



Palestinian physician rejects hatred, revenge

Sara Miller
Life Reporter

Palestinian medical doctor and peace advocate Dr. Izzeldin Abuelaish recounted his extraordinary life story with members of the Humber community last week in a lecture based on his memoir, *I Shall Not Hate*.

The Seventh Semester room was filled with students and faculty from both North and Lakeshore campuses to hear the talk presented by the President's Lecture Series committee last Thursday.

Dr. Abuelaish made headlines around the world after his home in Gaza was struck twice by Israeli shells, killing three of his daughters and a niece.

Despite his loss, Dr. Abuelaish said he vowed to not succumb to feelings of hatred and revenge, but instead has worked to use his knowledge to bridge the large divide between Israelis and Palestinians.

"What makes the evil flourish in this world is for people to do nothing," Dr. Abuelaish said at the packed North campus gathering.

"I want you [students] to take action."

Dr. Abuelaish recounted anecdotes from his bestselling book about his rough childhood living in Jabalia, one of the largest of the Gaza Strip's eight refugee camps.

"People can divide you, oppress you and occupy you, but cannot deprive you or prevent you from dreaming," he said.

Ashish Gandhi, 25, a mechanical engineering student at the talk, said he didn't know if he could have gone through what Dr. Abuelaish has.

"The amount of compassion he had to forgive those who hurt his family is really admirable and the world could learn a lesson from that," Gandhi said.

Melanie Chaparian, chair of the Lecture Series Committee, said the lecture surpassed her expectations.

"I thought the lecture was quite moving and inspiring to many students," she said.

"We bring in a lot of speakers who have a more academic approach, but this lecture was certainly from the heart."



PHOTO BY SARA MILLER
Dr. Izzeldin Abuelaish is talking about his book, *I Shall Not Hate*.



PHOTO BY LUKE VERMEER
Humber midfielder Jackie Rolfe crosses the ball into the middle.

Hawks claim OCAA title

Luke Vermeer
Sports Reporter

The Hawks women's soccer team won the Ontario Colleges Athletic Association championship for the second year in a row on Oct. 29.

The Hawks defeated the Algonquin Thunder 2-1, on penalty kicks, after beating the Seneca Sting 1-0 in the semi-finals.

"We had a big target on our backs and to be able to go out there and play as we did is amazing," said

Humber coach Vince Pileggi, who felt his team responded well to the pressure of being defending provincial champions.

An early goal by Hawks midfielder Bianca Barbieri gave Humber the lead, but Algonquin tied the game before the half. The teams then traded chances throughout the second half and extra time, but neither could find the winner.

In the shootout, midfielder Britany Szcerbakow and defender Rebecca Rauer both failed to score.

But big saves from Humber keeper Katerina Conde and goals from midfielder Sonia Rocha, defender Haley Green and striker Keyla Moreno meant the score was tied 3-3 after five shooters.

A key miss by Algonquin set Humber centre midfielder Natasha Kroon up with a chance to be the hero and she buried a strike in the top corner to win provincial gold for Humber.

"I am just so happy," said Natasha Kroon, 20, a second-year recreation

and leisure student. "I really don't know what to say, I have no words."

Thunder coach Garth Gittens was disappointed with the result, but proud of his team.

"We played fantastic, the Hawks are a tough team," he said. "It's a tough way to lose, you love soccer, you love the game, but that's what happens."

The win means the Hawks are headed to Quebec City for the National Championships from November 9-12.

NEWS
Grad of PR program lands job with LinkedIn management **4**

BIZ + TECH
6 Hydro rate increase could be coming

SPORTS
Hawks men's soccer team takes OCAA crown **20**

A+E
12 Comedy grad Debra DiGiovanni talks about her tour

THIS WEEK

THURS 3	Finding Jobs Through Social Media @North Campus E339, 12 - 1 p.m. Learn how to make a LinkedIn profile and the do's and don'ts of social media.	FRI 4	Final day to drop course registration @Humber Last day to withdraw from a class without academic penalty.	SAT 5	Women's Varsity Volleyball @Humber North 1 p.m. Hawks women's volleyball team hosts the Fanshawe Falcons.	SUN 6	Daylight Saving Time @Canada Remember to turn back your clock one-hour at 2 a.m.	MON 7	Humber Award Ceremonies @Lakeshore Campus, 7:30 p.m. Award ceremony for the School of Social & Community Services.	TUES 8	Liberal Arts & Sciences Film Series @North Campus screening room B, 11:45 a.m. Come watch the film <i>Eternal Sunshine of the Spotless Mind</i> .	WED 9	Winter 2012 Fees Due @Humber Remember to pay for any outstanding fees for the winter term.
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By Doreen Dawang

Jury now deciding Araya's fate

Closing arguments done in student's second-degree murder trial

Alex Consiglio
Senior Reporter

The jury is out for deliberation today in a Humber student's second-degree murder trial.

Nahor Araya, 21, has pleaded not guilty and has been free on bail since April 2009.

The Crown alleges Araya was a party to the murder of 17-year-old Boris Cikovic on Oct. 3, 2008 by participating in a robbery at the tennis courts in Toronto's Buttonwood Park.

On Tuesday, Araya's defence attorney Stacey Nichols addressed the jury with her closing arguments followed by Crown attorney Patrick Travers.

"Mr. Araya never told Mr. (Cordel) Brown that he was in any way involved in a robbery," said Nichols of the only evidence placing Araya at the scene, an alleged confession made four days later to his high school teacher.

Brown, 40, has a "definite tendency to put his own spin on things," she said, arguing Brown misinterpreted a story fabricated by Araya – to get a place to stay instead of the youth shelter he was in

– because he associated it with the events of Oct. 3.

Araya started the conversation by asking if Brown had heard what happened last weekend, Nichols said, noting Brown was "the one who mentions Buttonwood Park and Mr. Araya simply agrees."

She added Oct. 3, 2008 was a Friday, not the weekend, and Araya never mentioned tennis courts or a time, only a group of guys at a "plaza" who were going to "roll-up" (commit a robbery) on someone.

She said Brown's testimony that Araya told him he was "there" at the park and "was involved" contradicts his initial police statement in 2008, when he told police Araya said he "wasn't involved."

Travers clarified when Brown "said Mr. Araya told him he was not involved, he was not involved in the shooting, he did not have the gun," and said Araya "never in fact asked Mr. Brown for a place to sleep."

Travers said once in custody, Araya summoned Brown and said, "that conversation never happened," in an "attempt to get the teacher to change his story."

But Nichols said the words do

not make Brown "culpable of murder" and Araya said them in reference to how his concocted, unrelated story got him in jail.

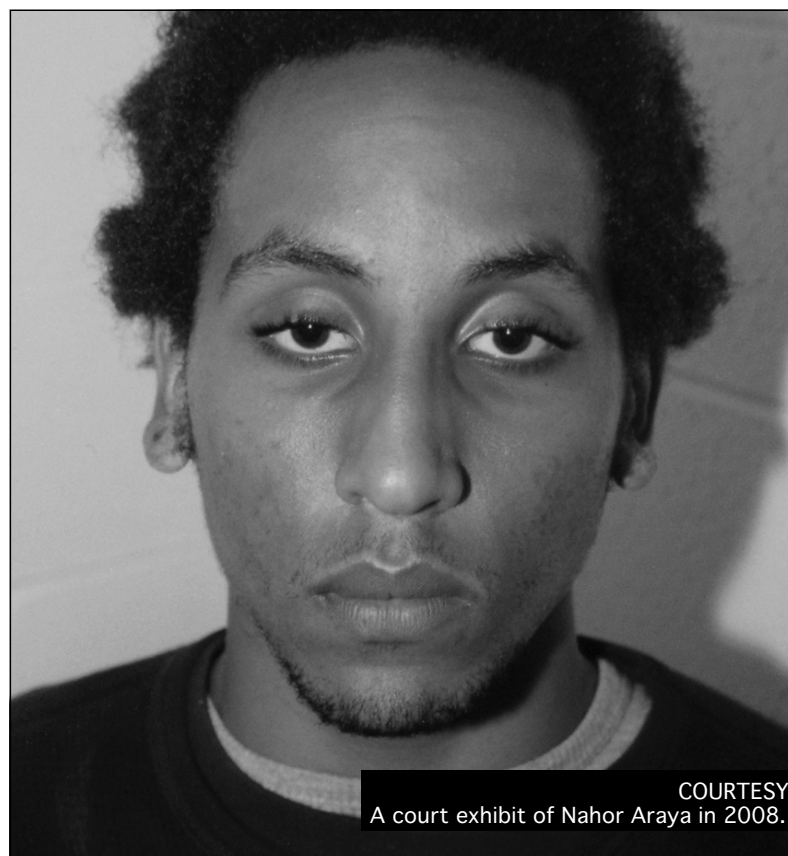
Nichols then rested her case on an alibi in relation to nine 911 calls placed regarding the shooting, starting at 10:34 p.m. and ending at 10:37 p.m.

"We simply can't get around the phone records," she said of Araya's ex-girlfriend Keelie Cook's cell phone records showing Araya called her from his friend Javier Hernandez's house at 9:35 p.m.

Nichols said 10 to 30 minutes later, Araya walked a few minutes down the road to meet Cook at their friend John Kenny's house, eight kilometers from the park, making it "close to impossible" he was one of four men spotted heading into the park by nearby resident Damir Jamakosmanovic, 48, before 10 p.m.

But Hernandez, 20, "did not see (Araya) get to the street," said Travers. "He does not know if Mr. Araya was on foot, or if he got into a car."

Travers added neither Cook, 21, nor Kenny, 22, could pinpoint when Araya arrived at Kenny's,



COURTESY
A court exhibit of Nahor Araya in 2008.

where he spent the night.

"The best [Kenny] could do was say that Nahor was there sometime after 9:45 and sometime before midnight," he said, adding Cook – who said it "felt" like Araya came

30 minutes after the 9:35 p.m. phone call – admitted her sense of time was distorted from smoking marijuana.

The jury is expected to return a verdict today or tomorrow.

Students shave down for start of Movember

Nick Pascal
News Reporter

Humber College kicked off Movember with a student run shave-down on Oct. 31 in the North campus student centre.

"With Movember, guys can grow their moustaches and become walking billboards for men's health awareness," said Jacklyn Lewis, an organizer of the event, and student

in the fundraising and volunteer management program.

The Movember campaign, promoting awareness for prostate cancer and men's health, originated in Australia in 2002 and came to Canada in 2006.

"The supporters of Movember, we call them 'Mo Bros' and 'Mo Sistas,'" said Lewis. "We're not just targeting men here, because women want a way to contribute too."

Along with the shave-down there was a bake sale and face painting, "so that the Mo Sistas that come out to support their Mo Bros can sport a moustache for the day," said Lewis.

"People are really starting to get on board; we had almost 119,000 Mo Bros and Mo Sistas in Canada last year," said Matt Matheson, PR and communications manager at

Movember Canada.

Matheson said one in seven men are vulnerable to getting prostate cancer.

"Prostate cancer is a huge problem that effects a lot of Humber students and faculty," said Ken Wyman, program coordinator for Fundraising and Volunteer Management.

"Students actually ran this event without any help," said Wyman.

"It's our special events project for class," said Lewis. "A third party fundraiser."

Lewis said that last year Humber managed to raise about \$24,000 and they hope to raise that number this year.

"The shave-down is a good way to begin the month clean," said Wyman. "And to see how much hair you can grow in your mo."



PHOTO BY NICK PASCAL
Wayne Emmons, first-year design foundation student, prepares to shave to begin the month of Movember.

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2 MINUTES FROM HUMBER COLLEGE



PHOTO BY STEPHEN J. DONKERS
Humber motorcycle training manager Andy Hertel said rider training off Humber property could be a positive thing.

Motorcycles on move

Stephen J. Donkers
News Reporter

After three decades, the Humber motorcycle training classes will have to find a new space to teach their classes due to parking lot construction happening in the new year.

Next spring, construction begins on revamping Humber North's campus parking lots 6, 7, 8 and 9.

This means the weekend motorcycle training classes that usually takes place on those lots will have to find another location.

"We've been training there for 30 years now. It's disappointing but it's also exciting," said Andy Hertel, manager of the motorcycle training course at the Humber Transportation Training Centre. He said he's embracing the chance to take training to new sites and is

excited for what it could mean for Humber.

