

## High Park Zoo looking for help to stay open

The zoo celebrated its 120 year anniversary by asking for donations. They lost their city funding in 2012



# Skilled trades grads heading West

Apprenticeships in Ontario hard to land while the West has been booming with opportunity

Alejandra Fretes  
APPLIED TECH REPORTER

Ontarians, and Atlantic Canadians have been moving out West because more skilled trade jobs are available at higher wages.

Alberta's provincial government said they have been facing a shortage of approximately 77,000 skilled trade workers within this decade and the Conference Board of Canada has said residents in Western Canada will make

more money in 2014.

Western Canadians will see wage increases raise to 3.7 per cent, compared to Ontario at 2.5 per cent and Atlantic Canada at 2.6 per cent.

Jonathan Balari, a carpenter for CNRL Horizon in Alberta, moved from Ontario over two years ago in pursuit of higher paying jobs and to break away from the union-

ized trades jobs in Ontario.

"Everything is union-based (in Ontario) so that everything follows suit. The time you spend in the union for a job, dictates your promotions. Out there if you work real hard, you get your promotion based on your work ethic," said Balari.

"Out there, if you really bust your hump for about five

months, you'll get your promotion if you deserve it."

Isaac Medeiros, 19, a first-year electrical pre-apprenticeship student at Humber College, is aware of the difficulties involved in obtaining an apprenticeship in Ontario, and of the positive potential moving out West can offer.

"I've thought about it . . . I've talked to a few of my

teachers and they said it's hard to get in anywhere in Toronto," said Medeiros.

Financial security is the most appealing prospect of moving out to the Western provinces; a lot of men and women sacrifice time spent with their families in order to get ahead.

See WEST on page 4

## LRT plan for Finch hits local concerns

Jesse Noseworthy  
RESIDENCE REPORTER

A planned light rail transit line on Finch Avenue West to Humber College North campus is raising neighbourhood concerns.

"There's a lot of unknowns about it," said Al Ruggero, a member of the Emery Village BIA.

Emery Village is bounded by the Humber River, Highway 400, Steeles Avenue and Wilson Avenue. The LRT line is expected to run directly through that area.

Concerns include traffic congestion, disruptions caused by the increased construction, effects on truckers that use Finch Avenue and how the LRT will affect local businesses

See LRT on page 7

## HAWKS ARE OCAA MEN'S SOCCER CHAMPS PG 20



George Halim

The Hawks won their fourth consecutive OCAA title, defeating Algonquin College, 1-0, with a late game penalty kick.

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### Scarborough company ethnic inspired clothing for dolls

Louise Kool & Galt created dolls based on five cultural influences: Aboriginal, Islamic, South Asian, Asian and African

ARTS PAGE 16

### Humber grad up for writing prize

Bridge read from her novel *The Eliot Girls* at Lakeshore campus



BIZ/TECH PAGE 9

### Bitcoin summit in Toronto

The world's first digital currency gaining momentum



## - IN THE WORLD THIS WEEK -

TODAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY	8	SATURDAY	9	SUNDAY	10
<b>London Mail Strike</b> Voting on pay and working conditions are going to determine a strike among postal workers in London, England		<b>India's Mars Orbiter Mission</b> This is the new date after the launch was delayed a week due to bad weather in the Indian Ocean.		<b>Tajikistan federal election</b> Current president, Imomali Rakhmon, looks for another seven year term, extending his leadership to three decades		<b>Read for the Cure</b> Authors and book enthusiasts can come together in Calgary for the event that raises funds for cancer research.		<b>Farmfair International</b> It's taking place in the Edmonton EXPO Centre to show and sell quality livestock. This is their 40th anniversary		<b>WaterFire Salute</b> The Rhode Island event honours and salutes the veterans and all military personnel of the United States and their families.		<b>Spirit Fest</b> A full day contemporary Christian music festival. Rangers Ballpark in Texas is hosting.	



Courtesy Tim Fraser

Beyond Green was held on Oct. 25 to 27 at the University of Toronto and saw a turnout of almost 1,000 youth advocates.

## Beyond Green enlists young to mentor peers, save Earth

Yasmin Neale  
ENVIRONMENT REPORTER

Almost a thousand young people attended Beyond Green, an event focused on getting youth involved in activism.

University of Toronto hosted Earth Day Canada's EcoMentors Environment Summit, called Beyond

Green, on Oct. 25 to 27.

According to Jed Goldberg, president of Earth Day Canada, the summit came to be because they were hearing from young people across the country looking for ways to start their activism.

"It is about connecting young people with a passion for the environment to the players in their community

that are actively engaged in different environmental campaigns and actions," Goldberg said.

He said he finds this summit important because the people who attended walked away with a lot more knowledge of how to get started and who to contact within their community.

"They are the people that have the greatest investment on making sure that our planet is healed," Goldberg said.

The EcoMentors program, which is a part of Earth Day Canada, gets 15 to 24 year olds leading and encouraging their peers to promote a positive change in support of a healthier environment.

Jon-Erik Lappano is the EcoMentors program manager and said the program gives youth tools and skills to be workshop leaders and facilitators for their specific environmental passion.

"We don't mandate what issues people should care about," Lappano said. "What we do is help them develop whatever their passions are into skills they can apply in the field."

Lappano said he found that

this summit was really inspiring for those that attended.

"Youth have the passion, creativity and motivation about issues," Lappano said. "If you talk to anyone at this conference there was a real sense that change is possible and that another world is possible and everyone was really charged up."

Stefan Houstetter volunteered and helped facilitate a workshop at the summit. He said he learned about because he follows Earth Day Canada on Facebook.

"It was the first time I have been to a conference of that size," Houstetter said "It is rare to be around that many people who are passionate about the environment."

He is very interested in the combating climate change and he believes that climate change is the moral issue of our time.

"Climate change is the number one issue and should be the number one issue for everybody," Stefan said.

Further information on the EcoMentors program, the Beyond Green summit and other programs can be found on earthdaycanada.ca.

## Aboriginal mistrust of our government learned by history

Albert Williams  
DIVERSITY REPORTER

Humber's adviser on Aboriginal relations agrees with a UN report that a major mistrust of government exist within the First Nations community in Canada.

"We just came out of a period of residential schools in Canada," said Elder Shelley Charles, Aboriginal advisor for Humber College. "Native people are very suspicious of government and any policies they put forward without consultations."

The UN special rapporteur on the rights of indigenous people, James Anaya, completed a nine-day investigation into aboriginal complaints on Oct. 16, and released preliminary findings highlighting issues of income inequality, poverty, violence, addiction and education.

The federal government is expected to introduce a First Nation education act in this sitting of parliament. The proposed act has been criticized by the Association of First Nations in Canadian media reports, as heavy-handed and lacking consultations.

Anaya has told Canadian media that Canada should "not rush forward with this legislation but to reinstate discussions with aboriginal leaders to develop a process and ultimately a bill that addresses aboriginal concerns and incorporates aboriginal viewpoints."

Carol White, program coordinator at the Miziwe Biik Aboriginal Employment and Training Institute, said people who have worked outside and inside the reserves should be "called to the table to be a part of this discussion."

"I looked at the Ontario curriculum for Native studies from Grades nine to 12 and there was nothing there to inspire pride in Aboriginal students," White said. "These things continue to happen

because we are not a part of policy development."

White said education is an important part of preventing "cultural genocide." She said the church-run residential schools are just one example where the government attempted to erase her culture and identity. "America wiped out the Natives on the battlefield," White said. "Canada is attempting to do so through legislations."

Teneile Warren is a recent graduate of the University of Guelph-Humber in the masters of fine arts in creative writing program. She works with Aboriginal young women in the Women with Words Reading Circle.

"First Nation has a predominant oral history," Warren said. "A lot was lost in the residential schools and other acts of government, so you have a whole generation who is unsure of who they are."

Warren said the issue highlighted by the UN preliminary report is well known in Canada, and she interfaces with it daily through her work.

"I hope the warnings are heeded this time and the parliament acts accordingly," Warren said.

Humber Elder Charles said she has reached out to parliamentarians to help in shaping policies for First Nations people. However, all her letters and calls have so far been ignored.

"I will continue to write and call until they are willing to collaborate," she said.

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### CORRECTION

*Humber women's golf team finished in third place at the CCAA Nationals in Quebec City, Oct. 15 to Oct. 18.*

# Alternatives sought to acne drugs

Jacob Wilson-Hajdu  
CRIME REPORTER

Thirteen women are dead after taking Diane-35 in Canada since 1997, the controversial women's acne drug that is still on the market.

Since the release of the drug, there have been 681 reports of adverse effects, according to data supplied by Health Canada.

There are many ways to prevent and cure acne that involve living a healthy lifestyle as opposed to taking prescription drugs.

"Knowing what I know

now, the topical medications prescribed by my doctor were merely masking the acne, rather than fixing it," said Tiffany Haskins, 20, a second-year Humber communications student. "By changing my diet I ingested a lot less sugar and drank a lot more water, also exercising more so sweat would clear my pores."

Haskins also said that people should be more cautious with taking medications.

"Health Canada and those taking these drugs should be more wary of what is being put into our bodies. The sad truth of it is, we are merely

guinea pigs for the drug industry," said Haskins.

Humber College offers alternative methods on treating acne at the Humber Spa Centre.

"(When) we treat acne we do something that it is called High Frequency, which is a machine that gives off a high ozone that will kill bacteria. We also do microdermabrasion, which helps with the scarring of acne," said Sarah Muzzatti, Humber Spa lab technologist.

Muzzatti also shared how students can prevent acne at home.



"The sad truth of it is, we are merely guinea pigs for the drug industry."

Tiffany Haskins  
HUMBER COMMUNICATIONS  
STUDENT

"The number one thing to prevent acne is to cleanse your skin twice a day with a facial cleanser, not just a bar of soap. If you currently have acne, a simple way to prevent to

spread of it would be changing your pillow case."

Diane-35 isn't only being prescribed as an acne treatment, but also as a form of birth control. Health Canada clearly states its intended use is for acne treatment.

"I was told it was a mix of both," said Haley Hanson, a registered practical nurse at the Hamilton Health Sciences Centre.

"I have Thoracic Outlet Syndrome, which is when my collarbone and first rib are too close together," said Hanson. "This makes my blood flow sluggish, but the doctor said

it probably wasn't just that and there were other factors involved and the birth control was definitely a factor."

Hanson had switched forms of birth controls by this time, which her doctor said could have led to the blood clots.

"He said if I wasn't on birth control, I wouldn't have got a clot," Hanson said.

Hanson has written an article for the National Blood Clot Alliance's website on her experience.

"I really wanted to help them to get the word out there," said Hanson.

## Humber blood pressure clinic seeking students

Mario Belan  
HEALTH REPORTER

Humber's Practical Nursing program is hosting a blood pressure clinic today from 9 a.m. to 4 p.m. in the North campus concourse.

More than 200 students and faculty members are expected to attend, said Franklin Gorospe, a professor in the school of health sciences at Humber. This year's goal is to beat last year's numbers.

"We want to raise awareness because students do not know about their blood pressure," said Gorospe.

The practical nursing program is hosting this event where students can get their blood pressure checked by the school nurses.

"We are promoting good health," said Judy Martin, second-year coordinator of the practical nursing program. "Students have to be aware of their bodies. Young people think they are invincible to everything, but even young students have high

blood pressure."

"Students didn't have a clue about what was going on," said Nicole Turon, 21, a second-year practical nursing student who was a part of the clinic last year. "When we took their blood pressure, students didn't know if their blood pressure was good or bad."

Student nurses will give out information about what students can do to get their blood pressure at a normal level, if it's not.

Martin said exercising, eating healthy, losing weight and reducing stress are a few ways to lower blood pressure.

Student nurses will also be practicing their teamwork skills during the clinic, said Gorospe.

"We want to showcase this beyond the classroom," he said. "It makes for better practice in the field."

Gorospe said he hopes this event will take place every year because it's important for the entire school. She said a knowledgeable community will lead to a healthier one.



Courtesy Sonia Polak for Louise Kool & Galt.

This is the first set of dolls being released in 2014 by Louise Kool & Galt, a Scarborough based learning supplies company.

## Dolls bring culture to daycare

Dolls could benefit cultural individuality or enhance stereotypes

Earl Abalajon  
EARLY CHILDHOOD REPORTER

Scarborough based learning supplies company Louise Kool & Galt have released a new set of ethnic-inspired clothing for their Lots to Love line of baby dolls.

The first set includes traditional garments for both girls and boys from five cultural influences: Aboriginal, Islamic, South Asian, Asian and African.

