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# Humber Et Cetera

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March 20, 2003

## Cup visits Humber



Joel Hoidas

The greatest prize in hockey, the Stanley Cup, made a brief visit to the north campus Students' Centre on March 17. A camera crew got fans to go "cup crazy" while filming a commercial to promote the upcoming Stanley Cup Playoffs. See story, page 18.

## Faculty debates morality of war

by Chris Clay

With a potential war in Iraq looming, Humber College faculty and students weighed in on the heated topic with a lively debate March 13.

Hundreds of students packed the lecture hall to hear Liberal Arts and Science faculty members Barbara Falk and Greg Narbey speak. Falk, a politics professor, debated why a war in Iraq would be unjust while Narbey, a philosophy professor, argued why war is necessary.

Compelling arguments were presented by both sides, making for a highly charged and entertaining debate.

"Average people do not want war," Falk said. "We're talking about cluster bombs going off every 15 seconds in Baghdad for the first 48 hours. Cluster bombs are designed to kill civilians."

Falk argued that a war with Iraq would never be merited because it would not be in self-defence. She said the United States would be going to war in response to a threat of a potential attack from Iraq.

"If the U.S. becomes the arbiter of who or who isn't a threat to the world, then that is a dangerous proposition," Falk said.

Falk added that arguing against war was not an endorsement of the Iraqi regime.

"Suggesting that there is no just cause for war is not a support of Saddam Hussein."

When Narbey approached the podium, he had the unenviable job of supporting a war in front of a highly liberal and anti-war crowd.

"This war is not exclusively about oil," Narbey said. "If the U.S. wanted access to Iraqi oil, they could end their sanctions which would be far less costly in lives and money."

Narbey also said that if the United Nations were able to force Iraq into disarming, war would not be necessary.

"The UN's unwillingness to force

Iraq to disarm has undermined its authority and role in the world," he said. "At this time it is not the institution to solve the problem."

Narbey also argued that the western world needs to take Iraqi human rights seriously. He said that a war would be justified to protect the Iraqi people from Saddam Hussein.

"The suffering of the Iraqi people because of Saddam Hussein is the main reason for intervention. If we don't act, then it's hypocrisy," he said.

"If Saddam was disarmed and was left with nothing but a sharp stick, there would still be sufficient political and moral reasons to invade."

Students at the debate were as politically charged as the professors.

"I really feel that peace is the best way to go," said Victoria Williams, a general arts and science student. "I think it's important that people our age get involved in world issues."

In an address from the White House March 17, U.S. President George Bush gave Saddam Hussein 48 hours to leave Iraq or face war.

At presstime, Hussein and his family had not complied with Bush's demands and said they did not intend to.

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for that special day  
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### Comments, questions?

E-mail Et Cetera at:  
humberetc@yahoo.ca

Win tickets to see the new Chris Rock movie, *Head of State*, page 8

# Iraqi student fears for family back home

**Bush delivers ultimatum to Saddam: leave Iraq or military strikes will begin**

by Frances Petrucci

Ahmed Habib's latest phone call to his grandmother ended in the usual way. She admonished him to take good care of himself, say his prayers and not to worry. Everything would be all right, she said.

But Habib knew better.

"After I hung up, I realized I might never speak to her again," said the fourth-year York University student.

That was in early March, when Habib could still get through to Baghdad by phone. It's different now. Telecommunications systems are one of the first things to shut down on the eve of war.

Habib's grandmother, aunts, uncles and more than 53 cousins will almost certainly hear the deafening

explosion of bombs in the coming days. And he fears they may not live to experience the so-called "liberation" that U.S. President George Bush has promised to the Iraqi people after his army ends the regime of their dictator, Saddam Hussein.

"As our coalition takes away their power, we will deliver the food and medicine you need," said Bush on March 17 in his speech to the world. "We will tear down the apparatus of terror and we will help you build a new Iraq that is prosperous and free."

The president also announced that the U.S. and its major ally, Britain, would begin military strikes against Iraq "at a time of [their] choosing" unless Saddam Hussein and his sons agreed to leave the country within 48 hours.

Bush's coalition, which also includes Spain, did not seek explicit authorization for war from the United Nations, leading Prime Minister Jean Chrétien to announce on March 17 that Canada would not participate in military action.

In the hours before Bush delivered his final ultimatum, foreign diplomats, UN personnel and many journalists left Baghdad. U.S. networks such as NBC and ABC and Canada's major broadcasters, CBC and CTV, had pulled their foreign correspondents out of the Iraqi capital.

CBC spokesperson, Ruth-Ellen Soles, said there were indications reporters would be taken into custody by Iraqi authorities if they remained in Baghdad, so they were sent to wait out the danger in neighbouring Jordan.

"You're always balancing the need for accurate information and people's safety," said Joanne MacDonald, vice president of CTV News.

While reporters remain outside Iraq, news about what goes on there will rely heavily on information released by military authorities, but

MacDonald said her correspondents will use every possible means to verify what's happening through their usual contacts and sources inside the country.

"As soon as the bombing stops, we march right back into Baghdad," Soles said.

Habib said his relatives plan to stay in Baghdad and have been busy storing up food, cooking fuel and especially clean water-commodities that have been scarce in Iraq since

*Continued on page 5*

## Humber nurse calms fears about new deadly virus

by Adam D. Booth

Students don't need to be overly concerned about the pneumonia-like virus that has been spreading in various countries around the world, says Humber's health centre.

"I don't think it's of any major concern to Humber students," said Marg Anne Jones, head nurse at the student health services centre at North campus.

Jones cautioned against unnecessary panic, given how few cases have actually been reported in Toronto.

Jones noted that some students had already visited the health centre with concerns about the virus.

The World Health Organization

has reported 219 cases of Severe Acute Respiratory Syndrome (SARS) since February. Of those cases, only 11 have been reported in Canada.

However, two of the Canadian victims, a Scarborough woman and her son have died from the illness in hospital.

"That's just two in how many million?" Jones pointed out in regards to the deaths, noting that no cases have been reported on or near campus. She said there's currently more risk for Humber students to contract West Nile virus than SARS.

The majority of cases, including those in Canada, are among people who have recently visited Southeast Asia, or hospital staff who have treated infected persons.

Mike Kopinak, International Student Services manager, said Monday that International Student Services and the health centre had not yet begun working with residence staff to educate students about the illness, but added that he felt it is a good idea to do so. Kopinak said he would contact Student Health Services to arrange something.

Scientists in Hong Kong announced Tuesday that they had determined the virus behind the illness, saying they now know the proper way to treat it. However, some medical experts in Toronto remain skeptical of the news.

## Art show brings awareness to government cuts in education

**Students and faculty exhibit works in protest**

by Catherine Gerow

Students and faculty members across the GTA staged a week-long art show that ended March 15 to protest government cuts to post-secondary education.

The exhibit, entitled *Bursting at the Seams: Is this Our Future?*, was held at Toronto's Gallery 401 from March 6 to 15 and showcased works from college and university students and professors.

The pieces ranged from a pair of handcuffs representing the burden of student debt to a frayed quilt symbolizing the physical decay of buildings.

Humber faculty union president and exhibit committee member Maureen Wall said she felt the art show was an important event.

"It's a different way to get some media attention on the issues affecting post-secondary education now," Wall said, adding that resources in post-secondary education in Ontario have been decreasing for more than a decade.

"There have been so many press conferences about this issue, it just seemed like an interesting approach to use creative expression to get the message across.

"It was also a way to get students involved to express their experiences at Ontario's colleges and universities," Wall added. Exhibit chairman Maureen Giuliani said the art show was intended to raise awareness of problems with post-secondary education in Ontario.

"It was our hope to get the message out about how government cuts have influenced post-secondary education," she said. "For example, we're dealing with a crumbling infrastructure, and also a creeping corporatization on our campuses.

"We want to try and get people



Catherine Gerow

**Students and faculty members displayed various art pieces representing the effects of post-secondary cuts to education at Toronto's Gallery 401, which ran from March 6 to 15.**

motivated and active and involved in lobbying their politicians, especially with an election on the way," she said.

Giuliani said she's been pleased with the response the exhibit has received.

"It's been a really good turnout," she said. "At least 400 people have come through here, and they've been amazed at the range of works.

"Many people are aware of the issues but many are not - so it's been a good educative tool in terms of

learning what the issues are," she said.

The exhibit was sponsored by the Toronto and York Region Coalition for Post-Secondary Education.

### Correction

In last week's story headlined *Electoral candidates announced*, VP of Campus Life North Rishi Gupta's gender was mistakenly published as female. The Humber Et Cetera apologizes for the error.

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Melissa Lim

Stevie Starr, a.k.a. the Human Regurgitator, performed his unusual act at Humber's North Campus last week. Starr swallows objects and brings them back up in one piece.

## Starr of one man show leaves students in awe

by Melissa Lim

Students covered their eyes and gasped when Stevie Starr brought his act to Humber College last Thursday.

Starr, a.k.a. the Human Regurgitator, performed in front of a packed Students Centre doing what he does best – swallowing things and bringing them back up. Honest.

"This guy is incredible," said Rishi Gupta, VP Campus Life, before the show.

Jaws dropped when Starr swallowed a light bulb whole. Then he brought the light bulb back up – dry and in one piece.

Starr's visit to Humber is just one of the many stops he makes to exhibit his weird talent at colleges and universities across the globe. He has also made TV appearances on *The Late Show with David Letterman* and *The Tonight Show with Jay Leno*.

"He's the only guy in the entire world who can do what he does," said Mike Malley, Starr's agent. "He's probably the only guy in the entire world who wants to do what he does."

But nothing could prepare stu-

dents for what Starr did that afternoon.

"Let's eat some money!" he shouted, as he danced across the stage. "If you listen carefully, you'll hear coin by coin, click, click, click, as they drop in my belly."

He proceeded to swallow nine coins, each one clinking as they landed in his stomach.

"Do you guys ever get indigestion?" he joked.

Starr then regurgitated the coins as if he were a coin dispenser.

"How the hell does he do all that?" said business student David McNally in amazement. "That's one strong stomach or something."

Starr said his discovery of his strange hobby came at the age of four, when he started swallowing his pocket change for fun.

He continued to practice his unusual talent growing up in Glasgow.

Now, he travels all over Europe, Australia, Canada and the United States performing his one-man show.

Anyone who missed Stevie Starr's one-of-a-kind performance, can catch him on *The Tonight Show with Jay Leno* on March 28.

"You'll hear coin by coin, click, click, click, as they drop in my belly."

## Foreign Chinese students adjust to life in Canada

### Students find teaching style very different than in China

by Kermin Bhot

A year at Humber College is coming to an end for 54 students from China's Ningbo University.

For the past seven years, Ningbo students have had the option to study Business Administration in China for two years and then come to Humber for their third year. They are given a three-year diploma in International Business Administration at the completion of the program.

"I wanted to come not only to improve my language skills, but also to increase my business knowledge," said June Zhou, a Ningbo University student. "I also wanted to learn a different country's culture."

Other students like Tony Tang came with a more specific goal in mind.

