

HUMBER

Et Cetera

HUMBER'S STUDENT NEWSPAPER

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Culture and isolation cause mental health challenges for int'l students

Abigael Ruto
NEWS REPORTER

Moving to a foreign country without any support system can be challenging. For Karim Abdul, who moved to Toronto in 2014 to study, he found himself within a sad routine he was not used to in Tanzania.

The practical nursing student had no family and had difficulty blending in and making friends.

On top of classes and assignments, he worked on the weekends and couldn't find time for himself.

"When I started my program, I was very excited and looked forward to enjoying a new part of the world but it slowly changed," he said.

Abdul said he became more aloof, smiled and ate less and his heart felt heavy often.

He couldn't admit it but he was slipping into depression. Abdul's isolation was intensified because as an African, talking and acknowledging mental illness is a taboo and he tried to convince himself that he was not suffering.

Sixty-five per cent of post-secondary students reported to be overwhelmed and anxious and 46 per cent reported to be too depressed to function, according to a 2016 study of Ontario post-secondary student.

Statistics Canada reports there is an average of 10 deaths in Canada caused by suicide every day, with men and boys at higher risk.

Mental illness is non-discriminatory and affects one in every five Canadians yearly.

Many organizations have an organized system that supports people with mental illnesses but knowing whether they help individuals



ABIGAE RUTO

Liz Sokol, a counsellor at Humber College, speaks at a Bell Let's Talk event. Mental health affects one in every five Canadians every year.

remains a challenge.

Abdul was good at soccer and played it to decompress but with a tight schedule, he eventually abandoned the sport.

"I wish I left my weekends free but my poor financial status didn't allow me not to work," he said. "I had to pay bills and rent."

Abdul did not realize he was slipping away until one day he had a slight headache. He popped a pill but then felt the urge to swallow the whole prescription of tablets.

The desire stayed with him for several days and he cried all the time.

By this time, Abdul was in his second semester and grades were suffering. He had hit rock bottom, although he managed to smile every time his parents called.

"I decided I would not attend lectures anymore since I did not see the need for it," Abdul said.

He stayed in his room for the whole week until his boss called to find out if he was going in for his shift. He quickly found an excuse and stayed in.

He headed to his department to

inquire if he could drop from the semester when he saw a poster on an event happening in school about mental health.

"Every symptom they described I had," Abdul said while attending the event.

He decided it was time he talked to someone.

Excaene Francis a paralegal student at Humber College recognizes workshops as important for finding one that suits your needs.

For international students, it is important to attend them and create a network both professionally and socially, she said.

"It is good that someone in the Canadian industry talks to them and helps them blend in," she said.

Francis suggests newcomers should not isolate themselves to have a healthy stay and prevent mental breakdowns.

Abdul learned he was able to open up to a counselor after he became aware of his situation. His counselor helped him overcome his situation. Today, he is a proud practicing nurse in Rwanda.



JARED DODDS

IGNITE held a Special Meeting of the Members on Jan. 22, where changes were voted in, including tiered membership and new bylaws

Vote brings governance changes to IGNITE

Galvin Zaldivar
NEWS REPORTER

Humber College's student union, IGNITE, made radical changes to the way students are governed at a special meeting on Jan. 22.

Among the amendments adopted was the renaming of the IGNITE Constitution to IGNITE By-law No. 1, and the elimination of elections for the positions of president and vice-president. Instead, the executive positions will be rebranded as Student Engagement Coordinators and candidates will be hired by the Board of Directors.

IGNITE has said the purpose of the change is to focus attention on the organization's true decision-making body, the Board of Directors.

"These are our official decision-makers," Monica Khosla, IGNITE president, said at the special meeting.

"Amongst many students, they believe the decisions are actually made by the executives and that's actually not correct. These decisions ... [are] actually dependent on what the board of directors decides."

Another change was the creation of three classes of IGNITE membership, based on whether students chose to pay certain optional fees under the Ontario government's

Student Choice Initiative (SCI), which was struck down in Ontario Divisional Court in November.

Full-time enhanced members, consisting of students who have chosen to pay all optional fees, will be entitled to special benefits outlined in IGNITE's Membership Benefits Policy. These include, "special access and cost-saving privileges at events, services, activities and offerings."

Despite the court's overturning of the SCI, IGNITE has decided to continue as if the directive was still in effect, pending an ongoing appeal.

"It was deemed unlawful in Divisional Court. Great," Julia Ciampa, a member of the board representing Guelph-Humber said. "So, it's most likely going to be appealed and be brought up higher and for us to go back and forth and flip flop is probably not an ideal thing to do."

After 25 minutes of debate and discussion, questions into the amendments were brought to a sudden halt when Ryan Stafford, the vice-president representing the Lakeshore campus, made a motion to approve the amendments.

Stafford, attending the meeting at the Lake, said he believed the meeting was moving on, when he made the motion to approve.

The special meeting was adjourned after only 32 minutes.

Canada must ‘vanquish’ the Indian Act before reconciliation can begin: Blackstock

Emily Wilson
NEWS REPORTER

Cindy Blackstock spends nearly all of her time fighting for the human rights of First Nations peoples and children. She is a champion of those most vulnerable in Canada and deserving of a specific title.

“Superheroes are popular again,” she said. “There’s never really been a time we’ve needed them more.”

Blackstock is a member of the Gitksan First Nation in B.C. and is the Executive Director of the First Nations Child and Family Caring Society. An organization she co-founded to provide reconciliation-based education throughout Canada.

Blackstock spoke at Humber’s President’s Lecture Series on Jan. 20 on a guide to reconciliation, but more importantly the issues that are still haunting First Nation communities.

The activist described how Canadian people have been bystanders to racial discrimination of Indigenous people for more than 100 years, and that reconciliation so far has been replicating ineffective patterns which halt the change that is needed in the country.

“A key barrier to reconciliation is not that we don’t know the solutions to the problems. We do know them,” Blackstock said.

The hurdle is the lack of focus on

implementing the recommendations first published in 1907 by Peter Henderson Bryce, who is Blackstock’s own personal hero. Bryce was Ontario’s first Public Health Officer. He determined the number of Indigenous children dying in residential schools and released the findings for the public to see.

“We know better,” Blackstock said. “We have known the inequalities since then, so we took action.”

She said it’s been a circular system that continues to happen and is seen in present Indigenous communities.

Blackstock said the residential schools may be gone, but First Nations children suffer the same fate, by being removed from their homes and not providing adequate services.

These were the exact reasons why Blackstock decided to take Canada to court in 2007 with the Assembly of First Nations and The Caring Society, 100 years after Bryce’s report on health conditions in residential schools came out. It was a fight that lasted nearly a decade.

She said Canada is “racially discriminating against First Nations kids,” and to eliminate the injustice, she proposes to “vanquish” the Indian Act and its statuses due to the inequalities it offers.

“It is the epitome of colonialism,” Blackstock said, to determine who is or is not an “Indian.”

She said there are many ways to get involved to abolish racial discrimination. “We have to de-normalize it. We know it’s happening.”

The talk was hosted by the Spirit Bear, a highly educated stuffed bear used to educate kids, organizations and workplace in a program called Ambearisters on how to reconcile as a whole.

The bears come with a guide to promote the rights of First Nations’ children such as taking them to meet with local community members, and meetings with elders to have a naming ceremony. She said they give people a reason to do something.

Humber College is doing its due diligence. Currently, a cultural sensitivity training program is being implemented in classrooms.

Lynn Short, a Humber horticulture professor, said there is a lot more coming to the college.

She said the school is hiring a Dean of Indigenous Education and Engagement and following the recommendations of the Truth and Reconciliation Commission of Canada.

“With more information that’s out there, there is a better chance of reconciliation,” she said.

Eric Johnston, the cultural manager for the Native Canadian Centre of Toronto, said people have to work together to see a future that encompasses everyone.



FLICKR/THOMPSON RIVERS UNIVERSITY

Cindy Blackstock spoke at the President’s Lecture Series on Jan. 22, 2020.



