

STEVE COSSABOOM

## **GO-GO GIRLS**

When the band Trixie Goes Hollywood entertained in the Concourse on Tuesday, everyone got into the act. The rock band's guitarist invited these students to get up and

shake their booties to celebrate Winter Madness week at Humber. The Students Association Council's answer to the February blues, attracts many winter-worn students.





## ENTERTAINMENT

**DESPITE THE LOOK-of** energy on this man's face, (photo right) there was little to get excited over with Straight Lines' "elevator music" in CAPS last Thursday. Even with the keyboardist (photo left) dressed for the occassion, the band just couldn't seem to get the crowd on their feet for much more than a couple of slow songs. Coven reviwer Gary Hogg reports this week that the band, while professional, didn't fit in with CAPS' usual style of punk-it-up, dancetill-ya-drop music.

PHOTOS BY STEVE COSSABOOM



#### 'Elevator music' stifles CAPS' crowd

# Straight Lines miss their target

#### **By GARY HOGG**

Students go to pub nights for various reasons. Some go because the beer is cheaper. Some go to socialize with fellow students. But when a really good band shows up in CAPS, the students flock to the pub like flies to sugar.

However, that's what happens when a good band shows up.

Last Thursday's pub got off to a bad start when patrons had to spend the first hour listening to the constant sound of feedback and the thumping of the sound check.

Straight Lines, the band booked for the evening, took until well after 7 p.m. to get things set up. Lead singer Peter Clark tried to remedy the problem by telling a few jokes and singing a little impromtu version of "Getting to Know You". It didn't help. Little did we know, the sound

check was to be the best part of the whole performance.

Vancouver based, Straight Lines tried hard to entertain the

less than enthusiastic crowd, but no one really seemed to care.

The very mellow looking, and even more mellow acting band seemed better suited to play wed-' dings. As one pub-goer put it, their music sounded like it should be heard in the lobby of the Holiday Inn.

players. They have a couple of off, and before New Wave had AM hits, and two albums under been born. their belts.

Unfortunately, their music all sounded the same. Even when the band tried to rock, all that came

no talent. They are competant the psychedelic sixties had worn

The music was sweet-too sweet.

Straight Lines had to play a out was mellow, elevator music. slow number to get the crowd on Straight Lines is stuck some- its feet. You can always get a It's not that the musicians had place in the mid-seventies, after crowd on its feet with a slow

song. It's too bad the crowd didn't stay on its feet, because most of the music was sloweven when it was meant to be fast.

It's hard to comment on the band's stage presence. It didn't have any. Band members just stood around playing their 'puppy pop''

Straight Lines isn't used to playing in bars. They started out as studio musicians and released an album without ever having to endure pub audiences who demand music with more beat. That's why the band just didn't get things moving in CAPSthey didn't know how.

Even their "big" song, that ever popular hit from way back when, "Heads Are Gonna Roll" didn't make a mark on the usually easy-to-please crowd. But, by then it was too late. The set was over.

Straight Lines just didn't have what it takes to play a pub, especially a college pub, where people want to hear more than "Holiday Inn lobby music".

# Future bands show more promise

share,

#### By GARY HOGG

If you've started planning your Thursday evening by now, don't dismiss the pub as a ossible night-out just because of last week's disaster, when Straight Lines bored patrons to

Tonight's pub shows a lot more promise. Stark Naked and the Flesh Tones step up this week, to give a taste of what punk has become. Stark Naked (obviously not his real name), the Mick Jagger of nouveau punk, and his Flesh Tones, have been playing around this city for the past couple of years, and recently they have achieved a certain amount of local fame.

If you want to see a band with a lot of energy. and a few good, fast paced tunes, why not check out good ole Stark Naked and his Flesh Tones.

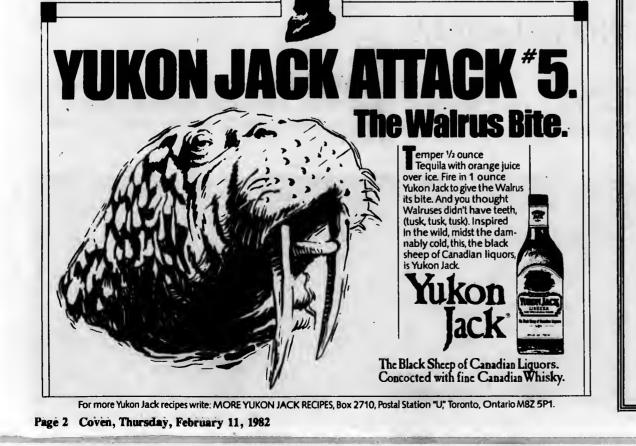
Their big number, Surfin' Simcoe Style, has, for many, become a high school classic

The Flesh Tones have made the transition to Rock and Roll, as they call it, from their early roots as a punk band

However, if last week's putrid pub still has you a bit nervous about bands you haven't heard that much about, don't worry

Next week, overyone's favorite hometown electronic band, FM will be at CAPS for your enjoyment.

FM is still waiting to hit the big time, but in the mean time, they're not just sitting around. With four albums under their belts (that's including their direct-to-disc project of a few years ago) FM have a variety of popular music to



#### FREE NOUN CUNCERIS **EVERY WEDNESDAY AND FRIDAY** 12:40 'til 1:00 p.m. LECTURE THEATRE FRIDAY, FEB. 12 JAZZ with Frank Lozano and his Group plus Swinging Sounds of TRAUMA **Trombone Sextette** WEDNESDAY, FEB. 17 SWING with Rocco and his Group plus TODAY'S MUSIC with Jeff Mandel and his Group PRESENTED BY HUMBER MUSIC PROGRAM

# ENTERTAINMENT

<u>Only the music is good</u>

# No Nukes is a real bomb

So many rock movies have come out in the past few years, that it's not surprising some get no further than to be released, merely recognized—and then left to vanish—without the popularity producers expected the film to gain.

No Nukes is one such film. In theory, the movie should have worked. Film makers picked a controversial topic—nuclear power. They picked the right place—New York City. And, they picked the right medium—a Woodstock-style rock festival.