"China is now into the World Trade Organization and my city is open and looking for foreigners to invest," he said. "I wanted to go abroad and learn some business skills and English, and then maybe go back home and start my own business with foreign investment."

But one of the problems students face is adjusting to western teaching styles.

"In China teachers talk more and students do less assignments. Here in some courses teachers talk for half the class and the rest of the time students will do an exercise," Zhou said.

In China, teachers also set aside some time for students to ask questions, but at Humber there often isn't enough time to meet with teachers after class is over.

"Sometime we just e-mail them or call them. It's not easy for us to ask teachers," Zhou said.

Tang said he felt Humber's methodology suited him better.

"In China, teachers teach you everything: how to live, how to study. Here the teachers always teach you how to learn; they don't care what you do after class," he said.

Diane Simpson, program manager for the International Business School, said Humber sends teachers to Ningbo every year "to introduce students to western teaching methodology."

All three students plan to continue their education once they graduate this semester. Tang plans to attend a university in Ontario and get a Business Administration degree. Zhou plans to do the same, though she wants to go to the United States.

Jiang isn't sure what her plans are but she said she has enjoyed her time here.

"I enjoy school, so maybe I will continue studying, hopefully in



Khermin Bhot

June Zhou, China's Ningbo University student, is studying business at Humber.

Canada. Maybe marketing or something related to business," Jiang said.

Zhou said that coming to Canada was helpful for her future career and gave her an opportunity to expand her expertise.

"I like Humber. I like the way the teachers teach," she said.

Zhou also said she dreamed one day of studying abroad and this program gave her the perfect opportunity to do so.

"I like to travel, going to different places. I thought, I have stayed in China for 20 years, maybe I should go outside," she said.

## Cut off grades for college applicants enforced

by Catherine Gerow

It's important for students applying to Humber College to keep up their high school grades more so this year due to the sharp increase in admissions applications.

Humber's deputy registrar for Enrolment Management Clay MacDougall says the amount of time dedicated to giving interviews or tests to prospective students has been reduced this year.

"In the past where we've tested everyone in a program like health sciences, [now] we've reduced the amount of testing and we're looking more at high school grades," MacDougall said.

He added that this was one of a number of steps taken to ensure that the increase in applications associat-

ed with the double cohort doesn't overwhelm support staff working in admissions and recruitment.

Humber received 32,226 applications as of Feb. 24 – an increase of 15.3 per cent as of the same date last year.

The college hasn't hired any additional staff to deal with the double cohort, but MacDougall said the support staff was well-prepared to handle the increase.

"This is not something new. We had been planning for it for a while," MacDougall said.

The college has also been using a recruiting strategy intended to limit the number of unnecessary applications, MacDougall said.

"If their grades aren't really high and they want to get into an over-

subscribed program, we tell them to check the cut off grade on our Web site," he said.

Despite these measures, Recruitment and Admissions officer Marcy Wray said there is a noticeable increase in her workload this year.

"Last year we had 1,800 applications for the nursing degree program, and this year we have almost 1,700 already – and there's still four or five months left," she said.

MacDougall said the apprehension felt by many high school students has contributed to the increase of applications this year.

"The media's done a pretty good job of scaring these kids," he said. "The people who traditionally apply to university are now hedging their bets and also applying to colleges."

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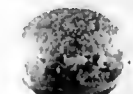
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# Foreign students bring diversity

## Humber scours the globe in search of the brightest

by Kermin Bhot

International student recruiter Michael Ferdinand travels to different countries, experiences different cultures, meets interesting people and gets paid by Humber College to do it.

Ferdinand spends five to six months a year visiting various countries and making presentations at schools to promote the programs at Humber College.

He left on a recruitment trip to Brazil on March 13, and will return at the end of the month.

Last month, Ferdinand traveled to the United States, St. Maarten in the Caribbean, Finland, Sweden and Norway.

It was the first time Humber sent a recruiter to the Nordic countries.

"We thought it might be an inter-

esting market to explore and this was a good way to begin the process," Ferdinand said. "Canada is very new to the Nordic market. So it's really time to create awareness about education in Canada and also for Humber."

Ferdinand participated in school fairs and trade shows held in each of the schools he visited and made presentations to interested students.

This gave students a chance to talk to him and ask about Humber's programs and services.

"There is a two-way exchange of information, because we were gaining some new knowledge of the market and financial aid for students and in turn those students also got to find out more about education in Canada and what Humber has to offer," Ferdinand said.

A lot of research goes into choos-



Kermin Bhot

**Michael Ferdinand recruits foreign students for Humber.**

ing which countries to visit, Ferdinand said.

"As we lose countries, we have to add countries so that we don't lose our international student base,"

he said. "It was one of the reasons for my Nordic trip."

Ferdinand said recruiting isn't just about making presentations and talking to students, it's about relationship building.

"It's not just marketing, it's establishing relationships and that always takes time," he said. "Depending on the culture you're working with, it can take more or less time."

Ferdinand said it's tough to be away from home for long periods at a time, but the job is very rewarding.

"I have been able to travel to distant places, make additional friends, experience different cultures and see new sights," he said.

International students bring more than just money to Humber, Ferdinand said.

He said students add diversity to the college and give students a global perspective to their education.

"At Humber we're quite lucky to have students from 65 different countries. Most colleges can't boast that kind of record," he said.

## Few nominations may hinder staff awards

by Jen O'Brien

Hardworking Humber staff will be left empty-handed if their students and colleagues don't start handing in nominations for this year's Staff Recognition and Awards program.

With the submission deadline of April 4 looming, executive assistant to the president Val Hewson said the President's Office has seen very few nominations.

"There are many, many people who have contributed hugely to the school and students and staff should be putting these people's names forward so they can be recognized," she said.

"It pays off when staff put in nominations," Humber president Robert Gordon said. "People complain when they don't get any awards, but that's usually because we received no nominations from their department. We try to spread the awards around."

The Staff Recognition and Awards program is designed to honour faculty, administrators and support staff who have made a significant contribution to the college.

"These awards are particularly important to staff because they are nominated by their peers," Hewson said. "Recipients have a chance to feel generally good about the job they've done and are given an opportunity to have their work noticed and appreciated."

The awards are meant to honour everyone from department heads to groundskeepers and are presented in the fall when college staff gather at the President's Breakfast in September.

Recipients of the Distinguished Faculty Award and the Administrative Distinguished Service Award each receive a plaque and will have their name inscribed on the school's honour roll.



Jen O'Brien

**Humber College president Robert Gordon says his office has received few nominations for the staff recognition awards.**

But the award is not restricted to just teaching staff. Anyone, from custodians to employees in the registrar's office, are eligible for the Support Staff Distinguished Service Award.

Along with the award, the winner receives a plaque, an honour roll inscription and a cheque for \$250 to be applied towards a holiday weekend, which can commence at noon on any Friday.

"This award was developed with a little something extra because these people typically don't make as much money so it makes it a nice thing for them to have a long weekend and a little extra money," Hewson said.

There are six award categories within which staff can nominate each other.

Any staff member making a nomination must fill out a nomination form and attach to it a written rationale stating how the nominee filled the award criteria.

"A lot of people around the college deserve to get recognition. It just depends on whether their colleagues take the initiative of putting pen to paper," Hewson said.

## World Digest

by Joel Hoidas

### Bush gives Iraq a 48-hour ultimatum

UNITED STATES

In an address from the White House March 17, U.S. President George Bush gave Saddam Hussein 48 hours to leave Iraq or face war.

Bush called upon the Iraqi troops not to fight for a dying regime and surrender with honour.

He assured them war crimes will be prosecuted.

Hussein's son Odai Hussein responded to the ultimatum on behalf of his father by calling for Bush to resign. Odai said a U.S.-led attack would force Iraq to broaden the war against the United States.

### Canada will stay away from Iraq war

CANADA

After dodging the question for months, Jean Chretien said in a statement to the House of Commons that Canada would not join a U.S.-led war in Iraq.

The Prime Minister made it clear he would seek UN Security Council approval before sending any troops to fight Saddam Hussein's regime.

This decision marks the largest rift between Canada and the United States on a military action since Lester B. Pearson opposed the Vietnam War.

There was no reaction to Chretien's statement from the Bush administration.

### Disease outbreak linked to China

CANADA/CHINA

There are now 11 cases in Canada of a previously unknown severe pneumonia that has killed two people in Toronto and seven others worldwide.

Nine cases have been discovered in Toronto including the latest case - a Scarborough hospital patient who shared a room with a previous victim.

One case has been found in Edmonton - a woman who recently came back from Hong Kong - and another in Vancouver.

China's Guangdong provincial government, in the southwestern part of the country, handed in a report to the World Health Organization March 16 claiming they have been battling a similar disease since November 2002.

More than 80 million people live in Guangdong in close contact with pig and chicken farms - animals known to carry human diseases.

The disease apparently requires close contact to spread. Early symptoms include aches and cough like a flu, shortness of breath and a fever of over 38C.

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## LETTERS TO THE EDITOR



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or email at [humberetc@yahoo.ca](mailto:humberetc@yahoo.ca)

# On the campaign trail...

Candidates vie for positions in student government. Polls close today.



Clockwise from top left:

•Humber students cast ballots in North campus concourse.

•Jen Green, VP campus life candidate, promised "more to campus life than classes".

•Currently head of campus life, Rishi Gupta runs for President. He wants to improve student centre, lab access and Lakeshore lounge.

•Nadia Conforti, now VP admin North, is seeking re-election and would improve accountability, campus facilities and communication.

•Business student Jeff Wong is running for VP admin and would improve parking, campus security, computer labs and student complaints process.



## Report warns of mass casualties

*Continued from page 2*

the 1991 Gulf War and the economic sanctions that followed.

"You have to understand that, as a result of over 12 years of UN sanctions, Iraqi society is impoverished, diseased and the infrastructure is basically non-existent," Habib said.

Like many who have fled the dictatorship of Saddam Hussein, Habib wants to see the end of the brutal regime. But he vehemently disagrees with some expatriate Iraqis who have voiced support for a military attack as a way of accomplishing this aim.

"It's easy to cheer on a war when you're not going to be the victim of

the bombs," he said.

Habib said he lost many family members during the bombing of Baghdad in 1991, including several who were killed by a so-called "dumb bomb," a cruise missile that missed its target and landed in their living room.

A study of war's potential effects

on the civilian population of Iraq published in January 2003 by a Canadian-led group of medical and academic professionals reported that "casualties among children will be in the thousands, probably in the tens of thousands and possibly in the hundreds of thousands."

Habib doubts Bush's claim that

his soldiers will be seen as liberators by the Iraqi people.

"Despite their hatred for Saddam and his regime, the Iraqi people will not be welcoming American troops... the same troops that dropped bombs on them, the same government that's been starving them for over 12 years now."

# Editorial

## Immigrants trapped in visa mess

If you thought line-ups were long enough at the airport, you just wait ...and wait and wait.

Until now, nonimmigrants from 47 Commonwealth countries were allowed into the United States simply by flashing passports and landed status papers. But as of March 17, Canadian landed immigrants from the Commonwealth will need to show a valid visa to enter the United States.

