

# Humber Et Cetera

**Lifestyles**  
Lessons in love at  
the ROM /pg 16

**Health**  
Safe sex at Humber?  
Yeah right! /pg 12

**Entertainment**  
Treble Charger ro  
Caps /pg 22

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INSIDE  
NEWS

ARTS

SPORTS



A SPECIAL PHOTO PULL-OUT  
**Humber Life:**  
we study,  
we sleep,  
we learn...

## Mo' money

**Surprise, surprise !  
Another tuition  
hike is on its way**

BY LUKE McCANN  
News Reporter

The Board of Governors (BOG), at their next meeting in March, will likely raise tuition for the 1998-1999 year because of poor government funding.

All students will have to pay an extra \$127, an increase of nine per cent. Post-graduate program students will have to pay an additional \$350, for a total of \$477.

Humber President Robert Gordon said this is not something the BOG wants to do, but feels they have to because the provincial government will not give colleges more money.

"The Government is paying less and less for colleges than they're prepared to pay for universities and high schools," said Richard Hook, vice president Academic.

Rather than raise the financial help to Ontario colleges, the provincial government has allowed the colleges to increase their tuition by up to 10 per cent next year.

Seneca College, George Brown and Centennial have tentatively decided to raise their tuition by five per cent, while Sheridan College is looking at a 10 per cent increase, but, like Humber, nothing is definite because these figures have not passed their respective Board of Governors.

Hook believes that Humber students want quality and that costs money these days.

"The fact of the matter is the better students we recruit the more demanding they are for quality, and we can't maintain or enhance our quality without some additional dollars," he said.

SAC President, Shirley Forde had no comment because her office was not informed of any tuition or enrolment increase at the time of publication.

"We can't lobby against an issue that we haven't studied yet," she said.

"When push comes to shove we have to have the increase," said Gordon. "I don't want to be Centennial and George Brown who bring in students and they're gone by Christmas; we want to be the best College."

There will also be an enrolment increase of three per cent, which Hook attributes to new programs and the retention factor.

"We're keeping more students,

which gives us less of a drop out rate," said Hook. "In 1991, Humber had 1,200 staff in all categories. In 1998, Humber has 880 staff in all categories with an additional 2,000 students. Now that ought to tell you something about efficiency, we're not inefficient."

But not everyone is as optimistic on this issue.

"Now we have Humber saying that they're going to increase enrolment by three per cent and tuition by nine per cent and yet they're not expecting any increase in staff compliment," said Maureen Wall, president of the Faculty Union. "Something is going to give, and how is all this going to improve the students' educational experience?"

The extra students along with the extra tuition, will generate an additional \$2,753,429 for Humber College to spend.

Where is the money going? The Student Support Fund will receive \$825,000. From this amount, \$100,000 will be awarded to 200 bursaries of \$500 each.

"We are putting more support into the placement initiatives so we really do help people get the jobs," said Hook.

As for the rest of the money, Hook said some will likely go to hardware and software improvements, and to raise faculty

salaries, which he said, have not been raised for about four years.

"When the (salary) freeze comes off, the salary adjustments seem to be about \$3.1 million," said Hook.

Wall said she finds that hard to believe, and is angry at BOG's



PHOTO BY ANDREW MCKAY

In order to maintain college standards, the college needs to bring in more money, Richard Hook, VP Academic, said.

plans to use the tuition increase to supplement faculty salaries.

"They're just words," she said. "It is underhanded; if their plan is to raise tuition, they should not tie that in with a faculty salary increase."

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FOR REFERENCE  
NOT TO BE TAKEN FROM THIS ISSUE

## Gideons spread God's word at Humber



PHOTO BY JORDAN H. GREEN

Gideons representative, Daniel Lazo, hands out copies of Gideons Bibles free of cost.

The group took its name from a biblical hero named Gideon

BY ANDY GEORGIADIS  
News Reporter

The Gideons who put Bibles in hotel rooms were giving them out at Humber College last Thursday.

Humber College Chaplain, Dr. Randy Gallaway, invited them to come out on behalf of the school's Lifeline Christian Fellowship club.

Gallaway said he invites the Gideons twice a year "to give a Bible to anybody that wants a copy of God's word."

These pocket-sized versions now come with blue and white covers.

The Gideons have been coming to Humber College for the past six years and Gallaway estimated that they give out between 600 and 1,200 Bibles per visit.

According to Gallaway, the event has always been popular with the students and staff. And

he's never had problems reserving a table from the student government.

"There are people in here selling books and flowers. We're just handing out Bibles," he said.

The idea originally came about when three Christian salesmen were stranded at a Wisconsin hotel in 1899.

Wishing they had something to read, they came up with the idea of putting a Bible in every hotel room.

Since then, the Gideons have expanded into 174 countries and give out approximately one million Bibles every nine days worldwide.

Membership fees, which are paid annually by men and women, only cover administration costs. The rest of the money has to come from other sources.

Richard Rafuse, president of the Toronto West Chapter of Gideons, said each Bible costs about \$1.50 to print, and the association depends on donations from churches, missionary groups, and any other people who believe in their cause.

"We do not sell any Bibles

under any circumstances," he said. "But we look for the best deal like anybody else."

Rafuse said that to become a Gideon, you must be a salesman or in some kind of management position.

"These are the people who have control over their time and can do the things required of them," he said.

**"There are people in here selling books and flowers. We're just handing out Bibles."**

**— Dr. Gallaway, Humber Chaplain**

The group took its name from a biblical hero named Gideon who, according to Old Testament scripture, achieved a great victory with just a small group of men.

All Bibles given out last week contain only the New Testament.

## No love-connections in Dating Game

BY ANDREA FRIEDLI  
News Reporter

This year's Dating Game event was a close call.

When at 11 a.m., only two people were signed up to partake in this event, Jayme Marji, SAC representative for Accounting went on a crusade, to pull together enough people to participate in the event.

Neetu Verma and Gina Castellon, both second-year Accounting students were two of the female students Marji was able to talk into playing along.

"We were studying, and she pulled us out of there and asked us if we wanted to participate, so we said okay," they said.

While she had a few problems finding the female participants, male candidates were a little more scarce.

It took around an hour to round up three bachelors to partake in the event.

Shane Wickens, a Fire and Emergency Services student, was one of the first to sign up.

"I'm participating just for the fun of it. It's something new, something different," Wickens said.

His friends all tried to talk each other into participating, however

they were too shy to go up themselves.

Finally, just after noon, the event began. The audience grew larger, as did the enthusiasm.

Verma was the designated bachelorette, the men on the other side of the panel were Wickens, Stefan Regier, also a Fire and Emergency Services student, and Araish Haveliwalla, a second-year Business Administration student.

Marji provided the questions.

"If you were a sundae, how would I melt you?" she asked the bachelors. "Tell me how you look," she continued. "If we had one night together, where would we go?"

Needless to say, these questions received some very provocative answers.

Verma chose Haveliwalla to be her date after he told her that he was like a big, cuddly bear, brown and furry, and every woman's dream.

The second round had Adriano Curatolo, a CIC student in his final year, asking the same questions as in round one.

The lucky bachelorettes were Pat Andrade, first-year Hospitality, Sabrina, first-year Hospitality and Castellon.



PHOTO BY ANDREA FRIEDLI

Students at Humber participate in the Dating Game event with mirth and merriment.

The crowd grew larger, and in the end, the student centre was packed.

Everyone was participating, yelling out answers, and cheering on the participants.

The second round ended when

Curatolo chose Sabrina as his date. But since she had a prior engagement on the night of the date, Andrade took her place.

So even though it started off slow, participants were rounded up and technical difficulties were

overcome.

The event turned out to be a success — no real love-connections were made, but everyone had fun, and the winners were able to look forward to dinner for two at the Keg.

# OSAP overhauled

There will be more pressure on loan defaulters

BY ANDREW MCKAY

News Reporter

The Ontario government has announced changes to OSAP that will place more responsibility on parents and schools to fund students' education.

Beginning next year, students who have been out of high school for less than five years will have their OSAP cut anywhere from \$100 to \$993, depending on their parents' income levels. The government will also increase pressure on loan defaulters, withholding income tax refunds from deadbeats. As well, colleges and universities with high rates of loan defaults will have to pay a portion of that money.

The government also said that the loan-forgiveness program will be replaced by the Ontario Student Opportunity Grant Program. Loan amounts over \$7,000 will be paid by the province to the lending bank at the end of each year, instead of the end of the student's program.

Provincial Education Minister Dave Johnson said last week that the new guidelines will make OSAP fairer and easier to understand.

"Students have told us the current program is confusing," Johnson said, referring to the difference between a the amount on

a bank's loan statement and the amount that has to be repaid.

The changes are drawing criticism from student groups, who say the government is trying to load even more responsibility onto the backs of the financially needy.

"This government is ignoring the overall problem of funding," Wayne Poirier said. Poirier, the Ontario Chairperson of the Canadian Federation of Students, said the government has forced students to take on massive debt loads.

"They've eroded (OSAP) by increasing tuition, they've raised the amount you have to pay. This government just doesn't have a good understanding of post-secondary education as a whole."

Cameron Swimm, SAC VP external and the President of the Ontario Community College Student Parliamentary association, said the new grant program isn't intended to clarify the system.

"These changes are to (the government's) benefit," Swimm said. "By not paying the difference at the end of the program, they save on the interest" that used to accumulate on the loans. The government pays the interest on a loan until the student starts to repay it.

Dave Johnson said that basing a student's loan on their parents' income is a fair approach to funding education.

"Of course families are expected to contribute to tuition today," Johnson said. "So \$50 a year, I think that's something that could be managed."

Judy Harvey, Humber's Dean of Student Services, said the government is assuming that an improving job market means all students and families have money to spend.

"I think they might be coming down too hard and too soon," Harvey said. She also said the government is moving too quickly to catch deadbeats.

"I think they're victims of financial hardship. These are loans that have been amassed during a period of high unemployment, where salaries were stagnant. There has to be some allowance for that."

As part of the crackdown on defaulters, the province said that any institution that has a loan default rate 15 per cent over the provincial average will have to pay that money back. In 1999-2000, that ceiling will fall to 10 per cent. Right now, 23.5 per cent of loan recipients in Ontario default on their loans. At Humber, 20 per cent default.

Harvey said that the crackdown won't affect Humber as much as it might have.

"We had heard a rumor that default rates would have to be down to 10 per cent, so we can take these numbers," she said. Harvey also said private institutions have the most to lose from the new plan, with schools like DeVry at a 40 per cent default rate.

Harvey acknowledges that Ontario's schools will have to take on a heavier load of the financial support for students.

"We're new to the fundraising



PHOTO BY ANDREW MCKAY

Cameron Swimm, SAC VP(External), feels that the changes in OSAP are heavily loaded in favor of the provincial Government.

game," Harvey said. In the past two years, Humber has raised close to \$500,000 for the Ontario Student Opportunity Trust Fund. When the window closes for donations on March 31, the school will have almost \$1 million to place in an endowment. The interest from that money will supply 30 annual bursaries of \$500

each.

Wayne Poirier said these initiatives are a drop in the bucket of help students need to get through school.

"The government has chosen to cut costs by tightening eligibility criteria for students, at a time when the need for student assistance has never been greater."

## Humber seeks degree-granting status

BY WYLIE ROGERS

News Reporter

The president of Humber College is poised to take on the private sector's big dogs.

Humber has been unable to get a bid for degree-granting status on the government's agenda.

The Ministry of Education has not reacted well to colleges acting on their own behalf.

"The most difficult way is a frontal attack by college administrators, which would be seen as self-serving," said President Robert Gordon. "They will react to pressure from the private sector who are saying we need this."

One of the ways of accomplishing this task is by looking "to the press, lobbyists, by influencing politicians to argue on your behalf," said Gordon.

This is easier in theory than in practice.

"The guys running the big companies aren't thinking about this every day," said Gordon, alluding to the pressure needed to move the process along.

"It's up to people like myself to be behind the scenes, deal with the lobby and convince the private sector."

Ideally, universities and colleges would work in coalition with one another

There are some drawbacks as well. Recent college-to-university converts still experience obstacles.

"Ryerson is an institution struggling to demonstrate that it is equal to universities in terms of research and other capabilities," said Gordon.

Ryerson Polytechnic University obtained degree-granting status in 1971 and applied for university status in 1993.

Dennis Mock, vice-president academic, said it's important to develop a senate or similar body to judge academic quality.

"We are not at the same level of grantsmanship as other universities," said Mock.

"I wouldn't have come to Ryerson if they didn't have degrees."

Although there have been some problems, Mock cites a recent poll of universities in MacLean's magazine as a good indicator of the market for applied degrees.

"Clearly you require a regulatory or legislative change to allow this to happen," said Gordon. "We have to shape the argument for them until they say this is a very good point."

Mock added Humber College must approach the situation carefully.

"You can't suddenly call a cow

a horse," he said.

The upcoming election may sideline any further progress. If local representatives are receptive, the election process could act as a catalyst.

The Tories are tentatively planning a visit to Humber as a part of their campaign, said Gordon. It should be a good opportunity to gain support and get feedback at the political level.

"Now, I think we're talking about a number of months before it comes on the agenda," said Gordon. "The reason I say that is I'm sensing a lot more discussion and with an election coming up, it could be a lead up to that."

Et Cetera  
<http://etcetera.humberc.on.ca>

# Humber College has a heart

## Lakeshore Campus raises over \$1,000 for the heart

BY JANE P. TAGUICANA  
News Reporter

Lakeshore Campus beats North Campus when it comes to having a big heart.

The smaller campus raised twice as many donations for the Heart and Stroke Foundation's Fit for Heart fundraising last year, and is even expecting to beat the 1996 total.

Lakeshore Campus collected a total of over \$1,000 pledges and donations from about 30 participants.

The North Campus, will host the event on Friday, February 20. Last year, North campus raised five hundred dollars from 50 participants.

But regardless of which campus raised more, Lakeshore Campus Athletic Assitant Sonja

Herrfort said the main point is that "Humber has heart".

"Activities like this show that we (Humber students and staff) don't only look out for ourselves but also for others," said Herrfort. "Students don't have to leave the campus to help people out."

Athletic Assistant at the North Campus Leanne Henwood agrees.

"The Athletic department has always tried to promote wellness. Fit for Heart raises the awareness on heart and stroke and its relationship with a healthy lifestyle that includes fitness," she said.

The North Campus' Fit for Heart will be held in the gym where students will be introduced to boxercise and cardiofunk - a new type of aerobic exercise that incorporates funky dance steps compared to the typical aerobic movements. Pledge forms are available at the athletic department or a minimal dollar donation will get you in.

The activity is a fun way of

increasing awareness on the benefits of a healthy lifestyle and telling people that anybody can be affected by heart disease and stroke, said Heart and Stroke Foundation Exercise Event Coordinator Laura Konantz. She encourages everyone to watch what they eat, incorporate exercise to their daily routine, and stop smoking.

Second-year Social Work student Kyla Mandley raised a pledge of \$115 from family and friends. Aside from being an aerobic fanatic, Mandley likes participating in this kind of events because of her own personal experience with death last summer.

"My grandma had a heart attack and it kind of hit close to home," Mandley said.

The fundraiser for the Heart and Stroke Foundation is in its fourth year at the college.

It coincides with the celebration of Heart Month this February.



PHOTO BY JANE P. TAGUICANA

Humber College's Fit for Heart campaign introduced students to boxercise and cardiofunk.

# Students lack job searching skills

Lack of knowledge is the main reason many graduates are having a tough time finding career jobs

BY JULIETTE DUFFUS  
News Reporter

When Michael Campbell graduated from Humber's Plastics Engineering program last year, he was convinced there would be a job waiting for him. But Campbell said the job search has not been going well. He returned last

week for the job fair hosted at Humber's North Campus.

"I'm looking for something more progressive, because what I'm presently doing, I don't feel is really going anywhere," said Campbell.

Campbell, is not alone. Organizers of the Grad Fair said lack of knowledge of available resources is the reason many recent grads are having a tough time with job searching.

Selima Enchan, an organizer for the Campus Work Link Office (a centralized internet job posting system for about 75 per cent of colleges and universities across Canada), said it's a shame that many students are not familiar with

the internet job posting system.

Dora Georgiopoulos, a senior facilitator at the Etobicoke Job Finding Club discussed the three week job finding program operated by Humber College.

"We teach people things like resume writing, cover letters, thank you letters, we also do two video taped interviews and cold calling," said Georgiopoulos.

The program, funded by Human Resources, emphasizes research skills students should use to gain background information on companies and access the hidden job market where over 85 per cent of the jobs are.

"Employers really enjoy speaking to graduates about their job and how to get into that field," Georgiopoulos said, adding that once there, graduates can access leads to gain employment.

According to Karen Fast, an employment advisor in Career Services at Humber, today's graduates will have to be flexible, adding that the new theme of the future job market will be career buoyancy.

"You will literally have three careers going at one time; one core career, the one that brings in the bucks, another one might be part-time teaching, and the third might be a dream job. Keeping the balls in the air. It's realistic, it can be handled," Fast said.

According to Fast it may be scary for some people, but there is a lot of room for flexibility.

While many feel the future is bleak as far as job prospects, education remains the best weapon.

Richard Hook, vice president Academic for Humber College said Humber graduates have a tremendous advantage.