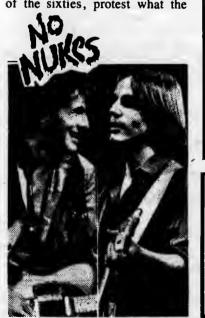
For three days in the summer of 1979, a few of rock's biggest stars tried to convince the world's youth that nuclear energy won't work.

It's almost ironic that people who are putting down one of the only energy alternatives left should stage a demonstration that, no doubt, used up enough of the present energy supply to power the whole state for a week.

Regardless of the film's impact or validity, Humber students will have a chance to judge it for themselves on Tuesday, when SAC presents No Nukes as the next Flash Flick.

Stars like the Doobie Brothers; Jackson Browne; and Crosby, Stills and Nash hop up on stage to do a few numbers for their cause. Jackson Browne goes over well as the show's front runner and main spokesman. His music's pretty good too.

Many of the stars perform songs written especially for the festival. The songs, like the anti-war tunes of the sixties, protest what the





The film has some good footage, but the cause just isn't strong enough to carry the film off as a protest.

musicians are against, but they don't have the strength that those old songs did to convince us or move us to action. Not enough people are really sure how they stand on the topic for a true protest to have taken place. Despite the presence of some of

rock's real biggies, a true superstar was needed to fill the bill. That's to go see it, go for the music.

where everybody's idol, Bruce Springsteen, comes in.

Springsteen showed his natural ability to excite the crowd at the No Nukes show, but it appeared he wasn't as heavily into the cause as many of the others.

Many of the numbers are good, and at times you get to see a few of the performers team up for some strange, but uninspirational duets.

The film has some good footage, but the cause just isn't strong enough to carry the film off as a protest. The emotion to make No Nukes another Woodstock just isn't there.

Some of the artists performed for the cause. Others, no doubt, merely wanted their names associated with the event for publicity. The producers, more than likely, were in it for the money. And the crowd was just there to see the stars.

Of course, it looks like the crowd is behind the protest, but when you're at a Springsteen concert and he tells you to be against nuclear power, you don't say no. As a concert movie, No Nukes is about as average as you can get. As a time-changing, protest movie, it doesn't even rate. If you're going to go see it, go for the music.

#### Flash Flicks continue Feb. 23: UNDER THE RAINBOW Starring Chevy Chase, Carrie Fisher Mar. 9: THE ROCKY HORROR PICTURE SHOW Mar. 16: NICE DREAMS

Cheech & Chong Mar. 23: THE CANNONBALL RUN Burt Reynolds, Roger Moore, Farrah Fawcett, Dom DeLuise Mar. 30: WHEN A STRANGER CALLS Apr. 6: HEAVY METAL

Black Sabbath, Cheap Trick, Nazareth, Devo, and more Apr. 13: NEIGHBORS

John Belushi, Dan Aykroyd Apr. 20: ARTHUR Dudley Moore

PHOTOGRAPHY STUDENT PRINT SALE FEBRUARY 16, 17, 18 IN THE CONCOURSE 10:00 A.M. TO 6 P.M. 10:00 A.M. TO 9 P.M. FEBRUARY 16, 17 FEBRUARY 18



**Every Wednesday** p.m. - 3 p.m. Join in the FUN and FESTIVITI ES MADINISS Coven, Thursday, February 11, 1982 . Page 3-



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# Crosswalk? what crosswalk?

Humber's public transit users risk death every day when they are crossing the street from the main entrance bus stop.

It's not unusual to see the riders peeking out from the front or rear end of the bus to see if there are any cars careeming toward them.

#### **Dodge the car**

Last year, Humber's Students Association Council (SAC) called on Etobicoke council to install a pedestrian crossing at the bus stop. So far, despite further inquiries made by this year's executive, students are still forced to play Dodge the Car everytime they step off a bus.

Municipal officals say that getting a crosswalk installed is a tedious business. It involves traffic surveys so exacting that the researchers know exactly how many pedestrians attempt to cross the street and how many cars pass the desired crossing point at any given hour.

#### Get traffic moving

Well, we think they should get moving on the traffic survey. A crosswalk would not be solely for the benefit of the Humber College population either. The residents of the housing division across the street from the college have to play the same game of Dodge the Car if they want to catch a Wilson bus.

Pedestrians can be struck by a car, but drivers can face something much worse. Under the law, there is very little protection when a driver hits a pedestrian. It's much like rear ending someone, the driver is guilty until proven innocent.

Whether the driver is found guilty or not, he or she must face being responsible for the death or serious injury of the person who was unsuccessful in getting out of the path of an on-coming vehicle.

#### It's not safe

It's not safe, and it's not fair to ask people to risk adding to. traffic fatality statistics just because they are trying to cross Humber College Blvd.

We want SAC to force action from Etobicoke Council. The students who don't drive are getting tired of dashing across the street everyday. The students who do drive have no protection under the law if they hit a pedestrian.

A lot of pain and unhappiness can be so easily avoided, all it takes is a crosswalk.



Letters

# Give us a break

The controlling agents in the cial flogging in the lab-supply dedepartment of Humber College have seen fit to force all students in the fourth semester of their respective studies to enrol' in a course called "CCA Forum."

in the control booth is both con- are now finding out, with their descending and insulting to people in these courses, who have obviously already made a mature decision on a particular direction in their careers.

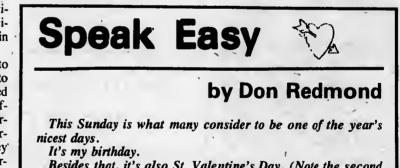
The college takes great pains to make sure students coming in to these courses are serious-minded enough to make a determined effort in their endeavours, via entrance exams and personal interviews. Then, paradoxically, they turn around with this "wonderful" new idea to give them a look at the other courses in CCA, to 'get a better understanding of Creativity, our common denominator.' Do the assembled throng of powerfigurehead types think that somehow, through perhaps Disney-esque magic, (or maybe a mental osmosis), everyone involved will achieve an understanding of the subtle melodies and counterpoints of Mozart, the technique and visions of Picasso, and the mystically breathtaking composure of Freeman Patterson, via two hours of "presentations" a week? Pencilling in this new slot on already-crowded timetables is more of a headache to students in Graphic Arts, Journalism, and Music, (although now considered a feudal province of the Applied Arts division, it is mysteriously included in this Forum concept), who average over 30 hours a week in core subjects already.