According to immigration lawyers and community agencies, for years landed immigrants crossing into the States didn't bother toting visas since it wasn't necessary and they were such a hassle to acquire.

With new rules comes new problems in addition to the same old scene: congestion at the borders and long spiraling line-ups at the eight U.S. consular offices in Canada, which issue visas.

Hugh Williams, chief of U.S. consular services in Toronto, told the *Globe and Mail* that when the rule change was first announced last month, he prepared by hiring more staff and has them working an extra 4 1/2 hours every day to handle the sudden surge of applicants, which doubled daily from 150 to about 300.

### a war-zone of paperwork

The process is long, tedious and often stressful for both consular staff and visa applicants. But now the process will take even longer and be even more time consuming because both new and former landed immigrants who need the documentation.

The big hoopla is over nonimmigrant visas. Landed immigrants born in the Commonwealth must obtain nonimmigrant visas if they plan on temporarily residing in the United States, whether it be for study, work or recreational reasons. There are about 26 different categories of nonimmigrant visas to apply for.

And the folks who wait hours in line, on the phone and check their mail twice a day will have to do it at least a couple of times in their lifetime if they plan on returning to the United States because visas can last anywhere from several days to several years.

First one must apply in person at a U.S. consulate or embassy only by appointment, which has a price. To book the appointment, applicants must phone a 1-900 number which will have users dishing out two bucks a minute. Applicants will also need to fill out forms, collect marriage photos, mugshots, court and prison records, birth certificates (to name just a few documents) and dish out a \$100 fee in American funds, which was, prior to November 1, 2002, \$65.

In some cases, consular staff must travel to the applicant's home country to verify information, which explains the lengthy wait for a visa: from two weeks to two months.

### no welcome mat

The extra security will surely put many minds at ease regarding terrorism. But currently there is no peace of mind for families scrambling to reschedule reunions and other such family events so that family members from the Commonwealth can obtain the proper paperwork necessary to cross the U.S. border.

For a point's sake, let's just say that every member of your family was born in Jamaica, including you, but everyone resides permanently in Canada. There's a family wedding about to go on down south and you obviously want to join the festivities. To prevent hassles at the American border, you'll need your visa, passport and a letter of invitation from the wedding party, according to the U.S. Department of State Bureau of Consular Affairs. The letter should include the invitee's name, reason for visit, duration of the stay and method of payment of expenses.

### how we forget...

The requirement for visas is waived for people from Australia, Brunei, Ireland, New Zealand, Singapore and the United Kingdom if their business or travel visits are less than 90 days, according to the United States Bureau of Customs and Border Protection web site. But all other Commonwealth countries are affected, including South Africa, India and Jamaica.

While few can fault the United States for tightening visa requirements, surely the procedure for acquiring one can be simplified. And surely, the welcome mat could be a little more welcoming. After all, were not most of today's lawmakers and bureaucrats, or their forefathers before them, immigrants?



## One last attempt to avoid more blood and conflict

Below is a petition supported by Rabble.ca, a very strong and witty Canadian anti-war and political web site. At the time of print, the petition had tagged 596 signatures. You can add your name at: <http://www.rabble.ca/antiwar/petition/>

Our favourite uppercut at those south of the border has to be the Statue of Liberty clutching a maple leaf in place of her torch with the phrase "Give us your tyrants, your rich, your Texan cowboys yearning to be redeemed..."

*To: The President of the United States*  
*From: The peace-loving people of Canada*

Your troops await your order to attack. "Special forces" have been preparing the way for weeks. Devastating sanctions have been weakening Iraq for years.

But your plan to bring the world along on your "pre-emptive" attack has largely failed. The world knows it is not Saddam Hussein but the Iraqi people who will suffer and die in this war. Yet you've given your word that you'll follow through.

Recognizing the corner you have backed yourself into, we the undersigned graciously offer you a way out.

Just walk away and come to Canada.

There is no more painless way to accomplish the regime change the world is pulling for. To that end, we offer not only you but your entire family and all of your closest advisors asylum in Canada.

As your northern neighbour and famously loyal ally, we feel it our duty to assist you to the best of our ability in this matter. Of course, given your record, we cannot allow you to hold public office or seek employment in our oil industries or military during your exile. We hope you understand.

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We realize you may need some time to make your decision. Our invitation will remain open until our patience runs out.

Sincerely,

*Canada*

etc.

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# Opinion

## Pardon my French

There's nothing I love more than a big plate of greasy freedom fries loaded with salt and drowning in ketchup and vinegar. Ditto for freedom toast with icing sugar and syrup.

Never heard of freedom fries and freedom toast before? Wondering what the hell they are? Why, it's the United States latest attempt to show their displeasure with France's reluctance to support an American-led war in Iraq.

Last week, in an embarrassing display of "patriotism", the House of Representatives in Washington had the word "French" removed from their cafeteria menus. Hence, no more french fries but plenty of freedom fries to gorge on.

Representative Bob Ney, who ordered the change, was quoted as saying, "The action is a symbolic effort to show our displeasure with the actions of our so-called ally, France."



by Chris Clay

I guess it was lost on ol' Bob that french fries aren't even from France.

Last week, in an embarrassing display of "patriotism", the House of Representatives in Washington had the word "French" removed from their cafeteria menus. Hence, no more french fries but plenty of freedom fries to gorge on.

In fact, they originated in Belgium. But hey, when you're a jackass the details don't really matter.

Ney went on to say that he is of

French descent. I guess that gives him the right to criticize France's decision against joining a non-UN-sanctioned war.

What's really sad is that there's a very serious war about to begin, and the country which is all hot and bothered to bomb some civilians has its political representatives wasting time on trivial matters. Maybe Ney should spend more time on promoting a peaceful resolution with Iraq (I know, I know, it's a ridiculous

thought), then changing the name of snack foods to show his displeasure with other countries.

Last time I checked, Canada wasn't on board with the U.S. for war, although our political leaders are kissing their asses quite nicely.

What's going to happen when someone in the U.S. wants a nice

Canadian bacon sandwich? I just don't think "Operation Enduring Freedom Back Bacon" has quite the same ring to it.

## If Saddam went job searching

**Resume clipping:**  
*Interests – world domination, damning America and ballroom dancing.*



by Tamara Holmes

Is war actually going to happen? Is U.S. President George Bush having that much of a temper tantrum at the UN that he is going to take on Iraq alone? Has anyone been thinking of what will happen if Iraqi leader Saddam Hussein gives in at the 11th hour?

Although his submission is highly unlikely, if Saddam did choose to follow Bush's final ultimatum to leave his country, where would he go?

Not to trivialize the real issue of war or the genuine plights of refugees worldwide, wouldn't it be rather tongue-in-cheek should Saddam and his sons seek refugee status in another country?

Or even applied for a work visa?

Personally, I see them in France. The northern part mostly, since I can't think of Saddam in swimming trunks lazing about on a southern beach.

I wonder what jobs they would seek since I doubt writing "We plan to take over your country with evil and maniacal plans" would fly through the paperwork system.

His resume:

Objective – eventual takeover of company, national oil resources and then the country.

Skills – military leadership, can make a bomb from scratch, can make a bigger bomb with a few things left at home.

Interests – world domination, damning America and ballroom dancing.

I see them running a small bakery named Saddam & Sons, waking up before dawn every day to bake fresh croissants and large baguettes.

Saddam would greet the elderly ladies who come into the store with a kiss to the hand before sniffing the bread and wrapping it in a brown parcel.

Or they could be tour guides for American tourists.

Can't you just picture Saddam having a bunch of typical tourists – Gap shorts, flowered shirts, cameras and all – lined up in military fashion while showing them the city's defensive weak spots in between tours of the Louvre and the Eiffel Tower?

What if they came somewhere in North America?

With Saddam's creepy but jovial laugh so prominently displayed on Iraqi television, perhaps he'd become the next Jerry Springer with his own cable talk show.

Participating in a reality TV show is always an option.

Big Brother? The irony speaks for itself.

Or American Idol 3?

Saddam could say, "I'm just going to sing a little song that was written about my greatness," and his sons could be his doo-wop backup boys.

I wonder what Simon would say...

"I don't think a gas mask is a good image. Maybe try something from Enyce or P. Diddy's line. Your wardrobe is actually more horrible than your singing."

Your wardrobe is actually more horrible than your singing."

If Saddam hauled over all of his doubles, they could be a Las Vegas chorus line.

His sons could go on Dr. Phil pleading for help – their father has a big ego, an evil mind and he won't pick his socks up off the floor.

But in a time of a pending war, no matter how much of it is being produced by CNN, it seems clear that Saddam won't leave.

He says that he was born in Iraq and that is where he will die.

Besides, by the time the Canadian government got around to filing his paperwork, the war would be over anyway.

## Drinking on your stoop might tie you up with cops



by Christine Atkinson

Imagine this: The weather's recently been curiously kind so you decide to dip outside to visit Kensington's quaint shops. So ladies, why not sport your fancy new ankle shoes and black capris? And guys, for my pleasure, please envision yourself in crotchless leather chaps, a fishnet shirt and leather gloves. Many thanks. And please, feel free to invest in any such items.

Before stepping out, you catch the tail end of the phone's shrill ring and you clammer back inside to pick it up. Your best buddy's on the other line with delish news about an upcoming year end party. So you pluck a beer from the fridge, grab a glass and the cordless and sit on your front stoop to chat.

With the phone cradled between your shoulder and chin, you're about to take a final swig from the short glass, when two police officers run up your stairs and ask you

to end your phone conversation. With the warmth and booze, you're more easily irritated than usual. You refuse, understandably puzzled and pissed off that you're being disturbed, but then the cops bring you to their cruiser. One shoves you against the car, your face plowing into the hood.

Before you know it, you're arrested, cuffed and taken to the police station where you're strip

He was sitting on his front stoop chatting on his cordless phone when cops arrested and charged him for being intoxicated in a public place... Though you may be outside and visible to the public, it's still your private space and property.

searched and detained in a cell.

The same sort of thing allegedly happened to Jeb Taylor last September. The 29-year-old Oshawa man says that he was sitting on his front stoop chatting on

his cordless phone when cops arrested and charged him for being intoxicated in a public place.

He was detained and released the following day. According to *The Star*, the charge was "thrown out of court" but Taylor filed a \$600,000 lawsuit against the Durham Regional Police Services Board.

The two cops said they were responding to a report that a man had passed out on a street somewhere. So why pick on the poor fool on his stoop consciously having a phone conversation and sipping a glass of whiskey.

Even if the cops weren't searching for someone and were just patrolling the streets, seeing a guy peacefully sitting on his stoop shouldn't lead them to inquire about his ongoings. And if it did, there certainly shouldn't have been a big hoopla made about it as Taylor's case allegedly had.

Since when has your own front stoop been labeled a public place? Though you may be outside and visible by the public, it's still your private space and property.

If Taylor had been chilling on his backyard patio instead, would the same thing have happened?

Pff. Please.

Forget the guys quietly swigging down a couple beer on their front stoop. Instead, go after the ones loading their handguns...

