



ZACHARY MCGREGOR

Students gather at Queen's Park on Wednesday demanding provincial government lowers tuition fees as part of a National Day of Action organized by Canadian Federation of Students.

## Students gather at Queen's Park to fight tuition fees

Zachary McGregor and Tyson Lautenschlager

NEWS REPORTERS

Hundreds of college and university students across Toronto marched towards Queen's Park on Wednesday with one thing in mind – getting the Ontario government to eliminate tuition fees.

The Canadian Federation of Students' National Day of Action included more than 35 events across the country.

Gayle McFadden, a representative with the Canadian Federation of Students-Ontario, was happy with the turnout at Queen's Park.

"It's been especially exciting to see folks from outside Toronto coming here to join our voices together at Queen's Park, and literally bring free education to their doorstep," said McFadden.

McFadden says the organization has three main demands. They want the government to progressively

reduce and eliminate tuition fees, convert student loans into non-repayable grants and eliminate interest from existing student loans.

"Ultimately, we're fighting for free and accessible education for all," said McFadden. "We believe that education is a right, and it's a public good," she said.

McFadden says Ontario's high tuition fees are indebting an entire generation of students and robbing many of a post-secondary education.

Although the protest had a robust turnout, Humber's student government is not a member of the CFS and did not participate.

In the past IGNITE has said protests such as this have no relevance to the issues Humber and University of Guelph-Humber students face.

"We are a very diverse community and the issues we face are much different than those of other college," said Ammar Abdul-Raheem, IGNITE vice president of Student Life. Organizations such as the CFS

seem to have difficulty advocating for Humber as a result of its diversity and uniqueness as an institution.

Ammar has also stated the costs associated with being a member of organizations like the CFS outweigh the benefits.

Despite IGNITE's refusal to participate in the protest, students across the province continue to struggle paying for their education.

One George Brown College student knows she is already in a hole even before completing her schooling.

"I'm in OSAP debt already," said Carla Rudberg. "Even before I've finished my education, I know I'm going to be stuck paying for this the rest of my life."

While many college and university students felt the need to protest, they weren't the only ones at Queen's Park demanding free education.

"This is important because this is going to be my reality next year," said high school student Michelle Hopkins. "When I'm choosing uni-

versities, I have to think about which ones I can afford when I should be thinking about which ones are going to make me the most beneficial person in society."

While Premier Kathleen Wynne wasn't present at the protest, Ontario NDP leader Andrea Horwath was in attendance to talk with students and union leaders.

"We're the only party that's been in this legislature holding the Liberals' feet to the fire around the rising cost of tuition in this province," said Horwath.

Ontario has the highest tuition fees in Canada and students are carrying the highest debt loads because of it she said.

"I can tell you I don't think Patrick Brown and the Conservatives are the answer either. They've never asked a question that I can recall about rising tuition fees and the impact it's having on students," said Horwath.

Students are often forced to take two or more part-time jobs while

still balancing their school work on top of that.

"My education should not cost the same as a down payment on a house," said Paula Clark, Concurrent Education student at Lakehead University.

But this is often the reality for students paying both their tuition fees and other expenses like rent, food and textbooks.

"Ontario no longer has a public post-secondary education system, we have institutions being funded directly by the public through tuition," Horwath said.

The CFS will continue lobbying both the provincial and federal governments to lower and eventually eliminate tuition fees.

"This is the largest student day of action we've seen in a long time," McFadden said.

She says students are clearly fed up with high tuition fees, unending debt and are demanding change.

# Seeking a culture of alcohol moderation

Laura Dart  
NEWS REPORTER

Moderation and education go hand in hand when it comes to drinking alcohol, says Daniela Trozzolo, the manager of LinX Lounge at Humber North campus.

The bar hosts pub nights and music themed events that bring students over age 19 to drink and enjoy the night. However, staff encourage patrons to drink responsibly, as opposed to over consumption.

“When it comes to drinking, people don’t always make the smartest choices... You know in our culture, moderation isn’t always the most appealing or prominent message,” said Trozzolo.

The key to keeping people from over-consumption lies in early education, said Trozzolo.

“If there is any sort of education in place, it should be implemented when people are at a much younger age,” she said.

“The problem is that a lot of people don’t get a lot of information on drinking until they start paying attention to popular culture, where the message is always excess. And so they see that and think that that’s the way people behave,” she said.

The Ottawa Public Health board recently released a report to try to reduce alcohol consumption and



DANIEL CAUDLE

promote moderation in the city.

The data collected from a survey called Have Your Say helped to get more information for the report about how much and how often people drink in Ottawa.

“We put out a survey earlier this year to ask residents what they think about alcohol [and] what are their concerns. We had so many people share their stories,” said Ginny Warner, a project officer with Ottawa Public Health’s health promotion



When it comes to drinking, people don’t always make the smartest choices... You know in our culture, moderation isn’t always the most appealing or prominent message.

Daniela Trozzolo  
LINX MANAGER

and disease prevention team.

The goal outlined in the report is to build a community that builds a culture of alcohol moderation.

“We’re really trying to bring awareness to whether or not you drink a lot, or a little, or none at all, that alcohol has an effect on everyone and it really is a community concern,” said Warner.

# Wexting: Walking, texting can lead to injury, death

Reagan McSwain  
NEWS REPORTER

Falling down stairs, grazing strangers, bumping into walls, stepping into traffic.

Using a handheld device is hard to resist.

Walking while texting, increasingly referred to as ‘Wexting,’ continues to be a leading factor in pedestrian road accidents and fatalities, and has many wondering what can be done to change that.

According to a 2013 Ministry of Transportation study, the Ontario Road Safety Annual Report says 4,522 pedestrian injuries occurred in the province. Of this number, 598 were directly linked to pedestrian distraction.

“The reality is we as a society need to modify our behaviours to make our commutes safer,” said Toronto Police Const. Clinton Stibbe of Toronto Police Traffic Services.

“But society in most cases is unwilling to give up those ‘conveniences’ as the need to send a text or make a phone call trumps the risk that person faces,” said Stibbe.

Actions may speak louder than words, but a new national survey conducted by InsightWest suggests that most Canadians support a distracted walking legislation that would forbid the use of hand-held devices by people crossing the road.