EMILY WILSON

Humber’s Aboriginal Resource Centre works with Indigenous students throughout the school to connect with other programs within the city.

“It’s not about trying to meet people half way, it’s more of a thing trying to find common ground,” Johnston said.

He said to find the values and the

world view we agree on.

At the end of her lecture, Blackstock emphasized the importance of action, after listening to the solutions “documented time and time again.”

Humber staff aces the 100-day fitness challenge by 338 pounds

Melanie Valente-Leite
NEWS REPORTER

Humber staffers walked, ran and biked their way to losing more than 330 pounds in an annual 100-day global challenge to lose weight while getting fit.

“I just tried to stay active all the time by going to the gym at lunch. You know, it’s not an option, it’s an obligation,” said Stephanie Maggs, a Service Adoption Coordinator at Humber.

From eating less sugar to working out daily, faculty and support staff members spent more the 100 days swimming, walking and riding a bike and changing meal plans to incorporate more hearty meals.

Faculty assembled in the E135 Lecture Theatre Concourse on Jan. 27 to celebrate the completion

of the 100 Day Global Corporate Challenge.

Michelle Trumper, a Learning Specialist at Humber, began the event by announcing that 69 teams were registered in 2019 with more than 480 participants who took a collective 485,627,030 steps — about 246,000 kilometres in total — within 100 days.

On their final day, everyone was weighed and a total of 338 pounds was lost from their initial weigh in.

Emily Powell, the account manager for Virgin Pulse, the sponsor for the annual event, explained how they aim to improve employees’ well-being by creating healthy habits in the workplace so that they can feel well which may enhance their performance at work.

“It doesn’t even matter what goal we had set out for ourselves this

year, we all made small but significant changes,” Powell said.

Chris Whitaker, Humber president, proudly shared his discovery on how his staff members were doing throughout the challenge.

“Not only did this make an impact in terms of increasing the amount of exercise we’re doing, but apparently, we reported better levels of sleep, better diets amongst us and people are reporting that they’re feeling less stressed,” Whitaker said.

With hard work and dedication, Maggs received the award for the most points earned for an individual.

“I’ve been at it long enough that all my coworkers don’t offer to go out to lunch with me because I always say no,” she said. “No distractions.”

The annual fitness event is open to all the staff members at Humber.



MELANIE VALENTE-LEITE

Staff worked together to conquer the 100-day challenge. The 480 participants moved a collective 246,000 kilometres in 100-days.



JAEYBEE MARTINITO

Olivia Hickson and her classmates are tested on how fast they can put on their bunker gear in an emergency call. Firefighting students train in The Barn, located outside LX Building.

Firefighting way through stereotypes

Jaeybee Martinito

NEWS REPORTER

Olivia Hickson doesn't feel out of place as one of only two women in a roomful of Humber firefighting students.

"I don't feel singled out at all. Even in their language, they never say firemen," she said.

Hickson recalls some moments in her childhood watching her dad getting home from a 24-hour shift and smelling like smoke. Her dad shared some stories from the day, but left out the more disturbing details because she was too young to understand.

"There are more mature kind of things that you want to tell people later, but I've heard more about it lately," Hickson said.

And it's the things she's learning today from the eight-month training to become just like her dad.

Humber College holds a high reputation for future emergency service workers. The school was

the first one to run a Paramedics program, launched in 1972, which was then followed by a Pre-service Firefighter Education and Training in the 1990s.

A diploma Fire Services program was launched two years ago and its first class graduates this spring.

Many students like Hickson go through rigorous classes to equip them for real-life situations.

They learn the basics of firefighting and at the end of the year, they are off to train at a live fire burn at Mississauga Fire Service's training centre on Ninth Line.

"They really want to be honest with the students and they want to prepare and make sure there are no surprises," she said.

Hickson said many of her instructors try and create an environment that would prepare them for possibly terrifying or disturbing circumstances in their future careers.

James Bulger, a program coordinator and firefighter for 31 years, said the school does its best to nor-

malize the difficult job so that an everyday hero doesn't get scared going into a 911 call.

"When you have feelings of anxiety, isolation, and fear, all those are normal," he said.

Mental and physical wellness are equally important in these programs due to exposure to vulnerable situations. Bulger said the real strength comes from the recovery after an emergency call.

"Firefighters know how tiring it is and having to do that day after day," he said.

It's okay to have an adverse reaction to a high stress level call because there is always help available both professionally and in a school setting.

Ryan Kingston, a Mississauga Fire Captain and Humber instructor, said wearing multiple hats as a job is fulfilling and rewarding.

"I get to see them start from baby steps to succeed, and graduate ready to apply to a department," he said.

After 21 years of experience in and out of the classroom, Kingston

said the field has become more accepting and aware of mental health.

Coming full circle as a Humber graduate, Kingston is able to relate to the students because he was once in their boots.

"It doesn't matter who you are," Hickson said. "They do everything they can to help each other.

"My dad said there's lots of women in the fire service that do just as well as the men," she said.



JAEYBEE MARTINITO

Olivia Hickson, a soon-to-be third generation firefighter, outside her classroom at Humber College. She is one of two women in the program.

Prevention key for students worried about coronavirus

Similarities between coronavirus outbreak and other events, including SARS and Norovirus, have students concerned

Nate Marksman

SPORTS REPORTER

Josh Bergant

NEWS REPORTER

A major new health concern known as the coronavirus has officially arrived in the Greater Toronto Area.

While not quite at the scope of previous outbreaks such as SARS, coronavirus poses a challenge to health officials in tracking and containing its spread.

A statement released by Humber on Jan. 24 stated the college is “monitoring the situation and potential impact on the institution” and will issue updates as needed.

The college established an oversight group comprising representatives from the Academic Division, Communications, Human Resources, Legal and Risk Management, Public Safety, Student Success and Engagement, and the University of Guelph-Humber.

The statement said Humber has been in contact with Toronto Public Health on the situation but the agency recommended no significant action at this time aside from “to follow regular respiratory illness protocols and prevention.”

Prevention includes washing hands as frequently as possible, coughing or sneezing into sleeves rather than hands, and staying home if feeling ill.

Soap and hand sanitizer dispensers across campus will be monitored and filled regularly, Humber said.

Ron Stewart, a professor of biology at Humber, stressed the need for proper handwashing and sanitizing even while at school.

“We’ve been discussing the coronavirus itself in class lately,” he said. “A lot of what we know comes from the outbreak of SARS back in 2003.”

There were 438 probable and suspected infections of severe acute



JOSH BERGANT

Professor Ronald Stewart said that people who die during outbreaks, such as the 2003 SARS outbreak, are often front line healthcare workers.

respiratory syndrome (SARS) that killed 44 people in Canada. Similar to the outbreak of the coronavirus, SARS was first noted in China, in the southern province of Guangdong.

The SARS outbreak initiated the development of protocols for public health systems to deal with similar outbreaks.

Stewart also knows the dangers and threats of viruses and what they can do to the human body.

“It’s tragic because there’s a loss

“Proper handwashing and hand sanitizing throughout the day, even at school, is critical and goes a long way in combating the virus,”

said. “Each of my classes is on one topic. If I miss that class, I miss an entire week’s worth of critical information.”

Pauline Moy, a Registered Practical Nurse at North York General Hospital, remembered clearly the H1N1 flu pandemic in 2009 when she was a student, where people panicked over its spread.

“I was still a student during the outbreak for H1N1 but unfortunately I don’t remember too much

Ronald Stewart

Professor of Biology, Humber College

of lives,” he said. “Many of those lives were front line health care workers, many of those lives were nurses cause there fighting SARS.”

However, Stewart also believes that unlike SARS which crept up on us, Canada has a more efficient way of preventing people from being attacked by the coronavirus.

A norovirus struck Humber in 2017 where about 200 people reported becoming sick. Norovirus outbreaks generally occur in daycares and retirement homes.

