# 

THURSDAY, NOVEMBER 17, 1983

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**HUMBER COLLEGE OF APPLIED ARTS AND TECHNOLOGY** 

### Students may wait a year

see page 2

# Receiver holds refunds

### inside

#### **Tuition time**

The deadline for the nent of next semester's tion is coming fast and members of the Financial Sor vices Office are preparing machinery to handle b cheques. Turn to page two fo the details.

#### Coven winner

Our chief judge, Presid Robert Gorden, chase winners of the Coven Cont two runners-up and the winning column have all published on page five. Co umns written by runners-up will appear in coming issues.

Johnny Dee Fury and other three members in band will fill the pub with t sound of rockapilly tonk Turn to page eight and find o what is in store for CAPS patrons as well as abou fury's past and the bar plans for the future.

#### Hawks win

The men's basketball tear won two games again: Cambrian and St Lawrence colleges last weekend their home turl. This puts th Hawks in fifth place in livision with five wins







JULES STEPHEN XAVIER

Woman working — Retail Florticulture student Karen Shirley spends two hours a day in the weight room most days of the week. The 19-year-old says she's concerned about toning her body and not building large muscles.

### Refunds are delayed

by Sheri Gres

More than \$12,000 in Humber College student refund money may be held back by the receiver of Chieftain Shamrock for up to one year, according to Travel and Tourism (T&T) co-ordinator Kathie Moody.

Forty-three T&T students were expecting a refund last Friday of \$295 each for a package trip to Mexico that was cancelled when the group was left with no transportation. The trip was booked with Chieftain Shamrock, the travel agency that went into receivership Nov. 9.

Moody said she went to pick up

the refund cheque last week but was told there was no money in the bank.

She said the students will get their refund, but now they may have to wait up to one year before they can collect from a \$1.5 million Industry Consumer Protection Fund.

The students did receive some consolation when another travel agency offered the students lastminute seats on trips in exchange for their old tickets.

Moody said the offer came from Sunquest Vacations, a travel agency that was interested in buying Chieftain Shamrock a week before it went bankrupt. She said the offer was very professional and was a good public relations move.

The 43 T&T students will have the option of waiting with their suitcase packed for a last-minute phone call that will allow them to travel to such places as Acappulco or the Bahamas at no extra cost.

Some of the students won't be able to pick up and leave at the ation, friends can buy their tickets.

Moody said the whole situation will give the T&T students insight into the industry.



### Get the money; spur of the moment due to work, tuition time is near

by Claire Bickley

As the deadline for second semester tuition fees draws near, students scramble to find the money and the Financial Services office gears up to handle rubber cheques, late payments, and deferrals.

Bouncing cheques have been a problem in the past and, according to Financial Services clerk Sandra Discetta, at least 100 tuition cheques are returned each semiester due to insufficient funds.

Students without the \$291.50 can pay by Visa or Mastercard. Payment by charge card is not promoted because Financial Services loses the two per cent it pays the credit card company.

Discetta said students who are unable to meet the Dec. 2 deadline can apply to their program clerk

for a payment deferral.

She said students must have a good reason to receive an extension. In some cases students are anxiously awaiting their OSAP loans and grants and are unable to pay the tuition until they arrive.

Victor Saville, a second-year Journalism student, is waiting for the OSAP grant he applied for in September. He has no idea if it will arrive by the deadline.

"If I wasn't working part-time, there's no way I could pay my tuition," Saville said.

#### gets new Lakeshore job by Esthelle Le Clair Activities Co-ordinator Julie Bebbington has accepted a new position at Lakeshore campus.

Activities co-ordinator

She will be replacing Sandra DiCresce as the new Student Affairs Officer. DiCresce came to North campus from Lakeshore to take over Paul McCann's job as Director of Student Activities and Leadership Development.

Bebbington said her new job entails being a liaison between student government and administration, and she will oversee any dealings student government has with the community.

She will also make sure students are well informed in basic dayto-day operations. Bebbington will be working with the Lakeshore and Keelesdale coun-

Bebbington has held the posi-



Julie Bebbington

tion at North Campus since last August. She was also the Activities Co-ordinator at Queen's University for two years.

"It's always changing. It's a lot of fun. It's a challenge," she said. The new Student Affairs Of-

ficer said she felt it was time to move on and she wanted the chance to do something in an advisory role.

"In this job you have to be really spontaneous and have lot's of ideas," she said.

### ECERT training course to begin in January

by Louella Yung

The Early Childhood Education Resource Teacher (ECERT) program will once again offer its introductory course in January, according to Kathryn Lockwood, continuous learning co-ordinator of the Early Childhood Education (ECE) department.

Lockwood said 12 students are currently enrolled in the ECERT introductory course. By offering the course again in January, Lockwood expects to get a bigger class:

The Introduction to Resource Teaching is a prerequisite to all other courses in the program.

The post-diploma certificate program will train qualified resource teachers to cater to specific needs of handicapped children and family related studies, said

The ECERT program was

osed amendments in the Day Nurseries Act. Under the proposed amendments, an integrated centre or a day nursery should employ one resource teacher to every four handicapped children.

Four Metro-area community colleges jointly developed this program, offered at different times in different formats. The four colleges are Humber, Centennial, George Brown, and Seneca.

Humber offered the Introduction to Resource Teaching on Saturdays since September. The same course will be offered again together with two other courses in the same program in January — Individual Developmental Planning 1 and Field Practicum 1.