Results are based on an online study from Sept. 6-8, by a repre-

sentative sample of 1,013 Canadian adults.

Willingness to make a change is not new. In July, Toronto Councillor Frances Nunziata moved a motion asking Ontario to amend the Highway Traffic Act making it illegal to use a mobile phone while crossing the street. The motion passed 26-15.

The province of Ontario decided not to amend the Highway Traffic Act as per Toronto’s request.

Transport Minister Steven Del Duca said in a statement that Toronto – and all municipalities – have

the power to establish appropriate bylaws.

“All road users assess a certain level of risk they are willing to accept, if a person takes that risk, they have accepted the possible outcome,” Del Duca said.

“A change in the laws is not necessarily going to help, we have laws already in place,” said Stibbe.

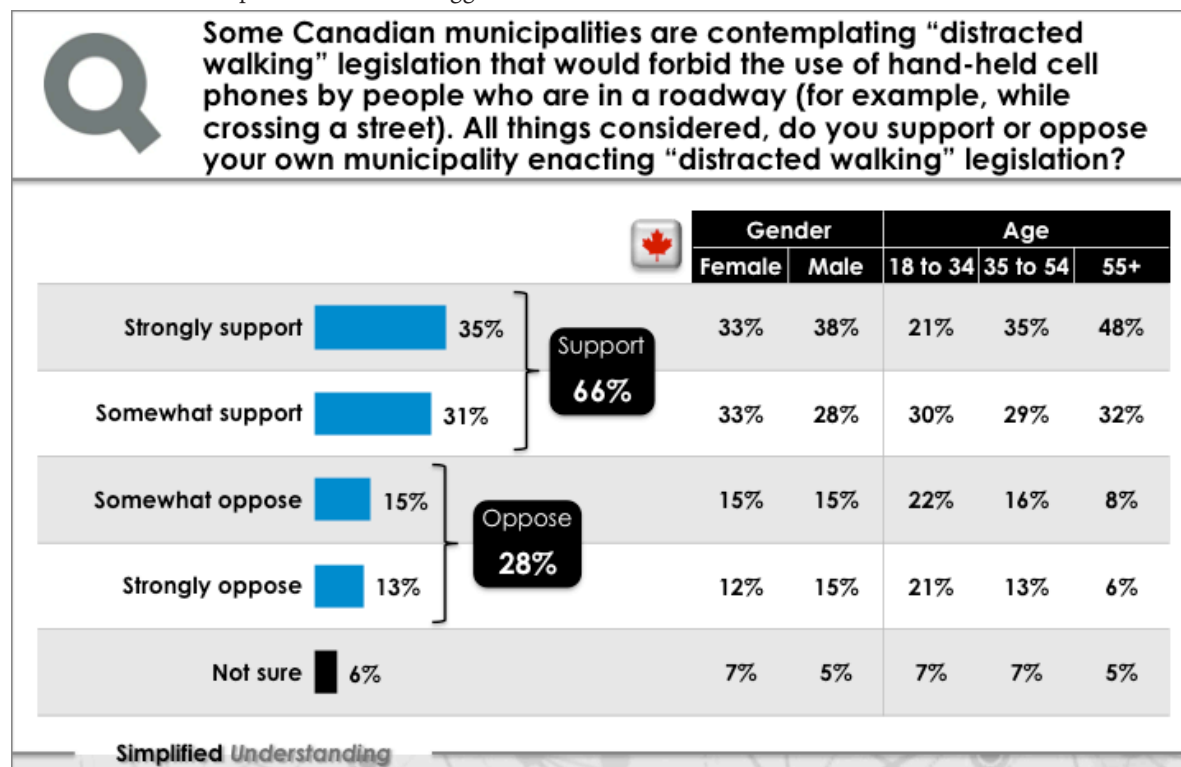
But that has not stopped Toronto, or other cities across Canada, from seeing the need for similar bylaws.

Vancouver Councillor Geoff Meggs told B.C. Almanac that it

only “makes common sense” and he would like to see a similar bylaw implemented in the west.

In 2014, Calgary Councillor Ward Sutherland looked into implementing fines similar to a jay-walking ticket for those who begin to cross roads distracted by their phones.

“It is simple, in a perfect world everyone would follow the rules and we wouldn’t see any collisions or fatalities. The reality is no one is perfect and the mistakes that are made are costing lives,” said Stibbe.



# Tenant problems left unaddressed

Natalie Dixon & Lia Richardson  
NEWS REPORTERS

A new survey has found that 95 per cent of Toronto tenants are living in conditions that violate the city’s property standards bylaw for apartments.

Of 174 respondents surveyed by the Association of Community Organizations for Reform Now (ACORN), the top tenant complaint was cockroaches, with 83 per cent saying it is a problem.

Other problems include poor ventilation, faulty elevators, lack of heating and mold.

Almost 70 per cent of tenants faced challenges trying to get repairs done, while 30 per cent were scared to ask.

“The majority of Toronto tenants are struggling to pay their rising rents and at the same time have major deficiencies in their homes,” says the survey by ACORN Toronto, which represents about 20,000 low- and moderate-income residents across the city.

Jaspreet Grewal, an Early Childhood Education student at Humber College in Toronto, knows firsthand how difficult it can be to find a good place to live.

She said her first experience in renting out a room was a bad one.

“I was literally crying,” she said. She found a basement room for rent on Kijiji. Without seeing the unit, she went to move in after speaking with the renter. When she arrived, she was shocked by the state of the kitchen.

“That environment was not good,” she said.

Grewal said there was no space in the unit and it was dirty. Furthermore, she was told by someone in the household she should say she was “just a friend” of the tenant and not living there.

Something didn’t seem right to her. She found out that the person she’d been speaking with was renting out the house, the rooms and was doing all of this behind landlord’s back.

She couldn’t live under the dirty conditions and told the renter, within the day, to keep the deposit she had given. She didn’t even move in, she just wanted out.

“It was 11:30 at night and I called my brother to come pick me up,” she said.

Grewal has now found a room where she is happy and suggests living with a family rather than students because there is more responsibility taken.

Phillip McQuade lives in an apartment where cleanliness and pests are an issue.

“The bugs such as cockroaches and mice – they’re crazy,” the Toronto resident told Humber News.