"Sometimes change is just what the doctor ordered," he said. "It's exciting from a Humber perspective because Humber is moving forward by doing things to expand and encourage new students and new programs."

Hertel said there have been discussions with nearly a dozen companies with parking lot space near the campus but wouldn't give company names due to, "respect for other parties involved."

Rick Mikula, a program liaison officer at the training centre, said the move off-campus is, "an opportunity."

"We all face challenges and we can look at this as either a negative thing or a positive opportunity," he said.

Mikula said by doing rider train-

ing on another location, Humber could have a chance to take the motorcycle program to new audiences.

"If we can partner with a large multinational organization that has lots of parking lot space across Canada, then Humber could take the program on a national level," he mused.

Marshall Richmond, another program liaison officer, said he's looking forward to training at a new location but thinks the move could come with a sense of disorientation within the community.

"Lots of people know about Humber because of our motorcycle program," he said. "We're losing a bit of that contact because we'll be off to the side someplace else."

"I think there could be a feeling of loss in the community but this is a new beginning – a fresh start."

HSF surveying student body on its overall performance

Jonathan Zettel
News Reporter

Humber Students' Federation is spending \$8,000 on a survey to gauge its performance amongst students.

"This will help guide our decision making," HSF president Bryan Tran said about the survey released via email to all full-time students at Humber and Guelph-Humber.

The questions ask which HSF services are used, how often, and why not. The survey asks how well HSF communicates via email, posters, humberlife, social media, and generally what students think of HSF.

The HSF hired Academica Group to do the survey, said execu-

tive director Ercole Perrone.

The survey questions ask students to rank how often they use HSF services, and ask follow up questions based on those answers.

Information will be collected by Academica and handed over to HSF – and no one else, not even the college – said Perrone.

Each student receives an individual username and password that they can use to take the survey anonymously.

"At no time do we receive students' names," Karen Lee, field operations manager at Academica Group said.

Lee went on to say that the questions were written in collaboration with HSF and Academica Group staff.

Academica Group will not keep information gathered from the HSF survey: "It's not our right to keep that information," Lee said.

Those who complete the survey by Nov. 11 will be eligible several cash prizes ranging from \$50 to \$250.

"I think the incentives will definitely help. We're hoping to get as many students as possible to fill it out," said Tran.

The last survey of this kind was done in 2009.

"I think the idea is to do this every year just to get a baseline," Tran said.

Tran did not receive the survey and will not fill out because he is not a full-time student, but says there are HSF services that he uses.

Buses continue to Humber North during YRT strike

But some routes linked to campus buses are disrupted and employee grievances run deep

Alex Lambert
News Reporter

GO and York Region Transit buses servicing Humber will continue to run after labour disputes were averted, even though many YRT employees are on strike.

Employees from private contractors hired by York Region to run YRT struck Oct. 24, but GO Transit's management and their employees' union reached a tentative agreement Oct. 23.

"I remain hopeful that an agreement can be reached real soon," said Rick Leary, YRT's general manager.

Leary said YRT's service to Humber College won't experience disruptions, but some routes connecting to buses servicing Humber aren't running.

He said the region won't comment on the dispute because they're not involved in negotiations.

Issues in the dispute include wages, benefits, and working conditions, said Ray Doyle, president of the union local representing staff from Miller Transit, First Student Canada and Metrolinx – which operates GO Transit.

The main sticking point is YRT staff earn \$7 less per hour than

other transit employees in the GTA, said Bill Reno, media liaison consultant for the union local representing staff from Viva, a YRT bus service.

He said YRT fares are the highest in Ontario and their subsidies are the highest in the province, but employees' wages are by far the lowest.

YRT's/Viva's cash fares are \$3.25 for one zone and \$4.25 for two.

"What's wrong with this picture is you've got large, privately owned multinationals who are running your transit system," Reno said.

Doyle said drivers working split shifts – with built-in breaks – are sometimes on duty very long hours.

"The crew spread of a bus driver could be up to 16 hours, and that's just not human," Doyle said.

He also said YRT drivers must pay to ride the bus when they're off duty, and some union members have no sick days or pensions.

"I don't know how much more they can disrespect these people," he said.

Doyle said Metrolinx is holding a ratification vote on the agreement Nov. 2.

"We are pleased that we have reached a tentative agreement," Metrolinx said in a statement.



PHOTO BY ALEX LAMBERT
James Watzke, Humber College's Dean of Research, said public transit is important because it decreases traffic congestion and is environmentally-friendly.

Rumours of U of Guelph, Humber split false

Christian Quequish
Guelph-Humber Reporter

Executives from Humber College, University of Guelph and University of Guelph-Humber have refuted rumours of Guelph separating from Guelph-Humber.

Serge Desmarais, associate vice-president academic at Guelph said the relationship between Guelph and Humber is good, from Guelph's point of view.

He added that there has been no conversation about ending the relationship with Humber.

"I can assure you the relationship is quite strong, we hope to continue these successful programs," said Desmarais.

"We hope to grow the Guelph-Humber enrollment limit to 4,000 students" from about 3,000 now.

John Davies, Humber College's president, said the relationship between Guelph and Humber is, "without question the most progressive, successful relationship between a college and university in this country."

Davies said Robert Gordon, former Humber president, put the plan together with the former president of University of Guelph, Mordechai Rozanski.

"Have there been any bumps along the way? Actually, no," said Davies, who wrote the agreement contract for the former presidents.

"I have no idea where these rumours might have come from. Guelph is as pleased with this relationship as we are," he said.

Dr. John Walsh, vice-provost at the University of Guelph-Humber, said he has never heard rumours of a split before, and doesn't know why they started.

"There is no evidence [to support the talk] from either institution," he said.

Stephanie Comeau, 20, a business student at Guelph-Humber, said, "A friend told me that Guelph wanted to separate from Guelph-Humber because they didn't like the way it was being run."

Christopher Stellato, a fourth-year justice studies student, said he has heard the rumour for the past three years, but said he thinks it's false.

City council bans shark fin

Mayor Ford was one of four votes against the ban on the sale of shark fin in T.O.

Alexandra Gundy
City Hall Reporter

Rebecca Byers
News Reporter

Toronto City Council took a stand on the shark fin debate last week when they voted to ban the controversial products city-wide.

The bylaw passed 38-4, with Mayor Rob Ford voting against the ban on the Chinese delicacy famous for its use in shark fin soup.

The new bylaw comes into effect Sept. 1, 2012 and imposes fines from \$5,000 for a first offence to \$100,000 for a third offence.

"The sharks are being killed solely for their fins," said third-year business management student Brandon Cormier, who lobbied for the ban.

"They catch them, slice off their fins, and then throw them back in the water to die."

The practice of harvesting fins in this manner is referred to as finning, and advocacy groups like the



PHOTO BY REBECCA BYERS
Edith Fu (right) gathered on with other members October 24 of the Toronto Chinese community to show their opposition to the shark-fin ban before the vote went to council.

Sea Shepherd Conservation Society have said it has caused some species of sharks to decline by up to 98 per cent in recent years.

Cormier, 22, said she learned about the shark fin industry when she watched the documentary *Sharkwater* in a class she took at Humber's Orangeville campus. She said she felt strongly about the

issue and took up the cause, publishing an article about it in the *Orangeville Citizen* and adopting a shark through the Canadian Wildlife Fund.

"Removing sharks at this incredible rate is causing subsequent problems throughout our ecosystems," she said. "It is causing the ocean's ecosystems to crumble be-

neath us, and that is really dangerous for our entire planet."

The ban has angered members of the Chinese community, such as Edith Fu, who lobbied against the ban outside city hall on Oct. 25.

"I think it's unfair to our community," Fu said. "The meaning behind eating shark fin is really important."

Until 30 years ago, shark fin was rarely eaten and reserved for royalty and aristocrats. With the economic boon in the 1980s and the introduction of widespread finning, shark fin became easily available, giving everyone access to the former status symbol.

"I'm proud to have voted in favour of the ban," said city councillor John Parker. "It's one small step in a global process that will hopefully lead to the end of the shark fin industry entirely. The ban is mostly a symbolic act, but it removes the market in Toronto, and, more importantly expresses the outrage many people feel about finning in general."

Grad lands PR management gig at LinkedIn

Doreen Dawang
Student Services Reporter

Humber graduate Danielle Restivo said she used her strong social networking skills to land her a job as manager of corporate communications at LinkedIn, a global professional networking website.

Restivo said her degree in English literature from Wilfrid Laurier University was not enough to secure her a practical job.

"I can tell you all the collective works by Mary Shelley and Jane Austen, and their recurring themes in their novels. But that doesn't re-

ally help me get a job," Restivo said.

Restivo said she, "connected to someone on the site who is now my manager."

LinkedIn is intended to help professionals find employment or work contracts in their respective fields and has been operating since 2003.

"I was able to get my job through LinkedIn."

Restivo has worked in public relations for over 10 years. At LinkedIn Canada and Brazil, Restivo overlooks all PR activities, media releases and employee speaking engagements.

She said she knew of Humber's

great reputation and enrolled in the post-graduate PR program in 2001.

She said after two months of working at her internship at DBA Communications during her final year at Humber, the PR agency hired her on the spot.

"You learn so much when you get into your first job – that's where you do a lot of your learning," said Restivo. "But if I hadn't had that basis [at Humber], I wouldn't have gotten those jobs."

Kalene Morgan, Restivo's former instructor and current program coordinator of the Public Relations graduate program, said Restivo is

a strong Humber supporter and is visiting Lakeshore campus this month as a guest speaker.

"Danielle continues to reach out to students to move their career forward," said Morgan.

"She helps students who are where she was in the past."

Although she said she does not know where she will be in 10 years, Restivo said Humber has been a great stepping-stone in her career and hopes to encourage current students to be as passionate.

"I do like to [go to Humber] because it gave so much to me," Restivo said.

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Hydro rates begin rising

Ashlee Collins
News Reporter

A hydro rate increase is needed to sustain energy production in Ontario, said Humber international business co-ordinator Pierre-Pascal Gendron.

"Historically hydro has been subsidized in Ontario but because of the large budget deficit, funding is scarce for subsidizing hydro costs," he said.

Gendron said it's a necessary step as more and more people move to Ontario and are putting a strain on the system.

The Ontario Energy Board reminded consumers of time-of-use restrictions as residential and small-business rates increase on a semi-annual basis.

The most recent increase of 1.8 per cent came into effect on Nov. 1, said Paul Crawford, OEB communications and stakeholder relations advisor.

"The Ontario government gave us a mandate to get smart meters into every home," said Crawford. "Smart meters not only track how much hydro the house is using but also when it is being used – this



PHOTO BY ASHLEE COLLINS
The Ontario Energy Board says Hydro rates will increase by 1.8 per cent across Ontario, effective Nov. 1.

ensures that consumers are paying the true cost of the electricity they use."

For the winter months peak time is 7 to 11 a.m., mid-peak time is 11 a.m. to 5 p.m., and off-peak time is 7 p.m. to 7 a.m., the OEB website said.

Crawford said consumers can expect to see an average increase of \$2.11 on their bills.

Rebecca Gil, 20, a first-year 3-D animation student, lives in an off-campus house with four other students.

"My landlord pays the hydro bill

so he is pretty adamant about us not doing laundry during the peak times," she said.

Gil said that even though this can be an inconvenience she understands that it is necessary in order to keep the bills at a reasonable cost.

BEST OF TECH

An app called "I'm Being Arrested" for the Occupy protests, which alerts loved ones and legal counsel at the press of a button in case you're being arrested. The automated message goes to people of the user's choosing.

WORST OF TECH

"Is it dark outside?" is an app that tells you whether it's dark outside or not. Great in case you weren't sure. And if you've ever wanted to pretend to staple something, there's the "Simstapler" app. Decide how many pages to staple. Watch your fingers...



COURTESY KORY GRAHAM
Redesigned mop head concept, created by Kory Graham, a fourth-year industrial design student.

Design showcase raises profile of student research

William Kee
Biz + Tech Reporter

Humber student designer Kory Graham is getting ready to sweep into the 2011 Polytechnics Canada showcase with his mop-head design.

Graham, 22, a fourth-year industrial design student, said he is showcasing a wet mopping head design he worked on at Marino Manufacturing.

He said the product was a re-designing of a current product called Snap-n-Go.

"We redid the head to be more ergonomic, sustainable and innovative" because the original product from China was a quick and less refined version, said Graham.

Graham added that consumers no longer needed to touch a dirty

mop, and could just toss their trash away.