"None of the other colleges offer this program on Saturdays. It's a unique feature...we feel, in this department, a strong commitment to a weekend college," Lockwood said.

### Lockwood.

#### created in accordance with prop-Record shop suggested

by Susan Milne

SAC has rejected a proposal by a would-be-entrepreneur, to open a used record store in the Gordon Wragg Student Centre (GWSC).

At last weeks meeting, SAC voted against Computer Programming student Joe Michael's proposal to open a store because it would be a private, profit-making venture.

Vice-president Internal Penny Anderson told SAC that the GWSC committee prohibits any individual from using the centre to make a profit because it's for recreational use only. Anderson said space in the centre is limited and a record store would'nt be feasible as a profit making business.

Anderson did say, however, that the centre committee should recommend Michael to setup the record store as a SAC service to students.

Michael told SAC earlier that if his idea were accepted, he would buy second-hand albums for \$2.50 to \$3 and sell them for \$4.

'Profit isn't a dirty word. I'm not going to break my back for nothing. I wouldn't be doing it only for money, but also as a service to the students."

GWSC manager Margaret Hobbs said the centre is for social recreation and exceptions can't be

'We can't say yes to one person and no to others. We have no right to cross the board."

### TCC crowded and expensive

by John Wedlake

To many Humber students, TTC is not the better way.

They complain of high fares and overcrowding, especially during peak hours.

Patty Korhovic, a first-year chemical lab technician student, said the buses often end up passing by her because they're so crowded.

On Fridays, many students line up at Humber College Blvd and Finch Ave. to catch a bus home. Often the buses are so crowded they cannot pick up students waiting in front of the college.

As well, many students feel they should be granted the same discount high school students re-

"I think we're paying more for school, so we need the discount more than high school students," said Jim Taylor, a first-year Data Processing student.

SAC has formed a committee to push for reduced fares. Chairman of the committee, Dave Earle said SAC will be conducting surveys to determine the number of students using the TTC.

"We're going to gather the facts, correlate them and make a very good presentation to the TTC to show what they can get out of

lowering the rates," he said. Earle added the TTC would like



to see an increase in ridership during non-peak hours and reduced rates might offer an incentive to use the transit system during these hours.

SAC President Steve Robinson said the idea is to have the survey go to all the colleges and universities in the area.

"If it's done, combined, and then presented to the TTC, they won't be able to ignore us," he said.

Robinson said it won't be easy to convince the TTC to lower the rates since it is considering raising its fares.

Former SAC President John Marcochio was unsuccessful at getting TTC to lower the rates last year. He said the basic idea of last

year's presentation is "we're poc students and we can't afford it"

He said SAC will have to take a different approach this year. "Hopefully we'll be able to

show they will benefit economically by lowering the rates, or at least the increased ridership would help offset the cost of the lower rates,

Students purchasing a Metro Pass for an eight-month period will pay \$278 this year while those purchasing tickets during the same period will spend about \$260.

'We got a raw deal here,'' said Lora Borschneck, a second-year Public Relations student. "You're paying for tuition,

rent, food, and that's expensive."

Page 2 Coven, Thursday, November, 17, 1983

# Students petitioning for new equipment

by Mike Krawec

Some of Humber's faculty and students believe college equipment needs replacing and students are taking action to get new Audio-Visual equipment.

Andrea Weiner, a second-year journalism student, started a petition last month because of problems with the porta-pak and editing suite equipment. She heard "numerous complaints" from students and "even teachers have been complaining about it."

"A lot of people were complaining and he (Jim Bard, an ACA instructor) said 'why don't you do something about it' and that's when we decided to do something."

She said a petition was signed by 35 to 40 journalism students and it, along with a letter, was sent to various people including president Robert Gordon and the Vice-President of Academic, Tom Norton.

The letter recommends the purchase of at least six porta-paks and an editing suite. The cost would be approximately \$60,000.

Norton said the problem is not only with equipment used by students but also with equipment used by teachers to teach. He has received petitions from other areas of the college from faculty as well as students.

"Rarely a day goes by that one dean or another doesn't come in with the latest piece of equipment that has died or is making deathlike noises."

"I certainly didn't indicate to Andrea (on Nov. 11) that we would be responding to the degree that the petition indicates but there's no question that the whole Applied and Creative Arts (ACA) cluster will be very, very high on our priority list now in allocating that money," Norton said.

The college does a 'budget sweep up' and there is usually some money remaining which he hopes will be between \$50,000 and \$100,000. By the middle of this month it will be known if there is any money and the Budget Committee will recommend to the president how much the divisions will receive.

Norton said Carl Erikson, the dean of ACA, has written on several occasions that if new equipment is not purchased some programs will be in trouble.

#### Flashdance blood clinic next week

First-year Public Relations students hope to exceed last year's record number of donations at next week's Red Cross Blood Donor Clinic.

The 1982 campaign brought in

"This year we're aiming for 869," said Publicity Co-ordinator Sue Robbins.

The PR students plan to transform the concourse into a "Flashdance Blood Bar" for the clinic next Tuesday, Wednesday and Thursday.

Robbins said the theme incorporates the success of the movie Flashdance with the atmosphere of a singles bar. As one student said, "this is a bar that serves blood."

Metro-area businesses have donated prizes to be given out during the three-day event, including T-shirts and food vouchers. The downtown club, Fridays, is offering a \$25 gift certificate. "Because of, I think, the way he's (Erikson) made the case there's an excellent chance that a chunk of that money will go to address problems in his division."