Creative and Communication Arts partment (witness the lame-horse condition of the typewriters Public **Relations and Journalism students** must contend with in daily classroom assignments). Even practical lab time is being shot to hell, as This move by our Big Brothers second-year Journalism students photography labs erased from their schedules.

Knowledge gleaned from practical application of learned theory is knowledge retained as a total understanding by an individual.

The whole point of coming to a specialized course in a community

continued on pg. 6



Besides that, it's also St. Valentine's Day. (Note the second billing).

Now if you think being a guy born on Valentine's Day is easy. think again.

First of all, my mom still bakes my birthday cake in the shape of

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What, too, are the costs of such an undertaking? Entire courses are being discontinued, and established subjects are taking a finan-

a big heart. She also sticks little pink hearts all over it. Macho stuff, eh?

But it gets worse. When people find out your birthday is on Valentine's Day, they walk up to you, pinch your cheek and say, "Oh. vou must be a real sweetheart."

If they manage to avoid my swing, they realize that Valentine's babies are just as nasty as your regular-type babies.

Now, my editors asked me if I could tell you a little about the history of Valentine's Day. But, the only thing I know about it is that I don't remember a single Valentine's Day since the one that made me old enough to drink legally.

I also know it's a dumb holiday.

And thus, it must follow the Cardinal Rule of dumb holidays. That rule is: if a holiday is pointless (meaning we don't get the day off school), then somebody somewhere is making a bundle off it.

With Valentine's Day, it's obvious who's raking in the coin. Card and chocolate companies are laughing into their ledger sheets with this one.

I think it's time we did something to prevent this flagrant abuse to our wallets.

I suggest we rename it "Redmond Day". That may sound pretentious on my part but, hell, this is no time for false modesty. Now think about it for a minute. Who in their right mind would buy a "Redmond Day" card or "Redmond Day" chocolates? 1 wouldn't and I'm Redmond!

# El Salvador at peace

# Coven reporter Paul Goodwin remembers

Today El Salvador is ripped apart by civil conflict, mass killings, bombings, fleeing refugees, starvation, and disease. Through the news media we've seen the nation's guts flung in the air for the world to see.

Five years ago, I was lying on a windy but warm and sandy beach at Poneloya, Nicaragua. The Pacific Ocean slapped the shore while wind-blown sand stuck to the suntan oil on my reddening skin. I was uncomfortable, but imagining the wintery cold my folks back in Canada were weathering made

me smile in the strong sun. Travelling alone in this foreign

land, my sole concern was catching a bus in the morning to San Salvador, the capital city of El Salvador. There was no rush. I made up my itinerary as I went. For a guy who had never been farther south than Buffalo, this trip would be a lifelong souvenir.

Jetting from Toronto three months before, I left behind the thickest snowstorm of the season. In Costa Rica the heat battered the tarmac when I stepped from the DC-9 outside San José. I watched the people, trudged through thick, wet jungle near Porto Viejo, and flew in a two-seater helicopter over Moravia bush country, north-west of San José. A Texas cowboy was at the controls. We soared to a distant mining camp perched on a mountain slope. The heliport was hacked from the jungle 250 feet above the valley floor. Colorful parrots, painful biting ants, and lizards (some over six feet long) were among the exotic animals in magnificent reserves. San José was aflame with the excitment of a flag-waving, horn-honking, shout-and-argue-in-the-streets presidential election. Citizens take their elections so seriously.

# Part one of a two-part series

I still have the scars from first and second degree burns earned by stupidly staying too long on another sunny beach farther south.

The pain has faded now but not the memories of those adventures.

In Managua, the capitol city of Nicaragua, I saw both the rich and the destitute. The mansions were impressive with their long driveways leading from iron gates, through manicured grounds to splendid manors.

This opulence was marred by the smell of squalor wafting from the streets, a few steps away. These streets, hardly more than tracks, were filled with rotting, wooden, one-room hovels. Holes in the walls were blocked with scrap cardboard. Some families lived in what appeared to be cardboard boxes. The air was heavy with the smell of putrefying in garbage, feces, urine, decaying humanity. Naked children played in ditches, Out of this litter appeared a poor farmer pushing his fruit cart to market. I asked the craggy-faced man if I could buy two oranges. For the price of two he insisted on giving me three. His hands were scarred and permanently stained with dirt from land he must have scratched his living on forever. I walked off to the shade of a nearby tree, ate the succulent fruit and

marvelled at how a dirt-poor

Walking on into the core of the city, I had my only brush with potential violence. The buildings were shattered and empty, abandoned after an earthquake a year or two earlier. Weeds and wild shrubs and vines split the concrete and climbed the faces of modern buildings. The silence was almost total, broken only by the sounds of birds and the wind.

#### Keen sense

Walking along the rubbly main street, I felt someone following me. You quickly develop a keen sense of your surroundings when travelling alone. You become wary.

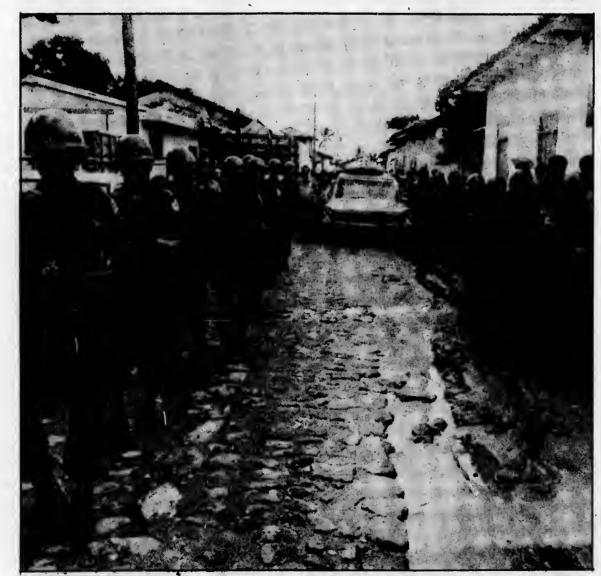
I paused to consider what the guy's business was. He stopped, too. I crossed to one side of the street and casually walked on. The man, in his late teens, followed. I crossed the cracked pavement again. So did he. We were about a block apart now. He was gaining on me. We both stopped and looked at each other.