"Humber is known in Japan, South East Asia, Africa, Europe, it really does have a tremendous reputation. It has a reputation because of its graduates. Its graduates have done tremendously well," said Hook.

For Greg Anderson, a first-year student in Humber's Safety Engineering program, going back to college after working for three years has provided a clear focus.

"I've decided that I want to get into the safety industry, so I'm going to stick with this program," said Anderson. Anderson also said it was boring working for minimum wage in a factory.

"By working for three years, and getting out there, I made some choices and coming back to college was the darn best thing I did! I'm pretty positive that I'll find a job, there's an increasing safety industry," he said.

Above all, organizers of the grad fair suggest indepth research. Finding a job is a job itself.

Students should know that there are job searching resources available on campus all year round. For more information consult the Continuing Education Handbook.

## Tribute to **BOB** Marley Day

February 25, 1998

In the Student Centre. Events will include a look-a-like contest, a patty eating contest, music and trivia.

Nominations for **SAC Executive** positions open **February 23, 1998** at noon & close **February 27, 1998** at 4pm.  
Pick up packages in the SAC office, KX105.

Register your band now for **HUMBERPALOOZA '98**. Deadline March 16. Pick up information in the SAC office.

## VENDOR'S FAIR

in the Concourse, February 23 to February 26.

## HEALTH AWARENESS DAY

On the Blue Carpet Areas in the Concourse, February 26

# SAC

# Gov't demands new rating plan

## College and universities now required to provide placement statistics

BY ANDREW MCKAY  
News Reporter

Forget Maclean's, Ontario students will soon have a new way of deciding which school really is best.

By 1999, colleges and universities will have to supply prospective students with job placement statistics for the programs they offer, under a new plan from the provincial education ministry.

"Post-secondary institutions will be required to provide students with information on graduation rates, placement rates, and loan default rates for their programs," Education Minister Dave Johnson said last week.

"Students may use this information as a guide as they consider in which schools and programs to invest their money," he said.

Humber's VP of Academic Richard Hook said the school has always made these numbers available, and welcomed the opportunity to compare Humber's success with that of other schools.

"I think it's great," Hook said.

"It will certainly help to even out the playing field (with universities). It gets away from the smoke and mirrors discussion around education, it gives us a sure way to measure it."

Hook was cautious, however, about the government's plan to use graduation rates as a measuring stick. He said students who don't graduate aren't necessarily dropouts.

**"Students may use this information as a guide as they consider in which schools and programs to invest their money,"**

**— Dave Johnson,  
Education Minister**

"Retention rates can measure quality of instruction as well as they measure standards," Hook said. "It's hard to tell, so hopefully these decisions won't affect the money we get from the province. To tie our funding to (retention rates) is a crock."

Committees from Ontario colleges and universities will be meeting in the middle of next

week in Ottawa to determine how the data collection is done, and to agree on the standards to which all schools will be accountable.

"There is a desire to make sure the data is collectible, and it tells you something when you get it," Hook said.

Some student leaders are suspicious of the plan, saying it is a veiled attempt to streamline and guide curricula towards corporations.

"I think clearly it's a way for the government to say students' choices should be narrowed," Ontario Chairperson for the Canadian Federation of Students, Wayne Poirier said.

Poirier also said the new plan will be more beneficial for corporations than for students.

"They're setting up colleges and universities to be training grounds for the private sector, and it works out to students paying for training that the corporations should be paying for," he said.

Cameron Swimm, SAC vice president external and president of the Ontario Community College Students Parliamentary Association, held out hope that the new policy would not be used as a means of eliminating programs.

"I would hope not. We wouldn't want to see anyone lose out on an education," Swimm said.



PHOTO BY ANDREW MCKAY

Humber's Academic Vice President Richard Hook is cautious about the government's plan to use graduation rates as a measuring stick for success.

## Four unknown programs at Humber to get the axe

### College won't specify which four programs face cancellation

BY JORDAN H. GREEN  
News Reporter

Humber will cut programs to save costs as they grapple with decreased provincial funding.

On Feb. 16 at the Board of Governors (BOG) meeting, the list of 18 programs under review was discussed.

"I expect all but four would be off the list (of programs to be axed) by March, said Humber's Academic Vice President Richard Hook.

"At this point, I have some strong feelings that some of those programs shouldn't be at Humber," Hook added.

He wouldn't specify which four of the 18 programs being reviewed shouldn't be here, but he did say "we do not have a college decision on any of those programs."

Over the past 10 years, Humber has cut 40 programs because students weren't getting jobs through the programs or

there was a decrease in demand for those programs, said Hook.

Although some programs may be cut, basket weaving isn't one of them.

**"I expect all but four would be off the list (of programs to be axed) by March. At this point, I have some strong feelings that some of those programs shouldn't be at Humber."**

**— Richard Hook  
Academic Vice  
President**

"Basket weaving is usually used as a term for Mickey Mouse, really easy courses," said Humber's President Robert Cordo.

"No we don't have any of

those. But there are some programs, which because of supply and demand, they aren't as popular as they were 20 years ago," Gordon said.

It costs the college about \$320,000 to run an average 25 student, classroom complete with computers, supplies and a full-time instructor — per year.

"But at our current tuition rate, we would be funded (by the province) by \$220,000," said Hook.

Hook also said the college has no choice but to move in the same direction as the industry professionals.

"We recruit good students from the 6,000 applicants... The movement in industry is towards quality. We have no option but to stay on the pathway of delivering quality. We can't keep getting \$100,000 less per class," he said.

"The government says we want quality but we won't pay for it," said Hook.

Although Humber may chop some programs, students currently enrolled will be allowed to finish.

"I want to be very clear on this, there is no student that will be disadvantaged if there is a program cancellation," said Hook.

February 19, 20 & 21 at 7:30 p.m.

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LIVING ARTS CENTRE MISSISSAUGA

# Et Cetera Editorial

## Where is the benefit?

They told us we need a "higher education" to get a job, but without a job, how can we pay for our education?

Tuition will rise 10 per cent over the next two years. We are beginning to wonder if it is worth it. Class sizes will be bigger, giving each student less time to interact with the teacher, one on one. The cost of student living has increased and the cost of text books is the straw that broke the student's back.

We came to this institution to make our futures better, because without a diploma, you are nowhere. Or so they say. But, are we actually being educated or are we just here to fund the school?

The hard part used to be getting accepted; biting your nails to the quick waiting for that acceptance letter. Now anyone can get in, but the magic trick is pulling enough money out of thin air to be able to stay, once you are here.

Sure the school needs the money. Every business does. But the problem is we are not seeing the final result.

If we could see some new equipment or an improved student to teacher ratio, maybe there wouldn't be such a negative attitude towards the institutions stealing our money.

But we continue to see nothing except the back of 100 heads as we peer around all the other students, to get a glimpse of the instructor.

## Playing with numbers

Colleges and universities across Ontario will soon be required to publish statistics on the job prospects for the programs they offer.

It's about time.

The credentials of schools will be put on the inspection block based on how they rate in respect to the number of students landing a job after graduation. The idea is that, finally, choosing a career path through post secondary education won't be a hit or miss toss-up based on flashy brochures and promising course calendars.

It's too bad that, up until now, students had to find out the hard way if a course was a waste of time and money.

So what will this new requirement mean for students in the best case scenario? It will mean getting crucial job-related information about a course up front; and it will mean that schools will be forced to be accountable for programs they are running.

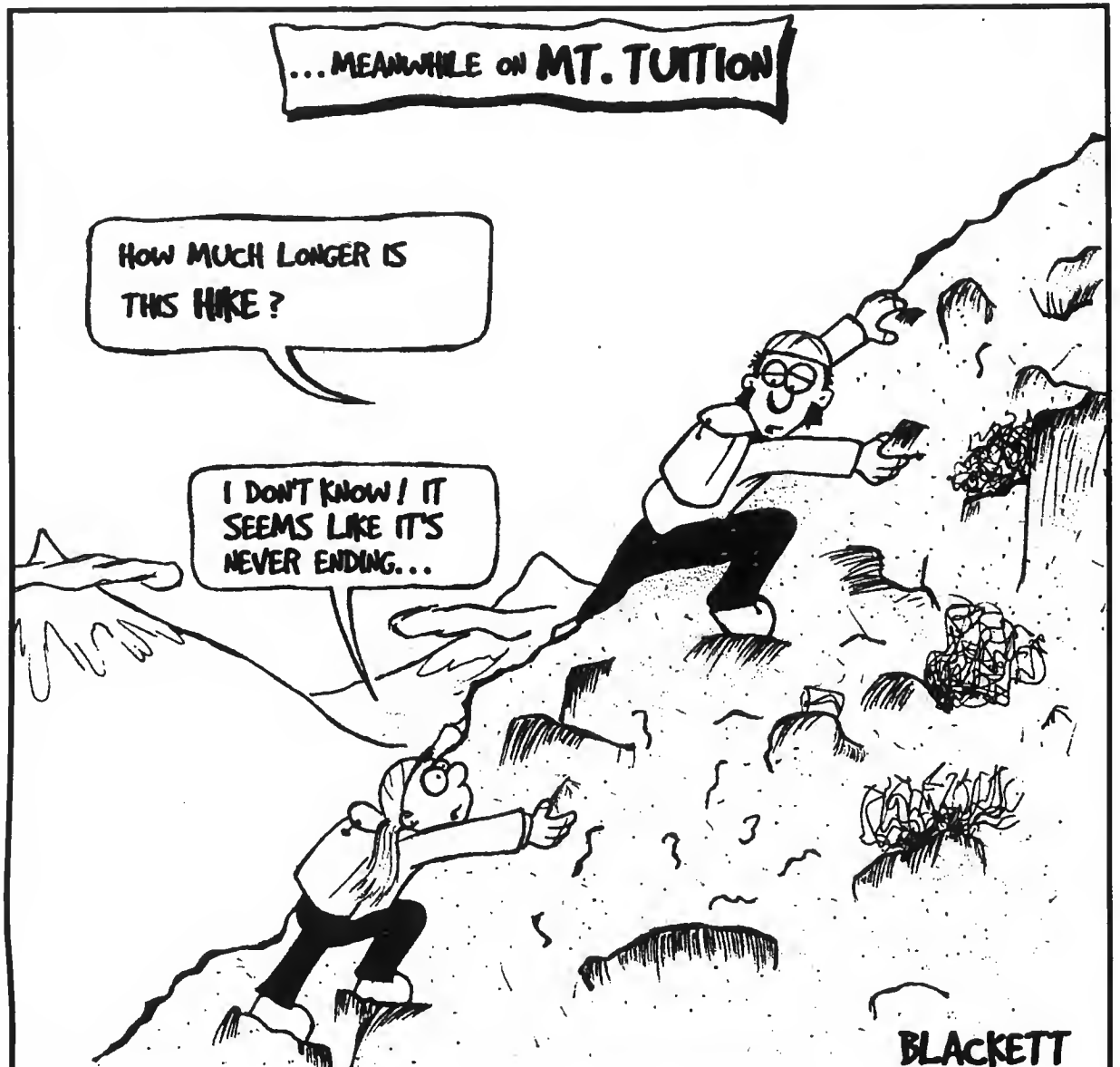
However, students aren't the only ones interested; the schools themselves are reportedly welcoming the move. What's in it for them? Let's not forget that the more students who enroll, the more government subsidizing a school gets.

No doubt schools will use their statistics as promotional vehicles. Exactly how the statistics will be compiled will have a big role in their validity. But like any statistics, the way they are presented could, ultimately, be misleading.

A system that focuses on job finding success, and nothing else, doesn't necessarily make for superior education. Quality programs getting dumped because of a poor statistical performance, is a looming possibility. On the other hand, programs with high success rates could evolve into training programs for specific hiring corporations. Corporate training programs - at a cost to the student.

Humber already has graduate placement statistics available for students. This past fall, several programs were being scrutinized for not having high enough job-placement statistics. Programs like the Social Service Worker program complained that factors beyond their control, like government funding in the field, seriously hampered graduate placement and resulted in a low rating for their program.

Although these types of statistics fluctuate easily, the Ontario government has come up with an honest and commendable plan of action to create a more result-oriented playing field for students.



## Amateurs on ice

BY CHRIS STEPHENSON

The expectations for Canada at this year's Winter Olympics have reached an all time high. Canada is sending more athletes than ever before, dipping into a pool of talent that has spent the last four years training with one thing in mind - a gold medal. However, while the pool has become deeper with the inclusion of professional athletes, it has made the icy water, murky.

Undoubtedly, the Olympic hockey games are among the most eagerly anticipated in the history of the winter games.

But in all the excitement, something has been forgotten.

For the past three-plus years the country has sponsored a national hockey program of non-professional hockey players whose sole goal was to play in the Olympics. Sure they played in some international tournaments, but, in they end, they were merely a meaningless preamble to the Olympics. Imagine how the Canadian National team felt when informed that, after three years of hard work, they wouldn't be going because they could get someone better.

Did the Canadian Olympic Committee do the wrong thing in allowing the professionals to represent Canada in the games? The issue remains unresolved.

As of now, the Canadian National team still exists, and will continue to play in several meaningless tournaments. But if the end goal was to send them as representatives of Canada to the Winter Olympics, and that's been taken away, why keep funding them just to send them to events like the Spengler Cup?

No disrespect to the National players is intended, but if the idea now is to send the best hockey players in the world, and not just the best amateurs in the world, to the Olympic Games, then those poor guys have become redundant.

Sayonara, fellows.

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# Spending dollars on psychics doesn't make sense

BY LESLIE GORDON

"Five bucks please, miss," said the toothless guy at the door.

"Five bucks to get in here?" I asked. "Does that include a reading too?"

"Nope," he said, and handed my friend and I a pamphlet. "But someone will tell you everything for a special student price."

My friend excitedly handed over her crumpled five-dollar bill. I paused for a moment.

The newspaper ad had said: "Find out your future at Ottawa's largest psychic fair and take control of your life."

I was skeptical. My common sense told me this psychic fair stuff was a scam.

I looked around me.

Silent pairs of people sat at small tables around the room's perimeter.

The psychics were perched at

one end, intently flipping over cards, reading palms or looking deep into their crystal balls.

Clients sat across from them, mesmerized.

With desperate gleams in their eyes and "sucker" pasted on their foreheads, they stretched their arms out to their psychic.

Their concentration was so intense you could hear a pin drop.

I pulled my hand out and handed my money to the toothless guy.

Let's just see what this is about.

"Would you like a reading, asked a woman dressed in a colorful turban and a gold, glittery shirt.

"I'm fully certified, you know," she boasted as she pointed to a framed "certificate of psychic predictions" propped up on the table.

"Yes, please," my friend said, overwhelmed.

At the last minute:

"How much are they?" she asked.

"Forty-five bucks," said the woman, red lipstick all over her mouth.

"Ah-h-h, do you take VISA?" asked my friend, hopefully, crossing her fingers.

"No problem," the psychic said and gave her dark puffy hair a pat.

And off went my friend, literally into her future!

How stupid, I thought. Like I'd pay 45 bucks to hear a load of bull and get all freaked-out about my future.

I continued walking around the exhibition.

Palm readings, tarot card readings, numerology, astrology. Did it ever stop?

But then something caught my

eye.

"How much did you say it costs for all of this?" I asked a man with a long beard.

"Only \$4.99," he replied. He scratched the tattoo on his arm. "The computer does it in no time. And you get a six month forecast, too."

Why not, I thought. What do I have to lose?

It's only for fun and it's not like I'm paying 45 bucks or anything.

He asked me for my name, birth date, time of birth and age. Then he asked where I was born.

"Is Rhode Island spelled with an 's'?" he asked.

"No," I politely answered, eager for the results. "It's only one road and it's with an 'h'."

The computer printout was about nine pages long.

*Determined person, easily irritated, likes excitement, sensitive.*

I have to admit, the profile was pulling me in. No one knows I'm sensitive, I thought. I have to read on.

By the document's end, I didn't know if I had it in me to continue living.

*March: terrible month (relationship fails)*

*April: terrible month (career fails)*

*May: terrible month (lose a friendship)*

*June: surprisingly a pause in my deep depression*

*July: terrible month (relocation)*

*August: getting better (gain lost confidence)*

The interesting thing about common sense is that it isn't very common anymore.

Five bucks for six months of depression.

Doesn't seem like such a bargain now.

# Use surplus for a rainy day

BY NANCY LARIN

On February 24 federal Finance Minister Paul Martin will table the federal budget for the 1998-1999 fiscal year, starting April 1.

This will be an especially interesting budget. Economic gurus predict a \$2-billion surplus — the first surplus in 30 years. In fact, not since Pierre Trudeau's first term in office has the federal government been in the black. This historic milestone was passed when Ottawa announced a surplus in November.

But, any surplus the government has during these boom times should be spent preparing for the bust years.

Some federal funds were saved by making government more efficient. For example the Coast Guard and the Fisheries were combined. Both have ships operating in domestic waters and often work together.

More federal funds were saved

by downloading education and social programs onto the provinces. In fact, even with the government of Michael "Scissorshands" Harris, last year the Ontario government spent almost as much as the NDP did in their last year in office. This year, in turn, the Ontario provincial government is downloading onto the municipalities. The PC party intends to make good on its campaign promises to reduce personal taxes by 30 per cent and balance the budget by the year 2000.

Also, we have been experiencing a relative boom, with unemployment at a seven year low and exports at record highs. This leads to more people and businesses paying taxes.