Norton is worried the quality of education will decrease because with less equipment students will "get less hands on time and more talk time."

Jerry Millan, the co-ordinator of TV Engineering, said the equipment has been used so frequently that "you have to nurse it daily just to keep it going."

Some of the porta-paks are eight or nine-years old and they break down frequently. He would like to have a minimum of three or four porta-paks and one editing suite purchased but ideally he wants five or six porta-paks and two editing suites. He said requests for new equipment have been made in the past.

Erikson said he made a submission to the college last spring listing the equipment needs for the ACA division. He wants new TV

equipment but, he added, other areas need money too.

"I think we all have to be realistic. The other deans are also in need of equipment. I happen to think our division is number one or should be number one on the priority list."

He said equipment is required for most ACA programs and added little money has been spent on equipment during the past five years.

"Porta-paks will be considered along with all the other requests that I have from all of the other programs. It's not just going to be the squeaky wheel that gets the grease."

He hopes money will become available for this year and next.

"Unless we get some money for equipment we're going to have a serious problem in several program areas and we simply cannot continue to operate without some of the equipment."

# Snow contract binding for winter

by Mike Krawec

Whether it snows or not this winter, Humber will pay \$50,800 to plow the parking lots and roads at all its campuses, said John Hoovield, manager of Grounds Maintenance.

Hoovield claims the two-year contract with Almon Equipment covers snow removal from Dec. 1 to Mar. 31. If snow falls before or after those dates, the college must nay extra to have it removed.

pay extra to have it removed.

"I know there was a fair bit of concern expressed last winter, because the college was paying somebody to plow whether it snowed or not," according to Hoovield.

Brian Smith, a Climatologist at Environment Canada, said Toronto had 130 cm of snow in 1981-82 and 72 cm in 1982-83. Last year it cost \$47,000 and Hoovield said removing snow on a call-in basis would have been cheaper. He also noted the call-in system "would have cost us a bundle" the year before."

bundle" the year before."

"It's a gamble from both sides.

We take a gamble and the contractor takes it. One of the benefits is if we enter into the contract, we know that it's going to be done irrespective of when it starts to snow and how much it snows."

Penalties are built into the contract if plowing is not completed by a certain time. As well, the contractor must pay for damages caused by plowing and must clean up any mess created.

"A guy we had two winters ago went through \$2000 replacing damaged curbs," Hoovield said.

The gravel in the Yellow Lot is a problem because the plow picks it up. Last winter was bad because it was mild.

"We had all kinds of gravel on the boulevards and the clean-up is all part of the contract."

The college did its own plowing of other campuses until 1975 or 1976. Even then the north campus was plowed by a contractor. It tried again in '78 or '79.

"We had numerous equipment breakdowns that winter and I think in the long run it actually ended up costing us more because our equipment would break down, then we'd have to call in the contractor," said Hoovield.

"So we reached a decision. We couldn't justify the capital expen-

route. We've gone that way eversince," stated Hoovield.

This is the last year of the Almon contract, and the college will look for a new contract in May or June. Hoovield said the college usually gets a different company each time.

"If they (Almon Equipment) were to come in with a low price and provide us with an acceptable job this winter, we would have great difficulty in not accepting it," said Hoovield.

He said plowing can't begin until 11:30 p.m. because of cars in the parking lot. If a car is in the way, towing arrangements are made through security. He added they usually plow around the car instead.

Money for plowing and other parking lot maintenance comes from the student parking fee revenues.

"I think in all respects that (contract) still is the safest way for the college to go and I think you'll find a lot of industries and other institutions go exactly the same way."

# Newsletter promotes athletics

Students will soon find newsletters in their class rooms informing them of the weekly athletic events at the Gordon Wragg Centre (GWSC).

SAC's Director of Athletics Ricardo Baksh reported to council at last week's meeting the poor turnout for intramural teams. "There are only two basketball teams. This is not good," he said.

The Athletic Department places ads in the papers, displays posters throughout the college and has flashing messages put on the television screens. Baksh said people read them and forget.

SAC representatives leave the newsletters in classrooms, students may hang on to them. Then, when they flip through their notes, they may see the letter again, said

# Sac



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### editorial

### Humber submits to wrestling holds

Humber College will be playing host to two barn-burning events next week that seem to contradict each other. Humber is host to this year's Canada Cup Wrestling tournament this weekend and on Nov. 22, the Gordon Wragg Student Centre will be turned into a makeshift Maple Gardens for a night of entertainment.

"All-star wrestlers" such as the dreaded Sweet Daddy Siki (is he really still wrestling?) and Scrap Iron Scranton will lead a host of "performers" into the ring. Dubbed an "exhibition of science and strength," this event seems to mock the "real" wrestling sponsored by the Ontario Amateur Wrestling Association.

