



It's election day. Rush The Vote encourages students to take part. See story page 2

What's in our water? In Focus gets under the surface of T.O.'s water systems. Pages 13-14



# Humber EtCetera

Thursday, October 2, 2003

Volume 32, Issue 3



The Humber Hawks remain undefeated after six games this season, tying the St. Clair Saints 0-0 last Saturday in Windsor. See Sports for full story.

## New computers won't have floppies

By Ben Rycroft

Computer problems that have plagued students in the first month may be merely nuisances compared to the larger problem looming on the horizon for Humber students.

Starting next year, Humber's major computer supplier, Dell, will no longer be shipping computers with floppy drives.

That means anyone used to transferring data from a home computer with a floppy drive will be forced to find alternate technology.

Humber, which spends around \$700,000 a year on leased computers with Dell, is scrambling to bridge the gap.

"There will be no floppy drives in the machines being sent next year. What we are looking around for at this point is a moveable technology to support the current situation we are faced with," said Humber's Chief Information Officer Mark Naylor.

"Supplying the students with thumb drives is one possibility. They plug into a computer's USB port and are only about the size of a matchbox," Naylor said.

Thumb drives cost around \$90 each and store 128MB, whereas floppies hold only one megabyte.

So far, Humber hasn't decided if the school will provide students with thumb drives and include the

cost in tuition, or if students will have to get their own.

Students faced with this impending reality don't like the implications.

"More fees? On top of tuition and books! I'm dreading it. Seriously!" said executive administration student Anna Aidoo.

Elizabeth Ward, a first-year law student, echoed the sentiment.

"I guess it's no different than paying for floppies now, but it would be all about the cost."

Naylor couldn't confirm how many new computers will be brought in next year.

Meanwhile, the MS Blaster virus has also been wreaking havoc

with the residence's computer system.

"There were 30 people in residence who had Blaster on their computers and we shut them down for days, preventing them from getting to the network," Naylor said.

To prevent similar problems, an anti-virus disk has been distributed to residence and staff are now going room to room, floor-to-floor, wiping the computers clean.

But Naylor insists this is only a temporary solution as new viruses are always invading Humber computer software and pleads with students to be continually "vigilant" with updating their anti-virus software.

### What's Inside This Week

See Five Blank Pages this Sunday at the Horseshoe. **Page 8**

Humber's radio station was rejected again for broader frequency. **Page 11**

Humber comedy grad, Gilson Lubin, wins Vegas comic fest. **Page 15**

Check out next week's paper for our Screemers Hallowe'en contest

# Hot seats empty

By Peter Armstrong

The NDP took centre stage during last Thursday's provincial candidates debate at Humber's North campus with the glaring absence of both the Liberal and Conservative representatives.

Although HSF President Valerie Rothlin said all of the local candidates agreed to come to the debate, both the PC and Liberal campaign offices said they were unaware of the event.

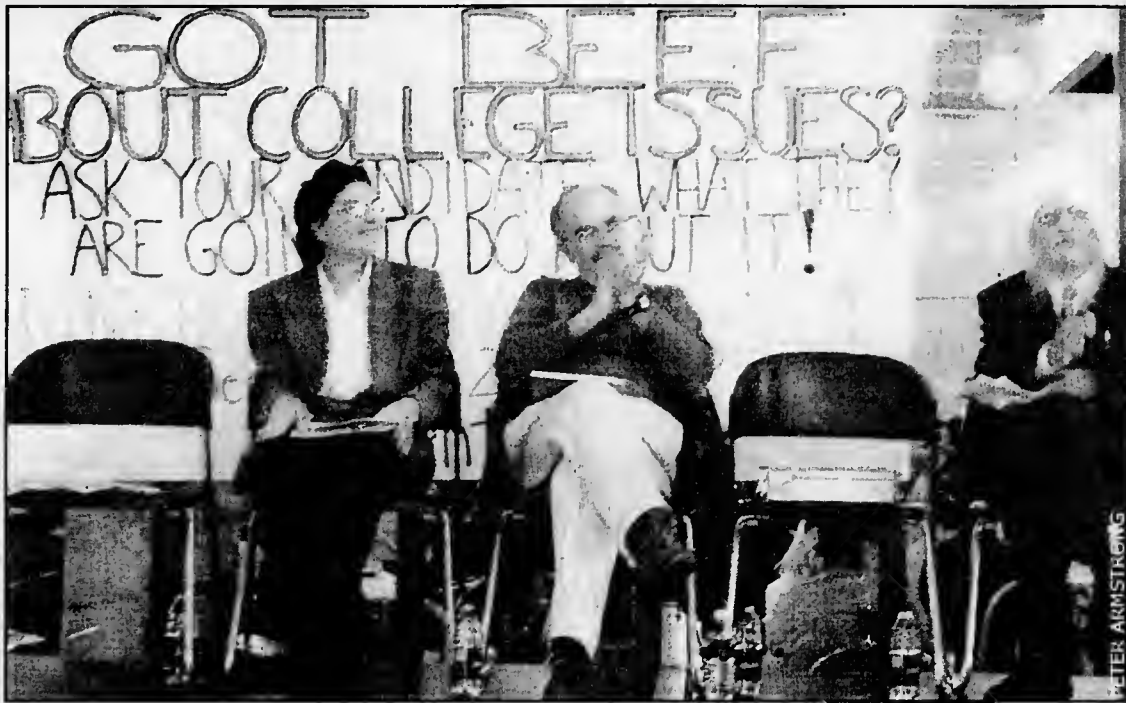
"At the end of the day, you can't go to every debate in the world," said Brett McFarquhar, campaign manager for current MPP Baljit Gosal from the Conservative Party. "Only 20 or 30 people at the school live in the riding."

Siloni Waraich, campaign manager for Liberal Shafiq Qaadri, said that she did not hear about the debate and she is the only person who schedules appearances for the candidate.

"He's been doing three interviews a day for Humber students lately," she said, referring to journalism students writing about the election for class.

Qaadri also made an appearance on campus two days before the debate to talk to a journalism class.

Without his two main rivals, NDP candidate Kuldip Singh Sodhi debated with Teresa Ceolin from the Family Coalition Party and independent candidate Frank Acri.



Humber's north campus debated election issues with Family Coalition representative Teresa Ceolin, independent candidate Frank Acri, and NDP representative Kuldip Singh Sodhi. PC candidate Baljit Gosal, and Liberal candidate Shafiq Qaadri were no shows.

Ceolin blamed the media and Elections Ontario for the lack of exposure that her party has received leading up to the Oct. 2 election, pointing out that they have been given less than one minute of coverage from the CBC and were not invited to the televised debate last Tuesday.

The Family Coalition is a right-wing party that disagrees with same-sex marriages and supports privately owned schools, with no plans to raise the minimum wage.

Acri, a former Humber student, stressed that if elected, he would be able to act on the best interests of Etobicoke North, without pressure from a provincial political party.

Sodhi echoed the NDP's platform, highlighting public auto insurance, a 10 per cent tuition cut, and an immediate increase in minimum wage to \$8 per hour.

When asked for his personal view on same-sex marriages, which is an issue addressed by the federal government, Sodhi spoke

against his party's stance.

"At my own house, I do have a problem with it (same-sex marriages) because I am an old-timer," Sodhi said. "I have to learn more things from you kids. I'm not saying I don't have to learn. Maybe my mind is blocked on that and I have to clear it out."

Many students stopped briefly to listen to the candidates, but very few stayed or took advantage of the opportunity to ask direct questions.

## Toronto youth rush the vote



In Rush the Vote's concert setting, young people felt more comfortable asking questions about political issues.

By Peter Armstrong

Hundreds of teenagers and their families filled Dundas Square last Saturday, where Rush the Vote used art and education to encour-

age political awareness among Canadian youth.

The rally showcased a variety of Canadian musicians supporting youth involvement in politics. Those performing included

Choclair, Code Blue and local spoken word artist Travis Blackman.

"It's more than important to vote because until we are ready to do things ourselves, we will continue to be in a state of crisis," Blackman said.

"Voting gives the opportunity to choose how you would like things to be. We better start now, because soon, very soon, voting will no longer be available to us. Read 1984 by George Orwell."

Founded in 1997, Rush the Vote (RTV) has worked with the U.S. organization Rock the Vote to simplify political information in order for young people to understand and become more involved with their government.

RTV uses concerts, sporting events, school tours and lectures to educate youth in forums where they are already organized and comfortable.

Elections Ontario and political parties positioned information

booths surrounding the main stage at Dundas Square, where youths could ask questions between acts.

Jemeni, Mark Strong and Kass P from FLOW 93.5 FM hosted the event and were available to talk one-on-one with audience members throughout the day.

Although Choclair received the day's loudest reaction, Toronto born NBA centre, Jamal Magloire, could not be missed.

Magloire, whose half-brother was shot and killed in Toronto, commented on the problems of crime around the Humber campus.

"There's a high crime rate not only in the west end, but also in the east end, in Scarborough, where I'm from," he said. "Let's try to turn it around. Just because your friends are doing something, it doesn't mean that you have to do it."

Visit [www.rushthevote.ca](http://www.rushthevote.ca) for simplified political information.

## Student voters unaware of issues

By Celestine Frampton

Thousands of voters are going to the polls today in Ontario, but some Humber students are largely undecided or know little about the issues.

Chantal Walton, a fashion arts student, doesn't know who she'll be voting for, mainly because there hasn't been enough information about the parties made readily available to her.

"Instead of speaking at these press conferences downtown when all the students are in class, they should visit the colleges and universities," Walton said.

First-year electrical engineering student, Marcos Silba, said he won't be voting today.

"I am not voting because I don't know the people to vote for. I haven't really found out anything about the candidates or what they have to offer," Silba said.

"I am not going to vote and just pick someone. I need to know more."

Some students say that if politicians involved them more in their campaigns, they would take the time to vote.

However, both the local representatives and party leaders from the three main parties said they have been visiting high school, college and university campuses across the province. They say that information about the local representative, the party leader and the party has been distributed to schools as well.

Comedy writing and performance student Ashley Witshire said one reason why there isn't a larger student voter turnout may be that parties don't always address relevant issues for students.

"[Party leaders should] talk about issues that most young 'college goers' would understand."

Most students want lower tuition fees and more financial help from politicians.

Fees increased by 150 per cent over the past eight years under the current Conservative provincial government.

# Union told to say no

By Kirk Villamarin

Support workers, such as custodians, technicians and office staff, at all Ontario colleges are being asked by their union to reject the latest contract offer from the province in a vote on Oct. 7.

The union's bargaining team is concerned about proposed changes to the employee benefit package, including the introduction of an automatic payment card for prescription drugs. The union fears the

approval process associated with the card will delay access to new drugs.

"The proposed changes in our insurance arrangement are far too great a price to pay for the minor improvement in convenience that would come from having a drug card. We will never fall for it," states the union's Sept. 22 newsletter to support staff.

Currently, the drug plan automatically covers all new drugs. Under the proposed plan, new

drugs wouldn't be covered until they are reviewed and assessed by a committee.

However, Humber's Director of Human Resources, Deb McCarthy, said the drug card proposal is identical to the current drug coverage.

"Any new drugs will go through an approval process at Sun Life. Once they're approved, they will be put on to the drug card. That will take approximately a couple of weeks to get it online. If a person required those drugs ahead of time ... they would just send the bill in," McCarthy said.

"We've enhanced the support groups benefit plan to take care of the drugs."

She added that paramedical services have increased from \$300 to \$500 per person per year and orthodontic expenses have increased from \$2,000 to \$2,500. Crowns and bridges at 50 per cent co-insurance are covered by a separate maximum of \$2,000 per year. Basic services have a maximum of \$2,000 per year.

Humber's union representative, Helen Hrynkiw, said the contract talks have been very slow this year, possibly because of the provincial election.

"Bargaining this time was very strange. There is a lot of time out of the total days [provincial negotiators] set aside for bargaining," she said. "[Time] is completely wasted and they're not serious about bargaining. I think what they were doing was waiting for the election call."

The workers rejected an earlier offer on May 8, but must vote on the latest offer before taking further action.



Elvir Karabegovic, left, arm wrestles Eddie Amegah at North campus for two tickets to the Leafs game.

## Food services quells fears of tainted beef

By Darren Mifsud

Students can feel safe about eating beef and meat products at Humber despite the tainted meat scandal at Aylmer Meat Packers.

Humber's General Manager of Food Services, Don Henriques, is certain of the quality and cleanliness of the food served at Humber.

"Within the past six weeks we've had about six of our facilities inspected and they all passed the requirements of the Etobicoke Board [of Health]," Henriques said.

He said Humber has never been associated with Aylmer and only deals with federally inspected meat packers.

Henriques also said that once they receive the meat products, kitchen staff go through another quality control check.

"We just ensure that when we order frozen meat, it's actually frozen when it comes in. It's not thawed, there's no blood, there's no

open boxes, and the chicken is not dripping into something else."

Aylmer Meat Packers has been under investigation in connection with slaughtering and distributing downed cattle (cattle that are too sick to stand up or that are dead on arrival to the plant). Downed cattle are not certified by veterinarians, and pose a potential threat to public health.

According to Henriques, even more precautions are taken in Humber kitchens.

"We do have separate sections in our kitchen where we handle our meats," he said. "We also use different types of cutting boards. Different colours represent different types of food preparation products, whether it's raw meat or cooked food or vegetables."

Henriques also explained that Humber gets its meat from a variety of respected sources like European Meats, Maple Leaf and Schneiders.



Third-year business student Krystle Grigonis washes her hands as a precaution for SARS.

## Handwashing key to preparing for SARS

By Nicole Catney

Although the fear of the return of SARS looms with the upcoming flu season, John Davies, vice-president of administration services believes Humber's prepared for an outbreak.

"Basically the position we take with any kind of public health advisory is to follow the directions of the public health officials. That's exactly what we did the last time," Davies said.

So far, Humber hasn't received any information regarding what precautions to take.

"What we were told by public health is to basically be business as usual. But the best thing we could do is to encourage good hygiene, particularly hand washing. Last year we put out the signs in the washrooms, and we intend to keep them there."

Another reason Davies is at ease with a possible SARS return is the health centre at the school. Currently the health clinic is screening all patients.

Marg Anne Jones, chief of the health unit was a major asset last year, he said. She acted as a liaison between the school and public health. Jones was unavailable for comment.

The Etobicoke Urgent Care Clinic will begin screenings next week for all patients. They will be required to fill out a form while in the waiting room and if necessary get their temperatures taken. Although there has never been a SARS case at the clinic, receptionist Rozana Haniff is prepared to deal with the onslaught of phone calls as the winter season approaches.

"There has not been anyone recently asking us questions, but we expect as the winter season approaches to have quite a lot of concerned patients. Last year there were constant phone calls and people coming in to ask questions," Haniff said.

Anyone with concerns can contact the Humber Health Clinic or the Etobicoke Urgent Care Clinic for more information.

## Non-Ontario students want chance to vote

By Justin Midgley

Students who come from outside of Ontario are being given mixed messages for the 2003 Provincial Elections.

The Canadian Federation of Students (CFS) said students have the right to vote in the province in which they are currently living.

"Elections Ontario has radically changed their interpretation of the Ontario Elections Act," Joel Duff, Ontario chairperson of the CFS, said.

According to Duff, the act allows students, whose parents reside outside the province, to vote in Ontario. Duff said that on Sept. 9, a revision of the act attempted to discourage students from voting anywhere other than in their parents' ridings.

"Students from outside Ontario are still legally allowed to vote but Elections Ontario is sending out wrong information and confusing students," he said.

Students at Humber residence, who live outside Ontario when

they're not attending school, said they have just as much right to vote as those permanently living here.

"I think it's important that students currently living in Ontario have a chance to vote even if they're not native to Ontario," said Michael Wark, a music-jazz student from Halifax. "This is where they're residing right now and who knows how long they'll be staying. We have to live by the provincial laws so we should have input."



# Acne related to suicide



Dr. Gupta spoke at conference Tuesday that explored the psychological distress acne-prone teenagers suffer.

## Class temperatures either too hot, cold

By Gillian Brunning

Who hasn't heard a complaint about the extreme temperature variances in classrooms?

Carol Anderson, head of facilities management, said it's hard to please everyone. A survey is completed throughout the college in an effort to make the learning experience a comfortable one. The questions refer to the working environment of the classroom, in areas such as temperature, air pressure and quality of the workspace.

"Sometimes we will get [the surveys] back and three people will say it's too hot, and four people will say it's too cold. What do you do?" Anderson said. "It's all personal preference, what temperature to work in."

Meghan McDonnell, a first-year early childhood education student, said last year she found her classrooms too cold, but wasn't sure how to fix the problem.

"I filled out the survey. That was the only way I knew how to complain."

Facilities Management publish-

es a booklet that tells students how to make an official complaint.

"A majority of our calls are temperature related issues," Anderson said. "If we don't know about it, we can't do anything to fix it."

Many factors affect room temperature such as the time of day, the direction that part of the school is facing, as well as the number of people in the class, and the nature of the class. Labs, for example, can get overheated with the number of computers and equipment in use. The cause of the fluctuation may also be related to a more serious problem, like a blocked pipe, all the more reason to report the concerns.

Matt Popik, a second-year mechanical engineering student, finds the classrooms in the N building extremely hot.

"Twenty guys in a room, with not enough computers to go around, gets a little bit uncomfortable," he said. "When it gets too stuffy, I just go outside for a smoke."

"But talk to me in the winter, I'll probably say it's too cold."

By Olga Kirgidis

Acne can be a contributing factor to depression and suicide, according to a panel of experts at a news conference last week.

Dr. Madhulika Gupta, a psychiatrist at the University of Western Ontario, Dr. Maha Haroun, a dermatologist at Sunnybrook and Women's College Hospital, and former acne sufferer, Laura DiPierro, all spoke at the conference Sept. 24, at the Sheraton Centre Hotel in Toronto.

"The severity of depression and the psychological distress of an acne prone person can lead to thoughts of suicide," Dr. Gupta said.

Eighty per cent of Canadians develop acne from the ages of 12-24 and 11 per cent of the population continues to suffer into adulthood.

Dr. Gupta said she was prompted to study the link between suicide and acne after reading a report in the British Journal of Dermatology which said that out of 16 skin disorder patients who committed suicide, seven suffered from only acne

and no other ailments.