Gerrard Liam Malcolmson, a nursing student at Humber with a work placement at Brampton Civic Hospital, said the coronavirus could potentially affect students’ schedules.

“If I miss a class that’s huge,” he

during that time aside people panicking over the spread of it,” she said.

Moy remembered that “hand sanitizers and masks sold out in stores.” She said many people reuse face masks when they shouldn’t.

“Many people wear surgical masks or N95 masks without proper handling of the two. An example can be people reusing surgical masks when they should be one-use only, or wearing them the wrong side,” Moy said, adding the blue or coloured side should face out unless stated otherwise by the manufacturer.

“N95 masks are special masks that must be fitted to you as it captures finer particles than the surgical mask,” she said.

Gaming shaping minds for the better

Nicholas Rahmon

BIZ/TECH REPORTER

While playing video games, the mind directs its focus beyond normal activities, and in its place, a passion to compete online comes into play.

E-gaming is a form of competition where players go head-to-head online.

With rewards in place, it’s risen in popularity from local cafes hosting tournaments and has entered the conversation on whether it should be considered a physical sport or an activity.

Humber game programming student Eric Mazza described entering this new reality as “a form of interactive media that allows us to experience things as we’ve never been able to before.”

Mazza said video games can change the perception of the world where “a video game can take you to any time, any place, even places completely fabricated.

“You’re able to interact with your environment, allowing you to be more immersed in the material,” he said. “Almost every game has a lesson to it at its core and looking for that can help change your world view if it’s presented strongly enough.”

Although video games provide a lesson in history — or a lesson of what will be — it continues to be criticized for guiding the youth in the wrong direction and not scientifically aiding cognitive development.

Senior Research Scientist and co-founder at Applied Brain Research Travis DeWolf disagrees.

“I read this article a couple of years ago saying that first-person shooter games helped people’s reaction time and ability to quickly switch between subtasks and that they can be a tool to aid cognitive decline in older adults,” said DeWolf, who studies the brain’s control system.

Humber’s program coordinator of game programming Umer Noor said he sees playing video games as a way to de-stress.

“Like all things, it has its pros and cons,” he said. “Personally speaking, I didn’t like playing video games to come down from the day and think about other things, the same kind of way as reading a book or watching a movie.”

“Playing games that challenge your mind such as Tetris can be logical where it’s good to have spatial awareness,” Noor said.

He said video games provide a chance for a player to enter “someone else’s shoes.”

Through e-gaming, Noor sees Humber students who are excited to join leagues of their own and are proud of attending tournaments.

“I see it as people playing the same game trying to be the best they can be, either as a team or one on one situation, but there are so many different games where it could be the shooter game, a strategy game,” Noor said. “There’s so much diversity.”



NICHOLAS RAHMON

Second year Media Foundations student Noah Wallace plays FIFA 20.



BEATRIZ BALDERRAMA BALEIRO

Women in traditional Taiwanese Indigenous costumes play a Chinese bean-bag game during Lunar New Year celebrations at the IGNITE Student Centre at North campus.

Lunar New Year week celebrated with food, dance

Beatriz Balderrama Baleiro

NEWS REPORTER

The Year of the Rat was ushered in at Humber North campus with free Chinese food, dance, music, traditional Chinese games and prizes.

“We are all family, so when we have the New Year going on, we always try to get together and show people our rich culture and share

our happiness with everybody else,” Na Liang, vice-president of the Chinese Association of Mississauga said.

The event was organized by the Humber Chinese Student Association, an IGNITE club founded in 2012 for Chinese students to make friends, have fun and get academic help from one another. All of the students are welcome to join the club, even if not of Chinese back-

ground.

“We created the events to celebrate the Lunar New Year not only for the Chinese students but for all of the Humber community,” said Jason Tian, president of the Humber Chinese students Association. “We provided free Chinese food, games and dance performances. Our partner, the traditional Chinese medicine program joined us to help organize the event.”

Attendees were encouraged to bring their own water bottle and a lunch box for food to encourage environmental sustainability.

The Chinese New Year carries more than 4,000 years of traditions. In 2020 the Chinese New Year starts on Jan. 25 and ends Feb. 8.

In Chinese astrology, each year is named after an animal, and a person born in that year takes some of that animal’s characteristics, and 2020 is the Year of the Rat.

During the event students had the opportunity to understand more about the culture by visiting the Chinese medicine stand, learning about its benefits and watching dance performances with Taiwanese dancers wearing traditional costumes.

“Humber is a global community and we are fortunate to have people from all over the world,” said Andrew Ness, Dean of International.



BEATRIZ BALDERRAMA BALEIRO

Women perform a 5,000 year-old traditional Chinese dance.

“We live in a city where over half the people here were born outside of Canada, so a celebration, like this is a really good representative of the kind of open culture that we have in the city and in the country.”

“We have students from 130

countries, and even within a country as large as India or China, there are significant regional differences,” he said.

Ness said the college encourages international students or groups to celebrate a significant event.



BEATRIZ BALDERRAMA BALEIRO

Students had the chance to get their names written in Mandarin.

High-tech broadcasting changes coming to TV

Raymond Brooks
SENIOR REPORTER

Boomers complained in 2009 that their TV antenna with the rabbit ears had stopped working and it's happening again — but in a high-tech way.

The Advanced Television Systems Committee (ATSC) standards in the United States are being updated to 3.0 and commercially launching this year — and Canada will be watching closely.

Humber College hosted an event on Monday for industry leaders to look into the recent trends and how best to implement the technology. The event, at the college's new Barrett Centre for Technology Innovation was arranged by Orest Sushko, the program coordinator for the Film and Multiplatform Storytelling program.

"ATSC is one of the four recognized telecommunications standards in the world," Jerald Fritz, one of the speakers and overseer of long-term strategic planning for ONE Media, told Humber News.

The ATSC standards are for digital television transmission over terrestrial, cable, and satellite networks. It is largely a replacement for the analog standard. This is primarily used in North America, with other countries like Japan, a different transition technology.

"The increasing trend of communications technology will only matter to businesses and consumers when they see it firsthand," said John Pfanckuch, a regional sales manager from Wisconsin's Heartland Video Systems.

"It's hard to market if consumers don't know of the work seen in experimental locations," he said, adding that "selling this technology directly to interested parties instead of large organizations is the better approach."

An ATSC 3.0 Dongle to connect to supported TVs to use the new technology. (Raymond Brooks)

The ATSC standards were developed in 1993 by the Grand Alliance, a group of electronics and telecommunications companies that assembled to develop a specification for what is currently known as HDTV.

This includes two primary high definition video formats, 1080i and 720p, existing alongside standard-definition formats. Initially, only HDTV services were launched in the digital format.

ATSC can carry multiple channels of information on a single stream, and it is common for there to be a single high-definition signal and several standard-definition signals carried on a single channel.