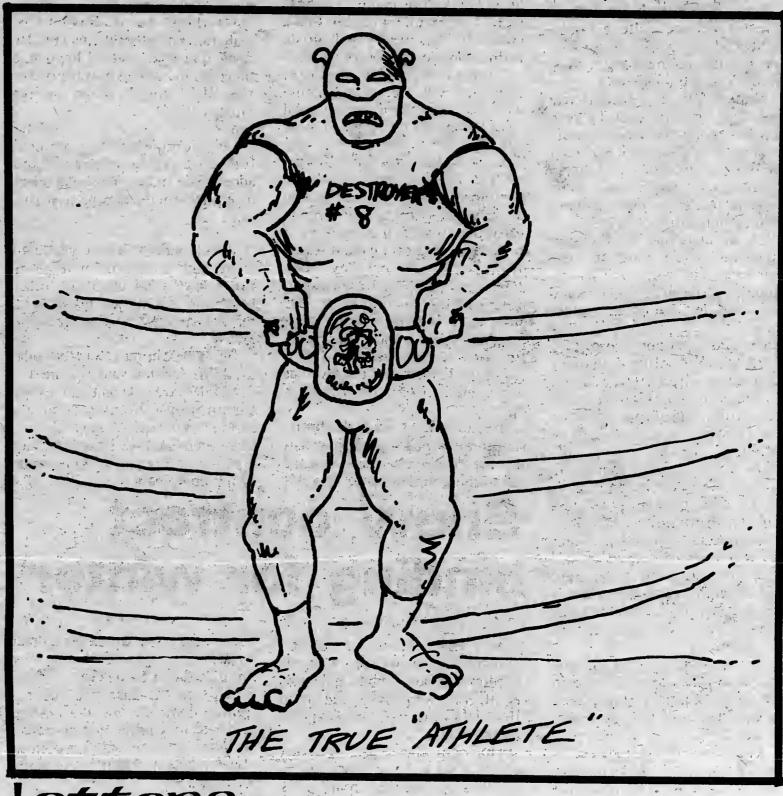
Although these men are undoubtedly in good physical shape, their wrestling skill and apparent "bloodbaths" in the ring leave something to be desired. Visions of Sunday night at the Gardens with "wrestlers" being thrown out of the ring, hit with steel chairs from the audience, and beaten with chains, summarize the authenticity of this type of show.

SAC president Steve Robinson said he has received positive comments about the upcoming event and even though SAC may lose money on it, he feels it is a "service to the students." The high admission price for the event will undoubtedly repel would-be spectators. This "service" will cost the average student a lot indeed with ticket prices reaching \$7 for ringside seats. Not long ago, other student governments were providing real services for students by inviting important guest speakers to enlighten students. This pro wrestling is a prime example of SAC's aims and directions for this year.

This type of event tends to attract an interesting and very rowdy crowd, judging from the audience at the Gardens. SAC has taken measures to curb potential rowdiness by closing CAPS that evening and the promotional agency has arranged for uniformed police officers to patrol gyms. Sounds like an interesting and fun-filled evening for the kiddies and entire family!

SAC members admitted that scheduling the event for next Tuesday clashed with the Canada Cup tournament to be held on Nov. 17-18. Olympic hopefuls from all over the world. will be among the representatives at this year's prestigious event. Teams representing Italy, Australia, U.S.A., and South Korea will attend the two-day meet.

These competitors are true athletes proud of their ability and proud to be a part of this honored event. It is doubtful that police officers will be needed to control the audience for this sporting event. Let's try putting competitors from both events together in the ring for a super tag-team match!



### etters

### Student says speed bumps a nuisance

I'd like to register my extreme dissatifaction with the person or persons responsible for having those monstrous speed bumps built. I have a car built low to the

ground and whenever I try to navigate the bumps I feel like I'm a boat riding a concrete swell. Steve Robinson's letter was responsible for the veritable road blocks and maybe his heart was in the right place, but someone screwed up.

Speed bumps of half the size would serve the same purpose and save my car from a severe testing every day. My car can't take much

more and I'm no bronco-busting cowboy. Chop the bumps, please. Bruce County Funeral Services

#### Staff gets thanks for sports coverage

Dear Editor,

On behalf of the Athletics, Recreation and Leisure Education Department, I wish to extend our thanks to you and your staff for the fine coverage of our intramural programs.

This semester's activities have been successful thus far. The program schedule for next semester will be available shortly. When it arrives, I will forward a few copies to your office.

Once again, I thank you and hope your interest in our activities continues.

James Bialek Recreational Co-ordinator

### cover

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### Contest winner! Life as a student

We would like to congratulate the winners of the Coven Contest. President Robert Gordon, our chief judge, chose radio student Paul Cormack's entry, The Relative Ramblings of a Humber Hawk, for the first prize of textbook costs. Runners-up were nursing student Heather Bkatia and modelling student Lauri Glenn, whose columns will be published in coming issues. We thank all contestants for participating. — The Editors.

#### by Paul Cormack

In the year of our Lord, nineteen hundred and fifty-nine, my parents decided it was their divine right to bear a child who would do wonderful things in the higher learning institutions of our great land. Instead they had me.

Undaunted, they grilled my first-grade teacher weekly on the possibility of my skipping right through elementary school which, in 1964, was the privilege of all child prodigies. My first-grade teacher laughed. Heartily, If I remember correctly. As a matter of fact, so did all my teachers in elementary school. As I was a rather mellow child, I did not allow this to bother me. It was only when my peers adopted this rather queer behaviour that I seriously considered ending it all by jumping off the porch of one of the portable classrooms. I thought this would make them stop. But since the porch was only six feet off the ground, I only added to their glee.

My parents did not bring up the subject of college until some years later when I was engrossed in my Grade 10 studies in another province. Much to my chagrin, they

took it upon themselves (as parents are inclined to do) to speak to one of the counsellors about my educational future.

The man they finally cornered in an office one sunny afternoon bore an amazing similarity to the fellow who climbs down chimneys on Christmas Eve. Being a naive person, I failed to deduce that, since this fellow had those familiar red cheeks, he would also succumb to the primitive pleasures of a hearty guffaw.