McQuade said he does his best to keep the space clean but is looking to move out.

ACORN is looking to seek action, calling for mandatory apartment inspections.



SASHAAZEEZ

Faculty attend final lecture in Humber's four-part series for retirees, *More Disruptive Stuff that is Going to Change the World*'

## Humber's retirees learn how technology alters our lives

**From banking to using washing machines, web connectivity is changing world for older people**

**Sasha Azeez**  
BIZ/TECH REPORTER

Humber's retiree association wraps up its four session seminar 'More Disruptive Stuff that is Going to Change the World'.

The last two sessions discussed 'the internet of things' and 'artificial intelligence'. Retirees learned about how their lives can be affected by the rise of technology.

Tim Wong, programmer and technology instructor at Humber, talked about Internet development and how everyday objects have network connectivity.

"The computer essentially controls everything, we are already seeing household items like washing machines being connected to the Internet changing the way we live our lives," said Wong.

Maryann Jeffries, co-chair of the retirees association, said although the Internet can be a scary thing for many retirees, it can also help them immensely.

"With everything being connected, little things like turning the

lights on and off without physically having to do it...it's really going to help disabled and elderly people," said Jeffries.

"Imagine, many people will be able to be independent and say 'wow I can do my own shopping with the click of a button,'" she said.

The last seminar about artificial intelligence talked about artificial life, autonomous robotics, and machine learning.

Mian Shah, artificial intelligence specialist, talked about the various use of robotics and the future of robots and human relationships.

He said robots have changed in the last 10 years and we can expect

things like driverless cars, assistance in surgeries, personal assistance, bartending robots, and much more.

Christine Tomchak, board member of the retirees association says this is a huge breakthrough for the elderly community.

"Just think of all the older people who may not be able to drive anymore, or people who need help washing or dressing. In a very short time robots will be in general use," said Tomchak.

These seminars are held annually. Retired teachers come together to learn about changing technology and how to incorporate it into their lives.

## First Year Experience spooks new students with a haunted maze

**Matthew Owczarz**  
GENERAL NEWS REPORTER

Students bravely navigated through the Humber First Year Experience's Halloween maze craze at North campus.

They entered the pitch-black haunted maze, at their own risk, in groups of four with only glow-in-the-dark bracelets to light their way.

Outside the maze stood a long line of eager students who appeared to grow more excited with every shriek and scream overheard while awaiting their turn.

"It was really dark and I couldn't see where I was going," said mechanical engineering student David Webb. "Then something grabbed my ankle and I almost ran into a wall screaming."

Once on the other side, mentors from FYE handed out fruit punch and loot bags filled with treats and candy as rewards to the students.

A booth was also set up with Halloween hats and accessories for participants to take photos to mark their achievement.

"I've been through it four times and it's great," said Gurj Kang, a peer mentor from FYE. "It's a really good way to allow students to let loose, especially after midterms, and have fun."



Senior and peer mentors from FYE had been setting up the maze since early Friday in B Building. The maze was then open to the public from 4 p.m. until 6:30 p.m.

"We literally constructed a maze inside a pitch-dark room and we have people in costumes and masks hiding to jump out at unsuspecting people," said FYE peer mentor Alexandra Dereviankina.

"People have been going in and they just start screaming, and, so far, I haven't had any complaints," she said.

The haunted maze was inspired

by popular Halloween events like Casa Loma's Legends of Horror and Wonderland's Halloween Haunt, said Henry Gonzalez, a senior mentor from FYE and mastermind behind the event.

"I remember, in my first year, that I didn't want to attend many school events because I thought they were all corny," he said. "For this, we really wanted to create an event in school that people would actually want to attend, and I think we did."

FYE hosts events to encourage students, especially the first year students, to engage in the Humber

community and make friends.

"The First Year Experience is all about helping students transition into college life and these events can help students release some stress and meet new people," Dereviankina said.

FYE is hosting other upcoming events including a first generation event (for those who are the first in their family to receive post-secondary education) on Nov. 8, and a Harry Potter movie marathon week starting Nov. 14.

## Watson yuks up

**Julie Arounlasy**  
LIFE REPORTER

Humber College Comedy Writing and Performance alumna Brie Watson is performing at the school's showcase at Yuk Yuk's Comedy Club next Tuesday.

The showcase, known as "Amateur Night", is a weekly event for students and graduates of Humber's School of Comedy to perform.

Watson says amateur night is a great learning opportunity for students to perform with experienced alumni and improve their craft.

She graduated from her program in 2012. Her first degree was in political science at the University of Ottawa.

Watson didn't decide to make a career switch until she became a tour guide at the Canadian National Vimy Ridge Memorial. She says she had the ability to always make people laugh while giving tours and liked that about herself.

It wasn't until a friend introduced her to Humber's comedy program that she decided to seriously pursue comedy.

"I thought there was no way you could go to school for comedy or even to teach comedy," she said.

Watson does several types of comedy from improv to sketches to stand-up. But she says she is mainly focusing on performing improv at the moment.

She is the producer of improv shows "What if? Improvising Your Alternate Universe" and "Guess Who's Coming to Improv?"

Watson is a member of improv troupes Chakra Khan, Baewatch, PERSONS and Cinderelño.

She also performs alongside David Lahti in the comedy sketch duo The Utilidors. They had their first international performance at the 2016 Boston Comedy Arts Festival.

Watson also teaches the educational program at The Second City Training Centre and produces a weekly sketch night at Comedy Bar in Toronto.

Yuk Yuk's has been around for 40 years and has been a stage for many famous Canadian comics. The comedy club has had performances by comedians Jim Carrey, Russell Peters and Humber alumna Nikki Payne.

Founder of amateur night at Yuk Yuk's and Humber School of Comedy professor Larry Horowitz started the weekly show a dozen years ago.

"I started the Humber Tuesday night shows as an opportunity for our students to have a real stage and a real audience," he said.

Horowitz is one of the founders and original investors in Yuk Yuk's international as well as a former Yuk Yuk's comic. He was a headliner at the comedy club and has performed stand-up at night clubs and TV shows around the world.

Watson will be joining Humber School of Comedy students on stage for amateur night at Toronto's Yuk Yuk's Comedy Club next week from 7:30 p.m. to 9:30 p.m.