Sonia Polak, a sales representative for Kool & Galt, said the early childhood ed-

ucation community knows the importance of having toys in daycares or classrooms, which reflect the multicultural society the children live in.

"It really helps the children gain self-confidence, and they feel accepted in our society," said Polak. "School boards are also very aware of this importance, so kindergarten rooms try to reflect those values as well."

"I think the idea of showing ethnicity in daycares and schools around kids of different ages brings a lot of social awareness," said Shantel D'souza, 23, fourth-year University of Guelph-Humber ECE student, who added she would use the dolls for

her future as a teacher.

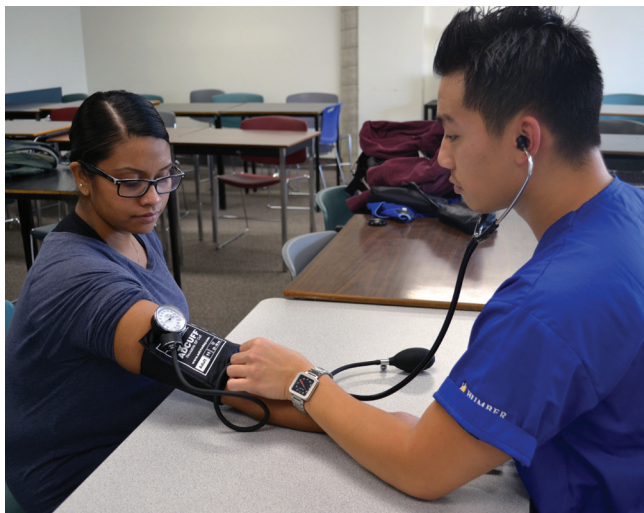
Fellow fourth-year ECE student Ravdeep Bains, 22, said she wishes she had dolls like these as a child. She said that most of the toys currently in use in daycare only offer variations of skin colour.

"There are different ethnicities, but it's mainly white or black (skin tone) with very western clothing," said Bains. "It's a really cool idea to have different cultural clothing so children can say, 'oh, this one looks like me.'"

Ryan Campbell, a Humber ECE professor, fully supports the diversity the dolls represent and said it's a step in the right direction, but questions how authentic the materials are.

"One of the problems with some of the commercially produced materials that's supposed to support diversity and inclusion is that they are all almost made from the same template," said Campbell. "We really try to get away from the 'it's a small world' representation of diversity."

According to Polak, the full set of 10 dolls will be officially available in Kool & Galt's 2014 catalogue, but the dolls can be ordered individually through their site. She says the company is also planning to release casual clothing for the doll line, as well as more traditional ethnic clothing from other cultures in the future, including Jewish and Filipino.



Mario Belan

Jonathan Huynh is demonstrating how to take a blood pressure test with Jessica Sirur-Yee.

## PUBLIC SAFETY

# New app offers safer campus for students

Technological innovations are connecting people in need with Good Samaritans

Tricia Chan  
NEWS REPORTER

Safety at Humber has entered the digital era with the release of Humber Guardian, a free downloadable app for smartphones that features maps and quick hits for emergency numbers on campus.

The system offers one touch access to first responders, an ability to send voice and video messages to Humber Security, a flashlight and personal alarm.

Stephanie Sulit, 18, a second-year criminal justice student, said she'd like to have access to all the campus phone numbers.

"It's not in the best area," she said of the Lakeshore campus. "It's very open so you find a lot of people that don't go to the school just chill over there, so it's kind of sketchy."

Sulit also said she'd feel more comfortable finding a fellow

Humber student and asking for help in most circumstances.

"If it's not something serious, you don't want to be the boy who cried wolf. You don't want to say 'someone's following me' if that's not what's happening," she said, adding that if she could nearby students using the Humber app it would be even better.

In some communities, apps are becoming an integral part of the first response system.

David Fredman created a service in Stockholm called SMSLivräddare before the dawn of the smartphone in 2004 and was running his first tests in 2007.

"It's not an app. It's a GSM positioning system (to locate mobile phone signals)," said Fredman

SMSLivräddare works with 1-1-2, Europe's version of 9-1-1. When a call is made to report a suspected cardiac arrest, SMSLivräddare is noti-

fied. They use up to 28 simultaneous location questions to find an SMS subscriber within 500-metres (not a current Humber app feature).

"We always have a GPS position of the address of the suspected cardiac arrest," said Fredman. "And we sort of match that together with our volunteer telephones."

Shannon Whyte, a Standard First Aid instructor thinks SMSLivräddare is great for public safety because quickly applied cardio-pulmonary resuscitation (CPR) can be very effective in treating someone until help arrives.

"Even if the person delivering CPR is not comfortable giving breath or mouth to mouth, chest compressions can still be very effective and are encouraged by the Life-saving Society of Canada," said Whyte, who explained a review of CPR has made finding the right spot for chest

compressions much easier.

Her concerns are focused on the potential abuse of apps that use a GPS element, unlike the system being implemented at Humber.

"I just think that some people would exploit the fact that most people signing up for this app would be Good Samaritans, and take advantage of that by sending out false alarms or even ambushing someone with the intention of helping," said Whyte.

Fredman said there is also concern for victimization of Good Samaritans, but does not feel the same worry. If the evaluation of SMSLivräddare proves positive, Fredman would like to share the technology with other cities.

"I get an SMS (text message) every time the EMS service is alerted," said Fredman. "As of today we've sent 3,164 SMS alerts and so far no problems."



William Coyle

Pipelines like this attract job-seeking students.

## Students go west in search of jobs

Continued from page 1

"The shitty thing is not being able to tuck your kids in, but the best thing is having the little rugrats grab at your legs when you walk through the door," said Marc Carriere, a third-year electrical apprentice at Independent Electric and Controls, who moved out West to Red Deer, Alberta nearly ten years ago.

Carriere, having worked several jobs throughout his life, including a six-month period in Afghanistan with the Canadian Armed Forces, left Timmins, Ont. for a better quality

of life. After his friends were leaving for Alberta, Carriere decided to follow suit, eventually ending up in the trades.

"There was money to be made in the (oil) patch, make some real money instead of the peanuts I was making in these odds and ends jobs," said Carriere.

Thirty to 40 years ago people were making the move from the Western provinces to Ontario, the country's manufacturing centre, to seek employment opportunities in hopes for a better life, only to have Ontarians returning the favour many years later.

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# Beloved High Park Zoo seeks donor support

Trevon Marsh  
NORTH ETOBICOKE REPORTER

Toronto residents gathered at the High Park Zoo last week to raise funds to help the closing zoo stay open.

Founded in 1893, the High Park Zoo had its funds cut in June 2012, by the city.

Members of the Etobicoke and Toronto community volunteered to help keep the site in existence.

"Today is also a birthday party to celebrate 120 years of High Park Zoo being in existence," said Chris Diceman, spokesman for the friends of High Park Zoo.

The main attraction was the interactive llama pens, but there were chickens, rabbits and wallabies as well.

The zoo costs \$228,000 annually to stay open, which is why the park is asking Torontonians to support the cause. Although the event was free, a donation centre was onsite and online donations and cheques were accepted.

"The city cut the funding in 2012 so Friends of High Park Zoo have stepped in and ever since have been trying to keep the zoo open," said Diceman. "We hope to keep raising funds to not just keep



Participant gets close to nature at the High Park Zoo, Oct. 27, 2013.

Trevon Marsh

the zoo open but to make improvements to it as well."

The High Park Zoo attracts 400,000 visitors each year and is a popular destination for out of town visitors. The zoo offers educational experi-

ences for a range of ages.

"People should fund and support our organization because it's a really interesting activity for the kids to do," said Irene Wilk, a volunteer for the event. "People just like

coming out to the zoo and looking at the animals."

The interest of the zoo stems from the opportunity to interact with the animals which consists of petting, feeding and picture opportu-

nities which some zoos don't allow.

"Not only can they interact with the animals but we have signs as well so people can learn more about the animals and read about where they



We hope to keep raising funds to not just keep the zoo open but to make improvements to it as well.

Chris Diceman  
FRIENDS OF HIGH PARK ZOO  
SPOKESMAN

originally came from, so it's quite interesting," said Wilk.

Residents of the Etobicoke community are urged to participate in the funding of the zoo to keep it running.

The zoo has such a unique atmosphere because it brings families and animals closer together said John Formosa, chairman of the Friends of High Park Zoo.

"It's one of those unique spots especially when it relates to family and animals. It brings a very close interaction between families and animals in an intimate setting. It's also free so it's exposed to everyone and it's really been a family tradition for 120 years now and it's been worthwhile."

## Sexual assault rates still high on undergraduate campuses

Ainsley Smith  
NEWS REPORTER

Four out of five female undergraduate students say they have been victims of violence in a dating relationship and of those women, 29 per cent reported incidences of sexual assault, according to a Canadian Federation of Students

study.

While the finding underlines what may seem to be a growing problem, Rob Kilfoyle, director of Public Safety and Emergency Management at Humber, said there haven't been any significant incidents on campus this year and any minor allegations have not moved forward, or needed to

involve the Toronto Police.

In order for sexual assault or sexual attack numbers to continue to stay low on campus, both male and female students need to continue to most importantly stay informed on what counts as sexual assault, Kilfoyle said.

"Sexual assault can classify as any unwanted contact

from someone without consent," Kilfoyle said.

Joe Ginsberg, 19, is a second-year Police Foundations student and has previously worked as a security guard. He said that in order for students to stay safe while on and off campus, it's a good idea to always walk with a friend or in a group and if you're drinking to always monitor your drinks.

"Another helpful tip is always staying in contact with a friend, or roommate, that way someone always knows

where you are," Ginsberg said.

Humber currently provides students with Rape Aggression Defence training workshops for females, extensive security systems, escorted campus walks and now, most recently, a public safety app for smartphones called the Humber Guardian, which is a free tool to quickly communicate with campus security.

Quyen Tran, 20, second-year fashion arts student at Humber, said the college's

services gave her a sense of comfort. "I definitely feel a lot safer on campus, especially when me and my friends leave pub or are walking home at night," she said.

"Students are also always on their cellphones now, so I think the new safety app is a great idea," Tran said about the new smartphone app.

"Student safety is always our main priority and we will continue to provide students with what ever measures necessary to ensure they feel safe," Kilfoyle said.

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## Newsana databases on trial offer for Humber

Mackenzie Wood  
NEWS REPORTER

Struggling to find expert articles and dealing with restricted and costly databases are longstanding facts of student life. An up and coming news curation network hopes to change that.

Newsana, a web program started by Ben Peterson and Humber graduate Jonathan Wong, gives access to a massive database of expert-written articles on a wide variety of subjects.

Newsana is giving a free trial membership to students at Humber because of what it terms the school's academic achievements and dedication towards its students.

Until Nov. 8, students are able to use their student email to access the site for free.

"We are turning to Humber College students to join Newsana and empower their voices," said Salina Shairulla, media relations representative at Newsana.

Wong and Peterson had previously founded Journalists for Human Rights (JHR), seeking to promote journalistic integrity. During their work they realized a big problem was classifying what was

important and who were the best people to tell the story.

"Ben and Jon worked together at JHR and, while there, they tried to figure out the top five essential stories on human rights. They realized they had a problem of deciding what the best stories should be and who the experts were," said Shairulla.

Newsana was born in 2012 with the hope of helping students with the problem of sorting out reliable, expert articles from less reliable ones.

"Newsana is all about bringing together a community of people who are interested in the news and high quality articles and ideas. Our members sift through the clutter and find the best stories," Shairulla said.

Since its inception the site has received a great deal of attention from prospective users, with a stark growth of users at 66 per cent per month, Peterson said.

"Sure, a program like this would be useful in my elective classes," said Gracie Stephens, a second-year kinesiology student.

"Newsana is constantly evolving to be the best source for high quality news and ideas," Shairulla said.



Michael Berezchnoy

The Toronto Patriots of the Ontario Junior Hockey Club played in pink jerseys and socks on Oct. 26 at Westwood Arena.

## Patriots wear pink for cancer

Michael Berezchnoy  
NEWS REPORTER

There are many different colours and variations on hockey jerseys, but how many teams can say that they have bright pink and white ones?

In support of the Canadian Breast Cancer Foundation, the Toronto Patriots of the Ontario Junior Hockey Club played in pink jerseys and socks on Oct. 26.

The Patriots played against the visiting Whitby Fury at the Westwood Arena, just a

few minutes away from Humber College's North campus in Etobicoke.

Almost 130 friends, family and fans of the team came out to the game wearing pink in support of their team and the cause.

"Everyone is affected by it, and I know it's cliché but because it's Breast Cancer Awareness Month, so we wanted to jump on board," said Jeffrey Bomben, vice president of marketing and hockey operations for the Patriots.