The rest of this chapter is another black page in my scholarly. history. In other words, he laughed heartily. I think it was when he was rolling around on the floor with tears in his eyes that my parents began to wonder what was wrong with me. I think it was

when the man cluthched his chest and stopped breathing that I began to wonder what was wrong with him. Not that it's terribly important. It was too late by the time the ambulance got there. I hear counsellors often go that way.

After the funeral, my father decided I should do something manly. I gathered from the tone of his voice he did NOT mean becoming a bartender in San Francisco. Eager to please, I went to a Natural Resources college and became a Heavy Equipment Technician. Along the way, I learned to

drink and lost my virginity. Father thinks this is manly. When he met the woman who cost me the latter and caused the former, he thought this was stupid. Then he laughed heartily.

was she impressed. It seems in 1962, she had already decided I should be a doctor and she took the liberty of applying on my behalf to all the universities in Southern Ontario while I was still in college. One day this lady phoned me from one of those universities and laughed in my ear. Heartily. I was not amused, but the fellows in the dormatory were. Five of them are still hurting from that day. I am not that naive anymore. Nor am I still. 4'2''. They forgot. I laughed. Heartily.

In an effort to please mother. I suggested I return to college and train in a field that was a lot cleaner and respectable. Father laughed heartily. He said I would never be respectable. I said if he didn't stop, I would unplug his pacemaker. He stopped. Laughing, that is.

Mother and I agreed I would take Radio Broadcasting. I agreed I would go to Fanshawe College. Mother agreed I would go to Humber College. So...here I am in Humber College. It isn't a bad place really. Concrete sort of grows on you after a while. And the people here do not laugh. They just look at you with strange smiles on their faces before they slump down unconscious on their desks. This does not bother me. However, my teachers seem to get their noses out of joint when someone does this. Then they laugh when they hand these students back their test papers. Heartily. For once it's not me.

My mother tells everyone that I go to Humber College. She is Mother was not amused. Nor proud. She has never been here.

think she knew Doctor Gordon personally and had lunch with are probably laughing. Heartily. Gordon Wragg every other day. I am so glad there are 8,000 students around here. One can get lost in the crowds. I don't believe Doctor Gordon knows who I am. I think he laughs at every student on the off-chance that one of them is me. I'm finished in December. Then I will laugh. Heartily. For Doctor Gordon has not yet laughed at me...yet.

In just more than two years, I have learned where to find a wealth of useful information. It is not in the lecture theatre. It is not in the library. These are wonderful places, but the information I require for the rest of my life was found in CAPS. This is a pub. The scenery in this pub is a lot nicer than it was at the natural resources college. All they had was trees. Mother thinks I go there to drink and pick up girls. Sorry mother, I've had enough laughter for one lifetime. I go there to drink and watch other guys try to pick up girls. That kind of laughter I can never get enough of.

#### What is Radio Broadcasting?

You are probably wondering about the Radio Broadcasting program. So am I. Everyone here has decided they want to be a star. Much like the Journalism program. I, however, do not want to be a star. Filthy rich, yes. A star? No thank you. I do not want some nosy newspaper columnist wondering what I do with all the young girls who would want to come see me at the radio station when I am doing the all-night show. And I wouldn't want any nosy newspaper columnist wondering why

But to listen to her you would not and sharing this with 500,000 readers. To me this is logic. You

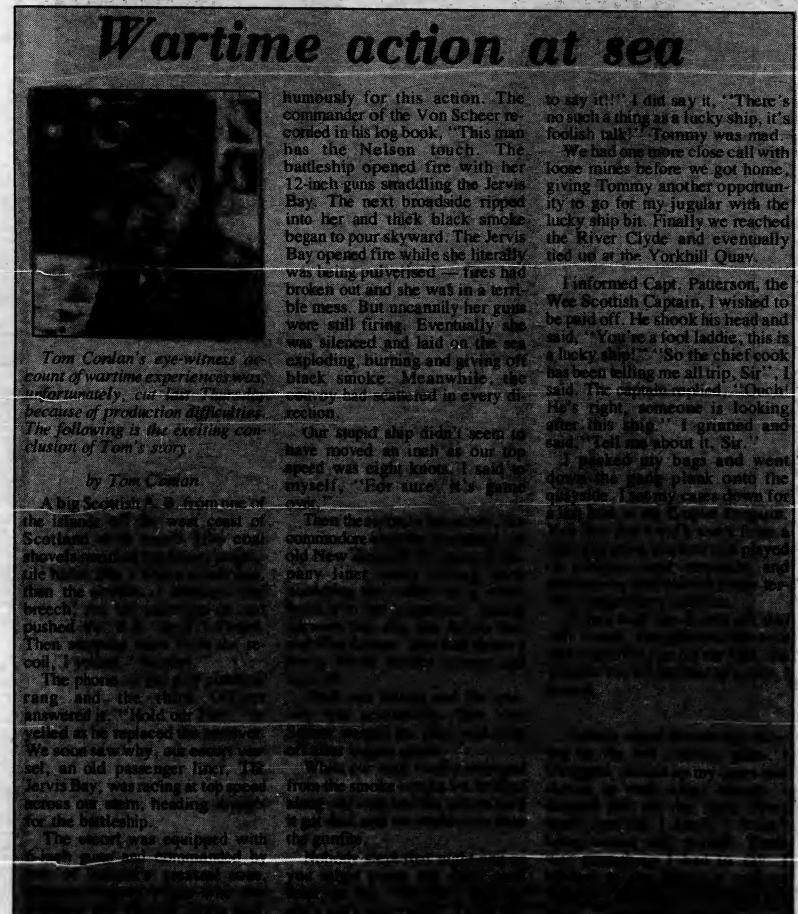
We have wonderful instructors in Radio at Humber College. They are by no means boring and are incredibly interesting whenever you take a class.