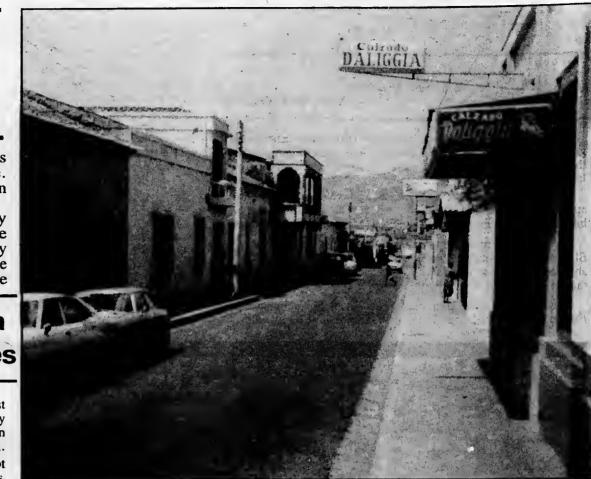
#### **Head-smasher**

Everything seemed peaceful except my mind. Through the bus windows lights brightened an unfamiliar city against the darkness. Count yourself lucky if you find a room by midnight, I told myself.

#### Nothing to fear

I had nothing to fear, though. At the bus depot a middle-aged woman, short and plump with black shoulder-length hair, offered all passengers a business card directing them to the Hotel San Carlos around the corner, down a dimly lit street. I was interested and took a two-dollar room in the unfinished building. The ten-bysix-foot room was sparce but for a bed, table, chair, sink, and toilet. Taps and a water pipe stuck through the bare masonary wall opposite the bed, a shower head screwed onto the end. A floor drain under the shower head hindered flooding. A five-foot high concrete block partition separated the shower from the toilet. And a bare light bulb hanging from the ceiling clarified the cell's starkness. But I couldn't complain. I wasn't wandering the streets; I had a good meal, a refreshing shower and a reasonable night's sleep.





A PEACEFUL STREET—This is how a typical street looked in San Salvador, El Salvador's capital city, when Coven reporter Paul Goodwin visited the country in 1977.

while starving dogs scrounged in farmer could be so generous.

**Poor farmer** 

the dirt roads.

A WAR-TORN STREET—This is how a typical street in San Salvador looks today as troops fill the streets and funerals become a part of everyday life.

I decided to bluff my way out of this. I picked up a rock. It was comfortable in my hand. A good head-smasher. Turning to my unwanted shadow, I hefted the rock hoping this act would show him he'd be hurt if he tried anything. Though nervous, I knew I'd follow through if he insisted. Strange, but I also resented him disturbing my peaceful, early morning walk. A few seconds later he moved off and didn't return. The city seemed peaceful again and I left the ruins without a scratch.

#### No curfew

No eleven o'clock curfew loomed when my bus rolled into San Salvador two days later. I'd showered Poneloya sand from my hair the night before. There was no war. No blatant conflict in the country where my fractured Spanish got me through each day.

#### Wouldn't go back

I wouldn't want to go back now. Five years later, safe at home, I'm one member of the international audience witnessing the suffering, the deadly battle. We watch passions flare and violence murdering many in civil war. Television screens display buildings in Managua punctured with bullet holes. I remember them scarred only with age. Magazine picture spreads exhibit corpses in familiar streets while the violence grows daily.

This is the first of a two-part series on El Salvador. Next week Paul looks at the country as it is today, a war-torn, impoveshed nation.

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# Aphrodisiac mystery solved

By KEN WINLAW

Candy is dandy, but liquor is quicker. -Ogden Nash (1902-1979)

Unbelievable as it may seem, when these two lines were presented to a group of Ivy League students a few years ago, none of them knew what the words meant. I will not patronize my sophisticated readers by explaining the meaning of Nash's couplet.

From the horrors of Spanish Fly (Cantharides vesicatoria) to Ginseng, aphrodisiacs have been the hope and despair of millions-perhaps billions-of limp lovers since the human race fell out of the trees.

Spanish Fly, a toxic preparation of the crushed dried bodies of the Blister Beetle, works with deadly effectiveness, but its eager user invariably ends up in an intensive-care unit connected to hoses and tubes, rather than in an arbor of love surrounded by the arms of his beloved.

Ginseng, on the other hand, has no effect at all, except in the hyperac-. tive imaginations and insane hopes of readers of those funny little ads on but what's money to a true romantic?

the back pages of sundry macho magazines which vicariously fulfill the lurid fantasies of necktie salesmen and maddened granola crunchers who frequent health food stores.

With the approach of Valentine's Day, most readers will be safer with an aphrodisiac costing less than \$15. Grab a couple of bottles of Niagara Disaster, a one-pound box of Black Magic chocolates, a borrowed recording of Barry White (a master of heavy breathing and the suggestive groan), and a few choice selections from John Donne, the greatest of the English metaphysical poets. A truly inspired lover might begin with a love lyric entitled The Bait:

Come live with me, and be my love, And we will some new pleasures prove, Of golden sands and crystal brooks, With silken lines and silver hooks.

Surely only the most cowardly of fish is afraid of a silver hook?

If all else fails, a determined seducer (he or she), may hie themselves to Lili's Gourmet Delights, 2370 Yonge Street, where solicitous owner Lili Fournier will be glad to conjure an aphrodisiac of your choice from her stock of exotic seafood glowing with phosphorous, chocolate erotica, truffles, oysters, and viands of indescribable succulence.

Of course you're going to drop more than \$15 at Lili Fournier's shop,



10% discount on all orders taken on ring day.

#### SALE EVENT TAKES PLACE ON THESE DATES AND PLACES

# Forum a waste

#### continued from pg.4

college is just that specialization. Obviously (but maybe not to all) the student enroled in a Package Design course has a keen interest in just that sort of a career, and would like, ostensibly, to gear his creative juices towards scoring well in the course set out for him by his instructors and course coordinator.