In 1998, Dr. Gupta studied and compared the depression rating of acne, eczema, localized hair loss, and psoriasis. Of the 480 people studied, 72 suffered from mild or moderate acne, and 5.6 per cent of those had suicidal thoughts. Only those with psoriasis (dry, peeling skin which can be a much more disfiguring skin ailment) were more likely to contemplate suicide.

**Of 16 skin disorder patients who committed suicide, seven suffered from only acne.**

Dr. Gupta said the results showed that acne can greatly impact the quality of life for sufferers. She also added that "the psychological effects of acne can persist longer after the acne is cleared."

Laura DiPierro developed acne at the age of 15, as she was entering high school.

"I wanted to make a fresh start and acne took over my life. I basically lost my adolescence," DiPierro said during the conference. "I would avoid eye contact with people. I would purposely grow my hair long to cover my face."

After spending over \$10,000 in treatment, DiPierro gave up trying to treat her acne at the age of 20. But, 10 months ago, DiPierro decided to try Diane-35, an acne medication that can also be used as a form of birth control, and said she saw miraculous results.

"Two months later, my face drastically changed, and after four months the acne cleared," she said. At 29, she is now acne-free.

Treating the acne is just as important as treating the depression caused by it, Dr. Haroun said. She added that it is important to treat acne to prevent scarring and the psycho-social aspects like depression, body image, and socialization.

Haroun said the major causes of acne include genetics, bacteria and hormones.

## OSAP payments late

By Liza Wood

A backlog in OSAP applications is also backing up students' finances.

Steve Storey, 25, is just one of many students who received his OSAP payment late and has now found himself hard up for cash.

"They said it would be seven to 10 days after I sent the forms but it was more like two weeks before they processed it and another week until I got it," the chemical engineering student said.

Financial Aid Manager Margaret Antonides, however, said many students are misinformed.

"I think [the students] are under the impression it will be here in a week, and in reality it takes seven

to 10 working days," Antonides said.

Because colleges and universities send their documents to the National Student Centre at the same time, processing is inevitably delayed.

Antonides added, however, that application errors and missing information accounts for most of the processing delays. But students paying their tuition late due to complications with OSAP won't be penalized.

"Once it's deferred to OSAP we know the money's coming so there's no further penalty," Antonides said.

Although the financial aid office is able to rush the processing for emergency cases, it still

takes time to check all the banking information.

"It happens every year," she said. "There are always some students who can't wait for the money to get in the bank because they need their books, they need everything."

For students who are really in a bind and cannot pay rent or afford transportation, financial aid will do what they can to help.

"When OSAP is really delayed, and it's not [the student's] fault, we will help them out with an emergency loan," Antonides said.

Emergency loans are distributed only if the student's OSAP has not yet been processed through no fault of the student.

McDeal™

Playing your favourites, every day of the week.

<p>McDeals™ every day of the week.</p> <p><b>\$1.69</b> PLUS TAX</p>	<p>MONDAY</p> <p>Big Xtra®</p>	<p>TUESDAY</p> <p>Big Mac®</p>	<p>WEDNESDAY</p> <p>McChicken®</p>	<p>THURSDAY</p> <p>2 Cheeseburgers</p>	<p>FRIDAY</p> <p>Filet-O-Fish®</p>	<p>SATURDAY</p> <p>Double Cheeseburger</p>	<p>SUNDAY</p> <p>Quarter Pounder® with Cheese</p>
--	--------------------------------	--------------------------------	------------------------------------	--	------------------------------------	--	---

© 2003 McDonald's Restaurant of Canada Limited. For the exclusive use of McDonald's Restaurants of Canada Limited and its franchisees.

Humber  
EtCetera

## Indian students are attracted by Humber's good reputation

By Priya Ramanujam

Humber's recruitment hot spot this year was India.

Of the 60 plus countries that are home to Humber's international students, India tops them all, bringing in about 160 students.

International Centre Manager Leanne Stillman said Humber

decided to develop a strong link with India for good reasons.

"Many of [the students] have studied English and they're prepared to come," she said.

"Plus, there are many Indians within the Etobicoke area."

Although Humber doesn't do much marketing in India, Stillman

said it is becoming well known.

"The price is good, the education is good and the Indian students understand the college system," she said, noting that part of the Indian education system was built by Canadian colleges.

Maharajan Karthik, an international student from India, said Toronto is a great place to study, especially because it is so multicultural.

Karthik, who is studying wireless telecommunications, said he chose the program because it's a market that is expanding quickly in India.

That is why Humber's post-graduate Wireless Telecommunications program drew in the second-largest number of Indian students, next to the business programs.

Students Rashmin Vyawahare and Kiran Cherukuri praised the practical aspect of Humber's program.

"Back in India, it's more theoretical," Vyawahare said. "Here it's more hands on experience."



Emmanuel Devapraguam, Maharajan Karthik, Shahul Mohamed and Umesh Palaniappan said Humber is also gaining a good reputation in Iran, Turkey and China.

## Humber's food bank runs high and dry

By Jaime Taylor

The shelves at Humber's food bank are shamefully bare, and HSF is working to make changes.

"We have a food bank under the HSF office [KX100], but it can't really support students yet," Conforti said. "It is very limited...we are working on expanding it, and that should be functional by next term."

The existence of a food bank was news to many students, including Kim Smith, a first year hotel management student.

"I had no clue Humber had a food bank. I would use it, not for myself, but to help other people out," she said.

HSF is hosting a "Turkey Trot" 10 km walk or run Oct. 11 at the Lakeshore campus, to raise money for the Daily Food Bank in Toronto and at Humber campus.

Nadia Conforti, HSF vice president of administration, is campaigning with the Daily Food Bank to provide Humber students who may be cash-strapped with a food bank at school.

Some students at Humber are finding it hard to pay for basic

they have 4,793 students on OSAP.

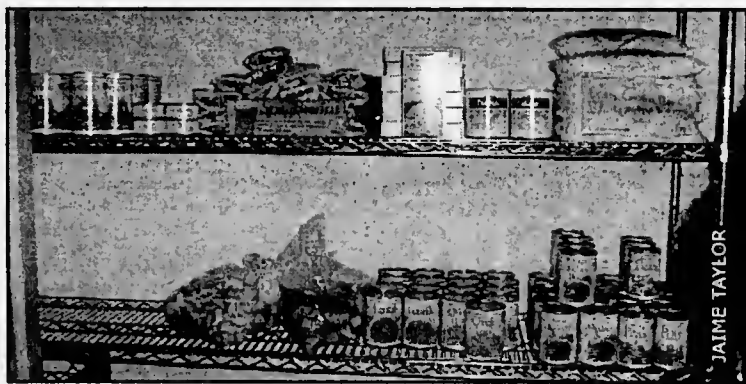
"Every year students are paying all the bills involved [with getting an education,] and sometimes there are unexpected bills," Kevin Bagnall, HSF vice president of administration for Lakeshore said. "There's tuition fees, books, transportation, and for some, rent."

Andrika Boshyk, Ontario Association of Food Banks coordinator, said the group is trying to rally community involvement as much as possible.

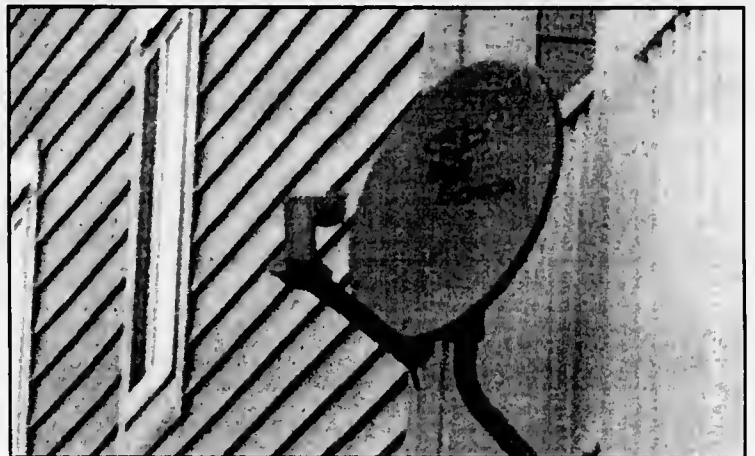
"We are expecting some candidates from the election at the event, and there will be a barbecue with turkey burgers after the run," she said.

The fundraiser is being coordinated by the OAFB, and the Daily Food Bank in Toronto. To register for the Turkey Trot, contact Andrika Boshyk at (416) 203-9615.

necessities because of the rising cost of living and education in Ontario. The Canadian Student Alliance (CSA) found that in the past decade, tuition fees have gone up by 132 per cent. Books, transportation and rent prices have also risen with inflation. As of Sept. 23, Humber's financial aid office said



Most students don't know that Humber has a food bank.



According to the Coalition Against Satellite Signal Theft (CASST), there are 520,000 - 700,000 illegal satellite systems in Canada.

## Satellite theft fine goes up

By Nick Vassallo

Illegal satellite owners could pay a hefty fine if they get caught.

As of April 2003, the Supreme Court of Canada confirmed that unauthorized satellite services in Canada are illegal.

The current maximum fine for stealing a satellite signal is \$5,000 a day for individuals and

\$25,000 a day for companies. The fine can also include a jail term.

"Stealing a program signal from a satellite or cable distributor is a crime," Timothy McGee, president of Bell ExpressVu, said.

Legal satellite companies, such as Bell ExpressVu, are taking

aggressive steps to discourage theft.

"We have been battling this issue from the onset on a variety of different fronts, including launching numerous lawsuits," Nathalie Moreau, media relations representative for Bell Canada, said.

A first-year business management student at Humber, who chose to remain anonymous, has had an illegal satellite for a year and isn't ready to give it up.

"You don't have to pay a monthly fee, you only have to pay once," he said. "We spent about \$200 for each satellite and we have two."

Buying a satellite system from Bell can cost \$130 to \$860, depending on the package.

## Graffiti police target posh Bloor West

By Ashley Hickey

Fifteen students from the Justice Studies program are helping CAVE, a volunteer group, to rid the Bloor West Village of graffiti on local businesses.

Communities Advancing Valued Environments (CAVE), removes graffiti left on acrylic displays and walls, and repairs any damage.

The program got its start when a group of elementary, secondary, and post-secondary students from the Bloor West Village area, got together to clean graffiti off a fence in the neighborhood.

The fifteen Humber students work as CAVE volunteers.

"I think CAVE is a great idea because it allows members of the community to help one another in bettering their neighborhood,"

Rob Aukema, a first year Police Foundations student said.

To learn more about the program, contact 416-760-8031.

**LSAT MCAT  
GMAT GRE  
Preparation Seminars**

- Complete 25-Hour Seminar Packages
- Proven Test-Taking Strategies
- Personalized Professional Instruction
- Comprehensive Study Materials
- Free Repeat Policy
- Simulated Practice Exams
- Personal Tutoring Available
- Thousands of Satisfied Students

**Oxford Seminars**  
416-924-3240  
1-800-269-6719

[www.oxfordseminars.com](http://www.oxfordseminars.com)



# Rez cafeteria expansion expecting to seat 1,000

By Allison Moorhouse

The residence cafeteria is undergoing a renovation to make room for more than 1,000 students.

Don Henriques, the general manager of food services at Humber, said the original residence cafeteria - opened in 1991 - was built for only 330 students.

"It was undersized to begin with. We need to be prepared to serve over 1,000 students," he said.

Christine Colebrook, a second-year architectural technology student who lived in residence last year, said the expansion isn't large enough.

"I think it's [still] cramped," Colebrook said

Mike Klootra, a first-year business student, is happy with the new cafeteria, but would like more variety in food choices.

"The only thing I eat there is a clubhouse [sandwich]," he said.

Henriques said stations for deli, wraps and pitas will allow more diversity in menu options.

"We have a four-week cycle

menu," Henriques said.

That means if the food served isn't popular with the students, they will change the menu options every four weeks.

"Our intent is to have a main feature meal, four out of seven days," Henriques said. This would include having options like beef, ham and turkey on different days of the week.

"There has been an increase in some of the prices," Henriques said. "We still look at combo-ing our items so that it is cheaper."

He said the average meal should come to about \$5.75.

"We've gotten feedback in terms of the pricing," he said, noting the cash registers where the food plan cards are swiped are showing the prices of the meal with tax, instead of the meal without tax. He clarified that no resident is being charged tax.

"That will be repaired soon enough," he said.

Henriques said the new cafeteria is going to have a bigger eating area, including comfort seating such as booths or stools. There will also be china plates and the original disposable dinnerware.

Henriques said, so far, many people are pleased with the new cafeteria.

The new cafeteria is scheduled for a grand opening in November.



Christine Colebrook, a second-year architecture student, said while the cafeteria may be bigger than it was last year, it's not yet big enough to accommodate the students.

# Yo yo ball a no no

By John Mammias

They're popular and fun but Safe Kids Canada said yo-yo balls are dangerous.

Safe Kids Canada, the national injury prevention program of Toronto's Hospital for Sick Children, has been urging Health Canada to ban the hazardous toy.

According to Health Canada, a number of children have nearly been strangled by the toy's cord.

"The yo-yo balls tighten up around children's necks and sometimes lead to strangulation," Carole Saindon, Health Canada's media relations worker, said.

"They're very dangerous and should be banned."

Some of the new yo-yo toys are filled with liquid on one end and are attached to a stretchy plastic cord with a finger loop at the end.

The soft, extremely pliable plastic cord can stretch from 1.5 to 2 metres and when it is swung overhead, can wrap around a child's neck, strangling them.

Wendy McNalley, Health Canada's consumer products officers, said the first concern with the toys was their smell.

The yo-yos were sent out for chemical tests but turned out to be fine.

The real concerns came when parents started calling in and complaining that the toys almost strangled their kids.

"No serious injuries or deaths have been reported, and we are not going to wait around until any are. That's why we have to take action and get rid of them now," she said.

McNalley said that the first steps to remove the toys off the shelves were taken in June, when Health Canada sent letters to toy stores.

Toys R Us and Zellers have complied with the voluntary ban, but many small independent stores have not been cooperative.

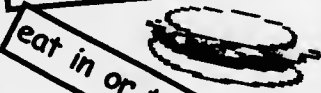
France, Australia, Brazil and the United Kingdom have already banned the toy.

liba's  
Bar & Grill

Breakfast Lunch Dinner



"best beer & food  
prices in town!"



eat in or take out

Licensed under LLBO  
Good Food, Good Times

448 Brown's Line  
416-255-3179

\$1 off menu items  
with this ad!!!  
\*some restrictions apply

## Online carpooling service for students

By Alicia Vecchione and  
Lori Paris

Students who are searching for an easier way to get to campus only need to go as far as their computer

The Web site [www.carpool.ca](http://www.carpool.ca) matches up potential carpools based on postal code and destination. More than 20 colleges and universities, including Humber, have subscribed to the non-profit Web site.

Schools pay an annual \$1,700 fee, which lists them on the site. The site provides the schools with posters and other promotional material.

Anne Marie Thornton, executive director of Commuter Connections, which runs the site, said there are currently over 6,000

people registered on the site, which has only been in operation since 2000.

"Obviously there's a need for this kind of service," Thornton said

**"Major problem  
with the system  
is scheduling"**

from her Vancouver Island office, where the site was founded.

"Depending on where they live, some people can walk, hike or take the bus to work or school. But for

people who need a ride, this was the best way."

The main drawback to the site is scheduling. The system does not match timetables with the students.

"The major problem with the system is scheduling. It's easy to find a student that resides in the same city and wants to ride, but the probability of both of our schedules matching with respect to our classes is very unlikely," Humber nursing student Ivy Asamoah said. She recently registered on the site.

When registering with the site, students fill out a short survey, then look for potential carpools. Full names and address are not displayed on the site, and students have the option of being contacted by phone or email.

Humber  
EtCetera

# Word fest attracts many

By Melissa Louie

The 14th annual Word on the Street attracted approximately 170,000 people to Queen Street West last Sunday, marking the festival's largest attendance yet.

"The turnout was fantastic. It was packed well before we opened and until the festival ended at 6 p.m.," Trish McGrath, executive director for The Word on the Street, said.

For one day a year, the event transforms Queen Street West into a book-lover's paradise, offering visitors the chance to engage themselves in author readings and book signings, as well as great music, fun literary festivities, and best of all, cheap books.

The festival, held between Spadina and University Avenues, had tent after tent showcasing book or magazine related products, services and exhibits.

"It's much busier than previous years. It's hard to fit many more people in that amount of space but it was a very strong attendance all day long," McGrath said.

About 75 authors, poets and sto-



Thousands of literary enthusiasts gathered on Queen Street West last Sunday to check out the many activities at the 14th annual Word on the Street festival.

rytellers were on hand and more than 250 booths were set up by book and magazine publishers, booksellers, libraries, writers' associations and literary organizations.

"I guess as a newspaper, it is important for us to be at an event like this that celebrates the written

word in a variety of different forms whether it be through books or magazines or newspapers, just part of the Canadian publishing industry as a whole," Brian Francis, promotions manager for NOW Magazine, said.

Among the other booths were

representatives from the Humber School for Writers, promoting the school and their summer writing workshops.

"The turnout was tremendous. We had about 2000 brochures and by the end of the day, they were all gone," Joe Kertes, dean of the School of Creative and Performing Arts, said. "We weren't soliciting anyone. They came to us."

In addition to the many booths, author readings were organized throughout the day at numerous tents, covering every genre from fiction and non-fiction to poetry and essays.

The City of Toronto Book Awards tent had author readings from the 2003 winner, Joe Fiorito, as well as the finalists in the short list, Eric McCormack, Makeda Silvera and Emily Pohl-Weary.

"All of the readings were very well attended," McGrath said.

Enbridge Gas Distribution promoted literacy through its event, the Metro Toronto Movement for Literacy's Poetry Challenge. Participants raised money prior to the festival and recited their favourite poems at the event. The money raised will be donated to a local literacy organization.

To mix it up a little, CityTV's MainStage had several musical performances throughout the day covering genres such as jazz, latin and reggae, including Michael Garrick & The Posse.

The Word on the Street is held simultaneously in Calgary, Halifax, Kitchener, Toronto and Vancouver, but the Toronto festival is the largest in Canada.

"Ours is probably three to four times larger than the other festivals," McGrath said.

## Suzuki offers Sacred Balance at environmental film festival

### Scientist's new program launches event

By Shawn Loughlin

After founding Planet in Focus in 1999, Mark Haslam is ready to launch the environmental film festival into its fourth year.

"We don't want to preach to already active environmentalists. We want to be a catalyst for people from diverse cultures, diverse points of view, maybe even people who aren't really interested in the environment," Haslam said. "By using film and video, we get them in the same room and then expose people to environmental issues."