Some of us don't bother to attend too often. Some of us are trying to be stars. This does not impress our instructors.

We have wonderful instructors in Radio at Humber College. They are by no means boring and are incredibly interesting whenever you take in a class. Some of us don't bother to attend too often. Some of us are trying to be stars. This does not impress our instructors. They have strange ways of punishing those who do not attend. I'm a mellow person and their punishments do not phase me. Some of the women, however, get pretty squeamish when we disembowel naughty first-year students. Doctor Gordon thinks we have a high drop-out rate. If this is what he wants to believe then far be it for me to destroy his illusion. I just laugh. Heartily.

Since all our instructors were all hand-picked from the broadcasting field, they all have impressive credentials. The first-year students shake in their boots when they talk to these men. They are all stars. None are filthy rich, but they are all stars. Maybe one day when I am filthy rich, I will return here and instruct young impressionable minds like they do. Then three of us will be stars and one will be filthy rich. This will blow there little minds. The students will be impressed. I will be impressed. My instructors will laugh. Heartily. Hopefully they will not laugh too hard or they will end up like my dear departed counsellor. I hear instructors often go that way.

Nevertheless, somewhere out there is a lady who is really proud of her son in Humber College. If she only knew. She would not laugh. If only Doctor Gordon knew. He would laugh. Heartily.





## Leatures

# Bodybuilding keeps her trim

by Jules Stephen Xavier

Each morning the blender whirls to life —furiously whipping together a concoction of two raw eggs, a banana and two per cent milk. This is combined with toasted, honey-smothered, whole wheat bread.

Diminutive 19-year-old Karen Shirley consumes these sustaining nutriments each day before treking to Humber.

An early riser, the second-year Retail Florticulture student depends on her morning nourishment because of an avid interest and devotion to weight training.

The Barrie native is a soft-spoken but intense, individual, inspired by a vision of a "well-toned" body.

"I like to be toned...like not large muscles. I still want to appear to be feminine. Muscle gives you shape more than it would if you just let that little fat sit there.

"If you tone those muscles underneath that layer of fat, then they'd be shapelier, so actually you're making yourself more feminine, rather than masculine. That's really what women

seem to think, therefore, they get turned off," she explains. "Myself, I want you to be able to notice every muscle in my body, but I wouldn't want it to be noticed if I was wearing a dress — in the gym it is okay if I look masculine. I don't care, but when I get out of the gym I don't want anybody to know that I lift weights."

She's a sinewy sprite in perpetual motion while working out in Humber's weight room. With little sweat beads forming on the forehead, one bead locates itself precariously on the tip of Shirley's pert nose.

She's the only female in the otherwise male-dominated world. But that doesn't bother her.

"I totally close them (guys) out. I like to concentrate when I

workout," she says.
Standing 5'3", Shirley is dressed in a blue collared T-shirt, running shoes and white Adidas shorts — her attire when tackling the universal gym. She does so with a passion.

This passion developed out of an impending swim exam two

"It was a hard one and I wanted to start using resistance to strengthen my muscles," she recalls.

"I was progressing so quickly - you do progress very quickly in the beginning — I started to really like the results so I just kept on doing it. It's like a passion for me.

"I needed the power for swimming. I decided at that point to start thinking seriously about doing it (weights) further."

Her eyes sparkle when the subject of weights is brought up. She exudes a wide-eyed innocence when speaking.

"I like putting the time into (weight training), because I enjoy it. I don't think of it as work or something I have to do. It is something I look forward to each day. I'd never force myself to workout," she says.

Since she began exercising, Shirley admits there has been a considerable personality change which reflects her thinking today.

"I take a lot more pride in myself now that I'm trying to improve myself. It's a challenge — an inner challenge.

Growing up I never thought of it — I saw those women on TV and said 'that's gross. Why would they want to look like

that?' But now I can appreciate it.
"Yeah, it has totally changed my way of life — the way I eat,
and what I do. Even my social life has changed. Instead of
going to parties that all my friends do, now I've become kinda isolated — I don't go out and do what they do. I usually go to the gym."

She spends up to six days a week in the weight room for periods of one to two hours. Her workout consists of a "splitroutine." Her rest day varies too, because of a busy schedule.

During one session she will concentrate on her upper body and then switch to the lower extremities the next day.