"If you have a happy custodian, you have a happy business," said Graham.

North campus will show off how student research helped companies at the invitation-only event on Nov. 8.

Over the last six years, the event has evolved from faculty to student presentation, said Ken Doyle, director of policy at Polytechnics Canada, and creator of the annual showcase.

"Originally, the faculty engaged in research by presenting some of the projects they were working on in the support industry, and now it's turned into the students who are doing the research projects as part of the curriculum," said Doyle.

Nobina Robinson, CEO of Polytechnics Canada, said she's delighted Humber is co-hosting the event this year. "We want to make sure that all the good things that happen at Humber are understood at a federal level," said Robinson.

James Watzke, dean of applied research at Humber, said students are involved in some sort of research and have something to show for it.

"It's a lot about getting key messages across to the audience because it's important for companies to know that Humber grads have the right stuff to help them," said Watzke.

"I like connecting those dots and I think these companies are grateful because it's hard to find good talent."

Parents, schools should teach financial management to youth

Amber Daugherty
Biz + Tech Reporter

Schools have more of a responsibility to teach children about finance than parents do, said Richard Kingston, financial services program co-ordinator at Humber.

A study by the Canadian Institute of Chartered Accountants released on Oct. 19 reported that 89 per cent of people aged 16-22 said parents have a lot of responsibility when it comes to teaching them about finance.

Kingston said his experience dealing with students has shown that parents are not doing a good job.

"It's very, very rare that parents would have any discussions whatsoever about their financial situation with their children," he said. "In terms of [students'] level of knowledge as they enter the [financial services] program, it's nil."

The study surveyed youths across the country to find out how much they know about finances, where they learn about finances, the money-related challenges and goals they have, and the role of their parents.

Despite the survey reporting that 83 per cent of young people said they were confident with their

financial situation, only 33 per cent were confident in their ability to stick to a budget, and 39 per cent were confident in their ability to limit spending.

Kingston said that would change if schools taught students about managing money.

"Every single person goes through those things at some point in their life and for the high schools not to teach that is criminal," Kingston said.

Nicholas Cheung, director of CICA member services, said parents should start teaching children about money when they get their first piggy bank.

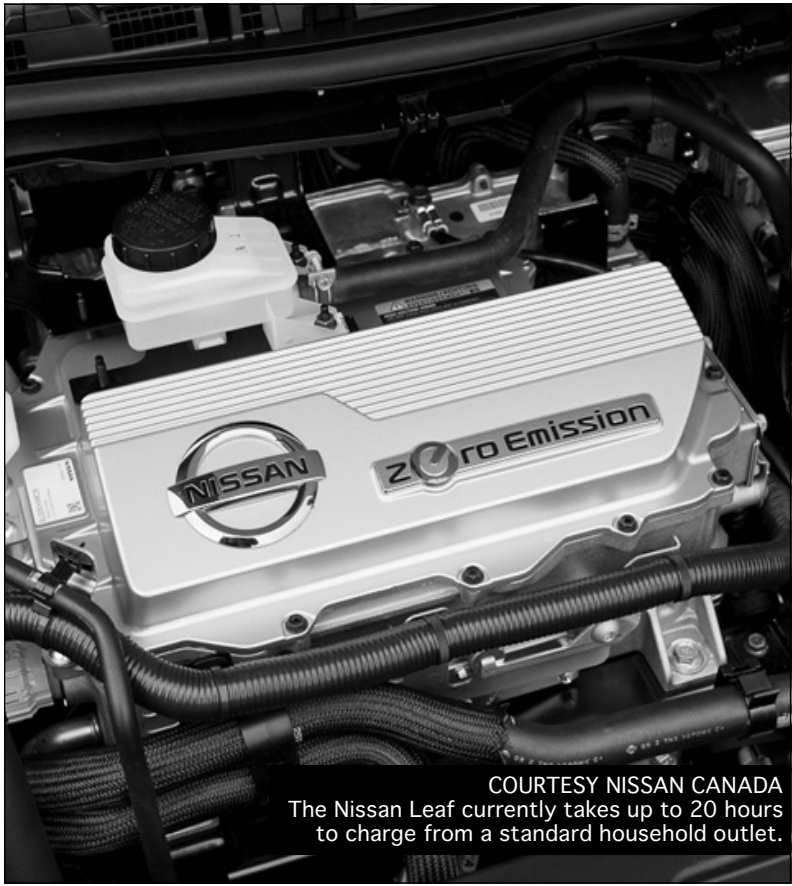
"Money shouldn't be a taboo subject at home," he said. "Teens tend to think they know more than they actually do. Parents need to motivate children to put that knowledge to work."

He added, "Teens tend to think that credit card abuse is someone else's problem."

Holsee Sahid, manager of Humber Financial Aid, said managing a budget is an important skill not many students have, and everyone involved in the life of a young person has the responsibility to help change this.

"I think we all need to play a part in that, not just parents alone."

Fast-charge battery to power electric car



COURTESY NISSAN CANADA
The Nissan Leaf currently takes up to 20 hours to charge from a standard household outlet.

New charging technology in early stages of development could fully charge an electric car battery in 10 minutes

Ryan Saundercook
Biz + Tech Reporter

Recharging an electric car may one day be as fast and easy as a routine visit to the gas station.

Nikkei News reported early in October that new battery-charging technology developed by Nissan in co-operation with Japan's Kansai University is repeatedly able to charge the batteries for cars such as the Nissan Leaf in 10 minutes.

The quick charge reportedly came by swapping out the carbon electrode usually used in batteries for tungsten oxide and vanadium oxide, and charging was complete in a fraction of the usual duration with no significant effect on storage capacity or voltage.

"If this report is accurate then it's a huge game changer," said Patrick Burke, co-ordinator of the industrial design program at Hum-

ber College. "A 10-minute recharge time takes the issue of inconvenience out of the decision to go electric."

Bruce Thomson, transportation designer and instructor at Humber's School of Applied Technology, said electric vehicles simply are not practical for Canadians at this time, but this development might help change that.

"If you had a vehicle that could be hooked up to a 10-minute charger, that could drive 300 kilometres, and was supported by the right infrastructure," said Thomson, "I could see gas-powered vehicles taking a huge dive in terms of sales."

Nissan spokesperson Heather Neehan said the company was unable to elaborate, and that the reported technology was still in the very early stage of basic research.

Such a breakthrough could significantly boost public perception

of electric cars, Thomson said.

He added long trips are problematic as electric cars need specialized chargers and long charge times.

Nissan's website said the Leaf, its fully electric consumer model, currently takes about 30 minutes to reach 80 per cent capacity when charging at a 480-volt quick-charge station; seven hours at 220-240 volt outlets; and about 20 hours from standard household outlet at 110-120 volts.

"I'd probably consider getting one if I could charge it in 10 minutes, but I'm the kind of person that wants a really specific car," said David Furman, 26, a second-year occupational therapist and physiotherapist assistant student. "The choice needs to improve."

Unfortunately, Nikkei News said commercial implementation of this technology could take up to a decade.

Apple leads phones for accessibility features

Built-in tools VoiceOver and LED light alerts easier to use than others

Briar Hopley
Life Reporter

The iPhone was vital to get through college, said Ahmed Abukar, a visually impaired former Guelph-Humber business administration student.

On Oct. 12, Apple released the iPhone4S loaded with iOS5 and its updated accessibility features for a wide range of users with disabilities.

The new iPhone's accessibility features are included, whereas adaptors must be purchased separately for other phones, said Abukar, who owns an iPhone 3GS.

The 25-year-old said he used Humber disability services and that the iPhone is more accessible than any other smart device.

"It allowed me to graduate with distinction," said Abukar.

"The iPhone is a product that is often recommended for students or individuals with disabilities because of the features the operating system has," said Disability Services assistive educational technician

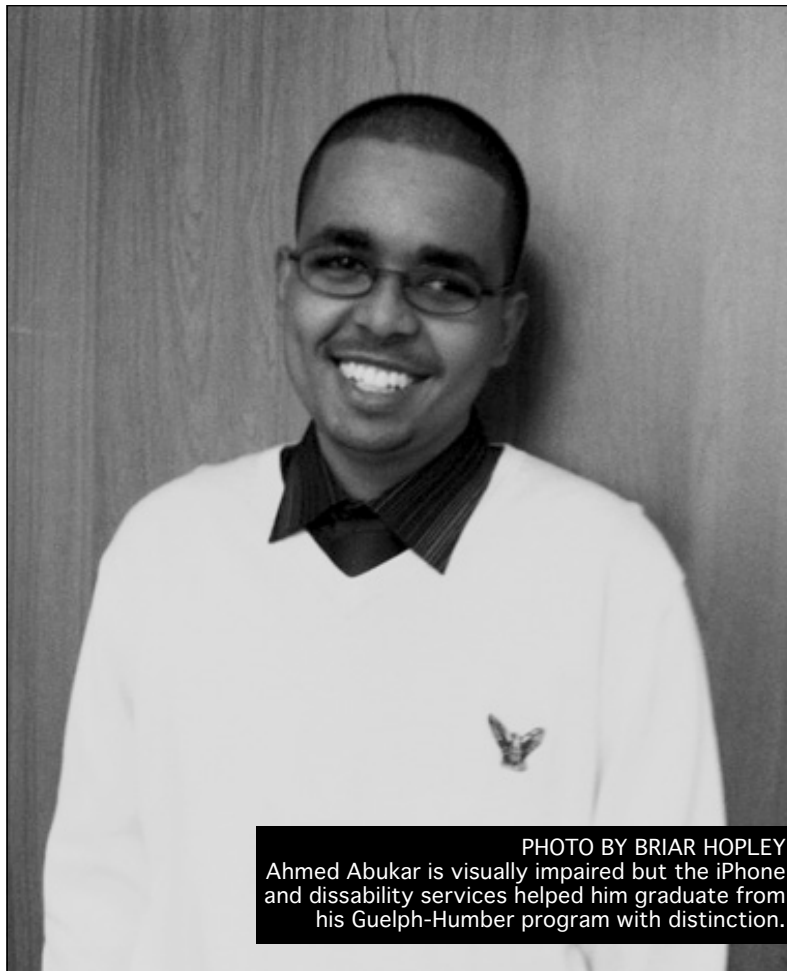


PHOTO BY BRIAR HOPLEY
Ahmed Abukar is visually impaired but the iPhone and disability services helped him graduate from his Guelph-Humber program with distinction.

Eva Revuelta-Lopez.

Abukar said he uses the VoiceOver feature that comes in 36 different languages and reads aloud what is written on the screen.

"Because we rely so much on seeing the information on the phone, when the phone can read the information out loud, guiding the user, that's a really good support for visual impairments," said Revuelta-Lopez.

She said the newly released iPhone 4S also has features such as LED light alert, which allows those who are hearing impaired to use this feature as an alarm system, so

they are able to wake up on time without assistance.

People who communicate through signing can use the video-calling feature to communicate with others, she said.

RIM's website said the BlackBerry's features for the visually impaired include audio and vibration notifications, but no text-to-speech capability.

Google's website said that Android has a text-to-speech tool called TalkBack, but depending on the phone or version of Android, the feature may not come pre-loaded and have to be downloaded.

Performance reviews raise job satisfaction

Rebekah Camara
Biz + Tech Reporter

A survey by Ceridian Canada and Harris Decima said 80 per cent of Canadians feel secure in their jobs.

The report, released Oct. 24, said there is a direct link between regular performance reviews and employee satisfaction.

John Cardella, executive vice president at Ceridian, said this satisfaction ultimately leads to feelings of security, and if employers made promises of growth and promotion during these performance reviews they should keep them.

"Something should happen from these performance reviews though," he said. "Younger workers want to contribute, and when their talents aren't recognized they will go somewhere else."

Anna Shnet, a human resources associate for RuggedCom, a telecommunications manufacturer, said that employers could gain much from creating a sense of security in the workplace.

"Employees are more engaged, there's higher productivity, higher morale, no tardiness, and everyone's happy," said Shnet.

Shnet said there are many ways employers can create those feelings of security but it depends on the financial ability of the company.

"Some companies have formal recognition rewards to congratulate those employees who go above and beyond expectations," she said.

But the simplest way to create a secure environment is to stick to

the basics and have performance reviews, both informal and formal, said Shnet.

"There's a whole year between each review. That's a lot of time for an employee to stray off their path. They should do [employee reviews] regularly," said Shnet.