Ergo the surplus.

What will Ottawa do with this surplus? The Reform party wants half to go to paying down the deficit and half to go back to Canadians in the form of tax relief. The NDP wants to put it back into the education, welfare

and health services, downloaded onto the provinces. The Bloc doesn't really care.

It seems to me that if any money is left over from the 1997-1998 taxation year most should go to reducing the deficit. We still have a \$600-billion debt. Where will the money come from for programs then, if we are still paying massive amounts in interest?

In President Clinton's "State of the Union" address he promised all Americans the same access to post secondary education as they have to high school. England's Prime Minister Blair is putting his money into youth employment opportunities, including education and job creation.

Perhaps if some of the surplus is put into these types of programs, when the bust comes, its effects will be limited.

Then we will still be able to pay the interest on the debt remaining without going further into the red.

## wire

campus

### Yale University

In protest, more than 20 Yale police called in sick February 14. Union treasurer said union representatives didn't know about the "blue flu" beforehand, adding that the union was unable to picket because no one showed up for work. The Yale police contract expired in 1996.

[www.yale.edu/ydn/](http://www.yale.edu/ydn/)

### University of Colorado

When the University of Colorado's Environmental Health and Safety Division declared an amnesty on "unknowns" (drums, bottles and other containers of suspected chemicals without labels identifying the contents) about 700 containers were "discovered." A mobile laboratory was brought in, and the contents were identified and shipped to disposal sites. The tab? \$25,000.

<http://bcn.boulder.co.us/media/colodaily>

## Good Canadian



### Jessica Pratt

She'll always be known as "the girl who made Elvis cry". Six-year-old Jessica Pratt thought Elvis Stojko could use some inspiration, so she faxed him after his silver medal figure skating performance.

At a press conference the day following his win, Stojko said he received a fax from a girl in Barrie. She'd said his determination inspired her to compete in a figure skating competition despite having the flu. Talking about this made him break down. Pratt had opened his eyes to the greater picture of what the Olympics are all about, not just winning, but trying one's best even in the face of difficult circumstances.

Pratt didn't win her competition, she placed fourth, but she tried and made the best out of what she could. If you really think about it, she won.



## Bad Canadian



### Michel Chrétien

The Prime Minister's sexual assaulting, kid-hitting son is a prime example of a bad Canadian.

Chrétien Jr. pleaded guilty to assaulting his ex-girlfriend's 6-year-old son and received a pathetic nine month suspended sentence this week. That's quite the reward — assault a 6-year-old boy, plead guilty to one charge and get off on another two — assault and breach of parole. Not too shabby.

It really is amazing, the amount of slack you get when your father is the Prime Minister of Canada. Now all he has to worry about is 60 hours of community service and his ongoing psychiatric counselling.

It's a pretty tough life he leads, other felons should be so lucky.



Good Canadian, Bad Canadian is brought to you by Darren Leroux

Et Cetera

February 19 - 25, 1998

# On Campus



PHOTO BY DARCEY FERGUS

Members of the Jam Team kick up their heels as they entertain the fans during half time at volleyball and basketball games. From left to right: Raquel Huggins, Christine Ribeiro and Amanda Rogers.

## Jam Team jazzes it up

BY DARCEY FERGUS

Campus Reporter

Chances are you haven't heard of the 'Jam Team' unless you are on one of Humber's varsity teams or a hard core fan.

The Jam Team is Humber's dance group that spices up half-time at basketball games and entertains the crowd during volleyball games with funky moves to up-beat music.

"We do this to promote the games, we want to get more spectators out," said Melanie Sanford, one of the seven women on the Jam Team.

This is only the second year that the Jam Team has been performing at the games, yet both athletes and fans are enthusiastic.

"All the athletes are very supportive. We are not considered a varsity team, but we are a part of

the varsity family," Christine Ribeiro, another member of the Jam Team, said.

The team was organized last September by a former fitness co-ordinator and student who hoped the team would promote fitness among women.

"We try to practice at least twice a week and before the games," Sanford said.

You can catch the team performing one of their synchronized routines at volleyball and basketball games in the home gym. Each dancer on the team wears a one piece, navy blue Nike unitard to perform. They admit to being a "little self conscious" in the outfits.

The routines are choreographed by Christine Ribeiro and Melanie Sanford, second-year students in Recreation Leadership.

"We pick music that is up-to-date and make sure it has a good beat. Then the two of us listen to it and make the moves up as we go," said Sanford.

All the women on the team have dance training, whether it be jazz, modern, tap or ballet, however, the routines they choreograph reflect a style strictly reserved for street jazz or hip-hop.

The team held auditions in September, but didn't have much of a turnout.

"Only 10 people showed up, but we didn't do much in the way of advertising," said Amanda Rogers.

The women hope to see the team carry on next year, but most of this year's team will graduate in the spring.

## Volunteer night honors students

Humber student volunteers are appreciated.

Humber College's Recreation and Leisure Services Program's Special Event Management

Students joined the Bloorview MacMillan Centre's Recreation Therapy and Volunteer Resources to host a volunteer recognition event, this past December.

The theme, "Shorten the Distance by Lending a Helping Hand", brought together volunteers, clients and staff from both the Bloorview and MacMillan sites.

The event started with the creation of a large hand-print mural by the participants and concluded with a performance by the North York Concert Band. A highlight of the evening was a visit by Santa and his elf.

It was truly a memorable evening filled with fun, laughter and fellowship.

All involved would like to thank the sponsors.

An extra special thanks to Karen Freedman for her hard work and dedication.

BY RICHELLE ELDER, SHEILA MORRIS AND CHARLES STEIDMAN  
Recreation and Leisure Services Students



COURTESY PHOTO

Recreation and Leisure students, volunteers, clients and staff from the Bloorview MacMillan Centre got together to party and show their appreciation for each other.

## This essay really flies

### Humber teacher wins with story on global warming

BY ANDREW MCKAY

Campus Reporter

An essay has earned a Humber professor a trip to the balmy climes of Hawaii for spring break.

Out of 1,300 entries from 31 countries, Dan Andrae, who teaches Humanities and Globalization courses at Humber, won the gold medal from the Future Generations Alliance Foundation, based in Kyoto, Japan, in 1995. The foundation is paying Andrae's way to Honolulu next week, where he will present the paper to students and scholars at the Institute for Future Generations at the University of Hawaii.

"It was a real privilege to have been selected," Andrae said. "It's nice to have somebody from Canada win the award."

Clive Cockerton, the program co-ordinator for General Education at Humber, said he is proud to have Andrae on the school's teaching roster.

"It's just wonderful to have someone with that kind of expertise and currency on our staff," Cockerton said. "It's good for Dan, it's good for Humber, and it's good for our students."

Andrae's essay, entitled "Toward Caring About Future Generations — The Need For Education To Motivate Action In An Unwalled World," was an extension of his studies at the University of Toronto, where he is completing his doctorate in Adult Education.

Andrae has been teaching at Humber for four years, and also serves as the President of the Ontario Association of Social Workers. In 1992, he received a Governor General's Commemorative Medal for his contribution to social work in Ontario.

## What's Up?

### Clubs Fair

Find out about the clubs available at Humber on February 19 from 10 a.m. to 2 p.m. in the concourse, North Campus.

### Dominoes Tournament

Play dominoes in support of the Ontario Student Opportunities Trust Fund on February 19 at 12:40 p.m. See SAC for details.

### Men's Basketball

The Men's Basketball team hosts Lakehead on February 22, between 3 and 5 p.m.

### Men's Volleyball

The Men's Volleyball team plays in the OCAA championship games at Niagara College on February 20-21.

The Men's Volleyball team will play in the CCAA tournament in Grande Prairie, Alberta March 5 to 7.

### Women's Volleyball

The Women's Volleyball team plays in the OCAA championship at Mohawk College on February 20-21.

The Women's Volleyball team will play in the CCAA tournament in Sherbrooke, Quebec on March 5-7.

### Health Awareness

Is in the concourse February 24-26

### Black History Month

Celebrate Bob Marley Day in the Student Centre (North Campus) with party eating, look alike and trivia contests February 25.

### Art Show Competition

Artwork entered in the Student Art Competition will be displayed February 23-25 in the Student Centre (North) and at Lakeshore from February 26-27.

### Nominations for SAC

Nominations for president and vice president for the 1998-1999 Student's Administrative Council open at 9 a.m. February 23 and close at 4 p.m. February 27. Pick up nomination forms at the SAC office.

### Humberpalooza 1998

If you think you or your band has what it takes to make it big, why not participate in the second annual Humberpalooza? To enter pick up an entry form from SAC (room KX105 at the North Campus and AX101 at Lakeshore) and return it along with a demo tape or CD and \$20 by March 16. The grand prize winner will go to the 1998 Canadian Organization of Campus Activities (COCA) Campus New Music Explosion contest to compete against other Ontario college and university bands.



# We're not bringing home the bacon!



Or the wieners and franks.

Or the cold cuts, the hams, the sausages, or anything else Maple Leaf makes.

**M**aple Leaf Foods is a huge Canadian corporate success, with big-time global aspirations. Its meat slaughtering and processing operations have earned it so much money, it has spun off into all kinds of other food production: bakeries, pasta-making, frozen foods, and even coffee and doughnut shops.

**B**ut in the quest for ever-higher profits, Maple Leaf President Michael McCain is offering his workforce only the scraps. In August 1997, Maple Leaf locked out workers at its North Battleford, Sask. bacon plant because employees wanted to improve on their industry-low base rate of \$9.88 per hour. The same thing happened in October to Hamilton, Ont. workers, whose base rate was just \$10.90, bringing to nearly 500 the number of workers locked out of their jobs. Then about 900 pork production workers in

Burlington, Ont. — faced with company demands for rollbacks from \$6.00 to \$9.00 per hour — were forced to strike in November. They were followed just days later by another 750 workers in Edmonton, Alta., who are threatened with permanent plant closure and loss of their jobs.

**T**hese workers are all members of the United Food and Commercial Workers, or UFCW. We don't think it's right that Canadian workers should have their wages and benefits reduced to rock-bottom levels just because that's someone's idea of a "competitive reality" — especially when the company continues to not only grow and profit, but to try and swallow up the competition. Canadian workers should be paid what's fair and equitable in Canada — period. After all, Michael McCain is still "bringing home the bacon".

If you care about what's fair, please join us in boycotting these Maple Leaf products:

## MEAT PRODUCTS

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Tenderflake  
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## CANNED & FROZEN

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Issued by the UFCW National Defence Fund, November 1997 • For more information, contact the UFCW National Office:  
300-61 International Boulevard, Rexdale ON M9W 6K4 • 416.675.1104 • fax 416.675.6919



## Business on the net increasing

### Payment security key to success of web site

BY ANDY GEORGIADIS  
Tech Reporter

Everyone's heard of e-mail, but now there's a new kid on the block: e-commerce.

During a seminar at the Internet World '98 trade show last week, representatives from two different organizations said people have begun to embrace the idea of the internet as a "virtual" marketplace.

"We knew right from the start we wanted to sell money over the internet," said Nathan Rudyk, president of DigIT Interactive.

Rudyk spearheaded the development of the Royal Canadian Mint's web site ([www.rcmint.ca](http://www.rcmint.ca)), which became the first mint in the world to use e-commerce.

One of the biggest challenges Rudyk faced was to show people the web could work for them, not against them. And he's succeeded. Even though the web site is full of other things to do, like games and quizzes, he said that people come primarily to buy the product.

"We found a try-out syndrome," he said. "People ordered the cheapest thing, and if they got it without a problem, they came back."

In one month, sales shot up for mint collectibles from an average of \$30 (per item) to more than \$100. Rudyk developed a catalog which instantly serves the consumer's needs. The customer is asked who the product is for, what the occasion is, and how much they're willing to spend. In a way, it's the computer equivalent of personal service.

Even though it's just a pilot project, orders have been shipped all over the world and, according to Rudyk, there's a handsome dividend coming in too.

Two years ago, another Canadian web site that jumped into e-commerce was Statistics Canada.

"People tried using their credit cards, found there were no dire consequences, and came back for more," said Mary Norman, manager of online services marketing for Statistics Canada.

Norman said a "search, select and pay" system was developed for the site. With the click of a button, anyone with internet



PHOTO BY ANDY GEORGIADIS

DigIT President, Nathan Rudyk built site for Royal Canadian Mint.

access and a credit card number can find the report they want and download it right into their own hard drive.

This system has the benefit of reaching out to people in remote areas and foreign countries. Customers can preview the latest trade report, for instance, before they buy it to make sure they get the information they need.

According to Norman, the Statistics Canada web site aver-

ages 100,000 hits per day, and revenues for last December amounted to \$16,500.

Norman said e-commerce was supposed to cut and recover costs. No one ever expected to make a profit. But she admitted that credibility is key, and that any company's reputation can be an added advantage (or disadvantage) when selling over the internet. Statistics Canada's web site is [www.statcan.ca](http://www.statcan.ca).

## Go surfin' for your next vacation

BY JULIE GRECO  
Tech Reporter

With internet access, the world is at your fingertips.

Thanks to the wonders of the world wide web, people can make most of their travel arrangements themselves, without ever seeing a travel agent. Airline tickets, hotel reservations and travel information, are all available online.

"The internet gives you the freedom to pick and choose travel arrangements yourself," said Anthony Ventresca, technical consultant at Internet Access Worldwide. "You have the freedom to explore what you want to do on your own rather than somebody feeding you the information."

The number of people using the internet to make their own travel arrangements however, is still minimal. According to Ventresca, one reason is that not everyone has internet access yet. Those who do may be unsure about how it is done.

Making your own arrangements can be done by accessing the homepages of airlines or hotels, then following links from there. Web pages even feature information about entertainment or events going on in a particular city that you may want to check

out during your stay.

Another reason more people aren't making their own arrangements is security.

"People are afraid to send out their credit card numbers over the internet," said Ventresca. "They're afraid that the information might get into the wrong hands."

Efforts are being made however, to provide a secure internet payment system to provide a safer way of giving credit information online. Ventresca said that more and more companies are beginning to use a method called 'encryption'.

This method sends credit card numbers in a code to ensure the information is transported safely. You can ensure your credit information is encrypted because the website will usually indicate that it is encrypted for your security.

"Banks use encrypted codes and now more people feel safe enough to do their banking online," said Ventresca. "I think that the same will happen with making travel arrangements online."

With the convenience and speed of the internet, Ventresca can imagine travel agents becoming obsolete in the near future.

But Travel Cuts agent Claire Mason disagrees.

"Travel agents offer person to



COURTESY PHOTO

Internet will not replace travel agents as some predict, says professor.

person consultation," she said. "By yourself, the ins and outs, the rules and regulations are unknown. Your agent knows more information than the computer."

Technical consultant Ventresca agrees with the importance of two-way communication that travel agents offer, but he believes that this too can be matched by computers.

"It will all be one big medium someday," Ventresca said. "Already the technology is out there. You can talk through a microphone and listen through the speakers. With video conferencing people can see each other on-screen. It's just a matter of

everyone getting with the program."

Humber Travel and Tourism Professor, Dawn Atkin, however, does not believe that technology will replace travel agents.

"Most people don't have the time, the interest, or the inclination to keep searching the internet and find all the choices themselves," said Atkin. "Travel agents offer comparisons."

But Atkin said that Humber's Travel and Tourism program has made some changes to adapt to this technology.

"The program offers a lot more online now in terms of both delivery and research," Atkin said.

### Wicked Web Sites

MICROSOFT OFFICE '97 TIPS  
<http://techweb.cmp.com>

If you use any MS Office program or want to know how to integrate their features, check this site out. It's frequently updated so you can return every few days.

THE STUDENT SURVIVAL GUIDE

<http://www.luminet.net/~jackp/survive.html>

This site has tons of tips for surviving and thriving in college such as, top ten campus organizations to look into and ten tips for finding an effective tutor.

PC COMPUTING TIPS

<http://www.lockergnome.com>

One of our readers, Geoff Clark, e-mailed this site to us and said, "Its best feature is a bi-weekly e-zine that specializes in Windows '95 and Windows NT software, hardware ... I've found the site to be a rather valuable resource of info and I think others here at Humber may find the same thing." Thanx Geoff.

HOT TIPS OF THE DAY

<http://www.smartbiz.com>

Loads of tips for anyone running a home business such as advice on managing, accounting, and which software to buy.

DESKTOP PUBLISHING TIPS

<http://www.desktopPublishing.com/>

Literally hundreds of tips can be found here on a wide variety of programs like Illustrator, Draw, Photoshop, Quark, and Pagemaker. Check it out!

CREATE YOUR OWN WEB PAGE

<http://tips-tricks.com/begin.html>

This easy to use site tells you everything you need to know to create a web page with links to free web editors.

COMPILED BY PAUL BILLINGTON

Suggestion Box:

If you have any suggestions for Wicked Websites or know of an event that you think BIZ/TECH might be interested in, please feel free to e-mail the newspaper with your websites and/or story ideas at [humberetc@hotmail.com](mailto:humberetc@hotmail.com).

# Net computing cheaper for companies

BY ANDY GEORGIADIS  
Tech Reporter

Pulling information out of a computer could one day be as easy as taking money out of a bank machine.

At Internet World '98, held at the Metro Toronto Convention Centre last week, Oracle Canada boasted that its network computing (NC) software is designed to place everyone "at the seat of knowledge".