"It was a management group decision (to wear pink jerseys), but it took a little bit of an initiative," said head coach Jason Fortier.

The Patriots played well throughout the game with neither team getting more than a two-goal lead, but were eventually outmatched by the Whitby Fury in a final score of 6-4.

"We need to bring a lot of attention towards issues like these so people know how serious and common they are," said Alexis Wright, 19, a

first-year student in the creative photography program at Humber.

"The jerseys are a good icon for the event because almost everyone knows that pink is the colour that represents breast cancer."

Although the team lost the game, the night still ended on a positive note.

"It was a disappointment on the ice, but we raised quite a bit of money and I think a lot more than we thought we would, so overall it's been a fun day," said Bomben.

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# LRT plans to expand west to Humber

CONT FROM PAGE 1

"It's a Metrolinx project," said Anne Marie Aikins, a manager of media relations for the provincial transit agency. "It will bring new transit to neighbourhoods and it won't cost them anything."

The project, which is funded by the province of Ontario, is expected to cost \$1-billion. Construction is scheduled to start in 2015 and be completed by 2020.

But the Emery Village BIA is unsure of the plan.

"One of our concerns is that what if the studies aren't done properly and the transit solutions end up being implemented without a proper assessment being done," said Ruggero.

Ruggero said an area that will be affected is the Keele Terminals, an oil terminal that supplies oil to the entire city and is considered to be the biggest terminal in Canada. Roughly 700 trucks operate out of the Keele Terminals.

Some trucks may be forced to drive across Steeles Avenue, said Ruggero. "Steeles is already over capacity."

Humber College's transportation training centres already use Finch Ave. West as route to teach truck-driving students.

"Finch is no different than any other route in the city," said Rick Mikula, Humber transportation liaison officer. "The road conditions may be poor at times but that's really the only issue."

Mikula said Toronto has a lot more difficult areas to ma-

noeuvre around.

"The streets are wider (on Finch Avenue West) and the turns aren't as sharp compared to other routes. It's probably going to have some impact but nothing out of the ordinary," Mikula said.

Ruggero said that the Emery Village BIA commissioned Cole Engineering, a respected consulting firm that specifically looks at transportation issues, to do a study on the project. The study revealed that some specific locations weren't looked at in the provincial plan.

Ruggero said the approaches used in the city of Vaughan, which has recently found a solution to congestion by implementing designated bus-ways along Highway 7, is an alternative to LRT.

"Right now it seems that the city is polarized between either a subway or an LRT," said Ruggero. "Maybe there are other ways of addressing it."

Ruggero would like the city to address how to minimize disruption, and that, in some instances, 20 to 30 minutes could be added to someone's commute.

"Most people realize that an LRT is cheaper to build and a subway is more expensive," said Ruggero. "But subways have a tendency to spawn development around them."

"You don't want to enter the job market with businesses leaving the city in greater numbers," said Ruggero. "It's no good to have transit to jobs that don't exist."

## ZOMBIE WALK



Comfort Obeng

Zombies invaded downtown Toronto on Saturday, Oct. 26. The 11th annual Zombie Walk started off with the tossing of a severed head at Nathan Phillips Square. This was the first year all monsters, including werewolves, mummies and Franksteins, were invited to join in. Over 10 000 monsters marched around the downtown core.

# Urbanization will lead to stable world population, Saunders tells Humber

Thomas Rohner  
SENIOR REPORTER

Millions of people around the world are leaving rural villages to live in slums and shantytowns, Doug Saunders, a prominent Canadian journalist told a packed room of students and faculty at Lakeshore campus on Oct. 30.

"What's occurring at the moment is the peak of the largest shift in people from rural areas to urban areas in human history so far," Saunders said.

Saunders has researched and written extensively on the global trend of human migration. Since WWII every continent has experienced a steep shift towards urbanization, he said, which has global benefits.

"Population rates are shrinking entirely because of urbanization and because of education of women. And education of women happen when people urbanize."

The path towards a stable global population will inevitably occur with increased urbanization, Saunders said, because statistics show that children per family drastically reduces with the trend.

"What happens on the way to that could be violent, could be tricky and could cause re-



Thomas Rohner

Student asking Saunders questions during the question and answer period of the President's Lecture Series at Humber.

versals."

Saunders was speaking as part of the President's Lecture series, an annual series at Humber.

Melanie Chaparian, professor in the Liberal Arts school and a committee

member of the lecture series, said the lectures aim to enrich the academic culture at Humber. This lecture in particular would allow students to appreciate ethnic diversity, she said.

"Students, especially those

in the program of social community services, will be dealing with all kinds of folk in Toronto. Having a basic understanding of diversity and what that really means can be useful to their careers dealing with the public, which, in Toronto, is so rich in diversity."

A political science class from the police foundations program was in attendance. Ryan Stephenson, 24, a second-year student in the program said the lecture was interesting.

"I'm surprised to hear so many people would prefer slums to rural communities," Stephenson said.

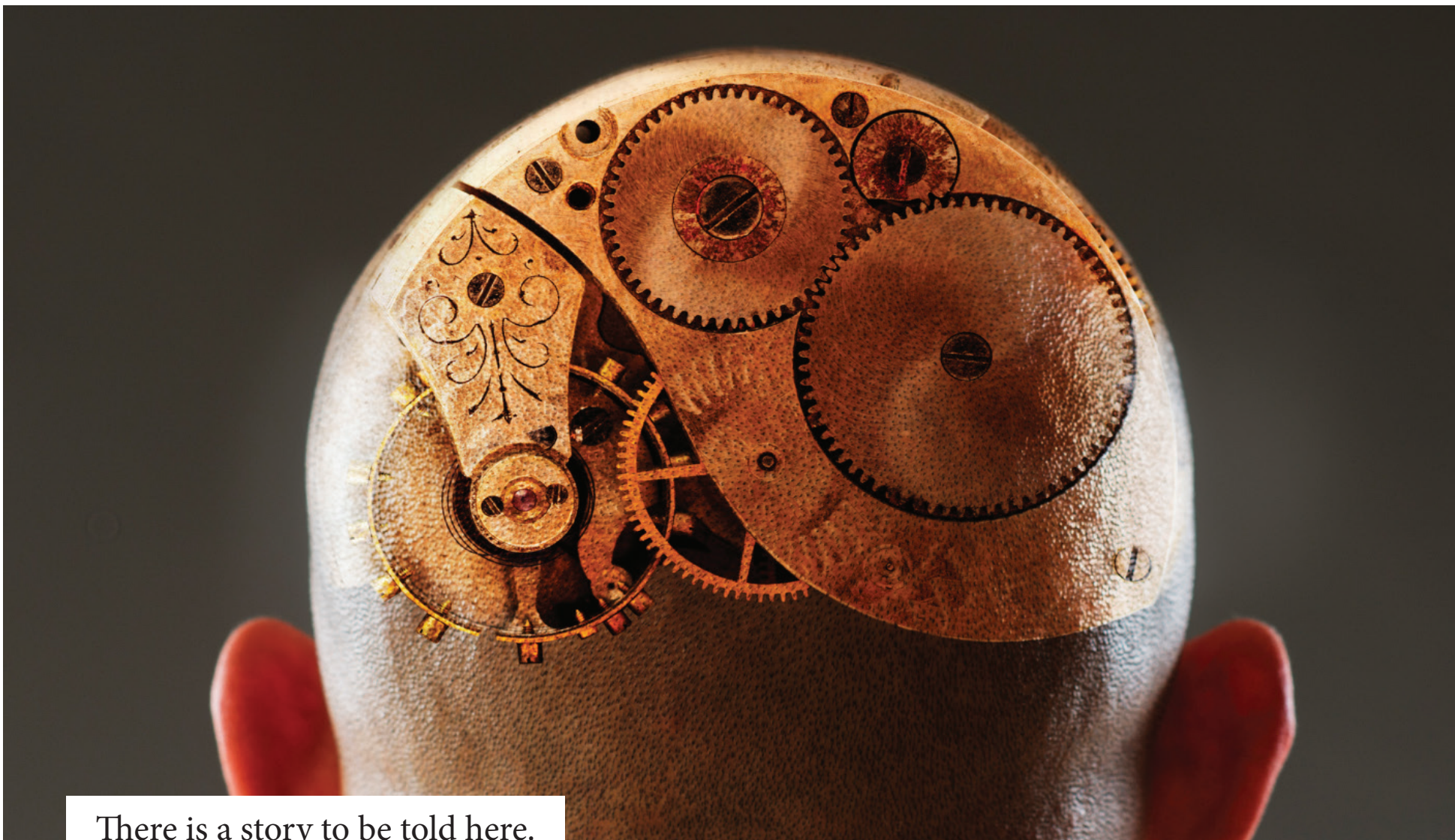
Stephenson was referring to an anecdote Saunders related about meeting a particular woman in Bangladesh. The woman said that while times may be tough in the slums, she can always send her children out to sell individual cigarettes. When times were tough in the rural village, her children died, Saunders said.

The President's Lecture Series continues Nov. 13 when Wanda Morris, a euthanasia activist, will give a lecture at the North campus entitled, "Talking about Dying Won't Kill You: The Case for Choice at the End of Life." Everyone is welcome.



Jesse Noseworthy

The Finch West bus turning onto Humber College Blvd. to drop off students at the Humber College North campus.

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# Bitcoin seeks mainstream

Kat Shermack  
BIZ/TECH SENIOR REPORTER

On Oct. 24, The Academy of the Impossible hosted the first Toronto Bitcoin Summit.

Bitcoin is the world's first digital currency, invented in 2008 by an anonymous developer. In the past five years, Bitcoin has steadily grown in popularity and value. One Bitcoin (BTC) is currently worth about \$200.

"Bitcoin is getting ready to cross over into mainstream," said technology commentator, and the event's host, Jesse Hirsh.

Hirsh is also the founder of the alternative-learning centre, the Academy of the Impossible.

The summit was the first of

its kind in Toronto, and drew about 50 participants, who had to pay 0.25 BTC (\$52 CAD) to attend.

The event consisted of a series of panels, where attendees were encouraged to interrupt with questions and comments. The tech-savvy guests were also active on social media during the event, constantly tweeting commentary and complaints with the hashtag #bitcoinTO. The twitter feed was projected on the wall so those who weren't quick enough to grab the microphone could still have their voices heard.

The first panelist was Duncan Stewart of Deloitte Canada, whose presence proved major financial institutions are taking note of the up and

coming currency.

"We aren't regulating this yet," Stewart said. "That doesn't mean we won't."

Technology expert Ken Chase led a panel that explained the inner workings of the Bitcoin. Although the room was full of people who know Bitcoin inside and out, Chase explained this extensive knowledge is not important for the average user.

"They just need to know those entities (such as Bitcoin banks and exchange services) are legitimate and trustworthy," Chase said.

The founders of Coinkite, a digital currency bank, also presented. They argued that as Bitcoin gains popularity, people will become more comfortable with it, and

eventually even those of us who mostly use our computers for Facebook and Twitter will be able to use Bitcoin.

"When you grow up with something you don't give it much thought," said Coinkite co-founder Peter Gray. "People haven't got to that point with digital currency."

Gray and his business partner Rodolfo Novak believe it's only a matter of time until consumers become familiar enough with Bitcoin to use it regularly. At the summit they presented their Bitcoin debit card and portable debit machine they hope to sell to retailers in the near future.

Advocates of Bitcoin say there are many advantages to the online currency. Because

it is transferred directly from person to person, there are no fees, and no need for an intermediary such as PayPal. Bitcoin also differs from other currencies because it is completely decentralized, and is not controlled by a central bank or government.

Bitcoin advocates believe the digital currency will revolutionize the way we look at money, and that this revolution is imminent.

"My dream and vision is to spread Bitcoin awareness," said Hirsh.

Although Bitcoin proponents believe it's only a matter of time before the currency takes off, the idea has yet to spread to the Humber campus. Very few teachers or students had any idea that



PHOTO BY KAT SHERMACK

## A Bitcoin client card.

a digital currency even existed. However, this tech-savvy generation of students is already accustomed to an increasingly digital way of life.

"Bitcoin seems easier and less complicated," said Giuliana Carducci, 19, second-year general arts and science student. "Technology is growing, and people will pick what's easiest."

## Hawks Nation app for students

Jordan Biordi  
BIZ/TECH REPORTER

Humber Hawks fans can stay connected to their team with a new mobile app being developed by the Athletics program.

Stemming from the Hawk's Nation website program, The Hawks Nation app provides varsity sport fans with updates and schedules of games, live streams of games and a check in program that allows students to rack up points for swag.

Despite two months of troubleshooting, the app is close to launching.