## Arts

## Sole Mates: Wedding shoes reflect trends and cultures

by Athena Tsavlis

Pareen Naik had a traditional Hindu wedding.

When she got married she wore a pair of gold sandals given to her by her mother. Upon reaching the altar, she removed her shoes and changed into another pair, given to her by her husband's parents. This act signified a new beginning.

"If I had walked away from the altar wearing the shoes my mother gave me, I would have carried bad luck with me," Naik said. "I am not allowed to take my old shoes with me because I am now entering a new life."

Every culture has its own ways of embracing the ritual of marriage. An exhibition currently on at the Bata Shoe Museum shows the historical and cultural importance of shoes within the context of the wedding ceremony.

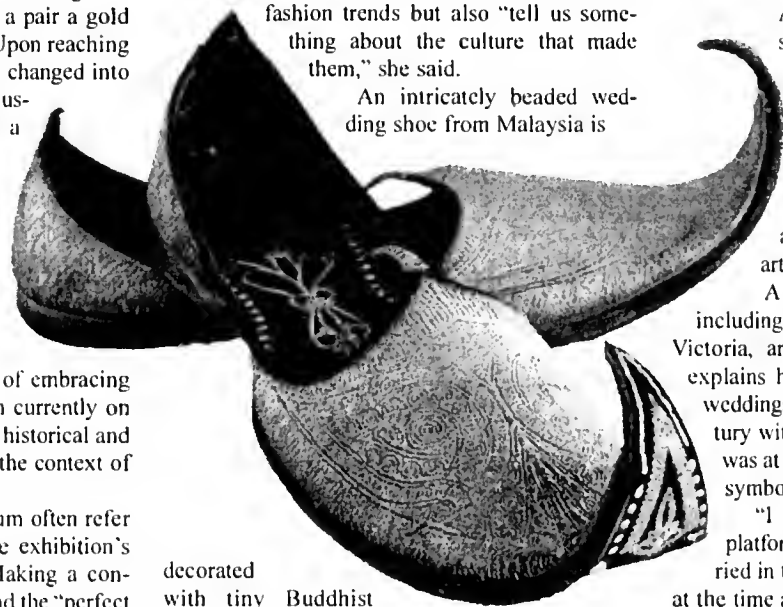
The staff at the Bata Shoe Museum often refer to "perfect pairs of shoes", said the exhibition's curator, Elizabeth Semmelhack. Making a connection between the "perfect pair" and the "perfect couple" seemed a fun idea for an exhibition she said.

The exhibition explores various aspects of the wedding ceremony and how it differs from one culture to another. The museum's mission, as with

any material culture institution, is to explore the larger issues linked to the artefacts in their collection, the curator added.

The shoes on exhibit not only reflect changing fashion trends but also "tell us something about the culture that made them," she said.

An intricately beaded wedding shoe from Malaysia is



decorated with tiny Buddhist swastikas and Chinese spiders. The swastikas are symbols of good fortune and the spiders are symbols of connection.

Indonesian wedding shoes were carved in wood and painted with bright, detailed designs.

Today the shoes have a western influence and Javanese women often wear velvet mules. The groom wears a similar shoe that complements his bride's choice.

A pair of tiny 18th century red silk shoes with jewelled buckles are among Semmelhack's personal favourites. Often, as shoes travel through history, information about their owner becomes lost, she said.

"But we know the woman who wore these at her wedding. This adds another rich layer of information to the artefact."

A selection of white wedding shoes, including a delicate slipper worn by Queen Victoria, are also on display. The exhibition explains how white, the traditional colour for weddings, became popular in the late 19th century with the rise of neo-classical fashion. It was at this time that white weddings came to symbolize purity.

"I wore a white, silk pump with a tiny platform," said Frida Sarracini, who got married in the 1970s. "The style was fashionable at the time and I chose white because I wanted to be traditional. I would have worn them again but they made my feet hurt!"

*The Perfect Pair: Wedding Shoe Stories* runs until May 25.

Entry is \$4 with a valid student card.

## Coming up...

## Video &amp; DVD

*Jackass: The Movie*  
*Maid in Manhattan*  
*Who Framed Roger Rabbit: Bonus Edition*  
*Femme Fatale*

## Movies

*Dreamcatcher*  
*View From The Top*  
*Piglet's Big Movie*

## CD's

*Celine Dion: One Heart*  
*Linkin Park: Meteora*  
*Nofx: Regaining Unconsciousness EP*  
*Ringo Starr: Ringorama 2CD*  
*Placebo: Sleeping With Ghosts*

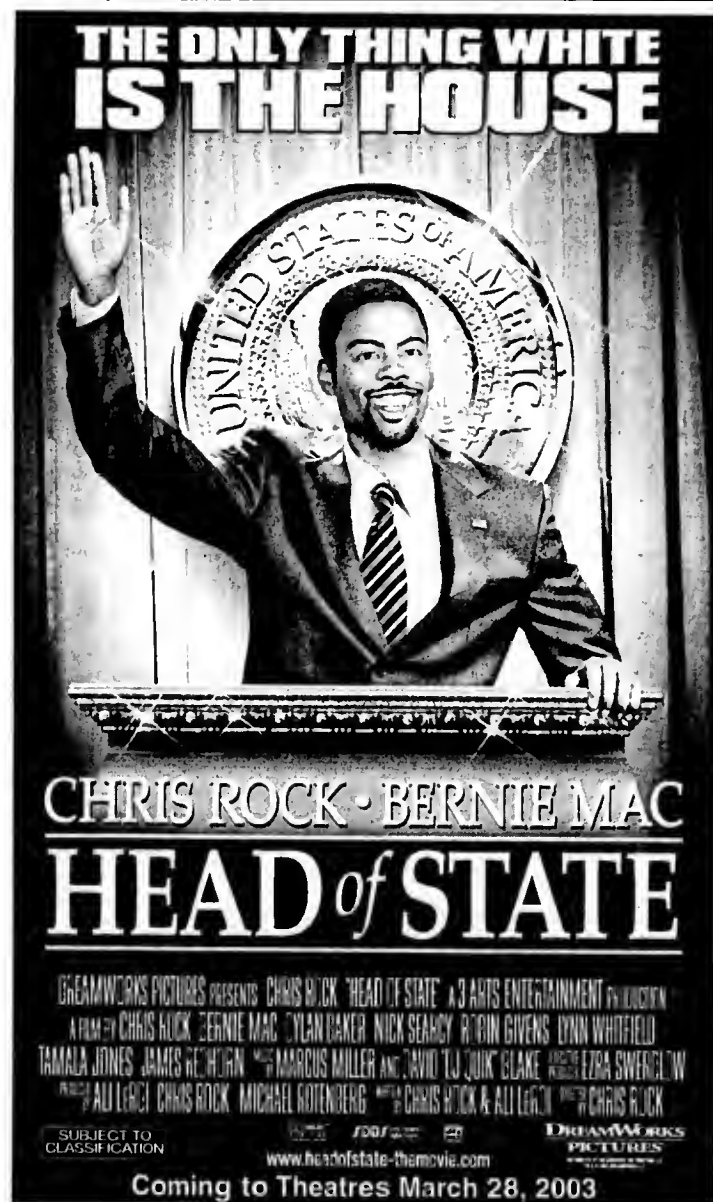
## Things To Do:

Hold on to your panties ladies, Yanni is coming to the Air Canada Centre. The long-locked New Age musician will put his audience into a coma on Mar. 20. 416-870-8000.

To wake yourself up after Yanni, check out the **Kodo Drummers** at Massey Hall. 416-872-4255 or [www.masseyhall.com](http://www.masseyhall.com).

## Head of State Contest

It doesn't open until March 28 but we've got passes to the premiere. The first five people to email [humberetc@yahoo.ca](mailto:humberetc@yahoo.ca) will win a double pass to the screening on March 26. Subject to classification.



## Green beer for everyone!

by Tamara Holmes

Although St. Patrick's Day was still days away, I headed out with throngs of eager Celtic revelers last weekend to show our love for the Irish, stew, scones, beer and everything green.

The sounds from inside one popular Waterdown pub could be heard almost a block away. The laughter, boisterous voices and beats of a live band competing to be heard the loudest lured me in.

The Olde Fáilte could have been transplanted from a small coastal town in Ireland and is nothing short of cozy.

The bar is located in the left corner directly beside a small makeshift stage.

On the top of its center shelf is a clock that has been running backwards since this time last year counting down the days, minutes and seconds until St. Patrick's Day's arrival. Often used as a conversation starter for the other 11 months of the year, March has seen the clock brought into the forefront of the shelf's clutter.

"We have it up there all year, but it needed a right cleaning at the beginning of March," head bartender Marlene Tomish said. "People laugh that we have it up even in June or November but it's always been a focal point closer to March. As soon as New Year's Eve is over, people start looking forward to Paddy's Day."

"I'm trying the green beer tonight," Greg Walsh laughed. "Of all nights, why not tonight? It can't make me any more sick than a regu-

lar beer could. Right?"

No one could be sure, but the lime green, foamy head of the pint left a frothy moustache on Walsh's lip that would have made any pre-pubescent leprechaun envious.

Of Guinness beer's campaign to make March 17 a national holiday, Walsh is hopeful but thinks they've got the wrong day pegged.

"To make a holiday in Canada [on St. Patrick's Day] would be totally f\*\*\*ing cool. Man, Canada is cool. But I think the holiday should be on [March 18] instead."

Walsh said that you start drinking at any time you want on the actual St. Patrick's Day, but it's the "recovery day that is the most crucial."

Upstairs in the ladies washroom, 24-year-old Molly Fletcher is standing at one of the sinks with a wet paper towel pressed firmly to her cheek.

Decked out in green and white striped socks with glittery shamrocks at the ankles, she is also sporting dark green pants, a lime green blouse, a green and white striped Dr. Seuss-type hat and shamrock stickers on her neck.

Upon pulling the paper towel away, the completion to her outfit is now visible - a Guinness beer temporary tattoo surrounded by green glitter dons her freckled cheek.

Beside her, I fluff my hair and wash my hands while examining my poor St. Patrick's Day style attempt. Wearing jeans, a green turtleneck and a green velvet headband, I look in the mirror one last time.

"Oops, I've got parsley in my tooth from those green pastry puffs that were passed around," I laughed. "I guess I've got my own way of showing my green Paddy's Day pride!"

"As long as you have it somewhere," Fletcher laughed. She then grabbed my shoulders, stuck a "Kiss me, I'm Irish" tattoo on my forehead and dragged me downstairs for a green pint of beer.



Tamara Holmes

Everyone was Irish for a day on March 17.



# Mad about art . . .

## Festival sheds light on mental illness

by Hayley Stephens

On December 23, 1888, Vincent Van Gogh calmly cut off the lower half of his left ear, walked into a brothel and delivered it to a prostitute name Rachel. With this act, he loudly pronounced his madness to the world. But to this day, his self-mutilation pales in significance to the blue irises and yellow sunflowers he left behind.

From March 21-30, the Madness and Arts 2003 World Festival, on at the Harbourfront Centre, will celebrate the work of over 100 artists from eight countries around the world, who are striving to shed light on, and be seen outside of, their mental illnesses.