Network computing eliminates the need for a central computer and replaces it with a data server. This allows all the computers on a

particular network to share all the data at once. Corporations can save a lot of time and money because it's no longer necessary to administer each computer separately.

Oracle Corporation, whose Canadian headquarters is based in Mississauga, is a \$6-billion company employing 30,000 people in more than 100 countries.

Jane Paek, a sales representative for Oracle, said that network computing is far more user friendly.

"You don't have to worry about what's actually running on

the computers. You just have to deploy the application once and everybody has it."

A major new development by Oracle is the NC identification card. Users can instantly get information from off a network relevant to them by inserting a card containing their personal information.

It's like an instant teller, except you get information instead of money.

She also said that CNN uses Oracle's software to provide their clients with customized news.

"You can define the kind of



PHOTO BY ANDY GEORGIADIS

Oracle's network computer generated a lot of attention at Internet '98.

news you want by providing information about yourself," she said. "If you don't want sports, you won't get sports."

But the bottom line, according to Paek, is that people aren't interested in the technical aspects

of the software. Just in what it can do.

"If you're a franchise owner, you want to conduct your business, that's all. You don't care about how the networking actually works."

# IBM grabs new market

BY PATRICK BIRIKORANG  
Tech Reporter

A new software program for small business, the *Home Page Creator*, will be a major force in the small business market, said an IBM spokesman at an internet show last week.

"The IBM *Home Page Creator* product is designed to allow small businesses to create the web site themselves rather than going to somebody who has specific technical design skills," said Larry Hargrove, program manager for network computing, IBM Canada.

According to Hargrove, IBM decided to take some of their traditional products that have been very attractive to multinational corporations, and scale them down so that they make sense for small businesses.

"It is important to IBM (to sell to small business) because our studies have shown that small business is the fastest growing part of the economy," Hargrove said. "If we are to keep growing as a company, we need to make sure that our solutions provide good value at affordable prices for small business."

Hargrove said the *Home Page*

*Creator* provides a content hosting capability including web site design and integration for small businesses.

He said studies reveal that only 10 per cent of businesses have a web site and they believe over the next five years that will expand to as much as 40 per cent. Of those, he said, a large portion will be doing business on the internet.

**"There was an awareness of increased internet commerce and security."**

— Larry Hargrove

Hargrove said the product is totally an electronic environment product and all a business needs is internet access.

Internet experts at Internet World '98 said the five-day event achieved a great deal.

"There was an awareness of increased internet commerce and security," said Edward Apostol,

Multimedia Application Developer at DWL Interactive Inc. "It allowed people, from individuals to small businesses, to find out more about how they can utilize the internet to their advantage."

Apostol, who also teaches Internet Management at Humber, said the conference played well in gaining awareness about how the internet is changing from an information-based environment to a more commerce-based environment.

"I think it was a learning experience for them," Apostol said, referring to college and university students. "It gave students the opportunity to find out what is happening in the field, who the key players are and perhaps to key themselves up to potential employment opportunities in the future and to find out what they need to know to compete effectively in the workforce."

# New library great for students

BY MIKE RAWN  
Tech Reporter

The days of students spending hours at the library gathering research may be a thing of the past.

Thanks to Electric Library. Electric Library Canada is a comprehensive, easy-to-use online research tool for Canadian Internet users. This service offers text articles from approximately 500 magazines and 120 newspapers. In addition, reference works, books, photographs and maps will be available.

Nicole Brown, a member of the promotions and marketing department for Electric Library Canada said, "It is almost impossible to find this amount of information all under one program. This will be an invaluable tool for students. It even comes with a section on term paper suggestions."

Some of the publications that are offered are *Time*, *Shakespeare Studies*, *Canadian Business*, and 10

years of *Maclean's* back issues.

Says Nicki Harrison, a University of Toronto student in her final year of studies, "I would definitely be interested in this service. It would save me lots of research time, and I could share the cost with my roommates."

**"I wish this product was available when I started university."**

—Nicki Harrison

Electric Library has been operating in the United States for two years, and will become available to the Canadian public in the spring of this year.

This service is available for \$79.95 per year, and promises to make students' lives a whole lot easier.

Added Harrison, "I wish this product was available when I started university."

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cut out a receive one free edition of Et Cetera

**Congratulations to last year's Et Cetera staff for being nominated by Ontario Community Newspaper Association for: Best University/College newspaper;**

**Writing Excellence (2 nominations);**

**Best Technically Enhanced Photograph**

**Humber Et Cetera**

Unfortunately due to Winter Break, The Humber Et Cetera will not be published on March 5th and will resume

**MARCH 12<sup>TH</sup>**

Juried Student Art Show

Come See the Show!!

Imagination Innovation Interpretation

sac

**League for Innovation**

Coming Next Week - Look for It

North Campus in the Student Centre:  
February 23-24, 1998 - 8:00 a.m. to 4:00 p.m.  
February 25, 1998 - 8:00 a.m. to 1:00 p.m.

Lakeshore Campus in the Small Cafeteria:  
February 26, 1998 - 8:00 a.m. to 4:00 p.m.  
February 27, 1998 - 8:00 a.m. to 1:00 p.m.

**ART SHOWCASE EXTRAVAGANZA**

# Health

## Unsafe sex: a serious student problem

### Did students learn anything at Healthy Sexuality Day?

BY CINDY STEINMAN

Health Reporter

Humber's Health Centre is treating a lot of students who've contracted sexually transmitted diseases, a result of careless sex practices.

"We're seeing a lot of students coming in with STDs," said Marg Anne Jones, a nurse at the Health Centre. "Not enough people are being safe when they have sex."

Jones said that this information corresponds with information from a 1996 report by the Health Protection Branch of Health Canada. According to the report, STDs are the most common communicable diseases reported in the country.

And students are at the highest risk level. The report also indicates that the highest rate of infection occurs in people 20 to 24 years old.

To help increase awareness,

the Health Centre and SAC held their annual Healthy Sexuality Day in the concourse on February 12. Several groups had booths set up, including Organon, a birth control pill company, and the Toronto Health Department.

Joan Wall, a nurse with the Toronto Health Department, said that STDs were a primary concern to students.

"Most of the questions I'm getting are about STDs," she said. "Students want to know about symptoms, and how to tell if you have a disease."

Jones said people need to be more aware, and use condoms.

"Lots of people are doing it [having sex], and we want them to do it without STDs and pregnancy. That means using condoms," she said. "I'm not sure why we're not reaching people. I think it has a lot to do with denial."

According to The Canadian Journal of Human Sexuality, young people aren't getting the message.

In a study, combined with

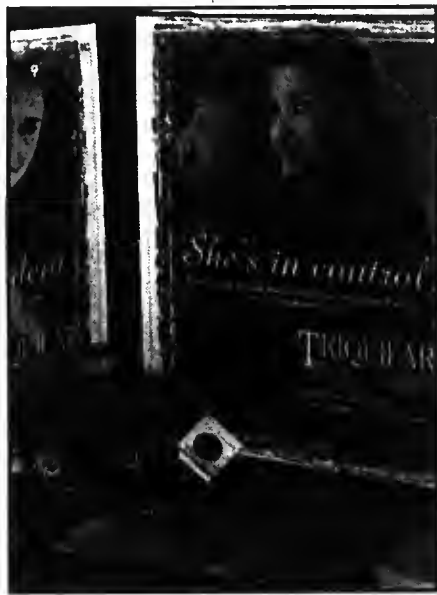


PHOTO BY CINDY STEINMAN

Safe sex info was free to students.

information from Statistics Canada, the Journal found that 17 per cent of males and 28 per cent of females between the ages of 20 and 24 never use condoms. And only 25 per cent of males and 24 per cent of females in the same range occasionally use them.

Wall said that young people

need more exposure to safe sex awareness.

"There is still a big need for it, and there always will be," said Wall.

Healthy Sexuality Day gave students the chance to become more aware. And students seemed glad to have the opportunity.

Kate Heron was in the concourse as a representative for Organon. She was surprised by the number of questions she was getting, and who they were coming from.

"Mostly guys are asking me questions about the pill," she said. "They want more information, for them and their girlfriends."

Kelly Weeks and Tracey Dukelow are both second-year nursing students who volunteered at the event. They were also fielding many questions.

"We're getting a lot of questions about safe sex," Dukelow said.

Weeks felt students were taking advantage of such an open forum.

"There are a lot of myths that people want to clarify," she said. "They're not so shy about it here."

Heron said that questions concerning safe sex can sometimes be embarrassing for students.

"People tend to be timid. They may not want to ask their family doctor in case their parents find out," she said. "There's no judgement here, because they don't know us."

Although plenty of literature is available on safe sex, the Health Centre tries to focus on relationships as well. They even offered a quiz for students to take at the event to help them evaluate their present relationship.

"We see a lot of students about relationships," explained Jones, "which sex is a part of. People need to put an effort in and think about it, and not just fall into it."

Humber's Health Centre offers a variety of literature and services for students, and they encourage anyone with questions to stop by and make an appointment.

## Insomnia insanity

### The thought of sleep can cause nightmares for some

BY SATHYA ACHIA

Health Reporter

"My sleep patterns have always been screwed-up," said Mike Hobson a second-year Radio Broadcast student at Humber College.

It's seven in the morning and Hobson just got off his eight-hour night shift. Strangely, the thought of sleep seems foreign to him.

He's just not ready for sleep. He often stays awake for four or five days, until exhaustion forces him to get some shut-eye.

Hobson, 20, is an energetic kind of guy who loves getting involved with everything going on around him.

"I'm afraid I'm going to miss something (if I sleep) or I feel like I could do something more productive... I just don't sleep much. I usually have a lot on my mind when I go to sleep," he said.

Recently, Hobson began looking into possible job opportunities in his career field on top of keeping up with his regular school work and front desk job at Humber College.

Hobson has never seen a

physician for his strange sleep habits even though he knows that something is just not quite right.

One third of Canadians suffer from the condition known as insomnia, said a spokesperson for the Sleep/Wake Disorders Canada (SWDC). The SWDC is a registered charitable organization in downtown Toronto, that helps insomniacs.

The SWDC defines insomnia as the "inability to get enough sleep at night, with the result that it may interfere with your ability to function efficiently the next day."

**"I'm afraid I might miss something (if I sleep) or I feel like I could do something more productive..."**

— Mike Hobson

The SWDC spokesperson said insomnia, the most common sleep disorder, can be brought on by stress, depression, environmental noise, extreme temperatures, changes in the surrounding environment and medication side effects.

Various medications, other drugs and alcohol also cause insomnia as they may be central nervous system depressants

according to the SWDC. Those who consume large amounts of alcohol experience fragmented and shallow sleep. Caffeine, some diet pills and anti-depressants, which are central nervous system stimulants will also block sleep ability, said the SWDC. For insomnia sufferers it is best to avoid these things.

The SWDC spokesperson suggested that sufferers should go to bed at the same time every night and get up at the same time every morning. The SWDC said there is no set amount of sleep that should be achieved, just whatever makes you feel refreshed and healthy.

Watching what you eat is also wise. Carbohydrates such as rice and pasta help induce sleep, while proteins will stimulate you and keep you awake. Therefore, it is best to eat a dinner full of carbohydrates said the SWDC.

Other helpful hints recommended by the SWDC are to take a brisk walk between 4 p.m. and 6 p.m. which helps with deep sleep patterns. Yoga exercises and meditation also help to relax and calm your body before sleep.

Hobson who has tried this meditation technique, said that it works to clear his mind. He has even tried some martial arts techniques for relaxation. These techniques help him to relax and put his mind at ease, but still he doesn't fall asleep.

## Slip, slop and slap

### Health Centre promotes sun sense before March break

BY CINDY STEINMAN

Health Reporter

Get out your shades or win a pair on February 26, when Humber's Health Centre holds Sun Sense Day.

Information will be available on what damage the sun does and how to avoid it, just in time for those heading South for the break. Samples of various skin lotions will also be available to students, and a draw will be held for several pairs of sunglasses.

"If you're into glamour, you're into sunblock," said Marg Anne Jones of the Health Centre.

She said students need to be more careful in the sun, and think of the long-term effects it can cause.

"We know that sun damage is one of the prime causes of aging," she said. "The type of treatment you're giving your skin during your life is a very important thing."

The sun is a known cause of skin cancers, but Jones warned that eye protection is just as important.

"Ultra violet rays cause cataracts," she said. "Preventing this is so simple, all it takes is being careful."

Jones suggested a simple way to be sure you are protected while out in the sun.

"Slip, slop, slap," she said. "Slip on a hat, slop on some sunblock, and slap on a shirt."

Be sure to stop by the Sun Sense Day display near the concourse on February 26, between 11 a.m. and 2 p.m.

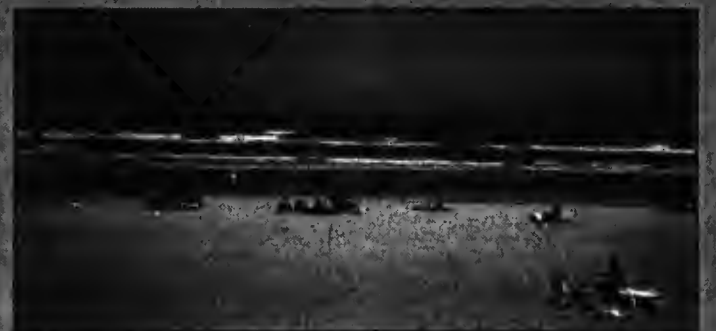


PHOTO BY VICTORIA PATRICK

Spring break sun may cause permanent skin damage.

# Fitness trends: homeward bound

Home workouts are a great alternative for busy lifestyles

BY DELIA CARNIDE

Health Reporter

Jodie Puhalski of Ajax has been working out at home for the past two years because of convenience.

"I just found I was busy and the gym hours didn't suit my needs so I slowly started purchasing things. Before I knew it, I didn't even bother with the gym anymore," said Puhalski.

Time is one thing many students have very little of, and when it comes to working out, it's often the first thing to be pushed aside. But according to Lea Valiant, a certified personal trainer from Oshawa, working out at home can help. She points out there are no long waits for machines and no membership fee.

Maureen Wager, an aerobics instructor at Humber, said some people are also threatened by the gym environment.

"They feel a little intimidated because of their fitness level, their size or their age or perhaps they don't know what to do with the equipment in the gym," said Wager.

When some people think of working out at home, they think they need to set up an entire home gym in their basement. This isn't the case.

"You can do a lot of different exercises with the equipment you already have in your house such as chairs for tricep dips," said Valiant.

Wager suggests doing abdominal curls, pushups and leg lifts that don't require weights, but help tone and are great ways to work those specific areas. She also suggests hand weights as a good investment for toning other muscles in the upper body.

"I have a weight tree that has ten, five, and two-and-a-half pound weights and it's a \$40 kit," said Wager.

If you don't want to make the investment right away, Wager said using soup



PHOTO BY DELIA CARNIDE

With a few simple investments, working out at home can save you time and hassles.

cans is an inexpensive and great way to start.

Along with resistance training, a person needs to include a cardiovascular workout, that will get the heart rate going said Leanne Henwood, fitness co-ordinator for Humber Athletics.

"You can climb up and down stairs in your house or apartment. You can jog. In the summertime you can go bicycling or rollerblading," said Henwood.

Walking is often overlooked because we do it everyday, but Wager said you can use it to challenge yourself.

"You can increase your time and your pace. For example start on the road and then later on you can start hiking through the hills or going up and down roads with more hills," said Wager.

Videos can be another resource for a cardio workout. Puhalski owns 25 workout videos. She said she likes to use them in the winter because she can't do much out-

side. Exercise videos can be like having an aerobics class in your own living room. They can help motivate and there's no need to feel self-conscious in the privacy of your own home.

"Rent them first. Don't just go out and spend \$40 or \$50 on a video without trying it because you might think 'oh this isn't for me, it's too hard, it's too long, or I don't like the routine,'" said Wager.

A personal trainer can also be a good resource to talk to about videos as well as a home exercise program. They can give new ideas on different activities to do, as well as show people how to properly do the exercises or use equipment in their home. Valiant says the going rate for a trainer is between \$25 and \$50 an hour depending on the city you're in and what you are looking for.

"If you hired a trainer for only one or two sessions, it's probably a worthwhile investment because then you learn how to

do exercises properly to get the most benefit out of your time," said Henwood.

A lot of people associate personal trainers with celebrities, when in fact they are used by everyday people all of the time.

"Make sure the trainer is certified and that they have a good personality that you are going to be able to work with," Valiant advised.

Valiant said research is the key for any fitness program. The more someone knows, the more they will accomplish. She advises in order to stick with a program it is also important to remember to go at it slowly.

"That's probably one of the big deterrents for people to stop exercising is that they go at it too hard, too fast and not properly, end up getting hurt and of course that discourages them," said Valiant.

The bottom line for anyone working out, whether it be in the gym or at home is to be active.

## SAFETY TIPS TO REMEMBER

- drink lots of water
- wear proper shoes for activity you are doing
- take a heart rate check or talk test: If you can talk you're okay, if you can sing you're not working hard enough
- wear loose clothing
- always do warm-up and stretch before activity & cool down and stretch after activity
- listen to your body - don't overdo it
- find out how to do exercises properly (through research or fitness institution or trainer)

(Tips from Valiant & Wager)

# Healthy Options on the way to Humber

New program emphasizes attitude in weight loss

BY LESLIE GORDON

Health Reporter

Nancy Bowen wasn't happy with her lifestyle.