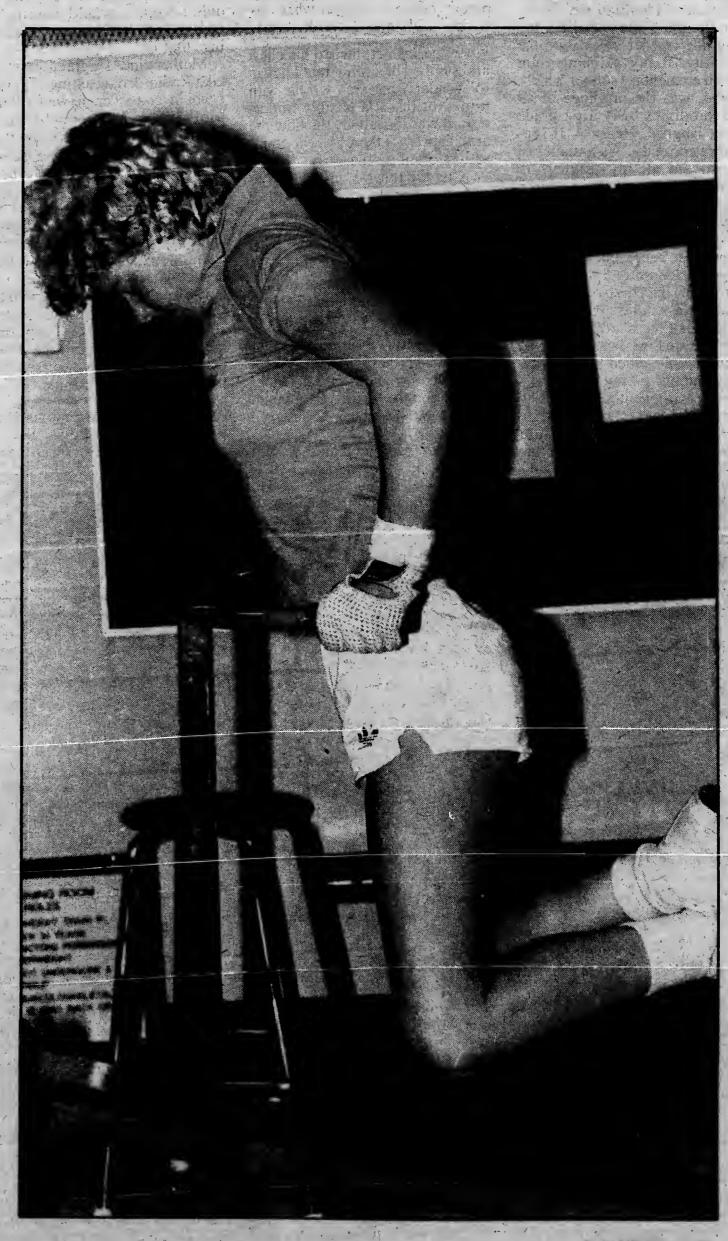
On Tuesdays and Thursdays, Shirley also teaches an evening weight training program for women at Humber.
She smiles. Working out is enjoyable to her, but she receives mixed reactions from friends.

"Some say my arms are too big for the rest of my body, while others are asking 'How do you keep up the initiative to keep going?"

Burgeoning muscles, especially her biceps, are testimony to Shirley's strenuous program, but she doesn't consider herself a body builder.

"No, I don't really consider myself as a body builder, because I don't have the time to totally dedicate...I like to think of myself as a weight trainer only," she says. "I'd never compete - never!"

"I like to be toned...not like large muscles. I still want to appear feminine."



JULES STEPHEN XAVIER

Hanging in — Karen Shirley sweats and strains during her workouts in the Humber weight room but she says it's worth the effort to keep in shape.

# entertainment



What's a rooster cut? — It's the fringe like crop of hair on band leader, Johnny Dee Fury's head. The rockabilly artist will be at CAPS pub tonight.

#### Rebels' novelty fading fast

by Pietro Serrago and Tom Godfrey

Twentieth Century Rebels pulled some musical punch from their performance at CAPS last Thursday, although their presence was a novelty for pub-goers.

The only previous raggae act to play at CAPS was Britain's Equators a few years back.

However, history had little bearing on the fine blend of musical talent the Rebels exhibited on stage for the first time at Humber.

Kicking off the gig, the Rebels rolled into a first set of songs you won't be hearing on their soon to be released EP Rebelution, including Mafia and Ethiopia.

The Rebels' lead vocalist Sherriff Miller crooned his way to a commendable singing performance, and spent a good part of the evening dancing it up on stage and tooting his ear-splitting whis-

It's a small wonder the Rebels' nine-man lineup of Miller, Locksley Blades, Roscoe, Tony White, Eric de Groot, Devon Martin, Chunks Hutchinson, Nate Blackburn and Topo ever fit on CAPS' small stage.

Roscoe, otherwise known as Garfield Christie, got into the act with some of his own "rapping", and teamed with fellow band members Martin (keyboard) and Blades (tenor sax) for the odd vocai.

Typically, Rebels' lyrics explored the usual Rasta versus Babylon/individual versus society questions, and in doing so, may have caught CAPS' regulars unprepared.

As 5' 1" Miller put it, he and the band got "good vibes" from Humber's "uptown" audience, which was a change from the normal fare the "city-bred" Rebels have known in the past.

However, feet did their stuff as CAPS fans got up and celebrated the tough Twentieth Century beat with their own dance steps.

Their second set pounded through Rebelution, Movin' and FBI, leading tunes which have more to say about "the system" and its inadequacies.

A return trip to Humber sometime in the future is something ReBlackburn wouldn't mind.

Blackburn, however, stresses the band is making that careful transition from years as a bar act to recording artists. And for the Rebels, the change has been a heavily invested one.

Though there were only 2,100 pressed copies of their new EP at last count, every penny invested in the project has come out of their own pockets.

"We're still in the stage of releasing the first record," said Blackburn. "The album shows we're confident and that we can invest in ourselves."