This year's festival, running from Sept. 30 until Oct. 5, brings together 51 environmental films from all over the world, boasting 14 world premieres and 21 Canadian premieres.

"Mainly, I think it's raising consciousness, affirming people in what they can do about the environment," Haslam said.

Haslam said that the festival's

audience has been doubling every year. He is particularly excited about the Canadian film, *Just One More River*, making its world premiere at the festival on Oct. 3.

"[It's] a very complex story and a very powerful story, and



David Suzuki

they've done an amazing job on following the events and the key players, and telling the story I think the rest of Canada needs to hear," Haslam said.

Haslam kicked off the festival last Thursday night at the

Danforth Music Hall with a showing of a new program by Planet in Focus' honorary patron David Suzuki, followed by a question period with the environmentalist.

The screening of *The Sacred Balance - The Matrix Of Life* was met with applause from the crowd, but it was Suzuki answering questions after the program that inspired a standing ovation. He urged the crowd to "get Canadians to say, 'I'm willing to do this, now let's get some leadership'."

A York University student told Suzuki, "You're an inspiration to us all." The audience's overwhelming applause showed that they agreed.

But Suzuki told them it isn't up to him to make the change. "You are the power. You are the change," he said.

Tickets are \$10 per show for adults, \$8 for students and seniors, and \$3 for children. A complete festival pass is \$40.

## What's Up

### Tonight:

Canadian Open World Cup Skateboarding Launch Party, featuring Raised Fist w/ Protest the Hero, rocks the Opera House. Doors open at 7:00 pm.

### Tonight:

Ryerson Theatre school presents The Laramie Project. The story of Matthew Sheppard. Ryerson Theatre School.

### Tonight:

Art rocker Hawksley Workman and the Wolves play the Phoenix Concert Theatre w/ Serena Ryder.

### Tonight to Sunday:

Comedian Gerry Dee performs stand-up at Yuk Yuks' Toronto Location.

### Friday:

Pop punkers Good Charlotte play Copps Coliseum w/The Living End and Something Corporate.

### Friday:

Canadian country sensation Shania Twain moseys on through the ACC.

### Opening Friday:

School of Rock starring Jack Black

### Saturday:

Canada's largest singles party, Playing with Matches, takes place at the York Event Theatre.

### Tuesday to Saturday:

Batsheva Dance Company comes to Toronto for the first time in eight years. Premiere Dance Theatre.



# Turning blank pages

By Sherri Wood

NOYZ is dead. But Five Blank Pages is very much alive.

This is the official name-change announcement from the three-piece Brampton band. Well, actually, it wasn't supposed to be announced until this weekend.

"I really wanted to advertise the upcoming shows as 'The Final Two NOYZ Shows' or 'NOYZ is DEAD' or something cheesy like that, but that would be tricking people, and I don't like doing that," Noyan Hilmi, Five Blank Pages frontman, said. "We had about 150 names to choose from, and we think the name we chose suits us well."

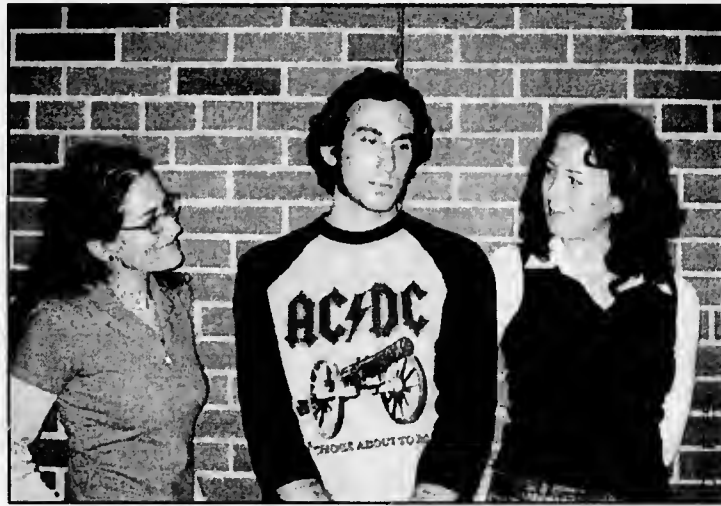
With connotations of journal-writing and other bookish adventures, the name Five Blank Pages fits this group. The band's debut independent album, *Let Go*, is a mixed bag of acoustic and electric folk-rock songs with sweet and raw lyrics that read like diary confessions. Think Hayden or Elliott Smith.

"It's kind of hard to describe our music, so I usually use as many labels as I can and say 'alternative-

indie-pop-rock," Hilmi said. "Our first CD is generally all about love and relationships and all that crap."

If any band is well-suited to play songs about "all that crap," it's

al chemistry – it was already there," Hilmi said. "Plus, I really like the feminine aspect of the band. The music isn't aggressive enough to be hyper-masculine. It



Five Blank Pages is ready to show off its new name.

this one. At first a solo act, Hilmi allied two very special musicians to accompany him in his journey from NOYZ to Five Blank Pages – his girlfriend and his sister.

"It's pretty cool being in a band with my girlfriend, Pinar, and my sister, Chelen, because we didn't have to work out any of the person-

suits the music that there are guys and girls in the band."

Even though the guy and the girls of Five Blank Pages are still a relatively new band, they have already played numerous shows around the GTA, including a Canadian Music Week showcase last year. The group's music is also

featured on a soundtrack for the independent film, *A Really Good Time*.

"The producer found our song on mp3.com and said he really enjoyed it," Hilmi said. "It's for a not-for-profit charity that helps victims of domestic abuse so I said they could use the song (*Warm from the Inside*). It's cool to get any added exposure and help a good cause."

The next chapter in the Five Blank Pages novel holds a small Ontario tour next summer and the recording of a new album in the near future. Hilmi hopes the band will soon be a recognizable name in the Toronto indie rock scene.

"I think there's a pretty good underground resurgence in the Canadian music industry right now," Hilmi said. "After the mid-90s Canadian rock explosion, the excitement faded but it seems as though it's come back. People are not opposed to listening to indie stuff and supporting their local scene."

Who? Five Blank Pages

Where and when?

Saturday, October 4 @ The Horseshoe Tavern (370 Queen St. W)

Sunday, October 5 @ The Orbital Room (485 Morden Road, Oakville)

The same three questions:

Q: If you had an extra \$50 in your pocket, what would you buy?

A: Used CDs.

Q: What are you listening to?

A: Cursive, ("Burst and Bloom"). And Ben Kweller. Actually, I accidentally bought the same Ben Kweller CD twice...want to buy one?

Q: If you had to choose a band motto or slogan, what would it be?

A: Toe cramp. OH GOD! Do you ever get those? Wait... is that going to be used as my motto?

## Arrival Tour gets Caps groovin' at free show



Rapper Syntifik and crew played Caps for the second time in two years during a free show presented by the HSF.

By Chris Hedrick

Playing for their second time at Humber College, one rapper and three DJs got people grooving at Caps as part of a free show last Wednesday hosted by the HSF.

The Arrival Tour, consisting of rapper Syntifik and DJs Nuggz, J-Class and Borderline, were all hoping for a larger turnout this year

than last year. Well, the HSF brought them back, and they weren't disappointed.

"The crowd was great, and the dance-off was awesome," Jen Green, vice-president of campus life, said. "It's really cool when students participate in our events, because that's why we put them on."

DJ Nuggz opened the show with

his mix of house and old school sounds, giving way to J-Class and his R&B hip hop beats.

In the middle of J-Class' set, dancers got a chance to strut their stuff during a dance competition.

The winner walked away with two tickets to the Toronto Maple Leafs opening game against the Montreal Canadiens at the Air Canada Centre.

Syntifik was soon on stage with an electrifying set, spitting rhymes and enticing the audience to flow to DJ Borderline.

Jon Levesque and Chris Shaban are responsible for putting the tour together. Fresh out of school, the two friends created 13 Ronin, a record label and entertainment company.

Through mutual friends, they found DJs to join the tour and eventually signed the only artist on their label, rapper Syntifik.

Humber was the second stop on this year's strictly Canadian tour, which is in its second year running. They will soon make their way east, playing shows at Queens and Acadia universities.

## Reviewed this week



Nickelback-  
*The Long Road*

By Mat Langford

Let's just start this review off with this: I am not a Nickelback fan. At least I didn't think I was until I listened to their new album, *The Long Road*.

The band's latest release is a decent hard-rock album, which shows the growth that Nickelback has experienced throughout their years of recording and touring.

The Vancouver-based band, who exploded onto the scene in

2001 with its sophomore album, *Silver Side Up*, recorded their latest release a little differently than the previous albums, choosing to extend their involvement in the record making process by taking on all production aspects.

"The album is less directed at me and things I've gone through," vocalist Chad Kroeger said in a press release. "Instead of being about my own life, it's about experiences that everyone can relate to and hopefully learn something from."

Well, I sure learned something from *The Long Road*, and I'm starting to appreciate Nickelback's music a lot more.



Ima Robot-  
*Self-titled*

By Louis Campos

On their self-titled album, Los Angeles rockers, Ima Robot, pay tribute to old school rock bands by mixing early 90s rock antics with melodic Brit-pop anthems and adding 80s electro-punk rock to make it sound new again.

Their debut single, *Dynamite*, explodes with former Beck drummer Joey Waronker's kinetic

drumbeats fusing with founding member Timmy the Terror's heavy guitar riffs.

The highlight of the album is bonus track, *Black Jettas*, where vocal raps mix with electronic synthesizers and lyrics about ex-girlfriends to create a new wave sound that would make even Gary Numan proud.

With this album, the band, currently touring with Jane's Addiction, brings a fresh sound to the already crowded rock scene, making a name for itself as a band to look out for.





Humber is using less ink and paper as the Windows 2000 upgrade calls for individual log-ins in order to work in computer labs.

\$20,000 put back into HSF's pocket

## Lab upgrades save big bucks

By Marjorie Lamperein

Since upgrading Humber computer labs to the Windows 2000 operating system, the school has cut HSF expenses by \$20,000.

Prior to the introduction of Windows 2000, anyone was able to use the HSF computer lab because a domain name was not required.

The switch has meant eliminating wasted paper created by people coming to the school to print for free. Printing restrictions have also been put in place to prevent students from using large amounts of paper.

The HSF computer lab uses roughly 75 trees worth of paper every day, said Ryan Burton, the service delivery expert. On a daily basis, the SAAC and CALL (Computer Application Learning Lab) labs consume about 150 trees a day.

Wilson Queiros, a second-year computer engineering student and lab technician, said most complaints are about work not being printed out fast enough.

According to Queiros, students are not aware the two main printers are only pro-

grammed to print up to 20 pages at a time. Students who wish to print 20 pages or more can print to a specific printer located beside the help desk in the lab.

Although costs have been cut, Queiros said a lot of paper is still wasted by students who abandon their print work and often leave behind countless pages that go into the recycling bin.

Additional staff has been hired to provide assistance in the HSF lab, making the labs run more smoothly.

"There are technicians checking up on the labs every two hours," Burton said.

This service was not available last year.

With more staff on hand, students do not have to call the customer care number (ext. 8888) as often.

The lab technicians can also reset passwords and assist with login problems.

Customer Care is only in charge of CALL Labs used to book classes and SAACLab (H205), sponsored by HSF.

Since the labs are sponsored by HSF, the extra \$20,000 will be put back into their budget. HSF President Valerie Rothlin said there are no immediate plans for the money.

## Internet spam overflowing

Users are fighting back by trying to limit the amount of junk on the Internet.

By Jordan Neal

Like it or not, the Internet bubble has burst and the free ride has come to a screeching halt.

Advertisers are constantly finding new ways to overload the Internet with ads for everything from discounted travel tickets to X-rated dating services.

First, e-mail accounts began to overflow with spam (e-mail sent from random advertisers). Then Web sites began making tracking cookies that can create target ads and Web sites geared to individuals based on their viewing habits.

Like most people, James Cullin, Humber's program coordinator for Internet management, is frustrated with spam.

"I spend literally ten minutes a day deleting spam messages, and I'm not talking about my Hotmail or Yahoo accounts, which I now tend to ignore. I'm talking about my Humber account, where I get about 50 spam messages a day," he said.

Despite Humber's spam-proof server, Cullin says no matter how much junk mail is detected, a lot slips through the cracks.

"What I think is happening is

that [spammers] go to the Humber Web site and start looking for e-mail addresses that are listed," he said.

Users are starting to get so overwhelmed that governments are taking action and lobbying for laws designed to penalize advertisers and protect the rights of the public.

On Dec. 11, the British government will fine spammers up to 5,000 pounds (\$8,000 Canadian).

The regulations include protection for Internet users from unsolicited commercial e-mail.

The new law applies to residents and businesses in the United Kingdom, leaving e-mail accounts open to spam from outside the U.K.

The system already has critics who doubt that anti-spamming laws are going to work.

Australia and South Korea have

also both developed anti-spam laws.

Current California governor, Gray Davis, established an anti-spam law that could have senders of unsolicited e-mails face fines ranging from \$1,000 per e-mail to \$1 million for spam marketing

individual e-mail accounts without their permission," Cullin said.

"The spammers incur no cost to themselves, but impose a cost on us," he said.

In the meantime, users are fighting programs with programs. Anti-spam products like *Ad-aware* and *Spybot* have been introduced to help consumers clean their computer of recognized spyware, a key component of spammer technology that allows spammers to track what users are looking at and downloading.

Most major e-mail providers, such as *MSN Hotmail* and *Yahoo!* have all beefed up their services to include options such as "safe lists."

Only addresses included on the safe list can get messages through to the account owner, with the theory that no spam will be able to break through into the inbox.

Though filters are effective, spam still manages to slip through into accounts.

"They don't work as well as they should," said Janis Hotham, a second year radio broadcasting student.

"I've had to abandon many e-mail addresses because of the insane volume of spam I end up getting," she said.



### Buy Now

By Brian E. Wilkinson

#### Indiana Jones Trilogy DVD set

The long awaited arrival of this four-disc set on DVD is close at hand. When it's released on Oct. 21, demand is sure to be high, but if you want to get in on the action early, Web sites like [www.chapters.ca](http://www.chapters.ca) and [www.futureshop.ca](http://www.futureshop.ca) are already offering the set at a heavy discount. Suggested retail price looks to be more than \$80, but online it comes to a little more than \$50. To sweeten the deal, both sites are offering to ship the set for free. Included are all three movies and a fourth disc full of bonus features. Rumours are also circulating that another Lucasfilm project, the *Star Wars Trilogy*, may finally get the DVD treatment in late 2004.

#### Nintendo Gamecube

Following last week's announcement that Microsoft will be dropping the price of its Xbox system, Nintendo has followed suit by dropping the price of its Gamecube from \$199 to \$139 effective immediately.

### Pass On Buy

#### Athlon 64 Upgrade

If you were thinking of dishing out some cash for a top of the line computer or just wanted to upgrade to keep on top of the ever-advancing computer technology market, you just might want to wait. Advanced Micro Devices has just unveiled its Athlon 64 processor, a step up in general versatility and graphic performance from the major competitor, Intel Pentium. Those after the computer juggernaut will have to wait until it is released later in the year.

#### The Transformers Season 1 and 2 on DVD

Parts of season one and two of the series (with about five episodes on each disc) are available for a wallet-crunching \$35 each. Rather than spending tons of money getting only a few episodes at a time, shell out the \$80 to \$100 most stores are asking for the complete season box sets. *Season 1* has 13 episodes while *Season 2* comes with two separate four-disc sets with a total of 50 episodes between them. In its entirety, the set will run close to \$250.

# Nokia expands into gaming market

By Robyn Wilkinson

Active video gamers are marking their calendars for Oct. 7 when the brand new mobile gaming device by Nokia hits Electronics Boutique stores across Canada.

Nokia has announced that Electronics Boutique Canada will carry the hand-held game system, dubbed the Nokia N-Gage, at their stores.

James Tyo, vice president of Electronics Boutique Canada said the Nokia N-Gage will be sold at retailers for \$449 and the games, which will be sold separately on game cards, will be between \$45 to \$55.

Games that will be available for Nokia N-Gage include Tony

Hawk's Pro Skater, Tomb Raider and SonicN, just to name a few.

"With the Nokia N-Gage device, Electronics Boutique will bring an entirely new gaming experience to its clientele," said Nada Usina, the general manager of media business for Nokia America, in a recent press release.

The N-Gage sets itself apart from its major hand-held competitor, Nintendo's Gameboy Advance,

with the latest in advanced technology.

The system includes an MP3 player,

and an eight button controller. Users can play one-on-one against other gamers over a 30 to 40 foot distance, can search the Internet, check e-mail, and even make phone calls.

The battery allows for three to six hours of game playing, up to eight hours playing MP3's, or up to 20 hours of listening to FM radio.



COURTESY

"It just has so much to offer," Tyo said.

Taking on the Gameboy Advance, however, is a big task. With hundreds of titles already

available in its library, and sales figures that outmatch the Playstation 2, Xbox, and Nintendo Gamecube combined, the GB Advance is no pushover.

Tyo said after the Nokia N-Gage hits stores, people will start to see a lot of similar game systems that, unlike the Gameboy Advance, will do a lot more for users than just play games.

"It's the pioneer of machines like this," he said. "It's quite remarkable what you can do with it."

The N-Gage Canadian tour, allowing consumers a sneak peak at the system, started in Belleville on Sept. 25, and will wrap up in Vancouver, B.C. on Oct. 9, where eager gamers can test it out before it hits stores.

## Internet serves as excellent source for student job search

By Julie De Carlo

Since 1998, the number of students working part-time while attending school has risen more than 10 per cent.

While over a third of Humber students work 15 to 20 hours per week, often finding a job while still in school is a job in itself. But there are Web sites designed to make it easier.

Workopoliscampus.com is one of the better known job hunting sites.

"With our system, students are able to register for free and then look for all kinds of jobs online, both on-campus and off," said Gala Oliiuyk, a system representative with workopolis.com, a site that calls itself Canada's largest student-job Web site.

By registering with workopoliscampus.com, students have access to hundreds of listings for jobs — full-time, part-time, temporary, summer and intern positions in areas including as secretarial, law, nursing, business, sales and retail — available in areas where they live or go to school.

"All of the on-campus jobs are listed on our site and include positions for the school's food services, like Java Jazz and Caps," Oliiuyk said. "We also list for jobs available at the Humber bookstore, student registration, and the Humber health centre."

Schedule flexibility and starting rates of pay vary, she said.

