera

See inside for full HSF election coverage

Four Humber teams vying for national championships  
Read more in SPORTS / 25-28

LARPing hits North campus. See pics at [humberetc.com](http://humberetc.com)



## Council dissolves TTC board

MICHAEL GREGORY  
Senior Reporter

Toronto councillors regained some traction on their vision for transit this week, opposing Mayor Rob Ford in favour of TTC Chair Karen Stintz's proposal for a larger board that will again bring citizens into the mix.

The issue is the second scuffle in weeks that's put transit front-and-centre on the council floor, after General Manager Gary Webster was fired recently.

Council approved Stintz's motion 29 to 15 in favour of dissolving the nine-member Toronto Transit Commission board at Monday's meeting.

In a separate vote, councillors appointed colleague Raymond Cho, Glenn De Baeremaeker and Josh Colle, as new members on the revamped board – John Parker, Peter Milczyn and Marie Augimeri retained their seats, with Stintz being voted in again as chair.

Joining the seven councillors will be four citizens, to be elected later.

"Every vote is an opportunity to move

forward and we had a situation where the commission wasn't in line with the council, and in line with the mayor's office," Stintz said. "I think out of today's vote we've restored some of that synergy."

Stintz said the vote demonstrates the city's strong direction to the province.

"My overriding goal was to bring stability to the commission and I think this does this," she said.

The province already committed \$8.4-billion to build the Eglinton-Scarborough Crosstown LRT line, but a public battle has ensued in recent weeks over the mayor's desire to build subways.

Dalton McGuinty has maintained he will support council's overall decisions.

Five Ford loyalists lost their seats on the board, including Denzil Minnan-Wong. Ahead of the vote, he told reporters he had no interest in re-nomination.

"Critical thinking and contrary views don't seem to be accepted on the current commission and so I've experienced a level of frustration," Minnan-Wong said.

Many councillors used their time during the debated motion to express their

own unrest at the politicking and personal vendettas on the transit issue.

"It's got not to be about winning or losing...it's really got to be about the rider..." said Coun. Shelley Carroll.

Mayor Ford, however, appears on the losing end and didn't make himself available to reporters after the vote.

While hosting his new weekend radio show on Newstalk 1010 alongside brother Doug, the mayor said he'd support a TTC board of expert citizens.

Coun. Michael Thompson put forward a motion in council to appoint a nine-citizen board, which received significant questioning and criticism over public accountability regarding spending.

"The last time we had a strong citizen membership on the TTC was in the late 1980s, and they ended up buying an airline - do we want that again?," said Coun. Joe Mihevc.

The citizen members will be chosen by October and paid a \$5,000 annual honorarium, plus \$500 per monthly meeting.

Minnan-Wong said the new make-up doesn't remove the politics among the



PHOTO BY MICHAEL GREGORY  
TTC Chair Karen Stintz to stay.

councillor-dominated board and may affect which citizens will come forward.

"We won't have as many qualified candidates come forward as a result of that because they won't want their reputations threatened or thrown under the bus...because of politics," he said.

Coun. Adam Vaughan called the new direction "great news for Toronto."

"Once you find a way to work together and you can be trusted on issues, you're in good shape," he said.

## Student tax help fails at Humber

RUSSELL PIFFER  
News Reporter

The Humber Students' Federation has decided not to offer free tax clinics this year because of low turnout in 2010 and 2011, said president Bryan Tran.

"You'd imagine something like that would be really popular," said Tran. "It's a great idea. We just haven't found the right person to do it and student engagement with it hasn't been the greatest."

Tran added that HSF financial director Frank Ritchie used to offer free clinics to help students with income taxes, but last year's turnout was "under a dozen," even though promotion was carried out through Facebook, Twitter, as well as posters and fliers at the HSF information booth.

"There's a lot of factors that go into whether something like that is successful," Tran said. "It could have been the timing; it could have been people were too wrapped up in midterms."

At the University of Toronto, the student union's free tax service has been very successful, said student union services co-ordinator, Terri Nikolaevsky.

Students receive one-on-one tax help from volunteers, all of whom have been trained by the Canada Revenue Agency, Nikolaevsky said.

"We have, on average, 18 to 20 appointments a day and we run the program for roughly 25 days," Nikolaevsky said.

The U of T service is part of the CRA's nation-wide Community Volunteer Income Tax program, Nikolaevsky said.

The program gives lower to moderate income earners the chance to get their taxes done free of charge, said Blair Kellie, Canada Revenue Agency co-ordinator for the program in western Toronto.

According to the CRA website, the service is offered in about 50 sites across the city.

A single person with no children needs to earn less than \$25,000 a year to qualify, Kellie said, while couples need a combined income under \$35,000.

Any organization can apply through the CRA website to offer the program, Kellie said.

## Badminton pulls double medals

### Humber claims silver, bronze at nationals

SHANNON O'REILLY  
Sports Reporter

Four athletes from Humber College's badminton team represented Ontario at nationals last week in Kelowna and Kamloops, B.C. and came away with two medals.

"We've been involved with team Ontario for six or seven years now and I'm pretty sure that's the best results we've had," said assistant coach Michal Kopinak. "It's the best results Humber has had as well."

Renee Yip, 20, a third-year kinesiology student, won gold in mixed doubles in 2009-2010, but failed to capture a medal last year. She avenged her loss by winning bronze last week in women's doubles with partner Alyssa Woon.

"Knowing that we lost the bronze medal match last year was hard so we had to redeem ourselves," said Yip. "This was our mental game. We told ourselves that this is our year and that we're getting that bronze."

The bronze medal game proved to be a tight one, going to three matches with scores of 20-22, 21-15, and 21-16 before Humber closed the deal.

"We stuck to our game plan and just went for it," said Yip. "Our motto this tournament was 'balls out'. We didn't play safe, we just went for it."

Tracy Wong, 19, a second-year health

and fitness student, came away with the silver medal in women's singles after what seemed like a frustrating loss to RuiLin Huang of PACWEST.

"I think sometimes it can be difficult to close those games out," said Kopinak, of the mental side of badminton. "We can compete with anybody here – we just have a little bit of a nerve problem coming down the stretch and we have to learn how to win at this level."

As a rookie last year, Wong took home bronze in the same event.

Fourth-year Simon Yip, 23, a human resources student, came in fourth after Luke Couture from PACWEST narrowly edged him with scores of 23-21 and 21-18.

"My opponent was calm and played more consistent than I did," said Simon. "I was too passive and made slightly too many mistakes to let him back in the game."

This was Simon's first year playing in the men's singles event.

"We were trying to get as many points in Ontario to make sure we could secure the provincial gold, which we did," said Kopinak of switching Simon to the singles event. "It just made sense for the team for him to play singles even though doubles is probably his better event."

Simon captured gold at the regional and provincials.



PHOTO COURTESY ANDREW SNUCINS  
Simon Yip represented Humber at the nationals in B.C. last week.



## THIS WEEK

BY KARI PRITCHARD

<b>THURS</b> <b>8</b>	<b>International Women's Day</b> Celebrated since the 1909 in the United States and increasingly around the globe.	<b>FRI</b> <b>9</b>	<b>Ghost Tracking @ Casa Loma</b> Enjoy a two to three hour spookfest while tracking the spirits rumoured to reside in Toronto's historic estate. 7 p.m., \$16-\$28.	<b>SAT</b> <b>10</b>	<b>ComiCon Toronto @ Metro Convention Centre</b> The famed comic book convention comes for two full days. 11 a.m. - 6 p.m., \$20-\$26.	<b>SUN</b> <b>11</b>	<b>Poetry Slam @Toronto</b> Spoken word competition. Drake Hotel, 7 p.m., \$5.	<b>MON</b> <b>12</b>	<b>The Sure Things @ Toronto</b> Country music with punk sensibility. Dakota Tavern, 9 p.m., pwyc.	<b>TUES</b> <b>13</b>	<b>George R.R. Martin @Toronto</b> Martin will be signing copies of <i>A Dance With Dragons</i> . Indigo, 55 Bloor Street West, 7 p.m., free.	<b>WED</b> <b>14</b>	<b>The Black Keys @ Toronto</b> Blusey two-piece The Black Keys and British pop-rockers The Arctic Monkeys. Air Canada Centre, 7:30 p.m., \$39.50-\$59.50.
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PHOTO BY KRISTIN ANDREWS  
Youth Assisting Youth CEO Sally Spencer and volunteer co-ordinator Chuck Okonkwo are looking for dedicated post-secondary students.

## Charity seeks volunteers to mentor at-risk GTA youth

KRISTIN ANDREWS  
Lakeshore Reporter

Non-profit organization Youth Assisting Youth (YAY) is looking for post-secondary students to mentor the over 400 at-risk youths currently on their waiting list.

"We're looking for volunteers who are committed, dedicated and care about making a difference in their own community," said Chuck Okonkwo, YAY's volunteer coordinator.

"This is a marathon, not a sprint. We're looking for people who are going to be there for the long haul."

YAY needs volunteer mentors for youth, aged six to 15, who are dealing with issues primarily related to their home life and upbringing, said Sally Spencer, the organization's CEO. Many of the at-risk youth the organization is

trying to assist live in Etobicoke and Scarborough.

In particular, the organization is seeking male volunteers, a group that has been difficult to recruit.

"We were doing a marketing survey a couple of years ago, based on two words we were using in our advertising paraphernalia that were making men run for the hills," said Spencer, YAY's CEO. "Those words were 'commitment' and 'responsibility'."

"We took those two words out and within six months we increased our male population by 17 per cent," she said.

The organization also needs bilingual volunteers for youths who are new to Canada.

"Putting those [people] in contact with a bilingual volunteer can help them not only adjust to life in Cana-

da, but also practise their English in a non-judgmental environment," said Okonkwo.

Sabra Desai, community development coordinator at Humber North, said having college and university students engage with young people is a good idea because they are able to relate.

"The narrower the age gap, the better the chances are for healthy interactions and relationships," Desai said. "By being mentors, students can be role models for youth that are at risk who might not have the opportunity to have a role model in their family."

Okonkwo said that mentors who share their personal experiences help young people make better decisions in their own lives.

"If I only knew then what I know now," Okonkwo said, "things would have been so much different."

## Arb hosts Rexdale school program

STACEY THOMPSON  
News Reporter

Humber's Centre for Urban Ecology has paired with the Community MicroSkills Development Centre to teach Rexdale youth valuable lessons about the environment.

Youth between the ages of 13 to 18 will be participating in workshops about preservation, waste, energy and the impact of transportation on the planet, in order to learn about sustain-

ability and the changes they can make to lessen their ecological footprint.

"It's about getting the kids to look at themselves," said Chris Bialek, a nature interpreter at the Humber Arboretum. "To realize there are changes they can make among themselves."

Around 35 youth will be fishing for items in a fake pond and learning how to properly separate recycling. Simulation activities will teach them about the importance of clean water and how it affects the migration of salmon, said

Bialek.

Fiona Street, another Humber nature interpreter, said on Tuesdays students will come to Humber from 4 to 6 p.m. for the workshops. On Thursdays, students will be having discussions about environmental issues as well as how to better the environment in their own communities.

Students also have the opportunity to go on field trips on the weekends.

MicroSkills was granted a Live Green Toronto grant, which allows for

the education the youth are receiving. The agency helps with settlement, employment and self-employment for immigrants, youth, visible minorities and low-income women.

"What we are hoping to do with the grant is educate youth in Rexdale who don't usually have the opportunity to participate in such programs," said Michelle Tinker, MicroSkills youth director.

Tinker said Humber has truly exposed their kids to education dealing

with the environment and encouraged green urban living. Exposing the youth to the green sector will allow them to think of possible careers, post-secondary education and to improve their lives in the community, she said.

"We are hoping to create interest in the environment field," said Street. "If the youth want to go into waste auditing or environmental education, they know they have the support and people to talk to so they can get more involved."

## Humber feeds culinary art with organic horticulture

CLAIRE MCCORMACK  
News Reporter

Humber has become a leader in self-sustainable landscape initiatives by producing its own organic honey, fruits, vegetables and herbs in the campus greenhouse for use school kitchen use.

"The innovation is the cross pollination, forgive the pun, of landscape and culinary," said Melanie Sifton, Humber professor of horticulture.

Sifton said her goal is to connect "people who are in the food business to the source."

The project began when Arboretum staff planted a vegetable garden where

the LinX pub is now located.

"We just tried it and then the chefs were coming out and they were freaking out - loving it," she said.

The garden has since moved to campus greenhouses, where more plants are grown. But the greenhouse isn't the only place where food is being harvested.

"The abundance of food, if you know what you're looking for out there, is pretty substantial," culinary professor Chef Michael Teune said of the North campus Arboretum.

Along with fruits, there is also an apiary where bees produce organic honey that is used by the culinary program.

"We used it in the Humber Room

[restaurant] last year on one of the salads as a honey vinaigrette," Teune said, adding that the honey is spun in the classroom.

"They got to see what it looks like in the combs and how you spin it and how you process it," said Heather Somers, campus beekeeper and Humber professor of horticulture.

The collaboration between the two programs comes as part of a response to the growing trend of supporting urban green space.

"We need to get more and different services from the land instead of saying that's just a pretty flower garden," said Sifton.



PHOTO BY CLAIRE MCCORMACK  
Herbs such as basil, parsley and cilantro are a few of the edible plants grown in the campus greenhouses.



# History of residential schools in Canada remains unknown

**SARAH MACDONALD**  
News Reporters

The last of Canada's residential schools closed in 1996, but many Canadians still don't know the full extent of their dark histories.

"Federal governments depend very highly on the ignorance of the general Canadian populace when it comes to our history generally, but especially with aboriginal stuff," said John Steckley, a sociology professor at Humber who specializes in and writes books about native language and culture.

An interim report from the Truth and Reconciliation Commission recommended apologies should be displayed in all public schools to further teach students about the residential school system.

Peter Edwards, a *Toronto Star* journalist and author of *One Dead Indian* – a book about the Ipperwash Crisis – said discrimination that First Nations people face can be alleviated by coming to terms

with what has happened historically.

"You have to confront something that's bad to get past it," said Edwards. "Sometimes you can't fix things, but if you apologize or acknowledge it, then you're making the other person feel like they account for something."

Courses at Humber touch on native

well enough and textbooks not incorporating all of the history are problematic, too, said Steckley.

"The best sources about Aboriginal people are Aboriginal people," said Steckley.

The report is a good first step, said Steckley, especially with the strain between the government and First Nations people. But Canada needs to be honest about its historical treatment of native people, he added.

"We like to think that we dealt with aboriginal people better than the Americans did. But we didn't. We just killed them quietly."

Michelle Quaranta, 21, a Humber fashion studies student, said limited interaction with First Nations people fuels this misunderstanding.

"I've only met maybe three aboriginals. I don't run into them all the time," said Quaranta. "If there's no awareness, how can you make a difference?"

**"The best sources about Aboriginal people are Aboriginal peoples."**

**-JOHN STECKLEY, HUMBER PROF**

issues, but could further detail both positive and negative aspects of native history in Canada, said Steckley.

"We have to offer more aboriginal courses," he said. "I'd also like to see other kinds of courses, like the social sciences, engage in more aboriginal material."

Teachers not knowing the subject



PHOTO BY KAT WARD  
Donna Dooher (left), executive chef at Mildred's Temple Kitchen and Heather McKenzie are excited about the fundraiser.