By the time most students leave high school, they have had their fill of the academic merry-goround games aiming to make us omnipotent in our knowledege. We are considered old enough to vote at 18 does it not follow we are old enough to follow auxiliary subject matter of our own choosing, on our own time?

To shove this pointless attempt at "broadening our horizons" (something Ontario secondary schools have used for an excuse for destroying countless promising young minds) down our throats is derogatory, and in the long run, hurts the individual student by putting unnecessary added strain on an already jammed curriculum.

How about breaking with the tradition the Ontario government educational sages has been so smugly setting, and use a little common sense with the priorities of administrating student academic lives?

**Steve Cossaboom** 

#### -CLASSIFIEDS-WITNESSES WANTED

Any person who saw a beige 4-door vehicle hit a brown pick-up truck in the Plant Service's Parking Lot betwen 12 noon and 3 p.m. on Feb. 1, 1982, please call Doug, ext. 454.

LOST A surveying field book, with a comic sticker on the cover. It was on top of the lockers by the business and executive development office. It has all my first semester field work. If you have this book please drop it off at the information entrance of the college. Thank you. Dave Deluca. Explosives Tech.

#### INTRODUCTORY TALK

INTRODUCTORY TALK ECKANKAR—A Way Of Life, will hold a talk and discussion Tues., Feb. 9 7:30 to 9 p.m. in the staff lounge at Humber College Lakeshore 1 Cam-pus, 3199 Lakeshore Blvd. West. TOPIC: Building your future via thought forms and mental pictures. Introductory books available anytime Introductory books available anytime within above hours. For further information call 676-1726.

LOST: Scarf in Business Division-F Block on Dec. 19, 1981. Beige, with "scarf" written across it. Sentimental value. Call Dianne Howell, 661-6625.

#### **HOUSE FOR RENT**

A new 4 bedroom deached house for rent

MON., FEB. 15, 1982 **OSLER CAMPUS** 12 and 4 p.m. Between WED., FEB. 17, 1982 **NORTH CAMPUS** 10 a.m. and 4 p.m. Between LAKESHORE 1 CAMPUS THURS., FEB. 18, 1982 11 a.m. and 2 p.m. Between

A DEPOSIT IS REQUIRED ON ALL SPECIAL ORDERS GOLD RINGS \$80.00 SILVER RINGS \$40.00

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SUPPORT OUR **ADVERTISERS IT PAYS!** 

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# Students banned from lounge FITNESS

#### **By KATHY MONKMAN**

Students prohibited!

The faculty and support staff have requested that students stay out of the Staff Lounge, located on the second floor in the L block.

John Mason, food services director, says he has received as many as three complaints a day from faculty and support staff. These complaints forced Mason to take action.

#### **Posted notice**

"I posted a notice on the door of the staff lounge explaining as best I could why students weren't to use the facilities," Mason explains.

. He says there are two reasons. why students aren't allowed in the lounge. Complaints from teachers wanting seclusion is one, and the other is that allowing students in defeats the whole purpose of the lounge. It was built for faculty

separation from students and to provide the faculty with fast service

Mason admits there is a contradiction though.

"The faculty seems to be divided on the issue," he says. "Some teachers want the seclusion a staff lounge provides, while others want to have the closeness with students to establish a good student-teacher relationship."

Mason says he can't see what the fuss is about. Faculty members have asked students to leave the lounge but Mason says his staff. hasn't. He feels his staff has more important things to do than police students.

#### Some stay

Many students go into the staff. lounge to get a quick lunch or beverage, and then leave to devour it elsewhere. But, of course, some do stay. Mason admits he can relate to the students' needs but says

the faculty must come first in the staff lounge since it was constructed for their use.

"In a large institution there can't be grey areas," he says. "It has to be one way or another."

#### **Obvious need**

Mason says the need for more student facilities is obvious but the staff lounge is not the answer since it has a limited capacity and problems would most certainly arise.

"We are looking into getting more vending machines but it's a major investment," said Mason.

Students are permitted in the staff lounge in the evenings if they are accompanied by a staff member. Mason hopes the students can understand and rationalize the reasoning behind the rules and co-operate with them.

Once and for all we'd like to clear up a few misconceptions about fitness. None of the following approaches represents a sensible way to get fit:

How not to get fit

1. The "drive yourself til you drop" approach.

2. The "more it hurts the more it works" approach.

3. The "make up in an hour for what it took you ten years to lose" approach.

The Canadian movement for personal fitness:

The plain fact is that exercise does not have to hurt before it is doing you some good. Real gains start long before you reach the pain barrier.

NOW · AND HOW

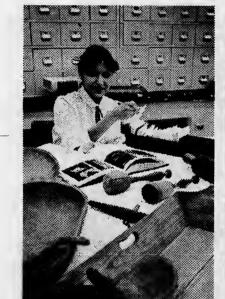
If you want to get fit, you have to get active. Do it...but don't overdo it. This is the sensible approach to fitness. And it works.

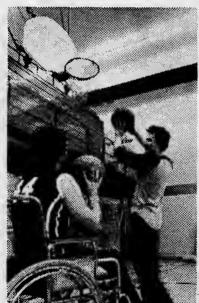
Can you get fit without struggle, without strain, without pain? AND HOW!

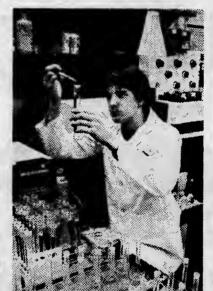


# THE OBJECTIVE: Summer jobs with career potential for 43,000 students.

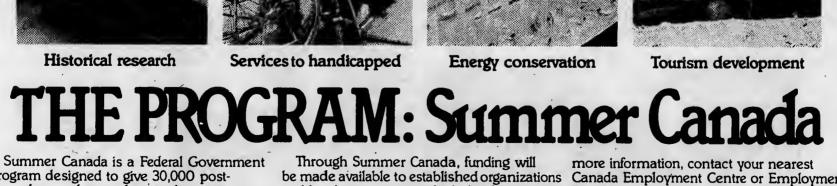
This summer the Federal Government is creating jobs for students in fields like:











program designed to give 30,000 postsecondary and secondary students career oriented experience while they earn the money to further their educations. (Jobs for 13,000 more students will be created through D.N.D. Cadet/Reserve and R.C.M.P. programs.)

and local governments which develop projects that increase student work skills and benefit the communities in which they live.