The festival will also explore the connection between mental illness and creative talent that has been brought to the world's attention through people like Beethoven, Hemingway and Keats.

"What we want to do is celebrate the artistic achievements of individuals with mental illnesses who are participating in the festival, as well as present a forum in which issues of mental illness are explored," said festival director Lisa Brown.

In addition to the performances and the In Sanity art exhibit, panels and keynote speakers will explore how different cultural communities understand mental health.

By sharing ideas and concepts from around the world, Brown said she hopes the communication floodgates will open.

"A core objective that we have for the whole festival is that the 188 participants, coming from eight different countries, will all start to talk," Brown said.

Brown says she hopes that this festival – the first of its kind in the world – will continue to travel into new territory in the years to come.

"One of our goals is that we would like this to become a biannual event, but hosted by a different country," she said. "We could take our shows to their communities and really exchange different ways of looking at things and bring different perspectives on the same issues."

Over the current nine-day event, there will also be workshops that range from jewelry making (put on by Denmark) to poetry writing (put on by Ireland) that will explore techniques that different countries use in treating mental illness.

By uniting forces, Brown said she hopes both the artists and the audience will gain a better understanding of mental illness and the arts.

"With presenting their work, we want to reduce stigma and foster better understanding of mental illness, we want to empower those living with mental illness by helping them recognize their potential," Brown said.

George Vukojevi, and actor in the festival's last play, *In the Room*, said by recognizing your potential, you can escape from the narrow definition where you are seen solely through your disorder, both by yourself and outsiders.

"One of the things that happens when you're dealing with a mental illness situation is that it creates a world unto itself, and some-

times you feel trapped in that world," Vukojevi said.

He credits the Workman Theatre Project (a professional arts company in Ontario that integrates people who have had personal experiences with mental illness with arts professionals) with teaching him how to get out of himself.

"The Workman Theatre is a great avenue to go out of, it brings you back to a world where you can be more

than just a mental illness patient," he said.

The Madness and Arts 2003 World Festival is presented by the Workman Theatre Project and the Centre for Addiction and Mental Health in association with the Harbourfront Centre.

For more information on festival events and times, visit [www.madnessandarts.com](http://www.madnessandarts.com).



Courtesy

The Madness and Arts 2003 World Festival features performers with mental illnesses who try to create a forum where their issues can be explored.

# Club is cat's meow

by Buket Oktem

It's past midnight on a Saturday night and after being rejected by a handful of power-hungry bouncers, a group of three weary ladies crawls into 2 Cats.

A lounge nestled in the heart of the newest club and bar strip of King West, 2 Cats offers a relaxed alternative to the uptight and pretentious vibe of other nightspots that line this street.

"It's the type of place we were looking for all night," said Heena Mistry, a 28-year-old lawyer. "No cover, no line up and most importantly no attitude at the door."

Just three of the reasons why 2 Cats has become a popular hang out for restless 20 and 30 some-things.

Simple and understated is the design concept of this lounge, according to Jeff Briakis, the bar's doorman. "It's a comfortable place to enjoy a drink and relax with friends."

A long narrow bar serves well-mixed but pricey cocktails. Cushiony couches abound if standing around the bar takes a toll on your feet. The crowd is the mingling sort and every now and then a couple or two can be

## Hot or Not?



Buket Oktem

2 Cats attracts a young crowd, but one that's outgrown its Government days.

spotted in a lip locked embrace.

"I'm happy to have stumbled upon this place," said Antonella Ricci, a 25-year-old student. "My girlfriends and I went through so much grief tonight [trying to get into

a club] but this bar is just what we needed to unwind and have fun."

The friendly bartenders look as though they were hand picked from a modeling agency. It's no wonder that much of the crowd swarms around the bar, gawking as they patiently await their drinks.

"It's a great place to work," said Nina Sciortino, a bartender. "The people who come are usually very laid back – sometimes you'll catch us belting out tunes altogether," she laughed.

The music each night varies but from Friday to Sunday, house, old school and R&B rule.

Weekdays bring out the after-work bunch and the weekends are reserved for the not-so-old but way-too-grown-up for the Government crowd.

"As you get older, the whole getting on a guest list, sweet talking a bouncer or slipping him a \$20 scenario grows tired," Mistry said.

At 2 Cats, guest lists don't exist and the only thing you need to slip the guy at the door is a smile.

2 Cats is located at 569 King Street West.

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# Critic's Comments

## What we saw



Courtesy/Columbia Pictures

**"I am beautiful but tough. See how I glisten with sweat. You're not bad either, Bellucci."**

**Tears of the Sun**  
Columbia Pictures

Any movie starring Bruce Willis is expected to be an entertaining melodramatic, piece where America saves the world. *Tears of the Sun* is all of the above, except for the entertaining part.

Willis leads a team of Navy SEALs into the Nigerian jungle to extract a Western doctor (Monica Bellucci) from a missionary village. She refuses to leave without her people and that's where the trouble starts. The country is being terrorized by violent, rapist rebels committing ethnic-cleansing who are hot on their trail.

Willis is forced to break the rules and take them along through the jungle where they are constantly being chased by the rebels and have countless close calls.

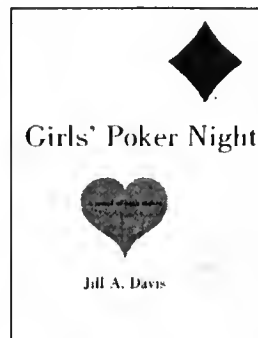
Bellucci is impossibly beautiful and keeps being a pain in the butt as she insists they stop here or there so she can toss her hair and pout. I would have just left her in the jungle to fend for herself.

The film is bad. It's predictable, completely over-the-top and too insistent that Americans are heroes in every way.

by Anna Rozbicka

## What we read

**Girls' Poker Night**  
By Jill A. Davis  
Random House



With so many novelists trying to ride the *Bridget Jones's Diary* coattails, *Girls' Poker Night* seemed like just another fluffy tale of girl wants boy, girl gets boy. And for the most part it is.

But this book has what *Bridget Jones's Diary* had, something most of the copycats haven't been able to capture, and that's heart.

This novel had a cast of likeable characters similar to those on *Sex and the City* that one can actually (in a sort of sick and twisted way) relate to. These women are funny, and charming, but they're also incredibly vulnerable and human.

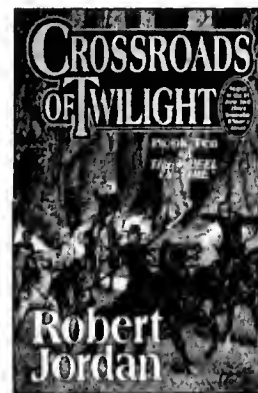
The main character Ruby Capote moves to New York and starts to work at a newspaper where she falls in love with her editor. All kinds of mishaps occur, but it never gets ridiculous. Their lives are never too perfect or tragic to believe.

Jill A. Davis, a former writer on *Late Night with David Letterman*, inserts many observations that make you stop and think "I know what you mean."

*Girls' Poker Night* is a hilarious and touching novel that finally gets the "witty girl in search of true love" formula down pat.

by Anna Rozbicka

**Crossroads of Twilight**  
By Robert Jordan  
Tor Books



*Crossroads of Twilight*, the tenth installment in Robert Jordan's series *The Wheel of Time* is best simply borrowed from your local public library - hardly worth the \$41.95 at most bookstores.

Several volumes ago, each averaging over 600 pages per, Jordan said the series would come to an end by the tenth book. Since the series has become a commercial success, it seems that Jordan is content in just dragging the story along. In fact, nothing really exciting happened in his previous two books.

*Crossroads of Twilight* is no different. Early in the series, Jordan's highly descriptive writing style drew the reader into his elaborate world. Now, without much action in the books, the style is tiresome.

What was once an entertaining set of books, difficult to put down, has become nothing more than ... work. If you do decide to work through *Crossroads of Twilight*, at least save yourself the ridiculous cost and go to the library or wait for the soft cover. If you're a devout follower, the book is available at Costco for \$25.99.

by Paul Markowski

## What we rented

**Dawson's Creek: The First Season**  
Columbia Tristar Home Video



Back when the kids still actually lived on the creek, this show was great. The first season has come out on DVD and if you were a fan of the show at any point, it's definitely worth picking up.

The show started with Dawson, Pacey, Joey and Jen. The gang is 15

and starting to feel adolescent angst.

While some parts of this show were pretty cheesy, they were nevertheless extremely endearing: the folksy theme music (that spawned a soundtrack,) the fact that Joey actually had to row a boat to get home, and that these 15-year-olds spoke like 30-somethings with doctorates. Where else would you get a teenager saying to her grandma, "I am simply trying to establish a rapport with you based on humour." I don't know about you but I sounded more like, "Oh my God, Becky, look at her butt."

The show started playing on the sexual tension between Dawson and Joey that flourished and continued for years, but this is before it became annoying.

The DVD comes with special features like audio commentary, a time capsule and a retrospective featurette. Pick up the DVD set and relive your own days of adolescent angst.

by Anna Rozbicka

HUMBER  
**HSP students'**  
FEDERATION

**URBAN**

**OWN**

**GAPS**

WEDNESDAY MARCH 26 2003

BREAKERS

PARENTS

DUB

etc.

A black and white photograph of a large, ancient stone building, possibly a theater or a public square, with a person standing in the foreground. The building has a high, arched entrance and is illuminated from the side, creating strong shadows. The person in the foreground is standing on a paved area, looking towards the building. The overall scene is dramatic and historical.

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AS SEEN BY



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## Cash & Gizmos

# Good caterers wear many hats

## A successful banquet hall takes more than food preparation

by Annie Chau

If you think running a business in the food service industry is easy, guess again.

John Raffay, co-owner of Hamilton based Olympia Banquet Centre says it takes time and effort to build a successful catering business. But getting a college education in the field is the first step towards a successful start.

However, Raffay does not think that hitting the books is enough.

Experience, he says, is key in the banquet hall business where the stress level is high and there is no margin for mistakes.

"For somebody coming right out of school - get a job first. That would be my first advice. Get a taste of what the industry is like first before you invest into getting into the business. There's a lot to learn," Raffay said.

"Caterers wear multiple hats. You have to be an everything. A cook, a very good salesman and at times an electrician or a plumber because when stuff breaks down, you have got to know what's going on," he said.

And Raffay knows what he's talk-

ing about. He and his mother Mary Raffay started this family business as a mobile catering operation in 1979, doing small jobs such as church hall events, tent weddings, bowling banquets and in-house events. Now, 24 years later, they are owners of a banquet hall that boasts a capacity of 350 guests with a full-time kitchen staff of 15 to 20 people and 50 to 60 part-time employees.

"To start catering is very difficult because ... at the beginning it takes a while to build up a reputation and most of your business is built on reputation. Word of mouth is your number one best advertising," Mary Raffay said. "To start any type of catering business your food quality has to be A-1. Your service also has to be A-1."

"If your customers are satisfied with your work first, they'll automatically come back to you. If your price is right - don't price yourself out of the market - and your food quality is good, they will follow you to whatever place you go," she said.