## Humber grad cooks for Int'l Women's Day

**KAT WARD**  
News Reporter

Humber culinary graduate Trisha Beard will celebrate International Women's Day by preparing a meal today for local women in need.

Beard has volunteered to help cook a delectable four-course meal for the Kitchen Sisters fundraiser. Tonight's event is part of a campaign that aims to raise funds for a new kitchen at Sistering, a Toronto women's drop-in centre located on Bloor Street West.

Beard has worked at the organization as a chef for over three years, helping to prepare meals for underprivileged women.

But according to Beard, Sistering's current cooking facilities are inadequate.

"The kitchen is very small and it is difficult to work in," said Beard. "A renovated space would make for a more efficient kitchen where we could serve more people quickly."

The centre is the only one of its kind in the city's west end, making it vital to the neighbourhood.

"Women depend on the services they access here in order to survive," said Sheryl Lindsay, the centre's executive director.

The upgrades are a result of the recommendations of a health inspector.

Lindsay said when the facility

moved to its present location, they estimated they would serve 100 meals a day. The centre has already doubled that amount.

The suggested upgrades, which include industrial sinks, a stove, a freezer, refrigerators, and a larger food preparation area, will cost an estimated \$300,000.

"We know what it's like to work with bad equipment, and I don't envy the job that is done at Sistering every day," said Donna Dooher, executive chef and owner of Mildred's Temple Kitchen, where the event will be hosted this evening.

Last year, the dinner raised \$60,000. This year, Dooher said, the organization aims to match that amount, with the help of some celebrity guests.

"We have Canadian actress Sonja Smits as our emcee," she said.

Musicians sponsored by Jazz FM will be playing during the fundraiser.

Angela Barbieri, who volunteered for the fundraiser last year, said the dining experience reached its patrons on not only a culinary, but an emotional level as well.

"The room was filled with a high-energy, co-operative feeling," she said.

"It was very touching to see the commitment of these chefs in understanding just how important delivering good food to women at the drop-in centre [was]."



PHOTO BY DANIEL BUZZELLI  
According to the 2006 census, 60 per cent of Canadian university graduates, between the ages of 25-29, were women.

# More women becoming household breadwinner

**DANIEL BUZZELLI**  
News Reporter

More women are enrolling in post-secondary studies, resulting in an increase in earnings and a shift in the family paradigm, experts say.

"This is a trend that has been going on for 30 years, with women's education going up and women's earnings going up and women taking up more of the labour force," said Andrea Doucet, Canada Research Chair in Gender, Work & Care and professor of sociology at Brock University.

According to Statistics Canada, more than 63 per cent of Canadian families had two incomes in 2009. And in nearly 20 per cent of those families, the wife earned more than the husband.

Doucet said this trend is the result of several factors, not least of which is the increased number of women obtaining post-secondary degrees in

Canada.

In the 2006 census, 60 per cent of university graduates in Canada between the ages of 25 and 29 were women.

There is certainly a correlation between employment rates and education rates, said Katherine Marshall, senior analyst with Statistics Canada.

"Men's and women's economic and household roles are continuing to converge," Marshall said, "and really, that's mainly because of women's increasing labour market attachment and the hours they're spending in the labour force."

Doucet said the increased presence of women in the labour market is directly linked to the number of women receiving post-secondary education. And changes in the workplace, such as extended maternity leaves and more flexible work schedules, have made it easier for women to combine their professional and family lives, and escape

from the traditional role of stay-at-home mom.

"If women are going to get educated, that's public expenditure. They're going to go to university – again, it's public expenditures that support people in university," Doucet said. "And then what? They're going to take 10 to 15 years off?"

"It doesn't make sense for an economy to train people, educate them, give them modern job training and then have them leave," she said.

Karen Fast, manager at Humber North's career centre and career advancement services, said she has noticed a slight increase in female students at Humber, although gender-based employment statistics are not readily available.

"Once the students have left the college, we have employment statistics by program but not by gender," Fast said.

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## Student election

# VP contenders discuss platforms at debate

By Erin Eaton & Terry Elkady

The race for the Humber Students' Federation VP campus administration and campus life positions commenced with an all-candidates' forum last week.

Five eager students have officially announced their candidacy for each of the VP posts at Humber's north campus, while two have applied to each of lakeshore campus' VP positions.

The lakeshore forum, moderated by MTV's Daryn Jones, featured all of the lakeshore campus VP candidates, as well

as the HSF presidential candidates, giving them an opportunity to promote their platforms and put fellow candidates to the question.

The north campus forum was moderated by MTV's Aliya-Jasmine Sovani, and featured the presidential and north campus VP candidates.

Voting for all positions takes place March 12 - 16. For more details, visit [humberlife.com](http://humberlife.com).



PHOTO BY RUTH VANDYKEN

MTV Live host Daryn Jones moderated the Lakeshore forum, which featured the presidential and Lakeshore VP candidates.

## VP Admin (North)

### Kathleen MacLeod

A third-year nursing student, Mac Leod described herself as "built on fire, not flash." Her platform focuses on dedication to services and policies such as the food bank.

"I want to make the food bank program more workable because students need it," she said. "It's a difficult situation for students to ask for food, but it's a human right and dignity to be able to get that, and as a college, we need to assist in that."

### Teresa Silva

Teresa Silva, a third-year public relations student, said her desire to help is what sets her apart from the other candidates.

"There is a disconnect between the Humber community, between campuses," she said, "so I want to help bring students together."

### Gurminder Singh

A third-year business Humber administration student, Singh said the most important problem is international integration.

"I want to bring people together from different communities. We are not really united right now."

### Parvinder Theti

A second-year electromechanical engineering student, Theti is promoting a new graduate program service as part of his platform.

"It will help students gain volunteer experience, work experience, and financial support," said Theti, though the details of the program remain hazy.

### Zachary Watson

Watson is only in his first year of business management, but he said that he enjoys juggling the workload of his program and has fresh ideas.

"I'm trying to make societies... they're like clubs, but for the individual schools. Nobody else is really focusing on that," he said.

## VP Admin (Lakeshore)

### Adrian Koornneef

Adrian Koornneef, chief returning officer for the HSF, expressed his concern with low turnout at the latest board of directors meeting.

"The big issue that we had today is not a lot of students are showing up to the forums," he said of the Feb. 29 gathering.

"This is not a new issue, but I feel it is something we have to focus on."

Two students have declared their candidacy for VP administration at Lakeshore campus:

### Karlie Fisher

A third-year criminal justice student and the incumbent, Fisher is looking to improve Lakeshore campus by renovating and expanding the gym and looking into healthier and more affordable food options on campus.

Fisher said Lakeshore students pay the same amount toward HSF but are missing out on some of the benefits that North campus receives.

I know when I go to the gym, I end up having to wait 15 minutes just to get on a treadmill because there's [only] five," she said.

### Ashley Martin

A third-year criminal justice student who currently works with HSF as an event assistant, Martin said she is looking to make the leap from participant to somebody who has the authority to make changes.

She said that sometimes students are too intimidated or shy to speak to teachers about grades and a student mediator could help bridge that gap.

Martin suggested incentives to student volunteers who execute viable green initiatives.

## VP Campus Life (Lakeshore)

### Aidan Sykes

Sykes, a second-year business administration student, said that his main goal is to bring a sense of community to Lakeshore campus.

"Lakeshore is more of a commuter campus where people come and leave," he said. "It's important to create a community where people will want to stay and want to enjoy themselves."

Some of the changes Sykes would implement include creating cellphone charging stations and lounges around campus.

He said that the most important thing is that people graduate with good memories.

### Colin Edwards-Crewe

Edwards-Crewe is a fourth-year music student who has been involved with student government, but not HSF.

If elected as the VP of campus life, Edwards-Crewe said it is very important to make campus life and entertainment convenient for students, improving them by using talent from the various arts programs and creating unique events.

"We go to North [campus] for the facilities, but the only reason they're not coming here is because we're not utilizing the talent we have," he said. "If we do, we'll have the same pull in this direction as they do the other way."

## VP Campus Life (North)

### Maurizio Zambito

A second-year media studies student, Zambito seeks to create programming that will appeal to commuter students who typically leave right after their classes are finished each day.

"I want them to stick around after class and experience what it is that we have to offer. We need strong promotions and marketing to get the word out and keep people in the loop."

### Lillian Carter

Carter, a third-year landscaping student, has been sporting a mullet all week to draw attention to her platform.

Carter said she would like to see more large-scale events, such as a homecoming – an event Humber has never successfully executed.

### Emily Genitti

Genitti said being in her third year of public relations has given her the necessary tools to successfully take on the role.

"My experience would allow me to run more creative events," said Genitti.

"I want to run more out-there, unexpected events that cater to all the students. I want to give the students what they want, based on their feedback."

### Scott McNair

McNair is a third-year media studies student who currently works as an events lead at HSF. One of his goals is to diversify student events by attracting people who might not ordinarily participate.

"Some events only cater to those people who are participating, but I want the audience to be engaged, too," said McNair.

### Vivek Mahadevan

Mahadevan remained fairly quiet during Thursday's all-candidates forum, despite emphasizing communication skills in his online platform.

"I am easily accessible to students and have the power of listening to various students' requirements, even if it's not conveyed to me directly by the concerned individual," said Mahadevan.



# Ghomeshi: pop culture rules

Popular CBC radio host speaks at President's Lecture series

**HELEN SURGENOR**  
News Reporter

CBC radio host Jian Ghomeshi encouraged Humber students and staff to embrace popular culture as an entry point for education and social change, in a talk offered through the President's Lecture Series last week at Lakeshore campus.

"Pop culture can be context, pop culture can be power, pop culture can be a fountain of the latest ideas, progress, change," Ghomeshi said.

"I would like to think that my talk is a way for some of you guys to actually feel good about being into the kind of culture or popular areas that you are, in a guilt-free way," he said.

Drawing on his experiences as host of the popular CBC program Q, and

his time as a member of the quirky Canadian band Moxy Früvous, Ghomeshi said pop culture is a global phenomenon that everyone partakes in, and that the distinctions between it and what is considered "high art" should be dissolved.

"The lingua franca of the world, the common language, is not Latin or English even or Spanish. It's Justin Bieber -- it's pop music. And I don't necessarily think that's a bad thing," he said.

Humber teacher Lucy Valentino brought her COMM 100 class -- largely comprised of students in the police foundations and child and youth worker programs -- to Ghomeshi's lecture.

"One of the things we will be talking about on Monday is how popular culture is being used in those fields," she said. "For instance, how Facebook

is used to communicate with homeless teens and helps to create a link for them."

Valentino said she would have liked more discussion of the practical applications of popular culture, because the majority of the 300-person crowd were students from culture creating fields like communications and music.

Melanie Chaparian, chair of the President's Lecture Series, said the talk drew so much interest that it had to be moved from the event's usual venue to the Lakeshore campus auditorium.

"Pop culture is something that we're all interested in," Chaparian said. "And I also think it's true that most of us recognize that pop culture actually does effect change in the society around us."



COURTESY CBC  
During his lecture, Ghomeshi argued that pop culture isn't shallow and it shouldn't be kept separate from "high art."

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## A subway stop by any other name

**PATRICIA BROTZEL**  
Crime Reporter

There was a great deal of name calling at a Toronto Transit Commission meeting last week.

Vaughan Metropolitan Centre Station was the name city councillors were anticipating for the proposed stop at the Highway 7/Millway Avenue intersection, on a still uncertain York/Spadina subway extension.

So when an earlier meeting revealed a TTC plan to name the station Vaughan City Centre Station, there was an immediate call to arms.

"The station is at the heart and soul of a centre that is transforming itself from a suburban centre to a world class city," said Tim Simmonds, director of economic development for the City of Vaughan. "In 20 years, as the system grows, it will be evident that the proper name for this station is Vaughan Metropolitan Centre Station."

Councillor Norm Kelly argued that the name was presumptuous.

"Vaughan and the other municipalities of the 905 suffer from the same conceit that led the former municipalities of metro Toronto to believe they were cities, and Vaughan is not," said Kelly. "The world class city is the GTA and the metropolitan centre of the GTA is Toronto."

TTC Chair Karen Stintz was quick to point out the generous financial support from the City of Vaughan.

"Vaughan has contributed quite a bit of money to the subway system and we would not have been able to do it without their support," Stintz said. "Maybe we can compromise somewhat and bend to the needs of our funding partner."

Coun. Frank Di Giorgio however was apprehensive about leaving the door open for future requests from financiers.

"I believe that anyone can make a case for special consideration and it is just a matter of time before everyone comes forward with special considerations," Di Giorgio said.

In the final count, the commission agreed with Stintz and Simmonds and moved to adopt the name Vaughan Metropolitan Centre Station.

Humber students weren't impressed to hear about the pressing issue at the TTC meeting.

"It's like before they start building the rocket they talk about what colour they are going to paint it," said Amilia Cooray, a law clerk student at Humber north.

## WEEKLY POLLS

visit <http://www.humberetc.com> to vote



# Presidential Candidates

## Bhalinder Bedi

ATTN: Humber Students (North, Lakeshore, Orangeville, Guelph-Humber)

My name is Bhalinder Bedi, and I am your 2012-2013 Humber Students' Federation Presidential candidate. I am, also, your elected Student Representative on the Humber ITAL Board of Governors and HSF Board member.

The prestigious position of President is one that requires your candidate to be well versed in many aspects of the student experience.\*\*\*

My message is simple:

"An experienced Humber Student, who is committed to enhancing the Humber Student experience."

My key 5 objectives are:

- Leading by example
- Facilitating student success
- Advocate for student development & engagement
- Advocate for active HSF community involvement
- Enforce transparency & accessibility

These objectives are all attainable - with your help! So I ask you to take the time to vote and get involved with your student government. As I have had the pleasure of letting many of you know so far, "You have the right to vote. However, being informed - grants you the power to make the right vote."

Please feel free to connect with me on any of the social media platforms and ask me HOW these objectives can be achieved - or better yet, email me, shoot me a text or call me!

From lunchroom to classroom to boardroom - I am here to represent you, and the interests of the Humber student body!

\*\*\* Please note that through extensive experience - Bhalinder feels confident delivering on these requirements.

Vote with confidence. Vote for experience.

Vote Bhalinder Bedi.



## Timothy Brillhante

Hey Humber, my name is Tim Brillhante and I want to be your next HSF President. When students feel included and connected within the Humber community, it provides a true sense of unity that we can all be proud of. That's why it's important to have a clear vision on how to improve our shared experiences. One of the best choices I have made here at Humber was to become involved. It has rewarded me with fun, exciting opportunities, new friendships, and memories that will last a lifetime. By working with the Orientation Team, representing The Business School in competition, and being an ambassador for the Humber Toastmasters Club, I have acquired a diverse set of leadership skills that will bring our vision to life.

Change is what we are promoting for our college. As President, I bring a fresh new perspective to the HSF and some of the things that students would really like to see include:

- **Leadership** - More opportunities to get involved through networking, special events, and greater club accessibility.
- **Services** - Using the budget on services that make a difference and increasing financial support for students.
- **Student Life** - Bringing students together from North, Lakeshore, Orangeville, and Guelph-Humber with new ways to enjoy Humber life.