# Self-defense training for women a rape prevention aid

Olivia Morris

LIFE REPORTER

Humber's Department of Public Safety notices that women feel confident in their ability to defend themselves after they participate in the Rape, Aggression, Defence (RAD) training program.

Qualified Humber College employees teach the RAD self-defence training program. The training session, which normally costs \$500, is free to female students interested in learning the ropes of self-defence.

Humber employees are continuously sent to get re-certified to teach the program to the young women, ensuring that they grasp the easy to follow rape prevention and self defense techniques. The purpose of the program is to help young women get to safety quickly and efficiently, should an attacker ever confront them.

RAD instructor and manager of Finance and Administration of Public Safety Jasjeet Bal said she notices how reticent some of the young women are when they first come in for training.

"When people first come in they're really shy and they don't really know how to deal with these things because they don't have the confidence," Bal said.

"When they don't have confidence they get scared and choose to block out everything, so it's important to be aware of your surroundings and have confidence. When you're put in that position, having confidence and making sure you're aware of how you are going to get to that exit zone is important."

A variety of tactics are taught during the training session. Techniques include getting out of a bear



OLIVIA MORRIS

Instructor David Yen teaching female participants a striking motion technique during a Rape Aggression Defence training session in Humber North campus Community Room. Program is offered each year to students.

hug and chokeholds. The women are also taught striking motions, blocking and a few kicks to use against their attacker.

How to escape being pinned down to the ground by an attacker is also part of the training session.

A study conducted in 2015 by Kate Carey, professor of behavioural and social sciences in the Brown University of Public Health in Providence, R.I., focused on the frequency of sexual assault on college campuses. The study into incapacitated rape indicated nearly one in five college

women were victims of rape or attempted rape during their freshmen year, with most falling prey during their first three months on campus.

Additionally, the Association of American Universities conducted a survey in September 2015 that found more than 27 per cent of female college seniors reported having experienced some form of unwanted sexual contact since entering college.

University of Guelph-Humber kinesiology student Nicole Curti said constantly hearing about sexual vi-

olence victimizing young women in today's society has led her to believe that something could happen to her.

In RAD training, the young women are taught to defend themselves. The program isn't geared towards having females initiate an attack on their assailant, its main focus is getting away from the situation they are faced with.

"All women should have basic knowledge on how to defend themselves and fight back against men who sometimes don't see us as equals.

"I feel like the RAD training program is an amazing idea and is something all women should participate in in case of an emergency," Curti said.

The RAD training program was first established about seven years ago in the United States. Many colleges and universities across North America adopted the program, including the University of Ottawa and Ryerson University.

Humber director of Public Safety and Emergency Management Rob Kifoyle believes the program brings about a level of confidence.

"Ultimately, I think the program helps boost confidence and teaches young women some very simple things that they can do to protect themselves and make themselves more safe," said Kifoyle.

"It's sad that anyone has to potentially learn this information, but it's the day and age that we live in and it's not inappropriate for people to know how to look after and protect themselves," he said.

The Department of Public Safety relies heavily on feedback from the participants. The surveys determine whether females found the training session tactics to be helpful in the event of an attack.

"Women always comment when they leave that they feel confident in their abilities and that they now know some simple things that they can do if they are ever confronted by an attacker. It's always positive," Kifoyle said.

A training session is scheduled for Nov. 25 from 9 a.m. to 3 p.m. at the North campus community room. The defence session typically takes place during the start of the fall semester and again early in the winter semester.

## Campus clinic seeks to alter flu shot misconceptions among students

Sara Florez

LIFE REPORTER

With the winter and flu season approaching, Humber College provided a flu shot clinic where students were ready to endure the pain.

The Student Wellness and Accessibility Centre set up flu vaccination stations in the LRC building from 9:30 a.m. to 3 p.m. ending today.

Many Humber students took advantage of the clinic on campus because it was accessible to them and one less thing to worry about.

Humber Early Childhood Education student Kerchel Colthirst says getting the flu shot every year is the reason why she hasn't gotten sick.

"I walked into school this morning and saw the clinic since it wasn't hard to miss," she said. "I knew right away I should get vaccinated and get it over and done with since every year it's helped me not get sick."

Toronto Public Health says the flu virus is always changing which means a new vaccine is needed

every year. About 50 per cent of the vaccines have been effective in healthy adults.

Humber law clerk student Doorkhanai Qudrat says some people think getting the flu shot is a waste of time, but not her.

"It's so important to get the flu shot," she said. Humber students and staff should view getting vaccinated as a community service.

"I don't understand people who look at the flu shot as something bad, it's the total opposite of that," Qudrat said.

This time last year there was low influenza activity since the flu season is generally in the late fall and winter months according to Health Canada's FluWatch, which reports that 16 flu outbreaks occurred so far this year.

Toronto Public Health recommends that not only should infants, pregnant women and the elderly should be getting the vaccination, but also people with a medical conditions and weak immune systems.



GABRIELA ARGUETA

A Humber Bachelor of Nursing student, preparing to administer a flu shot during this week's campus flu clinic.

Hospital for Sick Children nurse Andrea D'Souza says often young adults, such as students, think it's not necessarily important to get vaccinated.

"More than a handful of times I see kids getting the flu because their family members don't consider get-

ting vaccinated," she said. "It's frustrating to me because it's mainly the younger generation and sometimes parents even in those families who put their siblings or kids at risk of getting the flu."

Qudrat said if students are too scared or think they'll be waiting

too long to get their flu shot, they're wrong.

"The whole process here at the campus clinic is really fast," she said. "It took me less than 10 minutes, from signing up to getting the shot and it is not (painful) in my opinion."



ALEEMA ALI

“Ronnie” by Luvsumone (Moises Frank). One of the largest murals in the main area of the Small Arms building

## Visual arts students create a gallery space In Situ

Aleema Ali

NEWS REPORTER

In Situ translates roughly to ‘in place,’ and an art show in Mississauga at an abandoned factory had Humber students drawing inspiration from the history of the area.

Second-year students from Humber Lakeshore’s Visual and Digital Arts (VADA) program showcased their projects as part of a new, experimental course called Special Topics in Contemporary Art.