John agrees. "Customers are the first priority. What they need and what they want is our first concern. We want consistent quality work.

That's the most important thing. So you had one great function one week, but every week has to be the same."

To ensure quality is maintained at Olympia, the Raffays spend the



Courtesy  
Impressing customers is the number one way to ensure a healthy catering business.

entire week in preparation for the main events, Friday to Sunday.

At the start of the week, discussions about the past week's events and the coming week's performance are held at 8 a.m. on Monday. Special menu requirements are taken note of, and food is ordered. But finding the right supplier can be difficult.

"You have to have good suppliers. They must adhere to proper standards and inspect their facilities to make sure that they adhere to the proper conditions because a lot of them don't," John Raffay warned.

Mary Raffay has found a good supplier that offers convenience and quality.

She says that the latest thing is being able to order online. With the convenience of online ordering, all of her past and present orders are tracked for her and the prices for her purchases are all available at the tap of a key.

In addition to using online ordering to help her business run smoothly, Mary Raffay has also joined a buying group called Groupex; a division of the Canadian Restaurant and Foodservices Association (CRFA), to ensure that

she gets quality and value for her dollar.

"I joined the group because we have more power in buying because we buy with 2030 other restaurants," she said. banquet facilities all across Canada. "So whatever I spend, I get a rebate... Even for picking up my garbage... I physically get money back."

Once the food arrives, the preparation procedures begin. John Raffay cannot express enough how crucial this stage of the catering process is. The caterer's knowledge of food handling procedures is what can make you or break you in Raffay's opinion.

"You better be fully aware of all the food handling policies. That's the number one most important thing" Raffay said. "If you're serving 200 or 300 people and you've got a contamination problem you're going to be out of business faster than you know what hit you."

To ensure that staff adhere to, Raffay makes it a priority for his staff to attend food handling seminars that are offered by the CRFA to keep them up to date with health requirements.

In addition, kitchen staff at the Olympia must also learn to handle high stress conditions on the job.

"In a restaurant, you make it as you go - the menu, the orders - you make them as you need. But here you have bulk service... certain people don't realize the stress level that you have to be able to take when volume hits. Some people can't handle it, others those are the people we want," Raffay said.

If you think that you are up to the challenge of working in this fast paced industry and would like to gain some hands on experience through an internship at Olympia, please fax your resume to John Raffay at (905) 312-9963.

## Science fights a deadly brain disease

# Potential treatment for mad cow

by Sarah Ternoway

A new treatment may be able to help people afflicted with the deadly variant Creutzfeldt-Jakob disease (vCJD), the human form of mad cow disease.

Mad cow disease, also known as bovine spongiform encephalopathy (BSE), is an illness that kills by breaking down the brain's tissues.

The last major outbreak spread into the human population in the 1990s when meat from cows with BSE was sold and eaten.

The disease is caused by an infectious mutant form of a protein known as a prion. In a healthy person, cells produce a normal prion protein, which doesn't cause illness. But by a mechanism not yet fully understood, in vCJD, the prion changes into the infectious form after it has been produced. The abnormal protein runs amok in the nervous system, damaging tissues.

Simon Hawke and colleagues at Imperial College in London, England were able to stop the normal protein from being converted into the mutant

one in lab mice.

"Our results are very significant, because they show, really for the first time, that the disease process can be turned off or suppressed in a living animal," he said.

While the reduction in the mutant protein was dramatic, it's too early to tell whether this treatment can actually cure BSE or vCJD.

"We do not know if the animals are cured, and we found no evidence of a therapeutic effect in the central nervous system, which, of course, is where it matters," Hawke said. "We

are carrying out a lot more experiments to determine if the mice are cured, and to try and treat brain disease."

Because both forms of the prion are very similar, it's difficult to find drugs or other therapies that can turn off the mutant protein without interfering with the normal one.

Hawke's group was able to get around this problem by using specially made antibodies.

Antibodies are made by the body's immune system in response to an infection. In the lab, scientists can make antibodies that will stimulate an immune response against a particular protein, or by blocking that protein from acting normally.

Hawke's group used antibodies

that specifically recognize the mutant form of the prion protein, but doesn't attach to the normal form. They injected these antibodies into mice that had been genetically engineered to have a BSE-like disease. This

resulted in much lower levels of the mutant prion being produced.

Hawke is optimistic that these antibodies could soon be used to treat human patients with vCJD.

"We could, for instance, pump the antibodies directly

into the brains of patients using established technology," he said. "I would hope that we should be able to start treating patients within two or three years."

The paper was published in the March 6 edition of the journal *Nature*.



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Courtesy

The only visible sign that this is no ordinary guitar is the ethernet connection next to the jack.

## The rock n' roll revolution takes a technological leap

*An ethernet connection lets a guitar communicate two-ways with a computer giving musicians an unprecedented amount of control*

by Sarah Ternoway

A new digital guitar that can be plugged directly into a computer is turning heads in both the music and design communities.

Gibson, one of the leading makers of guitars and other fretted instruments, has unveiled a new guitar which sends out a digital signal that can be recorded directly by a computer or manipulated in real-time to give a wide range of effects.

The new guitar design is built using Gibson's MaGIC (Media-accelerated Global Information

Carrier) system. This system uses an Ethernet connection — like the ones used to connect computers to a network — that can send information in both directions between the guitar and the computer.

A special pickup detects signals from each of the six strings individually, and the notes are converted to digital signals within the guitar. The sound, volume, and equalization of each string can be manipulated separately, to give an unprecedented range of sounds and effects. The guitar can also be plugged into a regular amplifier using the standard quarter-

inch jack.

Gibson plans to have its first digital guitars in stores within the next six months. The first release will be the MaGIC version of the legendary Les Paul model, with other designs to come later. It's expected that the digital technology will add about \$200 to \$300 US to the price tag.

Local singer-songwriter Aaron Bentley thinks that the digital design offers a wide range of options and possibilities.

"I think it'll be great, even if it's just used as a way of bringing the signal to your analog gear," he said. "You'll get a clean signal that you can then throw through your tube amp, or analog distortion. It'll make it easier to do your job," Bentley said.

Doug Giffin, assistant manager of the guitar department at Long & McQuade's Bloor West store, said his store would probably bring in the digital guitars if somebody specifically requested them, but doesn't think that the more conservative guitarists will be enticed by the new technology.

"I don't know how much this would apply to the typical guitarist, especially the kind of people who would buy a Gibson, which is a more traditional instrument," he said. "A lot of people want to buy a guitar that's good for life. What's the staying power of this technology?"

Gibson's Web site bills it as "the first major advance in electric guitar technology since the invention of the instrument."

At the recent Consumer Electronics Show, the digital guitar won the Innovations 2003 award in the Personal Electronics category in an award conferred by 30 experts from the industrial design industry.

## Passion for comic unites artists and fans alike

*Site's creator enjoys success of a digital 'labour of love'*

Marvel Comic's X-Men are the most popular comic book franchise in the world, with two motion pictures, three different cartoon series and the Web's best fan site on the Internet.

The Web site X-Fan (<http://xmencomics.com/xfan>) began as a labour of love for Australian Eric J. Moreels, in 1996. At the time, it was little more than fan written fiction, a few comic reviews, and a basic template.

"I think it's popular because it's a professionally run, fan and creator mixer and the be-all and end-all of X-Men news and info online," Moreels says.

X-Fan is now one of the leading comic book news sources on the Internet. The site covers all Marvel related news, contests, features, reviews, columns, and a full message board for fans and comic book creators alike.

"I'd love to see the site eventually grow past the X-Men books (all told, more than 10 titles at the present), to cover all Marvel comics and movies. After that, I'd like to cover all comics and comic book movies."

Since its humble beginnings, X-Fan has grown to include more than 3,000 members, including more than 20 comic book creators, including Chuck Austen, Chris Claremont, Joe Quesada, Mark Millar, Frank Tieri, and Sean Chen.

"How was that?" asks X-Fan staffer Brian Summers. "You get to go online and talk to people who write and draw the stories that have affected so many people. For our part [as staffers] we get to provide truly

professional news content about an often overlooked medium."

Fans aren't the only ones who appreciate Moreels' efforts. Former *Wolverine* artist Sean Chen is a regular visitor to the site, and says that it's an incredible resource.

"Members [at X-Fan] have a rare opportunity to actually engage in direct correspondence with many of the comic creators," Chen says.

"As an artist I find X-Fan to be a vital resource of feedback and immediate contact with my readership," Chen says.

X-Fan is maintained by Moreels, his magazine editor, and a volunteer staff of more than 20 individuals.

"We're getting 60,000 to 70,000 unique visitors to the site each month, with more coming the closer it gets to the *X-Men 2* movie hitting theatres," Moreels says.

Moreels' efforts have not gone unnoticed by Marvel, either. They recognize that X-Fan is the leading X-Men site on the

### Web Wanderings

by Brian E. Wilkinson



Courtesy/Marvel Comics

net, and recently asked him to research all the biography's of their leading characters to be used in their Marvel Encyclopedia.

Moreels has since been asked to provide content for 20th Century Fox's official *X-Men 2* movie Web site ([www.x2movie.com](http://www.x2movie.com)).

X-Fan is free of charge to any who wish to sign up for the message boards. Moreels sees it as a chance for fan, creator, and the uninitiated alike to talk about their common passion for comic books.

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# LifeStyle

## Keeping the "white plague" at bay

Toronto nurse helps to fight more than 400 cases of tuberculosis reported yearly

by Amy Miles

On a crisp afternoon when the air is about a minute away from snowing, we enter West Park Hospital in Toronto, masks in tow.

The stale air inside the hospital contrasts with the fresh air outside and makes my lungs want to collapse as we enter the Tuberculosis ward.

Patients and staff talk on phones and roam the halls, their faces half covered so that only their eyes are visible.

However discomfoting this might be to a stranger, this is just a typical day in the life of a tuberculosis nurse who visits patients to monitor their progress, trying hard to rid Toronto of the deadly disease that kills three million people world wide every year.

The white plague is alive and well in many endemic countries; including Canada, with a reported 400 new cases in Toronto alone.

The city has an incidence rate three times the provincial and Canadian average. The whole of Canada reports 2,000 new cases annually.

Diane Rasmusson has been a

public health nurse for the city of Toronto for seven and a half years. Starting as the first Direct Observed Therapy nurse (DOT) downtown, she is now a case manager in Etobicoke.

There are 22 DOT professionals in Toronto who implement Direct Observed Therapy, a procedure that the World Health Organization says is the best way to cure TB. They observe patients taking their medicine to ensure the proper treatment plan is followed.

They visit from three to five times per week, and assist patients with all aspects of care.

To start our day Rasmusson, clad in black jeans, jumps into her green Sunfire. On our way to the office, she gets a page. A woman is waiting at the office for her TB test. She has been in contact with someone who has the disease, and needs to be tested.

At the office the girl is quite nervous and will not let me observe the procedure. She is a refugee. She has no health card, and because she has been in direct contact with TB, Public Health will give her a free TB

test, a test that usually costs around \$30.