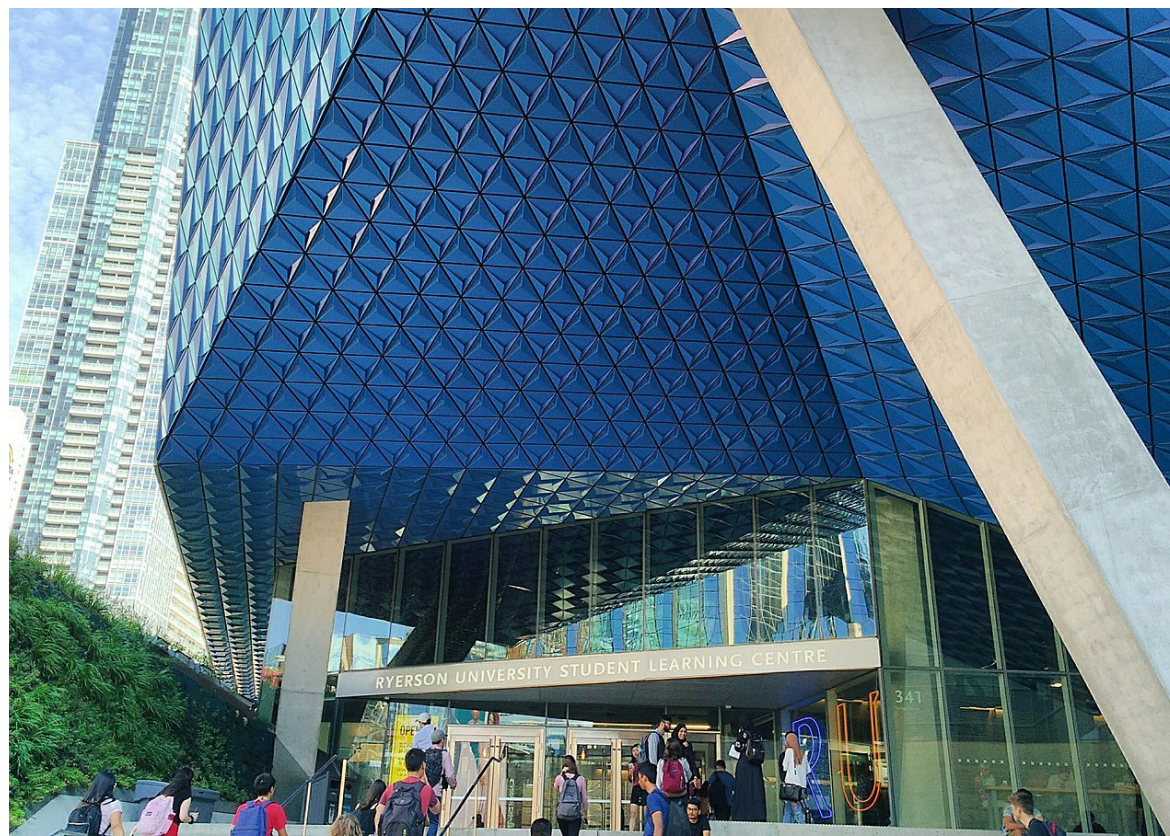
"I think ATSC 3.0 can be summed up as a technology that will drive our digital entertainment devices, whatever that may be," said Doug Sutherland, Vice President of Engineering at Soundpays, a Toronto-based start-up.

"At the end of the day, it's new plumbing over old plumbing and with the upgrade comes a whole lot of cool things," said Sutherland, a software developer working on technology to integrate with ATSC 3.0 on mobile phones.

One specific draw is for advertisers. With the new technology up to four pieces of content can go to your device and be tailored to advertise directly to users.

"If you're Bell or Rogers, they can decide which one of those four pieces of content you see," Sutherland said. "They know that your house is in this community and that community typically buys a product."

The integration of broadcast television and broadband internet will make content more accessible and make users more accessible to the tailor-marketed content.



FLICKR/ENOCHLEUNG

Ryerson University cut ties with the student union for improper use of funds. The RSU filed a lawsuit Tuesday.

RSU files \$2.7M lawsuit against Ryerson

Jared Dodds
NEWS REPORTER

Just as the dust begins to settle on the initial Student Choice Initiative trial, another student union is heading to court.

But instead of going toe-to-toe with the government, this time it will be federation versus institution, as the Ryerson Student Union is taking Ryerson University to court.

The student union is seeking \$2.7 million for breach of contract, \$100,000 in punitive damages, an accounting of all withheld student and insurance fees, reinstating the 1986 agreement with the university and an admission of the breach of the agreement in a suit filed in the Ontario Superior Court of Justice on Jan. 28.

The statement of claim — which argues the separation was not performed as outlined within the agreement — has yet to be tested in court. Ryerson University has yet to respond to the lawsuit.

Vice Provost of Students Jen McMillen, former Dean of Students at Humber College, announced last Friday that Ryerson University was no longer recognizing the RSU as the governing body for its students.

This decision stems from reporting by The Eyeopener last year that RSU's board of directors spent \$250,000 on credit cards, with charges includ-

ing Casino Rama, LCBO bills and a sporting goods store.

When the news broke in January 2019 the university met with RSU officials to tell them student fees would be withheld until a variety of conditions were met.

Those conditions included a forensic audit of RSU, sharing the results with the university, and the negotiation of a new operating agreement with the university. A police investigation is ongoing.

"Despite the university's best efforts to be a collaborative partner, the RSU has failed to meet the conditions set out in January 2019," Ryerson's Friday release said. "To this date, the RSU has not shared the results of the forensic audit with the university, nor has a new operating agreement been finalized."

RSU, however, is not going down without a fight.

The student union held an information session on Tuesday to provide context and explain to students why they resorted to legal action.

"We have received words of support from many students who are concerned about access to the services they have paid for through student fees," Reanna Maharaj, the executive director for RSU, said in an email to Et Cetera. "Those services will be in jeopardy if the funds are not released in the near-term."

"While we await next steps in

the process of our claim before the court, we remain open and eager to go back to the negotiation table with the University," she said.

There have been a variety of statements from RSU in the aftermath of the separation, all leading up to Monday's release saying the organization has no intention of ceasing their support for Ryerson students.

"The RSU was elected by students for students," the RSU statement said. "We remain accountable to our membership and will not stop being a voice for student initiative and change."

"We need the University to hold up its part of the agreement so that we can hold up ours. We ask that you recognize the RSU as the student union that was duly elected by the student body," the RSU release said.

McMillen wouldn't have made this decision lightly and would have only made it in the best interest of the students, said Ercole Perrone, the executive director of IGNITE and a former colleague of McMillen.

"I tend to operate from a point of view that people are inherently good, and inherently want to do things that ultimately serve the best interests of not only a finite community but a broader community," Perrone said. "For what it's worth, I don't think she [McMillen] enjoyed making that decision based on my experience with her."



RAYMOND BROOKS

John Lawson discusses recent trends in TV broadcasting at Barrett CTI.

EDITORIAL

IGNITE-ing controversy at the Special Meeting of the Members

The Special Meeting of the Members last week was meant to bring understanding to the student body about the potential changes coming to IGNITE. It was also an opportunity to give members a chance to ask questions of their elected officials and learn how and why these changes benefit them.

But instead of clarity, those gathered were treated to a procedural nightmare that left observers stunned — with many of their questions unanswered — as the foundation of IGNITE changed before their eyes.

The final moments of the meeting were filled with confusion as Ryan Stafford, IGNITE's vice-president at Lakeshore, called for a motion to approve the bylaw changes while there were still questions on the floor.

With a second from Nav Sidhu, a member of the Board of Directors, the questions were cut off and the vote began. And while the crowd was trying to get its bearings, a strike of a gavel ended the meeting and the transformation was complete.

Now IGNITE's Board of Directors will hire the president and vice-presidents rather than electing them, with their titles being changed to Student Engagement Co-ordinators to better represent the non-profit status of IGNITE.

The elected members of the Board of Directors will become the face of IGNITE, to better reflect where the power has been all along.

But potentially the most questioned change was the creation of three different classes of IGNITE members, which are the students that fill the coffers with fees.

The classes include Full-Time members, full-time students who pay the mandatory fees, Full-Time Enhanced Members, who are full-time students who pay both the mandatory and optional fees, and Part-Time Members, part-time students who pay prorated fees.

Ostensibly this is the same set up that was instituted with the introduction of the Student Choice Initiative at the beginning of the fall semester, with the optional fees being the same.

The Ontario Divisional Court quashed the SCI in November after a legal challenge by the Canadian Federation of Students and the York Federation of Students.

When this was brought up at the meeting to Neto Naniwambote, the chairman of IGNITE's Board of Directors, who said a stay had been placed on the original decision while the courts go through the appeal process.

"I don't know if you understand



JONATHAN FRASCO

Erika Caldwell, Julia Ciampa, Monica Khosla, Neto Naniwambote and Eden Tavares at an IGNITE meeting.

the law, but when the law is appealed and you're waiting on the courts, it's on a stay," Naniwambote said. "We are just following the process before the motion was struck."