"It started as a desire to take the next step in data capturing for Hawks games," said Humber athletics events and

program coordinator James Depoe, who created the app through "Weever Apps."

Based on the success of the app, Depoe is also hoping to have it work in conjunction with other Humber venues, such as LinX to create partner events for students to earn points outside of Hawks games.

"It's all about school spirit, it's free to join and our goal is to support the school and the Hawks."

No official release date has been announced, however students can get the app from the Weever Apps website under Humber Hawks.

Depoe says the app will be launched soon for Apple, Android, Blackberry and all tablet devices.



PHOTO BY COMFORT OBENG

Toronto Taxi Alliance argues that making all taxis wheelchair accessible is unrealistic, will raise fares and reduce safety.

## Taxi reforms anger industry

Edward Bayley  
BIZ/TECH REPORTER

Toronto is conducting a taxicab industry review that could mean a number of changes to taxi services.

The review released a "framework for change" document in June. The report recommended that the city create a long-term goal of making all Toronto taxis wheelchair accessible, improve customer experience by adding new display screens, and move the industry to a one-license structure.

According to project manager Vanessa Fletcher, the review was industry driven, and there have been over 40 consultations, as well as cus-

tomers surveys that led to the recommendations.

The Toronto Taxi Alliance (TTA), whose member brokerages represent about 80 per cent of Toronto's taxis, issued a press release stating these proposed reforms could lead to higher fares, longer wait times, reduced driver safety, and higher pollution.

"I'm against these reforms," said Kristine Hubbard, operation manager for Beck Taxi Limited. She states the two largest concerns are the shift to another type of license and the mandatory wheelchair accessible vehicles. These changes are "so far beyond what is good for drivers, customers, and the industry," said Hubbard.

"If these reforms came into fruition, it would create additional costs for drivers that could force them to charge more, work longer hours, and could make them unable to keep up with maintenance costs," said Hubbard.

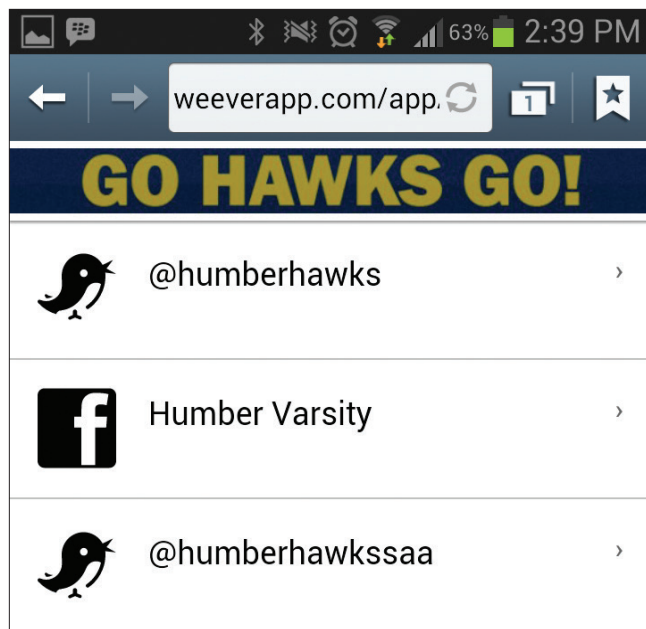
Beck is part of the TTA and Hubbard says they've spoken with a disabled client who needs a sedan-sized vehicle and wouldn't be able to climb into a wheelchair accessible van.

Alessia DiVirgilio, a disability services consultant at Humber and electric wheelchair user, says that making a community accessible, whether through adding ramps or changing taxis,

benefits everyone. "I think [this change] was necessary 20 years ago," said DiVirgilio. Currently, if a wheelchair friendly taxi is required, it has to be pre-booked, making spontaneous travel difficult. DiVirgilio says that a fare increase wouldn't be high enough to outweigh making the taxi system fair and accessible to everyone.

The final report for the industry review has been delayed until January.

A "drivers only" consultation was held Oct. 17 where over 1,000 drivers showed up, and many were turned away due to lack of time. Another consultation will be held, but a date has yet to be set.



COURTESY OF JAMES DEPOE

The app will allow users to livestream all Humber games.

# Humber needs more commuting options

Humber College and the phrase 'commuter school' seem to travel in pairs. As a college that has approximately 80,000 full and part-time students making round trips to campus regularly, transportation should be a primary concern.

It's expected that if you live, work or attend school within the GTA, commute times can alter your schedule and test your patience. This is especially true for Humber—particularly its North campus, which is located in a mixed use area of Etobicoke, where pedestrians are in the minority.

The 2013 National Household Survey finding that GTA commute times are the longest in the nation confirms this. The Toronto average of 45 minutes in each direction is surely well exceeded by North campus students and staff, whether they're commuting from downtown Toronto, Oakville or Scarborough by bus, car or train.

Humber has partnered with Smart Commute, a transportation management association, to survey students on their travel needs and develop customized transportation options. This proposition should offer the support we've been waiting for, yet the repetition of survey questions from year to year indicates little has changed to rectify the situation.

Humber is not entirely to blame. An extension of the TTC's services to Etobicoke has been a long-running topic of discussion. Humber advertises that its main campus is in Toronto, but if Etobicoke were really treated the way other parts of the city are, perhaps the TTC would be more accommodating. Even Lakeshore campus, being closer to the city core, appears to be better serviced.

Long travel times and limited options for transit hinder not only students but also the school. A recent *Et Cetera* article reported that the Humber Hawks games lack an audience due to Humber's commuter school status, keeping students off-campus throughout nights and weekends. The same can be said for student clubs and related events.

A thriving school community is an important facet of any post-secondary institution seeking to help students feel involved and connected to its community. A geographical issue such as urban planning is negatively affecting Humber's acclaimed reputation.

Like airports, colleges are often placed on the city's periphery due to the larger space needed to accommodate facilities. The only problem is that many students operate on a small budget and can't afford a car. This is where public transit becomes

a necessity.

Although Humber tries to be flexible with a variety of route options operated through such companies as MiWay, Go Transit, TTC, Brampton Transit, York Region Transit and Zum, congestion and accessibility are an ongoing issue.



Humber advertises that its main campus is in Toronto, but if Etobicoke were really treated the way other parts of the city are, perhaps the TTC would be more accommodating.

This year's Humber Smart Commute survey heavily focused on greener methods rather than tackling student concerns. The survey says cycling, walking and carpooling are sustainable alternatives, but how realistic are these proposed solutions? They seem counterintuitive for a recognized commuter school, where pedestrians are few and far between.

Small steps like selling GO transit tickets on campus or having a kiosk for route or and travel information

can help alleviate the issue in the meantime. It recently came to light that all other Toronto post-secondary schools offered TTC photo ID visits, with the exception of Humber campuses. This is proof that there is no substantive discourse between the TTC and Humber.

An issue like transportation is hard to bandage for any city, and the TTC has made this clear for many Torontonians. Humber has plans in place to help decongest its North campus. Traffic control in parking lots and at intersections has had a growing presence this year and the new Learning Resource Commons construction site will eventually include buses bringing students directly into the campus.

As with all traffic issues, these future plans are stop and go. We can only hope that the next generation of students will have an easier commute thanks to more investment from Humber and the TTC.

As students we can offer our opinions about an issue that directly affects our academic success, health and safety. A recent survey from the Canadian Federation of Students is giving us the chance to do so, with a mandate for more affordable and accessible transit for post-secondary students travelling across the GTA. We should all make ourselves heard.

## HUMBER Et Cetera

*Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.*

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# There's more to technology than Apple



Alessandra Micieli  
LIFE EDITOR

Last month, Apple unveiled its newest products for the computing market in a news conference. The event served as a launch pad for several new items, including a new (and free) operating system called X Mavericks, two new iPads and two new MacBook Pros.

It isn't at all surprising that these kinds of conferences reach the web so quickly, allowing eager fans and investors to watch the news unravel in real time.

What I don't understand is how so many people can be driven to near-obsession over Apple's brand of electronics. Everywhere you look, people are glued to their iPhones, iPads and Macbook Pros. It's disheartening to see so many people buying into such a brand-marketed, cult-like form of consumerism. For this reason, I call this the "Apple Era."

I don't want to be pressured by peers into purchasing an Apple product because of its popularity. When I hear someone say, "You need to buy an Apple iPad, or a MacBook Pro, because it's so much better than anything else on the market," I can, on the contrary, think of other prod-

ucts that are just as good. Samsung products are just one among a number of prime examples.

I'm not staunchly anti-Apple. I have to hand it to Steve Jobs, Apple's creator: he was no doubt a genius. Jobs knew how to brand a specific product and hone it to perfection. Like many of us, Jobs had a dream, and he worked tremendously hard to build his brand (and himself) into the incredible success story that it is. Kudos to him.

And I'll be honest: Apple computers are impressive machines, and the range of programs that are available for their operating system is expansive. Despite my aversion to Apple culture, I may even one day want to invest in a MacBook. There is just one condition I have, if I ever do decide to become a Mac user: I would only buy one if the product can provide some significant advantage over conventional PCs. If a MacBook Pro is essentially no different than the laptop I currently own, then forget it. It's not worth the hefty price tag, which can reach upwards of \$1,999. For now, I'm sticking with my HP laptop.

Apple's marketing department has certainly done its job, and I can't blame people for being intrigued. The advertisements are simple and clean, and the products appear sleek and user-friendly (or so people say). But the way people go berserk when a newer version



Courtesy: Wikimedia Commons

of an iPhone is released boggles my mind, as do the incredibly long lines of people waiting outside the door of every Apple store in the world. And, here's the most bizarre part: all these people already have iPhones, but just a model older. Where does this want factor come from?

My best guess is that fans have raved over Apple for so many years, that the company developed a glowing, cult-like reputation for its iconic computers. And you can't go wrong with a simple operating system that also doubles as an anti-virus. However, you're paying nearly two thousand dollars for a laptop that certainly won't last you forever. People seem to be drawn to the product because it's popular, and it

irks me to think that a person supposedly appears more professional if they are carrying around a MacBook Pro instead of an HP laptop. Give me a break, people.

As far as smartphones go, the iPhone was a trailblazer that changed the face of mobile devices, and in North America, the iPhone is still the top seller in the mobile phone market. But just barely. Stepping on its heels in North America, and outselling Apple in every other corner of the world is Korean electronics giant Samsung. I own a Samsung Galaxy smartphone, which uses the Android operating system (as opposed to the iPhone's iOS) and I couldn't be happier with it. It does everything an iPhone can do, and then some.

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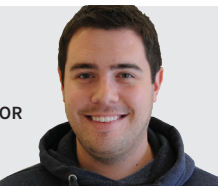
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Courtesy: Ari Perlin-Bain

# Bikes and vehicles need to learn to share the road

Jake Kigar  
MANAGING EDITOR



The next phase in Toronto's ongoing bike lane saga has started.

On Nov. 13, City Council will decide if Bloor Street should be the next candidate for the installation of bike lanes, leaving cycling advocates tingling with hope and angering those who are strongly opposed.

The debate over whether or not to create bike lanes on our roads has long been a staple of discussions on Toronto's transit operations. In fact, the Bloor Street bike lane discussion moved forward just three years ago before it was nixed in 2012.

Motorists and other opponents to the bike lanes say they're not necessary because cyclists are uninformed and erratic on the roads anyway. Cyclists counter by saying that motorists are aggressive and unwilling to

share road space with bikes.

In Toronto we can't be picky with our road system. We live in a city with a struggling road infrastructure, so it's important that we utilize the space we have while accommodating the needs of our citizens.

We already supply cars with many road lanes to drive on, so why shouldn't we have more bike lanes for cyclists to use?

In Copenhagen, Denmark, the city is redesigning itself to accommodate its cyclists. Commuters are given access to car-sized bike lanes, equipped with air-pumping stations and angled trashcans for cyclists to easily toss garbage away. The city is also fully equipping itself with what they call their 'Cycle Super Highways' to accommodate the large number of cyclists there.

While this seemingly-ideal kind of system can't possibly be installed in Toronto's already developed downtown areas, we should do what we can with the space we have to help accommodate the

still-growing cyclist population.

Cyclists say the proposed Bloor Street lanes being brought to City Council this month is ideal because of its location, its length and the fact that there are no streetcar tracks on the road. There is, however, strong opposition from not only motorists, but also some businesses.

Businesses that rely on storefront parking are protesting the proposal, saying bike lanes will eliminate access for their customers, forcing them to venture around and find parking elsewhere. Motorists opposed to the idea are saying the major street is already hard enough to drive on, especially where the road narrows to single lanes.