"Most of the jobs on-campus start at \$8 to \$10 per hour, [but] because we don't have direct access to rates of pay or job hours from separate employers, we can't

say exactly what the starting wages are for other places," Oliiuyk said.

She also said most campus jobs accommodate student timetables.

"With all of the jobs on campus, we're working around each student's schedule for school, not the other way around. So basically, no matter when a student's classes are, they'll never be asked to work when they're supposed to be in class."

Such flexibility is important when balancing a full course load and part-time job, Michelle Singh, a second-year Humber accounting student said.

"Right now, between my classes and workload, I have a very tight schedule, but luckily my boss is good with only scheduling me for when I am available to work," Singh said.

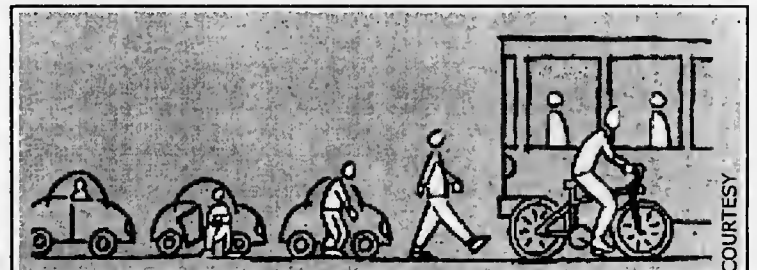
Stephanie Gordon, a first-year art student at Sheridan College, said she finds it tiring to be going to school full-time and to be working two jobs at the same time.

"I know I have to do it. It's either that or I won't have the money to keep me in school," Gordon said.

Gordon didn't get either of her part-time cashier jobs through a Web site but said she wishes she had known about such services when she was giving out resumes.

"It may or may not have made a difference for me, but hey, it's a free service for students, which isn't something you hear too often any more."

Other job search sites include [www.monster.ca](http://www.monster.ca), [www.student-jobs.com](http://www.student-jobs.com); [www.allstarjobs.ca](http://www.allstarjobs.ca) and [www.canadaretail.ca](http://www.canadaretail.ca).



COURTESY

## Car Free Day hits the street

By Natalie Campbell

Car engines temporarily stopped running while pedals, feet and public transit became the modes of transportation for many on the third annual Car Free Day last Sunday.

Car Free Day first started in France in 1998 and made its North American debut in Toronto on Sept. 22, 2001. The event now includes 1,300 cities and towns in 36 countries worldwide.

The event is also taking place in Kitchener, Montreal, Ottawa and Victoria in order to promote the environment and to encourage people to help out by using their cars less.

Leah Sumnauth, coordinator for the event is pleased that the day went off without a hitch.

"Our goal is to allow people to explore alternative means of transportation," she said. Sumnauth added that everyone in her office left their cars parked at home in order to show support.

In honour of Car Free Day, several streets within Kensington Market were closed.

There are future plans to make Kensington Market a car free

zone, and Sumnauth said Yorkville would be another ideal place for the event to take place in the future.

Although the event is slowly gaining momentum, there are many who aren't aware the event even exists.

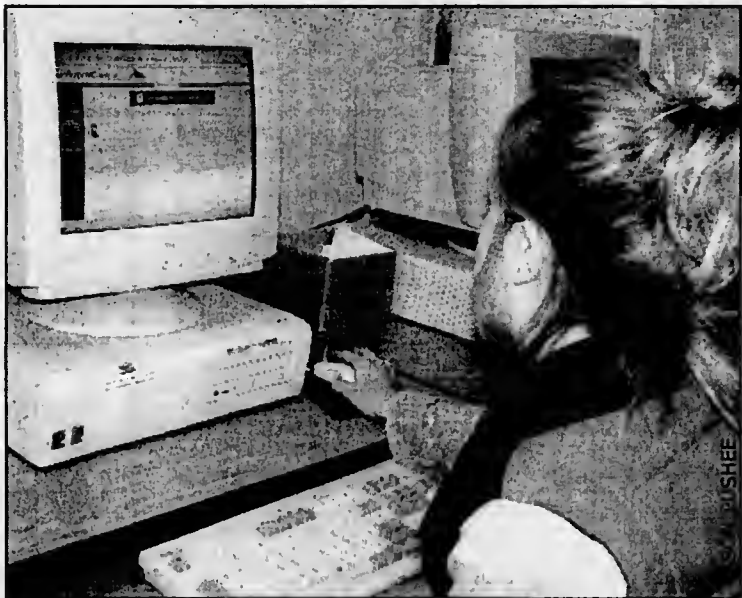
Carlos Lopez, a second year engineering student, said it would have helped if the event was publicized on the radio and the news.

Jaspreet Singh, a first year business student, agrees. "If they put it in the [school] planner, it would have raised our curiosity to go find out what it is."

Several speakers and supporters were brought in to lend Car Free Day a bigger voice. Author Katie Alvord (Divorce Your Car! Ending the Love Affair with you Automobile) spoke at the Bloor Street Cinema last week to the 200 people in attendance. Topics included transportation reform, land preservation and climate change.

Other supporters include actor Woody Harrelson (Cheers) and Toronto mayoral candidate, David Miller.

To find out more about the event and its organizers, log onto [www.carfreeday.ca](http://www.carfreeday.ca).



First-year fashion arts student Ashley Winter checks out the jobs at Workopolis.com in the Humber Career Centre.



# Humber's FM band rights rejected again

By Ashley Molnar

Humber's radio station was once again denied its FM licence by the Canadian Radio-television and Telecommunications Commission in Toronto.

CKHC 90.7 has been continually applying for an FM licence as far back as 1978.

"There is a set number of FM frequencies left in Toronto," said Jerry Chomyn, coordinator of the Humber radio broadcast program.

The limited FM frequencies in Toronto have restricted the Humber radio station to broadcast only a few kilometres beyond school grounds.

Chomyn said the application process for a licence in Toronto is extremely competitive.

Unlike colleges in smaller cities, Humber must compete against 15 to 20 applicants who are well financed and who will spend lots of money on their application.

"But the biggest part of the problem is every time we apply it costs money, and every time we spend money on an application it's money that we can't put into the radio broadcast program, or the



Second-year journalism student, Nicole Gibbs, finishes off her afternoon news broadcast on Humber radio 90.7.

journalism program, or any other media program," Chomyn said.

Chomyn said Humber will continue to apply for a licence to enhance hands-on experience for media studies students.

However he said next time he will try for a "developmental" licence which would not allow broadcast to the large area he hoped for, but would expand the current boundary.

"We have huge plans to do more once we get our licence. We would be upping the news content. We would be doing more interactive radio, more in depth features, and more play-by-play of Humber sports," Chomyn said.

Music, news and advertisements can be heard on the 24-hour station, with live broadcasting by Humber broadcasting students five days a week from 9 a.m. until 9 p.m.

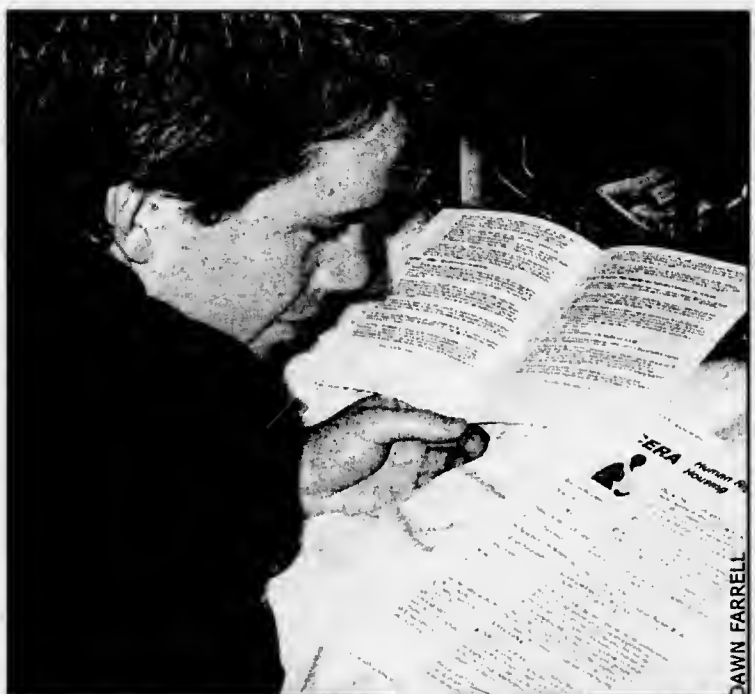
# Knowing your tenant laws

By Dawn Farrell

For the large number of students renting off campus housing, it's important to be aware of the rights

of a tenant.

Second-year business management student Kyle Corcoran wasn't quite sure what his rights were and has been questioning the acts of his landlord.



Kyle Corcoran, a second-year business management student, carefully looks over his rights as a renting tenant.

"This is my first time living in an apartment. I didn't know my rights when I moved in," Corcoran said. "My landlord comes into my apartment when my roommate and I aren't home. She even told us that we couldn't have friends spend the night."

Police Foundations Program Coordinator, Gina Antonacci said it is illegal for a landlord to come into their tenant's apartment without notice.

"He should talk to his landlord and remind her that this isn't allowed. If she repeats these actions then I advise that he files a complaint."

Under the Tenant Protection Act, a landlord must give 24 hours notice before entering an apartment. The landlord must have a good reason and must state a specific time that he or she will enter between 8 a.m. and 8 p.m.

It may be intimidating to confront the landlord with problems because most people don't want to risk being evicted. However, for cases like Corcoran's, students should know their rights and responsibilities before entering into

# Blogging politics

Web Wanderings

By Jason Pushee

Whether through reality television or personal Web sites, people are dishing out what was once private and putting their lives on display for people to see.

The journal of the 21st century is online Web logs, also known as "blogs". From your neighbour to your favourite rock star, everyone seems to be catching onto the Web log fad, including the leading PM candidate Paul Martin.

Martin's blog ([www.patmartintimes.ca](http://www.patmartintimes.ca)) seems to do a decent job of letting us peer into his life, although, entries have dwindled after a fairly well-recorded summer.

However, he does avoid the everyday tedium and personal jabber found in a lot of personal blogs.

Martin began keeping a Web log following in the footsteps of his father, Paul Martin Sr., a diligent journal keeper whose diaries were published publicly.

Martin Jr. said it allows him to express himself while avoiding the middleman known as the media.

Sure the site has some political gab, which everyone is surely sick of in the middle of a provincial

election, but it is interesting to see what a major political figure is doing.

Whether Martin is hangin' with Kofi Annan or travelling the wonderful landscape of Canada, he does a good job of letting us into the life of a politician.

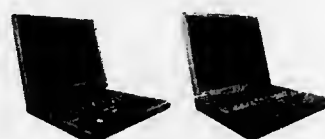
Maybe Martin is on to something becoming the pioneer of politicians' Web logs in years to come.

Maybe he's just trying to get an edge with the youth population.

Either way it's a fun way to keep tabs on such a prominent Canadian figure.

## HOT DEALS

USED & NEW DESKTOPS, NOTEBOOKS & ACCESSORIES



IBM THINKPAD T20

INTEL P3 700MHZ  
12GB HD - 128 MB  
6X DVD - ETHERNET  
13.3" TFT - SOUND

\$1049

DELL LATITUDE C61

INTEL P3 500MHZ  
6GB HD - 128 MB  
24X CD - 1.44 FDD  
13.3" TFT - SOUND

\$899



IBM THINKPAD S90

INTEL P2 400MHZ  
6GB HD - 128 MB  
16X CD - 56K BIOD.  
13.3" LCD - SOUND

\$599

COMPAQ ARMADA 7400

INTEL P2 333MHZ  
4GB HD - 64MB  
16X CDROM - FDD  
13.3" LCD - SOUND

\$499

MORE NOTEBOOKS IN OUR CLEARANCE CENTER!!!



HP PAVILLION

INTEL P4 2.0GHZ  
8GB HD - 256MB  
48X CDROM - NIC  
FIREWIRE - SOUND

\$899



COMPAQ DESKPRO

INTEL P3 733MHZ  
10GB HD - 128 MB  
48X CD - NIC - SMO  
INTEL AGP GFX

\$449



IBM NET-VISTA

INTEL P3 500  
10.2GB HD - 128 MB  
24X CD - NIC - 56K  
8MB SVGA - SOUND

\$399



COMPAQ PROSIGNIA

INTEL CEL. 333MHZ  
8GB HD - 128MB  
16X CD - NIC  
4MB SVGA - SOUND

\$219

ASK ABOUT OUR NEW CUSTOM SYSTEMS

MCR ALSO CARRIES:

PRINTERS - NETWORKING  
DISPLAY & PRESENTATION  
COMPONENTS - SOFTWARE  
PROBLEMS? CALL OUR SERVICE DEPT.!!!

MON - FRI: 10AM - 6PM  
80 PARK LAWN RD. #106  
(PARK LAWN & LAKESHORE)

P: 416.251.6396 E: sales@mcr.ca

mcr  
www.mcr.ca

USED COMPUTER OUTLET

# **Proposed Constitutional Changes HSF Annual General Meeting October 15, 2003 11:00 AM North Campus Student Centre**

## **Keep Yourself Informed of Matters that affect you the Student!**

As approved by the Board of Directors on April 2, 2003 - Be it resolved that the Members of the Humber Students' Federation approves changes to the Constitution Article 14 Goals and Duties of the Board of Directors as follows:

14.1 (2) to encourage initiate and direct activities, clubs and associations in which interests of the Members are served.

14.1 (6) to suggest Policy and Procedure according to the spirit and direction set down by the Constitution.

As approved by the Board of Directors on April 2, 2003 - Be it further resolved that the Members of the Humber Students' Federation approves changes to the Constitution Article 15 Rights and Responsibilities of Directors as follows:

15.1 (4) to act as a spokesperson and to represent views and issues on behalf of the student representatives, which elected or appointed him/her to the Board of Directors.

15.1 (5) to endeavour to explain the Constitution and Policy and Procedure to the student representatives who elected or appointed him/her.

15.1 (7) to refrain from acting on behalf of the HSF on matters pertaining to administrative duties.

As approved by the Board of Directors on April 2, 2003 - Be it further resolved that the Members of the Humber Students' Federation approves changes to the Constitution Article 21 Composition of the Executive Committee as follows:

21.14 Vice President as Secretary. One Vice President of the HSF shall assume the position of Secretary of the Executive Committee. Determination of this position shall be made at a meeting of the Executive Committee no later than June 30th of each year.

As approved by the Board of Directors on September 17, 2003 - Be it further resolved that the Members of the Humber Students' Federation approves changes to the Constitution Article 31 Elections Appeal Committee as follows:

31.1 Composition. The Elections Appeal Committee shall be composed of the President, the Vice President Administration (North), the Vice President Administration (Lakeshore), two (2) other Directors and one (1) College administrator who is on the Joint Committee, all of whom shall be determined by ballot no later than September 20th of each year.

As approved by the Board of Directors on September 17, 2003 - Be it further resolved that the Members of the Humber Students' Federation approves Constitutional changes as follows:

36.1 Composition. The Campus Clubs and Associations Committee shall be composed of the President, the Vice President Campus Life (North), Vice President Campus Life (Lakeshore), Two other Directors, and in ex-officio capacity the Programming Director and the Programming Coordinator (Lakeshore).

As approved by the Board of Directors on April 2, 2003 - Be it further resolved that the Members of the Humber Students' Federation approves the deletion of Constitution Article 37 Directors Task Force.

## **Make Your Voice Heard!**

To find out more about the Humber Students' Federation visit [www.hsfiweb.com](http://www.hsfiweb.com)





# Making the most of our invaluable resource

## Common sense water use will save money and future

By Robyn Thomas

Humber students can save money and the environment by becoming more water savvy and water efficient.

From the time they wake up in the morning to the time they go to bed, students use an average of 253 litres of water. The City of Toronto wants us to cut back.

The city is spending \$40 million on incentive programs to promote water efficiency and \$100 million a year to upgrade the wastewater system, according to Mark Cooper, an information officer for the city's works & emergency services department.

Without these incentive programs, Cooper said the city would have to spend \$300 million on upgrades to its existing plants. The incentives are part of an overall water efficiency plan which took five years to develop. Cooper said the plan is a "long-term strategy, looking towards permanently reducing water consumption in Toronto."

Cooper said students could decrease their water use by "following common sense water practices." For example, he suggests turning off the water tap when brushing your teeth, not overwatering the lawn, and installing water-saving devices. If we don't become more water efficient and decrease water consumption, Cooper explains, we will need to spend millions more to upgrade water plants.

"Your water bills will be much bigger than they need to be, so if you don't do something now, I'm sure you'll be paying a lot more for water in 15 years," he said.

Cooper said the city's water is tested about 300,000 times a year - about every four hours at the water plants - for approximately 250 different substances that "could possibly be in the water, not that they are, but could be there."

However, a hazard that affects our water quality is the water going into storm drains. A pamphlet put out by the city explains that stormwater runoff picks up litter, car-wash soap, oil, grease, fertiliz-



ers, pesticides and other pollutants as it runs in to drains.

Cooper said Toronto has a sewer use bylaw, which he believes is the toughest in all of Canada and strict by North American standards. What's entering into the sewage system to be cleaned is strictly monitored "more so than 20 years ago."

"Storm water runoff doesn't get treated at a water plant. It goes into the storm sewers and into the closest river or lake," he said.

Another problem facing Toronto's sewer system is the combination of storm water and sanitary sewage in the pipes. Cooper explains that after a rainfall, rainwater entering the sewage system overloads sewage plants.

To decrease the amount of rainwater running into the sewers, the city offers free rain barrels.

Cooper said Toronto tap water is

still of the highest quality. He said that tap water is of higher quality than drinking Brita filtered water for example, because filters can build bacteria and take out needed minerals. He said Brita "claims to remove certain really dangerous organisms, which I think they do, but none of these organisms have ever been found in Toronto tap water."

Cooper said Brita filters are a waste of money because, the charcoal used in them is the same as what's used in Toronto water plants.

"We've already Brita'd the water for you," he said. Instead of using a Brita, Cooper suggests filling up a jug of tap water and putting it in the fridge. He said that after a couple of hours the chlorine evaporates.



## Climbing pollution levels spark Humber clean up

By Ryan McLandress

The City of Toronto has implemented programs to help improve the quality of the Humber Watershed in an attempt to lower pollution levels.

"The City of Toronto has just spent millions and millions of dollars looking at the city as a whole to come up with an action plan [to deal with pollution]," Gary Wilkins, a Humber Watershed specialist, said.