Humber, this is our college, our community, and our voice. Remember to make your vote Brilliant - and vote for Tim Brillhante! Be sure to come and say hi during the campaign and join my official campaign page at [facebook.com/tim.brilhante](https://www.facebook.com/tim.brilhante).



## Steven Dougherty (codename: Agent Steve)

I will work to develop and improve relationships with community partners to provide students with more off-campus prospects, and worthwhile discounts. Next year will bring opportunities to travel abroad: for learning, and for fun. I will work closely with the VP's of Campus Life to ensure that every Humber student gets the chance to experience college life to the fullest with plans to break a Guinness World Record, and funding for friendly and competitive intramural and extramural teams. Bursaries and scholarships will be available for application throughout the year, because I know financial burdens don't happen at the beginning of each semester. I would like to push to have the games room free for students, so it can be more accessible and enjoyable for all. I will work with food services to make your voices heard through weekly food forums. Finally, raising awareness about mental health and bringing free income tax services to Humber, for students that do not know file themselves. Will allow me to make sure everyone enjoys his or her time at Humber. I am a post-grad student with the experience and expertise to deliver my campaign promises. I am your next HSF

President. #VoteSteve



**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**

» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)





# Presidential Candidates



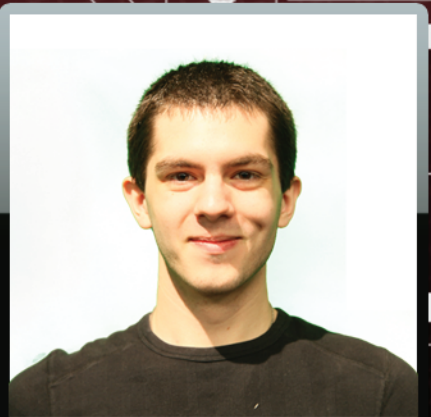
## Rosa Figueroa (codename: Agent Smiles)

Hello Humber & Guelph-Humber students, I am Rosa Figueroa and I want to be HSF's next President. I am in my fourth year of Criminal Justice BAA program and a Police Foundations graduate. My five years at Humber have given me the necessary experience to become a leader. This year I was part of the HSF executive team, as the Vice President of Administration at Lakeshore, which allowed me to gain an extensive knowledge regarding HSF and I plan to use this information to my advantage when I become president. My role as VP has allowed me to advocate for students and offer new services for students such as the new Translation Service HSF offers. I have sat on various Humber committees with the current HSF President which has exposed me to some of the work I will be doing as president. I am pleased with all we have achieved this far and would like to continue offering students with quality services by leading an executive team that will be committed to our vision, mission and values. I also want to commit to providing students with the best experience, and this can only be done through strong advocacy. I have worked on improving the experience students have at Humber and would like to continue doing so for all Humber and Guelph-Humber at all three campuses, especially Orangeville because all students are part of our membership. Vote ROSA FIGUEROA for a dedicated and reliable president. Let's make strategic changes!

## Daniel Hanna

Hello, my name is Daniel Hanna, I currently have the pleasure of being your vice president of campus life. 2011 was a great year filled with great events, guest performances, guest speakers, prizes, and of course free food. This past year has also given me the opportunity to meet with a lot of new people and students who have become friends throughout the course of the year. It has been a pleasure being your vice president of campus life and fortunately while in office, event attendance and success has been at an all time high which means that students have been taking advantage of this great service offered by the Humber Student Federation. Unfortunately, there are still many students who have no clue that this is not the only service available for students to take advantage of. HSF also provides many other services available at student disposal. As your president I will not only represent myself as a student but also each and every student enrolled in Humber and Guelph Humber. It will be my responsibility to ensure that you receive all the advantages you deserve and more. I will also be available and my door will always be open for students to approach me with any concerns or suggestions. It will then be another one of my responsibilities to ensure that needs are being met and all students receive the most bang for their buck. Make the right choice.

VOTE DANIEL HANNA for PRESIDENT!



## Robert Ionescu

Greetings Humber students,  
I'm Robert Ionescu and I want to be your next President for the HSF! I may be new to the stage of the Humber Students Federation, but that's exactly what we need. We need a fresh new face that can represent all Humber's 25,000 students with a different outlook not already affected by current proceedings. My main goal is to increase the involvement of Humber students with HSF and Humber as a whole. How will I do this? I'll bring HSF to you. I'll get students more involved and make them a part of the working process. They say "The sky is the limit" and I heartily disagree. This 'limit' is merely a goal. Something I've already surpassed, a waypoint I'm currently at, or my next checkmark. This is what I bring to HSF. I'm not saying that I'll remove all stops and allow HSF to do anything. I'm saying I'll open all doors, that I'll review all current policies, contracts and constitutions. There are a lot of changes I'd like to make. But more importantly from the chats I've had with some of you, there are also a lot of changes that you students would like as well. I may not be able to directly create these changes, but I will get involved and influence those who are in the position to make them. If you have anything you want to share, I'll make sure your thoughts get to the right places. Humber is amazing, but YOU and I can make it better. Lend me your voice.

## Jason Scully

My name is Jason Scully and I'm running to be your next HSF President! I am in the Business Management program.

Current HSF Involvements:

- Business Management Program Representative
- Director for The Business School (HSF Board of Directors)
- Volunteer Crew
- Clubs and Association Committee
- Services Standard Committee

I'm a member of the Students In Free Enterprise (SIFE) Humber. I was also, recognized as an award recipient in the 2010 - 2011 Humber Awards Ceremony by The Business School. My involvement in these different roles is providing me with a solid foundation to becoming your next HSF President. My passion for help people and the HSF's \_\_\_\_\_ are as one which can only consider me to be a strong asset to the organization.

Representing the student body in every way possible is my intention.

Once elected President I will:

- Continue with the implemented strategic plan on schedule
- Work on making ALL campuses as equal as possible
  - o 24hr Lakeshore Commons
  - o Improve the students experience (Orangeville)
  - o Initiatives done throughout the college
- Improve the services provided by the HSF (effective to efficient).
- Seek out external partnerships to sustain or improve some of the services provided

The students of Humber are the real Mission: Possible and change starts with you. Are you apart of change?

Be R.I.C.H. (Realize It Can Happen)!

Jason Scully for HSF President because a vote for me is a vote for change YOU want.



**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

VOTE MARCH 12-16

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PHOTO BY ANDREW RUSSELL  
Formerly known as LG Fashion Week, this year has been rebranded as World MasterCard Fashion Week.

## Public relations students working Fashion Week

ANDREW RUSSELL  
Biz/Tech Reporter

About 100 students from Humber's public relations diploma, degree and post-graduate programs are getting the chance to work behind the catwalk at this year's World MasterCard Fashion Week, which will run from March 12-17 in Toronto.

"It's such a fantastic learning experience. These events really build up their resumes and makes [students] so much more marketable," said Jennifer Leonard, co-ordinator of the PR program.

The highly anticipated event—showcasing new designers like Project Runway Canada alumnus Lucian Mattis—has undergone a major change in sponsors this year with MasterCard taking over for LG.

The Fashion Design Council of Canada that produces the event has chosen Toronto-based Rock-it Promotions Inc. to handle its publicity and media attention.

"This is my sixth year at Fashion Week," said Michelle Easton, senior publicist for Rock-it Promotions, and a graduate of the Humber PR program. "At Humber you get a mix of everything

like investor relations, event planning and the internship opportunity really helps you get your foot in the door."

With more than 40 events scheduled, this marathon week requires an efficient team to co-ordinate dozens of runway shows.

"I manage interviews, handle media seating for the runway and work with each designer's PR team," said Easton. "Staying organized and interested in what you're doing is very important in this business."

Easton credits her time at Humber for her successful transition into the professional world.

During Fashion Week, PR students will get the chance to fulfill a variety of supporting roles, including working closely with designers and models.

"It's all about timing," said Vanessa Akaliza, a first-year PR student and assistant team leader for a group of Humber volunteers.

"You're helping them dress from head to toe and you have to do it in under a minute or [the model] could lose their place in line," said Akaliza.

The event will once again take place at David Pecaut Square and will feature the 2012 fall/winter collections.

## Incubator guides students

BASIL REHAN  
Biz/Tech Reporter

The Innovation Humber Incubator (IHI) is a new project funded in part by the Ontario Centre for Excellence to help students and alumni establish new business ventures while providing the college with data about their long-term progress.

The project was set up to support winners of last year's Humber New Venture awards. Students who won a New Venture award were given up to \$8,000 to be used towards their business idea.

"The IHI is helping them through a program of mentoring and providing them with some work facilities and so on to get their businesses off the ground," said Jim Skinner, a professor of marketing at Humber's business school.

"The most helpful thing that

they've done so far is they've set me up with two mentors, an industry mentor like a person in my field and a faculty mentor [from the college]," said Marty Bernie, final year student in Humber's contemporary music degree program.

Bernie is an independent film composer who said the IHI has helped him succeed in his field.

"We see our clients right after they've got their money and they have a good idea of what they want to do with their business, but are unsure about the strategy," said IHI program assistant Andra Popescu. "After each meeting with their mentors they get closer to their dream and their feedback about the program is excellent."

The IHI is also part of a project by the Humber research department designed to track the progress of students who pursue a career of entrepreneurship, said Skinner.

Humber research was awarded

\$340,000 in funding by the Ontario Centre of Excellence last July to launch the incubator, said Popescu. The money is being used to pay IHI staff salaries as well as to rent office space and furnish it with equipment like computers, printers and stationery supplies, she said.

The program also organizes entrepreneurship workshops that are open to the entire Humber community.

"We're just getting started. This is really our second year of trying to do this at Humber and I'm encouraged. It's got some traction and I'd like it to get bigger and better," said James Watzke, dean of research and founder of the program.

"I want this to become one of the three or four big initiatives that Humber, and in particular my research enterprise that I'm responsible for, gets known for," he said.

## Best & Worst of Tech

**BEST:** IBM's Watson computer, famous for outsmarting contestants on the game show *Jeopardy*, is going into finance. Citigroup and IBM announced they are looking into how the famous computer system's technology can improve banking for customers, including helping customers decide how much money they need to retire and how to treat their investments. The companies said they are hoping to improve the accuracy and speed of making decisions, assessing risk and finding lending opportunities.

**WORST:** Unreleased Michael Jackson songs were among data files allegedly accessed and stolen by hackers during a Sony Corp. online security breach. Several of the late King of Pop's tracks were purportedly stolen, but Sony did not disclose further details. The company noticed a breach of its systems and took steps to secure the site and notify authorities. Two suspects have been arrested. Reportedly the suspects were Jackson fans and had taken his music, including unreleased material.



# Music, visual art helping patients

**KOLLIN LORE**  
A&E Reporter

Artists In Healthcare Manitoba was incorporated in 2001 to enhance patient, family and staff wellness through the creative arts.

Aaron Shorr, a Humber jazz grad, is one of over 35 artists and musicians who are members of AIHM.

"I was playing in a waiting room, and as far as I was concerned there wasn't anybody paying attention to what was really going on," said Shorr. "Out of nowhere there was this woman right behind me in my ear. She tells me, 'I was just diagnosed with cancer and I was listening to you for 10 minutes and I just completely forgot about my diagnosis.'"

Shorr is part of one of the more prominent AIHM programs, Music To My Ears, initially designed for Cancer-care Manitoba (CCMB).

In 2005, local philanthropists set their sights on donating money to buy a grand piano for the CCMB atrium. Executive director of AIHM, Shirley Grierson, who has been a pianist and composer for 30 years, rejected the idea. She figured the piano would only collect dust and it would be too loud for such a small facility.

Grierson came up instead with the idea of travelling minstrels – people with stringed, portable instruments who could sit beside patients and play music.

"The focus is to bring people's attention out of the fear and anxiety, based out of dealing with cancer prognosis or



PHOTO BY SHIRLEY GRIERSON  
A patient draws as part of Art at the Bedside at St. Boniface Hospital.

with illness, into a place where they can be relaxed," said Grierson.

The Music to My Ears program has grown enormously in its eight years, delivering over 140 hours of live music and 40 hours of visual arts programs monthly with another 2,500 hours of summer programming.

The musicians play for over 7,000 patients a month in Winnipeg, Brandon, Boundary Trails, and Bethesda Health Centre in Steinbach, Manitoba.

AIHM also brings the Winnipeg

Symphony Orchestra string quartet to residents in long-term care.

The young are also involved and during the summer, student musicians are placed in up to seven hospitals.

In the 2007-2008 year, Humber grad Derek Ullenboom, 22, was one of the students in the summer program.

"The interesting thing about the program is that they didn't really treat it very strict. It allowed me to just play some songs, but then open up and get to know the people. And I think those went hand

in hand. The human experience sort of transcended the music," said Ullenboom.

According to research by co-authors, Cyndie Koppsen and Caroline Young of Integrative Health: A Holistic Approach for Health Professionals, music has numerous other healing affects.

It can stimulate the release of natural opiates in the body, such as endorphins, which work as pain relievers and mood enhancers and it is also related to increasing antibodies that act as defenses against infection, say Koopsen

and Young.

"It is an opportunity for them to engage in something immediately that is human because the whole process of going through cancer treatment and chemotherapy and all these appointments and meetings with doctors can be quite dehumanizing for people, which I've been able to see firsthand," said Shorr.

On top of the benefits to patients, AIHM also has positive affects for the artists.

"When I got the job and started playing for other people in that sort of setting, I realized that music can have more than one purpose and more than one function," said Ullenboom. "The function obviously wasn't to get everyone up and dancing; it was more of a therapeutic function. It got me more in tune with how people react emotionally to music."

According to Grierson, in the seven years she has worked with AHIM, every musician who has played in the program has said it is the most important and life-changing work they've ever done.

However, groups in Canada like AIHM are few. Two other prominent organizations are Art For Healing in Montreal, the founders instituting it in memory of a friend who died of AIDS; and Health Arts in B.C., created by a man who watched his parents spend the end of their lives in long-term care.

"It's a big cultural change," said Grierson. "Medicine and law have been very closed professions and very guarded and I'm sure for good reasons. It's just finally changing, which is amazing."

## THIS WEEK

BY KELLY GABEL & SARAH HORWATH

<b>THURS</b> <b>8</b>	<b>Mardi Gras</b> @LinX Lounge TIME: 10 p.m. to 2 a.m.	<b>FRI</b> <b>9</b>	<b>Producer-in-Residence</b> @Lakeshore TIME: 8 p.m.	<b>SAT</b> <b>10</b>	<b>Standin' Up to Cancer</b> @John Candy Box Theatre TIME: 8:30 p.m.	<b>SUN</b> <b>11</b>	<b>Toronto ComiCon</b> @Metro Convention Centre 11 a.m. - 6 p.m.	<b>MON</b> <b>12</b>	<b>Goethe Films</b> @TIFF Bell Lightbox TIME: 6:30 p.m.	<b>TUES</b> <b>13</b>	<b>Hedley</b> @Air Canada Centre TIME: 6 p.m.	<b>WED</b> <b>14</b>	<b>Ride for a Dream Fundraising Event</b> @Lee's Palace TIME: 8 p.m.
Get your purple, gold and green clothes on! Prizes for the person with the most beads.		All are welcome to listen to a jazz concert featuring Phil Ramone and George Avakian.		Comedians and students in Humber's comedy program raise money for cancer.		Celebrate all things comic book, sci-fi, horror, video games & more.		A Day in the Life - a documentary about Berlin filmed by 80 different camera teams for 24 hours.		Canadian multiplatinum selling chart-toppers, Hedley are back with their fourth studio album.		A night of music, dancing and prizes dedicated to supporting the end to violence against women.	