If you're an interested student, or belong to a Deadline for sponsorship applications, potential sponsor organization and would like February 26th, 1982.

Canada Employment Centre or Employment Development Branch office and ask about Summer Canada.

Employment and Immigration Canada

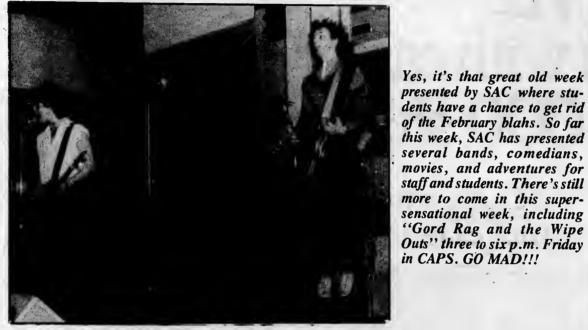
Emploi et Immigration Canada Lloyd Axworthy, Minister Lloyd Axworthy, Ministre

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# It's that time of year



WHAT IT LOOKS LIKE—From the band's point of view. Hundreds jammed the concourse Tuesday for Trixie Goes Hollywood's fast and furious renditions of rock classics, like Shakin' All Over, and Day Tripper.



HE LEAPS!—For effect, not safety, as Trixie Goes Hollywood brought smiles to students' faces Tuesday in the concourse. Just another one of SAC's ventures during the first half of Winter Madness Week





several bands, comedians, TUESDAY IN CAPS—White Frost played their mid-seventies rock, movies, and adventures for covering such artists as Alice Cooper, and Grand Funk.

prat an



WHY DID THE CHICKEN—cross the concourse? Yuk-Yuk's comics made 'em laugh Monday, as noon hour out-to-lunchers came to hear Howard Nemetz and Ron Vaudry go for the funny bone.

YUK-YUK'S GIGGLE MAN—Howard Nemetz relates tales of his school daze (not days) and how much he hates public transit to people who could relate to what he was saying in the concourse Monday.

## Photos by Steve Cossaboom and Dave Silburt

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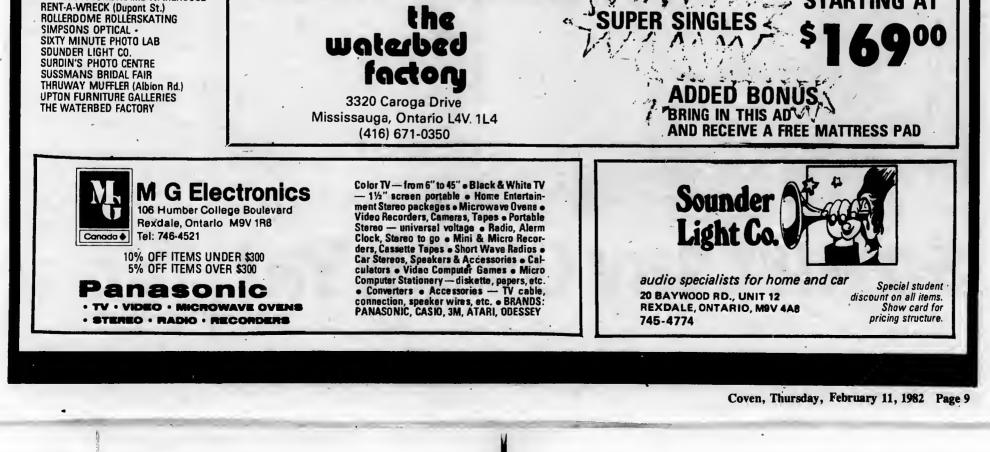


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DREAM JEANS



# SPORTS.

# She's the captain of the team

#### **By TOM MICHIBATA**

Images of women

At a recent Humber women's hockey game at Westwood Arena, two male onlookers were commenting on Humber's captain, Kendra Magnus.

"Boy, that number 15 sure has long hair," one of them said. "HE sure can play," the other said. When told of their grave misjudgment, they looked at each other stunned.

#### Never attend

Most people who have never attended a women's hockey game would probably make the same mistake. According to Magnus, a 21-year-old second-year Recreation Leadership student, Humber students stereotype women's hoc-

key. "They say all the girls on the team are 'butch' or they shouldn't be playing because they might get hurt or they are a bunch of animals," she says.

#### They're impressed

Magnus points out however that when people come to watch a game, they are impressed.

The coach of the team, Don Wheeler, says women's hockey is exciting because the league is balanced.

"The teams are so close that there is not much separating the last place team from the first place team," Wheeler says.

Proof of this was the girls' narrow 7-6 win over Sheridan two weeks ago. Humber, currently in second place, has beaten Sheridan in last place, twice by only a goal.

Magnus feels people's images of women in sports have hindered the support and recognition the team deserves.

"Some girls in the college say what are you doing playing hockey? or they look at you in a funny way," she says.

However, Magnus feels that attitudes are changing and women in sport is gradually being accepted. "Six or seven years ago, the at-

titude was that it was unwomanly to sweat," she says. "The more women play, the more this will change.

#### Overshadowed

Another reason Magnus feels her team doesn't attract attention is that Humber's men hockey team overshadows them.

"It's not a jealousy or rivalry we have with the men's team," she says. "The men deserve the attention they get because they work hard and are much more competitive.'

"It would just be nice to see some recognition or for people to be aware that there is a women's team. The women's team has either

won the league standings or been in the Ontario finals every year since. joining the league five years ago.

"The team does represent the college and it is how the college gets its name," Magnus says.

Since the support at the women's games has been lacking, Magnus thinks the idea of Humber's two hockey teams playing in double headers would help.

"When North Bay came down here for double headers in the past, we had 50 at our games and that's a good turnout," Magnus says.

Magnus would like to see more

girls at Humber participating in

sports. "We have 8,000 students, so I can't see why we don't have more. come out," she says.

"We have a few girls on the team this year who have played hockey only once or twice and they're just having a super time,' she continues.