Rasmusson says that many TB victims are embarrassed about the disease because of the stigma attached to it. They're seen as "untouchables" because TB is so contagious. Even at West Park, the TB patients aren't allowed on the other floors, or in the cafeteria. They even have their own entrances.

Rasmusson recounts a story from a few years ago when she, through an interpreter, had to tell a patient she had contacted the disease. The girl's roommate listened intently as the diagnosis was explained. Returning home from the hospital later that day, the girl faced an empty apartment. Her roommates had packed their bags and left.

Later on in the day, a young

They're seen as "untouchables" because TB is so contagious.

Kenyan man allows me to observe his TB skin test.

First, a cotton ball dabbed with alcohol is applied to the skin. Next, a needle with a piece of purified protein from a TB germ is injected under his skin to see if he has been exposed to TB.

The young man has fear written all over his face as his eyes shift nervously from his arm to Diane and back to his arm again. He is trying to



Amy Miles

A TB shot is made from a purified protein from a TB germ.

figure out who did this to him.

Rasmusson reassures him that however he may have been exposed to TB, it was not given to him on purpose. The young man stares at his arm and bends it, methodically, as though the bending will somehow produce the answers he is looking for. The young man will have to wait 48 hours to see if he has been exposed.

Rasmusson herself is not afraid she will contract TB, because she knows how to protect herself. She wears a mask until her patients are no longer infectious, and even when they aren't she still makes sure they cover their mouths when they cough.

Later in the morning, it's off to a home visit to monitor a 30-year-old Indian woman with TB in her lymph nodes. This type of TB is not contagious. The petite woman who speaks broken English has no idea how she contracted the disease. She says she never knew of anyone with TB.

She is one of the rare cases who reacted negatively to the first line drugs, developing a rash and a fever. After six weeks, she was sent to Dr. Monica Avendano at West Park Hospital, considered a TB expert. Hospitalized for 17 days, she now has medicine that allows her to live out the rest of her treatment at home, happily with her other 13 family members.

After our visit is done, it's back to the office to return a few phone calls and then off to lunch.

We are accompanied by another nurse, worried because one of her patients has not shown up for his appointment. The last time she saw the Spanish gentleman, she was

without an interpreter and he does not speak a word of English. After a lot of miming, she assumed he understood that he had to meet her. Maybe he did and decided not to. No phone, no way to contact him. He's out there. He's sick and he's contagious.

Rasmusson says she became a nurse because the job is an extension of life.

"If you're doing something that you believe in, it gives you a sense of purpose in life," she says.

Prior to working for Toronto Public Health, she worked at the Hospital for Sick Children for nine

and half years. Long hours were taking their toll on her and what she thought would be a 9-5 job sounded better and better all the time. Or so she thought. Rasmusson often works well past 5 p.m. Part and parcel of the job.

To end our day, we head over to West Park to monitor a young man with multi-drug resistant TB. He didn't take his medication regularly and now he has to stay in the hospital and mope around, mask plastered to his face. He says he's bored and he feels fine. He is ready to leave. There is no one his age to talk to.

The visit is short, and I am again not welcome. I await Diane in the nurse's station, trying hard not to breathe. I know I will not contract the disease, but as patients roam the halls in those masks, eyes dead to the world, breathing seems inconsequential.

It's not to Diane. It's her life work, she'll rid the city of this plague.

I await Diane in the nurse's station trying hard not to breathe.

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# Native-run street patrol program brings comfort and warmth to Toronto's homeless

by Marisa Zucaro

Maggie Williams knows what it feels like to live on the street. It was her home on and off for the last 19 years.

She spent her days asking people for change, an occupation Williams, 35, refers to as "pan-handling" or "stemming."

"The government doesn't understand that some people stem just to pay their bills," she said. "Other people do it to make money to eat. They're doing good for themselves."

A substance addiction landed Williams, a native Aboriginal, on the city streets. She says a spiritual awakening propelled her to get off them and begin helping other "skids" that found themselves in similar situations.

"A skid is a street-person," Williams said. "I know what it's like to be there. They just need to know that people care and are trying to help. I like to help."

Now, Williams spends her days

working for organizations like Anishnawbe Health Toronto. The organization is run by a close-knit team of native Aboriginals who are trying to find solutions to Toronto's homeless crisis. The Street Patrols Program is one solution.

Tina Kastris, coordinator and team leader of the program, is committed to patrolling the streets.

"Our vans work seven days a week," Kastris said. "We deliver food, blankets, clothing, medical supplies and condoms to anyone who wants them."

Kastris, 32, has been working with the Anishnawbe organization for several years. She said her dedication to the homeless comes naturally.

Every day, Anishnawbe staff work diligently to get supplies ready for the nightly runs. There are two delivery shifts each night that work into the early hours of the morning and a separate van that does follow-up checks during the day.

The evening vans carry hot soup, tea, coffee and assorted sandwiches.

Donated blankets, sleeping bags and clothing are also distributed and are especially important this time of year.

"We need the warm items right now," Kastris said. "Hats, gloves, sweaters and socks. Socks more than anything. When it's cold and it snows, socks get wet and there's no place for them [homeless] to dry them."

After the patrol team and office workers load the van, Kastris and her partner, Rob, perform a quick smudging ceremony. Traditionally, the native ritual is done by burning sweet-grass.

"Our culture believes that smudging is cleansing," Kastris said. "It's followed by prayers for a good night and safe trip."

Just before 6 p.m. the van leaves its post at 179 Gerrard St., with a team of four - Kastris, Rob, Williams and another worker.

Kastris is eager to get going; a radio report on homelessness held them back about 20 minutes. She doesn't like to be late.

"Our clients depend on us," she said. "They know what time we're going to be in their area and they trust us to be there."

Everyone on the street team refers to Toronto's homeless as their "clients."

"We provide services that they access," Kastris explained.

Whereas traditional client-based businesses involve the exchange of money, the Anishnawbe crew gives with nothing to gain. The payment is satisfaction.

"There is no other job in the world like this," Kastris said.

She sits behind the wheel, cruising along the regular route. The van drives down side streets, east through the Danforth and Pape area, in several hidden pockets along the Don Valley Parkway and back up into Toronto's downtown core. The mood is sombre.

The van makes scheduled curbside stops where the "clients" are



Courtesy

The Toronto homeless can be thankful that Anishnawbe Health patrol works nightly to get them supplies.

waiting. They are found shivering on street corners and abandoned doorways. The temperature has fallen to an icy -30 C and cool winds slap up against their face. The street team knows them by name.

"Hi Jack," Williams says. "Can we get you anything?"

It's too cold out. He's spending the night in a shelter. He needs a sleeping bag and some hot soup. Williams gives him a couple of sandwiches, too.

As he reaches for his order his hands feel like dense slabs of frozen meat, cold with blood peeking through the cracked skin around his knuckles.

Jack is 40 and has been on the street for seven years. He is a regular customer and appreciates the crew's

help.

"They're the best," he said.

He asks Rob for a bus ticket. Rob gives him two.

"Can you get someone to come get me?" Jack said. "I gotta go to that place."

The team can reserve shelter space for their clients and arrange for shuttles to pick them up from the street and transfer them over. Some prefer making their own way there.

"I just gave you bus tickets," Rob said. "Would you rather get picked up?"

"Oh, no," Jack said, and looks down at the tickets in his hand. "I forgot about these. No, I want to take the bus."

The van also makes unscheduled pit stops for new customers it sees along the way. The street team always anticipates extra stops and comes prepared.

"On a regular night we serve about 120 clients," Rob said. "But when the weather is really cold, like lately, we average 70 clients a night on the street. Even though the shelters are in bad condition, they go there to keep from freezing."

Many homeless people say the shelters are overcrowded and not clean. The team says shelters are not the answer.

"The government really needs to invest in affordable housing," Kastris said.

In the summer, the Street Patrols program services as many as 300 street-people. Clothing, food and monetary donations can be made to Anishnawbe Health Toronto at 179 Gerrard St.



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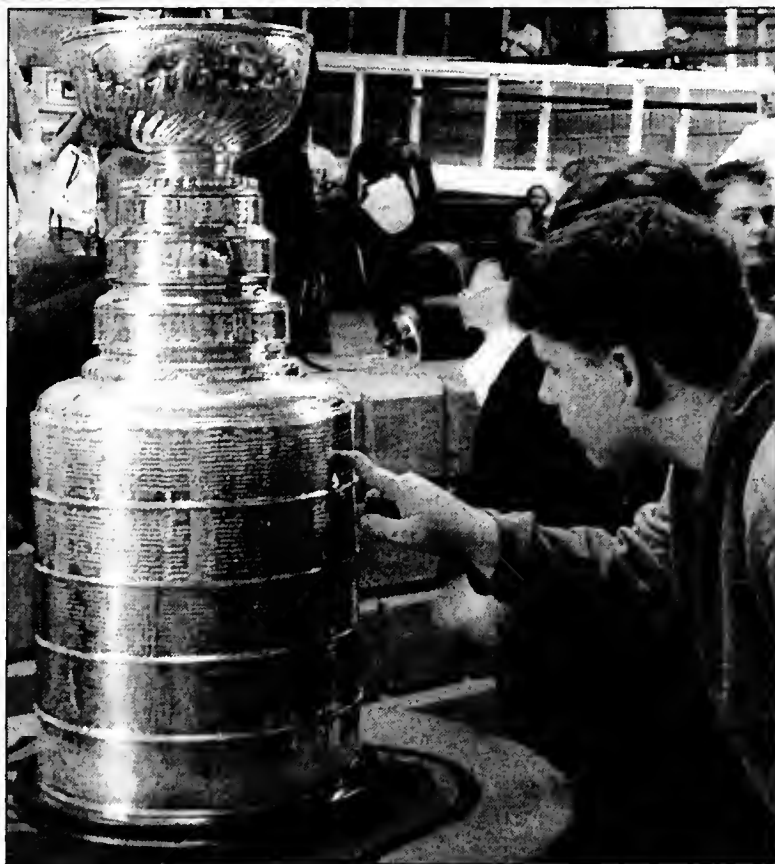
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## Sports



Joel Hoidas

Second-year computer programming student Sean Kelly was one of many students who took time to check out the Stanley Cup that was on display at the Student Centre March 17.

## Why the Leafs won't win the cup

I would love it if someone could explain to me why they think the Leafs are Stanley Cup contenders this year. You see, I've come to the conclusion that this hockey club has no more intention of winning the Cup than Bush does of backing away from Iraq.

I used to consider myself a proud and supportive Leafs fan, but now I'm fed up of always giving these guys the benefit of the doubt when they let me down time and time again.

Sure they made some good acquisitions before the trade deadline and Owen Nolan has shown the fans his talent and experience during the past couple of weeks, but I'm still having a hard time trying to figure out why this team thinks they can bring the Cup home with only one or two guys running the show.

I'm also still trying to figure out why they brought Doug Gilmour back. If this team's looking to win a popularity contest they're well on their way. But if they think Gilmour's going to help bring the Cup back to Toronto they've definitely missed the exit. Yeah, Gilmour's probably just as hungry compared to the last time he wore the blue and white, but like I said about Nolan, you can't expect to win with only a couple of guys. And let's not forget Gilmour isn't the young strapping boy he once was. But maybe that's what the Leafs were

going for this year. I can just see Pat Quinn lacing them up not too far down the road.