At the time of the SMOM, the court didn't stay the case, nor are stays automatically in place during the appeal process. The province's SCI program set aside, with "an order in the nature of certiorari shall (be issued) quashing the impugned directives" by Justices Harriet E. Sachs, David L. Corbett, and Lise G. Favreau.

Questions about these changes and the status of the fees were

coming from students at North and Lakeshore campus alike, despite efforts from the Board of Directors to rush the proceedings along.

Julia Ciampa, a Board member, and Naniwambote twice suggested proceeding although there were still questions in the room, as well as potential questions from students at the Lakeshore and Orangeville campuses.

In a meeting with Ercole Perrone, the executive director of IGNITE, he said the meeting would have no time or question limits. He reinforced this at the meeting after Naniwambote's attempt to end early.

"As long as it's relevant and not a regurgitation of the same question, no [time limit]," Perrone said.

This was less than three minutes before Stafford called for a motion to approve, with hands still raised on the floor. The vote was swift and lopsided, and without an official headcount announced on stage, the changes were final.

The meeting lasted about 32 minutes, from opening gavel to closing gavel. And now Humber students are left with unanswered questions, unsure if IGNITE's chosen path is the correct one.

OPINION

Choosing to live in a basement apartment is 'not a mood'



KAJAL MANGESH PAWAR
NEWS EDITOR

why many students pick up basement apartments in an effort to save money - much like I did.

While basement apartments go easy on the pockets, with them come their own sets of problems.

Apart from the general disadvantages of living in colder temperatures, higher chances of mold and increased risk of fire - the lack of exposure to sunlight can cause serious mental health effects.

The Ontario government has minimum guidelines for having a basement apartment which include municipal zoning requirements, building permits and inspections. Window size, size of room and ceiling height are also regulated, Ontario.ca said.

Basement apartments usually have tiny windows closer to the ceiling or no windows at all, which

never allow anyone to look into the neighbourhood - much like a prison cell.

As I missed sitting by a window soaking in sunlight and sipping on tea, or reading a book - I realized the lack of control I had over my own surroundings in a basement.

"Such places have a way of isolating you. And you never know what is going on outside. I'm always surprised by the weather when I step out," said Reza Fatima, my roommate.

During weekends when I don't have classes or work to attend to, it's hard to keep track of time and that affects my sleep schedule heavily. This affects my productivity and it often puts me in a slump.

A study by Queensland Centre for Schizophrenia Research suggested the human brain contains

Vitamin D receptors, indicating that mood and depressive disorders can be caused by Vitamin D deficiency acting on brain cells.

Basement apartments depend on artificial light. Increased exposure to artificial light decreases levels of Melatonin, according to Resources to Recover's website. Melatonin is a hormone that is responsible for our sleep-wake cycle.

Living in basements is like living in an all-time winter. It's always cold and you feel sleepy all the time.

The mental effects of living in a basement are much like the Seasonal Affective Disorder, where changes in seasons - especially the winter causes depression.

SAD is treated using light therapy and it is recommended to spend at least 30 minutes of the day in natural sunlight to treat depression.

Sunlight boosts the production of serotonin - the "happy hormone."

About 15% of secondary rental suites in Canada are illegal, according to the survey by Square One Insurance services conducted on 5500 house owners in British Columbia, Alberta and Ontario.

The survey revealed that 11 per cent of all house owners rent out a portion of their home to non-family members. Alberta had the highest percentage at 14 per cent, followed by British Columbia at 13 per cent and Ontario at 9 per cent.

Considering the prevalence of illegal basement suites and casual arrangements of landlords and tenants, there are severe gaps in data and information on such apartments.

Such lack of data makes it easier to exploit the tenants, which in most cases are students.

The horrible housing situation in Toronto is not news to anyone.

Toronto has the highest housing rents in Canada, the January 2020 Canadian Rental Report said.

There is an immense lack of affordable housing options, which is

OPINION

'Sorry you drove today?' There's just not enough parking spaces



NEIL GONPUTH
OPINION EDITOR

I recall my first week at Humber. I had buffered an extra 15 minutes in my travel to get to class with time to spare. It made no difference. I showed up to the lot and was told the lot was full, and then redirected to the lengthy queue headed to the parking garage.

The traffic jam in the parking garage was akin to the traffic exiting an arena just after a major sports event. It took several minutes to drive the short distance to the garage. Then, driving endless circles up to the eighth floor used up more time. In the end, instead of arriving 15 minutes early to class, I was 15 minutes late.

During this time, there were many other irate drivers. One driver kept flashing her parking pass to attendants, asking why was she sold a pass if there are no spots available.

But why are there no parking spots, still, after 40 years?

Humber oversells parking spots, much like how airlines oversell their seats. The idea is not everyone who has a spot will come at the same time. So, in theory, overselling

should not be an issue.

The reality is there is a limit to how much the college can oversell and it seems it oversells too many spots. During the day, typically between 10 a.m. and 2 p.m., finding a spot may be close to impossible, especially during the first two weeks of class.

Is it legal to sell parking spots you do not have? The airlines do it with seats. But the airlines offer alternatives, like discounts or credits, if they are overbooked to entice people to give up their seats.

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COVEN

Use Your Eyes
Win A Prize
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Humber College of Applied Arts & Technology

SORRY YOU DROVE TODAY?

*More cars than spaces
create chaos for motorists*

by Daniel Black

The seams of Humber's parking lots burst this morning, as cars
HUMBER LIBRARY ARCHIVES

The front page of the Sept. 4, 1979, edition of Coven, the student newspaper for Humber College at that time, asked students if they regretted driving to campus. And 40 years later, the headline still applies.

Finding a parking spot at Humber College is like trying to find a parking spot at a popular mall during Christmas time. The only time a parking space is guaranteed is late in the evening and on the weekends.

TALES FROM HUMBER

Nataliya Horalevych: Humber College library technician

ABHINAV MENDHE
A&E EDITOR

I was born in the former Soviet Union (in Ukraine). At the time, we were under the Russian propaganda and with it came political censorship.

Ukraine has always been in political chaos. I came to Canada when the Orange Revolution happened in my home country in the year 2004.

It turned many people's lives upside down including my own. I was worried about leaving everyone behind, but I needed to do what was best for my family.

It was very difficult to leave home and move my entire life to a new country, but in many ways Canada has given me many more opportunities than Ukraine, and I am very grateful to be here.

One thing I am very sad about is losing my family. I miss them a lot, especially my mom who has always been a source of positivity and my support system.

I became a librarian because I



ABHINAV MENDHE

Nataliya Horalevych, who has a Library Technician Program from Seneca College, sits at her desk.

love reading and I love to help people, which is a great combination for a librarian. This will be my fifth year working for Humber College North campus library as a library technician.

When I was a kid, my grandma

read Ukrainian folktales to me. She was the most passionate in our family about reading and I think she instilled that in me.

I like non-fiction books in different subjects, my favourite being

Humber's approach is to offer alternative parking, such as the parking garage or the parking at Queen's Plate Drive, which is not even on campus. It seems to offer them a legal reprieve, though it is far from a realistic solution.

What is the solution? Humber College needs to open up more parking spots. If they lack land, they need to build multi-level parking on their current lots.

Some may argue that parking lots are costly to build. However, parking

spots generate money. The Canadian Parking Association states "by 2019, global revenues from parking management (equipment, systems and services) should almost double compared to 2014, increasing from US\$5 billion to just over \$9 billion." The money required to build the lots could be recouped from the income they generate.

Finding parking was an issue over 40 years ago and is still an issue today. It seems it be an issue 40 years from now.

am passionate about art and music. When I was younger, I used to play the Ukrainian instrument bandura.

I also attend exhibitions at the Art Gallery of Ontario and the Royal Ontario Museum. One of my all-time favorites was the Pablo Picasso exhibit I attended a few years ago. He is one of my favorite painters and it was an incredible experience seeing some of his most famous works in person.

There are many instances in my life that changed me, the one that changed me for better was when I moved to Greece for two years. It was the first time I had left Ukraine to travel and see the world outside and I would advise students of Humber to travel.