The new disc has seen airplay on FM stations CFNY and CKLN, a coup considering reggae's outlaw status on most radio bands, and the album's sudden release.

From here, Rebels take their

bassist-lyricist Nate where they'll be appearing Nov. 25 and 26.

As far as long-range plans go, Blackburn's dream of a Rebels appearance at Jamaica's Reggae Sunsplash festival may not be so far-fetched. Rebels have played with the best in the business, having once opened for Black Uhuru and rhythm duo Robbie Shakespeare and Sly Dunbar, perennial Sunsplash entertainers.

Blackburn visited the famed festival this summer, where 35.000 listeners crowded to see some of the world's most talented

"To play any type of music before 35,000 would be a real high for most musicians, I feel," Blackburn said.

Leroy Sibbles and Truths and Rights are among the Canadianbased flock to have hit the internamusic to The Bamboo Club, tional reggae spotlight.

#### Born to bop

### Fury hits Humber with rockabilly fever in Elvis-like style

by Andrea J. Weiner

Tonight CAPS will dance to Johnny Dee Fury, one of the latest recording artists to appear on the Canadian music scene.

Fury's crusade to spread the gospel of rockabilly includes Humber College.

"A lot of people are initially scared of rockabilly...you walk away after hearing it once, and remember something of it," said Fury. "People go away hum-

The Campbellford-born musician has been playing for many years, in everything from a high school band to a bar band struggling in the American music market.

He fronts a three-piece outfit mimicking the style of early rockabilly masters. The other two members of the band are Texan, Dave Bowes who plays bass and Wally Cameron on drums: Fury, brings them together with his excellent guitar playing and singing.

Fury and his band showed their musical prowess by completing a record in seven days.

"I like to get the music down quickly, to get the immediacy of it - the spontaneity," Fury said.

Born to Bop, the bands debut album, recorded last year, gained them instant popularity. The album will be featured in Roger Corman's New World Pictures release of the movie Screwballs in August.

Fury composes all of the band's songs incorporating the spirit of Gene Vincent, Carl Perkins, and

early Elvis into a new version of rockabilly.

The band has fans from St. John's Newfoundland to Victoria,

"We are most successful in the west with pockets of fans from coast to coast," Fury said.

In future the band hopes to produce a video.

"It all comes down to dollars and cents, it's an expensive median," he said.

They are confident of getting a new single from their second album slotted for release shortly.

The band will be playing in universities and colleges in the area, before recording a record in December and touring the northeast in January.

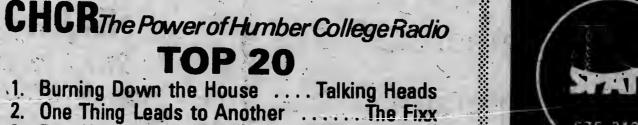
Pub patrons attending the pub will hear two sets on Thursday instead of the bands usual one.

"How many sets we play usually is determined by the budget of the establishment we play at," said Fury.

According to Fury, Canadian band recognition doesn't include rockabilly, but is limited to stereotyped bands like Loverboy

"How long can you listen to bands like Reo Speedwagon," he said. Fury believes Canadians will begin to focus on rockabilly.

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### Sports

#### We're 4 for 4

### Home court upholds winning streak

by Sam Scrivo

The men's basketball team continues to impress as they won two games against Cambrian and St. Lawrence Colleges at home last weekend.

The victories give Humber a 5-2 win-loss record, leaving the Hawks in fifth spot in the OCAA standings.

For the first time, in seven games, Hawk forward Doug McKinlay wasn't the team's scoring leader in the 81-71 win over Sudbury's Cambrian Golden Shields.

Rookie guard Delroy Taylor led the victors with 23 points, going five for five from the floor in the first half.

"The coach said try and hit your first shot. They kept on going in, so I kept on shooting", said Taylor.

Humber blended their defensive play with a balanced attack, to give them a 44-34 lead at the end of the first half. Humber teammates Taylor, McKinlay, and William Polman each contributed

10 points in the first 20 minutes of



Cambrian forward Anthony Rheault had 20 points at the half and finished with a team high 32 and proved to be the only threat Humber faced.

The Hawks did receive a scare three minutes into the final stanza. McKinlay limped off the court with a charley horse after colliding with a Cambrian player. He was off the court until his return with eight minutes remaining on the clock. He provided 11 more points for the Hawks for a game total of

In their second game, the Hawks took control early against Kingston's St. Lawrence College Road Runnners

Humber handed St. Lawrence its fifth loss of the season with a 79-66 win. The loss leaves the Road Runners with a 1-5 win-loss record.

McKinlay showed little sign of his injury sustained in the Cambrian game as he netted 22 points in leading the Hawks offence.

Humber's Taylor continued his fine performance and added to the Hawks lead moments after the second half tip-off. Taylor scored 14 points to go with his 23 points from the night before.

The Hawks went ahead to stay, leading St. Lawrence 39-31 just three minutes into the the second half. Stephenson, who has become a stalwart on defense, contributed 11 points to Humber's offensive total.

"You have to give credit to Humber," said Road Runner coach Chris Price. "They played a disciplined game."

Hawks teammates Polman and Carlucci also netted 12 points apiece.

Humber will try for its fifth consecutive home victory when they host the Seneca Braves, Wed. Nov. 30.



Hawks have a good thing going — Home court games have proven to be winners for Humber as the Hawks won four times out of five. The team had plenty of help from Mathew Carlucci as he shoots for a basket.

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