She was overweight, rarely exercised, and thought that food was her enemy.

But then she started the Healthy Options Wellness program with her husband, and 13.5 kg later, her life has changed. Food has become her friend and exercise her hobby.

"The program has no magic to it. It's just a matter of sitting down with someone and realizing why you're gaining weight," Bowen said.

Bowen, a 33-year-old metro mom, started Healthy Options in October with her husband, after he was diagnosed with sleep apnea.

"The program is reworking the way we eat for the rest of our lives," said Bowen. "I really can't see going back to some of my old habits."

The Humber Athletic department is trying to get the Healthy Options Wellness program started this semester. Leanne



PHOTO BY LESLIE GORDON

The program teaches healthy food habits

Henwood, Humber College fitness director, said interest in the program is good, but they need a few more participants. She says for \$99, staff and students will get eight weeks of motivational meetings and personal diet consultation.

Winsome Dewar, vice president of sales and marketing for Healthy Options, said the program is based on Canada's Food Guide and goes beyond food lists and limitations.

"We do not advocate the word diet. This is a life style change," said Dewar. "The program teaches people about proper nutrition, how to combat emotional eating, and to incorporate exercise into their program."

Doug Fox, Humber College Athletic Director, said he is pleased the Healthy Options Wellness plan is coming to Humber.

"I think this holistic approach is exactly what (the fitness industry) has always advocated," said Fox.

According to Dewar, clients are regulated for healthy weight loss, about 0.4 to 0.6 kg a week.

Marit Bell, a 50-year-old Bell Telephone engineer in metro, started Healthy Options this past October. Before Bell started the program, coffee was her breakfast. Her first meal was lunch. She barely ate fruit and always craved carbohydrates.

"The best thing about the program is that it's easy," said Bell. "I don't feel like I'm depriving myself of anything."

Dr. Molly Wills, a general practitioner at the Toronto General Hospital, says that for a non-chronic dieter, Healthy Options could be good.

"I approve of the emphasis on all food groups, slow time frame for weight loss, use of regular exercise, and permission of extras," said Wills.

The only flaw Dr. Wills finds with the program is its short duration.

"Eight weeks is fine for an educational connection, but too small to set the stage for sustained loss," Dr. Wills said.

She said that for permanent weight loss to happen, the body needs to readjust its "set-point".

According to Wills, set-point is the theory that the body, despite caloric intake, stays at a certain weight. It takes about five years, to properly change this set-point, said Wills.

But Roberta Blackie, president of Healthy Options, said that they offer the program for eight weeks at a time to keep their clients motivated.

"About weeks four and five of any weight loss plan can get difficult," said Blackie. "We don't want to overwhelm them so we give them the option to renew."

Blackie said that this way the diet pressure is off and clients can take a week off if they want to.

Renewal rate for those who go the full eight weeks, she said, is about 70 per cent.

Both Bell and Bowen have signed up for second sessions.

"I don't think eight weeks is long enough," said Bell.

For her, the weekly motivational meetings and the nutrition information keep her on track.

"Everyone needs a refresher course in nutrition," Bell says. "This is not a diet, but a new way of eating."

# Humber Life:

From the furthest corners of the library to the final hand at Caps; we study, we sleep, we talk ...we learn.



PHOTO BY BETHONY LEE



PHOTO BY DARRELL LEAHY



PHOTO BY REBECCA M. BROWN



PHOTO BY BETHONY LEE



PHOTO BY DARRELL LEAHY



PHOTO BY REBECCA MAXWELL



PHOTO BY BETHANY LEE



PHOTO BY REBECCA MAXWELL



PHOTO BY DARREN LEWIS



PHOTO BY BETHANY LEE

FOR REFERENCE  
BY DARREN LEWIS ROOM

# Et Cetera Lifestyles

## Love and lust at the ROM

Everything from mating habits of snails to comparing the sexual organs of flowers and humans were part of ROM's exhibit

BY MATTHEW BARBEAU  
Lifestyles Reporter

The Royal Ontario Museum celebrated the month of love by dedicating this year's Valentine's Day to long forgotten ideas of love and sex.

*Love and Lust Through the Ages* was the one and only chance to see some of the unique, salacious erotica that hides in the ROM's collection. Displays ranging from the power of aphrodisiacs to a crate of wooden phalluses, ancient erotic art and mating habits of tarantulas and snails were presented at the one-day exhibit.

"This is the first time we've done something like this," said Ken Dewar, programs co-ordinator for the ROM. "We wanted to

raise issues of what people think is erotic. Basically, the exhibit is to show how attitudes and awareness towards the idea of love and sex and eroticism have changed, but in some aspects have remained the same.

"From the displays," he added, "you can see how different cultures from different times viewed sex and eroticism."

*Concubine of the Dead* was dedicated to the Ancient Egyptian ideas of love and sex. While there were not many pieces, the stories behind the objects on display were intriguing. The fragile sculptures were said to be gifts to the Egyptian god of male sexuality, Ka Num. Others pieces, such as carefully sculpted images of a naked woman lying on a bed with a cone of incense on her head were traditionally found in the tombs of men, women and children. The incense was considered to be cleansing and the perfume an aphrodisiac.

"Incense was their way of feeling clean and this was very important in those days because the Egyptians were fanatics for cleanliness," said Gayle Gibson, a teacher in the Education Programs

Department. "The sad thing is that the average age at the time of death in Ancient Egypt was around 29. In fact, they never had a word for grandparent in Egypt because you usually wouldn't live long enough to see them. So, if an Egyptian woman wanted to have children, she had to have them at a young age. They did, however, have a word for 'pleasure'."

At the very next table, a variety of wooden penises sat in a cotton lined crate. After enduring a barrage of comments and snide remarks, Gibson explained the importance of these pieces. While the display (appropriately titled *A Basket of Common Prayers*) looked a lot like modern day wooden sex toys of varying size and color, their actual uses were far from what was expected.

"These were actually votive offerings," said Gibson, stressing the fact that they weren't toys for pleasure. "The god Hawthor was the god of love, sex and fertility. In her sanctuary there was a huge statue of her as a cow which was her animal manifestation and the people would go to her chapel and leave a wooden phallus so that Hawthor would consider them to be parents. When the sanctuary was originally opened, the archaeologists found numerous wicker baskets overflowing with them."

*For the Love of the Gods* brought some of the ROM's most fragile pieces into the open for public display. East Indian and Japanese art dating from the early 18th century was perhaps the reason for the "adults only" policy for this exhibit. Most of the paintings showed men and women in sexual positions of varying raciness and varying penis size. These images of courtship and intercourse have not been previously viewed at the museum for several reasons.

"Some pieces are simply too fragile to remain exposed," said Dewar. "There is also a lot of competition for display space. Since this is a one day affair, we decided to bring them out. Some of the pieces are pretty lewd, but are still authentic pieces of museum material."

Other displays described traditional uses and applications of aphrodisiacs such as shark cartilage and ginseng, and the "baculum" or penis bone display. *Hot as a Pistil* described different flowers and their applications to love while *Exploring the Mind of Dr. Carl Von Linne* compared the sexual organs of flowers to the sexual organs of humans with eerie accuracy.

Ian Bell and John Mayberry, a pair of music historians enter-



PHOTO BY TEAM ART VISUAL

Phonograph with Beeswax hand is part of Catherine Widgery's artistic response to the ROM's exhibits.

tained the large crowd with a collection of naughty songs from early Canada.

Steve Burns, a set builder for a Toronto film company called the exhibit, "amazing and intriguing".

"I had no idea this stuff existed," said Burns. "The ideas of love and sex have been so repressed through time that people have forgotten what our ancestors believed. Whatever it is that we have been exposed to throughout our lives is minor. People used sex and love in religious practices, so it was an everyday thing. Nowadays, sex and love and eroticism aren't widely discussed."

Martine Becquet, acting manager of media relations for the ROM considered the exhibit a huge success. "It's unfortunate that we can't keep this exhibit running but many of the pieces are too fragile to be exposed for long lengths of time. It was fun and the crowd seemed to enjoy it," said Becquet. "We had over 500 people through the show in the first hour and a half, but the main thing is that everyone who visited the display learned something."

The ROM also opened a new permanent exhibit on the 14th as well. The new exhibit entitled *Lost Sense: an Installation by Catherine Widgery*. The Montreal based artist studied pieces from the ROM's hidden collections and created an entire exhibit in response.

"*Lost Sense* is my artistic response to the experience of looking at artifacts in the ROM," said Widgery. "The objects in the show present a world where reality

becomes unhinged and material collides to provoke a new sensory meaning."

Despite the allure of a fresh new art display, *Love and Lust Through the Ages* drew the large crowds. For those people fortunate enough to see *Love and Lust*, Valentine's Day was not just another Hallmark holiday but a cultural and learning experience as well.

### Exhibitions at the ROM:

Ending September 20, 1998:  
(Roloff Beny Gallery)  
*Lost Sense: an Installation by Catherine Widgery.*

Ending March 1, 1998:  
(Gallery of Indigenous People)  
*Marks of the Mi'qmaq Nation.*

Ending March 25, 1998:  
(East Asia Exhibition Area & North West Atrium)  
*Arts of South Asia.*

March 11, 1998 - May:  
(Textile Gallery)  
*Etiquette of Victorian Women's Clothing.*



PHOTO BY TEAM ART VISUAL

This piece is part of *Lost Sense: an Installation by Catherine Widgery* a new permanent exhibit at the Royal Ontario Museum.



# Staying in Canada for March break can save you money

Spring break can still be fun if you don't plan to travel

BY NOREEN O'LEARY  
Lifestyles Reporter

Sick of spending wads of cash on March break vacations down south? Why not give your bank account a break and check out our home and native land.

There are many locations across Ontario and throughout Canada that offer spring break getaways for students. According to Antonella Minchella, a travel consultant for Richmond Hill Travel, sometimes the best Canadian sites are as close as a short drive away.

"A lot of people tend not to travel in Canada because they have this idea that everywhere they go will be the same as Toronto," said Minchella. "What they don't realize is that Canada offers a variety of different atmospheres."

Minchella said that although many students crave sunshine and warmth over the break, Canada is the place to stay if skiing is the sport of choice.

For weekend or even week-long getaways, Montreal and Quebec City offer a wide selection of package deals. Five nights at Mont Tremblant or Mont Ste-Anne, including lift tickets, can cost as little as \$450. Both ski resorts offer downhill and cross-country skiing, snowboarding, mogul trails, and snowmobiling.

Montreal is home to Casino de Montreal, one of the 10 largest casinos in the world. It offers five

floors, 2,750 slot machines, and 112 gambling tables.

"What's nice (about Quebec) is that it's a short drive or train ride away," said Suzy Carpentier, a representative of Tourism Quebec. "You can still use the same currency and have the security of being in your own country, while experiencing a completely different culture."

Carpentier suggests that while travelling to Quebec, vacationers can stop off in Ottawa to skate the Rideau Canal, visit the Parliament Buildings, or tour the National Gallery of Canada.

**"A lot of people tend not to travel in Canada because they have this idea that everywhere they go will be the same as Toronto."**

— Antonella Minchella

The western provinces also offer numerous skiing and vacation packages catering to students.

Whistler Mountain in B.C. has over 100 trails and the largest alpine area in North America. Seven nights in Whistler including air and lift tickets, can cost as little as \$1,300.

Banff, Alberta has three skiing areas — Mount Norquay, Sunshine Village, and Lake Louise.

Combined, they offer 6,300 acres of skiable terrain. Skating, snowboarding, tobogganing and night skiing are also offered. Package deals for Banff resorts start as low as \$900 for five nights.

"The west is nice because it offers completely different scenery from what we're used to seeing in Toronto," said Minchella. "It almost feels as though you're in a different country, but if any problems occur, medically or otherwise, it's comforting to know that you still have coverage."



PHOTO BY NOREEN O'LEARY

The McMichael Art Gallery in Kleinburg, Ontario is one of many local attractions to visit during March break.

## For those with a low cash flow why not check out some of these interesting local attractions

**The Bata Shoe Museum**  
327 Bloor St. W. at St. George St.  
Toronto  
(416) 979-7799

The Bata Shoe Museum boasts a collection of fancy footwear once worn by personalities such as Elvis Presley, Buddy Holly, Queen Victoria, John Lennon, and Picasso. The museum is open Tuesday, Wednesday, Friday and Saturday from 10 a.m. to 5 p.m., Thursday from 10 a.m. to 8 p.m., and Sunday from 12 p.m. to 5 p.m. Admission is \$6 for adults, \$4 for students.

**Harbourfront**  
Queen's Quay (416) 973-4000

Harbourfront contains cultural and recreational complexes with renovated old buildings, shops, restaurants, theatres and art gallery. Admission is free.

**The McMichael Art Gallery**  
10365 Islington Avenue at Major Mackenzie Drive, Kleinburg  
(905) 893-1121

The McMichael Art Gallery in Kleinburg is home to collections of artwork by Canadian artists, especially early 20th century paintings by the Group of Seven. The gallery is open Tuesday to Saturday from 10 a.m. to 4 p.m. and Sunday from 10 a.m. to 5 p.m. Admission is \$7 for adults, \$4 for students.

**Mount Pleasant Cemetery**  
(416) 485-9129

Mount Pleasant Cemetery is a large, garden cemetery that was laid out in the 1870s. Admission and parking are free.

**Casa Loma**  
1 Austin Terrace at Spadina Rd.  
Toronto  
(416) 923-1171

Casa Loma, built by Henry Pellatt in 1913, is home to 98 rooms and a 60-foot-high great hall. Casa Loma is open daily from 9:30 a.m. to 4:00 p.m. Admission is \$9 for adults.

**Butterfly Conservatory**  
2565 Niagara Pkwy near Whirpool, Niagara  
(905) 356-8554

The Butterfly Conservatory hosts a tropical forest-like setting where 2,000 live butterflies live. The conservatory is open daily from 9 a.m. to 5 p.m. Admission is \$6 for adults.

# Eco - Juice finds way to Humber community

Beaver Valley apple farmers team up with the World Wildlife Fund to stop the use of pesticides

BY STEVEN PROCEVIAT  
Lifestyles Reporter

Environmentally sensitive members of Humber's community may have noticed an interesting new product in their grocery stores over the last few weeks.

Allen's Ecological Apple Juice, which hit the shelves in the greater Toronto Area in mid-January, is a specialty product made from the apples of only seven orchards in Beaver Valley, south of Collingwood. The unique aspect of these apples is that they were grown in accordance with the Integrated Pest Management Plan, a system devised by the World Wildlife Fund (WWF), which requires an almost complete lack of pesticide use.

Al Timmer, owner of End of the Rainbow Farm and Orchards said, "The World Wildlife Fund and SweetRipe (producers of Allen's juices) gave growers the impetus to show how pesticide use could be lowered with proper monitoring, by guaranteeing a premium on the apples grown in adherence to the plan."

Timmer was one of the developers of the pest-management program.

"We definitely feel it is the way we see the market treading," said Eric Tonellato, spokesman for the SweetRipe

company. "We see a real need for pesticide-reduced and no-pesticide products. So, in conjunction with the World Wildlife Fund, we found farmers willing to grow their apples in a new way ... in accordance to the techniques the WWF developed."

**"If there's only a certain number of insects, there's really no need to kill them ... We can sacrifice a small amount (of apples) to bugs if it means no pesticides have to be used."**

— Al Timmer

These techniques revolve around what could be termed a more sensible approach to orchard management. Through frequent testing of tree and soil health, in addition to the monitoring of insect infestation, information is gathered, and from that information, logical decisions are made.

"Humans tend to react out of fear," said Timmer. "Fear is there from a lack of knowledge. We collected information in order to dispel our fears."

For instance, Timmer questioned the use of "broad-set insecticides, which will kill every insect in an orchard. Out of over 750 different types of insects found in an apple orchard, only about 10 to 12 are bothersome. Isn't it sensible, then, to sparingly use beneficial products, like bio-pesticides, in order to keep beneficial insects?"

Sometimes even those bugs harmful to apple orchards needn't be dealt with harshly. Through the use of insect traps embedded with attractants (pheromones), insect pressure can be constantly monitored.

"If there's only a certain number of insects, there's really no need to kill them," added Timmer. "An insignificant infestation isn't really a matter for concern. We can sacrifice a small amount (of apples) to bugs if it means no pesticides have to be used."

If the project continues, more environmentally friendly manners of orchard-management will be employed.

"We plan to put up bat-boxes," said Timmer. "Each of these can house 300 to 700 brown bats, which like to forage for insects in orchards."

"Also, the dynamics of an orchard vary every year," said Timmer. "We can't say 'We should do this because that's what we did last year.' We have to adapt to each individual situation. That's why the collection of knowledge is so important and that's also why it's enjoyable."

Project continuance is still at the 'if' stage. "It's been a useful exercise, a good learning experience," said Tonellato. "If all things come together, hopefully we can continue this program in the future, like this year."

# Youth hostels: hope for the best, but be prepared for the worst

Canadian hostel usage in Eastern Ontario and Vancouver on the rise over the past four years

BY CARLY BAILLIE  
Lifestyles Reporter

While taking a university credit in Italy two summers ago, 23-year-old Humber College student Jillian Frechette decided to save some money on accommodation and stay in a youth hostel. The Public Relations student checked in, paid the small nightly fee and then headed out for a night on the town in Verona. Returning later that night, much to her horror she found someone asleep in her bunk. After a heated argument with the manager who had overbooked, the confused intruder left. It was 3 a.m. by the time Frechette finally crawled into bed.