Pollution levels continue to climb in rivers and streams and some people have decided to take action. The Great Canadian

death of some of the river's species. When possible, legal action is taken against those that are caught dumping into the river, though Wilkins said it is hard to trace the spills back to whomever responsible.

There are, according to Wilkins, at least 60 species of fish living in the Humber River, but pollution continues to cause serious problems to wildlife. Wilkins said that within a half hour after a spill has occurred, it is near impossible to control its spread.

"Sediment is also a big problem. It doesn't have to be chemical. Extreme levels of sediment come from construction and roadways, or

from the lack of proper storm water management. The river can't handle all of the water that is piped into it."

Another program that is being put into place is the Rural Clean Water Program, which is a grant that is given to rural land owners who have agreed to reduce pollution on their property and runoff into nearby water. The program is funded by Environment Canada's Great Lakes



Shoreline cleanup is a national action plan supported by the Toronto and Region Conservation Authority. During the week of September 13 - 21, volunteers from across Canada cleaned up thousands of kilometres of shoreline.

Over the past century though, the river has seen a leap in pollution levels. Wilkins said the pollution in the Humber River is caused by things like sediments from construction and spills by residents or businesses.

"A spill happens and then it goes down the river out into Lake Ontario, and aquatic species are very intolerable," Wilkins said. For example, some people will find an old can of oil, and instead of disposing of it properly, they pour it down the storm drain, not knowing that it is going straight into the river. This causes unnecessary

Sustainability Fund and the Environmental Stewardship Initiative. According to the first report card that was released by the Humber Watershed Alliance in July 2000, "most aspects of the watershed, more than 50 per cent, are in fair health."

The report was designed to evaluate the Humber Watershed to see where improvements need to be made and what parts of the river are up to par. Once the report is released, the Humber Watershed Alliance and the City of Toronto can begin cleanup.

Another program that has been implemented is the Remedial Action Plan, to clean up the waterfront and habitats around the Toronto region. This along with other programs, is helping to clean up the Humber Watershed.

*continued on page 14*

# Safeguard by handwashing

By Kelly Peckitt

Mind your manners, respect your elders and wash your hands. These are things our mother's always told us to do, and we always do what our mothers tell us, right?

Right. Most of the time.

A recent study conducted by the American Society for Microbiology (ASM) shows that many people are careless when it comes to washing their hands after using the washroom.

The survey, which observed 7,541 people using restrooms in six North American airports, had disturbing results overall, but good results for Toronto.

Toronto fared best in the survey, which revealed that only five per cent of males and three per cent of females, do not wash their hands after going to the washroom. These results are far better than other airports, and some attribute it to the city's SARS scare.

"I think we are more aware of our actions in Toronto now because of the increased fear of SARS," first-year radio broadcasting student Chris Bowen said.

The other airports observed for the survey were in Dallas, Chicago, Miami, New York and San Francisco. New York travellers fared worst at cleaning up, with 29 per cent of people not washing their hands.

This survey was done after a phone survey's findings failed to satisfy the ASM, and they were right to be doubtful. In the phone survey, 95 per cent of respondents said they always wash their hands after using the restroom, a statistic the survey proved wrong.

Because of the surveys findings, the ASM has begun the Take

Action: Clean Hands campaign. Like the ASM's past campaigns, this one focuses on teaching consumers and health-care professionals the importance of handwashing by giving out brochures, posters and stickers.

According to Babrara Hyde, director of communications at ASM, the campaign has had a good

are just a cleaner gender," he said. Although, Bowen said he always remembers to wash his hands.

Considering how important handwashing is for our physical well-being, the results of the survey are surprising.

"Handwashing is important in stopping the transmission of infectious diseases," said Cindy Plante-Jenkins, an infection control practitioner at the Trillium Health Centre. Plante-Jenkins said that, by washing our hands, we can protect ourselves against colds, flu and respiratory diseases. She said we really don't realize how easily these germs can be transmitted into our body.

"People always think [germs] are transmitted through the air," she said. But something as simple as touching a dirty object and then rubbing our nose or eye can allow a virus to enter our system. An example is "contaminating your hands through touching common objects like door knobs and then contaminating yourself," she said.

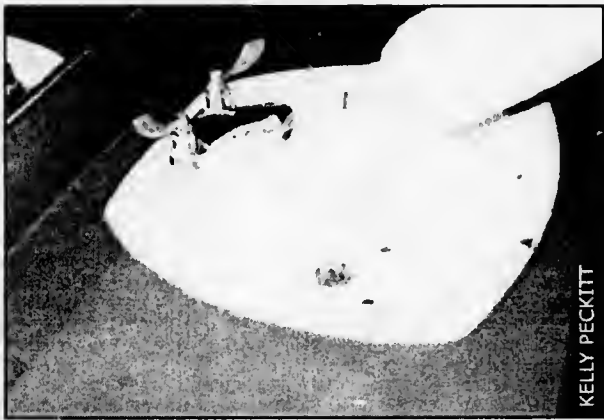
For those of us who can't always find time to wash our hands after sneezing or coughing, there are alternatives. Plante-Jenkins recommends using alcohol-based hand sanitizers.

"They're very good. When you wash your hands in water, you're washing around the bacteria we carry on our skin," she said. "With alcohol in sanitizers you're killing anything that's on your skin. There's a big difference," she

response.

"Many consumers have written to say they welcome this campaign," she said.

The survey shows that in all air-



KELLY PECKITT

### >>What is the proper way?

Wet hands with warm water, add soap and lather for at least 10 seconds, wash front, back, between the fingers and under the nails, rinse well and dry thoroughly, according to the Ontario Ministry of Health and Long-Term Care.

	Male Washers	Male Non-washers	Female Washers	Female Non-washers
John F. Kennedy Airport, New York	63%	37%	78%	22%
O'Hare Airport, Chicago	62%	38%	85%	15%
San Francisco International Airport	80%	20%	59%	41%
Dallas/Fort Worth Airport	69%	31%	92%	8%
Miami Dade County International Airport	70%	30%	79%	21%
Toronto International Airport	95%	5%	97%	3%
<b>Total</b>	<b>74%</b>	<b>26%</b>	<b>83%</b>	<b>17%</b>

American Society for Microbiology

ports except San Francisco, males are more inclined to not wash their hands. Thirty-eight per cent of males in Chicago, for example, did not wash their hands.

These results did not surprise Bowen. "In general I think that men are worse at keeping themselves as well groomed. Women

said.

Plante-Jenkins said the Centre for Disease Control in Atlanta developed new guidelines last year that require health-care workers to use alcohol hand sanitizers on a regular basis and to only wash their hands when they are noticeably dirty.

# Humber river clean-up will prove daunting task

continued from pg 13

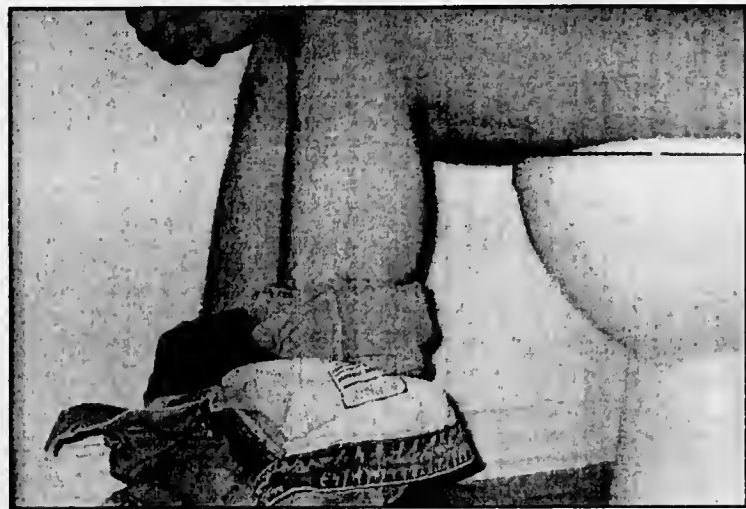
The Humber Watershed was given a "C" or fair rating. According to the report, the grade is determined by 28 indicators that were all graded and then averaged. The indicators include forest cover, wildlife, groundwater quality,

trails, heritage resources, and community stewardship. The report went on to explain that almost one-third of the indicators weighed in with "D" rating or lower. Air quality, levels of bacteria and conventional pollutants like nitrogen received low ratings. Wilkins said

there are signs of improvement and he is optimistic about the future.

"We see strong evidence that phosphorous levels are going down, and see levels of other organic contaminants going down also," he said.

According to the report, 75 per



Homeowners and renters can replace their old toilets for water efficient ones, and the City of Toronto will pay.

# Stop flushing money away

By Jeremy Hill

Don't flush your money down the toilet, when the City of Toronto will replace your porcelain throne.

Last fall, the city introduced a residential toilet replacement program, offering cash incentives to both home owners and renters to replace older toilets with water-efficient models. As the city grows, so does its water consumption, and water-treatment facilities cannot keep up with the demands.

"Within 10 years, facility expansions must be made at a cost in the hundreds of millions of dollars," Lisa Sealock of Toronto Works and Emergency Services said. If city residents reduce consumption by replacing toilets, the demand will be reduced, saving taxpayers money.

Sealock said the program was originally short-term because of limited funding and time restrictions. "We are nowhere near our target, which means the program will stay in place for a longer period of time," Sealock said.

There has been a small amount

of interest thus far from city residents.

To be eligible for the program you must own or rent property in Toronto, have existing toilets with a flush volume of 13 litres or more, and register for the program, which can be done online at [www.city.toronto.ca/watereff/flush/index.htm](http://www.city.toronto.ca/watereff/flush/index.htm) or by calling 416-392-7000.

Replacement toilets must be chosen by the city and can be installed personally, or people can hire a plumber or a city registered company.

Participants in the program will receive \$60 to \$75 to replace their toilets depending on toilet size. Toilet replacement models range from \$90 to \$1200 depending on model and colour, with most models averaging around \$150.

For an average household of three, a six-litre toilet can save about 168 litres of water a day and \$60 annually. The city hopes to save 1.3 million litres of water per year.

Some older toilet models use the equivalent to pouring 10 two-litre pop bottles filled with clean water down the drain.

### Did You Know?

Humber gets its water from the 34 year-old R.L. Clark Filtration plant located at 23rd street off of Lakeshore in Etobicoke, built between 1962 and 1968. There are approximately 90 washrooms at Humber College. Last year Humber College used 178,862 cubic metres of water.

tribute [to the pollution] to the river," he said, adding sediment from construction is an ongoing problem.

With the construction of the new residence continuing at Humber, some believe the river is being polluted around the college.

"It has the potential to con-

Questions? Comments? We welcome your feedback!  
infocusfall2003@yahoo.ca



# Lubin's laughing it up all the way to the top



Comic Gilson Lubin, winner of the Canadian Comedy Award.

By Marco Recouso

Fast-rising comedian Gilson Lubin is ready to take his career to the next level.

A graduate of the Comedy Writing & Performance post-grad program at Humber, Lubin's career took off in 2002, when he won the Las Vegas Comic Fest competition.

"I won that against stand-ups from 10 other major cities across the States," he said.

Winning the competition has led to some interesting opportunities, but Lubin was quick to dispel rumours of an NBC sitcom in the works.

"That's not even close to the truth. I guess what would be more true is that I met NBC casting agents while I was in Las Vegas. I have a good relationship with them. I'll be going down there and showcasing again. It's just one of those things where you meet people and you nurture relationships."

Lubin has enjoyed a successful September, winning the Canadian Comedy Award in the funny newcomer category and appearing in a new commercial for Harvey's. He continues to expand into different

fields of entertainment, and his growing resume includes a variety of appearances and shows.

"I'm trying to get into film and television. I've gotten little roles, but most of it is just recording comedy specials for the Comedy Network, or being on Mike Bullard. I [did] get to audition for some really cool stuff, like Whoopi Goldberg's pilot."

Lubin attributes much of his success to the time he spent honing his craft at Humber.

"I'll always be grateful to the faculty in the comedy program," he said. "They opened my mind and helped me find my voice."

While at Humber, it didn't take long for faculty to realize Lubin's talent.

"He came in talented. He came with the goods. But we helped him learn how to package the goods, ship the goods, and use the goods," comedy teacher Larry Horowitz said.

"We gave him the Robert Gordon scholarship for being the most promising student of the year," said Joe Kertes, dean of the School of Creative and Performing Arts.

While at the Lakeshore campus,

Lubin impressed faculty and students with his stand-up comedy.

"Gilson's very relaxed, he's not intimidating, he's disarming, and I believe he creates empathy between him and the audience," Horowitz said. "They feel towards him as someone who should be encouraged and treasured because he's sweet and a little confused."

Fellow comedy grad Caroline Bieber is also a fan.

"He writes really smart comedy, he doesn't attempt to go for a lot of the cheesy jokes," she said.

Allan Guttman, artistic director of the Comedy Writing & Performance program, says Lubin has the natural ability to succeed — something you can't teach.

"[He's] charming. I think that's a great strength of his, that audiences immediately like him. You can't teach charm, you either have it or you don't, and Gilson has it. And that's a very important factor."

Despite all the success, Lubin remains humble and continues to take everything in stride.

"You don't want to get cocky, cause everything could be taken away like that. In the end, the main goal is to support my family hopefully through entertainment."

## Count on crisis centre counsel

By Trisha Richards

The Distress Centres of Toronto receive a staggering 80,000 crisis calls every year on their 24 hour lifelines.

According to Karen Letofsky, executive director of the Distress Centres of Toronto, trained volunteers provide emotional support to people who feel depressed and stressed due to crisis.

"We get some students calling in, younger adults and some older students who have gone back to school," Letofsky said.

We have three locations [in the

---

**"One of the most beneficial things is being able to communicate."**

---

GTA). There are nine [phone] lines running out of each location, and 150 volunteers at each location, she said.

The centres also offer a Survivor Support Program, which is designed to help people who have suffered the loss of a loved one.

"We do face-to-face counselling for people dealing with homicides and suicides," Letofsky said.

Pat Harnisch, associate director of operations and special projects, says she strongly believes in the effectiveness of distress centres and similar organizations.

"One of the most beneficial things is being able to communicate. Active listening is the key, whether on the phone or face-to-face. Having another human-being that is supportive is helpful," Harnisch said.

"Our volunteers know the importance of being able to give some time. When people call [the distress lines], they don't just want a quick fix," she said.

Students can get volunteering information by calling 416-598-0166. People in need of counselling can contact a distress line volunteer at 416-408-HELP.

## TTC travellers ticked off

By Chris Riddell

Humber students are expressing disgust with the filth and overcrowding on the buses they ride.

"There's always tons of wrappers," Miranda Ebeby, a second-year child and youth worker student, said. "When people eat on the bus, they just throw away their wrappers."

Emily Hayward, a first-year creative photography student agrees. "Sometimes I don't notice. Other times, I put my camera bag down. [When] I pick it up, there's gum on it. Or, you can't sit down because someone spilled their drink."

"A lot of the time [the buses] are really dirty. Sometimes I wonder if they clean them at night," she added.

TTC Spokesperson Marilyn

Bolton said that all buses are cleaned regularly and washed at the end of the night. Bus drivers are required to go through their vehicles whenever they have time, and clean up rubbish that may be on the floor or on any of the seats.

Despite this crack at cleanliness, the interior of a bus may hold some unpleasant surprises.

"I've seen people puke on the bus," Ebeby said.

Chris Goodman, a first-year architectural technology student, said he's repulsed by people who lean their heads against the window and leave behind a greasy smear.

Besides problems with cleanliness, students are also experiencing overcrowding on the buses.



Many commuters have a problem with TTC bus mess.

According to Bolton, TTC buses have a seating capacity of about 40 and can carry a maximum of 83.

But drivers have the authority to refuse passenger entry to avoid the tight squeeze.

"The driver can call out to people to say, 'Sorry, I'm full', or drive by without opening the doors. It's up to the driver," Bolton said.

The TTC does have some larger buses, but they are reserved for the higher-traffic routes.

"We have some articulated buses, the type that are like two buses joined together. We use those as appropriate. They are used on our big, heavy runs like Queen Street," Bolton said.



Helena Chu, Erica Procopix and Suzy Ronald volunteered at a booth for Deaf Worldwide to raise awareness.

## Communication skills for hearing impaired

By Shiho Futaba

An expo held in Toronto this past weekend was without the usual background music and hoopla one would expect for an event.

And that's because the gathering was a quiet affair held for the hearing impaired.

Organized by Deaf Worldwide, the many booths at the Metro Toronto Convention Centre on Saturday introduced new technology, business, education or other opportunities for deaf people, the hard of hearing and the hearing.

"It's wonderful to see the events, resources and technologies [for the] first time in Canada," volunteer Linda Ryall said in sign language, translated by Catherine Mackinnan, who also has difficulty hearing.

Sponsored by the Government of Ontario, some organizations took part to encourage people to join various events across Ontario.

"I've become aware of, respect, adore the culture, and I'm part of their growth," said Helena Chu, a volunteer for Ontario Deaf Sports Association Inc.

Like Chu, many of the participants are learning sign language to communicate more with the hearing impaired.

Chu is now taking a course at George Brown College that offers ASL (American Sign Language) from the beginner's level to the interpreter's level.

"Sign language is very suitable for my character," said Harumi Lorbch, who is also taking the ASL course. "I use my hands a lot when talking."

Lorbch says sign language is very different in that it requires facial expressions just like hearing people use tones of voice.

"They have fun expressing

their feelings freely," said Angela Zammit, a student in George Brown's part-time course.

However, as 90 per cent of hearing impaired people are born in a hearing family, they often feel isolated, or have trouble in case of emergency.

At the expo, multi-functional telephones with keyboard, portable amplifiers, vibrating watches and visual smoke detectors were displayed.

Denise Hyives, representing the Toronto Fire Department booth, learned about the problems the hearing impaired encountered with emergency services.

According to Hyives, communication can be a problem because deaf people may only need police but get sent all the services.

"When a [deaf person] had a car theft, they called 911, and they got charged for the extra services. I didn't even think of it until I came here today," she said.

### What's Up

Home Show: Oct. 2-5 at the National Trade Centre

Reservoir Dogs "Live": Oct 2-4 at 376 Dufferin, 8 p.m., \$20

Mental Illness Awareness Week: Oct. 5-11

Sumo Wrestling: Oct. 7 at Humber North Student Centre

## HSF launches new campaign to embrace gay/lesbian choice

By Kathleen Yetta and Trisha Richards

The HSF received several complaints last year from students saying that the language referring to sexual orientation used in classrooms made Humber seem closed-minded.