The partnership between In Situ and the Small Arms Society was formed around the development of the course, which allowed students up to one month to create unique projects with real-world, applied research opportunities in groups of four or five.

The gallery was held in the Small Arms Building, which is a refurbished facility that once produced weapons for Allied soldiers during the Second World War, but is now a creative hub on Lakeshore Road East.

Cole Swanson, professor and

program coordinator for Humber’s Art Foundation, said students were introduced to the site, connected with research resources, and then facilitated on-site working sessions to create dynamic artworks for the In Situ festival.

“This course represents the unique direction that Humber art programming is engaging with respect to a challenging, and experiential approach to applied research in the visual arts,” Swanson said.

Swanson also hired Sharlene Bamboat, a Toronto-based artist who works predominantly in film, video and installation, to collaborate with the students on their site-specific art installations.

She said the event could not have come at a better time for the students, and they worked extremely hard with the space they were given.

“It’s really hard, practically, to make an artwork in this space,” Bamboat said. “It’s raw brick everywhere, it’s super cold. When we came here, nails were sticking out of

the walls, broken glass everywhere. “It happens a lot, artists get thrown into spaces and they’re told to make work in this magical space,” she continue.

The hardship of the artists parallels the work done inside the building in the 40’s. Bamboat got the students to think of that history and how they could invoke it within the space they were given.

One student in particular created one of the larger murals in the main facility that explores the roles of women workers in the war effort.

Moises Frank, a second-year VADA student, grew up in Hamilton throwing graffiti on walls and abandoned buildings. By the time he was 16, he knew this was what he wanted to do when he did a piece for a dentist’s office at Dundas and Bathurst Streets in Toronto.

Frank said he values education, since not everyone has access to it. He said he made enough money through his art to pay for his schooling.

“Growing up in Hamilton, I would

paint in abandoned buildings all the time,” Frank said. “This was my first time doing it legally, which was so different. Like I would come, there’s coffee and snacks and a ladder, not scared, just chill all day and paint.

“It’s really a dream come true.”

He intended on depicting Rosie the Riveter on his mural, a cultural icon of the United States representing American women who worked in factories and shipyards during the Second World War.

But Frank discovered through his research that there is a Canadian version of Rosie.

Veronica Foster, known as Ronnie the Bren Gun Girl, worked in a Toronto factory making Bren machine guns. She was part of the almost one million women who worked in Canada’s war during World War.

In the mural, Moises decided to cut her open and have space and stars coming out of her body, representing the more we learn about ourselves and where we come from, the more we learn about the universe.

## R&B showcase fronts ‘amazingly talented students’

Chelsea Mendes

ARTS AND ENTERTAINMENT REPORTER

Humber Music faculty are welcoming students to the R&B showcase at the Lakeshore campus tonight at 8 p.m.

The bands performing are all composed of musicians from Humber College, with such acts as The Groove Merchants, R&B Ensembler, and Rhythm n’ Soul.

“(The audience should expect) an incredible performance by some amazingly talented students. Come out and get funky,” said Humber’s head of percussion, Mark Kelso.

Kelso’s The Groove Merchants categorize their music as funky and soul, and they will play tribute to three artists who died this year, David Bowie, Prince and Maurice White.

“I hope they will see the benefits of hard work paying off in the form of a great concert and see just how much fun it can be playing great music with great players in front of an audience” Kelso said.

Will Jarvis’ Rhythm n Soul Collective will play a variety of R&B, soul and funk music from the 1970s, ‘80s and ‘90s.

Jarvis said at the beginning of each school year, a new group of students is recruited as the musicians of the Rhythm n’ Soul Collective. This year’s lineup had eight weeks to put together a high-energy show ahead of tonight’s performance.

“The audience will be up singing and dancing at this show for sure,” Jarvis said.

The head of Humber’s vocal department, Lisa Martinelli said she hopes students will be inspired after Friday’s showcase and that it will allow students to support their peers.

Humber students should expect “a very energetic and fun show featuring some of our finest singers,” Martinelli said.

Humber music students can attend for free. The cost is \$5 for other students and seniors and \$10 for non-students.

## First of LinX’s weekly live music nights draws small crowd, warm support for musician

Daniela Gitto

ARTS AND ENTERTAINMENT REPORTER

It was a disappointing turnout for the first Live Music Friday event hosted by Humber College’s North campus bar, LinX Lounge last week as only one performer showed up.

A few Humber students occupied the bar stools when the event began at 2 p.m. rather than noon due to musicians cancelling their appearance. But the folk singer who did show awed the small crowd.

Second year paralegal student, Neel Narine compared University of Guelph-Humber student, Kylie Precepa’s voice to Canadian sing-

er-songwriter, Sarah McLachlan.

“I didn’t know that this event was going on, but I walked in and her voice just hypnotized me,” Narine said.

Precepa’s 45-minute set featured many originals as well as two covers, “My, My, Hey, Hey” by Neil Young and Dolly Parton’s hit “Jolene”.

“It’s always nice to have a few people in the crowd that you know are listening and engaging even if the rest are just playing pool or drinking,” Precepa said.

Some say the lack of advertising was the cause for the poor attendance, but LinX staff hopes word-of-mouth can be a strong tool towards getting more performers to come out

for the weekly live music event.

“I think we just haven’t gotten enough people to know about it yet so I think as people use the word of mouth from seeing how great (Precepa) was, more performers will come out,” said assistant manager of LinX, Allie McKinnon.

Narine said more people need to come out to these events and support local musicians in all genres.

“If we don’t support local talent, we will never have artists like Nelly Furtado or The Weeknd or any one for that matter,” Narine said.

LinX staff say they plan to improve the advertising and continue to give Humber musicians a chance to showcase their talent.



DANIELA GITTO

Kylie Precepa as only performer at Linx’s first Live Music Night last Friday.



SANZANA SYED

An inside look at new Centre of Entrepreneurship building at renovated G Cottage on Humber Lakeshore campus.

## LaunchPad contest grows businesses

**Sanzana Syed**

GENERAL NEWS REPORTER

For student entrepreneur Laura Velez, every learning experience is crucial for her business.

For the third time, the Lakeshore public relations student is entering the Humber LaunchPad Competition this year, held on Nov. 10 and 23, with her business team. The prize is a share of \$40,000, which is to be used for the development of their brand, VYB3.