The next morning she woke to find itchy red welts covering her entire body. The misguided traveller had not been her only unwanted guest, she also spent the night with an army of bed bugs.

As spring and summer approach, students are planning pilgrimages to Europe, Australia and other overseas destinations. Many are aware of hostels, but aren't really sure how they work. Everyone has heard the horror stories. Travellers awaking in the middle of the night to realize two roommates are getting to know one another in the biblical sense in the bunk above. Intoxicated roommates writhing up their cheap pub meal the entire night.

This is not always the case though. More often than not hostels are a cheap, fun way to meet like-minded people from all over the world. Knowing what hostels are, what to

expect of them, how to find the best ones and what to bring can help even the most naive traveller make the most out of sharing a room with up to 30 people.

Hostels are not a new concept. The movement was first started in 1907 by a German school teacher, Richard Schirrmann, who provided overnight accommodation in his school for young travellers.

Today there are about 6,000 hostels across the world in more than 60 countries, most under the umbrella organization Youth Hostelling International (YHI). An annual membership fee of about \$25 gets you a couple dollars off nightly rates at all YHI affiliates. It can also score you some discounts on things like Greyhound passes, white water rafting tours, outdoor clothing companies and even meals at pubs.

Hostels, also affectionately known as 'Backpackers', usually consist of dormitory-style rooms with bunk beds, that can sometimes sleep a large number of people. Cost seems to be the number one concern of people in the hostelling circuit.

John Briggs, front desk reception at Ottawa's YHI said that the best hostel is the cheapest hostel, especially for those travelling solo. Prices vary but are usually around \$10 to \$20 a night for the dorm rooms. Single rooms are not unheard of and many hostels can accommodate couples. Single and double rooms range from \$20 to \$40. Facilities such as bathrooms, lounge rooms, and kitchens are shared with other guests. This communal living helps keep costs per person low.

Despite the prefix "youth" you don't necessarily have to be young to stay in a hostel. Very few hostels discriminate against age and only Germany and Bavaria have an official limit of 26 years old. Length of stay is usually not a prob-

lem either although in busy areas some may stipulate a maximum of a week.

The best way to find hostels is through guide books. They list all the 'Backpackers' a chosen city has to offer and provide concise descriptions including price, phone number for reservations and lists of facilities such as laundry. Most comment on general atmosphere and list other interesting tidbits as well.

One of the best series for those on a budget is *The Lonely Planet* series.

Finally what do you need to bring? Almost all hostels will provide bed linen, including a pillow and a blanket. Some travelers carry their own sleep sheets for convenience, but it's usually not necessary as you can rent them for a small fee. Sleeping bags are usually not allowed in hostels due to their nasty habit of housing those before mentioned nasty critters. Your own toiletries and towel are a must if you plan on showering as well.

Availability of hostels varies from country to country. England and Wales have 240 YHI's to choose from, Australia has some sort of hostel in every city or town. But in Canada there are fewer and they are far between. Canada just doesn't have the demand for them that Europe does.

Jonathan Bodden, Assistant Manager of Kingston's International hostel said this is changing though. He has seen a definite rise in Canadian hostel usage in the last four years, especially in Eastern Ontario and Vancouver.

Hostels were designed to make travelling cheap and easy. And as Frechette discovered after she stopped itching, most of them are a blast! Where else can you meet, eat, party and not to mention sleep with people from all over the world.



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February is Dessert Month

## Hair mascara allows you to experiment with fun colors

BY CHRISTINE BOSKOVSKI

Lifestyles Reporter

Have you ever wanted highlights in your hair that wash out whenever you want and don't cost an arm and a leg?

There are non-permanent colored styling products available, but look closely because they are disguised to look like mascara, hand cream and chapstick.

With a light stroke of the brush, the stick, or your fingers, you can have highlights that look like you just walked out of the salon without paying over \$50 for permanent color.

Joelle Andayan, a consultant for Christian Dior Cosmetics at Yorkdale Mall, said Dior's hair mascara is great because it gives you the option to choose any color you want and wash it out whenever you want.

"The mascara works like hair gel, you just dab it on with the brush and comb it through," said Andayan. "It also gives you a lot of flexibility to use fun colours because it's not permanent."

"Our mascara is selling out fast," adds Andayan. "We can't keep them in stock."

Laurence Carriere, a first-year International Humber student, said the hair mascara is great because it's new and different and it comes in lots of funky colors.

"I own a blue and a gold hair mascara," said Carriere. "I like it because I don't want something permanent and it's really easy to wash out. One shampoo and that's it."

Antonella Vecchio, a consultant for Trade Secrets Salon, Woodbine Centre says non-permanent highlights are really popular with the young people.

"With the Snapshots Hair Color, you just squeeze the product onto your fingers and run it through your hair," said Vecchio.



PHOTO BY CHRISTINE BOSKOVSKI

Hair mascara is popular because you can use all the colors of the rainbow and wash it out easily.

"A lot of young people use it who don't want the commitment of color," she added.

Another product available is Revlon's Tween Time Color Stick. The product is used for root touch-ups as well as highlights.

These products are safe for your hair as they are made with a non-damaging silk protein formula with filmogenic and protective properties.

The product coats the hair shaft making the hair soft and manageable.

Hairstylist Frank Grimaldi, at Scissors Edge hair-styling on Lawrence Ave. W. said non-permanent highlight products are good if you want a temporary look.

"The product is good if you want a fun color in your hair," said Grimaldi. "It's great if you're going to a party or a place where you want to look different temporarily."

You can highlight your hair almost every color in the rainbow, along with blond, brown and black.

Snapshots Hair Color Gloss costs \$15 and Revlon's Tween Time Color Stick costs \$7. Mascara Flash from Christian Dior is \$26, and it costs \$10 for Different Strokes Hair Mascara.

## Legitimate psychics get bad reputation from hotlines

BY HIMANI EDIRIWEERA

Lifestyles Reporter

Toronto's Psychic Mystics and Seers fair was held at the National Trade Centre from February 13 to 15. They say 'seeing is believing', and that certainly was the case at the fair. Everything from Channelers to Pet Animal Psychics had stands set up at the fair, charging anywhere from \$10 to \$80.

According to Larry Grant, Animal Psychic and Telepathic communicator, he discovered his talent shortly after a near death experience 10 years ago.

"I was in a motorcycle accident and spent five and a half months in the hospital," Grant said. "I was almost dead, part of my brain was damaged while another part opened itself up."

Grant explained that there's close to 90 per cent of a person's brain that is unused. A psychic's 'gift' comes from accessing this other part of the brain.

Grant telepathically communicates with animals, both dead and alive.

"Every animal has a soul and they communicate telepathically with each other," Grant said. "I talk to animals with telepathy. It's a universal translation. What I speak, they understand."

Grant said he believes that in the spiritual world, there are certain entities allocated to 'animalhood'. He said spirits come to this world with a full understanding of what they are here for, and what they are supposed to do. Grant also said all people have psychic abilities.

"We're just so conditioned that

it's wrong. From early childhood we're told it's wrong to have imaginary friends," Grant said. "Maybe those imaginary friends are real."

According to David LeFort, Metaphysical and Paranormal Consultant, he considers 'skeptics' to be his ideal readings.

"Most good psychics are also skeptics," LeFort said. "They look at every logical detail. I don't like total believers. I prefer skeptics."

LeFort, who practices in Toronto, has been a professional for more than 10 years now working as a medium and clairvoyant. A medium, he explained is someone who speaks with spiritual beings, or allows themselves to be a 'medium' between a spirit and a life form. A clairvoyant is someone who sees things in pictures and in symbols.

The psychics at the fair may have been legitimate, but they have been given a bad name because of fraudulent psychic hotlines, promising you the truth to all your unanswered questions for only \$4.99 a minute.

"They have a bad reputation. More times than not, the reputation is justified, but there're good stories as well," said LeFort. "But the bad reputation has tarnished the rest of us. We all burn in it."

The Psychic Fair continues to be a success.

"We're all here to grow, to reach out and help each other," Grant said. "We're not here as people trying to be people, or spirits trying to be people. We will always be here as spirits."

## Arizona's scenic desert drive is great vacation

BY JULIA KUZELJEVICH

Lifestyles Reporter

It wasn't a '64 baby blue Dodge Coronet and we weren't quite Thelma and Louise, radio blaring rock and roll as we cruised through the desert.

We were in a sun-repellent white, Mercury Mystique, and the music was Brahms.

For Christmas, I gave my mother a trip to Arizona and I was wondering how we might spend time in this Third-Age colony without significantly slowing our heart rhythms.

For those who hate golf, there is still a great deal to see and do in Arizona. The dollar doesn't go far, admittedly, but gas is cheap and Denny's has an all-day \$1.99 breakfast.

Scottsdale, a suburb of Phoenix, is a great place to go for shopping and eating, and its botanical garden has every kind of cactus known to man. Because much of south-west Arizona is Sonoran desert, summertime temperatures can rise to 120 degrees Fahrenheit during the day, with winter highs from 65 to 75 degrees.

Apparently in the days before air conditioning, people would sleep wrapped in wet sheets against the heat, and even now

most houses are low, in sun-repellent colors such as white and yellow, and walled in to keep them cool.

No blighting skyscrapers are here because the desert sand cannot support them. Crops planted by natives of the Sonoran desert for the past 2,000 years include corn, beans, gourds, squash and cotton as well as the use of desert plants such as prickly pear cacti and mesquite shrubs.

We found a great southwest restaurant in Scottsdale, Sam's Café, where spicy rice, black beans and tortillas feature with thick steaks, mango and cactus chutneys and hot pepper cream cheese on breadsticks. Some of the steaks are 'chicken-fried', coated in batter and deep-fried. Sprinkle everything with a few drops of hot sauce or the popular Mexican 'Cholula' sauce. Not to mention margaritas sweetened with prickly pear cactus syrup.

Another big goal was to do a "Thelma and Louise", PG version, of cruising through open desert. We didn't have the convertible, but we wanted that so-often-seen-in-the-movies experience of driving through blaring sun, open road, everything bathed in neon and not a care to be had.

Sam Luther of the Arizona

Tourism Authority said, "The most popular activity aside from golf in Arizona and the southwest states in general is the desert scenic drive."

Sedona is a town of high red sandstone cliffs, called Oak Creek canyon. The cliffs are in animal shapes and supposedly inspired some of the animation in the Disney film 'Fantasia.'

We went to Payson, a little mountain town northeast of Phoenix, where the route along the Beeline Highway took us through arid desert where the cacti stand sentry along seemingly otherwise bare mountain. Next we drove by thick brush and fragrant yellow broom shrubs to the beginning of a deciduous treeline and scrub pine trees. Three different ecosystems in the space of one hour's drive.

The Grand Canyon is definitely a two or three day excursion, four-and-a-half-hours out of Phoenix. Red rock, clouds hovering over great walls descending into the Colorado River. Many tours specialize in taking tourists through the canyon in the most imaginative ways possible: helicopter, plane, and balloon. On foot may still be the best way to feel the space.

The road that inspired a song

and a TV series, Route 66, is officially closed. But Arizona has preserved the longest remaining stretch of the highway for tourists, which is only about seven per cent of the original road, which extended from Chicago all the way to California, bypassing the Rockies and cutting through the Mojave Desert. Arizona's Historic Route 66 is the stereotypical 'Wild West' with curio museums, big hand painted billboards, concrete teepees and country diners.

The cost of staying in Arizona can be low if you find a lower-end motel where a room starts at about \$30 U.S., while Route 66 will yield many more choices.

Most hotels have a discount rate for CAA (Canadian Automobile Association), but during high season the well-known hotel chains start at about \$90 U.S. per night.

Restaurant food prices, Denny's excluded, are similar to Canada's, and there's a 10 per cent state tax.

If nothing else inspires you to visit Arizona, the people there would. Friendly faces are endemic. There is none of the rat race fervor, the coldness and hardness that personifies big-city easterners. A greeting on the street might get you locked up in Toronto; in Arizona it's par for the course.



PHOTO BY JULIA KUZELJEVICH

Cacti plants stand tall against the horizon in the Arizona desert.

# Prevent pets from straying away from home

Having pets spayed or neutered may keep them from wandering off

BY ALICJA PARLAK  
Lifestyles Reporter

Imagine your pet runs away and you can't find him. You call animal shelters and neighbors, hoping someone has seen him. But your pet doesn't have an identification tag, no special markings, and looks just like hundreds of other animals at the shelters.

Most of the problems of homeless animals can be eliminated with a bit of effort, caution, and research.

"If people had identification tags on their pets, there'd be more pets returned home, rather than straying around on the street," said Debbie Kimbell, education officer at Mississauga's Animal Control. "This is especially true of cats because when cats stray and we pick them up here, we could have 20 different brown tabby cats, and when people call and say 'I've lost my brown tabby', well, they all look the same."

Joanna Farino, pet owner said, "Tags are very important for dogs, especially if your dog is a runner, but I don't think they're that

important for cats. I think cats should be fixed and not let out... If you do have a cat that you will let out, then you do need a tag for him."

Library Clerk Bohdan Stryzowec just adopted a stray cat named Murka.

"My cat will be an indoor cat because I don't want her to be lost out on the street again. But I made an ID tag for her, just in case."

Not having your pet spayed or neutered may also lead it to wander and is a major cause of the over-population of animals. Shelter Supervisor Janet Michaud, of Mississauga Animal Control, said, it's difficult to get the exact numbers on how many abandoned animals are not fixed, especially with female animals.

"My guess, having worked there for 10 years, and feedback from veterinarians and people who have adopted the animals, and the male animals that I've seen, I'd say about 96 per cent are not neutered," said Michaud.

"Not spaying or neutering your pet contributes more to the over-population problem," added Kimbell. "But it also has an effect on the stray animals because when there are so many animals out there and not enough homes, then all of a sudden you have these animals on the street."

With that in mind, Animal

Control offers a discount to those who adopt non-neutered pets from the shelter.

"We have a list of veterinarians who participate (in this deal)," said Kimbell. "You can go to one of those vets and they'll honor a coupon."

"Pets that have been fixed also have less of an urge to go running and mating so they don't run away from home as much," said Kimbell. "They're also more attentive to their owners, so they're more easily trained."

Stryzowec went to the vet immediately and had Murka spayed. "She was really hyper for the first few days that I had her. She was also meowing really loudly almost all the time. It didn't even sound like a noise a cat makes. It was more like a baby crying," said Stryzowec. "After I had her spayed, she calmed right down and is just a normal playful cat. And a quiet one, too."

Kimbell said, "We talk to a lot of groups, so if you're in a school or any kind of a group, even if it's just a private group, all you have to do is call our office and let us know what you're looking for and we'll set something up exclusively for you. Individuals can come in too."

These programs at Mississauga Animal Control are free to Mississauga residents.



PHOTO BY ALICJA PARLAK

## Reasons animals end up on the street:

- not able to afford their pets, so they turn them out on the street.
- don't understand the responsibilities of owning a pet because they don't research it initially.
- can't afford veterinary care
- not being responsible pet owners and keep their pets confined to the yard.
- let their children walk the dog - the animal might not be under control and may break loose and become strayed.

Animal Control offers programs in its education department to teach people about responsible pet ownership.

## Opportunity Knocks Once...

**SAC Executive needed for North and Lakeshore Campus and SAA Representative to CSA for 1998/1999!!!**

Nominations Open Monday, February 23, 1998 at 9am and Close Friday, February 27, 1998 at 12pm at Lakeshore Campus and at 4pm at North Campus.

Nomination packages for SAC Executive and SAA Representative to CSA are available from the SAC Office at Lakeshore Campus in AX101 and at North Campus in KX105.

Job description and responsibilities also available from the SAC offices.

## STUDENT REPRESENTATION WANTED!!!

**Humber College Board of Governors needs a Student Representative for the 1998/1999 school year.**

Nominations open on Thursday, February 19, 1998 at 9am and close on Tuesday, March 1, 1998 at 12pm at Lakeshore Campus and at 4pm at North Campus.

Nomination packages are available from the SAC Office located in KX105 at the North Campus and in AX101 at the Lakeshore Campus.

Job description and responsibilities available from the President's Office room

# Entertainment

## XXX-citement in Caps

Dropping drawers and porno stars seen in Caps

BY ANDREA HOUSTON  
Entertainment Reporter

Five naked men, two sexually obsessed women and a polar bear took control of Caps February 10.

Sound like a Russ Meyer movie?

Actually it was the much-anticipated Tony Lee, hypnotizing unsuspecting Humber students.

The show started at 9:30 p.m. as Lee warmed up the audience and coaxed his victims onto the stage. The contestants made their way to the front as unsuspecting

as lambs to the slaughter.

Lee then used the power of suggestion to put them into a sleep state and then spoke directly to their unconscious mind.

The night started out innocent enough with tricks such as barking like a dog and mooning the audience every time you hear the word Caps. But it soon turned into a XXX-rated hilarious comedy show.

But the fun didn't stop there, and neither did the humiliation for the contestants. Lee pulled a life-size polar bear on stage and told them they were porn stars and must have sex with the stuffed animal, which they did, enthusiastically.