PHOTO BY SARAH RIX  
Plum Thunder's Bryan Paccagnella (left), 25, and Troy Martin, 27, are Humber comedy grads starring in the popular new YouTube music video "Boys Without Girls."

## Plum Thunder duo earns laughs on YouTube video

**SARAH RIX**  
A&E Reporter

When comedy troupe Plum Thunder set out to make a video, the idea was to test the waters, not go viral.

Their music video, Boys Without Girls, features Humber comedy writing and performance graduates Bryan Paccagnella and Troy Martin singing and dancing at familiar Toronto locations. From the underused Bessarion subway station to the ice rink downtown at Nathan Phillips Square, the piece is an homage to the Pet Shop Boys' 1984 pop hit West End Girls – the same song that inspired Inner City Pressure, a 2007 Flight of the Conchords' song.

"Out of nowhere, all of a sudden, people within the comedy world kind of know our name," said Martin, 27, who graduated from Humber's comedy

program in 2007 and television writing and production in 2010.

Filmed over two days late last year, the video received more than 30,000 YouTube views since its Feb. 20 release. It was posted on Reddit, blogged by music journalist Alan Cross, picked up by blogTO and featured as CityTV's video of the day.

Paccagnella, 25, wrote the majority of the song's music and lyrics.

"We looked closely at the Pet Shop Boys' video," said Red Gecko Production's Jan Keck, who filmed and edited Boys Without Girls.

Keck became friends with Paccagnella after they worked on a documentary project together. "The idea was to make it about Toronto," he said.

Paccagnella created Plum Thunder with Cara Stephenson in 2008 after the pair met on a nationwide tour for Milk

ca. Martin came on as a third member in July 2011.

Besides music videos, the group also performs comedy shows across the city, mixing sketches, songs and dancing into their sets.

"This is a new, cool thing we're realizing. Live shows are great but the power of the Internet is really what catapults us," said Paccagnella.

Their immediate focus is on producing a follow-up and maintaining the momentum. "We're trying to come up with new songs to parody but make our own, even more so than the last one," said Martin.

"If you expect nothing, then you're always pleasantly surprised by what happens. I think we're both of the idea that it would be really awesome to make a job out of this," said Paccagnella. "We didn't really come to this city to be waiters."



# Live radio revives vintage art form

SHARON TINDYBWA  
A&E Reporter

Second-year comedy students delivered laughs the old fashioned way on Monday evening by performing in a radio format in front of a live audience at the Comedy Bar in Toronto.

"It's an ode to the way comedy used to be transmitted before television," said comedy student Brie Watson, who wrote one of the sketches.

Andrew Clark, director of Humber's comedy writing and performance program, said *Humber Comedy Live Radio* was reflective of radio comedy's rising recognition.

"Radio humour is on the upswing because of the popularity of podcasts," said Clark. "It is sort of another wave of popularity which is fun to see."

Clark said a live radio comedy show format offers benefits as well as challenges for comedians.

"You have to make sure that the humour works for an audience that is listening," he said.

"On the one hand, you are free because you can create pretty wild realities from the surface of the moon to the darkest deepest jungle of the Amazon. But at the same time you have to make sure that you set everything up," he said.

"You can't have visual gags, which a lot of

comics are very familiar with and like."

Dylan Trahan, who performed in the show, said timing was the biggest challenge in putting on a live radio comedy show.

"Since we are doing it in front of a live audience, your timing has to be impeccable," he said.

Trahan said he enjoyed the strong focus on voice work, however.

"It's nice to take that physical aspect out and just work with your voice, which is my strength, so I have been enjoying that," he said.

Rob Jodoin, a second-year comedy student who wrote one of the sketches, said writing radio sketches gave him experience in a new kind of writing.

"A lot of the writing has to be very descriptive, but also very subtle," he said. "You need to paint the picture verbally instead of visually as you could in a sketch."

Clark said students benefited from performing in *Humber Comedy Live Radio*.

"The Comedy Bar is one of the great venues in the city right now and radio is fun," he said. "It is really a great opportunity for them to get that kind of experience."

The show was taped and will be broadcast on Sirius XM radio at a later date.



PHOTO BY JOYCE BROWN  
Inventive costumes are a typical feature among the expected 10,000-plus attendees at ComiCon this weekend.

# ComiCon taps nerd passion

NEETU THIND  
A&E Reporter

Comic book, anime and sci-fi fans will invade the Metro Toronto Convention Centre for Fan Expo Canada's ComiCon this weekend.

"The thing about nerds is that we're very enthusiastic about the things that we love. So when you have a whole bunch of enthusiastic people together it just emits positivity and it's just a great place to be," said Joyce Brown, first-year media foundations student at Humber who has gone to 11 comic conventions.

ComiCon is an annual convention that features comic book and TV creators, writers, discussion panels and celebrity appearances.

Guests this year include Charisma

Carpenter from *Buffy the Vampire Slayer*, Tia Carrera from *Wayne's World* and Curtis Armstrong from *Revenge of the Nerds*.

With over 10,000 to 12,000 attendees expected, this year will be the biggest Comic Con to hit Toronto, said James Armstrong, senior event co-ordinator.

First-timers to the event can expect a welcoming, exciting experience, said Brown.

"A newcomer can expect a natural rush of euphoria from going to a convention because everyone is so positive and polite," she said.

It is an environment that encourages individuality and self-expression, said Brown, where guests create their own costumes and showcase them at the convention.

"We're all not just freaks in cos-

tumes that don't know when Halloween is over. We just like to have fun," she said.

"You should bring your camera with an extra memory card and battery because you want to be able to take pictures."

This is the seventh ComiCon that Fan Expo Canada has brought to Toronto, said Armstrong.

Fan Expo has made big changes to the event, he said.

"It has been doubled in size to include anime, horror and sci-fi to the comic book event which was not there before," said Armstrong.

Although the event will be larger, fans can expect key aspects of ComiCon to stay the same, he said.

"All the big guests are speaking, signing autographs and doing Q & A sessions," said Armstrong.

One aspect that sets Fan Expo apart from other conventions is their desire to stay true to what fans want, he said.

"It's more grassroots for the real fans that live and breathe this stuff every day of the week."

The event also allows guests to explore job opportunities in the business.

"If you are a young person looking to pursue a career in the comic book or anime industry, it is a good place to talk to people, get some advice and maybe bring in your portfolio and get pointers," said Armstrong.

Former Humber student Sabrina Geratts used ComiCon last year to showcase her comic book.

"It was a good way to get my feet wet and put my name out there," she said.

Geratts said she used the opportunity to sell prints of her own work, do commission jobs and display her drawing skills through her comic book.

Showcasing work at ComiCon could be the most economical way for aspiring artists to get their product into reader's hands, said Armstrong.

"It was a cool experience and I'm really excited about going again this year," Geratts said.



PHOTO BY SHARON TINDYBWA  
Humber College second-year comedy students performed at the Comedy Bar on March 5, 2012

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# VP admin - North Candidates

## Parvinder Thethi (codename: Agent 'T')

Hi I am Parvinder Thethi and I wish to be your next VP Administration North. Serving and representing student community has always been my passion. Before coming to Humber College I have held five executive positions at high school and three executive positions at my home University. I have also served as a visiting lecturer at over five universities which gave me immense exposure to a large student population and have made me able to deal with student issues in an effective manner. Currently I am working at:

- Humber Student orientation team: Volunteer
- Humber Student Federation: Volunteer
- Humber Campus Walk Program: Volunteer
- Humber Student success and engagement: Peer Mentor
- Humber Book store: Customer care

With my experience as a student, an educator and as a volunteer, I can well define strategies and plans that would work best both for the student community and the administration. I am looking forward to improve as well as bring more and essential services at the HSF and to boost the volunteer program. Any mission can be made possible with true professionalism and professionalism comes from true experience. Vote for the professional with a win in his name Par "VIN" der Thethi. Winning it for YOU.

Signing off  
Parvinder Thethi(Agent 'T')



## Zachary Watson

My name is Zachary Watson and I am running to be the Vice President of Administration for HSF (North Campus). As Vice President I would have a complete open door policy and encourage students to come to me with any complaints or suggestions.

- I would advocate for more study spaces at Humber and Guelph-Humber in order to allow more students the opportunity to study on campus.
- I also would lobby to lower the cost of Chartwells food program and attempt to make Chartwells funds more transparent for the sake of all students.
- In order to form a better connection with our community I feel that there should be a volunteer program where Humber students go out into the community and make a difference.
- I will revamp the translation service to make it more appealing to everyone and hopefully turn it into a more successful service.
- I would like to implement an idea of forming different societies according to what school you are a part of. These societies would be given school funding which could go towards networking, competitions, job fairs and any other events. The main idea for these societies is to allow students of specific schools to reach out into their field of study.

Thank you and remember to vote Zach for Vice President of Administration.



**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**

» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)





# VP admin - North Candidates



## Kathleen MacLeod (codename: Agent Katalyst)

I am a third year bachelor of nursing student that has two years of experience on the HSF board of directors. I am passionate, knowledgeable, and ready for this job. You should vote for me because I want to listen to you, I want to have your voice heard; not mine, and I want to have the services at the campus reflect what you desire and need. I am the best person for this job because I am not built on flash but on fire and that your success is my motivation. My crusade for your success did not start at the beginning of this campaign but rather two years ago when I embarked on advocating, empowering, and embracing students concerns. I want to challenge this position by joining forces with you to make the difference. Improvements I would like to see is more student engagement in what you want by creating ideas like PIN ME. I would like to challenge our college community to cultivate the food bank program, use the used book store, undertake roles in our volunteer program, and much more. I want to champion the power of student speech and action. So vote for me, KATHLEEN MAC LEOD and make your vote a vote for your voice because I want to listen to YOU!

## Teresa Silva

Hey Humber and Guelph-Humber students!  
My name is Teresa Silva, and I want to be your VP of Administration.

### My Profile:

- Worked for HSF for two years: first as an Events Assistant, second as an Events Lead
- Currently in third year of Media Studies at the University of Guelph-Humber

### Dedicated to:

- Student Involvement: Continue to develop the Volunteer Crew in order to offer students an outlet to express themselves and their passions.
- Community Outreach: Establish a relationship with the Humber community while enriching personal student growth.
- Food Program: Revamp the current Food Program to ensure that students are provided with healthy, quality sustenance.

Vote YES for a passionate leader, vote YES for Teresa Silva - VP Administration!



## Gurminder Singh

"Character is the highest virtue"

Every day of freedom has an act of a day. So, have a faith on me I am here to focus on student's interest, leadership, Governance and high aim. I believe low aim is a crime, so I motivate all my friends to think always high to achieve something. I studied in one of the top 10 schools of INDIA which is mainly based on military rules. So I am full of discipline and dedicated towards my duties. I am currently pursuing in BUSINESS MANAGEMENT at HUMBER. HUMBER is a multi-cultural Hub. So I'm looking forward to maintain its decorum by working with you as a VP admin, so I can do my best to achieve this. I experienced lots of thing from my past and from each experience I learned to focus on my future plans. I am serious about making a difference and making sure you have the best student experience. So, in my opinion together "we can touch the sky with a glory". Remember the name Gurminder singh as your next VP admin.

**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**

» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)





# An organ donor SAVES eight LIVES



KAT WARD  
News Reporter

Students looking to make a difference can potentially save eight lives by joining Trillium Gift of Life Network's organ donor campaign.

The organization is hoping to increase their donor numbers so more people hoping for transplants can be taken off the growing waiting lists.

In Toronto alone, 12 per cent of residents have signed a form consenting to donate their organs in case of accidental death.



"Globally, we rate very poorly when compared to other jurisdictions," said Michael Garrels, a transplant coordinator at Toronto General Hospital. "Unfortunately, many people die every year while waiting for an organ because just can't get them in time." Recently, celebrities like Justin Bieber and Ellen DeGeneres have added their voices to the issue at the request of one Canadian woman.

A single person can save six lives by donating the heart, lungs, pancreas and kidneys. Donating the stomach and small bowel may save two additional lives in some cases. At the time of death, hospital officials evaluate which organs might be suitable for donation and decide the best means of allocation.

Garrels said it is common for people to think religion prohibits organ donation, whereas, "The truth is that pretty well every doctrine views organ donation as an act of charity and a necessary service to others."

Patients seeking a transplant are placed on a waiting list depending on the severity of their condition.

"There are four status levels," he said. "Level one status means the patient is relatively stable and able to wait at home, whereas a level four indicates the patient is in the ICU and generally intubated."

If a patient's situation worsens, he said, they become a higher priority and are moved up on their respective list.

Hélène Campbell, 20, of Ottawa understands

this process all too well.

Misdiagnosed at the age of 14 as having asthma, she is waiting in Toronto for a full double-lung transplant.

Campbell has a condition known as idiopathic pulmonary fibrosis, a disease that causes irreversible scarring of the lungs.

Even though her lungs function at 24 per cent of their total capacity, she remains optimistic.

"I never wanted to take the pity route," she said. "That is not the kind of person I am. I just am trying to stay positive and remain hopeful that I will be able to get a transplant in time."

Despite these challenges, Campbell decided to use her situation as an opportunity to highlight the issue of organ donation on a national level.

Her blog A Lung Story ([www.alungstory.ca](http://www.alungstory.ca)) was the first step in creating awareness about the issue. In January she launched Twitter campaigns hoping to get celebrities to join the cause. To her delight, Justin Bieber and Ellen DeGeneres answered the call.

"I couldn't believe when Justin retweeted my posts, and then having Ellen speak about organ donation was a dream come true," Campbell said.

Since then, there has been a noticeable increase in organ donors. "We are very grateful to Hélène and applaud her work," said Brian Van Dommele, coordinator of information services at the Trillium Gift of Life Network. "We hope this momentum will continue."

Garrels said organ donation appears to be outside the cultural norm for Canadians.

In 2007 a citizen's panel was conducted, asking whether the healthcare system should adopt presumed donor consent. This practice is already in place in countries like Spain.

Van Dommele said the results indicated the Canadian population was evenly split on the issue. Slightly more than half of respondents said the authorities should not presume that someone dying consents to donating usable organs unless they state otherwise.

"It is clear that our country is not ready for such a practice," Van Dommele said. "And that is unfortunate."

Becoming a donor is a straightforward process. People can register online at [www.beadonor.ca](http://www.beadonor.ca) or through the Trillium Gift of Life Network and Service Ontario.

Van Dommele said it is important for people to talk to their family about their choice to be an organ donor. "This is crucial, as at the time of death families are asked to reaffirm the patient's wishes," he said. "The reality is an organ donor may have changed their mind and it may not be reflected on the donor registry. The hospital does not want to play God and make assumptions."

He said, "even in countries where presumed consent is practiced, hospital officials still ask the family for their approval."

Some individuals might have concerns about the expediency with which organs are retrieved. In the past decade there has been some debate over at what point an individual is technically dead and eligible as a deceased organ donor (living donation of a kidney and certain tissues is also possible).