"We live in a society where people have equal rights, and verbalizing hateful messages towards gays and lesbians and transsexual people is not acceptable," said Maureen Carnegie, faculty advisor of LGBT (lesbian, gay, bisexual, transgender) club.

According to Carnegie, if Humber's population mirrors the larger population of Toronto, we can assume that at least 10 per cent of the student population is lesbian, gay, bisexual and transgendered.

"Students need to know that they're welcome at Humber and that this is a college that does not believe in discriminating against them or harassing them. They need to know that Humber wants to do everything possible to make this a welcome place," she said.

However, some students are still not comfortable having their personal sexual preferences acknowledged in Humber's environment.

"We don't want everyone to know where we're located. We give out the e-mail address and people who are interested can contact us," said the LGBT vice president, who requested anonymity because he or she hasn't come out to family members.

"I don't want people to know until they are comfortable with it. I

want people to know me first and then my sexuality," the vice-president said. "I am proud to be vice-president, to be a part of it. I get a lot of good responses from people, such as Nadia Conforti, HSF vice president [and] Maureen Carnegie. The new people from the LGBT club came up to me in the college and told me how great it is I am doing this."

According to the LGBT vice president, the club's main goals are to provide its LGBT members with good times, good memories, counselling and information for health support.

**"Sexuality is the one issue that Humber never touched upon before."**

"My personal opinion is that there is nothing negative about [LGBT]. It's an extremely positive thing for the college community and the people involved. With the increasing visibility, there may be the potential for expressions of homophobia, but any expression of homophobia creates opportunities for education," Carnegie said.

Initiated by the HSF, white posters with the rainbow-coloured, upside down triangles have been posted around the school to promote the positive space campaign.

The campaign initiative is to make students at Humber aware of diversity, and to recognize the LGBT club.

"Sexuality is the one issue that Humber never touched upon before. That's why I started the campaign in May," Conforti said. "I approached Maureen Carnegie and Judy Harvey from student services and presented them with the concept some other schools have already started."

The campaign posters promote the message of tolerance and acceptance.

"The idea is of tolerance, surrounded by so many differences. We have to tolerate and appreciate each of these differences to be aware of them and work together with them," Conforti said.

At the moment, the LGBT club is holding meetings in an anonymous location due to the concern that if they stage open meetings, there is potential for harassment and violence.

"It's not like you have to declare yourself as one thing or another, but if you have feelings for the same sex, sometimes having the opportunity to talk about that can help people gain insight," Carnegie said.

The LGBT vice president says most people attending the meetings are not out yet and are feeling shy right now.

"I have a few plans for the LGBT club. The purpose is to provide a safe and supportive place for Humber's LGBT students and to get together and have fun," the vice-president said.

## Future possibilities for Humber

By Cheyenne Morin

For Humber students wanting to volunteer, Future Possibilities (FP) may be the answer. It's a program that helps young kids by using one-on-one coaching and encouragement and is looking for more coaches.

FP, a non-profit, charitable organization funded by The Trillium Foundation for children ages eight to 12, provides support, giving them the tools they need to take the big steps in their lives.

Each child has a KidCoach who guides them with after school programs, workshop sessions and one-on-one phone conversations once a week.

KidCoaches are trained and fully certified volunteers who want to make a difference in a child's

life.

"They spend 20 minutes to half an hour on the phone each week and we have three Saturday events a year," said Harry Berholz, director of training and recruitment at FP in Toronto.

According to Berholz, throughout this process, the coach will encourage, support and assist in the achievement of the child's goal. Along the way they consider the child's strengths and weaknesses so they can help them without discouraging their progress.

"Coaching kids with the FP program is like planting trees. We take this seedling of a person, and provide the environment for growth. Instead of dirt, water and sunlight, we give wisdom, hope and praise," KidCoach Matt Warren said.

The four programs run by FP

are, Ready Set Goal, Time After (School) Time, KidCoach After School Training Program and Social Entrepreneur to schools and organizations. Each will have a regional leader trained throughout the year to deliver the techniques used by FP.

At the Toronto location 50 children are enrolled in the FP program.

"The child benefits from the one-on-one coaching they receive and it helps them better understand how to reach the goals that they have set for themselves," Berholz said.

If you are interested in volunteering, visit [www.futurepossibilities.org](http://www.futurepossibilities.org). Potential KidCoaches must be 20 years of age or older and will need to have e-mail access.



# Nutrition's in your blood

By Kristen Brownell

There are too many different types of diets out there to keep track of, but the blood-type diet is gaining speed on the health highway.

*Eat Right 4 Your Type*, by Dr. Peter J. D'Adamo, kicked off the wellness fad in 1998.

In his book, D'Adamo outlines four diets personalized to you and

your blood type, whether you're A, B, AB or O.

Sejal Parikh-shah, associate professor at the Canadian Naturopathic College of Medicine, described it as eating for continuous good health, not just a quick fix to lose a few pounds.

"I know patients who have used it, and swear by it, but I also have patients who didn't respond well to it at all," Parikh-shah said.

Not everyone falls for these fads. Yoav Mazor, a first-year culinary management student, recently finished a well-balanced diet and exercise program and doesn't believe the blood-type diet works.

"I don't think there is a relevance between blood type and food," Mazor said. "I just don't think it would work."

Laura Randamma, a dietitian with Health Connection, a telephone health service, doesn't recommend the blood type diet.

"We wouldn't encourage people to follow a diet like this because there is no evidence about it that's concrete," Randamma said. The healthiest way to lose and maintain your weight is to choose a well-balanced diet, portion control and exercise, she said.

First-year film and TV student Laura Combden said she has thought about dieting and has heard about the blood type diet, but would probably just cut back on junk food.

"The way I see it is that if you make any healthy changes in your diet, it will be effective. The blood type diet seems like a fad," Combden said.

Obesity has become an increasing problem in the Western world, according to Dr. Henry Moller, a psychiatrist at Toronto Western Hospital at the University of Toronto.

"The controversy is that obesity can be considered an eating disorder or a metabolic disorder," Moller said.

"Obesity lead to health prob-

lems such as sleep apnea, diabetes, insulin resistance and cardiovascular disease, which increases the risk of heart attacks and strokes," Moller said. "The most effective treatment is prevention."

For additional information, consult your doctor, or visit [www.dadamo.com](http://www.dadamo.com).

## Boozing before bedtime brings on memory loss

By Chris Riddell

It might be wise for students to stay sober on nights when there is a test to be written the next day.

Studies show that drinking alcohol before bed can disrupt sleeping patterns and cause memory loss.

According to a Trent University study, you can lose up to 30 per cent of the knowledge taken in the day before. The effects of alcohol on the brain can last up to two days after

drinking.

These results show that a hard night of drinking can make it difficult for students to perform well on tests and assignments the next day.

REM sleep is characterized by eye movement, which can be seen beneath closed eyelids. It is the deepest stage of sleep when most of our dreams take place.

An adequate amount of REM sleep is important for a good night's rest. When you drink before bed, eye movements decrease by 50 per cent, resulting in lower quality sleep than usual.

Sarah Montgomery, a second-year culinary student, said, "I tend to sleep longer, but that's probably because I need to sleep because I was drinking. I'm probably not as well rested as I would be if I didn't drink."

Although women are generally more vulnerable to the effects of alcohol than men, test results show that there is little difference in memory loss between males and females.

"It does change the characteristics of sleep," said Carlyle Smith, psychology professor at Trent University. "shortening the amount of REM sleep that you get. You become sleep deprived. If you do that every day, you are cutting yourself short of about three hours of sleep overnight."



Dr. D'Adamo's book outlines how to eat for health and weight maintenance according to specific blood types.

## Masturbation's not only fun, but, hey, it's also good for you

By Julie Martine Gauthier

Forget what your parents told you about masturbating – it won't make you go blind, and it won't give you hairy palms.

No matter what you call it – burping the worm, beatin' the beaver, blowing your load, tickling the pink taco, spanking the monkey, choking the chicken, petting the pussy cat – it's good for you.

Many of us already know that masturbating feels good and that it's fun, but not everyone is aware of its many health benefits.

A recent study led by Australian scientist Graham Giles revealed that men aged 20 to 50 who frequently masturbate reduce their risk of developing prostate cancer later in life by one third. The study indicates that the benefits are greatest for those masturbating five times a week or more and for men in their 20s.

The health benefits aren't just for men, however. Both sexes can definitely benefit from a little self-love.

And nobody knows more about self-love than Cory Silverberg. Why

does he know so much? Well, for one thing, he said he masturbates, and he's proud of it. He also holds a Master of Education in counselling psychology, co-owns Come As You Are, a downtown Toronto sex shop

**"It's the best way to learn what turns us on."**

and is the head researcher for Sex TV.

He advocates masturbation as a good way to get to know your body better.

"It's the best way to learn what turns us on, because, when you're having sex with someone else, part of you is always focused on that other person," he said.

According to Silverberg, one of the great benefits is that masturbating isn't accompanied by performance anxiety you might feel during sex..

"The only reason you're doing it is that you're doing it for yourself. And so you're really able to focus on what's going on with you. And you learn about yourself in a way that I think is almost impossible to do when you're with a partner," he said.

Good news. Masturbation is a stress reliever, and it can also help you fall asleep.

"For some people, masturbation is some sort of great nature's sleeping aid," Silverberg said.

But it is possible to have too much of a good thing. If you find yourself reading this story with one hand on the paper and the other down your pants, or if you haven't left the house in a week, there may be a problem.

"If your masturbation is getting in the way of your regular life, then perhaps it's a problem. But you can masturbate, in my opinion, 12 times a day and if you're still getting out there, and feeding yourself, and you're still social, then that's fine. Who cares?" Silverberg said.

By far, one of the best things about masturbating is that you can touch yourself to your heart's con-

tent and not have to worry about getting pregnant, or getting someone pregnant. It's 100 per cent safe.

"You're not going to give yourself any STDs you don't already have," Silverberg said.

Although far more accepted than it was 50 years ago, Silverberg says that some still consider masturbation taboo, and that "we still have a long way to go" in eliminating the social stigma.

"There is more masturbation going on in the world than any other sexual behaviour."



laser hair removal

safe  
sterile  
gentle  
effective

men women

Dr. Walter Cohen M.D., F.R.C.P.

416.745.7617

89 Humber College Blvd

[www.torontolaserhairremoval.com](http://www.torontolaserhairremoval.com)

## Applause for HSF: savings that matter

The words "school" and "saving money" are not typically found in the same sentence.

This year, in a shocking display of sensibility, Humber College has found a way to save a small forest and a whack of change in the process.

H205 (the HSF sponsored open-access lab) now requires students to log in individually to the new computers, all of which were set up last year with Windows 2000.

What this means, in a nutshell, is that not just anyone can log on to the computers, as they aren't wide open for any Joe-schmo to come in and use. Windows 2000 comes with a handy little feature that requires students to log in with their usernames and passwords.

As a result, expenses for paper and ink cartridges have been drastically reduced and the HSF has managed to save over \$20,000 in the process.

Not too shabby, huh?

Still, this is just one of many ways that Humber is making more sense in the eyes of its students and less of a dent in their wallets.

Recent savings include HSF's dental opt-out option, returning \$81 to students who decided

against having coverage.

Humber also rejected the idea of requiring certain programs to include the purchase of a laptop as part of tuition fees.

Some would argue that it's a good start, but that Humber still has a way to go. After all, parking at the school is still incredibly expensive, not to mention the college oversold the number of spaces actually available. It seems that what is common sense to parking officials – that since not all students are on campus at the same time, spots can be oversold – doesn't seem so sensible to frantic students who find themselves late for class while looking for parking.

But, since the H205 lab is doing its small part and giving forest-dwelling creatures a place to live (at least for a little while longer), while saving twenty grand in the process, credit should be given where it's due.

The next step would be to apply these savings to where they're needed most. Perhaps something along the lines of reduced tuition or tuition freeze, improvements in facilities, a raise for instructors, or maybe a multi-tier parking garage. It's just a thought.

## Animal rights laws in need of an update

In July of this year, a German shepherd died when a Newmarket man used his dog as a bullet shield in a CIBC robbery.

In Brampton, a man threw a terrier against a concrete wall, placed the dog in a garbage bag and left the dog to die. The man was fined \$250 and ordered not to own an animal for two years.

In Kitchener, a woman killed her roommate's cat by cooking it in a microwave. She was put on probation, as the crown and defense lawyers agreed the act did not merit a tougher sentence.

These offenders barely received a slap on the wrist for their actions. Less than one-third of one per cent of all animal abuse complaints lead to criminal charges. In 2000, 16,166 animal cruelty complaints were filed. Of those, only 827 offenders received warnings, 97 were prosecuted and only 44 were actually convicted. Canada has not yet seen fit to make animal cruelty a criminal offence.

A change can come in the form of Bill C10(b), under which animal cruelty offences would receive

their own section in the Criminal Code, to recognize the difference between property crimes and unnecessary cruelty on sentient beings.

Bill C10(b), currently before the Senate Committee, has been in limbo since it was first introduced in 1999.

Last week, Parliament re-introduced the bill for debate and urged the Senate to pass the bill without amendments.

The bill, if passed, will raise the maximum sentence for cruelty to animals from six months to five years. It would also increase fines to \$10,000.

Every year in Canada animals are abused and tortured. Our animal companions need our help.

The Senate needs to agree to the Commons' version of bill C10(b). Otherwise the Bill will die and animals will be denied legal protection from cruelty.

To put your name on a petition e-mail [liz@animalalliance.ca](mailto:liz@animalalliance.ca), or call (416) 504-4310 for Toronto's Coalition for Anti-Cruelty Legislation.



### Letters To The Editor

## Article angers reader

Re: *Healthy eating doesn't come at a price,*  
Zoë Hamilton/*In Focus*, Sept. 25, 2003

I am very disappointed with Zoe Hamilton's "Healthy eating doesn't come at a price," published in the Humber Et Cetera on September 25.

Hamilton has successfully made a case on how expensive it is to eat fast food on campus. However, how to make use of the weekly grocery shopping so that you can eat healthily? Nothing has been said about healthy eating, and therefore it doesn't justify its headlines. What is the definition of eating healthy? Why can't you mention we should buy more vegetables and fruit? Why the comparison table prepared for the article suggest we should buy fries, hamburgers, pizza and coke at Fortinos? I believe you need to find some sources to prove that homemade hamburgers are healthier than hamburgers bought from Harvey's! Also, I will definitely not choose to learn anything from Sara Davidson. How can anyone only spend \$10/week on food? I believe in healthy eating, and I would make my health my priority over saving money. Everyone should be eating properly so that your body would allow you to achieve good grades at school. Last but not least, I want to let you know that you can buy a dozen of eggs for \$1.95+tax at Food Basics (on Martin Grove and John Garland). Your files suggest to me that the food from Fortinos are overpriced. Unless In Focus Editor Jason Bain thinks mentioning Food Basics is a disgrace, I believe you should have pointed out that students could save money by shopping at such grocery stores as Food Basics and Price Choppers.

Do more background research.  
Angela So



### Et Cetera Staff

**Editor-in-Chief**  
Camille Roy

**Managing Editors**  
Jacqueline Boulet  
Andrew Smith

**Copy Editors**  
Leslie Fleischer  
Sarah Lisi  
Irene Rundle

**News Editors**  
(Chief) Vivian Song  
Lori Paris  
Marisa Zucaro

**Arts/Entertainment Editors**  
(Chief) Aaron Sawyer  
James Rose  
Manuela Spizzirri

**Life Editors**  
Lydia Dumyn  
Lisa Harris

**Sports Editors**  
Cory Smith  
Joe Mucio

**In Focus Editor**  
Jason Bain

**Editorial Cartoonists**  
Aaron Olegario  
Sergio Elmir

**Editorial/Opinion Editor**  
Sherri Wood

**EXchange Editors**  
Jason Pushee  
Brian E. Wilkinson

**Online Editor**  
Adam D. Booth

**Photo Editor**  
Daniel Cox

**Art Director**  
Andrea Mammolite

**Editorial Advisor**  
Tina Ivany

**Technical Advisor**  
**Advertising Co-ordinator**  
Nancy Larin

The Humber Et Cetera is a publication of the Humber College of Media Studies:

205 Humber College Blvd.,  
Etobicoke, ON, M9W 5L9  
Phone: (416) 675-6622  
ext. 4514

Please direct all advertising inquiries to:  
(416) 675-6622 ext. 4513

Comments and letters should be sent to:

[lettersetc@hotmail.com](mailto:lettersetc@hotmail.com)  
or drop off at the front desk of the newsroom



# A fly on the wall at the White House



By Vivian Song

Players: President George "Dubya" Bush, Colin Powell, Condoleezza Rice, Hans Blix

Setting: Dubya sits perched on his throne, flanked by a dozen aides who are fanning him with palms and feeding him grapes. He twirls a globe on his right, mapping out his next conquest while giggling devilishly at the thought of opening a restaurant specializing in Southern fried chicken in Botswana (he heard they had a lot of gold there).

Powell: Mr. President, I'm telling you, we've looked everywhere, we haven't found anything.

Dubya: Goddammit Powell, did you look under his bed? I told you, that Saddam bastard must've slept with a gun under his pillow at least...who doesn't? (he pulls out his shiny rifle from under his throne and kisses it lovingly: "Pow, pow!" he shouts, pretending to shoot at the deer head hanging above his throne)

Powell: But, Mr. President, that doesn't constitute a weapon of mass destruction...

(Rice runs in out of breath holding a red dossier)

Rice: Mr. President, it seems we could be in a little trouble here. It appears that the Brits dropped a crucial sentence before publishing the intelligence information. They dropped the fact that Saddam was prepared to use chemical and biological weapons "if he believes his regime is under threat." He was never an imminent threat sir, he didn't have anything...

Bush: WHAT D'YA MEAN HE WAS NEVER AN INEMI...EBINE...A CLOSE THREAT??? HE DROVE TWO PLANES INTO THE GODDAM WORLD TRADE CENTRE!

Powell (whispering in Dubya's ear): Actually, it wasn't Iraq who did that sir, it was al Qaeda and Osama bin Laden.

Dubya: Osama, Saddam, same

diff', those bastards both need to go.

Powell: Actually, with all due respect sir, they're completely different people and are actually quite unrelated. Osama engineered 9/11 and Saddam, well, he terrorized his own people. We have yet to find evidence that Osama and Saddam are linked at all.