One of the girls got so into it, she got on top, then the polar bear

did. It was so big she fell back and the bear fell on top of her, but like a true sport she kept on going.

There were also five guys who were made to believe they had penises growing from their foreheads. They were told to give anal sex to their fellow students like it was the most natural thing on Earth.

At one point Lee told each of the participants they had a baby polar bear of their own which they had to care for and love.

While they were cuddling and kissing their pet, Lee

told them they were glued to their seat, which was glued to the floor. He then asked the first volunteer if he could hold one of the bears. Reluctantly, he obliged then watched in horror as Lee kicked the animal across the room.

Anger and tears spewed on the stage as Lee murdered each one of the bears while their owners watched and cursed Lee with every word they knew.

Lee said he has to remember to tell them they're glued down or they will attack him.

"When I kill their pretend animals, sometimes I forget to say 'you're glued to your chair', and



PHOTO BY ANDREA HOUSTON

Fans were eating it up while under Lee's xxx-rated spell in Caps last Wednesday.

when I've killed them, I've been kicked, spit on, thrown off stage — because they actually think I've killed their little friend," he explained.

To end the show, Lee told the participants they would fully "snap" out of it when they hit the outside air, at which time they would laugh hysterically.

He explained that the majority of them know what they're doing, but can't help themselves.

"The people know it's a stage performance, some will be aware of what they're doing and some may not be," he said. "But they're all aware when they leave the building exactly what's hap-

pened."

As for why certain acts are performed, Lee puts it simply.

"People go into various levels of relaxation," he summarized. "The more relaxed they are the less inhibitions they may have."

So far nobody has ever been angry with Lee, or so he claims. But he also said he never makes them do anything de-moralizing or degrading.

"They just want to have a lot of fun up there," he said. "They have nothing to worry about, there's no fears of them having anything negative or traumatic happen. They are able to release themselves and let loose."



PHOTO BY ANDREA HOUSTON

Contortions and distortions in the name of a dirty erotic good time.

## Sphere: awash in mystery

Underwater flick makes another jurassic splash for Crichton

BY CRAIG JOHNSON  
Entertainment Reporter

Michael Crichton's 1985, science fiction novel, *Sphere* can easily stand alongside *The Andromeda Strain* and *Jurassic Park* as one of his most suspenseful and entertaining reads.

While the story featured fantastic action sequences involving giant, dangerous sea creatures, it also had great brain-teasing psychological moments.

When it was announced that Hollywood was going to make an

all-star, big-budget adaptation of this story, some expected that special effects and explosions were going to take precedence over the psychological suspense of the story.

But, the film is pleasantly surprising. It is a faithful adaptation of the novel by screenwriters, Stephen Hauser and Paul Attanasio.

The film opens with the main character, Norman, a psychologist, played by Dustin Hoffman, (*Wag The Dog*) being called in by the military to examine what he was lead to believe was a plane crash. He soon learns that it is a spacecraft that has been resting on the ocean floor for 300 years. Norman is joined by an astrophysicist, played by Liev

Schriber, (*Scream*), a biochemist named Beth — an old flame of Hoffman's, played by Sharon Stone (*Sliver*). And a mathematician named Harry, played by Samuel L. Jackson (*Pulp Fiction*).

While exploring the spacecraft, the scientists uncover a startling secret about the vessel; the name-sake sphere. When Harry actually enters the sphere and is pulled out unconscious by Norman, the alien force within the sphere is awakened.

Ever since returning from the sphere, Harry starts acting abnormally. Norman and Beth believe that there is a link between the sphere and Harry. Their paranoia only increases when they begin to suspect that Harry is not the only one among them who has entered

the sphere.

The decision to hire Barry Levinson to direct this movie was a bit of a risky one. Barry's only other experience with directing a movie based on a Crichton novel was *Disclosure*.

His handling of *Sphere* is both hit and miss. Levinson excels at moments when the characters are conversing with each other. There is genuine excitement when characters talk in scientific techno-jargon about the discovery, and tension is created when the crew begins to distrust one another.

Unfortunately, Levinson's direction is also choppy at times.

Although, *Sphere* is primarily a psychological thriller, the film may have benefited from a com-

petent action director. Levinson's direction lacks suspense and even coherence when the vessel is being attacked by a giant squid.

However, the story still works well. The script is filled with enough plot twists to keep the viewer entertained. And the film is well acted, by Jackson, and in particular, Hoffman in reluctant hero mode.

Fans of the book may be a little disappointed by how little we get to see of the underwater monsters. The giant squid, which provided some of the book's most spectacular action, is only briefly glimpsed at in the film.

It is pleasing to see that the film did not rely on special effects alone to provide an entertaining thrill-ride for the audience.

# Caps gives back to students

BY TREVOR HICKEY  
Entertainment Reporter

Caps gave back to the students February 11 when they put on a free concert headlined by Canadian rock group, Treble Charger.

The appreciative crowd saw the concert open with By Divine Right, Kingston's Weeping Tile, and finally Treble Charger, from Sault St. Marie. The fans were extremely happy with the show and thought that the free admission was a splendid idea.

Matthew Jurass, a Humber student who was at the show thought that it was a great idea



Treble Charger electrifies the audience at Caps.

for Caps to put on the concert.

"I thought everyone had a great time at the show, and I guess Caps was showing their appreciation for the students that go to the bar all the time and spend lots of money on pub nights. It was good to get a little something in return," said Jurass.

Ward Alsop, a Humber student and former Caps employee, thinks that in the future, if affordable, Caps should put on free shows more often.

"I'm sure they (Caps) can afford to do this kind of thing once in a while, and as long as it's not costing too much money, they should maybe think about putting on more free shows in the future," he said.

Weeping Tile recently came off a tour of the Maritimes before getting this gig at Humber and had a particularly good time in Fredericton.

"People in Fredericton know how to rock, take note

Humber students, go and rock at the University of New Brunswick," said Luther Wright, the band's guitarist and back-up vocalist.

Wright seemed happy to be at Humber College. He doesn't like the idea that some bands refuse to play college gigs.

"They must have too much money and don't need to do it. We don't turn down gigs generally, a show's a show. You gotta play wherever you can make money. You gotta play for people," said Wright during an interview before their set.

Lead singer, Sarah Harmer, said that some colleges and universities differ depending on where they are located.

"In bigger cities you can get university gigs or city bars. They both offer different things. Sometimes university gigs are a bit more sterile but they're a lot more money, and they have great sound systems," said Harmer.

Weeping Tile's agent is Wright's uncle and he organizes the college gigs, but Harmer said it's different every year.

"Different people seem to run every year so there's a different entertainment director so every year it's different. Some people

are into different bands," she said.

Wright added that his agent drives a hard bargain with colleges that are looking for bands.

"He basically goes, 'you guys want Big Sugar, we'll you're getting Weeping Tile, here's the deal you want Ashley McIsaac, well your gonna have to take Weeping Tile for two nights,'" he joked.

Sticky, the bassist for the band said they are trying to expand their fan base and open it up to the younger crowd.

"Lately we've been trying the all ages shows. It's nice to see the younger crowd come out," she said.

Treble Charger had just come back from a tour of the U.S. with the Dandy Warhols before playing at Humber. Lead singer Greig Nori said some interesting things happened to them while they were in New Orleans.

"Trent Reznor came to our show and invited us to a party at his house so we went with the Dandys, and his house was like a giant three-story funeral home. The whole second floor was full of video games. I only found out later that it wasn't even his house, it was just a playground for him and his friends," said Nori.



Weeping Tile's Sarah Harmer belts out a tune at Caps.

In his polite manner, he said the key to getting fan support is touring and playing various shows.

"When we first started we toured across the country and always played all ages shows, so all these kids are now at Humber and everywhere else and that's why we have such a big audience around these centres. I guess that's how you build," said Nori, during a pre-set interview.

The show was a huge success on all sides with the bands and the fans enjoying the experience.

# Reading series books its authors

Popular writer,  
Ian McEwan reads  
from his recent  
work

BY BRIAN PASCUAL  
Entertainment Reporter

With the flickers from a sea of candles before him, author Ian McEwan set the stage for his reading.

The acclaimed writer from England momentarily confused his many fans by saying he would not be reading from his most recent work.

And in that split second when startled faces exchanged bewildered looks across the room, McEwan stood at the podium with the eagerness only a man holding a secret would have.

Yes, he would be reading from *Enduring Love*, his most recently published work.

But no, this was no longer his latest novel since he had just completed a new manuscript two days ago he said.

And so the 1998 Harbourfront Book Series began on February 11 with a round of applause.

Before reading the beginning of *Enduring Love*, McEwan shared an anecdote with his audience to explain his motivation for writing the novel.

Recently he had come across a small note he had apparently written to himself prior to starting *Enduring Love*.

It was simple and to the point: "Please write a novel that has an opening that would have something of the quality of an addictive drug."

Perhaps it was only fitting that McEwan would preface his reading by drawing a parallel between drugs and literature. The Harbourfront Book Series itself — with its weekly readings that run

well into the fall — is addictive in its own right for any fan of contemporary literature.

In its 24th successful year, the Series is looking at 1998 with great optimism.

McEwan was brought in last week as a special event to preview the actual start of the Series on March 18. On that night, Douglas Coupland will make his first appearance on Harbourfront's stage, and will read from his latest work, *Girlfriend In A Coma*. Coupland became renowned as the voice of a generation with his novel, *Generation X*.

Also reading in March will be Lynn Tillman and Douglas Fetherling, with John Fowles coming on May 7 to do an on-stage interview with Dr. Chris McGowan.

Fowles, who has written *The Collector*, *The French Lieutenant's Woman*, and *The Magus* among others, is finally coming to Harbourfront after 20 years of coaxing.

The Series runs into the fall, culminating with the 11-day, International Festival Of Authors in late October.

As the brainchild of local author and Harbourfront Book Series artistic director, Greg Gatenby, the IFOA has gained notoriety as the pre-eminent literary festival in North America — and arguably the world.

With internationally-acclaimed writers such as Ann Beattie, Jane



McEwan signs autographs for fans as a preview to the Harbourfront reading series which will showcase several other authors.

Urquhart, Nino Ricci, and David Leavitt attending last year's festival, the excitement for the 1998 event can only be high.

The weekly readings in the Harbourfront Book Series will be held in the Brigantine Room of the York Quay Centre at 235 Queen's Quay West. Attendees are treated to a half-hour reading, followed by a short question and answer period, and finishing with an autograph session.

Tickets for non-Series members are \$8, while members are admitted for free. To become a member of the Series costs \$50 a year.

Anyone interested can call the Harbourfront Centre Box Office at 416-973-4000, or send e-mail to readings@harbourfront.on.ca. Those wanting to find out more about the Series, and the IFOA, can do so on the internet at www.readings.org.

And as Ian McEwan's reading came to an end, people were once again left staring at each other with funny looks on their faces. Only this time, no one was confused. Instead they were utterly content at having had the first taste of their addiction of the year.

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## Deserts & MORE

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# Tha monster rapper

Toronto rapper  
Frankenstein,  
striving to be the  
ultimate artist

BY JEREMY RELPH  
Entertainment Reporter

Mary Shelley's Frankenstein was the hideous creation of a mad scientist that terrorized the townspeople.

Toronto's Frankenstein MC produces tracks from his own laboratory with the hopes of slaying negativity and lyrics of gun fantasies.

"The feeling I try to emulate all the time is the stuff that always drove me to love hip-hop," said Frankenstein, whose John Hancock is Frank Fallico, when he's not manhandling microphones.

"Tracks like, So What'cha Sayin, You Gots to Chill, I Ain't No Joke, Ain't No Half-Steppin ... like The Rain Is Gone. I always try and capture that feeling that'll put people in a zone," he said. "You'll hear certain cuts in hip-hop that will never lose their feel. When I do my tracks I try and capture the zone, capture that feeling when hip-hop was, to me, in its prime, its best stages ... tracks that you know where you were when you first heard it."

Frankenstein has been on the Toronto scene for years, growing with the likes of Toronto MCs like Thrust, Choclair, Day, Kardinal Offishall, Red Life and others.

From his days growing up around St. Clair and Runnymede, Frankenstein has remained rooted to who he is. This is the foundation that is reflected through his music and it has kept a skeptical hip-hop audience satisfied.

While many in the hip-hop

world have taken the "I'm just reporting what's happening" rationale to fantasy levels more on par with Scarface, Frankenstein is grounded in what's real for him.

"In hip-hop I never forget who I am," he said. "I never try to portray something I'm not. I'm never talking about Glocks — I've never seen a Glock. I never talk about smoking weed 'cause I never did that shit, know what I mean? I might not talk about the normal things that are the everyday life of an inner-city kid in America, because I'm not an inner-city kid in America. I'm a kid in Woodbridge."



PHOTO BY JEREMY RELPH

Frankenstein lays tracks for his next major masterpiece.

As independents, Frankenstein and Knowledge of Self don't have the big budget for their releases that major labels like Def Jam or Bad Boy do. But that will not limit them.

"I'd love not to have to call myself just an independent," he said. To a certain degree, independents are needed, just because they're the ones who take the chance on talent. Wu-Tang was independent until Loud and RCA picked them up ... Def Jam at one time was an independent and now they're huge."

With distributors from Japan to New York ordering copies of

his singles and EPs, the encouragement is there. Magazines like the Los Angeles based, *Urb*, have given his material strong reviews, but on the homefront, it appears the support is not there.

"A mic and a DJ in Toronto doesn't cut it a lot of times because they're (the crowd) like 'yeah whatever, been there, seen it, done it,'" explains Frankenstein. "I find Toronto's attitude to be very old, like the way an old man's attitude might be ... they get tired quick. To this day, I say the hardest city to perform for is Toronto. It's my own city, but man oh man, I hate performing here 'cause it's a lot of work to get yourself up to performing for a Toronto show, you've got to be straight out the box."

The advent of the music video and operators like *MuchMusic* and *Black Entertainment Television (BET)* has done a lot to spread the images of rap music across areas that may not have seen it before.

The medium is the message and videos are powerful advertising tools that everyone, even independents, need to deal with.

Like other independent artists in Toronto, his video for UV was made for a fraction of the cost of the average video played on TV.

"Songs are half the battle, but if a kid is not going to tune into your video because they see in the first five minutes that it doesn't look up to par, then they might miss a good song," he explained. "When they see the video — you're just competing — they don't know you're some small-time guy from Toronto; you're on the playing field, you can't come with weak excuses."

With all the obstacles to success don't bet on Frankenstein quitting any time soon.

"I'm still trying to be that artist, that Michealangelo — where you've made a difference in your art," he said. "I'm not at that point yet, but I'm striving to be."

artists flooding the markets these days then this CD is for you. However if you have had your fill of Lisa, Sarah, Chantal, and Jewel then maybe this recording will not do much for you.

The CD by Jonatha Brooke entitled *10¢ Wings*, is a solid effort with some good musical arrangements and a solid job is done in the mixing and in the production of the tracks. Titles like, *Secrets and Lies*, *Blood from a Stone*, *Glass Half-Empty*, and *Last Innocent Year* hint to the buyer that this isn't party music.

The sound is driven by Brooke's acoustic guitar capabilities, which she blends nicely with some soft piano work on a few tracks. The music is full and layered in a nice fashion.

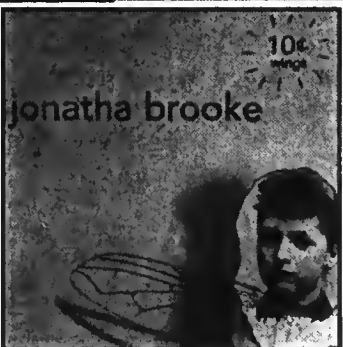
Track two, *Crumbs*, is one of

the more creative efforts with some strong lyric writing that gives the song a Tori Amos flare.

Tracks one to ten are slow paced songs that build on each other. Methodically, the songs gain momentum, depth and passion.

But it's not until track 11, *Landmine*, that the music reaches any sort of climax. It is easily the best song on the CD; most likely because it has a poppy chorus that Belly fans will recognize. It adds a breath of fresh air to the music. The CD closes with a powerful track, *Annie*, which is quite simply, gripping. Overall, this effort by Jonatha Brooke is solid, not innovative. If you're looking for the next wave in music, this isn't it.

## ON DISC



**Jonatha Brooke**  
*10¢ Wings*  
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BY BILLY IKOSIPENTARCHOS  
Entertainment Reporter

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# Et Cetera Sports

# Perfection!



PHOTO BY ALDO PETRONE

A Humber player goes up for the kill during the Hawks' season ending win over Centennial, giving them a 12-0 record for the year.

## Women's Volleyball team finishes the season 12-0

BY ALDO PETRONE  
*Women's Volleyball Reporter*

Undeclared.

A beautiful word that sounded sweet to the Women's Volleyball team after their game against Centennial on February 12.

The Hawks not only ended the season with a win, but also capped off a spectacular undefeated 12-0 record.

The final game however wasn't a walk in the park. Humber battled out a 15-12, 15-6, 15-11 win.

Centennial jumped out to a surprising 6-1 lead in game one. A combination of being relaxed, unforced errors and misjudging where the ball would land by the Hawks allowed the opponent's quick start.

The Hawks took a timeout when trailing 11-9. Humber finally grabbed the lead and ended the game with a kill by Jennifer de Miranda.