I can identify with those motorists who find themselves stuck in bumper-to-bumper traffic on Bloor Street, or any of the other roads with proposed bike lanes, like Spadina Avenue, Yonge Street and Bay Street. Living directly on Eglinton Avenue in a busy traffic and business section, I know how difficult

it can be to lose a lane on a road already so congested with traffic during rush hour. Living above a business that relies on street parking for all of its customers, I can see how the business would suffer if it such space were taken away.

So, perhaps Bloor bike lanes wouldn't work. Maybe we could instead use more of our smaller side streets to help cyclists get around. Our main roads that can't accommodate bike lanes have already been built up with storefronts, parking spots and sometimes streetcar or TTC transit stops. If we allocated space for our cyclists on more adjacent streets, they would still be given their necessary bike lanes to travel across the whole city, while avoiding backlash from commuters and businesses on our busiest roads.

Bike lanes used to exist all along Spadina Avenue, but the city eliminated most of them because they made the road much too narrow for cars to get by. They also used to

exist on Jarvis St., but we saw those taken out last year. We need to figure out which streets can afford to have these additional lanes to provide cyclists with the ability to travel across the entire city without the worry of motor traffic.

Already this year we have seen three cycling fatalities on some of our city's busiest main roads. This past month, a vehicle on Spadina Avenue struck 25-year-old student, Carla Warrilow. In another incident, a woman in her 50s was killed on her bike along Lakeshore Boulevard, and earlier this year yet another was killed on Dundas Street West.

These are completely avoidable deaths and show that we need to take action. Cyclists are considered vehicles by the Highway Traffic Act and have an equal right to the road, as well responsibility to obey traffic laws.

Cyclists aren't going away, so instead of acting like they don't exist we need to continue to incorporate them as part of Toronto's established traffic.

## QUOTED: How long is your commute to college?

It takes me 35 minutes on the bus. I was living in Mississauga before but the commute was too long.



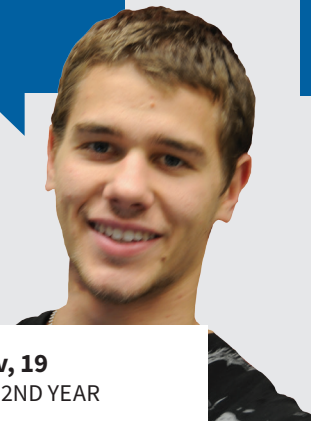
**Aideed Aideed, 23**  
Business/Marketing, 2ND YEAR

I take a 15 minute bus ride, or if it's nice out I can walk in about 30 minutes.



**Gabrielle Kanis, 19**  
Culinary Mgmt., 2ND YEAR

It takes me 2 hours, one way. I live north of Vaughn, so I have to take 3 buses each way. I leave before 6 and don't get home until after 6.



**Andriy Karpov, 19**  
Health/Fitness, 2ND YEAR

I travel an hour and a half on TTC, from Yonge and Sheppard. I'm thinking of moving into residence next year.



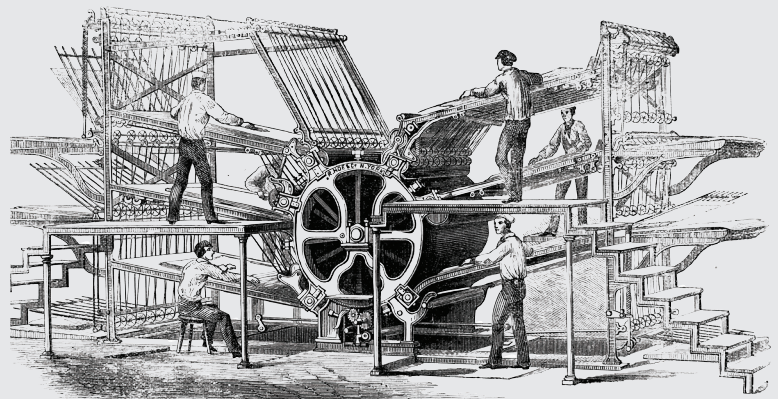
**Kyle Lee, 20**  
Electronic Engineering, 1ST YEAR

# The Printing Press

The Printing Press is intended as an opportunity for the Et Cetera team to share and explicate our process as new journalists, where we can offer transparency and introspection into what we do here in the Humber North campus newsroom.

In this weekly column, you'll find a wide range of anecdotes, analysis and criticism of journalism as a whole.

Paul Rocca, Opinion Editor



## Shoddy science journalism spreads ignorance and costs lives

Paul Rocca  
OPINION EDITOR



The headline appeared in virtually every newsstand: "Oreos as addictive as cocaine, study finds." The Nabisco cookie, according to a press release by Connecticut College, presented addictive behaviour in rats identical to that from the drug cocaine.

You may have seen the story yourself. What you wouldn't know—or what wasn't mentioned by the press—is that the study wasn't peer reviewed nor published by any scientific journal, which is the essential standard in scientific discovery. It was also conducted by a handful of undergrads. Hardly the breaking scientific discovery the headlines made it out to be.

You may have also read earlier this month that exercise is as good as medicine in treating disease. At least, that's the headline the CBC used for its story on a research paper published by the medical journal *BMJ* which suggested exercise provides similar mortality benefits to sufferers of heart disease, stroke,

or heart failure to drug therapy. In other words, researchers found that exercise may indeed help rehabilitate people who've suffered medical trauma—not that exercise can replace medicine as a treatment for disease, as the CBC's headline implied.

The media can be far too credulous when it comes to science reporting. To be fair, it sort of knows this, and often tries to make up for its lack of expertise through the "balance" of public opinion, fabricated controversy and a brief counter-point from a person I like to call the "token skeptic." And yet, if we present both sides to an issue, we've done our job as a "fair and balanced" source of information... right?

Well, no. Scientific truth is not subjective. Not all ideas in the scientific community are equal or even worthy of acknowledgment, depending on the amount of research and evidence. It's understandably hard for reporters who aren't trained in the appropriate field to determine what's good science and what's junk. But some of that junk can be downright dangerous when treated by news outlets with any degree of serious consideration.

Many children have died as a result of such ideas.

Enter Andrew Wakefield and his fraudulent 1998 research paper on the MMR (measles, mumps, rubella) vaccine and its link to autism. Originally published in the reputable scientific journal *The Lancet*, Wakefield's paper suggested a link between the use of the MMR vaccine on children and the later development of autism. In a press conference, Wakefield told British journalists that this was a "moral issue," and that he couldn't approve of the use of the vaccine given his findings.

"Researchers deal new blow to vaccination," and "London study links children's vaccine to serious disease," were among the headlines newspapers chose in covering the story.

In its rush to publish the latest scare-story (the stuff that sells newspapers), the media failed to report that Wakefield had been commissioned as part of a lawsuit against MMR vaccine manufacturers. Even worse, UK-based network Channel 4 later discovered in 2004 that Wakefield had applied for a patent on a rival vaccine to the standard MMR immunization. The patent asserts: "It has now also been shown that use of the MMR vaccine... [results in] pervasive developmental disorder including autism

(RBD), in some infants."

*The Lancet* officially retracted Wakefield's paper in 2010, stating, "the claims in the original paper that children were 'consecutively referred' and that investigations were 'approved' by the local ethics committee have been proven to be false." By then, Wakefield's medical license had already been revoked.

Unfortunately, hysteria over the safety and efficacy of vaccines had already spread far and wide, quickly becoming a cause célèbre in alternative medicine circles and with the advocacy of pop culture icons such as former-*Playboy* model and actress Jenny McCarthy and her then-partner, actor Jim Carrey. After more and more media outlets and personalities spread the news that vaccines cause autism, the vaccination rates in Australia, the U.S., and Britain dropped dramatically.

It wasn't long before the diseases these vaccines protected against were on the rise. The rise of measles and whooping cough was particularly troubling, as the two diseases were close to eradication by the late 90s. Unfortunately, by 2007 they had spread to epidemic-proportions across all countries where the hys-

teria over MMR vaccines had been established. The website JennyMcCarthyBodyCount.com estimates that over 1,200 preventable deaths are directly attributable to the anti-vaccine movement as of October.

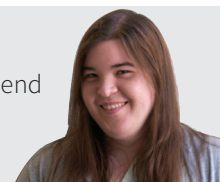
In light of the damage caused by stories such as these, it's important to remember that news stories aren't inconsequential, and those in the field can't publish information as indiscriminately as they have in the past. It may be much easier to rely on the presumed expertise of our sources, but without developing and making use of our own critical thinking skills, the media runs the very real risk of spreading falsehoods to its readership. And no amount of next-day corrections can bring back the life of a child who perished from a preventable disease at the age of eight months.

It's considerably hard for lay people to tell good science from bad—but it isn't for the experts. Journalists need to learn to lean on these experts when covering a story out of their depth. The easy route of copy-editing press releases just won't do here. There's far too much at stake.

It's time we treat science with respect.

## Internships essential for students despite Condé Nast decision

Kelly Townsend  
A&E EDITOR



Internships have been a hot topic in Canadian news lately, with more and more unhappy interns filing lawsuits against their would-be employers. This internship backlash is rooted in a United States Supreme Court decision that deemed unpaid internships against minimum wage laws.

The publishing industry has greatly benefited from the rise of internships, giving them the chance to level plummeting sales with a sea of eager students willing to work for little or no pay. That time, however, may be coming to an end.

Condé Nast, America's leading publishing company, announced its decision to terminate its internship program on Oct. 23. That means big name magazines like *The New Yorker*, *Vogue* and *Vanity Fair*, among others,

will now be forced to operate without the help of student interns.

As someone who is currently interning at a Toronto-based magazine, I know all too well how much the magazine industry relies on interns to help keep things running smoothly. Interns don't just run on coffee errands. Interns are the ones building online content, writing tweets, editing and fact checking stories and even writing some stories of their own.

Some may say this is taking advantage of students, who are doing the same work as any assistant editor, but for a handful of college or university credits. Not everyone sees it that way, however.

The reaction to the Condé Nast decision has been met with the knee-jerk reaction that this is a terrible, no good, very bad decision. Former interns have been public about their disappointment with the company, saying that their internship was a major learning experience in their careers and a valuable

foot-in-the-door towards a very competitive industry.

They're not wrong. Editorial positions are becoming increasingly difficult to obtain, with employers expecting a minimum of three to five years of experience. While a summer internship is a small blip on the experience record, there is power in name recognition. Someone who spent four months in *Vogue's* offices is far more likely to get attention than someone who spent a year at an independent, start-up publication. Employers are also far more likely to hire someone who has already completed an internship with their publication.

To say that Condé Nast has dealt a terrible blow to the magazine industry, however, may not be accurate. The loss of interns means editorial teams have effectively lost staff members and editors will have to be creative to fill in those gaps. It would be naïve to say that this decision will lead to more jobs in the New York magazine industry, but it may not be completely unrealistic.

Keeping those same positions at a part-time, minimum wage assistant editor position may be a useful solution. Without the need to compensate those interns working for free while pulling evening and weekend hours at another minimum-wage job, workers could be far better motivated and less likely to run themselves ragged with stress.

As of now it is far too early to say what will become of Condé Nast without its interns, good or bad. The possibility that the millennial generation will have to look elsewhere for jobs, as overworked editorial teams are forced to split the extra work between them is very real. Print sales continue to fall, and online publications make very little revenue. There may not be money to spare.

No matter how this will play out, there is no doubt that what happens to Condé Nast will have an affect on the Canadian magazine industry. With internships getting more and more bad press in Canada, publishing companies such as Rogers Publishing

(*Chatelaine*, *Flare*), St. Joseph Media (*Toronto Life*, *FASHION*, *Glow*) and Transcontinental (*Canadian Living*, *Elle Canada*), who all have unpaid internship programs, will be taking note of how Condé Nast deals with the loss.

The fear of a messy lawsuit is a real concern and if Condé Nast is able to manage without its internship programs, Canadian companies may decide that terminating internships is the safer alternative, leaving Canadian student journalists with one less opportunity to gain work experience that is becoming more and more valuable each year.

With journalists already fighting tooth and nail for jobs in the industry, it seems less and less likely that internships will be reimaged into paid positions. Student journalists will have to prepare themselves for the reality that the job market will only get slimmer and slimmer. If this is the case, can we really say that internships are such a bad thing? At this point it may be their only chance to get a head start in this industry.

## Ontario to require fast food calorie counts

Chantilly Post  
LIFE REPORTER

The Ontario government has announced that fast food restaurants will undergo a change by requiring the number of calories per meal be visible on menus.

Some chains are already showing the calorie count, while others are taking the extra step by introducing healthier options.

Burger King now has the 'Grat-fries' with 40 per cent less fat than the leading fry.