David McPherson, a human resources professor at Humber, said the results of the survey were sur-

"SOMETHING SHOULD HAPPEN FROM THESE PERFORMANCE REVIEWS"

- JOHN CARDELLA, EXEC. VP, CERIDIAN

prising considering our economic downfall.

McPherson said companies would do anything to save that extra dollar, even cut down on the cost of employees.

"I just don't think [employee loyalty] exists much anymore," said McPherson.

He said just because employees are happy in their workplace, that doesn't mean the business will succeed, citing Research in Motion as an example.

"I personally know some employees there," he said. "It's a great company to work for. Does that mean they'll stay in business?"

Rendezvous with Madness

Multimedia festival is for artists who have had mental illness, addictions

Shylo Adams
Life Reporter

The 19th annual Rendezvous with Madness Film Festival, which includes visual arts, performance art and music, comes to the TIFF Bell Lightbox tomorrow.

This year the festival will have over 20 attractions and exhibitions, including a juried art exhibition on the theme of art's healing power.

Lisa Brown, the festival's artistic director, said this year the festival will deal with some controversial issues.

"We will be putting a program in partnership up at the National Film Board [called] The Portrayal

of Suicide," said Brown.

Brown was a psychiatric nurse at the Centre for Addiction and Mental Health – a festival partner – and said working there enabled her to quickly establish relationships with people who were receiving care and treatment, but were also artistically creative.

"These guys were playing The-lonious Monk, they were doing Shakespeare soliloquies, they were extraordinarily talented," said Brown. "What wasn't happening while they were receiving care and treatment, there was no avenue for them to express [themselves]."

Chris Mitchell, festival co-ordinator, said of artists' group Workman Arts which helps organize the event, "To be a member you need to be a professional artist or striving to be a professional artist who's had experience with a mental illness or addiction."

Workman Arts is associated with the CAMH and aims to sup-

port aspiring and emerging artists and it brings the festival to Toronto each year, said Mitchell.

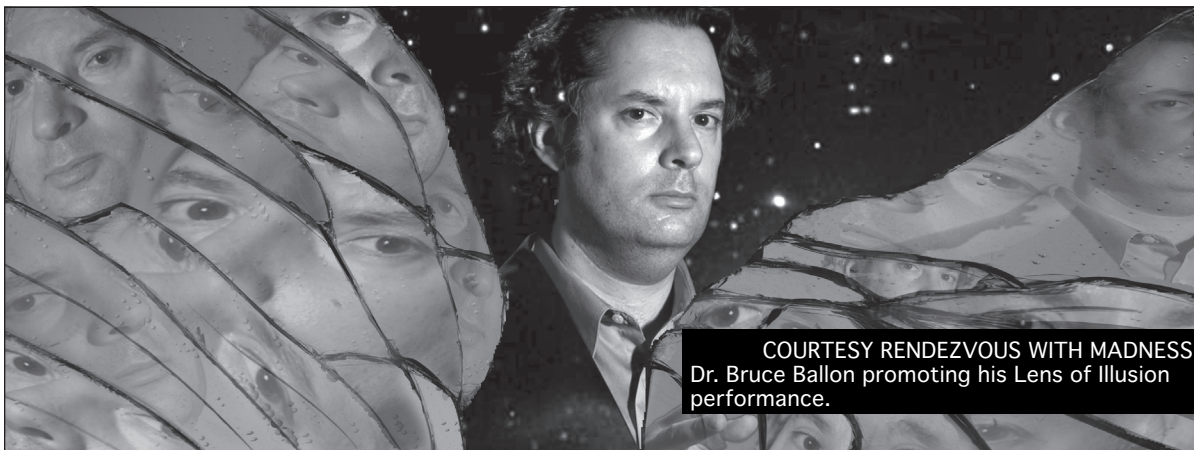
Neil McGrenaghan, a Humber psychology instructor, said, "I think art is a medium to bridge between the general public and those who have been labeled mentally ill."

McGrenaghan said that the average person doesn't typically understand or investigate what it means to have a psychological disorder.

"[Art] is an outlet for [people with psychological disorders] and it's a way for them to communicate with the average person. It's a great way of sublimating that energy in a productive way," he said.

After every film screening the festival will have a Q&A period with the filmmaker, a mental health expert, and someone with personal experiences.

The festival ends Nov. 12 with *The Lens of Illusion*, performed by Dr. Bruce Ballon.



COURTESY RENDEZVOUS WITH MADNESS
Dr. Bruce Ballon promoting his *Lens of Illusion* performance.



PHOTO BY SHALENI MCBAIN
Women gather before the first ever Slutwalk in downtown Toronto earlier this year.

SlutWalk panel looks at merits of movement

Shaleni McBain
Life Reporter

The Canadian Bar Association is holding a panel discussion this evening about whether the SlutWalk phenomenon is "part of the problem, or part of the solution."

"I found it was interesting how the SlutWalk called attention to problems of discrimination in Toronto Police Services without resorting to litigation," said Karin Galldin of Galldin Law, a feminist legal practice, and one of the three panelists at the discussion.

Galldin will share the stage with Sonya Barnett, a SlutWalk co-founder, and Brenda Cossman from the University of Toronto's Faculty of Law.

"I'm going to talk about police services generally, and how responsibility is attributed throughout organizations and how to bring action to police in a civil context and human rights context" said Galldin.

Shelley Quinn, Candian lawyer, is the one who planned for the panel discussion.

"What I hope for is a lively discussion and debate and that there's learning that happens on all sides," said Quinn. "I hope we start a dia-

logue about going forward as feminists."

Quinn said she expects many lawyers to attend along with law students, non-law students and other young people.

The SlutWalk movement started after a Toronto police officer spoke at Osgoode Hall in late January and said in order to remain safe "women should avoid dressing like sluts."

In response to the comment, women (and some men) began marching in a number of North American cities in their best bustiers, garter belts and fishnet stockings.

SlutWalks have now happened in over 70 cities worldwide including New York, Brisbane and Vancouver.

Henri Berube, program co-ordinator of police foundations at Lakeshore worked for 20 years in the York Peel region doing presentations on personal safety, safety for women and victimization reduction.

Berube said he found the comment made by the Toronto police officer to be very unfortunate and misguided.

"I find the actual response from the public to be encouraging. I think that there is momentum and an opportunity has risen out of the comment that has [mobilized] a group that is often targeted, women, to start to stand up and show that they should not tolerate victimization," said Berube.

Tonight's panel discussion begins with dinner at 6 p.m. at the Ontario Bar Association Conference Centre at 20 Toronto St. Walk-in registration is not available for this event.

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Natural medications an alternative

Sarah Rea
Life Reporter

Homemade natural remedies for cold and flu symptoms are encouraged instead of using traditional brand name medicines.

Judith Hall, clinic manager at Academy Natural Health in Etobicoke, said she receives many calls and emails from students every day regarding information on natural medications and procedures which help fight the flu.

"We tend to an equal amount of gender and ages," said Hall.

"Some are seniors, others are adults, children and even babies, but we do get a lot of students with health concerns contacting our clinic, especially because we offer a student discount for those in college or university."

Kristin Caria, a naturopathic doctor at the Academy clinic, said there's a lot that can be done to strengthen ones immune system.

"Staying hydrated and washing your hands is important, but we take it to the next level," she said.

"Naturopathic doctors use a variety of modalities for cold and flu symptoms. First we go over the patient's current and past medical history, then we do various blood testing and examine daily diet routines."

"Once that's completed, we offer botanical medicines or a homeopathic immune balancing formula called Pascoleucyn Forte as well as Chinese herbal remedies like ginger tea, that are all very good for the prevention and treatment of cold and flu symptoms," Caria said.

"My best advice is to make sure

you strengthen your immune system with natural remedies earlier, rather than wait for flu symptoms to actually appear."

Eric Campbell, 24, a second-year radio broadcast student, said naturopathic practice is essential to treating the flu.

"I drink a lot of green tea and water and try my best to avoid anything chemically made from the drug store," said Campbell.

"I think less people would get sick if they just took the time to sit in silence and quiet their mind. A lot of people don't know this, but meditation plays a huge part in staying healthy."

The clinic is located at Dundas street West and Burnhamthorpe road. For more information visit www.academynaturalhealth.com.



PHOTO BY SARAH REA
Natural remedies suggested by naturopathic doctor, Kristin Caria at Academy Natural Health Clinic.

Aboriginal Circle welcomes non-native Humber students

Mamta Lulla
Life Reporter

The Aboriginal Student Circle has opened its doors to non-aboriginal students this year and the students are responding well to the opportunity, said the club president.

"The club fair did a lot for us, we had one aboriginal person sign up and everyone else was non-aboriginal," said Allysha Wassegijig, president of the club.

"The list was diverse and we wanted diversity in order to just promote people celebrating who they are," she said.

Wassegijig said because of people's differences and similarities, they can all learn from one another, addressing a wider range of issues.

Vice president Holly-Anne Penasse said a club like this helps urbanized Aboriginals to connect with other Aboriginals apart from their families and understand the culture better.

Both Wassegijig and Penasse advise students to reach out to their communities and get the cultural connection security they need, but also encourage students to make friends outside their ethnic circles.

"It makes the other people outside of the circle feel like they don't want to be friends and it creates tension between students," said Wassegijig.

Shelley Charles, the Aboriginal Elder at student services said she agrees with the diverse blend of students.

"It is good to have non-native students involved and it's a great

way to meet other people," said Charles.

John Steckley, a sociology instructor, said he likes the idea of opening the club's door to diversity.

"Students would be surprised to see the significant numbers of aboriginals here and it's good for the city to be exposed to the culture," said Steckley.

Steckley said as far as ethnic circles were concerned, people do tend to hang out with people like themselves and there is nothing intrinsically wrong with that.

"You start with your own people when you come to a different country and then extend out and it's important to extend. [But] they might not and a lot of people won't," he said.

To THE 9s

Kristian Gutauskas,
19, Visual and Digital
Arts student

How did you choose your outfit today?

Usually I go with colours green, brown and black, mostly because that's all my wardrobe consists of. I just slap what looks good together.

What wardrobe staple should everyone have?

I don't think there should be a universal fashion staple, but if there had to be one, it would be that be people wear more gas masks.

Favourite place to shop?

I don't really like to shop, but when I do, it's usually Wal-Mart or Mark's Work Warehouse.



By Nicholas Camilleri



PHOTO BY MAMTA LULLA
(Left to right) Holly-Anne Penasse, vice president, Allysha Wassegijig, president, and Tommy Ajayi, member of the Aboriginal club.

Birth control a determiner of partners

Shaleni McBain
Life Reporter



PHOTO BY SHALENI MCBAIN
A pack of Yasmin 21 oral birth control.

A recent study released by the University of Stirling in Scotland has found taking oral contraception can alter women's choice of partner for parenting.

Published on Oct. 12, the study found that women who take oral contraception are less sexually satisfied or attracted to their partners but more satisfied with other aspects of the relationship and less likely to separate.

Dr. Craig Roberts, lead author of the research paper, said in a Stirling news release that women who meet their partners while on the pill have on average a relationship two years longer.

But Alex McKay, research coordinator of The Sex information and Education Council of Canada said she is skeptical of the study's accuracy.

"I would say that one of the most important points that needs to come out in terms of discussion of these kinds of studies is that human sexual desire is multi-determined," McKay said.

"How you are feeling in terms of our own levels of sexual desire at any given time is going to be dependent on a range of biological issues, a range of psychological issues and a range of social and relational factors."

McKay said taking oral contraceptives that alter hormone levels potentially could be a factor that

play into a woman's level of sexual desire.

But there is always a whole other range of factors that are going to be at play as well, she said.

Sammy Mak, Humber College's pharmacist, said he believes that a study like this is going to create more confusion among young women, rather than encourage women to discontinue oral contraception.

"Oral contraception is the most suitable for young women," Mak said.

A female Humber student has been using oral contraception for three years said, "I don't believe it's altered my choice of men. I've had two different boyfriends for long periods of time, since I've been on birth control".

"My new boyfriend is completely different than my previous one, but I am still attracted to people like my ex," she said.

Family doctors scarce

Nicholas Camilleri
Life Reporter

Many Canadians, along with 15 per cent of people over the age of 12, are without a family doctor, leading to a reliance on walk-in clinics, the 2010 Canadian Community Health Survey said.