Game two was easier as Centennial held a short lived 3-0

lead before the Hawks scored seven unanswered points. Centennial mustered only three more points before Cindy Ross ended the game with a kill down the side.

Centennial played well in game three. They bolted out to a 7-2 lead before the Hawks tied it at eight. Centennial made it 11-8, but Humber scored another seven unanswered points to end the match and a fine season.

Coach Hood gave one simple reason for the perfect season. "The work ethic of the girls," he said.

Coach Hood said the young team played extremely well through the adversity and the ups and downs.

"Just in a game like this, they allow an opponent to flow, but they eventually gain composure and pull it out in the end," said Hood. "That is how we won all season."

The Hawks more importantly head into the OCAA playoffs with an advantage. They will have an easier draw, being placed with the second place teams in the two other divisions.

But the team will not sit on their heels.

"We don't want to be the same team in the playoffs as we were in

the tournaments," said Hood.

The Hawks will face opponents from other divisions.

"There are a couple of things we want to change in the rotation to get better matches," said Hood.

There were other game notes besides a perfect season.

Richelle Elder and Angela Darrach received gifts before the start of the match. Playing in their final home game, both will be graduating this year.

Darrach remembers one thing during her career.

"Everybody calling me names," said Darrach.

She also had other thoughts about this season as well.

"We played really well at tournaments, and also at the end of the year everything came together," she said.

But she made the team's ultimate goal clear.

"We want to go to nationals."

The OCAA playoffs on February 20 and 21 at Mohawk College in Hamilton are where the Hawks will battle for the championships and a chance to attend the CCAA championship in Quebec.

# Humber's golden boys

BY SHAWN GIBSON  
*Men's Soccer Reporter*

The Men's Indoor Soccer team competed in the third annual George Brown indoor soccer tournament this past weekend. Although there were other teams involved, it didn't seem like it, as the Hawks showed their golden colors.

The first game was vintage Humber with the team winning 5-0 over Niagara. Contributing in the scoring was Bernard Tavernier and Phil Ionadi, with two each, while newcomer Nathaniel Singleton dropped one in the net. Singleton came over from Centennial and said the atmosphere at Humber is a lot different.

"The difference is that Humber

allows you to feel like part of a family," said Singleton, who has the nickname Two-Face. "Once you're on the team, it's like you've always been there."

Intimidation wasn't needed against Centennial in the second game as the Colts scored twice on the Hawks, but gave up six goals. Ionadi had three while Jesse "Caliber" Calabro, Malek Zibara and "Captain Crunchtime" Walter Martins filled out the rest of the score sheet. As captain, Martin's leadership skills on the field are unmatched and his ability to make plays demands respect.

"We won that first tournament and our heads were pretty big with confidence, but the coaches assured us that this tournament

would be a lot harder," said Martins. "We knew we had a good chance of winning it, I mean, if you look at the team we're strong pretty much everywhere."

The Hawks played York next, a team that always gives Humber a run for their money. Although Ionadi scored twice for the Hawks, York came back with two of their own and tied the game up. It ended in a tie leaving the potential Humber-York rivalry to be settled another day. Will "Macho" Machado couldn't play as he is getting over an injury, but said from what he has seen on the sidelines, Humber should be getting a lot more awards for their skills on the field.

"I believe we should win a lot

more tournaments with this team," said Machado. "Phil (Ionadi) should be MVP a few more times. He's a great player and knows how to get to the net and make the big plays. Our next tournament is in Montreal in two weeks and I wouldn't doubt that we win the gold there too."

Humber's next victim was St. Lawrence who they beat 3-0. Goal scorers in this game were Singleton, Zibara and, of course, Ionadi.

In the championship, George Brown, who rarely finds a way to score on the Hawks, was shut out 4-0. Singleton, Luigi Landauro, Tavernier and veteran Terrence Campbell all scored for the blue and gold. Just to show how great this team is, there were eight dif-

ferent goal scorers in the tournament.

Coach Germain Sanchez said he is very happy with the team and has high hopes for the future.

"We are undefeated this year in indoor play and we have a lot of great players on the team," said Sanchez. "York was tough competition, but we had them. The score was 2-1 but they called a penalty shot in the last minute of play, but I think we are a better team."

Sanchez is looking forward to Humber's next tournament in Montreal in two weeks.

"Montreal is going to be very special because they have universities from the States, Ontario and Quebec. It will be a good experience," he said.



# Great expectations

## Men's V-ball finish first in West Division — gear up for playoff run

BY KRISTI SMITH  
Men's Volleyball Reporter

The Men's Volleyball team devoured the Redeemer Royals in three straight sets on February 11 (15-5, 15-5, 15-13), in the last game of the regular season.

"It was a great way to end the season," said Co-Captain Chris Wilkins. "It's important that we played well all year, and managed to have a lot of fun along the way."

The Royals, who share the honor of having the worst record in the Ontario West division with the Georgian Grizzlies, never really stood a chance. The Hawks, who clinched the division championship last week, are ranked twelfth in Canada.

In a pre-game ceremony, Wilkins was honored for his last home game as a Hawk. Wilkins, a two-year veteran, graduates this year but is expected to return to Humber in a coaching capacity.

"I've had a lot of fun," said Wilkins. "It's hard not to be playing with guys like these. I'm really going to miss them next year."

The Hawks headed into this game minus their other captain, Tim Pennefather, who had sprained his ankle in practice the night before. Pennefather, who

led the division in scoring, is having an All-Canadian season.

And considering the Provincial Championships are less than two weeks away, the timing couldn't be worse. Pennefather, however, has other ideas.

"I'll be ready for the OCAA's," he said.

Even without Pennefather, this squad has a depth that is tough to match, and they cruised to victory over the Royals with ease.

The Hawks dominated the first set and won 15-5.

The Hawks defence was also stellar. Joe Fortnum and Tim Ryan made an effective defensive tandem, and Matt Cunliffe was a major force, as usual.

The second set was almost an exact duplicate of the first, with the Hawks once again winning by a score of 15-5.

Hawk standout Matt Tim, was particularly impressive with several spectacular kills.

In the third set, Head Coach Wayne Wilkins decided to give the bench the opportunity to strut their stuff.

"It's the end of the season, so it gives these guys some court time," he said. "And it gives the starters a chance to rest up for the OCAA's."

This set almost ended with the same score as the first two. With the score 14-5 in their favor, the Hawks were poised for victory. But they had great difficulty capitalizing on game point, and the Royals made their move.

Humber's frustrations soon

began to show. Their typical powerful hitting became uncontrollable at times. At point, Bobby Schmitt sent an ear shattering smash up in the bleachers.

"Thank god, our manager didn't get that on tape," Schmitt said.

The Royals battled back to 14-13, but they didn't have enough to pull off the win.

The Hawks settled down, and Schmitt served up the final point of the game.

Schmitt was named player-of-the-game in reward for his outstanding performance. Starting in place of Pennefather, Schmitt added 10 points in offence.

Tim, and Ryan led the way with 12 points each, and Cunliffe added 10 points, with five blocks.

"We played well in the first two games, but we became men-



Joe Fortnum (12) and Chris Wilkins (16) put up a wall at the net against Centennial.

PHOTO BY KRISTI SMITH

tally disjointed in the third," said Coach Wilkins. "But we've had a successful season, and we have a great chance at Provincials."

The Humber Hawks will be

gunning for the gold medal at the 1998 OCAA Men's Volleyball championships, which will be held from February 19-20 at Niagara College.

# The end of an era

## Hawks bid good-bye to two stars with an 84-75 win over Centennial College

BY MARK SUBRYAN  
Men's Basketball Reporter

The rematch had more excitement than the first game and that may have been because it was a sort of farewell.

On Thursday, the Men's Basketball team ran their record to 8-3 with an 84-75 win over the Centennial Colts.

It was their second win over the Colts last week and a sweep of the season series.

This night was also "Al St. Louis and Rowan Beckford Appreciation Night" as both stars played their last home game in their tenures as Humber Hawks.

In a speech to the crowd before the game, Hawks coach Mike Katz praised his stars and told

them they would be missed.

"I've never had one of these before," St. Louis said. "It was nice to hear Mike and Doug (Fox) say nice things about us. It has been a pleasure for me to have been a part of Humber basketball and I appreciate everything they've done for me."

The Hawks then went out and had their usual game — bad start with a desperate ending.

"This looks like it's becoming a regular thing for us," said Hawk guard Jeremy Murray. "We didn't come out strong and coach let us have it at the half and we came out flying for the second half."

And Hawks did fly, outscoring the Colts 25-8 in the first nine minutes of the second half.

"I told them I was disappointed with them and left without blowing up," Katz said. "It worked."

"We're not consistent. We had a terrible first half against a pretty good ball club," Katz said. "I was

pleased with the second half and the win but I'm still not confident about this team. We need to play 35 to 40 minutes of solid basketball and now we're only playing 20 minutes."

*"It has been a pleasure for me to have been a part of Humber basketball ..."*

— Al St. Louis

"We need more consistent D (defence)," Murray said. "We have to play aggressive defence. In the second half we played aggressive defence. In the second half it was all D."

St. Louis and Beckford were named the game stars by Athletic Director, Doug Fox.

Beckford led the way with 25

points while forward Keffrin Dunson pumped in 22 points.

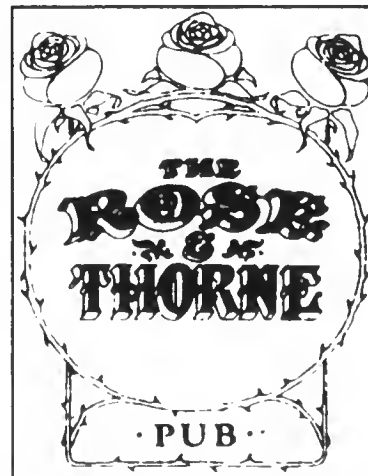
Also notable was that it marked the return of Hawk forward James Ashbaugh from an injury suffered at the CanAm tournament held here at Humber last November.

In a game against Bluefield College, Ashbaugh tore his medial cruciate ligament (MCL) and partially tore his anterior cruciate ligament (ACL).

"It felt good on my leg out there," Ashbaugh said. "I need to get used to playing again. I only ran in two practices and I need to work on my cardio to get back into shape."

Ashbaugh played a few shifts contributing two baskets including a beauty under the hoop.

The team now gears up for the OCAA tournament next week at Centennial College in Scarborough.



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# ZZZZZZZZZZ

## Men's Hockey team asleep at the wheel in 2-2 tie

BY NEIL BECKER  
Men's Hockey Reporter

The Humber Hawks hockey squad were perhaps suffering from a "Maybury Cup" hangover last Thursday night, as they played an uninspired flat game in a 2-2 draw with Ancaster Men's Program (AMP) at the Ice Sports Arena.

The Hawks, who won the two-day Maybury Cup tournament last weekend, might have been guilty of having their minds on the hockey tournament coming up in Utica at the end of the month, instead on this particular game.

Assistant Coach Trevor McLaughlin, who replaced coach Paul Masotti for this game, was frustrated.

"It was a bad game. A really bad game. They got away from

the basics," said McLaughlin.

The beginning of the opening period saw both teams playing wide open hockey and trading good scoring chances. As the period wore on, AMP began to take over and carry the play in the Hawks' zone. Humber broke the ice in the middle of the first, when forward Richard MacKenzie hit the twine on a low bullet-like wrist shot just inside the opposition's blue line.

"I was coming down my off wing. I saw Jeff (Bain), but I also saw an open net. I shot the puck and it went in," said MacKenzie.

The opening goal did not seem to have energized the Hawks who were running around in their own zone as AMP were confidently controlling the puck, cycling it along the boards, waiting for that good scoring opportunity.

They were finally rewarded when a forward standing in the slot, swept home a low backhand that just eluded a frustrated Hawks goalie.

Late in the first period, Humber capitalized on a lucky break, when winger Llija Martinovich picked off an errant pass in the opposition's zone, before depositing the puck into an empty cage.

"I took it off the goalie, and came around behind the goalie. I shot and hoped for the best," said Martinovich.

But that would be the last time the Hawks made it on the score sheet.

"We came out expecting to win. Hopefully, tonight it'll be a bit of a wakeup call. We should be able to beat that team," said MacKenzie.

The Hawks got so frustrated, that for a while they began to play the dump and chase brand of hockey.

AMP tied the game when their defenceman took an Al lafrate-like slapshot at the Hawks goal, that left a rebound for one of their forwards to jam home.

The Hawks play Thursday, February 19 at 10:15 p.m. at Ice

## Another one bites the dust

BY ERIKA FORD  
Women's Basketball Reporter

The Mohawk Mountaineers tried to climb mount Humber last week, and failed in their attempt.

The carnage in Hamilton was not immediately apparent, as the Hawks were shaky at the beginning of the game and took a while to get things going.

"We didn't come out with the intensity that I'd like to see on defence," Coach Jim Henderson said.

The Hawks fumbled about in the first half, missing easy baskets and allowing their opponents to stay close. The game looked like a match-up between two high school teams rather than a college game involving Humber, the number one ranked team in Canada.

"The first half was horrible, but we really came on in the second," said guard Tina Botterill.

In the second half, the Hawks demolished Mohawk on every front. Steals off smothering defence were quickly passed with

deadly accuracy and finished off with smooth lay-ups.

When the game was over, the Hawks had shot 50 per cent from the field and won by a score of 90-40.

Tanya Sadler had a season high 30 points to go along with her 11 boards and now leads the OCAA in scoring. She hopes to remain in first place as she finishes her career at Humber, and gives credit to the team for her performance.

"I've had a great season. But I'm going to miss these girls," Sadler said.

Mohawk's leading scorer was held to five points, all of which were scored in the last few minutes. Coach Henderson said this is another of his team's strengths.

"Their focus, concentration and defence and the fact they have accepted that defence is the most important part of the game, has led to their shutting down teams' top scorers," he said.

The rematch, February 19 at Humber, will be The Hawks' final home game this season.

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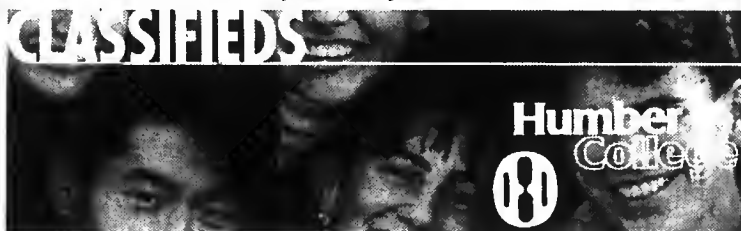
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# Silverware

## Women's Soccer team finish second at George Brown tournament

BY JOE SILVA  
Women's Soccer Reporter

The women's indoor soccer team came up short in the championship game of the third annual George Brown Soccer Tournament and settled for the silver medal.

The road to the championship game, held at the Scarborough Soccer Centre, was a grueling one for the team as injuries and exhaustion decimated the line up along the way. However, the team did not want to use that as an excuse for their performance.

"Injuries can't be an excuse. A lot of us are pretty young, so we should have been able to last. We just couldn't pull it off in the end," said, Vikki-Lynn Brain.

The Hawks started the preliminary round of the tournament, defeating the Nippissing Lakers

The Humber goal came with just a little over seven minutes to play in the game, when Nancy Woegerer buried a shot just outside the goalkeeper box.

Goalkeeper Angela MacDonald was outstanding, stopping shot after shot and keeping the Hawks in the game during the early minutes.

This game also saw the first Hawks injury when Naza

Hasebenebi twisted an ankle.

The Hawks continued their winning ways in their second game beating the Redeemer Royals 2-0.

The offence for Humber was provided by Woegerer again and by Nadia Harris.

Once again, MacDonald sparked in goal, reading the bounces off the boards well, and making more spectacular saves.

The third game for the team was a stiffer test as they faced the Centennial Colts.

Nonetheless, Humber won the game 2-1, but lost defensive standout Natalie Jones to an ankle injury.

Woegerer continued her scoring touch by netting the game's first goal.

Centennial replied with a goal of their own just minutes later to tie the affair at a goal apiece.

Woegerer stepped up yet again, scoring with a little more than five minutes remaining on the clock to secure the win.

A scary moment for Humber occurred midway through the game when MacDonald was hurt after being kicked in the right hand three times by a Centennial player trying to strip the ball. Luckily she was able to shake the pain off and continued to play.

The fourth and last game in the preliminary round was against a strong George Brown Alumni team. Both teams were challenging for first place in pool B.

Each team was unable to fool

each other's goalkeeper and the game ended in a scoreless tie.

Humber ended up with 10 points in their pool, but needed a George Brown Alumni loss or tie against Redeemer to advance to the championship game against Scarborough.

The Royals ended up surprising George Brown and upset the home side 2-1 and by doing so, the Redeemer win propelled Humber to the finals.

Scarborough entered the finals as the highest scoring team throughout the tournament. This game wouldn't be easy for Humber, as they were thumped 4-0.

Even though the team didn't end up winning the gold medal, the coaches (Vince Pileggi and Mauro Ongaro) were very pleased with the effort.

"Overall, we did extremely well. The girls played very hard and far better than what I anticipated for the first tournament in the indoor season," said Pileggi.

Woegerer also thought that the team played hard.

"We played well during the first couple of games. Everyone was communicating well, but we just crashed in the end," said Woegerer.

The Hawks will play in a few exhibition games over the next couple of weeks in preparation for the OCAA Regional Tournament which will take place at Redeemer College on March 6.