Jason Block, epidemiology and population health researcher of Harvard University, said people need to understand how calories work when deciding what to eat at fast food places.



Now they will know what is going in their bodies and can make more healthy choices.

Sabina Ottati,  
FORMER MCDONALDS MANAGE

"People don't tend to really comprehend what calories mean and how to translate them into the choices that they make with food," said Block.

Adam Upshaw, a professor in the School of Hospitality, Recreation and Tourism program at Humber said it's not so much about the amount of calories, but the type of calories.

Upshaw explained that stems of broccoli may have more calories than a few fries, but it is a healthier option to eat the broccoli.

David Ma, Health and Nutritional Sciences professor at the University of Guelph said menu changes would have no impact in helping obesity problems.

He said some people don't know the maximum amount of calorie intake per day, so the numbers on the menu won't be useful.

Ma said in order for the movement to be successful, what's needed is "a lot more work to make information useful to everyone."

Sabina Ottati, a second-year creative photography student and former McDonald's manager said the calorie count would be beneficial for customers

"[This requirement] definitely helps customers make informed decisions," Ottati said.

"People will still eat McDonald's (but) now they will know what is going in their bodies and can make more healthy choices."

## REMEMBRANCE DAY



Sara Miller

Information by Hannah Hollingsworth

## Students say poppy pride important this November

This November, students will wear poppies leading up to Remembrance Day, according to a student led poll

Hannah Hollingsworth  
LIFE REPORTER

Humber College students are ready to show support for veterans in the week leading up to Remembrance Day on Nov. 11.

In a survey of 50-plus students at the North campus, 94 per cent said

they would wear a poppy to support veterans, while 48 per cent also said they would sport the poppy as a sign of respect for sacrifice made.

Boyd Cothran, an assistant history professor at York University, said it's important that youth continue to wear poppies.

"They're tied to a specific mo-

ment in Canadian history," said Cothran. "Remembrance Day is an opportunity to have a conversation about what that legacy means."

Cothran said wearing poppies is a good start for students to show respect, but wearing them shouldn't be only a perfunctory gesture.

"Avoid tokenism and create a learning experience instead," Cothran said. "Spend half an hour talking to a veteran. That's a much better way to keep their legacy alive."

## HEALTH & RELATIONSHIPS

## Safe sex lacking among college students

Survey by condom maker finds post-secondary students focused on contraception, not STIs

Dilara Kurtaran  
LIFE REPORTER

University students have little knowledge about safe sex, according to a survey done by the makers of Trojan condoms.

"They don't have adequate knowledge about sexual health," said Robin Milhausen, PhD and associate professor at the University of Guelph.

Milhausen is also helping analyze the data from the survey.

The study that surveyed 1,500 university students found that 64 per cent of students had a sexual encounter within the past year and 72 per cent of the students engaged in intercourse during their last sexual encounter.

Only 51 per cent of those students engaging in intercourse re-

ported using a condom.

Of those using condoms, 54 per cent cited them only for contraception, 38 per cent for combined birth control and STI prevention and only 6 per cent for STI prevention alone.

Subjects were also given a sexual health knowledge quiz. Most students scored five out of ten or lower.

"I think we need to raise awareness of the risks for sexually transmitted infection (STI) among university students; particularly of the risks associated with serial monogamy" said Milhausen.

The study was conducted to get a sense of the sexual health of university students across Canada, making the first survey of its kind.

Kelly Macdonald, associate professor at University of Toronto and director of the HIV Research Program said students don't feel like they are at



SOURCE:lookcatalog via Flickr

risk because they haven't had any experiences with STIs, so it doesn't feel like a real risk, and it is something that happens to other people.

"People seem to be not hearing the message about safe sex", Mac-

donald said.

Alex McKay, research coordinator at Sex Information and Education Council of Canada said there is a need to increase efforts to spread awareness of STIs.



A woman ran up to my grandfather and stuck a loaf of bread under his arm and it kept him alive.

Fraser Moore  
SECOND-YEAR BUSINESS MANAGEMENT

Twenty-six per cent of students polled said they have a relative that fought during the Second World War.

Fraser Moore, 19, a second-year business management student at Humber said Remembrance Day is important to him because his grandfather fought in WWII.

"My grandfather was 17, and he was marching with his colleagues through Eastern Europe," said Moore. "They were all falling dead around him from starvation. A woman ran up to my grandfather and stuck a loaf of bread under his arm and it kept him alive."

Ryan Barnett, 19, a second-year health and wellness student said he wears a poppy to remember those who sacrificed for our freedom, like his great-uncle, who fought in the First World War at Vimy Ridge.

According to WarMuseum.ca, the Battle of Vimy Ridge from 1917 is considered a defining moment in Canadian history, when Canada emerged from Britain's shadow.

The Vimy Memorial was erected to commemorate Canadian soldiers killed in France without graves.

The Royal Canadian Legion said in a statement it hopes more than 18 million poppies will be distributed from Oct. 25 to Nov. 11.

Student poll conducted by reporter Hannah Hollingsworth

## TO THE NINES

## Happy Halloween!

Faculty from the School of Hospitality, Recreation, and Tourism got into the Halloween spirit last Thursday. The group coordinated their costumes to mimic the characters from the Wizard of Oz. See the full gallery online at <http://bit.ly/1h5YyqX>



## Convenient online dating may damage couples' relationships

Jasmine Kabatay  
LIFE REPORTER

Technology has become more advanced and also more damaging, since more people are starting and ending relationships online.

The average Canadian spends over 7.9 hours on social media a day, and online dating is becoming more popular. About 80 per cent of Canadians are online users, and most of them are single, according to the study which was sponsored by msn.ca.

Joey Noble, professor of the course Sociology of Emotions at Humber, said people don't have time to go out and meet someone.

"I see online dating as a way of people trying to control things" said Noble. "They don't have time to socialize and hang out like they used to. People are using it as a way to have a risk free experience of finding someone. I think that's really an illusion."

According to a press release by WhatsYourPrice.com, more people think it's okay to break up with each other via text messaging. After a survey that was conducted with 1,500 daters, it was found that 59



I see online dating as a way of people trying to control things.

Joey Noble  
HUMBER PROFESSOR

per cent thought it was okay to end a relationship via text. Another 25 per cent said they would end a relationship that way.

Mandy Lee, a second-year nursing student, 20, said she knew people who had experienced a breakup through a text message.

"Some just rush through it on the phone and hang up. I think people don't want to face the consequences of breaking up with a person," said Lee. "I think they're afraid and not brave enough to face them."

According to Andrew Tibbetts, a counselor at Humber, at least one student a week comes to him seeking advice about breakups.

"If you've been in a relationship with somebody, that means something," said Tibbetts. "You owe them at least that face-to-face conversation."

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## – TORONTO EVENTS THIS WEEK –

TODAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY	8	SATURDAY	9	SUNDAY	10
<b>GurtsWord</b> Gurts Yogurt and Bakery will be holding readings from MP Carolyn Bennett and many more.		<b>Matt Haimovitz</b> The Israel-born cello player will be playing at the Koerner hall. Tickets cost \$40.		<b>Festival Man</b> A celebration of Canadian musician Geoff Berner at the Gladstone Hotel Ballroom.		<b>Spamalot</b> A stage adaptation of the Monty Python play at Scarborough Village Theatre. Tickets are \$27.		<b>Buffer Festival</b> A weekend-long event where video creators from YouTube feature some of their best work.		<b>Canadian Beatbox Championships</b> BeatBoxCan presents the best of Canadian Beat Boxing at The Mod Club.		<b>Nicky's Family</b> A screening of the award-winning documentary about WWII at the Richmond Hill Centre for the Performing Arts.	

# Folk band Medicine Hat uses free downloads for launch

Marielle Torrefranca  
A&E REPORTER

The Medicine Hat, a five-piece folk band from Guelph Ont., has released two free digital singles off their debut album *Old Bones*.

The two singles, "Old Bones" and "Spits Out The Light," are available on Bandcamp, an online music store, until Christmas.

Free digital downloads are a popular option for independent musicians who are looking to get their work noticed online.

"It drives traffic," said Michael Boyd, 23, a fourth-year contemporary music student at Humber who plays drums for the band. "We've been getting some website traffic at various blogs. It's a way to entice people and give them a taste of what they can get."

Anna Santilli-Finn, program coordinator of Humber's Advertising and Marketing Communications program, said free digital downloads may be beneficial to bands.

"It acts as a sampling method," said Finn. "The intent behind it is to raise awareness of the band and mu-



Courtesy Tyler Bersche

The Medicine Hat poses during Nabi and Tyler Bersche's wedding in the summer.

sic, increase awareness and gather a following."

Finn notes free digital downloads should be used mainly to promote a debut release, as mul-

multiple free releases would not be cost-efficient.

"I can see it as a tactic to spread the word," said Finn. "I would be concerned, if they [bands] did it

continuously, it would be problematic for them."

*Old Bones* was inspired by the romance of Nabi and Tyler Bersche, the band's leading couple. They re-

leased the album in celebration of their wedding in June.

While the album was released in the summer, the band decided to promote the album through digital single releases in the fall.

"We had a busy summer of playing live [shows]," said Tyler Bersche, the band's vocalist and guitarist. "We were too busy on that front to get much else done. We all had pretty major life transitions that hinged on the release of the record."

"It was a romantic ideal, but not really a practical one," said Nabi Bersche in a news release, who performs vocals, guitar and the accordion for the band. "When you've got a wedding, an album is doubtful to take precedent."

Tyler Bersche has acknowledged the shift in the music industry.

"We're more interested in having people listen to our music than anything else," said Bersche. "We don't operate in a marketplace where people buy music anymore; it's the rarity... that's not where we make money as musicians anymore, and I think that's being more and more widely recognized."

# Life With Lupus doc film makes Hamilton festival

Award-winning film depicts mother/daughter struggle

Vanessa Marciano  
A&E REPORTER

Following a year since its debut in the National Screen Institute Film Festival, Humber graduate Giovanna Gatto will have her short documentary film *Life With Lupus* screened at the Hamilton Film Festival, on Nov. 8.

Jessica Reis, the film's producer and assistant editor, worked with Gatto in the past and knew that she was very passionate about her work.

"I was sure if the film went forward, it was going to do well. The people in it are genuinely good people, and it was such a good story to share," she said.

Giovanna Gatto, who directed the documentary, submitted the

film into the Hamilton Film Festival, which is the longest running and respected film festival in Hamilton, Ont.

*Life With Lupus* is about a young woman named Danielle Gnidec, and her two sisters, who care for their sick mother Karen, a lupus patient, while balancing work, school and a dance career.

Lupus is an autoimmune disease where the body's immune system becomes hyperactive and attacks healthy tissue, harming the skin, kidneys, heart and more.

Gatto, who completed her bachelor of applied arts at Humber College in the film and media productions program, pitched the idea for her assignment while in her third year documentary course.

Since then, she said the feedback from the public has been really good in person and through social media.

"In its first year, we made a Face-

book group and it accumulated a large following from people who had family members who had lupus, or had lupus themselves," she said. "Everyone was so excited for the film."

Nathan Fleet, director and administrator for the Hamilton Film Festival, said *Life With Lupus* was really touching.

"I was really emotional watching it," he said. "I thought it was fantastic because they conveyed a story and a message in such a great way. I forgot I was watching a movie."

*Life With Lupus* has been screened at the National Screen Institute Film Festival, ONECLOUD-FEST, YoungCuts Film Festival, and won first place in the international My Hero Film Festival 2012.

Fleet said this year will be the first time the Hamilton Film Festival has created nominees in different categories leading up to the event, rather than giving out the awards at the



Courtesy Giovanna Gatto

*Life With Lupus* won first place in the International My Hero Film Festival.

end of the week.

Fleet said he was also impressed with all the submissions that were coming out of Humber, and didn't realize that they had such an active film program.

Producer Reis said, "I'm really looking forward to be going to fes-

tival and see the reactions from people that I don't already know."

The Hamilton Film Festival will take place Nov. 4 to 10 at the historic Staircase Theatre, at 27 Dundurn St N. in Hamilton, Ont. The festival will include a juried selection of local and international indie films.

## R&B showcase bands to funk out '70s style

Lakeshore campus hosts Humber's student bands for night of 'high energy'

Tiara Samosir  
A&E REPORTER

Humber's Groove Merchants and Rhythm and Soul Band will be performing at the Humber Music R&B Showcase on Friday at the Lakeshore campus' auditorium.

The Humber Rhythm and Soul Band will open the showcase with their mix of rhythm and blues, '70s soul and current hip-hop.

Will Jarvis, the director of the 10-piece student band, said that audience members should look forward to "the high energy of the music."