"There is just not enough [doctors] available, that's why these walk-in clinics are all over the place," said Dr. Roberto Antonio Giaccone, a neurologist from Nepean, Ont.

Fifty-three per cent of Canadians without a doctor have been unsuccessful in finding one, the survey said.

Giaccone said if someone has medical issues, their regular doctor is aware of all their problems,

whereas the walk-in doctor will only be in the know of your complaint that day.

"You don't want to be reinventing the wheel with every doctor visit."

Giaccone said family doctors tend to have day-based schedules, leaving some people no choice but to see a walk-in doctor.

Moreover, some people may be in situations where they don't feel comfortable seeing a regular doctor, Giaccone said.

"If it's an issue like an STD, I could understand why someone might want to go to a doctor they haven't made a relationship with," he said.

Peter Clinton, 20, a second-year multimedia and design production student, said he has a regular doc-

tor, but never sees him.

"I haven't got to see him just because his hours and my schedule just don't work," said Clinton.

Clinton said he attempted to get around the scheduling issue, but has had no success.

"They have their set timelines and they stick to them because they don't care about their clients," said Clinton.

Rajdeep Cheema, 23, is a second-year student in the accounting and an international student from India.

Cheema said he had a family doctor back home, but since coming to Canada, has been forced to use walk-in clinics.

"Going into the clinic is okay," said Cheema.



PHOTO BY NICHOLAS CAMILLERI
Etobicoke Walk-In & Family Physicians, near Humber North campus, is one of few accepting new patients for its family physicians.



PHOTO BY NADINE MARTIN
Elder Shelly Charles stands by a piece of Aboriginal art.

Aboriginal view of mental health stresses spiritual focus

Nadine Martin
Life Reporter

The Human Rights & Diversity department is organizing a discussion called An Introduction to Aboriginal Worldviews of Mental Health as part of their speakers' series on Nov. 10 from 1-3 p.m.

Nancy Simms, manager of diversity and human rights, said the main goals of the workshop are to increase understanding, identifying three ways to integrate Aboriginal worldviews and knowing how to work with Aboriginal employees and students with mental illness.

"We're inviting Dr. Cyndy Baskin, an associate professor of the school of social work at Ryerson University, and we're hoping to widen everyone's scope and sensitivity around mental health," said Simms.

"It's important to understand that mental health affects everyone. We want to make sure that we

don't problematize the Aboriginal community further," she said.

"We have mental health concerns that impact all communities, race, class, gender, and sexual orientation. This is considered a universal concern," said Simms.

Shelly Charles, elder of Aboriginal services at Humber, said she has extensive cultural, historical, and spiritual knowledge, and provides services to a population of 400 Aboriginal students.

"The Aboriginal worldview has different approaches to healing. It goes beyond western medicine and looks at the total person, mind, body, soul, and focuses on spirituality," said Charles.

She said the Aboriginal experience isn't taught enough, and the idea surrounding the Aboriginal worldview is to hopefully open up more of their own cultural experience to everyone.

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You are welcome here.

DiGiovanni headlines tour

Humber alumna and comedy star brings Single Awkward Female tour to Ontario

Bianca Bykhovsky
A&E Reporter

Humber graduate Debra DiGiovanni is one of Canada's hottest comedians, and will soon be on the road with her debut Single Awkward Female Tour Nov. 5 at Mississauga's Meadowvale Theatre.

"I've been preparing my entire comedy career for this," said DiGiovanni.

"It's my baby and I want it to go well," said DiGiovanni, who chose some of her favorite comics to go on her first tour with her.

"You really think about who you choose – comics you love," DiGiovanni said.

She said because she pursued comedy through Humber's eight-month program, she was able to convince her parents that comedy was a real career.

The comic said she finds inspiration in day-to-day life and traveling.

"Go outside and someone crazy will talk [to you]," She said. "Comedy is your opinion forced on people."

She describes her style of comedy as silliness as opposed to dry humor.



COURTESY ZOINKS ONLINE
Debra DiGiovanni, star of the Single Awkward Female tour.

"I've been working for six months on the tour," said DiGiovanni "You have to book the theater, do publicity for it. Then you start to fear, what if no one comes, what if I'm not as popular as I think?"

DiGiovanni graduated from Humber in 2000. Her first big break was opening for Russell Peters' 2005-06 Canadian tour.

Larry Horowitz, a comedy professor who taught DiGiovanni, said

he remembers her as being the best in the class.

Horowitz said he told DiGiovanni many times she could have a career in comedy with concentration and hard work.

"Debra is a local celebrity to all of the comedy students," Horowitz said. "The fact she is successful and respected is good encouragement."

"She had somebody such as myself who is a professional comedian look her in the eye and tell her 'you have the stuff'," Horowitz said. "That confirmation is very important to a young comic."

Andrew Clark, director of comedy writing & performance, said it's possible to teach someone to be a comedian if they're a funny person at their core.

"Name me something that isn't learned," said Clark. "You can teach somebody the fundamentals... but you can't make someone funny who isn't funny and that is why we have a fairly vigorous audition process."

DiGiovanni has four more tour dates in Southern Ontario. For more information go to www.debradiGiovanni.com.

Laugh Draft laughs last, laughs best at festival

Humber comedy students perform alongside local Canadian celebs

Matt Creed
A&E Reporter

Comedy troupe Laugh Draft is ready to bring their particular brand of humor to the Toronto Sketch Comedy Festival on Nov. 8.

"We're on the bill with a couple of other sketch troupes and they're supposed to be really good, so it's exciting to be part of the festival," said Laugh Draft's Brie Watson, 27, a second-year Humber student in the comedic writing and performance program.

Watson said the troupe produces all of their own shows, and are always conscious of what the audience responds to.

"As soon as we finish a show, we get together and see what worked, what didn't work and what we can use for the next show," said Watson.

"I can't put it into hours but we usually spend about three to four weeks rehearsing," said Laugh Draft's Paul Lewelt, 26, a second-year student in the comedic writing and performance program.

Lewelt said what sets Laugh Draft apart from other comedy troupes is the unique background of each of the 14 performers.

"We have young people, and then we have older more experienced people," Lewelt said. "And our size [also sets us apart from other troupes], because you don't see sketch troupes as big as ours."

TSCF artistic director Paul Snepsts said the festival offers performers a place to craft their talents in a polished way.

"Our festival has always been about professionalizing comedy and presenting a professional experience," Snepsts said. "This includes paying the artists fair compensation and we provide professional development for the artists that are attending."

Snepsts said he expects to see 5,000 attendees at this year's festival and it will feature Scott Thompson and Kevin McDonald of Kids in the Hall fame.

Laugh Draft will perform on Nov. 8 at the Comedy Bar, 985 Bloor St. W. at 7 p.m.

Evil Empire brought to masses by MC and alum

Dona Boulos
A&E Reporter

Up-and-coming Toronto hip-hop artist Ray Lontoc has found a producing partner in Humber radio and broadcast graduate Chris Cardines.

Cardines, 24, said he met Lontoc at a hip-hop competition called "The Prospects", that ran from July. 29 to Sept. 2 hosted by hip-hop focused website, whatsgoodtoronto.com.

"The interesting thing about the contest was that I felt like I was going into a hostile environment at first. It was dope meeting other emcees and other people doing exactly what I'm doing," said Cardines.

Although Cardines did not win the competition, he said he's pleased to be making money off this album, called #EvilEmpire, which he is

producing in his basement.

"The contest gets up-and-coming artists some exposure," said Cardines.

Cardines said the radio and broadcast program helped him by teaching him how to use ProTools, which he uses to mix tracks.

Rapper Ray Lontoc, 26, won second place in the competition.

"I started rapping when I was about 16. But when I got to the age of 20, my mom passed away and all my music was kind of depressing, so I stopped for a bit and I just got back into it recently," said Lontoc.

Lontoc said he writes his own lyrics and finds writing very therapeutic.

Lontoc said he wasn't looking to win the competition, but to, "get some exposure and to feel more comfortable on stage."



COURTESY WHATSGOODTORONTO.COM
Ray Lontoc performing at The Prospects competition.

AUDIO FILES MUSIC REVIEWS



by Sarah Lennox

CEREMONIALS FLORENCE AND THE MACHINE NOV. 1/ISLAND

English songbird Florence Welch's signature voice makes this album. Time will tell if it lives up to the success of the band's Brit Award-winning debut album, *Lungs*.

★★★★

EVANESCENCE EVANESCENCE OCT. 11/WIND-UP

Evanescence has lost five members since it started in 1995, but the heavier sound of their third album seems to be reminiscent of their first, *Fallen*. Look out for this band's latest single, *My Heart is Broken*.

★★★

CHRISTMAS MICHAEL BUBLE OCT. 24/REPRISE

Dream of the upcoming winter break with this Canadian crooner's renditions of Christmas classics. It won't be surprising if these songs are regulars in mall playlists this holiday season.

★★★

Tales from the afterlife

Richard Scrimger's latest book about teen boy's run-in with spirits

Brandon Humber
A&E Reporter

Writer Richard Scrimger says stories borne from negative emotions like anger, fear and sadness turn out to be some of the best.

A Humber graduate and mentor to the college's School for Writers, Scrimger visited on Oct. 26 as a guest speaker to read from his latest book, *Me and Death*.

"I had an idea for a story based on [Dickens'] Scrooge character, where this guy would go off and meet a bunch of ghosts," said Scrimger.

Me and Death is about a teen boy named Jim, an anti-hero who has a near-death experience. Jim attempts to change his ways after interacting with a variety of spirits in the afterlife.

Scrimger said he was inspired by a news story that angered him about a boy who, as punishment from his

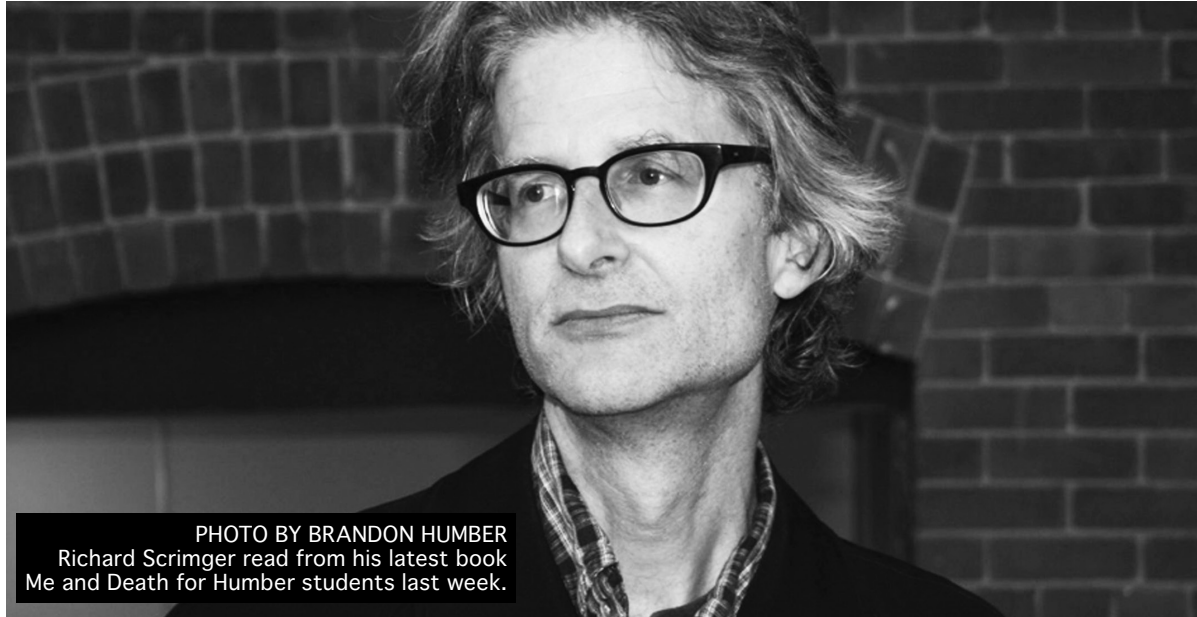


PHOTO BY BRANDON HUMBER
Richard Scrimger read from his latest book *Me and Death* for Humber students last week.

parents, was kept in the trunk of a car overnight.

"I used that anger and I decided to put a scene in the story where this happened, and maybe the dad got what was coming to him," said Scrimger.

Ben Labovitch, a teacher in the liberal arts and sciences program said he wanted to bring Scrimger in to give students writing advice.