Dubya: (stares blankly at the wall and blinks once to register that information)

So, you mean, I'm wasting \$85 billion to chase after a man just for imposing a regime of brutality and inhumanity? Dem der, that Conga place, didn't four million people die there for the same stuff? Why didn't we help them again P.P?

Powell: Remember our little rhyme we made for you to remember, sir?

"If they don't got nothing we can steal and sell/Then stuff them all, they can go to--"

Hans Blix: Hello, Mr. President. I'd like a little word if I may.

Dubya: Well, if it ain't for Mr. Know-It-All Four Eyes.

Blix: I'd just like to say that your war was completely unjustified. You misinterpreted intelligence information and created all sorts of spin and hype. It's been completely scandalous.

Dubya: Ah, shut up, squirt. Yo mama wears argyle knickers. And she's oogly. (In the back-

ground, a thunderous crowd starts shouting "No more war, no more lies!")

Dubya: Suffering socotash, what in tarnashin's that?

Rice: Sir, millions of people are protesting the U.S. occupation of Iraq and say we're hypocrites for not being able to dismantle our 31,000 tonnes of chemical weapons by the 2007 deadline imposed by the Prohibition of Chemical Weapons.

Dubya: (distracted by his shiny rifle, he sits polishing it, and hasn't heard a word Rice has said)

Huh? What? (he suddenly looks up and does a double take after seeing everyone staring at him)

WELL, WHAT ARE YOU WAITING FOR? SEND OUT THE CHICKEN ORDERS TO BOTSWANA!

## Student transportation

# More transit hassles



By Erin Bell

Everyone complains about tuition and textbook fees, but since starting college I've found myself paying through the nose with something far more valuable than cash: my time. I don't mean the time spent in class: I'm talking about the tribulations of actually getting myself to class and then getting home again.

In the interest of remaining debt-free, I decided that instead of buying a car or entering residence, I would schlep myself to Humber from Mississauga every morning on the bus. It sucks, let me tell you.

I don't understand why the Mississauga Transit doesn't offer a

shuttle service to Humber College. The TTC provides one to and from the Kipling subway station, and it's usually packed, so I'm sure that a similar service to Mississauga's Square One would be welcome.

But no. Instead, I must take three buses to get home, often waiting 20 minutes between each one because they don't synch up properly. One of the stop-overs is at Square One, which is fine, but the other is at the desolate Westwood Mall bus depot, which isn't so good. And winter is fast approaching, bringing with it cold and wind and darkness by 5:30 p.m.

The routes I take never go in a straight line. The buses wind around Pearson Airport and loop through residential areas where they brake at what seems like every street corner, carefully coming to a complete stop at every stop sign and zealously observing speed lim-

its in school zone after school zone.

To be fair, Mississauga is a curvy city. It just doesn't have the grid-structure of downtown Toronto that allows the streetcars to travel in beautifully efficient straight lines. However, that's still no excuse for the transit not to organize some sort of agreement with the TTC where users could transfer between the two transit systems without having to pay a second fare. It's only the second fare that keeps me, the ever-thrifty one, from simply busing it to Kipling and catching the TTC Hwy. 27 rocket to school, which would save me a good hour, if I want to pay double the fare, that is.

They have to do something. Some of us have places to be and don't want the tour of Mississauga's back alleys and industrial parks each night on the way home.

# Reality TV relieves



By Pierre Hamilton

Adam and Eve, I don't know what you were thinking.

Leaving paradise is tough, I know, because last night Paradise Hotel ended.

Forbidden fruit is alluring and having sampled most of what's hanging from the reality tree, it's nice to have a new choice. So when I saw a neon sign that flickered with the mature subject matter and sexual content of the Las Vegas strip, the offer proved to be too tempting.

Paradise Hotel follows a simple premise: single men and women, cast from God's own supermodel mold mate for love or survival. Each week, the host tells one guest to pack his or her bags and leave paradise until only Adam and Eve

remain.

Add the requisite plot twists, back-stabbing, alcohol-infused orgies and watch the first chapter of the Bible play out in all its contemporary glory.

In this season's show, amidst the valleys of silicone and over-inflated egos, the guests of paradise formed two groups: the axis of idiocy and the alliance of respectability.

Over 16 weeks, the teams battled for the ultimate prize as paradise deteriorated into primal debauchery. If I had the space, I would fill this entire newspaper with week-by-week breakdowns...if I had the space.

I'll miss Alejandro (the head waiter) and Kirk (the bartender) the most. In light of the behaviour of some guests, Kirk and Alejandro deserve the award for best supporting staff on a reality-based TV show.

Paradise wouldn't be complete without the online forum where you could read posts from Christians who asked if God/Jesus

would approve of their fascination with the show (note: I only visited the forums to do research). Which begs the question: What would Jesus watch?

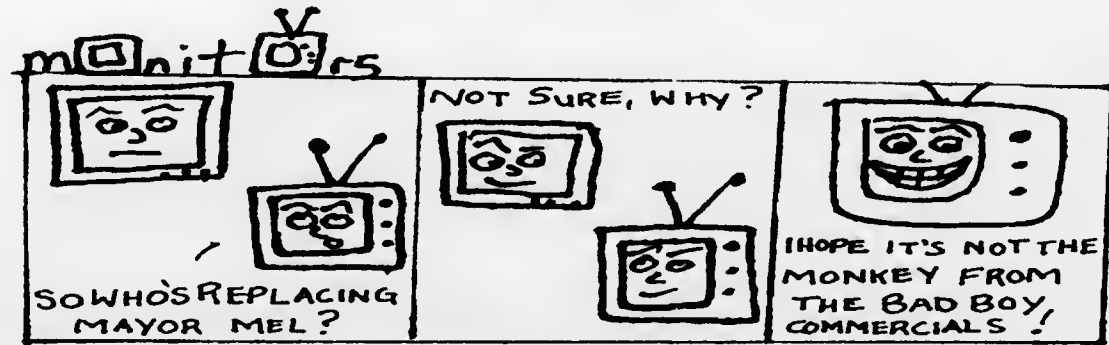
I know every cynical critic of popular culture is shaking his or her head in disbelief, but I don't care. Reality television is comedy. The show gives cynical people like myself a measuring stick with which to gauge ourselves.

Personally, I aligned myself with the newbies. Sure, they took great offence to being disliked, but if you grew up being chastised for being a goody-two-shoes then it's hard to have it occur on television by disrespectful morons who yell "YAHTZEE" in your face.

As the neon sign flickered off, I thought about lobbying Fox to bring back the show. You laugh, but how can I go on knowing that Paradise is Lost?

Easy. Temptation Island. The Bachelor. Joe Schmo, etc...

I breathe a sigh of relief. Ahh...paradise regained.



## Hockey team pounds Conestoga 7-1

## Chemistry mixes well for Hawks

By Eric Collins

The men's hockey team is looking forward to a Michigan road trip this weekend on the heels of a convincing 7-1 win over Conestoga last Saturday night.

The Hawks play against the University of Michigan on Friday before concluding the road trip on Saturday afternoon against Davenport University.

Overall, Hawks Head Coach Joe Washkurak is impressed with his team's chemistry going into this weekend's matchups.

"We have 13 new players on this team and it is going to take us some time but I was very impressed that we gave up only one goal against [Conestoga]," Washkurak said. "I think that we threw more hits Saturday night than we did all of last year. We are going to need that grit."

Goaltender Nick Grainger did

not start Saturday night in lieu of a split game between Luc Lamothe and Tucker Madder.

Both Madder and Lamothe are fighting for second spot in the ongoing goaltending dual between the two goalies.

"I thought both the goalies were excellent by any standards on Saturday night," Washkurak said. "Luc [Lamothe] gave up a goal but it was cheap even by his standards. He made great saves when he had to. When Tucker [Madder] came in he played great even though it is really tough to come in halfway through a game."

Washkurak said Grainger will start on Friday night. Saturday night's game will be split between Lamothe and Madder.

"Our goaltending will be the backbone of this team," Washkurak said. "We have three guys who can step in and play."

Another high point for the

Hawks is forward Corey Kilmartin, who showed much improvement in training camp from last year and had one goal and two assists Saturday night.

"Last year he was really only able to practice once a week," Washkurak said. "He wasn't in great shape but he worked really hard over the summer and the school allowed him to come to practice now. He is a strong part of this team."

The captaincy of the team was decided last week when James Rodak was given the honour.

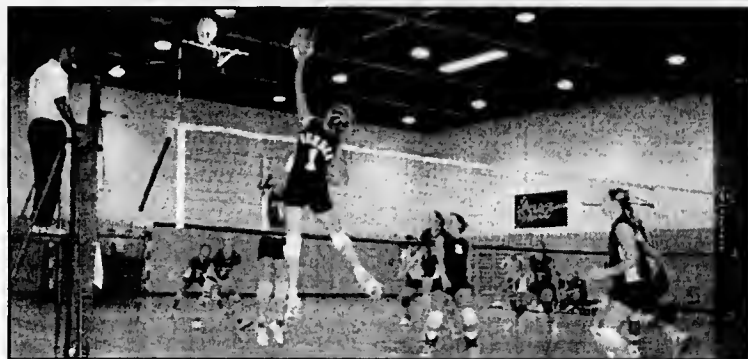
"James is definitely a great all around player. He is a pleasure to coach," Washkurak said.

**Correction**  
Last week's story listed Chucky Lea as one of the team's goalies, when he is not.



ERIC COLLINS

The Humber Hawks men's hockey team will test its mettle against American university squads this weekend.



The lady Hawks finished 2-2 at a weekend tournament.

## Hawks not half bad

By Josh Grunberg

The Humber Hawks women's volleyball team kicked off their season this past weekend playing in a four match round robin tournament in Hull, Quebec.

Although the Hawks finished the Quebec-Ontario Volleyball Challenge with an even record of 2-2, the Hawks coaching staff all agreed the weekend was a success.

"I'm very pleased with what we did," Head Coach Chris Wilkins said. "The goals we set out for were not win or lose, it was to get together as a team and improve our defence. We made positive strides for sure."

The Hawks, who lost their first match of the tournament to the host Outaouais Griffons 3-1, saved their best effort for their final match on Sunday.

Trailing 2-0 against L'Idéal d'Andre Laurendeau, the Hawks stepped it up a notch and fought back hard to tie the match at two.

The Hawks lost an entertaining fifth and deciding set 15-13.

"In our eyes we had already won," Wilkins said. "To show that much character and come back is fantastic."

The Hawks easily handled rival Seneca Sting in a game Sunday morning, sweeping them in four straight games.

Kirsty Gooderale, Amanda Arlette and Alex Romano led the way against the Sting.

In the other game against La Cite College, the Hawks over-matched and overpowered the Coyotes en route to a 4-0 win.

As expected, the Hawks offence was the best at the tournament, but the coaches felt the team's defence improved as well.

"Last two weeks is like heads and tails. We have a long way to go, but we'll focus on it for sure," Wilkins said.

The Hawks will seek revenge this Saturday at 2 p.m. when they square off against the alumni team.

## Disappointing tournament provides positive answers

Men's volleyball team finds silver lining from 1-3 Que. tourney

By Christina Bernardo

Humber's men's volleyball coach Wayne Wilkins was disappointed that the men's volleyball team failed to win last weekend's tournament in Hull, Quebec.

Even with an exhibition match under their belt, the Hawks were only able to win just one of four matches they played at the Outaouais Ontario-Quebec

**"...we did a lot of things wrong this weekend, but the good news is that we learn from them."**

Challenge.

On Saturday, Humber played against Titans Limoilou and won 3-2. The Hawks lost the first game, but with the play of Sokol Sakrama and Andi Dimushi, Humber fought back, winning the second game 25-21 and the third game 25-22. Humber failed to keep the momen-

tum and lost the fourth game 25-23, but with the match tied 2-2, the Hawks won the final game 25-8.

The following match against Sherbrooke resulted in a three set loss of 25-23, 25-23, 25-15, despite the fact that Humber held significant leads in the first two games.

"To lose game three to Sherbrooke and the first two games are 25-23, 25-23 and we were up 23-19 in both games against the fourth ranked team in the country says to me we have the potential to do great things," Wilkins said. "I think the catch is that we gotta learn to close it out."

On Sunday, the Hawks played against Seneca. The lack of focus and over zealous plays cost the Hawks, as they fell 3-1 to the Sting.

The final game was against the host team L'Outaouais. Humber only had one lead in the first game and failed to capitalize after mistakes and frustration cost them all four games.

"There's a bunch of things we have to work on," Bart Babij said about the weekend's matches. "No one expected us to be perfect right from the start, even though we set our goals really high, because we expect these things from each other that will come with time and prac-

tise and hard work."

Although Wilkins recognizes his team's professionalism, he questions their commitment.

"[Commitment is] something that they have to make a conscience effort of doing, and the problem is they have to get the priority level within themselves," he said.

Overall, Wilkins said it was a good weekend.

"I think we found ourselves. You never learn from anything you do right, you only learn from things you do wrong and we did a lot of things wrong this weekend but the good news is that we learn from them."

The Hawks hope that the new game plan will take effect this weekend when they play against the Humber alumni squad.

**Like what you see?  
Think we are  
clueless?  
Have an opinion on  
anything sports?**

**Write to us at:  
etcsports@hotmail.com**



# Women's soccer team rebounds after tough opening game loss

By Phil Messina Jr.

After a disappointing season opening loss, the Humber Hawks women's soccer team seems to have found their form.

Three straight wins have improved their record to 3-1 on the season.

"I think we're playing really well and we're coming together as a team now," Hawks defender Natalie Achim said.

The Hawks lost their first regular season game in five years in their season opener against Fanshawe, but rebounded with wins over Conestoga, St. Clair and Lambton.

"I think the first game changed the players' way of thinking," assistant coach Adriana Cataldo said. "The players realize that we're not going to win every game and every game is not going to be easy."

The Hawks got off to a slow start in the first half of Sunday's game against the Lambton Lions, but dominated the second half.

The momentum changed when Hawks forward Sandra Coelho was taken down in the penalty area at the 53-minute mark. Sonia Furtado was stopped on the initial penalty shot, but put in her own rebound to give the Hawks a 1-0 lead.

Coelho then scored her first goal of the season, giving Humber a convincing 2-0 win.

"In the second half we tend to step it up because it's do or die, so we put everything in to it," Achim said.

On Saturday, the Hawks found themselves down 1-0 against the St. Clair Saints at the half. At the 53-minute mark on a steal off of a Saints defender in the box, Joanna Kontonikolas tied the game.

"I told the team at the half that we were not losing this game," Kontonikolas said. "It was a matter of all of us picking up our game."

Achim notched the winner at the 59-minute mark on a chip shot that fooled the Saints goaltender to seal the 2-1 victory.

To avoid any slow starts in future games, Achim and Kontonikolas said communication is key and is something the team needs to work on.

"We need to talk more because that's what we haven't been doing and we realize that when we come off at the half," Kontonikolas said.

Humber dominated the game and controlled possession of the ball for most of the 90 minutes against Conestoga last Tuesday. The Hawks won 1-0 on a goal by Dorothy Aniuik, a looping free kick that sailed over the Condors goalie in the 60th minute.

"Once we got that goal I thought we played even much better after that because we were more relaxed," coach Mauro Ongaro said.

The Hawks next game is Tuesday Oct. 7 when they host the Sheridan Bruins at Valley Field at 4:30 p.m.

**"I think we're playing really well and coming together as a team now."**

the Hawks found themselves down 1-0 against the St. Clair Saints at the half. At the 53-minute mark on a steal off of a Saints defender in the box, Joanna Kontonikolas tied the game.

"I told the team at the half that we were not losing this game," Kontonikolas said. "It was a matter of all of us picking up our game."

Achim notched the winner at the 59-minute mark on a chip shot that fooled the Saints goaltender to seal the 2-1 victory.

To avoid any slow starts in future games, Achim and Kontonikolas said communication is key and is something the team needs to work on.

"We need to talk more because that's what we haven't been doing and we realize that when we come off at the half," Kontonikolas said.

Humber dominated the game and controlled possession of the ball for most of the 90 minutes against Conestoga last Tuesday. The Hawks won 1-0 on a goal by Dorothy Aniuik, a looping free kick that sailed over the Condors goalie in the 60th minute.

"Once we got that goal I thought we played even much better after that because we were more relaxed," coach Mauro Ongaro said.

The Hawks next game is Tuesday Oct. 7 when they host the Sheridan Bruins at Valley Field at 4:30 p.m.

the Hawks found themselves down 1-0 against the St. Clair Saints at the half. At the 53-minute mark on a steal off of a Saints defender in the box, Joanna Kontonikolas tied the game.

"I told the team at the half that we were not losing this game," Kontonikolas said. "It was a matter of all of us picking up our game."

Achim notched the winner at the 59-minute mark on a chip shot that fooled the Saints goaltender to seal the 2-1 victory.

To avoid any slow starts in future games, Achim and Kontonikolas said communication is key and is something the team needs to work on.

"We need to talk more because that's what we haven't been doing and we realize that when we come off at the half," Kontonikolas said.

Humber dominated the game and controlled possession of the ball for most of the 90 minutes against Conestoga last Tuesday. The Hawks won 1-0 on a goal by Dorothy Aniuik, a looping free kick that sailed over the Condors goalie in the 60th minute.

"Once we got that goal I thought we played even much better after that because we were more relaxed," coach Mauro Ongaro said.

The Hawks next game is Tuesday Oct. 7 when they host the Sheridan Bruins at Valley Field at 4:30 p.m.

the Hawks found themselves down 1-0 against the St. Clair Saints at the half. At the 53-minute mark on a steal off of a Saints defender in the box, Joanna Kontonikolas tied the game.

"I told the team at the half that we were not losing this game," Kontonikolas said. "It was a matter of all of us picking up our game."

Achim notched the winner at the 59-minute mark on a chip shot that fooled the Saints goaltender to seal the 2-1 victory.

To avoid any slow starts in future games, Achim and Kontonikolas said communication is key and is something the team needs to work on.

"We need to talk more because that's what we haven't been doing and we realize that when we come off at the half," Kontonikolas said.

Humber dominated the game and controlled possession of the ball for most of the 90 minutes against Conestoga last Tuesday. The Hawks won 1-0 on a goal by Dorothy Aniuik, a looping free kick that sailed over the Condors goalie in the 60th minute.

"Once we got that goal I thought we played even much better after that because we were more relaxed," coach Mauro Ongaro said.

The Hawks next game is Tuesday Oct. 7 when they host the Sheridan Bruins at Valley Field at 4:30 p.m.