“[LaunchPad] gives students the opportunity to get their business started,” Velez said. “But [it] also puts you in a real world situation where you would have to pitch yourself and your company to complete strangers.”

Earlier this September, the G Cottage at Lakeshore campus reopened its doors –for the first time since the 1990s—as the Centre for Entrepreneurship and the home to the LaunchPad contest.

The CfE boasts special rooms like a media production lab equipped with green screens, echo-free re-

ording spaces, and 3D printers; a focus group room full of audio and visual equipment; board rooms, meeting rooms and shared spaces equipped with video-conferencing equipment and computers.

Jim Skinner, a business professor at Humber College, leads workshops at the CfE. The workshops are designed to give students from all Humber locations basic information to start a business.

“There are no real magic personality traits for entrepreneurs,” Skinner said. “The evidence is that most people are capable of making money by working for themselves.

“In my experience, the most successful entrepreneurs are those who think it’s fun to make money,” he said.

Skinner said these workshops are sharpening the technical skills that students have to go into businesses themselves. Graduates are in an age category with record high unemployment rates and an economy where they are least likely to be able to rely on long-term employment.

Bram Cherun, one of the pro-

gram assistants for CfE, said time management is a challenge for students trying to start up a business.

“Launching a start-up is a full-time job that doesn’t often pay the bills from the get-go so most of the members of our student-led start-ups have needed to also find part- or full-time work,” Cherun said. “When you add in the student’s demanding school schedule, you will find this student being pulled in a number of directions, which can be very difficult for many individuals.”

Humber alumna Ebyan Noor recently launched the website for her artisan skincare company, Butter Skin.

Noor originally submitted her business concept and product prototype to the LaunchPad competition in 2015. What was once called the Humber Launch –now the CfE– has benefited Noor with her growing business today.

“It was an awesome experience,” Noor said. “It is also a great opportunity to network with other like-minded individuals and be a support system for each other.”

## Walmart-Visa battle to affect low-income people, students

**Sulaiman Akbari**

BIZ/TECH REPORTER

The one-stop store for all essential needs just became less convenient.

Walmart Canada stopped accepting Visa credit cards in 16 stores in Manitoba last month. The company stopped accepting the card at its Thunder Bay stores in July. Eventually, all its stores in Canada will stop accepting Visa, as Walmart claims the transaction fees — 1.5 per cent of the sale value — are too high.

Third-year Humber College Business Management student Kevin Kurian, 21, said if Walmart refuses to accept Visa it will create problems for him.

“When I shop at Walmart, I go to buy a lot of items and I use Visa to buy those items,” Kurian said. “With Visa being gone, it will make me pay with cash or use debit.”

Kurian says he and other students use Visa because they rarely have cash on them, making Visa a convenient way to pay for items.

“As students, we depend on our credit cards to pay our expenses,” he said. “With students, it all comes down to debit or credit.”

Kurian said if Walmart takes away Visa then they would have to resort to other retailers where the prices may not be as low as Walmart’s.

Humber coordinator of the Marketing diploma program, Christine McCaw said Walmart’s decision to cut Visa will have an impact on Canadians who use Visa for points.

“Walmart being one of the largest retailers in Canada and stopping the partnership with Visa will create a downstream impact for those who carry a Visa card for points,” McCaw said.

“I think that there is going to be a change in consumer behavior,” McCaw said. “Maybe Walmart will start to lose some customers as they

will go to other places where Visa is accepted.”

Walmart’s decision to cut Visa because of high charging fees may also create a negative impact on top of losing customers.

“As consumers look and say ‘you make billions of dollars every single year and now you’re trying to cut costs?’” McCaw said of the U.S. \$35-billion retailer, adding she wouldn’t be surprised if consumers shop at other retailers where they accept Visa to get their reward points.

First-year Humber College electrical engineering student Jommel Tang-o, 19, said shopping at Walmart with no Visa will impact him slightly.

“If I shop at Walmart to use my Visa, I am shopping for TV’s, game systems, hardware products and so on,” Tang-o said. “Basically the more expensive items I buy is when I use my Visa.”

Tang-o said he doesn’t think the inability to use Visa will impact students who shop more lightly.

“It shouldn’t impact students who buy few items but it may impact those who are young adults to seniors who do regular shopping at Walmart,” he said

Tang-o and Kurian both agree it all depends on what Walmart has that other retailers don’t if they need to use Visa.

McCaw said she thinks the way for both sides to renegotiate a deal is to keep it away from the public realm and as a private deal.

Visa Canada President Rob Livingston said in June that Walmart launched a public fight and is “unfairly dragging millions of Canadian consumers into the middle of a business disagreement that can and should be resolved between our companies.”

He said Visa is worried about how Walmart’s decision will affect consumers.

## Study says technology not to blame for poor attention span but profs disagree

**Murissa Barrington**

BIZ/TECH REPORTER

Past studies have suggested extensive use of social media leads to a shorter attention span, but recent research suggests this may not be the case.

The new report, published by the International Journal of Social Media and Interactive Learning, found there isn’t any difference in attention spans or sociability between frequent and infrequent users of social media. It also states the ability to manage stress levels when under a time crunch is not affected.

Applied technology professor Des McCarville disagrees. He argues students in his class are unable to concentrate if they’re simultaneously on their phone or social media during a lesson.

“I don’t think you can retrieve it. It (information received while on social media) doesn’t store for

long term memory and, let’s face it, they’re playing games,” McCarville said. “You know what I tell my students? If you want to play the game, then go out, play the game.”

Such use of devices “is saying you don’t want to be here,” he added.

Things have changed drastically since McCarville began teaching 15 years ago. He says human beings’ extensive history of using handwriting makes it difficult to learn optimally by simply typing.

“We have 40,000 years of thinking and communicating to our hands, to write something down... it’s only in the last 10 years that we’ve been punching it out on the keyboard,” McCarville said. “So you have 40,000 years of ingrained DNA saying...the best way you can learn is if you actually use your hands.

“Which is what I try to tell the students if they’re saying, ‘oh no, we’re just punching it in on our phone or our laptops,’” he said. “Well, it goes

in but it doesn’t stay.”