In Toronto, there have been cases where families have been confronted with the issue of cardiac death (after the heart stops beating) and neurological death ("brain dead") as being the moment when viable organs might be harvested. In either case, these processes have been highly regulated, and medical professionals keep the interest of the patient as their number one priority.

There are many additional ways students can support organ donation, said Catherine McKee, a registered nurse at Humber's Health Centre.

"The process of organ retrieval and donation costs a lot of money," McKee said. "Organizations like Trillium are in need of volunteers to support these crucial initiatives and it is a great way for students to get involved."

Students can assist at fund raisers, set up displays at local community centres and help with presentations to clubs and businesses.

Garrels said there is a lot of room for Canadians to increase donor rates. "There are very few times in your life that you can do something as heroic as saving someone's life," he said. "If it becomes a cultural norm, hopefully one day we will ensure that no one dies on a waiting list."



ALL PHOTOS COURTESY HÉLÈNE CAMPBELL  
Hélène Campbell has come to Toronto with her mom Manon Campbell to wait for a lung donor





PHOTOS COURTESY OF JESS RAYMOND  
Members of the women's volleyball team celebrate after being crowned the OCAA gold medal champions on Feb. 25



# Raising the roof on a falling budget

When the Hawks go for gold, it stretches Athletics' funding but builds pride for team and college



**KATLYN FLEDDERUS**  
Senior Reporter

Humber is coming down with a bad case of the winning flu this year, requiring the Athletics department to dish out more money with each provincial and national tournament attended.

According to Doug Fox, Humber's athletic director, it's an unfortunate year for the Hawks to be soaring so high because all the Canadian Collegiate Athletic Association (CCAA) tournaments are out of province. So every Hawks success means more money spent by the college to ship athletes around.

"It's a dilemma for us because the better we do, the more financial difficulties that I have," said Fox.

"I put aside playoff money but unfortunately that's long gone because the fall teams did so well," said Fox. "So it's just trying to transfer money from other departments and find a way to do it," he said.

"Our teams fundraise for tournaments they go on that are fun, but it's the college's responsibility to pay [for] our teams to go to these things."

Of the seven teams that competed last semester, Humber earned five OCAA (provincial) gold

medals in men's golf, men's rugby (Division 1), women's rugby and both men's and women's soccer. The men's golf team went on to place gold at the CCAA tournament as well.

Most recently, the badminton team swept the OCAA scoreboard, winning gold in men's, women's and pairs. Both men's and women's volleyball teams placed gold at their OCAA championships Feb. 25 and are currently in B.C. pushing for a CCAA medal.

Fox told the *Et Cetera* that prior to the volleyball teams winning their OCAA titles, there were three options to come from the results of the tournament; "this is either going to be a free weekend, or about a \$30,000, or \$60,000 [weekend,] depending on if both teams win," said Fox. "All of a sudden it becomes a very expensive proposition to win."

So if winning actually hurts our pocket books, what's to gain?

"I guess the number one thing is that we're providing a great experience for the athletes involved with the competition, getting a chance to obviously be successful," said Fox.

"I think from our departmental side, it's that we've developed an excellent portfolio. We're seen as having an outstanding program, so definitely in the athletic world, we've got a great reputation for what we do here."

Fox, along with badminton head coach Lam Trinh, stated that Humber's prestigious reputation for being dominant OCAA leaders also helps the school with recruiting athletes to both the athletic programs and its academics.

"[Winning] helps us recruit," said Trinh. "I mean the fact is, the top players are likely to go to the top team, so it helps us a lot with new recruits."

Wayne Wilkins, head coach of the men's volleyball team, also sees the recruiting gold from Humber wins. He just led his men to their third consecutive OCAA gold.

"I think more selfishly, from a team and school perspective, it helps us recruit. We get better athletes out of it, we get better players – players who considered going to another school," said Wilkins.

"From the school's perspective, it's a revenue stream," Wilkins said. "They get better student athletes, they get better representation, they get programs that are being expanded. So a lot of the things are really a win-win for both the student population as well as athletics."

Although the whole department of athletics is sponsored by Adidas, they have yet to acquire additional sponsorship. This is beginning to change as the Hawks get more attention from their success.

"Now sponsors are looking to us, wanting to get their logos on our uniforms [and] wanting to provide money," said Wilkins. With the college, athletics department and the teams on board, Wilkins said, "who knows – the sky's the limit."

Aside from the banners, memorabilia swag and a sore back pocket, Humber's gains from being a top contender are quite intangible. Yet school spirit and better recognition seem to flow full circle, benefiting the college as a whole and making spending the extra change worth it.

"If we're winning and my guys are graduating, then I'm happy," said Wilkins. "So when I look back, the [men's] teams that have won have been made up of great men. That's really where I get a lot of pride."



## HSF rules \$8.7M of your cash: vote

Over the course of next week, elections for the Humber Students' Federation take place and, for the duration of that voting period, the overwhelming majority of students will not notice. It will simply fail to register on many people's radar.

It's an apathy that not only spreads across campuses nationwide, but is also seen in our federal politics. After the last federal election in 2011, which included a charged viral video campaign of vote mobs from campuses nationwide, the turnout of voters aged 18-24 was less than 37 per cent according to Statistics Canada.

The 64 per cent of non-voters reported varying reasons such as disinterest in voting, being too busy or being out of town, for their lack of participation. However, these excuses don't seem justified when you consider what is at stake.

Here at Humber, the HSF operates an \$8.7-million budget – hiked up \$1.5-million from last year's \$7.2-million budget. This a budget that the HSF has been notoriously tight-lipped about, seemingly disregarding the fact that every full-time student will contribute \$319.58 to the federation for the 2012-2013 school year.

The position of HSF president also comes with an annual salary of \$35,000 and, until recently, only required 24 hours of work per week to earn that pay grade. That student council position your friend held back in high school is a far cry from this – an actual organization with an actual budget and a real

impact on the campus and its community as a whole.

The HSF helps bring new amenities to campus such as the new pharmacy and travel agency that arrived this year. They negotiate deals such as discounted transit passes, health benefits and other measures that affect students directly. They also bring a variety of performances and events to campus. But only a minimal amount of these decisions are based on student surveys conducted throughout the year.

The student body has the greatest opportunity once a year to dictate who goes in to call the shots and to decide who is in charge of the few hundred dollars they take from each of us each year. It should be worth knowing where your hard-earned money is spent.

It's true that a sunken cost paid with tuition will cause few to lose any sleep at night considering it's seen as an inflexible reality rather than something to complain about.

Yet even something as simple as a student government affects your life. If not through campus events, then simply

through your wallet.

If there is something every student needs to keep track of, it's their money. Certainly one would be hard pressed to say students are free of financial concerns and can just throw away a few hundred dollars without a care.

Yet, for the past two years, just 21 per cent of the student body across all three of Humber's campuses turned out to cast their ballot over the week-long voting period.

As mentioned earlier, it's true that the worst voting demographics in any election is annually this very age group, as the 18-35 demographic consistently

shows very little interest in the political system.

It is very Canadian, in general, to find political complacency ruling the masses and campus elections target the age group least likely to vote.

So, in many regards, a fifth of Humber's students turning out over the voting week may actually seem somewhat impressive.

Once again, though, what happens elsewhere does not make this, or any other form of voter indifference, right.

To the two out of ten of you who voted in last year's student elections: congratulations! To the other eight: you have some explaining to do.

There is no doubt that over the years you have seen ad campaigns and promotional materials encouraging you especially, Mr. and Ms. Youth Voter, to get out, make your voice heard and vote. Maybe that's not everyone's style, as some find politics pointless, tiring, or downright nonsensical. Everyone has their own prerogatives that they will stand by.

So, at the very least, if you won't do it to be part of the action or to make your voice heard in choosing the leader of the future – which in any postsecondary institute, with annual turnover, is a very hard sell – do it for the money. Do it for the \$300-plus you sent off at the beginning of the year.

Generally, when someone on a student budget spends anywhere near that amount of money, it's to make a pretty significant purchase and is not a decision taken lightly and is usually made certain to be thoroughly beneficial.

So make sure you get your benefits out of it. Help decide where your money is going. At the very least, make sure you pay attention to where your money is going.

You don't have to like the fact that a student government exists, but you should have a handle over where those hard-earned dollars go.

Since they're the ones who are going to be spending it, you might as well pipe up while you can.

**“Every full-time student will contribute \$319.58 to the [Humber Students’] Federation”**

## HUMBER QUOTED

Do you plan to vote in Humber's upcoming student elections?



Yeah, I'm going to vote. It's our right to vote and as an international student, I want to connect with Humber life.

Karnik Patel, 22  
First-year accounting

Yes. It's our duty to choose a person to solve the problems at Humber and work with the students.

Siddharth Patel, 18  
First-year business administration



I don't think so. I don't follow the candidates and I won't be here next year anyway.

Shantel Knorr, 20  
Final-year spa management

## Editorial Cartoon



CARTOON BY TIFF LEE  
In the words of Bob Dylan, the times, they are a-changin'.

The *Et Cetera* exists to inform the Humber community and give people well rounded coverage on the things that matter to them.

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© WORLD ECONOMIC FORUM  
Vladimir Putin in 2009, looking as happy as ever.

## Putin election win has no legitimacy

Call it what you will, but don't call it democracy: Russia's leader re-elected in a shameless display of hypocrisy



**RICHARD FRANKEL**  
Biz/Tech Editor

Vladimir Putin, under the bright lights outside the Kremlin, was surrounded by supporters after claiming victory in Russia's 'democratic' presidential election Sunday.

The man had tears in his eyes.

Supposedly, these tears were due to an overflow of emotion. But, given the history of the man, it is far more plausible that the waterworks display of victory was the affect of the blinding lights and the knowledge that once again representing the nation as its leader was made possible because the right money, connections, and people are all alive, well, and entirely corrupt.

The *Toronto Star*, among many other media outlets reported both that the opposition and independent observers insisted the vote had been marred by widespread violations. The most disturbing of these allegations was something Golos, Russia's leading independent elections watchdog, reported when it said that it had received reports of "carousel voting." This is a process whereby busloads of pro-Putin supporters and voters were driven around to cast ballots multiple times.

The *Star* reported that Putin tallied 58 to 59 per cent of Sunday's vote, according to exit polls cited by state television. Communist Party candidate Gennady Zyuganov received about 18 per cent, according to the survey, and

the others — nationalist Vladimir Zhirinovskiy, socialist Sergei Mironov and billionaire Mikhail Prokhorov — ended in the single digits.

A lot of sound and fury meaning nothing. Call it what you will, but don't call this system democracy. Call it a not so thinly veiled dictatorship. People all around the world can clearly see that the Cold War in Russia never truly ended, and that only the colours of the flag changed. As a leader, having the indignity to openly lie to one's people is an epitome of hypocrisy and shame.

Perhaps the most telling of Putin's crimes against democracy is Mikhail Kasyanov's statements. He was Putin's first prime minister before going into opposition. He said the elections were not free and that opposition supporters would have further protests.

"We will not recognize the president as legitimate," he said.

Being in power anywhere seems like it would be a headache. Being in power under the fierce scrutiny of free thinking people who don't recognize your leadership and regularly protest would drive any conscious, level-headed individual to the brink of insanity. Having already ruled for eight years, Putin is not one of these.

A friend from St. Petersburg now living in Toronto told me it would cost \$300 to vote from abroad. I am glad my friend saved the money because here in Canada, a vote has purpose, legitimacy, and the ability to contribute to the funding of a political party as well as shapes the composition of the government. In Russia, a vote is wholly malleable and is as easily discarded as stained, wet, and peeling toilet paper found in only the darkest depths of the sewage system.

Please, Mr. Putin and fellow government friends, don't call your nation a democracy or your struggle for victory an "open" and "honest affair." It cheapens your crocodile tears that much more. It is a disgraceful and disrespectful gesture to any country on this planet that has fought hard for its democratic values and attests to uphold them on a daily basis.

## Romney's church secret

Mormonism's recent racist past a liability for Republican



**EMMA BROWN**  
Life Editor

After pulling off two big wins in the Arizona and Michigan primaries, former Massachusetts' governor Mitt Romney is now considered by many to be the favourite for the Republican Party's presidential nomination. If he does beat out the three remaining candidates - Rick Santorum, Newt Gingrich and Ron Paul - it will be interesting to see whether his Mormon religion will hurt him in the general election come November.

Chances are it might if Romney's own reluctance to mention his religion by name is any indication to go by.

In his column for *New York Magazine* entitled "Who in God's Name is Mitt Romney," journalist Frank Rich

writes that while Romney makes frequent references to faith, God, and loyalty to church, he never names what that faith or church is. "In Romneyland," writes Rich, "Mormonism is the religion that dare not speak its name."

The reason behind this tight-lipped strategy is that Romney needs the support of the Republican base - evangelical Christians - to secure his party's nomination, but garnering this support could be tricky considering a majority of evangelicals regard Mormonism as a non-Christian cult.

In a Pew poll released last November, about two-thirds of white evangelicals said they did not consider the Mormon faith Christian. So, in a complicated effort to play up his faith while down playing his religion, Romney now avoids mentioning the latter.

Assuming this approach works, one has to wonder if he will have the same success with the 82 per cent of Americans who tell pollsters they know little or nothing about Mormonism.

What might they think of Mormonism when they discover that until 1978, the church had a policy barring all male members of African descent from joining the priesthood and prohibited them from participating in several ordinances that are necessary for the highest degree of salvation?

The explained reason for the ban was "The Curse of Cain." Found in the fourth book of Genesis, it refers to the punishment God delivered upon the

descendants of Cain after Cain killed his brother Abel. This curse was interpreted as black skin.

That such a racist theory should have been promulgated 160 years ago is hardly shocking. What is shocking is that up until 34 years ago, the Mormon Church still held this belief.

Religion is often a hot-button issue in the United States, but more should be made of this disturbing fact. Romney was, after all, in his 30's when the ban was lifted and had already served the church in a variety of posts.

One can assume the reason there hasn't been much in the news about this issue is because most potential voters don't yet know about it or that the media are too hesitant to 'go there.'

In a column published last October in *Slate*, the late Christopher Hitchens wrote that, "So far, Mitt Romney has evaded most questions by acting as if he was being subjected to some kind of religious test for public office."

This type of evasion may serve Romney well in the primaries, but general elections are an entirely different kettle of fish, with more people paying attention to what's at stake.

"To ask these questions is not to be a religious bigot," writes Rich, "but to vet a candidate for the nation's highest job."

Here's hoping they do, and soon. One's 'religious views' should not be permitted to pass as a smoke screen for something as vile as racism.

## Music corrupts youth



**KATLYN FLEDDERUS**  
Senior Reporter

Growing up, I was submersed into a musical world consisting of classic rock, Walt Disney soundtracks and bubble-gum pop because that's what my parents let me listen to. Although the lyrics of "Big Balls" by AC/DC or "Pour Some Sugar On Me" by Def Leopard weren't age appropriate, the sexual innuendos weren't blatantly obvious for a kid like me to pick up on.

The lyrics in today's popular music aren't as subtle as they used to be. In fact, they're quite blunt. I see my 10-year old sister listening to Rihanna, Ke\$ha and Lady GaGa and am terrified of the impression they are leaving

on her. These girls, barely adults, are prancing around in next to nothing singing vulgar lyrics to slightly younger girls who think, "I want to be just like her when I grow up."