Travelling to Greece completely changed my outlook and understanding. It made me more confident and (surprised) of myself and opened my eyes to my own potential and ability. If it wasn't for those two years, I don't know whether I would have been as open to coming to Canada.

a biography of Maya Angelou and more recently, Becoming by Michelle Obama.

In my spare time, my daughter and I go to attend the ballet and the Toronto Symphony Orchestra. I

QUOTED

WHAT PRECAUTIONS ARE YOU TAKING FOR THE CORONAVIRUS?

“I use hand sanitizers, as I use public transit to commute and there’s a lot of touching so I always carry a hand sanitizer in my pants, to protect myself from the coronavirus.”



Bhaskar Basan
BUSINESS MANAGEMENT, 1ST YEAR

“I wash my hands and keep Klean Wipes on me in my bag. In terms of contact, whenever I cough, I usually cough into my sleeve. Otherwise, I believe I watch out for any handles I touch.”



Jamal Yusuf,
COMPUTER PROGRAMMING, 1ST YEAR

“When I have cough myself, I make sure I cover my mouth with my arm or handkerchief to protect others from being affected. For the coronavirus, I have decided to buy a mask for myself.”



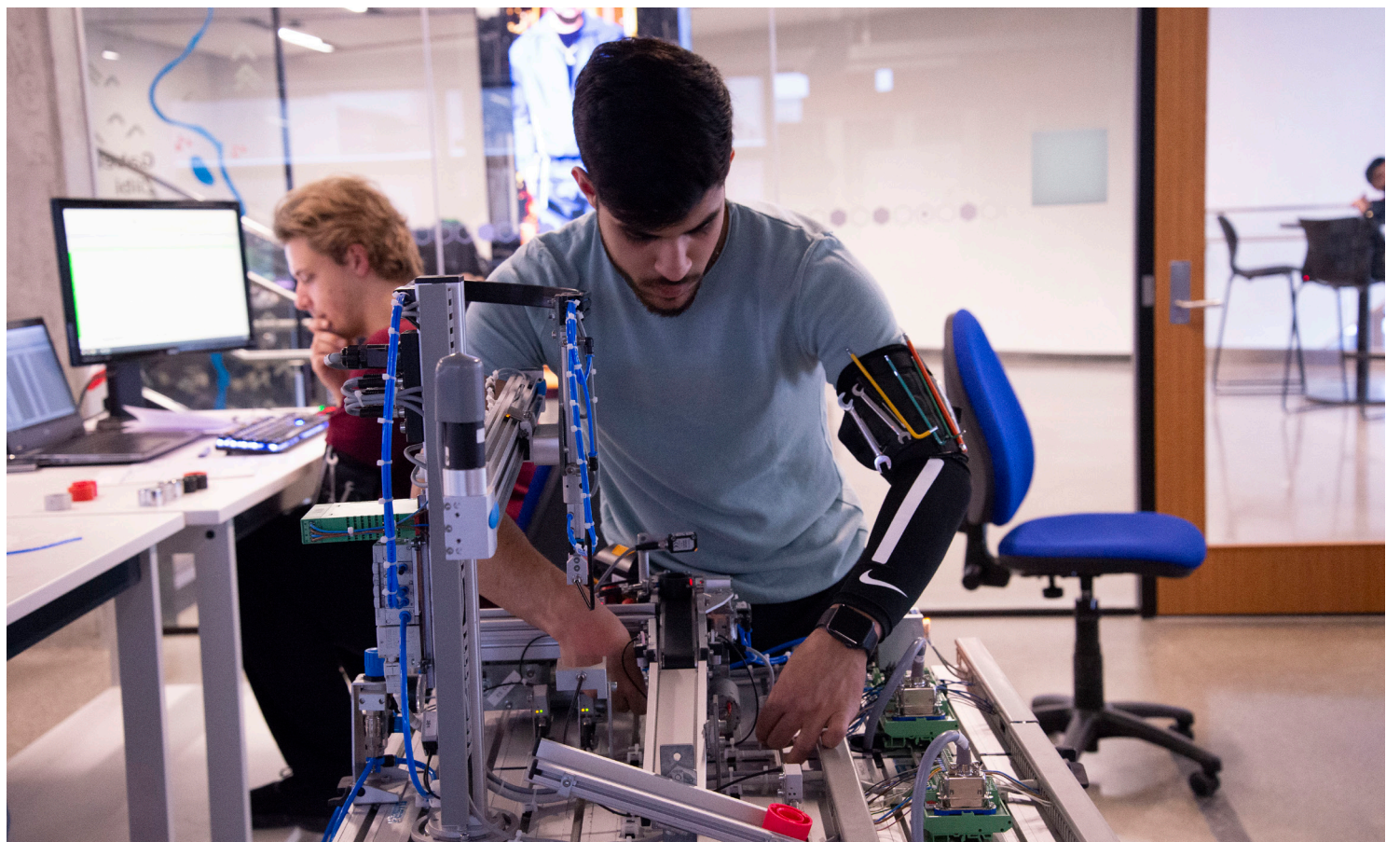
Maryam Razwan
NURSING, 1ST YEAR

PHOTO OF THE WEEK

PREPPING FOR SKILLS ONTARIO

Second year students of Humber College North Campus Electromechanical Engineering Technology Alex Mosor and Sohail Mohammed practicing working on automated production line for the Humber Mechatronics skill competition

GUNDEEP SINGH



SEND YOUR BEST PHOTOS TO ETC.HUMBER@GMAIL.COM OR TWEET US AT @HUMBERETC FOR A CHANCE TO BE PUBLISHED IN NEXT WEEK’S ISSUE!

96⁺9 FM | **radio.humber.ca**

How to not let the winter affect your style

Akanksha Lamba

SENIOR REPORTER

Geneva Webster, a fashion arts and business student at Humber North campus said she doesn't let winter affect her style. Winter is a beautiful season but when the temperature hits -20 C, it restricts outfit plans for students.

"The best part about dressing in the winter is layering," Webster said. "So, you can wear a top and then a jacket, you can even wear a sweater over a shirt, then a jacket and a scarf."

Putting an outfit together in the winter is a lot easier than the summer, she said. In the summer, choices are limited, such as a skirt and a top, or a dress. But winter brings an advantage of mixing and matching clothing and choosing an outfit layer-by-layer, Webster said.

Humber Fashion Arts and Business coordinator Jennifer Dawson suggests wearing layers results in the outfit to look polished and put together.

She said blazers and shoulder pads are the most fashionable this season.

"I have noticed a lot of my students are wearing oversized long blazers with leggings, you can wear those with boots and scarves and also, toots and hats as well," Dawson said.

This look is also known as the French après-ski look. It is cozy, warm and fashionable, she said.

The easiest way to layer is wearing baggy sweaters, tights and a statement scarf with a beanie to go with it as well.

"You could buy small pieces like belts or accessories," Dawson said. "So you can have a very casual outfit but then make it more luxury luxurious with putting simple statement pieces and one thing that you'll see this season is the Gucci belts."

Jimilia Isidore, 23, a fashion arts student at Humber North campus, explained how layering can be worn in this season.

"Wearing ponchos turtleneck vest over your neck and pairing it up with a jacket. You can also wear

high waist pants with a seam and pair it up with earrings and necklaces," Isidore said.

"If the temperature is in the minus, I always wear long pants and I wear insulated leggings underneath," she said. Isidore recommends brands like Fashion Nova and Shein for students who want the best and affordable winter looks.

Webster suggests wearing colours like maroon, brown, black and grays as it brings out the richer side of winter.

"I find something that's really fun this winter is that you can dress up a little more, so I find that boots kind of help with that as well as they kind of elevate your style," she said.

A puffy jacket is functional for school days. It can be put together with high boots and bold earrings, she said.

Dawson encourages students to be sustainable in the winter.

"Some brands of working that I personally like would be anything that you can find thrift or second-hand," she said.