Harshneet Kaur, like many others in her generation, constantly uses social media. A first year Media Communications student, Kaur has at least four or five social media accounts and says social media can be very distracting when she’s studying.

“Today I was doing an assignment and I got a message on my phone and then on Facebook,” Kaur said. “I started talking to that person and it ended up being a one-hour talk. I could have finished my assignment in that time.”

But Computer Programming professor Scott Fielder sides with the study. He points out that it requires a certain level of concentration to be able to use social media so often.

“I don’t think it screws up our attention span at all,” Fielder said. “I think the proof is if they can sit there and text for eight hours a day,

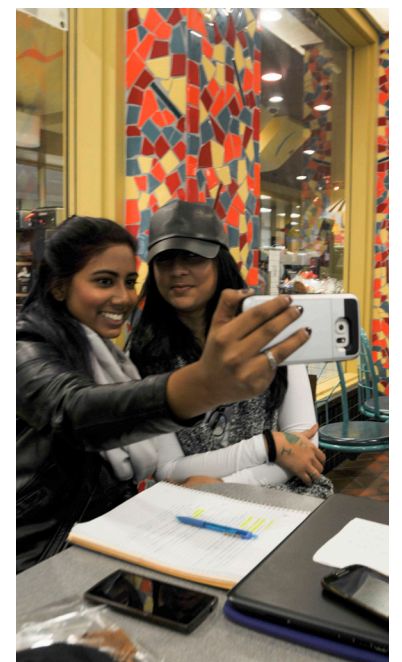
I can’t do anything eight hours a day but I watch your generation sit there and text for eight hours a day solid.

“So I know your minds are powerful,” he said.

Fielder, who also teaches video game programming, says the issue is not so much that people appear to be absent minded, but that they’re often expected to be available on all social media sites at once.

“If my phone went off, I wouldn’t answer it. I would talk to you,” he said. “But your generation would answer the phone and say, ‘Excuse me one moment I have to face-back,’ or ‘I have to text back,’ or something and respond to that communication. Because on the other line they sent you a note and you’re meant to answer it and not at your leisure,” he said.

“I think their stress level is getting up because I think they’re trying to multitask more than our brains can handle.”



MURISSA BARRINGTON

Young people are expected to be constantly available online while also being present in class.

# Sexy dress code for workers a violation



Restaurants have been facing heat due to discriminatory dress codes for female staff. At many restaurants and bars women are pressured to dress sexy in an attempt to draw in customers and even keep their jobs. Many of these dress code requirements involve short skirts, tight clothes, and high-heels. Some requirements even go as far as outlining heavy make-up, how hair is done, a certain amount of jewelry, and acceptable shades of nail polish.

What some women don't seem to know is that these requirements may violate their human rights and they have the right to object.

While men and women in restaurants and bars are often doing exactly the same tasks, it's obvious that men are not expected to sexualize themselves in order to get, perform or keep a job. These sexist

dress codes aren't just enforced in restaurants and bars. Late last year, a temp agency placed Nicola Thorp in a secretarial position at a British branch of the finance company PwC. Shortly after she showed up on her first day she was sent home, without pay, for not wearing heels. She was given the option of immediately going out and buying a pair of two- to four-inch heels, or going home for the day. When she pointed out that her male colleagues weren't required to wear heels, she was laughed at. Earlier this year Thorpe started a petition to try to make it illegal for a company to require women to wear high-heels. The petition ends on Nov. 9 and has already hit its signature goal.

In November 2015, two former Bier Markt restaurant employees, Becky Lockert and Danielle Barbeau,

filed complaints with the Human Rights Tribunal of Ontario over the restaurants' dress code. Media attention to the issue prompted the company to back down, and employees now have the option of wearing pants or a dress. In June 2013, Ashley McKenna received \$2,848 in lost income and \$17,000 for injury to dignity, feelings and self-respect, from her previous employer after she filed a human rights complaint.

These are a few cases where women have decided to take a stand and won, but overall women are losing. The number of formal complaints filed just doesn't reflect the scope of the issue. This could be because workers aren't aware of their rights, or would rather quit than go through the process of filing a human rights complaint. Many women stay in their jobs and suck it up

because they need the money and feel it's their only option. Nobody should have to endure workplace discrimination. They shouldn't have to quit, and they shouldn't be forced out by getting less and less shifts.

According to Canada's human rights codes, companies should not make employees dress in a sexualized or gender-specific way. Restaurants don't have to forfeit a unified look among their employees in order to provide equality. All they have to do is give women a choice, and then try not to penalize them for their decision. Easier said than done, maybe. But these are young women, and for many their first experience in the workplace. What kinds of messages are being sent to an 18-year-old when she is told that she needs to show more skin in order to be good at waiting on tables?

*Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.*

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# Legalization -- you know the deal



**Jimmy Kakish**  
NEWS EDITOR

hour later, with bush, an apt descriptor for low-grade cannabis.

Lack of quality control and the possibility of being jumped are two of the many inconveniences that the systematic criminalization and non-regulation of marijuana in Canada yields. There are also issues like the nearly eight decade-long effort to keep marijuana illegal, which according to economist Jeffrey Miron, as quoted in Huffington Post, is an uphill battle that costs the U.S. \$20 billion per year.

Through researching his 2008 essay, *The Budgetary Impact of Ending Drug Prohibition*, Miron found that if marijuana was legalized and regulated, it would save U.S. \$8.7 billion in government outlay in the U.S. Marijuana would also increase tax revenue. For example, Colorado department of revenue documents show that through piff sales in the state -- where weed has been legal and regulated for recreational use since 2012 -- generated a total of nearly U.S.\$123 million in taxes and fees.

The prohibition of pot in Canada also leads to more arrests, which in turn yields a punishment of up to half

a year in jail and/or the payment of a \$1,000 fine for a first time offender.

It's been determined by Stats Canada that the semi-annual cost in 2014 to keep an individual inmate imprisoned is about \$58,500.