# Hawks finish season tied for first place



TIED FOR FIRST — Humber's men's hockey team gets a bye in the first round of the playoffs after ending the season tied with Seneca for top spot. Both teams boast a 13-win one-loss record. Playoffs start next week with both Humber and Seneca entering play in the second round.

#### **By KEITH GILLIGAN**

The regular season is over and the Humber Hawks finished tied for first place with the Seneca Braves.

The Hawks have a bye in the first round of the playoffs which

gives them time to prepare mentally.

"Talent gets you there but talent doesn't win in the playoffs,' said Humber Coach Peter May-

He said the Hawks will have to



play tough, aggressive, disciplined hockey.

'Without the discipline, we'll lose," he said.

The Hawks did not impress Maybury with their hockey Saturday. Playing the Centennial Colts, Humber played a sloppy game in winning 7-1.

'We didn't take it to them," Maybury said, "I'm satisfied but there wasn't enough intensity."

He said the Hawks made a lot of mistakes and were not playing good defense.

#### Stick check

"We didn't take the body, we tried to stick check. Both teams were pansies," Maybury said.

Steve Shepherdson and Gus McIlraith lead the Hawks with three goals each. Paul Skjodt had the other Humber goal. Perry Hehn netted Centennial's goal.

McIlraith put Humber up to stay with goals 40 seconds apart midway through the first period.

On the first, Brian Rizzetto flipped a soft pass between two olts defensemen and McIlraith deked the goalie to score. The second goal came on a two-on-one break with Rick Laing.

#### A la Gretzky

Centennial scored its lone goal two minutes later when Hehn came from behind-the net, a la Gretzky.

Shepherdson just started playing for the Hawks. He has had work commitments that prevented him from playing.

'Steve's helped on the powerplay since he's joined the team.

"He has a good, low hard shot," Maybury said.

McIlraith completed his hat trick on a fluke goal. McIlraith picked up the puck in the corner and tried to center it. The puck hit a defenseman and bounced in. In the third period. Shepherdson completed his hat trick and Skjodt netted his goal.

continued on pg. 12

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# SPORTS

SIDELINES

## Run for fun **By MARYLOU BERNARDO**

Participaction is one way Canadians have proposed to get in shape but the only exercise the majority of Canadians take part in is getting up and turning off the television.

Guilty? Why don't you do something about it and get involved? Exercise will contribute to your better health and an improved outlook on life.

Running is an excellent choice for a variety of reasons. The popular world-wide sport has been pursued by all, from barbaric savages to the neighborhood physical-fitness nut.

For women, running can provide a daily challenge to overcome depression which often accompanies pregnancy, monthly menstruation periods, and menopause. The bottom line is that "a conditioned body is simply better prepared to handle this monthly stress," according to Bob Glover and Jack Shepherd, authors of The Runner's Handbook.

Running improves your muscle strength and flexibility in your abdominal area. Running relieves the discomfort of back aches and in some cases prevents them.

In the book, Dr. Gyula Erdelyi of Hungary states recent studies of 172 female athletes show that pregnant women who are runners or athletes of some kind have fewer complications during their pregnancies. The woman experienced easier labor and 50 per cent fewer Caesarean sections.

Running may be the answer if you are 20-35 years old because you're physical fitness potential is declining at a faster rate than at any other comparable time.

With running, there's more to fitness than mental preparation, exercise and good diet. You have to be ready to let your feet in for a beating.

Running is an intense sport that involves foot strikes of 5,000-7,000 per hour. But by investing in proper running footwear and wearing clean socks every day, followed by bathing your feet every night, with a finishing touch of anti-fungus foot powder, you can fight off a runner's number one enemy-Athlete's foot (fungus between the toes or the sole of the foot).

It is best to set yourself a goal before you start running. For instance, if you are overweight (and admit it), aim at losing a few pounds over a period of a month.

Here are some tips for readers who are convinced running will help:

• grab your husband, girlfriend, cat, dog, etc... Running with a friend provides support, or just the security of knowing someone will pick you up if you faint from exhaustion.

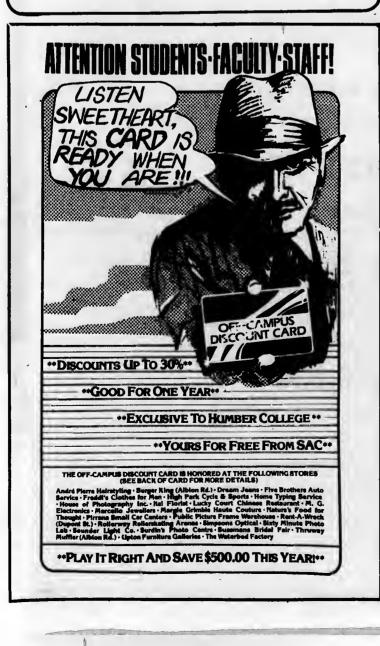
- join the neighborhood YM-YWCA or running club.
- do some investigative running through your favorite park.

• subscribe to a running magazine to see how your fellow runners are doing. Who knows, you may even be on the front cover someday.

• be daring and enter a race, whether it be the Hickville Funrun or the Boston Marathon-go for it.

have a big party and invite all your fellow runners.

Make running a daily habit, get hooked, get in shape, and KEEP FIT.



# **Golden Shield crumbled** under mighty Hawks' attack

#### **By TOM MICHIBATA**

team erupted for 19 unanswered points in the second half and breezed to a 68-42 win over last place Cambrian last Saturday afternoon at Humber's gym.

Humber's quickness and composed play keyed the outburst. Leading only 29-20 at the half, coach Doug Fox employed Humber's full-court zone press to harass the Cambrian ball-handlers.

· The move paid off as Cambrian made errant passes and forced some bad shots. The speed of Humber's guards Locksley Turner and Clyde Walters opened up the team's fast-break and the game was no longer in doubt.

Fox was not pleased with his team's play in the first half, saying they were playing without control and rushing their plays.

We didn't have the composure to pass the ball crisply and finish off the play," Fox said. "We had a lot of three-on-two's and two-onone's and weren't capitalizing on them

"I told our guards (Turner and Walters) to slow down and let our Saturday afternoon.

forwards get ahead of them for it to be effective, we have to con-Humber's men's basketball 'easier passes. Sometimes our quickness gets us into trouble. For

trol it.'