## Gross Misconduct

By Cory Smith



**Cross checks:** Watching Toronto and Ottawa play last weekend has renewed my hate for the Sens. Jason Spezza just mouthed off from the penalty box after crosschecking Travis Green in the head.

...So, did you hear the one about the Canadian women's soccer team that was the first in Canada to make it into the second round of the World Cup? Nobody else did, either.

**Diamond dust:** Roy Halladay is the American League Cy Young winner. This guy will win 20 games consistently, unlike that fraud, Esteban Loaiza.

...Loaiza is the next Omar Daal. One good season and then it's back to getting smoked next year.

...Goodbye Cory Lidle. The fans in the SkyDome bleachers will miss their souvenir gopher balls that you served up for a waste of \$5 million bucks.

...Although I don't like the Yankees, it's hard to bet against Roger Clemens, Mike Mussina and Andy Pettitte. If they don't win this year, though, George Steinbrenner might clean house.

...In the National League, it's hard not to root for the Cubs, who haven't won the World Series in almost 100 years.

...As great as Carlos Delgado is, the Blue Jays can't afford to pay him nearly \$20 million of a \$50 million budget.

**On the tube:** While watching Sportsnet News this weekend, there were a couple of major gaffes. Jason Portuondo butchered Leafs defenceman Tomas Kaberle's name, and Ian Mendes compared Eric Lindros to Bryan Fogarty and Alexandre Daigle as teenage phenoms who couldn't live up to their hype. Mendes should watch hockey before saying something so assinine

...I doubt I'm the only one looking forward to hearing Joe Buck, Tim McCarver and Chip Carey calling the MLB playoffs. Anything to get Rob Faulds voice out of my head. "Whaddya think about that?!"

...I think we need Dan Shulman and Buck Martinez calling Jays games once again.



The Humber Hawks women's soccer team reeled off three straight wins after a season opening loss to Fanshawe.

## Men's soccer team undefeated

# Osei leads winning week

By Geoff Rohoman

The Humber College men's soccer team remained undefeated last week while playing a busy set of five games in eight nights.

On Tuesday, the Hawks needed extra time in the second half to beat eighth-place Redeemer College 1-0.

Kwame Osei scored the winner for Humber, which, although undefeated, weren't satisfied with the victory.

"It was our worst game in the last five years," coach Germain Sanchez said. "They were mentally off their game."

On Sunday, the Hawks were in Sarnia to play the Lambton Lions, shutting them out 5-0.

"It was a whole team effort," said Hawks assistant coach, Arturo Alava.

The Hawks opened the scoring in the 12th minute of the first half when midfielder Mike Rodriguez fired a shot from outside the 18-yard box that beat the goalie.

Humber continued the attack in

the 27th minute, when Osei, the Hawks' leading scorer, rifled a shot, again from outside the 18-yard box, past the goalie and into the back of the net.

Osei wasn't finished though, as in the 32nd minute, Mehmed Mehmedoglu crossed the ball perfectly to Osei's head, who redirected it into the net for his sixth goal of the season and his second of the



Humber's men's soccer team got their kicks against the Lambton Lions last Saturday, beating them 5-0 in Sarnia.

game. "It was a nice cross," Osei said. "I just made sure that I put it in."

After a penalty kick that made it 4-0, the game was put away in the 34th minute when Mike Rodriguez, scored a brilliant goal, for his second marker of the game.

Goalie Domenic Politano secured the shutout with several key saves.

The Hawks were in Windsor on Saturday, facing the St. Clair Saints.

The four-hour trip seemed to affect the team as all of their opportunities failed to materialize and they had to settle for a 0-0 tie.

"I think we played okay," Head Coach Germain Sanchez said. "We created many chances."

The Hawks went to Mississauga last Thursday, beating the George Brown Huskies 4-1. Veteran Vito Del Duca broke out of a slump by notching two goals.

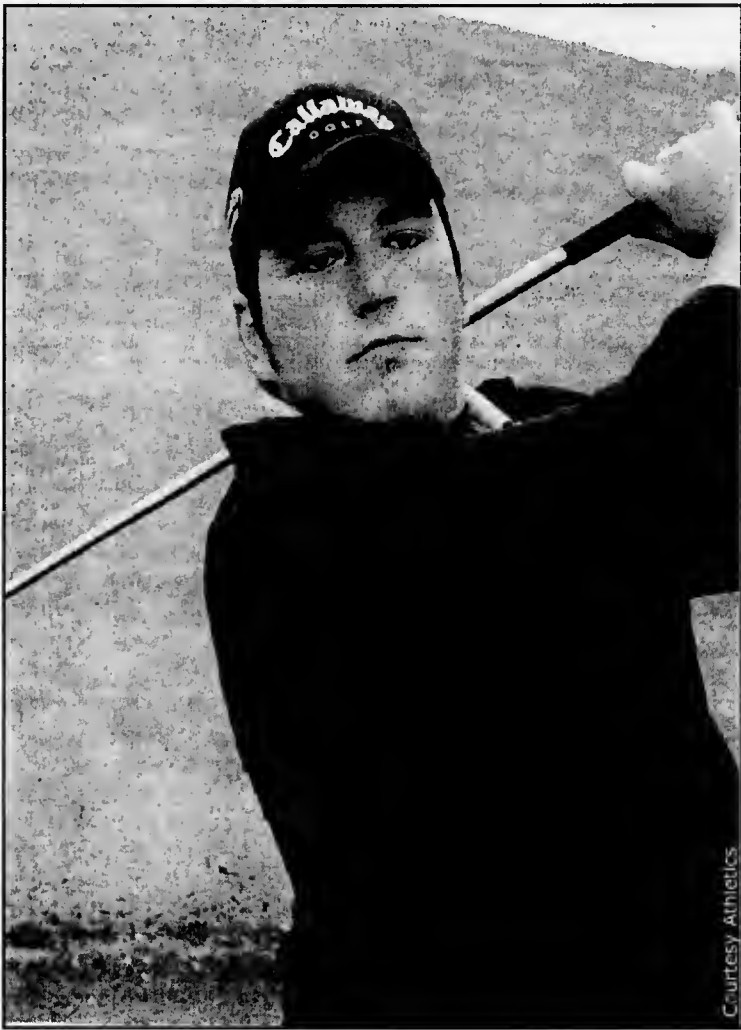
"It felt really good to finally get into the groove of being able to contribute like I did last year," Del Duca said.

Last Tuesday in Kitchener, the Hawks beat the Conestoga Condors 3-1 in former All-Canadian goaltender Mike Silva's return after a year absence.

"It's good to be back," Silva said.

Humber's next home game is against Sheridan at Valley Field on Thursday, Oct. 9 at 4:30 p.m.

# Leading on the links



With a CCAA championship under his belt, Lamb says he would like to test his skills one day on the PGA Tour.

*After a national title, Ryan Lamb is ready to take the next step*

By Andrew Hopkins

With hopes of becoming a professional golfer after graduating, second-year student Ryan Lamb is already going after his second national championship.

Born in Bradford, Ontario, the 20-year-old Lamb was introduced to the sport by his dad. It didn't take long for the addiction of the game to grab hold of him.

After graduating from high school, he enrolled in the Professional Golf Management program at Humber College.

"It's a great program, recognized by the CPGA (Canadian Professional Golfers' Association). I realized I couldn't afford a golf scholarship to the U.S., I chose the next best thing and it was Humber."

Unlike most who want to emu-

late what Tiger Woods does on the course, Lamb has a polar opposite for a golfing idol.

"Fred Couples. I grew up watching him. I always loved his effortless swing. He was and still is amazing. This is something that may surprise a lot of people who

feel content with themselves, but golf is a sport that demands concentration.

"I could always do better. My putting gets sketchy from time to time and I always seem to hit one very stupid golf shot that results in many more. Basically I am working on keeping the ball in play and making the right shots. It's all mental."

As a first-year player, he won the gold medal at the national championship.

"He is tournament tough and is always going to challenge for gold," Coach Doug Fox said.

Lamb believes that he can not only challenge for gold but also repeat as champion.

"I believe I will play very well. If my putting is as good as last year, it will be tough to beat me," he said.

The nationals aren't just an individual competition, and Lamb believes the Hawks will win again.

"There isn't a team out there who has our depth, our determination, and our passion. We want it bad," he said.

Chateau not only views Lamb as a solid golfer, but also sees him as a good teammate.

"He's always interested in how his teammates are playing, enjoys joking around and doesn't mind being the brunt of jokes at times."

For Ryan Lamb, commitment is a vital part of success.

"I am very passionate about this game. I bleed it."

**"There isn't a team out there who has our depth, our determination, and our passion."**

know about golf Couples is the definition of professional. He goes about his business with a demeanor that is never unscathed."

Lamb may find that Couples is his favourite golfer to watch, but coach Ray Chateau has a different view on who Lamb plays like on the course.

"He hits it relatively short. However, he is very accurate and has a deft short game. In many ways his ball striking reminds me of Fred Funk. He finds a way to score and remain in contention even when he is not playing well."

In any other sport, someone who has won 27 tournaments might

dancer was realized.

Though the task can be demanding, Richardson says she's enjoying the experience.

"It's amazing, it's fun, it's tiring," she said. "You are treated like an artist. You get your own hotel room, your flight is paid for, you get paid, you even get your own sound check."

Richardson has also found the experience challenging as she is dancing with some of Toronto's best.

"I'm not there yet. I'm small fries compared to who I am dancing with," she said.

Dancing for DLM and Do-Dat has not only paved the way to professional status, it has also provided Richardson with the chance of a lifetime.

"Being on that dance squad is the biggest accomplishment of my career," she said. "I'd much rather be a Do-Dat dancer than anything. Do-Dat forever!"

Junior Raptors at the age of 14.

Richardson is now a graduate from Humber's marketing program. She was also an original member of the Hype:

"I didn't even know there was a dance team," Richardson said. "Katie [Hagan] found me in the hallway after auditions and brought me in. There were already 10 dancers, I was the eleventh."

Richardson spent two years on the team, helping them win consecutive national titles.

This year, Richardson has come back as Hype's choreographer. The team is currently in its third season and is looking to bring a third consecutive national title home to Humber.

"If I can help bring the standards up and help these girls, then great, I'm all for that," she said.

In January, Richardson started dancing for DLM and Do-Dat dance studios. It was here that the dream of becoming a professional

## Dancin' queen back to help Hype squad

By Shannon Henry

Former Humber Hype dancer Shelley-Anne Richardson can now add professional dancer to her resume.

The 22-year-old is now dancing among Toronto's best as part of the dance crews for Canadian pop/hip-hop star Shawn Desman and Montreal artist Carl Henry

Richardson started dancing with SCYDE dance studio when she was four years old. At the age of 11, she started competitive dancing.

Her dance arsenal includes a wide variety of styles such as jazz, tap, ballet, acro and hip hop.

Through the years, Richardson has won titles such as Miss Show Biz and specialty honours such as Pretty In Pink.

"I always used to win all of those awards," Richardson said.

She was also a member of the

## CLASSIFIED ADS

### ADVERTISE IN THE HUMBER ETCETERA

Put YOUR ad here!

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

AD \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Drop Form off with \$10 per insertion in the Et Cetera newsroom L231 at the North Campus

**During those long road trips, take a break with Et Cetera Sports**



# Smells like school spirit

*With a variety of prizes being offered, there are many reasons to check out a game*

By Chase Kell

As Humber athletes compete to fill their trophy cases, Humber's Student Athletic Association works to fill the seats with fans cheering for the Hawks.

Since Humber began the SAA in 1989, it has worked with the athletic department, supporting and promoting athletes.

"They wanted to come up with some type of organization that helps students to get involved," said Katie Hagan, president of the SAA and director of the Humber Hype dance team. "We help the staff in getting people to watch the varsity teams play."

New to the SAA is "Team Op," a team of students responsible for promoting Humber Hawks games with posters throughout the school.

They are also in charge of

recording games for the players to study, controlling the score boards and play-by-play announcing during games.

The SAA has many ways of enticing students to attend varsity games, most of which include great prizes and chances to win a lot of cash.

At every basketball game there is a shoot for cash, an event held at half-time when a fan chosen from the crowd can shoot for up to \$5,000.

There are many different raffle draws, where last year's winners took home new TVs and DVD players. There is also a draw for what is called "the best seat in the house," where the winner sits in a comfortable couch as close to the action as possible.

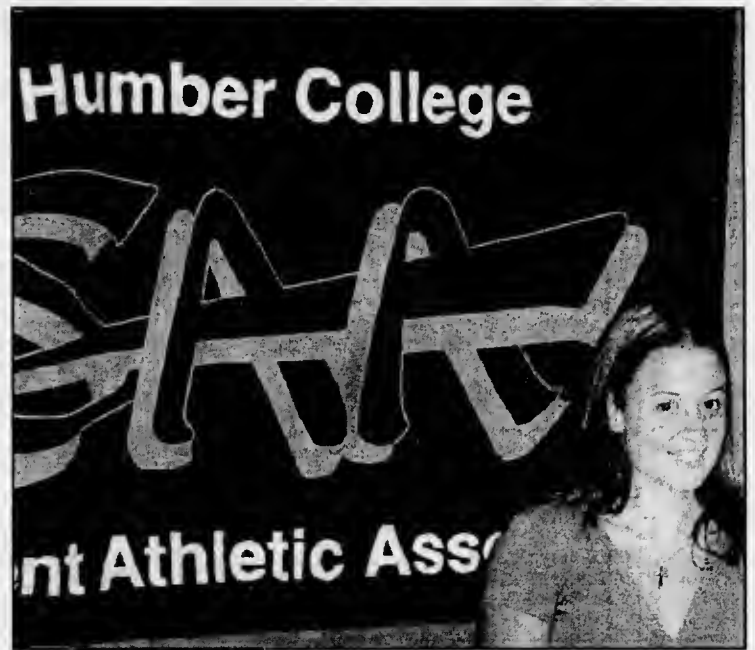
A new section of the SAA, known as CLASS (Campus Life

Activities for Student Spirit), is hosting a raffle at Humber varsity games. Fill out a ballot and, at the end of the year, you could take home a Dell personal laptop courtesy of the SAA.

Humber will host this year's Women's Volleyball CCAA National Championships, where Humber T-shirts will be given out along with "thundersticks"- two inflatable poles used to bang against each other to make a lot of noise.

Based on past tournaments hosted at Humber, the SAA is predicting a great turnout.

The SAA also organizes events such as video rentals for varsity athletes, a barbecue, a pumpkin carving contest at Halloween, and the varsity athletic banquet in April.



Katie Hagan, president of the SAA, is hoping events like handing out thundersticks, shoot for cash and best seat in the house, will entice students to attend varsity sports.

# Rugby team gets first win



Humber credits its physical play for securing its first win of the season over Georgian.

## Hawks physical play dominates Georgian in 15-8 win

By Kristine Hughes

The men's rugby team won its first game of the season, but coaches say it was a messy victory over Georgian.

Despite winning 15-8, coach Carey French said Georgian was pushing Humber off of the ball and capitalizing on Humber's handling errors, but he feels that the team has shown a big improvement during the last three weeks in all of their weak areas.

"We had a tough go. We played the first place team (last year) for the first game, and now the second place team (Georgian) for the second game. But that's good, it makes us work harder as a team," French said.

Prop Gabe Dunlop agrees with French.

"The players from Georgian were cursing as they got up from our hits," he said.

Centre Dale Essue said Humber's physical play was the key to their victory.

"Our backs were just pounding them, and our forwards were hit-

ting really hard," he said.

Essue had four tries in two games, with two of them coming in the game against Georgian. He scored the first try of the game, giving Humber early momentum.

"[Essue's try] was one of the sickest things I've seen. It was amazing," winger Joel Tremblay said.

Essue credits his ability to see the gaps out on the pitch, and capitalize on them, to make him a successful scorer. Captain Marc Freer scored the second try of the game, which could only be described as "textbook," according to lock Brian Plinke.

## Teach English Overseas



ESL Teacher Training Programs

- Intensive 50, 100 and 200-hour programs
- Classroom management techniques
- Lessons for teaching grammar, vocabulary, speaking and listening
- Teaching practicum included in Advanced Programs
- Job Search Seminar Included

For More Information Contact Oxford Seminars:

416-924-3240 / 1-800-269-6719

[www.oxfordseminars.com](http://www.oxfordseminars.com)

SONY

Sony CD Walkman powered by

**Atrac3plus**

**YOUR  
MUSIC LIBRARY  
TO GO!!!**



Yes, you CAN take your music library wherever you go and it won't weigh you down. With Sony's new ATRAC3plus CD Walkman player, you can carry 490 songs on 1 CD. This new compression format lets you store more songs with better quality to brighten up your marathon commute or a long, long walk in the park.

**490 SONGS ON 1 CD**

Carrying around your CD collection can be a drag -- literally. With SonicStage software, you can easily burn 490 songs, at 48kbps, onto a CD. And, those aren't 2 minute songs, those are 4-minute songs. Compressed in ATRAC3plus format, you can take your music library anywhere you go.

**HIGH QUALITY SOUND**

A lot of music compression lets you store more music but it all sounds bad. Sony's ATRAC3plus compression actually bumps up the quality of MP3 songs and lets you equalize them so you don't get varying volume levels that can pierce your eardrums.

**SOFTWARE INCLUDED**

SonicStage Simple Burner™ software comes with every ATRAC3plus CD Walkman player. It converts your MP3 downloads easily and quickly on your PC — you won't need to learn a whole new technology to do it. Plus, you can leave your CD open ended so you can add songs later.

**...AND MP3S TOO!**

Your Sony ATRAC3plus CD Walkman player is even friendly with the MP3 CDs you burned to play on your PC. So, you can play ATRAC3plus or MP3 encoded CDs and, with some players, the radio as well!

**EASY ID ON THE LCD**

All ATRAC3plus CD Walkman players have ID3 tagging that lets you see which folders and songs you are playing on the LCD display. Most even have a jog dial that makes scrolling through titles even easier.



Available at an authorized Sony dealer, Visit [www.sonymstyle.ca/cdwalkman](http://www.sonymstyle.ca/cdwalkman) for more details.



STARTING FROM  
**ONLY**  
**\$119.99\* !!**

THE ULTIMATE  
IN SOUND  
QUALITY AND  
SLIM DESIGN  
• D-NE1,  
\$289.99\*

TUNE IN TO  
AM/FM  
OR CD ON  
THE GO  
D-NF811,  
\$179.99\*