On another note, cannabis has been proven to effectively treat patients suffering from illnesses and diseases of many kinds. In 2013, the *Globe and Mail* reported that 37,000 Canadians used medical marijuana to treat conditions like anxiety and depression. This treatment works by "stimulating the endocannabinoid system and [increasing] neurogenesis, similar to the way many anti-depressants do but without the required daily regimen," according to *Coloradopotguide.org*. It also provokes appetite and decreases sensations of pain in cancer and HIV/AIDS patients and lowers eye pressure in glaucoma patients, causing improvements in eyesight. Canadian soldiers have lately been in the news for their increasing use of medical cannabis to treat PTSD.

However, at this point, marijuana is only beginning to be recognized as a prominent, effective medicine.

There is little to no information on the long term effects of using pot as a regular medicine.

Despite popular opinion, CAMH states that smoking weed can harm users. The organization said in a report on their website that marijuana smoke can do more damage than most think.

However, there are alternatives to administer marijuana as a form of medication, such as consuming edibles (food infused with marijuana) or using a vaporizer, a device that heats up the dried bud just enough to release the chemical tetrahydrocannabinol, or THC, the psychoactive ingredient in pot.

"Vaporizing cannabis is said to remove approximately 95% of the smoke that is inhaled," said website *TruthOnPot.Com*.

Marijuana policies are quickly progressing and soon enough, the green wonder-drug will be available for recreational consumption, courtesy of Prime Minister Justin Trudeau. In a poll taken in 2014 by the Department of Justice, it was noted that 37 per cent of Canadians believe that marijuana should be legalized. At this point, it

would be foolish not to legalize, regulate and reap the positives of marijuana, considering all of the economic and health benefits it yields.

# Only problem with platonic friendships is everyone else

**Hayley Michaud**  
ARTS AND ENTERTAINMENT EDITOR

How many times do you see magazine covers and blog posts about whether or not men and women can be 'just friends'? And how many hours do you waste wondering if your friend is secretly in love with you? There's a good chance one of those numbers is absurdly high, and the other is relatively low.

It could just be my millennial way of life, but how is this still a real topic of conversation? Through my entire education, along with most of my

friends, I have had platonic relationships with people of the opposite sex. Maybe it has something to do with the fact that all of my parent's friends had sons instead of daughters, making me the only girl in virtually every play-date I had prior to kindergarten, while most of my friends seemed to have at least one opposite-sex sibling.

Perhaps men and women just being friends is simply a sign of the times. Maybe we understand the benefit of multiple perspectives among a group better than before. We are acknowledging that people can have much more to offer than the potential to procreate. If a one-sided attraction develops, it doesn't have to be the end of the friendship -- the

smitten party just has to grow up and value the friendship more.

I'm likely not in the minority in saying my close friends are far more than their genders. They're the people I choose to spend time with because they enrich my life. They're horror buffs, music lovers, and bookworms. They all have passions for things that lead me to have new experiences, that broaden my scope of the world. They're the people that at the end of a long week can make me laugh until it hurts, no matter what we're going through.

None of those things are gender specific, and while I think it's impossible not to care about the people that you spend lots of time with,

these friendships are so much more important than whether or not you want to sleep with someone. While romance can, and often does, come from strong friendships, I don't know any people who only make friends to try and find dates.

So why does it seem like every other post from women's magazines includes a piece about men and women being friends? I'm sure if you searched the topic you would find hundreds of articles with titles like 'Signs your guy friend is secretly in love with you' or 'How to tell your friend you want to date them'. I suspect this is done to induce insecurity. If women are constantly worried that anyone who might try to talk to them

is also trying to sleep with them they might be more likely to spend ridiculous amounts of money on the make-up *Glamour* tells you will make him swoon or the clothes *Cosmo* says he'll want to rip off of you.

Perhaps it's as simple as the editors-in-chief of these publications being just that little bit older, meaning they spent their childhoods being interrogated by parents about the guy from school they were studying with, or that girl who likes playing the same video games as the guys in the group.

While the magazines continue to make hay with this non-issue, I think it's safe to lay the matter to rest once and for all.

**QUOTED**

**How do you handle attraction towards/between friends?**

Make it clear that these are your views and not mine



**Simran Kaur**  
HOSPITALITY MANAGEMENT, 2ND YEAR

Don't be too pushy. If something happens, then something happens, but if it doesn't I guess it just has to stay the way it is.



**Ruben Teixeira,**  
SPORTS MANAGEMENT

I try to explain to him I'm not interested. Don't expect things from me.



**Diksha Chaudhary,**  
HOSPITALITY MANAGEMENT, 2ND YEAR

**TO THE NINES**

**Jessa Santiago, 20**  
Bachelor of Nursing  
2nd Year



**Dress: Forever 21**  
**Boots: Simmons/ Steven Madden**  
**Jacket: Grandfathers/Roots**  
**Poncho: Dynamite**  
"General Instagram \*Laughs\* My style changes constantly, today I have a birthday party after school, otherwise I wouldn't be wearing this at all."

**HOROSCOPES**



**JAN. 20 - FEB. 19**

Don't get into the holiday spirit just yet. If you put up decorations too soon, they're more likely to fall on you.



**FEB. 20 - MAR. 20**

The stars have no effect on you when it comes to big decisions. You're on your own this week.



**MAR. 21 - APR. 20**

Whatever you're after just go for it. You will never get the answers without asking some questions.



**APR. 21 - MAY 20**

The absence of pumpkin spice hits you hard this week. It's time to accept that peppermint mocha season has arrived.



**MAY 21 - JUN. 20**

Take the time to just sit and enjoy your favourite song and a cup of tea. You'll learn some things.



**JUN. 21 - JUL. 22**

Get a start on the holiday shopping now, no one wants to be on the news for having a breakdown in the Eaton Centre



**JUL. 23 - AUG. 22**

Now midterms are over, take a few deep breaths; the semester's almost done, and then you're free for a few weeks.



**AUG. 23 - SEPT. 22**

If someone tells you you couldn't hurt a fly, prove them wrong.



**SEPT. 23 - OCT. 22**

Put down the leftover Halloween candy. No one needs to eat a hundred mini candy bars in one week.



**OCT. 23 - NOV. 21**

If the impending U.S. election has you stressed, Brexit has been halted so you can still move to the U.K.!



**NOV. 22 - DEC. 20**

Don't let the time change force you to fall back into new habits.



**DEC. 21 - JAN. 19**

Delete their number and move on, you deserve better.