But I'm not the only one here who's got some crazy thoughts. Once the Leafs know they're a sure fit for the playoffs, they slack off and think if they just imagine being in the finals, it'll get them there quicker.

Just look back when the Leafs were playing Carolina in the Conference Final last year. They were amazing without Mats Sundin, Darcy Tucker, Shayne Corson, and practically every other star out of the lineup with injuries (with the exception of Gary Roberts and

Curtis Joseph). But when the captain and his clan anxiously returned, it was as if the rest of the team didn't think they had to try anymore. And then we all know how well they finished from there.

All this team wants to do is give the fans something to talk about for a couple of weeks and then reluctantly wait for the next season to begin. It's like someone waving the sweetest piece of candy in front of the face of a five-year-old and then at the last minute pulling it away.

I'm sure there are some eager young talents waiting to be a part of such a well-known hockey club. But not until the Leafs realize it's time to let go of the past and move on, we won't see a Stanley Cup in Toronto for quite some time.



by Christina Wienecke

## NHL features Humber in commercials for playoffs

*Humber students get to touch the Stanley Cup before Leafs have a chance*

by Amy Miles

Lord Stanley's cup came to Humber College this past week, to promote the sport of hockey.

Keeper of the Cup, Mike Bolt said the NHL was shooting commercials for the 2003 playoffs and Humber was the only school to get a glimpse of the cup.

Why was Humber chosen? Simply put. "We thought you guys might like it," Bolt said.

Bolt was impressed with the response from students who were kissing, hugging and caressing the cup.

It was situated in the Student Centre with very little security. Students were free to walk up and touch the Cup with no interference. One woman got a bit overzealous, but all Bolt said was, "Hey, be careful."

The Stanley Cup has been around for 110 years. The first team to win the cup was the Montreal Amateur Athletic Association back in 1893. Every team and all its members are inscribed on the side of the cup. It's a very well-traveled trophy, having been as far away as Japan, Russia and Sweden.

In 1961, a crazed fan tried to steal the Cup when Montreal was playing Chicago.

"He didn't want the Cup to leave Montreal," Bolt laughs.

Bolt has been the keeper of the Cup for the past four years and has

worked at the Hockey Hall of Fame for the past eight for special events.

He thinks the Stanley Cup is the hardest trophy in professional sports to win.

"Think about it. The super bowl is one game. If you lose before you get there you're out. In hockey they have a grueling schedule of games for four series," Bolt said.

As for who Bolt thinks will win this year, he isn't saying. He said he thought Detroit was the team to beat last year, but this year it's anyone's game.



## Toronto gets ready for hockey playoffs

Finally the Leafs have done what fans have been asking for. They're getting ready for the playoff run.

This was achieved by making trades for players that will help get them through April, and possibly into June, and in the end hoist Lord Stanley's mug.

Doug Gilmour was probably the best acquisition. With his leadership, the tenacity of Owen Nolan and the blue line experience of Glen Wesley and Phil Housely, can the 25-year drought be at an end?

Fans across the city have flooded the sports talk shows with calls and voiced their opinions of hope.

The Leafs weren't the only ones dipping into the trade waters, but at least they got who they wanted this year. And with a strong performance from Eddie the eagle, this could be the year.

New ownership has definitely sparked a flame that will burn as

long as the desire to win is mixed with the right attitude that players like Gilmour and Nolan bring to the fire.

Toronto now has three solid lines with many players that at one



by Ron A. Melihen

time or another in their careers wore a letter. Having four lines available and three great defensive pairings is a boost that will help the Leafs in the long playoff run.

Defence wins championships and Toronto now has a strong blue line corps to add to their stellar goaltending.

That been said, Buds fans must still be leery given the average age of the team. The majority of this year's roster is over 30 and time is running out for them.

Last year's champs, the Red Wings, also had a veteran team, but proved that heart and desire can conquer youth and inexperience.

When all is said and done Pat Quinn and the rest of the Leafs brass did what the fans wanted and strengthened the team without totally mortgaging the future. Giving up Brad Boyes and Alyn McCauley had to be done to get who they wanted. If that is the price of a Stanley Cup then we got off cheap.

When the temperature is 20C and the Leafs are parading down Yonge Street with Cup in hand, fans will forget all the years of post-season losses and hockey will rule once again in the 'Big Smoke.'

## Hawks go for national title



Steve Autio

The Humber men's basketball team is off to Edouard-Monpetit College in Quebec this weekend to compete for the National Championship.

The men will tip off against fourth-seeded Dawson college on March 20 at 6 p.m.

Ranked fifth on a wild card draw, the Hawks will hope to avenge their overtime loss to first-seeded Algonquin in the OCAA playoffs.

With championship all-stars Ray Morgan and Dejvis Begaj holding court, the Hawks have a good chance to win it all.

# Accolades aplenty for Humber athletes at OCAA championships

13 players and two coaches from Humber athletics selected to provincial all-star teams.



designed by M.Charles Salem

Award winners from left to right: Men's Hockey, coach Joe Washkurak, Jeremy Bloomfield, Mike Oliveira, James Rodak, Shawn Kane, Chris Pugliese, Seth Gray, Men's basketball, Dejvis Begaj, coach Mike Katz, Jeremy Walters, Ray Morgan, Women's volleyball, Elizabeth Salas, Kirsty Goodearle, Women's basketball, Karine Nicolas, Men's volleyball, Sucha Randhawa.

by Amy Miles

Humber Athletics won a slew of awards at the provincial level this year with 13 players and two coaches receiving all-star honours.

The men's hockey team, who won a silver medal at the OCAA championships, lost to reigning champs, St. Clair in two straight games.

They were well rewarded for their

efforts with forward Mike Oliveira and Chris Pugliese and defencemen Shawn Kane being named OCAA first team all-stars. Forward James Rodak and defencemen Jeremy Bloomfield were named second team all-stars. Coach Joe Washkurak received coach of the year honours and Seth Gray led the league in scoring with 36 pts.

The men's basketball team had a banner year with a 14-1 regular sea-

son record. They are off to the nationals in Quebec on March 20 to 22 after receiving the silver medal at the OCAA, losing out to Algonquin. Ray Morgan and Dejvis Begaj were named OCAA championship all-stars. Morgan was also named a first team all-star while Begaj and Jeremy Walters were named second team all-stars

After finishing up a stellar 12-2 season, the women's volleyball team

came home with a bronze medal from the OCAA championships. Kirsty Goodearle was named an OCAA all-star while Elizabeth Salas led the league in scoring, with an average of four points per game.

The women's basketball team had a rough season, losing some key members early on this year. They lost in a heartbreaking quarter final to the eventual OCAA champion Fanshawe Falcons. Karine Nicolas was named

to the second team all-stars after a stellar season at Humber.

The men's volleyball team scored an undefeated season this year going 14-0 in the regular season. They defeated Redeemer in a grudge match from last year in the quarter-finals, only to lose a heart breaker in the semi-finals against the Niagara Knights. Sucha Randhawa received first team all-star honours. The men got fourth at the OCAAs.

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# Lady Hawks prepare for off-season

by Liz Byers

Although the women's volleyball season is over until next year, the players still find a way to stay busy and involved with each other.

After taking the bronze at the OCAA provincial championships on March 1 in Ottawa, the team has had a chance to wind down and relax

from a gruelling five months of games, tournaments and practices.

"It is really weird to have all of this free time," said Allison Legenza, a first-year health and fitness promotions student. "It gives me a lot more time to pay attention to school."

The girls will start a strict workout program to keep them in shape during the off-season.

"We will probably work out four or five times a week," said Kristi Goodearle, a police foundations student and OCAA tournament all-star. "We no longer have tournaments and games and everything else, but we will still manage to keep busy."

Head coach Chris Wilkins believes this workout regime is absolutely crucial for the players returning to the team next September.

"It is important over the summer that they maintain a certain level of activity and can pick up where they left off in the spring," Wilkins said.

Each workout program is based on their own needs and body stature.

"A personal trainer and I sit down with each of the girls and identify what they need to work on. It can be strength, quickness, a variety of skills," Wilkins said.

Despite a rigorous, off-season workout program, the team leaves room to have fun off the court with the players remaining close and connected.

"We go out to pub night all the time," Legenza said. "We all became friends outside of the sport and you really do miss them."

Goodearle agrees with Legenza. "We go to Caps on Thursdays and maintain a lot of

contact. I commute through school, but a lot of girls live together and share a house," she said.

A majority of the girls still play volleyball on one level or another. Legenza said a lot of players find it natural to want to continue playing.

"I am going to play beach volleyball for the Ontario Volleyball Association," Legenza said. "The games are two-on-two for the months of June, July and August."

For Alex Romano, this was her last year as a Humber Hawk. She is currently in her last year of her

Fashion Arts Diploma and is unsure what the future holds at this point. "I will be playing volleyball for sure," Romano said. "I am heading back to school in the area of media, business or advertising."

Unlike Romano, Goodearle and Legenza expect to be back with the Hawks on the team come next fall.

"Volleyball is one of my top priorities in life," Goodearle said. "Coming to Humber made me realize that there is the potential to go further. I am going to work hard to earn my way to nationals next year."

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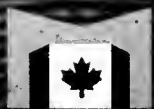
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Courtesy

Lady Hawks Heather Mackenzie, Carrie Moffat and Alex Romano got together at the Halloween Pub night last fall.

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**FOR THE ATTENTION OF ALL HUMBER STUDENTS**  
**Notice of Election**  
**for the**  
**Student Representative**  
**to the**  
**Board of Governors of Humber College**

An Election will be held on **Wednesday, April 9** and **Thursday, April 10, 2003** for the position of Student Governor on the Board of Governors of Humber College. All Humber students are eligible for nomination. The term of office for this position is September 1, 2003 through August 31, 2004, and the basic requirements of this position are to:

1. Attend scheduled Board meetings (once per month, September through June).
2. Attend other Board-related events and activities as required.
3. Provide continual, responsible representation. Governors may not delegate their representation to any other person, and substitute representatives are not permitted.
4. Respect the confidences of the Board unless the information has been made public at an open session of the Board.
5. Receive no compensation, other than out-of-pocket and travel expenses.
6. Maintain communications with his/her electorate.
7. Be prepared to act as spokesperson for his/her electorate on issues and concerns as they arise.

**Nomination packages** can be signed out from the offices of:

**Val Hewson**, President's Office, Room D 167, North Campus, or  
**Ian Smith**, Principal of Lakeshore Campus, Room A 114 Lakeshore Campus

as of Monday, March 17 at 9.00 a.m.

Nominations close on **Friday, March 28, at 12.00 noon.**

Further information about the Board of Governors of Humber College and this Election can be obtained through the President's Office, Room D 167, North Campus, or by contacting:

Val Hewson  
Executive Assistant to the Board of Governors  
phone ext: 4102  
email: [val.hewson@humber.ca](mailto:val.hewson@humber.ca)