Mark Kelso, percussionist, vocalist and director of the Humber

Groove Merchants, said the band has an old school style, heavily influenced by the band Earth, Wind & Fire.

"Bands from the '90s, '70s era, funk, we lean towards those types of tunes," Kelso said. "They're orchestrated well."

The Humber Groove Merchants is an all-students band that changes members every year, performing different songs.

"There will be new materials. All fresh. We don't want to repeat anything," Kelso said.

Kelso said the showcase gives out a really fun style of music that will allow people to have a great night.

Denny Christianson, program director of Humber's bachelor of music program, said there are a total of 52 ensembles in the program based on the diversity of music, which makes each show-



Courtesy Marco Lapanno

Members of this year's Humber Groove Merchants, a student band inspired by Earth, Wind & Fire's '70s stylings.

case unique.

"They [students] are drawn. They like the style of the music and want to explore," Christian-

son said with regard to students' reactions to the R&B Showcase.

Christianson says "the best of the very talented" will be per-

forming at the showcase.

The R&B Showcase will be held Nov. 8 at 8 p.m. Tickets can be purchased at the door.

## Bridge shortlisted for debut novel at Rogers Writers Trust

Hermione Wilson  
SENIOR REPORTER

Krista Bridge, a graduate of Humber College's School for Writers was shortlisted for the Rogers Writer's Trust Fiction Prize for her debut novel, *The Eliot Girls* on Sept. 30.

"I still feel like I haven't really processed it," said Bridge. As one of five finalists, she is guaranteed \$2,500. If she is announced as the winner, her prize will be \$25,000.

Humber professor Ben Labovitch invited Bridge to read some of *The Eliot Girls* to his students at the Assembly Hall on Humber College's Lakeshore campus on Oct. 30. The students have been studying Bridge's first work, a short story collection entitled *The Virgin Spy*, which she also read from.

*The Eliot Girls* follows protagonist Audrey Brindle as she navigates the treacherous social waters of a fictional Toronto private school and her strained relationship with her mother, a teacher there.

"I know that I'm not going to win," Bridge said with a laugh. Still, she says it's amazing to be counted among this esteemed group of Canadian authors, which includes Lynn Coady, Cary Fagan, Colin McAdam and Lisa Moore.

"Publishing a book is hard. It's stressful. Reviewers don't always say what you want them to say," said Bridge. Being shortlisted for the award is "validating," she said.

During the semester Labovitch's students study the work of a Canadian writer and in week nine, he invites that author to the college for a literary reading.

"It struck me that it would be fun to study living writers in Toronto,"

said Labovitch.

Logan Pugh, 19, one of the students who attended the reading, says his favourite story of Bridge's is *The Great One*, a mismatched affair between a young woman and the older man who pursues her.

"Instead of the gross pig that you think he is . . . you start to see that he's this lonely, depressed person," said Pugh.

Bridge was a student at the Humber School for Writers in 2001. She was encouraged by then program director Margaret Hart to submit one of her short stories to *Toronto Life*. Bridge's story *Crusade* was published in the magazine's August 2002 issue and was featured in her *The Virgin Spy*, in 2006.

"I was really just writing out of instinct," said Bridge, recalling the process that led to her first published collection.

As for her most recent work, Bridge drew on her own experiences at private schools, which she attended for most of her formative years.

"A private school is such an interesting place to write about. It's a world unto itself," said Bridge.

Bridge is already working on her next book. Although she won't go into details at this early stage, she says that, like her first two books, it will be set in Toronto and deal with the difficulties of familial relationships.

"I found writing [*The Eliot Girls*] way more painful than writing the short stories," said Bridge, adding, "I found it fulfilling in a way that makes me want to do it again."

The winner of the Rogers Writers' Trust Fiction prize will be announced on Wednesday, Nov. 20, at the annual Rogers Writers' Trust Awards.



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Presenter: **Dr. Martin Davidson, PhD**  
Professor of Business Administration  
University of Virginia

Opening remarks by  
Humber's President and CEO, **Dr. Chris Whitaker**

**Presentation Objectives:**

- Explore the intersection of managing diversity and leveraging difference.
- Customize the "leveraging diversity" approach for application in Ontario Postsecondary sector.
- Provide three strategies to leverage diversity for innovation and change.

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EXCELLENCE  
RESPECT  
STUDENT  
CENTRED  
INNOVATION



# HOROSCOPES by Lady F is for Nasty & Oracle T

## Halloween: the costumes you should've worn



### SCORPIO

OCT. 23 - NOV. 21

**Magician:** You have a way of getting what you want. But like a magician, you'll eventually ruin your luck and kill the pigeon before it flies out of the hat.



### SAGITTARIUS

NOV. 22 - DEC. 20

**The Joker:** You enjoy seeing people groveling for your attention. But beware, the joke might be on you. Also, grow-up!



### CAPRICORN

DEC. 21 - JAN. 19

**Zombie:** You're a sucker for trendy clichés. Try to freshen things up next year.



### AQUARIUS

JAN. 20 - FEB. 19

**Headless Horseman:** People think you've got a good head on your shoulders. Trick's (or treat) on them.



### PISCES

FEB. 20 - MAR. 20

**Ghost:** You're around when no one wants you around. Make like a ghost and disappear.



### ARIES

MAR. 21 - APR. 20

**Frankenstein:** All you want is love, but nobody's reciprocating. Take faith in Frankenstein: he was a freak of nature and died loveless.



### TAURUS

APR. 21 - MAY 20

**Dracula:** You drain the life out of a party like Dracula drains the blood out of people. Party pooper. Fun police. Negative Nancy.



### GEMINI

MAY 21 - JUN. 20

**Clown:** Your clown behaviour confuses us. Are you scary or funny? Let us know when you make up your mind.



### CANCER

JUN. 21 - JUL. 22

**Freddy Krueger:** People are getting scared of your long fingernails. Cut them or grind them off, but not in public. That's taboo.



### LEO

JUL. 23 - AUG. 22

**Jason:** Your hockey days are over, the scouts have moved on. Take the mask off. But remember to exfoliate first.



### VIRGO

AUG. 23 - SEPT. 21

**Two Face:** Turn the other cheek, it's nicer to look at.



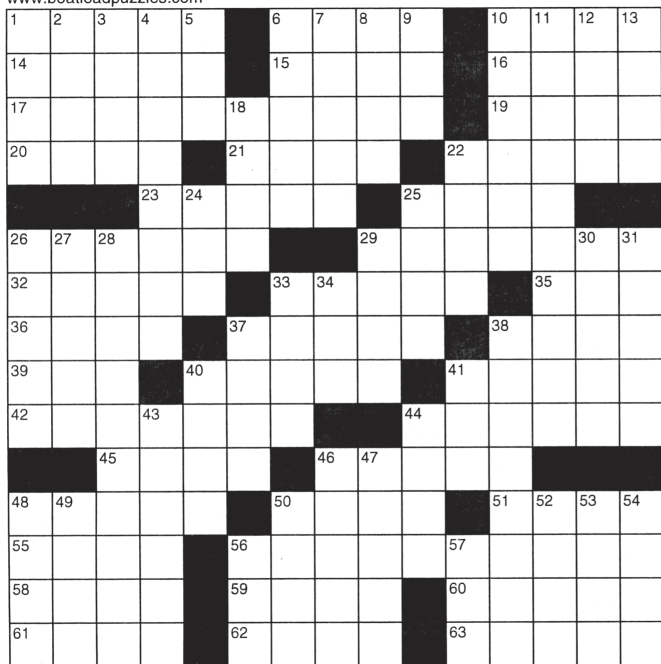
### LIBRA

SEPT. 22 - OCT. 22

**Witch/Warlock:** Really, you just wanted to ride that broom. Pat yourself on the back.

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2. Confederate
3. Nip
4. Abroad
5. Atop, poetically
6. Group of eight
7. Skid
8. Asian country
9. Have title to
10. Biblical mountain
11. Influence deviously
12. Fifty-fifty
13. Salamander
18. Border
22. Sassy
24. Prone
25. Malicious look
26. Orchard fruit
27. Allege
28. 100th anniversary
29. Addition sign
30. Leased again
31. Southern beauty

#### ACROSS

1. Prohibition
6. Norway's capital
10. So be it!
14. Martini garnish
15. Cat's weapon
16. Enthusiastic review
17. Change
19. Afresh
20. Color changer
21. Flower plots
22. Publish
23. Fry lightly
25. Bound
26. Receive willingly
29. Bother
32. Kilt feature
33. Small bay
35. Grant's rival
36. Cooking vessels
37. Clean thoroughly
38. Towering

#### DOWN

1. Warty amphibian
39. Kindled
40. College women
41. Motor inn
42. Green gem
44. Remove
45. Disney fish
46. "\_\_\_ of Two Cities" (2 wds.)
48. Prom
50. Young lady
51. Attentive
55. Huron's neighbor
56. Inappropriate
58. Pod dwellers
59. Shopper's delight
60. Hard metal
61. Chums
62. Wide-spouted pitcher
63. Flower feature

## ANSWERS

### Previous issue

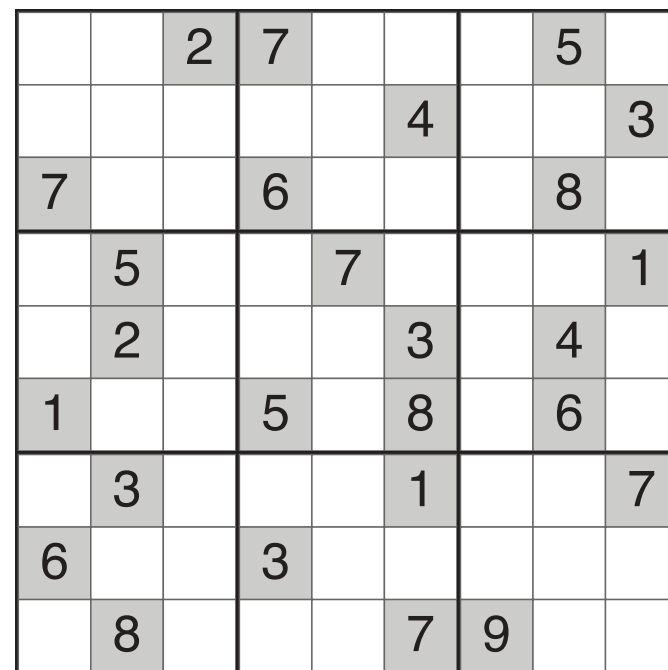


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1	7	8	2	9	3	6	5	4
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9	2	1	6	5	7	3	4	8
2	8	5	1	3	6	4	9	7
3	1	4	8	7	9	5	6	2
7	9	6	5	2	4	1	8	3

Find the answers to this week's puzzles in the next issue or visit [humberetc.com/games](http://humberetc.com/games) or scan the QR code!



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# Cruel end at finals in women's soccer

Jamie-lyn Baggs  
SPORTS REPORTER

The Humber women's soccer team's hopes for a fourth consecutive gold medal at the OCAA provincial championships were ended after a 1-0 loss at the hands of Algonquin College in the semi-finals.

Although the women reached the semi-finals for the eighth straight season, they looked nervous at the start of the Oct. 25 contest.

A slow start allowed Algonquin to score in the 37<sup>th</sup> minute, which proved to be the only goal of the game. A miscommunication between back-up goalie Stephanie Cimino and defender Alora Walcott, who was named an All Canadian, ended with Thunder's Kwanaa Robest-Prencod putting the ball into the net. First-choice goalie Katerina Conde missed the game for personal reasons.

"We need to pick up our intensity if we want to win this game," said assistant coach Keyla Moreno at half time.

Through 45 minutes of

play Humber failed to register a shot on net.

"That's simply unacceptable," said Moreno. "How are you supposed to score if you don't want to shoot?"

The beginning of the second half wasn't any better for the Hawks. Humber couldn't get the ball out of their half or connect a pass in the first 10 minutes.

Cimino made a beautiful diving save in the 50<sup>th</sup> minute to keep the Hawks alive in the game.

In the 56<sup>th</sup> minute second-year year midfielder Jayde Wiklund-Roach created the team's best scoring opportunity, controlling a corner kick and directing a well-timed shot on goal. Algonquin's goalie barely got a piece of it but managed to punch the ball over the net.

That opportunity gave the Hawks some momentum. They started winning balls in the midfield and holding possession.

Humber continued to create chances without any luck. The coaching staff switched



Humber Athletics

Alora Walcott, named an All Canadian, in action against Algonquin College in the OCAA semi-finals, which Humber lost 1-0.

the team to a 3-4-3 formation in the 80<sup>th</sup> minute, hoping to press the Thunder and nick the equalizing goal. They just couldn't find the breakthrough.