"I saw this rave review of *Me and Death*," said Labovitch. "So I went and took a look at the book and it was really good, and I thought [the students] would really like it."

"I think he's enormously talented," said Joe Kertes, dean of the school of creative and performing arts. "He has great range, he's funny, he can write books for children, he can write books for adults, he writes non-fiction and fiction."

Since graduating from Humber in 1995, Scrimger has published 15 books, and has returned to the School for Writers to share his experience.

"I've been lucky enough to work with some really talented people," said Scrimger, adding he was happy to pass along his knowledge to other aspiring authors.



PHOTO BY BRANDON HUMBER
Ian Terry, Creative and Performing Arts faculty member in the Lakeshore campus' recording studio.

Double standards

Latest in *New Standards* series released on two Humber Records ensemble CDs

Brandon Humber
A&E Reporter

With the release of Humber Records 12th album, the record label run by the School of Creative and Performing Arts continues to showcase the best work of Humber student musicians.

The *New Standards* series features compilation albums containing material from almost 50 ensembles at Humber college.

"Vol. 12 of the series had too much talent for one CD," said Ian Terry, an audio engineer for many Humber Records releases, referring to the need for a new double album.

In 1999, the first of 12 Standards CDs was recorded, and featured a variety of ensembles playing jazz, pop, fusion and world music.

"Each group records several songs for a chance to be featured on the album," said Andy Pryde, a sound engineer who has worked on most of the series.

"The albums are sold at concerts, with the proceeds going back into the program. Any of the sales that happen, the money goes into a student scholarship fund," said Steve Bellamy, of the school of creative and performing arts.

"Part of the experience for students in the music program is to learn how to be better studio musicians," he said. "This is one of the ways we do that and it helps to promote the program at the same time."

To listen to any of the releases visit: humber.ca/scapa/programs/music-programs/music-degree/program-details/humber-records.

Erotic poetry heats up Danforth

Melinda Warren
A&E Reporter

The Sweet Spot erotic poetry show showcases a kind of entertainment unseen in the rest of the world, said Ainsley Burrows, the show's creator.

"In New York we have a line around the block. We literally have to tell people, 'here is your money back, you are an hour late for the show, your seat is sold,'" he said.

The Sweet Spot features burlesque dancing, body painting, fashion shows and erotic poetry readings and will take place at the Passion Restaurant and Lounge on Danforth Avenue on Nov. 5.

"[Burlesque] is a dance that was really popular in the 1920s. There has been a new revival of this dance in the past few years and it just happens to fit perfectly with The Sweet Spot."

"The body paint we do is about taboos. [It is about] destroying myths, and making the human body into beautiful art. A huge part of the show is incorporating various art forms," Burrows said.

"We present the best of the best performers when it comes to erotic poetry," said Burrows. "The performers know their craft and they understand how to please an audience."

The venue was chosen because he wanted people to feel like they were at home and could be sexy, said Burrows.

"Everyone, no matter the age, is interested in sex and eroticism," said Jeff Latosik, literature professor at Humber and an established poet who is well-versed in contemporary poetry.

"There's not a lot of eroticism in contemporary poetry right now," Latosik said. "It's hard to write sex well or to write eroticism well."

"It seems like it should be so easy but it's actually quite difficult," Latosik said. "I think that's why a lot of contemporary writers avoid it."

Latosik said he believes there is a strong following for this kind of poetry, especially among young people.

Pawlos Gebriel manager of the Passion Restaurant and Lounge, said they're expecting a full house of 250 people for the erotic poetry show.

Tickets can be purchased at Play De Record in Toronto, Loc 'N Twist Natural Hair Studio in Brampton and Broadway Fashion in Mississauga/Scarborough.

UNB/Humber 3rd year Nursing Students
Influenza, Respiratory Etiquette & Hand Washing

Road Show dates & location:

Oct 27th Concourse 8.30 am-1.30pm

Oct 28th outside Health Centre 8.30 am-1.30 pm

Nov 3rd Guelph Humber Atrium 8.30am-1.30pm

Nov 4th Humber Residence Main Café 2pm-6pm

Nov 10th outside Health Centre 8.30am-1.30pm

Health centre staffs will be giving flu shots on the following dates:

November 7th, 8th (0930-1500), 11th (0930-1200)

FREE GIVEAWAYS

Mob attack on Ford unjust

HUMBER
EtCetera

The EtCetera exists to inform the Humber community and give people well rounded coverage on the things that matter to them.

There's no doubt that Mayor Rob Ford is a master of both saying and doing the wrong things at the wrong time. From budget cuts to the Margret Atwood debacle, this man has very clearly shown that his particular brand of buffoonery is something he just cannot help.

This has been no more evident than with Ford's mishandling of his latest incident, in which he called 911 after being ambushed by comedian Mary Walsh, of CBC-TV's *This Hour Has 22 Minutes*.

Toronto pressed upon the mayor once again, especially after CBC produced a report from what it called, "several credible sources," that Ford had berated 911 operators, with catch phrases like "I'm Rob f---ing Ford, you f---ing bitch."

This was refuted by Toronto Police Services Commissioner Bill Blair of all people, who had listened

to the tapes and said that Ford, though swearing and blustering (as is his custom), did not call anyone a bitch as the CBC reported.

This is where the problem lies.

Though Ford has made no shortage of mistakes, he does not deserve to be berated for things that didn't happen. And while the CBC report was deemed false, people in Toronto still seem inclined to ride him about it.

CBC never seemed to formally apologize either - instead Chris Ball of CBC public affairs simply said "we have multiple, credible, well-placed sources within TPS, including a dispatcher, we are reporting what was told to us."

The CBC mistake is something that's been seemingly swept under the rug or even deliberately ignored by the public, as popular perception deems Ford should have played along with Walsh's surprise gag. For

his part, Ford has not chosen to release the tapes.

As the CBC has seemingly made a mistake, it should apologize. There's no need for mass firings or any heads to hit the chopping block, but a simple acknowledgement that they screwed up would go a long way in this instance. Not for Walsh's initial Ford "ambush," as that's part of her shtick - but for the report on the 911 call, pointing fingers when they shouldn't have been.

There's also the rumblings amongst conservatives looking to pull much of the public funding that CBC garners - something that would be a disservice to the media outlet itself. To diffuse some of these battles with something like an apology would go a long way,

Then consider the front page of The Toronto Star on Friday, Oct. 28. Though this story had broken close to a week earlier, the Star was still

attempting "in-depth analysis" of the CBC debacle. There was nothing new to report - rather, it just showcased the same old questions with stills from the footage everyone has already seen. This wouldn't be acceptable in any other instance, especially on the front page. So why is it deemed acceptable and newsworthy here?

It's because Ford is easy to hate. He plays the part of a rampaging schoolyard bully well, all bluster and blowhard. His suits don't fit, he's constantly on the prowl for fictitious and insurmountable gravy, and he seems to be about 15 seconds away from a heart attack at any given time.

In a battle where it's Ford versus the little guy and the little guy is everyone isn't Ford, most people tend to root for the underdog.

While this is often enticing, it is also not fair. It's a mob mentality that serves no real purpose. For all his flaws, the man doesn't deserve to be berated for things he didn't do. Though he didn't take the Mary Walsh incident in stride in a way that would have diffused the whole situation, he shouldn't be mocked for things he didn't say. Relations between Ford and Blair have been strained at the best of times, so it's a small wonder it was the TPS chief coming to his aid.

Yet the public and the media are still unrelenting.

Consider Keith Olbermann's recent decree that Rob Ford is one of "the worst people in the world." While Olbermann is a U.S. television personality vying for ratings and somewhat sensationalizing, isn't this a bit of a stretch? Were there no dictators or murderers hanging about that day? While the man clearly lacks integral social skills that any politician should have, calling him "the worst person in the world" is a bit much.

Media outlets should lay off Rob Ford for things he didn't do. He has plenty of time left in office, and no doubt there will be a plethora of things he'll do or say during that time to pounce upon. Let him make his own mistakes - don't push for more.

Editorial Cartoon



QUOTED

DO YOU THINK THAT MOVEMBER CREATES AWARENESS OF PROSTATE CANCER?



"To be honest, I feel like it's turned into more of a trend."

Ryan Piro, 19
Second-year Civil Engineering



"It seems like Movember is becoming more of a trend, but it definitely serves a good cause, so it doesn't matter. I like moustaches, depending on the man."

Victoria Ryan, 22
Third-year Law Clerk



"I think originally it was a great thing and now it just seems like everyone is just doing it, not causing that much awareness. People just say Movember, grow moustaches, and half the people don't know what it's for anymore."

Christian Papagiannia, 20
Second-year Broadcast Television

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Listen up, butt-heads

Smokers who litter deserve serious fines



Elaine Anselmi

If there's one thing that reels us back into the years of litterbug infestation, it's butts. Stinky, smoldering butts.

It's safe to say that in this day and age the majority of us know better than to walk down the street with a cup of coffee and discard the empty waste on the sidewalk.

And, if you do still do that, you are oblivious to the stink-eye coming from everyone around you.

Whether it's a growing environmental conscience, or just the influence of public scorn, we have found some effective form of litterbug pesticide.

Yet, on entering the doors of this college and many other public buildings we are forced to tramp through a field of shriveled up, blackened cigarette butts. Maybe there wasn't an ashtray close by, maybe it was cold and you didn't want to walk to the closest garbage: Stop being an ash-hole and deal with your trash.

But, what's the big deal right? There are far greater things out there harming the environment.

Well, the big deal is that those little butts are a potent cocktail of chemical additives that make up every kind of poison.

This isn't a lecture on health - smokers can do what they want to their bodies - but here's what you're feeding everyone else's earth: rat

poison, bug spray, car exhaust, insecticide, nail polish remover, and a whole slew of household cleaning products, to name a few.

And all in one flick of the wrist.

According to not-for-profit cigarettelitter.org, cigarettes are the most littered item in the world, with over 4.5 trillion tossed each year. That's a frightening statistic, since cigarettes can take up to 12 years to break down, and 80 per cent of the world's cigarette litter makes its way into our water-systems.

So, no, it isn't just a little bit of nothing that'll get washed away. And, yes, it goes way beyond just being an eyesore.

At worst, that little butt will leech any of its 4,000 chemicals into our air, soil and water, and at best it will be swept away by clean-up crews. Not to mention that there are birds and animals that mistake butts and their filters for food, resulting in malnutrition, poison and death.

In Toronto, a 2006 Street Audit showed that 15 per cent of small litter in the city was made up of discarded butts.

As per city bylaw, a fine of \$365 is handed out on conviction of littering; this includes flicking away that cigarette.

In 2010, Ontario MP Dave Levac put forward Bill 28, a move to escalate the provincial fine for littering cigarette butts.

He proposed that fines for carelessly strewing such trash in public places be bumped up by a grand. Also, that such regulation be included in the Highway Traffic Act, preventing drivers from throwing butts out the window on highways and roadways.

These amendments to the Environmental Protection Act and Highway Traffic Act could cost negligent smokers up to \$3,000.

It's time smokers either smarten up, or pay up.

Breach of (social) contract



Tyler Davie

Societies have a story that is generally understood at some level by those who would consider themselves members.

Last week in an interview with CBC's Peter Mansbridge about his career and its place in Canadian history, former Prime Minister John Turner said Canada was far more ungovernable 100 years ago because of the absence of shared history and institutions.

The point is that systems of services that work for subsets of the country's population are the result of the basic shared values of people inhabiting living space together.

This expression of shared values necessitates at least an implicit underlying agreement or social contract about how a society should allocate responsibilities and operate.

Over time the rules may be acknowledged to have changed, but as current world events show, failure to adhere can create the cultural quagmire we are in today, with global anger over seemingly insurmountable income disparity.

As far as the constitutional

foundations of Western states, the theory of a social contract is usually cited as an influence, derived most explicitly from the philosophers Thomas Hobbes, John Locke, and Jean-Jacques Rousseau. All three of these men deduced law was man-made and administered, and prescribed a limit to individual freedoms for the welfare of society. They set out to establish a proper relationship between governments and citizens, the powerful and the less powerful.

Of course, at the founding of the United States and Canada, the rules and privileges of these theories only applied to the elites who made the laws, and the franchise of voting and governing was extended to very few. Through long battles, these rights slowly began to expand outwards in an environment of accelerating improvements in scientific understanding and technology.