AKANKSHA LAMBA

Jimilia Isidore poses while she talks about comfortable clothing.

Humber Music hosts first-ever jazz showcase at the Lakeshore campus

John Grant

NEWS REPORTER

Humber College's Lakeshore campus jazz showcase performed by music students who captivated audiences with rhythmic, harmonic, and piercing sounds.

The campus has hosted many music showcases, but this was the first time a showcase was dedicated solely to jazz.

Mike Downes, the Program Coordinator of the Bachelor of Music, has been around for many showcases that Humber has hosted and played a role among faculty in birthing the event.

"Well, I can't say it was my idea alone, but the faculty just kind of decided we have a world music night, we have a Latin music night, we have an R&B night, we have a vocal night," Downes said. "We just kind of (asked), why don't we feature an actual jazz showcase night?"

The historic night began with the band called Enriched Jazz Workshop, comprised of first-year students led by Alex Dean.

They played four songs called "Lennie Groove" by Mark Turner, "For Paul" by Alex Dean, "On a Misty Night" by Tadd Dameron, and

"Martha's Prize" by Cedar Walton.

These rookies looked like season veterans on stage because they were composed and assured playing their instruments opening up the night.

They reeled in the audiences with their empathic notes that would later transition into soothing melodies.

First-year student James Griffith, alto saxophone player for the Enriched Jazz Workshop, said he was humbled by being chosen to play in this showcase and gushed over the talent that was at Humber College, which thrives his passion.

"I think of music as sharing something that is truly special to people of all backgrounds, and it's something I want to convey to audiences," Griffith said.

The night later heard the second band called Advanced Jazz Ensemble, which was led by Kirk MacDonald.

They played three sections from "Family Suite" by Kirk MacDonald, which were four "Shades of Light," "I See Your Face Before Me," "Thank You For The Life You Have Given Me," and a song by Cole Porter called "I Concentrate On Iou."

The Advanced Jazz Ensemble was led on stage by trumpet player



JOHN GRANT

Tymish Koznarsky playing his alto saxophone next to Lucas Dubovik playing his tenor sax at a jazz showcase at Lakeshore campus.

Paul Callander and alto saxophone player Daniel Barta who were at the forefront of the performance. They controlled the stage with a blaring horn section.

The night ended with Humber College's super team of nine musicians called the Humber X Ensemble led by Mike Downes.

The Humber X Ensemble played six songs, "Ugetsu" by Cedar Walton, "I Remember Summer" by Marquis Hill, "Stablemates" by Benny Golson, and "Ripple Effect," "The Way In," and "X Marks the Spot," all by Downes.

Moreover, this group had the only singer of the night, Eliana Parker.

She adlibbed over the instruments with her angelic voice, matching the band's every sound and groove.

"Mike Downes' pieces are incredibly intense, and they're mostly written for instruments, so it's interesting trying to turn them into vocal pieces, which is a challenge in itself," Parker said.

First-year student and alto sax player Tymish Koznarsky praised Downes for helping him live up to his potential and helping him arrange a song called "Ugetsu."

"Definitely a nice learning experience and a big thank you to Mike who actually workshoped a bit of the parts with me and helped me fix parts of it that were lacking at the beginning and really got it to sound the way it did by the end," Koznarsky said.

The first-ever jazz showcase was long overdue, and the Humber musicians on stage produced a memorable night.

"To play at the level that these students are playing at, this does not happen overnight," Downes said. "This happens over many, many years. Practicing, listening to music, studying it, working on your instrument, working on a sound, and working on technique."

OPINION

Kobe's off-court legacy mirrors his on-court accomplishments



DAVID PASTOR
SPORTS REPORTER

The world and the basketball community were traumatized by the Jan. 26 death of Kobe Bean Bryant along with his daughter Gianna and the seven other victims of a helicopter crash in Calabasas, Calif.

Bryant had a huge impact on society, of course, there are the accolades from the two decades he spent with the Los Angeles Lakers (1996-2016). A five-time champion, two-time finals M.V.P, league M.V.P. in 2008, an 18-time All-Star, and retired third all-time in points with 33,643, highlighted by the second-highest individual scoring performance in NBA history when he scored 81 points on our beloved Toronto Raptors.

He was one of the greatest scorers to ever touch the hardwood, he had a stone-cold killer mentality on the court and was one of the most influential athletes to every play any professional sport. But what got people's attention came off the

court.

Bryant was a family man, beloved by his wife Vanessa and his four daughters Natalia, Gianna, Bianka and Capri. He along with his wife made sure they raised their kids the right way and taught them to be good individuals and make the most of the opportunities they were given.

He was a leader, someone that made the right decisions and had the people around him follow in his footsteps. Six years ago, a New York police officer on Staten Island put Eric Garner in a chokehold as police attempted to arrest the individual for selling cigarettes.

Garner, gasping for air, had told the officer, "I can't breathe." He would later succumb to his injuries. This death started a nation-wide protest centred around police brutality that saw many citizens and celebrities voicing their concerns.

Bryant, being the mentor that he was to all his teammates, had them all wear t-shirts that said "I can't breathe" to stand up for the rights of others.

He wasn't as perfect as everyone thought he was. In 2003, he was involved in a life-changing experience when he was charged with sexual assault after he raped a woman at a spa. The charges were eventually dropped but that incident changed his life forever.

It opened his eyes to reality and he realized that just because he was a famous athlete, he was still a human who has to face consequences.

It was at that moment that Bryant



REUTERS/KYLE GRILLOT

Fans gather around a mural to pay respects to Kobe Bryant after a helicopter crash killed the basketball star.

began to support females athletes across the world, sharing his wisdom and Mamba mentality — the building of a mentality that focuses on competitive spirit — especially with his late daughter Gianna and her teammates, who he coached. The man shared his knowledge and knew that his legacy was safe because of the same skill set that Gianna portrayed.

He wanted nothing but the best for those who weren't as fortunate as he was, especially when it came to the youth, our future. The Bryant

family started a charitable organization in 2011 that would help homeless youth in Los Angeles turn their lives around and help direct them down the right path to success.

"The most important thing is to try and inspire people so that they can be great in whatever they want to do," Bryant once said.

And that is exactly what he did. Through all the injuries over the past 20 years, his body grew weaker, but his voice remained strong.

Growing up we created a cheer announcing a basketball swishing

into the net or some a balled-up piece of paper tossed into a garbage can. KOBE! We would shout. It's almost become a force of habit, maybe even a tradition, but as we mourn the loss of one of the greatest basketball players to ever live, we can't let the tradition fade.

When he entered the league in 1996 at only age 17, Bryant changed our lives forever. The least we can do is scream his name to the skies as we do, what he dedicated his entire life to, playing basketball and help those around us.

Hawks rank 11th nationally after beating Mohawk, Fanshawe

Francis Comey
SPORTS REPORTER

The transformed Humber Hawks men's basketball team reeled off its 10th straight victory by defeating the Mohawk Mountaineers on Jan. 22 at the North campus gym.

And they topped that with the 11th win over Fanshawe last Saturday, making them the hottest team in the Western Division of the OCAA.

The Canadian Collegiate Athletic Association noticed the spree and plunked Humber in the 11th spot in the national rankings. Last week, the men's team wasn't ranked.

The Hawks, who have found

their stride after starting the season with four consecutive losses, got a career-high 40 points along with six rebounds and four assists from forward Jaylan Morgan — who was awarded male athlete of the week Jan. 27 — to take the game 114-100 over the Mountaineers.

Guard Jordan Francis had three three-pointers and 22 points.

First-year forward Shae Phillips said it felt like a special night from the minute the ball tipped off.

"(Morgan) was killing it in the first and second half, I don't even remember him missing a single shot," Phillips said. "It was unbelievable watching Jaylan play and

the rest of my teammates, our team was shooting and scoring.

"We have very high expectations for the rest of the year and nationals," he said. "I think we'll achieve all of our goals."

The final game of the season series between the two teams was over when the Hawks began pulling away in the fourth quarter.