Captain Jacki Rolfe, a fifth year player, still sees this sea-

son as a positive.

"We knew this year was going to be a building one as we had so many new players," said Rolfe. "Taking into consideration that we are a fresh team, I thought that overall

we played well, especially in the second half."

Playing in her final season, Rolfe said in order for the team to be successful in the future, it needs to improve ball movement, maintaining possession,

and winning 50/50 balls.

Humber gained some consolation by winning their final game of the season, earning the bronze medal after defeating St. Lawrence 4-0 the next day on Oct. 26.

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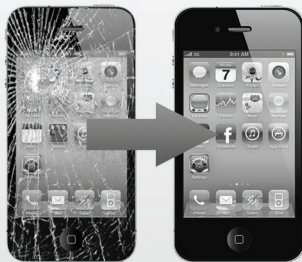
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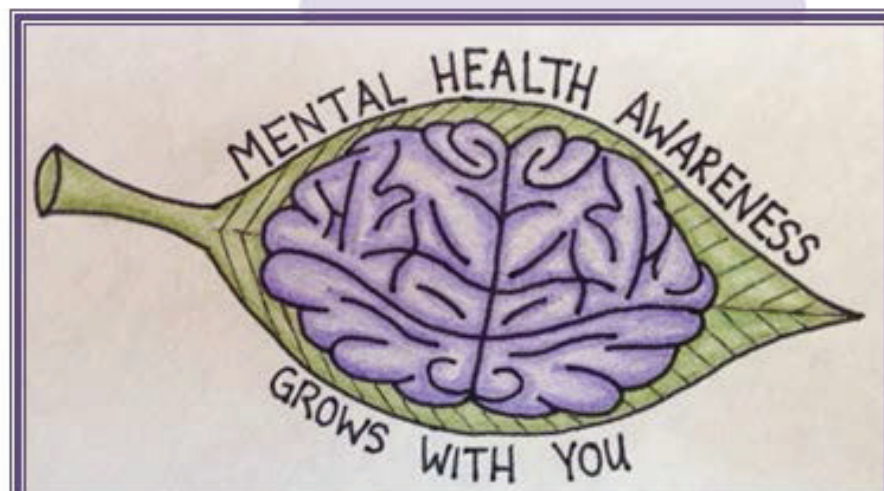


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## Physical therapy crucial for athletes

Jordan Finkelstein  
SPORTS EDITOR

Humber's varsity teams are sitting atop their divisions and athletic therapy is keeping them healthy.

Darian Limb, 19, cross-country team member and first-year fitness and health promotion student, used the Humber Athletic Therapy Clinic twice a week. She had been receiving treatment on a stress fracture.

The exercises she did at the clinic strengthened her muscle tissue and sped up recovery time.

"Before my injury, I was visiting the clinic for release on my knees and ankles. It helped ease joint pain and kept my muscles loose," she said.

Limb went through a process called "taping up" to secure her injuries into place.

Kimberly Borges, athletic therapist at the clinic, said players athletes use it to feel menatly ready.

"When taped up, your muscles send a message to the brain that a body part is secure," said Borges. "Sometimes it's used for support, but most often taping is just a mental stimulus. Athletes need to feel comfortable with how a body part moves or reacts to movement. It's a sense called proprioception."

Many Hawks players get taped up at the clinic because they trust the therapists' hands over their own.

Every Hawks team has its own athletic therapist to help with this process. They are present every time the Hawks play, including practices. They travel with the teams, help players get prepared for games and tend to injuries when they happen.

"We're there to help players stretch before games and get them taped up," said Carly Creed, student athletic therapist for the Hawks. "We also provide massage therapy or rehab on certain body parts when necessary. We actively cut down on the number of injuries and reduce recovery time. It's crucial that we are there every time the team plays because we know how to deal with each player and their specific needs."

The clinic provides massage therapy to athletes, on top of rehabilitating injured players. Massage therapy sessions and osteopathy are offered to all non-varsity athletes for a fee.



Abdikarim Hashi

After closing out the season undefeated once again, the men's rugby squad expect to bring home a fourth straight OCAA title.

## Rugby teams up for OCAA semis

Abdikarim Hashi  
SPORTS REPORTER

Another undefeated regular season has ended, with the OCAA semi-finals on Nov. 10 up next.

The men's and women's rugby teams completed their 6-0 perfect records on Oct. 23 and Oct. 24, under totally different circumstances.

The men were in total control once again, shutting out Georgian College 74-0. Meanwhile, the women were

awarded a 20-0 default victory, as Sheridan College had so many injuries they couldn't field a team.

The men played a total team effort, with seven different players scoring in the rout. James Mitchell, who was the player of the game, had another amazing performance, scoring three tries and five converts amounting to 25 points. This is the second consecutive game in which he has scored more than two tries and converts.

"He means a lot to this team, and is a great overall player," said assistant coach Andre Rose-Green.

Curtis Lauzon, third year sport management, and a former rookie of the year, believes no one can stop them from winning another championship this season.

"I like what we are doing, and also like that everyone is doing what they can on both sides of the field," said Lauzon.

Rose-Green, a former star

for the team several years back, sees the team's success in its own hands, saying "we are our biggest opponent." He is aware Algonquin is a good team but is not worried about a challenge from them.

The coaching staff of the women's team is equally confident of their chances to go all the way once again.

"I believe that we could win another championship," head coach Brett McCully said.

This time around he

doesn't want to see a shared title, after last season's controversial decision. Humber scored in overtime against Algonquin in the OCAA championship but the referee incorrectly allowed another overtime period to be played. Eventually Humber lost in a third overtime frame but after appeals and counter appeals, both teams were awarded the title.

Heart and dedication will be the main factors, according to McCully.

## Hawks split season opening games

Earl Abalajon  
SPORTS REPORTER

The Humber Hawks men's basketball team narrowly missed out on a 2-0 start to their season, losing a close contest 76-75 to the St. Clair Saints on Oct. 27.

The second of a two-game home stand to open the season, ended in dramatic fashion. Humber had a chance to take the lead on the game's final possession, with 3.1 seconds left, but couldn't convert.

Hawks power forward Chad Bewley, first year fitness and health, lead the team with 13 points, took the last shot from just beyond the arc, hitting the back rim as time expired.

"Coach said the first clean look that we got, we should take it," said Bewley. "It felt good, but sometimes it just

doesn't go in."

The Hawks were lacking in offence all game, which wasn't helped by the persistent defence played by the Saints.

"The key to our team's victory was communication, and hardcore defense," said Saints guard Matei Nuna, who led all scorers with 22 points.

"It's a team that we haven't beat in a long time," said St. Clair's head coach Matt Devin, "I'd be lying if I said it didn't feel good."

Down by one with less than a minute left in the game, Hawks guard Emeron Rodgers split a pair of free throws to tie the game at 74. After four missed foul shots from St. Clair, Humber was unable to convert on their next possession.

Saint's forward Alex Temesy converted a contested lay-up to put St. Clair up two with 13 seconds left after a



Earl Abalajon

Guard RJ Ramirez powers through the St. Clair defence on his way to the rim.

Humber turnover.

Coming out of a timeout, the Hawks couldn't execute their inbound play, but center Greg Edelsward grabbed an offensive rebound and was fouled with 3.1 seconds left in the game. Edelsward sank

the first shot, but the second clanged off the rim, and the ball eventually ended up in Bewley's hands.

Hawks head coach Shawn Collins said his team did not perform well all game.

"Our defense was not very

good, offense was not very good... our level of execution was poor," said Collins on the teams effort, "Is that the nature of the beast when you're dealing with a young team? Partially."

Humber trailed by as many as 12 points during the first two quarters, but went into halftime down 44-38. They were showing signs of fatigue from the 94-91 season opening win against Lambton College the previous day.

Forward Brett Neumann, second year recreation and leisure, was the player of the game against the Lions, collecting 11 points, six rebounds, and two steals in 19 minutes of play.

"Half-time we were down by 11, nobody was panicking... We came out in the third quarter on fire," said Neumann. "Everybody put in work, and we all got the win."

Humber travelled to Windsor on Nov. 2 to take on Cambrian College and they'll return home Nov. 6 to battle Fanshawe College.

## HAWKS SCOREBOARD

### MEN'S SOCCER

**Humber - OCAA  
CHAMPIONS**  
CCAA Nationals -  
Nov. 6-9

### WOMEN'S SOCCER

**Humber - OCAA  
bronze medal**

### MEN'S RUGBY

OCAA semi-finals  
Nov. 10  
**Humber vs**  
Conestoga/Fleming

### WOMEN'S RUGBY

OCAA semi-finals  
Nov. 10  
**Humber vs**  
Conestoga/Fleming

### CROSS COUNTRY

**Humber - CCAA  
Nationals Nov. 7-9**

### MEN'S VOLLEYBALL

1. **Humber** 4 pts  
2. Niagara 4 pts  
3. Redeemer 2 pts  
4. Mohawk 2 pts

### WOMEN'S VOLLEYBALL

1. **Humber** 4 pts  
2. Niagara 4 pts  
3. Redeemer 2 pts  
4. Mohawk 2 pts

### MEN'S BASKETBALL

1. Fanshawe 4 pts  
2. Sault 4 pts  
3. Sheridan 4 pts  
5. **Humber** 2 pts

### WOMEN'S BASKETBALL

1. Fanshawe 4 pts  
2. **Humber** 4 pts  
3. Niagara 4 pts  
4. Mohawk 2 pts



George Halim

Head coach Michael Aquino gets his team ready for the OCAA championship game against host Algonquin College. A late penalty kick was enough for Humber.

# Men's soccer wants CCAA repeat now

George Halim  
SENIOR SPORTS REPORTER

The Humber men's soccer team struck gold again.

For the fourth consecutive season, the Hawks will represent Ontario at the Canadian Collegiate Athletic Association (CCAA) Nationals after winning the Ontario Colleges Athletic Association (OCAA) crown. The tournament will be in New Brunswick, from Nov. 6 to 9.

"It felt amazing, it was worth it and it doesn't matter how much pain you go through at the end of the day," said team captain Augustin de Medina, who's been nursing a sore meniscus for the entirety of the season.

His struggles were among many on the team, as co-captain Mario Orestano, who played only five games this season, went through a concussion due to an on-field collision.

Orestano, in his final season, was named a CCAA All Canadian at the annual awards banquet, held on site at Algonquin College in Ottawa.

When he returned to his teammates after receiving the award, Orestano said, "I'd trade 10 of these to win this weekend."

His squad did just that.

In the semi-finals, Humber defeated rivals Sheridan College on penalty kicks after 120 scoreless minutes, before shutting out the host Algonquin College 1-0, thanks to a late game penalty kick, in the gold medal game.

Humber's Gerardo Magno was named the top player of the tournament.

Humber and Sheridan battled hard and showed why they ended the regular season tied as the top defensive teams in the West division, conceding only four goals each.

When extra time ended without a winner, penalty kicks

were required. For Sheridan head coach Andrew Seuradge, it was an ideal scenario.

"We went down early in the game with a man down, so obviously things had to change," Seuradge said of his team's early red card. "We had to play a more defensive formation just to get into penalty shots, which we were hoping for."

For Sheridan, it was the fourth time in as many years the squad was halted at the finish line by Humber.

The following day, Humber was faced with the task of defeating Algonquin, who had yet to lose a game this season.

Not only that, but they possessed great talent on set pieces, as well as the OCAA's player of the year, Abe Kamara.

"Keep the ball on the ground, play to feet and play your game," said Hawks head coach Mike Aquino before the game.

On paper, Algonquin was the better team, and Aquino acknowledged that.

"They are a very talented team, they're very good," he said, adding, "but albeit, I really do believe we're the better team."



It felt amazing, it was worth it and it doesn't matter how much pain you go through at the end of the day.

Augustin de Medina  
HUMBER CAPTAIN

With less than 10 minutes remaining in the match, Humber was awarded a penalty shot, and first-year law clerk student Dino Gardener made no mistake, giving his team a lead they wouldn't relinquish.

Marcelo Capozzolo, now a coach, was on the squad for the past three seasons. He's seen the squad change and evolve as the years have gone by.

"The team is very deep this year, probably the deepest I've seen at Humber," he said. "It's nice to see how far we've gotten with this program. I expect good things for this team."

So, does winning championships ever get tiring?

"The feeling of winning with Humber never really gets old," Capozzolo said. "We play to win, and to see Humber win their fourth straight championship was unreal."

The CCAA Nationals will be held at the University of New Brunswick, Saint John, with representatives from New Brunswick, Quebec, British Columbia, Nova Scotia and Alberta all in attendance.