Years of unsustainable investment and banking practices led to a complete economic meltdown - the Great Depression. Some political leaders slowly came to the realization that the protections afforded by the current regime were untenable, and new forms were required. U.S. president Franklin Delano Roosevelt's New Deal and related economic reforms powerfully articulated that the government should create a suitable environment under the rule of law for a thriving economy to exist with maximum opportunity for citizens to succeed. The notable caveat was that many were still less than citizens.

There was a real incentive from

the thirties to the fifties to get people working and it was easy. The sheer wealth led to an historic expansion of education and healthcare.

But new challenges and ongoing abuses of power led to perceived disillusionment with a liberal welfare state. More people were recognized by the franchise and the diversity of voices grew. Oil grew more expensive and the polluting effects of an industrial economy received more recognition. The first data on climate change arrived.

No new social contract was compiled for a post-industrial world, and one of the largest scale responses to that void is the Occupy protests, demonstrating a sense that the old social contract has not been adequately fulfilled for some time.

Some people who were given opportunities and rose to positions of wealth and power have not been responsible to their end of the contract and squandered much of its potential.

The nature and conditions of the 2008-2009 bank bailouts and now looming European national bailouts indicate significant reversals in societal welfare while not extracting significant enough commitment from those responsible and further enriching them in the process.

And then some of the wealthy elite have turned around and demanded that the social support system be promptly gutted.

If an agreement as exists in mind, word and law is no longer valid in practice, then society's functioning is sitting on a fissure that needs to be illustrated and bridged.

Unleash your children



Jan Vykydal

I saw a curious thing when I was walking down Yonge Street the other day.

A woman was taking her child for a walk. She had bundled the kid up, made sure she was comfy, and then strapped a harness and leash on her.

I've seen it before -- children on leashes are a constant source of entertainment for my group of friends -- but kids on leashes always bewilder me and raise a number of questions for me.

Why did you put a leash on your

child? Why does the child put up with it? If the child could tell you how humiliating and demeaning it is, would you stop? Isn't there another way to keep your child from running into traffic? Is your four-year-old some sort of Jet Li-type kung-fu attack child?

I really can't think of a good reason for a parent to put their tiny little human on a leash.

I suppose one could argue that keeping a kid on a leash prevents them from running off.

That would be a good point if there were an epidemic of children running into the streets as soon as they were out the door, but there isn't.

One could argue that the child never listens when it's told to stay put, but I think that's more a failure of parenting and an admission that the parent is more inclined to enforce their authority than to reason with their child.

It smacks of laziness - it seems like these parents don't want to bother to communicate with their children.

It's a parent saying, "Hey, I've tried telling this thing to not run off once and it didn't stick, so I'm just going to treat it like it's feral."

Until children reach a certain age, some parents largely seem to treat them as accessories - as things to dress up and take for walkies in the park, or as a conversation starter.

And more than once, I've seen parents with children on leashes talking blithely with other adults while their children run in circles like a tetherball.

I won't deny the convenience, but that's exactly my problem with it - parenting takes work.

A person can't ignore one of the important parts of being a parent because it takes time and it's inconvenient.

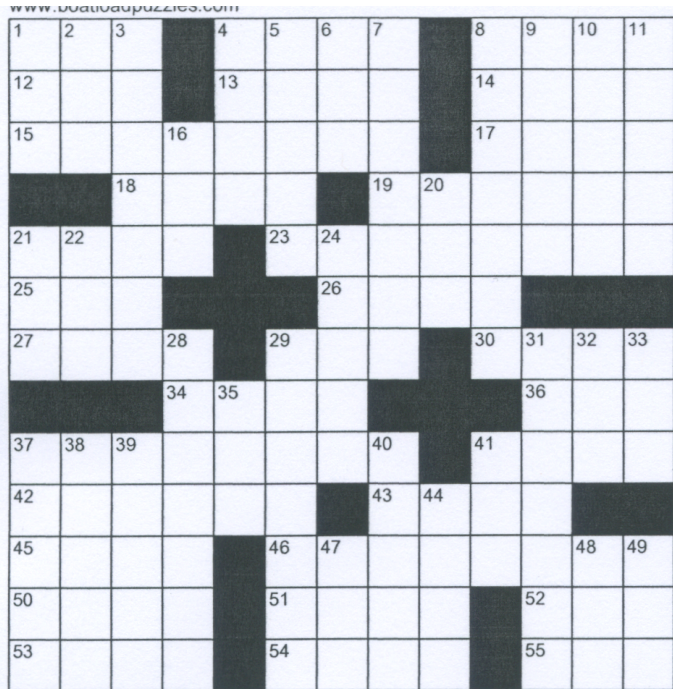
Parents, your children are people, even though they're small. Treat them like people. You need to explain things to your children, instead of ignoring them.



PHOTO BY TYLER DAVIE
4.5 trillion butts are tossed each year in the world.

CROSSWORD

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ACROSS

- 1. Apiece
- 4. Practice boxing
- 8. ___ Sampras of tennis
- 12. Live
- 13. Tibetan priest
- 14. Press
- 15. Eminem's output (2 wds.)
- 17. Blunt
- 18. Sour in taste
- 19. Go by
- 21. In the center of
- 23. Forefather
- 25. Guy's date
- 26. Horse feed

27. Raw metals

- 29. Ventilate
- 30. Slick
- 34. Has
- 36. Formerly called
- 37. Adolescent
- 41. Fired a gun
- 42. Get even for
- 43. Leisure
- 45. Trim
- 46. Intimate apparel
- 50. Revise
- 51. In addition
- 52. Charged particle
- 53. Poor grades
- 54. Snow vehicle
- 55. Yank

DOWN

- 1. Golf norm
- 2. Pitcher's stat
- 3. Cold-blooded animal
- 4. Defame
- 5. Ziti, e.g.
- 6. Pierre's friend
- 7. Fast auto (2 wds.)
- 8. Artist Pablo ____
- 9. Burst forth
- 10. Trunk
- 11. Computer key
- 16. Furious
- 20. Allow
- 21. Gone by
- 22. Damage
- 24. Clatter
- 28. 14-line poems
- 29. Los ____, California
- 31. Benefit from a will
- 32. Zodiac lion
- 33. So far
- 35. Tail motion
- 37. Recorded
- 38. Escape
- 39. Supernatural
- 40. Thickly populated
- 41. Compass direction (abbr.)
- 44. Ripened
- 47. Unhealthy
- 48. Debt memo
- 49. Part of the UK

BEARD OF THE WEEK



Favourite famous beard?

Sean Connery's in *The Last Crusade*

JOSHUA BULGER, 22
FIRST-YEAR FILM AND TELEVISION PRODUCTION

SUDOKU

	4			5				9
2					4			7
		9		7		2		
	2	7	8	6				1
		4	5			9		
1					7	3	6	
		6		8		4		
4			3					6
3				4			9	

FILL IN THE GRID SO THAT EVERY ROW, EVERY COLUMN AND EVERY 3X3 SQUARE CONTAINS THE NUMBERS 1-9.

HOROSCOPES



AQUARIUS
JAN. 21 - FEB. 18

Destiny is on the line. Will you accept the charges?



PISCES
FEB.19- MAR. 20

This month I really love the feeling of your mustache.



ARIES
MAR. 21-APR. 20

This weekend your flexibility will create more questions than answers.



TAURUS
APR. 21- MAY 21

This week you will wish your significant other was as cute as your cat.



GEMINI
MAY 22-JUNE 21

Please acknowledge that repeatedly quoting your favourite parts of pop culture does not make it, or you, more funny.



CANCER
JUNE 22- JULY. 23

You tried your best and you failed miserably. The lesson is - never try.



LEO
JUL. 24-AUG. 23

The next week will be like waiting for a punchline that never comes.



VIRGO
AUG. 24 -SEPT. 22

This week you will decide college is useless, sell all your belongings, buy a wave runner and become a pirate.



LIBRA
SEPT. 23- OCT. 23

You will find something that keeps you warm inside. Don't let it go, whether its love, lust or a bottle of Jameson's.



SCORPIO
OCT. 24-NOV. 22

This week you will use the phrase, "I mustache you a question," and everybody will hate it.



SAGITTARIUS
NOV. 23-DEC. 21

You'll try to read Tolstoy again, but stop after he describes wheat for 40 pages straight.



CAPRICORN
DEC. 22 - JAN. 20

Don't equate happiness with stupidity, and sadness with intelligence. Stupid people can be sad too.



LOCKDOWN EXERCISE

NORTH CAMPUS

(including Guelph-Humber)

Monday, November 7, 2011

11:15 am



LAKESHORE CAMPUS

(All Locations)

Tuesday, November 8, 2011

11:15 am



CENTRE FOR TRADES & TECHNOLOGY

Wednesday, November 9, 2011

11:15 am



ORANGEVILLE CAMPUS

Thursday, November 10, 2011

11:15 am

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PHOTO BY SAMANTHA MARTIN
The Hawks dominated the last game of the regular season beating Seneca 46-7.

Hawks shut down Seneca Sting to top off perfect season

Women's rugby team entering OCAA playoffs confident after decisive win

Samantha Martin
Sports Reporter

The Hawks women's rugby team is entering the Ontario Colleges Athletic Association playoffs undefeated and confident after winning its last game of the regular season.

Humber beat the Seneca Sting 46-7 in front of a rowdy home crowd on Oct. 27.

"Our last few games weren't our best effort," said Hawks head coach Brett McCully. "I'm quite proud of the girls to go in to the playoffs with this win."

The Hawks came out strong, up 19-0 at the end of the first half.

"It's exciting," said Hawks centre Brooklyn Craig, 19, a second-year early childhood education student. "We've struggled the last couple of games because the other teams picked it up, but we picked it up today and we're going to go in to playoffs strong."

Craig said she thinks there are some things the team needs to work on in practice before its first playoff game on Saturday.

"Defensively these teams are coming at us hard. We need to defend ourselves, not let them get passed us and score those tries," she said.

"The last couple of games we played we came out really flat," said Dale Essue, the Hawks' assistant coach. "Right off the kickoff [against Seneca] we scored and that's exactly what I wanted the girls to do."

"We're going to keep this momentum going into the playoffs and I think we're good, I think we're going to do well."

NEXT GAME



ALGONQUIN
THUNDER



HUMBER
HAWKS

HUMBER
NOV. 5

Humber Valley Old Timers play for children's charity

Chanelle Seguin
Sports Reporter

Since their start 23 years ago, the Humber Valley Old Timers' hockey league has donated approximately \$50,000 to the Sleeping Children Around the World organization.

Mike Kurnik, league president, said a portion of each player's registration fee is given to the charity, which distributes bed kits to children in developing countries.

"We have 90 guys that are in the league and each season we have been doing this," said Kurnik. "Everyone is big on supporting charity and especially this charity because it was started by Murray Dryden."

Murray, father of Hall of Fame goaltender and MP Ken Dryden, died in 2004 and co-founded the Old Timers' league and the Sleeping Children organization.

Dave Dryden, son of Murray and now president of Sleeping Children, said his father got the idea when he visited India and Pakistan.

"He saw the conditions that kids were living under there and he decided a bed is a very important thing for children to sleep on," he said. "A lot of these kids didn't have beds so he said he was going to do something about it."

On top of taking funds from the registration fee, the league also has an annual golf tournament that raises around \$1,000 for the Sleep-

ing Children organization, which receives just over \$2 million per year in donations.

"We distribute 70,000 bed kits per year to Bangladesh, India, Sri Lanka, Tanzania, Uganda, Kenya, Togo, Nicaragua, Honduras and the Philippines," said Dryden. "One thing my dad always focused on was that every single cent of that went overseas."

Linda Webb, executive director for Sleeping Children, said the Old Timers' league has been a faithful donor to the organization since the start.

"Even with many of their players passing on, they continue to support our organization," said Webb. "We even have some of the players from the league who volunteer for us now."