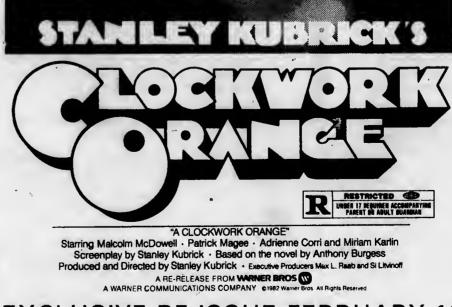
continued on pg. 12



JUST TRY AND BLOCK IT - Humber Hawks got it in gear in the final minutes of the game to whip the Cambrian Colts 68-42 in last

# 10 major awards including the HUGO for science fiction





### **EXCLUSIVE RE-ISSUE FEBRUARY 12** AT A FAMOUS PLAYERS THEATRE NEAR YOU

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## SPORTS

# Outplayed Colts

continued from pg. 10 In the scoring race, Skjodt finished third with 33 points. He had 14 goals and 19 assists. The winner had 37 points.

Centennial coach Gary Jobes said his team had the chances. "We out played them for the

first period and a half. But their goalie was good. The disallowed goal hurt us, he said.

#### Valiant comeback

In the second period, the referee disallowed a Centennial goal, ruling that Jennings had been nudged. "That goal would have made it

3-2 and we were holding the play. It's history," said Jobe.

On Thursday, the Hawks beat the Colts 4-3.

The game was a make up of a postponed one.

Shepherdson and Skjodt had two goals each. Hehn and Dave McTaggart scored for the Colts.

On Feb. 2, Humber bombed the St.Clair Saints 14-2 on their home rink.

Paul Sharpe lead Humber with three, while Diego Rizzardo, Skjodt, Brian Rizzetto and Mark Miller all scored two gaols.

The Hawks have the next week off while they wait for a playoff opponent.

# Hawks soared

continued from pg. 11

Humber's front line inside the team's 2-3 zone did an excellent job of clearing the boards and halting Cambrian attempts to penetrate to the basket. This forced Cambrian to take long, outside shots.

Fox was pleased with his team's composure in the second half.

"We maintained our composure and just totally outplayed them,' he said. "We needed that game as far as composure is concerned."

#### Led defense

Dan Stobermann led Humber's offense with a game-high 16 points. Other Hawk scorers were Locksley Turner 13, Scott McCallum 12, Scott Stewart 10, Clyde Walters 8, Frank Godfrey 6, and Eric Grizzle and John Putrimas with 2 each. Cambrian was led by Dan Mulvihill with 13 points and Mark MacLeod with 12

Humber is battling Niagara for the fifth and final playoff spot in

West Division Basketball Standings				West Division Hockey Standings									
	Μ	len's					1	Men'	s				
Team	GP	W	L	PCT	GB	Team	GP	W	L	Т	GF	GA	PTS
Mohawk	14	13	-1	.929	.0	Seneca	14	13	1	0	106	48	26
Fanshawe	13	11	2	.846	1.5	Humber	14	13	ĩ	Ŏ	87	52	26
Conestoga	13	9	4	.692	3.5	St. Clair	14	7	7	Õ	87	92	14
Niagara	12	7	5	.583	5.0	Canadore	14	6	8	Õ	78	65	12
St. Clair	13	7	5	.538	5.5	Sheridan	14	6 5 5	8	1	73	84	11
Humber	13	5	8	.385	7.5	Centennial	14	5	9	0	67	74	10
Sheridan	12	4	8	.333	8.0	Conestoga	14	42	9	1	54	84	9
Canadore	12	2	10	.167	10.0	Fanshawe	14	2	12	0	55	108	4
Cambrian	14	0	14	.000	13.0	~					-		
						These are final	men's stan	dings.	Playo	offs b	egin tl	his we	eek.
	Wo	men's		•	•								
St. Clair W	10	9	1	.900	.0		**						
Niagara	9	7	2	.778	1.5		vv	ome	n's				
Seneca	9	5	4	.556	3.5	Seneca	9	7	1	1	38	19	15
Mohawk	9	5	4	.556	3.5	Centennial	7	5	2	0	43	28	10
Fanshawe	8	4	4	.500	4.0	Humber	7	5	2	0	30	27	10
Humber	9	1	8	.111	7.5	Canadore	8	3	5	0	30	31	6
Sheridan	8	0	8	.000	8.0	Sheridan	11	0	10	1	22	64	1

# **BOOKSTORES'**

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On being a Humber College student

for example I'm a Humber College Grad...

What's your excuse?

and It's hard to be humble when you're a HUMBER STUDENT!

# SEE HOW EASY IT IS!

#### **CONTEST RULES**

the Western Division.

"We'll have to win two out of the next three games to get in," Fox said.

In a previous game the same week, the basketball Hawks lost to the national champions, Fanshawe College, 83-73.

#### **Disallowed** goal

Despite a valiant comeback attempt and stellar rebounding from the Humber front liners, the Hawks just couldn't match the Fanshawe sharp shooters.

"They scored 83 points on us and we had a hand in their face every time they put the ball up,' said Hawk coach Doug Fox. "They had two kids on their team that scored about 50 points between them-1 don't think they hit a rim all night."

Dan Stobermann replied for Humber with 26 points, Locksley Turner added 18 more and Clyde Walters hit for 12.

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- Contest is open to Humber students only.
- Submit as many entries as you wish.
- 3. Winner's entries become the property of the Bookstores, all other are returned.
- Entries not accepted after February 18, 1982.
- Prize money for winning selections will be a cheque 5. mailed to the student's home address.
- 6. Entries must be submitted on white paper of any size.
- Ideas for designs may be submitted consisting of words alone, artwork or both combined.
- 8. Designs are not judged on artistic ability, only the idea.
- 9. Entries to be delivered to any Humber Bookstore.

#### **CONTEST ENTRY FORM**

Name	Student no.				
No. & Street		City			
Postal code		Phone	*		

Entry forms are also available at each of our BOOKSTORES

All winning names will be published in Coven and also posted at each store