When I drive with my sister and turn the radio on, she'll know every line to most of the songs playing. For example, "The Lazy Song" by Bruno Mars, which was a top 40 hit, came on the radio. When the line, "Tomorrow I'll wake up, do some P90X, meet a really nice girl, and have some really nice sex" was sung, my sister giggled as if he'd said something funny. The thing is, she knows exactly what he's saying and what he means. Even if we tell them not to listen, they become curious and listen anyway. Kids are glued to their computers and have access to unlimited amounts of songs, their lyrics and videos.

It's well known that music has a large influence on children as they grow up, and with youth drug abuse and teen pregnancies gaining more media coverage, it is quite clear that our little ones are 'maturing' much faster than previous generations. In my opinion, mainstream music is to blame.

Chris Brown, the pop star who gained more attention for assaulting his then-girlfriend Rihanna in 2009 than for his music, recently collaborated with her on the track "Birthday Cake". How could she ignore the abuse

she suffered? I've completely lost all respect for the pop queen and the images of herself pop culture feeds to our youth. Who knows, maybe her intentions were to show that forgiveness is something we must all give? But, at the same time, it almost portrays that domestic violence is OK. To be fair, a collaboration between two artists can be purely about the music and the talent of both artists and not them personally. But, the lyrics to "Birthday Cake" completely contradict that theory and make it seem like what they're doing is OK. Here are the lines performed by Chris Brown: "Girl I wanna f-k you right now. Been a long time, I've been missing your body. Let me-let me turn the lights down. When I go down, it's a private party."

This isn't about being a prude, but I feel like no one is concerned about what innocence our youth has left. The ugly truth is that everyone is about money, and sex sells.

Where is the passion and the commitment to creating a masterpiece, while still sending a meaningful message?

There's a right time and age for certain music and I think adults should be more aware of the music they let their children listen to. Don't be afraid to censor what they listen to if you know it's inappropriate. Be more cautious, because they're simply growing up too fast, and in the wrong way.





PHOTO BY HEATHER VANANDEL  
A student takes advantage of the exercise facility offered at Humber's Athletic Centre.

## Humber jumps rope for Spring Shape Up Month

**HEATHER VANANDEL**  
Life Reporter

Humber College's fitness centre is hosting a jump rope workshop for students this month in an attempt to raise participation for March Spring Shape Up Month.

Spring Shape Up Month "is kind of our last ditch effort to get people interested in fitness," said Leanne Henwood-Adam, Humber's fitness coordinator. "We have decided to add in something that might garner a little more participation this year and get excited about spring and summer."

Henwood-Adam said she hopes the jump rope workshop will remind students of how they exercised when they were younger.

"I think people have forgotten what a workout it is and how much fun it actually can be," she said.

The workshop will be held on March 19 from 11 a.m. to 2 p.m. in the school gymnasium.

David Kittner, a self-employed fitness specialist known as "the fitness guy," will be leading the workshop.

"There are so many benefits to jumping rope," said Kittner.

It develops co-ordination through rhythm and timing and strengthens the cardiovascular system and "is just a whole lot of fun."

In a promotional video, Kittner said he noticed a great difference in the self-esteem and self-confidence of the athletes and young children he works with when he began incorporating jump rope into his program.

David Belsito, 19, a first-year health and fitness promotion student at Humber, said he incorporates skipping into his workout routine once every one or two weeks.

"You have to keep your biceps stabilized and skipping pumps it up even more," said Belsito. "It is also good for your calves and your overall breathing."

The fitness centre is asking students participating in the workshop to bring a toonie or a canned good to the event.

The canned goods will be donated to a local food bank and the toonie donations to a local charity, said Henwood-Adam.

The first 250 students will leave with a free skipping rope.

"Spring Shape Up Month is there to give people a head start and to get people aware of what they need to do now that is going to benefit them later," said Henwood-Adam.

Information about exercises students can do at school or at home will be highlighted on fitness bulletin boards throughout the month of March.

## Some students seek alertness sans caffeine

**SHAZIA ISLAM**  
Life Reporter

The advent of energy drinks has made boosting wakefulness easy to achieve and 34 per cent of young people between the ages of 18 and 24 are regular consumers of them, according to the Addictions Foundation of Manitoba.

But the high-caffeine, sugary beverages offering short-term alertness are considered unhealthy by many nutritionists, and so a number of students look to more natural ways to help them keep their eyes open while studying.

"Number one is that you have to make sure you get enough sleep so you can stay awake in class," said Swimjit Gill, 19, a first-year practical nursing student.

Gill's program uses a textbook that is well over 1,000 pages in thickness and says having to remember all of that information contributes to a nursing student's fatigue.

"Sometimes it's really overwhelming but you have to keep on top of it," Gill said. "If you fall behind on one thing, you fall behind on everything."

In addition to getting enough sleep, Gill said she also took vitamin B12 shots to help fight off the lethargy she often felt from not getting enough of the B vitamin in her strictly vegetarian diet.

Chris Kummer, a naturopathic health consultant in Toronto, said vitamin B12 "is an incredibly important nutrient that our nervous system and cells need," said Kummer. "If you're deficient, taking B12 can make a lot of difference in energy level."

Parveen Singh, 18, a first-year early childhood education student, is also a vegetarian and faces a similar challenge to keep awake while reading course textbooks.

"There's a lot of reading and you need to understand the content really well in order to take that information to your field placement and use it there," said Singh.

Kummer said stretching, dancing, and drinking water at regular intervals while studying can help to re-trigger circulation and renew concentration.

Devon Hodges, 18, a first-year law clerk student, said staying alert for him was not necessarily aided by external stimuli, but rather his attitude.

"I don't drink coffee and energy drinks," Hodges said. "I just depend on my own motivation."

Hodges said he prepares well in advance for tests and uses both the textbook and online resources for his courses.

Hodges said he exercises at the Humber gym to keep fit and give him energy.

"Whenever I find time, I exercise, but that also requires motivation," he said. "It's like driving - you don't just learn it in one day. You have to stay dedicated."

Although these students said they are dedicated to their respective programs, sometimes the lure of a quick fix is hard to resist, some said.

"We might use energy drinks if it's during exam time and we have to stay up constantly," said Gill.

## Sexual interaction linked to fighting the flu virus

While intimacy spreads germs, a U.S. study reveals sex also contributes to maintaining a healthy immune system

**KAT WARD**  
News Reporter - Special to Life

A recent report released by the U.S. Centers for Disease Control and Prevention said that flu season has finally arrived, the latest onset of the season in the past 24 years. And while one of the most common ways the flu is spread is through personal contact, a study suggests it might also be a way of improving the immune system.

"Those engaged in sexual activity have an increased chance of contracting the flu," said Dayana Perez, a nurse at the Humber health clinic who works with third-year nursing students as the project adviser for their community health placement rotation.

However, related research suggests having sex might be another way of boosting the immune system, making physical intimacy a double-edged sword.

Prof. Carl Charnetski, of Wilkes University in Pennsylvania, published a study in 2004 that surveyed 112 stu-

dents aged 16 to 23.

"The results indicated that those who were having sex once or twice a week had a 30 per cent higher level of antibodies known as immunoglobulin A," said Charnetski.

"This is the only antibody to be found in all mucosal membranes in the body and is critical to fight off infec-

tions like the flu," he said.

lets can spread up to two metres and can remain on surfaces for days, said Dr. Irene Armstrong of the Toronto Public Health System.

"What many people don't realize is if they contract the virus they are contagious 24 hours before the symptoms present themselves," said Armstrong.

"As a result, if you are regularly having sex you can transmit the virus without even knowing that you were sick to begin with."

Perez said nursing students aim to educate the Humber community about influenza, hand-washing and respiratory etiquette to help prevent the spread of the flu.

"It is important for students to know that when kissing, touching and breathing on someone before or during intercourse, they are at risk for exposing the other person to the influenza virus," Perez said.

In order to limit the risk of exposure, Perez said she recommends getting a flu shot, coughing into sleeves and avoiding contact with others while infected.

**"Those having sex once or twice a week had a 30 percent higher level of antibodies..."**

**-CARL CHARNETSKI, PROF.**





PHOTO COURTESY MISTERAITCH, CREATIVE COMMONS

# Students living 'cruelty-free'

**ALI CHIASSON**  
Life Reporter

With sustainability in mind and a conscience in tow, a number of Humber students have made the change to a 'cruelty-free' lifestyle.

This social movement prohibits the consumption and use of all products that involve cruelty to humans or animals.

"The thought of smart, innocent creatures being turned into a commodity through slaughter was enough to make me not want to support it," said Autumn Ladouceur, 21, a fourth-year journalism student at Guelph-Humber and communications specialist at the Toronto Vegetarian Association.

Although the mass production of meat is usually at the foreground of cruelty-free initiatives, how animal suffrage sneaks into other conventional products might surprise some

people.

According to the animal rights organization People for the Ethical Treatment of Animals (PETA), more than 15-million warm-bodied animals are used in research every year.

"This means millions of living, breathing beings are suffering from neglect and dying through tests to make sure that shampoo or perfume is a decent enough product for you," said Ladouceur.

Kortney Shapiro, a 22-year-old post-graduate PR certificate student, said her initiative in living cruelty-free began by becoming vegetarian. "It is simply a lifestyle choice that I have chosen," said Shapiro, "and with it comes the responsibility of educating others on the benefits of being cruelty-free for the mind, body and soul."

To be considered cruelty-free, products must not be a result of any slave labour.

Sustainable clothing companies are becoming more popular among those with the social movement in mind.

John Elias, owner of Do Bamboo, a retail store in Toronto selling clothing, bed linens and bath towels entirely made out of bamboo, said addressing these types of concerns is crucial to a lot of consumers today.

"Being sustainable is important to our customers," he said. "The bamboo is grown locally, it grows like a weed and it doesn't require pesticides. Doing things this way produces honest jobs and an honest product."

Elias said the quality of these products should make an individual's transition to cruelty-free living very smooth.

"At the end of the day, bamboo products feel great. You also feel great supporting a sustainable local company. Everyone wins."

## TO THE NINES



**Daniel Listi, 21,**  
first year sports  
management stu-  
dent.

What is the one thing that everyone should have in their wardrobe?

"A watch. It adds to whatever you are wearing on both male and females."

What is your favourite place to shop?

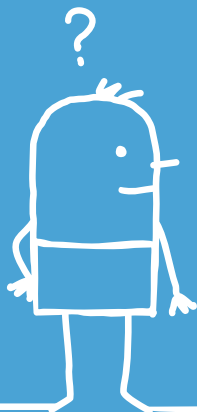
"Guess. I have been working there for two and half years and have grown to like their style."



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BY ERIKA PANACCI



# VP Campus Life- North Candidates

## Lillian Carter

My name is Lillian Carter and I am running for Vice President of Campus Life - North Campus.

You are probably wondering... Who is Lillian? I have been a Humber Student for 3 years. I graduated with my Interior Decorating Diploma and am now enrolled in the Landscape Technician program. I am very involved with Humber College and all of the activities that take place around our school. By attending most of these events I have taken in to consideration what I could do differently, and how I could get students more involved with what is happening around Humber.

If you were to elect me as your Vice President of Campus Life I would bring NEW events to Frosh week as well as events throughout the year. Frosh week is one of the best times of the academic year! This event welcomes new and returning students to Humber and if I were to plan Frosh Week 2012...Let's just say it would be a memorable one.

If I was the VP of Campus Life my goal would be to inform students that there is way more to HSF than just Frosh week. I would try to work alongside with Guelph Humber and Residence so I can let students know what is happening throughout the year.

Lillian Carter, Vice President Campus Life... Sounds pretty good doesn't it? If I were to have this position I would ensure the student body that I would take this job seriously, but have fun doing it!



## Emily Genitti

My name is Emily Genitti, and I want to be YOUR Vice President of Campus Life at North Campus! I'm currently in my third year of Media Studies, specializing in Public Relations at the University of Guelph-Humber. Being a PR student, I live to organize events, thrive on communications, and drive innovation. My goal is to incorporate this passion into my time with HSF, and ultimately, add some extra LIFE to our campus! Life is about juggling - commitments, responsibilities, and most importantly, fun. Campus LIFE is no different, and I can confidently say I know how to juggle! I have held multiple jobs while also being a full-time student, am a co-founder and member of a current HSF club, and will always stay focused on hard work and outstanding results. I dedicate an extreme amount of effort into EACH and EVERY commitment.

So here's my question to all of you: What do YOU want out of campus life? Events? I've got that covered - most recently I worked directly with Skate4Cancer to plan fundraisers. Networking? For the past year, I have acted as a team leader on experiential marketing programs. Unique opportunities? I love volunteering my time and efforts at a variety of initiatives, for example, the Wakestock World Series.

As VP of Campus Life, you can rely on me to bring your ideas and voice to the forefront.

This is what campus life means to me - YOUR input, YOUR voice, YOUR campus.



**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**  
» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)





# VP Campus Life- North Candidates

## Vivek Mahadevan



Hi Humber I am Vivek Mahadevan standing for the position of VP Campus Life North, vote for me to make the campus life a simple special and experience for life to remember. I am explorer all my life, I love travelling and mingling with various cultures, languages and religions. Understanding various people's need is in-bred in me which I feel is the first essence in being a campus life Vice President. Being an MBA graduate from UK, I gained essential skills to be at the top of the management and lead my team wisely to deliver the results to maximum efficiency. Having specialised 'International Management' I gained valuable experience in running office and Management to meet demands of diversified people and community to bring them all-together to run events together. I am easily accessible to students and have the power of listening to various students requirements even if it's not conveyed to me directly by the concerned individual, this makes me an unique candidate in organizing events of needs and requirements.

As Vice President (Campus Life)....

- Promise to perform my duties with honesty and dignity
- Organize and arrange events to relieve students from daily stress and make it a fun filled campus
- Help new students to mingle with other graduates with ease
- Will do my best to solve various problems and issues regarding
  - o Budgets & their promotions.
  - o Organising variety of events and parties.

Belief is my mantra, and I believe together we can succeed.

## Scott McNair

My name is Scott McNair and I want to be your VP of Campus Life!

ABOUT ME:

- I've worked for the Humber Students' Federation for 2 years as an EVENTS assistant; this year I was a LEAD events assistant. (set up and tear down of ALL HSF EVENTS)
- I am currently a third year media studies student at Guelph Humber, specializing in Public Relations.

Let's Reconnect Students with EVENTS

- Bigger, better and more frequent events YEAR long!
- More giveaways, swag and prizes at EVERY event!
- Better customer service at events, including better setup (for the bigger events: better line processing, pat downs etc.)

Let's Reconnect Students with CLUBS

- More active and DIVERSE clubs & associations.
- More opportunities for clubs and students to get involved.
- More appreciation and incentive given to active clubs.
- Advocate for Academic Societies to gain funding for events.

Lets Reconnect Students with the HUMBER STUDENTS' FEDERATION

- More appreciation for students; more FREE trips, cash prizes and large giveaways!
- More input from students for event ideas. (DIRECT Twitter & Facebook communication)
- Advocate for all students' needs, like Tuition, OSAP and International Students.

Vote SCOTT MCNAIR for VP of Campus Life and LET'S RECONNECT!