"We're playing really well after starting (the season) off poorly," said team manager Andy Nguyen, who has been watching the Hawks continuously grow after a 0-4 start to the year.

"We're going to continue our success by working hard and integrating our new players into the team," he said.

Assistant coach Chad Bewley said he always knew the Hawks always had it in themselves to reboot, using the poor start as a motivator, and it's no surprise to him they've been this good of late.

"We have the utmost belief in our roster and coaching staff," he said. "I'm not too surprised that we've been this hot, we're a really good team that can get even better, we just have to work even harder."

"It's time to keep continuing our success in games and bringing intensity in our practices," Bewley said.

The Hawks beat Fanshawe Falcons 93-80 on Jan. 25. Their next game is against the Niagara Knights on Thursday.



FRANCIS COMEY

Micqueel Martin inbetween Mohawk defenders on Jan.22.

Women lose first of season to Fanshawe



PABLO BALZA

Guard Jahnae Gyles going for the lay-up as guard Kia Watt readies for the rebound during a game against the Mohawk Mountaineers on Jan. 22, at Humber College. Hawks won 87-63.

Pablo Balza

SPORTS REPORTER

Humber's women's basketball streak screeched to a halt.

It began the second half of the season by extending its winning streak to 13-0 by beating the Mohawk Mountaineers on Jan. 22 at the North campus Athletic Centre, but the weekend brought the team its first loss against Fanshawe Falcons in an overtime thriller.

That loss dropped the Hawks to eighth on the national rankings from third. Fanshawe rose to fifth from eighth.

The high scoring weekend tilt in London — 101 to 98 after five rounds — wasn't all bad news for the Hawks. Fifth-year guard Jahnae Gyles netted a season-high of five three-pointers and rookie shooting guard Kia Watt scored 20 points, the third time she reached that plateau this season.

The team shot an impressive 50.8

per cent — a season high — from the field.

The game against the Mountaineers began with the Hawks putting up a defensive effort that kept the opponents off the scoreboard for most of the first quarter, which ended with a 22-9 tally. The second quarter saw the Hawks start with an 8-0 run but Mohawk was able to cut the Hawks' lead to 11 before going into half-time.

The Hawks extended its lead back to 19 during the third quarter, Mohawk continued to poorly play bad offense. Shooting guard Ivana Twumasi and Gyles both accounted for 15 of the team's 21 points in the quarter.

The Hawks sank a game-high 32 points in the fourth quarter, taking away Mohawk's chance of making a comeback despite a strong push. The final score of 87-63.

Gyles put in another outstanding performance with 15 points, nine rebounds, three assists, one steal,

and one block. Twumasi and Watt ended with double digits each scoring 14 points and power forward

Miea Campbell-Johnson finished strong with 11 points.

"A great game, great night with

the girls and we just have to keep working hard and our heads up," Watt said after the win.



PABLO BALZA

Guard Cassandra Cushnie rushing by Mohawks' guard Grace Mahler in the game that ended 87-63.



HUMBER ATHLETICS/DIEGO GUILLEN

Keith Laryea in a heated match against the Mohawk Mountaineers. The Hawks have won their last 11 games.

Men's basketball dream of riding streak to CCAA gold

Francis Commey
SPORTS REPORTER

It's the midpoint of the 2019-20 college basketball season and the Humber Hawks men's squad is looking to turn last year's Canadian College Athletic Association bronze medal into gold.

The Hawks have plenty of play-makers and difference-makers, including the team's leading scorer fifth-year forward Jaylan Morgan with 17.7 points a game, along with Humber's best sharpshooter in recent memory, third-year point guard Fowzi Mohamoud and savvy veteran forward Cy Samuels leading the Hawks to its successful turnaround.

Humber Hawks head coach Samson Downey is looking to lead the team to the Nationals for the second season in a row, but this time for gold. He won the West Division coach-of-the-year honours for leading Humber to a 24-4 record last year, which included a 17-game win streak.

The coaching staff that includes assistants Chad Bewley and Omar Miles has led the team to a 7-4 record during the first half of the season. But the significance of that record isn't immediately clear. Those seven wins comprised a streak after starting the year with four straight defeats.

Bewley said the goal is to build team chemistry and improve throughout the second half of the season so that they can be ready to compete at the CCAA Championship.

"Everything now is about building on our mistakes while becoming a better team and every game is just like the other and is a step for us growing towards the team we need to be in March," he said.

The Hawks have since won another four in a row in the second half of the season to take its seven-game winning streak and turning it into 11. The team takes the court again Jan. 30 at home against Niagara.

"We have a lot of talent this year and even more talented guys that

have come in January," said Humber Hawks guard Shae Phillips. "Like I've said we have talent from top to bottom, we're talented and we have guys for every role, we're very versatile.

"We're all pushing each other on the court to become better players, we have high expectations for this team, but I think we'll achieve them," he said.

The basketball program will be relying on veterans and new faces for the rest of the second half to continue the success they had in the first half. Newcomers will also get a chance to prove themselves.

The second half of the year won't come easy as the Hawks are set to face teams like the 10-3 Redeemer Royals and arch-rivals Sheridan Bruins, who are 11-3 and Humber hasn't beaten this season.

Team Manager Andy Nguyen is excited about the second half of the year as is the team.

"It's going to be a special second half of the season for the Hawks, we can all feel it," he said.



KYLE DRINNAN

Jacob "GOATunes" Lane, leader of the Call of Duty eSports team, wants to continue the success from last year and help grow the game.

Only ranked Canadian CoD team looks for second championship

Kyle Drinnan
SPORTS REPORTER

The Humber Call of Duty eSports team launched its second college CoD season campaign to continue its success from last year.

"We won the championships last year and we are looking to continue our success," said team captain Jacob Lane who goes by GOATunes online.

And so far, Humber's CoD team is making its presence known among post-secondary school teams. Humber, currently ranked second behind Texas A&M Maroon, is the only Canadian team among the top 25 teams.

With that continued success, the team is now looking to build its brand as well.

In Humber eSports, Call of Duty is not funded like other games such as League of Legends. Since Call of Duty is on many gaming platforms, the official console for eSports matches is PlayStation and players bring their consoles to the school to practice.

"Everything has to do with funding," said Humber Call of Duty president Dante Checko. "We have to go to higherups in the school to get funding.

"If the League of Legends department or any other department that requires PCs ask for them, the school would be more inclined to them because if their eSports program fails the school just gets more computers they can use for other stuff, while for us if we fail the school has more PlayStations they don't need," he said.

Checko is hoping their success in the College CoD league will continue from last year. The Humber team has already beaten sixth-ranked

Rutgers University and unranked Saint Peter's University. Among North American schools,

"Rutgers is one of the biggest eSports colleges. Beating them would be a huge deal for us," Lane said Jan. 24 before the match against Rutgers.

Even with CoD being less popular than other games, Toronto recently debuted a Call of Duty league team, Toronto Ultra, which had its first set of games last weekend as they beat the Seattle Surge and lost to the Minnesota ROKKR.

Checko believes the Ultra can help with building the popularity of the matches in Toronto.

"Something like a pipeline to a school like U of T or Ryerson would be great, Humber as well but having a scholar connection would help grow the game," he said.

He also believes growing the game at a college level is important not only for the game but for the players as well.

"Having that option to go to school as well as go for a gaming dream is important," he said.

"Call of Duty is a very small industry and it's easy for those that have the dream to make it to not achieve them," Checko said. "Having a Plan B, like getting a diploma makes it so kids aren't wasting their time trying to get into a pro Call of Duty league and then end up failing."

But at the moment, fans and players are still clawing their way to building a bigger audience for the game and Checko wants to work harder on that.

"At the end of the day, winning or building our brand, they are both important, but I would rather build our brand for the longevity of our game," he said.

HUMBER

Et Cetera

SPORTS

HUMBER'S STUDENT NEWSPAPER

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EYE ON THE PRIZE

MEN HOPE STREAK
LEADS TO CCAA GOLD

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