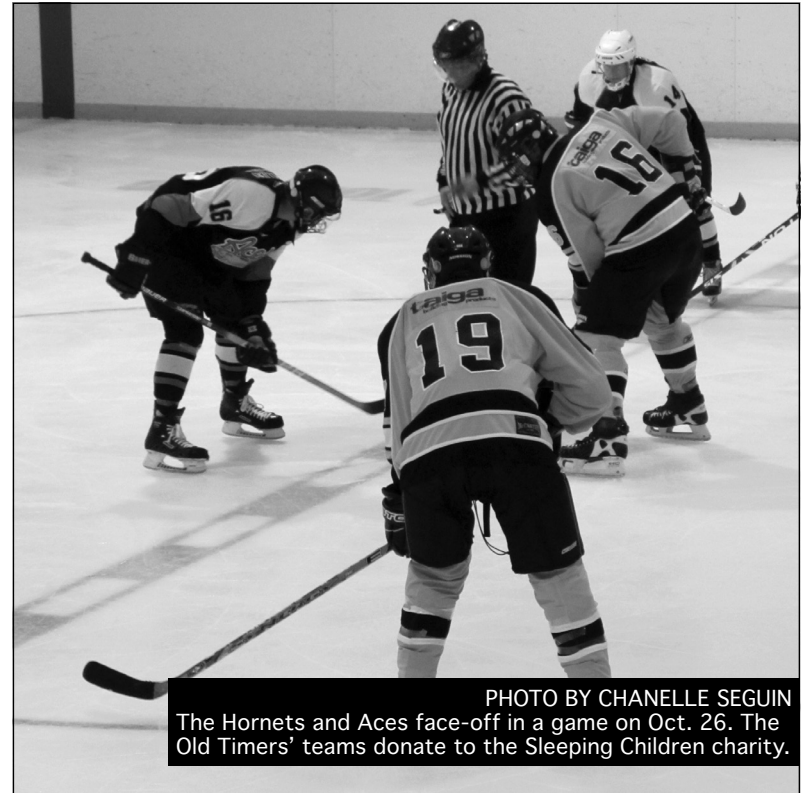


PHOTO BY CHANELLE SEGUIN
The Hornets and Aces face-off in a game on Oct. 26. The Old Timers' teams donate to the Sleeping Children charity.



HUMBER

School of Media Studies
& Information Technology

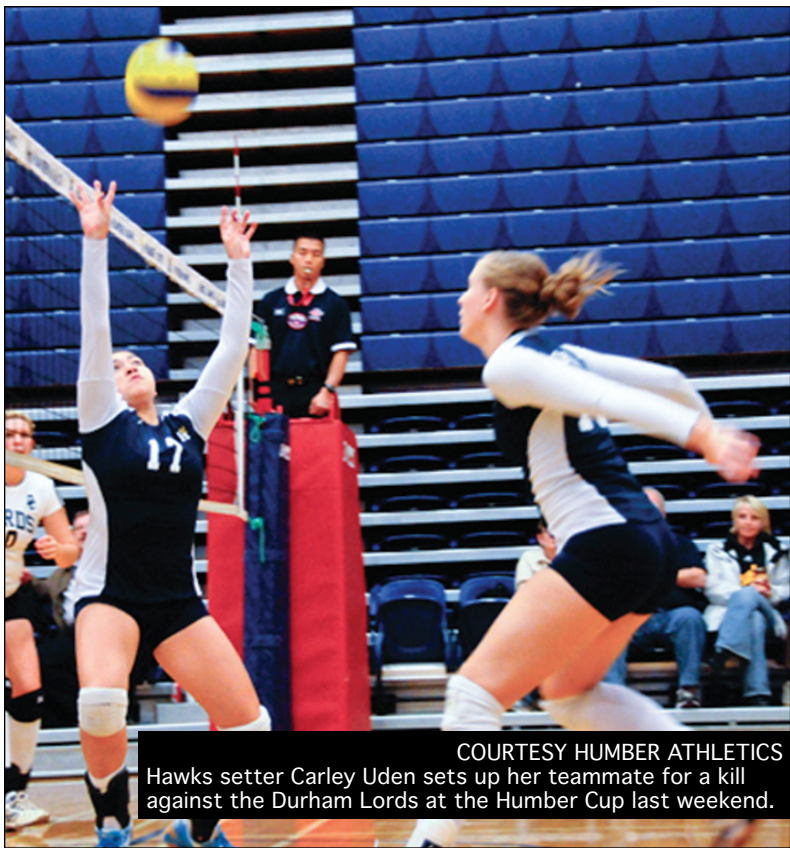
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COURTESY HUMBER ATHLETICS
Hawks setter Carley Uden sets up her teammate for a kill against the Durham Lords at the Humber Cup last weekend.

Hawks men's volleyball lose Humber Cup to Nipissing

Dion Caputi
Sports Reporter

The Hawks men's volleyball team came up short at the annual Humber Cup last weekend, losing to the Nipissing Lakers two sets to one in the semi-finals.

Humber finished round robin play of the exhibition tournament as the top seeded team, following a clean 4-0 record defeating Trent, Durham, Redeemer and Loyalist.

"We just weren't ready for [the Lakers]," said middle Andre Brown, 21, a third-year business administration student. "We can't take any team lightly and have to play to our potential no matter what."

It was a disappointing result for the Hawks, who captured the two previous Humber Cups.

Looking ahead to the season, Brown said his team needs to work on their passing and fine-tune all aspects of their game.

"We can grow as a team from learning from our mistakes and not letting it happen again," he said.

"In sports, there's no such thing as a sure thing," said Hawks assistant coach Hank Ma.

Hawks head coach Wayne Wilkins said his team learned a valuable lesson in having to take every opponent seriously.

"We played well, but unfortunately we ran into a hot team (Nipissing) and we just weren't up

to the challenge," he said.

"Can't pass, you can't play," Wilkins said to his team after the loss.

The Hawks kick off their regular season today, playing host to Niagara and Saturday against Fanshawe.

NEXT GAME



NIAGARA
KNIGHTS



HUMBER
HAWKS

HUMBER
TONIGHT

Women capture fifth straight Humber Cup

Marco Di Meo
Sports Reporter

The Hawks women's volleyball team won the 28th annual Humber Cup last weekend with a win over the Nipissing Lakers in two straight sets at North campus.

It was their fifth straight Humber Cup win.

The 20-team exhibition tournament consisted of 10 men's and 10 women's teams that competed over a two-day period.

Fourth-year early childhood education student Nina Carino, 21, said there is no added pressure to being the host team of the tournament.

"It's not important to win because we're the host team, but it does send a message to other teams in the league and prepares us for the season."

The Hawks showed resilience when they defeated Cambrian Golden Shield in the semi-finals to make it to the championship game

against Nipissing.

Kris Dowling, 25, a fifth-year advanced studies in special needs student, said the tournament was a good way to gear up for the regular season.

"Winning the Humber Cup felt great. It was a great learning experience for our team early in the year because we struggled but came back strong and stayed strong."

Despite a five-year win streak at the tournament, the main goal for the team is to win the Ontario Colleges Athletic Association championship.

"You always want to win anything, but we want to win the tournament at the end of the season – the OCAAs," said assistant coach Dean Wylie.

The Humber Cup tournament marked the end of the exhibition season for the Hawks.

Their first regular season game is against the Niagara Knights tonight at North campus.



COURTESY HUMBER ATHLETICS
The Hawks line up for a Nipissing attack at the Humber Cup last weekend.

Golfers retreat to Humber swing lab for off-season

Tim Milne
Sports Reporter

Following another successful season, which included gold at both the provincial and national college championships, the Humber men's golf team is back to work in the swing lab as part of their winter training.

"The swing lab at Humber is one of the most elite teaching centers in Canada and in the U.S.," said assistant coach Nick Trichilo. "We have all the state of the art equipment that any top of the line facil-

ity would have."

The lab is located in a converted corner classroom on the main floor of the E cottage at Lakeshore campus. Large nets are hung opposite two high grade hitting mats, high speed video cameras record swings from the side and back while the footage is instantly relayed and analyzed by video software.

"My time there has been why I am a better player," said Adrian Cord, 24, the reigning Canadian Colleges Athletic Association champion. "Winters I'm in there three to four times a week. It's a

good time to make changes if you have to."

The lab's technological prowess doesn't start and stop at video analysis. The lab includes a K-vest, which uses sensors to create three-dimensional maps of players' swings. The vest is similar to the motion capture technology used in making video games.

"It shows how efficient or inefficient their body is working in their swing," said Trichilo. "We even have a mind metre that tells you how busy your mind is working during your swing. To see if they're

relaxing and not overthinking their shots."

The benefit of the technology at the lab is made evident by the team's success; Humber has taken home nine of 11 CCAA championships.

"It's the first time I've ever been able to practice in the winter," said Alex Dumais, 21, a Humber pro golf management student who took home bronze at the provincial championships.

"From when I started, everything's different. My grip's different. My posture's different. My

swing arc is different."

The crown jewel of the swing lab is its newest edition, Track Man, a \$25,000 ball-tracking device which Trichilo loans to the school.

"It's the real deal, it uses Doppler radar, the technology behind it is used to track howitzer missiles," said Trichilo, adding that Track Man puts golf simulators to shame with its accuracy.

After hours, the swing lab is run by pro golf management students and is open to staff and students free of charge.

Hawks men capture OCAA gold

Humber shuts out Sheridan College, advances to CCAA Championships in Quebec City next weekend

Adriano Mancini
Sports Reporter

The Hawks men's soccer team won the 2011 Ontario Colleges Athletic Association championship by defeating Sheridan College 1-0 on Oct. 29.

"It was a very difficult win," said Humber head coach Germain Sanchez. "They're a very talented team and it was extremely difficult for us to get this win."

The Hawks entered the finals after a convincing 5-0 semi-final win over Conestoga College, and just 15 minutes into the game, captain Marcello Capozzolo received a red card for a harsh tackle.

It forced Humber to continue the match with just 10 men.

Humber nonetheless had multiple chances to take the lead and was rewarded late in the first half when midfielder Augustin De Medina scored a stunning 35-yard

free-kick to give the Hawks a 1-0 lead going into halftime.

Sheridan controlled most of the possession in the second half, but failed to tie the match despite Humber playing with 10 men for over an hour.

After the game, Humber defender Stavros Badunas was named tournament MVP, an award he credited to his teammates.

"It's easier for me to play and have good performances with all of my teammates helping me out," said Badunas, 24, a first-year general arts and sciences student.

Hawks men's and women's soccer teams have qualified for the national tournament with their wins.

"We have the best team in the province, we have the best defenders, so everyone on this team can contribute to success at nationals," said Humber midfielder Yusif Yusif, 20, a second-year business marketing student.



PHOTO BY ADRIANO MANCINI



PHOTO BY ADRIANO MANCINI
Humber midfielder Yusif Yusif fights for ball possession versus Sheridan.



COURTESY JESS RAYMOND
Hawk Jessica O'Quinn steps into a pitch during the OCAA finals against Durham on Oct. 22. The Hawks lost 7-1 in the OCAA gold medal game.

Women's fastball wins OCAA silver medal in inaugural season

Keaton Robbins
Sports Reporter

The Humber women's fastball team won silver at the Ontario Colleges Athletic Association championship against the Durham Lords last week after losing the first four games of their inaugural season.

"The success we had in our first year is going to really help us to attract more athletes that are serious about not only getting a great education, but playing at a very high level," said Hawk's head coach Bob Acton.

Acton said the team endured many growing pains early in the season, which brought out the best in the players.

"I wouldn't say panic set in, but there was a lot of doubt with the girls familiarizing with my style of coaching," he said. "But we knew that when we went to Mohawk [on Oct. 1], we had a real good shot at making the playoffs."

Jess Raymond, 21, a third-year

media studies student at Guelph-Humber, said her transition from playing at the University of Guelph to a new Humber fastball program took some time.

"THE SUCCESS WE HAD IN OUR FIRST YEAR IS GOING TO REALLY HELP US ATTRACT MORE ATHLETES"

- BOB ACTON, HAWKS COACH

"We came into the OCAAs ranked fourth, and with a 5-5 record. But we ended up upsetting Seneca and St. Clair in the playoffs," she said.

The wins against Seneca and St. Clair set up an OCAA final matchup with the host, Durham College.

The Durham Lords were too much for the Hawks, and won by a score of 7-1.

"Getting silver at provincials for a first-year team is so unheard of.

I'm really proud of the way everyone came together and played," Raymond said. "It really was a fantastic weekend."

Catcher Ashley Cosgrove, 19, said the team overcame injuries during the OCAA playoffs and still managed to make it to the finals.

"It wasn't really a team, it was more of a family atmosphere," said Cosgrove, a second-year early childhood education student. "I didn't think we were going to make it there at all. So even going there as the fourth place team was pretty good."

FASTBALL FINAL

GOLD: DURHAM LORDS

SILVER: HUMBER HAWKS

BRONZE: ST. CLAIR SAINTS