## Maurizio Zambito (codename: Project Z)



Our lives at school should be about more than just academics, rather creating memories with our fellow classmates that will last a lifetime. I wish to provide you with the foundation for these lasting memories through more creative and original Frosh events, and carry that on throughout the entire school year. I plan on providing you with new events that are bigger and better than in previous years, while continuing others that have become a part of tradition here. Improving the diversity and furthermore involvement in clubs around campus is another vital component of my campaign. Frost Week? Generally known around campus as the forgotten week of social gathering is in dire need of greater exposure, and I plan on providing that. Consistency is key for me, as I want to ensure you have every opportunity to experience fun events throughout the entire school year. However all these goals are not possible without the commitment from you, the student body. That is why I want to provide you with incentives for coming out to these various events both big and small. Whether you call the campus home or commute to and from each and every day, I want to ensure that you all can experience these events. Remember that what you choose to experience here is up to you, but if elected VP of Campus Life, I will ensure to provide you with every opportunity to experience the very best this school has to offer.

- This message will self-destruct in five seconds.

**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**

» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)







## FOR THE ATTENTION OF ALL HUMBER STUDENTS

### Notice of Election

for the

## Student Representative

to the

## Board of Governors of Humber College Institute of Technology and Advanced Learning

An Election will be held during the months of **March and April 2012** for the position of Student Representative on the Board of Governors of Humber College Institute of Technology & Advanced Learning. All Humber students are eligible for nomination. The term of office for this position is **September 1, 2012 through August 31, 2013**. The basic requirements of this position are to:

1. Attend scheduled Board meetings (once per month, September through June).
2. Attend other Board-related events and activities as required.
3. Provide continual, responsible representation. Governors may not delegate their representation to any other person, and substitute representatives are not permitted.
4. Respect the confidences of the Board unless the information has been made public at an open session of the Board.
5. Receive no compensation, other than out-of-pocket and travel expenses.
6. Maintain communications with his/her electorate.
7. Be prepared to act as spokesperson for his/her electorate on issues and concerns as they arise.

**Nominations Packages** can be picked up during the period  
**Monday, March 12 through Friday, March 16, 2012 (until 3:00 p.m.)**  
**FROM**

<b>The President's Office, North Campus Room D 167 (Deborah Green) Ext. 4102</b>	<b>The Principal's Office Lakeshore Campus Room A 116 (Pamela Hanft)</b>
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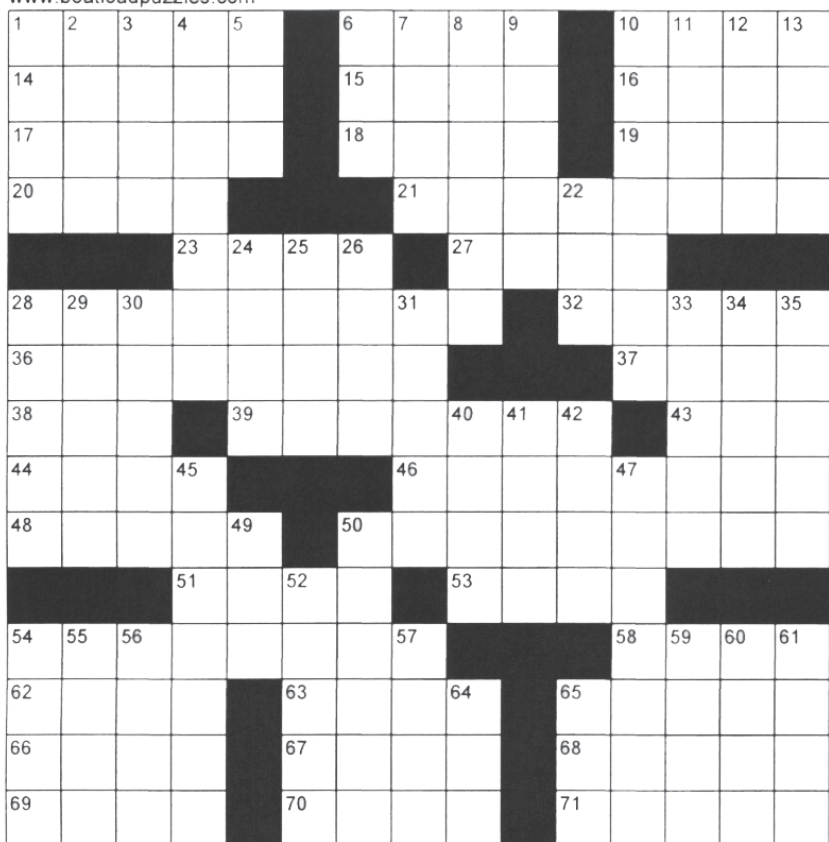
**Completed Nomination packages**  
must be submitted to either of the above offices before  
**3.00 p.m. on Monday, March 19, 2012**

**Voting** will take place on **Tuesday, April 10** and **Wednesday, April 11**, 2012

*For more information, please contact Deborah Green, President's Office, Room D 167, North Campus. Phone ext. 4102, or email: [deborah.green@humber.ca](mailto:deborah.green@humber.ca)*



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**ACROSS**

- 1. Incline
- 6. Burden
- 10. Water bird
- 14. Mamas' mates
- 15. Motionless
- 16. Goad
- 17. Motionless
- 18. Highway fee
- 19. Concern
- 20. Certain bills
- 21. Store owner
- 23. Facial feature
- 27. Party
- 28. Submarine's viewer
- 32. Legislate
- 36. Aircraft with pontoons
- 37. Toast topping
- 38. Music or painting
- 39. Indecent

- 43. Sort
- 44. Property right
- 46. Very cute
- 48. Olympic award
- 50. Liveliness
- 51. Melody
- 53. Try out
- 54. Elite police squad (2 wds.)
- 58. Pen fluids
- 62. City transportation
- 63. Right away!
- 65. Ring
- 66. Eye amorously
- 67. Slim
- 68. Long-legged bird
- 69. Equal
- 70. Common seasoning
- 71. Sun-dried brick

**DOWN**

- 1. Rotisserie rod
- 2. Country path
- 3. Ajar
- 4. Root vegetable
- 5. Cleveland time zone (abbr.)
- 6. Illuminated
- 7. Fragrance
- 8. Assert
- 9. Greek letter
- 10. Tenor \_\_\_\_\_ Pavarotti
- 11. Not written
- 12. Fairy-tale fiend
- 13. At no time, poetically
- 22. Pub drink
- 24. Norwegian port
- 25. Strike-breaker
- 26. Eternities
- 28. Biblical song
- 29. Spooky
- 30. Judged
- 31. Praline nut
- 33. Defendant's offering
- 34. Viola's kin
- 35. Keepsake
- 40. Prepare copy
- 41. Alaskan city
- 42. Ages
- 45. More unpleasant
- 47. Dressed
- 49. Parking place
- 50. Writer \_\_\_\_\_ Christie
- 52. Cozy retreats
- 54. Street sign
- 55. Minimum \_\_\_\_\_
- 56. Wheel shaft
- 57. Send by post
- 59. Infamous emperor
- 60. Drawer pull
- 61. Sensible
- 64. Blasting substance (abbr.)
- 65. Gotcha!

## HOROSCOPE



**AQUARIUS**  
Jan. 21 - Feb.18

Life will deal you lemons. Sell them at a profit.



**PISCES**  
FEB.19- MAR.20

Sell off your life savings this week and buy stocks in Greek riot gear.



**ARIES**  
MAR.21-APR.20

Ask not what your country can do for you – sit down, shut up and be happy you're Canadian.



**TAURUS**  
APR. 21- MAY 21

Your life's mentor is clearly Dr. Seuss – follow him religiously.



**GEMINI**  
MAY 22- JUNE 21

People are fighting for their lives, but you will spend your week debating the term "mademoiselle."



**CANCER**  
JUNE 22- JULY 23

You didn't receive your letter from Hogwartz, so it's time leave the Shire and become a Jedi



**LEO**  
JUL. 24- AUG.23

At Tim Hortons, you will trip on your own scarf and spill coffee all over yourself. Feel free to sue – you have nothing to lose but dignity.



**VIRGO**  
AUG.24 -SEPT. 22

It's a dog eat dog world – too bad you're vegetarian.



**LIBRA**  
SEPT. 23- OCT.23

This week, Libra, you're much like the weather -too hot, too cold. Make up your mind for once!



**SCORPIO**  
OCT. 24-NOV.22

Darwinian theory will be confirmed as you are naturally selected on Friday.



**SAGITTARIUS**  
NOV. 23-DEC.21

This week you will be elected HSF Prez by proxy.



**CAPRICORN**  
DEC. 22 - JAN. 20

Take all your tests at restaurants, because the customer is always right.

## Guess who

Who claimed...

- to have shot 11 holes in one and finished 38 under par during his one and only golf game
- never to have to defecate -- this gent was above such things
- demanded the title "Glorious General Who Descended From Heaven"



SOURCE: msn.ca news

Answer: Kim Jong Il

## SUDOKU

	4		8			9		
7			3					8
		6	2					4
9		7	4		2			5
		8	1			6		
1			9			4		7
8					3	1		
5					9			6
		9			4		8	

www.sudoku.name

#7430



# VP Campus Life- LAKESHORE Candidates

## Colin R. Edwards-Crewe (codename: ColinResponse)



Hi I'm Colin R. Edwards-Crewe (ColinResponse)

You probably recognize me from one of the on-campus advertisements or, perhaps just from around campus! Though organizing some amazing events and contests is a large role of the V.P. of Campus Life, integrating the student body is the only way to effectively improve your experience here at Humber! Here are some of the plans I have for your Campus Life!

### 1. Integrating Students on a Social Level!

- Create New Events involving Live Music, Dancing, Food & Comedy!
- Create a Campus Pub Night by utilizing my relationships with venues/bars in our area
- Increase Awareness of existing events and contests
- Develop Convenient Times & Locations for existing events

### 2. Integrating Students on a Professional Level!

- Bridge the Gap Between Students in programs that can benefit from each other. i.e. (Business + Graphic Design), (Film + Music) or (Public Relations + Marketing)
- Facilitate Seminars/Workshops for Post-Grad Students interested in more educational forms of entertainment
- Responding to feedback & new ideas

Remember to Vote for ColinResponse  
"Because if you call... I respond"

## Aidan Sykes

My name is Aidan Sykes I'm a full-time student and currently part of the Humber Students' Federation events team at Lakeshore. After a year of working for the HSF Events team I would love to be your Vice President of Campus Life!

### Profile

- Worked for the organization for the past year, but have always participated throughout my academic Humber career
- Currently I'm in my 2nd year in the Business Admin Marketing program, but my knowledge expands into the arts and events industry

### As your Vice President of Campus Life:

- I will work hard at creating more school spirit, through events that bring the campus together
- Host events that focus on our school as a whole.
- Not only focus on our big events, but make the students our focus by hosting smaller intimate events that will become staples in our weekly routines
- Use students' ideas to help make a more memorable college experience

Lakeshore is a place for people to learn, have fun, relax, show off their talents, build relationships inside/outside of the classroom, and we're fortunate to have a beautiful campus to do it all. I want to solidify the reason why you picked Humber College and have you leave with stories to tell.

Vote Aidan Sykes as your 2012-2013 Vice President of Campus Life!



**MISSION: POSSIBLE**  
**CHANGE PROTOCOL**

**VOTE MARCH 12-16**  
» [HUMBERLIFE.COM/ELECTIONS](http://HUMBERLIFE.COM/ELECTIONS)





## Women's soccer advances to OCAA provincial match-up

**ELTON HOBSON**  
Sports Reporter

The Hawks women's soccer team stormed through their regional pool on Monday in Vaughan. The win moves the Hawks one step closer to repeating as OCAA provincial champions.

"They work hard," said Hawks head coach Mauro Ongaro. "When you have that combination, eventually you get rewarded."

The Hawks opened the day against the Confederation Thunderhawks, taking the match 2-0 in a tighter match than the scoreline might suggest.

"That game was tougher than I think we were expecting," Ongaro said. "Traditionally we're a slow-start-

ing team, and they came right at us."

The next game was against the St. Lawrence Schooners, who were defeated by the Hawks in a 6-0 thrashing.

In their third match, the Hawks faced rival Sheridan Bruins in a pivotal fixture, with both teams undefeated in the tournament and likely to decide the winner between them.

Humber got ahead early off a header by midfielder Sonia Rocha, and battled to hold that lead the rest of the match. A close game got dramatic when all-Canadian Hawks forward Keyla Moreno was sent off the field in the waning minutes of the game.

"The foul was unsporting behavior, because she lost the ball and kicked it away when the referee whistled off the

play," said match official Sharon Welsby. Under indoor soccer rules, a yellow card is a two minute penalty.

Despite the setback, the Hawks held on to edge Sheridan 1-0.

In the final match, Humber faced off against the George Brown Huskies. The Hawks got off to a slow start - Coach Ongaro jokingly called it "the worst first two shifts in Humber soccer history" - but picked up the pace in a major way.

It was another dominating Humber performance, as the Hawks won 6-0.

"The final game, we weren't as mentally focused as we should have been at the start," coach Ongaro said. "But as the score indicates, we got ourselves back on track."



PHOTO BY ELTON HOBSON  
The Hawks went undefeated since a 1-0 loss to York on Jan 21.

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## Hawks destroy St. Lawrence at regional finals

**MATTHEW SMITH**  
Sports Reporter

The Humber Hawks are advancing toward the OCAA provincial championships after dominating at the regional competition on Monday.

The Hawks beat Seneca 1-0 in the first game at the Ontario Soccer Centre, and beat Redeemer 4-2 in the second. They beat Centennial 4-0 in their third game, then scored nine straight goals against the St. Lawrence Saints in the fourth, for a 9-0 win.

"Most of my players have never played competitive before, so they came out here and put in a good effort and that's all I could ask from them," said St. Lawrence coach Eric Pattison. "It's tough, but as long as they go out there and play with heart, I don't care."

Pattison said St. Lawrence doesn't have a development program so the roster will be full of new players next year.

Pattison said his team just doesn't have any superstars to compete against a team like Humber.

Hawks coach Germain Sanchez tried to hold back his players' firepower against the Saints.

"I feel bad for the other team but we tried to not take too much of an advantage," he said.

Sanchez said he believes the Hawks will have a very good competition at the provincials in two weeks.

"We're going to practise a few more times and hope for the best," said Sanchez.



PHOTO BY RUTH VAN DYKEN  
Hawks midfielder Yousif Yousif scored two goals.

"We're in good shape and we're the defending champions which doesn't help you at times because every team seems to give an extra 10 per cent when they play against us."

Hawks midfielder Yousif Yousif, who's in his second year in the marketing program at Humber, scored two goals against St. Lawrence and is looking forward to the provincials. Yousif, 21, said his main focus with the upcoming championship is for his team to have more possession of the ball.

"We had many scoring chances that we missed against Seneca and Redeemer, so we have to improve on that if we want to win," Yousif said. "We have to make our opponents come out from their zone because what they usually do is stay back and that makes it hard for us to score on them."

On March 22, the Hawks look to defend their title at the OCAA Provincial Championships at the Ontario Soccer Centre in Vaughan.



## Men's volleyball top seed at nationals

SASHA LINDSAY  
Sports Reporter

The Hawks men's volleyball team is going into the CCAA national championship today ranked as the number one seed, which brings not just pressure but high expectations from the coaching staff.

"Since its existence, Humber has not been able to win it and I think this is the year that nationals will be Humber's," said assistant coach Paul Kemboi.

Kemboi's focus for the Hawks lies in believing that all the preparation leading into Nationals will serve as a solid foundation for victory.

"The last few years coaching has been talking about players believing in the

game and what they are preparing for. Once they believe in the coaching staff and the process, everything will work out at Nationals," said Kemboi. "I don't expect anything less than a medal."

Assistant coach Bart Babij said that the Hawks' biggest competition is themselves, and all the games going forward will be challenging.

"We're not looking past anybody. There isn't going to be any easy games. We have to play our best game to be successful," said Babij.

"We have all the tools we need. Everyone will have to bring their A-game," said assistant coach Hank Ma. "Everyone's goal going into nationals is to win."

Head coach Wayne Wilkins is passionate about victory at nationals.

"My expectation is to play in the finals, and I hope we win," said Wilkins. "A lot of it has to do with seeding. Like anything in sports you need a little luck on your side, but I think we have the team to do it."

The Canadian Collegiate Athletic Association national championship takes place today to Saturday in Abbotsford, B.C. and involves the top eight college teams in Canada vying for gold.

## Women's volleyball pumped at nationals

ANDREW MILLICHAMP  
Sports Reporter

The Humber women's varsity volleyball team opens at the Canadian nationals in Nanaimo, B.C. today to Saturday as the fourth overall seed. The Hawks go in with high expectations as the now five-time defending OCAA champions.

"I'm expecting that we play in the last match in Canada. I'd like to see us in that gold medal game," said the Hawks head coach Chris Wilkins.

Dean Wylie, the Hawks assistant coach agreed with the high expectations.

"I would expect us to give B.C. all they can handle. We want to be in a medal game. That's our goal."

The Hawks have drawn the University of the Fraser Valley Cascades for their opening match. The Cascades finished second in the PACWEST division.

"I would expect them to come out gunning," said Wylie. "They may underestimate us. I think we may be in a good position to surprise some people this year. For them it's their first nationals so hopefully they're nervous."

"I expect a really confident team [from Humber]," said Dennis Bokenfohr, head coach of the Cascades.

"Kelly Nyhof is the OCAA player of the year and Kayla Bruce is the PACWEST player of the year, so to see those two middles go at it, that's going to be pretty interesting and fun to watch."

Bokenfohr said Humber runs "a good paced ball" and the Cascades are going to have to make sure they "stay caught up to the play."

The winner of the first round matchup will likely play the Vancouver Island University Mariners, the number one ranked team in Canada.

"To beat VIU you're going to have to play your best game," said Bokenfohr. The Cascades have played the Mariners "at least 10 times" this season, he said, with limited results.

"You take the kitchen sink approach," said Wylie. "Throw everything you've got at them and make them beat you."

Last year the Hawks finished sixth in the CCAA national tournament, but Wylie sees a major difference between last year's team and this year's.

"This year's team we've got outside hitters who terminate rallies. Last year's hitters hit the ball, this year's hitters end rallies when they swing."

## Athletic therapist key role

### Kerry Pavlovic treated as family member by men's team

SASHA LINDSAY  
Sports Reporter

In a field where women are now being hired to work with men's teams, Kerry Pavlovic, athletic therapist for the men's varsity volleyball team, prizes professionalism and views her gender as not being an issue.

"I think I'm more of one of the guys than the only female working with this team. The team accepts me as part of their close-knit family," said Pavlovic. "I don't see gender as a problem because my goal is to be a good therapist, not just a good female therapist."

Pavlovic, enrolled in the athletic therapy program at Sheridan, balances a busy school and work schedule and is trained in preventative care, handling emergency situations, acute injuries and rehabilitation.

Pavlovic said she provides preventative care through prophylactic taping, along with education on proper warm-ups and strength and conditioning techniques.

"I want the players to stay healthy as long as possible and not just deal with them after they've been injured," she said.

Pavlovic attributes her professional demeanour and passion for her job to her love of volleyball.

"It wouldn't be as fun if I did therapy for another sport," said Pavlovic. "The coaching staff is also great."

Right side hitter/middle blocker, Andre Brown, holds Pavlovic in high esteem.

"She does more for this team than provide us with therapy," said Brown, 21, a third-year business administration

student. "She shows all around care and support. She is an amazing therapist."

"Kerry is not only a great therapist but a motivating, caring person, and plays an important role in our team," said rookie left-side hitter Cam Fletcher, 19, a first-year sustainable energy and building student.

This will be Pavlovic's final year with the men's volleyball team, she said. But the friend, fan and extended

member of the volleyball family will continue to cheer them on.

Pavlovic's confidence in the Hawks knows no bounds as they head into the CCAA National Championships in British Columbia.

"I know this team can do great things and I like to feel that I had some part in helping them get to where they are," said Pavlovic. "I'm very proud of my boys."



PHOTO BY SASHA LINDSAY  
Athletic therapist Kerry Pavlovic applies tape to setter Mark Mullen.

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# VP admin - Lakeshore Candidates

## Karlie Fisher



Hey Lakeshore Students!

My name is Karlie Fisher and I would like to be your HSF VP Administration. I had the pleasure of being your 2010/2011 VP Admin and have returned to Humber this semester as an HSF Promotions Assistant and Student Ambassador.

During my previous time in office I was able to implement initiatives such as Extended Library Hours, revamp the entire HSF Volunteer Program (Charity & Green focuses) as well as help to design and implement the brand new Flex Health Plan. I also sat on 6 Humber committees which allowed me to gain extensive knowledge of College Policies and make connections with Humber Administration.

If re-elected, I will continue to ensure that current HSF services are conveniently available to every student, as well as implement some new initiatives:

- Lobbying for Lakeshore Athletic Facility expansion and renovation
- Advocacy for more affordable food options (ex. Snack size Booster Juice)
- Cell phone chargers available to be signed out with a student card
- More Bursaries available to help alleviate some of the financial stress of being a student

A vote for me is a vote for experience, passion and commitment.  
Vote Karlie as your 2012/2013 VP Administration Lakeshore!

## Ashley Martin

My fellow Humber students,

Thank you for taking the time to read my platform!

My name is Ashley Martin; I am currently a third year BAA Criminal Justice student and an Events Assistant with the HSF. During my time at Humber, I have found myself to be a passionate advocate for students, and as Vice President of Administration at Lakeshore, here are some of the services I will work to implement:

- Formation of a collective community – All HSF departments and the existing services offered at Humber College working together. Let's create a student services hub!
- Creation of the International Students' Committee – HSF Services developed by students for students. No one knows better than you!
- Monthly themes inspired by students to bring awareness to causes that matter most to you and the campus! The charity crew is ready to help!
- Introduction of Personal Advocacy Reps – Student support for students! Feel that you've been unfairly graded? Need to vent or file an appeal? We're here for support!

Remember that we are YOUR students' federation and we cannot function without you! I strongly encourage you to get involved with the HSF to ensure that you're taking full advantage of the services the Lakeshore campus has to offer. Students like you are the foundation of everything we do! Don't be shy!

College is an important time in your life and I'm here to help you make the most of it!

I hope to work with you soon!

-Ashley Martin, candidate for VP Admin, Lakeshore



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## STANDINGS

\*AS OF PRESS TIME YESTERDAY

## MEN'S BASKETBALL WOMEN'S BASKETBALL MEN'S VOLLEYBALL WOMEN'S VOLLEYBALL

1. Mohawk - Gold

2. Humber - Silver

3. Fanshawe - Bronze

1. Algonquin - Gold

2. Seneca - Silver

3. George Brown - Bronze

1. Humber 34 Pts.

2. Nipissing 34 Pts.

3. Mohawk 26 Pts.

4. Sheridan 20 Pts.

5. Redeemer 20 Pts.

1. Humber 36 Pts.

2. Fanshawe 30 Pts.

3. Nipissing 28 Pts.

4. Niagara 20 Pts.

5. Sheridan 16 Pts.



PHOTO BY CHRISTINE TEA  
After three years of OCAA gold the Mountaineers end the Hawks' hoop dreams.

## Three points rob men's basketball of OCAA gold

JAVED KHAN  
Sports Reporter

The underdog Mohawk Mountaineers upset the Humber Hawks 89-86 in the OCAA basketball provincial championship finals, capturing their first men's basketball gold medal in 40 years at Algonquin College on March 3. Mohawk's win denied the Hawks their fourth medal in as many years.

"Tonight they were the better team," said Humber head coach Shawn Collins. "We didn't capitalize on some opportunities we had."

Although Humber did not come out victorious, the tournament proved why they have been one of the top ranked teams all season long.

In the quarterfinal game against the Fanshawe Falcons, the Hawks defence held the Falcons to 35 per cent shooting and prevailed 67-59.

In the semi-final game, Humber was matched up against the Algoma Thunderbirds and OCAA Player of the Year, Jovain Wilson, who averaged 22.4 points per game.

Humber guard Daviau Rodney, fourth year fitness and health student, frustrated Wilson all night. Wilson ended the night one of nine from the field, leading to a mere five points.

"When it's playoff time, there's no joking around," said Rodney. "I knew I just had to get in his face and not allow

him to take any open looks."

In the finals, however, the Mountaineers edged the Hawks in a fast paced game that had all the makings of a classic championship match.

"We really pushed the ball at them today," said Mountaineers head coach Brian Jonker. "In the half court Humber really locks you down, so the key to us winning was getting out in transition and not allowing their defence to set up."

The main reason the Mountaineers' transition game was so effective was their point guard, and tournament MVP, Manny Campbell. He ended the game with 16 points and six assists.

"I knew we had a good core group of guys this year," said Campbell. "Everything ended up working out for us and everything came into place at the right time."

The loss was a tough pill to swallow for the Hawks because for many on the roster, it was their final game donning a Humber jersey.

Hawks' captain Mike Dvorak, fifth year sport management student, was one of the players who played his last game for Humber. He said while the outcome of his last game was disappointing, his time at Humber was memorable.

"I loved my time as a player at Humber and being a part of the Hawk family," said Dvorak. "I am also grateful that I had the opportunity to be a part of such a great tradition."

## Heartbreaker for women's basketball at OCAA quarterfinals

JESSE THOMAS  
Sports Reporter

The Humber women's varsity basketball team battled hard at the OCAA championships but came up short, losing 58-46 to the Algonquin Thunder in the quarterfinals.

Turnovers hurt Humber, as Algonquin came out strong and built an early 14-2 lead.

But the Hawks would claw back, cutting the lead to 25-20 going into the half.

The Hawks were out rebounded for the first time all year, allowing second chance opportunities for Algonquin, who outshot the Hawks 78 to 51.

Humber had difficulty matching up

against Algonquin's size down low.

"Their defensive game plan against our posts was huge," said head coach Ajay Sharma. "They took our big players out of the game and that affected our outside shooting."

The Hawks were the underdogs coming into the game and they gave Algonquin a run for their money, keeping the game close.

"It was a war till the very end," said Algonquin head coach John MacInnis. "We knew Humber was going to be really tough and the game would be won in the trenches."

"We played to the best of our ability and gave it all we could," said Hawks forward and OCAA Rookie of the year

Atissa Cronk, 19, a sports management student. "We got out-rebounded today and that really hurt."

The Hawks were kept scoreless for over four minutes in the final quarter.

"They capitalized on our mistakes and our foul shooting really hurt us," said Maria Suriani, 22, a fitness and health student. "We came back, fought hard and did all we could."

The Hawks finished off the 2011-2012 season by falling to Algoma University 54-38 in the bronze consolation quarterfinal game.

Algonquin College went on to defeat the Seneca Sting 62-57 in double-overtime, to claim their second consecutive OCAA title.

## Humber's coaching A-team

ELTON HOBSON  
Sports Reporter

In the 16 years since the formation of the Humber women's soccer team, many outstanding players have donned the Hawks blue and gold. But the biggest boon for the program has always been the masterminds behind the Hawks bench.

"We were the first coaches to start the (Humber) women's outdoor soccer program," said Mauro "Mo" Ongaro, who alongside Vince Pileggi has helmed the Hawks women's team since their inception in 1996. "And within two years, we had won a silver medal at provincials."

Under Ongaro and Pileggi, the Hawks women have cemented quite a legacy: six-time provincial champions, three-time medalists at the CCAA national championships, five gold medals in indoor soccer and undefeated in regular seasons for the past four years.

"I think what's worked so well for us over the last few years is that we have the same philosophy," said Pileggi. "That's in terms of the style we want to play, what we expect from the players, and most importantly the way we manage the players. When you're dealing with players who are in their first year versus their last year, starters versus non-starters, it takes a delicate touch."

"Mauro and Vince have been with the program since there was a program, so they have plenty of experience under their belt," said Connie

Tamburello, a fourth-year Kinesiology student at Guelph-Humber. She is a former Hawk, one of the most decorated soccer players in Humber women's history and is today an assistant coach for the team. "They've been excellent coaches through my playing career, and now as I coach I'm learning so much from them."

Watching Pileggi and Ongaro at work during a practice, or behind the bench at game time, is a case study in relaxed professionalism. In many ways, they are the ideal player's coaches: supportive, compassionate, and focused on victory without crossing into overbearing intensity.

"At the start of the year, we've got two goals," said Pileggi. "First, we are here to win the provincial championships. That's why we're here. But we also want to make sure that even as we try to win this year, we're working with players and developing the team and building the foundation to win the next year, and the year after that."

A key part of building that foundation has been the ability to find, develop, and keep talent such as striker Keyla Moreno, a fourth-year Hawk and 2011 CCAA player of the year.

"The key to our success is being able to keep these girls on the team for three, four, five years," said Ongaro. "Because they have that experience, that knowledge, you can centre the team around them."

"Winning at provincials is always great, but what keeps you coming back are the experiences," he said. "(Vince and I) both have families. We're both teachers. We both have a lot going on. But the reason we keep coming back as long as we have is because we enjoy what we do."

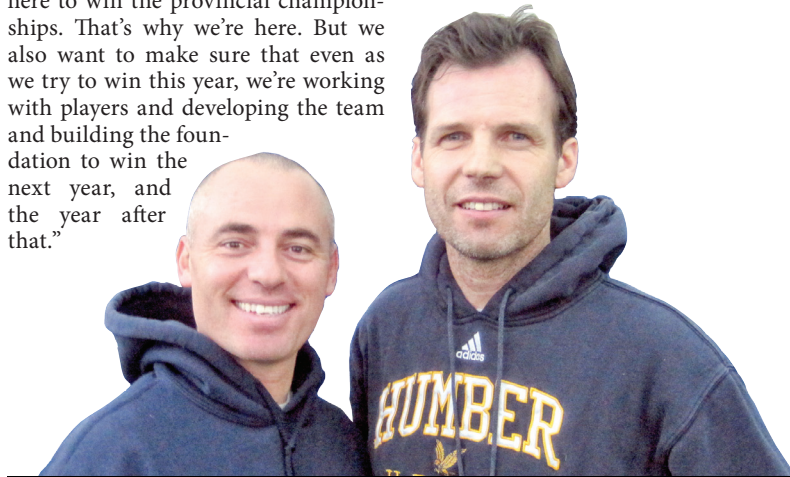


PHOTO BY ELTON HOBSON  
Coaches Pileggi (left) and Ongaro's winning attitude has led to soccer gold.